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# Sodium–glucose co-transporter 2 inhibition in patients hospitalized for acute decompensated heart failure: rationale for and design of the EMPULSE trial

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## Aims

Treatment with sodium–glucose co-transporter 2 (SGLT2) inhibitors improves outcomes in patients with chronic heart failure (HF) with reduced ejection fraction. There is limited experience with the in-hospital initiation of SGLT2 inhibitors in patients with acute HF (AHF) with or without diabetes. EMPULSE is designed to assess the clinical benefit and safety of the SGLT2 inhibitor empagliflozin compared with placebo in patients hospitalized with AHF.

## Methods

EMPULSE is a randomized, double-blind, parallel-group, placebo-controlled multinational trial comparing the in-hospital initiation of empagliflozin (10 mg once daily) with placebo. Approximately 500 patients admitted for AHF with dyspnoea, signs of fluid overload, and elevated natriuretic peptides will be randomized 1:1 stratified to HF status (*de-novo* and decompensated chronic HF) to either empagliflozin or placebo at approximately 165 sites across North America, Europe and Asia. Patients will be enrolled regardless of ejection fraction and diabetes status and will be randomized during hospitalization and after stabilization (between 24 h and 5 days after admission), with treatment continued up to 90 days after initiation. The primary outcome is clinical benefit at 90 days, consisting of a composite of all-cause death, HF events, and  $\geq 5$  point change from baseline in Kansas City Cardiomyopathy Questionnaire total symptom score (KCCQ-TSS), assessed using a 'win-ratio' approach. Secondary outcomes include assessments of safety, change in KCCQ-TSS from baseline to 90 days and change in natriuretic peptides from baseline to 30 days.

## Conclusion

The EMPULSE trial will evaluate the clinical benefit and safety of empagliflozin in patients hospitalized for AHF.

## Keywords

Heart failure • Sodium–glucose co-transporter 2 inhibitors • Trial design

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## Introduction

Heart failure (HF) is one of the most prevalent chronic diseases associated with high mortality and morbidity, and one of the most important reasons for hospital admission.<sup>1</sup> After discharge, up to 40% of patients are readmitted within 6 months, and 1-year post-discharge mortality is high.<sup>2</sup> The cost burden of treating patients with HF is substantial, and approximately 80% of costs are related to hospital admission.<sup>3</sup> Unfortunately, previous trials investigating treatment options in patients hospitalized for acute HF (AHF) did not reduce post-discharge mortality or readmission rates.<sup>4</sup>

Sodium–glucose co-transporter 2 (SGLT2) inhibitors reduced the risk of cardiovascular (CV) death in patients with type 2 diabetes (T2D) at increased CV risk.<sup>5–7</sup> These effects were accompanied by a mean 23% relative risk reduction in hospitalizations for heart failure (HHF), both in those with and without a history of HF.<sup>8</sup> However, these trials primarily included patients with T2D, most without HF at baseline, and those with a history of HF were not well phenotyped. Two large randomized clinical trials (DAPA-HF and EMPEROR-Reduced) in patients with stable chronic HF and reduced ejection fraction (HFrEF) provided definitive evidence that treatment with the SGLT2 inhibitors dapagliflozin and empagliflozin reduced the composite of CV death or HHF, both in patients with and without T2D.<sup>9–11</sup> The SOLOIST-WHF trial showed that the SGLT1/SGLT2 inhibitor sotagliflozin reduced a primary outcome of death from CV causes or total HHF in patients with T2D before or shortly after hospital discharge following an episode of worsening HF that required hospitalization.<sup>12</sup>

The mechanisms by which SGLT2 inhibitors reduce CV death and HHF are likely multifactorial and may include among others possible direct effects on the myocardium,<sup>13</sup> nephroprotection, improvements in cardiac metabolism and cardiac adenosine triphosphate (ATP) production.<sup>14–16</sup> In addition, the early benefit of SGLT inhibitors seen in DAPA-HF, EMPEROR-Reduced and SOLOIST-WHF are thought to be (partly) caused by its diuretic effects. The diuretic effects of empagliflozin in patients started early after a HF hospital admission were demonstrated in a small pilot study.<sup>17</sup> In addition, SOLOIST-WHF included patients during a HF hospital admission, but was limited to patients with T2D. However, whether in-hospital initiation leads to clinical benefit and is safe in patients with and without diabetes and irrespective of left ventricular ejection fraction (LVEF) remains unclear. If in-hospital initiation of empagliflozin is proven to be safe and will improve clinical outcome, this might lead to easier and better clinical adoption of these highly efficacious agents and benefiting this vulnerable patient group that has high burden of debilitating symptoms and is at very high risk of recurrent admissions and death. We therefore designed and initiated the EMPULSE trial. The aim of this paper is to describe the rationale and design of this trial.

## Methods

### Trial structure and oversight

EMPULSE is a multinational, multicentre, randomized, double-blind superiority trial to evaluate the effects of once daily oral empagliflozin

10 mg compared to placebo on clinical benefit, safety, and tolerability in patients hospitalized for AHF after initial stabilization. The trial is registered at ClinicalTrials.gov identifier NCT04157751, and is being conducted in accordance with the Declaration of Helsinki and the International Conference on Harmonization Good Clinical Practice guidelines. The institutional review board, ethics committee or relevant national competent authority of each participating centre has to approve the study, and all participants provide written informed consent prior to study entry. EMPULSE was designed jointly and trial oversight is provided by the Executive Committee consisting of Academic members and representatives of Boehringer Ingelheim.

### Study participants

Participants in the EMPULSE trial are men and women aged  $\geq 18$  years ( $\geq 21$  years in Japan, being the age of legal consent) hospitalized with a primary diagnosis of AHF, regardless of LVEF (Table 1 and Figure 1). Full inclusion and exclusion criteria are provided in online supplementary Table S1. Patients are required to have dyspnoea with at least two of the following signs of decompensation: congestion on chest X-ray, rales on chest auscultation; clinically relevant oedema, or elevated jugular venous pressure. Patients will be enrolled during hospitalization (following stabilization between 24 h and 5 days after admission). Patients are considered stabilized if they have: a systolic blood pressure  $\geq 100$  mmHg and no symptoms of hypotension in the preceding 6 h; no increase in the intravenous (i.v.) diuretic dose for 6 h prior to randomization; no i.v. vasodilators including nitrates within the last 6 h, and no i.v. inotropic drugs for 24 h. In addition, patients are required to have elevated natriuretic peptides of N-terminal pro-B-type natriuretic peptide (NT-proBNP)  $\geq 1600$  pg/mL or B-type natriuretic peptide (BNP)  $\geq 400$  pg/mL. Patients in atrial fibrillation at inclusion must have a concentration of NT-proBNP  $\geq 2400$  pg/mL or BNP  $\geq 600$  pg/mL. Finally, all patients must have been treated with a minimum dose of 40 mg (20 mg for Japanese patients) of i.v. furosemide or equivalent (Table 1).

Key exclusion criteria include cardiogenic shock, current hospitalization for AHF primarily caused by acute myocardial infarction, major cardiac surgery or interventions planned during the study or in the prior 30 days, or an estimated glomerular filtration rate (eGFR)  $< 20$  mL/min/1.73 m<sup>2</sup> during hospitalization or patients requiring dialysis. Key exclusion criteria are listed in Table 1. Additional exclusion criteria are listed in online supplementary Table S1 and include current or prior treatment with SGLT1 or SGLT2 inhibitors in the 90 days prior to enrolment, and patients who previously received a cardiac transplant, are expected to receive a transplant during the course of the trial, have planned palliative care for HF, or currently using or planning to use a left ventricular assist device or intra-aortic balloon pump, or outpatient inotropic support.

Patients should receive usual care per current relevant local and regional guidelines, as defined by their clinician. Patients can be enrolled regardless of T2D status or ejection fraction. Enrolment is stratified according to patients with *de-novo* HF and worsening chronic HF.

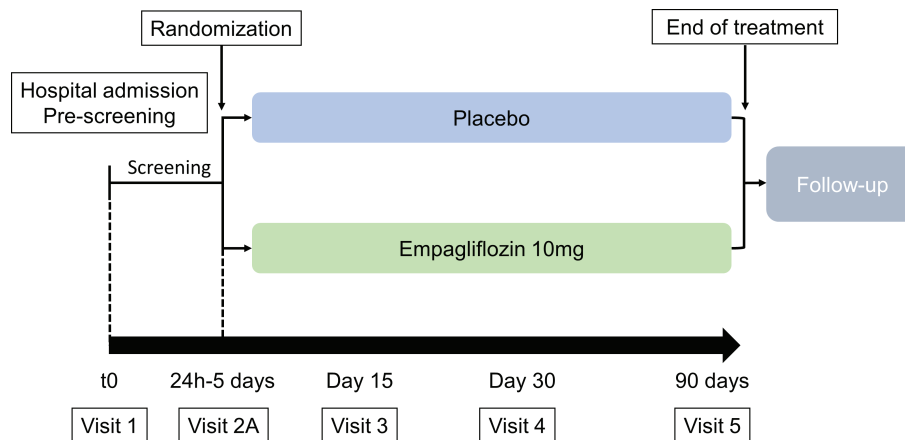
### Study visits and follow-up

Screening for the study will start when patients are admitted (Visit 1), where informed consent is signed (Figure 1). Patients are subsequently randomized between 24 h and 5 days after admission (Visit 2a) to double-blind treatment via an IRT system with an equal number of patients (1:1) planned in each group. Visit 2b (day 3) and 2c (day 5) will occur only if patients are still hospitalized. Patients will return to the study site for regularly scheduled visits at 15, 30, and 90 days after

**Table 1** Key inclusion and exclusion criteria

Key inclusion criteria	Key exclusion criteria
<ol style="list-style-type: none"> <li>≥18 years currently hospitalized for the primary diagnosis of acute HF</li> <li>Dyspnoea (exertional or at rest) and two of the following signs: <ul style="list-style-type: none"> <li>- Congestion on chest X-ray</li> <li>- Rales on chest auscultation</li> <li>- Clinically relevant oedema (e.g. ≥1+ on a 0 to 3+ scale)</li> <li>- Elevated jugular venous pressure</li> </ul> </li> <li>Stabilization criteria (while in the hospital): <ul style="list-style-type: none"> <li>- SBP ≥100 mmHg and no symptoms of hypotension in the preceding 6 h</li> <li>- No increase in i.v. diuretic dose for 6 h prior to randomization</li> <li>- No i.v. vasodilators including nitrates within the last 6 h prior to randomization</li> <li>- No i.v. inotropic drugs for 24 h prior to randomization</li> </ul> </li> <li>NT-proBNP ≥1600 pg/mL or BNP ≥400 pg/mL. Patients with AF: NT-proBNP ≥2400 pg/mL or BNP ≥600 pg/mL. Measured during index hospitalization, or in the 72 h prior to hospital admission</li> <li>Treatment with a minimum dose of 40 mg of i.v. furosemide or equivalent</li> </ol>	<ol style="list-style-type: none"> <li>Cardiogenic shock</li> <li>Current hospitalization for acute HF primarily triggered by pulmonary embolism, cerebrovascular accident, or acute myocardial infarction</li> <li>Interventions in the past 30 days prior to randomization or planned during the study: <ul style="list-style-type: none"> <li>- Major cardiac surgery, or TAVI, or PCI, or MitraClip</li> <li>- Implantation of cardiac resynchronization therapy device</li> <li>- Cardiac mechanical support implantation</li> <li>- Carotid artery disease revascularization</li> </ul> </li> <li>Acute coronary syndrome/myocardial infarction, stroke or transient ischaemic attack in the past 90 days prior to randomization</li> <li>Current or expected heart transplant, left ventricular assist device, intra-aortic balloon pump, or patients with planned inotropic support in an outpatient setting</li> <li>Haemodynamically severe uncorrected primary cardiac valvular disease planned for surgery or intervention during the course of the study</li> <li>eGFR &lt;20 mL/min/1.73 m<sup>2</sup> during hospitalization or patients requiring dialysis</li> <li>Type 1 diabetes mellitus</li> <li>History of ketoacidosis, including diabetic ketoacidosis</li> </ol>

AF, atrial fibrillation; BNP, B-type natriuretic peptide; eGFR, estimated glomerular filtration rate; HF, heart failure; i.v., intravenous; NT-proBNP, N-terminal pro-B-type natriuretic peptide; PCI, percutaneous coronary intervention; SBP, systolic blood pressure; TAVI, transcatheter aortic valve implantation.

**Figure 1** Study design.

randomization. A detailed schedule of assessments is provided in online supplementary Table S2. These on-site visits will assess the occurrence of safety and efficacy outcomes, and will include measurement of renal function (eGFR), natriuretic peptides, HF severity [New York Heart Association (NYHA) class], and health status using the Kansas City Cardiomyopathy Questionnaire (KCCQ). The selected dose of empagliflozin was 10 mg based on previous evidence of efficacy in

improving HF outcomes in large scale trials of patients with ambulatory HF and in trials of patients with T2D.<sup>10</sup>

### Primary and secondary outcomes

The primary outcome of EMPULSE is clinical benefit at 90 days (Table 2). Clinical benefit is defined as a hierarchical composite

outcome of time to all-cause death, the number of HF events (HFE), time to first HFE and a  $\geq 5$  point increase from baseline in KCCQ total symptom score (KCCQ-TSS) after 90 days of treatment. HFEs include HHF, urgent HF visits, and unplanned outpatient visits. The definition of a HFE includes the presence of symptoms of HF, signs or laboratory findings corroborating diagnosis, and intensification of therapy (augmentation of either oral diuretics, i.v. diuretics, vasoactive agent, or mechanical or surgical intervention). The full definition is provided in online supplementary Table S3.

Secondary outcomes include an improvement in KCCQ-TSS of  $\geq 10$  points after 90 days of treatment, change from baseline in log-transformed NT-proBNP levels over 30 days, days alive and out of hospital until 30 days (after initial hospital discharge) and 90 days (after randomization), time to first occurrence of CV death or HFE until end of trial visit, and change in KCCQ-TSS between baseline and 90 days. The remainder of the secondary outcomes are listed in Table 2.

To analyse the primary outcome, the 'win ratio' will be used (online supplementary Table S4). The efficacy and safety analyses will follow the intention-to-treat principle, assigning patient to treatment groups as randomized. The win ratio compares each patient in the trial to every other patient within each stratum (new-onset HF vs. decompensated chronic HF) in a pairwise hierarchical fashion.<sup>18</sup> The win ratio is calculated as the total number of wins in the empagliflozin group across all strata divided by the total number of losses. No adjustment for multiple comparisons is planned. HF status (*de-novo* vs. decompensated chronic HF) will be included as a fixed effect. Safety parameters include volume depletion, hypotension and worsening renal function during follow-up.

## Sample size calculations and study conduct

Under a set of assumptions outlined in online supplementary Table S5, including a hazard ratio for death of 0.8, and 0.7 for HFE, we estimated a sample size of 500 (250 per treatment group) randomized patients for a power of 87% and a one-sided significance level of 0.025. The full details on the power calculations are presented in the online supplementary Appendix.

## Modifications due to the COVID-19 pandemic

Due to the substantial challenges for conduct of clinical trials stemming from the COVID-19 pandemic,<sup>19</sup> several adjustments to the study protocol have been made, outlined in Table 3. First, in exceptional cases where the patient is unable to come to the study site for a study visit, the visits may be performed as home (physical) or remote (virtual) visits or a combination of home and remote visits. Assessments that can be performed during these visits include NYHA class, parts of the congestion score (dyspnoea, orthopnoea, fatigue), adverse events, concomitant therapy, and the Patient Global Impression of Severity of Heart Failure Symptoms (PGI-S). The KCCQ can be completed by the patient at home. If blood sample collection for the central lab is not possible, blood analysis for safety labs can be done locally. Urine measurements will not be done in a local lab. Lastly, if the investigator judges it as favourable and safe to continue trial medication, this can be shipped from the site to the patient if the patient is unable to come to the site.

**Table 2 Primary and secondary outcomes of the EMPULSE trial**

### Primary outcome

Clinical benefit, a composite of death, number of heart failure events (including HHFs, urgent heart failure visits and unplanned outpatient visits), time to first heart failure event and change from baseline in KCCQ-TSS after 90 days of treatment assessed by the win ratio.

### Secondary outcomes

- Improvement in KCCQ-TSS of  $\geq 10$  points after 90 days of treatment.
- Change from baseline in KCCQ-TSS after 90 days of treatment.
- Change from baseline in log-transformed NT-proBNP level over 30 days of treatment.
- Days alive and out of hospital from study drug initiation until 30 days after initial hospital discharge.
- Days alive and out of hospital from study drug initiation until 90 days after randomization.
- Time to first occurrence of cardiovascular death or heart failure event until end of trial visit.
- Occurrence of HHF until 30 days after initial hospital discharge.
- Occurrence of chronic dialysis or renal transplant or sustained reduction of  $\geq 40\%$  eGFR, or
  - Sustained eGFR  $< 15$  mL/min/1.73 m<sup>2</sup> for patients with baseline eGFR  $\geq 30$  mL/min/1.73 m<sup>2</sup>
  - Sustained eGFR  $< 10$  mL/min/1.73 m<sup>2</sup> for patients with baseline eGFR  $< 30$  mL/min/1.73 m<sup>2</sup>.
- Weight loss per mean daily loop diuretic dose after 15 days of treatment.
- Weight loss per mean daily loop diuretic dose after 30 days of treatment.

eGFR, estimated glomerular filtration rate; HHF, hospitalization for heart failure; KCCQ-TSS, Kansas City Cardiomyopathy Questionnaire total symptom score; NT-proBNP, N-terminal pro-B-type natriuretic peptide.

## Discussion

Acute HF is the leading cause of hospitalizations in the United States and Western Europe. Patients with AHF are at high risk for readmission and death following discharge.<sup>2</sup> There is a clear unmet need in this patient population for effective treatment options to improve post-discharge clinical outcomes. The ongoing EMPULSE trial is assessing the clinical benefit and safety of empagliflozin in patients with or without diabetes hospitalized with AHF. Results of this trial will add important evidence regarding the use of empagliflozin in patients not included in previous trials with empagliflozin or other SGLT2 inhibitors. Unique aspects of the EMPULSE trial include: (i) enrolling patients during hospitalization for AHF at the very beginning of what is often called 'the vulnerable phase' of HF<sup>20</sup>; (ii) a follow-up of 90 days with continuous treatment of empagliflozin throughout the post-discharge period; (iii) inclusion of patients with and without T2D, and with both HFrEF and HF with preserved ejection fraction (HFpEF); and (iv) the use of a win



**Table 3 Protocol adjustments due to the COVID-19 pandemic**

- Remote visit:
  - If a patient is unable to come to the study site due to COVID-19 restrictions or safety concerns, a remote visit is allowed by phone or as a home visit.
  - Assessments made during a remote visit include NYHA classification, congestion score (dyspnoea, orthopnoea, fatigue), adverse events, concomitant therapy and Patient Global Impression of Severity of Heart Failure Symptoms, and KCCQ-TSS.
- Safety lab, other laboratory tests:
  - If taking blood samples for central lab is not possible, a local lab can be used.
- Dispensation of trial medication
  - If a patient is unable to come to visit 4 as planned but the investigator considers it favourable and safe for the patient to continue with trial medication, trial medication can be shipped from site directly to the patient.

KCCQ-TSS, Kansas City Cardiomyopathy Questionnaire total symptom score; NYHA, New York Heart Association.

ratio for determining the overall clinical benefit of empagliflozin. A number of these aspects merit further discussion.

## Rationale for starting a sodium–glucose co-transporter 2 inhibitor in patients hospitalized for acute decompensated heart failure

The potential modes of action of SGLT2 inhibition suggest their early use may be beneficial for patients with acute decompensated HF. SGLT2 inhibition improves myocardial energetics, and has direct positive effects on the cardiomyocyte and kidney.<sup>13,14,21–23</sup> In addition, empagliflozin might promote ketogenesis, which has a favourable effect on the heart and kidney by effectively increasing ‘fuel efficiency’.<sup>14</sup> SGLT2 inhibitors block reuptake of glucose and sodium in the proximal tubule, and can thus cause glucosuria-mediated osmotic diuresis and possibly (at least transiently) natriuresis.<sup>24,25</sup> In patients with T2D and HFrEF, empagliflozin increased haematocrit, caused haemoconcentration and weight loss.<sup>24,26</sup> While current evidence primarily from patients with HFrEF points towards an increase in osmotic diuresis,<sup>24–27</sup> data on natriuresis are not conclusive.<sup>24–28</sup> Unlike traditional loop diuretics, the increased diuresis seen in treatment with SGLT2 inhibitors is not paralleled by increased renin–angiotensin–aldosterone system activation.<sup>24–26</sup> Haemodynamically, this causes an increase in electrolyte free water clearance, and decrease in plasma volume. The increase in electrolyte free water clearance can explain the greater reported reduction in interstitial fluid rather than intravascular volume compared to traditional diuretics.<sup>26</sup> This suggests that SGLT2 inhibitors

might specifically target tissue congestion<sup>29</sup> rather than intravascular congestion. Yet, while this can explain the short-term effects of SGLT2 inhibition, this might not explain the long-term positive effects. In the EMBRACE-HF study, empagliflozin reduced pulmonary artery pressure, which was not explained by the diuretic effect of empagliflozin alone.<sup>30</sup> Thus, other processes including direct effects on the cardiomyocyte, nephroprotection, and improvements in cardiac metabolism and cardiac adenosine triphosphate (ATP) production may be responsible for long-term benefits.<sup>14,31</sup>

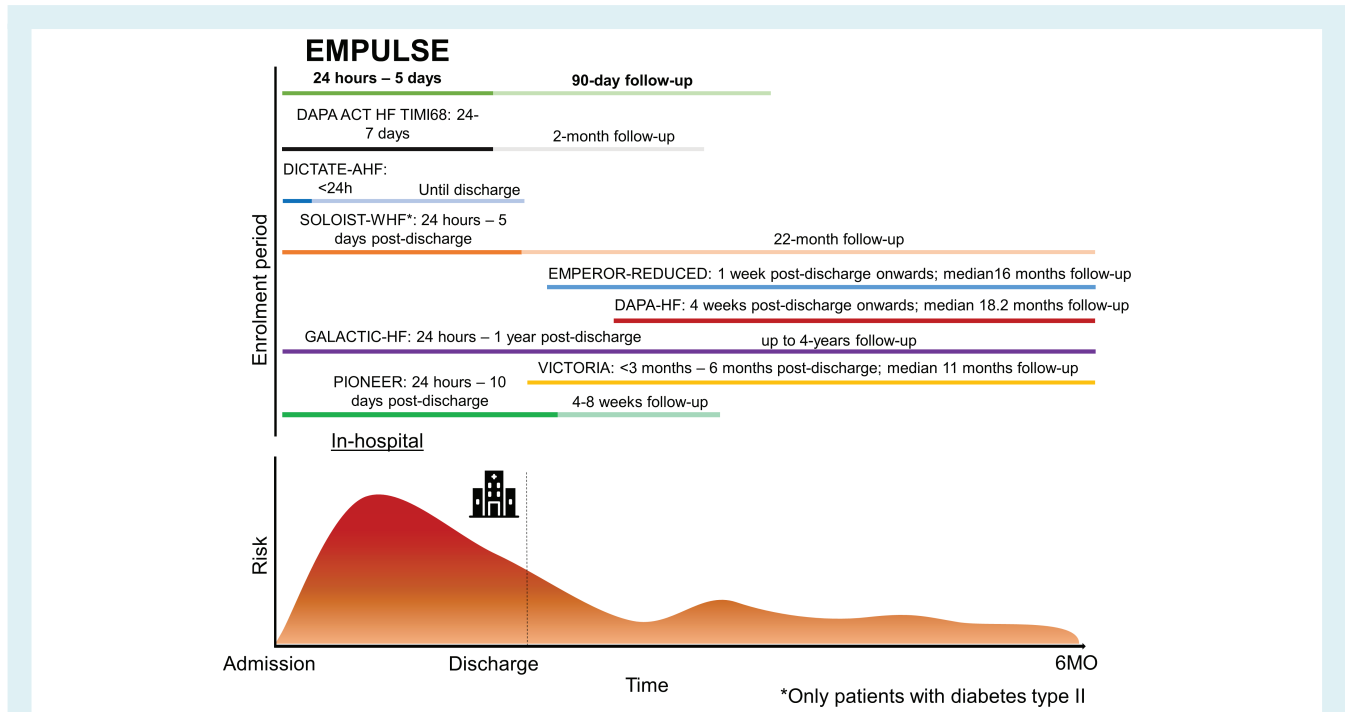
## Patient selection

EMPULSE includes patients regardless of diabetic status, unlike the prematurely terminated SOLOIST-WHF trial, which only included patients hospitalized for AHF with T2D.<sup>12</sup> Diabetes status did not modify the efficacy or safety of SGLT2 inhibition in either the DAPA-HF or EMPEROR-REDUCED trials.<sup>9,10</sup> Secondly, EMPULSE includes patients with no limitation of LVEF. An analysis from the DECLARE-TIMI 58 trial suggested that dapagliflozin was equally effective in reducing the risk for CV death or hospitalization for HF in patients with HFrEF and HFpEF at baseline.<sup>6</sup> The recent SOLOIST-WHF trial suggests that the mixed SGLT1/SLGT2 inhibitor sotagliflozin effectively reduced the primary outcome of CV death and total HFrEF in patients with diabetes with HFrEF and HFpEF,<sup>12</sup> however it remains unclear if these results can be extrapolated to empagliflozin in those with and without diabetes. Finally, patients with HFrEF and HFpEF present with a comparable state of venous congestion,<sup>32</sup> and previous trials showing successful decongestion did not show a difference in effect between HFrEF and HFpEF.<sup>33,34</sup> Together, preliminary data from previous SGLT2 trials suggest equal efficacy across the severity spectrum— and a greater absolute risk reduction as a result in sicker patients. Importantly, inclusion of patients with HFrEF and HFpEF allows us to assess efficacy of empagliflozin in patients across the LVEF spectrum. The absolute risk is very high in patients with AHF; thus, these patients might experience an even greater absolute benefit.

## Study design

Two unique aspects of the EMPULSE design are the window of inclusion and duration of follow-up. Unlike previous trials with SGLT2 inhibitors, EMPULSE targets patients hospitalized for AHF (Figure 2)<sup>35,36</sup> within the first 5 days of hospitalization and continues treatment only during ‘the vulnerable post-discharge phase’. Treatment initiation in EMPULSE is even earlier than in the SOLOIST-WHF and PIONEER-HF trials, which enrolled patients up to a maximum of 5 and 10 days post-discharge respectively,<sup>35</sup> and exclusively targets an in-hospital population as compared to the recent VICTORIA (<3–6 months after discharge)<sup>37</sup> and GALACTIC-HF<sup>36</sup> (from admission to 1 year post-discharge) trials (Figure 2).

Previous interventions targeting an AHF population showed no improvement in long-term outcomes.<sup>38–42</sup> The common theme amongst these earlier studies was that treatment was given only for



**Figure 2** Timeline of EMPULSE for enrolment vs. timelines of enrolment for other recent trials targeting patients with heart failure. The timeline for follow-up is shown in lighter colour. When follow-up and inclusion overlap, a darker colour is used.

a short time in-hospital,<sup>39–42</sup> or for up to 60 days<sup>38</sup> post-discharge. EMPULSE is unique, because it targets patients with AHF in the ‘vulnerable’ phase of HF. While there is much discussion on the duration of this phase,<sup>20</sup> most reports suggest a period between 60–90 days post-discharge.<sup>20</sup> Due to the mode of action of SGLT2 inhibitors, we expect an early in-hospital benefit on congestion relief and outcomes that will transition into the efficacy seen in EMPEROR-Reduced. An early benefit on outcomes was also observed in the DAPA-HF, EMPEROR-Reduced, and EMPA-RESPONSE-AHF studies and supports the choice of time frame for inclusion and follow-up of EMPULSE.<sup>9,10,17</sup> In both the DAPA-HF and EMPEROR-Reduced trials, there was an early benefit in reducing CV death or HHF, observed within days of randomization. Similar trials targeting hospitalized patients with AHF are DICTATE-AHF<sup>43</sup> and DAPA ACT HF-TIMI 68.<sup>44</sup> However, the DICTATE-AHF randomizes only patients with T2D within 24 h, and continues treatment until discharge.<sup>43</sup> Importantly, DICTATE-AHF is an open-label study comparing dapagliflozin to usual care. The DAPA ACT HF-TIMI 68 is currently enrolling patients with HFrEF (LVEF  $\leq 40\%$ ) both with and without T2D, but excludes patients with HFpEF.<sup>44</sup>

## Choice of outcome and statistical considerations

EMPULSE utilizes a composite outcome analysed using a stratified win ratio. In the EMPEROR-Reduced trial, empagliflozin significantly

reduced the combined outcome of all-cause death and HFE compared to placebo as soon as 12 days following randomization.<sup>45</sup> Similarly, in a sub-analysis of patients hospitalized for AHF in the EMPA-REG OUTCOME trial, empagliflozin significantly reduced the rates of 90-day post-discharge all-cause death or HHF (12.7% vs. 23.2% for placebo).<sup>46</sup> Thus, given these data and the efficacy of empagliflozin for improving both HF and non-HFE, we feel incorporating all-cause death into the win ratio more appropriately captures its impact. The use of the win ratio was first proposed by Finkelstein and Schoenfeld in 1999.<sup>47</sup> The benefit of using a win ratio over a conventional time-to-event analysis of a composite outcome is that it gives higher priority to more clinically important events, i.e. mortality. Secondly, it gives a more holistic measure of the improvement of the individual patient, which is very flexible and can be tailored to specific disease areas. There are very few studies using the win ratio as the pre-specified primary analysis.<sup>48,49</sup> The ATTR-ACT study used a primary outcome consisting of all-cause mortality and the frequency of CV hospitalizations, which was analysed using the win ratio.<sup>49</sup> In a re-analysis of 16 large CV trials, hazard ratio and win ratio estimates showed similar treatment effects.<sup>48</sup> However, as the win ratio prioritizes fatal outcomes, it may lead to smaller *P*-values in trials that show a large effect on fatal events, but larger *P*-values in trials without difference in fatal events. In totality, usage of the win ratio enables more proportional weighting of hard outcomes such as mortality over non-fatal events, which are often weighted equally in conventional approaches. Furthermore, the win ratio allows incorporation of both unfavourable events (death, HHF) and favourable outcomes (improvement in health status/KCCQ-TSS). The choice for the KCCQ-TSS rather

than the overall summary score or physical domains of the KCCQ, reflects the short nature of the trial, where changes in quality of life are expected earlier than changes in physical domains of the KCCQ or social limitations.

## Conclusion

The EMPULSE trial is well positioned to determine the clinical benefit and safety of empagliflozin in a population hospitalized for AHF with continuation of treatment throughout the vulnerable post-discharge phase. Results of EMPULSE will provide insight as to whether positive results observed in earlier trials performed in patients with chronic HFrEF can be extended to hospitalized patients with HFrEF and HFpEF, both with and without diabetes.

## Supplementary Information

Additional supporting information may be found online in the Supporting Information section at the end of the article.

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The sponsor of the EMPULSE trial (Boehringer Ingelheim) is committed to responsible sharing of clinical study reports, related clinical documents, and patient level clinical study data. Researchers are invited to submit inquiries via the following website: <https://trials.boehringer-ingelheim.com>.

**Conflict of interest:** J.T. has been a consultant for Roche Diagnostics, and eKo.ai, and has received personal fees from Olink Proteomics, and is shareholder of eKo.ai. C.E.A. has received research/grant support and/or has been a consultant for Abbott, Boehringer Ingelheim, Medtronic, Novartis, ResMed, Thermo Fisher, Vifor and German Federal Ministry of Education and Research. S.P.C. is a consultant for Ortho Clinical, Bristol-Myers Squibb and Boehringer Ingelheim and receives research support from the NIH, PCORI and Astra Zeneca. J.P.F. is a consultant for Boehringer Ingelheim and receives research support from Astra Zeneca. J.B., A.S., C.G., and M.B. are employees of Boehringer Ingelheim. M.K. has received research grants from AstraZeneca and Boehringer Ingelheim, and has served as a consultant for AstraZeneca, Amgen, Applied Therapeutics, Bayer, Boehringer Ingelheim, Eli Lilly, Janssen, Merck (Diabetes and Cardiovascular), Novo Nordisk, Sanofi and Vifor. M.E.N. has received speaking honoraria from Abbott, and is a consultant for Vifor, Roche and Amgen. J.R.T. has received research support and/or has been a consultant for Amgen, AstraZeneca, Bayer AG, Boehringer Ingelheim, Bristol-Myers Squibb, Cytokinetics, Medtronic, Merck, Novartis, Servier, and Windtree Therapeutics. A.A.V. has received research support and/or has been a consultant for Amgen, AstraZeneca, Bayer AG, Boehringer Ingelheim, Cytokinetics, Merck, Myokardia, NovoNordisk, Novartis, and Roche Diagnostics.

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