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# Biological tumor markers associated with local control after primary radiotherapy in laryngeal cancer: a systematic review

**Running title:** Laryngeal cancer tumor markers: a systematic review

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**Ethical considerations:** For this systematic review there are no potential conflicts of interest to declare. For writing this systematic review, no Institutional Review Board approval was needed. Study selection, data extraction, and quality assessment was performed by two independent reviewers and attention was paid to not include duplicate published data.

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### **Abstract**

*Background:* The choice of treatment in laryngeal cancer is mainly based on tumor stage, post-treatment morbidity and quality of life. Biological tumor markers might also be of potential clinical relevance.

*Objective of the review:* The aim was to systematically review the value of published biological tumor markers to predict local control in laryngeal cancer patients treated with definitive radiotherapy.

*Type of Review:* Systematic review.

*Search strategy:* Pubmed, Embase, Cochrane Library.

*Evaluation Method:* A literature search was performed using multiple terms for laryngeal cancer, radiotherapy, biological markers, detection methods and local control or survival. Studies regarding the relation between biological tumor markers and local control or survival in laryngeal cancer patients primarily treated with radiotherapy were included. Markers were clustered on biological function. Quality of all studies was assessed. Study selection, data extraction, and quality assessment was performed by two independent reviewers.

*Results:* 52 studies out of 618 manuscripts, concerning 118 markers were included. EGFR and P53 showed consistent evidence for not being predictive of local control after primary radiotherapy, whereas proliferation markers (i.e. high Ki-67 expression) showed some, but no consistent, evidence for being predictive of better local control. Other clusters of markers (markers involved in angiogenesis and hypoxia, apoptosis markers, cell cycle, COX-2, DNA characteristics) showed no consistent evidence towards being predictors of local control after primary radiotherapy.

*Conclusions:* Cell proliferation could be of potential interest for predicting local control after primary radiotherapy in laryngeal cancer patients, whereas EGFR and p53 are not predictive in contrast with some previous analyses. Large diversity in research methods is found between studies, which results in contradictory outcomes. Future studies need to be more standardized and well described according to the REMARK criteria in order to have better insight into which biomarkers can be used as predictors of local control after primary radiotherapy.

### **Key points**

- This systematic review presents an overview of the value of all published biological tumor markers to predict local control in laryngeal cancer patients treated with definitive radiotherapy.
- The data show that cell proliferation could be of potential interest for predicting local control in laryngeal cancer patients treated with primary radiotherapy.
- EGFR and p53 are not predictive of local control after primary radiotherapy in laryngeal cancer patients.

### **Key words**

Laryngeal Neoplasms

Radiotherapy

Prognosis

Treatment Outcome

Biomarkers

Cell Proliferation

## Introduction

Worldwide, laryngeal cancer is diagnosed in 157.000 patients and is responsible for 83.000 deaths each year.<sup>1</sup> Treatment of laryngeal cancer is nowadays highly focused on laryngeal preservation, retaining the main functions of the of the larynx; speech, breathing and swallowing, with primary radiotherapy as one of the most important treatment modalities. Despite relatively early diagnosis and efforts to improve treatments, overall survival rates have not significantly improved over the last 30 years.<sup>2</sup> Currently, the choice of treatment in laryngeal cancer is mainly based on tumor stage, post-treatment morbidity and quality of life.<sup>3</sup> Besides these clinicopathological and patient factors, biological tumor markers might be of potential clinical relevance. The aim of this systematic review was to identify predictive biological tumor markers that are relevant for the outcome of primary radiotherapy in laryngeal cancer. The main endpoint for outcome after primary radiotherapy was local control. Most common definitions for local control were: time to local disease-free survival, and presence of local recurrence within two years.

## Methods

### Search strategy

A literature search was performed in Pubmed, Embase, and in the Cochrane Library on July 19<sup>th</sup> 2018, to identify studies on predictive biological tumor markers in laryngeal cancer patients primarily treated by radiotherapy. The search was updated on May 23<sup>th</sup> 2019. An extensive search was performed using keywords as well as free search terms on the following items: 1) laryngeal cancer; 2) radiotherapy or chemoradiation; 3) biological tumor markers or common detection methods used in prognostic marker studies; and 4) prognosis or response. The final search strategy used is shown in Supplementary Table 1 (S1).

### Selection criteria

A title, abstract and finally manuscript selection was performed, using the following exclusion criteria: 1) non-English articles; 2) tumor site other than larynx; 3) treatment modalities other than primary radiotherapy; 4) markers not studied in primary tumor tissue e.g. serum tumor markers; 5) no biological tumor marker studied; 6) outcome other than radiotherapy response or locoregional recurrence reported; 7) cell lines or xenograft models; and 8) non-original research articles e.g. reviews, case reports. Title, abstract and manuscript selection, as well as data extraction and quality assessment was performed by two independent researchers (MGN, EAK).

### Data extraction

From the papers included in this systematic review the following data was extracted and recorded in a predefined database: 1) year of publication; 2) number of patients; 3) retrospective or prospective patient selection; 4) patient's characteristics: age, gender, stage, location; 5) details on radiotherapy; 6) details on the assay used: assay method, cut-offs, number of positive and negative tumors; 7) results of the analysis to evaluate the relation between the marker and outcome of radiotherapy. This could be either results of survival analysis for local disease-free survival (log-rank analysis, Cox regression) or, in case of a matched-control study results of the chi-square test, logistic regression analysis, T-test, or Mann-Whitney U test. Biological tumor markers were clustered on biological function.

### **Study quality**

Study quality assessment was based on the REMARK (REporting recommendations for tumor MARKer prognostic studies) criteria from McShane et al.<sup>4</sup> A comparable quality measurement form was used previously in a systematic review.<sup>5</sup> In short, the following items were explored: 1) four out of six of the following patient and tumor characteristics were described: age, gender, tumor location, T-stage, N-stage, differentiation grade; 2) the study reported inclusion and exclusion criteria; 3) the radiotherapy treatment schedule was well described; 4) definition of the study endpoint was given; 5) the relation between marker and outcome was sufficiently described; 6) a rationale for number of patient tested was given; 7.1) the assay used to measure biomarker expression was sufficiently described, 7.2) as well as interpretation of the assay; 8) the follow-up time of patients in the study was described; 9) the study reported how many patients were available for statistical analysis; 10) limitations of the study were described. A maximum of 11 points could be allocated to an article. To compare quality scores, the Mann–Whitney U test was used.

### **Data analysis**

Results of the analysis describing the relation between a marker and local control after radiotherapy were compared. *P*-values of  $<0.05$  were considered statistically significant. *P*-values of  $<0.10$  were considered as a trend (explicitly stated).

A biological tumor marker was considered as a potential marker for local control if  $>50\%$  of the studies investigating the marker described a relation with either poor or good local control after radiotherapy. In case the study results were sufficiently described in the manuscript, but only a *P*-value was presented, the Odds ratio (OR) and 95% Confidence Interval (CI) were calculated (explicitly stated).<sup>6</sup> This enabled us to compare results of various studies reporting on the same biological tumor marker better. Also, to uniformly present the data, ‘positive’ expression is used as indicator; in case a manuscript presented the results with ‘negative’ expression as indicator, we inverted the OR or Hazard Ratio (HR) and 95%CI.

### **Data availability statement**



The data that support the findings of this study are available from the corresponding author upon request.

## Results

In total, 400 (English n=359) manuscripts were identified in Pubmed, and 435 (English n=427) in Embase. No Cochrane review was available. After removal of duplicate publications, 651 were further analyzed. Figure 1 shows a flow chart of selection process. Finally, 52 studies describing 118 markers could be included. Remarkably, all of the included studies were identified in Pubmed, no additional were found in Embase.

### Study characteristics and study quality

In total 52 studies concerning 118 biological tumor markers were included. Studies had been published between 1987 and 2017 (median 2007). A maximum of 13 markers was investigated by one study. The median number of patients per study included was 60 (range 21-281). The median quality score was 6 out of 11 (range 3-10). A low number of studies reported in- and exclusion criteria and none of the studies gave a rationale for the number of patients analyzed (power analysis). This is due to the retrospective design of most studies. Patient characteristics and details of the assay used were generally described well (50 of 52 studies). Studies published from 2007 (median 7, range 4-10) were of better quality than studies published before 2007 (median 6, range 3-8) ( $P=0.03$ ).

### Proliferation

Ki-67, a nuclear protein involved in cell proliferation, was described eleven times (Table 1). In five, high Ki-67 proliferation index was related to better local control after radiotherapy (two out of five showed a trend, studies with low number of patients), either in uni- or multivariate analysis.<sup>7-11</sup> In four, no relation with local control was found.<sup>12-15</sup> Also, in two other papers an inverse correlation was found; high Ki-67 expression being a predictor for poor local control.<sup>16,17</sup> Interestingly, in the paper of Sakata et al. the association with local recurrence was only found in patients treated by accelerated radiotherapy, not in the group treated by conventional radiotherapy.<sup>17</sup> Another marker for proliferation is Proliferating Cell Nuclear Antigen (PCNA). Munck-Wikland et al. showed that non-recurrent tumors had higher levels of

PCNA expression (Table 1),<sup>18</sup> again indicating that high proliferation contributes to good outcome after radiotherapy.

### **Angiogenesis and hypoxia**

Eight studies investigating five angiogenesis or hypoxia associated markers were included (Table S2). Hypoxia-inducible factor 1 $\alpha$  (HIF-1 $\alpha$ ) was found to be a predictor of poor outcome after radiotherapy in two out of five studies.<sup>12,14,19-21</sup> Hypoxia also induces CA-IX expression in tumor cells. Two out of six studies investigating CA-IX showed that positive expression predicted poor local control after radiotherapy.<sup>12,14,19-22</sup> Glucose transporter 1 (Glut-1), Osteopontin (OPN), and vascular endothelial growth factor (VEGF) were not associated with outcome after radiotherapy.<sup>12,19,21,23,24</sup> Finally, a 26-gene hypoxia signature was not associated with local control.<sup>25</sup>

### **Apoptosis**

Apoptotic marker BCL-2 was studied most extensively and expression was associated with local recurrence in two out of seven studies.<sup>14-16,20,26-28</sup> Bxl-xL showed a relation with poor local control in one study,<sup>14,27</sup> while Bax was associated with favorable outcome in one out of three studies.<sup>15,27,28</sup> Bak, Survivin, and BAG-1 were studied once, and only BAG-1 showed a trend towards poor local control.<sup>27,29</sup> (Table S3).

### **P53**

The human tumor suppressor gene p53 was investigated extensively; fourteen studies found no relation with local control.<sup>8-11,14,15,23,28,30-35</sup> Only Narayana et al. found poor local control in glottic carcinomas<sup>36</sup> (Table S4). Overall suggesting p53 not as a relevant marker for local control after radiotherapy.

### **Cell cycle**

FADD was not associated with local control, whereas phosphorylated FADD only showed a relation with better local control in glottic tumors, but not in supraglottic tumors.<sup>37,38</sup> Cyclin D1 showed some contradictory results; three out of five studies did not show a relation, while Yoo et al. found cyclin D1 to be a predictor for better local control and Chang et al. for poor local control after radiotherapy.<sup>7,14,37,39,40</sup> P16, P21

(both three studies) and p27 showed no relation with local control, as well as retinoblastoma gene (Rb)<sup>14,15,30,32,41</sup> (Table S5).

### **COX-2**

Cyclooxygenase-2 (COX-2) was described four times (Table S6), two studies showed a relation between positive expression and poor local control, in either univariate or multivariate analysis,<sup>10,42</sup> whereas two others did not.<sup>12,14</sup>

### **EGFR**

The epidermal growth factor receptor (EGFR) is a well-known and extensively studied biological tumor marker. Protein expression of EGFR in relation with local control after radiotherapy in laryngeal cancer patients has been studied in ten independent studies (Table S7).<sup>7,8,14,16,23,26,39,43-45</sup> Only Miyaguchi et al. found a relation between positivity of EGFR and recurrence,<sup>45</sup> thereby concluding EGFR is not a relevant marker.

### **DNA content**

Seven, mostly older studies (6 of 7  $\leq 1995$ ), investigated DNA ploidy and compared diploid with aneuploid tumors. Three found no relation with local control, while Toffoli et al. found that diploid tumors showed poor local control and three others found a relation with better local control after radiotherapy (Table S8).<sup>18,46-51</sup>

### **Genome wide expression profiling**

Instead of analyzing individual, mostly well-known, and frequently investigated biological tumor markers, it is also possible to perform genome wide expression profiling for example by using mRNA expression microarrays. One study using gene expression data to discover markers for radiotherapy outcome in laryngeal cancer was identified. De Jong et al. studied 52 laryngeal cancer patients with or without a local recurrence after radiotherapy.<sup>52</sup> Expression of the stem cell associated marker CD44 showed a relation with local recurrence (HR 20.2, 95%CI 3.4-172.3), and this was confirmed by immunohistochemistry for CD44 in an independent set of 76 laryngeal cancer patients (HR 15.2,  $P < 0.01$ ). However, gene sets defining hypoxia, radiosensitivity, or proliferation did not correlate with local recurrence.

**Micro-RNAs**

Micro-RNAs were investigated by two (Table S9). Maia et al. found miR-296-5p associated with poor locoregional control and de Jong et al. found miR-203 as predictor of good local control after radiotherapy.<sup>53,54</sup>

**Miscellaneous biological tumor markers**

An overview of the predictive value of other markers is given in Table S10. All of these markers were studied once. ATM, LOH at 9p21, LOH at 3p21, BCCIP, Cortactin, ERCC1, and EPOR were not predictive of outcome,<sup>12,15,21,28,31,55</sup> whereas EpCAM/BerEP4, IGF-1R, HDAC1, NF- $\kappa$ B,  $\beta$ 1 integrin, and TGF- $\alpha$  were associated with poor local control after radiotherapy.<sup>26,30,44,56-58</sup>

## Discussion

### Summary of main results

In this systematic review a comprehensive overview of studies reporting on biological tumor markers in relation to local control after primary radiotherapy in laryngeal cancer patients is presented. None of the investigated markers or clusters of markers showed consistent evidence for a positive or negative relation with local control. There is some evidence for Ki-67/proliferation towards better local control (Table 1). Interestingly, two well-known markers in HNSCC; EGFR and P53, showed consistent evidence for not being predictive of local control after primary radiotherapy.

### Overall completeness, quality and applicability of evidence

An extensive search has been performed to identify all published markers for local control after radiotherapy in laryngeal cancer. As found in this systematic review study quality varies among studies; almost all studies are retrospective cohorts, some do not report details on radiotherapy schedule, or outcome chosen, while others inadequately describe the interpretation of the assay used for detection of the biological tumor marker. In 2005 the REMARK criteria were published to encourage transparent and complete reporting in prognostic marker studies.<sup>4</sup> However, also after introduction of REMARK, prognostic biological marker studies are still poorly reported.<sup>59</sup> Remarkably, studies included in this systematic review did have a slightly better quality after 2006 than before. Adequate reporting is essential for drawing conclusions from a systematic review and should be emphasized for new publications.

Despite the fact that this systematic review included studies on relatively homogeneous patient populations (e.g. only laryngeal cancer; only patients treated with primary radiotherapy) it was still difficult to compare studies analyzing the same biological tumor marker, because of multiple factors. First, most studies used small, heterogeneous patient populations. Some studies include both glottic and supraglottic tumors, others evaluate those separately, with sometimes different outcomes. For example, pFADD positivity was associated with better local control in glottic, but not in supraglottic laryngeal cancer patients.<sup>37,38</sup> Glottic and supraglottic tumors often present with different symptoms, at different stages.<sup>60-62</sup> Therefore supra- and glottic tumors might be regarded as distinct entities. Although we only included primary

radiotherapeutically treated patients, different treatment schedules (conventional vs. accelerated) could have influenced the results, as for Ki-67 and EGFR. Furthermore, the number of patients is low (median number of patients is 60) and a rationale for the number of included patients is not given. There are differences in methodology, such as different antibodies used, different cut-offs used for a marker, often without giving a rationale for the cut-off used. Finally, different definitions of outcome after radiotherapy are used such a local recurrence within 6 months while others use local recurrence within 5 years, where can be discussed if a local recurrence after 5 years should be considered as a recurrence or as a second primary tumor.

### **Potential biases in review**

The most important potential bias in this review is publication bias; especially research with negative results might have not been published.

### **Comparison with other reviews**

Also for other tumor sites there is no consistent evidence for the predictive value of Ki-67 for radiation response, though Ki-67 positivity is likely to be a poor prognostic factor for breast and cervical cancer, irrespectively of treatment modality.<sup>63,64</sup>

A review by Bossi et al., shows the same results for EGFR in other HNSCC tumor sites.<sup>65</sup> However, a relation with EGFR positivity and poor outcome after primary radiotherapy was found in some large groups of HNSCC patient treated with an accelerated radiotherapy schedule.<sup>65</sup>

Previous p53 research showed p53 mutations as predictor of poor local control after primary radiotherapy in a variety of tumor sites, including HNSCC.<sup>66</sup> A potential reason that we did not find a relation might be that in the studies included in our analysis, p53 was mostly studied by immunohistochemistry, not by mutational analysis. Research has shown that immunohistochemical staining is not always strongly correlated with mutational status, but optimization, standardization and validation of p53 immunohistochemistry could reliably predict p53 mutations.<sup>67</sup>

### **Implications for clinical practice and research**

Biological tumor markers that are strongly predictive of response to primary radiotherapy could be helpful in selecting patients who are in need for additional (or

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intensified) treatment or alternative treatment modalities such as surgery. Biological tumor markers could also contribute to identify new potential targets for therapeutic intervention. We found some evidence for Ki-67/proliferation being predictive of better local control after primary radiotherapy, whereas EGFR and P53 showed consistent evidence for not being predictive of local control after primary radiotherapy. Cell proliferation is one of the most essential biological processes in oncogenesis.<sup>68</sup> Ki-67 is present in all the active phases of the cell cycle (G1, G2, M, mitosis), but absent in resting cells (G0),<sup>69</sup> suggesting a role for Ki-67 as a potential predictor of outcome after radiotherapy, as radiotherapy affects dividing cells. However, the predictive value of Ki-67 for response to primary radiotherapy in laryngeal cancer is currently unclear and Ki-67 assessment methods lack standardization, thereby preventing clinical implementation. More research in well-defined study populations is needed to elucidate the potential predictive role of Ki-67 in outcome after primary radiotherapy and thereby potential application.



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**Figure legends**

Figure 1 Flow chart of selection process

Table 1 Proliferation markers in relation to outcome after primary radiotherapy in laryngeal cancer patients

Author Year	Marker	Method	Cut-off	N	Stage	Side	Treatment	Outcome, definition	Univariate HR/OR (95% CI)	Multivariate HR/OR (95% CI)
Kwon 2015 <sup>12</sup>	Ki-67	IHC	>50%	42	T1-2	Larynx	RT	Residual tumor <0.5 yrs	= 2.16 (0.40- 11.80)	
Rademakers 2015 <sup>13</sup>	Ki-67	IHC	>10% nuclear	128	T2-4N0+	Larynx	ART	Time to local recurrence	=	
Nichols 2012 <sup>16</sup>	Ki-67	IHC	>10% nuclear	75	T1-2	Glottic	RT	Time to local recurrence	↓ 3.37 (1.14- 9.86)	↓ 4.86 (1.58- 15.00)
Wildeman 2009 <sup>14</sup>	Ki-67	IHC- TMA	OR per 10% increase, nuclear	59	T1-3N0-3	Larynx	RT	Local recurrence <2 yrs	= 0.71 (0.44- 1.15)	
Rafferty 2008 <sup>7</sup>	Ki-67	IHC	>50% Continuous, nuclear	50	T2N0	Larynx	RT	Local recurrence	↑ =	=
Ahmed 2008 <sup>8</sup>	Ki-67	IHC	>10% nuclear  Continuous, nuclear	24	T1-2	Glottic	RT	Persistence or local recurrence	↑ 0 (0-∞)* (trend)  ↑	
Cho 2004 <sup>10</sup>	Ki-67	IHC- TMA	>10% nuclear	123	T1-2N0	Larynx	RT	Time to local recurrence	= 0.47 (0.18 - 1.23)*	↑ 0.17 (0.06- 0.49)*
Condon 2002 <sup>15</sup>	Ki-67	IHC	>20% nuclear	21	T1-2N0	Glottic	RT	Local recurrence <1 yrs	= 1.94 (0.32- 11.8)*	
Motamed	Ki-67	IHC	Continuous, nuclear	28	T1aN0	Glottic	n.s.	Radioresistance, n.s.	↑ (trend)	

2001 <sup>9</sup>									
Sakata	Ki-67	IHC	≥50%	130	T1-2N0	Glottic	RT/ART	Local recurrence	↓ 2.66 (1.17-6.08)*
2000 <sup>17</sup>				51			RT		= 1.32 (0.40-4.38)*
				79			ART		↓ 5.11 (1.53-17.04)*
Kropveld	Ki-67	IHC	Continuous	36	T2N0-2	Larynx	RT	Locoregional recurrence	↑
1998 <sup>11</sup>									
Munck	PCNA	IHC	Continuous, nuclear	28	T1N0	Glottic	RT	Recurrent or persistent, n.s.	↑
1993 <sup>18</sup>									

\* = (Subgroup) analysis performed by authors of this systematic review;

↓ = Positivity of marker associated with poor outcome;

↑ = Positivity of marker associated with good outcome;

'=' = No relation with outcome;

IHC = immunohistochemistry;

TMA = tissue microarray;

HR = Hazard ratio;

OR = Odds ratio;

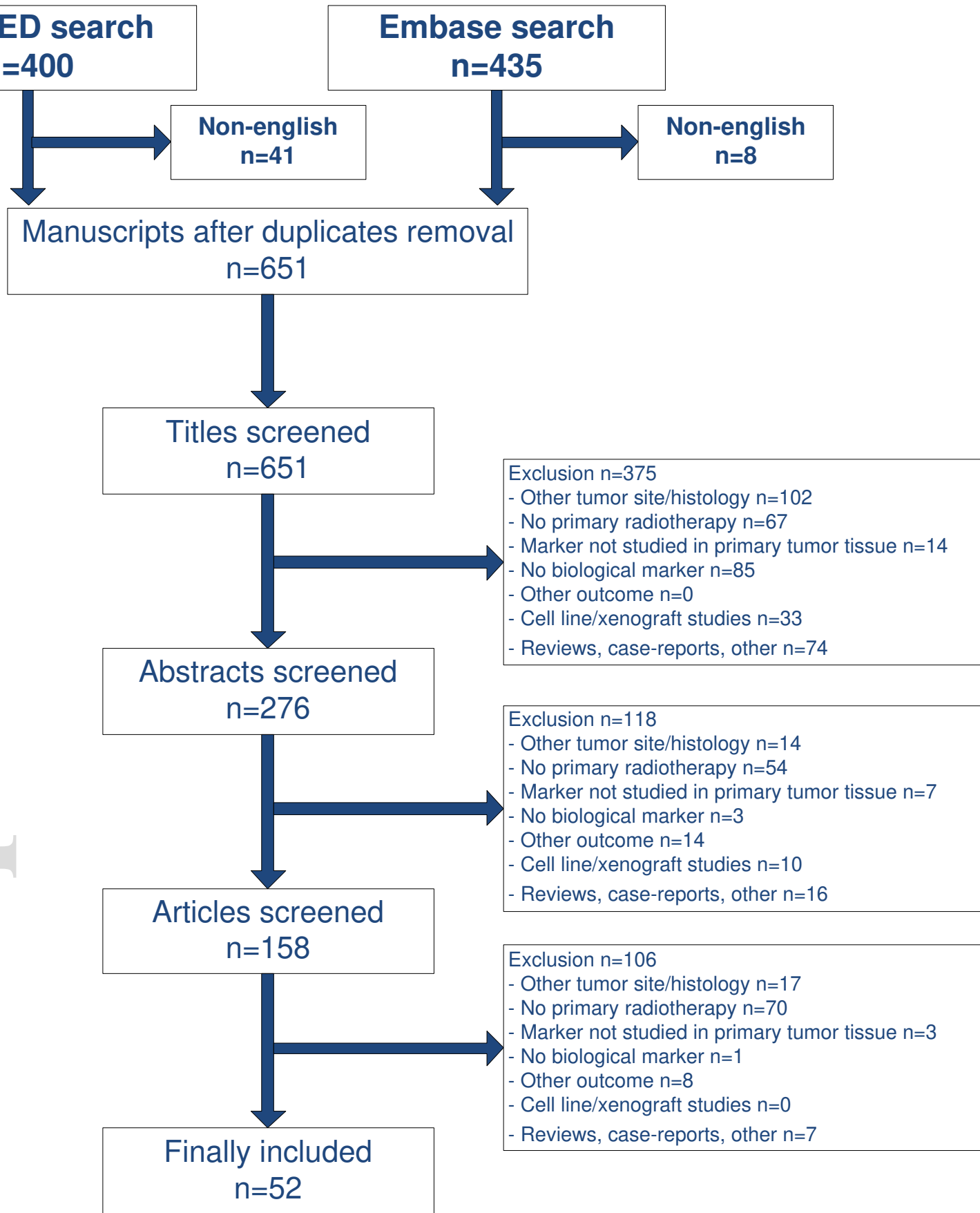
CI = Confidence interval;

n.s. = not specified

RT = conventional radiotherapy;

ART = accelerated radiotherapy;

yrs = years



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