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Life after bariatric surgery

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Life after bariatric surgery:

Psychosocial and behavioural characteristics and their effect on weight and well-being.



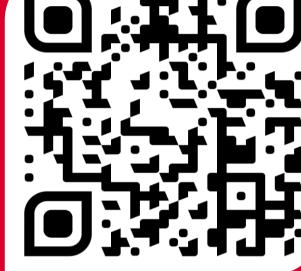
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Identifying and understanding the role of psychological,
behavioral and medical characteristics in explaining weight loss
after bariatric surgery will help to enhance healthcare approaches
and ultimately improve patients' prognosis after the surgery.

Scan to know more!
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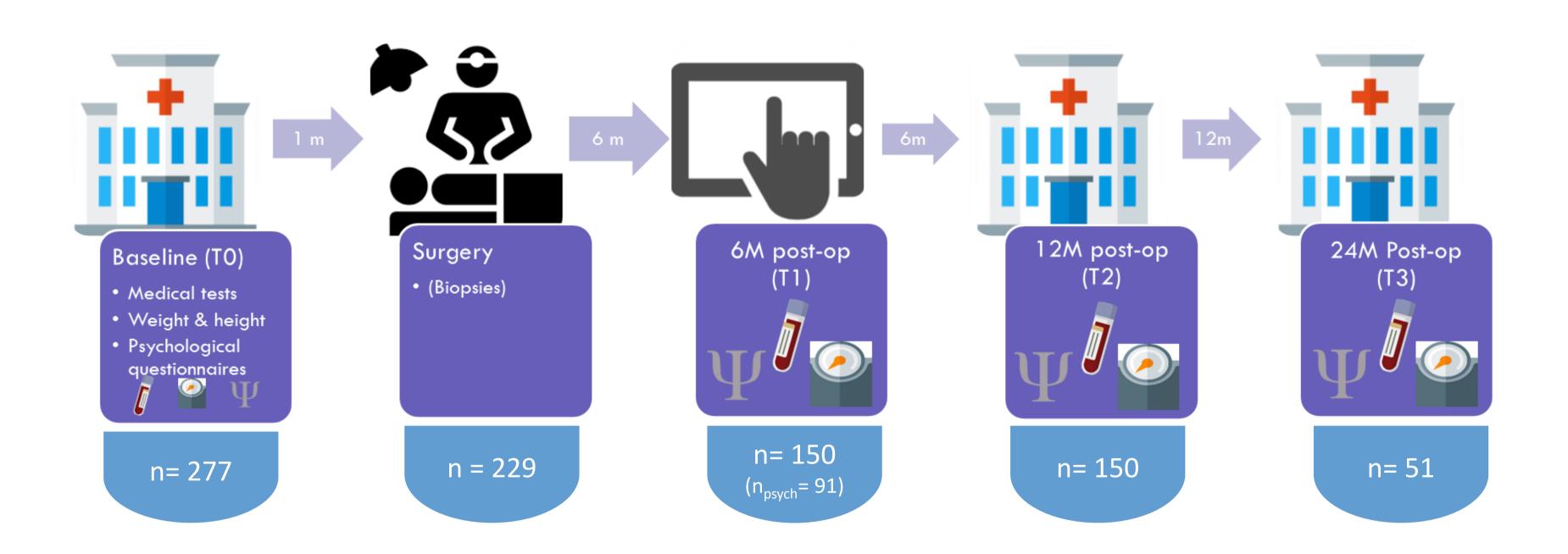
INTRODUCTION

- Bariatric surgery (BS) is an effective weight loss treatment for severe obesity, yet surgical outcomes vary greatly between patients.
- The role of psychosocial predictors on post-bariatric weight loss and the change in psychological factors following BS is poorly understood.

Aims:

- 1. Identify psychological and medical variables that can differentiate between successful and non-successful weight loss following BS
- 2. Investigate how psychological and medical factors change after BS

METHOD



EXPECTED RESULTS

- Improvement in HR-QoL and depression as weight decreases after BS
- Higher food craving, body image dissatisfaction and negative affect predict less successful weight-loss

DISCUSSION

Insight into psychological predictors of surgical outcomes can aid in patient selection (risk of outcome failure) and improving treatment protocol

ADDITIONAL INFORMATION

