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# Cytosolic Delivery of Single-Chain Polymer Nanoparticles

Naomi M. Hamelmann, Jan-Willem D. Paats, and Jos M. J. Paulusse\*

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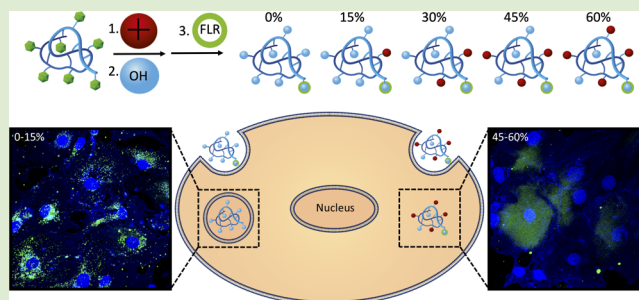
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**ABSTRACT:** Cytosolic delivery of therapeutic agents is key to improving their efficacy, as the therapeutics are primarily active in specific organelles. Single-chain polymer nanoparticles (SCNPs) are a promising nanocarrier platform in biomedical applications due to their unique size range of 5–20 nm, modularity, and ease of functionalization. However, cytosolic delivery of SCNPs remains challenging. Here, we report the synthesis of active ester-functional SCNPs of approximately 10 nm via intramolecular thiol-Michael addition cross-linking and their functionalization with increasing amounts of tertiary amines 0 to 60 mol % to obtain SCNPs with increasing positive surface charges. No significant cytotoxicity was detected in bEND.3 cells for the SCNPs, except when SCNPs with high amounts of tertiary amines were incubated over prolonged periods of time at high concentrations. Cellular uptake of the SCNPs was analyzed, presenting different uptake behavior depending on the degree of functionalization. Confocal microscopy revealed successful cytosolic delivery of SCNPs with high degrees of functionalization (45%, 60%), while SCNPs with low amounts (0% to 30%) of tertiary amines showed high degrees of colocalization with lysosomes. This work presents a strategy to direct the intracellular location of SCNPs by controlled surface modification to improve intracellular targeting for biomedical applications.



The field of controlled drug delivery has focused research efforts on developing nanoparticles as carriers for therapeutics,<sup>1,2</sup> since only a small fraction of administered therapeutics accumulates at the desired target site *in vivo*, leading to the aspiration of nanoparticles for improved treatment efficacies and decreased side effects.<sup>3</sup> Polymer NPs are highly modular in nature, and the ability to functionalize their surfaces is key to attaining prolonged blood circulation times and achieving targeted delivery of therapeutics to specific tissues.<sup>4</sup> However, a critical challenge in drug delivery is the cytosolic delivery of NPs,<sup>3,5–7</sup> since most therapeutics only function in specific organelles of the cell, such as in the mitochondria<sup>8</sup> or the cell nucleus.<sup>9</sup> High therapeutic effectiveness can be achieved when NPs are released from endosomal structures into the cytosol, enabling therapeutics to reach their target inside the cell.

One way to overcome this challenge of endosomal escape is by using polymers containing tertiary amines, which have been frequently utilized in nonviral gene delivery.<sup>10–12</sup> The buffer capacity of tertiary amines is of key importance, since after NPs are taken up by endosomes, the tertiary amines are protonated causing an influx of chloride anions.<sup>11</sup> The increase in ionic concentration inside the endosomes leads to osmotic swelling, which, together with the internal charge repulsion of the protonated polymers, causes the endosomes to rupture and release the cargo into the cytosol. Sprouse et al. compared the effects of various primary and tertiary amines ratios in glycopolyconations for plasmid DNA delivery.<sup>13</sup> They observed

that tertiary amines promote cellular uptake and plasmid DNA expression, which points to cytosolic delivery, although also generating cytotoxic effects. Functional groups such as guanidine, consisting of primary and secondary amines, have been successfully employed in the cytosolic delivery of NPs.<sup>14,15</sup> This strategy for cytosolic delivery has been adapted by Lee et al. for cytosolic protein delivery.<sup>16</sup> Using cationic guanidium-functionalized poly(oxanorbornene)imide (PONI) polymers of different length nanocomposites with E-tagged proteins were formed. Cytosolic delivery of these nanocomposites was confirmed; additionally longer polymers demonstrated increasing uptake.

Biodistribution and cellular uptake of polymer NPs is also further dependent on particle size. The biodistribution behavior of gold NPs with sizes ranging from 10 to 250 nm was evaluated in animal models and revealed that larger particles are mostly confined to blood, liver, and spleen, whereas smaller particles reach a variety of organs.<sup>17,18</sup> On the cellular level Bai et al. observed this correlation in polymer NPs ranging from 7 to 40 nm, demonstrating the highest extent of uptake for the smallest particles.<sup>19</sup> Due to the higher surface to

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volume ratio and increased curvature of smaller NPs, the contact area with membranes<sup>20</sup> is increased, leading to enhanced cellular uptake.<sup>21</sup> Access to polymer NPs smaller than 20 nm has remained limited, though intramolecular cross-linking of polymer chains provides single-chain polymer nanoparticles (SCNPs) in the 5 to 20 nm size range, in a facile and scalable manner.<sup>22–25</sup> Size and dispersity of SCNPs are uniquely dependent on the precursor polymers, which are readily obtained by utilizing controlled/living polymerization techniques.<sup>26–28</sup> The SCNPs' flexibility is between a flexible polymer and a rigid nanoparticle.<sup>29</sup> This combines the ability for multivalent target–ligand interactions,<sup>30</sup> with the increased cellular uptake seen for rigid particles.<sup>31,32</sup> Furthermore, SCNPs with PTR86, a targeting ligand for pancreatic cancer, have been shown to accumulate at the tumor site in a murine model, demonstrating that SCNPs can avoid fast renal clearance.<sup>33</sup> These characteristics have led to SCNPs being investigated in various biomedical applications, such as drug delivery,<sup>21,34–39</sup> targeting,<sup>33,40</sup> protein mimicry,<sup>41–43</sup> imaging,<sup>33,44</sup> sensing,<sup>45</sup> and even catalysis.<sup>19,46,47</sup>

Cytosolic delivery of SCNPs has so far received only limited attention. However, Liu et al. have investigated several delivery strategies for cellular uptake of SCNPs in HeLa cells.<sup>48</sup> PEGylated SCNPs were incubated with HeLa cells for 3 h, and the fluorescent signal of the SCNPs was observed only extracellularly. At high concentrations (2.5 mg/mL) and a relatively long 24 h incubation with SCNPs, cellular entry was observed with high degrees of colocalization with lysosomes. By making use of electroporation, the cell membrane was temporarily permeabilized and cytosolic delivery of the PEGylated SCNPs was observed. Zimmerman and co-workers designed artificial metalloenzymes for intracellular applications, and the intracellular delivery was achieved using SCNPs functionalized with quaternary ammonium cations.<sup>47,49</sup> In HeLa cells, colocalization with lysosomes was observed.<sup>47</sup> These results emphasize the demand of amines with high buffer capacity to enable the cytosolic release. In previous work, pentafluorophenyl-functional (PFP) SCNPs were synthesized via thiol-Michael addition displaying the ability for a variety of highly controlled functionalizations for biomedical applications.<sup>43,50</sup> PFP-SCNPs were functionalized with various peptides to develop protein mimics.

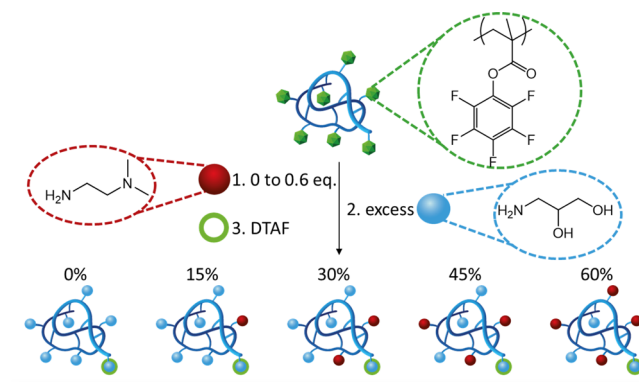
Here, we utilize controlled surface modifications to enable cytosolic delivery of SCNPs under physiologically relevant conditions, by synthesizing PFP-SCNPs, which are functionalized with increasing amounts of tertiary amines. The remaining pentafluorophenyl groups are exchanged with aminoglycerol, and a fluorescent label is conjugated for the *in vitro* analysis. Possible cytotoxic effects of the SCNPs are evaluated on mouse brain endothelial cells (bEND.3). To evaluate the uptake of the SCNPs, flow cytometry is used and the location of the SCNPs is established by confocal microscopy.

## RESULTS AND DISCUSSION

**Synthesis and Functionalization of SCNPs.** PFP-SCNPs were prepared by slow addition of thiol-functionalized co-polymer to a cross-linker solution as reported earlier.<sup>43,50</sup> GPC analysis showed an apparent size reduction of 51% after collapse into SCNPs, indicating successful intramolecular cross-linking (Figure S1). DLS measurements showed the formation of particles with a diameter of 12 nm, with no significant larger-sized clusters present (Figure S2). Sub-

sequently, a range of functionalized SCNPs was synthesized by conjugating the PFP-SCNPs with different ratios of the tertiary amine *N,N*-dimethylethylenediamine (DMEN) (SCNP-0 to SCNP-60; see Scheme 1).

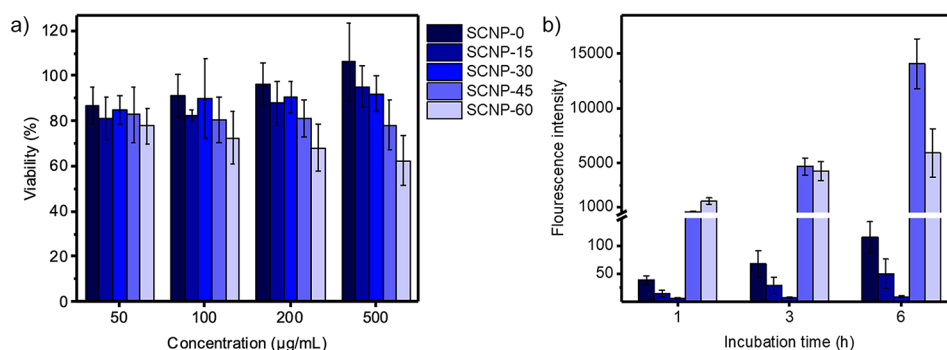
### Scheme 1. Schematic Representation of SCNP Functionalization with Tertiary Amines, Alcohols, and Fluorescent Label



The conjugation was conveniently followed by <sup>19</sup>F NMR, indicating full conversion for all samples within 24 h (Figures S3–S7). Remaining pentafluorophenyl groups were conjugated with 1-aminoglycerol to render the SCNPs water-soluble. Incorporation of the functional groups was further evidenced by <sup>1</sup>H NMR spectroscopy (Figure S8). Signals at 2.2 ppm, corresponding to the two methyl groups attached to the tertiary amine, increased with increasing incorporation ratio, while the signals at 2.9, 3.5, and 4.5–5.0 ppm, corresponding to the incorporation of 1-aminoglycerol, diminished. The absence of signals in the <sup>19</sup>F NMR spectra (not shown) further indicates the successful formation of SCNPs with increasing amounts of tertiary amine groups. After fluorescent labeling of the SCNPs with 5-(4,6-dichlorotriazinyl) aminofluorescein (DTAF), the functionalized SCNPs were analyzed by GPC as shown in Figure S9a. The elution profiles of SCNP-0 to SCNP-60 show a small shift toward lower molecular mass upon higher degrees of substitution, indicating only a minor influence of the substituents on the hydrodynamic volume of the particles. Furthermore, the GPC traces confirm successful fluorescent labeling, without any significant residual free label present, which could interfere with *in vitro* experiments. Additionally, DLS measurements show particles with a comparable diameter of approximately 10 nm, while no larger aggregates are observed (Figure S10).

The surface charge of the particles was evaluated in HEPES buffer at pH 7.0 (see Figure S9b). For 0% incorporation of tertiary amines, the alcohol groups render the particles negatively charged, but upon increasing the incorporation, the SCNPs become positively charged with an apparent plateau of +27 mV for the SCNP-60.

**Cytotoxicity of SCNPs.** We previously reported that SCNPs with 1-aminoglycerol surface functionalities do not display adverse effects on the viability of human cerebral endothelial cells (hCMEC/D3).<sup>43</sup> However, cationic charges on the NP surface induced by protonation of tertiary amine groups are known to generate cytotoxic effects.<sup>13,51,52</sup> Cytotoxicity of the SCNPs was therefore evaluated on a mouse endothelial cell line (bEND.3) utilizing a resazurin assay. The cells were incubated with SCNPs over a wide



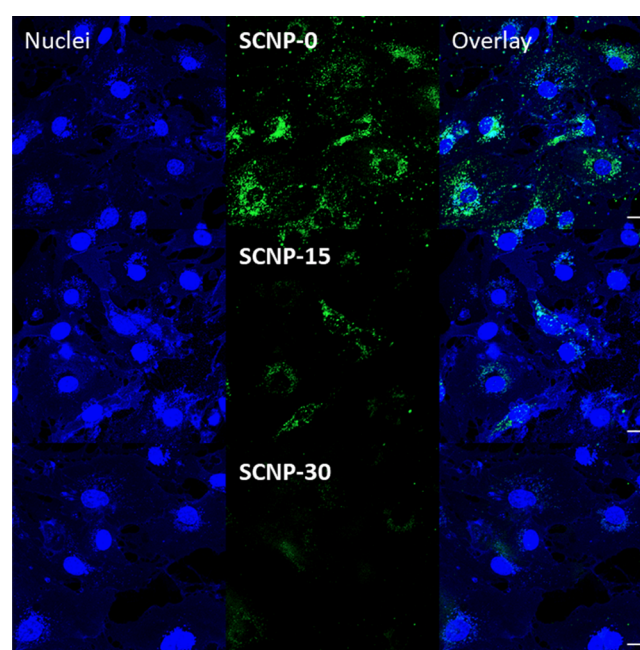
**Figure 1.** (a) Cell viability of bEND.3 cells after incubation with SCNPs for 24 h. (b) Fluorescence intensity of SCNPs in bEND.3 cells after 1, 3, and 6 h of incubation measured by FACS. Asterisks indicate significant higher uptake relative to SCNP-0, \*\* $p < 0.01$  and \*\*\* $p < 0.001$  ( $n = 9$ ).

concentration range from 50 µg/mL to 500 µg/mL for 24 h. The results in Figure 1a show that SCNP-0 to SCNP-30 do not exert significant cytotoxic effects on the endothelial cells. At higher degrees of functionalization, however, cell viabilities decrease. For SCNP-45 the viability decreases only when cells are exposed to an elevated concentration of 500 µg/mL, while significant toxicity for SCNP-60 is already observed at lower concentrations. These results are in line with the results of Sprouse et al., who observed that the addition of increasing amounts of surface-located tertiary amines leads to a decrease in cell viability. Therefore, careful consideration of the density of tertiary amines on NP surfaces is key to achieving an optimal balance between high NP internalization and maintaining biocompatibility.

**Cellular Uptake.** Cellular uptake of the SCNPs was studied by incubating endothelial cells with the SCNPs over various time periods, followed by analysis by flow cytometry. In Figure 1b, a distinct difference in uptake behavior is observed for particles with lower ratios of tertiary amine groups on their surface (SCNP-0, SCNP-15, and SCNP-30) and particles with higher ratios (SCNP-45, SCNP-60) after 1 h of incubation. This disparity in uptake increases over time. For SCNP-0 to SCNP-30, a slow increase in uptake is observed over time. Interestingly, SCNP-0 displayed higher uptake than SCNP-15 and SCNP-30 not only after 1 h of incubation but also after longer incubation times. This implies that the interaction of particles and cell membrane is favorable for particle uptake when the particle surface is slightly negatively charged as compared to a neutral or slightly positively charged particle surface. These results are in line with the results from Xiao et al., who studied the uptake of polymer micelles with a range of surface charges.<sup>53</sup> The particle uptake of negatively charged NPs was higher compared to neutral NPs. They demonstrated that this effect was due to serum in the medium, which forms a protein corona that influences NP uptake,<sup>54</sup> as the uptake of the negatively charged and neutral particles was similar after incubation in serum-free medium.<sup>53</sup>

In comparison, SCNP-45 displayed an over 10-fold higher uptake than SCNP-0 after 1 h of incubation. Similarly enhanced uptake behavior was observed for SCNP-60. After prolonged incubation, SCNP-45 shows the highest extent of internalization. Additionally, cell viabilities were evaluated utilizing a PI staining. Even for SCNP-60 no significant cytotoxicity was observed after 1 and 6 h of incubation, in the cell populations shown in Figures S11–S12. This confirms that the tertiary amines on SCNP-45 and SCNP-60 only lead to decreases in cell viabilities when incubated over prolonged periods of time and high concentrations.

**Intracellular Location of SCNPs.** The differences in uptake behavior were further investigated by confocal microscopy. SCNP-0 to SCNP-30 were incubated at 50 µg/mL for 6 h, and the cells were subsequently stained with a membrane and nuclei staining. In Figure 2 the gradual decrease

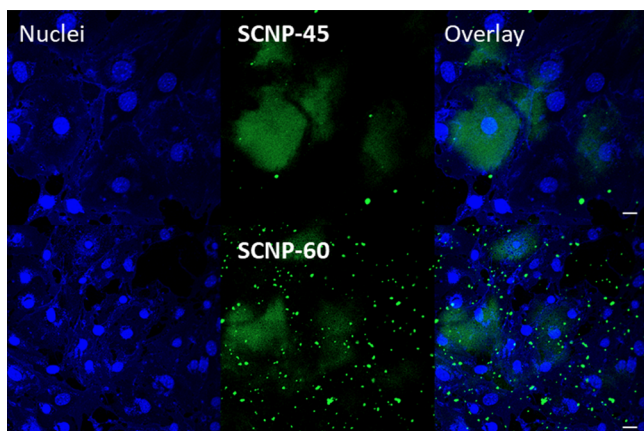


**Figure 2.** CLSM images of SCNP-0, SCNP-15, and SCNP-30 uptake in bEND.3 cells after 6 h of incubation at 50 µg/mL. Nuclei and membranes were stained blue, and a green-fluorescent label was used on the SCNPs, scale bar 10 µm.

of green signal from SCNP-0 to SCNP-30 can be observed, confirming the increase in uptake for negatively charged SCNP-0 as compared to SCNP-30, as measured by flow cytometry. Furthermore, the fluorescent signal of SCNPs is observed in vesicle structures inside the cells. These results resemble the uptake behavior of glycerol-SCNPs shown in previous work, indicating endosomal uptake.<sup>37</sup>

As described above, high uptake rates were observed for SCNP-45 and SCNP-60. Therefore, these particles were incubated for only 1 h at 50 µg/mL with bEND.3 cells for confocal microscopy. Subsequently, the cells were stained with membrane and nuclei staining. In contrast to SCNP-0 to SCNP-30, less SCNPs in vesicle structures were observed for SCNP-45. Instead, the signal of the SCNPs is observed in the

cytosol shown in Figure 3. In gene<sup>13,55</sup> and protein<sup>5,56</sup> delivery, polymers with tertiary amines are utilized to form complexes

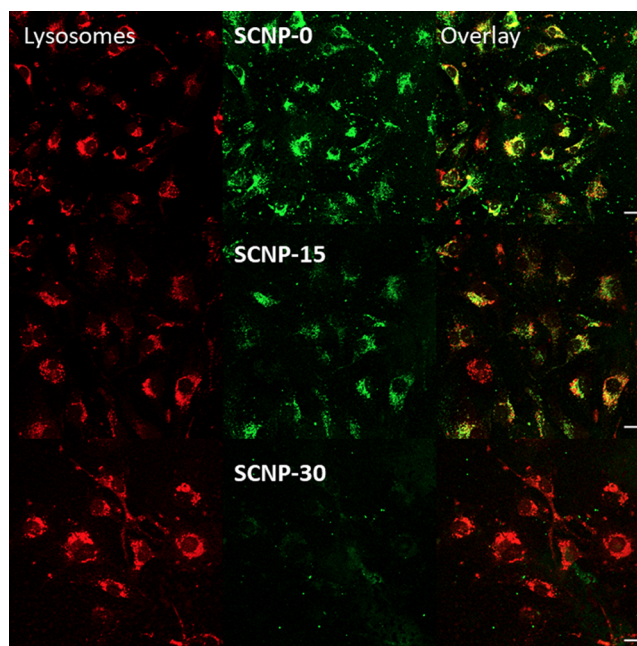


**Figure 3.** CLSM images of SCNP-45 and SCNP-60 uptake in bEND.3 cells after 1 h of incubation at 50  $\mu\text{g}/\text{mL}$ . Nuclei and membranes were stained blue, and a green-fluorescent label was used on the SCNPs, scale bar 10  $\mu\text{m}$ .

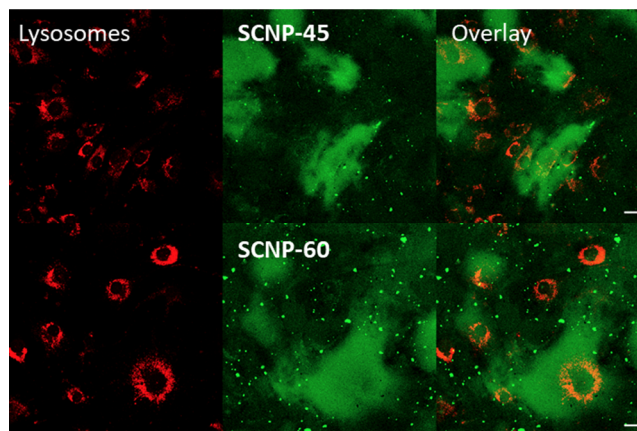
with negatively charged cargoes, to deliver the cargo in the cytosol of cells exploiting the proton sponge effect. In line with these studies, amine moieties of the SCNPs become protonated at the endosomal/lysosomal pH increasing the internal pressure after internalization. With increasing surface functionality of the SCNPs, the pressure increases, leading to lysing of the endosomes and endosomal escape for SCNP-45. For SCNP-60 the cytosolic delivery is also observed, but additional signals corresponding to aggregated SCNPs are also observed (see Figure 3).

In the analysis of the location of SCNPs in the bEND.3 cells, SCNP-0 to SCNP-30 were incubated with cells for 6 h. Subsequently, the lysosomes were stained. In Figure 4, particle uptake and colocalization with lysosomes are shown. High degrees of colocalization for SCNP-0 and SCNP-15 with the lysosomes were observed. Additionally, green signals corresponding to SCNP-0 inside vesicle structures were observed. As shown earlier, less internalization of SCNP-30 was visible, and the signal colocalized partly with lysosomes. While this uptake behavior is not favorable for drug delivery in most applications, as encapsulated therapeutics do not reach the cytosol efficiently,<sup>10</sup> these results are interesting for applications in which NPs rather have to cross a cell barrier. For example in drug delivery to the brain, NPs have to cross the blood–brain barrier (BBB) to reach the target.<sup>57</sup> In this highly selective process, NPs are taken up by cells and have to achieve transcytosis to enter the brain. The particles are dependent on the intracellular vesicular trafficking, which directs particles that are taken up by endocytosis toward lysosomes, recycling endosomes, which release the particles back into the bloodstream or transcytosis.<sup>58</sup> Bannunah and co-workers investigated the influence of NP charge and size on the internalization and crossing of an intestinal epithelial cell model.<sup>52</sup> They reported higher uptake for positively charged NP. However, the transport across the cell barrier was higher for negatively charged NPs. Further research of the negative or neutral surface charged SCNPs could demonstrate what surface charge is optimal to cross cell barriers, such as the BBB.

SCNP-45 and SCNP-60 were incubated for 30 min with bEND.3 cells before the lysosomes were stained. In Figure 5,



**Figure 4.** CLSM images of bEND.3 cells incubated with SCNP-0, SCNP-15, and SCNP-30 for 6 h and stained with LysoTracker, scale bar 10  $\mu\text{m}$ .



**Figure 5.** CLSM images of bEND.3 cells treated with SCNP-45 and SCNP-60 for 30 min and LysoTracker, scale bar 10  $\mu\text{m}$ .

the green signal from SCNP-45 and SCNP-60 was observed throughout the cells confirming successful cytosolic delivery. Furthermore, some intracellular aggregation of SCNP-45 and SCNP-60 was observed as well at shorter incubation time, as compared to the uptake study. However, the lysosome staining does not colocalize with the particle aggregations, indicating that the particles partly form intracellular clusters.

## CONCLUSIONS

In this work, PFP-SCNPs were synthesized and subsequently functionalized with tertiary amines to induce a positive surface charge under physiological conditions. The zeta-potential of the SCNPs increased with higher degrees of functionalization, while particle size remained constant. This range of SCNPs enabled investigation of their cellular interactions, only in relation to the degree of functionalization. None of the SCNPs exerts significant cytotoxicity after 6 h incubation on bEND.3 cells. The SCNPs with high amounts of tertiary amines only

caused minor cytotoxicity at high concentrations coupled with long incubation times. However, all SCNPs show cellular uptake at low particle concentrations, which have been shown to be biocompatible. The highest cellular uptake was observed for SCNP-45, in which 45% of the monomer units possess a protonable tertiary amine. Significant differences in uptake behavior were observed for SCNP-0 to -30 and SCNP-45 and -60. At lower degrees of functionalization (0–30%), cellular uptake remained low, while, at 45–60% of functionalization, uptake increased by up to 2 orders of magnitude. Confocal microscopy revealed successful cytosolic delivery of SCNP-45 and SCNP-60. As shown with a lysosome staining for SCNP-0 to SCNP-30, the majority of SCNPs end up in lysosomes and the higher amounts of tertiary amines in SCNPs-45 and SCNP-60 were sufficient to increase the ionic concentration inside the endosome, promoting endosomal escape. This systematic study shows the importance of controlled surface functionalization, as minor changes in the amounts of tertiary amines can already affect uptake rate and even intracellular location. The introduction of new and more specific targeting ligands can further increase the selectivity of SCNP targeting. These versatile SCNPs provide a platform for various drug delivery applications, as the surface modification enables directing the delivery to different subcellular targets, importantly including the cytosol and thereby increasing the efficacy of therapeutics. The control and ease of functionalization contribute to the ability to rapidly adapt SCNPs for therapeutic translation.

## ■ ASSOCIATED CONTENT

### Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acsmacrolett.1c00558>.

Materials and Methods, DLS/GPC data,  $^{19}\text{F}$  and  $^1\text{H}$  NMR spectra, and FACS data. (PDF)

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## Notes

The authors declare no competing financial interest.

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