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# Behavioural and morphological changes in fish exposed to ecologically relevant boat noises

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# Behavioural and morphological changes in fish exposed to ecologically-relevant boat noises

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1 2	Behavioural and morphological changes in fish exposed to ecologically-relevant boat noises
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#### Abstract

There is increasing concern about the effect of underwater noise on fish due to rising 34 levels of anthropogenic noise. We performed experiments on the black bullhead (Ameiurus 35 *melas*), a species with known hearing specializations and located within the Laurentian Great 36 Lakes where there is significant commercial and recreational boat traffic. We tested and 37 compared physiology (baseline cortisol), behaviour (activity, sheltering) and morphology (cilary 38 bundles of hair cells) of bullhead to boat noise. At 140 dB re 1 µPa (-54.84 dB re 1m s<sup>-2</sup>) we saw 39 clear behavioural effects in terms of both activity and sheltering levels despite no obvious 40 morphological or physiological stress. Following both short and long period acute exposure to 41 higher — but environmentally relevant — noise levels, bullhead were less active and sheltered 42 more and also exhibited a decrease in cilary bundles. These results suggest that there are 43 sublethal effects of anthropogenic noise on fish behaviour and cilary bundles which may have 44 direct implications on population health. Moreover, commonly used metrics such as stress 45 hormones may not always offer the most relevant biomarker of the response to anthropogenic 46 47 boat noise.

#### 48 Introduction:

Anthropogenic noise is now common in aquatic ecosystems, although the effects this has on 49 aquatic animals, particularly freshwater fishes, remains unclear (Slabbekoorn et al. 2010; Popper 50 & Hawkins 2012). There has been a notable increase in anthropogenic noise due to 51 industrialization primarily caused by the expansion of transport networks and various resource 52 extraction methods (Wale et al. 2013; Solan et al. 2016), all of which have the potential to 53 disrupt acoustic communications (Wysocki et al. 2006; Popper & Hastings 2009; Wale et al. 54 2013). Although there has been a greater focus on effects of noise sources such as sonar. 55 airguns and pile driving (Shannon et al. 2015), recreational and commercial boats are the 56 57 predominant source of anthropogenic noise at low frequencies underwater (Ross 1976; Dyndo et al. 2015; Nichols et al. 2015; Shannon et al. 2015; Solan et al. 2016), having considerable 58 overlap with the sound production and hearing range of most fish species examined to date 59 (20-1000 Hz) (Kasumyan 2005; Ladich & Fay 2013; Nichols et al. 2015). 60

Noise pollution research is well studied in marine environments with a particular focus 61 on marine mammals and fish (Popper 2003; Slabbekoorn et al. 2010), indicating that noise 62 impacts on animals can range from non-lethal behavioural and physiological stressors to death 63 (Weilgart 2007; Mickle & Higgs 2017). Research that has been performed regarding noise 64 impacts on freshwater fish is generally focused on aquaria fish such as: goldfish (Carassius 65 auratus; Wysocki & Ladich 2005; Smith 2003), zebrafish (Danio rerio; Neo et al. 2015; Sabet et 66 al. 2015) and cichlida (Cichlidae; Hastings et al. 1996; Bruintjes & Radford 2013), resulting in a 67 gap in our knowledge of noise effects on wild, economically important freshwater fish. 68 69 Freshwater ecosystems have a disproportionately high fish diversity (Combes 2003) but comparatively less attention on effects of anthropogenic noise. Given the importance of both 70

freshwater lakes and fish to shipping and the economy, more research is also needed todetermine the full impact of shipping noise in these high traffic environments.

Hearing is an important sensory modality in fish for communication and orientation with 73 a great diversity in hearing abilities between species (Hawkins 1981; Aalbers & Drawbridge 74 2008; Fay 2009). To date the majority of research regarding noise pollution incorporates either 75 behavioural or physiological measures alone, but seldom have single studies integrated 76 77 techniques (Cooke et al. 2014; Mickle & Higgs 2017). Previous work on fishes leads to the suggestion that some individuals exposed to anthropogenic noise show physiological stress 78 responses such as increased levels of stress hormones (Barcellos et al. 2007), change in cardiac 79 80 output (Graham & Cooke 2008), and further hypothesize changes in gene expression and immune function (Mommsen et al. 1999; Barton et al. 2002; Shannon et al. 2015). Fish exposed 81 to loud sounds may also suffer from physical impairments such as hair cell damage (Hastings et 82 al. 1996; Wysocki et al. 2007) or a shift in their hearing threshold (Enger 1981; Smith et al. 83 2006). Finally, behavioural changes have also been seen in response to loud sounds with changes 84 in overall behaviour level (Ona & Godø 1990), feeding behaviour (Payne et al. 2014) and 85 predator/prey interactions (Sabet et al. 2015; Simpson 2016). While these individual effects are 86 informative, more integrative work may more accurately identify possible noise effects on fish. 87 88 Thus, increased efforts on integrative studies in freshwater fish will help to better understand possible effects on anthropogenic noise in aquatic environments. 89

Here we take an integrative approach to examine potential impacts of noise on the
phenotypic responses of black bullhead *(Ameiurus melas)*, a species hypothesized to have
specialized hearing capabilities based on previous research on Siluriformes (Poggendorf 1952;
Kleerkoper & Roggenkamp 1959; Lechenr & Ladich 2008) and located within the Laurentian

Great Lakes where there is significant commercial and recreational boat traffic. To obtain a 94 holistic measure of the phenotypic response to noise in this species, we measured behavioural, 95 physiological and morphological changes across biologically relevant noise levels. First, we 96 examined the impacts of noise levels at 140 dB re 1µPa RMS (ranging in frequency from 100-97 10,000 Hz) on bullhead behaviour and physiology, and then to further explore these results we 98 99 exposed fish to differing intensities of noise (160 and 170 dB re 1µPa RMS; 100-10,000 Hz) across two time points, 1 hour and 24 hours. We hypothesized that bullhead exposed to 140 dB 100 re 1µPa would exhibit behavioural changes, while bullhead exposed to 160 and 170 dB re 1µPa 101 would exhibit changes in behaviour, physiology and morphology in response to noise. More 102 specifically, we hypothesized that bullhead under acute noise exposure would exhibit 103 behavioural and physiological responses to noise, while those with chronic exposure will exhibit 104 physical damage to hearing-related tissues. 105

#### 106 Methods

#### 107 *Experimental Design:*

All work was conducted under approved Canadian Council for Animal Care (CCAC) protocols 108 (University of Windsor AUPP 14-11). Non-reproductive black bullhead, ranging from 22.02-109 117.60g were obtained from a fish farm in Harrow, Essex County, Ontario (42°01'14.5"N 110 83°00'04.1"W). Due to the constraints of catching wild/farmed fish these species were a range in 111 size. Fish were housed at a temperature of 22.2°C and a pH of 6.5-7 in animal guarters at the 112 113 University of Windsor. The fish were fed daily and kept at a 12:12 light-dark cycle to mimic natural conditions, however as these species prefer dark environments all housing tanks were 114 covered with black garbage bags and opaque tank covers. 115

Noise levels were collected from housing and experimental tanks using a hydrophone 116 system (Inter Ocean system inc. - Acoustic Calibration and System Model 902) and, where 117 possible, using a waterproofed accelerometer (model 4524 cubic triaxial deltatron, Brüel & 118 Kjær) to estimate noise levels as pressure and particle motion. Both the hydrophone and the 119 accelerometer were suspended in the middle of the tank and both were used because the fish ear 120 121 is fundamentally responsive to acceleration but pressure measurements are more easily understood for those concerned about noise exposure in a field setting (see Hawkins & Popper 122 2018). We also recognize the inherent problems with complex acoustics in small tanks 123 (Parvulescu 1964; Rogers et al. 2015) but the current set of experiments would not be possible in 124 a field setting and can still provide useful information about possible noise effects. The 125 background noise in the experimental tanks was below 120 dB re 1  $\mu$ Pa RMS and below the 126 noise floor of the accelerometer system. Bullhead likely detect both pressure and particle 127 components of sound, as can other Ostariophysan fishes (Higgs et al. 2006), but because we 128 129 ultimately want to refer these results to levels experienced in the natural habitats where anthropogenic sound is most relevant, and where particle motion is still difficult to accurately 130 measure, more emphasis is placed on the pressure units. 131

Two noise experiments were conducted, the first consisted of 140 dB re 1  $\mu$ Pa treatment and the second consisted of a 160/170 dB re 1  $\mu$ Pa noise treatment, however both treatments played the same boat noise file (Fig. 1). Boat noise was recorded from a recreational vessel using a hydrophone (Loggerhead Instruments, Model # HTI-96-Min/3V/Exp/LED) placed at a depth of approximately 2m at a distance of 4m from a boat launch in a local Great Lakes habitat (Chewitt bay, Ontario, Canada). This sound file was then played through an underwater speaker (UW-30, Lubell Labs) at 140 (equivalent to -54.84 dB re 1m s<sup>-2</sup>), 160 (equivalent to -50.61 dB re 1m s<sup>-2</sup>)

139	and 170 dB re 1 $\mu$ Pa (equivalent to -46.55 dB re 1m s <sup>-2</sup> ) (all sound levels are in RMS; Fig. 1).
140	Only one recording was chosen to standardize the exposure across treatments so we do not
141	expect these results to necessarily reflect all boat recordings possible (see Slabbekoorn & Bouton
142	2008).

143	The experimental setup included an underwater speaker (Electro-Voice UW-30),
144	connected to an amplifier (Scosche SA300), a 12 Volt PBS car battery for power and an mp3
145	player to play the noise (Sony Walkman NWZ-E464). The speaker was placed in the middle of
146	the tank and background noise was quantified using a hydrophone which measured decibel levels
147	at 8 locations and two depths in the tank, and reliably ranged from 116-122 dB re $1\mu$ Pa.

During the 140 dB re 1  $\mu$ Pa level experiment, six individual bullhead (total n=60), similar in size, were randomly collected from housing tanks and added into separate plastic experimental tanks (55 liters) in a dark room equipped with red light, a PVC shelter, an underwater speaker and single air stone in each tank. During the high intensity noise experiment (160/170 dB re 1  $\mu$ Pa), three fish (total n=24) similar in size were added into one plastic experimental tank, with the same set-up as the lower intensity experiment, however equipped with three PVC tubes so each fish could have an individual shelter (Fig. 2).

155 Behavioural Assays:

During the first experiment (140 dB re 1µ Pa level noise exposure) (n=60), six bullhead were given an acclimation time of one hour after which a baseline control treatment took place for four hours followed by a four-hour noise treatment (Fig. 3a). There were two separate controls for this experiment, a "baseline control" and a "non-treatment control". The baseline control took place after the acclimation period but before the noise was played (Fig. 3A), while the non-

treatment control replicated entire experimental conditions without the presence of noise (Fig. 3). 161 To quantify a change in behaviour, experiments were recorded using a GoPro Hero3+ (Go Pro). 162 Sheltering and general swimming behaviours were analyzed and compared during the last hour 163 of both the baseline control and noise treatments. We quantified a sheltering response when the 164 fish were residing in Polyvinyl chloride (PVC) tubing (one tube in each tank) and activity levels 165 166 were quantified as a measure of time spent swimming throughout the videos. Activity and sheltering accounted for the total behaviours observed during the experiment. 167 Based on the results from 140 dB re 1µ Pa we decided to perform a second experiment to 168 observe the impacts of higher noise levels on bullhead (160 dB re 1µ Pa and 170 dB re 1µ Pa). 169 170 During the second experiment black bullhead (n=24) were exposed to either 160 or 170 dB re 1µ Pa of boat noise for either one hour (short period acute noise exposure) or twenty-four hours 171 (long-term acute noise exposure). Three bullhead were placed in the experiment tank (as opposed 172 to six bullhead in individual tanks as performed in the lower intensity experiment) and allowed 173 to acclimate for one hour before noise treatment (at either 160 or 170 dB re 1µ Pa) began. Two 174 separate controls (baseline and non-treatment) were also implemented for this experiment. 175 During short period noise exposure (1 hr), fish acclimated for one hour, after which a one-hour 176 baseline control treatment began followed by one hour of boat noise (at either 160 or 170 dB re 177 178  $1\mu$  Pa) (Fig. 3b). During the long-term noise exposure (24 hr), fish were also allowed to acclimate for one hour, followed by a one-hour baseline control treatment and then 24 hours of 179 boat noise (at either 160 or 170 dB re 1µ Pa) (Fig. 3c). To keep consistency in behavioural 180 videos, we recorded the fishes' behaviour during the last hour of the long-term noise experiment. 181 There were two experimental replicates (n=6) for both short and long-term acute exposure 182 experiments, at both 160 and 170 dB re 1 $\mu$ Pa, totalling 24 fish (Fig. 3c). We quantified 183

sheltering response and activity levels using the same methods presented in experiment 1. Noise
experiments started at approximately the same time each day to avoid diurnal differences in
behaviour

187 *Physiological Assays:* 

At the end of each experiment, bullhead were anaesthetized using 2-phenoxy ethanol (SIGMA-188 ALDRICH Product #: 1 mL of 2-phenoxy ethanol per 2 L of water) and each tail was removed 189 within two minutes so that blood from the caudal artery could be collected using a heparanized 190 191 capillary vial. Once blood was collected, the fish were decapitated and heads fully submerged in paraformaldehyde (4%) for preservation before further dissection of ears. Plasma was isolated 192 via centrifugation and cortisol was subsequently extracted from the plasma using a standard 193 194 ELISA protocol. Cortisol levels were determined using a commercially-available enzyme immunoassay (Cayman Chemical Company, Ann Arbor, MI) with assays performed according 195 to kit instructions. Before beginning assays, a pool of black bullhead plasma was assayed both 196 raw and after dichloromethane extraction. Serial dilutions of both were found to be parallel to the 197 standard curve. As extracted samples showed reduced values due to recovery losses and raw 198 plasma showed no indication of interference, samples were run on raw plasma without 199 extraction. To ensure sample cortisol values fell within the kit detection range, bullhead samples 200 201 were assayed at 1:20 dilution (10uL of plasma and 190uL of assay buffer). Sample concentrations were determined using an 8 point standard curve run in duplicate on each assay 202 plate. Standards ranged in concentration from 4000pg/mL to 6.6pg/mL while the minimum 203 detection limit of the assay is 35pg/mL. At the end of incubation, the absorbance values for each 204 205 well were measured at 412nm using a BioTek Synergy H1 plate reader. All samples were

assayed across 7 plates yielding an inter-assay variation of 19.96% and intra-assay variation of
5.3% for bullhead.

208 *Ciliary Bundle Counts:* 

The catfish saccule is an irregular structure, twice the length of the lagena with rounded 209 anterior/posterior ends (Jenkins 1977), the saccule location in bullhead was determined based on 210 the schematic depicted in Jenkins (1977) (Fig. 4c). Saccules were dissected (using a Leica L2 211 10445930 dissecting scope) from 1 of every 6 bullhead ears randomly selected from the low 212 intensity noise experiment (total n=6), and 1 of every 3 bullhead from the high intensity noise 213 214 experiment (total n=8). After saccules were collected, they were preserved in paraformal dehyde (4%) until stained with 12.5 µl of fluorescent green phalloidin mixed with 200 µl of phosphate 215 216 buffer (Higgs et al. 2002). Once saccules were properly stained, ciliary bundles of hair cells were visualized through images collected from a Leica microscope, (Leica DM IRB inverted 217 fluorescence microscope, Las A.F. 4.5). As there are thousands of ciliary bundles of hair cells 218 219 present along the saccular epithelium (Higgs et al. 2003), ciliary bundles were counted in three regions along the anterior, middle and posterior saccule using a magnified view of the 220 epithelium. Images were imported into Adobe Photoshop (V3.0; Adobe Systems) to create 3 221 identical boxes of 225  $\mu$ m<sup>2</sup> cm in size (in magnified view) representing 19% of the total saccular 222 223 area (Higgs et al. 2003) (Fig. 4). Ciliary bundles within each box were then counted using Image 224 J software (NIH) (Fig. 4). Hair cell damage was characterized as a difference in absolute number of ciliary bundles between fish exposed to noise and control fish. Comparisons in ciliary bundles 225 of hair cell number were made between bullhead in the no-treatment control and sound exposure 226 227 experiments.

#### 228 Statistical Analyses

Both controls (baseline and no- noise treatment) in the two experiments yielded similar 229 behavioural results, therefore for the purposes of this study, statistics are only reported for 230 comparisons between the baseline control and noise exposure treatments. There was no 231 difference in activity levels between the acclimation period and the no-noise control period, thus 232 time of residence in the tank was accounted for. Once data were collected, a one-way analysis of 233 variance (ANOVA), designating fish ID as a random factor, was performed using SPSS (IBM, 234 2014) to analyze behavioural differences of black bullhead when exposed to noise. Ciliary 235 bundle data were analyzed using an independent sample t-test between no-noise controls and 236 237 noise exposures, designating hair cell position as a random factor. To examine differences in cortisol levels, data were log-transformed (as cortisol data were not normally distributed) and an 238 ANOVA was performed on differences between no-noise control animals and noise exposed 239 240 animals. The dependent variables in this experiment were: behavioural markers (activity/sheltering response), cortisol levels and ciliary bundle count. The fixed factor in the low 241 intensity treatment consisted of sound exposure (no-noise control or 140 dB re 1µPa). 242 During the second high-intensity noise experiment (160 and 170 dB re 1  $\mu$ Pa), a one-way 243 ANOVA was also used to examine behavioural differences of bullhead during baseline control 244 and noise treatments. We used a Tukey-post hoc test to further investigate where differences 245 were present. Cortisol data were log transformed and analyzed using an ANOVA and ciliary 246 bundle data were compared using an independent sample t-test. The dependent variables in the 247

- high intensity treatment were: activity/sheltering, cortisol levels and ciliary bundle counts,
- however the fixed factor consisted of sound exposure (control or 160 or 170 dB re  $1\mu$ Pa) and
- time of exposure (short and long period acute exposure).

#### 251 **Results:**

When exposed to 140 dB re 1  $\mu$ Pa boat noise bullhead exhibited significant changes in 252 behavioural characteristics. Activity levels decreased from 2.63 to 0.97 (+/- 0.43 SEM) minutes 253 per hour when fish were exposed to boat noise played at 140 dB re 1 $\mu$ Pa (F<sub>1.5</sub>=8.4, *p*=0.034; Fig. 254 5a). Sheltering behaviour increased from 21.37 to 24.27 (+/- 1.21913 SEM) minutes per hour 255 when fish were exposed to noise ( $F_{1,5}$ =8.6, p=0.033; Fig. 5b). There was no significant difference 256 in cortisol levels relative to resting levels ( $F_{8.50}$ =4.2, p=0.184; Fig. 5c) exposed to 140 dB re 257 1µPa for four hours. When comparing ciliary bundle data in the control and noise treatment 258 during the 140 dB re 1 $\mu$  Pa noise exposure there was no significant difference in counts (t<sub>6</sub>= 259 0.78, *p*=0.902; Fig. 5d). 260

261 During the 160 and 170 dB re 1µ Pa noise exposure treatments, differences were present within the short period acute exposure experiment (1 hour) for both activity and sheltering. 262 Activity levels significantly decreased from 21.69 to 1.97 (+/-1.0 SEM) minutes per hour during 263 160 dB re 1 $\mu$  Pa exposure and from 21.69 to 8.90 (+/-1.0 SEM) minutes at 170 dB re 1 $\mu$ Pa (F<sub>2.12</sub> 264 = 32.987, p < 0.001; Fig. 6a). Sheltering behaviour significantly increased from 27.13 to 57.70 265 (+/- 0.80509 SEM) minutes during 160 dB re 1µ Pa and from 27.13 to 50.70 (+/- 1.85 SEM) 266 minutes per hour during 170 dB re 1 $\mu$  Pa when bullhead were exposed to noise (F<sub>2,12</sub> = 11.236, 267 p < 0.001; Fig. 6b). During the long period acute exposure (24 hour) there were differences in 268 269 both activity and sheltering behaviours. Overall, activity levels significantly decreased from 2.51 to 0 (+/- 0.034 SEM) minutes per hour at 160 dB re 1 $\mu$  Pa treatment and increased from 2.51 to 270 8.36 (+/- 1.0 SEM) minutes at 170 dB re 1µ Pa, (F<sub>2,12</sub> =9.989, p=0.002; Fig. 6a). Post-hoc tests 271 272 demonstrated significant differences in activity levels between the control treatment and 170 dB re 1µPa of noise (p=0.020) and between 160 and 170 dB re 1µPa (p=0.002), indicating that fish 273

were more active during longer (24 hour) exposure of 170 dB re  $1\mu$ Pa compared to the control 274 treatment. However, there was no significant difference in activity levels between the control and 275 160 dB re 1 $\mu$ Pa treatment (p=0.442). Sheltering behaviour differed overall when bullhead were 276 exposed to noise ( $F_{2,12} = 10.799$ , p = 0.001; Fig. 6b). Post-hoc tests indicated a non-significant 277 difference in sheltering between the control treatment and 170 dB re 1µPa (p=0.072) of noise 278 279 and also between control treatment and 160 dB re 1 $\mu$ Pa (p=0.095). However, bullhead sheltered more at 160 dB re 1µPa (60 minutes per hour) compared to 170 dB re 1µPa (50 minutes per 280 hour) (p=0.001). During acute exposure of both noise levels of 160 and 170 dB re 1µPa, bullhead 281 did not exhibit a change in cortisol levels compared to the control ( $F_{2,14} = 1.305$ , p=0.302; Fig. 282 6c). Cortisol data collected during the chronic noise treatment uncovered no significant 283 differences ( $F_{2.15} = 3.268$ , p=0.066; Fig. 6c). Post-hoc analyses revealed no significant difference 284 between cortisol levels in the no-noise control experiment compared to 160 dB re 1µPa 285 (p=0.147) and 170 dB re1µPa (p=0.992); and between the no-noise control and 170 dB re 1µPa 286 (*p*=0.075). 287

There was a significant effect of 160 and 170 dB re1µPa noise exposure on ciliary bundle 288 number ( $F_{2.30} = 18.458$ , p < 0.001; Fig. 6d), resulting in fewer ciliary bundles present in noise 289 treatments than no-noise controls. Post-hoc tests further uncovered a significant difference in 290 291 ciliary bundles of hair cells when comparing the no-noise control and 170 dB re 1µPa treatment (p < 0.001) during short term acute exposure. During long term exposure of noise, post-hoc 292 analyses determined a significant difference in ciliary bundle number between the control and 293 294 170 dB re1 $\mu$ Pa (p<0.001),160 vs 170 dB re 1 $\mu$ Pa (p=0.001), however there was not a significant difference between the no-noise control and 160 dB re  $1\mu$ Pa (p=0.062) (Fig. 6d). There was no 295 significant difference in the number of ciliary bundles present in each box placed along the 296

saccular epithelium in both control and exposed ears (p=0.0727), showing no regional effects of sound exposure on hair cell damage (Fig. 4).

#### 299 Discussion

Anthropogenic noise caused a change in behavioural characteristics and ciliary bundles in black 300 bullhead. Bullhead exhibited an increase in sheltering behaviour and a decrease in activity levels 301 even when exposed to 140 dB re1µPa and had fewer ciliary bundles when exposed to 170 dB 302 relµPa during both short and long period acute exposure. Noise pollution research is not 303 304 commonly studied in freshwater environments (Mickle & Higgs 2017), even though these environments are species rich and important economically and recreationally as we rely on fish 305 as a major source of protein for the world's population (16%) (Tidwell & Allan 2001). As such, 306 307 we would suggest that more resources be dedicated to better understanding possible fitness effects of anthropogenic noise in these critical habitats. 308

#### 309 Behavioural Responses

The decreased activity patterns demonstrated by bullhead when exposed to 140 dB re 1µPa 310 suggest this level of anthropogenic noise impacts behavioural responses which can be a 311 precursor to a physiological stress response (Eriksson & Van veen 1980; Valdimarrson & 312 Metcalfe 1998). Contrary to some literature (Smyly 1957; Lelek 1987), bullhead are not 313 normally sedentary in nature, but instead are mobile (usually under dark conditions) to detect 314 prey species and find suitable spawning habitats (Eriksson & Van veen 1980; Knaepkens et al. 315 2004). Research has indicated that fish can often exhibit avoidance behaviours (Ona & Godø 316 317 1990; Fewtrell & McCauley 2012) in response to noise; however, due to constraints of tank size, we used activity levels to indicate a change in behavioural characteristics. McLaughlin and Kunc 318

(2015) examined the behavioural impacts of boat noise on the convict cichlid (*Amatitlania nigrofsciata*) and found that although the presence of a boat noise increased time spent sheltering
and decreased spent time foraging, it did not alter their overall activity level. Activity effects in
bullhead may be due to the enhanced hearing capability of bullhead and suggests caution in
extrapolating effects between species with different hearing abilities.

#### 324 Physiological Responses

Cortisol levels were used as a measure of physiological stress when fish were exposed to noise 325 (Donaldson 1981; Wysocki et al. 2006; Barcellos et al. 2007). While our behavioural results 326 suggested that fish were showing a stress response, this was not indicated by the physiological 327 marker of cortisol level. This apparent discrepancy can be explained by the principle that animals 328 329 first respond to stress through a behavioural mechanism (Dawkins 2003; Moberg & Mench 2005). It is also possible that there was no clear pattern associated with cortisol data due to 330 sampling at the end of the experiment. If bullhead exhibited a spike in cortisol at the beginning 331 332 of the experiment when fish were first introduced to the noise, it is possible cortisol levels returned to baseline levels after a certain amount of time had passed. Thus, our findings do not 333 suggest that bullhead do not exhibit signs of physiological stress, to confirm this, more stress 334 markers such as: glucose, lactate, cardiac output and changes in oxidative stress or immune 335 response could be measured (Graham & Cooke 2008; Dantzer et al. 2014). Finally, physiological 336 responses are highly context specific and can be modified by a number of intrinsic and extrinsic 337 factors (Madliger & Love 2014). As a result, physiological stress and changes in growth and 338 condition may only be apparent after longer time periods or repeated exposures to noise 339 340 stressors, and the extent of these responses may be different during different life history stages (Dantzer et al. 2014; Shannon et al. 2016). 341

#### 342 *Ciliary Bundle Data*

Based on results obtained from the first noise treatment of 140 dB re 1  $\mu$ Pa, we decided to 343 expose bullhead to both short and long term acute periods of 160 and 170 dB re 1µPa to 344 determine what the impacts were at these higher noise levels. As fish were being housed in 345 communal tanks, we changed the experimental design during the higher intensity noise treatment 346 to more accurately represent normal housing conditions and reduce stress in the chronic 347 348 treatments that necessitated holding fish for longer time. Therefore, we had 3 fish in an experimental tank as opposed to 1 fish in 6 separate tanks. The boat noise played to the bullhead 349 at these higher noise levels is still ecologically relevant — small boats generally produce noise 350 ranging from 140-167 dB re 1µPa and merchant ships produce noise ranging from 178-192 dB re 351 1µPa up to an approximate distance of 2 m away (Arveson & Vendittis 2000; Amoser et al. 352 2004). Cargo ships have been shown to reach up to noise levels of 212 dB re 1 $\mu$ Pa at 1 m away, 353 this level can create shock waves emitted from the propeller (Arveson & Vendittis 2000). During 354 long term acute exposure, fish were less active at 160 dB re 1µPa but were more active during 355 170 dB re 1µPa when compared to the control. These behavioural effects may be attributed to the 356 ciliary bundle data; if there is a decrease in ciliary bundles of hair cells after both short and long 357 term acute stressors of noise played at 170 dB re  $1\mu$ Pa, bullhead hearing sensitivity will likely 358 decrease (Smith et al. 2003) so they may no longer perceive the noise to be as loud and therefore 359 stressful. If fish are no longer sensitive to the noise it is likely they will no longer exhibit signs of 360 stress, explaining why bullhead exposed to 170 dB re 1µPa for 24 hours did not exhibit a change 361 in cortisol levels and were more active during this treatment, even relative to the controls which 362 still had background noise present in the holding conditions. 363

Higgs and colleagues (2002) looked at regional differences in hair cell density along 14 regions 364 of the saccular epithelium of zebrafish and only found density differences at the caudal end of 365 the epithelium. Smith and colleagues (2003) counted hair cells along 4 locations (2500  $\mu$ m<sup>2</sup> size 366 boxes) along the saccular macula in goldfish, therefore, we focused on hair cell number along 367 three locations of the bullhead saccule. We found no significant regional differences in both the 368 369 controls and exposed ears. Previous research suggest topographic frequency dependent loss of hair cells in fish (Furukawa & Ishii 1967), however our boat noise file featured a broad spectral 370 range (100-10,000 Hz), limiting the topographic effect of frequency specific hair cell damage. 371

#### 372 *Future Considerations*

There are a few considerations when analyzing the current data. First, some fish have higher 373 374 baseline cortisol levels than others, which can cause variability in results. Second, cortisol levels fluctuate seasonally and diurnally (Laidley & Leatherland 1988); to avoid this confounding 375 variable, all experiments were started at approximately the same time each day, over the period 376 377 of three months. Due to the capture of live fish, we had a large size range in bullhead, however the fish were non-reproductive (fish were dissected to visualize presence of gonads) to avoid the 378 impacts reproduction could have on behaviour. As we did not test other sources of noise, we 379 cannot definitively say fish are responding to the boat noise specifically, however, we can 380 conclude that bullhead display behavioural changes and fewer ciliary bundles when exposed to 381 382 noise. As our research includes intensities of noise at 160 and 170 dB re 1 $\mu$ Pa, we need to determine the frequency of these noise levels in fishes environment. Most research involving 383 soundscape data is carried out in marine environments (McWilliam & Hawkins 2013; 384 385 Staaterman et al. 2014; Erbe et al. 2015) but the data that do exist for freshwater (e.g. Amoser et al. 2004; Graham & Cooke 2008) do indicate that anthropogenic noise levels in freshwater

387 ecosystems often exceed those used here..

Possible next steps for future study would be to measure sound levels in local areas 388 across areas such as the Great Lakes impacted by boat noise to determine the source, timing and 389 duration of noise levels. Further research is also needed to determine boat noise impacts on 390 freshwater fish with general hearing capabilities. Another component to consider is that the fish 391 were kept in captivity and could not escape, therefore in the wild fish may simply leave the area 392 to avoid the noise. However, depending on the noise source, health status of the animal and how 393 loud it is, this may not always be possible. Recommendations to decrease noise impacts on 394 freshwater habitats include: the addition of protected areas, restricting human access to specific 395 sites (particularly spawning grounds for endangered fish), the use of physical barriers to noise 396 and widespread quiet technology (Shannon et al. 2015). Noise pollution research is not 397 commonly studied in freshwater environments (Mickle & Higgs 2017), even though these 398 environments are species rich and important for human survival (Tidwell & Allan 2001). More 399 focus should be given to noise impacts on freshwater environments to be able to truly assess the 400 impact of anthropogenic stressors on survival and fitness of these key species. 401

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Figure1: A spectogram comparing the output of the boat noise file from the field and a hydrophone recording of the noise file collected from the experimental tank when played at 140, 160 and 170 dB re 1  $\mu$ Pa.





Figure 2: The experimental tank set-up used in both the 140 dB re 1  $\mu$ Pa and 160/170 dB re 1  $\mu$ Pa trials (although only one fish was placed in this tank during the 140 dB re 1  $\mu$ Pa trial). The test tanks were fitted into a Styrofoam holding structure and placed on top of two acetal plastic sheets, 2 cm thick, to minimize acoustic disturbance and vibrations from the floor.





#### Figure 3:

a) Six bullhead were placed in separate experimental tanks during the 140 dB re 1  $\mu$ Pa exposure experiment. Bullhead acclimated for one hour, after which time a four hour baseline control trial took place followed by a four hour treatment (either noise or silence). Bullhead were anesthetized and blood sampling took place immediately following the experiment.

b) Three bullhead were added into one experimental tank during the higher intensity (160 or 170 dB re 1  $\mu$ Pa) short-term acute noise experiment. Bullhead acclimated for one hour, followed by a one hour baseline control trial and one hour treatment (either noise or silence). Bullhead were anesthetized and blood sampling took place immediately following the experiment.

c) Three bullhead were added into one experimental tank during the high intensity (160 or 170 dB re 1  $\mu$ Pa) long-term acute noise experiment. Bullhead acclimated for one hour, followed by a one hour baseline control trial and a twenty-four hour treatment (either noise or silence). Bullhead were anesthetized and blood sampling took place immediately following the experiment.

A)







#### Figure 4:

a) A dissected bullhead ear is shown in this image, exposing the saccule, which is further sectioned into three identical boxes (15  $\mu$ m<sup>2</sup> in size in magnified counting view) to allow for hair cell counts.

b) A stained lagena in the bullhead ear is shown here to allow for comparison to the saccule. The hair cells in the lagena were not quantified.

c) A schematic of a catfish ear from Jenkins (1977) is referenced here as we used this diagram to help us identify the ear organs (u= utricle; l=lagena; s=saccule; sag= sagitta (saccular otolith)).



#### Figure 5:

a) Mean activity levels of black bullhead during exposure to 140 dB re 1µPa of boat noise and during control trials. Significant differences are indicated by different letters at the p=0.05 level, error bars are representative of mean (+/- S.E).

b) Mean levels of sheltering behaviour in black bullhead when exposed to 140 dB re 1µPa of boat noise and during control trials. Significant differences are indicated by different letters at the p=0.05 level, error bars are representative of mean (+/- S.E).

c) Mean log cortisol levels of black bullhead after exposure to 140 dB re 1  $\mu$  Pa of boat noise compared to controls. Significant differences are indicated by different letters at the *p*=0.05 level, error bars are representative of mean (+/- S.E).

d) Mean hair cell counts of black bullhead when exposed to 140 dB re 1µPa of boat noise and in control trials. Significant differences are indicated by different letters at the p=0.05 level. Error bars are representative of mean (+/- S.E).



#### Figure 6:

a) Mean activity levels of bullhead when exposed to 160 and 170 dB re 1µPa of boat noise at two time points. Significant differences are indicated by different letters at the p=0.05 level. Error bars are representative of mean (+/- S.E).

b) Mean sheltering levels of bullhead when exposed to 160 and 170 dB re 1µPa of boat noise at two time points. Significant differences are indicated by different letters at the p=0.05 level. Error bars are representative of mean (+/- S.E).

c) Mean cortisol levels of bullhead when exposed to 160 and 170 dB re 1µPa of boat noise at two time points. Significant differences are indicated by different letters at the p=0.05 level. Error bars are representative of mean (+/- S.E).

d) Mean hair cell counts of bullhead when exposed to 160 and 170 dB re 1µPa of boat noise at two time points. Significant differences are indicated by different letters at the p=0.05 level. Error bars are representative of mean (+/- S.E).