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Smoking to be banned on Parkland campus

PN Peter Cowley
Staff Writer

Governor Pat Quinn signed legislation on Aug. 17, 2014 to ban smoking on the campuses of all state-supported schools in Illinois, including the use of electronic cigarettes. On July 1, 2015, Parkland College will make the transition to a smoke-free campus, banning smoking on its school grounds.

Parkland's Campus Smoking Policy Task Force has been pushing to make Parkland a Smoke-Free campus for approximately three years before the state passed the ban. The Parkland Student Government has been taking ideas and suggestions from students to make the transition.

"We were trying to create a new policy specifically for Parkland," Vice President of Student Government Tara Welch said. "We had been throwing ideas around in the summer just to see if it would ever get picked up and noticed. A lot of our students transfer to the University of Illinois, so after seeing that they were able to pass a similar act, we thought it would be a great idea to follow."

Welch is now working with the task force, making sure that things are handled with the utmost of care.

What the community of Parkland will be focusing on at this point is making sure that there is a period of time set aside for educating the community about the Smoke-Free act. These changes will have to be visible to the public, which relies on marketing in Public Relations and subcommittee in the task force that will focus on marketing the change.

"We are a couple steps

ahead in the process," John Eby, Community Education Program at Parkland stated. "What we need to do within the next few months is understand how we will address, in a respectful manner, the information for a smoke free campus to the community. The law states that the campus population (students, staff, faculty and administration) are responsible for educating everyone else."

In a collection of general surveys and petitions, it shows that 73 percent of students asked said that there needed to be a change in Parkland's smoking policies such as better designated smoking areas, and stronger laws for smoking near doors, but not necessarily a smoke free act. 66 percent of the same amount of students surveyed said that Parkland should be completely smoke free.

There is a demand from the majority of students for the Smoke-Free act that is coming to campus.

Within the short time that is has been here, the new Student Union building has many littered cigarettes already decorating the grounds around it, which is one of the many issues that the new ban will solve.

How will student smokers prepare for such an act? Smoking a cigarette is often affiliated with stress relief, which is something that many struggling college students need at some point in the day. People who start college are more inclined to smoke cigarettes, as most are going through large amounts of stress from day to day, meaning that college students can become addicted to cigarettes quite easily without proper help.



Antonio Perez/Chicago Tribune/MCT
Cigarettes rank at the top of litter problems, for their ubiquity, toxicity and durability. Parkland College, in compliance with Illinois' smoking ban on all state-supported schools, will switch to a smoke-free campus on July 1, 2015.

Since the Smoke-Free act has been passed, and will be put into effect in 2015, no one expects current smokers to simply quit, which is why the Wellness Center, located in U112, now has "Quit Kits" that will help cigarette smokers through the process of throwing away the carton.

"People have the right to make the decision of quitting

on their own," Wellness Coordinator June Burch explained. "Anyone who makes the decision to quit smoking is free to walk into the student wellness center and ask for a Quit Kit. There are ones that will get you through a week, and some that will get you through the day. I will be happy to accommodate anyone who chooses to quit smoking

and requires help." These Quit Kits contain nicotine patches or gum that will help get a student through stressful times while also trying to quit smoking.

For more information on how you can quit smoking, visit the Wellness Center located in the Student Union building, room 112.

Study yields full genetic snapshot of Ebola virus

Deborah Netburn
Los Angeles Times

It's a murderer on a killing spree, and now it has a new - and remarkably complete - genetic mug shot.

An international team of scientists has sequenced the RNA of 99 Ebola virus samples collected during the early weeks of the outbreak in Sierra Leone. The feat, described Thursday in the journal Science, gives researchers a powerful new tool in their effort to contain the deadly virus.

"The genome sequence of a virus is the blueprint on which that virus is built," said Pardis Sabeti, the Harvard University geneticist who helped oversee the study. "Diagnostics are built on knowing that sequence; vaccines are also built using genome sequences. And if you want to build those as best you can, you want to know what the virus looks like today."

Scientists are already scouring that sequence for clues to help them design

effective drugs and vaccines. It could take years to find them all, said Sabeti, who studies infectious diseases at Harvard and at the Broad Institute in Cambridge, Mass.

For now, evidence embedded in the RNA reveals that the Ebola virus responsible for killing at least 1,552 people so far originated with a single transmission from an animal to a human in Guinea. It also shows that this lineage, which first emerged in humans in 2013, diverged from other variants of Ebola in 2004.

Sabeti and her team began sequencing Ebola samples in June, just days after the virus was detected in Sierra Leone on May 25. The results have been available to scientists on the National Center for Biotechnology Information's website since mid-June, almost as soon as the sequencing machines spit them out.

"We want to enable everyone in the scientific community to look at the genetic sequences at once and crowd-source a solution," she said.

The urgency for better treatments is real for Sabeti and her colleagues. Five of the study co-authors in Sierra Leone have died of Ebola since contributing to the research.

Among them were Dr. Sheik Umar Khan, who had 10 years' experience treating patients who contracted deadly viruses; Mbalu Fonnine, a senior matron of nursing and a midwife; lab technician Mohamed Fullah; and nurses Alex Moigboi and Alice Kovoma.

"It has been an emotional time for us," said study co-leader Stephen Gire, a research scientist at Harvard and the Broad Institute who studies the evolution of viruses. "It makes us want to work harder to get this information out there."

The 99 sequences described in the study were collected from 78 patients seen at Kenema Government Hospital during the first three weeks of the outbreak. Samples were taken twice from some patients so that researchers could see how the virus mutates in a

single person.

The hospital was primed for Ebola detection. Doctors and other staff there had been working with Sabeti's lab since 2007, using a variety of diagnostic techniques at an on-site lab to detect another deadly disease called Lassa fever. When the American team learned of the Ebola outbreak in nearby Guinea in March, it quickly helped the Sierra Leone hospital set up surveillance for that virus as well.

The hospital screened patients for two months before the first test came back positive. Since then, more than 1,000 people in Sierra Leone have had laboratory-confirmed infections; at least 422 have died, according to the World Health Organization.

Hours after the first Ebola case was detected in Sierra Leone, a member of Sabeti's team at Harvard got on a plane to help hospital workers prepare samples of the virus to send back to Boston for analysis.

The Sierra Leone team brought blood from patients directly to the Kenema Hospital lab, where it was spun in a centrifuge to separate the plasma from the red and white blood cells. Lab technicians then mixed a few drops of the plasma with a pink chemical solution that breaks down all the proteins, so the virus is no longer dangerous.

"It's sort of like how once you crack open an egg and cook it, those proteins can no longer become a chicken," Gire said. "We are essentially doing that to the virus, but we are using chemicals rather than heat."

At Harvard, the RNA was removed from the samples and converted to complementary DNA. This was used to construct "libraries" that could be fed into sequencing machines. The samples were analyzed enough times to get 2,000 reads for each DNA nucleotide, according to the study.

Members of Sabeti's team

See EBOLA on P. 5

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Fact or Fiction?

If someone is telling the truth, they will seem completely calm.

(Find the answer on page 3)

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News

Diverse local agriculture provides career options for students



Photo by Billi Jo Hart/Prospectus News

Shaun Simmons, Assistant at Autumn Berry Inspired, shows off the company's products at Urbana's Market at the Square on Saturday, Aug. 30, 2014.

PN Scott Barnes
Staff Writer

Agriculture majors at Parkland have a large amount of possible career choices after completing their degree, including forging their own definition of local agriculture in Illinois.

Jon Titus, Crop Science/Animal Science major and newly elected President of Parkland's Agriculture Club, is just one of these students. Because he had prior college credits, Titus did not qualify for the Pathway program to the University of Illinois, but Titus still intends to transfer to the University after he is finished with his courses at Parkland College.

For students like Titus, going into commercial farming is the most likely career path, but there are other options available. Professor Don Bergfield wants his students to be aware of the options available to them. "We cover sustainability in theory,"

Bergman explained. "I do this for my commercial Ag students because they need to understand that some of the practices that we have are not sustainable in the long term. They are sustainable in the short term, but we need to be thinking more long term."

It is important for students to be aware of the multiple aspects of farming, and what the future of agriculture might look like. In addition to sustainability, Bergfield would also like his students to learn how to grow their own food sources at home.

"Students would leave my class not having any idea how to feed themselves," Bergfield said. "That got to be kind of an issue for me; you should at least know how to feed yourself if you're trying to feed the world."

Bergfield teaches a crop science class in which students learn mostly about corn and soybeans, because those crops are easily grown locally, and that is where the jobs are. In an

effort to teach his students about more than just corn and soybeans, he requires his students to share reports on other crops, such as oats, blueberries, carrots and hemp. His hope is that these students will open their minds and learn about other food sources.

Local startup company Autumn Berry Inspired is a perfect example of students adopting a more comprehensive view on agriculture. Based on a sustainable organic farm in Urbana, the company uses berries from the autumn olive tree to create products such as jam and fruit leather.

According to the company's website, the Autumn Olive tree is native to the mountains of Eastern Asia and was first introduced to North America as an ornamental shrub. The tree quickly began to

See AG on P. 5



Photo by Billi Jo Hart/Prospectus News

Above is a view of an Autumn Olive branch, used by Autumn Berry Inspired to make products such as jams and fruit leather. Autumn Berry Inspired was one of the many booths open at Urbana's Market at the Square on Saturday, Aug. 30, 2014.

Annual Sweetcorn Festival returns to Urbana

PN Austin Jacobson
Staff Writer

From Friday, Aug. 22 to Saturday, Aug. 23, the 37th annual Urbana Sweetcorn Festival ruled Main Street in Urbana. Presented by the Urbana Business Association, the festival has become a haven for food, music and fun.

Many of the local businesses along the festival had closed by evening. The few that were still open had customers going in and out of them. Error Records was one of those stores.

Nathan Landolt, Owner of Error Records was busy working the counter of his record store during the festival. Landolt thought that the festival helped local businesses.

Food tents made up most of the attractions at the festival. The largest, one selling sweetcorn, used a 1917 Case steam tractor to cook the corn. The water from its boiler was pumped into a metal tub where the shucked ears were then cooked.

Many college students attended the Urbana Sweetcorn Festival. Student Jack Stevenson said he visited the festival for the food and the music, and felt as though the festival was a good thing for businesses in the area.

Tickets were used as currency to buy food from the vendors. Tickets were purchased at a separate tent from the rest of the vendors for one dollar per ticket.

The types of food varied between carnival foods like corn dogs and burgers to pizza and more exotic foods like Mediterranean and

Asian cuisines. There were also treats like ice cream and shaved ice available for purchase.

Sanitation was handled quite well. There was an abundance of trash cans, recycling bins and special bins for the disposal of devoured ears of sweetcorn. There were plenty of portable toilets for use by the patrons that were easy to locate throughout the festival.

At one area of the festival, a large station was set up where people could get plastic cups of water to drink for free. This was good for patrons attending as the temperature reached up to 88 degrees on Saturday.

In the center of the festival was a play area for kids. There were bouncy castles, an inflatable slide, an inflatable rock climbing wall, and several areas where the kids could play carnival games to win prizes.

Overall, the festival was a fun, community building experience. There were plenty of people having a great time and there was never a shortage of food, drinks, or music to entertain the masses. Next year's Urbana Sweetcorn Festival is a must attend for lovers of the festival atmosphere, good music, and of course, sweetcorn.

For more information on the annual Urbana Sweetcorn Festival, please visit <http://bit.ly/1zYKvHL>.



Austin Jacobson/Prospectus News

Above is a view of a 1917 Case steam tractor which was used to cook the corn at the Urbana Sweetcorn Festival on Saturday, Aug. 23, 2014.

Lifestyle

Pediatricians recommend more sleep and later school start times for teens

Deborah Netburn
Los Angeles Times

If you thought trying to get a groggy teenager out of bed in time for school each morning was your own private struggle, you thought wrong.

The American Academy of Pediatrics declared the chronic sleepiness of our nation's teenagers a public health issue in a policy statement Monday.

And to help fix the problem, the organization called for middle and high schools to push back their start times 30 minutes to an hour to allow students to get more rest.

"A substantial body of research has now demonstrated that delaying school start times is an effective countermeasure to chronic sleep loss," the organization said. "The American Academy of Pediatrics strongly supports the efforts of school districts to optimize sleep in students."

Sleep deprivation in teenagers is widespread. Eighty-seven percent of high school students in the U.S. are getting less than the recommended 8.5 to 9.5 hours of sleep, and high school seniors get less than 7 hours of sleep a night, on average, the AAP says.

In addition, 28 percent of high school students report falling asleep at school at least once a

week, while 1 in 5 say they fall asleep doing homework with similar frequency.

The exhaustion has serious consequences. The AAP reports that the average teenager in the U.S. regularly experiences levels of sleepiness similar to people with sleep disorders such as narcolepsy.

Adolescents are also at higher risk for car accidents resulting from drowsy driving. And, as many of us know from personal experience, lack of sleep affects mood, attention, memory and behavior control.

So can't they just go to bed earlier? The answer is: not really. Studies suggest that at the onset of adolescence, there is a delay in when the body starts to secrete melatonin, a hormone that tells the body it's time to go to sleep. Researchers have also found that it takes the adolescent brain longer to wind down and fall asleep after being awake for 14.5 to 18.5 hours than it does for people in other stages of life.

"This research indicates that the average teenager in today's society has difficulty falling asleep before 11 p.m. and is best suited to wake up at 8 a.m. or later," the AAP statement says.

As of the 2011-12 school year, 43 percent of U.S. public high schools had a start time before 8 a.m.

"When high school classes begin early in the morning, we ask teens to shine when their biological clock tells them to sleep," Timothy Morgenthaler, president of the American Academy of Sleep Medicine, said in a statement.

Studies have shown that when school starts later, it can help students get an additional hour of sleep per night, improve attendance rates, lower dropout rates, and even reduce the number of car crashes among adolescent drivers.

Whether a later start time improves academic performance is still up in the air.

The AAP acknowledges that later start times can be hard for schools to implement logistically, but they argue that it is worth the effort.

"Both the urgency and the magnitude of the problem of sleep loss in adolescents and the availability of an intervention that has the potential to have broad and immediate effects are highly compelling," they said.

(c)2014 Los Angeles Times

Daily alertness cycle

Morning alertness Late afternoon alertness Evening sleepiness

Healthy pattern
Mild fatigue; relieved by short nap

Nap zone

Strong fatigue
Often caused by inadequate sleep or irregular hours

Deep fatigue
Difficult to stay alert; may be caused by sleep apnea or other disorder

How to take a daytime nap
Nap in late morning or just after lunch

Light 10-minute nap may be long enough

Rest in a quiet, dark place away from interruptions

An afternoon nap leads to deep sleep that is hard to awaken from

© 2014 MCT
Source: Sara Mednick of Salk Institute; "Symptoms, Their Causes & Cures"
Graphic: Helen Lee McComas, Paul Trap

Back-to-school tips for all

Illinois Association of School Nurses

Students across Illinois are gearing up to head back to the classroom. To help families prepare, the Illinois Association of School Nurses (IASN) shares five simple items to their back-to-school checklist, ensuring a smooth transition into the 2014-2015 school year.

1. Get required physicals. Outside of any regularly scheduled checkup, remember that in Illinois, physicals are required for students entering kindergarten, 6th and 9th grade, as well as for students participating in sports activities.

2. Make sure your immunizations are up-to-date. Vaccinations are available to protect youth against 16 serious and potentially life threatening diseases, and many are required before students can begin classes. The state's vaccination requirements have changed slightly this year - the full list is available at <http://www.idph.state.il.us/about/pgci.htm>. Beginning next year, additional boosters to protect against meningitis will be required - it's never too early

to start conversations with your doctor to learn more about these immunizations and ensure that all requirements are met.

3. Go see the dentist. Although regular dentist visits are recommended, in Illinois, dental visits are required for students entering kindergarten, 2nd and 6th grade.

4. Schedule an eye exam, making sure needed prescription eyewear are obtained before the first day of school. A vision exam is required for kindergartners.

5. For parents of children with chronic health problems - such as asthma, diabetes, allergies, seizures, etc. - make sure you update your school nurse on any changes to your child's health or medication.

IASN promotes wellness and educational success of school communities by supporting, developing and advocating for professional school nurse leaders. To learn more visit www.iasn.org.

Healthy Living

5 and 5 for breakfast

A light, healthy breakfast can keep you from overeating at lunch.

5 grams of protein

Such as 1/2 cup of fat-free milk; leads to a slow increase in blood sugar; does not stimulate hunger later

5 grams of fiber

Such as piece of fruit, a slice of whole-grain bread; makes stomach feel full longer

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Source: WebMD, MCT Photo Service



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EBOLA

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donned face shields, disposable gowns and two layers of gloves as they assembled the sequencing libraries around the clock. As a result, the team was able to get the first samples up on the Internet just 12 days after it received them.

The achievement was "nothing short of breathtaking," said Dr. Anthony S. Fauci, director of the National Institute of Allergy and Infectious Diseases, who wasn't involved in the study.

"To get a whole genome sequence could take four or five months," added Charles Chiu, who studies viral metagenomics at the University of California, San Francisco, and was not involved in the study. "This is the largest sequence of Ebola viruses ever done, and they did it in less than a month."

The Ministry of Health and Sanitation in Sierra Leone was able to trace the country's first cases to a group of 14 women who attended the burial of a traditional healer in Guinea.

Ebola is transmitted through direct contact with infected blood, bodily fluids or organs, so it's likely these women contracted the disease while preparing the body for burial and handling it during the funeral.

Samples collected from 12 of the women were among those sequenced in the Science study, allowing the research team to discover that the

encounter with the healer brought two genetically distinct lineages of the virus into Sierra Leone.

Whether the healer contracted both strains of the virus while tending to Ebola patients and passed them on to her followers, or whether one of the strains came from another person at the funeral, may never be known.

Initial analysis of the genomic data has also helped the researchers understand the deeper history of the virus.

The first case of Ebola was documented in 1976, but the virus probably existed long before that, scientists say. Previous genetic studies suggest that an ancient Ebola ancestor may have been circulating in Africa as far back as 10,000 years ago.

When there is no Ebola outbreak, the virus continues to live in the bodies of animals - probably fruit bats - that can tolerate it.

When it does infiltrate the human bloodstream, it begins its dark work by attacking certain populations of white blood cells.

A swarm of virus particles bonds to the outside of the target cells and punches through the cell membrane. Once the virus gets in, it hijacks the host cell to make copies of itself. Then those copies burst out, and the process starts again.

Mistakes are bound to be made in the midst of all this copy-making, and these errors are called mutations. Some mutations could make the virus more or less potent.

If one arises in a stretch of RNA

that has been used to detect the virus, it could go unnoticed by current diagnostic tests.

The researchers found more than 340 permanent mutations that make the 2014 Western Africa Ebola virus different from all other previous Ebola viruses. For now, the significance of those mutations is unclear; in time, scientists will be able to tell whether the severity of this outbreak was preordained by the genome, Sabeti said.

"There are hundreds of mutations that separate it from previous viruses, and hundreds that have happened during its spread, and hundreds that happened during the three weeks we collected samples," Sabeti said. "Any one of those could have biological meaning, but at this stage we don't know what ones, if any of them does."

She and her team are working with health officials in Sierra Leone to collect more samples to track how the virus continues to change.

She is also looking at mutations that may interfere with diagnostics. Already, they have found five changes that could affect tests used to detect the virus.

The World Health Organization said Thursday that more than 20,000 could be infected before the outbreak is over, so many more tests will be conducted.

"We are mostly interested in helping with this outbreak," Sabeti said. "It's like nothing I've seen in my lifetime."

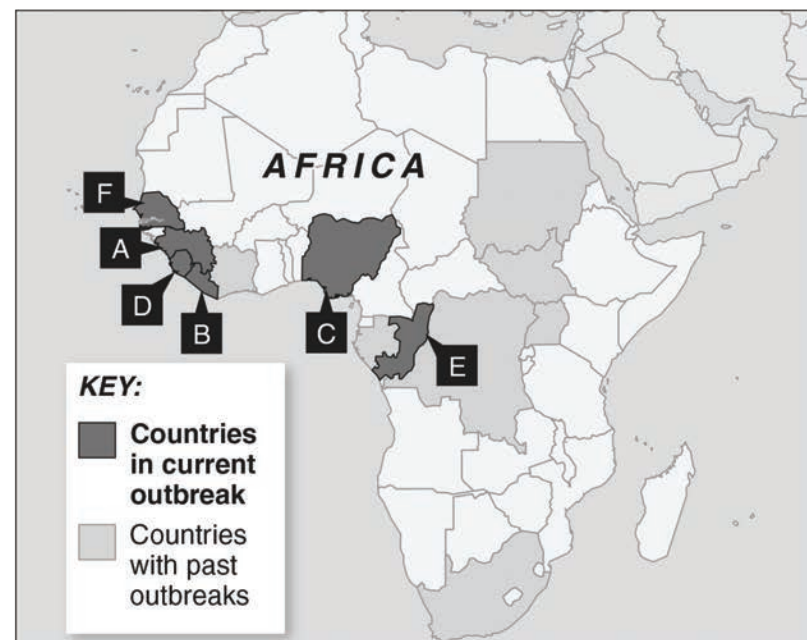
(c)2014 Los Angeles Times

Ebola reported in Senegal

A student from Guinea traveled to Senegal after being in close contact with the disease. He checked into a hospital in Senegalese capital Dakar and has been tested positive for Ebola.

NUMBER OF EBOLA CASES AND DEATHS as of Aug. 27

Country		Probable/suspected	Confirmed	Total of confirmed and probable/suspected
A Guinea	Cases	166	482	648 cases
	Deaths	143	287	
B Liberia	Cases	1056	322	1378 cases
	Deaths	469	225	
C Nigeria	Cases	4	13	17 cases
	Deaths	1	5	
D Sierra Leone	Cases	91	935	1026 cases
	Deaths	42	380	
E Congo	Cases	24	2	26 cases
	Deaths	13	0	
F Senegal	Cases	0	1	1 case
	Deaths	0	0	



Graphic: Staff
Source: Reuters, World Health Organization

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AG

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grow out of control, and is now labeled as an invasive species. Therefore, a lot of commercial farmers want the trees removed from their land.

Founder of Autumn Berry Inspired, Dustin Kelly, saw the tree in a different way. He appreciates the berries these trees produce, and utilizes them to create unique products.

"I realized there was a business opportunity in utilizing this local, if

not native, species," Kelly explained. "I saw how the concept of invasive soured the experience of nature for many people. They would say that they 'hated' this species and that one, calling them nasty and ugly, and the whole situation a 'disaster'."

Kelly hopes his business inspires other people to look at farming, and invasive species, in a different way. For him, starting the company was a way to show others the value of permaculture.

"Such an endeavor would be a boost to the economy by creating jobs, companies, and cooperatives," Kelly said. "Finally, there was the

opportunity for innovation and artistry, allowing craftspeople to create food and beverages from a new abundant local resource."

There are many different majors available within the field of agriculture, as well as concentrations on topics such as sustainability or organic farming. If you are a student interested in the agriculture courses offered here at Parkland College, you should visit the Counseling and Advising Center.

Students interested in learning more about the Ag Club should visit Student Life in the new Student Union.

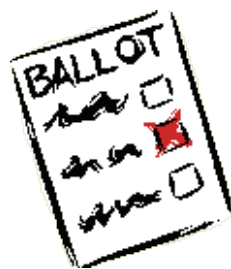
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Wanted-Seven Awesome Senators!

Want to be a part of Parkland's Student Government?



In mid-September, Student Government at Parkland College will hold elections for Senator positions. The Office of Student Life will be taking applications for the positions until Thursday, September 4, 2014.

So, what are the benefits?

- ◆ Have your voice heard
- ◆ Networking with faculty and staff
- ◆ Office space with your own desk
- ◆ Attend off-campus leadership conferences
- ◆ Interaction with all student groups on campus
- ◆ Assist with highly visible community philanthropic activities
- ◆ Gain valuable leadership and teamwork experience, which would look good on your resume

If interested please note the following timetable:

- 🍏 Pick-up an election packet in the Office of Student Life (U111) or from one of the Prospectus Newspaper racks on or before Thursday, September 4, 2014.
- 🍏 Application, petition, and essay must be turned in to the Office of Student Life in room U-111 by 5:00 p.m. on Thursday, September 4, 2014..
- 🍏 Candidates will attend a meeting in room U-114 at noon on Friday, September 5.
- 🍏 Student elections will be held September 15, September 16, and September 16 in the College Center.

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All Applicants must pass initial screenings

EQUAL OPPORTUNITY EMPLOYER

Sudoku (easy)

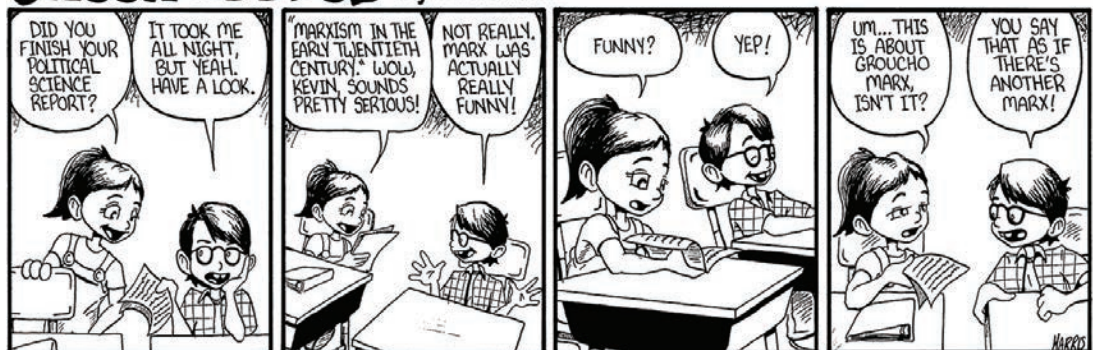
		4	1	9	8			
	1				7			4
9	2				6	1		5
6	4	5			1	8		
		8	5			2	4	7
4		6	8				1	9
3			9					7
			6	4	3	5		

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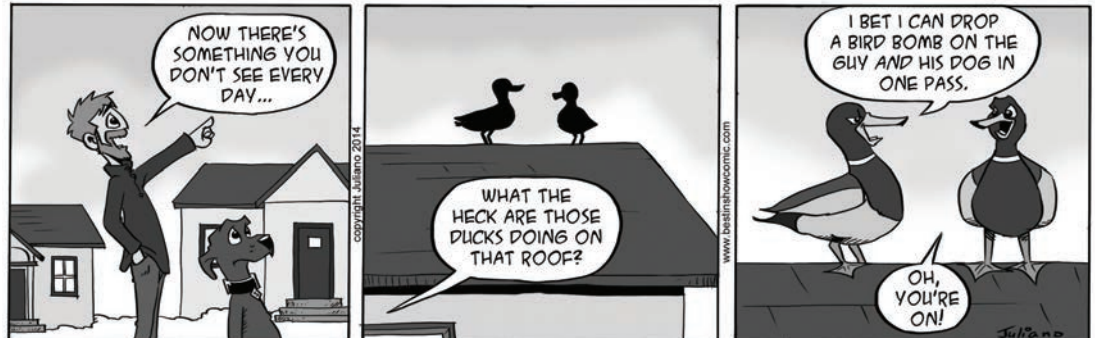
Imps! by Jeff Harris



GREEN APPLES by Jeff Harris



Best In Show



THE TV CROSSWORD

by Jacqueline E. Mathews

1	2	3	4		5	6	7				
8					9			10	11		
12					13						
14					15				16	17	
18					19				20		
		21	22				23				
		24					25				
26	27						28				
29					30	31			32	33	34
35					36				37		
		38	39					40			
		41						42			
								43			
								44			

Created by Jacqueline E. Mathews

7/7/13

ACROSS

- "Gomer Pyle, ___"
- "The ___ Couple"
- Hula ___; toy that's twirled around the waist
- Blockbuster miniseries based on an Alex Haley novel
- Morley of "60 Minutes"
- Instructed
- Destroy
- Former talk show host Larry
- "... the ramparts we watched..."
- Montgomery's state: abbr.
- "___ Along with Mitch"
- Sitcom about a deacon
- Kilmer and his namesakes
- Certain graduate exams
- Wallach and Marienthal
- Madigan and Poehler
- "77 Sunset ___"
- "Dharma & ___"
- Cleaning cloths
- "Able was I ___ saw Elba"
- Company that made early computers, for short

- "Message ___ Bottle"; Kevin Costner movie
- "Woe is me!"
- As busy as ___
- McNichol of "Empty Nest"
- Ashley or Mary-Kate
- TV brand
- Money, slangily
- Berry or Olin
- Comfy rooms

DOWN

- Do-it-yourselfer's moving truck
- Actress on "Modern Family"
- Quality faucet maker
- Life-saving procedure, for short
- Tree-climbing ape, for short
- Role on "The King of Queens"
- "___ the Bounty Hunter"
- Actor on "Criminal Minds"
- "Real ___"; movie for Hugh Jackman
- Mexican Mrs.
- "Cat on a Hot ___ Roof"
- "___ of the Dragon"; Bridget Fonda film
- Many hospital workers, for short
- Lose one's footing
- Actor ___ Gross
- MacGraw and Larter
- Actor ___ Katz
- Grows older
- ___ Lanka
- Military vehicles
- Pianist/singer ___ John
- Younger son of Frank and Marie Barone
- Red veggies
- "___ in Trees"
- "___ sow, so shall ye reap"
- ___ vera; hand lotion ingredient
- Pen contents
- "The New Adventures of ___ Christine"

Solution to Last Week's Puzzle

V	A	N		L	A	U	R	A		C	S	I				
E	T	A		A	S	N	E	R		A	P	T				
R	E	D		S	H	O	N	E		T	A	T				
B	A	I	O	S					N	A	N	N	Y			
				M	A	Y	I	M	B	I	A	L	I	K		
						L	E	A	R	N		S	P	Y		
							R	A	N							
				A	V	A		I	D	E	A	L				
				D	A	L	L	A	S	R	O	Y	C	E		
				M	O	L	L	Y		R	E	E	S	E		
				U	R	L		N	O	T	A	T	A	T	A	
				D	E	E		D	R	A	M	A	S	E	T	
				D	R	I		E	R	I	C	S		E	S	S

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7/7/13

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New Studio Apartments Now Available for Lease!



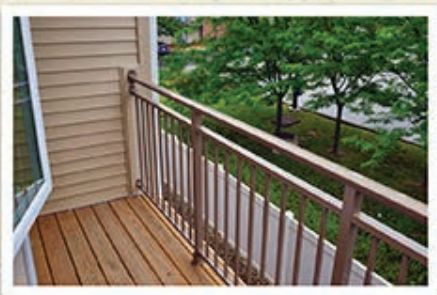
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Entertainment

Reviews of new pop music releases

The Philadelphia Inquirer

The New Pornographers "Brill Bruisers" (Matador 3 stars)

When the New Pornographers appeared in 2000, they were billed as a Canadian super group, but they're even more "super" now: Not only have the Pornographers established themselves as a reliable force over the course of their five albums, but the three principal vocalists - mastermind Carl "A.C." Newman, Dan Bejar of Destroyer, Neko Case - continue their increasingly ascendant solo careers.

But while their solo work is often tempestuous and introspective, in the Pornographers they're unreserved, effervescent, and joyfully communal. After the comparatively restrained Challengers and Together, Brill Bruisers returns to the incessant exuberance of the first pair of Pornos albums.

Ecstatic gang vocals, power pop guitars, some newfound interest in vintage synth sounds - these unify the album regardless of whether Newman takes the lead for the propulsive title track or Case anchors the flowing "Champions of Red Wine" or Bejar steps to the fore on the emphatic "Born With a Sound."

Ariana Grande "My Everything" (Republic 3 stars)

Grande, kiddie sitcom clown turned pluperfect pop star, delivers a follow-up to 2013's Yours Truly that is far more assured, albeit not as much fun.

There's great stuff here, especially "Break Free" with EDM wizard Zedd, "Break Your Heart Right Back," which features rapper Childish Gambino and cleverly quotes Diana Ross, and (on the deluxe edition of the album) "Bang Bang," her collaboration with Sister Sledgehammer - Jessie J and Nicki Minaj.

Grande's voice is a wonder: all the power and range of Mariah Carey with a more seraphic tone. But there's only one track here, "Hands on Me," with rapper A\$AP Ferg, on which Grande seems to abandon herself to the music the way she frequently did on her debut.

Everything else here sounds calculated. Impressive, but calculated.

Ty Segall "Manipulator" (Drag City 3 stars)

Ty Segall is so prolific as a solo artist, serial collaborator, and moonlighter in other people's bands that the buzz on Manipulator is all about how the Southern California

psych-rockers has slowed his roll to spend a whole year laboring on his seventh album.

The added effort pays off in sonic detail - the snarl of the guitars in "Who's Producing You," the rhythm-section chug that pushes the breezy "Feel" forward toward a head-spinning guitar freak-out.

Segall's sensibility is still retro - reference points are '60s hippie aesthetes like Love and Blue Cheer, and much of what he does would mesh nicely with the original Nuggets compilation, and he still has too many ideas for his own good.

But on the 17-track, slightly too long Manipulator, which effectively employs a string section on the tense "The Clock" and two other tracks.

He makes enticing garage rock that shimmers and shakes in the present, with his best character-sketch songs showing hidden depth beneath the gleaming surface.

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Wally Skaliy/Los Angeles Times/MCT
Ariana Grande arrives for the 56th Annual Grammy Awards at Staples Center in Los Angeles on Sunday, Jan. 26, 2014.

music downloads

Week ending Sept. 2, 2014



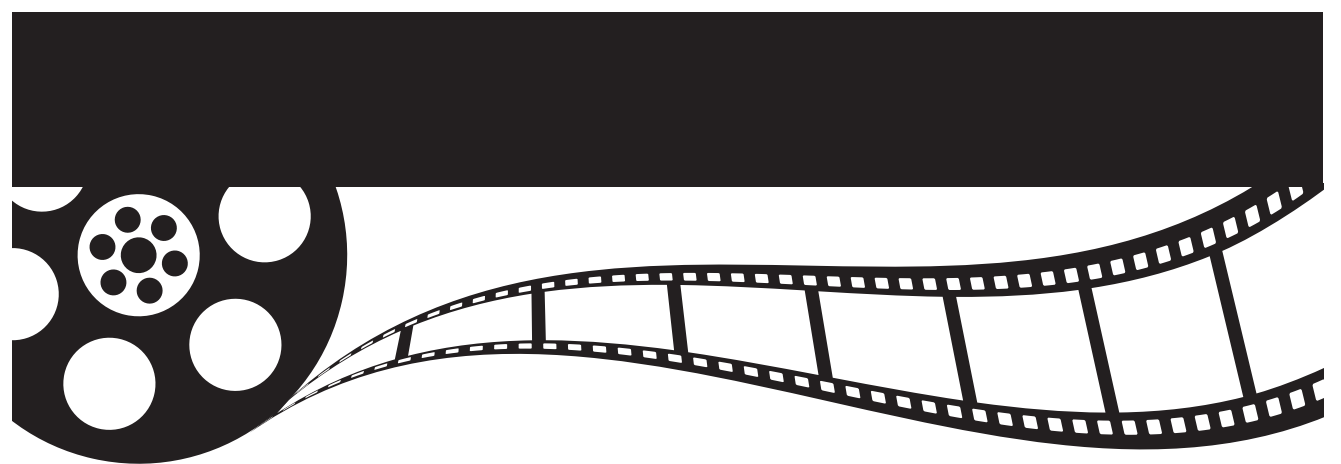
#1 Album
V • Maroon 5

Top tracks

- 1 *Shake It Off* • Taylor Swift
- 2 *All About That Bass*
Meghan Trainor
- 3 *Bang Bang* • Jessie J
- 4 *La La Latch* • Pentatonix
- 5 *Jackie and Wilson* • Hozier

Source: iTunes

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Movie picks

- ★ Outstanding
- Worthy effort
- ▼ So-so
- 💣 A bomb

McClatchy-Tribune
Chicago Tribune
Los Angeles Times
Phila. Inquirer

R	Sin City: A Dame to Kill For	▼	▼	💣	💣
PG 13	Teenage Mutant Ninja Turtles	▼		▼	▼
PG 13	What If	■	▼	▼	■
PG 13	Expendables 3	▼	▼	💣	💣
PG 13	If I Stay	▼	■	■	▼
PG 13	The Giver	▼	▼	💣	■

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