

From the Institute of Environmental Medicine,
the Unit of Experimental Asthma and Allergy Research,
Karolinska Institutet, Stockholm, Sweden

DEFINING THE ROLE OF MAST CELLS IN GUINEA PIG MODELS OF ASTHMA

Jielu Liu

刘洁露



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Cover illustration: The guinea pig airways before (left) and after repeated exposures to house dust mite extract (right). Several structural changes can be found: airway narrowing, goblet cell hyperplasia, thickening of basement membrane, subepithelial fibrosis, increased thickness of smooth muscle layer, recruitment of inflammatory cells and mast cell hyperplasia.

Defining the role of mast cells in guinea pig models of asthma

THESIS FOR DOCTORAL DEGREE (Ph.D.)

By

Jielu Liu

The thesis will be defended in public at Biomedicum, room A0315 (Peter Reichard), Stockholm, Friday the 3rd of June at 13 PM

Principal Supervisor:

Associate Professor Mikael Adner
Karolinska Institutet
Institute of Environmental Medicine
Division of Experimental Asthma and Allergy Research

Co-supervisor(s):

Professor Gunnar Nilsson
Karolinska Institutet
Department of Medicine, Solna
Division of Immunology and Allergy

Assistant Professor Jesper Säfholm
Karolinska Institutet
Institute of Environmental Medicine
Division of Experimental Asthma and Allergy Research

Professor Sven-Erik Dahlén
Karolinska Institutet
Institute of Environmental Medicine
Division of Experimental Asthma and Allergy Research

Opponent:

Professor Hans Jürgen Hoffmann
Aarhus University
Department of Clinical Medicine
Division of Respiratory Diseases and Allergy

Examination Board:

Associate Professor Mattias Carlström
Karolinska Institutet
Department of Physiology and Pharmacology
Division of Reactive Oxygen Radicals and Nitric Oxide in Renal and Cardiovascular Research

Professor Maria Jenmalm
Linköping University
Department of Biomedical and Clinical Sciences
Division of Inflammation and Infection (II)

Associate Professor Nanna Fyhrquist
Karolinska Institutet
Institute of Environmental Medicine
Division of System Toxicology

Focus is more important than intelligence, focus on what matters and let go what doesn't!

To my dearest family

POPULAR SCIENCE SUMMARY OF THE THESIS

All over the world there are more than 300 million people suffering from a respiratory disease called asthma. Individuals who have this disease usually have several symptoms such as cough, feeling shortness of breath and hearing the high-pitched sound when breathing (also called wheezing). These symptoms are due to the narrowing of the airways. Even though the main symptoms are similar, asthmatic subjects have different clinical characteristics allowing them to be clustered into different groups (asthma phenotype). Among all the asthma subjects, there is a group of people whose symptoms appear very early in their lives, and usually they are allergic to allergens. This group is defined as allergic asthma which is the most common type of asthma and takes up around a half of the asthma population.

Several features of allergic asthma have been defined. For example, the airways of these subjects will constrict if exposed to specific allergens (**allergen induced bronchoconstriction**). They have exaggerated responses to stimuli that healthy individuals usually do not respond or respond very weakly to (**airway hyperresponsiveness, AHR**). In addition, there are increased eosinophils in their airways (**eosinophilic inflammation**). Several airway structural changes can be found, such as the increased numbers of mucus secreting goblet cells, deposition of collagen in the airways and the thickening of smooth muscle bundle (**airway remodeling**). There are many evidence showing that asthma people have increased mast cells in their airways, indicating that mast cells are important in asthma. However, the role of mast cells in the development of the pathophysiological features in allergic asthma is not clear. Mice are commonly used to modeling human diseases for mechanistic research. However, the airways of mice differ from humans. In addition, the murine mast cells are scarce and respond differently to human mast cells. Thus, mouse is not an ideal specie for mast cell research. In contrast, guinea pigs have more similarities with humans anatomically, physiologically, pharmacologically, and also when it comes to mast cell distributions and responses. Thus, the aim of this thesis was to establish guinea pig asthma models using human relevant allergens: house dust mite (HDM) and cat dander extract (CDE). An additional aim was to investigate the role of mast cells in the asthma-like features in guinea pigs.

In **paper I**, we exposed guinea pigs to HDM solutions through the nose for seven weeks. Animals which inhaled these solutions demonstrated asthma-like features (*e.g.*, ‘allergen’ induced bronchoconstriction, AHR, eosinophilic inflammation, airway remodeling and an increase of mast cells). This model can be used further to define the role of mast cells in asthma.

In **paper II**, we investigated the time effect of HDM and CDE on the development of airway inflammation, airway remodeling and the increase of mast cells. Both ‘allergens’ induced airway inflammation and airway remodeling of guinea pigs after 4 weeks’ exposures and both features still could be found after 8- and 12-week ‘allergen’ exposures. The increase of

mast cells appeared after 8- and 12-week exposures. This increase was predominated by mucosal mast cells.

In **paper III**, we compared the responses of guinea pig trachea to ‘allergen’ (HDM) and another mast cell agonist Compound 48/80 (C48/80). We found that mast cell mediators (histamine, prostaglandins and leukotrienes) are important in both HDM and C48/80 induced contractions of guinea pig tracheal segments. Exposures to HDM and C48/80 induced the release of several mediators, including histamine, prostaglandin D₂ and leukotriene B₄. Compound 48/80 induced a broader release of lipid mediators than HDM, however, the leukotriene E₄ increased only after HDM challenge.

In **paper IV** and **V**, we identified that an antibiotic (monensin) can induce mast cell death. By exposing the guinea pig tracheal segments or human small airways to monensin, we found that the bronchoconstrictions induced by mast cell agonists (HDM or anti-human monoclonal IgE antibody) totally disappeared. Low dose of monensin did not affect tissue viability. In addition, the animals treated with monensin demonstrated reduced AHR, airway inflammation and mast cell numbers.

To conclude, HDM and CDE are suitable for allergic asthma model establishments in guinea pigs which can be used for studying the mechanisms behind asthma, especially the role of mast cells in the development of asthma. The mast cells in guinea pig airways can respond differently to ‘allergen’ and ‘non-allergen’ agonists. Monensin can be a useful tool to induce mast cell death. The ‘allergen’ induced airway constriction is mediated by mast cells both in guinea pig and human airways. An expansion of mast cells is important in the development of AHR and airway inflammation in the used guinea pig model. This PhD study facilitates further investigations of the role of mast cells in both allergic and non-allergic asthma.

ABSTRACT

Asthma is a common respiratory disease characterized by several pathophysiological features, such as allergen induced bronchoconstriction (in allergic asthma), airway hyperresponsiveness (AHR), airway inflammation, airway remodeling and mast cell hyperplasia. An increase of mast cells has been found in asthma patients. However, how these cells are involved in the development of asthma are not well defined. To investigate the role of mast cells in the pathophysiological characteristics of asthma, we established asthma models in guinea pigs, which have many similarities with humans, by exposing the animals to human relevant allergens: house dust mite (HDM) and cat dander extract (CDE). The involvement of mast cells in asthma-like features was investigated either by the addition of mast cell mediator antagonists or inhibitors, or inducing mast cell death.

In **paper I**, we repeatedly exposed guinea pigs to HDM via intranasal instillation for seven weeks and successfully recaptured the antigen induced bronchoconstriction, the production of HDM specific immunoglobulins, AHR, eosinophilic inflammation with an increase of IL-13, airway remodeling (*e.g.*, subepithelial collagen deposition and goblet cell hyperplasia) and mast cell hyperplasia. This model can be further used to study the role of mast cells in asthma.

In **paper II**, we exposed guinea pigs to HDM or CDE intranasally for different time. Both HDM and CDE induce airway inflammation and airway remodeling after 4 weeks' antigen exposures. These increases maintained after 8- and 12-week exposures. Exposing to both antigens for 8 weeks and 12 weeks induced a clear expansion of mast cells which is predominated by mast cells expressing tryptase. An increase of mast cells expressing both tryptase and chymase were also observed.

In **paper III**, we isolated guinea pig trachea for comparing the effect of different mast cell agonists (HDM and Compound 48/80 (C48/80)) on airway smooth muscle responses and mediator release. We found that histamine, prostaglandins and 5- lipoxygenase products mediated the bronchoconstriction induced by HDM and C48/80. Both agonists induced a release of histamine, prostaglandin D₂ and leukotriene B₄. However, distinct of lipid mediator profiles were observed. The leukotriene E₄ was only elevated by HDM, whereas C48/80 induced a broader release of lipid mediators.

In **paper IV** and **V**, we identified an antibiotic monensin that can induce mast cell death. To examine if monensin can be a tool for investigating the role of mast cells in asthma, we cultured guinea pig tracheal segments from HDM sensitized guinea pigs and human bronchi with different concentrations of monensin for different time. We found that monensin has robust effects on causing mast cell death and totally blocked the HDM (in guinea pig trachea) and anti-IgE (in human bronchi) induced bronchoconstriction after 2 to 72h exposure without affecting the general tissue viability at low concentration. In the *in vivo* investigations, we exposed the guinea pigs to HDM repeatedly with or without monensin interventions.

Monensin reduced the AHR, airway inflammation and mast cell hyperplasia in the HDM induced guinea pig model.

In conclusion, exposing to human relevant allergens (HDM and CDE) are suitable for modeling of allergic asthma in guinea pigs. The increase of mast cells by HDM and CDE helps to investigate the role of mast cells in asthma models. Mast cells in guinea pig airways can respond differently to antigen and non-antigen agonists. Monensin can be a robust tool to induce mast cell death. The antigen induced bronchoconstriction by HDM in guinea pig trachea and anti-IgE in human bronchi are purely mast cell mediated. Our findings emphasize that mast cells have important roles in the development of AHR and airway inflammation in the guinea pig model used in this PhD study. The findings in this thesis highlight the importance of mast cells in asthma and the models we developed can be used as important tools for defining the mechanisms behind asthma.

LIST OF SCIENTIFIC PAPERS

- I. Ramos-Ramírez P, Noreby M, Liu J, Ji J, Abdillahi SM, Olsson H, Dahlén SE, Nilsson G, Adner M.
A new house dust mite–driven and mast cell–activated model of asthma in the guinea pig
Clinical and experimental allergy. 2020; 50: 1184-1195.
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House dust mite and cat dander extract induce asthma-like histopathology with an increase of mucosal mast cells in a guinea pig model
Manuscript submitted.
- III. Liu J, Kolmert J, Säfholm J, Johnsson AK, Zurita J, Wheelock CE, Dahlén SE, Nilsson G, Adner M.
Distinct effects of antigen and compound 48/80 in the guinea pig trachea
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- V. Liu J, Nie M, Dong C, Säfholm J, Pejler G, Nilsson G, Adner M.
Monensin inhibits mast cell mediated airway contractions in human and guinea pig asthma models
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SCIENTIFIC PAPERS NOT INCLUDED IN THE THESIS

- I. Säfholm J, Abma W, Liu J, Balgoma D, Fauland A, Kolmert J, Wheelock CE, Adner M, Dahlén SE
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A recombinant multimeric dog allergen prevents airway hyperresponsiveness in a model of asthma marked by vigorous TH2 and TH17 cell responses
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CONTENTS

1	INTRODUCTION AND LITERATURE REVIEW	7
1.1	Introduction.....	7
1.2	Airway anatomy	7
1.3	Asthma definition	8
1.4	Asthma pathophysiology.....	9
1.4.1	Allergen induced bronchoconstriction.....	9
1.4.2	Airway hyperresponsiveness	10
1.4.3	Airway inflammation	11
1.4.4	Airway remodeling.....	13
1.5	Mast cells	14
1.5.1	Origin.....	14
1.5.2	Phenotypes.....	14
1.5.3	Mast cell receptors	14
1.5.4	Mast cell activation	15
1.5.5	Mediator release	16
1.6	Mast cells in asthma	17
1.6.1	Mast cells and epithelium	17
1.6.2	Mast cells and submucosa.....	17
1.6.3	Mast cells and airway smooth muscle	18
1.7	Targeting mast cells.....	18
1.7.1	Prevention of mast cell activation.....	18
1.7.2	Inhibition or antagonism of mast cell mediators	19
1.7.3	Interference with mast cell survival.....	19
1.8	Asthma models	19
2	RESEARCH AIMS	21
3	MATERIALS AND METHODS	23
3.1	Animals	23
3.2	Guinea pig sensitization and challenges	23
3.3	Guinea pig trachea and human bronchi dissection	24
3.4	Tissue organ bath and myography	24
3.5	Enzyme-linked immunosorbent assay (ELISA).....	24
3.6	Mass spectrometry.....	24
3.7	Whole-body plethysmography	25
3.8	Airway responsiveness test in flexiVent.....	25
3.9	Histology.....	25
3.10	Calculations and statistical analysis	25
4	RESULTS AND DISCUSSION.....	27
4.1	Establishment of an allergic asthma model in guinea pigs using house dust mite (paper I)	27
4.1.1	Summary	32

4.2	Defining the histopathology induced by repetitive exposures to house dust mite and cat dander extract in guinea pigs (paper II)	33
4.2.1	Summary	37
4.3	Comparison of responses induced by different mast cell agonists in guinea pig trachea (paper III).....	38
4.3.1	Summary	48
4.4	Investigation of the role of mast cells in asthma related features in human and guinea pig models (paper IV and V).....	49
4.4.1	Summary	58
5	GENERAL DISCUSSION	59
6	CONCLUSIONS.....	65
7	POINTS OF PERSPECTIVE	67
8	ACKNOWLEDGEMENTS.....	69
9	REFERENCES.....	73

LIST OF ABBREVIATIONS

AA	Arachidonic acid
AHR	Airway hyperresponsiveness
AIB	Allergen/Antigen induced bronchoconstriction
APC	Antigen presenting cell
Al (OH) ₃	Aluminum hydroxide
ASM	Airway smooth muscle
AUC	Area under curve
BALF	Bronchoalveolar lavage fluid
BPT	Bronchial provocation test
C48/80	Compound 48/80
CCh	Carbachol
CDE	Cat dander extract
COX	Cyclooxygenase
CRC	Concentration response curve
CYP450	Cytochrome p450
CysLTs	Cysteinyl leukotrienes
DHA	Docosahexaenoic acid
DHGLA	Dihomo- γ -linolenic acid
EAR	Early allergic reaction
EPA	Eicosapentaenoic acid
Fc ϵ RI	Fc epsilon receptor 1
FEV ₁	The forced expiratory volume in the first second
5-HpETE	5-hydroperoxyeicosatetraenoic acid
5-LOX	5-lipoxygenase
FLAP	5-lipoxygenase-activating protein
FOT	Forced oscillation technique
FWBP	Flow whole-body plethysmography
GAG	Glycosaminoglycan
HETE	Hydroxyeicosatetraenoic acid
HDM	House dust mite

Ig	Immunoglobulin
IL	Interleukin
ILC2	Type 2 innate lymphoid cell
LA	Linoleic acid
LAR	Late allergic reaction
LC-MS/MS	Liquid chromatography coupled to tandem mass spectrometry
LPS	Lipopolysaccharides
LT	Leukotriene
MC	Mast cell
MCh	Methacholine
MC _T	Mast cell expressing only tryptase
MC _{TC}	Mast cell expressing both tryptase and chymase
MCp	Mast cell progenitor
MRGPRX2	Mas-related G-protein coupled receptor X2
NGF	Nerve growth factor
OVA	Ovalbumin
PAS	Periodic Acid-Schiff
PEF	Peak expiratory flow
Penh	Enhanced pause
PG	Prostaglandin
PGDS	Prostaglandin D synthase
PGES	Prostaglandin E synthase
PGFS	Prostaglandin F synthase
PGIS	Prostaglandin I synthase
PIF	Peak inspiratory flow
PLA2	Phospholipase A2
PUFA	Polyunsaturated fatty acid
PWBP	Pressure whole-body plethysmography
SCF	Stem cell factor
SCG	Sodium cromoglycate
SER	Subepithelial area

Syk	Spleen tyrosine kinase
T2	Type 2
TGF- β_1	Transforming growth factor- β_1
Th	T helper
TSLP	Thymic stromal lymphopoietin
TX	Thromboxane
TXAS	Thromboxane synthase
WBP	Whole-body plethysmography

1 INTRODUCTION AND LITERATURE REVIEW

1.1 INTRODUCTION

The word ‘*asthma*’ is a noun derived from the Greek verb *aazein*, meaning shortness of breath. The earliest written record of asthma can be sourced back around 2800 years to the 8th century BC, where Homer depicted a warrior in the *Iliad* who died from asthma-like manners. Later, it was found that ‘*asthma*’ was first used as a medical term in the school of Hippocrates of Kos (c. 460-360 BC.)¹. In the year 1860, Henry Hyde Salter defined asthma as ‘*Paroxysmal dyspnea of a peculiar character, generally periodic with intervals of healthy respiration between the attacks*’. Spastic contraction of bronchial tubes was thought to be the mechanism behind asthma based on the dyspnea and the sounds of asthmatic patients²⁻⁴. Therefore, the treatment development for asthma was focused on bronchodilators in the beginning, such as theophylline, ephedrine, adrenaline, isoprenaline and selective β_2 -adrenoceptor agonists (*e.g.*, salbutamol, terbutaline, remiterol and fenoterol *etc.*) and anticholinergics (*e.g.*, ipratropium)²⁻⁵. However, the use of bronchodilators did not change the outcome of asthma, overreliance and overuse of β_2 -agonists, on the contrary, increased the mortality of asthma patients⁶. It was emphasized later that airway inflammation is crucial in asthma. Eosinophils, mast cells (MCs), lymphocytes and macrophages were found increased in the bronchoalveolar lavage fluid or bronchial biopsies of asthmatic patients⁷⁻⁹. Several treatments targeting mast cells or their mediators (*e.g.*, mast cell stabilizers and anti-histamines) demonstrated limited treatment effectiveness^{10,11}. As anti-leukotrienes have been shown in some studies to reduce asthma exacerbations in children and adults^{12,13}, they are now suggested as add-on therapies of asthma. Systemic corticosteroids, administered either intravenously or orally, have been shown to improve asthma outcomes^{14,15}. However, the long-term adverse consequences of systemic corticosteroids are apparent¹⁶. In contrast, inhaled corticosteroids, with less side effects, have been shown to reduce asthma symptoms and pathophysiological features by reducing inflammatory cells in the lung¹⁷. The use of inhaled corticosteroids revolutionized the treatment of asthma, and they are now regarded as the standard treatments for this disease. With the developed understanding of asthma immunology and pathophysiology, more and more biologics have been approved as treatments for specific asthma phenotypes (will be discussed later)¹⁸.

1.2 AIRWAY ANATOMY

The respiratory system, where gas exchange occurs, includes the airway tract and the lung. During respiration, ambient air passes through the upper (including nasal cavity, pharynx, and larynx) to the lower respiratory tract, also known as the conducting airways, which starts from the windpipe (trachea). The trachea is a ventilatory tube consisting of 18 to 20 membrane connected D-shaped tracheal rings with the C-shaped cartilages cover the anterior and lateral wall and the smooth muscle bundles in the posterior¹⁹. At the carina, trachea divides 20 to 23 times to bronchi (two main bronchus to the lobar, segmental and subsegmental bronchus) and bronchioles (conducting, terminal and respiratory bronchioles).

After passing the airway tract, air reaches the lungs (alveolar duct, sac, alveolus) for the exchange of oxygen with carbon dioxide in the blood stream²⁰.

Starting from the airway lumen, the conducting airways consist of epithelial layer, basement membrane, lamina propria (loose connective tissue), gland, smooth muscle bundle, cartilage, and fibrous membrane surrounded with vascular. The epithelium of airways changes from pseudostratified columnar epithelium in the trachea and bronchi to simple columnar epithelium in the bronchioles with a gradual reduce of mucus producing goblet cells, ciliated cells, basal cells but increase of club cells^{21,22}. In the bronchioles and alveolar, there are no mucus producing cells. Changes of glands and cartilages can also be found. For instance, the mucus glands are numerous in trachea, whereas the number of glands is reduced in the bronchi. The cartilages in bronchi become more complete circles. Furthermore, both glands and cartilages disappear in the bronchioles. In contrast, the airway smooth muscle bundle can be found from the trachea to the bronchioles.

1.3 ASTHMA DEFINITION

Asthma is now defined as a heterogenous respiratory disease with 1-18% people suffering worldwide. A proper diagnosis of asthma is based on recurrent respiratory symptoms, such as wheezing, chest tightness, dyspnea and cough, together with variable expiratory airflow limitation²³. The heterogeneity of asthma includes several aspects. First, asthmatic symptoms can be worsened by various stimuli, for instance, respiratory viruses²⁴ and allergens²⁵, exercise²⁶, and environmental and indoor pollutants^{27,28}. In addition, the asthmatic symptoms are viable, changing with weather or resolve with or without treatments. Moreover, the expiratory airflow limitation of asthma patients changes overtime and with treatments. However, not all asthmatic patients respond well to treatments. Depending on the demography, up to 4-10% of asthma population²⁹⁻³¹ respond poorly even with high dose of standard treatments. Therefore, these individuals are regarded as severe asthma who experience recurrent exacerbations, which affects their daily life quality and causes huge economic burden to society. Moreover, asthma is not a single disease, but an 'umbrella' of diseases with different clinical grouping features (phenotypes) and distinct underlying pathophysiological mechanisms (endotypes). In the beginning, asthma was simply classified into extrinsic and intrinsic asthma³² based on age of disease onset and atopy. Extrinsic patients usually start with an early disease onset and are allergic, while the intrinsic asthma develops later without clear allergies³³. However, these two phenotypes are not enough to group all asthma patients. By combining different clinical manifestations (disease onset, triggers, atopy, smoking history and BMI) with inflammation, more and more phenotypes have been defined, such as early-onset allergic, late-onset eosinophilic, exercise-induced, obesity-related and neutrophilic asthma³⁴. Among them, allergic asthma is the most common form (approximately 50%), with increasing prevalence in the younger population³⁵. Despite the differences, there are some pathophysiological features shared by asthma phenotypes including airway lumen narrowing, airway inflammation, mucus hypersecretion, airway hyperresponsiveness (AHR) and thickening of the airway wall³⁶.

1.4 ASTHMA PATHOPHYSIOLOGY

1.4.1 Allergen induced bronchoconstriction

When exposed to specific allergens, atopic asthmatics suffer from bronchoconstriction due to the early allergic reaction (EAR), which, in some patients (around 50%), are followed by a second phase of airway contraction, the late allergic reaction (LAR). The EAR, also known as immediate allergic reaction, usually starts within 10 minutes after allergen exposures, reaches maximal bronchoconstriction after 30 minutes and resolves within 1-3 hours, whereas the LAR develops slowly, generally appearing at least 3-4 hours, post allergen challenges³⁷. Mast cells are key players both in EAR and LAR. The EAR is initiated by the allergen-induced crosslinking of high-affinity IgE receptors (FcεRI) on the mast cells of sensitized individuals that causes the release of spasmogenic mediators, such as histamine, cysteinyl leukotrienes (CysLTs; LTC₄, LTD₄ and LTE₄), prostaglandin (PG) D₂ and thromboxane (TX) A₂ which cause bronchoconstriction³⁸. In addition to the above-mentioned mediators, mast cells release proteases, numerous cytokines, chemokines and growth factors which can recruit and activate inflammatory cells (*e.g.*, T cells, eosinophils, basophils and neutrophils). All these factors have properties to influence smooth muscle contraction, mucus hypersecretion, vasodilation and vascular leakage causing edema of airways inducing the LAR^{37,39}.

In specific clinics, bronchial allergen provocation test can be applied in the lower respiratory tract of allergic asthmatics to induce EAR and LAR⁴⁰. Spirometry is often used to identify the responses. A positive allergic response is defined as a drop of the forced expiratory volume in the first second (FEV₁) \geq 20% (EAR) or \geq 15% (LAR) of the baseline condition⁴¹.

In experimental settings, several techniques can be used to monitor antigen induced responses of animals, reflected as changes of lung functions. The ventilator-based technologies (*e.g.*, flexiVent) measure the lung mechanics of anesthetized and ventilated animals and are invasive and non-repetitive. Therefore, they can only be used at the terminations of animals. In contrast, the plethysmography (*e.g.*, whole-body, head-out or double chamber plethysmography) can be non-invasive and harmless to animals and provides repeatable measurements without anesthesia⁴². Thus, the non-invasive plethysmography can be used during the whole period of model establishments.

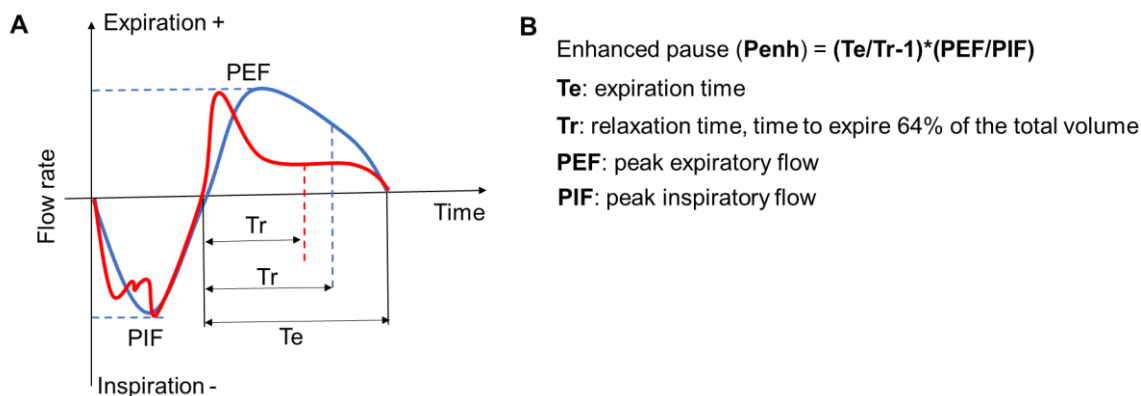
1.4.1.1 flexiVent

The flexiVent applies a method, namely forced oscillation technique (FOT), to give reliable measurements of the lung mechanics of animals. The FOT, which applies a single or broad band frequency waveform to the airway openings, measures the pressure, flow, and volume signals of the animals' responses to the applied waveforms. The measured input (impedance) is afterwards fitted into different mathematical models, such as single compartment model (for single frequency maneuver) or constant phase model (for broadband maneuver), to generate parameters that reflect lung mechanics⁴³.

From the single compartment model, three important parameters are obtained: Resistance (R), Elastance (E) and Compliance (C). The R reflects the overall constriction of the lung, whereas E resembles the general elastic stiffness of the airways, lung tissue and chest wall. The C is the reciprocal of E and stands for the ease to extend the respiratory system. With the constant phase model, the mechanics between airways and tissues can be separated reflected in three parameters, that are Newtonian resistance (R_n , reflecting the resistance of the central or conducting airways), tissue damping (G , reflecting the energy dissipation in the alveoli, represents the tissue resistance) and tissue elastance (H , as energy conservation in the alveoli)^{43,44}.

1.4.1.2 Whole-body plethysmography

Whole-body plethysmography (WBP) is a non-invasive technique for breathing measurements where enhanced pause (Penh), a parameter reflecting the shape of breathing curve⁴⁵, is computed (**Figure 1**). Two types of the WBP are broadly used in research: sealed plethysmography or pressure plethysmography (PWBP) and flow plethysmography (FWBP) with a pneumotachograph⁴⁶. With the PWBP, the Penh can be used to accurately predict airway resistance only under very strict conditions⁴⁷. In contrast, increased Penh was observed after exposures to spasmodic agonists in FWBP, and it is correlated with airway resistance^{45,46,48}. Though correlated, Penh is not a measurement of airway resistance. The bronchoconstriction can result in the increase of Penh, but the increase in Penh is not evidence for bronchoconstriction. Conditions that can affect animals' breathing patterns can also cause the change of Penh. For instance, a slight increase of Penh can be detected while guinea pigs fall asleep.



Blue curve: baseline breathing; **Red curve:** breathing of HDM sensitized guinea pigs after *i.n.* HDM challenge

Figure 1: Schematic drawing of guinea pig breathing waveforms and computation of enhanced pause in flow whole-body plethysmography used in this PhD study. (A) Breathing curve before (blue) and after (red) *i.n.* HDM challenge in HDM sensitized guinea pigs. (B) Computation of enhanced pause.

1.4.2 Airway hyperresponsiveness

Airway hyperresponsiveness is a crucial pathophysiological feature of asthma, which is defined as the excessive bronchoconstriction to stimuli that normally have no or very limited effects in healthy subjects⁴⁹. Clinically, bronchial provocation tests (BPTs) are used to

measure AHR. These include direct and indirect BPTs. The direct BPTs refer to the provocation by airway smooth muscle (ASM) cell receptor agonists, such as histamine, methacholine or CysLTs which bind to the H₁, M₃ and CysLT₁ receptors, respectively, that induce ASM contraction directly. The indirect BPTs use stimuli, such as allergen, mannitol or adenosine monophosphate that contract ASM indirectly by acting on inflammatory cells (*e.g.*, mast cells), causing the release of contractile mediators⁵⁰. Clinically, there are two components in the AHR, *i.e.*, the variable and fixed component. The former changes with environmental exposures and can be affected by treatments (*e.g.*, inhaled corticosteroids), the latter remains constant which mainly relates to the structural changes of the airways⁵¹. Direct BPTs usually reflect the persistent component whereas indirect BPTs reflect variable component of AHR⁵². The bronchoconstriction can either be accessed by spirometry measuring a 15-20% drop in FEV₁ or by respiratory mechanics by forced oscillation technique (FOT)⁴⁹. In animal experiments, FOT technique is broadly used to assess AHR⁵³.

1.4.3 Airway inflammation

Airway inflammation in asthma patients can generally be divided into two major types: type (T) 2 and non-type 2 (non-T2) inflammation. Furthermore, based on the increased proportion of eosinophils and neutrophils in induced sputum, four inflammatory subtypes are identified, that are: eosinophilic, mixed granulocytic (increase of both eosinophils and neutrophils), neutrophilic and paucigranulocytic inflammation (no increase of eosinophils and neutrophils)⁵⁴. The development of either T2 or non-T2 inflammation depends on the conditions of the asthmatic individuals and the exposures to different stimuli. However, both inflammatory types are influenced by responses of the airway epithelial layer which is the first line defense of airborne agents.

Airway epithelium works as both a physical barrier and airway modulator by releasing different cytokines, chemokines, growth factors, lipid mediators, extracellular matrix, protein mediators and gases to respond to external stimuli²². Asthma patients demonstrate impaired epithelial barrier with malfunction of tight junctions by losing of E-cadherin⁵⁵ and claudin-18⁵⁶. Meanwhile, some protease containing allergens, such as house dust mite (HDM)⁵⁷ and cockroaches⁵⁸, directly cleavage tight junctions, which increase the permeability of epithelial barrier. The inflammatory processes are initiated by exposing to allergens and other environmental triggers (such as diesel exhaust particles) that stimulate epithelial cells to produce alarmins, such as interleukin (IL) -25, IL-33 and thymic stromal lymphopoietin (TSLP)^{59,60}. These alarmins have potential to affect various immune cells (*e.g.*, dendritic cells, lymphocytes, type 2 innate lymphoid cells (ILC2s), mast cells, basophils and eosinophils).

1.4.3.1 T2 inflammation

The T2 inflammation, characterized as the presence of high numbers of eosinophils and T2 cytokines (*e.g.*, IL-4, IL-5, IL-9, and IL-13), accounts for around 50% of asthma⁶¹. Both adaptive and innate immune system are involved in the development of T2 inflammation, the

former relates to the typical allergic responses and the latter causes non-allergic eosinophilic inflammation.

The adaptive immune responses for T2 inflammation start with the access of allergens to subepithelial antigen presenting cells (APCs), primarily dendritic cells. The APCs recognize, process and present allergens to CD4⁺ T helper (Th) 0 cells in the nearby lymph nodes and polarize the cells to Th2 cells. Th2 cells together with ILC2s can produce type 2 cytokines. IL-4 causes the transformation of B cells into plasma cells where antibody class switching, and antigen specific immunoglobulin (Ig) E production occur⁶². The produced IgEs circulate in the blood stream, to reach, and bind to the surface of mast cells and basophils via FcεRI receptors. When allergen encounter the mast cells again and bind to allergen specific IgE bound to FcεRI, allergic reaction occurs. Mast cells release cytokines, chemokines and growth factors which facilitate the development of inflammation. Both IL-4 and IL-13 cause smooth muscle hyperreactivity^{63,64} and induce mucus secretion from goblet cells⁶⁵⁻⁶⁷. Interlukin-5 and IL-9 contribute to eosinophil recruitment and survival^{68,69}. Interlukin-5 promote the proliferation and survival of mast cell progenitors⁷⁰. Interlukin-9 induces mast cell hyperplasia⁷¹⁻⁷³. All these cytokines together contribute to the development of the T2 asthma (**Figure 2**).

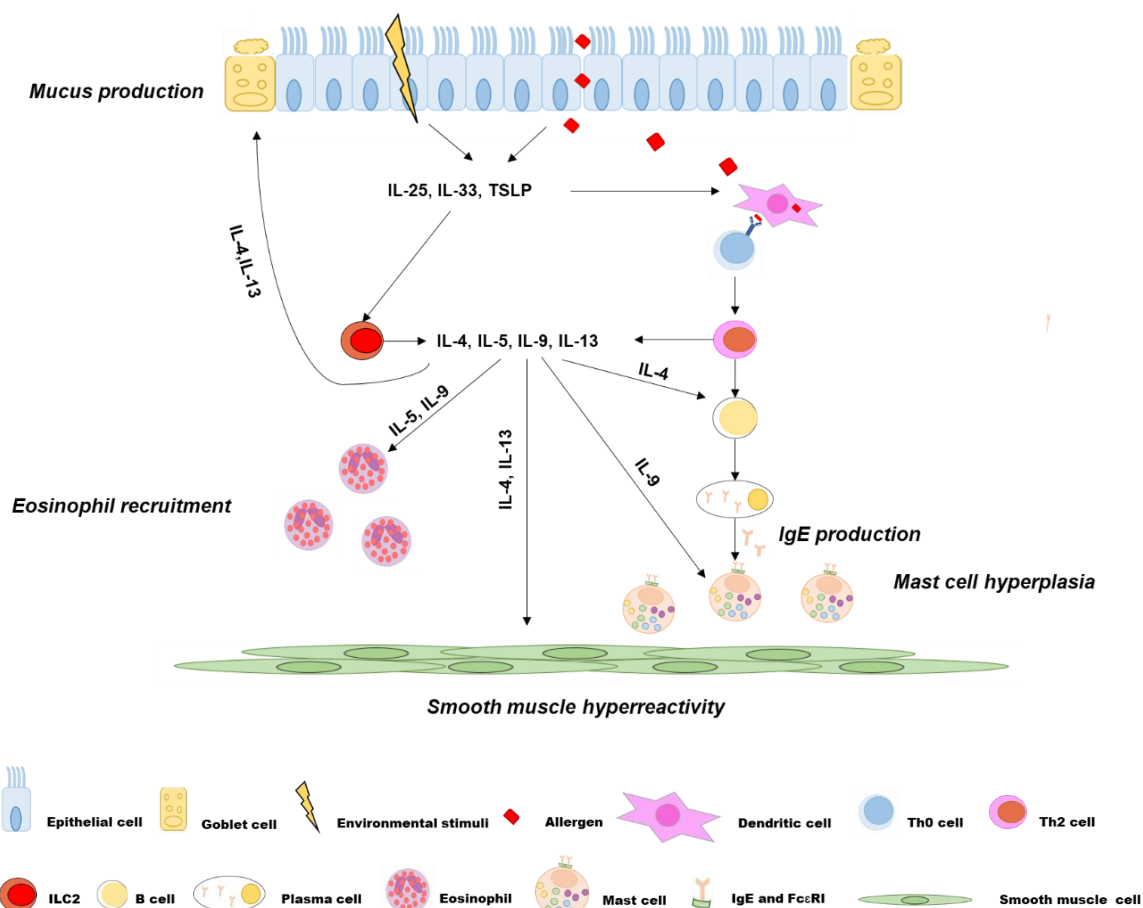


Figure 2: Schematic drawing of T2 inflammation

Biomarkers of T2 inflammation include sputum and blood eosinophils, fractional exhaled nitric oxide, periostin, allergen specific IgE, urine LTE₄ and PGD₂⁷⁴⁻⁷⁶. These biomarkers

often correlate with type 2 cytokines and can be used to guide treatments with anti-T2 biologics which are denoted as antibodies against specific T2 cytokines or their receptors⁷⁴⁻⁷⁶. In recent years, several biologics have been approved for severe asthma treatments. These including anti-IgE (Omalizumab), anti-IL-5 (Mepolizumab and Reslizumab) or IL-5R α (Benralizumab), anti-IL-4R α (Dupilumab, blocking signaling of both IL-4 and IL-13)¹⁸ and anti-TSLP (Tezepelumab)⁷⁷.

1.4.3.2 Non-T2 inflammation

Compared to T2 inflammation, non-T2 inflammation, including neutrophilic and paucigranulocytic inflammation (lack of inflammatory cells) of asthma, is less characterized. Several cells (Th1, Th17 and ILC3 cells) are suggested to be involved in non-T2 inflammation by releasing cytokines or chemokines, such as interferon- γ , TNF- α , IL-1 β , IL-6, IL-8 (CXCL8), IL-17A, IL-17F, IL-21, IL-22 and IL-23⁷⁸⁻⁸³.

Some stimuli can facilitate the formation of neutrophilic inflammation, such as viral infections^{84,85}, exposures to environmental pollutants (*e.g.*, ozone⁸⁶ and diesel exhaust particulates⁸⁷), smoking⁸⁸ and occupational chemicals (*e.g.*, toluene diisocyanate⁸⁹ and grain dust⁹⁰). By sensing those irritants (*e.g.*, through the pattern recognition receptors (PRRs)), the epithelial cells release IL-8 (CXCL8)^{86,88-90} and LTB₄⁹¹, which chemoattract neutrophils. Th17 cells are also able to enhance the recruitment of neutrophils by releasing IL-8⁹² and IL-17⁹³. Several non-T2 cytokines, *e.g.*, interferon- γ ⁹⁴, TNF- α ⁹⁵ and IL-17⁹⁶, have been shown to induce hyperreactivity of airway smooth muscle.

The mechanism for paucigranulocytic asthma is poorly understood. It is suggested that the altered neuronal control of smooth muscle might be involved in this type of asthma as the nerve growth factor (NGF) has been shown to induce AHR in murine models⁹⁷. Mast cells have been shown to be a source of NGF⁹⁸, therefore, the interactions between mast cells and nerves might also have roles in paucigranulocytic asthma.

1.4.4 Airway remodeling

Airway remodeling, another cardinal feature of asthma, refers to the structural changes of airways in asthmatics, including epithelium changes (*e.g.*, epithelium denudation, goblet cell hyperplasia and mucin hypersecretion)⁹⁹, submucosal glands volume increase^{100,101}, reticular basement membrane thickening, subepithelial fibrosis (the deposition of collagen I, collagen III and fibronectin¹⁰²), smooth muscle hyperplasia and hypertrophy¹⁰¹, extracellular matrix glycoprotein deposition¹⁰³ and increased bronchial wall vascularity¹⁰⁴. The onset of airway remodeling can be very early in childhood asthma¹⁰⁵ and in adult asthma patients¹⁰⁶.

However, due to the difficulties of investigations in humans, the mechanisms behind airway remodeling and its role in asthma are far from clear. Whether it is reversible or not after treatments needs to be further investigated.

1.5 MAST CELLS

Mast cells (MCs) are mononuclear innate immune cells filled with secretory granules which were first described and named by Paul Ehrlich in 1878¹⁰⁷. They have widespread distribution in the body, commonly at surfaces facing the external environment, such as skin, airways, and intestine¹⁰⁸. Mast cells recognize and respond to various internal and external agents, participating in both innate and adaptive immunity. They have important roles in physiological processes such as hemostasis, tissue repair and host defense against pathogens. Furthermore, MCs are also involved in many diseases including allergy, inflammatory disorders such as allergy and autoimmune diseases, heart disease and cancer¹⁰⁹⁻¹¹¹.

1.5.1 Origin

Human MCs are tissue resident cells originating from the yolk sac and CD34⁺ bone marrow hematopoietic MC progenitors (MCps)¹¹². Unlike other myeloid cells that circulate in mature forms, MCps enter the circulation as immature cells that migrate to barrier tissues such as skin, lung and gastrointestinal system, where they undergo differentiation, maturation and survival with the help of stem cell factor (SCF) acting on the KIT receptor (CD117), and other microenvironmental factors¹¹³⁻¹¹⁶.

1.5.2 Phenotypes

Human lung MCs are heterogenic with various phenotypes. Oversimplified, human MCs can be divided into two subpopulations according to the expression of neutral proteases, that are: MC_T (tryptase⁺/chymase⁻) and MC_{TC} (tryptase⁺/chymase⁺)¹¹⁷. The MC_T and MC_{TC} coexist in all lung compartments, where MC_T is the most abundant in the airways and parenchyma^{117,118}, MC_{TC} prevails in the pleura, and the numbers of the two phenotypes are about the same around pulmonary vessels¹¹⁸. Phenotypic changes can occur between MC subpopulations according to tissue environment¹¹³. There are site-specific MCs in the lung, which show distinct expression of receptors and enzymes¹¹⁸. Functionally, MC_T and MC_{TC} respond differently when encounter a stimulus. For instance, MC_T respond to platelet activating factor, whereas MC_{TC} react to opiates¹¹⁵. Both MC_T and MC_{TC} can be activated by FcεRI cross-linking, however, only MC_{TC} by substance P^{115,119}.

1.5.3 Mast cell receptors

In addition to FcεRI and KIT, human MCs express a variety of surface receptors, such as chemokine receptors (*e.g.*, CXCR1-4, CX3CR1, CCR1, CCR3-5), interleukin receptors (*e.g.*, IL-15R, IL-18R, IL-33R/ST2), TSLPR, pattern recognition receptors (*e.g.*, Toll-, NOD- and RIG- like receptors), amine receptors (*e.g.*, H1-4R and 5-HTRs), purinergic receptors (*e.g.*, P1, P2X and P2Y receptors), corticotropin releasing hormone receptors, cannabinoid receptors (CB1 and CB2), Mas-related G-protein coupled receptor X2 (MRGPRX2; which will be highlighted below) and inhibitory receptors (*e.g.*, FcγRIIB, CD300, CD72, and sialic acid binding Ig-like lectins (Siglec-6, -7 and -8)^{120,121}. Thus, MCs have the potential to

recognize and respond to plenty of agents that might results in degranulation and/or release of cytokine/chemokine and lipid mediators¹¹¹.

1.5.4 Mast cell activation

1.5.4.1 *IgE/FcεRI*

The most well-defined MC activation signaling pathway is through the allergen-IgE complex crosslinking its high affinity cell surface receptor, FcεRI. This receptor is composed of an IgE-binding α subunit and a signaling module $\beta\gamma_2$ ¹²². When crosslinked by allergen, FcεRI activation signaling is initiated by the receptor related Lyn (a Src family tyrosine kinase) resulting phosphorylation of downstream tyrosine kinases (*e.g.*, Syk, SLP-76, Vav, Shc, Grb2 and Sos), enzymes (*e.g.*, PLCY₁ and PLCY₂) and GTPases (*e.g.*, Rac and Ras). Another transducing pathway is through PI3K via phosphorylation of Fyn and Gab2. The aforementioned proteins further transfer signals into MCs resulting degranulation, cytokine/chemokine production and arachidonic acid metabolism^{110,123}.

1.5.4.2 *MRGPRX2*

Mas-related G-protein coupled receptor X2 is a seven transmembrane receptor that is mainly expressed on MCs¹²⁴, especially on MC_{TC}¹²⁵, albeit some expressions in blood basophils and eosinophils have been reported¹²⁶. The ligands for MRGPRX2 are various including natural peptides (*e.g.*, substance P, cortistatin 14, β -defensin, LL37, PAMP 9-20 and mastoparan), bacterial products (quorum-sensing molecules), and synthetic drugs with tetrahydroisoquinoline motif¹²⁷⁻¹²⁹. Compound 48/80 (C48/80) is a condensation product of N-methyl-p-methoxyphenethylamine with formaldehyde¹³⁰. It has been shown that C48/80 activate MCs^{131,132} through human MRGPRX2 receptors^{125,127}.

Activation of MCs by MRGPRX2 is distinct from the FcεRI pathway, where the former induces a rapid and transient MC degranulation with small, individual and spherical granules, whereas the latter demonstrates slower but sustained Ca⁺⁺ influx with larger and heterogeneous granule sizes¹³³. In addition, activation of MRGPRX2 pathway has been shown to release less PGD₂, PGE₂ and cytokines compared to activation of FcεRI. The intracellular signaling pathway for MRGPRX2 remains to be defined. However, recently, it has been found that, unlike FcεRI, MRGPRX2-mediated degranulation does not require the involvement of IKK- β , SNARE proteins synaptosomal-associated protein-23 and syntaxin-4¹³³. The store-operated Ca⁺⁺ entry via the calcium sensor, stromal interaction molecule 1 regulate both FcεRI- and MRGPRX2-mediated responses¹³⁴. The G proteins (G α i and G α q) together with Ca⁺⁺ Channels, ERK1/2 and PI3K are required for MGRPRX2 induced degranulation of skin MCs¹³⁵.

1.5.5 Mediator release

After activation, MCs release a wide range of bioactive mediators including preformed and *de novo* synthesized mediators through different ways. Preformed mediators are released through exocytosis of secretory granules. Lipid mediators are synthesized in the lipid body of MCs and released through membrane transporters. Moreover, the newly synthesized cytokines, chemokines and growth factors are usually released via constitutive exocytosis¹³⁶.

1.5.5.1 Preformed mediators

Mast cells store various mediators in their secretory granules including bioactive amines (*e.g.*, histamine and serotonin), lysosomal enzymes (*e.g.*, β -hexosaminidase and cathepsins), proteases (*e.g.*, tryptase, chymase and carboxypeptidase A), proteoglycans (*e.g.*, heparin and chondroitin sulphate), cytokines (*e.g.*, TNF- α , IL-4 and IL-15), chemokines (*e.g.*, CCL5, CCL11, CXCL8, CCL2, CCL7 and MCP-4), growth factors (*e.g.*, TGF- β , bFGF-2, VEGF, NGF and SCF) and peptides (*e.g.*, endothelin-1, LL-37, substance P and vasoactive intestinal peptide)¹³⁷.

1.5.5.2 Newly synthesized mediators

In complement to the stored mediators, there is *de novo* synthesis of proinflammatory cytokines (T2 cytokines: IL-4, IL-5, IL-9, IL-13 and non-T2 cytokines: IL-1, IL-2, IL-3, IL-12, IL-17, IL-18, IL-33, TNF- α , and IFN- γ), and anti-inflammatory cytokines, such as IL-10 and TGF- β . The *de novo* synthesized chemokines include CCL5 and CXCL8¹⁰⁹.

1.5.5.3 Lipid mediators

Lipid mediator synthesis starts when phospholipase A2 (PLA2) is activated and liberate polyunsaturated fatty acids (PUFAs) from membrane bound phospholipids. The most studied PUFA is arachidonic acid (AA), which is metabolized into various downstream mediators called eicosanoids through different enzymatic pathways.

One major pathway is the cyclooxygenase (COX) pathway. Arachidonic acid is catalyzed into unstable PGG₂ by either of the two COX isoenzymes: COX-1 and COX-2. This is followed by the metabolism of PGG₂ to PGH₂ which is a common precursor of five major prostanoids: PGD₂, PGE₂, PGF_{2 α} , PGI₂ and TXA₂ (**Figure 3**). These are derived through specific enzymes (hematopoietic PGD synthase or lipocalin-type PGDS for PGD₂, microsomal PGE synthase (mPGES)-1, mPGES-2, or cytosolic PGES for PGE₂, PGF synthase, PGI synthase and thromboxane synthase for PGF_{2 α} , PGI₂ and TXA₂ respectively).

In addition to the COX pathway, the 5-lipoxygenase/5-lipoxygenase-activating protein (5-LOX/FLAP) pathway is another important route of AA metabolism. This pathway generates leukotrienes: LTB₄ and CysLTs (LTC₄, LTD₄ and LTE₄). All the leukotrienes are metabolized from AA intermediate product 5-hydroperoxyeicosatetraenoic acid (5-HpETE) and LTA₄. Leukotriene B₄ is formed via LTA₄ hydrolase, whereas LTC₄ by LTC₄ synthase.

Leukotriene C₄ is metabolized by successive cleavage of the glutathionyl conjugated at C6 into LTD₄ and LTE₄ by the stepwise actions of the gamma-glutamyl transpeptidase and a specific dipeptidase iso-enzyme (**Figure 3**)^{138,139}.

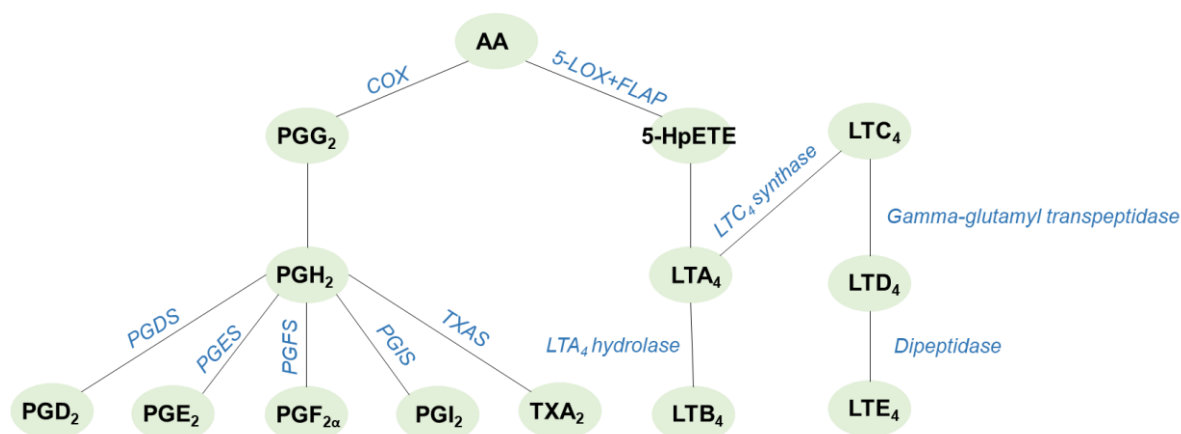


Figure 3: Arachidonic acid metabolism

There are also other enzymatic/non-enzymatic metabolites of AA and other PUFAs (*e.g.*, linoleic acid, eicosapentaenoic acid and docosahexaenoic acid), however, compared to prostanoids and leukotrienes, the importance of these mediators in asthma is less understood.

1.6 MAST CELLS IN ASTHMA

Mast cells may have crucial roles in the pathophysiology of asthma. Mast cells are present in the epithelium, submucosa and airway smooth muscle (ASM) layer of human asthmatic airways¹⁴⁰⁻¹⁴² which have increased MC numbers, especially MC_{TC}¹⁴³ in the ASM bundle. On the other hand, MC_T predominates in mild asthma¹⁴². Compared to mild asthma, there is a higher proportion of MC_{TC} in severe asthma with increased level of PGD₂ in bronchoalveolar lavage fluid¹⁴², indicating the importance of MCs in asthma. The influence of MCs on inflammatory cells may contribute to the development of airway inflammation, whereas the crosstalk between MCs and airway structural cells offers the possible basis for the progress of AHR and airway remodeling.

1.6.1 Mast cells and epithelium

Human MCs have avid adhesion to epithelium via carbohydrate-mediated mechanism¹⁴⁴. The settled MCs can respond directly to the exogenous stimuli, such as airborne allergens, hyperosmolar or inhaled adenosine. In addition, upon activation, MCs releases mediators (*e.g.*, tryptase, IL-4 and IL-13) that cause epithelium malfunction, such as denudation and increased permeability, initiating the development of asthma pathology¹⁴⁵.

1.6.2 Mast cells and submucosa

Asthmatic patients have increased MCs in submucosal mucous glands and mucus plugging¹⁴⁶, which may be due to increased adhesion to glandular cells, induced by released

chemokines such as CXCL8, CXCL10, CXCL12, CCL5 and CCL11¹⁴⁵. Mast cells, in return, release mediators, such as tryptase, chymase, histamine, PGD₂, LTC₄, IL-13, TNF- α and amphiregulin, inducing mucous gland and goblet cell hyperplasia and mucus hypersecretion¹⁴⁵. In addition, amphiregulin induces the proliferation of lung fibroblasts, contributing to the subepithelial fibrosis¹⁴⁷.

1.6.3 Mast cells and airway smooth muscle

The released mediators from MCs can modulate airway smooth muscle (ASM) responses. The MC derived spasmogenic mediators (*e.g.*, histamine, PGD₂, TXA₂ and CysLTs) cause ASM contraction. In addition, tryptase, TGF- β and FGF participate in ASM hyperplasia and hypertrophy. Moreover, tryptase, IL-4 and IL-13 induce hyperreactivity of ASM^{63,145}. On the other hand, ASM cells attract MCs by releasing CXCL10 or SCF which binds to the MC expressed receptors CXCR3¹⁴⁸ and KIT¹⁴⁵.

1.7 TARGETING MAST CELLS

Since MCs are suggested to have important roles in the pathogenesis of asthma. Interventions targeting MCs might be beneficial to asthmatic individuals. These strategies include the prevention of MCs from activation, inhibition or antagonism the effect of MC mediators, and interference with MC survival¹⁴⁹.

1.7.1 Prevention of mast cell activation

One type of compounds that stabilizes MCs is MC stabilizers, for instance, sodium cromoglycate (SCG). By agonizing the inhibitory G-protein-coupled receptor 35 on MCs¹⁵⁰, SCG demonstrates the ability to inhibit histamine release from MCs¹⁵¹. However, the efficacy of SCG is limited¹⁵². Though some improvements were observed in asthmatic symptoms, no significant changes of lung function were found in patients receiving SCG¹⁵³. In asthmatic children, no beneficial effect was found after the treatment with SCG¹⁵⁴.

Another maneuver is to interfere with the classical IgE-mediated MC activation. Anti-IgE (Omalizumab), which is a monoclonal IgG₁ antibody, neutralize free serum IgE¹⁵⁵, preventing the binding to Fc ϵ RI and therefore prevent the activation of MCs by allergen¹⁵⁶. In allergic asthma, both EAR and LAR could be reduced by anti-IgE treatment¹⁵⁷. In addition, omalizumab reduced asthma exacerbations and lower the required inhaled corticosteroids for symptom control in patients with elevated IgE¹⁵⁸⁻¹⁶⁰. However, anti-IgE cannot prevent MCs from activation by IgE-independent MC activators.

The activation signaling pathway of MCs is another alternative to prevent MCs from activation. R112, an inhibitor against spleen tyrosine kinase (Syk), completely inhibited IgE induced MC degranulation, lipid mediator and cytokine synthesis¹⁶¹. However, in a clinical trial, R112 failed to reduce histamine and tryptase release post allergen challenge¹⁶². Furthermore, nemiralisib, an inhibitor against phosphoinositide 3-kinase δ (PI3K δ), even

though reduced sputum IL-5, IL-13, IL-6, and IL-8 levels, did not show any clinical improvements of asthma patients¹⁶³.

1.7.2 Inhibition or antagonism of mast cell mediators

As aforementioned, MC releases both preformed and newly synthesized mediators upon activation. Targeting a single contractile mediator or its receptors seems far from enough. For instance, antagonism of histamine H₁, CysLT₁, or TP receptors alone did not have good effect on allergen or exercise-induced bronchoconstriction in asthma patients^{164,165}. In contrast, only the combined blockade demonstrated predominant inhibition of both EAR and LAR^{164,166,167}. Fevipiprant, which targets the DP₂ receptor and block the effect of PGD₂, showed promising effect in reducing sputum eosinophils and improvement of lung function in phase II trials^{168,169}. However, it failed to show significant changes of asthma exacerbations in the phase III study¹⁷⁰.

1.7.3 Interference with mast cell survival

Stem cell factor is important for MC survival and maturation¹⁷¹. In human asthmatic airways, an increased expression of SCF and its receptor (KIT) were observed¹⁷². The KIT inhibitor (imatinib) reduced AHR and MCs in severe asthma patients¹⁷³. However, in addition to inhibit KIT, imatinib also has effects on other tyrosine kinases, such as BCR-ABL and PDGFRA¹⁷⁴.

Induction of MC apoptosis is another novel strategy to reduce MC numbers. ABT-737 is an inhibitor of antiapoptotic proteins (*e.g.*, Bcl-2, Bcl-XL, and Bcl-w). Injection of ABT-737 resulted in the abolishment of peritoneal MCs in mice¹⁷⁵. Mast cells are highly granulated cells. Since the contents of MC granules have many similarities with lysosomes, for instance, both have low pH, contain typical lysosomal enzymes (*e.g.*, cathepsins¹⁷⁶ and β -hexosaminidase¹⁷⁷), MC granules are therefore named as secretory lysosomes¹⁷⁸. By permeabilization of those MC granules, lysosomotropic agents, such as mefloquine¹⁷⁹ and siramesine¹⁸⁰, can selectively induce MC apoptosis. The mechanism behind the apoptosis is suggested to be due to the escaped granule proteases activate the pro-apoptotic compounds in the cytosolic compartment of MCs.

1.8 ASTHMA MODELS

In addition to experiments in cells and tissues from human origin, there is a need for animal models to define the mechanisms for asthma. Mice models are often used because of the availability of various immunological and gene editing investigating tools. However, the limited translation of murine research data to humans makes researchers reconsider the limitations of this specie¹⁸¹. Guinea pig is an alternative with more similarities with human than mouse regarding lung anatomy, physiological and pharmacological responses^{182,183}.

To establish animal models of allergic asthma, repeated antigen exposures are usually needed. The most commonly used antigen is ovalbumin (OVA). Depending on different protocols, repeated OVA exposures can induce bronchoconstriction, AHR, airway

inflammation or airway remodeling in guinea pigs which mimic some asthmatic features¹⁸³. However, since OVA is not an airborne allergen to humans and normally OVA need to be given intraperitoneally or subcutaneously with adjuvant, which is not a natural way of exposure to allergens in humans, the use of OVA is therefore questioned.

House dust mite (HDM) is a common and relevant allergen with around 50% sensitization rate for allergic asthma¹⁸⁴. There are many HDM species widely spread over the world, the most common two species are *Dermatophagoides pteronyssinus* (European house dust mite) and *Dermatophagoides farinae* (American house dust mite), with 85% and 47% occurrence respectively¹⁸⁴. HDM contains at least 30 allergenic proteins and microbial compounds, such as lipopolysaccharides (LPS) and β -glucans, which can activate both the innate and adaptive immune system promoting allergic responses^{185,186}.

Cat dander is another human relevant allergen with the sensitization rate around 9 to 15% among adults worldwide¹⁸⁷⁻¹⁸⁹. In Japan, 70% of asthmatic children who kept cats at home were found sensitized to cat, the prevalence was still high (34%) even in children did not have cats¹⁹⁰. Several cat dander antigens have been identified, 10 out of 15 have the possibility to bind to antigen specific IgE¹⁹¹. Among the antigens, *Fel d1*, also known as *Cat Ag 1* is the most abundant and potent¹⁹¹.

Taken together, exposing guinea pigs to human relevant allergens (*e.g.*, HDM and Cat dander extract (CDE)) might be promising to establish models that mimic human allergic asthma.

2 RESEARCH AIMS

Except for the bronchoconstriction elicited in allergic reaction and after exercise in certain individuals, the role of mast cells in asthma is still not well defined. The general aim of this PhD project was to investigate the role of mast cells in allergic asthma using guinea pig models exposed to human relevant allergens.

Specific aims:

- I. To establish a guinea pig asthma model using a human relevant allergen.
- II. To define the histopathological changes of guinea pig lungs by different antigens.
- III. To determine mast cell responses to different mast cell agonists in guinea pig airways.
- IV. To find a tool to induce mast cell apoptosis.
- V. To investigate the role of mast cells on asthma-like features in human and guinea pig models.

3 MATERIALS AND METHODS

3.1 ANIMALS

All the animal experiments were performed with the approval from Stockholm ethics committee (Permit number: N143-14 and 10973-2019). Both male and female guinea pigs (Dunkin-Hartley), around 300 g, were purchased from Envigo. Animals were housed four to five per cage in the animal facility under 12h light/dark cycles with food and water *ad libitum* and daily supply of fresh vegetables or fruits. Animals were acclimatized at least one week before experiments.

3.2 GUINEA PIG SENSITIZATION AND CHALLENGES

In **paper I** and **II**, male guinea pigs, start at approximate 500 g, were exposed to HDM extract (*Dermatophagoides pteronyssinus*) by intranasal instillations under anesthesia with 5% isoflurane for induction and 2% for maintenance. In **paper I**, animals were sensitized twice by 50 µg and 100 µg HDM protein at day 1 and day 4. From day 15, animals were challenged weekly with 25 µg HDM for five consecutive weeks (**Figure 4A**). In **paper II**, guinea pigs received 200 µg HDM or CDE twice on the first week then challenged with 100 µg antigens, two times per week. In total, animals were exposed to HDM or CDE for 4 weeks, 8 weeks and 12 weeks (**Figure 4B**).

Male guinea pigs in **paper III**, and female in **paper IV** and **paper V** were sensitized by a single intraperitoneal injection of 100 µg HDM with 100 mg aluminum hydroxide (Al(OH)₃) at day 1. Two weeks after sensitization, animals were euthanized by CO₂ and trachea was isolated for *ex vivo* experiments (**Figure 4C**). For *in vivo* study in **paper V**. Awake animals were challenged with 25 µg HDM through the intranasal route once per week for three or five weeks (**Figure 4D**). All the antigens were prepared in sterile PBS.

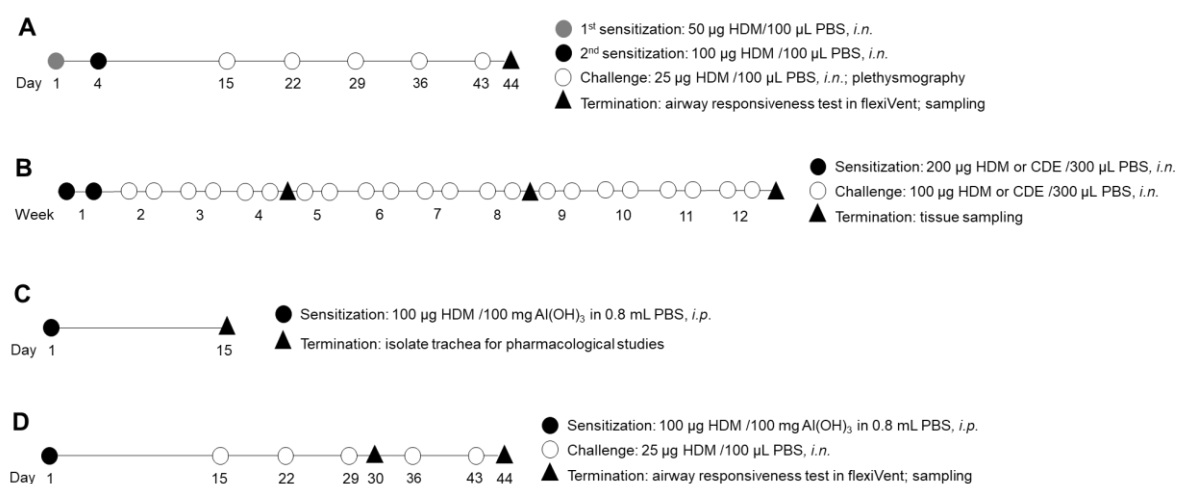


Figure 4: Antigen exposure protocols. (A) paper I; (B) paper II; (C) paper III, IV and V and (D) paper V

3.3 GUINEA PIG TRACHEA AND HUMAN BRONCHI DISSECTION

In **paper III, IV and V**, after euthanization of guinea pigs, trachea was quickly dissected out and further cut into eight segments after fine dissection in cold Krebs-Henseleit buffer.

In **paper V**, with the consent from patients that underwent lobectomy and approval from regional ethical committee (Permit number: 2018/1819-31/1), healthy parts of the lung tissues were obtained and human bronchi (diameter between 0.5 and 2 mm), were dissected out in cold Krebs buffer.

Tracheal segments and human bronchi were either used freshly or incubated in 0.5-1 mL DMEM/F-12 medium supplemented with 1% penicillin ($100 \text{ IU}\cdot\text{mL}^{-1}$) and streptomycin ($100 \mu\text{g}\cdot\text{mL}^{-1}$) with or without interventions in a humidified incubator at 37°C and 5% CO_2 before pharmacological studies in tissue organ bath or myography.

3.4 TISSUE ORGAN BATH AND MYOGRAPHY

Guinea pig tracheal segments in **paper III, IV and V** and human bronchi in **paper V** were mounted in 5 mL organ baths or myograph chambers which were constantly heated and bubbled by carbogen (5% CO_2 in 95% O_2) to keep buffer temperature at 37°C and pH at 7.4. The force changes of airway smooth muscle were recorded, amplified and displayed in LabChart software. After 45 to 60 min equilibration, a mechanical tension of 30 mN (guinea pig trachea) or 1.5 mN (human bronchi) was applied before tissue viability test with histamine (10 nM - 1 mM), carbachol (1 nM - 0.1 mM), or 60 mM KCl. A combination of histamine (1 mM), acetylcholine (1 mM) and KCl (60 mM) were used to test the viability at the end of experiments.

3.5 ENZYME-LINKED IMMUNOSORBENT ASSAY (ELISA)

Cytokines in bronchoalveolar lavage fluid (**paper I**) and serum total IgE (**paper I and III**) were measured according to manufacturer's instructions (Nordic Biosite, Täby, Sweden). In **paper I and III**, HDM specific IgG₁, IgG₂ and IgE were measured by antigen capture ELISA where precoated HDM was bind to biotinylated anti-guinea pig antibodies (Nordic Biosite, Täby, Sweden), followed by development with streptavidin HRP and TMB substrate. Absorbance differences at 450 nm and 490 nm were calculated ($\Delta \text{ABS } 450/490 \text{ nm}$).

In **paper III**, histamine in organ bath fluid was measured using HR-Test RLA210 Plate Kit (RefLab, Copenhagen, Denmark). In brief, samples were added to plates which consists of pre-coated microtiter plates with the histamine standard (50 ng/mL). Histamine release was detected fluorometrically (o-phthalaldehyde (OPA)-method) with a HISTAREADER™ 501-1 and concentrations of histamine in samples were calculated based on the histamine standard.

3.6 MASS SPECTROMETRY

Organ bath fluid in **paper III** was stored in -80°C directly after collection for measuring lipid mediators which were enriched and quantified using liquid chromatography coupled to

tandem mass spectrometry (LC-MS/MS) using an Acquity UPLC™ coupled to Xevo TQ-XS™ instrument¹⁹².

3.7 WHOLE-BODY PLETHYSMOGRAPHY

Sensitized guinea pigs (**paper I**) were placed in the calibrated flow plethysmography chambers for 5 to 20 min acclimatization followed by baseline recordings of breathing parameters. After that, animals were challenged intranasally with HDM under light anesthesia by isoflurane. The parameters were recorded again for 90 min after HDM instillation.

3.8 AIRWAY RESPONSIVENESS TEST IN FLEXIVENT

One day after the last challenge, guinea pigs were anesthetized by intraperitoneal injection of 40 mg/kg ketamine with 5 mg/kg xylazine (**paper I**) or with 0.5 mg/kg medetomidine (**paper V**). Animals were tracheostomized, incubated and ventilated in the flexiVent system with FX4 module where airway resistances were measured. Airway responsiveness was obtained by measuring airway resistances to nebulized methacholine with increasing concentrations.

3.9 HISTOLOGY

To capture the morphological changes of tissues (**paper I, II, IV and V**), different staining methods were used. Most samples were fixed in 4% buffered formaldehyde. Tissues for mast cell quantification were fixed in Carnoy solution (60% ethanol, 30% chloroform, 10% acetic acid). Samples were fixed for at least 5 to 24h before dehydration and embedding. Five μ m sections were obtained and slides were stained with Hematoxylin Eosin, Picro-Sirius Red, Periodic Acid-Schiff (PAS), Astra blue to identify airway inflammation, subepithelial collagen deposition, goblet cell hyperplasia and mast cells respectively. To identify mast cell phenotypes (**paper II**), anti-human tryptase (clone: G3, Chemicon, Temecula, CA) and anti-guinea pig chymase antibodies were used. The polyclonal antibodies against guinea pig chymase were produced in rats which were immunized by the recombinant guinea pig chymase (Innovagen AB, Lund, Sweden). The recombinant guinea pig chymase was produced in baculovirus-infected insect cells which express the chymase coding region obtained from the Swiss Prot/Tr EMBL database (P85201) and purified as previously described¹⁹³. All the quantifications were performed on blinded sections.

3.10 CALCULATIONS AND STATISTICAL ANALYSIS

Smooth muscle contractions were normalized to the maximal contraction induced by histamine (10 nM - 0.1 mM; **paper III**), carbachol (1 nM - 0.1 mM; guinea pig trachea in **paper IV and V**) and KCl (60 mM; human bronchi in **paper V**). All the data was analyzed in GraphPad Prism (version 8.0.1(244), San Diego, California, USA) and presented as mean \pm standard error of the mean (SEM). One-way or two-way ANOVA or t-test were performed to identify group differences. Significances were set at $p < 0.05$.

4 RESULTS AND DISCUSSION

4.1 ESTABLISHMENT OF AN ALLERGIC ASTHMA MODEL IN GUINEA PIGS USING HOUSE DUST MITE (PAPER I)

To establish an animal model that mimic human allergic asthma, we initiated the sensitization of guinea pigs to HDM by two times of antigen exposures (50 μ g and 100 μ g) via intranasal instillation with a 3-day interval. Two weeks after the first sensitization, guinea pigs were canulated and exposed to nebulized HDM aerosol in the flexiVent system and airway resistances were measured using the FOT technique (**Figure 5A**) to investigate the antigen induced bronchoconstriction (AIB). After HDM challenge, an increase of R_n and G were observed in sensitized guinea pigs (**Figure 5B**), suggesting the contraction of the airways. This contraction was only found in sensitized but not in control animals indicates the sensitization is required for AIB. However, no increase of H was found after antigen exposures, this might be due to that mild homogeneous constriction of the airways only increases lung resistance but not the elastance¹⁹⁴. The AIB was totally inhibited by pretreatment of antagonist of the histamine H₁ receptors and inhibitors for the formation of prostanoids and leukotrienes. This is in accordance with a previous study¹⁹⁵, indicating that the responses were mediated by mast cell mediators.

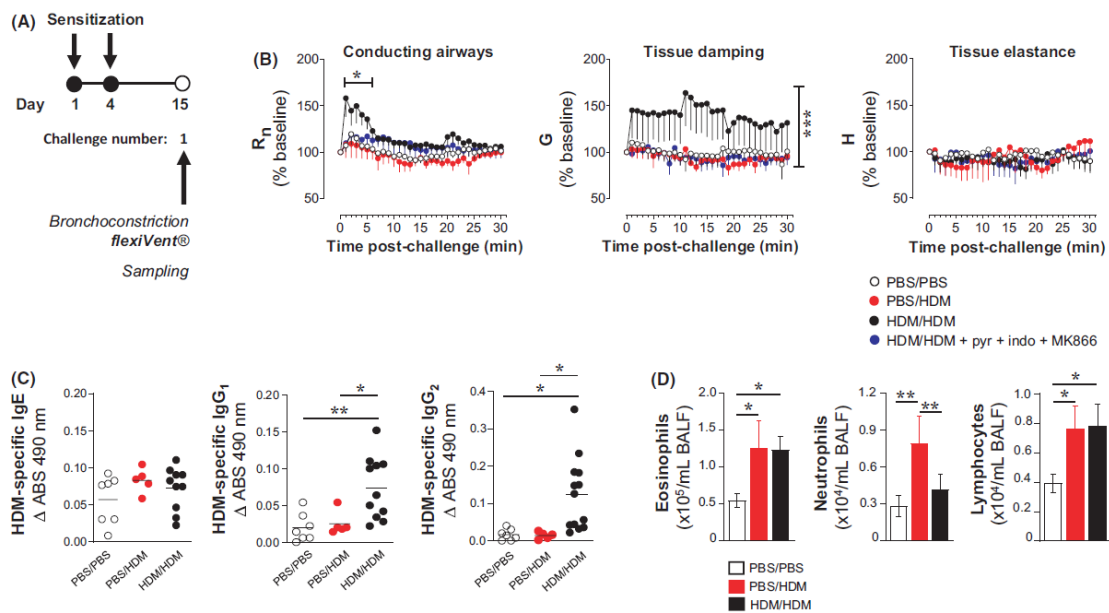


Figure 5: The effect of HDM sensitization and the first challenge on antigen induced bronchoconstriction, production of immunoglobulins and inflammation. (A) Protocol. Animals received two sensitizations intranasally at day 1 and 4 with 50 μ g and 100 μ g HDM or PBS. The first challenge was performed in flexiVent at day 15. (B) The challenge in flexiVent. The normalized changes of Newtonian resistance (R_n), tissue damping (G) and tissue elastance (H) after PBS or HDM aerosol exposures to guinea pigs that were sensitized with PBS or HDM. PBS/PBS: animals sensitized and challenged with PBS; PBS/HDM: sensitized with PBS, challenged with HDM; HDM/HDM: sensitized and challenged with HDM; HDM/HDM+pyr+indo+MK886: sensitized, challenged with HDM and pretreated intraperitoneally with pyrilamine (pyr; 10 mg/kg), indomethacin (indo; 2 mg/kg), and MK886 (3 mg/kg) for 30 min before the challenge. (C) Levels of serum HDM-specific IgE, IgG₁ and IgG₂. (D) Differential cell counts from bronchoalveolar lavage fluid (n=4-13 in each group). * $p < 0.05$, ** $p < 0.01$ and *** $p < 0.001$.

Serum HDM-specific immunoglobulins were quantified by ELISA. The HDM-specific IgG₁ and IgG₂ were significantly increased two weeks after HDM sensitization (**Figure 5C**). In contrast, no change of HDM-specific IgE was observed. This finding indicates that antigen specific IgGs appear earlier than IgE, the latter appears only after repeated antigen exposures, which has also been shown in a guinea pig model induced by OVA¹⁹⁶. The increase of immunoglobulins could only be found in animals that were sensitized to HDM indicating that the sensitization phase is crucial for the production of immunoglobulins. It has been shown that, in addition to IgE, both IgG₁ and IgG₂ have the possibility to induce smooth muscle contractions in guinea pigs^{197,198}, therefore the possible mechanism behind HDM induced bronchoconstriction might be as follows: The sensitizations led to the production of HDM-specific IgGs which bind to the surface of mast cells. The binding of HDM to IgGs during the challenge cross-linking the Fc receptors which induce mast cell activation releasing the contractile mediators. However, further experiments need to be performed for detailed analysis of this pathway.

To investigate the effect of HDM to the development of inflammation, we examined the inflammatory cells in the bronchoalveolar lavage fluid (BALF). The HDM exposures increased both eosinophils and lymphocytes (**Figure 5D**) which support that HDM could induce airway inflammation. However, neutrophils increased only in animals that encounter HDM for the first time which suggests the activation of the innate immune responses. No significant increase of neutrophils was found in sensitized animals which might be due to the sensitization modifies the immune system and therefore decrease the recruitment of neutrophils¹⁹⁹.

To induce other features of allergic asthma in guinea pigs, we prolonged the HDM challenges to once a week for five weeks. One day after the last challenge, airway responsiveness to methacholine was assessed in flexiVent and lung samples were collected to assess airway inflammation and remodeling (**Figure 6A**). The response of guinea pigs in each of the five challenges were monitored using the whole-body plethysmography. House dust mite exposures induced a gradual increase of Penh which reached maximum around 40 to 70 min and resolved in 90 min (**Figure 6B**). Even though Penh is not a true measurement of airway resistance, the increase of Penh has been shown to correlate with bronchoconstriction⁴⁶. Thus, the increase of Penh after each challenge reflects the antigen induced bronchoconstriction. The difference of the response pattern measured in flexiVent (transient) and plethysmography (slow onset but longer duration) might be due to the particle size of HDM. The nebulized HDM aerosol in the flexiVent was small and could be quickly dispersed into the airways and lung, while the HDM solution given by intranasal instillation before plethysmography could be retained in the nasal cavity and slowly be breathed into the lung to induce a contractile response. After each HDM challenge, an increase of the maximal Penh value could be observed (**Figure 6C**), supporting that MCs can be degranulated repeatedly with enough time in between the challenges^{200,201}.

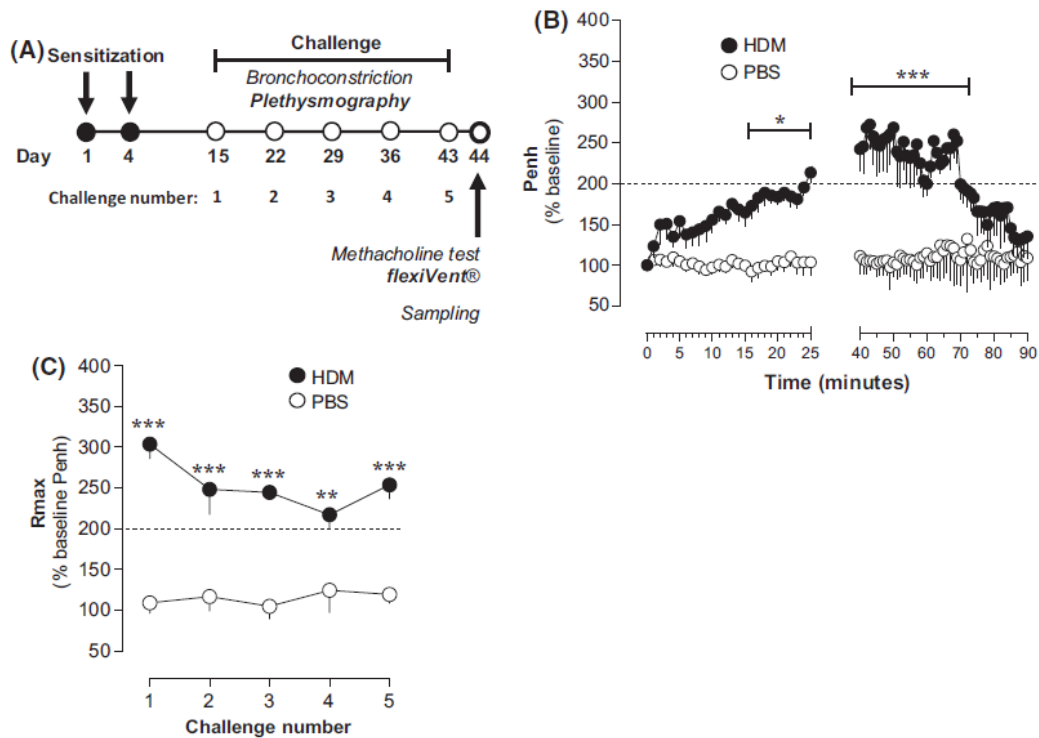


Figure 6: The responses induced by HDM recorded in plethysmography. (A) Protocol. Animals received two sensitizations intranasally at day 1 and 4 with 50 μg and 100 μg HDM or PBS followed by five weekly challenges with 25 μg HDM or PBS. (B) The normalized Penh values at the first intranasal challenge with HDM or PBS. (C) The maximal Penh (Rmax) of the five challenges ($n=7-8$ in each group). * $p < 0.05$, ** $p < 0.01$ and *** $p < 0.001$.

To measure the airway responsiveness, guinea pigs were anesthetized, canulated and ventilated in flexiVent. Increasing concentrations of methacholine (MCh) aerosol were given to test the responses of animals. Methacholine, also known as acetyl- β -methylcholine, activates the muscarinic receptors (M_3 receptors) in the airways, causing smooth muscle constrictions. Depending on the condition of the airways, the responses to MCh can be different. Significant increases of Rn , G and H were found in animals that were previously exposed to HDM (**Figure 7**). This finding indicates that the guinea pigs developed AHR to MCh both in the conducting airways and peripheral lung tissue which is similar to the AHR of asthma patients examined with impulse oscillometry technique²⁰².

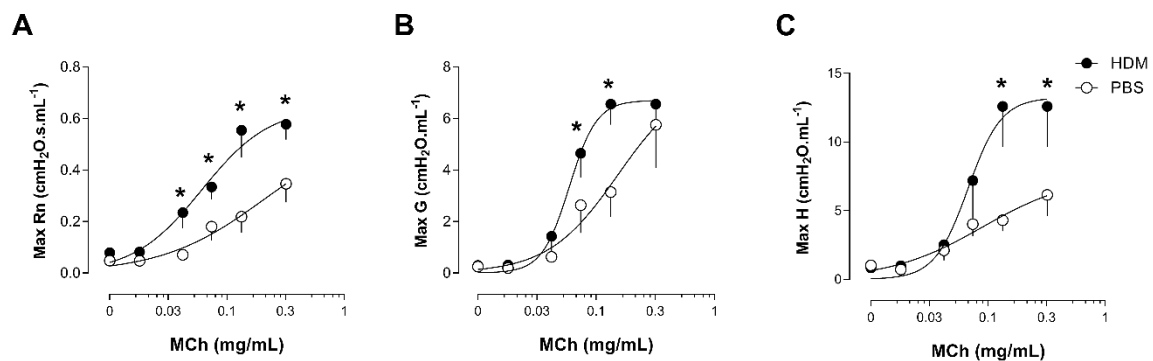


Figure 7: Responses of guinea pigs to methacholine after repeated HDM exposures. Airway responsiveness to methacholine (MCh) was assessed in flexiVent one day after the last challenge. Differences of resistance in

conducting airways (*Rn*; A), tissue damping (*G*; B) and tissue elastance (*H*; C) were compared between control (PBS) and HDM exposed animals (n=8 in each group). * $p < 0.05$.

We next examined the effects of HDM on the development of airway inflammation. A significant increase of eosinophils in the BALF (**Figure 8A**) and inflammatory area in the airways (**Figure 8B**) were found in guinea pigs that underwent HDM exposures for seven weeks.

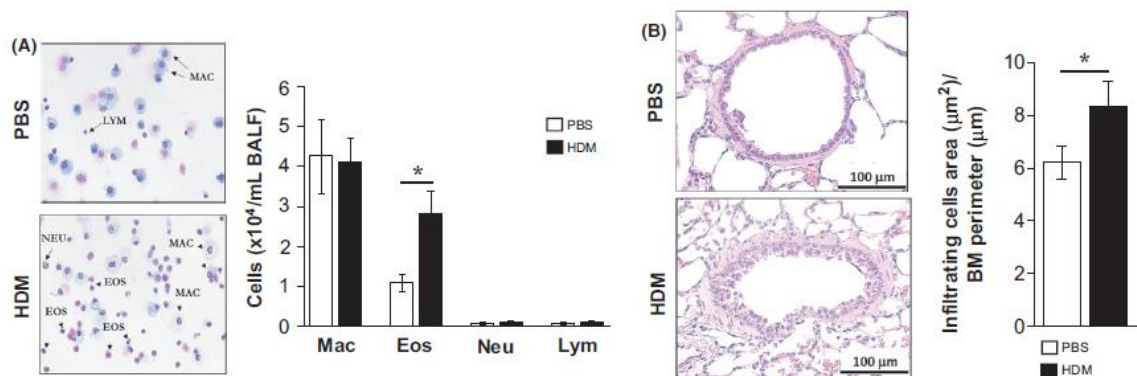


Figure 8: The change of inflammatory cells in guinea pigs after repeated HDM exposures. (A) May-Grünwald Giemsa staining of BALF cells and (B) Hematoxylin-Eosin staining of lung tissues from PBS and HDM exposed guinea pigs (n= 8 in each group). * $p < 0.05$.

Moreover, we measured several typical T2 cytokines (IL-4, -5 and -13) together with CCL11 and IL-6 in the BALF. The levels of IL-13 were significantly higher in HDM treated animals than controls that received PBS (**Figure 9**), however, no significant increases of other cytokines and CCL11 were observed.

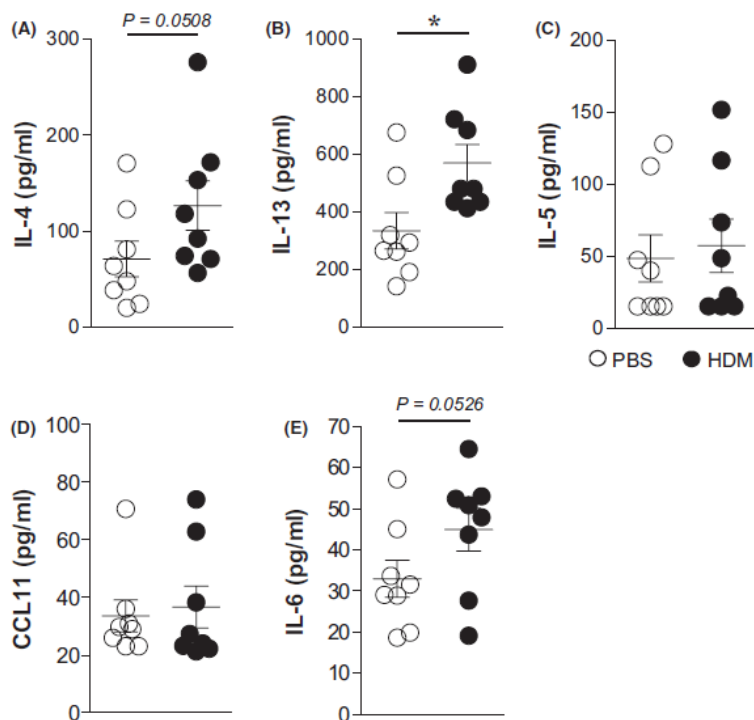


Figure 9: Cytokines, CCL11 and IL-6 in the BALF. (A) IL-4, (B) IL-13, (C) IL-5, (D) CCL11 and (E) IL-6 level in the BALF from PBS and HDM exposed guinea pigs (n=8 in each group). * $p < 0.05$.

Taken together, our findings suggest that repeated HDM exposures can induce eosinophilic inflammation in guinea pig lungs with an increase of T2 cytokine IL-13, which resembles the T2 inflammation of allergic asthma. It has been shown that HDM could induce eosinophilia in guinea pigs²⁰³ and IL-5 and CCL11 were suggested to have a close correlation with eosinophils²⁰⁴. The non-elevated IL-5 and CCL11 in the BALF might be due to that the sampling time is not appropriate since the eosinophils were already in the airways.

To investigate whether HDM exposures have effects on the structure of airways, guinea pig lungs were fixed, sectioned, and stained with different staining methods. In the sections stained with Hematoxylin-Eosin, an increase of subepithelial layer was found in HDM exposed animals (**Figure 10A**). However, the increase of airway smooth muscle area did not reach statistical significance ($p=0.0671$). In addition, the Picro-Sirius Red positive area of the airways (**Figure 10B**) and the PAS positive cells in the epithelium (**Figure 10C**) were significantly increased in the sections from HDM exposed animals. These histological findings suggest that HDM can induce airway remodeling characterized with the enlargement of airways, subepithelial collagen deposition and goblet cell hyperplasia. These successfully capture the airway remodeling features of human asthma²⁰⁵.

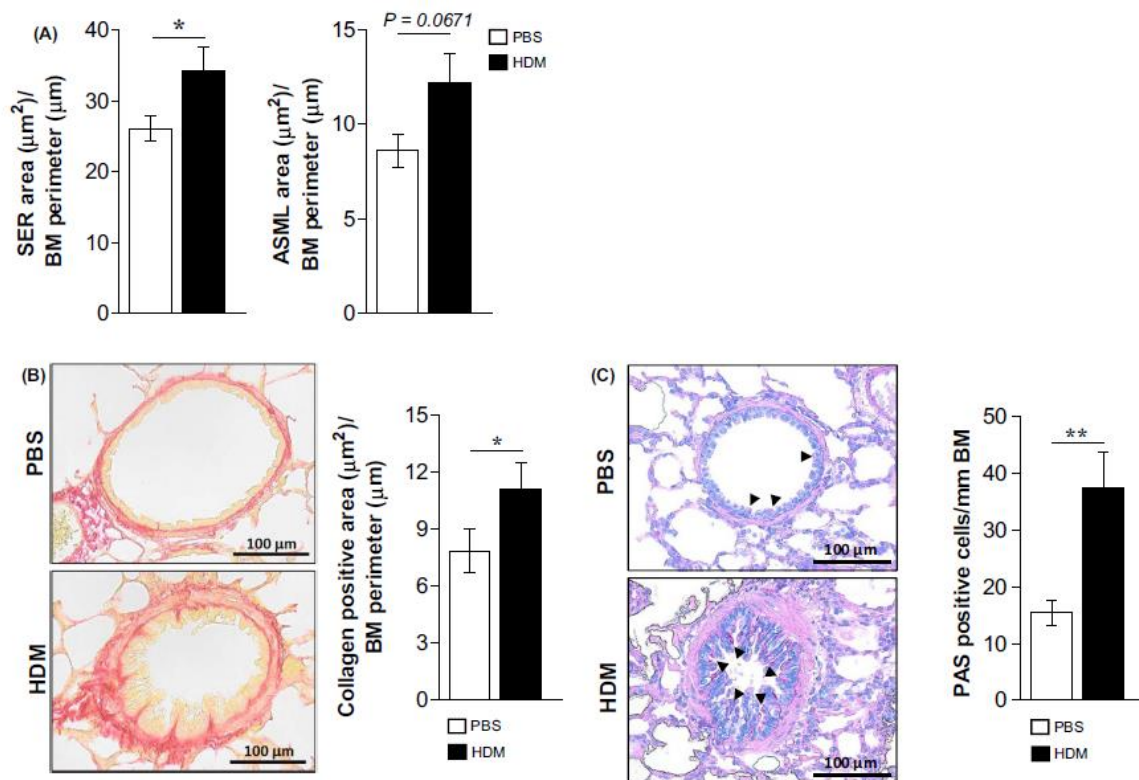


Figure 10: The changes of airway structure in guinea pigs after repeated HDM exposures. (A)

Subepithelial area (SER) and airway smooth muscle layer (ASML) area calculated from Hematoxylin-Eosin-stained guinea pig lung tissue. (B) Picro-Sirius Red and (C) Periodic Acid-Schiff (PAS) staining of the of lung tissue from PBS and HDM exposed guinea pigs ($n= 8$ in each group). * $p < 0.05$, ** $p < 0.01$.

To investigate the long-term effect of HDM exposures on immunoglobulins and mast cells. Serum HDM-specific IgE, IgG₁ and IgG₂ were examined by ELISA. Notably, in contrast to the single HDM challenge, animals received five challenges demonstrated elevation of both

HDM-specific IgE and IgGs (**Figure 11A**), which confirms that repeated antigen exposures increase both IgE and IgG in guinea pigs¹⁹⁶. Furthermore, a marked increase of mast cells was observed in HDM treated animals (**Figure 11B**). The mast cell hyperplasia found in our guinea pig model also recaptures the finding in human asthmatics¹⁴³.

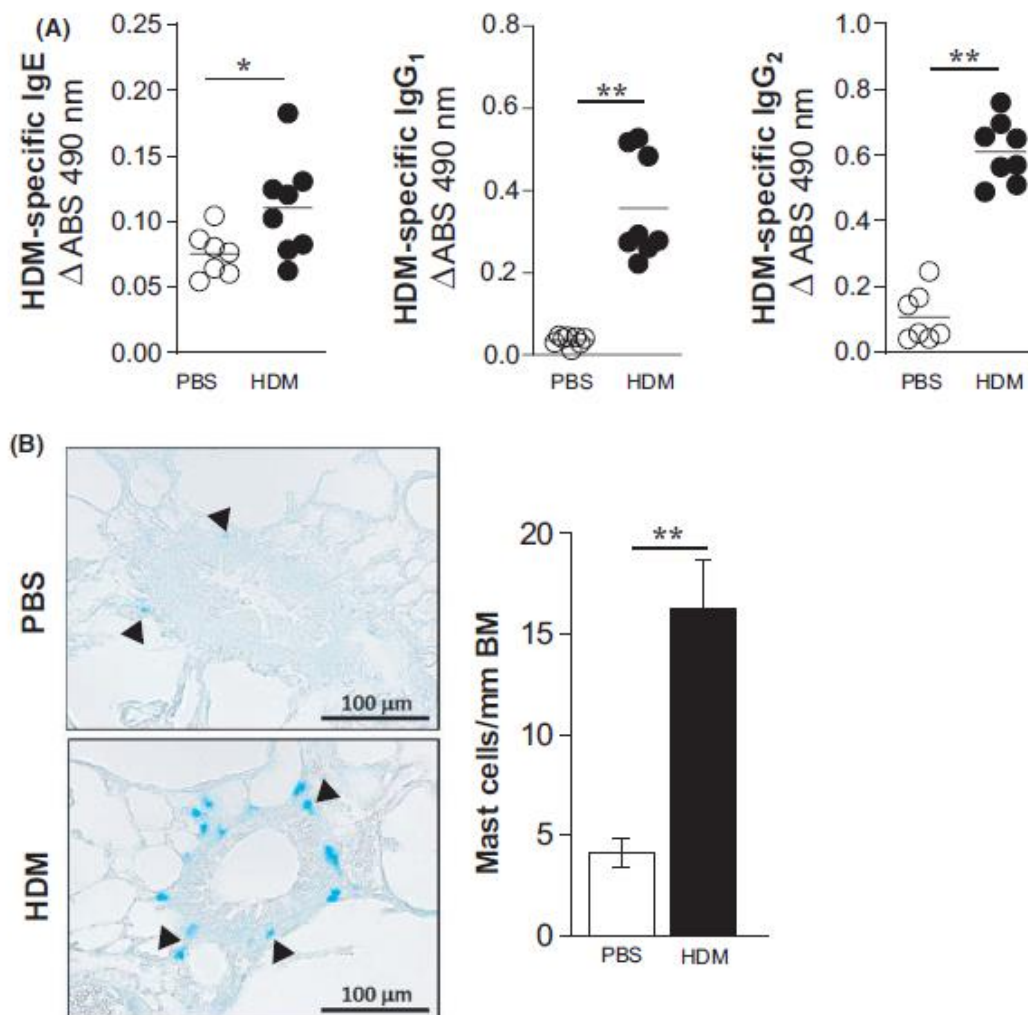


Figure 11: The changes of serum immunoglobulins and mast cells in guinea pigs after repeated HDM exposures. (A) Levels of serum HDM-specific IgE, IgG₁ and IgG₂. (B) Astra blue staining of lung tissues from PBS and HDM exposed guinea pigs (n= 8 in each group). * $p < 0.05$, ** $p < 0.01$.

4.1.1 Summary

In this study, we exposed guinea pigs to HDM repeatedly for seven weeks by intranasal instillation and successfully established a model that generates several typical features of allergic asthma, they are antigen induced bronchoconstriction, AHR, T2 inflammation, airway remodeling and mast cell hyperplasia. The marked increase of mast cells found in this model suggests that these cells might have important roles in the development of other asthma features. Due to the similarities between guinea pigs and humans¹⁸¹, this model provides possibilities for further investigations of the role of mast cells in asthma. To our knowledge, this is the first guinea pig model of asthma demonstrates AHR measured by flexiVent after airway exposures of HDM.

4.2 DEFINING THE HISTOPATHOLOGY INDUCED BY REPETITIVE EXPOSURES TO HOUSE DUST MITE AND CAT DANDER EXTRACT IN GUINEA PIGS (PAPER II)

To investigate the effect of different human relevant allergens on the development of airway inflammation, remodeling and mast cell hyperplasia overtime, guinea pigs were exposed to HDM or CDE intranasally for 4, 8 or 12 weeks before lungs were collected for histological examinations (**Figure 12**).

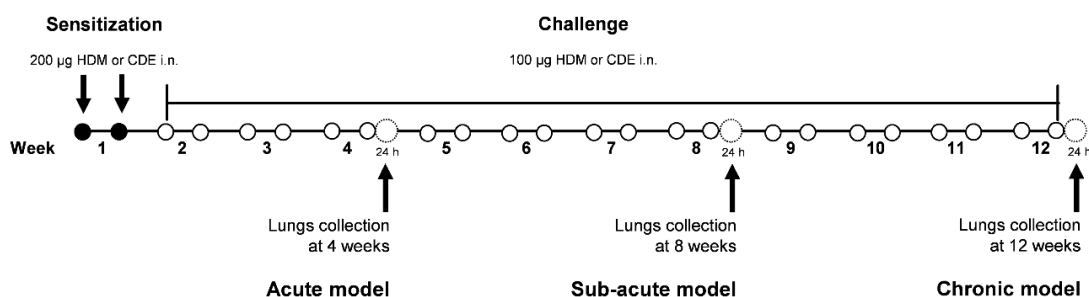


Figure 12: Protocol for HDM and CDE exposures. The protocol included the sensitization and challenge phases. During sensitization, guinea pigs received two times of 200 µg HDM or CDE intranasally at the first week. The challenges started at the second week where 100 µg HDM or CDE were given twice weekly. In total, animals were exposed to HDM and CDE for 4, 8 or 12 weeks. Lungs were collected the day after the last exposure. Control animals received PBS.

The airway inflammation was examined by Hematoxylin-Eosin staining of the lung sections. An increased of inflammatory area was observed after 4 weeks' exposures to either HDM or CDE and maintained after 8- and 12-week exposures compared to the controls (**Figure 13A and B**). The inflammation induced by HDM and CDE is in accordance with previous studies in guinea pigs showing that the infiltration of inflammatory cells into the airways occurred at early time points¹⁹⁵ and maintained after 8- and 12-week OVA exposures^{206,207}. The airway inflammation was found exist in the large and small airways and perivascular, which is a typical feature observed in human asthma^{208,209}. The ASML area of the airways were markedly increased after 4-, 8- and 12-week antigen exposures (**Figure 13A and C**). The increase of ASM mass has also been shown in guinea pigs exposed to OVA for 5 weeks²¹⁰. However, in a 13-week protocol, no thickening of ASM were found in guinea pigs exposed to OVA aerosols²⁰⁷. Therefore, the exposure time is not the only factor that affects airway remodeling, but also other aspects, such as the dose and frequency of antigen exposures. Another reason might be due to those natural antigens (*e.g.*, HDM and CDE) which have complex compositions, are more potent than OVA.

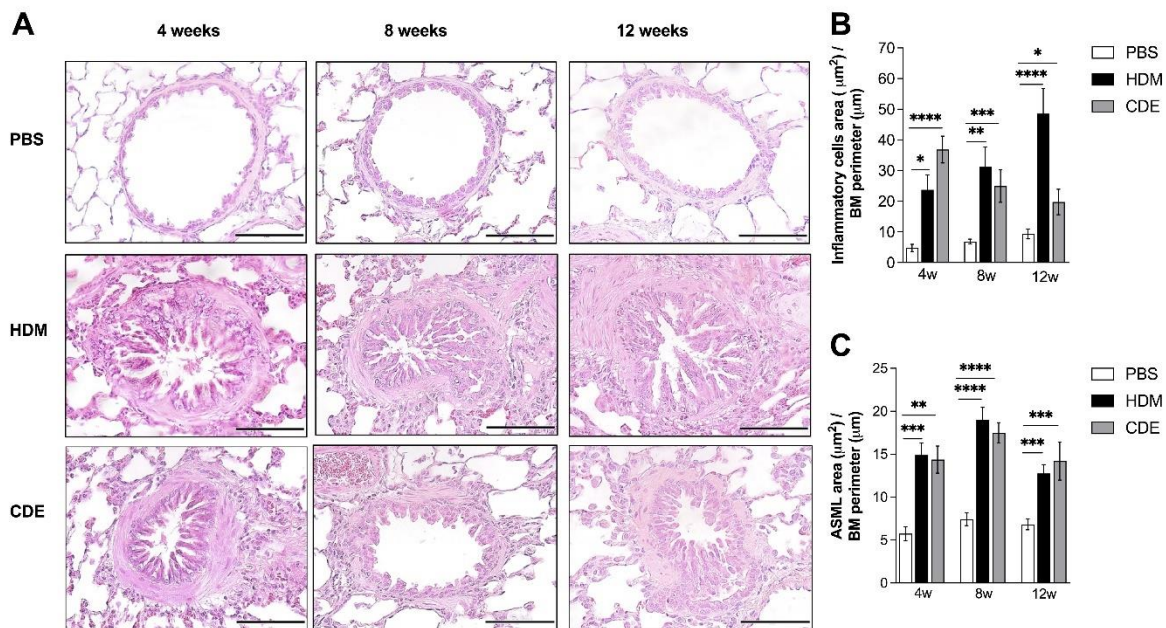


Figure 13: The airways of guinea pigs after repeated HDM or CDE exposures. (A) Hemotoxylin-Eosin staining of guinea pig lungs. (B) Inflammatory and (C) ASML areas of the airways (n= 4-5 in each group). * $p < 0.05$, ** $p < 0.01$. *** $p < 0.001$, **** $p < 0.0001$.

The other features regarding airway remodeling were also investigated. The collagen deposition, reflected as Picro-Sirus Red positive areas, was increased after 4 weeks' HDM exposures and continued after 8 and 12 weeks (**Figure 14**). No such increase was found after 4-week exposures to CDE. However, marked augments were observed after 8 and 12 weeks' CDE exposures (**Figure 14**). The difference indicates that HDM and CDE affect the airway structures in different ways.

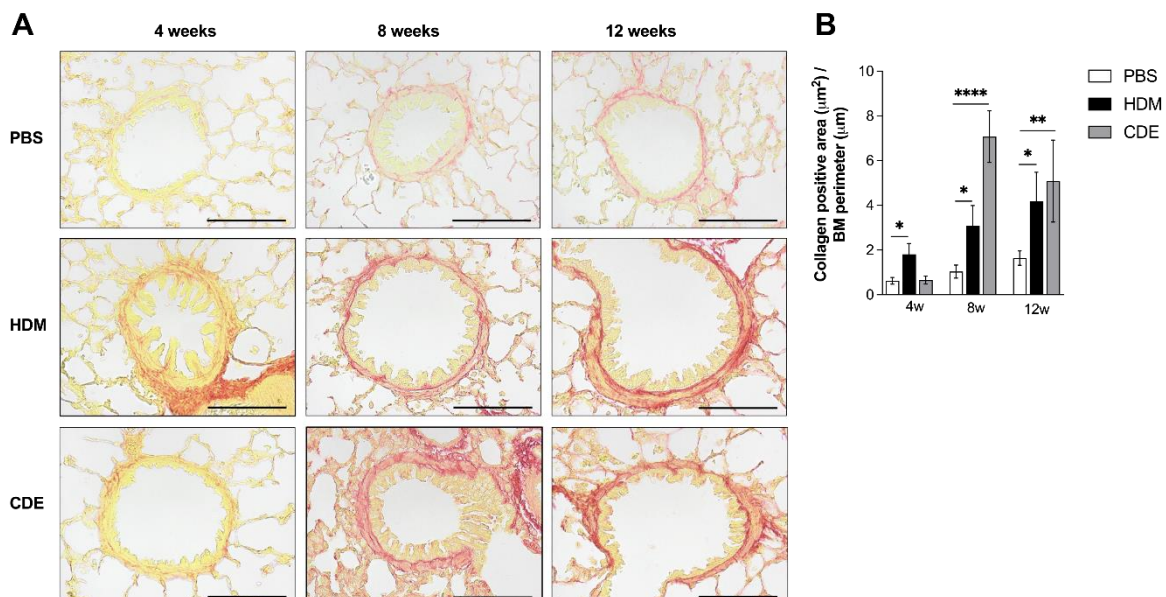


Figure 14: The airways of guinea pigs after repeated HDM or CDE exposures. (A) Picro-Sirus Red staining of guinea pig lungs. (B) Positive staining areas (n= 4-5 in each group). * $p < 0.05$, ** $p < 0.01$, **** $p < 0.0001$.

The PAS positive cells were increased after HDM exposures at all three time points (**Figure 15**). Though failed to reach statistical significance after 4-week exposures, the PAS positive

cells were significantly increased after 8- and 12- week exposures to CDE. The subepithelial collagen deposition and goblet cell hyperplasia has been found in OVA model after 15 days²¹¹ or 13 weeks of OVA exposures and in the previous 7-week HDM model in **paper I**. Indeed, the airway remodeling occurs very early in childhood asthma¹⁰⁵.

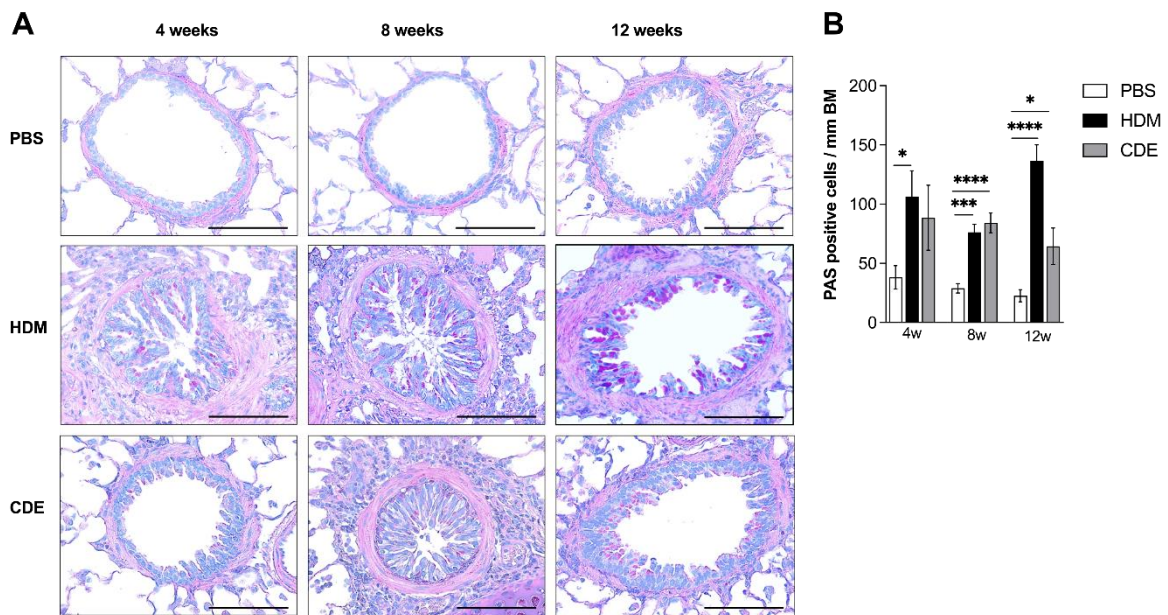


Figure 15: The airways of guinea pigs after repeated HDM or CDE exposures. (A) Periodic Acid-Schiff (PAS) staining of guinea pig lungs. (B) Positive cells (n= 4-5 in each group). * $p < 0.05$, *** $p < 0.001$, **** $p < 0.0001$.

Mast cells were identified by Astra blue staining and mast cell numbers were quantified. No increases of mast cells were observed after 4 weeks' exposures to either HDM or CDE. However, marked increases were found after 8- and 12- week exposures to both antigens (**Figure 16**). This finding indicates that mast cell hyperplasia develops slower than airway inflammation and other remodeling parameters after repeated intranasal instillation of HDM and CDE.

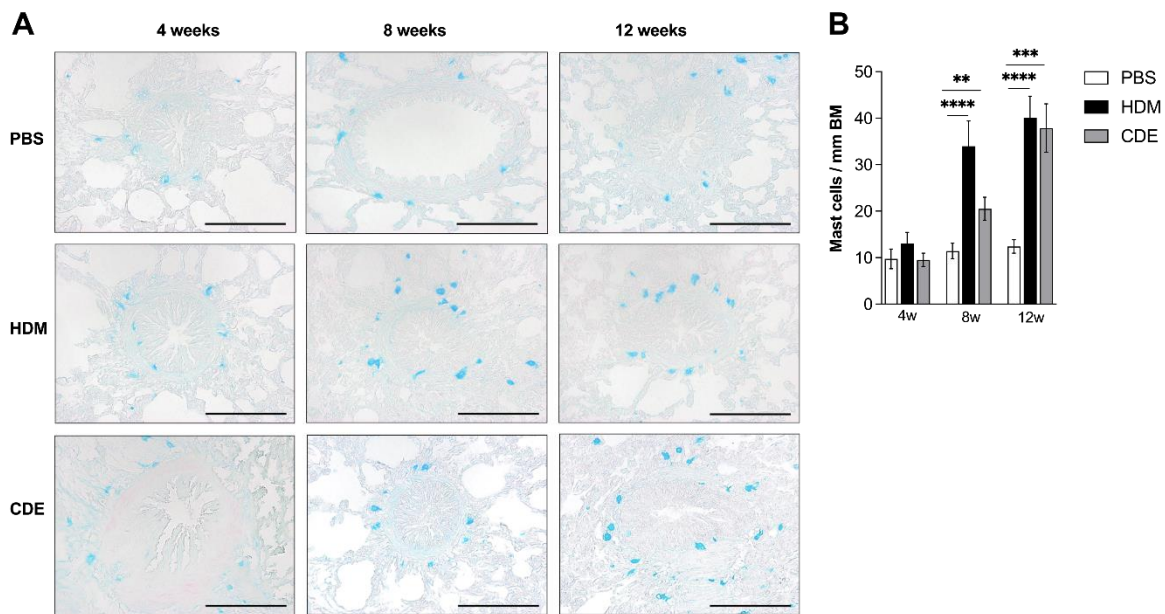


Figure 16: Mast cells in guinea pig lungs after repeated HDM or CDE exposures. (A) Astra blue staining of guinea pig lungs. (B) Positive cells (n= 4-5 in each group). ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

Mast cell phenotypes were identified by immunohistochemistry staining using antibodies against tryptase and chymase in the lung sections of guinea pigs after 8- and 12-week exposures to HDM or CDE. In the control animals, both tryptase- and chymase- positive mast cells were found in the airways and parenchyma (**Figure 17C, D, J, K, L and M**). In addition, most chymase⁺ cells were found to be tryptase⁺ in consecutive slides, suggesting that the mast cells present are mainly tryptase and chymase double positive. The number of tryptase⁺ mast cells (reflecting total MCs) was significantly increased after each antigen exposure for 8 weeks or 12 weeks and the mast cells dominate in the airways (**Figure 17A, F, H, J and K**). The quantity of increased chymase⁺ cells was less than tryptase⁺ mast cells in the airways after 8-week antigen exposures, however, the change of chymase⁺ cells after 12-week exposures did not reach statistical significance and neither the cells in parenchyma (**Figure 17B, E, G, L and M**). It is noticeable that chymase⁺ mast cells were found closely to the ASM layer after HDM and CDE exposures (**Figure 17B and E**). Thus, both HDM and CDE exposures primarily induced an increase of MC_T (mast cells containing only tryptase; reflected as total tryptase⁺ cells- chymase⁺ cells) in the airways and parenchyma, whereas MC_{TC} (mast cells containing tryptase and chymase) only increased in the airways but not the parenchyma. These findings in accordance with a study showing that MC_T is predominant in mild asthmatics without treatment¹⁴² and MC_{TC} is in proximity with ASM bundles¹⁴³. However, even though less in quantity, airway MC_{TC} was found to have a correlation with lung function of asthmatics²¹², which might be due to the released mast cell mediators that modulate ASM reactions.

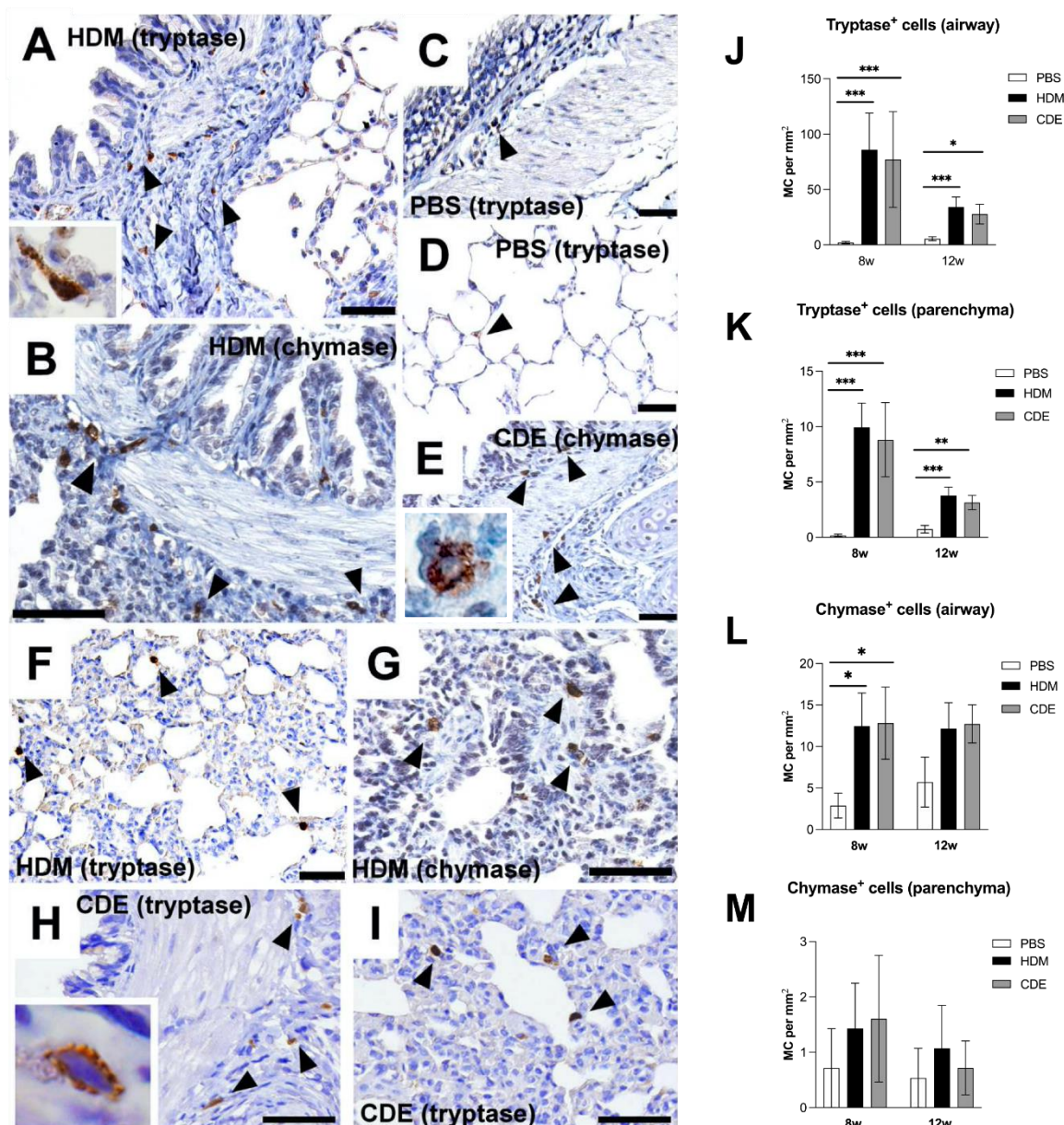


Figure 17: Immunohistochemistry staining of mast cells in guinea pig lungs after repeated HDM or CDE exposures. Micrographs of tryptase (A, C, D, F, H, I) and chymase (B, E, G) staining in airways and parenchyma after 8 weeks' antigen exposures. PBS treated animals: C-D, HDM: A-B, F-G, and CDE: E, H-I. Quantifications of tryptase positive mast cells in (J) airways and (K) alveolar parenchyma, chymase positive mast cells in (L) airways and (M) alveolar parenchyma. Scale bar: 50 μm . High magnification micrographs (60x) are shown as inserts in A, E and H (n= 4-5 in each group). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$.

4.2.1 Summary

In this paper, we exposed guinea pigs to HDM and CDE through the intranasal route for different time points (4, 8 and 12 weeks) and investigated the effects of both antigens on histological changes of guinea pig lungs. Despite some differences, HDM and CDE both could induce airway inflammation, increase of ASM mass, collagen deposition and goblet cell hyperplasia. The antigen induced mast cell hyperplasia appeared later than other features. The increase of mast cells was dominated by MC_T , but MC_{TC} was found increased in the airways after 8-week antigen exposures with proximity to the ASM bundle. This study

support that both HDM and CDE might be possible antigens to be used in animal model establishments of asthma and provide possibilities to investigate the role of different mast cell phenotypes on asthma.

4.3 COMPARISON OF RESPONSES INDUCED BY DIFFERENT MAST CELL AGONISTS IN GUINEA PIG TRACHEA (PAPER III)

Mast cell activation is suggested to be important for the development of asthma. In addition to antigen, mast cells have shown to be activated by MRGPRX2 agonists¹²⁷. With the evolving interest of MRGPRX2 in mast cell mediated responses, we hypothesize that there are differences and similarities compared to classical antigen induced responses. In this paper, we therefore compared the ASM response and release of both preformed and *de novo* synthesized mediators in guinea pig tracheal segments exposed to C48/80, a human MRGPRX2 agonist, or HDM. Airway smooth muscle contractions were assessed in organ baths where buffer samples were collected for subsequent measurement of histamine release using ELISA, and profiling of lipid mediator metabolites applying the previously described LC-MS/MS platform¹⁹².

Guinea pigs were sensitized via a single intraperitoneal injection of HDM with aluminum hydroxide (100 µg/100 mg). Serum and trachea were collected two weeks after sensitization. Sensitization of animals was evaluated by measuring serum immunoglobulins from sensitized and naïve animals. HDM sensitized animals demonstrated significantly higher absorbance value than naïve, both in HDM-specific IgG₁ and IgG₂, but not in total IgE (**Figure 18**). Levels of HDM specific IgE were below detection limit.

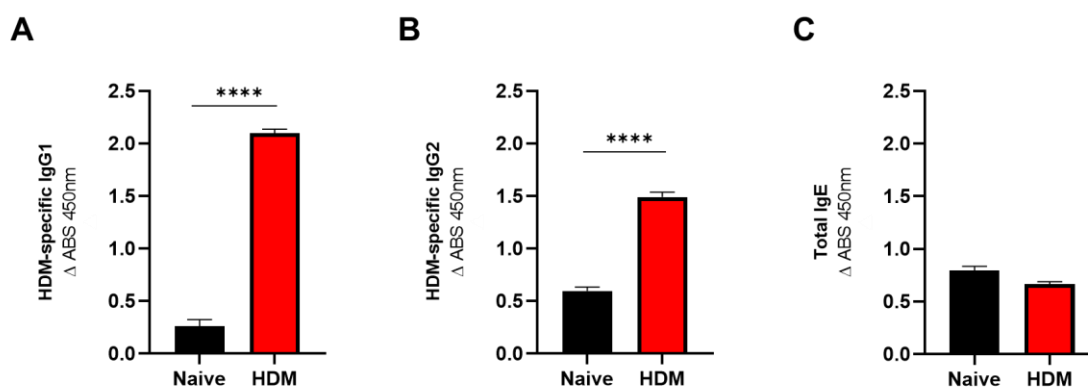


Figure 18: Guinea pig serum immunoglobulins. (A) HDM-specific IgG₁, (B) IgG₂ and (C) total IgE from sensitized (HDM/ aluminum hydroxide (100 µg/100 mg, *i.p.*) or naïve guinea pigs (n=5-14 in each group). **** $p < 0.0001$.

The contractions in guinea pig trachea induced by C48/80 and HDM were first investigated using a bolus dose of the stimuli where smooth muscle contractility was monitored over time. The nonselective COX inhibitor indomethacin (3 µM) was used to ablate the constitutive release of PGE₂, which mediates an intrinsic smooth muscle tone of about 20% of referral maximal contraction as previously described²¹³. Challenge with C48/80 (500 µg/mL) or HDM (10 µg/mL) induced a sustained smooth muscle contraction (**Figure 19A and B**). As neither total nor specific IgE were increased, the effects of HDM were most likely due to

specific IgGs which, in addition to IgE, has been shown to induce smooth muscle contractions in guinea pig trachea¹⁹⁷.

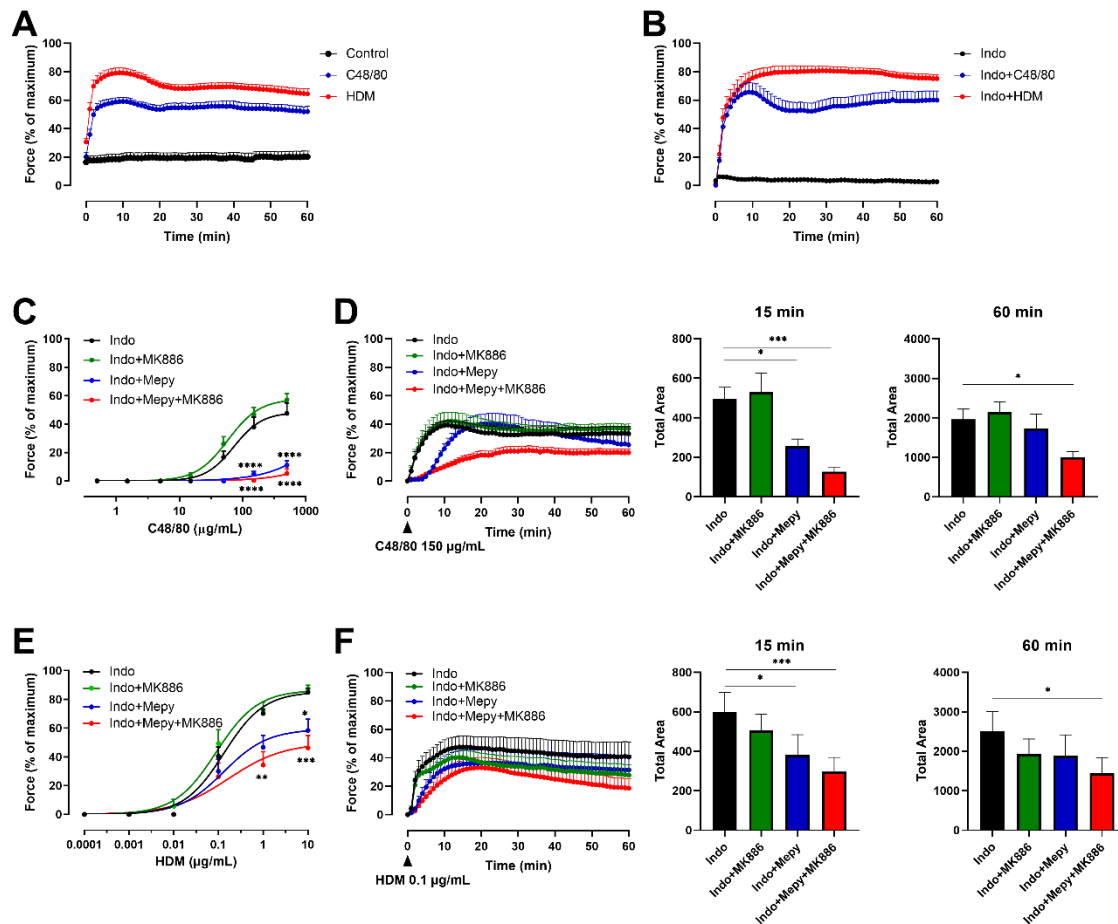


Figure 19: Responses of guinea pig trachea to C48/80 or HDM. Responses of guinea pig tracheal segments to a single dose of C48/80 (500 $\mu\text{g/mL}$) and HDM (10 $\mu\text{g/mL}$) in the absence (A) or (B) with presence of indomethacin (Indo (3 μM); $n=5-6$ in each group). (C) Concentration response curves to C48/80 ($n=11-12$ in each group) and (E) HDM ($n=7$ in each group), (D) The bolus dose challenge of C48/80 (150 $\mu\text{g/mL}$; $n=6-8$ in each group) and (F) HDM (0.1 $\mu\text{g/mL}$; $n=7$ in each group) with area under curve (AUC) area of the first 15 minutes and entire 60 minutes' responses. (C) to (F) were performed with the presence of indomethacin (Indo; 3 μM). C48/80 challenges in (C) and (D) were performed in naïve and HDM challenges in sensitized guinea pigs. Mepyramine (Mepy; 1 μM), MK886 (10 μM) or the combination of both pharmacological treatments were added 45 minutes before the challenges. Group differences were compared with control segments (Indo). * $p<0.05$, ** $p<0.01$, *** $p<0.001$, **** $p<0.0001$.

To compare the mediators that cause the ASM responses to C48/80 and HDM, concentration response curves (CRC) or bolus dose challenges were performed in presence or absence of receptor antagonists or enzyme inhibitors. To remove the production of COX products which participate in the ASM contractions, indomethacin (3 μM) was present during the experiments. Both C48/80 and HDM caused concentration dependent contractions with the maximal response (E_{max}) higher in HDM response (E_{max} : $52\pm6\%$ and $85\pm3\%$, respectively; $p<0.05$). The FLAP inhibitor MK886 (10 μM) alone did not affect either C48/80 or HDM responses. In contrast, the histamine H_1 receptor antagonist mepyramine (1 μM) significantly reduced E_{max} for both C48/80 and HDM ($11\pm3\%$ and $58\pm8\%$, respectively). Combining both

histamine H₁ receptor antagonism and FLAP inhibition had no additional effect compared to histamine H₁ receptor antagonism alone (**Figure 19C and E**).

To investigate the responses over time, a submaximal bolus dose (approximately 40% of E_{max}) of either C48/80 (150 µg/mL) or HDM (0.1 µg/mL) was added, and smooth muscle contractions were monitored for 60 minutes. Similar to the CRC, pretreatment with MK886 (10 µM) alone did not modify the responses, whereas mepyramine (1 µM), either alone or in combination with MK886 (10 µM), postponed both C48/80 and HDM responses and reduced the total contraction, expressed as area under curve (AUC) during the first 15 minutes. For the entire 60 minutes, only the combination of both mepyramine and MK886 significantly reduced responses of C48/80 and HDM (**Figure 19D and F**). Antagonizing the histamine H₁ receptors significantly inhibited the CRCs and the initial 15 minutes of responses induced by submaximal bolus dose challenges indicating that the early response of both treatments was mediated by histamine. On the other hand, the whole phase responses could only be dampened by inhibition of both histamine and the leukotriene pathways, which is in agreement with earlier studies^{131,132,214,215}, suggesting that C48/80 and HDM caused smooth muscle contractions mediated through mast cell activation releasing both histamine and leukotrienes.

However, despite a combined inhibition of COX-2/5-LOX products and the histamine H₁ receptors, a residual contraction remained for both C48/80 and HDM treated segments. This residual contraction was greater after HDM exposure compared to C48/80 when performing the CRC. However, after the bolus dose, the same level of the residual component appeared for both stimuli, albeit this effect was more slowly developed for C48/80. This residual response has previously been found^{216,217}. Of interest, several pharmacological interventions have been evaluated to elucidate the cause of this residual component, but none of the muscarinic receptors, serotonin 5-HT_{2A} or bradykinin BK-B₂ receptors seems to be involved²¹⁶. Thus, although our observed responses indicate that both stimuli activate mast cells, the difference in response pattern suggest that there are dissimilarities in the resulting mediator profile released.

As the contractile responses to both C48/80 and HDM were inhibited by mepyramine, the release of histamine into the organ bath was measured. Histamine was found to be elevated after 15- and 60- min post addition of C48/80 (500 µg/mL) or HDM (10 µg/mL). Both challenged segments demonstrated similar increases of histamine. Neither time nor indomethacin had an impact on the total amount of histamine release (**Figure 20**). This finding might explain why inhibiting synthesis of leukotrienes alone could not affect the contractions at all, because histamine presented both in the 15- and 60- min of the responses. It is not likely that the cause of this release is due to activation of basophils, which is another source of histamine²¹⁸, as these cells are mainly circulating cells and do not appear in lungs during healthy conditions^{65,219}. Moreover, the basophil number has shown to be much lower than mast cells in atopic conditions²²⁰.

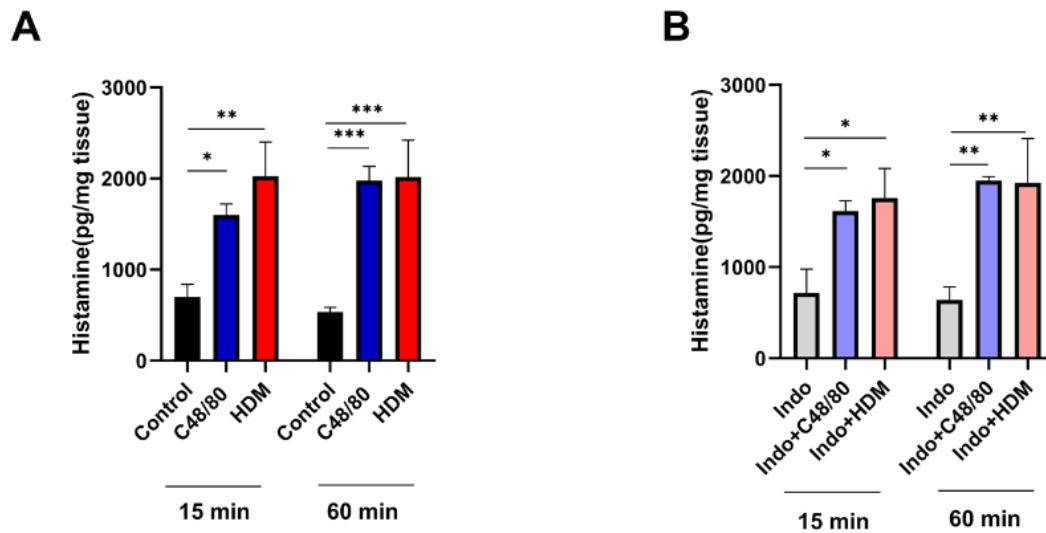


Figure 20: Histamine release after challenge with C48/80 (500 µg/mL) or HDM (10 µg/mL). Histamine release in (A) absence and (B) presence of indomethacin (Indo (3 µM) (n=5-6 in each group). * $p < 0.05$, ** $p < 0.01$ and *** $p < 0.001$.

To further assess mediators potentially involved in the contractions, a mass spectrometry-based analysis was conducted to investigate the appearance and alteration of a broad range of lipid mediators¹⁹² beside the known mast cell related contractile mediators, such as CysLTs, PGD₂ and TXA₂^{216,221}. Sixty minutes after challenge with C48/80 (500 µg/mL) or HDM (10 µg/mL), a total of 67 of 112 measured lipid mediators were detected, among which 39 were significantly increased by challenges compared to basal release (unstimulated control segments). Of note, several metabolites from linoleic acid (LA) pathway were found in the HDM extract itself (LA, 9-HODE, 9-KODE, 13-HODE, 13-KODE, 12(13)-EpOME, 12,13-DiHOME, 9(10)-EpOME, 9,10-DiHOME) and 20-HETE from arachidonic acid (AA) pathway, and consequently these 10 metabolites were removed from further analysis as C48/80 challenge did not increase these mediators. Among the 29 confirmed changes, 15 were elevated by both C48/80 and HDM challenge, and an additional 13 only by C48/80, while LTE₄ was only elevated by HDM (**Figure 21**).

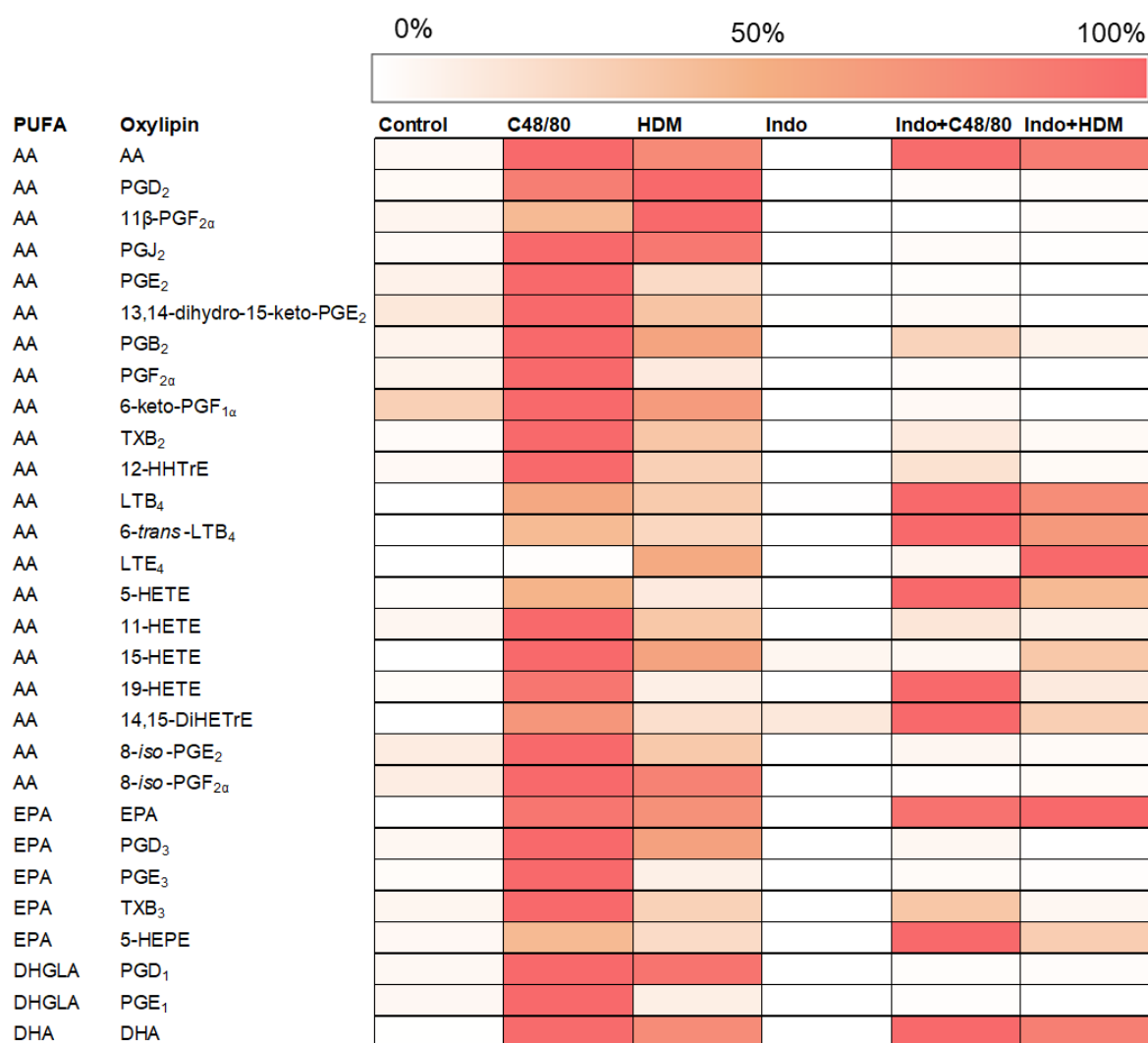


Figure 21: Overview of the elevated lipid mediators after stimulation with C48/80 or HDM. Segments were challenged with C48/80 (500 μg/mL) or HDM (10 μg/mL) with or without the presence of indomethacin (Indo; 3 μM). Organ bath fluid was collected 60 minutes post challenge. For each lipid mediator, red is 100% (highest value), white is 0% (lowest value) (n=5-6 in each group). Abbreviations: arachidonic acid (AA), eicosapentaenoic acid (EPA), dihomo-γ-linolenic acid (DHGLA), docosapentaenoic acid (DHA).

The three polyunsaturated fatty acid (PUFA) precursors AA, eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), were significantly increased by stimulation with either C48/80 or HDM. Arachidonic acid was elevated 3-fold whereas EPA and DHA increased more than 2-fold (**Table 1**). It is known that mast cells release *de novo* synthesized lipid mediators derived from PUFAs that are liberated by phospholipase A₂ from phospholipids²²². Activation of mast cells in guinea pig trachea by C48/80 and HDM not only caused liberation of AA, the most abundant n-6 PUFA, but also n-3 PUFAs (EPA and DHA) which, however, resulted in markedly few n-3 derived metabolites.

Table 1. Elevated PUFAs after challenges (concentration unit: pg/mg tissue)

PUFA	Control	C48/80	HDM	Indo	Indo+C48/80	Indo+HDM
AA	6.5 ± 1.5	19.5 ± 1.6***	16.4 ± 1.7**	5.9 ± 1.8	19.2 ± 1.8***	17.6 ± 1.8**
EPA	3.6 ± 0.7	7.7 ± 0.8**	6.8 ± 0.9*	3.6 ± 1.2	7.8 ± 1.0*	8.1 ± 0.7*
DHA	2.8 ± 0.4	7.4 ± 0.4****	6.3 ± 0.7**	2.8 ± 0.7	7.4 ± 0.7**	6.7 ± 0.7**

Segments were challenged with C48/80 (500 µg/mL) or HDM (10 µg/mL) with or without the presence of indomethacin (Indo; 3 µM). Organ bath fluid was collected 60 minutes after challenge. Multiple comparisons were made between challenged segments with control segments (Control or Indo) (n=5-6 in each group). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, **** $p < 0.0001$.

Several of the COX products that were released have previously been described to be involved in mast cell-induced contraction^{216,223}. Downstream of AA, both C48/80 and HDM induced a similar increase of PGD₂ and two of its metabolites (11β-PGF_{2α} and PGJ₂). Moreover, TXA-synthase activity was observed by the increase in TXB₂ and 12-HHTrE after both challenges, but with 3 times greater amounts following stimulation with C48/80. Supplemental to the above-mentioned mediators, C48/80 elevated a broad range of other COX-related products, such as PGE₂ and its metabolites (13,14-dihydro-15-keto-PGE₂ and PGB₂), PGF_{2α} and 6-keto-PGF_{1α} (**Figure 22**). Similar to a previous study²²⁴, treatment with non-selective COX inhibitor (indomethacin) during the experiments significantly reduced all COX dependent metabolites, except the non-enzymatic dehydration product PGB₂.

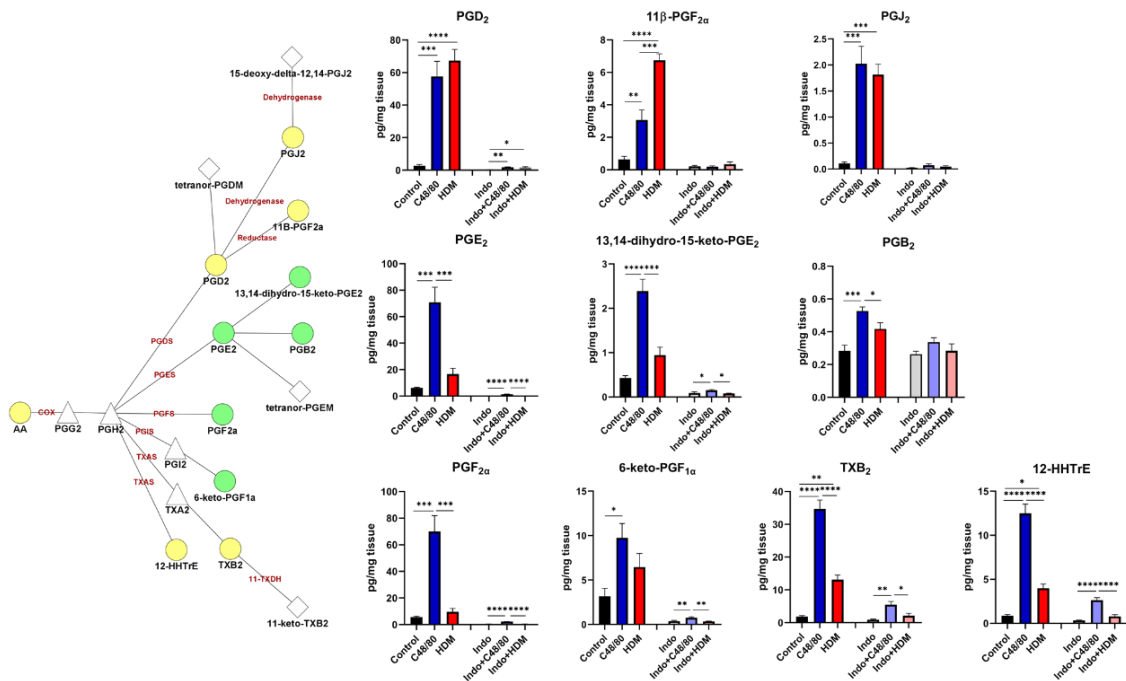


Figure 22: Prostaglandins and thromboxane after challenge with C48/80 (500 µg/mL) or HDM (10 µg/mL). Lipid mediators not monitored are denoted (Δ), below limit of detection (◇), detected but not changed

(○), significantly changed by both C48/80 and HDM (○) (yellow), changed only by C48/80 (green) and changed only by HDM (pink) (n=5-6 in each group). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ and **** $p < 0.0001$.

Since, PGD_2 is a biomarker of mast cell activation²²⁵, the increase of PGD_2 metabolites providing further evidence that both stimuli activate mast cells. On the other hand, TXB_2 , the breakdown metabolites of TXA_2 , which may also be derived from mast cells²²⁶, was to a greater extent released following C48/80 than HDM, suggesting that C48/80 and HDM induces activation of the intracellular pathways in different ways. The other prostanoids, PGE_1 , PGE_2 and its metabolites, PGE_3 , $\text{PGF}_{2\alpha}$, 6-keto- $\text{PGF}_{1\alpha}$ and TXB_3 were solely increased by C48/80. These mediators can be derived from many cell types, such as tracheal epithelial cells, smooth muscle cells, activated platelets, granulocytes^{138,227,228}. As MRGPRX2 has mainly shown to be expressed on mast cells and nerves^{125,229}, the C48/80 induced increase can be due to direct activation of exclusively mast cells and embedded nerve endings in guinea pig trachea. The activation could also be due to indirectly through a release from other cells triggered by specific signals from C48/80-activated mast cells and nerves. Collectively, the broader and stronger release of prostanoids obtained by C48/80 indicates that there is a distinct signal routes compared to the one induced by HDM. Of further interest, not only contractile mediators such as $\text{PGF}_{2\alpha}$, and TXB_2 were elevated after C48/80 challenge, but also, the main PGI_2 metabolite, which relaxes smooth muscle²³⁰. Moreover, the increase of PGE_2 , having contractile and relaxant abilities to both human and guinea pig smooth muscles^{213,230}, further contributes to the complexity of C48/80 induced bronchoconstriction. A limitation with the study was that we used indomethacin in many of the functional studies. This removes all COX products, both contractile and relaxant, as well as those with regulatory functions on mast cells. Future studies using selective inhibition of COX isoenzymes and terminal prostaglandin synthases might resolve some of the questions from this study.

As the main contractions by the bolus dose of both C48/80 and HDM were only reduced by mepyramine and MK886 together, one component of the contraction was expected to be mediated through the 5-LOX products. In agreement with this, a strong increase in LTE_4 was observed following HDM stimulation (**Figure 23**). By an additional analysis method covering all individual CysLTs, it was confirmed that most of the LTC_4 and LTD_4 were metabolized to LTE_4 by the end of the 60 minutes challenge (LTC_4 took up 0%, LTD_4 1.7% and LTE_4 98.3% of measured responses). However, no increase in LTE_4 appeared after C48/80 stimulation. Elevation of LTA_4 -hydrolase products, such as LTB_4 and the non-enzymatic product 6-*trans*- LTB_4 were increased following stimulus with C48/80 or HDM (in absence of indomethacin, HDM failed to reach statistical significance). 5-HETE was only increased after C48/80 stimulation.

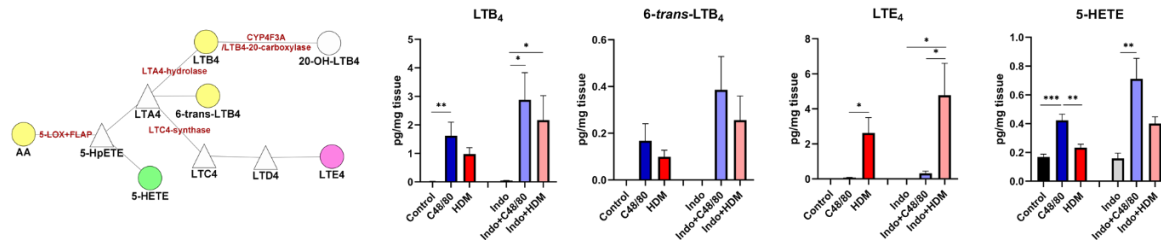


Figure 23: 5-LOX/FLAP metabolites after challenge with C48/80 (500 µg/mL) or HDM (10 µg/mL). Lipid mediators not monitored are denoted (Δ), below limit of detection (\diamond), detected but not changed (\circ), significantly changed by both C48/80 and HDM (\circ) (yellow), changed only by C48/80 (green) and changed only by HDM (pink) (n=5-6 in each group). * $p<0.05$, ** $p<0.01$ and *** $p<0.001$.

It is known that mast cells have the capacity to synthesize leukotrienes (LTB₄ and CysLTs) and 5-HETE²³¹ through the 5-LOX pathway. In our setting, both C48/80 and HDM increased the LTB₄ whereas only HDM triggered the CysLTs production, reflected in the elevation of LTE₄. This difference is probably due to different intracellular signaling pathways for G-protein coupled receptors and Fc-receptors and agrees with a previous study demonstrating that FcεRI and MRGPRX2 has different signaling pathways, where only the former released LTC₄ from activated human skin mast cells²³². An additional possible explanation for the distinct LTE₄ release is that antigen and C48/80 activate different mast cell phenotypes. It has been shown that FcεRI cross-linking in humans¹¹⁹ and antigen-induced activation in guinea pig²³³ activate both MC_T and MC_{TC}, whereas C48/80 selectively activates MC_{TC}¹¹⁹. As human MC_T, but not MC_{TC}, has been shown to express high levels of LTC₄ synthase in central airways¹¹⁸, a presence of both mast cell phenotypes in the guinea pig trachea may explain the HDM-induced release of LTE₄. However, the inhibitory effect caused by MK886, together with mepyramine, on the whole phase response for C48/80 indicate that products from the 5-LOX/FLAP pathway was involved in the contraction. This can either be explained by a small amount of released CysLTs being directly bound to their receptors and not reaching the buffer solution, due to LTB₄ contracting guinea pig trachea²³⁴ or due to a release of 5-HETE, which has previously been shown to potentiate the histamine response²³⁵.

Hydroxyeicosatetraenoic acids (HETEs) and dihydroxyeicosatrienoic acid (DiHETrE) metabolites derived from AA with less known bioactive functions, were found to be affected by C48/80 and HDM. Two monohydroxylated metabolites, 11- and 15-HETE, were found significantly increased by both C48/80 and HDM challenge, with highest levels detected after C48/80 exposure. However, the increased levels of 11-HETE by both stimuli and 15-HETE after C48/80 challenge were reduced by indomethacin which in accordance with a study showing that 15-HETE is a COX product in human mast cells²³⁶. From the cytochrome p450 (CYP450) pathway, 19-HETE and 14,15-DiHETrE were increased by C48/80, but not by HDM (**Figure 24**).

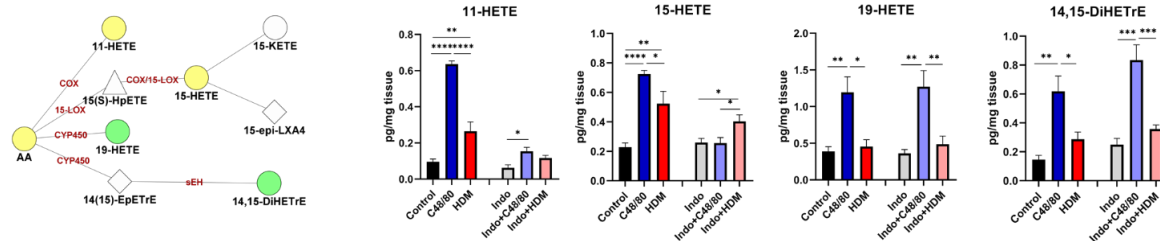


Figure 24: HETEs and DiHETE metabolites after challenge with C48/80 (500 µg/mL) or HDM (10 µg/mL). Lipid mediators not monitored are denoted (Δ), below limit of detection (\diamond), detected but not changed (\circ), significantly changed by both C48/80 and HDM (\circ) (yellow), changed only by C48/80 (green) and changed only by HDM (pink) (n=5-6 in each group). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ and **** $p < 0.0001$.

This finding demonstrates again that both similarities and differences exist in response to C48/80 and HDM. To what extent some of these mediators participate in the observed contractions remained to be further investigated, especially as the amount of these was comparably low in relation to the major prostaglandin and leukotriene metabolites.

As for the isoprostanes, 8-*iso*-PGE₂ was significantly increased after C48/80 challenge and 8-*iso*-PGF_{2 α} were elevated after both C48/80 and HDM addition. Treatment with indomethacin significantly abolished the formation of both (**Figure 25**). Although it has been shown that isoprostanes are formed both from COX pathway and non-enzymatically²³⁷⁻²³⁹, our data indicate that 8-*iso*-PGE₂ and 8-*iso*-PGF_{2 α} are products much dependent on COX enzyme activity in guinea pig trachea.

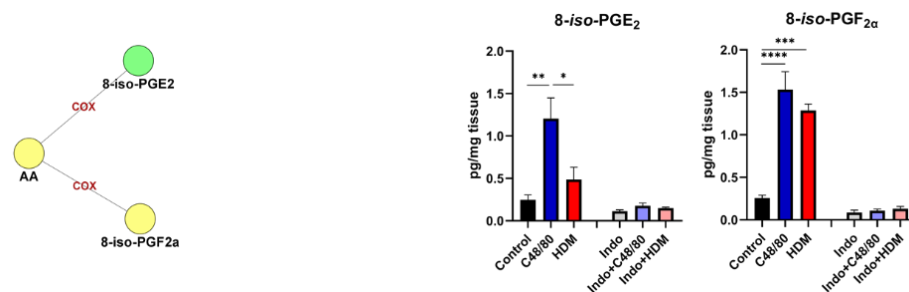


Figure 25: Isoprostanes after challenge with C48/80 (500 µg/mL) or HDM (10 µg/mL). Lipid mediators not monitored are denoted (Δ), below limit of detection (\diamond), detected but not changed (\circ), significantly changed by both C48/80 and HDM (\circ) (yellow), changed only by C48/80 (green) and changed only by HDM (pink) (n=5-6 in each group). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ and **** $p < 0.0001$.

In addition to AA metabolites, products from different PUFAs were also observed after challenges. Metabolic products of EPA were released in relatively low levels (<2 pg/mg tissue) where PGD₃ was significantly elevated by both C48/80 and HDM, whereas PGE₃, TXB₃ and 5-HEPE only increased by C48/80 (**Figure 26**).

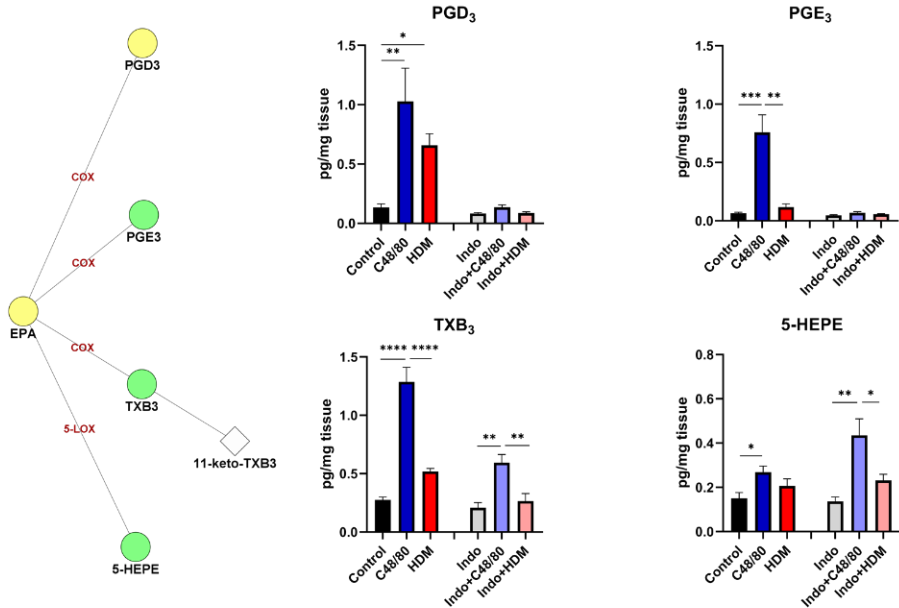


Figure 26: EPA metabolites after challenge with C48/80 (500 $\mu\text{g/mL}$) or HDM (10 $\mu\text{g/mL}$). Lipid mediators not monitored are denoted (Δ), below limit of detection (\diamond), detected but not changed (\circ), significantly changed by both C48/80 and HDM (\circ) (yellow), changed only by C48/80 (green) and changed only by HDM (pink) (n=5-6 in each group). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ and **** $p < 0.0001$.

Prostaglandin D_1 and PGE_1 which are derived from DHGLA were significantly modified by challenges. Whereas the former increased by both C48/80 and HDM stimulations, the latter only by C48/80 (**Figure 27**).

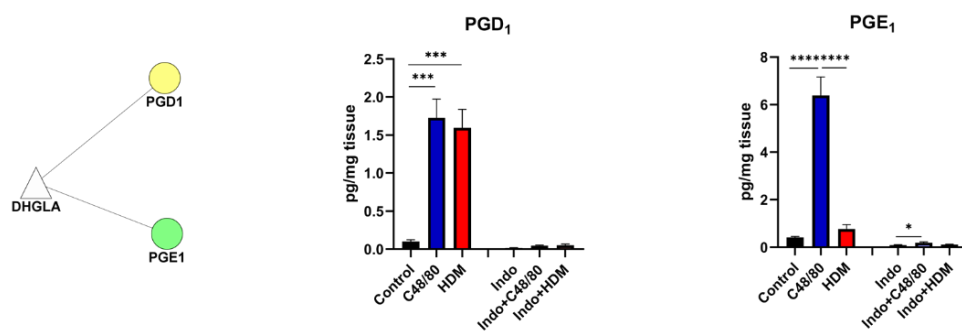


Figure 27: DHGLA metabolites after challenge with C48/80 (500 $\mu\text{g/mL}$) or HDM (10 $\mu\text{g/mL}$). Lipid mediators not monitored are denoted (Δ), below limit of detection (\diamond), detected but not changed (\circ), significantly changed by both C48/80 and HDM (\circ) (yellow), changed only by C48/80 (green) and changed only by HDM (pink) (n=5-6 in each group). *** $p < 0.001$ and **** $p < 0.0001$.

The simultaneous elevation of PGD_1 and PGD_3 further strengthen the activity of mast cell specific PGD synthases.

None of the metabolites downstream of the main substrates of docosapentaenoic acid, 11,14-eicosadienoic acid, α - and γ -linolenic acids, or mead acid were significantly changed during any of the conditions evaluated.

The responsible receptor for C48/80 induced response in guinea pig trachea is not completely clarified, but it is likely that the response is mediated through a MRGPRX2 orthologue in guinea pig trachea. There are at least two MRGPRX2 gene orthologues that exist in guinea pigs²⁴⁰. Due to absence of tools, we could not define which of these that were responsible for the response. However, we tested some other known MRGPRX2 agonists, including substance P, LL-37, cortistatin-14, PAMP (9–20) and mastoparan, all of them could induced smooth muscle contraction in guinea pig trachea (**Figure 28**). The contraction induced by PAMP (9–20) was totally inhibited by pretreatment of histamine H₁ receptor antagonist, indicating that this response is mast cell mediated.

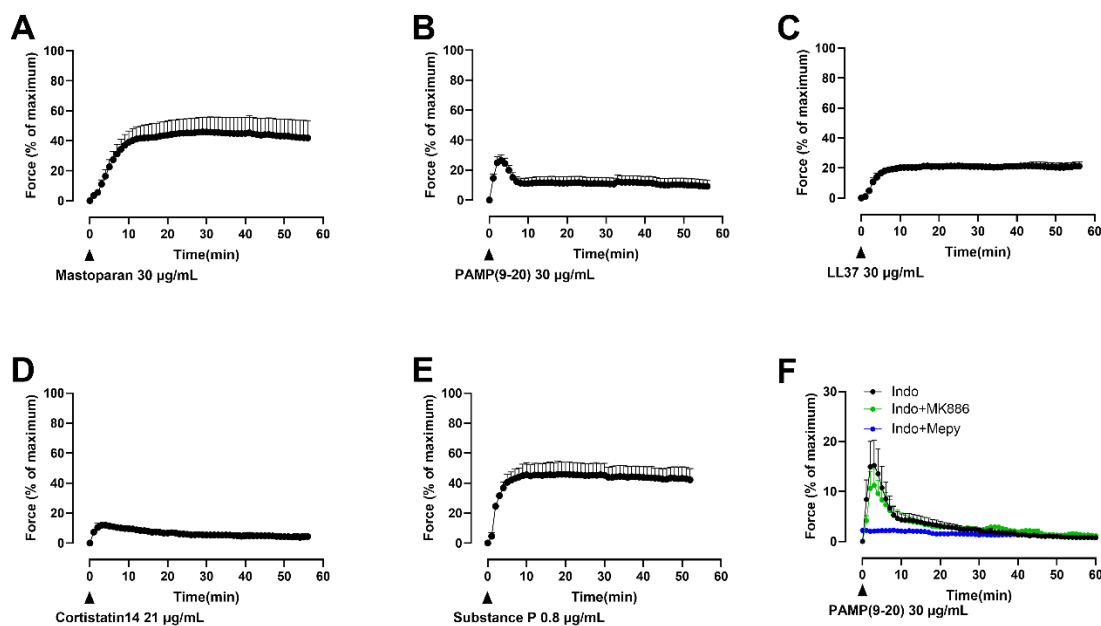


Figure 28: Responses of guinea pig trachea to MRGPRX2 agonists. All the tracheal segments were treated with indomethacin (Indo; 3 μ M). Responses of guinea pig trachea to (A) Mastoparan (30 μ g/mL) (n=5), (B) PAMP (9-20) (30 μ g/mL) (n=13), (C) LL37 (30 μ g/mL) (n=2), (D) Cortistatin14 (21 μ g/mL) (n=2), (E) Substance P (0.8 μ g/mL) (n=2) and (F) PAMP (9-20) (n=4-7) with or without antagonist/inhibitor, mepyramine (Mepy; 1 μ M), MK886 (10 μ M).

4.3.1 Summary

In this paper, we isolated guinea pig trachea for comparing the effect of different mast cell agonists on the ASM response and mediator release. Though some differences existed, the contractions induced by HDM and C48/80 were both mediated by mast cell mediators. Both agonists induced the release of histamine and PGD₂ to similar levels. However, distinct of lipid mediator profiles were observed. The CysLTs were only elevated by HDM, whereas C48/80 induced a broader release of lipid mediators. This project provides novel insights for future guinea pig studies to investigate the role of mast cell mediators on both allergic and non-allergic asthma.

4.4 INVESTIGATION OF THE ROLE OF MAST CELLS IN ASTHMA RELATED FEATURES IN HUMAN AND GUINEA PIG MODELS (PAPER IV AND V)

Due to the interest of investigating the role of mast cells on the pathophysiological features in asthma models, the study to find an efficient tool to induce mast cell death was performed. After screening the Prestwick compound library which contains 1,200 approved drugs, monensin, an ionophoric antibiotic, was found to be a promising compound to induce mast cell death. We exposed several types of mast cells to different doses of monensin for different time. Two markers, namely Annexin V and DRAQ7 were used to distinguish the apoptotic and necrotic cell death (**Figure 29A**). After exposing to monensin, the population of viable cells (Annexin V⁻ and DRAQ7⁻) were gradually decreased in bone marrow-derived mast cells (BMMCs; **Figure 29B**), peritoneal cell-derived mast cells (PCMCs; **Figure 29C**), immortalized human MCs (LUVA cells; **Figure 29D**), human mast cell leukemia cells (HMC-1 cells; **Figure 29E**) and human skin MCs (**Figure 29F**). On the contrary, the increases of apoptotic cells (Annexin V⁺ and DRAQ7⁻) and necrotic cells (Annexin V⁺ and DRAQ7⁺) were observed in all the MCs. The proportion of apoptotic cells was larger than of necrotic cells (**Figure 29B to F**). All these findings suggest that monensin can be a tool for delineating the role of MCs in functional studies.

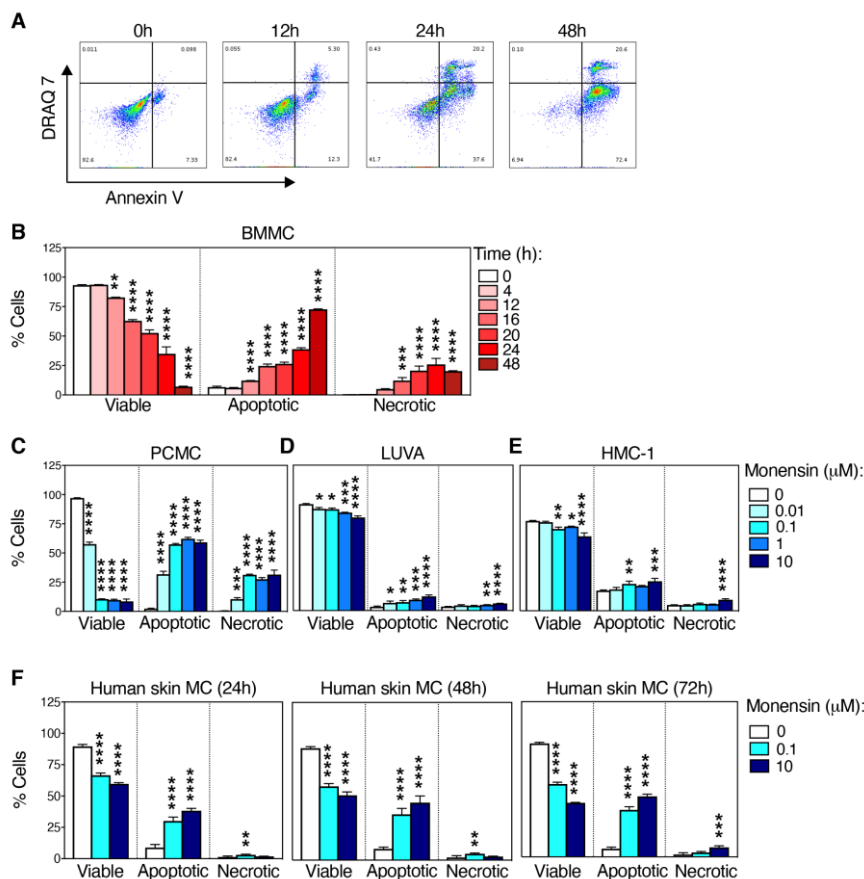


Figure 29. The effect of monensin on mast cells. (A) Representative dot plots used to distinguish between viable (Annexin V⁻/DRAQ7⁻), apoptotic (Annexin V⁺/DRAQ7⁻) and necrotic (Annexin V⁺/DRAQ7⁺) cells. (B) Time effect of monensin (10 μM) to BMMCs (0.5×10^6 cells) (n = 3 in each group). Effect of different concentrations and time course of monensin on (C) PCMCs, (D) LUVA cells, (E) HMC-1 and (F) human skin MCs (n = 3-4 in each group). * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ and **** $p < 0.0001$.

To investigate the effect of monensin on the MCs of guinea pig airways. The trachea was isolated from HDM sensitized (a single intraperitoneal injection of 100 μ g HDM with 100 mg aluminum hydroxide) animals. Tracheal segments were cultured with or without monensin, at different concentrations, for 24 to 72h. The segments were fixed in Carnoy fixatives (60% Ethanol, 30% chloroform and 10% acetic acid) and stained with Astra blue, which has been shown to stain MCs²⁴¹. Compared to the control segments, the staining intensity of MCs, assessed as intensity score, were found significantly reduced in the segments exposed to monensin for 24h (**Figure 30A**). However, no significant decrease of MC numbers was observed (**Figure 30B**). More clear reductions of granule staining intensity were found in the segments exposed to monensin for 48h (**Figure 30C**) and 72h (**Figure 30E**). The numbers of detectable MCs were significantly reduced after both 48- (**Figure 30D**) and 72h (**Figure 30F**) exposure to monensin (10 μ M).

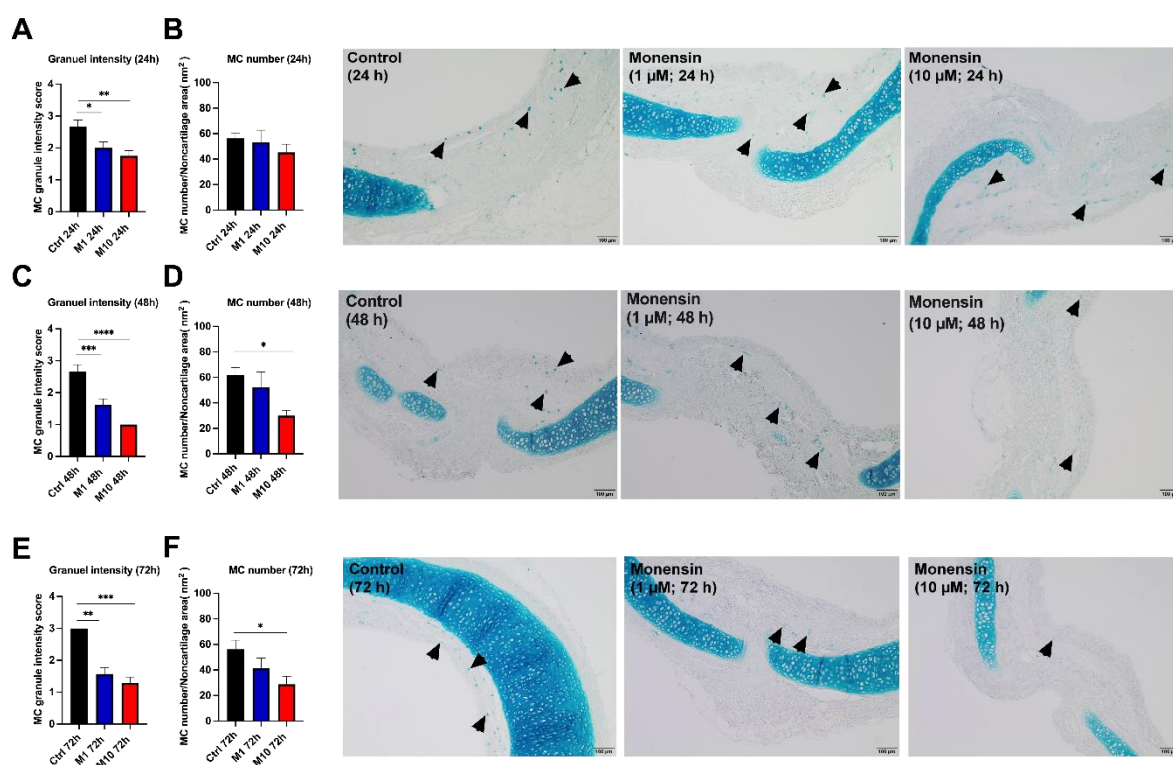


Figure 30: Astra blue staining of guinea pig trachea. The staining intensity of mast cells was scored (1: pale, 2: medium, 3: strong) after (A) 24h, (C) 48h and (E) 72h culture with 1 μ M (M1) or 10 μ M (M10) monensin, or vehicle (1% ethanol, Ctrl). The mast cell numbers after culturing with monensin or vehicle for (B) 24h, (D) 48h and (F) 72h. Representative pictures were listed on the right (n=6-8 in each group). Arrows denote mast cells. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$ and **** $p < 0.0001$.

It is known that Astra blue binds to the glycosaminoglycans (GAGs) which are negatively charged polysaccharides present in tissues including heparin/heparan sulfate, chondroitin sulfate/dermatan sulfate, hyaluronic acid, and keratan sulfate²⁴². The basis for identify MCs by Astra blue is that MCs contain heparin²⁴³ and chondroitin sulphate^{244,245} in their granules. The rapid penetration properties of Carnoy fixatives causes the precipitation of GAGs, in addition, the acidity of the fixative facilitate the binding of Astra blue and the ionic linkages between GAG and the basic cationic dye²⁴⁶. Therefore, more MCs can be identified in sections fixed with Carnoy than formaldehyde. Our findings suggest MCs gradually lose their

granule contents by monensin exposures. However, whether the contents were released outside MCs or be degraded inside the cells were not clear.

To investigate whether monensin induce the death of MCs, the tracheal segments after 2 to 72h treatment with or without monensin were examined by Astra blue/Hematoxylin staining to stain the nuclei of MCs. The staining revealed that monensin treated tracheal segments demonstrated marked decrease of MCs that have intact nuclei after exposing to monensin (**Figure 31**). This decrease was discovered directly after 2h monensin exposure (**Figure 31A**), further decreased after prolonged exposure to 24h (**Figure 31B**) and maintained after 48h (**Figure 31C**) and 72h exposure to monensin (**Figure 31D**).

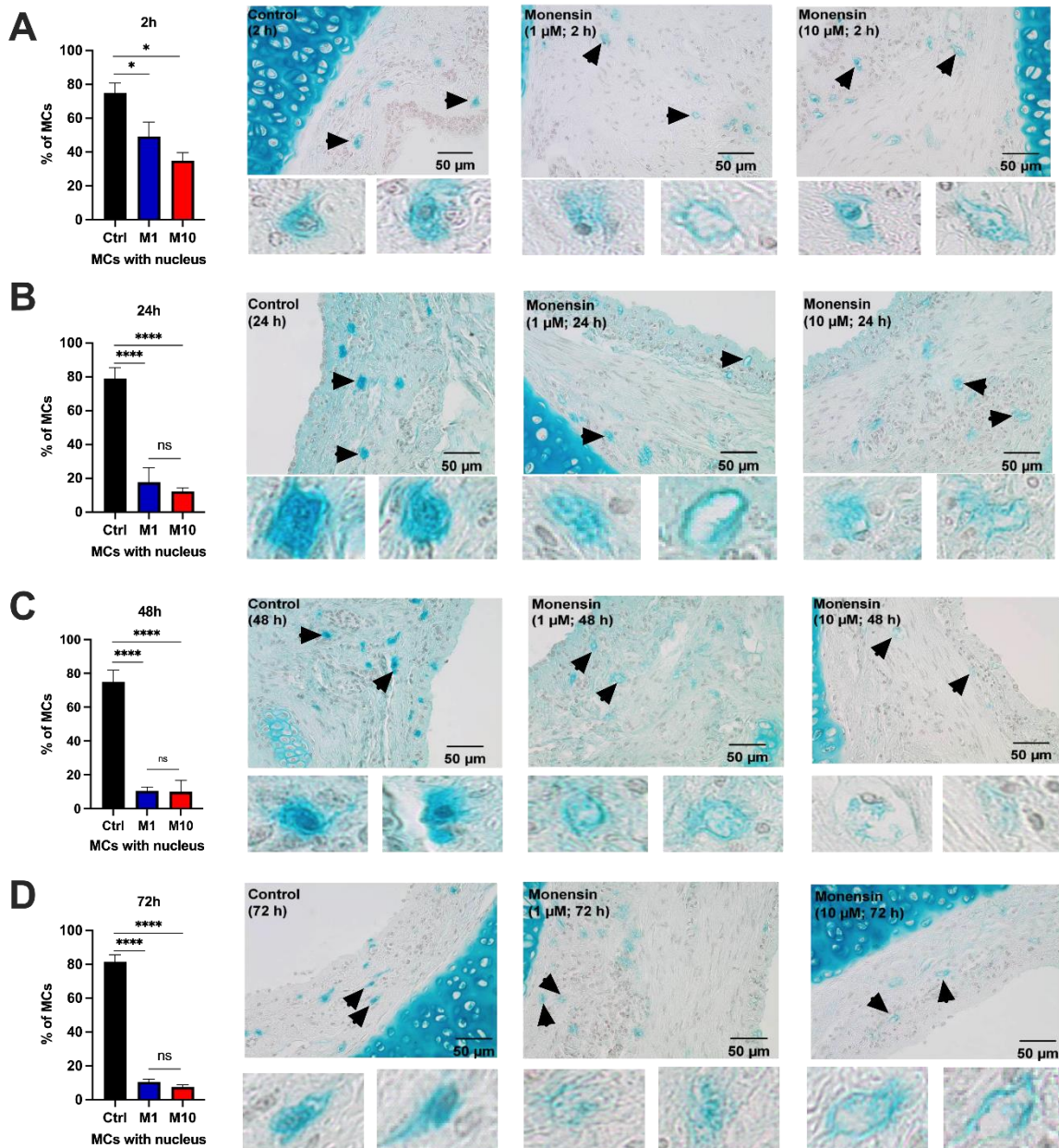


Figure 31: Astra blue/Hematoxylin staining of guinea pig trachea. Percentage of mast cells that have detectable nuclei after (A) 2h, (B) 24h, (C) 48h and (D) 72h culture with 1 μ M (M1) or 10 μ M (M10) monensin, or vehicle (1% ethanol; Ctrl) with representative pictures (n=3-8 in each group). Arrows denote the magnified mast cells. * p <0.05 and **** p <0.0001.

The decreased percentage of MCs that have intact nuclei indicate that monensin causes the death of MCs and the effect is robust and time dependent.

To study whether there are releases of MC contents by monensin releasing spasmodic mediators, guinea pig tracheal segments were mounted in the organ baths where smooth muscle contractions were recorded. As could be seen from **Figure 32A**, rapid contractions were found directly after monensin exposure which could be totally removed by histamine H₁ receptor antagonist (mepyramine). The smooth muscle constrictions were also observed in human bronchi (**Figure 32B**) and again, these contractions could be inhibited by mepyramine.

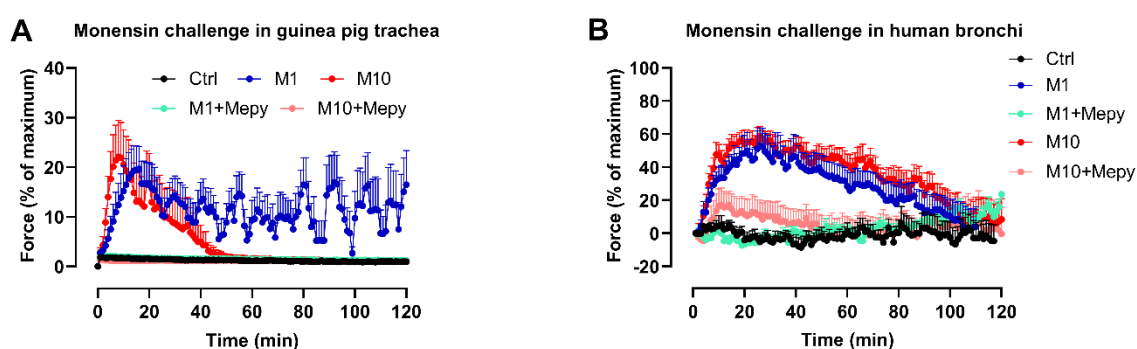


Figure 32: Airway responses to monensin. (A) The contractions of guinea pig tracheal segments were monitored in organ baths and (B) human bronchi response in the myographs after exposure to 1 μ M (M1) or 10 μ M (M10) monensin with or without the presence of mepyramine (1 μ M; Mepy) (n=5-6 in each group).

These findings confirm that the monensin induced bronchoconstrictions in guinea pig and human airways were both mediated by histamine. This is in accordance with a previous study showing that monensin induces histamine release from MCs²⁴⁷. Unlike cell necrosis which causes karyolysis and loose of cell contents²⁴⁸, the apoptotic cells usually have cell contents kept inside²⁴⁹. Hence, this release suggests that monensin can cause MC necrosis.

To study the effect of monensin on the general tissue viability, both guinea pig trachea and human bronchi were exposed to the muscarinic receptor agonist (carbachol; CCh) after exposing the segments to monensin for different time periods. The absolute contractile force (mN) was recorded and used for comparisons. No significant differences in CCh responses were found after exposing to low concentration of monensin (1 μ M) for 24 to 72h (**Figure 33A to C**). Although, no significant effect of the high concentration of monensin (10 μ M) on CCh response after 24h exposure (**Figure 33A**), significant dampened responses were observed after 48h (**Figure 33B**) and 72h exposure (**Figure 33C**). This indicates that monensin, at low concentration or short incubation time, has no significant effect on the contractility of guinea pig trachea. However, monensin can cause reduction of the smooth muscle cell responses at high doses and for prolonged exposure time.

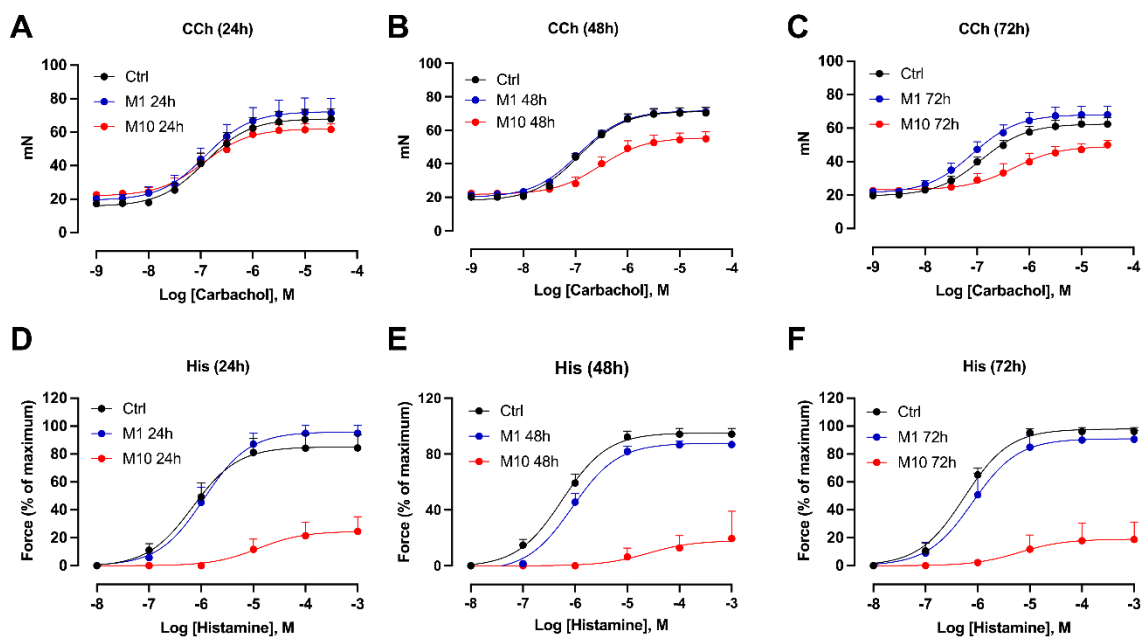


Figure 33: Responses of guinea pig trachea to carbachol and histamine after monensin exposure.

Responses to carbachol (CCh) after (A) 24h, (B) 48h, and (C) 72h exposure to 1 μ M (M1) or 10 μ M (M10) monensin, or vehicle (1% ethanol; Ctrl). Responses to histamine (His) after (D) 24h, (E) 48h, and (F) 72h incubation (n=6 to 14 in each group).

Since histamine releases were found, this could affect the functions of the histamine receptors. Thus, the exogenous histamine with different concentrations were added to examine the effect of monensin on the histamine H_1 receptors. No significant changes of the histamine responses were found after culturing with low concentration of monensin at any time points (**Figure 33D to F**). Notably, these responses were markedly right shifted and maximal responses (E_{max}) dampened after 24 to 72h exposure to the high dose of monensin (**Figure 33D to F**).

Monensin, cultured for 24h at high concentration, did not affect the CCh but dampened histamine responses. This can be explained by that the monensin induced release of histamine could cause the desensitization of the histamine H_1 receptors. This is in accordance with a previous study demonstrating that homologous desensitization of the H_1 receptors could be induced by pre-exposure to histamine in guinea pig tissues²⁵⁰.

In human bronchi, the 24h monensin treatment did not affect the carbachol responses (**Figure 34A**), indicating that monensin does not dampen the smooth muscle contractions. However, the histamine curve was significantly left shifted by 10 μ M monensin with the pEC_{50} changed from 6.8 in the control to 7.2 in the treated group (**Figure 34B**). The potentiation effect of monensin seen in human bronchi might be explained by the release of MC mediators, for instance, $IL-4$ ^{63,251}, that makes the airway smooth muscle hyperreactive.

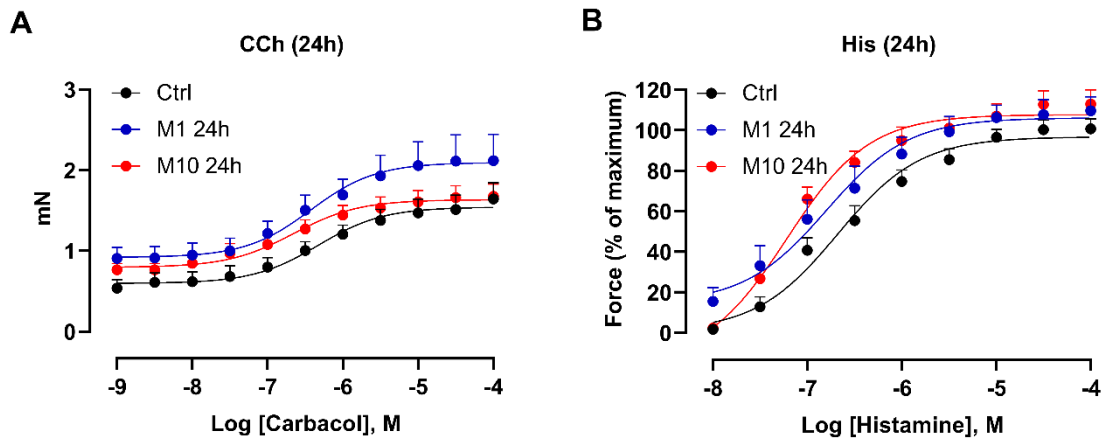


Figure 34: Responses of human bronchi to carbachol and histamine after monensin exposure. Responses to (A) carbachol (CCh) and (B) histamine (His) after 24h culture with 1 μ M (M1) or 10 μ M (M10) monensin, or vehicle (1% ethanol; Ctrl) (n=8-13 in each group).

To investigate the role of MCs on antigen induced bronchoconstriction, both guinea pig trachea and human bronchi were used. Guinea pigs were sensitized intraperitoneally to HDM, tracheas were isolated and incubated with monensin. The segments were exposed to HDM again in the organ baths after the incubations. As it is not possible to actively sensitize humans beforehand, we use anti-IgE antibodies (anti-IgE) to activate MCs in human bronchi. The anti-IgE binds to the bounded IgE on MCs that attached to the high affinity IgE receptor and thereby cause MC activation²²¹. Two hours after monensin exposure, no HDM induced responses were observed in guinea pig trachea (**Figure 35A**). The inhibition effect continued after 24 to 72h monensin culture (**Figure 35 B to D**).

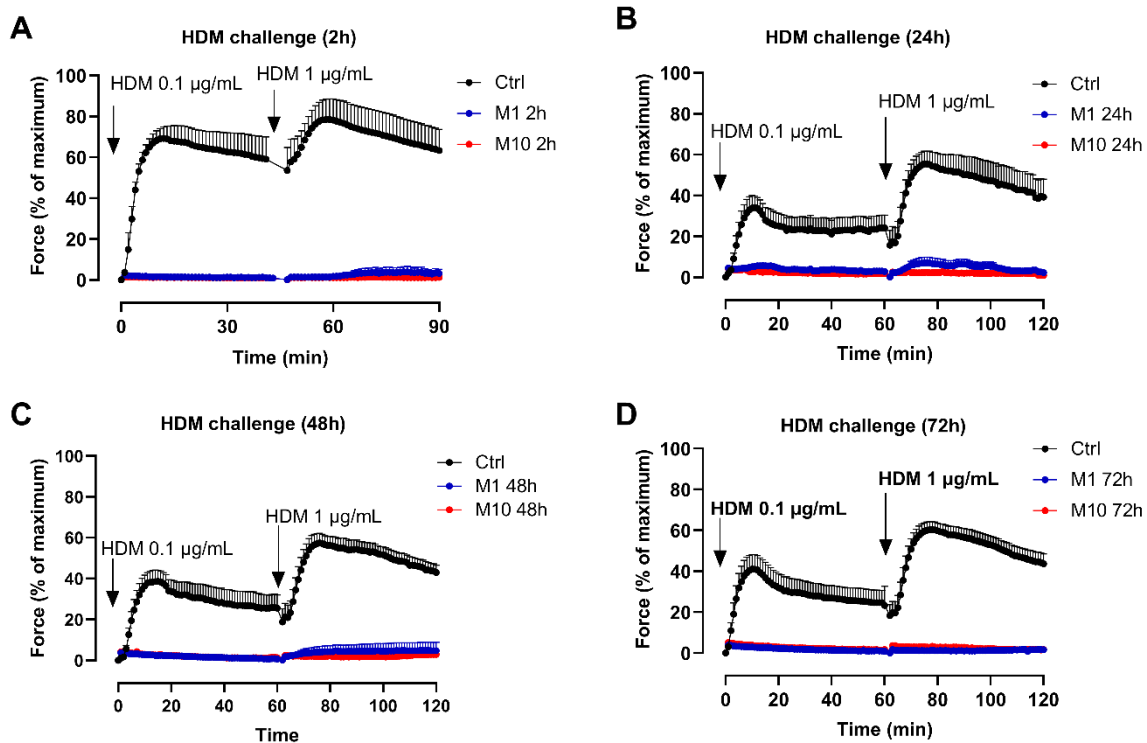


Figure 35: Responses of guinea pig tracheal segments to HDM after monensin exposure. Guinea pigs were

sensitized by a single intraperitoneal injection of 100 µg HDM with 100 mg aluminum hydroxide for two weeks. Tracheal segments were challenged with HDM after culturing with 1 µM (M1) or 10 µM (M10) monensin, or vehicle (1% ethanol; Ctrl) for (A) 2h, (B) 24h, (C) 48h and (D) 72h (n=3-8 in each group).

In human bronchi, the anti-IgE induced contractions were also inhibited after 2h (**Figure 36A**) and 24h (**Figure 36B**) exposure to monensin.

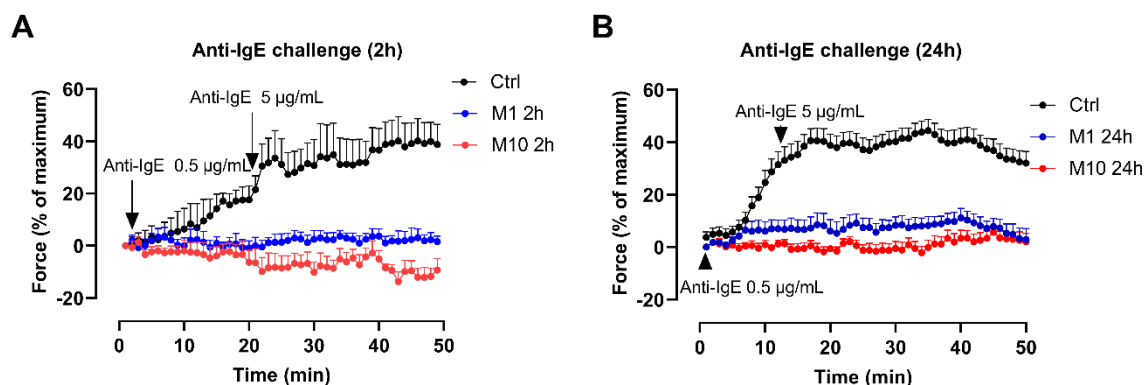


Figure 36: Responses of human bronchi to anti-IgE challenge after monensin exposure. Segments were challenged with anti-IgE after culturing with 1 µM (M1) or 10 µM (M10) monensin, or vehicle (1% ethanol; Ctrl) for (A) 2h and (B) 24h (n=5-13 in each group).

Both HDM and anti-IgE represent antigen-induced activation of MCs, since the increased release of MC mediators was observed, such as histamine, CysLTs and PGD₂ from guinea pig trachea²⁵² and human MCs^{253,254}. These spasmodic mediators induce the smooth muscle contraction. Our findings suggest that monensin has a fast and strong effect on reducing the antigen induced bronchoconstriction both in guinea pig and human airways. In addition, no remaining HDM responses were observed after monensin exposure, suggesting that the remaining antigen response found in **paper III**, were solely mediated by MCs.

To investigate the role of MCs on AHR, monensin was used as a tool *in vivo* in the *i.p.* sensitized guinea pigs that received weekly intranasal HDM challenges for three and five consecutive weeks (**Figure 37**). Monensin was given 24h before each challenge.

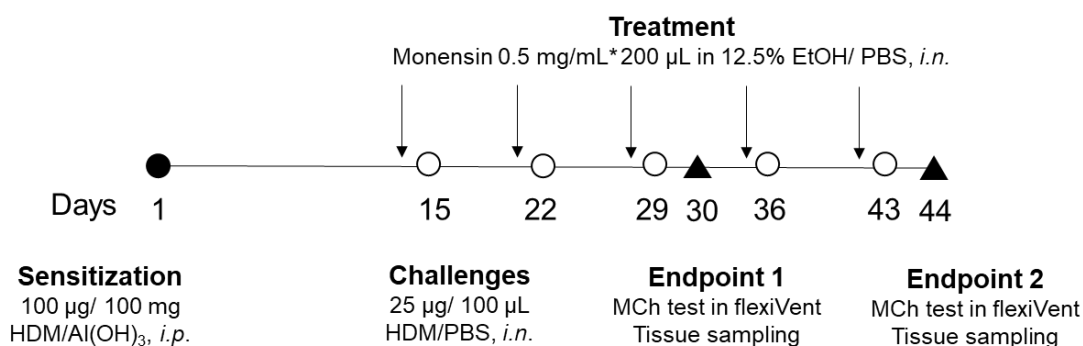


Figure 37: Protocol for HDM exposures. Guinea pigs were sensitized by a single intraperitoneal injection of 100 µg HDM with 100 mg aluminum hydroxide for two weeks. Followed by three or five intranasal HDM challenges (25 µg/ 100 µL HDM/PBS). Monensin (0.5 mg/mL * 200 µL) was given 24h before each challenge. 12.5% ethanol (EtOH) in PBS was used as the vehicle. One day after the last challenge, the airway responsiveness to methacholine (MCh) was performed and lungs were collected for histological examinations.

Compared to naïve animals, the HDM sensitized animals demonstrated enhanced responses to methacholine after three weeks challenges in the three parameters generated from the constant phase model, namely R_n (Figure 38A), G (Figure 38B) and H (Figure 38C). However, all the increases were significantly reduced by pretreatment with monensin (Figure 38A to C). The increased methacholine responses could also be found after five-week HDM challenge, and again, could be inhibited by monensin (Figure 38D to F).

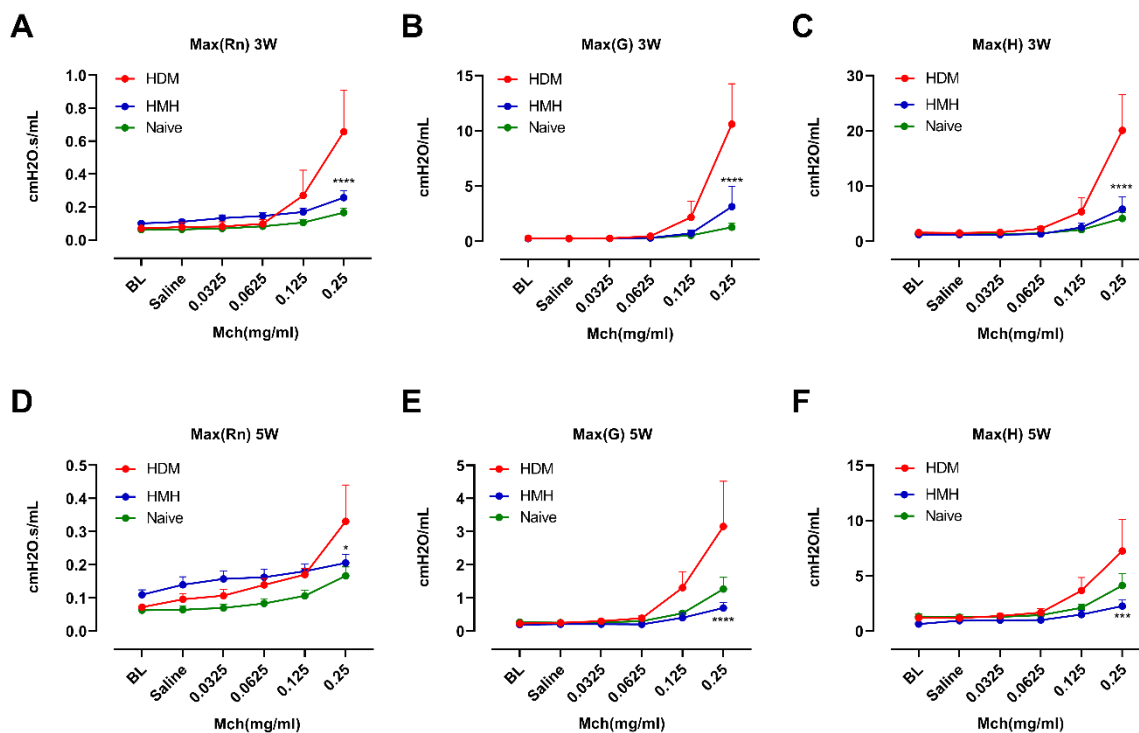


Figure 38: Effect of monensin on airway responsiveness to methacholine. Animals were sensitized with a single *i.p.* injection of Of 100 μ g HDM with 100 mg aluminum hydroxide at day 1 followed by intranasal HDM challenges (25 μ g per challenge). Monensin (0.5mg/mL in 200 μ L 12.5%EtOH/PBS) was given 24h before each challenge. Airway responsiveness to methacholine (Mch) was assessed in the flexiVent one day after 3- and 5-week challenge. Differences of resistance in conducting airways (R_n ; A and D), tissue damping (G ; B and E) and tissue elastance (H ; C and F) were compared between the animals exposed to HDM with or without monensin treatment ($n=4-7$ in each group). HMH, animals sensitized and challenged with HDM that received monensin pretreatment. * $p < 0.05$, *** $p < 0.001$ and **** $p < 0.0001$.

These findings indicate that the HDM exposed animals demonstrate AHR to mechacholine and MCs have important role in the development of AHR. In humans, the AHR can be found early in life in infants who have family histories of asthma²⁵⁵. The mechanisms behind AHR are not yet defined. Many factors are suggested to have roles in the development of AHR. For instance, the inflammatory cytokines and the changes of structure cells (*e.g.*, epithelial dysfunction^{256,257} and increase of smooth muscle mass)^{256,257}. The reduced AHR by monensin might be due to the reduced MC mediators that known to induce hyperreactivity of the smooth muscle cells, such as tryptase, IL-4 and IL-13^{63,145}.

The effect of monensin on airway inflammation was studied in the Hematoxylin-Eosin-stained lung sections from animals received five weeks of challenges. Significant increases of

the areas of infiltration of inflammatory cells were found in HDM sensitized and challenged animals (**Figure 39**), which could be alleviated by monensin.

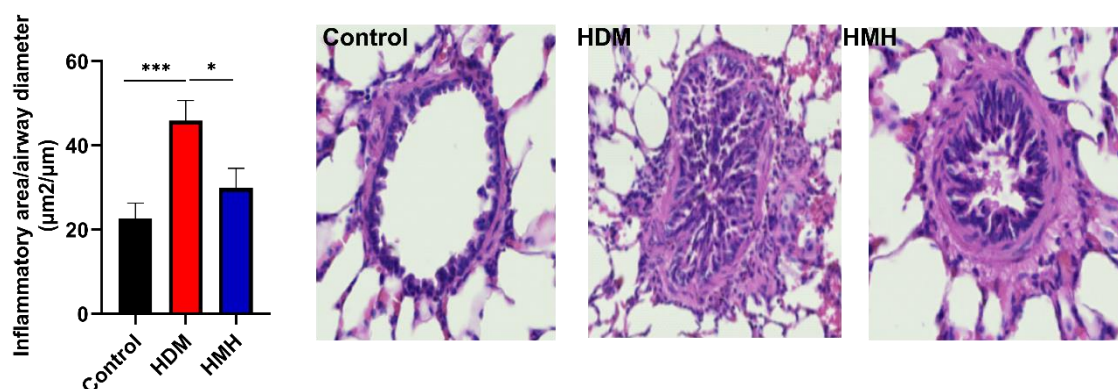


Figure 39: Airway inflammation of guinea pigs. Animals were sensitized by *i.p.* injection of HDM with adjuvant followed by five weeks' intranasal HDM challenges. Monensin or vehicle were given 24h before the last challenge. Inflammatory areas were compared in Hematoxylin-Eosin-stained slides between control animals, animals exposed to HDM without and with monensin treatment (HMMH). Control: animals exposed to PBS, received vehicle (12.5% EtOH/PBS) or monensin as pretreatment. HDM: animals exposed to HDM and received vehicle as pretreatment. HMMH: animals exposed to HDM and received monensin as pretreatment (n=6-7 in each group). * $p < 0.05$ and *** $p < 0.001$.

Lung sections were stained with Astra blue/Hematoxylin to quantify MCs. Increases of MCs after repeated HDM exposures were found both after 3-week (**Figure 40A**) and 5-week challenges (**Figure 40B**). The MC hyperplasia could be significantly dampened by pre-exposure to monensin (**Figure 40**).

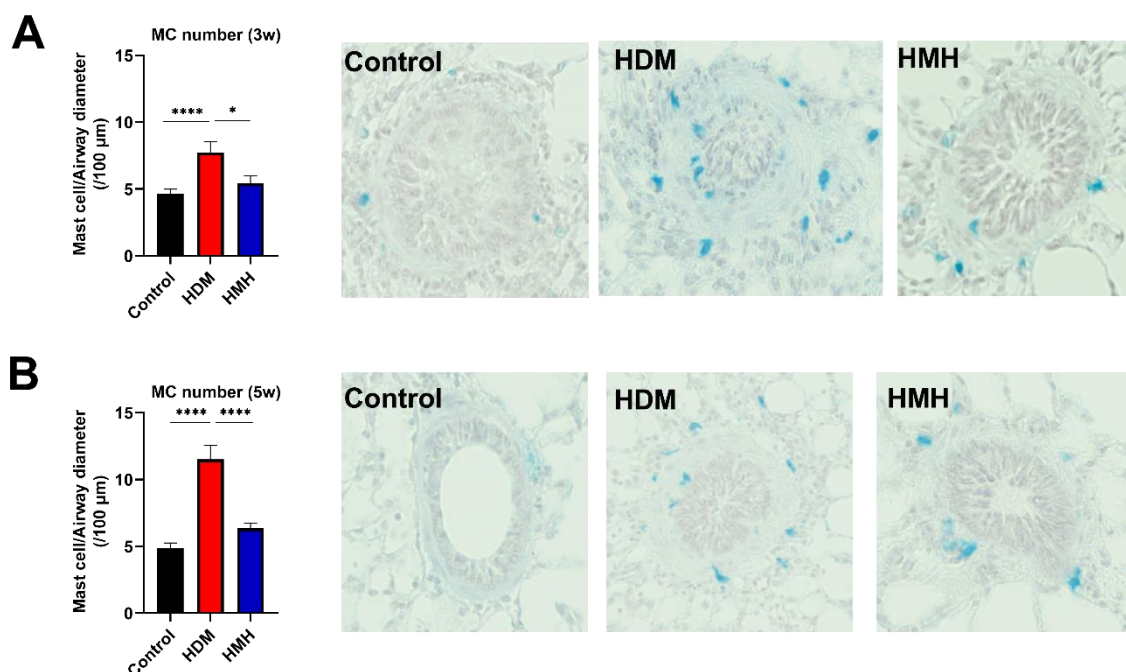


Figure 40: Mast cells in the airways of guinea pigs. Animals were sensitized by *i.p.* injection of HDM with adjuvant followed by weekly intranasal HDM challenge. Monensin or vehicle were given 24h before the last challenge. Mast cell number was counted in Astra blue stained sections after (A) 3-week and (B) 5-week HDM challenges. Control: animals exposed to PBS, received vehicle (12.5% EtOH/PBS) or monensin as pretreatment. HDM: animals exposed to HDM and received vehicle as pretreatment. HMMH: animals exposed to HDM and received monensin as pretreatment (n=6-7 in each group). * $p < 0.05$ and **** $p < 0.0001$.

It is known that HDM exposures can cause MC hyperplasia both in humans²⁵⁸ and in animal models^{259,260}. This may be due to direct activation of MCs or due to indirect effects on other cells, which release MC chemoattractants that recruit MC progenitors from the circulation¹¹⁶. In the present study, repeated exposures to monensin caused a decline in MC numbers to the same level as in controls. However, we cannot at present be certain as to whether this is due to inhibited MC recruitment or due to cell death of resident MCs.

In the *in vivo* experiments, no abnormal behaviors and weight changes were observed in animals received monensin (**Figure 41**). As monensin is considered to be a toxic compound with narrow treatment window for several animal species (*e.g.*, horses²⁶¹, cattle²⁶² and poultry²⁶³), the dose of monensin therefore needs to be carefully considered. Previous studies have shown that the toxicity of monensin is dose-dependent, and only high doses of monensin reduced the growth of animals²⁶³. Thus, we did not find any signs of toxicity in this study at the monensin dose that efficiently reduced AHR, airway inflammation and MC hyperplasia, suggesting that monensin at this dose was well tolerated by animals.

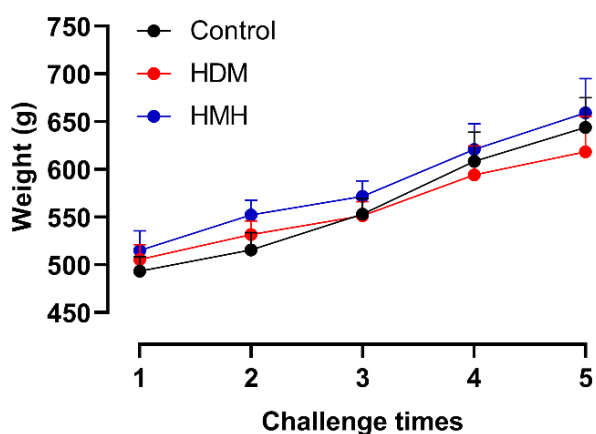


Figure 41: Weights of guinea pigs. The weights of animals from the first to the fifth HDM challenge. Control: animals exposed to PBS, received vehicle (12.5% EtOH/PBS) or monensin as pretreatment. HDM: animals exposed to HDM and received vehicle as pretreatment. HMH: animals exposed to HDM and received monensin as pretreatment (n=6-7 in each group).

4.4.1 Summary

In these two papers, we found monensin to be an efficient tool to reduce MC numbers and MC related antigen induced bronchoconstriction in guinea pig and human airways. With due consideration of dosing and timing, the study shows that monensin treatment provides a new strategy in experimental asthma and allergy research to elucidate the role of MCs in allergic and non-allergic diseases. Finally, the study highlights that an expansion of MC populations is fundamental for the development of AHR and airway inflammation in the used models which are highly relevant for reactions seen in allergic asthma.

5 GENERAL DISCUSSION

The general aim of this Ph.D. project was to investigate the role of mast cells on asthma-like features in guinea pig models. To fulfil the aim, we exposed guinea pigs to human relevant antigens (HDM or CDE) through different routes and successfully recaptured several asthma-like features in guinea pigs, such as antigen induced bronchoconstriction, AHR, T2 inflammation, airway remodeling and mast cell hyperplasia (both MC_T and MC_{TC}). By inducing MC death using monensin, we show that the antigen induced bronchoconstriction is merely mediated by MCs. In addition, MCs participate in the development of AHR and airway inflammation.

The specie of guinea pig used in this study is the outbred Dunkin-Hartley albino guinea pig. Several guinea pig strains have previously been used in ‘allergic’ model establishments, such as inbred strains²⁶⁴ and euthymic hairless strain^{265,266}. However, due to the paucity of inbred guinea pigs, the most used strain in model establishments is the Dunkin-Hartley guinea pigs²⁶⁶. Even though the outbred strain increases the variability of the experiments, it is an advantage in modeling asthma as the disease is highly heterogeneous. Both male and female guinea pigs were used in this study and the asthma like features (*e.g.*, antigen induced bronchoconstriction, AHR, airway inflammation and MC hyperplasia) could be replicated in both sexes.

The production of antigen specific immunoglobulins by HDM show that guinea pigs were sensitized to HDM after the exposures to antigen either through intranasal or intraperitoneal route with or without adjuvant. This finding indicates that the adaptive immune system is involved in the HDM induced responses. The complex contents of HDM extract (*Dermatophagoides pteronyssinus*) forms the basis for the production of immunoglobulins. However, the content of *Der p* varies among the batches of commercially available HDM²⁶⁷. In humans, *Der p 1* and *Der p 2* have the highest rates to elicit allergic reactions in mite sensitized asthmatic children²⁶⁸. *Der p 7* and *14* demonstrate strong IgE binding capacity^{269,270}. The access of antigens to the antigen presenting cells is the initiation of the production of immunoglobulins. Several of the HDM contents have been shown to be proteases. *Der p 1* is a cysteine protease, *Der p 3*, *6* and *9* are serine proteases. Those proteases can affect the proteins in the epithelial tight junctions, such as occludin, claudin-1 and ZO-1^{271,272}, therefore impair the airway barrier. The disrupted barrier function of airways facilitates the HDM proteins to the APCs in the subepithelial layer. The APCs in the airways (the intranasal route) and in the abdominal cavity (the *i.p.* injection) present the accessed antigens to T cells and facilitate the production of antigen specific immunoglobulins by plasma cells. Though not mandatory, the addition of adjuvant enhances the HDM induced immune response. It is possibly due to that aluminum hydroxide absorbs antigens and form complexes which keep the exposure to antigen longer. In addition, it promotes the interactions between the complexes and APCs²⁷³.

After sensitization, the antigen induced bronchoconstriction can be elicited through *in vivo* and *in vitro* exposures to HDM. The produced immunoglobulins bind to the surface of MCs, when challenged with HDM again, MCs release several mediators that cause the contraction, such as histamine, CysLTs and prostaglandins. Two weeks after sensitization, either by *i.p.* or *i.n.*, only HDM specific IgG₁ and IgG₂ were found elevated, but not HDM specific IgE. The HDM specific IgE appeared only after repeated HDM challenges. Therefore, the antigen induced bronchoconstrictions after two weeks sensitization, were possibly mediated by HDM specific IgGs instead of IgE. In addition to IgE, IgG₁ and IgG₂ have been shown to activate guinea pig MCs²⁷⁴ and induce smooth muscle contraction of guinea pig trachea²⁷⁵. However, in humans, the allergic responses are mediated by allergen specific IgEs. The mechanisms behind the differences between guinea pigs and humans in the specific Igs induced allergic responses need to be further investigated. In the *ex vivo* setting, the HDM induced bronchoconstriction is totally blocked by monensin treatment which causes the death of MCs. This confirms that the antigen induced bronchoconstriction is pure MC mediated. However, the residual MC dependent component of the bronchoconstriction after combined blockade of histamine, leukotrienes and prostanoids was only found in the *i.p.* (**paper III**), but not *i.n.* (**paper I**) sensitized guinea pigs nor in human bronchi²²¹. The mechanisms behind need to be further explored.

Repeated exposures to HDM induce an expansion of eosinophils in the BALF and recruit inflammatory cells in the airways together with an increase of IL-13 in the BALF of guinea pigs. This indicates that HDM induce T2 inflammation. The production of HDM specific IgE and IgGs indicate that the cells in adaptive immune system (*e.g.*, APCs, T cells and B cells) might be involved in the development of eosinophilic inflammation. However, in addition to the adaptive immune response, the innate immune system can also induce eosinophilic inflammation by exposure to HDM, as the contents of HDM can interact with airway structure cells and inflammatory cells. *Der p 1, 3* and *9* can induce the release of IL-6, IL-8, GM-CSF and eotaxin from airway epithelial cells through the activation of PAR2 receptors^{276,277}. The activation of PAR2 contributes to the development of airway inflammation and the production of antigen specific immunoglobulins²⁷⁸. Endotoxin (lipopolysaccharide, LPS) from the wall of Gram negative bacteria²⁷⁹ is apparent in HDM extract. Toll-like receptor 4 (TLR4) is responsible for the LPS triggered production of IL-25, IL-33 and TSLP from airway epithelium²⁸⁰ and activate mucosal dendritic cells to drive the eosinophilic inflammation²⁸⁰. However, the high doses of LPS can switch the Th2 to Th1 response where the eosinophils and T2 cytokines in the BALF reduced and the neutrophils and non-T2 cytokines increased²⁸¹. The content of endotoxin varies between batches of HDM extracts. Therefore, the batch differences need to be taken into consideration when comparing the results between experiments. Both the variations of LPS and the *Der p* have great impact on the responses and create a problem making the experiments highly batch dependent^{267,282,283}.

The decreased inflammation by monensin indicate that MCs take an important role in the development of the eosinophilic inflammation. Mast cells express receptors for direct

interactions with HDM components and release mediators that take part in the development of inflammation, in addition, MCs respond to the T2 cytokines released by other cells. *Der p 1* can activate cultured human MCs²⁸⁴. *Der p 3* induce MC migration through the activation of the PAR4 receptors²⁸⁵. It is known that MCs express TLR4 receptors that can bind to the LPS in HDM extracts, the activation of TLR4 causes the release of TNF- α , IL-1 β , IL-6 and IL-13, but not IL-4 or IL-5²⁸⁶. In addition, MCs can respond to the alarmins induced by HDM. For instance, MCs express ST2 receptors that can respond to IL-33, in addition, MCs can also release IL-33^{287,288}. IL-33 promote MC proliferation, survival, adhesion and activation through the ST2 receptors^{289,290}, increasing the release of IL-8 and IL-13²⁹¹. Activated MCs also release both preformed and newly synthesized mediators that are involved in the development of T2 inflammation. For instance, tryptase and chymase can cleave IL-33 which lead to more potent activation of ILC2 cells²⁹². Leukotriene E₄ activate MCs and cause the release of PGD₂ through CysLT₁ receptors²⁹³. Prostaglandin D₂ activate ILC2 through the DP₂/CRTH2 receptors, cause ILC2 migration, activation and release T2 cytokines IL-4, IL-5 and IL-13²⁹⁴. Moreover, MCs have the possibility to secrete IL-4, -5, -6, -13 and TNF- α ^{295,296}. The MC degranulated TNF- α induces the increased expression of E-selectin in the vessels which facilitate leukocyte trafficking²⁹⁷.

The decreased AHR by monensin supports that MCs are important in AHR. Several MC mediators are suggested to have influences on the ASM. For example, tryptase^{298,299}, TNF- α ^{300,301}, IL-4⁶³ and IL-13^{63,287} and the activation of PAR2 receptors³⁰² increases the airway responsiveness. Airway hyperresponsiveness and airway inflammation are common features of human asthmatics. However, whether MCs are crucial for developing AHR and airway inflammation is quite debatable as there are conflicting results. Most data regarding the role of MCs in asthma features was obtained from murine models where genetically modified mice deficient in MCs were used. In a study, MCs were found to be important in enhancing airway inflammation and AHR in mice exposed to OVA without adjuvant, however, the importance of MCs disappeared in the models adding adjuvant³⁰³. In another study using different allergens, no AHR and inflammation differences were found between the wild type and the MC deficient mice^{304,305}, indicating MCs are not important at all in developing AHR or airway inflammation in mice. In contrast, other studies demonstrated that MC derived mediators are crucial in AHR development in murine asthma models³⁰⁶⁻³⁰⁸. The reasons for the broad using of mice to establish asthma models were due to the availability of various immunological and gene editing investigating tools. However, compare to mouse, guinea pig might be a more appropriate specie for MC and asthma research due to their similarities with humans regarding lung anatomy, physiological and pharmacological responses^{182,183} and, in particular, MC location. Compared to inbred mouse MCs that mainly are located in central airways and only scarcely found in the lung^{309,310}, the guinea pig MCs are located both in airways and lung parenchyma^{195,311}, which is similar to humans¹¹⁸. Moreover, like humans, histamine, prostaglandins and CysLTs are MC mediators that responsible for allergic response in guinea pigs¹⁹⁵, whereas the antigen induced bronchoconstriction in mice is majorly mediated by serotonin³¹² and neither histamine nor CysLTs contract airway smooth

muscle in mice¹⁸³. Taken together, the guinea pig is a suitable animal for MC and asthma research.

Both HDM and CDE induced airway remodeling (*e.g.*, collagen deposition and goblet cell hyperplasia) of the guinea pig airways. Mast cells may also contribute to the development of airway remodeling. For instance, In the alveolar parenchyma of uncontrolled asthmatics, there is an increased population of the profibrotic TGF- β ⁺ MC_{TC}³¹³. Tryptase from MCs promote the growth of lung fibroblast by binding to the PAR-2 receptors³¹⁴, which contribute to the airway fibrosis. IL-4 and IL-13 have important roles in the development of goblet cell hyperplasia³¹⁵. However, further experiments need to be performed to investigate the role of MCs on airway remodeling.

In this study, we found that HDM and CDE can induce the expansion of MCs detected by both Astra blue and immunohistochemistry staining against tryptase and chymase. It has been shown that generally more MCs could be detected by immunohistochemistry staining against tryptase than conventional metachromatic staining³¹⁶ (*e.g.*, Toluidine blue and Astra blue). Both the MC_T and MC_{TC} were found increased in the airways of guinea pigs, with proximity to the ASM bundle. This is in accordance with the findings in humans and animal models. An increase of MCs were found both in allergic and non-allergic asthma patients, with a higher population of activated MCs in allergic asthma³¹⁷. The MC_{TC} is increased and close to the ASM bundle¹⁴³. Repeated low dose (1/5 of that induce an allergic response) of cat allergen challenge for two weeks induced an expansion of MCs in the bronchus of asthma patients³¹⁸. In murine models, repeated exposures to HDM induce a marked expansion of MC numbers^{260,319}, both the MC_T and MC_{TC} in bronchi and alveolar³¹⁹.

It is not well defined whether the increase of MCs by antigen comes from the migration of MC progenitors or the proliferation of resident MCs. Therefore, the mechanisms need to be further investigated. Several cytokines, chemokines, growth factors, mediators and adhesion molecules are suggested to have impacts on the antigen induced MC hyperplasia³²⁰. For instance, several studies found that the antigen induced MC hyperplasia is mediated by IL-9^{72,321,322}, which increases the numbers of MCps in the lungs³²². The IL-10 and TGF- β ₁ released by T regulatory cells are found be important in recruiting MCps into the murine lungs³²³. However, IL-10 is not a chemoattractant for rat MCs, instead it inhibits the migration of MCs induced by RANTES, TNF- α , and NGF³²⁴. The expression of CXCR2 in the lung promote the recruitment of MCps³²⁵. The TGF- β ₁ show chemotactic effect for human MCs^{326,327}. The chemokine CCL2/CCR2 and CXCL10/CCR3 also facilitate the migration of MCs^{148,328}. Stem cell factor, in addition to promoting MC growth and differentiation, is a chemoattractant for both mouse³²⁹ and human MCs³³⁰. Histamine enhances the CXCL12 induced MC recruitment via the H₄ receptors³³¹. The PGE₂ is a chemoattractant for both mouse and human MCs through the EP₃ receptors^{332,333}, whereas the EP₂ receptors inhibit the MC migration³³³. The PGD₂/CRTH2 axis is important for the migration of murine MCs³³⁴. Leukotriene B₄ is also a potent chemoattractant for the immature MC progenitors³³⁵. The adhesion molecules might also have important roles in the

migration of MC progenitors. The cultured human MC progenitors express several integrins, such as $\alpha_4\beta_1$ and β_7 , and selectin ligand (PSGL-1). The interaction between MC progenitors with the activated human umbilical vein endothelial cells is through the α_4 integrins, vascular cell adhesion molecule 1 (VCAM-1), PSGL-1 and E-selectin³³⁶. The migration of mouse MCps by antigen is through the interactions with VCAM-1 and both $\alpha_4\beta_1$ and β_7 ³³⁷.

In this study, we showed that the monensin has direct effect on MCs and causing cell death *in vitro*. However, we also showed that monensin with the dose used in the *in vivo* study does not reduce MC numbers. Instead, it reduced the MC hyperplasia induced by HDM. This might be due to that the newly recruited MCs, compared to the resident mature MCs, are more sensitive to monensin. Another possible reason is that monensin cause the malfunction of the resident MCs, which reduces the production of MC mediators that affect the chemotaxis and migration of MCps into the lungs. For instance, IL-9³³⁸, PGD₂³³⁴ and LTB₄³³⁵. In addition, tryptase can stimulate human ASM cells (which express PAR2 receptors) to release TGF- β_1 which works as a chemoattractant for MCs³²⁶. However, the effect of monensin on other cells besides MCs on guinea pig and human tissues need to be further investigated.

In summary, the general aim of this Ph.D. study was fulfilled. We successfully established an allergic asthma model in guinea pig using HDM. Further, we found both HDM and CDE are suitable for asthma model establishments and MCs indeed have important roles in antigen induced bronchoconstriction, AHR and airway inflammation. However, future studies are needed for investigating the role of MCs in the airway remodeling.

6 CONCLUSIONS

In the five papers included in this thesis, several conclusions can be drawn.

- Repeated exposures to house dust mite extract can be used to establish guinea pig models of allergic asthma.
- Both house dust mite and cat dander extract can induce asthma like histopathology with expansions of mucosal mast cells.
- Guinea pig trachea has distinct response to ‘allergen’ and ‘non-allergic’ mast cell agonists.
- Monensin is an effective tool to reduce mast cell numbers.
- An expansion of mast cells is fundamental for the development of AHR and airway inflammation in the used guinea pig models.

7 POINTS OF PERSPECTIVE

For continuing studying the role of mast cells in asthma, guinea pigs are suitable for asthma model establishments. In this thesis, we initiated the model establishment using human relevant allergens which opens more possibilities for further mechanistic studies both *in vitro*, *ex vivo* and *in vivo* to investigate the role of MCs in asthma.

In vitro studies: Instead of using the trachea, we now have the possibility to isolate the small intralobular airways from guinea pigs to do pharmacology studies. For instance, we can isolate small airways from naïve animals and culture them with mediators that are known to induce airway hyperreactivity (*e.g.*, IL-4, IL-13, IL-33, TNF- α and tryptase). To investigate if MCs have a role in the ASM hyperreactivity induced by those mediators, we can co-culture the segments with or without monensin which induces MC death. The responses of airway segments to different agonists (histamine, carbachol or KCl) can be measured in the myography.

Ex vivo studies: A special advantage of *ex vivo* study is that we can isolate the airways from animals that receive different treatments. This is almost impossible to achieve in humans. Moreover, the guinea pig models are very relevant for pharmacological studies as both MC responses and smooth muscle responses are very similar to humans. For mechanistic studies of which mediators of MCs participated in the development of AHR, we can isolate small airways from the intraperitoneal HDM sensitized guinea pigs (without airway inflammation) followed by repeated activation of MCs by culturing the segments with HDM with or without the pretreatment of MC mediator antagonists. The airway reactivity of those airway segments can be measured in the myography. In addition, we can investigate how the inflammation and the increase of MCs in the asthma models alters the smooth muscle properties. This can be achieved by isolating the small airways from the guinea pig models with or without targeting MCs for RNA sequencing. The alterations of smooth muscle contraction can be studied by activating several G-protein coupled receptors (*e.g.*, histamine H₁, CysLT₁ and TP receptors) as well as receptor-operated channels (*e.g.*, purinergic P2X receptors and transient receptor potential (TRP) channels). In addition to investigate the changes of smooth muscle properties, the function of MCs can also be affected by inflammation and MC hyperplasia. The responses of isolated airways from the guinea pig models can be studied in myography under the stimulation with MC agonists, such as HDM, C48/80 and mannitol.

In vivo studies: We can investigate the role of MCs in asthma models by different exposure route of antigens. In addition to the exposure of antigens through the intraperitoneal injection or through intranasal instillation, we have the possibility to expose guinea pigs to antigen aerosols generated by the PreciseInhale system where the inhaled doses of antigens are monitored. Furthermore, it is very interesting to establish models using different MC agonists (*e.g.*, antigen and C48/80) to examine the similarities and differences of those agonists on asthma features. In addition, investigating the role of MCs in non-allergic asthma models. For instance, establishing Th17 model using dog allergens or Th1 model using environmental

pollutants (*e.g.*, ozone and diesel exhaust particulates) or occupational chemicals (*e.g.*, toluene diisocyanate) with or without interventions target MCs.

All in all, this PhD thesis presents several unique guinea pig models that can be used for providing new insights of the mechanism behind the development of asthma.

8 ACKNOWLEDGEMENTS

Time flies so fast! Four and a half year has passed and suddenly it comes to the end of my Ph.D. study. The journey towards a PhD is tough! However, during this period, I obtained so many precious memories

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Figure Yiyi: The story between mast cells and guinea pigs. The activated mast cell releases harmful substances to the colored guinea pigs (When doing experiments, I usually mark the white guinea pigs with green, red, yellow, or blue), the guinea pigs protect themselves with different umbrellas and discharge weapons against the mast cell.

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