

# Fill Your Gaps of the Spectrum

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## Who

#### Who I worked with:

- Developmental Pediatrician
- o Psychologist
- Various therapists
  - Occupational
  - Behavioral
  - Developmental
  - o Speech
  - o Physical

#### Who we are trying to reach:

- Children with developmental delays
- o Parents & siblings of affected children

## Where

#### Pediatric Developmental Center (PDC) at Advocate Illinois Masonic Medical Center

- An outpatient diagnostic and treatment center for children with special needs in the Chicago land area.
- Services they offer include:
  - Medical diagnostic and intervention services
  - Comprehensive treatment for children with autism
  - Behavior psychology services
  - Pediatric rehabilitation services
  - Family and sibling support



## What

#### What am I involved in at the PDC:

- O Attend medical diagnostic evaluations where a developmental pediatrician and various therapists assess a child's development using standardized assessment tools.
- O Plan and facilitate group therapy sessions alongside a behavioral therapist to help children with their social skill development.
- O Attended didactic seminars and parent training sessions to gather and expand my unbound education.
- Create different kinds of visual supports for all staff members to aid in the patients' treatment session.

#### What am I contributing to my community based on my experiences:

- o I am collecting information, resources, and guidance that I can share with families struggling to comprehend what it means to have a diagnosis of Autism Spectrum Disorder (ASD).
- o I will reach these families by the means of a podcast.
- O My podcast will be accessible to both English and Spanish speaking families to address some of the disparities that the Latinx population faces when seeking healthcare.

## Why

### Why focus on children with Autism:

- Cases of autism have been increasing due to an increase of awareness and improvements in the screening process.
- O Despite an increase in awareness, there is still a lack of understanding and attention of autism by primary healthcare teams.
- The waiting period for diagnostic and therapy appointments are lengthy because of a shortage of developmental and behavioral pediatricians.
- Little to no education on the experiences and realities of those who are neurodivergent.

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