

Promoting Healthy Transitions: Occupational Therapy Interventions for Health Management of Homeless Populations Discharging from Health Care Settings

Dominic Carullo, OTS, Hana Chamoun, OTS, Alison McAndrew, OTS, Brian O’Sullivan, OTS,
and Chelsea Pierce, OTS - Thomas Jefferson University

Dr. Rebecca Sinko, OTD, OTR/L, E. Adel Herge, OTD, OTR/L, FAOTA

Mentors: Gary Kaplan, MSLIS, AHIP, Paul Hunter, DMD, MLIS, Larissa Gordon, MS, MEd, MA, Abby L. Adamczyk,
MLIS, AHIP

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PICO: What interventions within the scope of occupational therapy increase participation in health management for individuals experiencing homelessness who are transitioning from healthcare facilities?

Methods:

- Databases searched: PubMed (n = 454), CINAHL (n = 528), Scopus (n = 1005)
- Search terms used:
 - (P): homeless, homeless people, individuals experiencing homelessness, PEH
 - (I): occupational therap*, health management training, discharge planning, hospital discharge
 - (O): health management, healthcare access, health participation, chronic disease management
- Process: database search, article screening, critical review of literature, peer-review, classification of levels of evidence, thematic coding
- Number of articles: 1,675 in initial search; following title, abstract and full-text screen: **6 articles**

Results:

Themes	Subthemes	Strength of Evidence	Clinical Implications
Communication and Collaboration ¹⁻⁶	Sub Themes <ul style="list-style-type: none"> • Interdisciplinary Teams • Community Partnerships • Continuum of Care 	Moderate (n=6)	<ul style="list-style-type: none"> • Interdisciplinary interventions promote better discharge outcomes and continuity of care • Communication and collaboration allows for client’s smooth and coordinated transitions into appropriate care
Client-Centered Care ²⁻⁶	Subthemes <ul style="list-style-type: none"> • Building Trust & Rapport • Warm Hand-Offs • Holistic Care 	Moderate (n=5)	<ul style="list-style-type: none"> • Rapport and relationship building, along with individualized and holistic care, support client engagement in health management
Client Education ^{2,4,6}	Subthemes <ul style="list-style-type: none"> • Barriers to Accessing Healthcare • Health Literacy 	Low (n=3)	<ul style="list-style-type: none"> • Client-education empower and support individuals in navigating the logistical barriers and scarcity of services in their local communities

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