

СЕКЦИЯ 5.
АКТУАЛЬНЫЕ ОБРАЗОВАТЕЛЬНЫЕ ПРОГРАММЫ

**THE RELEVANCE OF THE LEVEL SYSTEM OF EDUCATION IN THE
INTERNATIONAL ASPECT**

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Studying abroad is a huge decision that can transform a student's life and possibly determine his or her future; as a result, before making that decision, one must carefully consider the benefits and drawbacks of being an international student. Any advice from those who have had similar experiences is helpful and should be considered.

Another pattern is how international students deal with academic and socio-cultural stress connected to adjusting to the host country's culture, norms, and values. Some intriguing discoveries were made, and they turned out to be correct [1, 2]:

- Students who place a high value on their grasp of the English language cope better with academic stress in US universities (Wan, Chapman, and Biggs, 1992).
- As an active technique for coping with acculturation, international students should have a high frequency of good interactions with native students as well as other international students (Ward and Kennedy, 1994).
- For the initial stress, Asian international students' collective coping mechanisms were compared to western students' individualist coping strategies (Bailey and Dua, 1999).
- Positive attitudes toward the host country lead to quicker identification with the host country than significant ethnic involvement (Nesdale and Mak, 2000).

Language abilities, cultural differences, and student expectations all influence international students' academic and social needs (Mori, 2000).

As we previously stated, it is critical that you keep in mind ways to continue to build career connections during your time abroad. Why? It's a once-in-a-lifetime opportunity to hone your communication skills, learn the importance of professional networking, and gain a better understanding of the global job market by researching conditions in the country, community, and region where you're studying [2].

To begin with, studying abroad provides you with a fantastic opportunity to improve your language skills. You have the opportunity to improve your listening and speaking skills when you are in an environment where another language is spoken. I suppose there isn't a better way to learn a language. Aside from learning a new language, you will also learn about a new culture, history, and way of life [3, 4].

You're not only expanding your knowledge, but you're also adopting it. It has the ability to open your eyes to something. It's also a thrilling adventure. Living and studying abroad can be a happy, fun, and enjoyable experience because it allows you

to meet new people. So there's something new to learn. Furthermore, studying abroad provides you with access to resources that you would not have access to at your home university.

You might be able to take a course that you wouldn't be able to take in your home country, or you might be able to study at a college or university that specializes in your field of study. You also have the option of studying using cutting-edge technology. Finally, studying abroad looks impressive on a resume. You have important working qualities such as independence, initiative, and stress resistance because you have lived and studied abroad.

It has advantages and disadvantages and talking about the advantages we could say that:

- Get a once-in-a-lifetime experience. Many students who have studied abroad say it was one of their most memorable experiences. It pushes you to step outside of your comfort zone while seeing the world and doing something completely different. It's wonderful to take a break from your daily routine to see something that only a few people get to see. You'll meet new people from all over the world and form lifelong friendships and bonds.
- Become acquainted with a new culture. Living somewhere is the best way to see how people live and understand a culture. You can learn things that you couldn't learn in a classroom. Living in a foreign country can greatly aid in the acquisition of the native language. Living there rather than visiting will allow you to have a genuine experience rather than a tourist experience..
- Obtain a diverse set of abilities. Reading a map, exchanging money, and learning to get around on your own are all life lessons waiting to be learned. These abilities can help you become a more profitable employee in the future.
- Obtain an education while on the road. Taking a long vacation or getting a job abroad is a great way to see the world, but studying abroad will provide you with an education. As a result, you'll be earning a degree while traveling to make the most of your time and money.

Beside these all advantages absolutely there is some disadvantages like:

- It could be costly in the long run. While there are many ways to save money for studying abroad and you may even be able to find scholarships to assist you, it can be costly. In addition to tuition, you must account for living expenses, travel expenses, and other costs that you may not have anticipated. Remember to consider whether it will result in an increase in your student loan balance.
- The educational standards differ. The value of a class or degree at one university may differ significantly from that at another, and it may or may not transfer once you return. In other words, you might be enrolling in classes for no reason.
- It necessitates extensive planning and research. It takes a lot of research and planning to move to another country. There are numerous documents to organize and applications to complete. You may need to get vaccinated for country-specific diseases depending on where you're going. You'll need to

find a place to live and plan your transportation. You'll also need to do a lot of research on how to safeguard your finances. How will your credit cards work in a foreign country, and how will your phone work abroad, and how much will things cost are just a few of the things you should be aware of while you're studying abroad.

- Communication and customs can be difficult to navigate. Immersion in a different culture can be energizing and exciting, but it can also be overwhelming. If you don't speak the native language, communication can be difficult, and even if you do, there are still language barriers between people who speak the same language but live in different places. A new place means a new way of life, as well as new habits and customs to adjust to. You'll need to learn how the locals live, from how they eat to how they speak to what they wear.

I was one of these students who decided to try this opportunity, and after speaking with you about my experience, I can tell you that I am not the same person I was before going to my new university. I feel like a new part of my mind has been opened, and I've begun to see the world through new eyes. Sure, I had some difficulties at first, such as language barriers, home sickness, and adjusting to a new culture, but that was a challenge for me, and I enjoy seeing myself overcome obstacles.

Conclusion

Talking about the education industry in general today, I see that it is faced with many challenges. There are several strategies that educational institutions and industry players can employ to deal with these challenges:

- create education partnerships;
- develop personalized learning and training;
- adapt to new technologies or use information systems effectively to reduce their costs;
- provide customized or specialized training;
- provide more open or low-cost access to education opportunities.

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