

# Physical Interactions Driving the Activation/Inhibition of Calcium/Calmodulin Dependent Protein Kinase II

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## Abstract

CaMKII is a protein kinase whose function is regulated by the binding of the Calcium/Calmodulin complex (Ca<sup>2+</sup>/CaM). It is a major player in the Long Term Potentiation process where it acts as a molecular switch, oscillating between inhibited and active conformations. The mechanism for the switching is thought to be initiated by Ca<sup>2+</sup>/CaM binding, which allows the trans-phosphorylation of a subunit of CaMKII by a neighboring kinase, leading to the active state of the system. A combination of all-atom and coarse-grained MD simulations with free energy calculations, led us to reveal an interplay of electrostatic forces exerted by Ca<sup>2+</sup>/CaM on CaMKII, which initiate the activation process. The highly electrically charged Ca<sup>2+</sup>/CaM neutralizes basic regions in the linker domain of CaMKII, facilitating its opening and consequent activation. The emerging picture of CaMKII's behavior highlights the preponderance of electrostatic interactions, which are modulated by the presence of Ca<sup>2+</sup>/CaM and the phosphorylation of key sites.

*Keywords:* electrostatics, phosphorylation, molecular dynamics, coarse-grained

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## 1. Introduction

Calcium/calmodulin (Ca<sup>2+</sup>/CaM) dependent protein kinase II, or CaMKII, is a serine/threonine specific kinase, important in many different biological functions, such as calcium regulation [1], signal transduction in epithelia [2], the cell cycle [3], T-cell activation [4], and turnover of focal adhesions and cell motility [5]. A particular aspect of CaMKII, focus of many recent articles, is its function in the process of long-term potentiation (LTP), i.e., the enhancement of synapses related to memory formation [6] [7] [8].

The protein is arranged as a homo-multimer, with 8 to 14 subunits (SU), where each of them is composed of a C-terminal hub domain, an N-terminal kinase domain, and a linker domain connecting them. The kinase domain is subdivided in a C- and an N-terminal lobes, whose intersection forms a hinge, constituting the catalytic cleft. These SUs get organized in two rings, stacked one on top the other, as shown in Figure 1 for the dodecameric case. Notice that, for practical purposes, we are defining the linker as containing the regulatory segment, and not as previously done elsewhere[9]. The hubs constitute the stable core of the system, and the kinases, located on the outer side of the multimer and attached to the center through the flexible linkers, have more freedom in their motion. The SUs are usually hypothesized[9] as being able to interchange between two conformations: one inactive or autoinhibited, in which the kinase lies against the hub; the other, active, when the kinase domain separates from the hub and moves freely (but still connected through the linker) in the neighboring volume. It is this latter state the one associated with the high kinase activity of the domain, which can phosphorylate other molecules, via the interaction of its catalytic site.

CaMKII belongs to a family of related isoforms,  $\alpha$ ,  $\beta$ ,  $\gamma$  and  $\delta$ , encoded by different genes[10]. The linker domain is subject to alternative splicing, resulting in many variants [11], all of them sharing a large sequence identity. Their most important difference is the length of the linker, which affects the frequency response of CaMKII to Ca<sup>2+</sup>/CaM

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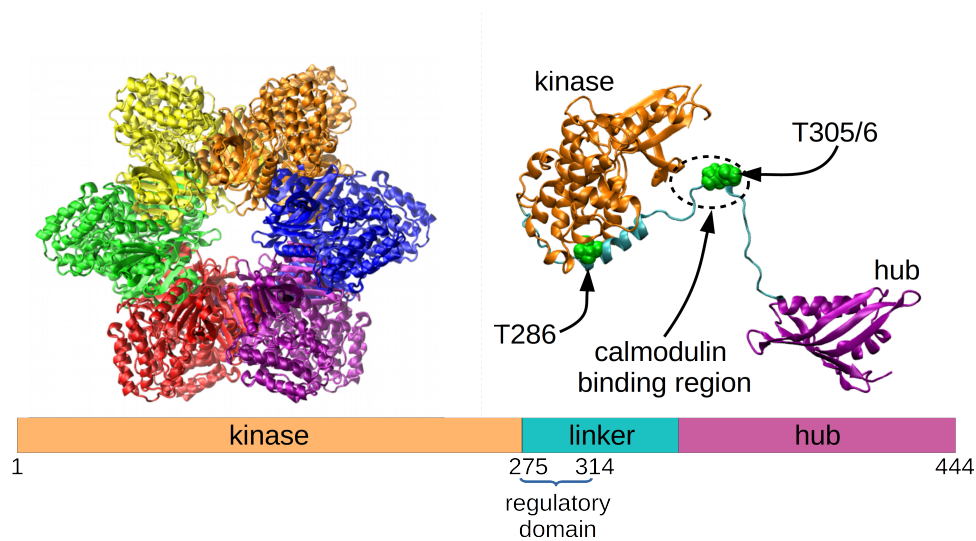


Figure 1: Modeled CaMKII dodecamer. It is a stack of two rings, each with six SUs, shown in different colors (one ring is behind the other, so they are not clearly distinguishable)(Left panel). Representation of one of the SUs, in a modelled open conformation, showing the hub and kinase domains connected via a flexible linker, and highlighting T286, T305 and T306–phosphorylation sites known to be critical for the protein’s function. At the bottom, there is a schematic view of the three subdomains (Right panel).

22 pulses [12]. In this work, we study the predominant form of CaMKII found in the brain[13, 14], the  $\alpha$  isoform, with  
23 a  $\beta 7$  linker connecting the C and N terminals. This linker has been shown to have a reduced kinase activity [15].

24 The LTP process is driven by the persistence of the kinase active state [16, 17]. The currently accepted picture  
25 describing the activation process begins with a SU whose kinase is docked onto the hub, in a closed inactive form. An  
26 incoming flux of  $\text{Ca}^{2+}/\text{CaM}$  results in one of these molecules binding to the linker around residues T305-T306 [18],  
27 causing the displacement of the inhibitory regulatory segment and, in particular, releasing T286 from its occluded  
28 position against the kinase domain. Now, a more exposed T286 may become phosphorylated, inhibiting re-binding of  
29 the segment to the kinase domain and making the SU stay in an open, persistent, conformation. Once phosphorylated,  
30 not even unbinding of  $\text{Ca}^{2+}/\text{CaM}$  can lead the system back to the original inactive state. In this way,  $\text{Ca}^{2+}/\text{CaM}$   
31 is needed to promote the activation, but it is not needed once T286 becomes phosphorylated. The kinase, away  
32 from the static hub, can move freely, interacting with neighboring SUs, and eventually phosphorylating them (trans-  
33 phosphorylation). Rebinding of  $\text{Ca}^{2+}/\text{CaM}$  to T305-T306 is prevented by the phosphorylation of either residue[19,  
34 20, 21, 22].

35 In a previous work [23], we found that each domain of the SUs of CaMKII contains a charged patch of residues:  
36 1) Kinase (negative patch): E99, D100, E105, E109 and D111; 2) Linker (positive patch): K291, K292, R296, R297,  
37 K298 and K300; 3) Hub (negative patch): E325, E329, D335, E337, K341, D344, E360 and D363. These patches  
38 also have a high aminoacid sequence conservation, suggesting a strong structural and/or dynamical relevance. The  
39 role of phosphorylation—as put forward in that work—is to change the charge relation between the patches, turning  
40 on and off their interactions, and switching between attractive (non-phosphorylated or inhibited) and non-attractive  
41 (phosphorylated or active) states. More specifically, the natural distribution of these patches is hub-linker-kinase  
42 (Figure 1) or, in terms of their charges, negative-positive-negative. The positive patch in the center is fundamental  
43 in allowing the hub and kinase domains to stay close to each other, despite having like charges, as shown in the  
44 mentioned work. Without the positive linker patch, hub and kinase would repel each other. Consequently, binding of  
45 a strong negatively charged molecule ( $\text{Ca}^{2+}/\text{CaM}$ ) in the linker region, or phosphorylation of linker residues (T286,  
46 T305 and/or T306) reduces the linker’s positive charge, thus neutralizing the attractive state of the system, and favoring  
47 the hub-kinase separation.

48 In this work, we used multiscale Molecular Dynamics (MD) simulations, both at the all-atom (AA) and residue-  
49 based coarse-grained (CG) levels. The first case produces more accurate results, but precisely due to this, it is compu-  
50 tationally costly. On the other hand, CG models are less accurate but allow much longer time spans of the simulations.

51 Here, combining both approaches in order to extract robust results from a local and a global perspective, we investi-  
52 gate the effect of different variants of the system (wild-type, phosphorylated, with ions, with  $\text{Ca}^{2+}/\text{CaM}$ ) on the initial  
53 steps of opening of the SUs and their later activation.

## 54 2. Methods

### 55 2.1. All-atom model of a CaMKII monomer (no CaM)

56 The crystal structure with pdb code 3SOA[9] describes human CaMKII in its  $\alpha$  isoform, with a  $\beta 7$  linker, in a  
57 closed or auto-inhibited conformation. We used this structure to form the closed SUs for all our MD simulations.

58 With the objective of studying the influence of electrostatic forces in the process of SU opening, we built three  
59 AA models: the first one, the control system, in a solution of water (with two  $\text{Na}^+$  counter-ions); the second one  
60 in the same solution, but reducing the atomic charges of the charged residues in the positive patch of the linker  
61 (K291, K292, R296, R297, K298 and K300), so that they became neutral (this is an ideal case where we can test  
62 the relevance of the linker's charge by going to the limiting case where it loses all its positive charge); and the third  
63 system in a 0.15M solution of  $\text{Ca}^{2+}\text{Cl}_2^-$ . The three systems were electrically neutral. We should make clear that the  
64 biologically relevant system to study is not CaMKII with ions and with a charged or uncharged linker, but CaMKII  
65 with  $\text{Ca}^{2+}/\text{CaM}$ , since this is the molecule known to regulate CaMKII's activation. Such a simulation would require  
66 making very large systems of CaMKII and unbound  $\text{Ca}^{2+}/\text{CaM}$ , that would take very long to run in an AA simulation.  
67 As an approximation to this, and motivated by our previous finding [23] that electrostatics is the driving force in  
68 CaMKII's dynamics, we chose to study the interactions of CaMKII in a system where we emulate the interaction of  
69 a negatively charged unit ( $\text{Ca}^{2+}/\text{CaM}$ ) that tends to neutralize the positive charges in the linker, with a system where  
70 the linker is already neutral (our second system above). And in order to further probe the importance of electrostatic  
71 interactions, we also prepared the third system where positive ions could interact with the negative patches in hub and  
72 kinase (although there is no evidence that CaMKII is exposed to free  $\text{Ca}^{2+}$  ions, we believe this is a good way to test  
73 the relevance of these interactions).

74 Ions were modelled with the Joung/Cheatham [24] ( $\text{Na}^+$  and  $\text{Cl}^-$ ) and the Li/Merz [25] ( $\text{Ca}^{2+}$ ) parameters for  
75 TIP3P water. The simulation boxes were made in octahedral shapes, and such that the minimum distance from any  
76 residue of CaMKII to the wall of the box was, at least, 10 Å. Long-range electrostatics were taken into account using  
77 periodic boundary conditions, via the Particle Mesh Ewald algorithm [26], with a cut-off of the sums in direct space  
78 of 10 Å.

79 The protocol for driving the AA monomer model to a stable conformation consisted of several cycles of minimiza-  
80 tion and equilibration. The simulations in this work were performed using the AMBER16 software package[27], with  
81 all of them using the GPU version of the PMEMD program. We employed the ff14SB[28] force field. The system  
82 was kept at a temperature of 298 K, using Langevin dynamics with a collision frequency of  $2 \text{ ps}^{-1}$ , and a pressure of  
83 1 atm, via a weak-coupling Berendsen barostat, with a relaxation time of 2 ps. The SHAKE algorithm was adopted,  
84 allowing the use of a 2 fs time step. The protocol followed for minimization and equilibration was: 1) 1,000 cycles  
85 of minimization, using AMBER's XMIN method, followed by 5,000 cycles using steepest descent, and another 5,000  
86 steps using conjugate gradient; 2) 1 ns of heating, to 298 K, followed by another ns at constant temperature and  
87 pressure (1 atm), and finally 50 ns with constant temperature and volume.

88 The simulations of this section were performed using harmonic restraints, in order to drive the system to an open  
89 conformation (more details in next section). Several spring constants ( $k = 0.01, 0.05, 0.1$  and  $0.5 \text{ kcal}/(\text{mol}\cdot\text{Å})$ ) were  
90 used, finding  $k = 0.1 \text{ kcal}/(\text{mol}\cdot\text{Å})$  to be the most sensitive, and thus using it for the production runs: nine 500 ns  
91 simulations were performed for each environment, water, neutral linker and positive ions, for a total of 13.5  $\mu\text{s}$ .

### 92 2.2. All-atom model of a CaMKII monomer with two CaM molecules

93 Our goal in relation to this system was to drive an initially closed SU towards an open conformation, and analyze  
94 the binding of  $\text{Ca}^{2+}/\text{CaM}$  on the open SU. Therefore, we took the previously described wild-type monomer, this  
95 time in a 0.15 M solution of  $\text{Cl}^-\text{Na}^+$ , and added two  $\text{Ca}^{2+}/\text{CaM}$  molecules a few angstroms away from CaMKII (taken  
96 from the 2WEL pdb structure[29], which contains an open SU with bound- $\text{Ca}^{2+}\text{CaM}$ ), one on each side of the grooves  
97 formed between the hub and kinase domains, and such that there was no contact between them. After applying the  
98 same equilibration protocol mentioned above, the SU was forced to open with a harmonic force with constant  $k = 0.1$

99 kcal/(mol·Å), for 10 ns. Then, five independent 250 ns production runs, without restraints, were performed for a total  
100 of 1.25  $\mu$ s.

### 101 2.3. Coarse-grained model of a CaMKII monomer with unbound CaM

102 The models described next are CG systems, parametrized according to the SIRAH2.0 force-field for proteins [30].  
103 SIRAH uses three beads per aminoacid backbone, and between zero and five beads for side-chains. It's associated with  
104 an explicit water model, WT4, consisting of four beads per eleven water molecules, and it also contains parametriza-  
105 tions for several ions, including  $Ca^{2+}$ . This force-field has been successfully applied to the study of diverse Calcium  
106 related systems[30, 31, 32].

107 We built a monomeric system, with CaM, as follows: starting with the 3SOA structure, we performed a short  
108 atomistic simulation where harmonic restraints forced the separation between the center-of-mass (CoM) of hub and  
109 kinase, in order to increase it to a value of about 100 Å. Next, a  $Ca^{2+}$ /CaM molecule (same as used in section 2.2)  
110 was similarly opened—separating the two EF lobes (each lobe contains two pairs of EF hands) to a CoM distance of  
111 about 50 Å—and placed next to residues T305 and T306 of the monomer; this is the region where  $Ca^{2+}$ /CaM has been  
112 observed to bind ([19, 33]). This AA system was later minimized and equilibrated for 12 ns, following the same  
113 protocols described previously; this was done using soft restraints to the coordinates of the just opened system, so  
114 that it could relax without leaving the initial conformation with both molecules opened, and  $Ca^{2+}$ /CaM close to its  
115 binding region. With this relaxed AA system, we then coarse-grained it using SIRAH Tools[34], and ran another  
116 round of minimization/equilibration. The overall equilibration time was above 1  $\mu$ s, starting in the NPT (50 ns) and  
117 switching to the NVT ensembles. And finally, a 41  $\mu$ s production run was performed, always keeping restraints in  
118 the coordinates of the hub, in order to maintain it in position, imitating the restrictions of the hub's motion when in  
119 presence of neighboring SUs. The temperature and pressure parameters used in the CG simulations were the same as  
120 those in AA runs. The time-step was set to 20 fs.

### 121 2.4. Coarse-grained model of CaMKII (no CaM)

122 Using the crystallographic symmetry matrix contained in the description of the 3SOA pdb structure, we built three  
123 dodecameric CaMKII models. One was the wild-type (WT); the second emulated a phosphorylation of T286 (PT286)  
124 in each of its SUs, by doing a double phospho-mimetic substitution, T286E and V287D. And the third one had the  
125 charges of all linker domains manipulated, in order to electrically neutralize them (NE), as was done for one of the  
126 AA systems previously described (see section 2.1). The protocol used to equilibrate each of these systems was the  
127 same described above, for the monomer. Afterwards, a production run of 38  $\mu$ s was performed for each case.

128 The final conformations of those runs were also used as a starting point for a free-energy calculation of the opening  
129 process. Using the Umbrella Sampling method, the system was driven to an open conformation following a reaction  
130 coordinate defined by the CoM separation between the kinase of a given SU and the rest of the system (hub and  
131 all other SUs). Its value started in the range 62-72 Å (range of values for the different systems, as observed in the  
132 CG simulations; see next section) and was increased to 140 Å (corresponding to SUs where their kinases are totally  
133 removed from the central hubs), by constraining the coordinate with harmonic potentials to move within windows  
134 centered at different consecutive values along the initial and final separations. Those windows were taken every 1 Å,  
135 and the magnitude of the harmonic constant used was 10 kcal/mol·Å<sup>2</sup>. The simulation time in each window was 40  
136 ns, giving a total time of almost 3  $\mu$ s per umbrella sampling run. We performed two runs for each of the three systems.

## 137 3. Results

### 138 3.1. Neutralization of electrostatic interactions favors subunit opening

139 Why is it that an initially inactive (closed) subunit of CaMKII opens, thus allowing the phosphorylation of T286?  
140  $Ca^{2+}$ /CaM is thought to be the causing factor of this behavior, but what are the molecular mechanisms involved? Sutoo  
141 and Akiyama [35] studied the clinical effects of administering  $Ca^{2+}Cl_2^-$  or  $Mg^{2+}Cl_2^-$  to sleeping mice, and noticed a  
142 strong difference in their response, suggesting that the  $Ca^{2+}$  cations have important effects in the brain, probably via  
143 interaction with CaM. Related, Zhang *et al* [36] found that the  $Ca^{2+}$ /CaM complex binds with an overwhelmingly  
144 higher affinity to CaMKII than  $Ca^{2+}$ -free CaM. Inspired by these ideas, we hypothesize that the ultimate explanation  
145 to CaMKII's activation is the electrostatic interaction between the charged patches of the SUs, mentioned in Pullara

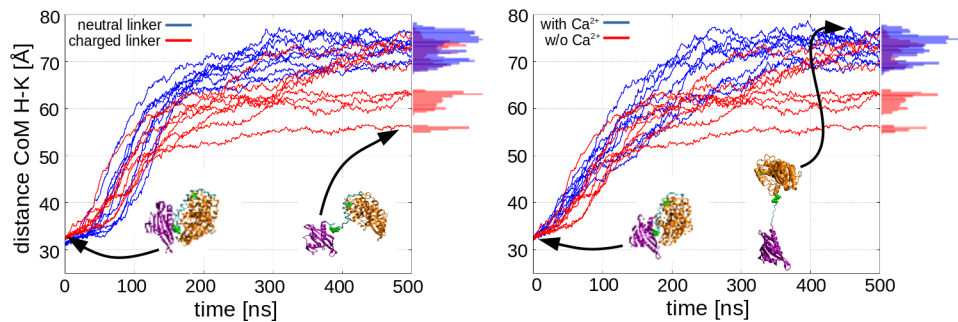


Figure 2: When pulled by a harmonic force, a monomer SU tends to have larger inter-domain separations when the linker is electrically neutral (blue curves, left panel), or there are  $\text{Ca}^{2+}$  ions in the solution (blue curves, right panel), as compared to a wild-type linker with no  $\text{Ca}^{2+}$  ions (both panels, red curves). Conformations during the trajectories show a more stretched linker in the cases represented with blue curves

146 *et al* [23] (negative patches in hub and kinase, and positive in linker), and the negative  $\text{Ca}^{2+}/\text{CaM}$  molecules. In  
147 order to investigate this, we performed three sets of AA MD simulations of a CaMKII monomer, without CaM, in its  
148 closed form. These are the systems described in section 2.1: the control case, in aqueous solution; a study case in  
149 aqueous solution, but artificially neutralizing the positive residues in the linker to produce zero net charge (this case  
150 was devised to emulate the electrostatic consequence of  $\text{Ca}^{2+}/\text{CaMKII}$  binding to the linker). Finally, a third system  
151 was prepared in presence of a 0.15M solution of  $\text{Ca}^{2+}\text{Cl}_2^-$  (with wild-type fully-charged linker). Since computationally  
152 reasonable times of hundreds of *ns* are not enough to show significant differences between the three sets, we decided  
153 to drive the systems to an open conformation, using harmonic constraints (springs) between the CoM of the hub and  
154 kinase domains. In Figure 2 we present the kinase-hub inter-domain distance for nine independent simulations of the  
155 three systems, all with the same harmonic forces pushing the system open, toward a target distance of 80 Å. In the left  
156 panel, blue and red lines were used for cases with the mutated neutral and the wild-type charged linkers, respectively.  
157 On the right side of the panel, we observe a histogram of the last 200 ns of simulations, when the systems were  
158 well stabilized. Equivalently, the right panel shows the results for the charged linker without  $\text{Ca}^{2+}$  ions (same run as  
159 in left panel), and the same linker with  $\text{Ca}^{2+}$  ions present in the solution (blue lines). The two panels show similar  
160 results, in the sense that the altered systems (neutral linker and presence of cations) are driven more easily to open  
161 conformations: the blue histograms are located above (larger separations) the red ones.

162 In regard to the molecular mechanism driving this behavior, the explanation appears clear in terms of the charged  
163 patches interpretation of our previous study [23]: 1) A neutralized linker leaves two negative patches directly interact-  
164 ing, as it removes the intermediate positive patch, which acted as an attractor to both of them. 2) Added positive ions  
165 tend to interact with the negative residues in the hub and kinase patches, thus partially neutralizing them (MD trajec-  
166 tories show this; see left panel of Figure 3), and again, breaking the attractive electrostatic interaction between the  
167 three patches. Although the concentration of  $\text{Ca}^{2+}$  ions may not reflect physiological conditions, this result highlights  
168 the relevance of electrostatic interactions. In summary, both scenarios cause a partial neutralization of the attractive  
169 interaction between patches, facilitating the hub-kinase separation.

170 The large separation between hub and kinase domains at the end of the opening simulations (500 ns left panel of  
171 Figure 2), about 75 Å, may seem too large for electrostatics to be significant. But a rough estimate for the strength  
172 of this force between the pairs of patches gives magnitudes of 0.1, 0.2 and 0.4 kcal/(mol·Å), for hub-kinase, linker-  
173 hub and linker-kinase, respectively, considering the screening effect of water without ions. These numbers are to be  
174 compared with the harmonic force of the restraint, around 0.5 kcal/(mol·Å), corresponding to a spring stretching of  
175 5 Å (also for the end times of the opening simulations). We see, thus, that the two types of forces, harmonic and  
176 electrostatic, are comparable, and the natural attraction between patches is still relevant. On the other hand, when the  
177 linker residues are neutralized, the only remaining electrostatic interaction is the repulsion between hub and kinase;  
178 so it just adds to the harmonic restraint; and when  $\text{Ca}^{2+}$  ions are introduced, the screening effect gets highly increased  
179 (Coulomb forces decrease exponentially for large separations) and the harmonic force becomes the main driving  
180 interaction. These facts explain the difference between the blue and red curves in Figure 2.

181 It is also worth mentioning that these are out-of-equilibrium simulations, since they were done with an external  
182 force pushing the system open in a short time. But this is not a problem in terms of the conclusions we draw, which

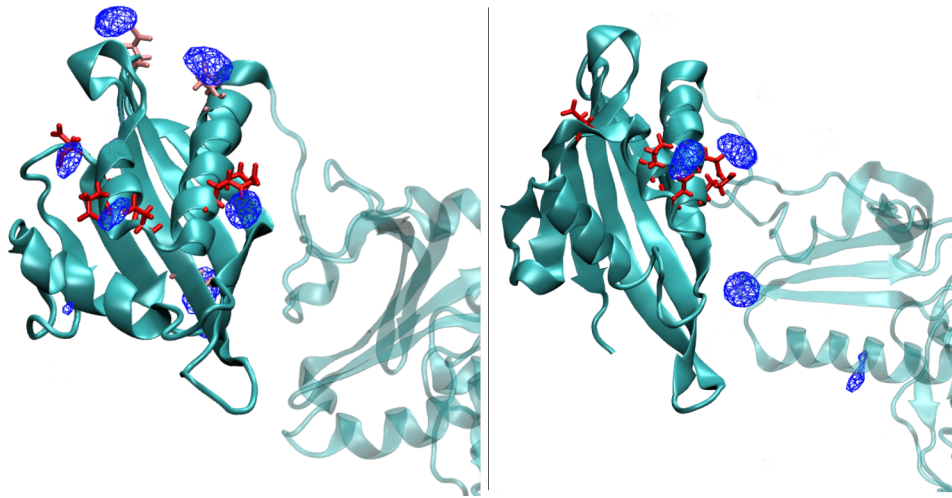


Figure 3: Cations tend to quickly bind to negative residues in the hub domain (solid cyan), weakening the attraction between charged patches in hub, linker and kinase domains (last two in translucent cyan). Blue mesh objects represent the regions where positive ions are found most frequently. Left panel: In the simulations without CaM, the cations strongly bind to residues E325, E329, D335 and E337 (in red licorice). They also tend to bind to residues E319 and D394 (in light red), although these two are not part of the hub's negative patch. Right panel: the simulations with CaM (not shown) also show that cations tend to strongly bind to the negative patch of the hub.

183 are based on the internal forces of the system, particularly on electrostatics. Nevertheless, in order to confirm our  
184 results, we repeated the simulations using a much softer thermostat, with a coupling constant of  $0.2 \text{ ps}^{-1}$ , which is  
185 more appropriate for out-of-equilibrium simulations[37] (although temperature could have larger fluctuations). We  
186 obtained practically identical results to those in Figure 2, highlighting the robustness of our approach to capture the  
187 physical effects on the system.

188 Despite the satisfactory description obtained, the computational experiments described considered one single  
189 CaMKII chain. However, in the physiological context, kinases in a multimeric array may interact not only with  
190 their own hubs, but also with those from neighboring proteins, and their interactions may affect the way in which the  
191 system behaves globally. To investigate this further, we used the Umbrella Sampling method of free-energy calcula-  
192 tion for the study of the opening of three CG dodecameric structures, all with initially closed SUs, but differing in their  
193 electrical charges; these are the systems described in section 2.4, WT, PT286 and NE. We calculated the free-energy  
194 profiles for the opening of a SU, starting from equilibrium conformations (CG structures after  $38 \mu\text{s}$  simulations, as  
195 described later in section 3.3). The left panel of Figure 4 shows the results, where we can observe that both PT286 and  
196 NE show a plateau starting around  $100 \text{ \AA}$ , unlike WT which shows no sign of reaching any kind of stability along the  
197 process. The structure in the Figure shows a representative conformation of the system around the plateau, where the  
198 harmonically forced SU appears interacting with a neighboring kinase. We also performed a free energy calculation in  
199 the reverse direction, reducing the hub-kinase separation of the SU, starting from the last frame of the corresponding  
200 opening simulations. This is showed in the right panel of the Figure where, interestingly, the minima are not observed  
201 for separations of about  $70 \text{ \AA}$ , as was the original case, but they appear at significantly larger values, above  $100 \text{ \AA}$  for  
202 PT286 and NE. The reason for this shift in position is clear when one observes the actual MD trajectories: the open  
203 kinase cannot go back to its original location—docked to its corresponding hub—due to steric clashes with its neighbors  
204 and, instead, it stays slightly out of the ring, and tilted to a side, approaching a neighboring SU. The structure in the  
205 Figure (from rotated points of view) shows a conformation corresponding to the region with minimum free energy.  
206 Notice that even in this case, with domains crossed, WT shows a hub-kinase separation shorter than the rest, still  
207 expressing the strongest attraction due to its fully charged domains.

208 It is worth to note that these free-energy calculations are performed on a CG system. Since the loss of degrees  
209 of freedom—intrinsic to coarse-graining—produces a generally flatter energy landscape, the values in Figure 4 provide  
210 only a qualitative picture of the energetics of opening/closing in a biologically relevant ensemble. With this in mind,  
211 we note a general trend: although the three studied cases tend to stay in a closed conformation if they are in it already

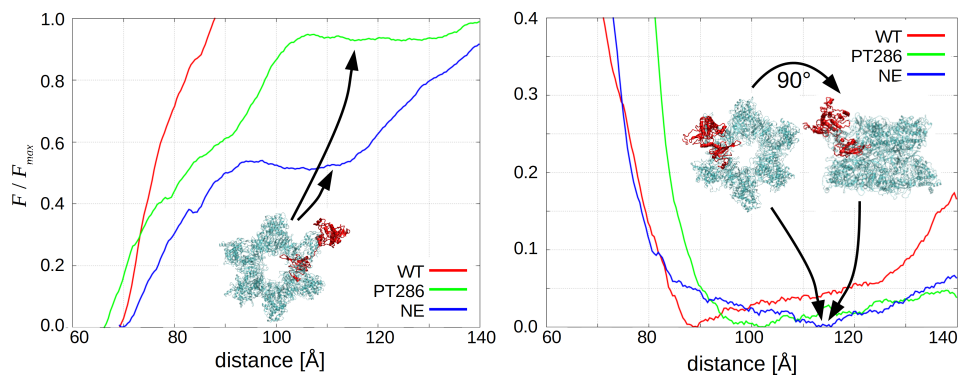


Figure 4: Free energy profiles of opening (left panel) and closing (right panel) of a SU for each simulated case (wild-type, phosphorylated, and neutralized linker), shown as a fraction of the maximum value of free energy,  $F_{max}$ . Errors= $\pm 0.1$ . Also shown are representative structures of the PT286 and NE systems, showing the forced SU in red.

212 (left panel, Figure 4), NE is the easiest to be opened to a metastable state, requiring about  $0.5 F_{max}$  (where  $F_{max}$  is the  
 213 largest value shown in the plot for WT); it is followed by PT286, with  $0.9 F_{max}$ ; and finally WT, which fails to reach  
 214 such a state, increasing monotonically until the maximum distance. On the other hand, when the SUs are already  
 215 opened (right panel, Figure 4), NE stabilizes with the largest hub-kinase separation, followed by PT286 and, finally,  
 216 WT. The trend is the same in both directions, supporting what was previously suggested: the electrostatic interactions  
 217 set up by the charged patches of CaMKII are responsible for keeping the SUs closed and, thus, the disruption of this  
 218 equilibrium, via different mechanisms (phosphorylation, neutralization of the linker or addition of cations), enhances  
 219 the probability of the system switching to an open conformation.

### 220 3.2. CaM binding to linker domain

221 We also investigated the binding of CaM to the CaMKII enzyme, starting from an AA wild-type monomer, in  
 222 the closed conformation, this time adding two  $Ca^{2+}$ /CaM molecules, not initially bound to CaMKII (described in  
 223 section 2.2). As in a previous case, in the absence of CaM, we observed the cations quickly partitioning in the close  
 224 neighborhood of the residues in the hub's negatively charged patch, with binding times on the order of 10 ns (Figure  
 225 3, right panel). Again, this causes a partial neutralization of the attractive interaction between patches, favoring the  
 226 hub-kinase separation.

227 The opening process, necessary for CaM to get to its binding region in CaMKII (see Figure 1), appears to be  
 228 stochastic and can, thus, take a very long simulation time. Therefore, and as done in the previous section, we employed  
 229 harmonic restraints in order to drive the system to the open conformation. A harmonic potential with spring constant  
 230 of 1 kcal/(mol·Å) was applied between the CoM of the kinase and hub domains. The CoM separation grew from  
 231 33 to 90 Å in about 10 ns. Next, with the system in this open conformation, we performed a 250 ns MD, without  
 232 constraints. We repeated this process five times, obtaining five independent runs.

233 In all performed simulations, the CaM molecules quickly attached around the linker region, sterically forbidding  
 234 the re-docking of hub and kinase. The left panel of Figure 5 shows a significant number of hydrogen bonds formed  
 235 between either of the CaM molecules and the kinase domain, underlining their strong interaction. With CaM in contact  
 236 with the kinase and preventing the kinase-hub re-closure, the flexible linker is left to explore the volume between the  
 237 two subdomains. When the region around T305/306 gets close to CaM, some hydrogen bonds are formed (right panel  
 238 of Figure 5), and CaM stays bound to the linker, around those two residues. In particular, in one of the runs an  
 239 average of six bonds were present at any time, indicating a rather strong linker-CaM interaction. The table in Figure 5  
 240 indicates the most active linker residues in forming hydrogen bonds with CaM. This is consistently repeated in all five  
 241 simulations. Figure 6 portrays a representative conformation of the system when the two CaM molecules are forming  
 242 hydrogen bonds with the region of the linker around T305/306. Another interesting observation is the activity of  
 243 residues K21 and R415, located in the kinase and hub domains, respectively. These aminoacids were found to interact  
 244 strongly with CaM for about 80% of the total time.

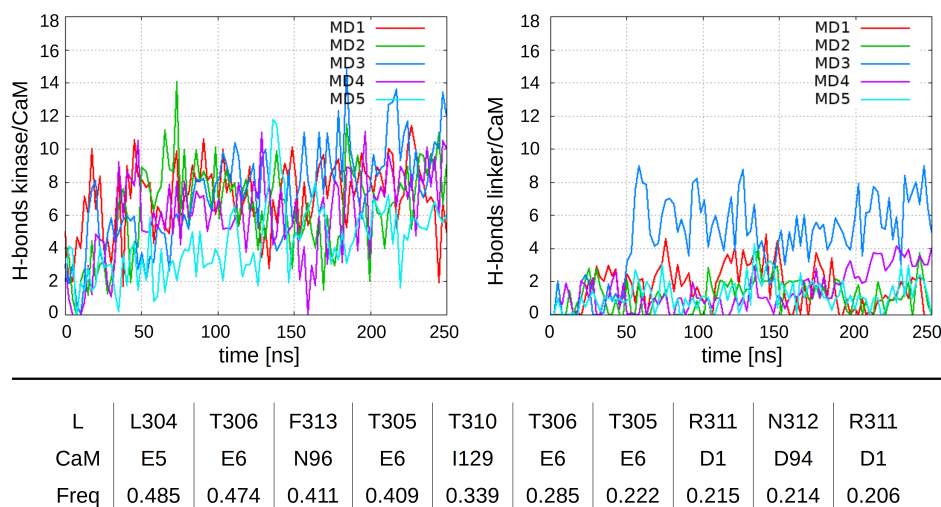


Figure 5: Top panel: Number of H-bonds formed between any Calmodulin molecule, and the linker or kinase domains, in each of the five simulations. Bottom panel: Linker-CaM residue pairs forming hydrogen bonds, and their frequency of occurrence along the trajectory (each column represents the contribution of a single CaM molecule in a single trajectory)

245 We should notice that the literature mentions that the mechanism of action of  $\text{Ca}^{2+}/\text{CaM}$  to kick-start the activation  
 246 process is to bind to the T305/306 region, hence preventing the kinase-hub re-closure. At the same time, due to its  
 247 size, CaM pulls the regulatory segment out of its position docked to the kinase, relieving T286 from its enclosure  
 248 against an internal mostly hydrophobic pocket—formed by L206, L207, V208, G209, Y210, E236, W237 and Y107—  
 249 and becoming exposed to the exterior. In this way, a nearby kinase could interact with it and, eventually, phosphorylate  
 250 it. In line with this, we measured a significant fluctuation of the inter-helix angle D195-T286-A295 (see angle formed  
 251 by the purple helices H282-L299 and G191-V208, in Figure 6), which is indicative of a higher propensity of the  
 252 regulatory segment to the opening. The histogram in Figure 6 shows this fluctuation—which is reproduced in all five  
 253 runs, suggesting a robust sampling—spanning between  $67^\circ$  and  $89^\circ$ . The histogram corresponding to the simulation  
 254 without CaM (inset in the figure) is very similar, with a slightly narrower distribution, with angles in the range  $73^\circ$   
 255 to  $87^\circ$ . Hence, we hypothesize the phosphorylation of T286 becomes possible not as a result of a variation of the  
 256 inter-helix angle and consequent increase in exposure of T286, but as a result of a different mechanism related to the  
 257 hub-kinase separation, to be explored below with CG simulations.

258 CaM failed to arrive at a fully bound conformation with CaMKII in the CG simulations described in section  
 259 2.3, although some notable facts could still be observed. One of the EF hands of CaM did show a very close and  
 260 stable association with the linker domain of the enzyme. This hand, which had been put initially very close to its  
 261 bound position (following an analogous problem in [30]), stayed strongly associated to the region of the linker around  
 262 residues T305/306, although its conformation did change, within  $1 \mu\text{s}$ , to a stable final state with an RMSD  $6 \text{ \AA}$  away  
 263 from the initial structure. The other EF hand, on the contrary, did not find a stable position in relation to the first hand,  
 264 and freely moved in the volume between hub and kinase, making contact with residues in both of them. In particular,  
 265 several microsecond-long interactions were registered between CaM and residues around K21 in the kinase domain,  
 266 and R415 in the hub domain (see Figure 6). Interestingly, these two residues were also observed in the AA simulations  
 267 to have strong interactions with CaM, as noted above. This coincidence between both models (AA and CG) suggests  
 268 that K21 and R415 could be important actors during the binding process of CaM.

### 269 3.3. K21 and R415 as promoters of CaM binding

270 The starting points of the CG simulations were the three dodecameric structures already mentioned in section 2.4:  
 271 wild-type (WT), phosphorylated (PT286) and neutralized linker (NE) versions of CaMKII. After a  $38 \mu\text{s}$  simulation  
 272 of each system, none reached a fully open conformation, although about half of the SUs in each case did significantly  
 273 increase its hub-kinase CoM separation: WT showed the smallest variations, reaching peaks of about  $37 \text{ \AA}$  for one of



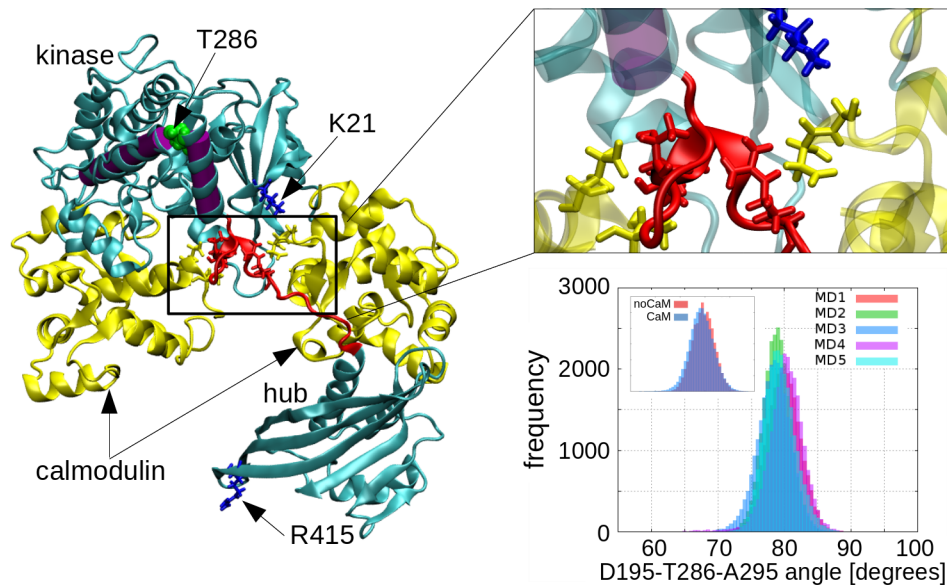


Figure 6: Kinase and hub domains in an open conformation, with two Calmodulin molecules (yellow) interacting with the linker (red), forbidding their re-closure. Residues K21 and R415, in blue licorice, show strong interactions with CaM (see text). The image on the top-right shows a close-up view of the residues forming hydrogen bonds, including aminoacids T305 and T306, in red licorice. The histogram on the bottom-right shows the variation of the D195-T286-A295 angle (angle between purple cylinders on the left) along the five MD trajectories

274 its SUs; PT286 and NE showed significantly larger separations, reaching peaks of 42 and 44 Å respectively. These  
 275 maximum openings for each case are shown in the right panel of Figure 7, while its left panel displays representative  
 276 conformations for the phosphorylated case.

277 On inspection of the conformations reached by the systems once their SUs become stable in terms of their inter-  
 278 domain separations (last third of the simulation time), we find that K21, a neighbor of T305/T306, becomes more  
 279 exposed than when in a closed form (compare bottom panels in Figure 7). But K21 was noted above as able to  
 280 develop strong interactions with  $\text{Ca}^{2+}$ /CaM. This leads us to hypothesize that K21 may act as a *bait* for  $\text{Ca}^{2+}$ /CaM,  
 281 bringing it closer to itself and its neighboring T305/306. Now being close,  $\text{Ca}^{2+}$ /CaM may develop strong interactions  
 282 with the latter residues (as in Figure 5).

283 A similar idea could be proposed for R415, since it was also noted previously as developing strong interactions  
 284 with CaM, and it was also observed to become partially exposed during the CG runs. But since this residue's distance  
 285 to T305/306 is larger (minimum K21-T305/306 and R415-T305/306 separations  $\sim 10$  and  $20$  Å, respectively), this  
 286 option through R415 seems to be less effective (although a possibility not to be discarded). This mechanism appears  
 287 to be more likely in the non wild-type cases, due to the maximal exposure of K21, but it may also be a possibility in  
 288 the WT, since Figure 7 also shows an increased separation for this case.

#### 289 4. Conclusion

290 In this study we performed AA and CG MD simulations, in order to study the mechanisms that kick-start the  
 291 activation process of CaMKII, and guide its ensuing dynamics.

292 From the atomistic runs we observed that a disruption of the electrostatic interactions between hub-linker-kinase  
 293 of a monomer, either via neutralization of linker or addition of cations, enhances the SU opening when pushed apart  
 294 by a harmonic force. Despite the use of a biasing force introduced to speed up the process, this observation confirms  
 295 the findings in Pullara *et al* [23]; namely: electrostatic interactions between hub-linker-kinase are fundamental in  
 296 determining the structure and dynamics of the system. Therefore, any event that disrupts that electrostatic equilib-  
 297 rium (phosphorylation, ion binding, etc), changing the relation of charges between them, will very likely alter the  
 298 conformation/dynamics of the system. Due to the larger systems and longer time spans allowed by CG MD, we chose

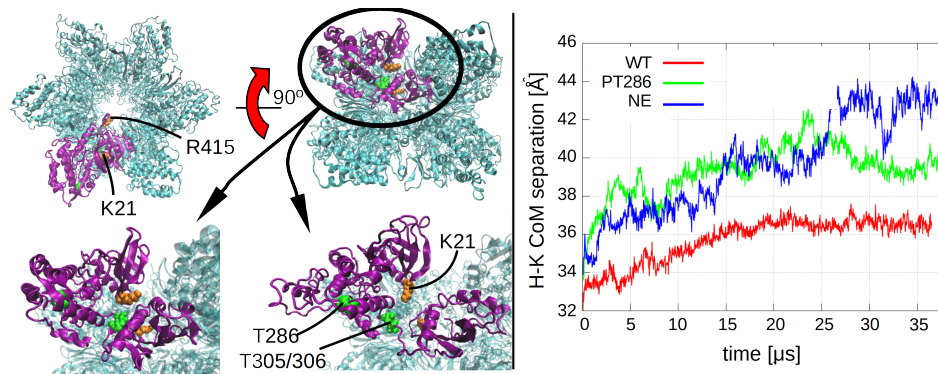


Figure 7: Left panel, top pictures: rotated views of the dodecamer, highlighting one of the SUs (purple), residues K21 and R415 (orange), and residues T286, T305/306 (green). Left panel, bottom pictures: zoomed-in views of the SU in the upper pictures, showing the initial (left) and final (right) conformations of one of the MD simulations. The hub-kinase separation increases, allowing K21 to become more exposed. T305/306 remains still partially buried. Right panel: the charge-altered cases, PT286 and NE, show the largest (center of mass) hub-kinase separation

299 this method to study if the above conclusions remain valid for a dodecamer and for 2 orders of magnitude longer  
300 simulation times. In particular, we calculated the free energy profiles of a dodecamer's SU while it opens and closes.  
301 Consistent with the previous conclusions, we found that the differences in free energy are smaller for systems where  
302 the linker's charge is partially or fully neutralized, thus rendering their transition to an open conformation more likely  
303 than for a wild-type SU.

304 The CG simulations also showed that the three systems studied, WT, PT286 and NE, have a tendency to increase  
305 the separation hub-kinase of some of their SUs. This was showed to increase the exposure of K21 and R451, residues  
306 that were found to interact strongly with  $\text{Ca}^{2+}/\text{CaM}$ . Thus, a mechanism for CaM binding to T305/306 and opening  
307 of the system's SU manifests:

- 308 • A SU (or several) of a CaMKII system increases its hub-kinase separation, partially exposing K21, but leaving  
309 T305/306 still mostly buried.
- 310 • If  $\text{Ca}^{2+}/\text{CaM}$  is available, the now relatively exposed K21 is able to strongly interact with it, thus attracting it to  
311 its neighborhood, which holds T305/306.
- 312 • Finally, the strong interactions between CaM and the now near T305/306 (and nearby residues; see table in  
313 Figure 5) may result in their binding.

314 In summary, this study suggests a physical explanation for the mechanism guiding the activation of CaMKII's  
315 subunits, in terms of electrostatic interactions. This is pictured in Figure 8, where the electrically charged patches  
316 are represented in red (negative) and blue (positive);  $\text{Ca}^{2+}/\text{CaM}$ , phosphorylated residues and, possibly, cations in the  
317 solution, are the switches which turn on and off the interactions between patches. The activation process of CaMKII  
318 starts with a natural partial opening in the SUs (Figure 7) which, through exposure of positive residues K21 and R415,  
319 causes an attraction of  $\text{Ca}^{2+}/\text{CaM}$  to them and the nearby T305/306. This may result in the binding of the latter two,  
320 and partial neutralization of the positively charged patch of the linker, thus favoring the SU opening (Figures 2 and  
321 left panel of 4). CaM interacts strongly with the linker, via the formation of hydrogen bonds (Figure 5), forbidding the  
322 re-closure due to its location between hub and kinase. This conformation, with the kinase far from the hub, increases  
323 the volume available for a neighboring kinase to get close to T286 and phosphorylate it. Later on, once CaM unbinds  
324 from the linker, the open kinase may associate to a neighboring hub (right panel of Figure 4, activation-competent  
325 conformations of Myers et al [38], also observed in [23]). Next, the small distance between the kinase and neighboring  
326 hub may be enough for a strong interaction leading to the cross-phosphorylation of T286 (and/or T305/306) of the  
327 hub's SU. Finally, this phosphorylation partially neutralizes the charge of the patch and favors the partial opening of  
328 this neighboring SU, which exposes residues K21 and R415, initiating the activation process of this other SU.

329 The true hurdle to initiating the activation process is the opening of the first SU, which would be in a wild-type  
330 state and, thus, not exposing K21/R415 as much as in the non wild-type cases. But once this occurs, the opening of

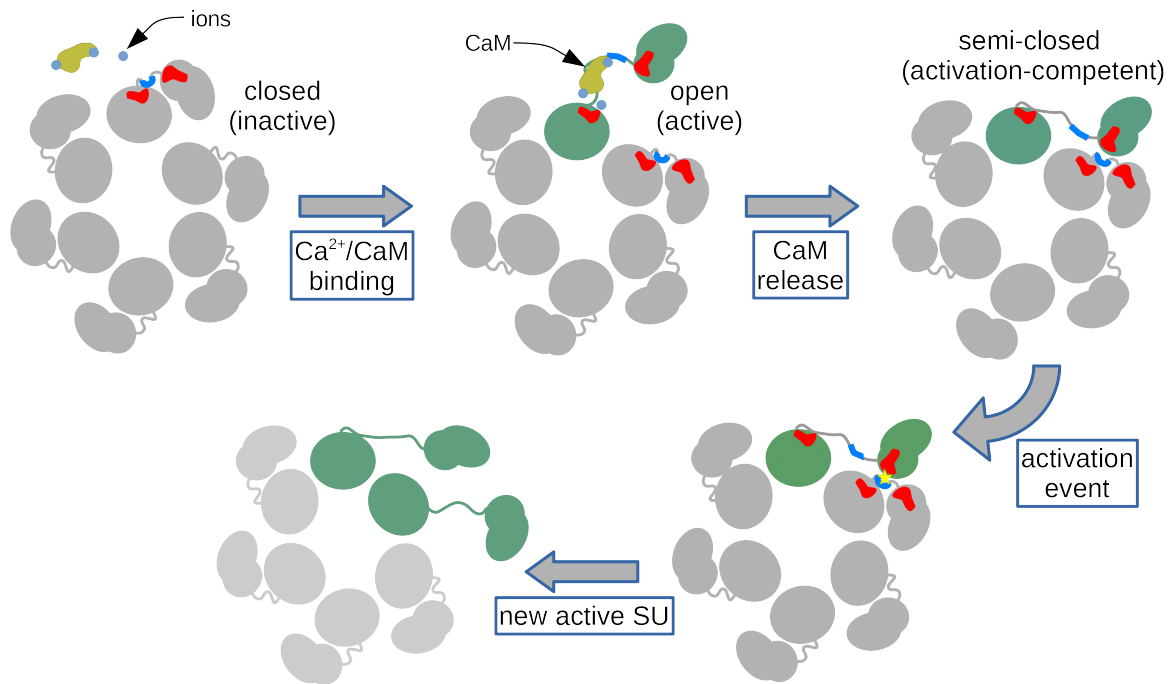


Figure 8: Steps in the activation of a CaMKII subunit. The first transition shows a closed (gray) SU (with negatively charged patches in red, and positively charged in blue) being affected by  $\text{Ca}^{2+}$ /CaM (in yellow and light blue, respectively) and resulting in its opening (green SU). Once the complex is released, the SU is dynamically driven to a semi-closed conformation (green/white hatched SU), with its kinase domain getting close to a neighboring SU. The high negative charge of its kinase can interact with the high positive charge of the neighbor's linker, thus favoring a strong interaction that could lead to the phosphorylation of the latter (activation event). This newly phosphorylated SU, now with a partially neutralized linker, is not favored as before to stay in a closed conformation (the previous attraction hub-linker-kinase was weakened). Thus, the systems acquires a new active SU.

331 the other SUs should be more likely, since they would have a phosphorylated T286, and more exposed K21/R415.  
332 This explains how a cooperative mechanism of activation can arise [39, 38].

## 333 5. Conflicts of Interest

334 There are no conflicts of interest to declare

## 335 6. Acknowledgements

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