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PFAS fluidize synthetic and bacterial lipid monolayers based on hydrophobicity and lipid charge

Aleksandra Naumann
University of Rhode Island

Jessica Alesio
University of Rhode Island

Monika Poonia
University of Rhode Island

Geoffrey D. Bothun
University of Rhode Island, gbothun@uri.edu

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1 **PFAS fluidize synthetic and bacterial lipid**
2 **monolayers based on hydrophobicity and lipid**
3 **charge**

4
5 *Aleksandra Naumann¹, Jessica Alesio¹, Monika Poonia¹, and Geoffrey D. Bothun^{1,*}*

6 Department of Chemical Engineering, University of Rhode Island, 2 East Alumni Ave, Kingston,
7 RI, 02881

8 *Corresponding Author. Tel: +1-401-874-9517, Fax: +1-401-874-2656, E-mail:

9 gbothun@uri.edu

10

11 **KEYWORDS:** Perfluoroalkyl substance; perfluorooctanoic acid; lipid monolayer; surface
12 pressure; bacteria membrane

13

14 **Abstract**

15 Poly- and Perfluoroalkyl substances (PFASs) are pollutants of emerging concern
16 that persist in nature and pose environmental health and safety risks. PFAS disrupt biological
17 membranes resulting in cellular inhibition, but the mechanism of disruption and the role of lipid
18 composition remain unclear. We examine the role of phospholipid saturation and headgroup
19 charge on the interactions between PFASs and phospholipid monolayers comprised of synthetic
20 phosphocholine (PC) and phosphoglycerol (PG) lipids and prepared from bacteria membrane
21 extracts rich in PG lipids from an environmentally relevant marine bacterium *Alcanivorax*

22 *borkumensis*. When deposited on a buffered subphase containing PFAS, PFAS mixed within and
23 fluidized zwitterionic and net-anionic monolayers leading to increases in monolayer
24 compressibility that were driven by a combination of PFAS hydrophobicity and monolayer
25 charge density. Differences in the monolayer response using saturated or unsaturated lipids are
26 attributed to the ability of the unsaturated lipids to accommodate PFAS within ‘void space’
27 arising from the bent lipid tails. Similar fluidization and compressibility behavior were also
28 observed in *A. borkumensis* lipid monolayers. This work provides new insight into PFAS
29 partitioning into bacterial membranes and the effect PFAS have on the physicochemical
30 properties of zwitterionic and charged lipid monolayers.

31

32 **1. Introduction**

33 Poly- and Perfluoroalkyl substances (PFAS) are pollutants of emerging concern that
34 exhibit an unprecedented ability to accumulate within the environment.¹⁻³ PFAS, which are
35 fluorinated amphiphiles with low volatility, have been used in a wide range of products and
36 processes where low adhesion and water and oil repellency are required.^{4,5} These properties also
37 cause PFAS to persist in the environment and bioaccumulate. For example, one of the most-
38 studied PFAS, perfluorooctanesulfonic acid (PFOS) is known to be present in blood serum of US
39 citizens at concentrations near 40 ng/mL.⁶ In addition, the short-chain PFAS
40 perfluorobutanesulfonic acid (PFBS) found in cord blood was positively associated with
41 preeclampsia.⁷ Even years after exposure, high levels of PFAS remain in the body.^{8,9} Although
42 there has been a shift to PFAS with shorter fluorinated tails that are thought to bioaccumulate to
43 a lesser extent than longer PFAS, compounds with long fluorinated tails ($C_{nF} \geq 7$) remain in the
44 environment, even in remote areas such as the arctic through the global water cycle.^{6,10,11}

45 PFAS bioaccumulation has been linked to lipid and protein binding mechanisms,
46 consistent with the hydrophobic nature of the compounds.¹²⁻¹⁵ While there have been numerous
47 studies focused on PFAS-protein binding, comparably few studies have focused on PFAS
48 partitioning into lipid bilayer membranes or monolayers.¹⁶⁻²² Perfluorooctanoic acid (PFOA) and
49 PFOS, legacy eight-carbon PFASs, have been shown to readily partition into bilayers comprised
50 of zwitterionic phospholipids, disrupting inter-lipid interactions and disordering the
51 bilayer.^{16,21,22} Interestingly, PFOA partitioning was dependent on phospholipid chain length²²
52 while PFOS partitioning was not,¹⁶ which may reflect the greater hydrophobicity of PFOS. Even
53 short chain PFAS such as PFBS partition into and disrupt zwitterionic phospholipid bilayers.^{17,18}

54 Phospholipid monolayer studies provide additional insight into PFAS partitioning and its
55 effects on physicochemical monolayer properties. PFOA, PFOS and PFBS have been shown to
56 partition into zwitterionic phospholipid monolayers.¹⁸⁻²⁰ As the monolayers were compressed,
57 packing the lipids more closely together and increasing the inter-lipid interactions, PFOA was
58 expelled from the monolayer while the sulfonic acids PFOS^{19,20} and PFBS¹⁸ were retained.
59 Collectively, previous work such as these show that bilayer and monolayer studies provide
60 complimentary information that can be combined to better understand how lipid partitioning
61 varies with PFAS and lipid composition.

62 Bacteria have a central function in ecosystems, and it is critical to understand how PFAS
63 partition into and disrupt bacterial cell membranes. Previous studies have shown that PFAS
64 partitioning into *Staphylococcus epidermidis* and *Aliivibrio fischeri* was dependent on PFAS
65 hydrophobicity,²³ determined largely by fluorinated tail length. While the general behavior for
66 bacteria partitioning with PFAS hydrophobicity agreed with partitioning observed with
67 zwitterionic phospholipid bilayers, lower PFAS partition coefficients for bacteria were attributed

68 to electrostatic repulsion between PFASs and the negatively charged bacterial membrane. With
69 *A. fischeri* the membranes become more permeable after PFAS exposure, which may have
70 contributed to increased quorum sensing.²⁴ PFOA and PFOS have also been shown to disrupt
71 *Escherichia coli* membranes, contributing to toxicity²⁵ and increasing biofilm formation as a
72 stress response to the added PFAS.²⁶

73 The objective of this work was twofold; (1) to examine the effect of phospholipid tail
74 saturation and charge on PFAS interactions within monolayers and (2) to determine if these
75 interactions are also observed in monolayers comprised of lipids extracted from *Alcanivorax*
76 *borkumensis*. Saturated and mono-unsaturated phosphocholine (PC) and phosphoglycerol (PG)
77 lipids were chosen to represent bacterial lipids. *A. borkumensis* was employed as a model
78 organism. It is a ubiquitous marine bacterium known for its ability to utilize alkanes as a carbon
79 source and is often found to be a dominant species in association with marine oil spills.^{27,28} The
80 primary lipid fatty acids of *A. borkumensis* grown on the same carbon source employed in this
81 work – saturated C₁₆ tails (16:0, ~30%) and mono-unsaturated C₁₈ tails (18:1 Δ⁹-*cis*, ~40%)²⁹ –
82 are similar to the tail structures used in the monolayer studies. The results show that phenomena
83 observed in synthetic lipid monolayers also describe PFAS interactions in complex bacterial
84 membrane extracts.

85

86 **2. Experimental**

87 2.1. Chemicals

88 Perfluorooctanoic acid (PFOA), perfluorononanoic acid (PFNA), perfluorooctanesulfonic
89 acid (PFOS, potassium salt), and perfluorohexanesulfonic acid (PFHxS, sodium salt) were
90 purchased from AccuStandard® (New Haven, CT) with purities > 96%. The phospholipids 1,2-

91 dimyristoyl-*sn*-glycero-3-phosphocholine (DMPC), 1,2-dimyristoyl-*sn*-glycero-3-
 92 phosphoglycerol (DMPG, sodium salt), 1,2-dioleoyl-*sn*-glycero-3-phosphocholine (DOPC), and
 93 1,2-dioleoyl-*sn*-glycero-3-phosphoglycerol (DOPG, sodium salt) were purchased from Avanti®
 94 Polar Lipids (Alabaster, AL). All the materials were used as received without further
 95 purification. Experiments were conducted in 10 mM N-(2-hydroxyethyl)piperazine-N'-(2-
 96 ethanesulfonic acid) (HEPES, Sigma-Aldrich) buffer at pH 7 prepared using sterile, ultrafiltered
 97 deionized water (DIW) obtained from a Millipore Direct-3Q purification system. Molecular
 98 properties of the PFAS and phospholipids – the number of carbons (C_{nF} and C_n :cis), charge,
 99 octanol/water partition coefficient (Log K_{ow}), van der Waals volume (V_{vdw}), and polar surface
 100 area (A_{polar}) – are summarized in Table 1.

101

102 **Table 1.** Molecular properties of PFAS and phospholipid compounds.

Compound	C_{nF} (C_n) ^b	Charge	Log K_{ow} ^d	V_{vdw} (Å ³) ^e	A_{polar} (Å ³) ^e
<i>PFASs</i>					
PFOA	7 (8)	-	3.10 (5.68)	231	40
PFNA ^a	8 (9)	-	3.54 (6.51)	258	40
PFHxS ^a	6 (6)	-	2.20 (3.39)	221	57
PFOS	8 (8)	-	5.61 (5.77)	275	57
	C_n :cis ^c	Charge		V_{vdw} (Å ³) ^e	A_{polar} (Å ³) ^e
<i>Lipids</i>					
DMPC	14:0	-/+		716	111
DMPG	14:0	-		682	152
DOPC	18:1	-/+		836	111
DOPG	18:1	-		803	152

103 ^aRestricted to bacterial lipid monolayer studies.

104 ^b C_{nF} = number of fluorinated carbons; C_n = total number of carbons.

105 ^c C_n :cis = ratio of the total number of carbons to the number of double bonds in the tails.

106 ^d K_{ow} = octanol/water partition coefficient, experimental average (*predicted average*), US EPA
 107 CompTox Chemicals Dashboard.³⁰

108 ^eComputed with Marvin Sketch (Version 20.11).

109

110 2.2. Bacteria growth and lipid extraction

111 *A. borkumensis* was grown on 5 g/L pyruvate in artificial seawater at 20 °C. Details are
112 provided in Supplementary Material for bacteria growth and lipid extraction. Briefly, bacteria
113 were grown in sterile 125 mL baffled Erlenmeyer flasks for 72 h on the platform shaker at
114 ambient temperature.²⁷ Cells were grown to an optical density, OD₆₀₀, of 1.2 and visually
115 examined under a microscope (Figure S1). The bacteria were centrifuged at 7000 g for 30 min to
116 form a pellet, which was then resuspended and washed twice with artificial seawater via
117 centrifugation. For the final resuspension, the bacteria were pelletized again and resuspended in
118 2 mL 0.9% NaCl (w/w). Lipid extraction was achieved using a modified Bligh and Dyer
119 method.^{31,32} A total of 9 pellets (9 bacteria cultures) yielded an average of 3.52 ± 0.74 mg of
120 extracted lipids per pellet, which were pooled for the monolayer studies (Figure S2, S3; Table
121 S1).

122

123 2.3. Surface pressure measurements and Langmuir isotherms

124 The Langmuir isotherms were obtained using a PTFE trough (KSV NIMA, Biolin
125 Scientific) measuring 364×75×4 mm (L×W×H) with a total working surface area of 240 cm² (see
126 Figure S4 for an overview). The trough was placed on an air table (model Onyx 7A, Herzan,
127 Laguna Hills, CA) for passive vibration control. All experiments were conducted at 20 °C with a
128 10 mM HEPES aqueous subphase. Prior to forming a Langmuir monolayer, the trough and
129 barriers were rinsed thoroughly with ethanol three times and then the trough was filled with the
130 aqueous subphase. The trough was considered sufficiently clean if the fluctuations in surface
131 pressure at the neat air/water interface were less than 0.3 mN/m as the barriers were compressed
132 down to 20-30% of the working surface area. Surface pressure was continuously measured using
133 paper Wilhelmy plates (Nanoscience Instruments, Phoenix, AZ).

134 Lipid monolayers were formed by spreading small droplets of lipids dissolved in
135 chloroform (1 g/L) on the surface of the aqueous subphase (with or without added PFAS) using a
136 50 μ L Hamilton microsyringe. The chloroform was allowed to evaporate over 15 min. The
137 surface pressure-area (π - \bar{A} , where \bar{A} is the mean molecular area or π -A, where A is the total
138 trough area) isotherms were recorded by compressing the monolayers with a barrier speed of 3
139 mm/min, which allowed the monolayer to reach a pseudo-equilibrium condition. Surface
140 pressure was recorded every 10 s using an integrated balance. \bar{A} was calculated based on the
141 total number of lipid molecules deposited at the air/water interface divided by the initial area of
142 the trough. Brewster Angle Microscope (MicroBAM, KSV NIMA, Biolin Scientific) was used to
143 image the monolayers *in situ*.

144 Compressibility moduli, C_s^{-1} , or the reciprocal of the compressibility, were calculated
145 from the monolayer isotherms according to equation 1.

$$146 \quad C_s^{-1} = -\bar{A} \frac{d\pi}{d\bar{A}} \quad (1)$$

147 C_s^{-1} describes how resistant a monolayer is to compression; high values of C_s^{-1} correspond to a
148 rigid monolayer with high resistance to compression, while low values of C_s^{-1} correspond to a
149 fluid monolayer that requires less force to compress. The equation can also be applied when the
150 area is the total trough area, A.

151 The surface activity of PFAS (no lipid present) were examined under compression by
152 adding PFAS to the subphase and allowing the system to equilibrate for 15 min. PFAS
153 monolayers were then compressed and recorded as they were for lipid monolayers. Lipid
154 isotherms and PFAS surface pressure measurements were conducted in triplicate and the results
155 are presented as the mean surface pressure. For ease of viewing, symbols were added

156 representing the mean value at every 50th data point. Standard error is shown in all figures as a
157 lighter colored band around the mean.

158

159 3. Results and Discussion

160 Surface pressure–area (π –A) measurements for PFAS were generated to determine their
161 surface activity at a bulk subphase concentration of 10^{-4} M (Figure S5). PFAS are soluble in
162 water and upon compression the results reflect a competition between PFAS packing at the
163 air/water interface and the adsorption energy. PFOA exhibited an s-shaped curve with π
164 increasing from 4.2 to 11.5 mN/m with compression as PFOA packed more tightly at the
165 interface and reduced the interfacial tension. PFOS exhibited a flat curve with comparatively
166 high π between \sim 14–16 mN/m. In this case the surface was saturated with PFOS and the results
167 suggests that PFOS molecules were expelled from the interface during compression, maintaining
168 a near-constant surface pressure. The higher surface activity of PFOS compared to PFOA is
169 consistent with PFOS being more hydrophobic based on Log K_{ow} (Table 1; comparison of
170 experimental averages).³³ The range of π at the same PFAS concentrations are similar to
171 previous work.^{34,35} Estimated effective mean PFAS molecular areas (\bar{A}_P) were extrapolated from
172 Schaefer et al³⁴ and Costanza et al³⁵ and are compared to computed minimum and maximum
173 molecular area projections (Table 2). This comparison suggests that PFOS formed a packed
174 monolayer oriented perpendicular to the air/water interface while PFOA formed a sparser
175 monolayer with a higher degree of parallel orientation.

176

177 **Table 2.** Estimated and computed effective mean PFAS molecular areas.

Compound	Estimated \bar{A}_P (\AA^2)	Computed $\bar{A}_{P,\min}$ (\AA^2) ^c	Computed $\bar{A}_{P,\max}$ (\AA^2) ^c
PFOA	83 ^a , 181 ^b	36	67

178 ^aExtrapolated from Schaefer et al.³⁴

179 ^bExtrapolated from Costanza et al.³⁵

180 ^cComputed with Marvin Sketch (Version 20.11).

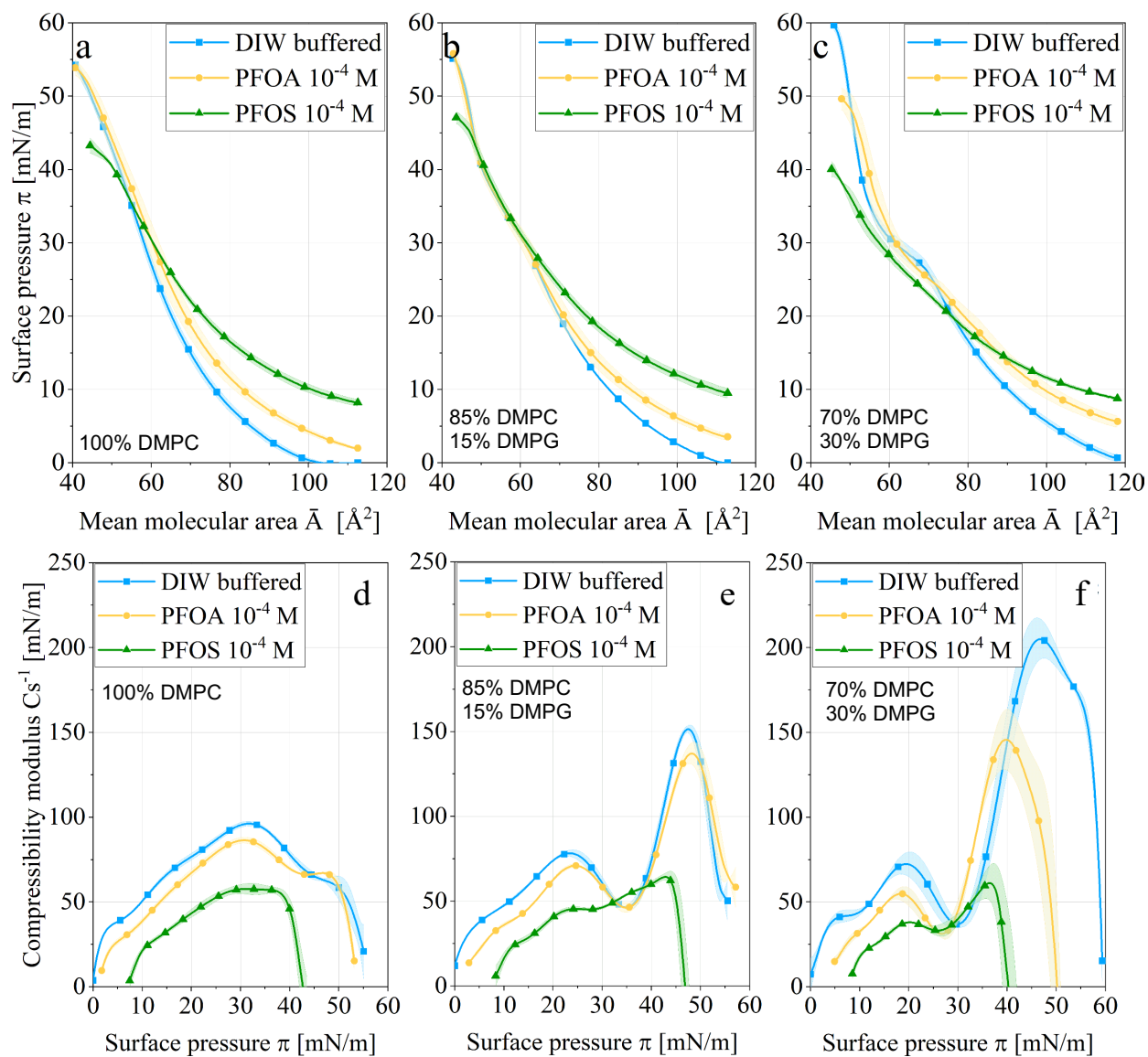
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182 3.1. Saturated Phospholipid Monolayers (DMPC and DMPC/DMPG)

183 Isotherms were measured for DMPC/DMPG monolayers deposited on aqueous subphases
184 with and without PFAS as a function of the anionic DMPG mole fraction ($X_{\text{DMPG}} = 0, 0.15,$ and
185 0.3 ; Figure 1). With increasing X_{DMPG} , the isotherms without added PFAS become steeper and
186 phase transitions from liquid-expanded (LE) to liquid-condensed (LC) phases were observed
187 between 25-30 mN.³⁶ DMPC itself does not exhibit a LE-LC transition. The lift off pressure,
188 which corresponds to the area per molecule when the surface pressure can be detected, also
189 increased with DMPG concentration ($\sim 20\%$ from $X_{\text{DMPG}} = 0$ to 0.3) due to repulsive electrostatic
190 interactions between DMPG lipids that increased the effective mean lipid molecular area, \bar{A} .³⁷

191 With PFAS present in the subphase, the isotherms showed an increase in π after
192 formation and equilibration at the highest mean molecular areas, \bar{A} , reflecting the presence of
193 PFAS at the interface. The effect was most pronounced for PFOS, which showed the greatest
194 surface activity (Figure 1a-c). The presence of anionic PFAS added to the electrostatic repulsion
195 within the monolayers originating with DMPG and altered the inter-lipid interactions that led to
196 the LE-LC phase transition.

197



198

199 **Figure 1.** Surface pressure–area isotherms, $\pi - \bar{A}$ (a-c), and compressibility moduli, C_s^{-1} (d-f), for

200 DMPC monolayers as a function of DMPG concentration (X_{DMPG}) in the absence (blue squares)

201 or presence of 10^{-4} M PFOA (yellow circles) or PFOS (green triangles) in a HEPES buffered

202 DIW subphase. a, d) $X_{\text{DMPG}} = 0$; b, e) $X_{\text{DMPG}} = 0.15$; and c, f) $X_{\text{DMPG}} = 0.3$. The colored bands

203 shown in a-f for each condition represent the standard error of three independent experiments.

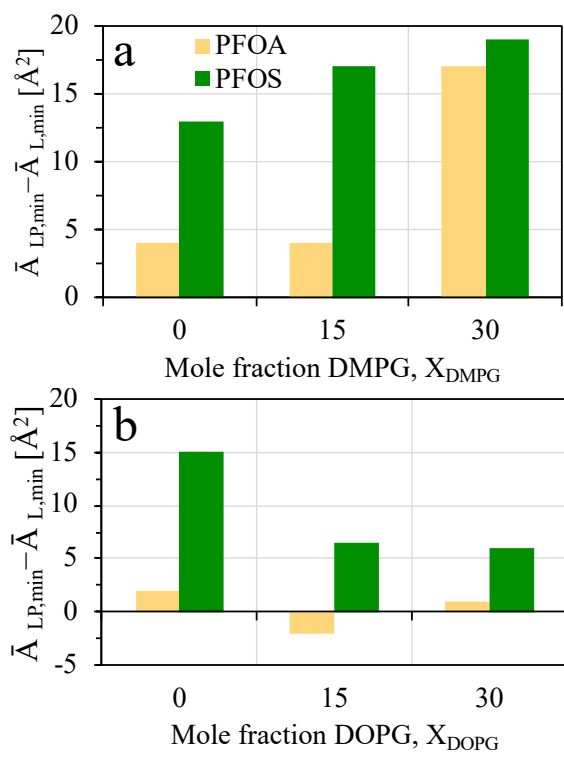
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205 The isotherms with added PFAS were less steep upon compression, implying a more
206 compressible monolayer, and intersected the phospholipid isotherms. Results for the
207 compressibility moduli, C_s^{-1} , are shown in Figure 1d-f. The local minima near $\sim 30\text{--}35$ mN/m for
208 X_{DMPG} at 0.15 and 0.3 represent π at the midpoint of the LE-LC phase transition. The minima are
209 followed by rapid increases in C_s^{-1} (decreases in compressibility) as the structured LC phase
210 formed.²⁰ Increasing DMPG concentrations led to decreases in C_s^{-1} when the monolayers were in
211 the LE phase (more compressible) and increases C_s^{-1} in the LC phase (less compressible) at high
212 surface pressures. This behavior is tied to DMPG, which reduced lipid packing in the LE phase
213 via electrostatic repulsion and drove the LE-LC phase transition. The addition of PFAS to the
214 subphase led to overall decreases in the compressibility moduli, with the decreases being more
215 pronounced with increasing DMPG concentration. PFOS had a greater influence on C_s^{-1} because
216 it is larger and more hydrophobic (Table 1, reflected in C_{nF}), and has greater surface activity than
217 PFOA.

218 The effect of PFOA and PFOS on the LE-LC lipid phase transitions are revealed through
219 the compressibility moduli. Only at the highest DMPG mole fraction, $X_{\text{DMPG}} = 0.3$ (Figure 1f),
220 did we observe a shift in the transition to lower π and \bar{A} , consistent with a lipid condensing
221 effect caused by the PFAS. Lipid condensation has been reported Lv and Sun,³⁹ where molecular
222 dynamics simulations revealed that saturated 1,2-dipalmitoyl-*sn*-glycero-3-phosphocholine
223 (DPPC, $C_{\text{n:cis}} = 16:0$) in a bilayer condense around PFOS to shield it from water, yielding a
224 more thermodynamically favorably state. Since DMPC ($C_{\text{n:cis}} = 14:0$) does not exhibit a LE-LC
225 transition alone, we only observed this condensing effect with DMPG was present.

226 To examine the effective area occupied by PFAS initially and the likelihood of PFAS
227 exclusion at high compression, we determined the limiting area at high \bar{A} (LE phase) and the

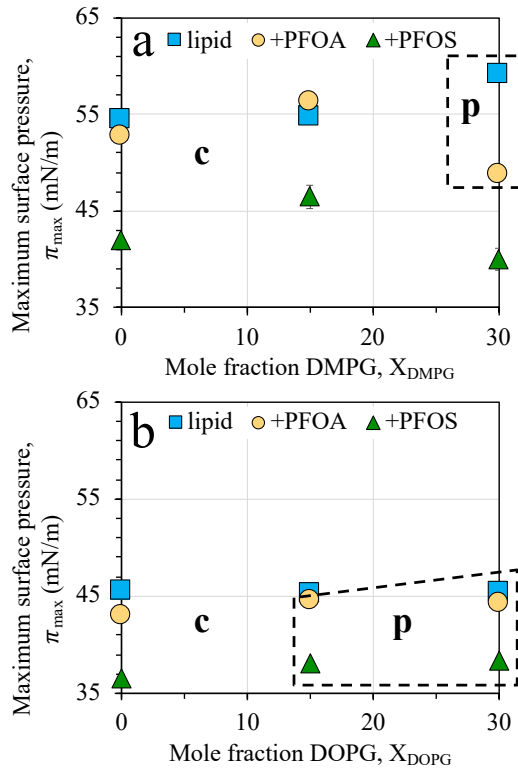
228 maximum surface pressure, respectively. The limiting area, expressed as the difference in
 229 limiting areas with and without added PFASs ($\bar{A}_{LP,min} - \bar{A}_{L,min}$), are shown in Figure 2a. The
 230 values increase with DMPG concentration, denoting the role of electrostatic repulsion in
 231 monolayer expansion. The values of $\bar{A}_{LP,min} - \bar{A}_{L,min}$ are an significantly lower than the estimated
 232 and computed PFAS area per headgroup shown in Table 2, suggesting that the PFAS aligned
 233 with the lipid tails and/or condensed surrounding lipids to reduce the mean lipid area per
 234 molecule.



235
 236 **Figure 2.** Difference in limiting areas with and without added PFOA or PFOS ($\bar{A}_{LP,min} - \bar{A}_{L,min}$)
 237 for a) DMPC/DMPG and b) DOPC/DOPG monolayers as a function PG lipid mole fraction.
 238 These values were taken from the mean isotherms.

239

240 Maximum surface pressures, π_{\max} , are shown as a function of PG concentration in Figure
241 3. The labels ‘c’ and ‘p’ denote whether the maximum refers to a collapse (an abrupt drop in π
242 with compression at low \bar{A}) or a plateau, with little to no evidence of collapse, respectively.
243 PFOA did not lower π_{\max} at $X_{\text{DMPG}} = 0$ or 0.15, and at $X_{\text{DMPG}} = 0.3$ the decrease in π_{\max} suggests
244 that the phospholipids did not pack tightly enough to ‘squeeze’ PFOA out of the monolayer due
245 to headgroup repulsion. However, a significant decrease in the collapse and plateau pressures
246 were observed for PFOS. These results indicate that PFOA was partially expelled from the
247 monolayers at high compression while PFOS remains within the monolayers, consistent with
248 PFOS showing greater phospholipid bilayer partitioning than PFOA.^{2,3} The decrease of the
249 collapse pressure with a PFOS-rich subphase can be explained by the comparably high surface
250 activity, which leads to disordering effects due to disrupted inter-phospholipid interactions,
251 namely van der Waals attraction.³⁸ This phenomenon is coupled with increased electrostatic
252 repulsion within the monolayer due to PFOS, which restricts compression at low \bar{A} resulting in
253 collapse.



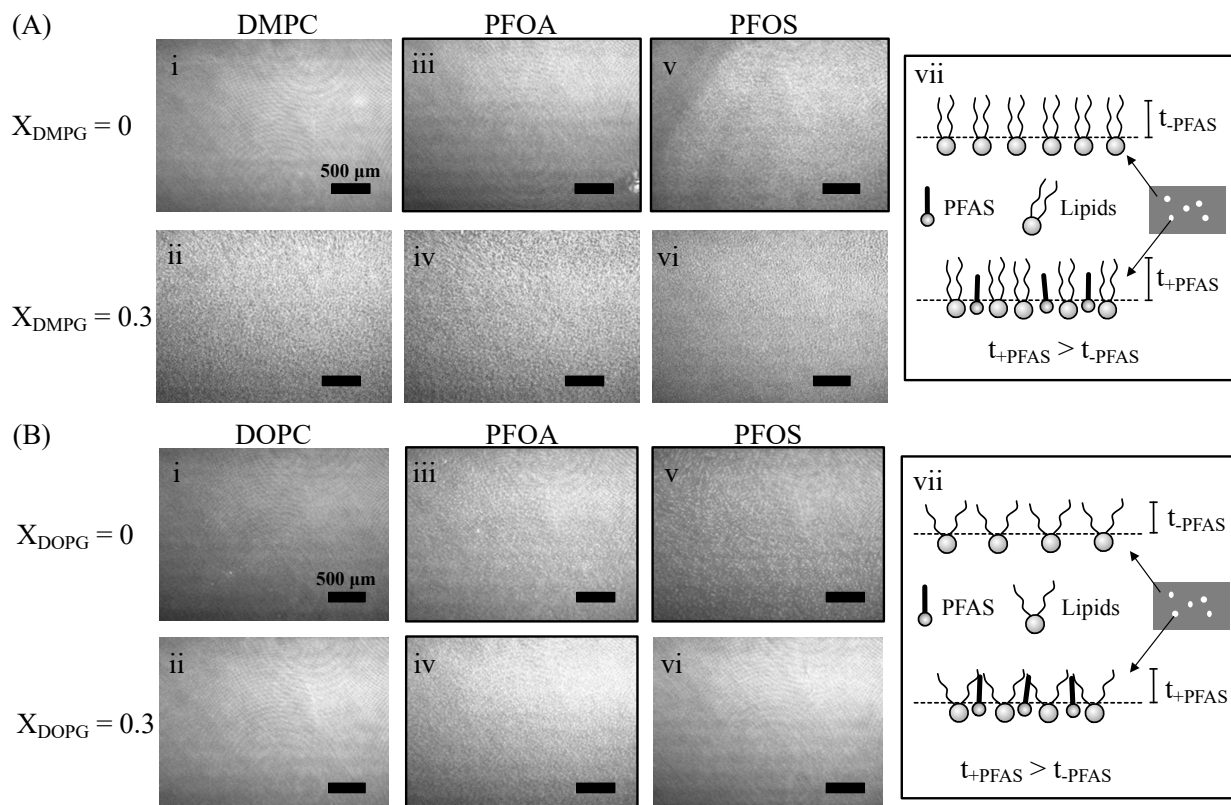
254

255 **Figure 3.** Maximum surface pressure, π_{\max} , as a function of PG lipid concentration for a)
 256 DMPC/DMPG and b) DOPC/DOPG with added PFOA or PFOS. The labels ‘c’ and ‘p’ denote
 257 whether π_{\max} refers to a collapse or a plateau (dashed rectangle shows plateau region). Standard
 258 error bars are shown based on triplicate measurements. Error bars not visible are smaller than the
 259 symbols.

260

261 BAM images of the monolayers compressed to 40 mN/m with $X_{\text{PG}} = 0$ and 0.3 are shown
 262 in Figure 4A. PFOA and PFOS led to the formation of bright ‘spots’ within DMPC monolayers
 263 ($X_{\text{DMPG}} = 0$) indicative of condensed, solid domains that are thicker than the surrounding bulk
 264 lipid phase. These solid domains became more prevalent with increasing π and were only
 265 observed with added PFAS. Phospholipid condensation observed by BAM and by $\bar{A}_{\text{LP},\min} -$
 266 $\bar{A}_{\text{L},\min}$ (Figure 2a) for DMPC monolayers support this mechanism. At $X_{\text{DMPG}} = 0.3$ condensation

267 could not be discerned as the solid phases were observed with and without added PFAS.
 268 Phospholipid condensation is typically associated with a stiffer or less compressible (higher C^{-1})
 269 monolayer as opposed to a more compressible monolayer (Figure 1d-f). Thus, PFOA and PFOS
 270 have anomalous affects – they condense phospholipid domains while still fluidizing the
 271 monolayer and rendering it more compressible.



272
 273 **Figure 4.** Brewster Angle Microscopy (BAM) images of (A) DMPC ($X_{\text{DMPG}} = 0$; i, iii, v) and
 274 DMPC/DMPG ($X_{\text{DMPG}} = 0.3$; ii, iv, vi) monolayers at 40 mN/m and (B) DOPC ($X_{\text{DOPG}} = 0$; i, iii,
 275 v) and DOPC/DOPG ($X_{\text{DOPG}} = 0.3$; ii, iv, vi) monolayers at 35 mN/m with added PFOA and
 276 PFOS. The same scale is used for each image and monolayers exhibiting lipid condensation are
 277 shown as images with black line border. Proposed schematics are shown (not to scale; vii)
 278 depicting lipid condensation in the presence of PFAS.
 279

280 Viada et al⁴⁰ have reported that perfluorodecanoic acid (PFDA) is expelled at high
281 compression from anionic distearoylphosphatidic acid (DSPA) monolayers where the difference
282 in lipid tail length to C_{nf} is 9 carbon atoms, but mixes within dilauroylphosphatidic acid (DLPA)
283 monolayers where the difference is 3 carbon atoms. DSPA and DLPA both contain saturated
284 tails. Comparatively, the tail length difference for PFOA and PFOS with DM lipids is 6 and 7
285 carbon atoms, respectively. This comparison shows that small changes in PFAS length – one
286 carbon atom – may determine whether PFAS are retained within or expelled from phospholipid
287 monolayers. Headgroup chemistry likely plays an important role as well and the ability for PFOS
288 to be retained within the monolayer could stem from stronger hydrogen bonding between the
289 sulfonic acid headgroup and the lipid headgroups.

290

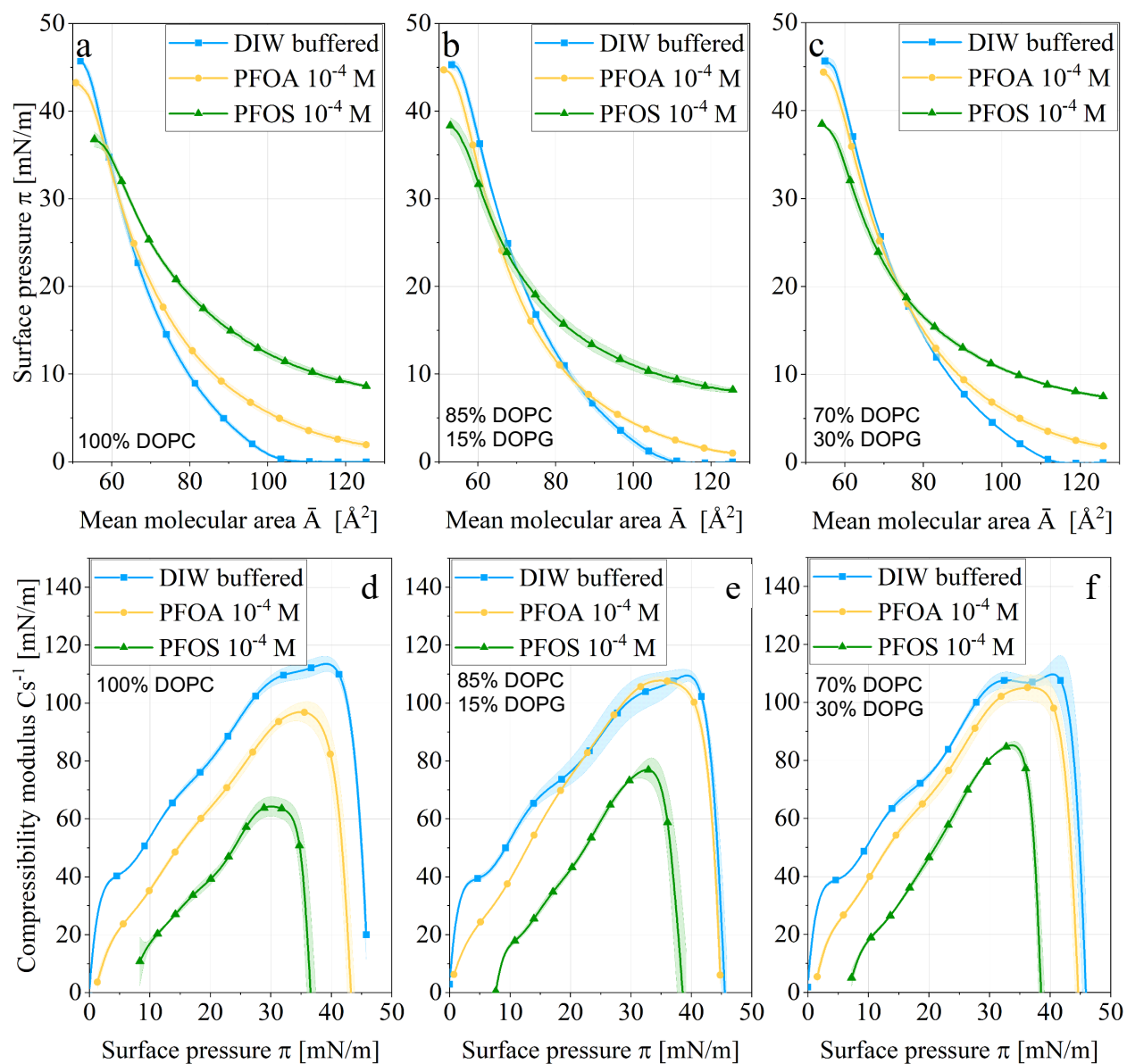
291 3.2. Unsaturated Phospholipid Monolayers (DOPC and DOPC/DOPG)

292 The DOPC isotherm shows good agreement with the literature⁴¹ and with DOPG,
293 monotonic increases in π are observed with compression with no evidence of LE-LC phase
294 transitions (expected for lipids with unsaturated tails; Figure 5a-c). The DOPC/DOPG isotherms
295 exhibit much of the same behavior observed for DMPC/DMPG, with greater lift-off areas with
296 increasing X_{DOPG}, (~6% from X_{DOPG} = 0 to 0.3) and, with PFAS present, PFOS having the
297 greatest effect on the isotherm. This similarity for lipids with short/saturated and
298 long/unsaturated tails shows the importance of electrostatic interactions between lipid and PFAS
299 headgroups.

300 The *cis* double bond in DOPC and DOPG tails leads to a fluid monolayer with low
301 packing densities compared to saturated lipids. This is reflected in the compressibility moduli
302 shown in Figure 5d-f. Interestingly, C_s⁻¹ for DOPC or DOPC/DOPG mixtures do not show

303 significant differences without added PFAS. Both PFAS reduced C_s^{-1} (increased compressibility)
304 compared to the pure lipid, however with added PFAS the C_s^{-1} profiles increased with increasing
305 X_{DOPG} (decreased compressibility). Compared to DMPC/DMPG, these results suggest that
306 DOPC/DOPG can more easily accommodate the PFAS with the void space provided by
307 unsaturated tails, reducing the impact of unfavorable electrostatic repulsion. Since PFAS
308 partitioned into these void spaces, there was less of an effect on the compressibility as the lipid
309 heads are spaced apart by the unsaturated lipid tails. The proposed mechanism is supported by
310 the differences in minimum area, showing that PFASs occupy a lower effective area compared to
311 DMPC/DMPG (Figure 2), and the π_{max} (Figure 3), showing that less PFAS is excluded from the
312 monolayer upon collapse or plateau.

313



314

315 **Figure 5.** Surface pressure–area isotherms, $\pi - \bar{A}$ (a-c), and compressibility moduli, C_s^{-1} (d-f), for

316 DOPC monolayers as a function of DOPG concentration (X_{DOPG}) in the absence (blue squares)

317 or presence of 10^{-4} M PFOA (yellow circles) or PFOS (green triangles). a, d) $X_{\text{DOPG}} = 0$; b, e)

318 $X_{\text{DOPG}} = 0.15$; and c, f) $X_{\text{DOPG}} = 0.3$. The colored bands shown in a-f for each condition represent

319 the standard error of three independent experiments.

320

321 Like DMPC, BAM images show the PFOA and PFOS can lead to condensed solid
322 domains in DOPC monolayers (Figure 4B) despite unfavorable lipid packing of the DOPC acyl
323 tails. There was also evidence of PFOA causing condensation in DOPC/DOPG ($X_{\text{DOPG}} = 0.3$)
324 monolayers, which are not known to form LC domains. Experimental results for DOPC support
325 recent molecular dynamic simulations showing that PFOA and PFOS cause unsaturated lipids to
326 condense in a bilayer.⁴²

327 To examine whether electrostatic repulsion would prevent PFAS partitioning into net
328 anionic monolayers, experiments were conducted where PFOS was added to the subphase with
329 preexisting PC and PC/PG ($X_{\text{PG}} = 0.3$) monolayers at the air/water interface and the relative
330 dynamic surface pressure, π/π_0 (initial surface pressure $\pi_0 = 35$ mN/m), was measured over 8 h.
331 In all cases the addition of PFOS led to an increase in π/π_0 compared to the PFOS-free condition
332 over the duration of the experiments (Figure S6). This indicates that PFOS penetrated the
333 monolayer and led to increased lipid packing at the interface, which increased π irrespective of
334 the net-charge of the monolayer or lipid tail saturation. The effect of PFOS on was less
335 pronounced for monolayers with unsaturated lipids, further supporting the proposed mechanism
336 of PFAS adsorption in void space at the interface.

337

338 3.3. Extracted Bacterial Lipid Monolayers

339 The major classes of lipids identified in the bacterial lipid extracts were
340 phosphatidylglycerols (PG; $46.8 \pm 0.5\%$), phosphatidylethanolamine (PE; $33.7 \pm 0.8\%$), and
341 glyceroglycolipids ($18.3 \pm 0.2\%$). LysoPE and phosphatidic acid (PA) were also present at $0.6 \pm$
342 0.1% each. The abundant species of PE and PG lipids had a total of 32 or 34 carbon atoms; 32
343 carbon atoms likely correspond to lipids with two C_{16} tails or one C_{14} and one C_{18} tail, while 34

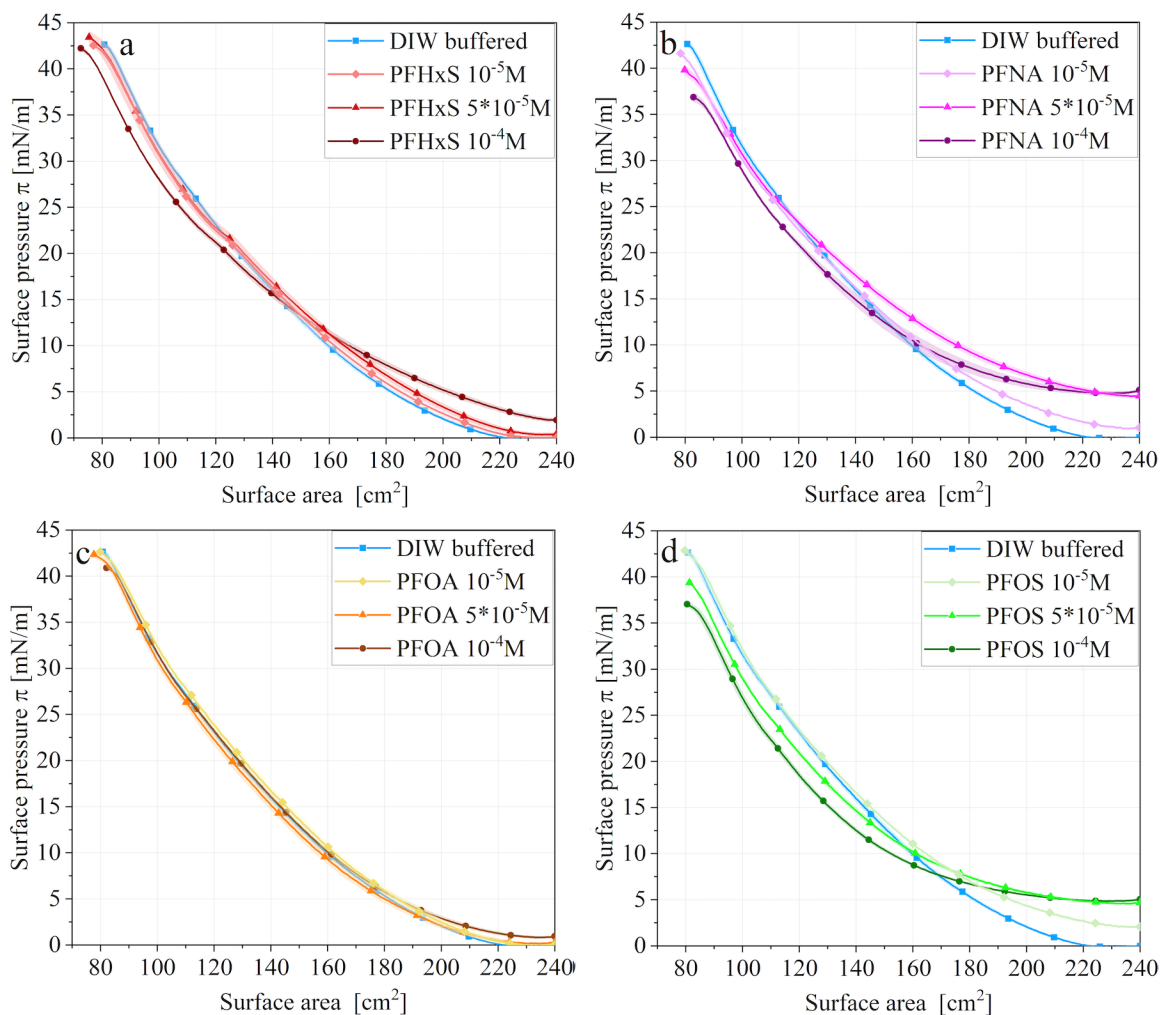
344 carbon atoms likely corresponded to one C₁₆ tail and one C₁₈ tail. For both species there were 1
345 or 2 degrees of fatty acid tail unsaturation (double bonds). For comparison, DMPC contains two
346 saturated C₁₄ tails and DOPC contains two C₁₈ tails, each with a double bond between C₉=C₁₀
347 that leads to void space for PFAS adsorption within a monolayer.

348 For Langmuir trough studies on model bacterial lipid monolayers the range of PFAS was
349 expanded to include PFHxS (C_{nF} = 6) and PFNA (C_{nF} = 8), in addition to PFOS (C_{nF} = 8) and
350 PFOA (C_{nF} = 7). Bacterial lipid monolayer isotherms display properties of both DMPC/DMPG
351 and DOPC/DOPG. Without PFAS, a transition from a less-ordered to a more-ordered phase is
352 observed from ~15-25 mN/m (Figure 6; the transition cannot be defined as LE-LC) and the
353 monolayer is highly compressible (low C_s⁻¹; Figure S7).

354 With added PFASs, π after initial monolayer formation increased with increasing PFAS
355 concentration and the monolayers were more fluid and compressible. The isotherms with PFNA
356 and PFOS are very similar (Figures 6b and d, respectively), suggesting that PFASs interactions
357 within the monolayer are due to length of the fluorinated tail for these PFAS with C_{nF} = 8 and
358 that the effect of the headgroup, carboxylic vs sulfonic acid, is small in comparison. This is
359 consistent with the similar surface activities measured for PFNA and PFOS (Figure S5). The
360 intersections of the isotherms are shifted to larger areas with increasing concentrations,
361 consistent with increased headgroup electrostatic repulsion that reflects the charge of PFAS and
362 the high concentration of negative PG lipids in the bacterial lipid monolayers.

363 Fluorinated tail length does not however explain the differences observed for PFOA and
364 PFHxS. With PFOA (C_{nF} = 7; Figure 6c) there was almost no change in the isotherms, while the
365 shorter PFHxS (C_{nF} = 6; Figure 6a) led to an expanded and more compressible monolayer. The
366 less-ordered to more-ordered phase transition also became more pronounced with increasing

367 PFHxS concentration. Comparatively, PFNA and PFOS inhibited the phase transition, and PFOA
368 had no effect.

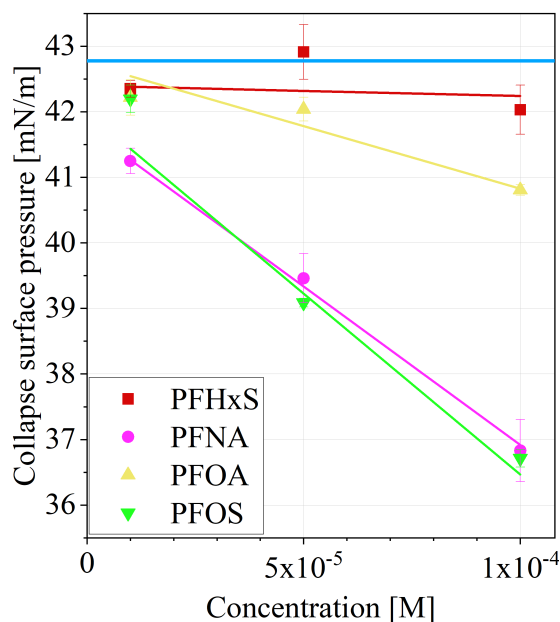


369
370 **Figure 6.** Surface pressure–area (π – A) isotherms for extracted bacterial lipid monolayers in the
371 absence or presence of a) PFHxS, b) PFNA, c) PFOA, and d) PFOS as a function of PFAS
372 concentration. The colored bands shown in a-f for each condition represent the standard error of
373 three independent experiments.

374
375 PFHxS is an interesting molecule compared to similar PFAS. Albumin binding studies
376 have shown that PFAS partition coefficients increase with increasing number of fluorinated

377 carbons with the exception of PFHxS, which exhibited greater protein binding.⁴³ The half-life of
378 PFHxS in humans is also greater than expected based on C_{nF} .⁴⁴ These studies suggest that PFHxS
379 may exhibit more hydrophobic behavior than expected, which would explain its high surface
380 activity (Figure S5) despite its high water solubility compared to the other PFAS examined.³³

381 Monolayer collapse occurs when a monolayer becomes tightly packed and unstable,
382 which leads to buckling or the formation of multilayer regions at a liquid interface. For bacterial
383 lipid monolayers, the surface pressure upon collapse decreased linearly with increasing PFOA,
384 PFNA, and PFOS concentrations in the subphase (Figure 7), with PFNA and PFOS being nearly
385 identical. A decrease in the collapse surface pressure reflects additional electrostatic repulsion
386 due to the presence of PFAS in the monolayer that prevents the lipids from packing as tightly at
387 the point of collapse. The collapse pressure is similar to DOPC/DOPG for these three PFAS at
388 10^{-4} M (Figure 5). PFHxS is again an anomaly – despite fluidizing the monolayer, the collapse
389 pressure differed by just ~ 0.4 mN/m from the control and did not change with PFHxS
390 concentration.



391

392 **Figure 6.** Collapse surface pressure of bacterial lipid monolayers as a function of PFAS
393 subphase concentration. The blue horizontal line is the collapse pressure at 42.8 mN/m of the
394 monolayers without PFAS. Standard error bars are shown based on triplicate measurements.
395 Error bars not visible are smaller than the symbols.

396

397 A clear dissimilarity between the bacterial and synthetic lipid monolayers was observed
398 when dynamic π/π_0 was measured for the bacterial lipid monolayers when PFAS was injected
399 into the subphase. PFOS as well as PFHxS, PFOA, and PFNA had little effect on π over 8 h,
400 suggesting that high content of negatively charged lipid (47.4 mol% PG + PA) and unsaturated
401 lipid tails provided ample void space (high effective area per lipid) for PFAS to adsorb at the
402 air/water interface without packing the lipids. This was observed to a lesser extent for
403 DOPC/DOPG with increasing PG lipid content up to 30 mol%. There was no clear BAM
404 evidence of PFAS causing lipid condensation in the bacterial lipid monolayers.

405

406 **4. Conclusions**

407 The ability of the PFAS examined to disrupt synthetic phospholipid and bacterial lipid
408 monolayers was dependent on the extent to which it was retained within the monolayer during
409 compression and the ability for the monolayer accommodate the PFAS in void spaces caused by
410 unsaturated lipids. PFOA was partially expelled from the monolayers at high compression where
411 the more hydrophobic PFOS was retained and contributed an additional repulsive interaction that
412 ultimately led to more fluid, compressible monolayer that collapsed with less force. By
413 combining BAM and isotherm results, experimental evidence confirmed prior computational
414 results showing that PFAS can cause phospholipid condensation. Interestingly, we observed that

415 PFOA and PFOS caused lipid condensation while still yielding a more fluid, compressible
416 monolayer. Other molecules such as cholesterol that cause lipid condensation also increase the
417 rigidity and reduce the compressibility of lipid monolayers.

418 The effects of PFAS on the fluidity and compressibility of synthetic monolayers were
419 also observed for extracted bacterial membrane monolayers. For the bacterial lipid monolayers,
420 PFOS and PFNA, a sulfonic acid and a carboxylic acid both with C₈ fluorinated tails, fluidized
421 the monolayers and led to early monolayer collapse. PFOA and PFHxS had comparably modest
422 effects. Given the thousands of PFAS present in our environment, additional studies are needed
423 to determine if the interactions observed in this work can be extended to classes of PFAS as well
424 as other PFAS structures (e.g. cationic PFAS or PFAS precursors), and if similar effects of are
425 observed for other environmentally relevant bacterial membranes.

426

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440

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