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# **BMJ Open** The Geriatric Emergency Care Applied Research (GEAR) network approach: a protocol to advance stakeholder consensus and research priorities in geriatrics and dementia care in the emergency department

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### **ABSTRACT**

Introduction Increasingly, older adults are turning to emergency departments (EDs) to address healthcare needs. To achieve these research demands, infrastructure is needed to both generate evidence of intervention impact and advance the development of implementation science, pragmatic trials evaluation and dissemination of findings from studies addressing the emergency care needs of older adults. The Geriatric Emergency Care Applied Research Network (https://gearnetwork.org) has been created in response to these scientific needs-to build a transdisciplinary infrastructure to support the research that will optimise emergency care for older adults and persons living with dementia.

Methods and analysis In this paper, we describe our approach to developing the GEAR Network infrastructure, the scoping reviews to identify research and clinical gaps and its use of consensus-driven research priorities with a transdisciplinary taskforce of stakeholders that includes patients and care partners. We describe how priority topic areas are ascertained, the process of conducting scoping reviews with integrated academic librarians performing standardised searches and providing quality control on reviews, input and support from the taskforce and conducting a large-scale consensus workshop to prioritise future research topics. The GEAR Network approach provides a framework and systematic approach to develop a research agenda and support research in geriatric emergency care.

Ethics and dissemination This is a systematic review of previously conducted research; accordingly, it does not constitute human subjects research needing ethics review. These reviews will be prepared as manuscripts and submitted for publication to peer-reviewed journals, and the results will be presented at conferences. Open Science Framework registered DOI: 10.17605/OSF. IO/6QRYX, 10.17605/OSF.IO/AKVZ8, 10.17605/OSF.IO/ EPVR5, 10.17605/0SF.IO/VXPRS.

### Strengths and limitations of this study

- ► The inclusion of transdisciplinary stakeholder participants as part of the scoping review and consensus process to identify research gaps and priorities.
- Cross-coordination with medical librarians of scoping review searches.
- Creation of a Health Equity Advisory Board to ensure meaningful inclusion of diverse populations in studies focused on the emergency care of persons living
- A well-defined search strategy created by a team of academic research librarians to search a broad group of databases.
- Small body of published literature in topic areas.

### INTRODUCTION

Increasingly, older adults are turning to emergency departments (EDs) to address healthcare needs. <sup>12</sup> Older adults (aged 65 years and older) in the USA visit the ED at a rate of 51.1 per 100 persons per year.<sup>3</sup> Recommendations to transform EDs to better care for older adults have included redesigning services and processes. 4-6 Geriatric emergency care and geriatric EDs (GEDs) have emerged over the past decade as innovative solutions to better provide emergency care for older adults. 4 6-8 However, many of the processes, protocols and care models targeting older patients with emergency care remain untested in the unique ED setting. Consequently, the impact of geriatric emergency care for older adults is *unknown*. 910 Furthermore, novel interventions and best practices tailored to the ED setting need to be developed for both older adults and persons living with dementia (PLWD).



To achieve these research demands, infrastructure is needed for GEDs to both generate evidence of intervention impact and advance development of implementation science, pragmatic trials evaluation and dissemination of findings from these studies.<sup>11</sup>

The Geriatric Emergency Care Applied Research (GEAR) Network was created in response to these scientific needs—to build a transdisciplinary infrastructure to support the research that will optimise emergency care for older adults and PLWD. 12 The GEAR Network (https:// gearnetwork.org) is supported by the National Institute on Aging (NIA) and partner organisations, The Gary and Mary West Health Institute and The John A. Hartford Foundation (jointly on The Geriatric Emergency Department Collaborative grant (award number N/A) with two phased awards: GEAR (R33 AG058926 add dates) and GEAR 2.0—Advancing Dementia Care (GEAR 2.0 ADC) (R61 AG069822 September 2020–June 2022)). In the first phase of both awards, key stakeholders from emergency medicine, geriatrics, nursing, psychiatry, pharmacy, social work, individuals representing healthcare systems, clinicians, researchers, medical specialty organisations, advocacy organisations, caregivers, older adults and PLWD to identify consensus-driven research priorities that will improve the care of older adults (GEAR). GEAR 2.0 ADC added PLWD and care partners to the team. The second phase consists of pilot grant funding to support investigators that advance research priorities identified by stakeholder consensus.

The original GEAR project (hereafter referred to simply as GEAR) is dedicated to improving ED care of the older adult and focused on the priority topics of: care transitions, cognitive impairment—delirium, medication safety, elder abuse and falls. Four of the five GEAR research priorities have already been published using this approach. <sup>13–16</sup> GEAR 2.0 ADC is focused on optimising emergency care for PLWD and their care partners in the priority areas of: ED practices, ED care transitions, detection and communication and shared decision-making.

In this paper, we describe the phase I methods used by GEAR 2.0 ADC to identify consensus-driven research priorities, which were based on methods used for GEAR. We describe how we identified the priority topic areas, conducted scoping reviews in each topic area while integrating input from a transdisciplinary stakeholder taskforce, integrated academic librarians in the review process to perform standardised searches and provide quality control and conducted a large-scale consensus conference to prioritise future research. The GEAR Network approach may be valuable for other specialties, disciplines and organisations attempting to identify research and practice gaps, generate evidence, build collaborations, and target high-yield research questions to optimise the care of older adults.

### **METHODS/DESIGN**

### **GEAR 2.0 ADC design and structure**

Like GEAR, GEAR 2.0 ADC is a phased programme that provides infrastructure to support the mission of increasing transdisciplinary research to improve emergency care for PLWD and their care partners. The organisational structure of GEAR 2.0 ADC (figure 1) consists of committees that guide operations, a taskforce of stakeholder members that join workgroups and participate in the consensus conference during the first phase (2 years) and Cores that support training and expert consultation for pilot studies that will be conducted during the second phase (3 years). GEAR 2.0 ADC is from 1 June 2020 to 31 May 2025.

### The executive committee

GEAR 2.0 ADC is operationally coordinated by the executive committee that oversees and guides the programme and activities in both phases. The executive committee is led by geriatric emergency medicine investigators who also lead one of the four priority topic workgroups. Each of these leads were selected based on geriatric emergency medicine expertise and the concurrent engagement of local Alzheimer's Disease Research Center faculty at their sites. These investigators supervise the GEAR 2.0 ADC efforts and meet virtually on a biweekly basis.

### The oversight committee

The oversight committee consists of content experts in geriatrics, emergency medicine, and Alzheimer's disease and related disorders (ADRD) that provides high-level guidance to the executive committee during quarterly meetings. Representatives from the NIA also participate in these meetings to hear updates and progress of GEAR 2.0 ADC activities. The oversight committee provides interdisciplinary guidance on the project direction, content and research approaches and future directions to address cross-disciplinary gaps highlighted by the American Geriatrics Society conference series.<sup>17</sup>

### **Health Equity Advisory Board**

To address the need for greater equity in emergency care research in geriatrics and dementia care both with regard to PLWD, care partners and researchers, a Health Equity Advisory Board (HEAB) was created. The HEAB provides guidance and feedback on GEAR 2.0 ADC activities, to ensure meaningful inclusion of diverse populations based on race, gender, ethnic/religious affiliation, sex identification, along with the impact of social determinants of health in studies focused on the emergency care of PLWD. HEAB members include PLWD, their caregiver and care partners, advocates and stakeholders all from under-represented populations or groups. Current board members include individuals that are African American, Hispanic, Asian and lesbian. The HEAB will follow the NIA Health Disparities Research Framework approach and will work with partner organisations like the Imbedded Pragmatic Alzheimer's disease and AD-Related Dementias

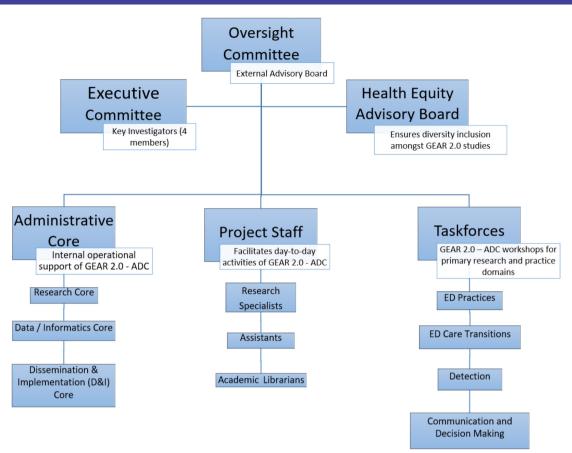


Figure 1 Geriatric Emergency Care Applied Research (2.0) Network - Advancing Dementia Care (GEAR 2.0 ADC) organisational structure. ED, emergency department.

Clinical Trials Collaboratory, an organisation that is developing strategies to address diversity and inclusion in studies focused on PLWD.<sup>19</sup> This includes addressing the four key levels of analyses related to the NIA health disparities priorities of environmental, sociocultural, behavioural and biological disparities in health for older minority populations. We will incorporate the lifecourse perspective, which is a 'multidisciplinary approach to understanding the mental, physical and social health of individuals, which incorporates both life span and life stage concepts that determine health trajectory and influence population-level health disparities'.<sup>18</sup>

### Project team staff

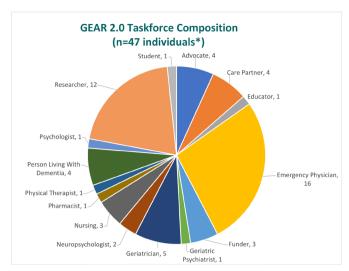
GEAR 2.0 ADC activities are supported by smaller project teams where each of the executive committee leads are located. Local project team members include a research coordinator and academic medical school librarian to facilitate GEAR 2.0 ADC activities, the bulk of which includes conducting the scoping reviews. Additional activities of the research coordinators include coordinating communication with all members, and organising meetings (including presentations, recordings, minute preparation).

### Patient and public involvement

Throughout the methods, the involvement, inclusion and representation of patients, and public partners are described. The GEAR 2.0 ADC taskforce and workgroups are transdisciplinary groups of stakeholders committed to improve the emergency care of PLWD. Members were identified to participate based on content expertise, their positions in partner organisations and referrals from other invited members. The executive committee invited participants to ensure diversity of background and expertise while ensuring a manageable group size. They include emergency physicians, geriatricians, neurologists, psychiatrists, neuropsychologists, nurses, social workers, pharmacists, physical therapists, patient advocates and most importantly PLWD and their care partners.

### GEAR 2.0 ADC taskforce and workgroups

The GEAR 2.0 ADC taskforce is a transdisciplinary group of stakeholders committed to improve the emergency care of PLWD. Members were identified to participate based on content expertise, their positions in partner organisations and referrals from other invited members. The executive committee invited participants to ensure diversity of background and expertise while ensuring a manageable group size. This included 47 individuals who identified themselves as emergency physicians, geriatricians, neurologists, psychiatrists, neuropsychologists, nurses, social workers, pharmacists, physical therapists, patient advocates and most importantly PLWD and their care partners (figure 2).



**Figure 2** Geriatric Emergency Care Applied Research (2.0) Network - Advancing Dementia Care (GEAR 2.0 ADC) taskforce composition. \*Identification categories not mutually exclusive.

Taskforce members participated on one or more workgroups that represented research and clinical practice priorities in four topics (see below Priority domain determination section for how these topics were chosen):

- 1. Optimal ED care practices for PLWD and their caregivers (ED practices).
- 2. Optimal ED care transitions for PLWD and their caregivers (ED care transitions).
- 3. Approaches to identify ED PLWD (diagnosed and undiagnosed ADRD) (detection).
- Approaches to communication and shared decisionmaking in ED treatment and disposition for PLWD and their caregivers (communication and decision making).

### **Approach**

### GEAR 2.0 ADC operational overview

During the first phase, GEAR 2.0 ADC identified and prioritised research by completing scoping reviews in each of the priority topics and then held a 2-day consensus conference of key stakeholders who discussed and voted on research priorities to optimise emergency care for PLWD. The GEAR Network consensus conference approach is modelled after the Cornell Institute for Translational Research on Aging (CITRA) process for developing stakeholder-based translational research agendas in ageing.<sup>20</sup> Unlike CITRA, the GEAR Network approach has more extensive preparatory work prior to the consensus conference that includes completion of scoping reviews in preselected priority areas prior to the consensus conference. Completion of the scoping review required: (1) proposing initial research priorities in each of the domains; (2) using a Population, Intervention, Comparison, Outcome (PICO) framework for the research questions to conduct structured literature searches with academic librarians to identify publications related to the domains (round 1 priority research

questions); (3) summarising the most recent scientific reviews of ED-based trials, observational and/or retrospective studies (if any) that address the priority area; (4) extracting major conclusions from relevant literature identified or other systematic reviews related to the PICO question. The results of the scoping reviews were then used as the basis for discussion and considerations of research priorities at the consensus conference.

During the second phase, GEAR 2.0 ADC will fund pilot studies that encourage transdisciplinary collaboration to address the research priorities ranked by the stakeholders from the first phase.

### Priority domain determination

GEAR 2.0 ADC taskforce members ranked priority topics in December 2019 during the grant proposal preparation process. The executive committee proposed the multiple priority topics which the taskforce ranked. These were then emailed as a survey to taskforce members to rank the importance of each topic and the top ones were selected to be the focus of GEAR 2.0 ADC activities. Based on past experience in GEAR, the decision was made to limit efforts to four workgroups based on capacity and workload.

### Workgroup preconference activities

Each workgroup was led by an executive committee member lead and supported by the project team staff. At the study kickoff meeting, taskforce members were invited to participate in any of the four workgroups representing research and practice priority domains. Taskforce members joined workgroups based on their interests and expertise, noting their preferences through an online survey. Although most requests were honoured, some respondents were assigned to non-primary choices to ensure diversity of background and maintain workable group sizes of 12–14 participants. While participants were encouraged to only engage with one group, a number engaged in multiple groups.

Each workgroup's leader developed a charter document that consisted of a description of the workgroup's topic, goals, meeting dates, membership list as well as expectations of both group leadership and participants. All workgroups met monthly for 1 hour, while work continued asynchronously through emails moderated by the group leadership. Files were accessible through cloud-based file sharing tools and servers to provide a single source of information for all members. These workgroup meetings served to review the progress of the project, to discuss and reflect on project findings and to frame project directions. Workgroups particularly had extensive discussions to develop key questions and identify research gaps using the PICO approach. <sup>21</sup>

### Phase I: scoping review process

In preparation for the GEAR 2.0 ADC consensus conference, scoping reviews were conducted in the four domains. We followed the Preferred Reporting Items for

Systematic Reviews and Meta-Analyses-scoping review—scoping review checklist process to explore both the breadth of literature in this area and identify the knowledge and practice gaps. Scoping reviews are preferred for this type of work as they incorporate a wider range of literature than systematic reviews and can provide more synthesised ideas for future systematic reviews. 22 23

### Development of PICO research questions

Each workgroup brainstormed potential PICO questions within their domains. The workgroups iteratively refined and reviewed the questions and then submitted them to the executive committee for review. Each workgroup had approximately 20 questions. The executive committee, through joint discussion among the workgroup leads, ensured that questions were distinct. The full taskforce ranked questions for each workgroup via an online survey (Qualtrics). A respondent weighting system was used to identify the top research questions with workgroup members' ranking weighted double that of other taskforce members. The top two questions were then formatted using the PICO approach<sup>21</sup> (tables 1–4).

### Medical librarian collaboration

Medical librarians from each workgroup leads institution working together developed a standardised core search strategy for the workgroups, as well as topic specific modifications for the scoping reviews. Prior studies have demonstrated this collaboration style creates higher quality search strategies and minimises review bias. 24-26 To confirm the search strategies developed would capture the articles sought after, exemplar articles were identified. The searches were reviewed to ensure inclusion of these articles. The only exclusion filter applied to the search was to limit the focus to an adult patient population. No other publication type, language or date filters were applied.

The librarians worked together to identify relevant bibliographic databases to maximise capture of relevant articles while limiting duplication. Databases searched included MEDLINE (Ovid), Embase, Cochrane Central Register of Controlled Trials, CINAHL, PsychINFO, PubMed Central, Web of Science and ProQuest Theses and Dissertations. For a list of databases used by the workgroups, see table 5. Each site librarian conducted the literature search, identified article duplication and uploaded the results to Covidence, a systematic review software (Veritas Health Innovation, Melbourne, Australia; available at www.covidence.org). Search strategies began at the earliest year databases began indexing until March 2021 and focused on emergency care and the scoping reviews for each group are registered on Open Science Framework.<sup>27–30</sup>

The workgroup lead and a trained research associate from each workgroup independently screened the titles and abstracts of all articles uploaded into Covidence for relevance. Each workgroup created unique inclusion and exclusion criteria based on workgroup consensus. Future publications will present the findings of the workgroups. The reviewers adjudicated any disagreements. If they did not agree, a third-party reviewer made the final decision. The full text of articles identified as potentially relevant were then reviewed in the same manner. Data were abstracted from the articles deemed relevant. To ensure consistency in the conduct of the scoping reviews, workgroup leads and project team members discussed progress at the biweekly meetings and communicated frequently through email correspondence.

### Phase I: GEAR 2.0 ADC consensus conference

The culmination of the scoping review process resulted in presentations of these synthesised results from each domain at a 2-day consensus conference of the full GEAR 2.0 ADC taskforce in September 2021. At the conference, taskforce members were mixed and distributed across smaller groups to discuss the findings of the scoping reviews. The goal of these small groups was to provide stakeholder insight and recommendations on the current knowledge base and to provide suggestions for future research and pilot grants. After small group discussion, there was an opportunity for shared debrief of these breakout sessions. Each workgroup then incorporated the feedback and themes heard from the small group discussion to prepare five research priorities, based on the scoping review results and transdisciplinary stakeholder recommendations. The full taskforce then ranked these research priorities using an online survey (Polleverywhere.com). Taskforce members unable to attend the conference were asked to vote asynchronously, for 100% participation by all taskforce and HEAB members. Results of each scoping reviews, their search methodology, data from included manuscripts and ranked research priorities will be published separately.

Copies of the GEAR and GEAR 2.0 ADC consensus conference summaries are available on the GEAR website: https://gearnetwork.org/manuscripts-publications/

### Phase II: GEAR 2.0 ADC pilot funding

During the second phase, pilot funding opportunities will be made available to investigators. Proposals for pilot studies must address the research priorities recommended by the GEAR 2.0 ADC taskforce and HEAB members from the GEAR 2.0 ADC consensus conference. During this phase, the GEAR 2.0 ADC Cores will become active and support early research addressing research gaps and priorities recommended by the GEAR 2.0 ADC taskforce. In addition to pilot funding, the Research Core, Data and Informatics Core and Dissemination and Implementation Core will provide guidance to pilot awardees as they conduct their studies, including training sessions to enhance and increase transdisciplinary collaboration within and across the GEAR 2.0 ADC Network. These will be held as virtual training webinars, conferences and office hours, and

### Communication and decision-making PICO research questions

### **Preliminary PICO questions**

### 1. As a decision-making strategy, does accelerated triage for patients with severe dementia improve the process or outcomes of ED care?

- 2. How does 'communication and decision-making' differ for persons with dementia compared with persons without dementia (eg, obtaining information, ascertaining pain severity)?
- 3. How should presenting complaint, dementia severity, underlying frailty/vulnerability or other patient-level factors influence the ED communication strategy?
- 4. Are there specific medical communication strategies (such as 'Teach Back' or next day telephone follow-up) that improve the process or outcomes of ED care in persons with dementia?
- 5. Is safe, effective and efficient shared decision-making possible in persons with dementia or other cognitive impairment?
- 6. How frequently (and to what extent) do overlying sensory deficits (hearing impairment, vision problems) confound patient-physician communication during episodes of emergency care in persons with dementia?
- 7. Are members of the healthcare team (nurse, social worker, physician extenders, pharmacist and/or physicians) who receive specific training in how to communicate with and treat patients with dementia able to communicate more effectively with patients with dementia and their caregivers?
- 8. Do patients and care partners who are unaware of or seemingly in denial of a dementia diagnosis benefit from rapid referral for a second opinion to a dementia clinic?
- 9. What approaches are effective and accessible (considering health literacy needs, etc) for providing education to patients and caregivers in the ED about the diagnosis of dementia and accessible local resources in the community?
- 10. How can emergency medicine providers ascertain when the caregiver does or does not understand the patient's baseline condition or vulnerability to stresses of illness or injury (or pharmacological interventions)?
- 11. When (and how) do emergency medicine providers seek additional details from caregiver?
- 12. What cognitive impairment diagnosis or findings should be communicated by ED providers to inpatient providers and primary care physicians regarding concerns about dementia?
- 13. What specific resources (home safety assessment, fall prevention, geropsych follow-up, social work abuse assessment, Alzheimer's Association, etc) should be communicated (and how) to the patient and caregiver to improve quality of care and prevent future ED visits/ hospitalisations?
- 14. What is the potential role(s) of observation units (short stay visits) in assisting communication and medical decision-making in dementia care? Could they reduce the number of ED visits and/or the time patients stay in the ED?
- 15. How can lack of cultural understanding by ED healthcare providers limit alignment of communication of options and ascertaining comprehension of options?
- 16. How do patients' cultural differences influence how dementia resources may be accepted, available and/or followed and how should communication strategies differ among various populations that come to the ED to acknowledge these differences?
- 17. How does the presence of dementia interact with inequities in emergency medicine healthcare delivery?

ED, emergency department; PICO, Population, Intervention, Comparison, Outcome.

bimonthly research progress meetings where awardees will have the opportunity to share their study progress with each other.

GEAR 2.0 ADC pilot funding opportunities can be found on the GEAR website: https://gearnetwork.org/ grants-and-funding-opportunities/

### Final two PICO questions

Question 1: How does communication and decision-making differ for persons with dementia compared with persons without dementia?

Question 2: Are there specific medical communication strategies (such as 'Teach Back' or next day telephone follow-up) that improve the process or outcomes of ED care in persons with dementia?

### DISCUSSION

In this paper, we present a framework establishing an infrastructure to advance geriatric emergency medicine research. The value of this framework, and more importantly the representation of key stakeholders, is unique and critical to guide optimally future research addressing



### Table 2 Detection/Identification of dementia/cognitive impairment PICO research questions

### **Preliminary PICO questions**

### Which ED patients (diagnosed vs undiagnosed, by age group) should be screened for cognitive impairment? (mild cognitive impairment, dementia)? Are there differences by race and ethnicity?

- 2. How can the ED best identify cognitive impairment? (Best in terms of sensitivity, reliability, practicality, ease and speed of completion, etc) Are there differences by race or ethnicity?
- 3. Are there pragmatic cognitive impairment screening tools that can identify patients at risk of dementia? (Pragmatic in terms of ease of use, training, quickness to complete, etc)
- 4. Can educational programmes improve detection of dementia in ED patients?
- Who in the ED should complete cognitive impairment screenings or assessments? (ED clinicians (physicians, nurses, etc), non-clinicians (technicians, research assistants, etc), patients completing self-assessments on interactive tables, etc)
- Is there an objective bedside diagnostic test in the ED (ie, plasma test, bedside EEG (electroencephalogram), etc) to improve dementia screening accuracy? (eg, plasma test)
- 7. When in the ED care continuum should cognitive screening be done? (before, during, after the ED visit)
- 8. Can the ED screen for undiagnosed dementia and refer patients for further assessment? Are there differences by race and ethnicity?
- 9. How to account for language and cultural differences with diverse ED population in existing screening tools for cognitive impairment?
- 10. Is the electronic health record optimised to alert healthcare providers of patients already diagnosed with dementia?
- 11. Does identification of patients with dementia change ED outcomes for these patients?
- 12. What outcomes are associated with undiagnosed dementia in the ED?
- 13. What outcomes are associated with undetected dementia in the ED?
- 14. What is the impact (positive/negative) of ED dementia screening?
- 15. In cases of known dementia, does detection include assessment for patient and caregiver support?
- 16. What are the ethical responsibilities of the ED clinicians to convey information about screening results versus diagnoses?
- 17. What are the repercussions about reporting dementia detected in the ED and their impact on subsequent care, patient stigma or anxiety?
- 18. How do symptoms of cognitive impairment without a diagnosis affect persons with dementia, particularly since diagnostic uncertainty frequently occurs in emergency medicine?

ED, emergency department; PICO, Population, Intervention, Comparison, Outcome.

practice gaps that matter to all those engaged in all facets of emergency care for PLWD and their care partners. It differs from other previous agenda setting processes directed at geriatric emergency care<sup>31–34</sup> in the following ways: (1) the inclusion of stakeholder participation as part of the scoping review and consensus process to identify research gaps and priorities; (2) cross-coordination with medical librarians of scoping review searches; (3) creation

of a HEAB to ensure meaningful inclusion of diverse populations in studies focused on the emergency care of PLWD; (4) provision of pilot funding to initiate research in the recommended consensus research priorities.

A significant strength of the GEAR Network approach is the inclusion of patients, individuals that use the healthcare system and care partners as part of the process. It is a priority of the GEAR Network to include

### Final two PICO questions

Question 1: How can the ED best identify cognitive impairment? (Best in terms of sensitivity, specificity, reliability, practicality, easy and speed of completion, etc) Are there differences by race or ethnicity? Question 2: Are there pragmatic cognitive impairment screening tools that can identify patients at risk of dementia? (Pragmatic in terms of ease of use, training, quickness to complete, etc)

### Table 3 Care transitions PICO research questions

### **Preliminary PICO questions**

### What interventions (eg, electronic medical record, coaching, follow-up; to be defined in the PICO) delivered to ED patients with impaired cognition improve ED to home transitions? (or to other settings like skilled nursing facility/nursing home/hospice)

- 2. What components of interventions delivered to ED patients with impaired cognition improve ED to home transitions?
- What interventions delivered to caregivers of ED patients with impaired cognition improve ED to home transitions? (or to other settings like skilled nursing facility/nursing home/hospice)
- What components of interventions delivered to caregivers of ED patients with impaired cognition improve ED to home transitions.
- 5. What elements of care transitions have the greatest negative impact when it comes to the care of PLWD transitioning from ED to a new place (home, facility, unit)?
- 6. What are patient-centred metrics of quality transitions for ED patients with impaired cognition?
- 7. What predicts an ED patient with impaired cognition for needing support with care transitions/having poor outcomes from care transitions?
- 8. Would prioritising ED care for patients with impaired cognition (similar to trauma/stroke) lead to a more positive transition to home (or to other settings)?
- 9. What are characteristics of the care partner that enable or impede effective care transitions?
- 10. What are interventions that can be applied across multiple transitions longitudinally that improve the care of PLWD?
- 11. How do PLWD, care partners and other stakeholders define care needs and goals specific to ED transitions?
- 12. Who are the essential personnel required to optimise ED care transitions for PLWD (social work, nursing, ED physician, primary care/inpatient team, care partner, others)?
- 13. What decisions around care transitions should cognitively impaired patients make?
- 14. How can ED providers determine if the patient has a safe living environment and, if needed, improve the living situation?
- 15. What is the most effective form of follow-up for persons with dementia and at what time interval?
- 16. What interventions optimise ED physician communication to inpatient and primary care providers regarding concerns related to cognition of ED patients?

### Final two PICO questions

Question 1: What interventions delivered to ED patients with impaired cognition and their care partners improve ED discharge transitions?

Question 2: What measures of quality ED discharge transitions are important to varying groups of ED patients with impaired cognition and their care partners?

ED, emergency department; PICO, Population, Intervention, Comparison, Outcome; PLWD, persons living with dementia.

their experiences and perspectives and to learn what matters to them about the emergency care they receive. Furthermore, GEAR Network strives to share with these stakeholders' reasons why health and medical care occurs the way it does, to enable them to engage meaningfully and to integrate their critical feedback and recommendations on the topics throughout the entire GEAR Network approach. For GEAR 2.0 ADC, this has even greater relevance coupled with challenges faced by PLWD, all of whom have cognitive impairment with varying degrees of

severity. While the PLWD who participate in GEAR 2.0 ADC are in the early stages of dementia and remain high functioning, they, along with care partners and many other stakeholders who are not researchers nor clinicians, are not as familiar with taskforce or agenda setting research processes.

Preparatory background steps by the GEAR 2.0 ADC Project Team with these non-research and non-clinical stakeholders are necessary to support their full engagement. Following the empowering partnership principles



### Table 4 Optimal ED practices PICO research questions

### **Preliminary PICO questions**

- How do emergency care needs differ for PLWD differ from other patients in the ED?
- What components of ED care improve patient-centred outcomes for PLWD?
- Possible components may include: ED environment, patient length of stay in the ED, evaluation and identification of delirium, assessment and treatment of pain, management of agitation, scheduling outpatient follow-up, etc.
- 4. What patient-centred metrics best measure the impact of ED interventions for persons with dementia?
- 5. Does optimal ED care prevent incident delirium for PLWD in the ED?
- How does severity of dementia and presence of other health issues impact the optimal delivery of ED care for PLWD?
- 7. How do social determinants of health such as race, ethnicity, wealth and access to medical care impact delivery of optimal ED care for PLWD?
- 8. How frequently are PLWD evaluated for delirium in the ED?
- 9. How accurately do ED clinicians identify delirium in PLWD in usual practice?
- 10. What is the accuracy of delirium identification tools for PLWD in the ED?
- 11. How can rapidly progressive dementia be identified in the ED? Should patients with rapidly progressive dementia be admitted for expedited workup?
- 12. What are the best pharmacological and non-pharmacological strategies to manage agitation and other behavioural concerns for PLWD in the ED?
- 13. How adequately is pain controlled in the ED for PLWD?
- 14. How frequently are alternative measures for pain assessment such as the Behavioural Pain Scale, or Critical Care Pain Observation Tool used in the ED for PLWD?
- 15. How frequently are alternative measures for pain assessment such as the Behavioural Pain Scale or Critical Care Pain Observation Tool taught to emergency clinicians?
- 16. How accurate are screening techniques which are commonly used ED for PLWD? Commonly used screening techniques may include techniques to identify delirium, pain, depression and abuse.
- 17. What are the knowledge and training gaps for emergency clinicians and non-clinical staff regarding optimal care of PLWD? Non-clinical staff may include personnel such as security, and registration.
- 18. How can emergency clinicians best interact with care partners to provide optimal ED care for PLWD?
- 19. How does care partner involvement impact ED care for PLWD? Are these impacts different when care partners are present compared with paid caregivers?
- 20. What are the impacts of pragmatic approaches to providing acute unscheduled care such as home care, community paramedicine, telemedicine or three-dimensional telemedicine on patient-centred outcomes for PLWD?
- 21. How do emergency clinicians best connect PLWD with community resources?
- 22. When concern for dementia or cognitive impairment is identified in the ED, how do clinicians address concerns with patient autonomy and capacity? Should these concerns be reported to anyone? For example, the patient's family, primary care clinician or adult protective services.

Final two PICO questions

Question 1: What components of emergency department care improve patient-centred outcomes for persons with dementia? Question 2: How do emergency care needs for persons with dementia differ from other patients in the emergency department?

ED, emergency department; PICO, Population, Intervention, Comparison, Outcome; PLWD, persons living with dementia.

of and working with the Livewell Dementia Specialists organisation,<sup>35</sup> GEAR 2.0 ADC set up several working sessions with the non-researchers and non-clinicians task-force members, including separate preparatory video conferences, providing printed folders of all conference materials in advance of the meeting, and providing opportunities for feedback about conference format and

to address any questions they might have prior to the conference. There was also an additional debrief session after the GEAR 2.0 ADC consensus conference to gather additional suggestions and feedback about the conference from these individuals. When working with PLWD with early to middle stage dementia, it is important to recognise there may be varying degrees of cognitive

	Workgroup			
Database searched	Detection	Communication	Practices	Transitions
MEDLINE (Ovid)	Χ	Χ	Χ	Χ
Embase	Χ	Χ	Χ	Χ
Cochrane Central Register of Controlled Trials	Χ	Χ	Χ	Χ
CINAHL (Ebsco)	Χ	Χ	Χ	Χ
PsycINFO (Ebsco)	Χ	Χ	Χ	
PubMed Central	Χ	Χ	Χ	Χ
Web of Science	Χ	Χ	Χ	Χ
ProQuest Theses and Dissertations		X		

function that may impact tasks and activities. For example, the survey ranking many potential questions initially proposed by workgroups required significant mental focus to complete for individuals of all levels of cognitive function. This was even more challenging for some PLWD members who found the survey format difficult to comprehend fully. To incorporate their input, once the top four choices were identified, their thoughts on each were discussed separately with them. Concurrently, other PLWD members did not express any difficulty with the survey. It is important that researchers consider the potential limitations of PLWD in research engagement and find ways to enable their full participation.

Another innovative feature of the scoping review process in GEAR 2.0 ADC was the collaboration of research librarians from four different institution sites and their inclusion early in PICO question development. Each workgroup's assigned librarian participated in meetings when PICO question development was occurring. This provided unique insight and understanding as to the group's thought process that allowed the librarian to craft the appropriate search strategy. It was decided that the four librarians would develop a standardised search for the elements consistent between the groups and then tailor the remaining elements for their specific groups. By cooperating on core search development, the librarians were quickly able to develop a highly effective search strategy, minimising bias.<sup>26</sup> The standardisation of the common elements helped ensure consistency in articles identified between groups.<sup>25</sup>

As part of its mission, GEAR 2.0 ADC has also prioritised addressing equity through diversity and inclusion in its research agenda. The concern is multifactorial as it includes the diversity and composition of the workgroups, the defining of the questions and implementation in the future pilot grants to be offered by GEAR 2.0 ADC. Despite continuous efforts to increase diversity of the taskforce and while equally split in member gender, the workgroups and PLWD representatives are overwhelmingly Caucasian. This is a challenge for many organisations attempting to increase diversity in representation and health equity with research, especially for

PLWD. Within the workgroups, diversity equity and inclusion was discussed in terms of the patients seen in the ED. The discussions included race, gender, ethnic/religious affiliation, sex identification, along with the impact of social determinants of health. Identifying additional workgroup members whose participation would broaden the groups' diversity would have taken more time than the groups had, thus the decision was made to create a HEAB of members from under-represented and disenfranchised groups to review and provide input on the output of the workgroups and GEAR 2.0 ADC processes. The GEAR 2.0 ADC Principal Investigators along with the workgroup leads have developed a framework for the board that includes quarterly meetings that preview consensus conference materials to incorporate feedback before the conference and sharing materials and will involve the HEAB when selecting GEAR 2.0 ADC pilot studies to fund.

Finally, perhaps the most significant and unique feature of the GEAR Network research infrastructure is its provision of pilot funding for the research priorities generated by its consensus stakeholder process. Support is directed to build preliminary research and evidence in clinical and research gaps identified by scoping review processes that were voted by transdisciplinary members of the field and by patients and their care partners. This novel approach targets funding for stated and ranked priorities by 'putting money where our mouth is'. It is hoped that the funding from these pilot studies will foster interest and research in needed areas of geriatric-related and dementia-related emergency care, increase and diversify the pool and foci of researchers and generate preliminary evidence and data for larger scale study proposals that are critically needed to advance the science of geriatric emergency care.

In summary, the GEAR Network approach provides a framework and systematic approach to review the literature for research and practice gaps. Furthermore, the GEAR Network approach gives insight as to how to engage key stakeholders from all facets of caring for older adults and PLWD to define and state what research priorities matter. This approach may be used by other disciplines,



professions and specialties to advance research priorities in ageing.

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