

Kennesaw State University

DigitalCommons@Kennesaw State University

Symposium of Student Scholars

26th Annual Symposium of Student Scholars -
2022

Trajectory of Substance Use Disorders and Collegiate Recovery in Emerging Adults

Jordyn Hebert

Kennesaw State University

Victoria Chaney

Kennesaw State University

Rebecca Smith MSW

Virginia Commonwealth University

Thomas Bannard

Virginia Commonwealth University

Leah Weingast MA

Kennesaw State University

See next page for additional authors

Follow this and additional works at: <https://digitalcommons.kennesaw.edu/undergradsymposiumksu>



Part of the [Counseling Psychology Commons](#), [Health Psychology Commons](#), [Social Psychology Commons](#), [Social Psychology and Interaction Commons](#), and the [Social Work Commons](#)

Hebert, Jordyn; Chaney, Victoria; Smith, Rebecca MSW; Bannard, Thomas; Weingast, Leah MA; Dick, Danielle PhD; and Holliday, Erica PhD, "Trajectory of Substance Use Disorders and Collegiate Recovery in Emerging Adults" (2022). *Symposium of Student Scholars*. 96.

<https://digitalcommons.kennesaw.edu/undergradsymposiumksu/spring2022/presentations/96>

This Oral Presentation (15-min time slots) is brought to you for free and open access by the Office of Undergraduate Research at DigitalCommons@Kennesaw State University. It has been accepted for inclusion in Symposium of Student Scholars by an authorized administrator of DigitalCommons@Kennesaw State University. For more information, please contact digitalcommons@kennesaw.edu.

Presenters

Jordyn Hebert, Victoria Chaney, Rebecca Smith MSW, Thomas Bannard, Leah Weingast MA, Danielle Dick PhD, and Erica Holliday PhD

TRAJECTORY OF SUBSTANCE USE DISORDERS AND COLLEGIATE RECOVERY IN EMERGING ADULTS

Abstract

Collegiate Recovery Programs (CRPs) provide services to support emerging adults achieve academic success, while maintaining substance use disorder recovery. College and university campuses can often be considered abstinence-hostile environments, giving rise to the need of support services for students in recovery. A nationwide survey to understand the efficacy of services provided by CRPs was conducted to assess the demographics and academic profiles of students involved with CRPs. Co-occurring disorders including mental health issues, criminal histories, utilizations of recovery services and 12-step groups, and work histories of students were also assessed. CRPs can provide services and an environment to students that increase recovery capital domains. Recovery capital domains such as spirituality, health and wellness, academics, critical thinking and discernment, personal achievement, and service opportunities may be related to metrics of academic success such as grade point average. However, measuring success for those in substance use disorder recovery through academics metrics alone could present a barrier to improving recovery services. Assessing the effectiveness of CRP programs through the lens of recovery capital offers a strengths-based, wholistic approach to improving services for students in recovery. Future directions include administering comprehensive measurements for recovery success, in addition to academic metrics, for students that are members of CRP.

Keywords: Substance Use Recovery; Emerging Adults; Collegiate Recovery Programs