# Detecting Comfort-based Climate Settings Using Surveys

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*Abstract*— It is possible to observe the users of a heating system's level of comfort through online surveys. Using fuzzy logic the behaviour patterns that generally occur in an office can be detected. It is also possible to detect situations when it can be decided to maximise comfort and/or maximise savings. This article puts forward a methodology for saving energy in these systems depending on the occupation and feeling of comfort of its occupants. The methodology used provides important and useful information to be able to select the comfort set-point of the rooms of a central heating system without the need to use fixed values based on programmed time schedules or any other methodology.

Index Terms—comfort, expert system, fuzzy logic, online surveys.

# I. INTRODUCTION

A t p resent, t hermal co mfort t ends t o b e analysed using models that follow the idea that these are applicable to all building types in the same manner. The patterns of these models are based on s tudies car ried o ut o n s pecific populations in a specific space. This happens in many research studies which focus on how to reach or maintain a room's temperature b ased o n t he P MV i ndex (Predicted Mean Vote) [1]. Dounis [2] put forward a revised model of the existing advanced control systems based on energy saving a nd c omfort m anagement i n buildings. The temperature controls are based on the PMV in most studies. However, many authors are critical of this [3].

These systems obviously need to have sufficient decisionmaking a bility to b e a ble to ta ke a ction on the level of comfort while saving as much energy as possible. However, there are certain situations where maximising comfort must take p recedence o ver m aximising s avings. Adjusting comfort in order to maximise savings may result in a lower quality of comfort; nevertheless, maximising comfort during a p eriod o f tim e to a llow th e u sers to a djust to the environment, waiting a nd then r educing it t o values which

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maximise s avings m ay he lp i mprove t he q uality a nd acceptance of these savings. This will improve the building's energy efficiency along with a high level of acceptance from the users compared to the energy that is wasted in buildings at the moment.

In certain situations comfort should take precedence over energy saving as the users have to adapt to the changes in temperatures caused by the variations in the building's occupation, low body temperature at the beginning of the day [4], after b reakfast and m eals, et c. These all h ave an effect on hum an's thermal s ensation and us ually o ccur in conjunction with one another.

In 1997 the American Society of Heating, R efrigeration and Ai r-Conditioning E ngineers (ASHRAE) sponsored a research project [5] which studied comfort on a worldwide scale using a database. The results of this study caused the comfort levels of the ASHRAE standard to be revised significantly. They highlighted the potential for a reduction in energy needs by designing hybrid ventilation systems in many of the warm climate areas of the world [6].

Some studies have put forward neutral thermal conditions outside the ranges of comfort of the ASHRAE standard [7]. Whether the standard is accepted or not clearly depends on the place's weather and the building's conditions. Therefore, and w ithout q uestioning the s tandard, c omfort s ystems whose v entilation a nd a ir-conditioning is ba sed on personalised comfort models must be developed.

There are many printed or internet-based studies that have surveyed the staff of many offices in different countries. The aim of these surveys was to obtain the staff's general level of comfort at th e s tart o r e nd o f th e d ay. A n ex ample i s provided in [8].

These s tudies, that in cluded m any d ifferent t ypes of buildings, used information on the physical characteristics of the buildings and the work spaces. However, comfort values associated with the room were not taken into a count in these st udies [9]. Other s tudies have f ocussed o n workspaces, whether they are offices or factories, assessing the level of comfort with natural or artificial ventilation [10] as well as with air conditioning [11].

The response to comfort in an ar ea o f a b uilding throughout the day can be seen in this study. The users were assessed using a standard set o f k ey questions in o rder t o measure the level of satisfaction with environmental factors.

### II. ONLINE COMFORT SURVEY

The basic element for collecting data in this study was the survey. We used the international standard ISO 10551:1995 [12] which l ooks a t t he e rgonomics of the thermal environment as a basis e mploying s ubjective j udgement

scales. Even so, in spite of the requests of those surveyed, all systems m ust b e lim ited to c ertain norms whether determined by the er gonomics ex pert or by the laws or regulations of a country. The survey was performed using seven j udgement v alues: t hree b ased o n p ersonal thermal condition ( perceptual an d em otional ev aluation an d temperature preferences), two based on the thermal environment (personal acceptance and t olerance) and t wo based on emotional state (level of stress and w orker's mood). The information from the perceptual evaluation was used in the system d eveloped. The main questionnaire is shown in Table 1. The users filled out a second survey in addition to these questions, which was p erformed at the same time as the first one. B oth surveys were performed only o nee d uring t he d ay. The s econd s urvey contained questions which focussed on personal information, sex, age, height, weight and type of clothing.

TABLE I

1

MAIN QUESTIONNAIRE WITH SUBJECTIVE ANSWERS	

Personal thermal condition		
Perceptual evaluation	How do you feel just now?	
	Hot, warm, slightly warm, neutral, slightly cool, cool, cold.	
Emotional evaluation	How do you find the temperature right now?	
	Clearly acceptable, acceptable, unacceptable, clearly unacceptable.	
Temperature preference	How do you want the temperature to be?	
	Higher, unchanged, lower.	
Thermal environment		
Personal acceptance	How do you find the air quality right now?	
	Clearly acceptable, acceptable, unacceptable, clearly unacceptable.	
Personal tolerance	How strong do you find the smell to be right now?	
	No smell, weak smell, moderate smell, strong smell, very strong smell, overwhelming smell.	
Emotional condition		
Level of stress	The activity that you are carrying out Is stressful, is normal, is relaxing.	
Mood	At the moment you are	
	Happy, optimistic, excited, normal, uninterested, depressed, sad.	

### III. THE DESIGNS BASED ON FUZZY LOGIC

In many industrial applications, we can observe as the fuzzy logic is a tool based on the action. In case of comfort, the u sers p erform in tentional a ctions w hose m otivation i s only r eally k nown by them, and in directly b y the s ystem. These motivations are known thanks to a questionnaire of imprecise answers.

The main objective of t he d esign is to provide a reliable d etection s ystem b ut a t the s ame time, an easy implementation. T his m ethodology pr oposal i s pu t into practice to try a system able to make decisions which are not based on the knowledge of past actions as other techniques

such a s ne ural ne tworks c ould p rovide, but in a previous moment of the temporary space.

The s ituational p atterns s earch p ermit to obtain useful information in takes decision; this suggests the use of the artificial intelligence techniques. The fuzzy logic stands out by its s implicity a nd e asy a pplication a nd is especially suitable for the c ombination of c hanges in demand v ery different f eatures. T his t echnique co nsists o f a series of general r ules ( or d irectives), t herefore t he problem to be solved does not c orrespond u nivocally with a d etermined model of f uzzy logic, s o i s v ersatile as r egards to implementations and performance. Even so, as expected, all systems based on fuzzy logic present similar characteristics: They are r obust s ystems, they r equire little in formation input, a nd t heir p rocess u sually c onsists o n the f ollowing three p hases: f uzzification ( conversion of t he value of t he input variables in fuzzy values), process of inference based on the logics rules; and defuzzification (conversion of the value of the fuzzy variables and decision making).

The rules applied in the systems that u set he fuzzy logic are approximated rules expressed by experts, since this is not a methodic modeling of the knowledge of the fuzzy logic b ut is proposed out through the experience of the expert.

Nowadays ex ist a standard f or i mplementing f uzzy logic, e specially fuzzy co ntrol, cal led Fuzzy C ontrol Language (FLC) [13] that facilitates the d evelopment with APIs which allow implementation in different languages.

### IV. METHOD

Through s ensors and t hanks t o t he c urrent technological tools (PCs, telephones, mobile phones, PDAs, etc.) the comfort users could be personalized and could be assessed, where and in which measurement. In addition, they can register the changes desired about the room states.

The o bjective of t he m odel is to provide a r eliable system with an easy implementation, hence the simplicity of the inputs required.

### A. Parameter of design

t: Time p eriod after w hich an an alysis is computed and a subsequent d ecision is m ade w ith r egard t o t he cl imate setting type.

### B. Initial variables of the model

Ashrae (1997) [14] defines a range of assessments that could give a user: hot, warm, slightly warm, neutral, slightly cool, c ool and co ld temperature. T his r ange o f va lues i s extensive; some components take the same value as regards to the pattern that is wanted to search. Thus, we reduce this range to th ree c omponents: D issatisfied by heat, satisfied and di ssatisfied by c old. The following variables ar e defined:

--  $v_{dh}$ ,  $v_s$ ,  $v_{dc}$ : Total valuation during t-period of the users. The evaluation may be: D issatisfied by heat, satisfied and dissatisfied by cold.

--  $\nu'_{dh}$ ,  $\nu'_{s}$ ,  $\nu'_{dc}$ : Variation of the total valuation between the t-period and the t-1 period.

-- o: The percentage of occupancy in the t-period.

-- o': Variation of occupation between the t-period and the t-1 period.

The variations of the total valuations during two consecutive different periods are calculated as follows:

$$v_{\alpha}'|_{\Delta t} = \frac{v_{\alpha}|_{\Delta t} - v_{\alpha}|_{\Delta t-1}}{v_{\alpha}|_{\Delta t-1}} \text{ with } \forall \alpha \in \{dh, s, dc\}$$
(1)

$$o'|_{\Delta t} = \frac{o|_{\Delta t} - o|_{\Delta t-1}}{o|_{\Delta t-1}}$$
(2)

# *C.* Conversion of the variables to fuzzy variables (fuzzification)

Depending on the r elative p osition of t he p reviously defined variables regarding to valuation expected during the interval, each v ariable is d ivided, in percentage t erms, in three different components.

Thus, the valuations of the users during the t-period are represented and defined by three components, with regard to total number are concerned:

--  $v_s$ ,  $v_m$ ,  $v_l$ : Component of set small, medium and large of the users, respectively.

As far as to variation is concerned, as much in negative sense a s p ositive, the number of u sers who v alue b etween two consecutive periods, also is divided into three parts or component p ercentages d epending o n t he s ign o f the variation between periods:

--  $v'_n$ ,  $v'_z$ ,  $v'_p$ : Variation negative, zero and positive of the valuation, respectively.

The v ariables ar e r epresented b y t he ex act quantification of t heir c omponent, a nd a re s hown i n the figures 1, 2 and 3.

In the figure 1, it is presented the membership function of comfort and t he v ariation of t his o ne. The membership consideration t o t he s mall g roup h as been underestimated and in medium group has been d evaluated. The r eason of this change is that the users are not forced to indicate that are in a comfortable situation whereas use the system when they are d issatisfied. It can be o bserved t hat if t hese ch anges would not have been considered the system would give the same value to the d issatisfied p eople th at to the s atisfied people that have decided to respond.

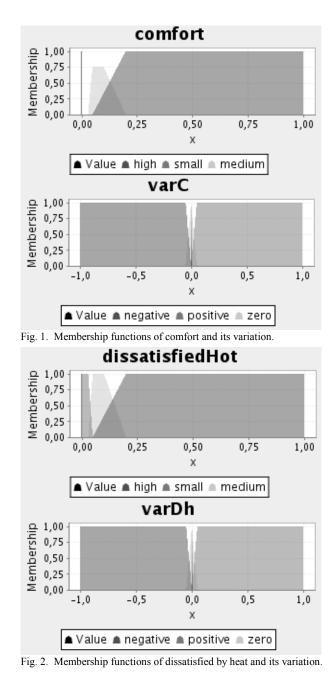
Moreover, the t otal o ccupation of us ers d uring the tperiod is represented by three components that define it in terms of total quantity:

--  $o_l$ ,  $o_m$ ,  $o_h$ : C omponent of 1 ow, m edium and high occupancy, respectively.

With r espect t o t he v ariation (upward or downward) between t wo consecutive p eriods, each p arameter i s al so divided into three parts or component percentages depending on the sign of the change between periods:

--  $o'_n$ ,  $o'_z$ ,  $o'_p$ : V ariation of n egative, z ero a nd p ositive occupation, respectively.

The v ariables ar e r epresented b yt he ex act quantification of their component (see figure 4).



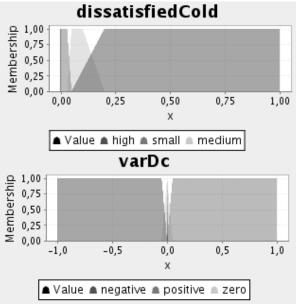


Fig. 3. Membership functions of dissatisfied by cold and its variation.

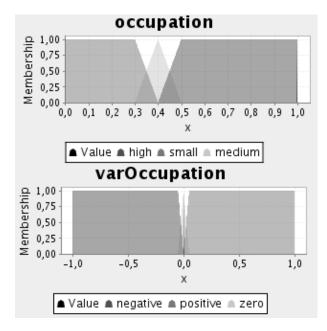


Fig. 4. Membership functions of occupation and its variation.

#### D. Inference process based on fuzzy logic

Once t he t hree components of each v ariable are obtained, a set of logical rules is calculated considering the variation from the previous period:

R1:  $v_{hdh}$  & &  $v'_{pdh}$  & &  $o_h$  & &  $o'_p$  then Out = comfortR2: ...

The r ule R 1 in dicates the p reference t hat s hould b e given to the comfort if the occupation of the building is high, its variation is positive (the users are coming), the number of users d issatisfied b y h eat is i ncreasing and i ts variation is also p ositive. I n th is rule, t he l ogical & & r epresents t he lowest among the four factors. T he meaning of c omfort, neutral a nd s avings a re us ed t o s how t hat a s ignificant change in global level exists of comfort and represents the configuration to which the system must give preference.

Once obtained the value for each rule, the force of the comfort, neutral and s aving c omponents are calculated by applying of the r oot of the q uadratic s um of a ll the rules associated to each of them:

$$force_{\alpha} = \sqrt{\sum_{i} R_{i}^{2}} \quad \forall R_{i} \in \alpha \text{ with}$$
(3)

 $\forall \alpha \in \{ comfort, neutral, saving \}$ 

# *E.* Converting of the value of fuzzy variables (defuzzification) and making decision

To make a d ecision ab out which demand that must prevail (the user comfort or saving into a central system), it is n ecessary t o t ransform t he p revious r esults o f the inference p rocess into a s ingle in terpretable r esult mathematically in the form of probability. A representative example of each of the forces is presented in figure 5. This is the r esult a fter g rowing a positive variation f or th e occupation to 3 1%, while the evaluation f or comfort a nd warmth is maintained to zero, and valuations by dissatisfied by cold is increased in 6%, so that the rules give value 1 to comfort, 0.87 to neutral and 0'33 to saving.

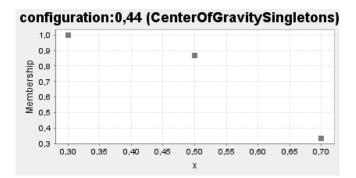


Fig. 5. Centers force.

Where 0 '3, 0 '5 and 0 '7 r epresents, respectively, the "centers" membership functions of Comfort (c), Neutral (n) and Saving (s) that are showed in figure 6.

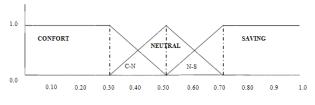


Fig. 6. Membership Functions.

Each center is weighted by respective component force (calculated earlier in the process of inference) and the average is calculated as follows:

$$weighting = \begin{pmatrix} [C.center] \cdot [C.force] + \\ [N.center] \cdot [N.force] + \\ [S.center] \cdot [S.force] \end{pmatrix} / \begin{bmatrix} C.force] + \\ [N.force] + \\ [S.force] \end{bmatrix}$$
(4)

Figure 7 shows the values olution of the output membership function for the c ase s hown in figure 5. The center o fg ravity, associated t o t he b ehaviors t hat are defined, is obtained. In other words, the reference point is shown with respect to the centers that represent the Comfort, *Neutral* or *Saving*. On this point, the behavior pattern in the analyzed p eriod is d educed. F urthermore, as n ot o nly the flow size is considered but a lso this variation in a period before, through the careful preparation of the rules, not only the pattern of comfort can be detected, but also the error in next period can be predicted with a very small probability. All this, using a little amount of possible information and due to temperature or the particularities of each user are not known. The decision logics rules, in case that several types would be detected, the answer would be given with greater probability value.

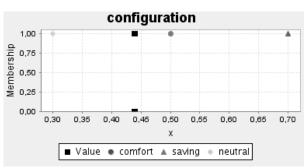
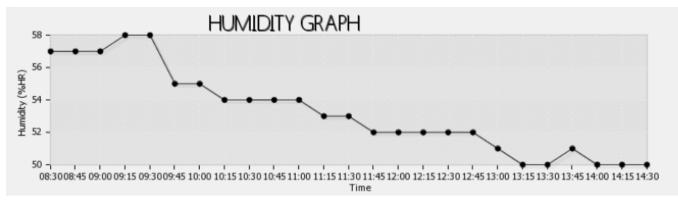
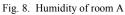


Fig. 7. Outputs.





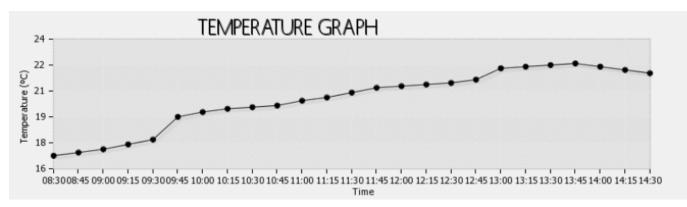


Fig. 9. Temperature of room A

# V. EXPERIMENT AND RESULTS

The previously explained model has been validated in one real case scenario. The experiment was p erformed on 2 0 December 2010 in two work spaces of the Higher Technical School of E ngineering of the U niversity of Seville. The study area was located on the second floor and n o d irect sunlight came through the windows due to the way it faced. It was, therefore, n ot v ery affected by the changes in the weather outside. The area analysed measured  $78.37m^2$ . The area was heated by two fan-coil units which were part of a central heating system. For this experiment the s tudy w as performed with a single central heating system and the same temperature decision was taken for all the equipment of the different areas.

The area had 16 workspaces installed overall. The study was carried out between 8:30am and 2:30pm. The ages of the users studied ranged from 25 to 29 years old, who were all healthy and physically fit. On the whole, the users were wearing s uit t rousers, 1 ong-sleeve s hirts, lo ng-sleeve

jumpers, thick socks a nd s hoes. T he o utside c onditions during t he d ay r emained between 9-13°C a nd ov er 80% humidity. The temperature and relative humidity inside the work area was measured during the study, as can be seen in figures 7 and 8.

In addition to these measurements in the room, the users filled o ut an o nline questionnaire. The p ercentages of the answers to the first question by all those surveyed are shown in figure 10. It can be seen in the pie chart that not a single user stated that the temperature was h ot during the s tudy. Twenty-eight percent of the u sers s tated th at the eyf elt comfort or neutral, 44% were uncomfortably cold and 28% were uncomfortably warm. Over the study only 4% of those surveyed s tated t hat the t emperature w as l ow, w hile 56% wanted the temperature to be turned up.

With regard to the thermal environment, 20% of those surveyed considered the temperature to be unacceptable and 92% stated that the smell was weak or insignificant. As far as emotional condition w as concerned, 20% of those surveyed believed that they were stressed, and the mood was always positive or normal.

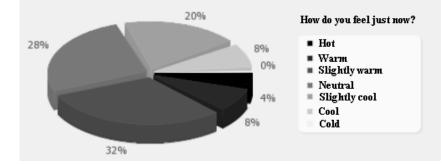


Fig. 10. User's answers

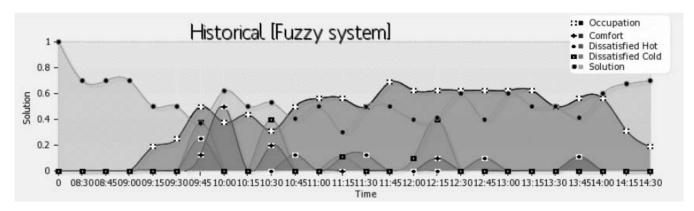


Fig. 11. Chronological results of the fuzzy-logic system

The answers to each q uestion as well as the level of occupation are shown in figure 11. The solution's weighting is shown where a one represents maximise saving and a zero maximise comfort.

For these r esults t o ar ise t here n eeds t o b e v ery l arge difference between the answers. This may have happened at 9:45am. However, gi ven t hat m any us ers f ound t he temperature acceptable, the request to maximise comfort was lower, m eaning the n eed for this was decreased. However, moments when co mfort t ook p recedence w ere s een at 11:15am, 12:15pm and 12:45pm, compared to the beginning and end of the working d ay when the b uilding o ccupation meant that the system tended clearly towards energy saving.

This s ystem r eflects t he n eed t o look for savings and comfort, although the tendency leant more towards comfort due to the high occupation of the space, which was modified according to the users' answers to the questionnaire.

## VI. CONCLUSION

The methodology could be effectively used when it is not possible to carry out research into selecting the temperature value of the room based on the answers to the questionnaire and to the system.

The current experiment is not very significant due to the size of the sample studied. The study needs to be applied to a larger number of users in a g reater number of rooms. An experiment which c hanges the p eriod of t ime between the answers must also be performed.

The use of fixed climatic situations that are used today is not efficient. Future studies must take the users' needs into account in a dynamic way. Therefore, information systems that maximise energy efficiency must be researched taking the users' comfort into account based on the replies made at the time and based on models of users' comfort levels using surveys taken in the pass.

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