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Master of Public Health Research Project

Outcomes of Status Epilepticus in the Elderly

by

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Abstract

Background: Status epilepticus (SE) is a serious medical condition associated with significant morbidity and mortality. Few studies have addressed this condition in the elderly. The present study examines predictors of SE mortality in this growing population.

Methods: SE patients visiting the Virginia Commonwealth University Medical Center from July 1, 1989, to June 30, 2006 were included in the study. Data on demographic characteristics, SE type, etiology, time to treatment and mortality were collected. Logistic regression analysis was conducted to examine the determinants of mortality due to SE. Data was stratified by age to examine the characteristics of SE among the elderly population.

Results: A total of 2,220 SE patients were included in this study. One-third of the patient population were elderly (>60 years). Mortality in the elderly group was significantly higher than in the young group (OR=3.54 CI 2.53-4.95). The logistic regression model showed that being white, female, having hypoxia, CNS acute, non-CNS acute and remote etiology groups were significant predictors for mortality in the elderly.

Conclusions: SE is a serious medical condition, consisting of prolonged seizure activity, associated with a significant mortality. Elderly patients with SE represent a distinct population with unique characteristics.

INTRODUCTION:

Status epilepticus (SE) is a serious condition of prolonged or repetitive seizures. The annual incidence of SE in the elderly aged 60 and greater (86/100,000) is almost twice that of the general population and is even higher in those who are 70 to 79 years old (100/100,000). Either acute or remote stroke causes SE in approximately 60% of the elderly. Status epilepticus is associated with a high mortality in the elderly (38%) and has a mortality approaching 50% in patients older than 80 years of age. Etiology is a strong determinant of mortality in the elderly: mortality approaches 100% in patients with anoxia and 30% in patients with metabolic disorders, hemorrhages, tumors, or systemic infections. Mortality is almost three times higher in SE associated with acute ischemic stroke than in stroke alone, indicating synergistic effects.

Duration of SE is also a factor in mortality; therefore, an electroencephalogram (EEG) should be promptly obtained so that treatment can begin without delay. Because older patients have a greater likelihood of nondiagnostic findings on routine EEGs, prolonged EEG recordings and inpatient video-EEG monitoring significantly increase the rate of establishing a definitive diagnosis. Nonconvulsive status epilepticus in the elderly is especially difficult to diagnose and should be evaluated with an EEG.

Treatment of SE is complicated by altered pharmacokinetics in the elderly and should be initiated for any convulsive seizure that lasts at least 10 minutes or is repetitive. Initial treatments, usually the administration of an intravenous benzodiazepine, have overall success rates of 55% for overt convulsive SE and 14.9% for subtle SE. For refractory SE, little is gained by using additional standard drugs, and general anesthesia with continuous EEG monitoring is recommended.

The Scope of the Challenge

The elderly are the fastest growing segment of the United States population. The U.S. Department of Health and Human Services predicts that by 2030 there will be approximately 70 million adults over the age of 65 in the country (U. S. Department of Health and Human Services). This segment of the population was 12.4% of the total population in 2000; however, by 2030 it will account for approximately 20%. The elderly have the highest incidence of seizures of any age group (Hauser *et al.*, 1993). The increased frequency of seizures in this population can be attributed to comorbid conditions and characteristics such as an increased risk for stroke, metabolic abnormalities, and an increased use of prescription drugs. As the U.S. population ages, physicians will increasingly face the challenge of diagnosing and effectively managing seizures in the elderly.

Definitions

Status epilepticus (SE) has been defined as "a condition characterized by an epileptic seizure which is so frequently repeated or so prolonged as to create a fixed and lasting epileptic condition" (Gastaut, 1983). However, the duration of what is accepted as SE has been shrinking. (Wasterlain and Chen, 2006) The Veterans Affairs cooperative trial on the treatment of SE used an operational definition of 10 minutes to the time of treatment (Trieman et al 1998) and more recently it has been suggested that an operational definition for treatment should be a generalized convulsive seizure lasting 5 minutes (Lowenstein 1999 b). However, the most widely used definition of SE for the older epidemiological studies is more than 30 minutes of either continuous seizure activity or intermittent seizures without full recovery of consciousness between seizures. Since most seizures last less than 2 minutes, some authors have proposed that

SE should be diagnosed and treated well before 30 minutes have elapsed (Lowenstein *et al.*, 1999b). For this reason, it is reasonable to diagnose and treat any prolonged or repetitive seizures as impending SE. According to Gastaut (1983), the classification of SE contains as many types of SE as there are types of epileptic seizures.

Types of partial SE include somatosensory seizures, which can include any sensory modality (vision, taste, smell, hearing, or touch); autonomic seizures, which may include changes in visceral sensation or heart rate; and psychic seizures, during which patients report feelings of anxiety, depression, fear, or altered perception of time such as déjà vu. Complex partial SE is characterized by impairment of consciousness and may be accompanied by automatisms. Patients may describe an aura, which is a simple partial seizure, preceding the loss of consciousness. Partial seizures can secondarily generalize, and patients may also experience a complex partial seizure before secondary generalization. The major types of generalized seizures are absence, myoclonic, and tonic-clonic. Recently, authors have reported that nonconvulsive SE (NCSE) is frequently underdiagnosed and has a high mortality. Nonconvulsive SE is usually categorized into two entities: partial SE and generalized nonconvulsive SE (bilateral diffuse synchronous seizures) (Kaplan, 1999).

The Epidemiology of Status Epilepticus in the Older Patient

Status epilepticus is associated with a high mortality in the older population. Recent studies have addressed this important condition in the older age groups. The age-specific incidence rates of SE have a bimodal distribution, with the highest rates in infants and the elderly. The elderly, defined as greater than 60 years of age, had an annual incidence rate of 86 per 100,000 (DeLorenzo *et al.*, 1996)(Figure 1). From the same study, the highest incidence rate of SE was seen in children between the ages of 1 and 12 months, at 156 per 100,000. However, if

the data is analyzed by major age groups, with the pediatric age group including ages from 1 month up to 16 years of age, adults defined as ages 16 up to 60, and the elderly group defined as age 60 and greater, the elderly group had the highest incidence rate of the three groups. The incidence of SE in the age 60 and greater group was almost twice that of the general population. When the elderly population was further subdivided into age groups consisting of 60 to 69 years, 70 to 79 years, and 80 years and greater, the highest incidence of 100 per 100,000 individuals per year was seen in the 70 to 79 age group (DeLorenzo, 1997).

In a study of generalized convulsive SE (GCSE) in California, Wu et al. reviewed the International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) codes from nonfederal hospitals (Wu et al., 2002). In this study, the incidence of SE for all ages was 6.2 per 100,000. The rate of GCSE was highest among children under the age of 5 (7.5/100,000) and among the elderly age 75 and older (22.3/100,000). The incidence of SE was lower in this study than in other previous reports in the United States. Reasons for this lower incidence may be explained, partially, by the retrospective nature of the study, which relied on ICD-9-CM discharge coding data and the inclusion of only those patients in GCSE. In a prospective study conducted in Bologna, Italy, the incidence rate was 26.2 per 100,000 in patients older than 60 years versus 5.2 per 100,000 in patients younger than 60 years (Vignatelli et al., 2003). In another prospective study, undertaken in the French-speaking part of Switzerland, the age-specific annual incidence rate again showed a bimodal distribution with a peak in children, a minimum during adolescence and young adulthood, and a progressive increase after the age of 60. In this cohort, the incidence rate was 15.1 per 100,000 in the 60 to 74 age group and 15.5 per 100,000 in the 75 and older age group (Coeytaux et al., 2000). Although this study revealed the same age-specific distribution, a lower specific incidence rate in the elderly was found, which could be attributed to the exclusion of patients in postanoxic coma. In Hessen, Germany, a prospective study by Knake and colleagues revealed an incidence of 54.5 per 100,000 in the elderly (age 60 or older) versus 4.2 per 100,000 in younger adults (18 to 59 years of age) (Knake *et al.*, 2001).

Etiologies of Status Epilepticus in the Elderly

Etiologies of SE are important for determining the morbidity and mortality associated with this condition (Towne et al., 1994). In the Richmond SE study, the three major etiologies of SE were low anticonvulsant levels at 34%, remote symptomatic at 23%, and acute stroke at 22%. In patients over the age of 60, acute strokes accounted for 35% of the total, and remote symptomatic stroke accounted for 26% of the cases. Thus, either acute or remote stroke caused SE in approximately 60% of elderly patients (DeLorenzo et al., 1995). Other etiologies in the older age group, from the same study, included hypoxia (17%), metabolic (14%), alcohol related (11%), tumor (10%), infection (6%), anoxia (6%), hemorrhage (5%), central nervous system (CNS) infection (5%), trauma (1%), idiopathic (1%), and other (1%). In a retrospective population- based study of SE from Rochester, Minnesota, another common etiology of SE was found to be dementia (Hesdorffer et al., 1998). In a study of GCSE, Wu and colleagues found that, in elderly patients, the most common etiology was delayed effect of stroke or brain injury (Wu et al., 2002). In the Coeytaux et al. study (2000), most of the cases in patients over the age of 60 were in the acute symptomatic group, which included etiologies occurring in close association with an acute cerebral insult such as cerebrovascular disease, CNS infection, alcoholrelated insults, metabolic insults, and drug withdrawal.

Mortality of Status Epilepticus in the Elderly

In the Richmond study (DeLorenzo et al., 1995), the overall mortality was 22%. However, there was a considerable difference between the mortality in the pediatric population at 3% versus the adult mortality at 26%. The differences were even more marked in the elderly population at 38%, with a mortality approaching 50% in the patients greater than 80 years of age. Along with age and duration of SE, etiology is a strong determinant of mortality in the elderly (Towne et al., 1994). The higher mortality in elderly patients may be secondary to the increased susceptibility of these patients to systemic metabolic diseases, cerebral vascular accidents, and progressive symptomatic conditions such as tumor and dementia. Depending on the etiologies, the mortality rates differed markedly. Etiologies with mortalities less than 9% included patients presenting with alcohol withdrawal or low levels of antiepileptic medications. Remote symptomatic cases, the majority of which consisted of prior strokes, had a mortality rate of 14%. Etiologies such as metabolic disorders, hemorrhages, tumors, and systemic infections were each associated with approximately 30% mortality, and CNS infections and head trauma were associated with approximately 1% and 20% mortality, respectively. The highest mortality, approaching 100%, was seen in patients with anoxia (Towne et al., 1994).

Because ischemic brain injury is a major cause of SE in the elderly, and since stroke and SE each have high mortalities, the question is raised as to whether the high mortality seen in patients with stroke and SE is attributable to the severity of the underlying ischemia or to the effect of SE itself. This question was answered by a study looking at three groups of patients: 1) acute ischemic stroke without SE, 2) acute ischemic stroke with SE, and 3) remote ischemic stroke and SE (Waterhouse *et al.*, 1998). The results of this study demonstrated that SE with acute cerebrovascular accident (CVA) had a 39% mortality, whereas acute CVA alone had a

14% mortality, and SE with old CVA had the lowest mortality at 5% (Figure 2). No differences in radiologic lesion size were seen between the groups. This study demonstrated that mortality is almost three times higher when SE is associated with acute ischemic stroke than in stroke alone. This would indicate that the high mortality associated with concurrent SE and CVA in the elderly is due to the synergistic effect of SE in ischemic brain injury.

Nonconvulsive Status Epilepticus

Nonconvulsive status epilepticus in the elderly may be difficult to diagnose. A prospective study of elderly patients with NCSE found that it had a worse prognosis in the elderly than in younger patients. This was felt to be secondary to the severity of the underlying etiologies (Labar *et al.*, 1998). Nonconvulsive SE mortality was 52% in a study of 25 critically ill elderly patients, and death was associated with having a larger number of acute lifethreatening medical problems on presentation (Litt *et al.*, 1998). In this group of critically ill patients, treatment of NCSE with benzodiazepines increased the risk of death, and aggressive anticonvulsant therapy did not improve the outcome.

Suspected NCSE should be evaluated with an electroencephalogram (EEG). The clinical manifestations may be subtle, consisting of prolonged confusion, unusual behavior, minor motor manifestations, aphasia, or coma. Lee (1985) conducted a study of eleven patients without a history of absence seizures who presented with an acute onset of a prolonged confusional state. All patients were ambulatory with behavior ranging from mild disorientation to confusion. Some patients demonstrated prominent psychiatric manifestations. The EEGs generally showed 1 to 2.5 Hertz generalized spike-wave or multiple spike-wave discharges. The patients were successfully treated with intravenously administered diazepam followed by orally administered phenytoin sodium and phenobarbital (Lee, 1985).

Nonconvulsive status epilepticus is an often unrecognized cause of coma, especially in elderly patients. In a study of 236 patients with coma and no overt clinical seizure activity, it was found that 8% of these patients had NCSE (Towne *et al.*, 2000). Approximately 50% of these patients were over the age of 60.

Privitera *et al.* (1994) prospectively studied hospitalized patients with altered consciousness who underwent an EEG to evaluate coma or altered mentation. In this study of 198 cases with altered consciousness but no clinical convulsions, 37% showed EEG and clinical evidence of definite or probable NCSE. In 23 cases, altered consciousness was the only clinical sign at the time of diagnosis, with subtle motor activity present in 36 others. Neither clinical signs nor prior history predicted which patients demonstrated SE on EEG. Lowenstein and Aminoff reported on 38 patients with NCSE and concluded that the majority of patients with subtle motor activity and depressed consciousness had EEG findings of SE, and that an EEG was necessary to diagnose this condition (Lowenstein and Aminoff, 1992).

Nonconvulsive status epilepticus can be seen after the control of convulsive SE. In the Richmond study, 14% of the patients manifested NCSE after the cessation of convulsive SE. These patients were comatose and showed no overt clinical signs of convulsive activity. Clinical detection of NCSE in these patients would not have been possible without the use of EEG monitoring (DeLorenzo *et al.*, 1998).

Electroencephalogram

Older patients with acute seizures may have a variety of EEG changes, only some of which are attributable to underlying pathology. Although benign EEG variants with epileptiform morphology occur in all age groups, three that occur with a greater frequency in the older population are subclinical rhythmic electrical discharges of adulthood, wicket spikes, and small

sharp spikes (Van Cott, 2002). These patterns can potentially be misinterpreted as epileptiform abnormalities. Interictal epileptiform activity occurs less frequently in older age groups than in younger age groups (Marsan and Zivin, 1970). This indicates that older patients have a greater likelihood of nondiagnostic findings on a routine EEG. The recent Department of Veterans Affairs (VA) Cooperative Study, conducted in elderly patients, found interictal epileptiform activity in approximately one third of routine EEGs (Ramsay and Pryor, 2000). Prolonged EEG recordings and inpatient video-EEG monitoring significantly increase the diagnostic yield in elderly patients (McBride *et al.*, 2002). Although elderly patients account for approximately 25% of newly diagnosed seizures, older patients are relatively underrepresented in epilepsy monitoring units, despite the usefulness of monitoring in establishing a definitive diagnosis (Kellinghaus *et al.*, 2004).

Treatment

There is no established protocol for the management of SE in the elderly patient.

Treatment is complicated by the fact that the pharmacokinetics are more complex in the elderly than in younger patients because of the altered volume of distribution, lower protein binding, decreased renal elimination, decreased hepatic metabolism, decreased enzyme inducibility, and increased use of polypharmacy. However, treatment should be initiated for any convulsive seizure that has lasted at least 10 minutes or for repetitive seizures. Emergent attention should be given to establishing an airway, monitoring oxygenation and vital signs, establishing intravenous (IV) access, measuring the blood glucose level, and sending blood for analysis of blood count, serum electrolytes, and antiepileptic drug levels. The Epilepsy Foundation of America and others have suggested protocols for SE treatment that have been widely accepted or adapted (Dodson et

al., 1993; Lowenstein and Alldredge, 1998; Willmore, 1998) (Table 1). The goal of treatment for SE is rapid cessation of clinical and electrical seizure activity.

Most treatment protocols call for the administration of an IV benzodiazepine as first-line therapy, because they are fast acting and effective for all seizure types (Leppik *et al.*, 1983). Lorazepam has a longer duration of action than diazepam. While the longer antiepileptic effect of lorazepam is preferable, it may have the undesired side effect of causing a prolonged period of depressed consciousness. However, one study has demonstrated that lorazepam, when administered by paramedics for out-of-hospital SE in adults, is significantly more effective than diazepam at terminating SE (Lowenstein *et al.*, 1999a). Diazepam is more lipid soluble, and although it enters the brain quickly, it is also quickly redistributed to other fatty tissues. Therefore, its therapeutic effect is brief (15 to 30 minutes), and SE may recur after a single dose of diazepam. It is usually recommended that a longer-acting drug, such as phenytoin or fosphenytoin, be administered immediately after diazepam (Dodson *et al.*, 1993; Lowenstein *et al.*, 1999a).

Success of Initial Treatment

A large VA Cooperative Study compared four IV treatments for generalized SE, and many of the subjects were elderly (median age, 58.6 years in overt convulsive SE and 62.0 years in subtle convulsive SE) (Treiman *et al.*, 1998). The treatments evaluated were lorazepam, phenytoin, diazepam and phenytoin in combination, and phenobarbital. Success of initial treatment ranged from 64.9% for lorazepam to 43.6% for phenytoin. When lorazepam and phenytoin were compared, lorazepam was significantly more effective than phenytoin. There were no differences between the four treatments in the incidence of hypotension requiring treatment, respiratory depression, or cardiac rhythm disturbances.

Phenytoin and Fosphenytoin

A loading dose of IV phenytoin is usually effective in terminating SE (Wilder, 1983; Wilder *et al.*, 1977). The recommended loading dose is 18 mg/kg intravenously, with a maximal rate of administration of 50 mg per minute. At this rate, hypotension occurs in 28% to 50% of patients, and cardiac arrhythmias in 2% (Cranford *et al.*, 1978; Wilder, 1983). Therefore, the patient's blood pressure and cardiac rhythm must be monitored continuously during a rapid infusion, and if these adverse effects occur, the infusion rate should be slowed.

Fosphenytoin is the phosphate ester of phenytoin, and unlike phenytoin, it is highly water soluble, with a near physiologic pH. After entering the bloodstream, fosphenytoin is rapidly converted to phenytoin by systemic phosphatases (Browne et al., 1996). Therapeutic phenytoin concentrations are obtained in most patients within 10 minutes of rapid IV fosphenytoin infusion. Fosphenytoin doses are expressed as the amount of phenytoin delivered (phenytoin equivalents, abbreviated as PE). Unlike phenytoin, it is not formulated with propylene glycol, allowing faster infusion rate, better tolerability with less local irritation at the infusion site, and less toxicity from the drug vehicle (Willmore, 1998). However, no clinically significant differences in the adverse effects of hypotension or cardiac arrhythmias have been recorded, and monitoring electrocardiogram (EKG) and blood pressure is still important, especially in the elderly. Fosphenytoin, unlike phenytoin, can be given intramuscularly with effective levels reached in approximately 20 minutes (Leppik IE, Rask CA, Watridge C, Graves N, Murthy VS, Boucher B, Wilder BJ, Turlapaty P. Pharmacokinetics of phenytoin prodrug after IV and IM administration. Neurology 1988;38(1):186.) This may be an alternative method for delivering a loading dose while IV access is being established.

Treatment of Refractory Status Epilepticus

In the VA Cooperative Study (Treiman *et al.*, 1998), the overall success of first drug treatment was 55% for overt convulsive SE and 14.9% for subtle SE. Traditionally, patients who continued to seize after treatment with a benzodiazepine and phenytoin were treated with phenobarbital. However, the VA study results suggest that when the initial treatment of SE fails, little is gained by using additional standard drugs. Only 7% of overt convulsive SE and 3% of subtle SE cases responded to treatment with a second drug (Treiman *et al.*, 1999). Many are now advocating that SE that is refractory to initial therapy should be treated with general anesthetic agents such as midazolam, propofol, phenobarbital, or pentobarbital (Bleck, 1999; Lowenstein *et al.*, 1988; Treiman *et al.*, 1999).

All SE patients who receive general anesthesia will require intubation and mechanical ventilation with hemodynamic monitoring in an intensive care unit. Since hypotension is a common side effect, vasopressors may be needed. These patients also require continuous EEG monitoring to document electrographic cessation of seizures. Various protocols for the treatment of refractory SE have been proposed (Bleck, 1999; Lowenstein and Alldredge, 1998; Willmore, 1998).

Pentobarbital

Pentobarbital is preferable to phenobarbital in the treatment of refractory SE because it has a shorter elimination half-life, allowing shorter duration of sedation and more timely assessment of the patient's baseline clinical mental status. Pentobarbital is widely available and relatively inexpensive when compared with propofol or midazolam. An IV loading dose of 3 to 12 mg/kg is followed by continuous infusion of 1 to 10 mg/kg per hour, titrated to the desired EEG effect.

A number of studies have confirmed that while pentobarbital is effective for treating refractory SE, it is associated with a high mortality (Krishnamurthy and Drislane, 1996; Lowenstein *et al.*, 1988; Mirski *et al.*, 1995; Osorio and Reed, 1989; Rashkin *et al.*, 1987; Stecker *et al.*, 1998; VanNess, 1990; Yaffe and Lowenstein, 1993). While etiology is a strong determinant of prognosis, other positive prognostic indicators include prior history of epilepsy, absence of multiorgan failure, and absence of hypotension requiring vasopressors during phenobarbital coma (Krishnamurthy and Drislane, 1996; Yaffe and Lowenstein, 1993).

Midazolam

Midazolam (Versed®) is a short-acting benzodiazepine that has been shown to be effective in terminating SE (Denzel and Burstein, 1996; Kumar and Bleck, 1992; Parent and Lowenstein, 1994). It has rapid onset and short elimination half-life, avoiding the prolonged sedation that can occur with barbiturates. In addition, it has less-pronounced hypotensive effects than barbiturates. Disadvantages include high cost and tachyphylaxis, commonly requiring dramatic dose escalation after 1 to 2 days (Bleck, 1999). A loading dose of 3 to 5 mg/kg is followed by an infusion of 1 to 15 mg/kg per hour, titrated to the desired EEG effect (Bleck, 1999).

Propofol

Propofol (Diprivan®) is a gamma-aminobutyric acid (GABA)_A agonist with a short duration of action, and it terminates SE rapidly (Kuisma and Roine, 1995; Stecker *et al.*, 1998). A loading dose of 1 to 5 mg/kg is administered over 5 to 10 minutes, followed by infusion of 1 to 15 mg/kg per hour, titrated to EEG seizure suppression (Stecker *et al.*, 1998). There is evidence that rapid discontinuation of propofol can induce

withdrawal seizures. Thus, it is recommended that it be tapered by 5% of the maintenance infusion rate per hour (Stecker *et al.*, 1998). A retrospective study compared propofol and midazolam for refractory SE, and the authors concluded that midazolam was as likely to be effective as propofol, and probably had fewer side effects (Prasad *et al.*, 2001).

Valproic Acid

The low risk of hypotension, respiratory depression, and sedation make IV valproate a potentially advantageous choice for the treatment of SE in the elderly. In a European study of 23 cases of SE, including absence, tonic-clonic, myoclonic, and partial SE, results showed that in 19 of 23 cases the patient responded within 20 minutes to IV valproate 15 mg/kg initial injection, which was followed 30 minutes later by an infusion at 1 mg/kg per hour for 5 to 6 hours (Giroud *et al.*, 1993). Other studies using loading doses as high as 60 to 70 mg/kg, followed by maintenance infusion, have also demonstrated that IV valproate is efficacious and safe in the treatment of SE (Bleck, 1999; Knake *et al.*, 1999; Peters and Pohlmann-Eden, 1999; Price, 1989; Short *et al.*, 1999). Safety and tolerability of rapid infusion have been established (Limdi and Faught, 1999).

When valproate is used in the elderly, smaller doses may be sufficient to achieve a given serum concentration, and the potential presence of inhibiting comedications needs to be considered (Pluhar *et al.*, 1999). In addition, rapid infusion of IV valproate results in a rapid change in valproic acid (VPA) total and unbound levels, suggesting that unbound VPA concentrations should be monitored when IV valproate is used to treat SE (Kriel *et al.*, 1999). Although IV valproate has shown efficacy in the treatment of SE,

with a low risk of hypotension or respiratory depression, more information is needed before its place in the overall treatment of SE is established (Bleck, 1999).

Topiramate

Topiramate administered nasogastrically has been shown to be effective in terminating refractory SE (Bensalem and Fakhoury, 2003; Towne *et al.*, 2003). Effective doses range from 300 to 1600 mg per day. Published case series have noted no adverse events resulting from the use of topiramate for SE, except for lethargy. More studies are needed before clear guidelines for use of this agent are established.

Levetiracetam

Levetiracetam is chemically unreliable to existing AED's and the precise mechanisms by which it exerts its antiepileptic effect is unknown. However, studies suggest that LEV may selectively prevent hypersynchronization of epileptiform burst firing and propagation of seizure activity. Recently LEV became available for intravenous administration. LEV may potentially increase the options for the treatment of SE although there are few studies available to determine its effectiveness for this condition. (Rossetti AO, Bromfield EB: Levetiracetam in the treatment of status epileptics in Adults: A study of 13 episodes. *European Neurology* 2005;54:34-38.

In summary, status epilepticus is associated with a high mortality in the older population partially because of the increased susceptibility of these patients to systemic metabolic diseases, strokes, and other comorbidities that may lead to increased mortality. Along with etiology and age, duration of SE is a strong determinant of mortality. Because many older patients may not present with the typical signs of convulsive SE, the diagnosis may not be made until the patient

has continued to seize for a prolonged period of time. Thus, it is imperative to have a high index of suspicion of NCSE in the older patient and to obtain an EEG, so that rapid treatment can be instituted. Treatment needs to be instituted as soon as the diagnosis is made, using the more recent concept of duration, keeping in mind that the pharmacokinetics are more complex in the elderly than in younger patients.

OBJECTIVES

The major objectives of this study are to analyze the characteristics of SE in two age populations: those patients in the 60 and older age groups, and those patients younger than age 60. The characteristics to be studied include race, gender, SE type, etiology, time to treatment and mortality.

Because of the high mortality and morbidity associated with SE, it is important to develop objective criteria to predict prognosis in this major neurologic emergency. Currently there are no large scale prospective studies which have addressed this condition. The relationship between time to treatment, seizure type, etiology, age, race, and gender with mortality in patients with SE were evaluated by univariate and multivariate statistical analysis.

METHODS

Study Design and Study Population:

We utilized a large population-based, prospectively collected database of SE cases presenting in the Richmond Metropolitan Area from July 1, 1989, to June 30, 2006. SE cases were identified during the course of this study at the Medical College of Virginia Hospitals. The university hospitals are the major hospitals in the city limits and accounted for 75% of the

patients presenting with SE in Richmond. The remaining 25% of the patients living in the city limits presented in community hospitals in and around the city.

Recruitment

SE cases were prospectively identified by the SERT that evaluated all cases presenting to the study on a daily basis. The case histories and charts of potential SE patients were reviewed by the SERT in order to determine whether each identified case met the rigorous definition of SE described above. SERT members were on call 24 hours a day, 7 days a week in order to be able to respond to each case of SE in a prospective, timely manner to be able to collect accurate data on the clinical presentation of SE. At both the university and community hospitals, SE cases were identified by neurologists and nurses reporting to the SERT. This form of case identification was identical in all hospitals and accounted for the majority of records. At the Medical College of Virginia Hospital, additional ascertainment of cases could be utilized. Cases were also identified by ER personnel reporting to the SERT and by daily rounds on the Neurology Morning Report Service, in the emergency room, EEG laboratory attendings and in all ICUs.

In reviewing each case reported to SERT, approximately 80% of the SE cases met the definition of SE. The remaining cases had to be excluded because sufficient history or documentation could not be obtained to meet the definition of SE.

Data Collection and Data Entry

SE was strictly defined using the definition of the International Classification of Epileptic Seizures as any seizure lasting for 30 minutes or longer or intermittent seizures lasting for greater than 30 minutes from which the patient did not regain consciousness. [24] Patients who seized up to 29 minutes and were controlled with anticonvulsants were excluded by this definition of

SE. In addition, if the seizure episode or event could not be documented as a 30-minute seizure or intermittent seizures without regaining consciousness for 30 minutes, the patient could not be diagnosed as having SE. Nonconvulsive SE (electrographic) was defined as continuous EEG seizure activity lasting for 30 minutes or longer without significant clinical seizure activity. Periodic lateralized epileptiform discharges alone were not considered as seizure discharges.

Following the identification and documentation of each SE case, the medical records were carefully reviewed during the hospitalization period or immediately following discharge of each SE patient. This type of rapid and timely prospective review provided a more accurate assessment of the data on each patient than could be obtained by retrospective analysis. In comparing prospective to previous retrospective data collection, it was evident that routine chart record keeping was not of sufficient detail for accurate descriptions of the clinical aspects of SE. In the previous retrospective pilot data accurate descriptions of seizure type, duration of SE, and times of drug administration were very poorly documented in the clinical chart. However, by being able to directly question the physicians, nurses, and family members of each patient, the status epilepticus research team (SERT) could obtain a more accurate and detailed clinical history of each SE event. This information was entered into a data entry system for each patient and included the following information: detailed seizure history, electrophysiologic data, demographic data, previous medical or neurologic history, immediate precipitating etiology of SE, outcome, laboratory studies, and hospital course (see appendix A). To evaluate the duration of SE and time to recovery or death, a time line for each SE event was established. These time lines and medication histories were carefully evaluated and reviewed by the SERT not only to validate the definition of SE, but also to verify the accuracy of the clinical and demographic data.

Data Analysis

Statistical methodology includes both univariate and multivariate logistic regression analysis. Mortality and specific prognostic indicators will be analyzed initially utilizing univariate logistic regression. Multivariate logistic regression analysis will be employed to examine the association between several factors. Data analysis will be performed utilizing SSPS Version 15.0.

Database Validation

A labor-intensive, complete review of SE presentations was performed to more critically evaluate the completeness of case ascertainment and to validate the database. This review evaluated all hospital ICD-9 codes for seizures, 911 reports for seizures in the ER, presentation of SE on hospital rounds, all EEG laboratory reports, and ICU and ER records and personnel. This review provided a high degree of accuracy in documenting essentially all SE cases. This type of detailed review was carried out for 1 month for each year of the study at the MCV Hospitals and at two of the large community hospitals during the course of the study. Comparing the cases identified by this procedure and those prospectively identified during the data collection of this study, we determined that the prospective identification of SE patients at the MCV Hospitals was validated at approximately 90% of all cases. In the community hospitals, it was found that the identification of SE patients was approximately 33%.

During the initial design of this study, evaluation of the community hospitals through consultation with hospital personnel, neurologists, and ER physicians, it was thought that essentially all SE cases received neurologic consultation. Thus, we utilized neurologists and neurology nurses as the referral sources in these hospitals. However, it was evident during the study that over one-half of the SE cases presenting in the community hospitals were not brought

to the attention of adult or pediatric neurologists. These cases were being managed by internists, ICU specialists, or ER personnel. Since a significant number of SE cases were not seen by neurologists in these hospitals, the total number of patients identified in the community hospitals did not reach the high level of identification in a prospective manner that was performed at the MCV Hospital and represent an underestimate of the actual presentation of SE. Underidentification of SE cases was partially corrected by using the estimate of under representation described for MCV and community hospitals using the ascertainment rate of 90% for MCV and 33% for community hospitals to estimate the actual incidence of SE in the population.

Inclusion and Exclusion Criteria

Age:

Included in this study were all patients aged 31 days or older. The pediatric population (children) included all patients from 31 days up to 16 years, and adults were patients 16 years of age or older. Neonates less than 1 month in age were excluded from this study. The elderly population was defined as patients aged 60 years and older, and young adults represented patients from 16 to 59 years.

Mortality:

Mortality was defined as death in association with SE, occurring from the initiation of SE to 30 days following the termination of SE. All patients were followed for a minimum of 30 days after the control of SE or to the time of death. Survival was defined as alive at 30 days after SE was controlled.

Recurrence rate:

The recurrence rate was defined as another episode of SE occurring within a 2year follow-up time period after the initial SE event. All patients in the study were followed for a 2-year time period in the database. Recurrent SE events within a single hospitalization were also included in this evaluation.

History of epilepsy:

History of epilepsy was defined as two or more seizure episodes in a lifetime.

Etiologies:

Etiologies of SE were defined as the acute, remote symptomatic and idiopathic causes of SE. Previous medical conditions that were not the acute cause of SE were not included in acute symptomatic etiologies and were categorized as remote symptomatic. Occasionally, SE was associated with more than one concurrent etiology. Acute symptomatic etiologies were defined as SE in association with an underlying etiology within 7 days of the acute onset of that etiology. Remote symptomatic etiologies included patients with SE without an acute precipitating cause, but with a history of insults to the CNS temporally remote to the first unprovoked SE episode. This category was defined using the classification of Hauser. The following acute etiologic categories were associated with SE in this study:

Acute symptomatic etiologies.

(1) Anoxia: acute deprivation of oxygen to the CNS from documented respiratory or cardiorespiratory arrest lasting greater than 5 minutes. (2) Hypoxia: respiratory insufficiency documented by cyanosis and decreased oxygen saturation or decreased oxygen levels by blood gases prior to SE, or both. (3) Cerebrovascular disease (CVA): cerebrovascular disease, including vascular occlusion, embolism, or hemorrhagic infarct. This category did not include intracerebral hemorrhage associated with hypertension or other causes. (4)

Hemorrhage (HEM): intracerebral or subarachnoid hemorrhage. (5) Tumor: primary or metastatic CNS tumors. (6) Infection (Infec)/Fever: systemic infection not involving the CNS with temperature elevation. (7) Central nervous system infections (CNS Infec): infections of the CNS, including meningitis, abscess, and fungal, bacterial, viral, or other causes. (8) Metabolic (Metab): systemic dysfunction manifested by metabolic disturbances, such as electrolyte imbalance, hypoglycemia, uremia, or other metabolic disorders. (9) Low anticonvulsant drugs (LAED): a documented low AED level in a patient with epilepsy that was confirmed by nontherapeutic anticonvulsant blood levels at the time of presentation with SE. (10) Drug overdose (Drug OD): an acute drug overdose. (11) Alcohol related (ETOH): alcohol withdrawal or alcohol intoxication. (12) Head trauma: injury requiring medical treatment or hospitalization with or without loss of consciousness.

Remote symptomatic (Remote) etiologies:

No acute precipitating etiology, but with a previous history of CNS insult, such as a CVA, CNS infection, congenital (congenital malformations, hydrocephalus, arteriovenous malformations, and genetic disease), trauma, hemorrhage, or tumor.

Idiopathic etiology:

SE in association with no identifiable acute or remote cause for the initiation of the seizures.

Seizure types:

Seizure types in SE were defined as partial or generalized SE based on the International Classification of Seizure Types and types of SE as defined by the International League Against Epilepsy, as reviewed by Gastaut and Hauser. Partial SE was divided into simple partial (SP), complex partial (CP), or partial with secondary generalization (PSG). Simple partial SE referred to episodes where the patient maintained alertness and the ability to interact appropriately with the environment during partial seizure activity that lasted for 30 minutes or longer. Complex partial SE included patients with partial seizures with confusion and with amnesia for the ictus. Partial seizures with secondary generalization were classified as SE that initiated with partial onset and a subsequent secondary generalization, according to the criteria of the International League Against Epilepsy. Electrographic partial SE was included in the electrographic (ELECT) category and was defined as SE that occurred in patients who were unconscious and manifested a single electrographic focal discharge lasting 30 minutes or longer without overt clinical seizure activity such as arm twitching or leg twitching. PLEDS alone were not considered as ictal discharges. Generalized SE was subdivided into generalized tonic-clonic (GTC), generalized absence (ABS), myoclonic (MYOCL), and generalized nonconvulsive SE that was included in the ELECT category. Nonconvulsive SE seizures were defined as 30 minutes or longer of continuous EEG seizure activity based on standard EEG criteria for seizure discharge while the patient was comatose and was without significant clinical activity. These SE seizure types were classified using the International League Against Epilepsy definitions, as reviewed by Gastaut.

Classification of seizure types was based on a review of all medical records and direct discussion of each case where indicated with attending physicians, nurses, or with the SE Research Team (SERT). In many cases, reviewing the initial admission history and presentation

of the patient to the emergency room or on the hospital floor did not clearly identify the details of the seizure presentation. The accuracy of the seizure history was greatly improved by a member of the SERT being able to review the case within 24 hours of diagnosis and interviewing family, physicians, nurses, and emergency personnel within that time period. Prospective data collection facilitated our ability to document partial onset with secondarily generalized seizures. Without this type of input, over one-half of the partial onset of P2G cases would be missed.

Race

White was defined as Caucasians. Black included primarily African Americans.

Other included mostly Hispanic and Asian ancestry.

Human Subjects

Patients to be studied will be identified in the GRMA SE Data Base following admission to one of the hospitals for SE or development of SE in one of the hospitals in the GRMA. There are approximately 210-230 patients per year presenting with SE in the GRMA, both male and female and both adult and pediatric age groups. Pediatric patients will be admitted to the hospital for treatment of SE. Patients admitted to MCV that require admission to the Neuroscience ICU for treatment of prolonged SE or coma will be monitored with our sophisticated ICU monitoring system.

All studies or evaluations performed in this project are based on the normal care provided by the attending physician based on a consensus treatment and evaluating protocol agreed upon by physicians participating in the study. Appropriate Consent will be obtained for any procedure, treatment, or evaluation that is not part of standard treatment methods under IRB approval. Complete confidentiality of records will be maintained.

There are no potential risks (physical, psychological, social, legal or other) in gathering the data. The treatment of the patients will follow accepted clinical practices or protocols as accepted by all MCV and Community physicians treating patients for SE in the GRMA, and which have been approved by the IRB.

No potential risks are anticipated. The patients are receiving medical care already and will be cared for in the normal fashion for routine care of if any complications develop.

Patients will benefit by knowing that they are contributing to a better understanding of SE. Society in general will benefit from potentially new insights into the pathogeneses and course of SE.

RESULTS

There are a total of 2,220 patients included in this analysis. The frequencies are tabulated in Table 2. One thousand four hundred and seventy-five patients (66.4%) were included in the young group which included ages from 30 days up to but not including age 60. The elderly group was comprised of 745 patients (33.6%) and included ages from age 60 and above. Table 2 includes a breakdown of specific age groups in the data set. There were 1,035 females comprising 46.6% of the total population and 1,185 males at 53.4%. Of the 19 SE type groups, the most frequent type of status epilepticus was the group partial seizures with secondary generalization (P with 2 G) at 41.2%. The second most frequent seizure type was generalized tonic-clonic activity (TC) at 22.8%. When the 19 SE type groups were categorized into four major seizure types (SE Type), generalized tonic-clonic seizures accounted for 67.8 of cases, partial seizures accounted for 20.3 of cases and non-convulsive seizures were seen in 6.2%.

African American patients accounted for the largest percentage of patients in this data set at 57.9%. White patients accounted for 35.8% and other races, predominantly Hispanic, accounted for 7%. The etiology of SE was categorized into seven broad sub-groups. Our data included most of the major etiologies observed in previous publications. The most common etiologies were in the non CNS and CNS acute categories at 21 and 22%. Low anticonvulsant levels and remote symptomatic etiologies were also seen frequently. Time to treatment of SE was 47.3% in the less or equal than 60 minutes and 52.7% in those patients treated after 60 minutes. Mortality of the entire group was 12.4%.

Table 3 demonstrates the crude analysis in the elderly patients versus the young patients. The elderly patients were 60.1% Black, 34.1% White and 5.8% Other versus 55.7%, 36.6 and 7.6% respectively in the young patients (Figure 3). Female patients accounted for 54% in the elderly group versus 42% in the young group. Male patients accounted for 46% in the elderly group versus 58% in the young group (Figure 3). Blacks were significantly more likely to be found in the elderly group (OR 1.37 CI 1.04, 1.82) as were males (OR 1.84 CI 1.42, 2.38). Generalized seizures accounted for the largest percentage of seizure types for both groups 59.4% in the elderly group and 72.2% in the young group. Figure 4 illustrates the other SE types by age category. In the crude analysis, no SE type was significantly more frequent in the elderly group when compared to the young group. Analysis of the major etiologies revealed that NON CNS acute (OR 0.44 CI 0.28, 0.69) and OTHER (OR 0.35 CI 0.14, 0.89) were less common in the elderly group and withdrawal (OR 1.95 CI 1.07, 3.55) more common in the elderly. The percentage of elderly patients treated within 60 minutes was 50.8%. This contrasts with the 45% of younger patients who were treated within 60 minutes. However, this difference was not statistically significant. There was a difference in mortality between the two groups. In the

elderly group, mortality was 20.9% compared to 8.1% in the elderly group. The elderly were significantly more likely to die within 30 days than was the young group (OR 3.18 CI 2.33, 3.9).

To determine possible risk factors for mortality, a univariate logistic model was utilized. Table 4 illustrates the results of this analysis. The elderly were 3 times more likely to die than the young group. White patients had a significantly higher mortality than blacks and the other group had a lower mortality than the referent group. Patients with the etiology hypoxia/anoxia had an approximately 18 times the risk of dying than the referent group. Other etiologies with a significantly higher risk of dying include CNS Acute, and non CNS. Patients with nonconvulsive SE had over a twofold increase in mortality when compared to the partial group.

The use of univariate analysis to determine correlations have been described above. However, the relationship between possible predictive indicators cannot be completely evaluated by univariate analysis and requires a more sophisticated model. In the logistic regression model, mortality, after adjusting for race, gender, etiology, SE type, treatment group and age group was analyzed. The results are tabulated in Table 5. The results of the logistic model demonstrate that there is increased mortality in the white group, decreased mortality in males and increased mortality in the hypoxia/anoxia, CNS acute, non CNS and remote groups.

Increasing age was also significantly associated with mortality. The age groups ranged from 0 to (but not including) age 1 (referent group), age 1 to (but not including) age 20 (OR 0.41 CI 0.17, 0.99), age 20 to 34 (OR 2.67 CI 1.10, 6.48), age 34 to 49 (OR 3.23 CI 1.47, 7.09), Age 49 to 65 (OR 3.27 CI 1.57, 6.81), age 67 to 75 (OR 6.10 CI 2.88, 12.90), age 75 and above (OR 7.79 CI 3.55, 17.07). Figure 6 demonstrates the odds ratios and the ages graphically.

DISCUSSION

There are a few studies which have addressed status epilepticus in the older population. Most of these studies have been retrospective in nature and collection was either by chart review or discharge codes. The strength of the current study is that patient information is obtained from a prospective database, with the discharge diagnosis being reviewed by neurologists skilled in being able to classify seizure types. This study, comprising a total of 2,220 patients, is also the largest database examining SE, currently available. The major limitations of the study stems from the fact that comorbidities were not taken into account for this data analysis. However, steps are being taken to include this information in subsequent analysis. The other limitation is that the sample population may not be representative of communities across the United States. Consistency with other studies is good, although, as previously mentioned, most of those studies were retrospective in nature.

CONCLUSION

This study analyzed several determinants of mortality in SE. Both univariate and multivariate logistic regression analyses were performed to investigate the complex interaction between numerous variables. With the elderly comprising the fastest growing segment of the US population, it is to be expected that SE will become more common, and physicians treating this condition will need to be better informed about its semiology and treatment in this age group. Status epilepticus is associated with a high mortality in the older population, partially because of the increase of susceptibility of these patients to develop systemic metabolic diseases, strokes and other etiologies that may lead to increased mortality. The present study demonstrates that there is a significant increase in mortality in the older age groups. This increased mortality

increases as age increases. In the adjusted model, mortality is also significantly increased in the nonconvulsive seizure group. There is also a statistically significant association of etiology with mortality in SE. Previous studies have suggested that mortality in SE was associated with etiology, based on empirical analysis from clinical studies. Our results show that mortality was significantly correlated with specific SE etiologies. Certain etiologies such as alcohol withdrawal and AED discontinuation were associated with low mortality. Etiologies including anoxia, acute CNS causes and acute non CNS causes are associated with a high mortality.

Since etiology and age play such a large role in the mortality of SE, treatment modalities to better manage certain etiologies may decrease mortality in the older population.

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APPENDIX A - QUESTIONNAIRE

		Assigned ID:
		SE date//
Hospital		
SE Began?	1 Outside of the hospital	
	2 In transit to hospital	
	3 In the hospital	
	8 Other ()	
	9 Unknown	
EMS data		
Transported by squad?	0 No, 1 Yes, 8 N/A, 9 Unk	1
	5.1.5, 7.100, 5.101, 5.5m	L
lf no or not applicable to above lea	ve all other EMS questions blank	
	Squad called	:
If transported by squad	Squad enroute	''
(if times unknown leave blank)	Squad arrived	
	Arrive Hospital	
I aval of connectorion		
Level of consciousness (worst or lowest level)	1 Awake & Oriented	i—
(2 Awake & Disoriented	1
	3 Not awake, arrousable	
	4 Unresponsive	1
	5 Seizing	
	8 Other ()	
	9 Unknown/Not tested	
Pupils	l Normal,	
	2 R > L	
	3 L>R	
	4 Dilated	
	5 Constricted	
	6 Unreactive	
	8 Other ()	
	9 Unknown/Not tested	

Study Intake page 1 - 2

		Assigned II	D:	
		SE date	_''	
4 Neurosurgery 5 EMU 6 Not 7 Non-Neuro Intermediate Unit (8 Emergency 9 PICU 10 I 11 Pediatric floor 12 Medicine Floor 15 Rehab 16 Oncology/Hospice 17 N 98 Other () 99	Pediatric Intermediate Unit 13 Surgery floor 14 Psych	SE start	SE service	At discharge
4 Emergency 5 Medicine 6 S 7 Rehab 8 Psychiatry 9 C 11 Other (Pediatrics Surgery DB/GYN 10 Oncology conatology 99 Unknown	SE start		At discharge ———
SE recognized/diagnosed by ?	ED n	o Attend ICU urse EMU		
Neuro Consult? Transfer to neuro within 24 hours DNR/Comfort Care? Was SE aggressively treated? Deceased?	0 No, 1 Yes, 8 N/A, 9 Unknown 0 No, 1 Yes, 8 N/A, 9 Unknown			
Autopsy Date/time of death Date/time of discharge 1 Home 2 Rehab 3 Nsg Home 4 Adult Home 8 Other (Admitted from ? Discharged to ?		_/	_:
Dead Persistent Vegetative State/ Coma Severe disability (conscious but disabled). Moderate disability (disabled but independ 5 Good recovery (may be minor neurologic of 9 Unknown	lent). Patient is independent for ADL's	Prior to S At discha	urge ? ys post SE ? urge < 30days,	
Does patient have an impairment due to a Cognitive/Mental impairment Physical impairment Developmental impairment To be followed by?	SE at discharge?	0 No, 1 Yes, 2 Possible, 8 N/A, 9 Unkno		e Discharge ————————————————————————————————————
Followup location ? 1 Nelson 6 5 CSS clir 10 Comm	Clinic, 2 Randolph Minor, 3 Stony Ponic, 6 VA, 7 Other MCV (unity Neurology Office, 11 Other Cone of SEDS catchment area (int, 4 Peds Neuro,), 8 NA,	9 Unknown,	_

Study Intake page 2 - 2

.

		Assigned ID:
		SE datc//
Marital Status	1 Married 2 Widowed 3 Divorced 4 Separated 5 Single 6 "Common law" marriage	
Living Situation	9 Unknown 1 With others 2 Alone 3 Institutionalized 4 Homeless 8 Other 9 Unknown	
Currently Employed ? Gainfully Employed ?	0 No, 1 Yes, 8 N/A, 9 Unknown 1 Never employed 2 Employed 3 Unemployed, 4 Disabled 5 Retired, 8 N/A 9 Unknown	
Occupation (see code sheet) Cigarette Smoker?	0 Never Smoked 1 Former Smoker 2 Currrent Smoker 9 Unknown	
Alcohol Consumption?	O Never drank Former abuser Current "social" user Current abuser Former drink NOS, 9 Unk	
Recreational Drug Use	0 Never used 1 Former user 2 Current User 9 Unknown	amphetamine cocaine/crack heroin IVDA marijuana other (
Insurance 0 No, 1 Yes, 8 N/A, 9 Unknown	Self Commercial Medicare Medicaid	
MCV codes (01, 03, 04) \rightarrow	Percent write off If percent write off N/A then le	% eave% blank
Completed by		date//

Demographics page 1-1

			Assigned	ID:	_
			SE date _	//	
0 No, 1 Yes, 8 N/A,9 Unk	inown			Pre Adm	During Adm
01 Neurologic		A-V malformation/ Cerebral aneurysm			
		Anoxic/Hypoxic Encephalopathies	- 1		l — i
	01.01	Carotid stenosis (>60%)			_
	01.01	Cerebral hemorrhage CNS lesion NOS	- 1	_	_
				_	
	01.02	CNS sarcoidosis CVA (, I		
	01.02	Dementia			
		Encephalopathy NOS			
	01.03	Febrile convulsions	i		
	01.05	Genetic syndromes (,		
	01.04	Head trauma			
	01.05	Hydrocephalus/shunt			
	01.05	Inborn errors of metabolism			_
		Intraventricular hemorrhage	1	_	
		Metabolic encephalopathy			-
		Neurodegenerative (, I		
		Neurofibromatosis	—		
		Neurosurgery (, I	-	
		Non-genetic syndrome (
	01.99	Other (—	_	
		Proprionic acidemia	<u> </u>		
		Quad/hemiparesis () l		_
	01.06	Spinal cord abnormalities (\longrightarrow 1		
		Static encephalopathy		_	
	01.07	TIA		_	
		Tuberous sclerosis		_	
	01.08	Vasculitis		_	
02 Developmental/		ADHD/ADD			
Psychiatric		Behavioral/Emotional		_	_
·		Cognitive delay			
		Developmental/Motor delay			
		Learning disability		_	
		Mental retardation	- 1		
	02.99	Other (_	
	02.01	Psychiatric condition (
03 Infectious		AIDS/HIV+			
Diseases	03.01	CNS abscess		_	
		CNS TB	1		
		Congenital CMV (TORCH)			
	03.02	Encephalitis			
	03.03	Febrile illness NOS (_	
		Group B strep meningoencephalitis		_	
ļ	03.04	Meningitis		_	
	00.00	Neuro-Syphilis	_ ,		
l	03.99	Other (_
	03.05	Sepsis TB (other than CNS)			
		I to (onici nian CN3)			, ,

History Page 1 - 8

Description				Assigned	ID:	_
Adm Adm				SE date _	//	
04.01 Arrhythmia - Atzial	0 No, 1 Yes, 8 N/A, 9 Unk	nown				
04.02 Arrhythmia - Ventricular	04 Cardiovascular	04.01	Arrhythmia - Atrial			
O4.03 Cardiac arrest Cardiac surgery Congenital heart disease Coronary artery disease		04.02	Arrhythmia - Ventricular	l	_	- 1
O4.03 Cardiac arrest Cardiac surgery Congenital heart disease Coronary artery disease		Ì	Arrhythmia NOS (_	
Congenital heart disease		04.03	Cardiac arrest			
Congenital heart disease	1					
04.90 04.97 04.07 Pacemaker Pace			Congenital heart disease	1	_	
04.90 04.97 04.07 Pacemaker Pace	1			- 1		
04.90 04.97 04.07 Pacemaker Pace						
04.90 04.97 04.07 Pacemaker Pace	1		• •	- 1		_
Description	l			I		l _ i
Description						_
05.01 ARDS Asthma COPD COP		04.07				
Asthma	L					
COPD ECMO Hyaline membrane disease	05 Respiratory	05.01				
05.02 ECMO Hyaline membrane disease 05.03 Meconium aspiration Other (- 1		
Hyaline membrane disease Hyaline disease Hyaline disease Hyaline disease Hyaline disease	l		-	1		_
05.03 Meconium aspiration	I	05.02		- 1		_
OS.05 Resp. Taiture/hypoxia Sleep apnea OS.07 Ventilator dependent OS.07 Ventilator dependent OS.07 Ventilator dependent OS.08 OS.07 OS.07 OS.08 O						_
OS.05 Resp. Taiture/hypoxia Sleep apnea OS.07 Ventilator dependent OS.07 Ventilator dependent OS.07 Ventilator dependent OS.08 OS.07 OS.07 OS.08 O	I					_
OS.05 Resp. Taiture/hypoxia Sleep apnea OS.07 Ventilator dependent OS.07 Ventilator dependent OS.07 Ventilator dependent OS.08 OS.07 OS.07 OS.08 O				ا رـــ		
OS.05 Resp. Taiture/hypoxia Sleep apnea OS.07 Ventilator dependent OS.07 Ventilator dependent OS.07 Ventilator dependent OS.08 OS.07 OS.07 OS.08 O		05.04				
OS.05 Resp. Taiture/hypoxia Sleep apnea OS.07 Ventilator dependent OS.07 Ventilator dependent OS.07 Ventilator dependent OS.08 OS.07 OS.07 OS.08 O		05.05				
Sleep apnea	1					
06 GI	i	05.06				_
O6.01 O6.02 GI hemorrhage GI hemorrha	1	05.07				
06.01 06.02 Hepatitis Jaundice/kernicterus		05.07				
Other (06 GI	06.01		- 1		l — I
Other ([l 1
Other (06.02		- 1		-
06.99 06.04 Pancreatitis Peptic Ulcer Disease	ļ	06.02		- 1		
06.04 Pancreatitis Peptic Ulcer Disease				, I		
Peptic Ulcer Disease						-
Denign Prostatic Hypertrophy Cother (00.04				!
07.99 Other (07.011					
07.01 Pyelonephritis UTI	07 GU	07.00		· .		
07.02 UTI 08.01/08.02 08.03/08.04 08.05/08.06 1=hypo 08.07/08.08 2=hyper 08.09/08.10 3=both 08.11/08.12 08.15/08.16 08.15/08.18 08.19/08.20 UTI = mamonia (≤ 50) ↓ ↑ calcemia (8 - 12) ↓ ↑ Cl (90 - 120) □ 1 □ 08.09/08.10 ↓ ↑ CO ₂ (15 - 35) □ 2 ↓ ↑ glycemia (50 - 200) ↓ ↑ kalemia (3.0 - 6.0) ↓ ↑ natremia (130 - 150) ↓ ↑ natremia (130 - 150) ↓ ↑ phosphatemia (2.0 - 5.0) ↓ ↑ thyroidism Insulin dependent diabetes Non-insulin dependent diabetes				→		
08.01/08.02						
08.03/08.04	08 Metabolic					
0=absent	09 Metabolic		1/1 calcamia (8 - 12)		_	l· — [
1=hypo	Orabeant		LA C1 (00 - 120)			
2=hyper			1/1 CO2 (15-35)			l — 1
3=both 08.11/08.12			1/↑ glycemia (50 - 200)		_	-
9=unknown 08.13/08.14 08.15/08.16 08.17/08.18 08.19/08.20 1.			√/ kalemia (3.0 - 6.0)	- 1		
08.15/08.16 08.17/08.18 08.19/08.20 ↓ ↑ natremia (130 - 150) ↓ ↑ phosphatemia (2.0 - 5.0) ↓ ↑ thyroidism Insulin dependent diabetes Non-insulin dependent diabetes Other ()	I		1/1 magnesia (1.0 - 3.0)			-
08.17/08.18	,			J		
08.19/08.20	1			- 1	_	
Insulin dependent diabetes Non-insulin dependent diabetes 08.99 Other	İ			- 1		
Non-insulin dependent diabetes 08.99 Other (İ					-
08.99 Other (l				. —	1 - 1
		08.99				

History Page 2 - 8

			Assigne	d ID:	-
			SE date	//	
) No, 1 Yes, 8 N/A, 9 Un	known			Pre Adm	During Adm
09 Hematology		Chronic anemia			
	09.01	Coagulopathy			_
	09.02	DIC		I — I	-
	09.99	Other (1 — 1	
		Sickle cell			
10 Malignancies		Brain			
		Endocrine			
		GI			
		GU		_	
		Heme/Bone marrow/Bone			
		Other(
		PNS/Spinal Cord			
		Respiratory			
11 Renal	11.01			I —	
		Chronic renal failure/ insufficiency			
	11.02			 —	_
	11.99	Other (
12 Etoh/Drugs		Drug dependency (1 —	
	12.01	Drug OD (1 —	
	12.02				
		Etoh dependency		_	_
	12.99	Other (بــــ		
	12.03	Toxic /poisoning (_
13 Other	13.01				
	13.02				
14 Ob/Gyn		Complications of preg (1 —	
	14.99	Other (_	
	14.01	Toxemia			
15 Connective Tissue	ł	Arthritis		_	
	15.01	Gout			
	15.99	Other			
	15.02				
Surgery this admission?		0 No, 1 Yes, 9 Unknown			
Surgery date/time (If mul	tiple surgeries,			1 1	
date/time of surgery close				:	
Type of Surgery		1=Neuro (16.01), 2=Cardiac (16.02),			
.,,,,		3=Other (16.99), 4= Multiple Surg (16.0)	3),		
		8=N/A, 9=Unknown	"		
Did the patient experienc	e multi-system	0 No, 1 Yes, 8 N/A, 9 Unknown			
organ failure ?			- 1		
	v systems were af	fected ? (refer to codes, exclude SE/seizure	s)		
,	, _, _, _, _, _, _, _, _, _, _, _, _, _,		, F		
Please list the order or no	noression of acute	medical conditions in relation to SE episod	de(s) this	admission:	
On On SE On SE caiming	not SE 77 77 1 if	E Support withdrawn, 88.88 Sequence under	ertermina	ble at this time (1st	vear).
99.99 Unkown/undeterm		o support manarami, ob.00 sequence unde		or at and time (1st	, /,
	•				
→	→	_·→·→·_	→	→	
		→			_
·_·	.·→	→→ _:	→	·_→	

History Page 3 - 8

				Assigned ID):	_
				SE date	_//	
AED Therapy prior to Current SE	ON	o, 1 Yes, 9 Unkno	own.			
If yes to above list AED's	Refer to AED lis for abbreviation	it	Current		Past	
Age at first AED use	Estimated (years)	\ 			
List all non-AED drug therapy letters of the drug in the second used in the last three columns u	column, indica	te when the dru	g was	Before SE	During SE	After SE
						
		·				
·						
						
Could SE have been related to or or medications (other than DAED)		0=No, 1=Yes (c 2=Probably, 3=	definitely) Possibly, 9	=Unknown		
If yes, to above what drug/ medication		ters of medication				- - -

History Page 4 - 8

		Assigned	d ID:	
		SE date	/	/
		Seizure History		
# Types/				
Seizure Type or		partial, 2 R brain simple partial,		
No seizure hx		l, 4 Partial w/ 2nd Generalization,		1
	5 Abscence			- 1
	7 Tonic, 8 Tonic-	eneralized, 61 Myoclonic - focal	1	
	10 Other (Cionic, 9 Atomic,		
	11 L brain simple	nartial w/ I OC		- 1
	12 R brain simple			i
		endent noncon, 14 Subtle/partial		- 1
		ized, 16 Bilateral Independent Convulsive	.	- 1
		ns, 96 Partial w/ 2nd Gen nonconvulsive		ł
		vulsive, 98 Generalized nonconvulsive,		1
	99 Unknown	,		- 1
Current frequency	1 daily, 2 weekly,	3 less than yearly, 4 yearly	ti	mes /
		te history (>1 yr ago), 9 Unknown		
Frequency changed i		0 No, 1 Yes, 9 Unknown		
If yes to above		0 decreased, 1 increased, 8 NA, 9 unkno	own .	
Seizure Precipitants	- Etiology			
(Refer to precipitatin				
SE codes)	•			
,				
	Fill out th	is section only once per package		
Diagnosed with Epile				
BINS (Benign Idiopa				
Benign Familial Neo	natal Seizures			
Febrile				
JME		0 No, 1 Yes, 8 N/A, 9 Unknown		
Lennox-Gastaut			_	
Rolandic (BECTS)				ĺ
West Syndrome			 —	
Other (
Family History of se	izure?	0 No, 1 Yes (definite),		
Twin?		2 Suspected hx		
Twin has seizure his	•	8 NA		
Patient History of sei		9 Unknown		
Patient age of first s		Estimated (years/months)		
Patient History of SE		0 No, 1 Yes, 8 N/A, 9 Unknown		
Number of previous	SE events			
Age of first SE		Estimated (years/months)		
Previous SE verified	by	1 Family, 2 SE team, 3 Not verified		

History Page 5 - 8

		Assigned ID:
		SE date//
1 L brain simple partial, 2 R brain simple parti 61 Myoclonic - focal , 7 Tonic, 8 Tonic-Clonic 13 Bilateral independent noncon, 14 Subtle/pa 96 Partial w/ 2nd Gen noncon, 97 Partial nonc	s, 9 Atonic, 10 Other, 11 L brain simple partial, 15 Subtle/generalized, 16 Bilat Ind. Co	rtial w/ LOC, 12 R brain simple partial w/LOC,
Current SE Types	(Use SZ types list)	→→
If multiple SE types, was it?	0 pure progression, from one 1 mix of types/alternating (code predominant in 1st sp 2 difficult to determine 8 NA, 9 unknown	
Date/Time of SE onset		/::
End of Clinical/Overt sz's	blank if N/A	/::
End of Electrographic sz's	blank if N/A	/::
Type of SE	1 Continuous, 2 Intermittent, 3 Int 5 Cont →Int, 6 Int →Cont, 7 Mix	ermittent/drug,4 Nearly continuous, ed Int & Cont, 9 Unknown
If intermittent, est ictal time	(hours:minutes)	:
Etiology of SE		
(Refer to precipitating		
causes of SE codes)		
Objective clinical manifestations?	0 No, 1 Yes, 9 Unknown	_
If yes, specify for each	Focal Motor	
0 No, 1 Yes, 9 Unknown	Generalized	
or	Clouding of consciousness	I— I
0 No, 1 Left, 2 Right	Loss of consciousness	
3 Both, 9 Unknown	Versive or Contraversive	
	Automatisms	
	Subtle (
	Other (
	Eye deviation	
Post-ictal coma	0 No, 1 Yes,	
Post-ictal coma affected by ?	8 NA, 9 Unknown	profound diseases/injuries
		paralytic agents/ anesthesia
Start of post-ictal coma		//
End of post-ictal coma	blank if N/A	
Was pt in coma pre SE?	0 No, 1 Yes, 9 Unknown	
Recurrent episode of SE?		
If yes, # of recurrences		
Recurrent episode of SE	0 No, 1 Yes, 8 N/A,	
w/in 24 hrs of initial SE?	9 Unknown	-
Any seizures post SE during	0 No, 1 Yes, 8 N/A,	
this admission	9 Unknown	- .
If yes to above please complete seiz		<u> </u>

History page 6 - 8

		Assigned ID:
pg of	for no sz post SE	SE date//

Code Clinical Seizures post SE only, if EEG is hooked up please use EEG form to document seizures

Date of Onset	Time of Onset	Date of Cessation	Time of Cessation	Туре
MM/DD/YY	HH:MM (24 hour clock)	MM/DD/YY	HH:MM (24 hour clock)	(refer to list below)
//	:	//		
//	:	//	:	
//	:	//	::	
/ /	:	1 1	:	
1 1		1 1	:	
1 1			:	
1 1	:	1 1	:	
	:		:	
				
 /	 		:	
				
	:	'	:	
/ /				
//	:	//	:	
	:	//	 	
/	:		:	
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		1 1	:_	
				
				
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<u>'</u>	:		 	
//	:			
//	:	//	:	

1 L brain simple partial, 2 R brain simple partial, 3 Complex Partial, 4 Partial w/ 2nd Gen, 5 Abscence, 60 Myoclonic-generalized, 61 Myoclonic - focal, 7 Tonic, 8 Tonic-Clonic, 9 Atonic, 10 Other, 11 L brain simple partial w/ LOC, 12 R brain simple partial w/LOC, 13 Bilateral independent noncon, 14 Subtle/partial, 15 Subtle/generalized, 16 Bilat Ind. Convulsive, 17 Infantile Spasms 96 Partial w/ 2nd Gen noncon, 97 Partial noncon, 98 Generalized noncon, 99 Unknown

History page 7 - 8

			Assigned ID: _	
			SE date	//
		SE Medica		
page of	Route 1=IV	, 2=PO, 3=IM	I, 4=IO, 5=PR, 6=ET, 9= Date of initiation	Unknown Time of Initiation
Name of Drug	Dose (mg)	Route	MM / DD / YY	24 hour time
			''	:
		_	''	:
			/	:
				:
			''	:
		. —	''	:
		_	''	:
		_	''	:
			''	:
		_	'	:
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		_	''	:
			'	:
			'	:
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		_	'	:
				:
			''	
			//	:

History page 8 - 8

		Assigned ID:					
			:	SE date/	/		
Leave blank if N/A	Before S	SE/	1st During SE		fter SE	_/	-
Pulse BP Resp (assist/spont) Temperature Weight (pounds) Height/length (inches) Head circum (cm)		- - - - - - - -			·/ // :_		
Handedness	1=R, 2=	L, 3=A, 9=Unk					
First Neurologic Exam Test completed Da Medications prior to ex 0 No, 1 Yes, 8 N/A, 9 Un	ate/Time		//	ries blank) :_	 -		
Pupil size (mm)		If unknown reco	rd (9.9)		Right	Le	ft
Pupillary light response 0 No, 1 Yes, 8 N/A, 9 Un Oculocephalic Response (Gaze)	nknown	Direct Consensual 0 Absent, 1 Impaired, 2 Suppresed (Voluntary), 3 Full, 8 N/A, 9 Unknown					
Gaze Preference	•	0 Absent, 1 Right, 2 Left 8 N/A, 9 Unknown Baseline Post Si					t SE
Visual fixiation		0 No, 1 yes, 8 N					
Gag reflex		0 Absent, 1 Nor	mal, 9 Unknown				
Pathologic Reflexes Deep Tendon Reflexes		0 Absent, 1 Pres 0 Absent, 1 Hyp 2 Normal, 3 Hyp 4 Hyperactive w 8 N/A, 9 Unkn	peractive vith clonus	Babinski Biceps Jerk Triceps Jerk Knee Jerk Ankle Jerk		Right	Left
Motor Strength		0 Flaccid, 1 Tra	ice, 2 Poor	Upper Extrem			
Motor Tone		0 Flaccid, 1 Hyp 3 Hypertonic, 9	Unknown	Lower Extrem Upper Extrem Lower Extrem	nity		
Sensory Deficit (Pain)	,	0 Absent, 1 Pres 8 N/A, 9 Unk	sent,	Upper Extrem Lower Extrem			

Physical Examination page 1-1

		Assigned ID:					
			SE date	_''			
page/ Test completed	Date Time	'' :	''	''	''_		
Location	I Ambulance 2 ER 3 ICU 4 Floor 5 Other 6 Baseline 9 Unknown	_	_	_	_		
Eye Opening	9 Unknown 4 Spontaneous 3 To sound 2 To pain 1 None	. —					
Motor Response	9 Unknown 6 Follow commands 5 Localizes stimulus 4 Withdraws 3 Flexion posturing 2 Extension posturing 1 No movement						
Verbal Response (see below for ≤ 3 yrs)	9 Unknown 5 Oriented 4 Confused 3 Words 2 Sounds 1 None	_	_	_	_		
Intubated?	0 No, 1 Yes,						
Paralzying agents?	9 Unknown	_	_				

For ≤ 3 yrs use these responses for verbal category:

- 9 Unknown
- 9 Unknown
 5 smiles, oriented to sound, follows objects, interacts
 4 crying/consolable; interacting inappropriately,
 3 crying/inconsistently consolable, moaning
 2 crying/inconsolable; irritable, restless
 1 no response

Glasgow Coma Scale page 1

		Assistant ID.		
	Assigned ID:			
	SE date//			
0 No, 1 Yes, 8 N/A, 7 done, r	esults not available, 9 Unknown			
Test completed Date/Ti	me test performed / /	:		
Blood Chemistries	Sodium (meq/l)			
	Potassium (meq/l)			
	Chloride (meq/l)			
	CO ₂ (meq/l)			
	Glucose (mg/dl) BUN (mg/dl)			
	Creatinine (mg/dl)			
Test completed Date/Ti		:		
Serum Electrolytes	Urate (mg/dl)			
• • • • • • • • • • • • • • • • • • •	Inorg. Phos. (mg/dl)			
	Magnesium (mg/dl)			
	Calcium (mg/dl)			
	Iron (mg/dl)	·-		
	Total protein (mg/dl) Albumin (mg/dl)	·-		
	Total bilirubin (mg/dl)	:		
	Cholesterol (mg/dl)			
	ALP (IU/L)			
	AST (IU/L)			
	ALT (IU/L)			
Test completed Date/Ti	me test performed//_	::		
Serum	Ammonia (μm/L)			
Test completed				
Date/Time	///	/		
test performed	::	_::_		
CK (Ú/L)			
MM (%)				
MB (%)				
Test completed		/		
LD1 (%	<u> </u>			
LD1 (%				
LD3 (%		-		
LD4 (%				
LD5 (%				
LD (U/L)			

Laboratory page 1 - 3

		Assigned ID:
		SE date//
0 No, 1 Yes, 8 N/A, 7 done, r Test completed Date/Ti	esults not available, 9 Unknown	
Hematology	WBC (10/mm³) Hemoglobin (gm/dl) Platelets (10/mm³) Neutrophils (%)	
Test completed Date/Ti		:
Coagulation studies	PT (sec) / Control (sec) PTT (sec) / Control INR	
	me test performed//	:
Urinalysis	Glucose Ketone Protein WBC RBC Blood	
Test completed Date/Ti	ime test performed//	:
Arterial blood gases	Supplemental Oxygen Mechanical Ventilation	_
	pO ₂ (mm Hg) pCO ₂ (mm Hg) pH	
Test completed Date/T	ime test performed//	::
Serum	Lactate (mM/L)	
Test completed Date/T Serum	ime test performed/// Cortisol (ug/dl)	
Test completed Date/Tim	e test start//	_:
• —	me test stop//	:
	Creatinine (mg/dl) Norepinephrine (µg/dl) Epinephrine (µg/dl) Dopamine (µg/dl) Urine volume (ml)	
• —	ime test performed//	:
Thyroid Profile	T4 total (μg/dl) TU (μg/dl) STI (μg/dl)	

Laboratory page 2 - 3

	Assigned ID:
	SE date//
0 No, 1 Yes, 8 N/A, 7 done,	results not available, 9 Unknown
Test completed Date/	Time test performed / / :
Appearance	0 Abnormal, 1 Normal, 9 Unk
Color	0 Abnormal, 1 Normal, 9 Unk
CSF	RBC /mm³
	WBC/mm³
	Polys/mm ³
	Lymphs/mm ³
	Monos/mm ³
	Other/mm ³
	Glucose (mg/dl)
	Protein (mg/dl)
	Lactate (mm/L)
	Pyruvate (mm/L)
Pathogenic Organisms	0 No, 1 Yes, 8 N/A, 9 Unknown ::
Present in CSF?	
Test completed Date/	
Toxicology	Cocaine
	Amphetamine
	Opiate
	Barbituates
	Benzodiazapine
	Salicylates
	Acetaminophen
	Other ()
Test completed Date/	
	Etoh (mg/dl)
Test completed	AED'S (before, during and after SE)
Drug	
	/
	: ! :
	/,/,
	/,/,
	',
	/,/,
	',
	: :
	: <i>'</i> , <i>'</i> ,
Completed by	date//

Laboratory page 3 - 3

Electroencephalogram Interpretation

		Assigned II): _ _			
		SE date	//			
· · · · · · · · · · · · · · · · · · ·						
Date test started//	Time test star	ted:_	(24 hr clo	ck)		
Date test stopped / / Time test stopped : (24 hr clock)						
Total minutes of EEG recorded						
State of Patient at time of EEG	Awake					
0 No	Asleep/Drowsy					
1 Yes	Unresponsive					
9 Unknown	Other ()		•			
Background Activity	0 Normal					
	1 Abnormal					
	9 Uninterpretable					
Predominant Background Freque	ency (hz)					
Grade Loc	retable, do not code further. If all cation R, Gen, Bilat		fill out the rest	-		
Dysrhythmia		emporalOccip		Hemispheric		
Dysrhythmia	Frontal Parietal T	emporalOccip	oitalCentral	Hemispheric		
Dysrhythmia	Frontal Parietal T	emporalOccip	oitalCentral	Hemispheric		
Delta	Frontal Parietal T	emporal Occip	oitalCentral	Hemispheric		
Delta	_	emporalOccip	_	Hemispheric		
Depression		emporalOccip	_	Hemispheric		
Asymmetry		emporal Occip		Hemispheric		
Abnormal	•	Before	During	After		
0 No, 1 Yes, 8 N	I/A, 9 Unknown	SE	SE	SE		
Electrographic Seizure(s)						
Reactivity (8=not tested)				_		
Triphasics		—	_			
Spikes		l —				
Sharp Waves				—		
Slow Waves		1		1 1		
Warran/Cailean			-	-		
Waves/Spikes		=	_			
PLEDS/PEDS	d)					
	.d) .		_ _ _			

EEG page 1-2

	-	ID:							
	SE date	'		Recorded Ictal Ev	ents (please use 2	A-hour clock to do		_ of _	- —
					vv (prozec 200 z		Clinical M 0=No, I=Y		
	Seizure	Start date	Start time	Stop date	Stop time	Duration	Location	CS,3-Fala	ii, 7-Uiik
	number	_				(min.sec)	1=Right, 2=Left, 3=Bilateral	-	HR
							F P T O C H G F P T O C H G		
١		Date)	Anticonvuls Medication	ant Medications given Dose	during EEG (ple	ase use 24-hour clo	ock to document times) Medication Effect/Comments		J.— — —
	- 1				r*6*	_;	President Differ Committee		
	' ' '		-						
		' ',	:	'-		-:			

FFC man 7.7

									A	ssigned ID:		
Pg	_ of								S	E date/_	/	
Date/f	ime test started _	_!!		_:	(24 hou	ır clock)	Date/time to	est stopped	_//_	:_	(24 hour clock)
In the	30 minutes after cl	linical SE stops are	e there	electrogra	phic id	tal di	scharg	es? 0=No	, 1=Yes, 9=Un			
									Duration of	discharges	Interval betwe	en discharges
Patter	n start date time	stop date time	Morp	Freq	Occur	Contin	Clin man.	Localiz.	min	max	min	max
<u> </u>	, ,	, ,										
1	''	''							msec sec min hr	msec sec min hr	msec sec min hr	msec sec min hr
2	, ,	, ,										
	''	'' :		'-					msec sec min hr	msec sec min hr	msec sec min hr	msec sec min hr
3		1 1								'-		
	:	:		'-					msec sec min hr	msec sec min hr	msec sec min hr	msec sec min hr
4	1,,								msec sec	msec sec	msec sec	
Ľ	:	:		'-					min hr	min hr	min hr	msec sec min hr
5									'-			
Ľ									msec sec min hr	msec sec min hr	msec sec min hr	msec sec min hr
6												
Ľ		:							msec sec min hr	msec sec min hr	mscc sec min hr	msec sec min hr
7	1_1_1_			'_					msec sec	msec sec	msec sec	msec sec
	;	_:_:		<u>-</u>					min hr	min hr	min hr	min hr

Morphology: 1=Spike (<70msec), 2=Sharp wave (70-200msec), 3= Spike + Wave, 4=Repetitive spike, 5=Rhythmic Activity

Occurrence: 1=Rare Isolated, 2=Recurrent Stereotyped, 3=Recurrent Non stereotyped, 4=Periodic/Quasi Periodic, 5=Burst Suppression, 6=Ictal, 7=Other

Continuity: 1=Continuous, 2=Nearly Continuous, 3=Intermittent

Clinical Manifestations: 0=No, 1=Yes, 9=Unk

Localization: (code any and all lobes with side L, R or B first), F=frontal, T=temporal, P=parietal, O=Occipital, C=Central, M=Midline, H=Hemispheric

ASID page 1-1

	Assigned ID:
pg of	SE date//

Code only first Post SE ECG on this page, subsequent ECG's on page 2-2

		Baseline	During SE	Post SE
Date		//	//	/
Time		:	:	:
Rate (bpm)				
PR Interval		0	0	0.
QT				
QTC Interval				
R Axis				
QRS Voltage (pre	cordial max, mm)			
LVH				
SVT	•			
PAC				
A. Fib	0 No		_	_
A. Flutter	1 Yes		_	_
Junctional	9 Unknown	_		<u> </u>
VPB's				_
V. Tach				_
V. Fib				_
Other ()	_		
1° AVB				
2° AVB I		_	_	_
2° AVB II	0 No	_	_	
3° AVB	1 Yes	_	_	_
IVCD	9 Unknown			_
LAFB				_
LBBB				_
RBBB		_		
T Waves (1=Flat.	2=Inverted, 3=Peaked)			
T Waves (Anaton			_	
	Elevated, 2=Depressed)			
ST Segments (m			_	_
Q Waves (Anator				
Poor R Wave pro		_		
0 No, 1 Yes, 9 U		_	_	
	. C		1 5 1 5 1 4 - 1 6 0	L - O II I

^{* 0=}Anterior, 1=Inferior, 2=Lateral, 3=Anteroseptal, 4=Anterolateral, 5=Inferolateral, 6=Other, 9=Unknown Comments:

Electrocardiogram page 1-2

	Assigned ID:
pg of	SE date///

Code only Post SE ECG's on this page

Date	/	1 1	1 1
Time			
Rate (bpm)			
PR Interval	0	0	0
QT			
QTC Interval			
R Axis			
QRS Voltage (precordial max, mm)			
LVH (0 No, 1 Yes, 9 Unknown			
SVT	_	_	
PAC			
A. Fib 0 No		_	
A. Flutter 1 Yes		_	!
Junctional 9 Unknown	_	_	_
VPB's	_		
V. Tach		_	
V. Fib	_		_
Other ()			<u> </u>
1° AVB			
2° AVB I		_	
2° AVB II 0 No		_	
3° AVB 1 Yes	_	_	
IVCD 9 Unknown	_		_
LAFB		_	_
LBBB		<u> </u>	_ !
RBBB			
T Waves (1=Flat, 2=Inverted, 3=Peaked)		_	_
T Waves (Anatomic Location *)			
ST Segments (1=Elevated, 2=Depressed)	_	_	
ST Segments (mm)			
Q Waves (Anatomic Location *)		_	
Poor R Wave progression	_		_
0 No, 1 Yes, 9 Unknown			L

^{* 0=}Anterior, 1=Inferior, 2=Lateral, 3=Anteroseptal, 4=Anterolateral, 5=Inferolateral, 6=Other, 9=Unknown Comments:

Electrocardiogram page 2-2

			Assigned ID:												
									;	SE date	=	./	_/		_
#		 ed	Date	:/Time	test ne	rforme	đ	1							
Hospit		_						_'_	—· —						\neg
Study					1 MR	I. 2 C	<u>.</u> 3=U	ltrasou	nd						\dashv
Result								l Abno							-
								erpreta		-	•				1
Contra	ist used	1?					, 9 Unk								_
Shift							Presen								_
								ation, 9	Unk		•				
Code	side in	first s	pace, l	ocation						in fou	rth spa	ice, siz	e in fif	th spa	ce,
			esion i								_			-	
Lesion	ı(s):														
Side	Loc	Loc	Age	Size	Area	Les	Les	Side	Loc	Loc	Age	Size	Area	Les	Les
			1	1	i										
										Ì					
	<u> </u>	Ì	<u> </u>		1							 			
				i	!	<u> </u>				i	<u> </u>	İ			
	1		!			<u> </u>							1		<u></u>
Side					Age	of Les	sion			L	esion (Les)			
1 Righ	ıt				_	New 01 A-V Malformation									
2 Left					2 Old				0	02 Atrophy					
3 Bila	teral,	4 Mid	line		9 Indeterminate/unknown 03 Calcifications										
Locat	ion (L	oc)							0	04 Congenital Malformation					
01 Fr	ontal				Size	:				05 Craniotomy					
02 Pa	rietal				1 Lacune				06 CVA - hemorrhagic						
03 Te	mporal				2 Small 07 CVA - nonherr							_			
04 Oc	cipital					edium				08 CVA - unknown					
05 AC					4 La	-					09 Cyst				
	sal Gar	_				ffuse				10 Edema					
07 Cerebellum				9 Ui	ıknow	n			11 Foreign bodies 12 Hemorrhage						
08 Hemispheric											_				
09 Internal capsule				Are		44				3 Hydi			.•		
10 MCA					ray ma					4 King 5 Shur		cing le	sion		
11 Medulla					hite m	anter			•	· • • • • • • • • • • • • • • • • • • •	••		no		
12 Midbrain/Pons				3 Bo	oun 'atershe	ad						emator			
13 PCA 14 Periventric/subcortical				8 N		cu			17 Epidural Hematoma 18 Tumor						
15 Sphenoidal/Clivus					nknow	n			18 Tumor 19 White matter disease						
15 Sphenoidal/Clivus 16 Thalamus			, 0		••			97 Uninterpretable							
	tra-axi										8 Othe	_			
	ntricul								•	_	()
	eninge		Sella							9	9 Unk	nown			_ _
	-														

MRI/CT page 1

			Assigned ID:					
U	pper Ext	oked Potential	SE date	:/	/			
					<i>52</i> aa	· — · — —		
Cortical notantial present	0.8	lo, 1 Ye		Left Media	ın Ri	ght Median		
Cortical potential present Subcortical potential prese			s, Jnknown		-+-			
Peripheral potential presen		771, 7	/IIIIO WII		_			
F			Median Resul					
	T,	eft Med	lian Nerve		ight Med	lian Nerve		
Twitch/Stimulus Tw	ritch Thre		Stimulus Intensit			Stimulus In	ensity	
(mamp)					_			
				Left Median	Ric	ght Median		
Erb's Point (EP)				. mse		. msec		
Stationary Cervical (N13/F	013) 0=At	sent, 1=	Present, 9=Unk.					
Lemniscal (P14)	•			mse	c	msec		
Subcortical (N18)				mse	c	msec		
Cortical (N20)				mse	c	msec		
			Median Interpret	ation				
Normal		0 No,	1 Yes, 8 N/A, 9 Un	known			7	
Abnormality consistent wi	th	1=Left, 2=Right, 3=Both]	
,		1=Cer	ntral, 2=Peripheral,	3=Indeterminate				
				Left Ulna	_ 17	inhe I II		
Cortical potential present	0.8	lo, 1 Ye		Left Offia	<u> </u>	Light Ulnar		
Subcortical potential present			Jnknown		 -			
Peripheral potential presen		,,,,,	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,					
- on-pro posterior pre			Ulnar Result					
	ī	eft Ulr	nar Nerve	-	Right III	nar Nerve		
Twitch/Stimulus Tv	vitch Thre		Stimulus Intensi	•				
(mamp)					_			
				Left Ulnar		ight Ulnar		
Erb's Point (EP)	mse	<u> </u>	msec					
Stationary Cervical (N13/								
Lemniscal (P14)		mse		msec				
Subcortical (N18) Cortical (N20)				msc		msec		
Cornent (1420)			Ulnar Interprets		<u> </u>			
Normal		0 No.	1 Yes, 8 N/A, 9 Ur				7	
Abnormality consistent wi	ith	l=Le	ft, 2=Right, 3=Both				1	
		1=Central, 2=Peripheral, 3=Indeterminate						

•	Dundandan A. Jisa D. J. J. D. sa et		d ID:			
	Brainstem Auditory Evoked Potentia					
		Left Ear	Right Ear			
Wave I present Wave III present Wave V present	0 No, 1 Yes, 8 N/A, 9 Unknown					
-	Results					
Click Threshold Latencies (,/sec) at		Left Ear d				
	Central (Brainstem) Function	n				
	·	Left Ear	Right Ear			
Wave I (auditory nerve)		msec	msec			
Wave III (pons)		msec	msec			
Wave V (midbrain)		msec	msec			
	Interpretation:		-			
Normal	0 No, 1 Yes, 8 N/A, 9 Unknown					
Abnormality consistent with	1=Left, 2=Right, 3=Both					
	1=Central, 2=Peripheral, 3=Indeterminate					

Assigned ID:
SE date///
\$ Secondary Cardiac Testing

pg ___ of ___

Use these responses for each test: U=Normal, 1=Abnormal, 8=Not done, 9=Unknown								
Date	//	//	//					
Time	::	:	:					
Echocardiogram:								
TTE								
TEE	_							
SAECG								
HRV	<u> </u>							
Holter								
Stress Test with								
Thallium		l						
MUGA								
Cardiac Cath	<u> </u>	<u> </u>						
Electrophysiology								
Other test								

Cardiac page 1 - 1

APPENDIX B - TABLES AND FIGURES

Table 1. Acute Drug Therapy for Convulsive SE

Initial treatment

- Lorazepam (0.1 mg/kg IV at 2 mg/min) or diazepam (up to 20 mg IV at 2 mg/min)
- If seizures persist, phenytoin (20 mg/kg IV at 50 mg/min) **or** fosphenytoin (20 mg/kg PE IV at 150 mg/min) with cardiac monitoring

For persistent SE (or skip directly to refractory SE treatment)

 Additional phenytoin or fosphenytoin up to a total dose of 30 mg/kg phenytoin or 30 mg PE/kg fosphenytoin

or

• Phenobarbital* (20 mg/kg IV at 50-75 mg/min)

For refractory SE

 Pentobarbital* (3-12 mg/kg IV loading dose followed by infusion of 1-10 mg/kg per hour)

or

• Midazolam* (1.2 mg/kg loading dose followed by infusion of 0.1-2.0 mg/kg per hour)

or

Propofol* (3-5 mg/kg loading dose followed by infusion of 1-15 mg/kg per hour)

or

 Valproic acid (15-25 mg/kg loading dose followed by infusion of 3-6 mg/kg per minute)

SE indicates status epilepticus; IV, intravenous; PE, phenytoin sodium equivalents.

From Waterhouse, E. J. and DeLorenzo, R. J. (2001). Status epilepticus in older patients: epidemiology and treatment options. *Drugs Aging* **18**, 133-42.

^{*}These treatments require ventilatory support, hemodynamic monitoring in an intensive care unit, and electroencephalogram monitoring.

TABLE 2: CHARACTERISTICS OF THE STUDY POPULATION

		FREQUENCY	PERCENT	
AGE	Young	1475	66.4	
	Elderly	745	33.6	
AGE GROUPS				
AGE GROUPS	(0,1)	188	8.5	
	(1-20)	518	23.3	
	(20-34)	185	8.3	
	(34-49)	280	12.6	
	(49-65)	466	21	
	(65-75)	332	15	
	(75+)	251	11.3	
CENIDED				
GENDER	Female	1035	46.6	
	Male	1185	53.4	
SE TYPE GROUPS				
SE I I LE OKOULS	SPS	78	6.1	
	CPS	55	4.3	
	P with 2 Gen	529	41.2	
	Absence	6	0.5	
	Myoclonic	24	1.9	
	Tonic	19	1.5	
	TC	293	22.8	
	Other	14	1.1	
	SPS w LOC	124	9.6	
	Bil In NC	5	0.4	
	Sub/Par	10	0.8	
	Sub/Gen	14	1.1	
	Bil Con	3	0.2	
	Myo/Gen	6	0.5	
	Myo/Foc	1	0.1	
	P/2/Non	4	0.3	
	Part/Non	50	3.9	
	Gen/Non	49	3.8	
	Unknown	1	0.1	
OF TABLE				
SE TYPE	Noncon	138	10.7	
	Other	15	1.2	
	Partial	261	20.3	
	General	871	67.8	
	General	071		
RACE	DI I	1210	57.3	
	Black	1219	57.2	
	White	763 150	35.8	
	Other	130	7.0	
TIME TO TREATMENT				
	<=60	543	47.3	
	>60	604	52.7	
MORTALITY				
	Dead	275	12.4	
	Alive	1945	87.6	
SE ETIOLOGIES				
J. D. HOLOGILG	Hyp/Anox	133	10.4	
	CNS Acu	279	22.0	
	Non CNS	275	21.0	
	Low AED	230	18.0	
	Withdraw	76	5.9	
	WILLIGIAW			
	Remote	233	18.2	

TABLE 3: CRUDE ASSOCIATIONS BETWEEN AGE AND OTHER PREDICTOR VARIABLES

		YOUNG	ELDERLY	OR	95	5% CI
RACE	Black	796	423	1.37	1.04	1.82
	White	523	240	1		
	Other	109	41	0.34	0.135	0.858
GENDER	Female	632	403	1		
	Male	843	342	1.84	1.42	2.38
SE TYPE	Noncon	77	61	0.73	0.22	2.47
	Other	10	5	1.12	0.68	1.85
	Partial	148	113	0.67	0.42	1.05
	General	609	262	1		
ETIOL	Hyp/Anox	67	66	1.16	0.68	2.00
	CNS Acu	149	130	1.48	0.94	2.25
	Non CNS	223	56	0.44	0.28	0.69
	Low AED	162	68	1.00		
	Withdraw	45	31	1.95	1.07	3.55
	Remote	151	82	1.25	0.82	1.92
	Other	43	7	0.35	0.14	0.89
TIME RX	<=60	340	203	1		
	>60	408	196	0.77	0.59	1.02
MORTALITY	Alive	1356	589	1		
	Dead	119	156	3.54	2.53	4.95

TABLE 4: CRUDE ASSOCIATION BETWEEN SE MORTALITY AND PREDICTOR VARIABLES

		MORTALITY		OR	959	% CI
		Alive	Dead			
AGE	Young	1356	119	1		
	Elderly	589	156	3.18	2.33	3.9
GENDER	Female	918	117	1		
	Male	1027	158	1.2	0.94	1.56
RACE	Black	1081	138	1		
	White	635	128	1.6	1.2	2
	Other	141	9	0.5	0.25	1
ETIOLOGY	Hyp/Anox	54	79	18.3	10	33.5
	CNS Acu	200	79	4.9	2.8	8.7
	Non CNS	217	62	3.5	2	6.3
	Low AED	213	17	1		
	Withdraw	69	7	1.3	0.51	3.2
	Remote	206	27	1.6	0.87	3.1
	Other	47	3	0.8	0.23	2.8
SE TYPE	Noncon	85	53	2.3	1.5	3.8
	Other	11	4	1.4	0.43	4.6
	Partial	207	54	1		
	General	708	163	0.88	0.63	1.3
TREAT GRP	<=60	427	469	1		
	>60	116	135	1.1	0.8	1.4

TABLE 5: ADJUSTED OR AND 95% CONFIDENCE INTERVAL

		OR	95.	0% CI
RACE	Black	1		
	White	1.69	1.20	2.38
	Other	1.92	0.77	4.78
GENDER	Female	1		
	Male	0.71	0.51	1.00
ETIOLOGY	Hyp/Anox	22.53	11.13	45.62
	CNS Acu	4.67	2.46	8.85
	Non CNS	6.38	3.29	12.40
	Low AED	1.00		
	Withdraw	1.29	0.49	3.43
	Remote	2.06	1.02	4.18
	Other	2.50	0.64	9.81
SE TYPE	Noncon	1.75	1.05	2.91
	Other	1.62	0.37	6.98
	Partial	1.17	0.77	1.79
	General	1.00		
TIME TRT	<=60	0.78	0.56	1.10
	>60	1.00		
AGE GRP	(0, 1)	1.00		
	(1-20)	0.41	0.17	0.99
	(20-34)	2.67	1.10	6.48
	(34-49)	3.23	1.47	7.09
	(49-65)	3.27	1.57	6.81
	(65-75)	6.10	2.88	12.90
	(75+)	7.79	3.55	17.07

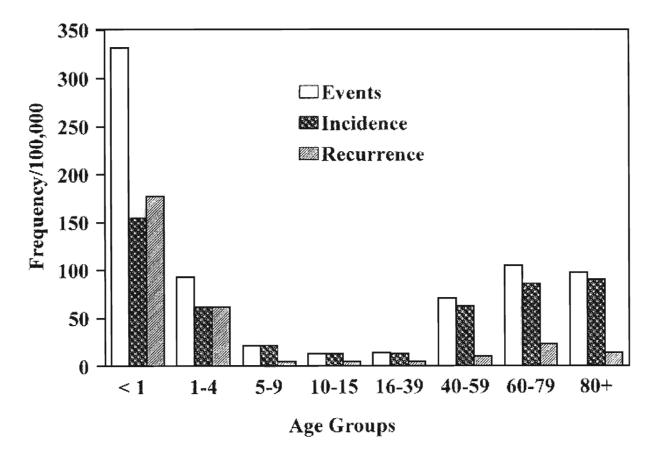
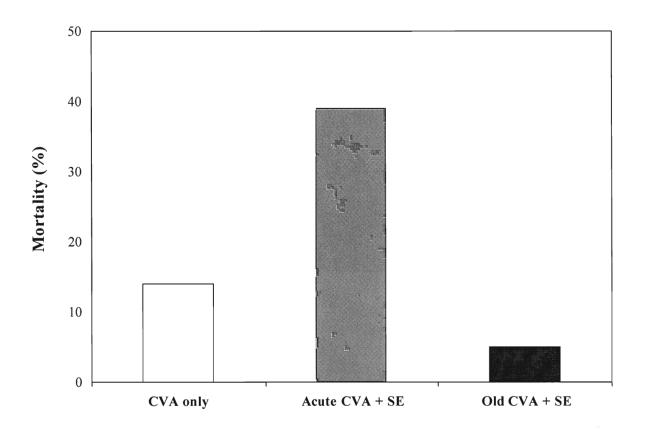


Figure 1. Age-specific distribution of the frequency of status epilepticus (SE) events, the incidence of SE, and the frequency of SE recurrence per year per 100,000 in Richmond, Virginia. The population in each age group was determined from National Census Bureau data on the demographics of Richmond, 1990. Status epilepticus events included all episodes of SE per 100,000 per year. The incidence of SE represents the number of patients that developed SE per 100,000 per year in Richmond and did not include recurrent episodes of SE. From DeLorenzo, R. J., Hauser, W. A., Towne, A. R., Boggs, J. G., Pellock, J. M., Penberthy, L., Garnett, L., Fortner, C. A., and Ko, D. (1996). A prospective, population-based epidemiologic study of status epilepticus in Richmond, Virginia. *Neurology* 46 Issue 4 1029-1035.



SE indicates status epilepticus; CVA, cerebrovascular accident.

Reprinted from Waterhouse, E. J., Vaughan, J. K., Barnes, T. Y., et al. (1998). Synergistic effect of status epilepticus and ischemic brain injury on mortality. *Epilepsy Research* **29** 175-183, (2006).

Gender and Race by Age Category

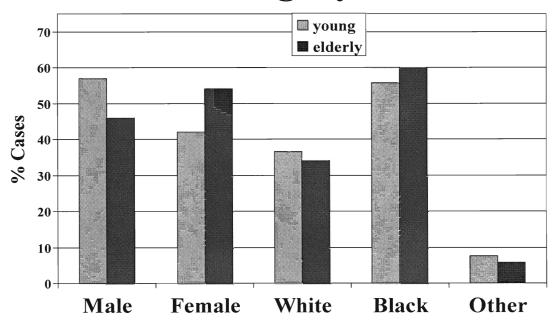
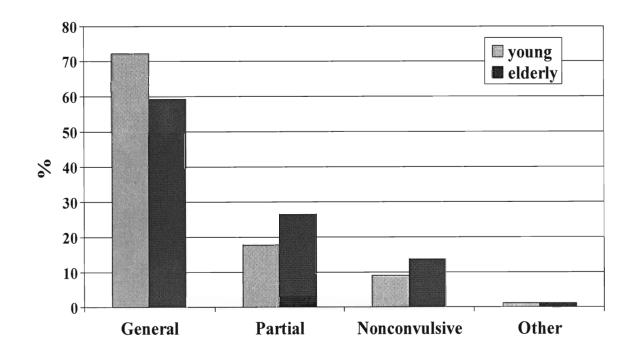


FIGURE 4

SE Type by Age Category



Etiology by Age Category

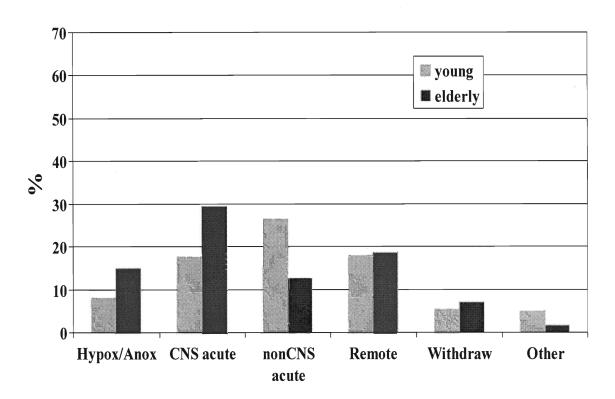


FIGURE 6

Age and Mortality

