sufficient care and family care in elderly care institutions leads to the loneliness of the elderly in elderly care institutions, which leads to depression. Psychological nursing for elderly patients with depression is the most effective way to alleviate the depression of elderly patients with depression, improve the mental health level of elderly patients with depression, and then improve the quality of life of elderly patients with depression. Based on personality psychology, the study proposed that professional nursing should carry out psychological intervention on the elderly in elderly care institutions, so as to effectively alleviate the loneliness of the elderly in elderly care institutions, reduce the prevalence of depression, improve the quality of life of the elderly and promote the harmonious development of society.

Table 1. Loneliness before and after intervention

Grouping	Low degree		Moderate		Severe		UCLA score
	N	%	N	%	N	%	
Before intervention	0	0	8	13.3	52	86.7	60.01±5.93
After intervention	0	0	47	78.7	13	21.7	41.95±3.29
t	-	-	-	-	-	-	8.432
P	-	-	0.001	0.035	0.013	0.001	0.001

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MULTIMEDIA VIDEO ON THE RELIEF OF DEPRESSIVE PSYCHOSIS

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Background: Professional psychological help is one of the ways to improve people's mental diseases, mainly including community health services, psychological counseling and community mental health services. Some studies have pointed out that many people will not seek psychological treatment when suffering from mental diseases, especially college students have the most demand for psychological help, but very few students can actively seek psychological help, which is a common phenomenon at home and abroad. This kind of college students who are unwilling to seek professional psychological treatment will cause greater economic and pressure burden to individuals, families and society. In order to improve college students' help seeking for mental diseases, scholars have proposed two intervention methods: educational intervention and contact intervention. Among them, contact intervention refers to the communication between patients with mental diseases and the public, mainly in the form of personal statement, which is composed of personal statements made by patients who have suffered from mental diseases and are in the rehabilitation period. The intervention method selected in this study was multimedia video contact, and detailed psychological diseases and professional help seeking, to explore the attitude of depression patients seeking treatment after multimedia video contact.

Objective: To improve the help seeking attitude of patients with depression and their families towards psychiatrists, so that patients can get timely treatment, so as to make effective use of health care services and reduce the pressure of counselors. For the patient's family, it can not only avoid the occurrence of tragedy, but also reduce the spiritual and economic burden. The purpose of this study was to explore the ways to alleviate depressive psychosis through multimedia video contact.

Subjects and methods: 220 college students with depressive psychosis were randomly selected, including 116 girls and 104 boys. According to the equal group matching control variable method, the college students were divided into experimental group and control group, including 50 boys and 62 girls in the experimental group, 54 boys and 54 girls in the control group.

Study design: The experimental group was given to watch the experimental video, including the symptoms of depression, the process of seeking help, treatment experience, rehabilitation process and the feeling of the disease; The control group was given music related videos, which had nothing to do with psychology, depression and other psychiatric contents. One week after the intervention, the depression of the two groups of college students before and after the intervention were compared. The intervention scale mainly used Beck Depression Scale, attitude questionnaire for seeking professional psychological help, social tolerance questionnaire of psychological help seeking behavior, and core dimension questionnaire of view of mental illness to judge the depression status of college students before and after the intervention of multimedia video contact method.

Methods: The relevant data were calculated and counted by Excel software, SPSS 17.0 software and

process plug-in.

Results: After the intervention, independent sample t-test was performed for the two groups. The results showed that the score of help seeking attitude in the experimental group was significantly higher than that in the control group ($P < 0.05$); There was no significant difference in social recognition between the two groups ($P > 0.05$). The overall worse degree of the experimental group in the core dimension was significantly higher than that of the control group ($P < 0.05$); The score of the experimental group was significantly lower than that of the control group ($P < 0.05$). There was no significant difference in other dimensions between the two groups ($P > 0.05$). See Table 1.

Table 1. Intervention effect of frequent contact on help seeking attitude, social recognition and core dimensions

	Experience group	Control group	t	P
Total score of help seeking attitude	99.95±11.69	99.96±10.88	-0.01	0.99
Total score of social recognition	72.20±14.19	75.74±14.92	-1.28	0.2
Overall bad	2.84±1.11	2.78±1.17	0.28	0.78
Serious individual impact	3.77±0.87	3.61±1.02	0.87	0.39
Difficult to handle	3.89±0.62	3.91±0.68	-0.12	0.91
Predictable behavior	3.21±1.02	2.98±1.14	1.13	0.26
Serious social harm	2.73±0.67	2.57±0.88	1.05	0.30
Acting weird	3.45±0.76	3.31±0.82	0.87	0.39
The reason is controllable	3.63±0.84	3.63±0.83	-0.03	0.98
The reason is difficult to understand	2.27±0.92	2.46±0.84	-1.16	0.25

Conclusions: Multimedia video contact method can effectively improve the treatment attitude of patients with depressive psychosis, improve the cognitive evaluation of the overall deterioration of symptoms, and improve the understanding of etiology. The dimensions of social recognition, predictable behavior and difficult to understand causes can also significantly improve the treatment help seeking attitude of patients. Social acceptance is not an intermediary variable between contact intervention and psychotherapy help seeking attitude, while the difficult to understand dimension in the core dimension of the concept of mental illness is an intermediary variable between contact intervention and psychotherapy help seeking attitude.

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RESEARCH ON CREDIBILITY EVALUATION TECHNOLOGY OF ELECTRONIC INFORMATION SYSTEM BASED ON USER BEHAVIOR DISORDER

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Background: Behavioral disorder refers to the obvious abnormality of individual behavioral activities, which is the result of various psychological process disorders. There are many causes of college students' behavior disorders. According to the performance of patients, they are generally divided into psychomotor inhibition and psychomotor excitement. According to the performance of patients, they are generally divided into psychomotor inhibition and psychomotor excitement. Psychomotor excitement also refers to behavioral excitement. Patients generally show an increase in behavior and action; Psychomotor inhibition refers to a significant reduction in patients' actions and behaviors. Behavioral disorders will affect the daily work and life of patients, such as the credibility evaluation of electronic information systems by staff in the computer field. Therefore, finding an appropriate credibility evaluation technology of electronic information system is of great significance to staff with behavioral disorders.

With the development of science and technology and the popularization of computer information technology and Internet technology, the application of electronic information system is becoming more and more extensive. The scale of electronic information system is also increasing and the complexity is becoming higher and higher. Coupled with the dynamic and open characteristics of the application environment, electronic information system plays an important role in all walks of life. Through electronic information system, all industries can realize automation and intelligence, such as rocket launch control in