



Figure 1. Correlation between students' learning anxiety and students' physical health

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A COMPARATIVE STUDY OF ANTI-JAPANESE LITERATURE FROM THE PERSPECTIVE OF CHINESE AND KOREAN IDENTITY PSYCHOLOGY

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Background: In the 1930s, Japan launched aggressive wars against China, North Korea and South Korea, which also made the three countries have close history and memory during that time. In the process of the war of resistance against Japan, it reflected the rebellious spirit of the people of the three countries, and countless heroic stories emerged, thus showing the lofty national integrity and patriotism of the people of the three countries. It has also become a precious wealth to inspire the national spirit and stimulate the patriotism of the young generation. At the same time, the Anti-Japanese War literature, which recorded a large number of this history and stories in history, also came into being. Anti-Japanese War literature is a literary theme to record the history of the war, reflect the cruelty of the war and the people's confusion, fear and pain under the background of the comprehensive war of resistance against Japan. With the passage of time and the development of history, the appearance of Anti-Japanese war narrative has been supplemented by the existence of Anti-Japanese War literature, and then has more rich and full information. After an in-depth study of the previous Sino Korean Anti-Japanese War literature, some scholars found that in the continuous development and intersection of Anti-Japanese War literature, Sino Korean Anti-Japanese War literature formed the same Anti-Japanese war narrative theme. The similarities between Chinese and Korean Anti-Japanese War literature are not only reflected in the specific writing characteristics, but also reflected in the Anti-Japanese War literature of the two countries, which reflects the times and political sociality of that special period. For example, the themes of national Anti-Japanese War, leader Anti-Japanese War and revolutionary Anti-Japanese War shared by China and South Korea clearly reflect the times and political sociality. In addition, Chinese and Korean Anti-Japanese War literature also has heroic Anti-Japanese War, Anti-Japanese War pain and other types of works, but in these works, the Anti-Japanese War literary works of the two countries have different writing characteristics, and new changes continue to appear in the process of the development and growth of Anti-Japanese war literature. In addition, the social and political environment of the two countries is constantly changing, and both China and South Korea are facing the problem of historical restoration. Therefore, the Anti-Japanese War literary works with the theme of historical restoration continue to emerge in both countries, which further enriches the face of the Anti-Japanese war narrative and further deeply reflects the profound relationship between the theme of Anti-Japanese War literature and the times. Therefore, the comparison of Chinese and Korean Anti-Japanese War literature can not only deepen the historical spirit of Anti-Japanese War narration, but also strengthen the complementary and mutual understanding of the two peoples on the cognition of the

Anti-Japanese war.

Cognitive psychology is an important school of contemporary psychological research. It explains how people deal with information in cognitive activities. The basic principles of cognitive psychology mainly include five points: emphasizing the principles of structure and organization in the process of cognition. Emphasize the internal process, that is, the processing of symbol information; Emphasize the driving role of ideas. Emphasize the role of cognitive feedback. Emphasize the individual differences of cognitive style. Based on cognitive psychology, the research adopts relevant theories and methods such as thematic science, literary therapeutics and literary psychology, combined with the interaction between the text and historical context of Sino Korean Anti-Japanese War literature, discusses the similarities and differences of Sino Korean Anti-Japanese War literature, deepens the historical spirit of Anti-Japanese war narrative, and strengthens the complementary and mutual understanding of the two peoples on the cognitive issues of Anti-Japanese war.

Objective: Based on cognitive psychology, using relevant theories and methods such as thematic science, literary therapeutics and literary psychology, combined with the interaction between the text and historical context of Sino Korean Anti-Japanese War literature, to explore the similarities and differences of Sino Korean Anti-Japanese War literature, deepen the historical spirit of Anti-Japanese war narrative, and strengthen the complementary and mutual understanding of the two peoples on the cognitive issues of Anti-Japanese war.

Research objects and methods: 190 Anti-Japanese War literature lovers from China and South Korea were selected as the research objects, and a questionnaire was sent out in the form of Internet mail to investigate the views of Anti-Japanese War literature lovers on the Anti-Japanese War literature of the two countries.

Research design: Using the scores of literary lovers of the two countries on various items in the questionnaire to compare the similarities and differences of Anti-Japanese War literature between the two countries. The score of each item is 1 - 5. The higher the score, the higher the degree of similarity.

Methods: The relevant data were calculated, processed and analyzed by software SPSS 23.0.

Results: Through calculation and statistics of the results of the questionnaire, it is found that the lovers of Anti-Japanese War Literature in China and South Korea believe that the similarity of Anti-Japanese War Literature in the two countries is high, while the similarity of topics such as revolutionary growth and heroism is low, as shown in Table 1.

Table 1. Similarities and differences between Chinese and Korean Anti-Japanese War Literature

Timing	Communication ability score		t	P
	Research Group	Control group		
Before teaching	57.1±10.2	56.4±11.1	0.246	0.752
After Teaching	85.3±8.4	57.9±12.4	8.572	0.001
t	8.72	0.453	-	-
P	0.001	0.654	-	-

Conclusions: In the continuous development and intersection of Anti-Japanese War literature, Chinese and Korean Anti-Japanese War literature has formed the same Anti-Japanese war narrative theme. Based on cognitive psychology, the research adopts relevant theories and methods such as thematic science, literary therapeutics and literary psychology, combined with the interaction between the text and historical context of Sino Korean Anti-Japanese War literature, discusses the similarities and differences of Sino Korean Anti-Japanese War literature, deepens the historical spirit of Anti-Japanese war narrative, and strengthens the complementary and mutual understanding of the two peoples on the cognitive issues of Anti-Japanese war.

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ANALYSIS ON THE EFFECT OF PROFESSIONAL NURSING ON RELIEVING THE