Conclusions: Research shows that music intervention therapy plays a positive role in alleviating herdsmen's psychological problems. Mongolian Chinese bilingual grassland songs not only alleviate the language barriers of herdsmen, but also alleviate the psychological emotions of herdsmen, so as to protect and inherit the excellent national traditional culture.

* * * * *

RESEARCH ON THE COLLABORATIVE EDUCATION STRATEGY OF IDEOLOGICAL AND POLITICAL EDUCATION FOR LEARNING-ANXIOUS STUDENTS

Weitao Xu, Yi Zhang, Xuanbo Shen, Jianwu Hao, Yun Zhang & Xia Lv

Department of Science and Technology, Shaanxi University of Science and Technology, Xi'an 710021, China

Background: In the curriculum system of colleges and universities, knowledge, skills, literacy and other levels, but "virtue" has always been at the core position, "Lide Shuren" has been the foundation of colleges and universities. Only by doing ideological and political education work well, can we cultivate excellent talents who meet the needs of the times and can fully play the role of "teaching and educating people". However, ideological and political education is closely related to people's ideological activities and psychological activities, which determines that it can only be a systematic work, which must run through the whole teaching process and curriculum system, so as to gradually show the important role of ideological and political education in cultivating, molding and perfecting talents. As the main carrier of ideological and political education and even the whole education system, the curriculum system of colleges and universities should meet the needs of the growth and development of talents. Only in this way can we really shoulder the important mission of "establishing virtue and building people".

Objective: Build college courses with CPPCC education mechanism, is every course, should be around the "education" of the overall goal, at the same time combining the characteristics of the course content and presentation, the overall goal reasonable division of labor and configuration, establish a mutual coordination, mutual linkage mechanism, form force, work together on the ideological and political teaching results.

Subjects and methods: Psychology has a positive guiding role in the course of ideological and political teaching reform in college courses and can help students establish correct values and learning views. This paper mainly analyzes the application value of educational psychology from the ideological and political teaching reform measures. By establishing the concept of "student-oriented" education and teaching, strengthening the cultivation of teachers' personal quality and skills, the establishment of the education and teaching information feedback mechanism of ideological and political theory course and pay attention to the ideological and political course education and teaching process, multi-aspects evaluation of students and other four aspects. Three universities were randomly selected as research subjects to issue questionnaires to their students to statistics the results of ideological and political teaching reform of the curriculum.

Study design: The 500 students were surveyed using stratified cluster random sampling methods. A total of 500 students were randomly selected for the questionnaire with unlimited age, gender and major. Fifty hundred questionnaires were issued and 466 valid questionnaires were recovered.

Methods: Excel is used to count the learning-anxious students of all ages who receive ideological and political education in college courses to analyze the results of ideological and political education reform in the curriculum.

Results: In the actual teaching work, we should firmly carry out the teaching idea of taking students as the center, start from the students' psychology, fully stimulate the students' initiative and creativity in learning, so as to realize the resonance with the students' thoughts and consciousness in the process of ideological and political teaching, fully stimulate the students' interest in learning, relieve the students' anxiety and better carry out the ideological and political teaching. Ideological and political course teachers treat ideological and political course teaching as a major course by changing the traditional formal concept of ideological and political course teaching to arouse students' enthusiasm. Through a variety of ways to discuss with students, timely understanding of students' minds and learning activities of the existing problems, the implementation of guidance for students, in the late education to improve. Attach importance to the evaluation of fairness and hardness indicators, give students unqualified evaluation, promote the importance of education and education of students, standardization.

The results of the survey, using 1-5 quantitative influence value of specific factors, 1 indicates irrelevant, 2 indicates slight influence, 3 indicates general influence, 4 indicates obvious influence and 5 indicates full influence. In order to reduce the large subjective error of individuals in the assessment, 500 students took the average to rounding the results. The specific statistical table is shown in Table 1.

Table 1. Content of ideological and political teaching reform of education psychology to higher vocational colleges

Content	University 1	University 2	University 3
Establish the concept of collaborative education	4	4	5
The assessment mechanism pays practical results	4	5	5
Teachers' personal quality and skills training	4	5	4

Conclusions: With the increasing social pressure, the anxiety of college students is becoming more and more serious. It is one of the important tasks of ideological and political education in colleges and universities to carry out psychological research on college students and explore the law of psychological change. But the traditional research on mental health education is not enough for students with mental disorders and neglects to pay attention to the common anxiety of college students. However, in reality, there are some misunderstandings about anxiety, which leads to the difficulty in dredging and adjusting the anxiety of college students, such as depression, fear, neurasthenia and even anxiety. It is found that under the background of ideological and political education, ideological and political education is beneficial to alleviate students' anxiety and provide new ideas for psychological counseling.

* * * * *

THE APPLICATION OF THINKING LOGIC BARRIER ANALYSIS IN COMPUTER TEACHING COURSE OPTIMIZATION

Lijuan Zhang

Department of Information Engineering, Inner Mongolia Vocational College of Chemical Engineering, Hohhot 010070, China

Background: At present, the etiology of many psychoses has not been clarified, especially the etiology of some common psychoses such as schizophrenia is still in the exploratory stage, so it is still difficult to diagnose completely from the etiology of psychosis. We must start with phenomenology and diagnose with the clinical phenomenological characteristics of psychosis. Thinking logic and thinking process are important manifestations of a person's mental activities. Therefore, it is very important to explore the disorder of thinking logic for the diagnosis of psychosis. In a broad sense, computational thinking is an extension of human mathematical ability. In the application of Internet, it refers to the understanding of computer logic by human brain. In the Internet environment, computational thinking refers to the understanding of computer logic by human brain. The basic operation model of the computer is binary mathematics model, and its logic is not complicated, but because the operation ability of the computer is very strong, so the simple operation logic is gradually constructed into the three-dimensional data model through the complex superposition. At the same time in this space, there is a huge computing potential, through the effective mining, human beings will be in many fields of unprecedented solutions. In today's society, the rapid development of information technology, with strong computational thinking can make students work ability to improve rapidly. Therefore, colleges and universities should strengthen the cultivation of students' computational thinking in teaching.

The development of computational thinking can be roughly divided into three stages. First, in the early stages of computer development, scientists led by Turing used binary computational models as the thinking models of computers. So, the user only needs to set the calculation formula or the program in the computer, may realize the man-machine union. The computational thinking in this period mainly focused on the rational use of computer computing power. Secondly, after entering the Internet era, complex information and data gradually constitute the data space, the computer has the ability to simulate human thinking, by