

training. At the development stage of higher education, how to get rid of the misunderstanding of the homogeneity of the goal and the unification of the mode of talent training and construct the mode of talent training to meet the needs of the economic and social development and the actual situation of running a school has become the key issue of deepening the reform of education and teaching in colleges and universities. The “talent training mode” is composed of two basic concepts of “talent training” and “mode”. First, the concept and meaning of “talent training” and “mode” should be clarified.

Objective: With the progress of society, people’s concept of thinking is also changing with the needs of society. The idea of training dance talents should be changed from the old idea of training and education by oral instruction to the idea of training and education in the new era. Doing education is for students, of course, students are also the final place of education. Today’s education pays more attention to students’ mental health. Dance education is not for the purpose of completing one’s studies. While teaching dance, more attention is paid to the cultivation of students’ psychology, wisdom and practice. Moreover, in dance higher education, we should attach importance to students’ autonomy and independent thinking, cultivate enough interest in learning, stimulate students’ learning motivation, and enable students to study voluntarily and from their own intentions.

Subjects and methods: Under the background of strengthening the education for all-around development and the cultivation of talents’ comprehensive ability, the dance education is naturally required to be newer and higher. It has become one of the main tasks of dance education in recent years to improve teaching quality, improve students’ quality and cultivate dance talents who meet the needs of the times and society. Nowadays, the reform of educational system and the transformation of educational concepts have become the topics of great concern in the field of education. Nowadays, the mental health problem of middle school students is paid much attention. This paper studies the influence of the reform of higher dance education and talent training based on educational psychology.

Study design: Randomly selected 100 dance majors (20.06 ± 1.28) years old, 32 boys and 68 girls as subjects. Before the experiment, 50 students in each group were divided into experimental group and control group on average according to their academic achievements and psychological assessment scores. Under the intervention of educational psychology, the experimental group underwent advanced dance education, followed up students’ classroom performance and psychological dynamics in real time, and took tests regularly. The control group received traditional dance education. The experiment lasted for 3 months. The progress of the two groups of students before and after the experiment was analyzed by counting and comparing the scores of the two groups.

Methods: Results were obtained using SPSS 20.0 software and Excel 2003 statistics.

Results: The results of the students before and after the experiment of the two groups were counted. In order to reduce the large subjective error in the assessment, the two groups scored the average and rounded the results, and the specific results are shown in Table 1.

Table 1. The scores of the students in both groups

Group		Mean value
Experimental group	Before the experiment	7.1406
	After the experiment	7.8964
Control group	Before the experiment	7.1382
	After the experiment	7.1391

The score comparison shows that the students’ performance has improved significantly based on the perspective of educational psychology.

Conclusions: The development of dance education will not stop, because innovation is endless. The status and influence of dance education in the quality education of the whole people are gradually important. There is no doubt that the status of dance education there are still many problems, waiting for us to do a lot of efforts. Today, with the coexistence of opportunity and challenge, it is an urgent task to improve the quality and quality of dance education talents and to cultivate “senior professionals” with innovative spirit and practical ability.

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EXPLORATION OF IDEOLOGICAL AND POLITICAL TEACHING REFORM IN COLLEGE PE CURRICULUM FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

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Background: As an innovative idea of implementing Lide and Shuren in colleges and universities in the new era, “curriculum politics” is an important link and embodiment of promoting “Three Wholes Education”. Every college teacher is duty-bound to play the role of classroom education as the main channel and improve the quality of curriculum education. College public physical education course is one of the most needed courses for college students. It can not only improve the physical level and health level of college students, but also help college students form lifelong physical awareness and strong will quality. But at present, affected by competitive sports and achievements, schools and students pay more attention to sports skills than to the effect of moral education in sports, which does not meet the requirements of modern comprehensive education. Once the idea of curriculum thinking and politics is put forward, many people pay attention to it, which can effectively achieve the goal of educating people in public physical education. Ideological and political education in colleges and universities aims at training socialist successors for the country, paying attention to the cultivation of socialist core values of students, helping students to define correct outlook on life and values, educating students to study Marxism correctly, and gradually forming correct habits of behavior. However, in most colleges and universities, no matter what the major or course is, the ideological and political education remains superficial and just a mere formality, and there is a social disconnect in the actual educational content, which makes it difficult to attract the attention of college students, so that college students do not like learning ideological and political content very much.

Educational psychology is the study of human learning, the effect of educational intervention, the psychology of teaching, and the social psychology organized by schools. The focus of educational psychology is the application of psychological theories or research to education. Educational psychology can be used to design courses, improve teaching methods, motivate students to learn, and help them cope with the difficulties and challenges of growing up.

Objective: Nowadays, the rapid development of modern information network technology has led the rapid development of society. In Internet blessings below, the speed that knowledge updates are faster and faster also. Nowadays, most of the channels for college students to obtain knowledge are the Internet and the media, from which they naturally absorb the good and bad parts, and some western countries or bad forces penetrate the consciousness through the Internet and the media. But the college students who are in the period of establishing their world outlook and values are easily affected, and then they have some value puzzlement or wrong thinking. Because of this, it has become one of the most significant educational issues to carry out psychological education for college students.

Subjects and methods: Modern public physical education curriculum is not only to help students to exercise their body, but also include various rules and regulations of physical education. It can not only enhance the physical ability, but also help students to develop certain sports skills, cultivate students’ morality and intelligence, and promote students’ physical and mental health. Mainly reflected in the following aspects: (1) Students in sports training, will overcome many physical difficulties, enhance the students’ will. (2) Sports have obvious competitive characteristics, and students’ consciousness of competition and the spirit of unity and cooperation can be cultivated through sports competitions. (3) Sports has strict rules and regulations and competition rules. When participating in various sports competitions, students need to actively abide by the rules and compete fairly, which can help students to establish correct values. The practical ways of the integration of public P. E. into the curriculum are to establish the evaluation system of public P. E. curriculum, to improve the quality of public P. E. teachers. This research mainly carries on the analysis from above three aspects.

Study design: Randomly selected 200 college students to carry out a questionnaire survey, professional unlimited, gender unlimited, age 20-26 years old. A total of 200 questionnaires were distributed, 189 questionnaires were retrieved and 184 were valid.

Methods: The influence of ideological and political education reform in college physical education curriculum from the perspective of Excel statistical educational psychology.

Results: The results of this survey use the influence values of 1 to 5 grades and specific quantitative factors, 1 indicating irrelevance, 2 indicating slight influence, 3 indicating general influence, 4 indicating obvious influence, and 5 indicating full influence. In order to reduce the great error caused by individual subjectivity in the evaluation, the evaluation values of 200 students are adopted and the average values are obtained by rounding off the results. The specific statistical table is shown in Table 1.

Conclusions: The core of the course is to integrate the goal of ideological and political education into the public physical education, and to realize the real goal of “educating people” through physical education. Under the interference of educational psychology, college and PE teachers should make clear their own goals, explore actively, enrich and innovate the existing teaching contents and methods, construct the ideological and political system of public PE curriculum with the goal of all-round education and continuous

infiltration, and continuously promote the development of the ideological and political system of public PE curriculum.

Table 1. Influence of ideological and political teaching reform in college physical education from the perspective of educational psychology

Content	Creation system	Enhance ideological and political literacy	High level design course
Student	4	5	4

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NEW MODE SELECTION AND REALIZATION OF THE COOPERATIVE EDUCATION IN THE CONTEXT OF SOCIAL PSYCHOLOGY

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Background: Through many years of exploration and practice, China has made a great breakthrough in the present mode of industry-university-research cooperation education, which not only effectively solves the difficult educational problem of students' employment, but also promotes the all-round development of students, effectively promotes the teaching level of college majors, and is of great significance to students' study, future career choice and career planning. At present, the mode of industry-university-research cooperative education is widely used in our country, and its basic characteristics are as follows: (1) The transformation of the goal of talent training, the mode of industry-university-research cooperative education embodies comprehensive quality education, attaches importance to the cultivation of students' practice, application and innovation ability, and aims at promoting students' comprehensive development. (2) The specific program of talent training is not determined unilaterally by colleges, but formulated jointly by colleges and enterprises, so that the mode of education of industry-university-research can not only meet the educational requirements of colleges, but also meet the positioning and demand of enterprises for talents, and schools and enterprises jointly undertake the task of talent training, and run the actual educational demand and the actual demand of enterprises throughout the whole learning process of students. (3) Adhering to the principle of "work-study alternation and two-way participation", students can fully develop in the learning process, and can fully develop in both theoretical courses and practical courses. (4) The mode of education cooperation combines "teaching, learning and doing", pays attention to the educational demand and characteristics of professional courses, and is conducive to students' experiential learning.

Objective: Social psychology refers to the study of the psychological and behavioral development and changes of individuals and groups in social interactions. Social psychology explores interpersonal relationships at the individual and social group levels. Individual socialization process, communication, speech development, partners, family and living environment, and the influence of school on individuals are studied at the individual level. At the level of social groups, the study includes: group communication structure, group norms, attitudes, racial prejudice, aggression, customs and culture.

Subjects and methods: The cooperative education mode of production, study and research in colleges and universities includes technology cooperation mode, union mode and integration mode. Applying social psychology, through the paid transfer of the scientific research achievements of colleges and universities, can not only promote the productivity of enterprises, but also put the scientific research achievements into the development and production of enterprises, and at the same time, enterprises also give scientific research funds to schools to achieve a win-win situation and promote social development. The joint mode is a kind of educational mode of deep cooperation between enterprises and colleges and universities, in which colleges and enterprises jointly invest to establish joint-stock enterprises. The advantage of this model is that universities and enterprises are closely linked in material benefits, which can be said to be a model of deep cooperation to eliminate the doubts of both sides and meet their social and psychological needs. Integration mode is one of the most important modes in the cooperative education mode of production, study and research in colleges and universities, which means that after the success of research on a certain achievement, colleges and universities directly cooperate with enterprises in the society to provide technical services for enterprises, and gradually expand the scale and establish an enterprise group in the future development. The advantage of this mode is that the technology or products developed by colleges and universities can be transformed into commodities in the future market, and the technology or products with high investment rate and high return can be transformed into supporting products quickly. Thus, the