on the socialization of language of minority nationalities students, mainly probing into the relationship between second language acquisition and the acquisition of mother tongue, mother culture and second culture from the perspective of socialization. (4) The study of the psychological mechanism of bilingual teaching and bilingual learning should not be confined to the individual cognitive level, but also strengthen the investigation of its sociocultural level, such as bilingual learning attitude, teacher-student interaction and cultural adaptation in bilingual classroom teaching. The research of psychology not only has important enlightenment to the theory and practice of language education, but also provides a new research path for language education research. Therefore, we should introduce psychological theory and research methods into the study of language education in the future, and then provide theoretical guidance for our language education practice.

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## STUDY ON THE IMPACT OF PSYCHOLOGICAL CONSULTATION ON IDEOLOGICAL AND POLITICAL EDUCATION IN COLLEGES AND UNIVERSITIES

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Background: College ideological and political educators should grasp the law of life, study and growth of college students. Only by grasping the relevant psychological knowledge, can they establish a long-term and stable relationship with students and "walk into" students' hearts. General Secretary Xi Jinping, in his report to the 19th National Congress of the CPC, proposed to strengthen the construction of the social and psychological service system and cultivate a self-esteem, self-confidence, rational and peaceful, positive social mentality. Mental health work is an important part of "healthy China". Psychological counseling skills have great value in ideological and political education in colleges and universities.

Developmental psychology holds that the physical and mental development of college students is in the adolescence of individual development, which is a period of physiological maturity and psychological maturity. They want to be independent, but they can't completely wean themselves off. They see themselves as different fireworks, and they want to win the respect of everyone, especially their teachers. And respect, teachers in the value, dignity, personality and other aspects of equality with students, the students as an independent thoughts and feelings, inner experience, life pursuit of the living individual to treat. Whether the teacher really respects the students, the students can experience and feel it. Every time a teacher respects a student, he or she may create a safe and warm atmosphere to open his or her heart, to express himself or herself, to inspire his or her self-esteem and self- confidence, to develop his or her potential and to enable him or her to change himself or herself.

**Objective:** The so-called psychological counseling, in essence, refers to the use of psychology, the psychological problems of the inquirer to provide assistance process. In a broad sense, counseling includes psychotherapy and counseling, while in a narrow sense, counseling does not include psychological testing, psychotherapy and testing. The main task of psychological counseling is to promote the growth and help the seekers to develop their greatest potential. The main objects of psychological counseling are generally the healthy people or the people with mental problems.

Subjects and methods: From the view of educational aim, psychological consultation and ideological and political education complement and promote each other. Although there are many differences between the two subjects in specific educational methods, the contents of education permeate and influence each other. Since ideological problems and psychological problems can interact and transform each other, keeping a healthy state of mind and keeping a sound personality are beneficial to the cultivation of college students' ideology and moral character. Correct outlook on life, world outlook and values can also guide the formation of good psychological quality, which is conducive to the improvement of college students' psychological quality. On the contrary, such as psychological problems caused by suicide, dropout and so on, will also bring difficulties to ideological and political education. Modern education has put forward three requirements for ideological and political education in colleges and universities, namely, ideological education, psychological education and behavioral education. Psychological counseling can help college students to solve psychological barriers, make them more positive, sunny attitude into college education, ideological and political education work has a certain role in promoting. Therefore, this study analyzes the impact of psychological counseling on college ideological and political education.

**Study design:** A total of 500 college students were randomly selected and randomly divided into experimental group and control group, 250 in each group. Under the influence of psychological counseling, the experimental group conducted ideological and political education, followed students' psychological dynamics in real time, and adjusted the teaching content. The control group received traditional ideological and political education. The experiment lasted for 3 months. Two groups of students' satisfactions were tested before and after the experiment. Results of statistics using SPSS 20.0 software.

Results: The satisfaction of both groups was counted and the specific results are shown in Table 1.

**Table 1.** Provides statistics on the satisfaction of the students in both groups

Group	Unsatisfied	Commonly	Basically satisfied	Satisfy
Experimental group	0	54	71	125
Control group	42	130	47	31

The survey shows that ideological and political education based on psychological counseling colleges is more popular among students. Psychological counseling technology has a strong educational guidance characteristic.

Conclusions: University stage can be said to be the transition period during which students grow from natural person to social person. College students have strong self-consciousness, demand equality and independence. In order to build a harmonious campus and help students become useful, as the counselors of the ideological and political educators, we need to learn more psychological knowledge, get along well with students and grow together. It is necessary to explore psychological counseling skills: the application value of respect, sincerity, empathy and positive concern in the ideological and political education of colleges and universities.

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## APPLICATION OF BASIC PIANO COURSE IN CHORUS TEACHING UNDER THE VISION OF EDUCATIONAL PSYCHOLOGY

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Background: In the process of children's chorus education, music educational psychology plays a vital role in studying students' personal development habits, psychological changes and behavioral characteristics. At the same time, it is an important measure to integrate the characteristics of children's chorus education and teaching, which can effectively promote the development of children's chorus education and teaching. However, from the reality of the development of children's chorus education and teaching is still subject to a lot of external factors, from our country's children's chorus teaching development is not optimistic. Therefore, it is of great importance to analyze the current teaching situation and control the psychological characteristics of the teachers and the students by using the principles of music education psychology. As a teacher, we should fully understand the students and be good at discovering the different personalities and psychology of students according to their external performance and behavior habits. In the teaching of children's chorus, through the expression of the students, action characteristics of their knowledge to be analyzed, and then found that they encounter in the learning process of confusion, and then the problems encountered in the classroom to do a good job in advance. Therefore, as a teacher of children's chorus music, we should have this special predictive psychological strategy, in order to give full play to their ability to predict in education and teaching, and then control their teaching quality.

With the continuous development of society, people's life is getting better and better, and the understanding, pursuit and enjoyment of art are deepening, unconsciously art has penetrated into every corner of our lives. Teachers are required to have comprehensive knowledge and creative thinking in music