

yield score and avoidance score. To sum up, psychotherapy can effectively reduce the degree of depression of infertile patients and improve their coping styles.

Acknowledgement: The research is supported by: Teaching research project of Hubei University of Medicine, China, Taking the female reproductive system as an example to explore the application of OSBCM combined with CBL teaching mode in medical imaging teaching, (No: YHJ201929).

* * * * *

TEACHING METHOD OF IDEOLOGICAL AND POLITICAL COMBINATION IN COLLEGE ENGLISH COURSE UNDER SOCIAL PSYCHIATRY

Peiting Wang, Jiaxin Li & Fei Zhao

Hebei University of Architecture, Department of Foreign Languages, Zhangjiakou 075000, China

Background: Psychiatry is an important part of modern medical science. It mainly studies the etiology, symptom characteristics, clinical counseling, clinical diagnosis, treatment and rehabilitation, social management, forensic appraisal and grade evaluation of mental disorders. Modern psychiatry includes a variety of psychiatric, neurological, psychosomatic or concomitant psychosomatic disorders, communication adaptation disorders, personality disorders, sexual and psychological deviations, and the diagnosis, treatment and correction of a wide range of intellectual or moral developmental disorders in children. Therefore, ideological education is very important. The construction of “curriculum politics” in colleges and universities is an effective way to carry out the fundamental task of establishing morality and cultivating people. College English course is an important part of humanistic education in colleges and universities, which has both instrumental and humanistic features. Its teaching materials provide good materials for ideological and political education. Colleges and universities are important positions of ideological and political education. Carrying out extensive and effective ideological and political education is conducive to improving the ideological and political quality and moral quality of college students, and reserving excellent talents for our socialist modernization and comprehensive national strength. Curriculum politics is an innovative idea of higher education in our country in the new era. It breaks the bondage of traditional teaching carrier and teaching content, and provides a synergistic effect channel for ideological and political education by creating an all-around pattern of education for all staff, all the way and all the aspects, and makes due contribution to the fulfillment of the basic task of educating and cultivating people. College English course is an important part of humanistic education in colleges and universities, which is both instrumental and humanistic. As a public compulsory course, college English covers a wide range of subjects, such as linguistics, humanities and social sciences. It represents the conflict and collision between Chinese and Western cultures and values, and is of great help to the ideological and political construction of the course. There is a good theoretical basis for the implementation of “curriculum ideological and political education” in college English courses, which can effectively help students set up socialist core values and cultivate successors for China’s socialist construction. College English teachers can carry out systematic ideological and political education through the reform of teaching objectives, teaching methods, teaching contents and assessment methods, combine the comprehensive quality of humanities with the practical application of English language, and cultivate students to become international talents who can communicate in English, have the ability to think, international vision, family and country feelings and sense of social responsibility, so as to achieve the all-round development of students.

Objective: In 2020, the ministry of education calls for comprehensive promotion of the ideological and political construction of college courses, improvement of the quality of talent training in colleges and universities. College English teaching in the new era should take “Lide” as the basic task, introduce the “Internet Plus” thinking into classroom teaching, give play to its curriculum advantages, integrate knowledge teaching, value molding and ability training into one body, and help students to mold correct world outlook, outlook on life and values.

Subjects and methods: Random selection of 100 college students as the survey, age is not limited, gender is not limited, professional is not limited. Interview was used to investigate. Based on the knowledge of social psychiatry, the author conducted an interview on the ideological and political courses of college English courses in the following aspects: First, the construction of teaching model. Second, teaching objectives. Third, the current teaching methods and improvement measures. Fourth, the teaching content. Fifth, teaching evaluation. During the interview, the 100 college students were asked to analyze the influence and effect of the mixed teaching method of ideological and political education under social spirituality.

Methods: The influence of mixed teaching methods on college English curriculum ideology and politics by using excel statistical social psychiatry.

Results: The results of this survey use the influence values of 1 to 5 grades and specific quantitative factors, 1 indicating irrelevance, 2 indicating slight influence, 3 indicating general influence, 4 indicating obvious influence, and 5 indicating full influence. In order to reduce the relatively large error caused by individual subjectivity in the evaluation, the evaluation values of 100 college students are adopted and the average values are rounded off to obtain the results. The specific statistical table is shown in Table 1.

Table 1. Influence of mixed teaching method of ideological and political thinking in college English courses under social psychiatry

Factor	Construction of teaching mode	Teaching objective	Teaching method	Teaching content	Teaching evaluation
University student	4	4	5	4	3

Conclusions: Based on social psychiatry and ideological and political education, college English education in the new era focuses on the cultivation of students' humanistic quality and comprehensive quality, so as to realize students' all-round development. Through QQ group, U campus, blue dove online system and other online teaching forms, we should strengthen the course design, and use various effective teaching resources to guide students to carry out inquiry-based and personalized learning.

* * * * *

THE CONSTRUCTION OF THE LONG EFFECT MECHANISM OF “THREE COMPLETE EDUCATIONS” IN HIGHER VOCATIONAL COLLEGES FROM THE PERSPECTIVE OF POSITIVE PSYCHOLOGY

Wentao Wang¹, Xuejun Li¹, Jianchao Li², Shuang Li³, Juan Li⁴ & Mingjun Ma¹

¹Academic Affairs Office, Hebei Vocational University of Industry and Technology, Shijiazhuang 050091, China

²Intelligent Manufacturing Institute, Hebei Vocational University of Industry and Technology, Shijiazhuang 050091, China

³Applied Technology R&D Center, Hebei Vocational University of Industry and Technology, Shijiazhuang 050091, China

⁴Basic Teaching Department, Hebei Vocational University of Industry and Technology, Shijiazhuang 050091, China

Background: Positive psychology is not only a revolution in the field of psychology, but also a new milestone in the history of human society. It is a new science that studies the traditional psychology from a positive angle. The formation of positive psychology as a research field is marked by Seligman and Csikszentmihalyi's paper "Introduction to positive psychology" published in January 2000. It adopts scientific principles and methods to study happiness, advocates the positive orientation of psychology, in order to study the positive psychological quality of human beings and pay attention to their health, happiness and harmonious development.

The "Three Complete Educations" refers to the whole staff educates people, the whole process educates people, the omni-directional educates people. Higher vocational education, as a type of higher education, has developed vigorously in recent years. It plays an increasingly vital role in training technology-oriented talents and promoting local economic development. Moral education in higher vocational colleges is the premise and guarantee of other work, and also the premise and guarantee of higher vocational colleges to serve local economic development. At present, facing the challenge brought by the impact of globalization and social transformation, how to build a moral education mechanism to meet the requirements of the times, give full play to the effectiveness of moral education, and effectively cultivate a group of talents with noble moral culture and excellent professional skills is a problem worthy of higher vocational colleges to study. Thought is the precursor of action. Institution is the criterion and basis of people's action. Team building is the organizational guarantee and intellectual support for higher vocational colleges to construct the long-term mechanism of "Three Complete Education". The whole process of education requires all teachers and staff members to carry out the education work according to the characteristics of students' thoughts, study and life at different learning stages. College students' ideological and political work needs