

the perspective of college students.

Subjects and methods: Since both autonomous support and structural support occur in interpersonal relationships, the quality of these interpersonal relationships can increase the possibility that autonomous needs and competency needs can be met, the participation support in reading promotion activities may be reflected in both autonomous support and structural support. In addition, there is a certain correlation between autonomous support and structural support. In the independent support, the implementation channels of encouraging college students' initiative, helping college students form reading behavior and goal, value connection and providing reading guarantee to college students include reading guidance and interaction in structural support. In addition, the three support conditions of independent support, structural support and participation support to meet the internal psychological needs of college students are all determined by the external environment the background is provided by the reading promotion.

Study design: 200 college students were randomly selected by questionnaire survey. A total of 200 questionnaires were distributed, 185 were recovered and 178 were valid. Seven of the questionnaires were invalid.

Methods: Using Excel to count the performance and solving strategies of college students' anxiety disorder in reading promotion of university library.

Results: To promote the development of rural health and vacation tourism, we need to make rational use of natural resources, promote green consumption of tourists in the process of development, and reasonably develop effective resources, so as to finally improve the economic level.

According to the survey results, the influence values of specific factors are quantified in five grades of 0-4. 0 means irrelevant, 1 means slight influence, 2 means general influence, 3 means obvious influence and 4 means full influence. The specific statistical table is shown in Table 1.

Table 1. Performance and solution strategies of college students' anxiety disorder in reading promotion of university library

Factor	Autonomous support	Structural support	Participation support	Reading intention
College student	4	3	4	4

Conclusions: In the process of reading promotion, librarians should strengthen their sense of service, actively guide and help college students to explore and acquire various collection resources, so as to enable college students to successfully realize the construction of Ideological and knowledge system, expand and increase the participation of more subjects, strengthen the publicity of reading promotion activities, comply with the development of the information age, constantly explore new information technologies, and actively introduce new media, combine physical publicity with media publicity, seek multi-party support and cooperation, expand the reading promotion camp, constantly inject new vitality into reading promotion activities, achieve leapfrog improvement and form a greater influence.

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ANALYSIS OF THE IMPORTANCE OF FILM AND TELEVISION COMMUNICATION IN THE TREATMENT OF DEPRESSIVE PSYCHOSIS

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Background: Depressive psychosis can be interpreted as depression, depression, pessimism, deviations from the understanding of social things, and death thoughts and behaviors in severe cases in order to end pain, suffering and confusion. Depressive patients commit suicide at a rate of 20 times that of the average person. This shows the harm that depression can cause to depressed patients. and the rate of social disharmony is very high. Experts have long recommended that depression be prevented and treated as soon as possible, and that families and friends not be reminded of the tragedy that depresses you in the final form of suicide. Long-term clinical research has found that the main inducing factors of depression have a great relationship with one's own psychology, which avoids the misunderstanding that there is no proper

way to mislead patients into another kind of area. Years of clinical research by psychiatrists on “Dipu Yin” music therapy, exercise therapy, reflex therapy, women’s hormone replacement therapy, HRT experimental therapy, alternative therapy, electroconvulsive therapy have summarized a set of treatment standards for mild and severe depression - brain biogenic amine balance therapy, which is a scientific and appropriate treatment for the severity of depression symptoms, classification and treatment. Because the cause of its induced seizures for the psychological role, so pay attention to regulate and control the mood of patients is very important. The film and television cultural dissemination activities, not only to guide the psychological direction of patients, but also to ease the negative psychology of patients.

At present, network culture, film and television culture, cell phone culture, idol culture and so on are widely popular in society, affecting people’s life style, aesthetic taste, values. Film and television culture absorbs the essence of various arts, has a variety of forms of expression and means of communication, is an important carrier of entertainment and access to information. Film is a kind of world language art, and the product of the fusion of different cultures. Modern film, as the carrier of national culture, can express to the world and achieve the goal of dissemination and development. For the object and audience of communication, the concept of information, whether in material form or intangible, needs to be spread in a happy and broad way. The spread of culture is not a preaching chatter, but attracting the audience’s own appreciation and experience and find resonance from it.

Objective: The evaluation of a movie, mainly in the visual, auditory, sensory aspects of the audience to bring shock and can arouse the audience’s resonance. Vision is the picture of a movie and the impression it conveys to the audience. Sensation refers to the psychological feelings of the audience. This feeling can be directly conveyed to the audience from the film itself through the screen and music, and can also indirectly allow the audience to think, associate, taste. People’s senses are interlinked, feeling directly affect people’s mood, so film and television dissemination of activities on the treatment of depressive psychosis will also play a positive role.

Subjects and methods: Select a mental health center hospitalized 60 patients with depressive psychosis as the study subjects, using a random number table was divided into study group and control group of 30 cases. The study lasted one month. There was no significant difference between the two groups ($P > 0.05$) in sex, age and other general data. The control group was only treated with normal medication and normal nursing. On the basis of the control group, the study group increased the time of film and television transmission activity by two hours every day. The first half of the films to choose to take a positive, optimistic and humorous, family-based harmony. The second half of the month to education, publicity and cultural films mainly. While the patients in the study group watched the movie, the psychological changes and expression changes of the patients in the study group were recorded, and the patients in the study group were allowed to communicate, talk and speak out their ideas. At the end of the experiment, the data were analyzed by interview. Talk with control group and experimental group, visit time 20 min-30 min. After the interview, according to the performance of the two groups for statistical analysis.

Methods: Using Excel statistics of the importance of video communication activities in the treatment of depressive psychosis.

Results: The results of this test, with 1 to 4 levels of quantitative specific factors influence value, 1 means irrelevant, 2 means general, 3 means great, 4 means deeply affected. In order to reduce the subjective errors in the evaluation, 60 patients were evaluated and the results were rounded. The statistical table is shown in Table 1.

Table 1. Importance of video communication activities in the treatment of depressive psychosis

Groups	Emotional aspect	Pressure relief aspect	Affective aspect
Participants	4	3	4

Conclusions: Through the investigation and research, it is found that the activity of film and television transmission plays an important role in the treatment of patients with depression and psychosis. Film and TV communication is a kind of leading intervention, which is different from other psychological interventions, and it is more effective in improving people’s mental state, and it is more acceptable.

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OVERCOMING MEMORY BARRIER IN COGNITIVE TEACHING OF MATHEMATICS