

biomedicine or systems biology, its research results are very important for cancer treatment Prediction and the exploration of drug targets are of great significance.

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APPLICATION OF SOCIAL PSYCHOLOGY IN IDEOLOGICAL AND POLITICAL EDUCATION AND PSYCHOTHERAPY OF COLLEGE STUDENTS

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Background: Influenced by their own personality characteristics, growth environment and college life experience, contemporary college students are generally irritable and anxious. Although moderate anxiety psychology has certain positive significance to some individual living conditions, in the final analysis, Anxiety Psychology is a negative psychology. It will not only bring positive effects to people, but also bring a series of negative effects. When anxiety develops to an excessive state of anxiety, it is seriously harmful to individual physical and mental health. Therefore, it is urgent to strengthen the ideological and political psychological education of college students and solve the problem of psychological education of college students. The traditional ideological and political theory teaching is the most important and basic carrier in college students' Ideological and political education. However, since entering the 21st century, facing the complex political and ideological development situation at home and abroad, more and more colleges and universities have begun to realize that they can no longer only rely on the traditional ideological and political theory course as a single communication channel for students' Ideological and political education, We must actively broaden and innovate the teaching carrier of students' ideological and political education and enrich the ways for students to receive ideological and political education. On a deeper level, the concept of Ideological and political education in college curriculum can effectively promote the healthy development of students' psychological quality. Colleges and universities not only need to adopt the new educational concept of curriculum ideological and political education to innovate the traditional ideological and political education, but also constantly broaden the vision of ideological and political educators from the perspective of modernization, the world and the future, break through various limitations in the traditional ideological and political education in colleges and universities with innovative spirit, and use the knowledge of social psychology, only by studying the law of psychological and behavioral changes in the interaction between Ideological and political psychological education and psychotherapy in society can we effectively open up a new situation of Ideological and political courses in colleges and universities.

Objective: Social psychology plays an important role in college students' ideological and political psychological education and psychotherapy. Mental health education is an important part of Ideological and political education in colleges and universities.

Subjects and methods: With the application of social psychology, the concept of Ideological and political psychological education in college courses plays a positive guiding role in students' psychological development and treatment, can help students establish correct values and learning views, and has a very curative effect on students' psychological diseases. It can be seen that the psychological situation of students needs to be alleviated by the way of Ideological and political education in college courses. Starting from social psychology, this paper studies the concept of Ideological and political psychological education in college courses, and studies students' self-confidence, sense of responsibility, emotional change, personality and personality stability. By issuing questionnaires, the investigators need to be issued twice before and after. The first is the questionnaire survey after the normal ideological and political psychological education for the researchers, and the second is the questionnaire survey after the ideological and political psychological education with the knowledge of social psychology. Through the comparison of the two survey results, this paper statistically analyzes the impact of college curriculum ideological and political psychological education on students from the perspective of social psychology.

Study design: A stratified cluster random sampling method was used to investigate 1000 students. Five universities were randomly selected, and 200 students were randomly selected from each university, regardless of gender, age and major. A total of 1000 students were surveyed. 1000 questionnaires were distributed in the first survey, 972 questionnaires were recovered and 963 valid questionnaires. In the second survey, 1000 questionnaires were distributed, 985 were recovered and 979 were valid.

Methods: The influence of the application of social psychology in college students' ideological and political psychological education and psychotherapy was analyzed by Excel.

Results: Based on the application of social psychology knowledge, students will have a great impact on their own psychological quality under the influence of the concept of ideological and political education, and basically achieve the therapeutic effect on students with psychological disorders.

In this survey, the influence values of specific factors are quantified in five grades from 1 to 5. 1 means irrelevant, 2 means slight influence, 3 means general influence, 4 means obvious influence and 5 means full influence. In order to reduce the large error caused by personal subjectivity in the evaluation, 1000 students are used to evaluate the value and take the average to obtain the result, which is determined by rounding, the specific statistical table is shown in Table 1.

Table 1. Influence of Ideological and political education on students' psychological quality

Factor	Self-confidence	Responsibility	Emotional change	Character	Personality
Student	4	5	5	4	4

Conclusions: Curriculum ideological and political education refers to a comprehensive educational concept that takes all kinds of courses and ideological and political theory courses in the same direction, forms a synergistic effect, and takes "Building Morality and cultivating people" as the fundamental task of education. Curriculum ideological and political education should not only focus on condensing knowledge in value communication, but also emphasize value guidance in knowledge communication, so as to effectively promote the integration of explicit education and implicit education. This brand-new educational model pays special attention to the development of "curriculum ideological and political" to actively build the great ideological and political pattern of colleges and universities, that is, we should focus on new achievements, new times, new ideas, new goals, new arrangements and new requirements, reconstruct the new curriculum system of Ideological and political education in colleges and universities, so as to promote various majors, courses all aspects can be developed in the same direction and work together as the main position of Ideological and political education in classroom teaching.

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PREDICTION METHOD OF STUDENTS' POP MUSIC PREFERENCE FROM THE PERSPECTIVE OF BEHAVIORAL PSYCHOLOGY

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Background: Behavioral psychology is a school of psychology originated in the United States in the early 20th century. From the perspective of behavioral psychology, psychology should not only study consciousness, but also include the study of behavior. The so-called behavior is the combination of various physical reactions used by organisms to adapt to environmental changes. Vocal music teaching is one of many behaviors training. Therefore, follow the basic rules of behavior training. In teaching, only when teachers understand the positive behavior can they solve the practical problems encountered in teaching. In the research thinking of behavioral psychology, we assume that students show a behavior we call "result", and there must be "internal" or "internal" factors that promote this behavior "external stimulus" condition causes. Causes produce results, and the relationship between results and causes is the law studied by behavioral psychology. A very important memory in behavioral psychology is to enhance memory, so as to achieve the prediction of pop music preference. With the development of modern education, many psychological theories and methods have been integrated. "Teaching in fun", it has become an indispensable educational philosophy. Let students have fun in the classroom, have the willingness to learn actively, quickly and effectively complete learning goals from a relaxed and pleasant atmosphere, and achieve the purpose of education imperceptibly. This is the positive role of behavioral psychology in pop music. Psychological research on behavior is to find out the relationship between stimulation and response, so as to Stimulate inferential response, infer the stimulus according to the response, and achieve the purpose of predicting and controlling people's behavior. With the gradual rise of the status of education in the country, students will be exposed to multi-disciplinary knowledge since the primary school stage, and schools also pay enough attention to the cultivation of students' comprehensive ability and are committed to promoting the all-round development of talents. Pop music is an important field in the field of mass culture since the 21st century, there has been a "Chinese style" in pop music. With the help of this element, musicians with different music styles have jointly expressed a trend towards Chinese traditional elements, which makes pop music have a