

university library realize the co construction and sharing of resources, improve the service efficiency of the library, make the data resources more comprehensive, provide diversified services for more and different students, and enable students to carry on according to their original thinking logic.

**Study design:** A random sample of 1000 college students is distributed with a questionnaire, which is required to be completed at one time and within the specified time. A total of 1000 copies were distributed. 923 copies were recovered and 883 copies were valid.

**Methods:** Excel is used to count the positive effects of the construction of university literature resources on the obstacles of thinking logic.

**Results:** In this survey, the influence values of specific factors are quantified in five grades of 0-4. 0 means irrelevant, 1 means slight influence, 2 means general influence, 3 means obvious influence and 4 means full influence. In order to reduce the large error caused by personal subjectivity in the evaluation, the evaluation values of 500 adults are taken as the average and the results are rounded, the specific statistical table is shown in Table 1.

**Table 1.** Positive effects of university literature resources construction on thinking logic obstacles

Factor	Data correspondence	Sufficient resources	Resource co construction
Student	3	3	4

**Conclusions:** The development of university library does not leave the continuous injection of literature resources. In the process of purchase, we need to deeply understand the user's use needs and market orientation, so as to better ensure the applicability of the purchased materials. This requires careful investigation and analysis with big data before purchasing literature resources. The emergence of big data effectively simplifies the actual operation of this link. In the process of carrying out management work, colleges and universities should form a harmonious relationship with students, have good ideas, and care for students. In the process of strengthening the daily management of the class and improving the management ability, it shows its exemplary role. Constantly strengthen the management of teachers and live-in harmony with students. Teachers and students develop together and get good development opportunities. Upgrade and improve the management of colleges and universities.

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## THE INFLUENCE OF HUMANISTIC SPIRIT ON PERSONALITY DIVISION IN MARXIST PHILOSOPHY EDUCATION

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**Background:** Personality split is a very extensive human mental symptom. In reality, many parts have slight personality division. Typically, such as sudden joy and anger. Often feel bored and depressed. Are symptoms of mild personality division. Nowadays, people's high-pressure life, high-pressure learning and high-pressure work, as well as the collectivization, cooperation and knowledge explosion of the world, lead to more and less personal role, which will make some people have the idea of personality division at some time and at some moment. Individuals with split personality often limit their consciousness due to negative experience and blindly reject everything, so they are rarely able to think about their positive side. Humanistic spirit is not only the due meaning of Marxist philosophy, but also the meaning of Marxist philosophy education. Humanistic spirit is a universal human self-care, manifested in the maintenance, pursuit and concern for human dignity, value and destiny, the high value of various spiritual and cultural phenomena left by human beings, and the affirmation and shaping of an all-round development ideal personality. The humanities is a knowledge education system that focuses on the expression of humanistic spirit. It pays attention to human value and spiritual expression. Therefore, dialectical thinking helps college students actively deal with emotional problems and reduce emotional distress. When it comes to emotions, especially negative emotions, such as sadness, sadness, anger, tension, anxiety and pain, people's first reaction is that these emotions are bad, because these emotions will limit our thinking, reduce our work and learning efficiency and affect our quality of life. Therefore, many people can't accept their negative emotions. The problem is that they can't accept their negative emotions, so we should guide them to accept their negative emotions. Starting from the idea of evolution, any emotion is preserved only when human

beings contribute to individual survival in the process of evolution. Therefore, any emotion has its positive significance. There is no good or bad mood in itself. The key is how you treat it. What is used here is still the dialectical thought of dividing into two.

**Objective:** The working method of concrete analysis of specific problems is the basic method and important principle of materialist dialectics and the living soul of Marxism. In the psychological analysis of people's healthy personality, the working method of specific analysis of specific problems requires us to correctly understand the universality and particularity of contradictions, clarify the relationship between them, use the viewpoint of unity of opposites, comprehensively analyze the essence, general laws and special laws of contradictions, so as to find out effective methods to solve contradictions.

**Subjects and methods:** 300 people were randomly selected as the research object, regardless of age, gender and occupation. 300 subjects were randomly divided into study group and control group. The research group uses the humanistic spirit in Marxist philosophy education to teach the research object to look at problems dialectically. The subjects in the control group only received general education. The symptom sub comment scale was used to test the scores of each variable of the two groups after two months of experiment, and SPSS 18.0 software was used for statistical analysis.

**Results:** The experimental results of the two groups are shown in Table 1. It is found that the experimental indicators of the research group are significantly different from those of the control group, which is due to the guidance of Marxist Humanistic Spirit thinking in the research group. In Marxist theory, contradictions are universal and special, contradictions exist in all things, and different things have different contradictions, Different parts of the same thing have different contradictions at different stages. At the same time, the universality and particularity of contradiction are dialectical unity. Particularity contains universality. Universality exists in particularity. The two are interrelated and inseparable. We cannot avoid the universality of contradictions and talk about particularity, nor can we talk about universality without particularity. Therefore, in carrying out ideological and political work, we should base ourselves on the foundation, use the theory of humanistic spirit, correctly understand and deal with the universality and particularity of contradictions, and adhere to the working method of specific analysis of specific problems.

**Table 1.** Comparison of scores of various indicators (mean ± variance)

Factor	Research group	Norm	t value
Force	1.96±60	1.62±0.58	11.70***
Interpersonal sensitivity	1.84±63	1.65±0.51	7.70***
Hostile	1.68±61	1.48±0.56	6.02***
Paranoid	1.70±55	1.43±0.57	8.49***
Psychotic	1.63±54	1.29±0.42	14.45***
Total symptom index	1.68±48	1.45±0.45	9.33***

**Conclusions:** Starting from Marxist Humanistic Spirit, we should look at pressure and frustration from the perspective of development. On the one hand, it leads people to realize that most of the personality split problems they encounter are common phenomena with their age, not the performance of psychological problems. For example, with the awakening of self-consciousness, self-differentiation and a series of contradictions have emerged, such as the contradiction between subjective and objective, the contradiction between ideal self and realistic self, the contradiction between independent consciousness and dependent psychology, the contradiction between communication needs and self-locking, the conflict between desire for success and self-depression, the conflict between reason and passion, the need for attention and passive waiting, etc. These conflicts are more or less experienced by everyone in his youth. Our whole life is developing towards a more positive, perfect and powerful direction. The pressure or setbacks at each age are only temporary. As long as we actively deal with the development tasks at this stage and solve the contradictions and puzzles brought by growth, with people's growth, psychological and physiological maturity and experience accumulation, the intermediary system of pressure will continue to improve, and the ability to resist pressure will be enhanced, and many pressures and setbacks will be solved.

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## COLLEGE STUDENTS' ANXIETY IN ENGLISH LEARNING UNDER THE BACKGROUND OF INTERNET AND ITS COUNTERMEASURES