

1 Combined Experimental and Molecular Simulation Study of Insulin– 2 Chitosan Complexation Driven by Electrostatic Interactions

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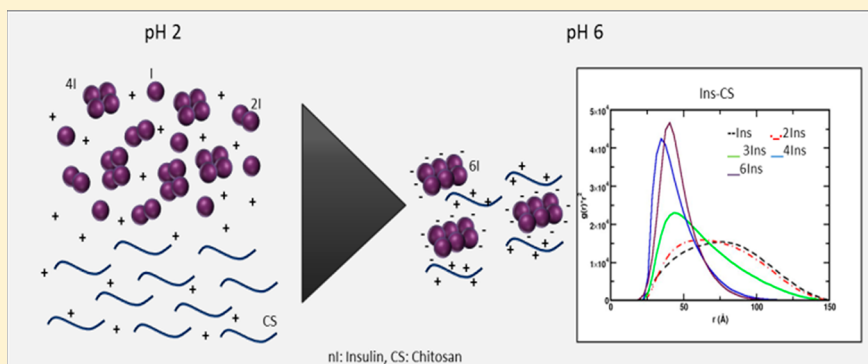
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15 **S** Supporting Information



16 **ABSTRACT:** Protein–polysaccharide complexes constructed via self-assembly methods are often used to develop novel
17 biomaterials for a wide range of applications in biomedicine, food, and biotechnology. The objective of this work was to
18 investigate theoretically and to demonstrate via constant-pH Monte Carlo simulations that the complexation phenomenon
19 between insulin (INS) and the cationic polyelectrolyte chitosan (CS) is mainly driven by an electrostatic mechanism.
20 Experimental results obtained from FTIR spectra and ζ -potential determinations allowed us to complement the conclusions.
21 The characteristic absorption bands for the complexes could be assigned to a combination of signals from CS amide I and INS
22 amide II. The second peak corresponds to the interaction between the polymer and the protein at the level of amide II. INS–
23 CS complexation processes not expected when INS is in its monomeric form, but for both tetrameric and hexameric forms,
24 incipient complexation due to charge regulation mechanism took place at pH 5. The complexation range was observed to be 5.5
25 $< \text{pH} < 6.5$. In general, when the number of INS units increases in the simulation process, the solution pH at which the
26 complexation can occur shifts toward acidic conditions. CS's chain interacts more efficiently, i.e. in a wider pH range, with INS
27 aggregates formed by the highest monomer number. The charge regulation mechanism can be considered as a previous phase
28 toward complexation (incipient complexation) caused by weak interactions of a Coulombic nature.

1. INTRODUCTION

29 Over the last years, much attention has been focused on pH-
30 responsive macromolecular mechanisms involved in protein–
31 polysaccharide interactions, as a tool for designing novel
32 structures with new functionalities.¹ Thus, protein–polysac-
33 charide complexes constructed via self-assembly method were
34 often used as building blocks, to develop novel biomaterials for
35 a wide range of applications in biomedicine, food, and

biotechnology.^{2,3} Self-assembly is a ubiquitous and natural
36 process that lead to complex nanostructures with outstanding
37 functionalities.⁴ In particular, the implementation of pH-
38

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39 dependent responsive mechanisms was proven to be useful for
40 fabrication of pharmaceutical products resembling natural
41 protein assemblies.⁵

42 Several types of proteins and polysaccharides have been used
43 for complexation. For example, Palao-Suay and collaborators
44 describe the use of self-assembling polysaccharides such as
45 dextran, chitosan, heparin, and alginate conjugated with
46 anticancer drugs such as doxorubicin, camptothecin, and
47 methotrexate.⁶ In regard to the food industry, it is a common
48 treatment to use proteins to ensure metabolic regulations for
49 beverage/solid applications, such as the soluble whey protein–
50 pectin complex as examined by Wagoner and Foegeding
51 (2017).² This is a topic of high research activity in Latin
52 American countries.^{4,10,19,24,25}

53 In relation to the pharmaceutical industry, the use and
54 interactions of insulin (INS) and chitosan (CS) have also been
55 well reported in the literature.^{7–10} INS is a peptide hormone
56 produced by the pancreas that regulates glucose levels in the
57 bloodstream. Type I diabetes arises when INS is not produced,
58 and type II arises when production is scarce or the organism
59 rejects it. In both cases (I and II) it is difficult for glucose to
60 enter the cells, causing multiple adverse health effects.¹¹ INS is
61 a therapeutically active protein and is used in the treatment of
62 diabetes mellitus at the recommended dose of ≥ 0.4 U/kg.¹²
63 Two polypeptide chains form INS: chain A consists of 21
64 amino acids, and chain B contains 30 amino acids. Chains A
65 and B are held together by two disulfide (S–S) bridges. In
66 addition, chain A also includes a third intrachain disulfide
67 bridge, situated between residues 6 and 11.¹³ On the other
68 hand, CS is a biodegradable, biocompatible, and nontoxic
69 polymer obtained from chitin. It is known that chitin is a
70 byproduct that becomes an environmental pollutant derived
71 from activities in fish farms. After a chemical modification, not
72 only is the byproduct used but a new product with added value
73 and new properties is obtained. The presence of $-\text{NH}_2$ and
74 $-\text{OH}$ groups gives to CS interesting chemical–biological
75 properties.¹⁴ The literature cites uses and properties for this
76 polysaccharide as varied as enzyme immobilization, antimicro-
77 bial agent, in the preservation of food, promoter of plant
78 growth, and absorption of metals and dyes, to name a few.¹⁵

79 As for INS and CS, these two versatile polymers allow the
80 generation of a wide variety of complexes: it has been reported
81 that bioadhesive chitosan-coated cationic nanoliposomes
82 showed improved INS encapsulation and a prolonged oral
83 hypoglycemic effect in diabetic mice.¹⁶ Furthermore, CS–
84 lecithin liposomal nanovesicles¹⁷ have been tested as new
85 carriers for oral delivery of INS, while Sadhasivam et al. have
86 developed patches in order to evaluate the encapsulation
87 efficiency and the release rate for transdermal delivery of
88 INS.¹⁸

89 Moreover, INS–CS nanoparticle formation was explored by
90 our group.¹⁹ In this previous contribution a model that would
91 explain the nanocomplex formation between human recombi-
92 nant INS and a high molecular weight CS was proposed in
93 order to be administrated through alternative ways than the
94 parenteral, for instance oral or pulmonary.^{20–22} However, one
95 of the most interesting features of the nanocomplexes is their
96 potential to trap and release the hormone they contain in a
97 controlled manner. This release will depend, among other
98 factors, on the pH, the temperature, or the ionic strength of the
99 surrounding medium.²³ The INS and CS concentration
100 conditions that allowed the formation of complexes were
101 established and complexes with defined and reproducible

submicronic dimensions were obtained. Complex formation
102 was modulated by pH as the driving force involved in the
103 process and the main type of chemical interactions between
104 INS and CS were the electrostatic ones, established between
105 specific titratable groups of each biopolymer: amine for CS and
106 carboxylic for INS.
107

108 It is well-documented in the literature that the interplay
109 between biocolloidal characteristics as size and charge, and
110 extrinsic macromolecular properties as pH, ionic strength, and
111 thermal energy results in a unique collection of mesoscopic
112 forces for the molecular configuration and functionality in
113 biological systems.^{24,25} Different electrostatic coupling regimes
114 can be observed depending on these physical chemical
115 parameters. This work focus on the system constituted by
116 INS and CS in a *weak* coupling regime, i.e. where *attraction*
117 between both biopolymers can be experimentally seen and
118 when they carry electric net charges of the same signal instead
119 of the expected repulsive behavior as predicted by the classical
120 DVLO theory.²⁶ This phenomenon can be described by
121 Kirkwood's structure-sensitive electrostatic forces,²⁷ where
122 mesoscopic *attractive* forces between macromolecules arise
123 from fluctuations in titratable amino acid charges due to the
124 induced shifts in the acid–base equilibrium. The attraction is
125 pH-dependent and a result of an intrinsic physical property of
126 the macromolecule, the capacitance (or the protein charge
127 regulation parameter), which is a measure of the macro-
128 molecular net charge fluctuations (defined by the variance of the
129 mean electrical charge) that is the determinant property for
130 the “charge regulation mechanism”.^{28–30} The protein
131 capacitance varies with solution pH as a consequence of the
132 number of amino acid residues that titrate around each pH.²⁵
133 The attraction between charges alike has been called
134 “complexation on the wrong side” of pI and reported in the
135 literature for many other systems.^{31,24,25,30,32}

136 The objective of this work was to investigate theoretically
137 and to demonstrate via constant–pH Monte Carlo simulations
138 that the complexation phenomenon (noncovalent linkages)
139 between INS and the cationic polyelectrolyte CS is mainly
140 driven by an electrostatic mechanism. The complexation
141 process was modeled by a constant–pH scheme as it is well-
142 known that pH can induce attraction between two titratable
143 objects that results in stronger macromolecular association.
144 The effect of the oligomeric states of INS was also investigated
145 demonstrating that the number of INS molecules affects the
146 complexation phenomena. CS self-association was assumed to
147 be of minor importance to describe the main features of the
148 INS–CS complexation and therefore is not explicitly included
149 in the molecular model. The inclusion of a larger polymer
150 chain or more chains would hamper the CPU time.
151 Experimental results obtained from FTIR spectra and ζ -
152 potential determinations allowed us to complement the
153 conclusions.

2. MATERIALS AND METHODS

2.1. **Materials.** CS, MW = 300 kDa and deacetylation
154 degree (DD) of 72%, was kindly donated by the Microbiology
155 Laboratory of Instituto Nacional de Tecnología Industrial of
156 Mar del Plata, Argentina. CS solutions were prepared with 1%,
157 w/w, acetic acid.
158

159 Recombinant human INS was supplied by Denver Farma
160 Laboratories, Buenos Aires, Argentina. The exact mass of INS
161 was dissolved in 20 mM HCl solution, pH 2.

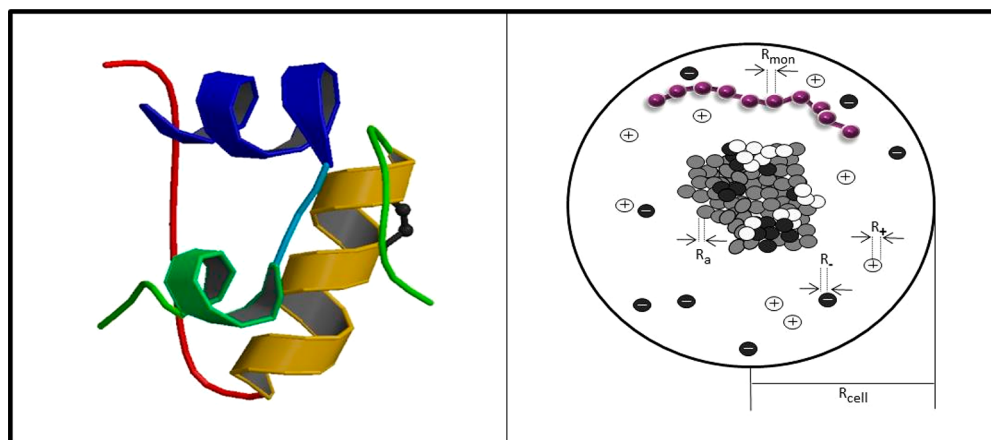


Figure 1. Macromolecular representations. (left) Structure of INS (chain A and B in the monomeric form at pH 6) as given by the crystallographic coordinates (PDB id 1APH). (right) Schematic representation of the INS–CS model system. INS is given in atomic details in a spherical electroneutral cell (radius R_{cell}) and is seen surrounded by counterions and added salt particles. Positive and negatively charged protein atoms (radii R_a) are represented in white and black, respectively. A flexible polyelectrolyte chain is used to model CS. The size of its monomers is R_{mon} .

162 All other chemicals were of analytical quality. Milli-Q water
163 was always used. CS solutions were kept at 4 °C for 24 h to
164 achieve the complete hydration of its molecules before its use.

165 **2.2. Preparation of INS–CS complexes.** For INS–CS
166 nanoparticle preparation, each double concentrated biopol-
167 ymer solution was mixed at pH 2, to give the required final
168 concentrations of protein and polysaccharide in the bulk
169 solution. INS solution was poured into CS solution under
170 gently magnetic stirring and the mixed solution pH was
171 increased up to 6 by careful addition of Na(OH), 4 N,
172 solution, added drop by drop under stirring.

173 **2.3. Optical Density Measurements.** Each solution was
174 freshly prepared and its optical density (OD) was registered
175 upon time to study the formation of INS–CS complexes, at
176 pH 2 and 6^{33,34} using a PHERASTAR-FS microplate reader
177 (BMG LabTech, Ortenberg, Germany). Optical density of INS
178 solution was also registered as a control. Data was acquired at λ
179 = 500 nm, away from INS and also CS intensity peaks.³⁵
180 Measurements were all performed at 25 °C; 200 μL of each
181 solution was poured into each well with no additional
182 preparation.

183 **2.4. ζ -Potential Determinations.** Briefly, INS and CS
184 solutions were freshly prepared and their ζ -potential was
185 measured for a pH range between 2 and 8. These
186 measurements were carried out using a Zetasizer Nano-Zs
187 particle analyzer (Malvern Instruments, Worcestershire, UK),
188 as described by Silva et al.¹⁹

189 **2.5. Freeze-Drying.** INS and INS–CS solutions were
190 lyophilized using a Stokes freeze-dryer operating at –40 °C
191 condenser plate temperature and a chamber pressure of less
192 than 100 $\mu\text{m Hg}$. After that they were dried in a vacuum oven
193 at 40 °C in the presence of P_2O_5 to a constant weight.³⁶

194 **2.6. Infrared Spectroscopy.** Fourier transform infrared
195 (FTIR) spectra of lyophilized INS, CS, and INS–CS solutions
196 were recorded on a Nicolet 8700 FT-IR Spectrometer with an
197 ATR modulus. For each spectrum, a 64-scan interferogram was
198 collected with 4 cm^{-1} resolution at room temperature. The
199 data was processed with OMNIC 7.3 software from Thermo
200 Electron Corporation. All samples were run in triplicate, and
201 the results showed are the average of three measurements.

202 **2.7. Theoretical Modeling.** The molecular modeling
203 began by considering the monomeric Human INS (chains A

and B) in full atomistic details as a rigid body formed by a
204 collection of charged hard spheres like beads. Each bead
205 mimics a protein atom and is placed at the spatial coordinates
206 given by the crystallographic structure available at the Protein
207 Data Bank (PDB id 1APH) (Figure 1 left). This PDB file was
208 edited before the calculations. All water molecules and
209 heteroatoms were removed. The assigned radius for the INS
210 beads (atoms) is 2.0 Å as suggested before in refs 37 and 32.
211 Partial charges are assigned to beads depending on the physical
212 chemical nature of the amino acids and as a function of the
213 solution pH. Only specific atoms from titratable chemical
214 groups [α -carboxyl, aspartyl carboxyl, glutamyl carboxyl,
215 imidazole, α -amino, thiol (when not involved in SS bridges),
216 phenolic, amino, and guanidyl] can be charged. All other atoms
217 are assumed to be neutral. The protonation state of the
218 ionizable groups can be altered during the simulations. This
219 acid/base equilibrium is controlled by a protein titration
220 scheme that considers any change in the environment
221 including the pH, ionic strength, molecular concentration,
222 presence of other charged objects (e.g., polysaccharide chain),
223 and any variation of the protonation state of other titratable
224 groups. This numerical scheme has been detailed described in
225 previous works.^{37,32,38} Different homo-oligomeric states were
226 investigated. INS dimers, trimers, tetramers, and hexamers
227 were built using the “GalaxyHomomer” server³⁹ with default
228 parameters from the crystallographic structure (PDB id 1APH)
229 in the monomeric form. This was necessary because our
230 simulations did not include the self-aggregation process for
231 INS. Since the focus of the work is on INS–CS complexation,
232 we assumed that the INS homoassociation happened before its
233 interaction with the polyelectrolyte chain. Therefore, an initial
234 structure (dimer, tetramer, etc.) was chosen to be studied and
235 calculations were repeated for all oligomeric states as there
236 were done for the monomeric case.
237

For all oligomeric states, the protein INS as a monomer,
238 dimer, trimer, tetramer, or hexamer was kept rigid, static, and
239 in the same molecular configuration at the center of an
240 electroneutral spherical cell with radius R_{cell} (Figure 1 right)
241 determined by the protein concentration.³⁷ This corresponds
242 to the so-called “cell model”.⁴⁰
243

Polyelectrolytes, such as CS, can be modeled as a flexible
244 chain of charged monomers (beads) linked together with 245

246 harmonic springs. Following previous works,^{37,32} we used a
 247 polycation chain with 21 beads with a radius (R_{mon}) of 2 Å.
 248 This is a reasonable number of monomers to describe the main
 249 physical interactions keeping a good balance between the real
 250 experimental conditions with the efficiency of the computa-
 251 tional sampling. A larger chain would enhance the electrostatic
 252 interactions. At the same time, it would increase the CPU time.
 253 A uniform size of all beads was necessary to mimic the
 254 monomeric units of CS that also have the same size. Such
 255 chain is flexible and can freely move inside the cell, interacting
 256 with the protein atoms, counterions and added monovalent
 257 ions. Complementary simulations were also carried out with a
 258 polyanion in order to explore CS in both acid and basic
 259 regimes. Only one chain was included in the simulation cell.
 260 For the sake of simplicity, we have assumed that the charges of
 261 the monomers were fixed and fully protonated (a high degree
 262 of deacetylation) for all simulated pH conditions. This implies
 263 that the observed bimolecular interactions for solution pH \gg
 264 6.5 (the $\text{p}K_{\text{a}}$ of the amino group in CS is ~ 6.5) tend to be
 265 overestimated. This should have a minor impact in our study
 266 since we are working on pH < 8 , and most of the practical
 267 applications of CS are at the acid regime.⁴¹

268 Added salt and counterions were modeled by the usual
 269 restricted primitive model.⁴² Each mobile ion k (added salt and
 270 counterions), with a q_k charge is considered as a charged hard
 271 sphere of radius R_{a} equals to 2.0 Å, while the solvent is
 272 effectively considered as a continuous dielectric medium
 273 without an explicit molecular structure and characterized by
 274 its relative static dielectric permittivity ϵ_s .

275 The combination of the cell model with the primitive one,
 276 the titration scheme and the modeling procedure for the
 277 polyelectrolyte chain defines the constant-pH coarse grained
 278 (CG) model, previously described by Barroso da Silva and
 279 coauthors^{37,32,43,44,25} aiming to explore the protein complex-
 280 ation phenomena with the focus on electrostatic interactions
 281 and invoking a minimum set of parameters. The reader is
 282 referred to these cited papers^{37,32,43,44,25} for more details about
 283 the model and the chosen parameters.

284 The interaction potential energy between any two particles i
 285 and j [$U^{\text{ele}}(r_{ij})$] is given the combination of the Coulombic
 286 interaction with the hard-sphere model (eq 1):

$$U^{\text{ele}}(r) = \begin{cases} \frac{q_i q_j e^2}{4\pi\epsilon_0 \epsilon_s r_{ij}}, & r_{ij} \leq R_i + R_j \\ \infty, & \text{otherwise} \end{cases} \quad (1)$$

287 where ϵ_0 is the vacuum permittivity, q_i and q_j are the particles
 288 charge i (radius R_i) and j (radius R_j), respectively, and r_{ij} is
 289 their separation distance. This potential of interaction without
 290 a van der Waals attractive term guarantees that attraction is
 291 only possible via the electrostatic interactions.

293 The polyelectrolyte (polycation or polyanion) monomer–
 294 monomer interaction (βu^{bond}) was modeled by (eq 2)

$$\beta u^{\text{bond}} = \frac{l_b}{2r_{\text{min}}^3} \sum_{i=1}^{N_{\text{mon}}-1} (r_{i,i+1})^2 \quad (2)$$

296 where l_b is the Bjerrum length, $r_{i,i+1}$ is the separation between
 297 the consecutive monomers i and $i + 1$, r_{min} is the separation
 298 corresponding to the energy minimum for a dimer. As in
 299 previous studies, we have assumed r_{min} equals to 4 Å which

results in an average monomer–monomer separation of 300
 approximately 7.4 Å. 301

All the mobile particles (polyelectrolyte beads, counterions, 302
 and added salt particles) are kept inside the simulation cell via 303
 an external potential [$U^{\text{ext}}(r_i)$] (eq 3): 304

$$U^{\text{ext}}(r_i) = \begin{cases} 0, & r_i \leq R_{\text{cell}} \\ \infty, & \text{otherwise} \end{cases} \quad (3) \quad 305$$

The total energy of the system for a given configuration 306
 [$U(\{r_k\})$] is given by the combination of eqs 1–3: 307

$$U(\{r_k\}) = \sum_{i=1}^{N_c+N_s} U^{\text{ext}}(r_i) + \frac{1}{2} \sum_{i=1}^N \sum_{j=1}^N U^{\text{ele}}(r_{ij}) + \beta u^{\text{bond}} \quad (4) \quad 308$$

where N_c is the number of counterions, N_s is the number of 309
 added salt particles, and $N = N_c + N_s + N_p + N_{\text{mon}}$, which also 310
 includes the total number of charged protein atoms (N_p) and 311
 the number of polyelectrolyte monomers (N_{mon}). Note that 312
 the N_c is a different number when the polyelectrolyte is a 313
 polycation (CS for pH < 6.5) or a polyanion (CS for pH \geq 314
 6.5). 315

2.8. Simulation Details. The computer simulations were 316
 performed in a semigrand-canonical ensemble using the 317
 standard Metropolis Monte Carlo (MC) algorithm⁴⁵ with 318
 random translational displacements of mobile species 319
 (counterions, added salt particles, and polyelectrolyte mono- 320
 mers) within the electroneutral simulation cell and the titration 321
 movements.³⁷ A proton reservoir was set up within the cell to 322
 define a constant pH for the system. The solved constant-pH 323
 (CpH) CG model keeps constant the number of particles 324
 while the individual charges can vary during the simulation due 325
 to the protonation/deprotonation process.³² 326

For each simulation, at least 10^9 MC steps were necessary 327
 for the system equilibration. They were followed by 10^{10} MC 328
 steps for production that were used for the measurements and 329
 analyses. R_{cell} was assumed to be equal to 150 Å which 330
 corresponds to a protein concentration of 58.7 mM. Salt 331
 concentration (NaCl) was fixed at 1.2 mM, while the solution 332
 pH was varied from 4 to 8. Temperature was 298 K, and 333
 therefore, ϵ_s was 78.7 in all simulation runs. At least three 334
 simulation replicas were carried out to confirm the 335
 convergence. 336

The main physical chemical quantity necessary for the 337
 present discussion is the free energy of interactions. Never- 338
 theless, simulations with flexible chains in a solvent are well- 339
 known to be a special difficult case for free energy calculation 340
 due to the large energy barriers.⁴⁶ This problem can be solved 341
 by means of the penalty function protocol that we proposed in 342
 a previous work.³⁷ Alternatively, as it was recently demon- 343
 strated,^{32,44} the sampling can also be sped up and the CPU 344
 time saved by means of the calculation and analysis of the 345
 product between the radial distribution function [$g(r)$] and the 346
 square of the separation distance (r^2). Therefore, we followed 347
 this second protocol here to reduce the CPU time and be able 348
 to study larger oligomeric states. During the production runs, 349
 $g(r)$ was computed for the polymer beads–protein center 350
 based on histograms with 1 Å size. After the simulation, $g(r)$ 351
 were multiplied by r^2 and analyzed as done in refs 44 and 47. 352

3. RESULTS

3.1. pH Determinations. In order to experimentally determine the optimal pH that would maximize electrostatic interactions between hexameric INS and CS, ζ potential determinations were carried out. Such ζ potential values (mV) can be seen in Table 1. It is important to notice that initial pH

Table 1. ζ -Potential Values (mV) vs Solution pH for INS and CS Solutions^a

| pH | INS | CS |
|----|-------------|-------------|
| 3 | 20.6 ± 2.1 | 5.8 ± 2.8 |
| 4 | 17.4 ± 1.3 | 6.8 ± 0.7 |
| 5 | -9.5 ± 0.7 | 6.5 ± 0.5 |
| 6 | -32.4 ± 2.2 | 5.5 ± 0.7 |
| 8 | -39.1 ± 3.3 | -17.9 ± 0.8 |
| 9 | -44.6 ± 1.9 | -20.5 ± 1.6 |

^aIonic strength $I = 0.15$ M. INS 0.2% w/v, CS 1×10^{-3} % w/v, at 25 °C. The number of INS units depends on the considered pH. Mean ± SD, $n = 3$.

conditions for INS correspond to the dimeric state for the protein,⁴⁸ but with increasing pH, the number of INS units also increases and corresponds to the hexameric conformation of the protein when the system reaches pH 6.

For acidic pHs, lower than 5, both species (INS and CS) present positive net charges, therefore, attractiveness forces via electrostatic Coulombic interactions would be ruled out into the DVLO framework,²⁶ the interactions between like charged macroparticles are always repulsive due to the repulsive Coulombic contribution. In a similar manner, for alkaline pHs greater than 8, ζ -potential values are negative for both INS and CS, and electrostatic Coulombic repulsion is to be expected. In a pure Coulombic context, based on the ζ potentials, the INS–CS complexation could only be observed for the solution pH window between 5 and 6 (see the highlighted data in Table 1).

On the other hand, the experimentally determined ζ potential corresponding to mixed systems for $4.5 < \text{pH} < 6$, hints that the probability of electrostatic interactions decreases, because the superficial charge of both macromolecules presents the same sign for this pH solution range.¹⁹ A turbidity increases in mixed solutions, by naked-eye observation, also would indicate INS–CS interactions.

Such a phenomenon was not observed for single INS and CS solutions at this pH range. It is important to note that interactions of different physical natures than electrostatic, such as hydrophobic, van der Waals forces, etc., could be taking an important role, even though local electrostatic interactions between charged groups could not be completely discarded.

The INS molecule contains many ionizable groups, due to 6 amino acid residues capable of attaining a positive charge and 10 amino acid residues capable of attaining a negative charge. The net charge of the INS molecule as a function of pH solution calculated on the basis of amino acids intrinsic pK_a values was found by Tanford and Epstein.⁴⁹ The net charge is zero at pH 5.5, in good agreement with the electrophoretically determined isoelectric pH of 5.3–5.4.⁵⁰ These results are also in accordance with those obtained by a combination of modern techniques, as presented in the Open Chemistry Data Base, on the Pub Chem Web site (National Center for

Biotechnology Information. PubChem Compound Database; 399 CID = 16129672).⁷³ 400

Our results showed that under the following experimental conditions, 0.2% w/v, $I = 0.15$ M, 25 °C, INS presented a net zero charge at pH 5.0, as obtained by experimental ζ potential determination.¹⁹ The discrepancy among the experimental and reported data, could obey to the different methodological techniques applied and other physical chemical parameters as the ionic strength, protein concentration or even a different protein genetic variant. For instance the pioneering work of Wintersteiner and Abramson in 1933⁵¹ found a pI value for INS of 5.4 derived from turbidity measurements, which was in accordance with the result of the electrophoretic results from adsorbed or amorphous INS presented in the same contribution. The authors also found a pI value of 5.55 to 5.60 derived from the solubility based on measurements; which was considered less robust and susceptible to be discarded because the method of determination. Righetti and Caravaggio (1976) reported pI s for bovine and porcine INS, via isoelectric focusing, with values of 5.72 and 6, respectively.⁵² As will be commented to a greater extent below, the theoretical predicted pI for INS obtained by the present constant-pH MC simulations is also within the interval 5.4–5.6 depending on the oligomeric state. 422

Taking into account the experimentally determined INS pI and considering that the CS pK_a is reported to be 6.5,⁴¹ a solution pH of 6 was selected for the INS–CS nanocomplex generation. At this solution pH, the macromolecular attraction is expected to be maximum due to the net charges of INS and CS in a Coulombic framework. 428

3.2. Optical Density Measurements. INS aggregation kinetics were monitored by registering changes in optical density (OD) of INS–CS solutions over time, for solution pH 6 and ionic strength of 0.15 M. Turbidimetric studies applied to protein–polysaccharide systems are based on the fact that turbidity/OD is proportional to both size and concentration of the particles formed.⁵³ The experimental data was then fitted using the model proposed by Stirpe et al.,⁵⁴ a non-linear square curve-fitting to the following stretched exponential function (eq 5): 438

$$\text{OD}(t) = \text{OD}_0 + \gamma \exp(-\alpha t)^\beta \quad (5) \quad 439$$

where OD , OD_0 , and γ are the observed optical density value at time t , the final optical density value, and the preexponential factor defined as optical density amplitude, respectively, whereas α and β are the rate and the order of spontaneous aggregate formation.⁵⁴ Fitting data and the mathematical model applied corresponding to the kinetic parameters can be seen in Supporting Information. Values of α and β derived from the fitting procedure in single INS and INS–CS complexes are reported in Table 2. 448 12

As it can be seen in Table 2, the INS–CS rate of protein aggregation almost triplicates the corresponding rate of single

Table 2. Kinetic Parameters That Describe the Protein Aggregation Process, from Experimental Data Fitting^a

| sample | α (1/min) | β |
|--------|------------------|-----------|
| I | 0.29 ± 0.01 | 2.2 ± 0.9 |
| INS–CS | 0.76 ± 0.16 | 2.1 ± 0.8 |

^aMean ± SD, $n = 3$. Ionic strength $I = 0.15$ M, INS 0.2% w/v, CS 1×10^{-4} % w/v.

451 INS. For single INS, the absence of solutes determines low
452 rates of aggregation, behavior that notoriously changes with the
453 presence of CS chains forming a dilute solution regime.⁵⁵

454 The order of protein aggregates formation was similar for
455 INS and INS–CS solutions, which could indicate that for this
456 CS concentration, interactions between the protein and the
457 polysaccharide chains were favored, i.e., both species were
458 easily accessible due to, in part, the bridging flocculation
459 phenomenon. Bridging-flocculation phenomenon is an analogy
460 to the concept used in emulsion science. Briefly, the long
461 polysaccharide chains are able to bind more than one protein
462 aggregate, forming protein molecular clusters. Thus, each
463 cluster is formed by charge neutralization and bridging effects.
464 This effect is most pronounced at lower polysaccharide
465 concentrations where protein aggregates surfaces are only
466 partially covered. Under this phenomenon, long polysaccharide
467 chains can bind protein aggregates and form molecular clusters
468 due to charge neutralization and bridging effects; therefore not
469 many intermediate steps were needed toward complexation.
470^{56,57}

471 **3.3. FT-IR Analysis.** The interactions between INS and CS
472 during the complexation process can be traced using infrared
473 spectroscopy by comparing single INS and CS spectra with the
474 spectrum obtained for the mixture (Figure 2). As can be seen,
475 INS exhibits typical peaks around 1650 and 1540 cm^{-1} , that
476 correspond to C=O stretching and C–N and N–H
477 interactions, respectively.⁵⁸

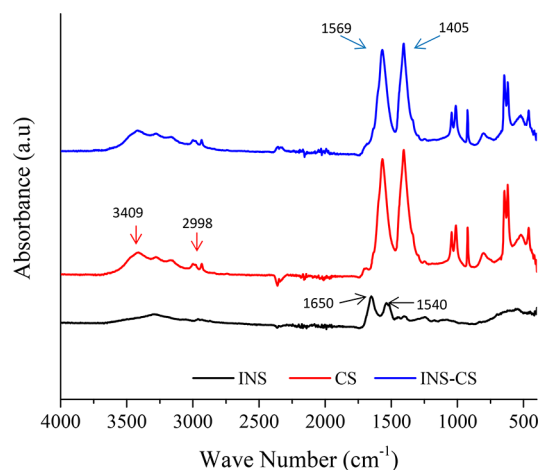


Figure 2. Infrared spectra of lyophilized INS, CS, and INS–CS complexes in the field 4000–500 cm^{-1} , at 25 °C and $I = 0.15$ M. Solutions were prepared at pH 6 prior to lyophilization.

478 On the other hand, the CS spectrum shows peaks around
479 3409 and 3283 cm^{-1} (O–H and N–H stretching), 2998 cm^{-1}
480 (C–H stretch vibrations.), 1567 cm^{-1} (C=O tension in
481 amide I), 1404 cm^{-1} (C–H and O–H deformation in amide
482 II), 1013 cm^{-1} (C–O and C–H tension), and 808 cm^{-1}
483 associated with the glucosamine units.^{59–62}

484 In INS–CS complexes spectrum, single INS mean peaks
485 (1650 and 1540 cm^{-1}) are masked. The characteristic
486 absorption bands for the complexes appeared at 1569 and
487 1405 cm^{-1} . The first one could be assigned to a combination of
488 signals from CS amide I and INS amide II. The second peak
489 corresponds to CS; the small displacement from single CS
490 spectrum could be associated with the interaction between the
491 polymer and the protein at the level of amide II. No new peaks

emergence was observed for the INS–CS complexes spectrum,
492 which is in coincidence with the results obtained by Prusty and
493 Sahu.⁶³ These observations suggest that some weaker physical
494 interactions between INS and the polymer were formed during
495 complexes formation, at least under these conditions of
496 macromolecules concentration, pH, ionic strength, temper-
497 ature, and solvent characteristics.
498

The findings presented in this contribution, regarding the
499 effect upon complexation visualized through INS–CS FTIR
500 spectra, are in line with those previously reported by
501 Mukhopadhyay et al. and Sarmiento et al.^{58,64}
502

3.4. Numerical Simulations. In a pure DVLO approach
503 the main physical driving force for the protein–polyelectrolyte
504 complex formation is the Coulombic attraction, for oppositely
505 charged particle systems. Conversely, for macromolecular
506 species with like charges, the interaction would be always
507 repulsive in this context. For macromolecules, however, the
508 formation of soluble complexes can occur even when the
509 protein and the polyelectrolyte present net charges with the
510 same sign.^{37,32,44} This has also been well reported in the
511 literature in several experimental papers, for poly diallyl-
512 dimethylammonium chloride (PDADMAC) and β -lactoglobulin,
513⁶⁵ for a cationic gold nanoparticle coupled to 3,6,9,12-
514 tetraoxatricosan-1-aminium, 23-mercapto-*N,N,N*-trimethyl
515 (TTMA) and BSA⁶⁶ and several dendrimers and lysozyme,⁶⁷
516 just to cite a few examples.
517

As a result of a perturbation in the acid–base equilibrium,
518 several changes can be induced in the distributions of charged
519 groups, leading to the charge regulation mechanism enhance-
520 ment.⁴⁴ These proton fluctuations evolve into an attractive
521 mesoscopic electrostatic force, which in certain circumstances
522 can overcome electrostatic Coulombic repulsion and allow
523 complexes formation in the so-called “wrong side of pI ”.⁶⁸ This
524 charge regulation phenomenon becomes particularly relevant
525 under conditions, such as low ionic strength and pH close to
526 the protein’s pI .^{37,32} It is at the pI that the repulsive Coulombic
527 electrostatic interactions vanish, and the system should be
528 dominated by the attractive interactions. However, depending
529 on the magnitude of the main molecular characteristics (net
530 charges and their charge regulation parameters) and the salt
531 concentration, the attraction can be seen even further from the
532 pI .
533

In order to comprehend the molecular mechanisms behind
534 the INS–CS complexation mechanisms, simulations were
535 performed at different pHs (the same pH range considered for
536 experimental studies), while the number of INSs units was also
537 varying. Along with a single chitosan chain, monomeric,
538 dimeric, tetrameric, and hexameric INSs were considered [CS
539 + n INS]. Thanks to these sets of simulations with different INS
540 oligomeric states, it is possible to obtain the more adequate
541 experimental conditions in terms of the solution pH and the
542 number of INS units, which would favor complex formation. In
543 this way a contrast between theoretical outcomes with the
544 behavior given by the experimental techniques could be
545 established. Additional CpH MC simulations runs were also
546 performed with INS in the presence of an electrolyte solution
547 as well as in the absence of CS. The purpose of this approach
548 was to theoretically predict its isolated pI as a function of the
549 oligomeric state. It was found that under these conditions, pI
550 varies between 5.4 and 5.6. Monomers, dimers, and trimers
551 have a pI equal to 5.4 while, for the tetramer, the pI increases
552 to 5.5 and, for the hexamer, it is equal to 5.6.
553

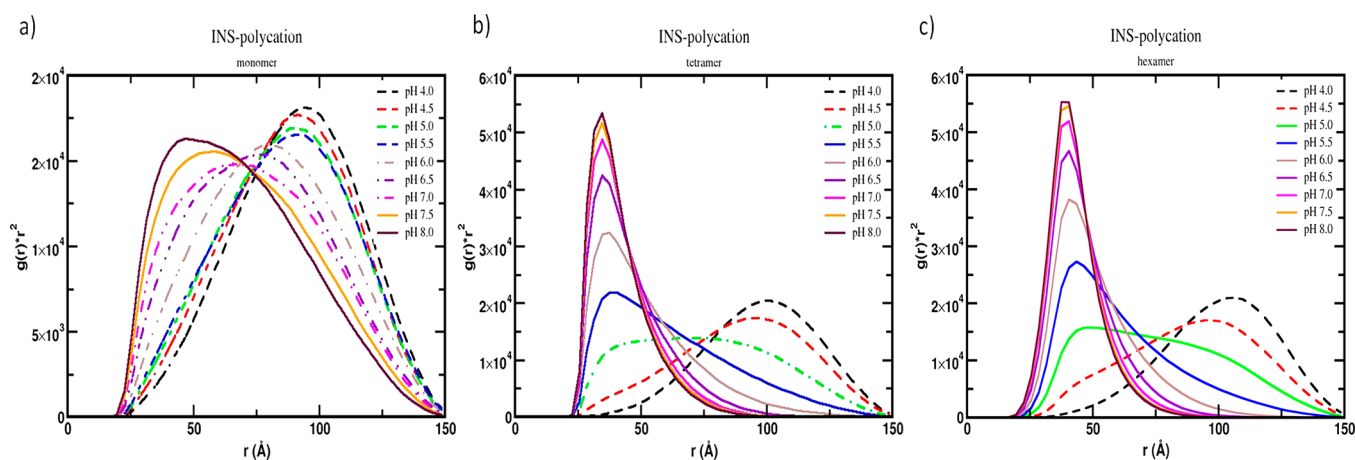


Figure 3. Computed free energy derivatives as a function of the separation distance between the protein center and the polyelectrolyte beads [$g(r) \cdot r^2$], for different numbers of INS units: (a) monomer; (b) tetramer; (c) hexamer. Different lines represent each complexation regime: solid (Coulombic attraction), dashed and dotted (attraction due the charge regulation mechanism), and dashed (Coulombic repulsion).

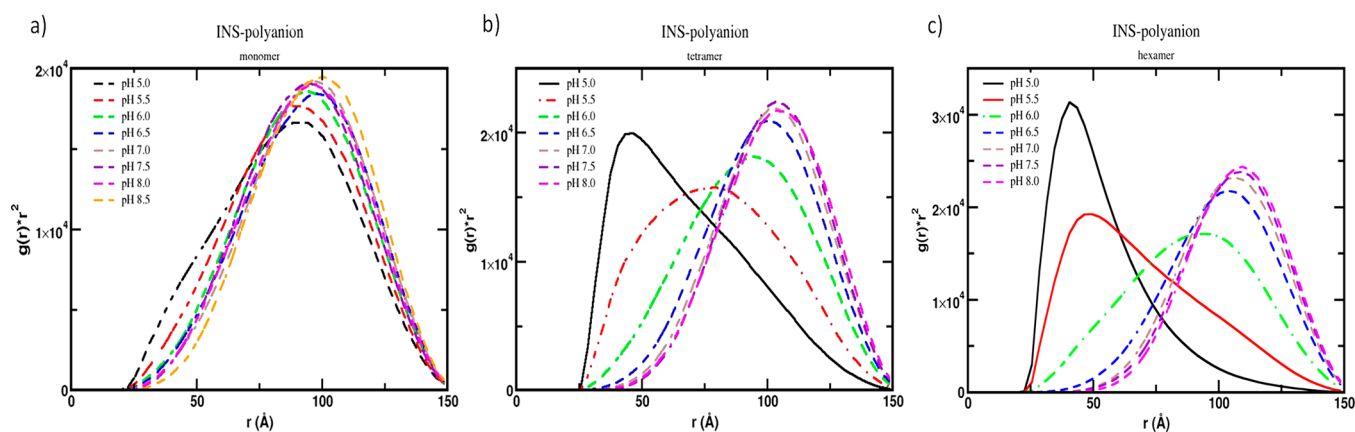


Figure 4. Computed free energy derivatives as a function of the separation distance between the protein center and the polyelectrolyte beads [$g(r) \cdot r^2$], for different numbers of INS units: (a) monomer; (b) tetramer; (c) hexamer. Different lines represent each regime: solid (Coulombic attraction), dashed and dotted (attraction due the charge regulation mechanism), and dashed (Coulombic repulsion).

554 These sets of simulations indicate that the interaction
 555 between INS and CS can follow the most common view of
 556 Coulombic interactions for some solutions pH values, where
 557 the complexation process requires for the macromolecules to
 558 have net charges with opposite sign. Besides these cases,
 559 complexation can also be observed for like-charged systems, as
 560 pointed out before. These cases with the complexation on the
 561 wrong side of pI are associated with the charge regulation
 562 mechanism.^{37,32,44} For all the $g(r) \cdot r^2$ plots (see Figures 3–6),
 563 the highest the peak at the short separation distance regime,
 564 the stronger the attraction becomes. In a similar way, a high
 565 peak at a large distance indicates a significant repulsion. As
 566 regarding the lines, a solid one indicates complexation, a
 567 dotted–dash line suggests the complexation due to the charge
 568 regulation mechanism, and a dashed one represents a
 569 dominant repulsion mechanism in which no complexation
 570 process can be observed.

571 Before introducing the specific results from the different sets
 572 of simulations, it is relevant to highlight some experimental
 573 considerations from ζ potential measurements. This is also
 574 confirmed by the theoretical predicted titration data: for $pH <$
 575 5.5, INS and CS present positive superficial charges, while for
 576 $pH > 6.5$ both charges are negative. The electrostatic
 577 Coulombic interaction pH has been established for $5.5 < pH$

< 6.5. Any attraction between these macromolecules observed
 578 for $pH > 6.5$, when both are negatively charged, would not
 579 have a Coulombic origin and could not be explained by the
 580 DVLO theory.
 581

3.4.1. *Polycation + nINS. Polycation + 1INS.* This case
 582 corresponds to the system with a CS chain positively charged.
 583 In Figure 3, we present an estimative of the interaction free
 584 energy in terms of its derivative expressed by the product $g(r) \cdot$
 585 r^2 . For the monomeric state of INS, a complexation INS–CS
 586 with low affinity can be spotted for alkaline pHs from 7.5 to 8,
 587 while a wider region where weaker attractions occurs can be
 588 seen for $6 < pH < 7$. The two macromolecules are not firmly
 589 connected in these cases. The weaker attraction is probably
 590 due to the charge regulation mechanism that tries to overcome
 591 the Coulombic repulsion, not being strong enough to make it
 592 concrete. For more acidic pHs ($pH \leq 5.5$), a repulsive
 593 interaction was obtained (see Figure 3a) following the classical
 594 Coulombic view where two positively charged macromolecules
 595 should repeal each other.
 596

Polycation + 4INS. In Figure 3b, the effect of monomer
 597 number of INS units (aggregates) can be observed in terms of
 598 interaction. The change in the oligomeric state from the
 599 monomer to the tetramer results in stronger attraction in
 600 comparison with the monomeric case, previously exhibited in
 601

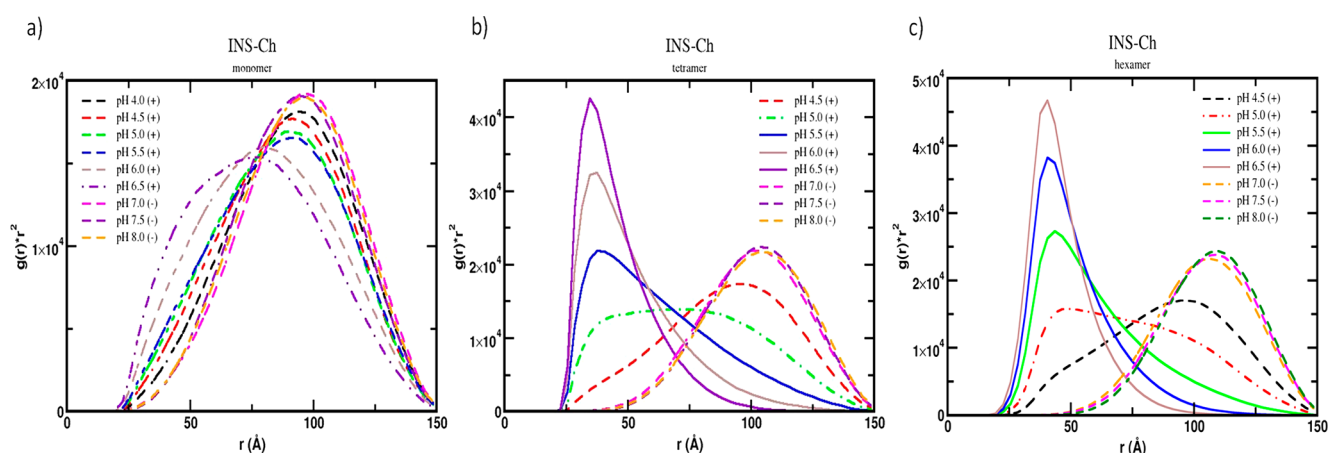


Figure 5. Computed free energy derivatives as a function of the separation distance between the protein center and the polyelectrolyte beads [$g(r) \cdot r^2$], for different numbers of INS units: (a) monomer; (b) tetramer; (c) hexamer. Different lines represent each regime: solid (Coulombic attraction), dashed and dotted (attraction due the charge regulation mechanism), and dashed (Coulombic repulsion).

602 **Figure 3a.** For the tetramer, complexation occurs for a pH
 603 range from 5.5 to 8, increasing its affinity as the solution pH
 604 value does (**Figure 3b**). 4INS (tetramer) is neutral at pH 5.5
 605 which indicates that any attraction cannot be attributed to
 606 Coulombic interactions. The highest attraction for the 4INS
 607 case was detected at pH 8. On the other hand, pH 5 starts to
 608 be a condition where the attraction becomes weaker, and the
 609 interaction between the two macromolecules is weaker. The
 610 charge regulation mechanism manifests its effect but is not able
 611 to overcome the repulsive Coulombic interaction at pH 5.
 612 Under these conditions, no clear peak can be observed; hence,
 613 this case could be associated with a stage or phase prior to a
 614 real complexation, which could be associated with incipient
 615 complexation.

616 **Polycation + 6INS.** For INS on its hexameric form (**Figure**
 617 **3c**), the complexation process continued the trend exhibited by
 618 4INS (**Figure 3b**), with the exception that there was no evident
 619 charge regulation mechanism and the complexation directly
 620 starts at pH 5 and carried on until pH 8, where it showed a
 621 sharp intensity peak. For this set of simulations, an increase of
 622 INS units seemed to play a key role on the complexation
 623 process and in the characteristics of the complexes formed.

624 **3.4.2. Polyanion + *n*INS. Polyanion + 1INS.** We now turn
 625 to the case where the polyelectrolyte should mimic a CS
 626 negatively charged. An INS monomer and a polyanionic chain
 627 produced no complexation at all studied pH range, from 5 to
 628 8.5, as it can be seen in **Figure 4a**. All the observed peaks
 629 presented separation distances of higher magnitude, which is
 630 characteristic of a repulsive interaction among the two
 631 macromolecules. It can be inferred from both experimental
 632 data and the predicted theoretical titration behavior of INS
 633 that, for a pH > 6.5, (i.e., CS's pK_a), INS and CS have the same
 634 negative sign being both species highly soluble. Therefore,
 635 electrostatic Coulombic interactions would not be favored for
 636 the complexation process to occur by this driving force.²⁵

637 **Polianion + 4INS.** When the number of INS units increases
 638 (from 1INS to 4INS), the attraction increases again.
 639 Complexation occurred at pH 5, as can be observed in **Figure**
 640 **4b**, while at pH 5.5 the trend seems to overcome the
 641 Coulombic repulsion with charge regulation mechanism. This
 642 result indicates that even when the Coulombic electrostatic
 643 interactions seem to be dominant in the system, the
 644 complexation process carries on due to the increase in the

number of INS units. This particle association occurs for pHs 645
 in which both species have the same sign in terms of their net 646
 charges, or for pHs closer to the protein's pI s. This incipient 647
 interaction may arise from the fact that many of INS amino 648
 acids have isoelectric points between 5 and 6. For these 649
 interaction pHs, some precipitation can be experimentally 650
 observed at macroscopic scale, which is a signal of insoluble 651
 complex formation. 652

Polianion + 6INS. Incipient complexation was detected at 653
 pH 6. The complexation process due to Coulombic attraction 654
 occurs at pH 5 and 5.5, thus maintaining the tendency for 655
 4INS and exhibiting complexation “on the wrong side of pI ”. 656

657 **3.4.3. Chitosan + *n*INS.** In **Figure 5**, we combined the data 657
 for the polycation and polyanion mimicking CS at both acid 658
 (+) and basic regimes (-). From this data, it can be concluded 659
 that complexation process is not expected for INS-CS when 660
 INS is in its monomeric form (**Figure 5a**). For both tetrameric 661
 and hexameric forms of INS (**Figure 5b, c**), incipient 662
 complexation due to charge regulation mechanism only took 663
 place at pH 5 and complexation range was observed to be 5.5 < 664
 pH < 6.5. 665

666 When the number of INS units increases in the simulation 666
 process, the solution pH at which the complexation can occur 667
 shifts toward acidic conditions. For example, while considering 668
 3INS (not shown), this mechanism arises for 5.5 < pH < 6.5. 669
 Under these conditions, the highest intensity complexation 670
 occurs for pHs 6 and 6.5. Such behavior resembles the 671
 experimental conditions: for pH 5, where complexation and 672
 precipitation started, and at pH 6 where electrostatic 673
 interactions are maximized. While considering a protein 674
 aggregate of 4INS ($pI = 5.5$), complexation occurred for a 675
 range of pHs, 5.5 < pH < 6.5, with the highest intensity 676
 peaking at pH 6.5 even if both macromolecules have charges 677
 with the same sign. Charge regulation mechanism gives the 678
 weaker attraction for pH 5, as can be seen in **Figure 5b**. For pH 679
 < 4.5 and pH > 7, no attractive interactions were registered. 680
 Complexation for aggregates of 6INS (**Figure 5c**) resulted 681
 much more intense than for 4INS aggregates, even though on 682
 the same pH range, highlighting the importance of INS 683
 molecules number forming the aggregates to be associated with 684
 the polysaccharide. 685

686 From these sets of simulations, it can be presumed that 686
 INS-CS interactions certainly depend on the number of INS 687
 688

688 units. In fact, in Figure 6, it can be observed not only how the
689 complexation can be propitiated but also how this process also
690 adds intensity for an increasing INS number in the oligomeric
691 state.

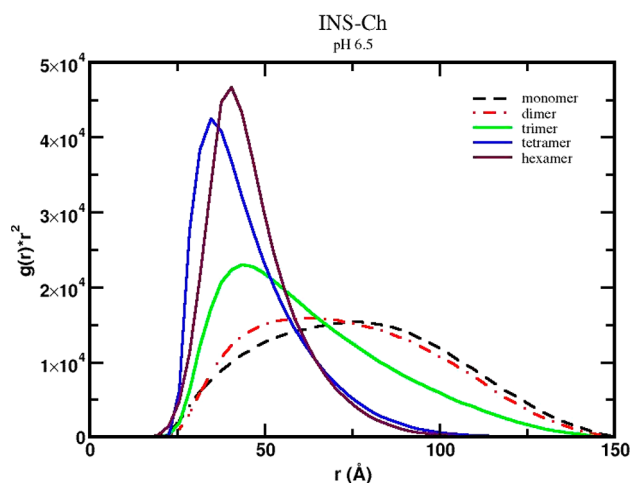


Figure 6. Computed free energy derivatives as a function of the separation distance between the protein center and the polyelectrolyte beads [$g(r) \cdot r^2$], for different number of INS units at pH 6.5. Different lines represent each regime: solid (Coulombic attraction), dashed and dotted (attraction due the charge regulation mechanism), and dashed (Coulombic repulsion). The oligomeric state (from monomer to hexamer) is indicated in the plot.

692 It is important to highlight the fact that each simulation was
693 conducted considering a fixed number of INS units, a
694 condition maintained for the entire duration of the simulation
695 procedure. Meanwhile, the experimental results showed that
696 this number can vary as long as pH does.⁵³ For the simulations,
697 is also important to note that when the number of INS
698 monomers is changed during the process, the pH range at
699 which the complexation occurs also changes, while the
700 experimental data shows that the complexation process is
701 favored at a fixed pH range.

702 Even more, it needs to be considered that both the protein
703 and the polysaccharide used in this point, i.e. simulation
704 approach, constitutes an oversimplification of a highly complex
705 real situation, and therefore some differences may appear while
706 comparing the simulated interaction pHs and those obtained
707 from experimental data.⁴⁴ Nevertheless, this computational
708 approach provides a practical mean to rationalize the complex
709 interplay of the physical and chemical interactions involved in
710 the process.

711 The set of figures presented here suggests that CS's chain
712 interacts more efficiently, i.e. in a wider pH range, with INS
713 aggregates formed by the highest monomer number; these
714 results are in line with those experimentally obtained in ref 19.
715 As a result of considering one polymeric chain interacting with
716 one or several INS units, the comparison between simulations
717 and experimental findings become difficult, because the
718 experimental results indicate that multiple units of CS and
719 INS as well, are involved in the complete complexation
720 process. Furthermore, it has been described that both species
721 have pH dependent self-aggregation kinetics that cannot be
722 discarded,^{69–71} even though the concentrations used in this
723 work were low enough to minimize this effect.⁷²

4. CONCLUSIONS

724 Experimental techniques proved the existence of macro-
725 molecular interactions between INS and CS, allowing us to
726 obtain quantitative parameters that characterize the complex-
727 ation process. Protein aggregation induced by the CS presence
728 was monitored by turbidimetric measurements and during
729 complexes formation. All the techniques combined allowed us
730 to determine that pH 6 was the more appropriate level for
731 maximizing complex formation via electrostatic interactions.

732 The chemical groups involved in such interactions were
733 highlighted by FTIR, in dehydrated systems for which the
734 complexation had already occurred in aqueous solution.
735 Interactions between INS and CS were manifested by the
736 subtle displacement of peaks corresponding to amide I and
737 amide II in the formed complex.

738 Modeling data derived from the turbidimetric measurements
739 allowed to establish that, under a dilute regime, complexation
740 phenomenon proceeds rapidly, and the type of structure
741 formed is a cluster formed via bridging flocculation.

742 On the other hand, constant-pH Monte Carlo simulations
743 were performed in order to further elucidated INS–CS
744 interactions and complex formation. These simulations showed
745 that two parameters are the most relevant for the INS–CS
746 complexation process. On one hand, as the INS unit number
747 increases so does the complexation probability. On the other
748 hand, the pH should be higher than 5.5 for macromolecular
749 interactions, which correlates with ζ -potential measurements,
750 indicating that the experimental pH range should be $5.5 < \text{pH}$
751 < 6.5 . This ζ -potential range ensures the electrostatic
752 interactions between the two species.

753 In this context, the charge regulation mechanism can be
754 considered as a previous phase toward complexation or an
755 incipient complexation stage caused by weak interactions of
756 Coulombic nature. In any case, this mechanism should not be
757 ruled out, especially for pHs that render both species with the
758 same net charges or at pH values that are too close with
759 protein pI . Simulations turned out to be a very interesting tool
760 to elucidate a pH-induced mechanism that could translate into
761 attractive forces due to electrostatic interactions and repulsive
762 forces for situations in which the macromolecules have the
763 same surface charge.

764 These results are of extreme relevance, because pH, and
765 therefore the INS aggregation state or the number of
766 aggregated monomers ($n\text{INS}$), must be carefully considered
767 for a complete process understanding. In this context these
768 results are in line with those published before in the work of
769 Silva et al.¹⁹

770 From a technological point of view, the knowledge of INS–
771 CS parameters that rule complex formation could be an
772 alternative for developing a new generation of drugs allowing
773 INS protection from the hostile conditions of the body and
774 increasing its absorption. In summary, these findings have basic
775 and practical impacts as they could be exploited to exert the
776 controlled release of INS in therapeutic formulations by using
777 CS based complexes.

■ ASSOCIATED CONTENT

📄 Supporting Information

779 The Supporting Information is available free of charge at
780 <https://pubs.acs.org/doi/10.1021/acs.jcim.9b00814>.

781 Table S1 and Figure S1 (PDF)

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791 Notes

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