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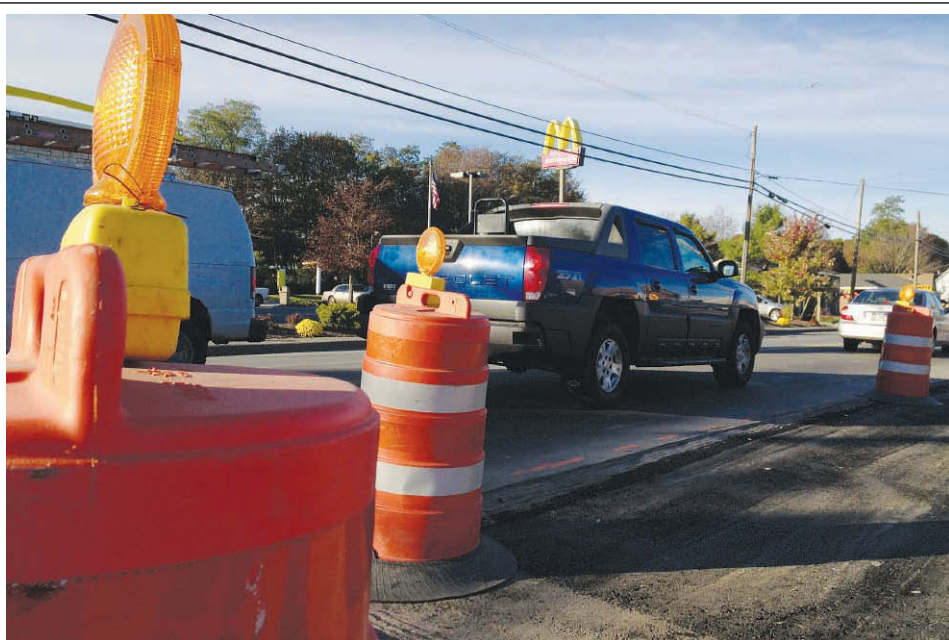
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Delays Ahead: Rockland Roadwork Continues Through Mid-November

by Christine Parrish
It seemed there was no way to get from here to there in Rockland for the past several weeks; the whole city appears to be under construction, leading to questions about who was in charge of coordinating roadwork and traffic flow.

The water company has been digging up lines north of McDonald's on Camden Street, with the stoplight turned off and a blinking light in its place. Traffic has often backed up past the light at Hannaford and both ways, north and south, on Camden Street at the Maverick Street intersection.

Taking Old County Road as a detour around the construction wasn't possible, either. There were traffic delays due to water company construction at Kaler's Corner, which is scheduled to be finished by the end of October, with that crew moving to Owls

Head to tear up some old pipe on Route 73 past the vocational school in November.

Cars were darting out in front of oncoming traffic to make a left turn at McDonald's. There was no flagger in sight. Once on Camden Street, the seemingly endless road trenches that had been dug up and filled in were about as smooth as a frost-heaved road in March.

Deputy Police Chief Wally Tower said while the construction has been frustrating for motorists, it has not been an impediment in responding to police calls on the north side of Rockland. Tower said about 10 complaints had come in about the construction delays in the past few weeks.

"It's up to the water company to decide whether or not to put a flagger at Maverick Square," said Tower, noting that the police

ROCKLAND ROADS continues page 5

Department of the Treasury on effects of default—

"A Catastrophic Economic Shock That Could Last for More Than a Generation"

At press time it appears the US House of Representatives may opt to not default on the debt, for the moment. But since it also appears that the "deal" keeps the door open for the drama to play out again come January, here's some lively descriptions of the fire our elected officials are playing with.

On October 1, the Secretary of the Treasury sent a letter to Speaker of the House John Boehner, copying other Congressional leaders, explaining the October 17 deadline and the Department of the Treasury's responsibility "to protect the full faith and credit of the United States" and urging Congress "to act immediately to meet its responsibility."

On October 3, the Treasury Department released a six-page report on the potential effect "of debt ceiling brinkmanship," noting that "political brinkmanship that engenders even the prospect of a default can be disruptive to financial markets and American businesses and families."

Following are excerpts from that six-page report:

"The United States has never defaulted on its obligations, and the U.S. dollar and Treasury securities are at the center of the international financial system. A default would be unprecedented and has the potential to be catastrophic: credit markets could

TREASURY ON DEFAULT continues page 5



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 Conveniently located for commuter or village dweller, this 3 BR New England farmhouse on the go has 1.5 baths & large deck. Nice study or TV room, garden space & a newer 2 car garage. Recent updates in **Waldoboro \$152,950**



This is a traditional New England farmhouse w/a tree-shaded front porch, 3 BR, a detached garage, DR w/woodstove hearth, double parlor, new septic in 2009 and a rear yard w/privacy. Updated w/fresh paint & a new roof!! **Rockland \$160,000**



Nice 3 season log cabin with westerly exposure, matched pine boards & beamed ceilings, a .46 acre lot and 125' of frontage. Nestled among the hardwoods in **Warren \$229,600**



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This is a nicely finished 3 BR home with many upgrades & custom touches. Open living concept w/a thoughtfully crafted culinary center. Newly finished heated sunroom overlooking the wrap-around poolside deck. 2 car garage w/large lot for gardens, pets & privacy! **Warren \$197,819**



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PORT CLYDE WATERFRONT - \$699,000



PORT CLYDE - Exceptionally maintained 3 BR/2 BA home on private lot w/ spectacular views, deep water frontage, well maintained dock, all new exterior paint, updated systems including propane boiler. Water-view master bath w/steam shower & whirlpool tub. New 4 BR septic system. Large workshop with second floor awaits your ideas. Wow! **\$699,000**

WATERFRONT FARMHOUSE ON 60 ACRES - WARREN



WARREN - Extraordinary, restored, 1835 Cape-style home with new state-of-the-art horse barn, heated tack room, 3 stalls with room for 6 horses. 60 beautiful acres with water frontage on river and pond. 37 acres of open land and 23 acres of woods. **\$592,500**

NEW LISTING - ISLESBORO WATERFRONT COTTAGE



ISLESBORO - Consider Islesboro - a 15 minute ferry ride from Lincolnville & a 10 minute boat ride to Castine for breakfast! Charming & private, 3 BR/1 BA beachfront cottage in Pripet on 4.77 acres with 326 feet of ocean frontage and panoramic sunrise views over Penobscot Bay. Surveyed lot w/frontage on Main & Lime Kiln Roads. **\$495,000**

SOLD WATERFRONT LOT



SPRUCE HEAD - Small, waterfront lot on Seal Harbor with additional acreage on Island Avenue and Atlantic Quarry Road.

THORNBUSH LANE WATERFRONT LOT



ST. GEORGE - Fine, waterfront with gravel driveway in place. Surveyed and soil tested. Area of newer homes. Ten minute drive to Rockland. **\$150,000**

PORT CLYDE WATERFRONT



CLOSE TO PORT CLYDE ON THE ST. GEORGE RIVER - This 3 BR/4 BATH, waterfront home with 3,690 sq. ft. of finished living space is priced less than assessed value but needs some work. One car garage. Family boat and mooring are included. The boat is in storage. Spectacular, saltwater views, deep water dock, beach, very peaceful setting, on a well-maintained road. **\$575,000**

TENANTS HARBOR VILLAGE



Charming, updated 1930, 3 BR/1 BA cottage on one acre with nice features, private back yard, wood stove, and some water views. Walk to library, general store, and post office. **\$239,000**

TENANTS HARBOR VILLAGE



REMEMBER WHEN.... A farmers porch, nice barn, avenue to ride bikes and play on was something only to dream about. Well this new listing has it all. Short walk to harbor with white sails and lobster boats. Priced below assessed value. Wonderful village location. **\$229,000**

SAINT GEORGE FARMHOUSE



MARTINSVILLE, ST. GEORGE - Wonderful 1940 New Englander on pastoral 2.1 acre lot. Charming and in excellent condition. Lovingly cared for with important improvements. All systems updated. Perfect vacation or all year round home. New 2.5 car garage. Short drive to Drift Inn Beach. **\$259,500**

RACKLIFF ISLAND WATERFRONT



SPRUCE HEAD - Exceptional +/-3252 sq. ft. waterfront home on Rackliff Island, accessible by short causeway from Spruce Head. Ocean views from all rooms. First & second floor master suites. Daylight basement w/large, finished family room plus large recreation equipment room & workshop. Access to Rackliff Island Residents' private beach. **\$779,000**

WATERFRONT LOTS \$135,000 & \$150,000



ST. GEORGE, ADRIC LANE - LOT 1 - 1.29 acres with 220 feet of water frontage on Otis Cove. **\$135,000**
LOT 2 - 2.1 acres w/234 feet of water frontage. **\$150,000**

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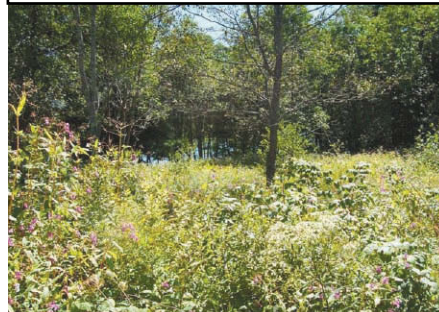
DODGE MOUNTAIN, ROCKLAND - Breathtaking views of Penobscot Bay, Rockland Breakwater/Lighthouse, Owls Head peninsula & more...6.39 acre lot; soil tested for 3 bedroom septic. Several possible building sites. Lovely stone walls, birds, & starry nights. 5 min to downtown Rockland shops & galleries. **\$139,000**

WATERFRONT FARMHOUSE ON MILL POND



TENANTS HARBOR - 2,000 sq. ft., 4 bedroom/3 bath, 1890 home with 2004 addition. Fireplace. Rear decks on both floors. Beautiful water views. Frontage on Mill Pond and views of Mosquito Harbor. Home has been used as a private home and also has good rental history. Lovely 3.45 acre lot on quiet road. **\$560,000**

TREASURE PT. WATERFRONT LOTS



LOT 7 - 2.8 acre waterfront lot. **\$175,000**
LOT 8 - 4.3 acre waterfront lot. **\$225,000**

BUILDING LOTS - ST. GEORGE

- RACKLIFF ISLAND LOT** - .83 acre waterfront lot w/septic design & permit. **\$125,000**
- ANGIERS LN.** - 2.3 acre lot w/water views. Ped. ROW to shore. **\$119,000**
- TREASURE PT. - LOT 7** - 2.8 acre waterfront lot. **\$175,000**
- LOT 8** - 4.3 acre waterfront lot. **\$225,000**
- ADRIC LN. LOT 1** - 1.29 acres w/220 feet of water frontage on Otis Cove. **\$135,000**
- LOT 2** - 2.1 acres w/234 feet of water frontage. **\$150,000**
- THORNBUSH LN.** - 1.8 acre waterfront lot w/ gravel driveway **\$150,000**

DODGE MOUNTAIN LOTS - ROCKLAND

- OCEAN VIEW** - 13 Clayton Lane - 6.39 ac. **\$139,000**
- PRIVATE, WOODED** - 70 Dodge Mtn. - 10.8 ac. **\$79,000**

Joe Steinberger

The Old School

I am in the midst of an experiment in education. It is a collaboration in the creation of a school in which students have the opportunity to become knowledgeable in a wide variety of disciplines in the arts and sciences, and pay no tuition. We call it The Old School, and it is a non-profit educational organization.

Its economic viability will depend on our minimizing administrative and occupancy expenses, on a generous faculty, and on the collaboration of students. It seems entirely possible to me.

The school will depend on a system of collaborative administration in which teachers and students can offer and sign up for courses and can find partners for symposia and other study adventures. With this, and without the need to account for tuition, administration can be minimal.

As for occupancy expenses, we have a pleasant room that is available to us at the WRFR studios at 20 Gay Street in Rockland. When and if we expand, we will find other rooms among the many that go unused on most evenings. For informal symposia with convivial company, seats in many a Rockland and Camden public house can be found for the price of a glass of wine.

We do anticipate that the activity of the school will be mainly in the evening. This is because we expect that the majority of our students will be otherwise occupied during the day.

The generous, and extremely competent, faculty is our community. From fine arts to physics, from law to medicine to architecture and engineering, we have great minds to match any university campus in the world. Many of these people are retired from their careers. Others, though they are still busy with their work, are nevertheless willing to take time to share their knowledge in the spirit of community. Indeed, the passing of knowledge from generation to generation has long been understood to be a community responsibility. It is only recently that we have begun to make young people pay large sums for it.

The education-for-pay formula is connected with the income-producing value of the “degrees” that are available only from licensed institutions. The business of education is more about the value of the degrees, less about the value of the knowledge that the student may or may not acquire while pursuing the degree.

The Old School will not offer credits or degrees. We will focus on the value of knowledge and avoid the financial and bureaucratic barriers of the accreditation process. Students can prove their knowledge with their scores on standardized tests and with letters from their teachers.

The final item in my list of prerequisites for the success of The Old School is the collaboration of students. This may be the hardest part. We have become a consumer society. What does not cost money is often not valued, and people often pass up opportunities to better themselves if these opportunities are not products that are advertised in the expensive ways that create value in the popular mind.

Along with this consumer mentality goes passivity. Learning at The Old School, however, will require a self-motivated and energetic immersion into the subject matter. It could be hard work, it could be fascinating and inspiring, it could be the ultimate pleasure, but it cannot be passive.

That goes for teaching, too. Indeed, the line between teaching and learning is a fuzzy one. Inevitably, teachers learn and students teach. Many of the school’s courses will be symposia with little distinction between the two roles.

Who knows how it will develop? For now it is in its infancy. One seminar — Talking Photography with Ron Tesler — is meeting now; four other courses are in various stages of organization. We have a simple website at www.oldschoolrockland.org which you are invited to visit.

We hope eventually to add interactive features that will automate what now is done by a few volunteers: receiving and forwarding emails and adding the resulting course proposals to the website.

On manual or automatic, the way it works is that teachers offer courses and invite students to join them, and students request courses and invite teachers to offer them. For either purpose, you are invited to click on “contact me” on our website.

I have my own idea of something I would like to offer, a symposium on home economics. I have been thinking of ways people can simplify and economize, to take advantage of all that is available inexpensively to support a healthy, joyful and productive life. I would like, with your collaboration, to study economy from a family perspective.

To start with first principles, I have begun building a wigwam, a version in modern materials of the simple bark-covered houses of our Abenaki Indian forebears. My fantasy is that we cover it before the snow flies, and then spend a few winter evenings around the fire talking about food and shelter, and about how, without using more than our share of the resources that the earth can sustainably provide, to get the most out of life.

“Repeated brinksmanship dents confidence in effectiveness of U.S. government & political institutions”

Fitch Ratings Warns United States’ AAA Standing in Jeopardy

by Alice McFadden

The nihilist Republicans in the United States of America’s House of Representatives continue on their quest to destroy a functioning government — aided and abetted by many heretofore not-very-nihilistic Republicans who for too long refused to stand up to the terrorist tactics of their shut-it-down-and-be-damned contingent.

As we go to press today, on Wednesday afternoon, and the midnight default deadline looms, reports are that a deal has been worked out to forestall default and extend the battle to a new deadline four months down the pike.

While this month’s crisis may be put off, these repeated prolonged battles to the brink are having detrimental effects on the U.S. economy.

On Tuesday, Fitch Ratings, one of the world’s major credit rating agencies, announced that it has placed the United States of America’s sovereign creditworthiness on “Rating Watch Negative” because “U.S. authorities have not raised the federal debt ceiling in a timely manner before the Treasury exhausts extraordinary measures.... Although Fitch continues to believe that the debt ceiling will be raised soon, the political brinksmanship and reduced financing flexibility could increase the risk of a U.S. default.”

The country’s creditworthiness is currently rated AAA by Fitch. It’s enlightening to read Fitch’s take on just how strong the country’s fundamentals actually are (well, until the crisis-creators have done with their attacks upon it):

“The AAA rating reflects the U.S.’s strong economic and credit fundamentals, including:

- Its highly productive, diversified and wealthy economy; extraordinary monetary and exchange rate flexibility; and the exceptional financing flexibility afforded by the global reserve currency status of the U.S. dollar and the depth and liquidity of domestic capital markets — in particular the U.S. Treasury market. The U.S. sovereign credit profile also benefits from the respect for property rights, the rule of law and a high degree of social stability.

- Fitch continues to judge that the U.S. economy (and hence tax base) remains more dynamic and resilient to shocks than its high-grade rating peers. Fiscal and macroeconomic risks emanating from the financial sector are generally low and diminishing and becoming supportive of, rather than a drag on, economic growth. Fitch forecasts economic growth to pick up from 1.6% in 2013 to 2.6% in 2014 and to average 3% over 2015-17, before reverting to its assumed long-run trend growth rate of 2.25%. The projected recovery is supported by easing headwinds from private sector debt deleveraging, a pick-up in the housing market and a gradual decline in unemployment.”

In describing the decision to announce its “Rating Watch Negative” warning, Fitch reported that some of the key drivers leading to its announcement on Tuesday included:

- “The prolonged negotiations over raising the debt ceiling (following the episode in August 2011) risks undermining confidence in the role of the U.S. dollar as the preeminent global reserve currency, by casting doubt over the full faith and credit of the U.S. This ‘faith’ is a key reason why the U.S. AAA rating can tolerate a substantially higher level of public debt than other AAA sovereigns.”

- “The repeated brinksmanship over raising the debt ceiling also dents confidence in the effectiveness of the U.S. government and political institutions, and in the coherence and credibility of economic policy. It will also have some detrimental effect on the U.S. economy.”

Come tomorrow, October 17, while default may be staved off for now, this ugly gamesmanship will continue to put the United States in a weakened position in so many ways, jeopardizing confidence domestically and internationally.

But why? Why are some forces working so diligently to undermine the well-being of this — to quote Fitch — “highly productive, diversified and wealthy economy”?

The claim by some that it’s all about health insurance doesn’t even begin to pass muster.

The current mess brings to mind some memorable statements from the ’60s. Is it a case of wanting to destroy the village in order to save it? Or, is it akin to Mayor Richard J. Daley’s legendary misspeak on the floor of the 1968 Democratic Convention, when he told a reporter as police were beating people in the streets: “The police are not here to create disorder, they’re here to preserve disorder.”

Statoil Pulls Plug Permanently on Offshore Wind Project in Maine

by Andy O’Brien

The Norwegian energy company Statoil has decided to close down its Hywind Maine offshore wind energy project and “demobilize all activities and resources” in Maine.

In a press release on Tuesday, the company cited uncertainty around the state’s rules and regulations and said it will instead concentrate on the Hywind concept in Scotland.

In January, Maine’s Public Utilities Commission gave Statoil the green light on a \$120-million contract to put four floating wind turbines 12 miles off of Boothbay Harbor by 2016.

In June, Governor LePage, who opposed Statoil’s plan from the beginning because of the above-market rates that the energy would be sold for, insisted on an amendment to the Legislature’s “omnibus energy” bill reopening the application process, effectively voiding the contract with Statoil.

In response, Statoil suspended its application in July. In September, the AP reported that Gov. LePage’s administration worked behind the scenes to derail Statoil’s multimillion-dollar agreement with the state, according to documents obtained by the news organization.

The University of Maine — partnered with Cianbro and the parent company of Bangor Hydro-Electric Co., Emera Inc. of Halifax, Nova Scotia — submitted its application in September, and the PUC is expected to make its final decision in December.

On Tuesday, Trine Ulla, head of business development for Floating Wind in Statoil, said in a statement, “Regardless of our exit in Maine, we will continue to explore the US offshore wind market. The US holds several locations with good wind conditions, deep waters and proximity to load centers.”

Activities, Lunch & Music for All Ages to Launch New Library in Tenants Harbor

Everyone in St. George is invited to celebrate the launch of the new Jackson Memorial Library in Tenants Harbor on Saturday, October 26, from 11 a.m. to 2 p.m.

The free festivities include lunch, live music played by both Rusty Hinges and Rob Elliott and the Ridge Review, activities and games. Find out how many different things can be launched, including pumpkin catapults, air-propelled rockets, boats and paper airplanes. There will be scavenger hunts and games for both children and adults. Lunch of chowder, chili and hot dogs is from noon to 1:30 p.m.

Jackson Memorial Library is at 71 Main Street in Tenants Harbor. For more information, call 372-8961 or visit www.JacksonMemorialLibrary.org.

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Press releases and calendar items should be received **no later than 1 p.m. Friday (letters to the editor by noon Monday)** — e-mail them to copyedit@freepressonline.com or mail them to the address above.

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TREASURY ON EFFECTS OF DEFAULT FROM PAGE 1

freeze, the value of the dollar could plummet, U.S. interest rates could skyrocket, the negative spillovers could reverberate around the world, and there might be a financial crisis and recession that could echo the events of 2008 or worse....

The closest historical precedent is the debt ceiling impasse in 2011, around which time consumer and business confidence fell sharply, and financial markets went through stress and job growth slowed. In 2011, U.S. government debt was downgraded, the stock market fell, measures of volatility jumped, and credit risk spreads widened noticeably; these financial market effects persisted for months.

Shutdown Puts Improving Economy at Risk

Real GDP expanded at a 1.8 percent annual rate in the first half of 2013, and last month, a consensus of economists forecast real GDP to accelerate to a 2.4 percent annual rate in the second half and then to expand 2.8 percent in 2014. As economic activity strengthens, labor market conditions should improve further, creating new jobs and maintaining the downward trajectory of the unemployment rate. The government shutdown that began October 1 puts that outlook at risk.

Private-sector economists have estimated that a weeklong shutdown could slow GDP growth in the fourth quarter by over a quarter percentage point, while a longer shutdown could have a substantially greater effect, perhaps even causing a recession. If such projections prove accurate, the weaker-than-expected economic expansion would be even more susceptible to the adverse effects from a debt ceiling impasse than prior to the shutdown. A protracted debate about the debt ceiling could spark renewed financial market stress and a fall in stock prices.

Greenpeace Captain Denied Bail in Russia

by Christine Parrish

Captain Peter Willcox, 60, was denied bail in a Russian court on Monday, October 14, where he and 29 other crew from the Greenpeace *Arctic Sunrise* were charged with piracy earlier this month after attempting to hang a banner on a Russian Gazprom oil platform in the Arctic.

The Russian attempt to drill oil in the Arctic is the first attempt by any country to extract oil from beneath the polar ice — an attempt made possible by the rapid melting of the polar ice cap.

Captain Willcox, a 32-year veteran of the international environmental activist organization, is married to Maggy Willcox of Islesboro. Captain Willcox was the only American onboard, although one other crewmember holds a dual citizenship with the U.S.

Additional charges of having drugs aboard the *Arctic Sunrise* are pending. Greenpeace, who enforces a strict anti-drug policy on its ships, said the drugs could only have been from the locked medical kit that the ship is required to carry.

Captain Willcox has also been charged with obstructing the Russian coast guard from boarding the *Arctic Sunrise*, a charge that is largely administrative in nature and carries a fine of around \$600, according to his wife Maggy.

Maggy Willcox has been in contact with a U.S. consulate official in St. Petersburg who has seen her husband several times since he was taken into Russian custody.

The *Arctic Sunrise* crew are not being held in custody together, according to Willcox. The U.S. consular official reported to Willcox that her husband said that he is being treated well by jail staff and the cleaners that come into the building.

October 23 in Rockland — Meeting to Discuss Public Transit Options for the Midcoast

by Andy O'Brien

A public meeting to report on the findings of a study on potential public transit options for Camden, Rockport, Rockland and Thomaston will take place on Wednesday, October 23, at 7 p.m. at Rockland City Hall. The Midcoast Transit Committee and consultants from Nelson/Nygaard will present options for public transit in the region. During the meeting, the public will be encouraged to provide feedback to the Midcoast Transit Committee.

According to an online survey of 700 residents in the four midcoast towns conducted by the Transit Committee between April and August of this year, although 80 percent of respondents have access to a vehicle on a daily basis, 90 percent think the time is right to consider expanded public transit in the area, and 60 percent say they would use it. Most respondents also said that they do most of their travel outside of town. For instance, in Rockland just over 30 percent said that they access the amenities within the town itself and about 70 percent go out of town for various needs. Sixty percent of the respondents were 51 and older.

Daily bus service ended in the midcoast area in the late 1950s and attempts at seasonal daily transit have been short-lived since then. However, according to the Transit Committee, during the past several years, localized daily transit systems have met with success in the Bar Harbor area, Augusta, York County, and around Bethel and Sugarloaf. Some of those systems are seasonal.

"One of my concerns is that we don't wait. These are really opportunities for us," said Midcoast Transit Committee Chairman Don White of Camden at a Transit Committee meeting on Thursday, October 10, in Rockport.

Wider credit spreads would depress spending from the private sector. In addition, increased uncertainty or reduced confidence could lead consumers to postpone purchases and businesses to postpone hiring and investments. A precise estimate of the effects is impossible, and the current situation is different than that of late 2011, yet economic theory and empirical evidence is clear about the direction of the effect: a large, adverse, and persistent financial shock like the one that began in late 2011 would result in a slower economy with less hiring and a higher unemployment rate than would otherwise be the case....

If market participants were to lose confidence in the United States' willingness to repay its debts, the adverse effects seen in 2011 could reappear, and even push up yields on Treasury securities. Such a rise in Treasury yields would also raise the cost of financing the government's debt and worsen the fiscal position of the government.

In the event that a debt limit impasse were to lead to a default, it could have a catastrophic effect on not just financial markets but also on job creation, consumer spending and economic growth — with many private-sector analysts believing that it would lead to events of the magnitude of late 2008 or worse, and the result then was a recession more severe than any seen since the Great Depression. Considering the experience of countries around the world that have defaulted on their debt, not only might the economic consequences of default be profound, those consequences, including high interest rates, reduced investment, higher debt payments, and slow economic growth, could last for more than a generation."

Captain Willcox is not in isolation. He shares a cell with a smoker, he wrote in an October 5 letter to his wife, which she received on Thursday, October 10.

In the letter, Captain Willcox says he has heard from the consulate that the news of the Arctic 30, as the activists are being called, is on the front page in Argentina every day. "I imagine that by now the Arctic 30 is on the obituary page in the U.S.," he wrote.

Not quite.

Maggy Willcox, the editor and publisher of the Islesboro Island News, and Peter's daughter, Natasha, will be on CNN later this week, interviewed by journalist Ivan Watson who has reported from Russia and surrounding countries. An interview with NBC is in the works, Maggy said.

The next deadline of note for Captain Willcox is November 24, when the crew will face the court for a determination of whether they will go straight to trial, whether the charges will be dismissed or scaled down to exclude piracy or whether the prosecutors will request an 18-month period to build a case.

"The 18-month request is fairly common," said Willcox, who got the information on the options from the U.S. Consulate in St. Petersburg. It is unlikely they would be released while pending trial, according to the information she received.

Reuters news service reported Monday, October 14, that the human rights advisory committee to the Kremlin is planning to "ask prosecutors to withdraw the piracy charges," while other countries who are poised to explore oil drilling in the Arctic are watching the piracy charges against environmental activists with interest.

At that meeting, representatives from the four towns on the route as well as other community stakeholders reviewed the consultants' preliminary data on possible options for a public transit route. The committee looked at options with varied routes, times and stops. The group expressed support for regular hourly service on a fixed route with a regular schedule. One route would run along Route 1 from the Camden Library to Oceanside West High School, though some alternatives included stops at Camden Hills Regional High School and Camden Hills State Park. Other stops being considered are the Hannaford supermarkets in Rockland and Camden, Rockland Shaw's, University College Rockland, the Maine State Ferry Terminal in Rockland, Pen Bay Medical Center and the new Walmart Supercenter in Thomaston.

White noted that at previous meetings in June, residents from Lincolnville and the St. George peninsula had expressed interest in service to their towns, but he said that it was important to start small.

"I think an important thing to remember is, let's start with something we can manage, and if it works we can get bigger," said White.

Questions were raised about the accuracy of the consultants' estimates on ridership numbers and service times. White forwarded those questions on to the authors of the feasibility study, who will address them at the meeting on October 23.

The Midcoast Transit Study will be completed in late January 2014. Those who have questions about the meeting can email Carol Morris at cmorris@morriscomm.net or call 329-6502. Information on previous meetings and the study findings can be found at www.midcoastplanning.org/transitstudy.html.

ROCKLAND'S ROADS

CONTINUED FROM PAGE 1



monitor the impact of that decision. "The burden is on motorists to slow down and use some care and caution. It is a construction zone."

Rick Knowlton of the Maine Water Company said that the contractors for Camden Street had complied with the number of flaggers required for the project, but acknowledged there had been traffic problems.

"Flaggers are the most efficient," said Knowlton. "Perhaps there is a lack of adequate staff for traffic control."

Rockland City Manager James Smith was more explicit, saying he had met with Knowlton two weeks ago about road construction concerns.

"We have concerns about how the Camden Street project has been executed," said Smith. The work has been done by contractor George C. Hall & Sons.

"One concern is the roughness of the road where the water trenches were dug," said Smith, noting that the paving had been sloppily done.

Smith said the contractors also initially started work in mid-July during the daytime.

"They opened up the street during the day in the middle of the summer traffic," said Smith. "That's a problem."

They switched to doing night construction during the summer at Smith's request.

The City of Rockland issues the permits to dig up city streets. Smith said the permitting process is under review as a result of some of the problems raised about road construction this year and he is in the process of deciding whether to propose a change in permitting to the City Council.

Work on Camden Street should be finished next week, at which time the George C. Hall crew will start digging up Park Street to replace old water pipe between the Puffin Stop and the NAPA auto parts store.

Meanwhile, water company construction on Rankin Street will be finished by the end of the month, the city is ditching on Lake Avenue and preparing to do construction on Lime-rock Street, and the Maine Department of Transportation just finished putting a paving skim coat on both ends of Old County Road and will be back to feather the edges in the next couple of weeks just in time for the increased traffic expected with the opening of the Walmart Supercenter.

The Rockland Police Department is "a little concerned about traffic" related to the store opening, according to Chief Deputy Tower. He has no plans to alter police patrols.

The economic impact of restricted access to Rockland businesses remains an open question.

Maine Military Funeral Honors Program Has Performed 10,000 Ceremonies

The Maine Army National Guard Military Funeral Honors Program performed its 10,000th ceremony on October 6 in Troy, Maine.

According to the Veterans Administration, between 3,800 and 4,000 veterans in Maine die each year — one-third being U.S. Army veterans. The Maine Military Funeral Honors Program performs all of the military funerals for Maine veterans and has the highest per capita performance level in the U.S.

The Maine Military Funeral Honors Program went from performing an average of 35 services per month in 2004 to performing an average of 112 services per month in 2013. Currently, they have performed services and ceremonies for 92 consecutive weekends.

Maine Military Funeral Honors Program team members represent units throughout the state. They perform services for the veterans of Maine to the same standard as veterans honored at Arlington National Cemetery. At services for soldiers ranging from those killed in action to veterans with no next of kin to receive the folded flag, members of the Army National Guard Honor Guard perform to the highest standard.



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Fox Hill Meeting on Proposed Zone Change

by Christine Parrish

The developers who own the Fox Hill estate on upper Bay View Street in Camden will provide an economic analysis of the proposal to establish a 12-bed luxury alcohol and substance abuse rehab center at a public information meeting that will be held at the Camden Opera House at 5 p.m. on Thursday, October 17.

The developers, Fox Hill Real Estate, LLC, will also review the final proposal for the rehab center and provide supplemental information that will be new to the public. The proposed development requires amended zoning for approval.

Attorneys for Fox Hill Real Estate and for the abutting neighbors will each have 30 min-

utes to explain how the development proposal does or does not comply with the Camden Comprehensive Plan. Comprehensive plans are meant to guide development decisions from a town-wide perspective. The attorneys will be allowed to question each other, at the discretion of the Camden Planning Board.

Questions will be taken from the audience on the proposal and on zoning issues only, not on permitting or other concerns.

The Free Press mistakenly reported in September that the Fox Hill estate did not have a commercial kitchen. In fact, the property does have a commercial kitchen, as well as a bowling alley, old-fashioned diner, a beauty salon and a large parking garage, all of which were done under residential zoning designation.

Rockport Library Committee Begins Listening Tour Seeking Consensus on Library's Future

The Rockport Library Committee invites residents and library patrons to a "Listening Tour" of the five villages that comprise Rockport. The workshops will be on Tuesday, October 22, at the Rockport Masonic Center, and on Tuesday, October 29, at the Rockport Opera House at 6:30 p.m., and more will be held in November and December.

The Listening Tour is designed to find agreement about what Rockport wants and needs from its library, and will focus on library services rather than physical space or location. Each meeting will be facilitated by Jane Haskell, a University of Maine Cooperative Extension professor with more than 20 years of experience in community development and facilitation.

"In my work with citizens throughout the state, I consistently find that everyone has an opinion about how their town works and has ideas about how it can do better," said Haskell. "In reality, in most towns, there is a vocal minority and the many villages and neighborhoods feel neglected. I am excited to work with each Rockport neighborhood listening session to hear different (and similar) ideas. This will increase the ability for everyone to be able to share their thoughts about the future of the services that will take Rockport's library into the next decade and beyond."

The Listening Tour is part of the ongoing

conversation about the future of the Rockport Library, which will celebrate its centennial next year. Library attendance, circulation and programming have skyrocketed since the library's fourth and most recent expansion 20 years ago, according to Library Committee Chair Kathleen Meil.

It's become clear that despite a multi-year study funded by the Davis Family Foundation, there is no town-wide consensus about what the community needs and expects from the library.

As a result of the study, the Library Committee proposed that the town move the library from the center of Rockport village to the former Rockport Elementary School site on West Street. Some residents took issue with that proposal and requested that the town re-evaluate the possibility of expansion on the current site.

"Any building project — whether an expansion on the current site or new construction on another site — must meet the need of our community," said Meil, "so it's essential that we come to an agreement about what our library can and should achieve for Rockport."

The Library Committee encourages residents from any part of town to attend a meeting at their convenience.

For more information, contact Meil at 318-5401 or kmeil@town.rockport.me.us.

Senator Johnson to Host Forum on STEM Education, Jobs in Area

Senator Chris Johnson of Lincoln County will host a public meeting and panel discussion about STEM education and employment in the area, on Thursday, October 24, from 5 to 7 p.m. at Skidompha Public Library in Damariscotta.

The discussion of STEM (science, technology, engineering and mathematics) careers will consider how they contribute to communities and how schools prepare students for them.

Panelists include a representative from Bigelow Laboratory for Ocean Sciences; Dr. Mary Jane Perry, from the Darling Marine Center; Jon Mittelman, judge co-ordinator and advisor for the Pine Tree Regional FIRST (For Inspiration and Recognition of Science and Technology) Robotics Competition; Chip Schwehm, Boothbay Region

High School science and math teacher and former Wiscasset High School Tech Ed teacher; and Kenneth Vencile, Camden Hills Regional High School Honors and Advanced Placement Biology teacher and recipient of the 2012 Presidential Award for Excellence in Science and Math Teaching.

"Many jobs in Maine, and right here in Lincoln County, are technical and require a STEM education," says Senator Johnson. "These are good-paying jobs, which help us answer important questions and solve problems.... I want to make sure our schools have what they need to not only prepare students, but also inspire them to make a difference through [such] careers.... Meanwhile, we have to start now creating jobs for them."

Ecolabel Licensing Agreements Available to Maine Lobster Dealers

Maine lobster dealers can now take advantage of Marine Stewardship Council (MSC) certification, a worldwide seal of sustainably harvested seafood.

The Fund for the Advancement of Sustainable Maine Lobster, a group of Maine lobster industry stakeholders who assembled to administer the certification, is offering a licensing agreement to all Maine lobster dealers so they can become eligible to display the ecolabel.

The Marine Stewardship Council is the world's lead certifier of sustainable, traceable fisheries products. The Fund worked for six years with industry members, the Maine Department of Marine Resources (DMR) and scientific experts to prove that the Maine

lobster industry met MSC's 31 principles of sustainability.

"This was not an easy process," says John Hathaway, who organized the Fund, "but MSC certification offers a great competitive advantage in today's marketplace... The MSC ecolabel will indicate that lobster came from our sustainable one-man, one-boat, trap fishery in the pristine Gulf of Maine waters. No other fishery can compete with the Maine lobster industry's history of sustainable harvesting practices. I believe MSC certification will help to bring that story to the world."

For more information, contact Hathaway at 329-1791 or Johnny@ShucksMaineLobster.com.

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Port Clyde Gathering on Saturday to Honor Dylan Gold's Memory & His Family

Donations at Rock the Dock for Dylan will go to LifeFlight of Maine and the St. George Volunteer Ambulance and Firefighter's Association

In 2005, a tradition of celebrating the end of the season while remembering all of the threads that bind the tapestry of community together was initiated in Port Clyde. The first event was a tribute to remember and honor Gary Thorbjohnson, lost at sea. Through the years, Port Clyde, a fishing community in heart and soul, has used the end-of-the-season gathering to come together to remember the commercial fishermen and lobstermen lost at sea and to build a fisherman's memorial at Marshall Point.

This year's fifth Rock the Dock will take on special meaning as the community honors the memory of 9-year-old Dylan Gold, of Cohasset, Massachusetts, who was fatally injured in a motor vehicle crash on the Monhegan Dock this past August. In addition to Dylan, his mother Allison, brother Wyatt, and Port Clyde's Joss Coggeshall were critically injured by the runaway vehicle. Ambulances and fire rescue units from St. George, South Thomaston EMS, Thomaston EMS and Rockland Fire, as well as two LifeFlight helicop-

ters, responded to the scene and transported patients to PenBay and Maine Medical Center.

Recognizing the impact on the Port Clyde community and seeking a way to allow some good to emerge from the tragedy, the Gold family has requested those attending the event to show their support for healing the community and honoring Dylan (who had a previous flight by LifeFlight from Monhegan) by making a donation to the Dylan Gold fund at LifeFlight of Maine (www.lifeflightmaine.org) and the St. George Volunteer Ambulance and Firefighter's Association (www.sgvffaa.com).

The Rock the Dock for Dylan commences Saturday, October 19, at 2 p.m. and includes food on the wharf, remembrances at 3:30 and the annual blessing of the fleet at 4:00, followed by music into the evening in support of LifeFlight and St. George EMS.

For more information and how to help, contact the Monhegan Boat Line, 372-8848.

This year's annual end-of-season gathering on the dock will honor the memory of Dylan Gold, pictured here, who was killed when an out-of-control car ran into him on the dock in August.



CHRHS Math Teacher William O'Brien Among Finalists for National Award for Excellence

William O'Brien, a mathematics teacher from Camden Hills Regional High School, is one of four Maine teachers in the running for the 2013 Presidential Award for Excellence in Mathematics and Science Teaching, for which the National Science Foundation will select two winners from each state, to be recognized next spring in Washington, D.C.

Maine Department of Education Chief Academic Officer Rachelle Tome announced the Maine finalists for the nation's highest honor for mathematics and science educators on Friday, October 11, during a ceremony at the Maine Science Teachers Association conference in Gardiner. The other Maine finalists are Robin Kennedy, a seventh- and eighth-grade science teacher at Sebecook Valley Middle School in Newport; Lisa McLellan, a chemistry and physics teacher at Windham High School; and Amy Troiano, a biology teacher and Science Department

Chair at Westbrook High School.

O'Brien, who grew up in Lincolnville, is known for supporting students, no matter their struggles with math, so that they can be successful. O'Brien also serves as a deputy chief examiner for the International Baccalaureate, writing and assessing their math examinations.

"Each of these outstanding Maine educators is deserving of this national recognition," said Tome. "Math and science are the foundations of innovation, and helping Maine kids develop proficiency and passion in these subjects is critical to the future success of these students and our state's economy. We are fortunate to have them in our schools."

Award winners will participate in professional development with their peers and receive \$10,000. The award alternates each year between honoring teachers of grades K through 6 and 7 through 12.

Camden Development Director to Serve as VP of Midcoast Economic Development District

Brian Hodges, Camden Development Director, has been elected to the post of vice president of the Midcoast Economic Development District (MCEDD). Hodges was unanimously selected by the district's board at its September 27 meeting. Other officers who were re-elected to continue in their roles were Roger Moody, Knox County Commissioner, MCEDD President; Betty Johnson, Waldo County Commissioner, MCEDD Secretary; and Bill Post, Bowdoinham Town Manager, MCEDD Treasurer.

MCEDD is one of Maine's seven economic development districts approved by the US Department of Commerce. MCEDD serves all of Sagadahoc, Lincoln and Knox Counties, the towns of Brunswick and Harpswell in Cumberland County, and the towns of Lin-

colnville, Searsmont, Belmont and Northport in Waldo County.

MCEDD is charged with developing a Comprehensive Economic Development Strategy (CEDS) that brings together the public and private sectors in the creation of an economic roadmap to diversify and strengthen regional economies. The CEDS analyzes the regional economy and serves as a guide for establishing regional goals and objectives, developing and implementing a regional plan of action, and identifying investment priorities and funding sources. MCEDD recently completed its CEDS by incorporating the Mobilize Maine approach of asset identification unique to the midcoast. For more information about MCEDD, visit www.maineopportunitycoast.com.

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andirons, 28"; five cranberry glass pickle casters; Boston artistic carved gold gilt eagle; o/c winter scene by Thomas R. Curtin [1899-1977];



Oak Dining Table, 6 Leaves

fresh attic of vintage clothing not yet sorted; early lead soldier collection; several large airplane models and lot of small toy airplanes; early airplane propeller; Tomos motor bike; full size military missile case, 6' tall; two high altitude flight suits; Victorian oak hall tree; the best oak ice box; rare oak jeweler's work desk; vintage WWII posters; two cranberry hanging hall lamps; Victorian marble top furniture; art deco plywood sideboard; oak princess dresser; plus lots more to sort through. Lots of fun for dealers and collectors alike!



Oil Painting by Thomas R. Curtin

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New Maine Motor Vehicle Laws In Effect

Secretary of State Matthew Dunlap reminds Maine motorists that new driving regulations, passed into law by the 126th Legislature, went into effect on Wednesday, October 9. "Some of the changes are designed to improve convenience and accessibility, while others impose stricter sanctions for dangerous behavior," says Dunlap. "We hope these laws continue to improve safety on the road." Among the changes are:

- **Texting:** A driver who is cited for texting while driving will receive a \$250 minimum fine for a first-time violation and a \$500 fine on a second or subsequent offense within three years. In addition, texting violations will now include a 30-day license suspension on a second offense; a 60-day suspension on a third offense; and a 90-day suspension on a fourth or subsequent offense. The suspension periods are mandatory, without a right to a hearing.
- **Learners' practice time:** Minimum practice time for a driver under 21 who applies for a learner's permit on or after October 9, 2013, has increased from 35 to 70 hours, including an increase in night driving from 5 to 10 hours. Drivers completing their practice time must be accompanied by a parent, guardian or licensed driver at least 20 years of age. Additionally, while the permit exam is administered by the driving school prior to program completion, the law now requires all learners' permits to be issued only by the Secretary of State.
- **Military personnel:** Previously, active duty military personnel had 30 days to obtain a non-military identification card or license after discharge from service; they will now have up to 180 days.
- **Bicyclists** are now part of the definition of "traffic," and a collision between a motor vehicle and a bicyclist or roller skier is prima facie evidence that the motorist violated the three-foot law.
- **Police officers** as well as the BMV may now accept proof of current insurance in electronic form.
- **An officer** may, at his or her discretion, issue a permit to travel directly home or to the BMV if a driver is found to be operating illegally on an expired license.
- **The suspension period** for an Operating Under the Influence (OUI) offender with three or more previous offenses within 10 years has been increased from six years to eight years.
- **The license** of a person with four or more OUI offenses may be eligible for early reinstatement after serving four years of the suspension period if an approved ignition interlock device (IID) is installed for a period of four years.

For more information, refer to Title 29-A, Motor Vehicle laws, 2013-2014 edition.

Penobscot Marine Museum will host "Fish, Wind and Tide: Maine's Future Resources?," its 2013 annual history conference, on Saturday, November 2, from 8:15 a.m. to 5 p.m. at the University of Maine Hutchinson Center, 80 Belmont Avenue in Belfast.

Scientists, historians and educators will discuss changes in Maine's fisheries over the centuries and their current state; the historic use of wind and tide and whether Maine can lead the way in new developments; and what the future looks like for Maine's working waterfront.

- Discussions and presenters will be:
- "Gulf of Maine Fisheries: An Historic Overview" with William Leavenworth, Senior Research Fellow, Environmental Conservation Department, University of Massachusetts, Amherst, and Karen Alexander, Historic Fisheries scientist, University of New Hampshire;
 - "Planning Maine's Coastal Resources" with Matthew Nixon, Maine Coastal Program, Maine Dept. of Conservation; Richard Nelson, Friendship lobsterman; Caitlin Cleaver, Marine Programs associate, Island Institute; and Priscilla M. Brooks, vice president and director, Ocean Con-

in Belfast, October 25 to 27 —

Paul Chappell to Speak on Waging Peace

Paul K. Chappell will speak on war, peace and human nature and lead an instructional program on "waging peace" through citizenship at the University of Maine Hutchinson Center in Belfast over the weekend of Friday to Sunday, October 25 to 27. Chappell is a veteran of the Iraq War, an author and peace leadership director of the Nuclear Age Peace Foundation.

He will give a public talk, "Is World Peace Possible?," at 7 p.m. on Friday, October 25, and over the weekend will lead a 14-hour instructional program, "Strengthening the Power of Citizenship." On Saturday, October 26, at 7 p.m., he will give another presentation, open to the public, which will include a screening of "Taking Root: The Vision of Wangari Maathai" and discussion about the documentary on the first African woman to win a Nobel Peace Prize for her work in Kenya.

Director of Quaker UN Office on Feeding the World in the Face of Climate Change

Jonathan Woolley, director of the Quaker UN Office (QUNO) in Geneva since 2011, will present "Smallholder Agriculture in Developing Countries: Feeding the World in the Face of Climate Change" on Monday, October 28, at the Rockland Public Library. His talk, from 6:30 to 8 p.m., is free.

Prior to joining QUNO Geneva, Woolley worked in agricultural research, development and capacity building in some 50 countries of Latin America and the Caribbean, Africa, Asia and Oceania. Starting as a volunteer teacher in Kenya, he then

worked with poor farmers in Nigeria, Costa Rica, Colombia and Mexico. He's been a

consultant for various multilateral and bilateral agencies, private firms and international organizations. He led an agricultural research fund in Ecuador, and the first phase of the "CGIAR Challenge Program on Water and Food," based in Sri Lanka and active in nine river basins around the world. Woolley holds an MA in Natural Sciences and a PhD in Applied Biology from the University of Cambridge, UK.

- conservation Law Foundation;
- "Historic Tide Mills of Maine" with Bud Warren, marine historian and cofounder of Tide Mill Institute;
 - "Maine's Tidal Power Development" with Gayle Zydlewski, assistant professor of Marine Science, University of Maine, Orono; Teresa Johnson, assistant professor of Marine Policy, UMaine Orono; Richard W. Kimball, associate professor of Engineering, Maine Maritime Academy; and Richard S. Armstrong, executive director of Tidal Energy Demonstration & Evaluation Center, Maine Maritime Academy;
 - "Sail Making the Old-Fashioned Way" with Eben Wilson, apprentice sailmaker at Nathaniel Wilson Sailmaker Inc.;
 - "Maine's Wind Power Development," Paul Williamson, director and industry coordinator of the Maine Ocean & Wind Industry Initiative, and speaker[s] from the Advanced Structures and Composites Center, UMaine Orono, to be announced.

To register, go to <https://historyconference.eventbrite.com>. For more information, go to www.penobscotmarinemuseum.org or call 548-2529.

Chappell graduated from West Point and served as an Army captain for seven years, including a 2006 deployment to Baghdad. He wrote his first book, *Will War Ever End?*, while serving in Iraq; his fourth and latest is *The Art of Waging Peace*.

"One thing I learned when I was in the military," says Chappell, "is how excellent the training is.... If you take the average army officer and how much they know about waging war and the average activist and how much they know about waging peace, there's no comparison." If people want peace, says Chappell, they have to work for it.

Admission to the public talks is \$10. Advance registration is required for the training program, which is \$45 to \$100 depending on whether the partial or full course is taken. For more information or to register for training, contact WP/Maine at 338-2361 or wpmaine@gmail.com.

worked with poor farmers in Nigeria, Costa Rica, Colombia and Mexico. He's been a

consultant for various multilateral and bilateral agencies, private firms and international organizations. He led an agricultural research fund in Ecuador, and the first phase of the "CGIAR Challenge Program on Water and Food," based in Sri Lanka and active in nine river basins around the world. Woolley holds an MA in Natural Sciences and a PhD in Applied Biology from the University of Cambridge, UK.

Woolley's talk is a free community event co-sponsored by the Peace Center of Midcoast Meeting of Friends and hosted by the Rockland Public Library and offered in anticipation of the 27th Annual Camden Conference: The Global Politics of Food and Water, February 21 to 23, 2014.

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PopTech Conference Oct. 24-26 in Camden

Stage presentations streamed live

On Thursday, October 24, the 17th annual PopTech conference opens at the Camden Opera House, drawing 600 participants to Camden.

The focus of this year's gathering is "Sparks of Brilliance," exploring the creative instinct. Designers, psychologists, artists, scientists, gamers and comedians will take the stage. As in previous years, the new classes of PopTech Social Innovation Fellows and Science Fellows will present their work, following their intensive training retreat at Point Lookout. The Fellows will also discuss their work at an assembly of students and faculty at Camden Hills Regional High School before the conference begins.

While the conference is open only to ticket holders, the PopTech stage presentations are streamed free of charge to viewers all around the world. Tune in at poptech.org/live between the hours of 9 a.m. and 6 p.m. on Thursday and Fri-



day, October 24 and 25, to watch the conference in real time.

The public can also stop by the Camden Village Green October 24 through 26 to check out "parkSPARKS," an interactive art installation from By Design (bydesign.is) involving hammocks, reclaimed float rope, mesh and local lumber from a Maine barn.

Tim Sample to Perform at Trekkers' Bid Big, Laugh Loud Auction

Trekkers, a nonprofit outdoor-based youth mentoring organization, will hold its Bid Big, Laugh Loud auction on Saturday, November 9, at Owls Head Transportation Museum. Maine humorist Tim Sample will entertain following the auction.

The auction preview will begin at 6 p.m. Auctioneer Bruce Gamage will start the bidding, with live and silent auctions from 6:30 to 8:30 p.m. The live auction includes a six-day African safari package for two, a ride for two in a 1933 Waco biplane at the Owls Head Transportation Museum, a signed and framed copy of "One Today" by Inaugural poet Richard Blanco, a signed print by artist Ronald Frontin, lift tickets,



PHOTO BY KEVIN SAMPLE

artwork, and gift certificates for golf, karate, horseback riding and seafood, along with many other items.

The wit and humor of Tim Sample begins at 8:30 p.m.

The evening will benefit Trekkers' students. Admission to the auction is free. For those who attend the auction portion of the evening, there will be no additional charge for Tim Sample's performance. For those arriving after 8 p.m., there will be a \$10 per person charge. There will also be an all-you-can-eat dessert buffet for \$5, with over 80 desserts to choose from.

For more information, contact Jenni Brooks at jenni@trekkers.org or 594-5095. To learn more about Trekkers, visit www.trekkers.org.

Local Fare at Saturday's Maine-Made Show

Food items, artisans' creations, hand-made furniture and other products made by Mainers will be showcased at the Maine Made 2013 show this Saturday, October 19, from 10 a.m. to 4 p.m. at the Samoset Resort in Rockport. For a list of who is exhibiting at the show, go to <http://mainemadeshow.com>.

There will be wine and beer tasting, demonstrations by chefs, a children's crafts area, live music, and samples of chocolates, jams and products from local farms. Jewelry,

quilts and photography will be on display.

Tickets, available at the door, are \$5 for adults, \$4 for seniors, and children under 12 are free. Wine tasting is an additional fee.

The one-day show is co-produced by the Penobscot Bay Regional Chamber of Commerce and the Maine Food Producers' Alliance. For more information, contact the Chamber at 236-4404 or email karen@penbaychamber.com.

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New England School of Communications to Join Husson University

Husson University and the New England School of Communications (NESCom), both headquartered in Bangor, are joining together after receiving approval from their accreditor, the New England Association of Schools and Colleges (NEASC). NESCom will retain its name as it becomes a school within Husson University. Both organizations focus on career education and hands-on learning. NESCom offers four-year degrees with concentrations in programs including video production, audio engineering, live sound technology, journalism, sports journalism, radio broadcasting, marketing communications, Web media and entertainment production. Applicants should continue to apply separately to NESCom and Husson during the current (2013-4) admissions season. In fall 2014, students entering or returning to NESCom will be Husson University students.

The addition of NESCom to Husson will add to the university's programs, which include marketing, hospitality and tourism, sports management and criminal justice. The schools have been working on combining for the past two years.

Thomas C. Johnston, president of NESCom, says, "Husson and NESCom have been on the same campus since the 1980s. Our students have lived in the same residence halls, enjoyed meals in the same dining center, recently began playing on the same athletic teams, and often attend the same classes.... [Our joining] will allow us to push further into video and audio post-production as well as digital filmmaking. We'll also be able to develop graduate degree programs and begin offering evening and online courses."

NEASC granted approval of the merger at the same time it announced its full 10-year re-accreditation of Husson, which in addition to its Bangor campus has satellite education centers in South Portland, Wells and Presque Isle.

Class in Computing Beyond the Basics at Medomak Valley

RSU 40/MSAD 40 Adult Education is offering "Computer — Next Level," a two-week class taught by Teresa Johnson, at Medomak Valley High School in Waldoboro on Thursday, October 24 and 31, from 6 to 8 p.m.

The class for those who have mastered the basics of their computer will include finding and organizing files, various "save" features, system maintenance, effective Web browsing and more. Fee is \$29; to register, call 832-5205 or go to www.msad40.maineadulted.org.

Many classes in Five Town CSD Adult and Community Education have yet to start this fall; a number of them are one-night classes.

Cooking classes include Armenian Dinner with Tahini, on Monday, October 21; Cooking with Wild Mushrooms, on Tuesday, October 29; Armenian Soups and Patties, on Monday, November 4; Great Alternative Grains, on Wednesday, November 6; Cooking Mexican Brunch, on Monday, November 18; and Pizza New York Style, on Monday, November 25.

Healthy living classes being offered are Boosting Your Immune System Naturally, Detox with Sea Vegetables, and Edible and Medicinal Mushrooms, all on Tuesday, October 22; Calming and Detoxing with Soups and Natural Solutions to Fatigue, on Tuesday, November 5; Desserts with Conscience, on Tuesday, November 12; and Overcoming Fibromyalgia, on Tuesday, November 19.

There are many craft classes, including Mosaics, beginning Monday, October 21; Knitting for All and Carving the Atlantic Puffin, both beginning on Tuesday, October 22; Drawing Fundamentals, beginning Wednesday, October 23;

Classes on German Cooking, Travel Slated at Penobscot School

Several programs for those interested in German are scheduled at the Penobscot School in Rockland.

Deutsches Kochen, a cooking immersion focusing on a fall menu, will be held from 10 a.m. to 2 p.m. on Saturday, October 26. In the hands-on class with conversation in German only, native Renate Tower will guide participants through a full autumn menu; cost is \$50 per person.

Deutschlandreise (German Travel), a five-week course, will be offered from 4 to 5:30 p.m. on Thursdays beginning October 31, giving a close-up look at several locales in Ger-

Conference on Water Ethics & Native Peoples in Maine

The 10th annual Ecopeace Sustainability Training and International Affiliations (ESTIA) conference, on the theme "Reclaiming the Water Commons: Water Ethics & Nature Rights in Maine," will be held Friday, October 25, at the University of Maine Hutchinson Center in Belfast. The all-day symposium will consider "the ethics of the water commons and nature rights" and address concerns of the Penobscot Nation.

The conference starts with an opening ceremony at 8:45 a.m. by Gkiseditanamoogk of the Wampanoag Nation. John Banks, director of the Department of Natural Resources at Penobscot Indian Nation, is the featured speaker for the morning session, and Gail Darrell, New England Community organizer for the Community Environmental Legal Defense Fund, will deliver the afternoon address.

After both lectures, there will be roundtable discussions.

Make Your Own Knitting Needles, on Thursday, October 24; Beadstitching for Beginners and Sewing Heirloom Teddy Bears, both beginning on Thursday, November 7; Beadweaving for the Intermediate/Advanced, beginning on Tuesday, November 12; Rubber Stamping Technique Playtime, on Wednesday, November 13; Plant a Centerpiece Bulb, on Monday, November 18; Printmaking with Jell-O, beginning on Thursday, December 5; and Kissing Ball for the Holidays, on Wednesday, December 11.

Gardening classes are: Beneficial Insects, on Wednesday, October 30; Japanese Beetles, on Wednesday, November 6; and Lessons Learned in the Garden 2013, on Wednesday, November 13.

Among the dozens of other classes starting in the latter part of fall will be Spanish, Ski Tuning, Excel, the Wabana-ki, Latin, Photography, Nonprofits, eBooks, Social Security, Word and Writing.

For more information, visit fivetowns.maineadulted.org or call 236-7800, extension 5. Five Town CSD Adult Ed is located at Camden Hills Regional High School, 25 Keelson Drive, off Route 90 in Rockport.

many, from the North Sea to the Alps. Films will be followed by discussion; cost is \$90 per person.

Adults and children accompanied by parents are invited to *Weihnachtsgebäck* (Christmas Baking), scheduled for Saturday, November 16, from 10 a.m. to 2 p.m. Renate Tower teaches the class, which features recipes for *Lebkuchen*, *Marzipan* and several other festive recipes. Cost is \$50 per person; inquire about family discount.


To register, call Penobscot School at 594-1084 or visit www.penobscot.us.


Jennifer Greene, executive director of the Water Research Institute, will moderate "The Intrinsic Nature of Water and a New Social Ethic for Water Resources." Sherri Mitchell, executive director of the Land Peace Foundation, will lead a session on "Indigenous Water Rights on a Global Scale." Masanobu Ikemiya, a pianist and monk for 10 years, will lead "Water and the Power of Music and Words to Heal."

Cost is \$35 per person, \$25 for students and seniors. Those attending may bring a meal or purchase lunch for \$5. For more information, contact Hugh Curran, hugh.curran@umit.maine.edu, or Emily Markides, emily.markides@umit.maine.edu, or go to www.estiamaine.org. To register or to request a disability accommodation, contact Diana McSorley at 338-8000.

Registration will also be open at the Hutchinson Center from 8 to 8:30 a.m. on the day of the conference.

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Rockland Business of the Week

Main Street Therapy Center is the brainchild of Pat Taylor's vision for most of the 28 years she has been a therapist. As a child Pat grew up with the challenges of cerebral palsy. Her mother, a physical therapist, told her there were no limits and kept a positive approach along with giving lots of love.

The goal of Main Street Therapy is to offer help for children with learning disabilities, attention deficits, speech issues, and autism. The Center can also be helpful to adults rehabbing from stroke, or those seeking occupational therapy.



Main Street Therapy
141 South Main St. • Rockland • 594-0050

The current offerings include:

- Speech-language therapy
- Occupational therapy
- Massage therapy
- Specialized reading instruction
- After school language-based activities
- Art classes
- Sign language classes



ent play rooms for different therapies, including a ball pit, full of colored balls that the children can climb into or hunt for hidden items. There is also a quiet room where children can play with less stimulation with a single toy.

Pat Taylor has a Master of Science degree with a Certificate of Clinical Competence in Speech Language Pathology. Pat is also partnering with Karen Spittfire who is an Occupational Therapist and a Licensed Massage Therapist.

To find out more about Main Street Therapy, call 594-0050.

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Transatlantic Comedy at the Marsh River Theater — The Marsh River Junior Players will present *Boeing Boeing*, a stage farce from the 1960s, a time when air travel was glamorous and exciting. Bernard Lawrence is an American journalist in Paris, happily engaged to three different intercontinental airline hostesses who are never in the country at the same time. But then the introduction of a new, faster transatlantic jet and an envious friend from the States throw Lawrence's carefully orchestrated schemes into chaos. The curtain will go up at Marsh River Theater, on Route 139 in Brooks, at 7:30 p.m. on Friday and Saturday, October 18, 19, 25 and 26. Tickets are \$10, \$8 for seniors, with a maximum family charge of \$25. For more information, call 722-4110.



Contempt of Court Dinner Theater — Belfast Maskers/Cold Comfort Theater is currently in rehearsal for David Landau and Nikki Stern's *Contempt of Court*, a dinner theater comedy with music and audience participation in a "Judge Judy" type setting. The Belfast performance is Saturday, October 19, at the First Baptist Church (call 338-2544 for tickets and information); the Searsport show is Friday, October 25, at the First Congregational Church (548-0327); and the Castine production will be on Saturday, October 26, at Markel's Bakehouse (326-9510). Reservations are recommended, as tickets may not be sold at the door at all venues. Cast members pictured, left to right, are Laticia Saucier, Erik Perkins, Katie Glessner, Aynne Ames, Joe-Pete Saucier, Autumn Stupca and Mike Rowe (seated). Not pictured is Jamie Graham. The production is directed by Erik Perkins. PHOTO BY DANA WILSON

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Live broadcast November 2 from London to the Strand and Lincoln Theater —
Constellation of British Stars in National Theatre's 50th Birthday Celebration

The Strand Theatre in Rockland and the Lincoln Theater in Damariscotta will screen the live satellite transmission of National Theatre: 50 Years on Stage, the National Theatre of Great Britain's 50th anniversary celebration, at 4:45 p.m. on Saturday, November 2.

The National Theatre has been home to Britain's finest theatrical talent, from its early "golden" period under the leadership of Laurence Olivier at the Old Vic theatre to its tenure in the current building in the heart of London. The November 2 show will feature both live performances and rare archival recordings from productions over the last five decades, ranging from *Rosencrantz and Guildenstern Are Dead* to *The History Boys*, from *Antony and Cleopatra* to *Guys and Dolls*.

The cast for the celebration includes Judi Dench, Simon Russell Beale, Frances de la Tour, Ralph Fiennes, Michael Gambon, Derek Jacobi, Alex Jennings, Rory Kinnear, Adrian Lester, Anna Maxwell Martin, Andrew Scott, Maggie Smith and Penelope Wilton.



Judi Dench

For Strand ticket information, go to www.rocklandstrand.com or call 594-0070.

For Lincoln Theater information and reservations, go to www.atthelincoln.org or call the box office, 563-3424.

Ralph Fiennes (below) and Maggie Smith (left)



Shostakovich's Comic Opera The Nose Live from Met in HD at the Strand and Lincoln Theater —

The Strand Theatre in Rockland and the Lincoln Theater in Damariscotta will screen Shostakovich's *The Nose* at 1 p.m. on Saturday, October 26, Live in HD from the Metropolitan Opera at Lincoln Center. The Strand will screen an encore performance on Tuesday, November 5, at 1 p.m. William Kentridge's inventive production was a hit in its inaugural run in 2010, and here Paulo Szot reprises his performance of a bureaucrat whose misadventures in search of his missing nose are based on Gogol's satirical story. Valery Gergiev conducts. The coproduction of the Metropolitan Opera, the Festival d'Aix en Provence and the Opéra National de Lyon has a running time of 2 hours 15 minutes. Tickets are \$27 for adults, \$15 for students; encore tickets, available on day of show, are \$23 adults, \$5 students. For Strand ticket information, go to www.rocklandstrand.com or call 594-0070. For Lincoln Theater information and reservations, go to www.atthelincoln.org or call the box office, 563-3424. Pictured here, a scene from Act III with Andrey Popov. PHOTO BY KEN HOWARD



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Night of Blues at Midcoast Arts in Rockland October 25

Erin Harpe & The Delta Swingers, from Jamaica Plain, Massachusetts, will headline an evening of blues at Midcoast Arts, 24 Lincoln Street in Rockland, on Friday, October 25. Also appearing will be the Eric Green Party, from Bangor, and local slide guitarist/singer Mike Cole. Doors open at 6:30 p.m. and the music starts at 7:00; refreshments will be available for purchase throughout the concert.

The Delta Swingers, who bring together influences from 1930s-era Memphis Minnie and '40s jump blues to the blues-rock of the '60s and '70s, have represented Massachusetts in the annual Memphis Blues Competition two out of the last three years. Eric Green Party mixes rustic Americana and swamp groove in original tunes and reinterpretations of favorites. Cole, who grew up in the Rockville area just outside Rockland, has been performing in the midcoast for over a decade.

Concert venue is the former Lincoln Street Center for Arts and Education. Tickets are \$10 per person; for more information, contact necessary-musicme@gmail.com.



Erin Harpe

Portland Pops! Concerts with Brubeck Brothers Quartet

Portland Symphony Orchestra (PSO) will welcome the Brubeck Brothers Quartet for two performances of a PSO Pops! concert featuring the music of Dave Brubeck, at Merrill Auditorium in Portland on Saturday, November 2, at 7:30 p.m. and Sunday, November 3, at 2:30 p.m.

In addition, the PSO will host a Music Lover's Luncheon on Friday, November 1, at noon at The Cumberland Club in Portland. PSO conductor Robert Moody will discuss the Brubeck Brothers Quartet and the Pops! performance program. Chris Brubeck will also join the PSO for two Youth Concert performances on Monday, November 4.

The quartet includes Chris and Dan Brubeck, sons of Dave Brubeck, and the evenings will feature some of their father's

famous jazz hits including "Take Five," "Unsquare Dance," and "Blue Rondo a la Turk." The orchestra will be led by Maestro Moody.

Concert tickets, from \$25 to \$69, are available through PortTIX at 842-0800 or www.porttix.com (phone and Internet orders are subject to per-ticket handling fees), or may be purchased in person at the box office at 20 Myrtle Street, Monday through Friday, noon to 6 p.m. Special pricing for students, seniors and groups may be available.

The Music Lover's Luncheon is \$25 per person; reservations are required and can be made by contacting Lindsay Stanley at 773-6128, extension 318, or Istanley@portlandsymphony.org.

DaPonte String Quartet to Launch New Season

The DaPonte String Quartet will launch its 22nd season in Maine with a program of Beethoven's first quartet, his D Major (Op. 18, No. 3); Prokofiev's first quartet, his String Quartet No. 1 in B minor, Op. 50; and William Walton's String Quartet No. 2 in A, described as an "unjustly neglected masterpiece." Performances will take place on Thursday, October 24, at 7:30 p.m. at St. John's Church, 200 Main Street in Thomaston; on Friday, October 25, at 7:30 p.m. at the Lincoln Theater in Damariscotta; on Saturday, October 26, at 7:30 p.m. at the Portland Public Library, 5 Monument Square; and on Sunday, October 27, at 3 p.m. at Mid-Coast Presbyterian Church, 84 Main Street in Topsham. Tickets, \$20, are available at www.DaPonte.org or 529-4555.

PHOTO BY PIERCE STUDIOS



Martin Sexton at the Strand November 1

Martin Sexton will perform at the Strand Theatre in Rockland on Friday, November 1, at 7:30 p.m. The singer-songwriter is on his "Fall Like Rain" tour, following the release of an EP of the same name,



www.rocklandstrand.com or call 594-0070, extension 3.

which includes his call for unity in "One Voice Together" and a timely cover of Buffalo Springfield's "For What It's Worth," suggesting it's time, again, to "stop, hey, what's that sound, everybody look what's going down." Tickets: \$25 general admission. The Strand balcony and lobby bars will be open for those age 21 and over with a valid ID. For more information, visit

The facts about the Fox Hill proposal.

Fact No 1

Fox Hill will operate 12 months out of the year and will create up to 46 new jobs in the community and add \$6.6 million to the local economy.

All of us are invested for one reason: to save lives. We understand deeply the challenges alcohol addiction can have for a family member, friend or loved one. We know, because our families, friends and loved ones have been through it. We've been by their sides, seen the struggles they've gone through and watched them emerge to embrace the future. Our proposed facility, operated by a division of Harvard Medical School, will save lives. That is not debatable.

The residential recovery facility we have proposed would not only help individuals in need, it would also reinvigorate the estate, provide employment opportunities and support the local economy. In addition, Fox Hill is a tax-paying entity and *will remain so*. Taxes currently stand at over \$90,000 per year.

The Fox Hill Estate sat vacant for almost two and a half years. Let us bring it back to life in the form of a residential treatment facility that will benefit many lives in Camden.

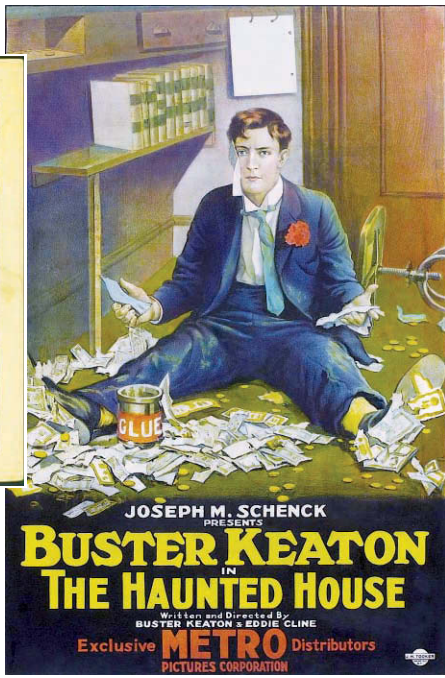
When you know the facts, the answer is clear.

Get the real story at FoxHillCamden.com.

Fox Hill Real Estate, LLC



Original posters for "Haunted Spooks," above, and for "Haunted House," right



Live Orchestra to Accompany Spooky Silents at Strand

Paragon Ragtime Orchestra will perform live music to accompany classic spooky silent movies in its "Haunted Hollywood!" show for all ages — especially children — at the Strand Theatre in Rockland on Tuesday, October 29. The orchestra will play the original scores, and create sound effects, for Buster Keaton's comedy "The Haunted

House" (1921), Charlie Chaplin's "The Adventurer" (1916), and Harold Lloyd's thrill-comedy "Haunted Spooks" (1921).

The Paragon, founded and directed by Rick Benjamin, is the world's only full-time professional ensemble performing the music of silent films, early Broadway and vintage dance. The Orchestra has toured in 48 states

and seven countries, and was heard recently in two episodes of the HBO series "Boardwalk Empire." This will be the Paragon's sixth appearance at the Strand. Tickets, on sale now, are \$23 for adults, \$15 for children 12 and under. For more information, visit www.rocklandstrand.com or call 594-0070.

Paragon Ragtime Orchestra



Ghost Train, Eerie Hayride & Other Fun at Railway Museum

Boothbay Railway Village, Route 27 in Boothbay, will host its annual Ghost Train and other Halloween hijinks on Friday and Saturday, October 25 and 26, from 5:30 to 8 p.m. The evenings are designed for children ages 3 and up, and guests are encouraged to dress for a Halloween part.

The Ghost Train, driven by Casey Bones and supervised by conductor Frankenstein, will depart the haunted station every 30 minutes; the last train will leave the station at 7:30. Passengers will journey through enchanted cemeteries, see zombies and other apparitions, and hear the calls of strange beasts. A hayride to unknown regions will also be offered, on which participants may spy strange things, including a coven of witches brewing up a potion.

A Monster Mash party with ghoulish games will be held in the Town Hall, complete with "spooky snacks and revolting refreshments." In addition, the Junior Class of Boothbay Region High School will have hot chocolate, popcorn and hot dogs for sale, and families from Coastal Kids Preschool will also be offering baked goods; both sales are fund-raisers.

Tickets, available at the door, are \$5 for children ages 3 to 16, \$10 for adults; for museum members, \$4 for kids and \$8 for adults. For more information, call 633-4727.

Volunteers are still being welcomed to help with the train, haunt the woods or host games inside the town hall; contact Margaret Hoffman at margaret@railwayvillage.org or 633-4727.

Farnsworth Fall Family Festival Saturday



Last year's Fall Family Festival at the Farnsworth

The Farnsworth Art Museum in Rockland invites everyone to attend its third annual free Fall Family Festival, on Saturday, October 19, from 2 to 5 p.m. in the museum's sculpture garden — with free-style pumpkin carving, face painting, crafts, live music by The Rusty Hinges, and refreshments provided by Home Kitchen Café.

Families will be able to have their pictures taken with life-size cut-outs of the Wizard of Oz characters and will be able to watch the movie "It's the Great Pumpkin, Charlie Brown" in the museum auditorium.

Beginning at 5:30 p.m., a parade will take place on Main Street, departing from the

sculpture garden. Families are invited to wear costumes and masks and participate in the parade. Some masks will be made available thanks to Shoestring Theatre, which is teaching an afterschool workshop the week leading up to the festival. When the parade ends, the group will return to the sculpture garden for the lighting of the pumpkins, which will take place at approximately 6 p.m. In case of rain, activities will take place in the Gamble Education Center, located at the corner of Grace and Union streets.

Call 596-0949 with any questions or see farnsworthmuseum.org/children-family-programs.



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See you again next year, October 11, 2014!



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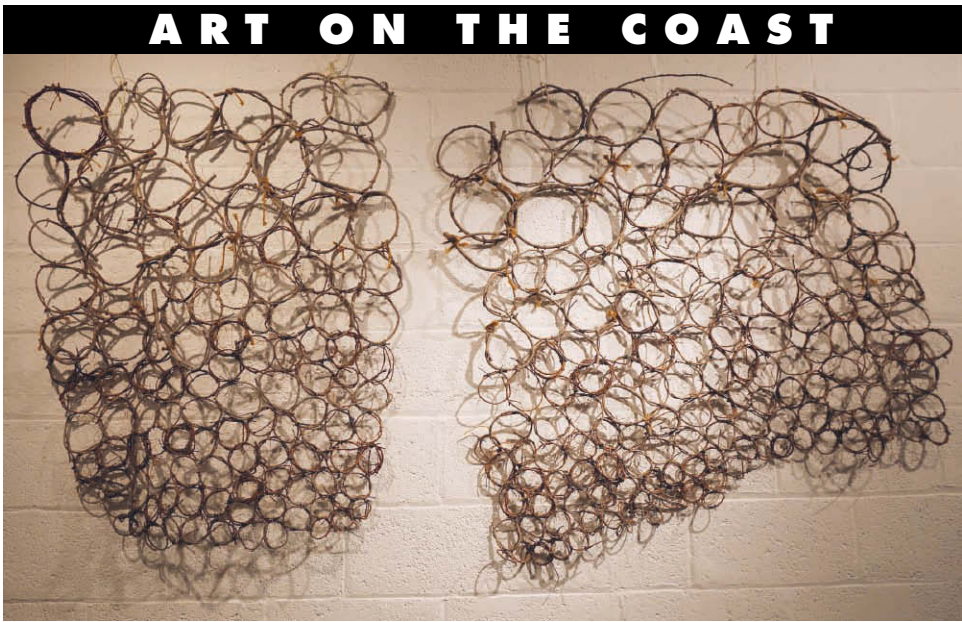
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Wall piece by Barbara Andrus

Panel of Artists to Discuss Environmental Art at Waterfall Arts

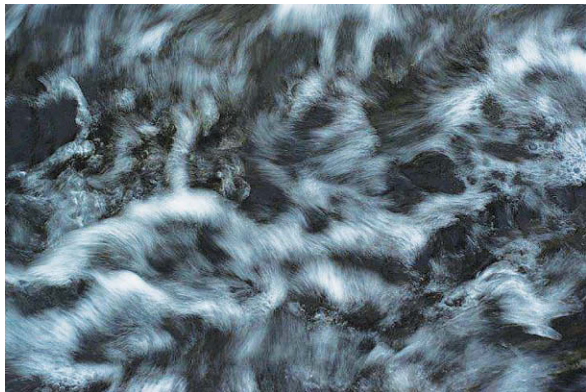
“Salt Pond” by Michael Sacca

Six of the seven artists in the exhibition “Portals: Environmental Art Installations,” at Waterfall Arts, 256 High Street in Belfast, will be there to discuss their work on Wednesday, October 23, at 7 p.m.

The exhibition is designed to invite the audience, through the “portals” of the artwork, into a dialogue about environmental sustainability.

“If you have ever wondered what environmental art is, or have never heard of it, this is a great opportunity to hear some practitioners discuss their work,” says Martha Piscuskas, Waterfall’s director of programming. “It goes by many different names — eco-art, art in nature, land art, ecoventions, and more — and comes from many different directions, but an abiding theme is art that engages with the environment.”

The artists on the panel will be Maine artists Barbara Andrus and Alan Crichton,



who work in natural materials, Krisanne Baker, whose projection focuses on water issues, and Joline Blais, whose community collaboration is titled “Healing Seeds”; and Vermont artists Elizabeth Billings and Michael Sacca, the recipients of the first Georges River Land Trust Artist Residency, inaugurated last spring.

The exhibition is partially funded by the Maine Community Foundation Waldo County Fund and was mounted in conjunction with MEAD (Maine Environmental Art & Design), a collaborative effort of Waterfall Arts, Unity College, the Center for Maine Contemporary Art and other organizations “to celebrate elegant solutions to environmental issues.”

The talk is free, though donations will be happily accepted. For more information, visit www.waterfallarts.org or call 338-2222.

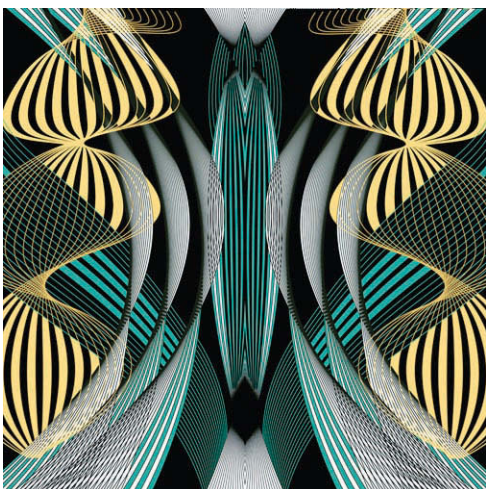
Joline Blais preparing “Healing Seeds”



Digital Designs by Tim Van Campen at CRAFT Gallery

CRAFT Gallery, at the courtyard at 12 Elm Street in Rockland, will display digital art by Tim Van Campen from October 16 to November 15, with an artist’s reception on Friday, November 1, from 5 to 7 p.m. Van Campen “approaches the computer screen as a blank canvas,” creating designs using archival ink on archival rag paper.

His digitally created designs for carpets, textiles and other interior design products have won numerous awards, and his work is in the corporate collections of IBM, CIGNA and General Motors. CRAFT is marking American Craft Week with a new body of work by potters Hanako Nakazato and George Pearlman and is also showing “Mozart’s Requiem,” a new panel by calligrapher Jan Owen, as well as a selection of work by other CRAFT Gallery artists. The gallery will close for the winter on November 15. For more information, call 594-0167 or visit www.craftonelm.com. Shown here, Van Campen’s “Charmers.”



Jill Hoy Paintings

Lincolnville Fine Art Gallery, on Route 1 in Lincolnville Beach, is showing paintings by Jill Hoy through the fall-winter season. Hoy divides her time between Stonington and New York.

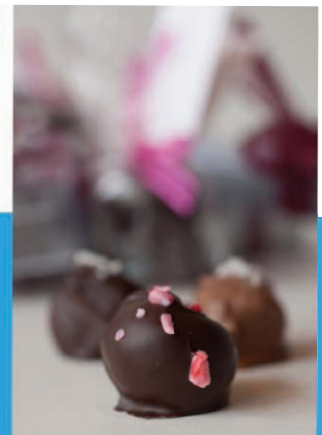




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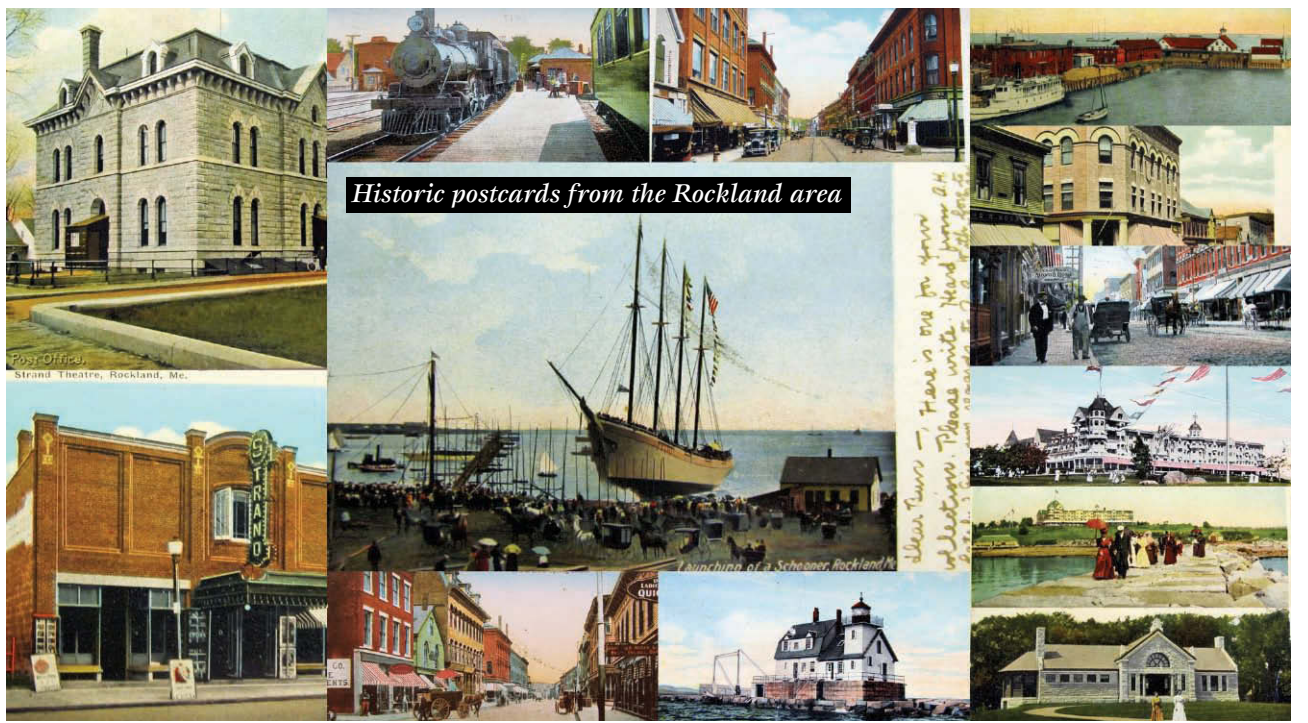
Midcoast Chefs to Compete in Harvest on the Harbor October 26

Chefs and restaurants from the midcoast will be taking part in the 2013 Harvest on the Harbor, presented by the Portland Convention + Visitors Bureau on Saturday, October 26, at Portland's Ocean Gateway Pier.

In the Maine Lobster Chef of the Year Competition, competitors include Chef Jon Gaboric from Natalie's in Camden, Chef Shanna O'Hea from the Kennebunk Inn, Chef Brandon Blethen from Robert's Maine Grill in Kittery and Chef Chris Long from Natalie's in Camden. Judges for the Lobster Chef Competition include Kathleen Fleury of Down East Magazine, Chef Eric Flynn of the Harraseeket Inn, and Emily Lane of Calendar Islands Maine Lobster Company. Lobster Chef emcee will be Michele Ragussis, finalist in the TV show "Next Food Network Star."

In the Top of the Crop: Maine's Best Farm to Table Restaurant competition, entrants include Chef Kerry Altiero of Café Miranda in Rockland, Chef Chad Conley of Gather in Yarmouth, Chef Richard Hanson of Cleonice Mediterranean Bistro in Ellsworth and Chef David Levi of Vinland in Portland. Judges are Susan Axelrod of the Portland Press Herald, Chef Abby Freethy of Northwoods Gourmet Girl in Greenville, and Ted Quaday, newly appointed executive director of MOFGA, the Maine Organic Farmers and Gardeners Association. Emcee will be Sam Hayward, of Fore Street Restaurant, who was among the first to promote the Farm to Table movement in Maine.

In both competitions, the three judges and the audience will each contribute 25 percent of the vote to select a winner. For more information, go to www.HarvestOnTheHarbor.com.



Historic postcards from the Rockland area

Postcard & Ephemera Show & Sale at Rockland Library October 26

Rockland Historical Society and the Rockland Public Library will host a Postcard and Ephemera Show and Sale, with eight Maine dealers selling old postcards and historical paper items in the library's Community Room on Saturday, October 26, from 10 a.m. to 3 p.m. Admission to the postcard show will be \$3, and there will be coffee and food for sale.

At the same time, Rockland Historical Society Museum, next to the Community Room, will be open, free to the public, with tours of the museum. In the museum the Rockland, Camden-Rockport and Thomaston Historical Societies will be selling publications and duplicate historical ephemera from their collections. The societies will offer membership applications and information on upcoming programs, and DVDs of Rockland history will be for sale.

During the postcard show there will be a postcard specialist in the Historical Society Museum who can advise visitors about their old postcards. Anyone with old postcards of Maine that they would like to donate to the Rockland Historical Society for its collection or for sale may bring them to the society any Tuesday or Thursday afternoon, from noon to 5 p.m., or call Eleanor Richardson at 596-5502 for pickup.

The Rockland Public Library Bookstop, next to the Community Room, is open every Saturday from 10:00 to 4:00, selling used books at bargain prices.

Extra parking is available at the Rockland Community Center, on Limerock Street, and behind the Bok Medical Building, between Beech and Maple Streets.

"Arts for Hunger" Night in Unity to Benefit Local Organizations

The seventh annual Arts for Hunger will be held at Unity College Center for the Performing Arts, 42 Depot Street in Unity, on Saturday, October 26. The fund-raiser for local hunger relief, taking place in one evening instead of the former month-long format, will feature live music, local food, a film screening and the signature silent auction of artwork specially created and donated by Waldo County artists and crafters. All funds raised will benefit the Volunteer Regional Food Pantry, People for People and Open Door.

Doors will open at 6 p.m. with music by Tremolino, a

quartet of Waldo County musicians with a passion for Portuguese *fado* music, and the opening of bidding on silent auction items. Hearty appetizers and desserts featuring local ingredients, created by Monica of Crosstrax, will be available throughout the evening. At 7:30 p.m. "A Place at the Table," an award-winning documentary on hunger in America, will be screened in the theater. Final closing bids will be taken at 9 p.m.

Tickets, \$20, may be purchased through the Unity College Center for the Performing Arts at uccpa.unity.edu, by calling 948-7469, or at Crosstrax Deli in Unity.

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The Coloradas will perform at 7:30 p.m. on Saturday at a benefit show for Sebasticook Regional Land Trust. PHOTO BY JOHN NUUNAN

Sebasticook Regional Land Trust's Local Foods Feast in Unity

Local farms and musicians headline Sebasticook Regional Land Trust's Local Foods Feast: A Celebration of Watershed Conservation on Saturday, October 19, at the Unity College Center for the Performing Arts. Socializing, with locally made cheeses, begins at 5:30 p.m. Dinner, prepared with ingredients from more than 20 Maine farms, orchards and producers, will be served at 6 p.m.

The land trust will share news in a brief dinner program before The Coloradas take the stage at 7:30 p.m. With their roots in Waldo County, The Coloradas' Roy Davis, Bernie Nye, Joe Walsh, Amanda Kowalski, Steve Roy and Calvin Goodale offer a mix of bluegrass, folk and indie music.

Tickets for the meal and music are \$25. Tickets for just the music are \$10. The Feast sold out its first two years, so advance tickets are recommended. Contact Jennifer at 948-3766 or jennifer@sebasticookrlt.org to reserve tickets.

Annual Tag Sale at St. Peter's Church in Rockland October 19

Members of St. Peter's Episcopal Church in Rockland will hold a fund-raising tag sale on Saturday, October 19, from 9 a.m. until noon in the church's parish hall on White Street, behind the Rockland Recreation Center.

New and lightly used housewares, books, tools, toys, sports equipment, clothing and furniture, as well as antiques and collectibles, will be for sale. Proceeds will benefit the church's community outreach projects.

For more information, call Martha Rogers at 236-8922 or the church office at 594-8191.

Affordable Care Act Topic at Lincoln Cty. Democrats Meeting

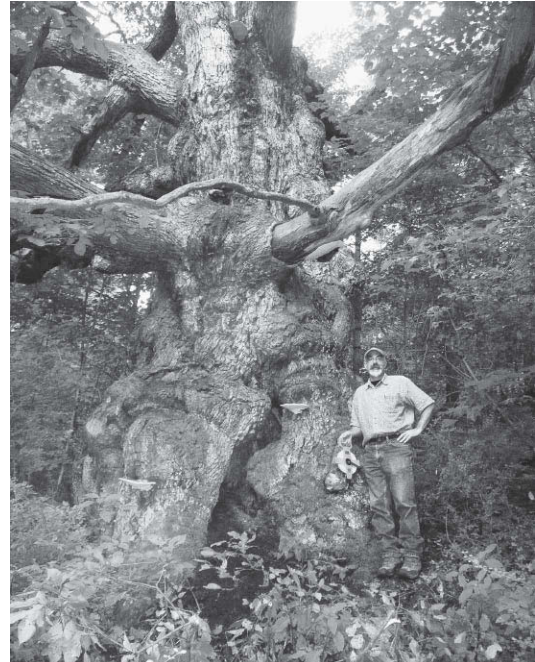
All Democrats and supporters, Independents and Greens are invited to the monthly meeting of the Lincoln County Democratic Committee on Wednesday, October 23, which will focus on the Affordable Care Act (ACA), also known as Obamacare. The meeting in the 911 Communications Center behind the Lincoln County Court House in Wiscasset will open at 6:30 with a social gathering, and the meeting will start at 7:00. Refreshments will be available.

Speakers will include Malory Shaughnessy, Outreach and Education specialist with Maine Community Health Options, Maine's first nonprofit, consumer-operated health insurance plan. Other invited speakers include a navigator for Maine's health plans, who helps direct people to appropriate coverage, and Garrett Martin, executive director of the Maine Center for Economic Policy.

For more information, visit www.lincolncountydemocrats.org or www.enroll207.com.

Slide Talk Tonight in Rockland on Maine's Champion Trees –

Jan Santerre, coordinator of Project Canopy and Maine's Big Tree Program, will offer a slide-show presentation on the biggest trees in the midcoast region on Thursday, October 17, at 6:30 p.m. at the Rockland Public Library. The program is one of the Georges River Land Trust's Walks and Talks events for 2013. The presentation is free and will take place in the Community Room of the library. Santerre is pictured with one of Maine's champion trees.



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In addition to planting tulips and daffodils in the fall for spring flowerings, we plant that other "stinking" bulb, garlic, now so it will come up in the spring and be ready for midsummer harvesting. Garlic planting is simple: separate the individual cloves from a head of garlic, plant each one in a well-prepared bed about four weeks before the ground freezes, and each clove will give you a complete garlic bulb at harvest time.

About four years ago I was given some enormous heads of garlic by a friend who said she'd produced such large heads by selecting for the largest cloves of the previous year's crop as her seed garlic. I've been doing this ever since and am happy to report that most of our garlic heads are well above average in size, brag-worthy at the very least. We try to put aside more heads every year to plant and keep this trend going.

Garlic grows best if the planting stock is exposed to temperatures between 40 and 50 degrees for about two weeks before planting. Stock that has not experienced enough cold before planting will produce bulbs with more but smaller cloves and with an increased tendency to double cloves. Storing the stock in a woodshed or similar cold structure would help.

We try to plant garlic about four weeks before the ground freezes because the roots need to grow for a few weeks before soils freeze. Garlic that fails to grow roots in the fall will

emerge and begin leaf growth later in the spring. Maximum leaf growth, which directly affects maximum bulb size, occurs by summer solstice, so any loss of growing days before solstice means correspondingly smaller bulbs. Generally, once it's set its roots, garlic will send up green shoots in the fall, before winter sets in. Even if these shoots sustain some frost damage over the winter the plant will remain healthy.

Garlic will not grow well in compacted clay soil; it thrives in a loose soil that has plenty of organic matter. The soil should hold water but should not stay soggy. In a small garden, plant the individual cloves six inches apart; you should be able to plant 16 cloves per two square feet of garden space.

If you measure your bed ahead of time you can determine the approximate number of cloves you will be able to plant. Plant the cloves with the pointy side up and flat side down, and cover with about two inches of soil. If your soil is well-worked, you can press cloves in with your thumb. Or you can dig furrows in the bed and lay the garlic cloves in them.

After you have finished planting your garlic bed, cover it with a three- to four-inch layer of straw or hay. This mulch helps moderate weather extremes, keeps weeds down, and conserves moisture. Garlic's green shoots are very strong and can easily push their way up through the mulch. You can pull the mulch back from the plants a bit once spring arrives.

HOME & GARDEN

by Georgeanne Davis

Planting the Stinking Bulb

Great Maine Apple Day at MOFGA in Unity Includes Orchard Tour

Great Maine Apple Day, an annual celebration sponsored by Maine Organic Farmers and Gardeners Association (MOFGA), Fedco and the University of Maine Cooperative Extension, will take place on Sunday, October 27, from 10 a.m. to 4 p.m., rain or shine, at MOFGA's Common Ground Education Center in Unity. Workshops and talks will cover Maine's apple history, organic tree care and cider making, and local food and crafts will be for sale.

Renae Moran, from the University of Maine, will speak on tree fruit horticulture, and Glen Koehler, also from UMaine, will discuss major pests.

Award-winning cider maker Claude Jolicoeur, author of *The New Cider Maker's Handbook*, will talk on "The Basics of Cider Making" from 12:15 to 1:45 p.m. and will dis-

cuss his book from 2:00 to 3:30.

A "dream team" of Maine apple experts will be on hand to help identify "mystery apples" that visitors bring in; visitors may also see and taste rare and heirloom apples and bring their own varieties for others to see and taste.

John Bunker will lead tours of MOFGA's new Maine Heritage Orchard at 10 a.m. and noon. Work began this summer to reclaim an old sand-and-gravel pit and establish a 10-acre organically managed model orchard to preserve and protect Maine's traditional apples and pears, providing a learning laboratory for backyard growers, orchardists and agricultural educators. Plans call for more than 500 specimens from every county in the state.

Admission is \$2 for MOFGA members, \$4 for non-members. For more information, visit www.mofga.org.

Intro Workshop on Solar Energy in Union on Saturday

An introductory solar energy workshop with Lee Zwicker will be presented at the Union Town Office on Saturday, October 19, from 9 a.m. to 4 p.m. Zwicker will provide guidance on reducing consumption of heat and electricity and will cov-

er basic design, construction and maintenance of solar systems. He will describe tax incentives and rebates and offer advice on how to economically convert a home to solar power. Fee is \$54; register by calling RSU 40/MSAD 40 Adult Education at 832-5205, or go to www.msad40.maineadulted.org.

Conservation District Awards Banquet November 6

Knox-Lincoln Soil & Water Conservation District will hold its annual awards banquet on Wednesday, November 6, at the North Nobleboro Community Hall on East Pond Road in Nobleboro. The public is invited to attend the banquet, which includes a homemade dinner of smothered beef or vegetarian entrée, mashed potatoes, vegetables, and homemade pies.

The guest speaker will be Bill Eldridge, chief executive of MOOMilk Co. The film "Betting the Farm" is about the start-up of MOOMilk (Maine's Own Organic Milk).

Following dinner and before Eldridge's talk, there will be brief updates from USDA Natural Resources Conservation Service and District staff, and presentation of the annual District awards: Cooperator of the Year, Reba Richardson and Bill Pluecker, Hatchet Cove Farm, Warren; Soil Health

award, Jan Goranson and Rob Johanson, Goranson Farm, Dresden; On Farm Energy Efficiency award, Nancy Williams and Al Maloney, NEWAIM Farm, Waldoboro; Logger of the Year, Henry Oliver, Nobleboro; Teacher of the Year, Madelon Kelly, Medomak Middle School; and District Volunteer of the Year, Jessica Sewall, Round Pond.

Festivities begin at 6 p.m. with refreshments and visiting; dinner will be served at 6:30 p.m. All guests receive a free raffle ticket for a door prize, with drawings held throughout the evening. The \$15 registration fee covers the cost of the meal. To register, contact Hildy at 596-2040, hildy@knox-lincoln.org, or register online at www.knox-lincoln.org/annual-meeting.

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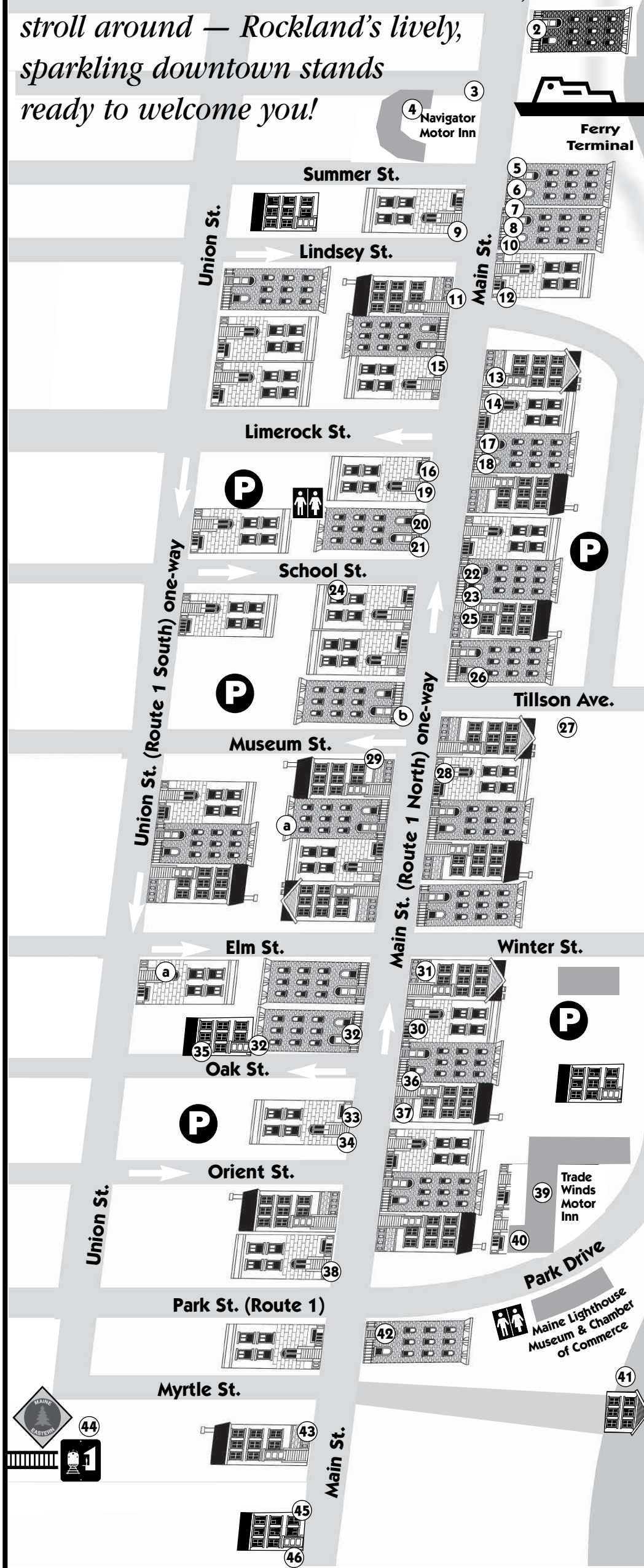
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Left to right, (bottom row) Daniel Vannah, Molly Jennings, Faith Sweetser, Addie Brinkler, Kat Robinson, Katie Powers, Hermione Blanchard-Fleming, Logan Look, (top row) Emma Tolley, Cayleigh Hearth, Ivy Laakso, Kayleigh Tolley, Katherine Tolley, Elaine Landry, Roger Marcotte, Norbert Ferrero, Tristan Hearth, Wyatt Sykes and John Moon-Black.

Waldo Theatre Begins Year-Round Youth Theatre Programming

The Waldo Theatre in Waldoboro is embarking on a year-round series of kids' programs, for children from grammar school through high school, including a year-round glee club, a full summer camp, and fall/winter/spring classes. Each program will culminate in a public performance, with admission by donation. The first two sessions are being taught by Roger Marcotte and Melissa Hearth, assisted by Cayleigh Hearth and Jenni Prescott, and will finish with a Halloween-related revue on Saturday, October 26, and a Christmas revue on Saturday, December 21. Children must be 8 or over and must be able to read. Classes are mostly on Sundays from 4:30 until 6:30 p.m. Classes geared toward the December Revue will start in November. Class sizes are limited to 30, so early reservations are recommended.

In the new year, classes will include improv, fight cho-

reography, light/stage/sound/costume design, dance, movement, voice and acting. More advanced classes will be held for those over the age of 12 who want to learn more about auditioning beyond community theatre. Guest teachers will be involved in the program.

This fall's instructor Roger Marcotte, who recently played Tom Collins in *Rent* and who will play the title role in *Shrek the Musical*, studied musical theatre performance at the University of Southern Maine. Melissa Hearth, whose experience includes teaching preschool, has been directing youth theatre as well as adult productions at the Waldo for almost seven years.

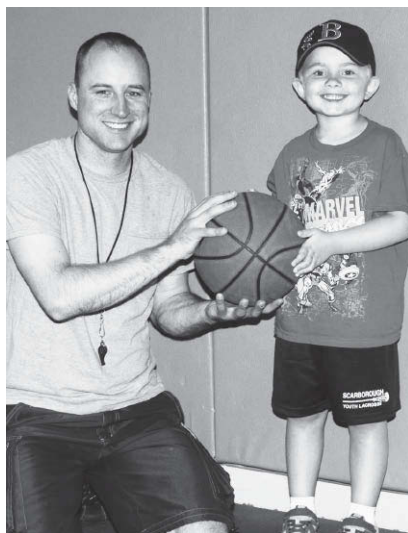
Cost is \$100 per child for both sessions (\$80 per child for multiple-child households), or \$50 to participate in one revue and to only take the classes leading up to it. To register or for more information, e-mail melissa@thewaldo.org.

Registration Open for Pen Bay Y Youth Basketball Season

Registration is open for Penobscot Bay YMCA's Windjammer Youth Basketball League, in which youth in grades 1 through 6 can stay active, have fun, be part of a team and learn the game of basketball. No experience is necessary, and new players are welcome in every division: Boys 1st & 2nd Grade, Boys 3rd & 4th, Boys 5th & 6th, Girls 1st & 2nd, Girls 3rd & 4th, and Girls 5th & 6th.

The program welcomes all area youth, but is particularly geared toward students in the Five Towns school district, Appleton, Hope, Lincolnville, Camden and Rockport. All practices and games are held either at Penobscot Bay YMCA in Rockport or the gyms at Camden-Rockport Elementary School, Lincolnville Central School and other venues. The Y will help accommodate families in the surrounding towns and can often group two to three players together on a team for carpooling purposes if necessary.

Windjammer Youth Basketball season runs for 10 weeks.



Youth Sports Coach Jon Moro and Frankie

The number of sessions each week increases with each age division: 1st- and 2nd-graders meet once a week for a one-hour practice/game session on Saturday mornings (starting November 9); 3rd- and 4th-graders have practice one evening per week and games Saturday mornings; and 5th- and 6th-graders have practice two evenings per week and games on Saturday morning or early afternoon.

The 3rd- through 6th-grade leagues start off with skills clinics: on Tuesday, October 29, for boys' teams; and on Wednesday, October 30, for girls' teams. Practices will start the following week, and the first weekend of games will be November 9. For more program details, visit www.penbayymca.net.

Registration is \$20 for 1st- and 2nd-graders and \$30 for 3rd- through 6th-graders for the entire season. To register, go to <http://pbymca.sportsoffice.com>.

For more information, contact Senior Program Director Jasen Wood at 236-3375, extension 211, or jwood@penbayymca.org.

Big Trek/Little Trek Program Kicks Off

On Tuesday, October 22, Trekkers begins the ninth year of Big Trek/Little Trek, an afterschool mentoring program that pairs high school students with third- and fourth-grade students from St. George School and Lura Libby School.

Eleven students from Oceanside High School will participate in the program, contributing over 100 hours of community service this fall.

By matching students from different age groups, Big Trek/Little Trek hopes to encourage mutually beneficial relationships. The Big Trek/Little Trek pairs meet one hour a week for seven weeks and participate in various activities, both one-on-one and in large group settings — outdoors on the playground, playing basketball, or winding down by playing board games or doing arts and crafts. The "Littles" will receive encouragement from a positive role model while the "Bigs" develop leadership skills while giving back to their community. Before the session begins, the "Bigs" participate in an hour-long training to

prepare them for their role.

Another seven-week session of Big Trek/Little Trek will be offered in the spring. Any high school student from the communities of RSU 13 can apply to be a mentor. To learn more about becoming a mentor, visit www.trekkers.org or call the Trekkers office at 594-5095.



The fall session of Trekkers' Big Trek/Little Trek program begins October 22.

New Suzuki Violin Program at Bay Chamber Music School

Bay Chamber Music School's new Suzuki violin program will be led by its newest faculty member, Sarah Glenn. Prior to her recent move to Maine, Glenn taught violin at the North End Music and Performing Arts Center in Boston and coordinated Education and Community Engagement programs for the Boston Symphony.

Tailored to the developing minds of young children, the Suzuki method is appropriate for any age, beginning as early as 3 or 4. The method is based on the way children learn language, first by listening, and through repetition. Once basic technique is established, students begin reading music, typically at the same time they begin reading in school. Emphasis is placed on the parent-child relationship. Parents attend all lessons and classes, practice with their child, and create an environment at home that is conducive to learning.

The Suzuki violin program at Bay Chamber Music School in Rockport includes a weekly private lesson, group classes, and performances throughout the year. Glenn is currently teaching at Bay Chamber Music School on Tuesdays and Saturdays; rolling enrollment opportunities are available. For more information, call Joan Kulle at 236-2823 or visit www.baychamberconcerts.org.

Youth Open Mic Night Sunday at Thomaston Church —



The Federated Church in Thomaston, 8 Hylar Street, will host an Open Mic Night for young people age 11 to 18 on Sunday, October 20, from 6 to 8 p.m. in the downstairs fellowship hall. Local musician and music therapist Kella Riever will emcee; performers should bring their own musical instruments. An amp, microphone, karaoke machine and piano will be provided, and free refreshments, including cider and doughnuts, will be served. For more information, or to sign up in advance, contact Gail at 354-8117. Pictured here, an Open Mic Night this spring at the church.

Youthlinks Halloween Party October 30 at Children's Museum

Children are invited to a Halloween Party hosted by Youthlinks at the Coastal Children's Museum, 75 Mechanic Street in Rockland, on Wednesday, October 30, from 3 to 4 p.m., free with museum admission. The party will offer dancing and interactive skits, face painting, a make-your-own-monster art station, and healthy snacks with a holiday twist. Oceanside students have worked with the Youthlinks fall program since September as "Halloween Party Planners"; kids are encouraged to come to the party in costume, as the high school hosts will also be dressed up.

Youthlinks is a program of Broadreach Family & Community Services, a nonprofit organization serving Waldo and Knox counties. For more information, contact Youthlinks at 594-2221 or visit www.youthlinksonline.org.

Maps & Apps Topic of 4-H National Science Day on November 3

Young people ages 9 to 18 are invited to take part in a Maps & Apps Experiment, on 4-H National Youth Science Day (NYSD), Sunday, November 3, hosted by University of Maine Cooperative Extension in Knox and Lincoln counties from 2 to 4 p.m. at 377 Manktown Road in Waldoboro.

Participants will design and map an ideal park, as well as use GIS mapping to solve community problems and contribute data about participants' communities to the United States Geological Survey.

Youth do not have to be 4-H members to participate. Pre-registration is required; to pre-register, for more information, or to request a disability accommodation, call 832-0343 or 800-244-2104 (in Maine).

NYSD is held annually to promote programming that sparks interest and leadership in science, technology, engineering and math (STEM) careers.

BOOK REVIEWS

THE PRICE OF JUSTICE: A True Story of Greed and Corruption

BY LAURENCE LEAMER

Reviewed by Greg Schneider

Hugh Caperton had a pretty sweet life in 1997 when he ruined it by cutting a deal with the devil. Or not the devil, exactly, but a businessman named Don Blankenship, who might as well be Beelzebub for the way he's characterized in *The Price of Justice*, a new book about epic legal battles in the coal country of West Virginia. It all started, in simplified form, something like this:

Caperton, the second cousin of former West Virginia governor Gaston Caperton, had bought a small coal-mining company and was trying to build it up. The company was dependent on a single industrial customer, which used the coal to run coke furnaces for making steel. But then Blankenship's Massey Coal bought that customer and decided to shut down the coke furnaces. Blankenship told Caperton he wouldn't need the coal anymore. Left without a customer, Caperton decided that the only option was to sell his company to Blankenship.

Blankenship bargained him down, down, down on the price, to a fraction of what the hapless Caperton thought the value was. Then, with his foot basically on Caperton's throat, Blankenship walked away. No deal. Caperton had to declare bankruptcy, and Blankenship had the chance to get his company after all — for basically nothing — and fire all the union miners.

His life tumbling into physical and financial ruin, Caperton summoned the courage to sue his powerful opponent, claiming Blankenship had manufactured the crisis that led to his bankruptcy. His conflict with Blankenship culminated in a case that has become an icon of damaged justice. John Grisham based his novel *The Appeal* on the case, and the matter wound up before the U.S. Supreme Court.

In *The Price of Justice*, Washington writer Laurence Leamer puts the notorious episode into the context of a truly operatic fight by two lawyers to challenge Blankenship's power. They were seeking justice not only for Caperton but also for hundreds of exploited miners and their families. It's riveting reading, the way courtroom dramas tend to be. And Leamer's habit of making the players into stark figures of good and evil — actually comparing the black-clad Blankenship to Darth Vader in a court appearance — makes it easy to find your way through the complicated legal bits.

The two Pittsburgh lawyers who came to Caperton's rescue had something to prove. The first, Dave Fawcett, worked for a prestigious firm but had never quite measured up to his dad. His eventual partner, Bruce Stanley, was a humble West Virginia boy trying to both escape from and vindicate his roots. Together they were a duo of goofy do-gooders — Fawcett celebrated one victory by rolling on the grass outside court — taking on a terribly dangerous opponent in Blankenship.

Leamer's prose is not elegant; he often relies on trite shorthand descriptions. One legal client was "a mountain woman who had never traveled far beyond her hollow," while another client's husband was "strong, brawny, honest, and self-reliant, a model of Appalachian virtue before the coal companies and the dole arrived."

But the story moves, driven by a sense of injustice that seems heartfelt. At one point Fawcett is scouting out a sad little town where a hearing is to be held. He notes that, back in Pittsburgh, the lords of the steel industry at least dressed things up with fancy museums and libraries. "Here, the parking lots were gravel, and even the few sidewalks in town were crumbling. Fawcett was a Republican perfectly comfortable with what he viewed as the natural inequalities among men, but this was different. Billions of dollars had been taken out of these hills, but what had the people gotten except gravel? As he walked these coarse streets, he recognized that the Caperton case was not really just about Hugh Caperton and the Harman mine. It was about this region and what had gone wrong."

For all the obviousness of Leamer's prose, the tale takes more twists and turns than a country road. You really couldn't make this stuff up: Caperton wins when things look hopeless, has setbacks when things seem assured — and through it all, the level of villainy attributed to Blankenship is stupefying.

A few years after most of the action in the book, Blankenship and Massey Coal achieved a new level of notoriety when the Upper Big Branch mine disaster claimed the lives of 29 men who worked for them. *The Price of Justice* makes that calamity seem part of an infuriatingly predictable pattern.

Greg Schneider is *The Washington Post's* national economics and business editor.

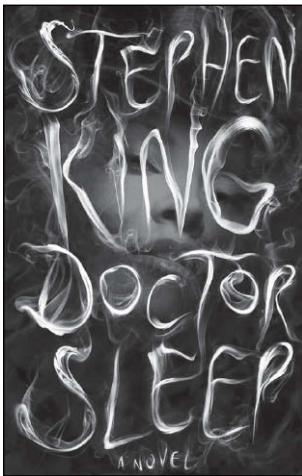
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DOCTOR SLEEP

BY STEPHEN KING

Reviewed by Keith Donohue

Stephen King does not like "The Shining." In the author's note to *Doctor Sleep*, his fantastic new sequel to that classic horror tale, King expresses his bafflement with Stanley Kubrick's movie version. "For reasons I have never quite understood," King complains, many people remember it "as one of the scariest films they have ever seen."



Of course, many writers dislike movie adaptations of their books, and Kubrick's version differs substantially from King's novel. But who can forget Jack Nicholson's manic performance as Jack Torrance and Shelley Duvall as the hysterical wife, and their little son riding his Big Wheel down the creepy maze of corridors, the lady in the bathtub, the elevator of blood and those spectral twins? It's one of those cinematic experiences that threaten to outstrip the original source material in the public imagination. Forgetting Kubrick would be as impossible as dismissing Victor Fleming's "Wizard of Oz." Once seen, it can't be unseen.

So King faces a particular challenge in *Doctor Sleep*. Not only does he have to create a satisfying and compelling new story from the bones of *The Shining*, but he must also wrest control of our memory of that little boy, Big Wheelin' Danny. He pulls off the trick by writing a virtuoso tale that outshines *The Shining*, particularly in dealing with its core theme: the corrosive ravages of alcoholism.

Doctor Sleep picks up the tale of Dan Torrance and his own battle with booze. Haunted by the events of that December when he was a little boy, Dan suffers through his childhood and then drifts for decades. While he escapes the Overlook Hotel, he can't shake the visions he sees by virtue of the shining, that extrasensory capacity to perceive the hidden horrors of the world and to communicate telepathically with others who share the power.

With great gifts come great responsibilities, which weigh heavily upon the young man. After a one-night stand with a coked-up barfly, Dan finally hits rock bottom. He finds some respite in a small New Hampshire town where a tough but kindhearted sponsor drags him off to the local Alcoholics Anonymous meetings. He lands a job as an orderly at a nursing home and quickly earns the nickname "Doctor Sleep" for his uncanny ability, with the aid of a cat, to discover and ease the suffering of the dying.

Just as he has settled into this role, Dan begins to pick up signals from a little girl named Abra Stone, who lives in a nearby town. She is attuned to "the weird radio in her mind," receiving news of faraway disasters — from the events of 9/11, when she was just a newborn, to the present-day abduction and death of a young boy halfway across the country. In time, she also picks up the presence of Doctor Sleep and forges a connection with Dan.

Meanwhile, out in the middle of America, the villains of the novel are traveling the highways and byways in their Winnebagos. Under the guise of stereotypical RV people, "those midlife pensioners and cheery older folks in their golf hats and sun visors with appliqued flowers on them," the True Knot, a gang of paranormal beings, seek out children with the shining in order to feed off the "steam" or life force released as they are slowly tortured to death. The True Knot need that steam to stay forever young. Under the leadership of Rose the Hat, one of King's more colorful characters, the True Knot and Doctor Sleep end up in an epic clash between evil and innocence.

King is a master of the paranormal thriller, cross-cutting among these three plotlines in short cinematic scenes that give *Doctor Sleep* its relentless narrative drive. His characters, particularly the baddies, are drawn with an economy that brings them briskly to life. Like some twisted bastard son of the Houses of Lovecraft and Dickens, he is as macabre and entertaining as ever.

The Shining, published in 1977, is a young writer's book. King, who turns 66 this month, has learned many new tricks of the trade. One key difference between the earlier novel and this sequel is how immediately he now plunges into the action. But *Doctor Sleep* inevitably takes a different tack regarding its main character's central flaw. We get a more nuanced view of the cause of, and remedy for, alcoholism. Despite its many horrors, *Doctor Sleep* is more assuredly a novel of redemption, well-earned in the end. It won't make you forget Jack Nicholson and his ax, but *Doctor Sleep* will give you a fresh case of the creeps.

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THE DOUBLE

BY GEORGE PELECANOS

Reviewed by Jonathan Yardley

Five chapters into George Pelecanos' second novel about Spero Lucas, a veteran of the Iraq War who lives in Washington, D.C., and works as a private investigator, Lucas makes one of his regular visits to the Walter Reed Army Medical Center in Bethesda, Maryland. He "had too many books in his apartment and he liked to pass them on to the wounded soldiers and marines who had little to do beyond their rehab." He delivers a variety of genres, including biography and history, but "like most people the recovering veterans enjoyed a good story told with clean, efficient writing, a plot involving a problem to be solved or surmounted, and everyday characters the reader could relate to." So he takes them novels by the likes of Elmore Leonard and Lawrence Sanders, but he could just as well take them books by George Pelecanos, which I suspect is the hidden joke behind this passage.

Certainly *The Double* lives up to its author's definition of "a good story." Its prose is no-nonsense, its plot is agreeably labyrinthine, and its characters are people one immediately recognizes and likes — or, in a few cases, actively dislikes. But like them or hate them, they all seem real, which has been Pelecanos' stock in trade through the 19 books he's published to date, not to mention the God-knows-how-many scripts he's written for the television series "The Wire" and "Treme." He's up there on the top shelf with Dennis Lehane and Michael Connelly, whom booksellers and book critics reflexively pigeon-hole as "genre writers" yet who have a great deal to tell us about that endlessly interesting subject, the way we live now.

Pelecanos's novels are set in Washington and its suburbs, places about which he has strong opinions. A native of the District, where he was born in 1957 (he now lives in Silver Spring, Maryland), he has watched closely as the place has changed in recent years and views that change with decidedly mixed feelings. Early in *The Double* he mentions an article in *The Washington Post* that "detailed the noted drop in homicides and higher closure rate under the stewardship of Chief Cathy Lanier," and he adds that a "cultural shift, a civil servant-based economy mostly immune to the recession, and gentrification had played a role in the city's resurgence as well.... People with money and vision had been buying up row houses here in the past ten, fifteen years, putting down roots alongside longtime residents...."

Lucas/Pelecanos can't quite decide how he feels about all this: glad to see the city prospering but sad to see longtime African-American residents forced out into the less-affluent suburbs. These ruminations occur as Lucas pursues, as is his wont, multiple cases — three, this time. The first, in his capacity as investigator for a defense lawyer, involves a man who may or may not have been unjustly accused of the murder of a woman he was seeing. The second involves his off-hours activity as a private eye who helps people recover something they've lost in one way or another, his fee being 40 percent of its value. The third has to do with the murder of a girl at Cardozo High School who had been one of the favorite students of his brother, a teacher there. Meanwhile he's ferociously distracted by an ardent love affair with a woman he meets in a bar: "Charlotte Rivers was a bundle of dynamite in a dress. She was smart, accomplished, and funny. She was also married. For now, Lucas didn't care."

Of all the characters who make their way through these pages, the one most likely to interest readers is Billy King, aka Billy Hunter, a hunk of throbbing manhood who has seduced Grace Kinkaid, a good-hearted woman who, in the words of the bartender who refers Lucas to her, "works for one of those feed-the-children non-profits, even though she has a law degree and could be doing a lot better." Grace owns a painting called "The Double," given to her by a deceased uncle. It is by an early-20th-century artist little known in her lifetime but now popular; the painting has been assessed at "somewhere in the neighborhood of two hundred thousand dollars."

Suddenly the painting disappears, and so does Billy, who Grace belatedly realizes is "all kinds of twisted." The hunt for Billy pulls Lucas into any number of potentially dangerous traps, among them an Internet car-selling scam and a crooks' safe house in Calvert County. Billy gives a good impression of being evil incarnate, yet Pelecanos sees something to pity in the roots from which he grew: an unhappy childhood, an injury that wrecked any chance he may have had for a college football career, an almost innocent longing to own a nice boat and cruise placid waters.

Never mind. When at last Lucas tracks Billy down, the action is fast and violent. Lucas squeezes out of it, of course — after all, surely there are sequels down the road — but how he does so and at what cost is well worth the ride, which itself is plenty of fun, if not always good, wholesome fun.

For me the most interesting character in his fiction is the District itself, with its occasionally combustible combination of peoples and cultures, its local affairs much under the thumb of a disdainful and ignorant Congress, its evolution into a place with an indigenous culture not imported from New York or anywhere else, indeed the slow and incomplete dissolution of its inferiority complex vis-a-vis all things New York. From where I sit, Pelecanos gets it all just right, and that he tells a hell of a good story is just very nice icing on a very tasty cake.

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From left to right; Katherine Silva, Jen Blood and Patrick Shawn Bagley

Horror & Mystery Writers to Read at Rockland Library October 24

Jen Blood, Patrick Shawn Bagley and Katherine Silva, all local residents, will read from their works for a Halloween Author Reading at Rockland Public Library on Thursday, October 24, at 6:30 p.m., free and open to the public; a raffle for prizes will also be held.

Jen Blood is author of the Erin Solomon mysteries; the fourth novel in the series, *Before the After*, is soon to be released. Patrick Shawn Bagley's stories of rural mayhem have appeared in *Crimespree*, *Spinningtler*, *Thrilling Detec-*

tive and the anthology *Uncage Me*. Katherine Silva is author of the *Monstrum Chronicles*; the latest book in the series, *Aequitas*, was nominated for a 2013 Maine Literary Award in speculative fiction.

The reading is one in a continuing Thursday evening series of literary, film and musical offerings sponsored by the Rockland Public Library and the Friends of the Rockland Public Library. Special accommodations for persons with disabilities can be made with 48 hours' notice; call the library at 594-0310.

Founder of Carpenter's Boat Shop in Next Chat with Champions

Reverend Robert Ives, founder of the Carpenter's Boat Shop in Pemaquid, will speak on Tuesday, October 22, at 10 a.m. in the Porter Meeting Hall of Skidompha Library, as a guest in the library's ongoing Chats with Champions series. Ives will give an illustrated talk about his life and his involvement with the islands of Muscongus Bay.

Early in his career Ives worked briefly in the Bowdoin Admissions Office before becoming a teacher and minister on Monhegan Island. He served three coastal Maine churches while also working as a lobster fisherman and boatbuilder. In 1979, Ives and his late wife Ruth founded the Carpenter's



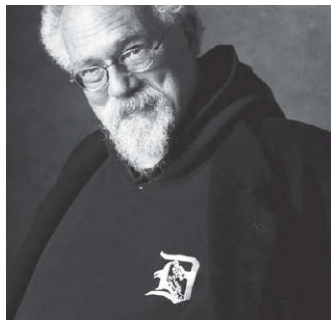
Rev. Robert Ives

Boat Shop in Pemaquid, an apprenticeship-school and community for all people making transitions in their lives. While considering goals and directions, apprentices live in community, learning boatbuilding, carpentry, furniture making, sailing and seamanship, performing community service, and exploring personal faith through reading, study and discussion.

Ives served as director at the Carpenter's Boat Shop for 33 years. Currently he is Bowdoin College's director of Religious and Spiritual Life, guiding and coordinating the faith groups on campus. He also acts as a liaison between students and religious leaders and faith communities in Brunswick and midcoast Maine.

John Sinclair to Perform Tonight at Waterfall Arts

Waterfall Arts and the Belfast Poetry Festival will present John Sinclair — poet, blues scholar, icon of the '60s counter-culture era and a forefather of punk — on Thursday, October 17, at 7 p.m. at Waterfall Arts, 256 High Street in Belfast. Seating is limited. Tickets are \$9, and will be available at the door, or visit www.waterfallarts.org. Friend of legends like John Lennon, onetime manager of the infamous MC5, and activist for the campaign to legal-



ize marijuana, Sinclair performs from a life spent living art and activism without relent. His poetry will be backed by musicians Duncan Hardy and Friends.

The Part Time Buddhas, a poetry-jazz cello dance ensemble with Shana Bloomstein, Gil Helmick and Ben Noyes, will also perform. The ensemble has performed with saxophonist Charles Neville and been featured at the Bowery Poetry Club and the Kerouac Festival.

November Writing Workshops with MWPA

Maine Writers & Publishers Alliance (MWPA) will offer six new workshops, on fiction, nonfiction and memoir, at various locations on Saturdays in November:

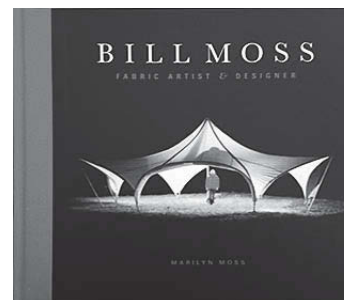
"Getting Ready for Winter Work," a two-part workshop with Susan Hand Shetterly on Saturday, November 2 and 23, in Rockland; "The Art of Revising" with Pope Brock on Saturday, November 9, in Portland; "The Fiction Manuscript," a three-part workshop with Cynthia Thayer on Saturday, November 9, 16 and 23, in Bangor; "The Indelible

Character" with Sarah Braunstein on Saturday, November 16, in Portland; "How to Write an Article" with Pope Brock on Saturday, November 23, in Portland; and "Discovering Our Mother's Stories" with Patricia Taub on Saturday, November 23, in Kennebunkport.

For more information, visit www.mainewriters.org, or call 228-8263.

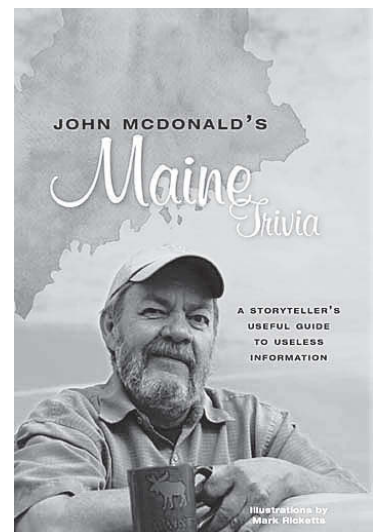
Marilyn Moss to Give Talk, Sign Book on Bill Moss and His Designs in Belfast on October 20

Marilyn Moss (pictured) will give an illustrated talk, free and open to the public, on Bill Moss and sign copies of her new book about him at Left Bank Books, 109 Church Street in Belfast, on Sunday, October 20, from 3 to 4:30 p.m. *Bill Moss: Fabric Artist & Designer* chronicles in words and pictures her husband's pioneering work with tension fabric structures. His 1955 invention of the Pop tent led to the 1975 founding of Moss Tents. The firm, noted for its social responsibility, was first based in Camden and later in Belfast. Following Bill Moss's death and the sale of the company, Marilyn Moss has been a writer and the recipient of awards for philanthropy and business development, and is currently board chairman of the Center for Maine Contemporary Art. Space at the talk is limited and advance reservations are encouraged. For more information or to reserve a seat or a signed copy of the book, call 338-9009.



John McDonald Telling Stories at Waldoboro Library Saturday

John McDonald, Maine author, storyteller and radio personality, will speak at the Waldoboro Public Library on Saturday, October 19, at 1:30 p.m. He has written several books of Maine humor, including his most recent, *John McDonald's Maine Trivia: A Storyteller's Useful Guide to Useless Information*, and *A Moose and a Lobster Walk into a Bar: Tales from Maine*. He hosts a radio show on Portland Radio 560 WGAN and is the founder of the Maine Storytellers' Festival. All are welcome to the free program, which is sponsored by the Friends of the Library. McDonald will also be signing copies of his books; bring cash or check if planning to buy a book. For more information, call the library, 832-4484, or visit www.waldoborolibrary.org.



On the Air at WRFR

Thursdays, 7-8 a.m., brings you "Words of the Morning," with Peter Jenks and friends. The show celebrates the written word and spoken word with poetry, prayers, short stories, lyrics and more. It's designed to begin the day with insights and encouragement. Peter is always open to input, ideas, stories, and poetry to share. Call WRFR at 594-0721 or visit www.wrfr.org. This show is sponsored by ASK for Homecare with Joanne Miller, The Free Press, and E.C. Moran Insurance of Rockland.

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Native Medicinal Herbs for Teas Subject of Talk, Sampling at Waldoboro Co-op

Medomak River Community Market, at 17 Friendship Street in Waldoboro village, will host a Medicinal Herb Workshop on Sunday, October 20, at 1 p.m. Kim Scheimreif will discuss native medicinal plants and how they may be used in teas to prevent or lessen the effects of common ailments. Her talk will cover foraging for them, medicine-wheel herb gardens, and preparing herbs for tea. The presentation, for an \$8 suggested donation, will be BYOC, bring your own cup; the market will provide hot water and herbs for sampling. For more information, e-mail medomakrivercm@gmail.com.



Spectrum Generations Flu Shot Update & Clinic on October 29

Spectrum Generations will host a presentation by a registered nurse from Kno-Wal-Lin Home Health about this season's immunizations, followed by a flu shot clinic, on Tuesday, October 29, at the offices at 61 Park Street in Rockland. The free presentation will take place at 10:30 a.m. and the clinic will be held from 11 a.m. to 1 p.m.; shots are free for those with Medicare, \$30 otherwise.

Those wanting to get vaccinated are asked to call ahead, 596-0339, in order to ensure enough doses will be available. For more information, visit www.spectrumgenerations.org.

Tips for the Sleep-Deprived Age 55-Plus

Millions of Americans age 55-plus are chronically sleep-deprived. In "Insomnia and Sleep Disorders" on Monday, November 4, from 10:30 a.m. to noon at Quarry Hill in Camden, lead sleep technician Cindy Roth of Pen Bay Healthcare's Center for Sleep Medicine will describe healthy sleep, discuss common sleep disorders, and outline simple strategies to help ensure optimal rest.

The program is part of Quarry Hill's "Going Strong" series, focusing on health issues of particular concern to older adults. Admission is free; however, seating is limited, and registration is required. To sign up, call Quarry Hill at 230-6114 or email qhinfo@penbayhealthcare.org.

Caring for the caregivers— Depression Is Not a Sign of Weakness

by Liz Crawford, Family Caregiver Specialist, Spectrum Generations
Caregiving is difficult work that can often lead to feelings of stress, frustration, guilt and even depression. According to the Family Caregiver Alliance, "a conservative estimate reports that 20 percent of family caregivers suffer from depression, twice the rate of the general population."

Some signs and symptoms of depression include feelings of hopelessness, disturbed sleep, becoming easily irritated, loss of interest in previously enjoyable activities, and changes in weight or appetite. In our role of "caring for caregivers," Spectrum Generations Family Caregiver support staff often recognize these symptoms in the caregivers they work with and encourage them not to ignore them.

Unfortunately, some people see depression as a sign of weakness or failure. Depression deserves to be treated as any other illness that a person would seek medical attention for. Frequently, counseling is recommended, but sometimes anti-depressant medication can be useful. Speaking with a doctor to determine the course of treatment is usually the best first step in seeking help. It's also important to keep in mind that caregivers can play an active role in preventing depression in the ones they care for as well.



- Some methods to avoid or decrease depression include:
- Ask for help. Remember that people like to help, so try not to feel guilty about asking.
 - Take a break. Use respite services, such as an adult day care program, to get some time away.
 - Get educated. Knowledge is power. Take a class, such as the Savvy Caregiver program, to learn how to provide effective care and manage difficult situations.
 - Get support. Attend a caregiver support group to address the emotional side of caregiving in a safe and understanding environment.

- Be active. Physical activity can help reduce stress.
- Stay positive. Focus on the enjoyable aspects of caregiving and try to find humor in otherwise overwhelming situations.

For more information about caregiving resources and preventing caregiver depression, visit us at www.spectrumgenerations.org to learn when the next Savvy Caregiver class or support group meets in your area (on Family Caregiver page), or visit our Adult Day Care page for information about a worry-free safe place for your loved one while you're at work (scholarships available). Our Family Caregiver support staff is also just a phone call away at 1-800-282-0764, extension 1656.

Caregiver Specialist to Discuss How to Thrive, Not Just Survive

In honor of National Family Caregivers Month in November Kno-Wal-Lin Home Care & Hospice will present "Life As a Caregiver: Thriving vs. Just Surviving" on Wednesday, November 13, from 11 a.m. to noon at the Picker Family Resource Center in Rockport.

The challenge of being a caregiver can take its toll physically, mentally and emotionally. Spectrum Generations' family caregiver specialist, Elizabeth Crawford, LSW, will discuss how to not just make it through the day, but how to actually find vitality and joy in the day.

The program is part of the ongoing series Health Matters

with Kno-Wal-Lin, in collaboration with the Picker Family Resource Center, which is exploring the ways in which home health and community services can promote one's best health and well-being at home. For more information about the series, contact Suzanne Miller at 390-4524 or smiller@penbayhealthcare.org.

Talks take place every second Wednesday of the month at the Picker Family Resource Center on the Pen Bay Medical Center campus, 6 Glen Cove Drive, Suite 200. Programs are free and are open to all ages, but space is limited; call 596-8950 to register.

Erik Frederick Named Chief Operating Officer of Pen Bay Healthcare

Erik Frederick

Erik Frederick, MHA, has been chosen as Pen Bay Healthcare's new chief operating officer.

Wade C. Johnson, president and CEO of Pen Bay Healthcare, says, "After completing a national search, we are thrilled to have someone with Frederick's skills and experience join the organization and are excited about the leadership he will bring to our entire system."

Frederick is currently with Vanguard Health Systems, with which he has served since 2005. He is regional director of



Lean Operations in Chicago, a performance improvement program for that market, which includes four hospitals, two ambulatory care medical campuses and a 21-clinic primary care network. He was previously chief operating officer at Weiss Memorial Hospital, a 226-bed acute care community hospital where he oversaw 400 employees, including 12 director/managers, and prior to that he served Vanguard as director of operations at Baptist Medical Center in San Antonio, Texas. He is a decorated former U.S. Army intelligence specialist.

Frederick was born in Maine and says he is "very excited to join the team at Pen Bay and to contribute to the system's history of service to the area.... My wife Sonya and I were amazed by the sense of community that exists in the midcoast. We cannot wait to bring our children up and become part of this great region."

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Sit Down and Listen, Says the Rock

by Mark Foure, MD

I have a collection of rocks. I have a rock in my office from a lake in Minnesota where my brother, my Dad and I built a cabin. At home, my wife and I have a collection from vacations and hikes we have taken over the years. But I keep one special rock on my desk to remind me how to be a better doctor.

It is a small oblong green rock worn smooth by rubbing. It's about the size of a half dollar and it reminds me that sometimes the most important thing I can do as a doctor is to listen. The rock and the lesson came from a patient I met on a day that did not have a particularly promising start.

I was working at the Maine Medical Center Emergency Department. It was a busy shift and I was unusually tired, and just when my energy was at its lowest ebb, I looked down at the chart of my next patient and saw that she suffered from chronic fibromyalgia and depression and had been admitted to the hospital several times for chest pain. She was in the emergency room that day suffering from chest pain.

Fibromyalgia is one of those medical conditions that defies easy description or treatment. People who suffer from fibromyalgia are in pain for no obvious reason. The condition can be triggered by surgery, infection or psychological stress. Sometimes there is no known cause, and although some medications can help control symptoms, there is no cure.

Doctors hate fibromyalgia because we are not very good at treating it. Often, it seems there is little we can do except prescribe medications, which can be addictive and may do patients more harm than good. Meanwhile, to rule out other causes of pain, doctors may order tests that can be costly or even harmful.

All of this costs money, wastes time, and makes patients incredibly frustrated.

As I walked into the room, however, one of the first things I noticed is that my patient did not seem antagonistic. She was in her mid-60s with grayish hair and seemed pleasant, even grandmotherly.

As I began to take her medical history, I felt not just tired, but weak all over and dizzy. I grabbed a stool to sit down and continued to take her history, but I realized that I needed to slow down.

I leaned on the bed railing, and I listened to her story, her entire story, and only after she was done did I start to feel a little better. I gave her a brief exam and then told her what I normally tell patients with fibromyalgia.

I told her that her symptoms didn't sound dangerous but we would do a simple test — an EKG — to rule out the possibility of a heart attack, and if that test was OK, I thought she could safely go home, although she might want to talk

to her primary care doctor about adjusting her medications.

By the time I left, I felt pretty good. The interaction had gone well and she seemed happy with what we had discussed.

Then, as I was writing up her discharge paperwork, I looked up and she was staring at me from the doorway of her room.

That's usually not a good sign. Often that means a patient is not happy with how things have gone. They may have something to tell you that they didn't mention the first time around, or they may want to complain.

I thought to myself that she probably wanted a prescription for Oxycodone, or that she thought she really needed to be admitted to the hospital.

I walked back to the exam room with her and she said, "You know, you look tired."

She held out her hand, which held a small, smooth, green rock, and said, "I use this when I worry and it really helps a lot. You were so good to sit down and talk with me. I want to give this to you because you seem to have a lot on your mind."

It is hard to describe how good that made me feel. Not only did she not complain, she thanked me for listening to her, and I realized that she had also paid attention to me.

She went home happy and I kept the rock. I rallied a bit as my shift went on but by the time I got home, I was beat.

My muscles ached and I went to bed early. The next day I had a fever and my wife developed the same symptoms.

I realize now that I had been sick throughout my shift. But ironically, I would not have been successful with that

patient if I had not been feeling ill enough to sit down and have that conversation, and I am convinced that conversation not only made my patient feel better, it made me feel better and it saved the health care system a huge amount of money.

My patient didn't have to go into the hospital and, most importantly, she didn't end up with any prescription or other form of treatment that could have eventually done her more harm than good.

Now I have this rock, which I leave on my desk. Every now and again I look at it and I am reminded that I need to sit down and listen to the patient even when I am busy and there are patients waiting in the hallway. It is not only important for the patient; it is good, efficient medicine.

Mark Foure, MD, is an emergency physician and Chief Medical Officer of Lincoln County Healthcare, the parent company of Miles Memorial Hospital and St. Andrews Hospital. He also serves on Lincoln County Healthcare's Board of Trustees. Prior to joining Lincoln County Healthcare, Dr. Foure was attending faculty at Maine Medical Center, where he developed the Emergency Medicine Residency Program and served as Residency Director.



Morning Rounds

by Mark Foure MD

TO YOUR HEALTH

Parkinson's Support Group Meets November 5

Public safety initiatives that may be especially helpful to those living with conditions such as Parkinson's disease will be the focus of the next meeting of the area's Parkinson's Support Group, on Tuesday, November 5, from noon to 1:45 p.m. on the first floor of the Anderson Inn at Quarry Hill in Camden.

Curt Andrick of the Camden Police Department will discuss the department's take-back program for unwanted medications as well as the "Yellow Dot" initiative introduced to Knox County drivers last spring.

Support group meetings take place regularly on the first Tuesday of each month, from noon to 1:45 p.m., at the Anderson Inn. Meetings are free and offer learning and fellowship to all those living with Parkinson's disease as well as their loved ones and caregivers. Participants are encouraged to bring bag lunches; Quarry Hill pro-

vides beverages and desserts.

For information about topics scheduled for group meetings through December, or to learn more about the group in general, contact Carol Witham at 594-1637.

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Palliative Medicine for Serious Illness

It's About Time

by Dr. Ira Mandel, MD, MPH, Medical Director Pen Bay Healthcare Hospice and Palliative Care

Time is precious. It is spent and used up easily but we can't buy more for all the money in the world.

Also, time is short. For young people, it may seem limitless. As we get older and witness the passing of family, friends and neighbors, we become more aware of life's limits on time. We remind ourselves to live our lives more meaningfully, that is, until we unfortunately get wrapped up in the busyness of life.

Making best use of time is something we strive for our whole lives. If we are lucky, we can renew our efforts to live well and wisely every day.

When faced with a serious, potentially life-threatening problem, it becomes even more important to use our time as best we can. We spend our time trying to get the best treatment in an effort to get better. We try to get better so that we will have more time.

The most difficult part of managing a potentially life-threatening illness is to know when treatment will no longer prolong our lives. It is very hard to know when to stop the chase to be cured and when to focus on making the best use of our limited remaining time.

A recent patient of mine expressed gratitude for being told that there was no treatment for his fatal neurological condition. He was thankful to know that he probably had at least a year to live. He was especially grateful to know that pursuing medical treatments would only be a waste of his limited time. It freed him to do the things he loved best with the people who mattered most to him.

Another patient of mine was being treated for a cancer that the doctor told her could not be cured but could be slowed by chemotherapy. Later, the truth emerged that the chances were very low that this treatment would prolong her life significantly. Receiving the chemotherapy meant many doctor visits, lab tests and X-rays, on top of many days feeling poorly from the chemotherapy treatments. There seemed precious little time left in her days other than time spent fighting the cancer. Sadly, her death came suddenly when she became very ill after a treatment and died of infection. She never had time to say her good-byes, leave lasting messages for her grandchildren, nor do the things she loved one last time and to take care of other unfinished business.

Unfortunately, many people miss the opportunity to live the end of their life the way they would want because they spend all their time trying to be cured. In almost all these cases, most reasonable doctors could have told them that their time was short and advised them to get their affairs in order. However, research has confirmed that it is actually uncommon for doctors to inform their patients who are nearing death because the doctors are uncomfortable giving bad news. It is often easier for them to recommend more treatments. Patients, ever hopeful that more treatments will work and unaware that death is so near, allow themselves to use up their final month, weeks and days getting futile treatment, and often die before they can get their affairs in order.

Some ask their doctors to "tell the truth" and to "not sugarcoat it" when learning of bad news. Others would rather not know all the facts or would prefer to focus on hopeful news. Those who request "the truth" can still be hopeful while being realistic and making wiser decisions about how they can spend the time that they have left. Those who avoid fully understanding "the truth" may make poor choices about how to use their remaining time.

Think about it. The time is yours to use well or to let slip away until it is too late to do the things that are very important to you.

Many significant improvements have occurred in health care because the public has taken a more active role. In the past, doctors did not routinely check patients' cholesterol or order mammograms until patients started to ask for them. Patients with AIDS pushed their doctors to use the most effective treatments when their doctors seemed slow to get on board.

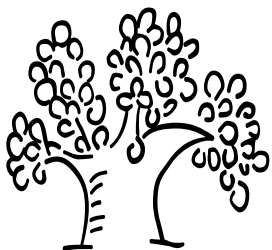
When you, your family and your neighbors take an active role, doctors will begin to feel more comfortable to "tell you the truth" about the time you have left and what further treatment will or will not do for you. Try to become one of those patients who ask their doctors to "tell me the truth" and let them know you want to make the best of your remaining time upon hearing bad news.

I will help lead this effort of change but I need you all to be active participants in your health care to make sure your time is spent the way you would want. Your time is precious. Protect it by speaking up, learning the facts and making wise decisions for yourself.

Then spend your time well! It is your choice.

Ira Mandel, MD, MPH, is a palliative medicine physician and is medical director of Pen Bay Healthcare's Hospice and Palliative Care program.

He provides compassionate care with a team of health professionals who honor the wishes of patients with serious illnesses. His monthly column seeks to inform the public about choices they may wish to consider.

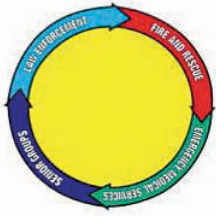


Quarry Hill Hosts Sign-Up for Nationwide Yellow Dot Program

In case of car accident, yellow dot alerts responders to medical information

Area drivers who want to sign up for the nationwide safety initiative known as the Yellow Dot Program are invited to do so at Quarry Hill in Camden on Friday, October 25, from 2:30 to 5 p.m.

Yellow Dot is designed to give emergency-response personnel access to drivers' important health information so they can provide appropriate care in the immediate aftermath of a traumatic automobile accident or other medical emergency. Enrollees fill out a form listing their key medical and emergency-contact information and store it in their vehicles' glove compartment. They also receive a yellow sticker to place in their cars' rear window. In the event of an emergency, the sticker tells first responders to check the car's glove compartment for the information they need to provide optimal care.



The Knox County Yellow Dot Program

TO YOUR HEALTH

Locally, Yellow Dot is a project of the Knox County Sheriff's Department, local law enforcement, local fire departments, Northeast Mobile Health Services and other EMS services, and the Rockport law firm of Briggs & Wholey, LLC, with support from Quarry Hill and other caring organizations.

Participation in the program is free of charge and completely voluntary. Enrollees are asked to divulge only information pertinent to their care in an emergency.

Further information is available at www.yellowdotknoxme.org, through local police departments, through Briggs & Wholey at 596-1099, and at info@yellowdotknoxme.org.



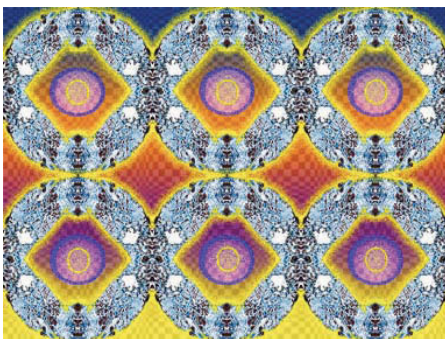
The 10th and final Victorian Tea & Breast Health Fair will be held at Berry Manor Inn, 81 Talbot Avenue in Rockland, on Thursday, October 24, from 3 to 7 p.m. The free event is sponsored by Pen Bay Healthcare's Picker Family Resource Center. No reservations are required.

A traditional Victorian Tea, hors d'oeuvres and desserts will be served. Guests can also enjoy a tour of the Berry Manor Inn, a Four-Diamond Victorian inn.

be available throughout the afternoon. The wearing of Tea hats is encouraged.

Guests should park around the corner from the inn at the Lincoln Street Center and McClain School (24 and 26 Lincoln Street, respectively). Shuttle service will be available between the Lincoln Street Center parking lot and the inn nearby. For more information, visit www.penbayhealthcare.org/pickercenter.

Art and Healing — Keag River Gallery in South Thomaston will hold an opening reception for



an exhibit of work by Aura Ever, on Sunday, October 20, from 1 to 5 p.m. The exhibition runs through November 30. After being diagnosed with breast cancer in 2010, Ever chose to have a double mastectomy. The Keag exhibit, "Transformations: My Cancer Cells, My Art, Creating a New Perspective and Life," features a dozen images, each representing a moment of inspiration on Ever's journey to wellness. A portion of proceeds from exhibition sales will be donated to The Maine Breast Cancer Coalition. For more information, go to www.keagrivergallery.com or call 358-8687. Shown here, "Circles of Connection" by Aura Ever.

Pen Bay Healthcare's Final Victorian Tea and Breast Health Fair

This year's fair features breast health educators as well as a wide variety of ideas and services that encourage and support well-being, stress reduction, lymphedema prevention and management, healthy eating and physical activity for kids and families, and special skin care consultations for breast cancer survivors.

Guests may schedule healing arts mini-sessions, from acupuncture to reflexology. A variety of workshops including breast self-examination and eating for vitality and risk-reduction will

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New Doctor at Pen Bay Internal Medicine

According to Pen Bay Medical Center, Dr. Mudita Bhugra has joined the staff of Pen Bay Internal Medicine.

"My love of science and my desire to heal led me to specialize in internal medicine," said Dr. Bhugra. "I chose Pen Bay because of the exceptionally talented internal medicine group and the hospital's dedication to patient care."

Dr. Bhugra was chief of residents and a clinical instructor at Southern Illinois University School of Medicine in Springfield, Illinois, where she also completed her residency in 2012. She is a graduate of and received her medical school training at the Mahatma Gandhi Institute of Medical Sciences in Sevagram, India. Dr. Bhugra is board certified by the American Board of Internal Medicine and is a member of the American College of Physicians. Her medical interests are in rheumatology and autoimmune disease research.

Dr. Bhugra is accepting new patients and can be reached at 593-5800. Pen Bay Internal Medicine is located in the Pen Bay Physicians Building, Suite 102, on the campus of Pen Bay Medical Center. For more information, visit www.pbmc.org/internalmedicine. The Pen Bay Internal Medicine staff also includes Denise Anderson, DO, Archibald Green, DO, Neal Yetman, DO, MD, Kirsten Staples, MD, Kristin Dobbins, NP, Jennifer Dreher, NP, Rachel Forbess, ANP and Gunnell Leddington, LCSW.



Mudita Bhugra, MD, Pen Bay Internal Medicine

TO YOUR HEALTH

Free Carotid Artery Screening: Learn About the Most Common Cause of Stroke

The public is invited to attend a free ultrasound screening for Carotid Artery Disease on Wednesday, October 30, from 9 to 11:30 a.m. administered by the Pen Bay Vascular Lab, under the direction of Dr. Julie White. The screening will be at the Picker Family Resource Center, located on the campus of Pen Bay Medical Center in Rockport.

Carotid artery disease is the most common cause of stroke. When the disease is detected early, stroke can be prevented. Dr. White urges people to discuss lifestyle changes with their doctor and consider getting an ultrasound exam.

The screening is free and open to all, but space is limited. Call to schedule the pain-free screening at 596-8950.

For more information about awareness and the prevention of strokes, visit Pen Bay's Primary Stroke Center website at pbmc.org/stroke or pbmc.org/carotid.

Julie White, MD, is board certified and chief of surgery at Pen Bay Surgery. She is also the director of the Wound Healing Center and the Vascular Services Lab at Pen Bay.

Pen Bay Healthcare's Picker Family Resource Center is located on the Pen Bay Medical Center campus between Women's Health and Urology at 3 Glen Cove Drive, Suite 2, off Route 1 in Rockport. Use the parking lot and door nearest the Urology side of the building.



Dr. Julie White, chief of surgery at Pen Bay Surgery and director of the Wound Healing Center and the Vascular Services Lab at Pen Bay Medical Center, will conduct the free screening.

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New interpretive stations for established trail —
Inaugural Hike Along New Trail in Jefferson Preserve on October 19

One of the new stations on the Blue Trail

a mixed forest of maple, beech, oak and pine, with bedrock outcrops and an understory with blueberries and huckleberries. The easy-to-moderate hike will take approximately 1-1/2 hours. The Red Trail extends the Blue Trail to complete a 1.8-mile loop through the eastern portion of the preserve.

Sheepscot Valley Conservation Association (SVCA) will hold the grand opening of its new Red Trail at the Stetser Preserve in Jefferson on Saturday, October 19. Guests are invited to gather at the Egypt Road kiosk, 1.25 miles from Route 215 or 2.5 miles from Route 194, at 9:45 a.m. for cider and snacks before heading for the Red Trail at 10:00 for a brief ribbon-cutting ceremony.

SVCA is also introducing 15 interpretive stops along the mile-long Blue Trail. Visitors can learn about forest regeneration, wetlands, wildlife habitats, plant identification and more by downloading a map and interpretive guide at www.sheepscot.org/stetser-preserve-jefferson, or by picking up a guide at the kiosk.

For more information, call 586-5616, or visit www.sheepscot.org or www.facebook.com/sheepscot.

Boat Donation Assists DRA Stewardship and Water Monitoring Work

Damariscotta River Association recently received an answer to a wish in the form of a motorboat. Wendy Strothman and John Bishop of Newcastle donated to DRA their 22-foot center-console C-Hawk in support of the organization's island and property stewardship, wildlife monitoring, education and water-quality programs along the Damariscotta River.

Strothman and Bishop are neighbors of the State of Maine's Dodge Point Public Reserve Land, which DRA helped to acquire and continues to help steward. They regularly take their boat on the Damariscotta River.

Strothman says, "The river is our neigh-

borhood, our backyard, and one of the great resources of our community for those who just see its beauty, for recreation, and for its working culture. It's a treasure and we are grateful for the DRA's efforts to preserve land along its shores and to keep track of its health."



Wendy Strothman and John Bishop hand the keys to their boat to DRA Executive Director Steven Hufnagel.

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WEEKLY FEATURE
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68 ACRES

Appleton~ 3-BR home, 2944 SF, in-law apt., 2-car garage, woods, fields, stream. \$339,500

Lincolntonville~ New 4-BR home, high-end finishes, 2894 SF, energy-efficient. \$425,000

NEW LISTING

Camden~ Spacious 4-BR Colonial on cul-de-sac. Open fl. plan, lg. deck, 1.38 ac. \$395,000

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Waldoboro Farm~ 2500 SF house w/attach'd barn. Pasture, gardens, 80 acres. \$375,000

Union~ Lovely antique Cape, 3-BRs, lots of updates, 8+ acres, great barn! \$165,000

Camden~ 3-BRs, great room with gas stove, 2333 SF, near Mt. Battie hiking trail. \$209,000

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Owls Head~ 3 to 4 BR home, open fl. plan, lg. MBR, office, detached 2-car garage. \$189,000

Hope~ Updated 2-BR Bungalow, 1036 SF, 2 covered porches, patio, bsmnt. \$179,000

A gathering to honor the memory of Lee Cohen took place at Damariscotta River Association's Heritage Center headquarters on September 24. His wife Rhoda and many of the champion trailmaker's close friends told stories about his accomplishments.

Pete Noyes, DRA's first executive director, said: "Lee liked creating trails as close to the water as possible. He, as well as many others, assisted in creating the trail that circumnavigates Stratton Island.... Lee was fearless about scrambling over rocks and climbing up steep inclines and never walked outside without a pair of rose clippers in one pocket and surveyor's tape in the other — always ready to mark out a potential trail."

The gathering concluded with the unveiling of a plaque that sits on a stone near the

entrance to the trails surrounding DRA's Heritage Center. Steven Hufnagel, DRA executive director, said DRA is forever indebted to Cohen for the numerous trails he developed for the benefit of all, including more than 33 miles of trail under DRA's care.

Cohen's dedication to trail building and land conservation extended beyond the Damariscotta River region and New England to areas as far afield as New Zealand, where he spent much of his time in his later years.

Rhoda Cohen and her son Russ Cohen with a plaque in memory of Lee Cohen, to whom the Damariscotta River Association dedicated the trails of the Great Salt Bay Farm at a September 24 ceremony. Cohen helped DRA establish a system of trails in the Damariscotta River region that now totals more than 33 miles.

DRA Dedication Honors Memory of Lee Cohen



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You know the old joke: a tourist spies an old Yankee sitting on the front porch of the general store. After chatting about the weather and the quaintness of the surrounding village, the tourist asks the Yankee, "So, have you lived here all your life?" To which the Yankee replies, "Nope. Not yet."

I can't say that I have lived in New England my entire life, but I'm gaining on it. Recently I took a trip across most of the New England states. It was a trip full of time. Out of the corner of my eye, I saw ghosts of my former self trundling along beside me. There I was, hitchhiking south with a friend on Route 95 in Maine. And there again, pattering northward in my old square-back VW one fall, with a dead heater and a blanket wrapped around my knees. I saw myself walking a trail in northern Vermont and cross-country skiing in New Hampshire. I passed myself as a high school student buying illicit vodka in Brattleboro and speeding along the Massachusetts Turnpike in a borrowed car. New England is a palimpsest of Melissa.

The word "palimpsest" refers to writing material such as a parchment or tablet reused multiple times after the earlier writing is erased. It also means something that has many layers or aspects that can be found beneath the surface. The word comes from the Greek "palimpsestos," which means "scraped again."

New England has certainly been scraped again, by numerous glaciers; rising, then falling, sea levels; and, of course, by human beings. Among the echoes of me are the ghosts of numerous Native Americans and Europeans who settled on and used these lands.

In Vermont I stopped by the side of the road to pick apples. The tree on the other side of the ramshackle stone wall extended its branches well above my head, its limbs bearing dark red, lumpy apples.

Apple trees are not native to New England nor in fact to America. The ancestor of the apple is *Malus sieversii*, a wild tree native to the mountains of Kazakhstan. There the trees grow to sixty feet in height and, according to Cornell University, are often the dominant tree of the forest. Appar-

ently, its fruits were carried by traders along the Silk Road to Europe. As the seeds spread, the resulting trees hybridized freely with native crabapples, creating a plethora of cultivars. European settlers brought seeds and grafted plants with them to North America. The grafted trees had a hard time in the colder climate. The seeds, on the other hand, did just fine and promptly re-hybridized with North American crabapples. Apple trees are the echoes of human activities.

While the land bears these visible indications of human use, the ocean does not. Certainly, if one is well-versed in history one can discern the faint ghosts of ships and men and calamitous New England storms. But to look at the Gulf of Maine or Massachusetts Bay or Block Island Sound, there's little visible difference between today and 1961, the year I was born.

Unfortunately, those changes are there. They are simply hard to see. When I was born, groundfish were the dominant predators in a finely calibrated food web in New England waters. Today, dogfish and lobsters are the predominant species. As I have noted in this column before, the water temperature of the Gulf of Maine has steadily grown warmer since the 1950s. The level of the sea has risen as well, a result of thermal expansion of the water. Even the chemistry of the ocean has changed. As a 2010 report by the Gulf of Maine Council on the Marine Environment noted, melting of Arctic sea ice and increased rainfall in New England has led to increased freshwater runoff to the Gulf of Maine. More freshwater has in turn affected vertical mixing of the Gulf waters, one of the factors that has long made the Gulf of Maine one of the most biologically productive marine regions of the world.

It's unsettling and certainly humbling to recognize your ghosts ambling about on a landscape so fully overwritten by centuries of use. The human blanket of roads and shopping malls and high-tension wires seems lightly laid over that underlying bed of granite. It's even more disconcerting to understand that those same centuries of use have had significant, but invisible, effects on the surrounding sea. Those effects may last much longer than we can ever imagine.

MARINE MATTERS

by Melissa Waterman

Scraped Again

Bird on a Rock—

Birding with Don Reimer



American Pipit PHOTO BY DON REIMER

Admit it — a streaky brown bird perched on a barren rock may not elate most bird-watchers. Frequently the "LBJ" (little brown job) factor causes us to pass by a drab-looking bird in pursuit of more colorful or more easily identifiable species. Often the small brown bird in question is a member of the sparrow family. But not always.

Take a closer look at my photo. Unlike a typical sparrow, this brownish-gray bird has a rather thin bill, a prominent white eyering and a solid dark cheek patch. Despite the photo angle, this bird also has a longish tail with white outer tail feathers that are quite conspicuous during flight. The bird's very long hind toe is characteristic of other ground-dwelling species, with the Lapland Longspur as a namesake example.

On the rock, the stationary bird slowly pumped its tail up and down. I had already received auditory confirmation clues when the bird vocalized overhead before landing near to me: a repetitive, high-pitched "pipit, pipit" call.

The photo bird is an American Pipit, a mountain species that breeds across stretches of northern Alaska, Canadian Arctic islands and Newfoundland. Its seasonal nesting presence here in New England is limited to the alpine plateaus and meadows of Mount Washington and Mt. Katahdin.

In his insightful 1949 book *Maine Birds*, Ralph S. Palmer mentions Katahdin in particular: "Several persons tried to find Pipits on the mountain in 1946, with no success." Later attempts, however, discovered evidence of nesting there.

By mid-November, most pipits will move southward to wintering grounds in the southern U.S., Mexico and Central America. Their preferred winter habitats include beaches, barren fields, agricultural lands and golf courses. A significant percentage of pipits migrate along Maine's coastal corridor each fall.

This pipit's range extends beyond North American boundaries to areas of the world such as Korea, Pakistan, Taiwan, India and Japan.

The American Pipit was formerly considered as a form of the Water Pipit of the Old World due to its habits of foraging at the edges of tundra puddles. Warm air rising from lower valleys transports insects into the higher elevations, where most of them eventually die. Pipits feed on these frozen insects in the melting snowbanks of spring alpine meadows or glean insects among rocks or in short-grass areas. While feeding, pipits tend to walk or run rather than hop, as most other small birds do. Their head bobs forward and backward in the manner of a bobble-head doll.

Either solitary or found in pairs during the breeding season, pipits gather in fall flocks that can number in the hundreds. These flocks may also contain Horned Larks, longspurs and similar nomadic roamers. When flushed, they fly up and circle around in unison, wheeling and descending in a graduated stair-step pattern to resume feeding.

Spring courtship activity is influenced by their open habitat conditions above timberline. Lacking trees and bushes for singing perches, pipits engage in aerial courtship rituals. Males fly about 130 feet high to utter their song during a 30-second flight display. Some spring day I hope to hear that tinkling trilled song for myself, maybe on Katahdin.



Paddle Biscay Pond to Pemaquid Pond October 22 —

Pemaquid Paddlers will tour Biscay Pond — known by many as the midcoast's "Golden Pond" — on Tuesday, October 22. The trip will take two to three hours and go to where the Pemaquid River starts. Put-in is at 9 a.m. at Biscay Beach off of Biscay Road — take Biscay Road at the traffic light by McDonald's in Damariscotta; the beach is on the right when you see the pond. The two- to three-hour, easy-to-moderate trip will leave Biscay Pond and go under the bridge and into the connecting stream and into Pemaquid Pond. Participants must provide their own canoe or kayak and wear a life jacket. All trips are free and open to the public and will be held rain or shine. For more information, contact John Will at 677-6380 or email pemaquidpaddlers@aol.com.

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ROCKLAND AREA TIDES October 10 to October 17

	High AM	High PM	Low AM	Low PM
Thursday	3:07	3:25	9:09	9:50
Friday	4:06	4:27	10:10	10:53
Saturday	5:11	5:34	11:16	11:59
Sunday	6:18	6:42	---	12:26
Monday	7:24	7:49	1:05	1:34
Tuesday	8:25	8:51	2:07	2:36
Wednesday	9:20	9:47	3:04	3:33
Thursday	10:11	10:38	3:56	4:25

NATIONAL WEATHER SERVICE FORECAST for Knox County

Thursday Night A 40 percent chance of showers after 11pm. Increasing clouds, with a low around 52. West wind 5 to 10 mph becoming northeast after midnight.

Friday Showers likely, mainly before 1pm. Mostly cloudy, with a high of 58. North wind 5 mph. Chance of precipitation is 60%.

Friday Night Partly cloudy, with a low around 46.

Saturday Partly sunny, with a high near 58.

Saturday Night A 30 percent chance of showers. Mostly cloudy, with a low around 46.

Sunday A 30 percent chance of showers. Partly sunny, with a high near 56.

Sunday Night Mostly cloudy, with a low around 44.

Monday Partly sunny, with a high near 55.

Monday Night Mostly cloudy, with a low around 43.

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FOOTBALL CONTEST ENTRY FORM

CHECK OFF ONE WINNER OF EACH GAME

WINNER: Person with most correct answers.

ONLY ONE ENTRY PER HOUSEHOLD, PER WEEK, WILL BE ENTERED IN THE DRAWING.

Sunday, Oct. 27

- Dallas at Detroit
- Cleveland at Kansas City
- Miami at New England
- Buffalo at New Orleans
- NY Giants at Philadelphia
- San Francisco at Jacksonville
- Pittsburgh at Oakland
- NY Jets at Cincinnati
- Washington at Denver
- Atlanta at Arizona
- Green Bay at Minnesota

Time (ET)

- 1:00 pm
- 1:00 pm
- 1:00 pm
- 1:00 pm
- 1:00 pm
- 1:00 pm
- 4:05 pm
- 4:05 pm
- 4:25 pm
- 4:25 pm
- 8:30 pm

Each week's winner will receive a \$25.00 GIFT CERTIFICATE at any one of the participating businesses on this page.

Last week's winner was Elaine Brow of Thomaston. Elaine had 13 Correct.

Monday, Oct. 28

- Seattle at St. Louis 8:30 pm

Tiebreaker: Total points scored in Monday Night Game _____

Name: _____

Address: _____

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Lies and Savagery in Augusta—

Governor Paul LePage's recent declaration of civil emergency to combat the "failure of gubmint" demonstrates again the depths of deceit and savagery to which he will stoop to make his point and pursue his agenda.

The tea party extremists in Washington, with which LePage identifies, hold the country hostage in their demand to defund Obamacare. They would rather threaten and summon national, if not global, recession, than see a minimally improved and very conservative health care system gain traction. Why? Two reasons: defeat anything Obama at all costs, and avoid the exposure of their lies about The Affordable Care Act — you know, "socialism," "death panels" and all that.

But what's up with this declaration of civil emergency in Maine? Just more heaping piles of hypocrisy and demonic deceit. The tea party created the shutdown crisis and a looming debt default. Now our tea party governor can seize the "opportunity," in the ambulance-chasing sense, for further chicanery and misdeeds in Maine. Keep your eyes open for more business-friendly, worker-unfriendly runarounds as LePage suspends regulations that "prevent, hinder and delay effective management of the emergency."

These tactics, as described, are usually reserved for enemies and warfare. Huh, I wonder ... could it be economic and class warfare in which we are engaged? What with unprecedented wealth mal-distribution, financial and environmental deregulation to the detriment of all except a priv-

In Support of Fox Hill

I write in thoughtful support of the application to permit a Special Exception to the zoning in the Coastal Residential District, that will allow for the establishment of a residential treatment center on Fox Hill.

Having listened to and read many concerns and opinions; visited and toured Fox Hill on several occasions; reviewed the Coastal Residential District zoning language; thought about the tax and employment implications; listened to public presentations; and read the related documents provided by the Code Enforcement Officer regarding the terms of the proposed exception, and the evaluation of the anticipated economic impact, I'd like to weigh in with my thoughts, humbly recognizing that mine is just one voice. I do not live in the Bay View neighborhood nor do I know any of the applicants; the only "stake" I have in this issue is that I am a long-time Camden resident and a caring and involved citizen.

Zoning: I believe that zoning regulations are important guidelines but should not be immutable; they are written in such a way that exceptions can be made (since we can never anticipate all possible uses of properties), with application and consideration by the Planning Board and voters. I believe we must always remain flexible and thoughtful when it comes to planning decisions.

The "meat" of the proposed amendment is as follows:

The proposed zoning amendment allows a private residential treatment facility on lots within the coastal residential district that are at least 10 acres in size and contain at least one building with at least five bedrooms, in existence before the enactment of the amendment, and requires that that building be preserved and used as a private residential treatment facility, with a maximum of 14 beds. It requires setbacks of at least 100 feet from the road and 50 feet from the sidelines. "Any expansion, demolition, or substantial exterior alteration or replacement of any structure will retain the appearance of and reflect the existing residential character of the district and require Planning Board site approval." Traffic flow is specifically limited. Any new operator will be required to receive approval from the Planning Board before operating the facility.

The Coastal Residential District zone includes the following partial excerpt: "The following uses may be permitted only upon approval as special exceptions. . . : Municipal uses; Nursery schools and day care centers; Golf courses." Though the proposed use is not one of those, I ask myself, would there be strong public objection to, say, a day care center? Probably not; yet which, the proposed use, or a day care center, would result in greater daily traffic? Clearly, the latter.

Traffic: I don't believe the proposed use will increase traffic on Bay View. The Cawleys developed the property to create a diverse and interesting location which they shared generously with friends, visitors and guests, users far beyond immediate family. Guests, builders and property caretakers were coming and going regularly, and large events were not uncommon. I firmly believe that a residential treatment center for no more than 14 guests, spending a minimum of 21 days at a time, is a much quieter use that that which has been normal for the past two decades. These folks will be focused on their healing, and will value the peaceful privacy to be had there. It's unlikely there would be large hosted events. The staff serving residents' needs would not likely be more than those who have been coming and going regularly to service the extensive estate that Fox Hill became. Virtually none of those commuters would choose curvy, narrow, slow Bay View Street for their commute, but rather Chestnut and the one short stretch of Bay View by the cemetery. If a special exception were sought for a B&B there, would

LETTERS OPINIONS

ileged few, the reality of climate change and climate change denial by the oil oligarchs, and calls for austerity that intentionally exacerbates it all, one is tempted to think of this "ecology of destruction" as the real grand strategy.

I doubt that our governor has the intellectual capacity to design such strategy. But he does exhibit the willingness to patronize and bully us into the "solutions" on offer from the inmates of conservative think tanks and ALEC-sponsored initiatives.

Warfare requires many roles — the strategists, the enablers and the cannon fodder. Too bad the majority is now cannon fodder, with some cheering on their very demise.

Tom Boothby
Montville

She Will Get My Vote—

I have learned that Louise MacLellan-Ruf has thrown her hat in the ring, hoping to become a member of the City Council.

Louise has a good personality, is a hard worker, and would continually strive to promote our City.

She will be getting my vote, and, hopefully, yours.

Newty Chambers
Rockland

there be objections? It too would be an excellent use, yet would create far more daily traffic.

Taxes and economic impact: The present owners will be leasing the property to the hospital; the owners will continue to pay property taxes. They said they will agree to a Condition of Approval that their ownership will remain for-profit and tax-paying. The economic analysis states that the facility's annual economic impact (direct and indirect) would be in the area of \$3.5 million; annual state and local taxes and fees estimated to be generated directly and indirectly by the treatment facility would be in the area of \$370,000.

Jobs: The treatment facility would support 29 "full time equivalent" jobs, with a multiplier effect in the local economy estimated at 1.3 times the direct effect. They have estimated that 95 percent of the jobs they would provide would be new hires. Those are very good jobs. The facility will provide great, regular, year-round support of local businesses like restaurants. We are offering to give away the tannery property for 24 full-time jobs!

Clientele: All sorts of people are in need of help with their substance abuse problems. I have no concern about clientele, any more than I would if such people as Robin Williams, Britney Spears, Mel Gibson, Lindsay Lohan, Keith Urban, or the late Elizabeth Taylor or Betty Ford spent a few weeks in town. They all have spent time in rehabilitation centers. Yes, it is the well-heeled who will be the clients. It is also only the well-heeled who can afford to buy that property (or in fact virtually any property on Bay View), so how is that different? In fact, historically it has also been the self-supporting and well-heeled who, having been drawn to Camden for any number of reasons, have found the town beckoned them to stay permanently, thereupon contributing significantly to the local economy and community. Mr. and Mrs. Cawley are prime examples of visitors who chose to stay and have contributed very greatly to our town.

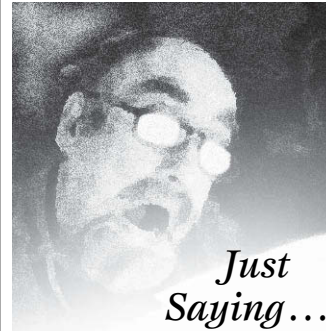
Appropriateness: Fox Hill has been developed into a unique property with many amenities for amusement as well as lodging. It has grown beyond that which is suitable for a typical family residence. A residential treatment center strikes me as a good and gentle use of these many amenities. One expert on such facilities views Fox Hill as having the potential of being the best there is in this country. Frankly, I prefer this option to breaking up the property and developing it into five separate ones, resulting in more daily-use traffic and more destruction of the lot's natural lands and buffer areas.

Educational Initiatives: as noted in the minutes of the August 1 Planning Board meeting, "McLean Hospital is known for its community involvement and initiatives to help with educational programs. Dr. Levendusky spoke at the hearing about the hospital's educational initiatives: They offer a number of highly sought-after continuing education courses, and they have an Experts' Bureau to provide speakers to towns — this is a very active part of the Hospital's initiative. It is a major interest of Mr. Rodman's that community outreach is important." In addition, the hospital plans to sponsor biennial off-site conferences — in the shoulder seasons of May and October — for clinical treatment specialists. The associated educational initiatives would be a very positive contribution to our town's varied conferences and events.

All things considered, I think our town would find this treatment facility to be a good, unobtrusive neighbor, and that McLean Hospital's presence in town would be a very positive one.

Anita Brosius-Scott
Camden

Do you lie awake at night trying to sort out exactly what bitcoin is and if you will be able to lead a full and productive life with or without it? I know I do. On the other hand, going over the lyrics to I Am the Walrus every night keeps me awake so, really, I don't get much sleep.



Just
Saying...

Bitcoin Explained — Not Really; Part 1

by Tom Sadowski

Information bubbling inside of him but sitting there, about to blow, he could not find a starting point. Finally he blurted out what I shall never forget as the first rule of Monopoly: "You can't build on a railroad!"

Until recently, I couldn't make heads or tails of the bitcoin concept even though I had the part down that it is definitely a concept. Now that my understanding has grown like a malignant tumor, I will explain what there is to know and leave myself vulnerable to ridicule or great praise.

Bitcoin is digital currency. Currency is "Something that is used as money," according to Merriam-Webster. And, as Americans, we've all got a pretty good idea of what money is. Bitcoin, unlike regular money, is independent of any financial institution or governmental control. Also, you can't carry it in your pocket, because it exists on the Internet. Unless of course your phone can connect to the Internet and you have that in your pocket.

Money is useful only because there is a limited supply and there are rules governing its creation and use. The rules are usually enforced by big, scary men with badges, handcuffs, guns and, in all likelihood, pepper spray. With bitcoin, there is no authority controlling it. It's a worldwide medium of exchanging value like gold or any currency, but the bitcoins are essentially bits of code with their own transaction log kept on Internet ledgers and stored in the owner's virtual wallet and protected not by law and force but by cryptographic keys: not as scary as pepper spray but theoretically more effective.

Turns out anyone can issue currency. Just about every sovereign nation issues its own currency. If it's useful or recognized as legal is another story. Heck, Hasbro Inc. issues currency with every game of Monopoly they sell. In the game there is a central bank, a limited supply of money that you use to buy property and rules that govern how your little sovereign society is to behave using the money and playing the game.

Typically the game proceeds with players trying to bankrupt one another. After hours of play, the hothead brother in the family lands on Boardwalk whereupon he throws his remaining money at the other players and wipes the table clean sending board, tokens, houses and hotels to the floor as he storms off to his bedroom and slams the door.

Although it is fun and convenient to do so, this behavior cannot be blamed on centralized currency. An online version of the game with electronic currency would in all likelihood result in a similar emotional outburst but the remaining players wouldn't be left searching the living room floor for hotels.

Although not yet recognized by any authority as legal tender, bitcoin is real currency listed on currency exchanges where, for a transaction fee, you can exchange them for dollars, Indian rupees, Polish zloty or whatever money you like, except for Monopoly money which, I shouldn't have to remind you, is play money.

Bitcoin does have its drawbacks. Being a new currency its value fluctuates wildly with demand. Presently one bitcoin is valued at 136 US dollars, but in the past five years it has hit a high of \$230 and a low of 4.9 cents. Ouch. That kind of volatility can keep any walrus up at night, especially if their houses are built on railroads.

Until next time, when we will cover the convenience of buying illegal things with bitcoin and making change, goo goo goo job!

Tom Sadowski lives in Lincolnville.
He can be reached by e-mail
at sadowski@tidewater.net.

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from offshore

by Eva Murray

On the Complications of Beach Trash

A walk on South Sandy beach the other day offered the usual stuff stuck in the rocks: knots of splintery old polypropylene rope, little painted pieces of lobster buoy, small sections of green wire mesh and other remnants of lost lobster gear. That's normal, and to my mind, although it doesn't make for a beach quite as delightful as a truly clean one, it's not horribly offensive. You know that nobody did that to their own property on purpose. My walk also turned up a pair of oil-pants, at least one useable five-gallon oil bucket, and hundreds of items that were never fishing gear. Most of that was surely dumped on purpose — perhaps close by, perhaps far away.

Below the tide line on the seriously industrial, not-terribly-scenic boat launch area we call the "store beach" here, I saw a tiny infant's pink disposable diaper flattened into the mud. There are no wee baby girls residing on Matinicus these days. Thanks, whoever you were: just passing through, I suppose.

I do not resent the storm wreckage and inevitable detritus of commercial fishing, the crushed lobster traps, the tangles of rope we call pot warp, the plastic escape hatches and trap tags and bait bags (those now made of plastic as well, the same stuff as the mesh you find stretched around a frozen turkey in the supermarket; this is a bit sad after generations of coastal people "knit" bait bags and trap heads each winter — not really knitting, this was a net-making skill now lost to most). Artists here hunt for what little they can find left from the old wooden lobster crates, few and far between now, and I'll gladly lug home a perfectly good brick. Some of the rope is immortalized in New York, bent into municipal art by the ton, and we of these parts get a laugh out of it.

Lobster traps and buoys, especially if still useable, are private property and not technically trash despite anybody's personal opinions about how they look on the beach. This is the law, and if you ask the Marine Patrol they'll tell you the same thing: either get permission or leave it alone. In theory, anyway, a fisherman might walk the shoreline after a storm and retrieve what he can find of his lost gear.

There will always be some accidental loss of objects overboard. Anybody who has ever worked on a boat knows that. But no lobsterman uses single-serving, peel-top gourmet cat food containers aboard the boat. When we find things that are so obviously household trash tangled up in the bladder wrack, it points to a different problem.

There is also the simple fact that a boat owner's motor oil jugs, Clorox bottles, blue plastic-dip work gloves, and the Pepsi cans from the sternman's lunch aren't that hard to toss in a bag and carry home.

A word about Styrofoam, the bane of us garbage geeks and the root of all evil according to some in this solid-waste business: Styrofoam, in my opinion, is bad medicine yet it has its place, and as far as I am concerned, its place includes lobster buoys. The alternative these days is a hard plastic buoy that wrecks boat propellers, and we all know that most of the boat-buoy strikes are accidental. Of course they are; nobody wants rope in his wheel. So I am not a purist after all; let us keep the Styrofoam for such purposes as where we have as yet nothing better. (Don't write in and suggest the guys go back to carving buoys of wood. You try making that argument.)

But Styrofoam for take-out coffee cups and food boxes? No. I'm sorry. If those are overboard, chances are it is because somebody tossed them overboard, somebody who ignorantly assumed they would "just go away," and here they are in the sand, looking ugly and for no good reason. Other materials are just as capable of containing coffee.

We read about the great ocean "garbage patches," and visions arise in our minds of huge, multicolored islands of floating detergent jugs, but in reality much of the tonnage is tiny bits of this plastic, sun-rotted and brittle, small pieces of many resins in every color which, unfortunately, are the same size as the minute sea creatures many fish and birds routinely eat. Marine biologists keep finding animals that have starved to death with full bellies, because they couldn't tell plankton or capelin or krill from little broken bits of plastic.

If Maine fishermen everywhere would bring the work-boat trash ashore each day, I'll bet we'd see a difference. Where I live, I think we'd see the difference immediately. As for those who drop their household or pleasure boat rubbish into the harbor in the morning, and as for that pink diaper, what is there I can say here?

Eva Murray lives, works and writes on Matinicus Island.

LETTERS OPINIONS

Senator Ed Mazurek:

Prevalence of Domestic Violence in Maine

In Maine, a state known for its tranquility, the prevalence of domestic violence is bewildering and unacceptable.

On average, about half of all Maine homicides are related to domestic violence. In the last 10 years, there have been 114 domestic violence-related homicides — and that does not even begin to cover the volume of cases that do not result in fatalities. In 2012, there were 5,500 incidents of domestic violence reported to the police. Domestic violence is a scourge on our society, and this month, Domestic Violence Awareness Month, we need to stop, reflect and recommit ourselves to eliminating it.

Domestic violence is a complicated issue with few easy answers. To end it, we must address a wide variety of factors that contribute to this horrible crime.

Some of this can be achieved through policy. In the last legislative session, we passed two bills to help eliminate domestic violence. One new law increased access to batterer intervention programs, making them available to men and women. A second law will improve prevention training for mental health workers so that they recognize the signs of domestic violence and can take appropriate steps. Health-care workers are often the first resource for victims of domestic violence, and research shows that those suffering from domestic violence prefer talking to their family doctor, rather than a counselor, about their experience. This is another good reason why every family deserves access to a family doctor.

Another way we help is through ensuring that victims have the necessary tools they need to get help, recover and stay safe. That means supporting safety shelters, advocacy and education efforts, and programs like Temporary Assistance for Needy Families, or TANF, which provides financial assistance to people escaping violent households. Leaving a violent household often means losing access to shelter, food or utilities. TANF assistance helps people regain their footing and begin the process of recovery.

In Maine, over a quarter of the people receiving TANF assistance are escaping violent homes.

But we also have to realize that this kind of behavior is often learned at an early age. Children are not born to hate. They are not born to hurt. But they are impressionable. We must work to provide a positive influence to our children and other children who grow up in violent households, or are exposed to violence at an early age. If we want to stamp out domestic violence, then we as a community must do more to positively affect the lives of those who are at risk for engaging in violence.

Domestic violence is something that impacts us all. Although it might take place in the home, it is a community issue and we have a responsibility to stop it from happening. Everyone deserves to be treated with love and respect, and we must do all we can for those who carry the burden, scars and tragedy of this senseless crime.

If you, or someone you know, needs help or support because of domestic violence, there are resources available. You can call the statewide domestic violence hotline 24 hours a day at 1-800-834-HELP (4357). Here in Knox County, you can call New Hope for Women 24 hours a day at 1-800-522-3304, or visit them online at www.newhopefor-women.org to learn more.

Sen. Mazurek lives in Rockland and represents Knox County.

Louise MacLellan-Ruf for Rockland City Council—

I am encouraging our Rockland citizens to come out on Tuesday, November 5, to vote for Louise to fill one of two seats available for our City Council. I have known Louise for many years and have always been impressed with her tenacity, commitment to community and supreme listening skills. I have always said to others, "Louise will get the job done." i.e. The open green space at Sandy Beach would have been a dirty parking lot if she didn't fight to make it what it is today. She is not one to sit back and remain complacent. We in the South End know her well. She walks her dog Cargo on the boardwalk daily, chats with locals, listens to their concerns, and is truly a generous, wonderful person.

I know no other like Louise. Please vote for her. We need a new fresh voice on this council. Louise is your answer.

Patty Byrne Fletcher
Rockland

The Free Press welcomes and encourages your letters about whatever is on your mind. Include your name, town of residence, and phone number (in case we need to contact you). Send letters to: The Free Press, 8 North Main St., Suite 101, Rockland, ME 04841 (fax 596-6698; e-mail editor@freepressonline.com).

America Has Changed—

So you have to walk around barriers to get into Acadia National Park.

Park closure is just another insignificant incident that will not even warrant a footnote when a history of the rich against the poor is written for 2013.

You get what you vote for and in this great country too many working people and small business owners have been persuaded to vote against their own economic interests.

The best revolutions are effected quietly over a period of years, which is why you weren't even supposed to notice that America has changed. It was able to change because over the past 70 years both of our major political parties have very quietly and smoothly moved one entire notch to the right.

So the person who votes for the party of Grampy (who owned a no-longer-extant mom-and-pop store) is now actually voting for a party that Eisenhower thought he crushed in Germany in 1945. And another person who wants to vote for the party of his grampy (a union member who worked on an assembly line building Chevrolets) finds he has no one to vote for at all. So he doesn't vote at all or votes for the lesser of two evils.

For although Eisenhower made sure that the new German constitution of 1945 guaranteed that the German unions (that had been banned for 12 or so years) would once again be legal in Germany, corporate America is doing everything it can to get people on the street to bad-mouth unions and eliminate them here.

If eliminating unions is progress, Germany must have made a great step forward in 1933.

If anything positive can be said about the minority that took charge of the German government after the election of 1932, they believed in their cause and never gave an inch until they got what they wanted.

If anything positive can be said about a similar minority that has shut down our government, they have been able to learn by example.

These people are not going to go away — until you and other honest, hard-working Americans stop voting for them.

Until then, get used to walking around even bigger barriers — and make sure your papers are in order.

Robert Karl Skoglund, The humble Farmer, St. George

TAKE HEART

A Conversation in Poetry

Edited & Introduced by Wesley McNair,
Maine Poet Laureate

One of life's most intimate events is the recounting of a personal dream. In this week's intimate poem, Christian Barter of Bar Harbor recounts his dream of a ride on a school bus.

The School Bus

by Christian Barter

In the dream I was getting on the school bus from the back of the bus for some reason, only this time instead of jeers and everyone sliding over to the aisle-side so I couldn't sit down, someone said, "There's a seat up here, Chris." It was

next to Mary Jo Stillwell, pretty as she was in eighth grade, who had slid to the window to let me sit, and when a kid put me in a headlock I simply lifted him over my head and set him in the seat in front of me, said, "Stay there,"

and a little boy had grabbed a little girl by the hair, only this time I pulled him off and sat him down, saying, "You don't ever grab a girl," and sat her down, too, and asked her if she was all right. No one jeered at this, or swore at me,

or threatened my life for disrupting the ways things were supposed to be on the school bus going to Mountain View Middle School in Sullivan, Maine — if that's even where we were going — and when I sat back in my seat, Mary Jo leaned forward

in a very serious manner, and I kissed her as though it were the most natural thing to do with Mary Jo — short, serious kisses — on that school bus that was nothing like any school bus I had ever ridden,

that was exactly like every school bus I have ever ridden, and when she started kissing my neck in a way that tickled, I woke up exactly in my life.

Take Heart: A Conversation in Poetry is produced in collaboration with the Maine Writers & Publishers Alliance. Poem copyright © Christian Barter. Reprinted from *The Singers I Prefer*, CavanKerry Press Ltd., 2005, by permission of Christian Barter. Questions about submitting to *Take Heart* may be directed to Gibson Fay-LeBlanc, Special Consultant to the Maine Poet Laureate, at mainepoetlaureate@gmail.com or 228-8263. *Take Heart: Poems from Maine*, an anthology collecting the first two years of this column, is now available from Down East Books.



Midcoast Legislators Slip in Bills for Upcoming Short, Second Session

by Andy O'Brien

On Wednesday, October 30, the Legislative Council, which is the Legislature's administrative body made up of leaders from both parties, will begin to review the bills submitted for the second regular session. During the first session of a two-year term, the Maine Legislature has a policy of allowing each one of the thousands of proposed bills to have a public hearing and a vote, but during the much shorter second session, leaders are much pickier about what bills make the cut. About 500 bills have been submitted for the session beginning in January and approximately 30 percent will receive approval from the council. No "repeat bills" will be allowed in. There are also 213 bills that have been carried over from the previous session, which will be voted on after the Legislature reconvenes. Given the lean budget times, it's not likely that any bills that require funding will have a chance.

Not all of the local legislators will be submitting bills this time around, but the following are some of the proposals submitted by lawmakers representing towns in Waldo, Knox and Lincoln counties.

Pesticides

Increasingly, the use of pesticides has been a hot topic in Augusta. This year two local legislators have submitted bills regulating their use. Rep. Brian Jones (D-Freedom) hopes to put a moratorium on the use of neonicotinoid pesticides for two years. A licensed beekeeper, Jones points to research, such as a study done by the European Food Safety Authority, that has linked exposure to neonicotinoids to the troubling trend of bee colony die-offs (also known as "colony collapse disorder"). So far, the European Union and the state of Oregon have banned the use of neonicotinoids, but Jones admits getting the bill passed in Maine will be a challenge.

"Even if it doesn't fly, it'll raise some awareness," said Jones. "We just can't be living in this chemical world without some consequences that our children will pay for."

Marines Resources Committee co-chair Rep. Walter Kumiega (D-Deer Isle) has proposed a ban on the use of two pesticides — methoprene and resmethrin — that he believes are most harmful to lobsters. The two chemicals are often used to kill mosquitoes, but there is also empirical evidence suggesting that their use has led to mass lobster die-offs as well. After the decimation of lobsters in the Long Island Sound starting in the late '90s, last spring Connecticut passed a law that bans the use of methoprene and resmethrin.

Study of Ocean Acidification

Rep. Mick Devin (D-Newcastle) has submitted what he believes to be the most important environmental bill of the session. Devin's bill would set up a commission to study the effects of ocean acidification and its potential impacts on commercial shellfish. A marine biologist by trade, Devin says that when excess carbon dioxide in the atmosphere reacts with water, it forms carbonic acid, which can be particularly detrimental to shellfish including clams, mussels, oysters, sea urchins, and crustaceans.

"This is a true emergency," said Devin. "There probably isn't much we can do in terms of stopping it globally, but what we can do is understand what the problems are and make good marine policy as a result of that."

Budgets, Taxes & General Finance

After the six-month-long marathon-session of negotiations on the state budget last spring, Rep. Jeff Evangelos (I-Friendship) says he was left feeling frustrated both with the process and the outcome. While the \$6.3 billion budget did not cut the full \$400 million in revenue sharing to municipalities that Governor LePage initially proposed, it did end up cutting \$75 million and shifted about \$29 million of the state's \$201 million in teacher retirement obligations to school districts, cut funding to property tax relief programs, and raised sales taxes. At the same time around \$400 million in income and estate tax cuts passed in 2011 were preserved. However, in August it was revealed that the state ended the fiscal year on June 30 with a \$58 million surplus.

"That quite frankly is a disgrace to the property taxpayers of Maine," said Evangelos. "Regressive taxes, the property tax and sales taxes, were raised because the governor refused to negotiate even a partial repeal of his income tax reductions that favored the wealthy. Had we known a \$58 million surplus was in the books, the Legislature could have made the case to protect revenue sharing."

Evangelos' bill would put priority funding on revenue

sharing if there is a surplus on June 30, rather than using it to fund other programs. Under current Maine law, unanticipated surplus revenue must be used for specific purposes, and this year's surplus appropriated \$42 million for a rainy day fund, \$4.1 million to a retirement reserve account, and \$4 million to an account to decrease the income tax as mandated by a law passed by Republicans in 2012. Currently, there is also a law on the books passed by voters through a 2004 citizen referendum requiring the state to fund education at 55 percent, which has never been honored by the Legislature.

On the tax front, Rep. Brian Jones is proposing a bill that would subject all tax breaks to regular review. Currently a special subcommittee is looking for \$40 million in savings from the state's tax code by closing tax loopholes and eliminating credits and deductions. Under ordinary circumstances, these tax breaks are not scrutinized and stay on the books. Jones' bill would require the Legislature to revisit each tax break every five years and do a cost-benefit analysis before they can be renewed.

"It creates a system of ongoing evaluation rather than scurrying around looking for savings at times when the state is financially strapped," said Jones.

Rep. Joan Welsh (D-Rockport) has submitted a bill to give municipalities the ability to decide a minimum amount in back property taxes that is worth pursuing. Under current law, Welsh says clerks are required to collect all outstanding money, no matter how miniscule the amount.

On the bond front, Sen. Chris Johnson (D-Lincoln County) has submitted a bond proposal to re-capitalize the Agricultural Development Fund. The program has been used to help Maine farmers make investments with low-interest business loans. Sen. Ed Mazurek (D-Knox County) has submitted a bond proposal to repair Rockland's Fish Pier.

One of the most unpopular changes in the most recent state budget was the elimination of the state's "Circuitbreaker" property tax relief program for low- and moderate-income residents, which was replaced with a much smaller refundable Property Tax Fairness Credit. Prior to the changes, the maximum benefit under the Circuitbreaker Program was \$2,000; the maximum benefit now for those who qualify for the new credit is \$300 for those under 70 years of age and \$400 for people over 70. Both Democrats and Republicans have stated their intention to try to restore the program, but a funding mechanism has yet to be announced by either party. Sen. Mike Thibodeau (R-Waldo) has submitted the bill for the Republicans. He says he is still looking for a funding source, but it could possibly come from funds within the Department of Health and Human Services.

Student Privacy, School Budgets & Virtual Schools

Rep. Lizzie Dickerson (D-Rockland) has submitted a bill intended to protect student privacy. According to Dickerson, RSU 13 uses the state student ID as the students' iPad and computer login and email addresses. Dickerson said because the ID is linked to Social Security numbers and other private information, it makes students vulnerable to hackers. Dickerson's bill would prohibit this practice.

"When they send emails, their state ID goes out with their name in their email, so a halfway decent hacker would have no problem stealing their identity or finding out their Social Security number," said Dickerson.

Sen. Chris Johnson has submitted a proposal in response to the situation last spring when school districts were required by statute to go through the normal budget process and cost of a referendum before the state budget was passed. As a result, many school districts had to go back and revise their budgets after the state budget passed in order to adjust for the amended share of education funding coming from the state. Johnson's bill would allow schools to delay their budget processes until the state budget is finalized. School districts would be given the option to utilize the prior school year's budget as their interim budget.

Rep. Chuck Kruger (D-Thomaston) has drafted a bill on behalf of RSU 13 Superintendent Lew Collins that would amend the state's school funding formula so that median family income is factored in the determination for how funding is allocated to school districts. As Collins has pointed out, property values factor heavily into how much funding a school district receives and can lead to inequities in the formula. Rockland and Thomaston have median household incomes of \$33,038 and \$39,784, respectively, but receive approximately the same amount in state funding as Cape Elizabeth, which has an average household income of over \$100,000 a year.

Education Committee co-chair Rep. Bruce MacDonald (D-Boothbay) is once again attempting to take on the controversial issue of virtual schools. Under Maine's 2011 charter school law, the Maine Charter School Commission has the authority to grant approval to online "virtual schools," which allow students in grades K-12 to go to school online from home. Although virtual schools exist in 30 states, they have come under scrutiny for allegedly lacking in accountability and putting profits over quality on the taxpayer's dime. Charter schools are publicly funded, privately managed education institutions that are supported by tuition subsidies from school districts where their students reside.

MacDonald's proposals would require legislative approval

for virtual schools in addition to the commission's support and would put district funding at 20 percent rather than the 100 percent districts currently must pay brick-and-mortar charter schools. Two for-profit virtual charter schools have twice been turned down by the Charter School Commission, but both resubmitted applications in September.

MacDonald has also put in a bill to modify the state's controversial school grading system which gives letter grades to schools primarily based on standardized test scores and graduation rates. MacDonald's bill would create a multi-factorial evaluation involving surveys of parents, students, staff, administration, and the community at large.

"The whole idea is to move away with what was done last year and replace it with a more wide-ranging and more meaningful set of evaluations that will help everyone involved to think about what's needed in the school," said MacDonald.

Marijuana, MaineCare & Water Fluoridation

Rep. Deb Sanderson (R-Chelsea) is back with another bill to tweak Maine's medical marijuana laws. Under current law, marijuana dispensaries, like the Wellness Connection in Thomaston, can purchase small quantities of product from small pot farmers known as "caregivers." However, they are prohibited from purchasing product from each other. According to Sanderson, in the event of a catastrophic crop failure caregivers might not be able to supply the number of patients that another dispensary could supply. Sanderson's bill would allow dispensaries to buy pot from other dispensaries.

Sen. Ed Mazurek is submitting a bill to improve the notification process for MaineCare applicants in the MaineCare Estate Recovery Program. The bill came at the request of a constituent who learned that the state was going to take his family's home in lieu of payment for health care services his deceased mother received through MaineCare, the state's Medicaid program. Under the program, medical coverage is considered a loan, but some patients misunderstand the terms and don't realize that the state will retrieve a portion or all of their assets for reimbursement when they die. Mazurek's bill attempts to clarify the terms by which MaineCare patients must be notified of how the program works so that they fully understand what they are signing.

Rep. Mick Devin is also proposing a bill that would require that water companies notify consumers on their monthly water bills that fluoridated water is harmful for infants under six months who are being fed formula.

Beer, Fireworks, OUIs & "Zombie Debts"

Sen. Ed Mazurek is also proposing a measure to guard against the collection of so-called "zombie debts," which are debts in which the statute of limitations has already expired. Mazurek's legislation would require the company to disclose to the consumer, in every correspondence, that the statute of limitations has expired and that the debtor can use this as a defense for non-payment in court. The legislation is modeled after reforms proposed by the New York Department of Financial Service.

According to the Maine Bureau of Consumer Credit Protection, 15 percent of around 2,000 form complaints the bureau receives annually allege violations of the Fair Debt Collection Practices Act, the state and federal law that regulates the activities of debt collectors.

Rep. Tim Marks has put in a bill that would repeal the law that prohibits beer brewers from handling their own beer at catered events and requires a third party to serve it. The law came under scrutiny back in June after a Massachusetts-based beer importer said he lost money on an international beer festival his company held in Portland due to the prohibition on serving one's own beer at catering events. Dan Shelton, owner of Shelton Brothers, vowed to never return to Maine until the law was changed, calling Maine's beer laws confusing and "fetishistic."

Marks' other bill would increase the number of years in the time period for prior drunk driving convictions that can be used against an offender from 10 years to 15 or 20.

"Ten years in the course of a driver's lifetime of driving is not that long," said Marks, who is a retired state trooper. "We recently saw again. A Maine driver who was involved in a fatal motor vehicle crash who had many convictions. Some of those were beyond that magic number of 10 years. Why is all sin forgiven? The poor [driving] history is still there."

Lastly, Rep. Walter Kumiega has put in a bill to require fireworks users to keep debris and sparks on their own property. Kumiega says he decided to put in the bill after a constituent complained about a neighbor shooting fireworks off over her house, showering the roof with sparks.

"The sheriff said 'nothing we can do, call 911 if it starts a fire,'" said Kumiega. "With a volunteer fire department that means the house (trailer) would be a smoldering wreck by the time they get there."

In 2011 Maine passed a law legalizing the sale and use of fireworks in the state. However, dozens of municipalities have passed ordinances regulating the use of fireworks, including Rockland, Owls Head, Waldoboro, Damariscotta, Boothbay Harbor and Wiscasset. Another bill that would repeal the 2011 law has been carried over and the Legislature will reconsider the measure in January.

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8 North Main St., Suite 101, Rockland,
ME 04841 (Fax: 596-6698, or email:
copyedit@freepressonline.com)
by noon the Friday before the Thurs-
day publication date. Please include
your name, address and phone number.

NOTEWORTHY

THURSDAY, OCTOBER 17:

- **Branagh Stars in Macbeth**, Strand Theatre, Rockland. The play streams live at 2 p.m. and is rebroadcast in HD at 7 p.m. Lincoln Theater, Damariscotta, shows it Sat., Oct. 19, at 2 and 7 p.m. The National Theatre Live carries the Manchester International Festival's production starring Kenneth Branagh and Alex Kingston as Lady Macbeth. Strand info: rocklandstrand.com or 594-0070. Lincoln info: AtTheLincoln.org or 563-3424.
- **Classical Ensemble Performs**, 7 p.m., Rockport Opera House. Boston-based ensemble A Far Cry performs "The Dreams and Prayers of Isaac the Blind" by Argentine composer Osvaldo Golijov and Beethoven's Heiliger Dankgesang from his String Quartet, Opus 132. David Krakauer is guest clarinetist. \$25/\$10 under 21: BayChamberConcerts.org, 236-2823 or the Bay Chamber Music School, top floor of Shepherd Block Building, 18 Central St., Rockport, 9-5 Mon.-Fri.
- **The Awesome Cover the '80s**, 8:30 p.m., Trackside Station, 4 Union St., Rockland. Rockland Professional Firefighters Local 1584 joins forces with Trackside to present the Portland-based cover band and its 1980s sounds of Tears for Fears, Hall and Oates, Wang Chung and others. Benefits the Muscular Dystrophy Association. \$10 at the door.
- **Poet and Sixties Counter-Culture Icon John Sinclair**, 7 p.m., Waterfall Arts, 256 High St., Belfast. The Part-time Buddhas will also perform. Tickets \$9 at door. Seating limited.

FRIDAY, OCTOBER 18:

- **Quilts by the Bay**, Fri. & Sat., Oct. 18 & 19, 10 a.m.-4 p.m., Belfast Boathouse, 34 Commercial St. With raffles, vendors, refreshments and door prizes. Sponsored by Friendship Sampler Quilters of Belfast. \$4 admission.
- **Belfast Poetry Festival**, Fri. & Sat., Oct. 18 & 19. With a Maine Postmark Gallery Hunt both days. Performance Poetry Night at Belfast Library 7 p.m. Friday. Reception and live show with 13 poets and 15 artists at UMaine Hutchin-

- son Center, Rte. 3, 4 p.m. Saturday. Read about and register for Saturday's workshops at belfastpoetry.org.
- **Supper to Benefit "Imagine No Malaria" Campaign**, 5-6:30 p.m., Federated Church in Thomaston, 8 Hyler St. The menu includes a spaghetti dinner, salad, Borealis bread, cake and beverages. \$7/\$3 under 12. FMI: 354-0655.
- **Fright at the Fort**, Fridays & Saturdays, Oct. 18 & 19 and 25 & 26, 5:30-9 p.m. Volunteers transform the 19th-century bastion into a "bad nightmare" through which visitors will be guided. One theme this year is the Black Death, the plague that decimated 14th-century Europe. \$10/\$5 under 12/\$12 express line. Just across the bay on **Sat., Oct. 19**, Ghostport activities will take place all day in Bucksport including vendors on the waterfront, a chili cookoff, kids' games, a coffin race, 9:30 p.m. fireworks set to music and a 10 p.m. screening of "An American Werewolf in London" at the Alamo Theatre. Info for both events: fortknnox.maineuide.com/fright.
- **Duo Shantala Performs**, 7 p.m., The Yellow Church, 123 Borland Hill Rd., Nobleboro. They perform sacred lyrics backed by exotic instrumentation. Guest Sean Frenette plays and sings. Bring a cushion for the hard chairs. \$15/kids free. FMI: 563-5754.
- **Dance to the Willy Kelly Band**, 7-10 p.m., First Church in Belfast Fellowship Hall, Spring & Court sts. Chem-free dance with refreshments, silent auction and 50/50 raffle. \$10/\$15 couples to benefit the Greater Belfast Area Ministerium Food Cupboard. FMI: 338-2282.
- **Singer Tom Kastle Takes the Helm**, 7:30 p.m., Sail, Power & Steam Museum, Rockland. The singer, songwriter, sailor and storyteller based in the Great Lakes performs. \$10. Reservations: 701-7627 or 596-0200.
- **Boeing Boeing Opens**, Marsh River Theater, Rte. 139, Brooks. The stage farce recalls the 1960s, when air travel was still glamorous. Shows run 7:30 p.m. Fridays & Saturdays, Oct. 18 & 19 and 25 & 26. \$10/\$8 seniors/\$25 family cap. FMI: 722-4110.
- **Love/Sick Opens**, The Public Theatre, Lewiston. John Cariani's funny, sweet and sad love stories add up to an unromantic comedy. Shows run Fri.-Sun., Oct. 18-20, and Thurs.-Sun., Oct. 24-27. Pricing, times and tickets: ThePublicTheatre.org.

SATURDAY, OCTOBER 19:

- **Fall Harvest Festival & Tag Sale**, 9 a.m.-1 p.m., Nativity Lutheran Church, Old Country Rd., Rockport. The seventh annual event features crafts, baked goods, a Ladies Boutique, silent auction, housewares and more. Kids can meet the talking scarecrow and get a treat.
- **Hope Community Craft Fair**, 9 a.m.-2 p.m., Hope Elementary School, off Rte. 235. Lots of new vendors. The eighth-grade hosts lunch to raise funds for their class trip. Free admission.
- **Maine Made 2013**, 10 a.m.-4 p.m., Samoset Resort, Rockport. Fifty exhibitors, including artisans, jewelry makers, fine furniture makers, local food producers and wineries. The show's mission

- is to encourage people to shop locally. Vendor list: MaineMadeShow.com. \$5/\$4 seniors/free under 12 at the door.
- **Radio Personality/Author to Tell Stories**, 1:30 p.m., Waldoboro Library. John McDonald, author of *A Moose and a Lobster Walk into a Bar* and other Maine humor books, speaks. McDonald also hosts a radio show on Portland Radio 560 WGAN and is founder of the Maine Storytellers' Festival. He'll be signing copies of his books; bring cash or a check if you plan to buy one. Free.
- **Rock the Dock Benefit**, 2 p.m., Port Clyde. With lobster, a pig roast, live music, raffles and lots more. No charge. Donations welcome. Proceeds benefit St. George Ambulance & LifeFlight of Maine in Dylan Gold's memory. FMI: 372-8848.
- **Witches Brew Fest**, 2-6 p.m., Augusta Armory. In addition to 30 unusual domestic and imported micro-brews and ciders, the festival will have a free photo booth, a stein-hoisting contest, food and a raffle. Wear a costume to be entered to win a luxury stay at the Senator Inn & Spa. \$30 tickets: CentralMaineBrews.com.
- **Chili and Chocolate Challenge Benefit**, 5 p.m., Appleton Village School, 737 Union Rd. (Rte. 131). Sample meat and vegetarian chili dishes and chocolate desserts by local cooks. Prizes for each category. Admission \$8/\$5, ages 5 and under/\$25, family. FMI: 785-5656.
- **Benefit Auction**, UMaine Hutchinson Center, 80 Belmont Ave. (Rte. 3), Belfast. The silent auction runs 5-7 p.m. Rosey Gerry leads the live auction at 7 p.m. With entertainment by pianist Clayton Clemenson and food by Delvino's Pasta House. Admission by donation, with a suggested range of \$5-\$10, to benefit Hospice Volunteers of Waldo County.
- **Folk Artists at Velvet Lounge**, 5 p.m. Award-winning singers and songwriters Paddy Mills and Heather Styka take the stage at Rock City Cafe's Velvet Lounge, 316 Main St., Rockland. Free, but do tip the musicians.
- **International Dinner**, Broad Bay Congregational UCC, 941 Main St., Waldoboro. Beef enchiladas, Asian salad, Polish bigos and other goodies to raise funds for the Outreach Committee. With a special welcome to recent immigrants and other new area residents. \$8/\$5 age 12 and under. FMI: 832-6898.
- **Local Foods Feast: A Celebration of Watershed Conservation**, Unity College Center for the Performing Arts. The third annual event starts 5:30 p.m. with a social and selection of local cheeses. Dinner from more than 20 central Maine farms, orchards and producers served at 6 p.m. The Coloradas play bluegrass, folk and indie at 7:30 p.m. \$25 meal and music. \$10 music only. Reservations: 948-3766 or jennifer@sebasticookft.org.
- **Contempt of Court Opens**, Belfast Maskers/Cold Comfort Theater puts on the dinner theater comedy with music and audience participation in a "Judge Judy" type setting. In Belfast at the first Baptist Church on Sat., Oct. 19. Call 338-2544 for tickets. In Searsport at the First Congregational Church on Fri., Oct. 25. Call 548-0327. In Castine at Markel's Bakehouse on Sat., Oct. 26. Call 326-9510.
- **Scott Brunt Gospel Concert**, Waldoboro Word of Life Church, 41 Old Rte. 1. Potluck at 5:30 p.m. Brunt, DJ of the "Saturday Night Gospel Hour" on New Hampshire's WVNH FM station, takes the stage at 7 p.m. FMI: 446-3288.
- **The Higher Praise Gospel Choir**, 7:30 p.m., Studzinski Recital Hall, Bowdoin College, Brunswick. The Boston-based choir sings contemporary and traditional gospel, much of it arranged by Minister Melvin Murphy. Free.

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CALENDAR OF EVENTS

► **Tom Kastle Sings to Benefit Maine's First Ship**, 7:30 p.m., Bath City Council Auditorium, Front St. Julia Lane and Fred Gosbee of Castlebay are joined by maritime singer Tom Kastle to benefit the *Virginia*. Attendees encouraged to wear period or pirate garb to compete for Best 17th Century Famous Male and Female. Best Pirate and others. Tickets, \$15/\$10 kids, at breezekist@hotmail.com; put "Castlebay" in subject line. Or send a check to Maine's First Ship, PO Box 231, Bath, ME, 04530, then pick up your tickets at the door.

► **Rustic Overtones Concert**, 8 p.m. The seven-piece Portland band, winner of many awards, brings its funk/rock sound to Billy's Tavern, behind the Thomaston business block. Adv. tickets at BillysTavern.com or the tavern. FMI: 354-1177.

► **Autumn Masquerade**, 9:30 p.m.-1 a.m., The Speakeasy, under the Chowder House at Trade Winds Motor Inn, Rockland. Party organizers Hot Pink Flannel and non-profit youth group Trekkers invite everybody 21 and older to "put on a crazy mask and dance until your feet hurt" to celebrate Trekkers' 20th anniversary. With music provided by Portland DJ MJ, door prizes and lots of masks. \$5 cover.

SUNDAY, OCTOBER 20:

► **Harvest Festival and Community Potluck**, noon-5 p.m., Deer Foot Farm, 1221 Union Rd. (Rte. 131), Appleton. Bring a dish or dessert, meet your neighbors and hear Maine steel drum band Steelin' Thunder at the free event. With kids' games, raffle, vendors and wool spinning and hooking demos. FMI: Deerfoot_cr@hotmail.com or 939-9704.

► **Manon**, 1:30 p.m., Colonial Theatre, Belfast. Anna Netrebko and Rolando Villazon are the heroine and nobleman in Massenet's 1884 story of Paris's Belle Epoque in the third of the theater's 4 Operas on 4 Sundays. \$12/\$8 under 18.

► **GQ+3 Concert**, 2 p.m., Friendship United Methodist Church, 24 Main St. The group, whose name stands for Gospel Quartet +3, plays the free concert.

► **Author of Bill Moss Book Speaks**, 3-4:30 p.m., Left Bank Books, 109 Church St., Belfast. Marilyn Moss gives an illustrated talk and signs copies of her book, *Bill Moss: Fabric Artist & Designer*, about her late husband's pioneering work with tension fabric structures. Free. Limited space, so save a spot: 338-9009.

MONDAY, OCTOBER 21:

► **Farming and Local Foods Night**, Bremen Library. The third annual event starts with refreshments and a meet-and-greet with Bremen farmers and food producers at 6 p.m. Documentary "Fresh!", about efforts across the U.S. to re-invent the food system, at 6:30 p.m., followed by a discussion at 7:45 p.m.

► **JP Blues at Time Out Pub**, 8 p.m., 275 Main St., Rockland. The Southern blues band fronted by Georgia-based guitarist John Pagano plays. \$10.

TUESDAY, OCTOBER 22:

► **Tom Dowd Speaks**, 6:30 p.m., Belfast Library, 106 High St. He talks about lessons learned from his books, *The Transformation of a Doubting Thomas: Growing from a Cynic to a Professional in the Corporate World* and *From Fear to Success*. Free. FMI: 338-3884.

WEDNESDAY, OCTOBER 23:

► **Rockland Has Style**, Samoset Resort, Rockport. The show features the latest fall and holiday fashions and jewelry for men, women, children and pets. Doors open 6 p.m. for cash bar and "light bites." Fashion show at 7 p.m. Tickets, \$15/\$25 for two, at Waterworks, Knight's Marine, Time Out Pub, Trackside, Black Parrot, Dulce & Rugosa, The Grasshopper Shop,

Hamilton Marine, Loyal Biscuit, Mace's, Michael Good, Orlando Johnson, Over the Rainbow Yarn, Planet Toys, Playing with Fire, Puffin's Nest, Sea Street Graphics and Something Blue. FMI: 596-6055

► **Maritime Author Speaks**, 7 p.m., Thomaston Library, 60 Main St. Historian Renny Stackpole gives an illustrated talk about his new book, *Sea Letters: Letters and Journals of the Captain Andrew Pinkham Family*, which tells of the watery exploits of Pinkham and his sons, Alexander and Reuben, who earned distinction as members of the U.S. Navy from 1814-1842. FMI: 354-2453.

THURSDAY, OCTOBER 24:

► **Victorian Tea & Breast Health Fair**, 3-7 p.m., Berry Manor Inn, 81 Talbot Ave., Rockland. The 10th and final event, which is free, features a traditional Victorian tea, hors d'oeuvres and desserts. Tea hats encouraged. Educators will talk about ideas and services. Workshops will cover such topics as self-exams and eating for vitality. Tour the Berry Manor Inn, a Four-Diamond Victorian inn. Schedule a reflexology or acupuncture mini-session. FMI: PenBayHealthcare.org.

► **Longfellow's Haunted House: An Evening Tour of the Wadsworth-Longfellow House**, based on Henry Longfellow's poem "Haunted Houses," the tours are put on by the Maine Historical Society at 489 Congress St., Portland. Guide James Horrihan highlights family members who died in the house over its long history. Recommended for ages 12 and older. It runs 6-7:30 p.m. Thurs.-Sat., Oct. 24-26 and Tues. & Weds., Oct. 29 & 30. \$10 tickets: 774-1822.

► **Halloween Author Reading**, 6:30 p.m., Rockland Library, 80 Union St. Local authors Jen Blood, Patrick Shawn Bagley and Katherine Silva read from their works at the free public event, which also features a raffle.

► **Irish Master Paul Brady to Sing**, 7:30 p.m., Opera House at Boothbay Harbor. The award-winning singer makes the only Maine stop on his current tour. \$20 adv. tickets: BoothbayOperaHouse.com, 633-5159, or 86 Townsend Ave. box office, 10-4 Tues.-Fri. \$25 day-of.

► **DaPonte String Quartet Plays**, Winter Series I: Entente Cordiale. Showtimes are 7:30 p.m. Thurs., Oct. 24, at St. John's Episcopal Church, Thomaston; 7:30 p.m. Fri., Oct. 25, at Lincoln Theater, Damariscotta; 7:30 p.m. Sat., Oct. 26, at Portland Public Library, 5 Monument Square; and 3 p.m. Sun., Oct. 27, at Mid-Coast Presbyterian Church, 84 Main St., Topsham. Beethoven's String Quartet in D Major, Opus 18, No. 3, Prokofiev's String Quartet No. 1 in B minor, Opus 50, and William Walton's String Quartet No. 2 in A are on the menu. \$20/under 21 free. Winter season four-concert series \$64. Tickets: DaPonte.org, Maine Coast Books in Damariscotta, Gulf of Maine Books in Brunswick, Longfellow Books in Portland, or door.

COMING UP:

► **Peace Educator Paul Chappell Speaks & Leads Course**, Fri.-Sun., Oct. 25-27, UMaine Hutchinson Center, Rte. 3, Belfast. The Iraq War veteran and director of the Nuclear Age Peace Foundation gives a talk, "Is World Peace Possible?", at 7 p.m. Fri., Oct. 25. He gives another talk at 7 p.m. Sat., Oct. 26, which includes a screening of the documentary "Taking Root: The Vision of Wangari Maathai," on the first African woman to win a Nobel Peace Prize. Admission to either is \$10. Chappell leads a 14-hour instructional course through the weekend, "Strengthening the Power of Citizenship." Adv. registration required for the partial or full course, \$45-\$100: 338-2361 or wpmaine@gmail.com.

► **SOLD OUT — Paula Poundstone Live!** Fri., Oct. 25, 7 p.m., Strand Theatre, Rockland.

► **Bowzer's Rock 'n' Roll Party**, Fri., Oct. 25, Merrill Auditorium, Portland. Bowzer and The Stingrays, whose hits include "Blue Moon" and "Hand Jive," share the stage with Shirley Alston Reeves, original lead singer of the Shirelles. Benefits the American Heart Association in Maine. \$65 Gold Circle seating; \$52-\$55 general admission: PortTIX.com, 842-0800, or 20 Myrtle St. box office, noon-6 Mon.-Sat.

► **Wine & Cheese Reception**, Fri., Oct. 25, 6-8 p.m., Blueberry Fields Bed & Breakfast, 673 Razorville Rd. (Rte. 105), Washington. Author and business coach Bill Packard will speak at 7 p.m. \$10 donation benefits Good Shepherd Food Bank. RSVP: 446-2407 or blueberry-fieldsbandb@gmail.com.

► **Spooktacular Dance Party**, Fri., Oct. 25, Swing & Sway Dancing, 143 Maverick St., Rockland. 6 p.m. group class. 7-9:30 p.m. dance, with ballroom, country, Latin and nightclub music. Costumes encouraged. Prizes will be awarded. No partner or experience needed. \$10 door.

► **Night of Blues**, Fri., Oct. 25, 7 p.m., Midcoast Arts (formerly Lincoln Street Center for the Arts) 24 Lincoln St., Rockland. Erin Harpe & The Delta Swingers headline the evening. Also appearing will be the Eric Green Party from Bangor and local slide guitarist Mike Cole. \$10. FMI: necessarymusicme@gmail.com.

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Blues at Time Out Monday Night –

Southern-based blues-rock group JPBlues, fronted by young Georgia-based guitarist John Pagano, right, will be at Time Out Pub, 275 Main Street in Rockland, on Monday, October 21, at 8 p.m. Tickets are \$10. For more information, call 593-9336.



Halloween Dance, Costume Party in Waldoboro October 26

The Waldoboro Fireman's Association and the Soule Shuman VFW Post of Waldoboro are co-sponsoring a Halloween Bash — a public dance and costume party — on Saturday, October 26, from 8 p.m. to midnight at the VFW Hall in Waldoboro. Bad Penny, the band that helped kick off the Fire Department's anniversary celebration in August, will play. Costume prizes will be awarded for most original, funniest, scariest, best group costume, best couple's costume and people's choice.

Admission is \$8 per person, \$15 per couple. For more information, contact VFW Commander John Blodgett, 832-6343, or Assistant Fire Chief Bill Maxwell, 832-2161.

World Music in Nobleboro –



Shantala, pictured here, will perform kirtan and world music at the Yellow Church, 123 Borland Hill Road in Nobleboro, on Friday, October 18, at 7 p.m. Tickets are \$15 at the door, children free. For more information, call 563-5754.

CALENDAR OF EVENTS

► **An Evening of Dessert and Music**, Sat., Oct. 26, 7 p.m., Lincolnville Central School. With local stars: Phil Clements Comb, John Stephens, Jason Moody, Michele Chadwick, Christianne Ropp, The Webber Family and more. Donations accepted at the door will support Noah Botley, who has fibrous dysplasia and travels in November for a third surgery. FMI: 763-4275.

► **Halloween Bash**, Sat., Oct. 26, 8 p.m.-midnight, VFW Hall, Waldoboro. The public dance and costume party co-sponsored by Waldoboro Fireman's Association and Soule-Shuman VFW features the music of Bad Penny. With costume prizes for most original, funniest, scariest, best group, best couple and people's choice. \$8/\$15 couples. FMI: 832-6343.

► **"From Kansas to Oz" Street Party**, Sat., Oct. 26, Winter St., Rockland. The Farnsworth Art Museum's Collective hosts its third annual bash, with drinks and light snacks. This year's theme inspired by the museum's Wonderful World of Oz exhibit. Open to those 21 and up. \$10/free for members of the Collective, which aims to attract a younger audience to the museum. Tickets at museum store, email membership@FarnsworthMuseum.org or 596-6457.

► **Harvest on the Harbor**, Sat., Oct. 26, Portland's Ocean Gateway Pier. Several of the midcoast's best will compete in two competitions: Maine Lobster Chef of the Year and Top of the Crop: Maine's Best Farm to Table Restaurant. In both, three judges and the audience will each contribute 25 percent of the vote to select the winner. FMI: HarvestOnTheHarbor.com.

CHILDREN'S & TEENS' EVENTS

THURSDAY, OCTOBER 17:

► **Fall "Little Diggers,"** 9:30-11:30 a.m., Coastal Maine Botanical Gardens, Boothbay. Kids 3-5 will have fun learning about seeds, fruits, veggies, the fall garden, trees and animals through stories, crafts and exploration. Parents can join in. Prices include admission for one kid and one

adult: \$17/\$12 members for one session; \$48/\$33 members for three.

FRIDAY, OCTOBER 18:

► **Teen Gaming Day**, 2:45 p.m., Skidompha Library, Damariscotta. Use the Wii to play games on the big screen. Snacks & drinks. All teens welcome.

► **Halloweenfest!** Fri. & Sat., Oct. 18 & 19, 6-9 p.m. both nights, Maine Wildlife Park, Rte. 26, Gray. With haunted hay rides, games, contests, door prizes and more. Wear a costume and be prepared to be scared. FMI: MaineWildlifePark.com.

► **Family Movie Night at Jackson Memorial Library**, 6:30-8:30 p.m., Tenants Harbor. The library now has a movie license and will hold Family Movie Night the third Friday of every month, during which it'll serve up seasonal popcorn. The Oct. 18 film is "October Sky," about a coal miner's son who was inspired by the first Sputnik launch to take up rocketry against his father's wishes.

SATURDAY, OCTOBER 19:

► **Robotics Expo**, 9 a.m.-3 p.m., Bailey Hall, University of Southern Maine in Gorham. Those 5-18 participating in or interested in 4-H robotics programs are invited to share ideas and creations in a science fair-type format, and take part in a workshop and a challenge event, capped by a 3:15 p.m. awards ceremony. Guests include reps of UMaine's College of Engineering and the Portland Police Department bomb squad, who bring a robot. Meet Thomas Lemieux of Oakland, who built a high-tech Iron Man-type suit. \$5/\$20 per group. FMI: 353-5550 or sarah.sparks@maine.edu.

► **Fall Family Fun Day**, Coastal Children's Museum, Rockland. Starring Chewonki Foundation's "Owls of Maine" at 11 a.m. Carriage rides by St. George Carriage Company 1-2:30 p.m. Admission \$5 per family/free for members. The owl show is \$2 per person/\$1 members and tickets can be bought at the museum. FMI: CoastalChildrensMuseum.org or 596-0300.

► **Spine-Tingling Stories**, 2 p.m., Rockland Library, 80 Union St. Storyteller Jean

Armstrong puts on a howlingly hilarious show for kids 7-11. She has performed on three continents.

► **Fall Family Festival**, 2-5 p.m., Farnsworth Art Museum sculpture garden, Rockland. With pumpkin carving, face-painting, crafts, music by The Rusty Hinges and refreshments from Home Kitchen Café. Families can have their photos shot with life-sized cutouts of Wizard of Oz characters, then watch "It's the Great Pumpkin, Charlie Brown" in the museum's auditorium. Following the festival, a **Parade and Pumpkin Lighting** will take place. The parade down Main St. leaves the sculpture garden at 5:30 p.m. Families are encouraged to wear costumes. After the parade, the group will return to the garden, where a sunset pumpkin lighting takes place.

SUNDAY, OCTOBER 20:

► **Open Mic Night**, 6-8 p.m., Federated Church in Thomaston. Open to those 11-18. Kella River emcees. Bring your own musical instrument. An amp, mic, karaoke machine and piano are provided. Free refreshments. FMI: 354-8117.

TUESDAY, OCTOBER 22:

► **Free Drawing Class**, 4-5 p.m., Rockland Library, 80 Union St. Catinka Knoth leads the "Let's Draw Together!" class for kids 6 and up and adults. The Oct. 22 topic: "Haunted houses." Kids 10 and under should be with an adult, per library policy. Materials provided.

WEDNESDAY, OCTOBER 23:

► **CMCA Play-Labs**, Rockport. The Center for Maine Contemporary Art offers workshops for kids 3-5 (with an adult) 11 a.m.-noon Wednesdays, Oct. 23 & 30 and Nov. 6 & 13. \$10 per session includes stories, visits to the galleries and creativity in the ArtLab. Members get 10 percent off. Registration: 236-2875. FMI: cmcanow.org.

► **Scope on a Rope Workshop**, 11 a.m.-noon, Coastal Children's Museum, 75 Mechanic St., Rockland. The microshow is included in the price of admission. No registration needed to get super-close looks at everyday items. FMI: CoastalChildrensMuseum.org.

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CALENDAR OF EVENTS

► **Open Mic Night**, 6:30-8:30 p.m., The Highlands Coffee House, 189 Main St., Thomaston. For those 21 & under, the night of karaoke, family fun, and food and drink is led by Kella River.

COMING UP:

► **Halloween Storytime**, Fri., Oct. 25, 10:15 a.m., Vose Library, 392 Common Rd., Union. Listen to a story, then make a fun Halloween craft. For kids of all ages.
 ► **Ghost Train & Other Halloween Hijinks**, Fri. & Sat., Oct. 25 & 26, 5:30-8 p.m., Boothbay Railway Village, 586 Wiscasset Rd. (Rte. 27). The Ghost Train, driven by Casey Bones and supervised by conductor Frankenstein, departs the haunted station every 30 minutes, with the last one leaving at 7:30 p.m. Journey through enchanted cemeteries, see zombies and other apparitions, and hear the calls of strange beasts. A hayride through haunted regions will also be offered. Watch out for the coven of witches brewing up a potion. A Monster Mash party with ghoulish games, spooky snacks and revolting refreshments will be held in the Town Hall. \$10/\$5 kids; museum members \$8/\$4 kids. FMI: 633-4727.
 ► **Music Together Class**, starts Oct. 28 and runs for 10 Mondays at 10:30 a.m. in Damariscotta's Coastal Community Center. For infants, toddlers and preschoolers with a parent or caregiver. \$145. FMI: sharon-pynemusic@gmail.com or 522-3900.

ONGOING:

► **Storytime in the Children's Garden**, Mondays, 10 a.m., Coastal Maine Botanical Gardens, Boothbay. In colder weather, it's in the Education Center. Free with admission. FMI: 633-4333.
 ► **Carver Memorial Library Preschool Story Hour**, Mondays, 10:30 a.m., Searsport. Stories, games, singing for toddlers and their siblings. FMI: 548-2303.
 ► **Jackson Memorial Library After-School Program**, Mondays-Fridays, 3:30-5:30 p.m., Tenants Harbor. Students in grades 6-8 engage in physical activities, prepare a healthy snack and get homework help. With special programs every Wednesday.
 ► **Waldoboro Library Midcoast Music Together**, third Monday, 10:30 a.m. Jess Day leads singing, instrument play, movement and more for kids up to 6.
 ► **Skidompha Library Toddler Time**, Tuesdays, 10 a.m., Damariscotta. Stories, songs and movement for kids 2-5.
 ► **Jackson Memorial Library Story Time**, Tuesdays, 10:30 a.m., Tenants Harbor. One story time for all ages.
 ► **Gibbs Library Story Hour**, Tuesdays, 10:45 a.m., Washington. Reading and crafts. FMI: 845-2663.
 ► **St. Margaret's Church Toddlers' Play Date**, Wednesdays, 9:30-11:30 a.m., Parish House, 95 Court St., Belfast. For

children under 4 and their caregivers. FMI: 338-2412 or 322-5013.
 ► **Rockland Library Preschool Story Times**, Wednesdays & Saturdays, 10:30 a.m. FMI: 594-0310.
 ► **Skidompha Library Book Babies**, Wednesdays, 10 a.m., Damariscotta. Stories, songs and movement for newborns to 3-year-olds.
 ► **Waldoboro Library Story Hour**, Wednesdays, 10:15 a.m. Miss Connie reads stories and leads crafts for preschoolers. FMI: 832-4484.
 ► **Thomaston Library Read-Aloud Program**, Wednesdays, 3 p.m. Aimed at kids 8-12 and their families, who are invited to listen and draw storyboards.
 ► **St. Peter's Church Toy Library**, Thursdays & Fridays, 9 a.m.-noon, White Street, Rockland. Playtime for kids up to 5, toys to borrow and parenting resources. Nominal fee; scholarships available. FMI: midcoasttoylibrary@gmail.com.
 ► **Skidompha Library Ready to Read**, Thursdays, 10 a.m., Damariscotta. Story hour and crafts for 4- and 5-year-olds.
 ► **Liberty Library Story Time**, Thursdays, 10:30 a.m. For preschoolers & their parents.
 ► **Thomaston Library Story Time**, Thursdays, 11 a.m.-noon. Kids must be with an older family member. FMI: 354-2453.
 ► **God's Lighthouse Church Youth Group**, Thursdays, 6 p.m., 78 South Main St., Rockland. Food and fun for area kids 10 and up. FMI: 542-3906.
 ► **Rockland Library Baby Story Time**, Fridays, 10 a.m. FMI: 594-0310.
 ► **Vose Library Story Time**, Fridays, 10:15 a.m., Union. Songs and finger plays for babies and toddlers. Story and activity for older kids. FMI: 785-4733.
 ► **Jackson Memorial Library Robotics**, Fridays, 4:30-6:30 p.m., Tenants Harbor. Kids in grade 6 and up learn about robots and build their own.
 ► **Clothing Give-Away**, first Saturday, 9 a.m.-noon, Second Congregational Church, 252 Main St., Warren. Free clothes for newborns to 'tweens.
 ► **Stockton Springs Library Story Hour**, first & third Saturdays, 10-11 a.m. FMI: www.stocktonspringslibrary.org.

FILM

FRIDAY, OCTOBER 18 - THURSDAY, OCTOBER 24:
 ► **COLONIAL THEATRE**, Belfast: "Enough Said," "Gravity," "The World's End," "Fruitvale Station" See ad p. 43 for showtimes.

► **FLAGSHIP CINEMAS 10**, Thomaston: "Carrie," "Escape Plan," "Captain Phillips," "Rush," "Prisoners," "The Family," "Insidious Chapter 2," "Gravity," "Cloudy with a Chance of Meatballs 2," "We're the Millers," "Machete Kills." See ad p. 43 for showtimes.
 ► **STRAND THEATRE**, Rockland: "In a World," "Good Ol' Freda." See ad p. 43 for showtimes. FMI: 594-0070.
 ► **HARBOR THEATRE**, Boothbay Harbor: "Good Ol' Freda," "Cloudy with a Chance of Meatballs 2." Visit HarborTheatre.net for showtimes.

FRIDAY, OCTOBER 18:
 ► **"The Phantom of the Opera,"** 6:30 p.m. The Friends of the Thomaston Library show creepy classic horror flicks every Friday in October. In this one, a grotesquely disfigured composer haunts the Paris Opera House, falls in love with a singer and then abducts her. Free.
SUNDAY, OCTOBER 20:
 ► **"The Wizard of Oz,"** 2 p.m., Strand Theatre, Rockland. The Farnsworth Art Museum and the Strand present a one-only screening of the 1939 classic in its original 35mm Technicolor film format. \$7.50 all seats. Tickets available at the box office at 1:30 p.m. on show day.
TUESDAY, OCTOBER 22:
 ► **"Casablanca,"** 6 p.m., Harbor Theatre, Boothbay Harbor. The steamy 1942 classic starring Humphrey Bogart and Ingrid Bergman is shown in honor of Phil "The Baker" McLellan. Free admission, with desserts, popcorn and coffee served.

ART

THURSDAY, OCTOBER 17:
 ► **Objects in Space**, 6-8 p.m., Perimeter Gallery at Chase's Daily, 96 Main St., Belfast. A reception for Athens, Georgia, artist Jeffrey Whittle and his show of recent paintings. He was named in Oxford American magazine's "100 Under 100: The New Superstars of Southern Art." Through Dec. 1.
FRIDAY, OCTOBER 18:
 ► **Halloween Card Workshop**, 9 a.m.-noon, Midcoast Printmakers Studio, DRA Round Top Farm, Bus. Rte. 1, Damariscotta. \$40 includes materials to make eight cards. Reservations: midcoastprintmakersinc@gmail.com or 644-8849.

Participate in the Upcoming Oceanside Art Department HOLIDAY CRAFT FAIR
 Free Admission
 Place: Oceanside High School Gymnasium, 400 Broadway, Rockland
 Saturday, December 7
 9:00 AM - 2:00 PM
 For table rental call 596-2010 between 8 AM - 2 PM

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 Tickets at the door: \$15/\$12/\$8 • General Admission tickets available at HAV II
 Tickets are available at stromtickets.com and 236-7800 ext. 282
 There will be a special Family Show on Wed., Nov. 13th at 6:00PM
 All seats \$5 General Admission at door.

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CALENDAR OF EVENTS

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SATURDAY, OCTOBER 19:

► **Saturday Life Drawing**, 9:30 a.m.-noon, Saturdays through Dec. 7, Waterfall Arts, 256 High St., Belfast. Long poses. \$15 drop-in fee. FMI: 338-2222 or WaterfallArts.org.

SUNDAY, OCTOBER 20:

► **Transformations: My Cancer Cells, My Art, Creating a New Perspective and Life**, 1-5 p.m., Keag River Gallery, South Thomaston. A reception to open a show of work by Aura Ever. Her show features a dozen images, each representing a moment of inspiration on her journey to wellness after a breast cancer diagnosis. A portion of proceeds will be donated to The Maine Breast Cancer Coalition. Through Nov. 30.

MONDAY, OCTOBER 21:

► **Free Adult Art Class**, 11 a.m., Rockland Library, 80 Union St. Catinka Knoth supplies materials and leads the class, with an October theme of the fall season, and a focus on simple aspects of perspective theory. Oct. 21: "Autumn leaves & scenes."
 ► **Alternative Drawing Techniques**, 6-8 p.m., Farnsworth Art Museum's Gamble Education Center, at Grace & Union Sts., Rockland. This class in the Farnsworth Collective's *Studio Nights* series is led by Mark Kelly. Participants will loosen up with a few drawing exercises and then work on a still-life. Bring an object you love so you have a connection to your subject. \$20/\$10 Farnsworth members/Collective members free. Sign-up: FarnsworthMuseum.org or 596-6457.
 ► **Creative Artists Support Group**, 6:30-8 p.m., Belfast Library, 106 High St. Develop your artistic potential and meet like-minded spirits at the free support group.

TUESDAY, OCTOBER 22:

► **Tuesday Life Drawing**, 6:30-9 p.m., Waterfall Arts, 256 High St., Belfast. The

non-instructional group meets Tuesdays through Nov. 5. Focus is on short, timed, varied poses. Drop-in fee \$15. FMI: 338-2222 or WaterfallArts.org.

WEDNESDAY, OCTOBER 23:

► **Wednesday Life Drawing**, 6-8:30 p.m., private Camden studio. Independent group meets Wednesdays in Oct. and Nov. Timed poses, 1-30 minutes. Limited to 12. \$17 per session. Reservations required: 236-6468 or brightwork@roadrunner.com.
 ► **Panel Discusses Environmental Art**, 7 p.m., Waterfall Arts, 256 High St., Belfast. Six of the seven artists in the art center's exhibition *Portals: Environmental Art Installations* will discuss their work. The exhibit is designed to invite the audience into a dialogue about environmental sustainability. The artists are Barbara Andrus, Alan Crichton, Krisanne Baker, Joline Blais, Elizabeth Billings and Michael Sacca. Free. Donations accepted.

COMING UP:

► **Marbling Workshop**, Sat., Oct. 26, 9 a.m.-1 p.m. At Cynthia McGuire's studio in Thomaston. FMI: 354-0929 or DancingBlanket@gmail.com.
 ► **Intermediate Storytelling**, Sat., Oct. 26, 10 a.m.-3 p.m., Waterfall Arts, 256 High St., Belfast. Tara Law explores storytelling through the senses. Sound, movement, taste and visual mediums will be used to stimulate memories to help participants tell stories. Bring a notebook, pencil and lunch. FMI: 338-2222 or WaterfallArts.org.
 ► **Christmas Card Workshop**, Sat., Oct. 26, 1-4 p.m., River Arts, Rte. 1, Damariscotta. Carol Jaeger of Salt Bay Art Supply shows you how to make cards that include rubber stamping, dry and heat embossing, die cutting, stenciling, torn paper, dimensional accents and more. For ages 12 and up. \$25 includes materials. Limited to 16. Register by 5 p.m. Thurs., Oct. 24, at Salt Bay Art Supply, Main St., Damariscotta. FMI: 563-8377.

tion with the Maine Civil War Trail Project. Both run through Dec. 8. Portland Museum of Art Biennial: *Piece Work*, eighth in an ongoing series of juried exhibitions showcasing new or recent work by living artists, runs through Jan. 5, 2014.
 ► **Portland Public Library's Lewis Gallery**, 5 Monument Square. Maurice Sendak: *50 Years, Works, Reasons* runs through Oct. 25, with original works from Sendak's classic children's book *Where the Wild Things Are*. Contributing commentators include Barack Obama, Lemony Snicket and Robert Crumb.
 ► **UMaine Museum of Art**, 40 Harlow St., Bangor. Sachiko Akiyama: *On Finding Home*, a show of carved figures finished with beautifully painted surfaces. Susan Burnstone & Lynn Saville: *From the Shadows*, black-and-white urban photography. Gregory Kalliche: *GPOY*, which stands for *Gratuitous Picture of Yourself* and explores the ideas of visual effects and anthropocentrism. All three run through Jan. 4, 2014. Free admission.

MISCELLANEOUS

THURSDAY, OCTOBER 17:

► **"An Empty Place at the Table,"** Camden Library, 55 Main St. The memorial display prepared by New Hope for Women is at the library all day.
 ► **"Maximizing Conservation with Economic Development,"** 6:30 p.m., Belfast Library, 106 High St. Belfast Economic Director Thomas Kittredge gives an update on what the city's done in the arena of economic development in the past year, with a focus on where conservation came into play in this Belfast Bay Watershed Coalition program. Free.
 ► **Massive Midcoast Trees**, 6:30 p.m., Rockland Library, 80 Union St. Jan Santerre, of Project Canopy and Maine's Big Tree Program, gives a slide-show presentation on some of the biggest mid-coast trees. The free presentation is part of the Georges River Land Trust's *Walk and Talk* events for 2013.

ONGOING:

► **Farnsworth Art Museum**, Rockland. Every Picture Tells a Story: N.C. Wyeth Illustrations from the Brandywine River Museum. Throughout 2013. The Wonderful World of Oz marks the 75th anniversary of the MGM movie with costumes, props and documents. Through March 2014.
 ► **Penobscot Marine Museum**, 40 East Main St., Searsport. Those in Peril: Shipwrecks, Memorials, and Rescues. Through Oct. 20.
 ► **Portland Museum of Art**, 7 Congress Square. Ahmed Alsoudani: Redacted. New York-based Iraqi artist's visual vocabulary of violence, survival and history. Winslow Homer's *Civil War*, a selection of wood engravings displayed in conjunction with the Maine Civil War Trail Project. Both run through Dec. 8. Portland Museum of Art Biennial: *Piece Work*, eighth in an ongoing series of juried exhibitions showcasing new or recent work by living artists, runs through Jan. 5, 2014.
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FRIDAY, OCTOBER 18:

► **Flu Shot Clinic**, 9 a.m.-noon, Kno-Wal-Lin, 228 Northport Ave. (Rte. 1), Belfast. \$30, payable with cash or check. Free for Medicare or Blue Cross Anthem cardholders. Must be 18 or older. FMI: 390-4564.



NEW LISTING
 Rockland: Updated 3 BR 1-1/2 BA New Englander overlooking North End Shipyard & Rockland Harbor, rare offering. \$265,000



Cushing: 5.6 acre waterfront parcel with 314 feet on the Meduncook River. Private, quiet. \$150,000



Spruce Head: Water's edge camp in need of re-build sited privately off Atlantic Quarry Road. 100' south-facing shoreline, may be expanded 30%. \$179,000



Warren: Arboretum Park, Land for Sale - 1.86 acre parcel with 150 feet on the St. George River. \$54,900



Cushing: Single floor 3 BR 2 + BA residence on 2.8 acres with 2 St. George River. Immaculate. \$475,000



South Thomaston: Builder's home on 1.6 prime acres with specimen plantings. Custom Cabinets, close to boat launch, minutes to Rockland. \$349,000



NEW PRICE
 Rockport: Ocean views from every room. 2 BR 2 BA condominium at Eastward Estate House. \$315,000



Rockport: Steps to village center and Beauchamp Pt. Fine residence, original details, high ceilings, guest apartment. \$525,000



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OUR NEW FARMSTAND

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CALENDAR OF EVENTS

- **Yarn Exchange**, Fri. & Sat., Oct. 18 & 19, 9 a.m.-1 p.m. both days, Washington School, Rte. 32, north of King Ro Market, Round Pond. Bring clean, unused yarn and take home a bag of new yarn for \$5. With light refreshments. Benefits restoration of the school's belfry. FMI: 529-5796.
- **Bank Celebrates Reopening**, Bar Harbor Bank & Trust branch, 245 Camden St., Rockland, holds day-long festivities and serves lunch 11 a.m.-1 p.m. to mark the end of a four-month renovation.
- **Lincoln County Book Club to Discuss *America the Beautiful***, 1 p.m., Spectrum Generations Coastal Community Center, 521 Main St., Damariscotta. The Hooked on Reading group discusses the book by Dr. Ben Carson. \$1. FMI: 563-1363.
- **Wabanaki Sunset Celebration**, 5:30-7 p.m., DRA Great Salt Bay Farm Heritage Center, 110 Belvedere Rd., Damariscotta. The Bur Nur Werb Skeg singers drum and teach the crowd to dance. Elder Dean Francis leads a smudging ceremony. Birch bark artist David Moses Bridges shows his baskets and traditionally made canoe. A light dinner is served. \$5 suggested donation/under 12 free. Registration: 563-1393.
- **Talk on Maine Architectural Trends**, Nobleboro Historical Society's Historical Center, 198 Central St. Architect Christopher Glass talks about shifting trends in home design, drawing from his book *Historic Maine Homes: 300 Years of Great Houses*. FMI: 563-6656.
- **Maine Coast Men Fall Retreat**, Fri.-Sun., Oct. 18-20, Tanglewood 4-H Camp, Lincolnville. A weekend of workshops, with other fun activities, including a variety show. "Grateful for the Past, Looking Toward the Future, Living in the Now" costs \$100. Scholarships available. FMI and registration: MaineCoastMen.net.

SATURDAY, OCTOBER 19:

- **Lincolnville Center Flea Market**, 8 a.m.-noon, UCC Community Building, Rte. 173. With antiques, household items,

craft supplies, sporting goods and more. Season finale. FMI: 785-3521.

- **Notary Public Course**, 8:30 a.m.-1 p.m., CLC Adult Ed office, Pine Grove Plaza, Damariscotta. The course covers application and requirements, tasks and duties, and rules for notaries. Workbook provided. \$49. Registration: email clcae@aos93.org, clc.MaineAdultEd.org or 563-2811.

- **Tag Sale**, 9 a.m.-noon, St. Peter's Episcopal Church parish hall, White St., Rockland. New and lightly used housewares, books, tools, furniture, antiques and lots more to benefit the church's community outreach projects. FMI: 236-8922 or 594-8191.

- **Solar Energy Workshop**, 9 a.m.-4 p.m., Union Town Office. Lee Zwicker tells how to reduce use of heat and electricity and covers basic design, construction and maintenance. He describes tax incentives and rebates and gives advice on converting a home to solar economically. \$54. Registration: msad40.MaineAdultEd.org or 832-5205.

- **Co-op Member Appreciation Day**, 9 a.m.-6 p.m., Good Tern Co-op, 750 Main St., Rockland. The co-op invites everyone, including those who want to learn the benefits of belonging, to the annual event. Meet local growers, producers and makers, the board of directors, and community outreach partners. With face-painting, Jack-be-little decorating, tasty treats and free coffee. FMI: 594-8822.

- **Red Trail Grand Opening**, Sheepscot Valley Conservation Association opens the new trail in the Stetser Preserve in Jefferson. Meet at the Egypt Road kiosk at 9:45 a.m. for cider and snacks. A ribbon is cut at the trailhead at 10 a.m. The new trail extends the Blue Trail to complete a 1.8-mile loop through the eastern part of the preserve. Enjoy the interpretive stops along both trails.

- **Belfast Co-op Guided Store Tour**, 10 a.m., 123 High St. Learn the benefits of joining and how to take advantage of shopping there. FMI: 338-2532 or Belfast.Coop.

- **Fall Pruning Workshop**, 10 a.m.-noon, Merryspring Nature Center, Cam-

den. Arborist Tom Jackson covers the what, where, why and how-to of fall pruning with hands-on demonstrations. Bring clippers so you can practice. \$5/members free. FMI: 236-2239 or MerrySpring.org.

- **Italian for Travelers**, 10 a.m.-2 p.m., Penobscot School, Rockland. Native Italian Eleonora Mella leads participants, who will learn travel vocabulary, practice speaking, prepare and eat an authentic Italian meal, and leave with a practice booklet to use abroad. Registration: 594-1084 or www.Penobscot.us.

- **Elder Appreciation Day**, 10 a.m.-2 p.m., Boothbay Region Elementary School, 238 Townsend Ave. (Rte. 27), Boothbay Harbor. Lincoln County Triad's 13th annual event features complimentary lunch, information tables, music by the Holy Mackerels, prizes and camaraderie.

- **Family and Pet Fall Fun Day**, 10 a.m.-5 p.m., Pet Quarters, Shaw's Plaza, Rockland. Catahoula Rescue of New England and Three Duck Farm, which rescues and re-homes fowl and small animals such as rabbits and pigs, host the day. It includes a judged pet costume contest, pumpkin painting, crafts, games, raffles and a bake sale. Most activities will be free, but a donation to either rescue will be greatly appreciated. FMI: 273-1320.

- **Kick-off of Lincoln County Toys for Tots**, noon-4 p.m., Boothbay Railway Village, Rte. 27. Anyone who brings a new, unwrapped toy gets a free ride on the train, which departs the station hourly from noon to 3 p.m. Donations will go to Lincoln County children. 975-3978.

- **Free Seed Talk & Tour**, 1 p.m., Medomak Valley High School, Waldoboro. Neil Lash talks about his work as director of the Heirloom Seed Project, then gives a tour of the arboretum, seed repository and gardens. The free program is offered in anticipation of the 27th annual Camden Conference. FMI: 236-1034 or CamdenConference.org.

- **"Spiritual Training: Finding Security and Safety in Our Daily Lives"**, 2 p.m., First Church of Christ, Scientist, 1 Central St., Camden. Josh Niles, who served in

(Continued on p. 43)

2014
CAMDEN CONFERENCE

February 21-23, 2014
"The Global Politics of Food & Water"
Community Events

Events listed here are open to the public and are free unless otherwise noted.

- **Saturday, October 19:** *Medomak Valley High School, Waldoboro*, 1 p.m., "Heirloom Seed Project," a talk by Neil Lash.
- **Wednesday, October 23:** *Rockport Public Library*, 6:30-8 p.m., "The Coming Food Crisis," a free discussion series. Advance readings available at www.camdenconference.org. Also **Monday, November 4:** *Rockland Public Library*, 6:30-8 p.m.
- **Monday, October 28:** *Rockland Public Library*, 6:30-8 p.m., "Smallholder Agriculture in Developing Countries," a lecture by Jonathan Woolley.
- **Saturday, November 2:** *University of Maine Hutchinson Center, Belfast*, 8:15 a.m.-5 p.m., "Fish, Wind & Tide: Maine's Future Resources?" 2013 Penobscot Marine Museum History Conference. Get registration form at www.camdenconference.org.
- **Tuesday, November 5:** *Belfast Free Library*, 6:30-8 p.m., "Fresh Water Scarcity," a free discussion series. Advance readings available at www.camdenconference.org. Also **Saturday, November 9:** *Rockland Public Library*, 2-3:30 p.m. and **Tuesday, December 17:** *Camden Public Library*, 7-8:30 p.m.
- **Wednesday, November 6:** *The Strand Theatre, Rockland*, 5:30-7 p.m., "Bon Appétit! Food Goes Global," a lecture by Roger Dell and Dr. Keith Collins. \$12 Camden Conf. and Farnsworth members; \$16 non-members; \$6 students. Register at www.farnsworthmuseum.org or 596-0949.

For more information on the Camden Conference and for detailed descriptions of the Community Events, visit www.camdenconference.org, or call 236-1034.

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THE WIZARD OF OZ

The Original 1939 Movie

Sunday, October 20, 2 p.m.

The Strand Theatre, Rockland

Celebrate the 75th Anniversary of the release of The Wizard of Oz at this special one-time-only screening of a 35mm print from Warner Brothers! Presented by the Farnsworth Art Museum and The Strand Theatre, this musical adventure is a genuine family classic that made Judy Garland a star.

\$7.50 matinee pricing for all seats. Tickets available at the box office 30 minutes prior to the screening.




35mm Original 1939 Copy of "The Wizard of Oz" to Be Shown at the Strand October 20

The original poster for the premiere engagements of "The Wizard of Oz" featured lettering decorated by caricaturist Al Hirschfeld (1903-2003).

IMAGE FROM THE WONDERFUL WORLD OF OZ: AN ILLUSTRATED HISTORY OF THE AMERICAN CLASSIC BY JOHN FRICKE (DOWN EAST BOOKS)



The Farnsworth Art Museum and the Strand Theatre will present a one-time-only screening of the 1939 film "The Wizard of Oz" in its original 35mm Technicolor film format, at 2 p.m. on Sunday, October 20, at the Strand. The "library copy" of the movie will be shown in conjunction with the Farnsworth's exhibition "The Wonderful World of Oz: Selections from the Willard Carroll/Tom Wilhite Collection," which opened October 12.

The well-known family classic is considered the definitive film adaptation of L. Frank Baum's 1900 children's fantasy, in which Dorothy Gale, a young orphan girl living a drab black-and-white existence on a dusty Kansas farm, is whisked "over the rainbow" to a different world.

Tickets for all seats are \$7.50 and will be available at the box office on day of show, 30 minutes prior to screening. The exhibit "The Wonderful World of Oz" will continue at the Farnsworth through March 2014.

Filmmaker to Speak at Strand Screening of "Blood Brother" to Benefit HIV Children in India —



The Strand Theatre in Rockland will host a special screening at 6 p.m. on Sunday, October 27, of the award-winning documentary "Blood Brother," about Rocky, a young American who moved to India and found his calling helping the children at an orphanage for those infected with HIV. Filmmaker Steve Hoover will participate in a Q&A session after the film. Rocky, pictured here with some of the orphans, has worked in the village of Tamil Nadu for the past five years. All filmmaker proceeds are being donated to the children seen in the film and to HIV/AIDS initiatives. The film is not rated; tickets are \$8.50 for adults, \$7.50 for students and seniors. For more information, visit www.rocklandstrand.com or call 594-0070, extension 3.



New on DVD & Blu-ray

Just Released 10/15 —

PACIFIC RIM PG-13/Action/Dir: Guillermo del Toro (Charlie Hunnam, Idris Elba, Rinko Kikuchi) As a war between humankind and monstrous sea creatures wages on, a former pilot and a trainee are paired up to drive a seemingly obsolete special weapon in a desperate effort to save the world from the apocalypse.

Recent Releases —

42 PG-13/Drama/Dir: Brian Helgeland (Chadwick Boseman, T.R. Knight, Harrison Ford) The life story of Jackie Robinson and his history-making signing with the Brooklyn Dodgers under the guidance of team executive Branch Rickey.

EPIC PG/Animated Family/Dir: Chris Wedge (Colin Farrell, Josh Hutcherson, Beyoncé Knowles) A teenager finds herself transported to a deep forest setting where a battle between the forces of good and the forces of evil is taking place. She bands together with a rag-tag group of characters in order to save their world — and ours.

IRON MAN 3 PG-13/Action/Dir: Shane Black (Robert Downey Jr., Gwyneth Paltrow, Don Cheadle, Guy Pearce, Rebecca Hall, Jon Favreau, Ben Kingsley, Stephanie Szostak, James Badge Dale, Ty Broussard, William Sadler, Dale Dickey, Miguel Ferrer, Paul Bettany) When Tony Stark's world is torn apart by a formidable terrorist called the Mandarin, he starts an odyssey of rebuilding and retribution.

MUCH ADO ABOUT NOTHING PG-13/Romantic Comedy/Dir: Joss Whedon (Amy Acker, Alexis Denisof, Reed Diamond, Nathan Fillion, Clark Gregg, Fran Kranz, Sean Maher, Jillian Morgese) A modern retelling of Shakespeare's classic comedy about two pairs of lovers with different takes on romance and a way with words.

NOW YOU SEE ME PG-13/Action/Dir: Louis Leterrier (Jesse Eisenberg, Mark Ruffalo, Morgan Freeman) An FBI agent and an Interpol detective track a team of illusionists who pull off bank heists during their performances and reward their audiences with the money.

OBLIVION PG-13/Sci-Fi/Dir: Joseph Kosinski (Tom Cruise, Morgan Freeman, Olga Kurylenko) A veteran assigned to extract Earth's remaining resources begins to question what he knows about his mission and himself.

STAR TREK INTO DARKNESS PG-13/Sci-Fi/Dir: J.J. Abrams (Chris Pine, Zachary Quinto, Zoe Saldana) After the crew of the *Enterprise* finds an unstoppable force of terror from within their own organization, Captain Kirk leads a manhunt to a war-zone world to capture a one-man weapon of mass destruction.

THIS IS THE END R/Comedy/Dir: Evan Goldberg & Seth Rogen (James Franco, Seth Rogen, Jay Baruchel) While attending a party at James Franco's house, Seth Rogen, Jay Baruchel and other celebrities are faced with the apocalypse.

WORLD WAR Z PG-13/Action/Dir: Marc Forster (Brad Pitt, Mireille Enos, Daniella Kertesz) U.N. employee Gerry Lane traverses the world in a race against time to stop the Zombie pandemic that is toppling armies and governments, and threatening to destroy humanity itself.

In Our Theaters

mostly by Lisa Miller Week of October 18 – October 24
Short descriptions of movies that are playing locally

CAPTAIN PHILLIPS PG-13/Thriller/Dir: Paul Greengrass (Tom Hanks, Barkhad Abdi, Barkhad Abdirahman, Faysal Ahmed, Mahat M. Ali, Michael Chernus, Corey Johnson, Max Martini, Chris Mulkey, Yul Vazquez, David Warshofsky, Catherine Keener) The true story of an American captain whose freighter is boarded then hijacked by Somali pirates.

CARRIE R/Horror/Dir: Kimberly Peirce (Chloe Grace Moretz, Julianne Moore, Alex Russell) A remake of the Stephen King classic. Born with telekinetic powers, Carrie behaves strangely making her an outcast at school, while at home she endures an emotionally abusive mother. Carrie's thrilled when she's asked to the prom, but neither her mom, nor the mean kids are going to let her enjoy it. That's too bad since Carrie can't control her telekinetic powers when she gets upset, and she's about to be very, very upset.

CLOUDY WITH A CHANCE OF MEATBALLS 2 PG/Animated/Dirs: Cody Cameron, Kris Pearn (Bill Hader, Anna Faris, Will Forte) Flint Lockwood now works at The Live Corp Company for his idol Chester V. But he's forced to leave his post when he learns that his most infamous machine is still operational and is churning out menacing food-animal hybrids.

ENOUGH SAID PG-13/Romantic Comedy/Dir: Nicole Holofcener (Julia Louis-Dreyfus, James Gandolfini, Catherine Keener) A divorced woman who decides to pursue the man she's interested in learns he's her new friend's ex-husband.

ESCAPE PLAN R/Action/Dir: Mikael Hafstrom (Sylvester Stallone, Arnold Schwarzenegger, Jim Caviezel) Deceived and wrongly incarcerated by a super baddie, Ray Breslin has been dumped in an ultra-high-tech facility nicknamed "The Tomb." In order to accomplish a daring escape plan and bring his persecutors to justice, Breslin befriends, then recruits, German inmate Emil Rottmayer.

THE FAMILY R/Dark/Dir: Luc Besson (Robert De Niro, Michelle Pfeiffer, Dianna Agron, Tommy Lee Jones) The Manzoni family, a notorious Mafia clan, is relocated to Normandy, France, under the witness protection program, where fitting in soon becomes challenging as their old habits die hard.

FRUITVALE STATION R/Drama/Dir: Ryan Coogler (Michael B. Jordan, Octavia Spencer, Melonie Diaz, Ariana Neal) Oscar Grant, a 22-year-old Bay Area resident, wakes up on the morning of December 31, 2008, and feels something in the air. He takes it as a sign to get a head start on his resolutions: being a better son to his mother, being a better partner to his girlfriend Sophina, and being a better father to Tatiana, his four-year-old daughter. Then tragedy strikes.

GRAVITY PG-13/Sci-Fi/Dir: Alfonso Cuarón (Sandra Bullock, George Clooney, Orto Ignatiussen, Ed Harris) This plausible science-fiction thriller asks what would happen if three astronauts became separated from their spacecraft and set adrift in the void. Though they are trapped in a relatively low Earth orbit, the possibility of rescue is far from assured, as they search for a means to save themselves in this tense, thrilling drama.

IN A WORLD R/Comedy/Dir: Lake Bell (Lake Bell, Fred Melamed, Demetri Martin, Michaela Watkins, Ken Marino, Rob Corddry) Carol, a struggling vocal coach, strikes it big in the cutthroat world of movie-trailer voiceovers, only to find herself in direct competition with the industry's reigning king — her father.

INSIDIOUS: CHAPTER 2 PG-13/Thriller/Dir: James Wan (Patrick Wilson, Rose Byrne, Barbara Hershey) The haunted Lambert family seeks to uncover the mysterious childhood secret that has left them dangerously connected to the spirit world.

MACHETE KILLS R/Action/Dir: Robert Rodriguez (Danny Trejo, Alexa Vega, Amber Heard) Seeking to satirize violent B-movies, director Robert Rodriguez releases the second chapter of his "Machete" series. Summoned to the White House by the president, Machete is ordered to kill a Mexican revolutionary who is threatening to shoot a missile at the White House.

PRISONERS R/Thriller/Dir: Denis Villeneuve (Hugh Jackman, Jake Gyllenhaal, Viola Davis) When Keller Dover's daughter and her friend go missing, he takes matters into his own hands as the police pursue multiple leads and the pressure mounts.

RUSH R/Action/Dir: Ron Howard (Daniel Brühl, Chris Hemsworth, Olivia Wilde) A re-creation of the merciless 1970s rivalry between Formula One rivals James Hunt and Niki Lauda.

WE'RE THE MILLERS R/Comedy/Dir: Rawson Marshall Thurber (Jennifer Aniston, Jason Sudeikis, Emma Roberts) A veteran pot dealer creates a fake family as part of his plan to move a huge shipment of weed into the U.S. from Mexico.

THE WORLD'S END R/Comedy/Dir: Edgar Wright (Simon Pegg, Nick Frost, Martin Freeman) Five friends who reunite in an attempt to top their epic pub crawl from 20 years earlier unwittingly become humankind's only hope for survival.

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CALENDAR OF EVENTS



Historical Society Hosts Program on Fire Tower in Jefferson

The Mountain Hill Fire Look-Out Tower in Jefferson will be the topic of the Tuesday, October 22, meeting of the Jefferson Historical Society...

ty Center, 521 Main St., Damariscotta. Learn about Maine's new healthcare marketplace with Malory Shaughnessy of Maine Community Health Options...

Unity Woodlot Tour, 2-5 p.m. Join Sebecooc Regional Land Trust, Maine Forest Service and landowner Andy Reed for a tour of his recently harvested woodlot...

Public Potluck Supper, 5:30 p.m., People's United Methodist Church, Chapel St., South Thomaston. Casseroles, salads, beans and pie...

Lincoln County Dems Meeting, 911 Communications Building, behind the Lincoln County Courthouse in Wassisset. 6:30 p.m. social. 7 p.m. meeting...

Camden Conference Discussion, 6:30-8 p.m., Rockport Public Library. One in a series leading up to the 2014 Camden Conference on The Global Politics of Food and Water...

THURSDAY, OCTOBER 24:

Talk on "Brave" Pruning, 9:30 a.m., Congregational Church, Elm St. (Rte. 1), Camden. Landscape designer Tom Jackson on how good pruning means choosing and cutting big wood...

Panel Discussion on STEM, 5-7 p.m., Skidompha Library, Damariscotta. Senator Chris Johnson hosts the discussion on careers in Science, Technology, Engineering and Mathematics...

Olympia Snowe to Speak, 4-5:30 p.m., Abromson Center, Hannaford Lecture Hall, University of Southern Maine's Portland campus. The former U.S. Senator from Maine and author of Fighting for Common Ground...

Talk on Maine Granite, 7 p.m., Camden Library, 55 Main St. Stephen Haynes, director of the Maine Granite Industry Museum on Mount Desert, on the granite industry in the quarries of Knox County...

Cruising with Kids/Crucero con Niños, 7 p.m., Rockport Opera House. Aaron Henderson and Colleen Duggan of Camden, who just returned from an eight-month sail in the Caribbean with their kids — Ian, 11, and Julian, 8 — talk about their multicultural adventures...

COMING UP:

"Reclaiming the Water Commons: Water Ethics & Nature Rights in Maine," Fri., Oct. 25, UMaine Hutchinson Center, Belfast. The 10th annual Eco-peace Sustainability Training and International Affiliations conference opens 8:45 a.m. with a ceremony by Gkisedtanamoogk of Wampanoag Nation...

Bring-Your-Lunch Roundtable Discussion. \$10/SBC members free. Registration required: 563-1940.

Get the Most Out of Your Digital Camera, Fri., Oct. 25, 2:30 p.m., Spectrum Generations Coastal Community Center, Damariscotta. Professional photographer Robert Gorrill covers aperture, shutter speed and depth of field...

Yellow Dot Sign-up, Fri., Oct. 25, 2:30-5 p.m., Quarry Hill in Camden. The Yellow Dot program alerts emergency responders to look in your vehicle's glove box for key medical and emergency contact information...

Flu Shot Clinics, Pen Bay Healthcare's Kno-Wal-Lin offers the shots for \$30, payable by cash or check; free with Medicare or Blue Cross Anthem Card. Must be 18 or older. 9-11 a.m. Fri., Oct. 25, at Know-Wal-Lin, 605 Rte. 1, Newcastle; 11 a.m.-1 p.m. Tues., Oct. 29, at Knox Community Center...

Race Thru the Woods, Sun., Oct. 27, Hidden Valley Nature Center, 131 Egypt Rd., Jefferson. Choose whether you'll run a half-marathon or 5.5 miles. The races start at 9 a.m. and feature a mix of single and double-track trails over rolling, highly varied terrain with beautiful scenery...

ONGOING:

Pickleball Drop-In Clinic, Mondays-Thursdays, 6-7:30 a.m.; Mondays, 10 a.m.; Tuesdays, 1 p.m.; Thursdays, 10 a.m., Central Lincoln County YMCA, 525 Main St., Damariscotta. \$2/free for Y members. FMI: 563-3477.

Public Ice Skating, Mondays-Fridays, noon-2 p.m., with additional sessions 3-5 p.m. Tuesdays & Thursdays, Midcoast Recreation Center, Rockport. \$5/\$4 kids 12 and under. Rentals \$4.

Stitch & Spin Knitting Groups, Over the Rainbow Yarn, 18 School St., Rockland. General: Mondays/Thursdays, 6:30-8:30 p.m. Kid Friendly: Tuesdays, 10 a.m.-noon. After School: Tuesdays, 3-5 p.m. Daytimers: Wednesday, 10 a.m.-noon. FMI: 594-6060.

Sew Simple: Quilting with Carol-Ann, Mondays, 1-3 p.m., Spectrum Generations Coastal Community Center, 521 Main St., Damariscotta. All skill levels. Bring a sewing machine, fabrics and notions. \$6. FMI: 563-1363.

Belfast Chess Club, Mondays, 5-8 p.m., Bell the Cat, 15G Starrett Dr. All ages. Instructor Russell Kahn often attends.

ASTROlogically Speaking WITH ANANUR



Friday, October 18 — A Full Moon/eclipse will take place at 7:38 p.m. with the Moon at 25 degrees of Aries opposite the Sun at 25 degrees of Libra. Meanwhile Mars now in Virgo is opposite Neptune in Virgo...

Saturday, October 19 — Mars is still opposite Neptune as it was yesterday and will remain so until midnight. This aspect brings about misunderstandings based on unrealistic idealism...

Sunday, October 20 — From noon to 2 p.m. the Moon in practical, earthy Taurus will be opposite Mercury in Scorpio, which means we tend to be a bit suspicious and not terribly trusting...

Monday, October 21 — Mercury will turn retrograde at 6:29 a.m. until November 10. Remember, while Mercury is retrograde that you have to make extra efforts at communicating...

thinking, "they probably don't like me." While Mercury is retrograde, meditation, contemplation, or spending quiet time alone are greatly favored. Being active in the world is actually going against the tide at this time...

Tuesday, October 22 — From 10 a.m. to 2 p.m. Mars and the Sun are in an awkward aspect, stirring up trouble. Talk about patience? There's none to be found. From 6:30 to 8:30 p.m. is good for socializing while the Moon is aspecting Venus...

Wednesday, October 23 — The Sun will enter into the emotionally intense water sign of Scorpio at 2:10 a.m. and will remain there until November 21. The Sun is in a positive aspect with Neptune until Friday at midnight...

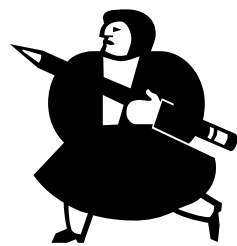
Thursday, October 24 — Mars is aspecting Jupiter until 7 a.m. this morning. Make a list of what you hope to accomplish today and do not add one more item to the list. The Sun is still aspecting Neptune, until Friday at midnight...

Ananur Forma lives in Rockland and can be reached for a personal astrological reading in person or by phone at 594-2565. Visit www.AstrologyWithAnanur.com.

8-8:30 a.m. day-of or in advance by calling 338-8000. FMI: hugh.curran@umit.maine.edu, emily.markides@umit.maine.edu or www.estiamaine.org.

Marketing 101, Fri., Oct. 25, 12:15-1:15 p.m., Skidompha Library, Damariscotta. Kim Traina of Jumpstart Creative is the speaker at the Skidompha Business Council's...

9x9 grid of numbers for a magic square puzzle.



A crossword puzzle grid with words like COLD, MIAMI, ARMADA, GRATA, ALAW, INGOT, DEICES, MINOR, MATA, SHAPE, ILLINI, ADAPT, OVERSTEP, MAE, DEMON, LEI, FAIRE, PUMA, BOD, POKE, ABC, FEE, BAS, IDO, VINEGAR, TOURER, LOSE, IOUS, NIP, ERIES, DIPS, RTES, BUMPS, ANNS, MOMENT, REPELS, PERK, MEGAPHONE, AYE, UNITS, DOE, LOOM, POLECAT, PENSIVE, GALES, RENEW, EPCOT, AMASSED, LENTILS, PEAR, IBM, EMOTE, TAV, CHICKADEE, TIED, STOVES, ENRICO, YELL, STRAD, SWIM, OILS, MELBA, NED, SEAS, LOBO, MERLOT, TATTERS, DIS, UKE, CUL, AWE, WIRE, UTA, LEAK, TASTE, IRA, EMILY, TEA, INKSPOTS, TIDAL, FLORET, REBAR, ERAT, CLEFS, LADIDA, AVILA, EZRA, HYDRA, ENAMOR, BEAST, SOAR.

Appleton Library Invites People to Personalize Pavers –

Appleton Library, at 2916 Sennebec Road, across from the Appleton Town Office, recently had paver stones laid around its building by Lamphere and Sons of Appleton. The stones are available for personalization, at \$25 for one name on one stone, or \$100 for five names on five stones. To reserve pavers, e-mail kkdjil@gmail.com by Friday, October 25. For more information, visit www.appletonlibraryme.org or call 785-5656.



Distinctive Tile and Design Moves to Rockland's Main Street

Distinctive Tile and Design will relocate from Maverick Street in Rockland to the building at 456 Main Street in Rockland, which is owned and managed by the Rockland Masonic Temple Corporation. The retail space was most recently occupied by Rock Coast Sports.

Larry Stoddard, owner of Distinctive Tile, says, "We have been in Rockland for eight years and are excited to expand to a gallery-style showroom with more styles and design possibilities to better service our customers."

Colin Grierson, president of the Masonic Temple Corporation, said, "We feel that Distinctive Tile is not only a good fit for the vacant retail space, but for the Masons as well, and that the business will be a good citizen for the downtown and bring more foot traffic to the northerly end of Main Street, which will benefit all the businesses at this end of the downtown."

Masonic Temple Board member Rodney Lynch, who handled the showings and negotiations on behalf of the Temple Corporation, said, "The Masons, who have been on Main Street for many decades, are pleased to be a part of the re-imaging and redevelopment of downtown Rockland and to be a part of the city's private economic development efforts. Lorain Francis of Rockland Main Street, Inc. was helpful in providing information on floor space rents and for passing on to us potential tenants who had contacted RMSI inquiring about the retail space. Surprisingly, there was a lot of interest in and competition for the first level of the building, any of which would have been an asset for the downtown."

Distinctive Tile is undertaking significant renovations of the retail space, with an opening slated for the end of October. Distinctive Tile and Design also has a showroom in Portland.

Member Appreciation Day, Open to All, October 19 at Rockland Co-op –

Good Tern Co-op, 750 Main Street in Rockland, invites everyone to its annual Member Appreciation Day on Saturday, October 19, from 9 a.m. to 6 p.m. Meet local growers, producers and makers, the board of directors, and some of the co-op's community outreach partners on that day. There will be face-painting and Jack-be-little decorating, tasty treats and samples, free coffee and additional member discounts. Anyone curious about co-op membership is especially invited. For more information, call 594-8822.



Animal Rescue Groups Host Family Fun Day in Rockland on Saturday –

Catahoula Rescue of New England and Three Duck Farm, both of Warren, will host a Family Fall Fun Day at Pet Quarters in the Shaw's Plaza in Rockland on Saturday, October 19, from 10 a.m. to 5 p.m. The day, which will include a judged pet costumed contest with prizes, pumpkin painting, crafts, games, raffles and a bake sale, is family- and pet-oriented. Catahoula Rescue is an all-volunteer group that advocates for homeless Catahoula Leopard dogs (pictured here) and Catahoula mixes and seeks to place them in permanent, loving homes. Three Duck Farm helps to rescue and re-home unwanted fowl and small livestock such as rabbits and pigs. Most activities will be free of charge, but a donation to either rescue will be appreciated. For more information, call Catahoula Rescue at 273-1320 or Pet Quarters at 596-9910.



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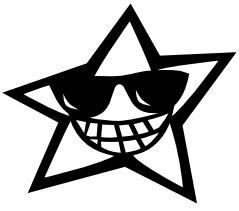
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Not all channels available in all parts of The Free Press circulation area.

Listings



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- 2 CKSH - French
3 UPN - WPME
4 FOX - WFPO
5 CBS - WABI
6 NBC - WCSH
7 PEG - Public
8 ABC - WMTW
9 TWCTV
10 MPBS - WCBB
11 PEG - Education
12 WB - WPXT
13 CBS - WGME
14 QVC
15 HSN
16 CHLT
17 Shop NBC

- 18 TV Guide
19 C-SPAN
20 C-SPAN2
21 ION
22 PEG - Government
23 GAC
24 Comcast Sports Net
25 ESPN
26 ESPN2
27 NESN
28 MTV
29 VH-1
30 Lifetime
31 Spike TV
32 CMT
33 Weather Channel
34 NECN
35 FOX News
36 CNN
37 Headline News
38 TOON
39 CNBC
40 MSNBC
41 truTV
42 TCM
43 INSP
44 TNT
45 Comedy
46 FX
47 USA
48 TBS
49 Oxygen
50 A&E
51 AMC
52 Ovation
53 Bravo
54 E!
55 HGTV

- 56 Food Network
57 Travel Channel
58 EWTN
59 Hallmark Channel
60 TBN
61 History Channel
62 TLC
63 Discovery
64 TV Land
65 BET
66 ABC Family
67 Nickelodeon
68 Disney Channel
69 Animal Planet
70 SCI-FI
71 TV-5
72 ONTV4
85 Local Access

FRIDAY EVENING OCTOBER 18, 2013

Table with 12 columns (Time slots: 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and rows of program listings including 'How I Met Myself', 'Big Bang Theory', 'The Middle', etc.

CORSON'S AUTO SUPPLY advertisement featuring NAPA logo, phone number 596-6554, address 212 Park Street, Rockland, and celebrating 24 years of business. Includes services like auto parts, paint, and shuttle service.

SATURDAY EVENING OCTOBER 19, 2013

Table with 12 columns (Time slots: 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and rows of program listings including 'Castle', 'MLB Baseball', 'Two and a Half Men', etc.

SUNDAY EVENING OCTOBER 20, 2013

Table with 12 columns (Time slots: 7:00, 7:30, 8:00, 8:30, 9:00, 9:30, 10:00, 10:30, 11:00, 11:30, 12:00, 12:30) and rows of program listings including 'Castle', 'MLB Baseball', 'NFL Football', etc.

MONDAY EVENING OCTOBER 21, 2013. Table with 13 columns (7:00-12:30) and 70 rows of program listings including shows like 'How I Met My Mother', 'Big Bang Theory', and 'The Voice'.

TUESDAY EVENING OCTOBER 22, 2013. Table with 13 columns (7:00-12:30) and 70 rows of program listings including shows like 'How I Met My Mother', 'Big Bang Theory', and 'The Voice'.

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WEDNESDAY EVENING OCTOBER 23, 2013. Table with 13 columns (7:00-12:30) and 70 rows of program listings including shows like 'How I Met My Mother', 'Big Bang Theory', and 'The Voice'.

THURSDAY EVENING OCTOBER 24, 2013. Table with 13 columns (7:00-12:30) and 70 rows of program listings including shows like 'How I Met My Mother', 'Big Bang Theory', and 'The Voice'.

CLICK & DRAG TALK CARS

Not Putting Car in Park Might Not Be Harmful, but Is a Bad Habit; Question of Dealer versus Aftermarket Parts Has No Easy Answer

DEAR TOM AND RAY: I met my fiancé in a car accident three years ago. I bumped into his car, and the rest is history. However, as luck would have it, the only time we argue is when it comes to driving and car care.

RAY: Well, the act of turning off the engine while the car is still in drive doesn't hurt anything, other than the chances that you're going to go with him to the altar.

TOM: But the reason he should break himself of this habit is because it's easy to then forget to actually put it in park.

RAY: Maybe you've done this yourself at some point? You pull up somewhere, you're a little distracted, so you turn off the ignition and take your foot off the brake.

TOM: Of course, it would be worse if you had gotten out of the car before it started to roll away. Luckily, the keys won't come out of the ignition unless the car is in park.

RAY: But in a car like yours, Michelle, with keyless ignition (where you just need to have the key in your pocket, and the car recognizes it electronically when you get in the car), it's one step easier to leave the car in drive, open the door, get out and walk away.

TOM: Now, that presupposes that you'd somehow miss the warning chime that would sound when you opened the door with the car in gear. But remember, you've already tried to turn off the car without putting it in park, so we know you're distracted.

RAY: So, while it's not mechanically harmful, Michelle, it could lead to a stupid mistake. So remind him that you're getting married soon. And tell him that means that if he does

ever leave the car in drive and lets your car roll into a fetid, alligator-infested swamp, there are a lot of years ahead for him to never live it down. Good luck.

DEAR TOM AND RAY: I have a Dodge Durango, 2000, four-wheel-drive. I have three faulty oxygen sensors (as detected by a scan); one of them may have oil-soaked wires. I'd like to replace them but have been told by a mechanic friend that I really ought to get actual Dodge parts from the dealer...

RAY: There's no single easy answer to this question about factory parts versus aftermarket parts.

TOM: Lots of aftermarket parts are just fine. In fact, some are exactly the same as the original parts, and are made by the same supplier.

RAY: But it's also possible to get cheap junk. We've had situations where aftermarket parts didn't perform the way they were supposed to.

TOM: In this case, Steve, I think it's fine to take a chance on aftermarket parts. Why? Because the labor is so minimal. An oxygen sensor is basically a plug-in part.

RAY: So if, by chance, the part you get doesn't do its job, you can unplug it, take it back for a refund and buy something else.

TOM: It's just that the labor is not. So if you were installing a clutch that took a weekend of labor, you wouldn't want to mess around with aftermarket parts unless you were really certain of them...

RAY: But in the case of things that are relatively easy to install and remove, especially on an older vehicle, I wouldn't hesitate to try a well-regarded aftermarket part.

su | do | ku

© Puzzles by Pappocom

Sudoku grid with some numbers filled in: Row 1: 2, empty, empty, empty, empty, empty, empty, empty, empty; Row 2: empty, 3, 5, 9, empty, empty, empty, empty, empty; Row 3: empty, 1, 4, empty, empty, empty, 5, empty, empty; Row 4: empty, empty, empty, 3, 4, empty, empty, empty, 6; Row 5: empty, 2, empty, empty, 5, empty, empty, empty, empty; Row 6: 8, empty, empty, empty, 2, 7, empty, empty, empty; Row 7: empty, empty, 8, empty, empty, empty, 4, 9, empty; Row 8: empty, 7, empty, empty, empty, empty, empty, 1, 8; Row 9: empty, empty, empty, empty, empty, empty, empty, empty, 3

HARD # 78

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9 with no repeats. That means that no number is repeated in any row, column or box.

Solution, tips and computer program at www.sudoku.com

Sudoku solution on page 44.

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ACROSS

- 1 Unfeeling
5 Orange Bowl city
10 Large fleet
16 Persona non —
21 — — unto itself
22 Gold brick
23 Scrapes the windshield
24 Young person
25 — Hari (Garbo role)
26 Physical condition
27 Urbana eleven
28 Cope with change
29 Go too far
31 Daisy — Yokum
33 Exorcist's quarry
35 Wahine's welcome
36 Laissez- —
37 Mountain lion
40 Iron pumper's pride
41 Prod along
42 The rudiments
45 Agent's take
46 College degrees
48 Familiar vow (2 wds.)
50 Cruet filler
52 Band member, often
54 Back the wrong horse
55 Promises to pay
57 Just barely win
58 Ohio Indians
59 Brief swims
60 101 and I-95
62 Knocks against
66 Blyth and Jillian
67 Instant
69 Drives away
71 Brew, as coffee
72 Bullhorn
74 Skipper's OK
76 Textbook divisions
78 Mother rabbit
79 Weaving machine
80 Skunk
83 Lost in thought
85 Freighter hazards
88 Avoid cancellation
89 Disney site
90 Piled up
93 Nutritious legumes

- 95 Bartlett or Seckel
97 Apple rival
98 Get melodramatic
100 Hebrew T
101 Bird feeder visitor
106 Deadlocked
108 Ranges
110 The Great Caruso
112 Warn loudly
113 Valuable viol.
115 Stay afloat
116 Old masters
117 Kind of toast
118 Jarrett of NASCAR
120 Mermaids' domains
122 Timber wolf
123 Dry red wine
124 Rags
128 Bad-mouth
129 Luau strings
130 — -de-sac
131 Blow away
132 Metal thread
133 Actress — Hagen
135 Plumbing problem
137 Take a sip
139 Novelist — Levin
140 Post of etiquette
142 Crumpet companion
144 Stubborn stains (2 wds.)
148 Kind of wave
150 Bit of broccoli
153 Concrete reinforcer
155 Was, to Ovid
156 Musical symbols
157 Hoity-toity (hyph.)
158 St. Teresa's town
159 Cornell or Pound
160 Serpent Hercules fought
161 Charm
162 Beauty's companion
163 Ride the updrafts

DOWN

- 1 Hunter's garb
2 Many a
Norwegian king
3 Behind schedule
4 Kind of fruit tree
5 More hazy
6 Exist naturally
7 Open-mouthed
8 Cleaning implement
9 Part of a list
10 Word of parting
11 Shinto or Zen (abbr.)
12 A thousand G's
13 Etching fluid
14 Cygnus supergiant
15 Noted sci-fi writer
16 FBI agent (hyph.)
17 Unburdened
18 Not digital
19 Kansas capital
20 More Bohemian
30 Bank vaults
32 Nave neighbor
34 Norse Zeus
38 DI, twice
39 Light incense to
41 Invigorate (2 wds.)
42 Varsity (hyph.)
43 Transported
44 Prompting
46 Little — —
47 Part of PBA
49 Production
51 Ballpoint point
53 Swap-meet deals
54 Depict by drawing
56 Spotted
59 Destine for trouble
61 Take a spill
63 "M*A*S*H" extra
64 Utah ski locale
65 Trapshooting
67 Conductance unit
68 Natural gifts
69 Grant audience
70 Sault — Marie
73 Desperado's fear
75 Rumormonger
77 Skulk around
81 Bauxite or galena
82 Cobbler's tool

Large crossword puzzle grid with numbers 1-163 indicating starting points for words.

- 84 Atomizer
85 Trot and canter
86 Scope
87 Weaker, as an excuse
91 911 responder
92 Pixels
93 Imposed taxes
94 Book copier of old
95 Snapshots
96 Kind of system
99 Hauls off
102 Port near Kilauea
103 Perry's secretary
104 Jostle
105 Raise spirits
107 Florentine poet
109 PC note (hyph.)
111 Secluded corner
114 Billy — Williams
117 Turns to slush
119 Storage container
121 Weathervane dir.
122 Leia Organa's sib
123 Riverbank burrower
124 Jerk
125 In a breezy way
126 Bought and sold
127 Repress
130 Dark lines on Mars
134 Adventurer
— Quatermain

- 136 Petal extract
137 Knee-to-ankle bone
138 "En garde" weapons
140 Joy Adamson's pet
141 "Star Wars" guru
143 Sheik, usually
145 Ricelike pasta
146 Rhet's hangout
147 Black hole, once
149 Olduvai loc.
151 Wheel part
152 Shoguns' capital
154 Night before



Crossword solution on page 44.

