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Gary Allen in Boston —

## Mr. Marathon Speaks from the Street and the Heart

by Christine Parrish

Copley Square, Boston, April 15

*"I finished the race and worked my way over to the media center; I was only in there for a little while and the first explosion went off and ... shook the building.*

*They locked the building down because it was literally ground zero. I've been there all day with ... the worlds' media and lots of elite runners in complete shock.*

*The official ceremony was supposed to go on this evening. That got cancelled.*

*It was surreal seeing President Obama address the nation and have the race clock still counting down below him.*

*They finally let us go outside ... there were SWAT teams, bomb-sniffing dogs, helicopters, FBI ... ambulances, fire trucks and hardly a runner to be seen.*

*I was one of the very few walking down the street and the couple I did see, we just held our hands out, palms up....*

*You can get blown up doing something like running a race now.*

*I cried."*

Gary Allen, 56, of Bar Harbor is widely known to Maine runners as Mr. Marathon. He's one of a handful of people

in the world who has run five marathons in under three hours over the course of five decades. He had completed the 26-mile Boston Marathon on Monday, April 15, when the two explosions occurred near the finish line in Copley Square, killing three, including an eight-year-old boy who was watching the race, and wounding 170.

Allen spoke on Facebook video from the streets of Boston on Monday afternoon and again, later in the evening.

*"I've got this medal around my neck. I am still in my running gear. I haven't had a shower yet, or anything to eat.*

*This medal, I would give it back in a heartbeat, and the other twenty like it, if everyone could be okay.*

*It's 8:30 at night. I've changed up. I'm going to go for a run.... I'm running right now, I'm running up Beacon Hill going along the Boston Common on my left, the capitol building straight ahead. My legs hurt, but my spirit doesn't.*

*The bastards who did this need to see us out there. The hell with them.*

*I guess my message is that ... whoever did this can't stop us and they can't take away what we love.... Yeah, so, I'm going to go for a run and see what I see on the streets of Boston."*

### FBI Wants Information and Images Regarding Explosions in Boston

The FBI continues to urge the public to call the FBI tip line at 1-800-CALL-FBI with any information regarding the explosions or those who may be responsible. Anyone with any digital media that may be helpful to the investigation, including video, audio and/or still images, is urged to provide it to the FBI via email at Boston@IC.FBI.Gov. If a file is too large to submit via email, call 1-800-CALL-FBI.



The big Blue Goose, the symbol of the National Wildlife Refuge system, in front of the visitor center in Rockland

## Ntl. Fish & Wildlife Award Goes to Maine Coastal Islands Ntl. Wildlife Refuge

Maine Coastal Islands National Wildlife Refuge, headquartered on Water Street in Rockland, is one of the recipients of the U.S. Fish and Wildlife Service's Rachel Carson Awards for Scientific Excellence for 2012. The award recognizes Service employees or groups of employees "who exemplify the best in scientific contribution and application to achieve extraordinary

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**ROCKLAND** - Breathtaking views of Penobscot Bay, Rockland Breakwater/Lighthouse, Owls Head peninsula & more... Soil tested for 3 bedroom septic. Lovely stone walls & starry nights. A bird-lover's paradise. Just 5 minutes to downtown Rockland shops & galleries. Owners will negotiate a view easement - There are several, beautiful, view-filled building sites. **\$149,000**

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- TREASURE PT. - LOT 7** - 2.8 acre waterfront lot. **\$175,000**
- LOT 8** - 4.3 acre waterfront lot. **\$225,000**
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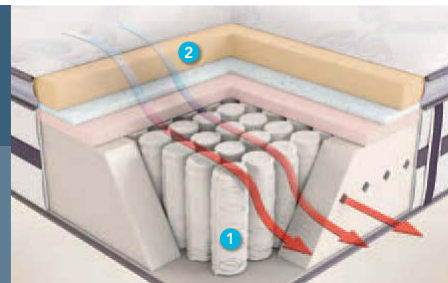
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## Joe Steinberger

### The Exumas

Good luck comes from your friends. I met Robie four years ago at the town landing in Rockland. I was out for a walk with my two-year-old son Takuma, noticed an interesting sailboat at the float, and decided to walk down the ramp for a closer look.

Robie was aboard, fiddling with a piece of gear as I have since learned is his habit. One thing led to another, and Tak and I invited him home for dinner.

Robie had had a varied career, first as mate on *Romance*, a 100-foot square-rigged ship, then a 20-year stint as a key grip in the movie business, then as a professional photographer in San Francisco, and now in semi-retirement in Maui. A union pension, royalties from his photographs, and various odds and ends keep him afloat, but in a small old boat that he maintains with his considerable energy and skill.

We did some sailing together that summer, by the end of which Robie had decided that the next summer he would head south. We saw him in the spring while he was fitting out, and then in October Tak and I flew down to Annapolis and spent a week sailing with him in the Chesapeake.

I kept up with Robie's progress south, and when this winter my wife Keiko decided to spend two weeks in April visiting Japan with our son, I called Robie to see if he wanted some company.

He was in Florida, just about to head out to the Bahamas. Yes, I was invited to join him.

Last week I flew down and we met in George Town on Great Exuma Cay. Now, as I write, we have been sailing for a week and have visited half a dozen of the closely spaced islands, called cays, that stretch for a hundred miles north from George Town.

The cays are small, mostly long and narrow, separated by narrow "cuts" that connect the deep waters of Exuma Sound on the east with the Great Bahama Bank, which extends 50 miles to the west.

For a sailor from Maine, the bank is a new and beautiful experience. When sailing in Maine, if you see the bottom you are in serious trouble. Here we sail hour after hour with the white sands, dotted with clumps of dark green grass, clearly visible just a few feet beneath our keel.

To look out over the waters ahead is to look at a painting. We navigate a seascape of blues, greens and yellows. With the bright sun overhead, the shallower, but still navigable, waters are painted a luminous turquoise. As this shades toward yellow, we are warned away from the too-shallow sands. Convenient channels of deeper blue have been carved for us by the tidal currents.

Through the deep cuts between the cays the tide runs especially strong. When the tide runs out against strong easterly trade winds, a "rage" of standing waves makes passage difficult, but in calmer conditions many of the cuts are easily navigable. It is possible to use the outside for fast passages in the deep rolling sea of the Sound. The special pleasure here, though, is to sail the blue-green waters inside, protected from the ocean waves by the cays.

Each morning, after a simple but leisurely breakfast, we pull up our anchor and sail for three or four hours through the beautiful shallow waters, passing a dozen cays or so to a new anchorage, perhaps in the lee of an uninhabited cay, perhaps in the harbor of a small Bahamian settlement where the inhabitants seem to enjoy meeting us as much as we enjoy meeting them. We swim, we fish, we hike, we eat, we sleep, and the next day the trade winds blow us farther along.

We are headed for the Exuma Cays Land and Sea Park, a stretch of cays that is protected by the Bahamian government with strict rules against fishing, harvesting shellfish, or otherwise disturbing the complex ecosystem of the sands and coral reefs. I have been practicing my snorkeling, a new skill for me, and have already recognized some of the characters from "Finding Nemo."

Robie and I have been getting along as well as can be expected for two old men who are set in their ways and forced to share a tiny space. As with all things, including, for example, navigating the beautiful shoals of these waters, life is a series of obstacles through which it is our pleasure to swim.

I asked Robie whether he agrees that good luck comes from your friends. He doesn't believe in luck, he says, but, yes, he is glad I am here.

## It could have been so much worse — and one day it will be The Boston Marathon Bombing

by Thomas McAdams Deford

The Boston Marathon attack was not 9/11. But the awful shock, that kick-in-the-gut feeling it created, brought back memories of that first, terrifying run-in with international terrorism. The death rate in Boston was minuscule, 1/1,000th of those lost on 9/11, but that it happened at one of the nation's happiest, carefree athletic events made it particularly painful, and not just for the memories it evoked. Sure, we'll continue to have marathons, parades, mass celebrations of one sort or another, but like our trips through airports these days, they'll be less carefree, more burdensome, less the innocent experience of our youth.

As President Obama said right after the bombing, Boston is a "resilient" city; Americans indeed are a resilient people. But look around: compared to much of the rest of the world over the past century, we have been lucky, we have experienced relatively little to be resilient about.

Coincidentally, Yemen was the subject of a talk at lunch at Maine's Midcoast Forum on Foreign Relations a few hours before the Boston bombing. Now, there's a country that needs resilience. It was poor 40 years ago; since then, the population has tripled. In the meantime, it's experienced civil war, ongoing low-grade insurgencies, terrorism. Three years ago, there were 300 or so al-Qaeda members in Yemen; today, after Obama's stepped-up drone campaign, that number has tripled or quadrupled. US drones have become the perfect recruiting tool for al-Qaeda. The country continues to disintegrate, moving towards failed-state status.

Other resilience exemplars? How about Iraqis? 20 years under Saddam Hussein, including an unnecessary and very bloody decade-long war with neighbor Iran; and then the US invasion, a hundred thousand or more dead, a million refugees. And now, terrorist bombings worse than Boston on an almost daily basis. Or Afghanistan? 30 years of war, first with the Russian occupation, later ours, and a future looming more bleak than the past.

But if life in Yemen or Iraq or Afghanistan has been terrible, what must it be like to live in North Korea? Our focus this last month has been on the self-parodying juvenile ruler of the country as he threatens to unleash nuclear war. But if he and the North Korean leadership is a sick joke, living there is anything but a joke. The population is perpetually on the verge of starvation, with hundreds of thousands in gulag-style forced-labor camps, while their cousins to the south enjoy a living standard second only to Japan in all of Asia. A single identity split in two: half, brainwashed slaves; half, prosperous and free. The unfairness, the randomness, of life.

Meanwhile, the death total in the Syrian civil war approaches 100,000, a footnote compared to the million or more that have died in the Congo's endless wars over the last 20 years. But Syria is still in the first act of what will surely be a five-act tragedy: once Assad is finally overthrown, the Islamists and the secularists, with support from their neighbors, will have at it for years to come.

In Egypt last weekend, ex-dictator Mubarak was dragged once again into court, with, according to press reports, something that looked like a smirk on his face: "I knew you'd miss me," he seemed to be saying. And, increasingly and with reason — the country broke, unemployment at record levels, unrest growing — they do. The Arab spring, the Arab rebirth, didn't begin two years ago; it began more than half a century ago when the colonial powers, the French and the

### The One Fund Boston

Massachusetts Governor Deval Patrick and Boston Mayor Tom Menino announced on Tuesday the formation of The One Fund Boston, the purpose of which is to raise money to help those families most affected by the bombing at Monday's Boston Marathon.

"I am humbled by the outpouring of support by the business community and individuals who are united in their desire to help; The One Fund Boston will act as a central fund to receive much-needed financial support," Governor Patrick said. "At moments like this, we are one state, one city, and one people."

The cornerstone donation to The One Fund Boston is a \$1 million commitment from John Hancock. Boston law firm Goodwin Procter has volunteered to organize The One Fund Boston and has applied for tax-exempt status with the Internal Revenue Service. If approval is received within the expected time frame, the tax-exempt determination will be retroactive to the date of the Fund's formation, which is April 16, 2013.

To contribute to The One Fund Boston, go to [onefundboston.org](http://onefundboston.org) or send a check to One Fund Boston, Inc., 800 Boylston Street #990009, Boston, MA 02199.

British, departed, leaving mostly artificial states in the hands of dictators, the population hardly better off than when the Ottomans had decamped 40 years earlier. When will Arab summer ever come?

The world is a rough place: as many as 20 million Russians were killed or starved to death under Stalin's leadership — and that was on top of the two million dead in World War I. 20 million? Mao may have killed twice as many of his countrymen. In England and France and Germany, a whole generation of men were wiped out by World War I. Six million Jews, a majority of that ancient race, tortured and killed by Hitler.

And of course, death on this scale didn't begin in the 20th century. The Black Death wiped out over 50 percent of Europe's population in the middle of the 14th century. Two centuries later, in the 1500s, estimates of the Native American population felled by European diseases range between a "low" of 75 percent and a high of 90 percent.

In our own civil war, of a population at the time of about 35 million, over 600,000 Americans were killed. Bad enough, but nothing compared to what so much of the rest of the world has seen since then.

Last month, when an asteroid struck pay dirt in Russia, there were a spate of articles about the dangers that asteroids potentially pose to our world. I suppose, if you take the long view — like a few million years — the risk of serious worldwide damage from an errant asteroid is real, but we've got much more serious threats in the century ahead.

President Obama, in an idealistic mode before he had to deal with the reality of the White House, talked about a goal of nuclear disarmament. We don't hear much about that anymore. But nuclear weapons — and their offspring — are the most serious threat we face. Not necessarily from Iran, nor even North Korea. And not just nuclear war, but the ability, down the road, for terrorists — like the Boston Marathon guy, be he a domestic nutcase or an international one — to build their own atomic weapons, suitcase-size, and explode them simultaneously in Grand Central and JFK, or the Maine Mall.

200 years ago, when James Madison was president, there was no electricity, no railroads; it took longer to get from Boston to the new capital in Washington than it had taken the Romans, 18 centuries earlier, to go the same distance. We've come a long way in 200 years. And we're moving forward — material progress — at an ever faster rate. But how will we control the worst among us? Will we be able to prevent destruction on a scale we've yet to see? The past, as they say, is prologue — and the past has seen terrible things. Have we, as humans, progressed so rapidly since Hiroshima and Nagasaki that we will be able to contain the destructive capabilities we, as individuals, increasingly possess?

In his evocative poem, "You, Andrew Marvell," about the rise and fall of nations, Archibald MacLeish, writing in the late '40s at the zenith of American power:

*And here face down beneath the sun  
And here upon earth's noonward height  
To feel the always coming on  
The always rising of the night*

Yes, indeed, it's good we are a resilient people.

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## Severe Storms More Frequent, Flood Insurance Going Up

by Christine Parrish

While the public discusses climate change, the number crunchers who determine insurance rates around the world are decisive: natural catastrophes are on the rise and so is the cost of insurance.

In North America, for example, hurricanes and rainstorms are increasingly frequent and severe. The number of storms started noticeably rising in the mid-1980s, then spiked upward in 2007. Year-to-year numbers vary, but the overall trend is clear: the risk of damage and loss from severe storms and flooding is climbing dramatically upward.

Munich Reinsurance, a resource that insurance companies use to establish rates, predicts that property loss related to devastating hurricanes and severe thunderstorms will continue to rise in North America but the cost for insuring against loss will be harder to predict as weather becomes increasingly erratic.

The climate does not warm evenly; instead, it creates uncertainty, with drought in some places, more fog on some coastlines, more storm surges, more freezing rain, less snow. Probability theory, a tool used to predict natural catastrophes and related insurance rates, still applies, but the uncertainty makes it more difficult to pin down the risk. In insurance terms, that translates into higher rates.

American towns and cities have largely ignored the predictions and not planned ahead to try to mitigate the damage before it occurs. A 2011 report on the vulnerability of flooding in New York City, for example, advocated the need for installing subway flood gates, covering ventilation grates, and building seawalls to minimize the damage of a big storm surge. It was largely ignored. When Hurricane Sandy hit New York a year later, it caused \$71 billion in damage.

The rocky coast of Maine has not generally been considered flood prone, but that, too, is changing.

The Federal Emergency Management Agency (FEMA) is currently updating the National Flood Insurance Program rate maps along the U.S. coastlines, with preliminary maps for Knox, Lincoln and Waldo counties scheduled to come out in October 2013. Final maps for these counties will be issued by 2015.

The maps are used to determine the rate for flood insurance, which is only offered from the National Flood Insurance Program to home and business owners if their municipality has adopted a flood ordinance, as most have in Maine.

## Battle Over Revenue Sharing Cuts Reaches the Next Stage

by Andy O'Brien

A vote last Friday to reject Governor LePage's proposal to suspend revenue sharing to towns and cities has touched off a messaging war between Republican and Democratic leadership. On April 12, the Democrats and one independent on the Legislature's Taxation Committee voted to restore all of the \$284 million in revenue sharing back into the \$6.3 billion biennial budget, despite unanimous Republican opposition. The revenue-sharing cuts represent the largest piece of an estimated \$425 million state cut in funding to municipalities, which also includes cuts in property tax relief programs, general assistance reimbursements, and shifting costs for teacher retirement.

In a letter to municipalities, Senate Republican Leader Mike Thibodeau (R-Waldo County) defended the governor's proposed cuts to municipalities, saying that it was necessary due to years of financial mismanagement by former governors and Democrat-controlled legislatures. Thibodeau cited "ballooning costs" in the DHHS budget due to the Democrats' 2002 decision to expand health care coverage for low-income residents. He added that federal funding for those programs has decreased in recent years. Thibodeau also said that while some Democrats have suggested raising sales taxes or rolling back some of the \$400 million in tax cuts passed by the Republicans in 2011, those measures would hurt taxpayers and businesses.

"Simply put, there isn't enough money to go around, given our current economic circumstance; and this is what led to the difficult proposal to temporarily suspend revenue sharing," he wrote.

However, Thibodeau's support for the budget proposals is at odds with several members of his own party, including

Homeowners that have a mortgage on their home are usually required to purchase flood insurance if they are in a high-risk area, and more will be after the flood maps are redrawn.

National Flood Insurance is available through private insurance agencies. The rate is set by FEMA.

The average cost of flood insurance in Maine is \$960, although rates vary, depending on the flood risk and other factors, particularly in low to moderate flood risk areas. High-risk areas along the low-lying coasts and waterways have higher rates, particularly if they were built prior to 1974.

Rebuilding after a flood, even when federal disaster assistance loans are available, is still much more expensive than flood insurance, according to Sue Baker, the floodplain coordinator for the state of Maine.

"Almost 25 percent of the flood insurance claims in Maine are from people who live in moderate to low risk flood areas," said Baker.

Flood insurance coverage is changing, too.

"As of January 1, 2013, buildings that are second homes will see increases in rates," said Baker. Under the new flood insurance rules, if a building is more than 50 percent damaged, the owner must comply with current ordinances when rebuilding. That could mean building farther back from the edge of the shore or one to three feet higher off the ground, or both.

"Here in Maine, we require new or substantially improved buildings to be built with the lowest floor at one foot above the base flood elevation. Some of our southern Maine coastal communities have adopted a two-foot freeboard, and Saco recently adopted three feet," said Baker.

The higher it's built, the lower the flood insurance premium, she said.

According to Patricia Moran Wotton, president of E.C. Moran Insurance Company in Rockland, rates for vacation homes in high-risk areas along the coast and rivers have gone up 25 percent this year and are likely to continue going up 25 percent per year for the foreseeable future.

"And flood insurance doesn't cover a flooded basement," said Wotton. It will if the whole area is considered flooded, but not if it's just one basement.

There is a 30-day waiting period from the time you buy a policy until it can take effect. To learn more about flood risk, see [www.floodsmart.gov](http://www.floodsmart.gov).

Assistant Senate Republican Leader Roger Katz (R-Kennebec). Katz has submitted a bill to dedicate 5 percent of the sales and income taxes to municipal revenue sharing, rather than the current 3.6 percent.

On Sunday, April 14, at a Tax Day event sponsored by anti-tax group Taxpayer's United in Lewiston, Governor LePage reiterated his opposition to the Democratic tax proposals.

"Now is not the time to raise taxes," he told the conservative audience.

This was followed by a response from the Maine Democratic Party calling the governor's budget "one giant gimmick to fool conservatives into thinking that he is not raising taxes."

"Let's be clear. Taxes are going up," the statement said. "The Governor's budget includes cuts to revenue sharing, the circuit breaker program and the homestead exemption, which are all designed to lower property taxes. If the Governor's budget were to pass, towns would have to offset the losses with cuts, and yes, property tax hikes."

Waldo County Representative Joe Brooks (U-Winterport), who sits on the Taxation Committee and voted to reject the revenue sharing cuts, said there are other options — like closing tax loopholes and raising sales taxes — but his Republican colleagues have not been interested.

"They don't see solutions to the problem and they're right there at the end of their nose," he said.

Brooks says he is submitting an amendment to raise the sales tax and meals and lodging tax by one percent to offset the cost shift to municipalities, which he says would raise around \$200 million a year.

He noted that the Taxation Committee has so far rejected some cuts to property tax relief programs, but the sticking point between Democrats and Republicans was revenue sharing. He said that although the committee would come back to the Appropriations Committee on Monday, April 22, with an unresolved \$400 million hole in the budget, he was confident it would be resolved if the Democrats and Republicans can work together.

So far more than 60 cities and towns — including Belfast, Camden, Boothbay, Rockland, Rockport, Thomaston and Waldoboro — have passed resolutions opposing the budget cuts to municipalities.



## Tax Hikes, Ranked-Choice Voting & More

by Andy O'Brien

Although the official "Tax Day" is behind us, for the Legislature's Taxation Committee, the tax season is just heating up. On the heels of the massive \$400 million cut in state taxes by the previous Republican-led Legislature, and Governor LePage's subsequent proposal to suspend over \$400 million in funding to municipalities, members of the new Democratic majority have submitted several proposals to raise taxes in order to offset losses in revenue.

On Tuesday, April 23, the Taxation Committee will hear Rep. Seth Berry's (D-Bowdoinham) LD 1113 An Act to Provide Tax Fairness to Maine's Middle Class and Working Families. The bill aims to equalize the tax rate on individuals making over \$250,000 with the average state and local tax rate that middle-income residents pay. Citing the Maine Revenue Services statistic that the highest-income Maine households currently pay an overall state and local tax rate of 10 cents per dollar, while the average Maine household pays a little more than 11 cents, Berry says he wants to even out the rates of income, sales and property taxes for all taxpayers in his bill. The legislation is still in concept form and it's not clear how the formula would be implemented.

On Tuesday the committee will look at several other Democrat-initiated bills that would increase taxes on high-income earners. The previous Legislature lowered the rate for those making over \$250,000 from 8.5 to 7.95 percent, but three bills would restore the top income tax rate back to 8.5 percent for individuals and married couples making over a certain amount. The threshold for the 8.5-percent bracket in the proposed bills ranges from \$100,000 to \$137,000 for individuals and \$120,000 to \$275,000 for married couples filing jointly. The sponsors call for the recouped revenue to go to funding education and revenue sharing.

Also being heard on Tuesday is Rep. Wayne Parry's (R-Arundel) LD 1110 An Act to Simplify the Tax Code, which would repeal the state income tax and replace it with an all-encompassing sales tax on all products and services.

On Friday, April 26, the Taxation Committee will hear several bills to increase sales taxes. LD 1141, sponsored by Rep. Ken Theriault (D-Madawaska) would increase the sales tax by one cent, where it would remain until revenue sharing to municipalities is restored to 5 percent. Rep. Matt Moonen's LD 1314 would increase the food and lodging tax from 7 percent to 12 percent. Rep. Sharri MacDonald (R-Old Orchard Beach) is proposing LD 427, a local option tax to allow municipalities to impose a 5-percent sales tax by referendum.

### Teacher-Led Model Schools and Charters

The Education Committee will consider a proposal to develop a grant program to establish more teacher-led model schools in Maine on Wednesday, April 24. Teacher-led schools replace the need for a principal. Currently the Reiche School in Portland is the only teacher-led school in Maine, after adopting the model in 2012.

Finally, on Friday, April 26, the committee will look at three more bills concerning charter schools, which are privately administered, publicly funded educational institutions. LD 1346 would establish a moratorium on new charter schools until the state funds public schools at 55 percent and also allows charter school employees to join unions. LD 1349 would designate the Legislature as the sole authorizer of new charter schools, not the Maine Charter School Commission, which currently grants charters.

### Mom Rights Day in Judiciary

On Wednesday, April 24, the Judiciary Committee will hear several bills concerning mothers and children. LD 777, An Act to Protect Working Mothers Who Breast-feed, would make it unlawful employment discrimination under the Maine Human Rights Act for an employer to fail to provide certain workplace accommodations for an employee with a nursing child. LD 830, An Act to Further Protect Pregnant Women under the Maine Human Rights Act, would prohibit employers from failing to provide certain accommodations to an employee who is pregnant. Two bills sponsored by Rep. Stacey Guerin (R-Glenburn) would require licensees that operate gambling facilities to intercept the winnings of individuals with outstanding child support and forward the money to the Department of Health and Human Services.

### Ranked-Choice Voting and Run-Off Elections

In the past two gubernatorial elections, due to the increased presence of third-party and unenrolled candidates, the successful candidate was elected with less than 40 percent of the vote. The most recent case was when candidates Libby Mitchell and Eliot Cutler split the moderate and liberal vote down the middle, resulting in a win by the much more

EYE ON AUGUSTA continues on page 35

### Two Corrections—

1. Correction to last week's front-page article about foreclosure abuses in Maine and across the country — The appeal filed by Aurora in the Oathout case was filed 22 days after the final order dismissing the case, while the rule allows only 21 days. The Aurora filing was one day late, not 22 days late, as reported in the print version and original online version of our article.

2. In last week's article about Fiore Artisan Olive Oils and Vinegars being named Maine's Woman-Owned Small Business of the Year by the Small Business Administration, we mistakenly identified Chris Young's affiliation. Young, who nominated Fiore for the award, works for Bar Harbor Bank & Trust.





## TAKE HEART

A Conversation in Poetry

Edited & Introduced by Wesley McNair,  
Maine Poet Laureate

Today's column features three poems about arrivals that celebrate spring in Maine.

### Spring Thaw

by Ruth F. Guillard

Night, early April  
White rivers of rain, snowmelt  
Roar over the rocks  
Scouring the steep slopes  
Tripping over grey boulders  
Hillsides echoing

Every spring I wait  
For this sweet sound of release  
The earth rejoicing.

### Loon Return

by Carol Bachofner

Long ribbons of loons  
descend through a cleft  
in the spreading morning;  
resplendent in formal attire,  
they dip into icy meltwater ponds.  
Beautiful, eerie laughter heralds  
oncoming spring, breaks the boreal  
winter silence with its return.

### Growing Lettuce

by Henry Braun

I have broken soil  
and run a line in the blackness with my finger  
and dropped the flea-like seeds in  
too thickly.

Even so, even so,  
the lettuce comes, standing room only,  
as a favor to a first try  
and is a shy green.

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FoodCorps Service Member Genna Cherichello planting the Penn Treaty Elm in May 2012

## Public Invited to Help Plant Orchard at Youthlinks in Rockland

The public is invited to help the Oceanside East High School Foundations Program plant an orchard at Youthlinks, 420 Broadway in Rockland, from 8 to 10:30 a.m. on Friday, April 26.

The orchard will include seven apple trees, three peach trees and three plum trees. Volunteers are needed to assist with digging, amending soil, and planting and mulching trees, and will be provided bagels and spreads prepared by student chefs in the Foundations Program.

The orchard was donated by ReTreeUs, a nonprofit dedicated to promoting an environmentally sustainable, socially just food system. ReTreeUs plants orchards at schools and provides educational programs to empower young people and their families to grow their own home gardens.

Oceanside East High School Foundations students, under the supervision of teacher Jesse Bartke, have spent the year earning English, science and general credits by learning to garden, cook, row and perform other healthy living skills. Youthlinks, a program of Broadreach, hosts the school garden and Youthlinks AmeriCorps VISTA/Great Strides Volunteers conduct youth development and food education programs.

Partners in the effort include Youthlinks, Good Tern Natural Foods, the University of Maine Cooperative Extension of Knox-Lincoln Counties, and Loring & Associates. Good Tern lends support through its membership and produce departments. Loring & Associates consults with the group on how these initiatives will drive community and economic development. Station Maine, which offers boating opportunities at no cost to midcoast youth, will harvest seaweed with students and donate it to mulch the trees. For more information, contact FoodCorps Service Member Genna Cherichello at [genna.cherichello@foodcorps.org](mailto:genna.cherichello@foodcorps.org).

## Eco-Warnings to Appear on Damariscotta Area Storm Drains

Damariscotta River Association (DRA) invites the public to help stencil the message "No Dumping! Drains to River" on stormwater drains in the Newcastle-Damariscotta area whose effluent empties into the river unfiltered and untreated. A stenciling workshop will be held on Tuesday, April 23, at 10 a.m. at the upper parking lot of the Town of Damariscotta Municipal lot on the Police Department side (rain date Wednesday, April 24, at 10 a.m.). Teams of three or four will then have the next three days to stencil drains in the Twin Villages. A map of drains, all supplies and specific instructions

will be provided. For more information, call the DRA at 563-1393 or e-mail [dra@damariscottariver.org](mailto:dra@damariscottariver.org).

The more than 30 stormwater drains along roadways between Newcastle and Damariscotta do not connect to the filtration systems at the Great Salt Bay Sanitary District, but instead all drain directly into the Damariscotta River and its tributaries.

The stenciling project is one of the activities taking place during Earth Week that the DRA, the Twin Villages Alliance, the Towns of Damariscotta and Newcastle and other organizations and businesses are collaborating on.

## Climate Change Forum at USM April 25

The Environmental & Energy Technology Council of Maine (E2Tech) will host Climate Change Adaptation: The Maine Response to Planning, Economic & Engineering Challenges, a forum of Maine climate adaptation experts, on Thursday, April 25, at the Wishcamper Center on the USM Portland campus. A networking breakfast will be held from 7:15 to 8 a.m., and the forum will take place from 8 to 9:30. For more information, visit [www.e2tech.org](http://www.e2tech.org).

Forum guests will discuss likely impacts of climate change and the planning needed to design and build

infrastructure — some of which may be underwater — in the face of various climate scenarios.

The 2010 Maine Department of Environmental Protection (DEP) report "People and Nature Adapting to a Change in Climate" contained 60 recommendations, including to create a plan to adapt to and mitigate climate change effects; that plan stalled. The current Maine Legislature is considering legislation directing DEP to "resume its study on climate change" and submit a plan by February 2015.

## Call for Volunteers for Spring Cleanup at Pen Bay Y

Penobscot Bay YMCA, 116 Union Street in Rockport, invites the public to help with Operation Spruce Up on Monday, April 22, from 9:30 to 11:30 a.m. Volunteers will be

able to choose their project: to help clean up the outdoor playground, pick up litter, sweep the sidewalks or rake the grounds. No need to call ahead, just bring gloves and stop by.

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## A Look at the Legislature's Energy Priorities

by Andy O'Brien

On Thursday, March 21, legislators, academics, renewable energy businesses and environmentalists gathered for a discussion on clean energy policy in Augusta, sponsored by the Environmental and Energy Technology Council of Maine (E2 Tech). The conference featured committee co-chairs Rep. Barry Hobbins (D-Saco) of the Energy, Utilities and Technology Committee and Sen. Jim Boyle (D-Cumberland) of the Environment and Natural Resources Committee.

### Natural Gas in the Legislative Pipeline

"Many of us are beginning to rethink our positions on natural gas," said Hobbins in his opening remarks.

A lobbyist from the powerful Augusta firm Preti Flaherty Beliveau & Pachios asked him for specifics.

Well, Hobbins replied, "Our committee is still waiting for several bills relating to natural gas. In fact, one of the bills has been drafted by your law firm."

According to the US Energy Information Administration, Maine has the lowest utility costs in New England, but they are 27 percent higher than in the rest of the US, which cuts into the profits of local businesses, making them less competitive with other states.

Current legislation aims to change that by taking advantage of natural gas resources in New York, Pennsylvania and West Virginia, as the price of the fuel has plummeted in recent years. However, Hobbins added that investments in natural gas are already happening in Maine without legislative action. Falmouth, Yarmouth and Cumberland have already started reaching out to gas companies to expand pipelines into their towns.

### Rep. Fredette's Proposal to Subsidize Gas Pipeline Expansion

Hobbins said the most notable of natural gas bills before his committee is the legislation sponsored by House Republican Leader Rep. Ken Fredette (R-Newport). LD 1262, An Act to Reduce Energy Costs, would allow the state to issue bonds to finance natural gas pipeline expansion and give the Public Utilities Commission (PUC) the authority to direct transmission and distribution utilities to assess ratepayers "for the cost of an energy cost-reduction contract." Fredette's other natural gas bill, LD 1187, would set up the Maine Energy Cost Reduction Authority for the purpose of entering into energy cost-reduction contracts with natural gas generators by selling capacity in natural gas pipelines. The bill would also allow the seizure of land within the natural gas corridor by eminent domain.

At a public hearing on April 11, supporters argued that since a third of Maine electricity comes from natural gas powered generators, the legislation has the potential to lower electrical and heating costs for all Mainers. Several large manufacturers strongly supported Fredette's bills, but others — including utilities, oil dealers, environmental groups, and Democratic committee members — were skeptical of subsidizing gas pipeline expansion.

"There are times when, even on our conservative Republican principles, we realize that there are imperfect markets," Fredette said, defending his bill. "And if there are going to be imperfect markets, there are times and places where government intervention is appropriate," said Fredette in defense of his bill.

Dylan Voorhees of the Natural Resources Council of Maine was cautious about the proposals.

"The fact is that natural gas is not going to provide a solution for most Maine people," said Voorhees. "Long term, we don't know what the price of gas will be, not everyone is going to be on a gas pipeline, and it's very expensive to convert [to natural gas]."

Also speaking against the measure, the Maine Energy Marketers Association (MEMA), which represents oil dealers, argued for a more holistic approach to lowering energy costs. "If socializing the costs in order to reduce ... prices is the objective, we respectfully suggest that the state socialize proven cost-reduction strategies that benefit all Mainers regardless of fuel types and fund weatherization and efficiency upgrades," said MEMA President Jamie Py.

### Investing in Efficiency

"When you invest in energy efficiency, you avoid having to buy more production energy, production capacity, transmission capacity, distribution capacity, emissions, and avoid having to pay for new scrubbers on power plants. Rate payers and everyone gets benefits," said Doug Farnsworth, senior associate for the Regulatory Assistance Project (RAP), a non-profit focused on economic and environmental sustainability.

"No matter what fuel switch we do, we must look at energy efficiency and conservation as part of it," said Hobbins. "Anyone who doesn't is fooling themselves. Even [Governor LePage] is moving reluctantly on it," Hobbins said.

The Efficiency Maine trust, a public program funded through charges to electric ratepayers and the Regional Greenhouse Gas Initiative (RGGI) as well as some federal money, provides energy-saving programs to residents and businesses.

That includes cash incentives and rebates, free energy audits, low-cost loans and educational training.

According to Efficiency Maine, efficiency programs have saved \$400 million a year in energy costs since 2002. From 2010 to 2011, the trust's benefit-to-cost ratio was 2.58, meaning that every dollar spent generated 2.58 in lifetime economic benefits.

But as Doug Baston of North Atlantic Energy Advisors told the conference participants, the American Council for an Energy Efficient Economy dropped Maine from 12th in the nation in energy-efficiency investment to 25th in 2012, behind all other states in New England.

Baston, who was a program manager at Central Maine Power (CMP) in the 1980s, said that CMP used to have one of the most effective energy-efficiency programs in the country, but changed course during the late 1990s during Maine's deregulation of the electrical energy market. He said in most states, energy-efficiency programs are administered by the utilities, but since CMP and Bangor Hydro have shown little interest in such policies, Maine is one of only two states that runs it through a public program.

As a result, Baston said that energy-efficiency debates have become unnecessarily partisan, most notably when Governor LePage famously referred to some of Efficiency Maine's energy conservation programs as "another word for Ponzi scheme" in 2011.

"The problem in Maine is that because utilities don't run the programs, the link between programs and benefits are less clear," explained Baston. "Policymakers tend to view the programs as subsidies to businesses and homeowners and not the acquisition of a resource, leading to an impulse to design programs through legislation."

CMP spokesman John Carroll said he did not know the history of CMP's policy on energy efficiency, but he said that the company is sensitive to increased charges on ratepayers to fund these programs. The state might mandate the charges, but the company has to answer to complaints from customers. He also noted that some of the funding does not specifically go to fund electricity conservation programs.

"When those rates are collected by electricity providers from customers, they may go for reducing heating oil use or natural gas use," said Carroll. "Not that it's not a good public policy goal to weatherize a home, but you question the fairness of adding the fee to an electric bill but not necessarily a heating bill."

### PUC Plan to More than Double Maine's Energy-Efficiency Investments

In March, the PUC approved a plan to more than double Maine's energy-efficiency investments by increasing the System Benefit Charge to ratepayers, which would raise funding from \$13 million a year to \$30 million over a three-year period. According to Environment Northeast, a non-profit focused on clean energy and climate change issues, the plan would drop Maine electricity rates 6 percent by 2025 and boost Gross State Product by \$1.4 billion. The PUC estimates the plan will save \$500 million in energy costs over the life of its efficiency investments.

However, Governor LePage criticized the PUC plan in his April 6 radio address, stating that it would add \$8 to \$20 more a year for individual ratepayers and will pose a financial burden on businesses. Citing high electricity costs and even higher heating costs in Maine, the governor said he intends to switch the funding from electricity programs to increase incentives for consumers to purchase heat pumps, wood pellet furnaces, natural gas systems and high-efficiency oil burners. He said he also would like to eliminate the Systems Benefit Charge for industrial users in an effort to spur economic growth.

The Governor's Energy Office said that the administration is also interested in increased funding for weatherization projects, but offered no details on the plan.

According to the US Department of Energy, sealing, insulating and tightening up homes can save 32 percent on fuel consumption. Hobbins pointed out that Maine has set a goal to weatherize 100 percent of the state's homes and 50 percent of businesses by 2030. In 2009, a surcharge on barrels of oil was proposed to generate funding to weatherize half of Maine homes by 2020, but the proposal was defeated after strong conservative opposition.

### Statewide Efficiency Standard for All New Buildings

Also on the Legislature's efficiency agenda is a measure to return Maine to a statewide energy-efficiency standard for all new buildings, outlined in the Maine Uniform Building and Energy Code (MUBEC). Originally adopted in 2010, in 2011 the Republican-controlled Legislature rolled back requirements to exempt municipalities with populations under 4,000, which amounted to roughly half the state. LD 977, sponsored by Rep. Anne Graham (D-North Yarmouth) would make MUBEC a statewide code again. However, Governor LePage is opposed to the measure, as he believes it constitutes a mandate on towns and cities.

On Tuesday, April 23, the Energy and Utilities Committee will consider two bills to provide increased funding for efficiency programs. Senator Boyle has also recently submitted LD 1426 An Act to Improve Maine's Economy and Lower Energy Costs through Energy Efficiency to address long-term funding of energy-efficiency and weatherization projects in the Efficiency Maine Trust.

Rep. Barry Hobbins:

*"Many of us are beginning to rethink our positions on natural gas."*

Rep. Ken Fredette:

*"There are times when, even on our conservative Republican principles, we realize that there are imperfect markets. There are times and places where government intervention is appropriate."*

Dylan Voorhees, Natural Resources Council of Maine:

*"The fact is that natural gas is not going to provide a solution for most Maine people."*

### Incentivizing Local Production & Distribution "Unlikely to Be a Priority"

A number of bills to expand net energy billing for small electrical generators will be heard by the Energy and Utilities Committee on Tuesday, April 24. Under current law, homes and businesses with small solar or wind generators can receive credits for excess energy sold back to the grid. They can then redeem the credits for grid power when they are not generating electricity. A 2009 law expanded allowable capacity of these projects to 660 kilowatts and allowed shared ownership of the generator with up to 10 meters. For instance, if you own 20 percent of a project generating 300 kilowatts, 60 kilowatts will be taken off of your electric bill for the year.

LD 1146, sponsored by Ann Dorney (D-Norridgewock), would expand the allowable capacity of alternative energy projects to 2 megawatts, which she says is the equivalent of 10 acres of solar panels or one large wind turbine. According to Ben Axleman of Massachusetts-based Citizen Energy Corporation, this would generate enough capacity to power 300 homes. Under current law, energy credits expire after one year from the month they are generated. Rep. Dorney's bill would not let energy credits expire and would let people who don't own the project use those energy credits. That would allow people who can't install alternative energy generators for various reasons to purchase that energy from other small generators, such as a neighbor.

Testifying in support of the bill, Axleman noted that under Maine's current law, an individual, company, or group of individuals or companies can only qualify for net metering if they own the project themselves and use all of the energy that the project produces. He said that this law makes renewables less accessible for average people due to installation costs and the time it takes to get a payback, which can often be up to 10 years.

"Opening up net energy billing to allow other ownership models would allow individuals and companies to recoup some of their investment by selling a portion of the credits they generate to other interested parties," said Axleman. "It would also allow renewable energy companies to build, own and operate projects and assign their credits to customers who would like to buy renewable energy but do not have the wherewithal to build projects themselves."

Axleman noted that under Massachusetts' 2008 Green Communities Act, which is similar to Dorney's proposal, projects owned by third parties often sell their net billing credits to customers at a discount to remain competitive.

"Three solar energy projects that my company recently built are selling net metering credits to a town, a dairy business, and a governmental agency, and providing them significant savings on their electric bills," Axleman said.

The Green Communities Act is the law that has facilitated the creation of community solar farms mentioned in a previous Free Press story, "Solar Turns Mainstream."

LD 1146 was not supported by the Governor's Office or the major utilities, Bangor Hydro and CMP, who argued that the policy would require ratepayers to subsidize these small renewable projects. They argued that not letting the credits expire and expanding the allowable generator capacity would permit renewable energy users to bypass transmission and distribution charges and sell power directly to customers, with ratepayers picking up the tab.

"All of these provisions would significantly expand the number of customers who are exempt from paying electric transmission and distribution costs — costs that are fixed, and have to be paid by some entity," said Patrick Woodcock of the Governor's Energy Office. "The policy question before the committee is to what degree should ordinary ratepayers be asked to subsidize net energy billing customers?"

Defending the bill, Axleman argued that current law states that if these small generators reach one percent of the utility's peak demand, they will come under review by the PUC. He said the proposal would not increase costs for other ratepayers, but suggested that a tiered system should be implemented in which small, household-sized projects receive close to retail rate for their generated power and larger projects receive wholesale rates.

Other bills concerning net billing for small renewable projects will be heard on Wednesday, April 24, in the Energy and Utilities Committee.

Speaking at the E2 Tech conference, Rep. Hobbins said he didn't think net billing legislation would gather much traction in the Legislature. He said he supported the intent of incentivizing local production and distribution of energy, but that it was unlikely to be a priority.



## Class B Commercial Truck Driving Course Begins May 13

Mid-Coast School of Technology Adult Education will hold a six-week Class B Commercial Truck Driving course beginning on Monday, May 13.

The course will prepare students to drive straight-body box trucks, dump trucks and fuel delivery vehicles, and conforms to State Bureau of Motor Vehicles curriculum and standards. It is approved for funding by the Veterans Administration and many state agencies. Course tuition includes permit exam preparation and fee, drug testing, road and range training, and two attempts to pass the road exam. Applicants must hold a valid Maine driver's license. For more information and an application, call 596-7752.

## Free Course in Personal & Family Money Management

Women, Work and Community will offer "My Money Works," a free class, for women and men, in personal and family money management, at the Camden Public Library, from 6 to 8:30 p.m. on four Tuesday evenings beginning April 30. The class will meet in the History Center on the library's second floor. Registration is required by Tuesday, April 23; contact Linda Buckmaster at 596-2615 or [lsbuck@maine.edu](mailto:lsbuck@maine.edu).

The class can help build skills and confidence for achieving financial stability and setting personal financial goals, paying bills, reducing debt, saving, and planning for retirement. A follow-up session will be available for additional networking and support.

Successful completion of the class meets one of the requirements for the Family Development Account (FDA) matched savings program, which can help income-eligible individuals and families to buy a home, pay for education, or start or expand a small business. Participants open a savings account to save toward their identified goal, and the savings will be matched upon withdrawal for approved purchases, with each dollar saved matched by four additional dollars.

Women, Work, and Community is a statewide women's economic development organization in Maine, administered by the University of Maine at Augusta/University of Maine System, and serves men as well as women.

## Dog Obedience Class Starts April 23 at MVHS

Marisa Murray will teach a basic dog obedience class for dogs ages 6 months and older, presented by the RSU 40/MSAD 40 Adult Education Program. The class meets from 6 to 7 p.m. on Tuesdays for six weeks, from April 23 to May 28, at the UMaine Cooperative Extension Office, 377 Manktown Road, Waldoboro. Fee is \$65. To register, call 832-5205, or go to [www.msad40.maineadulted.org](http://www.msad40.maineadulted.org).



**Slide Talk on Products Once Manufactured in Belfast** — Belfast Historical Society will present "Made in Belfast," a free slide presentation by society president Megan Pinette, at 7 p.m. on Monday, April 22, in the Abbott Room of the Belfast Free Library. The talk will focus on the history of the many items manufactured in downtown Belfast factories. While known as the Broiler Capital of the World during the mid-20th century, prior to that time there were many items manufactured in factories in downtown Belfast, from shoes and men's pants and vests to furniture, carriages and bottled soda. Belfast Historical Society meetings, free and open to the public, are held on the fourth Monday of the month, April through October. For more information, visit [www.belfastmuseum.org](http://www.belfastmuseum.org).

## Talk on Civil War Sharpshooters from Rockland to Include Pictures and Artifacts

Rockland Public Library and the Rockland Historical Society will host a free talk by Captain Dave Sulin about the Union Army sharpshooters from Rockland who fought at Gettysburg, on Tuesday, April 30, at 6:30 p.m. Sulin will wear the uniform of a captain of U.S. Sharpshooters and will display photos and artifacts from his personal collection. Special accommodations for persons with disabilities can be made with 48 hours' notice; call the library at 594-0310.





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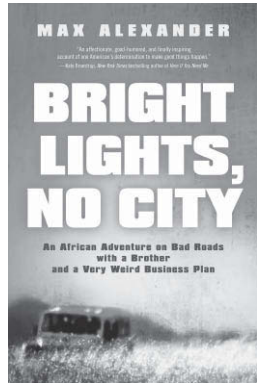




## Author of *Bright Lights, No City* Speaking in Belfast This Sunday

Left Bank Books in downtown Belfast will present its fifth and final Winter Lyceum program this Sunday, April 21, from 3 to 4:30 p.m. with Max Alexander talking about his new book, *Bright Lights, No City: An African Adventure on Bad Roads with a Brother and a Very Weird Business Plan*. The program is free and the public is invited.

In 2009, Alexander, a former senior editor with People and executive editor of Variety, decided to tag along to Ghana as his younger brother, a former Microsoft executive, launched a new career in "creative capitalism," the concept that had been introduced in 2008 in a speech by Bill Gates at the Davos Forum. The idea was that, rather than use charity to lift the poorest people out of poverty, businesses could use the power of the marketplace to develop solutions that improved people's lives. For Alexander's brother, the solution was a rechargeable battery that would be rented, not sold, to off-the-grid vil-



lagers, and longer-term would create jobs and profits. For Alexander, the goal was a story, and he tells it in his new book.

"What kind of business models work in really poor and possibly dangerous places," Alexander writes, "and who invests in them? Can you find competent employees? Don't these countries have absurdly bureaucratic regulations that hamper start-up business ventures? Are you even allowed to repatriate profits? Is there FedEx? What happens when the dictator dies? Aren't there crocodiles and snakes? On these and scores of other pressing real-world questions, the experts were silent and the only sound coming from the developing world was the hum of the tse-tse fly."

*Bright Lights* is part travelogue, business book, philanthropic adventure, and comedy of errors (with two adult brothers not yet beyond bickering).

To reserve a seat for Sunday's program, order a signed book, or for more information, call Left Bank Books, 338-9009.

## Colin Woodard to Speak at Senior College Spring Luncheon

Colin Woodard will be guest speaker at Coastal Senior College's (CSC) annual spring luncheon on Friday, May 3, at the Samoset Resort in Rockland. Doors open at 11:30 a.m. for the noon serving and the public is welcome; choice of entree is oven-roasted Atlantic salmon or vegetarian lasagna. Tickets are available by calling 1-800-286-1594 weekdays until Monday, April 29. Cost for non-members is \$25, paid by credit card when making reservation.

Woodard, currently state and national affairs reporter at the Portland Press Herald/Maine Sunday Telegram, recently received the George Polk Award for Education Reporting for his special report, "The Profit Motive Behind Virtual Schools in Maine."

His books include *Ocean's End: Travels Through Endan-*

*gered Seas* (2000), *The Lobster Coast: Rebels, Rusticators, and the Struggle for a Forgotten Frontier* (2004), and *American Nations: A History of the Eleven Regional Cultures of North America* (2011).

It was recently announced that John Malkovich will play Blackbeard in NBC's new 10-episode television series, "Crossbones," based on Woodard's second book, *The Republic of Pirates: Being the True and Surprising Story of the Caribbean Pirates and the Man Who Brought Them Down*.

The CSC spring luncheon will celebrate the organization's 11th year and the volunteers that make it possible. CSC is one of 17 senior colleges in Maine, providing educational opportunities in both Lincoln and Knox counties in a variety of locations, including its headquarters at University College at Rockland.

## Local Family Memories Sought for New Book About Fort Knox

The Friends of Fort Knox Board of Directors has commissioned Liza Gardner Walsh to write a book on the history of the 19th-century coastal fort in Prospect, a National Historic Landmark and State Historic Site.

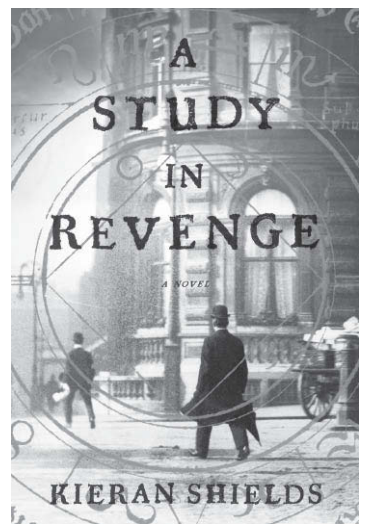
Individuals interested in sharing family memories about the

fort may e-mail FOFK1@aol.com or write to Friends of Fort Knox, P.O. Box 456, Bucksport, ME 04416. Publication is planned for next spring.

Walsh, who lives in Camden, is the author of *The Fairy House Handbook*, *The Fairy Garden Handbook*, and *Haunted Fort: The Spooky Side of Fort Knox*.

## Mystery Writer Speaking at Waldoboro Library -

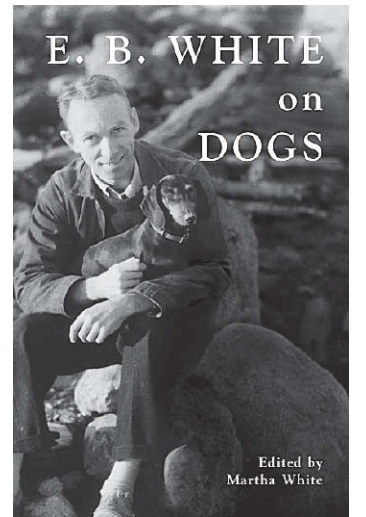
The Waldoboro Public Library's Friends of the Library Speaker Series will host Kieran Shields for a discussion of his two mystery novels set in Portland in the late 1800s, on Tuesday, April 23, at 7 p.m., free and open to the public. Shields'



first novel, *The Truth of All Things*, introduced private detective Percival Grey and police detective Archie Lean; the duo return in *A Study in Revenge*, published this January. For more information, call the library, 832-4484.

## New Book by E.B. White's Granddaughter -

Martha White, granddaughter of E.B. White and his literary executor, will be at Left Bank Books, 100 Church Street in Belfast, for a reading and signing of her new book, *E.B. White on Dogs*, on Saturday, April 27, at 7 p.m. The program is free and open to the public. For more information, call Left Bank Books, 338-9009.



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### Empty Bowl Supper Benefits Five Food Pantries in RSU 40 Area —

Medomak Valley High School's recent Empty Bowl Supper raised \$1,248, which was distributed among the five food pantries in the RSU 40 district. Students in Ken Martin's clay class created the bowls for the annual dinner, and parents and staff donated soups, casseroles and other food items. In addition, a contribution from the staff from Dress Down Day was added to the supper proceeds. Pictured are (left to right, standing) Jasmin Ramos; Karen Goodwill from the Friendship Food Pantry receiving her check from Samantha Fowles; Ashton Harvey presenting to Carol Watter from the Come Spring Food Pantry; and teacher Ken Martin; (sitting) Stephanie Hill presenting to Lou Cook from the Waldoboro Food Pantry. PHOTO: LISA GENTNER GUNN

### Classic Sports Car Rally in Damariscotta

The Mid Maine Sports Car Club will hold a Fun Run One Road Rally, with a course easily driven by novices as well as experienced rally fans, on Saturday, April 27, starting at the Wells-Hussey American Legion Post 42 parking lot, on Main Street (Business Route 1) in Damariscotta.

A driver's meeting will be held at 10 a.m., and the first car will be out at 10:30. The rally will last about three hours, and participants will meet at the rally finish for lunch, refreshments and awards.

Registration is restricted to British and European sports and touring cars built before 1980. The fee is \$10 per car for non-members. Each car will require a driver and a navigator (bring a clipboard and pencils) and participants must register in advance by Tuesday, April 23. To register or for more information, go to mmscc.com.

### Waldoboro VFW Elects Officers

Soule-Shuman Memorial VFW Post 4525 elected a slate of officers at its April 11 meeting to serve this year.

John Blodgett was re-elected Post Commander. Also elected were Senior Vice Commander John Flaherty, Junior Vice Commander Joe Lepak, Quartermaster John Blamey, Assistant Quartermaster Joe Lepak and Chaplain Joe Gray.

Joe Lepak, Bob Brunetti and Joe Gray were elected as Post trustees.

VFW District Commander Tom Rainey will formally install the officers at the post's May 9 meeting, and all members are encouraged to attend the 6 p.m. supper prepared by Post 4525 Auxilliary. The meeting will begin at 7 p.m.

### Free Supper Saturday at St. Giles' in Jefferson

St. Giles' Episcopal Church in Jefferson will host its fourth free supper of the season for midcoast residents, on Saturday, April 20, starting at 5:30 p.m. The menu includes apricot chicken as well as side dishes and desserts.

As part of its outreach effort, St. Giles' hosts one free Saturday supper a month from January to May. All are invited for simple, hearty fare served in the parish hall. The final supper is scheduled for May 18. No reservations are needed. St. Giles' is located on Route 126, one-quarter mile west of the intersection of Route 126 and Route 213. For more information, contact George Jones, 832-7412.

### Public Supper Buffet in Northport on April 27

The public is invited to a public supper on Saturday, April 27, at Northport Memorial VFW Post 6131, 775 Atlantic Highway (Route 1). Doors open at 4:30 p.m. and there will be a second seating at 5:30. The buffet, all homemade and all-you-can-eat, will include "32 feet of hot entrees with at least eight vegetarian entrees, eight feet of cold salads [and] 16 feet of desserts." Price is \$8 for adults, \$4 for children under 12. The hall is handicapped-accessible.

### Tri-County Horsemen to Hold Flea Market

The Tri-County Horsemen will hold a fund-raising flea market at the Thompson Community Center in Union on Saturday, April 20, from 10 a.m. to 2 p.m. For sale will include horse items, antiques and more. Tables are still available. For more information, call Rosemary, 785-6657.

## Sign-Up Under Way for Land Trust's Crossword Puzzle Contest

Georges River Land Trust is sponsoring a special serialized three-week "Spring Fling" crossword puzzle contest. Contestants will have a chance to win prizes by being the first to mail in the correct puzzle solution, including an appropriate title. The contest is available for sign-up now at [www.georgesriver.org/crossword](http://www.georgesriver.org/crossword).

Created especially for the land trust by crossword constructor Ned White, whose puzzles have appeared in The New York Times and Los Angeles Times — he has a puzzle coming out this Friday in The New York Times — the puzzle is thematically related to the land trust and its work. But because of unusual elements in the puzzle, it will be distributed in three installments over consecutive Mondays — April 29, May 6 and May 13. Prizes will be awarded to entrants with the earliest postmark who send in the correct puzzle solution and a title.

"On the face of it, most of the puzzle is not too difficult, and should be fun for crossword solvers of all levels," says White. "But when people first get the puzzle, they'll see that something's not quite right that makes it more challenging

than it first appears."

Solvers will be competing for five levels of prizes. The Grand Prize for two is a two-night stay at the Craginair Inn in Spruce Head, a two-day health pass at the Samoset Resort health club, a \$40 gift certificate from the Park Street Grille, and a \$25 gift certificate from the Wine Seller. Second place wins 18 holes of golf at the Samoset Resort for two, plus two movie tickets at the Strand Theatre. Third place wins an Arts Cruise out of Port Clyde for two, and a \$60 gift certificate from the Dip Net Restaurant. Two honorable mentions will win a kayak tour with Port Clyde Kayaks, lunch at the Happy Clam, a movie at the Strand, and a subscription to Down East Magazine.

Entries must be postmarked or delivered by Thursday, May 16, to the Georges River Land Trust office at 8 N. Main St., Suite 200, Rockland, ME 04841. Puzzle winners will be notified by email Wednesday, May 22, and announced publicly the following day. The contest entry fee is \$20. More information, rules and entry forms are available at [www.georgesriver.org/crossword](http://www.georgesriver.org/crossword) or by calling the land trust at 594-5166.

## Local Crocheters Donate Shawls for Homebound Residents

Shown here with shawls donated in memory of Barbara Lamb Perkins are (left to right) Peta vanVuuren, RDNA agency director, and "Angels of Hope" Nina Durgin, Geri Hayward, Ruth Lockwood, Elane Sprague and Brenda Perkins (not shown: Irene Antoniou, Marlene Groves, Dawn Korzenowski, Mildred Lewis, Sue Look, Martha Majunka and Linda Murray) PHOTO BY GLENN BILLINGTON



Rockland District Nursing Association (RDNA) collected locally hand-crafted shawls during the third annual Eliza Steele Youth Fast on Saturday, March 23, for distribution by Meals on Wheels to homebound Knox County residents. Thirty shawls in all were donated by the Rockland Congregational Church "Angels of Hope," Thomaston Baptist Church, the "Purls of Cushing," members of the Finnish Strings (Rantele Players), and residents of Tenants Harbor, South Thomaston, Rockport, Rockland and the Methodist Conference Home. The shawls

from the "Angels of Hope" were given in memory of Barbara Lamb Perkins, a lifelong Rockland Congregational Church member and past RDNA board treasurer.

The project underscored Meals on Wheels' and RDNA's sentiment that "it's not just a meal, a nursing visit or a shawl, it's that someone cares." For more information, call RDNA at 594-4522.

## MOFGA Empty Bowl Supper to Be Held in Belfast on April 27

The El Salvador Sistering Committee of MOFGA (Maine Organic Farmers and Gardeners Association) will hold its annual Empty Bowl Supper on Saturday, April 27, at 6 p.m. at the Unitarian Universalist Church at 37 Miller Street in Belfast. Soups, breads and desserts will be served, and the duo Algorithm will perform jazz/electronic; afterwards participants may take home bowls handcrafted by Maine potters. Tickets will be available at the door, \$15 per person, with a \$35 maximum for families. For more information, visit [www.mofga.org](http://www.mofga.org) or call 568-4142.

Proceeds from the supper will help Salvadorans to visit Maine farms and meet community organizers and agricul-

tural officials; help fund events relating to the Central American Free Trade Agreement for sistering organizations in El Salvador; and help with work to prevent mining companies from destroying Salvadoran mountains, water supplies, communities and agricultural lands.

Empty Bowl Suppers started in Michigan in 1990 with a high school class making ceramic bowls for a fund-raiser at which guests were served a simple meal and were invited to keep the bowl as a reminder of hunger in the world. The Empty Bowl project is now promoted by the non-profit Imagine/RENDER Group to support food banks, soup kitchens and related organizations.

## Online, Live Auction to Benefit Cornerspring Montessori School

Supporting Local Sprouts, Cornerspring Montessori School's annual auction to benefit the school's tuition assistance program, is now under way. Online bidding is being held at [www.biddingforgood.com/cornerspring](http://www.biddingforgood.com/cornerspring) and will continue until Thursday, April 25.

An evening of in-person bidding will be held at the Belfast Curling Club on Saturday, April 27, from 6 to 9 p.m., with silent and live auctions, dinner donated by Belfast farms,

restaurants and caterers, cocktails, and music by The Leaky Boot Jug Band. For tickets, \$20 per person or \$35 per couple, which includes dinner, bid number and entertainment, visit [www.biddingforgood.com/cornerspring](http://www.biddingforgood.com/cornerspring), or call the school at 338-5800. Tickets are also available in Belfast at Fiddlehead Artisan Supply. To donate to the auction, e-mail [cornerspring@tidewater.net](mailto:cornerspring@tidewater.net) or call 338-5800.

For more information, visit <http://cornerspringmontessori.com>.

## Ten Local Nonprofits Benefit from Community Connections Dinners —

Graffam Bros. Harborside Restaurant in Camden donated a total of \$11,667 to 10 nonprofits this winter through its Community Connections fund-raising nights, in which the restaurant gave half its Tuesday night receipts to a designated organization. The series began on January 22 with an evening benefiting The Rig/Interact's planned youth service trip to Guatemala; subsequent nights benefited the Camden Hills Regional High School Band and Chorus, Hope Elephants, Five Town Football, Coastal Mountains Land Trust, Children's House Montessori School, Camden First Aid, Area Interfaith Outreach Food Pantry, Five Town Communities That Care and P.A.W.S. Restaurant co-owner Kim Graffam says, "These events have given a wonderful boost to some great organizations in our community ... They've also given our servers a nice boost in tips at a time of year that is often pretty lean." Plans are in the works to continue the Community Connections evenings next year.





**FISH & WILDLIFE AWARD** CONTINUED FROM PAGE 1

results in fish and wildlife conservation." The awards are given in two categories, individual and group — only one award in each category is presented each year.

The 2012 Rachel Carson Group Award was presented to the staff at Maine Coastal Islands National Wildlife Refuge, who are engaged in collaborative science to better protect and manage migratory seabirds in the Gulf of Maine. Many of those focal species breed nowhere else in the U.S., and threats from climate change and offshore energy development threaten the long-term viability of species such as Atlantic puffin, razorbill and Arctic terns. In addition, the coastline of Maine has been ranked as an excellent or outstanding wind resource area by the Department of Energy. By 2020, the State of Maine hopes to establish five gigawatts of wind power capacity, with a portion of that coming from large offshore wind facilities. The refuge has been collaborating with partners in gathering the data necessary to assist in guiding future offshore development, so as to reduce potential impacts to sensitive habitats and species.

"I am so proud of our team," said Refuge Manager Beth Goettel. "They work many long days and really go above and beyond to try to find answers to difficult questions. It's not easy trying to figure out where seabirds forage or how songbirds and bats migrate through the Gulf of Maine, but

our biologists are always trying new techniques. Various types of tracking equipment is finally getting small and light enough to work on birds; it's a very exciting time."

The Service's Science Leadership and Rachel Carson Awards for Scientific Excellence were established to recognize that effective wildlife management and conservation is founded on innovative scientific inquiry and principles. As the Service faces even more complex challenges in the realms of habitat loss and climate change, the value of current scientific information is rapidly increasing. The awards are meant to recognize the outstanding efforts of the agency's scientists and technical staff.

As a result of being recognized with the prestigious award, the refuge will receive \$50,000 to advance their scientific work. The Service's science awards are part of an ongoing effort to strengthen the agency's use of science in guiding fish and wildlife conservation.

For more information about Science Awards winners and the Service's commitment to scientific excellence, visit [www.fws.gov/science/index.html](http://www.fws.gov/science/index.html).

The mission of the U.S. Fish and Wildlife Service is working with others to conserve, protect and enhance fish, wildlife, plants and their habitats for the continuing benefit of the American people.

**Bike for All Extravaganza This Sunday in Camden**

CycleWorks and the Independent Schools Association of Mid-Coast Maine will host Bike for All, a cycling extravaganza for all ages and abilities, with presentations and skill-building workshops, on Sunday, April 21, from noon to 5 p.m. at the Knox Mill parking lot and nearby Watershed School in Camden.

Participants will have the opportunity to learn about bicycle

safety, inspection and repair, as well as demo and custom cycles. There will also be a children's obstacle course, live music, a giant fun bike ride and parade, and refreshments. All bicyclists, whether they ride on the road or trail, are invited to attend.

CycleWorks is a group of bicycle enthusiasts whose goal is to build a cycling community in the midcoast. For more information about Bike for All, go to [facebook.com/midcoastcycleworks](http://facebook.com/midcoastcycleworks) or call Jim Dunham at 789-5233.

**Union Chamber's Annual Dinner and Awards Banquet**

Reservations for the Union Area Chamber of Commerce Annual Dinner and Awards Banquet to be held Thursday, April 25, with guest speaker Captain Jim Sharp of the Sail, Power

and Steam Museum in Rockland, must be made by April 23.

The banquet is open to the public. Tickets are \$25 per person in advance, \$30 at the door the evening of the event. See complete details at [unionareachamber.org](http://unionareachamber.org).

**5K Road Race April 20 at Unity College**

The 31st annual Unity College Spring 5K Road Race will be held on Saturday, April 20, at 9:30 a.m. Participants will start and finish on the campus of Unity College, 90 Quaker Hill Road in Unity.

Registration check-in will take place in Tozier Gymnasium beginning at 8 a.m. Entry fee is \$10. For more information, contact Race Director Gary Zane at 948-9241, or [gzane@unity.edu](mailto:gzane@unity.edu).

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**Handel's Giulio Cesare Tops Off Live from the Met Season at the Strand and Lincoln Theater on April 27** – Lincoln Theater in Damariscotta and the Strand Theatre in Rockland will present *Giulio Cesare* by George Frideric Handel, the season's final Live in HD broadcast of the Metropolitan Opera, on Saturday, April 27, at noon. The Strand will present an encore broadcast at 1 p.m. on Tuesday, May 7. Natalie Dessay as Cleopatra and countertenor David Daniels as Julius Caesar lead the cast of the new Met production, directed by David McVicar, which incorporates elements of Baroque theater, '20s flapper style, and even Bollywood-inspired dance routines. Featured are Alice Coote singing Sextus, Patricia Bardon as Cornelia, Christophe Cumaux as Ptolemy and Guido Loconsolo as Achilles. Set design is by Robert Jones and costumes are by Brigitte Reiffenstuel, and Harry Bicket conducts. The opera is performed in three acts, with two intermissions. For Strand ticket information, go to [www.rocklandstrand.com](http://www.rocklandstrand.com) or call 594-0070. For Lincoln Theater ticket information, go to [www.atthelincoln.org](http://www.atthelincoln.org) or call the box office, 563-3424. Pictured here: David Daniels as Cesare. PHOTO BY MARTY SOHL

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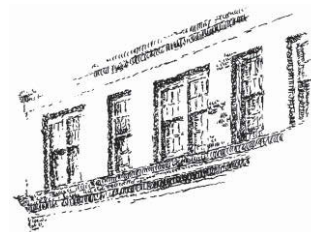
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**Evening of Spanish Ballet and Flamenco in HD at the Strand April 24** – The Strand Theatre in Rockland, as part of its HD dance series, will present an evening of Spanish dance with two works, *Blood Wedding (Bodas de sangre)* and *Suite Flamenca*, on Wednesday, April 24, at 7 p.m. Both works were choreographed by Antonio Gades, and these performances were captured in HD in May 2011 at the Teatro Real in Madrid to mark the 75th anniversary of Gades' birth. *Blood Wedding*, choreographed by Gades in 1974, is based on the play by Federico Garcia Lorca about a bride who runs away on her wedding night with her former lover, while *Suite Flamenca* explores traditional flamenco dance through solos, duets and group dances, with solo performances by Stella Arauzo and Miguel Lara and artists from the Compania Antonio Gades. Tickets are \$15 for adults, \$10 for students. For tickets and information, visit [www.rocklandstrand.com](http://www.rocklandstrand.com) or call 594-0070, extension 3.



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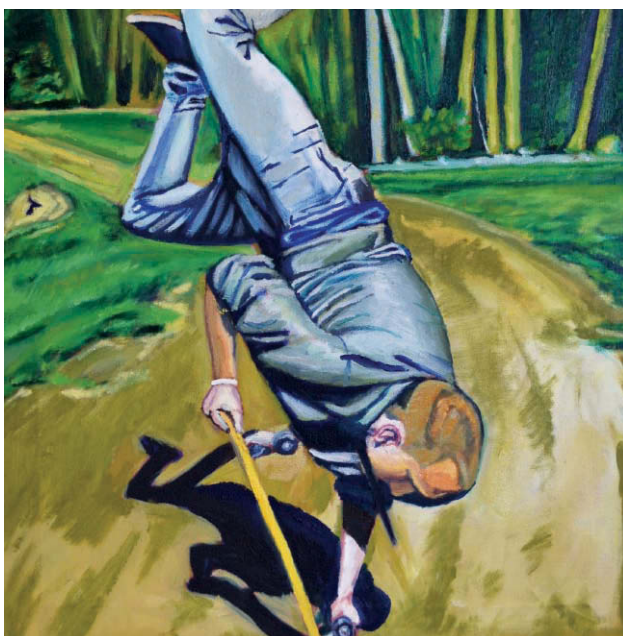
ART ON THE COAST

## Camden Student Selected as First Runner Up in Congressional Art Contest

Congresswoman Chellie Pingree announced last week that Lauren Merritt of Camden was chosen as First Runner Up for Maine's First District in the 2013 Congressional Art Competition with his oil painting "Skateboarding," shown here, which Merritt described in his submission form as a self-portrait. Merritt is a junior at Camden Hills Regional High School, where his art teacher is Suzanne Southworth.

Held each year, the Congressional Art Competition features one piece of student artwork from every participating Congressional district in the country to hang in the U.S. Capitol. Maine winners and runners-up will be honored at a Blaine House reception in May. Eliza Hazen of York was the winner of the First District competition. Images of the top five pieces for Pingree's district are online at <http://bit.ly/10V5Q5q>.

The Congressional Art Competition began in 1982 to provide an opportunity for members of Congress to encourage and recognize the artistic talents of their young constituents. Since then, over 700,000 high school students have competed for the honor of having their work shown in the U.S. Capitol.



## River Arts' Call for Entries for "Dreams, Reverie and Reflection"

River Arts has issued a call for entries for its upcoming exhibition, Dreams, Reverie and Reflection, to be held at its new gallery at 241 Route 1, Damariscotta, next to N.C. Hunt Lumber, from May 3 through May 31. The show will showcase art describing dreams, fantasy or deeply reflective moods, through any genre: abstract art, imaginative sculpture, contemplative scenic scenes, etc. Juror for Dreams, Reverie and Reflection will be artist John Sideli, owner/operator of John Sideli Fine Art in Wiscasset.

Artists may submit up to three works. Drop-off dates

at River Arts' new premises on Route 1 will be Friday, April 26, and Saturday, April 27, from 10 a.m. to 4 p.m. Early submissions will be accepted during usual gallery hours. Entry fee for submissions of up to three works is \$15 for members, \$20 for non-members. Entry forms and details regarding submission requirements are available at <http://riverartsme.org> and at the gallery.

Artists will be notified by e-mail or phone of the juror's decision. The opening reception will take place on Friday, May 3, from 5 to 7 p.m. For more information, call 563-1507 or e-mail [info@riverartsme.org](mailto:info@riverartsme.org).

## On 30th Anniversary of PMA's Building, Its Architect to Speak in Portland

In celebration of the 30th anniversary of the Charles Shipman Payson Building, home to the Portland Museum of Art, the building's architect, Henry N. Cobb, will deliver the 2013 Bernard A. Osher Lecture on Tuesday, June 18, at the Holiday Inn By the Bay in Portland from 6:30 to 8 p.m.

In his illustrated lecture, "The Streets of Falmouth Neck: Yesterday, Today, Tomorrow," Cobb will discuss Portland's streets and squares and the ongoing dialogue between the memory of the city's past, preoccupation with its present, and dream of its future.

Cobb is one of the three founding principals of Pei Cobb Freed & Partners; his architectural practice has included the John Hancock Tower, Boston (1976); the John Joseph Moakley United States Courthouse, Boston (1998); and the Center for Government and International Studies, Harvard University (2005). Cobb is a Fellow of the American Academy of Arts and Sciences, academician of the National Academy of Design, and president of the American Academy of Arts and Letters.

Tickets for the June 18 lecture are \$15; they can be purchased at [portlandmuseum.org](http://portlandmuseum.org) or at 775-6148.

## Call for Pumpkinfest T-Shirt Designs

Maine artists are invited to submit a design to be featured on the back of the T-shirt commemorating the seventh annual Damariscotta Pumpkinfest & Regatta, October 5 through October 14. To be eligible, the artist must be a Maine resident (year-round or summer). A \$500 prize will be awarded to the artist whose design is selected.

Artwork must be professional quality, original artwork —

no photographs; must include the words "2013 Damariscotta Pumpkinfest & Regatta"; and must represent the Pumpkinfest's family-friendly and festive nature.

Deadline for submissions is Monday, June 3. For information on the T-shirt design contest, contact Cynthia Weiss at [cynthia@kingeiderspub.com](mailto:cynthia@kingeiderspub.com); for more information on Pumpkinfest, visit [www.damariscottapumpkinfest.com](http://www.damariscottapumpkinfest.com).

## Saltwater Artists Gallery in New Harbor Seeks New Members —



Saltwater Artists Gallery, on Route 130 in New Harbor just before the turn to Pemaquid Lighthouse Park, is seeking for the upcoming season a few new experienced or emerging artists producing gallery-quality 2D hanging works including oils, pastels or acrylics; potters, ceramicists and sculptural metalworkers are also encouraged to apply (gallery spaces for photography, digital art, stained glass, jewelry and woodworking are already full). Both year-round and summer residents are represented in the co-op, nonprofit gallery. The viewing season starts at the end of May and runs through mid-October. Call Dave Higgins at 586-5086 or Linda Paine at 677-2263 for more information about the gallery or the jury process. Shown here, "After the Storm, South Bristol," digital painting by Dave Higgins.

## Local Potter's Work Selected for National Exhibit —

George Pearlman, a potter who exhibits at CRAFT Gallery, 12 Elm Street in Rockland, has been selected to participate in the Smithsonian Craft Show in Washington, D.C., this spring. The juried show of work by entrants from across the country will run from April 25 to 28. Pearlman has had a studio and gallery on the St. George peninsula for many years and has shown at CRAFT Gallery since it was established three years ago. The gallery will open for the season on Friday, May 31, with new works by Pearlman and others. For more information, e-mail [info@craftonelm.com](mailto:info@craftonelm.com) or visit [www.craftonelm.com](http://www.craftonelm.com).



## Rockport Artist Wins "Best from Maine" in 3D Printing Art Show

Rockport artist Mary Collins' entry in Bits to Its, an art show of works created using the new technology of 3D printing, has been selected as Best from Maine.

Collins' piece, "American Icon #1," will be featured along with the work of 20 other artists from Maine and around the globe in the upcoming show, organized by the nonprofit fabrication laboratory Maine FabLab to highlight the use of 3D printing for art. The show will open with a private reception on Saturday, April 27, from 5 to 7 p.m. at the Landing Gallery, 8 Elm Street in



"American Icon #1," 3D-printed sculpture by Mary Collins

Rockland. The opening, a fund-raiser for Maine FabLab's STEM (Science, Technology, Engineering and Mathematics) education programs in Maine, will include a preview of the show, an appetizer, wine and beer buffet catered by Cafe Miranda of Rockland, demonstration of 3D printing, video commentary by the judges, and a gift bag including a 3D-printed commemorative piece. For more information and tickets for the reception, go to [www.maineFablab.org](http://www.maineFablab.org).

## Call for Entries in Maine Wood Show at Messler Gallery

The Center for Furniture Craftsmanship in Rockport has announced a statewide call for entries for the fourth juried Maine Wood biennial exhibition. The show, slated to take place in the Center's Messler Gallery at Route 90 and Mill Street in Rockport from January 24 to April 2, 2014, will showcase the breadth, creativity and excellence of wood craftsmanship in the state. Maine artists and artisans working in wood, including furniture makers, turners, carvers and sculptors, are encouraged to submit original pieces that were made in Maine during the last five years, that exhibit excellence in craftsmanship and design, and that have wood as their primary material.

Jurors are Asa Christiana, editor of Fine Woodworking magazine in Newtown, Connecticut; Jonathan Fairbanks, director of the Fuller Craft Museum in Brockton, Massachusetts; and Laura Mays, director of the Fine Woodworking program at the College of the Redwoods in Fort Bragg, California.

Entry deadline is August 31, 2013. For submission guidelines, visit [www.woodschooll.org/gallery/index.html](http://www.woodschooll.org/gallery/index.html). For more information, contact Messler Gallery Manager Victoria Allport at [Victoria@woodschooll.org](mailto:Victoria@woodschooll.org) or 594-5611.

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**Novel Jazz Septet Begins Ninth Season at Skidompha April 25 –**

The Novel Jazz Septet will perform classic straight-ahead jazz in the atrium of Skidompha Public Library, 184 Main Street in Damariscotta, on Thursday, April 25, from 7 to 9:30 p.m. In the rhythm section will be Dave Clarke (guitar), Herb Maine (bass), Mickey Felder (piano) and Mark Mack-soud (percussion), and in the horn section Barney Balch (soprano, alto and tenor trombones), Mike Mitchell (trumpet and flugelhorn) and special guest Bryan Jones (alto saxophone and flute). Admission is \$14 for adults, \$12 for seniors, \$6 for young adults 12 to 18; those under 12 accompanied by a parent are free. The performance will open the ninth year of Novel Jazz concerts at Skidompha; for more information, call 563-5513. Here, trumpeter Mitchell and bassist Maine improvise on a theme. PHOTO: MICHAEL HEARN

**“American Idol” Winner Kris Allen on Strand Stage April 26 –**

Kris Allen, winner of the 2009 season of “American Idol,” will perform at the Strand Theatre, 345 Main Street in Rockland, on Friday, April 26, at 7:30 p.m. Tickets are \$20, general admission, all ages. Next in the Spring Concert Series will be the Steep Canyon Rangers on May 4. For more information, visit [www.rocklandstrand.com](http://www.rocklandstrand.com) or call 594-0070, extension 3.



**Colin Nelson, Friday; Pitch Black Ribbons, Saturday**

On Friday, April 19, Rock City Cafe’s Velvet Lounge presents local midcoast singer/songwriter Colin Nelson in his debut on the Rock City stage, singing originals and a few covers.

On Saturday, April 20, the acoustic duo Pitch Black Ribbons, brothers Clint and Cody Phipps, will perform.

The music will play from 5 to 7 p.m. on both Friday and Saturday at 316 Main Street, Rockland. As usual there is no cover, but tipping the musicians is seriously encouraged. Along with the live music, there’s beer, wine and Rock City coffee. For more information, call 594-4123.



**Divisi to Perform at First Congregational Church of Camden on April 21 –**

The Friends of Music Concert Series, an outreach program of the First Congregational Church of Camden, will present “Of Sleep and Light,” a free concert of both sacred and secular music performed by Divisi (pictured), a choir from the Bangor area, in the sanctuary of the church, 55 Main Street, on Sunday, April 21, at 4 p.m. Admission is free, donations at the door accepted. After the concert there will be a reception in the church’s Pilgrim Room with light refreshments and an opportunity to meet the singers. For more information, call the church at 236-4821.

**Oceanside West Presents Broadway Classics**

The music department at Oceanside High School West (the Thomaston campus) will host a Broadway Classics! Dinner Theatre on Saturday, May 4, beginning at 6 p.m.

Under the direction of music teacher Rebecca Leonard, presenters including the eighth and ninth grade chorus, alumni, parents, faculty and community members will perform songs from Broadway musicals. Accompanists for the show are Susan Iltis on piano and Tracie Payor on keyboard.

The dinner begins at 6 p.m., with the entertainment program to follow. Doors open at 5:30. Dinner entrée is a choice of chicken cacciatore or sweet-and-sour meatballs and will be served with rice, green beans, Caesar salad and rolls. The dessert is red velvet cake or frosted banana bars. Beverages include coffee, tea and punch.

Tickets are on sale now and reservations are required (tickets must be picked up at the door).

Ticket prices are \$12 adults, \$10 for those age 65 or older, \$6 for age 5 through college age, and free to children age 4 and under.

For reservations, call 354-6351 and leave your information; you will receive a call back. For more information on the dinner theatre, call 354-2502 during school hours. Proceeds will benefit the school’s music department.

<p><b>Spruce Head:</b> Harrington Cove: 3 BR, 2-1/2 bath custom built for single floor living, 3 acres, 350+ feet on the shore, light and bright. Attached heated 2-car garage. Private with wonderful views. \$349,000</p>	<p><b>Vinalhaven - Greens Island</b> artist’s retreat, lodge, bunkhouse, &amp; studio on 3 acres - peninsula with water frontage on both sides. Kitchen cook-stove, stone fireplace. Wharf on lobster pound cove. \$790,000</p>	<p><b>Lincolnville:</b> Ducktrap Harbor: Oceanfront 3 BR, 3-1/2 BA professionally managed condominium, vaulted ceilings, large deck, great views, steps to the wharf. Heated pool, tennis courts &amp; clubhouse. \$576,000</p>
<p><b>Union:</b> Move-in ready 3 BR, 2-1/2 BA log home set on 4.6 private acres. Finished basement. Great value at \$170,000</p>	<p><b>Union:</b> Set off the road on a private drive. 2-Unit residence on 2 acres. 1st fl. unit: 2 BR, 1 BA; 2nd &amp; 3rd floor unit: 3+ BR 2 BA. Lots of storage. Garage for each unit. Good cash flow. \$174,000</p>	<p><b>Rockport:</b> 3 BR 1-1/2 BA ranch overlooking Chickawaukie Pond &amp; Dodge Mountain. Immaculate &amp; move-in ready. Attached garage with storage loft above. Wood burning fireplace. \$165,000</p>
<p><b>Rockport:</b> Wildwood Lane: Single fl. 2-BR year-round cottage w/outstanding views of bay &amp; Indian Island lighthouse. Fireplace in LR &amp; sunrm. Large deck, private. \$375,000</p>	<p><b>Lincolnville:</b> Megunticook Lake. Water’s edge cottage on a private road. 3 BR. Outstanding south-westerly views. May be expanded 30%. Rare find. \$475,000</p>	<p><b>Spruce Head:</b> Atlantic Quarry Road. One of the last remaining camps perched on the water. Needs total re-hab, but may be expanded on the same footprint. South facing. \$189,000</p>

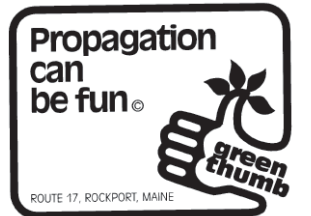
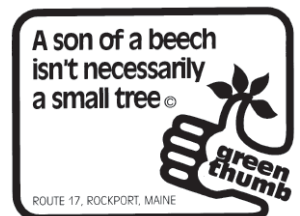


**WERU Spring Fling Music Sale April 27 in Belfast During Free Range Music Festival –**

WERU’s Spring Fling Music & Gear Sale will be held on Saturday, April 27, from 10 a.m. to 3 p.m. at the Belfast Boathouse, 34 Commercial Street in Belfast, during the day-long Free Range Music Festival in downtown Belfast. The sale will feature used records, CDs, instruments and other music gear, sold by area vendors and WERU; all proceeds will benefit WERU programming and operations. There will be a live performance at 11 a.m. by midcoast progressive rock band The 220s, and food will be provided by Daily Soup and Sue Cakes of Belfast. In addition, there will be raffles for tickets to see Jonathan Richman at The Grand in Ellsworth, Poor Old Shine at Unity College Center for the Performing Arts, a gift certificate for the Rock and Art Shop in Bangor and Ellsworth, a Vinyl Record Bowl made from an actual vintage vinyl record by Blackberry Hill Designs, and a pair of tickets for a two-hour cruise aboard the Friendship sloop *Amity*. For more information, visit [www.weru.org](http://www.weru.org).

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## Film & Discussion Considers Connection Between Class & Health

United Way of Eastern Maine will present the documentary film "Unnatural Causes: In Sickness and in Wealth" at the Belfast Free Library on Tuesday, April 23, at 6:30 p.m., free and open to the public.

The film, made in Louisville, Kentucky, follows the lives of a CEO, a lab supervisor, a janitor and an unemployed mother to explore why Americans get sick in the first place and why patterns of health and illness reflect underlying patterns of class inequities. The 56-minute film will be followed by a 30-minute group discussion on local childhood health outcomes led by Patrick Walsh, director of Prevention Services at Broadreach in Belfast and substance abuse prevention coordinator for Healthy Waldo County.

Doors will open at 6 p.m. with light refreshments provided by Mark Hannibal, culinary instructor at Waldo County Technical Center. Also on view will be an exhibition of photographs by local teens and seniors exploring the connection between class and health; the project was organized by United Way of Eastern Maine's Waldo HAP (Health Awareness Project). For more information about Waldo HAP, go to <http://uwemhealthawarenessproject.weebly.com>.

## Start a New Life Without Cigarettes

The next session of the Freshstart quit-smoking program begins Wednesday, May 1, at the Picker Family Resource Center, 3 Glen Cove Drive, Suite 2 in Rockport. Four classes will be held on Wednesday evenings, May 1, 8, 15 and 22, from 5:30 to 7 p.m.

The Freshstart program, which is free, is designed to help people stop smoking as quickly as possible. Participants will learn new techniques for ending their physical and psychological need to smoke along with concrete ways to handle two major obstacles: weight control and stress management. The program reinforces the knowledge that each person is the key to their own Fresh Start.

Carla-Jo Kaler, LPN, facilitates the program. Call the Picker Center, 596-8950, to register.

## Dr. Teel to Discuss "Full Circle" Aging-in-Place Program in Rockland on May 4

— The First Universalist Church in Rockland, at 345 Broadway, will host Dr. Allan "Chip" Teel (pictured) for a free talk, "Coming Full Circle with Elder Care," on Saturday, May 4, from 1 to 2 p.m. Teel is the founder of the Full Circle America (FCA) program, which currently enables some 100 elders to stay in their homes much longer than has traditionally been the case through an affordable "high-tech, high-touch" approach. The church is handicapped-accessible. For more information, contact Bob Birk at 832-1324.



## Medicare Clinics in Belfast April 26 & 30

A Medicare for Everyone Clinic will be offered twice at Spectrum Generations, 18 Merriam Road in Belfast, on Friday, April 26, from 10 to 11:30 a.m., and on Tuesday, April 30, from 1 to 2:30 p.m. The clinic is designed to provide basic knowledge about Medicare and its many "Parts," answering questions such as What is Medicare?, When and where to sign up for Medicare, What services are covered by Medicare?, What is the Medicare Prescription Drug benefit?, and What is Medicare Supplemental Insurance?

Space is limited to six participants for each clinic. For more information or to register, call 338-1190.

## Pen Bay Physicians Extend Office Hours

Pen Bay Healthcare's primary care offices have increased their patient access hours. Primary care physician practices are open weekdays from 8 a.m. to 5 p.m. and are now offering lunchtime appointments. Pediatrics practitioners offer evening and weekend hours as well.

Most primary care offices are accepting new patients. To find a Pen Bay physician, call 596-8200 or visit [pbmc.org/physicianfinder](http://pbmc.org/physicianfinder), or call your doctor or provider for an appointment:

- Pen Bay Internal Medicine — 593-5800
  - Rockport Family Medicine — 701-3900
  - Waldoboro Family Medicine — 832-5291
  - Robert N. Merrill, MD — 596-7148
  - Pen Bay Family Medicine — 593-5900
  - Pen Bay Pediatrics — 593-5600 (ask about evening and weekend hours)
- For more information, visit [penbayhealthcare.org](http://penbayhealthcare.org).

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**Call 563-8500 for your \$25.00, qualifying examination**

If any of these problems or concerns are creating a situation where the quality of your life is being compromised, then you need to pay close attention.

Finally some good news. A new, FDA cleared, non-invasive Diabetic and Peripheral Neuropathy symptom treatment is now available for the first time in Midcoast Maine.

*Neuro-Analgesia*, referred to as Electronic Signal Treatment is an innovative treatment that utilizes a modulated and attenuated pulsed electronic current that can substantially reduce the burning, sharp pain and associated numbness and tingling of Peripheral Neuropathy. The current penetrates deeply across nerve-endings, affected muscles and other associated tissues, producing positive physiological changes, such as reduced swelling, and decreased pain levels. This emerging technology is now available in the United States. It's virtually guaranteed that your doctor has never heard of it, it's that new.

**Call 563-8500 for your \$25.00, qualifying examination**

- If you have peripheral neuropathy, diabetic or otherwise, and nothing has helped.
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**Natalie Warren (Ret.)**  
Damariscotta, Maine



*For the last 2-3 years I had numbness, tingling, and shooting pain in my toes and on the balls of my feet. Dr. VanderPloeg and his staff gave me top notch care that nearly eliminated the sharp shooting pains and reduced the symptoms by 70%!*

**Fred Lewis**  
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Clinical Research Manager of EMMC Cancer Care Ambie Hayes-Crosby, RN, CCRP (fifth from left) with members of the Pen Bay Healthcare cancer team (left to right) Tara Murray, RN, research nurse; Connie Thyng, RN, nurse manager, Blood Disorders and Cancer Center; Caroline Knight, BSN, RN, research nurse; Nadia Ramdin, MD, principle investigator; Molly Kivus, MSN, clinical research assistant; Veronica Cormier, certified cancer registrar; and Dawn Murphy, MSN, RN, CRNP, sub-investigator.

## Pen Bay and Eastern Maine Med to Offer Cancer Clinical Research Trials

Pen Bay Healthcare and Eastern Maine Medical Center (EMMC) in Bangor have instituted a collaboration that will enable Pen Bay to participate in breast, colon and lung cancer trials as designated by the National Cancer Institute. The partnership gives Pen Bay Medical Center membership in the National Surgical Adjuvant Breast and Bowel Program as a satellite of EMMC Cancer Care.

EMMC Cancer Care has offered clinical trials for more than 35 years. In 2011, the organization was named an at-large cancer research site by Cancer and Leukemia Group B (CALGB), a national research group sponsored by the National Cancer Institute. EMMC is one of only a few community cancer centers in the nation, and the only facility in Maine, to be named an at-large cancer research site. That designation allows EMMC to develop affiliations with cancer centers in the region that want to make clinical trials available to their patients.

The Cancer Care Center at Pen Bay Medical Center pro-

vides cancer treatment and support, detection and diagnosis, plus a full range of educational and counseling services. The Center is staffed by an on-site, board-certified oncologist, a social worker dedicated to the unique needs of cancer patients, and nurses with a special interest in caring for patients with cancer, several of whom have certification in oncology nursing. The staff's attention to quality has earned national recognition and accreditation by the American

College of Surgeons Commission on Cancer since 1979, one of only 11 programs in the state and the only one in the mid-coast. The Center provides educational materials, support groups and coordination of care with radiation services and surgical specialists in Augusta, Bangor, Bath, Portland and Boston.

For more information about Pen Bay Cancer Care, call 596-8969 or visit [penbayhealthcare.org/cancercare](http://penbayhealthcare.org/cancercare). For more information about Clinical Research at Pen Bay Medical Center, call 596-8959 or e-mail [research@penbayhealthcare.org](mailto:research@penbayhealthcare.org). For more information about EMMC Cancer Care Clinical Research, call 973-4274 or visit [cancer.emmc.org](http://cancer.emmc.org).



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## Palliative medicine for serious illness

### What Hospice Provides

by Dr. Ira Mandel, MD, MPH, Medical Director  
Pen Bay Healthcare Hospice and Palliative Care

Today, there are more than 40 million Americans over 65 years old in the United States. Within seven years, that number is expected to rise to more than 70 million. Particularly interesting is the fact that the over-65-year-old population is growing faster than the overall US population, and the over-85-year-old age group is growing the fastest of all. This increase in the eldest American population raises particular concerns in regard to increased burden on caregivers, who simultaneously are decreasing in number. In midcoast Maine, this situation is complicated by Knox County's status as being the second-oldest county in the oldest state in the country.

Who will take care of these frail patients, who often can no longer take care of themselves, through the end of their lives?

Dealing with declining health and death of elders will become a greater responsibility with each passing year. Many families are already greatly stressed by this situation. In particular, they are unprepared to honor their loved one's wishes to spend their remaining life and death at home, where demands on family caregivers are greatest. The choice of nursing home placement may exist for some patients but many families cannot afford that and most patients don't want that for their final years.

Sadly, many patients and families waste precious time avoiding enrollment in hospice care for fear that may mean "giving up." Some patients and families refuse to accept the inevitability of death and think avoiding hospice will magically avoid death. Ironically, the most common complaints hospice staff hear from families who finally accept hospice is that "we wished we took advantage of this a lot sooner." These families often realize the wonderful services hospice provides only when they have labored on their own for many months. They find hospice provides outstanding support at little to no added cost to the patient and family.

So, what are all the wonderful services that hospice provides? Hospice is an insurance benefit covered by Medicare and all health insurers, designed to help families manage and cope with declining health at the end of life regardless of age or diagnosis. For patients whose doctor believes that the patient may not survive more than six months, the following are offered:

- Doctor or Nurse Practitioner house calls — For patients who are homebound due to declining health, a visit from a well-trained physician or nurse practitioner is greatly appreciated. Most families are astonished that in 2013, house calls by doctors still exist.

- Routine Nurse house calls — For all hospice patients, a nurse evaluates needs and guides treatment with the super-

vision of a physician. The nurse will come as often as needed, from daily to every two weeks.

- Urgent Nurse house calls — Even after hours and into the "wee" hours of the night, both a doctor and nurse are on-call 24 hours daily to respond to urgent problems. If needed, the nurse will visit the patient regardless of the hour, making it unnecessary to call 911 for an ambulance to take the patient to a hospital emergency department. Most hospice patient problems are readily managed in the comfort of the patient's home with much less patient discomfort and inconvenience.

- Certified home health aides (CNAs) — These hospice staff are often the most appreciated members of the hospice team by families. They provide "personal care" to patients by preparing light meals, helping with feeding, light house cleaning, washing and dressing, pet care or gardening. The time the CNAs spend with patients builds great trust, comfort and closeness, which patients and families value.

- Social worker — Emotional and practical aspects of care can be addressed by a social worker. Examples of emotional help may include assistance coping with stress, conflict and loss. Practical aspects of social work may include helping families plan for the future, applying for financial assistance, preparing an advance directive or help obtaining services available from community and/or government agencies.

- Chaplain — The hospice chaplain is a wonderful hospice team member who does not represent any one religion but is well versed to help patients deal with spiritual issues and concerns regardless of religious beliefs and preferences. She/he is a friend to accompany you in this chapter of your life.

- Volunteers — Hospice volunteers are well-trained lay people who provide companionship and practical support to patients and families. When availability of family and friends is limited, volunteers can comfort and entertain patients as desired and run limited errands as needed.

- Music, massage, etc. — Hospice offers limited additional benefits to patients and families to promote quality of life and to help deal with stress. Kno-Wal-Lin engages the help of local singing groups, harpists and massage therapists for the benefit of families and patients.

- Medications needed for the hospice diagnosis are provided at no cost to the patient or family and are delivered right to the patient's home.

Hospice provides the kind of care that most people want when they need it the most. For further information, visit the Pen Bay Healthcare website and click on "Kno-Wal-Lin" ([www.penbayhealthcare.org/knowallin](http://www.penbayhealthcare.org/knowallin)) or call 594-9561.

*Ira Mandel, MD, MPH, is a palliative medicine physician and is medical director of Pen Bay Healthcare's Hospice and Palliative Care program. He provides compassionate care with a team of health professionals who honor the wishes of patients with serious illnesses. His monthly column seeks to inform the public about choices they may wish to consider.*

## Living with Cancer Conference in Augusta May 1

The American Cancer Society's 35th annual Living with Cancer Conference will take place on Wednesday, May 1, at the Augusta Civic Center from 7:45 a.m. to 3:45 p.m.

This year's theme is "Celebrating Each Day: Past, Present, and Future"; there will be workshops and community resource exhibits, and cancer patients and survivors, family members, caregivers and health care professionals will share personal stories and medical information. Admission to the conference is free for cancer patients, their families and caregivers, though there is a \$10 fee for lunch; \$45 for medical professionals and all others, which includes lunch. For more information, visit [www.cancer.org/LWCC](http://www.cancer.org/LWCC) or call 1-800-227-2345.

The keynote speaker is Otis Brawley, MD, chief medical officer for the American Cancer Society, who is responsi-

ble for promoting the Society's goals for cancer prevention, early detection and quality treatment through research and education. The afternoon speaker, Neal Goodwin, PhD, senior fellow and director of Business Development for In Vivo Services at the Jackson Laboratory (JAX), has led research that established the JAX Patient-Derived Xenograft Cancer Consortium.

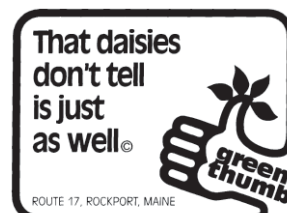
Workshop topics will include Palliative Care, Acupuncture for Cancer Patients, New Horizons for Skin Cancer Treatment, New Advances in the Understanding and Treatment of Lung Cancer, Why Everyone Needs a Will and Powers of Attorney, and Rad Art: A Journey Through Radiation Treatment. A patient panel will include cancer survivors and caregivers, sharing their personal cancer journeys and the effects of the cancer diagnosis on each of them.

## Acupuncturists at Lincolnville Library April 24

Local acupuncturists Abi Morrison, Eileen Murray, Mary O'Herin and Jolinda Rockett will present a program on "Spring: Rising Energy, Growing Health" on Wednesday, April 24, at 7 p.m. at the Lincolnville Community Library. The four women, who formed the Maine Coast Acupuncture Alliance to expand knowledge of ways Asian medicine can support a person's health and well-being, will pro-

vide tips on maintaining good health at this time of year with the help of diet and self-care exercises.

Refreshments will be served. For more information, e-mail [fireweed@tidewater.net](mailto:fireweed@tidewater.net).



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## New Medical Information Program to Begin in Knox County on Drug Take-Back Day

The national Yellow Dot Program will be launched in Knox County on Saturday, April 27, in conjunction with National Drug Take-Back Day. A yellow sticker, which is to be placed on the driver's side rear window of a vehicle, will signal to emergency first responders that vital medical and emergency contact information is available within the vehicle.

Free enrollment in Yellow Dot will be available at the Drug Take-Back Day sites in Knox County, which will be operating between the hours of 10 a.m. and 2 p.m. Those sites include:

- Rockland City Hall, 270 Pleasant Street
- Lowe's, Thomaston
- Union Fire Department
- Warren Fire Department
- Vinalhaven Fire Department

In addition, Camden First Aid, at 123 John Street, will offer enrollments between 9 a.m. and 2 p.m., as well as offering Drug Take-Back, Child Car Seat Inspections and Fire Safety Awareness.

The National Yellow Dot Program is now in effect in 33 states. Participation is completely voluntary, individually

coming up, April 27 —

## Medication Turn-In Day in Waldo County

Healthy Waldo County, the local Healthy Maine Partnership, has joined with the Waldo County Sheriff's Department and local police departments to host another Medication Turn-In Day, to take place Saturday, April 27, between 10 a.m. and 2 p.m.

## Pen Bay Y Invites People to Take "Zero Sugary Drinks" Pledge

Penobscot Bay YMCA, in partnership with Let's Go! 5210 and Knox County Community Health Coalition (KCCHC), is planning a campaign for the month of May to encourage families and individuals to drink little or no sugary drinks.

The Y will be taking Zero Sugary Drinks pledges during April and will launch the campaign at the annual Healthy Kids Day on Saturday, April 27. Each family that enters will receive two guest passes, be entered into a drawing for a family pool party at the Y, and will also receive weekly health updates regarding sugary drinks. The pledge can be

maintained, and not recorded, stored or used for any purpose other than to save lives and to provide a voice to victims in the event of an emergency. Only critical information pertinent to medical care is needed. A yellow sleeve in the glove compartment will contain information about the occupant's identity, existing medical conditions, required medications, allergies, physician's phone number and hospital preference, as well as emergency contact instructions.

Enrollment will continue through the year, and permanent enrollment locations will be announced shortly via the Knox County Maine Yellow Dot Facebook page and at [www.yellowdotknoxme.org](http://www.yellowdotknoxme.org).

Permanent distribution locations will begin operation on May 1.

For more information on the Yellow Dot Program, contact your local police department, or the program's local sponsor, the attorneys at Briggs & Wholey, at [info@yellowdotknoxme.org](mailto:info@yellowdotknoxme.org) or 596-1099.

For more information on Drug Take-Back Day, call Rockland District Nursing Association, 594-4522, or go to [knoxcountymaine.gov/ema](http://knoxcountymaine.gov/ema).

**TO YOUR HEALTH**

## free demo class April 19 — Music Together Class for Babies and Parents Begins May 3

Jess Day of Midcoast Music Together, part of an international research-based early childhood music program, will offer a Babies Music Together class for parents and babies newborn to age 8 months this spring at the Picker Family Resource Center on the Pen Bay Medical Center campus. The eight-week class will be held on Fridays beginning May 3 from 11:30 a.m. to 12:15 p.m.

A free demonstration class will be held on Friday, April 19, from 11:30 a.m. to 12:15 p.m.

In a typical class, 12 babies and their parents or caregivers meet weekly for 45 minutes to experience new songs, chants, lullabies, movement activities and instrumental play, connecting with other families with babies and learning about their babies' development through music-making experiences. All participating families receive two Music Together CDs, an illustrated songbook and a baby-parent guidebook to use at home.

Make reservations for the demonstration or register for the class by visiting [www.midcoastmusictogether.com](http://www.midcoastmusictogether.com) or calling instructor Jess Day at 593-6645. The cost for the eight-week class is \$115 (materials included).

## Shriners Clinics to Be Held May 11

Each year Kora Shriners sponsors screening clinics around the state to help to determine if Shriners Hospital for Children might be able to help area children. The clinics are held to provide pediatric medical evaluations for orthopedic, burn injury, cleft lip and palate, scarring and plastic surgery for children up to 18 years of age. All care given at Shriners Hospital for Children is provided at no cost to the family.

This year's clinics will be held from 9 a.m. to noon on Saturday, May 11, at 11 locations in the state. No appointment is necessary and there is no charge to the family for the visit or the medical care. In the midcoast, clinics will be held at Penquis Child Development, 7 High Street in Rockland, as well as at Midcoast Rehabilitation Center, 310 Bath Road in Brunswick.

For more information, visit [korashriners.org](http://korashriners.org) or call 782-6831.

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## Two-Part Program on How Food Gets from Local Farms to Local Tables

Georges River Land Trust (GRLT) and the Good Tern Cooperative will host a two-part presentation on how food gets from local farms to your table on Friday, April 26, and Saturday, April 27.

Part One will be held at the Good Tern Cooperative, 750 Main Street in Rockland, on Friday, April 26, at 7 p.m. Representatives from Good Tern and two farms, Hatchet Cove Farm and Oyster River Winegrowers, both of which are permanently conserved with GRLT, will describe the way local foods make their way to your table. Information will be presented about Community Supported Agriculture (CSA) and how farms organize these programs, Oyster River's horse-drawn delivery program, and Good Tern's produce purchasing process. Space is limited to 20 participants, and advance registration is required; call GRLT at 594-5166.

Part Two, on Saturday, April 27, at 10 a.m., will be a private tour of Hatchet Cove Farm in Warren with owners Reba Richardson and Bill Pluecker. The 26-acre farm, which raises vegetables, chickens and cows, was protected in 2007 through a conservation easement with GRLT and is certi-



fied organic by the Maine Organic Farmers and Gardeners Association. The tour is free and open to the public, and is suitable for all ages; tourgoers are requested to wear clothing appropriate for the weather conditions and walking in an agricultural setting. Hatchet Cove Farm is located at 1133 Finntown Road in Warren, two miles south of the intersection with Route 1.

The presentation and tour are part of GRLT's Walks & Talks series to introduce the community to resources available to them in the St. George River watershed. For more information, visit GeorgesRiver.org.



## Merryspring Talk on Container Gardening: Easy on the Knees & Good in Small Spaces

Jan Macdonald will discuss container gardening at Merryspring Nature Center on Tuesday, April 23, at noon. Container gardening makes it possible to grow herbs, flowers and vegetables in very limited space. Macdonald, who owns and operates Barley Joe Farm Greenhouse in Warren, will demonstrate how to create container gardens that can be accessed from any angle, are easy on the back and knees, and can be placed anywhere at least two feet off the ground. Admission is free to

Merryspring members and children, \$5 for non-members. Merryspring is located at the end of Conway Road just off Route 1 by the Hannaford shopping plaza in Camden. For more information, call 236-2239 or visit www.merryspring.org. PHOTO BY LEIGH KELSEY

## Former Head of Muskie School to Speak in Belfast on Maine's Food System

The Maine Food System: How Local Food Councils Help Expand the Local Economy, Support our Farmers and Put More Healthy Food on Our Plates — is the title of a lecture to be given by Dr. Mark Lapping, former executive director of the Muskie School for Public Service at University of Southern Maine as well as former interim president of

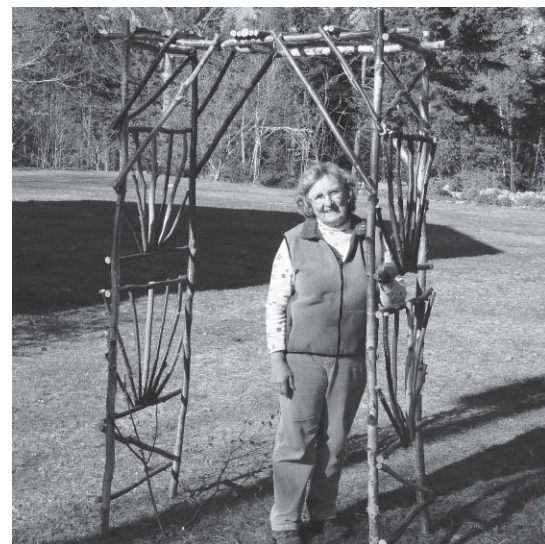
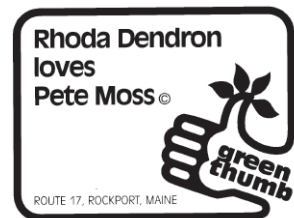
Unity College, at the Belfast Free Library on Monday, April 25, from 6:30 to 8:30 p.m.

Learn more at mainefoodstrategy.org.

## Creating Garden Architecture

Master Gardener Linda Redman will demonstrate ways to turn bare branches into garden architecture such as fences and arbors at a meeting of the Camden Garden Club on Thursday, April 25, at the Congregational Church on Route 1 in Camden. The meeting, free and open to the public, will begin with refreshments and conversation at 9 a.m. and the talk will begin at 9:30. The Camden Garden Club is entering its 98th year; new members are always welcome.

Redman is shown here with one of her creations.



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Having permanent beds of rhubarb and asparagus is like having a lock on spring: as soon as the spears are large enough to eat you have pie and rhubarb compote or brilliantly green spears of the king of vegetables. While a few leafy and highly ornamental rhubarb plants can be tucked away in a corner somewhere, an asparagus bed takes up a lot of garden real estate. Is it worth it? Like sweet corn, asparagus contains a lot of sugar at its harvest and this sugar rapidly begins to form starch molecules if the spears sit around, turning them bland and starchy. So if you want to experience asparagus at its best, you may want to grow your own.

I find it interesting that while heirloom varieties are venerated when it comes to many vegetables, it's the newer varieties of asparagus that garner attention—the all-male hybrid cultivars such as Jersey Giant, Jersey King, Jersey Prince and Jersey Knight. Seeds from female plants fall to the ground and become a seedling weed problem in the garden, and female plants must expend more energy to produce these seeds, resulting in decreased yields of spears on female plants. The all-male hybrids out-yield the old cultivars such as Mary Washington by a ratio of nearly three to one. Europeans and gourmet cooks prize purple varieties such as "Purple Passion," but this variety does have both male and female plants, so yields will be less than with the all-male hybrids.

Asparagus grows in most any soil as long as it has good drainage. A combination of well-rotted manure, blood meal, bone meal, and wood ash can be used as fertilizer. While asparagus can be grown from seed, the resulting crowns will have to be dug and transplanted to their permanent location in the garden after one year, so one year of potential spear production is lost due to transplanting. Buying year-old, healthy, disease-free crowns from a reputable garden center gets you to the fun eating part that much sooner. When deciding on the number of plants to buy, figure on each crown producing a half pound of spears per year when fully established.

Asparagus can be planted after the soil has warmed up to about 50 degrees. Plant the asparagus at either the west or north side of the garden so that it will not shade the other vegetables. Dig a furrow no deeper than 5 to 6 inches. In the past, gardeners were advised to dig a deep trench for planting, but research has shown that the deeper asparagus crowns are planted, the more the total yield is reduced. Applying about four pounds of steamed bone meal per 50 feet of row in the bottom of the furrow before planting will make phosphorus immediately available to the crowns

and result in increased yields.

Place the crowns 1½ feet apart in the row. If more than one row is planted, space the rows five feet apart from center to center. This wide spacing is necessary because the fern-like foliage will fill in the space quickly. Wide spacing also promotes rapid drying of the foliage to help prevent the onset of fungal diseases.

Do not harvest the asparagus during the planting year. Spears will be produced from expanded buds on the crown. As the spears elongate and reach a height of about 8 to 9 inches, the tips will open. The spear will become woody to support the small branchlets of fern-like foliage. The foliage produces carbohydrates for the plant and sends it down to the crown for next year's spear production. The year after planting, asparagus can be harvested several times throughout a three-week period, depending on air temperatures. Research shows there is no need to wait two years after planting before harvesting.

In fact, harvesting the year after planting will stimulate more bud production on the crown and provide greater yields in future years, as compared with waiting two years before harvesting. For your last harvest of the season, snap all the spears off at ground level and side dress with fish emulsion or similar material. Remove existing weeds either by shallow cultivation or hand-pulling. New spears will then emerge, fern out, and provide a large canopy to cover the space between the rows. Once a dense fern canopy is formed, weed growth will be shaded out.

Harvest asparagus by snapping seven- to nine-inch spears with tight tips; cutting asparagus below the soil with a knife can injure other buds on the crown that will send up new spears. The small stub that is left in the soil after snapping a spear dries up and disintegrates. A new spear does not come up at the same spot, but from another bud on the crown.

One last tip for enjoying your asparagus harvest. Don't snap the ends off the spears before cooking; you end up losing a great deal of edible stalk. Just trim off a half inch or so and then use a vegetable peeler to take the skin off the last two inches of the spear. Then roast, grill, steam or saute to your heart's content.

# HOME & GARDEN

by Georgeanne Davis

## All Hail the King of Spring Vegetables



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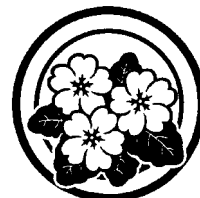
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## Five Town CTC STAR Program Returns

Five Town Communities That Care (CTC) is again offering its STAR program for fifth- to eighth-graders in Appleton, Camden, Hope, Lincolnville and Rockport. STAR (Skills Training and Recognition) is a free, after-school program focusing on skill development, recognizing youth as they learn these skills, and connecting youth with opportunities to give back by using these skills in the larger community. STAR also gives children an opportunity to make new friends from other schools in the five towns.

The first cycle of classes begins on Tuesday, April 23, and will run through Tuesday, June 11. Skills training takes place on Mondays and Wednesdays, or on Tuesdays and Thursdays. On Fun Fridays, all students enrolled in STAR come together for activities. For the spring cycle of STAR, students will be able to participate in one of the following classes: Knit Wits, Exploring Through the Arts, Hands-On Science, Animal Antics, Aldermere Farm Hands, Martial Arts, Cooking, and Improvisational Drama.

The mission of Five Town CTC is to promote healthy youth and to prevent problem adolescent behaviors. For more information, visit [www.fivetownctc.org](http://www.fivetownctc.org) or call 236-9800.

## Orientation for Parents of Kindergartners at Warren Community School

Parents in Warren who will have a child entering kindergarten in the coming school year are invited to Leap into Learning, an orientation meeting at Warren Community School on Wednesday, April 24, at 6:30 p.m. Children who will be 5 on or before October 15 are eligible to attend kindergarten this fall. Kindergarten screening will be held at Warren Community School on Monday and Tuesday, April 29 and 30; to make an appointment, call the school office at 273-2001.

At the April 24 meeting, parents will have an opportunity to meet the kindergarten teachers, visit a kindergarten classroom and tour the school. An informational session will outline for parents what to expect during their child's first year of school. There will be discussion of routines and procedures, ways to help prepare children for kindergarten, and time for questions. An activity is planned for incoming students with each student receiving a free book, and light refreshments and childcare for siblings will be provided.



**New Community Coordinator at Five Town CTC** — Marti Wolfe, pictured here, has joined the Five Town Communities That Care staff as community coordinator. Wolfe spent 32 years as a classroom teacher, 22 of them with SAD 28. As community coordinator, she will represent the Five Town CTC Coalition to the community, engaging individuals and organizations in the promotion of healthy youth and in the prevention of problem adolescent behaviors. The mission of Five Town Communities That Care (CTC) is to promote healthy youth development and to prevent problem adolescent behaviors such as substance abuse, violence, school dropout, delinquency, teenage pregnancy and suicide. They also seek to foster increased collaboration and cooperation in the Five Town community in order to best serve the needs of young people. For more information on Five Town CTC, visit [www.fivetownctc.org](http://www.fivetownctc.org) or call 236-9800.

## Fairy Garden Workshop at Rockport Library Next Friday

Liza Walsh will present a fairy garden workshop at the Rockport Public Library on Friday, April 26, from 3:30 to 5 p.m. Children are invited to help transform a garden behind the library into a magical fairy garden. They will help plant, design pathways, and "fairyfy" the space to entice fairies to visit the library.

Children will also decorate a seed packet filled with fairy dust and seeds to help their own gardens grow at home.

Space is limited, so advance registration is required by calling Kim Slocomb at the library, 236-3642.



## Enrollment Open for May After-School Jr. Naturalist Program in Damariscotta

Damariscotta River Association's (DRA) Jr. Naturalist Program of guided, hands-on after-school nature exploration for children in grades 1 through 5 is accepting registrations for its May session, "Wildlife in Migration," which will include wildlife hikes, bird watching from a blind, games, and more — a highlight will be learning about horseshoe crabs in the salt marsh, pictured here. "Every

class makes its own discoveries," says DRA Education Coordinator Sarah Gladu. "Last year the group found elvers, young American eels, in a stream where they had not been observed before." Sessions will meet through May on Tuesdays and Thursdays at DRA's Great Salt Bay Farm Heritage Center at 110 Belvedere Road in Damariscotta. Classes are held from 3:15 to 4:45 p.m., and snacks are provided. Participants can be dropped off by local buses from Nobleboro Central and Great Salt Bay schools. Fee for the month is \$50 for DRA members, \$55 for non-members; a family membership to the DRA is \$40. For more information, call 563-1393 or visit [www.damariscottariver.org](http://www.damariscottariver.org).



## Spring Soccer Season to Open April 30 at Damariscotta YMCA

Central Lincoln County YMCA in Damariscotta will open its spring soccer season for children in grades 1 to 6 on Tuesday, April 30. Practice with volunteer coaches will be held once a week (schedule to be determined after April 30), and games will be played on Thursdays at the CLC Y. Players will work on soccer fundamentals and techniques, footwork and team play while exercising, making friends and having fun; every child will play at least half of each game. For more information, visit [clcymca.org](http://clcymca.org) or call 563-3477.



## Senior Trekkers Reflect on Their Past, Future in Rites of Passage Expedition

Eighteen Oceanside High School senior Trekkers and six adult mentors are shown here during a recent five-day Rites of Passage expedition to Stump Sprouts, a retreat lodge in the foothills of the Berkshires in western Massachusetts. The trip, which concluded the students' six-year Trekkers program experience, included a 36-hour wilderness solo for each student, an opportunity for solitude in nature to reflect upon the transition from adolescence to adulthood. "Many of our programs at their core provide an opportunity for students to explore new landscapes and cultures," says Executive Director Don Carpenter, who led the expedition. "The Rites of Passage Program provides students the opportunity to explore their own inner landscapes with intention [so as] to get clear about the type of people they want to become in the future." Trekkers serves the communities of St. George, Owls Head, Cushing, South Thomaston, Thomaston and Rockland. For more information, visit [www.trekkers.org](http://www.trekkers.org) or call 594-5095.





**Central Lincoln County YMCA Offers Supervised After-School Program**

— Central Lincoln County YMCA, at 525 Main Street in Damariscotta, offers a supervised after-school program for children in grades K to 5, where children can unwind from the school day, socialize and participate in wholesome activities. Y staff will meet children at Great Salt Bay School and accompany them back to the Y, while children from Nobleboro will take a bus to the Y. Children will receive a healthy afternoon snack, organized physical activity and homework help from 3 to 4 p.m. The Y encourages children to participate in all programs at the Y including gymnastics, soccer and tennis. After-school staff will escort children from the after-school program to another program. The Y after-school schedule, Monday through Friday, is: from 2:45 to 4 p.m. — two days a week, \$15; three days a week, \$20, five days a week \$30; from 2:45 to 5:30 p.m. — two days a week, \$30; three days a week, \$40; five days a week, \$45. For more information, visit [www.clcymca.org](http://www.clcymca.org) or call 563-3477.

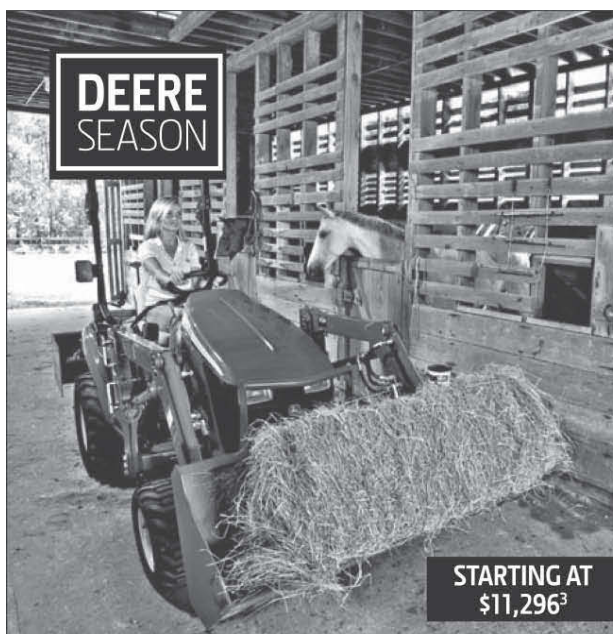
**Energy-Efficiency Contest Being Held Among Midcoast, Island Schools**

The Island Institute's Energy for ME energy-education program is currently holding a Spring Energy Extravaganza competition between students at 10 Maine coastal and island schools. Students at each school will work with their school's facility manager, other students and staff to reduce energy use throughout the entire building as compared to the same period last year. Each school that achieves a reduction in energy use during the competition will receive a portion of \$2,000 in "eBucks" that can be redeemed to make further efficiency upgrades. The contest will run through Thursday, May 9, and results will be announced at the Energy Fair in Belfast on Friday, May 10.

Competing schools are Camden Hills

Regional High School, Washington Academy, Jonesport-Beals High School, Searsport District Middle School, Islesboro Central School, North Haven Community School, Deer Isle-Stonington High School, Pemetie Middle School, Vinalhaven School and Elm Street School in East Machias.

Energy for ME is a multiyear project, funded through a competitive grant from the National Science Foundation, with the goal of increasing students' awareness of and interest in science, technology, engineering and math (STEM) fields of study and careers. For more information, visit [www.islandinstitute.org/energyforme](http://www.islandinstitute.org/energyforme) or contact Brooks Winner at [bwinner@islandinstitute.org](mailto:bwinner@islandinstitute.org) or 594-9209, extension 148.



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*This show is sponsored by J & B Printers of Rockland.*







### DaPonte String Quartet to Present May Concerts

In recognition of National Chamber Music Month, Maine's DaPonte String Quartet will present four concerts in May: on Thursday, May 16, at St. John's Church in Thomaston at 7:30 p.m.; on Friday, May 17, in Damariscotta's Lincoln Theater at 7:30 p.m.; on Saturday, May 18, at the Portland Public Library at 7:30 p.m.; and on Sunday, May 19, at 3 p.m. in Topsham at the Mid-Coast Presbyterian Church.

The four performances will include Franz Josef Haydn's Quartet in F Major, Opus 77 No. 2, Chinese composer Zhou Long's "Song of the Ch'in," and Edvard Grieg's one and only string quartet, G minor, Opus 27.

For tickets and more information, go to [www.DaPonte.org](http://www.DaPonte.org).

### Like "the old days" — Thomaston 4th of July to Include Carnival

The Thomaston 4th of July Committee has booked a carnival, complete with Ferris wheel, merry-go-round and "Sizzler" ride, to play in town from Tuesday to Saturday, July 2 to 6. On Thursday, July 4, the rides will open right after Thomaston's traditional parade, which this year will have the theme "The Carnival Is Back in Town!"

The carnival is operated by East Coast Midways of Clinton ([www.eastcoastmidways.com](http://www.eastcoastmidways.com)), whose owners, according to the 4th of July Committee, take pride in providing a safe, family-friendly venue for all ages.

The carnival rides will be located behind the Lura Libby School on the Little League ballfield. Rides will open starting at 5 p.m. during the week. On Thursday, July 4, the rides will open after the parade and run until the end of the fireworks. On Saturday, July 6, rides will be open from noon



to 5 p.m.; the carnival will pack up that night.

Thomaston's traditional Independence Day attractions and entertainment will take place as usual throughout the day behind the business block, including food vendors, horseshoe tournament, craft tent, pet show, Firecracker 5K Race, live bands, chicken barbeque, and children's games and bouncy houses, culminating in the fireworks display by Central Maine Pyrotechnics.

In the 1960s and early '70s, the American Legion sponsored a carnival every summer. Once the carnival was no more, a group of ladies known as the Breakfast Club, led by Lucy Mayo, started a new tradition, including a parade, chicken barbeque, horseshoe contest and fireworks.

For more information, visit [www.thomastonmaine4thofjuly.com](http://www.thomastonmaine4thofjuly.com).

PHOTOS: EAST COAST MIDWAYS, LLC



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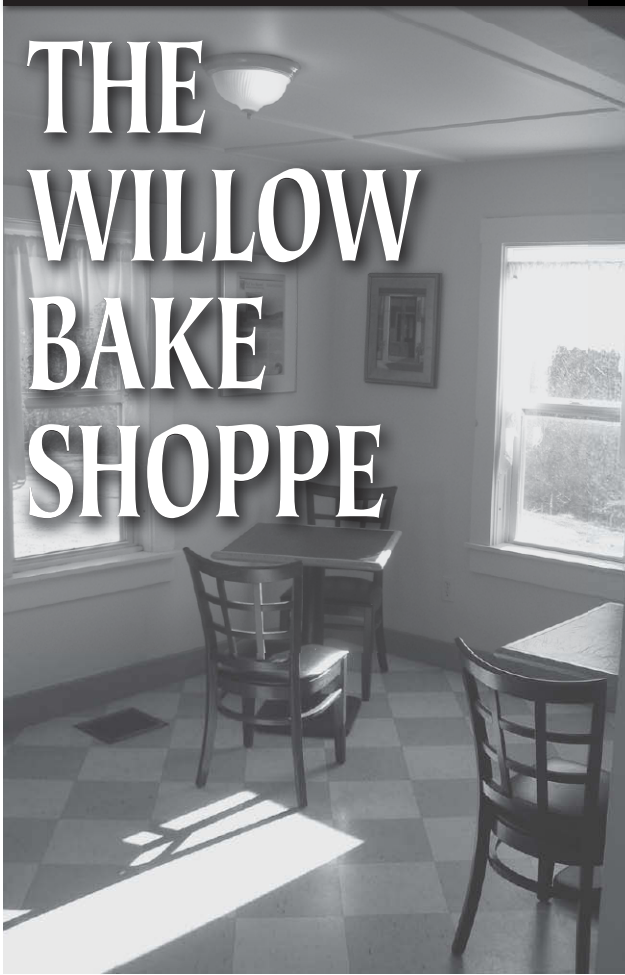
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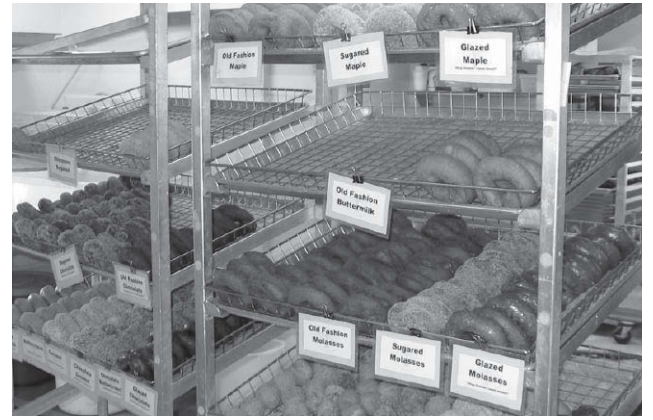
The year is 1949, the new 45 RPM record is introduced, George Orwell publishes a new book entitled 1984 and a new business opens on Willow Street in Rockland — Willow Street Donuts. Today, Dave and Karla Joseph represent the eighth generation to make these famous donuts using the same recipe, and in some cases the same equipment — now calling their business The Willow Bake Shoppe.

The Josephs make all the old traditional favorites just the way old-timers will remember and are adding new twists all the time. The year-round flavors are:

Buttermilk, Molasses and Chocolate. During the year, seasonal flavors are added — Blueberry, Cider, Pumpkin and the current seasonal, Maple.

Should you be inclined, you can add sugar, glazed, coconut or butter-crunch coatings. New this year are the addition of Raised and Glazed donuts, available on Tuesdays and Thursdays.

The Willow Bake Shoppe is located in Glen Cove just over the Rockland town line. It has a sunny and cozy dining room that's a great place to bring your friends for a donut and some Rock City Coffee. (Try



the Fire on The Mountain if you like a bold dark roast.)

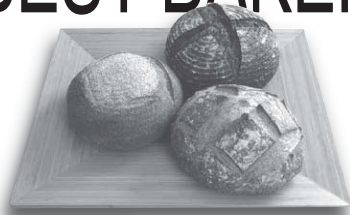
Morning meetings can be boring — liven them up with donuts and a box of coffee to go (you can call ahead and make it easy). Another way to get great-tasting Willow Bake Shoppe donuts is to buy them by the bag at your local Hannaford store. You will find them in the bread aisle.

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View of the HVNC bog from the boardwalk

### Open House at Nature Center with Guided Bog Tour, Classes, Games

Hidden Valley Nature Center (HVNC), on Egypt Road in Jefferson, will hold a community open house from 10 a.m. to 3 p.m. on Sunday, April 21. Admission is free and a special membership rate will be offered that day. A guided tour of the kettlehole bog ecosystem will be offered, along with a fly-tying class with Sean McCormick; African drumming; a vernal pool walk; Quest, a nature-based treasure hunt; the game Trail Guys; and final assembly of the building constructed in the latest timber-frame construction class.

From 10 a.m. to noon, Hildy Ellis, horticulturist and district coordinator for the Knox-Lincoln Soil and Water Conservation District, will lead a tour of the bog, using the new 220-foot boardwalk that enables visitors to travel above the floating peat. In addition to birds and animals resuming activity, emerging pitcher plants and sundews should be visible.

Suggested donation for the bog tour is \$5. Reservations are required; for more information, visit hvnc.org or call 200-8840.

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## April 27 at Camden Library An Afternoon with Curt Hanson, Daylily Hybridizer Extraordinaire

*Hanson's Point of Divergence daylily*

The Maine Daylily Society will host plant hybridizer Curt Hanson, whose daylily cultivars are found in gardens worldwide, at the Camden Public Library on Saturday, April 27, from 11:30 a.m. to 3:30 p.m. The free, and open-to-the-public, program begins with social time and a potluck lunch, followed by Hanson's slide presentation at 1 p.m. An auction of recent Hanson daylilies will follow.

Hanson's Crintonic Gardens in northern Ohio, filled with fields of daylilies, also includes rare botanicals, including unusual specimen trees. In addition to breeding daylilies, Hanson also works with magnolias and some other families of plants.

A hybridizer grows thousands of seedlings, selecting only a very few; Hanson looks for plants that exemplify the care-



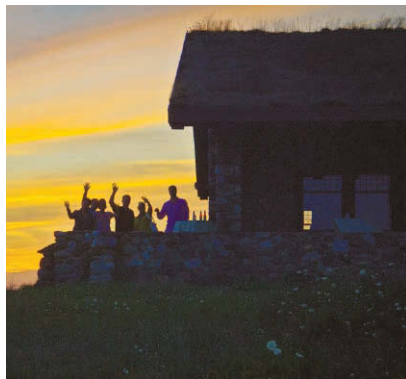
free daylily in a newer, improved form. Hemerocalli, the daylily family, has come a long way from its origins as a small, yellow or orange flower from Asia. Hanson selects daylilies for beauty, hardiness, and something unique on the frontier of the daylily world.

The free program will include refreshments and door prizes. For more information, call Susan Shaw, 236-4085.

## Sunset Party Atop Beech Hill First Prize in Land Trust Raffle

The top prize in Coastal Mountains Land Trust's (CMLT) second annual raffle is a Summit Sunset Party on the terrace at Beech Nut, the stone hut atop Beech Hill, for the winner and up to 40 friends and family. Only 150 tickets will be sold, at \$100 apiece. Proceeds will support the conservation programs of CMLT, which works to permanently conserve land to benefit the natural and human communities of western Penobscot Bay. Winners will be drawn on Tuesday, May 28. To enter, visit [www.coastal-mountains.org](http://www.coastal-mountains.org) or call 236-7091.

The first-prize winner and the land trust will select a party date between July 8 and August 30, and the winner may choose between an array of hors d'oeuvres or a picnic dinner. A full beverage setup will be supplied (state law forbids the land trust from providing alcoholic beverages, but partygoers may



*Last year's raffle winners at the summit of Beech Hill* PHOTO: JAY LEECH

bring their own), plus transportation up and down the hill, invitation cards sent to guests, and a \$200 Hannaford gift card for extras.

Second prize is a Breakfast by the Bay Weekend Package for two at the Samoset Resort in Rockport — two nights at waterfront accommodations accompanied by breakfasts at La Bella Vita, the on-site restaurant, and access to all the resort's spa facilities and amenities. Third prize is a limited-edition Ducktrap River portfolio of three 11-by-14-inch matted platinum photographic prints by Dennis C. Shultz, including an autographed copy of the book *To Save a River*. Fourth prize is a limited-edition archival-quality giclee photographic print of an image of the winner's choice by nature photographer Brian Willson (MaineSeasons.com). Fifth prize is 30 pounds of CMLT's fresh, organic Beech Hill blueberries.

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Lincolville~ Spacious 1-fl. living, stone FP, MBR, in-law apt., glimpse of water. \$244,500



Rockport~ Expanded 10 room Ranch, 4-BRs, lg. bsmnt w/wrkshp space. \$274,000



Lincolville~ Unfinished dwelling, framed-out, 2-BRs & loft on 5+ acres. \$110,000



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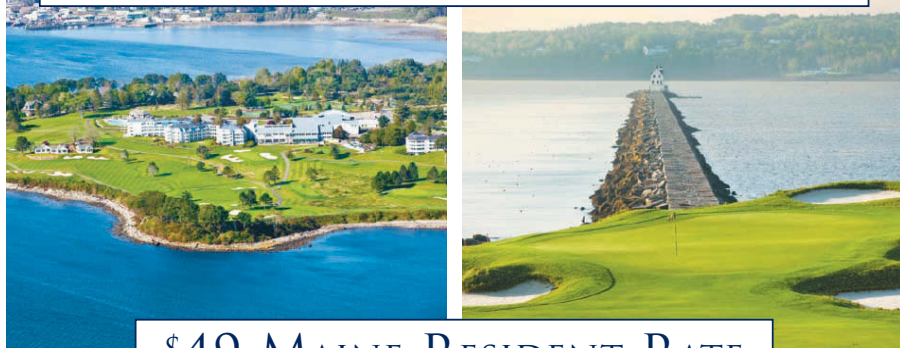
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**Riders Invited to Sign Up for Trekkers Bicycle Tour Fund-Raiser, Set for June 8**

— The fifth annual Pedal to the Port bicycle tour, to raise funds for Trekkers youth mentoring programs, is scheduled for Saturday, June 8, and will offer three routes, each starting and finishing at Oceanside West (formerly Georges Valley) High School in Thomaston: a 12-mile family-friendly loop along the St. George peninsula; a scenic 35-mile loop to Marshall Point Lighthouse in Port Clyde and back; and a 45-mile oceanside loop past the Reversing Falls at the 'Keag in South Thomaston and around Ash Point in Owls Head. Registration is \$25 for an individual rider; new this year, there is no registration fee for teams of four or more. Each rider is asked to gather a minimum of \$75 in pledges, which will support area students through Trekkers' mentoring relationships, tutoring services and educational programming. For more information, to register and obtain pledge sheets, or to sponsor a rider, go to [www.pedaltotheport.com](http://www.pedaltotheport.com). Here, Pedal to the Port cyclists at Marshall Point Light.

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I have always been fond of the color blue. I suspect it started with that giant box of Crayola Crayons that appeared under the Christmas tree one year when I was quite young. There, in ordered splendor, lay an entire spectrum of nicely pointed crayons in all shades of blue: aquamarine, blue-green, cerulean, navy blue, indigo. And they were all mine!

I recalled that gift recently when I spent a short time sailing in the Windward Islands of the Caribbean. The sea, as any guidebook will tell you, is spectacularly beautiful, a kaleidoscope of vivid blues and greens. Left to myself, I would have drifted among the mountainous islands from turquoise green to azure blue bays, hypnotized by color and the small loggerhead turtles that swam lazily among the rocks.

We don't have such clarity of water here in the Gulf of Maine and, to be honest, that's a good thing. Not because such colors would quickly render even the most earnest Yankee stupefied by beauty. No, it's because our green and murky water signifies wealth. The Caribbean Sea, by contrast, is poor.

It all comes down to food. The base of the marine food chain is the sun, transformed into sugar through the miracle of photosynthesis. What performs this miracle? Plants. And what sort of plants live in the ocean? Very, very tiny ones, known as phytoplankton. Inside these phytoplankton is a pigment called chlorophyll that allows the plant to convert carbon dioxide and sunlight into sugar. Chlorophyll has another interesting quality: it absorbs the red wavelength of sunlight and reflects back the green wavelength. That's why we see leaves and grass as green and that's why ocean areas rich in phytoplankton also appear green.

At this time of the year, the Gulf of Maine tends to be quite green. The sun has grown stronger, the length of the day has increased, and the winter's snowpack has melted, bringing freshwater and critical nutrients into the Gulf. Phytoplankton are drawing on those nutrients to commence their spring bloom.

## Brilliant Blue, Gorgeous Green



by Melissa Waterman

The area of the Caribbean I was visiting, by contrast, is always blue. The ocean water is always warm, very salty, and nearly devoid of nutrients. There are very few phytoplankton kicking around in the water to absorb any wavelength of sunlight. The strong sun beats down through the clear ocean, hits the white sandy bottom and reflects brilliant turquoise and teal colors to my eyes.

In such a nutrient-poor world, coral reefs become extraordinarily important. Caribbean corals are adapted to the lack of nutrients in the water. They act as a sort of Moody's Diner for sea creatures. On the reefs you can find hundreds of different species of fish, tucked safely away in their various crevices and niches. They can exist because the reef provides the algae and detritus that constitute the base of the tropical food web as well as crucial

hiding places from predators in an all-too-clear environment.

A single coral reef may feature 200 different species of fish, but only a few individuals of each species at any one time. In a world where food is scarce and safe niches in which to hide are rare, you can't have too many of any one species crowding about on a reef. In the Gulf of Maine, the opposite is true. The murky green Gulf is bursting with food and features a highly variegated sea floor. There's room for hundreds if not thousands of individuals to grow and prosper. But our water temperatures are cold year-round. Cold water taxes a body, as many a summertime swimmer has found. If you happen to be a species adapted to cold, you and thousands of your kin will thrive here. Hence the Gulf was once known for its great stocks of codfish, hake, haddock and other groundfish, vast schools of herring and mackerel, and the other fish species characteristic of the north.

Sure, I am mesmerized when sailing over water so brilliant in color that it seems to be lit with 1,000-watt lights from below. Blue is the color that calls to me but green is the water that I live with, a rich soup that just now is waking up with life.

### "The Plankton Chronicles," Special Bigelow Café Scientifique Talk in East Boothbay on April 24

Bigelow Laboratory for Ocean Sciences will host Dr. Christian Sardet for a special Café Scientifique at its East Boothbay campus at 7 p.m. on Wednesday, April 24. Sardet, a French biologist, is co-creator of the multimedia series "The Plankton Chronicles," which uses state-of-the-art optics to reveal the beauty and diversity of marine plankton, microscopic drifting life forms that form the basis of the ocean's food web and play a critical role in global environmental conditions. The evening will include screenings of excerpts from the series and an informal discussion about the project. Café Scientifique talks are free and open to the public, with beer, wine and sodas available for purchase. The laboratory's regular summer series of Café Scientifique conversations will begin on July 2 in the Opera House at Boothbay Harbor. IMAGE COURTESY OF "THE PLANKTON CHRONICLES"



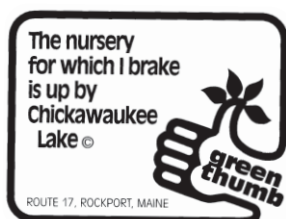
### Slide Talk Tonight at Belfast Library on Journey from Minnesota to Maine by Canoe



Belfast Free Library will host Sarah Mattox and Aaron Bauman for a free illustrated talk, "Coming to Maine...by Canoe," in the Abbott Room of the Belfast Free Library tonight, Thursday, April 18, at 6:30 p.m. Mattox and Bauman (pictured) will chronicle their journey on the Northern Forest Canoe Trail, the route they took when they moved from Minnesota to Maine. Light refreshments will be served at the talk, which is sponsored by the Belfast Bay Watershed Coalition. For more information, call 338-3884.

## Friends of Sears Island Invites Public to Gathering in Searsport

Friends of Sears Island (FOSI) invites the public to celebrate the stewardship activities that have encouraged and enhanced public enjoyment of Sears Island's beaches, trails and wildlife habitats. The celebration will be held at Curtis Hall, on Church Street in Searsport, from 2 to 4 p.m. on Sunday, April 28. All are welcome to enjoy good food, good music, slides and videos, share trail tales, and learn about FOSI's plans for the year ahead. For more information, call 548-0142.



## Christine's All-Weather FIELD NOTEBOOK



4/18/13

Ben, one of my co-workers, brought a pretty little moth in a plastic cup to work and put it on my desk not long ago. It was dead, of course. It wasn't winter hardy. About an inch long, with bold black-and-white-striped wings, it turned out to be the Virgin Tiger Moth, *Grammia virgo*, an Eastern North American moth that could easily blend in on a white birch tree. And, in fact, the moth favors openings in the woods, and nearby fields.

I spread its wings to reveal scarlet underwings with deep black spots.

Known as a startle display, the bright colors and patterns on underwings scare away predators and usually advertise that the insect tastes nasty, as birds and frogs quickly learn — they spit tiger moths out.

The tiger moth has an unusual extra defense, though. When it hears a bat approach — tiger moths have tiny ears not so different from ours — they start clicking back at the bat. Biologists are undecided on the function. Clicks may startle the bat, warn it that the moth tastes bad, or jam bat sonar by mimicking echolocation. Whatever the reason, the clicks often allow the moth the extra second to escape.



Christine Parrish is in training to be a Maine Master Naturalist. For more information, see [mainemasternaturalist.org](http://mainemasternaturalist.org).

## All ages can participate — Volunteers Needed to "Lend an Ear" for Statewide Frog Survey

Maine Audubon is seeking volunteers for its Maine Amphibian Monitoring Program (MAMP) to help detect the presence of frogs and toads in their local area by listening for mating calls during the coming week. Volunteers will drive along an assigned route three different times and stop at designated areas to check for the presence of nine different amphibian species. Free online training is available for all volunteers. For more information or to sign up, contact Maine Audubon wildlife biologist Susan Gallo at [sgallo@maineaudubon.org](mailto:sgallo@maineaudubon.org) or call 781-2330, extension 216.

The need for volunteers immediately is crucial. Frog and toad species make their mating calls for a very short period, often less than two weeks. Wood frogs, the Northern leopard frog and other amphibians are already active in vernal pools and wetlands throughout southern Maine and will begin activity in the rest of the state within the next week.

MAMP, inaugurated in 1997, is part of a nationwide effort to collect data to better understand the distribution and abundance of amphibians. "It takes many years of observation and data collection to truly understand how our local habitats are changing," says Gallo. "Each year, Maine contributes the data our volunteers collect to a national database managed by the United States Geological Survey (USGS). This helps USGS staff work with local natural resource managers and contributes to increased knowledge about the general global trend of amphibian decline."

"Participating in MAMP is a fun family activity," Gallo adds. "Adults and kids can learn how to identify frog and toad calls together and contribute to a great citizen-science project that will help us understand the larger changes that are happening to Maine's habitats."

### NATIONAL WEATHER SERVICE FORECAST for Knox County

**Thursday Night** A chance of drizzle after 2am. Patchy fog after 2am. Otherwise, mostly cloudy, with a low around 43. South wind around 15 mph.  
**Friday** A chance of drizzle. Patchy fog. Otherwise, mostly cloudy, with a high near 55. Breezy, with a south wind 17 to 20 mph.  
**Friday Night** A 50 percent chance of rain, mainly after 8pm. Cloudy, with a low around 48. Breezy.  
**Saturday** Rain likely. Cloudy, with a high near 56. Chance of precipitation is 60%.  
**Saturday Night** Mostly cloudy, with a low around 34.  
**Sunday** Sunny, with a high near 50.  
**Sunday Night** Partly cloudy, with a low around 33.  
**Monday** Mostly sunny, with a high near 49.  
**Monday Night** Partly cloudy, with a low around 33.  
**Tuesday** Mostly cloudy, with a high near 51.

### ROCKLAND AREA TIDES April 18 to April 25

	High AM	High PM	Low AM	Low PM
Thursday	5:04	5:44	11:28	11:49
Friday	6:00	6:38	---	12:22
Saturday	6:57	7:32	12:46	1:16
Sunday	7:52	8:22	1:42	2:07
Monday	8:45	9:09	2:34	2:55
Tuesday	9:34	9:54	3:23	3:41
Wednesday	10:22	10:39	4:10	4:26
Thursday	11:08	11:23	4:56	5:11



## BOOK REVIEWS

**BENDING TOWARD JUSTICE:  
The Voting Rights Act and the  
Transformation of American  
Democracy**

BY GARY MAY

Review by Kevin Boyle

Sometime this spring the Supreme Court will rule on an Alabama county's challenge to a key provision of the 1965 Voting Rights Act. More than likely the Court will split, five to four, with the decisive vote coming from Justice Anthony Kennedy. If oral arguments are any indication, his decision will be shaped by a single question. Have we — at long last — overcome?

Not yet, University of Delaware historian Gary May makes clear in his exemplary account of the landmark law. Then again, we had a very long way to go. Slavery had been dead for only five years when the 15th Amendment guaranteed freed men the right to vote. But in the late 19th century, Southern whites used a variety of tactics, legal and extra-legal, to make the amendment meaningless. Nowhere was disenfranchisement more thoroughgoing than in the Deep South: by the early 1900s only 2 percent of Alabama's eligible African-Americans managed to cast ballots.

African-Americans repeatedly demanded their rights be restored; Rosa Parks' first venture into activism came in a 1943 voter registration drive, a dozen years before her refusal to move to the back of a Montgomery bus. May focuses on the climactic struggle, launched by the Student Non-Violent Coordinating Committee (SNCC) in Selma, Alabama, 50 miles west of Montgomery, in the summer of 1962. For the next two-and-a-half years, the campaign limped along, its efforts continually undercut by the city's brutal sheriff, Jim Clark. Then, in January 1965, Martin Luther King came to town.

SNCC wasn't pleased to see him. King was a grandstander, its organizers thought — "de Lawd," they called him behind his back — always willing to seize the spotlight from the local folks who'd built the movement he supposedly led. But there was no doubting his charisma. Within a few weeks of his arrival, Selma's long-struggling campaign was filling the streets with protesters, daring Sheriff Clark to stop them, waiting for him to break, knowing that when he did he'd create a crisis profound enough to reach King's real target: the president of the United States.

May moves nimbly through the swirl of events that led to the Voting Rights Act. The first bursts of official violence, which culminated in the death of 26-year-old Jimmie Lee Jackson, shot by a state trooper in the midst of a march the authorities were determined to stop; the infamous assault on the Edmund Pettus Bridge, played out before the television cameras; King's brilliant call for people of faith to join the campaign; a moment of moral outrage transformed into a national crusade, with ministers and rabbis, priests and nuns, pouring into Selma, hundreds of pickets in front of the White House, 10,000 circling the federal building in downtown Detroit, 15,000 in Harlem, 20,000 on the Boston Common; another victim, the Rev. James Reeb, who had come down from Massachusetts to join the cause, bludgeoned to death by white thugs as he walked out of a Selma restaurant.

It took President Lyndon Johnson a week to respond to the pressure. But when he did, on March 15, 1965, it was one of the most electric moments of the postwar era. That evening he went up to Capitol Hill to announce that his administration would be introducing legislation to assure African-Americans the vote. Halfway through his address, though, he went a step further. Standing in front of the Congress he'd once dominated, in front of a television audience of 70 million, in front of history, Johnson made himself one with the movement. Its cause, he said, "must be our cause

too. Because it's not just Negroes, but really it's all of us, who must overcome the crippling legacy of bigotry and injustice. And — we — shall — overcome."

The extraordinary promise of that moment inevitably gave way to the practicalities of the political process. May devotes the final third of *Bending Toward Justice* to the bill's passage, implementation and repeated renewal. Johnson signed it into law on August 6, 1965, less than six months after the bloodshed on the Edmund Pettus Bridge. Four times Congress has extended its life, most recently in 2006. It's had a profound effect. In 1965, African-Americans held about 1,400 elected offices in the United States, says May. Now they hold 10,000, among them one of Alabama's seven congressional seats. Selma's seat, as it happens.

But the job's not done, he insists. Though it's rare, outright racial manipulation still occurs. In 2008, Calera, Alabama — a municipality in the county that's currently challenging the constitutionality of the Voting Rights Act — redrew its electoral boundaries to drive out the one African-American on its city council; only the Voting Rights Act prevented the change from going through. More broadly, the Act may be the only legal defense against the tidal wave of voter identification laws sweeping through the states. Last year, a federal court used the Act's provisions to invalidate Texas' new ID law, which could have prevented half-a-million people from voting in the 2012 elections, a disproportionate share of them African-American and Hispanic. It's a depressing thought that, almost half-a-century after those vicious days in Selma, the vote isn't secure; worse still to know that the law those days produced is imperiled — unless Justice Kennedy answers the question that's been laid in front of him just as President Johnson did on that remarkable evening all those years ago. It's all of us who must overcome injustice. And we shall overcome. Someday.

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**MR. AND MRS. DOG: Our  
Travels, Trials, Adventures,  
and Epiphanies**

BY DONALD McCAIG

Review by Michael Dirda

Like many people, I associate all books about dogs or horses, let alone fawns, with loss and heartbreak. *Old Yeller*, *Black Beauty*, *The Yearling* — these are not novels I want to return to, even if they are classics. At the end of this memoir, Donald McCaig summarizes the famous story about the Welsh prince Llywelyn, who owned a beloved hound named Gelert. One day, the prince returned from hunting to find his baby son's crib empty and the excited dog covered in blood. Horrified, the prince slew Gelert. "Moments later he discovered his unharmed son, next to the corpse of the wolf Gelert had killed protecting the child." Even as I typed that sentence, I could feel the tears welling up in my eyes.

Happily, *Mr. and Mrs. Dog* is an exception to the "heart-break rule" about animal books. In this account of McCaig's run-up to the World Sheepdog Trials in Wales, all the main characters are alive at the end. Border collies Luke and June — the Mr. and Mrs. Dog of the title — perform well, sometimes superlatively well, at various field events. It's usually their handler — Donald McCaig himself — who makes the mistakes that sometimes cost them points.

As many readers know, McCaig, described by Patricia McConnell as "the Mark Twain of dog writers," has produced a half-dozen canine classics, including the novel *Nop's Trials and The Dog Wars*. He's also well known as the author of the best-selling *Rhett Butler's People*, an authorized sequel to *Gone with the Wind*. By my count, this former advertising executive-turned-farmer has managed to bring out at least 15 books while somehow keeping sheep in western Virginia, training dogs and competing in far-flung sheepdog competitions.

Throughout *Mr. and Mrs. Dog*, McCaig's voice on the page might be described as down-home, occasionally sardonic and sometimes even a little vulgar. "My Highland County neighbors think Manhattan is Sodom or (in a more charitable mood) Gomorrah. Manhattanites assume my neighbors know nothing and impregnate their sisters." Despite the easygoing, almost rough-hewn quality to McCaig's prose, you'll want to pay close attention when he outlines the terms and technicalities of sheepdog trials.

In these competitions, a handler doesn't earn points, he has them deducted for every human or canine mistake. And "outwork" is only half the game. There's also the "drive," in which the dog steers the sheep away; followed by "shedding," which is "sorting a ewe or ewes from a group"; and then "penning" and several other tasks. Not least, the handler must stay constantly aware of time limits. I do think the book would have benefited from a few diagrams, especially for those of us whose knowledge of these matters consists entirely of dim memories of "Babe," the children's film about a sheep-herding pig. The dog photographs are won-

derful, though, especially the one of Luke outrunning.

Still, there's more to *Mr. and Mrs. Dog* than just a series of qualifying competitions in the United States, followed by our human-canine trio's adventures in Wales. Throughout, McCaig intersperses chapters on dog-training and on current, and competing, theories about how this should be done. Positive reinforcement, punishment, the use of special leashes and crates, doggy treats, shock collars and even Prozac are all discussed. McCaig's disdain for mere show-dog competitions, like that associated with the Westminster Kennel Club, comes through clearly, as does his suspicion of one expert who doesn't actually own a dog. But, then, the latter views himself as a "behavior consultant, not a dog trainer." McCaig, by contrast, is "a crude American pragmatist. I like hearing dog-training ideas, but absent real life dogs, I can't evaluate them."

Finally, after two years of training and trialing, McCaig, June and Luke are invited to compete in Wales. But these days, flying abroad with animals involves a slew of government regulations: "Make one mistake and Mister and Missus would be turned back at the port of entry. At the previous World Trial several Americans were turned back, and the return flight was so expensive Scott Glenn had to sell one dog to get himself and the other dog home." But the team from western Virginia finally reaches Llandeilo. There the World Sheepdog Trials open with a prayer recited by another American, John Seraphine:

"Lord, we thank you for our dogs — your simple gift to us. Open us to what they teach. We thank you for the grateful exuberance of our dogs.

"We thank you for the way they bound across the hills, splash in the waters, chew on sticks, and roll in the dewy grass. Teach us, every day, to say our own 'thank you' with every fiber of our being, for the wondrous works of your creation.

"We thank you, Lord, for the honest, direct loyalty of our dogs. We thank you for the wag of their tails and the offer of a cuddle for friend and stranger alike, the way they make people . . . into our neighbors, the way they regard not body type, color of hair, or color of skin. We thank you for the easy way they forgive faults — the way they love us, not because we can love back, but because of our need for love. . . . We thank you, Lord, for our shepherding dogs who can't stand to lose track of the wayward lamb. We are your lambs, O Lord, and oh so often lost."

While *Mr. and Mrs. Dog* avoids tragedy, I said nothing about the occasional catch in your throat. As I read Seraphine's prayer, I couldn't help but remember a certain Labrador named Seamus, widely acknowledged as the greatest dog that ever lived. Except, of course, for yours.

McCaig ends his book with a glimpse of an unnamed sheepdog "outrunning, swift and soft as light" across the green fields, while an old hunchbacked shepherd looks on with "eyes as clear as a boy's. 'They are brilliant, aren't they?' he said. 'Absolutely brilliant. The dogs.'" That they are.

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**WORLD RAT DAY:  
Poems About Real Holidays  
You've Never Heard Of**

BY J. PATRICK LEWIS; ILLUSTRATED BY ANNA RAFF

Review by Krisit Elle Jemtegaard

Quick: Name the date for International Cephalopod Awareness Day.

What? You didn't know there was a holiday for cephalopods? You're not altogether sure what a cephalopod is? Shame on you!

Obviously, you're in dire need of this month-by-month paean to little-known but hilarious holidays. Begin with "Happy Mew Year for Cats Day" on Jan. 2nd, a little ditty that invites readers to "play loud mewsic/ Spin a yarn/ Join the party in the barn." Trundle right on through the remainder of the months (skipping only August) to an ode honoring the best holiday of all, "Chocolate-Covered Anything Day" on Dec. 16, when readers are invited to partake of chocolate-covered ants: "You start with that ant mandible — / Completely understandable — / A chocolate jaw has never tasted sweeter." These 26 selections (May 12, "Limerick Day," includes five) will tickle the funny bones of even those who are poem-phobic. Coupling the words of Children's Poet Laureate J. Patrick Lewis with the loosely composed cartoons of Anna Raff ramps up the fun. Everywhere you look, there's one more raffish rat doing nonsensical (and occasionally naughty) things.

Still wondering about those pesky cephalopods? You've got plenty of time to prepare for a slimy, slithery and slightly oscular Oct. 8 celebration by learning to chant, "I wish I was an octopus/ In inky-dinky weather./ Then you and I could octopus/ Our suction cups together."

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**FACE BUG**BY J. PATRICK LEWIS; PHOTOGRAPHS BY  
FREDERIC B. SISKIND; ILLUSTRATED BY KELLY MURPHY

Review by Abby McGanney Nolan

Bugs get a close-up in this new book of poetry that shows off their thousands of eyes, bucktooth incisors, prickly exteriors and more. Frederic B. Siskind's wonderfully creepy full-color photographs and Kelly Murphy's cartoony black-and-white illustrations are abuzz with activity alongside J. Patrick Lewis' witty verses about insects and spiders. Some bugs are cleverly camouflaged, while others flaunt their colors, but they all have something worth celebrating, even the slimy-seeming Eastern Dobsonfly. Lewis writes that ode in the voice of Mrs. Dobsonfly: "I love you, Mr. Dobsonfly./ Why?/ Because of your huge mandible! (Understandable)/ Because your life is mostly larval./ (A river marvel)." Lewis' silly rhymes and unpardonable puns are matched by his entertaining way of conveying information and his killer endings. Here are the last words of a Bush Katydid: "To an orange, I say, 'Hey, breakfast!'/ On tree bark, I grow fat./ To sunlight, I'm a magnet./ To windshields, I'm a ... SPLAT!"

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LETTERS  
LETTERS  
OPINIONS

## Accept Federal Funds for Increased Health Insurance Coverage

BY STATE SENATOR ED MAZUREK

Across the state of Maine hardworking families are struggling to afford their medical bills, and health insurance coverage. These are our family members, our friends, and our neighbors. The bad news is, they are struggling. The good news is that we have an opportunity to help them.

Under the Affordable Care Act federal funding is available to each state to increase access to health care for residents. This money is waiting for us, and if we turn it down, it will go to other states.

One of my colleagues has introduced a measure to accept the federal funds. At the bill's public hearing earlier this month, individuals and organizations from across the state came to speak in support of accepting these federal dollars. While there are economic benefits to accepting federal dollars and increasing health insurance, some of the most moving testimony came from Mainers who would be personally affected by improved access to health care.

Shirley Bartlett of Augusta told the committee about her younger sister who can't afford to go to the doctor when she is sick, even though she works every day taking care of people with Alzheimer's.

"When you can't afford to pay the doctor, or pay for the tests needed to diagnose your illness, or pay for medications necessary to make you well again, there's no choice but to keep plugging away, hoping you'll feel better, but knowing that you might not," said Bartlett.

Accepting these federal funds would allow Maine to provide health care coverage for 69,500 individuals, including people like Shirley's sister who work full-time, but can't afford health insurance.

This is not only the right thing to do for our fellow Mainers, but it makes economic sense too.

According to the nonpartisan Kaiser Foundation, accepting federal funds to increase health care coverage would save the state \$690 million and create more than 3,100 jobs within our state, many in the growing field of health care. This will also stimulate \$350 million of economic activity in our state.

Accepting federal funds to provide health insurance for more people will save the state money, it will boost our economy, it will create jobs, and it will increase access to health care for nearly 70,000 of our friends, family members, and neighbors.

It is my hope that my colleagues in the Legislature and the governor will join me and accept federal funds for increased health insurance coverage.

## Reckless 4-Wheeler on South Street—

The "little boy" who is speeding at a very high rate had better "smarten up." This kid is travelling along South Street in Rockport, going extremely fast! Just the other day he went by me, going like the devil, with a little girl on the back. I'm calling him a "little boy" since that is what he is acting like. Take heed, the P.D. is on to you. Not, because I called them, someone else has. One of these days you'll crash ... and your parents will be planning your funeral. Or, you'll cause a terrible accident and someone else will be hurt, or worse. I was shocked at how fast you were going. People walk their dogs along South Street. We should be able to do these things without this holy terror coming along. You should be spanked! And, 4-wheeler taken away.

Hopefully, the P.D. will be there the next time you try this stunt. They are watching for you. If you or your parents should read this and you decide to get off the road with your 4-wheeler, don't go on someone else's property and tear up the earth! Just be responsible, have respect and you may live longer.

A concerned South Street resident,

Mary Davidson, Rockport

## Lighten Up, Joe—

Here is a multiple-choice question concerning Joe Steinberger's April 11 column, "Never Trust a Fat Chef."

Please choose one:

There is nothing worse than a reformed:

- (a) whore
- (b) drunk
- (c) ex-fatty

We must "take control of our diets or die shamefully"? Joe — lighten up. Take a trip down to Dorman's. If we should happen to meet there, and you see what appears to be excess girth around my middle, please politely look the other way.

Cynthia O'Donoghue  
Tenants Harbor

## Two Campaigns, One Goal—

Judging by the unanimous positive testimony at the Appropriations Committee hearing and numerous letters to editors and editorials, support seems strong and bipartisan for strengthening and funding Maine's Clean Election system. Maine's first-in-the-nation Clean Elections Act was passed at the polls in 1996 following a citizens' initiative ballot petition. In the years since, a large majority of legislative candidates of all persuasions have paid their campaign expenses with Clean Election funds, i.e. with public money, while agreeing to spend no more than the system provides. Clean Election funding has made running for the legislature a possibility for more people. Candidates like it. Voters like it. It works.

Clean Elections is in the news now for two reasons. First, the U.S. Supreme Court ruled unconstitutional the part of the Act that gave additional funds to a Clean Election candidate being outspent by a privately-funded opponent or a third party. Supporters in the legislature are proposing changes to the law which will help level the playing field and be acceptable to the courts. Second, Governor LePage has proposed defunding Clean Elections completely in favor of other budget needs.

So, a generation in, many of us are rethinking and recommitting to the Clean Elections path of separating money from electoral politics.

At the same time, we need to not take our eyes off the sister campaign to reverse the Citizens United U.S. Supreme Court decision with a U.S. constitutional amendment. This January 2010 decision struck down limits on corporate money that can be spent during elections in support of or in opposition to candidates and ballot questions. We all saw the result of vastly more spending of this sort in 2010 and in 2012.

Citizens across the political spectrum have been coalescing around "Move to Amend" campaigns ever since the decision was handed down. Huge, often untraceable amounts of corporate money in our elections are in no way compatible with citizen self-government.

Eleven state legislatures so far have endorsed resolutions calling on Congress to pass a constitutional amendment and send it to the states for ratification. Language has just been crafted for a Joint Resolution which would see Maine become the twelfth state to do this. The sponsor is Senator Richard Woodbury (U-Yarmouth). Among the early co-sponsors is Rep. Jeff Evangelos (U-Friendship). A public hearing date and L.D. number will be set shortly.

It is now time to ask your legislator to co-sponsor this resolution and bills that strengthen the Clean Election Act and enhance transparency in election spending. Details for LD 770, LD 1271 and LD 1309 are at [www.maine.gov/legis](http://www.maine.gov/legis). Supporters of all will rally at the State House 10 a.m., Monday, April 29.

Meanwhile, hundreds of large and small municipalities have passed similar resolutions, including 31 in Maine. This has been done either by vote of their governing bodies or by voters at town meetings. Locally in recent months, Camden, Thomaston and Friendship have done this.

Volunteers for the nonpartisan Maine Citizens for Clean Elections ([www.maineanelections.org](http://www.maineanelections.org)) have gathered signatures in support of an amendment to reverse Citizens United from voters in Owls Head, Rockland, St. George and Rockport. They would welcome hearing from a few voters who would move the resolution process forward in those towns particularly.

We are seeing two campaigns: one to free candidates from being dependent on large private donors and the other to regulate large and not necessarily local or traceable spending by third-party interests. Together their goal is to craft ground rules that will give us elections which are more than fundraising contests.

Robert Besaw, Owls Head

## On Art & Politics—

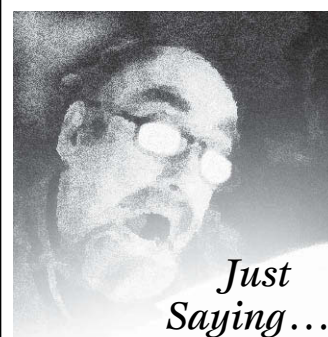
Congratulations to Britta Konau on her excellent art current column on "Art and Politics" in last week's Free Press.

I don't know when I've seen such an important and informative piece on local art — and featuring three of my favorite artists and personal friends. What is important, however, is not my knowing them, but the aesthetic quality of their work, the gravitas of its impact and the social value of their statements about it. I have long admired the work of all three artists, first for their visual creativity, then for the compelling messages they convey about the world we all live in and must take responsibility to shape. Although I share their strong convictions, my own art develops better improvisationally and I express my social views more effectively in writing, so I really admire them for melding aesthetic and social passions into powerful visual expressions.

You have insightfully captured the beauty and timely value of their provocative work. The piece deserves the front-page placement, and I hope it is read far beyond your cultural audience, as it carries messages of great importance to all in this day of dysfunctional government, environmental destruction and economic chaos. Thank you and the paper for a stunning piece of work.

David Estey  
Belfast

Early this winter my wife and I planned a three-week visit to see our daughter and boyfriend-in-law in Florida. At home, our businesses constantly bully us into corners and threaten us with economic ruin should we decide to take a vacation. Fighting back takes time.



Just  
Saying...

## Miami Impressions

by Tom Sadowski

is that it is full of interesting people and lots of big-city action.

Our last time in Miami, we checked in late to a moderately high class hotel. The night was warm and the air was filled with that special feeling of tropical coup d'état and gunfire, so we immediately decided to take a late-night walk to see what was happening in the neighborhood. People tend to stay up late in Miami since they don't have to save on their fuel bills by sleeping during the coldest parts of the night.

We did not get more than 50 yards away from our charming accommodations when we were chased down by an employee of our hotel, who sprinted up behind us yelling, "Sir, sir, where are you going?"

"We are going for a late-night walk to see what is happening in the neighborhood."

"Please, sir, please; the hotel does not want to lose any more guests. There are many activities and things to do at the hotel. Please come back."

We did return safely, although we managed to rob the hotel employee of all his valuables. No, just kidding! He had lost all of his valuables earlier in the day during another mugging.

Lucky for us, this time in Miami coincided with the beginning of Spring Break, a special time when deep genetic coding compels hundreds of thousands of college-age kids to migrate south to look for mates just inland from the beaches, where all of the restaurants and nightclubs are located. Here you can witness the peculiar mating calls of inebriated males who try to woo females with showy displays of expensive automobiles — or lacking that, amplified music with an extraordinary boost in the bass range coming from their cheap, used Toyotas.

This is also the time for the "Ultra" music festival. Of course you haven't been to a major music festival lately. You have a mortgage and car payments to make these days. If your last concert was a \$75 ticket to see Pink Floyd, note that tickets to the mid-March Ultra music festival sold for \$574.95 for the two-weekend pass — unless your daddy was willing to give you \$1,449.90 for the VIP tickets. And this is not even for a concert under a full Miami moon, but only a waxing crescent.

In all fairness there are seven venues at this musical event, but you won't see many guitars because this is all Electronic Dance Music — club music presented by world-famous DJ's who deftly go from track to track, whipping the crowd toward what I imagine to be a dance-vec-tored nirvana, although I'll never know for sure because I did not attend.

Oh, I could have come up with the cash the same way I come up with medical payments, but as priorities go, it just wasn't in my top ten — or twenty. It was, however, most curious that thousands of people, very much younger than me, found they had enough disposable income to dispose of it in this manner.

Also, if I had decided to go I would not have survived the traffic. I am not exaggerating when I say it took me about seven weeks to drive the two and a half miles from the Fontainebleau, where we couldn't afford to stay, to Mango's Tropical Café, where the bouncers check IDs to make sure you were born after 1985 before they let you in.

Except for the insecure feeling of not wearing your parka, Miami is a great place, although I can get stuck in traffic and overcharged at home for a far lower price. I just can't find any of those tiny bags of peanuts short of booking another flight.

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## Searsport Tank—

Searsport lost an opportunity when DCP pulled out of the town and the State of Maine. Special interest groups yet won out over the voice of voters when its moratorium was voted down. This is great example of special interest group having more power and telling the people how they will live. Government is no longer in control by its voters it is in the control of special interest groups. When DCP stated it would not do business again in Maine, we should be prepared that this will detour other businesses from coming to Maine. The results will be more graduates going to other states for employment as there will be little here for employment. Our rating as friendly toward business will also take a lower rating. It is said, "That a dissatisfied customer tells five people and they tell five." The same is true in this instance. DCP will tell other businesses and so on. When our young people leave to go to other states for employment and our population ages, there will be less property tax generated to care for our population. How can governments care for our growing people who feel they are entitled to government programs, when there is little employment for its people who want to work. Well, I say welcome to the progressives' move toward socialism in America. Our capitalist society is getting small as more move toward the idea of government taking care of them. I find it very sad that special groups like TBNT think that the people in the town are too dumb to think for themselves and they have to think for us and protect us. Also, bringing other towns and people from out of state to tell us we don't know how to think. If this does not bother you then embrace having more decisions decided for you by special interest groups, and your power and vote in government being slowly taken away....

To set the record straight citizens of Searsport voted against a moratorium. Our voice was for the DCP project. A town in my opinion is a business. It is responsible for providing safety, education and opportunities for its citizens. A town is like an investment portfolio, you need to be diversified in order to survive. If you have all your investments in one stock and it fails you are sunk. Putting all of Searsport's "stock" in tourism when it is only a four-month business at best is not being diverse. We are not a destination town, we are a pass-through town for tourists on their way to Bar Harbor. I feel this project would have provided income, jobs, and spin-off development, due to our town being viewed as inviting to business instead of uninviting to business. If we want to grow as a town and have other economic opportunities to come to our town, we need to be encouraging to business not discouraging to economic growth. We are in an economic slump as a nation and as a country. I feel this project would have provided jobs for an area that has very few employment opportunities for its work force. Over the years this area has put its chips so to speak in one basket, like the area I grew up in Northern New York. It is not an economically feasible plan as it is not diverse and without a contingent plan when one economic force declines. Again this project would have brought employment and other economic opportunities when business see we are inviting and not discouraging to business.

J. Ryan  
Searsport

## To the Dog Owners of Rockland and Surrounding Areas—

Linda and I have received responses to our earlier letter of February 28th. Many were positive and supportive, along with a few negative as well.

By and large, people were happy that we had the courage to speak up for those who feel the same way. This has nothing to do with courage or making the biggest noise. We simply want to attempt to resolve a very nasty and unsafe situation.

As for the people who have had negative comments, we feel they have a right to say what they think as well; i.e., "Who appointed you as the 'poop police'?" They have no intention of picking up after their dogs. They would not let their dogs mess on their home property, but fail to realize that the parks, recreation areas, streets, etc., are also their properties.

Thanks to everyone who is picking up after their dogs and also to the several we saw picking up after other dogs as well. This is the kind of example that speaks highly of members of our beloved community.

In closing, we are working on enforcement policies for this problem.

Your support is greatly appreciated, not only by Linda and myself, but other residents of this city.

Valerie L. Hooper and Linda Athearn  
Rockland

## LETTERS LETTERS OPINIONS

### Right to Know GMO—

Do you want to know if the food you eat contains genetically modified organisms (GMO)? The vast majority of Maine people do.

A recent Maine poll conducted by PanAtlanticSMS Group in Portland found that 91.1 percent of Maine people want food that contains GMOs to be labeled as such. This number seems unbelievably high until it is compared with 11 national polls that confirm at least 75 percent of Americans agree.

Next Tuesday (April 23) the Legislature's Agriculture, Forestry and Conservation Committee will be considering a bill (LD718) submitted by Rep. Lance Harvell (R-Farmington) and Senator Chris Johnson (D-Lincoln County). This bill would require food that contains GMOs to be labeled. The bill mirrors what is in effect in 61 countries and is also being considered in 31 other states.

The proposal protects Maine farmers by providing exemptions for meat, eggs and dairy products where the animals are fed GMO grains. It also protects Maine merchants by requiring that a similar bill be enacted in at least five states before Maine's bill would go into effect.

This proposal is endorsed by the Maine Organic Farmers and Gardeners Association (MOFGA) and more than 120 businesses and farms.

We encourage your readers to attend this hearing on Tuesday, April 23, at 1 p.m. in Augusta — 214 Cross Office Building, beside the State House — or to let their Legislator know they want the Right to Know about GMO.

Chris and Patti Hamilton  
Barred Owl Creamery, Whitefield

### Rockport Needs a New Library—

As a resident of Rockport I want to express my thanks to the staff of our library. They are always smiling and helpful regardless of the marginal work facilities. As patrons we are aware of the crowded book shelves, lack of a community room, no space for students to work on a group research project, and story hours crowded with preschoolers.

Recently I watched a DVD of a presentation of a study for a new library. The town has an ideal location, on the lot of the old elementary school. The library could have parking, space and light. Rockport residents, let's join together to work for a new library building that can serve our community's needs.

Kay Wendt  
Rockport

### Dear Earth Stewards Pingree, Michaud, King, Collins and President Obama—

This Maine voter remains concerned that the pernicious Monsanto Protection Act was passed into law! I would like to know how each of you were blind-sided into passing this signature example of government failure.

Are you familiar with Al Gore's new book? Do you understand his Turtle Metaphor? "Where I come from in Tennessee when you see a turtle on top of a fence post, you know for sure that it didn't climb there by itself." Dear Stewards, a turtle flailing its legs in desperation didn't climb the fence post to fry from too much sun in a climate-changed world. The turtle was placed there by some naughty boy. The Earth is that turtle, and it was placed in its precarious position by naughty corporations and blind-sided earth stewards.

Monsanto is lethal. Do you all have at least one aide informing you about the hazards of GMOs and the total wrongness of owning ancient seeds and destroying small farms? Al Gore says that each of you must spend too many hours each day begging Koch Brother wannabes for money so you can get re-elected; therefore, you can't possibly do your current jobs, thus leaving the President with such a huge mess that he can't do his job either.

Meanwhile voters like myself are scanning the horizon for some brave soul to take the almost fried turtle off the fence post and at least scold the naughty boys.

How exactly did you vote on the Monsanto Protection Act?

Chuck Boothby  
Waldoboro

### Too Much Talk about BPA—

To me the continued discussions about BPA have become almost redundant and certainly tiresome. How many years now has Maine been discussing how to regulate this chemical, both in the legislature and before the BEP? As a scientist with some 32 years as a public servant for the State of Maine, this continued dialogue has had the effect of numbing me to the whole regulatory process.

Bisphenol-A (BPA) is an organic compound, belonging to the bisphenols group. Do you know that BPA is being targeted when in fact there are other bisphenols that may serve as substitutes for BPA, many with similar or even greater toxic concern, and that many manufactures are already switching to these alternatives? Here are examples: Bisphenol-AP, Bisphenol-AF, Bisphenol-B, Bisphenol-BD, Bisphenol-C, Bisphenol-E, Bisphenol-F, Bisphenol-G, Bisphenol-M, Bisphenol-S, Bisphenol-P, Bisphenol-PH, Bisphenol-TMC, Bisphenol-Z! If we chose to discuss Bisphenol-A for several years, what about the alphabet soup of all these other Bisphenols? I believe that talking BPA to death is part of a strategy best named: "Deny and Delay."

My point is that we need to stop concentrating all of our attention on Bisphenol-A and begin to look at the BIG PICTURE and revisit Maine's effort to take some real steps under the Kid-Safe Products Act, including reporting chemicals of high concern and naming new priority chemicals, repealing food packaging exemptions, and finally defining "contaminant." Please support LD 1181 to put an end to this madness.

John Krueger, Belfast

### Awesome '80s Dance Party Supports Children's House Montessori School—

The Children's House Montessori School would like to thank the many business sponsors that helped make our Awesome '80s Dance Party in March such a great event.

Thank you to Clean Bee Laundry, Licia Morelli, Bamboo Bike Studio, Camden Accommodations, ThorFinn Expeditions, The Cashmere Goat, Casey Heard Leonard, Bubbles and Bean Children's Consignment Store, Cedar-Works, Village Cabinetry, Skaar Design, The Chichi Chef, and Adventure Advertising for financial and in-kind support. Thanks also to the Awesome for providing great entertainment and to Sue Dates and the Rockport Opera House.

The dance party was a fundraiser to support the programs of the Children's House Montessori School, which serves children in the midcoast area from 18 months to 10 years old. Children's House, located in the historic Elm Street School in downtown Camden, is currently enrolling students for the 2013-14 school year. The school has a need-based tuition assistance program designed to support families with children in all programs.

For more information about the Children's House Montessori School, please visit [www.camdenmontessori.org](http://www.camdenmontessori.org) or call 236-2911.

Kristin Sidwell  
Children's House Montessori School

### Jazz for Meals Concert Raises Money for Meals on Wheels—

Methodist Conference Home (MCH) Meals on Wheels in Knox County provides 150 meals a day to some of our most vulnerable neighbors, the seniors in our community. Not only does the Meals on Wheels program improve the health and well-being of those receiving the meals, but the volunteers and the meals they deliver provide a measure of security which allows these residents to stay in their own home. While Meals on Wheels is a federally funded program, 58 percent of the program costs are currently provided through participant contributions and local donations. This year, with the "sequester" impacting many across the country, MCH has been notified that up to 8 percent will be cut from federal funding for the meals we provide in Knox County. It is for all these reasons that I write this letter to thank those involved in our annual Jazz for Meals benefit concert at Owls Head Transportation Museum.

Thanks go out to the high schools of Medomak Valley, Belfast and Camden Hills for supporting their jazz band members and directors who performed on the evening of March 27. All those attending this year's event were once again entertained by talented student-musicians and their faculty band leaders who did not disappoint as they "swung to serve." We would also like to thank our business partners for supporting this event: Snappy's and Domino's Pizza, Rockland Food Service, Dream Kitchen Studio, Shaw's and Hannaford, all of Rockland; Thomaston Grocery and Lowe's of Thomaston; Lincoln's Country Store of Warren; and Long's Funeral Home in Camden. Special thanks go to the Owls Head Transportation Museum, its staff and volunteers. The evening would not be complete without an audience; thanks to all those who attended the event in support of the students as well as Meals on Wheels. MCH Meals on Wheels is appreciative of our community that continues to contribute as we strive to provide meals five days a week to all who need this important service.

Ann Parent  
Methodist Conference Home board member

## LETTERS LETTERS OPINIONS

The Free Press welcomes and encourages your letters about whatever is on your mind. Include your name, town of residence, and phone number (in case we need to contact you). Send letters to: The Free Press, 8 North Main St., Suite 101, Rockland, ME 04841 (fax 596-6698; e-mail [editor@freepressonline.com](mailto:editor@freepressonline.com)).



## EYE ON AUGUSTA WITH ANDY O'BRIEN CONTINUED FROM PAGE 5

conservative Paul LePage with 38 percent of the vote.

Since then, there have been some calls for an electoral system that requires the winning candidate to have a majority of the vote, rather than a plurality. In 2011, Portland passed ranked-choice voting (aka instant run-off) by referendum to elect the city's mayors. That voting system allows voters to rank their candidate choices in order of preference. On election day, if no single candidate receives a majority vote, candidates with the fewest votes are eliminated and the voters' next choices are redistributed around the remaining candidates. This continues until one candidate has a majority of the votes. Two ranked choice bills will be heard on Monday, April 22. On the same day, Rep. Jeff Evangelos (I-Friendship) will be presenting his bill to have a second run-off election between the two candidates with the most votes if no candidate receives over 50 percent of the vote.

### Banning Out-of-State Waste

The contentious issue of out-of-state waste is back on the table in the Environment and Natural Resources Committee. Last week, the committee held a two-day hearing on a controversial plan to send waste from the former Maine Energy Recovery Co. (MERC) facility in Biddeford to the state-owned, Casella-operated Juniper Ridge landfill in Old Town. On April 22, the committee will consider LD 1363, sponsored by Rep. Ben Chipman (I-Portland), which would apply stricter standards to the definition of out-of-state waste and allow municipalities to enact solid waste facility ordinances that are stricter than state law. It would also require the state to provide information on the source and amount of out-of-state waste dumped in Maine before permitting expansion of landfills.

### "OMG It's the GMOs"

On Tuesday, April 23, the Agriculture, Conservation and Forestry Committee will hold a hearing on LD 718 An Act to Protect Maine Food Consumers' Right to Know about Genetically Engineered Food and Seed Stock. The next day Marine Resources will hear LD 898 An Act to Require Labeling of Genetically Engineered Marine Organisms.

### Public hearings for the week of April 22 —

The following is only a partial list of hearings scheduled for next week; due to space constraints we couldn't fit a number of important bills into the schedule. A full list of public hearings and bill texts can be found here: <http://www.maine.gov/legis/senate/Hearings.html>.

#### • Monday, April 22

##### Environment and Natural Resources

LD 1292 An Act to Minimize the Use of Plastic Bags — Requires a retailer to assess a 10¢ surcharge for a plastic bag at the point of retail sale. A retailer retains 2¢ from the surcharge for administrative costs.

##### Labor, Commerce, Research and Economic Development

LD 1381 An Act to Promote Rural Job Creation and Workforce Development — Gives a preference in state contracting to bidders who primarily employ residents of the state and to bidders who coordinate with regional workforce development programs and who fill at least 20% of positions on the project with low-income or long-term unemployed people.

##### State and Local Government

LD 1254 An Act to Increase Consumption of Maine Foods in All State Institutions

##### Veterans and Legal Affairs

Run-off Elections and Ranked Choice Voting Bills

#### • Tuesday, April 23

##### Agriculture, Conservation and Forestry

LD 718 An Act to Protect Maine Food Consumers' Right to Know about Genetically Engineered Food and Seed Stock

##### Education and Cultural Affairs Committee

LD 1160 An Act to Reduce Obesity among Schoolchildren — Requires a student to do 30 minutes of daily physical activity at school and prohibits physical activity period from being denied as punishment or discipline. The bill also prohibits a public school from using food as a reward or punishment for a student's behavior or performance in kindergarten to grade 12.

LD 1241 An Act to Protect School Athletes from Head Injuries — Requires all students participating in field hockey, lacrosse, snowboarding or skiing as part of an activity of an elementary or secondary school to wear protective headgear.

LD 1353 An Act to Further Reduce Student Hunger — Requires school districts with at least 50% of students qualified for a free or reduced-price lunch to operate a federal summer food service program if it operates a summer educational or recreational program. The mandate could be overturned by the local school board.

LD 1366 An Act to Require Students to Receive Instruction in Cardiopulmonary Resuscitation and the Use of an Automated External Defibrillator prior to Graduation

##### Energy, Utilities and Technology

LD 219 An Act to Establish a Long-term Funding Source

for the Department of Inland Fisheries and Wildlife  
LD 1145 An Act to Help Homeowners Reduce Heating Costs through Energy Efficiency

LD 1386 An Act to Allocate Net Revenue from Energy Corridor Leases on the Maine Turnpike for Purposes of Energy and Environmental Conservation

##### Health and Human Services

LD 517 An Act to Restore Funding for Head Start

##### Inland Fisheries and Wildlife

LD 199 An Act to Allow Agents Designated by the Commissioner of Inland Fisheries and Wildlife to Hunt Coyotes at Night During the Deer Hunting Season

LD 798 An Act to Permit Night Hunting of Coyotes on Sun.  
LD 970 An Act to Eliminate Funding to Reduce Deer Predation — Eliminates the state's coyote bounty program.

LD 1374 An Act to Allow a Person to Hunt with a Cross-bow during the Archery-only Deer Season

LD 1016 An Act Regarding the Buying and Selling of Animal Parts

##### Judiciary

LD 744 An Act to Extend the Statute of Limitations on Certain Civil Professional Negligence Suits

LD 1193 An Act to Allow a Wrongful Death Cause of Action for the Death of an Unborn Child — Provides for a cause of action for the wrongful death of an unborn fetus that has reached the 12th week of gestation or beyond.

LD 1200 An Act to Impose a Duty to Warn and Protect on Mental Health Professionals

##### Taxation — Tax bills day

LD 815 An Act to Tax Political Action Committees — Imposes a tax on political action committees equal to 5% of the amount contributed to the committees.

#### • Wednesday, April 24

##### Criminal Justice and Public Safety

LD 85 An Act to Amend the Motor Vehicle Ignition Interlock Device Requirements in the Laws Regarding Operating Under the Influence

LD 297 An Act to Require Forest Rangers to Be Trained in Order to Allow Them to Carry Firearms

##### Education and Cultural Affairs

Teacher evaluations, testing, alternative teacher certification, and teacher led-model bills

LD 1350 — Establishes an evaluation system for school administrators.

##### Energy, Utilities and Technology Committee

LD 1085 An Act to Establish the Renewable Energy Feed-in Tariff

LD 1252 An Act to Improve Maine's Economy and Energy Security with Solar and Wind Energy — Reinstates the solar and wind energy rebate program.

##### Health and Human Services

LD 537 — Provides that, as a condition of eligibility for MaineCare, individuals must apply for enrollment in an employer's group health plan and makes the employer's group health plan the primary coverage and MaineCare benefits are secondary.

LD 804 — Adds one annual preventive oral health visit to the MaineCare-covered oral health services for adults 21 years of age and older.

LD 1247 — Expands Medicaid coverage for family planning services to adults and adolescents who have incomes less than or equal to 200% of official poverty line

##### Transportation

LD 1356 An Act to Improve the Statutes Governing Road Associations

LD 1371 An Act to Exempt New Cars from Motor Vehicle Inspection for 2 Years Following the Initial Purchase

LD 1372 An Act to Prohibit the Requirement That Proof of Citizenship Be Submitted for Renewal of a Driver's License

#### • Thursday, April 25

##### Education and Cultural Affairs — Charter school bills

##### Inland Fisheries and Wildlife Committee

LD 391 An Act to Allow a Person to Possess Small Game in Excess of That Person's Possession Limit

LD 736 An Act to Establish the Review Board of Appeals to Review the Denial of Hunting and Fishing Licenses

LD 757 An Act to Amend the Hunting Laws as They Pertain to the Training of Dogs

##### Insurance and Financial Affairs

LD 1067 An Act to Allow Certain Small Retail Businesses To Pass Credit and Debit Card Transaction Fees on to Consumers

#### • Friday, April 26

##### Health and Human Services

LD 1031 An Act to Require a Mandatory Peer Review Process for the Restraint and Seclusion of Children in a Hospital or Children's Home

##### Taxation — Sales tax and food and lodging tax bills

LD 1205 An Act to Lower the Rate of Excise Tax on Older Vehicles to Account for the Longer Life Span of Vehicles

LD 1206 — Proposes to change the way the sales tax is applied to grocery staples, which are tax-exempt under the law except when sold in small quantities for individual use.

## Local Officials to Discuss Impacts of Gov.'s Proposed Budget April 24 in Waldoboro

John Spear, town manager of Waldoboro; Ellen Dickens, selectwoman of Newcastle; Dennis Merrill, selectman of Whitefield; and Garrett Martin, executive director of Maine Center for Economic Policy, will be guest speakers at the Lincoln County Democrats' meeting on Wednesday, April 24, at the Waldoboro Town Office on Route 1. A 30-minute social gathering begins at 6:30 p.m., and the meeting, which is open to all, gets under way at 7:00.

The discussion will focus on the impact of the governor's proposed budget on local property taxes and municipal services. Martin will focus on some of the causes for the huge shortfall and solutions quite different from those proposed by the governor.

## Forum on Role of Money in Politics April 25 in Thomaston

Maine Citizens for Clean Elections (MCCE) will present Money in Politics: Democracy's Crisis in Confidence, a public forum to examine the issue and what Maine citizens can do about it, at the Episcopal Church of St. John Baptist at 200 Main Street in Thomaston on Thursday, April 25, at 5 p.m. The program is part of MCCE's 50-town tour focusing on potential remedies to the problem.

According to Maine Citizens for Clean Elections Program Director B.J. McCollister, the flow of large amounts of special interest money in campaigns is distorting the election process. "Our democracy is experiencing a crisis in confidence," says McCollister. "There is an overwhelming sense among people that the government is unresponsive to their individual and societal needs."

For more information, go to [www.mainelection.org](http://www.mainelection.org).

## Electronic Waste Collection Day in Rockport, Free to Individuals

West Bay (Camden) Rotary Club will collect old and broken electronic equipment for recycling on Saturday, April 27, from 9 a.m. to 3 p.m. at the former Cody's Restaurant on Route 1 in Rockport.

Residents from any community may bring items to be recycled for free. The Rotary Club does not benefit financially from the collection of the items, but it encourages donations for its local and worldwide projects. The club is partnering with eWaste Recycling Solutions (ERS) of Auburn, which will charge a nominal fee to businesses with large amounts of waste; for a fee schedule, call 615-3099.

ERS will have staff at the collection site and will pack and transport devices. West Bay Rotary Club members will be on hand to direct traffic and unload vehicles. Do not leave items at the location except when collection staff are present to receive it. For more information, call Tom Albertson at 975-7510 or Linda Payson at 542-7676.

Electronic devices and other universal waste will be accepted, including televisions, computers, monitors, keyboard/mouse/peripherals, laptops, scanners, copiers, printers, fax machines, toner and ink cartridges, stereos, speakers, tape players, CD and DVD players, VCRs, projectors, remote controls, camcorders, digital cameras, cell phones, PDAs, pagers, telephones, answering machines, two-way radios, electric typewriters, game systems and microwaves.

The West Bay Rotary Club will utilize donations to sponsor projects including Camden Area Food Pantry, P.A.W.S. Animal Adoption Center, scholarships and vocational projects at CHRHS, and youth exchange and service projects for Safe Passage in Guatemala.

## Earle Shettleworth to Explore Early-20th-Century Route 1 at Owls Head Museum This Saturday

Maine State Historian Earle Shettleworth will present "Roadside Maine: A Nostalgic Journey Up Route 1," a free illustrated talk at the Owls Head Transportation Museum on Saturday, April 20, at 1 p.m. In the final talk in the museum's Winter Education Series, Shettleworth will use



postcard views of Route 1 in Maine from the 1900s to the 1960s to discuss the impact of automobile travel and the development of the state's tourism industry. For more information, call 594-4418. Here, a roadside café in Bar Harbor.



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## "Creative Ways to Let Go" at Maine Coast Men's Spring Retreat

The Maine Coast Men (MCM) spring weekend retreat will be held Friday through Sunday, May 3 through 5, at Tanglewood 4H Camp in Lincolnville. The theme is "Creative Ways to Let Go." The retreat offers an opportunity for men to spend time with other men, learning from each other and having fun. The cost is \$100; scholarships are available.

Each weekend starts with a potluck supper followed by an opening circle. Workshops offered over the weekend are conducted by retreat attendants on topics such as families, careers, lives, drumming, singing, dancing, storytelling and more. The food is vegetarian, prepared by participants, plus, there's a "variety" show. For more information, or to register, visit [www.mainecoastmen.net](http://www.mainecoastmen.net).

## Volunteer Work Day at MOFGA's Common Ground Center April 21

Maine Organic Farmers and Gardeners Assoc. (MOFGA) will host an Earth Day Volunteer Work Day at their Common Ground Education Center, Crosby Brook Road off Routes 139/220 in Unity, on Sunday, April 21, from 9 a.m. to 3 p.m.

Volunteers are needed for transplanting Korean nut pines; cleaning, raking and mulching gardens; screening compost

for use on the grounds; and light carpentry. The work day will take place rain or shine, so participants are asked to dress appropriately. Volunteers should bring work gloves and favorite garden tools. Lunch is provided as well as volunteer T-shirts for all participants.

For more information or to RSVP for the work day, e-mail [volunteers@mofga.org](mailto:volunteers@mofga.org) or call 568-4142.

## Two More Prom Dress Giveaways in Belfast

The Cinderella Project of Maine will hold two more prom dress giveaways this year for any high school girls who may have missed out on the first one.

The first one is tonight, Thursday, April 18, from 5 to 8 p.m., and another will be held this Sunday, April 21, from 10 a.m. to noon. Both giveaways will be held at Renys Plaza in Belfast on 1 Belmont Avenue.

The Cinderella Project of Maine provides free and fabulous prom gowns to Maine high school girls who wouldn't be able to afford one otherwise, with one stipulation: that girls pay the favor forward by doing something nice for their community.

For more information, contact Tabitha Lowe at 338-6809 or visit [www.cinderellaprojectofmaine.org](http://www.cinderellaprojectofmaine.org).

## TAKE HEART

A Conversation in Poetry

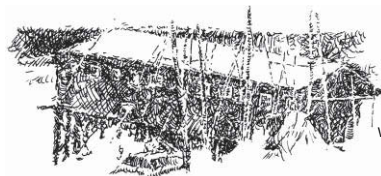
Edited & Introduced by Wesley McNair,  
Maine Poet Laureate

The poet Gary Lawless of Nobleboro often honors in his work the purity of the natural world that continues to exist around us, despite the corruption of our civilization. In this poem he follows a path that leads beyond destroyed totem poles in Sitka, Alaska, to a wild nature, calling us to join him.

### Which World by Gary Lawless

There is a path  
winding between Sitka spruce,  
past totem poles stolen  
from their island homes,  
emptied of ashes and bones,  
placed along the trail.  
In the distance,  
a volcano.  
Raven flies  
just above the surface of things, bald  
eagle watching through  
layers of air and water  
for the fish  
passing through,  
shining in the cold  
river like light  
from another world,  
everything moving, everything  
moving to  
come together, come together and  
fall apart, again.  
the water rushing.  
the heart beating.  
I am waiting for you  
at the mouth of the river.

*Take Heart: A Conversation in Poetry* is produced in collaboration with the Maine Writers & Publishers Alliance. Poem copyright © 1998 by Gary Lawless. Reprinted from Caribouddhism, Blackberry Books, 1998, by permission of Gary Lawless. Questions about submitting to Take Heart may be directed to David Turner, Special Assistant to the Maine Poet Laureate, at [poetlaureate@mainewriters.org](mailto:poetlaureate@mainewriters.org) or 228-8263.



— Rockland Harbor  
[WWW.DANKIRCHOFF.COM](http://WWW.DANKIRCHOFF.COM)

## Reading of Poems Inspired by Georges River Watershed

Local poets will read works inspired by the Georges River watershed, in the reading room of the Rockland Public Library on Monday, April 22, from 6:30 to 8 p.m.

The reading in celebration of Earth Day is cosponsored by the library and the Georges River Land Trust.

# Free to Worship



**St. Thomas' Episcopal Church**  
CAMDEN MAINE  
33 Chestnut Street 236-3680  
[www.stthomascamden.org](http://www.stthomascamden.org)

Sundays  
Holy Eucharist  
7:30 a.m.  
9:30 a.m.  
Sunday School &  
Child Care  
5:00 p.m.  
Vesper Communion  
The Rev. John Rafter, Rector

**John Street United Methodist Church**  
98 John Street, Camden, ME 04843  
(207)236-4829 [jsumc@midcoast.com](mailto:jsumc@midcoast.com)  
Sunday Worship 10:30 - Childcare Available  
**We are a Reconciling Congregation**

**Crossroads Community Baptist Church**  
10AM Sunday School  
11AM Worship  
We temporarily meet Sundays at  
Lincolnville Central School  
Rte. 235, Lincolnville Center  
Pastor Dave Pouchot • 207-763-3551  
[crossroadscommunitybaptist.org](http://crossroadscommunitybaptist.org)

Join us for worship and fellowship Saturday, Sabbath - 10:45 to Noon followed by a vegetarian meal.  
All are welcome.  
123 Camden Street, Rockport.

To be included in next week's Free Press  
contact Glenn Billington  
[glenn@freepressonline.com](mailto:glenn@freepressonline.com)

FMI:  
Les Murray  
557-4315

**YOU'RE INVITED**

**Ducks Unlimited Midcoast Chapter Annual Banquet**  
Thursday, April 18, 5:30 pm  
**Rockland Elks Club**  
Rankin Street

...to a fun evening of great food and close friends. Cash bar. Tickets at the door are \$65pp, \$100 per couple, and include DU Midcoast Chapter hat, dinner and 1 year membership. Silent Auction, Live Auction and lots of raffles.  
All proceeds go to funding critical waterfowl and wetlands conservation.

**American Legion Post 30**  
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Camden, ME 04843-1921  
207-236-3310

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# CALENDAR OF EVENTS

## Please Take Note

Calendar listings should be mailed to: *The Free Press Calendar*, 8 North Main St., Suite 101, Rockland, ME 04841 (Fax: 596-6698, or email: [copyedit@freepressonline.com](mailto:copyedit@freepressonline.com)) by noon the Friday before the Thursday publication date. Please include your name, address and phone number.

## NOTEWORTHY

### THURSDAY, APRIL 18:

- **The Highlands Coffee House**, 7 p.m., 189 Main St., Thomaston. Tonight: Open mic for musicians, poets and comedians.
- Fri., April 19:** Lorn Prescott sings and plays jazz piano. No cover; tipping the musicians encouraged.
- **Swimming in the Shallows**, 7:30 p.m. tonight and **Fri. & Sat., April 19 & 20;** 2 p.m., **Sun., April 21;** and 7:30 p.m., **Wed.-Sun., April 24-28**, Studio Theatre, 25A Forest Ave., Portland. The Dramatic Repertory Company performs.
- **The Trip to Bountiful**, 7 p.m. tonight and **Fri. & Sat., April 19 & 20**, and 2:30 p.m., **Sun., April 21**, Rockport Opera House, 6 Central St. The Everyman Repertory Theatre performs. Adv. tickets, \$20/\$10 students, at 236-0173; [www.everymanrep.org](http://www.everymanrep.org); The Owl & Turtle and HAV II in Camden; The Reading Corner in Rockland; Bella Books in Belfast. \$25/\$15 students at the door.
- **Kim Richey Performs**, 8 p.m., Billy's Tavern, 1 Starr St., Thomaston. The singer, whose seventh album, "Thorn in My Heart," dropped earlier this week, performs with guest Darden Smith. \$10.

### FRIDAY, APRIL 19:

- **5-Star Poetry Reading**, 1-3 p.m., Maine Coast Book Shop, 158 Main St., Damariscotta. Published poets Elizabeth Garber, Gary Lawless, Dave Morrison, Elizabeth Tibbetts and Sarah Woolf-Wade read their own poems and from the 2013 anthology *Take Heart: Poems from Maine*

by Maine's poet laureate Wesley McNair. Signed copies will be on sale. Free.

- **Rock City Cafe's Velvet Lounge**, 5 p.m., 316 Main St., Rockland. Tonight: Singer/songwriter Colin Nelson debuts at Rock City. **Sat., April 20:** Acoustic duo Pitch Black Ribbons performs. No cover; tipping the musicians encouraged.
- **Performance by Christopher O'Riley**, 7:30 p.m., Gracie Theatre at Husson University, Bangor. The acclaimed pianist and host of NPR's "From the Top" reinterprets pieces by Radiohead and others. \$20/\$5 students. Tickets at [www.gracietheatre.com](http://www.gracietheatre.com) or 941-7888.

### SATURDAY, APRIL 20:

- **Kendall Merriam Reads**, 10 a.m.-noon, Rockport Library, 1 Limerock St. Merriam, until recently Rockland's inaugural poet laureate, reads a selection of his antiwar poems. Free.
- **The Music of Poetry**, 3 p.m., Old Professor's Bookshop, 99 Main St., Belfast. Poets and musicians Dave Peloquin and Rob Webb lead a Shop Talk event in celebration of National Poetry Month. Free.
- **David Mallett and The Mallett Brothers Band**, 7:30 p.m., Strand Theatre, 345 Main St., Rockland. The folk singer performs with The Mallett Brothers Band, called "a six-piece living inferno" by Dispatch Magazine. \$22.
- **You're a Good Man, Charlie Brown Auditions**, today, 10 a.m.-noon, and **Mon., Apr. 22**, 5:30-7 p.m., Lincoln Theater, 2 Theatre St., Damariscotta. People of all ages can bring a song; an accompanist is provided. The show runs August 2-10. FMI: email [lcctseason@gmail.com](mailto:lcctseason@gmail.com).
- **The Whaler's Bride Author Reads**, 2 p.m., Rockland Library, 80 Union St. Carla Verdino-Sullwold reads from her new novel about a middle-aged widow whose quest to discover the origins of a piece of scrimshaw takes her on a mystical journey.
- **"Love Is the Key: Great Poetry in Music,"** 7 p.m., St. Thomas' Episcopal Church, 33 Chestnut St., Camden. The Penobscot Bay Singers perform to raise funds for the Camden Philosophical Society's upcoming annual conference. A

reception and silent art auction follow. Suggested donation \$10-\$15/children free.

### SUNDAY, APRIL 21:

- **Hidden Valley Nature Center Open House**, 131 Egypt Rd., Jefferson. Tour the kettlehole bog from the new boardwalk at 10 a.m. A Maine Master Guide shows how to tie flies at 11 a.m. Explore vernal pools at 1 p.m. Games for kids take place all day. Suggested donation of \$5 for the bog tour, with reservations requested: 200-4480. Other activities free.
- **Author Max Alexander**, 3-4:30 p.m., Left Bank Books, 109 Church St., Belfast. The former People editor talks about his book *Bright Lights, No City: An African Adventure on Bad Roads with a Brother and a Very Weird Business Plan*. Free.
- **"Of Sleep and Light" Choral Concert**, 4 p.m., First Congregational Church, 55 Elm St., Camden. Divisi, a choir from the Bangor area, performs a concert of sacred and secular music. Reception follows. Free.

### MONDAY, APRIL 22:

- **Place-Based Earth Day Reading**, 6:30 p.m., Rockland Library, 80 Union St. Poets share works inspired by the Georges River watershed to celebrate Earth Day. Free.
- **Poet Richard Blanco**, 7 p.m., Camden Hills Regional High School, 25 Keelson Dr., Rockport. Richard Blanco of Bethel, the inaugural poet at President Obama's ceremony, reads poems picked by local elementary school students who studied his work. \$10 adults/\$5 students, benefit Partners for Enrichment.

### TUESDAY, APRIL 23:

- **Author Kieran Shields**, 7 p.m., Waldo Library, 958 Main St. He talks about his latest mystery set in Portland in the 1800s and featuring private detective Percival Grey and policeman Archie Lean, *A Study in Revenge*. Free.
- **Irish Music**, 7:30 p.m., Sail, Power & Steam Museum, 75 Mechanic St., Rockland. Button accordion player Paddy O'Brien plays jigs, reels, polkas and hornpipes. \$15. Reservations: 596-0200.

(Continued on p. 39)

## ATTENTION OWLS HEAD RESIDENTS April 29- through -May 4th

It's Road slide...

Clear an Up tIME!



Bags available at Owls Head Town Office  
**Free stump dump day saturday May 4, 2013**

## ACHORN & SEAVIEW CEMETERIES

Lot owners should have all floral displays and containers removed by Saturday, April 27th to aid in Spring Cleanup.



## CEMETERY CLEANUP DAY

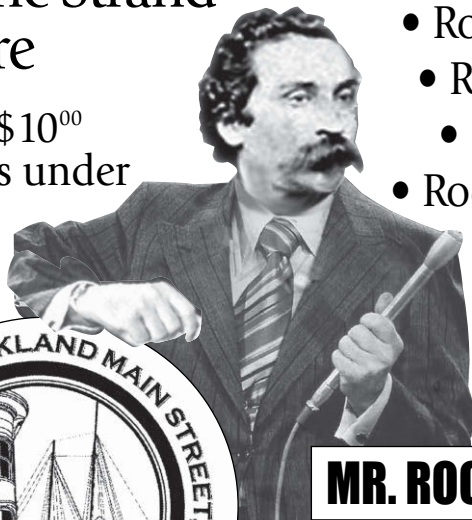
Spring Cleanup will take place from April 29th-May 3rd

**ROCKLAND CEMETERY ASSOCIATION**  
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# A Great Night of Fun THE ROCKLAND TRIVIA GAME SHOW ~ So You Think You Know Rockland ~

**WEDNESDAY NIGHT  
MAY 1ST - 6 PM**  
at the  
Historic Strand  
Theatre

Adults: \$10<sup>00</sup>  
Students under  
18: \$5<sup>00</sup>



**MR. ROCKLAND**

## THE TEAMS HAVE BEEN CHOSEN:

- Rockland Rotary
- Rockland Kiwanis
- Rockland Police
- Rockland Fire
- Rockland City Hall
- Pen Bay Chamber of Commerce

For More Information:  
[www.rocklandmainstreet.com](http://www.rocklandmainstreet.com)  
On Facebook:  
[rocklandmainstreet](http://rocklandmainstreet)

Rockland Main Street Inc. is a 501 (c)(3) non profit.

# PERFORM-A-THON

Sunday, April 28,  
1:00 - 3:00 PM  
Top Floor, 18 Central St.  
Rockport



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## More-Than-Movies Series

Begins April 26 —

**"The Doors Live at the Hollywood Bowl 1968" at Colonial Theatre**

For the past 101 years the Colonial Theatre in downtown Belfast has mainly been in the business of presenting motion pictures. Now, thanks to three new state-of-the-art digital projection systems, the Colonial is able to expand its programming to include stage performances and musicals from London's West End theatre district, ballet and opera from the Paris Opera House companies staged in historic sites in Europe, and concerts from philharmonic orchestras, as well as historic rock 'n' roll concerts from the 1960s and more recent years, now digitally remastered. The stage performances have been captured on film and made available through exclusive distribution channels.

The inaugural More-Than-Movies Series will feature three selections, each repeated several times on a rotating schedule over a four-to-five-week period.

The first performance, at 8:30 p.m. on Friday, April 26, will be "The Doors Live at the Hollywood Bowl 1968," the iconic concert performance of the influential band.

The second offering, at 2:30 p.m. on Sunday, April 28, is Giuseppe Verdi's opera *Aida*, an epic saga of love and intrigue set in Egypt and performed on the palatial outdoor stage at the Arena di Verona in Italy, an ancient coliseum-like structure that celebrated 100 years of operatic presentations with this production.

The third feature in the Colonial's series is Andrew Lloyd Webber's *Phantom of the Opera* in a lavish 25th anniversary production at London's Royal Albert Hall. The first showing of the musical will be at 6:30 p.m. on Monday, April 29.

The Colonial will present several month-long series of performances similar to the ones scheduled for April. While the caliber of the performances demand and justify premium prices, two tiers of youth rates will be in effect so as to encourage young residents to widen their entertainment and cultural experiences in their home town. Close attention to showtimes is required, since creative scheduling is necessary in order to weave the new features into the theatre's motion picture schedule.

**Documentary on Kubrick's "The Shining" at Strand —**

The Strand Theatre in Rockland will host a special screening of the documentary "Room 237," Rodney Ascher's film on the hidden meanings of Stanley Kubrick's "The Shining," on Saturday, April 27, at 8 p.m. The film is not rated; tickets are \$8.50 for adults, \$7.50 for students and seniors. After the box office failure of "Barry Lyndon," Kubrick decided to try for more commercial appeal and selected Stephen King's "The Shining." In the 30 years since the movie's 1980 release a cult of sorts has developed of "Shining" devotees, who claim to have decoded the film's secret messages addressing everything from the genocide of Native Americans to a range of government conspiracies. For more information, visit [www.rocklandstrand.com](http://www.rocklandstrand.com) or call 594-0070, extension 5. Pictured here, Rodney Ascher.

**Film and Discussion on May Sarton at Rockland Library April 21 —**

Rockland Public Library will host Rockland Poet Laureate Carol Bachofner for a screening of the documentary film "World of Light," about writer May Sarton (pictured), on Sunday, April 21, at 1:30 p.m. in the Community Room. Sarton herself narrates the film, discussing her life, her writing, and the challenges she faced. She spent her most productive literary years

in Maine, writing journals, novels and poetry drawn both from Maine's landscape and her own personal experience. After the film Bachofner will give a brief talk on Sarton's work and share some samples of Sarton's poems and journal entries; refreshments will be served. For more information, call 594-0310. PHOTO BY SUSAN SHERMAN

**New on DVD & Blu-ray****Just Released 4/16 —**

**DJANGO UNCHAINED** R/Western/Dir: Quentin Tarantino (Jamie Foxx, Christoph Waltz, Leonardo DiCaprio, Kerry Washington, Samuel L. Jackson) With the help of his German mentor, a slave-turned-bounty-hunter sets out to rescue his wife from a brutal Mississippi plantation owner.

**Recent Releases —**

**ANNA KARENINA** R/Drama/Dir: Joe Wright (Keira Knightley, Jude Law, Aaron Taylor-Johnson, Kelly Macdonald) Set in late-19th-century Russian high-society. Aristocrat Anna Karenina enters into a life-changing affair with the affluent Count Vronsky.

**ARGO** R/Drama/Dir: Ben Affleck (Ben Affleck, Bryan Cranston, John Goodman) As the Iranian revolution reaches a boiling point, a CIA "exfiltration" specialist concocts a risky plan to free six Americans who have found shelter at the home of the Canadian ambassador.

**THE HOBBIT: AN UNEXPECTED JOURNEY** PG-13/Adventure/Dir: Peter Jackson (Martin Freeman, Ian McKellen, Richard Armitage) A curious Hobbit, Bilbo Baggins, journeys to the Lonely Mountain with a vigorous group of Dwarves to reclaim a treasure stolen from them by the dragon Smaug.

**HYDE PARK ON HUDSON** R/Drama/Dir: Roger Michell (Bill Murray, Laura Linney, Olivia Colman, Eleanor Bron) In June 1939 the king and queen of England were invited to stay overnight at President Franklin Delano Roosevelt's country estate Hyde Park in upstate New York. This was the first-ever visit of a reigning English monarch to America. With Britain facing imminent war with Germany, the royals are desperately looking to FDR for support. But international affairs must be juggled with the complexities of FDR's domestic establishment, as wife Eleanor, mother, and mistresses all conspire to make the royal weekend an unforgettable one.

**LIFE OF PI** PG/Adventure/Dir: Ang Lee (Suraj Sharma, Irrfan Khan and Adil Hussain) A young man who survives a disaster at sea is hurtled into an epic journey of adventure and discovery. While cast away, he forms an unexpected connection with another survivor ... a fearsome Bengal tiger.

**LINCOLN** PG-13/Drama/Dir: Steven Spielberg (Daniel Day-Lewis, Sally Field, David Strathairn, James Spader, Tommy Lee Jones) As the Civil War continues to rage, America's president struggles with carnage on the battlefield and fights with many inside his own cabinet on the decision to emancipate the slaves.

**PARENTAL GUIDANCE** PG/Comedy/Dir: Andy Fickman (Billy Crystal, Bette Midler, Marisa Tomei, Bailee Madison) Artie and Diane agree to look after their three grandkids when their type-A helicopter parents need to leave town for work. Problems arise when the kids' 21st-century behaviors collide with Artie and Diane's old-school methods.

**SKYFALL** PG-13/Action/Dir: Sam Mendes (Daniel Craig, Javier Bardem, Naomie Harris) Bond's loyalty to M is tested as her past comes back to haunt her. As MI6 comes under attack, 007 must track down and destroy the threat, no matter how personal the cost.

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**In Our Theaters**

mostly by Lisa Miller Week of April 19 — April 25

Short descriptions of movies that are playing locally

**42** PG-13/Drama/Dir: Brian Helgeland (Chadwick Boseman, T.R. Knight, Harrison Ford) The life story of Jackie Robinson and his history-making signing with the Brooklyn Dodgers under the guidance of team executive Branch Rickey.

**CHASING ICE** PG-13/Documentary/Dir: Jeff Orlowski (James Balog, Svavar Jonatansson, Adam LeWinter) Follow National Geographic photographer James Balog across the Arctic as he deploys time-lapse cameras designed for one purpose: to capture a multi-year record of the world's changing glaciers.

**THE CROODS** PG/Animated Family/Dir: Kirk De Micco, Chris Sanders (Nicolas Cage, Ryan Reynolds, Emma Stone) The world's very first prehistoric family goes on a road trip to an uncharted and fantastical world.

**EVIL DEAD** R/Horror/Dir: Fede Alvarez (Jane Levy, Shiloh Fernandez, Jessica Lucas, Elizabeth Blackmore) Five young friends head off to a remote cabin, where they discover the Necronomicon (a book full of mysterious supernatural lore) and inadvertently summon a terrible demon that possesses them one-by-one.

**THE GATEKEEPERS** PG-13/Documentary/Dir: Dror Moreh (Ami Ayalon, Avraham Shalom, Avi Dichter) A documentary featuring interviews with all surviving former heads of Shin Bet, the Israeli security agency whose activities and membership are closely held state secrets.

**G.I. JOE: RETALIATION** PG-13/Action/Dir: Jon M. Chu (Channing Tatum, Dwayne Johnson, Ray Park, Bruce Willis, Adrienne Palicki, D.J. Cotrona, Ray Stevenson, Jonathan Pryce, Arnold Vosloo) The G.I. Joes are not only fighting their mortal enemy Cobra; they are forced to contend with threats from within the government that jeopardize their very existence.

**JURASSIC PARK** PG-13/Adventure/Dir: Steven Spielberg (Sam Neill, Laura Dern, Jeff Goldblum, Richard Attenborough) During a preview tour, a theme park suffers a major power breakdown that allows its cloned dinosaur exhibits to run amok.

**OBLIVION** PG-13/Sci-Fi/Dir: Joseph Kosinski (Tom Cruise, Morgan Freeman, Olga Kurylenko) A veteran assigned to extract Earth's remaining resources begins to question what he knows about his mission and himself.

**OLYMPUS HAS FALLEN** R/Action/Dir: Antoine Fuqua (Gerard Butler, Aaron Eckhart, Morgan Freeman) Disgraced former presidential guard Mike Banning finds himself trapped inside the White House in the wake of a terrorist attack; using his inside knowledge, Banning works with national security to rescue the president from his kidnappers.

**OZ THE GREAT AND POWERFUL** PG/Fantasy/Dir: Sam Raimi (James Franco, Mila Kunis, Rachel Weisz, Michelle Williams, Zach Braff, Bill Cobbs, Joey King, Tony Cox, Bruce Campbell) In this precursor to "The Wizard of Oz," a small-time magician arrives in an enchanted land and is forced to decide if he will be a good man or a great one.

**THE PLACE BEYOND THE PINES** R/Drama/Dir: Derek Cianfrance (Ryan Gosling, Eva Mendes, Anthony Pizza) A motorcycle stunt rider turns to robbing banks as a way to provide for his lover and their newborn child, a decision that puts him on a collision course with an ambitious rookie cop navigating a department ruled by a corrupt detective.

**SCARY MOVIE 5** PG-13/Comedy/Dir: Malcolm D. Lee (Simon Rex, Ashley Tisdale, Charlie Sheen, Lindsay Lohan, Terry Crews, Kate Walsh, Heather Locklear) A couple begin to experience some unusual activity after bringing their newborn son home from the hospital. With the help of home-surveillance cameras and a team of experts, they learn they're being stalked by a nefarious demon.

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# CALENDAR OF EVENTS

(Continued from p. 37)

## WEDNESDAY, APRIL 24:

► **Bodas de Sangre/Suite Flamenca**, 7 p.m., Strand Theatre, 345 Main St., Rockland. The 2011 performance at Madrid's Teatro Real of Antonio Gades' "Blood Wedding" and "Suite Flamenca" is on the big screen here. \$15 adults/\$10 students.

► **Author Lea Wait**, 7 p.m., Hope Library, 441 Camden Rd. The author talks about *Shadows of a Down East Summer*, the fifth in her mystery series featuring print dealer Maggie Summer. Free.

► **Come Spring Chronicles**, 7 p.m., Vose Library, 392 Common Rd., Union. The Come Spring Players host their second annual rehearsal of the play based on Ben Ames Williams' novel *Come Spring*. The audience gets an inside look at how the actors work. Free.

## THURSDAY, APRIL 25:

► **Oceanside Poetry Event**, 1 p.m., Oceanside East High School, 400 Broadway, Rockland. Students and faculty present a dramatic poetry reading.

► **Union Chamber of Commerce Gala**, Union Masonic Lodge, 149 Sennebec Rd. Jim Sharp, captain of the schooner *Adventure* for 24 years, tells of his seagoing adventures and his Sail, Power & Steam Museum in Rockland. Doors open at 5:30 p.m. Appetizers, dinner, awards ceremony, silent auction and raffle. For adv. tickets, \$25, write a check to UACOC and send it by Tues., April 23, to P.O. Box 603, Union, ME 04862. \$30 at the door.

► **The Pirates of Penzance**, 6:30 p.m. tonight and **Fri., April 26**, Riley School, 73 Warren St., Rockport. Students from 5 to 15 perform the Gilbert & Sullivan musical. Free; donations accepted.

► **The Novel Jazz Septet**, 7 p.m., Skidompha Library, 184 Main St., Damariscotta. The group plays classic jazz to open the ninth year of Novel Jazz concerts at the library. \$14/\$12 seniors/\$6 ages 12-18/free under 12.

► **The Novel Jazz Septet**, 7 p.m., Skidompha Library, 184 Main St., Damariscotta. The group plays classic jazz to open the ninth year of Novel Jazz concerts at the library. \$14/\$12 seniors/\$6 ages 12-18/free under 12.

## COMING UP:

► **Dancing with Local Stars**, Fri., April 26, 7 p.m., Camden Hills Regional High School, 25 Keelson Dr., Rockport. Adv. tickets, \$25, at Camden National Bank, The Grasshopper Shop, HAV II, The Reading Corner, by calling 236-3000, or at www.thecommunityschools.org. \$30 at the door/\$10 children 12 and under.

► **Cat on a Hot Tin Roof**, Fri. & Sat., April 26 & 27 and May 3 & 4, 7 p.m. The Waldo Theater, 916 Main St., Waldoboro. The Tennessee Williams play. \$12/\$8 students. FMI: www.thewaldo.org.

► **Macbeth**, Fri. & Sat., April 26 & 27 and May 3 & 4, and Thurs., Fri. & Sat., May 9, 10 & 11, 7:30 p.m. Matinee 3 p.m., Sun., May 5. Parker Poe Theater, Newcastle. This version is set in modern times. Adv. tickets \$20, at the door \$22/\$10 students. Reservations: 563-1373 or email boxoffice@heartwoodtheater.org.

► **Kris Allen Performance**, Fri., April 26, 7:30 p.m., Strand Theatre, 345 Main St., Rockland. The 2009 "American Idol" winner, known for his hit single "Live Like We're Dying," sings. \$20, on sale now.

► **Free Range Music Festival**, kickoff party Fri., April 26, 7:30 p.m., at American Legion Post 43, 143 Church St.,

Belfast. With live music and a performance by comedy troupe Her Majesty's Cabaret. On Sat., April 27, over 30 acts will play at multiple Belfast venues. Adv. tickets, Belfast Co-op, 123 High St., or www.freerangemusicfestival.com: \$25 party & Sat. pass/\$20 Sat. only pass. Day-of tickets: \$10 party/\$25 Sat. pass.

## CHILDREN'S & TEENS' EVENTS

### THURSDAY, APRIL 18:

► **The Cinderella Project of Maine**, 5-8 p.m. tonight and 10 a.m.-noon, **Sun., April 21**, Renys Plaza, Belfast. Free prom gowns provided to girls who can't afford to buy one with the condition that they do something good for their community.

### FRIDAY, APRIL 19:

► **Gelatin Printing Class**, 1-3:30 p.m., Round Top Farm, off Rte. 1, Damariscotta. Kids 6-14 can make prints using gelatin as a palette and nontoxic ink. \$25/\$40 for two, includes supplies and a snack. Registration: 563-7100 or 644-8849.

► **Box Kite Building**, 10 a.m. and 11:30 a.m., Owls Head Transportation Museum, 117 Museum St. (off Rte. 73). Kids 8 and up can make a box kite in either of the free workshops. Registration: 594-4418.

### SATURDAY, APRIL 20:

► **Stockton Springs Library Open House**, 9 a.m.-3 p.m., Colcord House, 6 Station St. With carnival games at 9:30 a.m., and a performance by mime and musician Scot Cannon at 10:30 a.m.

### SUNDAY, APRIL 21:

► **"Chasing Ice,"** 4 p.m., Colonial Theatre, 163 High St., Belfast. Teens will be admitted free to a screening of the documentary featuring James Balog's time-lapse images of the world's melting glaciers. A discussion with local scientists and environmental activists follows.

### WEDNESDAY, APRIL 24:

► **Clay Work Course**, 3:30-5:30 p.m., Waterfall Arts, 256 High St., Belfast. Linda Stec leads the course, which meets Wednesdays through May 29. Kids 6-16 will learn slab building, wheel work, firing and glazing. Scholarships available. FMI: 338-2222 or www.waterfallarts.org.

► **Leap into Learning**, 6:30 p.m., Warren Community School, 117 Eastern Rd. An orientation for parents of children entering kindergarten this fall. Meet the teachers, visit a classroom and tour the school. FMI: 273-2001.

## COMING UP:

► **Process Art for 'Tweens**, Fri., April 26, 3-4:30 p.m., Skidompha Library, 184 Main St., Damariscotta. Artist Brady Nickerson invites kids in grades 6 to 8 to paint using their intuition without fear of mistakes or criticism. Free. Sign up: 563-1058.

► **Fairy Garden Workshop**, Fri., April 26, 3:30-5 p.m., Rockport Library, 1 Limerock St. Children are invited to help transform a garden behind the library into one that will attract fairies. They will also decorate a seed packet filled with fairy dust and seeds for their own gardens.

Registration is required: 236-3642.

► **Books in Motion**, Fri., April 26, Skidompha Library, 184 Main St., Damariscotta. Kids in grade 4 and up can take part in the 5:30 p.m. dinner and book discussion. Everyone is invited to the 6:30 p.m. screening of the movie made about the book. This month's title: *Jeremy Fink and the Meaning of Life* by Wendy Mass. RSVP by Thurs., April 25: 563-1058.

► **Parents' Night Out**, Fri., April 26, 5:30-9 p.m., Central Lincoln County YMCA, 525 Main St., Damariscotta. Kids in grades K-6 will have supervised fun with the afterschool staff. \$10/\$5 members. Registration: 563-3477.

► **St. George Community Sailing Program**, Tenants Harbor. Three two-week sessions run from July 8-Aug. 16. Registration: www.stgeorgesail.org, 372-8174, or email stgeorgesail.aol.com.

► **Dive In to Marine Science**, UMaine's Darling Marine Center, Walpole. College-bound high school juniors and seniors who plan a career in marine sciences are invited to apply for the Aug. 12-14 program. The workshop is free, but students must provide their own transportation. Applications due May 1. Forms at www.dmc.maine.edu/divein.html.

## FILM

### THURSDAY, APRIL 18:

► **"King Corn,"** 6 p.m., Unity College Center for the Performing Arts, 42 Depot St. A documentary about two friends who grow a crop of genetically modified corn and then try to follow it through the food system. Co-creator Curt Ellis will be on hand for a post-screening Q&A. Free.

► **"Millay at Steepletop,"** 6:30 p.m., Rockland Library, 80 Union St. A celluloid tribute to poet Edna St. Vincent Millay. A discussion led by Millay scholar Mary Pilote follows. Free.

► **"Occupy Love,"** 7 p.m., Lincoln Theatre, 2 Theatre St., Damariscotta. A documentary being screened worldwide this month on the Occupy movement asks if the global financial and environmental crises could become a love story. Free.

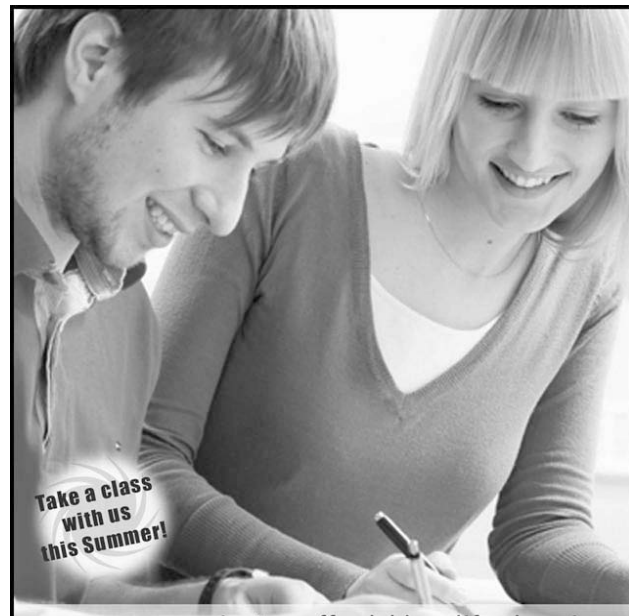
### FRIDAY, APRIL 19 - THURSDAY, APRIL 25:

► **COLONIAL THEATRE**, Belfast: "Oblivion," "42," "Scary Movie 5," "Chasing Ice." See ad below for showtimes.

► **FLAGSHIP CINEMAS 10**, Thomaston: "Oblivion," "The Place Beyond the Pines," "42," "Scary Movie 5," "Jurassic Park," "Evil Dead," "Olympus Has Fallen," "The Croods," "Oz: The Great and Powerful," "G.I. Joe: Retaliation." See ad below for showtimes.

► **STRAND THEATRE**, 345 Main St., Rockland: "The Gatekeepers." See ad below for showtimes. FMI: 594-0070.

► **HARBOR THEATRE**, Boothbay Harbor: "Quartet," Fri. & Sat., 7 p.m.; Sun., 3 p.m. Take a tour of the projection booth during the theater's final days running 35mm film. Digital projection starts in May.



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### Waldoboro Fire Department Auction

Saturday, April 20, 2013, 6 PM - VFW Hall, Waldoboro

Ladies Auxiliary Baked Bean Supper 5 pm before the auction  
Guest Auctioneer  
WCSH Channel 6 Reporter Don Carrigan

Here is a partial list of the many items.

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Singers The Bellamy Brothers Autographed CD	Maine Artist Peter Rolfe Desk Calendar Gift Boxes
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Maine Humorist Gary Crocker 2 Autographed CD's / 1 Autographed Book	1970's Teen Idol Bobby Sherman CD & Autographed Book
Comedian Alan Sues CD's - From the TV show Laugh In	2 - Original Windjammer Photos by Artist Carol Latta
1 Year Subscription to Portland Magazine	2 Pairs of Tickets to the Bangor Symphony Orchestra
Full Throttle Saloon XL T-shirt	4 Autographed Photos from Rock Band Steppenwolf
Cairns Black Fire Helmet	2 Race Passes to Maine Indoor Karting
In My Seat: A Pilot's Story from Sept. 10th - 11th Autographed Book & CD	Hearing Protection Headset
Rescue Knife with Firefighter Logo	2 - Southern Rock/Country Band Ozark Mountain Daredevils XL T-shirts
1 - Year Subscription to Downeast Dog News	Firefighter Wind Bell
Dare Devil Robbie Knievel Autographed Photo	Deluxe Eye Pro Kit - Hat, Shirt and 3 pairs of Eye Protection
5 Woolly Rounds	The Heart - Healthy Firefighter Cookbook
2 - Singer Mark Chestnutt CD's with XL T-Shirt	Maine Artist Peter Rolfe Desk Calendar Gift Boxes
Singer Terri Gibbs CD	2 Hats & XXL T-Shirt
1 Year Subscription to Portland Magazine	Tecgen Firefighter Hood
In My Seat: A Pilot's Story from Sept. 10th - 11th Autographed Book & CD	Autographed Paul Walsh Print
Rescue Knife with Firefighter Logo	2 - Team Tabasco 1:24th Revell Collection Todd Bodine Cars
Pair of XL Extrication Gloves & Hat	Fireman Quilt
Autographed Paul Walsh Print	Beth Rand Photography 2013 Calendar
Maine Artist Peter Rolfe Desk Calendar Gift Boxes	Autographed CD and Med. Shirt from Comedian Justin McKinney
Gift Certificate for Two for a Round Trip Train Ride	Autographed Book from Writer/Comedian Adam Ruben
Half Hour Biplane Ride	Kennebec River Trip for 2
Autographed Paul Walsh Print	Handmade 10" Rawley the Panda Bear - Recycled Rabbit Fur
2 - Pair of All Purpose Gloves: L & XL & Hat	Original Maine Coast 11x14 oil painting by artist Lois Gopin
911 Black 2XL Vest	\$50.00 Gift Certificate to Agren Appliance
American Flag - Flown Over the U.S. Capitol	2 - Levels
Maine Woods Deer Call	2 Nights of Camping Gift Certificate
Country Group Exile Autographed CD	Autographed CD & DVD and XL Shirt from Comedian Justin McKinney
1 - Year Subscription to Downeast Dog News	10 Nights of Camping - Good 5/24 - 6/21 or 8/24 - 9/30
John McDonald Trivia Book & Autographed John Ford Book	6 CD's (Kesha / Pitbull / Perry / Degraw / Minaj / Keys)
3 - Autographed Books by Author James Van Praagh	
Autographed Paul Walsh Print	

**Plus These Celebrity Auction Items:**

- Hall of Famer Jim Rice Autographed Baseball
- 2 Autographed John Travolta Ladder 49 Photos
- Autographed Willie McGinest Canvas Poster
- Singers The Bellamy Brothers Autographed CD
- Actor Larry Hagman Autographed Photo

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### Colonial Theatre

Showtimes for Fri., Apr. 19 to Thurs., Apr. 25

**Oblivion** -PG13-  
Fri. & Sat 6:25 & 8:55  
Sun. & Thurs. 7:10  
Wed. 4:25 & 7:10  
Matinees: Sat. & Sun. 1:15

**42** -PG13-  
Fri. & Sat 6:15 & 8:45  
Sun. & Thurs. 7:00  
Wed. 4:10 & 7:00  
Matinees: Sat. & Sun. 1:30

**Scary Movie 5** -PG13-  
Fri. & Sat 6:35 & 8:25  
Sun. 7:20 Wed. 4:45 & 7:20  
Matinees: Sat. & Sun. 1:45

**Chasing Ice** -PG13-  
Sun. 4:00 Mon. & Thurs. 7:15

"More-Than-Movies" Series!  
April 26 to May 27 featuring:  
**The Doors 1968, Aida, Phantom of Opera**  
first showings April 26, 28 & 29

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### STRAND THEATRE

Fri. Apr 19 - Thurs. Apr 25

FILMS THIS WEEK

**THE GATEKEEPERS**  
Fri 5:30, 8:00 | Sat No Film | Sun 1:00, 6:00 | Mon 7:00  
Tues 1:00, 7:00 | Wed No Film | Thu 7:00 - LAST NIGHT!

**WHERE THE TRAIL ENDS**  
SUN 4/21 - 3:30pm

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**DAVID MALLET**  
and The Mallett Brothers Band  
SAT 4/20 - 7:30pm

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Fri., Apr. 19 - Thurs., Apr. 25, 2013

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**Oblivion**  
1:00, 4:00, 7:00, Fri. & Sat. 9:40 (PG-13, 215)

**The Place Beyond The Pines**  
12:30, 3:40, 7:30 (R, 231)

**42**  
12:50, 3:50, 6:50, Fri. & Sat. 9:35 (PG-13, 218)

**Scary Movie 5**  
12:20, 2:30, 4:35, 7:10, Fri. & Sat. 9:10 (PG-13, 1:35)

**Jurassic Park** (G)  
1:10, 4:15, 7:25, Fri. & Sat. 9:55 (PG-13, 217)

**Evil Dead**  
12:10, 2:20, 4:30, 7:15, Fri. & Sat. 9:20 (R, 1:41)

**Olympus Has Fallen**  
1:20, 4:10, 7:20 Fri. & Sat. 9:45 (R, 210)

**The Croods**  
12:00, 2:10, 4:25, 6:55, Fri. & Sat. 9:05 (PG, 1:48)

**Oz: The Great and Powerful**  
12:40, 3:30, 6:45, Fri. & Sat. 9:30 (PG, 221)

**G.I. Joe: Retaliation** (G)  
1:30, 7:05 (PG-13, 2:00)

**G.I. Joe: Retaliation**  
4:20 Fri. & Sat. 9:25 (PG-13, 2:00)



# CALENDAR OF EVENTS

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**FRIDAY, APRIL 19:**

► **“The Best Exotic Marigold Hotel,”** 6:30 p.m., Thomaston Library’s Friday Night Film Series, 60 Main St. A group of British seniors move to India to live out their golden years, but find the once-lavish Marigold Hotel has declined. Free; donations accepted.

**SUNDAY, APRIL 21:**

► **“World of Light,”** 1:30 p.m., Rockland Library, 80 Union St. The documentary is narrated by poet May Sarton, who talks about her life. A brief talk on Sarton’s work led by Rockland poet laureate Carol Bachofner follows. Free.

► **“Where the Trail Ends,”** 3:30 p.m., Strand Theatre, 345 Main St., Rockland. Follow mountain bikers as they scour the world for new and thrilling terrain. \$8.50/\$7.50 students and seniors.

**MONDAY, APRIL 22:**

► **“The African Queen,”** 6:30 p.m., Skidompha Library’s By Popular Demand Film Series, 184 Main St., Damariscotta. A gin-loving river trader played by Humphrey Bogart rescues a fiery missionary played by Katharine Hepburn. \$5 suggested donation.

**TUESDAY, APRIL 23:**

► **“Wilderness and Spirit: A Mountain Called Katahdin,”** 6:30 p.m., Savory Maine Restaurant, 11 Water St., Damariscotta. Five years in the making, the documentary explores how people from many eras and walks of life have been drawn to Katahdin. Free.

► **“Unnatural Causes: In Sickness and in Wealth,”** 6:30 p.m., Belfast Library, 106 High St. The documentary follows a CEO, a lab supervisor, a janitor and an unemployed mother to explore why patterns of illness reflect patterns of class inequity. A talk on local childhood health outcomes with Patrick Walsh of Prevention Services at Broadreach in Belfast follows. Doors open at 6 p.m. with refreshments and a show of photos by local teens and seniors exploring the connection between class and health. Free.

**THURSDAY, APRIL 25:**

► **“Run Lola Run,”** 6:30 p.m., Saltwater Film Society Series, Thomaston Library, 60 Main St. The fast-paced German movie sees a woman trying to save her boyfriend from drug dealers. Free; donations accepted.

### ART

**SATURDAY, APRIL 20:**

► **Meet the Artist,** 2-5 p.m., Medomak River Community Market, Waldoboro. This month, meet Kim Scheimreif of Shepherds and Such Homesteading, and Andrew Hov of Art-i-facts. Scheimreif is

a candlemaker and fiber felter and Hov creates functional reproductions of aboriginal tools. Also, Susan Price will be planting seeds with kids for Earth Day.

**MONDAY, APRIL 22:**

► **Drawing Workshop,** 11 a.m., Rockland Library, 80 Union St. Catinka Knoth leads the class with a theme of daffodils and yellows. Materials provided. Free.

**WEDNESDAY, APRIL 24:**

► **Pronto Plate Printmaking Class,** 6-9 p.m., Round Top Farm, off Rte. 1, Damariscotta. Make unique images with photos, drawings and other mark-making techniques on paper-thin polyester plates. \$40, includes materials. Registration limited to five people: 701-1304.

**ONGOING:**

► **American Treasures: The Best of the Farnsworth Collection,** Farnsworth Art Museum, 16 Museum St., Rockland. Spring hours are Tues.-Sun., 10 a.m.-5 p.m. \$12/\$10 seniors and students 17 and up/free for children under 17.

► **Blueberry Rakers,** Portland Museum of Art, Congress Sq. A show of 50 photos by David Brooks Stess, who has spent more than 20 years photographing the annual blueberry harvest in northern Maine. Through May 19.

► **Winslow Homer Studio Tours,** Prouts Neck. Tours run Tues.-Sun. through June 14. Homer lived and worked in the seaside studio from 1883 until his death in 1910. \$55/\$30 for Portland Museum members. Reservations required. FMI: 775-6148.

► **I-95 Triennial 2013: From Connecticut to Maine,** UMaine Museum of Art, 40 Harlow St., Bangor. A juried show of work by 34 New England artists. Through June 8.

### MISCELLANEOUS

**THURSDAY, APRIL 18:**

► **Morris Farm Trust Annual Meeting,** 6 p.m., The Morris Farm, 156 Gardiner Rd., Wiscasset. A potluck dinner is followed by presentations from new program coordinator John Affleck and outreach coordinator Kelsey White. FMI: www.morrisfarm.org.

► **Healing Democracy Circles,** 6 p.m., Thursdays through May 9, John Street United Methodist Church, 98 John St., Camden. Dave and Sue Oakes lead action circles focusing on the capacity to listen to ourselves and each other. \$15 materials fee for all four sessions. FMI: 230-4025.

► **“Coming to Maine ... By Canoe,”** 6:30 p.m., Belfast Library, 106 High St. Sarah Mattox and Aaron Bauman give a slide talk on their trip along the Northern Forest Canoe Trail. Free.

► **Clean Energy Proposal,** 6:30 p.m., Maine Lighthouse Museum, 1 Park Dr., Rockland. Learn about FMC Rockland BioPolymer’s plan to convert its facility from #6 fuel oil to natural gas. RSVP: email jackie.wadsworth@fmc.com or 226-3101.

► **Avian Haven Presentation,** 7 p.m., Camden Library, 55 Main St. Diane Winn and Marc Payne talk about their work with Bald Eagles and other birds at the wild bird rehab center in Freedom. Free.

► **Energy Efficiency Forum,** 7-8:30 p.m., Rockland City Hall, 270 Pleasant St. Speakers on topics ranging from home energy efficiency to state legislation will also answer questions. FMI: 761-5616.

**FRIDAY, APRIL 19:**

► **Spring Café Gathering,** 2 p.m., Spectrum Generations Coastal Community Center, 521 Main St., Damariscotta. Joyce Steel, a substance abuse prevention counselor, answers questions about alcohol and associated problems for those worried about their own or someone else’s drinking. Reservations: 563-1363.

► **Protest Vigil on Drone Attacks,** 4-5 p.m. at Park and Main streets, Rockland. Stand for whatever time you have to protest drone warfare in Pakistan and Afghanistan. Bring signs. FMI: Alan Hynd, 354-6632, Patti Luchetti, 975-3317.

**SATURDAY, APRIL 20:**

► **Spring Rabies Clinic,** 9-11 a.m., Searsmont Community Center, 37 Main St. Dr. Chris Tomalty of Little River Veterinary Hospital gives free rabies shots to Waldo County pets and hands out coupons for discounted spaying and neutering. Bring animals on leashes or in carriers. FMI: 852-5033.

► **Spring Cleanup Day,** 9 a.m.-noon, Camden Harbor Park and Amphitheatre. Volunteers should bring gloves and a rake and meet Dave Jackson in the park.

► **Vendor & Craft Fair,** 9 a.m.-2 p.m. Northport Memorial Post 6131, 780 Atlantic Highway.

► **Run-a-Hound 5K Run/Walk,** 9:30 a.m., Youthlinks, 420 Broadway, Rockland. Proceeds benefit Youthlinks’ free after-school programs. \$15/\$10 with a dog/\$8 students. FMI: 594-2221.

► **Unity College Spring 5K,** 9:30 a.m., 90 Quaker Hill Rd. Check-in at Tozier Gym at 8 a.m. Race starts and ends on campus. \$10. FMI: 948-9241 or email gzane@unity.edu.

► **Pruning Workshop,** 10 a.m.-noon, Meryspring Nature Center, 30 Conway Rd., Camden. Tom Jackson covers the what, where and why of spring pruning. \$5/free for members. FMI: 236-2239.

► **Flea Market Fund-Raiser,** 10 a.m.-2 p.m., Thompson Community Center,

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# CALENDAR OF EVENTS

51 South Union Rd., Union. Horse items, antiques and more. Table rentals benefit Tri-County Horsemen. FMI: 785-6657.

► **Defensive Driving Courses**, 10 a.m.-3 p.m., today at Spectrum Generations Knox Community Center, 61 Park St., Rockland, and **Mon., April 22**, at Reynolds House, 33 Booth Dr., Belfast. Drivers 50 and up can sharpen their skills in this AARP program. Bring a brown bag lunch. \$14/\$12 with AARP discount. *Registration required.* Rockland: 596-0339. Belfast: 338-0350.

► **“Roadside Maine: A Nostalgic Journey Up Route 1,”** 1 p.m., Owls Head Transportation Museum, off Rte. 73. Historian Earle Shettleworth uses vintage postcards to show how auto travel has changed Route 1. Free.

► **Downeast School of Massage Open House**, 1 p.m., 99 Moose Meadow Lane (off Rte. 220), Waldoboro. Learn about career opportunities in the expanding field of massage therapy and how the school can help prepare you. Sign up: 832-5531.

► **Talk on Threats to Bill of Rights**, 2:30 p.m., Belfast Library, 106 High St. Debra Sweet of The World Can't Wait and Michael Figura of the Bill of Rights Defense Committee on the PATRIOT Act and its indefinite detention provision. Free; donations accepted.

► **Free Supper**, 5:30 p.m., St. Giles Episcopal Church, Rte. 126, Jefferson. Apricot chicken, sides and desserts. No reservations needed. FMI: 832-7412.

► **Celebrate the Full Sprouting Grass Moon**, 6:30-8:30 p.m., Beech Hill Preserve, Rockport. Beech Nut, the historic sod-roofed stone hut atop Beech Hill, will be open. Camden children's librarian Miss Amy will read star stories in the firelit hut at 7 p.m. The library's telescope will be available. Bring a blanket to sit on and a flashlight for the hike. Free.

**SUNDAY, APRIL 21:**

► **Earth Day Volunteer Work Day**, 9 a.m.-3 p.m., MOFGA Common Ground Education Center, Crosby Brook Rd., Unity. Volunteers are needed for transplanting Korean nut pines, cleaning, racking, mulching gardens, screening compost, and doing light carpentry. Rain or shine, so dress accordingly. Volunteers will get a hearty organic lunch and a T-shirt. FMI: 568-4142.

► **Chainsaw Safety Workshop**, 9 a.m.-4 p.m. today and Sun., April 28, Hidden Valley Nature Center, 131 Egypt Rd., Jefferson. The two-day course is for beginners, especially women, and covers everything from buying a chainsaw to using one safely. \$140/\$125 HVNC, MOFGA and SWOAM members. FMI: 200-8840 or www.hvnc.org.

► **Bike for All**, noon-5 p.m., Knox Mill parking lot and nearby Watershed School, 32 Washington St., Camden. Skill building workshops, safety inspections, demonstrations, music and family fun.

► **Knox County V.F.W. Cribbage Tournament**, 1 p.m., Hahn Community Center, Main St., Friendship. Pick your first opponent. Two out of three and single elimination. Chili, desserts and drinks included. \$10 advance/\$12 day of tournament. FMI: 354-0409.

► **Earth Day Eve Orienteering Challenge**, 1-2:30 p.m., Penny Lake Preserve, Rte. 27, Boothbay Harbor. Bring a compass or borrow one from the host, Boothbay Region Land Trust. A quick refresher on compass reading precedes a challenge to follow coordinates throughout the preserve, collecting pieces of a poem as you go. Registration requested: email thall@bbrlt.org or 633-4818.

► **Workshop on Balancing Family Life and a Small Business**, 1-3 p.m., Sheepscot General Store, 98 Townhouse Rd., Whitefield. Harriet and Chuck Vaughan speak. \$10. FMI: email sheepscotgeneral@gmail.com or 549-5817.

► **“Holocaust Cantata: Songs from the Camps,”** 3 p.m., The First Church in Belfast, 8 Court St. The University of Southern Maine Chorale performs the cantata and “Requiem” in the sanctuary. Free.

**MONDAY, APRIL 22:**

► **Pen Bay YMCA Spring Cleanup**, 9:30-11:30 a.m., 116 Union St., Rockport. Volunteers should bring gloves and can choose to clean the playground, pick up litter, sweep the sidewalks or rake.

► **Essentials of College Planning**, 10 a.m., University College, 91 Camden St., Rockland, and 9 a.m., **Wed., April 24**, UMaine Hutchinson Center, 80 Belmont Ave. (Rte. 3), Belfast. The free workshops teach adults 19 and up about admissions, financial aid, career planning and study skills. Registration: 800-281-3703.

► **“Couponing 101,”** 5:30-7:30 p.m., McLain Building, 28 Lincoln St., Rockland. Learn traditional and online tactics of being a savvy consumer. \$10. Registration: www.rsu13.maineadulted.org or 594-9764.

► **Camden Riverwalk and Public Landing Community Meeting**, 6:30 p.m., Camden Rockport Middle School, 34 Knowlton St., Camden. The public can weigh in on the public landing portion of the project. FMI: www.camdenmaine.gov, click on “Riverwalk and Public Landing.”

► **“Made in Belfast,”** 7 p.m., Belfast Library, 106 High St. Megan Pinette of the Belfast Historical Society gives a slide talk on the history of items once manufactured in downtown Belfast factories, from shoes to carriages to bottled soda. Free.

**TUESDAY, APRIL 23:**

► **Storm Drain Stencil Workshop**, 10 a.m., Damariscotta municipal parking lot (on Police Department side). Learn how to stencil. Then be put on a team and get three days to stencil “No Dumping! Drains to River” on stormwater drains in Newcastle and Damariscotta. Drain maps

and supplies provided. FMI: 563-1393 or email dra@damariscottariver.org.

► **“Right to Know” GMO Labeling Bill Rally**, noon, Capitol Welcome Center and Breezeway (between the State House and the Cross State Office Building), Augusta. Join MOFGA for a rally and press conference to let the public and legislature know that GM foods should be labeled. Bring positive signs. FMI: 949-7371 or email righttoknow@mofga.org.

► **Merryspring Tuesday Talk Series**, noon, Merryspring Nature Center, 30 Conway Rd., Camden. Today: Jan Macdonald of Barley Joe Farm Greenhouse in Warren on back- and knee-friendly container gardens. \$5/free for members. FMI: 236-2239.

► **Poetry and Popcorn**, 1 p.m. and 6:30 p.m., Southern Maine Community College Midcoast Campus, 29 Sewall St., Brunswick. Each session includes an hour of poetry followed by a popcorn reception. Free. FMI: 844-2064.

► **Current-Use Property Tax Programs Workshop**, 4-6 p.m., Lincoln County Communications Center, Rtes. 1 & 27, Wiscasset. The workshop will cover the purpose, eligibility criteria and application procedures for the Farmland and Tree Growth Property Tax programs, Farmland Registration, and the Maine Voluntary Municipal Farm Support program. Reservations: 784-2617.

► **Book Soup**, 6 p.m., Rockland Library, 80 Union St. Participants in the book group choose their own titles and share what makes the book great. This month, bring a favorite poem or book of poetry to celebrate Poetry Month Rockland.

► **Painting Clinic**, 6 p.m., Lowe's Home Improvement, 164 New County Rd., Thomaston. Volunteers for the Women Build project to be hosted by Midcoast Habitat for Humanity in May can take a free interior/trim painting workshop. Free; no registration required. Wear work clothes. FMI: 236-6123.

► **“The Failed Popham Colony of 1607,”** 7 p.m., Camden Library, 55 Main St. Historian Bud Warren gives an illustrated talk on the first settlement attempted by the English in the New World, in what is now Phippsburg. Free.

**WEDNESDAY, APRIL 24:**

► **Spring Walk at Deer Foot Farm**, 10 a.m.-noon, Rte. 131, Appleton. Maine Guide Gary Roberts leads the free walk through woods and field to look for signs of spring. Bring binoculars and a walking stick if you wish. Free for all ages.

► **Knox County Republican Women**, 10 a.m. The group will meet at the home of former state senator Linda Curtis Brawn, 97 High St., Camden. FMI: 236-3123.

► **Lunch and Learn Series**, 11:15 a.m.-1 p.m., Kennedy Learning Center, Camp Kieve, West Neck Road, Nobleboro. Donna Minnis, executive director of

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# CALENDAR OF EVENTS

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**BED LINERS**

Pemaquid Lake Watershed Association, speaks. Entree: meatloaf with onion gravy. \$6. *Reservations by noon, Mon., April 22, required:* 563-1363.

►  **Fireside Poetry & Refreshments**, 3 p.m., Rockland Library, 80 Union St. Native American poems ready by Abenaki poets Cheryl Savageau and Carol Bachofner along with Lacy Simons of Rockland's Hello Hello Books. Free.

►  **Spaghetti Supper**, 5:30 p.m., People's United Methodist Church, 13 Chapel St., Thomaston. With bread, salad and pies. \$7/\$4 children.

►  **Kristin Lindquist Reads**, 6-7 p.m., Rockport Library, 1 Limerock St. The published poet and Coastal Mountains Land Trust employee reads from her work. Free.

►  **Waldoboro Business Association**, 6:30 p.m., Village Bakery and Cafe, 11 Friendship St., Waldoboro. Geena Chericello, a local Food Corp Vista worker, talks about SAD 40's Teen Ag summer program, and Linda Anderson of the Midcoast School of Technology gives an update on the school's programs.

►  **Ballroom Dance Spring Tune-Up**, 7-8:30 p.m., Wednesdays through May 15, Great Salt Bay School, 559 Main St., Damariscotta. A follow-up class for returning students and for those who know basic ballroom steps. \$25 before Fri., April 19/\$30 thereafter. FMI: 563-2811 or email clcae@aos93.org.

►  **"Spring: Rising Energy, Growing Health,"** 7 p.m., Lincolnville Library, at Heal Rd. & Main St. Local acupuncturists Abi Morrison, Eileen Murray, Mary O'Herin and Jolinda Rockett on Asian medicine and tips on health through diet and self-care exercises. Refreshments.

►  **"The Plankton Chronicles,"** 7 p.m., Café Scientifique, Bigelow Laboratory for Ocean Sciences, East Boothbay. French biologist Dr. Christian Sardet shows excerpts from his series that uses high-

tech optics to reveal the beauty and diversity of marine plankton. Free.

►  **Impact of the State Budget**, 7 p.m., Waldoboro Town Office, Rte. 1. Town Manager John Spear, Newcastle Selectwoman Ellen Dickens, Whitefield Selectman Dennis Merrill, and Garrett Martin, executive director of Maine Center for Economic Policy, on the impact of the governor's proposed budget on municipal services and property taxes. The Lincoln County Democrats' meeting starts with a social at 6:30 p.m.

**THURSDAY, APRIL 25:**

►  **"Twigs and Things,"** 9:30 a.m., First Congregational Church, 55 Elm St., Camden. Master Gardener Linda Redman shows how to turn branches into fences and arbors. The Camden Garden Club meets at 9 a.m. Free.

►  **Mental Health Series**, 3:30-5:30 p.m., Oceanside East High School, 400 Broadway, Rockland. Dr. Kendra Bryant on how to care for students with concussions at home and in school. Free.

►  **"Money in Politics: Democracy's Crisis in Confidence,"** 5 p.m., Episcopal Church of St. John Baptist, 200 Main St., Thomaston. The public forum is presented by the nonpartisan Maine Citizens for Clean Elections. Free.

►  **"Baxter State Park: An Insider's Look,"** 6-7:30 p.m., Coastal Maine Botanical Gardens, off Barters Island Rd., Boothbay. Biologist Glen Mittelhauser gives an illustrated talk on the untamed area. \$12/\$10 members. Registration: 633-4333, ext. 101, or www.maineagardens.org.

►  **"The Maine Food System,"** 6:30-8:30 p.m., Belfast Library, 106 High St. Talk by Dr. Mark Lapping on how local food councils boost the local economy, support farmers and put healthier food on our plates.

►  **A Swarm of Poets**, 6:30 p.m., Rockland Library, 80 Union St. A dozen or more Maine poets and winners of this year's Poetry Contest read in honor of Poetry Month Rockland. Free.

►  **Talk on New Fruit Pest in Maine**, 6:30 p.m., Knox-Lincoln County Cooperative Extension office, 377 Manktown Rd., Waldoboro. David Handley on the spotted-wing drosophila. Free. Registration: 596-2040 or www.knox-lincoln.org.

►  **"The Wreck of the Portland in the Great Gale of 1898,"** 7 p.m., Camden Library, 55 Main St. Dick Cornelia gives an illustrated talk on the 291-foot ship that was lost in a storm. Model maker Gil Carlson's rendition of the *Portland* will be on display. Free.

►  **Fishing the Grand Banks**, 7:30 p.m., St. George Grange Hall, Wiley's Corner Road. Bill Anderson shares his fishing experiences off Newfoundland, the Gulf of Maine and the Nantucket Shoals. He shows a DVD of one trip. The St. George Historical Society meeting starts at 6:30 p.m. with a potluck. Free, but a collection will be taken to pay for the hall.

**COMING UP:**

►  **Orchard Planters Needed**, Fri., April 26, 8-10:30 a.m., Youthlinks, 420 Broadway, Rockland. Volunteers will plant fruit trees donated by ReTreeUs. They will be fed bagels and spreads prepared by student chefs in Oceanside East High School's Foundations Program. FMI: email genna.chericello@food-corps.org.

►  **Revelry for the River**, Fri., April 26, noon-5 p.m., Coppola Salon & Day Spa, 99 Park St., Rockland. A day of beauty to benefit the Georges River Land Trust. \$130/\$120 members, at 594-5166 or www.georgesriver.org/revelry.

►  **Arbor Day Tree-Planting Demo**, Fri., April 26, 1 p.m., Coastal Maine Botanical Gardens, off Barters Island Rd., Boothbay. Learn proper tree-planting techniques and get a free sapling. \$15/free for members. Registration: 633-4333, ext. 101, or www.maineagardens.org.

►  **Run for Your Life Emergency Service Challenge**, Sat., May 25, 5K course with obstacles around Ragged Mountain Recreation Area and Camden Snow Bowl. Family-friendly endurance trial; all skill levels. *Registration is open; limited space.* FMI: 236-7950, or www.emergencychallenge.org.

# ASTROlogically Speaking

WITH ANANUR

**APRIL 19 - APRIL 25**



**Friday, April 19** — The Sun is aspecting Jupiter, known to bring out the urge to spend extravagantly or to indulge in gambling with high hopes. Watch out for the temptation to overdo it when it comes to food and drink. Saturn is in a challenging aspect to Mercury and Uranus until midnight. Frustration is felt. Your good ideas got blocked unfairly, or so it seems. You need more information before launching your ideas into reality. Ultimately it's a good thing the obstacles came when they did. You would've lost money on that deal. The Sun moves into Taurus at 6:04 p.m.

**Saturday, April 20** — The Sun is now in Taurus. It's time to slow down, relax, look around and appreciate the natural glories of life. Mars enters Taurus at 7:49 a.m. and is close to the Sun, so you're probably feeling energetic and motivated. Mercury is conjunct Uranus in Aries until 1 p.m., which increases intuition and creativity. The Sun and Mars are aspecting Jupiter, which finds you trying to do too much. Remember: the Sun is in Taurus, which means it's time to slow down and become focused.

**Sunday, April 21** — Mercury is in an awkward aspect with Pluto, which is known to bring about obsessive thoughts that can drive you nuts. You can, however, redirect your thinking and use the obsessive qualities of this aspect for doing something constructive. Venus is opposite Saturn. Disappointing news may come, and you may find yourself going inward and wanting to hide away. This aspect is with us until noon tomorrow. A good time today for focused self-discipline would be from 11:20 a.m. until 1:20 p.m., while the Moon is nicely aspecting Saturn. Emotions run deep and yet realizations come out of the depth of your soul while the Moon is in a favorable aspect to Pluto, from 4:30 until 6:30 p.m. You've adjusted your perspective, which helps you to relax.

**Monday, April 22** — Venus is still opposite Saturn until noon. Your feelings get hurt easily, yet no one knows. Venus is also aspecting Uranus until 2 p.m. on Tuesday, which finds you attracted to someone who is a free spirit. There's something you can learn from this person. Mercury is nicely aspecting Jupiter until Tuesday at midnight. Allow yourself to be open to all kinds of new ideas. Conversations will be uplifting and full of humor. Today we get to laugh more. The only truly serious time today is from 3:15 until 4:15 p.m. The Moon is in a challenging aspect to Saturn. No need to worry; everything is about to change — again. An

eclipse is coming up on Thursday, which may stir up the emotional waters starting tonight.


**Tuesday, April 23** — Venus is still aspecting Uranus, until 2 p.m. today. Enjoy the odd people in your orbit, they have something interesting to offer you. Perhaps it's their lifestyle that is intriguing to you or their approach to problems that is different that attracts you to them. All the aspects between the planets are positive today! Venus is in a very positive aspect to Pluto, which suggests a great love from the past could come along and sweep you off your feet. It could be someone from a past life, if you believe in reincarnation, whom you instantly feel close to. A relationship that begins today could be incredibly deep and profound. Chances are that you intuitively know this right away. Mercury is still aspecting Jupiter, expanding your mind and finding you witty and full of ideas. This aspect is with us until midnight. The Sun in Taurus is in a positive aspect with Neptune in Pisces until Wednesday night. This aspect offers spiritual blessings with a natural feeling that "all is well no matter what."

**Wednesday, April 24** — Venus is still in a positive aspect with Pluto, until midnight. The healing power of love is stronger than ever and comes through music and natural beauty. This would be an ideal day to receive a therapeutic massage and simply relax and allow your muscles to release the toxins stored there from worry and stress. Mars is in a favorable aspect to Neptune until Friday at midnight. Extending yourself to help another feeds your soul. You might consider adopting a pet who longs for attention and affection. You have plenty to give.

**Thursday, April 25** — The Full Moon takes place at 3:58 p.m. and this one is a "partial lunar eclipse," which will greatly intensify whatever you're feeling today. Issues that have been a source of emotional anguish surface and there could be intense sorrow and anger erupting from deep within. Mars and Saturn are involved in this full moon eclipse. This eclipse will be uncomfortable and unsettling for all of us. As we move closer to the Aquarian Age, we are reminded that we are indeed all brothers and sisters on this planet.

*Ananur Forma lives in Rockland and can be reached for a personal astrological reading in person or by phone at 594-2565. Visit www.AstrologyWithAnanur.com.*

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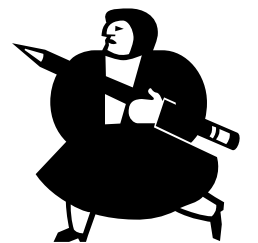
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coming up at Coastal Maine Botanical Gardens —  
**Baxter Flora, April 25;**  
**Trees, Timber & Tradition, April 26**

Biologist and photographer Glen Mittelhauser will present a slide talk about the Baxter State Park Flora Inventory on Thursday, April 25, at 6 p.m. at Coastal Maine Botanical Gardens, off Barbers Island Road in Boothbay.

And on Friday, April 26, National Arbor Day, at 1 p.m. tree expert Tim Lindsay will teach proven techniques for planting trees.

In the Baxter State Park program, Mittelhauser will show photographs and offer an insider's view of the collaborative volunteer effort to study and document the flora of Katahdin and Baxter State Park. Mittelhauser is the executive director for Maine Natural History Observatory, a non-profit research organization dedicated to improving the understanding of natural resources in Maine. He is also the managing editor for the scientific research journals *Northeastern Naturalist* and *Southeastern Naturalist*; lead author of *The Plants of Acadia National Park*, a photographic field guide; and one of the primary authors for *Sedges of Maine: A Field Guide to Cyperaceae*. Admission to the April 25 program, in the Bosarge Family Education Center, is \$10 for members and \$12 for non-members.

National Arbor Day holds special significance for Coastal Maine Botanical Gardens: its 250-acre property is largely forested, and "Trees, Timbers and Traditions" is this year's theme at the Gardens. On April 26, the president of the Maine Arborist Association, Tim Lindsay of Bartlett Tree Experts, will be at the Gardens to demonstrate the latest

techniques for successfully planting trees. Everyone who attends the program, cosponsored by the Maine Arborist Association, will take home a sapling. There is no charge for members to attend, although registration is requested. The fee for non-members is \$15.

Sign up for either program, or both of them, at [www.MaineGardens.org](http://www.MaineGardens.org) or 633-4333, extension 101; or in person at Coastal Maine Botanical Gardens.



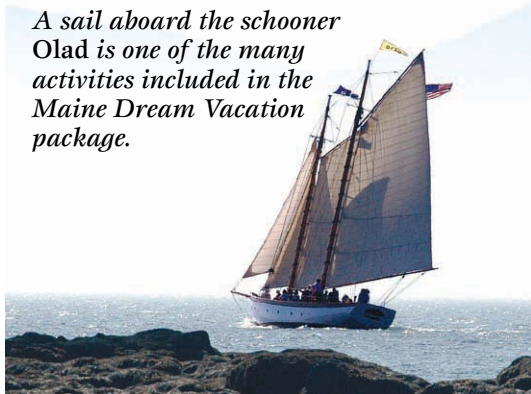
*This image of Kalmia polifolia offers a glimpse into the flora of Baxter State Park. Glen Mittelhauser will offer an insider's view during his program at Coastal Maine Botanical Gardens.*

PHOTO BY GLEN MITTELHAUSER

**Raffle of Maine Dream Vacation to Benefit Youthlinks**

Penobscot Bay Chamber of Commerce and Youthlinks are holding a Maine Dream Vacation Raffle. The winner and a companion will enjoy three nights at the Samoset Resort on the Ocean, including a round of golf, and dinner each night at a different restaurant: La Bella Vita Ristorante, Rockport; the Caignair Inn & Restaurant, Spruce Head; and The Youngtown Inn & Restaurant, Lincolnville. The winner will also be treated to a biplane tour over Penobscot Bay, courtesy of the Owls Head Transportation Museum, a sail aboard the schooner *Olad* of Camden, and passes to the Farnsworth Art Museum in Rockland. The package is available for Friday to Monday, June 7 to 10. Also included is round-trip airfare for two from Boston to Rockland, courtesy of Cape Air, and \$500 in spending money, courtesy of Bangor Savings Bank.

*A sail aboard the schooner Olad is one of the many activities included in the Maine Dream Vacation package.*



For rules and tickets, \$25 each, visit [www.mainedreamvacationraffle.com](http://www.mainedreamvacationraffle.com); the drawing will be held on Wednesday, May 1. Proceeds will benefit the free youth programs of Youthlinks and the community development work of the Chamber.

**E-Waste Collection**



**April 27**  
**9:00 - 2:00**



**Medomak Valley High School**

Sponsored by Rockland Rotary with the Medomak Valley High School National Honor Society

**DONATIONS BENEFIT Rockland Rotary Charities**

**Electronic Waste Collection**

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**7TH ANNUAL COAST GUARD CITY APPRECIATION DINNER**

**5:30 pm Elks Lodge**  
**Rockland, Maine**  
**April 26th, 2013**  
 Adults \$17 Children \$5



Tickets Available: Maine Lighthouse Museum & Rockland City Hall



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**Thomaston Public Library  
Receives Donation for Movie  
Projection Equipment –**

Pictured here, Camden National Bank Thomaston Branch Manager Nicole Look (center) presents a check to Jeff Carty and Davene Fahy of Thomaston Public Library towards the purchase of a DVD player and projector for showing movies at the library, located in the Academy Building at 60 Main Street.

**Workshop on Time &  
Meeting Management  
for Nonprofits**

The University of Maine Hutchinson Center's Nonprofit Certificate Management program will offer a workshop on "Time, Talent and Meeting Management" on Monday, May 13, from 8:30 a.m. to 4 p.m., led by Dr. Frank Burnett, Ed.D., a veteran educator and nonprofit organization executive. The workshop, geared to nonprofit organizations, will introduce effective time management skills as well as coaching skills for improving and extending employee work performance.

The University of Maine Hutchinson Center, Route 3, Belfast, has designed its certificate program in nonprofit organizational management to provide nonprofit executives, staff members and leaders with realistic, "hands-on" strategies for planning, effective program/service development, creative problem solving and issue resolution.

For more information or to register for any one workshop or for the series, contact Nancy Boyington at the Hutchinson Center at 338-8002 (toll free 800-753-9044) or nancyb@maine.edu. The cost for each one-day workshop is \$150 and \$255 for the two-day grant writing workshop. Workshop fees include continental breakfast, lunch and all workshop materials.

**Mini-Golf,  
Appetizers &  
Networking with  
Maine Women's  
Network**

The Maine Women's Network (MWN) will host an evening of mini-golf, appetizers and networking opportunities at Golfer's Crossing and Blue Sky Cantina Restaurant, Route 1 in Rockport, on Wednesday, May 1. Registration and mini-golf will begin at 5:15 p.m. Cost is \$22 for members, \$30 for guests and members and/or non-members, and includes heavy appetizers, mini-golf and extended time for networking. Guests and non-members are always welcome. Online pre-registration for members, guests and non-members is required by Monday, April 29; go to www.mainewomensnetwork.com and click on the "Event Reg-



Golfer's Crossing

istration" link. The gathering will take place rain or shine. MWN is a statewide organization open to all, regardless of gender. Visit the web site for more information.

**Waldoboro Business Assoc. to Meet April 24**

Waldoboro Business Association's next monthly meeting will be Wednesday April 24, at 6:30 p.m. at the Village Bakery and Cafe, 11 Friendship Street in Waldoboro. Scheduled to speak is Geena Chericello, Lincoln and Knox County FoodCorps/VISTA worker, presenting an update on the SAD 40 Teen Ag summer program and Linda Anderson, SAD 40 School to Career educator and Midcoast School of

Technology representative, with an update on the school's educational programming. All are welcome, light refreshments will be served.

Waldoboro Business Association is a network of more than 80 local and area businesses that join together to help promote their companies, products and services. For more information, visit www.waldoborobusiness.org.

**ElderCare Network of Lincoln County  
Receives Donation from  
Rising Tide Community Market –**

The ElderCare Network of Lincoln County recently received a donation of \$300 from Rising Tide Community Market in Damariscotta, through the market's Co-ops for Community Day program, in which Rising Tide donates one percent of Wednesday sales, up to \$300 per month, to local nonprofit

organizations nominated and selected by market member-owners. The ElderCare Network, the recipient for February 2013, operates seven assisted-living residences for Lincoln County elders, and offers in-home support for seniors living independently as well as adult day services and respite care. For more information, call 563-2148 or visit www.eldercarenetwork.org. Shown here (left to right), ElderCare Network representatives Crystal Leeman, manager of Edgecomb Green, and Joyce Pitcher, manager of Jefferson Green, with Elya Markert, Rising Tide outreach coordinator.



**MARKET BASKET** DEADLINE is 4 p.m. MONDAYS

PLEASE READ: As long as the TOTAL price of ALL your items is \$100 or less, it's FREE (ads must include prices for all items or we cannot run the ad).

Market Basket ads run for two weeks. Only one per household per week will be printed. We can only accept ads that are 20 words or less. We cannot accept ads over the phone — we do accept faxes (596-6698). Market Basket ads must be received by 4 p.m. Mon. for inclusion in that week's issue. NO BUSINESS, SERVICE OR YARD SALE ADS qualify for the Market Basket. Ads which do not follow these guidelines cannot be printed.

**FOR SALE**

**Solid Wood Bookcase**, with three adjustable shelves, honey brown color, 62" long x 40" high x 9" deep, good condition, \$35. 542-1696.

**Eureka Vac**, bagless type, upright, paid \$60, \$15 OBO. Two bar stools, with back, white metal frame, \$10 each, 2/\$15. 563-5663.

**Women's Snow/Ski Pants**, by Columbia, size XL, \$20. Women's Eddie Bauer khaki-colored fishing vest, size small/petite, \$20. 549-7593.

**Toaster Oven**, \$8. Two old Quadruple plate serving pieces, \$25 each. 594-8179.

**245/75/16 Uniroyal Laredo LT Tire**, with nice tread, mounted on rust-free Chevy 6-lug steel rim, \$60. 230-1195.

**Box of Costume Jewelry**, \$45. Brooches, \$26 for four. Two necklaces, \$10 each. 845-2617.

**Midwest House Cat Playpen**, black, 36"L x 23 1/2"W x 50 1/2"H, one attachable shelf, fully assembled, but is collapsible, \$60. 372-6535.

**Hay**, \$3/bale. 763-4032, Camden.

**Electric Snow Thrower**, slightly used, like new, moving, \$35. 548-2281.

**Cabinet Knobs**, classy solid brass with round white ceramic center, have 32, \$3 each OBO. 354-2615.

**Ladies Shoes**, brand new, platinum sling-back sandal, size 8 wide, \$12, original price \$30. 354-6172.

**Orange Sleeper Sofa**, like new, non-smoking home, colonial style, \$70. 589-4655, Montville.

**Waterproof Hiking Boots**, Merrell Phaser Peaks, rugged, excellent condition, men's 9, great for contractor, \$75. 505-231-8093.

**Desk**, wood veneer, fair condition, 27" wide, 27" high, 41" long, \$25. Two-drawer file cabinet, \$25. 763-3533, Lincolnville.

**Massage Table**, good condition, \$100. 372-8957.

**14 New Sealed Ink Cartridges**, HP 02, black, red, blue, yellow and pink, \$100. 594-8540, Spruce Head.

**Jenn-Air Range**, electric, white, slide-in, w/ convection oven, top grill/griddle and two smooth-top burners, down-draft vent, model JES9860AAW, \$75. 712-9434, Rockland.

**Fridge**, Whirlpool, 20 cu.ft., with ice maker, Energy Star, works good, we bought bigger, clean, \$100. 354-7145, Joe.

**Portable Display Case**, aluminum and glass, carrying handles and locks, barely used, 3" x 22" x 34", \$70. 701-8818.

**Five Lobster Traps**, with rope, buoys and bait bags, \$75. 542-2328, Rockland.

**Epson 1670 Scanner**, for documents, 35 mm slides and negatives, \$20. Thule bike carrier, for sedan trunk, \$30. 594-4824.

**Stationary Exercise Bike**, Nordic Track, works well, \$50 OBO. 354-0753, Friendship.

**8" Fiber Round Chimney Brush**, long necklaces; one heavy Wave bangle, \$33 each OBO. 236-4706.

**Sleeping Bag**, like new, \$25. Four playing-card snack dishes, polished aluminum, card shaped, \$5. 596-7344.

**Bikes**: Men's Thruster, 26", 21-speed, \$30; Men's Sentinel, 10-speed, 27", \$30; Women's Next, 18-speed, 26", \$25. Boy's 16" Magna, with training wheels, \$15. 975-6745. ■

**Bikes**: Men's Univega 26", 12-speed, \$25. Women's Huffy, 10-speed, 24", \$25. Men's 26" Fuji, 18-speed, \$50. 975-7062.

**Bed Set**: full-size bedskirt, coverlet, two pillow shams, matching valances, soft jade, cotton matalasse, like new, \$65. 236-3192.

**Old Tools**: two rakes, two shovels, hoe, pitchfork, mattock, saws, \$10 each OBO. 563-5663, not after 8 p.m.

**Panasonic Microwave Oven**, \$20. Staples Mailmate paper shredder, \$20. L.L. Bean fishing/wader boots, size 12, \$20. Window fan, 14" x 24" (extends to 36"), \$15. Portable wardrobe, \$15. 633-3851.

**Transfer Case**, works fine, fits '81-'87 Chevy 1/2 ton, w/automatic trans., just removed from running truck, \$100. 230-1195.

**Cabinet Singer Sewing Machine**, with stool, \$25. White dresser and mirror, \$50. 594-5009.

**Ladder**, 26 ft., fiberglass, extension, 300 lb. capacity, \$95 OBO. 338-5524.

**Wood Windows**, 30 1/2 x 41 1/2, \$20; 30 1/2 x 53 1/2, \$25. Cassettes, 36 in tray, all kinds, \$12. Lamphshades, 13", brand new, \$4 each. 354-6172.

**Graco Baby Swing**, \$12. Umbrella stroller, with canopy, \$10. Wilson red leather handbag, new \$125, asking \$75. 338-9754.

**Sterling Silver Jewelry**: two 16" long necklaces; one heavy Wave bangle, \$33 each OBO. 236-4706.

**Five Tennis Rackets**, \$5 each. Pull-up bar, \$15. 458-0109, Lincolnville.

**Twenty Natural Stones**, flat, good for garden walkway, etc., \$100 for all. 845-2617.

**Boxflex Power Pro**, \$100 OBO. 785-2219.

**Prom Gown**, indigo blue, size 10, strapless, worn once, \$50 OBO. 542-1274.

**Antique Steel Grappling Hook**, over 100+ years old, about 30" long by 19" diameter across the 5 hooks, asking \$75. 594-1885.

**Round Coffee Table**, 41" diameter, \$30. Two maple side chairs, \$15 each. Three-tiered basket, \$40. 691-4025, Rockland.

**Brand New, Traditional Style Bridal Gown**, size 10, \$75. Mother's long dress for wedding, size 14, \$25. 338-4408.

**Three Gas Weedwackers**, need work, \$50 for all. 20 ch. scanner, \$45. 542-2328, Rockland.

**Executive Hi-back Office Chair**, black leather, fully adjustable, incl. lumbar, recline, \$80. 594-9747.

**WANTED**

**Wanted: Bottles and Cans** to help senior citizen in Rockland area with expenses. 594-4788. (kr) ■

**Wanted: Old Chisels**, any condition, will refurbish; also furniture clamps, planes, carving tools for woodworking classes, cash paid. 596-0863. (kr)

**Wanted: Wheelchair**, needed by disabled, please call back, one I had did not work out. 832-5206.

**Wanted: Dresser**, book shelf, round table and chairs, movie rack, floor lamp, not much money. 790-0669.

**MARKET BASKET ADS FREE**

**MARKET BASKET RULES:**

- #1. Maximum # of Words per Ad = 20
  - #2. To TAl of all items added together MusT be \$100 or less!
  - #3. Ads MusT be priced or we cannot run them.
  - #4. We cannot run Wanted ads seeking items costing over \$100.
  - #5. only one ad Per week per person/phone number.
  - #6. No business, ser vice or yAr d sAl e Ads accepted.
- Please use the regular classified ad form for these and all other ads which don't fit the above guidelines — sorry, ads that don't follow these guidelines cannot be printed!

!Market Basket Ads Automatically Run For Two Weeks!

Mail To: **The Free Press MB**, 8 No. Main St., Suite 101, Rockland, ME 04841  
**Sorry, we c a n n o T take Market Basket ads by phone or e-mail, but you can fax your ad to 596-6698. However, we ask that you NOT copy this form and then fax it — copies from newsprint don't fax well, and we can't read them — just write your ad on a white sheet of paper and fax that — do not forget your phone #.**

**And about the handwriting: If we can't read it, we can't run it.**

**MARKET BASKET AD DEADLINE IS 4 PM ON MONDAYS**

**Wanted: Used Wood Turning Lathe**, also used lobster buoys. 236-8734, Ron.

**Free: World Book Encyclopedia**. 594-5009. ■

**Free: Clean Egg Cartons**. 354-6172.

**Free: Washer and Dryer**, older, runs but needs work, or scrap metal, you move. 594-3642.

**FOUND**

**Found: Lady's Timex Watch**, with black leather band, on dirt road at Beauchamp Point — cleaned up and still ticking! 596-4584.

**FREE**

**Free: Coffee Cans**, large and small, planting pots. 354-6172.



# CLASSIFIEDS/HELP WANTED

## FREE PRESS HELP WANTED ADS WORK

OVER 80 JOB LISTINGS AT FREE PRESS MARKET SQUARE, WWW.FREEPRESSMARKETSQUARE.COM  
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 CALL JENN RICH AT 593-0037, EXT. 6 FOR MORE INFO.

### HELP WANTED

**FERNALDS NECK PRESERVE SEASONAL STEWARD** — Coastal Mountains Land Trust seeks seasonal steward to manage public access to the Preserve. Duties include welcoming public, enforcing use guidelines, coordinating volunteers and maintaining trail system. 20 hrs./wk. from May 22nd through September 3rd, \$12/hr. For more information see [http://coastalmountains.org/conserved\\_land/prereserves/fernalneckseasonal.htm](http://coastalmountains.org/conserved_land/prereserves/fernalneckseasonal.htm) for details on how to apply. Position is open until filled. (4/25)

**PERSONAL CHEF** — Small family, mid-June to mid-September, live in/out, Thomaston, plan meals, marketing, serving, cleaning up, excellent salary, references required. Mabelbran@aol.com. (5/2)

**SPEAKER COORDINATOR** — PopTech seeks an energetic, diplomatic and detail-oriented individual to fill the full-time, contract position of Speaker Coordinator. The individual in this position will coordinate all fellow, faculty, speaker and performer interactions around PopTech programs, events and conferences. The position requires professionalism, exceptional interpersonal and organizational skills, bachelor's degree preferred. Further details are available at <http://poptech.org>. This position opening is limited to PopTech's Camden, Maine office. EOE. Please email resume, cover letter, and reason for applying to [jobs@poptech.org](mailto:jobs@poptech.org) with the subject line SPEAKER COORDINATOR. No phone calls or visits to our office, please. (4/25)

**REGISTRAR/CONCIERGE** — PopTech seeks an energetic, detail-oriented individual to fill the full-time, contract position of Registrar/Concierge. The individual in this position will play a key role in facilitating event ticket sales and registrations, and will provide concierge services to event participants. The position requires two years of experience in hospitality or similar industry, direct sales experience a plus, excellent communication and organizational skills, bachelor's degree preferred. Further details are available at <http://poptech.org>. This position opening is limited to PopTech's Camden, Maine office. EOE. Please email resume, cover letter, and reason for applying to [jobs@poptech.org](mailto:jobs@poptech.org) with the subject line REGISTRAR/CONCIERGE. No phone calls or visits to our office, please. (4/25)

**MULTI-TASK ASSISTANCE** — for artist, 1 day/week, natural food cooking, house cleaning, groceries, errands, driving, must be responsible, honest, detail-oriented, with good hygiene, a clean driving record, non-smoker, Camden area. Send resume and three top work references to: assistance250@gmail.com. (4/25)

**ORGANIST/CHOIR DIRECTOR** — St. Peter's Episcopal Church in Rockland is seeking an Organist/Choir Director. For more information on position requirements and salary, please contact the Rev. James Bocchino at 207-594-8191 or [rector@stpetersrockland.org](mailto:rector@stpetersrockland.org). (5/9)

**FREE PRESS ADS WORK!**

**ATWOOD LOBSTER- Spruce Head**  
 Interviewing over the next three weeks for positions starting in early May.  
 Full time, Part time, year round and seasonal.  
 Positions Available: Wharves, Receiving, Packing Lobster, Grading Lobster  
 Very Competitive starting pay with prompt reviews and raises.  
 Competitive Benefit package available.  
 Please call our office at 207- 596-6691 to apply and arrange for an interview.

Expanding agency seeking energetic direct support professionals to work in our licensed assisted facilities serving developmentally disabled adults. Requirements: Experience preferred, High School Diploma or GED Equivalent, Valid Driver's license, DSP/CRMA training a plus, but we are willing to train the right people. BFLI currently have the following full time positions available at our Owls Head facility. These full time positions include a comprehensive benefits package. We also have part time, substitutes/per diem positions available immediately. Anyone interested please call BFLI at 207-594-9847 to request an application.

Monday 3p-8p	Thursday 9p-8a	Friday 8p-7a	Saturday - 9p-7a	Awake Overnight (37 hours)
Tuesday 2p-11p	Wednesday 3p-9p	Thursday 3p-9p	Friday 3p-8p	Saturday 8a-8p (38 hours)

### Guest Activities Supervisor

This applicant will possess superb customer service skills as well as the ability to work closely with both children and adults. Main component of the job is the design and execution of our summer Samoset Kids Club programming, as well as working closely with incoming groups to design children and group activities for them when they stay at the resort. The applicant must be able to communicate clearly and professionally in person, over the telephone, and via email. As supervisor, you will oversee a full Guest Activities staff and the scheduling of said staff.



*Benefits include Health Club Membership, Golf Course Privileges, Discounted Hotel Rates and Shift Meal. Please visit our Human Resource Office at 220 Warrenton Street, Rockport, ME to complete an application. You may also visit our website [Samosetresort.com](http://Samosetresort.com) and complete an online application.*

**PRODUCTION WORKERS - \$10/hr**  
**SHIPPERS/RECEIVERS \*\* PACKERS \*\* GENERAL LABORERS -**  
 SEVERAL openings for 1st and 2nd shift candidates with RELIABLE transportation. Position is on your feet and requires heavy lifting up to 60 lbs repeatedly. No experience required but must have good, recent work experience, and have a positive attitude. Must have flexible availability as work includes weekends. Apply in person at MANPOWER 91 Camden St, 3rd Floor or apply online at [www.manpowerjobs.com](http://www.manpowerjobs.com); 207-594-7910

**MORE ONLINE JOB LISTINGS THAN ANY OTHER SOURCE IN THE MIDCOAST. FREE ONLINE ADS AVAILABLE.**  
 CALL JENN RICH AT 593-0035, EXT. 124 FOR MORE INFO.

### VEHICLES

**1983 HEAVY DUTY FORD F SUPER DUTY 1-TON TRUCK** — new tires and brakes, good running diesel, \$4,500. 975-1455, Mike. (kr)

### COMPOST

COMPOST, screened, aged organic compost. We make what we sell! \$40/c.y. or delivered \$50/c.y. within 25 miles. Call anytime, 832-4204. (kr)

## BUSINESS FOR SALE

Small kitchenware business in great Camden location.  
 Owner retiring.  
 Serious inquiries only.  
 email [info@welltempereditkitchen.com](mailto:info@welltempereditkitchen.com)



## FMC BioPolymer

### Temporary Employee(s)

The successful Temporary employee(s) will work for production in finishing, extract, and/or warehouse as needed. The temporary position could have potential for regular employment. This is a 24/7 operation with 10 or 12 hour alternating shifts. The starting wage is \$13.35/hour, plus \$1.25/hour night shift differential. A willingness to work, learn, and actively participate in a team environment dedicated to continuous improvement is necessary. Safety is a priority in this position. High school diploma or GED is required. Hands-on experience in a manufacturing environment (especially chemical manufacturing) is preferred. Fork truck experience is a plus. Ability to work some overtime is expected.

The successful candidate will have a basic understanding and comply with all safety and environmental procedures. In an industrial environment the temporary will perform all the routine duties listed on the job training task list. The objective of the position is to generate products to meet customer needs. You will learn, understand and comply with Good Manufacturing Practices and Quality Management System procedures; Lock Tag Try, Hot Work Permit, and Confined Space Entry responsibilities. You will communicate and transfer information as needed to other team members; and, participate in identifying and solving problems in your area.

Required Education: High school diploma or GED

Qualifications include safe work habits; basic math skills; good communication abilities; some mechanical aptitude; fork truck experience is a plus; and a willingness to work, learn and actively participate in a team environment dedicated to continuous improvement. We have a special interest in individuals who have had a positive experience working varying shifts.

**To apply; go online to <http://www.fmc.com/careers>;** select US-Maine-Rockland in the Location filter section; and select SEARCH at the bottom; and then scroll to the top of the window for the current openings. Look for Job ID# 2013-5981. Please submit a cover letter and resume in the resume section of the application. Resumes must be submitted online.

FMC is an Equal Opportunity Employer, EEO, AAE, MFDV and supports a drug free workplace.



### Experienced Purchaser Experienced Full- and Part-time Banquet Servers

**PM Dishwashers  
 Convention Services**  
 — meeting space set up and break down

**Experienced Landscapers  
 Experienced Servers — for fine dining  
 Experienced AM & PM Host  
 Health Club Desk  
 Administrative Assistant**

Benefits include Health Club Membership, Golf Course Privileges, Discounted Hotel Rates & Shift Meal. Please visit our Human Resource Office at 220 Warrenton Street, Rockport, ME to complete an application. You may also visit our website [Samosetresort.com](http://Samosetresort.com) and complete an online application.



### Employment openings for Massage Therapists, Nail Technicians, and Estheticians

— Exceptional skill levels and a professional work ethic essential. Previous day spa or resort experience strongly preferred, but not required.

**Spa Coordinator** — Responsibilities include but not limited to: knowledge of all spa services and retail products, appointment scheduling, spa guest check-in, POS procedures, efficient multi-tasking and inventory control. Experience with SpaSoft or similar spa scheduling software preferred.

*For full job descriptions please visit our website [Samosetresort.com](http://Samosetresort.com) and refer to our careers page.*

*Benefits include Health Club Membership, Golf Course Privileges, Discounted Hotel Rates and Shift Meal. Please visit our Human Resource Office at 220 Warrenton Street, Rockport, ME to complete an application or visit our website to complete an online application.*

— Rockland  
 WWW.DANKIRCHHOFF.COM



## MORSE'S SAUERKRAUT

now hiring a dishwasher/general laborer.  
 Please contact Hannah at [jobs@morsessauerkraut.com](mailto:jobs@morsessauerkraut.com)

**FREE PRESS ADS WORK!**



# CLASSIFIEDS/HELP WANTED



**RENTALS & PROPERTY MANAGEMENT**  
Houses and Apartments Available

VISIT OUR WEB-SITE  
[www.CoastalMaineRE.com](http://www.CoastalMaineRE.com)

also  
Accepting applications for:  
Rural Development Subsidized Apts.  
**Townhouse Estates I, Camden**  
Family Housing - 3 BR Apts.  
Basic Rent: \$789

**Townhouse Estates II, Camden**  
Family Housing - 2 BR Apts.  
Basic Rent: \$663

**Section 8 Vouchers Accepted**  
For information call:  
**236-2736**  
100 Washington St., Camden

**WANTED TO BUY ANTIQUES**

596-0077

**FOR SALE**

**FENCING** — Welded wire, woven wire, plastic and electric fence; gates; split rail fence. Union Agway, 785-4385. Online at union-agway.com. (kr)

**FIREWOOD**

**FIREWOOD** — 1/2 cords seasoned, mixed wood and campfire wood. 763-4093. (kr)

**FIREWOOD** — Firewood, cut, split and delivered. 691-6758. (6/27)

**WHIRLPOOL 50-GALLON ELECTRIC HOT WATER HEATER**, used less than one year, \$200. 798-2549. (kr)

**EQUIPMENT RENTAL**

**UNION FARM EQUIPMENT RENTALS:** Tractor/loader/backhoe, excavator, wood splitter, wood chipper. Delivery available, reasonable rates. 1-800-935-7999. (kr)

**WOMEN'S BURTON SHAUN SKI/BOARD PANTS**, white, size 9, brand new, White Collection candy pant, brown taffeta lining, fully taped seams, waterproof and breathable outer fabric, \$30. 409-6346. (kr)

**WANTED**

**WANTED TO BUY** — Gold, silver, old coins, diamond, estate jewelry, dental gold. Top dollar paid or trade for new store jewelry. The Village Jeweler, (207) 582-6676. 221 Water Street, downtown Gardiner, ME. (kr)

**FURNITURE** — Two corner cabinets, like new, oak, 39W x 77, leaded glass etched, 38H, bottom drawers, \$95. Pine, 39W x 80, glass doors, 32 H, shelf, drawers, \$85. 594-9353. (4/18)

**ARCHITECT SEEKS TO BUY SMALL HOUSE IN BELFAST** — cottage w/privacy and nice light would be ideal, owners only. 617-492-4469 or rctarchitect@earthlink.net. (4/18)

**DEER FOOT FARM, APPLETON ME** — 800 bales, 1st-cut feed hay @ \$3/bale; mulch hay, \$2/bale. 207-749-1846. (4/18)

**RENTAL WANTED** — 1 or 2 BR, furnished apt./house, Rockland/Belfast area, June through September, pay up to \$1,000 monthly, retired Maine native. 321-917-4186. (5/30)

**WINE CABINET**, plant stands, tile-top tables, bookshelves, pantry cupboard, handcrafted, one-of-a-kind pieces. 691-4025, Rockland. (4/18)

**HOUSE EXCHANGE SOUGHT** — Santa Fe, NM for Rockland area, native Rocklander seeks exchange of 2BR, 2BA, fully furnished, deluxe, premier condo compound in "high season," for home/apt., 3 to 4 weeks, July/Sep-tember. Can provide photos, details. Contact j.admann@comcast.net. (4/25)

**OVER 100 USED LOBSTER TRAPS**, need some repair, \$10 each. Hauling block, \$75. Coleman canoe, needs repair, \$150. Danforth anchor, \$75. 542-2328, Rockland. (4/18)

**PROPERTY MAINTENANCE**  
Spring Cleanup and Lawn Care, Tree, Brush Removal  
Junk Removal,  
Pruning and Lots Cleared,  
Snow Plowing,  
Reasonable Rates,  
Free Estimates.  
**John Duffell**  
322-9095  
or 763-4358.  
(kr)

**FIREWOOD**

**CHEAP FIREWOOD** — \$49 per 1/3 cord, cut and split, you pick up, Route 17, Somerville. 207-975-1147. (5/2)

**FREE PRESS ADS WORK!**

Run your ad ONE WEEK for only \$6/week for 20 words – 20¢ each additional word.  
Run your ad for TWO WEEKS for only \$5.50/WEEK for 20 words – 15¢ each additional word.  
Run your ad for THREE or more WEEKS for only \$5/WEEK for 20 words – 10¢ each additional word.  
(Please print clearly & include your phone number!) **DEADLINE IS MONDAY AT 4 p.m.!**

I would like my ad to read: \_\_\_\_\_

Please run my classified ad \_\_\_\_\_ times and list it under:  
 \_\_\_ Vehicles \_\_\_ Boating \_\_\_ For Rent \_\_\_ For Sale  
 \_\_\_ Help Wanted \_\_\_ Real Estate \_\_\_ Services \_\_\_ Wanted  
 \_\_\_ Yard Sale \_\_\_ Other \_\_\_\_\_

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Town \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_

Cost for 1st 20/words/week = \$ \_\_\_\_\_  
 Additional words = \$ \_\_\_\_\_  
 Subtotal = \$ \_\_\_\_\_  
 Times # of weeks ad to run x \_\_\_\_\_  
**TOTAL Due = \$ \_\_\_\_\_**

**IF PAYING BY CREDIT CARD:  
 JUST CALL IN YOUR AD COPY — 596-6696**  
 Or, enclose payment and bring or mail to:  
**The Free Press Classifieds**  
 8 No. Main Street, Suite 101, Rockland ME 04841

**HIGHLAND PARK APARTMENTS**  
One and Two Bedroom Units  
Highland Avenue Camden, Maine  
**ACCEPTING APPLICATIONS — UNITS AVAILABLE**

Appliances included - Laundry room on site.  
This is an elderly community. To qualify one must be 62+ and/or disabled as well as meet income guidelines.  
Basic Rental Amounts: \$605 – \$765 per month  
(some rental assistance is available)  
Housing vouchers are welcome.  
Contact: Affordable Housing of New England  
3 Stone Ledge Drive Lewiston, Maine 04240  
(207) 783-5098 TTY (711)

**UNION PLANNING BOARD  
 REGULAR MONTHLY MEETING**  
 Thursday, April 25, 2013  
 6:30 P.M.  
 Town Office Meeting Room

Call to Order  
 Approval of Previous minutes  
 Application(s):

A. Matt & Esther Williamson – Application to expand an accessory structure within the Shoreland Zone. Property Located 275 Buckeye Ln. map 28 Lot 9

B. Elmer L. Savage – Use Permit Application to operate a Winery/ Tasting Room. Property located at 174 Barrett Hill Rd. Map 9 Lot 65 Which is an allowed Use in the Rural Zone with P.B. Approval.

C. Bay Communication II LLC Application submittal for a Wireless telecommunication facility (Cell Tower) Property Located at 48 Mt Pleasant Rd. Map 3 Lot 34

**WEDDINGS**

**ECHO HILL** — St. George. *Make your day special in your own way!*  
Privacy, dance floor, kitchen, porch, rental items.  
[www.echohillinc.com](http://www.echohillinc.com)  
207-563-7311.  
(kr)

**Available Now!**  
**Efficiency Apartment in Downtown Rockland**  
 For applicants 62 or older and/or disabled  
**Methodist Conference Home**  
 Rockland, Maine

Rent is 30% of income and includes all utilities, elevator, laundry facilities, parking and a Resident Service Coordinator on site. Meals are available

Maximum qualifying incomes are:  
 1 Person \$33,250 – 2 Persons \$38,000

For Information Call Sherry @ 594-2743  
 TDD/TTY 1-800-545-1833 Ext. 702  
 Professionally Managed by  
 MCH Housing, Inc.

**APPLICATIONS FOR KNOX HOTEL APARTMENTS AVAILABLE**

**Newly renovated Knox Hotel Apartments at 192 Main St. in Thomaston**

Rent is 30% of income and includes new kitchens, wall to wall carpeting, laundry facilities, community living room, parking and professional Service Coordination to assist elderly and disabled residents.

Maximum Income Limits are  
 \$24,960 for 1 Person \$28,500 for 2 Persons

*If interested, please call*  
**Sherry at 594-2743**  
**TDD/TTY 1-800-545-1833 Ext. 702**

**SERVICES**

**GREEN'S TREE SERVICE**  
 • Tree, brush removal  
 • Pruning  
 • Aerial truck or climber  
 • Chipping, stump-grinding  
 • Lots Cleared  
 Free Estimates  
 Licensed & Insured Arborist  
**Peter C. Green**  
 763-4093.  
 — Reasonable Rates —  
 (kr)

**JR'S PAINTING**  
**Fine Interiors/Exteriors**  
 Painting & Staining,  
 Sheetrocking, Pressure Washing,  
 Plaster Repair.  
 Free estimates. References.  
 Fully Insured.  
**273-6116.**  
 (kr)

**Wanted to Buy ANTIQUED/OLD TOOLS**  
 Looking to buy one piece or entire collection. Planes, levels, rules, patternmakers, blacksmith, machinist, benches, chests, marine antiques: pond models, half hulls, hunting and fishing items, etc.  
 Appraisal services available.  
 Call Jeff @ 207-322-1186

**ATTENTION: SENIOR CITIZENS**  
 Applications now being taken for  
**Rankin Center in Rockland**  
 Spacious apartments with appliances  
 Laundry Facilities  
 Housing Coordinator and  
 Support Services on Site.

Maximum qualifying incomes are  
 1 Person- \$33,250 - 2 Persons- \$38,000

**Please call 594-2743**  
**TDD/TTY 1-800-545-1833 Ext. 702**  
 Professionally Managed  
 by MCH Housing, Inc.

**PROPERTY MAINTENANCE**  
 Spring Cleanup and Lawn Care,  
 Tree, Brush Removal  
 Junk Removal,  
 Pruning and Lots Cleared,  
 Snow Plowing,  
 Reasonable Rates,  
 Free Estimates.  
**John Duffell**  
 322-9095  
 or 763-4358.  
 (kr)

**MOSTLY MOWING SERVICES**  
 Full mowing services at reasonable rates.  
 15 years' experience,  
 customer references on request.  
**691-7197 or 763-3230.**  
 (5/16)

**SERVICES**

**THE HANDY WOMAN SERVICE**  
 Affordable:  
 • Gutter Cleaning & Installation  
 • Power Washing  
 • Window Washing  
 • Exterior/Interior Painting  
 • Dry Wall  
 • Laminate Floors  
 • Carpentry  
 • Snow Removal  
 References and insured.  
*Senior Citizen Discount.*  
**Jamie Comitia**  
 jcthehandywoman.com  
 (207) 323-4894.  
 (kr)

**LAWN CARE**  
 Mowing, Trimming, Spring Cleanup and More.  
 Reasonable and Reliable  
 Fully Insured  
 Free Estimates  
**Call 207-236-3334, ask for Sean.**  
 (8/1)

**SERVICES**

**PAPER HANGING & PAINTING**  
 by William Forrest.  
 Thorough preparation.  
**763-4321,**  
**Lincolntonville.**

**LLOYD'S LAWN CARE**  
 Also doing odd jobs and painting.  
**273-3715,**  
**Lloyd or Susan**  
*"Let us spruce up your home"*  
 (4/25)

**THIBODEAU'S LANDSCAPING AND LAWN MAINTENANCE**  
 Now accepting maintenance contracts.  
 BS Landscape Horticulture, UMO  
 Fully insured  
 Cleanups, regular maintenance and design.  
 Best rates and quality.  
**www.thibodeaulandscaping.com**  
**207-907-8458.**  
 (5/2)

**SERVICES**

**KEVIN & SON PRECISION PAINTING**  
*"Where Precision and Affordability Matter for over 18 years."*  
 Residential and New Construction  
 Painting, Staining, Poly,  
 both interior and exterior.  
 Wallpaper removal.  
 We will beat any price plus, receive a discount when you refer someone.  
**(207) 230-4160**  
 or email  
**vanleer.Kevin@yahoo.com.**

**SOULE'S CARPENTRY**  
 Siding, roofing, garages, window replacement, decks and more.  
 Free estimates.  
 Fully insured.  
**Call 354-7024 or 691-6758.**  
 Ask for David.

**REAL ESTATE**

**WALDOBORO** — 11.1 acres, reduced for quick sale, was \$79,900 now \$59,900, long road frontage, field, forest, nice quiet road, beautiful setting, all surveyed, soils tested, owner financing. Call Tim anytime, (603) 494-3387. (kr)

**WARREN** — 2.7 acre, surveyed, wooded building lot, Billings Road, just off Route 90, residential or commercial, \$43,500. 273-2202. (6/6)

**RENTAL**

**ROCKLAND** — Studio & 1 bedroom apts., each has a unique layout, all utilities included. Studios are \$675/mo. and 1 BR are \$725/mo. Kinney Rentals, 354-0100, email amber@kinneyrentals.com or www.kinneyrentals.com. (kr)



# CLASSIFIEDS / HELP WANTED

## RENTAL

**SENIOR HOUSING** — The Homesteads in Cushing and Owls Head have vacancies for seniors who wish to live in a home-like environment but need homemaking and or personal/nursing services. The Homesteads provide a small, intimate setting where frail elderly can age in place and pay for services as needed at significantly lower rates than traditional medical facilities. We have enjoyed a reputation for high quality meals and services for more than 25 years. Information and pictures of available rooms/suites can be accessed by calling 354-7077 or at [www.homeshareinc.com](http://www.homeshareinc.com). (kr)

## SEASONAL RENTAL

**TIDE'S END** — Situated on St. George River, 3 BR, 2 1/2 BA, equipped kitchen, LR, on quiet road (10 miles to Camden, 9.1 to Rockland), available June onward, weekly or monthly. 207-542-7123. (6/6)

## FOR RENT COMMERCIAL

**OFFICE/RETAIL SPACE** — At high-visibility location on Route 1 in Waldoboro, plenty of onsite parking, \$200/month. 563-5719. (kr)

**OFFICE/RETAIL SPACE** — 1,000+ sq. ft., fantastic Route 1 exposure, ample parking, \$1,200/mo. FMI, call 563-5719. (kr)

## FOR RENT COMMERCIAL

**WALDOBORO OFFICE/RETAIL SPACE** — two rooms, BA and storage, 600 square feet, ample parking, all utilities included, \$600/month. 975-2420. (kr)

**UNION** — The Thompson Community Center, South Union Rd., Rte. 131, has rental space available. Currently available are three 24x30' spaces and one 10x25' space, \$8.82/sq. ft., includes heat, electricity, Internet, trash and snow removal. FMI or to set a time to view the rental spaces, call 975-0352 or email [thompsoncenter51@gmail.com](mailto:thompsoncenter51@gmail.com). (kr)

**ROCKLAND** — Retail office space, first floor, 464 Main Street, next to Puffin's Nest, \$1,200/mo., includes utilities. FMI: 594-2660. (4/25)

**ROCKLAND** — Commercial, 464 Main St., second floor, beautiful wood floors, would make spacious dance or art studio; storage and office space included, \$1,200/mo. FMI: 594-2660. (4/25)

## STORAGE

**EVERGREEN SELF STORAGE** — 6x10 to 10x40 sizes, all paved, Rte. 17, Washington, 785-4464, or Exit 132, W. Fairfield, 453-7131, 50% off 1st month with 3-month minimum. (kr)

**INDIVIDUAL 8' X 12' UNITS** are secure, clean, dry and private. Only \$40 monthly. Call anytime, 832-4204, Friendship. (kr)

## SELF HELP AND SUPPORT

For information about area NA meetings, call 1-800-974-0062 or visit [www.namaine.org](http://www.namaine.org).

**AA Hotline**  
1-800-737-6237  
[www.aamaine.org](http://www.aamaine.org)  
**Al-Anon Hotline**  
284-1844 / 1-800-498-1844  
Hotline numbers are manned 24 hours a day, seven days a week.

**AA Gull Group**  
Bolduc Correctional Center, Warren, Thurs., 7 p.m.

**Is Food a Problem for You? OVEREATERS ANONYMOUS MEETS:**  
Fri., noon, First Baptist Church, High Street, garden entrance.

**DEPRESSION AND BIPOLAR SUPPORT ALLIANCE**

Support groups help peers living with mood disorders to reach out to one another and benefit from the experience of others who have "been there." Empower yourself to live the life you deserve.

**Rockland:**  
- 11 a.m.-noon, Tues.;  
- 7-8:30 p.m., Thurs.,  
First Unitarian Church,  
345 Broadway.  
**FMI: Heather, 691-3599.**

**Common Journey Cancer Support Group for Women**, First and third Mon., 6 to 8 p.m., Picker Center, PBM campus. Includes vegetarian meal. Professionally facilitated. Must have phone interview to join. **FMI: Linda Zeigler RN, 596-8956 or Patricia Smith RN, 542-5409.**

**Companions in Grief Bereavement Support Group**  
For those who have lost a loved one. People of all or no faiths welcome. Meets every other Sunday afternoon at St. Patrick's Parish Center, New-castle, starting in April. To join, contact Ellen or John Nolan, 677-6355, or Val Skov, 832-4549. (6/6)

**Sex and Love Addicts Anonymous**  
FMI: Email [mmislaa@fairpoint.net](mailto:mmislaa@fairpoint.net), or go to the 211 Maine Web site (click on 211 directory then keyword: Augustine Fellowship).

**Domestic Abuse Helpline for Men and Women Support Group.**  
**FMI: 1-866-786-0758.**

**Ongoing Social and Support Group.** Lesbians 40+, coupled or single, living in Camden/Rockland area. FMI: 631-0249 or e-mail [mwpbooks@mid-coast.com](mailto:mwpbooks@mid-coast.com).

**OVEREATERS ANONYMOUS**  
St. Peter's Church, Rockland  
**Tues., 6:30-7:30 p.m.**  
**Sat., 8:45-9:45 a.m.**  
**FMI: 236-4101.**

**Care Net Pregnancy Center:** Do you think you might be pregnant? Care Net provides 24-hour help line, free pregnancy tests, information on pregnancy, parenting, abortion information, adoption and post-abortive help. All service is confidential. Care Net Pregnancy Center, 462 Old County Rd., Rockland, ME 04841, 594-1616, Mon.-Thurs., 12:30 to 5 p.m., morning and evening by appointment only.

**CRISIS LINE**  
Maine's Statewide Toll-Free Crisis Hotline  
1-888-568-1112.

The Maine Department of Mental Health, Mental Retardation and Substance Abuse Services' 24-hour crisis line links to the center in Maine nearest you.

**AL-ANON MEETINGS**  
**Knox County**  
Mon., 7-8 p.m., St. John Episcopal Church, Thomaston.  
Tues., 7-8 p.m., Our Lady of Good Hope Catholic Church, Camden.  
Sat., 10-11 a.m., Pen Bay Physicians Building, Rockport.  
Brown Bag Group, Mon.-Sat., 12:15 p.m., Rockland Congregational Church, 180 Limerock Street.

**AL-ANON MEETINGS**  
**Waldo County**  
- Mon., noon-1 p.m. First Baptist Church annex, 95 High St., Belfast.  
- Wed., 7 p.m. Monroe Community Church basement, 26 West Main St., Monroe.  
- Thurs., 7 p.m. First Baptist Church annex, 95 High St., Belfast.  
- Sat., 10 a.m. St. Margaret's Episcopal Parish House basement, 95 Court St., Belfast.



**NARCOTICS ANONYMOUS:**  
for meeting updates and other locations, call 1-800-974-0062 or visit [www.namaine.org](http://www.namaine.org).

- **Second Chances**, Mon., 6:30-7:30 p.m., First Church of Belfast "Annex," beside Crosby School, 55 Spring St.  
- **Love in Light**, Mon., 6:30-7:30 p.m., St. John's Episcopal Church, 200 Main St., Thomaston.  
- **New Attitudes**, Tues., 6:30-7:30 p.m., St. Peter's Episcopal Church, 11 White St., Rockland.  
- **Spiritual Warriors Group**, Wed., 7:30-8:30 p.m., Miles Memorial Hospital, 3rd floor conf. room, Rt. 130 (Bristol Rd.), Damariscotta.  
- **12 Steps to Recovery**, Wed., 6:30-7:30 p.m., St. Peter's Episcopal Church, 11 White St., Rockland.  
- **Second Chances**, Thurs., 6:30-7:30 p.m., United Methodist Church, 23 Mill Lane, Belfast.  
- **Keag Is Up**, Thurs., 6:30-7:30 p.m., People's United Methodist Church, 13 Chapel St., South Thomaston.  
- **Living Free**, Fri., 7:30-9 p.m., Miles Memorial Hospital, 3rd floor conf. room, Rt. 130 (Bristol Rd.) Damariscotta.  
- **New Attitudes**, Fri., 6:30-7:30 p.m., St. Peter's Episcopal Church, 11 White St., Rockland.  
- **Second Chances**, Sat., 10-11 a.m., United Methodist Church, 23 Mill Lane, Belfast.  
- **Keag Is Up**, Sat., 6:30-7:30 p.m., People's United Methodist Church, 13 Chapel St., South Thomaston.

**ALCOHOLICS ANONYMOUS MEETS**

**Camden 12-step group**  
St. Thomas Episcopal Church  
33 Chestnut St., Camden  
- **Mon., 6:30 p.m.**, Beginners meeting. All welcome.  
- **Tues., 6:30 p.m.**, Open discussion meeting. All welcome. "As Bill sees it."  
- **Wed., 6:30 p.m.**, Step Meeting. Open discussion meeting. All welcome.  
- **Thurs., 6 p.m.**, Closed discussion meeting. (For alcoholics only.)  
- **Fri., at 7:30 p.m.**, Speaker's meeting. All welcome.  
- **Sat., 7 p.m.**, Big Book meeting. All welcome.  
**FMI: 1-800-737-6237**  
24 hours day or night  
[www.aamaine.org](http://www.aamaine.org).

**ALCOHOLICS ANONYMOUS MEETINGS**

**District 16**  
- **Sun., 10 a.m.**, Sunshine Group, Waldo County General Hospital Education Building, Belfast.  
- **Sun., 6 p.m.**, Back to Basics, United Christian Church, Lincolnville Center  
- **7 p.m.**, Searsport Sunday Night Group; First Congregational Church, Searsport.  
- **Mon., 7 a.m.**, Attitude Adjustment, St. Margaret's Lighthouse, Belfast.  
- **6 p.m.**, Off the Wall Step Group, First Baptist Church, Belfast.  
- **8 p.m.**, Brooks Circle Group, Varney Building, Brooks.  
- **Tues., 7 a.m.**, Attitude Adjustment, St. Margaret's Lighthouse, Belfast.

# BUSINESS SERVICE DIRECTORY

## Furniture Refinishing

**Water's Edge Custom Finishes** 594-4629

Fine finishes in:  
Paints, Varnishes, Stains  
Furniture and Cabinets  
QUALITY · TIMING · PRICE

## Computers

**Tom Ford COMPUTER SERVICES**

Fix: Virus, Spam, Adware, Pop-ups, Issues  
Backup: Documents, Photos, Music, Email  
Learn: Stuff, Manage Photos, Music, Email, Scan  
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Connect: To your Cell Phone, Camera, i-stuff  
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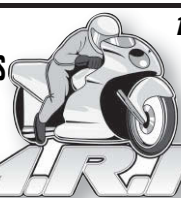
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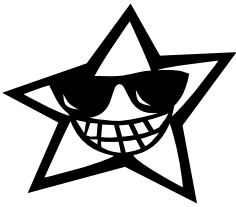
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- 2 CKSH - French
- 3 UPN - WPME
- 4 FOX - WFPO
- 5 CBS - WABI
- 6 NBC - WCSH
- 7 PEG - Public
- 8 ABC - WMTW
- 9 TWCTV
- 10 MPBS - WCBB
- 11 PEG - Education
- 12 WB - WPXT
- 13 CBS - WGME
- 14 QVC
- 15 HSN
- 16 CHLT
- 17 Shop NBC

- 18 TV Guide
- 19 C-SPAN
- 20 C-SPAN2
- 21 ION
- 22 PEG - Government
- 23 GAC
- 24 Comcast Sports Net
- 25 ESPN
- 26 ESPN2
- 27 NESN
- 28 MTV
- 29 VH-1
- 30 Lifetime
- 31 Spike TV
- 32 CMT
- 33 Weather Channel
- 34 NECN
- 35 FOX News
- 36 CNN
- 37 Headline News
- 38 TOON
- 39 CNBC
- 40 MSNBC
- 41 truTV
- 42 TCM
- 43 INSP
- 44 TNT
- 45 Comedy
- 46 FX
- 47 USA
- 48 TBS
- 49 Oxygen
- 50 A&E
- 51 AMC
- 52 Ovation
- 53 Bravo
- 54 E!
- 55 HGTV

- 56 Food Network
- 57 Travel Channel
- 58 EWTN
- 59 Hallmark Channel
- 60 TBN
- 61 History Channel
- 62 TLC
- 63 Discovery
- 64 TV Land
- 65 BET
- 66 ABC Family
- 67 Nickelodeon
- 68 Disney Channel
- 69 Animal Planet
- 70 SCI-FI
- 71 TV5
- 72 ONTV4
- 85 Local Access

FRIDAY EVENING APRIL 19, 2013												
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	The People's Court (In Stereo) [CC]	Monk (In Stereo) [CC]	Monk (In Stereo) [CC]	Monk Benji witnesses a murder.	Law & Order: Criminal Intent [CC]	Meal to Meal	Always Sunny in Sunny	Extra (N) [CC]	Paid Program			
4	Big Bang Theory	Big Bang Theory	Kitchen Nightmares in California. [DVS]	Ramsay heads to Nino's	News 13 on FOX (N)	Dish Nation (N)	The Office [CC]	The Office [CC]	Accord-ing-Jim			
5	Big Bang Theory	Two and Half Men	Undercover Boss (In Stereo) [CC]	Vegas "Scoundrels" (N) [CC]	Hawaii Five-0 "Mohai" [CC]	News	Late Show With David Letterman	Ferguson				
6	207 Magazine	Inside Edition	Fashion Star "Night Out on the Town"	Grimm "Ring of Fire" (N) (In Stereo)	Rock Center With Brian Williams (N)	News	The Tonight Show With Jay Leno [CC]	Jimmy Fallon				
8	Wheel of Fortune	Jeopardy! (N)	Happy Endings	Happy Endings	Shark Tank Military-inspired jewelry line.	20/20 (In Stereo) [CC]	WMTW News 8	Jimmy Kimmel Live (In Stereo) [CC]	Nightline (N) [CC]			
10	PBS NewsHour (N) (In Stereo)	Washington	Need to Know (N)	Maine Watch	Inside Wash-ton	Feinstein's American Songbook	Charlie Rose (N) (In Stereo) [CC]	PBS NewsHour (In Stereo) [CC]				
12	Engage-ment	How I Met	Nikita Nikita is drugged. (N) [CC]	Cult "Off to See the Wizard" (N) [CC]	30 Rock [CC]	30 Rock [CC]	Friends [CC]	TMZ (N) [CC]	Excused	Auto King		
13	Entertain-ment	omg! Insider (N)	Undercover Boss (In Stereo) [CC]	Vegas "Scoundrels" (N) [CC]	Hawaii Five-0 "Mohai" [CC]	WGME News	Late Show With David Letterman	Ferguson				
21	Cold Case [CC]	Cold Case [CC]	Cold Case [CC]	Cold Case [CC]	Cold Case [CC]	Cold Case [CC]	Flashpoint	Flashpoint [CC]				
24	Sports	Celtics 2nd Shot	Check	Check	Sports	Sports	Check	Sports	Check	Sports	Check	
25	X Games: Foz do Iguacu. (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)	SportsCenter (N)
26	NFL Live (N) [CC]	Pardon	Fútbol Mexicano Primera Division	Boxing: Friday Night Fights. (N) [CC]	Baseball							
27	MLB Baseball: Kansas City Royals at Boston Red Sox. (N)	Extra	Red Sox	Daily	Daily	NHL Hockey						
30	Hoarders [CC]	Hoarders [CC]	Hoarders [CC]	Hoarders [CC]	Hoarders [CC]	Project Runway "Finale: Part 1" [CC]	Hoarders [CC]					
36	E. B. OutFront	Anderson Cooper	Piers Morgan Live	Anderson Cooper	E. B. OutFront	Piers Morgan Live						
39	The Kudlow Report	Treasure Det.	The Car Chasers	Mad Money	Treasure Det.							
40	Hardball Matthews	All In With Chris	Rachel Maddow	The Last Word	Documentary	Documentary						
41	Wipeout [CC]	Wipeout [CC]	Wipeout [CC]	World's Dumbest...	World's Dumbest...	World's Dumbest...						
42	(5:15) Movie: ★★ ★★ "West Side Story"	Movie: ★★ ★★ "His Girl Friday" (1940) Cary Grant, Rosalind Russell. [CC]	Movie: ★★ ★★ "The Dark Knight" (2008) Christian Bale, Batman battles a vicious criminal known as the Joker. [CC] (DVS)	Movie: ★★ ★★ "Woman of the Year" (1942) Katharine Hepburn. [CC] (DVS)	Movie: ★★ ★★ "Tender Comrade"							
44	The Mentalist "Ladies in Red" [CC]	Movie: ★★ ★★ "The Dark Knight" (2008) Christian Bale, Batman battles a vicious criminal known as the Joker. [CC] (DVS)	Movie: ★★ ★★ "The Dark Knight" (2008) Christian Bale, Batman battles a vicious criminal known as the Joker. [CC] (DVS)	Movie: ★★ ★★ "The Dark Knight" (2008) Christian Bale, Batman battles a vicious criminal known as the Joker. [CC] (DVS)	Movie: ★★ ★★ "The Dark Knight" (2008) Christian Bale, Batman battles a vicious criminal known as the Joker. [CC] (DVS)							
45	Colbert	Daily	Tosh.0	Tosh.0	Chris Rock: Big South Pk	Tosh.0	Movie: ★★ "The Dukes of Hazzard" [CC]					
46	Movie: ★★ ★ "Shrek Forever After" (2010, Comedy) The Voices of Mike Myers, Eddie Murphy.	Movie: ★★ ★ "Shrek Forever After" (2010, Comedy) The Voices of Mike Myers, Eddie Murphy.	Movie: ★★ ★ "Shrek Forever After" (2010, Comedy) The Voices of Mike Myers, Eddie Murphy.	Movie: ★★ ★ "Shrek Forever After" (2010, Comedy) The Voices of Mike Myers, Eddie Murphy.	Movie: ★★ ★ "Shrek Forever After" (2010, Comedy) The Voices of Mike Myers, Eddie Murphy.	Movie: ★★ ★ "Shrek Forever After" (2010, Comedy) The Voices of Mike Myers, Eddie Murphy.	Movie: ★★ ★ "The Social Network"					
47	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	Law & Order: SVU	The Moment [CC]	CSI: Crime Scene					
48	Seinfeld [CC]	Seinfeld [CC]	Family Guy [CC]	Family Guy [CC]	Movie: ★★ "Life as We Know It" (2010) Katherine Heigl, Josh Duhamel. Premiere. [CC] (DVS)	There Yet?	There Yet?	There Yet?	There Yet?	There Yet?	There Yet?	There Yet?
49	Movie: ★★ ★ "Pride and Prejudice" (1940) Greer Garson.	Movie: ★★ ★ "Pride and Prejudice" (1940) Greer Garson.	Movie: ★★ ★ "Pride and Prejudice" (1940) Greer Garson.	Movie: ★★ ★ "Pride and Prejudice" (1940) Greer Garson.	Movie: ★★ ★ "Pride and Prejudice" (1940) Greer Garson.	Movie: ★★ ★ "Pride and Prejudice" (1940) Greer Garson.	Movie: ★★ ★ "Pride and Prejudice" (1940) Greer Garson.	Movie: ★★ ★ "Pride and Prejudice" (1940) Greer Garson.	Movie: ★★ ★ "Pride and Prejudice" (1940) Greer Garson.	Movie: ★★ ★ "Pride and Prejudice" (1940) Greer Garson.	Movie: ★★ ★ "Pride and Prejudice" (1940) Greer Garson.	Movie: ★★ ★ "Pride and Prejudice" (1940) Greer Garson.
50	Storage	Storage	Storage	Storage	Storage	Shipping	Shipping	Shipping	Shipping	Storage	Storage	Storage
51	(6:00) Movie: ★★ "Marked for Death"	Movie: ★★ "The Marine" (2006) John Cena. Thugs kidnap the wife of a soldier.	Movie: ★★ "The Marine" (2006) John Cena. Thugs kidnap the wife of a soldier.	Movie: ★★ "The Marine" (2006) John Cena. Thugs kidnap the wife of a soldier.	Movie: ★★ "The Marine" (2006) John Cena. Thugs kidnap the wife of a soldier.	Movie: ★★ "The Marine" (2006) John Cena. Thugs kidnap the wife of a soldier.	Movie: ★★ "The Marine" (2006) John Cena. Thugs kidnap the wife of a soldier.	Movie: ★★ "The Marine" (2006) John Cena. Thugs kidnap the wife of a soldier.	Movie: ★★ "The Marine" (2006) John Cena. Thugs kidnap the wife of a soldier.	Movie: ★★ "The Marine" (2006) John Cena. Thugs kidnap the wife of a soldier.	Movie: ★★ "The Marine" (2006) John Cena. Thugs kidnap the wife of a soldier.	Movie: ★★ "The Marine" (2006) John Cena. Thugs kidnap the wife of a soldier.
52	Toulouse Lautrec	Movie: ★★ ★ "Alice in Wonderland" (1999, Fantasy) [CC]	Movie: ★★ ★ "Alice in Wonderland" (1999, Fantasy) [CC]	Movie: ★★ ★ "Alice in Wonderland" (1999, Fantasy) [CC]	Movie: ★★ ★ "Alice in Wonderland" (1999, Fantasy) [CC]	Movie: ★★ ★ "Alice in Wonderland" (1999, Fantasy) [CC]	Movie: ★★ ★ "Alice in Wonderland" (1999, Fantasy) [CC]	Movie: ★★ ★ "Alice in Wonderland" (1999, Fantasy) [CC]	Movie: ★★ ★ "Alice in Wonderland" (1999, Fantasy) [CC]	Movie: ★★ ★ "Alice in Wonderland" (1999, Fantasy) [CC]	Movie: ★★ ★ "Alice in Wonderland" (1999, Fantasy) [CC]	Movie: ★★ ★ "Alice in Wonderland" (1999, Fantasy) [CC]
53	Tabatha	Housewives/Alt.	Housewives/Alt.	Housewives/Alt.	Housewives/Alt.	Atlanta	Happens	Housewives/OC	Tardy			
56	Restaurant: Im.	Diners	Diners	Diners	Diners	My. Din	My. Din	Diners	Diners	Diners	Diners	Diners
59	(6:00) Movie: "The Nanny Express"	Movie: "Return to Nim's Island" (2013) Bindi Irwin, Toby Wallace. [CC]	Movie: "Return to Nim's Island" (2013) Bindi Irwin, Toby Wallace. [CC]	Movie: "Return to Nim's Island" (2013) Bindi Irwin, Toby Wallace. [CC]	Movie: "Return to Nim's Island" (2013) Bindi Irwin, Toby Wallace. [CC]	Movie: "Return to Nim's Island" (2013) Bindi Irwin, Toby Wallace. [CC]	Movie: "Return to Nim's Island" (2013) Bindi Irwin, Toby Wallace. [CC]	Movie: "Return to Nim's Island" (2013) Bindi Irwin, Toby Wallace. [CC]	Movie: "Return to Nim's Island" (2013) Bindi Irwin, Toby Wallace. [CC]	Movie: "Return to Nim's Island" (2013) Bindi Irwin, Toby Wallace. [CC]	Movie: "Return to Nim's Island" (2013) Bindi Irwin, Toby Wallace. [CC]	Movie: "Return to Nim's Island" (2013) Bindi Irwin, Toby Wallace. [CC]
60	Sid Roth	Potters	Behind	Lindsey	Harvest	P. Stone	Praise the Lord [CC]	Ever In	Israel:			
61	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers	American Pickers
62	Say Yes	Say Yes	Four Weddings: Un	Say Yes	Say Yes	Gown	Gown	Say Yes	Say Yes	Gown	Gown	Gown
63	Sons of Guns [CC]	Sons of Guns (N)	Sons of Guns (N)	Sons of Guns (N)	Sons of Guns (N)	Blade	Blade	Blade	Blade	Blade	Blade	Blade
64	Golden	Golden	Golden	Golden	Raymond	Raymond	Raymond	Raymond	King	King	King	King
66	Movie: ★★ "When in Rome" (2010)	Movie: ★★ "When in Rome" (2010)	Movie: ★★ "When in Rome" (2010)	Movie: ★★ "When in Rome" (2010)	Movie: ★★ "When in Rome" (2010)	Movie: ★★ "When in Rome" (2010)	Movie: ★★ "When in Rome" (2010)	Movie: ★★ "When in Rome" (2010)	Movie: ★★ "When in Rome" (2010)	Movie: ★★ "When in Rome" (2010)	Movie: ★★ "When in Rome" (2010)	Movie: ★★ "When in Rome" (2010)
67	Turtles	Turtles	Turtles	Turtles	Full H'se	Full H'se	Nanny	Nanny	Friends	Friends	Friends	Friends
68	Austin & Ally [CC]	Austin & Ally [CC]	Dog With a Blog	Jessie (N)	Gravity Falls (N)	Phineas and Ferb	Dog With a Blog	Good-Charlie	Dog With a Blog	Dog With a Blog	Dog With a Blog	Austin & Ally [CC]
69	Wildman	Wildman	Swamp'd	Swamp'd	Tanked (N)	Tanked (N)	Tanked (In Stereo)	Tanked (In Stereo)	Tanked (In Stereo)	Tanked (In Stereo)	Tanked (In Stereo)	Tanked (In Stereo)
70	(6:00) Defiance "Pilot"	WWE Friday Night SmackDown! (N) (In Stereo) [CC]	WWE Friday Night SmackDown! (N) (In Stereo) [CC]	WWE Friday Night SmackDown! (N) (In Stereo) [CC]	WWE Friday Night SmackDown! (N) (In Stereo) [CC]	WWE Friday Night SmackDown! (N) (In Stereo) [CC]	WWE Friday Night SmackDown! (N) (In Stereo) [CC]	WWE Friday Night SmackDown! (N) (In Stereo) [CC]	WWE Friday Night SmackDown! (N) (In Stereo) [CC]	WWE Friday Night SmackDown! (N) (In Stereo) [CC]	WWE Friday Night SmackDown! (N) (In Stereo) [CC]	WWE Friday Night SmackDown! (N) (In Stereo) [CC]



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M-F 7:30-5:30

Sat. 7:30-4:00

Sun. 9:00-1:00









SATURDAY EVENING APRIL 20, 2013												
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	Castle "Rise" (In Stereo) [CC]	Love-Raymond	King of Queens	Old Christine	King of Queens	Old Christine	"Til Death	Sports Legends	Pamper Me!	Paranor-mal	Paid Program	Paid Program
4	Two and Half Men	Two and Half Men	UFC: Henderson vs. Melendez From San Jose, Calif. (N) (In Stereo) [CC]	UFC: Henderson vs. Melendez From San Jose, Calif. (N) (In Stereo) [CC]	UFC: Henderson vs. Melendez From San Jose, Calif. (N) (In Stereo) [CC]	UFC: Henderson vs. Melendez From San Jose, Calif. (N) (In Stereo) [CC]	UFC: Henderson vs. Melendez From San Jose, Calif. (N) (In Stereo) [CC]	UFC: Henderson vs. Melendez From San Jose, Calif. (N) (In Stereo) [CC]	UFC: Henderson vs. Melendez From San Jose, Calif. (N) (In Stereo) [CC]	UFC: Henderson vs. Melendez From San Jose, Calif. (N) (In Stereo) [CC]	UFC: Henderson vs. Melendez From San Jose, Calif. (N) (In Stereo) [CC]	UFC: Henderson vs. Melendez From San Jose, Calif. (N) (In Stereo) [CC]
5	Two and Half Men	Big Bang Theory	NCIS: Los Angeles "Exit Strategy"	The Mentalist "Not One Red Cent"	48 Hours (N) (In Stereo) [CC]	48 Hours (N) (In Stereo) [CC]	News	Nite Show	Big Bang Theory	Castle [CC]		
6	Green's Maine	Paid Program	Grimm (In Stereo) [CC]	Smash "Opening Night" (N) [CC]	Saturday Night Live (In Stereo) [CC]	Saturday Night Live (In Stereo) [CC]	News	Saturday Night Live (In Stereo) [CC]				
8	R U SMART?	Jeopardy!	Bet on Your Baby (N) (In Stereo) [CC]	Castle A kidnapping plot is revealed.	Castle Castle tries to find Alexis. [CC]	Castle Castle tries to find Alexis. [CC]	WMTW News 8	Cold Case "Shattered" [CC]	CSI: Miami [CC]			
10	Mulberry	The Café [CC]	As Time Goes By	Vicar of Dibley	Doc Martin "The Departed"	Life Is a Banquet: Rosalind Russell	Woodsongs (In Stereo) [CC]	Austin City Limits (In Stereo) [CC]				
12	How I Met	How I Met	Family Guy [CC]	Family Guy [CC]	Cops [CC]	Cops [CC]	Nite Show "Community Aud.	Private Stage	Always Sunny	TMZ (N) (In Stereo) [CC]		
13	Judge Judy	Paid Program	NCIS: Los Angeles "Exit Strategy"	The Mentalist "Not One Red Cent"	48 Hours (N) (In Stereo) [CC]	48 Hours (N) (In Stereo) [CC]	WGME News	Ring of Honor Wrestling [CC]	Burn Notice [CC]			
21	House "Remorse"	House [CC]	House "5 to 9"	Psych [CC]	Psych [CC]	Psych [CC]	Psych [CC]	Psych [CC]	Psych [CC]	Psych [CC]	Psych [CC]	Psych [CC]
24	MLS Soccer: Revolution at Red Bulls	Check	Ques	Draft	Sports	Draft	Sports	Sports	Sports	Draft	Draft	Draft
25	NBA Basketball	NBA Basketball: First Round: Teams TBA. (N) [CC]	NBA Basketball: First Round: Teams TBA. (N) [CC]	NBA Basketball: First Round: Teams TBA. (N) [CC]	NBA Basketball: First Round: Teams TBA. (N) [CC]	NBA Basketball: First Round: Teams TBA. (N) [CC]	NBA Basketball: First Round: Teams TBA. (N) [CC]	NBA Basketball: First Round: Teams TBA. (N) [CC]	NBA Basketball: First Round: Teams TBA. (N) [CC]	NBA Basketball: First Round: Teams TBA. (N) [CC]	NBA Basketball: First Round: Teams TBA. (N) [CC]	NBA Basketball: First Round: Teams TBA. (N) [CC]
26	Basketball: Nike Hoop Summit. (N) (Live)	X Games: Foz do Iguacu. From Foz do Iguacu, Brazil. (N)	X Games: Foz do Iguacu. From Foz do Iguacu, Brazil. (N)	X Games: Foz do Iguacu. From Foz do Iguacu, Brazil. (N)	X Games: Foz do Iguacu. From Foz do Iguacu, Brazil. (N)	X Games: Foz do Iguacu. From Foz do Iguacu, Brazil. (N)	X Games: Foz do Iguacu. From Foz do Iguacu, Brazil. (N)	X Games: Foz do Iguacu. From Foz do Iguacu, Brazil. (N)	X Games: Foz do Iguacu. From Foz do Iguacu, Brazil. (N)	X Games: Foz do Iguacu. From Foz do Iguacu, Brazil. (N)	X Games: Foz do Iguacu. From Foz do Iguacu, Brazil. (N)	X Games: Foz do Iguacu. From Foz do Iguacu, Brazil. (N)
27	NHL Hockey	MLB Baseball: Royals at Red Sox	Daily	Daily	Daily	Daily	Dirty	MLB Baseball				
30	(6:00) Movie: "Steel Magnolias" (2012)	Movie: "Call Me Crazy: A Five Film" (2013) Jennifer Hudson. Premiere. [CC]	Movie: "Call Me Crazy: A Five Film" (2013) Jennifer Hudson. Premiere. [CC]	Movie: "Call Me Crazy: A Five Film" (2013) Jennifer Hudson. Premiere. [CC]	Movie: "Call Me Crazy: A Five Film" (2013) Jennifer Hudson. Premiere. [CC]	Movie: "Call Me Crazy: A Five Film" (2013) Jennifer Hudson. Premiere. [CC]	Movie: "Call Me Crazy: A Five Film" (2013) Jennifer Hudson. Premiere. [CC]	Movie: "Call Me Crazy: A Five Film" (2013) Jennifer Hudson. Premiere. [CC]	Movie: "Call Me Crazy: A Five Film" (2013) Jennifer Hudson. Premiere. [CC]	Movie: "Call Me Crazy: A Five Film" (2013) Jennifer Hudson. Premiere. [CC]	Movie: "Call Me Crazy: A Five Film" (2013) Jennifer Hudson. Premiere. [CC]	Movie: "Call Me Crazy: A Five Film" (2013) Jennifer Hudson. Premiere. [CC]
36	CNN Newsroom (N)	CNN Presents [CC]	Piers Morgan Live	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom	CNN Newsroom
39	The Car Chasers	Treasure Det.	Suze Orman Show	Treasure Det.	Suze Orman Show	Treasure Det.	Suze Orman Show	Treasure Det.	Suze Orman Show	Treasure Det.	Suze Orman Show	Treasure Det.
40	Documentary	Documentary	Documentary	Documentary	Documentary	Documentary	Documentary	Documentary	Documentary	Documentary	Documentary	Documentary
41	Wipeout [CC]	Wipeout [CC]	Wipeout [CC]	Wipeout [CC]	World's Dumbest...	World's Dumbest...	Most Shocking	Most Shocking	Most Shocking	Most Shocking	Most Shocking	Most Shocking
42	(6:15) Movie: ★★ "Lord of the Flies" [CC]	Movie: ★★ ★ "Trapeze" (1956, Drama) Burt Lancaster, Gina Lollobrigida. [CC]	Movie: ★★ ★ "Trapeze" (1956, Drama) Burt Lancaster, Gina Lollobrigida. [CC]	Movie: ★★ ★ "Trapeze" (1956, Drama) Burt Lancaster, Gina Lollobrigida. [CC]	Movie: ★★ ★ "Trapeze" (1956, Drama) Burt Lancaster, Gina Lollobrigida. [CC]	Movie: ★★ ★ "Trapeze" (1956, Drama) Burt Lancaster, Gina Lollobrigida. [CC]	Movie: ★★ ★ "Trapeze" (1956, Drama) Burt Lancaster, Gina Lollobrigida. [CC]	Movie: ★★ ★ "Trapeze" (1956, Drama) Burt Lancaster, Gina Lollobrigida. [CC]	Movie: ★★ ★ "Trapeze" (1956, Drama) Burt Lancaster, Gina Lollobrigida. [CC]	Movie: ★★ ★ "Trapeze" (1956, Drama) Burt Lancaster, Gina Lollobrigida. [CC]	Movie: ★★ ★ "Trapeze" (1956, Drama) Burt Lancaster, Gina Lollobrigida. [CC]	Movie: ★★ ★ "Trapeze" (1956, Drama) Burt Lancaster, Gina Lollobrigida. [CC]
44	(5:30) "Terminator 2: Judgment Day"	Movie: ★★ "Men in Black II" (2002) Tommy Lee Jones.	Movie: ★★ "Men in Black II" (2002) Tommy Lee Jones.	Movie: ★★ "Men in Black II" (2002) Tommy Lee Jones.	Movie: ★★ "Men in Black II" (2002) Tommy Lee Jones.	Movie: ★★ "Men in Black II						



MONDAY EVENING APRIL 22, 2013. Table with 12 columns (7:00-12:30) and 70 rows of TV listings.

TUESDAY EVENING APRIL 23, 2013. Table with 12 columns (7:00-12:30) and 70 rows of TV listings.

Maine Country & Coast Real Estate advertisement featuring Nicki Dunbar and Keith Davie, including contact information and a logo.

SEE US FOR ALL YOUR GLASS NEEDS advertisement for HOME • AUTO • BUSINESS PEN-BAY GLASS, including address and phone number.

WEDNESDAY EVENING APRIL 24, 2013. Table with 12 columns (7:00-12:30) and 70 rows of TV listings.

THURSDAY EVENING APRIL 25, 2013. Table with 12 columns (7:00-12:30) and 70 rows of TV listings.



CLICK & TALK CARS

**Parking Brake Will Wear Out If Used Daily; Cause Should Be Found When a New Battery Dies**

**DEAR TOM AND RAY:** I'm looking to resolve a brake discussion between me and my dad. Do you think you two can help? My car is a 1996 Honda Accord, four-cylinder, five-speed. I understand that the emergency brake is designed for emergency situations, such as when the usual braking power is not enough to stop the vehicle or the braking has failed completely ... hence the name "emergency brake." However, is the emergency brake able to be used slowly to help stop the vehicle daily? Does pulling back on the brake handle one click at a time to help slow the vehicle harm the braking system or present any danger? Many thanks. — *Todd*

**RAY:** We're guessing that you're the "brake puller" in this family, Todd. You're probably doing this because you think it's an easy way to prolong the life of your regular brakes. But you may be surprised to know that the hand brake is actually designed for parking, not stopping. Hence its real name, the "parking brake."

**TOM:** It used to be called the "emergency brake," but after several car companies got sued because it didn't stop the car in an emergency, car company lawyers forced them to change the name to the more accurate "parking brake."

**RAY:** It's really not designed to stop a moving car; it's designed to keep the car stopped once it's parked, so that it doesn't roll away if the transmission or clutch fails.

**TOM:** There are two primary types of parking brakes. One type uses the same brake pads that your brake pedal actuates, although the parking brake uses only the brakes on the two rear wheels, rather than all four wheels.

**RAY:** So, in that situation, you're not saving your brakes at all — you're just applying them differently. In fact, if you have a pull-up parking brake like your Accord has, you'll stretch and, eventually, break the parking brake cables if you use them that way every day.

**TOM:** The other type of parking brake employs its own, separately housed drum brakes on the rear wheels. Using those brakes will provide some additional braking. However, these parking brakes are not very robust, can be hard to access and can be very expensive to replace. So you may save \$3 worth of brake pads in a year and cost yourself a \$300 parking-brake job.

**RAY:** Either way, it's not a good idea to use the parking brake for day-to-day stopping. Now, in an emergency, if your regular brakes aren't working, you absolutely should try the parking brake. I mean, why not? You've got nothing to lose. And if it's in good working condition, it might actually help you avoid a collision.

**TOM:** But it's not designed to stop a car that's traveling at speed. So you can't count on it for that. And using it for that purpose every day will mean it's less able to do its real job:

keeping your car from rolling into some mobster's Cadillac when you forget to park it in gear. And if you think brake pads are expensive, try new knees.

**DEAR TOM AND RAY:** I live near the ocean, and my less-than-a-year-old battery died this week. My neighbor, who jumped the battery with his cables, said that my connections should be disconnected and cleaned with a wire brush due to corrosion. My other neighbor said that she poured a can of Coke on her battery and it cleaned off all of the corrosion. Before I start pouring Coke on my car battery, may I have your opinion on her fantastic remedy? — *Martha*

**RAY:** We prefer Dr. Pepper, Martha.

**TOM:** If you do have a lot of corrosion between the posts and the terminal ends of the battery, it can prevent the battery from being charged completely, or discharged when you need the power.

**RAY:** But you shouldn't have that kind of corrosion on a year-old battery — even if your next-door neighbors are Mr. and Mrs. Sea Cucumber.

**TOM:** Corrosion like that usually is caused by "out-gassing," which means the acid in your battery is escaping from its container in gaseous form.

**RAY:** That can be caused by either a faulty battery — in which case yours should be covered by warranty — or a charging system that's "overcharging" the battery and causing it to emit gas.

**TOM:** So you'll want to take your car to a good mechanic, and ask him to test your battery and charging system.

**RAY:** If all's well, the corrosion may be a red herring. Especially since we know herring live near you in the ocean. Your battery may have died due to human error: You may have left a dome light on, or simply left the car sitting for a few weeks without driving it.

**TOM:** If there IS a problem with the charging system, then you need to fix that before you blow through any more good batteries.

**RAY:** And Coke — with its carbonic and phosphoric acids — will help remove corrosion from battery terminals, as will any carbonated beverage (they all contain carbonic acid). Although a nice sparkling water, without the sugary syrup, would be an even better choice. Add lime or a twist if you want your terminals to feel particularly refreshed.

**TOM:** Or even better, and cheaper, mix a little baking soda with water to make a runny paste. Remove the battery's terminal ends, smear your mixture on the battery posts and terminals, give them each a little scrub with a wire brush, and rinse it all off with a garden hose.

©2013 BY TOM AND RAY MAGLIOZZI AND DOUG BERMAN

su | do | ku

© Puzzles by Pappocom

		4			6				
2								3	8
			3	7					2
7		6			5				1
	4							5	
1				4		2			3
5				9	7				
6	1								9
			2			8			

HARD

# 66

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9 with no repeats. That means that no number is repeated in any row, column or box.

Solution, tips and computer program at [www.sudoku.com](http://www.sudoku.com)

Sudoku solution on page 42.

## 2008 Toyota Yaris

\$8,995

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'07 Toyota Matrix .....\$8,995  
 '05 Chevy Ext. Cab P/U .....\$13,995  
 '08 Chevy Trailblazer .....\$11,995  
 '08 Pontiac Grand Prix .....\$9,995

### MID-KNIGHT AUTO

All retail-ready cars 30-day/1,000-mile warranty | Dependable Used Cars | We Offer Many CARS \$7,000 or less TRUCKS \$10,000 or less

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<p><b>ACROSS</b></p> <p>1 Wraith</p> <p>6 Remnant of fabric</p> <p>11 Tipped off, with "in"</p> <p>16 Meter reading</p> <p>21 "Dance With Me, —"</p> <p>22 Ultima —, of legend</p> <p>23 Too big a hurry</p> <p>24 Peace Prize founder</p> <p>25 Bachelor's last stop</p> <p>26 Amber</p> <p>27 D'Artagnan's friend</p> <p>28 Ms. Massey of films</p> <p>29 — Maria</p> <p>30 Theater awards</p> <p>32 Sarandon's "Lorenzo's Oil" co-star</p> <p>34 Baby beaver</p> <p>36 Zoo staffer</p> <p>37 Makes soaking wet</p> <p>39 — salts</p> <p>41 Fellow citizens</p> <p>43 Oust from power</p> <p>45 "— French hens . . ."</p> <p>47 Throws off heat</p> <p>49 Raise</p> <p>51 Cream-colored dog</p> <p>54 City conduits</p> <p>55 John Lennon's wife</p> <p>56 Malamute's load</p> <p>60 Shoe-happy Marcos</p> <p>61 Feel instinctively</p> <p>62 Defense skill</p> <p>64 Vocalist — Sumac</p> <p>65 More sporting</p> <p>66 Video companion</p> <p>67 Fresh-tasting</p> <p>68 Tire center</p> <p>70 Electrical unit</p> <p>71 Brisbane native</p> <p>73 Makes fun of</p> <p>74 Touch off</p> <p>75 Plus</p> <p>77 Campus sports org.</p> <p>78 Warns a jaywalker</p> <p>79 Overcharges</p> <p>80 Khartoum's land</p> <p>82 Bogs down</p> <p>83 Laissez- —</p> <p>84 Gift for Dad (2 wds.)</p> <p>87 Type of parking</p> <p>88 Himalayan monk</p>	<p>89 Mo. bill</p> <p>93 Like Nebraska</p> <p>94 Marquis's inferiors</p> <p>95 Rio Grande town</p> <p>97 Whiskey grain</p> <p>98 Petrarch's beloved</p> <p>99 Big and strong</p> <p>100 Walked the floor</p> <p>101 Indicators</p> <p>103 Wrap up</p> <p>104 Gawks</p> <p>106 Floor polishes</p> <p>107 Lynx</p> <p>108 Give the appearance of</p> <p>110 Poet's twilights</p> <p>111 Veered</p> <p>112 Ships' officers</p> <p>113 "Beauty and the Beast" remake</p> <p>115 Cliff dwellings, now</p> <p>116 Nanny</p> <p>117 Chinese soup</p> <p>120 Guinness and</p> <p>122 Hammers and saws</p> <p>124 Fastidious</p> <p>128 Bauxite or galena</p> <p>129 So far — — know</p> <p>131 Lessen</p> <p>133 Former football coach Lou —</p> <p>135 Biological ID</p> <p>136 More blustery</p> <p>138 Anwar of Egypt</p> <p>140 Hammett sleuth</p> <p>142 Etching fluids</p> <p>144 Knight's mount</p> <p>145 Island nation</p> <p>146 Bad-tempered</p> <p>147 — Dame</p> <p>148 Relates</p> <p>149 Luster</p> <p>150 "En garde" weapons</p> <p>151 Knockout gas</p>	<p><b>DOWN</b></p> <p>1 Steps down to the Ganges</p> <p>2 Sun, in combos</p> <p>3 Tavern sign (2 wds.)</p> <p>4 Mexican Mrs.</p> <p>5 Amateur</p> <p>6 Zebra-like</p> <p>7 Dairy product</p> <p>8 Actress Rene —</p> <p>9 Rope-a-dope boxer</p> <p>10 Madonna ex</p> <p>11 A-frames</p> <p>12 Starbucks orders</p> <p>13 Groom's attendant</p> <p>14 Ike's WWII command</p> <p>15 Hotel lobby focus</p> <p>16 Marries</p> <p>17 Note before la</p> <p>18 Since day one (Lat.) (2 wds.)</p> <p>19 They may be spiced</p> <p>20 Bring cheer</p> <p>31 Cleveland exurb</p> <p>33 Reckon</p> <p>35 — box</p> <p>38 Lifted</p> <p>40 Bully</p> <p>42 Bermuda —</p> <p>44 Qt. parts</p> <p>46 Nine-headed monster</p> <p>48 Japanese soup</p> <p>50 Passable</p> <p>51 Rho follower</p> <p>52 Menotti hero</p> <p>53 FYI notes</p> <p>54 News services</p> <p>55 Sharp tugs</p> <p>57 Melody's words</p> <p>58 Ham it up</p> <p>59 Swedes' neighbors</p> <p>61 Lazy —</p> <p>62 Punts</p> <p>63 More than willing</p> <p>66 Showbiz org.</p> <p>67 Water-lily painter</p> <p>69 Toddlers' perches</p> <p>72 Opened</p> <p>73 Social customs</p> <p>74 Wooden horse saga</p> <p>76 A Muppet</p> <p>78 Not flat</p>	<p>79 Illustrious</p> <p>81 Forearm bones</p> <p>82 Checks off</p> <p>83 Gets along</p> <p>84 Flooring pieces</p> <p>85 Stupid</p> <p>86 Give the slip</p> <p>87 Bouquet holders</p> <p>88 Thrashed</p> <p>90 Hint</p> <p>91 Balloon material</p> <p>92 Pop quizzes</p> <p>94 Archimedes' shout</p> <p>95 Least strict</p> <p>96 Dumpster outputs</p> <p>99 Own</p> <p>100 Dupe</p> <p>102 Norwegian playwright</p> <p>105 Sea swallows</p> <p>106 Violin middle</p> <p>107 Explode</p> <p>109 Denver hrs.</p> <p>111 Mayan land</p> <p>112 Tackle components</p> <p>114 Stockpiles</p> <p>115 Partial refund</p> <p>116 Casserole tidbit</p> <p>117 Most awful</p> <p>118 Expound at length</p> <p>119 Stair post</p> <p>121 Dipper</p> <p>123 Windy City airport</p> <p>125 Dame — Sitwell</p>
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<p>126 Maestro Previn</p> <p>127 Stun gun</p> <p>130 Beliefs</p> <p>132 To be, to Brutus</p> <p>134 Writer — Grey</p> <p>137 Conger</p>	<p>139 Long sigh</p> <p>141 Kind of tent</p> <p>143 Canvas bed</p>
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**Crossword solution on page 42.**

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	
21					22					23					24					
25					26					27					28					
29			30	31				32	33				34	35			36			
37			38		39			40		41			42		43		44			
45	46						47	48				49	50							
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75			76		77				78					79						
80	81												83							
84	85	86						87					88				89	90	91	92
93								94					95				96		97	
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103					104	105							106			107				
108			109		110					111					112					
113	114									115					116					
117	118	119						120	121				122	123			124	125	126	127
128					129			130	131				132		133			134		135
136			137				138	139					140	141			142	143		
144								145					146				147			
148								149									151			



SALE DATES: Thurs. Apr. 18 -Apr. 24, 2013

# Ocean State JOB LOT

STORE HOURS: Mon-Sat 8am-9pm; Sunday 9am-8pm

**Garden Galleries®**  
Peony or Clematis or #1 Grade Rose Bushes  
Asst. colors & varieties  
Your Choice  
**5<sup>99</sup>**

**BURPEE**  
2013 FLOWER & VEGETABLE SEED  
**50% OFF\***  
\*mfr suggested retail  
Preen™ Garden Weed Preventer 13 lbs **21<sup>99</sup>**  
Cedar Mulch 2 cu. ft. **3<sup>50</sup>**  
Available in most stores

Drawstring 9'x9' Lawn & Leaf Tarp Comp. \$18.97 **9<sup>99</sup>**

**Camo Tarps**  
8'x10' **7.99** 10'x20' **19.99**  
10'x12' **10.99** 12'x24' **24.99**  
12'x16' **16.99** 16'x30' **39.99**

Men's Plain or Pocket Tees Comp. \$8 **\$4**

Famous Label Men's Active Shorts 100% polyester mesh, side pockets Comp. \$20 **\$5**

**Grass Seed**  
15 lb. Landscaper **\$22**  
3 lb. Sun & Shade **\$6**  
3 lb. Rapid Turf Quick Growing Seed **\$4**

**Sierra II 10'x10'**  
• Lightweight & portable  
• EZ pull pin sliders  
• Includes rolling bag  
**69<sup>99</sup>**  
Comp. \$99.99

**Pagoda 13'x13'**  
• Two tone weather resistant polyester top with leg skirts  
• Powder coated steel frame  
**129<sup>99</sup>**  
Comp. \$229.99

**Grove 10'x10'**  
• Vented double roof  
• Weather resistant canopy  
• Decorative bamboo design poles  
• Includes zippered screen mesh panels  
**\$170**  
Comp. \$249.99

**Regency 10'x12'**  
• Double roof construction  
• Rust resistant powder coated steel frame  
• Weather resistant fire retardant canopy  
• Mosquito netting  
• Trellis design panels • Ground stakes  
**\$200**  
Comp. \$300

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PREMIUM QUALITY PLANTS FROM OREGON & CONNECTICUT  
EXCEPTIONAL PRICES

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Daylily Stella D'Oro #1	\$5.99	Yew Upright Hicksi #3	\$19.99
Juniper "Blue Star" #1	\$5.99	Arborvitae 30" Emerald Green #3	\$19.99
Dwarf Mugho Pine #1	\$5.99	Alberta Spruce #3	\$24.99
Arborvitae "Emerald Green" #1	\$5.99	Rhododendron Asst H1 #5	\$24.99
Colorado Spruce #1	\$5.99	Arborvitae 5' Emerald Green #7	\$39.99
Decorative Grass Ice Dance #2	\$14.99	Boxwood "Green Gem" #5	\$34.99
Azalea #1000 Pat	\$14.99	Lilac Miss Kim 15"-18"	\$34.99
Euonymus Emerald Gaiety #2	\$14.99	Blueberry Bush #5	\$29.99
Euonymus Emerald n Gold #2	\$14.99	Mugho Pine #7	\$29.99
Dwarf Mugho Pine #3	\$17.99	Arborvitae "Little Giant" #6	\$29.99
Arborvitae "Danica" #3	\$17.99	Blue Spruce Baby Blue 24" #6	\$39.99
Colorado Blue Spruce Gluca #3	\$17.99	Juniper Gold Cone 30-36" #10	\$59.99
Spirea Gold Flame #3	\$17.99	Weeping Bald Cypress Cascade #10	\$59.99
Holly Honey Maid #3	\$19.99	Japanese Maple Crimson Queen 15-18" #5	\$69.99
Spruce Dwarf Little Gem #3	\$19.99	Japanese Maple Emperor One #7	\$69.99

Not available in all stores

**Wild Bird Seed**

50lb Black Oil Sunflower Seed	\$28
25lb Nyjer Thistle Seed	\$25
25lb Signature Blend	\$23
20lb Country Blend	8 <sup>50</sup>
7lb Cardinal Songbird Blend	\$6
Suet Cakes	\$1

**Swim Separates**  
Mix & Match from our selection of tops & bottom  
OR  
**Ladies Flip Flops**  
Comp. \$15  
YOUR CHOICE **\$5**

**Dept Store Label Better Tees**  
Premium cotton, Petite, missy & plus sizes.  
Comp. \$15 or more!  
**\$5**

**Famous Label Active Wear**  
Tops, capris, or shorts  
Lots of wicking Ts & Tanks  
Comp. \$10-\$28  
Your Choice **\$5**

**OUTER BANKS® Polo Shirts**  
Comp. \$30-\$50  
**\$6**

**Knit Sun Dress**  
Comp. \$18  
**\$6**

**Newport Polycarbonate Rooftop Gazebo 10' x 12'**  
• Includes zippered mosquito netting.  
**699<sup>99</sup>**  
Comp. \$1299.99

**Chatham Hardtop Gazebo 10' x 12'**  
• Includes zippered mosquito netting.  
**999<sup>99</sup>**  
Comp. \$1799.99

**All Weather Resin Wicker Set**  
Cushions sold separately  
**\$240**

**9'x12' Reversible Patio Rugs**  
Comp. \$60  
**\$30**

**5 Pc Patio Set**  
44" Square table  
**\$200**

**5 Pc Resin Patio Set**  
High back chairs, 55"x36" table  
Extra Chair \$14.50  
**\$100**

**All Weather Outdoor Cushions**

Chaise Lounge Comp. \$59.99 **\$35**

Hi Back Chair Comp. \$39.99 **\$20**

Wicker Settee \$25  
Wicker Chair \$12  
Fits most patio furniture. Selection varies by store

**Zero Gravity Multi-Position Recliner**  
Comp. \$89  
**\$40**

**Oversize Zero Gravity Multi-Position Recliner with Canopy**  
**\$65**

**Resin Adirondack Chair**  
Assorted colors  
**17<sup>50</sup>**

**Folding Steel Patio Chair**  
**\$24**

**Adirondack Table** \$12  
**Multi-position Padded Seat**  
6 position adjustable back for comfort. Perfect for beach, camping, sport events & tailgating  
Comp. \$25  
**\$15**

**Oversized Folding Chair**  
Ventilated mesh back for extra comfort  
**\$20**

## CREE Technology

Attention Professionals!  
All other technology is obsolete

### FLASHLIGHTS & LANTERNS

**Hi-Intensity Flashlight-156 Lumens** Comp. \$19.99 **6<sup>99</sup>**

**Headlamp-150 Lumens** Comp. \$29.99 **9<sup>99</sup>**

**Camping Lantern-500 Lumens** Comp. \$39.99 **19<sup>99</sup>**

**Spotlight-180 Lumens** Comp. \$39.99 **14<sup>99</sup>**

**Hi-Intensity Flashlight-200 Lumens** Comp. \$39.99 **16<sup>99</sup>**

**Hi-Intensity Flashlight-800 Lumens** Comp. \$69.99 **29<sup>99</sup>**

**Scotts® Grubex® Season Long Grub Control**  
Treats 5000 sq ft  
NOT AVAILABLE in North Babylon, NY  
Selection varies by store

**Bayer® Season Long Grub Control with turf revitalizer**  
Up to \$5 MFG Rebate  
Details in Store  
Treats 5000 sq ft  
NOT AVAILABLE in North Babylon, NY

Your Choice **19<sup>88</sup>**

**Weed & Feed Fertilizer 30-0-3**  
Treats 5000 sq ft  
**\$11**

**40 Lbs Pelletized Lime**  
**\$4**

**OLDCASTLE Container Planting Mix with Fertilizer & Moisture Control**  
1 cu ft  
Feeds up to 4 months  
Available in most stores  
**6<sup>50</sup>**

**Soil lite PUTTING MIX**  
MULTI-PURPOSE MIX  
**\$3**

**All in 1 Lawn Repair Kit**  
Combo sun & shade grass seed, fertilizer & mulch  
Covers 100 SF  
**\$8**

**Ames® Bow Rake or Long Handle Round Point Digging Shovel**  
Your Choice **\$8**

**54" Heavy Duty Tomato Cage**  
**2<sup>75</sup>**

**Oldcastle Organic Garden Soil**  
1 cu. ft.  
Available in most stores  
**\$4**

**Classic Waist Stretch Skirt**  
Cargo pockets, back elastic. Missy + plus sizes. Cotton/spandex  
Comp. \$30  
**\$10**

**Men's Twill Shorts**  
Regular & cargo model  
100% cotton  
Size 32-42  
Comp. \$30 or more!  
**\$10**

**SYLVANIA Air Conditioners**

Portable **\$299**

Window **\$199**

65 Pint Electronic Digital Dehumidifier  
Compare \$269  
30 Pint. Compare \$199 **\$149**

**Paper Lawn & Leaf Bags**  
3/\$1 or 40¢ each

**6 Cubic Ft. Contractor Wheelbarrow**  
**\$50**

**10 TOP Brands! Nationally Advertised Sunglasses**  
Reg. \$15-\$50  
Many other styles **\$2**

**Camo Hardliner Coolers**

6 Can Comp. \$11 **\$8**

16 Can.....Comp. \$15 **\$11**

30 Can.....Comp. \$24 **\$16**

**48K BTU Gas Grill with Side Burner**  
Comp. \$299  
**\$199**

**22 lb Hardwood Lump Charcoal**  
100% natural - no additives gourmet blend  
Comp. \$20  
**\$10**

**By Shelter Logic® 6'x8' x 6'6" Green-house & Storage Shed**  
Steel frame & waterproof cover  
Includes earth anchors  
**\$150**

**Magic Blinds** **\$15**

**Roman Blinds** Assorted sizes & colors **\$20**

**Bamboo Roll-up Blinds**

30"x72"	\$8.99
36"x72"	\$9.99
48"x72"	\$13.99
72"x72"	\$19.99