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Security **Experts Advise Against Big Propane Tank** in Searsport

by Christine Parrish

winter storm prevented Richard Clarke, A winter storing prevented rate and international security advisor, from reaching Searsport for the second time this winter to give testimony on the safety risks associated with a large propane facility proposed for Mack

Clarke, who was scheduled to present his findings at a Searsport Planning Board hearing on February 11, is most famously recognized as the government advisor who was ignored when he warned President Bush in 2001 that all the signs pointed to Al Qaeda planning an attack in the United States.

Now known as a cyber-security expert who runs a risk assessment firm, Good Harbor Consulting headquartered in Washington, D.C., Clarke continues to do risk assessments for proposed fuel facilities in the U.S. and the Middle East. Good Harbor was hired by the Islesboro Island Trust to do a security and safety risk assessment of the proposed propane facility at Mack Point in Searsport, including the maritime transport corridor up Penobscot Bay.

Two of Clarke's associates, Mike Lucy and Frank Gallagher, were at the Searsport public hearing Monday night to summarize the results of the Good Harbor analysis and to answer questions.

Good Harbor:

Terrorist risk low, other risks high

The Good Harbor team concluded that the risk of a terrorist attack was low, but that

accidents caused by human error, natural events, or a combination of both were likely. With that in mind, Good Harbor analyzed the impacts of a worst-case scenario, including a blast analysis related to the pressurized tanks on site, which are considerably smaller than the 22.7-million-gallon bulk tank, which is not pressurized and therefore less

They concluded that more land was needed for the development to have an adequate safety zone, that access to portions of the site would limit the speed of emergency response, and that the layout of existing roads and development had the potential to slow or even block evacuation of nearby areas.

They also concluded that emergency response capability in the area was insufficiently funded and equipped if a major "cascading event" or a catastrophe occurred that required advanced equipment and firefighter training at the regional level.

Gallagher characterized a cascading event as one that combined malfunction with a weather event, such as an incorrectly attached fuel hose or a ruptured pipe combined with an ice storm that shut down electricity, or a failure of automatic valves or frozen hoses that made water unavailable for fire-fighting — all circumstances that could lead to accelerated risk.

Ed Bearor, a Bangor attorney representing Buddy Hall, the owner of Angler's Restaurant, which is located adjacent to the proposed development, underscored how easily a seemingly minor event could cause a small accident to quickly escalate.

"Would it surprise you to know that the fire hydrants on Route 1 in Searsport have not been cleared of snow since Saturday's storm?" asked Bearor.

"Very little surprises me," responded Lucy. In essence, Good Harbor recommended that the LPG facility meet the higher feder-

SEARSPORT TANK SECURITY continues page 5

Owls Head Airport Safety Upgrades Approved

by Christine Parrish

dditional safety measures for the Additional salety measures

Knox County Regional Airport in Owls Head were approved by Knox County commissioners on Tuesday, February 12. With the nod of approval, the airport will have a new vehicle safety road at the end of the runway and audio/visual recording capability by the end of the year, according to Knox County Airport Manager Jeff Northgraves.

After an accident at the airport in November when three men were killed after the Cessna they were aboard struck an airport truck on the runway as the plane was taking off, the airport public advisory committee voted in January to support runway safety upgrades recommended by Northgraves.

Northgraves made three safety recommendations: a roadway for vehicle traffic beyond the end of the runway that would not conflict with aircraft, upgrading the UNICOM (airport frequency 123.05) so that it has audio recording capacity, and installing runway cameras to record and monitor activity.

These safety measures would exceed those found at most other small airports, said Northgraves.

The road at the end of the runway was approved by the Federal Aviation Administration on Feb. 11, making the project eligible for FAA funds to build it. Northgraves estimated the cost at \$100,000.

Surveillance equipment is already in place at the airport. Seventeen cameras are currently located in and around the termi-

AIRPORT SAFETY UPGRADES continues page 5



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Joe Steinberger

These Old Houses

e Northerners may perhaps be forgiven for thinking that global warming will have a good side. For us it may indeed be a mixed curse. A little warming, in itself, might not be so bad. On the other hand, our two huge storms this fall and winter, Sandy and the giant Nor'easter we have just experienced, may well be part of the climate change that comes with that warming.

Nor'easters are nothing new, but we've had some whoppers of late. There is no proof yet that global warming is to blame, but it is well understood that warm water provides the energy for both tropical hurricanes and our New England Nor'easters. New England's offshore waters have been getting warmer and recently have been at their warmest ever. As this is likely connected with global warming, it is reasonable to think that global warming contributed to the intensity of our recent storms.

In any case, with two feet of drifted blizzard now outside our windows, we cannot avoid facing the reality that, even with a modest increase in average temperatures, we are not likely soon to be free of the need to keep ourselves warm in winter

Global warming is not going to save us from that necessity. Indeed, it is the very cause of global warming that most threatens our comfort. We are fast burning the fossil fuels that mother nature has laid down over millions of years. Even if the resulting release of carbon dioxide somewhat warms us, we will still need to heat our homes in winter, and the amount of energy it takes will be only marginally reduced. Meanwhile, the fuel with which we have become accustomed to doing our heating is increasingly scarce and expensive — an increase that is far from marginal.

I discovered with a little research recently that the average salary of a working man in Rockland could buy significantly more heating fuel 150 years ago than it can today. Meanwhile, most of us are living in the same old houses.

Last week The Free Press published two excellent articles by Andy O'Brien about heat pumps, part of a series on home heating solutions in light of the crisis in fuel prices. In one of those articles O'Brien interviewed Rockland architect George Terrien, who explained the workings of the geothermal heat pump he uses to heat his own home. He described this as an experiment to see whether it makes more sense to renovate old Maine homes or simply to demolish them. "If it didn't make sense to refurbish an old house, then I'd want to tell my clients," he was quoted as saying.

That is a huge issue, and one that deserves more attention. Rockland has one of the finest stocks of old houses in the nation. This is our glory, but it is also a huge problem. Heating them is a huge problem, that is. If the conclusion were to be that these houses were no longer practical places in which to spend the winter, the consequences for our city would be dire. We would have to turn our city into a summer colony, abandon it, or tear it down and start over.

I am the owner of one of those magnificent old houses, just down the street from the small and relatively new house in which I live. The old house has been divided into three apartments, so I am a landlord. Until two years ago I included the heat in the rent, but the rise in oil prices has made this untenable. In order to conserve heat, it is essential that the decision on when to close the windows and where to set the thermostats rests with the people who will pay the bill. So I lowered the rent and asked the tenants to pay for their own heat.

This was a necessary step, but not a sufficient one. The building is viable only if the tenants can afford to keep warm. So I am struggling to find cost-effective ways to make that easier. After two energy audits from two different companies, and quite a bit of my own research, I have learned that there is no consensus on how best to improve the energy efficiency of old houses.

The little house in which I live, which I built in 1982, is in poorer shape now than my big 1853 house down the street. At home, my floor joists rotted badly after I installed insulation in the basement ceiling, for example. The floor joists in the old house, still uninsulated, are sound. The sills of my 30-year-old windows have rotted too, while the 1853 windows are still in great shape.

Back in the first oil shock in the 1970s a lot of bad decisions were made in trying to improve the energy efficiency of old buildings. Many buildings were cursed with mold problems, for example, when "improvements" left inadequate ventilation. Here in Rockland we damaged our school buildings in this way. We also demolished our grand granite customs house in the name of energy efficiency.

Now there is danger of a new round of ignorant damage and destruction. We owe it to our heirs to learn how to keep warm in the blizzards to come, without destroying our wonderful architectural heritage.

Rockland architect George Terrien will be Joe's guest next Tuesday at 9 a.m. on radio station WRFR, 93.3 FM Rockland, 99.3 FM Camden. Listeners will be invited to call in with questions.

State of the Union, the Pope, Downton Abbey, and the Camden Conference

by Thomas McAdams Deford

alk about a momentous week. President Obama delivers his annual State of the Union to a fractured Congress, the pope calls it quits, and Downton Abbey announces it's closing down for the season this weekend. All that — and we haven't even mentioned that the North Koreans tested another and much larger nuclear weapon or that Banana Joe won Best in Show at Westminster.

This year's State of the Union, following closely on Obama's second inaugural address, seemed little more than an hour-long laundry list, though Republicans who painted it as traditional liberal demands were certainly wide of the mark. For all the boilerplate, it was hard not to be moved by Obama's introduction of a 102-year-old black woman who Republican legislation had made wait for over six hours to vote last November. And his closing demand that victims of gun violence "deserve a vote" was emotionally compelling as well as intellectually on the mark.

More interesting was Marco Rubio's surprisingly uninspired Republican response: since, after all, we knew what to expect from Obama, the only drama would come from watching Time magazine's pick to save the Republican Party perform. Give the Republicans credit: the party of aging white males is doing its best to show there's more to it than aging white males. Last year it gave Bobby Jindal, their Asian politician, a go at it. He flopped, managing to make even Michele Bachmann, the Tea Party responder, look good, so this year it was their up-and-coming Hispanic who got the nod.

If Rubio proved to be a better, if thirstier, presenter than Jindal — though even Rick Perry could have cleared that bar — the Republican response was still a little like one half of the dialogue in a Samuel Beckett/Theatre of the Absurd play, for as the counterpoint to the president's message, it was obviously written before Rubio knew what the message was.

Thus he spent most of his time attacking a straw man, denouncing Obama for his "tax more, borrow more, and spend more" policies, "his obsession with raising taxes" — all the Republican buzzwords — when in fact, to the extent he mentioned the economy, Obama's approach seemed a more middle-of-the-road one looking for compromise. Where Obama perhaps made his biggest mark was that dramatic push for gun control. Rubio's mundane acknowledgment that "gun violence" was a problem made it abundantly clear that his focus was the Republican primaries in 2016, not the presidential election. Maybe Paul Ryan should feel threatened, but if Rubio is the best the Republicans can do, Hillary — and/or Joe Biden — can relax.

If the Obama-Rubio set-to was not exactly the modern equivalent of the Lincoln-Douglas debate, Pope Benedict's decision was, we are told, one for the history books. The last time a pope had done such a thing was 600 years ago, in 1415, the same year, coincidentally, England's Henry V, unburdened of Falstaff, was victorious with his longbows at the battle of Agincourt. And while Benedict is certainly the antithesis of Falstaff, one wonders if the Catholic Church can as successfully outgrow Benedict's antediluvian philosophy as Prince Hal could distance himself from his fat friend.

And if his retirement wasn't newsy enough, Pope Benedict's revelation that he planned to spend his sunset years in a refurbished facility originally designed for nuns gave one even greater pause: was this perhaps the pope's offhanded nod to Hamlet or an example of his sense of the absurd? Here's the fellow who dissed American nuns for being too concerned about the poor and downtrodden spending his last days holed up in the former home of their Italian cousins. He apparently plans to pass his golden years reading and praying, which seems appropriate enough for the first person to be in his position in six centuries. If he substituted golf for praying, he'd be a fine fit for Florida.

But even if the pope chose to live out his retirement with a bunch of pedophilic priests or their protector bishops, the real focus would still be on who will replace him. Pope Benedict is less in touch with today's world than the Downton Abbey's earl was with his. And the College of Cardinals who will choose his successor, many of whom were handpicked by Benedict, are hardly more attuned to the modern world. To put a political spin on it, the cardinals are to the Catholic Church, at least the American version, as the Tea Party is to the Republicans. Luckily the earl had his two sons-in-law to help him move out of the 19th century. The Catholic Church seems destined to remain there.

But considering all the problems we have in the 21st century, maybe they're on to something. This century is barely a dozen years old and even without the erratic North Koreans going nuclear, it's an increasingly dangerous century; the biggest problem surely is the explosive, and exploding, Mid-

Correction -

In the "Air-Source Heat Pumps" article in the February 7 issue, we stated that there were no federal incentives for purchasing air-source heat pumps. In fact, legislation signed by President Obama on January 3 extends a \$300 tax credit for the units.

dle East. Which brings us to this year's Camden Conference (how's that for a subtle lead-in), scheduled to start next Friday evening, February 22, and conclude Sunday at noon. The title of the conference is "The Arab Spring: What Next?" and it's got as comprehensive a lineup of experts on the Middle East as one can imagine. Robin Wright, a well-known foreign correspondent who has focused on the area extensively, is the keynote speaker. Over the last three years, she has authored three books covering the Middle Eastern waterfront: *The Iran Primer* in 2010; *Rock the Casbah*, a year later, an early look at the Arab Spring; and *The Islamists Are Coming: Who They Really Are* this past year.

The Saturday session opens with Marwan Muasher, Jordan's first ambassador to Israel and subsequently its foreign minister. His talk will be a broad overview of the Arab awakening, the subject of a book he has just completed. Marc Lynch, director of George Washington University's Middle East Studies Institute, will talk about Egypt and its Muslim Brotherhood leadership in the overall context of political Islam. His recently published book is *The Arab Uprising: The Unfinished Revolutions of the New Middle East*.

Joshua Landis, a Syrian expert — his wife is a member of the minority Alawite sect that rules the country — will discuss Syria and the effects its descent into civil war is having throughout the region. Landis's career focus began in 1978 when he spent the year after he graduated from Princeton as a teaching fellow at Beirut's International College; he's lived on and off in the Arab world since then and is fluent in Arabic. The morning session will conclude with a panel of the morning's speakers taking questions from the audience.

Professor Gregory Gause, an expert on the Persian Gulf countries, will open the afternoon session, explaining how Saudi Arabia and its Gulf neighbors fit into the equation. Shai Feldman, an Israeli academic and director of Middle East Studies at Brandeis University, will do the same for Israel. And Hossein Mousavian, a former Iranian diplomat — from 2003 to 2005, he served as the Iranian spokesman for Iran's nuclear negotiations with the European Union — will analyze Iran's nuclear ambitions and suggest options for resolving the current US-Iranian impasse.

A Q&A with the three afternoon speakers will conclude the Saturday session.

Barbara İbrahim, the founding director of the Center for Philanthropy and Civic Engagement at the American University of Cairo, will kick off Sunday morning. Ibrahim, American-born and a resident of Egypt for nearly 40 years, will discuss "The Human Face of the Arab Awakening," with a special focus on the role of women.

Ambassador Laurence Pope, a retired American diplomat fluent in Arabic, will be the wrap-up speaker, reviewing US policies and prospects in reaction to today's fast-changing Middle East. Pope served as the political advisor to General Tony Zinni when he ran the US Central Command overseeing the Middle East. More importantly, when Ambassador Chris Stevens was killed in Benghazi last fall, Pope volunteered to come out of retirement to temporarily head up the US embassy in Libya, returning to the States just a few weeks ago.

Not surprisingly, the Camden Opera House, where the conference will be held, has been sold out since late January, but seats are still available for the live, instantaneous feed to the Strand Theatre in Rockland and the Hutchinson Center in Belfast.

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al safety standards required for LNG since the two fuels, while different in many ways, are similar in emergency response requirements if an accident occurs.

In the past, Good Harbor has given the nod of approval in favor of proposed liquefied natural gas (LNG) facilities in Boston and Baltimore harbors because the sites met federal security standards. In Rhode Island, they advised against a proposed LNG facility because it lacked adequate emergency response capability and was too close to population areas if a major incident occurred.

Emergency response capability and cost is a major concern for Searsport, said Lucy.

Plan for worst-case scenario or more-likely accident?

DCP Midstream officials responded to the Good Harbor analysis on Tuesday, February 12. While the safety premise for the Good Harbor analysis was to prepare to respond to a worst-case emergency scenario, DCP Midstream's premise was to prepare for likely emergencies, according to Jeff Hurteau, safety director of DCP propane terminals in New England.

Hurteau emphasized the multiple safety checks and balances at DCP propane facilities that he oversees; extensive annual safety audits of their facilities; the willingness of DCP to pay for propane safety response training for employees, contractors, and municipal and county emergency management responders; DCP's charitable contributions to emergency responders at other New England locations; and the increased safety measures at bulk propane facilities.

"The industry is getting safer all the time," he said.

Hurteau said the most likely kind of accident that occurs at bulk facilities is a result of human error when fuel is being transferred from a bulk container for distribution.

"The transfer hose is the weakest link," said Hurteau. "We've done everything in our power to limit it. We have not had a hose failure since 1995 at bulk facilities."

In response to a lack of a written cost-sharing agreement for emergency response with Searsport and other towns committed to mutual aid agreements with Searsport, Hurteau said DCP is willing to share the cost of training to respond to propane emergencies if the permit for DCP to build in Searsport is approved.

"We will step forward with expenditures and do what we can up front, after the permits are issued," said Hurteau.

U.S. Coast Guard does safety plans after permit issued

In separate testimony on the marine transit route to Sear-sport, Capt. Alan Moore, a U.S. Coast Guard port security specialist who is involved in proposed and established LNG marine facilities in New England, said marine transit planning is done after a permit is issued. The planning follows a well-established protocol that includes input from coastal

municipalities and others affected by permitted shipping, but has no provision for cost-sharing for training and equipment, he said.

I would hope that affected municipalities agree to help pay for it, said Moore, who spoke on Monday night.

"There's a lot of hope," said Gallagher of Good Harbor, who stressed the need for agreements on who is paying for what be worked out prior to permitting. "You really need that in writing."

DCP has done its own blast analysis

In an odd twist on Monday night that at first seemed like the DCP attorney, Jamie Kilbreth, had gone off on an unrelated tangent, but was later revealed to be something like a plot turn in a mystery novel, DCP Midstream revealed that they had long ago completed their own safety risk analysis.

DCP would not release the report to the public or to Thanks But No Tank (TBNT) representatives, citing the sensitive security information (SSI) that prevents it from becoming public information.

However, they did release one page of the document to the Searsport Planning Board to show that DCP's blast analysis of the proposed Searsport facility was done by Baker Risk, the same engineering and risk consultant firm that Good Harbor hired to do a blast analysis.

The purpose of showing that page was to demonstrate that Baker Risk's report to DCP indicated that the proposed development was far less hazardous than outlined in Baker Risk's report to Good Harbor.

Since the DCP Midstream safety analysis is off-limits to the public and to the planning board, a direct comparison of the two reports is not possible, leaving remaining questions about why — and if — the two Baker Risk blast analyses differ.

"Good Harbor's worst-case scenario is not related to reality," said DCP's Kilbreth.

"I vehemently reject this," said TBNT attorney Hinchman, jumping out of his chair and shedding the persistent affability he has shown throughout public hearings that have been going on for almost a year.

He called the tactic to undermine Good Harbor without actually providing any information "abhorrent."

Hinchman said neighbors have a right to know what the company thinks the risks are and that it was unethical to hide the ball behind SSI. "These are the people whose lives will be affected," he said.

The planning board will conclude the public hearings this week, followed by a two-week window where written comments will be accepted. The board will then begin final deliberations on the DCP permit application. Their decision is expected this spring.

AIRPORT SAFETY UPGRADES CONTINUED FROM PAGE 1

nal, but not on the runways. Video recording will allow Northgraves to see what happens on the runway when airport personnel are not on-site, giving him the ability to alter procedures or respond to situations within hours of their occurrence, while providing documentation in case of accidents and emergencies. Audio recording will document the radio traffic from the cockpit of an aircraft as it is landing and departing.

Currently, Augusta is testing audio recording and has made the decision to make it a permanent safety feature, said Northgrayes

Runway camera and audio recording are not widely used and its effectiveness at Knox County Airport is likely to be assessed by other small airports in the state.

The cost for audio recording is approximately \$800 to install, with \$200 a year for software upgrades. Northgraves said he would like to test out the video recording procedure, using one long-range/night-vision camera with a cost of approximately \$300.

Northgraves plans to test the positioning and recording effectiveness of the camera before adding further equipment.

Approval by the county commissioners allows the airport to apply for FAA grants to complete the vehicle road, and

to be included in a Homeland Security grant to pay for the recording equipment.

Immediately after the November accident, Northgraves required that all airport vehicles always operate their yellow, rotating beacons whenever the vehicle is on or near the runway, day or night.

Northgraves underscored that planes that want to land at Owls Head are not legally required to make radio contact with the airport, other vehicles or aircraft, or file a flight plan.

"Flying is absolutely the responsibility of the pilot, in almost every case," said Northgraves. Most pilots communicate their intentions to the Knox County Regional Airport in Owls Head on the 123.05 radio frequency, but aircraft are not required to have a radio.

Other complaints that plagued the airport a decade ago have faded away, said Northgraves. In 2004, for example, there were around 6 to 10 noise complaints a month. After the airport recommended changes in approach and landing to pilots and asked them to volunteer to not schedule flights between 10:30 p.m. and 6 a.m., noise complaints fell to five in 2012. Northgraves said he works one-on-one with pilots to make them aware of community and safety concerns.

Eye On Augusta BY ANDY O'BRIEN

How to Spend a Day at the Capitol

when Maine's Legislature is in session is a great way to break the monotony of winter and jump right into the democratic process. Legislators are usually very accommodating to constituents who actually show an interest in what they do and might show you around if you ask nicely. For the first few months of the year, the full Legislature meets on Tuesdays and Thursdays. That is the best time to go, because there's a chance to sit in on strategy sessions in a party caucus, see some passionate debating on the House and Senate floor, and meet Mainers from around the state who make the trip to air their grievances or lobby for a particular cause.

On any given day, you might witness the Wild Clammers, big rugged-looking fellows, parading through the hall holding their giant clam mascot and chanting, "Clean wah-tah!" Or perhaps it's a day when the Agriculture Committee is holding a meeting. The aroma of manure wafts through the halls as dairy farmers, straight from the barn, have come to Augusta to make their voices heard. A procession of muscular, tattooed dudes in hooded sweatshirts passes them, marching into another hearing to testify on mixed martial arts legislation. And when the Transportation Committee is hearing a motorcycle helmet bill, you'll find more bikers there than at a Hell's Angels picnic. On Franco-American Day, you can catch some Acadian fiddle music from Madawaska or Burundian singers from Portland, while trying a ploye, the thin pancake popular with Franco Mainers. Other times, in the thick of a tense debate, the halls might be packed with protestors. I'll never forget the time I crossed my legs for an hour before finally hustling out of my caucus toward the bathroom, through a gauntlet of angry public employees chanting the lyrics to Twisted Sister's "We're Not Gonna Take It." This time of year the State House is where you'll find the pulse of Maine.

The day generally starts with a full caucus meeting at 9 a.m. for members of the minority party and committee chair meetings for leadership. With permission, constituents can sometimes sit in on those meetings and see how the legislative agenda is set or how the loyal opposition plans to respond. During a caucus, the party leader will run through each of the measures the House or Senate will take up that morning. Then the bells calling the House and Senate ring, usually for at least 20 minutes, before the members finally decide to saunter toward their seats.

Those in the know can usually predict whether a particular bill will have any debate and if one party will ask for a roll call in an attempt to defeat it or simply to insure that each legislator's vote is recorded for all of their constituents to see. If the bill is not especially controversial, the House Speaker or Senate President will bang the hammer and it will just be recorded as unanimous. Unfortunately, sometimes an amendment will be slipped in at the last minute, as happened with a 2009 amendment to Maine's wine tasting law that legislators failed to notice. The gavel banged, and three months later, every winery in the state was up in arms over a newly enacted law that prohibited children from catching a glimpse of an adult tasting a little wine. As shops frantically hustled to cover all of their windows to prevent a passing child from observing such a spectacle, sheepish legislators hastily drafted new legislation to fix the law. Some folks looked at the roll call vote and thought, "How the heck did every single House member vote for that?!" Well, they didn't. They just didn't hit their button to challenge the motion on the floor, and thus, the bill "went under the hammer." Whoops.

Although the current Legislature has not yet begun to receive any big, contentious bills from committees, the debates will likely get started within the next few weeks. For students, this is a good time to call your local rep to

DAY AT THE CAPITOL continues page 7

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The Middle East: What Next?

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February 22-24

THE SPEAKERS

Keynote: Robin Wright

a journalist, author, and foreign policy analyst, having reported from more than 140 countries on six continents, a foreign corre-

spondent in the Middle East, Europe, Africa, roving correspondent in Asia and Latin America. Wright has been a fellow at the Brookings Institution, Carnegie Endowment for International Peace, Yale, Duke, Stanford, the University of California at Santa Barbara, and the University of Southern California.

■ Moderator: Nicholas Burns

Former Under Secretary of State for Political Affairs. Also served as U.S. Ambassador to NATO and to **Greece.** Currently Professor



of the Practice of Diplomacy and International Politics at the Harvard Kennedy School. Also Director of the Aspen Strategy Group and Senior Counselor at the Cohen Group.

- **Shai Feldman** is a former member of the UN Secretary General's Advisory Board on Disarmament Matters, currently Director of the Crown Center for Middle East Studies and Professor of Politics at Brandeis University, member of the Board of Directors of Harvard University's Belfer Center for Science and International Affairs.
- **F. Gregory Gause** professor and chair of the political science department at the University of Vermont, formerly the Kuwait Foundation visiting professor of international affairs at Harvard University's Kennedy School of Government. Also previously fellow for Arab and Islamic studies at the Council on Foreign Relations.
- **Barbara Ibrahim** founding director of the John D. Gerhart Center for Philanthropy and Civic Engagement in Cairo, previously regional director for West Asia and North Africa of the Population Council. Also previous program officer with the Ford Foundation in Cairo, responsible for programs in urban poverty, micro-enterprise lending, and gender studies.

- **Joshua Landis** Director of the Center for Middle East Studies and Professor of Middle Eastern Studies at the University of Oklahoma, where he teaches modern Middle Eastern history and politics and writes on Syria and its surrounding countries.
- Marc Lynch Associate Professor of Political Science and International Affairs at George Washington University, Director of the Institute for Middle East Studies as well as the Middle East Studies Program, leads the Project on Middle East Political Science and edits the Middle East Channel for ForeignPolicy.com.

■ Seyed Hossein Mousavian

Research Scholar at the Program on Science and Global Security, formerly Iran's Ambassador to Germany, head of the Foreign Relations Committee of Iran's National Security Council, Iran spokesman in nuclear negotiations with the EU.

- Marwan Muasher Jordanian diplomat, currently Vice President for Studies at the Carnegie Endowment for International Peace in Washington, D.C. Previously Jordan's first Ambassador to Israel. As Deputy Prime Minister, led a reform and planning agenda for the government of Jordan; and was Senior Vice President for External Affairs at the World Bank.
- **Laurence Pope** former U.S. Ambassador to Chad, U.S. Chargé d'Affaires to Libya, State Department Director for Northern Gulf Affairs, Associate Director for Counter-Terrorism, Political Advisor to General Zinni USMC, Commander-in-Chief of United States Central Command.



THE SCHEDULE

FRIDAY, FEBRUARY 22

- 8 p.m. Welcome. Bland Banwell. President, Camden Conference
- **Keynote Address by Robin Wright** "Rock the Casbah: What Next in the Middle East"

SATURDAY, FEBRUARY 23 8:30 a.m. - 4:30 p.m.

■ Marwan Muasher

"Broad aspects of the Arab Awakening" **Seyed Hossein Mousavian**

■ Marc Lynch

"Egypt and Political Islam"

■ Joshua Landis

"Syria and Regional Spillover/Conflicts"

■ Q&A

■ Greg Gause

"Saudi Arabia, Sunni/Shia Issues, and Regional Geo-Strategic Clashes"

■ Shai Feldman

"Israel's Situation amid Regional Change and Conflict, especially with Iran"

"Iran and Related Issues"

■ Q&A

SUNDAY, FEBRUARY 24

9 a.m. - 12:30 p.m.

Barbara Ibrahim

"The Human Face of the Arab Awakening, especially Women's Role"

■ Laurence Pope

"U.S. Policies and Prospects in the Middle East"

■ Final Panel of All Speakers for Q&A



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EYE ON AUGUSTA: Spend a Day at the Capitol FROM PAGE 5

request to be honorary pages, a job that involves running notes back and forth between legislators on the House or Senate floor. A group of students from my district happened to be pages on the day of the four-hour 2009 gay marriage debate, a day I doubt they'll ever forget.

When the House and Senate adjourns for the day, usually around 11 a.m. these days, this is a time for other caucuses to meet. There's the bipartisan Moderate Caucus, the progressive Working Families Caucus, the Conservative

Caucus, the Prayer Caucus, and the Rural Caucus, to name a few. Caucuses will often have presenters from various groups to educate them on various issues. Then it's off to the cafeteria in the basement of the Cross Building next door, where legislators all sit down in their cliques to discuss the hot issues of the day. Finally, it's off to committee hearings, where the public is welcome to say their piece. Just make sure you bring 20 copies of your testimony to give to the committee!

Farmers and Local Food Activists Go After

Poultry Regulation Bills aimed at easing poultry

processing regs to be heard next Tuesday—

For a number of years, small farmers and locavores have complained that federal and state regulations have made it cost-prohibitive to slaughter and sell poultry. Currently, farmers can take their product to Weston's Poultry Processing in Gardiner, the only state-inspected poultry slaughtering facility in the state open for commercial use, where each bird is inspected by licensed inspectors. Or, if they are processing under 20,000 birds, they can construct their own on-site slaughtering facilities, while another regulatory category that includes farmers processing under 1,000 birds simplifies the requirements a little more. But critics of the laws claim that building any of those facilities so that they are in compliance with state and federal regulations poses too steep an economic barrier. It's a whole lot more complicated than the old ax, stump and barrel of boiling water.

According to Gloria Varney of Nezinscot Farm, an organic farm in Turner, the cost to build a state-approved poultry slaughtering facility is anywhere from \$20,000 to \$30,000, which includes the cost of the processing equipment as well as an enclosed building with separate rooms for scalding and plucking, eviscerating and packaging. With such a facility, small farmers can sell poultry products directly to the public through restaurants, farmer's markets or off the farm. They are prohibited from selling wholesale to retail markets and to do so would require them to ship the birds back and forth to Weston's at a much higher cost. But the state law prohibiting these farms from processing poultry for other farmers is what bothers Varney.

When you tell me that I can't turn around and try to run a business to offset that cost [of owning the facility], it's no wonder that farmers might be a little upset with that,"

That's why Rep. Jeff Timberlake (R-Turner) is introducing LD 259, which would allow certain poultry producers to contract with licensed poultry slaughter facilities like Nezinscot Farm for the processing of their meat.

Food Sovereignty Comes Back to Augusta

Heather Retberg, who operates Quills End Farm with her husband in Penobscot, says she tried to work within the state and federal regulations, but still found them insurmountable. Retberg and local food advocacy groups like Food for Maine's Future argue that these regulations chiefly benefit large-scale producers and limits people's ability to purchase meat from their local farmer. However, other farmers and food producers worry that because poultry is more prone to infection from bacteria, if anyone got sick, public perception would hurt business for all local farmers.

Retberg and her husband Phil currently slaughter between 200 and 300 birds a year in an open-air lean-to attached to

by Andy O'Brien their barn, and they share processing equipment with other homesteading families in the area. Although their operation is openly in violation of state and federal laws, the Retbergs and other small farmers claim that they are in compliance with Penobscot's Local Food & Community Self-Governance Ordinance. That locally passed ordinance exempts small farms from state and federal licensing requirements when farmers sell directly to local customers.

While legislative proposals to reduce the regulatory costs for small farmers have had mixed results, in the past few years activists have taken the fight to their town meetings in order to enact local food ordinances. The measure has been passed in eight Maine towns, including Hope and Appleton. Agriculture Commissioner Walt Whitcomb has said his department will not recognize those ordinances, and currently the state is in the middle of a high-profile court battle with Blue Hill farmer Dan Brown for selling unlicensed milk. Brown has cited the ordinance in his defense.

At Retberg's request, food sovereignty advocate Rep. Walter Kumiega (D-Deer Isle) has submitted LD 218, which would exempt from inspection poultry farmers producing fewer than 1,000 birds a year.

Rep. Timberlake, who is himself an apple farmer, says he's willing to give the bill a fair hearing, but he's wary of any measure that would loosen food sanitary standards.

'You have to have some standards in place because not everybody is as clean as you and I would like to think they are," said Timberlake.

Meanwhile, Retberg and other local food activists have met with Governor LePage, and Retberg says she found him surprisingly receptive to their ideas.

"I found he was pretty well convinced already, in terms of licensure and inspection not being necessary for the scale of farming that we're talking about," says Retberg. "He basically invited us to send him any rules or laws that are acting as an impediment to small farms and he would see what he could do to eliminate or alter them."

Retberg has since sent her group's ideas to the governor's office, but Timberlake says he's also made his concerns clear

"I said, 'Governor, I don't want people pressing cider without any guidelines," says Timberlake. "I went from selling 750,000 gallons of cider in one year to 175,000 gallons because two people got very, very sick in northern Maine and nobody would buy cider after that."

However, Timberlake did agree that the governor was open to ideas for streamlining the regulatory process.

"The governor doesn't care as long as the food is safe," said Timberlake. "He's willing to make it so it costs very little for the inspection."

A spokesman from the Department of Agriculture said the department has not yet decided whether to oppose or support the two proposals. Both bills will be heard in the Agriculture Conservation and Forestry Committee on Tuesday, February 19.

Public hearings scheduled for next week, by committee:

• Tuesday, February 19

Inland Fisheries and Wildlife

LD 96 An Act to Enhance the Deer Population by Increasing Control of Coyotes through Local Conservation Organizations this bill would set up a coyote bounty system, providing bounties to be paid to trappers through the federal Pittman-Robertson Wildlife Restoration Act.

Health and Human Services

LD 180 An Act Concerning the Use of Tobacco Settlement Funds for Children's Health Care — This bill would require that funding through the Fund for a Healthy Maine for children's health care not be used to fill a budget shortfall. The Fund, set up by a settlement with big tobacco companies, provides support for programs such as smoking cessation, children's fitness and obesity prevention. Last year, the Legislature cut \$2.7 million from the Fund for a Healthy Maine to fill a budget gap.

LD 135 An Act to Require All Government Documents to Be Posted on the Internet — this bill would require all public entities — state agencies, the University of Maine System, a county, municipality or school district — to post their public records on the Internet.

Labor, Commerce and Economic Development

LD 148 An Act to Amend the Laws Governing Drugs and Vaccines Administered by Pharmacists — this bill would allow a pharmacist to administer certain vaccines to a person 9 years of age or older according to a valid prescription. Current law allows a pharmacist to administer those vaccines to a person 18 years of age or older.

LD 171 An Act to Facilitate the Licensing of International Mail Order Prescription Pharmacies by the Maine Board of Pharmacy — this bill would authorize the Maine Board of Pharmacy to enter into reciprocal inspection agreements with any country in which a mail order prescription facility that sells drugs to Maine citizens is located.

Transportation

LD 17 An Act to Require Motorists to Stop for Pedestrians in Crosswalks — Current law requires the operator of a motor vehicle to yield the right-of-way to a pedestrian crossing within a marked crosswalk. This bill requires the operator of a motor vehicle to stop and yield the right-of-way to a pedestrian crossing within a marked crosswalk.

LD 66 An Act to Require That Motorcyclists Wear Helmets LD 68 An Act to Prohibit the Use of a Handheld Mobile Telephone while Operating a Motor Vehicle

• Wednesday, February 20

Education

LD 243 Resolve, to Direct the Department of Education to Amend Its Rules Regarding Restraint of Students — Current rule allows the use of restraints and seclusion only to prevent an

PUBLIC HEARINGS continue page 8

from offshore

by Eva Murray

Blowing Zero from the North

t long last, on Sunday night, the wind stopped. We slept like babies. Above all, each man who watched his lobster boat bob through the washing machine that was the harbor last Saturday rolled over and got some rest. Likewise the power company's lineman, who hadn't slept in days.

Through the storm, messages came in from all over, from mid-Atlantic states, from the Midwest, from Rockland: "We're thinking of you guys out on that island, hope you get through this okay, really feel for you." Hmph. Normally I'd stick my nose in the air, adopt a thoroughly indefensible attitude of smugness, and mutter, "This ain't nothing, and besides, we are more than just a little ready." That isn't quite fair; a storm is a storm, and everybody's physical plant will take a bit of a beating.

If they aren't dispatching their condolences in advance for our primitive and hardscrabble existence, friends will sometimes pitch the other way and get entirely woowoo over how much they wish they were on the island to see the storm. No, more than that — they want to experience the storm with all of their senses; to face the Hawaii-Five-O surf and hear the rolling rocks and smell the ocean at its mightiest. It will be nothing, they assume, like the blue sea of summer. They long to experience the blessings of wood fire and stew pot when those things are more necessity than whimsy. I cannot help but smile a bit at that sentiment as well, and again I border on the insufferable as I shovel out a kerosene heater's pipe in a gale of snow that nearly glues my eyes shut: "Well, that's fine for them, but they're not Public Works!"

Besides, that water can get pretty darned rough in the summertime, too. I digress.

The reality is, of course, that they are both right. This is a good place to be in a storm, and it is beautiful, and most of us do "home and hearth" rather well. It's also a lot of danged work. This island community is in many ways less troubled by major storms than is your typical suburb for a variety of reasons. Nobody has a commute, for one thing. Nobody is going to feel obligated by The Boss to venture out onto the Interstate, only to be mercilessly sideswiped by an overconfident Bay Stater who thinks he's Mario Andretti with four-wheel drive, if you'll pardon the stereotype. We more or less just have to keep it between the ditches. Worst-case scenario, some poor, stuck island driver might have to walk home.

Besides, most of us are "public works."

Stuff around here does take a beating. The spruce trees are all short-timers anyway, being old and beetle-bit and shallow rooted under the best of circumstances. My own roof hosts a collection of communications infrastructure that would make any tech geek proud. We lost one whip antenna, and a wire worked itself loose in Midcoast Internet's equipment, but once discovered that was easily put right. We lost roof shingles, but so did many. Only a few customers lost power, and even they for a very short time. Boat owners cannot help but worry at times like this — their livelihood swinging on a mooring — and they are the heart of the place.

Neighbors watching out for neighbors is all good, and we do that pretty well on this island, but there is a point where everybody's got to be part of the solution. How can I say this without sounding terribly uncharitable? Maybe I can't. It's a bit much, in this tiny, sometimes genuinely old-fashioned community, for anybody to be on the receiving end of the help 100% of the time, to cultivate helplessness, to nurture their own neediness, to be fragile and yet insist on solitude, to live without skills, without patience, without heating plant redundancy. People ought to give some thought to whether they should be here if they aren't willing to manage their household under adverse conditions or to at least cultivate a real friendship with their neighbors. One is advised to have more of a backup plan than engaging an itchy phone-dialing finger and issuing complaints to those already scrambling to plow the snow and fix the power and clear the way. There; I've said it.

On a lighter note I called Channel 6 and reported that Matinicus Recycling would be closed on Saturday, and asked the fellow who answered the phone if he needed a spelling for Matinicus. Most people ask for a spelling. "No," he replied. Good, I thought; a newsman who knows the geography of the more remote parts of our state. My closure notice never made the "Storm Center" crawl, though, or the online list; I fear he thought I was putting him on.

> Eva Murray lives, works and writes on Matinicus Island.

Elver License Lottery Winners Chosen

several midcoast residents among the lucky few

On Monday, February 11, four new elver licenses for 2013 were awarded by the Maine Department of Marine Resources. More than 5,000 Mainers applied for the four available slots. The lottery was administered by Maine State Lottery officials.

The total value of last year's elver fishery is estimated at \$40 million, second only in value to the lobster industry. During the height of the 2012 season, elvers were valued at approximately \$2,600 per pound.

The four license winners are Alyssa Orestis from Searsport, Meredith Perry from Spruce Head, Garrett Lemoine from Swan's Island and Mark Wakem from Poland. The new licenses became available to replace ones that were not renewed.

In addition, four existing dip net license holders — Ryan Miller from Surry, Garrett Coffin from Nobleboro, Jason Brewer from Walpole and Timothy Brewer from Nobleboro — were awarded the opportunity through a lottery to change their gear to fyke net, which, while it increases potential income for the individuals, does not increase overall effort in the fishery.

The last time an elver lottery was held by the Department was 2006

This year's elver season begins at noon on March 22 and goes until noon on May 31.

Update: More Changes to Shrimp Regs

On February 8, the Atlantic States Marine Fisheries Commission's Northern Shrimp Section added two additional days per week to the shrimp trawl fishery. Shrimp trawlers are now allowed to fish on Monday, Tuesday, Thursday and Friday, until further notice. Prior to the change, trawlers had been limited to fishing only on Mondays and Wednesdays.

The Commissioner of the Maine Department of Marine Resources also again changed the hours for the trawl fishery, to allow fishing from 7 a.m. to 5:30 p.m. only.

The change in hours for trawlers follows the recommendations of Maine Marine Patrol to decrease the potential for gear conflict between trawl nets and trap lines set by lobstermen and shrimp trappers, more likely to occur at night.

Trappers are allowed to haul traps around the clock Monday, Tuesday, Wednesday, Thursday, Friday and Saturday and may land a maximum of 500 pounds per day.

Each fishery will close when 85 percent of its total allowable catch is projected to be reached.

For more information visit www.maine.gov/dmr or contact Chris Vonderweidt at 624-6558.

Info Session on Careers in Energy Services

A free informational session on Careers in Energy Services will be offered by Women, Work and Community at the Rockland CareerCenter, which is in the Breakwater Marketplace on Route 1 in Rockland, on Thursday, February 21, from 10 a.m. to noon. The program is open to both women and men of all ages and backgrounds. For more information and to register, contact Linda Buckmaster at 596-2615 or lsbuck@maine.edu.

The session will cover the Energy Services and Technology program at Kennebec Valley Community College (KVCC), whose new Associate in Applied Science degree program is the first in Maine to offer plumbing, HVAC, solid fuel, geothermal and solar heating in one comprehensive program. KVCC classes begin in fall 2013.

Union Chamber to Host Winter Technology Conference Feb. 28

The Union Area Chamber of Commerce will hold its annual Winter Technology Conference on Thursday, February 28, at the Union Masonic Hall, 149 Sennebec Road in Union. Socializing, with light refreshments, will begin at 5:30 p.m. and the speakers' program will start at 6 p.m.

Guest speakers will include Marita Fairfield, program director of the Maine Women's Business Center at Coastal Enterprises, who will talk about the types of cloud computing and the pros and cons of using it for business. Special Agent Matt Fasulo of the U.S. Secret Service, a specialist in computer crimes, will discuss cyber security issues affecting businesses. John Fromer of Appleton Ridge Technology Services will demonstrate Microsoft's newest product, Windows 8.

Admission is \$5 for members and \$10 for non-members; the public is invited to attend. For additional information regarding the Union Area Chamber of Commerce, visit www.unionareachamber.org or contact John Fromer, vice president of the chamber, at 975-6995.

PUBLIC HEARINGS IN AUGUSTA CONTINUED FROM PAGE 7

imminent risk of injury or harm to a student or others. This bill would allow those measures to be used to prevent significant property damage, to prevent disruption of the educational environment and when authorized in writing by a student's parent.

THE FREE PRESS

Veterans and Legal Affairs LD 216 An Act to Extend the Hours for the Sale of Liquor on

Sunday When St. Patrick's Day Is on a Sunday LD 184 An Act to Enhance Transparency in Government by Implementing a Waiting Period for Legislators Before They May Register as Lobbyists

LD 53 An Act to Increase Voting Access — this bill would allow voters to vote by absentee up until the day before election day. Current law states one can only vote by absentee up to three days before election day.

• Thursday, February 21 Health and Human Services

LD 145 An Act to Ensure Adequate Child Protective Services throughout the State — This bill would require the Department of Health and Human Services to establish at least one office in each county in the state with appropriate staff to provide child protective services.

LD 162 An Act to Repeal the Maine Certificate of Need Act of 2002 — Under current law, before introducing additional

health care services and procedures in a market area, a certificate of need must be obtained from the Department of Health and Human Services. This bill eliminates that requirement. LD 230 An Act to Establish the Commission on Health Care Cost and Quality — The commission would monitor the accessibility, cost and quality of health care in the state. The bill also reestablishes the State Health Plan and requires the commission to develop the plan on a biennial basis.

• Friday, February 22 Taxation

LD 150 An Act to Modernize State Income Tax Refunds — Beginning in 2014, individual income tax refunds would have to be made in the form of a debit card or by direct deposit, or by check if requested by a person 56 years of age or older.

LD 240 An Act to Allow Motor Fuel Taxable Sales Disclosure — This bill provides that monthly reports of the number of gallons of taxable gasoline and special fuel sold in the state are not confidential.

LD 167 An Act to Base the Motor Vehicle Excise Tax on the Purchase Price of the Motor Vehicle — This bill requires that the excise tax for all motor vehicles and camper trailers be based upon the actual amount of money financed or paid by the consumer after any rebates or discounts.

in Rockland & Union —

State Senator Mazurek to Host Public Forums to Discuss Governor's Proposed Budget

State Senator Edward Mazurek (D-Rockland) will host two community forums to discuss the governor's proposed two-year budget as well as other issues facing the new Legislature. The first will be held in Union on Monday, February 25, from 6 to 7:30 p.m. at Union Town Hall. The second will take place on Thursday, February 28, from 6 to 7:30 p.m. at Rockland City Hall.

Senator Mazurek said, in a release announcing the meetings, "This budget as written will have a tremendous impact on our towns, small businesses, middle class, elderly and poor. I hope many people will plan to attend and share their thoughts and concerns."

The Union meeting on February 25 will be co-facilitated with State Representative Jeffrey Evangelos (U-Friendship).

The February 28 meeting in the City Council Chambers at Rockland City Hall will be co-facilitated with State Representative Elizabeth Dickerson (D-Rockland), State Representative Chuck Kruger (D-Thomaston), and State Representative Joan Welsh (D-Rockport).

Senator Mazurek also offers a legislative update by email. To subscribe, visit www.mainesenate.org/meet-your-senators/senator-mazurek/. Mazurek represents Senate District 22, which includes Appleton, Camden, Criehaven Twp., Cushing, Hope, Matinicus Isle Plantation, North Haven, Owls Head, Rockland, Rockport, South Thomaston, St. George, Thomaston, Union, Vinalhaven and Warren. In the Maine Legislature, he chairs the Transportation Committee and serves on the Marine Resources Committee.

Feasibility Study of Direct Transit Service Between Thomaston and Camden Set to Begin

The Midcoast Transit Committee has hired Nelson/Nygaard Consulting Associates, Inc., a transportation consulting firm headquartered in California, to conduct an 11-month transit study of the corridor between Camden and Thomaston focused on the feasibility of a direct transit system in the area. The study, estimated to cost \$60,000, is funded by Maine Department of Transportation, Coastal Trans and \$1,650 each from Camden, Rockport, Rockland and Thomaston. It will begin later this month and conclude early next year.

Don White, chairman of the Midcoast Transit Committee, says, "This study is the culmination of hours of conversation and months of meetings as to whether the Camden-Thomaston Route 1 corridor is ready for a direct transit service. Our preliminary indications find many people of all ages would benefit from a daily transit service. The study will determine if such a service would be economically feasible, both to the service and area businesses."

The study grew out of a meeting at the Rockland Public Library in October 2011 about the future of daily transit in the area. The original meeting was hosted by local public transit advocate Tim Sullivan and Lee Karker of Coastal Trans. Monthly meetings continued and led to the creation of Midcoast Transit Committee, comprised of two delegates from each of the four involved communities and other interested parties throughout the area.

Lee Karker, executive director of Coastal Trans Inc., the transit committee's fiscal sponsor, says, "We are very fortunate that Nelson/Nygaard has agreed to take on this project. They have a great deal of experience in rural transit projects, including a Northern New Hampshire project in the Plymouth Area, and other rural projects in Vermont and New Hampshire. We don't know in which direction this study will point us or what type of service it will produce, but we believe that the interest already shown is sufficient to warrant this study."

Public Comment Invited on Bird Refuge Island Right-of-Way passes through forested wetlands. The temporary at

US Fish and Wildlife Service's Refuge Manager for Maine Coastal Islands National Wildlife Refuge is taking public comment on a proposal allowing temporary use by construction workers and equipment of a way across refuge property on Metinic Island — a small island in Knox County, about six miles off the coast, southeast of Port Clyde. The written Draft Compatibility Determination is available for review upon request or at the refuge office at 9 Water Street in Rockland. Comments will be accepted through March 22.

An owner of a private parcel plans to build a house on his lot, and the deeded right-of-way to his parcel, which is currently undeveloped, crosses a mile of refuge property and

passes through forested wetlands. The temporary alternate right-of-way being considered would save the landowner time and expense, and, since the alternate right-of-way is only 0.2 mile across rock and meadow on refuge lands, it would minimize environmental impacts.

The National Wildlife Refuge System Improvement Act of 1997 requires that before a new use of a national wildlife refuge may be permitted, the refuge manager must examine the proposed use to determine that it is compatible. The manager's determination is made available for public review and comment. Following the public comment period, the regional chief of the Refuge System reviews it.

For more information, visit www.fws.gov.

Small Businesses in Belfast Invited to Workshop to Discuss Micro-Enterprise Grant

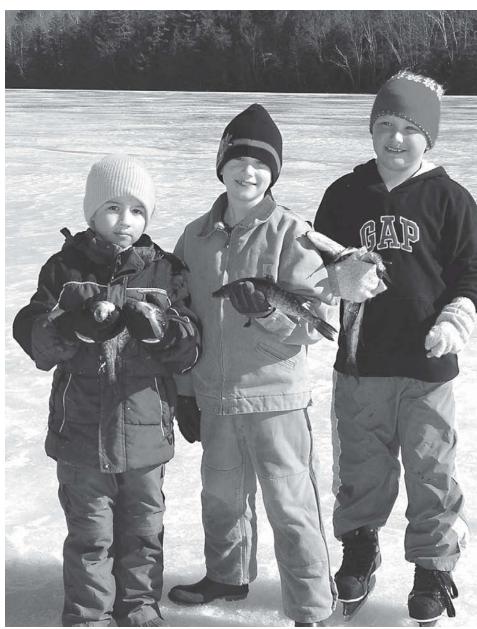
In an effort to assist some of its smaller businesses, the City of Belfast is attempting to obtain a \$150,000 Community Development Block Grant (CDBG) Micro-Enterprise Assistance Grant. In order to identify potential business grant/loan applicants and to involve downtown and local businesses in developing the project, the City of Belfast, in conjunction with the Belfast Area Chamber of Commerce, the Belfast Creative Coalition, and Our Town Belfast, is holding a workshop at 6 p.m. on Thursday, February 21, at the offices of Our Town Belfast (The Mall on High Street, 171 High Street, Belfast, Suite #6). The workshop is free.

If the grant is received, it would be used to provide loans or grants to Belfast businesses to be used for working capital, interior renovations and/or exterior improvements. The assistance would be limited to businesses that have five or fewer employees (micro-businesses); are owned by one of the employees, whose family income is determined to be low-to-moderate (for a family of four, for example, that would be \$42,700 or less); or in the case of exterior improvements, the building space is designated as blighted.

Belfast Economic Development Director Thomas Kittredge says, "We really want to hear from any business in Belfast that may be interested in accessing this program.... This is one of the few programs out there that can provide direct financial assistance to a micro-business."

For more information, contact Kittredge, at 338-3370, extension 16, economicdevelopment@cityofbelfast.org, or visit www.cityofbelfast.org/micro-business.





Children's Ice Fishing Day Feb. 16 in Waldoboro -Lincoln County Fish & Game Association and Medomak Valley Land Trust will cohost the fifth annual Youth Ice Fishing Day, this year at Kalers Pond in Waldoboro on Saturday, February 16, free and open to the public. Children under 16 are invited to try their hand at ice fishing with help from seasoned fishermen and women. All necessary equipment (tip-ups, bait, etc.) for a day of ice fishing will be provided. Fishing will begin at 8 a.m, and a barbecue lunch will be served from 11 a.m. on. Kalers Pond is off Route 1 in Waldoboro, behind Dow Furniture. For more information, call 832-5570 or e-mail volmvlt@midcoast.com.

Horns, Hooves, Flippers & Fins — Free Family Day February 23 at **Arctic Museum in Brunswick**

Bowdoin College in Brunswick, will host a family day, free and open to the public, devoted to learning about amazing Arctic animals, on Saturday, February 23, from 10 a.m. to 12:30 p.m. The day will feature a variety of activities, including making a tum-

The Peary-MacMillan Arctic Museum, at bling polar bear cub toy, a dancing caribou puppet, and a fast-moving toy seal.

> All activities will take place at the Peary-MacMillan Arctic Museum, located in Hubbard Hall on the Bowdoin College campus. For more information, call the museum, 725-3416.

Workshops for High School Students in Digital Imaging, Altered Maps

The Farnsworth Art Museum will host two vacation week workshops — in digital imaging and creating art that reinterprets and incorporates maps — for high school students at the museum's Gamble Education Center. Both courses will be held at the center at Grace and Union streets in Rockland on afternoons from Monday, February 18, to Friday, February 22.

In Made & Found, led by Deanna Witman from 1 to 4 p.m., students will use digital cameras and iMacs to create images combining handmade art, found objects and digital photographs. The class is open to 15 students; cost is \$60 for members, \$75 for non-members.

An Altered Maps workshop from 1 to 4:30 p.m., led by Alexis Iammarino, will combine exercises in mapping, writing and visual art to guide participants in creating altered maps as a personal expression. Techniques used to alter and/or create maps will include gouache, watercolor and acrylic paints, and mixed-media collage. The class is open to 15 students; cost is \$85 for members, \$103 for non-members.

For more information on either course, or to sign up, call Kelly Finlay in the Education Department at 596-0949 or visit www.farnsworthmuseum.org/education.

Rockland Middle School Students Raise Money for Hurricane Relief

Rockland District Middle School students recently collected and donated over \$500 to the American Red Cross of Maine to help Hurricane Sandy relief efforts.

Students from each homeroom at the school held a friendly competition to see who could collect the most spare change and raised a total of \$507.12, with social studies and reading teacher Rachel Campbell's seventhgrade homeroom class winning the competition with a total of over \$200 collected.

Campbell says, "I'm so proud of the entire school for raising money for such a great cause and for communities that really need it. The kids know that they helped make a difference, and that's what mattered to them! I'm so proud to be their teacher and to be a part of this charitable community."

The Red Cross depends on volunteers and the generosity of the American public to perform its mission. For more information, visit redcross.org.

Farnsworth to Hold **Vacation Week Art** Camp

The Farnsworth's Art Museum in Rockland will hold a vacation week Art Camp for children ages 5 to 8 at the museum's Gamble Education Center from 9 a.m. to noon on Monday, February 18, through Friday, February 22.

Instructor Trelawney O'Brien will lead sessions in making masks, making handmade birdfeeders, building snow sculptures, dying T-shirts, collaging, sculpting clay and marbling paper.

The course is open to 10 students. The cost is \$120 for members, \$150 for non-members, and scholarships are available.

For more information or to sign up, call Kelly Finlay in the Education Department at 596-0949 or visit www.farnsworthmuseum.org/education.

The Gamble Center is located at the corner of Grace and Union streets in Rockland. O'Brien currently teaches at Rockland



Middle School through the RASA After-School Art Program, and was an instructor and head of art camps through Splatter Kids at the Lincoln Street Center.

Penguin Week, Visiting Reptiles at Children's Museum in **Rockland**

During February school vacation week, the Coastal Children's Museum, 75 Mechanic Street in Rockland, will host a weeklong salute to penguins, as well as a hands-on introduction to friendly reptiles on Thursday, February 21.

For Penguin Week, the museum will be transformed into a Penguin's Paradise with special activities, exhibits and arts and crafts, all inspired by the flightless Antarctic birds.

Scales and Tales: Amazing Reptiles, for children age 3 and up, will be presented by the Chewonki Foundation on Thursday, February 21, from 11 a.m. to noon in the Sail, Power & Steam Museum, upstairs

Carolina the Eastern box turtle may be

one of the four reptiles to visit the Coastal Children's Museum. PHOTO COURTESY CHEWONKI FOUNDATION

from the Children's Museum. Four live nonreleasable reptiles will illuminate the differences between reptiles and other animals and teach children about their unique adaptations for survival. The show is free for museum members; tickets for the show are \$5 per person for non-members and include admission to the museum after the show.

To reserve space in either program, e-mail info@coastalchildrensmuseum.org or call 596-0300.

During school vacation week —

Hula-Hooping, Story Times, Origami at Belfast Library

Belfast Free Library will host special activities for kids and parents during February vacation, all free and open to the public. Kids age 6 and up are invited to a hula-hooping class with instructor Jude Tingley on Tuesday, February 19, at 2 p.m.; hula hoops will be available for purchase. On Thursday, February 21, Colby Houghton will show those age 8 and up how to use minds and fingers to create beautiful objects with origami. Regular story times will be held on Tuesday at 10 a.m. for infants up to age 2, and on Friday at 10 for those age 2 to 4+. For more information, contact the library at 338-3884, extension 24.

Whimsical Recycled Creatures to Star in (Exhibit and ArtLabs for School Vacation Week -

Center for Maine Contemporary Art (CMCA), 162 Russell Avenue in Rockport, will present a special exhibit and daily ArtLab workshops during school vacation week, Monday through Saturday, February 18 to 23. The exhibit, The Recycled Menagerie, features whimsical creatures (one shown here) made almost entirely from recycled materials, created by the late Joel Glassman of Camden. The show will be on view from 10 a.m. to 4 p.m. each day. Visitors can also create their own fanciful creatures inspired by the

exhibit from 2 to 4 p.m. each day in CMCA's ArtLab, which will be stocked with "upcycled" materials. Participants may bring their own bits and pieces to use as well. Admission to The Recycled Menagerie and ArtLab workshops is free of charge, though donations are gratefully accepted. For more information, visit cmcanow.org.

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Still from "Detropia" PHOTO: TONY HARDMON

"Detropia" at the Strand February 17

The Strand Theatre in Rockland will conclude its Sunday series of this year's Oscarnominated documentaries at 3:30 p.m. on February 17 with "Detropia," a dreamlike collage portrait of today's Detroit.

Over the last century Detroit experienced the great migration of African-Americans escaping Jim Crow, the rise of manufacturing and the middle class, the love affair with the automobile, the flowering of the AmeriLast one in Strand's Oscar-nominated documentary series

can Dream, and the collapse of the economy and the fading of the American myth. Now Motor City is trying to survive postindustrialism, as "soulful pragmatists and stalwart philosophers" begin to envision a radically different future.

Tickets are \$8.50 for adults, \$7.50 students and seniors. For more information, visit www.rocklandstrand.com or call 594-0070, extension 5.

Strand to Host Free Red Carpet Oscar Viewing Feb. 24

The Strand Theatre in Rockland invites the public to walk the red carpet for Hollywood's biggest awards show Sunday, February 24, presented live on the Strand's big screen in HD.

Those wishing to "dress to impress" are encouraged to do so. Audience members will be invited to fill out a ballot with their predictions of the night's winners for a chance to win a night at the movies for two.

The Strand bar will be open for patrons 21 and up. Doors open at 6:30 p.m. The Red Carpet Preshow starts at awards begins at 8:00 and

p.m.; coverage of the

continues until the last statuette is presented. For more information, visit www.rocklandstrand.com, call 594-0070, or email info@rocklandstrand.com.

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Free Saturday Supper at St. Giles' in Jefferson

St. Giles' Episcopal Church in Jefferson is hosting its second free supper of the season for midcoast residents, on Saturday, February 16, starting at 5:30 p.m. The menu will be baked ham and homemade casseroles.

St. Giles' is hosting the suppers as part of its outreach effort on one Saturday evening each month from January to May. All are invited for simple, hearty fare served in the parish hall. Subsequent dates are March 16, April 20 and May 18. No reservations are needed.

St. Giles' is on Route 126, the Gardiner Road, one-quarter mile west of the intersection of 126 and Route 213, the Bunker Hill Road, in Jefferson.



Kitchen crew members Debbie King and Paul Fuller setting up for the previous St. Giles' supper, in January.

Belfast Girl Scout Troop Holding Bottle Drive

Girl Scout Troop 521 is holding a bottle-can drive. Returnable cans and bottles can be dropped off at the Waldo Avenue Redemption Center in Belfast; just let the center know that the proceeds should be credited to the the Girl Scout account. For more information, call Lynnette, 338-5164.

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Preview February 20 of Wiscasset's Museum in the Streets Project -

Ed Kavanagh will give a preview of Wiscasset's Museum in the Streets project at the offices of the Sheepscot Valley Conservation Association, 624 Sheepscot Road in Newcastle, on Wednesday, February 20, beginning at 6:30 p.m. (Snow date is Friday, February 22, same time; in case of bad weather, check WCSH-TV Channel 6.) Suggested donation is \$5. Kavanagh is chair of the project, which plans to place 33 permanent photo and text panels around Wiscasset village to enable visitors and residents alike to undertake self-guided walking tours of historic village locations and buildings. Wiscasset will be joining a number of other Maine towns, including Belfast, Searsport and Thomaston, that have Museum in the Streets displays. For more information, visit www.sheepscot.org or call 586-5616. Shown here, Lincoln County Courthouse, behind stagecoach; on the right is a residence standing on what became the right-of-way for Wiscasset's first "bypass."

Supper, Silent Auction to Benefit Appleton Fire Dept. Member

The Appleton Volunteer Fire Department will hold a supper and silent auction on Saturday, February 23, from 4:30 to 7 p.m. at the Appleton Village School to benefit Steven Billiat, a member of the fire department, who has been diagnosed with advanced cancer. Chef Randy Rickards of Appleton Baptist Church will prepare a spaghetti supper with all the fixings, and all desserts will be homemade by community members. Minimum donation requested is \$8 per adult, \$5 per child under 12, or \$25 per family.

The silent auction will feature a wide range of items and gift certificates. The supper and auction are supported by Appleton Volunteer Fire Department, Appleton Baptist Church, Union's Boy Scout Troop 207 and local businesses. To donate an item to the silent auction, contact John Metcalfe at 785-4531. Snow date is March 2.

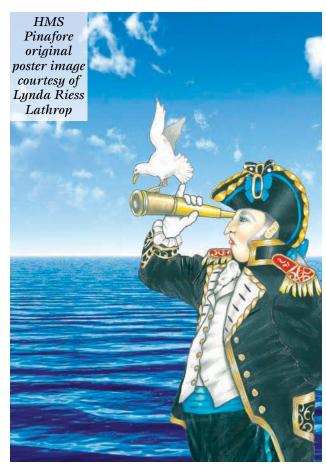
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DaPonte to Join Orchestra for LCCT's Production of HMS Pinafore

Lincoln County Community Theater (LCCT), the resident theater company at Damariscotta's Lincoln Theater. will present HMS Pinafore, with three performances only the weekend of March 8.

For LCCT's production, the company is continuing the tradition of hiring orchestra members and is working to put together an ensemble of professional and amateur musicians. As part of that, the DaPonte String Quartet will be joining the group of 13 instrumentalists as the core of the "Never Never Sick at Sea Symphony Orchestra."

LCCT has also inaugurated a crowd-funding project through www.rockethub.com to underwrite the purchase of the orchestral music and to support the musicians. The theater company has launched a "commissioning the orchestra project" in the hopes of raising \$5,000 and is asking those who care about wonderful music to join as commissioners. More information on LCCT's crowd-funding project can be found at www.rockethub.com/projects/15897-commissioning-lcct-s-never-never-sick-at-sea-symphony-orchestra, or go to www.rockethub.com and search for LCCT.

Benefit Blues Bash at Point Lookout

A Beat the Winter Blues Bash to benefit the Restorative Justice Project of Midcoast Maine (RJP) will take place at Point Lookout, Route 1 in Northport, on Saturday, March 2. Specialty foods and a cash bar will be available starting at 7 p.m., the Juke Rockets blues band will play dance music from 7:30 to 11, and raffles will be held.

Food and drink will be provided by area restaurants, including In Good Company, Belle the Cat, Café Miranda, 3 Dogs Cafe, Fresh Restaurant and Bakery, the Belfast Coop, Green Bean Catering and Atlantic Baking Company. Event sponsors are Bangor Savings Bank, Cold Mountain Builders and Viking Inc.

Tickets, \$25, are available at the Rockland Grasshopper Shop, Belfast Green Store and Camden HAV II. For more information, call RJP, 338-2742, or e-mail Wendy Watson, wendy@rjpmidcoast.org.

Music for a Sunday Afternoon in Camden

Dorothy Koski and Barbara Marsh will present their tenth organ and piano concert at the John Street United Methodist Church, 98 John Street in Camden, on Sunday, February 17, at 3 p.m. The program includes selections by Utterback, Mozart, Massenet and Mendelssohn. A free-will offering benefits area food pantries.

Second Sunday at Harbor Square

Harbor Square Gallery's Second Sunday musical performance by John & Rachel Nicholas with special guest David Dodson will take place on February 17 from 1 to 3 p.m. at the gallery at 374 Main Street in Rockland. For more information, call 594-8700 or go to www.HarborSquare-Gallery.com.

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Lincolnville: Ducktrap Harbor — waterfront condominium, 3 BR, 3-1/2 BA w/expansive decks overlooking Penobscot Bay. Steps to the dock. 1/2 mile to restaurants & shops at Lincolnville Beach. \$576,000



Rockport: Eastward. 2 BR. 2 BA condominium in the ca. 1880 Estate House. Outstanding ocean views from every room. One-of-a-kind residence. Significantly reduced to sell.



Rockport: 2 BR cottage high above the shore with long view of the bay, islands and Indian Island Light. 2 Firelpaces, Barn/Garage, workshop - generous 2 acre lot.



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Spruce Head, Re-built cottage Southerly facing at water's edge with wharf. 2 BR, 2-1/2 bath, hardwood floors, antique beams, fireplace, large deck looks to year-round lobster boat activity and open ocean. Minutes to Rockland. \$595,000



Spruce Head: Atlantic Ouarry Road: Rare, 2 BR rustic cabin at water's edge w/large deck. May be expanded 30%, or rebuild a new home on this site, 100' on the shore. South facing for cool summer breezes. Private location. \$189,000



Spruce Head: Harrington Cove - custom built single floor 3 BR 2 1/2 BA home on 3 acres with 350+ feet on the shore. Attached heated 2 car garage, workshop. Private location close to Rockland and Peninsula villages. \$349,000



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Barra MacNeils to Perform in Unity — The Barra MacNeils, six siblings from Cape BretonIsland, Nova Scotia, will perform at Unity College Centre for the Performing Arts, 42 Depot Street in downtown Unity, on Tuesday, February 19. The show starts at 7 p.m.; tickets are \$25. The family members play a variety of acoustic, stringed, percussion and wind instruments blended with dancing, storytelling, Gaelic songs and a journey through an ancient culture. For more information or to purchase tickets, visit www.uccpa.unity.edu or call 948-7469.



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For help in applying or for more information about Social Security benefits please call me on (207) 596-0015 or email egstuartesq@gmail.com









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Researcher to Discuss Critical Habitat in the Gulf of Maine for Migratory

Songbirds — Mid-Coast Audubon and the Camden Public Library will cosponsor a talk by Jennifer McCabe on critical habitat for migratory songbirds in the Gulf of Maine, at the library on Thursday, February 21, at 7 p.m., free and open to the public. McCabe, a graduate student at the University of Maine, is researching which island habitats best support



migratory songbirds in the Gulf of Maine flyway and will discuss results from her first field season. The talk is part of Mid-Coast Audubon's speaker program, held at the library every third Thursday of the month. For more information, visit www.midcoastaudubon.org. Pictured here, a Wilson's Warbler. PHOTO: KRISTIN PENNOCK

Trip to Plum Island Departs February 23

Mid-Coast Audubon will lead a two-day field trip, on Saturday and Sunday, February 23 and 24, to the legendary bird viewing areas of Plum Island and Cape Ann in northeastern Massachusetts.

Led by Dennis McKenna, the birding group will carpool from Hannaford's parking lot in Damariscotta at 6:30 a.m. on February 23. Last year the trip yielded sightings of a Snowy Owl (pictured here), an Iceland Gull, Harlequin Ducks and a Razorbill. Possible birds this year include Western Grebe, Snowy and Short-Eared Owls, White-Winged and Red Crossbills, Harle-

quin Ducks and Rough-Legged Hawks. Access to areas of the Parker River National Wildlife Refuge may be limited because of the effects of Blizzard Nemo.

Participants will stay at the Fairfield Inn in Amesbury, Massachusetts, on Saturday night.

Since the group will be birding on Plum Island on Saturday, participants should bring a lunch for the first day. On Sunday, February 24, the group will leave early for Cape Ann.

For more information or to sign up for the trip, call Dennis at 563-8439 or 522-2891. The Fairfield Inn will provide a special bird watchers' rate for participants; call the inn at 1-978-388-3400 and cite group code MAIR when registering.

Talk on Lichens at Merryspring February 19 🗕

Professor Steven Selva of the University of Maine Fort Kent will give a presentation on

lichens at Merryspring Nature Center on Tuesday, February 19, at noon. Admission is free for Merryspring members, \$5 for non-members. Selva, who teaches botanical science at the University of Maine Fort Kent, has researched how the age and composition of forests can be determined based on what species of lichen and fungi are present. Merryspring is on Conway Road, off Route 1 by the Hannaford shopping plaza in Camden. For more information, call 236-2239. PHOTO BY KEN-ICHI UEDA



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^{*}Individual results may vary. Invisibility may vary based on your ear's anatomy.

^{**}Sarampalis, A., Kalluri, S., Edwards, B., Hafter, E. (2009, October) Objective measures of listening effort: Effects of background noise and noise reduction. Journal of Speech, Language, and Hearing Research, 52, 1230-1240.

THE FREE PRESS PET ADOPTION PROGRAM

ATTENTION, BUSINESS OWNERS & PET PEOPLE - We need your help with sponsorships for this page. The Pet Adoption page comes out once a month and with your help we can continue to assist getting these loving animals to a good home. Call 596-0055 if you would like to participate. Thank you.

Call Maine Coast Animal Rescue (through Blake Veterinary Hospital) 789-5700



789-5700 66 Atlantic Hwy. **NORTHPORT**

JADA — Perhaps Jada's

gentle nature comes sim-

ply because she is so

beautiful, strong and

confident. This 1-year-

old bully breed integrates

very well with all people,

qualities we look for in a

fine family dog - and a

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children, cats and other

dogs. She has all the

great soul besides.



female spayed 1-2 years old great with dogs/cats/children 542-5750 **EMERGENCY** www.blakevet.com

SHY ANN is a 2-year-old Pit mix now celebrating (?) her one year anniversary at the shelter. We know her well and we adore her. She is an absolutely wonderful dog.

Smart, loyal, and humorous, she has learned basic commands and loves all people. Her great love and addiction is riding in cars. Won't you take her for a spin?

Shy Ann is sponsored by:



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GRACIE — This 2-year-

Rockport, Maine 04856

David C. Olivas, D.D.S.

Ph. (207) 236-4169

Fax (207) 236-2106

old girl is a Lab-beagle cross. She's quite a bit smaller than a full Lab, but she still carries the characteristic blocky head and ear set. Smart and lovable, with a glossy black coat, Gracie is good with children, cats and some other dogs.

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about adopting these pets.

AZTEC is about as darling as they come. Aztec is a yellow Lab cross, 5 months old, good with children, cats and other dogs. He is sociable, friendly, curious and completely entertaining. He will be a wonderful addition to some lucky home.





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RILEY - This little lop-eared girl is colored like a Siamese cat! She is gentle and good with kids. Rabbits can often be boxtrained and can make wonderful



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Call P.A.W.S. Animal Adoption Center at 236-8702 about adopting these pets.

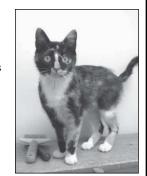
BURT is a handsome and lowkey kind of cat. He likes to sleep all day, have his dinner and then sleep some more. He is friendly and would be OK in a home with another low-key cat.

Burt is sponsored by:



MITSEY is a little kitty looking for someone with a big heart. She is very playful and is always waiting for someone to pat her.

Mitsey is sponsored by:



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ZAPHINE would love it if she was adopted into a home that had lots of windows for her to look out of. She loves to catch a ray of sunshine every now and then. She would prefer a home without



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MR. MOO needs a

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would love to have a

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home had a basement.

house to explore.

mouser if his new

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> RYE is a wonderful cat who really wants out of the shelter. Every time the door to take the opportunity to hang out in the lobby. She is

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friendly, playful and having

one eye doesn't bother her.



CLEO is a young cat who loves everyone. She can't figure out why no one has adopted her yet. She hopes there is someone out there who will fall in love with her and take her

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Applications Being **Accepted** for Next **Oyster-Growing** Class

Applications are available from the Damariscotta River Association (DRA) for its next oyster-growing class, to begin in spring 2014. DRA conducts the hands-on course using a .06-acre area obtained under an experimental aquaculture lease, located in Great Salt Bay outside the marine protected zone.

Benefits to class participants include learning about oyster biology and the estuarine environment, the satisfaction of working on the water with fellow oyster lovers and, as the ultimate reward, eating their own oysters.

The DRA course grew out of a program initiated in 2004 by Dana Morse of Maine Sea Grant, who had seen oystergrowing programs in other parts of the country. He chose the Damariscotta River as the location for an oyster-growing lease. In 2012 the DRA acquired its own experimental aquaculture lease and, according to Morse, "the baton was handed off" to that organization.

The class that is currently under way begin in late winter 2012, when DRA Education Coordinator Sarah Gladu sought applicants for the new program. The six individuals who responded came from towns including South Bristol, Portland, Chebeague Island and Friendship, and included a retired lawyer, a teacher and a retired nursing-home administrator. One applicant, Nelson Marass from Raymond, lat-



Oyster Gardening students during a work session on the river in 2012 PHOTO: CHRISTINE PRESTON

er decided to move to West Bath to complete the program and become a commercial oyster farmer.

The course begins with several weeks in the classroom, learning about all aspects of the oysters., including their role in the ecosystem. According to Dick MacKenzie, one of the class members, "I was amazed to learn about the remarkable filtering system of oysters. One film showed an algaeriddled tank cleaned to clear water within minutes by the action of oysters!'

After several weeks in the classroom, each class member purchased over 500 seed oysters and began the process of growing them in the shallow area in Great Salt Bay. The oysters are currently "resting" at the bottom of the river in front of University of Maine's Darling Marine Center. In spring the students will move them back to Great Salt Bay and tend them there for the next two years.

For more information about the class, call 563-1393 or visit www.damariscottariver.org.

Registration Open for Archaeology Field School This Summer on Damariscotta River

Damariscotta River Association's (DRA) Archaeology Field School has added an additional week to its summer 2013 schedule, for a total of four weeks. Participants may

take part in one or more one-week session, assisting archaeologist Tim Dinsmore on the 18th-century Bryant-Barker Tavern site on the bank of the Damariscotta River in Newcastle. Field School session dates are July 8 to 12, July 15 to 19, July 22 to 26, and July 29 to August 2.

Experience among participants in past years has ranged from first-timers to seasoned excavators; minimum age to attend is 14. Early reg-



gist Tim Dinsmore; left, at the Bryant-Barker Tavern site; right, Dutch fireplace tile recovered from the site

quickly. Pre-registration and a \$100 deposit are required. Those signing up for multiple weeks receive a discounted rate. Scholarships are available. For more information and to download a registration form, go to www.damariscot-

tariver.org or call 563-1393.

This year's goal is to excavate an area in what was the Revolutionary War-era tavern's front yard. The tavern building also served as home to the Bryant family, who operated one of the first shipyards on the Damariscotta River. In addition to learning field aspects of archaeology, participants will study Bryant's 1772 probate inventory to understand the importance of historical documents in understanding the past.



Five Town Adult Ed Offers 70+ Classes After **School Vacation**

Five Town CSD Adult and Community Education has a wide range of classes beginning in the weeks between February and April school vacations. The nearly 80 scheduled classes include Photoshop, Cake Decorating, Permaculture, Acting, Homeopathy, Furniture Refinishing, Magic, Origami, Hooping, Post-

Oil Economy, Bead Stitching, Self-Publishing, Knitting, College 101, Cooking (four different classes), Sustainability, and Painting and Dance (three different classes). Most classes will be held at Camden Hills Regional High School, 25 Keelson Drive in Rockport. For more information, call 236-7800, extension 5, or visit www.fivetowns.maineadulted.org.

Worm Workshop at Merryspring Gardens on February 23

Jock Robie of Mainely Worm Bins will lead a three-hour workshop on vermiculture, the composting of waste using earthworms, at Merryspring Nature Center on Saturday, February 23, from 9 a.m. to noon. Cost of the workshop is \$10 for Merryspring members, \$15 for non-members. The session is limited to 15 people and pre-registration is required; contact Merryspring at 236-2239 or e-mail info@merryspring.org.

Robie will discuss vermiculture, an ecologically sound, odorless way to break down kitchen waste into helpful soil amendments that can be done indoors on a small scale. Participants will finish the day by constructing their own worm bins. Worms will not be provided, but information will be given on how to obtain them, as well as assistance for new worm farmers. The class is part of the Weekend Workshop series at Merryspring, sponsored by Camden Real Estate.

Five Town Adult Ed Offering Many Gardening Classes

Five Town CSD Adult and Community Education will offer several gardening classes over the coming months; nearly all will be held at Camden Hills Regional High School, 25 Keelson Drive, Rockport.

Bob Emmons, former professor of plant science at the State University of New York, will hold a class on Selecting Vegetable Varieties on Tuesday, February 26, from 6 to 8 p.m. Emmons will also teach Soils and Fertilizers on Tuesday, March 12, Gardening Myths and Mistakes on Tuesday, March 26, and Lawns on Tuesday, April 9.

Certified Master Gardener and Fedco grower Sharon Turner will teach two classes, Plan — Garden — Cook — Eat!, covering the gamut from seeds and seedlings to enjoying the things you've grown, and Designing Your Landscape, a class that will allow participants the opportunity to travel to each others' property, where individual plans will be developed.

Two seed starting classes will be given this spring — Tomato Seed Starting by tomato expert Sharon Stone on Monday, March 18, and Starting Seeds on Monday, April 8, by Jeanne Hollingsworth of Camden's Garden Institute.

Pruning Fruit Trees will be held on Saturday, March 30, at Hope Orchards, and a course on the growing trend of Permaculture will be led by permaculture designer Jesse Watson in a four-week class beginning Thursday, March 7.

Grow Your Own Organic Garden, a popular course each year presented by Maine Organic Farmers and Growers Association, will held on Wednesday, April 3.

Three additional garden-related classes will also be offered. Ergonomics for a Healthy Gardener, a two-week workshop with physical therapist Dr. Katie Snow, begins Thursday, March 14. Microgreens expert Toni Sanchez will teach a two-night class, Sprouts and Microgreens, on Tuesday and Thursday, April 2 and 4. Backyard Chickens will be taught on Thursday, March 21, by Sarah Ruef-Lindquist, a chicken owner who was instrumental in changing Camden's zoning ordinances to allow small flocks of chickens.

To register or for more information, call Five Town CSD Adult Ed at 236-7800, extension 5, or visit www.fivetowns.maineadulted.org.

Dog Obedience Classes Start February 18 and 19 at Damariscotta Y

Dog obedience classes at three levels will begin on February 18 and 19 at Central Lincoln County YMCA in Damariscotta. The Beginner, Intermediate and Canine Good Citizen courses, each lasting five weeks, will be taught by Jean Conte, who has been training dogs for over 30 years.

In the Beginner class, on Mondays at 6 p.m. starting on February 18, basic commands will be taught, including sit, come when called, sit stay, onlead heeling, and down stay. The class will help improve social behavior with other dogs, puppies and people.

The Intermediate class, on Mondays at 5 p.m. starting on February 18, continues with basic commands taught in the Beginner class with the aim of

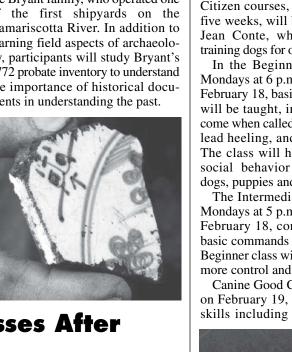
more control and a better working relationship.

Canine Good Citizen, on Tuesdays at 5:30 p.m. starting on February 19, will teach the dog and owner important skills including accepting a friendly stranger, walking

through crowds, sit stay, come when called, reactions to other dogs, distractions and supervised separation.

In addition, Have Fun with Your Dog, at 6:30 p.m. on Tuesdays, will allow dogs to enjoy the Y's open space, tunnels, slides, hurdles and more. Cost for each class is \$65 for members, \$85 for non-members. All dogs must have their shots up to date in order to participate in the program. To register or for more information, visit www.clcymca.org or call 563-3477.





Anthony's Best

A Picture Book about Asperger's by Davene Fahy

Review by Georgeanne Davis

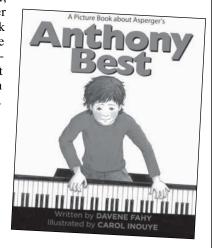
Anthony Best is the second book about ways of looking at children with different abilities by the team of speech therapist and special education director Davene Fahy and illustrator Carol Inouye, both Thomaston residents.

Their first, Charlie Who Couldn't Say His Name, is the story of a little boy whose inability to pronounce his name is a source of constant frustration until, with help from a speech therapy program at school, he learns to speak clearly. In the newest effort, Anthony Best, we meet Anthony, a little boy with Asperger's syndrome, which makes him see the world in a different way. He screams at loud noises, flaps his hands when he's happy and doesn't look at his friends when they talk to him. But Anthony is also different from other children in another way — he is a prodigiously talented pianist.

In both of her books, Fahy gently points out that everyone has traits that make them unique, and that it's those traits that make us special. The books reassure some young readers that they can overcome their problems and provides examples of ways to be inclusive for children who might not be as accepting of others.

Both the writing and illustrations are clear and

straightforward, working together to create a book that will engage children and provide an important lesson, but not in a heavy-handed, preachy way. It's a good choice for a read-aloud book for preschoolers, and for young children who have learned to read for themselves.



Discussion of Book of **Job to Begin Left Bank Books Lyceum Series**

Left Bank Books, 109 Church Street in Belfast, will launch its fifth annual Winter Lyceum series of informal Sunday afternoon talks with "The Book of Job: Annotated and Explained," with Oxford University Press Bibles editor Donald Kraus on Sunday, February 17, from 3 to 4:30 p.m. There will be four more talks in the series held at the bookshop through April, all free and open to the public. All

of the talks will be informal with time for questions and discussion at the end, as well as refreshments.

The Book of Job "was written in a world very different from our own," says Kraus, "yet the questions it raises are ones we still grapple with today: Does life have a meaning beyond itself? Is it worthwhile to act for the best? Why do the righteous suffer and the guilty prosper?" Kraus will base his talk on his own new translation of the Book of Job (Skylight Paths Publishing); copies will be available for sale at the talk, and may be reserved in advance.

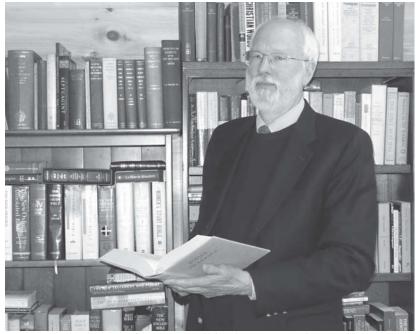
The series of talks is a revival of the "lyceum" tradition popular in the 1800s, in which speakers of both local and national importance presented topics of interest.

Subsequent talks in the Left Bank Lyceum series will be: Sunday, March 3: "How to Feed Yourself in the Antarctic" with Jason Anthony, author of Hoosh: Roast Penguin, Scurvy Day and Other Stories of Antarctic Cuisine;

Sunday, March 17: "Stories of Ireland and America" with novelist Peter Behrens, author of The O'Briens and The

Sunday, April 7: "Amazing Polyglots!" with Michael Erard, author of Babel No More: The Search for the World's Most Extraordinary Language Learners; and

Sunday, April 21: "My Ghana Adventure (on Bad Roads with a Very Weird Business Plan!)" with Max Alexander, author of Bright Lights, No City and Man Bites Log.



Donald Kraus will be the first speaker in this winter's Lyceum series at Left Bank Books in Belfast.

February 28 in Damariscotta —

Maine Women Write Book Club Meeting

The Maine Women Write Book Club lunches, hosted by Maine Coast Book Shop in Damariscotta, will open the 2013 season on Thursday, February 28, at noon at the Firehouse Gallery in Damariscotta with a lunch, discussion and reading with Barbara Walsh, author of August Gale, A Father and Daughter's Journey into the Storm.

Sixty-eight years after the hurricane that claimed several of her ancestors. Walsh went to Newfoundland with her father to search for memories of the August gale and the grandfather who abandoned her dad as a young boy.

Reservations are required; call or drop by the book shop, 563-3207. The \$12 cost includes lunch, with choice of sandwich or hot entree, coffee, tea or juice, catered by the Damariscotta River Grill.

The Maine Women Write Organization was founded in the fall of 2011 with a mission to promote Maine women writers, storytellers and poets. One author will be featured at each of the monthly club lunches through June.

K

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... and SAVE THE DATE for our second Lyceum on Sunday, March 3, when

JASON ANTHONY

Author of "Hoosh: Roast Penguin, Scurvy Day and Other Stories of Antarctic Cuisine" will talk about

"How to Feed Yourself in the Antarctic!"

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THE READING CORNER **RECOMMENDS...** Books to

please your Valentine on February 14.

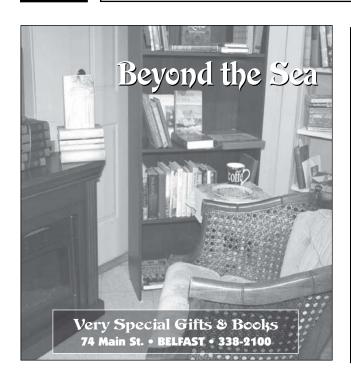
For the ladies: Mrs. Lincoln's Dressmaker by Jennifer Chiaverini. Chiaverini brings history to life, illuminating the relationship between Elizabeth Keckley and Mary Todd Lincoln. Keckley was born a slave and came to Washington, D.C., after earning her freedom with her needle skills. When the Civil War began, Keckley remained in D.C. and became dressmaker to Mrs. Lincoln and an intimate of the family.

For the men: Francona, The Red Sox Years by Terry Francona and Dan Shaughnessy. Francona opens up about his tenure as manager of the Boston Red Sox during the epic years of 2004 to 2011. Readers will be treated to neverbefore-told stories about their favorite players, moments, losses, and wins.

For the little ones: Choose from board books, sticker books, picture books, chapter books, and old favorites.

Have a Happy Valentine's Day!

В 0 K Н



EFT BANK BOKS

Please join us this Sunday Feb. 17 at 3 p.m. when

Donald Kraus

Bibles Editor at Oxford University Press talks about his newest project

"THE BOOK OF JOB: **Annotated & Explained!**"

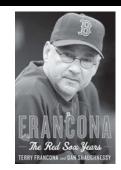
- The first talk in our "Winter Lyceum" series!

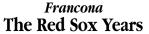
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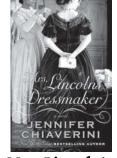
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Rescheduled from February 10 —

Talk on Aspects of Middle Eastern Culture at Cushing Library February 17

A Camden Conference Community Event, Cultural Complexity in the Middle East, originally scheduled for Sunday, February 10, has been rescheduled for Sunday, February 17, from 2 to 4 p.m. in the Cushing Public Library. Patrick Cardon and David Farmer will discuss different aspects of Middle Eastern culture.

Cardon's talk, Living in Egypt: Reflecting on the Past to Illuminate the Present, will present his insider's view of Egyptian and Arab cultures and how to consider them today. Cardon was brought up in Egypt during the time it was transforming itself from a monarchy to a republic managed by the military. He earned graduate degrees in Egyptology and

museum studies and has worked extensively in museums both here and abroad.

Farmer will speak on Rediscovering the Orient: 19th-Century European Artists in Egypt, Turkey and the Holy Land. Napoleon's invasion of Egypt in 1798 opened what Europeans called the Orient (North Africa, Turkey and the Holy Land) for exploration and study, and his presentation will provide a diverse range of resulting images and their historical context. Farmer was founding director and is now director of exhibitions at New York City's Dahesh Museum of Art, with its collection of 19th-century Orientalist art, and is currently an adjunct instructor at University College, Rockland.

Live Radio Coverage of High School Basketball Tournaments Begins February 15

WBYA, 105.5 FRANK FM, Islesboro-Rockland, will cover the high school basketball tournament games involving Eastern Class B schools — Oceanside, Belfast, Medomak Valley and Camden Hills. Coverage will begin Friday, February 15, when the quarterfinals get under-

way at the Bangor Auditorium, and will continue to the State Championship games in Portland on Friday, March 1

Don Shields, Terry Spear and Chris Seavey will be the sportscasters for Tournament 2013.

Singers Invited to Oratorio Chorale Open Rehearsal on February 24

The Oratorio Chorale invites singers to join the group for an open rehearsal on Sunday, February 24, from 6 to 9 p.m. at Midcoast Presbyterian Church, 84 Main Street in Topsham. The chorale is rehearsing for concerts on March 9 and 10, which will include Dvorak's Mass in D, Britten's "Rejoice in the Lamb," Randall Thompson's "Alleluia" and Ivor Davies' "Prayers from the Ark."

The Oratorio Chorale (www.oratoriochorale.org) is an auditioned chorus of about 40 midcoast singers that per-

forms three programs a year at venues in Topsham, Bath, Brunswick, Freeport, Portland and Falmouth. Open rehears- al gives people the opportunity to learn more about the chorus and obtain information about auditions for the upcoming season. Singers would sit with others of their own voice part, and sing or listen, as they choose. All voice parts are welcome.

For more information about the open rehearsal, contact Rachael Bairstow at 329-5708 or rlbairstow@live.com.

Spanish Cooking Class for Kids at Penobscot School -

Nohora Estes and Julie von Kamecke (right and left) will offer a two-part children's cooking class, conducted in both Spanish and English, at Penobscot School this spring. "In La Cocina with Kids," for children up to 8th grade, will take



place on two Saturdays, March 2 and April 6, from 10 a.m. to noon at the school at 28 Gay Street in Rockland. Tuition for the course is \$40; to register, visit www.penobscot.us or call 594-1084. Youth scholarships are available; children kindergarten age and younger must be accompanied by an adult. Estes, who is a native of Colombia and Spanish teacher at the Riley School, says, "The intent of this course is to involve the children in Latin American culture while practicing Spanish language and having fun. Our first class will focus on recipes with rice." Von Kamecke founded the Spanish program at Camden-Rockport Elementary School, where she is known as "Señora V."

She still teaches Spanish there for grades K through 4, and serves as the chair of Penobscot School's Board of Trustees.



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Classes at Waldo **County Hospital** on Foods That **Prevent and Fight Cancer**

Food for Life nutrition and cooking classes focusing on foods that prevent and fight cancer will be offered in the Education Center at Waldo County General Hospital on four Wednesdays, March 6, 13, 20 and 27, from 5:30 to 7:30 p.m. Participants will get to sample a number of recipes. Cost of the four-class series is \$80 per person. Scholarships are available for patients in cancer treatment or caregivers of patients in cancer treatment. To sign up or for more information, call Barbara Crowley at 930-2650 or e-mail bcrowley@wcgh.org.

The classes will be taught by MiMi McGee of Appleton, who has a culinary arts degree from Johnson & Wales University and is a Food for Life cooking instructor for The Cancer Project. The Cancer Project is a program of the Physicians' Committee for Responsible Medicine, a national, physician-led nonprofit that promotes disease prevention and survival through an outreach program of plant-based nutrition education.

The four classes will be: • Introduction to How Foods Fight Cancer: the right food choices that can help reduce the risk of developing cancer, as well as overcome the disease after it has been diagnosed.

• Fueling Up on Low-Fat, High-Fiber



MiMi McGee

Foods: steering clear of meat, dairy products, fried foods and other fatty fare by learning how to prepare low-fat dishes made from whole grains, legumes, vegetables and fruits.

• Discovering Dairy and Meat Alternatives: research shows that people who avoid meat and diary products are much less likely to develop cancer. This class will explore vegetarian sources of protein.

 Cancer-Fighting Compounds and Healthy Weight Control: studies show that slimmer people are less likely to develop cancer, and that trimming excess weight may also improve survival after a cancer diagnosis. This class will teach how to maintain a healthy weight and a cancer-fighting nutritional regimen.

Talk on Herbs for Good Health at Belfast Garden Club

The February meeting of The Belfast Garden Club on Tuesday, February 19, at St. Margaret's Episcopal Church Parish House, 95 Court Street in Belfast, will include a presentation and discussion. "Herbs for Good Health," with herb specialist Joan Willey. The speaker will begin at 2 p.m., following the public club business meeting, which starts at 1 p.m.

Willey has studied herbs for more than 20 years. She and her daughter, Fran Clementson, also of Belfast, had a small herbal tea and salve business in Annapolis, Maryland.

The program is free and the public is welcome. For more information, call Corliss Davis, 930-3562, or go to www.belfastgardenclub.org.

Bagnulo Presents Part 3 in Whole Foods, Plant-Based **Diet Lecture Series**

Nutritionist John Bagnulo will present a Nutrition Game Plan on Tuesday, February 19, from 6:30 to 8 p.m. in the Community Room at the Penobscot Bay YMCA in Rockport.

In this third talk in his whole foods, plantbased diet lecture series, Bagnulo will talk about how to stock your kitchen, how to shop and what to cook.

The program — essentially a how-to guide for those interested in transforming how they eat and feel — is co-sponsored by Pen Bay Healthcare's Picker Family Resource Center and the YMCA.

There is no need to RSVP.

Visit www.penbayhealthcare.org/pickercenter for more information or call 596-

Belfast Girl Scouts to Host Pancake Breakfast February 24

breakfast and silent service auction from 7 to 10 a.m. on Sunday, February 24, at the Redmen Hall (Tarratine Tribe #13), 153 Main Street in Belfast. The cost is \$5 adults, \$3.50 for children age 6 and under. Tickets avail-

Girl Scout Troop 521 will host a pancake able at the door or call Lynnette, 338-5164. for tickets or more information.





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Winter Hours: Wednesday - Saturday from 5 pm. Reservations: 596-7447





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B y now our winter storage vegetables are in short supply, save for onions. While carrots begin to sprout and squashes soften, the onions remain firm and plentiful, which is felicitous, because they are the base of many soups and sauces and can be a meal or tasty side dish. A friend of mine spent a winter in Armenia once during a time of extreme deprivation: no electricity, little fuel, and markets empty. But when the markets offered onions, it was cause to invite friends over for a party, to have, for even a short time, a savory reminder of better times.

In February, we're eating last year's onions as next year's onions are being started from seed. You can grow onions from transplants, which are seedlings started in the current growing season and sold in bunches, available from garden centers or by mail order, or from sets, immature bulbs that were grown the previous year and can be found in bins or packages at garden centers in the spring. But growing onions from seed offers you a wider choice in cultivars, so you can select an heirloom variety or one known to produce very large bulbs. Onions started from seed take up to four months to mature, so gardeners in cold-winter areas need to start onion seedlings indoors now, aiming for a transplant date of early April, or as soon as the ground can be worked. Onions aren't frost-sensitive, so they can be planted well before the last frost date. Further, they are day-length sensitive and will stop growing when the days start to get shorter, so if you want large onions, they need to be planted early.

To start onions indoors, sow the seed in two rows, about a quarter-inch deep, in six-inch-deep containers filled with a good seed-starting mix. Keep the containers warm and the seed-starting mix moist. The seeds may take a couple of weeks to germinate, but be patient. When the greens are

about six inches tall, you should clip the tops to keep the plants a manageable size. The clippings can be used like chives

in soups or salads.

If you have an abundance of last year's onions, try making the sour cream-, bacon- and onion-topped thin-crust pizza known in Germany as Flammkuchen or in France as tarte flambée. It's served in Germany just after the grape harvest, when the new wine is drunk, but you can enjoy it with any light white wine.

Flammkuchen

by Georgeanne Davis

All About

Alliums

1 package pizza dough or homemade equivalent OR one package frozen puff pastry, thawed OR one package large flour tortillas

1 cup sour cream or crème frâiche

1 onion, red or sweet

1 Tbsp. butter

1/4 lb. thick-sliced bacon, cut crosswise in strips

1 tsp. ground nutmeg

salt and pepper to taste

1 clove garlic, chopped

Preheat oven to 425°. Line a baking sheet with parchment paper. Roll out pizza dough as thinly as possible and place on a baking sheet or, if using flour tortillas, cover sheet with overlapping rounds. If using puff pastry, roll to 1/4-inch thickness and place directly on baking sheet. Slice onion into rings and sauté in butter until clear (don't caramelize). Cook bacon until crisp. Finely chop garlic and add it with seasonings to the cream. Spread the cream mixture onto the crust and scatter bacon and onions on top. Bake for 15 minutes. Remove from oven and serve immediately.

FarmShare Program Gearing Up to Supply Fresh Produce to Eligible Seniors

Eligible seniors will be able to get free, fresh and unprocessed fruit, vegetables and herbs from local Maine farmers thanks to Maine's Senior FarmShare program, which is sending out application letters now to farmers who took part in the program in the past. A list of participating farmers is expected to be completed by mid-March. Seniors may contact the Area Agency on Aging at 877-353-3771 to find participating farmers once the list is complete. The list will also be available at www.getrealmaine.com. Qualifying seniors will be able to contract directly with local farmers for pickup or delivery.

To qualify for a Senior FarmShare, a participant must be a Maine resident, at least 60 years old, with a household income of not more than 185 percent of the federal poverty income guidelines. Last year's thresholds were \$20,665 for singles and \$27,991 for a two-person household.

Participating farmers may provide produce in different

ways. Seniors pick it up at a specific farmers' market, or at the farm or farm stand. Some farmers offer home delivery.

Last year, more than 19,000 seniors and 130 farmers took part in the program, which provides \$50 worth of produce to each participant. The program is funded by the US Department of Agriculture (USDA) and administered in Maine by the Department of Agriculture, Conservation and Forestry (DACF). Last year, Maine received just over \$1 million to operate the program. The allocation for this year has not been finalized, but USDA anticipates receiving about \$20 million to run the program nationwide, the same as in

DACF Commissioner Walt Whitcomb says, "Under our innovative approach, farmers receive the \$50 per customer in the spring, so the program provides them with working capital for the summer growing season. And it helps ensure that Maine seniors have access to healthy, nourishing food."

Talk on 19th-Century American Gardening

Terry Hire, a photographer and gardener who lives in Northport, will discuss "The Rise of American Gardening in the 19th Century" on Tuesday, February 19, at 10 a.m. in the Picker Room at the Camden Public Library. The free talk is part of the Camden Garden Club's Winter Horticulture Series. Hire will also show some of his photographs of gardens made on his travels around the country. The Camden Garden Club is entering its 98th year of cultivating the art of gardening, developing and preserving beauty in and around Camden. Meetings are open to everyone and new

> members are always welcome.



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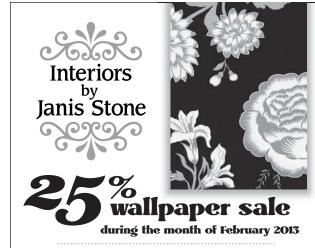
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Faced with last weekend's massive blizzard, the organizers of the 23rd annual U.S National Toboggan Championships, held at the Camden Snow Bowl and scheduled for Friday, Saturday and Sunday, February 8 to 10, decided the show would go on. With 150 toboggan teams already present on Friday, most of the Friday activities went pretty much as scheduled. The organizers cancelled all the Saturday events and decided to combine all the racing into one day, on Sunday, February 10, and, according to the Snow Bowl's Beth Ward, despite the chaos with the weather, it turned out great after all.

Starting at 5 a.m. on Sunday, committee members and volunteers arrived at the Snow Bowl with shovels in hand. Toboggan racing teams began arriving at 6 a.m. to prepare for the start of racing at 8 a.m. By 5 p.m. with a full day of racing over, the award presentations began. Following are the winners in the many championship categories:

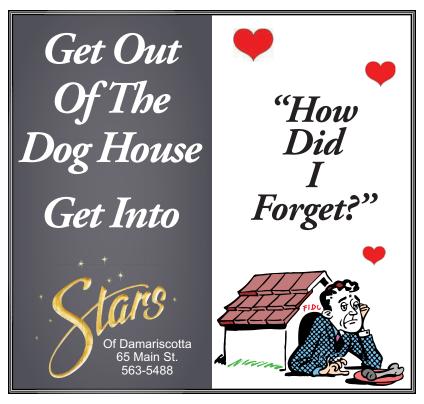
Two-person division: first place went to Fat Bloated Idiots, with a time of 8.89 seconds on the first run and 8.83 on the second one. Second place went to Throbbin Bog-

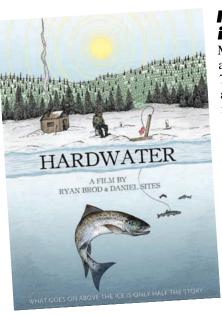
gins 2, at 8.9 and 8.91 seconds. Beer Coasters, at 8.93 and 8.9, took third place.

First place in the three-person sleds went to Absolute Zeros, with times of 8.84 and 8.83. Splittin' Adams took second, with 8.84 and 8.88, and Flying Beer Boys came in third, at 8.87 and 8.88.

Bull Hoss Fusiliers took first place in the four-person competition, with times of 8.82 and 8.84. Spundrunner 4 came in second, at 8.85 and 8.84, while third place went to Southern Comfort, at 8.88 and 8.81.

Section 8, from Thomaston, was the fastest in the experimental category, at 17.59 seconds. Three Hot Women on Wood, from Union, took the fastest female team title, at 8.99 seconds. Fastest kids title went to Rockport Rockettes, at 9.06. The Artickitties from Camden, with a time of 9.00, was the fastest high school team, while the fastest college team was Southern Comfort of Virginia Wesleyan College, at 8.91. The Pennyslvania State Champions had the best-crafted toboggan, and the Royal Dutch National Toboggan Team, from Camden, had the best costume at the 2013 U.S. National Toboggan Championships.





Ice-Fishing Documentary to Be Shown inWaldoboro February 15 —

Medomak Valley Land Trust and Lincoln County Fish and Game will cohost a screening of the Maine-made film "Hardwater" on Friday, February 15, at 7 p.m. at the Village Bakery, 11 Friendship Street in Waldoboro. Food will be available for purchase. Admission is by donation; all proceeds will go to the filmmakers. Copies of the film will be available for purchase. The feature-length documentary directed by Ryan Brod and Daniel Sites pays homage to Maine's often misunderstood ice fishing subculture, showing how a state tradition brings people together during the harshest of seasons.

Himalayan Trekker to Speak in Rockport

Working with Project Himalaya, Kim Bannister leads seven to eight treks per year to places like Nepal, Tibet, Bhutan and Mongolia. As part of the Rockport Public Library's adventure travel series, she will speak at the library on Wednesday, February 20, at 6:30 p.m. A veteran Himalayan trekker, she is also the founder of Kamzang Journeys, which specializes in "off the map" treks and travels in the Himalayas and other nearby destinations.

Hike or Snowshoe in Montville This Saturday

This Saturday, February 16, from 10 a.m. to noon, Sheep-scot Wellspring Land Alliance will host a two-mile family-and beginner-friendly hike in Montville. Snowshoes will be available (sizes range from child to adult) for those who don't have their own on a first-come, first-served basis.

Meet at the Bog Brook trailhead on Halldale Road in Montville. Bring food, beverage, and clothing/ equipment appropriate for the weather. In case of hazardous weather, the hike will be held on Sunday, February 17, at the same time and place. The hike is co-sponsored with the Waldo County Journey to Health Program. For more information, contact Anna at 589-3230 or email swlamaine@gmail.com.

Free Guided Hike in Appleton Marshlands on February 23

A free guided walk/snowshoe hike to the Whitney Bog and Pettengill Marsh in Appleton will be held from 11 a.m. to 1 p.m. on Saturday, February 23, cohosted by Georges River Land Trust (GRLT) and Medomak Valley Land Trust (MVLT). The marsh, easily accessible in winter, contains classic wetland environments and furnishes habitat for waterfowl and rare plants and animals. Snowshoes are advised, depending upon conditions; bring water and snacks. Parking is limited and pre-registration is required; for directions and to register, call Phelps Brown at 785-2040.

The Georges River and the Medomak River, two relatively pristine midcoast watersheds, converge in Appleton at the Whitney Bog/Pettengill Marsh. GRLT and MVLT share an interest in the extensive marsh, since the wetlands are important to both rivers, ensuring high water quality and protection downstream from floodwaters.

The hike follows up on a presentation, "Two Rivers, One Community," made by Annette Naegel of GRLT and Joan Ray of MVLT to the Appleton Historical Society. For more information, visit www.georgesriver.org and www.mid-coast.com/~mvlt/.

ROCKLAND AREA TIDES February 14 to February 21

	High AM	High PM	Low AM	Low PM
Thursday	1:24	1:47	7:35	7:55
Friday	2:09	2:35	8:24	8:42
Saturday	2:56	3:26	9:14	9:31
Sunday	3:47	4:20	10:08	10:24
Monday	4:41	5:18	11:06	11:22
Tuesday	5:39	6:18		12:05
Wednesday	6:37	7:16	12:21	1:03
Thursday	7:32	8:08	1:17	1:56



Land Conservation Groups to Host Hike of Preserve in Swanville February 16 —

Coastal Mountains Land Trust (CMLT) and Belfast Bay Watershed Coalition (BBWC) will host a guided hike of Meadow Brook Preserve in Swanville on Saturday, February 16, from 10 a.m. to 2 p.m. Ellen Skoczenski, CMLT membership coordinator, and Cloe Chunn of BBWC will lead hikers on snowshoes or cross-country skis to explore the 49 acres that lie between Oak Hill Road and the riparian wetlands along Meadow Brook, the primary tributary to Hurds Pond. Participants should be ready for a challenging excursion — the preserve is recovering from a significant timber harvest, and there are no established trails and footing may be uneven. Extra layers and water are recommended. For directions to the meeting location and more information, call 236-7091 or visit www.coastalmountains.org. The hike is held in conjunction with the Great Maine Outdoor Weekend, sponsored by the Maine Outdoor Coalition.

Christine's All-Weather FIELD NOTEBOOK

2/13/13

We got 14 inches of snow last Saturday, according to the official count, though it wasn't clear how accurately it was measured since the snow blew sideways all day and formed sculpted dunes around the pines.

It was as fluffy as feathers and so light that my attempt to go cross-country skiing had me cartoonishly flopping around face-first into thigh-high drifts.

Within hours of the storm, animal tracks crisscrossed the field, revealing what appeared to be a dog on walkabout past the house. His four-toed feet were big and a bit splayed with the points of his claws clear in the snow. His passage was later scrutinized by what was likely a coyote. The four-toed, oval-shaped track was similar to the dog's, but a bit smaller and tighter, the trail purposefully coming out of the woods to follow the dog track before returning to the woods beyond the stone wall.

The coyote may well have been hunting voles, a stocky black short-tailed mouse who travels and lives in the icy catacombs that form where the snowpack meets the ground. There, in what is called the subnivian zone, the temperature hovers around freezing all winter, as long as there is an insulating snowpack, keeping voles relatively protected from hungry coyotes, foxes and owls.

The subnivian highways are clearly revealed as winding tunnel-like paths through fields in April, when the snow melts back.

Christine Parrish is in training to be a Maine Master Naturalist. For more information, see mainemasternaturalist.org.



Talk on Monitoring the Health of the St. George River —

Jon Eaton will give a talk on the chemistry of the St. George River and the Georges River Tidewater Association (GRTA) program that monitors the river's health, at the Town Office in Tenants Harbor on Thursday, February 21, at 7 p.m. Marine scientist Eaton and local volunteers make monthly trips to sample the waters of the river, measuring dissolved oxygen, temperature, salinity and acidity. Too much acidity eats away at the shells of clams, oysters and lobster, and low dissolved oxygen levels affect fish populations; the St. George has been listed by the EPA as having low dissolved oxygen levels. According to GRTA, one cause of the low levels is nitrogen leaching into the river from sources like wastewater and fertilizers. The talk is part of the seventh Winter Series of programs sponsored by the St. George Conservation Committee and the Friends of St. George on regional environmental, economic and natural resources topics. Shown here, GRTA volunteers on a sampling trip last summer.

LUV ME 5K Road Race and Walk Set for Feb. 16 in Rockport

The fourth annual LUV ME 5K Road Race & Walk, to benefit Go! Malawi (www.go-malawi.org), will be held in Rockport on Saturday, February 16. Open to runners and walkers of all abilities, the start times will be 8:45 a.m. for walkers, 9 for runners. The course will be a loop with rolling hills, starting and ending at the Penobscot Bay YMCA, 116 Union Street in Rockport.

Race registration begins at 7:45 a.m. at the Pen Bay Y. Walkers, strollers and well-behaved dogs are welcome. There will be a Couples' Challenge, with a Valentine's package for the fastest couple. As always, costumes are encouraged.

Go! Malawi runner and YMCA Senior Activities Coordinator Sandy Bodamer will host the run, along withGo! Malawi runners Russ Wolfertz, Andrew Bonarrigo, Troy Peasley, Julie Sells and Reade Brower. The Pen Bay Y is host sponsor of the run.

Online pre-registration is available at active.com/5K-race/rockport-me/luv-me-5k-2013. Pre-registration is \$15 for singles, \$25 for couples, \$35 for a family of three, \$10 each additional family member.

Day-of-race registration will be \$18 individual, \$30 couple, \$40 family rate (plus \$10 for extra family members). For more race information, call Julie Sells at 322-0627 or e-mail jksells@yahoo.com.

FORECAST for Knox County

Thursday Night Mostly cloudy, with a low around 27. Light and variable wind becoming south 5 to 7 mph after midnight.

Friday A slight chance of snow showers before 10am, then a chance of rain and snow showers between 10am and 11am, then a chance of rain showers after 11am. Mostly cloudy, with a high near 43. Breezy, with a south wind 13 to 20 mph. Chance of precipitation is 40%.

Friday Night A 30 percent chance of showers. Mostly cloudy, with a low around 34. Southeast wind 10 to 18 mph.

 $\textbf{Saturday} \ \textbf{A} \ \textbf{30} \ \textbf{percent chance of showers.} \ \textbf{Partly sunny, with a high of 37}.$

 $\textbf{Saturday Night} \ \text{Mostly cloudy, with a low around 17}.$

Sunday Sunny, with a high near 25. Breezy.

Sunday Night Mostly clear, with a low around 11. Windy. **Washington's Birthday** Sunny, with a high near 28. Windy.

Monday Night Partly cloudy, with a low around 16. Blustery.

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New Dance Series Begins at the Strand

A new spring HD dance series begins at the Strand Theatre in Rockland on Wednesday, February 27, at 7 p.m. with Don Quixote, performed by the Ballet Opera de Paris. The HD performance was filmed live at the Paris Opera House on December 18, 2012.

The dance series continues on Wednesday, March 27, at 7 p.m. with a never-before-seen high-definition restoration of Rudolf Nureyev's and Margot Fonteyn's tour de force 1966 performance at the Vienna State Opera House of Tchaikovsky's classic ballet Swan Lake.

On Wednesday, April 24, at 7 p.m. a performance by Madrid's Teatro Real of Antonio Gades' ballet Bodas de Sangre/Suite Flamenca (Blood Wedding and Suite Flamenca), based on the play by Federico García Lorca, will be shown at the Strand. The performance was captured live on May 9, 2011, in Madrid.

Performed by the Ballet Opera de Paris, Mahler 3rd Symphony Ballet will be shown at 7 p.m. on Wednesday, May 29. The performance will be captured live on April 18, 2013, at Paris Opera House for a May broadcast.

La Sylphide — a beautiful fairy disappears into the mist; how will the amorous farmer find her again - performed by the Ballet Opera de Paris will conclude the series, on Wednesday, June 26, at 7 p.m.

Tickets are \$15 adults and \$10 students. For tickets or for more information, visit www.rocklandstrand.com or call 594-0070, extension 5.



An HD performance of Don Quixote by Ballet Opera de Paris will open the Strand's new dance series on Feb. 27.

Toboggan weekend performance rescheduled due to storm —

Comedian Juston McKinney Now Scheduled to Appear at Camden Opera House March 2

Former Maine deputy turned comedian Juston McKinney, who was originally scheduled to perform last Saturday at the Camden Opera House, will perform instead on Saturday, March 2, at the Opera House at 7 p.m.

All tickets for the original date will be honored. Those who cannot make the rescheduled date will receive a refund. Those wishing a refund who purchased tickets online should email sdearing@spotlight-solutions.com. If you purchased your ticket at HAV II, return there for your refund. If you purchased your ticket through the Town Office or the Snow Bowl, visit the Town Office weekdays between 9 a.m. and 3 p.m. to receive a refund.

The Camden Opera House is one stop on McKinney's Maine County Comedy Tour, "Deer, Moose, Ticks & Hicks," set to visit all 16 counties in Maine this year. He has appeared in New York City at Comic Strip Live, Stand-up New York, Dangerfield's, Gotham, and Caroline's on Broadway, and has appeared on a half dozen Comedy Central shows. Recently his one-hour special, "Juston McKinney — A Middle-Class Hole," was released by Warner Bros. on DVD/CD.

Tickets (cash or check only) for the March 2 show are available at the Camden Snow Bowl, at the Camden Town Office and at HAV II in Camden. For more information and credit card purchases, go to www.spotlight-solutions.com.

Camden Civic Theatre Dessert Soiree Feb. 16

Camden Civic Theatre (CCT) will host its third annual Dessert Soiree on Saturday, February 16, at 6:30 p.m., on the third floor of the Camden Opera House. Guests will also have the opportunity to meet this year's directors and find out more about auditions and productions. Desserts will begin at 6:30 and entertainment will start at 7, with live music and performers including Beverly Scott, Roger Marcotte, Jessica Moore, Sarah Berry, Savannah Szumilas and Jenni-Lynn Prescott. Admission is a \$10 suggested donation at the door; CCT hopes to turn the event into an annual fund-raiser. If you are interested in donating desserts, e-mail Scott at sastageandscreen@gmail.com. The soiree is handicapped-accessible. For more information, visit www.CamdenCivicTheatre.com.



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We warmly welcome

by Britta Konau

ART ON COAST

New Session **Starting** for Life **Drawing** Group



Starting Tuesday, February 19, the life drawing group that formerly met at Lincoln Street Center for the Arts in Rockland will begin again at their new location in Yvette Torres Gallery, 21 Winter Street in Rockland.

For 12 weeks the group will meet from 6 to 8:30 p.m. and draw from several different models in a progression of pose lengths. The group is informal and fun. No instruction is provided, although artists often stay late and discuss the evening's work. All skill levels are welcome to attend. The group is organized by Andrew White, a local artist who has run the group for the last three years.

Cost is \$140 for the full 12-week session or \$15 for a drop-in session.

River Arts Call for Entries for "Figures and Faces - Animals Included"

River Arts has issued a call for entries for its upcoming juried exhibition, Figures and Faces — Animals Included, to be held from March 8 through April 4 at its new gallery at 241 Route 1, Damariscotta, next to N.C. Hunt Lumber. The show will expand the traditional genre of figurative art to include both human and/or animal subjects.

All media and approaches are welcome, including abstract, photography and sculpture. Artists may submit up to three works (a minimum of two is recommended). Submissions may not have been exhibited at River Arts previously. Artists are encouraged to choose pieces that form an effective group; multiple works by the same artist will be hung together. Submissions must be for sale. Wall-hung work should not exceed 40 inches in height, and for safety reasons Plexiglas or another non-glass option should be used for work over 34 inches, excluding pastels. Each work should be labeled on the back with artist's name

Juror for the show will be Robyn Holman, curator of the Atrium Gallery at University of Southern Maine's Lewiston-Auburn campus. Drop-off dates at River Arts' new premises are Friday, March 1, and Saturday, March 2, from 10 a.m. to 4 p.m. Early submissions are accepted within usual gallery hours. Entry fee for up to three works is \$15 for members, \$20 for non-members. Artists will be notified by e-mail or phone of the juror's decision. Entry forms are available at http://riverartsme.org and at the gallery when submitting. An opening reception will be on Friday, March 8, from 5 to 7 p.m.

For more information, call 563-1507 or e-mail info@riverartsme.org.

Neal Parent to Lead Digital Photography Workshop

Neal Parent will lead a digital photography workshop from March 4 to 8 for intermediate to advanced skill levels. Shooting each day will take place from Schoodic Point to Pemaquid Light, along with daily critiques and instruction in editing. Contact Parent at 338-9214 or email nparent@midcoast.com for more information.

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Astrid Bowlby's Everything

in Gorham. She started out with lists of words and small there an underlying syntax or just a jumble of nouns?

sketches compiled by students at the university, and now the general public can leave requests for things to be drawn on the large rolls of paper occupying the walls and floor of the gallery space.

While this project closely relates to Bowlby's earlier work it also introduces new dimensions. Bowlby's oeuvre stretches from standalone drawings to room-sized installations. Drawing is the predominant technique for her sprawling accumulations of marks and representational imagery, and repetition is

often a constituent element. Not so here.

The wide scrolls of paper are hung vertically and horizontally, sometimes projecting from the walls like baldachins. The paper is covered with adjacent but never overlapping simple brush-and-ink line drawings of everyday objects, such as a corncob, spool of thread, fireman's helmet, brain, tree, and a clown's face. Over the course of the show, the artist will continue to add to the lexicon of images and fill up the still-furled rolls of paper. Stylistically, the drawings combine elements of calligraphy and cartoons, with varying thickness of line but otherwise no expressive emphasis. Philip Guston (1913–1980) is clearly a forebear, and the horror vacui of much so-called outsider art is present too, but in Bowlby's drawings the rationality of borderlines and shapes remains intact. Still, there's a bit of zaniness in the idea of the artist as ultimate creator, wanting to make the entire world appear, but the clutter of this life can be neatly rolled up and stored away. I suspect though that these drawings will have a second chance at life after the show is over, as the artist has reused many previous ones in subsequent work.

Everything easily calls to mind William Carlos Williams' poetic line, "No idea but in things." Yet, in their simplified, iconic shapes, Bowlby's things transcend the particular to become universal. And it is quite possible that

rtist Astrid Bowlby has set herself a lofty goal — to some of the objects do stand in for concepts; after all, there Adraw Everything. That is the title of her current instalis a Star of David, a Buddha, and a guitar. The individual lation at the Art Gallery at the University of Southern Maine drawings suggest a vocabulary of words/images, but is

> Though the scale of the images varies, it appears to be determined by aesthetic and spatial considerations only, not a hierarchy of value according to size. Instead, Bowlby echoes the democratic spirit of one of her inspirations, Walt Whitman (1819-1892).

The fact that Everything has a participatory component forces the artist to hand over some control over her work, which is really a new development for her. And who determines what everything is anyway? Some other questions the work asks are:

What does a thing look like? For instance, a paper clip could have had any number of shapes; most objects, though, are portrayed in their iconic variety. But then, what constitutes that recognizability? Consensus in a shared culture? Do we recognize our world in these symbols? And whose visual memory informs them? The artist's or the participant's? What gets lost in translation between verbal and visual?

PHOTO: LUC DEMERS

Astrid Bowlby, "Everything," installation view

The test of an image is not its lifelikeness but its success in communicating an idea. In fact, likeness exists in our imagination only, shaped by knowledge and past experience, leading to anticipatory recognition, a mental act of inference. Everything makes clear how much visual experience and concomitant reaction are shaped by prior encounters; just how unoriginal our imagination can be, shaped by history, conditions and expectations. While ostensibly simple in form and concept, Everything is Bowlby's most spontaneous work so far and offers a rich ground for contemplating art and life, and Everything in between.

"Astrid Bowlby: Everything" is on view through March 6 at the University of Southern Maine Art Gallery, 37 College Avenue, Gorham, 780-5008 www.usm.edu/gallery.

art current is a biweekly column written by Britta Konau. She can be reached at bkonau@gmail.com.



This year's exhibition season at the Farnsworth Art Museum in Rockland will include a complete re-installation of almost every gallery in the museum for the presentation of American Treasures: The Best of the Farnsworth Collection. The 2013 season will

also include a major N.C. Wyeth exhibition, as well more intimate shows featuring works by Andrew Wyeth, and by Jonathan Fisher.

Beginning on Saturday, February 17, the Farnsworth will present American Treasures, displaying the very best among the over 13,000 works in the museum's collection. On view, through a series of themed shows, will be paintings, photographs and sculpture by many of America's most important artists, including Fitz Henry Lane, George Bellows, Childe Hassam, Marsden Hartley, Winslow Homer, Edward Hopper, John Marin, Elliot Porter, Louise Nevelson, Alex Katz, Robert Indiana and N.C., Andrew and Jamie Wyeth.

American Treasures will consist of several related exhibitions: Small Treasures (opens February 17), Other Voices (opens March 9), Maine Voices (opens May 18), and three that will open on June 1: New Visions, New Languages; Visions of the Land and Sea; and Family and Friends.

On April 27, a major exhibition, Every Picture Tells a Story: N.C. Wyeth Illustrations from the Brandywine River Museum, will open at the Farnsworth's Wyeth Center. The exhibition includes 30 paintings by N. C. Wyeth, from early Western pictures through Robert Louis Stevenson classics to Wyeth's later illustrations in experimental styles. The exhibition is organized by Christine Podmaniczky, associate curator for the N.C. Wyeth collection at the Brandywine River Museum and author of the N.C. Wyeth Catalogue



"Shipping in DownEast Waters" by Fitz Henry Lane, oil on canvas, 1854; Farnsworth Art Museum purchase, 1960 — one of the American treasures in the museum's collection

The museum will also present two smaller exhibitions. Opening on March 23 will be A Wondrous Journey: Jonathan Fisher and the Making of Scripture Animals, in the museum's Craig Gallery. Andrew Wyeth: Her Room will be on display beginning in April in the Wyeth Study Center. In addition, summer 2013 will mark the reopening of the Farnsworth Homestead, which is listed on the National Register of Historic Places. The Homestead has been closed for the past two years for preservation work.

For more information, visit www.farnsworthmuseum.org.



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f you've been watching "Gold Rush" on the Discovery **▲**Channel and wondering why sensible men — well, men who in the distant past were at least marginally sensible, have mortgaged their homes, families and futures to find gold in Alaska, the answer is simple: they all have

gold fever.



How to **Avoid Gold** Fever

by Tom Sadowski

Gold fever is not a myth but a very real condition that affects mostly men because women usually have better things to do than play around in the mud. I know because I started down that path after finding a few specks of gold in a campground stream. I ran to buy gold pans, hand tools and camping gear but stopped short of a portable dredge when I realized I lived in the city and had no legitimate mining claim to work.

When you find gold in the dirt and realize it is yours to keep, neurons deep inside the primitive part of the brain fire, sending a little signal that makes you jump up and shout, "Money, from dirt!" This is gold fever. It's a selfsustaining reaction (catalyzed by gold) where you badly want to sift through more dirt to find more gold.

You can also catch gold fever by hanging around with those who already have it. The malady is so contagious that even the constant washing of hands with Purell won't slow the spread.

Finding a little speck of gold, you convince yourself that the hole, creek or mountain you've been prospecting (that's right, you're a prospector now) has "promise." This is an unfortunate choice of words because it reinforces delusion and implies eventual fulfillment. You should really be using words like "potential" or "possible" coupled with the words "utter ruin."

If you find any more gold it immediately becomes obvious that you need more equipment to move more dirt or you won't be able to produce enough gold to pay for even more equipment to move more dirt. You will need a bulldozer, a backhoe, a dump truck, fuel trucks and drivers and a mechanic, a shop, a portable kitchen, bunkhouses, a Home Depot and, maybe even your own TV reality show to pay for the entire venture. You most likely will

This continues until you become rich beyond your wildest dreams. Ah ha, just yanking your gold chain. Actually, you become broke and in debt more than you ever thought possible, unless of course it kills you first.

My friend Tim Lawrence once came down with a chronic case of gold fever that confined him for months to a remote site in the Australian bush where he found a small pile of gold.

I'm sorry, did I say pile? I meant small vial. Financial reality finally took him aside and gave him a severe beating when he calculated that he could have bought the gold on the open market for far less money than he spent extracting it from the Outback. This brought him back to his senses and from that point on he took up adventures of much lower risk, and that is how he ended up as a guide on Mount McKinley.

Almost anyone can find gold if they look for it. The key is to look in the right places. There are only about 0.001 grams of gold per ton of earth's crust, so avoid looking in the dirt. This has the added benefit of avoiding gold

Look close to home. My most significant find was while rummaging through some things my aunt left in a junk drawer after she died. Opening a little film canister I discovered what looked like gold nuggets. They were in fact gold, only they were gold dental crowns, probably from long dead relatives.

Coming from the Old Country, my family was a thrifty lot. They never discarded anything or apparently buried anyone that had value. They looked for gold in all the right places and there has never been any gold fever in my family. Maybe a little when someone dies but, generally, no gold fever.

So the lesson here is never to look for gold in the dirt, carefully sift through all of your aunt's drawers and never, ever let your relatives know you have a gold crown.

> Tom Sadowski lives in Lincolnville. He can be reached by e-mail at sadowski@tidewater.net. © 2012, Tom Sadowski

LETTERS

The People Will Decide—

Contrary to various opinions by anti-human rights activists, including a host of misinformed pundits, the Second Amendment to the Constitution of the United States of America was, and is, clearly intended to protect and secure each individual's preexisting natural right to keep and bear arms and to use that arm for "for traditionally lawful purposes, such as self-defense." Everything else about the Second Amendment flows from that intent. It was never written to solely ensure so-called "legitimate hunting purposes" or "target shooting and sporting," as some would have us believe. Though, even now, those same partisans continue to press ludicrous claims against magazine capacities or semi-automatic rifles that — at least to them look "scary." Neither Dianne Feinstein, Joe Biden, Dick Durbin, Michael Bloomberg or any other petit despot gets to define what they will "allow" people to own based on a perception of needs. It is a Bill of Rights and not a bill of needs. The people will decide, for ultimately, it is their decision.

It is crystal clear from the historical record the Second Amendment codifies a "right of the people" and seeks to "deny Congress power to abridge the ancient right of individuals to keep and bear arms" while it "protects an individual right to possess a firearm unconnected with service in a militia." Most importantly, it guarantees individuals could collectively throw off the yoke of an oppressive, tyrannical government, such as that of King George III, if that remote need may arise in the future. As a result of their recent collective experience with just such a tyrant, goose hunting and target shooting didn't rate much discussion in the Bill of Rights debate.

Now, the propaganda juggernaut of a statist regime and their supporters are seeking to further manipulate the public into accepting the premise that it is due to the existence of guns, and their owners who respect the law, that violence occurs. Especially troubling is the focus on banning a lawful, commonly owned item of private property. Their ideological drum beat is, of course, hinged on incessant demagoguery of the vile circumstances of a madman's murderous rampage; the like of which would never have been prevented by any law now proposed, nor the many then existing at the time. Even more shameful is surrounding yourself with children as props in order to sell your stated scheme of depriving good citizens guaranteed liberties, while those same responsible, law-abiding citizens are demonized daily by a compliant media.

Yet, unfortunately, it is not in correcting liberalism's debacle of wholesale deinstitutionalization of the dangerous mentally ill that our master minds busy themselves with. Instead, they conspire to diminish the "unalienable" civil and human rights "of the people," of which "they are endowed by their Creator." For, what other right, of which we are all entitled by "Nature and Nature's God," is more sacred or fraught with moral obligation and duty than defense of human life? It, therefore, must be argued that only truly evil people, emboldened with ill will born from a spirit of tyranny, deceit and collusion, would want to make innocent people defenseless. No one — not even the government — has an unfettered right to infringe on liberty protected by our Constitution. The wrongful encroachment or usurpation of a rightful liberty is not a topic amenable to civilized debate and legitimate political differences. Additionally, the "deprivation of any rights, privileges, or immunities secured by the Constitution and laws" is a cause for civil or criminal action as set forth in Title 42 and Title 18 of United States Code. In other words, it is not a trivial matter to be dismissed by pundits who yearn for a utopian solution to all earth's problems with a pen stroke.

Nevertheless, some suggest that the Second Amendment "be studied"; or compare and contrast our constitutional republic with other systems of world governance; demonize the NRA; firearm manufacturers; and speculate on our founders' foresight and intellectual understanding of rights and how they were to be interpreted. However, the Bill of Rights (the first ten amendments to the Constitution of the United States of America), and the Fourteenth Amendment, are probably the most studied, parsed, argued and understood written words in American Jurisprudence. I encourage anyone wishing deepstudy of the Second Amendment, to consult two recent United States Supreme Court decisions: District of Columbia, et al. v. Heller, 554 U.S. 570 (2008); and McDonald, et al. vs. City of Chicago, Illinois, et al., 130 S.Ct. 3020, 567 F. 3d 856 (2010). Of primary importance is the fact that the Bill of Rights does not grant rights but, on the contrary, guarantees or secures preexisting rights that our founders were — not only intimately acquainted with in a retrospective grasp of 200 years of English history — but had just fought a long costly war over.

Consequently, during June, July and August of the 1789 debate in the House of Representatives discussing the proposed amendments to the Constitution (later known as The Bill of Rights), James Madison rose to introduce the topic by expressing pleasure in having

"the opportunity of proving to those who were opposed to it [the Constitution] that they were as sincerely devoted to liberty and a Republican Government, as those who charged them with wishing the adoption of this Constitution in order to lay the foundation of an aristocracy or despotism. It will be a desirable thing to extinguish from the bosom of every

member of the community, any apprehensions that there are those among his countrymen who wish to deprive them of the liberty for which they valiantly fought and honorably bled."

In further support for the concept of a Bill of Rights he considered it fortunate that he could "satisfy the public mind that their liberties will be perpetual, and this without endangering any part of the Constitution, which is considered as essential to the existence of the Government by those who promoted its adoption." Moreover, in listing the amendments which had "occurred to [him], proper to be recommended by Congress to the State Legislatures," varied and numerous are listed, though the item in original form which became the Second Amendment after ratification, is as follows:

The right of the people to keep and bear arms shall not be infringed; a well armed and well regulated militia being the best security of a free country: but no person religiously scrupulous of bearing arms shall be compelled to render military service in person.

During the 1788 ratification debates of the Massachusetts Convention, Samuel Adams stated, "The Constitution shall never be construed ... to prevent the people of the United States who are peaceable citizens from keeping their own arms." The District of Maine, of course, was part of Massachusetts until 1820; but when Mainers set forth their own Declaration of Rights, as part of their State Constitution, they were even more emphatic regarding the right to keep and bear arms as Section Sixteen reveals: "Every citizen has a right to keep and bear arms and this right shall never be questioned."

Similarly, also in 1788, James Madison, writing in Federalist No. 46 notes, "The ultimate authority ... resides in the people alone ... Besides the advantage of being armed, which the Americans possess over the people of almost every other nation, the existence of subordinate governments, to which the people are attached, and by which the militia officers are appointed, forms a barrier against the enterprises of ambition, more insurmountable than any which a simple government of any form can admit of." In 1833, Supreme Court Justice Joseph Story, in his Commentaries On The Constitution, recognized the Second Amendment as pre-eminent.

"The right of the citizens to keep and bear arms has justly been considered as the palladium of the liberties of the republic; since it offers a strong moral check against usurpation and arbitrary power of the rulers; and will generally, even if these are successful in the first instance, enable the people to resist and triumph over them.'

It is instructive to note that all the amendments in the Bill of Rights, except for two, specifically call attention to "the right of the people" (1st, 2nd, 4th), "to the people" (9th, 10th); "the Owner" (3rd); "person" (5th); and "the accused" (6th); thus attaching a theme of special protection to the individual and not the state, nor the congress or executive branch.

The Constitution and The Bill of Rights belong to "we the people," who are the sovereign power — they exist to protect us as it recognizes that we should be intelligent enough to elect good people who support and defend it against all enemies, foreign and domestic. The left's agenda, seemingly, is to hollow out the Bill of Rights. As always, those of us who revere our Constitution must be vigilant regardless of its detractor's seemingly constant assaults. We shall, as we must, seek to ensure that our government complies with it in every respect. For "gun control" in the final analysis, is not about safety or even protecting children; it is about control.

Edward Gallant, South Thomaston

TAKE HEART

A Conversation in Poetry Edited & Introduced by Wesley McNair, Maine Poet Laureate

Edna St. Vincent Millay was born in Rockland and grew up in Camden. For Valentine's week, here's one of her best-known and most moving sonnets.

Love Is Not All: It Is Not Meat Nor Drink by Edna St. Vincent Millay

Love is not all: it is not meat nor drink Nor slumber nor a roof against the rain, Nor yet a floating spar to men that sink And rise and sink and rise and sink again; Love can not fill the thickened lung with breath, Nor clean the blood, nor set the fractured bone; Yet many a man is making friends with death Even as I speak, for lack of love alone. It well may be that in a difficult hour, Pinned down by pain and moaning for release, Or nagged by want past resolution's power, I might be driven to sell your love for peace, Or trade the memory of this night for food. It may well be. I do not think I would.

Take Heart: A Conversation in Poetry is produced in collaboration with the Maine Writers & Publishers Alliance. Poem copyright © 1931, 1958 by Edna St. Vincent Millay and Norma Millay Ellis. Reprinted by permission of Holly Peppe, Literary Executor, The Millay Society. Questions about submitting to Take Heart may be directed to David Turner, Special Assistant to the Maine Poet Laureate, at 228-8263 or poetlaureate@mainewriters.org.

Response to Democracy Problem —

Mr. "Butch" Thompson is clearly allergic to the term democracy ("Democracy Is the Obvious Problem," February 7). He may be surprised to learn that there are democracies out there that actually have a fair electoral process; that have a system of "one man or woman, one vote"; where politicians are not bought by the highest bidder; where wealth is no prerequisite for receiving a decent education and health care; where gerrymandering is illegal; where "majority" in the legislature means majority; where the country's highest judges are chosen for their legal qualification, not their political leanings; where the judicial system does not favor the rich over the poor; where legislators, not corporations, write laws; and whose constitution is the source and guarantor of these rights, not a weapon used by ideologists to further their extreme views and politics.

If the American Republic were to introduce and practice these democratic features — admittedly not a very likely prospect — might Mr. Thompson's allergy be cured?

H. Peter Muth Spruce Head

LETTERS

What a Difference Window Inserts Make-

On Saturday Rockland experienced wind gusts of 49 m.p.h. and greater during The Big Storm. In previous years, even a slight zephyr would have rattled our ancient storm windows and sent cool, if not downright cold, breezes wafting throughout our old house.

This storm, however, passed by with barely a window rattling. Why? Because of the wonderful inserts built by Windowdressers. These simple inserts, made of pine and two sheets of clear plastic, made all the difference in the world! They have kept Old Man Winter at bay, have reduced our heating bill and best of all, during that day-long blizzard, our curtains never swayed.

Many thanks to Dick and Frank, the architects of this important community project.

Judy and Melissa Waterman, Rockland

Rockland Council Vote on Review of Gun Control—

If you think the occasional rampage of gun violence is the price we pay for whatever, don't waste your time reading any further.

If you think that existing gun control laws are enough, and all they require is better enforcement, don't bother with the next paragraph.

But if you "support the review of gun control legislation and related issues at both the State and Federal levels to address gun violence in the United States," you disagree with Councilors Isganitis, Clayton and Pritchett, who, last night [Feb. 11, 2013], defeated the resolution to forward this recommendation to "the City's State and Federal Legislative Delegations to be added to the public record."

I am ashamed. If you are interested in the reasons expressed by your elected representatives at the meeting last night, go to the home page of Rockland's website, and view the video

George B. Terrien Rockland

Reactions from Maine's Congressional Delegation on President Obama's State of the Union:

Senator King

"Tonight, the President eloquently presented us with his vision for the future of America, describing the challenges that confront us today, as well as his solutions to crafting a better tomorrow. Central to his message was not only the desire for, but the vital need to achieve, greater economic growth and job creation within our country — a priority that is shared by every member of Congress irrespective of political affiliation. Now, the question becomes: Are we, as members of Congress, prepared to work with each other and with the President, in good faith and in a nonpartisan fashion, to accomplish the necessary work of the American people?

As I have said before, we are at a precipice in our nation's history — a moment in which the problems that confront our country are arguably the greatest of our generation, and if we fail to act to address them, they will undoubtedly become the greatest challenges of our children's generation as well. It is not only incumbent upon us, but it is our responsibility — as stewards of this government — to see that the nation we bequeath to posterity is stronger than the one left to us.

Our first step to right America's path must be to immediately address the looming sequester cuts — a collection of severe, indiscriminate, across-the-board spending reductions, which if implemented, will wreak economic havoc in Maine and across the country. In a recent Armed Services Committee hearing, Defense Secretary Leon Panetta characterized the current budgetary uncertainty as the single greatest threat to our national security. According to a recent study, Maine would lose approximately 7,000 jobs if the sequester is implemented. Further, that statistic does not even begin to describe the economic ripple effects sequestration would have throughout the state. That's why it is crucial that the President and Congress work together to promptly alleviate this immediate threat — one that was originally intended to be so irresponsible and reckless that we could not even fathom considering it. Tonight, I reiterate my call on the President and Congressional leadership to meet immediately to resolve this issue.

It is also paramount that Congress immediately undertake the process of creating a long-term budget — and I'm pleased that an agreement reached earlier this year around the debt limit binds us to do so. Frankly, I am astounded that this nation has operated for the past four years on shortterm continuing resolutions and haphazard budgeting laws, which are themselves often agreed to at the eleventh hour of an arbitrarily imposed deadline. This reckless process has sapped America's economic health and to continue functioning in this manner would be a disservice to the American people. Instead, it's important now more than ever before that we introduce desperately needed stability so that investors, entrepreneurs, and consumers will have the confidence to invest in our economy. As a member of the Budget Committee, I will work tirelessly with my colleagues to see that a budget blueprint is created, and I look forward to being an integral member of those discussions.

Undoubtedly, as a part of that process, we will need to explore additional revenues and spending reductions to proceed in a balanced manner. We will also need to regain control of exploding government expenditures in healthcare, which are the primary source of future deficits. At the same time, it's vitally important that we not lose sight of priorities that have been the strength of our nation by allowing them to fall victim to uncompassionate cuts. Simply said, we can neither tax nor slash our way to prosperity — we must continue to sensibly invest in education, technology, infrastructure, renewable energy and environmental protections to ensure that these initiatives will continue to inspire our greatness for years to come. No one is going to be happy with how we get there, but we must make the tough choices and keep our promise to the American people.

As a member of the Armed Services Committee, I also

welcome the President's announcement that half of our servicemen and women currently stationed in Afghanistan will be returning home by the beginning of next year. It's imperative that we use this next year to continue to properly train and prepare Afghan security forces to take command of their security — and when our men and when in uniform return home, it is also imperative that we take steps to ensure that their transitions are smooth, that they have at their disposal any resources needed to cope with the change, and that we are doing all that we can to assist in their reintegration.

Additionally, I was encouraged by the President's pledge to keep Congress fully informed of his counterterrorism efforts, recognizing, as he said, that 'in our democracy, no one should take my word that we're doing the right thing.' That is precisely why I proposed the creation of an outside judicial process — similar to the established Foreign Intelligence Surveillance Court for electronic surveillance — in order to provide an independent perspective in the case of a targeted strike against an American citizen who is a senior operational leader of al Qaeda. I hope the President will strongly consider my proposal, as his nominee for director of the CIA, John Brennan, has suggested to me he will.

Of course, it goes without saying that we are also a country that continues to heal from national tragedies which have shaken us to our core. From Aurora, Colorado, to Newtown, Connecticut, our hearts broke at the news of the shootings that senselessly claimed the lives of innocent men, women, and children. It is time for Congress to act on the scourge that is gun violence, and I remain absolutely committed to finding ways to address this problem in a meaningful, substantive, and enforceable way — from expanded background checks, restrictions on magazine capacity, and improvements in mental health services and resources.

With respect to immigration, there are very few people who deny the important role that immigration has played in the formation and development of our country. Throughout our history, immigrants have impacted our nation in myriad and profound ways. Their contributions have not only strengthened us, but propelled us along the arc of progress. Yet, there are also very few people who deny that our current immigration system is broken and dysfunctional. That's why I'm pleased that bipartisan efforts are under way that could allow Congress to address the failings of our nation's current immigration system, and that the President has introduced his own set of proposals to do the same. These combined efforts demonstrate a seriousness of purpose and a dedication to action that has been absent in Washington with respect to immigration reform for years now.

In conclusion, we should not be daunted by the magnitude of the tasks before us, although we must recognize that they are considerable. Instead, we must see that in these trials lies tremendous opportunity — an opportunity for Congress to demonstrate to the American people that their elected officials still possess the ability to rise above the poisonous din of partisan politics to seek solutions and to govern sensibly and maturely. I believe we still possess that capacity and that a greater future for America is within our grasp."

Representative Pingree

"With Congress stuck in a cycle of repeating fiscal crises, I'm glad that the President put the focus back on the economy tonight — which is where it should be. Our recovery is persistent, but much too slow and incredibly vulnerable to these avoidable, ever-looming fiscal cliffs. We need a long-term solution and we're only going to get there with a balanced approach that grows the middle class, which the President outlined tonight.

I was also happy to hear the President mention several other important issues tonight. He's right that we should

Senator Collins—

"The 113th Congress faces extraordinary challenges as we work to grow our nation's economy, lower the unemployment rate, seek both short-term and long-term ways to reduce federal spending to bring the national debt under control, and debate a host of other important issues. I appreciate that the President tonight called for members of both parties to work together to address these challenges and I hope that he is sincere in his desire to work with all of us.

Our national debt now stands at an almost incomprehensible \$16.4 trillion. That ever-increasing sum, along with rising interest payments, is our legacy to future generations. The President outlined an ambitious agenda tonight, but I am concerned that he did not explain how he intends to pay for it without further burdening middle-income families and small businesses.

Unfortunately, Congress and the President have missed several opportunities to enact a long-term plan to stabilize our debt, and instead we again face automatic cuts of nearly \$1 trillion from defense and non-defense programs in the federal budget. This 'meat-ax' approach would put our economy and national security in jeopardy and is the least responsible way to address our debt.

We have exhausted all the alternatives — excessive borrowing, budgetary gimmicks, the blame game, and all of the other attempts to avoid responsibility. Now we are left with that quality of our national character that has seen us through crises throughout history — our resolve and our willingness to pull together."

Representative Michaud-

"Improving our economy has to be our number one objective. While the president outlined a number of goals, I strongly support his focus on manufacturing and economic development. In fact, there are two things that he can do right now without congressional approval to help Maine's economy. He should work to level the playing field for American companies by taking action against unfair trade practices, such as the subsidized Canadian paper mill in Port Hawkesbury that is threatening our state's pulp and paper industry. He should also order the Defense Department to comply with current law, which mandates that our military be supplied with uniforms made in America. This would support Maine jobs at businesses like New Balance.

As the war winds down, more of our men and women will take off the uniform and seek VA services. As such, we must recommit ourselves as a nation to ensuring all who've served and sacrificed receive the support they need here at home.

However, this is not just a near-term concern. When the war is over, our nation must not move on and forget. Whether it's access to health care, boosting employment, or addressing the claims backlog, veterans of all eras deserve to know that their country is there for them for the long term. We need to codify the nation's obligation and commitment to support the men and women who serve on our behalf. I know our committee stands ready to work alongside the Obama Administration to take the long view and establish a concrete path forward that plans for all our veterans' needs — present and future."

continue developing clean energy so we can cut our dependence on foreign oil and create jobs at home, including right here in Maine. Like him, I'm hopeful that we can finally pass meaningful immigration reform.

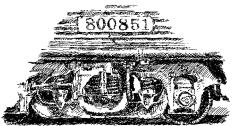
Finally, I appreciate that he has not backed down on reducing violence in this country. We owe it to our children to pursue every strategy to make this country a safer one, and we would do a disservice to them by not looking at commonsense gun control policy."

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NOTEWORTHY

THURSDAY, FEB. 14:

➤ Apprenticeshop Valentine's Cocktail Hour & Reading, 6:30-7:30 p.m., 643 Main St., Rockland. Samples offered from Chocolatier Blue and Sweetgrass Farm Winery & Distillery, and a reading by Kathryn Miles from All Standing, her newly released account of the Jeanie Johnston. \$5. FMI: www.apprenticeshop.org, 594-1800.

➤ Valentine's Day Concert, 8 p.m., Camden Opera House. "Indie" artist showcase with Barnaby Bright, Connor

Garvey and Chris Ross. \$15. FMI or tickets: www.camdenoperahouse.com. Free songs and samples at www.MisharaMusic.com/freesongs.

➤ One Billion Rising Dance/Readings. 5:30-8 p.m., Watts Hall, Thomaston. Dance and readings to end violence against women and girls, sponsored by Dragon Farm, New Hope for Women and Sexual Assault Support Services of Midcoast Maine. \$5 suggested donation. FMI: 354-0007.

FRIDAY, FEB. 15:

- ➤ Lenten Music and Lunch Series, noon, St. Thomas' Episcopal Church, 33 Chestnut St., Camden. Music followed by a simple lunch. Today: Howard Walen, organ. FMI: 236-3680.
- ➤ Poetry Slam, 7 p.m., Playhouse Theatre, 107 Church St., Belfast. Former Belfast Poet Laureate Jacob Fricke hosts the live-action poetry contest, open to all. \$5. FMI: jacob@belfastpoetry.com.
- ➤ PechaKucha Night, Doors open at 6:30 p.m., program at 7 p.m., Watts Hall, 245 Main St., Thomaston. \$5. A 20image, 20-seconds-per-image slide show by nine individuals. FMI: Leila Murphy,

594-8622. ➤ Public Forum on State Budget, 6-8 p.m., Skidompha Public Library, Damariscotta. Town of Damariscotta hosts forum with Lincoln County's State Sen. Chris Johnson and State Rep. Mick Devin of Newcastle, joined by representatives from local government and school districts weigh in on Gov. LePage's proposed state budget. Opportunity for public discus-

sion follows.

SATURDAY, FEB. 16:

➤ Gypsy Caravan CD Release Party, 7:30 p.m., Åarhus Gallery, 50 Main St., Belfast. Performance by Gypsy Caravan playing hot jazz, and release for "Douze Chansons," their new CD. Cider, tea, snacks and copies of the CD will be on hand.

\$7. FMI: 338-0001, www.aarhusgallery.com.

- ➤ Rigoletto, Live in HD, 1 p.m., Strand Theatre, 345 Main St., Rockland and Lincoln Theater, Damariscotta. Met Opera production of the Verdi opera is set in Las Vegas in the 1960s. Encore broadcast at the Strand on Tues., Feb. 26, 1 p.m. FMI: 594-0070 (Strand) or 563-3424.
- ➤ Judith Black Workshop, Story Slam and Performance, Sweetland Center, 4 Church St., Hope. Workshop: 9 a.m.-noon, Telling Techniques, geared toward classroom teachers, but open to all. Sliding scale \$75-\$90. FMI: www.sweettreearts.org. At 5 p.m., Story Slam w/five storytellers telling 5-minute stories, followed by light dinner, cash bar and performance by Black. Slam tickets \$25 adv./\$30 door. FMI: www.sweettreearts.org, or Hope General Store.
- ➤ SnowBall and Auction, 7-11 p.m., 1812 Farm, Bristol Mills. Semiformal dance with live music, heavy hors d'oeuvres and cash bar. Benefits New Hope for Women. Tickets: \$25 door/\$20 by Feb. 16 at www.sparksnowball.eventbrite.com, and other local venues. FMI: Cerina Leeman, 491-1241.
- ➤ Reading by Composer Aaron Robinson, 1 p.m., Waldoboro Library, 958 Main St. Robinson, a composer, conductor and music historian, will read from his newly published book, Does God Sing?: A Musical Journey. FMI: 832-4484.
- ➤ Music by The Ghost of Paul Revere, 8:30 p.m., Billy's Tavern, 1 Starr St., Thomaston. The band blends roots with soul, blues, rock and bluegrass. \$5 cover. FMI: 354-1177.
- ➤ Camden Civic Theatre Dessert Soiree, 6:30 p.m., Camden Opera House, 29 Elm St. Meet this year's directors and learn about upcoming productions. Entertainers include Beverly Scott, Roger Marcotte, Jessica Moore, Sarah Berry, Savannah Szumilas and JenniLyn Prescott. \$10 suggested donation.
- ➤ Valentine's Dance, social hour with hors d'oeuvres 7 p.m.; dance 8 p.m.midnight, Rockland Elks, 210 Rankin St. Classic rock & roll with Midlife Crisis. Benefits 10th grade Trekkers Rocky Mountain expedition. \$15. Tickets: 594-5095 or 372-8539.

SUNDAY, FEB. 17:

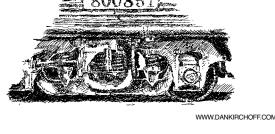
➤ Music for a Sunday Afternoon, 3 p.m., John Street Methodist Church, 98 John St., Camden. Dorothy Koski and Barbara Marsh present selections by Utterback, Mozart, Massenet and Mendelssohn. Benefit for area food pantries.

➤ Left Bank Books Lyceum Series, 3 p.m., 109 Church St., Belfast. Oxford University Press Bibles editor Donald Kraus presents "The Book of Job: Annotated and Explained." Free. FMI: 338-9009.

➤ Second Sunday at Harbor Square Gallery, 1 p.m., 374 Main St., Rockland. Music by John and Rachel Nicholas with guest David Dodson. FMI: 594-8700.

TUESDAY, FEB. 19:

➤ The Barra MacNeils in Concert, 7 p.m., Unity College Centre for the Performing Arts, 4 Depot St., Unity. Per-



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Registration Starts @ 7:45 am 5K Starts @ 9:00 am Walkers can start at 8:45 am

PENOBSCOT BAY YMCA **116 Union Street** ROCKPORT, ME



The 5K Course starts and finishes at the YMCA in Rockport. The course starts at Limerock Street near the Penobscot Bay YMCA and heads up to Chestnut Street and then along the coast past the Belted Galloway cows and back up by the Rockport Library, finishing in the YMCA parking lot. Rolling hills make this a challenging, but scenic, course. Walkers, strollers, well-behaved dogs and runners of all abilities are encouraged to come and challenge themselves. Dress up: Cupid, devil, love child — use your imagination! Couple's competition: fastest combined time earns bragging rights (forever) and a couple's package. All are welcomed and encouraged to attend. SOUVENIR

JOIN US FOR THIS ANNUAL EVENT!

- ◆ Guaranteed fun ♥ Walkers & "Newbies" welcomed and loved
- ◆ Very pretty course with rolling hills through neighborhood roads past the Belted Galloway cows to the Rockport coastline.
- ◆ Premium item for all those who pre-register

DONATION REQUESTS

Single Runner 5K: \$15 Pre-registration; \$18 Day of Race Couples 5K: \$25 Pre-registration; \$30 Day of Race



All pre-registered runners

will receive a "LUV ME

5K" premium item!

Family (3)* 5K: \$35 Pre-registration; \$40 Day of Race *Add \$10 for each additional family member Team (6 or more) - \$10 per team member if turned in by team captain by February 10th. After February 10th and day of race - \$15 per team member. Make checks out to: Go! Malawi (tax deductible)

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MARATHON **TEAMS FORMING** NOW

Next "Destination Marathon" is November 9th, 2013, in Savannah, Georgia. Come do the Full Marathon or Half Marathon with Team Go! Malawi Runners. For a full list, visit www.go-malawi.org or email: jksells@yahoo.com or call Julie Sells, 207-322-0627.

ONLINE REGISTRATION IS AVAILABLE:

http://www.active.com/5k-race/rockport-me/luv-me-5k-2013

TNA	WE	5K	Pre-registr	ation	Form

	Runner Name:(for couples, families or teams, include all runners' names, sex, date of birth, and whether they will run or walk on a separate sheet & attach to this registration form)
i	Address:
	City:
i	State:Zip: Phone: (H)(W)
ı	E-mail:
	□ Male □ Female Date of Birth: Age: (at time of race)
Ī	□ Runner □ Walker □ Opt Out Runner*

REGISTRATION: \$15 minimum donation, payable to "Go Malawi" Pre-register online at:

http://www.active.com/5k-race/rockport-me/luv-me-5k-2013 or drop off to: The Free Press. 8 North Main Street. Suite 101, Rockland, ME 04841

For more information, e-mail jksells@yahoo.com _____

Share the Love Community Auction Reaching out to people in need in the Midcoast Region at St. Peter's Episcopal Church, Rockland, ME February 17, 2013

Silent Auction & Viewing from 5 to 6 p.m. Live Auction at 6:00 p.m.

Auctioneer: Bruce Gamage

See List of Auction Items at www.stpetersrockland.org Your support will go toward providing Midcoast families with essentials such as heating oil, household items, and more! Refreshments will be served

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\$25. FMI: 948-7469.

Traditional Irish Music, Tues. in
Feb., 5-8 p.m., Boothbay Opera House,

➤ Traditional Irish Music, Tues. in Feb., 5-8 p.m., Boothbay Opera House, 86 Townsend Ave. The group Curlew. All ages welcome. No cover, but tipping the musicians encouraged. FMI: 633-6855.

formance by the six siblings from Cape

Breton Island, Nova Scotia, includes

THURSDAY, FEB. 21:

➤ Angelique Kidjo in Concert, 7:30 p.m., Strand Theatre, 345 Main St., Rockland. World music from "Africa's premier diva," according to Time magazine. FMI: 504,0070

COMING UP:

➤ Great Cabin Fever Escape Dance Party, Fri., Feb. 22, 7 p.m.-10:30 p.m., Rockport Opera House. Dance party to benefit The Seton School features disco band Motor Booty Affair. For 21 and older. \$25 adv. at HAV II and Zoot Coffee/\$30 door. FMI: 706-6040.

➤ Book Signing and Discussion with David Rosenfelt, Sat., Feb. 23, 1:30 p.m., Waldoboro Library. Rosenfelt is the author of nine books featuring lawyer and dog lover Andy Carpenter, as well as a new mystery, *Airtight*. FMI: 832-4484.

➤ Seventies Theme Party, Sat., Feb. 23, 9 p.m. Narrows Tavern, 15 Friendship St., Waldoboro. Disco dancing. Costumes encouraged. FMI: 832-2210.

➤ Oscar Party, Sun., Feb. 24, 7 p.m. Strand Theatre, 345 Main St., Rockland. Dress up and walk the red carpet for the awards show, presented live in HD. Free. FMI: 594-0070.

➤ "Deer, Moose, Ticks and Hicks," Sat., March 2, 7 p.m., Camden Opera House. Juston McKinney, a former sheriff's deputy, shares jokes and stories about living in and patrolling the woods of Maine. Tickets from Sat., Feb. 9 show will be honored. Tickets available at Camden Snow Bowl, Camden Town Office and HAV II or www.spotlight-solutions.com.

➤ Dervish in Concert, Fri., March 8, 7:30 p.m., Strand Theatre, 345 Main St., Rockland. The Irish band performs traditional Celtic music. FMI: 594-0070.

CHILDREN'S & TEENS' EVENTS

SATURDAY, FEB. 16:

➤ Snowman Competition, 10 a.m.noon, Vose Library, 392 Common Rd., Union. All ages can compete in categories that include smallest, silliest and more. Bring tools and props. Indoor activity provided if there's no snow. FMI: 785-4733.

➤ Youth Ice Fishing Day, 8 a.m., Kalers Pond (behind Dow Furniture on Route 1), Waldoboro. Children under 16 will get help from seasoned ice fishers. Equipment provided. Barbecue at 11 a.m. Free. FMI: 832-5570.

SUNDAY, FEB. 17:

➤ Indoor Soccer Clinic, Sun., Feb. 17 and 24; March 3, 10 and 17; April 7, Rockland Rec Center, Limerock St. March 24, Rockland Middle School, Broadway. 2 to 3 p.m., boys and girls in kindergarten to fourth grade. 3:30 to 5 p.m., boys and girls in fifth to eighth grade. \$25 per session. FMI: 594-0321.

MONDAY, FEB. 18:

➤ Wild Encounters, 10 a.m.-noon, Great Salt Bay Farm, 110 Belvedere Rd., Damariscotta. Program for homeschool families and groups, for ages 5 and older. Today: "Outdoor Living Skills." Dogsledding, snow-shelter building and fire starting. \$5/child. Registration: 563-1393.

➤ Art Workshops for High School Students, Mon.-Fri., Feb. 18-22. Farnsworth Art Museum, Rockland. "Made & Found," 1-4 p.m., led by Deanna Witman. Students will use digital cameras and iMacs to create images using handmade art and found objects. \$75/\$60 members. "Altered Maps," 1-4:30 p.m., led by Alexis Iammarino. Students will create or alter maps using gouache, watercolor, acrylics or mixed media. \$103/\$85 members. FMI: 596-0949.

➤ Vacation Week Art Camp, Mon.-Fri., Feb. 18-22, 9 a.m.-noon. Farnsworth Art Museum, Rockland. Children ages 5 to 8 will make masks and bird feeders, build snow sculptures, dye T-shirts and more. \$150/\$120 members. FMI: 596-0949.

TUESDAY, FEB. 19:

➤ Children's Drawing Workshops,

4-5 p.m., Community Room, Rockland Public Library. Artist Catinka Knoth leads workshops Tues. for ages 6 & up; under 10 should be accompanied by an adult. February's subjects are Chinese New Year, Valentine's Day, Mardi Gras and Presidents' Day, with a different subject each week. Free; materials provided. FMI: 594-0310.

➤ Waterfall Arts Art Camp, Tues.-Fri., Feb. 19-22, 9 a.m.-noon, Waterfall Arts, 256 High St., Belfast. Sketcher's Studio is a school vacation art camp for ages 8-12 with instructor Bridget Matros. \$110, plus \$10 materials fee. FMI: 338-2222.

➤ Tanglewood Winter Vacation Adventure Camps, Lincolnville. Winter Wanderers, for ages 6-8, takes place Tues. & Wed., Feb. 19 & 20, 9 a.m.-2 p.m. Winter Survivors, for ages 9-13, is held Thurs. & Fri., Feb. 21 and 22. Either program is

\$65, with aftercare available for an additional \$15. FMI: 789-5868.

➤ Family Movie and Potluck, 5:30 p.m., Camden Public Library. "The Gnome-Mobile." FMI: 236-3440.

➤ Belfast Library Vacation Week Activities, Tues., 2 p.m. Hula-hooping for kids age 6 and up. Hula hoops available for purchase. Thurs., 2 p.m. Origami for kids age 8 and up. Both events are free. FMI: 338-3884, ext. 24.

THURSDAY, FEB. 21:

➤ Scales and Tales: Amazing Reptiles, 11 a.m.-noon, Coastal Children's Museum, 75 Mechanic St., Rockland. The Chewonki Foundation program for children ages 3 and up features four live reptiles. \$5 fee includes admission to the museum and its Penguin Week exhibit. Reservations: 596-0300.

ONGOING:

➤ CLC YMCA Lego Club, Tues., 5:30-6:30 p.m., Central Lincoln County YMCA, 525 Main St., Bus. Rte. 1, Damariscotta. Club members learn about engineering processes and how to work in teams to meet building challenges. To donate Legos, call Joe Clark at 563-3477.

➤ Free Toddlers Play Date, Wed. & Fri., 9:30-11:30 a.m., St. Margaret's Parish House, 95 Court St., Belfast. Program for infants and toddlers through age 3 and their caregivers. FMI: 338-2412, 322-5013 or 338-3262.

➤ Vose Library Story Time, Fri., 10:15 a.m., 392 Common Rd., Union. Songs and finger plays for babies and toddlers; story and activity for older children. FMI: 785-4733.

➤ CarryMe Babywearing Support Group, Fri., 10 a.m., Vose Library, Union. Learn how to wear your baby in a sling or carrier or share your experiences. FMI: 785-2849.

➤ Warren Public Library Story Time, Thurs., 10 a.m. Read-aloud stories and a related activity or craft. Free for children of all ages. FMI: 273-2900.

➤ Story Hour at Waldoboro Public Library, Wed., 10:15 a.m. Miss Connie reads stories and presents crafts for preschool-age children. FMI: 832-4484.

➤ God's Lighthouse Church Youth Group, Thurs., 6 p.m., 78 So. Main St., Rockland. Friendship, food and fun for area youth ages 10 through high school. FMI: 542-3906.

➤ Weekly Story Hour, Fri., 11 a.m., Thomaston Public Library, 60 Main St., Thomaston Academy building. Children must be accompanied by an adult or family member. FMI: 354-2453 during library hours. Free.



February 22-24, 2013
The Middle East:

What Next?

Community Events

Events listed here are open to the public and are free unless otherwise noted.

- Sunday, February 17: Cushing Public Library, 2-4 p.m., with Patrick Cardon on "Art and Life/Living in Egypt: Reflecting on the Past to Illuminate the Present," and David Farmer on "Rediscovering the Orient: Nineteenth-Century European Artists in Egypt, Turkey, and the Holy Land."
- Thursday, March 7: Rockland Public Library, 6:30-8 p.m., "The World's Policeman?
 Iraq, Afghanistan and the Next Just War," a talk by Kate Braestrup.

The 26th Annual Camden Conference, featuring journalist Robin Wright as keynote, will take blace on Feb. 22-24 live from the Camden Obera

place on Feb. 22-24, live from the Camden Opera House with streaming sites: the Strand Theatre in Rockland, the Hutchinson Center in Belfast, and the Grand Auditorium in Ellsworth. Visit www.camdenconference.org for details.

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Jenn Baca, junior stylist

Jenn was born in Arizona and moved to Maine at the age of five. Having family in Maine and Arizona kept Jenn crisscrossing the United States. After high school, her great passion for cars led her to Houston. Texas to study collision repair and refinishing. Back in Maine and watching a special on Vidal Sassoon's life, our traveling tomboy was inspired to head for cosmetology school. This is where she found the passion she describes as "life changing". Jenn was a star student in cosmetology school, working hard and always one step ahead. Her art background (she has shown in galleries around Mid Coast Maine) came into play.

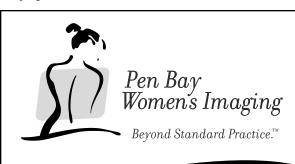
Jenn now turns her artistic talent into great hair as a member of Sogno's team by



completing education in NYC, Boston, Portland and, most importantly, the Color Certification Class in Providence.



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➤ Rockland Public Library Story Times, Wed. & Sat., for preschoolers, 10:30 a.m.; Fri., Baby Story Time, 10 a.m. Free. FMI: 594-0310.

➤ Toy Library, Thurs. & Fri., 9 a.m.noon, St. Peter's Church, White St., Rockland, next to Rec. Dept. playground. Play time for children up to age 5, toys to check out for home play and parenting resources. Nominal fee; scholarships available.

➤ Children's Activities at Coastal Maine Botanical Gardens, Barters Island Rd., Boothbay: Storytime at the Gardens, 10 a.m., Sat., Sun., Mon. in the Education Center through the winter. Free.

➤ Stockton Springs Library Story Hour, first and third Sat., 10-11 a.m., Main St. FMI: www.stocktonspringslibrary.org.

➤ Gibbs Library Story Hour, Tues., 10 a.m., 40 Old Union Rd., Washington. Reading and crafts. FMI: 845-2663.

➤ Kids' Book Club, first Mon., 3:15-4:15 p.m., Warren Library. Gathering of fifth- and sixth-grade boys and girls for quality book discussions. Free. FMI: 593-6007 or 273-2900.

➤ **Lego Club,** first Tues., 3:15-4:15 p.m., Warren Library. For ages 5-12. Bring your own Legos. FMI: 593-6007 or 273-2900.

FILM

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THURSDAY, FEB. 14:

➤ "Dr. Who" 50th Anniversary Screenings, Thurs., Feb. 14 & 21, 6:30 p.m., Rockland Library. Celebrating the 50th anniver-

sary of the BBC's cult classic, library presents two episodes: "The Sun Makers," on Feb. 14, and "Blink," on Feb. 21.

FRIDAY, FEB. 15 -THURSDAY, FEB. 21:

➤ COLONIAL THEATRE, Belfast: "Hyde Park on Hudson," "Silver Linings Playbook," "A Good Day to Die Hard," "Escape from Planet Earth," "One Life," see ad p. 35 for movie days/times.

➤ FLAGSHIP CINEMAS 10, Thomaston: "Identity Thief," "Side Effects." "Warm Bodies," "Mama," "Silver Lin-ings Playbook," "A Good Day to Die Hard," "Hansel and Gretel: Witch Hunters," "Argo," "Zero Dark Thirty," "Lincoln," "Beautiful Creatures," "Safe Haven," "Escape from Planet Earth," see ad p. 35 for movie times. > STRAND THEATRE, 345 Main St., Rockland: "The Impossible," see ad p. 35 for movie days/times. FMI: 594-0070.

FRIDAY, FEB. 15:

➤ Friday Night Flicks, 7 p.m., Belfast Public Library, 106 High St. February's film series spotlights concert documentaries. In "Gimme Shelter," the Maysles Brothers film the Rolling Stones on their 1969 American tour and chronicle Altamont. Free.

➤ Thomaston Friday Night Film **Series,** 6:30 p.m., Thomaston Public Library, Academy building. February's theme: "Tragic Loves." In "Random Harvest," an amnesiac World War I vet

(Ronald Coleman) falls in love with a music hall star (Greer Garson), only to suffer an accident that restores his original memories but erases his post-War life. Free; donations accepted.

➤ "Hardwater," 7 p.m., Village Bakery, 11 Friendship St., Waldoboro. The documentary by Ryan Brod and Daniel Sites pays homage to Maine's icefishing subculture. By donation.

SATURDAY, FEB. 16:

➤ "The Search for Robert Johnson," 8 p.m., Strand Theatre, 345 Main St.,

Rockland. Paul Benjamin of the North Atlantic Blues Festival hosts the Black History Month showing of a documentary on the troubled life and mysterious death of the legendary bluesman. FMI: 594-0070.

SUNDAY, FEB. 17:

➤ Film and Discussion Series,

3 p.m., Camden Public Library. Exploration of 20th-century American popular music led by well-known local musician Glenn Jenks, with special guests. Today: "From Mambo to Hip-Hop."

➤ "Detropia," 3:30 p.m., Strand Theatre, 345 Main St., Rockland. Documentary on Detroit, spanning its early love affair with the car, the collapse of the economy and visions for the future. FMI: 594-0070.

WEDNESDAY, FEB. 20:

➤ "Pray the Devil Back to Hell," 6 p.m., Belfast Library. A documentary on women whose nonviolent campaign ended civil war in Liberia in 2003. Free. FMI: 338-4920.

THURSDAY, FEB. 21:

➤ Environmental Documentary Series, 6 p.m., Unity College Centre for the Performing Arts. CIFF joins Unity College to present "Sun Come Up" — following the relocation of the Carteret Islanders, and "Facing Climate Change" — four shorts exploring climate change in the Pacific Northwest. Free. FMI: 948-7469.

ART

SATURDAY, FEB. 16:

➤ Gelatin Printing Workshop, 10 a.m.-1 p.m., Waterfall Arts, 256 High St., Belfast. Abbie Read teaches an inexpensive, low-tech way of making monoprints. FMI: 338-2222.

➤ Gathering for Zentangle Enthusiasts, noon-4 p.m., River Arts, Rte. 1, Damariscotta. Zentangle is a technique that builds on simple, repetitive patterns to create intricate designs. \$20. Registration: 563-8377.

SUNDAY, FEB. 17:

➤ "American Treasures: The Best of the Farnsworth Collection," Farnsworth Museum, Rockland. A multi-part presentation of the best of the museum's 13,000 works. "Small Treasures" opens today.

MONDAY, FEB. 18:

➤ School Vacation Family ArtLabs, Mon.-Sat., Feb. 18-23, 2-4 p.m., Center for Maine Contemporary Art, 162 Russell Ave., Rockport. Participants can view "The Recycled Menagerie" exhibit, then make fanciful creatures using provided

Free to Worship



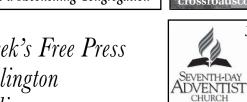
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To be included in next week's Free Press contact Glenn Billington glenn@freepressonline.com



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CALENDAR OF EVENTS

recycled materials or bring their own. By donation. FMI: cmcanow.org.

TUESDAY, FEB. 19:

➤ Life Drawing Group, Tues. through May 7, 6-8:30 p.m., Yvette Torres Gallery, 21 Winter St., Rockland (formerly at Lincoln Street Center). \$140 for 12 weeks/\$15 per session.

THURSDAY, FEB. 21:

➤ Call for Entries for "44N 69W: Radius Belfast," Åarhus Gallery, 50 Main St., Belfast. Show open to all residents who live within a 30-mile radius of Belfast. Drop off artwork at the gallery between Thurs., Feb. 21, and Sun., Feb. 24, 11 a.m.-5:30 p.m. FMI: 338-0001.

COMING UP:

- ➤ "Zen Through Artmaking, Together!" Sat., Feb. 23, 10 a.m.-noon, Waterfall Arts, 256 High St., Belfast. Children ages 6 and up and adults can explore the Japanese art of suminagashi. \$15 adults/\$5 children. Registration: 338-2222.
- ➤ Watercolor Painting, Sun. through May 12, starting Feb. 24, 3-5 p.m., Ashwood Waldorf School, 180 Park St., Rockport. Taught by Seth Lester; based on the work of Johann von Goethe, Rudolf Steiner and Liane Collot D'Herbois. No experience necessary. \$225. Registration: http://anthroposophystudies.tumblr.com.
- ➤ Call for Submissions, River Arts, 241 Rte. 1, Damariscotta, seeks entries for juried exhibition "Figures and Faces Animals Included." All media. Drop-off dates Fri. and Sat., March 1 and 2, 10 a.m.-4 p.m. Entry fee for up to three works \$20/\$15 members. Opening reception Fri., March 8, 5-7 p.m. FMI: 563-1507.

ONGOING:

- ➤ Portland Museum of Art, Congress Sq. "Lois Dodd: Catching the Light," First career museum retrospective for Dodd, a summer resident of Cushing, features 51 paintings that define the places and subjects that have mattered most. Through April 7. "Voices of Design: 25 Years of Architalx," Interactive exhibition showcasing the power of design, celebrating 25 years of Portland's Architalx lecture series. Through May 19.
- ➤ "Keeping Warm," Penobscot Marine Museum, Searsport. Exhibit includes 19th-century quilts and clothing, tools and crafts, toys, sports equipment and historic photos. Through Feb. 24.
- ➤ "Designing Benches: Farnsworth Competition Finalists," Messler Gallery, Center for Furniture Craftsmanship, Rte. 90 & Mill St., Rockport. Exhibit showcases the top entries in a design competition. Through Apr. 17.

MISCELLANEOUS

THURSDAY, FEB. 14:

➤ V-Day in Belfast, 6 p.m., Main and

High sts. Gather for 15 minutes to call for an end to violence against women, followed by a speak-out at the Belfast Library.

- ➤ Barbershop Quartet Singing Valentines, 9 a.m.-8 p.m., Waldoboro to Belfast. Delivery by members of the Windjammer Barbershop Chorus. \$25. Reservations: 542-6197.
- ➤ "Health Matters with Kno-Wal-Lin" Talk Series, 1 p.m., Spectrum Generations, 61 Park St. Monthly talks on home and community health services. Today: "Managing Heart Disease with Telehealth Monitoring." FMI: 390-4524.
- ➤ Belfast Library Friends Valentine's Bridge Party, 1-4 p.m., St. Margaret's Parish House, 96 Court St., Belfast. Light lunch and beverages, raffle; table prizes; three hours of bridge. \$10/player. FMI: 338-4228.
- ➤ Information Sessions on Checking Out E-Books, Thurs., Feb. 14, 21 & 28, 2:30 p.m., Rockland Library. Free sessions on downloading titles from the Maine InfoNet online library. FMI: 594-0310.
- ➤ Thomaston Library Bookshop Valentine Sale, through Thurs., Feb. 28, coffee table books will be sold at halfprice, two for \$3. FMI: 354-2453.

FRIDAY, FEB. 15:

- ➤ Animal Tracking at Aldermere Farm, 4-5 p.m., Aldermere Farm Conference Rm., 70 Russell Ave., Rockport. Botanist Amanda Devine talks about cold adaptations of plants and animals and shows how to find fresh tracks in snow and other signs of wildlife. Registration: 236-2739 or email spost@mcht.org.
- ➤ "Standing on the Side of Love"
 Dinner, 6 p.m., Unitarian Universalist
 Church, 37 Miller St., Belfast. Fivecourse meal and love songs by choir
 members and other local talent. Vegetarian entree available by prior request. \$25
 per person. Childcare included. Reservations: 338-4482.
- ➤ "Introduction to Winter Camping," noon on Fri., Feb. 15, to 1 p.m., Sun., Feb. 17, Hidden Valley Nature Center, Jefferson. Registered Maine Guide David Butler leads this outdoors course. FMI: www.hvnc.org or 200-8840.
- ➤ Protest Vigil on Drone Attacks, 3-4 p.m., corner of Park and Main streets, Rockland. Come and stand for whatever time you have to protest use of drone warfare in Pakistan and Afghanistan. Bring signs. FMI: Alan Hynd, 354-6632, Patti Luchetti, 975-3317.

SATURDAY, FEB. 16:

➤ "Puppy Love: A Rescue Event," 11 a.m.-2 p.m., The Animal House, 15 Coastal Marketplace, Damariscotta. Wagmatic Studios will photograph dog owners and their four-legged friends for \$10 including frame. Raffle and dog cookie bake sale. Meet dogs looking for homes. Proceeds benefit the Lincoln County Animal Shelter and Catahoula Rescue of New England. FMI: 563-5595.

- ➤ Tanglewood 5K Family Snowshoe Race, 11 a.m., Tanglewood 4-H Camp, Lincolnville. If no snow, race will be a trail run. FMI: 230-2410.
- ➤ LUV ME 5K Road Race & Walk, 8:45 a.m., walkers; 9 a.m., runners, Pen Bay YMCA, 116 Union St., Rockport. Race to benefit Go! Malawi. FMI:
- ➤ Meadow Brook Preserve Hike, 10 a.m.-2 p.m., Swanville. Ellen Skoczenski of Coastal Mountain Land Trust and Cloe Chunn of the Belfast Bay Watershed Coalition will lead a 5-mile hike through the preserve to Hurds Pond. Bring water and wear layers. Directions and FMI: 236-7091.
- > Community Knit-a-Thon, 9 a.m.-9 p.m., St. Margaret's Episcopal Church, 100 Court St., Belfast. Knitters, crocheters and other fiber artists invited to benefit the Interfaith Fuel Fund. FMI: www.stmargaretsbelfast.org.
- ➤ Spaghetti Fundraising Supper, 5 p.m., Lincolnville Central School. Proceeds will help Lincolnville builder John Stephens travel to the Dominican Republic this summer to build a roof on a refugee center. FMI: stephens92jb@netscape.net.
- ➤ Cabin Fever Reliever, 5 p.m., Belfast United Methodist Church, 23 Mill Lane, Belfast. Soups, stews and chowders will be served. Guests can bring board games to play after supper, which will benefit the Interfaith Fuel Fund. FMI: 338-5575.
- ➤ "Herbs for Easing Stress and Building Resiliency," 10-11:30 a.m., Avena Botanicals, 219 Mill St., Rockport. Deb Soule gives the first in a series of lectures to benefit the Russell Libby Memorial Fund. Libby was executive director of the Maine Organic Farmers and Gardeners Association. By donation. FMI: 594-0694.
- ➤ Georges River Tidewater Association Open House, 11 a.m.-2 p.m., 62 Water St., Thomaston. Volunteers over the age of 16 are needed to help sample water quality in the St. George River estuary. Training will be provided. FMI: 832-1273.
- ➤ "Psychological Use of the Gospels," 10 a.m.-4 p.m., First Universalist Church,

(Continued on p. 35)



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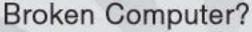
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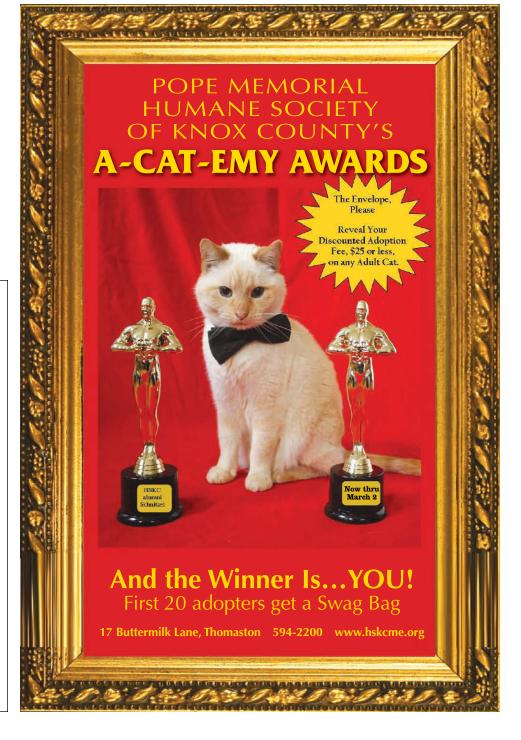


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LCTV to Premiere Film

"Lost in America," a documentary short film directed, edited and produced by Nobleboro resident Ian Kennedy, will have its television premiere on Lincoln County TV (LCTV), cable channel 7, on Friday, February 15, at 9:30 p.m. The movie follows eccentric poet and singer Philip Norris around the rapidly changing neighborhood of Greenpoint, Brooklyn, while he muses on life, works on his first novel and attempts to leave his past behind him, hoping to ride the train westward to start a new life. Kennedy, a former resident of Brooklyn, shot the low-budget film over a period of five years. An early version of the film won The Sleeping Giant Award at the 2009 Kent Film Festival and more recently won Best Documentary Short award at the 2012 Greenpoint Film Festival. Kennedy has given LCTV permission to show a limited number of airings.

LCTV is a community-access TV station, which broadcasts 24/7 to cable television households in Alna, Bristol, Damariscotta, Dresden, Edgecomb, Newcastle, Nobleboro, Waldoboro, Westport Island and Wiscasset. For more information, call 563-6338 or visit www.lctv.org.

Rescheduled from Feb. 8 —

"In the Blood" to Show in Thomaston Feb. 22

Georges River Land Trust (GRLT) and Highlands Coffee House will present a free screening of the Maine logging documentary "In the Blood" on Friday, February 22, at 7 p.m. at the coffehouse, 189 Main Street in Thomaston. The film, directed by Sumner McKane, presents a group portrait of Maine lumbermen and river drivers at the turn of the 20th century.

The film is the third in the series It's a Wild Life, part of GRLT's annual Walks & Talks program. The next film in the series is "Turning Tail," scheduled for Friday, March 8. For more information, visit www.georgesriver.org or call

Climate Change Films in Unity Feb. 21

The Camden International Film Festival's CIFF Selects program and Unity College will present a series of free sustainable-science-focused documentaries at Unity College Centre for the Performing Arts, 42 Depot Street in downtown Unity, on Thursday, February 21. "Sun Come Up," a film that follows the relocation of the Carteret Islanders, and "Facing Climate Change," four shorts that explore the impacts of global climate change on people in the Pacific Northwest, will be shown beginning at 6 p.m. A Q&A with the filmmaker of "Sun Come Up," Jennifer Redfearn, will follow the screenings. The series continues on March 14 with "Chasing Ice," and April 18 with "King Corn." For more information, call 948-7469 or visit www.uccpa.unity.edu.

Film on Women's **Nonviolent Protest That Ended Liberian** Civil War

"Pray the Devil Back to Hell," a documentary on the women whose nonviolent campaign ended civil war in Liberia in 2003, will be shown on Wednesday, February 20, at 6 p.m. in the Belfast Free Library's Abbott Room. The showing will be free, though donations will be gladly accepted. A discussion will follow the film, along with a brief presentation on Peace Jam (www.peacejam.org), an international youth organization. The screening is sponsored by the Social Action Committee of the Unitarian Universalist Church of Belfast and the Peace and Justice Group of Waldo County. For more information, call Cathy at 338-4920.

The Liberian peace campaign by both Christian and Muslim women was led by Leymah Gbowee, who was awarded the Nobel Peace Prize for her efforts in 2011. Gbowee recently joined the Peace Jam Advisory Board. She will visit Maine and deliver the University of Maine School of Law's second annual Justice for Women Lecture on Wednesday, March 20, at the Abromson Community Education Center in Portland. That lecture is free and open to the public, but space is limited and registration is required, at 780-4344 or mainelaw@maine.edu.

New on DVD & Blu-ray

Just Released 2/12 —

SKYFALL PG-13/Action/Dir: Sam Mendes (Daniel Craig, Javier Bardem, Naomie Harris) Bond's loyalty to M is tested as her past comes back to haunt her. As MI6 comes under attack, 007 must track down and destroy the threat, no matter how personal the cost.

Recent Releases —

BRAVE PG/Animated/Dirs: Mark Andrews, Brenda Chapman (Kelly Macdonald, Billy Connolly, Julie Walters, Robbie Coltrane) Scottish princess Merida is an expert archer determined not to marry the sons of three noblemen who are presented as suitors to her royal parents. Her mother Elinor is angry, prompting the princess to seek out a witch and purchase a spell that will change her mother's mind. Instead, the spell transforms the queen into a black bear. The princess and her mother make their escape into the forest where Merida has just two days to undo the curse before the spell becomes permanent.

COSMOPOLOS R/Drama/Dir: David Cronenberg (Robert Pattinson, Paul Giamatti) Eric Packer, a 28-yearold billionaire asset manager, heads out in his tricked-out stretch limo, while remotely wagering his company's massive fortune on a bet against the Chinese Yuan. His trip across the city quickly turns into a wild, hypnotic odyssey as he encounters explosive city riots and a parade of provocative visitors. Having started the day with everything, Packer's world is about to implode.

FLIGHT R/Drama/Dir: Robert Zemeckis (Nadine Velazquez, Denzel Washington, Carter Cabassa) An airline pilot saves a flight from crashing, but an investigation into the malfunctions reveals something troubling.

HOTEL TRANSYLVANIA PG/Animated/Dir: Genndy Tartakovsky (Adam Sandler, Andy Samberg, Selena Gomez) Dracula, who operates a high-end resort away from the human world, goes into overprotective mode when a boy discovers the resort and falls for the count's teenaged daughter.

LOOPER R/Sci-Fi/Dir: Rian Johnson (Bruce Willis, Joseph Gordon-Levitt, Emily Blunt) In 2074, when the mob wants to get rid of someone, the target is sent 30 years into the past, where a hired gun awaits - someone like Joe, who one day learns the mob wants to "close the loop" by transporting back Joe's future self.

SEARCHING FOR SUGAR MAN

PG-13/Documentary/Dir: Malik Bendjelloul (Sixto Rodriguez, Steve Segerman, Dennis Coffey) How is it possible that a musician named Rodriguez could bomb with two albums in the U.S., disappear into obscurity for years and then be unknowingly resurrected as a successful, inspirational hero in a different country? The film tells the uplifting, almost unbelievable true mystery of Rodriguez, a story more extraordinary than any of the existing myths about him.

TAKEN 2 PG-13/Action/Dir: Olivier Megaton (Liam Neeson, Maggie Grace, Famke Janssen, Rade Sherbedgia, Luke Grimes) It's been four years since Bryan Mills, an ex-spy, rescued his only child Kim from a Eurotrash sextrafficking ring. Now he and his wife are taken hostage by the father of a kidnapper Mills killed while rescuing his daughter.

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mostly by Lisa Miller Week of February 15 - February 21 Short descriptions of movies that are playing locally

ARGO R/Drama/Dir: Ben Affleck (Ben Affleck, Bryan Cranston, John Goodman) As the Iranian revolution reaches a boiling point, a CIA "exfiltration" specialist concocts a risky plan to free six Americans who have found shelter at the home of the Canadian ambassador.

BEAUTIFUL CREATURES PG-13/Fantasy/Dir: Richard LaGravenese (Alice Englert, Viola Davis, Emma Thompson, Alden Ehrenreich, Emmy Rossum) Ethan longs to escape his small Southern town. He meets a mysterious new girl, Lena. Together, they uncover dark secrets about their respective families, their history and their town.

ESCAPE FROM PLANET EARTH PG/Animated Sci-Fi/ Dir: Cal Brunker (Brendan Fraser, Sarah Jessica Parker, Jessica Alba, Rob Corddry, William Shatner) Astronaut Scorch Supernova from planet Baab finds himself caught in a trap when he responds to an SOS from a notoriously dangerous alien planet – Earth.

A GOOD DAY TO DIE HARD R/Action/Dir: John Moore (Bruce Willis, Jai Courtney, Mary Elizabeth Winstead) John McClane travels to Russia to help out his seemingly wayward son, Jack, only to discover that Jack is a CIA operative working to prevent a nuclear-weapons heist, causing the father and son to team up against underworld forces.

HANSEL AND GRETEL: WITCH HUNTERS

R/Horror/Dir: Tommy Wirkola (Jeremy Renner, Gemma Arterton, Famke Janssen) Hansel and Gretel are now bounty hunters who track and kill witches all over the world. As the Blood Moon approaches, the siblings encounter a new evil that might hold a secret to their past.

HYDE PARK ON HUDSON R/Drama/Dir: Roger Michell (Bill Murray, Laura Linney, Olivia Colman, Eleanor Bron) In June 1939 the king and queen of England were invited to stay overnight at President Franklin Delano Roosevelt's country estate Hyde Park in upstate New York. With Britain facing imminent war with Germany, the royals are desperately looking to FDR for support. But international affairs must be juggled with the complexities of FDR's domestic establishment.

IDENTITY THIEF R/Comedy/Dir: Seth Gordon (Jason Bateman, Melissa McCarthy, Amanda Peet) Mild-mannered businessman Sandy Patterson travels from Denver to Miami to confront the deceptively harmless-looking woman who has been living it up after stealing Sandy's identity.

THE IMPOSSIBLE PG-13/Drama/Dir: J.A. Bayona (Ewan McGregor, Naomi Watts, Geraldine Chaplin, Tom Holland) Maria, Henry and their three sons begin their winter vacation in Thailand, looking forward to a few days in tropical paradise. But on the morning of December 26th, as the family relaxes around the pool after their Christmas festivities the night before, a terrifying roar rises up from the center of the earth. After the tsunami strikes the story follows the unforgettable account of a family caught, with tens of thousands of strangers, in the mayhem of one of the worst natural catastrophes of our time. But the true-life terror is tempered by unexpected displays of compassion.

LINCOLN PG-13/Drama/Dir: Steven Spielberg (Daniel Day-Lewis, Sally Field, James Spader, Tommy Lee Jones) As the Civil War continues, America's president struggles with carnage on the battlefield and fights inside his own cabinet on the decision to emancipate the slaves.

MAMA PG-13/Horror/Dir: Andres Muschietti (Jessica Chastain, Nikolaj Coster-Waldau, Megan Charpentier, Isabelle Nelisse) Annabel and Lucas are faced with the challenge of raising his young nieces that were left alone in the forest for five years.... but how alone were they? The children are also accompanied by a malevolent, possessive spirit. SAFE HAVEN PG/Drama/Dir: Lasse Hallstrom (Julianne Hough, Josh Duhamel, Cobie Smulders, David Lyons) A young woman with a mysterious past lands in Southport, North Carolina, where her bond with a widower forces her to confront the dark secret that haunts her.

SIDE EFFECTS R/Drama/Dir: Steven Soderbergh (Rooney Mara, Channing Tatum, Jude Law) Emily and Martin are a successful New York couple whose world unravels when a new drug prescribed by Emily's psychiatrist – intended to treat anxiety – has unexpected side effects.

SILVER LININGS PLAYBOOK R/Romance/Dir: David O. Russell (Bradley Cooper, Jennifer Lawrence, Brea Bee, Robert De Niro) After a stint in a mental institution, former teacher Pat Solitano moves back in with his parents and tries to reconcile with his ex-wife. Things get hard when Pat meets Tiffany, a mysterious girl with problems of her own.

WARM BODIES PG-13/Comedy/Dir: Jonathan Levine (Nicholas Hoult, Teresa Palmer, John Malkovich) After R (a highly unusual zombie) saves Julie from an attack, the two form a relationship that sets in motion a sequence of events that might transform the entire lifeless world.

ZERO DARK THIRTY R/Drama/Dir: Kathryn Bigelow (Jessica Chastain, Joel Edgerton, Chris Pratt) A chronicle of the decade-long hunt for al-Qaeda terrorist leader Osama bin Laden after the September 2001 attacks, and his death at the hands of the Navy S.E.A.L. Team 6 in May 2011.

CALENDAR

(Continued from p. 33)

345 Broadway, Rockland. First of three presentations in partnership with the C. G. Jung Center in Brunswick. \$85/\$75 church members. Registration: 594-8750.

➤ Hike or Snowshoe in Montville, 10 a.m.-noon, Bog Brook trailhead on Halldale Road. Two-mile family- and beginner-friendly hike. Snowshoes of all sizes available on first-come, first-served basis. Snow date: Sun., Feb. 17. FMI: 589-3230.

SUNDAY, FEB. 17:

➤ "Trail Guys" Game, noon, Hidden Valley Nature Center, Jefferson. This outdoor puzzle game will be explained by game designer Aaron Weissblum. Players seek clues hidden on the center's trails to solve a puzzle. Free. Also on Sun., 1:30 to 3 p.m., Jason Chandler and James Sturtevant teach friction fire making. FMI: www.hvnc.org or 200-8840.

➤ Lincoln County Historical Association's Winter Talks Series, 2 p.m., Communications Building (behind Lincoln County Courthouse), Wiscasset. Today: "An Economy of Spirits — 18th Century Taverns of Lincoln County & the Kennebec" by historian Jay Robbins. By donation. FMI: www.lincolncountyhistory.org.

➤ "Share the Love" Community Auction, 5-8 p.m., St. Peters Episcopal Church, 11 White St., Rockland. Items include airline and NASCAR tickets, paintings and more. Proceeds to benefit AIO, Salvation Army, Rockland District Nursing Association and those needing food and heating fuel. FMI: 594-8191.

➤ "Cultural Complexity in the Middle East," 2-4 p.m., Cushing Library. Two speakers will be featured: Patrick Cardon will present "Living in Egypt: Reflecting on the Past to Illuminate the Present" and David Farmer will present "Rediscovering the Orient: 19th Century European Artists in Egypt, Turkey and the Holy Land."

MONDAY, FEB. 18:

➤ Meeting on Public Participation in Ocean Planning, 6:30 p.m., Peoples United Methodist Church, 13 Chapel St., South Thomaston. Marine biologist Susan Olcott of the Ocean Conservancy explains how the public can help shape the region's coastal and ocean planning under the National Ocean Policy. By donation. FMI: 691-2120.

➤ Dog Obedience Classes, beginning Feb. 18 and 19, Central Lincoln County YMCA, Damariscotta. Beginners meet at 6 p.m. and intermediate classes meet at 5 p.m. for five Mondays, starting Feb. 18. "Canine Good Citizen" classes meet at 5:30 p.m. and "Have Fun with Your Dog" classes meet at 6:30 p.m. for five Tuesdays, starting Feb. 19. Each class \$85/\$65 members. FMI: 563-3477.

TUESDAY, FEB. 19:

➤ "Herbs for Good Health," 2 p.m., St. Margaret's Episcopal Church, 95 Court St., Belfast. Herb expert Joan Willey speaks at this Belfast Garden Club presentation. Free. FMI: 930-3562

➤ Camden Garden Club Winter Horticulture Series, 10 a.m., Camden Library. Today: "The Rise of American Gardening in the 19th Century," with photographer and landscape designer Terry Hire. Free and open to the pub-

noon, Merryspring Nature Park, Conway Rd., Camden. Steven Selva, who teaches botanical science at the University of Maine Fort Kent, will give a talk on lichens. \$5/members free. FMI: 236-2239.

➤ Geothermal Heating Information Session, 5:30-6:30 p.m., Mid-Coast Energy Systems, 33 Midcoast Rd., Damariscotta. Learn about how geothermal heating and cooling compares to other methods. FMI: 563-5147.

➤ Merryspring Tuesday Talk Series,

➤ Thomaston Intergenerational Book Club, 2:30 p.m., Thomaston Library, 60 Main St. This month: The Kitchen House by Kathleen Grissom. By donation.

WEDNESDAY, FEB. 20:

➤ College Planning Workshops, Wed., Feb. 20 & 27, 9 a.m., Hutchinson Center, Belfast. Maine Educational Opportunity Center (MEOC) assists in choosing a college; tutoring; personal and financial counseling; career counseling; and college and financial aid applications. All MEOC services are free. To sign up, call 1-800-281-3703

➤ Lenten Vigil for Disarmament,

11:30 a.m.-12:30 p.m., continuing every Sat. in Lent, Feb. 16 & 23, March 2, 9, 16, 23 & 30, across from Bath Iron Works Administration Building, Washington St. Vigil to protest the building of warships.

➤ Preview of Wiscasset's Museum in the Streets, 6:30 p.m., Sheepscot Valley Conservation Association, 624 Sheepscot Rd., Newcastle. Project chairman Ed Kavanagh will give a preview of the 33 permanent photo and text panels that will let people take self-guided tours around Wiscasset's historic locations. Snow date: Fri., Feb. 22. By donation. FMI: www.sheepscot.org or 586-5616.

➤ "Holy Threads: Spinning Gold in Myanmar," 10:30 a.m.-noon, Anderson Inn at Quarry Hill, Camden. Linda Cortright, editor of Wild Fibers magazine, will give an illustrated talk about the cottage spinning industry in Myanmar. Free but pre-registration is required for this talk in Quarry Hill's 2013 Adventures in Living Well program for adults ages 55 and over. FMI: 230-6114.

➤ Spectrum Generations Coastal **Community Center Lunch and Learn** Program, 11:15 a.m., Spectrum Generations Coastal Community Center, 521 Main St., Damariscotta. Lunch followed by Rachel Talbot Ross's talk on the Portland/Maine Freedom Trails in honor of Black History Month. Reservations required: call 563-1363 by noon on Mon. Suggested donation is \$4 for disabled or over 60/\$6 all others.

➤ Pints for P.A.W.S. Benefit, 5-8 p.m., Rollie's Bar & Grill, Main St., Belfast. Hosted by Loyal Biscuit Co. \$1 from every pint of beer sold will be donated to P.A.W.S. Dozens of prizes to be raffled.

THURSDAY, FEB. 21:

➤ "Habitat for Migratory Songbirds in the Gulf of Maine," 7 p.m., Camden Public Library. A talk by Jennifer McCabe, a graduate student who will discuss results

from her first field season. FMI: www.midcoastaudubon.org.

➤ Information on Careers in Energy Services, 10 a.m.-noon, Rockland Career-Center, 91 Camden St. Learn about next fall's "Energy Services and Technology" program at Kennebec Valley Community College and get an overview of careers, wages and job opportunities in this field. Free. Registration: 596-2615 or isbuck@maine.edu.

➤ St. George Conservation Committee and Friends of St. George Winter Series of Programs, 7 p.m., Town Office, Tenants Harbor. Tonight: marine scientist Jon Eaton talks about the chemistry of the St. George River and the Georges River Tidewater Association that monitors the river's health.

COMING UP:

➤ Guided Hike in Appleton Marshlands, Sat., Feb. 23, 11 a.m.-1 p.m. This hike/snowshoe through Whitney Bog and Pettengill Marsh in Appleton is free, but pre-registration is required. Call Phelps Brown at 785-2040.

➤ Craft and Vendor Fair, Sat., Feb. 23, 8 a.m.-2 p.m., Northport Memorial Post 6131, 780 Atlantic Highway. Baked goods, jewelry, children's books and more. Vendors to include Tupperware and The Pampered Chef.

➤ Worm Workshop, Sat., Feb. 23, 9 a.m.-noon, Merryspring Nature Center, 30 Conway Road, Camden. Jock Robie of Mainely Worm Bins will teach how to compost waste using earthworms. \$15/\$10 members. Pre-registration is required. FMI: 236-2239 or info@merryspring.org.

➤ Thomaston Contradance, Sat., Feb. 23, 8 p.m., Thomaston Academy. Velocipede plays and Richard Green calls. No partner needed; beginners welcome. FMI: 832-5584.

➤ Bus Trip to Celtics Game, Sat., March 16. Waldoboro Recreation Dept. sponsors a trip to Boston to see the Celtics vs. the Charlotte Bobcats. \$90 includes transportation and admission to 7:30 p.m. game. FMI: 832-5369, ext. 308.

➤ Bus Trip to Boston Flower & Garden Show, Sat., March 16. Pickups in Rockport, Waldoboro, Damariscotta. Wiscasset and Bath. \$80 for online registration by Feb. 15/\$85 for others. FMI: www.clc.maineadulted.org or 563-2811.



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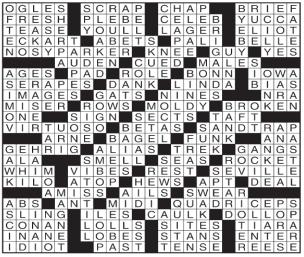


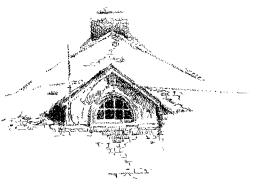












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New England Home Show or Boston Day Trip by **Bus on February 23**

Plants Unlimited, on Route 1 in Rockport, is organizing a bus trip to Boston on Saturday, February 23, for passengers to either attend the New England Home Show at the Seaport World Trade Center or spend a day in Boston. The coach will make scheduled pickups traveling south along Route 1, starting in Belfast at 6 a.m. Cost for the trip will be \$79.99 for Home Show goers, which includes the \$12 show admission, and \$69.99 for daytrippers. For more information or to reserve a seat, call 594-7754 or visit www.plants-unlimited.com.

The New England Home Show will display what's new in home, gardening, remodeling and home décor, with experts on hand to answer questions. There will be live cooking demonstrations, a furniture-building zone and a craft and specialty food area. Children are welcome.

Boston Day Trip passengers will be dropped off at Faneuil Hall Marketplace at 10:30 a.m., and picked up there at 6 p.m. Faneuil Hall is within walking distance of North End restaurants and shops, the New England Aquarium, Washington Street and Downtown Crossing Shopping, historic sites, the Freedom Trail and Chinatown.

Reception for Bob Drake & Paul Stevens Show at Pemaquid

Watershed Association on February 22 – Two Damariscotta artists, Bob Drake and Pande (Paul) Stevens, are teaming up for an exhibit at the Pemaquid Watershed Association (PWA) office suite in



downtown Damariscotta. The joint show by the two PWA members will run from February 18 to March 29, with a wine-and-cheese opening reception for the artists on Friday, February 22, from 4:30 to 5:30 p.m. at PWA. Both artists have retired from business careers; Drake is a member of Saltwater Artists Gallery in Pemaquid and works mainly in watercolors, and Stevens is a member of the Pemaquid Group of Artists and works in watercolors and tempera. The show may be viewed on weekdays from 9:30 a.m. to 4:30 p.m. in the PWA offices above Salt Bay Café in Damariscotta. For more information, call 563-2196 or visit www.pemaquidwatershed.org. A portion of proceeds from sales go to support PWA's mission of conserving the natural resources of the Pemaquid peninsula. Shown here, "Below the Dam" by Bob Drake.

Maine Lobster Festival Donates to Oceanside East Backpack Program -

Brian Plourde, vice president of the Maine Lobster Festival, recently presented Becky Harjula and Principal Tom Forti of Oceanside High School East with a \$500 donation to the Oceanside High School Backpack Program. The program helps

defray the cost of providing food, supplies and family necessities to RSU 13 high school students in need of supplies over any particular weekend during the school year. In recent years, the Festival committee has donated more than \$500,000 to the local community through support for Midcoast Regional Child Development Services, Trekkers and Meals on Wheels, among other programs. For more information, visit www.mainelobsterfestival.com.



WITH ANANUR BRUARY

Friday, February 15 — Mars has been in a fine aspect with Pluto since Wednesday. You will remain busy, active and determined to overcome obstacles. This aspect is with us until 6 p.m. Mars is also in a positive aspect with Saturn until 3 p.m. Saturday. This aspect aids in organizing and accomplishing goals because you're focused and have more patience than usual. You can take risks and trust in the outcome because you're more sensible in your approach to life's

Saturday, February 16 — Today, like yesterday, your abilities and practical, sensible approach have you focused on what is most important to you. Your goals are clear and well organized, and you'll be able to accomplish more than you imagined. Putting others' needs first feels right. Between 11:30 a.m. and 1:30 p.m. the Moon will nicely aspect Mercury, increasing your desire to share your thoughts and insights. A perfect time for socializing will be from 4 to 6 p.m., while the Moon is aspecting Venus.

Sunday, February 17 — The Moon in Taurus is awkwardly aspecting the Sun in Aquarius from 1:30 to 3:30 p.m., which could end up being a relaxing, unproductive phase. Considering all that you've accomplished in the last few days, it's about time to rest and relax, don't you think? There's not much you can do, so may as well pick up a good book. The Moon enters Gemini at 4:50 p.m. and remains in this witty, curious, clever air sign until early morning Wednesday. Tonight, if the sky is clear, the monthly vision personally, an ideal time for meditation. From 5 to 7 p.m. of Jupiter and the Moon will be seen in the heavens making its usual lovely sight. Anyone born from June 6 to 9 of any year will feel they're receiving guidance "from above."

Monday, February 18 — From 5 to 7 a.m. the Moon and Jupiter are the closest they will be, offering inspiration to all who are open to it. Saturn will be turning retrograde at 11 degrees of Scorpio, until July 8. Anyone who was born between November 1 and 5 will feel the effects of this "Saturn station." It brings about delays and frustration and the need to improve yourself in every way that has to do with your attitude about life and relationships. There are old fearful thought forms that need to be faced in order to be released. The Sun will enter psychic, sensitive, nurturing Pisces at 7:02 a.m., until March 20. We're completing old cycles before moving into spring, when the Sun enters Aries, the real beginning of the year. Venus is awkwardly aspecting Uranus. We need to learn to be more flexible in relation to others and not pin OUR expectations on them. Otherwise we end up hurt and disappointed. We all do the best that we can with the consciousness that we have at a given

moment in time and space. I believe that most people who were born under the sign of Pisces are born wise, knowing maybe too much about suffering and despair. Perhaps these folks were naturally born with empathy?

Tuesday, February 19 — The Sun and Neptune are conjunct at 2 degrees of Pisces. Neptune is the ruling planet of Pisces and so it is happy to be in Pisces, where it expresses its strengths with ease. Learning from film or music would be most sensible today. Your psychic antenna is raised and ready to telepath both as sender and receiver. Try it out. Performance art with a message would be a favorite way to express your inner knowingness. Take it to the road in a traveling troupe across the country and make an impact wherever you go. Better yet, include audience participation. You could innocently start a revolution. Dream big. That's the message today from the Sun and Neptune. An excellent time for socializing is from 11:45 a.m. to 1:45 p.m., while the Moon in Gemini nicely aspects Venus in Aquarius. You've got ideas to share.

Wednesday, February 20 — Until Thursday at 11 a.m. the Sun and Neptune are still conjunct. Pay close attention to your dreams now; they could be prophetic. I've noticed that most Pisces people have extraordinary dreams, with lots of detail and color. From 8 to 11:30 a.m. the Moon will be in Cancer in a positive aspect with the Sun and Neptune in Pisces, opening us all to explore the spiritual realms more could be a hit disruptive with the Moon harshly aspecting Uranus. You never know what to expect, so try to be flexible and detached from an outcome being a certain way. Your mood is upbeat again when the Moon in Cancer forms a favorable aspect to the Moon in Gemini from 7 to 8 p.m.

Thursday, February 21 — Be prepared for Mercury to turn retrograde on Saturday, February 23, at 4:42 a.m. and remain retrograde until March 17. Sign legal documents today, before Mercury turns retrograde. Make sure your computer and your vehicle are in good condition. The Sun and Neptune are conjunct until 11 a.m. Hopefully you've had a chance to let your imagination steer you and guide you into imagining what you want your future to be. Continue to let your psychic antenna catch the information you need to be a better humanoid. You should have plenty of energy and determination between 10:30 a.m. and 1 p.m. today, thanks to the Moon and Mars.

Ananur Forma lives in Rockland and can be reached for a personal astrological reading in person or by phone at 594-2565. Visit www.AstrologyWithAnanur.com.

The First Hoop Program Donates to Oceanside Athletics - The First concluded its First Hoop program last Thursday night

at Oceanside High School in Rockland, presenting a check to Oceanside Athletic Director Jim Leonard at halftime for \$1,850. Oceanside is one of eight participating schools that can earn up to \$150 for each home, varsity basketball game. Presenting the check at halftime are, left to right, Ericka Smith from The First, Jim Leonard, Shannon Young from The First, and Oceanside player Lily Vachon.



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Wood "Chuck" **Berry Visits** Knox Cénter -

Each February, Wood "Chuck" Berry and his shadow, and their friend Cheryl Michaelsen of the Berry Manor Inn in Rockland, visit the Knox Center in Rockland to share chocolate groundhogshaped lollipops and some laughs. Shown here, "Chuck" with Doris Brackett.





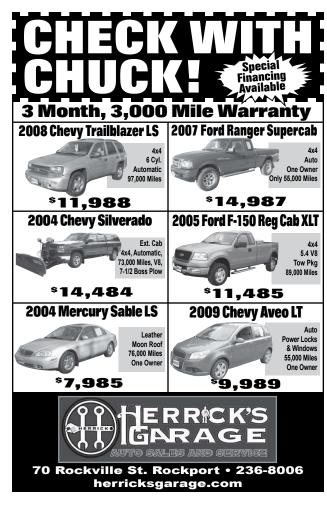
The Ghost of Paul Revere at Billy's Tavern February 16 –

The Ghost of Paul Revere will perform on Saturday, February 16, starting at 8:30 p.m. at Billy's Tavern in Thomaston, behind the business block. Dinner service will end at 6 p.m. to make room for dancing; cover is \$5. Their music, centered around songs by band members Max Davis, Griffin Sherry and Sean McCarthy, is "a nontraditional way of interpreting traditional American music" that blends roots with soul, blues, rock and bluegrass. For more information, call 354-1177.

Ghost Trackers to Show Haunted Episodes at Fort Knox Feb. 23 —

The East Coast Ghost Trackers (ECGT, pictured here) will show two episodes in their film series "Maine's Most Haunted" at the Fort Knox Visitor Center in Prospect on Saturday, February 23, at 7 p.m. The episodes feature ECGT's paranormal investigations at Fort Knox and the Penobscot Theater. A question-andanswer session will follow the showing. Tickets are \$10 per person, available in advance by calling the Friends of Fort Knox at 469-6553, or at the door. Seating is limited. ECGT provides paranormal investigation tours of the Fort Knox historic site during the Fort's operating season, and one audience member on the 23rd will win a free tour with the group this coming summer. Proceeds from the film presentation will go to the Friends of Fort Knox, whose mission is to preserve the Fort and enhance its educational, cultural and economic value for the people of Maine.







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Sex and Love Addicts Anonymous

FMI: Email mmislaa@fairpoint.net, or go to the 211 Maine Web site (click on 211 directory then keyword: Augustine Fellowship).

Common Journey Cancer Support Group for Women, First and third Mon., 6 to 8 p.m., Picker Center, PBMC campus. Includes vegetarian meal. Professionally facilitated. Must have phone interview to join. FMI: Linda Zeigler RN, 596-8956 or Patricia Smith RN, 542-5409.

OVEREATERS ANONYMOUS

St. Peter's Church, Rockland Tues., 6:30-7:30 p.m. Sat.. 8:45-9:45 a.m. FMI: 236-4101.

CRISIS LINE Maine's Statewide Toll-Free Crisis Hotline 1-888-568-1112.

The Maine Department of Mental Health, Mental Retardation and Substance Abuse Services' 24-hour crisis line links to the center in Maine nearest you.

AL-ANON MEETINGS **Knox County**

Mon., 7-8 p.m., St. John Episcopal Church, Thomaston. Tues., 7-8 p.m., Our Lady or Good Hope Catholic Church, Camden.

Sat., 10-11 a.m., Pen Bay Physicians Building, Rockport. Brown Bag Group, Mon.-Sat., 12:15 p.m., Rockland Congrega tional Church, 180 Limerock

AL-ANON MEETINGS Waldo County

- Mon., noon-1 p.m. First Baptist Church annex, 95 High St.,

- · Wed., 7 p.m. Monroe Community Church basement, 26 West Main St., Monroe.
- Thurs., 7 p.m. First Baptist Church annex 95 High St.
- · Sat., 10 a.m. St. Margaret's Episcopal Parish House basement, 95 Court St., Belfast.

Care Net Pregnancy Center: Do you think you might be pregnant? Care Net provides 24-hour help line, free pregnancy tests, information on pregnancy, parenting, abortion information, adoption and postabortive help. All service is confidential. Care Net Pregnancy Center, 462 Old County Rd., Rockland, ME 04841, 594-1616, Mon.-Thurs. 12:30 to 5 p.m., morning and evening by appointment only.

NARCOTICS ANONYMOUS:

for meeting updates and other locations, call 1-800-974-0062

or visit www.namaine.org. Second Chances, Mon., 6:30-7:30 p.m., First Church of Belfast 'Annex," beside Crosby School, 55 Spring St.

Love in Light, Mon., 6:30-7:30 p.m., St. John's Episcopal Church, 200 Main St., Thomaston.

- **New Attitudes**, Tues., 6:30-7:30 p.m., St. Peter's Episcopal Church, 11 White St., Rockland.

- Spiritual Warriors Group, Wed., 7:30-8:30 p.m., Miles Memorial Hospital, 3rd floor conf. room, Rt. 130 (Bristol Rd.), Damariscotta.
- 12 Steps to Recovery, Wed., 6:30-7:30 p.m., St. Peter's Episcopal Church, 11 White St., Rockland.
- Second Chances, Thurs., 6:30-7:30 p.m., United Methodist Church, 23 Mill Lane, Belfast - **Keag Is Up**, Thurs., 6:30-7:30 p.m., People's United Methodist
- Church, 13 Chapel St., South Living Free, Fri., 7:30-9 p.m., Miles Memorial Hospital, 3rd floor

conf. room, Rt. 130 (Bristol Rd.)

- Damariscotta. New Attitudes, Fri., 6:30-7:30 p.m., St. Peter's Episcopal Church, 11 White St., Rockland.
- Second Chances, Sat., 10-11 a.m., United Methodist Church, 23 Mill Lane, Belfast.
- Keag Is Up, Sat., 6:30-7:30 p.m., People's United Methodist Church, 13 Chapel St., South Thomaston.

ALCOHOLICS ANONYMOUS MEETS

- Camden 12-step group St. Thomas Episcopal Church 33 Chestnut St., Camden
- Mon., 6:30 p.m., Beginners meeting. All welcome.
- Tues., 6:30 p.m., Open discussion meeting. All welcome. "As Bill
- Wed., 6:30 p.m., Step Meeting. Open discussion. All welcome.
- Thurs., 6 p.m., Closed discussion meeting. (For alcoholics only.) - Fri., at 7:30 p.m., Speaker's meet-
- Sat., 7 p.m., Big Book meeting. All welcome.

FMI: 1-800-737-6237 24 hours day or night www.aamaine.org.

ALCOHOLICS ANONYMOUS MEETINGS District 16

- Sun., 10 a.m.; Sunshine Group, Waldo County General Hospital Education Building, Belfast. 7 p.m.; Searsport Sunday Night
- Group; First Congregational Church, Searsport.

 - Mon., 7 a.m.; Attitude Adjust-
- ment, St. Margaret's Lighthouse, **6 p.m.;** Off the Wall Step Group,
- First Baptist Church, Belfast. 8 p.m.; Brooks Circle Group, Varney Building, Brooks.
- Tues., 7 a.m.; Attitude Adjustment, St. Margaret's Lighthouse, Belfast.
- 6 p.m.; Tues. Happy Hour Group, St. Margaret's Light-house, Belfast.
- 7 p.m.; Women's Big Book Step Study Group, 2nd floor Opera House (across from Post Office), Belfast.
- Wed., 7 a.m.; Attitude Adjustment, St. Margaret's Lighthouse, Belfast.
- Noon.; Weds. Noon Step Group, St. Margaret's Light-house, Belfast.

 - 8 p.m. Off the Wall Step Group,
- First Baptist Church, Belfast. - Thurs., 7 a.m.; Attitude Adjustment, St. Margaret's Lighthouse, Belfast.
- · Fri., 7 a.m.; Attitude Adjustment, St. Margaret's Lighthouse, Belfast. Noon; Friday Noon Step Group, St. Margaret's Light-house, Belfast.
- 6:30 p.m.; Big Book Step Reading Meeting, St. Francis of Assisi Church, Belfast.
- Sat., 7 a.m.: Attitude Adjustment. St. Margaret's Lighthouse, Belfast. Noon, Saturday Noon Live Beginners Group, UU Church on Miller

Street, Belfast.

Maximum qualifying incomes are: 1 Person \$33,250 - 2 Persons \$38,000

For Information Call Sherry @ 594-2743 TDD/TTY 1-800-545-1833 Ext. 702 Professionally Managed by MCH Housing, Inc.

Available Now! **Efficiency Apartment in Downtown Rockland**

For applicants 62 or older and/or disabled

Methodist Conference Home

Rockland, Maine

Rent is 30% of income and includes all utilities, elevator,

laundry facilities, parking and a Resident Service Coordinator on site. Meals are available

APPLICATIONS FOR KNOX HOTEL APARTMENTS AVAILABLE



Newly renovated Knox Hotel Apartments at 192 Main St. in Thomaston

Rent is 30% of income and includes new kitchens, wall to wall carpeting, laundry facilites, community living room, parking and professional Service Coordination to assist elderly and disabled residents.

Maximum Income Limits are \$24,960 for 1 Person \$28,500 for 2 Persons

If interested, please call Sherry at 594-2743 TDD/TTY 1-800-545-1833 Ext. 702







ATTENTION: SENIOR CITIZENS

Applications now being taken for Rankin Center in Rockland

Spacious apartments with appliances Laundry Facilities Housing Coordinator and Support Services on Site.

Maximum qualifying incomes are 1 Person- \$33,250 - 2 Persons- \$38,000

Please call 594-2743 TDD/TTY 1-800-545-1833 Ext. 702 Professionally Managed by MCH Housing, Inc.



SELF HELP AND SUPPORT

- 6:30 p.m. "As Bill Sees It," Educa- Ongoing Social and Support Group. tion Building, Waldo County General Hospital, Belfast.

FMI: 1-800-737-6237 24 hours day or night www.aamaine.org

Celebrate Recovery Christ-centered 12-Step Recovery Program, Thurs., 6 p.m. First Baptist Church of Waldoboro (childcare provided). FMI: 832-7659.

Lesbians 40+, coupled or single, liv ing in Camden/Rockland area. FMI 631-0249 or e-mail mwpbooks@mid-

FOOD ADDICTS IN RECOVERY ANONYMOUS

Newcastle: Tues., 6:30 p.m., Faith Baptist Church. FMI: Joanne, 380-2386. Rockland: Sat., 8:30 a.m., Knox Center, Rockland Room, 6 White St. FMI: Shirley, 354-6749.

MARKET is 4 p.m. MONDAYS

the TOTAL price of ALL your items is \$100 or less, it's FREE (ads must include prices for all items or we cannot run the ad).

Market Basket ads run for two weeks. Only one per household per week will be printed. We can only accept ads that are 20 words or less. We cannot accept ads over the phone — we do accept faxes (596-6698). Market Basket ads must be received by 4 p.m. Mon. for inclusion in that week's issue. NO BUSINESS, SERVICE OR YARD SALE ADS qualify for the Market Basket. Ads which do not follow these guidelines cannot be 9750. printed.

FOR SALE

Indoor Electric Grill, T-Fal, Emeril Lagasse Gourmet, easy clean, removable top, 10" x 16' grilling surface, new, in box, paid \$90, sell \$45. 594-8284.

Sears Stereo Record Player, Silverstone Medalist tuner, radio and two speakers, plus five records, all for \$75. 594-8262.

Danielle Steel Novels, 25 hardcovers, \$2 each or \$50 for all. Paperall. 549-7593.

clean, works well, medium loads only, \$40. 236-0240. Ann.

ish, bought 1974, not used for 25 years, may need new drivers, asking \$75. 596-6272 **Dollhouse**, 32 x 18 x 24" high, rugged log construction, \$90.

354-0115. Collectible VCR Tapes, "Hogan's Spring's Coming, 42 new Wilson Heroes" collectors edition, 27 in golf balls, 56 used balls, plus two all, \$25. 338-2384. Irons, youth's bag, w/cart, \$50 for

Adjustable Rolling Desk Chair, black, good condition, \$20. 230-

Microwave and Stand, looks great, works great, \$30. 542-4000. White Medicine Cabinet, new,

TV Stand, swivel, wood colored

w/doors on bottom, \$15. 592-5214. \$25. 594-5743. Friendly Village China, \$2-\$20. Four piece wicker, \$50. Coffee table quilting book, \$25. 236-8579.

Small Bird Cage, \$10. Microwave oven, \$20. Antique, three-drawer, oak dresser, \$65.542-2328, Rockland.

Sofa, off white, good shape, clean, \$40. Tile-top coffee table, \$40. VHS movies, 30 for \$15. 594-5847.

Fisher & Paykel Ecosmart Washing Machine, 12 years old, Machine, like new, paid \$600, sell for \$100. 549-3899.

Nice Sliding Rear Window, Wii Fit Plus, and sports pack, like 1973-87 full size Chevy or GMC new, \$100.542-8490 or 594-0621.

PLEASE READ: As long as **Two Realistic Speakers**, oak fin- **Wool for Braiding**, medium coat weight, 10 large pieces, \$7/yd.

> Panasonic Camcorder, with all accessories, works great, \$100 OBO. 790-0298.

Ski Master XC-1. \$25. Ab exeriser chair, \$25. Med. cat carrier,

\$15. 975-1802, Cushing. Two 19" TVs, one Emerson, one JVC, \$25 each or \$40 for both.

Couch, 88" long, 2-cushion, inside seating 61" by 36", very good condition, \$100. 372-8136.

Automatic Fax-Data Switch, \$20. HP laser jet print cartridge, 92A,

Ceramic Molds, 25 assorted Alberta student casting ornament molds: mice, bunnies, etc., good cond., \$4 ea./\$80 for lot. 785-4913, Union.

WANTED

Wanted: Animal Foothold Traps, anything to do with trapping, books, etc., cash. 342-5809.

Wanted: Bottles and Cans to help senior citizen in Rockland area with expenses. 594-4788. (kr) ■

Wanted: Old Chisels, any condition, will refurbish; also furniture clamps, planes, carving tools for woodworking classes, cash paid. 596-0863. (kr)

Wanted: Portable Washing Machine, with faucet hookup, can pay up to \$65. (201) 478-9760,

FREE

Free: Men's Blizzard Sorel **Boots**, size 11, thick wool lining, 14" high, lightly used. 236-1088.

LOST

Lost: Silver Wallet, Goodwill Rockland, Monday evening, January 28, need driver's license and Goodwill discount card, 632-8842.

MORE ONLINE JOB LISTINGS THAN ANY OTHER **SOURCE IN THE**

MIDCOAST. FREE ONLINE ADS AVAILABLE. CALL JENN RICH AT 593-0035, EXT. 124 FOR

MORE INFO.

MARKET BASKET ADS FREE

MARKET BASKET RULES:

#1. Maximum # of Words per Ad = 20 #2. To TAI of all items added together MusT bE \$100 or less!

#3. Ads **MusT be priced** or we cannot run them. #4. We cannot run Wanted ads seeking items costing over \$100.

#5. only one ad Per week per person/phone number.

#6. No busiNEss, sERVICE oR VARD sAI E ADs accepted. Please use the regular classified ad form for these and all other ads which don't fit the above guidelines — sorry, ads that don't follow these guidelines cannot be printed!

!Market Basket Ads Automatically Run For Two Weeks!

Mail To: The Free Press MB, 8 No. Main St., Suite 101, Rockland, ME 04841 Sorry, we canno T take Market Basket ads by phone or e-mail, but you can fax your ad to 596-6698. However, we ask that you NOT copy this form and then fax it — copies from newsprint don't fax lacksquarewell, and we can't read them — just write your ad on a white sheet of paper and fax that —do not forget your phone #.

And about the handwriting: If we can't read it, we can't run it. MARKET BASKET AD DEADLINE IS 4 PM ON MONDAYS

Not all channels available in all parts of The Free Press circulation area.

CHANNEL LINE-UP Knox County

CKSH - French UPN - WPME FOX - WFPO CBS - WABI NBC - WCSH

PEG - Public

ABC - WMTW

TWCTV 10 MPBS - WCBB 11 PEG - Education WB - WPXT 13 CBS - WGME 14 QVC

15 HSN CHLT 17 Shop NBC

FRI	DAY E	VENI	NG F	EBRU	ARY 1	5, 201	3					
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	College Ho	ckey: Bosto	n University	at Maine.	(N) (Live)	Monk Mon threaten a	k's phobias case.	Monk Nata		Our Homes	Extra (N)	Paid Program
4	Big Bang Theory	Big Bang Theory	Kitchen Nic		Touch Guillermo News 13 on FOX (N) continues his guest.		n FOX (N)	Dish Na- tion (N)	The Office	The Office	Accord- ing-Jim	
5	Big Bang Theory	Two and Half Men	The Job "C tan" (N) CC		CSI: NY Th of love gor		Blue Blood riors" (N)		News	Late Show Letterman	With David	Ferguson
6	207 Magazine.	Inside Edition	Dateline N	BC (N) (In S	Stereo) 🚾		Rock Cent Brian Willia		News	The Tonigh With Jay L		Jimmy Fallon
8	Wheel of Fortune	Jeopardy! (N)	Last Man Standing	Malibu Country	Shark Tank Stereo) CC		20/20 (In S	stereo) 🚾	WMTW News 8	Jimmy Kim (N) (In Ste	mel Live reo) CC	Nightline (N) CC
10	PBS News (In Stereo)		Washing- ton	Need to Know (N)	Maine Watch	Inside Wash'ton	Live From Center (N)	CC	Charlie Ro Stereo) CC	se (N) (In	PBS News Stereo) CC	
12	Engage- ment	How I Met	Charlyne Y	½ "Paper I i. Premiere.	(In Stereo)		30 Rock	30 Rock	Friends CC	TMZ (N)	(N) CC	Auto King
13	Entertain- ment		The Job "C tan" (N) 🚾		CSI: NY Th of love gor	e wrong.	Blue Blood riors" (N)	C]	WGME News	Late Show Letterman	With David	Ů
21	Cold Case		Cold Case		Cold Case	CC	Cold Case		Flashpoint		Flashpoint	
24	The Baseb			College Bas			Sports	Sports	Sports	Sports	Sports	Baseball
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26	Around	Pardon	NFL Live (I			day Night F			SportsNati		NFL Live ©	
27 30	NHL Hockey: Boston Bruins at Buffalo Sabre				S. (N) Hoarders [Bruins CC	Daily Hoarders [Daily C	Daily Hoarders [Red Sox	NHL Hocke Hoarders	
36	E. B. OutFr	E. B. OutFront Anderson Cooper			Piers Morg	an	Anderson (Cooper	E. B. OutFr	ont	Piers Morg	an
39	The Kudlow Report BMW: A Driv.				Ultimate Factories American Greed		Mad Money		Ultimate Fa	actories		
40	Hardball Matthews The Ed Show (N)				-			Documenta	ary	Documentary		
41	Wipeout CC Wipeout CC					World Records Wipeout CC			World's Du		World's Dumbest	
42	(6:00) Movi "Ninotchk	a" (1939)	(1931) Wal	★½ "The lace Beery.	CC .	Garbo, Joan Crawford, John Barr			more. cc (DVS)	Movie: ★ ★ Miniver" (1	1942)
44	The Menta Right Red	Hand"	stream"		Challenge.	etball: 2013 (N) (Live)	C		NBA	Southland Hats" ©		★★ "Ar- mored"
45		Daily	Tosh.0	Tosh.0	Kroll	Work.	Tosh.0			b Time Ma		South Pk
<u>46</u>	Cooper. Fo	"Mer Special	al Forces so Law & Ord	ldiers form	a rogue un Law & Ord	it	Movie: ★★★ "Live Free or Die Hard" (2007 Justin Long. America's computers fall under a Law & Order: SVU Law & Order: SVU				r, Action) B lttack. Psych ©©	ruce willis,
48	Seinfeld	Seinfeld	Family Guy ©	Family Guy [CC]	Movie: ★ #	r " Tyler Pe 9) Tyler Perr	rry's Made	Goes to			There Yet?	There Yet?
49	"Pride"			rella Story			y. ເພິ່ (DVS) r★ "Pretty		l 1990) Richa	rd Gere	"Raising I	lelen"
50	Duck D.	Duck D.			Duck D.	Duck D.	Southie	Southie	Southie	Southie	Duck D.	Duck D.
<u>51</u>	(5:00) Mov "A Knight	ie: ★★½	Movie: ★ ½	"Catwoma	n" (2004, A		The Walkir	g Dead	Comic Men	Freak- show	Immortal- ized	"Cat- woman"
(52)	So You Thi			nk You Can		CC		★ "Dirty [Dance
(53)	Housewive	s/Atl.	Movie: ★ ★	★ "Friday	" (1995) lce	e Cube.		★ "Friday			Housewive	s/Atl.
56	Restaurant	: lm.	Diners	Diners	Diners	Diners	My. Din	My. Din	Diners	Diners	Diners	Diners
59	Brady Bunch	Brady Bunch		★ "Weddi e, Karen Va		2004) John	Frasier CC	Frasier CC	Frasier CC	Frasier CC	Golden Girls	Golden Girls
60	Sid Roth	Potters	Behind	Lindsey	Harvest	P. Stone	Praise the	Lord CC		•	Ever In	Israel:
61	American F	Pickers	American F	Pickers	American I	Pickers	American I	Pickers	American I	Pickers	American F	Pickers
62	Say Yes	Say Yes	Four Wedd	ings:	Say Yes	Say Yes	Bor	Bor	Say Yes	Say Yes	Bor	Bor
63	Gold Rush	CC	Gold Rush	- The	Gold Rush	(N) CC	Bering Sea	Gold	Gold Rush	CC	Bering Sea	Gold
64	M*A*S*H	,	Cosby	Cosby		Raymond	Raymond		King of Qu		King	King
66	(6:00) "The	e Wedding	Planner"	Movie: ★ ★		ve You" (20		Swank.	The 700 C		Prince	Prince
67	iCarly Jessie ©©	Figure It	iCarly Jessie Jes	iCarly	Full H'se Gravity	Full H'se Phineas	Nanny Dog With	Nanny Good-	Friends Jessie CC	Friends Jessie CC	Friends A.N.T.	Friends Good-
68	ncook m	ocsoit w	her big bre		Falls (N)	and Ferb	a Blog	Charlie	OCOOIL M	OCOOIG IN	Farm	Charlie
69	Fatal Attrac	ctions	Fatal Attrac		Fatal Attra		Fatal Attrac		Fatal Attrac	ctions	Fatal Attrac	
70	"Underwo		WWE Frida Stereo) CC	ay Night Sm	ackDown! (N) (In	Merlin "A L Vengeance		Being Hum	nan	Merlin "A L Vengeance	

18	TV Guide	37	Headline News
19	C-SPAN	38	TOON
20	C-SPAN2	39	CNBC
21	ION	40	MSNBC
22	PEG – Government	41	truTV
23	GAC	42	TCM
24	Comcast Sports Net	43	INSP
25	ESPN	44	TNT
26	ESPN2	45	Comedy
27	NESN	46	FX
28	MTV	47	USA
29	VH-1	48	TBS
30	Lifetime	49	Oxygen
31	Spike TV	50	A&E
32	CMT	51	AMC

Weather Channel

33

34 NECN

35 FOX News **36 CNN**

42	TCM
43	INSP
44	TNT
45	Comedy
46	FX
47	USA
48	TBS
49	Oxygen
50	A&E
51	AMC
52	Ovation
53	Bravo
54	E!
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	56	Food Network	
	57	Travel Channel	
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	59	Hallmark Channe	I
•	60	TBN	
•	31	History Channel	
•	62	TLC	
•	33	Discovery	
•	64	TV Land	
•	35	BET	
•	66	ABC Family	
•	37	Nickelodeon	
•	86	Disney Channel	
•	39	Animal Planet	
7	70	SCI-FI	
7	71	TV5	
7	72	ONTV4	

85 Local Access

FARMER, HOST OF FARMER'S GOT THE BLUES

www.freepressonline.com

On the Air at WRFR

Tuesdays from 8-9 p.m., "Jo & Cheech's Radio Hour" focuses on creative projects in the midcoast. Hosts Rachel and Joelle Albury have interviewed Maine artists, writers, musicians and members of local community organizations. Listen to past shows at www.rajoartworks.com/shows.php. For more



information, call WRFR at 594-0721 or visit www.wrfr.org

This show is sponsored by Tea Printers of Rockland, Philbrook & Associates, Jess' Market.

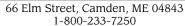
Email wrfrvolunteers@gmail.com for inquiries about hosting a radio show. To sponsor your favorite WRFR radio show, contact Ananur Forma at 594-2565.

	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	Castle "Aln Famous" ©		Love-Ray- mond	King of Queens	Old Christine	King of Queens	Old Christine	'Til Death	Sports Legends	McCarver	Paranor- mal	Paid Program
4	Big Bang Theory	Big Bang Theory	NASCAR I	Racing: Spri (N) (In Stere	nt Cup: The		To Be Anno	ounced	News 13 on FOX	Big Bang Theory	The Follow Love"	
<u>5</u>	Two and Half Men	Big Bang Theory	Person of I "Firewall" [Criminal M Stereo) CC		48 Hours (I Stereo) CC		News	Nite Show	Big Bang Theory	Castle Co
6	Green's Paid American Ninja V Maine Program rior (N)				Chicago Fi and Dead"		Saturday N (In Stereo)		News	Saturday N Stereo) CC	light Live (N	N) (In
8	Paid Program	Jeopardy!		r★ "Harry aniel Radcl			per of Secretereo)	ets" (2002,	WMTW News 8	Cold Case ers" CC		CSI: Miami ©
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12	How I Met	How I Met	Family Guy 🚾	Family Guy CC	Cops CC	Cops CC	Nite Show	Commu- nity Aud.	Private Stage	Always Sunny	TMZ (N) (I	n Stereo)
13	Judge Judy	Paid Program	Person of I "Firewall" [Criminal M Stereo) CC	linds (In I (DVS)	48 Hours (I Stereo) ©©		WGME News	Ring of Ho Wrestling	CC	Burn Notice ©
21	House CC		House CC		House CC		Psych CC		Psych 🚾		Psych "Tru	
24	Sports	Celtics	Go Fight L				Celtics	Sports	Sports	Sports	Sports	Basket.
25	College Ba		College Ga		College Ba	sketball: Te	xas at Kans	. ,	SportsCer	iter (N)	SportsCer	
26	College Ba	sketball	College Ba	sketball			NHRA Dra	g Racing			Basket	Poker
27	College Ho	ckey: Bosto	n Universit	y at Maine.	(N)	Outdoors	Daily	Daily	Daily	Dirty	Paid	Paid
30	(6:00) Mov Easily Bro		Movie: "Pastor Brown" (2009, Drama) Salli Movie							Movie: "Pa Brown" (2		
36	CNN News		CNN Prese		Piers Morg		Piers Morg		CNN Pres		Piers Morg	
39	Money in	Millions	Ultimate Fa	ate Factories Suze Orman Show Princ		Princess	Princess					
40	Documenta	ary	Document	ary	Document	ary	Documenta	Documentary Documentary		ary	Document	ary
41	Wipeout Co	3	Wipeout @	C]	Wipeout "F	eed Jill"	Wipeout © Most Shoo Drama) Charlton Heston, Jack Ha					
42 44	"Gigi" (199 Open Cour (Live) ©©	t (N)	Stephen B NBA Tip- Off (N)	Oyd. Friends NBA Baske From the Telegraphs	s become b etball: 2013 oyota Cente	itter enemie NBA All-St er in Housto	s during the ar Saturday n. (N) (Live)	time of Ch Night. cc	Sir Charles (Live) ©©	s at 50 (N)	Movie: "No Northwes Movie: ★ → Black II" (t" (1959) ★ "Men ii 2002)
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46	(5:30) Mov "Knight ar	nd Day"	Justin Long	x ★ "Live F g. America's	computers				Anger	Totally Biased	BrandX W	
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48)	King of Queens	Family Guy CC	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	King of the "High IQ's"	Nerds	Cougar Town	Sullivan Son
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<u> </u>	"Strictly B	allroom"		t ★ "Dirty [Business"		"Goril
53)	Real House			"How to I						Lose a Guy		
56)	Worst Coo		Worst Coo		Worst Coo		Worst Cool		Iron Chef		Worst Coo	. ,
<u>59</u>	Movie: "Al		orever" (2		Movie: ★ ≠	* * "Straig	ht From the ew McCarth	Heart"	Movie: "Uı	ndercover E rns, Gregor	Bridesmaid	l" (2012)
60	Precious M	lemories	In Touch		Hour of Po	wer [cc]	Graham Cl	assic	Movie: "Lo	ve Comes	Softly"	"Love"
61)	Pawn	Pawn		m the Road		. ,	Pawn	Pawn	Pawn	Pawn	Road to Fr	
62	Lottery Ch		Next Bake			: Next Grea		Cake	Next Bake		Cake Boss	
63	Fast N' Lou		Gold Rush		Gold Rush		Gold Rush		Gold Rush		Gold Rush	
64	Cosby	Cosby	Cosby	Cosby	King	King	King	King	Curb	Curb	Curb	Curb
66	"Chronicle	es-Lion"	"Journey	to the Cent	er of the E	arth"	Movie: ★ ★	★ "Beetle	juice " (198	38)	"Hocus P	ocus"
	iCarly	iCarly	Marvin	Ninjas	Rock	iCarly	Nanny	Nanny	Friends	Friends	Friends	Friends
67					and a Mail	Distance	Jane 100	A 0	Good-	Jane 100	A 1' O	ANIT
67 68	Jessie 🚾	Good- Charlie	Movie: ★ ≠ (2010) Void	ces of Steve	Cable Me Carell.	Phineas and Ferb	Jessie cc	Austin & Ally CC	Charlie	Jessie cc	Austin & Ally CC	A.N.T. Farm



TUI	ESDAY	/ EVEI	NING	FEBF	RUARY	19, 2	013					
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	The People	e's Court	House House senator. CC		College Ba College. (N		aryland at B	Boston	House "Ba Bathwater		Extra (N)	Auto King
4	Big Bang Theory	Big Bang Theory	Raising Hope (N)	New Girl "Fluffer"	New Girl (N)	Mindy Project	News 13 o	n FOX (N)	Dish Na- tion (N)	The Office	The Office	Accord- ing-Jim
5	Big Bang Theory	Two and Half Men	NCIS "Here	eafter" (N)	NCIS: Los "History" (N		Vegas "Two	o of a Kind"	News	Late Show Letterman	With David	
6	207 Magazine.	Inside	Off Their Rockers	Off Their Rockers	Go On (N)		Smash "Th turg" (N)		News	The Tonigh With Jay L		Jimmy Fallon
8	Wheel of Fortune	Jeopardy! (N)	The Taste '	The Art of	To Be Anno		Body of Pr ducted F	oof "Ab-	WMTW News 8	Jimmy Kim (N) (In Ste	mel Live	Nightline (N) CC
10	PBS News (In Stereo)	Hour (N)	Billy the Ki	d: Ameri-	Guns in An		Frontline "F	Raising	Charlie Ro Stereo) CC	se (N) (In	PBS News	Hour (In
12	Engage- ment	How I Met	Hart of Dix Gambler" (ie "The	Cult "You're		30 Rock	30 Rock	Friends	TMZ (N)	Paid Program	Auto King
13	Entertain- ment	omg! Insider (N)	NCIS "Here		NCIS: Los "History" (N		Vegas "Two	o of a Kind"	WGME News	Late Show Letterman	With David	Ferguson
21	Criminal M	inds	Criminal M	inds	Criminal M		Criminal M	linds	Flashpoint	CC	Flashpoint	CC
24	The Baseb	all Show	Sports	Celtics	NBA Baske	etball: Bosto	on Celtics at	t Denver Nu	ggets.	Celtics	Sports	Baseball
(25)	College Ba	sketball			College Ba	sketball: Fl	orida at Mis	souri.	SportsCen	ter (N)	SportsCen	ter (N)
26	College Ba	sketball			NBA Coast	t to Coast (I	N) (Live) CC		NFL Live (N) CC	Basket	NASCAR
(27)	Red Sox Li	ive	Fenway Pa	rk	Red Sox Li	ive	Daily	Daily	Daily	Daily	Paid	Paid
30	Dance Mor	ns cc	Dance Mor to the Core		Dance Mor	ms (N) CC	Double Divas (N)	Double Divas	Double Divas	Double Divas	Dance Mo	ms "Rotten
36	E. B. OutFr	ont	Anderson (Cooper	Piers Morg	an	Anderson	Cooper	E. B. OutFi	ront	Piers Morg	jan
39	The Kudlov	v Report	Marijuana:	Industry	60 Minutes	on	American (Greed	Mad Mone	у	60 Minutes	on
40	Hardball M	atthews	The Ed Sh	ow (N)	Rachel Ma	ddow	The Last V	Vord	The Ed Sh	ow	Rachel Ma	ıddow
41	World's Du	mbest	Pawn	Pawn	Pawn	Pawn	Hardcore	Pawn	World's Du	ımbest	Pawn	Pawn
42	(6:00) Mov "My Favor	ie: ★★★½ ite Year"	Movie: ★ ★ (1928) Tho	★ "The Ramas Meigh			★ "Wings vie for the lo				Movie: ★ ≠ Love Para	
44	Castle "Eye Beholder"	e of the	Castle "Un Again" CC	dead	Castle "Alv Stereo) CC		Castle "Flo Your Grave		Southland Hats" CC	"Bats and	CSI: NY A shot on the	
45	Colbert	Daily	Chap	Tosh.0	Tosh.0	Tosh.0	Tosh.0	The Je	Daily	Colbert	Tosh.0	The Je
46	Jackie Cha	ın, Chris Tud	our 2" (2001 oker, John L	one.	The Ultima (N)	te Fighter	Justified "N Trap" (N)	,	The Ameri "Gregory"	cans		Noney Trap"
47	Law & Ord	er: SVU	Law & Ord	er: SVU	Law & Ord	er: SVU	White Colla	ar (N)	Law & Ord	er: SVU	Law & Ord	er: SVU
48	Seinfeld	Seinfeld	Big Bang Theory	Big Bang Theory	Big Bang Theory	Big Bang Theory	Cougar Town	Big Bang Theory	Conan (N)	CC	Cougar Town	The Office
49	Bad Girls C	Club	Bad Girls C	Club	The Face (N)	Bad Girls (Club	The Face		Bad Girls (Club
50	Storage	Storage	Storage	Storage	Storage	Storage	Southie	Southie	Southie	Southie	Storage	Storage
51	(5:30) Mov in Sixty Se		Movie: ★★ Steven Sea	" Marked agal, Basil V	for Death" Vallace. 🚾	(1990)		$\star \star \%$ "The leads the land				n innocent
52	"Rodgers"	,	"Rodgers	& Hammer	stein's Cin	derella"	Beyonce		"Rodgers	& Hammer	stein's Cin	derella"
53	Real House	ewives	Real House	ewives	Matchmake	er	Matchmak	er	Matchmak	er	Shahs of S	Sunset
56	Chopped Brady	Brady	Chopped Happy	Нарру	Chopped Happy	Нарру	Chopped Frasier CC	Frasier CC	Chopped Frasier CC	Frasier CC	Chopped Golden	Golden
59	Bunch Master	Bunch Potters	Days Behind	Days J. Meyer	Days Prince	Days Parsley	Praise the				Girls ACLJ	Girls
61	Pawn	Pawn	Pawn	Pawn	Top Gear (Big Rig Bo		Top Gear "	RV's"	Pawn	Pawn
62	Starter Wiv		The Sister		Starter Wiv	,	Gypsy Sist		Starter Wiv		Gypsy Sist	
63	Dual Surviv		Dual Survi		Dual Survi		Africa CC	1013 123	Dual Survi		Africa CC	1013 123
64	M*A*S*H		Cosby	Cosby	Raymond		Raymond	Raymond	King	Kina	Kina	King
66	Pretty Little		Pretty Little	,	The Lying	_ ,	Pretty Little	_ ,	The 700 C		Prince	Prince
67)	iCarly	Figure It	Full H'se	Full H'se	, ,	Full H'se	Nanny	Nanny	Friends	Friends	Friends	Friends
=	A.N.T.	Austin &	"Prin-	Movie: ★★		Phineas	A.N.T.	Good-	Jessie CC	A.N.T.	Wizards-	Wizards-
68	Farm Savage Mi	Ally CC	cess"	struck" (2) e: Battle for	010) 🚾	and Ferb	Farm Wild Appal	Charlie		Farm e: Battle for	Place	Place
=	,					Quanir -		,				Total
70	create a cr		The contest	ants must	Face Off "E Out" (N)	ougging	Total Blackout	Total Blackout	Face Off "E Out"	ougging	Total Blackout	Total Blackout





Moonshiners [CC]

67 iCarly
A.N.T.

Farm

Swamp Wars

Ghost Hunters (In

68

69

70

Figure It

A.N.T. Farm

Moonshiners CC

River Monsters

Stereo) CC

Ghost Hunters (In

 64
 M*A*S*H
 Cosby
 Cosby
 Raymond
 Raymond
 Cleve
 Divorced

 66
 "Bring It On: All or Nothing"
 Movie: * * * "Drumline"
 * "Drumline"
 2002) Nick Cannon.

Movie: ★★★ "Toy Story"

(1995) Voices of Tom Hanks.

Moonshiners CC

Dog With a Blog

Ghost Hunters (N) (In Ghost Mine "Gold

Full H'se Full H'se Full H'se Nanny

Gator Boys

Moonshiners CC

Dog With Good-a Blog Charlie

Gator Boys

Nanny

Charlie

Moonshiners CC

The 700 Club CC

River Monsters

Ghost Hunters (In

Shake It

Up! 🚾

Friends Friends

King

Ally CC

Moonshiners CC

Prince

Friends

Wizards-

Gator Boys

Ghost Mine "Gold

Place

King

Prince

Friends

Wizards-

Place



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	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	The People	s Court	White Colla	ar "Count-	White Colla	ar "Check-	Law & Ord	er: Criminal	OurMaine	Always Sunny	Extra (N)	Auto King
4	Big Bang Theory	Big Bang Theory	American I	dol "Semifir singers per	nalist Round, Part 2" News 13 on FOX (N)			Dish Na- tion (N)	The Office		Accord- ing-Jim	
5	Big Bang Theory	Two and Half Men	Big Bang Theory	Two and Half Men	Person of I	nterest	Elementary Stereo) CC		News	Late Show Letterman	With David	Ferguson
6	Magazine. Edition nity (N) (N) CC				Recreation	1600 Penn (N)	Do No Har Stand-In" (N) CC	News	The Tonigh With Jay Le		Jimmy Fallon
8	Wheel of Fortune	"Face" (N)	Grey's Ana (In Stereo)		Scandal "B the Dynam	ite"	WMTW News 8	Jimmy Kim (N) (In Ster	eo) 🚾	Nightline (N) CC		
10	Ů	ol Basketba						Nightly Business	Maine Watch	Charlie Ro Stereo) CC	. , ,	Nightly Business
12	Engage- ment	Mest-Up	The Vampi "Stand by N	Ле"	(N) CC	d the Beast	30 Rock	30 Rock	Friends [CC]	cc `´		Auto King
13	Entertain- ment	omg! Insider (N)	Theory	Two and Half Men	Person of I	e" (N)	Elementary Stereo) CC	/ / / /	WGME News	Letterman	With David	3
21	Without a		Without a T		Without a		Criminal M			inds (In Ste		
24 25	Celtics Trade Deadline Celtics Trade College Basketball: Teams TBA. (N)					sketball: Te	Sports	Sports	Check SportsCen	Sports	Sports SportsCen	Check
26	,		,	,		iskeiball: Te	,	,		sketball: BY		. ,
27)	College Basketball: Teams TBA. (N) Bruins NHL Hockey: Bruins at Lightning				College Da	iskeibaii. Ie	Bruins	Daily	Instiga	Daily	NHL Hocke	
	To Be Ann		Proiect Rui		Project Ru	nway The te		Double	Double	Double	Project Ru	
30	I O DC AIIII	Juniccu	i roject riui	Iway Ess	design for	Miranda Lar	mbert. (N)	Divas	Divas	Divas	i roject riu	iiway 🖭
36	E. B. OutFr	ont	Anderson (Cooper	Piers Morg	jan	Anderson Cooper		E. B. OutFront		Piers Morgan	
39	The Kudlow Report				American (Greed	American Greed (N)		Mad Money		American Greed	
40	Hardball M	atthews	The Ed Sho	ow (N)	Rachel Ma	.ddow	The Last Word		The Ed Show		Rachel Maddow	
41	World's Dumbest World Records				Jokers	Jokers	Jokers	Upload	Most Shoc			
42	(5:45) " Fo					i ity" (1944)		★½ "A Pla		iun" (1951,	Movie: ★★	★ "Alfie
=	responder The Menta		Fred MacM	urray, Barba	ara Stanwyo	ck. ©© nicago Bulls		ontgomery (Antonio Spu	(1966) ©©	
(44)	ing Heart"	list Bleed-	Center. (N)		i Heat at Cr	iicago Buiis	. United			antonio Spu er. (N) (Live		igeles
(45)	Colbert	Daily		Sunny	Work.	Tosh.0	Sunny	Sunny	Daily	Colbert	The Je	Tosh.0
46	Comedy) V	½ "Step B Vill Ferrell,	rothers" (20 John C. Reil	illy.		Anger	Archer (N) Legit "Family"		Totally Biased	BrandX Wi Brand (N)		Archer
47	NCIS 🚾		NCIS 🚾		NCIS "Jack	Knife"	Suits "War" (N) Necess. Rough La			Law & Order: SVU		
48	Seinfeld	Seinfeld cc	Family Guy CC	Family Guy 🚾	Big Bang Theory	Big Bang Theory	King of the "Nerdy Dar		Conan (N)	CC	King of the "Nerdy Dar	
49	House CC		House CC		House CC		House CC		House CC		House CC	
50	The First 4		The First 4				After the F		The First 4		The First 4	
<u>51</u>	(6:00) Mov "Anacond	a" (1997)	The Walkin		Comic Men	Freak- show (N)	Immortal- ized	Comic Men	Freak- show	Immortal- ized	Comic Men	Freak- show
52	Moll Fland					antasy) Jon		9. [CC]		★ "Risky		, ,
53	Shahs of S Sweet Ger		Shahs of S Restaurant		Shahs of S Anne Burre		Kathy (N) Anne Burre	-11	Housewive Worst Coo		Matchmaker	
<u>56</u> (59)	Brady Bunch	Brady Bunch	Нарру	Нарру	Нарру	Нарру		Frasier CC	Frasier CC		Anne Burre Golden Girls	Golden Girls
60	Good	Potters	Days Behind	Days Osteen	Days Prince	Days Hillsong	Praise the	Lord [CC]			Holy	Evidence
61	Big Rig Bo		Swamp Pe		Swamp Pe		Big Rig Bo		Larry the C	ahla	Swamp Pe	
62	Bor	Bor	Say Yes	Say Yes	Say Yes	Say Yes	What Not t		Say Yes	Say Yes	What Not t	
63	Moonshine	-	Moonshine		Property	Property	Property	Property	Property	Property	Property	Property
64	M*A*S*H		Cosby	Cosby	Raymond	Raymond	Raymond	- ,	Kina	Kina	Kina	King
66	(6:00) Mov	,	,	,	.,	mber the Ti	.,	.,	The 700 C		Prince	Prince
67)	iCarly	Figure It	House of A		Full H'se	Full H'se	Nanny	Nanny	Friends	Friends	Friends	Friends
=	A.N.T.	Shake It	Movie: ★ ★			Dog With	Good-	Good-	A.N.T.	Jessie CC	Wizards-	Wizards-
<u>(68)</u>	Farm	Up! CC	(1999) Void	es of Tom H	Hanks.	a Blog	Charlie	Charlie	Farm		Place	Place
69	North Woo		Glory Hour				North Woo			nds (In Stere		
70	1(6:30) Mov	ie: ★ ★ "Th	ne Omen" (2006	IMovie ★ '	flovie: ★ "My Soul to Take" (2010, Horror) Movie: "House of Bones" (2				20010	Horror)	

CHOK & CLACK TALK CARS

Spare Tires Are Being Phased Out; Corolla Owner Stalks Down Source of Strange Sound

DOWN

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132 Reclines lazily

136 Beauty pageant

139 Getz and Laurel

144 Ms. Witherspoon

134 Places

prize

137 Ludicrous

140 ATM key

142 Gone by

143 Fidgety

141 — box

138 Brain parts

Trickles

Under wraps

Better trained

12 Piled high

Axiom

Destinies

23 Highwaymen

Arm bone

Fakes out

Scratch

47 Zodiac twins

49 Poultry herb

Ape a pig

"brass"

Hilltop

Melody

Parcels out

P.O. service

Water reservoir

Wraps tightly

Pricing word

45 Close kin

Vitamin amts.

DEAR TOM AND RAY: My wife just bought a 2013 Kia Soul, and there is no spare tire. The salesman told us that spare tires are becoming a thing of the past. There is a small unit for putting air in the tire in case of a flat. I was just wondering, why no spare tire? What would you suggest? — Bill **RAY:** I would suggest not driving behind any nail trucks, Bill. **TOM:** There are a number of reasons we're seeing more and more carmakers ditch the traditional spare tire.

RAY: The first has to do with fuel economy. A spare tire adds weight. A tire-and-wheel combination easily can add 50 pounds to the weight of a car. And since every pound you carry decreases your mileage, getting rid of that spare is an easy way to get more miles per gallon.

TOM: A second reason is space. With fuel-economy concerns leading to smaller cars, making room for an extra wheel and tire is increasingly inconvenient. Most people would rather have that room for groceries, dogs or that giant heirloom Henry XVI Nose Hair Tweezer they find at a garage sale.

RAY: And then on the other side of the equation is the decreasing need for a spare tire. Flat tires are a lot less common than they used to be. Oh, they still happen. But they used to be very common. With modern tires, it's a very infrequent event for most people.

TOM: There also are other options now. There's the minispare (which will let you travel up to 50 miles or so), the auxiliary pump and can of Fix-A-Flat (which will work for things like nails and small punctures) and, if all else fails, there's the cellphone and credit card (which works for pretty much everything).

RAY: Those alternatives are not as failsafe as a real, full-size spare that's checked regularly and kept fully inflated. But carmakers believe that many people would rather have the space and the additional fuel economy these days and just use a temporary spare or call for help if and when they ever need it.

TOM: Of course, if you're someone who drives in remote areas, on unimproved roads or in places that are out of cellphone reach, you may very well want to consider that when buying a car and make sure there is a real spare tire you can opt for. Or you may just decide to buy an extra wheel and tire and carry it in your trunk.

RAY: But for most people, especially those in populated areas, the cost-benefit equation has been pushing the full-size spare tire out of the car for years. And now, at least a couple of manufacturers have decided that even a mini-spare is not worth making room for. Maybe those cars should come with a factory-installed cellphone in the old spare-tire well?

DEAR TOM AND RAY: I finally figured out what the sound is in my garage. Something on my 2009 Toyota Corolla is running when the car is turned off! I have heard it at various times of the day and night, and also when the car has been parked for hours. There is a noise coming from the driver's-side rear — behind the tire. It sounds like a fan. It runs for four to five minutes at a time, then shuts off. I called Toyota; they have no idea what it is and want me to bring it in. After taking it several times, I really don't want to give up the use of my car AGAIN. And it might not turn on until everyone has gone home for the night. Have any ideas? P.S. The car runs fine. — Elaina

TOM: Well, first we have to chide you for hanging around your car hours after you've shut it off, Elaina. What are you, some kind of Corolla stalker?

RAY: It's probably the evaporative emissions system pump,

TOM: Before we were concerned about pollution and smog and asthma and not being able to breathe and all that, all gas caps had pinholes in them.

RAY: That allowed air to enter the tank as the gasoline was drawn out. Otherwise, the gas tank would crumple in on itself, like a baggie that you sucked the air out of. But, of course, the hole in the gas cap not only let air in, it also let gasoline vapors out, and that created ... well, Los Angeles.

TOM: So, an evaporative emissions recycling system is now used on every car. It allows air to get into the tank but stops gasoline vapors from escaping. Instead it stores the vapors in a charcoal canister, and then purges them and sends them to the engine to be combusted when the car is started again.

RAY: What you're hearing is the evaporative emissions pump pressurizing the system. It does that automatically to check the system for leaks. If it discovers a leak, it'll eventually turn on your Check Engine light.

TOM: I'm guessing you have a sticky valve or some sort of small leak in the system. It should be covered under your emissions warranty.

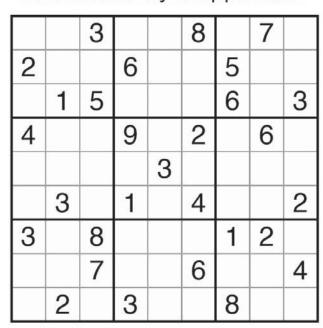
RAY: So you can go back to your dealership and point them in the direction of the evaporative emissions pump, and ask them to check it out

TOM: Or, alternatively, stop loitering in your garage, leave the car alone and don't worry about it until the Check Engine light comes on. Good luck, Elaina.

©2013 BY TOM AND RAY MAGLIOZZI AND DOUG BERMAN

su do ku

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MEDIUM

55

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9 with no repeats. That means that no number is repeated in any row, column or box.

Solution, tips and computer program at www.sudoku.com

Sudoku solution on page 36.



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ACROSS 84 British composer 1 Gives the eye 85 Deli staple 6 Fragment 86 Bad mood 11 Bloke 87 Collected sayings 15 To the point 88 Baseball's "Iron 20 Crisp Horse' Wanted-poster word 21 Freshman at An-91 napolis 92 Long hike "People" person 93 Packs 95 Menu term (2 wds.) 24 Agave 25 Pester playfully 96 Get a whiff 97 Octopus habitats "— Accomp'ny Me" 27 Tavern brew 98 Shuttle launcher 28 Economist — 99 Odd notion Janeway 101 Intuitions 29 Physicist Carl — 102 Take a snooze 31 Is an accomplice 103 "Carmen" setting 104 About 2.2 lbs. 33 Sanskrit dialect 34 Girl at a ball 105 Up above Snoop (2 wds.) 106 Chops down 37 Nudge, perhaps 107 Well-chosen Fawkes Day 108 Finalized agreement 41 Toady's reply 109 Not exactly right 42 Poet W.H. 111 Catches cold 43 Helped an actor 112 Vow 114 Washboard — Stag attendees 46 Dries out, as wood 117 Crumb-toter 50 Water lilv leaf 118 Skirt length Walk-on, maybe 119 Thigh muscles 52 Beethoven's birth-124 Gin drink 126 Dots in the Seine place Where Keokuk is 128 Make waterproof 57 Mariachi wear 130 Blob of mayo 59 Wet and chilly 131 Arthur — Doyle

Grammy winner —

Ronstadt

Reflections

63 Hoods' weapons

64 Baseball teams

66 Cheapskate

68 Stale

74 Cults

76

67 Noisy disputes

69 In little pieces

72 Four quarters

73 Roadside guide

75 27th president

79 Test versions

Expert musician

80 Golf hazard (2 wds.)

65 D.C. lobbying org.

61 Slant

62



"Mentalist" — Geller

Cause resentment

She Wrote

93 State VIP

96

97

98

Parent's command

(2 wds.)

Slow down

Bastes

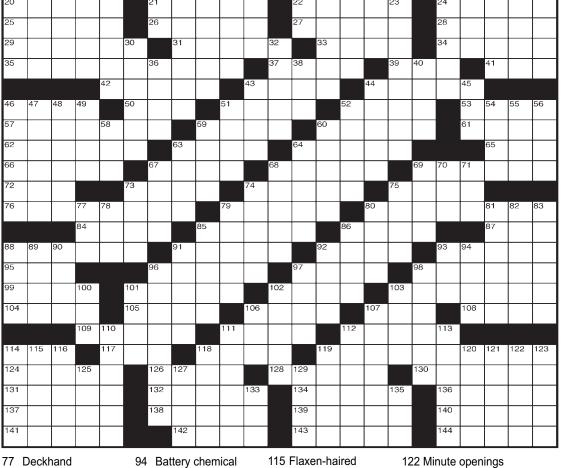
102 Heirloom

106 Cached

112 Harem head

114 PC character code

107 Stirs



121 Fill with joy 100 Ostrichlike bird 101 Self-centered 103 Exceeded the limit 110 Fridge stick-on 111 Supermarket lanes 113 Tear gas target

116 Mideast desert

120 Patsy — of music

118 Kind of toast

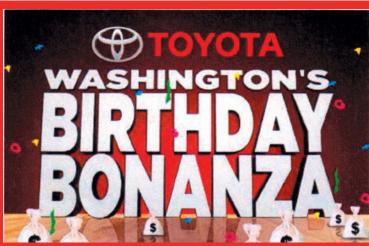
119 Rather

127 Downtown Chicago 129 Type of prof. 133 Fmr. JFK arrival 135 NNW opposite

123 Extra tire

125 Metric prefix

Crossword solution on page 36.



2012

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2013

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MSRP \$22,945 **SALE PRICE \$22,279** 0% 36 MOS 1% APR up to 36 months with approved credit through Ally Financial. Offer expires

2013 PRESIDENTIAL **DEALS 2013 DODGE GRAND** CARAVAN SE STK#73047 MSRP \$22,199 **SALE PRICE \$20,199**

10% down plus sales tax, title fee and doc fee of \$289. All rebates applied towards sale price 84 months @5.39% with approved credit. Offer expires 3/04/2013. Mus 'ake same day delivery.

2013 DODGE DART

SXT

STK#73001



\$229/MD price includes all rebates, must present ad to receive sale price. Miret helps of from dealer stock. Must take some fine from the sale price. elivery from dealer stock. Must take same day delivery. 109 tle fee and doc fee of \$289. All rebates applied towards 25.39% with approved credit offer. Offer expires 3/04/2013

2013 RAM 1500 QUAD CAB 4X4 STK#73059



\$369/MO

2002 PT CRUISER

WAS \$6995/NOW \$4995 STK# 71101 · 69K MILES



2005 COROLLA

WAS \$9995/NOW \$8995 STK# 621881 · 89K MILES



2006 BUICK LACROSSE

WAS \$10995/NOW \$9995 STK# 330031



WAS \$11995/NOW \$10995 STK# 321331 · 47K MILES

2006 PONTIAC G6



2006 TOYOTA COROLLA WAS \$10995/NOW \$9995

STK# 630141 · 87K MILES



2005 PT CRUISER CONV

WAS \$12995/NOW \$11995 STK# 32150 · 37K MILES



2009 TOYOTA COROLLA

WAS \$12995/NOW \$11495



WAS \$10995/NOW \$9995

2010 NISSAN VERSA



2008 SAAB 93

WAS \$14995/NOW \$13495



2007 TOYOTA CAMRY HYP

WAS \$15995/NOW \$13995

STK# 621881 · 81K MILES

2005 TOYOTA RAV4 AWD 2004 GMC SIERRA 4WD

WAS \$11995/NOW \$10995

STK# 622411 • 88K MILES

WAS \$10995/NOW \$9995 STK# 630651 •95K MILES





WAS \$21995/NOW \$20995

2008 CHRYSLER TEC WAS \$14995/NOW \$13450

STK# 32087·73K MILES



2008 MAZDA 5 WAGON WAS \$15995/NOW \$14450

STK# 32084 • 23K MILES



2009 JEEP LIBERTY AWI WAS \$16995/NOW \$15995



2011 FORD RANGER XTRA CAB WAS \$18995/NOW \$16995 STK# 630781 · 26K MILES



2008 CHEVY SILVERADO XTRA CAB 4WD

STK# 623861-72K MILES



2007 TOYOTA F7 CRUISER WAS \$18995/NOW \$17450

STK# 623111 • 95K MILES

2007 TOYOTA TACOMA XTRA

WAS \$19995/NOW \$18995



2008 DODGE RAM 4WD

WAS \$19995/NOW \$18995 STK# 32106-57K MILES

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