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America's Tall Ship Arrives in Rockland Friday



Coast Guard barque *Eagle*, a three-masted square-rigger known as "America's Tall Ship," is shown here departing Charleston, South Carolina, on June 29. *Eagle* is the only active commissioned sailing vessel in U.S. military service. The 295-foot sailing ship with a 1,800-ton steel hull has more than 21,000 square feet of sail and more than five miles of rigging, with 190 lines on deck. *Eagle* is homeported at the Coast Guard Academy in New London, Connecticut.

U.S. COAST GUARD PHOTO/PA1 BOBBY NASH

America's tall ship, the Coast Guard barque *Eagle*, is returning to Rockland for the first time since 2004.

The three-masted square-rigger is scheduled to arrive in Rockland at the Coast Guard pier on Tillson Avenue on Friday, July 24, at 11 a.m. The pier will be open so the public can watch the ship come in.

The *Eagle* will be docked at the Coast Guard pier at the end of Tillson Avenue and open to the public for tours on Friday from

1 to 4 p.m., Saturday from 10 a.m. to 5 p.m., and on Sunday from 10 a.m. to 7 p.m.

The 295-foot sail vessel is used by the Coast Guard to train cadets in navigation, engineering and other seamanship skills during extensive offshore voyages. "There is no particular reason they are coming to Rockland, it is just part of their summer training schedule. Every year they go overseas for the first part of the summer, and then hit dif-

AMERICA'S TALL SHIPS continues page 6

100 Farms in Maine Invite the Public for a Sunday Visit

On Sunday, July 26, over 100 farms, in all 16 counties in Maine, will participate in Open Farm Day and open their doors to the public. Visiting hours are generally from 10 a.m. to 3 p.m., although some farms may extend their hours. The farms will offer a variety of visiting experiences, such as barn and field tours and demonstrations, hayrides, petting zoos with a variety of farm animals, nature trails, refreshments and even live music.

Here's a list of farms in Knox, Lincoln and Waldo counties that are participating in this year's Open Farm Day. (For more detailed information on each farm, go to www.getrealmaine.com/visit/open_farm_day.html.)

KNOX COUNTY farms participating in Sunday's Open Farm Day include:

• **Agricola Farms, Route 17, Union**— a diversified 117-acre sustainable vegetable, flower, sheep and hay farm with greenhouses for seedlings and early tomato production. Observe fiber-spinning demonstrations, knitting and crocheting by local 4-H youths, and ponies from Mountain Equine Rescue. Visit the farm's lambs and goats, landmark 3-story barn, gardens and scenic pastures overlooking historic Round Pond, and sample local treats.

Directions: Corner of Route 17 and Clarry Hill Road, one mile west of Union village on Route 17.

FARM DAY continues page 18

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We The Six Billion

by Joe Steinberger

Heavenward Pavement

Most rules for a successful life are not hard to understand, though they may be hard to follow. We know, for example, what it means to work hard, to be honest, to focus, to persevere. But there is one rule that is not so easy to understand, and is difficult to explain. I think I understand it a little, and I'm going to try to explain.

There is a saying that the road to hell is paved with gold. In another version, that road is paved with good intentions. Either way, there is in this saying a germ of our difficult truth. The easy path, the obvious path, the beaten path, often does not lead where we want to go.

Behind this paradox is the fact that life is not a steady state. Conditions are constantly changing, so that what works today may not work tomorrow. Steady state virtues — honesty, effort, etc. — are not sufficient in themselves to deal with this problem. An additional quality is needed if we are to stay ahead of the changing nature of things, to “stay ahead of the curve,” in the current vernacular.

We should be talking not about “the curve,” but about the curves. It is not one change, in one direction, that we must stay ahead of, but changes in many directions at once, changes that cannot be extrapolated from any observable trend.

Predicting the future from observed trends is a common losing strategy. Our current housing bust, for example, is the consequence of a bandwagon belief that as property values had been rising steeply they were bound to continue in that direction. Millions have lost their fortunes on this delusion.

Human society, and economy, is always to some extent a Ponzi scheme. To be successful one needs to get in early and get out early. The leaders profit at the expense of the followers, who lose everything in following that golden road to hell.

The takers of that road are not necessarily stupid and ignorant people. There are “leaders” who think it is smart to lead by following.

Take General Motors, for example. For years they allowed themselves to be led by their customer's weaknesses. They pushed big, gaudy cars and trucks with high profit margins because their customers had a weakness for big gaudy vehicles and were not immediately able to judge their quality or utility. GM could have led their customers to better choices, but they chose not to. Now their customers have lost confidence in them.

Giving customers what they want would seem like a perfect prescription for success. In fact, it is that golden road to failure. This is the truth that is so counterintuitive, and so hard to grasp.

This is not just a fact about business. It applies also to other endeavors — to politics, for example. A successful political leader must study and think independently, have the courage of his conclusions, and be able to explain these conclusions convincingly to his constituents. Politicians who think it is smart just to say whatever the public wants to hear may sometimes win elections, but they will not be competent in their jobs and will eventually lose the trust of the voters. This has been the fate of the national Republican Party, which chose to build its foundation on the most ignorant and bigoted elements of our population, and now has little left but that base.

The temptations to follow this road are strong. When three years ago I helped my wife Keiko start her sushi bar, one of the challenges was how to respond to the expectations of her customers. People had very definite ideas about what a sushi bar should be like and what food should be served there. In many cases these ideas had little connection with what Keiko knew of sushi from her native Japan. They were driven by experience with typical American sushi bars.

Keiko did not want to give people what they wanted, because she felt that she could offer them something better. Some of our friends thought this was a risky move, but in fact it has worked very well. Despite their very definite expectations, people were open to appreciate something unexpected, indeed were highly appreciative of the opportunity to expand their tastes.

This is the crux of our paradox. People can only want what they know, yet people are often dissatisfied with what they know. They will wallow forever in their dissatisfaction unless there is some means for them to discover other possibilities. Helping people find those possibilities is the core quality of leadership, and it is a key to success in every sort of venture.

This quality of leadership is not just for a leadership elite. It is for everyone, because everyone has his own unique experience, everyone has something that he knows better than others. This is our enigmatic virtue: not to follow the crowd, not to do what we think is the “normal” thing, not to pander to popular taste, but to contribute with courage that special understanding and skill that each of us has to offer.

Short-term vs. Long-term: Would You Rather Be the Occupied or the Occupier?

by Thomas McAdams Deford

In our long cold — and wet — summer, which in the Middle East has featured a removal of US troops from Iraqi cities to their bases and a simultaneous re-positioning of US forces into the heart of Taliban-controlled areas of Afghanistan, the Israeli-Palestinian quagmire has been all but forgotten.

Forgotten, but not gone.

And this week, as Prime Minister Netanyahu roared back to the front pages with his public challenge to President Obama over the status of East Jerusalem — “United Jerusalem is the capital of the Jewish people and of Israel. Our sovereignty over it cannot be challenged.” — the stage is set for someone's eye to blink, or even be blackened.

In choosing to take on Obama in East Jerusalem over his no-expansion-of-settlements policy, Netanyahu has brought the quietly simmering issue to an explosive boil: the ultra-orthodox, a small minority in Israel's primarily secular makeup, see any give on Jerusalem, even the old Arab sector, as religious anathema, while Palestinians, and indeed most of the rest of the world, know that unless the Palestinian flag of the future flies over East Jerusalem, there will be no two-state solution.

“The timing of the decision to build dozens of housing units [in East Jerusalem], at the height of efforts to reach an agreement on limiting construction in the settlements, cast doubts over Prime Minister Netanyahu's willingness to enter serious negotiations on a final status agreement.”

“It is doubtful whether the creation of a Palestinian state can deal with all the baggage created [in Israel] during the years of arrogance, evasion, indifference and smugness.... Israel has fallen hostage to the settlers who believe in the vision of the greater land of Israel, meaning one state for the two peoples with structural supremacy for the Jewish component even at the cost of discrimination, an end to democracy and abandonment of the constitution of human rights that stood at the foundation of Israel's creation.”

The above quotes — which most objective observers would have difficulty disagreeing with — come from an editorial in Ha'aretz, Israel's most respected liberal newspaper, and from an article by Avraham Burg, an ex-chairman of both the Jewish agency and the World Zionist Organization, as well as the speaker of the Knesset earlier this decade.

Meanwhile, the European Union's premier foreign policy official, and former NATO secretary-general, Javier Solana, has made quite a stir, in Europe and Israel at least, by suggesting that if negotiations between Israel and Palestinians continue to fail — a foregone conclusion so long as Netanyahu retains power — the United Nations Security Council should “proclaim the adoption of the two-state solution ... [and] accept the Palestinian state as a full member of the UN and set a calendar for implementation.”

In other words, it's nigh on time for the international community to impose a settlement.

Even a key figure in Angela Merkel's conservative, pro-Israeli government, the chairman of the Bundestag's foreign policy committee, warned Israel this past week that if it continues construction in Jerusalem, it will be moving further in the direction “of gradually committing suicide as a dem-

ocratic state.”

Two things are at play here: first, key European politicians, seeing that Obama means what he says when it comes to settlements — and appreciating, as Obama does, that the now-or-never moment of a two-state answer is fast approaching — are willing to put more public pressure on Netanyahu, whom they have long recognized as an unredeemable expansionist; and secondly, moderate Israelis are similarly awakening to the demographic realities of an indefinite occupation in the context of the right turn by Israel that precludes a separate Palestinian state.

Not that anyone needed a key to unlocking Netanyahu's real intentions, but for the Pollyannas of the world who continue to hope that Netanyahu is more pragmatic than ideological, his own father punctured that fantasy recently when he told one of Israel's television news channels that the conditions his son set for a Palestinian state were those “he knew they would never be able to accept.” Revealingly, this was reported in The New York Times, hardly an enemy of Israel, under the headline, “Netanyahu's Talk of Peace Finds Few True Believers.”

Israel's ardent backers in the US foreign policy community have by now grasped the reality that when all else fails — or rather, when it has become abundantly clear, even to the myopic, that all else has failed — the imposed-solution approach will gain more and more credibility. So they're already at work to head this off with their rallying cries that Iran is the really important issue in the Middle East these days, and that, anyway, a solution to the Palestinian problem would have negligible benefits for the rest of what ails the Middle East.

Dennis Ross, longtime chief US Middle East negotiator whose pro-Israeli leanings are no longer a secret, has just authored a book, *Myths, Illusions, and Peace*, aimed at short-circuiting any pressure Obama might apply to Israel by attacking “the idea that if only the Palestinian conflict were solved, all other Middle East conflicts would melt away,” a straw man of a notion that the Times' book reviewer dismisses as “somewhat overstated.” As the reviewer further notes, zeroing in on the issue of “balance” with Ross, “At virtually no point in this book are Israeli actions depicted as problematic or troublesome.”

If I were a rational Palestinian, accustomed now to more than two generations under Israeli occupation, I would be tempted to sit back a while longer and let nature — in this case, Arab birthrates double or even triple the Jewish ones in both Israel proper and the occupied territories — take its course. At some point, the apartheid state that Jimmy Carter denounced a few years back will be obvious to the entire world, even to the many in the US who have traditionally given Israel a free pass; and at that point, maybe 10 or 15 years down the road, the democratic state that the international community demands will no longer be a Jewish one.

And if I were a rational Israeli, I think I'd begin to wonder if there aren't worse things than an imposed two-state solution.

Megabucks Plus to Replace Current Megabucks Game

by Alice McFadden

The last \$1 Tri-State Megabucks tickets will be sold this Saturday, July 25.

In Maine, New Hampshire and Vermont the \$1 multistate lottery game will be replaced with Tri-State Megabucks Plus, with tickets costing \$2 and the rolling jackpot now starting at \$1,000,000 with a second-tier prize of \$30,000 — vs. the current starting jackpot of \$500,000 and a \$10,000 second prize. There will continue to be two drawings a week, still on Wednesdays and Saturdays at 7:59 p.m., with the first Megabucks Plus drawing on July 29.

In the new game, players select five numbers from a field of 1 to 41, and also select one Megaball number from a separate field of 1 to 6. In the former version of the game, players selected six numbers, from 1 to 42.

For the first two weeks of the new “Megabucks Plus” game there will be a special instant-win promotion. Every time a player purchases a new “Megabucks Plus” ticket from July 26 through August 8, if the terminal plays “Bells and Whistles,” the player wins \$100 instantly. There will be a minimum of 1,000 winners.

According to a Maine State Lottery official, one of the most often heard complaints about the current game was that the rolling jackpot should start at \$1 million, and people also complained that they played all the time and never won anything at all. In the new \$2 Megabucks Plus game, the odds of winning a prize are 1 in 6, while the current game's odds of winning a prize are 1 in 21. The odds of winning the big jackpot are still, of course, huge under the Plus game, at 1 in 4.5 million, but slightly better than the current 1 in 5.2 million odds.

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email: publisher@freepressonline.com

Editor, Patricia Poe — email: editor@freepressonline.com

Staff Writers, Georgeanne Davis and Melissa Waterman

Associate Publisher & Advertising Manager, Steve Davis

email: admanager@freepressonline.com

Advertising Representatives:

Deena Carafelli, Kerry Sabanty, John Jensen, Lily Filipi,

Glenn Billington, Senior Advertising Representative

email: advertising@freepressonline.com

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Are state parks a luxury Maine can no longer afford? Do our municipal parks have value beyond being just pretty places? Would we be better off selling the land for commercial development?

These are the kinds of questions that Dr. John L. Crompton will address when he speaks on "Maine Parks as Economic Engines" at 10 a.m. on Saturday, August 1, at the Hutchinson Center in Belfast.

Crompton is the fourth speaker in Senior College's Distinguished Speaker Series, and his presentation is free and open to the general public.

His talk is part of the "Maine Citizen Summit" for parks and recreation advocates, a full day of activities at the Hutchinson Center dealing with issues confronting recreation-related organizations during these challenging economic times.

Between 9 a.m. and 12:30 p.m. the Belfast Outdoor Recreation Fair will fill the Hutchinson Center Atrium with exhibits explaining the goals and programs offered by an array of local recreation groups. The fair is also free and open to the general public.

Crompton is a Distinguished Professor of Recreation, Park and Tourism Sciences at Texas A&M University, and has spent most of his career assessing the impact of parklands on local economies. The results of his research are eye-opening. According to his findings, the benefits of well-run and well-maintained parks are far greater than

Public Parks – Frills or Economic Engines?

just nice scenery, fresh air, and more tourists. "Park and recreation programs can be a central contributor to economic development," he says.

His focus on finding answers to the question "How do we pay for leisure services in an era of reduced public tax support?" has been termed by the Journal of Leisure Research "the most significant research contribution of the past decade in aiding public recreation administrators to adjust to difficult financial restraints."

After lunch, a choice of discussions on parks and recreation is available to everyone who has pre-registered by July 25. Registration fee for the afternoon session is \$25 (which includes a box lunch). Session topics include Parks & Recreation Are Not Frills; Current Trends in Parks and Recreation Across Maine; Taking the Pulse of Your Parks and Recreation Department; and Building an Effective Recreation Coalition in Your Community.

Senior College's Distinguished Speaker Series is underwritten by a grant from an anonymous foundation, and this presentation is also cosponsored by Waldo County Healthcare, Inc., the University of Maine Frederick E. Hutchinson Center, Friends of Belfast Parks, and the Maine Recreation and Parks Association.

Registration forms are available online at www.friends-of-belfastparks.org or at the Hutchinson Center. For more information, call Friends of Belfast Parks at 338-2160, or the Hutchinson Center at 338-8000.

Lie-Nielsen Toolworks Holds Open House

Woodworkers of all abilities will have a chance to try new tools and learn new skills at Lie-Nielsen Toolworks' open house, a free event on Friday, July 24, from noon to 6 p.m., and Saturday, July 25, from 10 a.m. to 5 p.m. on Route 1 in Warren. Woodworking fans can watch demonstrations, use a wide array of hand tools and learn techniques such as simple honing methods for razor-sharp blades and tuning a hand plane for optimal performance. It's an opportunity to meet the toolmakers, tour the shop and learn more about woodworking with hand tools.

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plus a mackerel tournament — and a ceremony marking the 400th anniversary of Henry Hudson's landing in Maine

by Melissa Waterman

The third annual Belfast Maritime Heritage Festival will take place Saturday, July 25, from 9 a.m. to 5 p.m. along the harbor. Nearly all the activities and craft and art exhibits are free and open to the public.

The sailing group ComeBoating! will host rowing and sailing regattas on the harbor for all who are interested. Penobscot Marine Museum will feature displays highlighting the maritime history of Penobscot Bay and its coastal towns, and the Belfast Historical Society will have exhibits focusing on the city's traditional connection to the sea. Vendors from around the state will exhibit crafts and art and nautical things.

Between 30 and 50 small boats will be on display — some for sale, some for show — both in the water and on land in Heritage Park. The owners and builders will be there to talk about their vessels. "We are billing this as a great day of small boats," says John Burgess, executive director of the Belfast Area Chamber of Commerce, which organized the event. "Unlike Rockland with its August show of larger boats, we're filling the niche by concentrating on classic smaller boats."

Jim Bell, Belfast Parks and Recreation director, will host a "winner take all" mackerel tournament as part of the festival. "It's a low-key tournament," Bell says. "We had about 22 boats participate last year." Those wishing to compete can register at 6:30 a.m. on Saturday at Heritage Park; there is a \$10 registration fee. At 4:30 p.m. there will be a weigh-in to determine the winner. "The winner gets all the registration fees. It's pretty simple," Bell says. All ages are welcome to participate. Bring your own boat, or fish from the footbridge. According to Bell, the largest fish taken last year was somewhere around 1.5 pounds.

At 2 p.m. there will be a ceremony to mark the 400th anniversary of Henry Hudson's landing in Maine. Former Belfast mayor Michael Hurley will be master of ceremonies as Hudson and his crew once again row ashore, this time to Heritage Park. The current consul general of the Netherlands, Gajus Scheltema, will be there to greet the explorer and crew.

For more information about the festival, contact the Belfast Area Chamber of Commerce at 338-3310 or visit www.belfastmaine.org.

Come Boating! Seeks Participants for July 25 Regattas in Belfast

Come Boating!, Belfast's community boating program, will host its ninth annual rowing and sailing regattas on Saturday, July 25, in Belfast Harbor. There will be races for adults and youth, with awards given in various classes.

The rowing regatta will include a long course of approximately three nautical miles, from 10 a.m. to noon, and several short courses, including youth races and technical slalom courses, from 2 to 3:30 p.m. All rowed or paddled craft may participate. Some boats will be available to borrow. Participants may also sign up for a team to row on one of Come Boating!'s Cornish gigs. Other gigs are encouraged to take part in the event.

The sailing regatta will feature six short races from 1 to 4 p.m. Sailboats under 16 feet in length may participate. Registration for the rowing regatta will be at 9 a.m. at Come Boating!'s boatshed near the public landing. Registration for the Sailing Regatta will be from 10 a.m. to noon. Awards will be presented at 5 p.m.

The day will feature friendly competition, good food, and opportunities to learn about Come Boating!'s activities, which include regular community rows, competitive rowing, and sailing lessons for youth and adults. For more information, contact Malcolm Gater at 322-4380 about the row-



A sailing and a rowing regatta will take place during Saturday's Belfast Marine Heritage Festival. PHOTO BY JEFFREY MABEE

ing regatta, Tom Jamieson at 338-3288 about the sailing regatta, or visit www.comeboating.org.

The regattas are part of the Belfast Marine Heritage Festival, which will feature a classic boat show, nautical displays and vendors, and activities for all ages throughout the day on the Belfast waterfront.

AMERICA'S TALL SHIPS continued from page 1

ferent ports up and down the East Coast," says Curtis Barthel, commanding officer of Coast Guard Station Rockland.

This spring, the *Eagle* left its home port in New London, Connecticut at the end of April to arrive in Rota, Spain on May 8, then sailed on to Monaco, France, Bermuda, South Carolina, Boston, Halifax, and now Rockland. *Eagle* will visit Portland and Portsmouth before arriving back in New London on August 14.

The *Eagle's* permanent operational crew of six officers and 55 enlisted personnel are joined by scores of cadets and officer candidates for sail training each year. The ship can carry as many as 230 people on board when training. The *Eagle's* primary mission is to train future Coast Guard officers in fundamental leadership, teamwork and seamanship

skills, and serve as an international ambassador when visiting foreign ports.

The present-day *Eagle* has become a recognized symbol of the U.S. Coast Guard around the world. The *Eagle* was originally the *Horst Wessel*, a training ship for the German Navy. In 1946, following World War II, it was confiscated by the United States and brought to its new home port in New London, Connecticut, and commissioned into the Coast Guard. It is the seventh ship to be named *Eagle* in Coast Guard history.

On Friday, July 24, from 5:30 to 9 p.m. in front of the Maine Lighthouse Museum in Rockland, there will be a street party celebrating Rockland's first anniversary as an official Coast Guard City.

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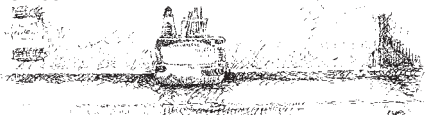
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St. George Historical Society to Present Program on Civil War Diary of Hezekiah Long

David Sulin's extensive research on Maine's part in the Civil War enables him to explain the individual experiences of local soldiers in the larger context of that conflict. For his second presentation for the St. George Historical Society, Sulin will discuss the recently published diary of Hezekiah Long, *Hard Times, Hard Bread, and Harder Coffee*.

Long's service in the war contrasts with the opposition to the war openly expressed by some of his close relatives and childhood associates in St. George. Sulin's talk may

give us a greater understanding of that conflict which divided North and South, and also, in St. George, seems to have divided families and neighbors even decades after the war.

Sulin will exhibit "Faces of Maine," his collection of photographs of Civil War soldiers who served from Maine.

The meeting will be held at the St. George Grange Hall on Wiley's Corner Road at 7:30 p.m., Thursday, July 30. A potluck supper will begin at 6:30. Everyone is invited. For more information, call James Skoglund, 372-8893.

Local history comes alive each Thursday this summer in the gardens, kitchen and smithy shop at the Conway House complex, as men, women and youngsters in period costume go about the business of living in the early 19th century. Open-hearth cooking, blacksmithing and tinsmithing are featured, as are kids playing quoits.

The Cramer Museum-Conway Homestead complex, open 11 a.m. to 3 p.m. Tuesday through Friday, is located off Route 1 at the Camden-Rockport town line.

The complex has a new look this year, with extensive

History Comes Alive at Conway Complex

landscaping and restoration of the blacksmith shop, says Marlene Hall, executive director of the Camden-Rockport Historical Society.

The original Conway family homestead, one of the earliest houses in the area and a highlight of the museum complex, will be open to visitors this summer, as will the blacksmith's shop, the 1800s maple syrup making shop, the barn and Victorian two-holer privy. All are owned and operated by the Historical Society.

Non-members are charged a small fee to enter the complex. For more information, call 236-2257.

Help Welcome with Book Sale in Union

The Friends of the Vose Library are looking for support for their upcoming Book and Bake Sale, planned for Saturday, August 8, from 8 a.m. to 3 p.m. on the Union Common.

Good quality books and people to sort them are needed. Anyone who can help with either of those needs should call Ellen Harrison at 785-5134.

All proceeds from the sale will benefit the Vose Library.

Annual Library Book Sale in Searsport Sat.

Carver Memorial Library will hold its annual book sale from 9 a.m. to 5 p.m. on Saturday, July 25, in Union Hall, on the corner of Union and Reservoir streets in Searsport. All proceeds from the sale are used to purchase new books. There will be thousands of well-organized hardcover and paperback books, most priced at \$1 or less. For more information, call 548-2303.

One-Hoss Shay Returns to Matthews Museum

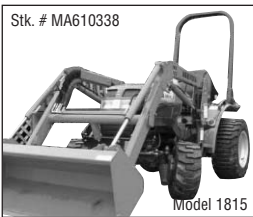
"Have you heard of the wonderful one-hoss shay?" So begins the poem by Oliver Wendell Holmes. The shay has returned to the Union Fairgrounds and the Matthews Museum. Owned by Mr. and Mrs. Ralph Bonds of Jefferson, their "one-hoss shay" has undergone a restoration and preservation over the past year. Made by the Collins, Wingate and Little Company of Union, it is well over 100 years old. It was restored by Chrysalis Acres in Freeport and returned to the museum this week, where it is on display in the new addition.

Complete with a new bonnet, repaired arms and cushions and a fresh coat of paint, the shay stands eight feet tall and over ten feet long. Designed to carry two people, it was a common fixture in the 19th century in both America and Europe. Holmes, immortalizing it in his famous poem, remarked, "A chaise [shay] breaks down but doesn't wear out."

The shay may be seen at the museum Wednesday through Saturday from noon to 4 p.m. Museum admission is \$2 for adults and \$1 for seniors. Matthews Museum is also home to the world's largest Moxie bottle.



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Wings & Wheels Spectacular at OHTM

Aerobatics show & military aircraft at Transportation Museum July 25 & 26

Classic cars, steam engines, high-wheel bicycles and military aircraft from WWI and WWII fighters to the modern-day H-60 Blackhawk helicopter will highlight the Owls Head Transportation Museum's most impressive show of the summer on Saturday and Sunday, July 25 and 26.

The annual Wings & Wheels Spectacular is the museum's longest-running event, now celebrating its 34th season. "This was the first event the museum ever held back in 1975, when more than 5,000 people brought their antique autos and engines to our fledgling museum," says museum director Charles Chiarchiaro. "It is always one of our most anticipated shows of the year because of the variety of things to see and do. This show is exciting for all ages and interests."

This year's event will feature a wide range of military aircraft including the museum's collection of World War I-era biplanes, and special appearances by active duty military aircraft including a KC-135 aerial tanker and H-60 Blackhawk helicopter. The KC-135 is designed to provide in-air refueling for military aircraft such as fighter jets. The Blackhawk is the Army's front-line utility helicopter, used by air assault, air cavalry and aeromedical evacuation units.

The KC-135 is scheduled to perform a fly-by only each day. The H-60 Blackhawk helicopter will be on static display during the event. However, as it is based in Augusta, it will fly in and fly out each day. A schedule of those times will be available on the museum's Web site, or by calling the museum. The Blackhawk will be open for tours throughout each day.

An aerobatic air show will be held both days from 1:30 to 3 p.m., with performances by YAK Attack, a precision aerobatic team of three Chinese and Russian YAKs; Jim Parker in a Salto glider and Decathlon airplane; and Dan Marcotte in his tiny Cassutt racer. Visitors are encouraged to arrive early for the airshow, since the time could be adjust-

ed slightly earlier or later, depending on weather. At the end of each day's performances, the flightline will be open to allow the public access to the planes and pilots.

Plane rides aboard the YAKs and T-6 Harvard will be auctioned each day. Additional auction rides will be announced on each show day.

On the ground, car lovers will appreciate the more than 200 antique and classic automobiles expected. The Wheelmen will demonstrate their high-wheeler riding skills and other late 19th-century bicycles.

As part of the day's activities the museum will actively demonstrate a few of its turn-of-the-century automobiles as well as give free rides in Ford Model Ts.

Special children's activities and museum tours are planned. Young children can practice their driving skills in the Kids' Corral area, which features pedal cars and pedal planes. New this year, the museum will also set aside an area for children to exhibit their "wheels" (i.e. bicycles, tricycles, scooters, etc.) near the Kids' Corral.

Coastal plane rides aboard the museum's 1941 Stearman and 1933 Waco biplanes and 1978 Piper Super Cub may be purchased by museum

members at any time through the museum store. Rides are sold to members only, however. Ride certificates do not expire and are transferable. The Super Cub and Stearman carry one passenger. The price is \$95 and \$200 respectively. The Waco carries two passengers and costs \$350.

Gates open at 9:30 a.m. Food and refreshments will be available at the Squeaky Wheel. Pets are not allowed in the Museum or outdoor exhibit area.

The Owls Head Transportation Museum is located at 117 Museum Street, off Route 73 in Owls Head, approximately two miles south of Rockland. Event admission is \$15 for adults. Museum members and children under 18 are admitted free. For more information, call 594-4418 or go to www.owlshead.org.



YAK Attack (top), a precision aerobatic team, and an H-60 Blackhawk helicopter (bottom) will be featured attractions at the Wings & Wheels Spectacular.

THOMAS K. DUDLEY PHOTO

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August Children's Programs at Chewonki

Chewonki, which runs programs for young people from its 400-acre campus in Wiscasset, offers four summer programs for young people this August.

Adventure Week at Chewonki, for ages 10 to 14, will take place the week of August 17 to 21 at Chewonki. Campers will live at shoreside campsites, sleeping in four-person tents on wooden platforms and cooking over open fire pits. Each day the campers will be involved in a morning and afternoon activity with time for games, swimming and relaxing. Chewonki's most popular activities include indoor ropes course (the barn climb), sea kayaking, canoeing, map and compass, a trip to the beach at Reid State Park, a visit to the Chewonki farm and an evening live-animal program. The camp is designed to create a relaxed and happy atmosphere where a healthy spirit of fun and cooperation exists. Each camper shares in the responsibilities of wood gathering and splitting, cooking and cleanup. Although most of the activities and meals take place outdoors, indoor space is available in case of inclement weather. The cost for the camp is \$600.

North Woods Adventure is offered for ages 10 to 14 the week of August 17 to 21, for \$600. This five-day trip to Chewonki's Big Eddy Campground will allow campers to explore the North Maine Woods around Baxter State Park. Camp will be set up along the shores of the West Branch of the Penobscot River in the shadow of Mt. Katahdin.

Saltwater Session for Girls, ages 8 to 11, will also be

offered the week of August 17 to 21. The cost to attend this camp is \$1,400. Saltwater Session is an introductory program where girls will begin to explore relationships with themselves, peers, mentors and the natural environment while gaining the skills to live and travel in the wilderness. Girls and their female leaders will spend three nights in Chewonki's rustic shoreside cabins and one night camping out along the coastline. Daily activities will include canoeing, sea kayaking, map and compass training, games, swimming and relaxing. Meals will be enjoyed with the greater Chewonki community in the dining hall.

Renewable Energy Sail, for ages 13 to 15, will be held August 15 to 22 and costs \$1,000. Campers will spend eight days sailing, camping and learning about climate change. Participants spend the first few days at Chewonki, where they build photovoltaic modules to charge their batteries and a solar cooker, both of which they will take home. They then head off for a three-day sail along the Maine coast where they use their skills and equipment for learning and adventure.

For more information, call 882-7323 or visit www.chewonki.org. The Chewonki Foundation is a nonprofit educational institute established in 1962, located on a 400-acre peninsula in Wiscasset.



DRA "Wabanaki Ways" Camp Openings—

The Damariscotta River Association (DRA) has new openings in "Wabanaki Ways," its nature adventure day camp. The session is offered the week of August 3 to 7, from 8:30 a.m. to 4 p.m. daily, and is open to children ages 9 to 12. Highlights include building wigwams, kayaking in Great Salt Bay, learning to track animals, making cedar string, playing Native American games and exploring a variety of habitats with a naturalist. The cost is \$165 for members, \$175 for non-members. For more information, call 563-1393.

Merryspring's Free Sunday Bug Safari

On Sunday, July 26, from 1 to 3 p.m., rain or shine, Merryspring Nature Center will host a free "Bug Safari" workshop for children and adults. Participants will have the opportunity to learn about the bugs in their own backyard and meet some local insects face-to-face. Volunteers will be on hand to help young naturalists build their own bug houses for "catch-and-release" bug-hunting. Other activities will include insect games and information.

Participants may also join a guided nature walk around the park to look for these tiny beasts of the gardens, forests and fields.

Family programs are offered at no charge. Activities are designed for ages 5 to 12 but are open to all ages. All children must be accompanied by an adult.

Merryspring is located at the end of Conway Road just off Route 1 by the Hannaford shopping plaza in Camden.

Spend the Morning at Montessori in Camden

Parents and their children are invited to an Open House for the Children's House Montessori School's Toddler and Primary programs for children ages 18 months to kindergarten. They can explore the historic schoolhouse, playground and classrooms, check out the Montessori materials, and meet the teachers on Friday, July 31, from 9 to 11 a.m. This is a chance to see what's inside the big yellow schoolhouse in downtown Camden.

For more information on the Open House, call the Children's House Montessori School, 236-2911, or visit the Web site, www.camdenmontessori.org.



Summer Camp Under Way in Rockland —

Rockland After-School Alliance (RASA) summer camp participants learn to shell lobster for a fettuccine dish they made in their "Mainely Cooking" class with instructors Jen Feltus and Caitlin Schick. RASA is a collaboration between RSU 13 (formerly MSAD 5) and Youthlinks. Call 594-2221 for more information on the summer camp openings.

Family Day and Open House at CMCA

The Center for Maine Contemporary Art (CMCA), 162 Russell Avenue, Rockport, will host its annual Family Day and Open House on Sunday, July 26, from 3 to 5 p.m. The afternoon includes free admission for all, refreshments, hands-on art activities for children of all ages, and exploration of CMCA's 32nd annual Benefit Auction Exhibition in CMCA's Main and Loft galleries.

At 4 p.m. there will be a puppet show by Camden artist Nina Holland. Holland has created puppets from found objects to encourage children to make their own toys and to share information about the nonprofit organization Heifer International. Heifer International helps families with the gift of animals and training in agriculture.

Everyone who attends the Family Day and Open House will be entered into a drawing for an annual family membership at CMCA.

ORDINANCE NOTICE

The following is a summary of the Ordinance Amendments passed in Final Reading, after public hearing, by the Rockland City Council at its Regular Monthly Meeting held on July 13, 2009, and will become effective August 12, 2009 unless suspended from going into operation by valid referendum thereof:

(NOTE: Copies of the complete text of these amendments are available at the City Clerk's Office at Rockland City Hall during regular business hours Monday thru Friday 8:00 a.m. to 4:30 p.m.)

Ordinance Amendment #13 Authorizing Quit Claim Deed - Reconveyance of 60 Suffolk Street

An Ordinance authorizing the issuance of a municipal quit claim deed to David B. Rackliff for the reconveyance of lien-acquired property located at 60 Suffolk Street, as shown on Rockland Tax Map #10-H-8, under the terms, conditions and provisions of the Reconveyance Agreement. If Mr. Rackliff fails to sign the Reconveyance Agreement and comply with its requirements by August 28, 2009, the City Manager is authorized to solicit bids for the sale of said property.

Ordinance Amendment #14 Adopting Official Shoreland Zoning Map

An Ordinance adopting the Official Shoreland Zoning Map of the City of Rockland to correspond with the adoption of the updated Shoreland Zoning Ordinance.

The following is a summary of the Ordinance Amendments passed in First Reading by the Rockland City Council at its Regular Monthly Meeting held on July 13, 2009. A public hearing on these

amendments has been set for Monday, August 10, 2009 at 7:00 p.m. in City Council Chambers at Rockland City Hall, 270 Pleasant Street, Rockland, Maine:

(NOTE: Copies of the complete text of these amendments are available at the City Clerk's Office at Rockland City Hall during regular business hours Monday thru Friday 8:00 a.m. to 4:30 p.m.)

Ordinance Amendment #15 Ch. 19, Sec. 19-304(23) Tillson Avenue Area Overlay Zone & Architectural Review

An amendment to the City's Zoning Ordinance establishing the Tillson Avenue Area Overlay Zone and Architectural Review to enhance development opportunities in the Tillson Avenue Area while protecting and enhancing the historic character and mixed-uses in the largely 19th Century-constructed commercial center and waterfront, defining uses and standards that are in addition to regulations for the underlying land use zones that apply in this area.

Ordinance Amendment #16 Ch. 19, Sec. 19-302 Words and Phrases Defined, and Ch. 19, Sec. 19-304(3) Residential Zone "B" Regulations - Assisted Living Facilities

An amendment to the City's Zoning Ordinance defining "Assisted Living Facility" and establishing "Assisted Living Facility" as a conditional use in the Residential "B" Zone.

Ordinance Amendment #17 Ch. 17, Sec. 17-803 Schedule III One-Way Streets

An amendment to the City's Traffic Ordinance establishing the alleyway between 449 and 453 Main Street as one way east from Main Street.

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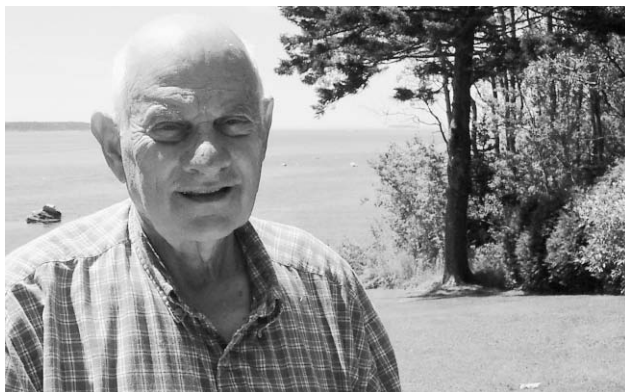
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Eldon Downing to Serve as Friendship Day's Grand Marshal

The 26th annual Friendship Day is set for Saturday, July 25, rain or shine. The full day of events will benefit the ambulance service for Friendship residents.

Those who would like to be part of the Friendship Day celebration can be in the parade. The theme this year is "Music, Music, Music" and Mr. Music himself, Eldon Downing, will lead the parade as Grand Marshal. Downing and his wife, Aldona, moved to Friendship from Connecticut in 1986, and retired on Martin Point. He is a retired professor of music at Connecticut State University and now is active in community events that involve local choral groups and dramatic presentations with a musical component.

Those who wish to join in the parade with a musical talent, presentation of a theme float, stilt-walking talent or as a clown should contact Wanda Benner at 832-7219 for details. Assembly of the parade will be on Tamarack Road near the Friendship Post Office at 9:30 a.m.



Other events on Friendship Day include lobster boat races at the harbor, a pancake breakfast, craft show, lobster rolls made by the Friendship lobster fishermen, an art show by Friendship artists in the United Methodist Church and more. For a complete schedule, see page 41.

Currently hundreds of thousands of Maine citizens are able to renew their vehicle registrations online. Most recently, the towns of Lebanon, Wales and Windsor joined the long and still growing list of Maine municipalities that provide residents with the option of using the state's online service for the renewal of motor vehicle registrations.

Secretary of State Matthew Dunlap says, "I encourage non-participating towns to follow their lead. As budget-conscious municipal leaders seek new ways to provide efficient and convenient services, I'm confident Rapid Renewal will eventually become available to everyone who wishes to use it." While municipal participation in Rapid Renewal is optional, the service has now grown to include 134 municipalities, and more than

Online Vehicle Registration Renewal Service Expands

412,000 transactions have been processed.

The service is being offered by cities and towns from York County to Aroostook County, with populations ranging from Glenwood Plantation's two citizens to more than 64,000 in Portland. Through Rapid Renewal, citizens are able to renew their vehicle registrations and pay their municipal excise taxes online, 24-hours a day, seven-days a week.

Go to www.informe.org/bmv/rapid-renewal/ to find out which towns offer Rapid Renewal service.

Municipal officials who would like more information about participating in Rapid Renewal, should contact the Department of the Secretary of State at 626-8400 or e-mail sos.office@maine.gov.

Flu Preparedness Summit to Be Held August 20 in Augusta

A Maine H1N1 Influenza Preparedness Summit will be held on Thursday, August 20, at the Augusta Civic Center from 8 a.m. to 4 p.m. The purpose of the summit is to help Maine prepare for the fall and to plan for a statewide H1N1 vaccination campaign.

Experts forecast that H1N1's impact may well worsen in the fall when the regular flu season hits, or even earlier, when schools open. The Maine Center for Disease Control, Maine

Emergency Management Agency, and Maine Department of Education are cosponsoring the summit to promote vigilance, preparation, and a sharing of responsibility to mitigate the effects of H1N1, and to offer H1N1 immunization to all people in Maine later this year.

A registration of \$15 is required, with scholarships by request. Go to www.maine.gov/dhhs/boh/h1n1-summit.html to register online. For more information, contact MCD Meeting Services at conferences@mcd.org, or call 622-7566, extension 232.

DISH Network Agrees to \$5.9 Million Settlement

Attorney General Janet T. Mills announced that DISH Network, LLC will pay \$5,991,000 to settle consumer protection allegations with attorneys general in 46 states. The states alleged the satellite TV provider and its third-party retailers engaged in deceptive and unfair sales practices. The company has denied any wrongdoing, but in addition to the \$5.9 million settlement, DISH Network agreed to pay restitution to consumers and to enter into an agreement that limits how it can market services in the future. Maine will receive \$20,000 to dedicate to consumer protection work.

The settlement resolves the states' allegations that DISH Network refused to accept responsibility for the misconduct of its third-party retailers and installers; made telemarketing calls to consumers in violation of do-not-call rules; failed to disclose all terms and conditions of their customer agreements, including the availability of rebates, credits and free offers; did not disclose that purchased or leased equipment

was previously used and/or refurbished; made reference to competitors' price offers when the goods or services being compared were materially different; and charged customer credit cards and debited their bank accounts without providing adequate notice and obtaining appropriate authorization.

Unresolved complaints that were sent to DISH Network or the Maine Attorney General since January 1, 2004, are eligible for the restitution program. DISH Network will send a claims notice to those who are eligible for the restitution program. Additionally, Maine consumers can file a complaint no later than December 15 with the Attorney General's Consumer Information and Mediation Service, 6 State House Station, Augusta, ME 04333.

Questions or complaints regarding the refund process can be addressed to: DISH Network, LLC, Dispute Resolution Team, P.O. Box 9040, Littleton, CO 80120, or e-mail CEO@dishnetwork.com.

URock to Offer Course on Computer Repair and Maintenance

This fall University College at Rockland (URock) will offer a college level hands-on PC repair and maintenance course. The course is part of the Computer Information Systems Degree at URock through the University of Maine at Augusta.

The three-credit college course, CIS 220, will focus on learning to disassemble, reassemble and test computer components and learning the function of each part. The course will also cover operating systems, networking and security.

A very hands-on, lab-oriented course, it is ideal for anyone who wants to look under the hood to find out how a com-

puter works. By the end of the course students should be competent to assemble, repair, troubleshoot, maintain and upgrade most personal computers.

The class will be taught on Thursdays from 4 to 6:45 p.m. at University College at Rockland. Classes begin the week of August 31 and continue until December 16.

Mark Goodridge will be the instructor. He started working with computers professionally more than 30 years ago. He is currently semiretired and teaches courses in Web design, networking, network security, hardware and software maintenance and troubleshooting for the University of Maine at Augusta. For more information or to register, contact URock at 800-286-1594.

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MOFGA Accepting Submissions for Poster Contest

The Maine Organic Farmers and Gardeners Association (MOFGA) is accepting submissions for the 2010 Common Ground Country Fair Artwork Contest.

Each year, MOFGA hosts a contest to find an illustration that captures the essence of its annual fair. This year's Common Ground Country Fair will take place on September 25, 26 and 27 at MOFGA's Common Ground Education Center in Unity.

John Bunker of Palermo designed the 2009 poster. His illustration features a variety of heirloom apples from each of Maine counties. The poster is available from MOFGA for \$10 plus shipping.

The deadline for artwork submission for the 2010 contest is August 7, 2009. MOFGA will use the winning design for next year's fair T-shirts, postcards, brochures and other promotional materials. MOFGA will also feature the winning artist in its quarterly newspaper, The Maine Organic Farmer & Gardner, on its Web site and in other media outreach efforts.

The winning artist will receive a \$1,000 prize as well.

All entries must arrive in MOFGA's office in the town of Unity by 4 p.m. Friday, August 7, 2009. Artists may submit two entries.

Watercolor Exhibit in Cushing Barn -

Win Reber will show his watercolors in the Cushing Historical Society's Arts in the Barn on Hathorne Point Road from Friday to Sunday, July 24 to 26. The show will open with a reception Friday from 5 to 8 p.m. Show hours on Saturday are 10 a.m. to 4 p.m. and Sunday, 11 a.m. to 4 p.m. Reber's watercolors are included in collections from Florida to Maine and Pennsylvania to Oregon. Shown here is his "Window to the Water." Admission to the show is free. For further information, call 354-6679.



Deadline for Contemporary Woodworking Exhibit Set

The Center for Furniture Craftsmanship has expanded awards given in Maine Wood 2010, a juried biennial exhibition of contemporary Maine woodworking. The exhibition is open to all creative woodworkers, including furniture makers, sculptors, carvers and turners. It will open at the Messler Gallery on the campus of the Center for Furniture Crafts-

manship in Rockport on December 4. The deadline for application is August 7.

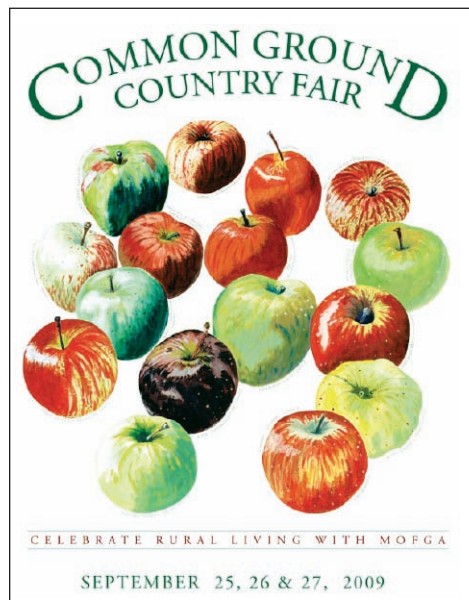
More than \$2,000 in gift certificates will be awarded through the generosity of corporate sponsors.

Jurors for the exhibition are author and furniture maker Garrett Hack of Thetford, Vermont, and furniture maker, turner and sculptor Beth Ireland of Roslindale, Massachusetts.

For more information, call 594-5611 or e-mail mainewood2010@wood-school.org. Application information for Maine Wood 2010 can be downloaded at www.woodschooll.org/gallery.

deadline is August 7

The contest is open to Maine residents, and MOFGA members regardless of residence. For more information and contest guidelines, call 568-4142 or e-mail cgcf@mofga.org.



This year's poster by John Bunker features heirloom apple varieties from Maine counties.

ART ON THE COAST



New Era Gallery Features Hays and Lasansky

"Waiting for a Boat, Vinalhaven," oil on canvas by Connie Hays

its to Vinalhaven and North Haven.

Sculptor Lasansky has spent summers on the island for many years and has developed a body of work using island black granite. He incorporates the stone's history into the final design, melding rough and weathered surfaces, marks from quarrying and natural growths of lichens with highly polished and finely carved surfaces and forms. He was born in Argentina, the son of internationally acclaimed printmaker Mauricio Lasansky.

The exhibition will run through August 12. Information is available at neweragallery.com, or by calling 863-9351.

New Era Gallery of Vinalhaven features the work of Connie Hays and William Lasansky in its third summer exhibition.

Hays has had recent exhibitions at the Farnsworth Museum and the Ogunquit Museum of American Art. In this fifth anniversary show of her work, the gallery has chosen to focus on work done during her frequent vis-

iting and natural growths of lichens with highly polished and finely carved surfaces and forms. He was born in Argentina, the son of internationally acclaimed printmaker Mauricio Lasansky.

Masters of Penobscot Bay

The Maine coast has been a mecca for artists for over a century, and Penobscot Bay has been and is home to some of the greatest artists in the country, but what makes an artist a master?

Mars Hall Gallery presents "Return of the Masters: Masters of Penobscot Bay," featuring work by artists who have dedicated their lives to their art: Robert Hamilton, Donn Moulton, Carl Sublett and William Thon, as well as their contemporaries Charles DuBack, Ronald Frontin, Kris Johnson, Nat Lewis and Marilyn Quint-Rose.

The Gallery also offers paintings by Alison



"Granny Smith" by Donn Moulton

Hill of Monhegan, who was just interviewed for a "Good Morning America" show to air Sunday, July 26, as well as works by Elizabeth Allen, Bill Cook, Dick Kelly, Sharon Larkin, Blanche Sefton-Lutz, Otty Merrill, Cam Noel, C.W. Oakes, Andy Rosen and Eleanor Zuccola.

"Return of the Masters" runs through Sunday, August 16.

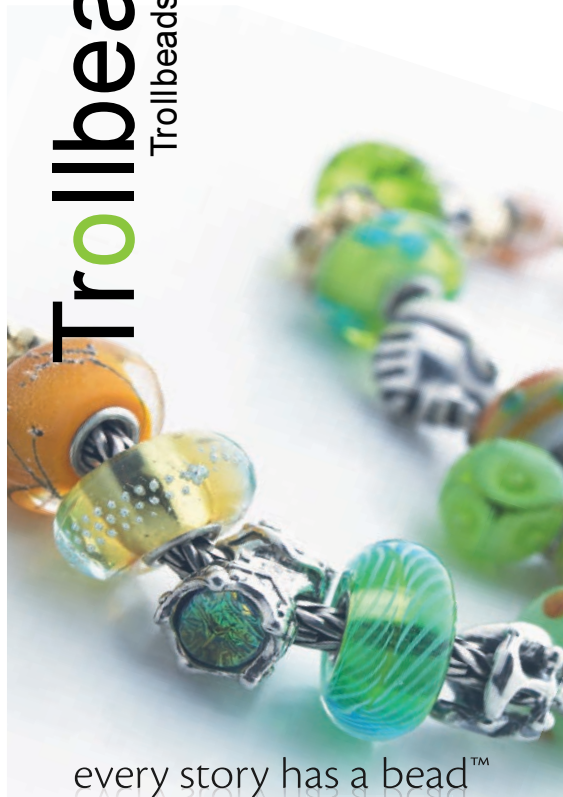
The reception for "Return of the Masters" and "Leo & Me," featuring works by the late Leo Brooks and fellow artist and friend Elaine Reed, will be held Friday, July 24, from 6 to 8 p.m. Mars Hall Gallery is located at 621 Port Clyde Road in Martinsville.



"A Gathering of Crows"

Richard Roberston of Rockport Pottery will display new work on a bird theme during the July 24 and 25 show "A Gathering of Crows" in the pottery's gallery. The work marks a comeback for the artist, who was severely injured in a February 2008 car accident in Waldoboro. Also shown at the gallery will be crow-themed pieces by Maine artists Michael Podesta, Richard Abbott and Ivan Rasmussen. Show times are 10 a.m. to 5 p.m. on both Friday and Saturday at Rockport Pottery, 140 Vinal Street in Rockport.

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Photographer Vanden Brink to Talk About His New Book July 30

Camden photographer Brian Vanden Brink will present an illustrated talk on his new book *Ruin: Photographs of a Vanishing America* at the Camden Public Library on Thursday, July 30, at 6:30 p.m.

By photographing the interiors and exteriors of magnificent homes, Vanden Brink has built a reputation as one of America's more sought-after architectural photographers. His work has been featured in *Architectural Digest*, *Architectural Record*, *Metropolitan Home*, *Coastal Living*, *Cottage Living*, *La Vie Claire*, *The New York Times Magazine*, *Old House Journal*, *Custom Home*, *Yankee* and *Down East*.

Over the years, he has also taken time to focus on deserted homes and architectural ruins and their relationships to the surrounding landscape. In *Ruin*, Vanden Brink's photos capture the long, slow demise of structures that once held immense import and usefulness.

Vanden Brink was born in Omaha, Nebraska, in 1951 and began his career in photography there more than 30 years ago. Upon moving to Maine in 1978, he began to specialize in architectural photography. Using a large format view camera, and working extensively with natural light, he has photographed dozens of award-winning projects nationwide. He occasionally lectures and holds workshops on architectural photography.

New Poet Laureate of Portland to Read in Damariscotta



Steve Luttrell, who was recently named to a two-year term as poet laureate of Portland, will read from his work at River Arts in Damariscotta on Sunday, July 26, at 7:30 p.m.

Twenty years ago, Luttrell founded, and is the publisher of, the quarterly poetry review *Café Review*. He said that he sees his new role as part of his lifelong commitment to promoting poetry. When he was interviewed about his appointment on MPBN, he defined poetry as a "musical sense of language."

Luttrell was born and raised in Portland. He is the author of 10 books of poetry, and his latest book is *Twelve Moons, Twelve Poems*. He currently resides in Falmouth with his wife, Catherine, and their dog, Digger.

The suggested contribution for the reading is \$10.

River Arts is located at 170 Main Street in Damariscotta. For more information, visit www.riverartsme.org or call 563-1507.

Elizabeth Ogilvie Reading Corner to Be Dedicated Sunday

On Sunday, July 26, the Cushing Public Library, 39 Cross Road, will hold a reception and tea in memory of Elizabeth Ogilvie. Ogilvie, who lived and worked on Gay Island across Pleasant Point Gut from the tip of the Cushing peninsula, was the author of 49 novels, many about life on the Maine coast and its islands. Her books introduced Maine to generations of readers, bringing many to visit Down East for the first time.

Ogilvie's love of Maine, its people and coastal life, included a great fondness for her hometown and Cushing's small library. To help raise funds for the collection, she presented the library board with many copies of her work, all in mint condition, which she gave permission to sell. Her popularity was such that readers came from some distance to purchase their old favorites. And, when she died in 2006, just before her 90th birthday, her obituary asked that friends and readers make donations to the library in her memory. The response was wide and generous, enabling the library to purchase two large, comfortable reading chairs, as well as a small table and lamp. The Cushing Public Library will dedicate its Elizabeth Ogilvie Reading Corner, tucked away in a quiet space beside a sunny window and near the bookshelves, at Sunday's reception.

The dedication will take place between 3 and 5 p.m., with



Elizabeth Ogilvie writing in the field at her home on Gay Island, Cushing, circa 1950

brief readings chosen from her work and a few memories from those who knew her best. Refreshments will be served. For further information, call 354-8860 or 354-7212.

"Best of Maine" Auction Offers Maine-Made Items, Vacationland Experiences

Whether you live in Maine, visit often, or have never been here before, the Owls Head Transportation Museum aims to help you find the perfect Maine-made item or Vacationland experience. The museum's new "Best of Maine" auction Web site allows virtual visitors to browse approximately 100 items and experiences and find what they are looking for, from any region of the state, including lodging accommodations; cruises and boat trips; airline tickets to Maine; restaurant meals; tickets to events, festivals and performances; recreational packages for camping, skiing, snowmobiling, whitewater rafting; and Maine-made products.

Businesses that have donated auction items and experiences will all have a direct link to their resources from the museum's auction Web site. Auction items are still being accepted, and many new items will be added to the Web site right up until the day of the live auction. Businesses should call Cathy Hardy at the museum (594-4418) to discuss their donations.

While the Web site allows visitors to place absentee bids on any auction item, the live auction will take place at the Owls Head Transportation Museum on Thursday evening, August 6. A free preview and bidder registration will be held from 10 a.m. to 5 p.m., with the live auction starting promptly at 6 p.m. Maine-themed hors d'oeuvres and local wines and beer will be served. Tickets are available at \$10 per per-

son by calling 594-4418.

Museum director Charles Chiarchiaro will be the benefit auctioneer, with assistance from guest auctioneers Maine Tourism director Pat Eltman, Maine State Chamber of Commerce director Dana Connors and Maine Tourism Association director Vaughn Stinson, among others.

Proceeds from the auction will benefit the museum's education programs, which allow free museum admission to all Maine school groups and for all children under the age of 18 for the remainder of 2009.

Open every day, the Owls Head Transportation Museum is located at 117 Museum Street (off Route 73) in Owls Head, two miles south of Rockland.

Garden Design Workshop at Merryspring



Registration is now open for author Lee Schneller Sligh's garden design workshop at Merryspring Nature Center in Camden.

"Designing Continuously Blooming Gardens" is scheduled for Friday, July 31, from 10 a.m. to 2 p.m. It will begin with a classroom session, followed by hands-on lessons using Merryspring's gardens as a living laboratory. Participants will learn Schneller Sligh's technique for designing perennial gardens that bloom over three full seasons, outlined in her new book, *The Ever-Blooming Flower Garden: A Blueprint for Continuous Color*.

Pre-registration for this workshop is required. The fee is \$40; Merryspring members, \$30. Copies of the required text, *The Ever-Blooming Flower Garden*, will be available for purchase. Participants may pre-order a book when they register for the workshop to receive a \$5 discount. To register, call 236-2239 or contact info@merryspring.org.

Merryspring is located at the end of Conway Road just off Route 1 by the Hannaford shopping plaza in Camden.

Rockland Art Market Moves to Scuttlebutt

The Rockland Art Market will move to Scuttlebutt Antiques on Route 1 in Warren during the Lobster Festival and the Maine Boats, Homes & Harbors show.

Scuttlebutt owner Jeff Wright says he welcomes the artists, and the market fits right in with the new addition of Maine-made arts and crafts the shop is now featuring.

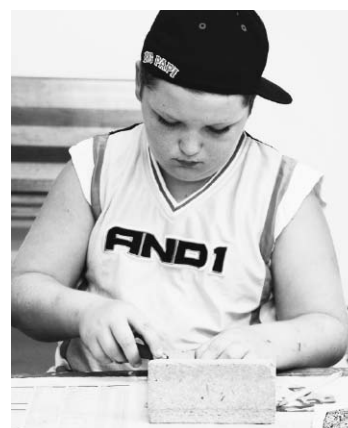
Not all of the artists will be at Scuttlebutt, since some participate in the Fine Art Tent at the Lobster Festival, but the white canopies will join Anthony's Take-Out in the parking lot at Scuttlebutt Antiques from 10 a.m. to 2 p.m. on Wednesday, July 29 and August 5. They will return to Harbor Park in Rockland on August 12.

Contact Cindy McIntyre, 832-7490, cindy@cindymcintyre.com for information.

Still Time to Sign Up for Waterfall Arts Classes

There is still time to register for Waterfall Arts' summer classes for adults, teens and children, which begin the first week of August both in Belfast and at the Kingdom site in Montville.

This year adult classes, which are also appropriate for teens age 13 and up, are scheduled for the Montville site. The classes all focus on art, light and the spirit of place, through different disciplines and techniques. Nancy Morgan Barnes, a well-known figure painter, will give instruction in drawing and painting people in action in her "People in Motion" workshop. Susan Newbold's class, "The Illuminated Journal," centers on creating and embellishing artists' journals with printing, collage, text and watercolor techniques. Adele Drake leads a group in the basics of still life painting — application, composition and color choice. Kathy Levine, in "Art from Nature: Recycled Paper Casting and Photo Transfer," will share her process of



Cam Atherton works on a woodcut at Waterfall Arts

using recycled paper to cast natural objects or body parts and then enhance them with photo transfers. Marta Bernbaum will work with beginners and skilled students in "Hot Glass Sculpture and Beads."

Most classes for children age four and up will take place in Belfast, with the exception of "Glass Beads for Young Folks," which will be held at the Montville site. There's room for more young artists in "Castles, Dragons and Woodland Fairies," a dance, music and costuming class led by Lisa Newcomb, Kathryn Oliver and Jeff Densmore. "Folkstory Puppetry" with Nancy Tyndale, "Young at Art" with Rachael Littlefield and the "Glass Beads" class also have some openings.

Classes may fill quickly, so those interested are urged to sign up as soon as possible. For more information about the programs or to register or volunteer, call 338-2222 or visit www.waterfallarts.org.

Gary Akers' "Summer Light" Show Opens Saturday

Gary Akers will present "Summer Light," a collection of over 20 new paintings in egg tempera and watercolor, on Saturday, July 25, through Sunday, August 16, at the Green Schoolhouse, the little restored one-room Finnish school located two miles down the St. George peninsula on Route 131 South.

Akers alternates his residence and studio between Kentucky and Maine. "Summer Light" is his 20th annual Maine exhibition. He will be at the Green Schoolhouse each day from 10 a.m. to 5 p.m. to meet visitors and to discuss his work.

Most of the paintings in this exhibition were painted near his studio on the St. George peninsula, including three new egg tempera paintings, "Summer Light," "Apple House Porch" and "Summer Breeze." Akers will also be introducing giclee limited edition prints in editions of 50 of his three new egg tempera paintings.

Akers's subjects include the inhabited rural and coastal landscape, as well as scenes of domestic life. The true subject is the transforming power of light, says Akers.

Akers is the recipient of numerous awards from various watercolor societies, and is an elected signature member of the American Watercolor Society. Recently, the Kemper Museum of Contemporary Art, Kansas City, Missouri, purchased his drybrush watercolor "Mrs. Lean Arthur." His work is in the collection of the White House, the

Ross Collection, Brown Foreman Corporation, Ogunquit Art Museum and Cincinnati Financial Corporation. For more information, call 594-4964 or visit www.GaryAkers.com.



"Summer Light," egg tempera on panel by Gary Akers

"Earth and Water" at Sea Studio Gallery

The Sea Studio Gallery in Tenants Harbor will present "Earth and Water," featuring guest artists Krisann Baker and Pat Denman.

Baker's work consists of representational water scenes done in oils and watercolors while Denman paints traditional landscape watercolors.

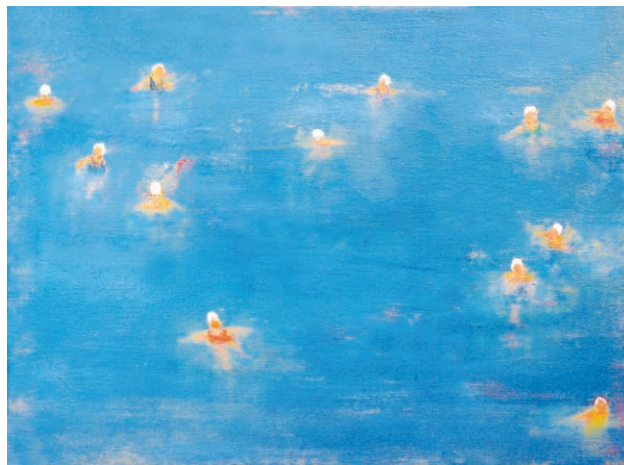
Also on display will be Copley Masters Ralph Bush, Mark Hayden, Guy Corriero and Caleb Stone.

The opening reception for "Earth and Water" will be held Friday, July 24, from 5 to 7 p.m. The gallery is located on Route 131 in Tenants Harbor. For more information, call Kelli Haines, 372-9992.



"Seascape," oil on canvas by Guy Corriero

ART ON THE COAST



CMCA Previews Benefit Auction July 25

"Group Swim 07," oil on canvas by Katherine Bradford

COURTESY OF AUCOCISCO GALLERIES

The Center for Maine Contemporary Art (CMCA) in Rockport kicks off its 32nd annual benefit auction with a public opening reception for the preview exhibition on Friday, July 24, from 5 to 7 p.m. The preview continues through Saturday, August 1.

This year's auction will feature 98 works by many of Maine's visual artists. This is CMCA's most significant annual fund-raising event and is a popular auction, attracting art enthusiasts from within the state and beyond. The eight-day auction preview exhibition is open to the public, free of charge.

The live benefit auction will be held on Sunday, August 2, from 5 to 9 p.m. at the Owls Head Transportation Museum, with a dinner catered by Swan's Way. Auctioneer Kaja Veilleux will preside over the auction itself. Absentee bidding is available and bid cards may be received either in person or by calling CMCA. All work to be auctioned live on August 2 may also be previewed at www.cmcanow.org.

Artists and donors have committed either a portion or all of the proceeds from the sale of their works to CMCA, which will be used to underwrite its exhibitions and education events. The CMCA auction includes 98 works by the following artists: Janice Anthony, Melinda Barnes, Jeffery Becton, Dozier Bell, Dyan Berk, Thomas Birtwistle, Gideon Bok, Mary Bourke, Katherine Bradford, Sam Cady, Tim Van Campen, Peter Chamberlain, Avy Claire, Tillman Crane, Sara Crisp, Scott Davis, Jo Spiller Desmond, Jed Devine, Lois Dodd, Dan Dowd, Joellyn Duesberry, Gregory Dunham, Tony Fitzpatrick, Kathleen Florance, Joan Freiman, Philip Frey, Harold Garde, Marvin P. Garner, Stephen Gleasner, Rebecca Goodale, Connie Hayes, Anna Hepler, Frances Hodsdon, Eric Hopkins, Sara Hotchkiss, Jonathan Imber, Dahlov Ipcar, Yvonne Jacqueline, Sheep Jones, Barbara Kassel, MaJo Keleshian, Frederic Kellogg, Monica Kelly, Anne Kilham, Ann Lofquist, Frederick Lynch, William Barriss Martin, Patrisha

McLean, Holly Meade, Susan Metzger, Thomas Peter Michelena, Garry Mitchell, Kayla Mohammadi, James Mullen, Jenifer Mumford, Colin Page, George Pearlman, Dee Peppe, Scott Peterman, Harvey R. Peterson, Dennis Pinette, Paul Plante, Robert Pollien, Cyndi Prince, David Puntel, Holly Ready, Alison Rector, Ellen Rich, Mimo Gordon Riley, Whitney River, Marguerite Robichaux, Liv Kristin Robinson, Björn Runquist, Nina Scott-Hansen, Claire Seidl, Stell Shevis, William Shevis, Carol Sloane, Ann C. Slocum, Justin Van Soest, Jessica Stammen, David Brooks Stess, Barbara Sullivan, Andrea Sulzer, Joyce Tenneson, Lynn Travis, Mary Alice Treworgy, Margot Trout, Josette Urso, David Vickery, Neil Welliver, Shoshannah White, Susan Williams, Deborah Winship, Denny Winters, John Wissemann, Mary Woodman, and Dudley Zopp.

Katherine Bradford, whose oil painting "Group Swim 07" is featured on the CMCA auction catalogue and invitation, has exhibited her work nationally. Last year she showed in Boston, New York, North Carolina and Vermont, and received awards from the Pollock-Krasner Foundation and the American Academy of Arts and Letters. Her work is included in the collections of the Metropolitan Museum of Art, the Brooklyn Museum, the Portland Museum of Art, the Farnsworth Art Museum, and Bowdoin, Smith and Bates Colleges.

Individual tickets for the auction are \$100, and include a bidding card and catered dinner. To reserve a ticket or table, call 236-2875, extension 306.

CMCA is a nonprofit organization advancing contemporary art in Maine through exhibitions and educational programs. CMCA is located at 162 Russell Avenue in downtown Rockport. During the annual benefit auction preview exhibition, admission is free for all. The facilities are fully wheelchair-accessible. For more information, call 236-2875 or visit www.cmcanow.org.

Belfast Gallery Walk This Friday

The BelfastARTS Friday Gallery Walk will be held on July 24. From 5 p.m. to sunset, all downtown galleries will keep their doors open, and both Aarhus Gallery and First Light Gallery will host opening receptions. There

will be a number of entertainers on the streets, including Scot Canon (dance/mime), Karin Spitfire (poetry) and Apartment 4 (live music).

For more information, visit www.arts-belfast.com.



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ART ON THE COAST

Barbara Ernst Prey Exhibit Opens Saturday in Port Clyde

"Solo," watercolor by Barbara Ernst Prey

"Barbara Ernst Prey: Earth, Sea, and Sky — 25 Years Exhibiting in Maine" opens Saturday, July 25, at Blue Water Fine Arts in Port Clyde. The exhibit runs through August 16. There will be an opening reception on Friday, July 31, from 6 to 8 p.m. According to Prey, the exhibit explores the importance and urgency of maintaining the environment.

"25 Years" showcases a collection of 40 watercolors, meditations on the environment, featuring her signature coastal scenes of Maine as well as early works for The New Yorker magazine and The New York Times and paintings exhibited in her recent Paris retrospective. A 200-page book accompanying the exhibit with a critical essay by Sarah Cash, Corcoran Gallery of Art curator, is available.

Prey, who lives in New York, has studios in New York and Maine and has spent the past 30 summers working here, and for the past 25 years has had a summer exhibition.

Prey was appointed by President Bush to the National Council on the Arts last September; appointment to the council requires confirmation by the Senate, which occurred in November. The council consists of 14 private citizens and six ex officio members of Congress. The council serves as the advisory board of the National Endowment for the Arts (NEA). Prey was confirmed to serve a six-year term until 2014. "Barbara Prey's nomination continues our tradition of having prominent visual artists as members of the National Council on the Arts," said NEA chairman Dana Gioia in a December release announcing Prey's confirmation.

Prey says that her work in the Port Clyde exhibit explores the delicacy, complexity and interconnectedness that reflect her concern for the natural world. "My commissions with



NASA have given me a cosmic appreciation of our world and the necessity and importance of being responsible for what we have."

NASA has commissioned Prey to paint four paintings for their collection including "Shuttle Discovery: Return to Flight"; "The Columbia Tribute," to commemorate the anniversary of the Columbia tragedy, which is on exhibit at the Kennedy Space Center; "The International Space Station"; and a painting of the X-43, the fastest aircraft in the world, which is included in NASA's traveling exhibit to celebrate NASA's 50th anniversary, and which was organized by the Smithsonian Institution and the National Air and Space Museum.

Prey has paintings on exhibit in U.S. embassies abroad, through the State Department's Arts in Embassies program. She was honored by the New York State Senate with the Women of Distinction Award. Prey's paintings are in public and private collections in the U.S., including the White House, the Smithsonian American Art Museum and the Farnsworth Art Museum.

Blue Water Fine Arts is located on Route 131 in Port Clyde. For more information, visit www.bluewaterfinearts.com or www.barbaraprey.com.

Estey Painting Chosen by AARP for 2010 Calendar

"Belfast Summer Nights," oil on panel by David Estey



"Belfast Summer Nights," a 2006 oil painting by Belfast artist David Estey, was selected from over 1,500 entries nationwide by the American Association of Retired Persons (AARP) for its 2010 calendar. The original art will be donated, exhibited and auctioned off at the AARP Life@50+ National

Event October 22 to 24 in Las Vegas, Nevada. The 16" x 24" painting represents the calendar theme, "There's Nowhere I'd Rather Be," and depicts people enjoying a free Thursday night concert at Steamboat Landing in Belfast, including the artist's late father, Randy Estey, in a lawn chair.



Reflections on Maine Opens at First Light —

The First Light Gallery in Belfast presents a new show, "Reflections On Maine," featuring the realistic and often mysterious paintings of Becky Whight. Shown here is Whight's "Doubling Point Lighthouse," (acrylic on canvas). An opening reception with refreshments will be held during the Belfast Art Walk, 5 to 8 p.m. on Friday, July 24. New paintings by gallery artists Tom Prescott, Leigh Osgood, Eric Leppanen and Lucinda Talbot, the circle art of Zoe Calder, and gold and silver jewelry by Dan Bennett will also be on display. The gallery is on the main corner in downtown Belfast.

A Conversation with Jamie Wyeth

On Wednesday, August 5, the Farnsworth Art Museum will present artist Jamie Wyeth and interim director and chief curator Michael K. Komanecky as they discuss the topic of human frailty as seen through Wyeth's distinctive depiction of the theme, with seagulls as the protagonists, in his exhibition "Jamie Wyeth: Seven Deadly Sins." The conversation will take place at 6 p.m. in the museum auditorium.

Komanecky and Wyeth will discuss both the origins and the influence of historic renditions of this topic, including Paul Cadmus' 1945-1949 surrealist paintings. It was these paintings of the seven deadly sins that inspired Wyeth, decades after first seeing them, to do his own series of paintings on the theme.

There will be a question-and-answer period following the conversation. The cost is \$15 for members and \$20 for non-members. For more information or to sign up, call the Education Department at 596-0949 or visit the education page at www.farnsworth-museum.org/education.

The exhibition "Jamie Wyeth: Seven Deadly Sins" is

on view in the museum's Wyeth Center through August 30. It will then go to the Brandywine River Museum in Chadds Ford, Pennsylvania.



"Pride (Seven Deadly Sins)," combined mediums on handwove, toned paper mounted on archival board, by Jamie Wyeth COURTESY ADELSON GALLERIES, NYC

Charles DuBack Show at Aarhus Gallery

Aarhus Gallery in Belfast is exhibiting work by the venerable painter Charles DuBack of Tenants Harbor. The show runs through August 9. The public is invited to an opening reception on Friday, July 24, from 5 to 8 p.m.

DuBack was born in 1926 in Fairfield, Connecticut, and has been painting and living in Maine for over 40 years. He began painting soon after World War II. His work has been featured in important shows on contemporary American painting, including "Recent Paintings" at the Museum of Modern Art in New York City, the Biennial International Exhibition at the Brooklyn Museum, and the Whitney Annual Exhibition of Contemporary American Painting. His paintings are housed in many museum collections and other public institutions throughout the country.



"Ten Pound Fog," oil and wax on canvas by Charles DuBack

Also on display will be work by Aarhus partners Annadeene Fowler, Kevin Johnson, Mark Kelly, Richard Mann, Wesley Reddick and Willy Reddick.

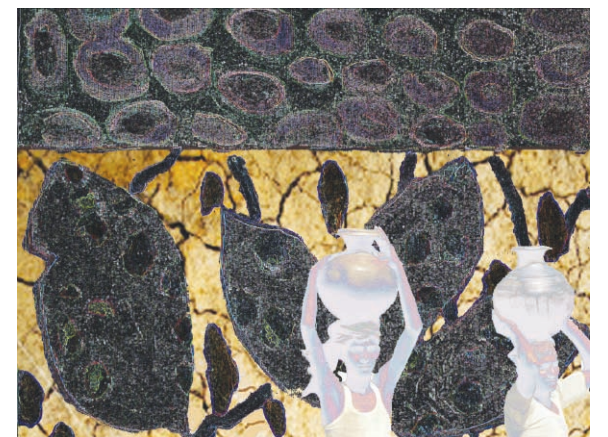
Aarhus Gallery is located at 50 Main Street in Belfast. For more information, visit www.aarhusgallery.com or call 338-0001.

Artist-Activist Natasha Mayers to Speak at Waterfall Arts

Artist-activist Natasha Mayers will speak on Monday, July 27, at Waterfall Arts in Belfast. Part of the monthly series of artist lectures, the talk begins at 7 p.m. at 256 High Street.

Mayers studied sculpture at Sarah Lawrence College. After serving in the Peace Corps in Nigeria, she began studying painting in Maine. Since 1975 she has supervised the painting of over 500 murals as a touring artist with the Maine Arts Commission. She is an artist-in-residence for Peace Action Maine and was a National Endowment for the Arts Millennium Artist in Portsmouth, Ohio. She has worked with students from nursery school to college, immigrants, refugees, prisoners, the homeless and the psychiatrically labeled. She organized "Warflowers: From Swords to Plowshares," a 2005-6 traveling exhibit by 44 Maine artists about how to convert the country's defense-based economy.

In her own painting she often explores themes of peace and social justice. By placing images of war on Maine's landscape in her



"Parched Earth, Fragile Water" by Natasha Mayers

"State of War" series she asks, how would Maine feel if it happened here? For one year, Mayers created a daily photo collage, painting or other image that was posted on the national progressive Web site "Common Dreams."

The lecture series at Waterfall Arts features presentations by recognized artists, poets, thinkers, writers and art historians, followed by discussions. Admission is \$7 at the door; students of all ages are free. For more information, call 338-2222 or visit www.waterfallarts.org.



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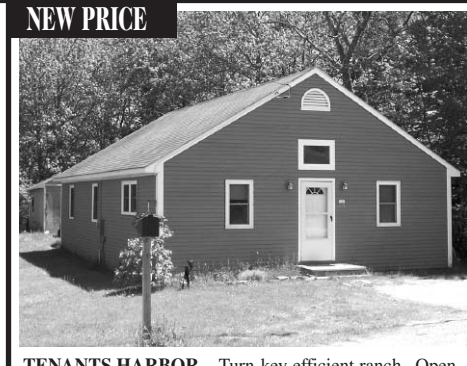
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NEW LISTING

SO. THOMASTON - 9.9 acre surveyed building lot with 409 feet of road frontage. Property is one mile from public landing. Septic design available. **\$79,000**



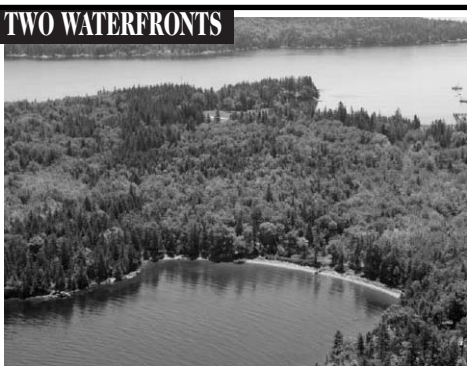
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SOUTH THOMASTON - One floor living at its best! Worry-free, well-built 1680 sq. ft. ranch built in 2007 with 2 bedrooms, 3 baths, 2 decks, handicapped accessible kitchen & bath. Private subdivision road with shared pedestrian right of way to St. George River. **\$465,555**



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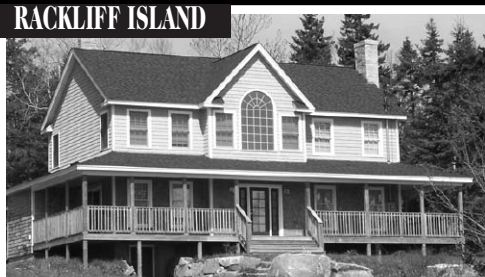


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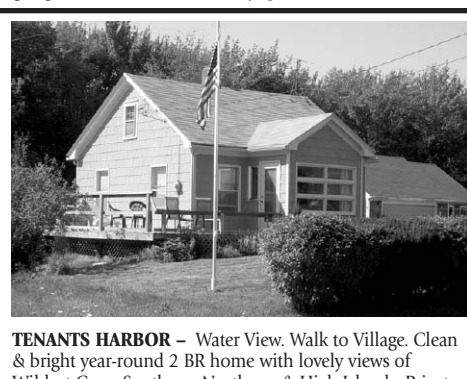
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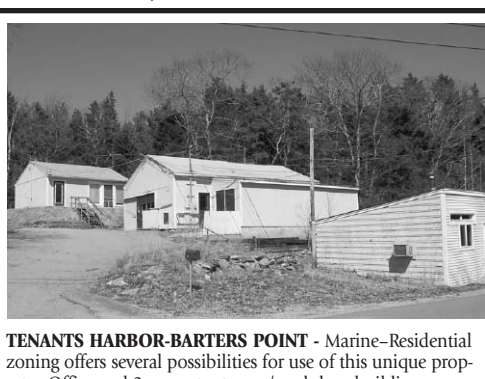


BACK ON MARKET - \$115,000

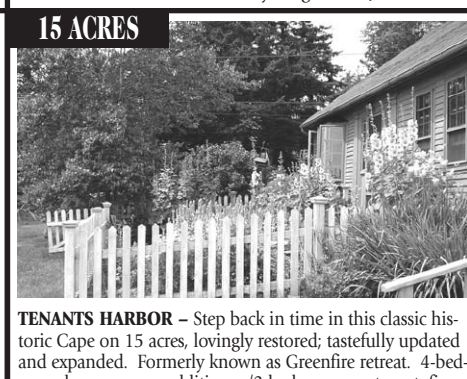
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You can also begin your travel down the St. George peninsula by taking Route 73 south out of Rockland. Explore Owls Head, South Thomaston, Spruce Head and Clark Island. At the junction of Routes 73 and 131S, turn left and continue through Tenants Harbor, on to Port Clyde — the end of the peninsula. To return, follow Route 131 back to Route 1 in Thomaston.

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"The Store on the Shore"

FARM DAY continued from page 1

• **Brae Maple Farm, 233 North Union Road, Union** — walk through the MOFGA-certified organic vegetable gardens. The Master Gardener's vegetable demonstration garden, period garden, and medicine wheel will also be on display. Enjoy pastoral views from the historic 1781 farmstead and visit with Scotch Highland cattle, sheep and miniature, standard and mammoth donkeys. Master Gardeners will give 30-minute talks throughout the day, artist Doug Smith will be painting on site, there will be a beekeeping display, wool spinning demonstrations, herbal refreshment and recipes.

Directions: From Union going west on Route 17, turn right after Hammond Tractor (John Deere) onto North Union Road; go ¼ mile; first farm on the right.

• **Ellsfarm Sheep Dairy, 1244 Clarry Hill Road, Union** — 63-acre farm is located on scenic Clarry Hill. Each year between April and September, 60 to 70 ewes are milked twice a day in a licensed sheep dairy. The milk is sold to nearby Appleton Creamery where it is made into cheeses and yogurt. Ellsfarm also raises natural lamb for sale to local restaurants and retail stores. Using the rotational grazing technique, both the milking ewes and market lambs are moved in separate groups every four to seven days to new paddocks of fresh grass. Yarn, sheepskins and wool for spinning and felting are also produced and will be offered for sale on Open Farm Day, along with cheeses, cuts of lamb meat and ice cream made from the sheep's milk, available by the scoop. There will be sheepshearing and spinning wheel demonstrations, a children's craft area and bunnies on hand to be cuddled.

Also, in response to increases in the cost of both hay and grain, Ellsfarm has been researching alternative feed sources for livestock, experimenting with the pressing of spent brewery grain, working with Gritty McDuff's, Wolf's Neck Farm and the University of Maine Cooperative Extension Service. The president of the company that makes the press that Ellsfarm has been using (see photo at right) will give a demonstration and answer questions on the applicability of the presses at 1 p.m. on Sunday. At 3 p.m. there'll be a discussion of the preliminary results of the research that Ellsfarm has been conducting.

Directions: Take Clarry Hill Road off Route 17 in Union. Drive 2 miles on Clarry Hill Road, follow signs; farm is on left.

• **Guini Ridge Farm, 1353 North Union Road, Union** — a family-run sheep farm. Visit with the livestock, including sheep, lambs, chickens and cows, hike the reclaimed pastures, learn about the woodland and see the vegetable gardens. On Open Farm Day, mergeuz sausage (a lamb specialty) will be available to sample. Lamb products, yarn and fresh vegetables will be available for sale. Handicapped-accessible.

Directions: From Route 17 in Union, take North Union Road for 3 miles; farm is on the right.

• **Linita Farm, 609 North Union Road, Union** — This 250-acre dairy farm, established in 1941, is home to 80 head of registered Holstein and Jersey cattle. Milk is marketed through Agri-Mark Co-op. The public is welcome to visit Linita Farm to see farmland, cattle, barns and equipment. Farm tours available.

Directions: 1 mile of Route 17 on the North Union Road.

• **Miller Farm, 25 Miller Farm, Rockport** — Vegetables, fall pumpkins and gourds are grown here. Enjoy hayrides and talks on raising bees in the afternoon. Farm tours and samples will be offered all day. Handicapped-accessible. Restroom facilities available.

Directions: From Route 1 in Rockport, go inland on Main Street, between the Helm Restaurant and Maine Sport, 2 miles; farm is located on the right.

• **Savage Oakes Vineyard & Winery, 174 Barrett Hill Road, Union** — a 95-acre diversified farm with a herd of Belted Galloway beef cattle and hogs as well as wild blueberries and a 3.5-acre vineyard of hybrid wine grapes planted in 2002. Elmer and Holly Savage harvested their first grapes and began wine production in 2005. On Open Farm Day, they will offer their usual free wine tasting as well as tours of the farm, vineyard and winery, and will be available to discuss growing grapes in Maine's cold climate. Restroom facilities are available. For additional information, visit www.savageoakes.com.

Directions: From Route 17 turn onto Barrett Hill Road, which is just opposite Route 131 South, and go about ¾ mile on Barrett Hill Road.

• **Seabreeze Farm, 414 Cushing Road, Friendship** — Raised at Seabreeze Farm are ADGA-registered Saanen dairy goats, sheep, pigs, rare breed Royal Palm turkeys, Rouen ducks, Toulouse geese, and Araucana (blue egg) chickens, Old English bantams, rabbits, herbs, vegetables and fruits. The farm stand will be open and there will be plenty of animals on hand to see and pet. A small farm museum of

old farming tools will be set up in the greenhouse. Owners Brian and Bonnie will be glad to answer questions on small-scale farming. Free snacks will be provided.

Directions: On Route 97 (Cushing Road), 2 miles from Friendship Village.

• **Spruce Mountain Blueberries, 315 Mount Pleasant Street, West Rockport** — Wild Maine blueberries grown here. Some are fresh-packed or frozen for the six blueberry products they make in the kitchen, while others are sold to blueberry processors. There will be tours of the blueberry fields, winnowing equipment and farm kitchen. You may pick if any berries are ripe. There will also be explanations of fresh-pack techniques and how Spruce Mountain Blueberry chutney is made, as well as product samples to taste.

Directions: From the light at the intersection of Routes 17 and 90, go west on Route 17 towards Augusta. Take first left (about one block up from stoplight) onto Mt. Pleasant Street; bear right, road goes up and turns to dirt. Travel two miles from traffic light where the road makes a right angle; farm is a yellow Cape in the turn on the right.

• **Sweetgrass Farm Winery & Distillery, 347 Carroll Road, Union** — uses Maine-grown fruits to produce fine wines and distinctive spirits. Hike their trails and enjoy panoramic views of the Medomak River Valley. Have a picnic in the maple grove and visit with their flock of Romney and Friesian sheep. Sweetgrass Farm is a family-run business that supports local sustainable agriculture and donates 10 percent of its profits to organizations that support families, children and rural life. Handicapped-accessible. For more information, visit www.sweetgrasswinery.com.

Directions: Take Clarry Hill Road off Route 17 in Union, drive 2 miles on Clarry Hill Road. Follow signs; farm is on the left.

LINCOLN COUNTY farms participating in Sunday's Open Farm Day include:

• **Beau Chemin Preservation Farm, 1749 Finntown Road, Waldoboro** — 150-acre preservation farm emphasizes historic endangered livestock, heirloom plants and antique New England spinning wheels and wool. MOFGA-certified for plants, hay and poultry. Endangered heritage breeds of livestock include Soay, Shetland, Leicester Longwool and California Variegated Mutant sheep, Suffolk Punch draft horse, Randall cow, and Welsh Harlequin, Khaki Campbell and Dutch Hookbill ducks. And an ox and donkey reside here too. Farm tour includes traditional wool processing, dyeing and spinning, wool room, draft animals, farm stand, self-guided woods walk and pick-your-own raspberries.

Directions: From Moody's Restaurant in Waldoboro, proceed north on Route 1 approximately 4 miles, watch for Finntown Road sign on right (after passing the "Entering Warren" sign.) Take the right onto Finntown Road; go 3½ miles. Farm is on top of the hill; there is a farm sign; barns are on the right, house is on the left. From the intersection of Route 90 and Route 1 in Warren, go south on Route 1 about 1 mile. Watch for Finntown Road sign on left.

• **Birch View Farm, 457 Feylers Corner Road, Waldoboro** — This farm raises a diversified group of animals including beef cattle, pigs, sheep, goats, horses, ponies, chickens, a pet llama named Dahlic, and several breeds of turkeys, geese, ducks and rabbits. The farm store offers baked goods, produce and a private co-op where members buy a share of animals being raised for processing. Farm tours are available by request. Information and education provided regarding old breed turkeys. Handicapped-accessible.

Directions: From Moody's Diner, go North on Route 220 2½ miles, turn right on Feylers Corner Road, go ¾ of a mile; farm is on the right.

• **County Fair Farm, 423 Augusta Road (Route 32), Jefferson** — Visit the fields, barns, apple orchard and pond-side vegetable stand, and the cows, pigs and other baby farm

animals. Preview the corn maze. Enjoy a wagon ride. The farm stand will be open, with fresh produce and farm-raised meats.

Directions: Located on Route 32, halfway between junctions of 32 and Route 17 (to the north) and the junction of 32 and Route 126 (to the south).

• **Crooked Farm, 440 Old County Road, Pemaquid** — located at the Carpenter's Boat Shop. The farm's primary goals are to produce food for boatbuilding apprentices and to provide an educational program. A farm tour and composting information will be featured. Hiking trails are adjacent to the field at Pemaquid Watershed's Crooked Farm Preserve. The farm is handicapped-accessible and restroom facilities are available.

Directions: From Damariscotta, follow Route 130 to Pemaquid (9 miles), turn left on Old County Road (after the library), follow for 1 mile.

• **Dinah's Dream Alpaca Farm, 1327 Winslows Mills Road, Waldoboro** — Learn about alpacas and how to get started raising them. See products made from alpacas, including fleeces, roving and yarn. Farm is handicapped-accessible and restroom facilities are available.

Directions: Route 1 to Winslows Mills Road (Route 32). The farm is approx. 2½ miles on the right (about ½ mile past the railroad tracks). Look for a large white farmhouse with a big grey barn.

• **Eolian Farm Llamas & Shetlands, 34 Sheepscot Road, Newcastle** — raises llamas and Shetland sheep for their fiber. There will be ongoing fiber demonstrations including preparation of fleece, spinning and felting for kids. Children will be allowed to make a felted ball to take home. Learn how to use a lucet, an ancient Viking braiding tool. Visit with the llamas and sheep in their pasture. Fiber and farm products will be available for sale.

Directions: From Route 1 in Newcastle turn onto the Sheepscot Road (directly across from Midnight Oil Company); farm is less than ¼ mile on the left.

• **Shepherds and Such Homesteading Farm, 2448 Winslows Mills Road, Waldoboro** — Pigs, Belted Galloway cows, sheep (Katahdin, Corriedale, Icelandic), and bees. There will be demonstrations and talks on carding and spinning wool, how to raise and care for bees, how to make beeswax candles and bee balm, and a presentation on mak-



Ellsfarm received a grant to research the pressing of spent brewery grain and its nutritive value as an alternative feed source for livestock. A demonstration of a Vincent press (above) will be given during Open Farm Day at Ellsfarm in Union at 1 p.m., and the research will be discussed in a talk at 3 p.m.

ing herbal teas. For children, there will be felting and weaving on an outdoor loom with recycled wool and bark.

Directions: From Route 1 in Waldoboro, turn on Route 32 N (Winslows Mills Road). The farm is 4.6 miles from Route 1. From Route 17, take Route 32 into Jefferson, approximately four miles from Damariscotta Lake.

• **Stones Edge Farm, 335 Pond Road, Newcastle** — breeds and sells rare miniature silky fainting, Tennessee fainting, Nigerian dwarf, and pygmy goats, miniature horses, sport ponies and more. Carriage rides and harnessing demos, bee products and jewelry, interaction with baby animals, and products and animals for sale.

Directions: From Route 1 in Newcastle, take the exit for Route 215 and stay on Route 215 for about 2 miles. Watch for farm sign on the right. From south of Newcastle, take



OPEN FARM DAY
SUNDAY, JULY 26

WWW.SAVAGEOAKES.COM

SAVAGE OAKES
Vineyard & Winery

11am~5pm Daily
174 Barrett Hill Rd.
Union, ME
(207)785-2828

FARM DAY continued from page 1

Route 1 to the Damariscotta exit. Go straight off the exit to the stop sign, turn left on Academy Hill Road and follow to the end. Turn left onto Route 215; farm is 1½ miles on right.

• **Village Farm Alpacas, 99 Old Route 1, Waldoboro** — 30 alpacas on an 1840 22-acre farm located in Waldoboro village. Meet the animals and learn about their fleece, spinning fiber, alpaca husbandry and the investment potential of starting an alpaca farm. Yarns, sweaters, blankets and socks offered for sale in the shop. Restroom facilities are available. For more information, visit www.alpacavillage.com.

Directions: From Route 1 in Waldoboro at Moody's Diner, turn onto Route 220 South (at the light). Go ¼ mile; take first left onto Old Route 1; farm is the sixth house on the right, at the top of the hill.

• **Winter's Gone Farm & Alpaca Store, 245 Alna Road (Route 218), Wiscasset** — Learn about alpacas at "the softest farm in Maine." Enjoy the pastoral setting, nature trails, and picnic tables around a pond with fountain. Watch "Alpaca 101," a 15-minute film about the farm and alpacas. Spinning demonstrations will be given and alpaca products will be available in the store. Handicapped-accessible.

Directions: Farm is on Route 218, 2½ miles from Route 1 in Wiscasset. Route 218 (Federal Street) is opposite the Wiscasset post office.

WALDO COUNTY farms participating in Sunday's Open Farm Day include:

• **Ellie's Daylily and Perennial Gardens, Unity** — Daylilies (*Heemerocallis*) are known as "the perfect perennial." This daylily farm grows over 600 varieties in raised beds. Each plant is registered with the American Hemerocallis Society and many are award winners. Peak bloom is in July and August. Digging, dividing and planting will be demonstrated on Sunday if requested. Pamphlets with basic information provided. Many varieties will be on sale, including other perennial flowers. Cold beverages and snacks will be served. Handicapped-accessible; bus/tour groups welcome.

Directions: Unity, Route 202/9 (Bangor Road). 2½ miles north of Unity Village. Large road sign on right, 277 on sign.

• **Good Karma Farm Alpacas, 67 Perkins Road, Belfast** — This farm breeds Hucuaya alpacas and has breeding stock for sale. There is a mid-sized fiber processing mill at the farm. Visitors will have the opportunity to see the animals up close. Mill tours will also be offered. Written information available, and alpaca products for sale. Handicapped-accessible.

Directions: From the intersection of routes 1 and 3 in Belfast, take Route 1 south. Go through one set of lights and look for signs to the Belfast Airport. Take that right onto Lower Congress Street. Follow Lower Congress Street to the "T" and turn left. Farm is on the left. From Route 1, north from Northport, look for the Moss Factory on the right and take the next left onto Perkins Road. Look for big red barns on the right.

• **Kinney's Sugarhouse, 302 Underpass Road, Brooks** — a 4,900-tap organic maple syrup operation. Tubing setup is visible throughout the woods. Confection demon-

Demonstration Gardens at Morris Farm Ready for Sunday Visitors —

The Master Gardener Volunteers at Morris Farm in Wiscasset invite the public to visit their demonstration gardens on Open Farm Day, Sunday, July 26, from 10 a.m. to 4 p.m.

The centerpiece of this year's project is a circular purple passion garden, featuring many varieties of purple vegetables — radishes, eggplants, cabbage, carrots, cardoon, tomatoes and peppers. Additional focus areas include a carrot trial, with 10 different varieties being tested to see which ones grow best in Morris Farm's heavy clay. There's a pumpkin patch with eight very unusual varieties of pumpkins and, for kids, a large sunflower house and a traditional bean teepee with three varieties of pole beans. For the Morris Farm Children's camp there are two varieties of potatoes and Romanesco zucchini. The extensive collection of heirloom tomatoes was started from seed by Wiscasset High School students. Many of the same varieties were available to the public back in June at Morris Farm's plant sale.

The University of Maine Cooperative Extension's Master Gardener Volunteer program provides training in the art and science of horticulture. In return, volunteers dedicate



Master Gardener Volunteers Paul Fenton, Merry Fossil, Cyndy Fairbanks and Linda Biden planting their demonstration garden at the Morris Farm.

time to doing educational gardening programs, research and demonstrations for adults and youth, growing food for soup kitchens and food pantries, and beautifying communities. The Morris Farm Master Gardener project is in its seventh year and is dedicated in memory of Kay Lieser.

The Morris Farm Trust is a working farm and an educational resource for the communities of midcoast Maine. It's located at 156 Gardener Road (Route 27 North) in Wiscasset.

strations will go on throughout the day, including maple sugar, maple cream, molded maple sugar and maple cotton candy. Farm is handicapped-accessible and capable of handling bus or group tours. For more information, visit www.mapleconfections.com.

Directions: Route 137 in Knox, in valley turn onto Abbott Road at Knox Town Office; sugarhouse is 1 mile on left.

• **Lakeside Alpaca Farm, 276 Files Hill Road, Thorndike** — This alpaca breeding farm currently has 35 alpacas living on the farm with 15 new babies due this year, 12 expected by Open Farm Day. Visit the farm store on site to see what the farm does with the fiber. Restroom facilities available. For more information, visit www.lakesidealpaca-farm.com.

Directions: Route 139 towards Unity, left at light to Route 202/9, east to Bagley Hill Road, right onto Bagley Hill Road, which becomes Files Hill Road; farm is 4.5 miles on right.

• **Northern Solstice Alpaca Farm, 141 Crosby Brook Road, Unity** — Children's events, educational events, fiber projects, refreshments, balloons, rain-or-shine

accommodations. Handicapped-accessible, restrooms available, capable of handling bus or group tours, www.northernsolsticealpaca.com.

Directions: Off Route 220 in Unity, across from the Common Ground Fair.

• **The Heirloom Garden of Maine, 513 North Ridge Road, Montville** — family farm with greenhouse and plant nursery in a 19th-century farmstead setting, The Heirloom Garden of Maine preserves and propagates old-fashioned, open-pollinated plants that were common in early American and Victorian gardens. Heirloom Garden raises native plants, ornamental flowers, medicinal herbs and vegetables that were used by the earliest settlers, Shakers and Native Americans. Enjoy the display gardens and an heirloom vegetable and edible flower tasting.

Directions: From Route 3 in Montville, approximately 6 miles east of Lake St. George State Park, follow the green and white DOT signs directing you to turn north on North Ridge Road. The farm is 2½ miles north of Route 3 at 513 North Ridge Road. Call 342-2116 for information.

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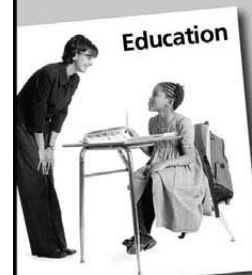
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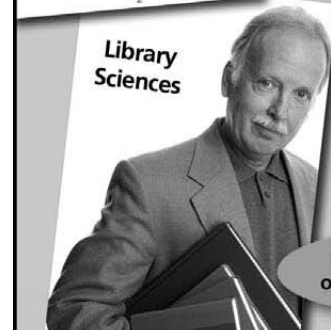
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What's In Your Trash?

— by Paul McGurran



A Wimpy Survey

Last week, Joe Steinberger wrote in his column that his friend Lyndon thought that Joe's previous column had been wimpy. The two had discussed the size motor to put on a 13-foot boat, and his friend thought a 25 horse was too small. I smiled to myself at what Lyndon would think of my powerboat choices. For 14 years, I guided fly fishermen on the Penobscot River in a 17-foot Old Town Tripper canoe, poking along with a two-horsepower Johnson outboard rigged across the gunwales on an aluminum mount. Going upstream, it was only slightly faster than walking. Then six years ago, I took the plunge and graduated to a square stern canoe, still 17 feet, but I doubled my horsepower to a four-horse four-stroke. Now I cruise along at, I'd guess, about six or seven knots, a bit quicker going downstream. My fuel tank's capacity is 1.1 liters (.29 gallon), and I usually get a whole day's eight-hour trip without refueling. Talk about wimpy... Given a choice, many anglers would opt for a much faster rig, but you see things differently when you move slowly. And people always have a good time, we catch plenty of fish, and I'd be willing to bet we see a lot more eagles and wildflowers than folks in jetboats do.

The choices people make regarding their powerboats got me to thinking about the choices we make about whether or how much we choose to recycle or reuse. Because, after all, reducing our waste is a choice. It's a choice we make every day, multiple times a day, whether we're aware of it or not. And it's reflected in the fact that the member towns of Mid Coast Solid Waste Corporation recycle at the rate of 35%, and that the state's overall rate is 36%. This has baffled me for years, as regular readers of this column well know. To help me understand this pathetic rate of recycling, I've come up with a non-scientific survey. Please help enlighten me by e-mailing your answers (mcgurran@tidewater.net), or better still, because I like getting good old paper mail, send them to me at The Free Press (8 N. Main St., Suite 101, Rockland, ME 04841).

1. In what city/town do you live?
2. Do you recycle?
3. Of what you discard, estimate what percent is recycled: **a.** 20% or less **b.** 20 to 35% **c.** 35 to 50% **d.** Over 50%
4. If you answered no to #2, or a. or b. to #3, why don't you recycle or recycle more?
a. Don't care **b.** Don't have time **c.** Don't have space **d.** Recycling is for wimps
5. Do you compost food waste?
6. When grocery shopping, do you think about the type of packaging you buy?
7. Do you buy foods in bulk when you can?
8. At home, do you reuse plastic bags?
9. Do you bring reusable bags when you go to the grocery store?
10. If no to #9, why not? **a.** They're too much trouble **b.** They're too expensive **c.** Can't remember to bring them **d.** Reusable bags are for wimps **e.** Other
11. Do you use a home pickup trash service?
12. If yes, which one?
13. If yes, rate them one to ten (ten is best) on whether they encourage and facilitate recycling.
14. Any suggestions on how your transfer station could increase recycling?
15. Would you be willing to volunteer some time to help increase your local rate of recycling?
16. Your name/address/phone # or e-mail – optional

Paul McGurran, a resident of Lincolnville, serves on the Citizens' Ad Hoc Advisory Committee for the Mid Coast Solid Waste Facility. He is also a dedicated fly fisherman and occasional fishing guide. His "What's in Your Trash?" column appears in The Free Press every other week. He can be reached at mcgurran@tidewater.net.



WWW.DANKIRCHOFF.COM



Kerry Mendez Returns to Coastal Maine Botanical Gardens

On Saturday, August 1, Kerry Mendez will return to Coastal Maine Botanical Gardens for two new presentations. Mendez is an owner of Perennially Yours, in Ballston Spa, New York, a family-run business dedicated to teaching the art of low-maintenance perennial gardening.

The first talk, "Great Gardens and Landscapes by Design," will be from 11 a.m. to 12:30 p.m. For this program of tips on planning and caring for your gardens, Mendez will talk about pruning perennials and shrubs; foundation plantings; weed control; mulches and their applications; how to identify and control perennial "thugs"; how to steer free of labor-intensive plants; tricks for purchasing plants at nurseries; staying in your zone, and more. From 1 to 3:30 p.m., Mendez will present "How to Revitalize a Tired Bed to Create the WOW Factor." She'll offer recovery techniques for gardens that have lost their appeal or fallen into the doldrums or disarray. She'll give tips on how gardeners can make changes that will make them smile and will draw "oohs" and "aahs" from admirers.

The fee for one program is \$15 for members and \$20 for non-members. Participants may attend both for \$20 for members and \$35 for non-members. To sign up for one or both presentations, call 633-4333, visit MaineGardens.org, or stop by the Visitor Center.

Coastal Maine Botanical Gardens, located on Barters Island Road, just a mile from the Boothbay common, offers ornamental gardens, miles of waterfront and woodland trails, and events and programs for all ages. For more information, call 633-4333 or visit www.maine-gardens.org.

Antique Dollhouse and Courjon Watercolors to Go Up for Bid at Lincoln Home Auction

Bill Belmore, owner and manager of Avalon Antiques, and Karen Filler, president of the Women's Club's Founders Day planning committee, have announced that a dollhouse that dates back to 1900, with original paint, filigree and curtains, and two Robert Courjon watercolors have been added to the list of Lincoln Home Founders Day auction items. The dollhouse is on display in the Lincoln Home lobby for viewing anytime up to the auction date. The watercolors by Robert Courjon may be previewed on Monday, August 3, at the Lincoln Home in Newcastle from 6 to 7 p.m.

There will be a public preview of all auction items on Monday, August 3, from 6 to 7 p.m. at the Lincoln Home, and on the day of the auction, Wednesday August 5, at 8 a.m. The auction will begin at 10 a.m.

Donations for the auction and flea market are still need-

"Antiques Alfresco" at Old Jail in Wiscasset

The second of three "Antiques Alfresco" sales this summer at the Old Lincoln County Jail on Federal Street in Wiscasset, featuring dealers from all over Maine, gets under way Saturday, July 25, at 8 a.m. and continues to 1 p.m. The jail will be open for guided tours during the sale. The third sale is scheduled for August 22.

Participating dealers or exhibitors include Pat Stauble, Perkey Antiques, The Parade Antiques, Jeremiah Dalton House, and Highnote Antiques, all of Wiscasset; Main Street Antiques, Yarmouth; Les Dumond Antiques, Madawaska; Water Street Mercantile, Hallowell; and Maine Antique

Farm Animal Day in Washington July 25

On Saturday, July 25, Cara Lewis and her daughter Megan will bring farm animals to the Washington Grange Farmers' Market for touching and petting, and to demonstrate just "where the milk comes from."

At the market, the Lewis family sells dairy products made from organic, raw Jersey milk, such as thick Greek yogurt, sweet-cream butter and handmade cheeses. All their Snowy Hill Farm products are made from the milk of two cows, who are not only great milkers but great pets, too.

The Washington Grange Farmers' Market is held from 10 a.m. to 2 p.m. every Saturday at the Eveningstar Grange Hall, 31 Old Union Road in Washington. For more information, call 845-2140.

Megan Lewis will bring farm animals, including Millie, to the Washington Grange Farmers' Market on July 25.



Belfast UU Church Seeks Yard & Book Sale Items

The UU Church of Belfast is accepting donations of good quality items to be sold at the church's annual yard sale on Friday and Saturday, August 14 and 15. TVs and computers cannot be accepted. Books, CDs and DVDs are also being sought for the UU book sale on Friday and Saturday, August 21 and 22. To donate items, call 338-1730.



Bill Belmore of Avalon Antiques and Karen Filler, president of the Women's Club's Founders Day planning committee, admire two Robert Courjon watercolors that will go up for bid at the Lincoln Home Founders Day Auction in Newcastle.

ed. For further information and to arrange to drop items off at the Lincoln Home, call Lynn at 563-3350, extension 11. Antique dealers are asked to contact Belmore at 882-4029. Proceeds from this year's auction will go towards the purchase of a special-needs bus to benefit the residents.

Digest. Exhibitors will present pewter, china, silver, porcelain, prints, oil on canvas, tapestries, watercolors, Oriental ware, and other items from every part of the world.

The summer sales are being organized by the Lincoln County Historical Association (LCHA), which maintains the jail building and opens it for tours. The dealers are each paying a table fee to LCHA that goes toward building maintenance.

LCHA also maintains two other historical properties: the Pownalborough Court House in Dresden and the Chapman-Hall House in Damariscotta.

Maine's Forest Sponge

HOMIE GARDEN

by Georgeanne Davis

After all the precipitation Maine has had over the past two months, water isn't a topic of any urgency: we've had more than the gardens can soak up, and the need for any watersaving devices or sprinkling and soaking systems is obviated at this point. But I've been saving the following information from "Fresh from the Woods," a newsletter produced by Forests for Maine's Future, which is a partnership of the Maine Forest Service, University of Maine Center for Research on Sustainable Forests, Maine TREE Foundation and Small Woodland Owners Association of Maine. The lack of clean potable water is an increasingly serious problem in many parts of the world, including the western and southwestern areas of the U.S., but lucky us — Maine has some of the cleanest water in the nation, and forests are the reason why.

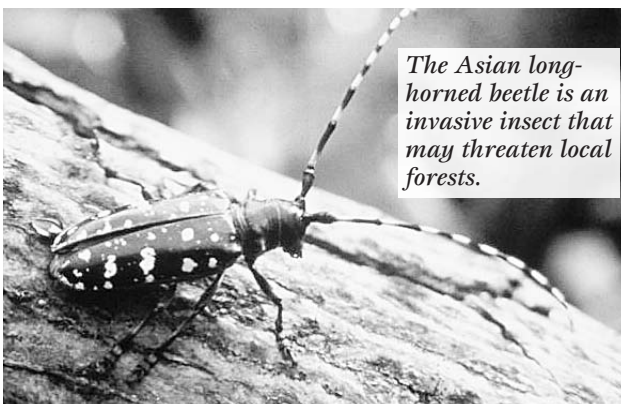
The Maine Department of Conservation puts it this way: "The Maine forest — with its vegetation, streams, lakes, wetlands and groundwater aquifers — functions like a huge sponge that collects, cleans and stores water. The forest's water system is the foundation for wildlife habitats and recreational uses of the forest. It evens out lake levels, [the] flows of streams and rivers, and groundwater levels, throughout wet and dry periods. And it provides Maine people with their drinking and household water."

A staggering amount of water is filtered through the forest "sponge" each year — about 24 trillion gallons, or enough to fill 40 million Olympic-size swimming pools. About half of the precipitation runs off in streams and rivers and collects in ponds and lakes before flowing back to the sea. Some of that surface water is used by Maine utilities to provide "city water" to about 60 percent of state residents.

For example, Sebago Lake is the water source for about 200,000 people in Greater Portland and clean enough to be exempt from the expensive filtration process required of most surface water sources. The lake covers 30,000 acres, and the extent of forest cover in its watershed is one of the chief reasons that Sebago Lake is so clean. Forests remove sediments and capture pollutants before they can reach water bodies.

Forest-to-Faucet, a partnership of the USDA Forest Service Northeastern Area and the University of Massachusetts at Amherst, says that "People are a forest-dependent species. ... In virtually every [water] system, large or small, the faucet is ultimately connected to a forest." Maine is the most heavily forested state in the nation. Although its population almost doubled from 1900 to 2000, the abandonment of small farms also caused the amount of forestland in Maine to nearly double. That means there is just about as much forestland per person now (35 acres) as there was 100 years earlier (36.2 acres), according to Forest-to-Faucet.

In forests, rain tumbles through the mature tree canopy, understory trees and shrubs, and herbaceous plants such as ferns before reaching the litter layer, which is a natural mulch that limits evaporation, a shock absorber that protects soil pores, an insulator that inhibits soil freezing, and a slow-release source of nutrients to foster more plant growth and site protection. That's not the case in developed areas, where roofs, driveways, parking lots and roads convert rain directly to storm water. The conversion of forest land to developed areas replaces a storm water and pollutant sink with a storm water and pollutant source. This is the two-edged sword of suburban sprawl and forest fragmentation, and the reason why a comprehensive approach to forest conservation and the revitalization of urban areas is at least as important today as it was a century ago. When one reads about the efforts to plant green roofs in cities and the utilization of permeable hardscapes for parking lots in urban areas, it seems both miraculous that in Maine we have such an abundant supply of water, and forgivable if once in a while it becomes overabundant — "once in a while" being the key phrase here.



The Asian longhorned beetle is an invasive insect that may threaten local forests.

Talk on Asian Longhorned Beetle

Coastal Mountains Land Trust will host a lecture on the Asian longhorned beetle on Wednesday, July 29, from 5:30 to 6:30 p.m. at its 101 Mt. Battie Street, Camden office. Didier Bonner-Ganter, Maine Licensed Arborist and Forester, will lead the presentation.

The Asian longhorned beetle is an invasive insect that attacks and eventually kills hardwood trees, especially maple species, posing a significant threat to New England forests. Although the insect has not made its way to Maine, sightings have been verified as close as Worcester, Massachusetts. This talk will cover identification, signs of infestation, and strategies for protecting local forests and backyard trees.

Coastal Mountains Land Trust has worked since 1986 to permanently conserve land to benefit the natural and human communities of western Penobscot Bay. The land trust has protected almost 7,900 acres to date.

Friday's Open Garden in Belfast

Andrea Whyte and Joan Bennet will open their adjoining gardens for the Belfast Garden Club's Friday tour on July 24. The properties at 29 and 37 Bridge Street in Belfast connect by way of a shady path that the women created last year after cutting down a few trees.

Bennet moved into her ground floor condo three years ago and has carved gardens out of lawn, battling a rampant patch of bamboo. She expects her daylily beds to be in full bloom, as well as clematis, coreopsis, Echinacea, heucheras, Russian sage and catmint.

Whyte gardens on property left to her by her husband's grandmother in 2004. Oziety Boyle had gardened there for decades — some of the gardens date back 60 years. Whyte restores them a bit more each summer. "There will be a lot of daylilies blooming," she says. "There's some rosa rugosas, a climbing rose, hybrid lilies, Asiatic lilies... Echinacea... a lot of phlox."

Whyte and Bennet say they have become very close friends over the course of their gardening efforts. The women plan to offer visitors mint tea, homemade cookies and a poetry reading. At noon and at 4 p.m., Karin Spitfire, a neighbor, will read her poetry.

The Whyte and Bennet gardens will be open from 10 a.m. to 5 p.m. The next garden tour is Friday, July 31, when Alismarie Parsloe opens her Northport garden at 140 Bluff Road. All tours this year will be on Fridays. There are seven more scheduled. The final tour is Sept. 11.

The garden club suggests a donation of \$3, payable at the garden. A five-visit ticket for \$10 is available in advance from club members, at Brambles, Aubuchon Hardware and at each tour. Funds raised benefit the club's Belfast Civic Beautification projects.

For a list of all the gardens on tour this year and directions to them, look for the Open Garden Days flyer at local shops, nurseries, B&Bs, the library and the Visitor's Center, or visit www.belfastgardenclub.org. Brochures and maps to the gardens are available at Post Office Square inside the decorative birdhouse the club has provided. For more information, call chairwoman Gina Fry at 338-5345.

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Raw Foods Chef at Rockland Library



On Thursday, July 30, at 6:30 p.m. in the Friends Community Room of the Rockland Public Library, raw foods chef and author Matthew Kenney will discuss his journey with raw foods, talk about making some simple raw food dishes, and share a treat he has prepared. A chef, restaurateur, caterer and food writer, Kenney was named one of Food and Wine's Ten Best New Chefs and has twice been nominated for the James Beard Rising Star Chef award. He is the author of several cookbooks, including *Everyday Raw*, *Raw Food Real World* and *Matthew Kenney's Mediterranean Cooking*.

Special accommodations for persons with disabilities can be made with 48 hours' notice. Call the library at 594-0310. Admission is free.

America's Kitchens Book Signing at Nickels Sortwell House

Historic New England is celebrating its newest publication with a talk and book signing by curator, historian and coauthor of *America's Kitchens* Nancy Carlisle on Saturday, July 25, at 2 p.m. in the Nickels Sortwell House barn on Federal Street in Wiscasset.

America's Kitchens features New England kitchens, detached kitchens on Southern plantations, Spanish colonial kitchens of the Southwest, elaborate 19th-century kitchens in the Midwest, and middle-class open-plan homes of 1950s suburbia. Illustrated with historic drawings, photographs, and ephemera from Historic New England's collections, *America's Kitchens* describes what it was like to live with and work in those kitchens.

Carlisle will talk about some of the kitchens, ranging from the cooking fireplace at the 1678 Coffin House in Newbury, Massachusetts, to the latest in 1808 cooking technology at the Rundlet-May House in Portsmouth, New Hampshire, to the 1890s to 1970s kitchens at Castle Tucker. Admission to the lecture is free. Copies of the book will be available for purchase.

Historic New England is a regional heritage organization that preserves the past and explores the authentic New England experience from the 17th century to today. For more information, visit www.HistoricNewEngland.org.

Connecting Classrooms to Cafeterias

One-day conference for educators August 7

"Connecting Classrooms and Cafeterias: From Arugula to Zucchini (A Conference for K-12 Educators)" will take place Friday, August 7, at Gorham Middle School.

Many Maine educators are looking for ways to share ideas about integrating educational lessons into the curriculum that will help students learn about the social, economic and health benefits of supporting a sustainable, locally based food system. This conference is intended to support school gardens and farm-to-school efforts in Maine.

Conference cosponsors include the Maine Organic Farmers and Gardeners Association (MOFGA), Cultivating Community, the Maine School Garden Network, Cumberland County Soil and Water Conservation District, the University of Maine Cooperative Extension and People's Regional Opportunity Program's (PROP) Communities Promoting Health Coalition (A Healthy Maine Partnership).

"Although an unlikely geographic contender, Maine's farm-to-school movement is rapidly moving to the forefront of a greater national trend to increase the use of local foods in school nutrition programs, and establish school gardens as a tool to teach students about where their food comes from," says Amanda Beal, Healthy Maine Partnership director for PROP and MOFGA board member.

On June 9, with legislative endorsement, Governor Baldacci signed off on a resolve directing the Department of Education and the Department of Agriculture to convene a work group to strengthen farm-to-school efforts in Maine.

Continuing Education Units (CEUs) are available for conference participants. For more information about the conference, visit the calendar page at www.mofga.org or contact Beal, 553-5838, abeal@propeople.org.

Cellardoor Winery and Megunticook Market Team Up for Local Foods Cooking Classes

Local fields and farms will take center stage in two upcoming cooking classes offered by Cellardoor Winery and Megunticook Market.

The idea for the classes grew from conversations between Cellardoor Winery's Bettina Doulton and Megunticook Market's Lani Temple about all the exceptional foods that are grown and produced locally. "We're both big proponents of using fresh, local ingredients in our own cooking," says Doulton, "and we thought these classes would be a fun way to encourage others to do the same." Temple adds that it is important to support local farmers and other food purveyors to ensure that they continue to thrive in the community. "Plus," she says, "nothing tastes better than freshly picked fruits and vegetables or foods that are made from local ingredients."

The cooking classes will be held on Wednesdays, July 29 and August 12, at the test kitchen at Cellardoor Winery on Youngtown Road in Lincolnville.

On July 29, participants in the Blueberry Hike, Rake and Bake class will hike to a local blueberry barren to gather berries. When they get back to Cellardoor, Temple will lead a hands-on demonstration of how to select, clean and prepare blueberries for cooking, baking and freezing. The class will conclude with a sampling of everything that has been prepared, complemented by Cellardoor wine pairings. Blueberry Hike, Rake and Bake will take place from 9 a.m. to noon and the fee is \$45 per person.

On August 12, students will explore "Cooking from a Maine Farmers' Market" when Temple takes them to the Camden Farmers' Market to shop for fresh and local ingredients. Upon their return to the Cellardoor Winery kitchen, she will lead the class in the preparation of a four-course dinner and share tips on how to keep the pantry well stocked with ingredients that facilitate the creation of beautiful meals with whatever happens to be in season at the market. Students will sit down together to enjoy the meal they have cooked, and learn how to pair wines with each course. "Cooking from a Maine Farmers' Market" will take place from 4 to 8 p.m. and the fee, including ingredients, is \$75 per person.

Class size is limited for both sessions. Advance reservations, required for both classes, can be made by calling 763-4478.

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Traditional Herring Fishermen Join Fight Against Midwater Trawlers

File legal brief supporting groundfishermen efforts to protect breeding grounds

A federal court granted a request by New England herring fishermen late last week to join Maine groundfishermen in their legal fight against industrial herring trawlers.

Troubled by the National Marine Fisheries Service's inaction in the face of mounting evidence that these herring trawlers are catching haddock and other groundfish in their nets, a coalition of herring fishermen who oppose industrial trawl fishing for herring filed a "friend of the court" legal brief in support of a lawsuit by Midcoast Fishermen's Association (MFA), arguing that trawling should not take place in groundfish closed areas because it results in staggering amounts of bycatch.

Glenn Robbins, an Atlantic herring fisherman from Eliot, fished with herring midwater trawls in the past but stopped because he believes it destroys fishery resources including groundfish like cod and haddock. Robbins is one of many herring fishermen who joined the challenge against industrial herring trawlers.

"I've been fishing for herring for 50 years and the traditional purse seine nets we use have always been able to supply Maine's lobster industry with bait without harming the groundfish population," says Robbins. "I've fished for groundfish too, and I stepped into this lawsuit because it's just a bad idea to have those trawl nets on the bottom in these closed areas."

Represented by the public interest law firm Earthjustice in the original legal proceedings, the MFA argued that the federal government is ignoring 10 years' worth of data documenting bycatch by high-volume herring ships in areas identified as spawning grounds and sanctuaries for the region's dwindling groundfish populations.

"On behalf of the Midcoast Fishermen's Association, we welcome the involvement of New England's traditional herring fishermen," says Earthjustice attorney Roger Fleming. "There used to be no midwater trawlers fishing New England waters. Today, these massive slaughter ships coming from all over the world carelessly and destructively catch most of the region's herring — threatening the livelihood of traditional herring fishermen and groundfishermen alike."

Herring trawlers can stretch up to 165 feet and hold more than one million pounds of catch. Trawlers drag massive nets behind them, so big that one net is often towed by two vessels in a practice called pair trawling, and the nets' small mesh is capable of catching everything in its path.

The MFA's lawsuit seeks to close a loophole allowing industrial herring trawlers to fish in designated "groundfish-closed areas." These waters have been identified as nursery areas for cod, haddock and other groundfish and are currently off-limits to nearly all other fishing vessels.

"Herring trawlers should not be allowed into the groundfish closed areas because many hardworking fishermen have sacrificed for years to rebuild those populations," says Kurt Martin, a fisherman for 25 years, who targets various species, including Atlantic herring, with weirs on Cape Cod. "Traditional gear like herring weirs and purse seines can catch herring without decimating other fisheries."

"Since industrial trawlers have moved into our waters, we've seen all our forage species populations plummet, including river herring and mackerel," says Tom Osmer of West Tisbury, Massachusetts, on Martha's Vineyard. "We sympathize with our groundfishermen friends who also feel the impact of trawlers' bycatch on their industry. Those boats make big mistakes. They can wipe out a whole river herring run in one tow and they can cause a lot of damage in a groundfish-closed area in one tow, too."

Maine Lobstermen Assoc. Still Bound by Consent Decree Resulting from 1957 Tie-up —

The Maine Lobstermen's Association (MLA) is extremely concerned about the tough economic times facing the Maine lobster industry. The 2009 fishing season is shaping up to be an extremely lean year for lobstermen, and its impacts will be hard on our fishing families and communities. But, Maine lobstermen are survivors. We have weathered tough times in the past, and have reaped the rewards of good times, too. As a fleet of small businesses, we will adapt to these changing times, and in the end the Maine lobster industry will remain strong and vibrant as a result of our hard work and perseverance, and lobstermen will continue to provide a delicious and high quality product to our customers.

The MLA is committed to be at all times in full compliance with applicable laws, including federal and state antitrust and unfair competition laws which prohibit restraint of trade. In addition to these laws, the MLA is bound by a consent decree from the Department of Justice issued as a result of the 1957 tie-up over lobster prices. The MLA has been proactive in seeking long-term solutions through the Governor's Task Force on the Sustainability of Maine Lobster, and we believe that today's economic crisis underscores the urgent need to move forward with that process.

*Patrice McCarron, Executive Director,
Maine Lobstermen's Association, Kennebunk*

LETTERS OPINIONS

Controlling Rockport School Costs — Next Steps

Having explored various aspects of secondary education in Maine and in particular in Rockport, and having examined the impact of growing school costs on the Town of Rockport, one might ask, "What next?"

In two words: *Get involved!* Nothing will change regarding the growth of schools expenditures in Rockport nor with regard to the impact of the amount of money being devoted to the schools (more than 70% of tax revenues!) without more taxpayer involvement in the schools budget making.

Though the system is not supposed to work this way, the fact is that creation of the schools' budgets is, at this point, an incestuous process. It works as follows:

- The schools' staffs make their budget requests, which requests are reviewed by the schools' administrations. After administrative review the requested budgets are presented to the finance committees of the schools' boards.

- The finance committees and schools' administrations craft the recommended budgets.

- The final requested budgets are presented to the schools' boards for their approval.

- The budgets are presented to the public at the schools' budgets meetings. At the 5 Town CSD budget meeting this past May approximately 65 people were present. Of those 65 people, approximately 60 were in some manner associated with the schools.

So, at those budget meetings a member of the public could raise as many points as he wished, or ask as many questions as came to mind, but the outcome of the meeting was foreordained. Those associated with the schools and the schools' boards approved the budgets that they had created. The only way that situation will change is if the taxpaying public attends these meetings and in addition to raising questions votes down sections of the budgets with which they disagree.

There is one other opportunity to impact the budget process. On the June ballot each year there is a "validation" vote of the decisions made at the schools' budgets meetings. Because, for the SAD, there are two towns voting in that validation vote, and for the CSD five, having an impact through the ballot on the budgets decisions already made is much more difficult.

So, the best course is to be involved in the schools' budgets process early and often!

It is my belief, as indicated by this series of letters, that this matter is extremely important to the future of the Town of Rockport and to the education of our children. While I have written and signed this and earlier letters, there are a number of other folks who agree on the importance of this issue. We hope that you too will become involved in moving toward a better direction for our schools and our town.

For value in education — better education at the lowest possible cost.

*Alexander Armentrout
Rockport*

Camden Garden Club Thanks Community—

A successful fund-raiser depends on community support, and Camden Garden Club's 62nd Annual House & Garden Tour last Thursday was no exception. We give special thanks to the following:

- The seven homeowners who graciously opened their doors and garden gates for this year's tour
- The many businesses and individuals who gave monetary donations and Camden Premier Inns for their recent donation
- Down East Enterprises for their complimentary ad in Down East Magazine
- Non-member volunteers who helped as hosts, hostesses, traffic patrol and ticket sales
- Ticket sales sites: Moose Crossing, Brambles, Northern Kingdom Music, Whitehall Inn, Plants Unlimited, Hoboken Gardens and Surroundings
- Point Lookout and Windward Gardens for shuttle service
- Camden Public Library for displaying our tour banner and the Town of Rockport for use of property for displaying our banner
- Village Soup, Bangor Daily News, Portland Press, MPBS, and WBACH for publicizing the tour
- The towns of Camden, Rockport and Lincolnville for police service
- To our club members who gave hours of time organizing and preparing this year's tour
- To the communities' residents for patience and understanding regarding traffic
- AND Mother Nature for holding off the rain until 4:30 that afternoon!

*Kris Mikkelsen
Publicity Chair*

Thanks from Kathy Kandziolka —

I am deeply touched by the show of support from my community this past weekend at my Kathy Kan Heal party. Thank you all for making the effort to come out and enjoy the sun with a great group of friends. For all those who couldn't make it, I appreciate your well wishes and support. We really do have an incredible community here and I hope you were as inspired as I was by all the simple acts of kindness that have such far reaching ripples. The gestures of friendship and compassion are a reflection of how each of you live your life. What a great way to approach life. My faith in the goodness of humanity has been strengthened and I will remember this for the rest of my life. I am honored to be a part of this community and I can't wait to inspire others and pay it forward!

Kathy Kandziolka, Camden

18th Annual Gardens in the Watershed Tour —

Last Sunday, July 12, the Georges River Land Trust held its 18th Annual Gardens in the Watershed tour on the St. George peninsula in the villages of Spruce Head, Tenants Harbor, Martinsville and Port Clyde. After a month of terrible weather for our seven gardeners, the sun came out and so did the people as we had over 650 tour-goers visit the unique properties!

There are so many people to thank, but most important are the gardeners who graciously opened their special places to us, who persevered through horrendous weather conditions and had their gardens all looking spectacular, and without whom there would not have been a tour: Tatiana and Jud Fischer, Gary and Marjorie Davis, Ann Cox and Julie Wortman, Hannah and Herbert Nelsbach, Len Greenhalgh and Jill Wilcox, Terry Smith, and Sandy and Bill Hobby. We are indebted to them for their gracious hospitality and thank them for their incalculable contribution to the land trust.

The Gardens in the Watershed tour is the single most important annual fund-raising event of the Georges River Land Trust and its success is crucial to our work of helping to conserve the watershed, both land and natural resources, for the public benefit. It also offers participants the opportunity to experience the diversity and traditional character of the 225-square-mile Georges River watershed as they travel from garden to garden.

Camden National Bank has been the major sponsor of this event for the last three years, and we are grateful for their continued financial support and interest in our work. Eastern Tire Service continues to be one of our most dedicated supporters and we thank them for their steadfast support. We thank them and the many other business sponsors and individual donors, too numerous to mention here, who dug deep in their pockets to fund this event and support the mission of the land trust. Their generosity is greatly appreciated. We encourage everyone to patronize these wonderful businesses, particularly in these difficult financial times.

Particular thanks to our graphic designer, Betsy Welch, whose brochure and poster design become the recognizable image of the garden tour. Thanks also to Beth Barbour and her staff at Toast of the Town Catering for preparing over 160 delicious lunches for our hungry tour goers. A special thanks to Neva Joseph of the Craignair Inn for allowing us to use the Inn's parking lot and thus avoid a real traffic jam on Clark Island Road. As always, our volunteers on tour day keep things running smoothly, from helping park cars and directing traffic, to taking tickets, handing out lunches, selling drinks and raffle tickets and assisting the gardeners in various ways. We are grateful to the 50 wonderful people who gave up a good part of their weekend to help us.

And with deep gratitude, we recognize the members of the Garden Tour committee, who have worked tirelessly all year to make this event successful: Jane Rasmussen, Linda Arnold, Norma Jones, Christine Beacham, Linda Smith, Hathy Brewster, Heidi Lyman, Chris Tilt and Kathie Johnson.

Pat Ashton and Mary Ann Carey, Co-Chairs, 2009 Gardens in the Watershed Tour for the Georges River Land Trust

Successful Summer Weekend Book Sale in Camden—

It takes a community to bring about a successful summer weekend book sale at the Camden Public Library, July 17-19. To the volunteers who amassed hundreds of volunteer hours preparing for and running the sale, to the library's management and staff whose dedication to the sale and to the patrons who donated the books and came out to support the sale, heartfelt thanks for making this sale another success.

On top of our summer book sale Honor Roll are the following organizations and businesses who contributed services and manpower: Party Fundamentals, the Camden Rotary Club, Hannaford's of Rockport, St. Thomas Church, the Camden Fire Department, Mercer Baxter Landscaping, the Teen Center, Wayfarer Marine and the local media.

Revenue from our book sales is used to purchase books to continue and improve programs at the library. Our next book sale will be August 29 and 30, inside the library in the Picker Room. Hours will be on Saturday, 9:30 a.m. to 4:30 p.m., and Sunday, from 1 to 4:30 p.m.

*Don White
Volunteer Book Sale Chair, Camden Public Library*

What's Wrong with the Ash Trees?—

Among other hats I wear in Thomaston, I am the tree warden. The ash trees in Thomaston are experiencing yet another bout of the ash leaf twig and rust disease and at the urging of several townsmen, I am sending along this information in hopes that you, the home owner whose ash trees may have just dropped some or all of their leaves, will not panic and thinking the tree died, have it removed.

About two weeks ago during yet another siege of wet weather, I noticed the leaf drop going on under the ash trees in town. The most pronounced defoliation was on trees that had high exposure to the winds from the south or east. A fungus, carried on shore from the areas of salt marsh hay, where it spends alternate years filling its life cycle, called Ash Rust — *Puccinia sparganioides* — attacks just about every species of ash within wind blown distance of where salt marsh and cord grasses grow. The spores land on the leaves, leaf stem and twigs and cause swellings which progress to blister like protrusions which break open leaving cup shaped areas filled with yellowish looking powder which are actually the spores of the fungus — *Puccinia fraxina*. The fungus causes these orange-yellowish spots on the upper surfaces of the ash leaves. Trees that have suffered a severe infestation appear brown as if scorched by heat with heavy leaf fall shortly thereafter.

To control the infection on ash trees, a fungicide should be used at recommended intervals (possibly as often as every two weeks if there is no rain or fog) starting in the spring at about the time the buds on the branches begin to swell.

If possible, the leaves that have fallen should be burned but if you are the only person in your area that removes the spores in this manner, the survivors will return to spend the following year in marsh or cord grasses and then return in a couple of years to wreak havoc once again.

Thomaston had a severe infestation about two or three years ago and the tops of the ash trees in the area of the Main Street Mall were killed. I spent \$2,000 of my tiny tree budget just to have the dead tops removed in the area of the mall and along Hyler and Ship streets. There are still several trees that need their dead tops removed. Side branches, that did not receive a dose of the spores have survived but if the repeated attacks persist, even these trees will succumb.

So if you have one of these ash trees that were hit with the infestation, remove the fallen leaves to help remove the spores and hope that the tree isn't infested again soon. Trees can stand losing one set of leaves a year and, if they are vigorous such as those in the oak family, they will send forth a second set of leaves. If the tree should lose this second set, the tree may be stressed enough to cause death.

I would be glad to consult with any Thomaston resident about tree problems regardless if it is a street or backyard tree.

Pete Lammert

Tree Warden, Thomaston, Landscape Arborist #1586

Global Wimping—

Joe Steinberger hit a big nail on the head with his July 16th column: we can't seem to move strongly against climate change, because it's "wimpy" and unAmerican to even take it seriously. We can't acknowledge any limits on our behaviour.

But for those of us who know no shame and want to move us along, there is Bill McKibben's climate change global awareness event (www.350.org, "350" because that's the safe CO₂ level we have already overreached), planned for October 24 in time to pressure the December international meetings in Copenhagen. There's the Sierra Club (Maine chapter) "Cool Communities" project to join (www.coolmaine.org), there's the Clean Energy and Security Act that just passed, to be supported and pushed in the Senate, the state's EfficiencyMaine program to check out (www.energymaine.com), speakers from <http://www.theclimateproject.org/ourpresenters.php?id=66>, and ongoing regional and local events and plans to reduce greenhouse gasses, announced in this paper.

Beedy Parker, Camden

Pedestrians Must Obey Traffic Lights Too—

This morning I went for a walk. I stopped at the traffic light on Route 1 next to the Irving gas station, which is across the street from VIP auto parts. A car stopped for me, allowing me to cross. But it was a red light. So I wasn't going to cross the street then. Thank you for your thoughtfulness; however, I won't cross at a traffic light if I have a red light.

I actually don't mind waiting for the light to change in my favor. I phoned the police to find out what the rules are about this situation.

Here's what I found out:

We can cross at a designated cross walk, and cars must stop; that's the law. At a traffic light, we walkers must obey the traffic light. So, even though your intentions are kind, please do not stop at a traffic light to let me walk. You might unintentionally cause an accident. My son is an EMT, and I don't want him to have to pick up the pieces of my body, or yours.

*Ananur Forma
Rockland*

LETTERS OPINIONS

THANKS For Blues Festival!—

Just wanted to say a big thank you to Paul Benjamin and Jamie Isaacson for once again bringing the North Atlantic Blues Festival to Rockland. The line up of performers was outstanding and it was great to see the area restaurants packed with people from around the world having a fantastic time. Thousands of people were here and were it not for the two aforementioned gentlemen and the festival they put on, these thousands of people would not have been here, and the great sounds of the festival would only be a dream.

Many thanks to Paul and Jamie and their staff for all the hard work that goes into this foot-stomping, hand-clapping, heart-warming, smiling-inducing annual event — can't wait until next year!

*Dave Clough
Rockland*

Coastal Children's Museum —

Thanks in large part to generous help from Captain Jim and Meg Sharp and Tom Crowley of the Sail, Power & Steam Museum, the July 18, "Phase One" opening of the Coastal Children's Museum was a great success.

Over 125 families enjoyed activities including "Build & Float Your Own Boat," puzzles, gears, labyrinths, and — very popular — our miniature Sharp's General Store where children shopped and/or served exotic food (hamburger with strawberries and banana was served to one lucky mom). The chalkboard wall in the Arty Party Room was also a big hit. Our favorite message, "This is a grate place."

On Sunday afternoon, children's book author Captain Neal Parker read three stories, including his own book, *Captain Annabelle*, after which children made books of their own.

Our heartfelt thanks go out to the very many people who worked so hard to make this success possible.

By next weekend the "Tubes & Tracks" and the Woodworking Shop exhibits will be in place. On Sunday, July 26, at 1:30 p.m., Megan Rogers & Friends will lead an interactive sea shanty workshop for children at a cost of \$3 per child.

Visit us on the Web at coastalchildrensmuseum.org, or better yet, come and visit the museum at Sharp's Point South, 75 Mechanic Street in Rockland. Hours for July are Wednesday through Saturday, 10 a.m. to 4 p.m., suggested donation \$9 per family.

We look forward to seeing you!

*Elaine Wilson,
board president
Felicity Bowditch,
board vice president
Coastal Children's Museum
Rockland*

Not Wimpy—

Dear Mister Steinberger, it is not wimpy to stand against the force of societal, cultural and species momentum with empty hands and open arms. Just the opposite. The bravest, most radical and revolutionary acts one can do these days is to consume, to the best of one's abilities, only what one needs, and more, to provide for one's self and one's own.

Even though I drive one of those big trucks, being a farmer it would be hard to haul firewood or hay or yards of composted manure in a Prius, it is possible to use it for needs and not so much for recreation.

I do find it odd that on the one hand you suggest the populace places blame on others while not accepting personal responsibility, and then suggest that some far away leader and government, with a changed psychology, can bring the ignorant masses to a new reality. It's just not so. Never has been. Never will be. Humans will follow the momentum of millenia of growth philosophy. The "take and go" of the people who climbed onto the backs of horses and came down off the Asian steppes around about 3000 BC are the progenitors of the capitalists and their stooges that you bemoan. This will not change until it is forced, not by any humans upon humans, but by nature.

Spending one's time working on one's own behavior and one's ability to provide base reality: food, water and shelter, seems more useful than trying to control or manipulate the behavior of others.

"If you are dependent on people who do not know you; who control the value of your necessities, you are not free and you are not safe." — Wendell Berry

*I M Kynd
Searsmont*

The Free Press welcomes and encourages your letters about whatever is on your mind. Include your name, town of residence, and phone number (in case we need to contact you). Send letters to: The Free Press, 8 North Main St., Suite 101, Rockland, ME 04841 (fax 596-6698; e-mail editor@freepressonline.com).

from offshore

Real Simple by Eva Murrery

Every once in a while and at least twice a week during the summer months somebody makes sure to point out that I am not living in the real world. This is not meant as a commentary on my own personal loopiness (although perhaps it should be), but as a reference to the known fact that far across the leaden sea, on the distant, misty mainland, lies a civilization acknowledged to be "the real world." The logical corollary is that our island home is not.

Where do they get this stuff?

That expression is a real splinter in the shorts of anyone who works hard to put together a living in an isolated community. If we're not part of the real world, where are we? The moon?

If the visiting experts aren't informing us about the "real world," they're claiming to be envious because we get to live "the simple life." Most assuredly ours is the complicated life, but I can understand that "simplicity" mistake when it comes from a vacationer. Even if these folks are deeply and profoundly incorrect to think that life is simpler in a place like Matinicus, the misconception is entirely understandable because, hey, they're on break. They're off duty. Of course all seems simpler for them ... life might be simpler in the Bronx if you happened to be on vacation there.

Likely my impressions of the Grand Canyon, Moosehead Lake and Monhegan aren't very realistic.

Somewhere deep, however, I know that for those who work in those strikingly beautiful spots, daily life is not exactly like being on vacation. I know that each of those communities is not some sort of idyllic Brigadoon, unchanging over the years, real and tangible when we happen to see it but not quite really "there" otherwise.

That doesn't mean that we cannot treasure our scenic and iconic homes, and that we are not grateful to live in such places as the Maine islands, but that is not the same as living in unreality.

When you live among people, there will be petty power games, misunderstandings and bad moods, snobs and martyrs, malingerers and taskmasters, shared worry and heartache, communal anxiety in the face of crisis, and from time to time, some real bad actors. There is always someone who will cut ahead in line.

Nobody has a long commute to work on Matinicus; that is true (and we sure as hell don't have to pick up the dry cleaning!) We don't have traffic jams on the freeway; we don't have the Beltway or Route 128. Instead, we have the tremendous gridlock on the wharf when the oil boat and the state ferry and the *Sunbeam* are all here at the same time. This happens because all of those large vessels, each essential in its own way, need to get here when it is high tide in the middle of the day, because our wharf is only accessible on the tide and it takes multiple hours for each of them to get here from their respective home ports. That leaves only a few business days each month as options.

Islanders line up, and yes, some people cut the line (grrr...) while the power company's Dock Flunky (official title appearing on hazardous material manifest) waits his turn to receive some several thousand gallons of diesel fuel for Matinicus Plantation Electric. Meanwhile, others are driving trucks and cars off and back onto the state ferry, over an oddly configured ramp, often intimidating to first-timers, not to mention hard on low-posted cars with plastic undercarriage parts. Ferry crew members worry about how long vehicles intending a round trip will take to unload on this side, and scowl anxiously at the heavily-laden lumberyard trucks. The *Sunbeam* presents less of an obstacle, but if the Telemedicine clinic is in session, older folks and little kids need to get through the whole tangle, while bystanders munch on cookies and blithely watch the hubbub like rubberneckers at a road accident. Sternmen try to work on traps as if the highway were not surrounding them. The presence of all three vessels means any lobsterman who means to get his boat in aside the wharf is probably not adding to the general sense of tranquility. Interspersed among the moving bits, large piles of lobster traps, ubiquitous on the wharf, fill every bit of space not already occupied by a dog, a tourist just off the ferry standing guard over a teetering pile of boxed wine, or some sputtering and thoroughly unreasonable female in a U-Haul sort of truck loaded with empty Twisted Tea bottles, dead lawn mowers and half a ton of cardboard who is having a small tantrum at some guy who won't move his wreck out of the way. Road rage? Hmm. It's the simple life.

Eva Murrery lives and writes on Matinicus Island.

Ed. Note: This column was written and submitted to The Free Press last week, many days before Matinicus lobsterman Chris Young was shot on the island this past Monday, allegedly by a fellow islander and lobsterman, in what police report was a dispute over lobstering.

Pied-billed Grebe —

Birding with Don Reimer



Close-up of an adult Pied-billed Grebe in a Rockland quarry earlier this month PHOTO BY DON REIMER

Nesting in marshy habitats throughout much of central Canada and northern portions of the U.S., the stocky, compact Pied-billed Grebe is the most widespread grebe in North America. It is the only grebe species that currently nests in Maine. Its reverberating, drawn-out “cuck, cuck, cuck, cuck, cow, cow, cow” calls are given by the male during the summer nesting season; to me, these haunting notes are one of the quintessential “calls of the wild.” Females deliver throaty grunting sounds. The species is generally silent outside of the breeding season. The Pied-billed gets its common name from the stout bicolored whitish bill that is encircled by a black ring in the summer plumage that also includes a black throat patch and a bold white eyering; the black bill ring disappears as the grebe passes into winter plumage.

I was delighted to hear this eerie echoing call coming from a stand of cattails in the early morning light. Moments later, I was even more delighted (and surprised) when the small grayish brown diving bird popped up just 20

feet in front of me. I fumbled to quickly focus my spotting scope and camera as the grebe decided to sink below the water surface. These grebes are talented divers. Lacking the true webbed feet of a duck, grebes use their lobed toes to propel them in underwater searches for fish, frogs, tadpoles and invertebrates. Pied-bills also eat their own feathers to aid digestion or to possibly limit stomach damage from ingesting small bones. Much like a submarine with its conning tower exposed, these birds can control their buoyancy and swim with only the head and neck above water if necessary. When danger is near, they squeeze any trapped air from their feathers and sink below the surface to resurface in a more secluded area.

Pied-billed Grebes are found among emergent vegetation around lakes, ponds, marshes and (apparently) a few quarries where they build a floating nest platform of vegetation that is anchored to cattails. A shallow depression within the sodden mass holds the 4 to 8 eggs that are incubated by both parents. The eggs are covered with debris when the parents leave the nest and often become stained by the wet vegetation that serves to camouflage them. Typically the parents approach the nest from underwater, surfacing at the nest rim to avoid detection by predators. The stripy chicks ride on the parents' back or cling to their short, stubby tail. Occasionally the parents will even dive with chicks on their back. Two broods in a nesting season are not uncommon.

In winter, the Pied-bills retreat to the southern U.S. to areas of open water. During the colder months, they are sometimes found in marine environments, occurring once in a while on Maine's various Christmas Bird Counts.

Fly a Kite at Castle Tucker July 25



Kite flying at Castle Tucker in Wiscasset, on the field overlooking the Sheepscoot River and the harbor

On Saturday, July 25, Historic New England will host kite flying from 11 a.m. to 3 p.m. at Castle Tucker, on the field overlooking the Sheepscoot River and Wiscasset harbor. Tony Heeschen and the Nor'Easters Kite club will be on hand to offer tips.

Admission is free for Historic New England members, \$5 for non-member adults and \$2 for children. Admission includes a tour of the house.

Castle Tucker is open Wednesday through Sunday. It was built in 1807 and lived in by Captain Richard Tucker, Jr., his wife Mollie and their five children from 1858 until the turn of the 21st century. Visitors can experience the life of a Victorian

family in Wiscasset in the setting of their large, fully furnished, Regency style mansion.

The Nickels Sortwell House, also a Historic New England home, on the corner of Route 1 and Federal Street in Wiscasset, is a grand Federal mansion built by Captain William Nickels in 1807 at the peak of Wiscasset's prosperity. Nickels Sortwell is open Friday through Sunday.

The first tour of the day at each house begins at 11 a.m., the last tour at 4 p.m. Historic New England is the oldest, largest, and most comprehensive regional heritage organization in the nation. For more information, visit www.HistoricNewEngland.org.

Mushroom Expert to Speak at Gibbs Library

David Spahr will talk about gathering and cooking wild mushrooms at Washington's Gibbs Library on July 30.



David Spahr wants your wild mushroom experience to be exceptional. That's why his new book on wild mushrooms is more than just a typical field guide.

At 7 p.m. on Thursday, July 30, at Gibbs Library, Washington, Spahr will talk about gathering and cooking wild mushrooms and his newly published book, *Edible and Medicinal Mushrooms of New England and Eastern Canada*.

Spahr says the best way to enjoy wild mushrooms is to understand not just what they look like, but what habitat each grows in, what time of year is best to collect them, and then how to cook them to tease out the most delicious flavor. “Each mushroom has unique characteristics and will taste best when cooked certain ways and paired with the right food,” Spahr says. “In my book, I give people ideas about how to prepare the mushrooms so they can truly taste the special flavor of each variety.”

According to Spahr, many mushrooms contain unique medicinal components for boosting the immune system to fight cancer, HIV, and other diseases, and he offers guidelines for exploration of this area of alternative therapeutic practice.

A commercial photographer, Spahr's book features outstanding photos of the wild mushrooms, photos he'll showcase in his Gibbs Library program.

Spahr began foraging for mushrooms in 1973. He lives in Washington, Maine, and offers private and semiprivate mushroom foraging adventures.

Spahr's book will be available for purchase at the Gibbs Library program. The program is free.

For more information, call 845-2663. Directions to the library are at www.gibbs-library.org. For information about Spahr's new book, go to www.randomhouse.com/catalog/display.pperl?isbn=9781556437953.



Annual Megunticook Lake Race Set for July 25

The 34th annual Megunticook Lake Race will take place on Saturday, July 25. The race is sponsored by the Camden Parks and Recreation Department and offers classes for most types of canoes and kayaks, including sea kayaks. Paddlers of all ages and abilities are welcome.

Registration on race day is from 8:30 to 9:30 a.m. at Barrett's Cove Park at the south end of Megunticook Lake. There will be a pre-race briefing at 9:45 a.m. on the beach and the

race will start at 10 a.m. The 5-mile course begins opposite the Route 52 boat launch ramp and covers the length of Megunticook and Norton's Pond, finishing at the public beach on Norton's Pond in Lincolnville.

Pre-registration is \$10 per person. Awards will be presented immediately following the race. For more information and registration forms, call the Camden Parks and Recreation office at 236-3438 or visit www.camdensnow-bowl.com.

Class in Quaker-Style Construction Offered

Beginning Monday, August 3, at the Carpenter's Boat Shop in Pemaquid, Sarah Highland, an Ithaca (New York)-based natural home builder and timber framer, will lead students through the construction of a Quaker-style carriage shed. The class will run through Friday, August 7, from 8 a.m. to 4 p.m. Basic hand tool usage will be taught, as well as timber frame and joint layout. Lunch is included.



This course is just one of many the Boat Shop is featuring this summer as a way to encourage others' woodworking and to support its nonprofit educational programs. Other summer courses include skiff building, Shaker furniture making, small boat lofting and half-hull making. Visit www.carpentersboatshop.org or call 677-2614 for other scheduled events.

The coast of Maine trends sharply to the east. So it's really not surprising that so many early explorers stumbled upon our state. Sebastian Cabot, Giovanni Verrazano, Samuel Champlain, George Waymouth — if you were a sea captain exploring for [pick a European country] it seems inevitable that you would bump into this big stretch of easterly land on your way to wherever.

Still, I was surprised to find that the English captain Henry Hudson also visited Maine before famously exploring the river named after him. On his third quest to find a shorter route to the Far East for the Dutch East India Company, Hudson came upon the coast of Maine and landed somewhere near Penobscot Bay. According to an account of his 1609 voyage, his crew came ashore to replace the ship's mast, caught fresh fish and traded with the Native Americans.

This weekend the city of Belfast will commemorate the 400th anniversary of that moment with a celebration, part of the Belfast Maritime Heritage Festival. At 2 p.m. Henry Hudson comes ashore again at the city's Heritage Park on the waterfront to be greeted by the general consul of the Netherlands, Gajus Scheltema. State representative Jayne Giles will read a state proclamation and present the Maine state flag to Consul Scheltema. On exhibit will be fine art paintings by historical artist Ron Lesser showcasing Hudson's voyage.

Hudson was an interesting character. He had failed twice before to find a shorter route to Far East for his English backers and was considered something of a risky bet by the Dutch for this third venture. Hence for his 1609 voyage he was offered an old, small three-masted ship called the *Half Moon* rather than a larger, better equipped ship.

On April 4, Hudson and a crew of twenty set sail in the 85-foot *Half Moon* with a clearly stated mission: to go north along the coast of Norway to Nova Zemlya off Russia and then sail east, not west, to find a northerly route to the Indies.

Beset by ice and ferocious winds and with his crew near mutiny, Hudson chose a different tack (no pun intended). He would go west instead to find China. After all, Spanish and Portuguese fishermen had been enjoying rich fishing grounds to the west since the early 1500s. The Spanish had even named the Maine coast the Arcipelago de Tramontana, the northern archipelago. Based on the information available at the time, Hudson thought he had a reasonably good chance of finding a route through the archipelago

that would take him to the Far East.

So he came about and made a three thousand mile voyage across the North Atlantic. At some point in mid-July, the *Half Moon* dropped anchor off the coast of Maine. The battered ship required a new mast and the battered crew needed fresh food and water. According to the account of the voyage, the crew found the Native Americans with whom they traded "peaceable," though they were referred to as "savages."

After a week-long interlude in Maine, Hudson packed up and set sail for the south, reaching Chesapeake Bay by the middle of August. He still had not found a successful route to the west, so he headed north again, retracing his earlier route. On September 11, he came upon the mile-wide entrance to the Hudson River. This, thought Hudson, was it. So the *Half Moon* sailed up the river, nearly to the site of present-day Albany.

But once again, Hudson realized that this route was not going to work. Disgruntled and with winter coming on, he came back down the river, turned his vessel toward Europe and arrived in England in early November. The English, who saw the Netherlands as their archrival, promptly put him in jail for eight months in order to procure the log of his voyage. Somehow Hudson managed to smuggle the document to the Dutch ambassador in England who conveyed it to the Dutch East India Company.

The irascible Hudson eventually found his way back into the good graces of his countrymen. In 1610 he set out on another voyage, this time under the auspices of the British East India Company, to once again find a quick way to the Orient. He stayed north and west for this trip, traveling past Iceland and Greenland before reaching the Labrador Strait. That summer the ship entered Hudson Bay, which Hudson thoroughly mapped. His vessel became trapped in the ice in November and the company overwintered on the shore. Hudson wanted to continue to explore when the ice broke up the next spring but his crew mutinied. Hudson, his teenage son and several crewmen were put in a boat with some equipment and food and set adrift. He was never seen again.

But the curious can see him again this weekend. Those interested in the explorer's connection to Maine can take a peek at a faux Hudson when he is rowed ashore by a non-mutinizing crew of young people from the Game Loft on Saturday at 2 p.m. in Belfast.

A Long-Ago Voyage Remembered



by Melissa Waterman

18th Annual Hobbs Pond Swim Coming Up

The annual Hobbs Pond swim will be held Sunday, August 9, with swimmers gathering at 10 a.m. The starting whistle will go at 10:45 a.m., rain or shine. Follow the signs from Routes 105 or 235 to the Hope town beach on Pond Road, off Barnestown Road, near Hope Corner.

The swim, now in its 18th year, is strictly informal. Swimmers of all ages are welcome. Volunteer spotters and timer are needed. There is no registration, no entry fees, no prizes and no T-shirts. The distance is about a half mile. Participants may race or relax. Among the fastest have been a 67-year-old and a 10-year-old.

All the above will be the same as in years past. The post-swim party is not. Due to lack of parking at Bill and Judith Jones's pond camp, swimmers, helpers and spectators may socialize at the Hope Volunteer Library at the Hope Town Office. There will be snacks and soft drinks; for serious lunch, bring your own.

Brian O'Neill's Hatchet Mountain Publick House will be open on August 9, if there is enough interest; indicate interest by e-mail. For more information, call or e-mail Bill Jones, 763-3576 or wijones@tidewater.net, or Dolly Slater, 594-5859 or roberta@midcoast.com.

Friends of Lake Winnecook Annual Meeting

The board of directors of the Friends of Lake Winnecook (FOLW), aka Unity Pond, have scheduled their annual meeting for Saturday, August 1, at the American Legion Hall on Windemere Lane in Unity at 9 a.m. Lake Winnecook is one of the top five most impaired-water lakes in Maine, according to data from the Maine Lakes Volunteer Monitoring Program. Algal blooms are frequent and intense during certain times of the summer and fall.

At this year's meeting, two professors from Unity College will present some of their research data from the lake and provide some discussion points for how residents can make changes to hopefully improve the quality of the lake.

Dave Potter has been studying the lake for over 20 years. This past winter, professor Kevin Spigel and his class took sediment cores from the lake to get a historical perspective.

The lake association is looking to get more lakeside residents and community members to join the association, and also consider being on the board of directors. Breakfast treats and beverages will be provided.

Mini-Golf Outing with Spectrum Generations

What better way to celebrate summer than with a casual and fun game of mini-golf? Join Spectrum Generations at Golfers Crossing on Route 1 in Camden, on Friday, July 31, at 10 a.m. If needed, a rain date of Friday, August 7, at 10 a.m. is planned. The cost is \$7.50 for adults, \$6.50 for over 60, under 4, free. Call 596-0339 for more information.

If you enjoyed this week's

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Recommendations Issued for Safe Shellfish Consumption

With elevated levels of paralytic shellfish poisoning (PSP, also known as red tide poisoning) causing much of the coastline to be closed to commercial harvesting for some shellfish, the Maine Centers for Disease Control (CDC) in the Department of Health and Human Services and the Maine Department of Marine Resources are reminding Mainers and tourists of recommendations for the safe consumption of shellfish.

Important steps people can take to thoroughly and safely enjoy Maine shellfish include

- **Purchasing shellfish from a certified shellfish dealer.** Their operations undergo rigorous public health screening and auditing.

- **If harvesting for personal use, make sure the shellfish beds are not closed for red tide.** Check the Department of Marine Resources' Web site for information on closed areas: www.maine.gov/dmr/tm/public_health/closures/pspclosures.htm.

- **Do not consume clams or mussels floating in ocean waters.** They are likely to have filtered much more algae-containing water than those from flats or beds, and therefore will usually have much higher concentrations of toxin.

- **When eating lobster, do not eat the tomalley.** Advisories against eating tomalley have been in effect for years in Maine, neighboring states, and from the U.S. Food and Drug Administration (FDA), mostly due to the presence of PCB toxins, and more recently due to PSP. It is important to note that testing has shown lobster meat is safe to eat. Tomalley is the soft, green substance found in the body cavity of the lobster that functions as the liver.

Paralytic shellfish poisoning is caused by a marine biotoxin that is associated with certain types of algae blooms in coastal waters. Bivalve shellfish such as clams, mussels, oysters and quahogs filter water and eat the toxic algae from the water. High concentrations of the toxin in these types of shellfish can then cause serious illness or even death if eaten by humans.

Symptoms of Paralytic Shellfish Poisoning

Symptoms of PSP usually include tingling of the tongue, lips, and throat that begin within minutes to 10 hours (usually within two hours) of eating shellfish. This tingling may spread to other areas of the body such as the face, neck and arms. Symptoms can also include headache or nausea, and can progress to weakness, difficulty breathing, and choking. It is important that people with these symptoms seek medical care immediately.

Shellfish that may be unsafe include clams (soft-shell, hard-shell, surf or hen), mussels, oysters (both American and European), quahogs, snails and whelks.

Fish that are usually safe (call the Poison Center to check; this list is not all-inclusive) include crab (meat, not whole crabs), lobster (but not the tomalley), scallop meats, shrimp and finfish.

Interior Secretary to Visit Acadia National Park Saturday

U.S. Senator Susan Collins announced that Interior Secretary Ken Salazar has accepted her invitation to visit Acadia National Park on Saturday, July 25.

"Acadia National Park is a true gem of the Maine coastline and one of the most visited national parks in the United States," said Collins. "In seven years, Acadia will be 100 years old. Age has brought both increasing popularity and greater pressures. I welcome this opportunity, not only to share the beauty of our beloved Acadia National Park with Secretary Salazar, but to also discuss the critically important steps that are being taken to ensure the long-term health of Acadia."

NATIONAL WEATHER SERVICE

FORECAST for Knox County

Thursday Night: A chance of rain. Patchy fog. Otherwise, cloudy, with a low around 59. East wind between 6 and 13 mph. Chance of precipitation is 50%. New rainfall amounts between a quarter and half of an inch possible.

Friday: Rain likely. Cloudy, with a high near 67. East wind between 10 and 16 mph. Chance of precipitation is 70%. New rainfall amounts between three quarters and one inch possible.

Friday Night: A chance of showers. Cloudy, with a low around 57. Chance of precipitation is 50%. New rainfall amounts between a quarter and half of an inch possible.

Saturday: A chance of showers. Mostly cloudy, with a high near 70. Chance of precipitation is 30%.

Saturday Night: A chance of showers. Mostly cloudy, with a low around 58. Chance of precipitation is 30%.

ROCKLAND AREA TIDES July 23 to July 30

	High AM	High PM	Low AM	Low PM
Thursday	---	12:30	6:16	6:32
Friday	12:47	1:22	7:08	7:27
Saturday	1:41	2:14	7:59	8:22
Sunday	2:35	3:07	8:50	9:19
Monday	3:31	4:00	9:42	10:16
Tuesday	4:28	4:55	10:36	11:15
Wednesday	5:27	5:52	11:32	---
Thursday	6:29	6:50	12:16	12:30



New Hope Fire Station Nearing Its Goal

It doesn't have its roof just yet, but the new Hope Corner Fire Station on Route 105 is quickly taking shape. Construction on the building by the Penobscot Company of Camden began on May 6, said Clarence Keller, Hope fire chief. "We thought we would be in by last winter but there was a long list of setbacks," he said.

Hope town residents voted to commit \$542,000 toward the \$652,000 building in June 2008. The fire department pledged to raise the remaining funds, a total of \$110,000. "We've done a lot of fund-raising events for the public," Keller said, "and ran three letter campaigns, the last in June. Now we are at \$96,000." A



by Melissa Waterman

dollar-for-dollar match pledge is in place for all of July, and Keller encourages people to take advantage of that matching pledge and donate before it expires on July 31.

Keller said that planning for a new fire station actually began about 10 years ago and took shape last year after the town vote. He has been looking forward to the new building for some time. "When the building is all finished it will be the start of my 21st year as fire chief," Keller said.

To donate to the building fund, checks may be sent to the town of Hope, made out to the Hope Corner Fire Station Fund, or call Keller at 542-2694.

Public Supper to Benefit Learning Center

Herring Gut Learning Center in Port Clyde invites everyone to attend a fish and pasta supper, featuring fresh tilapia and herbs grown by the center's middle school and high school students as part of its hands-on science programs. Set for Friday, July 24, from 4:30 to 6:30 p.m., the supper will feature a fish-and-pasta dish made with fresh tilapia fillets from the school, pasta-only dishes with fresh, student-grown basil, pasta with red sauce, salad, rolls, drinks and desserts. The supper will be held at the Ocean View Grange on Route 131 between Tenants Harbor and Port Clyde.

The nonprofit Herring Gut Learning Center teaches science to middle school and high school students from several area school districts using hands-on programs in marine science and aquaculture. Proceeds from the public supper will support these school-year programs, as well as the center's ongoing summer day camps for children ages 5 through 13. The cost of the supper will be \$8 for adults and \$5 for children ages 5 to 12, children age four and under, free. For more information, call Herring Gut Learning Center at 372-8677.



Children at Herring Gut Learning Center with a tilapia they raised



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Don Reimer Speaking on Eagles at Project Puffin Center

The Project Puffin Visitor Center in Rockland continues its Speaker's Night series on Wednesday, July 29, at 5 p.m. with a talk concerning the secret lives of Maine's bald eagles from well known birder Don Reimer. His presentation will touch on eagle biology and ecology and he will discuss the recovery of Maine's eagle populations in recent decades.

As a lifelong birder and board member of the Mid-Coast Audubon Chapter, Reimer has worked on several volunteer citizen-based bird studies, including the Maine



Breeding Bird Census, the Maine Owl Project and the International Shorebird Survey. He has served as compiler for the Thomaston-Rockland and Pemaquid-Damariscotta Annual Christmas Bird Counts. His "Birding with Don Reimer" column runs weekly in The Free Press.

Project Puffin Visitor Center is a joint project of the National Audubon Society and Maine Audubon. Located at 311 Main Street in Rockland, it offers visitors an easy-access storefront center to learn about Project Puffin and other seabird conservation projects in Maine, and to find out where and how to see Maine birds and other wildlife. One of the features at the center is a continuous big-screen Web broadcast of real-time images and sounds of puffins, transmitted by a robotic on-island "puffin cam" that visitors can operate remotely.

Birdwatch at Weskeag Marsh August 1

Birders are invited to join local birding enthusiasts and Midcoast Audubon volunteers Don Reimer and Bill Goodwill on Saturday, August 1, at 8 a.m. at the Weskeag Marsh to see migrating shorebirds on the morning incoming tide.

The Georges River Land Trust (GRLT) annually celebrates this very special ornithological event with a guided walk on the marsh, one of the area's exceptional places.

Participants should gather at the parking area on Buttermilk Lane, about one mile south of Route 1 in South Thomaston, by 8 a.m. to observe the extraordinary number and diversity of migrating shorebirds as they feed. Bring binoculars, snack and water, and wear shoes suitable for a marsh walk. Because of the fragility of the marsh, this event is limited to 20 persons, and registration is required.

The focus of the walk will be the identification and ecology of these long-distance migrant shorebirds. During the July to October migration period it is possible to see 25 or more species of shorebirds at the Weskeag Marsh. Three hundred acres of the extensive wetland ecosystem in the marsh is protected through the Ralph Waldo Tyler Wildlife Area, owned by the Maine Department of Inland Fisheries and Wildlife. GRLT is actively working to permanently conserve the remaining 400 acre buffer to protect this important staging area and high tide roosting area for thousands of birds. The



Greater Yellowlegs at the Weskeag Marsh, July 3 PHOTO BY DON REIMER

Weskeag Marsh is among a dozen sites in Maine that are monitored through the International Shorebird Survey conducted by the Manomet Center for Conservation Sciences.

To register for the August 1 birdwatch, call 594-5166.



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<p>'04 SUBARU OUTBACK L.L. BEAN 6 Cyl., Auto, Leather, Sunroof, Cruise, A/C, Alloys, 87K Miles, Stk. #12132A SALE PRICE \$13,495</p>	<p>'08 IMPREZA 5 DOOR Auto., 4 Cyl., Grey, 24K Miles, Stk. #12171A REDUCED!!! \$14,500</p>	<p>'05 SUBARU OUTBACK Auto., A/C, Cruise, Alloys, 40K Miles, Green, Stk. #12177 SALE PRICE \$15,995</p>
<p>'06 SUBARU TRIBECA LTD 5 Pass., Auto., 6 Cyl., A/C, Leather, Sunroof, Alloys, Deep Bronze, 49K Miles, Stk. #12193 REDUCED!!! \$17,995</p>	<p>BATH SUBARU Home of the \$9.95 Oil Change FOR LIFE! With the purchase of a new Subaru.</p>	<p>'08 SUBARU LEGACY SE SEDAN Auto, Sunroof, Quartz Silver, Only 13,000 miles. SALE PRICE \$18,495</p>

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Pirates at Pemaquid, Again



Jim Nelson will reprise the character of pirate Dixie Bull at Colonial Pemaquid on July 25

book, *Benedict Arnold's Navy*, is a History Book Club selection. Prior to his writing career, Nelson served as seaman and mate aboard several replicas of 17th and 18th century vessels. He has appeared on the History Channel and the Discovery Channel as an authority on various aspects of maritime history.

The grounds of Colonial Pemaquid State Historic Site in New Harbor include a reconstructed fort with permanent exhibit, archaeological ruins, cemetery, artifact museum and gift shop. Open daily 9 a.m. to 6 p.m., from Memorial Day through Labor Day, Colonial Pemaquid offers a glimpse of English frontier settlement life in the New World during the 17th and 18th century. Visitors are encouraged to return to Colonial Pemaquid on Monday, July 27, when gravestone authority Kai Nalenz will present a talk on the history of gravestones and his recent restoration of the Olde Fort Burial Ground at Colonial Pemaquid.

For more information, visit www.FriendsofColonialPemaquid.org, or contact the park manager at 677-2423.

Maine Media College Launches One-Year Multimedia Program

Maine Media College in Rockport is launching the inaugural year of its Multimedia Professional Certificate Program. The new curriculum provides artists the training and digital technologies necessary to create work that combines storytelling with the crossover applications of still images, video, audio, graphics and animation.

Founded in 1996 on the campus of Maine Media Workshops (then the Maine Photographic Workshops), Maine Media College follows the Workshops' mission of hands-on industry training for photographers and filmmakers.

Graduates of the Professional Certificate Program follow a 30-week curriculum that includes the study of craft and production, history of media and contemporary trends, as well as professional development to prepare them for the next phase of their careers.

Maine Media offered one-week workshops with combined media formats before the term "multimedia" was defined in the industry. "Maine Media students, exploring new approaches to storytelling, broke ground in this area years ago," says college dean Elizabeth Greenberg, "blending the skills they gained in both photography and filmmaking courses, and working to bring both forms of media to their projects — photographers recording sound to give their documentaries a literal voice; filmmakers editing with still photographs to add historical impact to their narratives."

Advances in digital technologies in recent years, and the advent in 2009 of the Canon EOS 5D Mark II camera, which allows for both still and HD video capture, make it now possible to offer a comprehensive program in multimedia.

"With so many applications in the industry — documentary television and filmmaking, journalism, photojournalism — multimedia is the natural next step for our Professional Certificate Program," says Greenberg.

"The growing demand throughout our Internet culture for content which is produced efficiently, often by an individual journalist, filmmaker, or photographer, makes this training essential for artists entering the field today," says Maine Media College president Charles Altschul. "As a leader for over 35 years in the fields of photography and filmmaking, the school is ideally placed to play a leadership role in the education of multimedia artists."

Maine Media College also offers a low-residency Master of Fine Arts degree program, allowing students from across the country and around the world to pursue their terminal degree in photography, filmmaking, and multimedia, while continuing to live and work at home.

For more information about Maine Media College, visit www.mainemedia.edu or call toll-free 877-577-7700.

Batten down the hatches — a pirate is putting in at Pemaquid again. Although reputed to be the "dread pirate" Dixie Bull, who attacked and sacked Pemaquid in 1632, his appearance at Colonial Pemaquid State Historic Site will be most civilized and amicable. In a swashbuckling interpretation of New England's first pirate, historian and author Jim Nelson will portray Dixie Bull in performances at 1 and 3 p.m. on Saturday, July 25. Rain date July 26.

A native of Maine, Nelson is a full-time historical writer, having published over 15 works of both fiction and nonfiction. His book *Glory in the Name* (2003) won the American Library Association's award for excellence in military fiction, and his recent

The Full Monty Opens at Waldo This Weekend

"It's a Woman's World," left to right: Aspen Jones, Christine Anderson Tupper, Ashley St. Pierre, Natasha Salvo, Melissa Hearth, Jean Phillips, Phyllis McQuaide and Tabitha Ordway



The *Full Monty* opens at the Waldo Theatre in Waldoboro this weekend, with performances at 7:30 p.m. on Friday and Saturday, July 24 and 25, and the following weekend, July 31 and August 1. Two matinees will also be given, at 2 p.m. on Sunday, July 26, and August 2.

This grin-and-bare-it-all musical comedy is an adult-themed show based on the British movie of the same name, but now set in Buffalo, New York, where six unemployed steelworkers decide, after a Chippendale's show comes to town, that they too can make a lot of money stripping. Meanwhile, the women in their lives have no idea what they are up to, and their accompanist is pretty sure the act will bomb.

The play turns out to be about much more than a bunch of out-of-work steelworkers going all the way. Each of the men has had to face failure and role reversal as the women in their lives go out to earn a living.

The cast of this adult musical comedy has shared all the jokes that go along with the sensitive subject of being seen in public in less than these actors are used to wearing. And, like their characters, as they've been preparing for the show, they've had to work through their fears, self-consciousness and anxieties, and they too have overcome their inner demons and found strength in the camaraderie of the cast.

Belfast Maskers' Oliver! in Production

When the curtain opens next week on the Belfast Maskers' production of Lionel Bart's musical *Oliver!*, many Waldo and Knox county nonprofit organizations will have played a role in the play's success.

It is common knowledge that volunteer actors, producers, set and lighting designers are the lifeblood of organizations like the Belfast Maskers, but it is unusual to find other organizations serving in volunteer roles as well.



A few members of the cast of *Oliver!* try on costumes near Steamboat Landing Park in Belfast, the show's venue. Front, left to right: Owen Markowitz, Mitch Markowitz, Cay Outerbridge, Linda Leppanen, Madison Hemingway. Back, l.-r.: Brogan Leppanen, Sydney Densmore, Kieran Schell, Malcom Dunson-Tod PHOTO BY PAT MOSS

Beauty and the Beast at Boothbay Playhouse

The live theatrical version of Walt Disney's *Beauty and the Beast* will be shown at the Boothbay Playhouse from July 29 to August 15.

The Playhouse production stars Samantha Pearlman as Belle, Alex Koch as the Beast, Matt Withee as Gaston, Ron Bouffard as Lumiere, Vincent Ratsavong as Cogsworth, Donna Griffin as Mrs. Potts, Katie St. Pierre as Babette, Emily Moore as the Wardrobe, Nick Mirabile as LeFou and Jeremiah Haley as Monsieur Darke. Other cast members include: Jane Bertelsen, Robo Bishop, Sarah Braun, Tom Dewey, Ben Dewey, Elizabeth DiGiulian, Dean Domeyer, Cole Domeyer, Devin Domeyer, Morganne Elkins, Rick Hilscher, Ellie Hilscher, Jean Hunt, Emi-



Gaston (Matt Withee) shows off for an exasperated Belle (Samantha Pearlman)

ly Jones, Suzanne Jones, Jan Kelly, Nellie Kelly, Maggie Larson, Katie Larson, Maryann Lizzi, Hallee Lizzi, Jenn Lorrain, Judi Molinelli, Nicholas Morley, Paul Noah, Grace Oggero, Anna Perritt, Colette Perry, Chris Reynolds, Heather Reynolds, Genevieve Taylor and Noelle Timberlake.

Beauty and the Beast will be performed at the Boothbay Playhouse Wednesday, Thursday and Friday, July 29, 30, 31 and August 5, 7, 8, 12, 13, 14 and 15 at 8 p.m. There will be one matinee on Sunday, August 9, at 2 p.m. Advance reservations are strongly recommended. Tickets are \$19 for adults, \$16 for children 12 and under. Tickets can be purchased at the Playhouse box office or by calling 633-3379.

Tickets are available online at www.thewaldo.org and at Waltz's Pharmacy on Main Street in Waldoboro. The Waldo Theatre box office will also be open Thursday and Friday, July 23 and 24, from 11 a.m. to 2 p.m. Ticket prices are \$15 in advance, \$18 at the door.

The Full Monty is produced by special arrangement with Music Theatre International and is directed by Sue Ghoreyeb and Sean Fleming. Due to the mature nature of the show, no one under 17 will be admitted without a parent or guardian.



"Things Could Be Better," left to right, front row, Brad Fillion, Debbie Beam, Bill Coombs; back row, Joseph Lugosch, Kit Hayden, Dan True, Braeden Waddell

"It's a Woman's World", left to right: Aspen Jones, Christine Anderson Tupper, Ashley St Pierre, Natasha Salvo, Melissa Hearth, Jean Phillips, Phyllis McQuaide and Tabitha Ordway



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The Full Monty Opens at Waldo This Weekend

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Northport Music Theater Presents Rent: School Edition This weekend only

Northport Music Theater (NMT) Musical Theater Camp for teens will present the full production of *Rent: School Edition* this Friday through Sunday, July 24, 25 and 26, at the theater on Route 1. Although the cast was auditioned and assigned roles in the spring, 15 actors and actresses came together for the first time two weeks ago to stage the show and finesse 40 songs.

With book, music and lyrics by Jonathan Larson, *Rent* is a Pulitzer Prize-winning Broadway musical based loosely on Puccini's opera *La Bohème*. It follows a year in the lives of seven friends living the disappearing bohemian lifestyle in New York's East Village. AIDS and its physical and emotional complications pervade the lives of Roger (Rylan Cates), Mimi (Anna Rich), Tom (Derrick LaCasse) and Angel (Tim Williamson); Maureen (Alana Breheny) deals with her chronic infidelity through performance art; her partner Joanne (Devin Fletcher) wonders if their relationship is worth the trouble; Benjamin (Ian Brooks) has sold out his bohemian ideals in exchange for a hefty income; and Mark (Ian Doran), an aspiring filmmaker, feels like an outsider to life in general.

Ensemble members rounding out the cast with a variety of roles are Paige Courtney, Keira Hayes, Jensen Pizana, Angelina Nichols, Alli Webser, Conor Mushlit and Morgan Cates.



Rent: School Edition is performed through special arrangement with Music Theatre International. Its adaptation has been done carefully, working to retain the dramatic intent of the rock musical, and consists of minimal changes to language and the removal of one song to make it possible for students aged 13 to 18 to perform in the musical.

The show is directed by Kim Murphy, assisted by Savannah Creech, with choreography by Tyler Evans. Ruth Gelsinger (piano), Gage Lyons (guitar), Ryan Goggans (bass), and Ian McKenzie (drums) provide live music.

Evening shows are Friday, July 24, and Saturday, July 25, at 7:30 p.m., with a final matinee on Sunday, July 26, at 3:30 p.m. All seats are \$10; call Northport Music Theater, 338-8383, for reservations.



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THE FREE PRESS



"Roots reggae masters" Inner Visions from Saint John, U.S.V.I., will return to the DRA for their fourth year in a row to headline the Great Salt Bay Music Festival.

Rock 'n' Reggae at Great Salt Bay Music Festival July 26

This year's Great Salt Bay Music Festival on Sunday afternoon, July 26, in Damariscotta will draw on blues, funk, folk, rock and roots as well as reggae. Dubbed "Reggae on the Bay" last year, the festival is a Damariscotta River Association (DRA) fund-raiser.

Jason Spooner, a rising star in the folk, rock and roots scene, will for the first time join reggae band Inner Visions from Saint John in the U.S. Virgin Islands, returning for their fourth year to DRA's Great Salt Bay Farm in Damariscotta. Spooner will perform with his Portland-based band, the Jason Spooner Trio. Local favorites the Horseshoe Crabs will open for Spooner and Inner Visions.

The Great Salt Bay Music Festival will feature the ceremonial "flipping of the switch" on DRA's new wind generator, which will power the concert along with additional "clean" electricity from Maine Interfaith Power & Light. A member of WCLZ's Green Team will serve as concert emcee. Additionally, the Midcoast Green Collaborative will present a "Green Circle" of alternative energy displays and demonstrations. Finally, Damariscotta Farmers' Market will set up on site, offering fresh locally grown food. In addition to farm-fresh food from the farmers'

market, Damariscotta River Grill will serve up Caribbean-inspired cuisine, along with beer and spirits such as tropical rum punch and margaritas. Rising Tide Community Market will offer snacks and beverages, and Maine's freshest oyster bar will shuck local oysters on the spot.

The festival is named for Maine's first marine protected area, the Great Salt Bay, on whose shores the festival will take place. The saltwater farm headquarters preserve of the DRA serves as the backdrop for the outdoor performance.

Tickets — \$20 in advance, \$25 at the door, no charge to children 12 and under — are on sale at Maine Coast Bookstore in Damariscotta, Wild Rufus Records in Belfast, and Mexicali Blues and Bull Moose Records at all locations, in addition to DRA headquarters at 110 Belvedere Road in Damariscotta. A series of tents will allow the concert to take place rain or shine. Gates open at noon and the opening act begins at 12:30, followed by the lead acts, which will continue into the evening. The DRA reminds festivalgoers "no coolers, no pets and no refunds."

For more information about the Great Salt Bay Music Festival, contact the DRA at 563-1393 or go to www.draclt.org.

Agharta and Bel Isle Play Jazz at Belfast Summer Nights

On Thursday, July 23, Belfast Summer Nights welcomes Agharta, a quartet that plays original modern jazz and selected works of Charles Mingus, as well as the Bel Isle Jazz

Quartet. The Agharta band is made up of, left to right, Jeff Densmore, Doug Kennedy, Tom Luther and Mike Whitehead. The show runs from 5:30 until 7:30 p.m. at Heritage Park in Belfast, on the waterfront. Everyone is invited to bring a picnic and a chair and come hear some great jazz. For more information, call 322-7123.



Folk Duo Castlebay—

On Thursday, July 30, at 7 p.m. at the Belfast Unitarian Church, 37 Miller Street, the folk duo Castlebay will present a program of music and lore celebrating the Celtic harvest holiday of Lughnasa. Songs and tales with Celtic harp, fiddle, guitar and woodwinds will weave a tapestry of Celtic tradition. Admission to the concert is \$10 adult, \$5 children. Call 529-5438 or e-mail castlebay@castlebay.net for more information.

MUSIC

Damariscotta and Newcastle Get the Blues

Damariscotta and Newcastle, for the second year in a row, will be the host towns for showcasing the talent of many bands and members of the Maine Blues Society.

On Saturday, August 1, from 1 to 6 p.m. at the Darrows Barn (across from Poole Bros.) on Business Route 1 in Damariscotta, the first portion of the second DamBlues-Fest and PubCrawl will open with a performance by D.W. and the Blues Prophets. They will be followed by performances by Gator Glenn of the Swamtones and Pam Baker and the S.G.s. With the support of Renys Department Store, the 2009 International Blues Challenge winners, J.P. Soars and the Red Hots from Florida, will perform for the rest of the afternoon.

At this afternoon event Grill Zilla Barbeque will serve their Killa ribs, brisket, pulled pork and savory chicken. The Narrows Tavern will serve Maine microbrews and an assortment of other refreshments.

The PubCrawl will start at about 8:30 p.m. Newcastle Publick House will offer Tommy and the Juke Joint Devils. Stevo Bailey and the IC Waters Blues Band

will be at Damariscotta River Grill. At Schooner Landing in Damariscotta, current Maine blues champs Matt and the Barnburners with Miss Jessica will perform. King Eider's Pub and Zampa's Ristorante in Damariscotta, as well as a locations to be announced, will also showcase performances by Maine blues artists.

Admission bracelets for the DamBlues-Fest and PubCrawl are \$10 in advance and \$15 at the door at the Darrows Barn. Admission for the PubCrawl only is a \$5 cover charge/donation at Schooner Landing, Damariscotta River Grill and Newcastle Publick House. Admission bracelets are available at all Mexicali Blues locations, Supplies Unlimited in Damariscotta, Newcastle Publick House, and by calling the Maine Blues Society event number, 841-1461.

Metal Show at Echo Hill July 25

The Divine Ruin and A Constant Battle will play at Echo Hill on Route 131 in St. George on Saturday, July 25, with Wreckless Concept and Below Creation opening. The 7 to 11 p.m. show is open to all ages and is chem-free; tickets are \$6 in advance or \$8 at the door.

The Divine Ruin's four musicians from the Belfast area — Rachel Curtis on vocals and keyboard, Richard Traves on guitar, Max McFarland on bass and keyboard, and Bruce Ibscher on drums — make a progressive metal sound with the music dark, heavy, random and loud. Below Creation — Trevor Winchenbaugh, lead guitar, David Pierro, rhythm guitar, Joe Murphy, drums, and Mike Temple, vocals — is a Union area band that's heavily influenced by metal core and progressive metal. A Constant Battle is from the Rockland area, and Wreckless Concept is from Bath.



Below Creation

Notable acts coming up at Echo Hill will be the July 31 show with pop-punk band Stop Is the New Go; Celtic rockers The Pubcrawlers on August 14; Metal thrashers In the Kingdom of Nightmares on August 22; and punk rockers The Queens on August 29. The full schedule is at www.echohillshows.com. Located on Rt. 131, five miles South of Rt. 1, Echo Hill is a dance hall with a large, suspended dance floor. For more information or tickets, call 372-1008.

Downeast Brass at Belfast Common

On Sunday, July 26, the Downeast Brass Quintet will perform in the "Sunday Concerts on the Common" series in Belfast. This concert is rescheduled from June 28.

Dwight Tibbetts, the band's founder and arranger, draws on the unique talents and skills of his four colleagues to maintain the

ensemble's reputation as one of New England's best brass groups.

Bring a picnic lunch and spread out on the lawn overlooking Belfast Harbor for a two-hour concert starting at 1:30 p.m. The concert series is sponsored by the Belfast Parks & Recreation Department.

Two Old Friends will perform at the Little Brown Church, Route 32, in Round Pond village at 7:30 p.m. on Wednesday, July 29.

Mac McHale and Emery Hutchins, the two old friends, have performed together for many years and are former members of the group Northeast Winds. With the concertina, bodhran, mandolin, octave mandolin, guitar and banjo, they play and sing a combination of Celtic and American country

Two Old Friends to Perform in Round Pond

music, and seek in their performances to show the connection between the two genres. McHale has been well known in bluegrass circles for decades and was inducted into the International Bluegrass Music Museum as a pioneer of bluegrass music. Hutchins performs acoustic music ranging from traditional Irish tunes to vintage American country music songs.

A Two Old Friends performance demonstrates the American amalgamation of musical styles in an informative and entertaining way that seeks to show that to understand the music of a culture is to understand the heart of a culture.

Tickets are by suggested donation of \$12 adult, families \$25. Funds raised by the concert series benefit the building maintenance fund. Concertgoers are advised to bring a cushion as the wooden pews are hard. For more information, call 529-5438.



One of the great ones —
Chris Hillman of The Byrds, Flying Burrito Brothers, to Perform at Opera House in Boothbay Harbor

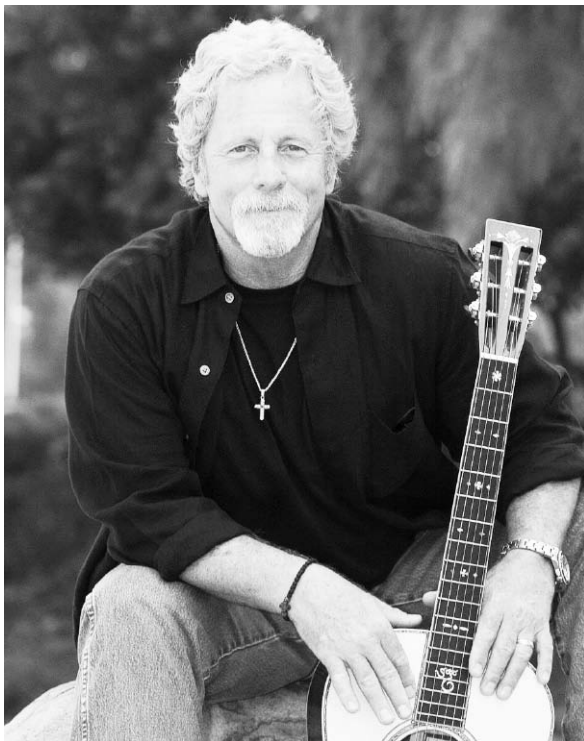
Chris Hillman earned a permanent “legendary musician” title in the history of contemporary American music through his work with The Byrds, starting in 1964, and then the Flying Burrito Brothers, starting in 1967. Those two bands pioneered the 1960s cross-pollination of rock and traditional folk music and then rock and traditional country.

This legendary musician arrives in Boothbay Harbor to play the Opera House on Sunday, July 26, with his longtime banjo- and guitar-playing pal Herb Pedersen.

Pedersen, too, began his career playing in California in the early '60s, with, for example, David Grisman, Jerry Garcia, Butch Waller and David Nelson. He later played with Hillman in the Desert Rose Band.

The concert promises to be another memorable night in the historic Opera House, as Hillman and Pedersen blend the best of their shared experiences playing country, rock, bluegrass and folk music on guitar, mandolin and banjo.

Hillman was one of the original members of The Byrds, along with Roger McGuinn, David Crosby, Michael Clarke and Gene Clark. In 1968 he left The Byrds, and with Gram Par-



Chris Hillman and Herb Pedersen perform on Sunday at the Opera House in Boothbay Harbor.

sons, who quit The Byrds before Hillman, formed the Flying Burrito Brothers.

Over the years Hillman teamed up with Stephen Stills in the band Manassas, and then in the 1980s formed the Desert Rose Band.

Opening the show for Hillman and Pedersen will be Maine-based musicians Paul Mellyn and Mike Arciero.

The doors open at 7 p.m. for seating, with the concert beginning at 7:30 p.m. Tickets are \$18 in advance and \$22 on the day of the show, all ages, and are available at the Opera House box office at 86 Townsend Avenue, Boothbay Harbor. Tickets are also available by calling the box office, open Tuesday through Friday from 10 to 4, at 633-5159. Tickets may be purchased online at boothbayoperahouse.com; online sales close 24 hours before the show.

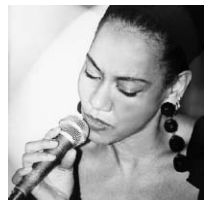
Hope Jazz Festival This Saturday

by Melissa Waterman

Where there's Hope, there's jazz, at least on Saturday, July 25. The third annual Hope Jazz Festival takes place from noon to 5 p.m. at True Park in Hope. Later that evening the music moves to Camden, as jazz singer Deborah Davis takes to the stage at the Camden Opera House at 7:30 p.m.

“Chris Rogers had the idea,” says Andrew Stewart, owner of the Hope General Store and one of the original organizers of the festival. Rogers is a jazz drummer and, with other jazz aficionados residing in Hope, decided that there was a need for an outdoor festival to showcase Maine's jazz musicians. “There just are very few venues for jazz musicians to play,” Stewart says. Although he is no longer on the organizing committee, Stewart continues to support the festival due to his interest in promoting community, as well as a desire to foster jazz in the state.

This year's outdoor festival features the Paavo Carey Quartet, the Matt Fogg Band and Mary Anne Driscoll, with Davis performing later on stage in Camden. “We're bringing in bigger acts as a way to draw people to hear local jazz musicians,” says Stewart. “Plus the weather wasn't cooperative last year. By having a show at the Opera House,



Deborah Davis (top), Matt Fogg (middle) and Mary Anne Driscoll

it means that someone who's come all this way can have a place to play regardless of the weather.”

Tickets for the True Park festival are \$15 (no charge for children under 12) and are available from HAV II in Camden, the Hope General Store and at the park on Saturday. Deborah Davis tickets are \$20 and are available from the Camden Opera House Web site, the Hope General Store or at the opera house box office on the day of the show.

The day-long outdoor festival is an open air event on the grass at True Park, which is behind the Hope General Store on Route 105 in Hope. Bring blankets and beach chairs for seating, and hat, sunscreen and water; leave coolers and umbrellas at home. Food and drinks will be available to purchase at the park.

For all the details, go to www.hopejazzfestival.com.

Hope Library Hosts Book Sale and Public Supper

In conjunction with the Hope Jazz Festival on Saturday, July 25, the Hope Library will host a book sale in the afternoon, and a public supper beginning at 5 p.m. Dinners — wonderful home-cooked food, including vegetarian dishes — will be available to eat on site or take out. Only 200 dinner tickets will be sold: \$8 for adults and \$5 for children under 12. To reserve dinner tickets, call Jean at 236-3404. Proceeds will support the library's community programs.

The Hope Library is located in the Hope Town Office at Hope Corner, at the intersection of Routes 105 and 235, adjacent to True Park where the Jazz Festival takes place.



The Paavo Carey Quartet

The St. Lawrence String Quartet, Bay Chamber Concerts' quartet-in-residence, returns to the mid-coast after a year of touring throughout the world.

St. Lawrence String Quartet Returns

This week, to celebrate its 20th anniversary, the St. Lawrence will perform “Anniversaries & Premiere” on Wednesday, July 29, at 8 p.m. at the Strand Theatre in Rockland. The concert will feature the first New England performance of John Adams' “String Quartet,” commissioned by the quartet for their anniversary. On Thursday, July 30, at 8 p.m. the St. Lawrence pays tribute to “Beethoven the Master” with a concert at the Rockport Opera House devoted to the composer's works.

Members of the St. Lawrence String Quartet include violinists Geoff Nuttall and Scott St. John, violist Lesley Robertson and cellist Christopher Costanza. They are the resident quartet at Spoleto Festival U.S.A. in Charleston, South Carolina, and since 1998 they have been the ensemble in residence at Stanford University.

On Wednesday night at the Strand Theatre, the quartet will perform the New England premiere of Adams' “String Quartet.” They will also play Bach's “Excerpts from the Art of Fugue, BWV 1080,” reputed to be the pinnacle of fugal excellence, and Mendelssohn's String Quartet in F minor, Op. 80, which Mendelssohn wrote following the death of his sister.

Thursday night, the St. Lawrence will perform the String Quartet in B flat major, Op. 18, No. 6, one of Beethoven's earliest string quartets, and the String Quartet in A minor, Op. 132, written in 1825, two years before his death. The two pieces demonstrate the range of Beethoven's genius as a composer.



Tickets to the St. Lawrence String Quartet's concerts on July 29 and 30 are \$25 to \$35 for adults, \$8 for youth ages 18 and under. For more information, or to purchase tickets, contact Bay Chamber Concerts at 236-2823, toll free at (888) 707-2770, or online at www.baychamberconcerts.org.

Everyone is invited to join in the sixth annual Coastal Maine All Day Sing in Damariscotta. The event will be held on Saturday, July 25, from 10 a.m. to 4 p.m. at Darrows Barn (formerly Round Top Center for the Arts) on Business Route 1 in Damariscotta. A potluck dinner will be held on the grounds. Participants are asked to bring a dish to pass.

On the morning of Sunday, July 26, there will be a trip to Hope to view a noted shape-note composer's grave, followed by more singing Sunday afternoon from 1 to 4 p.m. at St. Paul's Chapel on Dutch Neck Road in Waldoboro.

The group will be singing from the *Sacred Harp*, 1991 Denson edition. Books will be available for loan or purchase. Shape note

Shape Note Singers to Host All Day Sing

music has deep roots in colonial New England. This four-part acapella music is sung full-voiced. While the songs are religious in text, the singing is nondenominational. Beginners are always welcome.

The *Sacred Harp*, continuously in print and in use since 1844, is the backbone of one of this country's oldest, most vital musical traditions — three centuries of American song in unaccompanied four-part harmony. This American hymn form is unrestrained, fervent and powerful.

For further information, including directions to the event sites, visit www.mainesacredharp.org.

Those who would like housing information can visit hospitality@mainesacredharp.org.

Songs and Stories with Gordon Bok at Botanical Gardens

On Friday, July 31, beginning at 7 p.m., legendary singer/songwriter Gordon Bok will perform on the lawn at Coastal Maine Botanical Gardens. Bok will introduce some of the selections with entertaining tales of their origin and history.

The audience is invited to bring picnic suppers and the beverages of their choice (BYOB), as well as chairs and/or blankets. In case of inclement weather, the concert will be in the Visitor Center.

Admission is \$15 for adult members, \$20 for adult non-members, \$5 for children ages five to 17, and free for children under age five. To make reservations, call 633-4333, visit MaineGardens.org, or stop by the Visitor Center. The Gardens are on Barbers Island Road in Boothbay.

Bok, the man Time magazine called “the poet laureate of those who go down to the sea in ships,” grew up around the boatyards of Camden. In his early years, he worked on a variety of vessels on America's Northeast coast and



elsewhere, and as deckhand, mate and captain of various yachts. He learned many tunes, sea songs, stories, legends and ballads from the people he worked with.

Bok has made more than 20 albums, and many other musicians, including Archie Fisher, Liam Clancy and Tommy Makem, have recorded his songs.

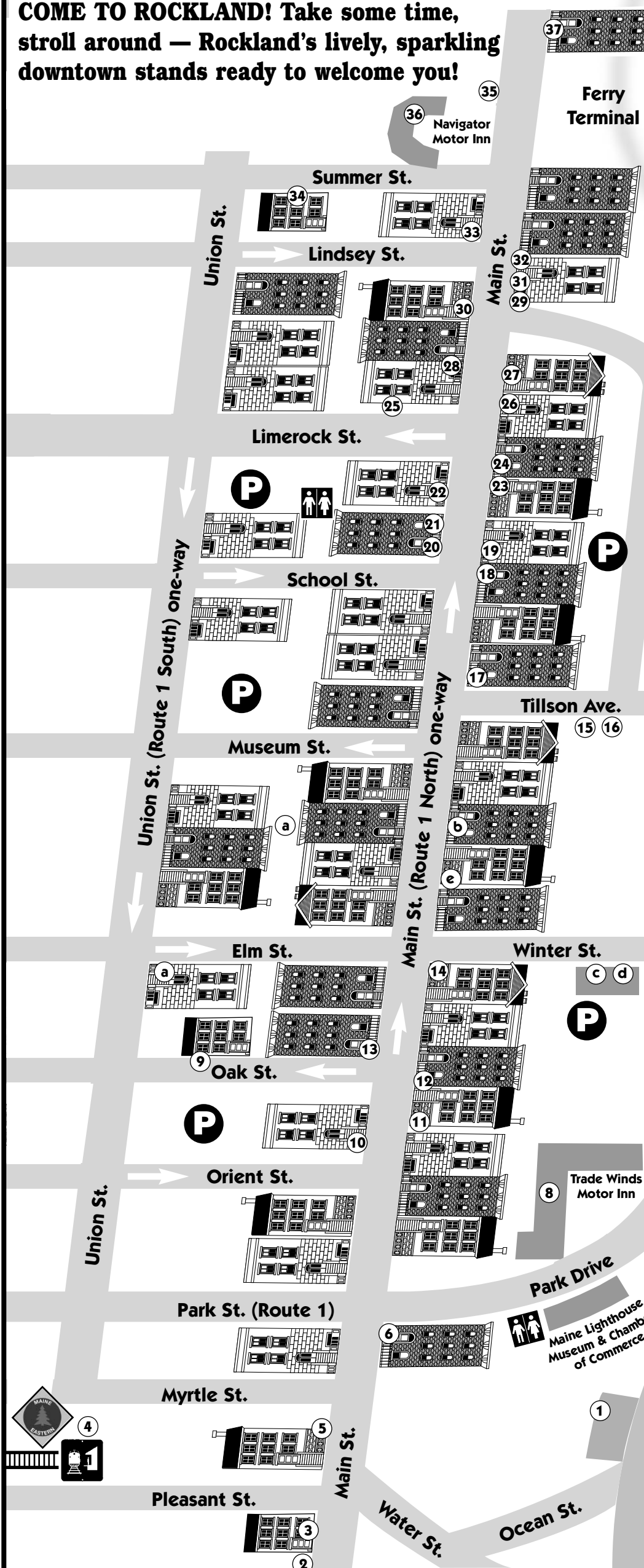
Besides his countless solo appearances around the world, Bok toured for nearly 30 years with the trio Bok, Muir and Trickett. He has also performed with his wife, harp player Carol Rohl, and with Anne Dodson, Cindy Kallet, Bob Zentz, Margaret MacArthur and other well-known folk artists. He has appeared in concert with the Paul Winter Consort and the Indianapolis Symphony Orchestra, and has been heard on NPR's “A Prairie Home Companion.”

Coastal Maine Botanical Gardens is located on Barbers Island Road, just over a mile from the Boothbay Common. For more information, call 633-4333 or visit MaineGardens.org.

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CALENDAR OF EVENTS

PLEASE TAKE NOTE:

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(FAX: 596-6698, or e-mail:
editor@freepressonline.com)
by noon the Friday before the
Thursday publication date.
Please include your name, address and
phone number.

Noteworthy

THURSDAY, JULY 23:

- **Summer Music Series**, 7 p.m., Camden Amphitheatre. Dana and Susan Robinson, multi-instrumentalists, perform songs integrating styles from Appalachian, Celtic and African traditions. Bring blankets or chairs for seating. Free.
- **Belfast Summer Nights**, 5:30-7:30 p.m., Heritage Park (on the waterfront). Agharta, with modern jazz and selected works of Charles Mingus and the Bel Isle Jazz Quartet. Bring chairs, picnics and dancing feet. FMI: 322-7123.
- **Curtis on Tour**, 8 p.m., Rockport Opera House, 6 Central St. Joseph Silverstein and Brittany Sklar, violins; Roberto Diaz and Rachel Kuipers, violas; Hiro Matuso, cello; and Andrew Tyson, piano, perform works by Boccherini, Dohnányi and Brahms. \$25-35/\$8 age 25 and under. FMI: 236-2823 or www.baychamberconcerts.org.
- **Farnsworth Forum with Philippe de Montebello**, 6 p.m., Strand Theatre, 345 Main Street, Rockland. Montebello, director of the Metropolitan Museum of Art for 32 years, will talk about the role of museums in America and the world. \$30/\$25 members. FMI: 596-0949 or www.farnsworthmuseum.org/education.
- **Novel Jazz Septet in Concert**, 7-9:30 p.m., Skidompha Public Library, Main St., Damariscotta. Barney Balch (soprano, alto and tenor trombones), Mike Mitchell (trumpet and flugelhorn) and special guest Wayne Delano (saxophone/flute), Mark Macksoud (drums), Dan Clark (guitar), Herb Maine

(bass) and a second special guest, Dana Malseptic, a talented pianist from Newcastle who just graduated from Lincoln Academy. \$10/\$5 ages 12-18/under 12 accompanied by parent, free.

FRIDAY, JULY 24:

- **The Full Monty**, Fri. & Sat., July 24 & 25, July 31 and Aug. 1, 7:30 p.m., with 2 p.m. matinees on Sun., July 26 and Aug. 2, Waldo Theatre, Main St., Waldoboro. Six brave performers are rehearsing newfound dance talents and the big question is... does the cast actually go all the way? Tickets, \$15 in advance/\$18 at the door, available at www.thewaldo.org and Waltz Pharmacy, Waldoboro. No one under the age of 17 will be admitted without a parent or guardian.
- **Talk by Historian Bill Bunting**, 7 p.m., Maine Street Gallery of Penobscot Marine Museum, 40 E. Main St., Searsport. Bunting will bring alive the Sewall family — depicted in his new book *Live Yankees: The Sewalls and Their Ships* — along with tales of shipwrecks, mutinies, cannibals and lawsuits. FMI: 548-6400 or -2529.
- **Book Signing by Scott A. Mills**, 6 p.m., Fertile Mind Bookshop, 105 Main St., Belfast. Signing of *Stranded in the Philippines* by Mills.
- **Tall Ship Eagle in Rockland**, Fri.-Sun., July 24-26. See the ship arrive on the Coast Guard pier at 11 a.m. on Fri. Ship open for tours 1-4 p.m. on Fri.; 10 a.m.-5 p.m. Sat.; and 10 a.m.-7 p.m. Sun.
- **Irish Music at Rock City**, 7-9 p.m., Rock City Books & Coffee, Main St., Rockland. Tom Rota on Uilleann pipes and Alden Robinson on fiddle will perform traditional Irish music. Irish jam session follows.
- **Music at Zoot**, 7 p.m., Zoot Coffee, 31 Elm St., Camden. Robin Lee performs guitar folk/rock. No cover charge.
- **Rent: School Edition**, Fri. & Sat., July 24 & 25, 7:30 p.m., Sun., July 26, 3:30 p.m., Northport Music Theater, Rte. 1. The teen version of the Broadway musical that's based loosely on Puccini's *La Bohème*. \$10. FMI: 338-8383.
- **Oliver!**, Fri., July 24-Sun., Aug. 2, 7 p.m.,

Steamboat Landing, Belfast. Musical based on the classic Dickens work. FMI: 338-9668.

► **Banjo Dan and the Midnite Plowboys in Concert**, 6 p.m., Camden Opera House. The Plowboys bring their "bluegrass from the heart of Vermont" to Maine. \$12 per person/\$30 per family of four. FMI: 236-3438.

► **A Night at the Opera**, 8 p.m., Opera House at Boothbay Harbor. Tenor Kenneth Gayle and mezzo-soprano Sonja Bruckauskas accompanied by pianists Rodney Walters and Anita Kruse, with a special appearance by the midcoast's John Adams. \$20. FMI: 633-5159.

SATURDAY, JULY 25:

- **Hope Jazz Festival**, noon-5 p.m., True Park, Hope, and Camden Opera House. Festival features the Paavo Carey Quartet, the Matt Fogg Band and Mary Ann Driscoll, with jazz singer Deborah Davis taking the stage at 7:30 p.m. at the Opera House. True Park festival tickets are \$15/under 12, free, available at HAV II, Camden and Hope General Store. Deborah Davis tickers are \$20, also available at Hope General and at the Opera House Web site and box office.
- **Belfast Marine Heritage Festival**, 9 a.m.-5 p.m. A show of classic boats, nautical displays and vendors, live music, weather balloons, a mackerel tournament, re-enactment of Henry Hudson's landing in Maine 400 years ago, and Come Boating! rowing regatta from 10 a.m.-noon and 2-3:30 p.m., and sailing regatta 1-4 p.m. For Come Boating! information, call 322-4380 or visit www.Come Boating.org.
- **34th Annual Megunticook Lake Race**, registration 8:30-9:30 a.m.; race at 10 a.m., starts at Barrett's Cove Park, Rte. 52, and ends at beach on Norton Pond, Lincolnville. \$10. FMI: 236-3438.
- **Juanito Pascual & Friends CD Release**, 8 p.m., One Longfellow Square, Portland. Pascual is one of the top young flamenco guitarists on the international scene. \$18 in advance/ \$21 at the door. FMI: 761-1757.

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The St Lawrence String Quartet celebrates its 20th Anniversary with a New England premiere!



JULY 30
Thursday, 8:00 p.m.
Beethoven the Master
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An evening highlighting the brilliance of Beethoven, performed by the St. Lawrence String Quartet.

THIS WEEK



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JULY 23 Thursday, 8:00 p.m.
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Programs

TUESDAY, AUGUST 11 7:30 PM*
HONEGGER, BEETHOVEN & FRANCK
SOLZHENITSYN, KIM, FRAUTSCHI, J. LEE, SMITH, ARRON

FRIDAY, AUGUST 14 7:30 PM*
KODÁLY, KURTÁG, SCHNITTKE & SMETANA
HOCHMAN, HANSLOWE, FRANCIS, SMITH

TUESDAY, AUGUST 18 7:30 PM*
MAHLER PIANO QUARTET
TAMAR MUSKAL SONGS,
based on poetry by David Grossman
MUSIC OF THE MIDDLE EAST
SHERONICK, SHELTON, HOCHMAN, LOCKWOOD, VARIATION TRIO

FRIDAY, AUGUST 21 7:30 PM*
ALBRIGHT, HYLIA, MOZART
HARA, SAUER, BRENTANO QUARTET

*Mark Mandarano talks before each concert at 6:30pm

Artists



Jennifer Koh violin
Ignat Solzhenitsyn piano



Brentano Quartet

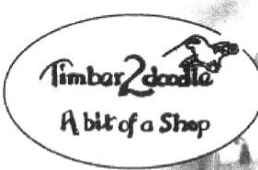
PLUS... Lily Francis, violin; Jennifer Frautschi, violin; Theodora Hanslowe, mezzo-soprano; Burt Hara, clarinet; Hsin-yun Huang, viola; Soovin Kim, violin; Julianne Lee, viola; Thomas Sauer, piano; Wilhelmina Smith, Cello; Lockwood/ Sheronick Duo, Percussion/Viola; Variation Trio

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CALENDAR OF EVENTS

► **Metal Show**, 7-11 p.m., Echo Hill, Rte. 131, St. George. The Divine Ruin and A Constant Battle will perform. Opening are Wreckless Concept and Beyond Creation. \$6 in advance/\$8 at the door. FMI: 372-1008 or info@echohillshows.com.

► **Book Signing by Nancy Carlisle**, 2 p.m., Nickels Sortwell House barn, Federal St., Wiscasset. Carlisle, curator, historian and coauthor of *America's Kitchens*, will give a talk on and sign copies of her book, which is illustrated with historic drawings, photographs and ephemera from Historic New England's collections. Free.

► **Rock City's Velvet Lounge**, 7-9 p.m., Rock City Books & Coffee, Main St., Rockland. The Laidback Maineacks present a mix of acoustic funk and spoken word. No cover, but tips for the musicians are appreciated.

SUNDAY, JULY 26:

► **Chris Hillman in Concert**, 8 p.m., Opera House at Boothbay Harbor. Hillman, a founding member of the Byrds and the Flying Burrito Brothers, is joined by his longtime guitar- and banjo-playing pal Herb Pedersen. \$18 in advance/\$22 day of show. FMI: 633-5159.

► **Great Salt Bay Music Festival**, 12:30 p.m., Salt Bay Farm, 110 Belvedere Rd., Damariscotta. The Jason Spooner Trio and Inner Visions reggae band perform. Opening act is the Horseshoe Crabs. Event also features alternative energy displays and locally grown food. \$20 in advance/\$25 at door/free ages 12 and under. Tickets available at Maine Coast Book Shop, Damariscotta; Wild Rufus, Belfast; Mexicali Blues and Bull Moose Records, all locations. FMI: 563-1393.

► **Poetry Reading by Steve Luttrell**, 7:30 p.m., Riverside Arts, 170 Main St., Damariscotta. Luttrell, recently named Portland's poet laureate, will read from his work. \$10 suggested contribution. FMI: 563-1507.

► **Reception and Tea**, 3-5 p.m., Cushing Public Library. Short readings and brief remarks honoring the legacy of author Elizabeth Ogilvie, whose books have brought the Maine Coast alive for readers throughout the world.

► **Downeast Brass Quintet in Concert**, 1:30-3 p.m., Belfast Common. Bring a blanket and picnic for this free concert.

► **Bay Wind Breakers in Concert**, 3 p.m., Rockville Community Chapel, Rockland St., Rockport (off Rte. 17 behind Green Thumb). Concert of big band and jazz selections by Duke Ellington, Van Morrison, Hoagy Carmichael and others will benefit restoration of the chapel belfry. Donations accepted at the door, and homemade baked goods sold at intermission.

TUESDAY, JULY 28:

► **Youth for the Roof Benefit Concert**, 7-9 p.m., Rockport Opera House. Area youth present classical piano, original songwriting, voice, theater dance and a blues trio for the benefit of the Rockport Public Library Roof and Entryway Repair Project. \$5.

► **Historic Walking Tour of Rockland**, 4 p.m., Farnsworth Museum, Rockland. Janice Kasper, the Farnsworth's curator of historic sites, will lead 45-minute tours describing the neighborhoods during the "Great Age of Sail," when the Farnsworth family lived in Rockland. Free with museum admission.

► **Bach Tuesdays at Mid-day Series**, noon-1 p.m., Tues., July 28-end of Aug., Saint Peter's Church, White St., Rockland. Inventions, preludes and fugues, played by Billy Smith. Some Ellington, too. All donations benefit Knox homeless teens.

WEDNESDAY, JULY 29:

► **Little Brown Church Concert Series**, 7:30 p.m., Rte. 32, Round Pond. Two Old Friends, Mac McHale and Emery Hutchins,

will perform Celtic and American country music. \$12 adults/\$25 family. FMI: 529-5438 or castlebay@castlebay.net.

► **"Anniversaries and Premiere,"** 8 p.m., Strand Theatre, 345 Main Street, Rockland. The St. Lawrence String Quartet celebrates its 20th anniversary with the New England premiere of a new string quartet commissioned by the quartet from composer John Adams for their anniversary season. \$25-35/\$8 age 25 and under. FMI: 236-2823 or www.baychamberconcerts.org.

► **Wednesdays in the Park Concert Series**, 1-3 p.m., Camden Amphitheatre. Singer, songwriter and acoustic guitarist Jim Gallant will perform.

► **Piano Recital by John Bukowski**, noon, Opera House at Boothbay Harbor. Free recital of works by Chick Corea, William Bolcom, Scott Joplin and Renesto Nazareth. Donations to Opera House accepted. FMI: 633-6855.

► **Presentation by Author Koko Preston**, 6 p.m., Wiscasset Public Library. Preston will talk about her book *Organic Parenting: The Prevention of Parent Deficit Disorder* and also show a short film, "John," which emphasizes the seriousness of the topic.

► **Sunset Seminars**, 7 p.m., Camden Yacht Club. Matt Mountain of the Space Telescope Science Institute will present a historical review of the impact of the telescope, presenting the Hubble as pinnacle (so far) of what has been archived.

► **Beauty and the Beast**, Wed.-Fri., July 29-31; Wed., Fri. & Sat., Aug. 5, 7 and 8; and Wed.-Sat., Aug. 12-15, 8 p.m.; and Sun., Aug. 9, 2 p.m., Boothbay Playhouse. Advance reservations strongly recommended. \$19/\$16 for children 12 and under. FMI: 633-3379.

THURSDAY, JULY 30:

► **Castlebay in Concert**, 7 p.m., Belfast Unitarian Church, 37 Miller St. Music and lore celebrating the Celtic harvest holiday of Lughnasa. \$10. FMI: 529-5438.

► **Beethoven the Master**, 8 p.m., Rockport Opera House, 6 Central St. An evening of Beethoven performed by the St. Lawrence String Quartet. \$25-35/\$8 age 25 and under. FMI: 236-2823 or www.baychamberconcerts.org.

► **Presentation by Brian Vanden Brink**, 6:30 p.m., Camden Library. Vanden Brink will discuss his new book, *Ruin: Photographs of a Vanishing America*.

COMING UP:

► **Gordon Bok in Performance**, Fri., July 31, 7 p.m., Coastal Maine Botanical Gardens, Barters Island Rd., Boothbay. Bok, called "the poet laureate of those who go down to the sea in ships," will perform on the lawn. Bring picnic suppers and chairs and blankets to sit on. Concert will be in the Visitor Center in case of rain. \$20/\$15 members/\$5 ages 5-17/under 5, free. FMI: 633-4333.

► **Annie Get Your Gun**, Fri. & Sat., July 31 & Aug. 1, Tues.-Sat., Aug. 4-8, 7:30 p.m. and Sun., Aug. 2, 2 p.m., Lincoln Theater, Damariscotta. Lincoln County Community Theater production of the Irving Berlin musical. \$15/midweek performances are family nights, with those under 16 admitted half-price. FMI: 563-3424.

► **Roy Book Binder in Concert**, Fri., July 31, 8 p.m., One Longfellow Square, Portland. Book Binder learned his craft from the legendary Rev. Gary Davis. \$15 in advance/\$18 at the door. FMI: 761-1757.

► **BelTek Arts & Music Festival**, Fri.-Sun., July 31-Aug. 2, Belmont Corner, Belmont. Festival begins Fri. at 6 p.m. and includes live electronic music by the Grand Wizzard, John B., DB and Dara, Reid Speed, Psylab and others, as well as fire-breathers, dancers, painters, sculptors, a graffiti art competition and video installations as well as vendors. Benefits Good

Shepherd Food Bank and WERU-FM. FMI: www.beltektfestival.com.

► **"Broadway Songs of Love and Romance,"** Fri.-Sun., July 31-Aug. 2, 7:30 p.m. Fri. & Sat., 3:30 p.m. Sun., Northport Music Theater, Rte. 1. Love songs from the golden age of musical theater, such as *Carousel*, *South Pacific* and *Oklahoma*, to name a few. \$25 eves./\$20 matinee. Reservations: 338-8383. Day-of-show seats available for \$12 between 9 a.m. and 2 p.m. FMI: 338-8383.

► **Best of Broadway**, Fri., July 31, 8 p.m., Opera House at Boothbay Harbor. Broadway's greatest musical moments and more, featuring talent from around the country. \$20. FMI: 633-5159.

► **Just Jazz**, Sat., Aug. 1, 8 p.m., Opera House at Boothbay Harbor. Performers include Horace Grosby and Bob Henschen, in addition to Sawyers Island summer resident Marie Bosarge. \$20. FMI: 633-5159.

► **DamBluesFest and PubCrawl**, Sat., Aug. 1, 1-6 p.m., Darrows Barn, Bus. Rte. 1, Damariscotta, and 8:30 p.m., various venues. A showcase of the bands and members of the Maine Blues Society. In the barn, performances by D. W. and the Blues Prophets, Gater Glenn of the Swampstones and Pam Baker and the S.G.s, followed by the 2009 International Blues Challenge winner J.P. Soars and the RedHots, from Florida. PubCrawl features bands at Newcastle Publick House, Damariscotta River Grill, Schooner Landing, King Eider's Pub, Zampa's Ristorante and other locations. \$10 in advance/\$15 at the barn/\$5 for PubCrawl. FMI: 841-1461.

► **William Pint and Felicia Dale in Concert**, Sun., Aug. 2, 7 p.m., Aarhus Gallery, 50 Main St., Belfast. Interpretations of music of the sea, traditional and contemporary, some performed on Dale's hurdy-gurdy. \$7 suggested donation. FMI: 338-0001.

► **Merryspring Kitchen Tour**, Wed., Aug. 5, 10 a.m.-4 p.m., Camden-Rockport-Lincolntonville. Tour features eight kitchens with cuisine by local chefs at each location. \$30/\$25 members in advance at Merryspring, Once a Tree, Party Fundamentals, Stonewall Kitchen and Surroundings, Camden; Market Basket, Rockport; Atlantic Baking Company, Rockland; Good Table, Belfast; and Well-Tempered Kitchen, Waldoboro. FMI: 236-2239.

► **"Washington: 40 Years of News," with Bob Schieffer**, Thurs., Aug. 6, 6 p.m., Strand Theatre, 345 Main St., Rockland. Bob Schieffer, chief Washington correspondent for CBSNews and moderator of "Face the Nation," will speak. His appearance will benefit the Knox Museum in Thomaston. \$35/\$25 museum members. Following the talk the museum is hosting a dinner at Camden National Bank. Tickets are \$500. FMI: 354-0858.

► **Paula Poundstone in Performance**, Fri., August 14, 8 p.m., Strand Theatre, 345 Main St., Rockland. Appearing on stage with a stool, a microphone, and a can of Diet Pepsi, Poundstone is famous for her razor-sharp wit and spontaneity. \$35 FMI: 594-0070 or visit www.rocklandstrand.com.

Children's & Teens' Events


THURSDAY, JULY 23:

► **"Project Wild" Animal ID Program**, 11 a.m. & 1 p.m., Swan Lake State Park. Children take part in games and hands-on activities involving animal identification. Program will be offered on Wed., Thurs. & Sun. throughout Aug. by reservation only. Park entrance fees are \$4/\$1 ages 5-11/ under 5, free. FMI: 525-4404.

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CALENDAR OF EVENTS

► **"Tumble n' Treat" Nutrition Program**, Thurs., July 23 & 30, 11 a.m., Rockland Library Children's Garden. Snacks for everyone plus nutrition and exercise information.

FRIDAY, JULY 24:

► **Friday Afternoon Craft Time**, Fridays, 2:30 p.m., Rockland Library Children's Room. Today: Dawn Korzenowski will lead in making "Hats with Attitude!"

SUNDAY, JULY 26:

► **Sea Chantey Workshop for Children**, 1:30 p.m., Coastal Children's Museum, Sharp's Point South, 75 Mechanic St., Rockland. \$3 per child. FMI: 975-2530.

MONDAY, JULY 27:

► **Free Screen Printing Workshops**, for ages 16 & 17, Mon.-Fri., July 27-31, 5-8 p.m.; for ages 13-15, Sat. & Sun., Aug. 1 & 2, 8 & 9, 1-3 p.m., Farnsworth Museum's Gamble Center, Union and Grace sts., Rockland. Free workshops with instructor Jason Engelhardt. Reservations required: 596-6457, ext.146.

► **Vacation Bible School**, Mon.-Fri., July 27-31, Peoples United Methodist Church, Union. Camp E.D.G.E.: Experience +Discover God Everywhere is an extreme-adventure camp taking kids on exciting Bible treks to experience and discover God everywhere. Begins July 27 at 5:30 p.m. with a light dinner. Camps run 6-8 p.m. To register, call 785-4114.

TUESDAY, JULY 28:

► **Lobster Science**, 6:30 p.m., Rockland Public Library. Children age six and up are invited to learn all about lobsters, meet a special guest and make a craft to take home. FMI: 594-0310.

► **Children's Drawing Workshops**, 4-5 p.m., Community Room, Rockland Public Library. Artist Catinka Knoth leads workshops every Tues. for ages 6 & up; under 10 should be accompanied by an adult. July theme is "Let's Draw Maine Memories of July." Drawing subjects will include Maine towns & buildings; Maine landscapes with lupine, beach roses &

poppies; marine mammals — harbor seals, whales and porpoises; and favorite Maine dogs & cats. Free; materials provided. FMI: 594-0310.

► **Chewonki Program with Live Animals**, 11 a.m., St. George Town Office, Rte. 131, Tenants Harbor. Jackson Memorial Library hosts a nature program for all ages. FMI: 372-8961.

► **Midcoast Music Together Free Demonstration Class**, 10-11 a.m., St. Thomas' Episcopal Church, 33 Chestnut St., Camden. Classes for infants, toddlers and preschoolers and their parents and caregivers. RSVP: 593-6645 or 763-3799.

WEDNESDAY, JULY 29:

► **Making of Fairy Houses**, 10-11:30 a.m., Ashwood Waldorf School, 180 Park St., Rockport. For children 3-6 years old and their parent. Create magical houses for the fairies in the forest behind the school. Along with the activity, share a snack, a simple circle or story activity and summer songs. FMI: 236-8021 or www.ashwoodwaldorf.org.

► **An Afternoon of Croquet and Ice Cream**, 1-3 p.m., Farnsworth Museum, Rockland. Historic sites curator Janice Kasper will lead students in an afternoon Victorian-life experience. Learn how children spent their leisure time during the Victorian era. Participants will tour the Farnsworth Homestead, make and eat homemade ice cream, learn the rules and play croquet, as well as other Victorian games. For ages 8-12. \$15/10 members. FMI: 596-5789.

THURSDAY, JULY 23:

► **Children's Poetry Workshop**, Jackson Memorial Library, 10 a.m., Rte. 131, Tenants Harbor. "Thunder, Flowers, Snakes and Moons: Emily Dickinson's World," a 90-minute poetry and art workshop led by Kimberley Cloutier Green. FMI: 372-8961.

COMING UP:

► **Summer Nature Camp at Coastal Maine Botanical Gardens**, Mon.-Fri., Aug. 3-7, Barters Island Rd., Boothbay. 9:30 a.m.-noon session for ages 5-8 and

1-3:30 p.m. for ages 9-12 feature educational activities and crafts, games, healthy snacks and story times, Native American culture and building fairy houses. \$150/\$100 members. FMI: 633-4333.

► **Chewonki Children's Programs in August**: Adventure Week, for ages 10-14, Mon.-Fri., Aug. 17-21, offers shoreside tents for sleeping and outdoor cooking and activities; North Woods Adventure, a five-day trip to Chewonki's Big Eddy Campground near Baxter State Park; or Saltwater Session for Girls, ages 8-11, with stays in shoreside cabins and sea kayaking. Renewable Energy Sail, Aug. 15-22, is for ages 13-15, and offers sailing, camping and making a solar cooker and personal photovoltaic module. FMI: 882-7323.

► **Northport Music Theater Musical Camp**, Mon.-Sat., Aug. 17-22, Rte. 1, Northport. Camp for ages 7-11 will feature a performance on Aug. 22 at 1 p.m. of *1001 Arabian Nights*. Tuition is \$250, with partial scholarships available. Admission to the performance is \$5/\$3.50 kids. FMI: info@northportmusictheater.com.

ONGOING:

► **Printmaking for Children**, Wed. and Fri., 9 a.m.-noon, Midcoast Printmakers, Roundtop Farm, Bus. Rte. 1, Damariscotta. Healthy snacks provided. Classes for ages 6 and up are \$25 per child or two children for \$40. FMI: 563-7100.

► **Herring Gut Learning Center Summer Programs**, Port Clyde. New this summer are activities for ages 11-13 including one-day kayak trips, an overnight trip to Burnt Island, a photography camp and more. One-day marine science camps for ages 5-10 run from 9 a.m.-3 p.m. For full schedule, visit www.herringgut.org or call 372-8677.

► **Splatter Kids**, Lincoln Street Center, Rockland, Tues., noon-2 p.m. and Fri., 9-11 a.m. through July and Aug. Splatter Kids will be closed July 21 & 24, Aug. 4, 7, 11 and 14. FMI: 975-3052 or e-mail splatterkids@hotmail.com.

(Continued on p. 39)



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BOATS FOR SALE

In a Nutshell – DC Battery Charging Systems

BY SCOTT ROCKNAK

Ah, the rain has stopped, it's a sunny July weekend and your batteries are low or flat. The boat has sat all rainy June and something happened between the launch and now. What's up with my system, you ask? Other than the bilge pump, what else is running?

In a nutshell here's what you're supposed to have. Engine turns alternator through a belt. Alternator spins and produces AC voltage. You have rectifiers in the alternator converting AC volts to DC volts. An internal (in alternator) or external regulator tells the alternator what the DC voltage should be. Regulators can be a simple one-stage such as producing 14.4 volts or more complex like a 3-stage charger that starts high and then goes lower as the battery reaches an absorb stage.

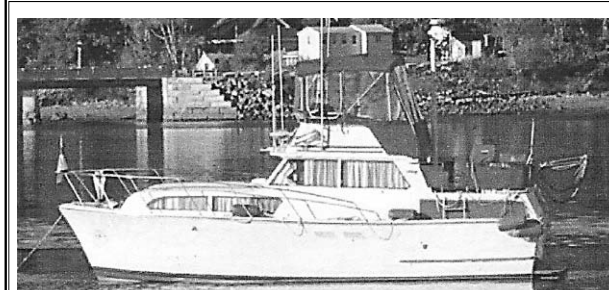
Your batteries, once charged, should hold 12.6 to 12.8 volts on their own for several days or even weeks providing no draw. If you see them lower than that they're not being charged, taking a charge, or holding charge. Be sure not to mix battery sizes, chemistry (lead/acid or gel) together, don't allow the lead plates to be exposed with no fluid. Remember 12.0 volts measured at the battery is considered flat. Charging systems will ruin batteries if undercharging or overcharging. Batteries last 3 to 5 years with simple systems. Check your DC volts at the battery when engine is on. It generally should be over 13.2 volts. Anything less, something with the above needs troubleshooting.

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DAVE Barry

The Party's Over, Toto

I used to be a party animal. If there was a party, I was there, and I did not leave until it was over. Even then, I did not always leave. Sometimes the people who threw the party, if they wanted to get rid of me, had to move.

And these were not sedate parties. These were parties where naked swimming was as common as onion dip. I recall one very cold New Year's Eve in New York City when a group of us decided around 1 a.m. that it would be a great idea to go to Jones Beach and swim in the Atlantic Ocean, which for your information is not heated. The water was so cold that the fish had crawled onto shore and built little driftwood bonfires, but we charged right into the surf and frolicked until we had the same internal temperature as an Eskimo Pie. If we had drifted into the path of an ocean liner, our bodies would have punctured the hull and sunk it. That is the kind of party animals we were.

I was thinking about this recently at a party. Like most of the parties I attend these days, this one was to celebrate the birthday of a person who is younger than my current set of contact lenses. There is no nudity at these parties, except when a guest removes all of his or her garments, including diaper, and sprints around squealing, pursued by a parent terrified that the child is about to make peep on the carpet of semi-complete strangers.

So there I was, holding a balloon puppy that had been made for my daughter by the party clown. (All children's birthday parties are now required, under federal law, to have a clown. If you don't have one, armed agents of the U.S. Department of Child Whimsy will come to your home and forcibly paint your face.) I was talking with my wife and another mom, who told us she had started buying her groceries via the Internet.

You can do this where we live: You go on the Internet and select the groceries you want, and they are delivered to your house. If you have a chair with wheels, you can just roll from your computer to your front door, let the delivery people in, then roll back to your computer, without ever standing up. We live in wonderful times.

Anyway, this mom was telling us about ordering her groceries online, and some other moms, overhearing this, hurried over. I will not lie to you: We were all very excited. When the online mom told us that you could even specify, online, whether you wanted your bananas ripe or unripe, there were audible gasps. I made a gesture of amazement with my daughter's balloon.

That was when a chilling thought flashed across my mind: What has happened to me? How did I — a person who once made the front page of the newspaper in Armonk, New York, because, of all the lawns I could have chosen to lie down and fall asleep on, I chose the lawn belonging to the chief of police — how did I turn into a person enthusiastically thrusting a balloon puppy in reaction to the news that I had an online banana-ripeness option? Is my life really this dull now? Have I turned into a pathetic old person like Keith Richards? Wouldn't Thrusting Balloon Puppies be a good name for a rock band?

Do you want more proof of how dull my life has become? Do you want to know how I spend my leisure time? No? Too bad. I spend my leisure time watching "The Wizard of Oz" on DVD. My daughter, who is 2-1/2, is obsessed with it. I have watched it more than 100 times. I find myself thinking about it a LOT. I have concluded — and I realize this view will be unpopular — that the REAL reason why Glinda, the so-called "good" witch, does not tell Dorothy right away about the power of the ruby slippers is that Glinda secretly hates Dorothy, because Dorothy gets all the big song-and-dance numbers, whereas Glinda is virtually immobilized inside a giant pink dress that makes her hips appear to be the size of a 1968 Buick Riviera.

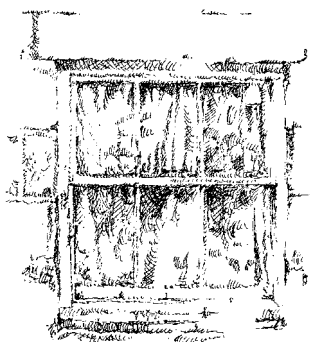
Yes, this is how I, Former Party Dude, am currently spending my leisure time. At night, when I'm trying to sleep, I hear Munchkins shrieking in my head, especially the Coroner of Munchkinland, reporting the medical findings of his autopsy on the Wicked Witch of the East.

"She's not only merely dead!" he sings. "She's really most sincerely dead!"

I know how she feels.

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This classic Dave Barry column was originally published on September 29, 2002.



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New on DVD & Blu-ray

Just Released 7/21 —

CORALINE PG/Animated/Dir: Henry Selick (Dakota Fanning, Teri Hatcher, John Hodgman) Bored and lonely, young Coraline finds a portal to an alternate universe where she becomes the apple of her parents' black-button eyes as they race to fulfill her every wish. But to stay in this happy place permanently Coraline must trade her own eyes for a pair of the shiny black buttons. When she refuses, her other mother and father show themselves for the monstrous tricksters they are. Suddenly, Coraline has newfound appreciation for her secure, if routine, home life — if only she can escape her fake parents to find her way back.

Recent Releases —

BOLT PG/Comedy/Dir: Byron Howard, Chris Williams (John Travolta, Miley Cyrus, Susie Essman, Mark Walton) Travolta voices Bolt, a celebrity dog from a hit TV show that stars as a superhero. After he's accidentally shipped to the East Coast, Bolt is surprised to find his superpowers no longer function. Believing his owner, Penny (Cyrus), is being held captive in Hollywood, Bolt relies on his natural canine abilities, and help from his newfound buddies, to get back home to save Penny.

KNOWING PG-13/Sci-Fi/Dir: Alex Proyas (Nicolas Cage, Rose Byrne, Ben Mendelsohn, Terry Camilleri) Cage appears as a professor who comes into possession of a paper containing a mysterious number series. After studying the numbers more closely, the professor discovers they correctly predict the time and coordinates of various impending disasters. When officials refuse to listen, the professor searches for the paper's author, and a means to warn those in danger.

MADEA GOES TO JAIL PG-13/Comedy/Dir: Tyler Perry (Tyler Perry, Derek Luke, Keshia Knight Pulliam, David Mann, Tamela Mann, Ronreaco Lee) Reprising Madea, his granny-with-attitude alter ego, Tyler Perry gets down and funky when anger issues land Madea in the clink. Once inside, Madea handily puts the jail's toughest chick in her place and helps her jail-mate, Candy, learn there's more to life than getting paid for sex. Derek Luke appears as an assistant DA confronted with his past misdeeds when an old friend shows up.

THE PINK PANTHER 2 PG/Comedy/Dir: Harald Zwart (Steve Martin, Jean Reno, Alfred Molina, Emily Mortimer) Having been demoted to meter maid, Clouseau is given the opportunity to redeem himself and his inspector status when the fabulous Pink Panther Diamond and other famous European artifacts are stolen.

PUSH PG-13/Sci-Fi/Dir: Paul McGuigan (Chris Evans, Dakota Fanning, Camilla Belle, Djimon Hounsou) A science fiction-actioner about three teens bred for their special abilities. Cassie, a 13-year-old clairvoyant "watcher," is hiding out in Hong Kong when she joins forces with telekinetic "mover" Nick, to locate Kira, a "pusher" capable of mind control. Having recently escaped from a government agency known simply as "Division," Kira is pursued by Henry Carver, a super "pusher" with a fleet of disposable henchmen under his command.

TWO LOVERS R/Drama/Dir: James Gray (Joaquin Phoenix, Gwyneth Paltrow, Vinessa Shaw, Moni Moshinov, Isabella Rossellini) Set in the insular world of Brighton Beach, Brooklyn, "Two Lovers" is a classic romantic drama. Leonard is a charismatic but troubled young man who moves back into his childhood home following a breakup. While recovering under the watchful eye of his parents, he meets two women in quick succession: Michelle, a mysterious and beautiful neighbor who is out of place in Leonard's staid world, and Sandra, the caring daughter of a businessman who is buying out his family's dry-cleaning business. Leonard is forced to make an impossible decision — between the impetuosity of desire and the comfort of love — or risk falling back into the darkness that nearly killed him.

In Our Theaters

mostly by Lisa Miller Week of July 17 — July 23
Short descriptions of movies that are playing locally

BRUNO R/Comedy/Dir: Larry Charles (Sacha Baron Cohen, Richard Bey, Ron Paul, Paula Abdul, Domiziano Arcangeli, Emerson Brooks, Alice Evans, Gustaf Hammarsten) Cohen plays Bruno, a gay Austrian fashionista spending his exile in Hollywood — his lovelorn assistant Lutz in tow — seeking stardom.

CHÉRI R/Drama/Dir: Stephen Frears (Michelle Pfeiffer, Kathy Bates, Rupert Friend, Felicity Jones) An adaptation of a 1920s novel by French author Colette. Set in Paris in the years before World War I, "Chéri" paints a picture of the romance between young Chéri and retired courtesan Léa. Chéri's mother, a rival of Léa, plots to separate the pair by arranging a marriage between her son and Edmée.

G-FORCE PG/Family/Dir: Hoyt Yeatman (Will Arnett, Penelope Cruz, Zach Galifianakis, Nicolas Cage, Sam Rockwell, Tracy Morgan) A film centered around a team of biologically engineered, brainiac guinea pigs trained in espionage. Tapped by the U.S. government to stop a diabolical billionaire from taking over the world, the rodents are outfitted with tiny high-tech gear. Team members include squad leader Darwin, weapons expert Blaster, and sexy martial arts master Juarez. The team's reconnaissance expert is a housefly, and for the dirtiest jobs they've recruited Speckles, a star-nosed mole.

THE HANGOVER R/Comedy/Dir: Todd Phillips (Zach Galifianakis, Bradley Cooper, Justin Bartha, Heather Graham) Phil, Stu and Alan take their buddy to Vegas for a bachelor party blowout that quickly spins out of control. The following morning, Phil, Stu and Alan awaken in a luxury suite where they've somehow acquired both a human baby and a full-grown tiger. Though questions abound, the trio's biggest problem is that they've misplaced the groom.

HARRY POTTER AND THE HALF-BLOOD PRINCE PG/Fantasy/Dir: David Yates (Daniel Radcliffe, Emma Watson, Rupert Grint, Michael Gambon, Tom Felton, Jim Broadbent, Alan Rickman, David Bradley, Robbie Coltrane, Helena Bonham Carter, Maggie Smith) In chapter six the dark forces are gathering to attack the nonwizards muggle world. Professor Dumbledore spirits Harry off to pick professor Horace Slughorn's mind for Voldemort's secrets. As Harry, Ron and Hermione are distracted by their romantic attractions and misfires, Voldemort grows stronger, recruiting Harry's longtime nemesis Draco Malfoy for a covert mission. Professor Severus Snape appears to have chosen the other side and everyone is gearing up for a confrontation of grave proportions.

ICE AGE: DAWN OF THE DINOSAURS PG/Animated Comedy/Dir: Carlos Saldanha (Ray Romano, John Leguizamo, Denis Leary, Simon Pegg, Queen Latifah, Seann William Scott, Josh Peck, Simon Pegg, Chris Wedge) Prehistoric mammals and dinosaurs collide when Sid the sloth, Diego the saber-toothed lion, Scrat the squirrel and woolly mammoth couple Manny and Ellie become trapped in an underground Jurassic world.

I LOVE YOU, BETH COOPER PG-13/Comedy/Dir: Chris Columbus (Hayden Panettiere, Paul Rust, Jack T. Carpenter, Lauren London, Alan Ruck, Cynthia Stevenson) After nerdy valedictorian high school senior Denis proclaims his crush on popular girl Beth Cooper during his commencement speech, the teen queen amuses herself by introducing Denis and his geeky friends to her wild-child party scene.

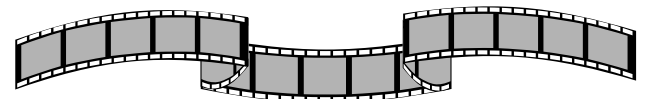
ORPHAN R/Horror/Dir: Jaume Collet-Serra (Vera Farmiga, Peter Sarsgaard, Isabelle Fuhrman, CCH Pounder, Jimmy Bennett) John & Kate Plus Orphan? No, it isn't the latest reality TV show, but rather it's the latest demonic-kid horror with unfortunately named leads. Devastated after losing her unborn child, Kate wants something good to come out of their loss. She and husband John visit an orphanage where they are drawn to precocious 9-year-old Esther. But, after bringing Esther home, things go terribly wrong for the family and their friends. Kate soon discovers Esther isn't the sweet child she appears to be.

THE PROPOSAL PG-13/Comedy/Dir: Anne Fletcher (Sandra Bullock, Ryan Reynolds, Mary Steenburgen, Craig T. Nelson, Betty White) Bullock appears as cutthroat New York City book editor Margaret Tate. Facing deportation to Canada, Margaret conspires to marry her young assistant Andrew, whom she knows nothing about.

PUBLIC ENEMIES R/Drama/Dir: Michael Mann (Johnny Depp, Christian Bale, Marion Cotillard, Jason Clarke, Rory Cochrane, Billy Crudup, Stephen Dorff) Virtuoso style and cinematic bravado flesh out the retelling of John Dillinger's saga. After escaping from prison in 1933, Dillinger goes on a bank-robbing spree that gains him public admiration in an era of failing banks and first place on J. Edgar Hoover's Public Enemies list. Dillinger breaks his own rules when he woos and wins the heart of coat-check girl Billie Frechette. Knowing their romance cannot last, the pair make every moment count. Hot on their trail is FBI agent Melvin Purvis, ready to bring Dillinger down by any means necessary.

TRANSFORMERS: REVENGE OF THE FALLEN PG-13/Action/Dir: Michael Bay (Megan Fox, Shia LaBeouf, Isabel Lucas, Josh Duhamel) Decepticon forces return to Earth on a mission to take Sam Witwicky prisoner, after the young hero learns the truth about the ancient origins of the Transformers. Joining the mission to protect humankind is Optimus Prime.

THE UGLY TRUTH R/Comedy/Dir: Robert Luketic (Gerard Butler, Katherine Heigl, Cheryl Hines, Bonnie Somerville, Bree Turner, Vicki Lewis) When Abby, a Sacramento morning show producer, is forced to work with Mike, the station's popular but offensive late-night love-coach emotional daggers fly. Then Mike presents Abby with a challenge. If she follows Mike's advice to a tee, and still can't win the heart of her handsome doctor neighbor, Mike pledges to quit TV for good. Abby eagerly accepts, then is shocked to find Mike's advice has merit.



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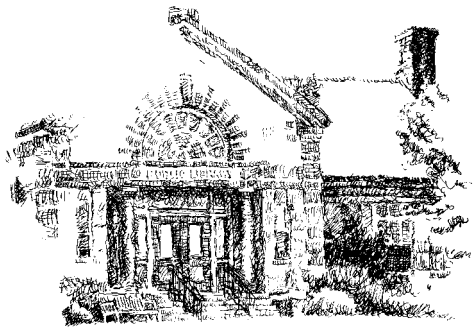
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WEDNESDAY, JULY 29:

► **Rockland Art Mart**, 10 a.m.-2 p.m., parking lot of Scuttlebutt Antiques, Rte. 1, Warren. The Art Mart relocates July 29 and Aug. 5 while the Lobster Festival and Maine Boats & Harbor's show take over Harbor Park, returning to Rockland Aug. 12. FMI: 832-7490.

► **Book Signing by Barbara Ernst Prey**, noon-2 p.m., Maine Coast Book Shop, 158 Main St., Damariscotta. Prey will sign copies of her latest book, *Nocturnes: Meditations on the Environment*.

THURSDAY, JULY 30:

► **“Form and Function,”** opening reception 5-7 p.m., Maine Art Gallery, Warren St., Wiscasset. Exhibit of 126 artists' creative interpretation of this theme.

COMING UP:

► **Flower & Garden Photography Workshop**, Sat., Aug. 1, 10 a.m.-noon, Morris Farm, Rte. 27 N., Wiscasset. Sarah Sutter leads a class that covers the basic functions and menus of a digital camera and then moves outside to put the tips into practice. \$25/\$15 farm members. FMI: 882-4080.

► **Call for Submissions**, Center for Furniture Craftmanship is accepting entries for “Maine Wood 2010,” a juried exhibit of contemporary Maine Woodworking. Submission deadline is Aug. 7. FMI: www.woodschooll.org/gallery.

ONGOING:

► **Farnsworth Museum, Rockland: “Robert Indiana and the Star of Hope,”** exhibit drawn from the artist's holdings at his home and studio, the Star of Hope Oddfellows Lodge on Vinalhaven. Through Oct. 25. **“A Tribute to Andrew Wyeth,”** Through Oct. 18. **“Seven Deadly Sins,”** an exhibition of works by Jamie Wyeth. Through Aug. 30. **“Achieving American Art: American Art Between the Wars,”** show of 75 paintings and prints done by artists working in Maine between the 1890s and mid-1940s. Through Jan. 24. **“Louise Nevelson,”** Through Jan. 4. **“N.C. Wyeth: Painter and Illustrator,”** Through Nov. 15.

► **“A Painter's Paradise: Monhegan's 19th-Century Artists,”** Monhegan Museum. Oils, watercolors and drawings of the island, including those by Aaron Draper Shattuck and Alfred Thompson Bricher of the Hudson River School, American pre-Raphaelite William Trost Richards, S. P. Rolt Triscott, and Mary King Longfellow, the poet's niece and earliest known woman to paint on Monhegan, among others. Through Sept. 30.

► **“John Urbain, Selections,”** Gallery 170, at the yellow church, 123 Borland Hill Rd., Damariscotta Mills. Through Aug. 16.

► **Works by Connie Hayes and William Lasansky**, New Era Gallery, Vinalhaven. Through Aug. 12.

► **“A Farmer's Point of View,”** Maine Farmland Trust Gallery, 97 Main St., Belfast. Pastels by Kathy Perelka and altered photographs by Laurie Lofman Belmore. Through Sept. 1.

► **“Motion,”** Garage Gallery, Eastern Tire Service, 70 Park St., Rockland. An exhibit showing motion, commotion and/or emotion, by the Lively Ladies and Shevis. Through mid-Oct.

► **Off the Beaten Path Gallery**, 17 Main St., Belfast. Works by Katie J. Wadsworth, John Squadra, Colleen Boyle, Betsy Headley, Anna Peabody, Carol Gater and Seth Whited.

► **“Boats & Harbors,”** Firehouse Gallery, One Bristol Rd., Damariscotta. New works by Tom Curry, Martha Baum, William Irvine, Henry Isaacs, Kate Winn and Allen Wynn. Through Aug. 8.

► **Jonathan Frost Gallery**, 21 Winter St., Rockland. “Tillman Crane: Odin Stone” features photographs taken in the Orkney Islands. Through Aug. 15.

► **Mulford Gallery**, 313 Main St., Rockland. “Out Loud” features works by Belfast artist Harold Garde.

► **Dowling Walsh Gallery**, 357 Main St., Rockland. Polaroids and floral photographs by Joyce Tenneson and “The Art of Monhegan,” work by classic and contemporary Monhegan painters.

► **Art Space Gallery**, 342 Main St., Rockland. Gallery with 15 artists. Featured artists this month are Len Clarke, Anne Cronin and Sandra Dunn.

► **Lynn Snow Watercolors**, 369 Main St., Rockland. Collector's edition giclee prints, “May in Maine: A Wedding of Lilacs and Irises.”

► **Domestic Blend Fine Art Gallery**, 405 Main St., Rockland. Works by Cheryl Blyadon.

► **Roulette Gallery**, 340 Main St., Rockland, upstairs. Works by Santa Fe artist Edward Goss. Through Aug. 14.

► **Caldbeck Gallery**, 12 Elm St., Rockland. Four new solo shows by Sam Cady, Fred Kellogg, Dan West and Barbara Sullivan. Through Aug. 8.

► **Works by Art Recycler Dale Dapkins**, Lincoln Street Center, Rockland. Through Aug. 1.

► **“Portrait of an Era: Charles Dana Gibson, the Vision, Satire, Wit and Exquisite Line of an Artist from Islesboro Township, Maine, 1903-1944,”** Sat-Wed., 12:30-4:30 p.m., Islesboro Historical Society. Through Sept. 7.

► **“The Next Step,”** Workshops Gallery, Union Hall, 2 Central St., Rockport. Photographs by alumni of workshops given by photographer John Paul Caponigro. Through July 30.

► **Photographs by Liv Kristin Robinson**, Kramer Gallery, Belfast Library. Through July.

► **Hand-cut Collages by Lola Tang**, Lincoln Street Center Gallery, Rockland. Buddha-oriented collages. Through Aug. 1.

► **“North Country and Inner Lands,”** Downtown Gallery, Rte. 220, Washington village. Show of works by Priscilla Cross and Joan Freiman, with drawings by visiting artist Lois Hill. Through Aug. 2.

► **“Down to the Port: The Caldbeck Gallery Goes to Port Clyde,”** Ocean House Gallery at Rose Cottage, Rte. 131. Works by Sam Cady, David Dewey, Nancy Glassman, Janice Kasper, William Thon, Nancy Wissemann-Widrig and others. Through Aug. 6.

► **“Frances Wells: Maine Marshes and Shorelines,”** The Drawing Room, Rte. 131, St. George. Oil on panel paintings. Through July 31.

► **Paintings by Pam Cabanas**, Port Clyde Art Gallery. Through July 27.

► **High Street Gallery**, 149 High St., Belfast. Featuring new artists Sheep Jones and Julie Cyr.

► **“Desire Lines,”** Clifford Gallery, Waterfall Arts, 256 High St., Belfast. Paintings and photographs by Nancy Manter, including a collaborative piece made during this summer's residency.

► **“Castine and Watery Places,”** Belfast Framer & Gallery, 96 Main St. Oils by Peg Worth. Through July 31.

► **“Narratives,”** Camden Library. Works by Albie Davis of Thomaston and Nancy Benner of Owls Head. Through July 20.

► **“The World of Color,”** Maine Art Gallery, Warren St., Wiscasset. Through July 26.

► **New Work by Faculty**, Messler Gallery, Center for Furniture Craftmanship, Route 90 and Mill St., Rockport. An exhibition of fine furniture and sculpture. Through Sept. 4.

► **“Catching the Light: The Frenchboro Paintings,”** Archipelago Fine Arts, 386 Main St., Rockland. Works by Daud Akhriev. Through Sept. 20.

► **Oil Paintings by Eric Michelsen**, Oyster House Studio & Frame Shop, Friendship St., Waldoboro. Paintings of the Maine coast and the Southwest. Through July 31.

► **“A Botanical Collection,”** Tidemark Gallery, 902 Main St., Waldoboro. Works by eight botanical artists. Through July 25.

► **“You Know What I'm Saying?,”** Julia's Gallery, Union & Elm sts., Rockland. Summer teen art show exploring personal and community identity through painting, sculpture and photography. Through Aug. 31.

► **Graphite Drawings of the Maine Coast by Susan A. Cooney**, on display through July at Belfast branch of Camden National Bank.

► **Bowdoin College Museum of Art**, Brunswick. In the Focus Gallery, June 9-Oct. 4. **“Winslow Homer: At the Water's Edge,”** an exhibition of Homer's exploration of female character and its relationship to water. In the Becker Gallery, through Aug. 30. **“Selected Paintings by Barbara Cooney,”** original paintings that illustrated the pages of Cooney's Maine trilogy: *Miss Rumphius*, *Island Boy* and *Hattie and the Wild Waves*.

► **Center for Maine Contemporary Art**, 162 Russell Ave., Rockport. **“Brenda Bettinson: Arcadia and Archetype,”** Through Sept. 12. FMI: 236-2875.

► **Portland Museum of Art**, Seven Congress Sq. **“Call of the Coast: Art Colonies of New England,”** Exhibit chronicles the development of impressionist Connecticut and modernist Maine with 74 pieces from PMA and the Florence Griswold Museum, Old Lyme, CT. Through Oct. 12. **“For My Best Beloved Sister Mia: An Album of Photographs by Julia Margaret Cameron,”** Family portraits and allegorical works, as well as images of some of the most celebrated figures of Victorian England. Through Oct. 4. **“Joyce Tenneson: Polaroid Portraits,”** Exhibit features 28 works recently included in a monograph, “Joyce Tenneson, A Life in Photography, 1978-2008.” Through Oct. 4.

(Continued on p. 42)

July 29-August 2

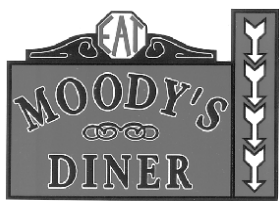
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EVENTS

Free Admission Wednesday!
Coronation of Sea Goddess Wednesday 8 pm
Children's Parade Friday 10 am
Lobster by the Sea Daily
Giant Parade Saturday 10 am
10K Road Race Sunday 8:30 am
William Atwood International Crate Race Sunday 2 pm

ENTERTAINMENT

Thursday Night 8 pm—ERIC CHURCH W/ SPECIAL GUEST DON CAMPBELL BAND
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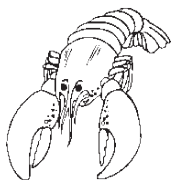
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- 6:30 REGISTRATION FOR THE 16th ANNUAL ROAD RACES - Advent Christian Church. Contact Brenda Baird, 832-5168.
- 7:00 "SHORT HAUL" - Family Fun Run and Walk for kids up to 8th grade & their parents - one mile. Entry fee \$1 donation.
- 7-9:00 7th ANNUAL FRIENDSHIP PANCAKE BREAKFAST - Advent Christian Church. Benefit Mission fund and ambulance service FMI: Tim, 832-5041
- 7:30 "LONG HAUL" - 5K (3.1 mile) Foot Race/Walk. Open to all ages (7 classes). Entry fee donation \$10 without T-shirt & \$20 with T-shirt.
- 8:00 LOBSTER BOAT RACE REGISTRATION - Registration float open in the main harbor.
- 8:30 FRIENDSHIP ADULT SOFTBALL TOURNAMENT - Friendship Rec. Field (If dry). Contact Dwayne Neubig, 832-4298
- 8:30-3:00 CRAFT SALE - Fire Station and in front of Hahn Center.
- 8:30 FOOD/BAKE SALE - Fire Station. All food donations welcome by 8:00 am. FMI - Kathie Homon, 354-0409
- 8:30-9:30 "SWEET MEDICINE" by THE ROLLING STOCK - A special performance in front of the Hahn Community Center
- 9-11:00 THE LOBSTER CONSERVANCY - Near corner of Main Street and Rt. 220. Marine Touch Tank 9 am - 11:00 pm.
- 10:00 TOWN PARADE - "Music, Music, Music" Grand Marshal is Eldon Downing, our musical director. Assemble before 9:30 am on Tamarack Rd. FMI: Wanda Benner, 832-7207.
- 10:30 JUMPING TENTS, BUBBLE POOL FUN, SIDEWALK CHALK COLORING, KIM'S FACE PAINTING, STICKERS, LOTS OF GAMES, TOYS, BOOKS. - Children's Area beside Hahn Community Center
- 11:00 11th ANNUAL LOBSTER BOAT RACES - Like to help us on race day, contact Wesley Lash, 832-4587.
- 11:00 FRIENDSHIP TOWN OFFICE - Bus Shuttle to harbor for the Boat Races.
- 11-1:00 "THE GREAT STEPHAN" - Strolling Magical Mysteries, Illusions, Sleight of Hand & Close-up Magic. **Watch for him!**
- 11:00 LUNCH & SNACKS - Big Bob's Big Dawgs, 4M-Productions, Wallace's Market, and Project Graduation Class of 2010 concession stand. The Friendship Scoop open at 3:00 pm. Flipper's Market opens at 8 am.
- FRIENDSHIP FIRE DEPT Famous LOBSTER ROLLS. Benefit Fire Dept & Ambulance. FMI: Philip Bramhall, 832-4212
- 11-2:00 FRIENDSHIP METHODIST CHURCH-ART/PHOTO/SCULPTURES SALE & LOGGING TRAIN DISPLAY! FMI: Linda Derosa, 790-2008.
- 11:30-2:30 DORY PHOTOS- Have your photo taken free on a special Friendship Dory - Friendship Town Office parking lot. FMI: Margaret Gagnon, 832-4852.
- 11:00 MIDCOAST COMMUNITY BAND - Outside the Hahn Community Center. Bring your lawn chairs or blankets
- 11:30-2:30 ST GEORGES HORSE CARRIAGE - Free rides -Front of the Hahn Center and Friendship Village School
- 12:00 DIANE COWAN - of the Lobster Conservancy presentation on "Lobsters" - Children's Area beside Hahn Center
- 1:00 KAT & JIM LONEY- Folk/blues music.
- 1-2:00 CHILDREN'S FIELD EVENTS - Friendship Village School ball field (If dry): races, relays, egg toss, old-fashioned games- FMI- Stacy Simmons, 354-0901
- 1-4:00 THE FRIENDSHIP MUSEUM - Corner of Martin's Point Road & Rt. 220. Open House Merchandise available: mugs, latest CD from the Friendship Village School 6th Grade Finding Friendship oral history project on "Friendship Artists". FMI and to pre-order CD's contact Margaret Gagnon, 832-4852.
- 2:30 AUCTION - Hahn Community Center- **Bill Michaud**- Paintings, woodcrafts, pottery, gift certificates, buoys, furniture, antiques, etc.
- 2:30 CHILDREN WHIFFLE BALL GAME-Friendship Village School ballfield (If dry). Ages 5-12yrs. FMI: Wesley Lash Jr., 542-4405
- 5:00 CHICKEN BBQ DINNER - Please pick up pre-order tickets from Susie Simmons, 354-2105, Betsy White, 832-4810 or at 21 Main Street. Benefits Friendship Is Here Scholarship Fund.
- 5:00 "A WORK IN PROGRESS" - Musical entertainment by **Wesley & Steven Ehle & Luke Murphy**. Outside of the Hahn Community Center.
- 6:00 STAN-THE MUSIC MAN- "Karaoke Show" outside the Hahn Center.
- 9:00 FIREWORKS - 3rd Time! Friendship Harbor. Rain date Sunday.

SUNDAY, JULY 26, 2009

- 10:00 OPEN COMMUNITY CHURCH SERVICE, MUSICAL ENTERTAINMENT and FAMILY PICNIC- Hahn Community Center. Everybody invited. Please bring your own picnic lunch and lawn chair.

VOLUNTEERS ARE WELCOME!

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CALENDAR OF EVENTS

(Continued from p. 40)

Miscellaneous

THURSDAY, JULY 23:

► **Lecture on "From 'Good Creature' to 'Demon Rum,'" 7 p.m.,** UMaine Hutchinson, Belfast. Lecture by Prof. James Kirby Martin, University of Houston. \$20/\$15 Knox Museum members. FMI: 354-0858.

► **Woodlot Management Tour,** 9 a.m.-noon, meet at Robbins Lumber, Searsmont, to carpool to woodlot. Call Georges River Land Trust by July 21 to register and for directions: 594-5166.

► **"Preserving the Harvest" Workshop,** Thurs., July 23, 9 a.m.-noon; Aug. 20, noon-3 p.m. and 5-9 p.m., UMaine Extension, 992 Waterville Rd., Waldo. Learn methods for preserving foods, recipes and how to check jar seals. \$10. FMI: 1-800-287-1426.

► **Rockland for Jesus Tent Meeting,** Thurs. & Fri., July 23 & 24, 7 p.m., singing and preaching, Sat., July 25, 1 p.m., kids' crusade, Sharps Point South, Mechanic St., Rockland. FMI: 594-2287.

► **Jackson Memorial Library Annual Meeting,** 6 p.m., Tenants Harbor. Public invited.

FRIDAY, JULY 24:

► **Herring Gut Fish & Pasta Supper,** 4:30-6:30 p.m., Oceanview Grange, Rte. 131, Martinsville. A supper to benefit Herring Gut Learning Center will feature fresh tilapia and herbs grown as part of the center's hands-on science programs. Menu will include a fish and pasta dish, pasta-only dishes, pasta with red sauce, salad, rolls, beverages and desserts. \$8/\$5 ages 5-12/4 and under, free.

► **Open House at Lie-Nielsen Toolworks,** Fri., July 24, noon-6 p.m. and Sat., July 25, 10 a.m.-5 p.m., Rte. 1, Warren. Meet toolmakers, tour the shop, use hand tools and learn techniques for working with them. Free. FMI: 1-800-327-2520.

► **Penobscot Bay Day at Marine Museum,** Penobscot Marine Museum, Searsport. "Gone Fishing: Maine's Sea Fisheries" opens in the museum's Old Town Hall, an exhibit by marine artist Loretta Krupinski opens in the Main Street Gallery, and master canoe builder Steve Cayard demonstrates building of a birch bark canoe in the Fowler Boat Barn. FMI: www.penobscotmarinemuseum.org.

► **Knox County Republicans Summer Sunset Cruise,** 6:30-8:30 p.m., Port Clyde. \$30. Rain date is Sat., July 25. FMI: 372-8219.

► **Hobbit House Workshops,** Fri.-Sun., July 24-26, Newforest Institute, Brooks. Design, model-building, materials, solar gain and heating options will be covered in a workshop on building a low-cost home from locally found materials, led by Charles Yelton. Registration required: 722-3625 or charles@newforestinstitute.org.

► **"Philosophy at the Edge,"** 9 a.m.-4 p.m., St. Thomas' Episcopal Church Hall, Chestnut St., Camden. Three speakers: Michael Grondin on "Compassion in Medicine: What Is It and Can It Be Cultivated?"; Greg Fahy, UMaine Augusta professor, on "Ethics and the New Eugenics: Evaluating Our Autonomy-based Public Policy"; and Michael Howard, UMaine Orono, on "Environmental Justice: Sharing the Burdens of Climate Change." \$15. Register at www.philosophyedge.com.

► **Belfast Garden Club Open Garden,** 10 a.m.-5 p.m. Two properties — one a condo, the other with gardens dating back 60 years — connected by a shade garden are on tour when Andrea Whyte and Joan Bennet open their adjoining gardens at 29 and 37 Bridge St., Belfast. They will be serving mint tea and homemade cookies, and at noon and 4 p.m. neighbor Karin Spitfire will read her poetry. For a list of all tours, visit www.belfastgardenclub.org. Brochures and maps showing garden locations available at Post Office Square inside the decorative birdhouse. \$3 donation.

► **Talk by Linda Tatelbaum,** 7 p.m., Gibbs Library, 40 Old Union Rd., Washington. Tatelbaum will talk about living sustainably and her new book *Woman Who Speaks Tree; Confessions of a Tree Hugger*. Free. FMI: 845-2663 or gibbslibrary.org.

► **Festival Day at Belfast Farmers' Market,** 9 a.m.-1 p.m. The market moves uptown for a monthly street festival on Upper Main. Visitors can enjoy a performance by the Rusty Hinges.

► **"Reiki 1: First Degree Reiki Practitioner,"** 9 a.m.-5 p.m., Lily Pond House, 120 Union St., Rockport. Tami Rogers returns with a one-day intensive that includes the history of reiki and where it originated; hand positions and placement for yourself and others; the power of prayer and intuitive guidance using the Three Pillars; breathing techniques to strengthen your light; techniques to cleanse and clear your energy field, and more. \$150, includes lunch and the course manual. To register, call 236-2112 or e-mail reservations@totalhealthalliance.net.

► **Program on Signing with Infants,** 10:30 a.m., Vose Library, Union. American Sign Language instructor Leann Sebrey of Union will discuss her book *The Parent's Guide to Baby Signs*. FMI: 785-4733.

SATURDAY, JULY 25:

► **Fly a Kite at Castle Tucker,** 11 a.m.-3 p.m., Castle Tucker, Wiscasset. Tony Heeschen and the Nor' Easters Kite Club will be on hand to offer tips. \$5/\$2 children/free for members of Historic New England. Admission includes a tour of the 1807 Regency-style mansion. FMI: www.historicnewengland.org.

► **Greyhound Adoption Clinic,** 11 a.m.-2 p.m., The Animal House, 372 Main St., Damariscotta. Maine Greyhound Placement Service will be present with greyhounds and there will also be a demonstration by natural food and treat company Stella & Chewy's from 10 a.m.-3 p.m. FMI: 563-5595.

► **"The Age of Pirates,"** 1 & 3 p.m., Colonial Pemaquid, New Harbor. Living history presenter and local author James Nelson recreates the infamous pirate Dixie Bull. Donations welcome. Rain date is Sunday. FMI: 677-2423.

► **Benefit Lobster Dinner,** 5-6:30 p.m., Edgcomb Congregational Church, Cross Pt. Rd. Lobster, corn, baked beans, salads, blueberry cake, chips and a beverage. Benefits church repair fund. Barbecued chicken also available. \$16/\$6 chicken/\$3 kids' meal/three and under, free. Reservations recommended: 882-4060 or 563-5236.

► **Tick and Pick at Hidden Valley,** meet at Hidden Valley Nature Center gate on Egypt Rd. in Jefferson at 4 p.m. for a walk to the yurt, where Dr. Karyn Townsend will talk about the life and times of the tick, followed by Dr. Dan Townsend entertaining with folk songs on his guitar. \$5 suggested donation/members free. For reservations, call 586-6752.

► **Workshop on Neo-Shamanic Energetics,** 1-5 p.m., Lily Pond House, 120 Union St., Rockport. Marc Felix, Ph.D., will give a workshop on a new paradigm that combines elements of ancient shamanism, archetypal psychology and contemporary quantum theory. \$55. FMI: 236-2112 or reservations@totalhealthalliance.org.

► **Benefit Breakfasts for Richard Haskell,** Sat., 7:30-9:30 a.m. through Aug. 29, People's United Methodist Church, So. Thomaston. \$6/\$3 children/under 6, free.

► **Lobster Ride & Roll,** 7 a.m. registration, Rockland High School. Bike rides of 16, 30, 50 or 100 miles with lobster roll lunch afterwards. \$85/\$20 discount for Bicycle Coalition of Maine members/\$25 ages 12-17/under 12, free. FMI: 623-4511 or www.bikemaine.org.

► **Maine Company "B" Civil War Re-enactors and Bucksport Bay Festival,** Sat. & Sun., July 25 & 26, 10 a.m.-4 p.m., Fort Knox, Penobscot.

► **Storm Window Insert Workshops,** Sat., 9 a.m.-noon, old ice cream stand at Round Top Farm, Bus. Rte. 1, Damariscotta. Learn how to make storm inserts that save heating costs for about \$1.25 per square foot of window area. FMI: 563-5236.

► **Roast Turkey Dinner,** 4:30-6:30 p.m., Washington Fire Dept., 42 Old Union Rd., Washington. Roast turkey, mashed potato, stuffing, gravy, peas, rolls, homemade pie and beverages. \$7/\$3 under age 12.

► **Shapenote Singers All Day Sing,** 10 a.m.-4 p.m., Darrows Barn, Bus. Rte. 1, Damariscotta. Bring a dish to share for a potluck. On Sun., July 26, there will be a trip to Hope to visit the grave of a noted shapenote composer, followed by more singing from 1-4 p.m. at St. Paul's Chapel, Dutch Neck Rd., off Rte. 32, Waldoboro. FMI: www.mainsacredharp.org.

► **Boothbay Land Trust Kayaking Trip,** meet at 1 p.m. at the Knickerbocker Boat Launch for a trip on the Sheepscot River. Free, but registration requested: 633-4818.

► **Care Net Yard and Bake Sale,** 7 a.m.-3 p.m., Lakeview Presbyterian Church, Rte. 17, Rockland, across from the Green Thumb. Donations of items (excluding clothes), baked goods, or funds for the center may be dropped off at Care Net, located at 462 Old County Rd. FMI: 594-1616.

► **BookLovers' Cafe,** 10-11:30 a.m., Rockport Public Library. Enjoy tea and coffee as well as homemade baked goods during the discussion of favorite books. Come prepared to recommend a couple of favorites, or just come to listen. All are welcome. FMI: 236-3642.

► **"Antiques Alfresco" Sale,** 8 a.m.-1 p.m., Old Lincoln County Jail, Federal St., Wiscasset. Sale features dealers from all over the state. Jail will be open for guided tours. Benefits Lincoln County Historical Assoc.

► **Mussel Ridge Historical Society Indoor Lawn Sale,** 9 a.m.-1 p.m., Grange Hall, Ash Point Rd. & North Shore Drive. Owls Head. Lots of books and other donated items. Accepting donations Thurs. & Fri., 4-6 p.m. FMI: 594-9263.

► **Carver Memorial Library Book Sale,** 9 a.m.-5 p.m., Union Hall, Union & Reservoir sts., Searsport. Thousands of hardbacks and paperbacks, most priced at \$1 or less. FMI: 548-2303.

► **Exhibits: "Finns and Feathers: Poultry Farming in the Midcoast," and "Settlement on the Georges River Road: South Thomaston to Tenants Harbor,"** 9 a.m.-noon, Finnish Heritage House (next to the Finnish Church), Route 131 (River Road), South Thomaston.

► **Public Breakfast Buffet,** 7-10 a.m., Eveningstar Grange Hall, 31 Old Union Rd., Washington. Menu includes scrambled eggs, breakfast stratas, pancakes, fresh fruit, bacon, juices, muffins and much more. \$6/\$3 children under 10.

► **Hope Library Book Sale & Public Supper,** book sale in the afternoon; public supper at 5 p.m., Hope Town Office at Hope Corner, at the intersection of routes 105 and 235. Home-cooked food, including vegetarian dishes, available to eat on site or take out. Only 200 tickets will be sold: \$8/\$5 for children under 12. Reservations: 236-3404.

► **Birthday Celebration for Gen. Knox,** 10 a.m., Thomaston Village Cemetery, Erin Street. Lady Knox Chapter NSDAR will join in the birthday celebration and hold an abbreviated meeting immediately after the ceremony. All DAR members and those interested in the DAR are invited to attend. FMI: 236-2468.

► **Book Fair and Bake Sale,** 9 a.m.-1 p.m., Appleton Village School, Rte. 131 in Appleton village. A wide variety of gently used books at reasonable prices — nonfiction (biography, history, crafts, cooking, religion, etc.), children's books and adult fiction. Appleton bakers will be serving up baked goodies, and sandwich lunches will also be available. FMI: 785-5656, or e-mail chiefibrarian@appleton.lib.me.us.

► **Christmas in July Sale,** 8 a.m.-1 p.m., Belfast United Methodist Church, 23 Mill Lane. Good, gently used decorations and ornaments.

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CALENDAR OF EVENTS

SUNDAY, JULY 26:

- **"Bug Safari" Workshop**, 1-3 p.m., Merryspring Nature Center, Conway Rd., Camden. Volunteers will help children build bug houses for catch-and-release hunting and there will be insect games and information, as well as a guided nature walk. Free. FMI: 236-2239.
- **Orff's Corner Community Church Music Series**, 7 p.m., Route 32, Winslow's Mills Rd., Waldoboro. Music by Tom Rawley. Free; everyone is welcome.
- **Vegetarian Potluck**, 5 p.m., Belfast City Park Pavilion. Bring one vegetarian dish (preferably vegan) and place setting and beverage. All who are vegetarian or who are interested in eating less meat are welcome to attend.

MONDAY, JULY 27:

- **Boatbuilding Course**, Mon-Fri., July 27-31, Carpenter's Boat Shop, Pemaquid. Learn basic hand tool skills while constructing a 9-1/2 ft. Monhegan Island skiff. FMI: 677-2614.
- **Talk on "What's in Your Attic?"** 7 p.m., Belfast Library. The Belfast Historical Society invites participants to bring in their special objects found in houses, backyards, or old cellar holes and share the story. The Belfast Museum will show several donated items which came to light during house renovations. Free and open to the public. FMI: belfastmuseum.org or 338-9229.
- **Support Group for Families of Those with Alzheimer's or Dementia**, 7-8:30 p.m., in the library of the Residence at Tall Pines, 24 Martin Lane, Belfast. Open to new members as well as old members seeking guidance and support in dealing with family members exhibiting these conditions. FMI: 338-1730 or 338-5802.
- **Talk and Brief Retreat with Anam Thubten Rinpoche**, meditation and teaching 10 a.m.-12:30 p.m. and 2:30-5 p.m.; talk 7-9 p.m., Whole Health Center, Bar Harbor. Rinpoche, a Tibetan lama, has been living in the U.S. for many years and has a great mastery of American idiom and culture, and so can communicate in a way that is very incisive, accessible and funny. FMI: 288-4128.
- **Slide Talk on Monet and His Garden**, 7 p.m., Coastal Maine Botanical Gardens, Barters Island Rd., Boothbay. Author Leslie Parke will weave together current and historic views of Monet's garden at Giverny. \$15/\$10 members. FMI: 633-4333.
- **"Gravestones: Saving the Past for the Future,"** 7:30 p.m., Colonial Pemaquid, New Harbor. Presentation by Kai Nalenz, owner of Gravestone Services of New England. \$5/members free. FMI: 677-2423.

TUESDAY, JULY 28:

- **Sheepscoot Valley RSU 12 School Budget Referendum**. Absentee ballots now available. Vote at regular polling locations in Alna, Chelsea, Palermo, Somerville, Westport Island, Whitefield, Windsor and Wiscasset. FMI: 441-8107.
- **Pemaquid Paddlers Canoe/Kayak Trips**, 9 a.m., put in at boat launch on Rte. 235 in Union for a paddle on Seven Tree Pond to Round Pond to the stream behind the Union Fairgrounds. Free and open to the public. All paddlers must supply own boat and PFD; under 18 must be accompanied by an adult. Rain date is Sun. FMI: 677-6380.
- **Talk on Seed-Saving Techniques**, noon, Ross Center, Merryspring Nature

Center, Conway Rd., Camden. Neil Lash, cofounder of the Heirloom Seed Project at Medomak Valley H.S., will cover basic techniques for beginners, as well as the MVHS project and information about heirloom seed sources. \$5/members and children, free. FMI: 236-2239.

► **Chronic Fatigue Syndrome and Fibromyalgia Support Group**, 4-6 p.m., Belfast Free Library, third floor. Guest speaker Deidre Sousa will discuss YogaDance, and give a demonstration, Friends and family are also welcome to attend. FMI: 930-3593 or 594-9330.

WEDNESDAY, JULY 29:

- **Speaker's Night Series**, 5 p.m., Project Puffin Visitor Center, Main St., Rockland. Well-known birder Don Reimer will give a talk on the secret lives of Maine's bald eagles.
- **NASA-inspired Family Workshop**, Wed., July 29, 8-9:30 p.m. telescopic moon viewing; Thurs. & Fri., July 30 & 31, 8 a.m. workshop. Point Lookout, Rte. 1, Northport. Make lunar maps, build a satellite, program a rover and have a videoconference chat with a NASA scientist. Dinner reception and rover competition wrap up sessions at 6:30 p.m., Fri. \$80. FMI: 789-2025.
- **Blueberry Hike, Rake and Bake**, 9 a.m.-noon, Cellardoor Winery, Youngtown Rd., Lincolnville. Class with Megunticook Market's Lani Temple will select, clean and prepare blueberries for cooking, baking and freezing, and sample food prepared with the berries, along with Cellardoor wine parings. \$45. Reservations: 763-4478.
- **Free Community Meal**, Wed. & Fri., July 29 & 31, 5-5:30 p.m., Salvation Army Worship & Service Center, Rte. 1, Rockland.
- **Herb Walk at Avena Botanical Garden**, 3:30-4:30 p.m., Mill St., Rockport. Walk with herbalist and owner Deb Soule.
- **Gentle Flow Yoga Classes**, Wed. & Fri., through July 31, 7-8 a.m., Camden Amphitheater. Weather permitting — foggy & misty, yes; raining, no. Bring a mat and a blanket. Free, donations accepted. FMI: 975-5325.
- **PermaFeast! Series**, Wed., 4:30-7:30 p.m., hands-on workshops with potluck suppers at locations throughout midcoast Maine. Tonight: "Playing on the Edge: Natural Playgrounds, Wild Spaces and Adventure Lands." Location: Newforest Institute, 66 Monroe Highway (Rte. 139), Brooks. Workshops \$20 each or \$100 for the series. Advance reservation is requested. FMI: 722-3625 or e-mail andrea@newforestinstitute.org.

THURSDAY, JULY 30:

- **Talk on Wild Mushrooms**, 7 p.m., Gibbs Library, Washington. David Spahr will talk about gathering and cooking wild mushrooms and about his new book *Edible and Medicinal Mushrooms of New England and Eastern Canada*. Free. FMI: 845-2663.
- **Presentation by Raw Foods Chef Matthew Kenney**, 6:30 p.m., Rockland Library. Kenney will discuss his journey with raw foods, talk about making some simple raw food dishes and share a treat he's prepared.
- **St. George Historical Society Meeting**, 6:30 p.m. potluck; 7:30 p.m. program, St. George Grange Hall, Wiley's

Corner, off Rte. 131. David Sulin will discuss *Hard Bread and Harder Coffee*, the recently published diary of Hezekiah Long, a Civil War veteran from St. George who, after the war, was the keeper at Whitehead Light. FMI: 372-8893.

COMING UP:

- **Garden Design Workshop**, Fri., July 31, 10 a.m.-2 p.m., Merryspring Nature Center, Conway Rd., Camden. Lee Schneller Sligh will give a hands-on workshop on her five-step blueprint technique for designing perennial gardens that bloom throughout three seasons, as outlined in her new book *The Ever-Blooming Flower Garden: A Blueprint for Continuous Color*. \$40/\$30 members. FMI: 236-2239.
- **"Maine Parks as Economic Engines,"** Sat., Aug. 1, 10 a.m., Hutchinson Center, Belfast. Talk by Dr. John L. Crompton is part of a Maine Citizen Summit for parks and recreation advocates that also includes a free Belfast Outdoor Recreation Fair from 9 a.m.-12:30 p.m. For those who register by July 25, afternoon sessions, which include a box lunch, cover such topics as "Parks and Recreation Are Not Frills" and "Current Trends in Parks and Recreation Across Maine," for a fee of \$25. To register, visit www.friendsofbelfastparks.org. FMI: 338-2160 or -8000.
- **Puffin and Seabird Island Cruise**, Sun., Aug. 2, 4-7 p.m., meet at dock in Port Clyde at 3:30 p.m. for a bird-viewing cruise around Eastern Egg Rock aboard the *Elizabeth Ann*, sponsored by Friends of Maine Seabird Islands. \$30. Tickets available at Owl & Turtle, Camden; Sweet Sensations, Rockport; Rock City Books & Coffee, Rockland, or call 236-6970, ext. 12.
- **Friends of Fort Knox Archaeology Field School**, Mon.-Fri., Aug. 3-7, Fort Knox, Prospect. School includes hands-on excavation techniques accompanied by classroom sessions devoted to historical archaeology, evolution of U.S. seacoast defenses and the construction and history of Fort Knox. \$350/\$300 members. FMI: 469-6552.

ONGOING:

- **Dancing Qigong**, Tues., 8:30 a.m., Merryspring Nature Center gazebo, Conway Rd., Camden. Enjoy the flower gardens while following along with simple exercises to recorded music. Runs until mid-September. Free, although donations to Merryspring appreciated. FMI: Abi Morrison 594-4766.
- **Public Breakfasts**, Fri., 7-9 a.m., through Aug. 21, People's United Methodist Church, So. Thomaston. All-you-can-eat blueberry pancakes, scrambled eggs, sausage, muffins and beverages. Benefits Children's Church Camp Fund. \$6/\$4 children.
- **Public Breakfasts**, Sat., 7-10 a.m., through Aug. 29, except Aug. 8, Broad Cove Church, Pleasant Pt. Rd., Cushing. Breakfasts include orange juice or fruit cup, pancakes, French toast or eggs, bacon or sausage, toast and muffins., \$6/\$3 small.
- **Fellowship of the Spirit 12-Step Study Group**, meets Sat., 8:30-9:30 a.m., St. Margaret's Episcopal Church, 99 Court St., Belfast. Open to all who wish to investigate a 12-step program, whether addicted to a substance or not. FMI: 548-0281.

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5	7	6	2	8	4	9	1	3



Aquatic PT Program at Waldo County YMCA

Individualized aquatic physical therapy now available

Waldo County General Hospital now offers a new individualized aquatic physical therapy program, which will be held at the Waldo County YMCA warm water therapy pool. The instructors are specially-trained licensed physical therapists.

The buoyancy of water lessens the pressure on muscles and joints, providing an opportunity to exercise for people who are limited in their function on land. It is especially helpful with patients who suffer from orthopedic injury, lower back pain, weight-bearing limitations, balance dysfunctions and stroke, or who are involved in postsurgical recovery.

Appointments may be made by calling either the Orthopedic and Sports Physical Therapy Center at 338-4666, or Waldo County General Hospital Rehabilitation Services at 338-9316. A physician's referral is required.



Tammy Sanderson, PTA, ARTIC, of Waldo County General Hospital's Physical Therapy Department, demonstrates an aquatic aid to Carol Pelletier of Belfast in the warm water therapy pool at the Waldo County YMCA.

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CORSET	EASE	ALMANAC	UTA
AGES	ADDRES	SBOOK	NOISES
RISE	LUNAR	ILOVE	CLIENT
PETS	KHANS	LYRES	HEISTS

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Workshop July 25 on Neo-Shamanic Energetics

On Saturday, July 25, from 1 to 5 p.m., the Total Health Alliance will offer "Neo-Shamanic Energetics" with Marc Felix, Ph.D. at Lily Pond House in Rockport.

Felix is a psychotherapist and former clinical director of the American Pain Foundation. After completing a shamanic apprenticeship with an Apache medicine chief, he moved away from the "diagnosis and treatment" models of mainstream psychology and began a new journey into the understanding of health and healing.

"This workshop is an introduction to a new paradigm that combines elements of ancient shamanism, archetypal psychology and contemporary quantum theory," says Felix. "This is a powerful alternative to the Newtonian model of reality



Marc Felix

that limits most people, including many professional healthcare practitioners." Participants will have the opportunity to explore the problem with "diagnosis and treatment," the problem with "symptoms," the problem with "problems," the collective unconscious and ways to utilize it, the role of grace, miracles and playfulness in relationship to health, and exercises for putting the model into practice. The fee for the program is \$55. Register by phone at 236-2112.

This class is part of the summer course schedule of the Total Health Alliance, a Maine-based not-for-profit organization that invites the medical community, wellness community and complementary practitioners in many healing modalities to come together for positive health-related programs, classes and workshops that inform the public of diverse perspectives on health. For complete information on this class and new weekend packages, visit www.totalhealthalliance.net.

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ASTROlogically Speaking WITH ANANUR

JULY 24 - JULY 30



Friday, July 24 — Between 11:45 a.m. and 1:45 p.m. the Moon will aspect Mars awkwardly, suggesting a possible emotional roller-coaster ride. Good news: Venus is in a positive aspect with Jupiter until Monday night. Financially, life is improving, and you're feeling happy and expansive. You want to give pleasure to those you love and think highly of. Opportunities and money are likely to come easily to those born between February 11 and 13, June 12 and 15, and October 14 and 17, in any year. These folks will need to be quick to respond to what is being offered, which may come as a surprise through a friend who points them in the right direction or actually makes things happen for you. Pay close attention.

Saturday, July 25 — Mercury is in a challenging angle with Pluto. Overcome old debilitating thought forms which in the past have diminished your self-esteem. Watch those thoughts and let them go. Be more self-revealing when you visit your therapist, it may help you to overcome that which needs to be understood and healed. Venus is still in a fine aspect with Jupiter. It's time to allow your romantic side to come out and play. Money comes easily. It could be a good time for those who like to gamble, as long as you know when to quit. Between 5:15 and 7:15 p.m. the Moon will be opposite Uranus, which tells me that it's an emotionally shaky time.

Sunday, July 26 — The Sun will be awkwardly aspecting Saturn until 3 p.m. Worrying thoughts are apt to fill your mind. It's time to relax and enjoy what you are feeling grateful for in your life. Venus is now aspecting Uranus, Jupiter, Chiron, and Neptune. Let your love light show, don't hold back, or hide it under a bushel, no! Mercury is aspecting Saturn until late tonight. Your concentration is good. From 5:30 to 7:30 p.m. you're more expressive and spontaneous, while the Moon is nicely aspecting Mars. Confusion sets in for a short while when the Moon is aspecting Neptune from 7 to 8 p.m.

Monday, July 27 — From 9 to 11 a.m. the Moon will aspect Mercury, which is great for all kinds of communications. Between 9:45 and 11:45 a.m. the Moon will also be aspecting Saturn, increasing patience. From 6:30 to 11:30 p.m. the Moon will aspect Jupiter, Chiron and Neptune, making it an ideal day for following up on opportunities which have come to you. This could be one of the best days of the year. Venus is aspecting Jupiter, Chiron, Neptune and Uranus, opening your heart to feeling the love within you, that exists within each and every one of us. You may want to celebrate and not know why. There's no drug that can

compare to a natural high.

Tuesday, July 28 — From 7 to 9 a.m. the Moon will nicely aspect Pluto. Others seem to be interested in what you're saying because it's actually quite profound. Don't be shy, say what you feel guided to say... with kindness. From 1:30 to 2:30 p.m. the Moon will be in a challenging aspect with Saturn. At this time you're apt to feel held back and a bit overwhelmed with some old fearful thought patterns that have managed to creep in and grab your attention. Fortunately for all of us Mercury is now aspecting Jupiter, bringing in some humor. We can laugh at ourselves and see the big picture rather than getting caught up in the ego's (fearful) limited thinking. Writing flows with ease. Your wisdom is wanting to be expressed and heard. Venus finishes aspecting Uranus today. Don't try to control situations, it just doesn't work out well, have you noticed?

Wednesday, July 29 — For those born on this day (of any year), the year ahead (until next birthday) will be all about taking risks and trusting your intuition. Mercury is opposite Jupiter, Chiron and Neptune until Friday at noon. Watch out for those offers that seem "too good to be true." It's likely that you would be taken for a ride; conned, that is. Your expectations may put you mentally in overdrive and cause you to forget certain significant details which are necessary for your success. Remember to ask good questions before believing anything, now through Friday. Always ask what are the hidden costs, or find out what's in the fine print. Be smart.

Thursday, July 30 — From 7 to 9 a.m. the Moon is nicely aspecting Uranus, urging you to be spontaneous and trust your intuition. Mercury is aspecting Jupiter, Chiron, Neptune and Uranus. That's a lot of mental stimulation for all of us to deal with. Question authority, in fact question everything, and think, think, think for yourself. Trust issues are likely to surface in personal relationships. Between 4:30 and 6:30 p.m. you have your wits about you and no one can deceive you. Your perception is sharp. That's because the Moon is in a positive aspect with Pluto. Pluto likes to get to the bottom of things, and can see through lies and deception. That is if you allow yourself to know what you know, even if it's not what you want it to be.

Ananur Forma lives in Rockland and can be reached for a personal astrological reading in person or by phone at 594-2565. Visit www.AstrologyWithAnanur.com.

Tibetan Lama to Speak in Bar Harbor



Lama Anam Thubten Rinpoche

The Whole Health Center in Bar Harbor is sponsoring a talk and a brief retreat with Anam Thubten Rinpoche, a Tibetan lama who has been a guest of the Whole Health Center on several previous occasions. A public talk is scheduled for Monday evening, July 27, from 7 to 9 p.m. Tuesday's retreat will consist of two sessions of meditation and teaching, 10 a.m. to 12:30 p.m. and 2:30 to 5 p.m.

Rinpoche (an honorific title) was born in eastern Tibet and entered a Buddhist monastery at an early age. He sought out as his principal teacher a hermit and yogi in the nearby mountains, and became his direct disciple. He describes his experience with this teacher as helping him to cut through many of the trappings of Tibetan Buddhism and to focus on the central teachings of love and awareness.

Anam Thubten Rinpoche has now been living in America for many years. According to WHC director Paul Weiss, "He has a great mastery of American language, idiom, and culture, and so can communicate in a way that is very incisive, very accessible, and often very funny. The focus of his teaching is to help us unburden ourselves from mental habits that cause unnecessary suffering and to realize our inner dimension of peace, joy, and love."

For registration or more information about this talk and retreat, the nonprofit Whole Health Center may be reached at 288-4128, or at info@thewholehealthcenter.com.

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Rockland Rotary Holds Change of Command and Awards Dinner

Rockland Rotary held its annual Change of Command and Awards Dinner on July 1 at the Samoset Resort in Rockport. All past presidents of Rockland Rotary were invited and Bruce Kinney was the earliest president to attend — he was president from 1958 to 1959. To honor that 50th anniversary, Rockland Rotary's outgoing president, Dr. Blaine Curtis, presented Kinney with a special gift.

After a buffet dinner, a 50-50 raffle was held and winner Judy Kelley gave her winnings back to the Rockland Rotary Scholarship Fund.

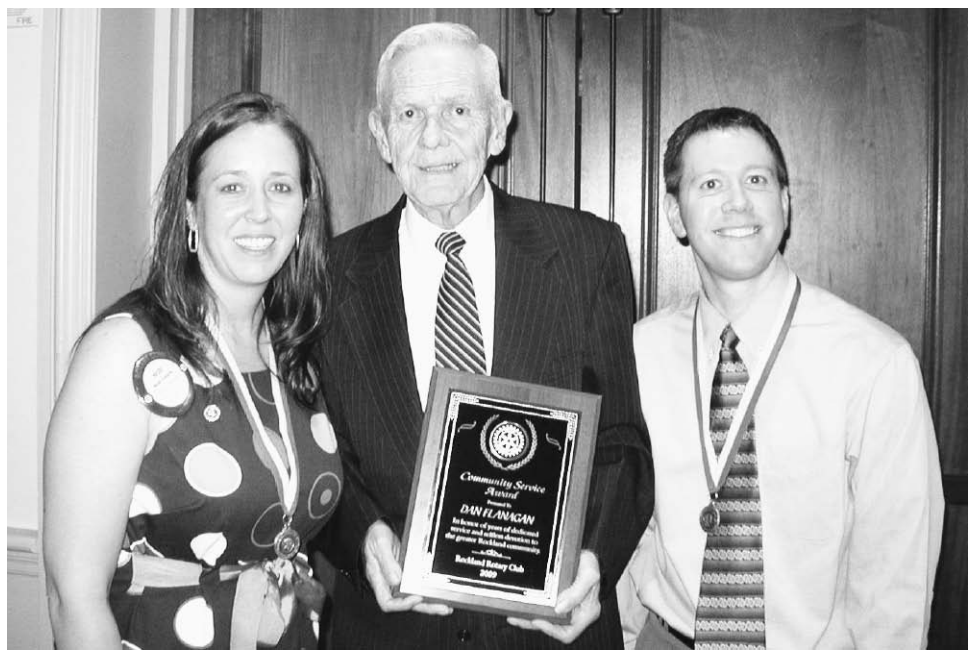
During the awards ceremony, Joyce Burnham of Owls Head and Doris Vertz of Union were selected as Paul Harris Fellows, in appreciation of their service to the club and the community. Craig Rackliff was named a Paul Harris Fellow by his wife Adreth, who is also a Paul Harris Fellow. Adreth said that it is Craig's support that allows her to be so involved in Rockland Rotary activities.

Each year, the club also selects a non-Rotarian for the Community Service Award.

Dan Flanagan of Rockland received the award this year in appreciation for his years of running the Rockland Recreation pee wee basketball program and the thousands of children he has coached since 1966. The Rockland Rotarian of the Year award was presented to Joyce Burnham of Owls Head.

After presenting the awards, Curtis handed over the gavel and the position of Rockland Rotary president to Michael McNeil. McNeil then introduced the board members for the 2009-2010 Rotary year: Judy Kelley, president elect; Doug Curtis, vice president; David Duggan, treasurer; Joyce Burnham, secretary; Sherree Craig, international service; Patrick Provost, community service; Deb Morrison, vocational service; Charles Jones, club service; and Blaine Curtis, immediate past president.

Rockland Rotary, formed in 1924, currently has 95 active members. For more information, visit www.rocklandrotary.org or contact Curtis at gendoug@midcoast.com.



Left to right: 2006-2009 Rockland Rotary secretary, Heidi Vanorse; Community Person of the Year, Dan Flanagan; 2008-2009 Rockland Rotary president Dr. Blaine Curtis.

Diane Norton Joins Camden National Corporation

Diane Norton recently joined Camden National Corporation as vice president, marketing and communications, according to Gregory A. Dufour, president and chief executive officer. Based in Camden, Norton will oversee the company's branding, advertising and communications initiatives as well as serve on several senior management committees. "We are excited to have a person of Diane's caliber join our organization and senior management team," said Dufour. "Diane brings a wealth of knowledge of



evolving communication and marketing trends gained from her experience in the news industry."

Most recently, Norton served as the interim publication manager of the 2009 Jewel of the Maine Coast, the Camden-Rockport-Lincolntonville Chamber of Commerce's magazine. Previously, she worked with the Courier Publication Group and prior to that with the Melrose Free Press in Massachusetts. A longtime midcoast resident, Norton lives with her husband Sandy Ellsworth in Camden.

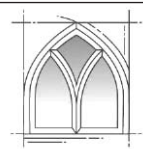
Bangor Savings Ribbon Cutting at New Rockland Branch —

Left to right: Branch manager Mary Bumiller, Rockland City Council member Tom Molloy, Bangor Savings president Jim Conlin and assistant branch manager Elise Bell officially opened the Rockland branch of Bangor Savings Bank at 10 a.m. last Wednesday. The new branch is on Camden Street.



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Furniture, tools, books, bikes,
TV, clothes, toys
59 Old County Road,
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(7/23)

LAWN SALE
Friday and Saturday,
July 24 and 25,
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Parkinson Lane, Northport
(Road beside Sportsman Store
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Saturday, July 25,
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(7/23)

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press, two gas grills, furniture,
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• Other Miscellaneous Jobs
References and insured.
Senior Citizen Discount.
Jamie Comita
<http://jthehandywoman.webs.com>
(207) 323-4894 or 548-6231.
(kr)

**PAPERHANGING &
PAINTING**
by William Forrest.
Thorough preparation.
763-4321,
Lincolnville.
(kr)

SPRING CLEANING
of Attics, Cellars and Barns.
Have trucks, will travel.
No job too odd.
40 years' experience.
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(kr)

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LINED & CLEANED**
Serving Central Maine since 1992.
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SOULE'S CARPENTRY
Siding, roofing, garages, window
replacement, decks and more.
Free estimates.
Fully insured.
Call 354-7024 or 691-6758,
Ask for David.
(7/30)

BOOKKEEPING/OFFICE
Need P/T office help for
your small business?
I have 20+ years experience
(PCs, Microsoft, QuickBooks)
and can help — let's talk!
Belfast/Camden area,
589-3773.
(7/23)

Museum Store Manager

The Owls Head Transportation Museum has an immediate opening for a dynamic, friendly, enthusiastic person to manage our busy Museum Store. Strong retail, management and buying experience and the desire to work with the public is a must. This position is responsible for training, overseeing and helping to schedule store volunteers. S/he is also responsible for overseeing all store operations, doing daily cash-ups, and tracking and maintaining inventory and supplies. The ideal candidate will be multi-talented and will work closely with other staff in all areas of the Museum's operations. This full-time position offers a flexible schedule and requires working frequent weekends and occasional nights in a friendly, professional, exciting environment. Please send/email letter and resume by July 30 to:



Owls Head Transportation Museum
ATTN: Kevin Bedford
PO Box 277, Owls Head, ME 04854
Email: kb@ohhtm.org

PROGRAM ASSISTANT

To provide administrative support for Farm and Program operations. Excellent written and verbal communication skills along with strong project/event planning experience required. Excellent compensation and benefits package available. EEO/AA employer. Send resume and salary history to Aldermere@mchm.org or:

ALDERMERE FARM
70 Russell Ave • Rockport, ME 04856
www.aldermere.org



SERVICES

PRACTICAL NURSE,
Available for in-home
elder care.
Excellent references,
flexible hours.
Rockland/Camden area.
(603) 355-7340.
(7/23)

**REGISTERED PHYSICAL
THERAPIST**
Midcoast area,
Convenient, in-home services,
Skilled rehabilitative care,
25 years' experience,
References available.
(207) 785-5232.
(8/27)

FOR RENT

ROCKLAND — One-bedroom and
studio apartments available at the
Thomdike Building Apartments, 385
Main St., Rockland, ranging from
\$625/studio; to \$675/1 BR, includes
heat & utilities. Call Kinney Rentals
at 354-0100 for appointment. (kr)

LINCOLNVILLE — Room for
rent, private, everything includ-
ed, references please, \$425/mo.
763-4093, ask for Pete. (kr)

FOR RENT

**THOMASTON/WARREN
LINE** — 1 BR apt., heat includ-
ed, country setting but close to
town, water view, \$725/month,
first, last and security required,
applications now being accepted.
273-4111. (kr)

UNION — Brand new, 2 BR apt.,
oil heat, \$725/mo. plus utilities,
no pets, no smoking. 236-3736
days. (7/30)

CAMDEN — "Creative Nest,"
1 BR unfurnished apt. available
now in quiet building on quiet
street with garden space, near
Reny's, laundromat, shopping at
Hannaford's and a few blocks to
the harbor, sep. entrance 3-sea-
son glassed-in porch, as well as
large living room with decorative
FP, newer kitchen appl. and small
bath with tub/shower, front steps
being rebuilt now, but can be
seen by apt., utilities included,
heat, water, sewer, trash, off-street
parking and snowplowing, \$750
1 person/\$800-2, lease, non-
smoker, one civilized indoor cat
welcome, refs w/application.
975-9456 or [winunicorn@road-
runner.com](mailto:winunicorn@road-
runner.com). (7/23)

LINCOLNVILLE CENTRAL SCHOOL

OPENING
MIDDLE SCHOOL CROSS COUNTRY COACH

- Selected candidates will need to be finger-printed and will undergo a background check
- Experience with Middle School students preferred
- Position begins mid-August 2009
- Posting open until a suitable candidate is found

Please contact Sandy, Office of the Superintendent, at 763-3818 for an application.

Along with application, please submit three letters of recommendation and fingerprinting documentation, if available to:

David Wiggin, Superintendent SU #69
P.O. Box 2007
Hope, ME 04847
(207) 763-3818
(207) 763-4262 fax

EEOE

WANTED

Experienced **gardener** to work
for small landscaping company in
Rockland/Camden area.
Call 596-2444

CALLING ALL SENIOR CITIZENS

Applications now being taken for
Spacious carpeted apartments with appliances
and services at Rankin Center
in Rockland & Knox Hotel in Thomaston
Rent is 30% of income for Incomes at or below
1 Person- \$31,650 2 Persons- \$36,150

Please call 594-2743

TDD/TTY 1-800-545-1833 Ext. 702
Professionally Managed by ElderServ, Inc.

FOR RENT

APPLETON — Nature at Your
Doorstep, cottage yr. rd., 1 BR,
comfortable, energy efficient,
planted vegetable garden, \$625/
mo., first, last & security, utilities
extra, non-smoker, pet considered,
access to 160 acres forest, fields
and ponds. 785-4715. (7/30)

ROCKLAND — House, two
blocks from courthouse, on 1/2
acre, recently renovated, great
shape, private, quiet, 2 BR, 2 BA,
special conditions. 594-5300. (7/23)

ROCKLAND — Spacious, 3
BR, 1 BA duplex, quiet South
End neighborhood, easy walk to
Main Street or harbor, 1890 Vic-
torian, full attic, cellar, private
porch, \$825/mo., security and
utilities, non-smoker, owner-
occupied. 596-6337. (7/30)

WARREN — 1 BR apartment
with living room, dining room
and washer and dryer hookup,
heat included, \$695. 441-8118. (kr)

FOR RENT

CUSHING — Apt., 1 large BR,
sunny LR, walk-in closets, new
kitchen and large full bath, all uti-
lities, trash and plowing included,
\$675/mo., sec. and references.
354-0440. (7/23)

HOPE/APPLETON — Cozy, 2
BR house, (SAD 28), \$800/mo.
includes electric, no dogs/smok-
ing, first, last, security. 785-3216.
(7/23)

FOR RENT COMMERCIAL

ROCKPORT — Professional
office space, excellent location
on Route 90, ground floor, pri-
vate entrance, lots of natural light
and ventilation, 800 sq. ft. recep-
tion area, bathroom, well-lit off-
street client parking, \$775/mo.
includes heat/utilities. 236-3736
days. (7/30)

Run your ad **ONE WEEK** for only \$6/week for 20 words – 20¢ each additional word.
Run your ad for **TWO WEEKS** for only \$5.50/WEEK for 20 words – 15¢ each additional word.
Run your ad for **THREE** or more WEEKS for only \$5/WEEK for 20 words – 10¢ each additional word.
(Please print clearly & include your phone number!) **DEADLINE IS MONDAY AT 4 p.m.!**

I would like my ad to read: _____

Please run my classified ad _____ times and list it under:
____ Vehicles ____ Boating ____ For Rent ____ For Sale
____ Help Wanted ____ Real Estate ____ Services ____ Wanted
____ Yard Sale ____ Other _____
Cost for 1st 20/words/week = \$ _____
Additional words = \$ _____
Subtotal = \$ _____
Times # of weeks ad to run x _____
TOTAL Due = \$ _____

Name _____
Address _____
Town _____ State _____ Zip _____
Phone _____

**IF PAYING BY CREDIT CARD:
JUST CALL IN YOUR AD COPY — 596-6696**
Or, enclose payment and bring or mail to:
The Free Press Classifieds
8 No. Main Street, Suite 101, Rockland ME 04841

MORE CLASSIFIEDS

FOR RENT COMMERCIAL

COMMERCIAL BUILDING — with terrific Route 1 exposure, \$200/mo. 832-4400. (kr)

STORAGE

INDIVIDUAL 8' X 12' UNITS are secure, clean, dry and private. Only \$40 monthly. Call anytime, 832-4204, Friendship. (kr)

SELF HELP AND SUPPORT

For information about area NA meetings, call 1-800-974-0062.

AA Hotline
1-800-737-6237

www.aamaine.org
Al-Anon Hotline
284-1844 / 1-800-498-1844
Hotline numbers are manned 24 hours a day, seven days a week.

AA Gull Group
Meets at the Bolduc Correctional Center, Warren, Thursday, 7 p.m.

N.A. Y2K Group
7 p.m. Wednesday,
Meets at the Bolduc Correctional Center, Warren.

WALDOBORO AL-ANON
United Methodist Church
Parish Office,
93 Friendship Street, Waldoboro
- Sunday 7-8 p.m.
FMI: Dee, 832-2062.

Is Food a Problem for You?
OVEREATERS
ANONYMOUS MEETS:
On Friday, noon, Unitarian Universalist Church of Belfast, 37 Miller Street, BELFAST.

DEPRESSION & BIPOLAR SUPPORT MEETINGS
Belfast: 7 p.m., Wednesday Emmanuel Baptist Church, Lincolnville Ave.
Rockland: 1-2 p.m. Tuesday, First Universalist Church, 345 Broadway. FMI: Heather, 691-3599.

SELF HELP AND SUPPORT

Domestic Abuse Helpline for Men and Women Support Group. FMI: 1-866-786-0758.

Sex and Love Addicts Anonymous
FMI: E-mail mmislaa@fairpoint.net, or go to: www.21.maine.org (click on 211 directory then keyword: Augustine Fellowship).

Common Journey Breast Cancer Support Group. 6 to 8 p.m. at Merzspring Park, Conway Rd., Camden. First and third Monday. Info: Linda Zeigler, 594-6889.

Ongoing Social and Support Group. Lesbians 40+, coupled or single, living in Camden/Rockland area. FMI: call 631-0249 cell or e-mail: mwpbooks@midcoast.com.

OVEREATERS ANONYMOUS

St. Peter's Church,
White St., Rockland
(Playground-side entrance)
Tuesday, 6:30-7:30 p.m.
Wednesday, noon to 1 p.m.
Children's play area available.
Saturday, 9:15-10:15 a.m.
Come and Join Us!
Questions?
236-4101.

CRISIS LINE

Maine's Statewide Toll Free Crisis Hotline —
1-888-568-1112.

The Maine Department of Mental Health, Mental Retardation and Substance Abuse Services' 24-hour crisis line links to the center in Maine nearest you.

AL-ANON MEETINGS in Knox County

Mondays, 7-8 p.m., St. John Episcopal Church, Thomaston.
Tuesday, 7-8 p.m., Our Lady of Good Hope Catholic Church, Camden.
Thursday, 6:30-7:30 p.m., Rockland Public Library, downtown.
Saturday, 10-11 a.m., Pen Bay Physicians Building, Rockport.

AL-ANON MEETINGS

in Waldo County
MONDAY, Noon-1 p.m.
First Baptist Church annex, 95 High St., Belfast.
WEDNESDAY at 7 p.m. Monroe Community Church basement, 26 West Main St., Monroeville.
THURSDAY at 7 p.m. St. Francis of Assisi Church basement, 47 Court St., Belfast.
SATURDAY at 10 a.m. St. Margaret's Episcopal Parish House basement, 95 Court St., Belfast.

Hepatitis Support Group: A support group for those affected by hepatitis and their families and caregivers meets to exchange ideas, information and hope in a positive, safe and confidential environment the first Wednesday of each month from 7-8:30 p.m. in Conference Room D, Penobscot Bay Physicians' Building. The group will be led by someone with firsthand experience living with hepatitis. FMI: Paul, 236-4720, or Dr. Neil Smith, 596-6599.

Care Net Pregnancy Center: Do you think you might be pregnant? Care Net provides 24-hour help line, free pregnancy tests, information on pregnancy, parenting, abortion information, adoption and post-abortive help. All service is confidential. Care Net Pregnancy Center, 462 Old County Road, Rockland, ME 04841, 594-1616, Mon.-Thurs. 12:30 to 5:00 p.m., Morning and evening by appointment only.

NARCOTICS ANONYMOUS: for meeting updates and other locations, call 1-800-974-0062.

Women's NA Meeting, Monday, 6:30-7:30 p.m., Aldersgate United Methodist Church, Rte. 17, Rockland (across from the lake).
Basic Text Meeting, Tuesday, 6:30-7:30 p.m., St. Peter's Episcopal Church, Limerock Street, Rockland.
Open Meeting, Friday, 6:30-7:30 p.m., St. Peter's Episcopal Church, Limerock Street, Rockland.

NARCOTICS ANONYMOUS: (continued)

Open Meeting, Saturday, 6:30-7:30 p.m., Peoples United Methodist Church, at the Keag, South Thomaston.
Living Free Group, Methodist Church, Church St., Damariscotta, in basement. Fri. 7:30-9 p.m.
Spiritual Warriors Group, Methodist Church, Church St., Damariscotta, in basement. Wed. 7:30-8:30 p.m.

ALCOHOLICS ANONYMOUS MEETS

Camden 12-step group
St. Thomas Episcopal Church
33 Chestnut St., Camden
Monday at 6:30 p.m.; Beginners meeting. All welcome.
Tuesday at 6:30 p.m.; Open discussion meeting. All welcome. "As Bill sees it."
Wednesday at 6:30 p.m.; Step Meeting. Open discussion meeting. All welcome.
Thursday at 6:00 p.m.; Closed discussion meeting. (For alcoholics only.)
Friday at 7:30 p.m.; Speaker's meeting. All welcome.
Saturday at 7 p.m.; Big Book meeting. All welcome.
FMI: 1-800-737-6237
24 hours day or night
www.aamaine.org

ALCOHOLICS ANONYMOUS MEETINGS

District 16
SUNDAY at 10 a.m.; Sunshine Group, Waldo County General Hospital Education Building, Belfast.
at 8 p.m.; Searsport Sunday Night Group; First Congregational Church, Searsport.
MONDAY at 7 a.m.; Attitude Adjustment, St. Margaret's Lighthouse, Belfast.
at 6 p.m.; Off the Wall Step Group, First Baptist Church, Belfast.
at 8 p.m.; Brooks Circle Group, Varney Building, Brooks.
TUESDAY at 7 a.m.; Attitude Adjustment, St. Margaret's Lighthouse, Belfast.

The Brand New FREE PRESS Market Square

FREE ONLINE JOBS, SERVICES, COURSES AND CLASSIFIEDS INTERACTIVE SITE

Whether it's finding the best and brightest, growing your own talents or finding someone to buy last year's "gottahaveit," The Free Press wants to help, and we've created a new socially oriented channel to do just that. Go to FreePressonline.com and click on **Free Press Market Square** in the Site Sponsor box on the right for a new and free way to get the word out about something for sale, a service, a class, or a job.

WHY HERE? Free Press Market Square is a "searchable" site where you enter your own listing, plug in your own "key words," add photos, and converse with a buyer via confidential messaging; and your listing can be rotated with others on a revolving billboard on the homepage.

Visit: freepressonline.com

click Free Press Market Square in the Site Sponsor box on the right

SELF HELP AND SUPPORT

ALCOHOLICS ANONYMOUS MEETINGS (continued)

at 6 p.m.; Tuesday Happy Hour Group, St. Margaret's Lighthouse, Belfast.
at 7 p.m.; Women's Big Book Step Study Group, 2nd floor Opera House (across from Post Office), Belfast.
WEDNESDAY at 7 a.m.; Attitude Adjustment, St. Margaret's Lighthouse, Belfast.
Noon.; Wednesday Noon Step Group, St. Margaret's Lighthouse, Belfast.
at 8 p.m. Off the Wall Step Group, First Baptist Church, Belfast.

ALCOHOLICS ANONYMOUS MEETINGS (continued)

THURSDAY at 7 a.m.; Attitude Adjustment, St. Margaret's Lighthouse, Belfast.
FRIDAY at 7 a.m.; Attitude Adjustment, St. Margaret's Lighthouse, Belfast.
Noon.; Friday Noon Step Group, St. Margaret's Lighthouse, Belfast.
at 6:30 p.m.; Big Book Step Reading Meeting, St. Francis of Assisi Church, Belfast.
SATURDAY at 7 a.m.; Attitude Adjustment, St. Margaret's Lighthouse, Belfast.
Noon.; Saturday Noon Live Beginners Group, UU Church on Miller Street, Belfast.

ALCOHOLICS ANONYMOUS MEETINGS (continued)

at 6:30 p.m. "As Bill Sees It," Education Building, Waldo County General Hospital, Belfast.
FMI: 1-800-737-6237
24 hours day or night
www.aamaine.org
FOOD ADDICTS IN RECOVERY (F.A.)
Waldoboro: Thursday evening, 6:30-8 p.m., American Legion Hall, 181 Jefferson St. FMI: Rita, 832-0478.
Rockland: Saturday morning, 8:30-10 a.m., Knox Center on Maple Street (side door entrance). FMI: Julie, 594-9363.

MARKET BASKET DEADLINE is 4 p.m. MONDAYS

MARKET BASKET ADS FREE

MARKET BASKET RULES:

- #1. Maximum # of Words per Ad = 20
- #2. TOTAL of all items added together MUST BE \$100 or less!
- #3. Ads MUST be priced or we cannot run them.
- #4. We cannot run Wanted ads seeking items costing over \$100.
- #5. ONLY ONE AD PER WEEK per person/phone number.
- #6. NO BUSINESS, SERVICE OR YARD SALE ADS accepted.

Please use the regular classified ad form for these and all other ads which don't fit the above guidelines — sorry, ads that don't follow these guidelines cannot be printed!

!Market Basket Ads Automatically Run For Two Weeks!

Mail To: **The Free Press MB**, 8 No. Main St., Suite 101, Rockland, ME 04841
Sorry, we CANNOT take Market Basket ads by phone or e-mail, but you can fax your ad to 596-6698. However, we ask that you NOT copy this form and then fax it — copies from newsprint don't fax well, and we can't read them — just write your ad on a white sheet of paper and fax that — do not forget your phone #.

And about the handwriting: If we can't read it, we can't run it.
MARKET BASKET AD DEADLINE IS 4 PM ON MONDAYS

PLEASE READ: As long as the TOTAL price of ALL your items is \$100 or less, it's FREE (ads must include prices for all items or we cannot run the ad).

Market Basket ads run for two weeks. Only one ad per household per week will be printed. We can only accept ads that are 20 words or less. We cannot accept ads over the phone — we do accept faxes (596-6698). Market Basket ads must be received by 4 p.m. Mon. for inclusion in that week's issue. NO BUSINESS, SERVICE OR YARD SALE ADS qualify for the Market Basket. Ads which do not follow these guidelines cannot be printed.

FOR SALE

Craftsman Power Router, 5/8 h.p., countertop table and edge guide, contour finger, lightly used, \$90. 596-6396.

Coleman Camp Stove, oven model 5010C700; Century camp stove, 456001; Ozark propane lantern, 824938, all never used, in boxes, \$65 for all. 763-3207.

Gould Shallow Well Pump, with control, \$75. 236-9039.

Six Xbox Games, \$60. 1975 Belfast Area High yearbook, \$25. 338-3227.

Bandsaw, Delta 8", bench top, \$75. Jorgensen 3' clamps, #3710, \$10 each. 338-3663.

Kitchen Aid Dishwasher, white, works great, \$100. 542-6148.

Posters, four 20" x 30", heavy stock, "Waterfowl," "Birds of Prey," "Winter Birds," marsh and water birds, suitable for framing, Penn. Game Comm, 1965, \$25. 529-5789.

Twenty Naturally Flat Maine Stones, good for garden walkway, \$100 for all. 845-2617.

Aqua, Yellow, Pink, Brown, New Materials, for king-size "Lincoln Log" quilt, batting, too busy to make quilt, \$40. 594-4704.

Singer Sewing Machine, basic model, good entry-level machine, 8 years old, \$50. 593-7687.

Three Tires, 205/70R-15, inspectable, 3/8" tread, \$30. Wood-en computer desk, 36", \$35. Entertainment center, 42" x 48", \$35. 832-7018.

Golf Balls, Titleist, Pro VI, and Pro VIX, used but like new, \$10/dozen. 594-8514.

Westinghouse Air Conditioner, used lightly two summers, expandable sides, \$60. 563-5663, after 7 p.m.

Cot, brand new folding cot, \$15. Computer swivel chair (Staples), black, in excellent condition, \$20. 594-1885.

Shower Doors, Sterling, perfect condition, from unused bathroom, \$100. 342-4864.

Craftsman 1-1/2 HP Router Table, \$25. Makita reciprocating saw, \$60. Makita small electric drill with bits, \$15. 529-5789.

Antique Bed Frame, full size, white iron and flat bed spring, \$75. Single flat bed spring, excellent condition, \$25. 594-8121.

Fishing Rods, older boat rod, Penn reel, 6'6", \$40. 6' Penn reel, \$25. 5', \$10. 10' surf, \$15. 593-7713.

Three 8-foot Electric Heaters, \$20 each. 338-6942.

Two Wood Doors, 15 light, 28 x 80, like new, \$20 each. 691-0001.

Boy's Clothes, 0-2 years, everything you'll need, nine totes plus bags and bags of toys, all in good condition, \$75. 596-6344.

Perennials, nice variety, 50 plants, \$100. 832-2233.

Toddler Bed, "Lightning McQueen" design, metal frame with durable plastic head/foot board, \$50 w/mattress. 975-3638.

Dr. Billington's Vinyl Record Album Collection, over 200 titles from the '60s, '70s and '80s, excellent condition, in alphabetical order, first \$100 cash takes all. 542-3937.

New Urban Rebounder, lots of fun and easy exercise, \$100. Call Sharon, 354-0537.

Five Lobster Traps, with rope, buoys and bait bags, \$75. 542-2328.

Sportsport Hubcaps, with spinners, 14-inch, set of four, \$80. Truck toolbox for full size, usable, \$20. 785-3216.

Excellent Used Dash, 1981-87 Chevy/GMC pickup, \$100. 230-1195.

Tires, very nice pair of Mastercraft 185/75/14, \$50. Four Olds, 14-inch Rally wheels, \$50. 785-2370.

Chevy Truck 6-hole Rally Wheels, 15 x 8, with centers but no trims, four for \$95. 785-4517.

Samsung DVD/Video CD Player, with remote control, excellent condition, \$35. 236-4129.

Set of Johnson Bros. "Sheraton" Dishes, for eight, plus serving dishes etc., \$80. Steel, two-shelf bookcase, \$20. 845-2790.

Two Boxes Costume Jewelry, about 50 pieces each box, asking \$50 each box, no gold, some coral. 845-2617.

Bunny Hutch, large, with male bunny, big bag food, looks like a house, really nice looking, \$100. 226-7409.

House Plant, nearly five feet, Dra-caena, I think, \$10. 338-0797.

Solar Pool Cover, 18-foot round, \$35. Trampoline, good shape with sides, \$25. 596-6330.

GE, 21.7 cu.ft. White Fridge/Freezer, very good condition, \$75. 236-2494.

Girl's Bikes, \$15 each. Little girl's desk and chair, \$5. Upright vacuum cleaner, \$10. Plastic runners under desk, \$5 each. 354-6526.

Wood Door, 30 x 80, six-panel with keyhole and dead bolt cutouts, \$20. 691-0001.

Swimming Pool Pump, and Hayward filter, used only one year, value \$300, asking \$95. 563-5722.

Maytag Washer and GE Dryer, both older but in fine working condition, \$30 each. Magic Chef microwave, used five months, clean and excellent condition, \$30. 236-0730.

Tennis Racket Bag, holds six rackets, red w/white Wilson logos, excellent condition, 20 Tourmagrip overgrips and two cans of balls included, \$30. 236-3733.

Spinnaker Pole, for sailboat, measures 10'6", \$75. Call for details, Paul, 236-4441.

Solid Rock Maple Secretary, slant top (lifts), spoon foot legs, North Carolina, 1967, \$100 firm. 594-7596.

Extension Ladder, 34-foot, aluminum, heavy duty, \$95. 236-3284.

Table Saw, 10", with heavy duty table, \$50. Craftsman router, 1-1/2 h.p., with table and Sign-A-Rout, \$50. 785-5397.

Antique Four-drawer Pine Bureau, \$75. Microwave oven, \$20. 542-2328.

Oval, Chenille, Braided Rug, 8 x 10, mauve, pink, white and blue, good condition, \$75. 763-4137.

Cot, metal framed, with mattress, \$35. Wooden computer desk, \$35. Entertainment center, 42" x 48", \$30. 832-7018.

WANTED

Wanted: Wood, to smoke meats with, cherry or apple or both, any amount appreciated. 354-6780.

Wanted: Kitchen Sink, with built-in drain board. 338-6942.

Wanted: Four Toyota Rims for '08 Corolla, with or without tires, five-lug pattern. Call Jim, 236-0536.

Wanted: Wooden Futon Base, will pay reasonable price. 596-6344.

Wanted: Wolf Pup, 6 months old, not fixed, white, black or black and white. 594-7811.

Wanted: Bottles and Cans to help senior citizen in Rockland area with expenses. 594-4788. ■

Wanted: Men's Mountain Bike, working condition, for homeless student, can pay \$20 to \$40. 415-1149.

FREE

Free: Solar Hot Water Storage/Exchanger Tank, 80 gallon, no insulation, rusty exterior but pressure tested to 60 PSI. 845-2108.

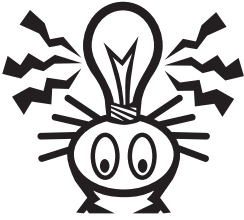
Free: Yard Sale Items, real good condition, yours for the taking, must take all. 354-8242.

Free: Two Black Ink Cartridges, for Epson 820 printer, which no longer works. 785-2436. ■

Free: Sweet Pea, most excellent cat, indoor/outdoor, litter box trained, sweet, mild-mannered, spayed, all shots, 4 years old, calico. 594-2649.

Not all channels available in all parts of The Free Press circulation area.

TV Listings



CHANNEL LINE-UP

Knox County

- | | |
|-----------------|--------------------|
| 2 CKSH - French | 9 TWCTV |
| 3 UPN - WPME | 10 MPBS - WCBB |
| 4 FOX - WFPO | 11 PEG - Education |
| 5 CBS - WABI | 12 WB - WPXT |
| 6 NBC - WCSH | 13 CBS - WGME |
| 7 PEG - Public | 14 QVC |
| 8 ABC - WMTW | 15 HSN |
| | 16 CHLT |
| | 17 Shop NBC |

- | | | |
|-----------------------|------------------|---------------------|
| 18 TV Guide | 37 Headline News | 56 Food Network |
| 19 C-SPAN | 38 TOON | 57 Travel Channel |
| 20 C-SPAN2 | 39 CNBC | 58 EWTN |
| 21 ION | 40 MSNBC | 59 Hallmark Channel |
| 22 PEG - Government | 41 truTV | 60 TBN |
| 23 GAC | 42 TCM | 61 History Channel |
| 24 Comcast Sports Net | 43 INSP | 62 TLC |
| 25 ESPN | 44 TNT | 63 Discovery |
| 26 ESPN2 | 45 Comedy | 64 TV Land |
| 27 NESN | 46 FX | 65 BET |
| 28 MTV | 47 USA | 66 ABC Family |
| 29 VH-1 | 48 TBS | 67 Nickelodeon |
| 30 Lifetime | 49 Oxygen | 68 Disney Channel |
| 31 Spike TV | 50 A&E | 69 Animal Planet |
| 32 CMT | 51 AMC | 70 SCI-FI |
| 33 Weather Channel | 52 Ovation | 71 TV5 |
| 34 NECN | 53 Bravo | 72 ONTV4 |
| 35 FOX News | 54 E! | 85 Local Access |
| 36 CNN | 55 HGTV | |

FRIDAY EVENING JULY 24, 2009												
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	King of Queens	Simpsons	WWE Friday Night SmackDown! (N) (In Stereo)	WWE Friday Night SmackDown! (N) (In Stereo)	Mental A drug dealer is killed.	Flashpoint "Aisle 13" (In Stereo)	NUMB3RS "Jacked"	News (N)	Cops (In Stereo)	Edge With	Paid Program	Paid Program
4	Two/Half Men	Two/Half Men	Are You Smarter Than a 5th Grader?	Are You Smarter Than a 5th Grader?	Surviving Suburbia	Goode Family	Accord-ing-Jim	Accord-ing-Jim	20/20 (In Stereo)	News (N)	Nightline (N)	Jimmy Kimmel Live (N) (In Stereo)
5	Two/Half Men	King of the Hill	Ghost Whisperer "Body of Water"	Ghost Whisperer "Body of Water"	Wash. Week	Maine Watch	Bill Moyers Journal (N) (In Stereo)	NOW on PBS	Inside Wash.	Charlie Rose (N) (In Stereo)	World News	Tavis Smiley
6	207	Deal or No Deal	The Chopping Block (N)	The Chopping Block (N)	Surviving Suburbia	Goode Family	Accord-ing-Jim	Accord-ing-Jim	20/20 (In Stereo)	News (N)	Nightline (N)	Jimmy Kimmel Live (N) (In Stereo)
8	Wheel of Fortune	Jeopardy!	Surviving Suburbia	Surviving Suburbia	Wash. Week	Maine Watch	Bill Moyers Journal (N) (In Stereo)	NOW on PBS	Inside Wash.	Charlie Rose (N) (In Stereo)	World News	Tavis Smiley
10	The NewsHour With Jim Lehrer	Wash. Week	Maine Watch	Maine Watch	Bill Moyers Journal (N) (In Stereo)	NOW on PBS	Inside Wash.	Inside Wash.	Charlie Rose (N) (In Stereo)	World News	Tavis Smiley	
12	TMZ (In Stereo)	Friends (In Stereo)	Privileged (In Stereo)	Privileged (In Stereo)	Hates Chris	The Game	Raymond	Raymond	Sex and the City	House of Payne	Half & Half	Auto King
13	Entertainment	The Insider	Ghost Whisperer "Body of Water"	Ghost Whisperer "Body of Water"	Flashpoint "Aisle 13" (In Stereo)	NUMB3RS "Jacked"	News (N)	News (N)	Late Show With David Letterman	Late Show With David Letterman	Late Late Show	Late Late Show
21	Reba	Reba	Reba	Reba	Movie: ★★½ "Falling Down"	(1993, Action)	Paid	Health	Paid	Paid	Paid	Paid
23	MLB Baseball: Baltimore Orioles at Boston Red Sox. (Live)	Innings	Red Sox	SportsD-	Outdoors	MLB Baseball						
24	Sports	World Team Tennis: Boston at New York	Sports	Sports	Final	Best Damn 50						
25	SportsC-	NFL Live	Soccer: World Football Challenge	Soccer: World Football Challenge	Baseball Tonight	SportsCenter (Live)	Baseball	NFL Live				
26	ATP Tennis: U.S. Open Series	Boxing: Ali-Blin	Boxing: Friday Night Fights. (Live)	Boxing: Friday Night Fights. (Live)	Tyson's Hits	16 and Pregnant						
27	Parental	Parental	16 and Pregnant	16 and Pregnant	Movie: ★★½ "Wayne's World"	(1992)						
30	Reba (In Stereo)	Reba (In Stereo)	Reba (In Stereo)	Reba (In Stereo)	Wife Swap "Koopman/Early"	Wife Swap (In Stereo)	Will & Grace	Will & Grace	Frasier	Frasier		
36	Lou Dobbs Tonight	Campbell Brown	Larry King Live	Larry King Live	Anderson Cooper 360				Larry King Live			
39	Kudlow Report	CNBC Reports	Swoosh, Nike	Swoosh, Nike	Inside Track	Fast Mny	Options	Mad Money				
40	Hardball	Countdown	Maddow Show	Maddow Show	Countdown	Maddow Show	Crossbow Inc.					
41	Cops	Cops	Most Shocking	Most Shocking	Forensic	Forensic	Most Shocking					
42	(6:15) Movie:★★★ "Remember-Nite"	Movie:★★½ "The Karate Kid"	(1984, Action) Ralph Macchio.	Movie:★★½ "The Karate Kid"	(1984, Action) Ralph Macchio.	Movie:★★★ "WarGames"	(1983, Suspense) Matthew Broderick.	Movie:★★★ "Stand by Me"	(1986)			
43	(5:50) Movie:★★ "The Other Sister"	Movie:★★ "Just Between Friends"	(1986, Drama) Mary Tyler Moore.	Movie:★★★ "Say Anything..."	(1989)	Movie:★★½ "My Life"	(1993, Drama) Michael Keaton.					
44	CSI: NY "City of the Dolls" (In Stereo)	CSI: NY "Jamalot" (In Stereo)	Movie:★★½ "Con Air"	Movie:★★½ "Con Air"	(1997, Action) Nicolas Cage. Vicious convicts hijack their flight.	Movie:★★½ "Con Air"	(1997, Action) Nicolas Cage.					
45	Scrubs	Scrubs	Daily	Colbert	Presents	Chap-Dane Cook	Funny People: Live	Presents	Presents			
46	(6:00) Movie:★★ "Godzilla"	(1998, Science Fiction) Matthew Broderick.	Movie:★★½ "The Marine"	(2006) John Cena. Thugs kidnap the wife of a soldier.	Movie:★★★ "Borat: Cultural Learnings"	(2003, Suspense)						
47	NCIS "Sea Dog"	House "Fidelity"	House "Maternity"	House "Cursed"								
48	Seinfeld	Seinfeld	Family Guy	Family Guy	Movie:★★★ "Independence Day"	(1996, Science Fiction) Will Smith. Earthlings vs. evil aliens in 15-mile-wide ships.	Sex and the City	Sex and the City				
50	CSI: Miami	CSI: Miami "Bunk"	CSI: Miami	CSI: Miami	CSI: Miami	Criminal Minds	CSI: Miami "Bunk"					
51	(5:00) Movie:★★★ "Rio Bravo"	Movie:★★★ "Butch Cassidy and the Sundance Kid"	(1969) Paul Newman.	Movie:★★★ "Blazing Saddles"	(1974, Comedy) Cleavon Little, Gene Wilder.	Movie:★★★ "Dracula"	(1979)					
52	Movie: [Art & Challenge]	Movie:★★★ "Great Balls of Fire!"	(1989)	Impact	Movie:★★★ "GoldenEye"	(1995, Action) Pierce Brosnan.	Movie:★★★ "GoldenEye"	(1995)				
53	(5:00) Movie: Challenge	Unwrap	Unwrap	Diners	Diners	Candy Convention	Good	Rachael	Diners			
59	M*A*S*H	M*A*S*H	Touched by an Angel (In Stereo)	Movie: "Mending Fences"	(2009) Laura Leighton.	The Golden Girls	Golden Girls	Golden Girls	Golden Girls			
60	Secrets	Life	Behind	Lindsey	Osteen	Price	Praise the Lord	Life	Prince			
61	Modern Marvels	Modern Marvels	Nazi Exped.	Nazi Prophecies	Battle 360	Modern Marvels						
62	Not to Wear	What Not to Wear	What Not to Wear	Dress	Dress	What Not to Wear	Dress	Dress				
63	Made	Made	Machines of Malice	Machines of Malice	Machines of Malice	Machines of Malice	Machines of Malice	Machines of Malice				
64	Cosby	Cosby	Cosby	Cosby	Movie:★★★ "Doc Hollywood"	(1991)	Rose-	Rose-	Rose-			
66	70s	70s	Home Videos	Home Videos	Home Videos	The 700 Club	70s	70s				
67	Penguins	Penguins	Penguins	Penguins	Penguins	Lopez	Fresh Pr.	Fresh Pr.	Malcolm	Malcolm		
68	Wizards-Place	Wizards-Place	Wizards-Place	Suite Life	Phineas and Ferb	Phineas and Ferb	Wizards-Place	Hannah Montana	Zack & Cody	That's-Raven	Zack & Cody	Cory in House
69	Cell Dogs	Whale Wars	Whale Wars (N)	River Monsters	Whale Wars	Whale Wars						

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SATURDAY EVENING JULY 25, 2009												
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	King of Queens	King of Queens	Movie:★★★ "Johnny Dangerously"	(1984, Comedy) Michael Keaton.	Ridin' Steel	Open Air	RENO 911!	RENO 911!	Paid Program	Paid Program	Paid Program	Paid Program
4	Two/Half Men	Two/Half Men	Cops (In Stereo)	Cops (In Stereo)	America's Most Wanted	News (N)	Two/Half Men	MADtv (In Stereo)	Spike Feresten	Legend of		
5	Two/Half Men	Two/Half Men	The Unit "Inquisition"	48 Hours Mystery (In Stereo)	48 Hours Mystery (In Stereo)	48 Hours Mystery (In Stereo)	48 Hours Mystery (In Stereo)	News (N)	CSI: NY (In Stereo)	Paid Program		
6	Green's Maine	Paid Program	Kings "The New King P. 2" (N)	Law & Order: Criminal Intent	Law & Order: Special Victims Unit	News (N)	CSI: NY (In Stereo)	CSI: NY (In Stereo)	Tracy Morgan; Kelly Clarkson.			
8	Wheel of Fortune	Jeopardy!	Wipeout (In Stereo)	Castle "Always Buy Retail" (In Stereo)	Dirty Sexy Money	"The Convertible"	News (N)	CSI: NY (In Stereo)	Cold Case			
10	My Hero	'Allo, 'Allo!	Good Neighbors	My Family	Movie:★★★ "The Snows of Kilimanjaro"	(1952) Gregory Peck.	Make 'em Laugh: Funny	Legends & Lyrics (In Stereo)				
12	Friends	NurseTV	Run-down	High School Game of the Week	Raymond	Community	Friends	Sex and the City	George Lopez	Half & Half		
13	The Insider	Paid Program	The Unit "Inquisition"	48 Hours Mystery (In Stereo)	48 Hours Mystery (In Stereo)	48 Hours Mystery (In Stereo)	News (N)	Entertainment Tonight (In Stereo)	The Insider			
21	(6:00) Movie:★★½ "Falling"	Movie:★★★½ "Lethal Weapon 2"	(1989, Action)	Time Life	Time Life	Mor. Cerullo						
23	MLB Baseball: Baltimore Orioles at Boston Red Sox. (Live)	Innings	Red Sox	SportsD-	Jim Rice	MLB Baseball						
24	CFL Football	Pac-10 Football: From the Archives	The Baseball Show									
25	Sport	Countdn	NASCAR Racing: Nationwide	Baseball Tonight	SportsCenter (Live)	Baseball Tonight						
26	NHRA Drag Racing	Horse Racing (Live)	MLS Soccer: Galaxy at Wizards	Series of Poker	Series of Poker							
27	True Life	Movie:★★½ "Wayne's World"	(1992)	The Real World	16 and Pregnant	True Life						
30	Movie:★★ "The Love of Her Life"	(2008, Suspense) Brandy Ledford.	Movie:★★ "What Color Is Love?"	(2009, Docudrama) Jennifer Finnigan.	Army Wives	Drop Dead Diva "The 'F' Word"						
36	Newsroom	Black in America	Newsroom	Black in America								
39	Deal or No Deal	On the Money	Suze Orman	Deal or No Deal	American Greed	Suze Orman						
40	Cradle to Grave	Lockup: Raw	Lockup Special	Lockup Special	Lockup: Raw	Lockup						
41	Speed-	Speed-	World's Dumbest...	World's Dumbest...	World's Dumbest...	Forensic	Forensic	Haunting Evidence				
42	(6:00) Movie:★★★ "Soylent Green"	Movie:★★★ "A Night at the Opera"	(1935, Comedy) Groucho Marx.	Movie:★★½ "The Firefly"	(1937, Musical) Jeanette MacDonald.	Movie:★★★ "Rose Marie"	(1936)					
43	Movie:★★½ "Immediate Family"	(1989, Comedy-Drama) Glenn Close.	Movie:★★ "Marvin's Room"	(1996) Meryl Streep.	Movie:★★½ "Taps"	(1981, Drama) Military cadets secure their campus from condo developers.						
44	(5:00) Movie:	Movie:★★½ "The Fast and the Furious: Tokyo Drift"	(2006, Action)	Movie:★★ "Into the Blue"	(2005) Four divers cross paths with drug smugglers.	Movie:★★★ "Panic Room"	(2002)					
45	(6:30) Movie:★★½ "Scary 2"	Movie:★★ "Beerfest"	(2006) Jay Chandrasekhar.	Jim Breuer	Adam Ferrara							
46	(6:00) Movie:★★½ "The Marine"	Movie:★★★ "Rocky Balboa"	(2006) Rocky, now retired, fights the world heavyweight champion.	Movie:★★★ "Deja Vu"	(2006, Suspense) A time-traveling agent falls in love with a murder victim.							
47	NCIS "Kill Ari"	NCIS "Kill Ari"	NCIS "Switch"	NCIS (In Stereo)	NCIS (In Stereo)	Law Order: CI	Action Sports					
48	(6:00) Movie:★★★ "Independence Day"	(1996, Science Fiction) Will Smith.	Bill Engvall	Bill Engvall	Movie:★★½ "Kicking & Screaming"	(2005, Comedy) Will Ferrell.	Bill Engvall	Bill Engvall				
50	CSI: Miami	CSI: Miami	CSI: Miami	CSI: Miami	CSI: Miami	The Sopranos	CSI: Miami					
51	(5:15) Movie:★★ "Last-Dogmen"	Movie:★★★ "Dances With Wolves"	(1990, Western) Kevin Costner, Mary McDonnell, Graham Greene. A Union officer befriends the Lakota.	Movie:★★★ "Last of the Dogmen"	(1999, Drama) Kevin Costner.							
52	(5:30) Movie:	Movie:★★★ "Amelie"	(2001) Audrey Tautou, Rufus.	★★★ "Like Water for Chocolate"								
53	Next Top Model	Next Top Model	Next Top Model	Movie:★★★ "Grease"	(1978) John Travolta.	★★★						
56	Paula's Party	Challenge	Challenge	Challenge	Iron Chef America	Challenge						
59	Movie: "Thicker Than Water"	(2005, Drama) Melissa Gilbert.	Movie:★★ "Cowboy Up"	(2000) Marcus Thomas. Jealousy threatens to tear two brothers apart.	Movie:★★★ "Seraphim Falls"	(2006) Liam Neeson.						
60	Precious Mem.	In Touch-Dr	Hour of Power	Billy Graham	History	Bringing Up Bobby						
61	Modern Marvels	Moonshot	Meteors: Fire in the Sky	Moonshot								
62	New Detectives	Dateline Myst.	Dateline Myst.	48 Hr-Evidence	Dateline Myst.	Dateline Myst.						
63	Deadliest Catch	Deadliest Catch	Deadliest Sea (In Stereo)	Deadliest Catch	Deadliest Catch	Deadliest Catch						
64	Griffith	Griffith	Griffith	Griffith	Griffith	Cosby	Cosby	Rose-	Rose-			
66	(5:30) Movie:	Movie:★★★ "Harry Potter and the Prisoner of Azkaban"	Home Videos	Fresh Pr.	Fresh Pr.							
67	iCarly	iCarly	True Jackson, VP	iCarly	Lopez	Lopez	Nanny	Nanny	Malcolm	Malcolm		
68	Movie:★★ "Return to Never Land"	(2002, Fantasy)	Movie:★★½ "Tinker Bell"	(2008) Mae Whitman.	Wizards-Place	Hannah Montana	Zack & Cody	That's-Raven	Zack & Cody	Cory in House		
69	Animal Facts	Animal Planet Dog Championships (N) (In Stereo)										

SUNDAY EVENING JULY 26, 2009												
	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30
3	Star Trek "The Cloud Minders"	Lost "???" (In Stereo)	CSI: Miami "Cop Killer" (In Stereo)	Chappelle's	Chappelle's	Outdrsm-n.	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program	Paid Program
4	"Til Death	American Dad	Movie:★★½ "Zoom"	(2006, Comedy) An ex-superhero mentors ragtag children.	News (N)	Two/Half Men	Legend of the Seeker "Denna"	House "Babies & Bathwater"				
5	60 Minutes (In Stereo)	Big Brother 11 (N) (In Stereo)	Cold Case "The Brush Man"	Without a Trace "Once Lost"	News (N)	Paid Program	CSI: NY (In Stereo)					
6	Great American Road Trip	Merlin Merlin faces a difficult choice.	Movie:★★ "The Storm"	(2009) Forces of nature combine to threaten humanity.	News (In Stereo)	Whacked Out Stars	Sports Law/Ord SVU					
8	America's Funniest Home Videos	Extreme Makeover: Home Edition	Desperate Housewives	News (N)	Cold Case "Volunteers"	CSI: NY						

MONDAY EVENING JULY 27, 2009. Table with 12 columns (7:00-12:30) and 69 rows of TV listings.

TUESDAY EVENING JULY 28, 2009. Table with 12 columns (7:00-12:30) and 69 rows of TV listings.

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WEDNESDAY EVENING JULY 29, 2009. Table with 12 columns (7:00-12:30) and 69 rows of TV listings.

THURSDAY EVENING JULY 30, 2009. Table with 12 columns (7:00-12:30) and 69 rows of TV listings.

CLICK & CLACK *talk cars*

Best Way to Stay Cool in an Old Car; What Do Gas-enhancement Claims Really Mean?

Dear Tom and Ray: I have a 1995 Volvo 940. Late last summer, my air conditioner seemed to lose some punch. Since summer was ending and the AC was blowing just cool enough to make things comfortable, I didn't bother fixing it. Now, with summer upon us again, I need to get it fixed. The air blows cold in the morning, and just slightly cool during the afternoon. The volume of air is fine. I do not hear any strange or weird noises from the compressor. The car runs great, and has 186,000 miles on it. About seven years ago, I had a new compressor installed. I'm guessing I have a leak, or leaks. Any thoughts for me before I take it in? It's supposed to get hot this week.

TOM: Yes. Bring a fresh shirt to change into, Juan. Most waiting rooms are on the petite side.

RAY: If I had to guess, I'd say you've lost some refrigerant. The fact that your air conditioner's performance has degraded so slowly (it changed very little in the past year) suggests that you have a very slow leak.

TOM: In that case, the prudent thing to do would be a vacuum test, to confirm that your leak is very minor. If it is, then you can just get your system recharged — that is, have it filled back up with refrigerant.

RAY: It may be another year, or more, before it gives you problems again. By then, with any luck, your Volvo may be sailing over to Korea as scrap metal, preparing to return to America as a Home Depot chiminea.

TOM: I mean, if you were really environmentally conscientious, you'd ask them to do a dye test to find the leak or, more likely, leaks. And then you'd fix them, no matter what.

RAY: If your system was losing its charge every week, or if your car was much newer, that would be our suggestion, too. And you'd have to do it, or invest in a lot more shirts.

TOM: The reason it's nice to do the diagnosis is because you may find a relatively simple problem. If your biggest leak is just a cracked hose, for instance, fixing it could cost you as little as \$100.

RAY: But if it's one of the major AC components, that's more like \$1,000. And since you're driving a 15-year-old car with almost 200,000 miles, I'm guessing you don't have a lot of extra money to spend.

TOM: In that case, you should do what most of our customers with slow leaks do, and just recharge it. At least see how long

if it lasts the summer, it may be the last charge you ever need.

DEAR TOM AND RAY: Is there any merit to the claim that nitrogen in gasoline has any benefit for cleaning the engine? What's the chemistry behind it? Or is this just the latest gasoline-additive scam?

TOM: Hmm. Maybe they're trying to get rid of all that excess nitrogen that they couldn't talk people into buying and using in their tires?

RAY: You're asking about Shell Oil Company's latest campaign, David, in which it claims that its gasoline is "nitrogen enhanced." And like most of the "enhancement" offers that come via e-mail these days, David, this claim probably should be ignored.

TOM: Shell claims that its new nitrogen-enhanced gasoline keeps your engine cleaner.

RAY: Here's the story. Every gasoline is required to use a certain minimum amount of deposit-control additive — which does help keep deposits from forming on your valves and other engine components. All of these additives contain small amounts of nitrogen.

TOM: But nitrogen is only one of several ingredients in these cleaning additives. So my guess is, Shell has increased the amount of cleaning additive in its gasoline, which has "enhanced" the nitrogen component.

RAY: And more cleaning additive is good. I mean, why not? It's such a small amount of nitrogen, compared with the volume of gasoline, that it doesn't affect the amount of nitrous oxides that come out of the tailpipe. And if your engine runs cleaner, than all the better.

TOM: But what the claim "nitrogen-enhanced" doesn't tell you is how much additive the gasoline had in the first place, and how much it has now. Maybe Shell used to add the absolute minimum necessary? Maybe it already was good, and got better? There's no way for us to know, as these are trade secrets. And by claiming its gasoline is enhanced, all we know is Shell is using more now than it was before.

RAY: Right. It would be like me and my brother claiming that our newspaper column is now "enhanced with right answers." It could mean that we really are trying harder and putting more time into answering each question. Or it could mean that we've enhanced the column to the point that we now get at least one answer right a year.

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	3		7		6		8	
	1	5					4	6
				9				
4			8		9			6
3								7
6			5		3			1
				1				
	8	9				2	5	
	7		2		4		1	

MEDIUM

58

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9 with no repeats. That means that no number is repeated in any row, column or box.

Solution, tips and computer program at www.sudoku.com

Sudoku solution on page 44.

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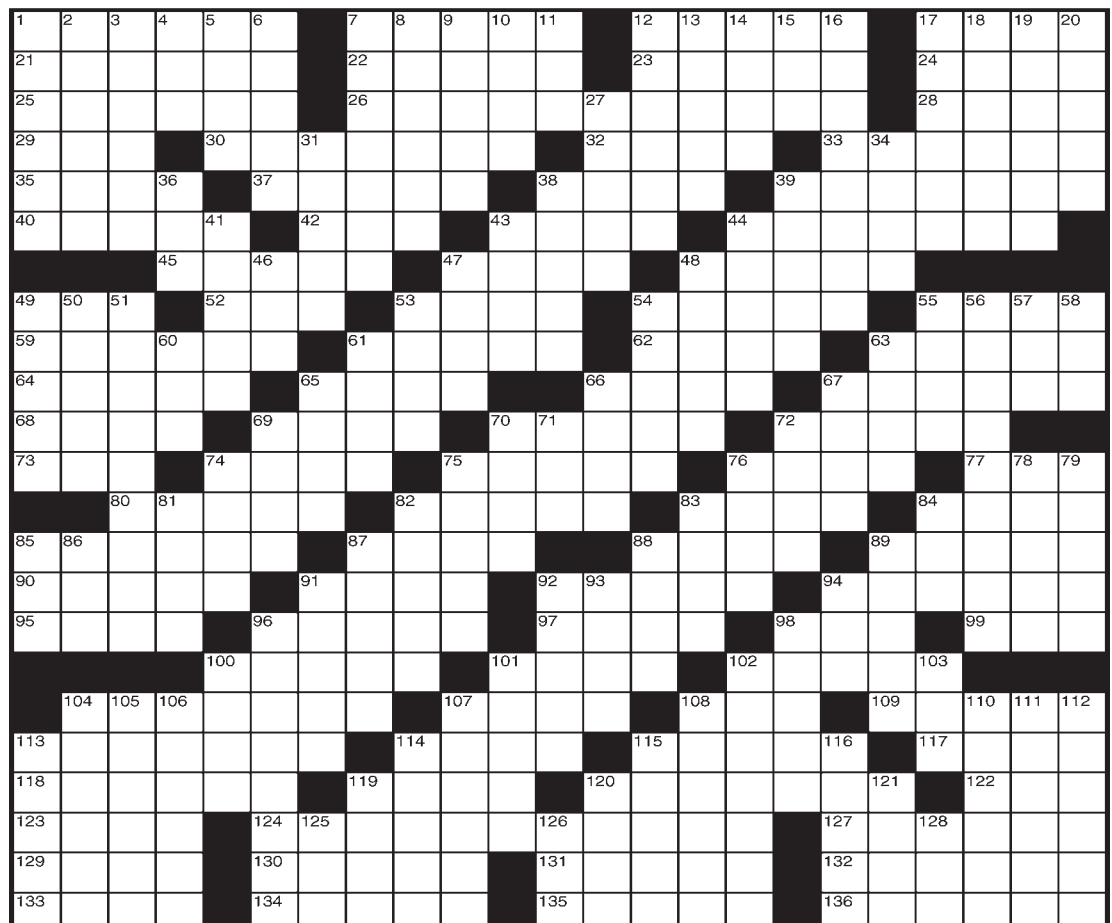
.....
If you drive a Subaru and haven't tried us, mention
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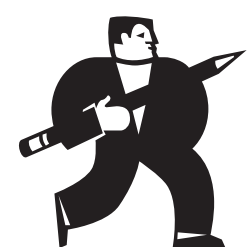
- 1 Gaseous element
- 7 Sparkling adornment
- 12 Lasso
- 17 Interoffice correspondence
- 21 Maria Conchita —
- 22 "Lou Grant" lead
- 23 Illegal burning
- 24 Almond-shaped
- 25 Pink-slipped
- 26 Blunt
- 28 Watch over
- 29 R-V connector
- 30 Melody
- 32 Triumphs
- 33 Get even for
- 35 — majeste
- 37 Raucous divers
- 38 Brewski
- 39 Pony, often
- 40 Organic compound
- 42 Get sleepy
- 43 Phoenix cagers
- 44 Dictionary builder
- 45 "Nick of Time" singer
- 47 Goody-goody
- 48 Fateful card
- 49 Driving hazard
- 52 Vaccine amts.
- 53 Fielder's glove
- 54 Glider's lack
- 55 Galaxy unit
- 59 Farthest point
- 61 Sahara mountains
- 62 Draft animals
- 63 Canine, maybe
- 64 Pastrami sellers
- 65 Tarzan's mate
- 66 Couple
- 67 Forceful person
- 68 Draws to a close
- 69 Words from Scrooge
- 70 Zorba portrayer
- 72 Small towns
- 73 Compass pt.
- 74 Yanks' foe
- 75 Viking letters
- 76 Machete cousin
- 77 Formal attire
- 80 Hits dead-center
- 82 Meats and veggies
- 83 Spacious
- 84 Lo-cal
- 85 Golf standout — Ochoa
- 87 Name in jeans
- 88 Peril at sea
- 89 Connect (2 wds.)
- 90 Musical combo
- 91 Tent support
- 92 Conceited smile
- 94 Pompeii art
- 95 Non-flying bird
- 96 Quips
- 97 Part of an orange
- 98 Hurry along
- 99 Catch some rays
- 100 Ceremonies
- 101 Oasis feature
- 102 Less common
- 104 Russian tea-maker
- 107 Stripe
- 108 Clergy mem.
- 109 Raj title
- 113 Apple pastry
- 114 Margarita rim
- 115 Not as many
- 117 Lost
- 118 Victorian garment
- 119 Inch forward
- 120 Planting guide
- 122 Ms. Hagen of films
- 123 Becomes mellow
- 124 Snail mailer's need (2 wds.)
- 127 Rackets
- 129 Climb the ladder
- 130 The L in LEM
- 131 "— a Rainy Night"
- 132 One that uses an attorney's services
- 133 Four-footed pals
- 134 Mongol rulers
- 135 Early harps
- 136 Bank jobs

DOWN

- 1 Give a hard time
- 2 Overjoys
- 3 Destructive insect
- 4 Sign
- 5 Internet fan
- 6 Shape clay
- 7 Pine's "anchor"
- 8 Global speck
- 9 Writer — Nin
- 10 Rider's gear
- 11 Prince Val's son
- 12 Rafter's challenge
- 13 Presses
- 14 Requests
- 15 Familiar digit
- 16 Michigan town (2 wds.)
- 17 Instant
- 18 Show clearly
- 19 Horse trough
- 20 More ancient
- 27 Threw a punch
- 31 Basins in a church
- 34 Gigantic
- 36 Poetic adverb
- 38 Business attire
- 39 Evita or Juan
- 41 Marathons
- 43 Baja Ms.
- 44 Creek or river
- 46 Bartender's rocks
- 47 Carpet feature
- 48 Snake venom
- 49 Slowly vanishes
- 50 Unclogs
- 51 Fall bloomer
- 53 Map abbr.
- 54 Bellyaches
- 55 Nightclub number
- 56 Warmest
- 57 Midnight teller
- 58 Sigma preceder
- 60 Draftees
- 61 Sighs of relief
- 63 Amateur
- 65 Pokes
- 66 Deep-dish desserts
- 67 Fittingly
- 69 Lugosi of film
- 70 Je ne sais —
- 71 And, for Wolfgang
- 72 Dull conversationalist
- 74 Zest
- 75 Wanders freely
- 76 Swindle
- 78 City near Syracuse
- 79 Kin of argon
- 81 Space preceder
- 82 Thick wools
- 83 Org. for seniors
- 84 Rumor, perhaps
- 85 Kind of PC screen
- 86 Melodrama shout
- 87 Dangerfield persona
- 88 Respiratory organ
- 89 Trunk possessors
- 91 Scent carrier
- 92 Ran up bills
- 93 Backless slipper
- 94 Cone bearer
- 96 Glib chatter (2 wds.)
- 98 Port in a storm
- 100 Grabbed a cab
- 101 Sly tricks
- 102 Rouses again
- 103 Sleazy newspaper
- 104 Cheap cigar
- 105 Citizen's —
- 106 Rumples
- 107 High-tech beams
- 108 Take away
- 110 Realty listings
- 111 Resolute
- 112 Tigers and bears
- 113 Steep cliff
- 114 Kitchen wrap
- 115 Elevator stop
- 116 Bunkhouse locale
- 119 — St. Vincent Millay
- 120 With skill
- 121 Merry king of rhyme
- 125 Like stupid!
- 126 Part of RSVP
- 128 Square root of IX



Crossword solution on page 44.



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Saturday, July 25

Waterfront Heritage Park
Free Admission! 9 am - 4 pm



Belfast Maritime Heritage Festival

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