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Destination: Iron Man Championship, Kona, Hawaii



Tom Hedstrom outside Bikesenjava in Rockland

What does it take to swim 2.4 miles in the open ocean, then bicycle 112 miles across a lava field followed by running 26.2 miles as fast as you can? Nothing special, according to Camden resident Tom Hedstrom. "I don't think you need anything special," the 33-year-old father of five says. "You have to have the desire. You have to want to call yourself an Iron Man."

Hedstrom will have the chance to find out when he competes in the 2008 Iron Man Triathlon competition in Kona, Hawaii, on October 11. To help support Hedstrom's trip, Bikesenjava in Rockland is hosting a fundraising cookout at 2 p.m. at the Camden Snow Bowl on Sunday, September 7.

Hedstrom seems an unlikely Iron Man candidate. A slight man, he came to triathlon rac-

ing just a few years ago, when a stress fracture in 2001 caused him to take a break from long-distance running. "I bought a bike then because I had to rest my hip and I was addicted to running."

Hedstrom, who received a degree in nutritional science from the University of New Hampshire, served in the Army, where he was trained as an Army Ranger. He left active duty in 1999, and soon after he and his wife Carrie, who also was in the Army, began their family. "I was working as a substitute teacher," Hedstrom says, "and I would take care of my son [Connor] and run." The couple lived in Kentucky while Carrie finished her tour in the Army and it's there that Hedstrom started long-distance bicycling. Swimming came later. "I'm

IRON MAN continues page 8

"Selected Shorts" Visits Camden September 14

Maine authors and maritime themes will be featured when "Selected Shorts" returns to Camden on Sunday, September 14. The Camden Public Library and the Penobscot Marine Museum in Searsport are joining forces to co-host this literary and maritime project at the Camden Opera House on September 14 at 3 p.m. "Selected Shorts" is a program on NPR and MPBN.

The Camden program will consist of a reading from E.B. White's *Stuart Little*, the tale of a mouse born to a human family. White, who moved to North Brooklin in 1939, wrote *Stuart Little* in 1945. Broadway actress Mia Dillon will read "The Sailboat Race" from *Stuart Little*. Dillon has appeared on Broadway in *Our Town*, *Crimes of the Heart*, *Hay Fever*, *The Corn Is Green* and *The Miser*, and she recently toured Ireland with her actor-husband Kier Dullea in *Deathtrap*.

Isaiah Sheffer, the director and host of radio's "Selected Shorts," will read "The Diver" from Lewis Robinson's *Officer Friendly and Other Stories*, winner of the PEN/Oakland-Josephine Miles Award. Robinson, a graduate of Middlebury College, Middlebury, Vermont, teaches in the Stonecoast MFA program at the University of Southern Maine and resides with his family in Portland. *Officer Friendly and Other Stories* was Robinson's debut

SELECTED SHORTS continues page 4

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We The Six Billion

by Joe Steinberger

Peaceful Coexistence

Despite the distractions from the Democratic and Republican Party conventions and from hurricane Gustav, despite the ongoing war in Iraq and the continuing war on terror, the critical event of 2008 remains the Russian invasion of Georgia. After more than 20 years of rolling back the Russian power, the United States and Europe have been confronted with a new reality. The Russians are mad as hell and aren't going to take it anymore.

I don't wish to justify the Russians' heavy-handed military response to Georgia's attack on the minority region of South Ossetia. It is clear, though, that we are going to have to accept a realpolitik of Russian power, and a limit on our ability to suppress it.

The details of the Georgian conflict would take more than this short column to sort out. The Ossetians, a distinct people with their own language, are descended from the Alans. In the Middle Ages, the Mongols forced bands of the Ossetians south of the Caucasus into a part of Georgia, where they remained an ethnically distinct population. Georgia was annexed into the Russian Empire in 1801, but the Ossetians continued to assert their independence. This was partially recognized in 1921, after the Russian Revolution, by the creation of an autonomous province of South Ossetia. With the fall of the Soviet Union and the re-establishment of an independent Georgia in 1991, conflict between Ossetians and Georgians escalated. Russia supported the Ossetians and Georgia was forced in 1992 to accept a ceasefire that established the presence of Russian soldiers as peacekeepers in South Ossetia.

As is usual in such local conflicts, however, the real cause is not some historical or ethnic divide (Ossetians and Georgians have most of the time managed to live together comfortably) but a larger conflict into which they are drawn. That larger conflict, in this case, is the assertion of Russian power vis a vis the West, and (of course) the geopolitics of energy. Just as U.S. interest in Iraq is clearly connected to our interest in Middle East oil, Russia's interest in Georgia is motivated by their desire to control the oil and gas pipelines (built in the Soviet era) that connect Russian oil and gas to Europe.

Nothing in this brief background justifies Russia's aggressive behavior in Georgia, any more than U.S. interest in oil justifies our invasion of Iraq. It is important, though, to understand that in this world there are interests and perspectives other than our own, and that to reconcile conflicts such as the one in Georgia we must choose either to impose by force our own view of what is right, or else seek by other means to establish some balance of power with others who have their own interests and perspectives.

Since the end of the Cold War we have been on a roll with the former approach. We have only our own excesses to blame for the fact that the Russians have now called our bluff. We are not foolish enough, thank God, to force a military confrontation with Russia over Georgia, so we now must seek other means of resolution.

I remember a lesson from elementary school. A teacher told us a story, probably more legend than fact, of the early Romans. Roman soldiers, at war with a neighboring tribe, managed to trap their enemies in a cul-de-sac. The Roman general asked a wise man for advice on what to do with them. "Let them go in dignity," he said, "and invite them to be at peace with you." The general was unwilling to be so generous and asked the wise man for other advice. "Kill them all," the wise man said, but the general could not bring himself to do this either. Instead he chose to let the captured enemy soldiers go, but only after forcing them to run a painful and humiliating gauntlet. The result, of course, was that they were reinforced in bitter enmity and the Romans were forced to fight them another day.

We had this sort of choice at the end of the Cold War, and such generosity as we have had has been spoiled by the humiliating march of our NATO military alliance, and military installations, into former Soviet territory. The result is the emergence of a weakened, but angry, enemy and the risk that the situation could escalate to further enmity and even war.

Fortunately for us American hotheads, the Europeans have taken the lead in responding to Russia's adventure in Georgia. This week the EU, which had been engaged in talks with Russia on closer ties, froze those talks until Russia fully withdraws from Georgia. French, and EU, President Nicolas Sarkozy plans to visit both Moscow and Tbilisi next week, saying, "We have to re-examine our relationship with Russia."

Such a measured response is sensible. The Europeans, the Americans and, especially, the Russians, have a lot to lose in escalating this conflict. A realistic appreciation of that fact is the basis of the diplomacy we need to establish a reasonable balance of our interests. There are win-win possibilities, and lose-lose ones too.

Palin and McCain: Too Much Maverick, Too Little Judgment

by Thomas McAdams Deford

Gustav threatened to keep President Bush and V.P. Cheney away from the coronation of John McCain — a useful service for McCain as he runs away from Bush's record — even as it flooded our TV screens with reminders of Bush's biggest domestic screw-up. In the end, Cheney stayed away — off to the Caucasus where his hawkish views will no doubt make a bad situation worse — so Bush shared the spotlight Tuesday night via a satellite hookup with Fred Thompson (remember him?) and Joe Lieberman, ex-Democrat, now independent and McCain's best buddy, which only helped underline the paucity of qualified Republicans and reminded viewers why McCain had floated to the top of the mediocre GOP pool vying for the nomination.

But if Gustav kept Bush from what would have hardly been a victory lap around the convention site, it also temporarily overshadowed — perhaps luckily when you consider the news that was coming out at the same time — McCain's Hail Mary pick of Sarah Palin to be his vice-president.

At first glance, his choice seemed an obvious bit of pandering to the white, female, middle-class Democrats who were still livid that Hillary had lost. But as Palin's conservative, evangelical, anti-abortion, creationist, NRA make-up was made known — not exactly the profile of most Hillary supporters — it became clear that whatever her appeal, she wasn't going to scarf up a lot of disgruntled Hillary fans. Counting on her for that would be on a par with picking Clarence Thomas to get the black vote.

It became obvious instead that Palin's role was to shore up the conservative base, for whom McCain, despite his own anti-choice, pro-war, and recently pro-tax-cuts-for-the-rich positions, has always been suspect. Governor Palin by contrast is the real thing for the Republican right wing. But those same traits that make her so appealing to the red-meat hard core not only will not work with Hillary's base, they are likely to be a stretch for most independents or undecideds.

On a different side of the ledger, McCain's glaring lack of economic expertise, as he himself has attested to, will hardly be offset by someone whose main qualification for the job consists precisely of running one of the least populous states for some 20 months after dealing with the underwhelmingly complex financial dealings of a town of 5,000.

As for McCain's oft-stated claim that he intended to pick someone "who can step in on day one," Sarah Palin, wholesome, feisty, young, a modern version of the frontier wife — attractive traits I'm sure her speech last night was designed to illustrate — is however no more ready to be president of the United States than approximately 25 million oth-

er middle-aged men and women with interesting but irrelevant life stories. America may be the world's oldest living democracy, but we're not ancient Athens, where pretty much every freeman was expected to take a hand in helping to run the place at one time or another.

Then there's the issue of "troopergate" — the assertion that she fired a public safety commissioner for not firing her brother-in-law during a messy divorce case with Palin's sister. An Alaskan state ethics investigation into the charge was launched a few weeks back on the recommendation of a bipartisan committee of state legislators.

The McCain campaign issued a statement the day he chose her noting she was cooperating with investigators "and has nothing to hide." In the meantime, Palin revealed she's hired a private attorney, which certainly doesn't prove she did anything wrong, but an ongoing, he-said/she-said ethics investigation will bring plenty of the kind of news that will hardly help McCain and his unknown, unlikely vice-presidential choice.

Finally, there was the revelation that her 17-year-old unmarried daughter is five months pregnant. In response to increasing wonderment about the apparent lack of in-depth vetting of Palin, a Republican spokesman said that McCain had been aware of the pregnancy before he picked her. But after all his years in the Senate and knowing the press as well as he does, and presumably knowing the limits of how much even he can manipulate them, why would McCain want to have his campaign upstaged by the intensely personal story of a vulnerable 17-year-old girl and her high school boyfriend? And, frankly, why would her mother want to expose her daughter to such unavoidable publicity?

These two issues together beg the real question. And it's not about Palin's patent lack of experience on national, international, and economic issues. The real question comes down to McCain's own qualifications. What does it say about his judgment when he picks an untested, obscure governor, baggage and all, surely aware that the press would home in on the ethics probe, and that the story of her daughter's pregnancy — however the press handled it — would be a distraction?

McCain apparently only met Palin once. Until a day or two before he revealed his choice, he'd been hoping to get Joe Lieberman, or failing that, Tom Ridge. How much real vetting was done? Was this a serious, well-thought-out decision about the person who could be that cliched heartbeat away from being president? Or just a whimsical act, a gut move designed to show off that maverick streak he's so enamored of — but which in fact ended up just highlighting its downside.

In his 2002 autobiography, McCain noted, apparently with pride, that he makes snap judgments and quick decisions, "quicker than the other fellow." He acknowledged that "often my haste is a mistake but I live with the consequences without complaint."

Fine for him; but if he's elected, we too would have to live with the consequences of another non-reflective, conservative president who enjoys shooting from the hip.

Fisheries Services Propose Expanding Gulf of Maine Atlantic Salmon Protection



NOAA photo

NOAA's Fisheries Service and the U.S. Fish and Wildlife Service are proposing to redefine the endangered Gulf of Maine population of Atlantic salmon to include fish found in other nearby areas.

Atlantic salmon currently covered under the endangered listing include fish in the Dennys, East Machias, Machias, Pleasant, Narraguagus, Ducktrap and Sheepscot rivers and Cove Brook. Between 2002 and 2007, these populations averaged fewer than 100 spawning fish annually.

The proposal that was announced on Tuesday, September 2, would expand the endangered designation for Atlantic salmon populations — from the Androscoggin River to the Dennys River, including anadromous salmon inhabiting the Kennebec and Penobscot rivers, as well as hatchery fish used in the recovery effort. Currently, such hatchery populations are maintained at Green Lake and Craig Brook national fish hatcheries. Including fish from these populations, the 5-year average (2002-2007) number of spawning fish is nearly 1,200.

The action is consistent with recommendations made public in a 2006 review of the status of Atlantic salmon in Maine. The agencies initially defined the Gulf of Maine population and listed it as endangered under the federal Endangered

ATLANTIC SALMON continues on page 9

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Editor, Patricia Poe — email: editor@freepressonline.com

Staff Writers, Georgeanne Davis and Melissa Waterman

Associate Publisher & Advertising Manager, Steve Davis

email: admanager@freepressonline.com

Advertising Representatives:

Deena Carafelli, Kerry Sabanty, John Jensen, Lily Filippi,

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Concerts Honoring Joel Cartwright to Connect Kids with Farms

Two midcoast concerts of folk, jazz and bluegrass are slated in September to help connect school kids with local farms and growing and eating healthy food.

The first event is Sunday, September 7, from 3 to 7 p.m. at Sweet Leaves Tea House, 22 Pleasant Street in Brunswick; the second concert is Friday, September 12, at 7 p.m. at the First Universalist Church, 345 Broadway in Rockland.

These informal musical gatherings feature a variety of local musicians, and locally grown food will be available. The concerts are free but donations are needed, say organizers. The concerts benefit the fund honoring Joel Cartwright of Waldoboro, a strong advocate of farms-to-schools programs and an organic gardener. He graduated from Bowdoin College with a promising future but took his own life on June 27 at age 24, suffering from severe depression.

In Cartwright's honor, the fund is called The Flannel Shirt, a favorite garment of his. A Flannel Shirt account has been established at Camden National Bank.

The Brunswick event features African



drumming with Djump!, acoustic folk with local duo Evergreen, lots of fiddle music with Johanna Davis and Crew from Round Pond, and Brunswick fiddler Trevor Peterson.

The Rockland concert will feature fiddle music with Waldoboro sisters Josie and Sophie Davis, jazz with pianist Muriel Havenstein of Nobleboro, drummer Jason Dean of Belfast and others — plus Evergreen, Djump! and, from the Fox Islands in Penobscot Bay, bluegrass/rock trio The Toughcats.

For more information, contact Joel's sister Chelsea Cartwright by calling 832-5584 or e-mail joyfulbodies@midcoast.com.

Megunticook Mini-Marathon Regatta

The Megunticook Mini-Marathon Regatta will be held Saturday, September 6, on Megunticook Lake in Camden. Dubbed "one of the best kept secrets around" by Katy Bonin and "great" by Karen Chenausky in separate Independent Rowing News articles, the Mini-Marathon has become a circled date on the calendars of its many repeat racers. Bob Eldridge calls it "my absolute favorite regatta . . . by far."

And that was even before he won it. He suggests it to anyone in the Northeast. The top finishers frequently won medals in their respective divisions at the Head of the Charles.

The regatta starts at the foot of the cliffs of Mt. Megunticook in waves of five to seven rowers, grouped by age and sex, approximately 30 seconds apart. The 10-mile race threads its competitors through the narrow passages of the lake's coves and islands, leading to the motto "Not just a race . . . an adventure." The rowing conditions are generally well protected, and there is an all-weather, 3-mile alternate course.



Eldridge has the course record for singles of 1:07:45, eclipsing Russ Cone's prior record time. Jack Meyer has the Men's Time Handicapped course record of 1:06:00. The doubles record was set by Charles Wray and John Saxby at 1:09:09. In 2006 Tina Vandersteel set the Women's Masters course record of 1:17:21 and corrected time record of 1:16:57, eclipsing Claudia Wagner's and Linda Kennet's prior records.

The Maine Rowing Association and the Camden Parks & Recreation Department sponsor this regatta. For information, contact Bob Perkins at 626-8562 (day), 626-8518 (fax), 236-6344 (evening) or bob.perkins@maine.gov.

Camden International Film Festival Seeks Volunteers

Organizers of the fourth annual Camden International Film Festival (CIFF) are seeking volunteers for the international documentary film festival. CIFF '08 will be held Thursday through Sunday, September 25 to 28, throughout midcoast Maine. Those interested in non-fiction storytelling, or looking for a taste of the film industry, should visit www.camdenfilmfest.org for more information about joining the CIFF team. This is an opportunity to be part of the behind-the-scenes action, gain experience in film festival planning, connect with filmmakers, and see a number of documentaries

screening for the first, and maybe only, time in New England. Volunteer opportunities include ticket taking, event catering, driving and ushering. Volunteers will receive free tickets to screenings of their choice.

Attendees are given the opportunity to experience the art of documentary filmmaking, as well as its importance to cultural understanding. CIFF will hold screenings, discussions, forums and special events at several locations around Camden, Rockport and Rockland. Visit www.camdenfilmfest.org for more information.

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SELECTED SHORTS — continued from page 1

Readers Keir Dullea, left, and Mia Dillon, right PHOTOS BY KRISTEN HOBERMANN

collection of 11 stories set in and around the seaside town of Point Allison, Maine. Sheffer is co-founder of Symphony Space and its artistic director.

Sheffer will also read "Port of Many Ships" written by John Masefield, one of the great English storytellers and poets, and a spinner of yarns about tall ships and exotic seas. "Port of Many Ships" appears in the book *Sea Fever*.

Hollywood actor Dullea will read "Make Westing" by Jack London. "Make Westing" appeared in the *Sunset Magazine* in April 1909. London's stories appeared in magazines around the world in the early 1900s. He was a pioneer in the world of commercial magazine fiction; his *Call of the Wild* appeared first in 1903 in the *Saturday Evening Post*. Dullea has appeared in 24 films including "2001: A Space Odyssey," "Bunny Lake Is Missing" and "David and Lisa," for which he won a Golden Globe award and the Best Actor award at the San Francisco Film Festival. He has also appeared on Broadway and on television in "Law & Order" and in the "Audrey Hepburn Story."

"Selected Shorts" is produced in New York by Symphony Space. Since 1985, Symphony Space has served as the stage for pairings of authors and actors. "Selected Shorts" producers match Oscar and Tony award-winning actors with short stories by contemporary and classic authors. These programs are presented on Maine Public Radio on Sunday

evenings. In addition to the radio broadcasts, "Selected Shorts" also appears occasionally in communities live across the country.

Tickets are now on sale for "Selected Shorts" at the Camden Public Library and the Penobscot Marine Museum. Tickets may be purchased online by visiting the Camden Public Library's Web site at www.librarycamden.org. Reserved seats are available for \$50 and general-admission seats are \$20 for adults and \$8 for children. Last year's event was sold out.



Host Isaiah Sheffer

9/11 Camp Continues at Kieve-Wavus

Camp Kieve-Wavus is preparing to host its seventh annual 9/11 Family Camp for families affected by the September 11 tragedies. Next week, individuals and families from FDNY Ladder Company 3, FDNY Battalion 6 and Cantor Fitzgerald in New York as well as the Pentagon will arrive at Kieve for another expense-free week of laughter, hugs, support, and lots of fun, games and entertainment.

This year is the largest camp so far with over 130 participants from Washington and New York. Camp director Russ Williams says, "We have a lot of in-camp and offsite activities planned and our staff and volunteers are eagerly awaiting this very rewarding week."

Some of the activities will include fishing with avid bass fisherman and Maine Guide Ron Gerard, water skiing, an afternoon sail on the Schooner *Eastwind* and a cruise on the *Nellie G.* from Boothbay Harbor, a baseball game at Kieve's "Fenway Park" and the annual ping pong tournament. There will be trips to Stonewall Stables for horseback riding, the Boothbay Railway Museum, Coastal Maine Botanical Gardens, the Owls Head Transportation Museum and a hike up Megunticook Mountain. One evening will be filled with fun and laughter brought on by the Hi-Energy juggling duo of brothers from Buckfield, who performed at the White House last year. This will be the seventh year the Pemaquid Fisherman's Co-op will provide an authentic lobster bake, and musician Bruce Marshall will perform sing-along and dance tunes on the closing evening.

September 11, 2001, changed the

world and changed many families' lives in ways never imagined. Kieve has had an opportunity to share its campus, natural beauty and relative safety with these families. Over the last seven years, a lot of lasting friendships have developed among campers. Williams says, "9/11 event funding has become increasingly ... difficult to uncover the further away we get from this tragedy. We welcome all donations to help us cover the enormous costs for this week of respite and relaxation."

For additional information, contact Williams by calling 563-5172 or e-mailing russ@kieve.org.



FDNY fireman Walter Henning and his daughter Nicole are returning this year.

Energy Update at Breakfast Biz

The Penobscot Bay Regional Chamber of Commerce is presenting an informative Breakfast Biz on Tuesday, September 16, from 7:30 to 9 a.m. at the Samoset Resort, Rockport Room, 220 Warrenton Street, Rockport. The topic is "Energy Update" presented by Jamie Py, president of the Maine Oil Dealers Association.

The session's focus is to help businesses and members understand the current energy environment/trends, to discuss the various methods and technologies that will help to reduce costs and to respond to questions and gain input.

Py will provide the environment/trends

part of the program, including information about alternatives, and an energy technician will provide the technology presentation. Both speakers will respond to questions.

The cost for this Breakfast Biz program is \$10 per person. Registration fee includes coffee, tea, fresh sliced fruit, baked fruit breads and mini pastries. Reservations should be made by Friday, September 12, with Shari Closter at the Penobscot Bay Regional Chamber of Commerce at 596-0376, extension 22, or e-mail shari@therealmaine.com.

For more information about the Penobscot Bay Regional Chamber of Commerce, visit www.therealmaine.com.

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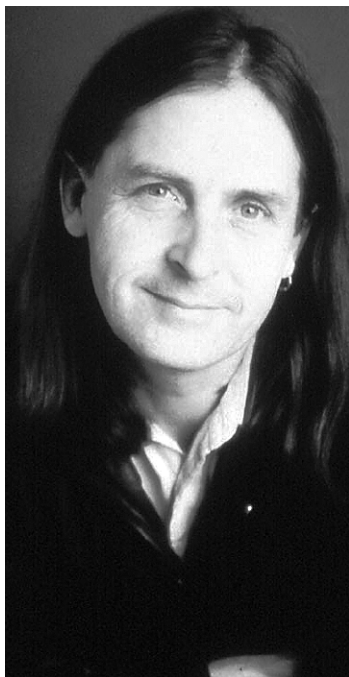
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Dougie MacLean to Return to Midcoast

After a five-year hiatus, midcoast Maine will again hear Dougie MacLean in concert at the Camden Opera House on Thursday, September 11, at 7:30 p.m.

MacLean is a singer-songwriter who has established one of the strongest followings of any performer on the contemporary Celtic music scene. At the forefront of the development of Scottish music and song for years, he is one of Scotland's most successful contemporary singer-songwriters, whose innovative work has created a modern interpretation of Scottish music that remains rooted in ancient Scots culture.

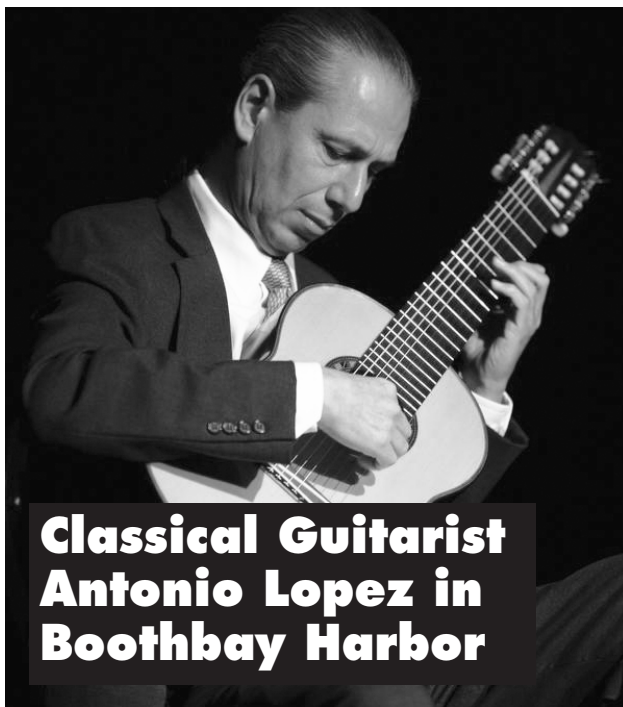


Dougie MacLean

MacLean's songs have been heard all over the world and been recorded by many top artists, including Kathy Mattea, Frankie Miller, Mary Black and Delores Keane. "Caledonia," the song he wrote 15 years ago about Scotland, has become a sort of Scottish anthem and went straight to number one in the Scottish charts. His instrumental compositions have been performed by ensembles and orchestras worldwide.

Maclean has appeared at Carnegie Hall in New York and been awarded gold discs for sales of over 500,000 for both his music for the movie "The Last of the Mohicans" and for songwriting and co-producing on Kathy Mattea's album "Time Passes By."

Tickets are \$25, general admission, and available at Wild Rufus in Camden, Grasshopper Shop in Rockland and Mr. Paperback in Belfast, as well as on the Camden Opera House Web site, www.camdenoperahouse.com, at the Camden Town Office, or by calling the Opera House box office at 470-7066. Any remaining tickets will be available at the door the evening of the concert beginning at 6:30 p.m.



Classical Guitarist Antonio Lopez in Boothbay Harbor

Acclaimed classical guitarist Antonio Lopez returns to the Opera House at Boothbay Harbor at 8 p.m. on Saturday, September 13, where he will perform the works of composers Manuel M. Ponce, Agustin Barrios, Heitor Villa-Lobos, J. Flores and Antonio Lauro.

Born in Mexico City, Lopez began his classical guitar studies at the Escuela Superior de Musica and the National Conservatory. He has been invited to perform solo recitals around the world and has served on the faculty of the University of Southern California, University of Santa Barbara, at the San Francisco Conservatory and schools throughout Mexico. This concert will be Lopez's only performance in the Northeast in 2008.

In addition to his concert on Saturday evening, Lopez is offering a master class in guitar on Saturday morning. Students interested in enrolling in the workshop are asked to call the Opera House at 633-6855. The class is open to students of all ages and talents, as well as to those without guitars interested in auditing the session. The cost for the master class is \$20 to participate or \$5 to sit in and audit.

Tickets for the concert are \$15 in advance and \$18 at the door. The box office is open Tuesday through Friday from 10 a.m. to 4 p.m. or by calling 633-5159. Tickets are also available online at boothbayoperahouse.com. Doors for seating open at 7:30 p.m.

"Blues Cruise" with Ana Popovic Sept. 12

On Friday, September 12, from 7 to 10 p.m., there will be a Blues Cruise with Serbian guitar virtuoso/vocalist/songwriter Ana Popovic and her band on the MV *Monhegan*, sailing out of Rockland harbor at the Middle Pier. Boarding starts at 6 p.m. Tickets are \$25 per person. A meal of lobster stew, clam chowder, finger foods and dessert catered by Richard Morgan will be available for purchase.

Born in the war-torn town of Belgrade, in the former Yugoslavia, in 1976, Popovic formed her first band, Hush, in her early 20s, playing hundreds of gigs and making regular appearances on Yugoslavian television. She eventually chose to leave her home country to study music at the Utrecht Academy in the Netherlands, where she now resides. After years of steady touring in Europe and four critically-acclaimed CDs and a W.C. Handy Award nomination for Best New Artist Debut, Popovic set her sights on the United States and in June 2007 released "Still Making History," her debut CD with Eclecto Groove Records. Popovic says "Still Making History" is "about global and cultural histories, as well as our own small, private histories."

Reviewer Chris Parker of the Cleveland Scene says, "A great performer, Ana Popovic is arguably the most exciting female guitarist on the blues circuit today. . . . She can shift from a sultry strut to a deep, despairing wail. Informed by Stevie Ray's quick runs and the long, expressive phrasing of Hendrix, her unique playing skips between brute force and delicate grace, like a stone skimming the water's surface."



Ana Popovic
PHOTO BY ALAN R. SMITH

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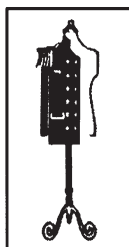
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Tess Gerritsen Signing New Book in Camden

Local New York Times bestselling author Tess Gerritsen is celebrating the launching of her 13th novel, *The Keepsake*, Tuesday, September 9, from 6 to 8 p.m. at the Owl & Turtle Bookshop at the Knox Mill in Camden. The evening will include refreshments and Gerritsen will be available to sign copies of the new book.

Ever since Gerritsen left her medical practice to concentrate on writing, she has succeeded with her medical thrillers, including *Harvest*, *Bloodstream*, *Gravity*, *Body Double*, *Life Support*, *The Surgeon*, *The Apprentice*, *Vanish*, *The Mephisto Club* and *Bone Garden*, all of which have appeared on The New York Times Bestseller List. Her latest novel, *The Keepsake*, is her seventh thriller to feature Detective Jane Rizzoli and Dr. Maura Isles.

In this tale, after studying an X-ray scan of a newly discovered Egyptian mummy at Boston's Crispin Museum, medical examiner Isles realizes the mummy isn't a priceless artifact but a recent murder victim, gruesomely preserved.

For more information, call 236-4769 or e-mail info@owlandturtle.com.

Rockport Library to Host Author Andy Austin



On Wednesday, September 10, at 6 p.m., Andy Austin will be reading from her new book, *Rule 53: Capturing Hippies, Spies, Politicians, and Murderers*, at the Rockport Public Library.

Rockport summer resident Austin has been sketching sensational trials for ABC television news since the Chicago Seven Conspiracy Trial in 1969. While she was sketching, she was also listening, and the notes she kept on her most interesting assignments have become journalistic history.

In this electronic era, there is one throwback to the days before TV, and that is courtrooms where no cameras are allowed and only artists may visually record the proceedings. *Rule 53* is named for the prohibition that disallows cameras in the courtroom. Austin's book is illustrated with her courtroom sketches, which add authenticity and the feel of time and place to these courtroom dramas.

In *Rule 53* Austin writes about yuppies Abbie Hoffman and Jerry Rubin, serial murderer John Wayne Gacy, and about crooked politicians, drug king-pins and real-life counterparts of television's "Sopranos."

Austin and her husband Ted Cohen, a University of Chicago philosopher, will be reading excerpts from *Rule 53*. For more information, call the library at 236-3642.

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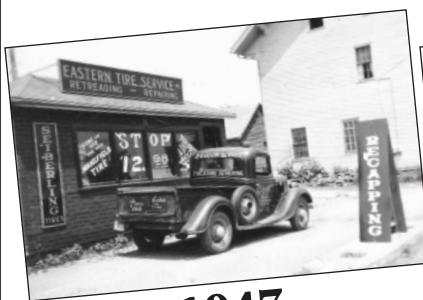
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IRON MAN — continued from page 1

not much of a swimmer, but my wife is. She gave me lessons on how to swim properly," he says. Soon he was venturing into the triathlon world.

"My first triathlon was in 2003. I liked it so much. There was this great feeling of satisfaction," Hedstrom says. "Of course, I was dead last in the water. But then I was good on the bike and better running." After Carrie finished in the Army, the couple moved their growing family to Camden in March 2004. Hedstrom had been working as an electrician and quickly found employment with a local company. And he kept training.

"I did the Timberman Triathlon race in New Hampshire in 2005 and things just kept getting better and better," Hedstrom says. "So I thought I would sign up for the Lake Placid triathlon." The Lake Placid event in July each year is a qualifying race for the Iron Man Championship in Hawaii. Twenty-two other qualifying races are held annually throughout the world. To enter the Lake Placid race one must sign up a year in advance.

Hedstrom competed in the Lake Placid Triathlon in 2006, where he finished eighth out of 238 in his age group [30-35] and 41st overall. He didn't make the cut to compete in the Iron Man Championship but signed up to enter Lake Placid again. In 2007 Hedstrom finished 45th overall, with a time of 10 hours and 12 minutes. Again he just missed qualifying for the championship. He signed up again. "I got faster in 2008," he says with a smile. "I was 41st overall, and my time was 9 hours 57 minutes." After three tries, Hedstrom's time and standing in his age group qualified him to compete in the championship in October.

"People get into this [triathlons] because it's a challenge, and believe me, it is," Hedstrom says. To swim, bicycle and run these long distances, a body must be fit in all major muscle groups. "You look at a swimmer, like in the Olympics," he continues. "They are all shoulders and upper body. A runner tends to be lean. A bicyclist has these enormous thighs." While an 18-year-old might be very fast in any one of the three races, without stamina and training they won't do well in a triathlon, Hedstrom explains. "Endurance training is volume training," he says. "You have to accumulate the miles." By simply doing long-distance swimming, bicycling and running consistently, the body learns how to husband itself to persevere. Having the right body type also helps, says Hedstrom.

"I am predisposed to endurance events," he says. "I am more slow-twitch muscle fiber, which means I can sustain a long, hard rate. I don't have the explosion for fast." Muscles are made up of bundles of muscle fiber. The fibers them-

selves are strands of proteins that can grab and pull, thus causing muscle contraction. Slow-twitch fibers use highly oxygenated blood to contract muscles over a long period of time without tiring. Fast-twitch muscles fire anaerobically (without oxygen) more rapidly than slow-twitch and are used for quick bursts of speed. Human beings generally have an equal proportion of slow- and fast-twitch muscles.

Hedstrom also watches his diet carefully. "I train hard and eat light," he says. Although he weighed approximately 180 pounds when he lifted weights during his Army days, Hedstrom tries to keep his weight around 160 to 162 pounds for triathlons. "It's easier to take ounces off my body than it is to shave them off a bike," he says gesturing to a rack of high-performance bicycles at the Bikesenjava shop.

To train for the October competition, Hedstrom gets up at 4 a.m. on Monday, Wednesday and Friday mornings and sets forth on a nearly three-hour bicycle ride. "Then I get back, take a shower and go to work," he says. On Tuesdays and Thursdays he runs to Lake Megunticook for a mile swim then runs home. On the weekends he rides between 60 and 80 miles on Saturday morning followed by a 15- to 20-mile run on Sunday. "Sometimes

I take a Sunday evening bike ride," Hedstrom adds.

The running and swimming continue through the winter months at the Penobscot Bay YMCA, plus Hedstrom usually tosses in one or two marathons, such as the Boston Marathon, in the spring and fall. He also takes part in shorter local races, such as the Lighthouse to Lighthouse 5K race earlier this summer. "I don't do well in these but it's OK. They are way faster than me, but what a great community! I like to talk to them [other runners] and they are always so good to me, lots of encouragement," Hedstrom says.

Hedstrom, his wife and five children plan to arrive in Kona on October 7. "I'll train hard right up to the 6th and then rest. You have to be so rested for the Iron Man. You have to relax because it's such a long day," Hedstrom says. One of the key elements in the Hawaiian event is to stay hydrated, he continues. "Lake Placid is hills. Kona is heat," Hedstrom says in describing the two races.

Hedstrom says that his appreciation for the support he has received from friends like Bikesenjava owner Chris Christy and runners in the Rock Coast Runners group is immeasurable. "Hands down, I would rather be in the Iron Man Championship than in the Olympic triathlon. And they understand why I do this. They get it," he says. "This cook-out should be a lot of fun for me because I'll have a chance to thank people."



Back of Tom Hedstrom's shirt

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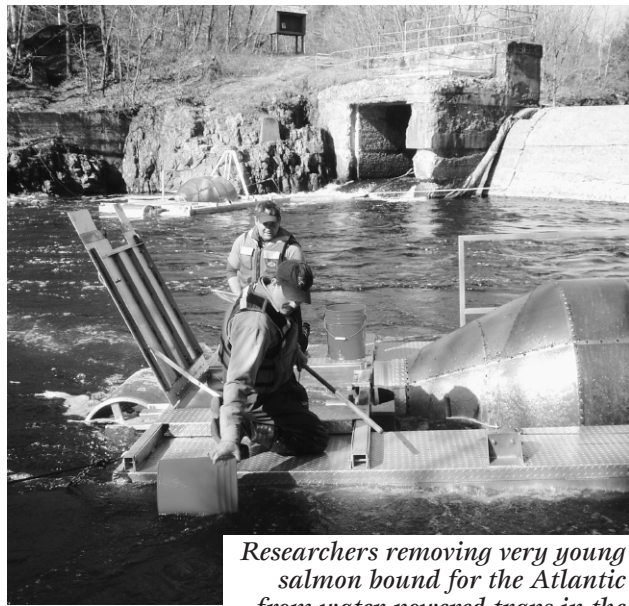


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Atlantic Salmon

continued from page 2



Researchers removing very young salmon bound for the Atlantic from water-powered traps in the Sheepscot River. NOAA photo

Species Act in 2000, but deferred inclusion of fish found in portions of the Penobscot and Kennebec rivers and their tributaries, pending additional study.

So far this year, roughly 2,000 adults from the proposed expanded endangered population have returned to spawn. This is a slight increase over recent years, but just 10 percent of the number required before spawning stocks are thought to be in good condition.

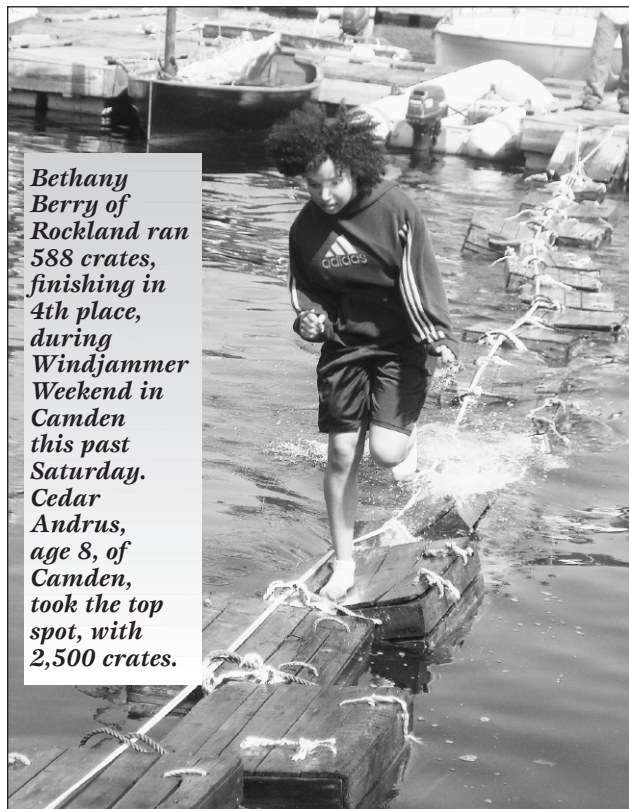
Species listed as endangered are offered the full protection of the Endangered Species Act, including a prohibition against take. Take is defined to include harass, harm, pursue, wound, kill, trap, capture, or collect.

Public hearing times and places will be announced shortly, and public comments on the proposal will be accepted by the Services through December 2, 2008. The agencies are particularly interested in comments on using hatchery fish to supplement wild populations as a way to reduce the risk of extinction, on viability and/or threats to Atlantic salmon in the Gulf of Maine population, and on current efforts to protect these fish. A final rule is expected after the agencies have reviewed the public comments.

Perfect Weather for 28th Annual Maine Sport Triathlon

The 28th annual Maine Sport Triathlon kicked off at 9 a.m. in perfect weather Sunday, August 31, at Barrett's Cove on Megunticook Lake in Camden. The race consisted of a half-mile swim in Megunticook Lake, then a 27-mile bike ride, finished off by a 6.6-mile run.

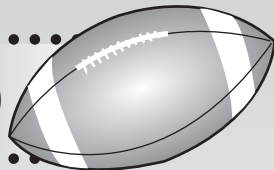
Matthew Briggs of Concord, Massachusetts, age 20, was the top-spot finisher, at 2 hours and 43 seconds. Jeffrey Fisher of Durham, Maine, age 45, took second place, with 2 hours, 3 minutes and 52 seconds. Milan Babik of Vassalboro, age 29, came in at 2 hours, 8 minutes and 56 seconds. Thomas Hedstrom of Camden, who has qualified to compete in the Iron Man Competition in Hawaii (see article on page 1), finished fourth, with 2 hours, 11 minutes and 56 seconds. And Catharine Payson of Cape Elizabeth, age 43, took fifth place, finishing in 2 hours, 13 minutes and 45 seconds. All the race results are posted on Maine Sport's Web site, www.mainesport.com, under events.



Bethany Berry of Rockland ran 588 crates, finishing in 4th place, during Windjammer Weekend in Camden this past Saturday. Cedar Andrus, age 8, of Camden, took the top spot, with 2,500 crates.

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- Indianapolis at Minnesota
- Chicago at Carolina
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- New York Giants at St. Louis
- New Orleans at Washington
- Atlanta at Tampa Bay
- San Francisco at Seattle
- New England at New York Jets
- San Diego at Denver
- Miami at Arizona
- Baltimore at Houston
- Pittsburgh at Cleveland

Monday, September 15

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Now that tomatoes big and small, red and dusky pink, orange and yellow are finally ripening and becoming abundant at farmer's markets, the Master Gardeners at Brae Maple Farm in Union will once again be holding their Tomato Tasting. On Sunday, September 14, from 3 to 5 p.m., rain or shine, members of the public who grow their own tomatoes are invited to bring two or three of each variety to be sampled and savored. Last year there were 88 different varieties to be tasted.

Master Gardener Dean Slye II will be the master of ceremonies and will give a tomato seed-saving demonstration in addition to providing participants with information on different varieties of tomatoes.

Brae Maple Farm is located on North Union Road, off Route 17 in Union.

If you have excess tomatoes and want to try something a little different, I can recommend homemade ketchup. I realize it doesn't have the cachet of a salsa or chutney, but it has a bright, fresh and yet spicy taste that bears little resemblance to commercial preparations. Homemade ketchup can elevate a plate of homefries or a humble burger to gourmet fare, and the following recipe eliminates any sieving or food-milling.

Blender Ketchup

- 24 lbs. ripe tomatoes
- 2 lbs. onions
- 1 lb. red peppers
- 1 lb. green peppers
- 9 cups vinegar
- 9 cups sugar
- ¼ cup canning or pickling salt
- 3 tbsp. dry mustard
- 1½ tsp. ground red pepper
- 1½ tsp. whole allspice
- 1½ tsp. whole cloves
- 3 cinnamon sticks, broken into short pieces

Wash tomatoes and dip in boiling water for 30 to 60 seconds or until skins split, dip in cold water, slip off skins, core, and quarter. Remove seeds from peppers and slice into strips. Peel and quarter onions. Blend tomatoes, peppers, and onions at high speed for five seconds in blender. Pour into a 3- to 4-gallon stock pot or large kettle and heat. Boil gently 60 minutes, stirring frequently. Add vinegar, sugar, salt, and a spice bag made from cheesecloth into

which you put the dry mustard, red pepper, and other spices. Continue boiling and stirring until volume is reduced one-half and ketchup rounds up on a spoon with no separation of liquid and solids. Remove spice bag and fill sterilized hot canning jars, leaving 1/8-inch headspace. Adjust lids and follow instructions for boiling-water-bath canning, which is about 15 minutes for pint jars. Yields about 9 pints.

* * * * *

Now that days are still warm but markedly shorter and nights are cooling down, it's time to start planting next year's perennials and fall-blooming bulbs. The bulbs can wait a bit, but in order to let the perennials set down roots and get settled in before cold weather, early September is the optimal period to get them in the ground. Yes, I know you're trying desperately to put up the harvest — and how do I know this? Because when I went looking for materials to put up my own harvest, I noticed the scant supply of gallons of vinegar and boxes of yellow raisins, a sure sign that someone is making chutneys and preserves, pickles and relishes. But save the cooking for evenings and get out in the garden for these last wonderful days of summer if you can.

One perennial I'm hoping to plant more of is iris. I've always loved the blooms, and the leaves, while not particularly handsome, never turn brown and look ugly, either. In addition to making a great cutting flower, iris have a range of haunting scents, some spicy, some musky, some sweet. In the border or cutting garden, iris flourish with very little care and require little watering once newly planted specimens have established a new root system. In fact, iris prefer dry soil and good drainage to over-watering, making them worthy candidates for a drought-tolerant garden. As for care, after they bloom in the spring, cut off bloom stems close to the ground, and in late fall or early winter, cut leaves back to tidy fans of about six inches. Every three or four years iris need to be divided, and right now is a good time to dig up clumps, separate the new rhizomes, and replant.

Which brings me to the question of what to do with excess rhizomes. A friend recently wondered why there are many plant sales in spring but none in September, which would be a great time for gardeners to swap iris or any other separated perennials. If anyone has interest in having a plant swap sometime soon, send me an e-mail, care of calendar@freepressonline.com and I'll try to make it happen.

Tasty Tomatoes



by Georgeanne Davis

Master Gardener Program Starting

The 2008-2009 Master Gardener Volunteer Program for Knox-Lincoln and Waldo counties will be starting in early October.

This year's program will focus on ornamentals and will begin on Tuesday, October 7. Classes will run from 12:30 to 3:30 p.m. on Tuesdays and Thursdays until November 18. Most classes will be at the Knox-Lincoln Extension office in Waldoboro and some will be at the Waldo County Extension office in Waldo. In the spring, the training will continue with a minimum of two hands-on workshops. Participants are encouraged to carpool.

After completing all 12 classes, an open-book exam and two spring workshops, participants are required to give 40 hours of volunteer time to their community. There are many ways for trainees to share their new gardening knowledge — demonstration gardens, school programs, Plant-A-Row for the Hungry campaigns, newsletter articles, public talks and slide shows, answering home gardening calls and more.

After 40 hours of volunteerism, Master Gardeners become certified and can maintain yearly certification with as little as 20 hours. Advanced training opportunities and newsletters are available to all certified volunteers.

The total program costs \$90 and includes a large reference manual and extensive hand-outs from extension specialists and industry experts.

Anyone interested in volunteer work and completing the program requirements to become a Master Gardener

Volunteer should call or e-mail for a brochure and application. Class size is limited, so applicants will be accepted on a first-come, first-served basis plus indications that applicants are committed to the volunteer component of the program. Note that there will be another program for Waldo and Kennebec counties in February.

For more information, contact the University of Maine Cooperative Extension Knox-Lincoln Office by calling 800-244-2104 (in Maine) or 832-0343 or e-mail lstanley@umext.maine.edu.



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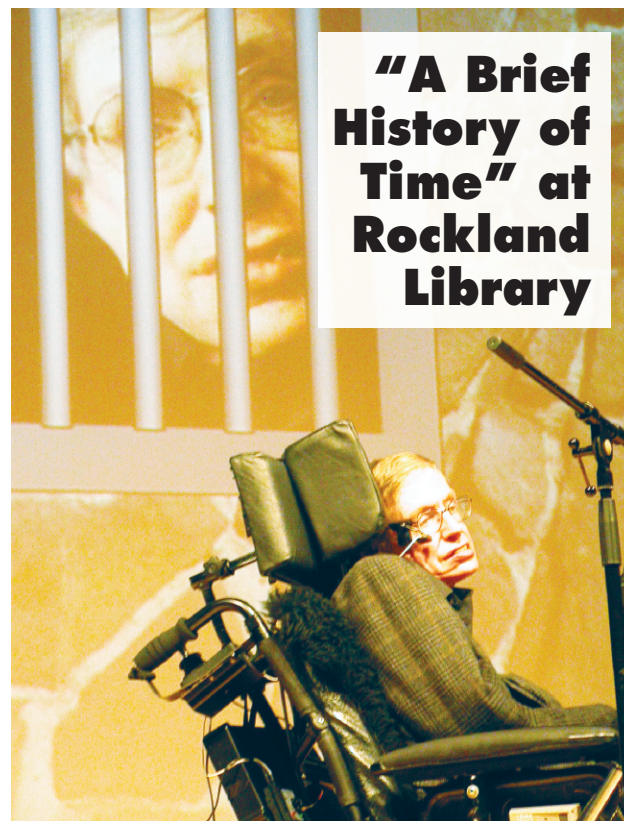
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"A Brief History of Time" at Rockland Library

On Thursday, September 11, at 6:30 p.m., the Rockland Public Library will present a screening of the award-winning film "A Brief History of Time" in the Friends Community Room. Winner of the Grand Prize at the Sundance Film Festival, Best Documentary at the Seattle International Film Festival and the International Documentary Association award, "A Brief History of Time" was directed by Errol Morris ("The Thin Blue Line," "Standard Operating Procedures") and is about the life and work of theoretical physicist and cosmologist Stephen Hawking, who, despite his near total paralysis, is one of the great minds of all time. Through interviews with family and colleagues of the brilliant theoretical physicist, as well as Hawking's own synthesized readings and reminiscences, viewers learn of his early life, his struggle with the degenerative disease ALS (amyotrophic lateral sclerosis), and his wide-ranging contributions to our knowledge of time, black holes and the origin of the universe.

Special accommodations for persons with disabilities can be made with 48 hours' notice; call the library at 594-0310. Admission is free.

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Amy Goodman to Speak in Bangor

Amy Goodman, host and executive producer of "Democracy Now!," a national daily, independent, award-winning news program airing on over 700 television and radio stations in North America, including WERU Community Radio in Maine, will speak at the Hammond Street Church in Bangor on Saturday, September 13, at 3 p.m. Her talk will address the news of the day, the political conventions and the role of media in democratic society and will be followed by a question-and-answer session. Admission is free.

Goodman attended the College of the Atlantic in 1979 and graduated from Harvard University. She is the co-author with her brother, journalist David Goodman, of three New York Times bestsellers.

The event will follow a peace rally and walk starting at 1 p.m. in Paul Bunyan Park, sponsored by the Peace and Justice Center of Eastern Maine. More information is available by calling 469-6600 or online at www.weru.org.



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Bicentennial Bluegrass at Chestnut Street Baptist Church

Chestnut Street Baptist Church will be hosting a bluegrass gospel concert on Sunday, September 14, at 7 p.m. as part of its continuing bicentennial celebration. Phil and Ellen LaClaire will be performing gospel tunes that highlight many aspects of past and present church life and experience.

The LaClaire family have a passion for acoustic bluegrass and gospel music. They have been singing in church since they were children and both come from extended families who spent many evenings playing traditional ballads, gospel and old-time country music together. When they married 36 years ago, they combined their musical interests and eventually

formed the LaClaire Family Band that once included Mom LaClaire, daughters Jessica and Sarah and "Uncle Al" Williams.

Phil is a vocalist as well as a guitar, banjo and mandolin player. Ellen lends support with the upright bass, some vocal leads and harmonies and an occasional riff on the mandolin. The LaClaire family will be joined by Jeanine Loubier of Hulbert, Oklahoma, who travels with them in the summer and brings her many instrumental and vocal talents to give a well-rounded bluegrass sound.

The LaClaire Band has produced 10 recording projects and do many concerts each year at churches, festivals, homecomings and fairs.



The LaClaire Band performs widely in New England and elsewhere at churches, festivals and fairs. Left to right: Ellen LaClaire, Jeanine Loubier and Phil LaClaire

Coastal Chorale Starts New Season

The Coastal Chorale is starting a new season and looking for new members to join this community choir. Both the young and "young at heart," the experienced and those new to singing are invited to join the group as it prepares for its annual holiday performance. Beginning September 8, the chorale will be meeting on Mondays from 7 to 9 p.m. in preparation for a December 14 concert.

Rehearsals are at the Methodist Church in New Harbor and no audition is required. Under the direction of Jane Wilmot, minister of music at the Second Congregational Church of Newcastle, the chorale will be performing familiar and new songs of the season, both sacred and secular. For more information regarding the Coastal Chorale, contact Darin Carlucci at 677-3018.



Poets Kristen Lindquist, left, and Ellen Goldsmith

Poets Goldsmith and Lindquist to Read at Camden Library

Local poets Ellen Goldsmith and Kristen Lindquist will present "A Conversation in Poetry about the Environment" from 6 to 8 p.m. on Tuesday, September 9, in the Picker Room at the Camden Public Library.

The poetry reading and reception celebrating the environment are free and open to the public. The event is sponsored by the Camden Public Library and the Maine Literary Festival, celebrating this year's festival theme, "For This Earth, Visions in Literature."

Goldsmith's poems have appeared in a number of magazines and journals. "No Pine Tree in This Forest Is Perfect" won the Hudson Valley Writers' Center 1997 chapbook contest and was described by Dennis Nurkse, the contest judge, as an "incandescent collec-

tion." A resident of Cushing, Goldsmith is a professor emeritus of the City University of New York.

Lindquist is a freelance writer and poet living in Camden where she is also development director for Coastal Mountains Land Trust. Her writing has appeared in many venues; she writes a monthly natural history essay for the Camden Herald as well. Oyster River Press included her chapbook *Invocation to the Birds* in their 2001 *Walking to Windward* series.

The Maine Literary Festival, a scholarship project of the Midcoast Branch of the American Association of University Women, will take place Friday through Sunday, November 7, 8 and 9, at the Camden Opera House.

Poetry Workshop & Reading at Boothbay's Lincoln Arts Festival

Poet and University of Maine professor Jeffrey Thomson will lead the 2008 Poetry Workshop sponsored by the Lincoln Arts Festival on Saturday, September 6, at St. Columba's Episcopal Church in Boothbay Harbor. The workshop will run from 9:30 a.m. to 3 p.m.

Thomson will join workshop participants in a reading at 3:30 p.m.; taking part in the

reading is voluntary, but workshop participants are encouraged to join in. The reading is open to the public.

The program is open to all poets, from beginner to experienced. The fee for the workshop is \$60, and does not include lunch, although dessert will be provided. For reservations or more information, call 633-6202 or e-mail jrwope@aol.com.

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"A Moser Reunion" Opens at Messler Gallery

Bench, cherry with ash spindles and figured maple legs, by James Becker

PHOTO BY THOMAS AMES, JR.

On Friday, September 12, the exhibition "Legacy of Talent: A Moser Reunion" opens at the Messler Gallery of the Center for Furniture Craftmanship in Rockport. It presents contemporary pieces by Thos. Moser Cabinetmakers in conjunction with work by seven accomplished furniture makers who passed through the Moser workshops early in their careers. These are Jas. Becker Cabinetmaker from Wilder, Vermont; Green Design Furniture from Portland; Huston & Co. from Kennebunkport; Kevin Rodel Furniture & Design Studio from Brunswick; Peter Thompson from Cornville; Vigneron Design Studio from Housatonic, Massachusetts; and Stewart Wurtz Furniture from Seattle, Washington.

In 1972, Moser left a teaching career to rediscover the art of furniture making in an old Grange hall in New Gloucester. Today, Thos. Moser Cabinetmakers employs nearly 100 craftsmen to produce an extensive line of residential and institutional furniture, yet the work retains Moser's original commitment to the natural beauty of wood, enduring construction and simple design.

Most of the exhibitors in "Legacy of Talent" started with Moser in the Grange hall, lured by the romance of craftsmanship. Bill Huston was one of only four craftsmen working at the bench when he started in 1976. By the time he moved on to found his own company in 1988, he had risen to general man-

ager and the business had grown considerably. Today Huston employs four craftsmen building his own line of residential and institutional furniture, which can be seen at his Kennebunkport showroom.

Rodel worked at Moser from 1979 until 1985, during which time the Grange hall was populated by six cabinetmakers and five chair makers. Today, Rodel is an international authority on arts and crafts furniture, building one piece at a time in his Brunswick studio and offering design services for larger projects. He is also co-author, with Jonathan Binzen, of *Arts & Crafts Furniture: From Classic to Contemporary*.

Doug Green left a small, one-man workshop to work for Moser from 1981 until 1982. There, he discovered a talent for streamlining production techniques which led him to take a degree in industrial design from Pratt Institute in New York and then to found his own company, Green Furniture Design. Today Green employs five craftsmen making high-end furniture for a national customer base, using his own patented joinery technology.

The Messler Gallery is located on the campus of the Center for Furniture Craftmanship, at the corner of Route 90 and Mill Street in Rockport. The exhibition can also be viewed at www.woodschooll.org.

For more information on the Center for Furniture Craftmanship, call 594-5611 or e-mail cfc@woodschooll.org.



Art Workshops –

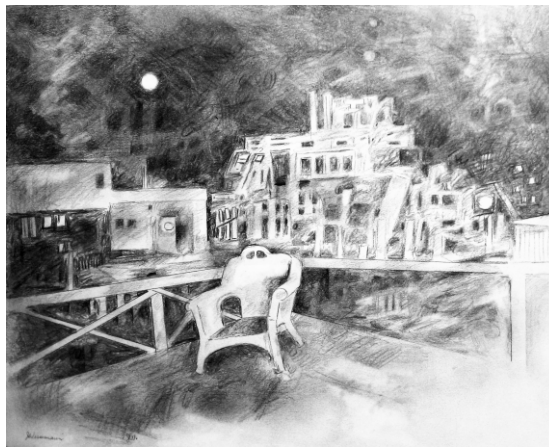
Last week during the Coastal Maine Art workshop in Rockland, students watched as Steve Rogers painted a harbor scene in Camden. The workshops are held through October 17. Contact Lyn Donovan at 594-4813 or online at www.coastalmaineartworkshops.com for more information.



Oils by Phoebe Bly at Sea Studio Gallery –

"Dusk to Dawn," new work by oil painter Phoebe Bly, will be shown at the Sea Studio Gallery on Route 131 in Tenants Harbor Friday through Wednesday, September 5 through 10, with an opening reception planned for Friday from 5 to 8 p.m. Bly grew up in the area and is a self-taught artist. Many of the paintings in the show are nightscapes, a subject Bly has been drawn to repeatedly. "I like the way nighttime can intensify both our highest aspirations and our deepest dread. It makes the paintings more personal," says Bly. At right is Bly's painting "December, 6 a.m."

ART ON THE COAST



Wissemann to Show at Gold/Smith Gallery

"Nocturne, Rockland Waterfront," graphite drawing by John Wissemann

From September 11 through October 22, Gold/Smith Gallery at 41 Commercial Street in Boothbay Harbor will be featuring new works on paper by Cushing artist John Wissemann. For over a decade the gallery has shown Wissemann's elaborate and complicated large-format colored pencil drawings based on antique Japanese woodblock prints. In this exhibit the works are in graphite and the subject matter more personal. The drawings come from Wissemann's own life experiences, nighttime discoveries at an abandoned park-

ing lot or harbor, arrangements of flotsam found on a cove on Culebra or a sea of tropical wild flowers seemingly pressed onto paper.

The nocturnes, mostly of Rockland, are less abstractions and more direct impressions of his experience and were largely drawn on site. They are dark, moody, dreamlike and somewhat smoky by nature.

The public is invited to meet Wissemann at the gallery on Saturday, September 13, from 5 until 7 p.m. For more information, call the gallery at 633-6252.



Getty Quilt Art at Camden Library

Detail from "Tree of Life," quilt art by Diane Getty

Diane Getty's quilt art will be on display in the Picker Room at the Camden Public Library for the month of September in an exhibit entitled "Collage in Fabric and Thread." The public is invited to an opening reception on Sat-

urday, September 6, from 2 to 4 p.m., and to a quilting demonstration given by the artist on Sunday, September 7, between 1 and 5 p.m.

Getty says, "I have always gathered and treasured fabrics, fibers, and random found objects. Fabrics

offer an almost unlimited color range with the added bonuses of textures, patterns, and images. They can be cut, frayed, slashed, drawn, painted, stitched, printed upon, and embellished with beads and small objects.

"My definition of fabric collage is related to quilting but has no rules or set patterns. I paint fabrics and use purchased materials. I stitch freehand on the machine and also embroider by hand. Some of my work honors quilting traditions, but in my individual way."

"Sustenance" to Show at Belfast Co-Op –

"Sustenance," a photo-documentary show by Lisa B. Martin, will be on view at the Belfast Co-Op Gallery from September 3 through 30. Martin's work deals with individuals in rural Maine creating a life from the soil in a sustainable way. She is an adjunct faculty member at Unity College and is currently working toward her Master of Fine Arts in visual arts from Vermont College of the Fine Arts. Martin has been a Maine resident since 1982 and currently resides in an old farmhouse in Monroe with her husband and daughter. The Belfast Co-op is located at 123 High Street in Downtown Belfast. For information call Fran Clemetson at 338-2532.



"Cornstalks," photo by Lisa Martin

Special Art Walk in Rockland

Arts in Rockland (AIR) has organized a Special Evening Art Walk on Friday, September 5, from 5 until 8 p.m. AIR's 22 members will keep their doors open late and offer refreshments and cocktails to guests along Main Street. New and current works by

established and emerging artists in a wide array of media and styles will be available to view. For a complete listing of participating galleries, visit www.artsinrockland.com or pick up a walking map at any participating gallery.

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"Wiped Out" ©2007 by Philip Anderson for The NY Times (Ben Stein article)

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ART ON THE COAST

Two New Exhibits to Open at Waterfall Arts

Freedom artist Paul Oberst will exhibit his work in "Temples/Locus of Intent" at Waterfall Arts' Clifford Gallery. The exhibit opens on Friday, September 5, with a reception from 6 to 8 p.m. and will continue through September 26.

Oberst has been carving, building, painting and printing temple-like forms since 1981. Initially his sculptures appear as basic architectural objects with four sides, a passageway and a chimney structure. He stamps each piece with text: words such as "soul," "spirit" or "shroud" reveal themselves and are repeated hundreds of times to create a glow of color on the surface. Oberst makes the temple images using different materials and seeks to bring the viewer to a place of "contemplation, calm and integration."

Oberst received his degree in studio art from Centre College in Danville, Kentucky, and was an arts fellow at the Fine Arts Work Center in Provincetown, Massachusetts. He has shown in New York, Philadelphia, the DeCordova Museum in Lincoln, Massachusetts, the Cleveland

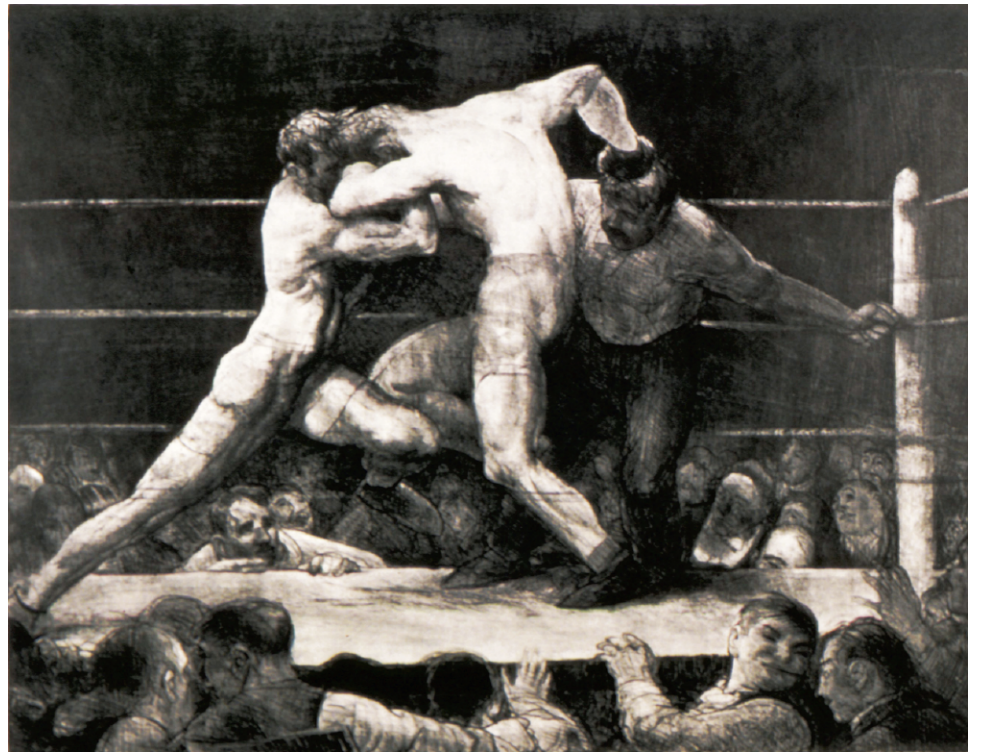


Center for Contemporary Art, the University of Maine and at the Massachusetts College of Art in Boston.

Also opening on September 5 in the Fallout Shelter Gallery is "Long Overdue: Book Renewal," a selection of altered books from the Portland Library collection. The exhibit is part of Renewables, Belfast's altered book project, co-sponsored by the Belfast Library, Waterfall Arts and the Center for Maine Contemporary Art. The project includes demonstrations, workshops, artist talks and exhibits at all three venues throughout the fall. At Waterfall Arts, Jan Owen will give a free altered book workshop on Saturday, September 13, from 1 to 4 p.m., and Adriane Herman, one of the artists involved in the Portland Library book collaboration, will speak on Monday, September 22. For more information, call 338-2222 or visit www.waterfallarts.org.

The gallery is located at the Waterfall Arts building at 256 High Street in Belfast.

"Temple Fury in Babylon" by Paul Oberst



"A Stag at Sharkey's," 1917, lithograph by George Bellows

American Prints Exhibit Opening at Farnsworth Museum

On Saturday, September 6, the Farnsworth Art Museum in Rockland will be opening a new exhibition "Homer, Whistler, Marin and Bellows: American Prints from the Farnsworth." It will be on view in the museum's Craig Gallery, through Sunday, December 14.

"Homer, Whistler, Marin and Bellows" features approximately 30 works of artist-printmakers, acquired as the Farnsworth began to form its collection in the 1940s, before the museum opened its doors. The show includes etchings or lithographs by James Abbott McNeill Whistler, Winslow Homer, John Marin and George Bellows, as well as works by Thomas Hart Benton, Stow Wengenroth, Louis Lozowick, Kevin

O'Callahan and Kerr Eby. The prints collected in these early years of the Farnsworth reflect the interests of its first director, Boston architect Robert Peabody Bellows, in his efforts to create a distinctive collection that would appeal to the Rockland community. His collecting interests set a precedent for the Farnsworth's emerging focus on American art, and the land- and seascape subjects that defined the midcoast's own character.

In addition to the new exhibition, "Uncommon Treasures — Folk Art from the Farnsworth" will be on view until November 30, "Alex Katz and Friends" will run until October 26, and "Louise Nevelson" and "From Impressionism to Modernism" will be on view in the museum until February 1.

Tom Gallant Is Waldoboro Library Artist-of-the-Month



"Friendship Harbor, Low Tide" by Tom Gallant

"My goals are quite simple," says Tom Gallant, Waldoboro Public Library artist-of-the-month. "I just want to make pictures people can enjoy. I want to know more about nature, to enjoy learning more about drawing and design skills, to dazzle myself with what I can do, and try to make a living!" A lifelong artist, Gallant most likes to do line drawings in both black-and-white and color. His earlier career was in architectural design and drafting, with stints as a photographer for the U.S. Navy and later a television station. He has a B.A. in studio art from the University of Maine at Orono and trained at Boston Architectural Center.

Raus Featured at Rockland Art Market

Karl and Sharon Rau of South China are the featured artists on Tuesday, September 9, at the Rockland Art Market, which takes place 9 a.m. to 1 p.m. at Harbor Park.

Flowers grown in their gardens are pressed, then arranged into "framed gardens" using Japanese techniques. The dried flowers are vacuum-sealed using a special resin and foil. This preserves them in such a way that the colors will last for years. The background to the arrangements is either felt or hand-made paper.

A teacher for 31 years, Karl Rau has also been involved with animal husbandry, including racing homing pigeons. Sharon Rau also works as a teacher.

Art lovers can follow the red Art Market signs every Tuesday until September 30 to see jewelry, pottery, hats, watercolors and photography of local artists. For more information, call Cindy McIntyre at 832-7490 or e-mail cindy@cindymcintyre.com.



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Fundamentals of Internet Commerce Tuesdays, 9:30 to 11:30 a.m. - 6 wks.	Sept. 23 - Oct. 28	Damariscotta CLC Ambulance Center
Drawing: Let's Get Some Perspective Here Tuesdays, 9:30 a.m. to Noon - 6 wks.	Oct. 14- Nov. 18	University College Rockland
CSC Coffee House Tuesdays, 9:30 to 11:30 a.m.	Continues Weekly	1st Universalist Church Rockland
What Would the Founders Say? The U.S. Government in the 21st Century Tuesdays, 10 a.m. to Noon - 7 wks.	Sept. 23 - Nov. 4	University College Rockland
A Choral Potpourri: History of Western Choral Music Tuesdays, 2 to 4 p.m. -7 wks.	Oct. 7 - Nov. 18	Schooner Cove Damariscotta
Paintings in Caves: Exploring the Dawn of Consciousness in Early Europe Wednesdays, 9:30 to 11:30 a.m. - 8 wks.	Sept. 24 - Nov. 12	Skidompha Library, Damariscotta
The Films of Akira Kurosawa and Yashujiro Ozu Wednesdays, 10 a.m. to Noon - 6 wks.	Oct. 1 - Nov. 5	University College Rockland
The Common Good & U.S. Uniqueness Wednesdays, 10 a.m. to Noon - 6 wks.	Oct. 1 - Nov. 5	University College Rockland
Discovering Opera: Part II Wednesdays, 1 to 3 p.m. - 7 wks.	Sept. 24 -Nov. 5	Skidompha Library Damariscotta
Study Circle on the Corporation and the New Capitalisms: Part II Wednesdays, 1 to 3 p.m. - 8 wks.	Sept. 24 - Nov. 12	University College Rockland
Songbirds of Maine Thursdays, 9:30 to 11:30 a.m. - 8 wks.	Sept. 25 - Nov. 13	Schooner Cove Damariscotta
Watercolor: Painting the Color of Autumn Thursdays, 9:30 a.m. to Noon - 6 wks.	Oct. 23 - Dec. 4	Rockland 1st Universalist Church
Eve Was Framed — Women's Experience: Myths and Reality Thursdays, 10 a.m. to Noon - 4 wks.	Sept. 25 - Oct. 16	University College Rockland
The Science & Anthropology Behind Complementary & Alternative Medicines Thursdays, 1 to 4 p.m. - 8 wks.	Sept. 25 - Nov. 13	University College Rockland
Beyond Italy: The Northern European Renaissances 1350-1600 Thursdays, 1 to 4 p.m. - 8 wks.	Sept. 25 - Nov. 13	Skidompha Library Damariscotta
Energy, Climate Change & The Solar Conversion Fridays, 9:30 to 11:30 a.m. - 8 wks.	Sept. 19 -Nov. 7	Damariscotta River Center
Giants of German Opera: Wagner & Strauss Fridays, 9:30 to 11:30 a.m. - 8 wks.	Sept. 26 - Nov. 7	Rockland Public Library
Beyond Italy: The Northern European Renaissances 1350-1600 Fridays, 1 to 4 p.m. - 8 wks.	Sept. 26 - Nov. 14	Camden Public Library
The Two Lives of Cleopatra: William Shakespeare & George Bernard Shaw Fridays, 2 to 4 p.m. - 8 wks.	Sept. 26 - Nov. 14	University College Rockland

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Blue Angels to Perform at Great State of Maine Air Show

Military extravaganza features civilian aerobatic performers, warbirds, parachutists and car-crushing megalosaurus

The last Great State of Maine Air Show will be held at the Brunswick Naval Air Station (BNAS) Friday, Saturday and Sunday, September 5, 6 and 7. In addition to featuring the U.S. Navy Blue Angels flight demonstration team and the U.S. Army Golden Knights parachute team, 14 other aerobatic acts and more than 35 military and civilian aircraft will be on display.

On Friday, BNAS will be the site of the Great State of Maine Air Show's "Blue and Gold Afterburner Blast." There will be music and entertainment for all ages and a chance to meet the Blue Angels and the Golden Knights. Gates will open at 5:30 p.m. and the event will begin at 6 p.m.

When the sun sets, several air show performers will put on a night-time preview of their weekend performances, including a jet-assisted take-off of the Blue Angels' giant C-130 Hercules cargo plane, "Fat Albert." The Golden Knights will also jump into the show's center.

The band Lisa Young & Company will then provide music until 10 p.m. The general public must enter via the Golf Course Gate two miles south of Brunswick on Route 123.

On Saturday and Sunday, in addition to the Blue Angels and the Golden Knights, other flying acts will include the Air Force's F-15 Strike Eagle team, world-champion aerobatic pilot Patty Wagstaff, wing-walker Ashley Battles, an aerial dogfight, a hang glider with

a handicapped pilot and performances by a BNAS-based P-3 Orion.

Ground acts will feature Neal Darnell and his jet-powered truck, racing an airplane down the runway, and a four-story tall, fire-breathing, car-crushing Megalosaur. Also on the ground will be special acts and areas for children, a Community Expo with youth and aviation-related organizations and over 30 vendor tents with a variety of food, beverages and souvenirs.

The public is encouraged to park off the base and ride bicycles to the air show. Bicycles can be locked anywhere along several miles of chain link fence on base.

Gates open at 8 a.m. on Saturday and Sunday, flying begins at 10 a.m. and continues throughout the day. If parking lots are full, cars will be turned away beginning at 1 p.m. However, bicycles and pedestrians will be allowed to continue coming onto the base.

Parking and admission are free. All-day reserved seating areas are available on a first-come, first-served basis with a purchased ticket and there is handicapped parking available. As a result of increased security precautions, coolers, backpacks, alcoholic beverages, glass containers, pets, carry bags, weapons or knives will not be allowed on the base. There is no smoking on the flight line. All persons are subject to search. All bags and items will be searched. For more information, visit www.greaterstateofmaineairshow.com.

Railroad Ready for Return of Blue Angels

For those looking forward to the return of the U.S. Navy Blue Angels to Brunswick Naval Air Station, Maine Eastern Railroad will provide westbound, round-trip transportation in and out of Brunswick specifically for the weekend event.

The Great State of Maine Air Show will be held Saturday and Sunday, September 6 and 7.

The train ride into Brunswick has proven to be a popular option for families looking

to avoid the frustration of sitting in long lines of traffic and finding a place to park their car. The special train schedule was designed by Maine Eastern to deliver passengers directly in front of the main gate of the naval base in time for the show opening.

The train will start in Rockland at 8 a.m. and pick up passengers in Wiscasset and Bath before completing the journey just beyond the Cooks Corner crossing.

Round trip train tickets start at \$40 per person from Rockland, \$20 for children, and reservations are strongly recommended.

For train reservations, schedule and information, visit www.maineeasternrailroad.com, or call 596-6725.



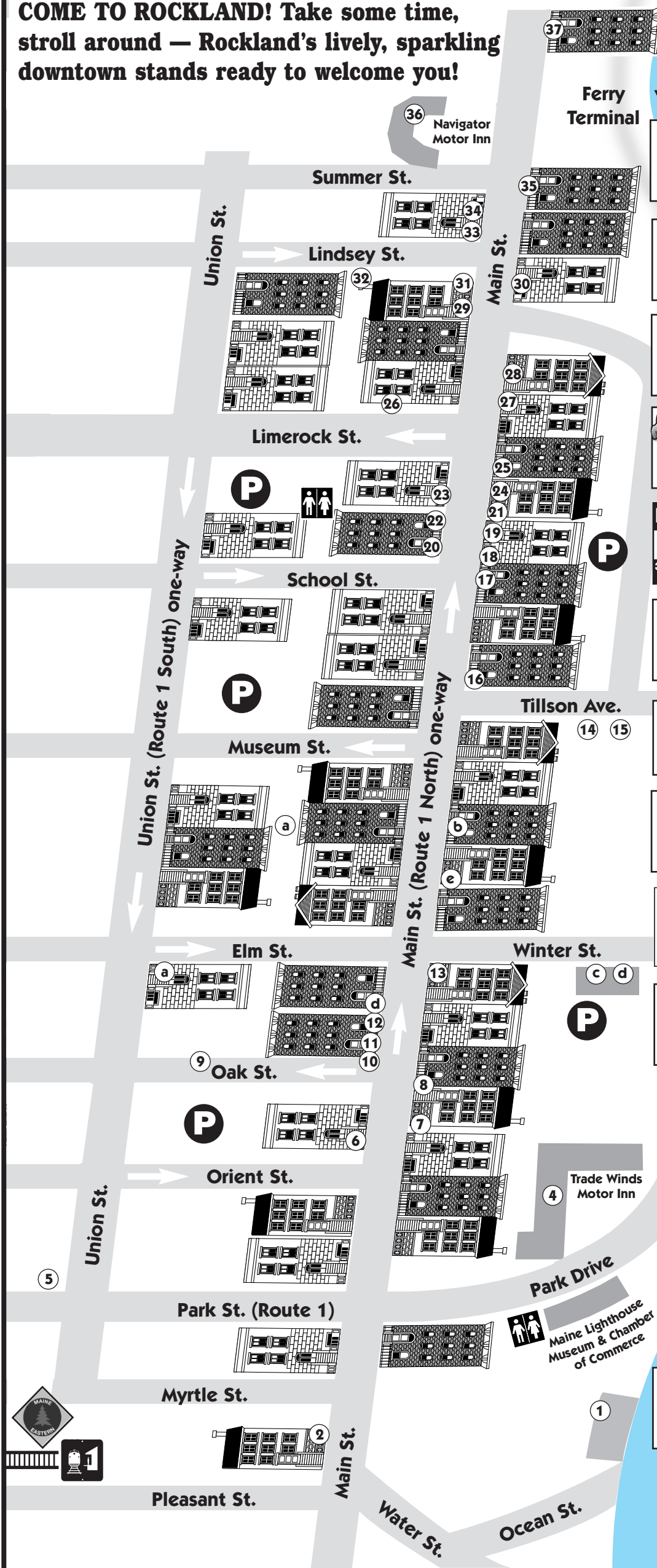
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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6-7 AM	World In Song					Jazz	Country Wakeup Larry Beckwith
7-8 AM	Community Calendar / World In Song						
8-9 AM	Blue Monday	Roots Tuesday	World Wednesday	Echoes of War Carl J. Patch	Funky Friday	Roadrunner Kevin Key	Hallelujah Train Larry Beckwith
9-10 AM	The Creative Life Robert & Su Sane	Exploring Potentials Margaret Rauenhorst	Fresh Batch		The Buzz		
10-11 AM	Right Out Straight Jonathan	Good News Hour Joanne Cookson	Track That Christine		At Your Service Cathy Love My Library (1st Fr)	Morning Mental Health Ryan & Adrian	
11AM-12PM	It Takes A Village Cathy	Hillbilly Rock Larry Beckwith			The Dinner Bell Larry Beckwith	Talk With Tak Suzuki & Steinberger	
12-1 PM	Folk & Americana		World In Song			Weekend Roundtable Ron Huber	Hillbilly Fever Dane Winslow
1-2 PM			From the Top Gwen	Penobscot Bay Report Ron Huber	Making Connections Pat Taylor	Country Showdown Peter Tucci	
2-3 PM	KELeidoscope Claymore Wales	World In Song	World In Song		Casa Antolini Tony Antolini	Kids' Radio Hour Kim & Abby	Casa Antolini Tony Antolini
3-4 PM			Ghosts Dave Dyer	Music Effectz		Beam Me Up Paul Cole	Bay Chamber Concerts
4-5 PM					World In Song		
5-6 PM	Hipness Is A State Of Mind Glenn Nelson	Pardon My French Carol Ann Pretzel	Have Poems, Will Travel Dave Morrison	Le Quart d'heure Francois Dennis Healy	Nothing But the Blues Bluezimmy	Neglected Country Dane Winslow	Good News From A Far Country Mike Kee
6-7 PM		Addieious Music Hour	Live and Direct Kim Slawson		Artistry in Rythym & Blues Jim Ebbert		Jazz
7-8 PM	Professor Bop & His Sometimes Able Assistant	Pretzel & Beer Barry Pretzel	Back Porch Society Deb and Kim Miller	World In Song			
8-9 PM		Jo & Cheech's Radio Hour	Flashback Phil		Friday Night Live!	Retro Saturday Night Phil	The Vinyl Hour Kyle Swan
9-10 PM	Night Music Leitha Christie	Radio Daddy-O		Live from the Pit J~Lunatic			
10-11 PM			Funky Newgrass Jam	Jazz	The Freakshow Dave Dyer	Rock	World Beat
11PM-12AM	Blues	World In Song					
Midnight to 6 AM	World In Song						

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Learning Languages Aids Brain Fitness

by Penny Dunning

Learning other languages develops the brain's natural plasticity — its ability to change its structure as a result of stimulation. The brain is shaped by the environments and activities people encounter and are engaged in, and the den-

sity of the "grey matter," that area of the brain that processes information, is revealed in scans to be greater in those who are bilingual. Speaking and understanding many languages may protect the brain against the effects of aging, says researcher Dr. Kave of Tel Aviv University, because languages create new links between neurons in the brain, thus contributing to cognitive fitness.

Language learning exercises the whole brain: the right brain, which is responsible for concepts, emotions, communication, and imagination; and the left brain, responsible for logic, problem solving, sequencing and organization of information; and the corpus callosum — the network of interconnecting fibers transmitting between the hemispheres.

Activities long mastered, although once challenging, won't do the brain much good, but the brain grows, changes and is shaped by new learning.

And learning a new language is a perfect way to exercise the brain because it meets the following criteria for brain exercise: Learn something new; make sure it is challenging and commands your full and close attention; pick an activity that's progressive, continuously offers new thresholds to reach, and that engages you in tasks that use the brain's processing systems — hearing, seeing, touching, moving, imagining or feeling — and requires your brain's full abilities to engage on different levels.

Learning something new generates a sense of accomplishment and reward, which amplifies brain chemicals that contribute to learning, memory and good spirits. When learning meets these criteria, thus exercising the brain, the brain cells develop more dendrites — those transmitters of information between cells — and the brain becomes more agile, and that mental agility carries over to other daily activities.

The motivation for learning a new language need not be based on plans to travel — it can be for the sheer enjoyment of using your brain in new ways. And those who are already multilingual can access new areas of the brain by trying a language with an entirely different script or alphabet.

Children get long-term benefits from learning languages early. Those who learn a language at a young age are more likely to have more advanced grey matter than those who learn later in their lives. Giving children the benefit of learning to speak one, or two, or three other languages also gives them a benefit of improved brain development for brain fitness in their elder years. Most multilingual speakers also agree that learning additional languages gets easier after the first two.

Whatever the age — young, old, middle, young at heart, or esteemed elder — learning a new language is just the thing to engage the brain and develop enhanced "brain fitness."

Dunning serves on the board of the Penobscot School in Rockland.

Penobscot School to Host Open House and International Fest Friday, September 12

The Penobscot School, a language school at 28 Gay Street in Rockland, is holding an Open House and an International Fest on Friday, September 12, from 5:30 to 7 p.m. The public is invited to meet the school's language teachers and to find out about the many options for languages through classes, weekend immersions and language events. Visitors can try out a lesson or two in the languages that are offered this fall semester and listen to a panel of language teachers discuss the benefits of language learning for improved brain fitness.

During the evening, the school will be welcoming its two new exchange teachers:

- Carmelo Patane, 27, from Catania in Sicily, is a budding linguist who speaks excellent English and French along with his native Italian, and is also competent in Spanish, German and Slovak. He has lived and worked as a tour guide in Dublin, Ireland, taught Italian at a high school in France, and taught English at a primary school in Slovakia and has traveled extensively throughout Eastern and Western Europe. Patane is an avid soccer and tennis player and is also interested in art and poetry, which he has written and entered in national competitions.

- Clovis Anjard, 25, is from the French island of Reunion. He has studied English language and French history, and also "Interculturalité," a discipline that he hopes to pursue with his stay here. Two years ago, Anjard attended Willamette University in Oregon and was a French assistant for conversation groups. He has an interest in language teaching methods and has taught both adults and children. His avocational interests include improvisational theater, film, swimming, jogging and hiking.

Meet them both at the open house on September 12.



Clovis Anjard from the French island of Reunion will be teaching French at Penobscot School this fall.

Maine Charity Foundation Seeks Applications

Start-up organizations, projects involving economically disadvantaged or disabled Mainers, libraries, symphonies, hospice care, and projects related to Friendship, Maine, are eligible for funding from the Maine Charity Foundation Fund of the Maine Community Foundation.

Grants of up to \$5,000 are available. Applications must be postmarked by Monday, September 15. Application guidelines and a list of last year's grants are available at www.mainecef.org. For more information, contact Cherie Galyean at cgalyean@mainecf.org or call 667-9735.

Last year, the fund awarded 25 grants totaling \$99,315. Grant size ranged from \$1,200 to \$5,000.

Down East Singers Starts 29th Season

Anthony Antolini, music director of Down East Singers, announces the start of the midcoast community chorus' 29th season. First rehearsal is Tuesday, September 16, at 7 p.m. at Nativity Lutheran Church, 179 Old County Road, Rockport, with registration and voice-placement checks for new singers starting at 6:15. Clayton W. Smith is returning again this season as the group's accompanist.

The chorus is preparing for its annual December Feast Music concerts, to be presented December 12 and 13 in Rockport. The program will feature J.S. Bach's "Magnificat," performed with a 15-member orchestra of area professional musicians, and will include seasonal works by Lvovsky and American composers Moses Hogan and Nick Page.

Bach's "Magnificat" is a festive song of praise, which he composed for vespers on Christmas Day 1723, his first

Annual DaPonte Candlelight Concert at Walpole Meeting House

The 12th annual DaPonte Candlelight Concert will be held on Sunday, September 7, at 7 p.m. in the 1772 Old Walpole Meeting House.

The audience will sit in all-original box pews and along the edge of the balcony in "one of the most beautiful and important buildings in Maine," according to Earle Shettleworth, director of the Office of Historic Preservation.

From a raised platform in the center aisle, the DaPonte String Quartet — Ferdinand Liva Jr., violin; Lydia Forbes, violin; and Myles Jordan, cello — will be joined by visiting violist Kirsten Monke, who has been with California's Anacapa String Quartet and is originally from Brunswick. They will perform Mendelssohn's Opus 13, Beethoven's Opus 18 no. 1, and Piazzolla's "Four for Tango."

Reservations, \$20, are required and are now being taken. For more information or to make reservations, call trustee Sally Beaudette, 563-5554. The meeting house is located on Route 129, 3.5 miles from Damariscotta.

Early Music Duo at Lincolnville Church

The concert will feature music from the Renaissance, Baroque and Classical periods. McKean and Arceci will perform compositions by Marin Marais, Antoine Forqueray, and J.S. Bach, which will be played on authentic period instruments.

McKean, who graduated from Camden Hills Regional High School and the Oberlin Conservatory, is now studying at the Freiburg Staatliche Hochschule in Germany. He has performed throughout the United States and Europe and has just returned from a summer tour performing with Arceci in Venice and Austria.

Arceci, a 2008 graduate of the Peabody Conservatory of the Johns Hopkins University, is a graduate student at Boston University and the winner of an early music scholarship for advanced training. He has performed in the Washington Bach Consort, the Vivaldi Project and with the National Philharmonic.

The church, built in 1821, is on the National Registry of Historic Places and has its original boxed pews, leaded glass windows, and wrap-around balcony.

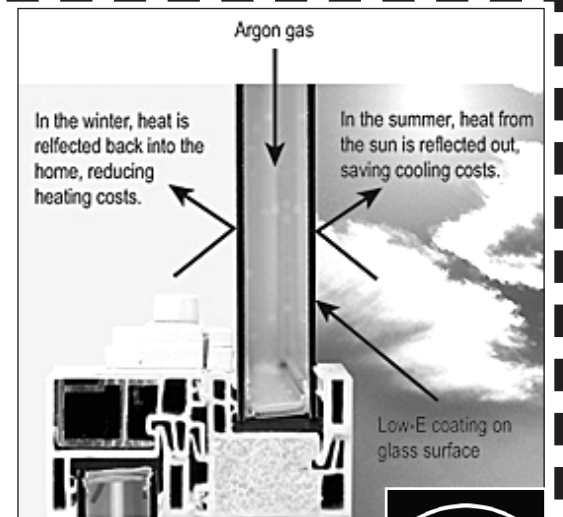
For more information about the concert, call 785-3521.

Harpichordist John McKean will be joined by Andrew Arceci on viola da gamba in a concert on Sunday, September 7, at 4 p.m. at the United Christian Church (UCC) on Route 173 in Lincolnville Center.



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Many Flags/One Campus Effort Shifts to High Gear As Application Deadline Approaches

The passage of special legislation last session gave the go-ahead for the creation of an innovative secondary and post-secondary education program intended to be a model for Maine, and the nation. The legislation requires that the model program be selected by December 31, 2008; consequently, the Many Flags/One Campus steering committee has shifted into high gear to compile all the information, data and materials needed to submit a successful application to the Maine Department of Education (MDOE) and the State Board of Education this fall.

Representative Chris Rector, who introduced the legislation, said, "This is a very tight timeframe — but we are up to the challenge."

Judy Harvey, Superintendent of SAD 50, says, "We know there are several other districts that will be applying to be selected for this funding as a model program — but we think the groundwork that has been accomplished on the Many Flags concept in our area over the past five years will put us in a very good position."

Judy Lucarelli, Superintendent of SAD 5, says, "The Many Flags model is exactly what the State Board is looking for — but the competition will be stiff. Our application must demonstrate a real commitment to an innovative and integrated 9 to 16 education system."

Beth Fisher, the new director of Mid-Coast School of Technology (MCST) which serves students from 19 different towns and seven high schools in the midcoast area, says the innovation and excitement of the Many Flags model was one of the reasons she accepted the position at MCST: "This is exactly the kind of model we need to truly create an innovative, applied learning system here that will meet the needs of all of our learners — no one falls through the cracks in the Many Flags model."

An anonymous private donor has stepped up to cover the cost of developing the Many Flags application this fall. No additional funds will be needed from SAD 5, SAD 50 or MCST to pay for the application preparation process. Alan Hinsey, director of the Knox/Waldo Regional Economic Development Council, is serving as project coordinator for the Many Flags "work teams" that will be drafting the application.

Says Hinsey, "We have divided up the application drafting process into seven teams, made up of teachers, administrators, high school principals, school district financial staff, representatives from our higher education partners, guidance counselors and curriculum advisors. "We have a lot of hands on deck," Hinsey noted, "but that's what it will take to pull this all together this fall. This is definitely a full-court press."

In addition to developing the application, the Web site, www.manyflags.org, is being

revamped to provide easy access to information for the community and collect community input into the process.

Once the application is complete, it will be presented to the SAD 5, SAD 50 and Region 8 school boards for review and approval. Public review and comments will also be sought at that time. The University of Maine System and the Maine Community College System — partners in the Many Flags project — must also review and approve the application prior to it being submitted to the MDOE.

Many Flags Steering Committee Begins Fund-Raising for Fact-Finding Tour in Early 2009

Members of the Many Flags steering committee are already looking ahead to the next steps they will need to take after the project is chosen to be the state's model program. The committee is currently raising funds to pay for a "fact finding" three-day bus trip in early 2009 to tour innovative high-performing high schools, technical centers and post-secondary campuses throughout New England. The Great Maine Schools Project of the Mitchell Institute will help organize and facilitate the trip. Meanwhile, the steering committee will be raising private funds to pay for the fact-finding trip. To kick off the fund-raising, FMC Corp in Rockland has pledged to donate \$2,000 for the trip. The steering committee will be asking other businesses in the region to match FMC's commitment of \$2,000. Plus, each of the 40 individuals who will be invited to go on the trip will be asked to contribute at least \$50 toward the cost (scholarship funds will be available for invited individuals who cannot afford the \$50 contribution).

Kieran O'Dwyer, FMC's plant manager, says, "We believe that the Many Flags concept is extremely important for companies like ours to be able to stay strong here in the midcoast. We need a highly trained and skilled workforce if we are going to effectively compete in the global economy of the 21st century. That's why we are happy to put up the first \$2,000 for the fact-finding tour — and we challenge other large businesses and major employers in the Knox County area to match our challenge. Many Flags will help all of our businesses thrive and grow."

For more information about the Many Flags project, contact Alan Hinsey: 236-4215; or ahinsey@emdc.org.

EDUCATIONAL OPPORTUNITIES

in Midcoast FALL 2008

MAINE

See pages 20-25

for your opportunity.

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Captain's License Classes

Captain's License Info Night

Are you interested in obtaining a Captain's License? Want to learn the differences between OUPV Captain and Masters 100GT licenses, and what each requires? This information session is to help answer those questions. No registration fee for the informational night, but please call the Adult Education Office to save a space.

1 night

6:00-7:00 p.m.

Class 9/11

CHRHS Rm 222

Captain's License Course - OUPV/Six-Pack Level

This course qualifies you for the OUPV Captain's License so you can operate vessels carrying up to six passengers. The OUPV Captain's licensing course has 14 lessons, one lesson per evening. It is required that you have had at least 360 days total sea time, including 90 days within the past three years. Course fee includes all texts, charts, plotters and the USCG test. \$50 deposit required, payable to Five Town CSD Adult Education. Balance of \$795 due and payable to American Boatschool at the first class (payment arrangements can be made with the instructor, including weekly payments). If you have questions, feel free to drop by and talk with the instructor before a class.

14 weeks

6:00-9:00 p.m.

Begins 9/18

CHRHS Rm 222

Captain's License Course - Master's Level

This course qualifies you for the Master's License so you can operate vessels carrying seven or more passengers. The Master Captain's licensing course has 20 lessons, one lesson per evening (includes OUPV Captain's portion). You are required to have 360 days of sea time for Inland or 720 days Near Coastal, including 90 days within the past three years. Fees include all texts, charts, plotters and USCG test. \$50 deposit required, payable to Five Town CSD Adult Education. Balance of \$995 due and payable to American Boatschool at the first class (payment arrangements can be made with the instructor, including weekly payments). If you already hold an OUPV license, and wish to pursue the Master's Captain license, the fee will be \$275 and the class work will be the last six weeks of this scheduled 20-week course. If you have questions, feel free to drop by and talk with the instructor before a class.

20 weeks

6:00-9:00 p.m.

Begins 9/18

CHRHS Rm 222

Captain's license classes are taught by U.S. Coast Guard certified instructors from the American Boat School in Marlborough, CT.

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Medical Office Courses

Students who are interested in medical office occupations can now take KVCC credit classes through Mid-Coast School of Technology Adult Education. Reduced costs are available for eligible students. For more information call 596-7752.

CPT 117 - Computer Applications I

Starts: 9/8 Mon 6:00-9:00 p.m. 15 weeks

ACC 112 - Principles of Accounting I

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www.ashwoodwaldorf.org



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Fall 2008**

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Call 596-7752 for more information

Download the brochure: www.mcst.tec.me.us - click on Adult Ed

Commercial Truck Driving information: www.trucktraining.org

Course	Day	Times	Price	Start	# weeks
CDL - Class A		eves/wkends	\$3,200	11/2	10
CDL - Class B		eves/wkends	\$1,750	9/13	6
Class A CDL Upgrade		eves/wkends	\$2,600	11/16	7
CNA-Certified Nursing Assistant	M-W	8:00-4:00	\$810	10/27	8
CNA-Med. Tech	Thur	8:00-4:00	\$950	9/11	14
Computer Networks -Home/Business	Wed	6:30-8:30	\$45	9/17	4
CRMA	Fri	8:00-5:00	\$250+	11/14	5
CRMA	Fri	8:00-5:00	\$285	9/19	5
CRMA - Recertification	Tue	4-8 / 8-5	\$135	9/23	2
CRMA - Recertification	Fri	8-12 / 8-5	\$135	10/31	2
Desktop Publishing I	Wed	4:00-6:00	\$65	11/5	6
Desktop Publishing II	Wed	4:00-6:00	\$65	1/14	6
e-Bay Selling - Basics	Thur	6:00-8:00	\$60	10/2	3
e-Bay Selling - Advanced	Thur	6:00-8:00	\$40	10/23	2
GED Preparation	Mon	5:00-8:00	FREE	9/8	15
Intro to Word Processing	Mon	6:00-8:00	45	9/8	4
Intro to Spreadsheets	Mon	6:00-8:00	45	10/6	4
Machine Shop Safety	Mon	6:00-9:00	\$50	9/22	3
Machining - Intro to CNC	Tue	6:00-9:00	\$175	10/7	8
Machining - Precision Tool	Mon	6:00-9:00	\$135+	10/20	8
Math Refresher	Tue	5:00-7:00	\$75	9/9	12
Oil Painting "En Plein Air"	Sat	9:00-12:00	\$75	9/20	6
PC Care & Security	Mon	6:30-8:30	\$75	9/15	6
Personal Support Specialist	M/T	4:00-9:00	\$350	10/6	7
Print Reading Residential Construction	T/Th	6:30-9:00	\$150	9/23	5
Quickbooks for Beginners	Tue	6:00-8:00	55	9/30	5
Small Engine Basics	Thur	6:30-9:00	\$65	9/18	4
Watercolor Painting	Wed	6:00-8:00	\$75	9/17	8
Welding for Beginners	M/W	4:30-7:30	150+	9/15	4
Welding - Intermediate	M/W	5:30-8:30	275+	10/15	9
Welding - Intro to MIG	T/Th	4:30-7:30	150+	9/16	4
Welding - Int/Adv MIG	T/Th	4:30-7:30	150+	10/21	4
Welding - Intro to TIG	T/Th	4:30-7:30	\$75+	12/2	2
Wireless Installation & Security	Wed	6:30-8:30	\$45	10/15	3
Woodworking - Dovetail Chest	Tu	6:00 - 9:00	135+	9/16	8

+ Indicates additional materials or textbook cost



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2 ADULT LECTURE SERIES
Artists on Art—
Issues of Concern to Maine Artists
 Monday, September 29, 5:30–7:30 p.m.
Community & Connections
 Monday, October 6, 5:30–7:30 p.m.
Tradition & Innovation
 Monday, October 20, 5:30–7:30 p.m.
Materials & Exploration
 Monday, October 27, 5:30–7:30 p.m.
Motivation & Meaning

Location: Farnsworth auditorium
Cost: series—\$20 members, \$28 non-members; each lecture—\$6 members, \$8 non-members

Photo above by Linda Stevenson
 Photo above right by Erin Brainerd

Thomas Eakins—
Art, Science and Sexuality
 Wednesdays, November 5 and 12
 5:30–7 p.m.
Location: The Strand Theater
Cost: series—\$20 members, \$25 non-members; each lecture—\$12 members, \$15 non-members
Reservations: please call The Strand directly at 207-594-0070

1 ADULT TOUR
Behind-the-Scenes—
Artist Studio Tours
 Saturday, October 18, 12:45–3 p.m.
Tour size: limited to 20 persons
Location: Meet at the Farnsworth's main entrance on Museum Street at 12:45 p.m.
Cost: free

2 ADULT CLASSES
En Plein Air at the Olson House
 with Sally Loughridge
 Saturday, September 27
 9 a.m.–4 p.m.
Level: Some experience required; materials list will be available upon registration.
Class size: Limited to 10 participants
Location: Olson House, Cushing, ME
Cost: \$60 members, \$70 non-members
Rain dates: Sunday, September 28 and Saturday, October 4

From the Field to the Picture Frame
 with Don Demers
 October 17-19, 2008, 9 a.m.–5 p.m.
Level: Intermediate
Class size: Limited to 15 participants
Location: On location and the Gamble Education Center
Cost: \$300 members, \$350 non-members

1 ADULT BUS TRIP
Tour Connecticut's Finest Art Institutions with the Farnsworth Docents
 September 25-27
Cost: \$400–\$550 per person

1 JUST FOR TEACHERS
Educators' Evening
 November date to be determined
Location: Farnsworth library
Cost: free

2 FOR THE FAMILY
Share the Wonder Festival
 November 29, 10 a.m.–1 p.m.
Location: Farnsworth Art Museum campus
Cost: free

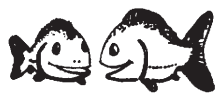
Holiday Art Camp
 Monday–Tuesday, December 29–30,
 10 a.m.–noon
Level: 6-8 years old
Cost: \$45 members, \$55 non-members
Location: Gamble Education Center



1 FOR TEENS
 Julia's Gallery for Young Artists is seeking interested teens to help prepare for the 2009 season. Whether you are an artist, or a student interested in the "behind the scenes" workings of putting up an exhibition, we welcome you to participate.

For more information and reservations, please call 207-596-0949 or go online at farnsworthmuseum.org

FARNSWORTH ART MUSEUM
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farnsworthmuseum.org



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FALL 2008 WEEKLY CLASS SCHEDULE

*Classes Begin
 September 22
 — 12 weeks!*

LANGUAGE	DAY/TIME	STARTS	LANGUAGE	DAY/TIME	STARTS
CHINESE			JAPANESE		
Beginning	Mondays TBA	TBA	Beginning	Tuesdays 5:15-6:45 pm	9/23
FRENCH			Japanese Calligraphy (5 wks) NEW!	Wednesdays 4:30-5:45 pm	10/1
Beginning	Tuesdays 7-8:30 pm	9/23	RUSSIAN		
Advanced Beginning	Mondays 5:15-6:45 pm	9/22	Beginning	Wednesdays 5:15-6:45 pm	9/24
Intermediate, AM	Mondays 10:30 am-Noon	9/22	Advanced	Wednesdays 5:30-7:30 pm	9/24
Intermediate, PM	Wednesdays 7-8:30 pm	9/24	SPANISH		
Advanced	Mondays 7-8:30 pm	9/22	Beginning	Thursdays 5-7 pm	9/25
GERMAN			Advanced Beginning	Tuesdays 9 am-Noon (8 wks)	9/23
Beginning	Wednesdays 9-10:30 am	9/24	Intermediate	Thursdays 7-9 pm	9/25
Intermediate	Tuesdays 7-8:30 pm	9/23	Advanced	Wednesdays 7-8:30 pm	9/24
Advanced	Wednesdays 10:30 am-Noon	9/24	PHILOSOPHY		
ITALIAN			Symposium with Carl Putz	Wednesdays 7-9 pm	9/24
Beginning	Mondays 7-8:30 pm	9/22	<i>Vices & Virtues, Old and New: Ethics and Western History</i>		
Advanced Beginning	Thursdays 5:15-6:45 pm	9/25	Conflict Resolution	Mondays 6-8 pm (9 wks)	9/22
Intermediate, AM	Thursdays 10:30 am-Noon	9/25	with Michael Shell — <i>Authentic and empowering communication</i>		
Intermediate, PM	Tuesdays 5:15-6:45 pm	9/23	CHILDREN'S CLASSES		
Advanced	Mondays 5:15-6:45 pm	9/22	French (Grades 2-4)	Wednesdays 3:25-4:10 pm	10/1
			Spanish (Grades K-1)	Tuesdays 3:25-4:10 pm	9/30

OPEN HOUSE & INTERNATIONAL FEST
 Friday, Sept. 12, 5:30-7 pm
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MSAD 40 Adult Education
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Waldoboro — 832-5205



Fall is here and the new MSAD 40 Adult Education brochures are ready to go! If you live outside of our mailing area, call us and we can add you to our mailing list. Or visit our website, where the entire fall brochure is available: www.msad40.org/schools/adult.

This year we again have college transitions funding to help area adults prepare and plan a course to post-secondary education. If you have been thinking about going back to school or making a career change, now is a good time to take advantage of these free college transitions services. College transitions programs offer adults free college preparatory assessment, counseling, academic instruction, workshops and support services to help them prepare for post-secondary education. Call and find out more today at 832-5205 or check pages 12 & 13 of the fall brochure online.

If you aren't able to get out to learn this fall, consider online learning with Education to Go. There are over 250 instructor-facilitated online courses beginning each month. Visit www.ed2go.com/msad40adulted. Complete instructions for getting started are on page 4 of the brochure online.

We are also traveling this fall with road trips to Salem, Massachusetts, Ogunquit Playhouse for *Les Miserables*, North Conway for shopping and New York City; see pages 21 & 22 of the brochure online.



We welcome your feedback and requests for future programming at 832-5205. Thank you.

Susan Taylor,
MSAD 40 Adult Education Director

SENIOR ACTIVITIES

Senior Spectrum's Activities & Events at Knox Community Center

61 Park St., Rockland

- Card Games • Blood Pressure Clinic
- Memoir Writing • Fitness Classes
- Computer Instruction • Art Classes
- Walk & Talk • Education Classes & Seminars
- Informational Meetings
- Planned Trips & Events

Some Events Require Pre-Registration
Call 596-0339

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CLASSES
EXHIBITIONS
RESIDENCIES
EVENTS

WATERFALL ARTS

Fall-Winter-Spring-Summer
ART CLASSES

CONFLUX

Symposium 2008 with the WOWHAUS
November 14-15-16 - call for details

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52 Kingdom Road in Montville phone 589-3025

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COMMUNITY



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Rockland, Maine 04841
594-1834 or 1-800-432-1680

Belfast Outreach Office
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Maie Centers for **Women, Work & Community**

www.womenworkandcommunity.org

HEALTH

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236-3416

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CLASSES BEGIN SEPTEMBER 15, 2008

Registration Now Open

ballet • modern • creative movement
beginners through advanced

Private Lessons and Summer Workshops

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Computer Classes Offered through CSD Adult Ed

CSD Adult Ed is offering a wide array of computer classes this fall. Quickbooks users have a choice of two types of classes: a one-night workshop, "Trouble Getting Along with QuickBooks?," offered on two Wednesdays, September 24 and October 15; and a 9-week class, "QuickBooks 101," which begins Tuesday, September 9.

FileMaker Pro is a very powerful relational database. For those who have been using it but want to know more, "FileMaker Pro for Business" will help set up FileMaker for a business. The class meets for two weeks beginning Wednesday, October 8.

Beginners have a number of classes to choose from. "Computer for the Very Beginner" and "Typing and Keyboarding" both begin on Monday, September 8. "MS Word" begins

Wednesday, September 17, while "Seniors and E-mail" starts Tuesday, October 14.

Photo lovers can sign up for two Photoshop classes, "Photoshop Introduction," beginning Thursday, September 11, followed by "Photoshop Intermediate" on Thursday, October 9. "Power Point Introduction" will meet Tuesday and Thursday, September 16 and 18 and "Power Point Advanced" will meet Tuesday and Thursday, September 23 and 25.

"Podcasting," also a two-night class, meets on Mondays, November 10 and 17. "Flash: for Art's Sake, for Fun's Sake, for Money's Sake," which starts Tuesday, September 9, will teach adding animation to digital art, photos and Web pages. "One Hundred Web Sites You Should Visit" meets on Wednesday, October 8, and "Explore a MARVELous Source of Newspapers and Magazine Articles Online" meets Wednesday, October 1.

Call 236-7800, option 5, to register or for more information. Class descriptions are also available in the Adult Ed brochure, or by visiting www.fivetowns.net/adulted/.

Free Business 101 Class Offered

MaineStream Finance is offering a free Business 101 Workshop on Wednesday, September 17, at 6 p.m. at the Knox Center, 6 White Street in Rockland. The class will provide an overview of the pros and cons of operating a microenterprise, what a business plan is and why it is needed, and resources for business development assistance. Topics to be discussed include being an entrepreneur, business success, professionalism, business plans, networking, resources, budgets,

credit and a review of upcoming classes and workshops. For more information or to register, call James Macomber at 800-215-4942, extension 210.

MaineStream Finance is a nonprofit community development financial institution and wholly-owned subsidiary of Penquis. Its mission is to promote community development through financial education and financing activities for Maine's low- and moderate-income residents.

Master's in Special Ed at Hutchinson

The University of Maine in collaboration with the Hutchinson Center in Belfast is offering a master's program with state certification available as Teacher of Students with Mild/Moderate Disabilities (K-8 or 7-12). Those interested can select up to six credits of electives to match professional interests.

The University of Maine Hutchinson Center in Belfast is offering a new graduate program that is designed for those who have a background in elementary or secondary education or have experience working with students with disabilities. It is also for people

who are looking for a way to enter the teaching profession. The program will begin in the fall of 2008 and will be delivered by a combination of live and online classes. One course will be offered in the fall, one in the spring, and two in the summer.

New students who will begin taking courses in the fall have been admitted. The University of Maine Hutchinson Center in Belfast is continuing to recruit more students.

For more information, contact the Hutchinson Center at 338-8000, or toll-free at 800-753-9044.

New "Let's Talk About It" Series

The Belfast Free Library has been selected by the Maine Humanities Council to offer Let's Talk About It, a free reading and discussion group with copies of the books available through the library. This program is provided by the Maine Humanities Council's Maine Center for the Book in cooperation with the Maine State Library.

The series, "Crossing Over: Mediating Between Cultures in Contemporary American Indian Literature," begins Tuesday, September 16, at 6:30 p.m. in the Abbott Room of the Belfast Free Library and continues for five sessions, through December 2.

The first book to be read and discussed on September 16 is *Tracks*, by Louise Erdrich,

followed by *Storyteller* by Leslie Marmon Silko on October 14; *Song of Rita Joe: Autobiography of a Mi'kmaq Poet* by Rita Joe and Lynn Henry on October 28; *Only Drunks and Children Tell the Truth*, a play by Drew Hayden Taylor, on November 18; and on December 2, *The Lone Ranger and Tonto Fistfight in Heaven* by Sherman Alexie. Professor Pat Onion from Colby College, who created the series, will facilitate the discussions.

Books for this series are available for loan at the library. Pre-registration is required to ensure that enough copies of the books are available. Stop by the main circulation desk or call the library at 338-3884, extension 10, to register.

CPR and First Aid at Waldo Hospital

Due to the popularity of its recent classes, Waldo County General Hospital is repeating the American Red Cross CPR and first aid classes for the public. Classes will be held on three Wednesday evenings; September 10 is adult CPR, September 17 is infant and child CPR and September 24 is first aid. Each class will run from 6 until 10 p.m. in the hospital's Education Center on Northport Avenue in Belfast.

Lonie Brown, a certified American Red Cross instructor, will conduct the classes. This course is ideal for daycare providers,

caregivers or any interested persons. Participants will receive a certification card upon successful completion of one class or the entire course.

Those interested should call the hospital's Education Department at 338-2500, extension 4154, to register and pick up the CPR book prior to class. The cost is \$60 for all three classes, \$50 for two classes, and \$35 for one class. Fees should be paid when picking up class materials. The Education Department is staffed Monday through Thursday.

URock Introducing Video Streaming

This fall, University College at Rockland is expanding access to many more university courses through the use of video streaming technology. Video streaming can deliver a course lecture to a computer only 15 minutes after the instructor has finished. Students may participate from any location with a PC, reviewing the lecture and interacting with classmates.

Video-streamed courses are yet another way students can access university courses without traveling to a campus. Other green course options include online, ITV, and videoconference courses, as well as courses taught by instructors at URock.

"Video-streamed courses offer an exciting alternative to students whose busy lives and

strained fuel budgets limit their ability to travel to and from a campus or even our center," said Deborah Meehan, director of University College at Rockland. "Unlike courses that are totally online, students have the benefit of viewing traditional class lectures at their convenience and as often as they desire."

Interactive television differs from video streaming technology in that it broadcasts lectures in "real time" to students in specially outfitted classrooms. Students must be present, or must go to the center at a later date to view the lecture and take exams.

For more information about the courses and programs available during the upcoming fall semester, call 800-286-1594 or visit www.learn.maine.edu/rockland.

Camden Public Library

Main Street, Camden 04843
236-3440



Hours: Mon.-Saturday, 9:30-5 - Tues. & Thurs. until 8 p.m. - Sunday 1-5 p.m.

Books, magazines, movies and books-on-cd. Large collection of children's books. History Center with sizeable collection of local photographs and archives.

Free Internet and Wireless Internet access.

Please check our website for our many programs and special events.
www.librarycamden.org

LIBRARIES in Midcoast Maine



Rockland Public Library

80 Union St., Rockland 04841
594-0310

Hours: Monday, Tuesday, Thursday 9 a.m. to 8 p.m.
Wednesday, Friday, Saturday 9 a.m. to 5 p.m., Sunday 1-5 p.m.
Story Time, Wednesday & Saturday 10:30 a.m.
Baby Story Time, Friday at 10 a.m.
1st Saturday, "Daddy Storytime" - 10:30 a.m.
"Books On Wheels" - delivery to the household
Free Adult Programs/Events - every Thursday at 6:30 p.m.
Check our Web site for the latest happenings: www.rocklandlibrary.org



Belfast Free Library

106 High Street
338-3884
www.belfastlibrary.org

Hours: Mondays 9:30-8 Tuesday, Thursday & Friday 9:30-6
Wednesday Noon-8 Saturdays 10-2

Tuesday talks, foreign film series, Talking Books program, free internet access, adult and youth programs, children's reading groups, books, videos, DVDs, Inter-Library loan and much more.



Owls Head Village Library

31 South Shore Dr.
Owls Head, ME 04854

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Hours: Sat. 9 a.m.-Noon, Wed. 6:30-8 p.m. (May - Oct.)
Questions, Deliveries, Requests call 593-0302

South Thomaston Library



8 Dublin Road
South Thomaston
596-0022

Hours: Wednesday: 2 p.m.-7 p.m.
Saturday: 10 a.m.-2 p.m.
(on Weds.) After School Program • Internet Access
• Large Print Collection • Genealogy Program & Resources (on request) • Adult Documentary Video Collection
• Tot Program 2-3 yrs old (story hour) Mon. 10-11 a.m.



Rockport Public Library

P.O. Box 8
One Limerock Street
Rockport, Maine 04856
236-3642

Hours: Monday through Saturday 9 a.m. to 5:30 p.m.,
Wednesday 11 a.m. to 8 p.m.

Books on cassette & CD; music CDs; large-print materials; inter-library loan; DVDs & VHS. Special collection of marine books.

Preschool story time Tuesdays, starts at 10:30
Free public Wireless Internet access.

Call or check our website for special events: www.rockport.lib.me.us



Gibbs Library

40 Old Union Road
Washington, ME 04574
207 845-2663

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www.gibbslibrary.org lists our special events, children's activities, artist on display, book club and 11,000 titles of books, DVDs, CDs and magazines.

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Thurs. 3-6 pm Sat 9-3 pm

Jackson Memorial Library

38 Main St.
Tenants Harbor
372-8961



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Saturday 9 am-2 pm
• Children's Room • Storytime on Saturdays at 10 a.m.
• Internet Access • Inter-Library Loan Program
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Data from Mirror Lake Weather Station, August 2008

Monthly Water Almanac

Precipitation

August 2008	4.40"	Year-to-date 2008 . .	39.69"
August 2007	3.46"	Year-to-date 2007 . .	36.51"
August avg. yr.	2.99"	Year-to-date avg. yr. .	29.90"

The lowest precipitation for August was in 1948 when 0.22 inch was recorded. The highest was in 1991 when 8.30 inches were recorded.

Temperature Data DEGREES FAHRENHEIT

2008	2007
Warmest Day, 8/23	Warmest Day, 8/4
Max. Temp.: 80°	Max. Temp.: 86°
Coldest Day, 8/8	Coldest Day, 8/19
Max Temp.: 61°	Max. Temp.: 65°

Mirror Lake Data
 Mirror Lake is approximately 4.5' from being full. There were 103,838,523 gallons of water delivered to the distribution system this month.
 During the month of August, 81,188,600 gallons were pumped from Grassy Pond to Mirror Lake.

Keeping Wildlife Wild at Rockland Public Library



Rockland Public Library will offer a program for children ages 5 years and older and their families called "Keeping Wildlife Wild," on Friday, September 12, at 3:30 p.m. Lynne Flaccus from ReMaine Wild will share information about common animal encounters and how best to share the environment. The presentation will include information about what wildlife rehabilitators do and how the general public can help reduce the numbers of injured or orphaned wildlife.

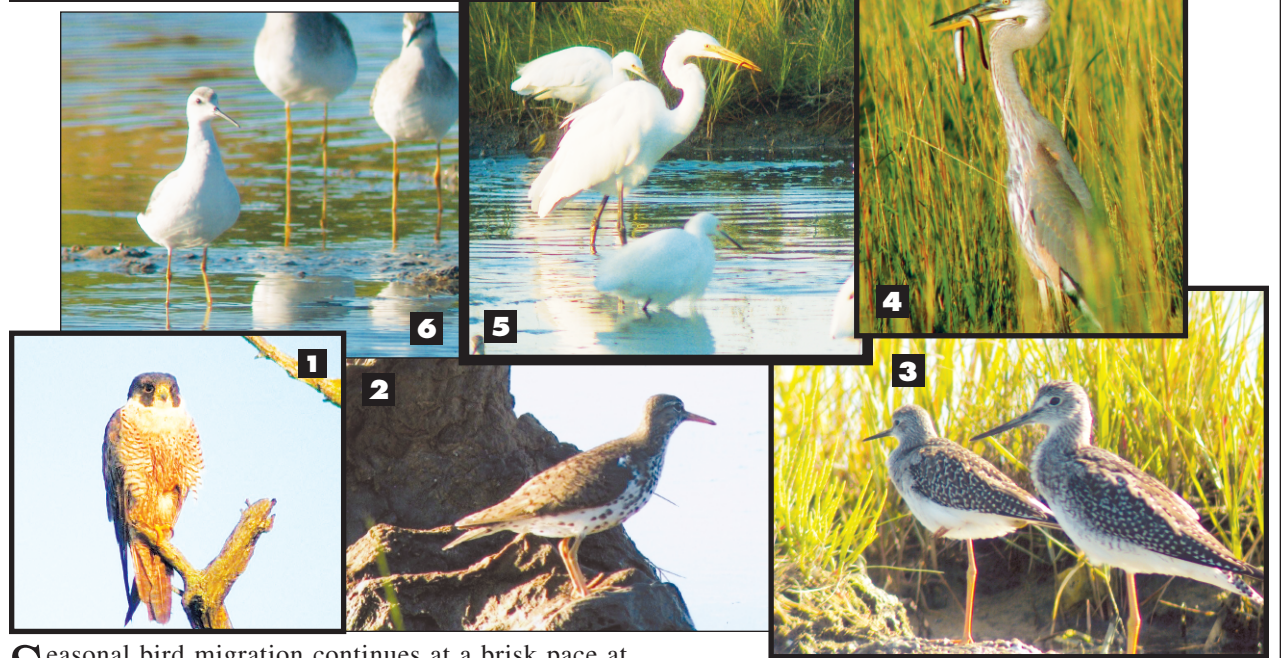
Maine is home to a diversity of native birds, mammals, amphibians and reptiles. Due to increased human population and land development, the numbers of animals impacted by people is growing. Each year wildlife rehabilitators see thousands of animals that have been hit by cars, injured by pets, poisoned, shot illegally, orphaned, kept as "pets," displaced by habitat loss and entangled in fences or fishing lines. In many cases wildlife emergencies can be prevented.

ReMaine Wild is the state organization of wildlife rehabilitators whose mission is to provide a forum for networking and education for those interested in preserving and rehabilitating wildlife. This program was developed with the help of funds from a Maine Outdoor Heritage Grant.

For more information concerning this free program, contact Jean Young, children's librarian at 594-0310.

Birds of Weskeag Marsh in late August —

Birding with Don Reimer



Seasonal bird migration continues at a brisk pace at Weskeag. By now all of the species have fledged their young, and the marsh has become a rich feeding and staging area for southbound birds. Each month the cyclic high tides restock the pools and pannes with schools of small fish and invertebrates. Between these high tide periods the marsh is rain-dependent, and water levels in the pools fluctuate significantly according to rainfall. The random fluctuations result in food bonanzas when fish become trapped in evaporating pools of water.

Most of the adult shorebirds have already passed through our region, leaving the juveniles to make their first journey to the wintering grounds. Shorebirds spend a week or so fattening up in preparation for their long nonstop flights. Several species of herons and egrets take full advantage of the marsh's varied food resources. Migrating raptors also arrive to feed on the birds and small mammals. PHOTOS BY DON REIMER

- 1 **Adult Peregrine Falcon:** these swift falcons capture their food by direct aerial pursuit, accelerating to speeds over 100 miles per hour. Since DDT was banned in 1978, more than a dozen pairs now nest within the state.
- 2 **Spotted Sandpiper:** found primarily along fresh water rivers and shores, this species visits salt marshes and ocean fronts on occasion. The bold black spots along the belly disappear when the birds molt each fall.
- 3 **Greater and Lesser Yellowlegs:** these two species closely resemble each other. Beyond the obvious size differences, the Greater Yellowlegs has a relatively longer bill in proportion to the size of its head. Each of these birds is standing on one leg to conserve body

- heat and maximize their rate of weight gain.
- 4 **Great Blue Heron:** this juvenile heron struggled for several minutes to swallow a slippery, wriggling eel. These voracious birds eat a wide array of prey items.
- 5 **Great Egret and Snowy Egret:** The larger Great Egret has a bright yellow bill and black legs, and is the emblem of the National Audubon Society; Snowy Egrets are much smaller and have black bills and bright yellow feet.
- 6 **Wilson's Phalarope:** in juvenile plumage the phalarope is distinguished by its fine, needle-like black bill, white underparts and pearl gray back. This species nests in the western U.S. and Canada.

Williwacks Walk in Hope on September 13

On Saturday, September 13, from 10 a.m. until noon, Coastal Mountains Land Trust will lead a walk on the Hobbs

Brook Tract in Hope, one of the more recent additions to the land trust's Bald Mountain Preserve. The off-trail walk is meant to introduce the public to this new section of the Bald Mountain Preserve by exploring the forested western slope of the mountain. Participants should bring water and sturdy hiking boots and be prepared for moderately steep slopes and walking off trail on an outing scheduled to last approximately two hours. The walk is free and open to the public, but preregistration is required. For registration and directions call 236-7091.



View of woods on the Hobbs Brook Tract in Hope

Coastal Mountains Land Trust has worked since 1986 to permanently conserve land to benefit the natural and human communities of western Penobscot Bay. To date, it has protected almost 6,700 acres in the region for their natural, scenic and public recreation resources. For more information, visit www.coastalmountains.org.

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Hey there, all you gizmo-loving explorers! Put down your handheld GPS units. Give up your Map Quest bookmarks. Leave the iPod Nano at home. There's a great old-fashioned method of finding your way around Maine. It's called a map (or a chart if you are on the water), and woe to the poor soul who doesn't know how to use one.

This summer a half-dozen people arrived at my doorstep thanks to the GPS unit embedded in their car. I even held a brief and frustrating conversation with a young woman AND her car GPS as she was headed to Rockland. The dialogue went something like this: "You want to take the first Brunswick exit to get onto Route 1." "Continue for one and three-quarters mile to Exit 30," said the persistent monotone of the GPS voice. "What?" said the woman. "Don't take the second exit, take the first." "But he says that's not right." "He who?" "The computer." "Turn right, Exit 30," came the voice again. "Um, well, I do live here. He doesn't." And the woman hung up.

I have given blow-by-blow directions to people calling from their cars while they turned left, right and then left again to arrive in my driveway, unable to negotiate the few short blocks from Park Street to my house. I have had people defiantly tell me that they knew exactly where the ferry terminal was located and then head west, not east, out my front door. One couple was rather indignant when they arrived here because the GPS unit in the car had not told them that Route 1 in Thomaston was closed to traffic. "We went off on a detour! I have no idea where we were," said the woman.

When I was a child, my sister and I would set off on epic summer journeys from our home in rural Rhode Island. These adventures would require sandwiches, Oreo cookies, and ginger ale tucked in a brown paper bag, and a promise to return before dark. Then we would march off over the fence into the neighbor's cornfield and make our way to some preselected site: a boulder set in the woods, the marsh that butted up to the beach, perhaps one of the long-forgotten bunkers that remained scattered along the Rhode Island coast from World War II. We planned our route like great Arctic explorers, drawing maps and estimating time. Sometimes it would take the better part of the day and a

fair bit of scrambling to get to whatever spot we had in mind. I think that's when I learned to navigate.

Navigate is a word most often used in association with the ocean. But navigate is what I do when I'm wandering about a strange city or setting off on a driving vacation. I am in charge of one vessel, myself, and I am pleased to say that I can plot my course without use of a GPS unit.

That's not to say that GPS units aren't pretty nifty objects. Global Positioning Systems came into the civilian marketplace in the mid-1990s; the United States military had satellite navigational systems in orbit from the 1960s onward.

The current global positioning system operated by the Department of Defense comprises up to 32 satellites in six different orbits around the earth. The orbits are arranged so that at any moment at least four satellites are in the sky above any point on the earth. The satellites emit radio signals that are picked up by a GPS receiver. The receiver knows the time, location, speed and direction of the moving satellites and can find its own position based on signals from three or more satellites. The receiver then translates that data into a visual representation (a map) or simple latitude-longitude coordinates.

Right now, the United States is the only country operating a global positioning system. Russia is still putting together its GLONASS satellite system; China and India are creating similar navigational systems as well.

I've never used a GPS unit — I like maps and charts. I enjoy the plentitude of information contained on every sheet. I even like the feel as I smooth one out beneath my hands. A map is its own hyperlink. You look at one road or mountain range and it leads you to the north, where you find an intersecting road that wanders through a town you've never visited or across a valley full of wild rivers. You locate your town and then, for the fun of it, trace a hypothetical journey to some other place that you might explore some day. A paper map allows you to place yourself in context on the earth, without the aid of satellites or voices droning from your dashboard. Using the most complicated of computers, the human brain, you can find your way in the world.

Navigation



by Melissa Waterman

Ragged Mountain Farm in Hope Protected

Coastal Mountains Land Trust (CMLT) has protected a farm on the slopes of Ragged Mountain in Hope, forever ensuring that its fields and forest will remain undeveloped. The scenic 90-acre property, Blueberry Ledge, includes 33 acres of productive blueberry barrens. The remaining land is forested, reaching down the slopes of Ragged Mountain to buffer the watershed of Mirror Lake.

Peter and Jean Ettlinger granted a conservation easement to CMLT, which is a legal agreement that permanently limits uses of the land to protect its conservation values. Conservation easements allow landowners to continue to own and use their land, and sell it or pass it on to heirs who will remain subject to the easement's terms. Easements are tailored to each property, varying in the uses they restrict. On Blueberry Ledge, the Ettlingers retain the right to use the property for agriculture and forestry, while ensuring that the property will not be subdivided or developed. The land trust, as holder of the easement, is responsible for ensuring that the terms of the easement are followed. The land, however, is still owned by the Ettlingers and not open to the public without their permission.

Of his decision to grant a conservation easement, Ettlinger says his intentions were "to keep it intact and in the family. My great-grandmother willed to me the farm homesteaded in 1820 by her grandfather. The pressure for development, increasing property taxes, and various uncertainties make it ever more difficult to hold onto agricultural land.



Blueberry Ledge's productive blueberry barrens on the slopes of Ragged Mountain

With a conservation easement, we can continue to pass down the farm from generation to generation. I would like to thank the members and staff of the Coastal Mountains Land Trust, in particular Heather Bruce, who should be commended for her hard work, diligence and patience."

Blueberry Ledge lies on the slopes of Ragged Mountain, and its preservation advances the land trust's goal of preserving Bald and Ragged mountains. The mountains are a scenic, recreational and natural community asset. They are primarily forested and Blueberry Ledge is one of a few farms on the slopes of the mountains. To date, the land trust has preserved over 40 percent of the 3,400 acre area encompassing Bald and Ragged mountains.

For more information, visit www.coastalmountains.org or call 236-7091.

Hawk Program With Adult Education

Wildlife lovers can explore the world of hawks with naturalist Joe Gray, who will be presenting a program on Hawks and Owls of Maine on Friday, September 12, to be followed by a hawk-watch field trip on Saturday, September 13, with Audubon leaders Don Reimer and Bill Goodwill. The fee for the two sessions is \$5.

The Friday night program is a two-hour slide presentation and lecture that will enable the student to better identify Maine hawks and owls and learn about their habitat, mating, nesting, foraging, migration and benefit to humans. The Hawks and Owls workshop will be presented at Great Salt Bay School in Damariscotta from 6:30 to 8:30 pm.

The workshop will be followed by a field trip to Clarry Hill in Union on Saturday. Birders will meet Reimer and Goodwill at the base of the dirt access road at Clarry Hill at 8 a.m. for a 20-minute walk to the summit. Clarry Hill is accessible from Finn Hill Road off Route 235 or from the Agricola Farm intersection on Route 17 in Union. For more information on the field trip, call Reimer at 273-3146.

For more information or to register for Hawks and Owls of Maine, call Union 74 Adult Education at 563-2811, e-mail aded74@midcoast.com, or visit www.schoolunion74.org/adulted. Registration forms are available for printing from the Web site and can be mailed along with a check to secure a place in class.

GRLT Joins with Golden Raven Storytelling Circle



Storyteller
Roland
Watier

The Georges River Land Trust (GRLT) will join with the Golden Raven Storytelling Circle in celebration of the rhythm and flow of the Georges River with an evening of storytelling and myths. Roland Watier, master storyteller, will lead the storytelling circle on Saturday, September 13, from 6 to 8 p.m. at Golden Raven Circle, 715 Sennebec Road in Union. The public is invited and attendees are encouraged to dress for an outside event, bring a musical instrument if desired, and join with GRLT and the Golden Raven Storytelling Circle for its closing ceremony.

Watier, a sculptor, woodcarver, bronze artist and storyteller, grew up in Gardiner, on the Kennebec River. "I grew up in a culture of storytelling. When people say storytelling today, they think of a funny story, but in the days of the bard, stories were much more important. A bard is one who practices the art of not changing the essential words of a story. If a story has already survived for 6,200 years without help, it does not need the assistance of the storyteller."

Watier says, "The land we live upon is where our hearts lie. Through this land our life's blood passes, this land given to us all to cherish and care for, as the river and her lakes have cared for us all down through time. Let us honor and celebrate — with friends, neighbors, music and baked corn — this wonderful river." Watier will tell stories and myths about physical rivers and the "rivers of our minds." Others are invited to contribute their personal and historic stories relating to life along rivers, especially the Georges River, its flora and fauna, and its farming, fishing, millwork and shipbuilding history.

GRLT is offering this program as part of its 2008 series of special events. For more information, visit www.grlt.org, e-mail info@grlt.org or call 594-5166.

NATIONAL WEATHER SERVICE FORECAST for Knox County

Thursday Night: Partly cloudy, with a low around 55. Light north wind.

Friday: Mostly sunny, with a high near 73. Northeast wind at 7 mph becoming southeast.

Friday Night: A chance of showers. Mostly cloudy, with a low around 55. Chance of precipitation is 30%.

Saturday: A chance of showers. Cloudy, with a high near 70. Chance of precipitation is 50%.

Saturday Night: Showers likely. Cloudy, with a low around 57. Chance of precipitation is 70%.

Sunday: A chance of showers. Mostly cloudy, with a high near 76. Chance of precipitation is 40%.

Sunday Night: A chance of showers. Mostly cloudy, with a low around 55. Chance of precipitation is 30%.

Monday: Sunny, with a high near 71.

ROCKLAND AREA TIDES September 4 to September 11

	High AM	High PM	Low AM	Low PM
Thursday	2:30	2:46	8:34	9:04
Friday	3:15	3:30	9:17	9:52
Saturday	4:04	4:18	10:03	10:44
Sunday	4:56	5:11	10:55	11:40
Monday	5:54	6:08	11:52	---
Tuesday	6:53	7:08	12:39	12:52
Wednesday	7:51	8:04	1:37	1:49
Thursday	8:43	8:55	2:30	2:42

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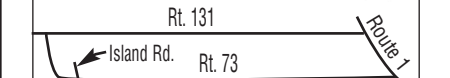
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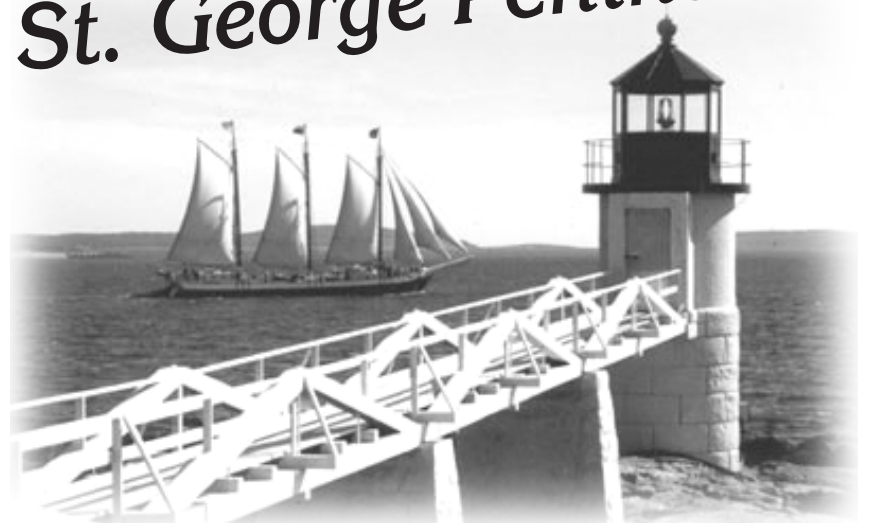
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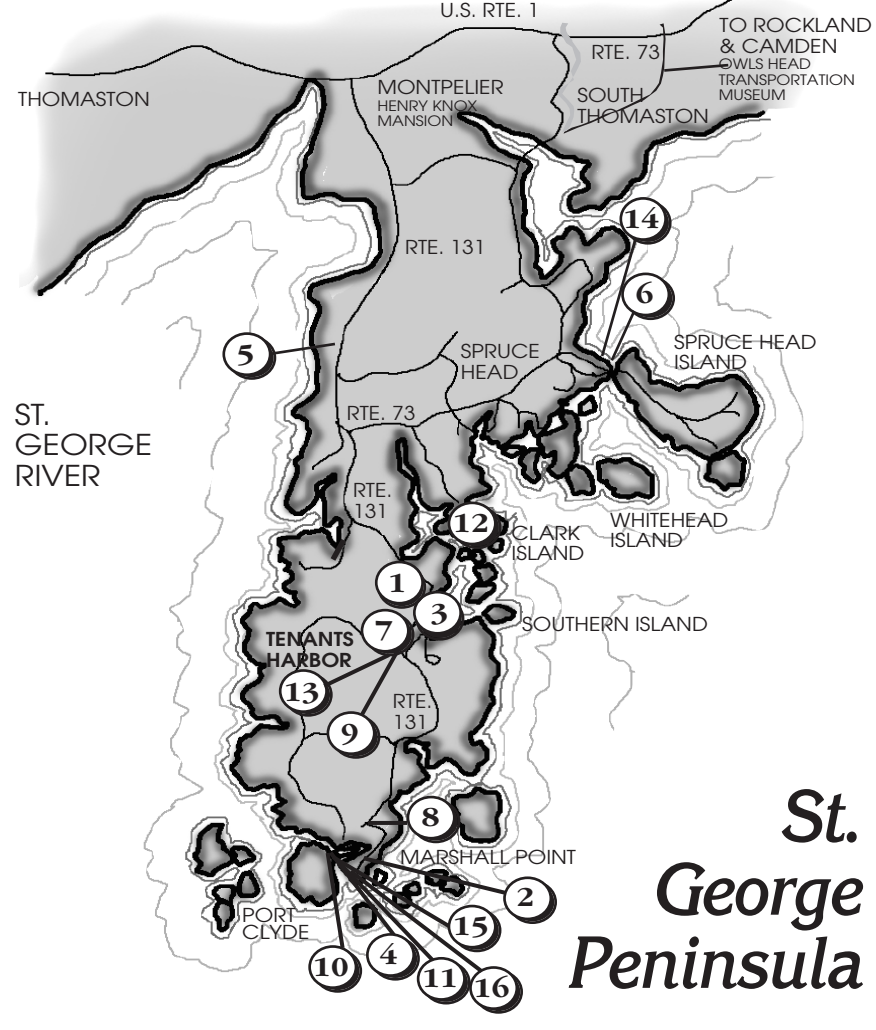
A Trip Down The St. George Peninsula



One of Maine's loveliest drives awaits you when you turn off Route 1 onto Route 131 South (at the Montpelier Mansion). Enjoy approximately 15 miles of grand views - fields rolling down to the tidal portion of the St. George River - the charming village of Tenants Harbor - Port Clyde, departure point for Monhegan Island and home to the ever-so-photogenic Marshall Point Lighthouse & Museum. Heading back up Route 131, take Route 73 through Clark Island, Spruce Head and Owls Head for more of the best Maine has to offer. (Don't miss the reversing falls in South Thomaston and the spectacular Owls Head Lighthouse.)

You can also begin your travel down the St. George peninsula by taking Route 73 south out of Rockland. Explore Owls Head, South Thomaston, Spruce Head and Clark Island. At the junction of Routes 73 and 131S, turn left and continue through Tenants Harbor, on to Port Clyde - the end of the peninsula. To return, follow Route 131 back to Route 1 in Thomaston.

Take your time - you'll be glad you did.



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RTE. 73
RTE. 131
RTE. 73
RTE. 131
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RTE. 131

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St. George Peninsula

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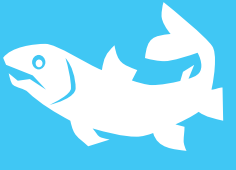
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Knox-Lincoln Cooperative Extension Association Annual Meeting



The public is invited to celebrate local foods, youth gardening projects and a year's worth of Extension programs at the Knox-Lincoln Cooperative Extension Association (KLCEA) annual meeting to be held on Saturday, September 13,

from 1 to 4 p.m. at the Blueberry Cove 4-H Camp in Tenants Harbor.

From 1 to 2 p.m., the public will be able to sample local finger foods, enjoy musical entertainment, view Extension displays and visit with Extension staff and board members.

Presentations by youth, teachers and staff of youth gardening programs and the Erickson Farm project will be given from 2 to 3 p.m.

There will be a regular KLCEA business meeting to which the public is invited from 3 to 4 p.m. At this time, tours of Blueberry Cove 4-H Camp will be available.

For directions to Blueberry Cove, call KLCEA at 832-0343 or 800-244-2104, or visit www.umaine.edu/umext/Tanglewood4H/BlueberryCove/directions-bc.pdf.



CHRHS's Exchange Students for 2008-2009 –

West Bay and Camden Rotary clubs recently held a picnic to welcome the new exchange students who will be attending Camden Hills Regional High School and their host families. L-R: Anne-Sophie Charra from France, Giorgio Turino from Italy, Theres Gepperth from Germany, Olívia Alves Pião from Brazil, Marco Langiu from Germany, Andre Micheli from Italy. PHOTO COURTESY PENNY DUNNING

Police Take on Doughnuts for Special Olympics

by Melissa Waterman

Representatives of several local police departments joined forces on Thursday, August 28, at the Tim Hortons doughnut shop in Rockland in support of Maine's Special Olympics in an Olympic-style doughnut-eating contest.

Cheerfully playing up the stereotypical relationship between policeman and the fried sweet, Thomaston Police Chief Kevin Haj, Camden Police Lt. Randy Gagne, Knox County Sheriff's Department Lt. Joe Kieras, Rockland Police Chief Bruce Boucher, Rockport Police Department Administrative Assistant Craig Cooley and Tim Hortons owner Derek Knutsen took their seats at the table to see who could devour six doughnuts in the fastest time. Knutsen surprised the competition by finishing the six doughnuts, accompanied by measured gulps of coffee and water, in just less than three minutes. Lt. Gagne came in a close second.

Dusting the powdered sugar and sprinkles off themselves, the policemen expressed some surprise that a mere "civilian" could overcome their combined talents.

The benefit was organized by Rockland police officer Troy Peasley and raised just over \$300 for the Special Olympics.



Top, L-R: Thomaston Chief Kevin Haj, Camden Lt. Randy Gagne, Lt. Joe Kieras of the Knox County Sheriff's Dept., Rockland Chief Bruce Boucher, Rockport Admin. Assistant Craig Cooley and Tim Hortons owner Derek Knutsen. At left: Lts. Gagne and Kieras face off.

A Christmas Carol Auditions Announced

Auditions for a December production of Charles Dickens' *A Christmas Carol* will be held at Lincoln Street Center for Arts and Education, 24 Lincoln Street in Rockland, on Saturday, September 13, from 2 to 4:30 p.m., as well as Monday and Tuesday, September 15 and 16, from 7 to 9:30 p.m. The well-known story, which has been adapted for the stage by historical fiction writer John Jakes, calls for a cast of approximately 25 people, ages 5 to 75. Christmas music of the period will be integrated into the production, so actors should be familiar with the story and prepared to sing a simple song. Jakes' adaptation offers the opportunity for double casting (the actor playing Bob Cratchitt would also play the smaller role of Bill, for example), making the production both challenging and fun. A complete list of characters will be available at auditions. A variety of non-speaking parts as London villagers will also be cast at a later date.

A Christmas Carol will be directed by Sally MacVane of Port Clyde (stage) and Cassandra Rantala of South Thomaston (music). MacVane directed last year's production of *Blythe Spirit* at Lincoln Street Center. Rantala served as musical director for the ACTnow Children's Theater production of *The Wizard of Oz* and most recently acted as a director for Lincoln Street Center's Theater Day Camp, which concluded with a children's production of *Pirates of Penzance*. Rantala and MacVane see the show as an opportunity for families to get involved on the stage side of the curtain. Persons interested in working the other side are also needed for painting, props, set construction, special effects, lighting and costuming.

Production dates for *A Christmas Carol* are December 12, 13, 14 and December 19, 20 and 21.

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Step Up For Kids Day

Wednesday, September 17, is "Step Up For Kids Day" in Maine, part of a national effort to show widespread public support for new investments in children and families. As part of the event, Broadreach Family & Community Services wants to celebrate what the residents of Knox and Waldo counties do for children and teens every day.

Together, Step Up For Kids participants in all 50 states will call upon the presidential candidates and all candidates for office to present their plans for investing in America's children and families. Events will take place on the steps of the state capitols. The day will begin with a national event in Washington, D.C., at the National Press Club featuring pediatrician Dr. T. Berry Brazelton and other national figures.

The goals of this national campaign are: raising public awareness of the needs of children and families in the United States; getting political candidates to present their plans for making new investments in children a priority; getting commitments from the two presidential nominees and the media to address

children's issues at the first debate; getting the media to pose questions about children and families when they're interviewing and/or writing about candidates; making America's children a national political priority; closing the investment gap that is growing ever larger when it comes to America's children; and encouraging non-voters to register and everyone to vote with kids' well-being in mind.

Broadreach would like the general public to tell how they step up for kids by e-mailing communications director Dan Bookham at dbookham@brmaine.org and writing a few words or sentences. On Step Up For Kids Day in Augusta, Broadreach's Child and Parent Council director Patrick Walsh will share those statements from the State House steps. Broadreach will also post statements (anonymously if preferred) on its Web site to help inspire others.

For more information on Step Up For Kids Day, or on how to get involved in making a difference in the lives of children, teens and families, call or e-mail Walsh at 338-2200, extension 109, or pwalsh@brmaine.org.



Rockland School of Ballet Classes for Adults & Children Begin Sept. 8

Classes at Rockland School of Ballet (RSB) will begin on Monday, September 8. The school is located on the second floor in the Lincoln Street Center in Rockland and teaches children as young as age 2 through adults.

New classes offered for children include "Boys Only!" — a ballet, creative movement, tumbling and tap class for boys ages 4 to 8, and "Mommy and Me," a creative movement class for 2-year-olds and their moms. Also, there are new ballet classes for adults in the Ballet Fit! Program: "Ballet Workout," "Ballet Jazz Workout" and "Full Ballet," in addition to the "Ballet Barre Stretch," now offered three times a week.

RSB's Early Childhood Program uses "Leap 'n Learn," which is specially designed to provide children from 3 to 6 years of age with a strong foundation in dance and movement. It teaches the young dancer the basic elements of movement and dance: space and how a dancer relates to it, both as an individual and as a member of a group; the eight basic locomotor movements; musical rhythm, beat and time; opposites and directions; and some elementary positions of ballet. Integrated with these physical concepts

are the intellectual concepts of self-awareness, creative expression, imagination, teamwork, and basic body/health awareness. At RSB, students also learn the basics of classroom behavior and manners, concepts that include learning how to take turns, following another dancer or leading the way, waiting patiently, working together with others, and having a positive attitude. Educators know that training young children in the concepts of movement sequencing, patterning, and spatial relationships lays a strong foundation for the later development of reading, mathematics, and other educational skills. Children at RSB work actively in all of these areas.

Emily Jenks, owner and director of RSB, is dedicated to providing a fun-filled dance experience for children in a positive, safe, educational, and nurturing environment. She has been teaching dance in the midcoast area for 18 years and has conducted classes at Lincoln Street Center for seven years, including the educational DanceCamp programs in the summer.

For more information regarding dance classes, call Jenks at 542-3556 or 354-0834 or e-mail emily@rocklandballet.org.

Toy Library Opens for 37th Season

The Toy Library Center, located at St. Peter's Episcopal Church in Rockland, will hold an open house on Thursday, September 4, from 9 a.m. to noon. The center will then be open for the fall semester starting Thursday, September 11. The regular schedule will be each Thursday and Friday, from 9 a.m. until noon, following the SAD 5 school calendar. All families with children from birth through preschool age are invited to visit and play at the center.

The Toy Library Center provides a nurturing environment in which children and their parents/caregivers can share, play, learn and receive parenting support. The informal atmosphere fosters many friendships and relationships in the community.

For further information, call Toy Library director Melissa Boggs at 691-6321.



Creative Acting Sessions Offered for Children in Belfast

Creative Acting sessions with Mary Weaver will begin Saturday, September 6, at The Playhouse, 107 Church Street in downtown Belfast. These introductory sessions are fun and fast-paced, a way for students to begin working with Weaver for the 2008-2009 season. Improvising, dramatic action, character creation and developing a sense of humor are all part of the sessions. Young people, ages 5 to 9 years old, will meet from 10 a.m. till noon, and those 10 years and old-

er will meet from 12:30 until 2:30 p.m. Call 338-5777 for more information.

Weaver has been producing theater in Belfast for 25 years, from MythWeavers Theater to Belfast Opera House management, from the Mirror Repertory Company to The Playhouse, which she established in 1994. She teaches acting and theater skills to children and has acted for the Belfast Maskers, Assembled Players, at The Playhouse, and on the streets of Belfast. At the University of

Michigan she studied children's theater, television and radio, and directing, and she worked on costumes and makeup for productions. "I am so happy to begin work again this fall at The Playhouse," says Weaver. "We have plans for an entertaining new year."



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Fall Restaurant of the Week



This week, do yourself a favor and visit the restaurant that has been changing the dining landscape of the midcoast since 1993. Cafe Miranda is in the heart of downtown Rockland on Oak Street, just around the corner from Rock City Books and Coffee. Follow the delicious smell of wood smoke to the temple of flavor. It all begins with the fire. Locally grown wood from the Headacre Farm in Owls Head fuels the brick oven.

(Your meal starts with warm homemade bread hot from the bricks.) Fire is a metaphor for the passion that goes into every meal. With over 90 menu items to choose from, there is something for every one and every taste. Cafe Miranda is a kid-friendly place, too.

"We have been able to double our capacity with the addition of an outdoor patio heated with a wood stove," says owner Kerry Altiero. "It also allows our customers to get even closer to the fire." The wine and beer selection is extensive as well.

In addition to the regular menu, a new 30-piece Burger Menu is now being offered, with the best hand-cut fries "since Schooner Fare Restaurant was open."



Cafe Miranda serves Supper seven days a week from 5:30 p.m., and on Sunday "Blunch" is served from 10 a.m. till 2:30 p.m. The complete menu and a video of Kerry in action is available online at www.cafemiranda.com. For reservations, call 594-2034.

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Help Keep Meals on Wheels Afloat — Harbor Cruise to Benefit MOW

Volunteer drivers for the Meals on Wheels (MOW) programs that originate from Spectrum Generations Coastal and Brunswick community centers deliver five meals a week to at least 160 homebound, elderly and disabled community members in Lincoln and Sagadahoc counties. On Friday, September 5, at 5:45 p.m., the public is invited to join the MOW team on a cruise around the Boothbay peninsula's harbor and shoreline aboard the *Harbor Princess*. The cruise will feature live music with the Cahoots and dancing to

classic oldies.

MOW's second annual Harbor Cruise will help Spectrum Generations' MOW program continue to provide nutritious meals to mid-coast Maine communities. The cruise will depart from Pier One in Boothbay Harbor at 6 p.m. and return at 9 p.m. The cost is \$25 per person. Boxed picnic-style meals will be available for an additional cost.

For reservations, call Robin in Damariscotta, 563-1363, or Debbie Atwood in Brunswick, 729-0475.

Humanitarian Relief Worker to Speak at Hutchinson Center

On Thursday, September 11, Susan Erb will share her recent experiences doing humanitarian relief work in Uganda, India and Indonesia at the Hutchinson Center Auditorium in Belfast at 10 a.m.

Erb is the daughter of the Reverends Charles and Rebecca Erb of Belfast. Educated at Mid-

Erb has spent time in Zambia and Eastern Europe working with Habitat for Humanity and in Afghanistan with Save the Children. She has worked with older conflict-affected people in Darfur. Most recently, Erb's work has taken her to Switzerland, where she supports the United Nations' High Commission for Refugees to better integrate older people into its emergency response.

Since February of this year, Erb has undertaken extended journeys to war-affected northern Uganda and the earthquake/tsunami zones of Indonesia. She will spend October and November in the Democratic Republic of Congo continuing her assistance to older war-affected adults.

In her spare time, Erb runs a UK-based nonprofit organization, Women to Women International, working to improve the lives of mothers and their children in the slums of Mumbai,

India and the tribal areas of northwestern Pakistan. From time to time, she returns home to Cambridge, England, where she lives with her husband.



Susan Erb, second from left, in Jakarta

dlebury College in Vermont and the University of Oxford in England, she has spent the better part of her adult life working in international development and humanitarian relief.

Hospice Volunteer Training Set

Coastal Family Hospice Volunteers is accepting applications for a 10-week volunteer training class that will start on Wednesday, September 10, and continue through Wednesday, November 12. The class will meet at the Knox Center in Rockland from 6:30 to 9 p.m. One six-hour Saturday class will also be scheduled.

Residents of Knox and Lincoln counties are encouraged to apply. No prerequisites are required for enrollment in the class. The core of the training is development of the listening and support skills that are at the heart of hospice volunteering.

The training will include sessions conduct-

ed by local professionals, including a hospice nurse, a social worker, and a hospice chaplain. A materials fee of \$75 will be charged. Scholarship support is available in cases of need.

For more information or to receive an application form, contact Ann Cole at 593-9355 or coastalfamilyhospice@penbay-healthcare.org.

Coastal Family Hospice Volunteers is an independent, state-licensed volunteer hospice providing nonmedical services to families experiencing terminal illness. Bereavement support services are also part of the group's mission.



Counselor, educator and lecturer Kim John Payne will speak at the Camden Opera House on September 13.

Kim John Payne, a counselor and lecturer who speaks about the realities of parenting in today's world, will be at the Camden Opera House on Saturday, September 13, from 7 to 9 p.m., teaching parents five steps to help their children feel calmer, happier and more secure by simplifying. Advance tickets are \$10 and are available at HAV II and Sherman's Bookstore in Camden, the Green Store in Belfast, and Rock City Books & Coffee in Rockland. Tickets will also be available at the Camden Opera House at 29 Elm Street on the day of the event for \$15. Payne's lecture is sponsored by the Parent Community Council (PCC) of Ashwood Waldorf School. It is open to the public and all are welcome to attend.

Payne is an Australian who has for 24 years worked as a counselor, adult educator, consultant/researcher and educator helping children, adolescents and families explore issues such as social difficulties with siblings and classmates, attention and behavioral issues at home and school, and emotional issues such as defiance, aggression, addiction and self-esteem.

Payne has researched and implemented a

"Simplicity Parenting" Lecture in Camden

"Social Inclusion Approach" in many communities, which helps overcome anti-social behavior, bullying and teasing in school and at home. He is at present engaged in an extensive research project focusing on developing a drug-free approach to attention-related disorders. He was the founding director of "The Challenge of Adolescence," a

training course for therapists, teachers and parents.

Payne is the project director of the Waldorf Community Collaborative Counseling Program at Antioch University New England, aimed at training future Waldorf School and family counselors as well as teachers to better understand social and emotional issues of children and teens. He was the founding co-director of the Eastern European Institute of Spatial Dynamics (Hungary) and the co-director of the Michael Institute of Spatial Dynamics (England). He regularly consults in colleges, clinics and schools throughout the United States and abroad.

Payne is the author of the book *The Games Children Play*, published by Hawthorn Press, and is working on two new books, *Simplicity Parenting* and *The Soul of Discipline*.

For more information, contact Louise Tanguay-Ricker by e-mail at pcc@ashwoodwaldorf.org, by phone at 236-4449, or by visiting www.ashwoodwaldorf.org. To find out more about Payne, visit www.thechildtoday.com.

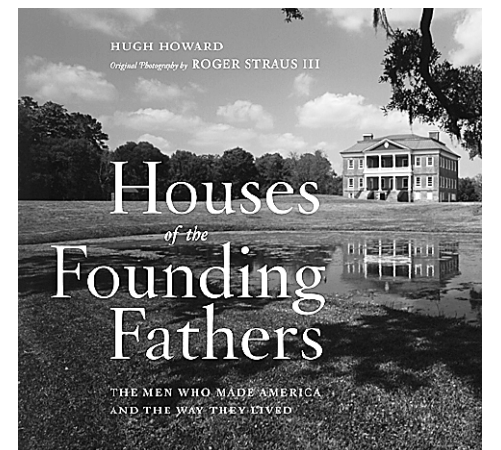
Author Hugh Howard at Montpelier

Did you know that, in one year alone, George and Martha Washington hosted 667 guests at their family home Mount Vernon? Find out more facts about the Founding Fathers, their homes, and their private lives at a talk with Hugh Howard, author of *Houses of the Founding Fathers*, at Montpelier, the General Henry Knox Museum in Thomaston.

Montpelier will host a lecture and book signing with Howard on Tuesday, September 9, at 7 p.m. *Houses of the Founding Fathers* examines the 18th-century homes of 40 Revolutionary War era figures, including Washington, Adams, Jefferson and Knox. Tales of friends and enemies, murderous relatives, reluctant revolutionaries, adoring wives and runaway servants enliven this talk.

Howard is the author of nine books in the field of historic architecture, including *House-Dreams* and *Dr. Kimball and Mr. Jefferson: Rediscovering the Founding Fathers of American Architecture*. *Houses of the Founding Fathers* is his most recent work.

The lecture and book signing will take place in the Oval Room at the General Henry Knox Museum. Tickets to the event are \$5 for Knox Museum members and \$8 for non-members and will be available at the door. Copies of *Houses of the Founding Fathers* will be available for purchase. To reserve a seat, contact the museum at 354-0858.



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Highlights of Events

Renewables: Altered Books Project —Community art project, co-sponsored by the Belfast Free Library, Waterfall Arts and the Center for Maine Contemporary Art (CMCA):

- **Tues., Sept. 9th at 6:30 pm:** Panel Discussion with four altered book artists, Abbott Room, BFL
- **Sat., Sept 13th, 1-4 pm:** Altered Book Workshop at Waterfall Arts. Sign up in advance.
- **Mon., Sept. 22nd at 7 pm:** Artist Lecture with Adriane Herman at Waterfall Arts.
- **Sat., Sept. 27th, 1-4 pm:** Workshop at CMCA in Rockport: Sign up in advance. For more information and a complete listing of events, visit www.renewablebooks.blogspot.com

Let's Talk About It: Contemporary American Indian Literature - a new book discussion series from the Maine Humanities Council begins **Sept. 16th at 6:30 pm** with the book *Tracks* by Louise Erdrich. For more information and to pre-register and pick up a copy of the book, call or stop by the main circulation desk.

Camden Conference Community Events: Tues., Sept. 23rd at 6:30pm: Lecture: *Three Faces of Terrorism* by Prof. Paul Holman

• **KRAMER GALLERY, September 3rd - 30**

Altered Books from the Out of Bounds Altered Books Project

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September Programs at Belfast Free Library

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Library Closed for Labor Day	2	3	4 Lapsitter Story hour 10am	5 Altered Books Exhibit from Rockport's 2007 Out of Bounds Project	6
7	8	9 Renewables: Altered Books Panel Discussion 6:30pm	10	11 Lapsitter Story hour 10am	12	13 Renewables: Altered Books Workshop at Waterfall Arts 1-4pm
14	15	16 Let's Talk About It: American Indian Literature 6:30pm	17	18 Lapsitter Story hour 10am BBWC Presentation 6:30pm	19 Foreign Film: <i>Un Coeur en River</i> 7pm	20
21	22 Renewables: Altered Books Lecture w/Adriane Herman - Waterfall Arts, 7pm Historical Soc. Presentation 7pm Abbot Rm	23 Camden Conference Event: "3 Faces of Terrorism" Lecture by Professor Paul Holman, 6:30pm	24	25 Lapsitter Story hour 10am	26 Foreign Film: Series Finale 7pm <i>The Discreet Charm of the Bourgeoisie</i>	27 Frog Town Mtn. Puppeteers 11am Altered Book Workshop at CMCA 1-4 pm
28	29 MSBA Book group meets 5-7:30pm	30	Hours: Mon. - 9:30-8 Tues. - 9:30-6 Wed. - 12-8 Thur. - 9:30-6 Fri. - 9:30-6 Sat. - 10-2 Sun. - Closed		Story Hours For Children Thursdays 10am: Lapsitters, Ages 0-2 On the Children's Floor PeeWee Picnics Fridays at 11am for ages 3 & up in the Abbott Room	

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Sudden Death Winners —
Recently, the Allstate Team were winners at the Penobscot Bay Regional Chamber of Commerce 9@Night Golf Social. Members of the team are (left to right) Ed Boylan, Brian Johnson, Dennis Fitzpatrick and Karl Kehler. Here, Chamber president Jane Dagley presents the trophy to the sudden death winners.



Raffle of Patriots Tickets Benefits New Rec Area

The Waldoboro Recreation complex is in the final stage of construction. A set of four New England Patriots tickets will be raffled off Saturday, September 13. The ticket raffle is part of the Medomak Valley Community Foundation's fund-raising campaign, Heading for Home, to finance construction of the complex.

The winner of Saturday's raffle will receive four tickets to the New England Patriots/St. Louis Rams football game on Sunday, October 26. Included with the tickets is a limousine ride to and from Gillette Stadium, courtesy of Country Coach Charters, Nobleboro.

To qualify for the raffle, participants make a \$25 donation either by mail to the Community Foundation, or at one of Waldoboro's three community banks, by Monday, September 8.

John Blamey, president of the foundation, says, "The Heading for Home Challenge has received over \$19,000 in donations, so with our two-for-one match, we now have over \$38,000 to help finish this project. Although the fund-raising campaign has been successful, we still need financial support to complete this project. Every donation, no matter the amount, helps our fund-raising campaign move closer to its goal. But more importantly, it helps make the community's dream a reality."

For details on the Heading for Home Challenge, visit the Foundation's Web site at www.themvcf.org/docs/headed-for-home-brochure.pdf. For updates on the construction, visit www.themvcf.org and click on the bulldozer icon.

The Medomak Valley Community Foundation is a Maine nonprofit corporation. Details about the Waldoboro Community Project and the foundation are available online at www.themvcf.org. Donation forms are available online, as well as via the mail, or by contacting Blamey at 832-7761. Mail donations to the Foundation at P.O. Box 1246, Waldoboro ME 04572, or drop by any of Waldoboro's community banks to make a donation.

A free introductory tai chi class led by Priyadarshi will be given on Sunday, September 7, from 10 to 11 a.m. at the newly opened High Mountain Hall located at 5 Mountain Street in Camden. Priyadarshi was previously affiliated with the Zen Bei Butokukai for 20 years.

Free Tai Chi Class

People of all ages can benefit from tai chi. This ancient martial art has been shown to have many healthful effects on the body, such as improvements in balance, flexibility and even bone density.

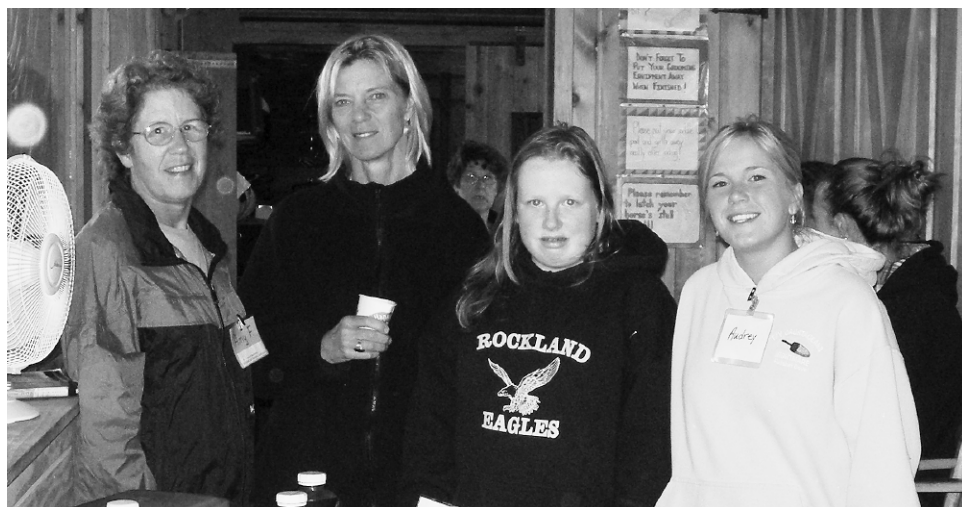
"Tai chi opened my eyes to an entirely new way of working out," says Rushmore DeNooyer, a documentary filmmaker and composer who has been taking Priyadarshi's intermediate summer class. "It's making a real difference not only with my physical conditioning, but also with balance and mental focus as well."

For further information, call 623-2180.

Songo River Trip for Seniors Sept. 16

The Waldoboro, Thomaston and St. George recreation departments have teamed up to offer a senior citizens' bus trip on Tuesday, September 16. Participants will travel via motorcoach from their respective towns to Naples, where they will board the *Songo River Queen II*, a replica of one of the famed Mississippi River stern-wheelers. From there, they will take a leisurely 2-1/2 hour cruise of Long Lake and the Songo Locks. Buses will depart from the St. George Town Office at 7:15 a.m., Thomaston's Knox Hotel at 7:30 a.m. and the Waldoboro VFW at 8:30 a.m. The cruise departs the dock at 11:45 a.m. Stops are planned for food and rest. Participants may pack a lunch and eat aboard the cruise. There is a small snack bar available on board.

The trip is free for residents of St. George, Thomaston and Waldoboro. Residents of other communities are invited to participate on a space-available basis. A \$30 nonresident fee applies. To register, call 832-5369, extension 308; 354-6107; or 372-6363.



Freedom Riders Volunteers Appreciated —

Volunteers for riding therapy classes were greeted with refreshments and individual thank-you cards as they came to the barn for their summer session classes during Volunteer Appreciation Week. In 2007 volunteers gave 3,100 program hours and 6,000 non-program hours. Pictured here (l to r) Amy Faunce, Ellen Jorgensen, Amanda Gardner and Audrey Hannah.

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Martinsville: Two-bedroom home with full basement, 3 bedroom newer mobile home, garage and 2 wells and 2 septic. Great value for **\$360,000**.



HEAD of TENANTS HARBOR. Rebuilt in 2008. 4 BR's, 3 new baths, master suite. 550' harbor frontage w/sandy beach. Magnificent views. **\$1,185,000**



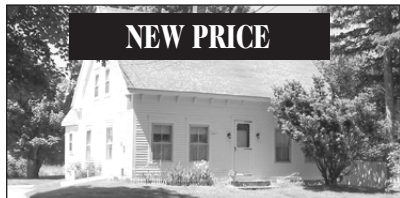
Tenants Harbor: 187 Turkey Cove Road: Stone fireplace, red oak floors, first floor master suite, granite countertops, and 2 porches, 2 car expandable garage, 2.3 acre lot. **\$449,500**



Tenants Harbor: Fabulous 4 bedroom, 3 baths, hardwood floors, granite and cherry kitchen, ocean views and deeded ROW to shore. **\$599,995 VIRTUAL TOUR**



Tenants Harbor: Immaculate, beautifully crafted 2BR, 1.5BA, cabinet makers home. Open 1st fl. w/full glass facing south. Large barn has studio space, guest quarters. Gorgeous grounds. **\$395,000**



Tenants Harbor: NEW WELL, SEPTIC SYSTEM, ELECTRIC HOT WATER HEATER. Charming, historic 2-bedroom Cape on lovely 1-acre surveyed lot on Ridge Road, two miles from Drift Inn Beach. Room for garage or studio. Mature landscaping. **\$149,000**



Tenants Harbor: Water view, 3 bedrooms, 2 baths, new kitchen, fireplace, wood floors, 3.5 acres, great spot, short walk to town boat landing. **\$425,000**



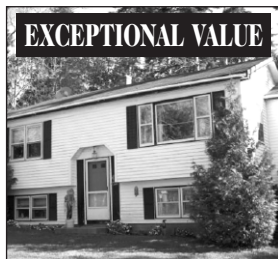
Rockland: Forever Ocean and Lake Views. Breathtaking Panoramic Ocean Views! 3 BR/3BA Timber-Peg Post and Beam Cape on 7.94 acres. 1691 sq. ft. on 1st floor and 1731 sq. ft. finished, walk-out basement with workshop. **\$425,000**



Rockland: The Pinnacle! 360 degree panoramic ocean and mountain views from this fabulous 3 BR/3 BA home on 5.4 acres in the Dodge Mountain subdivision. **\$619,000 VIRTUAL TOUR**

FEATURED PROPERTY

Otis Point, St. George: Fine home with 33' ROW — nice beach and deep water access. Cedar shingles, Andersen 400s windows, 2 farmer porches with Timber Tech decks. Two rooms still need to be finished inside. Sailor's paradise on mile-wide river. **\$219,000**



EXCEPTIONAL VALUE

St. George: Mini farm with Cutler Cove ROW. 1.3 acres, great garden spots and nice animal barns. **\$152,555**



Martinsville: Extraordinary home with 3 bedrooms, 3 baths, Shaker kitchen, and glorious perennial gardens. Ocean views just frosting on the cake. **\$559,000 VIRTUAL TOUR**



Tenants Harbor: Log home w/1st flr master, fieldstone fireplace. Low maintenance. Private. ...Imagine the possibilities! **\$399,995 VIRTUAL TOUR**



Thomaston: Bungalow; 3 bedrooms, 3 baths, hardwood floors, master suite, excellent condition. Near to all amenities. **\$295,000**



Martinsville: Older mobile home on pretty lot. 2 bedrooms, good septic and well. Close to Port Clyde and beach. **\$135,000**



Warren: Tastefully renovated 1900 Cape on 5.3 private acres and new attached, 2-story workshop and barn. New windows, new chimney, new sills, custom cherry cabinets. **\$259,500**



Smalley Town, St. George: Nice 2 bedroom, Cape on 4 acres. Newer kitchen, new windows, Vermont Castings woodstove with hearth, sun porch — all for **\$159,900**



Warren: 2002 Year-Round Waterfront Cottage with full basement. 100 ft. sandy beach frontage on South Pond — perfect year-round vacation get-a-way. **\$329,000**



Views from all rooms in this **Tenants Harbor** Village home. Wonderful Garrison Colonial style home within a stone's throw of the water. ROW comes with this treasure. Large formal rooms, finished with care, quality construction. **\$697,995**



South Thomaston: Three units, 3 bedrooms, 2 baths, fireplace, 3 car garage. 1 bedroom home for rental income, all in excellent condition. Corner of Cottage Lane and Spruce Head Road. **\$369,000**



Rockport: 4000sq. ft. 4 bedrooms, 4 baths, 2 fireplaces, 2 car garage. Very special home on 3 beautiful acres. **\$695,900 VIRTUAL TOUR**



Port Clyde: Walk to beach, lighthouse & village. Immaculate stickbuilt 3 BR w/2 car attached garage. **\$179,500**



South Thomaston: 2005 Custom Contemporary Cape w/ 3 BR/3BA in the Simonton's Cove subdiv. 3000 sq. ft. living space w/exec. office & 1600 sq. ft. finished, heated garage. 5 ft. shared ROW to St. George River w/ picnic area. **\$599,000**



Thomaston, INDUSTRIAL parcel. Just under 1 acre. Close to Rt. 1. **\$74,500**

South Thomaston, Norton Drive. 10 acres off cul de sac. Driveway started. Less than 1 mile from town dock. Good land. **\$79,000**

Tenants Harbor, Harts Neck Rd. 1.55 acres w/well, septic, shed, driveway, concrete foundation. Restrictive covenants in place. No mobile homes allowed in subdivision. **\$69,500**

New Listing - Waterfront, Land 3.10 acres. 700 ft. on Mill River. 1500 sq. ft. building env. Beautiful land in Resource Protection. Building Permit has to come from Board of Appeals. Cape style suggested. Price below assessed value. **\$166,000**

New Listing - St. George, Enjoy sunsets on this 2-acre building lot overlooking Watts Cove; soil tested. **\$85,500**

13th Annual List of Maine's Most Endangered Historic Resources

Maine Preservation announced its 13th annual list of Maine's Most Endangered Historic Resources at a recent press conference at the Pennell Institute in Gray. This property is among the 11 listings added to the program this year by Maine Preservation's board of trustees. This year's list features statewide thematic listings as part of a "green focus," highlighting the inherent environmentally and economically sustainable aspects of preservation.

"Preservation is recycling on a large scale, and we can reduce our impact on the environment and save energy by adaptively reusing buildings and their durable historic materials rather than carting them to the landfill," says executive director Greg Paxton. "Preservation isn't only about an appreciation of the past; it's about enriching the present and future quality of our communities. That's why we're excited to highlight preservation's green agenda on this year's Most Endangered list."

Green theme listings include historic railroad buildings, old-growth wood, embodied energy, storm windows and landfills, all of which are imperiled by the destruction of historic buildings and their historic materials to the detriment of the environment statewide. Chris Glass of Camden, president of the board of trustees says, "Maine Preservation also recognizes the state's working waterfronts, historic houses of worship, fraternal organizations, historic schools such as Pennell Institute, an African-American guesthouse and the historic tax record of Maine, which all face threats. Failure to maintain these institutions undermines the quality of our communities. The Brooking Institution's study highlighted the preservation of Maine's historic communities as key to the state's future economic prosperity. Maintaining these buildings and institutions are not only windows to our past, but doors to our future."

New to the list in 2008 are working waterfronts that throughout the state are threatened with potential loss of not only historic buildings and landscapes, but also the livelihoods, access and traditional ways of life of many citizens in Maine's waterfront communities. The Pemaquid Fisherman's Co-op is an example of how businesses, aided by state programs, are struggling to stay viable; Preservation's Statewide Green Agenda :

- Historic Railroad Buildings, in addition to being historically important, are finding renewed life as stations for expanded transit lines, lessening reliance on fossil fuels. Buildings like the Greenville Junction Depot beside Moosehead Lake and the Freight Shed in Hallowell could see a second act as part of a cleaner Maine transportation network.

- Old-Growth Wood, the dense and far more durable wood of Maine's historic virgin forests, is gone from the wild but preserved in historic buildings. This irreplaceable building material stands the test of time far better than softer new-growth wood available today. Preserving rather than replacing old-growth wood in buildings creates less waste and requires less energy. It is more cost-effective in the short term while requiring less maintenance over the long term.

- Embodied Energy refers to energy and

resources already expended to construct an existing building. Energy-efficient certification standards like LEED do not adequately account for energy savings from retrofitting existing buildings. Most people are unaware of how improvements to an existing building can produce more energy savings than constructing a new building, even one constructed to green standards, and is less expensive. An example of a lost opportunity is the recent decision by Department of Education to abandon Nathan Clifford Elementary School in Portland in favor of a new school building.

- Landfills throughout Maine fill quickly with construction debris, the largest category of landfill waste, occupying about one third of landfills' volume. Gutting historic materials or tearing down entire historic buildings results in more rapidly filled waste sites, causing the need for new sites to be opened.

- Storm Windows are threatened by replacement with expensive but short-lived vinyl windows. Putting storm windows over historic wooden windows produces the same R-value as new double-pane windows, and is more cost-effective while generating less waste. Vinyl windows produce toxins in manufacture and are "maintenance-free." This means that they cannot be repaired.

Historic houses of worship statewide face a variety of challenges with declining membership and aging buildings. Free Will Baptist Church in Bowdoinham, a significant rural church that has long been vacant, and the United Baptist Church in Lewiston, whose congregation dwindled and building is distressed, are prime examples.

Rock Rest, Kittery Point, recently nominated to the National Register of Historic Places, operated from the late 1930s to the late 1970s as a summer guest house for African-American tourists. Rock Rest provided a safe haven from de facto segregation faced by black travelers on vacation. The property has been vacant and in need of repair, and is threatened by potentially being sold to an owner who could tear it down.

The Masonic Temple in Portland represents buildings of fraternal organizations statewide, many suffering from lower membership levels and lack of funding for maintenance and repairs. The Masons of Maine are considering the sale of their space, which would likely result in the destruction of its historic interiors.

Pennell Institute, Gray, has brick Italianate former school buildings suffering from lack of use and deferred maintenance, like many across the state;

Maine's municipal tax valuation lists statewide, irreplaceable records of buildings in many communities, are vulnerable to decay or being discarded.

This year, each of the individual properties will be eligible for a \$500 matching grant from Maine Preservation's Preserve Maine Fund in order to facilitate fund-raising efforts necessary to plan for the facilities' rescue, such as a building conditions assessment or marketing study.

For photos of this year's list, success stories and ways to get involved, visit www.maine Preservation.org or call 775-3652.

Thomaston Library Topic of Historical Society Program

The history of the Thomaston Library will be the program focus at Thomaston Historical Society's meeting at 7 p.m. on Tuesday, September 9, at the Knox Farmhouse and Museum, 80 Knox Street in Thomaston. Davene Fahy and Alice Dashiell will give a talk covering the library's locations, staff and contributions to life in Thomaston from its 19th-century founding to the present day. The meeting is free and open to the public.

"We sincerely appreciate Alice and Davene's efforts in developing this program, and we're looking forward to a lively discussion of this great Thomaston institution," says Margaret McCrea, Thomaston Historical

Society president. "This demonstrates the partnership and cooperation between local groups who are working to keep Thomaston's history alive for future generations. To this end, the library, General Henry Knox Museum, Georges Valley High School students and the Thomaston Historical Society are working together to create a Web site for the Maine Memory Network on the history of our town." This effort is part of the Maine Community Heritage Project grant.

The session will begin with refreshments at 7 p.m., followed by a brief business meeting at 7:30, before the library presentation at 7:40.



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This seafood restaurant is complete w/fixtures & equipment. Suitable for other uses including professional office or retail. **Rockland \$400,000**



This commercial building was originally a restaurant but would lend itself to many uses. There are 1.55 acres, ample parking and high visibility in **Rockport \$375,000**



Handsomely sited on a corner lot, this former Governor's residence features 4 BR, 2 baths, a fireplace, tin ceilings, an 'art deco' kitchen & detached garage w/space for an office. **Waldoboro 229,900**



This pristine 3 BR, 2.5 bath contemporary has it all — radiant heat, hardwood floors, spacious kitchen w/granite countertops, stainless appliances, manicured grounds, game room & 1.23 private acres. **South Thomaston 385,000**



Completely renovated 3 BR home w/1st floor cherry floors, 2nd floor carpeting, new kitchen & bath. There's a huge entertainment deck, a newly seeded lawn & a workout basement. **St. George \$179,999**



If scenic views and unique character are what you're looking for then this converted 'lodge' may fit the bill. There are 2 BR & a spacious kitchen on the 1st floor, & an eff. apt. **Appleton \$137,629**



Solid 4 BR intown home with updates & convenience to schools, shopping & the river. Home Warranty and Special Financing Available! Motivated Sellers! **Thomaston \$119,900**



Unique offering w/4 acres consisting of 4 units. There is a 2 BR cottage, owner's quarters on the 1st floor & 2 units on the 2nd. This is a large home which could be converted to single family living. 2 septic systems. Investment in **Cushing \$329,000**



This is a handsome wooded homesite with 1.8 acres. Bring your house plans to **Waldoboro! \$29,900**

LETTERS LETTERS OPINIONS

Latest Boondoggle—

Joe Steinberger's piece in the August 14 Free Press on fishing for mackerel with his [brother's] young son brought up some memories of this underappreciated fish. One of them concerns a tin of mackerel, "*Maquereau Capitaine Cook*" my mother brought back from France years ago.

Why the French would name a seafood product after an English explorer is a mystery in itself. I think I just said, "Gee, thanks Mom. A can of mackerel from France!" and put the can in a cupboard and forgot about it.

Several years later, I noticed the can and, concerned that it might rust through, I finally opened it. It was a revelation. Like sunrise at sea. Delicieux! Exquisite. Ambrosial. The fruits of the sea transformed into food for the gods.

No doubt much of my pleasure was due to low expectations. Canned seafood is typically bland, or too salty, and either mush or rubber. But the French mackerel tasted as if it had been pulled from the Atlantic minutes before, and then poached in white wine with fresh lemon juice and a mysteriously evocative blend of herbs and spices. Absolutely marvelous! But, *Hélas*, I have never seen *Maquereau Capitaine Cook* for sale in this country. And I've caught many mackerel since, and tried to recapture the flavor, with little success.

Of course, fish is best as fresh as possible. The greater challenge is in preserving the abundance of the summer harvest. The genius of this French recipe was not that a good chef in a restaurant had transformed an oily, strongly flavored, and almost worthless fish into a gastronomic delight. Rather it was that this had been accomplished on a factory production scale in a can.

When I drive by one of Maine's shuttered fish canneries, like the former Stinson plant in Belfast, I wonder if the problem isn't so much a lack of fish, or a lack of cheap fuel, or labor, or capital, but a lack of inventive recipes and really good taste.

On another note, correct me if I'm mistaken, and I hope I am, but I have heard that soon everyone dipping a hook in saltwater will be required to purchase a federally mandated fishing license. Outside of simply breathing, recreational salt water fishing was one of the last activities that wasn't controlled by a license, permit, tax or fee.

For years, federal policies encouraged the commercial fishing industry to get as big and "efficient" as possible, with the result that some of the fisheries were nearly wiped out. Now one of the solutions is that Dad fishing with his child for an afternoon is going to have to buy a license worth a lot more than the fish he is catching, or face a fine.

The paperwork and enforcement will likely require many thousands of new well-paid state and federal positions around the country with complete health care and benefits. Lots of new uniformed, armed cops with binoculars prowling around the waterfront in powerful boats and shiny SUVs to make sure Joe and son have a fishing license. Maybe some of those employed will be former commercial fishermen or their relatives. What brilliant solution to the problems of overfishing, unemployment and the lack of health-care insurance!

What with the various wars, the beginning of the end of oil, and looming global climate change, this is a tiny issue. But I hope others will write our representatives in an election year to make known their views on this latest boondoggle.

GENE BRYANT
Palermo

Publisher's Note: The U.S. Congress passed a law, as part of the Magnuson-Stevens Reauthorization Act of 2007, requiring NOAA Fisheries Service to establish a national registry of recreational saltwater fishermen by January 1, 2009, "in order to improve the quality of fishing data." In response, NOAA's Fisheries Service issued a proposed rule in early June of this year that requires anglers and spearfishers who fish recreationally in federal ocean waters to be registered before fishing in 2009. The rule would also require registration by those who may catch anadromous species anywhere, including striped bass, salmon and shad that spawn in rivers and streams and spend their adult lives in estuaries and the ocean.

Fishermen would be required to be registered annually, and NOAA will not charge a registration fee in the first two years. Beginning in 2011, the annual fee will be an estimated \$15 to \$25 per angler.

If states already have a program that gathers the data necessary for the registry (such as a complete saltwater fishing license registry that accounts for all anglers), NOAA Fisheries may exempt anglers from these states and, consequently, according to NOAA, states without saltwater licenses will have a strong incentive to require them. States on the West Coast (including Alaska), the Gulf Coast, and the South Atlantic offer saltwater fishing licenses. Hawaii and the states from New Jersey to Maine do not.

The proposed rule is slated to take effect January 1, 2009, but the public comment period just closed a few weeks ago, so the final rule is still in the offing.

Erickson Farm Campaign Completion Celebrated—

We enjoyed a wonderful celebration with 100 local residents Wednesday evening August 20th in the Erickson Farm fields on Route 90 in Rockport. People came to celebrate with Maine Farmland Trust and Aldermere Farm/Maine Coast Heritage Trust the successful completion of the \$1.1 million fund-raising campaign that ensures that this working farm will be forever preserved. Thank you to the hundreds of families and businesses that contributed to the campaign.

Our deepest gratitude to the Erickson Farm Campaign Committee members. Their passion and commitment to reach out to friends and neighbors over these past four months truly made this a successful community campaign: Charlton Ames, Martha Brower, Polly Chatfield, Lynda Clancy, Abby Fitzgerald, Lucy Hallowell, Nancy Harmon Jenkins, Pauline Johnstone, Kitty Jones, Anne Kilham, Alexandra Lawrence, Patrisha McLean and Dawn Smith-Cote.

The celebration itself was made possible (and lots of fun) thanks to these individuals and businesses who donated time, talent and goods: Wyatt McLean played acoustic guitar and sang; Karl's Dad Band of six musicians played lively fiddle tunes; Christine Burstein teamed up with Dawn Smith-Cote to create hay-bale fun and other activities for young children; Cappy's Chowder House baked delicious cakes; Marti Stone roamed the crowd to photograph the event. Northern Kingdom loaned a sound system; Party Fundamentals provided tent and tables; and Camden Rotary loaned their tent as well.

We also want to acknowledge these local businesses for their financial contributions and discounts or donations of goods and services to the overall campaign: Camden Printing, The Free Press, Waterfront Restaurant, Sage Market Camden, French & Brawn, PDQ Photo, Good Tern Coop, The Edge Restaurant, Party Fundamentals, Fresh Off The Farm, Francine Bistro, Hannaford Camden, Market Basket, Megunticook Market, Trillium Caterers, Rankin's Hardware, Penobscot Bay Ice, Phi Home Designs, Rokes Storage Farm, The First, N.A., Bayview Concierge, Sanctuary Day Spa, H & C Properties, L.P. Apartments, VillageNetMedia, Rocknak's Yacht Sales, Blueberry Farm Alpacas, Adventure Advertising, Anne Kilham, JimDugan.com, John Morris Architects, Cold Mountain Builders, Antonia Munroe, Youngs Construction, Small Wonder Gallery, Rockport Steel, Scholz & Barclay Architecture, Camden National Bank — with special thanks to these major corporate supporters: CedarWorks and Brewster Point.

Now that the Erickson Farm property is forever preserved, it will be managed by Aldermere Farm, a program of the Maine Coast Heritage Trust for agriculture and education. Ron Howard, general manager of Aldermere, will continue to involve the community in developing ideas for the farm and invites anyone interested to contact him at Aldermere Farm, 236-2739.

CATE CRONIN, Campaign Coordinator
JOHN PIOTTI, Maine Farmland Trust
RON HOWARD, Aldermere Farm
Erickson Farm Campaign

"Volleys Against Violence"—

On Saturday, August 23rd, New Hope for Women (NHFW) held its first annual "Volleys Against Violence" tennis tournament. We were blessed with outstanding weather in the beautiful setting of the Samoset Resort. The event raised over \$700 for NHFW and also brought attention to the ongoing need to work toward ending domestic and dating violence. I am pleased that we had 14 enthusiastic participants (room for more next year!). Congratulations to the winner of the grand prize drawing, Toni Vander Veer, who will be enjoying a week's stay at a Sarasota, Florida, condominium. And congratulations to tournament winner Judi Lydon, who will be playing with a new tennis racquet.

My heartfelt thanks to co-organizers Betsy Clemens Saltonstall, who contributed the grand prize, and to Dale Temple, who donated the tournament prize. Both put in hours of planning time and day-of-event work.

Special thanks to the Samoset Resort (for court use and staff assistance), Maine Sport Outfitters (for a generous supply of tennis balls), Lani Temple of Megunticook Market (for food items for participants), Amy Fischer Designs (for graphics work on posters) and Creative Images (for gift bag items).

GLEN E. RAINSLY
Development Director, New Hope for Women

Grand Opening Knox County Republicans HQ Sept. 6

The Knox County Republican Committee will hold the grand opening of their Campaign Headquarters at 3 p.m. on Saturday, September 6, at 230 Park Street in Rockland, the site of the former Rocky Bay Brewing Company.

Charlie Summers, candidate for the First Congressional District, will be the keynote speaker. Representatives from the McCain campaign and Senator Collins' campaign will also be present, as well as local candidates. For more information, visit the Knox County Republican Web site, www.GOPKnoxCounty.com, e-mail chair@GOPKnoxCounty.com, or call 594-5118.

FCC Proposal Could Jeopardize Maine's Rural Telecommunications and Public Safety

by Sheriff Donna L. Dennison,
Knox County Sheriff's Office

For many of us, cell phones have become a necessary component of everyday life, helping us do business, stay in touch with the people who matter most to us and call for help in emergencies.

Across the state of Maine, public safety officers like me depend on wireless service to respond quickly to emergency situations. We rely on cell phones to assist in search and rescue operations, address domestic violence situations, prevent criminal activity and communicate in areas where police radio is unsecure or unavailable.

That's why a recent proposal by the Federal Communications Commission (FCC) is so troubling to me — and potentially dangerous for rural Maine.

In smaller communities, wireless carriers cannot always justify the costs of building new cell towers. However, there is a federal program called the Universal Service Fund (USF) that helps build reliable communications networks in rural areas.

Unfortunately, the FCC placed a cap on the wireless portion of the USF earlier this year, and now proposes drastic cuts that could eliminate nearly half the support we now receive in Maine. Statewide, we could lose more than \$6 million in annual USF support, and dozens of new cell sites would be cancelled or delayed every year.

We are fast becoming a wireless nation, but there is much work to be done in Maine to bring reliable cell phone networks to our rural areas. Cutting the USF for wireless is not a solution. Visit www.ConnectingRuralAmerica.org to learn more and take action.

Congress Must Act to Expand Offshore Energy Exploration—

It's time to start saving for this holiday season — not for presents, but for heating bills.

Climbing energy prices meant higher prices at the gas pump this summer; this winter will bring more increases when it comes time to turn up the thermostat. Over the last eight years, home heating bills have risen 24% nationally. And if America's energy policy stays the same, our bills will keep going up. For many of our working families, these costs will force some difficult decisions this winter — parents may have to scale back on holiday presents or, worse, choose between heating their homes or feeding their families.

Why are we allowing Americans to make such tragic choices — and keeping vast additional domestic energy supplies off-limits? Congress must act as soon as their August vacation ends to expand offshore energy exploration. Increasing our domestic energy supply would help bring these costs back in line.

I implore our elected leaders in Washington: Please hear our voices and act now, this year, to open up offshore energy exploration and development. No parents should have to choose between heating a home and feeding a child.

SAM ADOLPHSEN
Union

Down East Pirate Days—

The smoke has cleared and the ships have departed, another year of Down East Pirate Days has come and gone.

The sounds of children laughing and staring in awe as swashbucklers performed their magic and the thunder of cannon fire has faded into the distance. The treasures have been hidden away for another year.

The producers of Down East Pirate Days would like to thank the following sponsors for making this festival possible through their generous gifts: Allen Agency Insurance, Andrus Flowers, Applebees, Aqua Maine, Bar Harbor Bank & Trust, Black Bull, Brooks Trap Mill, Captain Morgan, Chambers Jewelers, Computer Solutions, Corson's Auto Supply, Eastern Tire, ERA Cousins Realty, The First, Five County Federal Credit Union, FMC, George C. Hall & Sons, Gosline-Pease Insurance, Horch Roofing, J&B Printers, JBI Inc., Oceanside, Limerock Inn, Maine Eastern Railroad, Maine State Prison Showroom, Nordstrom Skin Care, PenBay Glass, Inc., Prock Marine, Rock Coast Sports, Rockland Savings & Loan, Shepard Nissan and Shepard Storage, South End Grocery, TD Banknorth, Thomaston Boatworks and Time Out Pub.

The Pub Crawl and Buccaneer ball were a blast — if you missed it, be sure to put it on your calendar for next year.

To everyone who attended, to all the pirate crews who helped make it happen and to all the mariners who had a great time with us, we thank you one and all, for your patience, cooperation and understanding. After all, we are pirates!

Be on the lookout for clues all year to the whereabouts of next year's treasure, for it is already hidden or buried in Rockland.

Fair winds and calm seas.

Gov'n'r Gumbatz
aka JOE CATALANO
Bard Productions

Why It's Obama's Time—

As I watched and listened to Hillary Clinton's speech at the convention last week, I was amazed by the layers of her message she was able to communicate simultaneously. On the surface, she was urging her supporters to support Barack Obama. But the underlying message, I believe, was: "As good Democrats and as supporters of the programs Democrats espouse, we must vote for Barack Obama this time." However, thinly veiled beneath her words was the message "Let's get through this now, and we'll make it happen the next time."

As I read comments by her supporters I see the same phrase over and over — "She deserved it. It was her time." It is surprising, because it seems to me that in a democracy the "time" is entrusted to the candidate who has most closely met the needs and hopes of the electorate.

As a 70-year-old woman who has been involved in working for and supporting the progress of women all of my life, I still was able to hear a new message and see new possibilities for our country as I read *Dreams of My Father* and *The Audacity of Hope* by Barack Obama. I saw someone who had been shaped by the world, not just the historical struggles within the United States. I saw an enormously intelligent and articulate person who was able to envision a future that went beyond the fears and suspicions born of past battles that have hobbled the capacity of past leaders to envision a different future — a vision that goes beyond the need to control the future by using the same methods imagined as solutions in the past. I believe that, in order to escape the wars and endless struggles for power that have contaminated the world and taken all people to the brink of self-destruction on many fronts, people must learn to talk with and listen and truly hear one another. Starting in law school, Obama's talents were for listening and mediating, not just trying to overpower others.

As I watched Obama meet with people in New Hampshire to discuss health-care reform early in the primary campaign, I heard someone who asked questions rather than just advocating his own position. I heard him probe and listen to answers and then provide information about himself and his positions in response to the needs and concerns expressed by those attending.

Over and over, as I heard Obama campaigning, I heard him say "we" not "I will do this." Rather than simply telling people what he would do for them, he has included them in taking responsibility for the problems that face us. In a time in which the public is overloaded by propaganda and advocacy under the guise of public information from all forms of the media, Obama didn't offer the simple answer, "I'll do it for you." Instead he has tried to educate the public about issues and challenged them to become involved in governing once again.

I believe that Obama is inviting this nation to become re-engaged in solving the problems of this time in a new way. He is utilizing new ways of communicating. He hears and speaks with personal experience and understanding growing out of his life in diverse parts of the world. I believe there is a hunger in the people for understanding and making decisions, not just being controlled by their leaders. I believe there is a hunger for breaking the bonds of past prejudices and perceptions that have led our country to make and remake the mistakes of the past and led us only into new formations of the same old problems.

Obama is inviting our imaginations and ability to think and care about our world and to find new ways to more effectively engage in the concerns and challenges facing all peoples of the Earth. This is why I think it is Obama's time.

BONNIE GERRARD
Newcastle

In Reply—

Marjorie Gallace (letters to the editor, August 28 issue) wonders how I know that John McCain's conduct during his imprisonment in Vietnam was extraordinary. She asks, was I there? I wasn't. My war was fought in Europe decades earlier. However, it is common knowledge that McCain's Vietnamese captors learned that he was the son and grandson of admirals and, as a consequence, offered him release before fellow prisoners. However, although he had already been subjected to excruciating torture and was aware that he would experience more, he turned them down. That constitutes extraordinary conduct.

I am disappointed that Ms. Gallace focused on the minor matter of my source and chose not to comment on the main theme of my letter, the comparative fitness of McCain and Obama to be commander-in-chief.

STEPHEN HINRICHS
Rockport

LETTERS OPINIONS

Busy on Behalf of the People of Maine —

Tom Allen has been a busy man — busy on behalf of the people of Maine. He is campaigning for the U.S. Senate. But he has also been in D.C. doing his job for us here in Maine, attending to some votes in Congress.

Just last week, he spoke at the Democratic National Convention. The address was carried on CSPAN. He spoke of the changes needed to provide better opportunities for the middle class and poor, the work we need to do to put us on the path to energy independence and his determination to see that every American has quality health care.

You see — he cares — he cares deeply about the future of America. He has a new grandson and he wants to be sure this baby and all of our children inherit a better world. Tom Allen — U.S. senator (as of November). That certainly is an improvement over the misrepresentation we have been having up to now.

BARBARA ANN JOHNSON
Nobleboro

The Political Blunder of the Century—

Unless John McCain is very lucky, his selection of Sarah Palin, governor of Alaska, to be his running mate will probably go down as "The Political Blunder of the Century." While we will never see it, I would love to read an interview with Mitt Romney, Joseph Lieberman and Mr. Pawlenty, all of whom spent a lot of time, effort and money seeking that position — and any one of whom would have been far more qualified.

Mr. McCain, whom I respect greatly for his military history, has spent months complaining about Mr. Obama's "lack of experience," and yet he picked someone who has been governor of an "offshore state" for one year and before that, mayor of an 8,000-population town.

We all know why he picked her, of course. He thinks she is going to pull in Hillary's 18 million votes — plus all the other women voters in the country. Such a belief is an insult to Hillary, to her followers, to women in general, and to the entire country. Basically the belief is: Women will vote for ANY woman. They don't care who she is. Such a belief does not surprise me coming from someone who once repeated a joke about Chelsea Clinton that was tasteless, unfunny and worst of all — cruel to a young person.

If I was a Republican and did not want to change my allegiance to vote for Obama, I would think about sitting this election out.

STEPHEN ALLEN
Belfast

Biden as Running Mate Weakens Core of Obama's Campaign—

By most accounts, Barack H. Obama's selection of Senator Joe Biden as his vice-presidential candidate was a good choice for a number of reasons. Like Senator McCain, Senator Biden voted for the resolution to go to war in Iraq, resulting in the removal of a vicious dictator. Like his good friend John McCain, Joe Biden is strong on fighting the global war on terrorism, whereas Obama is unsure, uncertain and hesitant. On foreign affairs Senator Biden believes we need to negotiate with our foreign adversaries from a position of strength and with pre-conditions. This is in contrast to Obama's approach to foreign affairs, which is free-wheeling and undisciplined. Because of his long service in the Senate, Biden is ready to be Commander in Chief on 1/20/09, unlike Obama, who may not know the difference between a battalion and a regiment, or an Army captain and a Navy captain. (For Obama's information, McCain was a Navy captain.) But perhaps most importantly, Biden, because of his long experience, is capable of presenting the specific details of his ideas in a clear and concise manner. On the other hand, Obama, because of his inexperience, often finds it difficult to present the specific details of his plan for change even with the help of an earpiece or teleprompter.

In summary, Obama, who has a short and undistinguished record in the Senate, has selected a running mate with a long and distinguished record in the Senate.

In closing, the selection of Biden weakens the core of Obama's campaign, which is opposition to the war in Iraq, as his running mate voted for the war, and that he is the candidate of change, as his vice-presidential choice is the ultimate Washington insider and a 35-year member of the Washington establishment. Obviously these facts are an irritant to Obama's progressive campaign workers and his Moveon.org financier.

RODNEY LYNCH, Rockland

Choose to Vote for Chris Rector—

Now that Labor Day is over, the elections will really heat up. For the next nine weeks we will be bombarded with all kinds of media.

I am writing today on behalf of Chris Rector to replace Christine Savage. Senator Savage cannot run again, as she has reached her term limit. Though no one can replace her, she herself has endorsed Chris Rector for the Senate seat.

Please pay close attention to this race, and I hope you will choose to vote for Chris Rector to hold this important State Senate seat. Chris has served several terms in the Maine House and showed his work in a bipartisan manner reaching across the aisle. His experience will put him in great standing to get things done for his constituents.

LINDA BRAUN
Camden

Note: State Rep. Chris Rector of Thomaston is a candidate for the State Senate, representing Knox County.

For Chris Rector—

Over the course of the past year, two new businesses have moved to midcoast Maine to fill vacancies at the MBNA buildings in Rockland and Belfast. These new businesses — Boston Financial in Rockland, and Athena Health in Belfast — are providing many well-paying jobs to the citizens of Knox County. As a founding member of the Knox/Waldo Regional Economic Development Council (KWREDC), State Representative Chris Rector, now running to represent us in the State Senate, deserves our thanks for these new opportunities. KWREDC was instrumental in bringing both of these organizations to the region through their efforts to create a more prosperous economy here in the midcoast. Additionally, Chris was a founding organizer and instructor of the Midcoast Leadership Academy, which is now beginning its third year after graduating 40 emerging leaders throughout the midcoast.

Representative Chris Rector's efforts with KWREDC are not his only accomplishments in creating real economic development. As a ranking member of the Business Research and Economic Development Committee, Chris has always supported policies that create new jobs. Throughout his time in the Legislature, he has worked tirelessly and in a bipartisan manner for small businesses by playing an active role in the development of the Pine Tree Zone legislation that has paved the way for Boston Financial and Athena Health and many other new businesses. I believe that the work Chris Rector has done for us in the midcoast as a state representative and community leader is a great reflection of the kind of work he will do on our behalf as our state senator. I am proud to have the opportunity to vote for Chris Rector on November 4th.

DR. JIM PATTERSON
Camden

Where Was Knox County Commissioner Nash?—

Dear Fellow Citizens of Knox County,
Where was County Commissioner Lawrence Nash?

Two public meetings recently were held to review, examine and hear public input about what the mission/vision of the Knox County Airport ought to be for the next few decades or more. This planning process for a critical transportation facility is significant and vitally important to our communities and the region as a whole.

Commissioner Anne Beebe-Center was present to facilitate both meetings, and Commissioner Mason Johnson attended the first meeting at the Owls Head Transportation Museum. Lawrence Nash was nowhere to be seen at the Owls Head Transportation Museum meeting. Lawrence Nash was nowhere to be seen at the public meeting held at the Opera House in Camden. His jurisdiction as commissioner includes these communities, as well as the islands of North Haven and Vinalhaven, both highly reliant on services provided through the airport.

By using this process of meetings for public input, the airport is working diligently to develop a business plan. Such a plan is intended to guide the best and most cost-effective management possible of the Knox County Airport, especially in these trying economic times, as well as in preparing for future economic challenges and considerations.

Mr. Nash is up for re-election in November. Why did he not make the time to attend at least one of these meetings? Why did he not have enough interest in public input about a huge entity owned and operated by the County and overseen by himself with the other two commissioners?

It is time to elect persons interested in the public input and concerns, and willing to be present to hear them in person. Roger Moody is such a person. I had the pleasure of sitting next to Roger at the Camden meeting, knowing that he heard my personal input to the planning for the Knox County Airport and transportation for the region.

PENNY DUNNING
Rockport

CALENDAR OF EVENTS



The Baby Store
Hanna Says... New Fall Items Have Arrived
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Hanna
Customer Relations

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by noon the Friday before the
Thursday publication date.
Please include your name, address and
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Noteworthy

THURSDAY, SEPT. 4:

- **Belfast Summer Nights**, 5:30-7:30 p.m., Heritage Park. Music by The Toughcats. Free. Bring picnics, chairs and your dancing feet. FMI: 338-8448.
- **Castlebay in Performance**, 7 p.m., Knox Museum, Rtes. 1 & 131, Thomaston. Julia Lane and Fred Gosbee perform songs and tunes from the Colonial period, supporting their vocals with Celtic harp, guitar, fiddle and woodwinds. \$15/\$12 members/\$8 students. Reservations recommended: 354-8062 or info@knoxmuseum.org.
- **Auditions for Penobscot Bay Singers**, Concerts by the Belfast group will include "Ceremony of Carols" by Benjamin Britten at Christmas, and John Rutter's Requiem with harp accompaniment in the spring. FMI: Judy Rock, 948-5912, or Susan Piotti, 437-2493.

FRIDAY, SEPT. 5:

- **Harbor Cruise to Benefit Meals on Wheels**, 6-9 p.m., Boothbay Harbor. Cruise aboard the *Harbor Princess* features live classic oldies with Cahoots. \$25. FMI: 563-1363 or 729-0475.
- **The Itals in Concert**, 8 p.m., Strand Theatre, 345 Main St., Rockland. One of Jamaica's premier reggae groups since the mid-1970s. \$20. FMI: 594-0070 or www.rocklandstrand.com.
- **"Changing Course: Navigating Life After Fifty,"** 5 p.m., Maine Coast Book Shop, Main St., Damariscotta. Author and sociologist William Sadler will discuss his discoveries on aging and retirement in a workshop and book-signing based on his new book *Changing Course: Navigating Life After Fifty*.
- **DRA Round Top Coffee House**, open mic 7:15-8:45 p.m.; feature program 9-10 p.m., Darrows Barn, Bus. Rte. 1, Damariscotta. Musicians, singers and other performers are invited to sign up and show of their talents. Featured performer will be Kat Logan, singer/songwriter from Brunswick, accompanied by Jim Loney. Rising Tide Food Co-op will provide refreshments before the performance and during intermission. \$5/\$3 seniors and under age 12. FMI: 677-2354 or 563-1393.

SATURDAY, SEPT. 6:

- **Odetta in Concert**, 7:30 p.m., Chocolate Church, Washington St., Bath. Named a "Living Legend" by the Library of Congress, Odetta's music is a treasure trove of American folk and blues. FMI: 442-8455.
- **Waves of Harmony Barbershop Show**, 7 p.m., Rockport Opera House. Music by the Windjammer Barbershop

Chorus, Starboard Watch quartet, Harbor-side Harmony women's chorus of Rockland. On the Go comedy quartet from Portland, and the Back Bay Four. \$14/\$12 ages 60 and older. Afterglow afterwards, with refreshments and more entertainment, is \$6. FMI: 236-2159.

► **Lincoln Arts Festival Poetry Workshop**, 9:30 a.m.-3 p.m., St. Columba's Episcopal Church, Boothbay Harbor. Workshop led by UMaine professor and poet Jeffrey Thomson will culminate in a reading open to the public beginning at 3:30 p.m. Fee is \$60; send check made out to Lincoln Arts Festival and send to Jean Webster, P.O. Box 352, E. Boothbay, ME 04544. FMI: 633-6202.

► **Energy Challenge: Facing the Winter and Beyond**, 9 a.m.-noon, Troy Howard Middle School, Belfast. Workshops, displays, demos and discussions followed by picnic lunch. Sponsored by Waldo Cty. State Senate candidate Diane Messer. Free admission. FMI: e-mail rooted@fairpoint.net or call 722-3383.

► **Train Rides to Naval Air Show**, Sat. & Sun., Sept. 6 & 7, departs Rockland at 8 a.m. for Brunswick Naval Air Station. Admission to air show is free. Round-trip train tickets are \$40/\$20 children. FMI: 596-6725 or www.maineeasternrailroad.com.

► **Megunticook Mini-Marathon Regatta**, 9:30 a.m., Megunticook Lake, Camden. Open to all single or double sliding-seat rowing shells with fleets for racing shells, recreational shells, and Alden Ocean Shells. Course is 10 miles of protected flat water with alternate 3-mile storm course on north end of course. Contact Robert Perkins at 626-8562 (d), 236-6344 (n), 626-8518 (fax), or e-mail bob.perkins@maine.gov. *Race-day registrants must give telephone notice of intention to race no later than 8 p.m. on Thursday, September 4.* All entrants must be Maine Rowing Association members; one-week memberships available for \$10/annual membership \$25/race fee is \$20.

► **Great State of Maine Air Show**, Sat. & Sun., Sept. 6 & 7, gates open at 8 a.m.; flying at 10 a.m., Naval Air Station, Brunswick. Navy Flight Demonstration Team the "Blue Angels," and U.S. Army Parachute Team the "Golden Knights," 14 other aerobatic acts and more military and civilian aircraft on display. Public is encouraged to park off base and bike in; if lots are full, cars will be turned away. Free, but purchase of reserved seats available through www.greatstateofmaineairshow.com.

► **Fort Knox Medieval Tournament**, 10 a.m.-4 p.m., Prospect. Armored combat, archery demonstrations, musical performance, dance and parade. Fort admission fee is \$3/\$1 children. An additional \$2 per person event donation is being requested to help defray event costs. FMI: 469-6553.

SUNDAY, SEPT. 7:

- **Benefit for The Flannel Shirt Fund**, 3-7 p.m., Sweet Leaves Teahouse, 22 Pleasant St., Brunswick. Fund-raiser for the Flannel Shirt Fund, connecting farms to schools, and children with gardens. African drumming with Djump!, acoustic

folk with local duo Evergreen, fiddle music with Johanna and crew and Brunswick fiddler Trevor Peterson. FMI: 832-5584.

► **Short Ships Rowing Regatta**, registration 7-8 a.m.; race at 9 a.m., Atlantic Challenge pier, 643 Main St., Rockland. Open to pulling boats, dories, gigs, kayaks, canoes, Whitehalls, and any other rowing craft. \$20/\$15 per person for crews of five or more.

► **DaPonte String Quartet Candlelight Concert**, 7 p.m., Old Walpole Meeting House, So. Bristol. Box pew seating in the 1772 meeting house for a concert of music by Beethoven, Mendelssohn and Piazzolla. \$20; reservations required. FMI: 563-5554.

► **"Poetry and the Liturgical Tradition,"** 9:30 a.m., St. Giles Episcopal Church, Rte. 126, Jefferson. In honor of St. Giles, Gray Jacobik and Bruce Spang will read their poems, Martin Steingesser and Judy Tierney will recite and perform a Gerard Manley Hopkins poem, Tim Badgley will sing a Hopkins poem, Brigid Griffen and George Van Deventer will sing a Rutter composition, the choir will perform three pieces and two parishioners will read two poems by Langston Hughes. FMI: 677-2840.

► **Out of the Darkness Community Walk**, 9 a.m. registration; 10 a.m. walk, Back Cove, across from Hannaford parking lot, Portland. Proceeds benefit local and national suicide prevention and awareness programs. To pre-register, form a team or donate, visit www.outofthedarkness.org or call 822-9989.

► **Early Music Concert featuring John McKean, Harpsichord, and Andrew Arci, Viola da Gamba**, 4 p.m., United Christian Church, Rte. 173, Lincolnville Center. All welcome to this free concert. FMI: 785-3521.

MONDAY, SEPT. 8:

► **Formation of Odeon Community Orchestra**, 5 p.m., Rockport Opera House. Informational meeting for adult string musicians at intermediate level or above who wish to be part of the Odeon Community Orchestra. \$200 fee; scholarships available. FMI: 236-2823.

► **Blues Show**, 7-10 p.m., Time Out Pub, 275 Main St., Rockland. Tonight: Sean Carney. \$10. FMI: 593-9336.

► **Coastal Chorale Begins Rehearsals**, 7-9 p.m., Second Congregational Church, Newcastle. No audition required. Chorale will be preparing for its annual holiday performance. FMI: 677-3018.

TUESDAY, SEPT. 9:

► **Sheepscot Valley Chorus Begins Rehearsals**, 7:30 p.m., Second Congregational Church, Rte. 1, Wiscasset. No audition required. Chorus will be preparing for holiday performances. FMI: www.sheepscotvalleychorus.org or 563-2754.

► **Portland String Quartet in Concert**, 7:30 p.m., Opera House at Boothbay Harbor. Program includes works by Beethoven and Ernest Bloch. \$15. FMI: 633-685.

► **Book Launching Party with Tess Gerritsen**, 6-8 p.m., Owl & Turtle Bookshop, 32 Washington St., Camden. Gerritsen will sign copies of her newest medical thriller, *The Keepsake*. FMI: 236-4769.

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<p>Lobster Bake! • To Benefit SPS Museum • Clams-Corn-Wine • Dessert & Live Music • Saturdays at 5:30pm Only \$25 per Person! Call 207-701-7626 or 7627</p>	<p>Quality Carpentry Inc. Fine Homes & Timberframe Construction Custom Joinery 207-272-9707</p>	<p>Bay Sailing Boat Rentals • Sailing School • Yacht Charters 207-831-8425 www.sailme.com</p>	<p>Tippy Canoe & Kayaks Too Kayak & Bicycle Rentals 38 Mechanic St., Rockland, ME (In the Barn - 973-460-5802) 207-593-7094</p>	<p>Sail on the Historic 1871 Schooner Stephen Taber with Capt. Noah & Jane Barnes www.stephentaber.com</p>	<p>Gil Merriam Speaks on the History of Rockland's South-end Working Waterfront Sail, Power & Steam Museum Wednesday, Sept. 10, 7^{PM}</p>

CALENDAR OF EVENTS

► **The Macpodz**, 5:30 p.m., Amphitheatre at Unity College, 90 Quaker Hill Rd., Unity. A jazz/rock band from Ann Arbor, Michigan, playing its own brand of dance music, "disco-bebop." Free. FMI: 948-SHOW or www.unitymaine.org.

► **Poetry Reading with Ellen Goldsmith and Kristen Lindquist**, 6-8 p.m., Camden Library. Local poets will present "A Conversation in Poetry About the Environment." Free.

► **Lecture and Book Signing with Hugh Howard**, 7 p.m., Montpelier, Rtes. 1 & 131, Thomaston. Howard, the author of nine books about historic architecture, will speak on and sign copies of his book *Houses of the Founding Fathers*. \$8/\$5 members. FMI: 354-0858.

WEDNESDAY, SEPT. 10:

► **Lecture by Author Andy Austin**, 6 p.m., Rockport Library. Austin, a courtroom sketch artist since 1969, and her husband will read excerpts from Austin's memoir, *Rule 53: Capturing Hippies, Spies, Politicians and Murderers*. FMI: 236-3642.

THURSDAY, SEPT. 11:

► **Dougie MacLean in Concert**, 7:30 p.m., Camden Opera House. A singer/songwriter, MacLean is at the forefront of the Scottish music scene. Tickets, \$25, available at Wild Rufus, Camden; Mr. Paperback, Belfast; Grasshopper Shop, Rockland; and at Camden Town Office, www.camdenoperahouse.com, or 470-7066.

COMING UP:

► **Blues Cruise with Ana Popovic**, Fri., Sept. 12, 7-10 p.m., boarding MV *Monhegan* at 6 p.m., Middle Pier, Rockland Harbor Park. Lobster stew, clam chowder, finger foods and dessert available for purchase. \$25. Call Paul for tickets at 596-6055.

► **Grace Potter and the Nocturnals**, Fri., Sept. 12, 8 p.m., Unity Centre for the Performing Arts, 42 Depot St., off Rte. 202. "One of the most soulful new bands around," says Bonnie Raitt of this young Vermont-based group. FMI: 948-SHOW or www.unitymaine.org.

► **John Gorka, Eliza Gilkyson and Cliff Eberhardt in Concert**, Fri., Sept. 12, 7:30 p.m., Camden Opera House. FMI: 236-7963 or 667-3618.

► **Benefit for The Flannel Shirt Fund**, Fri., Sept. 12, 7 p.m., UU Church, 345 Broadway, Rockland. Fund-raiser for the Flannel Shirt Fund, connecting farms to schools, and children with gardens. Fiddle music by Josie and Sophie Davis, jazz with Muriel Havenstein & Friends, folk duo Evergreen. African drumming with Djump! and North Haven's rock trio The Toughcats. FMI: 832-5584.

► **Dance Party with Free Latin Dance Lessons and Live Music by Cuban Son Band Primo Cubano**, Fri., Sept. 12, 7 p.m. dance lesson, 8-11 p.m. live music, American Legion Hall, 143 Church St., Belfast. \$10; all ages welcome. FMI: 993-2756 or e-mail artsgood@peoplepc.com.

► **Book Launching and Poetry Reading**

with **Dave Morrison**, Fri., Sept. 12, 6:30-8 p.m., The Owl & Turtle Bookshop, Camden. Morrison will read from and sign copies of his new book, *Silver: New & Selected Poems*. FMI: 236-4769.

► **Classical Guitarist Antonio Lopez in Concert**, Sat., Sept. 13, 8 p.m., Opera House at Boothbay Harbor. Lopez performs works by Ponce, Barrios, Villa-Lobos, Flores and Lauro. \$15 in advance/\$18 at the door. Lopez is offering a master class in guitar on Sat. morning for students of all ages and talents as well as those interested in auditing the class. \$20/\$5 to audit. FMI: 633-5159.

► **Pemaquid Watershed Association Volunteer Gala**, Sat., Sept. 13, 5:30-9 p.m., Wilson home, Rte. 32, Round Pond, 1/2 mile north of King Ro Market. Cook-out at 5:30 p.m., followed by contradance with Kaity Newell and Friends. \$5 donation/members free. *RSVP required by Sept. 10*: 563-2196.

► **Talk by Amy Goodman**, Sat., Sept. 13, 3 p.m., Hammond Street Church, Bangor. Goodman's talk follows a peace rally and walk starting at 1 p.m. in Paul Bunyan Park. Free; donations accepted. FMI: 469-6600.

► **Auditions for A Christmas Carol**, Sat., Sept. 13, 2-4:30 p.m. and Mon. & Tues., Sept. 15 & 16, 7-9:30 p.m., Lincoln Street Center, Rockland. Cast for a Dec. production of the Dickens classic calls for 25 people ages 5-75. Be prepared to sing a simple song.

► **Auditions for The Nutcracker**, Sat., Sept. 13, Robinson Ballet Studio, 107 Union St., Bangor. Company class 10:30 a.m.-noon, open to all auditioning dancers. Dancers age 12-adult audition 12:30-1:30 p.m. and ages 9-11 from 2-3 p.m. FMI: 989-7226.

► **An Evening with Jonathan Edwards**, Sat., Sept. 13, 7:30 p.m., Chocolate Church, Washington St., Bath. New sounds and old favorites by the folk/rocker. FMI: 442-8455.

► **Bluegrass Gospel Concert**, Sun., Sept. 14, 7 p.m., Chestnut Street Baptist Church, Camden. Gospel tunes by Phil and Ellen LaClaire.

► **"Meetinghouse Merriment,"** Sun., Sept. 14, 2 p.m., Alna Meetinghouse, Rte. 218. Early country music by Merle Jewett, Lucy Martin and Joe Seigers, folk duo Pixie Lauer and Paul Mellyn, show tunes by Nancy Mucci and Celtic music by the Haymakers, and others. \$10/children free. FMI: 586-5020.

► **Conway Day Celebration**, Sun., Sept. 14, 11 a.m.-4

p.m., Conway Homestead complex, off Rte. 1, Camden. Music, food, old-fashioned children's games, demonstrations of quilting, spinning, shingle-making and more, crafts for sale and food available for purchase. Free admission. FMI: 236-2257.

► **Appleton Historical Society's Harvest of the Arts**, Sunday, Sept. 14, 2-4 p.m., Old Meeting House, Sennebec Rd. Performances, readings, and exhibits by local artists, poets, writers, musicians and craftspeople. Free.

► **Double Hill Duathlon**, Sun., Sept. 14, 8 a.m. registration; 9 a.m. start, base of Penobscot Narrows Observatory, Prospect. Friends of Fort Knox sponsors a 3-mile run and 16-mile bike race. \$25 individual/\$35 team entrants. For advance registration, call 469-6553 or visit www.fortknox.maine.gov.

► **"Selected Shorts,"** Sun., Sept. 14, 3 p.m., Camden Opera House. Maine authors and maritime themes will be featured when NPR's "Selected Shorts" returns to Camden. Readers include host Isaiah Sheffer, actor Kier Dullea and Mia Dillon. Tickets, \$50 reserved/\$20/\$8 children general admission, are available at the two hosting organizations, Camden Library and Penobscot Marine Museum, and by visiting www.librarycamden.org.

► **Alzheimer's Association Memory Walk**, Sat., Sept. 20, 9 a.m. registration; 10 a.m. walk, Knox Center for Long-Term Care, White St., Rockland. FMI: 594-6850.

► **The Black Crows in Concert**, Wed., Oct. 15, Merrill Auditorium, 20 Myrtle St., Portland. With special guest Howlin' Rain. Tickets: 842-0800 or www.livenation.com.

► **2008 Maine Literary Festival**, Fri.-Sun., Nov. 7-9, Camden Opera House. Theme is "For This Earth: Visions in Literature." Speakers include Prof. Verlyn Klinkenborg, Prof. Bernd Heinrich, and Gourmet magazine editor in chief Ruth Reichl, as well as 20 authors, poets, scientists, critics and chefs, among them Melissa Kelly, Gary Lawless, Annie Finch and Martha White. For details and registration, visit www.maine-literary-festival.com. FMI: 837-2827.

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February 20-22, 2009

Community Events in September and October 2008
Global Leadership and the U.S. Role in World Affairs

Events are open to the public and are free unless otherwise noted.

- **Thursday, September 4:** Rockland Public Library, 6:30-8 p.m. — "Three Faces of Terrorism," presentation by Professor Paul Holman followed by discussion.
- **Tuesday, September 23:** Belfast Free Library, 6:30-8 p.m. — "Three Faces of Terrorism," presentation by Professor Paul Holman followed by discussion.
- **Thursday, October 2:** Rockland Public Library, 6:30-8 p.m. — "What Next? The US Role in World Affairs," presentation by Patrick Mundy followed by discussion.
- **Tuesday, October 7:** Camden Public Library, 6:30-8 p.m. — "The Common Cause," presentation by Ralph Moore followed by discussion
- **Saturday, October 11:** Camden Opera House, 8-10 p.m. — "21st Century Security Challenges," presentation by Gregory Johnson followed by discussion.
- **Tuesday, October 21:** Belfast Free Library, 6:30-8 p.m. — "The American Presidency," presentation by Professor Don Lord followed by discussion.

The Camden Conference is a non-profit, non-partisan organization fostering community discourse on globally significant issues through a program of foreign affairs events.

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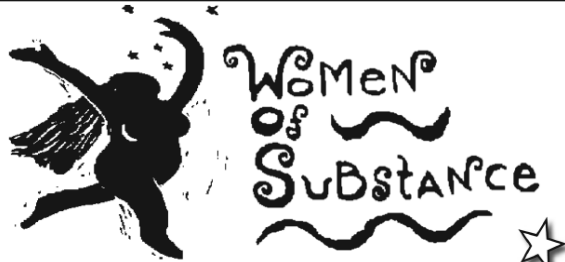
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Children's & Teens' Events

THURSDAY, SEPT. 4:

► **Toy Library Open House**, 9 a.m.-noon, St. Peter's Episcopal Church, White St., Rockland. Toy Library opens for the fall semester on Thurs. & Fri., Sept. 11 & 12. Families with children from birth through preschool age are invited to visit. FMI: 691-6321.

FRIDAY, SEPT. 5:

► **Ashwood Waldorf School Open House**, 10 a.m.-noon, 180 Park St., Rockport. Tour the facility, meet faculty and experience some of the activities offered for ages 18 months to six years. FMI: 236-8021.

SATURDAY, SEPT. 6:

► **Creative Acting Sessions**, Saturdays, The Playhouse, 107 Church St., Belfast. Classes for ages 5-9 meet from 10 a.m.-noon, ages 10 and older meet from 12:30-2:30 p.m. FMI: 338-5777.

MONDAY, SEPT. 8:

► **Auditions for Odeon Junior Ensemble and Chamber Orchestra**, 3:30-5 p.m. for Junior Ensemble; 5-7 p.m. Chamber Orchestra, Rockport Opera House. Junior Ensemble is open to beginning young string musicians. Chamber Orchestra is for high-intermediate to advanced string musicians. Fee is \$150 for Junior Ensemble/\$200 for Chamber Orchestra; scholarships available. FMI: 236-2823.

► **Rockland School of Ballet Classes Begin**, Lincoln Street Center, Rockland. Classes offered for everyone, from age 2 to adult. FMI: e-mail Emily Jenks at emily@rockland-ballet.org or call 542-3556 or 354-0834.

TUESDAY, SEPT. 9:

► **Free Youth Sailing Classes**, Tues. & Thurs., Sept. 9-Oct. 9, 3:30-5:30 p.m., Atlantic Challenge, 643 Main St., Rockland. Rockland After-School Alliance will offer free sailing classes for ages 13-15. FMI: 594-2221.

► **Auditions for Odeon Youth Orchestra**, 3:30-5 p.m., Rockport Opera House. Youth Orchestra is open to young string musicians at the intermediate level (Suzuki Book 2). Fee is \$200; scholarships available. FMI: 236-2823.

WEDNESDAY, SEPT. 10:

► **After-School Reading Program**, Wednesdays, 2 p.m., Rockport Library.

Librarians will read installments from chapter books to children in elementary school. Parents must make arrangements with the school for school-bus drop-off. FMI: 236-3642.

► **ACTNOW Children's Drama Studio**, Wednesdays, beginning Sept. 10, 3:30-5 p.m., Lincoln Street Center, Rockland. Class for ages 6-11 will culminate in a play, *The Caper at the Bake Shop*. \$35 per month/scholarships available. FMI: e-mail info@lincolnstreetcenter.org.

COMING UP:

► **Program on "Keeping Wildlife Wild,"** Fri., Sept. 12, 3:30 p.m., Rockland Library. Lynne Flaccus from ReMaine Wild will share information on animal encounters and what wildlife rehabilitators do. For ages 5 and up. FMI: 594-0310.

► **Starfire Skate Jam**, Sat., Sept. 13, noon, Starfire Skatepark, Knowlton St., Camden. Cookout, rollerblade and skateboard competitions. Registration form and waiver available at Teen Center, 10 Knowlton St. New park hours begin Mon., Sept. 15: Mon.-Fri., 2:15-5 p.m., through Fri., Sept. 26. FMI: 230-0866.

► **Classes at Lasansky School of Dance**, Rte. 1, Lincolnville. Classes resume Mon., Sept. 15. FMI: 236-3685 or visit www.lasanskydance.com.

ONGOING:

► **After-School Nature Discovery Program**, Tues. & Thurs., 3:15-5 p.m. throughout Sept., Damariscotta River Assn.'s Salt Bay Heritage Center, Belvedere Rd., Damariscotta. Sept.'s program, for grades 2-6, is "Insects in Late Summer." \$35 non-members/\$30 members. Scholarships may be available. FMI: 563-1393.

► **Children's Story Hour**, 10 a.m. Tuesdays, Gibbs Library, 40 Old Union Road, Washington. FMI 845-2663. Free.

► **Rockland Public Library Story Time**, 10:30 a.m. every Wed. and Sat. Crafts are offered on Wednesdays. Baby Story Time every Friday at 10 a.m. for children up to age 2. Free. FMI: 594-0310.

► **Cushing Library Story Time**, 9-10 a.m. every Saturday morning. For children ages 2-6. Stories and crafts are offered. Free. FMI: 354-7212 or 354-6939.

► **Children's Story Time**, Saturdays, 11 a.m., Thomaston Public Library. Dena Davis of Barefoot Books, a new mother and an elementary school teacher on leave, offers a variety of stories accompanied by related activities. FMI: 354-0614.

► **Kids' Laughter Club**, Fridays, 3 p.m., Thomaston Public Library. Each week a new, free funny movie. FMI: 354-0614.

Film

THURSDAY, SEPT. 4:

► **Unity College Free Fall Film Series**, 7 p.m., Unity Centre for the Performing Arts, 42 Depot St., off Rte. 202. Tonight: "Too Hot Not to Handle" is a primer on global warming with contributions from leading scientists in the field. FMI: 948-SHOW.

FRIDAY, SEPT. 5. -

THURSDAY, SEPT. 11:

► **COLONIAL THEATRE**, Belfast: "Star Wars: The Clone Wars," "Sisterhood of the Traveling Pants 2," "Tropic Thunder," "Bridgeshead Revisited." See ad on p.45 for movie times.

► **FLAGSHIP CINEMAS 10**, Thomaston: "Bangkok Dangerous," "Disaster Movie," "College," "Death Race," "Mamma Mia!," "Traitor," "Star Wars: The Clone Wars," "House Bunny," "Hamlet 2," "Tropic Thunder," "Babylon A.D.," "The Dark Knight." See ad on p.45 for movie times.

► **STRAND THEATRE**, 345 Main St., Rockland: "Roman de Gare." See ad on p.45 for movie days/times. FMI: 594-0070.

MONDAY, SEPT. 8:

► **Classic Film Series**, 5 & 7:30 p.m., Skidompha Library, Damariscotta. "Humoresque" (1936), starring John Garfield, Joan Crawford, J. Carrol Naish and Oscar Levant, is a noisish melodrama about an ambitious young violinist and his relationship with a spoiled, wealthy older woman. \$5 donation. FMI: 563-5513.

► **"Angels of Austria: The Church That Reached Out to Holocaust Survivors,"** 7 p.m., Strand Theatre, 345 Main St., Rockland. Documentary about a church that reverses eight centuries of anti-Semitism in its hometown by inviting Jewish Holocaust survivors to a "Week of Reconciliation." FMI: 594-0070.

THURSDAY, SEPT. 11:

► **Unity College Free Fall Film Series**, 7 p.m., Unity Centre for the Performing Arts, 42 Depot St., off Rte. 202. Tonight: "WTC: the First 24 Hours" is a visceral account of the events of Sept. 11 by French filmmakers Jules and Gedeon Naudet. FMI: 948-SHOW.

► **"A Brief History of Time,"** 6:30 p.m., Rockland Library. Screening of the award-winning film by Errol Morris about the life and work of theoretical physicist Stephen Hawking.



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CALENDAR OF EVENTS

Art

FRIDAY, SEPT. 5:

► **"Phoebe Bly: Dusk to Dawn,"** opening reception 5-8 p.m., Sea Studio Gallery, Rte. 131, Tenants Harbor. Open 11 a.m.-4 p.m. daily through Sept. 10.

► **"Temples/Locus of Intent" and "Long Overdue: Book Renewal,"** opening reception 6-8 p.m., Waterfall Arts, 256 High St., Belfast. Temple-like forms imprinted with text appears in Freedom artist Paul Oberst's works in "Temples/Locus of Intent." "Long Overdue" is a selection of altered books from the Portland Library collection. Through Sept. 26. FMI: 338-2222.

► **Poetry Reading by Bob Brooks,** 6:30 p.m., Parent Gallery, 92 Main St., Belfast. Brooks will read from his new poetry collection, *A Story Anyone Could Stick To*.

► **Paintings by Patricia Smith,** opening reception 5-7 p.m., Belfast Framer & Gallery, 96 Main St., Belfast. Through Sept. 30.

► **BelfastARTS Friday Night Art Walk,** 5 p.m. to sunset, downtown Belfast. AAG, Parent Gallery, The Belfast Framer & Gallery, High Street Studio and Gallery, Aarhus Gallery, First Light Gallery, Susan A. Cooney Fine Art Studio, Phoenix Loft Gallery, Traveller's Leather, Indigo Gallery, Maine Farmland Trust Gallery, Post Office Studio, 960 Studio, and Daniel Anselmi Studio. Free Seedlings and Lincoln Blake play music on the streets.

► **Works by Heidi Daub at Aarhus Gallery,** opening reception 5-8 p.m., 50 Main St., Belfast. Blue Hill artist Heidi Daub's modernistic landscapes play along the border of abstract and representational painting.

► **"Astral Travelers,"** opening reception 7-9 p.m., Joy to the Wind Gallery, 34 Atlantic Ave., Boothbay Harbor. Work by Lynne Seitzer.

► **"Traveling Shoes,"** opening reception 5-8 p.m., Downtown Gallery, Rte. 220, Washington village. Artists' journeys by Paula Green, Cynthia White, Joan Freiman, Ieva Tatarsky and Suzanne Phillips, with guest artists Alan Crichton and Samuel Gelber. Through Oct. 13. FMI: 845-2201.

► **"Knit Vision: Aerial Landscapes,"** opening reception 5-8 p.m., Village Books, Washington village. Landscape painting enlivened by wool, cotton and acrylic yarns, by Karen Jelenfy. Through Oct. 13.

► **Arts In Rockland (A.I.R.) Evening Art Walk,** 5-8 p.m., downtown Rockland. Evening hours with refreshments at the 22 member galleries. For list of participants, visit www.artsinrockland.com.

SATURDAY, SEPT. 6:

► **"Homer, Whistler, Marin and Bellows: American Prints from the Farnsworth,"** Craig Gallery, Farnsworth Museum, Rockland. About 30 works from the museum's collection, on view through Dec. 14.

► **Camden Library Artist of the Month,** opening reception 2 p.m., Camden Library. "Collage in Fabric and Thread," quilts by Diane Getty, will be on display through Sept. 30. On Sun., Sept. 7, Getty will be demonstrating her quilting techniques from 1-5 p.m. FMI: 236-3440.

SUNDAY, SEPT. 7:

► **Biennial Artists' Roundtable Discussion,** 2 p.m., Center for Maine Contempo-

rary Art, 162 Russell Ave., Rockport. Participants include sculptor Blake Hendrickson, painter Jeff Kellar and photographer Kate Philbrick, as well as curator Britta Konau. Free with gallery admission. FMI: 236-2875, ext. 303.

TUESDAY, SEPT. 9:

► **Panel Discussion with Altered Book Artists,** 6:30 p.m., Belfast Library. Panel will include Abbie Read and Jan Owen, who will be leading workshops later in the month, and Kathy Ocariz. Cathy Melio, education director at Center for Maine Contemporary Art, will facilitate the discussion. FMI: 338-3884, ext. 30.

► **Rockland Art Market,** 9 a.m.-1 p.m., Harbor Park. Featured are the "framed gardens," featuring brilliant dried flowers, made by Karl and Sharon Rau. Follow the red signs. FMI: Cindy McIntyre, 832-7490.

THURSDAY, SEPT. 11:

► **Graphite Drawings by John Wissemann,** Gold/Smith Gallery, 41 Commercial St., Boothbay Harbor. Artist's reception Sat., Sept. 13, 5-7 p.m. Through Oct. 22.

COMING UP:

► **Country Roads Artists & Artisans Tour,** Fri.-Sun., Sept. 12-14, 10 a.m.-5 p.m., Rockport, Hope, Appleton and Lincolnville. Tour studios of 24 artists and craftspeople. FMI: www.artisanstour.com.

► **Calligraphy Class,** Fridays, Sept. 12, 19 & 26, 10 a.m.-noon, Senior Spectrum Generations Coastal Community Center, Overlook Bldg., Bus. Rte. 1, Damariscotta. Beginning class with Artist Maude Olsen. \$120 fee includes supplies. FMI: 644-8105 by Sept. 8.

ONGOING:

► **Farnsworth Museum, Rockland: "Uncommon Treasures: Folk Art from the Farnsworth,"** through Nov. 30. "Louise Nevelson" shows the Nevelson collection almost in its entirety for the first time; through February 2009. "Alex Katz and Friends" features works by Katz and contemporaries such as Red Grooms and Francesco Clemente, among others; through October 26. Hours: Tues. through Sun., 10 a.m.-5 p.m. Free last Sat. of each month as part of Free Family Saturday and Sundays, 10 a.m.-1 p.m.

► **Waldoboro Library Artist of the Month,** on view during Sept. are works by Tom Gallant.

► **"Fine Art and Illustration,"** The Drawing Room, 864 River Road (Route 131), St. George. 15th anniversary exhibition featuring Philip Anderson's New York Times illustrations of Ben Stein Sunday columns. Other illustrators: Jonathan Frost, Kim Jacobs, and cartoonist Dr. John Meyer. Show will run through September 21. Other gallery artists: Robert Dan Daniels, Jane Derbyshire, Lee Gabriel, Cynthia Hyde, William Martin, Michael Merchant, Nina Scott-Hansen, Francis Wells and Deborah Winship. Call for hours: 372-6242.

► **"Of Land and Sea: Painting the Bold Coast,"** Bayview Gallery, 33 Bayview St., Camden. Marine paintings by William Beebe, Vern Broe and Robert Spring. Through Sept. 27.

► "André Kertész: On Reading,"

Portland Museum of Art, Seven Congress Sq. 104 black-and-white photographs of individuals immersed in the act of reading, taken by Kertész over a period of 50 years, beginning in 1925. On view through Nov. 16.

► **Photographs by Lisa B. Martin,** Belfast Co-Op Gallery, 123 High St. "Sustenance," a photo documentary of individuals in rural Maine creating a life from the soil in a sustainable way. On view through Sept. 30.

► **"Through the Eyes of the Artist,"** Mars Hall Gallery, Rte. 131, Martinsville. Final group show of the year features paintings by Sharon Larkin, Leo Brooks, Cam Noel, Eleanor Zuccola, Ron Frontin, Alison Hill, Kris Johnson, Brian Kliewer, Ken Martin, Sylvia Murdock and David Paffhausen, sculpture by Bill Cook and Andrew Rosen, and drawings and notes by Carl Sublett and Charles Wilder Oakes. Through Sept. 30.

► **Paintings by Lydia Kaeyer and Judith Olson,** Port Clyde Art Gallery. Watercolors of the Maine coast by Kaeyer and portraits by Olson will be on view through Sept. 14.

► **"35 Years of Photography in Union Hall,"** Union Hall, 2 Central St., Rockport. Artists include George Tice, Elizabeth Opalenik, Sean Kernan, Joyce Tenneson and Lucien Clergue. Through Oct. 10.

► **Midcoast Plein Air Painters Exhibit,** Lincoln Home, Newcastle. Paintings by a group of 25 artists who meet every Thursday, rain or shine, from mid-June through Sept.

► **"Botanical Wonders,"** Jonathan Frost Gallery, 21 Winter St., Rockland. Botanical paintings on paper and skins by Ann Makuck, on view through Sept. 13.

► **"Scapes,"** Mulford Gallery, Main St., Rockland. Seascapes, landscapes, sky-scapes and Mainescapes by Phil Schirmer, Mimo Gordon Riley, Edith de Chiara and Steve Alpert, through Sept. 15.

► **"Artists from Down East,"** Firehouse Gallery, Damariscotta. New work by Tom Curry, Henry Isaacs and Gail Page. Show runs through Sept. 13.

► **"Jared Cowan: Selected Works,"** through Sept. 15, Asymmetrick Arts, 499 Main St., Rockland.

► **Exhibit of Works by Anna B. McCoy,** Visitor Center, Coastal Maine Botanical Gardens, Barbers Island Rd., Boothbay. Oils and watercolors of botanicals and Maine landscapes, on view through Sept. 30.

► **"American Menagerie,"** Portland Museum of Art, Seven Congress Sq. Exhibition includes 25 works depicting native and exotic beasts by artists including Bernard Langlais, Will Barnet, Wendy Kindred, Scott Leighton and Edward Hicks. Through Nov. 9.

► **Annual Members' Exhibit,** Maine Art Gallery, Warren St., Wiscasset. Exhibit runs through Oct. 19.

(Continued on p. 45)

DAVE Barry

Dave Barry from the Republican Convention—

Don't Go Anywhere, Unless You're Here

By Dave Barry

ST. PAUL – Monday, September 1: So far this feels like a funeral, only not as much fun.

Political conventions are supposed to be celebrations, where you consume complimentary food and beverages and brag about how great your party is and note roughly 125 times per hour that your opponents are tapeworm slime. That's what the Democrats did in Denver, and it's what the Republicans planned to do here.

But now they can't. They don't want to be seen celebrating during Hurricane Gustav. And the Democrats don't want to be seen celebrating about the fact the Republicans can't celebrate during Hurricane Gustav.

So at the moment everybody on both sides is being sensitive; nobody is engaging in the hyper-partisan cheap-shot dung-flinging that is the life blood of American politics. We can only pray, as Americans and as members of the news media, that this does not last.

For today, however, the Republican convention is in Sombre Mode. The original plan was to kick it off Monday with speeches by President Bush, Laura Bush, Arnold Schwarzenegger, the late Bing Crosby and many other leading Republican celebrities in a gala prime-time program that would climax with the release, inside the convention hall, of 50 specially trained doves, which would be shot down by Vice President Cheney.

But all of that had to be scrapped. Instead, on Monday afternoon the Republicans held a serious and much-curtailed convention session, highlighted by welcoming remarks from the highest-ranking Republican office-holder who is actually in Minnesota, Arthur A. "Art" Fensterman, lieutenant comptroller of Idaho, who told the delegates, in a brief but clearly heartfelt speech, that he was here because he missed his connecting flight to New York.

After that the Republicans carried out the required business of the convention, which consisted of formally nominating John McCain, who faced a surprise last-ditch challenge from Hillary Clinton, who apparently is still a little bitter. The Republicans also formally adopted their party platform, which is in fact a photocopy of the repair manual for a 1957 Maytag washer, because nobody in the history of American presidential politics has ever actually read a party platform. (The Democrats forgot to even bring a platform to Denver, so they ended up adopting a few words hastily scrawled on hotel stationery by Ben Affleck.)

Anyway, with the big speeches eliminated, the entire first day of the Republican convention was over in less time than it takes Joe Biden to order breakfast. This left convention-goers with little to do except show their support for the victims of Hurricane Gustav via such humanitarian acts as drinking complimentary distilled spirits. This they did at a big party that was originally called "the Spirits of Minneapolis," but was changed at the last minute to "the Spirits of the Gulf Coast." This party was sponsored by the Distilled Spirits Council, which also held a big party at the Democratic convention, the goal of these parties being to raise awareness of the importance of responsible drinking by handing out free liquor. I did not attend the party, but I am certain the mood was somber.

CELEBRITY WATCH: The Democrats had a lot of celebrities in Denver, including Ben Affleck, Stevie Wonder, Sheryl Crow, Ben Affleck, Jennifer Lopez, Steven Spielberg and Ben Affleck, among many others, including Ben Affleck. But according to published reports, the Republicans have drawn some "high wattage" star power to their own convention, in the form of Antonella Barbra, who finished 16th in the sixth season of "American Idol." Seriously. Also Bo Derek has to be around here somewhere.

PROTEST WATCH: There was a big protest march in St. Paul against war and fascism and injustice and corporations in general, so these things should be pretty much eliminated any minute now. But the Republican convention is apparently going to march grimly on for a couple more days. I will be keeping you posted, so don't go anywhere. Unless of course you're here.

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LOW-RISK DISCS

By Gordon MacLachlan

Where Have You Gone, Terry Gilliam?

It's difficult to imagine a more arduous challenge in the arts — perhaps in any field of endeavor — than directing a successful film. This doesn't need to mean box-office success; I'm in awe of any individual that can helm a movie from pre-production to post, with an eye for strong material and the vision and stamina to see it through with integrity. Finessing the dynamics between cast, crew, producer, studio heads, accountants — hell, I have a hard time remembering the names of my first cousins. With the pressure on directors to carry a project to fruition, it's no wonder many fall out of the game, intentionally or not, at some point in their careers.

But it's a shame when a real talent disappears. Like literary fans who pine for a new piece from J.D. Salinger, film lovers trawl the Internet for news — rumors will do — of the pulse of their favorite directors' output. Age certainly becomes a concern given the energy necessary to sustain a production, but we also have the examples of Kubrick, Hitchcock and Kurosawa, who all released films after their 70th birthdays. Let's look at, or look for, signs of some of our MIA directors' recent vitality:

SPIKE JONZE. No director in the last two decades put together the kind of one-two punch in his first two films as Jonze did with "Being John Malkovich" (1999) and "Adaptation" (2002). Working with the incomparable screenwriter Charlie Kaufman, Jonze did the seemingly impossible twice — he took heavily literary, self-referential, quirky and surreal scripts and fashioned them into visually stunning, humorous, and emotionally compelling dramas. But where has he been for the last six years?

Well, he's been continuing his excellent music video work and has offered a couple of killer skateboarding films, but the real story has been the struggle to bring his adaptation of "Where the Wild Things Are" to the big screen. Based on the beloved children's classic by Maurice Sendak, the film has been delayed by creative second-guessing both internally and externally. Completed live-action sequences were scrapped in favor of computer graphics and Warner Brothers has chided Jonze for creating too dark a vision. Here's what I say: I understand you need to make your money on a film, especially one so highly anticipated and surprisingly costly. But you should know what you're getting when you hire Jonze as your director — it ain't gonna be "Shrek IV." Let the guy do his thing, and live or die by it. Having said that, I don't have high hopes for the film regardless — it doesn't seem to know who its audience is. I hope I'm wrong.

PETER WEIR. It's been ten years since "The Truman Show," five since "Master and Commander: The Far Side of the World." Where is the man who brought us landmarks like "Witness" and "Dead Poets Society"? Well, it's another tale of creative differences behind the scenes. Committed to directing Johnny Depp in the "Shantaram" project, Weir quit the film in June of 2006 over conflicting interpretations of the story, which is described on the Internet Movie Database as the account of "an Australian heroin addict who escapes from a maximum-security prison, reinvents himself as a doctor in the slums of India and winds up a gun runner and counterfeiter who fights against invading Russian troops in Afghanistan." Sounds interesting. Let's hope it gets midwived by someone as talented as Weir.

ALAN PARKER. Touted early on in his career for the masterpiece "Midnight Express" (1978), Parker went on to establish himself as an exciting purveyor of movies that revolve around the power of music ("Fame," "Pink Floyd: The Wall," "The Commitments," "Evita"). But it's been five years since the middling "Life of David Gale," and he's not currently shooting anything, though rumor is he has a project in development. In the meantime, I'll revisit one of my top 20 films of all time, the astonishing "Angel Heart." Young whippersnappers find it hard to believe that Mickey Rourke was once the second coming of Marlon Brando, but his work in Parker's strange, atmospheric mindgrinder is hypnotizing. Go get it.

Well, I'm running out of space here, so there may be a Part II next week. But I'm also learning through this research that some of the directors I've been missing (Gilliam, Jane Campion, Larry Clark) actually have been turning out product — just nothing I'd heard of. Either it's been disappointing stuff or I just haven't been paying close enough attention. Probably a little of both, but I'm looking forward to finding out for sure.

Gordon MacLachlan is a digital editor and cameraman and the owner of SoundOnScreen Video Services in Camden. He teaches film at University of Maine at Orono and Unity College. Contact him at gordon@soundonscreen.com.

VIDEOS & DVDs

Just Released 9/2 —

STREET KINGS R/Thriller/Dir: David Ayer (Keanu Reeves, Forest Whitaker, Hugh Laurie) Tom Ludlow (Reeves) is an alcoholic cop, secretly suffering from pre-shift panic attacks. Ludlow despises his blabbermouth partner, detective Washington, but when Washington is murdered — most likely by another cop — Ludlow is determined to bring his partner's killer to justice. Ludlow's unofficial investigation puts him on a collision course with both Internal Affairs and his cop friends.

Recent Releases —

21 PG-13/Drama/Dir: Robert Luketic (Kate Bosworth, Laurence Fishburne, Kevin Spacey, Jim Sturgess) Based on a true story, the screenplay follows a band of MIT mathletes in their journey to become card counters. The mission is to win millions from casinos by playing blackjack. Mickey Rosa is the professor hatching the idea and recruiting the brightest students to join. Ben Campbell is a member of the group and a card-counting genius who refuses to take orders. The heady experience of taking down the house is countered by a security man who is serious about his work and does not like meddlers.

THE BANK JOB R/Action/Dir: Roger Donaldson (Jason Statham, Saffron Burrows, Stephen Campbell Moore) Based on an actual bank robbery from the '70s, this story theorizes there was a good reason no arrests were made. Society dame Martine (Burrows) recruits Terry Leather (Statham) and his cohorts to execute a Lloyd's Bank heist based on her plan. Because Martine knows which Lloyd's safety deposit box contains compromising photos of a young royal, she plans to use it as a bargaining chip to keep everything else they have stolen.

DRILLBIT TAYLOR PG-13/Comedy/Dir: Steven Brill (Owen Wilson, Josh Peck, Alex Frost) Three ungainly freshmen tormented by bullies at school advertise for protection. They choose Drillbit Taylor (Wilson), unaware he's a homeless bum posing as a soldier.

FLAWLESS PG-13/Suspense/Dir: Michael Radford (Demi Moore, Michael Caine, Lambert Wilson) A crime drama set in 1960 London, where a soon-to-retire janitor convinces a glass-ceiling-constrained American executive to help him steal a handful of diamonds from their employer, the London Diamond Corporation.

MISS PETTIGREW LIVES FOR A DAY PG-13/Comedy/Dir: Bharat Nalluri (Frances McDormand, Amy Adams, Lee Pace) Guinevere Pettigrew, a middle-aged London governess, finds herself unfairly dismissed from her job. An attempt to gain new employment catapults her into the glamorous world and dizzying social whirl of an American actress and singer, Delysia Lafosse.

NIM'S ISLAND PG/Fantasy/Dir: Jennifer Flackett, Mark Levin (Jodie Foster, Gerard Butler, Abigail Breslin) From the children's book by Wendy Orr, "Nim's Island" takes viewers to a fantasy destination — the idyllic home of young Nim (Breslin), her marine biologist father (Butler) and her many animal friends. Nim loves author Alex Rover's (Foster) books — stories centered around a macho wilderness adventurer. When Nim's father goes missing, Nim pleads for help from the author. In reality, Alex is an agoraphobic — never venturing beyond her own front door. Egged on, the author braves a dangerous world to come to Nim's aid. In so doing a mystery is uncovered.

VANTAGE POINT PG-13/Thriller/Dir: Pete Travis (Dennis Quaid, William Hurt, Matthew Fox, Sigourney Weaver, Forest Whitaker) Following an attempt on the president's life, we see the fateful event unfold from five different points of view. Weaver plays a seasoned news reporter, Quaid is cast as a Secret Service agent, Whitaker appears as an interested tourist and William Hurt takes on the role of president. Each viewpoint gives one more piece of the puzzle.

In Our Theaters

mostly by Lisa Miller Week of September 5 — September 11
Short descriptions of movies that are playing locally

BABYLON A.D. PG-13/Sci-Fi/Dir: Mathieu Kassovitz (Vin Diesel, Gerard Depardieu, Michelle Yeoh, Melanie Thierry, Lambert Wilson, Mark Strong, Jerome Le Banner) Based on the novel by Maurice G. Dantec. Diesel portrays a futuristic mercenary assigned to escort an Eastern European woman to New York City. He isn't told she hosts a virus that could spell disaster for mankind.

BANGKOK DANGEROUS R/Action/Dir: Danny and Oxide Pang (Nicolas Cage, Charlie Yeung, Shahkrit Yamnarm) Cage appears as Joe, a solitary hitman. Cage's assassin is a lonely sniper working out of Europe and Asia. After killing a target in Prague, Joe heads for Thailand to execute four high-paying contracts that will allow him to retire. Uncharacteristically, Joe befriends the Thai man serving as his assistant. Next, Joe embarks on a chaste affair with a local pharmacist. Complications arise when one target turns out to be an honorable politician. Joe refuses to kill him and subsequently finds himself marked for death.

BRIDESHEAD REVISITED PG-13/Drama/Dir: Julian Jarrold (Matthew Goode, Ben Whishaw, Hayley Atwell, Emma Thompson, Michael Gambon) Evelyn Waugh's heartbreaking romantic epic tells an evocative story of forbidden love and the loss of innocence in the pre-WWII era. Charles Ryder (Goode, "Match Point") becomes entranced with the noble Marchmain family, first through the charming and provocative Sebastian Flyte (Whishaw), and then his sophisticated sister Julia (Atwell). The rise and fall of Charles' infatuations reflect the decline of a decadent era in England between the wars.

COLLEGE R/Comedy/Dir: Deb Hagan (Drake Bell, Kevin Covais, Andrew Caldwell, Nick Zano, Gary Owen, Zach Cregger, Haley Bennett, Camille Mana, Natalie Walker) Three nerdy high school seniors visit a college campus and find themselves partying with coed babes. It happens because opportunistic frat brothers seize the chance to get their house cleaned in exchange for letting the kids attend a house party in the guise of visiting frat brothers. All goes well until the youngsters prove popular with college coeds and the frat brothers blackmail the boys to humiliate themselves or be exposed. Determined not to become patsies or lose their chance with the girls, the high schoolers hatch a plot to come out on top.

THE DARK KNIGHT PG-13/Action/Dir: Christopher Nolan (Christian Bale, Heath Ledger, Morgan Freeman, Michael Caine) The sequel to "Batman Begins" is dark, but never dreary. Bale grows winsomely complex as Batman/Bruce Wayne, relying on Alfred Pennyworth, his ever faithful butler, to be his moral support and compass. It costs billionaire Bruce Wayne a fortune to fight Gotham's crime wave and defy the diabolical Joker's plan to kill the Caped Crusader.

DEATH RACE R/Action/Dir: Paul W.S. Anderson (Jason Statham, Joan Allen, Tyrese Gibson, Ian McShane) After being framed for murder by a nefarious prison warden, Jensen Ames is offered his freedom in return for winning the "Death Race." Ames and his criminal competitors drive heavily armored cars outfitted with weaponry meant to dispatch one another straight to hell.

DISASTER MOVIE PG-13/Comedy/Dir: Jason Friedberg, Aaron Seltzer (Matt Lanter, Vanessa Minnillo, G. Thang) Over the course of one evening, a group of twenty-somethings find themselves bombarded by a series of natural disasters and catastrophic events.

HAMLET 2 R/Comedy/Dir: Andrew Fleming (Steve Coogan, Catherine Keener, Joseph Julian Soria) In this irreverent comedy, a failed actor-turned-worse-high-school-drama-teacher rallies his Tucson, Arizona, students as he conceives and stages a politically incorrect musical sequel to Shakespeare's *Hamlet*.

THE HOUSE BUNNY PG-13/Comedy/Dir: Fred Wolf (Anna Faris, Colin Hanks, Emma Stone, Katharine McPhee, Rumer Willis) Anna Faris appears as Shelley Darlington, a Playboy Bunny thrown out of Hef's mansion on her 27th birthday (the equivalent of her 59th in bunny years). While looking for a new home and in need of a job, Shelley gravitates toward the sorority houses that remind her of mini-Playboy mansions. Shelley applies for a house-mother job working with a sorority of geeky sisters and is hired based on her claim she can make them into campus babes.

MAMMA MIA! PG-13/Comedy/Dir: Phyllida Lloyd (Meryl Streep, Pierce Brosnan, Amanda Seyfried, Colin Firth, Stellan Skarsgard) A story about a young woman's efforts to identify her biological father. Sophie (Seyfried) contrives to invite three men, one of whom is her dad, to her wedding in the Greek isles. Streep appears as Sophie's mom Donna, who is unaware her daughter has unearthed an old diary containing the potential papas' names. All three men arrive, proving foils for Donna and her two best friends. This film's bonus is pop band Abba songs, sung by the cast.

ROMAN DE GARE R/Mystery/Dir: Claude Lelouch (Fanny Ardant, Dominique Pinon, Audrey Dana) A popular novelist researches unlikely sources to find characters for her next bestseller.

SISTERHOOD OF THE TRAVELING PANTS 2 PG-13/Dramedy Dir: Sanaa Hamri (America Ferrera, Alexis Bledel, Amber Tamblyn, Blake Lively) Best friends Carmen, Tibby, Lena and Bridget try to remain in touch though pursuing separate lives. Tibby struggles with school and a possible pregnancy, Carmen finds acting a great way to meet men, Lena studies while trying to choose between two men, and Bridget is depressed by her mom's suicide. All four crave the help of their shared pair of magical jeans, last seen at a Grecian seaside town.

STAR WARS: THE CLONE WARS PG/Animated Fantasy/Dir: Dave Filoni (Matt Lanter, Ashley Eckstein, Nika Futterman, Tom Kane, Samuel L. Jackson, Christopher Lee) In this story set in the gap between "Attack of the Clones" and "Revenge of the Sith," Anakin Skywalker teams with a neophyte Padawan operative (Eckstein) to rescue Jabba the Hutt's kidnapped baby.

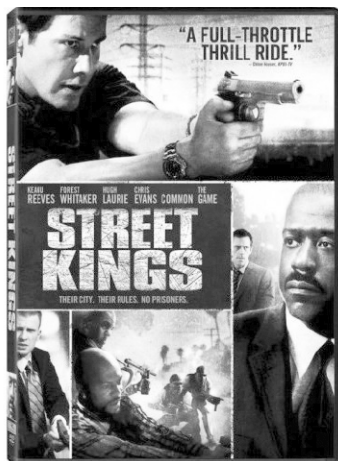
TRAITOR PG-13/Thriller/Dir: Jeffrey Nachmanoff (Don Cheadle, Guy Pearce, Jeff Daniels) Samir Horn, an African-born Muslim American once employed by the CIA, is suspected of turning traitor when evidence surfaces pointing to his involvement in terrorist attacks against the West. While the FBI bureaucracy plots to take Horn down, CIA veteran Carter conducts a rogue manhunt of his own. Conflicting political agendas and hot-button topics are pluses.

TROPIC THUNDER R/Comedy, Action/Dir: Ben Stiller (Ben Stiller, Jack Black, Robert Downey Jr.) Half of Hollywood stars in this action-comedy centered around Stiller, Black, and Downey, the last of whom disguises himself as a black man. When a group of actors descend on Southeast Asia to make a blockbuster war flick, they are attacked by narco-terrorists and must quickly learn to use their weapons if they are to survive.

HAV II

Movies, Music and More

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CALENDAR OF EVENTS

(Continued from p. 43)

- **CMCA 2008 Biennial Juried Exhibition**, Center for Maine Contemporary Art, 162 Russell Ave., Rockport. Exhibit of 103 works by 89 artists. Exhibit remains on view through Oct. 4. "William Wegman: Paintings and Drawings," a rarely seen body of work by the well-known photographer, features 13 works on paper and a dozen paintings. Show runs through Sept. 13.
- **"Three" Exhibit**, Gallery 170, Borland Hill Rd., Damariscotta Mills. Paintings by Frances Kidder and Diane Langley and collages by Nancy Freeman.
- **Norman Tinker Exhibit**, Lincoln Street Center for Arts & Education, Rockland. "Riffs on the Maine Landscape and Other Musings" includes sculpture, collages and drawings. On view through Sept. 26. FMI: 594-6490.
- **Roulette Gallery**, upstairs at 340 Main St., Rockland. Contemporary primitive-style art by Lynne Stone and Bob Conrad as well as other artists.
- **In Between Gallery**, 328 Main St., Rockland, between Rock City Coffee and Black Parrot. Artwork by fletchy0 and Becky Danielson, through Sept. 16.
- **Dowling Walsh Gallery**, 357 Main St., Rockland. "The McCoys," featuring works by John W., Ann Wyeth and Anna B. McCoy.
- **Purple Peacock Gallery**, 429 Main St., Rockland. "The Collection" features textiles, screens, panels and fine art paintings by Jill Valliere.
- **Domestic Blend**, 405 Main St., Rockland. Work by 13 artists, including Kimber Lee Clark, Jeanne Dawson, Carol Sebold, Carol Latta, Cindy McIntyre and many others.
- **Art Space Gallery**, 342 Main St., Rockland. Featuring works by Jill Caldwell, Sandra Dunn and Marjorie Strauss, on view through Sept. 14.
- **"Above from Below,"** Gibbs Library, Washington. Four circular oil paintings by artist James Murdock hang in the library through Sept. 9. FMI: 354-0929.
- **"Maine Lakes,"** Cherry Gallery, Damariscotta. Exhibit of photographs by Christopher Barnes, drawn from a book published by the Maine Lakes Conservancy Institute. Through Sept. 13. FMI: 563-5639.
- **Works by John Vander**, Gold/Smith Gallery, Boothbay Harbor. Exhibit continues through Sept. 9. FMI: 633-6252.
- **Watercolors by Barbara Youtz**, on display in the main corridor of Miles Memorial Hospital, Damariscotta, through Sept. 26.
- **"Point of View,"** Garage Gallery, Eastern Tire Service, 70 Park St., Rockland. New exhibit features the work of Nine Lively Ladies and Shevis. Through Oct.
- **New Exhibits at Finnish Heritage House**, Rte. 131, So. Thomaston. "Pillars of the Earth: Finns and Granite" and "The Finns of River Road," by June

- Wilcox and Steve Gifford, are on display through Oct.
- **Harbor Square Gallery**, 374 Main St., Rockland. Works by seven artists working in diverse media from traditional bronze sculpture to kinetic mobiles.
- **Paintings by Jane McDaid**, Thomaston Cafe, Main St., Thomaston. Through Sept. 14. FMI: 345-0597.
- **New Work by Peter Ralston**, Archipelago Fine Arts, 386 Main St., Rockland. New photographs of the Maine coast and island communities. Through Oct. 25.
- **"Graffiti,"** Julia's Gallery for Young Artists, corner of Union & Elm sts., Rockland. The show incorporates elements of street art and mural paintings produced by student artists. FMI: 594-2983.
- **Work by Charles DuBack, Robert DuBack and Noel Comardo**, through Sept. 21, Landing Gallery, 8 Elm St., Rockland. Paintings by Charles DuBack, sculpture by his brother Robert, and photographs by Comardo, Charles' grandson. FMI: 594-4544.
- **"Finest Kind: Folk Art of the Penobscot,"** Penobscot Marine Museum, Searsport. The show focuses on practical art produced by the people of Penobscot Bay from the War of 1812 to the present. On view through Oct. 19. FMI: 548-2529.
- **"Back in Time: Paintings of Mid-Coast Maine Maritime History,"** Maine Lighthouse Museum, Park Dr., Rockland. Paintings by marine artist Loretta Krupinski, on display through October.
- **Exhibit of Cat Rugs and Wall Hangings by Paula Benne**, Old Point Comfort Gallery, 28 Pitcher Rd., off Rte. 22, Wadoboro. Also showing weavings by gallery owner Sara Hotchkiss. Open Wed.-Sat., noon-5 p.m., or by appt. FMI: 832-8133.

Miscellaneous

- THURSDAY, SEPT. 4:**
- **Rockport Garden Club Meeting**, 1:30-2:30 p.m., YMCA, Union St., Rockport. Cathy Melio, education director, Center for Maine Contemporary Art, will present "Maine Is a Garden," a slide presentation of artworks exhibited at CMCA that are based upon images of gardens, flowers and landscapes. Free; public invited. FMI: 236-4813.
- **Nutrition Seminar**, 10 a.m., Spectrum Generations, 61 Park St., Rockland. Topic is "The Structure of Fats." FMI: 596-0339.
- **Camden Conference Community Event**, 6:30 p.m., Rockland Library, 180 Union St. Dr. Paul Holman, adjunct professor, Naval War College, will present "The Three Faces of Terrorism." Free. FMI: 594-0310.
- **TRIAD — Law Enforcement, Social Agencies and Seniors Working to Prevent Fraud and Abuse**, 8 a.m., Bartlett

- House, 20 Bartlett Drive, Rockland. Coffee and muffins are served. Seniors are needed to participate.
- **"Beyond Sauerkraut,"** 6:30-7:30 p.m., Belfast Co-op, 123 High St. Ana and Roy Antaki will demonstrate how to put up your harvest by fermentation. Learn the history of fermentation, the equipment needed and sample some of the Antakis' delicious recipes. Free. FMI: 338-2532.

FRIDAY, SEPT. 5:

- **Knox County Council of Social Service Agencies Meeting**, 7:30 a.m., Methodist Conference Home, Summer St., Rockland. Linda Jackson of Penquis CAP will speak about LIHEAP, which provides fuel assistance to Knox County residents. KCCSA meets every month to network and learn more about social services available to local residents. New members and guests are always welcome.
- **Belfast Garden Club Open Garden**, 10 a.m.-5 p.m., garden of Jayne Haverty, 38 Main St., Bayside, Northport. Lovely shade garden with patches of sun spots. \$3 donation.

SATURDAY, SEPT. 6:

- **Maine Veterans for Peace March**, 9:30 a.m., Brunswick Mall Gazebo to Naval Air Station. March to protest the naval air show, with a rally at noon. FMI: 865-0655.
- **"Test Kitchen Tidbits,"** noon-3 p.m., Cellardoor Vineyard, Youngtown Rd., Lincolnville. Charles and Victoria Hamilton of Nutmeg Foods in Portland will demonstrate chocolate-making and celebrate the launch of their new line, Coastline Confections. FMI: 763-4478.
- **Seasonal Herbal Workshop for Women**, 8:45 a.m.-4:30 p.m., Avena Botanicals, Mill St., Rockport. Hands-on preparation and planting of a fall and winter coldframe; baking in the cob oven; and sharing of a nourishing soup. \$68. FMI: 594-0684.
- **Demonstration on Logging with Horses**, 10:30 a.m., Old Woods Farm, Rte. 131, Tenants Harbor. Jim Ostergard will demonstrate a small sustainable forestry operation using horses to clear land. Dress for a woods walk and bring a snack and water. FMI: 594-5166.
- **Maine Media Women Meeting**, 9:15 a.m. coffee; 10 a.m. program, Mobius Center, Bus. Rte. 1, Damariscotta. Louise King will introduce her "personal profiles" program and how to use it as a springboard to creative work. \$5/\$3 members. FMI: 563-6835.
- **Belfast Bay Watershed Coalition Outdoor Outing**, 10 a.m., Knight's Pond, Northport. Bring a picnic, canoes and kayaks, swim, hike, or just chat. FMI: 338-1147 or -4427.

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Brideshead Revisited -PG13-
Fri. & Sat. 6:45 & 9:15
Sun., Wed., Thurs. 6:45
Matinees: Sat. & Sun. 2:00

**Sisterhood of the
Traveling Pants 2** -PG13-
Fri. & Sat. 6:50 & 9:10
Sun., Wed., Thurs. 6:50
Matinees: Sat. & Sun. 2:05

Tropic Thunder -R-
Fri. & Sat. 7:05 & 9:25
Sun., Wed., Thurs. 7:05

**Star Wars:
The Clone Wars** -PG-
Matinees: Sat. & Sun. 2:20

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Sunday.....3:00, 7:00 Wed & Thur.....7:00

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Mamma Mia!
1:45, 4:10, 6:45, Fri. & Sat. 9:05 (PG-13, 1:58)

Tropic Thunder
2:00, 4:25, 7:00, Fri. & Sat. 9:15 (R, 1:56)

Disaster Movie
1:20, 3:45, 7:10, Fri. & Sat. 9:20 (PG-13, 1:39)

Babylon A.D.
1:40, 4:15, 6:55, Fri. & Sat. 9:00 (PG-13, 1:40)

Traitor
1:50, 4:30, 7:05, Fri. & Sat. 9:40 (PG-13, 2:03)

House Bunny
1:15, 4:05, 6:50, Fri. & Sat. 9:10 (PG-13, 1:47)

Death Race
1:25, 3:50, 7:25, Fri. & Sat. 9:45 (R, 1:54)

Hamlet 2
1:30, 7:20, Fri. & Sat. 9:25 (R, 1:41)

College
4:00 (R, 1:44)

**Star Wars:
The Clone Wars**
1:35, 3:55 (PG, 1:47)

The Dark Knight
6:40, Fri. & Sat. 9:35 (PG-13, 2:41)

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CALENDAR OF EVENTS

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- **Knox County Republican Campaign Headquarters Grand Opening**, 3 p.m., 230 Park St., Rockland, former Rocky Bay Brewery. Charlie Summers, candidate for First Congressional District, will be keynote speaker. FMI: 594-5118.
- **Stump-to-Hut Workshop**, 9 a.m.-3 p.m., Hidden Valley Nature Center, Jefferson. Construction of a primitive hut built from pine harvested at the site. Bring bag lunch and water; wear sturdy shoes and bring protective gear and a hammer to help out. \$25 suggested donation/\$15 members and children. FMI: 586-5837.
- **Public Supper**, 5:30 p.m., John Street United Methodist Church, 98 John St., Camden. Baked beans, casseroles, salads and pies. \$7/\$3.
- **Anything Goes Event**, 9 a.m.-3 p.m., Lincolnville School, Rte. 235. Arts, crafts, jewelry, food, drink, toys, flea market, and yard sale tables.
- **Baked Bean and Casserole Supper**, 5-7 p.m., South Thomaston Fire Department. \$7/\$3 ages 5-12/under 4 eat free.
- **Dance with Country Aces Band**, 7-10:30 p.m., Harvest Grange, Northport. 50-50 raffle, snack bar, door prizes, \$8. FMI: edbeau@verizon.net.
- **Medieval Tournament**, 10 a.m.-6 p.m., Fort Knox, Augusta. Travel back in time to the Middle Ages. Visitors will find knights in armor, musicians, archers and more. Activities include armored combat, archery demos, dance and parade. Participants are from various groups of the Society for Creative Anachronism. Adm. is regular Fort Knox fee of \$3 adults/\$1 children plus \$2 per person donation to help defray event costs.

- **SUNDAY, SEPT. 7:**
- **Pemaquid Watershed Association Paddlers Trip on Duck Puddle Stream**, put in at 2 p.m. at launch on Bremen Road for a trip on Duck Puddle Stream to Pemaquid Pond. All paddles are free and open to the public. Paddlers must supply their own kayak or canoe and wear a personal flotation device (PFD). Children under 18 must be accompanied by an adult. FMI: 563-7663; 563-3104; or paddlers@pemaquidwatershed.org.
- **Furniture Forensics Lecture**, 3 p.m., Nickels Sortwell House barn, Main & Federal sts., Wiscasset. John Childs, Historic New England curator, will offer tips on how to read a piece of antique furniture. \$5/members free. FMI: 882-7169.
- **Free Introductory Tai Chi Class**, 10-11 a.m., High Mountain Hall, 5 Mountain St., Camden. Class will be led by Priyadarshi. FMI: 623-2180.
- **Potluck for Supporters of Keeping Rockland Green**, 3 p.m., next to Sandy Beach, Scott St., Rockland. Event is aimed at all who want to preserve the green space next to Berliawsky Park and encourage environmentally friendly neighborhood enhancement. Bring a finger-food item, beverage and chairs or blankets and meet new neighbors and visit with old friends.
- **Special Church Service and Hootenanny**, 3 p.m., Federated Church, Hylar St., Thomaston. At the service, Rev. Anne Rounly will introduce a UCC Seminary intern who will be interning at the church until Nov. 5. A musical hootenanny follows the service on the Thomaston Academy lawn. All are welcome. Free. Bring lawn chairs and water.

- **MONDAY, SEPT. 8:**
- **Waldo County Extension Association Annual Meeting**, 6:30 p.m., Waldo County Technical Center, Rte. 137, Waldo. Meeting features a presentation by James C. McConnon titled "Microbusiness Is Big Business in New England." FMI: 1-800-287-1426.
- **Zumba Classes**, Spectrum Generations Coastal Community Center, Damariscotta. Zumba is a fun aerobic workout with Latin rhythms and easy-to-follow moves led by Antonio Garretton. Basic slow to moderate classes 2:30 p.m.; basic rapido 3:30 p.m. \$40 for four classes or \$11 per class. Space is limited. FMI: 563-1363.
- **"Change Your Age" Feldenkrais Classes**, Mondays, Sept. 8, 15, 22 and 29, Senior Spectrum Generations Coastal Community Center, Overlook Bldg., Bus. Rte. 1, Damariscotta. Gentle movement sequences are done sitting in a chair. \$40. To register, call 563-1363.
- **Henry Knox Reading Circle**, 10:30 a.m.-noon, American History Center next to Montpelier, Rte. 1, Thomaston. Discussion of *The Unknown American Revolution*, by Gary B. Nash, and beginning discussions on *James Madison and the Struggle for the Bill of Rights*, by Richard Labunski.
- **TUESDAY, SEPT. 9:**
- **Meeting of Thomaston Historical Society**, 7 p.m., Knox Farmhouse & Museum, 80 Knox St. Davene Fahy and Alice Dashiell will give a talk on the history of the Thomaston Library.
- **Friends of Waldoboro Public Library Annual Meeting**, 6 p.m. pizza dinner; program at 7 p.m. Program will feature slides of the year-in-review. Bring salad or brownies to accompany pizza. FMI: 832-4484.

ASTROlogically Speaking WITH ANANUR



SEPTEMBER 5 - SEPTEMBER 11

Friday, September 5 — From 10 a.m. to 10:30 p.m., the Moon will be aspecting Venus, Mars and Mercury, all in Libra. Talk about action — you will be motivated to accomplish all of your goals for the day. Conversations will prove to be stimulating and at the same time somewhat agitating. The New Moon was Saturday, August 30. That means we're still in the phase of the Moon where getting projects off the ground is highly recommended. Also taking place at 10 a.m., the Moon will be aspecting Neptune, only for two hours, thank goodness. I say that because there's a tendency for confusion to cloud thinking due to emotions with this aspect. Jupiter is still aspecting Saturn favorably, which should mean the economy is picking up. We've all noticed that the gas prices have dropped since Jupiter and Saturn have been in this favorable aspect. There's hope! Jupiter stays in aspect with Saturn all month.

Saturday, September 6 — Mars is close to Mercury, speeding up your thought process, and may also increase nervous tension. Mars and Mercury are in a fine aspect to Saturn that favors productivity. Be careful not to get TOO many projects going at once. You could feel overwhelmed and exhausted by the end of the day. That's because Mars and Mercury are also aspecting Jupiter, which tends to overdo it. An ideal time for socializing is between 7:30 and 9:30 p.m. while the Moon is nicely aspecting Venus.

Sunday, September 7 — Mercury and Mars are still in aspect with Saturn. Keep involved with your projects; you'll make good headway. Are you stacking wood, canning vegetables or getting carpentry done before the snow flies? This day is ideal because you have more patience. Meanwhile, your mind is jumping all over the place with a hundred clever ideas. Jupiter will be turning direct tonight, after being retrograde since May. With Jupiter direct and still in a positive aspect with Saturn, we can know that the economy is in the process of making a comeback. In fact, Jupiter and Saturn will stay in this position until the end of November.

Monday, September 8 — From 11 a.m. to 1 p.m. the Moon will be conjunct (close to) Pluto in Sagittarius. Emotions are intensified, but out of that comes a startling realization — be ready. Mercury and Mars are hanging out together (conjunct) in Libra, an aspect known to stir up conflict in personal relationships. You might blurt out thoughts you never meant to actually say out loud. You will get a very defensive reaction from your partner or friend if you speak without any diplomacy. Think before you speak. Venus is aspecting Jupiter. This aspect is always about over-the-edge indulgences, which today are out of control. Take good care of your body and don't put anything into it that would be harmful. That goes for too much of a good thing

as well. Pluto will turn direct today after being retrograde since April 2. World events will move in a more positive direction now.

Tuesday, September 9 — Venus and Mars are both aspecting Saturn. Trust issues are resolved. I know it's been an issue for awhile. You can relax about that. Venus and Mars are also in a tension-producing aspect with Jupiter. If you're already overextended, today will put you over the edge unless you lighten your load. If I were you, I'd cross off some of your goals for today. Between 3 and 5 p.m. the Moon will aspect both Jupiter and Saturn. This will be an upbeat time when you feel like celebrating. From 5:30 to 7:30 p.m. the Moon will be aspecting Mars and Mercury and showing you that you are lacking patience.

Wednesday, September 10 — Venus and Mars are close together at 15 degrees of Libra. Anyone who was born on October 8 through 10 of any year will be artistically inspired. There is a pronounced need to give and receive love with Venus and Mars together in Libra. You need to honestly express what your heart is feeling. Now is the time. Big news: The Sun in Virgo is opposite Uranus in Pisces, indicating rebellious actions. This can also bring forward brilliant, innovative creations that are good for the ecology (green). Of course, the status quo doesn't like that, so tension is in the air. There's a rift between conservative thinking and progressive thinking that will be increasing for awhile. I say that because Saturn and Uranus will be opposite each other throughout the winter months, which directly connects to where the Sun and Uranus are located in the heavens right now. Actually, there is similarity to the energy of 1965-1967 with these aspects.

Thursday, September 11 — It's always a bit creepy to type out this date and wonder what the aspects show for this year. Certainly we think of 9/11 as a call for help and support. I'd like to use this moment to say a heartfelt "thank you" to ALL firefighters. The Moon is in Aquarius, which means today's energy can be described as humanitarian. What can you do to help? Recycle your stuff? Help get voters registered? Deliver Meals on Wheels? Volunteer your time at the free clinic? There are so many kind-hearted people in our community living the altruistic dream... in reality. Venus is still conjunct Mars, increasing sexual/romantic desire for love and closeness. The Sun is opposite Uranus, as it was yesterday and will be until late Friday night. Everything seems chaotic and abrupt. You can't count on your plans being what you thought they'd be.

Ananur Forma lives in Rockland and can be reached for a personal astrological reading in person or by phone at 594-2565. Visit www.AstrologyWithAnanur.com.

CALENDAR OF EVENTS

► **Pemaquid Paddlers Canoe/Kayak Trip**, 9 a.m. put-in; take Rte. 32 to Round Pond and follow signs in center of town to public landing. Trip around Round Pond Harbor and Muscongus Bay. \$2 put-in fee. All paddlers must supply own boat and PFD; under 18 must be accompanied by an adult. FMI: 677-6380 or jwill@midcoast.com.

WEDNESDAY, SEPT. 10:

► **College Planning Workshops**, 9 a.m.-noon, Hutchinson Center, 80 Belmont Ave. Belfast. Maine Educational Opportunity Center (MEOC) assists in choosing a college; tutoring; personal and financial counseling; career counseling; and college and financial aid applications. All services are free. To sign up, call 1-800-281-3703.

► **Red Cross CPR & First Aid Classes**, 6-10 p.m., Waldo County General Hospital Education Center, 118 Northport Ave., Belfast. Tonight: Adult CPR. Wed., Sept. 17, Infant & Child CPR. Wed., Sept. 24, Standard First Aid. \$60 for three classes/\$50 for two/\$35 for one. FMI: 338-2500, ext. 4154.

► **Sheepscot River Paddle**, meet at 9:30 a.m. in Alna at the Rte. 194 put-in site to join Sheepscot Valley Conservation Association and Damariscotta Lake Watershed Association for a paddle. Bring a picnic lunch. FMI: 586-5616.

► **Shalimar Studio Bodywork Sessions**, 407 Main St., Rockland. Carleen Bevans and Lew McGregor will be presenting Trager and Mentastics from 6-7 p.m. and Carleen will be presenting Dance meditation 7-8 p.m. Admission is free and no pre-registration required. FMI: 446-0784.

► **Hospice Volunteer Training Class**, Wednesdays, Sept. 10-Nov. 12, 6:30-9 p.m., with one six-hour Sat. class, Knox Center, Rockland. \$75 materials fee; scholarships available. FMI: 593-9355 or e-mail coastal-familyhospice@penbayhealthcare.org.

► **Hospice Volunteer Training Class**, Wednesdays, Sept. 10-Oct. 22, 6-9 p.m., with class on Sat., Sept. 13, 9 a.m.-4 p.m., Belfast. \$35/full scholarships available. Pre-registration required: 930-2677 or e-mail hospice@wvgh.org.

► **Social Lunch Program**, 11:15 a.m., Senior Spectrum Generations Coastal Community Center, Overlook Bldg., Bus. Rte. 1, Damariscotta. Following luncheon, John Heller from the Heller Agency in Waldoboro will present "Just the Facts — An Overview of Long Term Care Insurance." Reservations and choice of entree must be made in advance (*deadline Tues. at noon*). Luncheon donations appreciated but not required (\$3.50 for those over 60 or disabled and \$5.50 for those under 60 suggested). FMI: 563-1363.

► **Meeting of Knox County Republican Women**, 7 p.m., Trade Winds Motor Inn, Park Dr., Rockland. John Dorrer, director of the Center for Workforce Research and Information for the Maine Department of Labor will be guest speaker.

► **Family Caregiver Support Group**, 10 a.m.-noon, Spectrum Generations, 61 Park St., Rockland. For anyone caring for a friend, family member or neighbor. Share experiences and concerns in a supportive, confidential setting. FMI: 1-800-282-0764, ext. 106.

THURSDAY, SEPT. 11:

► **Cushing Historical Society**, 7:30 p.m., Hathorn Pt. Rd. "Life in Cushing's Post Offices," with Lois Faulkingham and Terra Ripley, past and present postmasters, and others. FMI: 354-6351.

► **Bird Carving Class**, 10 a.m.-noon, Spectrum Generations, 61 Park St., Rockland. All are welcome. FMI: 596-0339.

► **Talk on Humanitarian Relief Work in Uganda, India and Indonesia**, 10 a.m., Hutchinson Center, Rte. 3, Belfast. Talk by Susan Erb, who runs the UK nonprofit Women to Women International.

► **Captain's License Information Night**, 6-7 p.m., Camden Hills Regional H.S., Rte. 90, Rockport. Information session for those who want more information on the full captain's course. Free; reservations required: 236-7800, option 5.

► **Knox-Lincoln Soil and Water Conservation District Meeting**, 7 p.m., Warren USDA Field Office, 191 Camden Road (Route 90). District meetings are open to the public. FMI: www.knox-lincoln.org.

► **Come Spring Quilters Meeting**, 7 p.m., Methodist Church, Union, Rte. 235 just off the common. "Scraps, Strips, Chunks and Niblets" presented by Karen Keeler, president of Pine Tree Quilters Guild, will be a trunk showing of her projects. Guests and quilters of all levels welcome. FMI: 785-2218.

COMING UP:

► **"Wildflowers, Wild Plants and More,"** Fri., Sept. 12, 9 a.m., Boothbay Region Land Trust's Penny Lake Preserve. A walk in the preserve's fields and woods led by Lauren Stockwell, botanist and BRLT board member. To sign up, or FMI: 633-4818.

► **Program on the Hawks and Owls of Maine**, Fri., Sept. 12, 6:30-8:30 p.m., Great Salt Bay School, Damariscotta. Presented by Mid-Coast Audubon naturalist Joe Gray. The program will be followed up with a field trip to Clarry Hill in Union on Sat., Sept. 13, 8 a.m., led by Audubon birders Don Reimer and Bill Goodwill. To register for the Hawks & Owls program, e-mail aded74@midcoast.com, visit www.schoolunion74.org/adulted, or call 563-2811. For more information on the field trip, call 273-3146.

► **Spectrum Generations 10th Annual Lifestyle Expo**, Fri. & Sat., Sept. 12 & 13, Augusta Civic Center. Open 9 a.m.-4 p.m. Fri., and 9 a.m.-2 p.m. Sat. Exhibitions, products, services, Adventures in Learning workshops, antiques appraisals, mini shopping mall, health screenings, massages & manicures, live entertainment, speakers, door prizes and more. Admission is free on Fri. with tickets picked up in advance, or \$3 at the door. Age 18 & under free. FMI, including free-admission-ticket locations: www.spectrumgenerations.org or 1-800-282-0764, ext. 111.

► **Simplicity Parenting Lecture**, Sat., Sept. 13, 7-9 p.m., Camden Opera House. Kim John Payne will teach parents five steps to help their children feel calmer, happier and more secure by simplifying. Tickets \$10 in advance at HAV II and Sherman's, Camden; Green Store, Belfast; Rock City Books & Coffee, Rockland/\$15 at the door. FMI: 236-4449.

► **Bald Eagles of Merrymeeting Bay**, Sat., Sept. 13, 9:30 a.m.-3 p.m., boarding in Boothbay Harbor. Maine Audubon trip with naturalist Eric Hynes and Bob Bittenbender to one of the largest concentrations of bald eagles in Maine. \$55/\$45 members. Reservations required: 781-2330, ext. 215.

► **Commercial Drivers' Class B Course** begins Sat., Sept. 13, Mid-Coast School of Technology, One Main St., Rockland. Holders of a Class B license are permitted to drive fuel delivery trucks, dump trucks,

large box trucks and school buses. Employers of landscaping businesses routinely hire Class B drivers to haul excavators and backhoes to work locations. Tuition for seven-week course includes all costs of permitting, instruction and testing. FMI: www.trucktraining.org or 596-7752.

► **Class Sponsored by Citizens for a Green Camden**, Mon., Sept. 15, 6 p.m., Camden Hills Regional High School. The one-night-only class is entitled "The Greening of Camden and Rockport — How Everyone Can Create a Cleaner, Safer and Healthier Environment." Free and open to all. FMI: www.fivetowns.net/subsites/adulted/home.htm or 236-7800.

► **Breakfast Biz**, Tues., Sept. 16, 7:30-9 a.m., Samoset Resort, Rockport. Topic is "Energy Update," and speaker will be Jamie Py, president of the Maine Oil Dealers Association. \$10. RSVP by Fri., Sept. 12 by calling 596-0376, ext. 22.

► **Lobster College**, Thurs.-Sun., Sept. 18-21, Kenniston Hill Inn B&B, Boothbay. Learn everything there is to know about lobsters, haul traps, visit a lobster wharf, and eat some, too. *Enroll by Sept. 5:* www.lobsterinstitute.org or 581-2751.

ONGOING:

► **Guided Tours of Chestnut Street Baptist Church**, Wednesdays in Sept., 2-4 p.m. FMI: 236-2195.

► **"Useful Clothing Sale,"** Saturday mornings through Sept. 13, Broad Cove Church, Pleasant Point Road, Cushing. Now featuring \$3 bag sale. FMI: 354-6679.

► **Lincolnton Farmers' Market**, Tuesdays, 9 a.m.-noon, parking lot of Whale's Tooth Pub, Rte. 1, Lincolnton Beach. Offering produce, organic eggs, gelato, organic meats, artisan cheeses, home-baked pies and more.

► **Coastal Family Hospice Volunteers Grief Support Group**, first Wednesday of every month, 6-7:30 p.m., Bartlett Woods, off Talbot St. in Rockland, in third-floor library. The group is for persons who have suffered the loss of a loved one. Free; no pre-registration necessary. FMI: 593-9355.

► **"Look Good...Feel Better" Cancer Patient Sessions**, every first Mon., 5:30-7:30 p.m., Waldo County General Hospital Education Center, Northport Ave., Belfast. Free one-time beauty consultation for women undergoing cancer treatment. FMI: 930-2555. Also meets every second Sun., 2-4 p.m. at Pen Bay Medical Center, 6 Glen Cove Dr., Rockport. FMI: 596-8969.

► **Support Group for Brain Injury and Stroke**, fourth Wed. of every month, 4-5 p.m., Maine Center for Integrated Rehabilitation, 11 Lime St., Rockland. Survivors of brain injury and stroke, family and friends are welcome. Open to all. FMI: 596-7555.

► **Mid-Coast Hepatitis C/Liver Disease Support Group Meeting**, first Wed., 7 p.m., Conference Rm. D, Pen Bay Physicians Bldg., Rockport. Anyone dealing with Hepatitis C and family members are welcome. FMI: 236-4720 or 596-5760.

► **Camden Area Christian Food Pantry**, open Tues., 8-11 a.m., and Thurs., 4-6 p.m., 128 Mt. Battie St., Camden. Serves people from Camden, Rockport, Lincolnton, Appleton, Hope, Searsmont, Union and Washington. FMI: 236-9790.

► **Hearing Loss Support Group** meets weekly online using e-mails. There are also meetings in Rockland. Support, advocacy, and education about hearing loss and captioning. E-mail alda-maine@caregiving-online.com.

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Sponsors and Volunteers Sought for Pemaquid Oyster Festival

The Pemaquid Oyster Festival, Damariscotta's annual celebration of the working waterfront, marine conservation and the Pemaquid oyster, is scheduled for Sunday, September 28, from noon to dusk. The festival will feature entertainment, educational exhibits and thousands of oysters fresh from the Damariscotta River. There is also a menu with plenty of choices besides oysters. The festival is held on the riverbank at Schooner Landing Restaurant and Marina on Main Street in Damariscotta, and includes other Main Street businesses. Last year, over 12,000 oysters were served at the Pemaquid Oyster Festival.



The 2007 Pemaquid Oyster Festival raised over \$16,000 to benefit the conservation fund. Members of the Myers family announced the 2007 recipients: the Damariscotta and Newcastle fire departments for the purchase of a boat needed in the event of an oil spill in the Damariscotta River; the Gulf of Maine Foundation for educational programs at the Darling Marine Center; and the Damariscotta River Association for its River Stewards program.

Since the first Pemaquid Oyster Festival in 2001, the event has been hosted by the Pemaquid Oyster Co. and Schooner Landing. The fund-raising efforts of these hosts are supported by

While the event is held outdoors on Schooner Landing's riverside deck, there are tents to cover the educational exhibits, entertainment stage and other locations so the festival can go on held rain or shine.

The Pemaquid Oyster Festival is the primary fund-raiser for the Edward A. Myers Marine Conservation Fund, named after a Walpole resident who pioneered aquaculture in the Damariscotta River and many other areas.

"This fund is intended to continue Edward Myers' vision of having a sustainable working waterfront as well as protecting our marine environment; implemented through education and research projects with a focus on marine conservation," says Chris Davis of the Pemaquid Oyster Company.

sponsors that help cover expenses including entertainment, tents and fuel for the boat rides.

The Pemaquid Oyster Festival is seeking volunteers to fill a variety of positions. Some of the activities volunteers will be needed for include stage management, festival set-up and takedown, boat deckhands, boat ride gate management, oyster shucking, general assistance on the food line and contest management. Additional sponsors are also sought to help with the 2008 festival.

For more information on volunteer work, or sponsorships, contact Greg Latimer at 380-9912 or pemaquidoysterfest08@yahoo.com.

Free Oral Cancer Screening

Mount Pleasant Dental Care in West Rockport announces the use of a new, state-of-the-art intra-oral light that can detect oral cancer at a much earlier stage than ever before. This special light, known as the Velscope, has been used in the office since mid-2007. It has become a part of every new patient exam and is being integrated annually for all current patients. The Velscope emits a safe blue light, which causes the oral tissues to fluoresce bright green. Any suspicious area will appear dark. Not all suspicious areas are malignant, but would warrant a second opinion from an oral surgeon. The screening is easy, painless and takes only a few minutes.

Oral cancer is the sixth most commonly diagnosed form of cancer in the United States and currently 30,000 patients are diagnosed annually. The five-year survival rate is only 50 percent, accounting for 8,000 deaths each year. The risk factors include tobacco use, frequent and/or excessive alcohol consumption, a compromised immune system, past history of cancer and the presence of the HPV virus. Oral cancer is one of the few for which the survival rate has not improved in the past 50 years. This is due primarily to the fact that even with a thorough oral cancer exam, dental practitioners could not detect cancer until it had advanced to the point where it could be seen or felt. With the invention of devices like the Velscope, oral cancer can now be detected in its earliest phases, allowing for minimal treatment.

Dr. Pier and the team at Mount Pleasant Dental Care will be offering a free screening to the public on Thursday, September 11, from 4 to 6 p.m. on a first-come, first-served basis.

Mount Pleasant Dental Care is located at the intersections of routes 17 and 90 in West Rockport. For more information, call 230-0110 or visit www.MountPleasantDental.com.

Heavey to Head AspenCross Camden Office



AspenCross Financial Group, a member of the John Hancock Financial Network, announced that James D. Heavey has established and will be heading up the operation of its Camden office. Heavey will be responsible for the midcoast Maine area. He is a resident of Union, is active in youth community activities and is a scouting merit badge counselor and sports coach.

Machias Savings Bank Announces Fourth Annual Community Development Grant

Machias Savings Bank is accepting applications for its fourth annual Community Development Grant. This year's grant of \$25,000 will be awarded to projects located and serving in Machias Savings Bank's primary lending area, as defined in its CRA Public File.

Machias Savings Bank's goal is to fund projects that result in a satisfactory level of community development. Among the most favorable anticipated results are job retention/creation, community revitalization, affordable housing, and services that

benefit low- to moderate-income individuals and/or families.

Last year's award was split between several organizations including Manna Inc., Sunrise Opportunities and the Child and Youth Dental Program.

Applications for this year's grant are available at all 13 of Machias Savings Bank's branches, as well as at www.MachiasSavings.com. For further information, contact Sean Day at 1-800-537-7860. Applications must be received no later than 6 p.m. on Friday, September 26.

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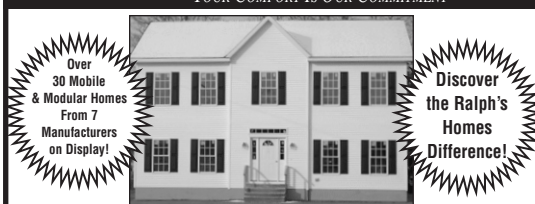
Applications now being taken for Spacious carpeted apartments with appliances and services at Rankin Center in Rockland & Knox Hotel in Thomaston
 Rent is 30% of income for Incomes at or below
 1 Person- \$30,450 2 Persons- \$34,800

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 Run your ad for THREE or more WEEKS for only \$5/WEEK for 20 words – 10¢ each additional word.
 (Please print clearly & include your phone number!) **DEADLINE IS MONDAY AT 4 p.m.!**

I would like my ad to read: _____

Please run my classified ad _____ times and list it under:
 ___ Vehicles ___ Boating ___ For Rent ___ For Sale
 ___ Help Wanted ___ Real Estate ___ Services ___ Wanted
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Cost for 1st 20/words/week = \$ _____
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 Subtotal = \$ _____
 Times # of weeks ad to run x _____
TOTAL Due = \$ _____

Name _____
 Address _____
 Town _____ State _____ Zip _____
 Phone _____

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 Or, enclose payment and bring or mail to:
The Free Press Classifieds
 8 No. Main Street, Suite 101, Rockland ME 04841

MORE CLASSIFIEDS

HELP WANTED

SEASONAL HANDYPERSON, Thomaston area. Duties include: painting, light carpentry, general horse farm help. \$10/hr. Call 273-4111 or 691-3219. (kr)

IMMEDIATE OPENING for experienced sales rep. and accountant. We offer a team oriented work environment and excellent opportunities for professional growth. Send resumes to Hiring00010@gmail.com. Apply today, start tomorrow. (9/18)

PCA (PERSONAL CARE ATTENDANT) for male quadriplegic living in Jefferson, duties include, but not limited to bathing, cath care, dressing. Experience preferred but can train. Possible live-in situation for the right person or couple. References preferred. Call Mike at 549-5685. (9/4)

PAINTER WANTED, license and vehicle required. Olson's Classic Painting, 785-2925. (9/18)

FULL-TIME VETERINARY ASSISTANT, 32-40 hours, must enjoy working with animals and people and be able to multi-task, experience preferred but will train. Deliver your resume and cover letter in person to: All Creatures Veterinary Hospital, 881 West Street, Rockport. (9/11)

NEED TO FILL OUT YOUR WEEK? Experienced year-round café waitstaff, two days a week, Tuesday/Wednesday. Call Maine Gold, 593-0090. (9/18)

EXPERIENCED SALES AND CUSTOMER SERVICE PERSON to work part-time in our shop, applicant must be motivated to grow business. Maine Gold, 593-0090. (9/18)

HELP WANTED

MERCHANDISER NEEDED, reference job #4463 to service the Shaw's in Rockland, flexible morning hours, Monday through Friday only, P/T, three hrs./wk., 401k and benefit opportunity available. Call 800-216-7909, ext. 676 or www.ataretail.com. (9/11)

SERVICES

GREENS TREE SERVICE
• Tree, brush removal
• Pruning
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Free Estimates
Licensed & Insured Arborist
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QUEEN OF CLEAN
Housecleaning Services
Excellent references, 30 years
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Call and leave message for Sally,
763-2949.
(9/25)

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Free estimates.
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Call 354-7024 or 691-6758,
Ask for David.
(11/13)

MRS. MOP
CLEANING SERVICES
Housecleaning Services
594-6331.
(9/25)

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Attics, Camps, Barns,
Basements and Garages
cleaned out and hauled away.
Claude
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claude@midcoast.com
(10/30)

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• Lawn Care
• Light Carpentry
• Other Miscellaneous Jobs
References and insured.
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Jamie Comita
http://jcthehandywoman.webs.com/
(207) 323-4894 or 548-6231.
(kr)

IT'S TIME TO WINTERIZE
YOUR HOME
Let Spot On Builders
help with your rising heating
costs by insulating, replacing
drafty windows and doors
and all other home improvement
projects.
Free estimates, fully insured.
Call Murray at 975-3637.
(10/23)

FOR RENT

ROCKLAND — One-bedroom
and studio apartments available at
the Thomdike Building Apartments,
385 Main St., Rockland, ranging
from \$575 to \$625, includes heat &
utilities. Call Kinney Rentals at
354-0100 for appointment. (kr)

WALDOBORO — Apartment,
two large bedrooms, living room,
balcony, kitchen, washer, dryer and
refrigerator, no pets, non smoking,
\$700/month, lease and security
deposit required. 832-4400. (kr)

ROCKPORT — 2 large BRs, sun-
ny, quiet, well insulated, zoned
heat, D/W, W/D, cable, deck, over-
looking field/woods/garden/tree-
house, separate entry, convenient
to schools/town centers, no
smoking, \$850/mo. plus utilities.
230-0350. (9/4)

APPLETON — 1 BR year-
round cottage, 10 miles from
Camden, modern and efficient, no
pets, non-smoking, \$575/month.
785-3521. (9/4)

THOMASTON — Newly re-
novated, large 2 BR apt. w/office,
W/D hookup and river view;
sorry, no smoking, no pets;
\$750/month plus utilities. call
593-9091. (9/4)

ROCKPORT — Apartment,
sunny, recently renovated, 1 BR,
minutes to Camden and Rock-
land, \$650/month includes util-
ities, heat, cable and Wi-Fi, non
smoking, no pets, available Sep-
tember 1. 236-4231. (9/18)

ROCKLAND — Duplex apart-
ment, 2 BR, 1 BA, livingroom
and kitchen, oil-fired hot-air heat-
ing system, good neighborhood,
parking available, near Main
Street, \$600/month, sewage and
water included, available imme-
diately. 594-7191. (9/18)

FOR RENT COMMERCIAL

FAST FOOD/SNACK BAR —
On Route 1, excellent location
across from Lowe's. Call for
details, 975-0061. (kr)

ROCKPORT — Newly built office
and/or studio space (16 x 22), moun-
tain views, centrally located, quiet,
with bathroom, perfect for wellness
professional. 236-4503. (9/25)

WINTER RENTALS

WINTER RENTAL — Furnished
farmhouse in Owls Head, beautiful
setting with acreage, private road
to water with picnic and paddling
area, 3 BR, 1 BA, kitchen, mud
room, living room, dining room,
sleeps 6 (sofa bed in living room =
8), smoke free, pet friendly. \$1,000
per month. Call 594-6331 or e-mail
audrich@verizon.net. You can also
view house on cyberrentals num-
ber 193418. (9/4)

WEDDINGS

ALDA'S RADICAL PEARLS®
So fine floral hues. Made just for
us, made just for you. Exceptional,
fresh wedding flowers, sure. google
aldaflower. 342-5796. (9/4)

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INDIVIDUAL 8' X 12' UNITS
are secure, clean, dry and private.
Only \$40 monthly. Call anytime,
832-4204, Friendship. (kr)

SELF HELP AND SUPPORT

AA Gull Group
Meets at the Bolduc Correctional
Center, Warren, Thursday, 7 p.m.

Manpower Jobs

Accounting Assistant, Rockland, f/t \$13
Packer, Rockland, f/t \$10
Office/Cust Service, Wiscasset, f/t \$10

Fill out one application, and be considered for all current and upcoming positions. Our job is to hire people!

Everyone encouraged to apply. We offer free online training and health/dental and supplemental insurance.

Walk-ins, phone calls, or e-mails welcome!

Positions change frequently.

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We can heal all door disorders
Renovate old doors
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For more information, call 691-3327 or 354-0213

MARKET BASKET DEADLINE is 4 p.m. MONDAYS

PLEASE READ: As long as the **TOTAL** price of ALL your items is \$100 or less, it's **FREE** (ads must include prices for all items or we cannot run the ad).

Market Basket ads run for two weeks. Only one ad per household per week will be printed. We can only accept ads that are 20 words or less. We cannot accept ads over the phone - we do accept faxes (596-6698). Market Basket ads must be received by 4 p.m. Mon. for inclusion in that week's issue. **NO BUSINESS, SERVICE OR YARD SALE ADS** qualify for the Market Basket. **Ads which do not follow these guidelines cannot be printed.**

FOR SALE

Twenty Natural Flat Step Stones, good for garden walkway, etc., \$100 for all. 845-2617.

Ladies Leather Western Boots, size 6-1/2 M, grey w/black and white inserts, made in USA, v.good cond., \$15. 594-8262.

Amateur Gemologist Amethyst Stone from Brazil, large enough for two or three rings or a pendant, \$100. 236-9039.

Air Conditioner, Frigidaire, used lightly, two years, \$75. 563-5663, after 6 p.m.

Half Horsepower Well Pump, \$50. Computer stand, \$30. Nice, solid wood coffee table, \$20. 563-1389.

Tilt Steering Column, '87 Chevy pickup, with steering wheel and ignition key, \$75. 785-3216.

Boy's Huffly Bike, black, suitable for 8-12 year old, sun outgrowth quickly, hardly used, \$20. 785-4517.

Cockatiel, 4 months old with cage, male, \$50. 40 gal. fish tank with fish and stand, \$50. 763-3202.

Kitchen Accessories, dishes, full set, \$20. Commercial size coffee-maker, \$50. Pizza pans, \$10. 722-3686, Jill.

Fish Tank, octagon shape with all supplies, 30 gallon, \$45. 701-7031.

17th Century Antique Yarn Spinner, \$100. 832-2233.

G.E. Extra Large Capacity, Heavy Duty Washer and Dryer, will deliver, \$100. 319-5490.

Sears XCargo Cartop Carrier, \$20. Plastic truck toolbox, \$20. Plastic pet carrier, \$10. 542-2328.

Little Tykes Climber/Slide for one to three years old, used once a year at grandparents, excellent condition, \$35. 594-7112.

Double Size Bed, tubular iron head/foot boards, heavy wire springs, casters, solid construction, \$55, free mattress. 832-7099.

Two Under-counter Covered Light Fixtures, can e-mail images, both \$20. Booster seat for older child, blue, good condition, \$12. 563-7100.

Ten Aviation Books, two first editions, \$25. 338-6481.

New 31 x 54 Aluminum Storm Windows, with screen, \$15 each. Pella insert replacement window, screen, 29-3/4 W x 47-3/4 H, \$70. 594-9201.

Murray Walking Lawnmower, Briggs and Stratton, 4.0 HP gas engine, new 22-inch blade, \$75. 594-2958.

Washing Machine, Frigidaire brand, excellent condition, used very little, \$100. 354-6172.

Pet Divider for Automobile, metal, fits most autos, \$10. Automatic pet watering bottle with bowl, 2.75 gal., \$8, \$15 for both. 594-1885.

Dishes, Plates, Mugs, etc., for at college apartment, New Cor green stoneware, made in China and Autumn collection, "Sanibel," made in Japan. \$5/set. 594-4515.

King Size Bed, box spring and mattress, excellent condition, \$50. Sleeper sofa, excellent condition, small tear on back, \$50. 691-8825.

Thirty-five Landscape Timbers, PT, 3 x 5 x 8, \$2.50 each or all for \$70. 354-7164.

Coleman Northstar Propane Lantern, new in box, instant ignition, \$20. Win. 77, .22 Rifle, firing pin missing, good barrel, stock, sites, \$20. 212-9357.

Pooh Theme Set, 3-in-1 co-sleeper, shelf, bin, sheets, curtains, border, mattress, good condition, \$100 or separate. 563-8997.

Eight Books on Quilting and sewing, \$20 for all. 845-2617. ■

Five Drawer Bureau, \$35. Wood box, \$20. Gun rack, \$35. Picture of a captain, \$5. 338-3227.

Collection of 139 "Star Trek" Paperbacks, \$100 OBO. 372-8957.

Cadence Treadmill, electric, \$100, firm. 594-5247.

Toro Cordless Trimmer, 10 inch/24 volt, including hanger, charger, shoulder strap, \$30. 548-2281.

Pet Carrier, large enough for two small animals or one larger one, pd. \$100, sell for \$45 OBO. 548-6179.

Three Old Doll Trunks, \$100. 832-2233.

Auto Garage Door Opener, new, never out of box, \$170 new, sell for \$100. 230-0447.

Akai Stereo with speakers, new, high tech lights and whistles, 3-CD changer, two tape decks, tuner, remote, high-power amp, \$75. 763-3971 or (732) 213-9644.

The Hardy Boys Series of Books, 47 in all, some printed in 1939, all hardback, \$50 takes all. 236-3329.

Sharp Multi-Function FAX, plain paper, \$40. Three inkjet printers, \$25/3. All worked when unplugged, as is. 594-5328.

HP Scanjet 4300C, with USB connection, \$50 OBO. Antique twin spindle bed, \$15. Fireplace Heat-O-Lator, \$15. 354-8086.

Six Bundles of Cedar Shingles, \$100, firm. 975-0626.

Garden Cart, 6.5 c.f., Vermont style, two large wheels, \$42. Rusty-red wagon, garden handy, \$12. Moped carrier rack, very strong, \$45. 236-0775.

Sports Cards, baseball 1990s, 700+ cards, football and basketball, 500+, good to mint condition, \$50. Antique, sterling silver scissors and letter opener in sheath, \$50. 763-3765.

Four Classic Captain's Chairs, strongly built, new plasticized canvas, \$18 each. New comforter, reversible, paisley/plaid, queen size, \$18. 236-0775.

Lawn Tractor, MTD 12 hp, 38-inch cut, good condition but motor will not start, \$100. 236-4093.

Admiral Radiophonograph Console, circa 1948, 78 rpm record player and AM-FM radio, restore or convert, beautiful mahogany cabinet, \$75. 594-3676.

Wooden High Chair, natural finish, in good condition, \$15. Twenty Raggedy Ann & Andy dolls, all sizes, from \$1 to \$10 each. Three-inch-thick foam rubber pad, twin size, \$5. 594-8794.

Hockey Ice Skates, size 8, Bauer/Charger, \$15; size 6, used once, Bauer/L.L. Bean, \$30. 342-2095 or ana948@fairpoint.net.

Organic Garlic, Russian red, great price, \$7.50/pound. 567-3065.

Steel Desk, office chair, \$50. Four-drawer file cabinet with hanging file folders, \$30. Goose-neck lamp, \$5. 845-2790.

L.L. Bean Leather Flight Jacket, size 42, sheepskin lined, \$75. 20-Volume Time-Life Gardening Encyclopedia, \$20. 832-4021.

Entertainment Center with glass doors, \$20. Men's Gortex Thinsulate boots, size 12, \$20. Bobby Labonte winter jacket, size L, \$25. 338-9754.

Classic Bike, 1960s, 3-speed, with basket, made in England, good condition, \$50. 338-3663.

Creative Playthings Wooden Slide/Climber, \$40. Standing chalk board, \$30. Standing two-sided artist easel, \$30. 832-5054.

WANTED

Wanted: Bottles and Cans to help senior citizen in Rockland area with expenses. 594-4788.

Wanted: Used Dog House for large dog. 354-2068, Diane.

Wanted: Ping Pong Table. 236-3123.

FREE

Free: Microwave. 563-5663, after 6 p.m.

Free: Large Pine Logs, at roadside, Appleton/Searsmont. 785-2370, 9-9.

Free: 17 Cu. Ft. Chest Freezer, runs perfectly, come and move it and it's yours. 236-6819.

Free: White and Hooded Rats, for pets only. 594-2909. ■

MARKET BASKET ADS FREE

MARKET BASKET RULES:

- #1. Maximum # of Words per Ad = 20**
- #2. TOTAL of all items added together MUST BE \$100 or less!**
- #3. Ads MUST be priced or we cannot run them.**
- #4. We cannot run Wanted ads seeking items costing over \$100.**
- #5. ONLY ONE AD PER WEEK per person/phone number.**
- #6. NO BUSINESS, SERVICE OR YARD SALE ADS accepted.**

Please use the regular classified ad form for these and all other ads which don't fit the above guidelines — sorry, ads that don't follow these guidelines cannot be printed!

!Market Basket Ads Automatically Run For Two Weeks!

Mail To: **The Free Press MB**, 8 No. Main St., Suite 101, Rockland, ME 04841
Sorry, we CANNOT take Market Basket ads by phone or e-mail, but you can fax your ad to 596-6698. However, we ask that you NOT copy this form and then fax it — copies from newsprint don't fax well, and we can't read them — just write your ad on a white sheet of paper and fax that — do not forget your phone #.
And about the handwriting: If we can't read it, we can't run it.

MARKET BASKET AD DEADLINE IS 4 PM ON MONDAYS

Wanted: Ping Pong Table. 236-3123.

Free: Kitten, solid black, female, short-haired, five months old, litter trained. 548-2357.

Free: Cats, orange-and-white, neutered, 5 yrs. old, very loving, good with dogs. Female Maine Coon, no papers, spayed, declawed front, multi-colored, 18 months. 930-3528 or 691-1003.

Free: 17" Dell E771a Color Monitor, seven years old but in excellent condition, excellent color or quality. 594-4293.

Free: White and Hooded Rats, for pets only. 594-2909. ■

LOST

Lost: Kitty Cat, August 15, 163 S. Main Street, Rockland, female, gray tiger with white face and front feet, answers to "Daisy," reward offered. 594-4803.

Lost: Cockatiel, yellow head with peach dot on cheeks, light gray breast, darker gray wings, yellow, white and gray in tail and under wings, friendly, 8 months old, may land on you. May be able to catch on ground, but if on you, just walk inside and call 594-5794. ■

su | do | ku

© Puzzles by Pappocom

		8	6	1	2			
1			9	7	3			6
	3						4	
	5	4				9	1	
			8					
	8	6				5	3	
	6						2	
3			5	6	2			4
		5	1	4	6			

EASY # 34

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9 with no repeats. That means that no number is repeated in any row, column or box.

Solution, tips and computer program at www.sudoku.com

Sudoku solution on page 46.

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Camden-Rockport Animal Rescue League Update

Collin here, the top office cat at the Camden-Rockport Animal Rescue League reporting.

What fun all my canine friends and their owners had this past Sunday at the Dog Show held during Windjammer Weekend! Thirty-three dogs participated in the show. Two of my canine friends, Darla and Fonzie who are at the shelter, participated in the event. Thanks to Roger Hollins and Chris Litzenberg for handling Darla and Fonzie during the show. Many thanks to those who helped Bill Amidon our executive director plan and work the event — Bobbi Belkin, Chris Deeney, Maxine and Jay Freedman, Marty Martens, Carolyn Marsh, Marty Lepow, Don and Jean White, our photographer Kathy Ocariz and emcee Brian Wilson. Thank you to our judges, Dr. Bjorn Lee of Pen Bay Veterinary Associates, who were also sponsors of the show, and LeShawn Cooper, quartermaster second class on the U.S.S *Whidbey Island* and Kalo Parmelee. Thank you to our other sponsor Maine Dog of Camden and to Dr. Justin Blake and the Yankee Clipper for doggy gifts.

I can't wait to see our new TV show on our local access Channel 2 in Belfast and Channel 7 in Camden and Rockport. The show debuts on Thursday, September 4, at 7:30 p.m. We will take you on a tour of our facility during the show and you will get to meet some of my friends who work at the shelter. Please tune in.

A big thank you to Tom Fence Co. of Warren who did a great job on our new fencing around our outdoor dog kennels. Chris Litzenberg, who is making two quilts for the shelter, would like to thank quilt designer Amy Bradley of Lawrence, Kansas, for donating the patterns for the silly cat and silly dog quilts.

Up for Adoption —

Fonzie is a 10-month-old, brown-and-tan, cocker spaniel who loves walks, is loving and is looking for a home with older children. Darla's birthday is in October and she says her best present would be a wonderful new home. She is a one-and-a-half-year old Dalmatian mix who loves walks,

Fonzie (below) and Abraham (right)



playing outside and belly rubs and she is good with kids.

We have some new cats who are waiting for a home. Abraham is a medium-hair, black cat with a white chest and paws and a white strip on his nose. He was a stray, is friendly and is about three-years old. Cooper is a big, black, short-haired cat weighing about 14 pounds, and is two years old. Whisper is three-year-old, black, female cat who needs a loving lap.

There are still some kittens waiting for loving families to take them home. They are so cute. Laura, our shelter manager, just told me that by the middle of September we will have another dozen kittens at the shelter ready for adoption.

Supplies —

Here are some items we need for the shelter — high efficiency detergent and paper towels. A big jug of hand sanitizer would do wonders and we are low on toys for kittens and, as a treat, our dogs love meaty treats and squeak toys.

Lost —

Butters, a seven-year-old, declawed, yellow, tiger-striped cat from Old County Road on the Rockport-Rockland line. Dime Dime, a tiger cat with a white belly, was lost from Vinal Street in Rockport. Sam, a 15-year-old, grey-and-white cat was lost from Rachels Road in Rockport. Fat Cat, a one-and-a-half-year-old, orange-and-white cat with a striped tail, was lost from Barnstown Road in Hope.

Until Next time,

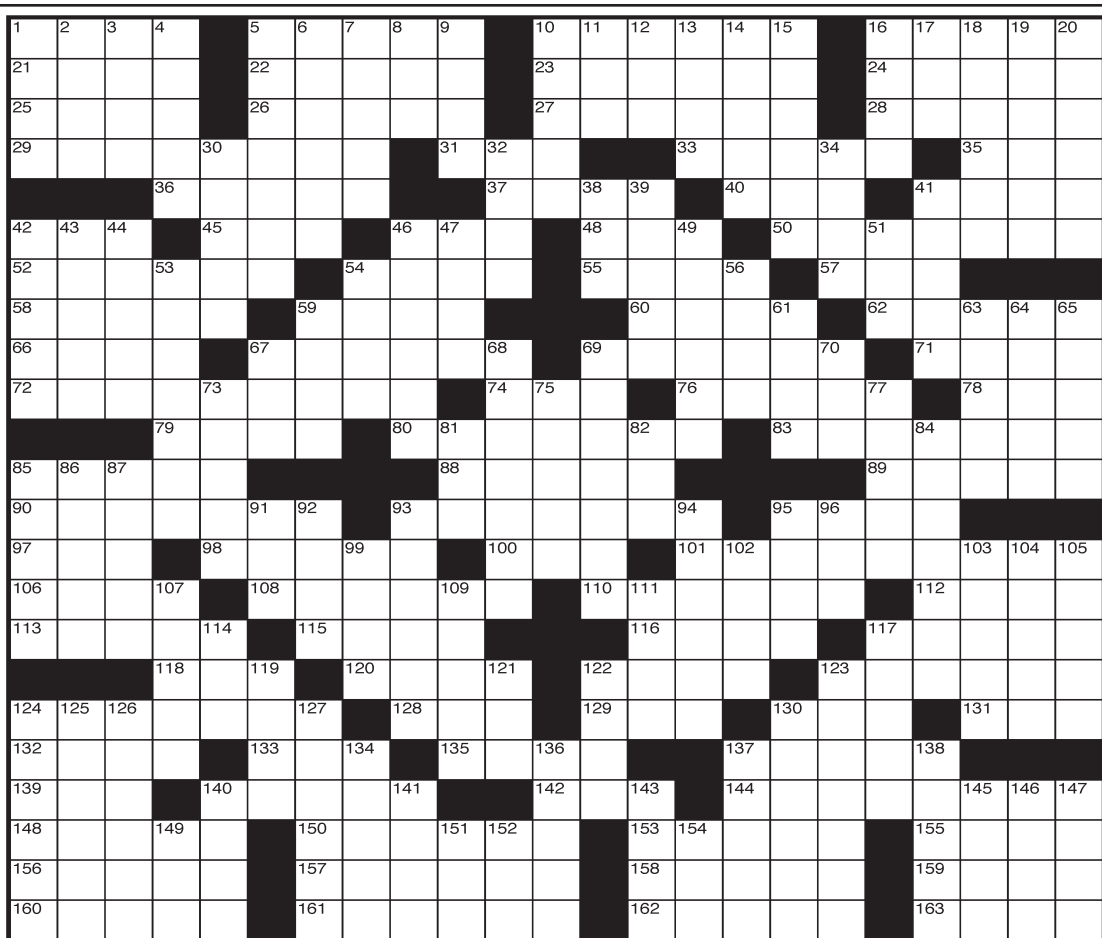
Collin

ACROSS

- 1 Embraced
- 5 One of 12
- 10 Physiques
- 16 Loses a tan
- 21 Jug
- 22 "The Wreck of the Mary —"
- 23 Canada's capital
- 24 FBI member
- 25 Budge
- 26 Athletes
- 27 Blush
- 28 High-rise unit
- 29 Vail amenity (2 wds.)
- 31 Late evening
- 33 Papyrus is one
- 35 Winery cask
- 36 Inner selves
- 37 Urges
- 40 Checkbook amt.
- 41 The Emerald Isle
- 42 1150, to Livy
- 45 "Where Eagles Dare" co-star
- 46 Start of a bray
- 48 See — — glance
- 50 Places
- 52 Roots
- 54 May honorees
- 55 Audacity
- 57 Prickly husk
- 58 Perseus' mother
- 59 Ruhr city
- 60 Deuces
- 62 Exactly vertical
- 66 Nonstop
- 67 Turn down a page (hyph.)
- 69 Darwin's ship
- 71 Trade punches
- 72 Zoo
- 74 Ghost — — chance
- 76 Feel nostalgic
- 78 Major leaguer
- 79 Fictional sleuth
- 80 Tourists' gadgets
- 83 Kind of ballot (hyph.)
- 85 Cagney's TV partner
- 88 Cuba neighbor
- 89 Office copier
- 90 Art gums
- 93 Hybrid citrus
- 95 Radar screen
- 97 Dadaist Jean —
- 98 Wallpaper, etc.
- 100 News network
- 101 Paddlers
- 106 Edible seaweed
- 108 To no avail
- 110 Wolfman Jack
- 112 Bread spread
- 113 Playground gear
- 115 Go in headfirst
- 116 Urban map
- 117 Good, to Pedro
- 118 Jackie's second
- 120 Construction area
- 122 Designer label
- 123 Most sensible
- 124 Narrow braid
- 128 Geological period
- 129 Circus routine
- 130 Lunch
- 131 Important clue
- 132 Nautical position
- 133 NBA coach — Unseld
- 135 Thumbs-up
- 137 "— the Dragon"
- 139 Vitality
- 140 Swim
- 142 NNW opposite
- 144 Took for granted
- 148 Summon up
- 150 Picnic hamper
- 153 Blur, as ink
- 155 First name in horror
- 156 Hawk's lair
- 157 Electrical unit
- 158 Attack on a castle
- 159 Sheik colleague
- 160 Vagabond
- 161 Hall carpet
- 162 Facilitated
- 163 Enjoy a hot tub

DOWN

- 1 Bottom edges
- 2 Jedi ally
- 3 Name in blue jeans
- 4 Go formal
- 5 End the meeting
- 6 Show-biz magazine
- 7 Road rallies
- 8 Peeve
- 9 For fear that
- 10 Transported
- 11 Sporty truck
- 12 — take forever!
- 13 Young fellows
- 14 Uncool sort
- 15 Flip-flop
- 16 Tempo
- 17 Historian's word
- 18 Nutritious legume
- 19 Tough it out
- 20 Cherry centers
- 30 DeVito's "Taxi" role
- 32 Peacock spots
- 34 Lump of jelly, say
- 38 Badger
- 39 Affirm
- 41 Some peers
- 42 Web surfer's need
- 43 Hunger for
- 44 Cool fabric
- 46 High-school class (2 wds.)
- 47 Ms. Bovary
- 49 On every occasion
- 51 Coffee holder
- 53 Parking places
- 54 Pageant figures
- 56 Theater box
- 59 Rhino's defense
- 61 Popular side dish
- 63 Topmost
- 64 Novelist — Puzo
- 65 Yankees' home
- 67 Hibernate
- 68 Love affair
- 69 Mind the pub
- 70 Blow it
- 73 Teased
- 75 Play possum
- 77 Undeliverable mail
- 81 Cry of discovery
- 82 Feel awful
- 84 Humdrum
- 85 Isn't straight
- 86 Turn signal
- 87 Blue Grotto isle
- 91 Ump's cousin
- 92 Wind-driven mist
- 93 Odd facts
- 94 Spotted wildcat
- 95 Tiny insect
- 96 Judge — Bean
- 99 Elevator inventor
- 102 Open a bit
- 103 Like healthy fur
- 104 Edgy
- 105 Black, as a chimney
- 107 Ridiculous
- 109 Not cling (2 wds.)
- 111 Film spectacular
- 114 Menacing sound
- 117 Chomps down
- 119 Where Keokuk is
- 121 Mouse alert
- 122 Preferred shift
- 123 Sprinkled
- 124 Word of warning
- 125 Hardy or Cromwell
- 126 Pilot fish
- 127 Suite feature (2 wds.)
- 130 Rile up
- 134 Famed orca
- 136 Autumn flower
- 137 "En garde" weapons
- 138 Hayseeds
- 140 Sound of the tone
- 141 Nascar broadcaster
- 143 Latin I verb
- 145 Written reminder
- 146 Lamb's pen name
- 147 Dim
- 149 Basinger or Novak
- 151 Purview
- 152 Previously
- 154 She played Rosemary



Crossword solution on page 46.



Not all channels available in all parts of The Free Press circulation area.

TV Listings

Listings brought to you by

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CHANNEL LINE-UP

- 2 CKSH - French
3 UPN - WPME
4 FOX - WFPO
5 CBS - WABI
6 NBC - WCSH
7 PEG - Public
8 ABC - WMTW
9 Adelphia 9
10 MPBS - WCBB
11 PEG - Education
12 WB - WPXT
13 CBS - WGME
14 QVC
15 HSN
16 CHLT
17 Shop NBC

- 18 TV Guide
19 C-SPAN
20 C-SPAN2
21 PAX TV
22 PEG - Government
23 NESN
24 FOX Sports Net
25 ESPN
26 ESPN2
27 MTV
28 GAC
29 VH-1
30 Lifetime
31 Spike TV
32 CMT
33 Weather Channel
34 NECN
35 FOX News
36 CNN
37 Headline News
38 Knox TV
39 CNBC
40 MSNBC
41 Court TV
42 TCM
43 Movieplex
44 TNT
45 Comedy
46 FX
47 USA
48 TBS
49 Oxygen
50 A&E
51 AMC
52 Ovation
53 Bravo
54 E!
55 HGTV

- 56 Food Network
57 Travel Channel
58 EWTN
59 Hallmark Channel
60 TBN
61 History Channel
62 TLC
63 Discovery
64 TV Land
65 BET
66 ABC Family
67 Nickelodeon
68 Disney Channel
69 Animal Planet
70 SCI-FI
71 TV5
72 PIN
73 INSP
74 Cartoon Network

FRIDAY EVENING SEPTEMBER 5, 2008
Table with 12 columns (7:00 to 12:30) and 69 rows of programming.

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SATURDAY EVENING SEPTEMBER 6, 2008
Table with 12 columns (7:00 to 12:30) and 69 rows of programming.

SUNDAY EVENING SEPTEMBER 7, 2008
Table with 12 columns (7:00 to 12:30) and 69 rows of programming.

MONDAY EVENING SEPTEMBER 8, 2008. TV schedule grid with columns for time slots (7:00-12:30) and rows for channel numbers (3-69). Includes program titles like King of Queens, Simpsons, and various news and entertainment shows.

TUESDAY EVENING SEPTEMBER 9, 2008. TV schedule grid with columns for time slots (7:00-12:30) and rows for channel numbers (3-69). Includes program titles like King of Queens, Simpsons, and various news and entertainment shows.

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WEDNESDAY EVENING SEPTEMBER 10, 2008. TV schedule grid with columns for time slots (7:00-12:30) and rows for channel numbers (3-69). Includes program titles like King of Queens, Simpsons, and various news and entertainment shows.

THURSDAY EVENING SEPTEMBER 11, 2008. TV schedule grid with columns for time slots (7:00-12:30) and rows for channel numbers (3-69). Includes program titles like King of Queens, Simpsons, and various news and entertainment shows.

CLICK & CLACK *talk cars*

Hazard Lights: Not Just for Emergencies Anymore; No Reason Tom & Ray Can See for Extra Oil Change Charge

DEAR TOM AND RAY: This has been an ongoing disagreement with my wife and others: When you pull to the side of the road for ANY reason OTHER than an EMERGENCY ("emergency" defined as: vehicle trouble, flat tire, heart attack, etc.), should you use your emergency flashers? I stop and offer assistance two or three times a week (I'm not kidding) to anyone pulled to the side of the road with their emergency flashers on. More times than not, it is a NON-emergency. They're either on the phone, looking at a map, changing a baby's diaper or — just the other day, a couple was arguing. These are all valid reasons to pull off the road, just not to use your emergency flashers, in my opinion. What is yours? — Chuck

RAY: Chuck. You are a man in desperate need of something else to worry about. How about global warming? Nukes in Iran? Or the price of imported Jarlsberg cheese?

TOM: In our opinion, all of the drivers you refer to are perfectly entitled to use their flashers. And here's why. The primary purpose of the flashers is to make sure that another vehicle doesn't hit you.

RAY: You may have noticed that car makers call the flashers "Hazard Lights" rather than "Emergency Flashers" nowadays. That's because they exist so you can make sure you're not a hazard to others on the road.

TOM: Anytime you pull over to the side of the road in a place where cars are not expected to be parked, it's appropriate to use your hazard lights to warn other drivers that you're stopped in a place where they don't expect to see parked cars.

RAY: Drivers aren't expecting to see a car in the breakdown lane, and to make sure you get their attention early enough that they're not surprised by you — so they don't drift off into your car, or into a door you're opening — turn on your hazard lights to get other drivers' attention.

TOM: You're a good citizen to stop and see if they need help, Chuck. We don't mean to criticize you, because the world could use more good citizens like you. And if you don't mind getting turned down some of the time, you should continue to stop and offer people help.

RAY: But stopping your car to argue, make a phone call, read a map or change a diaper (especially to change a diaper — whoof!) are all good — and legitimate — reasons to pull off the road. And anytime you pull off near a road and not into a parking area, you should use your hazard lights for safety. That would include parking to help someone whose hazard lights are on — so don't forget to use your hazards, too, Chuck.

wheel drive has to do with the price of an oil change, and he just pointed to the price on the board. Since then, I've talked to five other garages, and they had that same dumb look on their face that I did when the guy pointed to the sign. So, is there any reason an oil change for a four-wheel-drive vehicle should cost more? — Dave

RAY: Only when the owner of the garage has a boat payment due.

TOM: The answer is no, Dave. There's no technical reason why an oil change should be any different on a four-wheel-drive vehicle. The number of driven wheels is determined by the transmission, not the engine. So a four-cylinder engine, for example, holds the same amount of oil whether the car has two-wheel drive or eight-wheel drive.

RAY: My guess is that this particular Jiffy Lube (Jiffy Lube is a franchise, so each store is owned by an individual, not by Jiffy Lube itself) includes something else along WITH the oil change.

TOM: Exactly. So, along with any oil change, for instance, this Jiffy Lube also checks your differential fluid level. And since you have an all-wheel-drive vehicle, you DO have an extra differential to check. If your car had an on-demand-style four-wheel-drive system (which it doesn't), there'd be a transfer case to check, too. Still, an extra \$15 bucks for that seems kind of steep.

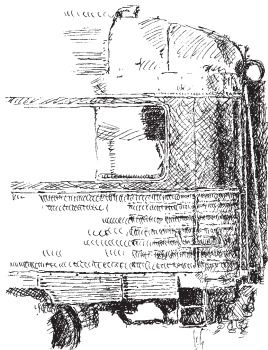
RAY: We checked with a local Jiffy Lube franchise near us, and they charge an extra \$2 to do it.

TOM: It's something a lot of places will even do for free, Dave, since it gives them a golden opportunity to sell you a complete differential and transfer case service!

* * *

Got a question about cars? Write to Click and Clack in care of The Free Press, 8 N. Main Street, Suite 101, Rockland, ME 04841 or e-mail them by visiting the Car Talk Web site at www.cartalk.com.

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DEAR TOM AND RAY: A few weeks ago, I stopped at Jiffy Lube for an oil change (I have a 2005 Kia Sportage, four-wheel drive, with 16,500 miles). I asked the man behind the counter for a price on an oil change. He said \$24.95. And then he said: "Oh, you have four-wheel drive. That'll be \$39.95." I asked what four-

AAA Urges Motorists to Slow Down and Stay Alert As Kids Head Back to School

Fifty-six million children across the country begin heading back to school soon, and AAA is urging motorists to slow down and stay alert in neighborhoods and school zones with its 75th annual School's Open — Drive Carefully campaign.

The campaign hopes to curb a trend of unsafe driving behavior in school zones and neighborhoods that can result in children's injury and sometimes death. "The beginning of a new school year brings excitement and can be a hectic and dangerous time for parents and children as they make their way to school," says Pat Moody, AAA Northern New England director of public affairs and traffic safety.

Pedestrian injury is the second leading cause of injury-related death in the United States for children ages 5 to 15, according to the Centers for Disease Control and Prevention. An average of 20 school-age children die from school-related transportation annually. More than 33,500 children were treated in emergency rooms for pedestrian-related injuries in 2005.

AAA's School's Open — Drive Carefully campaign encourages motorists to stay alert in areas where children are present by its local clubs utilizing posters, magnets, bumper stickers, handouts, media outreach and other community initiatives to reach motorists.

AAA offers educational workbooks free of charge designed to present essential safety concepts to students in kindergarten through fifth grade. The workbooks can be downloaded at AAA.com/drivesafe.

- Some key tips for motorists on the site include:
- Slow down in or near school or residential areas, and be sure to come to a complete stop at all intersections.
 - Look for clues such as AAA School Safety Patrol members, crossing guards, bicycles and playgrounds which indicate children could be in the area.
 - Scan between parked cars and other objects for signs that children could dart into the road.
 - Always stop for school buses that are loading and unloading students. It's the law.
 - Leave a little early so you are not rushed as you travel to work or school.
 - Drive with your headlights on — even during the day — so children and other drivers can see you.

For more information on AAA, visit www.AAA.com.

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<p>2004 4-DR. MALIBU LS Loaded, 51,000 Miles #08159U \$10,900</p>	<p>2004 CHEVY Z71 TAHOE Loaded, Leather, 4x4, Bose Stereo #06143U \$19,900</p>	<p>2003 CHEVY TRAILBLAZER EXTENDED 4x4, Loaded, Leather, Sunroof #07227U \$12,500</p>

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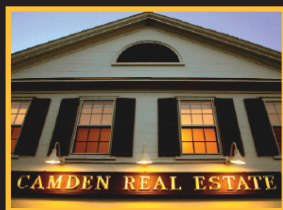
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Rockport Harbor~ Stunning, 3-level living space, decks, balconies, sunrm, studio, dock, views! \$1,795,000



HARBOR VIEWS

Rockport Village~ Exquisitely restored church w/art gallery & 3-BR residence. \$1,695,000



NEW PRICE

Rockport~ 5-BRs, great rm/kitchen, 1st fl. guest suite, 2 FPs, 10+ ac., more land avail. \$899,000



NEW PRICE

Bay View St., Camden~ 3-BR Post & Beam, w/seasonal ocean views, FP, 2-car garage. \$799,000



Camden~ 80 acres, gorgeous 3-BR home, 3-car garage, separate wrkshp/studio, privacy! \$795,000



NEW PRICE

Camden Village~ Classic 1820 Colonial, needs updating, plus guest house & garage. \$599,000



NEW PRICE

Hope~ Newer home w/classic style, 3-BRs, 1st fl. master, chef's kitchen & country views. \$598,000



NEW PRICE

Northport~ Popular Mexican Restaurant & real estate. Tiki bar, new deck, new septic. \$499,000



NEW LISTING

Camden~ Sunny, energy-efficient, 3-BRs, sunroom, FP, deck, 1.5 ac. on Megunticook River. \$388,000



NEW PRICE

Rockport~ New 3-BR home, quiet neighborhood, 1.49 ac., infloor heat & master suite. \$309,000



NEW PRICE

Camden~ 3-BRs, porch, deck, new garage. Stroll down to Megunticook River for a swim! \$369,000



Lincolville~ Overlooks park & Norton Pond, 3-BRs, hrdwd flrs., 1st fl. BR & atch'd garage. \$279,000



NEW LISTING

Warren~ Expandable 2-BR home w/FP, finished bsmnt, 20 acres and pond frontage! \$279,900



NEW LISTING

Hope~ 1825 home in the heart of town. 3-BRs, atch'd 2-car garage, 0.92 acre lot. \$239,000



RIVER VIEWS

Thomaston~ St. George River views, 4-BRs, chef's kitchen, 1st fl. BR & atch'd barn. \$239,000



NEW LISTING

Hope~ Adorable Post & Beam! Open fl. plan, 2-BRs, master suite, country views, 1 acre. \$235,000



NEW LISTING

Thomaston~ 3-BR Cape w/2-car garage on almost 2 acres with fruit trees & perennials. \$198,000



NEW LISTING

Lincolville~ Brand new 2-BR house on wooded 0.75 ac. lot, pine flrs., master suite. \$129,000