



THE FREE PRESS

FREE
Take One

THURSDAY, April 24, 2008

11,000 Circulation • Serving Midcoast Maine since 1985 • www.freepressonline.com

VOL. 24 NO. 17

In this issue...

123rd Legislature
Adjourns — final
bills in brief — SEE PAGE 4

Energy Crisis & the
coast of Maine — SEE PAGE 2

Low Road to Defeat
Mac Deford — SEE PAGE 2

"This American Life"
beamed live to Strand — SEE PAGE 6

Spring
Migration
Birding with
Don Reimer — SEE PAGE 16



Int'l Film Fest at
Penobscot School — SEE PAGE 19

- Art on the Coast 10
- Astrologically Speaking 31
- Birding with Don Reimer 16
- Business Service Directory 35, 36
- Calendar of Events 25
- Classifieds 33-34
- Click & Clack Talk Cars 39
- Crossword 39
- Dave Barry 30
- Dining 18
- Home & Garden Pull-Out Section
- Letters & Opinions 2, 22-23
- Marine Matters & Tides 17
- Market Basket 35
- Movie & Video Shorts 28
- Sudoku 39
- TV Listings 37-38
- We the Six Billion — Energy Crisis 2



Marieta Erickson Wheaton, Ron Howard and Anne Kilham, in front of the banner designed by Kilham to kick off the Campaign for the Erickson Farm

A Tale of Two Farms

Maine Farmland
Trust and Aldermere
Farm Collaborate to
Preserve Farmland

— by Georgeanne Davis

The traffic light at the junction of Routes 90 and 1 on a hot April afternoon is one of those modern nightmares: Drivers sit captive as tractor trailer trucks are funneled onto the coastal route from Route 90, tourists try to continue on their way to Camden and locals to make their way out of Rockport village.

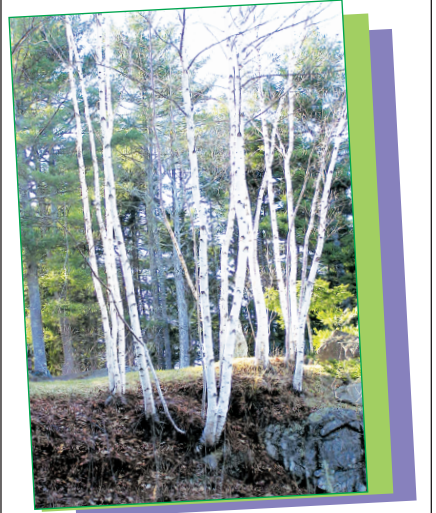
Less than a mile away from the light, on the south side of Route 90, sits the Erickson Farm, with over 90 acres of pasture land and hay fields. For generations, says Marieta Erickson Wheaton, her family worked the land and milked cows, until it was no longer possible for them to do so. As recently as the 1980s she still crossed the family's cows from the south-

TALE OF TWO FARMS continued on page 7

HOME and GARDEN

THE FREE PRESS SPRING 2008 HOME & GARDEN ISSUE

Step inside, and step into spring, with the Free Press Home and Garden supplement. Take a pictorial tour through Shleppinghurst, a magical Lincolnville woodland garden, and find a list of soon-to-be-open local farmers' markets. Read about Paul Tukey's recommendations for growing lush green lawns without chemicals, Belfast's summer-long Open Garden Days and gardens that are easy for anyone to make. Learn how to make your remodeling dollars pay off in the current buyer's real estate market. Find everything you need for green and glorious growing and living in one handy pull-out section inside this week's Free Press.



Mid-Coast Optical



96 Maverick Street, Rockland 594-7121

FRAME REPAIRS

PRESCRIPTIONS FILLED

Mid-Coast Optical



96 Maverick Street, Rockland 594-7121

WHAT'S COOKING AT THE VINEYARD THIS MONTH?
April 26th & 27th, Gina Stipo of Tuscany Comes to Maine!
SPECIAL 2-DAY ENGAGEMENT.
Call the vineyard for info and tickets!
CELLARDOOR VINEYARD
YOUNGTOWN ROAD, LINCOLNVILLE, ME
763-4478 • WWW.MAINEWINE.COM

Affordable * DENTURES * Quality
For every budget
Economy - Standard - Deluxe
FREE CONSULTATION
WARREN DENTAL
* 273-2835 * JCT. U.S. RT. 1 & RT. 97 * WARREN

Huston-Tuttle
Art Supplies
Frames
Mat Board
Wyeth Prints
Stationery
Artist Cards
Copy Service
Laminating
Binding
404 Main Street Rockland 594-5441

Hardwood Furniture Store
At The Yankee Stripper
Route 90, Rockport
207-236-4673
Mon.-Fri. 9am-5pm • Sat. 9am-noon
We offer:
• Finished pine pieces
• Unfinished solid oak furniture
• Beautiful hand-crafted Shaker reproductions
Please call or come see our wide selection of wonderful solid wood pieces today.

Simple Pleasures
ROCK CITY BOOKS & COFFEE
328 Main Street, Rockland
594-4123

We're All DECKED OUT
LET US SUPPLY YOUR NEXT DECK
LUMBER & HARDWARE
E.L. SPEAR, INC.
SINCE 1900
Mon.-Fri. 7:00-5:00 • Sat. 7:30-4:00 • Sun. 9:00-4:00
10 Payne Ave. (U.S. Rte. 1) - Rockland • Tel. 594-4331 **ACE**

GOOD IMPRESSIONS
BLUEPRINTS AND SPEC BOOKS
DONE FAST!
Monday - Friday 8-5
31 New County Road ♦ Rockland ♦ 596-0707

PRIMO REOPENING
Thursday, May 1st
Mother's Day Brunch, May 11th
Please call for reservations
596-0770
Rte. 73 on the Owl's Head/Rockland line
We look forward to seeing you

We The Six Billion

by Joe Steinberger

Energy Crisis

Ever since Europeans first colonized the coast of Maine, our region has been a heavy energy consumer.

First it was soil-depleting slash-and-burn agriculture. Early photos of the coast show a starkly denuded landscape. The trees were stripped not only for the lumber and to clear the land, but for firewood to heat the farmhouses.

When the thin soil gave out — the farming quickly used up the stored energy in the topsoil — the farmers moved to better land in Ohio. Those who remained heated their homes with coal from Pennsylvania, which replaced the depleted firewood resource.

Industry, meanwhile, replaced farming as the principal employment. Mill cities — Saco, Lewiston, Waterville and others — grew up at water-power sites on Maine's rivers. This renewable but limited energy resource was of great importance in the early years of the American industrial revolution, but eventually cheap coal and improved steam engines reduced its importance, and Maine's mills — poorly located except for the water power — declined.

Camden, with its modest water-power resource, supported a mill which still stands, but which, like the others, has long now been idle. Rockland's resource was limestone, not water power, but energy played just as critical a role. A huge amount of fuel was needed to burn the limestone. First it was firewood, then coal, and eventually oil.

Although what remains of our Rockland industry — the Dragon Cement plant in Thomaston — still uses large amounts of energy in the form of fossil fuel, in general our local economy is no longer based on the industrial use of energy. We depend now mostly on tourism, and on the immigration of people who retire here to spend the money they earned in careers elsewhere. Most of the tourists come by car, so fuel is an issue, but in general — and this is a very good thing at this juncture in history — our now service-based economy is not heavily dependent on energy resources.

Nevertheless, we are in fact deeply dependent on fossil fuel. It is not our economy that makes us so dependent, it is our way of living. We have two great vulnerabilities that will cause us increasingly to suffer in the energy crisis now upon us.

First, there is our need to heat our homes in winter, and the extremely wasteful way in which we do it. Many of those original farmhouses (and town houses) are still with us, and others built since are much like them. All are kept warm every winter by burning large amounts of fuel. Although storm windows and insulation have been added, our modern habit of a small nuclear family centrally heating the whole house means that we are using more fuel than ever. Because of the plumbing we have installed, often in exterior walls, we are now forced to keep the whole house well heated or risk the disaster of frozen pipes.

With heating-oil prices reaching four dollars a gallon this winter — five times the price ten years ago — residents of ordinary means have been forced into serious economic hardship. Many have been forced to borrow money, to defer maintenance, or in other ways to rob Peter to pay for their winter's fuel. More winters with these prices will reduce a large part of our population to poverty.

Our other great vulnerability is our dependence on our cars. A century ago people lived out in the countryside only if they were farmers. Other people lived in the towns where they worked. Now it is the fashion to live as far from town as possible. City and town centers like Rockland and Camden are losing population, places like Warren and Union have been gaining as people have built their dream houses in the woods. This is extremely wasteful of energy. People who live in this way drive everywhere — to work, to shop, to entertain themselves, to socialize — 10, 20, even 30,000 miles a year, or something on the order of 1,000 gallons of gasoline a year per person.

As with the heating oil, those of above-average means do not yet find the cost prohibitive, but for those of ordinary means it is a serious problem. The lure of living out in the countryside has also affected the less well off, many of whom live in roadside mobile homes that were cheaper to buy than a house in town. They are now spending a big chunk of their pay just to get back and forth to work, and if they are out of work are finding themselves virtual prisoners in their isolation.

The solution to both these energy vulnerabilities would be new, energy-efficient cluster housing — apartments, condos — in town centers. This could easily cut heating-fuel consumption by a factor of four or more, and it would allow people to have a life without driving thousands of miles every year.

Sadly, though, we are certain to go through a lot more pain before we even begin thinking about any real change in our way of life. First will come the wailing and gnashing of teeth.

Low Road to Defeat

"If you can't stand the heat," Hillary's last big TV ad in Pennsylvania warned, "get out of the kitchen." Well, it's for certain Hillary generated a lot of heat in Pennsylvania; the problem is that it's burning up Democratic chances for a November victory.

Yes, Hillary won in Pennsylvania. But there's another, bigger, more important fact, and that is that Hillary cannot win the nomination. The numbers don't work. But she seems intent on a scorched-earth policy that is destroying the landscape for the Democrats.

Sure, she won in Pennsylvania. But she was supposed to win in Pennsylvania. A few weeks ago, she had a 15-point lead there; a month before that, it was over 20 points. Oh I know, her campaign is already pointing out that Obama outspent her by a factor of 2, or even 3; but that only goes to further prove she can't win — raising money, especially the way Obama does it, at 100 bucks a pop, is a sign of popular support. Unfortunately, Pennsylvania will give her a bounce in fund-raising over the next few weeks, enough to momentarily boost her short-term prospects even as it weakens the prospects for the Democrats in November.

When the cheering dies down in the Clinton camp, one wishes they would focus on the facts: prior to Pennsylvania, Clinton had about 160 fewer delegates than Obama. Today, after Pennsylvania, she's narrowed that, but her gap is still close to 150. On the popular-vote side, she had just over 12.7 million; Obama had over 5% more than she, with 13.4 million. Pennsylvania's voters narrowed that gap from 700,000 to slightly under 500,000. The super-delegates have made it clear that the only way they'd give Hillary their votes would be if she were to take the popular vote. And that she cannot do: with the big states pretty much out of the way, and with the two states that will vote next, North Carolina and now it appears even Indiana, lining up for Obama, there's no way she can close the gap in the short run. And from there out, it'll be close to a 50-50 race.

So, again, Hillary can't win. We're in the 23rd inning of this endless game, and the weird part is, it's not even tied.

Everybody jumped all over Charlie Gibson and George Stephanopoulos — and deservedly so — as they outdid each other pulling gotchas on Obama. Ironically, though, the most interesting, and revealing, aspect of the debate was Clinton's remark that while she brings plenty of baggage to the race, everyone has picked through it so thoroughly there aren't any unpleasant surprises left. No doubt, but as they've been rummaging through that baggage these last few months, Hillary has taken a truly big hit on the trust barometer. A solid majority of voters now find her untrustworthy. That's pretty heavy baggage, picked through or not, especially in addressing the electability issue.

And it's clearly related to what is called her "kitchen sink" strategy, in which she pulled out all the stops in attacking Obama. The New York Times, which endorsed her a few

by Thomas McAdams Deford

months back — and is clearly having second thoughts — noted in an editorial yesterday morning, entitled "The Low Road to Victory," that it was "past time for Clinton to acknowledge that the negativity, for which she is mostly responsible, does nothing but harm to her, her opponent, her party and the 2008 election." And that from a paper that supports her.

Even if she, or Bill, were somehow able to twist enough super-delegate arms to win the nomination, what the Times is observing is that it would be the classic pyrrhic victory: win the battle, lose the war. Her constant bad-mouthing of Obama is likely to give McCain the election regardless of which bloodied Democrat ends up as the candidate.

Meanwhile, McCain has been able to relax, play the good guy floating above it all, and refine his sense of humor. Whether or not he's got that explosive temper that even some Republicans say they are worried about is moot at this point: what's to be angry about while Hillary savages McCain's November opponent. Romney is vigorously campaigning for McCain, hoping his help will persuade McCain to pick him as his vice-president. But if McCain were to choose the candidate that's doing most to propel him towards the White House, he'd end up with Hillary as his veep.

Clinton's spinmeisters, the water-into-wine guys, naturally enough, are having a field day with her Keystone State victory. But look at the math, guys: Hillary can't win the popular vote or pledged-delegate vote. Even were a plague of Biblical proportions visited on Obama's supporters — let's say that 10% of those who intend to vote for him in the rest of the primaries were to suddenly drop dead — Hillary still couldn't win.

Maybe it's time for a little back-room arm-twisting now. Al Gore, Howard Dean, key super-delegates and whoever else passes these days as Democratic adults should let Hillary know, quietly, that they expect her to concede graciously after the May 6th primaries — and, oh, by the way, in the meantime, can you please stop helping McCain's campaign.

It would be bad enough for the Democrats were Hillary's attack mode to stretch out through the summer in hopes that a back-room deal with the super-delegates at the convention would give her the nomination.

But, were her dream to become a reality — and cigar-chomping party hacks of yore were to deliver the nomination to Hillary at the August convention when Obama had the popular vote — it would sink the Democrats in November. There are millions of Americans out there who have never voted; they are primed to back Obama in November. Give them Hillary as an option, they stay home. And then it's four more years of Bush's War and Bush's Economy. Gee, thanks, Hillary.

We're in the 23rd inning of this endless game, and the weird part is, it's not even tied.

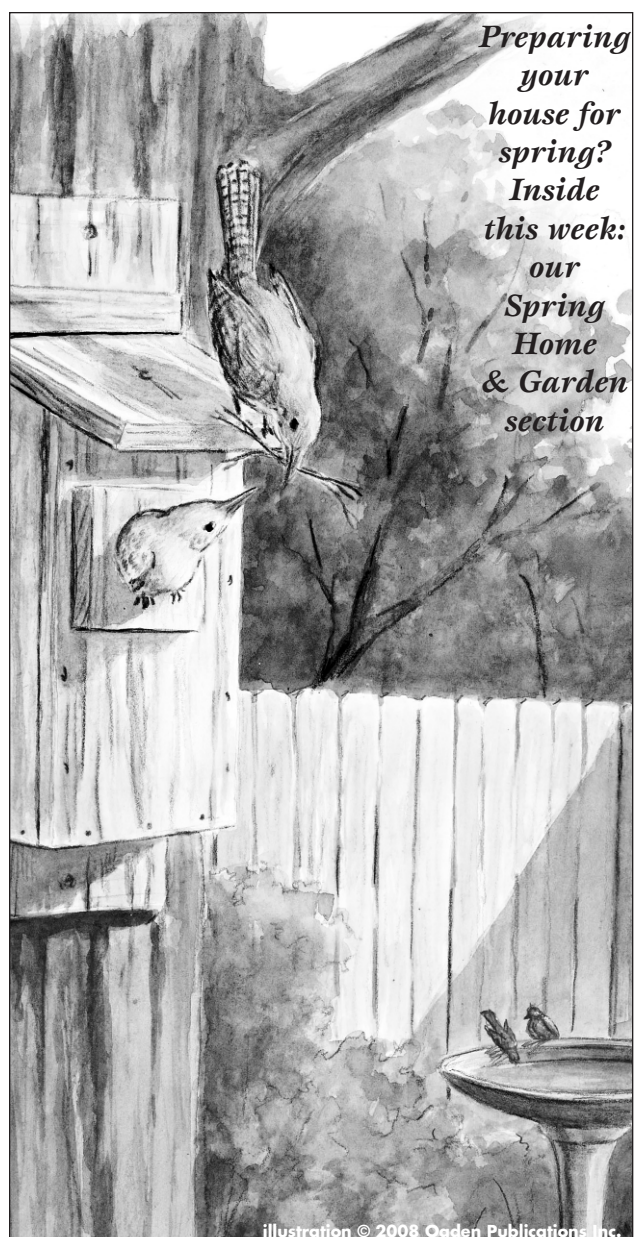


illustration © 2008 Ogden Publications Inc.

THE FREE PRESS

8 North Main St., Suite 101, Rockland, ME 04841
207-596-0055 • Fax 207-596-6698
www.freepressonline.com

Display advertising: deadline 10 a.m. Tuesday.

For advertising rates, advice, and information, call 596-6696, or email advertising@freepressonline.com.

Classified ads — help wanted, for sale, for rent, yard sales, etc. — deadline 4 p.m. Monday. Call 596-6696 to place an ad; or see the classified page in this issue.

Press releases and calendar items should be received no later than 1 p.m. Friday (letters to the editor by noon Monday) — mail to above address, or via email to editor@freepressonline.com.

Call 596-0055 with news items, questions.

Publisher, Alice McFadden,
email: publisher@freepressonline.com

Editor, Patricia Poe — email: editor@freepressonline.com
Staff Writers, Georgeanne Davis and Melissa Waterman

Associate Publisher & Advertising Manager, Steve Davis
email: admanager@freepressonline.com

Advertising Representatives:

Deena Carafelli, Kerry Sabanty, John Jensen, Lily Filippi,
Glenn Billington, Senior Advertising Representative
email: advertising@freepressonline.com

Classified Ads, Administrative Assistant, Robin Anderson
Art/Layout Design/Production Department: Wendell Greer
Marjorie Strauss, Dan Kirchoff, Ben Kann, Carol Inouye
Proofreader, Ann Greenleaf

Billing & Accounting, Diana Freeman

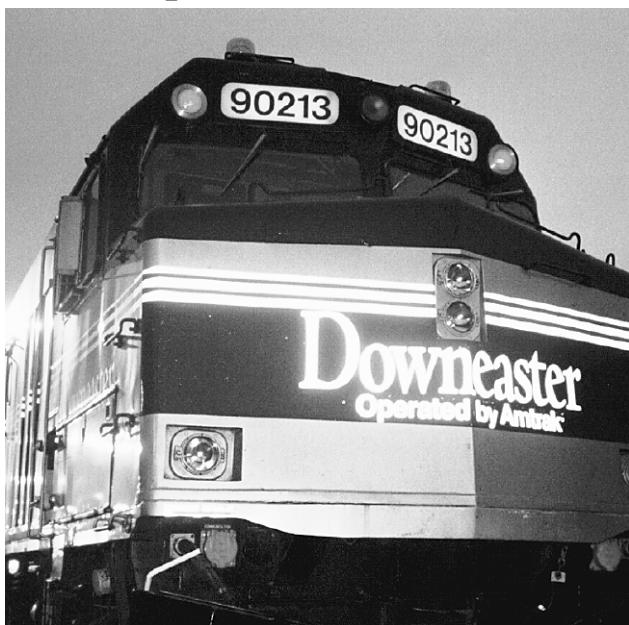
Circulation, Parker Wadsworth, Ervin Wooster, Susan Craft,
Susan Tischauser, Bill Baranyay, Judith Mitchell

Published weekly by The Free Press, Inc.: President, Reade Brower.
Contents of this issue © 2008 The Free Press, Inc., all rights reserved.
No portion of this publication may be reprinted without the express written consent of the publisher. Publisher reserves the right to refuse any press release or ad for publication. In the case of errors on ads, The Free Press will not be responsible for more than the cost of the ad for one week's insertion.

Established 1985 by Reade Brower & Martha McSweeney Brower

Coming Soon – Board in Rockland, Pick Up the Downeaster in Brunswick

by Alice McFadden



By the fall of 2010, it will be possible to go from Rockland, aboard Maine Eastern Railroad (right), meet the Downeaster (left) in Brunswick, and travel on to Portland, Boston and beyond.

With the passage last Friday night of LD 2019, "An Act to Implement the Recommendations of the Governor's Task Force on Passenger Rail Funding," the prospects for connecting passenger rail service from Rockland to Downeaster Amtrak service in Brunswick and on to Portland and Boston have begun to look very real.

"It's the triggering mechanism we've all been waiting for," said Gordon Page, Vice President of Maine Eastern Railroad. What the passage of LD 2019 triggers is the opportunity for Northern New England Passenger Rail Authority (NNEPRA) to go ahead and get the funds needed to upgrade the Portland to Brunswick rail line owned by Pan Am Railways (formerly Guilford Transportation).

It's that 28 miles of track that's been keeping Rockland from direct passenger rail access to Portland, Boston and beyond.

"We're very pleased.... This is great news for Maine Eastern Railroad, absolutely," said Page, "and great news for everyone in Maine.... It's that connectivity — between Brunswick and Portland — that's been missing."

What the passage of LD 2019 means in the short term for Maine Eastern Railroad, said Page, is that Maine Eastern needs to start planning for its Downeaster connector service. When the Downeaster is able to get to Brunswick, Maine Eastern Railroad will be obligated to meet that train, said Page. The connector service to the Downeaster in Brunswick won't be the same as the excursion service that Maine Eastern now operates, and which, said Page, it will continue to operate.

It appears that the Downeaster will be providing at least daily service to Brunswick, and, said Page, there has been some discussion that the Downeaster might well do two runs a day between Portland and Brunswick. Currently, the Downeaster runs five round trips daily between Portland and Boston.

Page says construction might not begin on those 28 miles before the end of 2008 and when it does begin, it will take some time, because, during the construction phase, Pan Am Systems needs to continue to operate its existing freight service on those lines.

But, says Page, Governor Baldacci has made it clear that it is a priority of his to insure there will be passenger rail service by Downeaster to Brunswick by 2010, before he leaves office.

So, Page predicts, by 2010, passengers in Rockland will be able to take Maine Eastern Railroad connector service

to Brunswick, where they will board the Downeaster and continue on to Portland and Boston.

Patricia Quinn, executive director of Northern New England Passenger Rail Authority, echoes the 2010 target, and says that Friday's passage of LD 2019 makes it possible for NNEPRA to apply for a loan through the Federal Railroad Administration for the \$31.5 million needed to upgrade the 28 miles of track running from Portland to Brunswick. In order to qualify for the loan, NNEPRA had to show it would be able to pay back the loan over 25 years. What LD 2019 does, by dedicating one-half of Maine's car rental sales tax, which amounts to about \$3 million per year, is give NNEPRA the ability to go ahead and apply for the loan because it can now pledge to the Federal Railroad Administration that it can pay the loan back.

Northern New England Passenger Rail Authority is a public transportation authority created in 1995 by the Maine State Legislature to develop and provide passenger rail service between Maine and Boston and between points within Maine. NNEPRA is the steward and manager of the Downeaster and contracts with Amtrak for the operation of the trains.

NNEPRA's priority right now, said Quinn, is to file that loan application, which, she said, will be done within the next couple of weeks. She said she has already had consultations with the federal agency and expects that within 90 days the loan should be approved — "at a good interest rate" — and the ordering of supplies for the work on the tracks would soon begin.

Pan Am Railways owns the tracks between Portland and Brunswick and runs freight trains that travel at top speeds of 40 m.p.h. on the line. Last year, after years of hesitancy about permitting passenger service on its tracks, Pan Am offered to upgrade its tracks to handle 60-m.p.h. passenger service for a fixed price of \$31.5 million, providing construction could be started in 2008. It is that \$31.5 million that the 25-year loan will pay for. At the time Pan Am made the fixed price offer to NNEPRA, Quinn said, "We are not going to get that commitment and that deal again."

And, now that LD 2019 has passed, NNEPRA can take Pan Am up on its fixed-price offer. Once the upgrade to the tracks is completed, the tracks will be able to accommodate the 60-m.p.h. passenger trains, as well as freight, and have station stops in Freeport and Brunswick.

"Our goal," said Quinn, "is to be in Brunswick in two years — by the end of the season in 2010."

DOE Awards \$30 Million to Biofuel Project in Old Town

U.S. Department of Energy (DOE) announced last Friday that Red Shield Environmental in Old Town has been awarded a U.S. Department of Energy grant of up to \$30 million. The grant will support the development of a cellulosic biorefinery at the Old Town pulp mill.

The project to be funded by DOE involves a partnership among Red Shield Environmental, the University of Maine and American Process Incorporated. The partners will create, at the former paper mill site in Old Town, a near-commercial-scale demonstration plant to make ethanol from forest-based biomass.

"Maine has tremendous potential for the production of energy from renewable resources," Governor Baldacci said. "But this project has an added benefit. It holds the potential to revitalize our state's paper industry. It's my hope that the technology developed in Old Town by Red Shield and the University of Maine can help other mills around the state become more diversified and more profitable."

In awarding the grant, DOE said that the process developed by Red Shield and the University of Maine Orono has been proven on a laboratory and pilot scale. The DOE grant will allow Red Shield to prove the viability of the process at the plant level and to commercialize the process that allows for the extraction of hemicelluloses from wood chips as part of the pulp-making process.

"This technology will allow Maine to lead the way in the production of cellulosic ethanol," Governor Baldacci said. "Because the energy resource is produced as part of the pulp-making process, it adds no additional strain to the wood basket and makes more efficient use of the wood fiber."

The project will continue the research work being conducted by UMaine's Forest Bioproducts Research Institute.

The award is the largest grant ever involving University of Maine research and one of the largest for any academic or research organization in the state.

The grant award to Red Shield was one of three announced by DOE last Friday. The competitive selection of three projects in which DOE plans to invest up to \$86 million over four years to support the development of small-scale cellulosic biorefineries also included projects in Vonore, Tennessee, and Washington County, Kentucky.

The three small-scale biorefinery projects will test novel conversion technologies to provide data necessary to commercialize full-scale biorefinery technologies. These biorefineries will operate at a level equivalent to about 10 percent of a full-scale commercial plant. Expected to be operational within four years, the selected small-scale non-food-based biorefineries projects will produce liquid transportation fuels such as cellulosic ethanol, as well as bio-based chemicals and bio-based products used in industrial applications.

By refining a variety of regional non-food-based feedstocks — including agricultural wastes such as corn stover, forest waste including sawdust and paper pulp, and energy crops, like switchgrass — cellulosic biofuels can be sustainably produced in nearly every region of the country. According to scientists at DOE's Argonne National Laboratory, compared with conventional gasoline, ethanol produced from cellulosic materials requires as much as 90 percent less fossil energy to produce and has the potential to reduce greenhouse gas emissions by more than 86 percent over the life-cycle.



Red Shield Mill, Old Town

ONE WEEK ONLY

CITY WIDE SPRING CLEAN-UP

7 AM TO 2:30 PM, MAY 5-9th

RESTRICTED TO BAGGED LEAVES/ TREE LIMBS

YARD & GARDEN DEBRIS

No Other Items Will Be Taken

Please arrange limbs all going the same way placing them along the sidewalk at the edge of your property or if you do not have a sidewalk, alongside roadway for pickup.

Please do not block the sidewalk.

Thank you,
Rockland Public Works Dept.

Water Therapies

Lily Pond Aquatic Center

Experience unparalleled relaxation and release from tension

Warm water therapies in a 97 degree private saline pool

Increase flexibility Release joint compression and muscular pain Ease emotional and somatic trauma Excellent for postoperative or trauma rehabilitation

Restores a sense of peace and deep rest

Lily Pond Aquatic Center, Rockport

236-6616

www.lilypondaquatic.com



Come tour our beautiful facility



If Your Parachute Opens...



...Will There be a "Catch"?

Overdraft protection shields you from pricey overdraft fees and the embarrassment of being overdrawn.

But how much is it really costing you?

- Rockland Savings & Loan offers overdraft protection at "down to earth" rates.
- We offer a free checking account with your first order of checks free! (some restrictions apply)

Rockland Savings And Loan Association

582 MAIN ST., ROCKLAND
594-8465

1341 ATLANTIC HWY., WALDOBORO
832-4424

www.rocklandsavingsloan.com

Telephone Banking @ 1-800-992-3817



Serving the Community
Since 1888

Member
FDIC

\$9.95

Oil & Filter
Change*

*Up to 5 quarts of oil
with quality Motocraft filter

Plus

FREE

Multipoint Vehicle Inspection

ALL MAKES & MODELS

Expires May 30th

Rockland Ford Lincoln Mercury

U.S. Route 1, Rockland 594-4466

The 123rd State Legislature Stands Adjourned

Extending just two days past their targeted date for adjournment, the second year of the 123rd Legislature adjourned late last Friday night. Unless there is cause to reconvene in a special session, the Legislature will not meet again until after the 2008 general elections. Following are snapshots of some of the bills that were passed in the final days of the session last week:

School Administration Consolidation Changes Enacted —

L.D. 2323, "An Act To Remove Barriers to the Reorganization of School Administrative Units," won final approval in the Legislature last Friday morning and was signed by Governor Baldacci later that day.

The governor's school administration consolidation law was passed last year. "The original law needed some changes to make it successful for all of Maine's school districts, and this bill makes those changes," Baldacci said.

The bill allows local communities to create their own cost-sharing agreements; removes the 2 mill minimum requirement; allows minimum special education subsidy receivers to remain eligible for minimum subsidy if they join a new regional school unit; gives the Commissioner of Education the ability to approve a plan for an alternative organizational structure if the plan fits within the purposes of the original reorganization law; moves the November 4 deadline for communities to approve reorganization plans by referendum to January 30, 2009 (and adjusts related deadlines accordingly).

More Coordinated State and County Corrections System —

The Maine Legislature Friday enacted a bill designed to coordinate purchasing, transportation and bed management between Maine's county jails and the state's prison system. LD 2080 is a compromise version of the governor's earlier proposal for the state to take over county jails. The legislation creates a nine-member State Board of Corrections that will determine the best use for county facilities, approve budgets and develop uniform policy and procedures for system-wide pre-trial, revocation and re-entry practices.

The Board will also establish a "Certificate of Need" process to consider future state and county corrections capital construction projects, develop a plan for a system-wide information network and implement bulk purchasing of commodities, medicine and services.

The State Department of Corrections will be responsible for managing bed space throughout the system, inspecting and investigating county corrections facilities, approving mental health placements and staffing the Board of Corrections.

Jail employees will stay county employees and day-to-day operations of jails will remain with sheriffs.

The property tax contributions for jail expenditures will be capped at the 2008 budgeted jail costs.

Towns May Allow Seniors to Earn \$750 Property Tax Offset by Volunteering—

Under a new law, sponsored by Rep. Walter Wheeler, D-Kittery, municipalities may adopt a program that allows residents who are at least 60 years of age to earn up to \$750 toward their property taxes by providing volunteer services for the town.

The Legislature's Taxation Committee expanded the legislation, which was originally limited to the Town of Kittery, to all municipalities in Maine.

The law will go into effect 90 days after the Legislature adjourns. Seniors who are interested in whether their town plans to adopt the program should contact their town officials.

MMA Exploring Potential for Tidal Energy Testing Center — Public Forum in Castine April 30

Maine Maritime Academy (MMA) and its industry partners engaged in exploring the possibility of establishing a Tidal Energy Device Evaluation Center (TEDEC) in waters local to Castine will host an open forum on Wednesday, April 30.

The goal of the forum is to seek and incorporate community input into the planning process. The public discussion will be held from 7 to 9 p.m. in the Harborview Room of the Harold Alfond Student Center on the Maine Maritime Academy campus in Castine. The forum, convened by Maine Senator Dennis Damon (D-Hancock), will begin with an overview of the proposed project, and a question-and-answer period will be held to allow the participation of all attendees.

Maine Maritime Academy is the host institution of TEDEC, a consortium that includes MMA and three private companies engaged in the emerging ocean-energy industry — Cianbro Corporation, Marinus Power, and OceanWorks International.

Minimum Wage Increase —

Last Thursday Governor Baldacci signed LD 1697, the bill that raises the minimum wage from the current \$7 an hour to \$7.25 on October 1, 2008, and to \$7.50 an hour on October 1, 2009.

"We need to make sure we do everything we can to reward work," said Baldacci. "Maine men and women should be able to earn a living wage so they can support their families. There is no safety net better than a job with benefits."

Dirigo Funding Bill Passes with Tax Increases on Beer, Wine and Syrup —

The Maine House and Senate gave final approval last Tuesday night to a bill that will provide stable funding for the State's Dirigo Health program. The House passed the measure earlier in the day and then sent it to the Senate, whose members passed it with an amendment that removed the tobacco tax equalization portion of the funding method and replaced it with slightly higher tax increases on beer, wine and syrup, and used more funding from the state's "Fund for a Healthy Maine" tobacco settlement fund.

The votes went largely down party lines in both chambers, with most Democrats supporting the measure and Republicans opposing it.

Maine Uniform Building and Energy Code Enacted —

Last Friday the Maine State Legislature enacted LD 2257, the Maine Uniform Building and Energy Code. The new building codes will be applied to new construction and significant renovation projects.

Existing structures are not affected. And the law provides special flexibility for rehabilitating historic homes and downtown districts to preserve their historic character.

To help municipalities comply with the uniform rules, all code enforcement personnel at the local level will be provided free training by the state. Maine's 367 municipalities with fewer than 2,000 residents are exempted from any enforcement activity. Larger communities who may not have a code enforcement official may join with other communities, contract out the inspections or allow third-party licensed inspections to be obtained by the builders or owners.

Maine now joins 40 other states that have adopted uniform building and energy codes. Maine was the only Northeastern state, and one of only 10 nationally, that did not have a statewide energy-efficiency standard for new homes. According to the Maine Public Utilities Commission, out of the thousands of homes built each year in Maine, only about 15 percent of them since 2005 would meet even the most basic energy-efficiency standards.

Maintaining State Land Open for Hunting —

LD 648, "An Act To Maintain the Amount of State Land That Is Open for Hunting," was signed last Wednesday by Governor Baldacci. The bill, sponsored by Rep. Troy Jackson (D-Allagash), ensures that the number of total acres of land open to hunting on public reserved lands and lands owned and managed by the Department of Inland Fisheries and Wildlife does not fall below the acreage available for hunting as of January 1, 2008. "This bill recognizes the importance of hunting in Maine and specifically the management of public lands," Baldacci said. "I think this speaks to the importance of preserving this historic use of public lands."

More information on TEDEC may be obtained at <http://tedec.mma.edu/>.

"Awakening Mother Earth" Performance

Rockport Public Library presents the Terra Diddle Collective in "Awakening Mother Earth," in two performances at

the Rockport Opera House on Saturday, May 3, at 6 p.m. and Sunday, May 4, at 3 p.m. Preceding the musical play will be a special guest performance by Chuck Nguyen and the Peaceful Warriors in "The Story of Water."

The Terra Diddle Collective includes artists, musicians, parents, teachers and children from Appleton, Belfast, Boothbay, Camden, Damariscotta, Hope, Lincolnville, Montville, Northport, Rockland, Rockport, Searsport, Union, Waldo and Washington. Through story, song, dance, costumes and large puppetry, they celebrate the coming of spring. The Collective has performed at Ashwood Waldorf School, Maine Botanical Gardens and in Camden Public Library's amphitheater. This year's performance features 43 cast members, dance choreography by Lisa Newcomb of Montville, musical arrangement and performance by Beverly Scott of Camden, and puppets and costumery by Kathryn Oliver of Hope.

Nguyen is the founder of the Peaceful Warriors Martial Arts Program for kids and instructor in Zen martial arts for teens and adults. He and his family sought refuge from Vietnam in 1980. Growing up in America, he had to learn to overcome the challenges of fitting into a new culture. After earning his clinical degree in counseling, Nguyen worked at the Maine State Prison. He developed and facilitated a program for inmates that utilized yoga, tai chi and mindfulness. He is currently a clinical school social worker in the midcoast area.

Both performances are free, but donations to the Terra Diddle Collective will be accepted. Seating is limited. For more information, call the Rockport Public Library at 236-3642 or visit www.rockport.lib.me.us.



Bay Chamber Concerts Presents Imani Winds

Bay Chamber Concerts will present the Grammy-nominated wind quintet Imani Winds on Sunday, April 27, at 2:30 p.m. at the Strand Theatre in Rockland. Imani Winds is known for its blend of classical, jazz and world music derived from its members' diverse cultural and musical roots. They will perform a concert with works by Czech composer Pavel Haas, Argentine Astor Piazzolla, Finn Esa-Pekka Salonen and Brazilians Liduino Pitombeira and Julio Medaglia.

According to Bay Chamber Concerts' artistic director Thomas Wolf, "I have been watching this group for some time. As a wind player, I am always looking for something that is immediately appealing and musically outstanding. This group has it. They are dynamite!"

Since its inception in 1997 Imani Winds has been enriching the traditional wind quintet repertoire with European, American, African and Latin American traditions. Their name, Imani, means "faith" in Swahili. Over the past 10 years, the Imani dream has been steadily realized: a Grammy nomination, two acclaimed CDs, sold-out concerts and an education series.

In addition to the Sunday concert, sponsored by Jonathan Frost Gallery & Frame Shop, Imani Winds will perform two Monday student matinee concerts. These concerts will be attended by over 700 area students, free of charge, as a service of Bay Chamber Concerts.

This year Imani Winds is celebrating their 10th anniversary, which started with a performance of their collaborative multimedia piece "Josephine Baker: A Life of Le Jazz Hot" at the Apollo Theater on the occasion of Baker's 101st birthday. They've continued with performances in Paris, New York, Atlanta, Chicago, Philadelphia, San Francisco and Washington, D.C. They also have been invited to perform at some of the world's most esteemed jazz festivals, including Montreal, Marciac (France), Veszprem (Hungary) and San Sebastian (Spain).



Through commissions and performance, the quintet regularly collaborates with other artists. They've shared the stage with Yo-Yo Ma for a performance of Piazzolla's "Libertango," and they've collaborated with Bay Chamber Concerts' guest artist Chris Brubeck for a performance and recording of music written especially for wind quintet and jazz quartet, which was commissioned by Bay Chamber Concerts. The group's Chamber Music Society of Lincoln Center residency culminated in a recital in New York's Alice Tully Hall with musician-composer Paquito D'Rivera.

Imani Winds has received numerous awards, including the 2007 ASCAP Award and the 2002 CMA/ASCAP Award for Adventurous Programming, as well as the CMA/WQXR Award for their debut self-released CD "Umoja." In 2006 Imani Winds was nominated for a Grammy Award for their recording "The Classical Underground."

Imani Winds is composed of flutist Valerie Coleman, oboist Toyin Spellman-Diaz, clarinetist Mariam Adam, French horn player Jeff Scott and bassoonist Monica Ellis.

The Imani Winds concert continues Bay Chamber Concerts' 2007-2008 Performing Arts Series. The series concludes with a Big Band Dance Party with the Glenn Miller Orchestra on Saturday, May 17, featuring a dance lesson from Swing & Sway, refreshments and the music of the greatest bandleader of all time.

Tickets to Imani Winds are \$24 to \$32 for adults, \$8 for youth ages 25 and under. Discounts are available for groups of eight or more. For more information, call 236-2823 or visit www.baychamberconcerts.org.



SAVINGS SPECTACULAR

BEST PRICE • BEST SELECTION

Free Rotation & Flat Repair for the Life of Your Tires

ALL MAJOR BRANDS

50% OFF

PORCH SALE

rain date may 10

Starting at 10 AM

SATURDAY

MAY 3

Celebrating our 2nd season at

Seagull Cottage

325 ATLANTIC HWY. (RT. 1) WARREN (3 MILES N. OF RT. 90) TEL: 273-2902
www.maine-seagullcottage.com

AUTO REPAIR and TIRES

We specialize in SERVICE before, during and after the sale.

Servicing foreign and domestic cars and trucks.

70 Park Street, Rockland
594-5250








Serving Your Automotive Needs Since 1946

www.easterntireinc.com

594-5250
70 Park St., Rockland
www.easterntireinc.com

\$50 OFF
BRAKE REPAIR

Not to be combined with any other offer.
One coupon per customer. Expires 12/31/08.

594-5250
70 Park St., Rockland
www.easterntireinc.com

FREE WIPERS
with purchase over \$50

Not to be combined with any other offer.
One coupon per customer. Expires 12/31/08.

594-5250
70 Park St., Rockland
www.easterntireinc.com

FREE OIL CHANGE
with purchase of any 2 tires

Not to be combined with any other offer.
One coupon per customer. Expires 12/31/08.

594-5250
70 Park St., Rockland
www.easterntireinc.com

FREE ALIGNMENT
with any suspension repair

Not to be combined with any other offer.
One coupon per customer. Expires 12/31/08.

594-5250
70 Park St., Rockland
www.easterntireinc.com

4WH-ALIGNMENT for \$54⁹⁵
regularly \$79⁹⁵

Not to be combined with any other offer.
One coupon per customer. Expires 12/31/08.

594-5250
70 Park St., Rockland
www.easterntireinc.com

WHOLESALE PRICE
on any tire purchase

Not to be combined with any other offer.
One coupon per customer. Expires 12/31/08.

ENTER TO WIN a \$500
Gift Certificate

Entries must be submitted by May 2, 2008

Name _____

Address _____

Phone _____

ALL ENTRIES MUST BE DROPPED OFF AT EASTERN TIRE, 70 PARK STREET, ROCKLAND



More than 20,000 fans of the public radio show “This American Life” voted to see host Ira Glass beamed in a live show via satellite into select movie theaters nationwide. The event will feature never-before-seen stories and outtakes from the second season of the show’s television series, an audience question-and-answer session, a radio segment and more. “This American Life – Live!” will originate at the Skirball Center for the Performing Arts on the campus of New York University and will be broadcast in high definition to theaters nationwide, including the Strand Theatre in Rockland, on Thursday, May 1, at 8 p.m. Tickets are on sale for \$20.

“We’re always looking for a new way to do a great, fun event,” says Glass. “And it’s exciting to think we could do that event in hundreds of cities simultaneously. With popcorn. Usually our fans don’t get to enjoy our show with popcorn.”

Because the idea for the cinema event was so new, Glass wanted to gauge fans’ interest through a survey. “We thought maybe a couple hundred people would fill it out,” says Glass. “We looked at the survey results and more than 20,000 people had told us they

wanted to see the show in theaters. After that, we had to do the event.” “This American Life – Live!” features an opportunity for fans to interact with Glass via a question-and-answer session. Fans may e-mail a question in advance to ask@thisamericanlife.org; select questions will be answered by Glass during the evening.

“This American Life” debuted in 1995 as a weekly, hour-long radio program produced by Chicago Public Radio and distributed by Public Radio International (PRI). Now heard by more than 1.7 million listeners weekly on more than 500 PRI affiliate stations nationwide, the program is one of the most popular podcasts in America. Primarily journalistic non-fiction, the show also features fiction, essays and field recordings. The show has won many major broadcasting awards including the Peabody, duPont-Columbia and Edward R. Murrow awards. In 2001, Time magazine named Glass the “Best Radio Host in America.”

In 2007, the television version of “This American Life” premiered on the Showtime Network. The program received three Emmy nominations and an International Documentary Association award during its first season.

Folk Musicians from Rajasthan Performing in Camden on May 9

Rajasthani troupe Merasi from India will be performing sacred and folk music at the Camden Opera House on Friday, May 9, at 7:30 p.m. All proceeds from this performance will be donated to the Merasi non-governmental organization Lok Kala Sagar Sansthan. The performance concludes a week during which the Merasi worked with the North Haven Community School, Rockport Elementary School East and West and the kindergarten classes at the Camden-Rockport Middle School.

The Merasi are a community of impoverished lowest-caste musicians who live in Rajasthan, a sprawling desert state in northwestern India. Their music descends from a 37-generation-old musical legacy that is on the verge of extinction due to India’s rapid modernization. The Rajasthani folk music encompasses local mystical teachings, the history of the maharajas and the pulse of life’s events in the Thar Desert. Audiences will find that despite language differences, the expression of spirit conveyed in each performance is part of a universal voice recognizing common bonds, rather than disparities. The “Hearts with Hope” tour presents an unusual opportunity for cultural and musical exchange.

“Music is our life,” says troupe leader Sarwar Khan. “Without music we cannot live.” Music is the livelihood of the Merasi and their only means of income. The Merasi are raised from birth as musicians, beginning with clapping and singing, and they have been passing on their songs orally for over 800 years. As children, they are taught to play every one of their ancient instruments, but each family contains several masters of one particular instrument. Each of the Merasi can sing, play all



forms of percussion and the harmonium and some still play the ancient string instrument kamaicha or various wind instruments. Many girls are raised to be dancers, learning at an early age elaborate moves, *mudras*, that accompany the music, each of which has a specific meaning and history.

Traditionally, the Merasi were honored court musicians to the Rajput kings as well as revered as the keepers of sacred Hindu devotional songs. Today, the Merasi are considered to be lowest of all castes. Every day, the Merasi risk abuse and mistreatment from the upper-caste communities, yet they continue to play and perform their music with spirit and vitality. For many, it is all they have with which to express themselves in a world where they have no voice or freedom.

Tickets to the performance are \$20 for adults and \$7 for children under age 18. Tickets are available at Rock City Books & Coffee in Rockland, Wild Rufus Records in Camden and Fertile Mind Bookshop in Belfast, or by calling 323-2253. For more information about the “Hearts with Hope” tour, view the Web site at www.merasi.org.

BEAUTIFUL *you*

The perfect *natural* tan in minutes.



Experience some of the purest, safest, quickest indoor tanning in the world – *relax and be the most beautiful you.*

Working with your body’s natural melanin, Sun FX Professional Spray-on Tan creates a safe, natural tan in minutes. Each application is carefully applied using an airbrush technique to suit your unique skin color and desired effect. The perfect solution for an upcoming event or vacation.



Exclusively at



SKIN · MASSAGE · YOGA

(207) 354-1170

Please call ahead for an appointment

641 St. George Rd., S. Thomaston, ME 04858

www.beautymarkspa.com

Anticipate your wireless costs with confidence.

Get a Prepaid Plan with Free Incoming Calls and Text Messages.

<p>LG UX145 RECORD YOUR OWN RINGTONES \$19.95 After instant savings.</p>		<p>SAMSUNG u340 WITH CAMERA \$49.95 After instant savings.</p>	
<p>With our \$45/month Prepaid Plan, you get:</p> <ul style="list-style-type: none"> • Free Incoming Calls • Free Incoming Text Messages • Free Nights Beginning at 9 p.m. • 350 Anytime Minutes 		<p>KYOCERA VELVET K132 ASK US ABOUT THE DIFFERENT TEXT MESSAGING PLANS THAT ARE AVAILABLE WITH THE VELVET 1¢ After instant savings.</p>	

U.S. Cellular is wireless where you matter most.™

Discover the difference: Put our network, products and customer service to the test for 15 days.



Airwaves

Gift Certificates Available
“Customer Service is Our #1 Priority.”

Things we want you to know: Promotional offer requires activation of a new Prepaid Wireless service. Prepaid Wireless Wide Area Plan minutes and coverage rates apply to home area calls. In order to receive plan minutes, the monthly charge must be paid before your monthly charge date. You will be unable to use your phone, including any package or free minutes, if the account balance is negative at any time. You may be charged at any time of day on your monthly charge date and should refill before that date to avoid service interruption. Nationwide roaming, directory assistance and international calls require additional funds in your account to complete the calls. For coverage and restrictions, see coverage map within brochure. Promotional Phones are subject to change. Free Incoming Calls are only available on plans \$45 and above. Free Incoming Calls are not deducted from package minutes and are available only when receiving calls in your wide calling area. Unlimited Night Minutes valid Monday through Sunday, 9:00 p.m. to 5:59 a.m. Network coverage and reliability may vary. Usage rounded up to the next full minute. 15-Day Guarantee: You may cancel the service within 15 days of the date you activated service and receive a refund of all money paid at time of activation less the \$30 activation fee. Your phone must be returned undamaged with the original packaging. Use of service constitutes acceptance of our terms and conditions. Other restrictions apply. Limited-time offer. ©2008 U.S. Cellular.

PREP2STAN-ADSP-A-4/08

TALE OF TWO FARMS continued from page 1

side pasture to the barn on the north side of the road, often waiting until a polite tractor trailer would stop and hold up the traffic so she could drive the herd across the road. In addition to operating a milking farm, the Ericksons raised much of the food they ate, including many varieties of apples and grapes, which still grow on the property today. Marieta recalls that, growing up, her family, whom many residents remember from the time when they delivered milk and butter to their homes, needed to purchase only sugar and coffee from the local store.

Aldermere Farm, in contrast, lies on a scenic back road that winds its way from Rockport to Camden along the coast. Since 1953 Aldermere has been home to a herd of 100 well-loved Belted Galloway beef cattle, purchased by the farm's former owners, the Chatfield family, who bequeathed the property to Maine Coast Heritage Trust in 1999. Three agricultural easements protect the agricultural, scenic and ecological values of Aldermere. The farm has 61 acres of grazing fields, 64 acres of mixed woodlands and scenic frontage on Penobscot Bay and is operated as a working farm, managed by Ron Howard, whose father managed the property under the Chatfields. Aldermere sells its grass-fed beef to area restaurants such as Primo in Rockland and The Edge in Lincolnville, as well as to area co-ops and individuals. In addition, Aldermere has a mission to educate the community and encourage sustainable agriculture with programs such as Farm Hands, which allows young participants to work with the Beltie calves, as well as workshops on land conservation, gardening, pasture management and raising beef cattle. Seasonal recreational events include moonlight cross-country ski tours, sap-to-syrup days, the annual calf unveiling and an art show and sale.

The future of these two farms, one a former family farm, the other the former estate of a gentleman farmer, is intimately intertwined. While the Erickson family no longer has its milking herd, under a handshake agreement with the family, Aldermere has been grazing some of its Belties in the Route 90 pastures. In addition, they have been cutting and baling hay for winter feed for their own cattle and also supplying hay to area farms that raise cattle, horses, sheep and alpacas. "It's become nice niche for us, to provide local hay," says Howard. But about a year ago, the Erickson fam-



The Erickson Farm, as seen from the top of the Route 90 pasture

ily decided they had to put the land up for sale. The sign at the side of the road read "90+ Acres, zoned commercial or residential," and the property could easily have become the latest piece of farmland to be gridded into house lots. Instead, a collaboration between Maine Farmland Trust (MFT) and Aldermere resulted in the purchase of the land last July, with the goal of permanently protecting all of the open farmland and a good portion of the woodland through an agricultural easement. MFT borrowed the money to secure the farm, and once the loan is repaid the land will be conveyed to Maine Coast Heritage Trust to ensure that the fields will forever be available to Aldermere Farm.

Beyond retaining working hayfields and pasturage as well as scenic vistas out over the Camden hills, the Erickson property also will provide many opportunities for creative community involvement. On a recent afternoon Howard pointed out some of the features of the land. From the top of the pasture, the sound of traffic from Route 90 is a hum as subdued as that of foraging bumblebees. It's easy to envision students and teachers from the nearby Rockport Elementary School, Ashwood School and Camden Hills

Regional High School (CHRHS) hiking and exploring in the fields and woodlands, or cross-country ski trails made accessible in winter. Howard points out a beautiful five-acre field that slopes down to the road that will be available for community gardens and for some kind of gardening projects that will involve the students in growing their own food. Susan Boivin, assistant director of food-service at CHRHS, has already agreed to purchasing produce from local growers that would equal the amount of any produce raised on the farm's fields. Howard says he is "cautiously moving forward" with a plan to involve a group of students in logging and cutting cedar at Aldermere to be used in raised beds on the field. A local Master Gardener has volunteered to help grow vegetables this summer.

The partnership of Aldermere and MFT has already raised \$600,000 of the \$1,100,000 total acquisition costs, which included purchase, appraisal, survey, taxes and debt service. The \$600,000 came from early pledges and a federal grant. This week a capital campaign was launched

to involve the community in raising the the rest of the money needed to repay MFT's loan — \$500, 000 — by July. Brochures were mailed to 7,000 homes in the Five Town school area detailing the unique opportunity the community has to keep a large tract of productive farmland working and be engaged in supporting sustainable agriculture in the area. As an informational brochure put out by MFT states, "In the last 15 years, we have lost more than 800,000 acres of rural land to development, the highest percentage of any state except Virginia." However, contrary to popular opinion, farming in Maine is not dead, or even dying. In the last few years, "great and growing opportunities for smaller farms" have developed with local markets, with the result that "the numbers of farmers and acres in production are now both increasing." The purchase of the Erickson property could revitalize farming in the coastal region and preserve a piece of the landscape to be enjoyed for generations.

Gifts to the Erickson Farm campaign can be made payable to Maine Farmland Trust
97 Main Street
Belfast, ME 04915

2007-2008 performing arts series
ROCKPORT | CAMDEN | ROCKLAND | OWLS HEAD

Imani Winds

Sunday, April 27, 2008, 2:30 p.m.
STRAND THEATRE, ROCKLAND

Grammy-nominated Imani Winds will floor you with the hot sounds coming from their cool ensemble. It is a wind quintet (flute, oboe, clarinet, French horn, bassoon) comprised of African-American and Latino musicians who combine their rich cultural background with the classical tradition.

Bay Chamber CONCERTS
SPONSOR: Jonathan Frost Gallery & Frame Shop

Camden National Bank
Youth & Family Programs Underwriter

Adults \$27-\$35, Youth (ages 25 and under) \$8

For Tickets Call (207)236-2823
www.baychamberconcerts.org

BAY CHAMBER CONCERTS

SPRING INTO BIKES & BOATS

AT MAINE SPORT!

CHECK OUT OUR NEW OLD TOWN SHIPMENT!

CANOEES & KAYAKS

- ◆ Road Bikes
- ◆ Mountain Bikes
- ◆ Hybrids ◆ BMX
- ◆ Kids Bikes ◆ Trek
- ◆ Gary Fisher ◆ Raleigh

Expert Staff!

- ◆ Impex ◆ Old Town
- ◆ Perception
- ◆ Wenonah ◆ P&H
- ◆ Native
- ◆ Current Designs

MAINE SPORT

ROUTE 1, ROCKPORT 236-7120
OPEN EVERY DAY
www.mainesport.com

Jazz Concert Celebrates Havenstein's 85th Year

On Saturday, May 3, Skidompha Library will present the fourth annual "Jazz in..." concert, this time to celebrate the 85th birthday of Muriel Havenstein, at 7:30 p.m. in the Opera House at Boothbay Harbor. Tickets are \$25 and are available at the Maine Coast Book Shop and Café and Skidompha Library in Damariscotta and at I'm Puzzled in Nobleboro. All proceeds will benefit Skidompha Library. For information, call 563-5513. Downeast Energy is sponsoring the event.

Born and raised in Manhattan, Havenstein started playing the piano in 1939 at age 16. In 1942, she joined the all-girl jazz group Estelle and the Brunettes. Their performances took them from Philadelphia to Miami. While playing at a club in Philadelphia, Muriel met Bob Havenstein and they were married after World War II, in 1947. She spent most of the next 25 years raising two daughters and a son. The 1960s found the Havenstein family in the Damariscotta area, where she resumed her musical career.

Damariscotta businessman and jazz artist Dave Page fondly remembers that Havenstein gave him his first gig, accompanying her on his drums at Northey Square, a club in Damariscotta that was located where Weatherbird is today. The club became a haven for jazz, Page recalls. Performers included Page's brother, pianist Bob Page, Al Delgado, Brad Terry, and T.J. Wheeler. Havenstein likes to tell the story of when Dizzie Gillespie, on hearing her play at a Camden restaurant, told her, "You gassed me!"

Havenstein still plays all over New England, appearing as the featured pianist at festivals and special events. She has become known for her "relentlessly energetic style." Page adds, "Well, at almost 85 years young, that style continues to become more relentless every year." He cites that energy as one main reason that the very best jazz artists in New England want to jam with her whenever they get the chance.

Playing with Havenstein for Skidompha's fourth "Jazz



Muriel Havenstein will celebrate her 85th birthday by performing with friends at the Opera House at Boothbay Harbor on May 3. Below, Havenstein is at far left in her all-girl jazz group Estelle and the Brunettes in 1942.



Above, the young jazz pianist in the '40s



in..." concert will be three of the original "Jazz in June" group from 2005: Noel Kaletsky on sax and clarinet, Scotly Philbrick in coronet and guitar, Gary Gemmiti on drums, and, this year, Lou Bocciarelli on bass.

Community Economic Development Expert to Speak at Skidompha

Rising Tide Community Market will present a talk by community economic development scholar Dr. Michael Swack entitled "Building a Local Economy Through Cooperation" on Friday, April 25, from noon to 1 p.m. in Skidompha Library's Porter Meeting Hall, Damariscotta. Swack's talk will focus on the benefits of local agriculture to the midcoast area as well as the design, implementation and management needed to achieve local economic success.

Swack holds a master's degree from Harvard University and a doctorate from Columbia University. He is the founder and dean of the School for Community Economic Development at Southern New Hampshire University. A community economic theorist in the field of development finance and banking, Swack is considered a pioneer of community development lending and investment. He currently serves as the president of the Center for Community Economic Development and was a founding member of five community-development financial institutions.

The financing of Rising Tide's relocation project depends heavily on a member loan program. This program allows members (owners) to invest in their community by loaning funds that will decrease the co-op's reliance on outside lenders. Nonmembers who are interested in supporting the project financially are encouraged to donate to the co-op or consider becoming a member. Representatives from Rising Tide will be available after the talk to discuss these options.

"We are very grateful to Dr. Swack for sharing his knowledge with our community. We know that Rising Tide's success and the success of all local business is directly linked to the strength of our community," says Scott Cooper of Rising Tide Community Market.

Following the talk, members of the community can take part in a discussion with Swack about the future of the local economy. For more information, call 563-5556.

ROCKPORT 3 BLUEPRINT
 Art Supplies
 Frames • Paper
 Fine Pens

IT'S CANSON MONTH
 Watercolor
 Sketch Pads
 up to 40% Off!

24 Main St. • Camden
 800-698-2696 • 236-2696

Wild Rufus
 22 Main Street
 Camden, ME 04843
 207-236-2263

Easily the Most Eclectic
 and definitely the coolest
 Record Shop in Camden

**CDs - Vinyl
 T-Shirts - DVDs
 Play Station
 Games**

**SHOP LOCALLY IN
 DOWNTOWN CAMDEN**

UNIQUEONE
 Sweaters & Yarn

**KEEPING YOU
 WARM FOR
 OVER 30 YEARS**

Enjoy the beauty and
 comfort of our special
 Maine-crafted sweaters.
 We carry knitting supplies.
 Over 30 years keeping you warm!

2 Bay View St., Camden
 236-8717
 Open 7 Days
 www.uniqueone.com

Critter Outfitter
 Provisions for Pets

Mention This Ad
 Save Additional
20% off
 General Merchandise

And First Time Ever
10% off ALL PET FOOD

56 Elm Street
 Camden • 230-0037

22 Main Street
 Camden, ME 04843
207-236-2263

Wild Rufus
Wish You Were Here
 Find Exactly What You're Listening For
Stairway to Music

Jazz | Hard Rock | ROCK 'N' ROLL | Alternative | BLUES | Classical | Folk | Country | RAP & DANCE & HIP HOP

MUSICALS | SOUND TRACKS | INDIE MUSIC | INTERNATIONAL | IMPORTS | BOX SETS

Everyone

THEO B. Camisole and company

Allow bamboo clothing to indulge you with its unrivalled softness and impress you with its lasting strength.

Helping the world never felt so good...

www.theo-b-camisole.com
 24 Bayview St., Camden • 236-0072

SUPPORT YOUR DOWNTOWN

Maine Poet Laureate Reads at Waterfall Arts



Betsy Sholl, Maine's poet laureate, will read selections of her work and discuss the creative process on Monday, April 28, beginning at 7 p.m. at Waterfall Arts in Belfast. Sholl's talk is part of the monthly Artist Lecture Series, which features presentations by regionally and nationally recognized artists, poets, writers and art historians.

Sholl has published six collections of poetry, including *Late Psalm* in 2004. Reviewer Chivas Sandage wrote that "A psalm is a poem meant to be sung, and Betsy Sholl's *Late Psalm* is filled with narrative, rhythmic jazz songs meant to be spoken. The collection's central metaphors revolve around sound, song, and speech — bird, musician, singer, writer and speaker are woven throughout."

Sholl has received many awards for her work including the 1997 Felix Pollak Prize from the University of Wisconsin for *Don't Explain*, and the AWP Prize for Poetry. Her chapbooks include *Pick a Card*, winner of the Maine Chapbook Competition in 1991, and *Betsy Sholl: Greatest Hits, 1974-2004*. She was a founding member of Alice James Books and published three collections with them, *Changing Faces*, *Appalachian Winter* and *Rooms Overhead*. Among her awards are a fellowship from the National Endowment of the Arts and two Maine Writer's Fellowships. Her work has been included in several anthologies, including *Letters to America*, *Contemporary American Poetry on Race*, and a range of magazines including *Field*, *Tri-quarterly*, *Brilliant Corners*, *The Kenyon Review*, *The Massachusetts Review* and *Beloit Poetry Journal*. She has been a visiting poet at the University of Pittsburgh and Bucknell University. She lives in Portland and teaches at the University of Southern Maine and in the MFA program of Vermont College. In 2006, Sholl was chosen to be the third poet laureate of Maine, a five-year position named by the governor.

Admission to Sholl's reading is \$5 at the door, with free admission for high school and college students. Waterfall Arts is located at 256 High Street in Belfast. For more information, call 338-2222 or visit www.waterfallarts.org

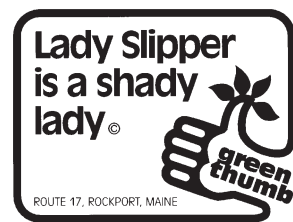
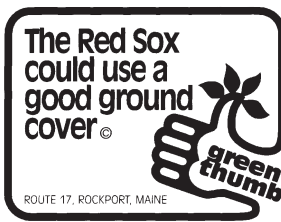
WE HAVE YOUR TIRES



- BEST PRICE**
- BEST SELECTION**
- FREE ROTATION & FLAT REPAIR FOR THE LIFE OF YOUR TIRES**
- ALL MAJOR BRANDS**



Three Generations of Family Service
 70 Park St., Rockland • 594-5250 • www.easterntireinc.com



The BHB Bank Call Center Team
 Seated: Donna Hutton, Standing (l-r): Erica Goggin, Michelle Rafferty, Bridgette Shorey

GIVE US A CALL!

You'll notice the difference!

We're delighted that our customers frequently tell us we have the best, most responsive Call Center of any bank. Callers are pleased and surprised that a "real person" rather than a machine answers their calls. Our knowledgeable Call Center professionals can open accounts, complete transactions, solve problems and answer questions.

To hear a helpful, friendly voice, call us today. We would love to hear from you!
 Call us at 288-3314 or 1-888-853-7100!



Open a new personal checking account by May 15 and your first order of standard checks is free!

MEMBER FDIC Visit us on the web at www.BHBT.com or call us at 1-888-853-7100.

What's on your horizon?

CARS CAN KILL KIDS

NEVER, NEVER, NEVER, NEVER
 LEAVE KIDS ALONE IN AND AROUND VEHICLES.

NOT EVEN FOR A MINUTE!

- Kids can set the vehicle in motion
- Kids might leave the vehicle to look for you
- Your child can be abducted
- Temperature inside a car can reach deadly levels in minutes
- Keep vehicles locked at all times—even in the garage or driveway
- Never leave keys within the reach of children
- Teach children never to play in and around vehicles

WE and the Kiwanis Club of Rockland care about you and the safety of your children.



Kiwanis is a global organization made up of volunteers dedicated to changing the world one child and community at a time



NEVER leave children alone in or around cars
www.kidsincars.org



Still life by
Lois Dodd

Two New Exhibits Opening at CMCA

The Center for Maine Contemporary Art (CMCA) invites everybody to open their eyes, not just to the obvious beauty of the midcoast as summer begins but also to the beauty that can be found in unexpected places. Two exhibitions opening on Friday, April 25, with a public reception from 5 to 7 p.m., play with the notion of sight. "Lois Dodd: Directly Considered" is comprised of small works the artist executed on-site, while "The Gleaners" assembles an array of objects not usually intended for aesthetic consumption, yet still inviting discovery of their beauty.

Dodd has painted the beauty of ordinary and quite extraordinary places in the six decades that she has been associated with Maine. "Lois Dodd: Directly Considered" pays homage to Dodd's talent to create small gems of beauty from direct observation of her surroundings. The new exhibit assembles over 50 paintings, ranging from nudes to night scenes, windows to woods.

CMCA invited found-object artist Jesse Gillespie to assemble items collected by artists and other creative people for the exhibition "The Gleaners," located in the Loft Gallery. Gillespie explains that the word "glean" means "to gather grain left behind by reapers" or "to gather bit by bit." In displaying these discarded yet newly valued objects, the artist proposes that the identity or art of a given thing may lie simply in our recognition of it as such. The pieces were not created as aesthetic objects but rather for mundane use, such as a pitcher, or a wheel. After spending time with the shapes and surfaces, viewers may recognize their inherent beauty and possibly carry this new awareness outside of the gallery walls.

For more information, call 236-2875 or visit www.cmcanow.org.

Oyster House Studio Hosts Aviation Art



Aviation art, aviation photography and aerial photography by Eric Michelsen will be shown at the Oyster House Studio and Frame Shop, 25 Friendship Street, Waldoboro through May 31. A reception for the artist will be held on Saturday, April 26, from 4 to 6 p.m. The public is invited.

An aviation enthusiast since a child, Michelsen started his career as an aviation painter on Cape Cod, depicting the aircraft of the 102nd Fighter Wing at Otis Air National Guard Base. He was a photographer, videographer and graphic artist for the ANG unit. His painting commissions include mural size oil paintings for the 102nd at Otis, the 143rd Airlift Wing of the Rhode Island Air National Guard, and smaller oils and drawings for private aircraft owners and military personnel.

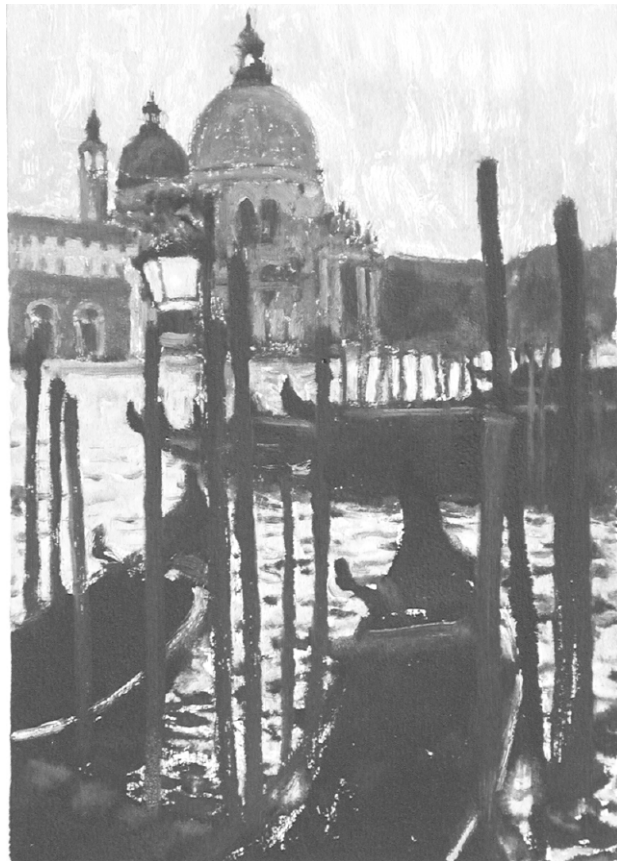
Michelsen and his wife, Yvette Bouchard, run the Oyster House Studio and Frame Shop and live in Waldoboro.

Doug Smith Monoprints Exhibit at Zoot Coffee

Douglas Smith will exhibit a selection of monoprints at Zoot Coffee in Camden during the month of May. He created this series of monoprints in his Camden studio during the winter of 2006-7, using images from paintings done in Venice on trips there in 1995 and 1998. This series of monoprints is his first extended foray into printmaking.

Zoot Coffee is located at 31 Elm Street in Camden. Hours are Monday through Friday, from 6:30 a.m. to 5 p.m., Saturday, 9 a.m. to 5 p.m. and Sunday, 9 a.m. to 3 p.m.

To purchase works, contact the artist at 570-8775.



"Twilight, Grand Canal," monoprint by Douglas Smith



John Whalley Talk at Skidompha Library

Artist and Damariscotta Mills resident John Whalley will be the speaker at Skidompha Library's May "Chats with Champions" at 9:30 a.m.,

Thursday, May 1, in the Porter Meeting Hall, Damariscotta. The public is invited and attendance is free.

"From Still Life to Real Life" will be the subject of Whalley's talk. He is well known in the art world for his drawings and his work is included in Carl Little's recently published book of Maine artists, *Paintings of Maine*. Whalley and his work were featured on WCSH Channel 6 on "Bill Green's Maine" in December, 2007, and two of his drawings were included in the Portland Museum of Art's "Graphite" exhibition last fall.

Whalley has a penchant for finding beauty hidden in common everyday objects, old tools and nature items. Recently, he had a one-man show, "In New Light," at the Coral Springs Museum of Art in Coral Springs, Florida. Other presentations have included the Georgia Museum of Art and the Maine Center for Contemporary Art. Whalley is represented by the Greenhut Galleries of Portland and the Spanierman Gallery in New York City.

Free Family Saturday at the Farnsworth

On Saturday, April 26, the Farnsworth Art Museum will be free of charge to visitors as it celebrates another Free Family Saturday. On the last Saturday of the month, from October through May, the museum waives its admission fee and also provides an activity at the Gamble Education Center.

On this first day of a two-part Free Family Saturday activity, students will create a quilt sampler similar to one in the Farnsworth Homestead. Working with Cheri Tamm Raymond, students will make an 8-inch, hand-stitched Victorian crazy quilt block. Students may then sign up for the second part of this activity, which will take place on Saturday, May 31. Led by Michelle Smith of Stitchery Square in Camden, students will embellish their block with traditional crazy quilt fancy embroidery stitches.

Due to limited space, registration is recommended. For more information or to register, call 596-0949.



Sommelier Cabinet by Terry Werner
PHOTO BY JIM DUGAN

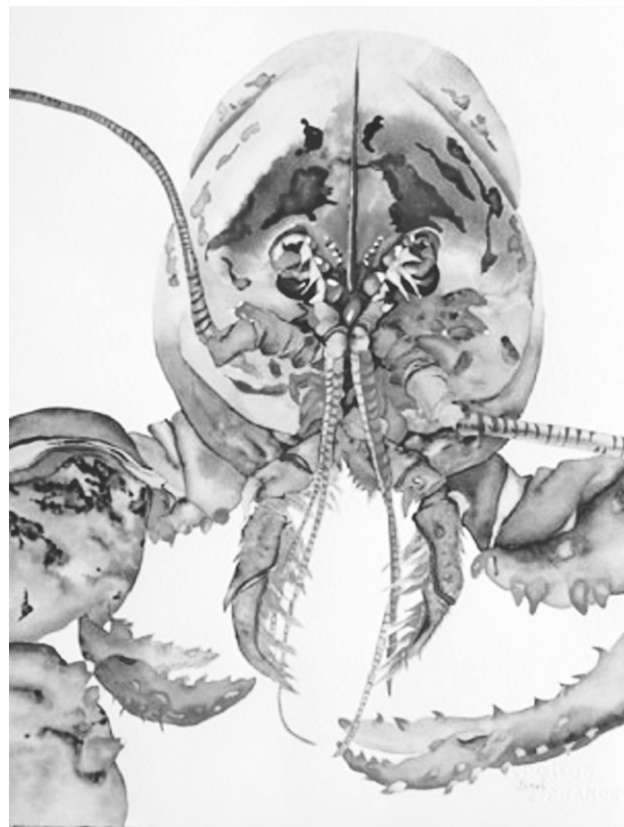
Current Student Work at Center for Furniture Craftsmanship

The fourth annual "Current Student Work" exhibition opens Friday, April 25, at the Center for Furniture Craftsmanship's Messler Gallery. The public is invited to attend the opening reception from 5 to 7 p.m.

Thirteen nine-month comprehensive students arrived at the Center last September with backgrounds in software technology, carpentry, farming and writing. Coming from places ranging from Vallejo, California, to Brunswick, Maine, they shared the goal of immersing themselves in the art of furniture making. Under lead instructor David Upfill-Brown and a dozen visiting instructors, students have spent the past seven months mastering new skills through a series of progressively more demanding projects.

Exhibiting students include Brycen Boom from Colorado, Cale Caboth from Iowa, Patrick Downes from Vermont, Mark Foehl from Pennsylvania, Mark Juliana from Oregon, Will Karnedy from Vermont, Mason McBrien from Maine, Tim Nuanes from California, Drew Peck from North Carolina, Myrl Phelps from New Hampshire, Chad Ruple from Colorado, David Smith from Massachusetts, and Terry Werner from Pennsylvania. Their one-of-a-kind designs will be on display through May 30 and many will be offered for sale.

Gallery hours are 9 a.m. to 5 p.m., Monday through Friday, and 10 a.m. to 4 p.m. on Saturday. The Messler Gallery is located on the campus of the Center for Furniture Craftsmanship at the corner of Route 90 and Mill Street in Rockport. The exhibition can also be viewed on the Center's Web site www.woodschooll.org. For more information, call 594-5611 or e-mail cfc@woodschooll.org.



Something Fishy — "Lobster Homarus Blue," a watercolor by Jean Kigel, is part of the Maine Art Gallery's 2008 opening exhibition, "Something Fishy." An artists' reception will be held on Thursday, May 1, from 5 to 7 p.m. at the gallery, located on Warren Street in Wiscasset.

Premiere of *Gilgamesh* at Heartwood Theater in Damariscotta

Heartwood Regional Theater Company announces the premiere of *Gilgamesh*, an original piece. For five years, this local theater company's focus on ensemble playing, collaboration and excellence has brought together diverse artists in music, dance, puppetry, masks, music, visual art and acting. Collaborative projects such as Lorca's *Blood Wedding*, the Russian fairy tale *The Snow Maiden*, and last year's *Grand Design* have set the stage for the theatre's most challenging collaboration to date.

Gilgamesh will open on Friday, May 2, at 7:30 p.m., in the Parker B. Poe Theater at Lincoln Academy in Newcastle, followed by evening performances on Saturday, May 3, and Friday to Saturday, May 8, 9 and 10. Matinees will be given on Sunday, May 4 and 11 at 3:30 p.m. Reservations, recommended for all shows, can be made by calling Heartwood at 563-1373 or e-mailing heartwoodrtc@roadrunner.com. All tickets are general admission, \$22 in advance, \$25 at the door.

Playwright and director Griff Braley says, "This whole project began last spring, when I read a fascinating article in Smithsonian called 'Epic Hero,' by professor David Damrosch. I contacted Damrosch at Columbia University, and with his encouragement, I planned a fall research trip to London. There, in both the British Museum and the British Library, I discovered a good deal of information connected to the epic [of *Gilgamesh*], to George Smith and to the archeology of what the British Museum refers to as the 'Near East Collection.' I met and spent a good deal of time with both a head curator in the study room at the British Museum and one of the most well known translator/scholars in the field, A.R. George. These days in London gave me a rising sense of reality and excitement about the project."

Returning to Damariscotta, Braley finalized the support of collaborators Carol and John Farrell, creators of Figures of Speech Theatre Company in Freeport; dance choreographer Sarah McCormick, Bates College instructor; local visual artist George Mason; percussionist Shamou, leader of the Portland-based band Loopin'; and vocalist/teacher Andrea Goodman of Boothbay.

Script sessions with the Farrells throughout the winter produced a first draft for the players, including John Strong, Steve Shema, Jake Lewis, Elise Voigt, Lee Roberts, Kent

Cooper, Elizabeth Guest, Mary Linda Rapeleye, Nancy Durgin, Elliot Scott Cumming, Noah Gottlieb, Joe Lugosch, Alex Gardiner, Jeanette Schaible and Alex Braley. Production crew members include Erica Qualey, Chris Martin, Jake Braley, Meg Lydon, Sue Ghoreyeb, August Delisle and Anne Thompson. More Lincoln Academy students will staff the running crew and assist with final tech work.

The ancient Epic of *Gilgamesh*, the story of a warrior king of Sumeria who reaches the heights of human prowess only to come face-to-face with mortality, parallels the life of George Smith, a now little-known British Assyriologist, who died in Iraq in 1876 while on his third trip to the region under the auspices of the British Museum. Smith, a print shop apprentice who taught himself to decipher cuneiform on his lunch hour visits to the museum, rose to prominence as an archeologist with his unusual discoveries and prodigious output. This play follows Smith into the desert where he, too, confronts his own mortality.

Set in an alternate world where archeologists, Sumerian kings, gods and goddesses, and tellers of tales can all meet, Heartwood's *Gilgamesh* delves into the psychological, spiritual and historical in large doses. The original script is influenced by Jungian literary interpretation, as well as wide-ranging research in the areas of anthropology, literary texts, and personal narrative.

"Even with a project of this scale," Braley says, "on our lim-



Left to right: front row, Andrea Goodman, Lee Roberts, Elise Voigt; back row, Steve Shema, Shamou

ited budget and timeline, we are thrilled with the many fast-growing developments, including the discovery of a number of new actors to participate in the ensemble, the formation of many first-time working relationships, and the joy of problem solving around the constant artistic demands which present themselves as we follow the path to *Gilgamesh*. Of course, the world's current focus on the Middle East brings a certain element of interest and tension to the play as well. As in the past, we are doing our best to follow the inquiry, as opposed to working from predetermined positions. It's the hardest part of collaboration, and certainly the most rewarding."

For developing information on historical background and collaborators, suggested reading lists and photos, visit Heartwood's Web site www.heartwoodtheater.org.

COASTAL MAINE SCENIC TRAIN RIDES

A Special Mother's Day Excursion!

MOMS RIDE FREE!
MAY 11
ON
MOTHER'S DAY

A special Mother's Day only round trip excursion from Rockland to Wiscasset.

(Train departs Rockland 11:00 AM)

Please call for reservations!

Our Regular Schedule Begins May 24

Round trip service between
Brunswick & Rockland
with stops in Bath & Wiscasset

Schedules, Information, & Ticket Sales at
866-ME-RAILS **207-596-6725**
Passenger Services Reservations

www.maineeasternrailroad.com

INTERIORS BY JANIS STONE



CREATING THE COMFORTS OF HOME

- Interior Decorating & Window Treatments
- Fine Fabrics & Wallpapers
- Custom Upholstered Sofas & Chairs
- Handcrafted Tiger Maple & Cherry Furniture
- Area Rugs & Accessories

207. 338. 2204
www.jstoneinteriors.com
Rt. 1 & Northport Avenue
Belfast, ME

"Buying Old Scrap Gold & Silver"

Bruce Gamage Antiques

467 Main St.

Rockland, Maine

594-4963 or 691-0654

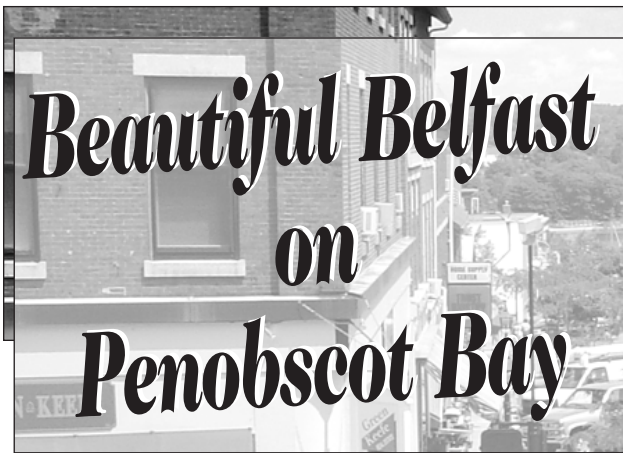
Cash paid for old rings, watches, U.S. silver coins – 1964 and before, silver dollars, gold coins, sterling silver, And More.

Take advantage of these high gold and silver prices and clean out your jewelry box for some extra cash!!

Items will be weighed and priced as you wait!



Bruce Gamage Antiques
467 Main Street • Rockland, ME



106 HIGH STREET, BELFAST, MAINE 04915 • 207-338-3884 www.belfastlibrary.org
April Programs at Belfast Free Library

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Hours: Mon. - 9:30-8 Tues. - 9:30-6 Wed. - 12-8 Thur. - 9:30-6 Fri. - 9:30-6 Sat. - 10-2 Sun. - Closed	1 Let's Talk About It: Film: <i>The Makioka Sisters</i> 6:30pm	2 Chess Club 5-7:30pm	3 Lapsitter Story Hour 10am WERU Goes to the Movies <i>Theremin: An Electronic Odyssey</i> 7pm	4 Pee Wee Picnics 11am Opening Reception: An Eye On Dance 5-7pm	5	
6	7 MSBA Final Discussion 6pm	8 Let's Talk About It: Japanese Fiction 6:30pm	9 Chess Club 5-7:30pm	10 Lapsitter Story Hour 10am First Light Midwives Presentation: 6-8pm	11 Pee Wee Picnics 11am	12
13	14 Friends of the Library 11am Belfast Photo Club 6pm	15 Tuesday Talk: Midcoast Audubon: <i>Birds of Field and Forest</i> , 6:30 pm	16 Chess Club 5-7:30pm Genealogy Group 2pm <i>Military Pension Records</i> Peace & Justice Community Forum 6pm	17 Lapsitters Story Hour 10am BBWC Presentation 6:30pm	18 Pee Wee Picnics 11am Foreign Film 7pm <i>L'Aventura</i>	19
20	21 Patriot's Day Library Closed	22 Pony Xpress Amusements 11am Tuesday Talk Carolyn Locke 6:30pm	23 No Chess Club	24 Lapsitters Story Hour 10am Buttonmaking Workshop 2pm children's floor	25 Pee Wee Picnics 11am Foreign Film 7pm Blow-up	26 Stop in for a Show 11am: Milkweed Puppet Theater
27	28 Belfast Historical Society Program 7pm	29 "Let's Talk About It" Japanese Fiction, 6:30 pm	30 Chess Club 5-7:30pm Come Boating 7pm	Story Hours For Children Thursdays 10am: Lapsitters PeeWee Spring Picnics April 4th-May 30th Every Friday at 11am in the Abbott Room		

BELFAST FARMERS' MARKET

OPENING DAY
 Friday, May 2, 9-1
 New Location
 on Front St.
 at the Waterfront

Quality Products From People You Know
www.belfastfarmersmarket.org

BEYOND THE SEA

338-2100 Opera House Courtyard, Belfast
 Mon.-Fri. 10:30 AM - 6 PM & Sat. 10:30 AM - 5 PM

GREAT GARDENER'S ITEMS! GREAT VALUES!

THE LUNAR GARDEN

Old Stuff
 Lamps & Shades
 125 Main St., Belfast

Karna Olsson

Old Stuff will continue to offer interesting finds, recycled lamps, new lamp shades and garden related items. Kate NaDeau returns with plants and Old Stuff's special window boxes. Please call ahead to consult on lamp repairs.

207 338 5125
 Opening Monday, April 28 - Noon
 Hours: Monday-Saturday, Noon to 5 pm

100% Real Wood

Country Charm
 Unfinished & Finished Furniture

on Route #1, 1 mile south of Belfast
Largest Selection in Midcoast Maine!
 Large assortment of Paints & Stains

Tel: 338-6260 Penny & Cameron Rae
 Open 10 a.m. - 4 p.m. 1295 Atlantic Highway
 Tuesday - Saturday Northport, ME 04849

Everything in stock now 20-50% off

Laila B. Mignone, CPA
 338-3831
 By appointment only

Income Tax Planning & Preparation
Small Business Services

Bookkeeping, Payroll
 Financial & Computer Software
 Consulting

31 Franklin Street • Belfast, Maine 04915
laila@midcoast.com

Historically interesting Belfast is the heart of Waldo County. With a population of nearly 6,400 people, Belfast is home to a treasure trove of wide-ranging talents. Known for its creative and energetic approach to present-day challenges, Belfast is a richly intriguing part of midcoast Maine.

MEMBER MAINE MADE AMERICAS BEST MAINE WOOD PRODUCTS ASSOC.

Out of the Woods
 48 Main Street
 Belfast, ME 04915
 338-2692

Visit us online at www.kilndry.com

Winter Hours: Monday thru Saturday 10AM-5PM

Maine-made products for the home, garden, camp and office...

10% OFF when you mention this ad

the Belfast FRAMER & GALLERY
 We Work With You

THE CIRCLE
 a group show
 May 2-30
 Opening May 2 • 5-7 PM

www.thebelfastframer.com
 Monday - Friday 10-5, or by Appointment
 96 Main St., Belfast • 338-6465

STITCHES & STUFF
 SEWING & CRAFT SUPPLIES

at The Jumble Shop
 135 High St. • Belfast • 338-4999

Aiming to meet the needs of local stitchers and crafters. Come by & check out our new look!

Embroidery, cross stitch and crewel kits, needles, thread, buttons, supplies.

Belfast Co-op Store

Find community at the Co-op

Deli/Café Art Gallery
 Serving 7:30am-7pm daily.
 Weekend Brunch 9am-1pm.
 Free monthly events www.belfast.coop

123 High Street, Belfast, ME • 338-2532

"Broadway Blast!" at Georges Valley

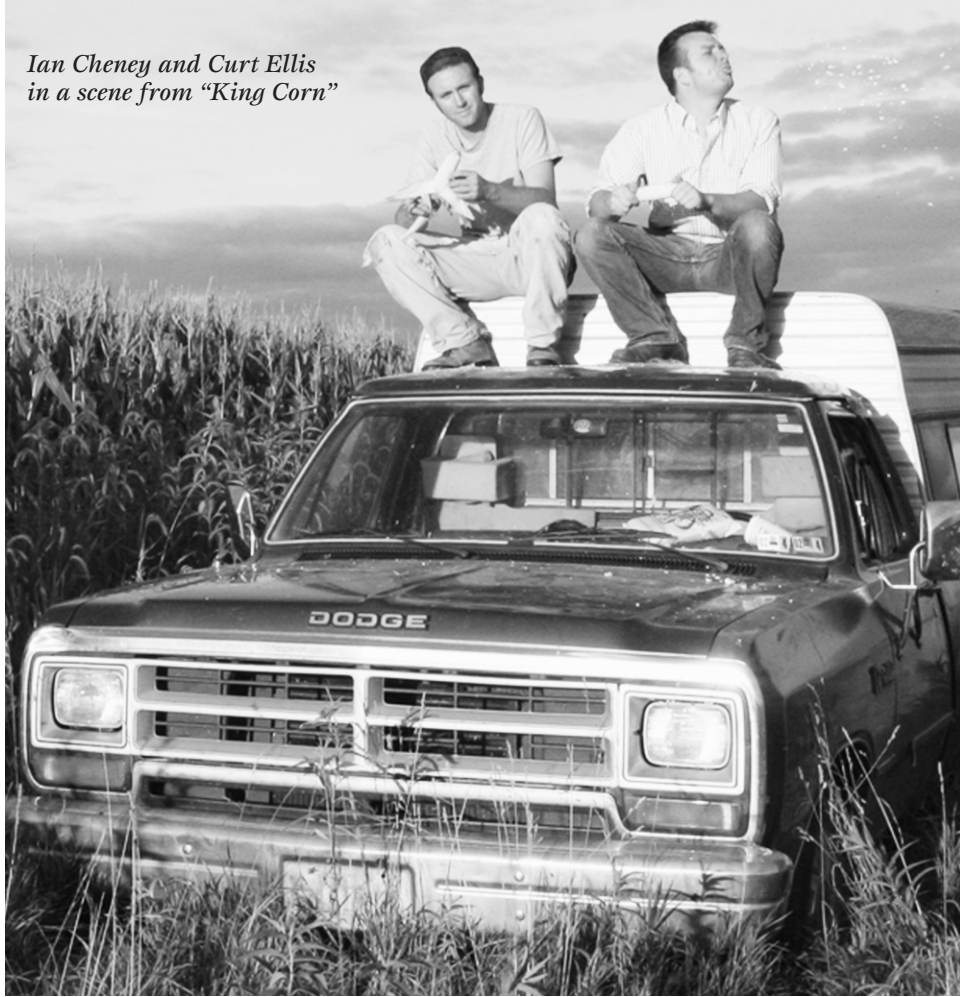
Georges Valley High School will host its third "Broadway Blast!" Dinner Theatre on Saturday, May 3, at 5:30 p.m. at the high school. As the opening song states, "Bring your cousins and bring your brother, spend an evening with your mother — you will find we're like no other — it's a Broadway Blast!"

This is an evening of song and dance from such musicals as *Oklahoma*, *Chicago*, *My Fair Lady*, *The Music Man*, *Annie*, *Oliver*,

The Sound of Music, *Mary Poppins* (the musical), *Crazy For You*, *You're a Good Man Charlie Brown*, *The Pajama Game*, *Me and My Girl*, and others.

Performers include the high school chorus, community members, parents, faculty, alumni and students from local elementary schools.

Tickets are \$12 for adults, \$10 for those over 65 and students in grades K through 12, and \$4 for age 4 and under. Reservations can be made by calling 701-8624. For more information, call 354-2502 during school hours. Proceeds will benefit the school's musical.



Ian Cheney and Curt Ellis in a scene from "King Corn"

MVLT Hosts Free Screening of "King Corn" at Waldo Theatre April 29

Medomak Valley Land Trust and Maine Farmland Trust will hold a free showing of "King Corn," screened last summer at the Camden International Film Festival, at the Waldo Theatre in Waldoboro on Tuesday, April 29, at 6:30 p.m. "King Corn" is a documentary about two friends, one acre of corn and the subsidized crop that drives our fast-food nation.

In the movie Ian Cheney and Curt Ellis, best friends from college on the East Coast, move to the heartland to learn where their food comes from. With the help of neighbors, genetically modified seeds and powerful herbicides, they plant and grow a bumper crop of America's most productive, most subsidized grain on one acre of Iowa soil.

But when they try to follow their pile of corn into the food system, what they find raises troubling questions about how we eat — and how we farm.

Cheney, who grew up spending his summers in Waldoboro, will introduce his film and answer questions following the screening. With him will be Representatives Wendy Pieh and John Piotti, who is also executive director of the Maine Farmland Trust, to discuss agriculture and conservation in Maine.

Local wine and cheese will be served at 6:30 p.m. and the movie will begin at 7. Admission is free, but donations are appreciated. For more information, contact Medomak Valley Land Trust at 832-5570 or e-mail admmvlt@midcoast.com.

Grove Street Extension Concert May 8 at Camden Library



Members of the Grove Street Extension are, left to right, Cindy Kallet, Anne Dodson, Will Brown, David Dodson and Matt Szostak.

The Grove Street Extension will perform in the Reading Room at the Camden Public Library at 7 p.m. on Thursday, May 8. The Grove Street Extension is comprised of some of Camden's most well known musicians in concert. The original Grove Street Quartet, Katherine Brand, Anne Dodson, David Dodson and Matt Szostak, all living on Grove Street in Camden, began performing as a group at various events in the 1990s. Later Cindy Kallet and Will Brown joined the group and it became the Grove Street Extension. Brand passed away in 2005; the five remaining members continued to perform together, and from time to time various combinations of Extension members appear as the Grove Street Bypass.

The Grove Street Extension performs

many styles of music including folk, choral, gospel, vocal jazz, hymns and original songs. Among the instruments they play are guitar, fiddle, cittern, cello, hurdy-gurdy, hand drums and other percussion. The group has a blend of talents, from their voices, to the quality of their instrumental performances, songwriting, musical insight and combined knowledge of a variety of styles. From serious and heartfelt to light and hilarious, they deliver a performance with a full, exciting sound and presence. As this is the first formal Grove Street Extension concert since Brand's passing, there will also be readings of her poetry at the performance.

The admission will be \$10, and \$8 for seniors and students. There will be no advance ticket sales.

ORDINANCE NOTICE

The following is a summary the Ordinance Amendments passed in Final Reading, after public hearing, by the Rockland City Council at its Regular Meeting held on April 14, 2008, and will become effective May 14, 2008 unless suspended from going into operation by valid referendum thereof:

(NOTE: Copies of the complete text of these amendments are available at the City Clerk's Office at Rockland City Hall, 270 Pleasant Street, Rockland, Maine during regular business hours Monday thru Friday 8:00 a.m. to 4:30 p.m.)

Ordinance Amendment #6 Authorizing Quit Claim Deed – 5 Forrest Avenue

An Ordinance authorizing the issuance of a municipal quit claim deed to Bradford and Ilmi Carter for the purchase of a City-owned parcel of land located at 5 Forrest Avenue and identified as Rockland Tax Map #60-A-16 for the bid price of \$1,100.

Ordinance Amendment #7 Authorizing Quit Claim Deed – 140 Main Street

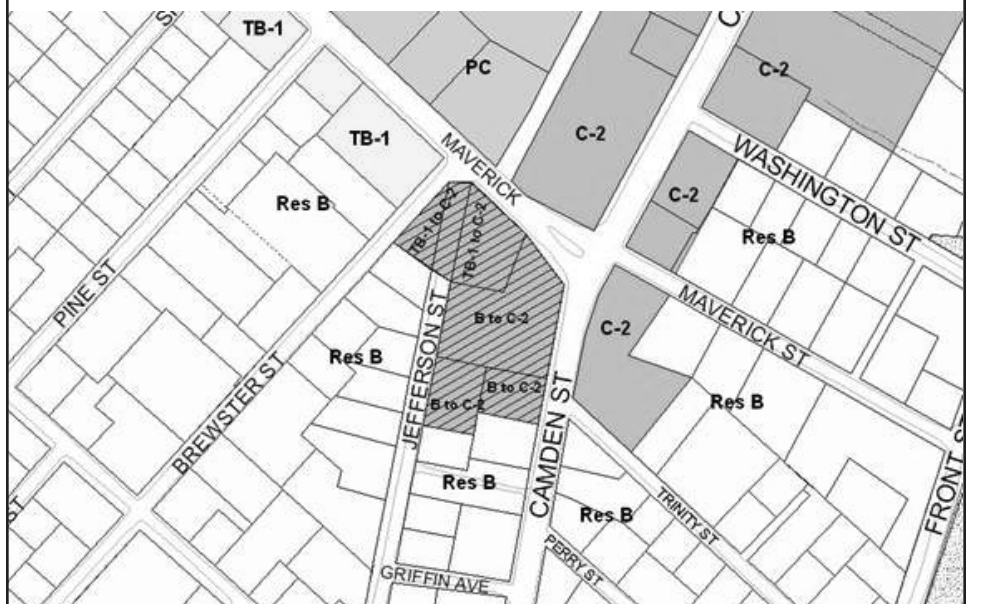
An Ordinance authorizing the issuance of a municipal quit claim deed to Deutsche Bank National Trust for the reconveyance of a parcel of land located at 140 Main Street and further identified as Rockland Tax Map #11-D-10-1, acquired by the City on foreclosure of a municipal sewer lien dated August 11, 2006, provided that all current and outstanding taxes, sewer charges and costs associated with the City's acquisition of the property have been paid.

The following is a summary the Ordinance Amendment passed in First Reading by the Rockland City Council at its Regular Meeting held on April 14, 2008. A public hearing on this amendment has been set for Monday, May 12, 2008 at 7:00 p.m. in City Council Chambers at Rockland City Hall, 270 Pleasant Street, Rockland, Maine

(NOTE: Copies of the complete text of this amendment are available at the City Clerk's Office at Rockland City Hall, 270 Pleasant Street, Rockland, Maine during regular business hours Monday thru Friday 8:00 a.m. to 4:30 p.m.)

Ordinance Amendment #8 Authorizing Conditional Zoning – Maverick/Camden Streets

An Ordinance authorizing a conditional Commercial 2 Zone for six parcels of land located at the intersection of Camden Street and Maverick Street and identified as Rockland Tax Map #'s 26-D-1, 26-E-1, 26-E-2-1, 26-E-3, and 26-E-4 (see map below), that would allow for the construction of a Walgreen's Pharmacy at that location provided that all of the conditions spelled out in the Ordinance are met.



873 US Rte One
Woolwich
207-442-7938

Woodbutcher Tools

building essentials

Why choose Warm Window do-it-yourself insulated shades?

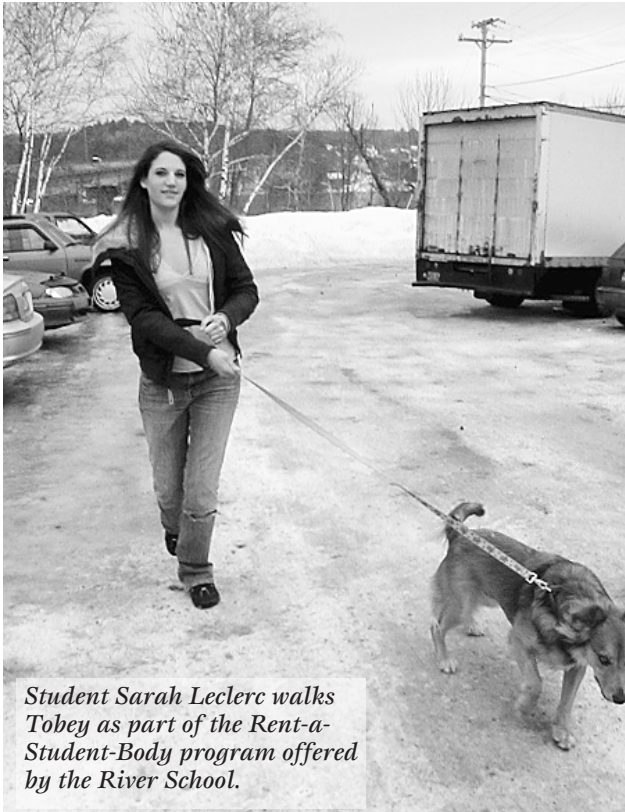
- Energy efficient
- Darken rooms
- Make into any style
- Choose your own fabric
- Reduce outside noise

Warm Window insulated shades

20% off offer expires May 1, 2008
offer good on in-stock items only
bring this ad for a free carpenter's pencil

a division of
SHELTER INSTITUTE
www.shelterinstitute.com

"Spring into Ecuador" Silent Auction for Belfast's River School



Student Sarah Leclerc walks Tobey as part of the Rent-a-Student-Body program offered by the River School.

River School's "Spring into Ecuador" Silent Auction will take place on Saturday, May 10. Many local businesses have donated goods and services to help support the school, Belfast's new small alternative high school.

Items available include therapeutic massage and bodywork sessions of varying lengths and styles from William Armstrong, James Pierson, Maria Gail, Mary McCormick, Cindy Swan and Cindy Russ, an energy healing session from Tami Rogers; two Iyengar yoga classes from Marianna Moll; a ballroom dance class for two from Courtney Porter; two yoga classes with Teri Gallo; a facial from Cynthia Pastuhov; a gift basket of bath items from the Green Store; a gift basket of hair care items from Dish; three relaxation CDs from Janet Decker; an intuitive card reading from Catelin Lindsay; a ride in a seaplane with Cam Lewis; and a life coaching session from Tara Keller.

Musical and art items include a gift certificate for one or two hours of recording studio time at Sunset House Studios; two hours of recording studio time at Limin Music; and a painting by local artist Scott Moore.

All items will be available to bid on during the auction. There are two ways to bid: go to the River School Web site at www.riverschoolbelfast.com under "Events" to see a complete list of donations and bid prices, and then e-mail a bid to rschool2@roadrunner.com or call the bid in at 338-0100. Bidders can also come to the "Dance Your Pants Off" Spring Benefit Dance at the Shrine Club in Belfast on Saturday, May 10, from 7 to 11:30 p.m. and make a bid before 8:30 p.m.

"Dance Your Pants Off" will feature the premiere of the new midcoast band Enormous Room, featuring Jason Dean, Glenn DuBose, Vince Gabriel, Mike Whitehead, Steve Neil and Diantha Bovey. The dance will also feature food and drink. Proceeds from the auction and dance will help support the River School students' trip to Ecuador in May. For more information or to give a donation, call 338-0100.

Watershed School Auction Features Canoe Trip

A tour of one of Maine's rivers is one of the many items featured at the Watershed School's spring auction, to be held on Sunday, May 4. The winning bidders will accompany Phil Gerard, the school's director, and his wife, Sherry Frazer, a teacher at the school. Other items up for auction include everything from oysters to vacations to needlepoint pillows. The cost is \$20 per person; semiformal attire is requested. Proceeds from the auction benefit the Watershed School scholarship fund.

The event is being held at Brevetto Kitchen and Wine Bar, a new restaurant in the Knox Mill in Camden operated by Sage Market proprietors Josh Hixson and Tara Barker. There will be hors d'oeuvres and a cash bar.

The preview party begins at 4 p.m. with student exhibits, a silent auction and music by Watershed student Josie Davis and her sister Sophie of the Calliope String Quartet. The live auction begins at 6 p.m. and will be conducted by Phil Crossman of Vinalhaven, author of *Away Happens*. For more information, call 594-1873 or 763-2919.

Watershed teacher Sherry Frazer and Phil Gerard, Watershed School director



"A Celebration of the Arts" Benefits Youth Arts

Youth Arts, the nonprofit arts enrichment organization serving SAD 28 and the Five Town CSD, will host its annual fund-raising event on Saturday, May 10, at the Center for Maine Contemporary Art in Rockport. The evening, "A Celebration of the Arts," features food and a live auction of artwork from local artists, along with dance lessons from Swing and Sway, Bay Chamber Concert tickets, a weekend stay in a cottage on Islesboro, a kayak from Maine Sport, and more. A highlight of the event will be the auction of handcrafted jewelry created by students from the CSD under the direction of jewelers Michael Good, Patty Bolz and Mary Jane Doubleday. Kaja Veilleux will be the evening's auctioneer, with hors d'oeuvres, seasonal fare and desserts by Maine Coast Catering.

Tickets for the event are \$40 per person and may be obtained from any Youth Arts board member or by calling Andrea Pierce at 542-1260.

Youth Arts provides a variety of arts residencies that would not otherwise be available to the students of SAD 28 and the CSD of Camden, Rockport, Hope, Appleton and Lin-



Getting a first look at jewelry created by students for the "Celebration of the Arts" are Lana Arau and Michele Orne, Youth Arts board members, and Ingrid Ellison, program committee.

colnville. Youth Arts programming brings students in contact with visual, literary and performing artists that come to the area from the rest of New England and, in some cases, even further. For more information, visit the Web site www.youtharts.info.

Silent Auction Benefits Seacoast Orchestras

A silent auction to benefit the Seacoast Youth and Community Orchestra will be held at Skidompha Library in Damariscotta from Saturday, April 19 to the following Saturday, April 26.

Items including paintings, kilim pillows and an array of other treasures donated by area businesses and artisans will be displayed for viewing and bidding in the library lobby during the week.

Bidding will end on Saturday, April 26, at noon. Members of the orchestra will play classical selections at the library throughout the morning. Refreshments and bake sale items

will be available from 9 a.m. until noon, when the bidding will end and winners may collect their items.

Any residents or businesses willing to support the orchestras by donating items or services to the auction are invited to contact Kaity Newell at 563-8440.

The Seacoast Youth and Community Orchestra, conducted by Dino Liva of the DaPonte String Quartet, is a nonprofit organization offering musicians of all ages and abilities the opportunity to participate in an ensemble. It meets on Tuesday afternoons at Studio B at Lincoln Academy in Newcastle, and welcomes new members at any time.

NEW JETS!

SAAB Stetson

NEW AND USED CARS
 ROUTE 131 WARREN, MAINE • 273-2345
 1 800 SAAB USA www.saabusa.com
 www.stetsonsaabauto.com

WCGH Audiology & Hearing Center
 Caring for our neighbors

"What did they say?"
 Feel like you're missing key words in conversations?
The WCGH Audiology and Hearing Center can help!

Our Audiologist, **Michael Barnes Lopez, MA, M.Ed, CCC-A**, and staff will provide you with high-quality, compassionate care using state-of-the-art technology.

We offer:

- Hearing evaluation for adults and children
- Hearing aids, accessories and repairs
- Custom hearing protection and earmolds

Referrals can be made directly to our office by calling 930-2660.

Hearing aids customized to fit your hearing loss, lifestyle and budget.

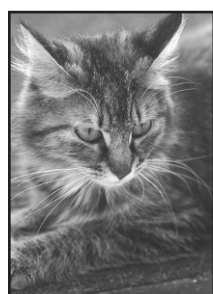
Waldo County General Hospital Audiology & Hearing Center ■ 118 Northport Avenue; PO Box 287 ■ Belfast, ME 04915
 (207) 930-2660 ■ www.wchi.com

THE FREE PRESS - PET ADOPTION PROGRAM

Maine Coast Animal Rescue To Adopt Call 338-8300

FEMALE MAINE COON CAT soon to be spayed by Blake Veterinary. Up to date on shots, very healthy and friendly 1-year-old.

Maine Coon is sponsored by:



BLAKE VETERINARY HOSPITAL

207-338-8300

DR. JUSTIN BLAKE
NORTHPORT, MAINE

207-542-5750 AFTER HOURS

www.blakevethospital.myvetonline.com

Call Humane Society of Knox County at 594-2200 about adopting these pets.

FREIDA is a sweet young lady, full of play. She's looking for someone to love her and take care of her. No cats for her though. Make a place for her in your heart and home and she'll be your loyal companion.

Freida is sponsored by:



Little River Veterinary Hospital

1333 Atlantic Highway
Northport, Maine 04849

338-2909

Fax: 338-5523

LUNA MOON is a quiet girl who likes to hang out in the shelter office, oftentimes snuggled up with another cat on the office chair. She'll share with you too. She enjoys attention, and also likes time to herself, not too far away.

Luna Moon is sponsored by:



Lee Schneller Fine Gardens

Japanese-inspired gardens
Perennial bed design

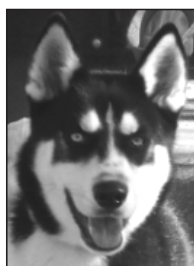
www.LeeSchneller.com

(207) 594-7311

South Thomaston

ZEBRA - This little spark plug is full of energy. She's a real beauty but a handful. She needs an active family to play with. She likes to play with other dogs but plays hard and is dominant. With proper training, she'll make a great companion.

Zebra is sponsored by:



**LUMBER & HARDWARE
E.L. SPEAR, INC.**

SINCE 1900

Mon.-Fri. 7:00-5:00 • Sat. 7:30-4:00 • Sun. 9:00-4:00
10 Payne Ave. (U.S. Rte. 1) - Rockland • Tel. 594-4331



LITTLEFOOT - There's a whole lot of personality in this beautiful cat. Littlefoot gets along fine with other cats, although she can be a little bossy at times, and is fine with dogs. She enjoys attention from people and can be quite playful. Why she is still at the shelter is a mystery.

Littlefoot is sponsored by:



Van Steenberg & Associates

331 Commercial Street • PO Box 845 • Rockport, ME 04856

A Different Breed of Accounting

236-4700

GINGER is a beautiful long-coat German shepherd who loves people. What Ginger needs is a home where she can be the one and only pet. She's smart, playful and energetic and would love a big, fenced-in backyard to play in. Ginger has already had some training and knows the basics.

Ginger is sponsored by:



738 Main Street

Rockland, ME 04841

594-4750

John W. Sargent



**SARGENT
LOCK & SAFE**

Call Camden/Rockport Animal Rescue League at 236-8702 about adopting these pets.

BARNEY is an older, gentle cat that is FIV+ so he needs an indoor home. He's loving and sweet and deserves something better than the shelter for his final years.

Barney is sponsored by:



144 Atlantic Highway FR 7, Northport, Maine • 338-6050

- * Oceanfront cat boarding
- * Gifts for the cat & the cat lover
- * Special Rates for extended stays
- * 1st night's stay FREE for first-time guests

ANGIE is a gorgeous, fluffy, 11-month-old shepherd/chow mix. She's very friendly, loves everyone she meets, but does need work on walking nicely on a leash and basic commands.

Angie is sponsored by:



EBS Building Supplies

Belfast Belmont Ave. **338-4080**
Camden Union St. **236-3371**
Rockland 103 Maverick St. **596-6205**
800-339-9559 800-683-3371 800-656-6205

www.ebsbuild.com

SAMANTHA was brought to us due to "litter box issues," but we've found that as long as she has a box of her own she does just fine. She's 7 or 8 years old and extremely affectionate so she would love to find a home where she didn't have so many other cats to deal with!

Samantha is sponsored by:



If your cat won't bark,
perhaps your dogwood®



ROUTE 17, ROCKPORT, MAINE

SAMMY is a handsome, chocolate brown pit bull who is extremely friendly. He needs work on basic good manners, but he's such a doll and quite young, so will make someone a fabulous pet.

Sammy is sponsored by:



Critter Outfitter

◆ Provisions for Pets ◆ Essentials for Pet Lovers ◆

- Toys & Treats
- Training Accessories
- Super Premium Food
- Outdoor & Seasonal Gear
- Huge Selection of Collars & Leashes
- Gift Certificates

56 Elm Street, Camden • 230-0037

MAGGIE is a very sweet 1-½-year-old beagle. She's sad because her buddy Susie has gone out on foster and she's now all alone. She will need help with housebreaking, but will probably respond well to kenneling. As a beagle, she'll need a fenced-in yard or to be kept on a leash since the urge to chase those smells is hard to resist!

Maggie is sponsored by:



Northport Bath, Inc.

Fine Plumbing Fixtures

Whirlpools, Cabinetry, Faucets,
Custom Shower Doors

Tom Olds 371 Atlantic Hwy.
Owner/Master Plumber Northport, ME
338-6638

TIGGY is in desperate need of a home. He's diabetic and the shelter is not a safe environment for him as his insulin shots should really be given every 12 hours and we are only staffed from 8AM to 4PM. CRARL will continue to cover vet bills if that's your concern; we just really want him in a home NOW! He's very laid back, neutered, and declawed so really won't be much bother!

Tiggy is sponsored by:



PenBay Veterinary Associates
Route 1, Rockport • 594-8300

- Fully Functional Veterinary Hospital
- Dentistry
- Pet Foods, Products and Pharmacy
- 24-Hour Emergency Service
- Vaccine Programs
- Pet Counseling

Check out our Web site: www.penbayvets.com

The Free Press runs this program the second week of every month. If you or your business would like to sponsor a pet, call Steve at 596-0055.

BATH SUBARU IT'S WORTH THE DRIVE!

INTRODUCING
**The ALL NEW
2009 FORESTERS**
Starting at **ONLY
\$20,860*!**



**SPRING
BLOWOUT
SALE**

ON ALL 2008 MODELS!
0.00% FINANCING Available. UP TO \$2000 REBATES!

SEE US NOW & SAVE!
DOES NOT INCLUDE TAX, TITLE OR DOC. FEE OF \$229
VIEW OUR ENTIRE INVENTORY AT BATHSUBARU.COM

BATH SUBARU 6 MO. 6,000 MILE POWERTRAIN WARRANTY
INCLUDED ON OUR CERTIFIED USED SUBARUS!
ROUTE 1 • WOOLWICH, ME
443-9781 EMAIL: CARSALES@BATHSUBARU.com

OUR MOVING COMPANY HAS MOVED!

to 67 Water St., Thomaston

Residential & Commercial • Large & Small Jobs
Insured • Call for a Quote!

**ARVIDSON'S/
THE GAS WORKS**

& Electric too!

593-9236



For a Complete Insurance Checkup
Call 832-4031

Vannah Insurance Agency

225 Jefferson St.

P.O. Box 313, Waldoboro

Gosline Insurance Group

Insurance and Risk Management Services



Birding with Don Reimer *Spring Migration* —

What begins as a trickle of bird migration in early April becomes a swift and deep river of movement by mid-May. Each spring approximately 230 species nest across Maine's rich and varied habitats. Maine serves as the north/south terminus for the breeding ranges of over

100 species. Of those nesting birds, 75 percent of them must move south to find sufficient food in the wintertime. Through the decades, more than 300 bird species have been recorded in Maine. It is interesting to watch as the new spring arrivals take their places for another nesting season.



1. a Great Egret catches a fish at Weskeag Marsh; **2.** an Osprey scans for fish along the St. George River in Warren; **3.** a Greater Yellowlegs (in breeding plumage) visits Weskeag Marsh on its way to tundra breeding grounds; **4.** a Canada Goose incubates its eggs along the Megunticook River in Camden; **5.** an adult Turkey Vulture works at road cleanup on Thomaston Street in Rockland; **6.** a male Yellow-bellied Sapsucker drills sap wells on a maple trunk in Warren; **7.** a tiny Chipping Sparrow feeds on ground seeds in Warren. PHOTOS BY DON REIMER



Everybody's BUZZING ...

...about the **Spring Fling at Cellardoor Vineyard!**

Saturday, May 10 • 10 a.m. – 5 p.m.

We topped off last season with our grand Harvest Festival. Now we're toasting the new season with a great Spring Fling!

Come celebrate with us!

Gardening talks by The Heirloom Garden of Maine • Free seeds & bulbs
10-minute makeovers for Mom by nordspa (advance appt. required)
Aerial surprises • Lots more fun & goodies for the whole family!

Visit www.mainewine.com for all the details
367 Youngtown Road, Lincolnville • 763-4478



Fleeting Fish



by Melissa Waterman

The other night I made a fine supper of a codfish caught that day. Dusted with cornmeal and flour and quickly fried in butter and olive oil, the fish needed nothing but a squirt of lemon to achieve high praise from my taste buds.

I am lucky: I live in an area where there are still groundfish to catch and, more importantly, fishermen to catch them. For those in the coastal regions of Africa or Asia, one or the other factor is missing. The United Nations Food and Agricultural Organization (FAO) keeps track of 600 different fish stocks throughout the world. In its most recent report the FAO stated that 3% of those stocks are currently under-exploited; 20% are moderately exploited; 52% are fully exploited (fished at close to optimal yield level with no room for expansion); 17% are overexploited (fished above a level believed to be sustainable in the long term, with no room for expansion and high risk of stock collapse); 7% are depleted and just 1% are recovering from depletion.

In areas as diverse as Newfoundland and the coast of Guinea Bissau, fishermen are prohibited from putting nets in the sea in order to catch those fish that are there (in the former case because of the early 1990s cod collapse, in the latter because the government has sold the country's fish stocks to foreign fishing fleets).

Lack of fish or lack of access to fish is a problem because 2.6 billion people worldwide depend on fish for protein, according to the United Nations Environmental Programme. Of the 100 million metric tons of fish on average harvested each year, 60 percent of that harvest is consumed by people in developing countries. In Asia, one billion people depend on fish as their primary source of protein. No fish, no protein.

In New England, restrictions on access to groundfish such as cod, haddock and yellowtail flounder have caused annual harvests to drop significantly in the last 15 years. The New England Fisheries Management Council, responsible for establishing and updating the management of groundfish stocks, steadily decreased the days at sea avail-

able to groundfishermen to harvest fish. Still, federal regulators say that six of the Gulf's 19 fish stocks are currently overexploited; an additional six are being fished above their maximum sustainable yield.

With that in mind, take a peek at the new art exhibit opening on Thursday, May 1, at the Maine Art Gallery in Wiscasset. It seems unlikely that art can inform fish politics or regulation, but it may influence human behavior.

The exhibit, entitled "Something Fishy," was the inspiration of Waldoboro artist Jean Kigel. Kigel has long been fascinated by fish. "I grew up in Warren," she says, "and alewife lore has captivated me for years." Recently she was given a book called *The Unnatural History of the Sea* by Callum Roberts that documents the exploitation of ocean resources over the centuries. Alarmed by what she learned and what she saw along the Maine coast, Kigel spoke to the curators at the Maine Art Gallery about doing a show focused on fish and on their connection to coastal communities.

"When art interacts directly with community concerns, it achieves a special function of combining aesthetics with economy. I hope to focus people's attention on this issue by the images and the talks," Kigel says. Sherman Hoyt, fisheries outreach coordinator with the Cooperative Extension, and Kim Libby, from the Midcoast Fishermen's Association, will be speaking at the gallery later in the month. "The point is that we are all so interdependent on all elements of our environment and we can't go on destroying it."

The show, which runs from May 1 to June 1, features work by local painters Loretta Krupinski, Hannah Nelsbach, Diane Dahlke and photographer Olive Pierce, among many others. Kigel will be featuring her own *gyotaku* fish prints. She covers dead fish with inks and makes highly realistic prints from the actual creature. "It's a very old Japanese technique," Kigel says. "I got the alewife from the Medomak River Land Trust. Then I went to the Herring Gut Learning Center and asked for a dead tilapia. I have rainbow smelt, brown bass, all sorts of fish."

Prints are wonderful, but I do like to eat. Thus I am looking forward to more fresh cod this summer and rock bass and pollack and flounder and whatever else may make its way to my kitchen. Each bite will be flavored by the thought that what I have so many others can't take for granted. And, of course, neither should I.



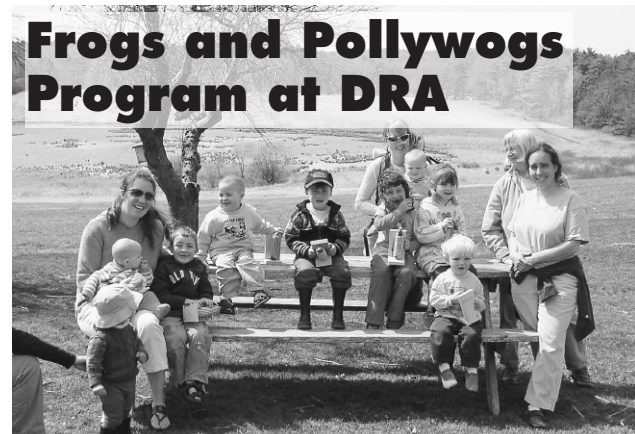
SVCA Hosting Wildlife Rehabilitation Talk

The Sheepscot Valley Conservation Association (SVCA) is hosting a presentation on wildlife rehabilitation on Wednesday, April 30, from 6:30 to 7:30 p.m., at its headquarters in Sheepscot Village.

Lynne Flaccus, from ReMaine Wild, will offer "Connecting People to Wildlife" to share information about common encounters with animals and how to best share the environment with them. The presentation will include information about what wildlife rehabilitators do and how the general public can help to reduce the number of injured or orphaned wildlife that come in for care.

ReMaine Wild is the state organization of wildlife rehabilitators, whose mission is to provide a forum for networking and education for those interested in preserving and rehabilitating wildlife.

The event is limited to 30 participants with a \$5 suggested donation, free to SVCA members. To sign up for the presentation, call 586-5616 or e-mail svca@sheepscot.org.



Kids show off bird feeders at a Frogs and Pollywogs program.

Frogs and Pollywogs, the Damariscotta River Association's (DRA) nature program for children ages two to five and their parents, is offered the last Thursday of every month through the year (except July and December). Programs include age-appropriate sensory activities, stories, songs, crafts and guided nature walks.

Do Frogs Sing? and Marsh Mysteries will be held April 24 from 9:30 to 10:30 a.m. and 1 to 2 p.m. Participants should wear muck boots to explore the marsh and look for frogs and insects. The group will dissect marsh muck and see what's in it. Kids can take home a craft item.

Do Birds Blink? is set for May 29 from 9:30 to 10:30 a.m. and 1 to 2 p.m. The group will go for a bird walk with a naturalist, look for nests and learn all about what makes birds special. Kids can make a nest for their own "eggs" and binoculars to take home and use in their own backyard.

These programs often fill to overflowing so early registration is advised. The requested donation is \$2 per child over age two. Programs will be held rain or shine at the DRA Great Salt Bay Heritage Center, Belvedere Road, Damariscotta. For more information, call 563-1393 or e-mail dra@dracltorg.

"Water All Around" Coming to Waldoboro

Water All Around, a free community water education festival for children and families is happening on Saturday, April 26, from 1 to 4 p.m. at the VFW Hall beside the Medomak River on Mill Street in Waldoboro (look for the signs on Route 1).

Many indoor and outdoor hands-on activities are planned for the day. Here are just a few questions one can find the answers to at the festival:

Have you ever wondered about the lives of salmon, alewives and other diadromous fish? Visitors can find out at "My Gracious Migrations!" led by Peter Steenstra of Craig Brook Hatchery, U.S. Fish and Wildlife.

What is a watershed? Amanda Rudy of KLSWCD demonstrates the Enviroscope watershed model to participants at the 2007 Water All Around event.

What's in the water? Stephen Peats of Aqua Maine will demonstrate how to test for certain elements in water (bring a water sample in a clean quart bag or bottle).

What creatures live in a vernal pool and what is a vernal

pool? Leah Trommer of Tanglewood 4-H Camp and Learning Center will be on hand to help find out.

Can one touch that fish? The answer is yes. Participants can even make a fish print from one of the species shown and discussed by Jeffry Chase and Tim Rowell from Herring Gut Learning Center.

What did that loon swallow? See an X-ray of a loon and find out about a new project from Laura Suomi-Lecker of the Natural Resources Conservation Service.

How do alewives jump past the Medomak Falls? Katie Renwick of Medomak Valley Land Trust offers a game to play to find out. Hopefully the alewives will be running by April 26 and visitors can see them jump.

Where does the water in a fire truck come from? The Waldoboro Fire Department will be on hand with a fire truck to answer all related questions. Weather permitting, a rousing game of bucket brigade will also be played.

How does one drill a well? Hatch Well Drillers will answer questions and will have one of their trucks on hand.

A performance by Matt Loosigian of Earth Jams will be presented at 3 p.m. Audience members can dance, clap and sing along as they learn about the most important building block of life — water. With songs like "Stormdrain," "Way Down" and "Sailing Up, Sailing Down," participants will learn about water conservation, rivers, aquifers and what they can do to protect the water.

The community event is designed to encourage young people to learn about the water all around and to become involved in caring for one of Maine's most valuable resources. Water All Around is being planned by the University of Maine Cooperative Extension Knox-Lincoln 4-H program, along with the Knox-Lincoln Soil and Water Conservation District, Medomak Valley Land Trust and the Waldoboro Recreation Department. For more information, contact Ellie Libby at University of Maine Cooperative Extension at 832-0343 or e-mail elibby@umext.maine.edu.



Amanda Rudy of KLSWCD demonstrates the Enviroscope watershed model to participants at the 2007 Water All Around event.

ROCKLAND AREA TIDES April 24 to May 1				
	High AM	High PM	Low AM	Low PM
Thursday	1:51	2:27	8:14	8:21
Friday	2:30	3:08	8:55	9:02
Saturday	3:13	3:54	9:39	9:49
Sunday	4:01	4:43	10:27	10:40
Monday	4:53	5:36	11:19	11:37
Tuesday	5:49	6:30	---	12:13
Wednesday	6:47	7:24	12:35	1:07
Thursday	7:45	8:15	1:33	1:59

NATIONAL WEATHER SERVICE FORECAST for Knox County	
Thursday Night:	Mostly clear, with a low around 40. North wind between 3 and 9 mph.
Friday:	Sunny, with a high near 61. North wind between 3 and 8 mph.
Friday Night:	Partly cloudy, with a low around 37.
Saturday:	A chance of showers after 2pm. Mostly cloudy, with a high near 56. Chance of precipitation is 30%.
Saturday Night:	A chance of showers. Cloudy, with a low around 39. Chance of precipitation is 40%.
Sunday:	A chance of showers. Mostly cloudy, with a high near 46. Chance of precipitation is 40%.
Sunday Night:	A chance of showers. Mostly cloudy, with a low around 38. Chance of precipitation is 30%.
Monday:	A chance of showers. Mostly cloudy, with a high near 49. Chance of precipitation is 30%.

FEDERAL RESERVE NOTE
420 MAIN STREET • ROCKLAND, ME • 593-9060

\$5 OFF
Any 2 or more Entrées

BLACK BULL TAVERN

Good for Lunch or Dinner.

FIVE DOLLARS

Aperto
Ports of Italy

Italian
Seafood & Cuisine
Now Open

Serving dinner from 5:30pm
Tuesday - Saturday
Closed Sundays & Mondays
(207) 633-1011
Reservations recommended
47 Commercial Street
Boothbay Harbor, Maine 04538
Free parking off McKown Street

Dining

in
Good Company

Wine Dinner
with Zaca Mesa
Wednesday April 30, 6pm
\$60.00 per person • Reservations required
415 Main Street, Rockland • 207-593-9110
• wine • food • friends •

Toast of the Town
Catering & Gourmet
Take Away

Now Serving Lunch in our NEW LOCATION!

Indoor & Outdoor Seating!
Private Dining—Meeting Room Available
www.toastmaine.com

8 Lindsey Street, Rockland • 594-8882 • Fax: 594-8862

the
Wine Seller

- Large Selection
- Knowledgeable Staff
- Open 7 Days
- On Site Parking

15 Tillson Ave., Rockland
207-594-2621

if it tastes good... it is

Suzuki's
SUSHI BAR

419 Main Street, Rockland
Tuesday-Saturday from 5:00 pm. Reservations: 596-7447
Special Sunday opening for Mother's Day, May 11.

Grand Opening!

GRAND OPENING
Saturday, April 26th

at

Off the Boat
Seafood Restaurant
(Formerly Quarter Deck)

Newly Renovated Dining Room and Bar
New Space for Private Functions & Live Music
New Menu, Wine List and Taps
New Staff

Food Service 11 AM - 10 PM, 11 PM in Summer
Bar Service 11 AM - Midnight

21 Bayview Street, Camden 236-3272

Mother's Day
Breakfast 8-11
Dinner 1-6
Reservations Recommended

For the week of April 21, 2008

Hours	Breakfast	Lunch	Dinner
Wednesday-Sunday 8-2	Grand Marnier French Toast w/bacon or sausage \$5.95 Spinach Feta Omelet w/home fries & toast \$6.95 Breakfast Burrito w/home fries & toast \$4.95 Banana Walnut Pancakes w/bacon or sausage \$5.95	Rigatoni & Meat Sauce w/garlic bread \$5.95 Blue cheese & Tomato-topped Burger w/potato salad or chips \$6.95 Chicken Divan w/salad \$7.95 Cobb Salad Wrap w/fruit \$6.95	Wednesday-Saturday 5-9

192 Northport Ave.
(US Route 1)
Belfast 338-5715

PENOBSCOT BAY INN & Restaurant

Web site: www.penobscotbayinn.com
e-mail: restaurant@penobscotbayinn.com

THAI KITCHEN

AUTHENTIC HOME STYLE THAI FOOD IS GOOD FOR YOUR BODY AND SOUL!

Our Ingredients are always fresh and thoughtfully prepared without MSG because we care about your health!

Check out our **NEW MENU!**
31 Elm St., Camden
236-9799

the **Craignair Inn and Restaurant**

OPENING MAY 1
Thursdays, Fridays & Saturdays
On May 22nd Mon.-Sat.

Neva & Steve Joseph along with chef Chris Seiler welcome you back to the Craignair as we begin our 61st year with some popular favorites and some wonderful new additions to the Craignair's outstanding menu.

Mother's Day: Serving Brunch 10-2 • Dinner 5-8

Join us for a Wine Dinner Benefit May 22 for the Ocean View Grange. Call for details.

Clark Island Road, Spruce Head, Maine 594-7644

Directions: from Route 1 in Thomaston, take Route 131 south 6 miles, left onto Route 73, one mile, turn right onto Clark Island Road.

Fully Licensed

Penobscot School Hosts International Film Festival

An International Film Festival will be held Friday and Saturday, May 2 and 3, at Rockland's Penobscot School, giving local residents a chance to see five foreign films featuring 10 languages or dialects (all with English subtitles).

Although it was organized by French exchange teacher Julien Covos, the festival is not limited to French students or students of any particular language since the films will have English subtitles. Popcorn will be served and anyone interested is invited to view the films, but seating is limited.

The festival will include films from France, Japan, Spain, South Africa and Korea. Tickets are \$10 to view one film, \$15 for two, \$20 for three and \$25 for four to five.

"Our festival will feature two Asian movies for the specific reason that when you think about Asian films your first reaction is to think about those Hong-Kong kung-fu movies starring a younger Jackie Chan, or those Chinese-history-meets-romanticized-Chinese-legends movies starring Michelle Yeoh," says Covos. "But there is so much more about the Asian movie industry than that. You have great films from India, Japan, Korea that you've never heard about," including great comedies.

Covos says he's "trying to convert as many people as I can to foreign cultures and languages!" He studies and speaks Japanese, Spanish and English, in addition

to his native French.

"People will be able to hear more than 10 — 10! — different languages and/or dialects in a few hours' time," says Covos. There are at least half-

a-dozen European languages spoken in "The Spanish Apartment," a film from France, and different levels of Japanese slang in "Kamikaze Girls" from Japan. "The Spanish Apartment" — original title "L'Auberge Espagnole" — shows Friday, May 2, at 4 p.m., and "Kamikaze Girls" ("Shimotsuna Monogatari") follows at 6 p.m.

In "The Sea Inside" ("Mar Adentro"), a 2004 Oscar winner from Spain, showing Saturday, May 3, at 4 p.m., audience members will hear several different languages from that country "because there's no such thing as a unique 'Spain Spanish,'" says Covos. Besides different dialects, distinctly separate languages are spoken in Spain, such as Basque and Catalan.

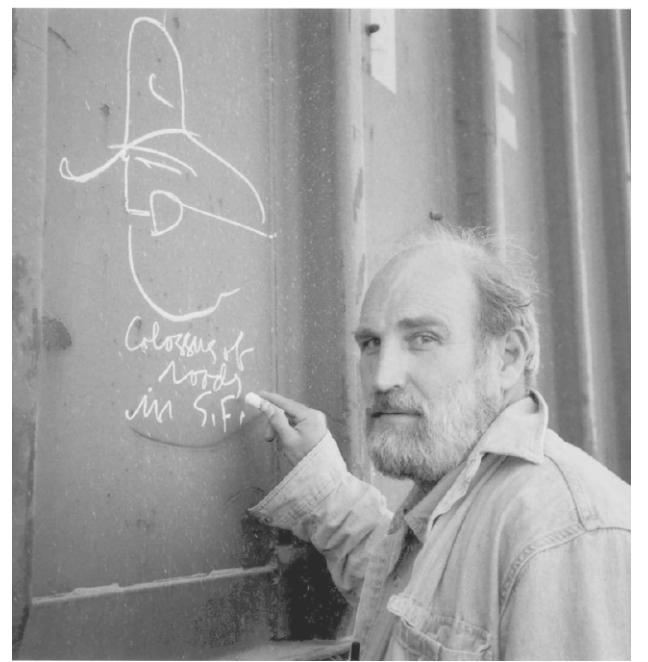
"Tsotsi" from South Africa features an African dialect call Tsotsital or isiCamtho, and the final film features not only the Korean language, but "badly-pronounced-Australian-English-by-not-so-tenacious-Korean-students in 'Please Teach Me English,'" says Covos. As an added enticement, Covos says homemade cheesecake will be on sale. "Tsotsi," a 2005 Oscar-winner, shows Saturday, May 3, at 6 p.m. and "Please Teach Me English" ("Yeongeongwanjeonjeonbok"), a 2003 film from South Korea, follows at 8 p.m.

To purchase tickets in advance to insure seating or for more information, contact Penobscot School, 28 Gay Street, 594-1084.

Independent Film, Song and Stories at Waterfall Arts Apr. 25

An evening of independent film, song, stories, fun and food will be offered on Friday, April 25, at 7 p.m. (potluck supper at 6 p.m.) at Waterfall Arts in Belfast. There will be a screening of the film "Who Is Bozo Texino," a film by Bill Daniel of Shreveport, Louisiana. Shana Hanson of Belfast will present songs and stories, and there will be a short presentation by Max Ascriczi of Freedom. Admission is \$3 to \$8 per person (sliding scale — pay what you can).

"Who Is Bozo Texino" is the chronicle of a 16-year search for the source of a ubiquitous rail graffiti, a simple sketch of a blank, staring character with the scrawled moniker "Bozo Texino," which had been seen on railcars for over 80 years. Daniel rode freight trains across the West carrying a Super-8 sound camera and a 16mm Bolex, interviewing tramps and brakemen. In his quest he discovered the roots of a folkloric tradition that has gone mostly unnoticed for a century. Taking inspiration from Beat artists Robert Frank and Jack Kerouac, the film functions both as sub-cultural documentary and a stylized fable on wanderlust, outsider identity and railroad mythology. For more information about the evening, call 338-2222.



Pictured top, the "Colossus of Roads." Above, Bill Daniel, who chronicles the 16-year search for the source of the Colossus of Roads rail graffiti in his film "Who Is Bozo Texino"

PENOBSCOT SCHOOL (28 Gay St., Rockland, ME) presents its first...

International Film Festival

with English subtitles!

May 2nd & 3rd

1 movie = \$10 + Free Cheesecake!
2 movies = \$15
3 movies = \$20
4-5 movies = \$25

L'AUBERGE ESPAGNOLE FRI. (6pm) SAT.
Free Refreshments! Register at: (207) 594-1084 www.languagelearning.org Limited Seats!

KAMIKAZE GIRLS FRI. (8pm) SAT. **PLEASE TEACH ME ENGLISH**

MAR ADETRO
TSOTSI

COUPON

Free Designer Haircut!

With a full dimensional color or foil or 1/2 price cut with color freshening. Dull hair? Add a shine to your color service at 1/2 price! Get ready for summer with a whole new look!

Offer expires 5/8/08
OFFER VALID WITH THIS COUPON ONLY

Classic Cuts HAIR SALON
Your Signature Color Salon

Maverick St., Rockland (next to Hannaford) 594-8931

MEGA

FINALLY! AFFORDABLE Health Insurance for Individuals, Families and the Self-Employed

Wayne A. Ladner - Licensed Insurance Agent
In the Midcoast Area call 207-737-4995 or 1-800-886-4995 • waladner@gwi.net

The MEGA Life and Health Insurance Company

A HealthMarkets Company
Keeping the Promise of Affordable Coverage

Administrative office: North Richland Hills, TX. Exclusions and limitations apply. Plan availability varies by state. (#25875-IP, 25876-IP, 25877-IP or state variation) M/000607 Exp. 12/08

3rd Annual *Shall We Dance?* Gala

Celebrating The KENTUCKY



DERBY

Saturday, May 3, 2008, 5-10 p.m.
Owls Head Transportation Museum

Hot & Cold Buffet Dinner, 5-6 p.m.
Appetizers Served all Evening
Dessert & Coffee
Cash Bar, Live Auction, Raffles, Door Prizes
Hat Parade, Dance Contest

Tickets: \$75 each
For more info call 207-594-6799, or visit
www.penbayhealthcare.org/shallwedance

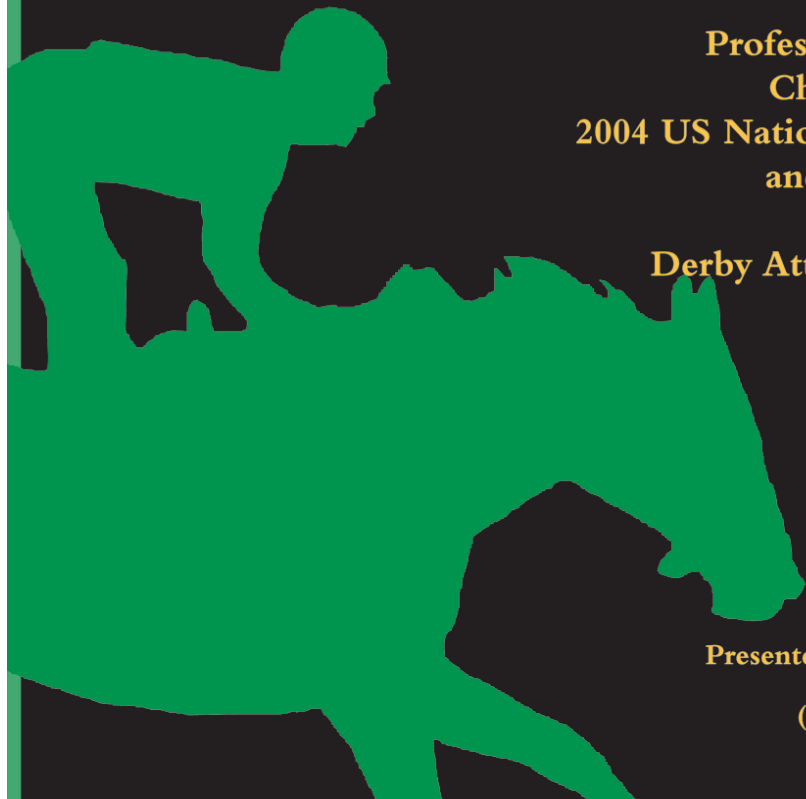
Featured Music by: The Tony Boffa Band

Professional Dance Performances by:
Christian & Kathryn Clayton,
2004 US National Rising Star Ballroom Champions,
and "Swing & Sway" Dancers

Derby Attire Encouraged, but not Required



Presented by Pen Bay Healthcare Foundation
Benefiting PBMC's eICU
(electronic Intensive Care Unit)





SPRING HAS SPRUNG AND DANA DOW HAS RETURNED!

MATTRESS SALE*

Camps • Cottages • Spare Rooms...
from Coastal Maine's Largest Bedding Retailer



KING KOIL Firm	
	Self-Delivery
Twin Sets	\$199
Full Sets	\$269
Queen Set	\$299

FREE Bed Frame
\$599 min. purchase

KING KOIL Pillow Top	
	Self-Delivery
Twin Sets	\$369
Full Sets	\$489
Queen Set	\$549
King Sets	\$799

LAURA ASHLEY Firm or Plush	
	Self-Delivery
Twin Sets	\$449
Full Sets	\$599
Queen Set	\$699
King Sets	\$899

(Pillow Top Model add \$50)

Simmons Euro-Top Plush	
	Self-Delivery
Twin Sets	\$299
Full Sets	\$399
Queen Set	\$449
King Sets	\$699

Simmons Beautyrest Firm or Plush	
	Self-Delivery
Twin Sets	\$649
Full Sets	\$799
Queen Set	\$799
King Sets	\$1069

(Pillow Top Super Plush add \$50-\$80)

Simmons Beautyrest Super Firm or Super Plush	
	Self-Delivery
Twin Sets	\$849
Full Sets	\$999
Queen Set	\$1049
King Sets	\$1299

(Pillow Top Super Plush add \$50-\$80)

Sheets • Pillows
Mattress Pads
Mattress Protectors
-20%
with mattress set

**MidCoast Maine's Largest
Mattress Center. Dana Dow
Says "Check Us First.
Save Time, Gas and Money!"**

Delivery Includes:

- Set Up
- Removal of old bedding



DOW'S BARGAIN BASEMENT NOW OPEN AT OUR WALDOBORO LOCATION

Dow Furniture
280 Atlantic Highway • Waldoboro
832-6363

Dow's Sleep Center
734 Main Street • Rockland
596-2590

Hours (all stores): M-Sa 9am-5:30pm Also, Dow's Sleep Center in Augusta
*Tempur-Pedic not included

www.DOWFURNITURE.com

Farnsworth: Go Organic on the Lawn —

How disappointed I was to see “Caution: Pesticide Application” signs on the lawns of the Farnsworth Museum, the Wyeth Center and the Gamble Education Center in Rockland yesterday. Lawn pesticides are well known to be toxic to birds, beneficial insects and aquatic life, and are suspected to cause cancers and learning disabilities in children. Lawn pesticides and herbicides are a huge environmental problem caused by the cumulative effect of millions of individual choices: according to the Environmental Protection Agency, we dump 90 million pounds of them on our American lawns every year.

However, these days we can choose organic lawn care, improving the soil and its water retention with compost, mowing higher to suppress weeds, and planting grasses and groundcovers most suitable to our climate.

How I’d love to see the Farnsworth lead the community by placing signs on its lawns that say, “Organic Lawn: Welcome Birds, Butterflies and Kids!”

SUSAN BEEBE
Thomaston

Hardy Announces Run for Lincolnville Selectboard



Cathy Hardy of Lincolnville has just announced her candidacy for the Lincolnville Selectboard. Two seats are vacant and will be filled at the June 10 election.

A Lincolnville native, Hardy graduated from Camden-Rockport High School in 1973 before attending the University of Maine at Orono and the University of Southern Maine. She is currently director of development and community relations for the Owls Head Transportation Museum.

From 1995 to 2000, she served as executive director of the Camden-Rockport-Lincolnville Chamber of Commerce, and she says there are close similarities between that job and the selectman’s position: “The Chamber was, and is, a membership organization. As executive director, I was responsible for overseeing its daily operations and financial budget. I worked with Chamber members to meet their needs and help the three-town area prosper. The selectman’s job is similar — you are responsible to the residents of Lincolnville and are trying to be fair while balancing the town’s growth and development with its small-town community values and quality of life, while also keeping the town in a positive position financially.”

Hardy considers herself a fiscal conservative and says her main goal, if elected, will be to judge all town expenditures against what she and the majority of Lincolnville residents believe is in the town’s best long-term interest. “My parents, like many older people in Lincolnville, live on fixed incomes. In this tough economy, we need to be fiscally responsible.”

She says she plans to run a rather unorthodox campaign. “I think campaign signs are a visual blight.” She says she will save some trees and rely on a few carefully placed signs around town. And she says she will not be campaigning door-to-door: “I personally don’t like a stranger popping in, uninvited, on my doorstep, and I suspect others may feel the same.” Instead, she will hold two “Meet the Candidate” events — one at the Lincolnville School on Wednesday, May 14, and the other at the Whale’s Tooth Pub on Wednesday, May 28. Both will run from 5 to 7 p.m. to allow Lincolnville voters to stop by and discuss their issues and concerns, learn about Hardy’s background and ask her questions about town matters. She says Lincolnville residents are welcome to call her at home (763-4117) in the evening or on weekends, and “If people want me to come to their home and meet with them, I’ll be glad to set up a time that’s convenient for them.”

She says she will rely heavily on friends and supporters in the town to help campaign on her behalf: “Many people in the business community already know me from my work at the Chamber, and others know my family. During their lives, my grandparents, George and Ruth Hardy, were very involved with the town — Grampy with the Lincolnville Fire Department and both of them with the Tranquility Grange Hall. My sister Kristi Hardy-Gilson served several years on the Lincolnville School Board, and my brother Kerry served on the town’s Recreation Committee, helping to plan the recreation fields at the new school. I figured it was time for me to step up and do my part for the town.”

LETTERS OPINIONS

What People Say and Think—

Fox News today released the results of an extensive investigation into the allegations that at some point in time each and every person that Obama has had contact with has said something that was politically incorrect.

When asked just how extensive this investigation was, a Fox source responded: “We went all the way back to the doctor that delivered him as well as the nurses in the delivery room; we have standards to maintain at Fox and we really nailed this on.” The Fox investigation found that every single person Obama had contact with at some point had said something inappropriate.

A small sampling of these people are Obama’s barber, insurance agent, next-door neighbors, as well as their next-door neighbors, Obama’s dentist, his dental assistant, as well as her 3-year-old daughter. Also included is Obama’s wife, children and his first-grade teacher.

The release of the Fox investigation has prompted demands from other media sources, including CNN’s Wolf Blitzer, every Republican congressman, as well as Hillary Clinton, for Obama to disassociate himself from all these people.

Obama has agreed that he not only was responsible for what other people say but was also responsible for what other people think and has denounced and disassociated himself from every person he has ever come in contact with and is now living in a one-room cabin in rural Illinois.

Asked how he felt about living alone in a one-room cabin, his only response was: “If Lincoln could do it, I can too.”

STUART LOTEN, *Lincolnville*

Fed Up with Deford’s Characterization of Hillary—

I feel compelled to respond to Mr. Deford’s column in the April 17th issue of The Free Press. Although I, too, am in opposition to the war and the policies of the current administration, I am fed up with Mr. Deford’s characterization of Hillary, whom he describes as a “Machiavellian, self-obsessed, spoiled kid” along with other derogatory accusations. His misogyny is as offensive as it would be if he were making racial slurs. Hillary Clinton is an intelligent, informed, dedicated, caring, strong, experienced leader. We are fortunate to have two qualified candidates running for the presidential nomination of the Democratic Party. I happen to think Hillary is more experienced and qualified. She has every right to stay in the contest until all have voted in early June. It was undemocratic of the Democratic National Committee to disenfranchise the voters of Florida and Michigan. There is a great need for a Constitutional Convention to reform the problems in the presidential electoral process, but that is for another day. Regardless of one’s preference for either Obama or Clinton, in this pivotal time in our history we all need to support whoever the Democratic nominee is and fulfill our duty to vote. Otherwise we can blame ourselves for contributing to the election of Senator McCain, who promises a policy of endless war and by his own admission doesn’t have much of an understanding of economic policies in this time of recession. This is no time for character assassination of the opposing candidate. To blame Hillary for the possibility of Obama’s defeat in November is unfair and prejudicial. Would Mr. Deford blame Obama if he thought the reverse to be true? Obama and Hillary are fully able to stand on their own and defend themselves regardless of who wins the nomination. I find it ironic that Mr. Deford should employ the same tactics in his criticism of Hillary as he accuses her of in portraying Obama. As I write this, the result of the Pennsylvania primary has not been decided. Fortunately, this contest will be over relatively soon. It’s high time to stop the divisiveness, of which both parties along with the media have been guilty, and get ready to support whoever the Democratic nominee turns out to be.

MARGARET BOYAJIAN, *Spruce Head*

Cafe Miranda Brunch Raises Over \$1,600 for Youthlinks—

We are writing on behalf of Youthlinks to express our thanks to Kerry Altiero, Evelyn Donnelly and their crew at Café Miranda for staging a benefit brunch on our behalf on April 13. Thanks to their hard work, wonderful food and incredible generosity Youthlinks received over \$1,600 to support quality programs for area teens.

Our sincere thanks go to all at Café Miranda; to Primrose Framing for framing the youth art that we raffled at the brunch; to the participants in the Youthlinks Art Club who donated their work for us to raffle; to Heidi Vanorse and Mid Coast Federal Credit Union for helping us spread the word; to the local press for being so generous with stories and calendar listings; and to the over 100 people who attended (including those who didn’t know they were attending a benefit and just came for the great food!).

AMIE HUTCHINSON, Program Director, Youthlinks
DANIEL BOOKHAM,
Development Coordinator, Broadreach

“Flow” Can Help with PTSD —

Recent events in my life have had me in a state of mind not at all unlike that which some of those serving in Iraq and Afghanistan are experiencing as you read this.

We humans have a built-in safety mechanism so that when things become more than we can bear the body stays behind and the mind goes elsewhere. It’s behind the expression “beside oneself.” Clinically it’s known as dissociation. While the mechanism works admirably, there’s a price to be paid for using it. It’s called PTSD and can mean the difference between living and just existing or existing at all.

I’m a veteran, but my PTSD experience goes to long before my Army days. By the luck of the draw, I’m endowed with a creative gift. It provides “flow,” defined as the altered state of consciousness achieved through creative activity.

Flow is oddly similar to dissociation but is voluntary and pleasurable — sweetness and light as opposed to the “thousand-yard stare.” Over the years flow has given me peace, comfort, solace and hope. In recent times it’s what has kept me from going off the rails altogether.

Some of the kids returning from Iraq and Afghanistan would benefit from immersion in flow. While it alone won’t fix them, it can help them to be more fixable. For some, an invitation to build a boat or musical instrument would be a life-changing experience, only this time a positive one.

If among your readers there exist people with an interest in exploring this concept, I would like to hear from them.

ROBERT BETJEMANN, *Lincolnville*

13th Annual Mussel Ridge Hoops Tournament —

As our 13th annual Mussel Ridge Hoops Tournament fades into history as our most successful tournament to date, I would like to take one more opportunity to thank the many folks who made it all possible. Tournaments like these take months of preparation and require the support of many dedicated volunteers and generous donors to efficiently, and successfully, produce such an event. Thank you to all the players, coaches and fans from St. George, Rockland, Thomaston, Medomak, Wiscasset and the Central Lincoln County YMCA for making our tournament a fun and exciting weekend of basketball. Below is a list of the many people behind the scenes who helped make it all possible.

First and foremost, I would like to thank the following St. George Parks & Recreation Committee members, not only for all their help at the tournament, but also for their hard work and dedication to all our programs and events throughout the year: Angie Vachon, Diane Haight, Meghan Miller, Rebecca Haskell, Heather Davis, Katie Crandall, Craig Wilgus, Dave Ausplund, Dave Banda, Bernie Cox and Don Lunt.

Thank you very much to the many volunteers who helped coach our town teams, do set-up, clean-up, concession, floor sweeping, work the clock, do the score book, or whatever else was needed: Erin Judkins, Rebecca Schooley, Brittany Worcester, Josh Mitchell, Zac Cocks, Greg Twitchell, Jennifer Garrett, Michaela Garrett (our artwork student co-winner), Kelly Delfrate, Rachel Delfrate, Chris Statler, Sam Emery, Missy Post, Alisa Beal, Megan Beal, Michelle Jablonski, Donna McCarrison, Eric Waters, Clair Waters, Kasey Waters, Barbara Shay, Jennifer Lombardo, Travis Young, Mishana Hunt, Millie Salo, Chip Knowlton, Tom Vachon, Emma Vachon, Lily Vachon, Kelsea Oakes-Boynton, Drew Townsend, Alex Arsenault, Patty St. Clair, Beth Smith, Larry Schooley, Cheryl Worthing, Amelia Reinhardt (our artwork student co-winner), Troy Smith, Darryl Townsend and Kelly Thorndike (our original logo creator).

A special thank you to our referees, who did a great job throughout the weekend’s 14 games: Bill Stuart, Scott Benzie, Tom Mellor, Pat Breau, Bill Clement and John Sprague.

And I would like to thank our program creator, Laurie Rich, and all our generous sponsors: Angie Dugan; Applebee’s, Thomaston; ASK for Home Care & HOMESHARE, Inc., South Thomaston; Bank of America, Rockland; Bill Knowlton Well Drilling Inc., Tenants Harbor; Brooks Inc., Thomaston; Camden National Bank; Cod-End and Miller’s Wharf and Captains Anne Miller and Meghan Miller; Dave Bird at Custom Cordage, LLC, Waldoboro; Farmer’s Restaurant, Tenants Harbor; Flagship Cinema, Thomaston; Frothingham Painting, Tenants Harbor; Gary C. Minery Plumbing & Heating, Tenants Harbor; Georges Valley High School Sports Boosters; Greg Holmes, DBA Way 2 Much Trucking, St. George; Hampton Inn, Thomaston; Harbor Road Veterinary Hospital, South Thomaston; Heather, Trevor and Zach Davis; Hoggy’s Store, South Thomaston; John Dugan, Kenneth Noland Studio, Port Clyde/Tenants Harbor; Kerry Hall at Jaret & Cohn Real Estate, Rockland; Lyman-Morse Boatbuilding, Thomaston and Tenants Harbor; Maine Coast Petroleum Inc., Tenants Harbor; Maine Printing, Warren; Michelle and Jeff Benner, Monhegan Boat Lines, Port Clyde; Mr. Tire & Company, Thomaston; Pat Garrett, DBA, Wood & Wave Woodworking, Spruce Head; Pik Qwik, Thomaston; Port Clyde Advent Christian Church; Port Clyde General Store; Port Clyde Kayak; Reflections Salon, Rockland; Rock Coast Plumbing & Heating, Thomaston; Rock Coast Sports, Rockland; Samoset Resort, Rockport; Simmons Lobster Wharf Inc., Port Clyde; Tenants Harbor General Store; the Lombardo family; The Market Basket, Rockport; and Village Soup. My apologies to any I may have unintentionally left out of the above list.

WAYNE JUDKINS
St. George Parks & Recreation Director

What's a Little Competition Between Friends?

by Henry Garfield

It's hard to ignore the similarities between the competitions for the Red Sox center field job and the Democratic presidential nomination.

Coco Crisp and Hillary Clinton are solid, battle-tested veterans, capable of stellar performances but with somewhat suspect credentials. Jacoby Ellsbury and Barack Obama are attractive unknowns who have dazzled in their first exposure to the big leagues.

Like the two Democratic contenders, Crisp and Ellsbury are on the same team and are working toward the same goal: victory in the fall. Ellsbury electrified Red Sox Nation in 2008 with his timely hitting and a solid performance in the World Series. But Crisp likely saved a few games with his defense over the long haul of the season and is one of the premier defensive center fielders in the game.

How did we get into these twin conundrums, in both baseball and politics?

Once upon a time, there was a center fielder named Johnny Damon, who had long hair and a beard and the ability to turn a game with a timely hit or a piece of bravado on the bases. Though he never had a strong throwing arm, he could run down a fly ball with the best of them. He hit two home runs in the most glorious Red Sox victory of the millennium, the game-seven blowout of the Yankees in the 2004 ALCS. You hardly recognize him now, in left field and pinstripes, the sideburns all that remain of the hair, a shadow of his former self. Damon clearly left his prime in Boston, no matter what they're paying him in New York.

Al Gore should have won the 2000 presidential election and been in the White House on September 11, 2001. The twin blows of the Ralph Nader campaign and the Supreme Court ruling on the Florida vote saddled us instead with a protracted war and a looming recession. He has since gone on to greener pastures (pun intended), winning a Nobel Prize for his work on environmental issues.

Gore, like John Kerry after him, wasn't an inspiring candidate, but in the 2008 political season the Democrats, like the Red Sox, have two stars vying for one position. Obama may be more exciting, but Clinton is the steadier, more dependable player.

The presence of Obama and Ellsbury means that neither Clinton nor Crisp can ride out a slump without looking over their shoulders. Crisp hit an even .300 in 2005, his last year in Cleveland. He started off the 2006 season as Boston's leadoff hitter, but broke a finger in the season's second series and was out for several weeks. He recovered, but his batting stroke didn't. He hit only .268 in 2007, but should have won a Gold Glove for his defense. At 28, he is six years younger than Damon.

Ellsbury began the 2007 season in Portland, and blew through Pawtucket on his way to Fenway. A few days into his first call-up, he scored from second on a wild pitch, and it's been a love fest with the Fenway faithful ever since. He hit .353 in 33 games, and had that four-hit game in the World Series. He can make the plays in the field, too, though Crisp plays center when both are in the lineup. He is 24 years old.

Fans and sports pundits are clamoring for Ellsbury to be the regular center fielder, just as many Democrats and editorial writers want the charismatic Obama to be the party's nominee. But as this is being written, days before the Pennsylvania primary, both decisions remain difficult. Crisp has played well so far. In a Sunday night ESPN game against the Yankees, he scored an important insurance run by singling, stealing second, advancing to third on a fly ball, and dashing home on short fly ball by Ellsbury.

Thing is, you reverse their positions and you probably still score the run. The two players, like the two politicians, bring similar sets of skills to the table. Ellsbury has great baseball instincts; Crisp has made the plays before. Obama gives the better speech, but Clinton has a more thorough grasp of the issues.

My opinion will surely annoy many of my fellow Democrats and Red Sox fans, but here it is: All else being roughly equal, experience counts. Hillary Clinton should be the nominee, and Coco Crisp should be the regular center fielder. The attractive upstarts can wait a little longer.

Henry Garfield is the author of five published novels, including *Tartabull's Throw*, set during the Red Sox pennant-winning 1967 season. A great-great grandson of President James A. Garfield, he lives in Bangor.

The Free Press welcomes and encourages your letters about whatever is on your mind. Include your name, town of residence, and phone number (in case we need to contact you). Send letters to: The Free Press, 8 North Main St., Rockland, ME 04841 (fax 596-6698; email editor@freepressonline.com).

BOOK review

OUR DAILY MEDS:

How the Pharmaceutical Companies Transformed Themselves into Slick Marketing Machines and Hooked the Nation on Prescription Drugs

BY MELODY PETERSEN

Farrar Straus Giroux. 432 pp. \$26

Review by Shannon Brownlee, from the *Washington Post Book World*

Once upon a time there was an industry called pharma that was interested in doing well and doing good. Run by doctors and chemists, drug companies employed battalions of researchers whose scientific efforts resulted by mid-century in a flood of life-saving drugs, including antibiotics, vaccines, tranquilizers, antihistamines and steroids. As George Merck, president of the company founded by his father, put it in 1950, "We try never to forget that medicine is for the people. It is not for the profits. The profits follow. . . ."

And how. Today, of course, drug companies are hugely profitable enterprises and the darlings of both Wall Street and K Street, having spent more on lobbying than any other industry between 1998 and 2004. Their transformation from small chemical manufacturers to marketing machines with sidelines in drug development is owed in large measure to blockbuster drugs. This is the term for any medication that generates more than \$1 billion in sales annually. Such drugs as Nexium, Celebrex, Claritin and, of course, Viagra, whose brand names are household words, became blockbusters not because they save lives, or even because they are necessarily more effective than other remedies, but because their manufacturers employ some of the cleverest marketing on the planet.

Take the selling of Zantac, an anti-ulcer drug that came on the market in 1983 and paved the way for the blockbuster drugs that followed. First, Glaxo priced its new drug above its competitor, Tagamet — a bold move, Melody Petersen writes in *Our Daily Meds*, that "like an underweight boxer trying to fool the prizefighter with his swagger . . . implied that Zantac was better." In reality, Zantac was a "me-too" drug, chemically almost identical to Tagamet and no more effective.

But it was the second half of Glaxo's strategy that was truly dazzling. Rather than plowing the revenue from Zantac back into R&D, as was then customary in the drug business, the company decided to invest in marketing the day-lights out of its drug. Glaxo funded studies intended to show Zantac's superiority. It hired a battalion of sales reps, who flogged the drug relentlessly to doctors. Most brilliant of all, the company pioneered a ploy now used routinely in pharmaceutical marketing: It "condition branded" Zantac.

Glaxo's novel idea was to link its drug to the relief of a common but minor condition, then make consumers and doctors worry that the condition was a sign of a more worrisome disease. In this case, the minor condition was old-fashioned heartburn. Glaxo warned that heartburn was a sign of chronic reflux, which the company dubbed Gastro-Esophageal Reflux Disease, or GERD.

Soon, millions of Americans were saying goodbye plop plop, fizz fizz, hello Zantac, an expensive prescription drug they started taking every day to ward off GERD, even though most episodes of reflux go away without treatment, and most heartburn can be relieved with an over-the-counter remedy.

Glaxo's strategy has become standard operating procedure in the pharmaceutical industry. Companies now routinely "condition brand" their drugs not only by linking minor symptoms to real diseases but sometimes by making up diseases out of whole cloth.

Pharmacia marketed a drug named Detrol for a previously unknown condition dubbed "overactive bladder."

Forrest Laboratories ran a study to see if its antidepressant Celexa could be used to treat "compulsive shopping disorder," a mental illness that has yet to be recognized by psychiatrists, but that some husbands and wives undoubtedly would like to invoke when confronted with a maxed-out credit card.

Drug makers also have flooded the market with me-too drugs. We don't have just one anti-cholesterol medication, we have more than 10 to choose from. Nearly a dozen antidepressants act on the same neurotransmitters in the brain, and three different drugs target erectile dysfunction. That's not to say that multiple versions of a drug are necessarily a bad thing. Having several drugs does introduce some price competition, though not much, and certain drugs often work better for some people than for others.

But as Petersen argues, there's a downside to this business model.

For one thing, in pursuing blockbusters, drug makers are neglecting research that could help people with less profitable diseases. Malaria continues to be a scourge of the Third World, but patients with diseases that are rare in the United States get short shrift from the drug industry. Even antibiotics are in short supply in the industry's development pipelines, largely because no amount of creative marketing can lift an antibiotic to blockbuster status.

An antibiotic might well save your life, but unlike Zantac or Lipitor or Claritin, it doesn't need to be taken for years on end, day in, day out. Even more troubling, the flow of truly innovative drugs has slowed to a trickle, at least in part because companies that were once science-driven now spend twice as much on marketing existing drugs as they do on developing new ones.

Worst of all, the marketing has had a demonstrably negative effect on many patients. Merck's painkiller Vioxx, which was heavily advertised for a wide variety of ailments, is estimated to have killed as many as 60,000 people before the company withdrew it from sale in 2004. "It's a Vietnam," the sister of one deceased Vioxx user told Petersen. Unnecessary drugs and dangerous interactions between drugs are a mounting problem, as one in six Americans now takes three or more drugs per day; many patients find themselves adding prescriptions to combat the side effects of other prescriptions. Petersen tells the story of a 5-year-old who was put on the stimulant Ritalin, which triggered seizures. His doctors were considering brain surgery until he was taken off the drug and the seizures stopped.

For those who know the history of drug marketing, much of this book will be familiar. Petersen draws on her years as a cracker-jack business reporter at the *New York Times*, where her enterprising stories were eagerly awaited by those who follow the drug makers. She occasionally appears to forget that for all their hype and hucksterism, drug companies also produce many truly beneficial products. And in places, *Our Daily Meds* reads like MTV on paper, with too many jump-cuts and abrupt transitions from anecdote to anecdote without enough critical analysis. But for general readers, this is a fascinating introduction to one of the most powerful industries of our time.

It's hard to imagine what the endgame will be for the era of the blockbuster drug. Having built up Wall Street's thirst for the profits that blockbusters bring, drug makers are now in a sticky spot. Without investing more in R&D, companies don't have much hope of finding new blockbusters. But no company can abandon its marketing strategy and put its money back into research without jeopardizing the sales of its current drugs. Some drug company analysts foresee a day when the federal government will fund the clinical research that's necessary to get drugs approved, and companies will be reduced to manufacturing and selling them.

That might or might not be a good idea, but until pharma kicks its marketing habit, Petersen offers patients useful suggestions for avoiding harm. She recommends that before we head to the pharmacy, we ask our doctors if there is valid evidence that patients like us will benefit from taking a particular medication. We should always inquire about side effects. Better yet, we ought to be looking for ways to improve our health without a prescription.

The reviewer, Shannon Brownlee, is a senior fellow at the New America Foundation and author of *Overtreated: Why Too Much Medicine Is Making Us Sicker and Poorer*.

OUR DAILY MEDS



MELODY PETERSEN

Such drugs as Nexium, Celebrex, Claritin and, of course, Viagra, whose brand names are household words, became blockbusters not because they save lives, or even because they are necessarily more effective than other remedies, but because their manufacturers employ some of the cleverest marketing on the planet.

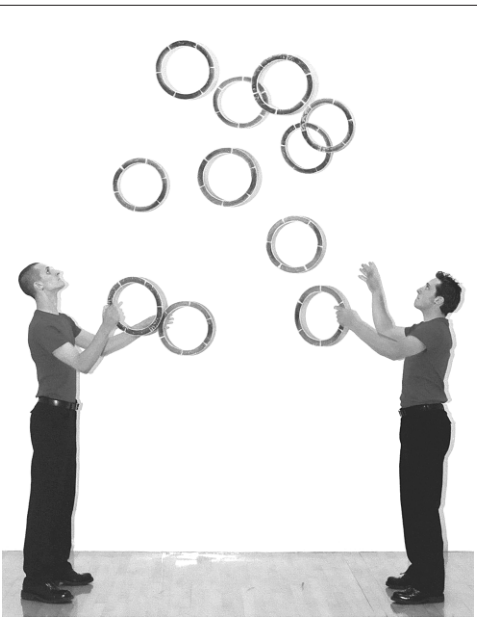
The flow of truly innovative drugs has slowed to a trickle, at least in part because companies that were once science-driven now spend twice as much on marketing existing drugs as they do on developing new ones.

TWO Performing at Waldo Theatre

On Saturday, April 26, at 7 p.m., TWO, a dynamic juggling duo, will perform at the Waldo Theatre, Main Street, Waldoboro.

Born to be rock stars but destined for juggling, Jason and Matthew Tardy have created a high-energy performance that captivates audiences across the planet, with an innovative show that features everything from high-tech juggling to physical comedy and full body contortion — all choreographed to upbeat, original music.

Tickets are \$5 for students, \$8 for adults, and \$25 for a family (up to two adults and their children under 18). Reserve tickets online at www.thewaldo.org. For more information, call 832-6060.



Maine-Made Medicinal Products Topic of Historical Society Talk



The interior of the City Drug Store on Main Street, Belfast, taken around 1900

The Belfast Historical Society will present "Maine-Made Medicinal Products," a talk by Sam Fuller Jr., at 7 p.m. Monday, April 28, in the Abbott Room of the Belfast Library. Bottles, tins, boxes and product advertisements used by apothecaries and drugstores in the late 19th and early 20th centuries will be the focus of the talk. This program is free and open to the public.

In Belfast the drugstore of William O. Poor

and Son, established in 1814, was the oldest pharmacy in Maine until it closed in the mid-1980s.

Fuller is a local bottle collector and historian, specializing in medicinal and soda products. He is the author of *A Guide to Maine Beverage Bottles and Maine Bottling Operations, 1840s-1980*. Participants are encouraged to bring in a bottle of their own to discuss.

Peopleplace Seeks Items for 50/50 Children's Boutique May 8-10

Start cleaning out your basement for Peopleplace Cooperative Preschool's first annual 50/50 Children's Boutique, Thursday to Saturday, May 8 to 10 at the Camden Snow Bowl. Peopleplace is accepting children's clothing up to size 14, toys, books, children's furniture, bikes, all baby gear and maternity items. Donors can become consignors and get 50 percent of the sale or may just donate; 50 percent of each sale will support Peopleplace's scholarship program and general

operations. Consignors set their own prices for up to 150 items and are invited to a special presale.

To become a consignor, download a registration form at www.peopleplacecoop.org or pick one up at Peopleplace, 65 Union Street. Peopleplace will be collecting items on Wednesday, May 7 from 9 a.m. to 1 p.m. and 6 p.m. to 8 p.m., and on Thursday, May 8 from 9 a.m. to 1 p.m. at the Snow Bowl. For more information, call 236-4225.

Trek Across Maine Informational Meeting May 1 at Maine Sport

The American Lung Association and Maine Sport will host an informational meeting on Thursday, May 1, at 7 p.m. for people who are either thinking of participating in or are registered for the Trek Across Maine on June 13 to 15. Gale Auclair, the Trek manager, will be on hand to present information on various topics. Maine Sport's cycling staff will provide tips on bike fit, clothing

choices, training, nutrition and changing a flat. Door prizes and snacks will be provided. All riders are welcome.

There will be an informal ride for cyclists of all abilities at 5:30 p.m. starting at Maine Sport. Come meet other cyclists in the local area who are training for the Trek. For more information, contact Mike Hartley at 236-7120 or e-mail bikes@mainesport.com.

Bottle Drive for Skateboard Park

The Skateboarders of South Thomaston will be holding a bottle drive on Saturday, April 26, from 9 a.m. to 1 p.m. to raise money for a skateboard park. All funding will be raised by private donation and held by treasurer Pam Paquette.

The skateboarders hope to raise \$6,000 for a safe place to skateboard — a park with pavement and various components such as a grind rail, ramps and steps, to be located on town property. Over the win-

ter, they met at the library to work on the project.

The Keag Store has been collecting returnables on behalf of the skateboarders and donations were received from town residents at town meeting. To date, the skateboarders have raised \$145.

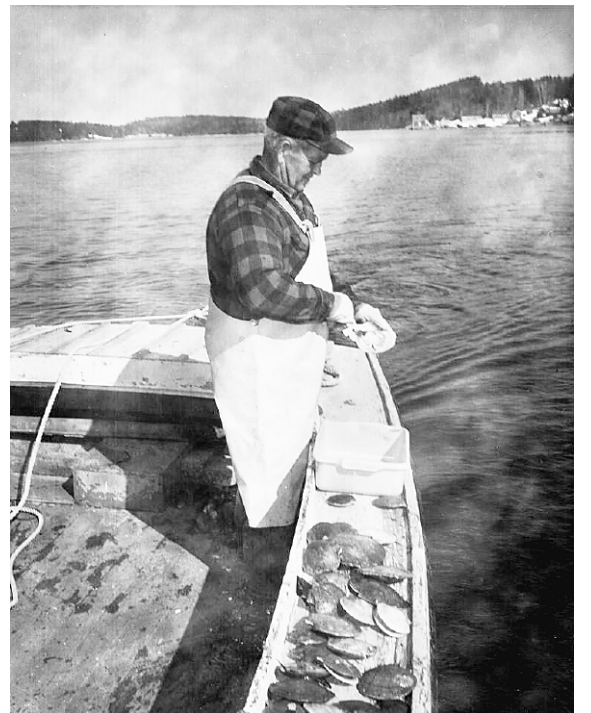
Skateboarders will be going door-to-door on Saturday to collect returnable bottles and cans. To arrange pickup, call Pennie Alley, 594-7416.

Illustrated Talk on Boutilier Photos

On Sunday, April 27, at 1:30 p.m., in the Bremen Town Center, the Bremen Historical Society invites the public to join them for a look at changes in photography, fishing and boatbuilding on the Pemaquid Peninsula. The illustrated talk by Peter Lindquist will feature the work of photojournalist Everett "Red" Boutilier.

Boutilier lived in Bremen from 1959 until his death in 2003. During that time he photographed and wrote about many boatbuilding and fishing activities along the Maine coast, especially in the mid-coast area. After his death, the Penobscot Marine Museum in Searsport acquired an extensive collection of Boutilier's photographs and negatives. The museum hired Lindquist to organize and catalogue the collection.

Light refreshments will be served after the talk. There is no charge to attend but donations will be accepted. The Bremen Town Center is at 208 Waldoboro Road, Route 32, in the former Bremen school.



This view of a Bremen fisherman is one of the many photographs Red Boutilier took documenting fishing activities along the Pemaquid Peninsula during the mid-20th century.

Come Spring Conference April 26

The Lincolnville Historical Society is hosting the annual Come Spring Conference on Saturday, April 26. Held at the Schoolhouse Museum on Route 173, the conference will feature speakers and workshops from 9 a.m. to 3 p.m., with registration starting at 8 a.m. Representatives from local historical societies and museums, local historians and interested parties may register for \$12.50 (includes lunch) by calling Diane O'Brien at 789-5987.

Cathy Hardy, director of development and community relations at the Owls Head Transportation Museum, will speak on "Fund-raising," "Finding and Cultivating Volunteers," "Working with the Media" and "Public Relations." Diane O'Brien will talk about the

Ralph Richards diaries. Richards was a 29-year-old Spanish-American War veteran and rural mail carrier in 1908 when he began keeping a journal. He wrote in his journal every day until his death in 1966.

Northeast Historic Film will present a 1940s film, "Knox County On Parade, 1940," showing Knox county town buildings, local industries, celebrations, winter and summer sports and people. Organization staff will speak about the care of old films, video and DVDs. Humorist and raconteur Rosey Gerry will wrap the day up by talking about "Intriguing Finds in Local History."

For more information, contact O'Brien at 789-5987 or Jackie Watts at 763-3447.

Ancestral Food Topic of Library Talk

On Thursday, May 1, at 6:30 p.m., there will be a presentation by nutritional counselor Holly Noonan entitled "Ancestral Food" in the Friends Community Room at the Rockland Public Library. Admission is free.

Noonan will illuminate current food trends by placing them in historical context. It has been said that food has changed more in the last 30 years than in the previous 30,000. In what ways has it changed? Are our bodies

having a hard time keeping up? What were the traditional foods passed down in families and how far back does the tradition go? Has the recent globalization of the food supply affected your family?

This presentation will introduce some ancestral food recipes and tell audience members where to get the ingredients locally. Noonan runs a nutrition counseling business in Camden that focuses on nourishing individuals in today's food economy.

The Grand Design Seeks Cast Members

The Grand Design is seeking cast members for a July 25 production at the Lincoln Theater in Damariscotta. There will be preliminary meetings for those interested at the Damariscotta Town Hall on School Street on Monday and Tuesday, April 28 and 29, at 7 p.m.

This will be a fully staged version of the show produced by Castlebay with Harmony Gosbee directing. Gosbee is currently the key second assistant director for the TV show "Brothers & Sisters." She is coming back to her hometown of Damariscotta during a break specifically to direct *The Grand Design*.

The historical multimedia musical drama incorporates history, imagery and music to chronicle the fate of a group of Scots-Irish Presbyterians who set out for Philadelphia in 1741, only to have their ship disabled by a storm. They stranded on Grand Manan Island in the Bay of Fundy where they were abandoned by a scoundrel captain. Rescued by Passamaquoddy Indians, the survivors were brought to colonial St. George and



Pemaquid in Maine.

Julia Lane of the duo Castlebay spent over four years researching and gathering facts about the events and the times and culture in which they occurred. In the show, dialogue taken from historical documents is integrated with music of the era and original songs played on traditional instruments by a five-piece ensemble. Projected imagery provides a visual context for this musical documentary of the early Ulster Scots' emigration to New England.

Although there are only eight speaking parts (two women and six men), the chorus roles (passengers, sailors, townspeople) are essential to provide context for this drama. All ages are welcome. Singers need to be tuneful and enthusiastic. For more information, visit the Web site www.the-grand-design.org, e-mail castlebay@castlebay.net or call 529-5438.

CALENDAR OF EVENTS

PLEASE TAKE NOTE:

Calendar listings should be mailed to: *The Free Press Calendar*, 8 North Main St., Suite 101, Rockland, ME 04841 (FAX: 596-6698, or E-mail: editor@freepressonline.com) by noon the Friday before the Thursday publication date. Please include your name, address and phone number.

Noteworthy

THURSDAY, APRIL 24:

- **Dave Mallet Live**, 7 p.m., Alamo Theater, Bucksport. Doors open at 6 p.m. with a cash bar and acoustic music in the lobby. Tickets are \$15 in advance, \$20 at the door, and are available at Wild Rufus Records in Camden and BookStacks in Bucksport. FMI: 469-8992.
- **Reading by Zachary Cole**, 6 p.m., University College at Rockland, room 402, fourth floor of Breakwater Marketplace, Rte. 1, Rockland. Cole will be reading his latest short story, "To Shamrock."
- **Novel Jazz Septet in Concert**, 7-9:30 p.m., Skidompha Library, Main St., Damariscotta. \$10/\$5 ages 21-12/under 12 accompanied by parent, free. FMI: 563-5513.
- **Folk Music by Paddy Mills**, 6-9 p.m., Badger Café & Pub, Union Common. No cover charge. FMI: 785-3336.

FRIDAY, APRIL 25:

- **Alejandro Escovedo in Concert**, 7:30 p.m., Strand Theatre, 345 Main St., Rockland. \$25. Tickets: 594-0070 or www.rocklandstrand.com.
- **Cabaret Night**, 7:30 p.m., Opera House at Boothbay Harbor. Pianist Kevin Kiley will be joined by some of the region's most talented voices for an evening of cabaret and desserts. Free; donations accepted to fund summer productions. FMI: 633-6855.
- **The Alchemystics in Concert**, doors open at 8 p.m.; 9 p.m. concert, Gates Center, College of the Atlantic, Bar Harbor. New roots music by a Northampton, Massachusetts-based band. \$10. FMI: 288-5015.

- **Book Signing by Chef Gina Stipo**, 5-7 p.m., Owl & Turtle, Washington St., Camden. Stipo will sign copies of her cookbook *Ecco La Cucina*.
- **Acoustic Blues by Dan Stevens**, 9 p.m., Black Bull Tavern, 420 Main Street, Rockland.
- **The Boneheads in Concert**, 7:30 p.m., Johnson Hall Performing Arts Center, 280 Water St., Gardiner. Tickets \$12/members \$10. Members can bring one nonmember free. For reservations, e-mail johnson-hall@verizon.net or call 582-7144.

SATURDAY, APRIL 26:

- **Chewonki Sustainable Energy Conference**, 8 a.m.-4:30 p.m., Chewonki Foundation, Wiscasset. Keynote speech by Paul Kando, who has spent his life working in the renewable energy field, exhibits and workshops, and installation of the nation's first combined solar electricity and hot water module system designed and manufactured by Ascendant Energy of Rockland. FMI: www.chewonki.org.
- **Kitchen Garden Symposium**, all day, Coastal Maine Botanical Gardens, Boothbay. Speakers are William Alexander, author of *The \$64 Tomato*; Jennifer R. Bartley, author of *Designing the New Kitchen Garden*; cookbook author Cynthia Finnemore Simonds, with a demo and tasting; Jennifer Bartley, author of *Designing the New Kitchen Garden*, and Russ Cohen,

expert on edible native plants and wildflowers. Buffet lunch included in fee. \$110/\$90 CMBG members. FMI: 633-4333.

► **All Things Woods Expo 2008**, 10 a.m.-4 p.m., Portland Expo Bldg., Park Ave. Forests for Maine's Future presents 50 exhibitors, including wood products firms, conservation organizations, outdoor recreation businesses and others, and activities for kids that include visits with live owls, seeing meat-eating plants and pictures taken with Smokey the Bear. Adults will learn about geo-caching, spring mushrooms, backyard birds and more. Free. FMI: www.forestsformainefuture.org.

► **UUR Earth Day Events**, 9 a.m.-4 p.m., First Universalist Church, Rockland (UUR),

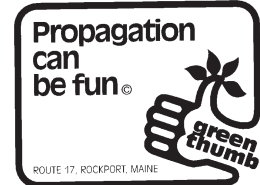
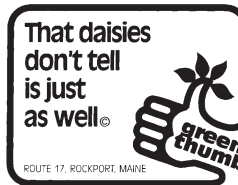


FLAME ON!
THE MIRANDA WAY
"Blunch"
(Sunday 10:30 AM - 2:30 PM)
Supper
(7 Days from 5:30 PM)
CAFÉ MIRANDA
15 OAK STREET
ROCKLAND
594-2034
WWW.CAFEMIRANDA.COM

CARAVANS
Clothing, Jewelry & Gifts

THE TRENCHCOATS ARE COMING!
Spring Is In

415 MAIN ST., ROCKLAND • 594-0293 • MON.-SAT. 10 AM-6 PM • SUN. NOON-4 PM



CELEBRATE
KENTUCKY DERBY DAY
AT
BILLY'S TAVERN

ENTERTAINMENT:
LIVE BLUEGRASS MUSIC

SATURDAY, MAY 3 NOON TILL CLOSE

SPECIAL DERBY DAY MENU:
SOUTHERN FRIED CHICKEN (BILLY'S OWN RECIPE)
HOMEMADE PECAN PIE * REAL MINT JULEPS!

HORSE RAFFLE (CASH PRIZES!)

RACE TIME 6:00 P.M.

CHECK OUT OUR NEW OYSTER BAR.

EAT, DRINK AND BE LOCAL.
SEE YOU AT THE RACES!



ONE STARR STREET THOMASTON, MAINE. (207) 354-1177

Rollins HOME FURNISHINGS

STORE CLOSING

1,000,000. FURNITURE LIQUIDATION

THE END IS HERE!

SELLING OUT TO THE BARE WALLS

ALL LIVING ROOM, DINING ROOMS, DINETTES, BENCHES, TABLES, LAMPS, MATTRESS SETS AND ACCESSORIES ON THE CHOPPING BLOCK!

ALL REASONABLE OFFERS ACCEPTED!

FEATURING... WINNERS ONLY, SHERMAN, DURHAM, C.R. LAY, MILLER, MC KINLEY... MUCH MORE!

TOTAL STOREWIDE FURNITURE AND ACCESSORY LIQUIDATION!

Rollins
HOME FURNISHINGS

CORNER RTE. 1 & SHEEPSHOT RD. • NEWCASTLE • 563-5758

HOURS: TUES - SAT 10-5

CALENDAR OF EVENTS

MAINE COAST BOOK SHOP



& CAFÉ

P.O. Box 309 • 158 Main St.
Damariscotta, ME 04543

GREAT GIFT IDEAS ANY TIME OF THE YEAR

- ◆ Books ◆ Magazines
- ◆ Stationery
- ◆ Out of Print Book Searches
- ◆ Gift Certificates

563-3207



Mon. - Sat. 8-5
Sun. 9-3

J. Edward Knight & Co.
General Insurance

We provide the customer service you deserve with the insurance expertise you need.



Home - Auto - Commercial - Marine - Life
99 Camden St. PO Box 625 Rockland, ME
Tel: 594-8823 Fax: 594-5558

New Expanded BEER Selection

Taste Beers From Around the World! Your Options Never End at Rockland Food Service Wine at Wholesale/ Great Selection

We Are Moving In May to 195 Park St., Rockland (the old Fabric Bonanza Building)

ROCKLAND FOOD SERVICE
594-5443
58 Park St., Rockland

345 Broadway, and 7-9 p.m., Watts Hall, Main St., Thomaston. Events at the church include checking the family's carbon footprint, a recycling relay, seeing a car of the future and other Earth-friendly activities. From 2-4 p.m., candidates for Maine Legislature and Senate will answer questions on growth and water issues in a political forum on the environment. From 7-9 p.m. in "Getting Back to the Garden: A Cosmic Mass," Rev. Mark Glovin will use video, spoken word, song and dance in an interactive celebration. \$10 suggested donation for the mass. FMI: 594-8750.

► **Maine Fiddle Fest**, 7:30 p.m., Chocolate Church, Washington St., Bath. A showcase for some of the best fiddlers in Maine. FMI: 442-8455.

► **Juggling by TWO**, 7 p.m., Waldo Theatre, Main St., Waldoboro. The show by jugglers Jason and Matthew Tardy features everything from high-tech juggling and fire-eating to physical comedy and full-body contortions. \$8/\$5 students/\$25 family. FMI: 832-6060.

► **Earth Day Dinner**, 6 p.m., Gibbs Library, Washington village. Three-course dinner of locally raised food and meat. Event will include information about Washington farms and businesses and tips on becoming a "locavore." Tickets are \$12 for adults, \$8 for seniors, \$5 for children 10 and under. FMI: 845-2663.

► **Poetry Reading by Don Tescher**, 1-3 p.m., Personal Bookshop, 78 Main St., Thomaston. Tescher, author of "Earwig's Almanac" poetry column for The Free Press, will read from his newly published chapbook, *Without Further Ado*.

► **PSO Pops! Concert**, Sat., Apr. 26, 8 p.m. and Sun., Apr. 27, 2:30 p.m., Merrill Auditorium, Myrtle St., Portland. Final Pops! concert features "Rumba Sinfonica," music with a Latin flavor, featuring the Cuban guest ensemble *Tiempe Libre*. FMI: 842-0800.

► **Bobby Reed and the Wild Horse Band in Concert**, 8 p.m., Lincoln Theater, Damariscotta. Opener for the concert by the award-winning country music band is a screening of the first episode of the classic Western-Sci-Fi movie serial "The Phantom Empire," starring Gene Autry, the Singing Cowboy. Tickets, \$15, available at the theater, by calling 563-3424, or at Maine Coast Book Shop, Damariscotta.

► **Stand-up Comedy Showcase**, 8 p.m., Johnson Hall, 280 Water St., Gardiner. Showcase is hosted by Tom Hofmann, with comics Bo McMichael, Dennis Fogg, Bill Picard and surprise guests. \$6. FMI: 582-7144.

► **Laurie Jones & Band**, 8:30 p.m., McMahon's Grille and Tavern, Camden.

► **Game Loft Charity Auction**, preview 9-10 a.m., auction 10 a.m.-1 p.m., Tarratine Hall, Belfast. Fund-raiser to support Game Loft's operations. Refreshments and many items to bid on, with Lincolnville's Rosey Gerry as auctioneer. FMI: 338-6447.

SUNDAY, APRIL 27:

► **Imani Winds in Concert**, 2:30 p.m., Strand Theatre, Rockland. Urban classical music from the Grammy-nominated wind quintet of African-American and Latino musicians. FMI: 236-2823.

► **Maine Blues Society Contest**, 1 p.m., Time Out Pub, 275 Main St., Rockland. Road to Memphis Contest features four solos/duos. \$5. FMI: 593-9336.

MONDAY, APRIL 28:

► **Maine Poet Laureate Reading**, 7 p.m., Waterfall Arts, High St., Belfast. Betsy Sholl, Maine's poet laureate, will read selections from her work and discuss the creative process. \$5/students free.

► **Auditions for The Grand Design**, Mon. & Tues., April 28 & 29, 7 p.m., Damariscotta Town Hall, School St. Cast members sought for a Lincoln Theater production of the multimedia musical historical drama produced by Castlebay, with Harmony Gosbee directing. FMI: www.the-grand-design.org or 529-5438.

► **Blues Show**, 7-10 p.m., Time Out Pub, 275 Main St., Rockland. Tonight: Prof. Louie & The Crowmatix. \$10. FMI: 593-9336.

TUESDAY, APRIL 29:

► **Poetry Slam**, 6-8 p.m., Harbor Gawker Restaurant, Vinalhaven. Vinalhaven School students and former Grand Slam Champion of Connecticut, poet H'Allah Black, will perform original pieces, as part of the school's annual Poetry Festival. FMI: 863-4573.

► **French Romantic Concert**, 6:30 p.m. pre-concert talk; 7:30 p.m. concert, Merrill Auditorium, Portland. Organist Ben van Oosten from the Netherlands will perform works from French Romantic organ literature. \$15. FMI: 883-4234 or www.foko.org.

► **"Poetry of Place" Reading and Presentation**, 6:30 p.m., Camden Library. Elizabeth Tibbetts and Kristen Lindquist will read poems celebrating the local landscape while accompanied by a slide presentation of images of area landscapes.

COMING UP:

► **Children's House Montessori School Auction**, Fri., May 2, 6-9 p.m., Camden Snow Bowl. Rosey Gerry will serve as auctioneer for such items as a private wine-tasting dinner, private beach party with barbecue and original artwork. Beverages, hors d'oeuvres and desserts provided. \$10. FMI: 236-2911.

► **Steel Magnolias**, May 2-18, Thursdays at 7:30 p.m.; Fri. & Sat., 8 p.m.; and Sun., 2 p.m., Theater Project, 14 School St., Brunswick. Production of the Robert Harling comedy/drama centering around a small-town beauty parlor and the women who gather there. \$18. FMI: 729-8584.

► **Colin Hay in Concert**, Fri., May 2, 8 p.m., Opera House at Boothbay Harbor. A solo performance by the frontman and principal songwriter for Men at Work. \$22 in advance/\$25 night of show. FMI: 633-5159.

► **Over the River and Through the Woods**, Fri. & Sat., May 2 & 3, 8 p.m.; Sun., May 4 & 11, 2 p.m.; Thurs., May 8, 7 p.m.; Fri., May 9, 8 p.m.; Sat., May 10, 2 & 8 p.m., The Public Theater, Great Falls Plaza, Auburn. A comedic look at an Italian-American family's meddling and match-making in an attempt to keep a grandson in Hoboken after he finds a job in Seattle. FMI: 782-3200.

► **Gilgamesh**, Fri. & Sat., May 2 & 3 and Thurs.-Sat., May 8-10, 7:30 p.m. and Sun., May 4 & 11, 3:30 p.m., Poe Theater, Lincoln Academy, Newcastle. A Heartwood Regional Theater Company production of the ancient epic. \$22 in advance/\$25 at the door. FMI: 563-1373.

► **"Broadway Blast!" Dinner Theatre**, Sat., May 3, 5:30 p.m., Georges Valley H.S., Thomaston. An

evening of food, song and dance from such musicals as *Oklahoma*, *Chicago*, *The Music Man* and many other shows. FMI: 701-8624 or 354-2502 during school hours.

► **Muriel Havenstein's 85th Birthday Concert**, Sat., May 3, 7:30 p.m., Opera House at Boothbay Harbor. With Havenstein at the keyboard will be Noel Kaletsky, clarinet and soprano sax; Scotty Philbrick, cornet and rhythm guitar; Gary Gemmiti, drums; and Lou Bocciarelli, bass. Tickets, \$25, available at Skidompha Library and Maine Coast Book Shop, Damariscotta; I'm Puzzled, Nobleboro; or by calling 563-5513.

► **The Merasi in Concert**, a group of traditional Muslim musicians who perform sacred music in Hindu goddess temples in Rajasthan, India, May 3-9. Performances on Sat., May 3, 2 p.m., at Portland Museum of Art, 7 Congress Sq.; Sun., May 4, 3 p.m., The Carpenter's Boatshop, Pemaquid; Mon., May 5, 7:30 p.m., Waterman Center, North Haven; Wed., May 7, 8 p.m., Freeport High School; and Fri., May 9, Camden Opera House. Tickets for the Opera House performance are \$20/\$7 children, available at Wild Rufus, Camden; Fertile Mind, Belfast; and Rock City Books & Coffee, Rockland. For Camden performance information, call 323-2253.

► **"Awakening Mother Earth,"** Sat., May 3, 6 p.m. and Sun., May 4, 3 p.m., Rockport Opera House. The Terra Diddle Collective uses story, song, dance, costumes and puppetry to celebrate the coming of spring. Preceding the musical play will be a guest performance by Chuck Nguyen and the Peaceful Warriors in "The Story of Water." Free; donations accepted. FMI: 236-3642 or 763-4038.

► **"Shall We Dance" Gala**, Sat., May 3, 10 p.m., Owls Head Transportation Museum. Hot and cold buffet served 5-6 p.m., hors d'oeuvres rest of evening, cash bar and dancing to Tony Boffa Band. Also planned are a dance contest, performances by professional dancers Christian and Kathryn Clayton, a hat parade, raffle and live auction. Benefit for Penobscot Bay Health Foundation. Tickets are \$75 per person. FMI: 594-6799.

► **Watershed School Spring Auction**, Sun., May 4, 4 p.m., Brevetto Kitchen and Wine Bar, Knox Mill, 43 Mechanic St., Camden. Student exhibits, silent auction, music by Josie and Sophie Davis of the Caliope String Quartet, hors d'oeuvres and cash bar. Auction with auctioneer Phil Crossman begins at 6 p.m. \$20 per person; semi-formal attire requested.

► **James McMurtry in Concert**, Sun., May 4, 7:30 p.m., Criterion Theatre, Bar Harbor. \$25. FMI: 667-2200.

► **18th Annual Mother's Day Road Race**, Sat., May 10, registration 7-8:15 a.m., intersection of Pleasant and Union sts., Rockland. The 250M Kids Mad Dash (free; for ages 12 & under) begins at 8:30 a.m., with the 5K Family Fun Run (for both runners and casual strollers) immediately following. Advance registration for Family Fun Run is \$13 for a single entrant/\$18 for a family. Registrants get a free race T-shirt while supplies last. An additional \$2 will be charged on race day. Register in advance online at www.penquis.org; at the Penquis office, 170 Pleasant St., Rockland; or by calling 1-800-215-4942.



— downtown Belfast
WWW.DANKIRCHOFF.COM

HEALTH CLUB SALE

1-YEAR FULL MEMBERSHIP ONLY \$225 HALF PRICE

- 1-Year Family Full Membership** Half Price \$475
- 1-Year Pool Membership** \$150
- 1-Year Family Pool Membership** \$300
- 3-Month Full Membership**

TANNING

10 TANNING SESSIONS \$30
20 TANNING SESSIONS \$55

TRADE WINDS HEALTH CLUB

2 PARK DRIVE, ROCKLAND • 594-2123

FRESH NEW STORAGE UNITS



www.shepardstorage.com

Shepard Storage

594-2154

SAVE \$500 Purchase "As Is" EXPIRES MAY 10, '08

1995 FORD EXPLORER	\$5,695
1998 HONDA CIVIC	\$6,395
2001 KIA RIO 74k	\$5,595
1996 NISSAN SENTRA	\$3,495

Just Right AUTO REPAIR

273-3171

Route E3 Warren/Union Townline • justright@tds.net
MONDAY thru FRIDAY 8AM-5PM, SATURDAY 8AM-4PM

We Will Not Be Undersold!

3 Bedroom, 2 Bath Fleetwood Doublewides AS LOW AS \$39,000

Most homes delivered to you within 5 weeks!

Fleetwood named Boggs #1 Dealer in Sales and Service Nationally

6 New Era Modular Homes on Display AS LOW AS \$59,900

Ranch • Colonial • Cape Homes

Boggs was voted Best of the Best in Mid-Coast Maine for New Era Modular & Mobile Homes

- Over 30 Mobile Homes on Display
- Single/Doubles: 2, 3 & 4 Bedroom
- Financing Available
- Statewide Delivery
- Trade-Ins Welcome

Boggs Homes

1-800-649-6578

Corner Rt. 90 & 131, Warren, ME 04864 www.bogghomes.com

CALENDAR OF EVENTS

► **Bob Dylan and Band**, Sat., May 17, 7:30 p.m., Androscoggin Bank Colisee, 190 Birch Street, Lewiston. Tickets, \$50, available at 1-877-GO-TIX-GO, or online at www.thecolisee.com.

► **Bay Chamber Concerts' Benefit Gala, with Arlo Guthrie**, Sun., Aug. 24, 5 p.m., Strom Auditorium, Camden Hills Regional H.S., Rte. 90, Rockport. Benefit performance will be followed by a reception at Carver Hill Gallery in Rockport, with food, music and an appearance by Guthrie. Concert-only tickets are \$50 & \$75. Reception with prime-location concert ticket and tax-deductible contribution is \$195. FMI: 236-2823.

Children's & Teens' Events

THURSDAY, APRIL 24:

► **Pollywogs & Frogs Program**, 9:30 a.m. & 1 p.m., Damariscotta River Association Farmhouse, Belvedere Rd., Damariscotta. Parent-child program for ages 2-5 will explore "Frog Songs." \$2 suggested donation. FMI: 563-1393.

► **Belfast Library April Vacation Events**: Thurs., April 24, 2 p.m., children can drop in and make buttons. On Sat., Apr. 26, 11 a.m., Milkweed Puppet Theater will present "The Lost Half Hour," based on a fairy tale by Maine author Henry Beston. All programs are free and open to the public. FMI: 338-3884, ext. 24.

► **OHTM Kite-Building Workshops**, Thurs. & Fri., Apr. 24 & 25, three sessions daily, at 10:30 and 11:15 a.m. and noon, Owls Head Transportation Museum, Rte. 73. Education director Ethan Yankura will lead workshops: Thurs., snake kite; and Fri., diamond kite. Free, but preregistration required: 594-4418.

FRIDAY, APRIL 25:

► **Making Spring Rolls**, 10 a.m., Spectrum Generations Coastal Community Center, Overlook Bldg., 521 Main St., Damariscotta. Led by Suse Wicks, director of Wavus Camp for Girls. \$5 materials fee. Sign up by April 24 by calling 563-1363.

► **"Books in Motion" Program**, Skidompha Library, Main St., Damariscotta. *Because of Winn-Dixie* is the book choice for April. Thirty copies of the book are available to be read. The film made from the book will be shown tonight at 6:30 p.m. FMI: 563-5513.

► **Free Shrine Circus Tickets**, Tickets for the circus at the Augusta Civic Center are for shows at 2 & 7 p.m. on Fri., Apr. 25 and 9:30 a.m., 2 & 7 p.m. on Sat., Apr. 26. Mid-Coast Shrine Club-sponsored tickets for children in fourth and fifth grades available at Waterfront Market, Thomaston; Megunticook Market, Camden; South End Grocery, Rockland; MicMac Market, Union; Waldoboro Movie & Pizza; and Keag Store, So. Thomaston.

SATURDAY, APRIL 26:

► **Water All Around**, 1-4 p.m., VFW Hall, Mill St., Waldoboro. Community water education festival for children and families features activities, games and crafts related to fresh-water and marine environments. FMI: Ellie Libby at 832-0343.

► **Children's Matinee**, 2 p.m., Chestnut Street Baptist Church, Camden. A feature-length animated film that uses humor, music and dancing to depict one of the most famous stories in the Bible. Refreshments served. FMI: 236-2195.

► **Free Family Saturday Activity**, 10 a.m.-noon, Gamble Center, Farnsworth Museum, Rockland. Students will create an 8-inch hand-stitched Victorian crazy quilt block in the style of those found in the Farnsworth family homestead. To register, call 596-0949.

► **Reading by Mary-Anne Flavin**, 12:30 p.m., Waldoboro Library. Flavin will read from her new book *Zenith's Great Gift*, about a disabled dolphin who helps disabled children. FMI: 832-4484.

MONDAY, APRIL 28:

► **Tanglewood 4-H Camp Program for Home-Schoolers**, Mon., Apr. 28, May 5 & 12, 9 a.m.-2 p.m., Tanglewood 4-H Camp, Lincolnville. In "Cycles in Nature" participants dig into gardens and forest ecology and participate in games, art and investigation. \$60 for all three sessions/\$50 for more than one child. FMI: 789-5805 or e-mail bkoster@umext.maine.edu.

TUESDAY, APRIL 29:

► **Children's Drawing Workshops**, 4-5 p.m., Rockland Library, 80 Union St. Ongoing series of workshops with artist Catinka Knoth. This month's programs are entitled "Let's Draw April Awakenings" and include such subjects as spring flowers, birds and baby animals. For ages 6 and up; under 10 should be accompanied by an adult. Free and open to the public; materials provided. FMI: 594-0310.

COMING UP:

► **Children's Massage Clinic**, Sat., May 3, 9 & 10:30 a.m., Down East School of Massage, Moose Meadow Lane, off Rte. 220, Waldoboro. For ages 6 months to 18 years. Parents must accompany children to sign release forms and help complete medical history. To make an appointment, call 832-5531.

► **PSO's Kinderkonzert Percussion Concerts**, Tues., May 13, Crooker Theater, Brunswick H.S., 9:30 & 10:30 a.m. and 1 p.m.; and Thurs., May 15, 9, 10 and 11 a.m., Olin Arts Center, Bates College, Lewiston. Children ages 3-7 will hear a variety of new rhythms and beats throughout "Cowboy Ed Rides Again," performed by the Portland Symphony percussion ensemble. \$3. FMI: 773-6128.

► **DRA Junior Naturalist After-School**

Program, every Thurs. & Fri. in May, 3:15-4:45 p.m., Damariscotta River Association Farmhouse, Belvedere Rd., Damariscotta. May program, "It's a Bird's Life," is for grades 3-6 and includes games, hikes, nature journaling and outdoor living skills. \$30/\$25 members. FMI: 563-1393.

ONGOING:

► **Splatter Kids**, Lincoln Street Center, Rockland. Open art studio for ages 18 months and up. Open in Apr. Mon., 9-11 a.m. and 1-3 p.m.; Wed., 9-11 a.m.; and Fri., 1-3 p.m. \$8 for a two-hour visit or punch card pass for eight visits for \$56. FMI: 542-9162 or 975-3052.

► **Game Loft Bottle Drive**, throughout April, drop off donations to fund Belfast's youth center in the Good Cause bin at the Belfast Transfer Station or call for pickup, 338-6447.

► **Toy Library Center**, open Thurs. & Fri., 9 a.m.-noon, St. Peter's Episcopal Church, 11 White St., Rockland. For preschoolers and their parents and caregivers. Playtime, toys to be loaned out and a lending library of parenting books as well. All are welcome to visit at least once and then decide to sign up. FMI: 691-6321.

► **Camden Library Story Hours: Sunday Story Time**, 2 p.m., for ages 4-7. **Magic Mondays**, 4 p.m., for school-age children.

Babbling Books, 10 a.m. Mondays, for preschool and toddlers. **Book Time for Babies**, 10 a.m. Wednesdays, for birth to age 2. Regular story hours: Thursdays, 10 a.m., for ages 4 and 5, and Fridays, 10 a.m., for ages 2 and 3. FMI: 236-3440.

► **Belfast Library Story Hours**: Thursdays at 10 a.m. for lap-sitters ages 0-12 mos.

► **Gibbs Library Children's Program**, Tuesdays, 10 a.m., 40 Old Union Road, Washington. Preschool story time, reading and art. Free and open to the public. FMI: 845-2663.

► **Rockland Library Children's Storytime**, Wed. & Sat., 10:30 a.m. **Baby Storytime**, Fri. at 10 a.m.

► **Game Loft**: Mondays: Yu-Gi-Oh League and Pokemon League, 3-6 p.m.; Tuesdays: Young Dungeons and Dragons (D&D), 3-6 p.m.; Fridays: D&D, 6-8 p.m., in Belfast.

Film

THURSDAY, APRIL 24:

► **"The Republic of Love"**, 6:30 p.m., Rockland Library. Maine premiere of the film based on Pulitzer Prize winner Carol Shields' novel, directed by Deepa Mehta.

► **"9/11 Revisited"**, 7 p.m., Gibbs Library, 40 Old Union Road, Washington village. Free film and discussion. FMI: gibbslibrary.org or 845-2663.

FRIDAY, APRIL 25 - THURSDAY, MAY 1:

► **COLONIAL THEATRE**, Belfast: "Nim's Island," "21," "Leatherheads."

See ad on p. 29 for movie times.

► **FLAGSHIP CINEMAS 10**, Thomaston: "Smart People," "Harold and Kumar Escape from Guantanamo Bay," "Baby Mama," "Nim's Island," "Leatherheads," "Shine a Light," "Horton Hears a Who," "21," "Prom Night," "Forgetting Sarah Marshall," "Deception," "88 Minutes," "The Forbidden Kingdom." See ad on p. 29 for movie times.

► **STRAND THEATRE**, 345 Main St., Rockland: "The Band's Visit." See ad on p. 29 for movie days/times. FMI: 594-0070.

FRIDAY, APRIL 25:

► **"Who Is Bozo Texino,"** 6 p.m. potluck; 7 p.m. screening, Waterfall Arts, 256 High St., Belfast. The picaresque chronicle of a 16-year search for the source of a ubiquitous rail graffiti — Bozo Texino — filmed by Bill

(Continued on p. 29)



MAINE
HOME
&
Lifestyle
EXPO

Sponsored by
The
KENNEBEC
Company
Designers & Cabinetmakers

May 17 & 18
At the historic Knox Mill, Washington & Mechanic St. in scenic Camden, Maine

To reserve your booth today, visit
www.VisitCamden.com or call 207-236-4404

BRAMBLES
TOOLS FOR THE EARTH... GIFTS FOR THE HEART.

... and Spring is on the way. I shall see it...

11th Annual Garden Party!
Sunday 27th April
12-4
Great food & cheerful conversation

Feather your nest

- Bird bath
- Bird houses
- Bird sculptures

Tuesday - Saturday 10:30 to 5:30
338-3448 • 70 Main St., Belfast, Maine 04915

Alison Langley Photo

58 Elm Street, Camden, Maine
www.camdenmontessori.org

Intro to Montessori Education
Wednesdays
9:30 - 10:30 a.m.

Now accepting applications for 2008-2009 for the Toddler and Primary Programs (3-6 year olds)

For more information or to RSVP, please call 236-2911

The Children's House Montessori School does not discriminate against individuals on the basis of race, creed, religion, cultural heritage, political beliefs, sexual orientation, age, marital status or gender in either its admission or its employment policies.

TURTLE JOURNEYS ECOTHERAPY

Dennis Grannis-Phoenix, MA
Ecopysychological therapist/mentor

Supporting teens & adults through challenging life situations

207-273-1390 dgp189@tds.net

Integrating nature into the therapeutic experience

1865 THE UNIVERSITY OF
MAINE

Hutchinson Center, Belfast

Your midcoast connection to our Orono flagship campus

Undergraduate degrees in Psychology, Liberal Arts, Social Work and Business. Graduate degrees include MBA, MIS, MSW, Masters in Ed. Leadership and Special Education (live and online cohorts)

Ask about our new **Black Bear Bridge program** for recent high school graduates and **Early College** opportunities for high school juniors and seniors with B or better GPA. Begin with one course or go as a full-time student (and anything in between)!

For academic advising, financial assistance, scholarships or to schedule a meeting or conference, please contact the Center at:

207-338-8000; toll free 800-753-9044
www.hutchinsoncenter.umaine.edu
80 Belmont Ave. Belfast, ME 04915

LOW-RISK DISCS

By Gordon MacLachlan

Short column this week, as there's just one film arriving on DVD that I want to strongly recommend, and I don't have too much more to say than that I strongly recommend it.

Julian Schnabel's "The Diving Bell and the Butterfly" was, perhaps, the finest directing job of last year, which was full of well-directed movies. But no film was more hypnotic, or took us more deeply or convincingly into the mind of a character. There's a technique in filmmaking called, among other things, "mental subjectivity." This means that what we see on the screen (in what the French call the "mise-en-scene," or what has been put in the scene) is the mental experience of a character, which may or may not conform to what we or others might call objective reality. We are all familiar with the idea that we each perceive reality in slightly different ways at times—that different people can recall or experience an event or moment in varying versions—and one of the most powerful things a film can accomplish is to show us these kinds of alternate perceptions persuasively. To help us see with another's eyes, so to help us understand another point of view.

But filmmakers rarely do this. We are almost always being convinced in a movie that what we are seeing is "real"—that no one could deny that what is in front of us is believable. But this type of moviemaking misses a crucial fact, which is that a bold presentation of a heightened, intense reality—a moment that we might call "surreal"—is also a very compelling and credible experience for a moviegoer. When Schnabel veers from "objective" reality in his film to explore the dreamlike, almost hallucinatory state of his protagonist's mind, he reaches something more profoundly identifiable for us than a "normal," representational depiction ever could.

Like the peerless David Lynch, Schnabel understands that what makes life tangible and thrilling for us is that we do see things in an individual, unique way at times, and that we long to know if certain special others sometimes see life that way too. They might understand something important about us if they make the effort to apprehend our slanted point of view. One thing I know for certain is that sometimes the strangest films I see are the ones that really get the feeling right.

Gordon MacLachlan is a digital editor and cameraman and the owner of

SoundOnScreen Video Services in Camden.

He teaches film at the University of Maine at Orono.

Contact him at gordon@soundonscreen.com.

Internet Access!

Unlimited Hours, No Contracts!

\$9.95 PER MONTH! No Credit Card Required!

- FREE 24/7 Technical Support
- Instant Messaging - keep your buddy list!
- 10 e-mail addresses with Webmail
- SPAM Filtering - Reduce unwanted e-mails
- FREE Easy Setup Software
- Custom Start Page - news, weather, & more

EXPRESS 2.0

Surf up to **6x faster!**

All the features of our Unlimited Dialup Account PLUS:

- Faster Web Pages
- Faster e-mail & Webmail
- FREE Popup & Ad Blocker!
- Save up to 60% over DSL!

— just \$3 more



Sign up online: www.LocalNet.com
594-2965 or 1-888-488-7265

Reliable Internet Access Since 1994



WHAT'S NEW?

★ "Wild Woman - Wild Thing"

Cotton Patchwork Jackets - 3 Styles
Fitting Up To 3X

Rayon Patchwork Kimonos, Capris, Pants & Asst. Blouses

This Year's Colors Are Shades of Apricot/Coral, Tourquoise/Blue or Lavender/Purple

★ "Yasuko Kurisaka" Linen Jackets

In Soft Greens, Blues or Blacks & More!

★ Buy One - Get One Free Tent Sale

While The Weather Cooperates!

508 Main Street, Damariscotta
207.563.6809 • www.womenofsubstance.us

VIDEOS & DVDs

Just Released 4/22 —

CHARLIE WILSON'S WAR R/Drama/Dir: Mike Nichols (Tom Hanks, Julia Roberts, Philip Seymour Hoffman) Adapted from George Crile's book based on a true account, the film documents unforeseen events arising out of the best of intentions. Encouraged by socialite Joanne Herring (Roberts), Texas Congressman Charlie Wilson (Hanks) single-handedly arranges to fund the Afghan Mujahideen to fight the Russians. Arms are procured for the cause from Israel by Gust Avrakotos, a maverick CIA operative played with scene-stealing comic timing by Hoffman. Technically a drama, the film vibrates with irony as it enthusiastically illuminates a little-known piece of history.

Recent Releases —

ATONEMENT R/Drama/Dir: Joe Wright (James McAvoy, Keira Knightley, Romola Garai, Saoirse Ronan, Vanessa Redgrave, Brenda Blethyn) Based on Ian McEwan's novel and set in southern England during the 1930s and 1940s. Cecilia (Knightley) and Robbie (McAvoy), a young noblewoman and housekeeper's (Blethyn) son, are drawn to one another only to be ripped apart by Cecilia's vengeful 13-year-old sister, Britony (played at various ages by Garai, Ronan and Redgrave). Years pass and all three become involved in WWII, sharing shattered personal lives that can be traced back to Britony's deception. A compelling third act offers a surprise ending and the lovely Vanessa Redgrave.

BEE MOVIE PG/Animation/Comedy/Dir: Simon J. Smith, Steve Hickner (Jerry Seinfeld, Renee Zellweger, Kathy Bates, Robert Duvall, Larry King, William H. Macy, Oprah Winfrey, Matthew Broderick) Seinfeld penned the script, starring himself as black and yellow Barry the Bee. While exploring Manhattan, Barry discovers people have been helping themselves to bee honey. Determined to set things right, Barry sues humanity in court as any true New Yorker would.

ENCHANTED PG/Fantasy Romance/Dir: Kevin Lima (Amy Adams, Susan Sarandon, Patrick Dempsey) A classic Disney fairytale collides with modern-day New York City in a story about a fairytale princess (Adams) from the past who is thrust into the present day by an evil queen (Sarandon). Soon after her arrival, Princess Giselle begins to change her views on life after meeting a handsome lawyer (Dempsey). Can a storybook view of romance survive in the real world?

INTO THE WILD R/Drama/Dir: Sean Penn (Emile Hirsch, Vince Vaughn, Marcia Gay Harden, William Hurt, Catherine Keener) Freshly graduated from college with a promising future ahead, 22-year-old Christopher McCandless (Hirsch) instead walked out of his privileged life and into the wild in search of adventure. Each strand of his journey is woven into Sean Penn's screen adaptation of Jon Krakauer's acclaimed bestseller, *Into The Wild*, which is as much about the insatiable yearning for family, home and connection as it is the search for truth and happiness.

JUNO PG-13/Comedy/Dir: Jason Reitman (Ellen Page, Michael Cera, Jennifer Garner, Jason Bateman, Allison Janney) Juno (Page) is a wise-beyond-her-years 16-year-old dealing with the complexities of an unplanned pregnancy in this breathtakingly hilarious and heartbreaking comedy. With its clever dialog, sharp wit, and knockout performances (especially from Page), "Juno" is being lauded as one of the freshest, most intelligent of comedies.

SWEENEY TODD: THE DEMON BARBER OF FLEET STREET R/Musical Comedy/Dir: Tim Burton (Johnny Depp, Helena Bonham Carter, Alan Rickman) After a long unjust prison sentence, 19th-century barber Sweeney Todd (Depp) plots revenge against a corrupt judge (Rickman) and the judge's cronies. Todd's victims become filling for meat pies sold by Mrs. Nellie Lovett (Carter). Adapted from the play, songs are trimmed and the plot slightly altered.

THERE WILL BE BLOOD R/Drama/Dir: Paul Thomas Anderson (Daniel Day-Lewis, Ciarán Hinds, Kevin J. O'Connor) A story about family, greed, religion, and oil, centered around a turn-of-the-century prospector in the early days of the business.

HAV II

Movies, Music and More

THIS WEEK'S FEATURED RENTAL



\$3.19 TWO-DAY RENTAL April 24-April 30

MOVIE SPECIALS!
STAFF PICKS
OF FOOLISH MOVIES ONLY 99¢

Let Us Entertain You!

87 ELM STREET, CAMDEN 236-6777

In Our Theaters

mostly by Lisa Miller Week of April 25 – May 1

Short descriptions of movies that are playing locally

21 PG-13/Drama/Dir: Robert Luketic (Kate Bosworth, Laurence Fishburne, Kevin Spacey) Based on a true story, the screenplay follows a band of MIT mathletes in their journey to become card counters. The mission is to win millions from casinos by playing blackjack. Spacey appears as Mickey Rosa, the professor hatching the idea and recruiting the brightest students to join. Jim Sturgess portrays Ben Campbell, a member of the group and a card-counting genius who refuses to take orders. Bosworth plays a fellow team member and Campbell's girl.

88 MINUTES R/Action Drama/Dir: Jon Avnet (Al Pacino, Alicia Witt, Neal McDonough) Pacino plays FBI forensic psychiatrist Jack Gramm, responsible for convicting serial killer Jon Forster (McDonough). On the eve of Forster's scheduled execution, Gramm receives a call giving the psychiatrist 88 minutes to live. As Gramm races around Seattle trying to prevent his own death, it becomes clear he is being set up for a string of killings replicating Forster's M.O.

BABY MAMA PG-13/Comedy/Dir: Michael McCullers (Tina Fey, Amy Poehler, Sigourney Weaver, Greg Kinnear, Steve Martin) By the time unmarried, business woman Kay (Fey) realizes her biological clock is ticking, pregnancy is no longer an option. Encouraged by an agent for surrogate mothers, Kay hires Angie (Poehler) to incubate her baby, but their professional relationship becomes intensely personal when Angie needs a place to live and moves into Kay's perfect apartment. While shopping for baby items, Kay meets a handsome and available juice store owner (Kinnear). However, her efforts to pursue romance and prepare for the baby's arrival are hampered by Angie.

THE BAND'S VISIT PG-13/Dramatic Comedy/Dir: Eran Kolirin (Ronit Elkabetz, Sasson Gabai, Uri Gavriel, Imad Jabarin, Ahuva Keren, Rubi Moskovitz, Khalifa Natour, Hilla Sarjon, Eyad Sheety) When eight members of an Egyptian ceremonial police orchestra end up stranded in the Israeli desert, they and the suspicious villagers they meet are forced to confront their prejudices and gradually come to acknowledge their common humanity.

DECEPTION R/Thriller/Dir: Marcel Langenegger (Hugh Jackman, Ewan McGregor, Michelle Williams) When Jonathan (McGregor) complains of loneliness, playboy Wyatt (Jackman) hooks him up with a sex club. Jonathan enjoys the anonymous one-nighters until he falls hard for S (Williams). However, their night together ends with Jonathan awakening to blood on his pillow and S mysteriously gone. Wyatt demands Jonathan perform illegal services if he wants to see S alive. With the police hot on his trail, the accountant must redirect his number-crunching skills to find her and extricate himself as a suspect.

THE FORBIDDEN KINGDOM PG-13/Comedy Fantasy/Dir: Rob Minkoff (Jackie Chan, Jet Li, Michael Angarano, Collin Chou, Liu Yifei) The long-awaited teaming of martial arts stars Jackie Chan and Jet Li occurs in a family comedy. Young, present-day American Jason is transported back in time to ancient China where he must learn Kung Fu in order to perform a vital mission. Jason is taught by longtime rivals, the Silent Monk (Li) and Lu Yan (Chan). The pair agrees to temporarily set aside their differences in the interest of freeing the Monkey King.

FORGETTING SARAH MARSHALL R/Comedy/Dir: Nicholas Stoller (Kristen Bell, Jason Segel, Paul Rudd) Peter (Segel) can't get away from his ex-girlfriend, Sarah (Bell). She has ended their 5-year relationship in order to be with Aldous, a Fabio knockoff. Hoping to make a fresh start, Peter heads for a Hawaiian resort where he runs into Sarah and Aldous and discovers he's booked in the suite next door to theirs — the only room left. Sarah isn't about to let Peter's proximity ruin her trip, though Aldous hopes that he and Peter can be friends.

HAROLD & KUMAR ESCAPE FROM GUANTANAMO BAY R/Comedy/Dir: Jon Hurwitz, Hayden Schlossberg (John Cho, Kal Penn, Neil Patrick Harris) Zany Harold and Kumar (Cho and Penn) reunite for this sequel. While jetting to Amsterdam and the promise of legalized drugs, they are caught with a high-tech bong that looks like a bomb. Hopeless during their interrogation, the duo is shipped off to Guantanamo Bay. Once there, Kumar masterminds an escape to Texas where he hopes a well-connected friend can right their legal woes.

HORTON HEARS A WHO! G/Animated/Dir: Jimmy Hayward & Steve Martino (Jim Carrey, Steve Carell, Dan Fogler, Will Arnett) Horton the elephant (Carrey) discovers microscopic Whos living in a speck lodged on a flower. Horton signs on as their protector, a job made more difficult by his disbelieving friends and by Vlad (Arnett), a nasty vulture. While Horton searches for somewhere the Whos will be safe, the mayor of Whoville (Carell), his wife and their 94 children go about their normal routines unaware of Vlad's plot to destroy them.

LEATHERHEADS PG-13/Comedy/Dir: George Clooney (George Clooney, Renee Zellweger, John Krasinski) Clooney directs and stars as Dodge Connolly, an aging football player on a team competing in a lawless league. Hoping to put his team on the map, Connolly recruits young Princeton star and WWI hero Carter Rutherford (Krasinski). Suspecting there's more to Rutherford's heroics than he's telling, sassy journalist Lexie Littleton (Zellweger) saunters in to find out.

NIM'S ISLAND PG/Fantasy/Dir: Jennifer Flackett, Mark Levin (Jodie Foster, Gerard Butler, Abigail Breslin) From the book by Wendy Orr. The story takes place at the idyllic home of young Nim (Breslin), her marine biologist father (Butler) and her many animal friends. Nim loves author Alex Rover's (Foster) books — stories centered around a macho adventurer. When Nim's father goes missing, Nim pleads for help from the author. In reality, Alex never ventures beyond her own front door. Egged on, the author braves a dangerous world to come to Nim's aid. It's no surprise when Nim must rescue her scarey-cat savior.

PROM NIGHT PG-13/Horror/Dir: Nelson McCormick (Brittany Snow, Scott Porter, Jessica Stroup, Dana Davis) Having survived a stalker attack several years prior, Donna (Snow) excitedly prepares to attend her senior prom with her boyfriend and friends. The night unfolds like a dream come true until one of the students is murdered. Donna, her date, and two other couples make a run for their hotel suite only to discover that Donna's stalker is back.

SHINE A LIGHT PG-13/Documentary/Dir: Martin Scorsese (Mick Jagger, Keith Richards and the rest of the Stones) Martin Scorsese captures senior rockers the Rolling Stones preparing for and performing in concert at New York City's Beacon Theater during the band's 2006 tour. The director intercuts the band's archived, youthful interviews with their present-day performance.

SMART PEOPLE R/Comedy/Dir: Noam Murro (Dennis Quaid, Thomas Haden Church, Ellen Page) Arrogant college professor Lawrence Wetherhold (Quaid) suffers a head injury that forces him to confront his past. Wetherhold's loser brother, Chuck, shows up to free-load off his brother and provide color commentary, in exchange for acting as the chauffeur. Janet, Wetherhold's ER doc, turns out to be his onetime student, one of many with a crush on him "back in the day."

CALENDAR OF EVENTS

(Continued from p. 27)

Daniel of Louisiana, with music, song and story by Shana Hanson of Belfast. \$3-\$8 sliding scale; pay what you can. FMI: 338-1416.

► **Thomaston Library Film Series, 6 p.m.**, 60 Main St., Thomaston. All April selections are films by François Truffaut. Tonight: "Day for Night," Truffaut's lavish drama/comedy about a film production in which life imitates art. Popcorn and drink provided. Free, but donations are welcome. FMI: 354-2453.

► **Belfast Free Library Foreign Film Series, 7 p.m.** In "Blowup," Michelangelo Antonioni moves to England for his location. Free. Discussion following film.

SUNDAY, APRIL 27:

► **"Baraka," 7 p.m.**, Skidompha Library, Damariscotta. A nonverbal film shot in 24 countries on six continents, with singing by monks of the Dip Tse Chok Ling Monastery. "Baraka" is an ancient Sufi word meaning "blessing." Free; donations welcome to cover hall rental.

MONDAY, APRIL 28:

► **Classic Film Series, 5 & 7:30 p.m.**, Skidompha Library, Main St., Damariscotta. "Leave Her to Heaven" (1945), starring Gene Tierney, Cornel Wilde, Jeanne Crain and Vincent Price, is a melodrama featuring possessive love, jealousy, revenge, and even murder. \$5 donation. FMI: 563-5513.

TUESDAY, APRIL 29:

► **Free Showing of "King Corn," 6:30 p.m.**, Waldo Theatre, Main St., Waldoboro. Medomak Valley Land Trust and Maine Farmland Trust co-host a free showing of the documentary screened last year at the Camden International Film Festival. The film, about two friends, one acre of corn, and the subsidized crop that drives our fast-food nation, was made by Ian Cheney and Curt Ellis. Cheney, who grew up spending summers in Waldoboro, will introduce the film and answer questions afterwards, joined by Rep. Wendy Pieh and Rep. John Piotti, executive director, Maine Farmland Trust. FMI: 832-5570.

THURSDAY, MAY 1:

► **"This American Life — Live," 8 p.m.**, Strand Theatre, 345 Main St., Rockland. A live show with host Ira Glass, beamed in via satellite. \$20/\$10 students. FMI: 594-0070.

COMING UP:

► **International Film Festival, Fri. & Sat.**, May 2 & 3, Penobscot School, 28 Gay St., Rockland. See five foreign films featuring 10 languages or dialects, all with English subtitles. On Fri., "The Spanish Apartment," (France) 4 p.m. and "Kamikaze Girls," (Japan) 6 p.m. Sat.: "The Sea Inside" (Spain) 4 p.m.; "Tsotsi," (South Africa) 6 p.m.; and "Please Teach Me English," (South Korea) 8

p.m. \$10 one film/\$15 two/\$20 three/\$25 four to five. FMI: 594-1084.

Art

THURSDAY, APRIL 24:

► **"Art in the Environment" Series, 6:30 p.m.**, Thomaston Library. The second offering of the series features Kerry Hardy of Rockland, author of *Notes on a Lost Flute: A Field Guide to the Wabanaki*, speaking on "Nature, Myth and Metaphor: A Glimpse of the Wabanaki Worldview." Free; donations appreciated. FMI: 354-2453.

► **Open Pottery Studio, Thurs., Apr. 24-June 26, 6-8:30 p.m.**, Lincoln Street Center, Rockland. Work in a fully equipped studio. All levels welcome for hand-building/wheel work. \$10 drop-in fee. FMI: 594-6490.

FRIDAY, APRIL 25:

► **"Current Student Work,"** opening reception 5-7 p.m., Messler Gallery, Center for Furniture Craftsmanship, Mill St., Rockport. Work by 13 nine-month comprehensive students, on view through May 30. FMI: www.woodschoolorg.

SATURDAY, APRIL 26:

► **Two Openings at CMCA, 5-7 p.m.**, Center for Maine Contemporary Art, 162 Russell Ave., Rockport. Opening is "Lois Dodd: Directly Considered," over 50 small artworks executed on site, and "The Gleaners," an assemblage by found-objects artist Jesse Gillespie. Through July 16. FMI: 236-2875.

► **Acrylic Painting Workshop with Philip Frey, 9 a.m.-4 p.m.**, Firehouse Gallery, Damariscotta. Workshop for beginner to intermediate-level painters. Be prepared to paint outdoors. \$150. FMI: 563-7299.

THURSDAY, MAY 1:

► **"Something Fishy,"** artists' reception 5-7 p.m., Maine Art Gallery, Warren St., Wiscasset. Exhibit of work by 18 artists is a multimedia show that explores the dual themes of fish and fishing. Through June 1.

► **Call for Entries, The Mulford Gallery, 313 Main St., Rockland**, will host a juried photography exhibition for students ages 10-18, in three categories: people/animals; landscapes/nature; and entrant's choice. All works must be submitted by Thurs., May 1. FMI: 372-6384 or 594-4775.

► **Exhibit of Monoprints by Douglas Smith, Zoot Coffee, 31 Elm St., Camden.** Smith created this

series of monoprints at his Camden studio from paintings done in Venice. Zoot Coffee is open Mon.-Fri. 6:30 a.m.-5 p.m., Sat. 9 a.m.-5 p.m. and Sun. 9 a.m.-3 p.m. Exhibit runs throughout May. FMI: 570-8775.

ONGOING:

► **Farnsworth Museum, Rockland:** "Uncommon Treasures: Folk Art from the Farnsworth," and "Picturing the Decades: 60 Years of Photography," through Nov. 30. "The Farnsworth and the Art of Our Times" features selections from the museum's collection of contemporary art; through June 15. "Louise Nevelson" shows the Nevelson collection almost in its entirety for the first time; through February 2009. "Alex Katz and Friends" features works by Katz and contemporaries such as Red Grooms and Francesco Clemente, among others; through October. "James Wyeth: Selected Works," through May 18. Hours: Tues. through Sun., 10 a.m.-5 p.m. Free last Sat. of each month as part of Free Family Saturday and Sundays, 10 a.m.-1 p.m.

► **Frances Hodsdon Chair Series**, original prints and drawings, Thomaston Cafe, through the end of May.

► **Photographs by Paula Cannon, Zoe's Little Fire Bakery & Café, High St., Belfast.** Nature photographs and scenes of Belfast and New York, on view throughout April.

► **Exhibit by Nine Lively Ladies, Eastern Tire's Garage Gallery, 70 Park St., Rockland.** "(Something) Blue" is the theme of the 10th exhibit by artists Lois Anne, Bird Burns, Lauralee Clayton, Pat Farmer, Nancy Fitzgerald, Edith LaRoche, Stell Shevis, Jean Ulshoefer, Deb Winship and Shevis.

► **Works by Nancy Kahler, Country Inn, Rte. 1, Camden/Rockport line.** Kahler is the featured artist for April and May. FMI: 975-9701.

► **"Maurice 'Jake' Day: Beloved Maine,"** Coastal Maine Botanical Gardens, Boothbay. Exhibit of Maine watercolors by Damariscotta artist Day, who worked for Disney Studios. Exhibit runs through May 26.

► **New Paintings by Robert Colburn, Asymmetrick Arts, 499 Main St., Rockland.** On view through May 17. FMI: 594-2020.

► **Aviation Paintings and Photography:** Aerial Photography by Eric Michelsen, Oyster House Studio & Frame Shop, 25 Friendship St.,



FLIP FLOP SALE
MOTHER'S DAY IS COMING!
Purchase a pedicure at Eleanor and Anita's Salon and receive a coupon for 20% off Douglas Paquette FLIP FLOPS

Serendipity House
 93 Main Street, Damariscotta
 (207) 563-3331
 Mon-Thurs 9-5 • Fri 9-7 • Sat 9-5 • Closed Sun

OPEN HOUSE Saturday, April 26 - 9 AM-1 PM

18 Medomak Terrace, Waldoboro Village: Lovely home in historic Waldoboro Village with water views and town landing close by. Room for family and an in-home business. Tastefully renovated. \$245,000 Host: Joe Carey 446-3839

McALLISTER REAL ESTATE
 Buyer & Seller Brokerage State Wide MLS
 31 Friendship St. Waldoboro Village
832-8111
 joe.carey@verizon.net

NOW ENROLLING AGES 4-14
RILEY SCHOOL

Unique & Creative Approach To Learning
 Emphasis On The Individual Child

Glen Cove, ME 596-6405 rileyschool.org

We Buy Jewelry - Estate or Antique
 Free verbal appraisals daily
STARS
 65 Main St.
 Damariscotta
 563-5488

A son of a beech isn't necessarily a small tree.

 ROUTE 17, ROCKPORT, MAINE

The STRAND THEATRE
 Midcoast Maine's Premier Entertainment Venue

FILM OF THE WEEK
 SAT, 4/26 - WED, 4/30
"A Comic Charming."
 NEWSDAY.COM
"Sweet, Funny and Hopeful."
 ENTERTAINMENT WEEKLY

The Band's Visit
 FESTIVAL DE CANNES OFFICIAL SELECTION - UN CERTAIN REGARD
 PG-13
 Friday.....NO SHOW Monday.....7:00
 Saturday....5:30, 8:00 Tuesday.....1:00, 7:00
 Sunday.....7:00 only Wednesday.....7:00

ALSO THIS WEEK! TICKETS ON SALE NOW!
 Thur, May 1 • 8:00 pm

THIS AMERICAN LIFE LIVE!
 SPECIAL HD PRESENTATION
 WITH HOST IRA GLASS
 \$20/General Admission
 594-0070 345 Main St, Rockland
 www.rocklandstrand.com

Photography Camps and More with Dee Peppe

New Programs for Summer
 Youth & Teen Camps
 Adult Evening Programs
 Darkroom Rentals

All Levels
 Camera Classes
 Film & Digital
 Black-and-White Darkroom

Over 10 years and still developing
Mid-Coast Community Darkrooms
 407 Main St., Rockland, ME
594-1224

CHRISTIAN SCIENCE
 CHRISTIAN SCIENCE CHURCH & READING ROOM
 1 CENTRAL ST., CAMDEN
 - OPPOSITE LIBRARY -

Sunday Church Service
 10 am-11 am
 Lesson Sermon from King James Bible and Science and Health with Key to the Scriptures by Mary Baker Eddy

Sunday School
 10 am-11 am
 For students up to age 20

Wednesday Evening Testimony Meeting
 7:30 pm-8:30 pm

Reading Room
 Wednesday 4 pm-7 pm
 Tues., Thurs., Fri., & Sat. 11 am-3 pm

Weekly Bible Lesson Sermon
 Cable Television Station 38
 Daily at 6:30 am

ALL ARE WELCOME

Rhoda Dendron loves Pete Moss

 ROUTE 17, ROCKPORT, MAINE

HANDY HELPERS

- Lawn & Yard Care w/Raking & Mowing
- Painting, Interior & Exterior
- Housecleaning & Running Errands
- Elderly Care & More

542-3097 or **542-4807**

primrose FRAMING
 156 South Main Street
 Rockland, Maine 04841
 Telephone: 207-596-7476
 Fax: 207-594-7244
 www.primroseframing.com

Colonial Theatre
 FRI. APRIL 25 TO THURS. MAY 1
NIM'S ISLAND PG-
 Nightly 7:00 plus late Fri. & Sat. 8:55
 Matinees: Sat. & Sun. 2:20

LEATHERHEADS PG-13
 Nightly 6:55 plus late Fri. & Sat. 9:15
 Matinees: Sat. & Sun. 2:15

21 PG-13
 Nightly 6:40 plus late Fri. & Sat. 9:05
 Matinees: Sat. & Sun. 2:00

STARTS MAY 2 - IRONMAN
 * Belfast • 338-1930 *

FLAGSHIP CINEMAS
 US Rte. 1 Thomaston/Rockland Line
594-2100
 www.flagshipcinemas.com
 Featuring Digital Sound & Stadium Seating

Fri. Apr. 25 - Thurs. May 1, 2008
\$6.00 Super Tuesday All Day & Night

Deception
 1:25, 4:05, 7:00, Fri. & Sat. 9:20 (R, 1:56)

Harold And Kumar Escape From Guantanamo Bay
 1:50, 4:25, 7:20, Fri. & Sat. 9:45 (R, 1:50)

Baby Mama
 1:45, 4:15, 7:10, Fri. & Sat. 9:15 (PG-13, 1:44)

Shine A Light
 1:20, 4:00, 6:55, Fri. & Sat. 9:25 (PG-13, 2:10)

Forgetting Sarah Marshall
 1:55, 4:30, 7:15, Fri. & Sat. 9:40 (R, 1:59)

The Forbidden Kingdom
 1:30, 4:10, 7:05, Fri. & Sat. 9:35 (PG-13, 2:01)

88 Minutes
 1:10, 4:20, 6:50, Fri. & Sat. 9:10 (R, 1:56)

Prom Night
 1:15, 3:15, 5:10, 7:30, Fri. & Sat. 9:50 (PG-13, 1:37)

Horton Hears a Who
 1:35 (G, 1:34)

Leatherheads
 3:50 (PG-13, 2:02)

Smart People
 7:25, Fri. & Sat. 9:30 (R, 1:42)

Nim's Island
 1:40, 6:45 (PG, 1:42)

21
 3:55, Fri. & Sat. 9:00 (PG-13, 2:11)

Chronicles of Narnia: Prince Caspian
 Opens May 16th. TICKETS NOW ON SALE

".....We rent our theaters to local groups and religious organizations. For information call 207-594-4705....."

Be Our Guest for a Movie on Your Birthday! (Proper ID Required) Photo ID Required for All R-Rated Films

VILLAGE FARM ALPACAS

THE "PERFECT" WEDDING PRESENT!
 AN ALPACA BLANKET - luxury that will last a lifetime

King Size Blanket \$140
 Queen Size Blanket \$130
 Tartan Throw \$75

99 Old Route One, Waldoboro
 (around the corner from Moody's Diner in Waldoboro)
 832-5160

"The fashion center of Waldoboro"
 OPEN 7 DAYS YEAR ROUND

DAVE Barry

Get Me Rewrite!

On behalf of the newspaper industry (new, cost-cutting motto: "All the News That"), I am announcing some changes we're making to serve you better.

When I say "serve you better," I mean "increase our profits." We newspapers are very big on profits these days. We're a business, just like any other business, except that we employ English majors. To help you better understand our current situation, let's review the history of newspaper finances:

The earliest known newspaper, published in 59 B.C. in Rome, was called *Acta Diurna* (literally, the Portland Oregonian). The first issue offered coverage of Roman politics ("Strom Thurmond Elected to Senate"); science news ("Study Shows Thunder Is Actually Gods Burping"); and an early episode of the comic strip "Nancy," in which Sluggo tries to avoid paying admission to the Colosseum by peeking through a knothole, and gets a spear through the eyeball. Unfortunately, *Acta Diurna* was not profitable, because every copy had to be entirely handwritten by slaves (called "reporters"); if a big story broke, a huge, hairy man (the "editor") would yell, "Stop the presses!" and whack them with a club.

The first important financial advance for newspapers came in 1451 when Johann Gutenberg (literally, "Joe Goodberg") invented the printing press, which made it possible for a newspaper to cheaply and accurately reproduce every single error thousands of times. But the real turning point came in 1609, when the publisher of the German newspaper *Der Postentimesennewsregisterentribune* (literally, Grit) invented the "Presidents Day sale," which made modern newspaper advertising possible, and which is still in use today, though nobody has any idea who the "presidents" are.

The newspaper industry spread to America, where, by the 20th century, virtually every town had a locally owned newspaper with a name like *The Chronic Prevaricator* or *The Register-Sphincter*, which kept the community abreast of local politics ("City Council Attacked by Pig") as well as national issues ("Strom Thurmond Still Alive"). These were family operations run by people who were less concerned about making large profits than about keeping their body parts out of the presses.

But in the past few decades, all of these newspapers were purchased by large corporations, which were in turn purchased by larger corporations, and so on, so that today the entire American newspaper industry has been glommed together into one giant media conglomerate owned by Wall Street, which frankly does not care what your city council did. What Wall Street cares about is profits. Here at the newspaper, we get hourly phone calls from Wall Street.

"Send more profits!" Wall Street shouts, then slams down the receiver. We must comply, because otherwise Wall Street would shut down the newspaper and we would starve to death, because, as English majors, we have no useful skills.

So the "bottom line" is that we've had to cut costs. Here are some of the ways we're doing this:

RECYCLING STORIES: To avoid the expense of writing a new story, we're rerunning earlier ones. For example, every day for the past five years, we've run the same story on fighting in the Middle East ("Middle East Fighting Again").

STAFF CUTBACKS: The typical newspaper staff has been reduced to one editor, one managing editor, 14 assistant managing editors, 39 deputy assistant managing editors, and one reporter. The editors spend their days holding meetings to think of new ways to cut costs, while the reporter (who, for budgetary reasons, is not allowed to leave the building) looks out the window, in case news occurs in the parking lot.

PRODUCT PLACEMENT: You're going to see more sentences like this one, from a recent front-page story in *The Philadelphia Inquirer*: "We are seriously considering the use of nuclear weapons against China," stated President Bush, who then took a long sip from a refreshing, ice-cold Diet Pepsi."

FEWER WORDS: Not need adjectives, adverbs. Nouns, verbs can communicate story gist. ("Middle East fighting.")

WEAKER ENDINGS TO COLUMNS.

©2008 The Miami Herald.

This classic Dave Barry column was originally published on June 10, 2001.



CALENDAR OF EVENTS

Waldoboro. Through May 30. FMI: 832-4446.

► **Pastels by Meredith Hicks**, Brush & Easel, 7 Theater St., Damariscotta. Works by Hicks will be on view throughout April.

► **"The Presence of People,"** Badger Cafe, on the Common in Union. Artists include Phoebe Bly, Robert & Su.Sane Hake (Clarity), Nancy Kahler, Judith Mitchell, Ed Moffitt and Lynnette Sproch. Through May 4.

► **Farnsworth Lecture Series**, Wed., through June 18, 10 a.m. at Strand Theatre, 345 Main St., and 5:30 p.m., Farnsworth auditorium, Rockland. Roger Dell, Farnsworth director of education, will present a series divided into three sections of four lectures each on the topic of "Achieving American Art," an overview of visual arts from the country's earliest days to the present. \$29/\$25 for individual sections; \$9/\$7 for individual lectures; under 18, free. Reservations required. FMI: 596-6457, ext. 103 or 146.

► **"Gusty Winds and Quiet Coves,"** Tidemark Gallery, 902 Main St., Waldoboro. Paintings by Consuelo and Ted Hanks. Through May 10.

► **"The Powerful Hand of George Bellows: Drawings from the Boston Public Library,"** Portland Museum of Art, Seven Congress Sq., Portland. 57 drawings by the American realist painter, not seen publicly since the 1950s. Through June 1.

► **"Three Narratives,"** Jonathan Frost Gallery, 21 Winter St., Rockland. The three narratives are the work of artists Felix Gephart, Matt Rota and Jonathan Frost. Through May 17. FMI: 596-0800.

► **"Funny Lookin': A Photography Show,"** Aarhus Gallery, 50 Main St., Belfast. Show runs through April 27.

► **Daniel O'Connell Photography Exhibit**, Belfast Free Library. Solo show features images of the Lasansky Dance Theater Ensemble. Through Apr.

► **"Four Maine Artists,"** Chalmers Art Gallery, Lincoln Street Center, Rockland. Exhibition of works by Marydale Abernathy, Michele Beckstrom, Adele Drake and Emily Hopkins. Through May 8.

► **Artwork by Rachel Albury**, Good Tern Co-Op, 750 Main St., Rockland. Exhibit will be up throughout April. FMI: 594-8822.

► **Exhibit of Photographs by MVHS Students**, Waldoboro Public Library. The exhibit of photos by advanced photography students at Medomak Valley High School will be on view through April 28.

► **"In Plain Sight: Two Poets & Two Painters,"** Camden Public Library. Art by Lynn Travis and Elizabeth O'Haverty and poetry by Kristen Lindquist and Elizabeth Tibbetts. FMI: 236-7319.

► **Julie Babb Exhibit**, Pemaquid Watershed Association Office, Damariscotta. "Winged Muses," 17 paintings of birds, butterflies and dragonflies, is on view through May 9. FMI: 563-2196.

► **Center for Maine Contemporary Art**, 162 Russell Ave., Rockport. "Harold Garde: Strappo Landscapes," Garde's landscapes are made with a unique acrylic transfer technique. Also on exhibit is "Light Plant," an exhibit of environmental wall paintings, structures and objects reflecting the interactions between nature and imagination, presented by Friederike Hamann and Colin Sullivan-Stevens. On view through June 14.

► **"Coastal Edges,"** Archipelago Fine Arts, 386 Main St., Rockland. An exhibit of soft pastels by Sally Loughridge that examines the junctures of land and sea. Through June 28. FMI: www.thearchipelago.net.

► **Fourth Annual Student Art Show**, Gibbs Library, 40 Old Union Road, Washington village. A celebration of Youth Art Month highlights Prescott Elementary School in Washington village and its student artists. Through Apr. 30. FMI: 845-2663 or www.gibbslibrary.org.

► **Figure Drawing Classes**, Mon., 6-8:30 p.m., Lincoln Street Center, Rockland. This is an opportunity to draw from a live model, all abilities welcome, \$10 per class. FMI: 594-6490.

Miscellaneous

THURSDAY, APRIL 24:

► **St. George Historical Society Meeting**, 6:30 p.m. potluck; 7:30 p.m. program, St. George Grange Hall, Wiley's Corner, off Rte. 131. Steve Gifford and June Ranta Wilcox will discuss their book *The Rich Tradition of Finnish American Music*. FMI: 372-8893.

► **Talk on "Beyond Feng Shui,"** 6:30 p.m., Camden Library. Terry Cline will speak on "Beyond Feng Shui: How Improving Your Environment Improves Your Life."

► **Conference on Brain Injury**, Thurs. & Fri., Apr. 24 & 25, 8 a.m.-4:30 p.m., USM Abromson Center, Portland. Conference will share current information, techniques and strategies in brain injury rehabilitation today. \$125 per day/\$225 for both days/reduced cost for individuals with brain injury and their families. FMI: 861-9900.

► **AARP Driver Safety Course**, Thurs. & Fri., Apr. 24 & 25, 8:30 a.m.-12:30 p.m., Anderson Inn at Quarry Hill, Camden. Learn new strategies for safe defensive driving; \$210. For reservations, call 230-6114.

► **Tuscan Cooking Class**, 10 a.m.-noon, The Market Basket, Rte. 1, Rockport. Class with chef Gina Stipo. Also given at Cellar-door Winery, Lincolnville, on Sat., Apr. 26, 11 a.m.-2 p.m. FMI: www.eccolacucina.com.

► **Nutrition Seminar on Herbal Remedies**, 10 a.m., Spectrum Generations, 61 Park St., Rockland. FMI: 596-0339.

► **Camden Garden Club Meeting**, 9:30 a.m., Congregational Church, Elm St., Camden. Refreshments served at 9:30 a.m., business meeting 10 a.m., followed by presentation on "Clematis: Queen of the Flowering Vines" by Cindy Tibbetts of Hummingbird Farm in Turner. Public welcome.

FRIDAY, APRIL 25:

► **Meeting of Oyster River Bog Association**, 7 p.m., West Rockport Fire Station, Routes 17 & 90. Naturalist Kerry Hardy will speak on the natural history of the Bog. Free; all are welcome.

► **"Building a Local Economy through Cooperation,"** noon, Skidompha Library, Damariscotta. Talk by Dr. Michael Swack, community economic development expert. Hosted by Rising Tide Community Market. Free. FMI: 563-5556.

► **St. George Grange Open House, Public Supper and Community Service Award Presentation**, 5 p.m., Grange Hall, Wiley's Corner, off Rte. 131. Event is in celebration of Grange Month. Award will be given to St. George School teacher Jim Masterson. All are welcome.

► **Meeting of Jefferson Historical Society**, 7 p.m., Old Jefferson Town House, Bunker Hill Rd. and Rte. 126. Arlene McCurda Cole will present a program based on letters sent from 1878-1887 between her grandfather, Henry McCurda, working in British Columbia, and members of the Jefferson community. FMI: 549-5258.

► **Dinner, Dancing & Show**, 6-7 p.m. dinner; 7-10 p.m. dancing & show, Swing & Sway Dancing, 143 Maverick St., Rockland. Food, dancing and entertainment by Christian and Kathryn Clayton, ballroom dance champions. Couples and singles welcome. \$15 per person.

► **Spectrum Generations Stimulus Rebate Clinics**, Fridays, April 25 & May 2, 10 a.m.-2 p.m., 61 Park Street, Rockland. Free Stimulus Rebate Clinic to assist in filling out the form. Bring all documents reporting income, including Social Security benefits statement, name and social security numbers of any dependents and of spouse if there is one. If claiming a dependent, be sure that no one else has already claimed that individual. Call 596-0339 to make an appointment.

SATURDAY, APRIL 26:

► **WRFR Second Clothing Swap**, 1-4 p.m., Penobscot School, 28 Gay Street, in Rockland. Bring clean, gently used items, and take home some others. Bring something to throw on the grill and meet and eat with WRFR dj's and volunteer staff. Anything left at the end of the day will be donated to charity. FMI: 594-0721

► **Schooner J. & E. Riggin Work Week**, Sat., April 26-Sun., May 4, Rockland. Sign up for a four-hour shift, 8 a.m.-noon or 1-5 p.m., and work, enjoy lunch prepared by Chef Annie, and discounted rates for out-of-townners at the Old Granite Inn. Held in connection with the Portland Time Bank. FMI: 1-800-869-0604.

► **Baked Bean Supper**, 5:30 p.m., Aldersgate United Methodist Church, Rte. 17, Rockland. Beans, casseroles, salads and homemade pies. \$6.50/\$3 children. FMI: 594-5157.

► **Mid-Coast Audubon Field Trip**, meet at Beech Hill Preserve in Rockport at 8 a.m. for a walk to see early migrants, led by Bill Goodwill of Mid-Coast Audubon and Kristen Lindquist of Coastal Mountains Land Trust. FMI: 354-0669.

► **Come Spring Conference**, 9 a.m.-3 p.m. (registration 8 a.m.), Schoolhouse Museum, Rte. 173, Lincolnville. The annual conference of the Midcoast Maine Historical Societies. Cathy Hardy, director of development & community relations at the Owls Head Transportation Museum, will speak; workshops are offered; Diane O'Brien will speak about Lincolnville Historical Society's Ralph Richards diaries; Northeast Historic Film will present the 1940s film "Knox County on Parade," and humorist and raconteur Rosey Gerry will talk about "Intriguing Finds in Local History." Registration is \$12.50; includes lunch. FMI: 789-5987.

► **Amateur Radio Exam Session**, 9 a.m., EMA room, Knox Cty. Courthouse (basement), Union St., Rockland. Exams given for technician, general and extra class licenses. \$14 fee. Sponsored by Pen Bay Amateur Radio Club. FMI: 354-6853.

► **Empty Bowl Supper**, 6 p.m., Unitarian Universalist Church, Belfast. To benefit MOFGA-El Salvador Sistering committee. Soup by Cleonice Bistro, music by The Toughcats, bowls by Maine potters. \$10.

MAMMOGRAPHY

ACR ACCREDITED

PEN BAY X-RAY ASSOCIATES

Each mammogram read by two radiologists using computer-aided technology

- Stereotactic Biopsy

Pen Bay Medical Center Location
Evening & Saturday Appointments Available
Please call your physician or

596-8500

Poet for Hire
no occasion too small or too large
site specific, event explicit
custom precision
Hand-scripted on fancy papers

Karin Spitfire

338-5634
kspit@gwi.net

CALENDAR OF EVENTS

► Friends of the Pemaquid Point Lighthouse Kick-off Meeting, 10 a.m., Bath Savings Bank, Damariscotta. For those interested in staffing the lighthouse this summer. FMI: 563-2739.

► Cleanup Day at Camden Amphitheatre & Harbor Parks, 8:30 a.m.-noon. Wear work gloves and suitable shoes and bring tools. Rain date is Sun., May 3. FMI: 236-7014.

► Planetarium Show, 2:30 p.m., Camden Library. Space is limited; sign up by calling 236-3440.

► Ancestral Food Workshop, 9:30 a.m., Good Tern Co-Op, Rockland. Talk by nutritionist Holly Noonan on changes to our food during the past 30 years. FMI: 594-8822.

► Skateboarders of South Thomaston Bottle Drive, 9 a.m.-1 p.m. To raise money for a skateboard park. Volunteers will be going door-to-door or will pick up bottles if requested. FMI: 594-7416.

► DAR Meeting, 11 a.m., Stella Maris House, Broadway, Rockland. Bring a bag lunch. Program will be a talk by Rebecca Johnson titled "The Underground Railroad." All members of the DAR and those interested in joining are invited to attend. FMI: 236-2468.

► "How to Read Your Dog: Behaviors and Body Language," 2 p.m., Abbott Room, Belfast Free Library, 106 High St., Belfast. Certified dog behavior consultant Don Hanson, presenter. For people only. Free. FMI: 338-1704 or friendsofbelfastparks.org.

► Contradance with Don Roy Trio, 8 p.m., Simonton Corners, corner of Main & Park sts., Rockport. With Maggie Robinson calling. No partner needed. Beginners are always welcome. Bring your own drinking water and clean shoes for dancing. \$7. FMI: 462-3304 or www.simontonscorners.com.

SUNDAY, APRIL 27:

► Great Maine Bicycle Swap, 10 a.m.-2 p.m., USM Sullivan gym, Portland. Sell used bikes in good working condition. FMI: 623-4511.

► Good Tern Co-Op Annual Meeting, 4:30 p.m., St. Peter's Church, Rockland. Potluck supper and business meeting are followed by a talk by Bob St. Peter on local buying practices. Child care provided. FMI: 594-8822.

► Pemaquid Watershed Association Trail Cleanup, 1:30 p.m., Bearce-Allen Preserve, Bristol. Volunteers should bring trash bag, gloves, water and a trail snack. For directions to preserve, call 563-2196.

► Boutilier Photo Collection Talk, 1:30 p.m., Bremen Town Center, Rte. 32. Illustrated presentation by Peter Lindquist will feature "Red" Boutilier's photos of the Pemaquid peninsula. Free.

► Maine Vegetarian Resource Network Potluck, 6 p.m., at a private residence in Liberty. Bring one vegetarian dish (preferably vegan), place setting and beverage. All who are vegetarian or who are interested in eating less meat are welcome. FMI: 338-5414.

MONDAY, APRIL 28:

► Living Well—Healthy Choices for ME Course, 8 a.m., Wiscasset Community Center. Six-week program on living with a chronic health condition. Registration required. \$15 text fee. FMI: 563-1363.

► Walk for Wishes Captains' Meeting, 5:15 p.m., ground-floor conference room, Pen Bay Physicians Building, Rockport. Anyone interested in forming a walk team or volunteering is invited to attend. FMI: 236-3171.

► Chronic Fatigue Syndrome and Fibromyalgia Support Group, 4-6 p.m., Belfast Free Library, third floor. FMI: 338-5414.

► Alzheimer's and Dementia Support Group, 7-8:30 p.m., The Residence at Tall Pines, Belfast. Facilitated meeting for family members and friends. FMI: 338-1730 or 338-5802.

► Talk on Maine-Made Medicinal Products, 7 p.m., Belfast Library. Sam Fuller Jr. will speak about medicines produced in Maine during the 19th and 20th centuries. Hosted by the Belfast Historical Society.

► NAMI Peer-to-Peer Recovery Course, 5:30-8 p.m. Nine-week series of classes for

those with psychiatric or brain disorders. Free. FMI: 236-6878.

► Waldoboro Library Book Club, 7 p.m. Book featured is *Peony in Love*, by Lisa See. New members are always welcome.

► Special Olympics Benefit Supper, 6 p.m., St. Bernard's Catholic Church, Broadway, Rockland. Italian fest supper with pasta with red sauce from Cafe Miranda, live music and entertainment, door prizes and a silent auction. \$7/\$3 under age 10. FMI: 354-9591.

TUESDAY, APRIL 29:

► Parkinson's Disease Resource and Information Forum, 4-5 p.m., Quarry Hill, Camden. Discussion on services for people with Parkinson's with neurologist Dr. Judd Jensen, clinical exercise specialist Carol Woodbury Witham, staff from the Maine Family Caregiver Support Program and others. Free; registration requested. FMI: 230-6114.

► Workshop on Identification of Upland Invasive Plants, 9 a.m.-4 p.m., Sheepscot Valley Conservation Association, Sheepscot village. Free; lunch provided. *Register by April 24:* tish@sheepscot.org or 586-5616.

► College Planning Workshops, 9 a.m.-noon, University College at Rockland, 91 Camden St. Maine Educational Opportunity Center (MEOC) assists in choosing a college; tutoring; personal and financial counseling; career counseling; and college and financial aid applications. All services are free. To sign up, call 1-800-281-3703.

► Notary Public Class, 6:30-8 p.m., Medomak Valley High School. Three-week class offered through MSAD 40 Adult Education. \$20. FMI: 832-5205.

WEDNESDAY, APRIL 30:

► Introduction to Herbalism Class, 5:30-7 p.m., 929 Oyster River Rd., Warren. Allie Willenbrink will instruct students in the use of herbs in this six-week class. \$10. FMI: 832-5205.

► Free Reiki Clinic, 3-5 p.m., room 205, Waldo County General Hospital, Belfast. Monthly reiki therapy for adults; walk-ins welcome. FMI: 930-2549.



OUI PROBLEMS?
Need a DEEP Evaluation?
CALL 230-1177
Paul J. Kemberling, LCPC
Also available:
• Individual • Couples
• Suboxone Counseling
Accepting MaineCare and other Insurance

Detoxifying Ionizing Foot Bath
Only \$35.00
• *Reduces Lymph Retention*
• *Helps Those With Allergies*
Ananur Forma
207.594.2565

TRILLIUM SOAPS
Our Own Handmade Natural Soaps and More
REOPENING MAY 1st
68 Crescent Street, Rockland (Rte. 73 South to Crescent Street)
594-5003

Community Radio for the Penobscot Bay Region

WERU
COMMUNITY RADIO
89.9 FM
102.9 FM Bangor

Now there are 3 ways to tune in...

89.9 FM
Midcoast & Downeast Maine

102.9 FM
Bangor Maine

www.weru.org
Streaming Live & Podcasting

Community Radio WERU
P.O. Box 170, East Orland, Maine 04431
Office (9-5 Mon.-Fri.) 207-469-6600
info@weru.org www.weru.org

★ ASTROlogically ★
Speaking WITH ANANUR
www.AstrologyWithAnanur.com

APRIL 25 - MAY 1

Friday, April 25 — Between 7:15 and 9:15 a.m. the Moon in Capricorn will nicely aspect Saturn in Virgo, known to assist us in focusing and planning ahead to meet the goals of the day. The Sun will be aspecting Uranus until tonight. Being told what to do, or being told how you feel, would arouse a defensive reaction. Try to honor one another's individuality as best you can. Venus is aspecting Neptune, ushering in idealism and romantic fantasy. From 4 to 6 p.m. the Moon will nicely aspect the Sun in Taurus, indicating that you'll be enjoying relaxation and good food. Mercury is nicely aspecting Uranus until Sunday night, increasing your intuition.

Saturday, April 26 — From 6 to 8 a.m. the Moon will aspect Mercury, making for a lively time for conversations. You're having lots of interesting ideas, and can't wait to share them. Mercury is aspecting both Uranus and Jupiter. Your mind is moving at a very rapid pace right now; you really ought to consider writing down the great ideas that are coming to you. This would be an excellent time for negotiating or travel connected with business. Between 10 p.m. and 2 a.m. the Moon will aspect both Jupiter and Uranus, increasing optimism and intuition. This is a great aspect for a party.

Sunday, April 27 — Mars is now in a difficult aspect with Neptune, indicating the need for more rest. Anyone who was born on February 14 to 16 of any year will need to lie low all day — their immune systems are needing support. Mercury is aspecting Uranus until tonight; do trust your intuition. Mercury will be aspecting Jupiter until Monday night. This indicates an easy time for learning foreign languages. You're able to listen closely and imitate the accent just right. This is also a good time for making serious decisions about your financial future; you're more sensible now than usual. Mercury is also busy aspecting Neptune. That's a lot of mental stimulation for us to integrate. From 6:45 to 8:45 p.m. the Moon will aspect Saturn, which could ignite worry and self-doubt. Metaphysical teacher and author Louise Hay suggests that we notice those thoughts and simply say to ourselves, "Thank you for sharing," and then let those thoughts just float on by. It works.

Monday, April 28 — The Moon will aspect the Sun from 8:15 to 10:15 a.m., starting the day off with some negative thoughts

and low energy. Fortunately for us, the one thing you can count on is: change. Mercury is aspecting Jupiter, Neptune and Mars today. That's a lot of attention for Mercury, meaning that our thoughts are stimulated. And so are our nervous systems. Try to be present with your thoughts, rather than drifting off into the future.

Tuesday, April 29 — Mercury is still aspecting Mars, until tonight. You'll see lots of people out and about — it's a busy time with lots of thoughts and lots to share. Restaurants will probably be busy. From 1:15 to 4:30 p.m. the Moon in Aquarius will aspect Neptune, Mercury and Mars. I consider this to be a time of misunderstandings and confusion. It's not the right time to work out the tension in your relationship. Wait until tomorrow, when there will be some great Venus aspects taking place.

Wednesday, April 30 — Venus will enter into Taurus, the sign she rules, at 9:35 a.m., remaining in this earthy sign until May 24th. Sexual desire is heightened. Expressing appreciation is necessary if you want to continue enjoying the pleasure of cooperation. Venus is in a "grand trine" with Pluto and Saturn. This is very good for finances and business dealings. Who knows — the economy could do something that excites and pleases all of us. Those who are blessed with this "grand trine" will find love and prosperity igniting their lives. These individuals were born on April 20 or 21, August 23 or 24, or December 22 or 23 of any year. I would love to get feedback from anyone born on any of these dates who would like to share with me what has occurred. I'm holding a good thought for you.

Thursday, May 1 — This is known as Beltane, a Celtic celebration in honor of life, fertility, the return of the faeries after winter and appreciation for our generous Mother Earth. In the old days this marked the beginning of summer. Between 2:15 p.m. and midnight the Moon in psychic Pisces will be aspecting Uranus, Jupiter, Neptune and Mars. This will be a day filled with interesting surprises. Be open, spontaneous and ready for fun.

Ananur Forma lives in Rockland and can be reached for a personal astrological reading in person or by phone at 594-2565.



THE BLACK BULL TAVERN

Great Food & Spirits
In a Casual Atmosphere

Lunch & Dinner
Daily Happy Hour at 4:20 pm
* \$1 Off Appetizers *
* \$1 Off All Drafts *

Free Live Entertainment
Every Fri. & Sat. Evening

420 Main St., Rockland • 593-9060
Open Seven Days 11:30 a.m.-12:30 a.m.

4	2	8	7	5	6	3	9	1
6	1	9	8	3	4	2	7	5
3	7	5	1	9	2	6	8	4
8	9	6	5	4	3	7	1	2
7	4	3	9	2	1	5	6	8
1	5	2	6	8	7	9	4	3
5	3	1	4	7	9	8	2	6
2	6	7	3	1	8	4	5	9
9	8	4	2	6	5	1	3	7

© 2008 United Feature Syndicate, Inc.

READ THE FREE PRESS ONLINE AT

WWW.FREEPRESSONLINE.COM

Midcoast Maine's One-of-a-Kind Weekly Newspaper

is available online. We distribute 11,000 copies at over 400 midcoast locations every week — but they go quickly! So when you can't find a copy, you can still find out what's going on in midcoast Maine by visiting us online.

BROUGHT TO YOU IN PART BY:

ERA
ERA Cousens Realty, LLC
596-6433
15 Payne Ave., Rockland

Help-U-Sell
REAL ESTATE
Windjammer Realty
270 West Street (Rte. 90), Rockport
236-6400

Pen-Bay Glass, Inc.
1-800-256-6942
www.penbayglass.com

COLDWELL BANKER
RESIDENTIAL & COMMERCIAL
Rockland

ROCK MAPLE REALTY
On Union Common
785-2000 rockmaplerlty.com

Black Duck Realty
549-5657
www.BlackDuckRealty.com

CALENDAR OF EVENTS

- ▶ **Using a Digital Camera**, 6-8 p.m., Medomak Valley H.S., Manktown Rd., Waldoboro. Five-week class on digital camera basics. \$50. FMI: 832-5205.
- ▶ **Miller School PTA Auction**, 5 p.m., Miller School, Waldoboro. Live auction, baked goods, pizza. Auction to benefit playground repairs.
- ▶ **SBA Express Loan Program Workshop**, 9 a.m.-noon, Rockland CareerCenter, Breakwater Marketplace. Explanation of SBA's loan program for small early-stage businesses. Sponsored by Centers for Women, Work and Community. FMI and to register: 596-2600.
- ▶ **Social Lunch Program**, 11:30 a.m., Spectrum Generations Coastal Community Center, Overlook Bldg., 521 Main St., Damariscotta. Following lunch, Wanda Garland will give a presentation on wildflowers. Donation is \$4.50/\$3.50 for those over age 60. Call by noon on Tues. for reservations; 563-1363.
- ▶ **College Planning Workshops**, 9 a.m.-noon, Hutchinson Center, Belfast. Maine Educational Opportunity Center (MEOC) assists in choosing a college; tutoring; personal and financial counseling; career counseling; and college and financial aid applications. All MEOC services are free. To sign up, call 1-800-281-3703.
- ▶ **HealthWise Medical Self Care**, 6:30-7:30 p.m., Camden Hills Regional H.S., Rockport. An interactive class on self-care taught by Brien Davis, Hope Health. Registration required. \$10. FMI: 236-7800, option 5.
- ▶ **Wildlife Rehabilitation Talk**, 6:30-7:30 p.m., Sheepscot Valley Conservation Association office, Sheepscot village. Lynne Flaccus, ReMaine Wild, will speak about how to prevent harm to wildlife. \$5/free to SVCA members. FMI: 586-5616.

- ▶ **Blood Pressure Clinic**, 9-11 a.m., Belfast Public Health Nursing Association, 119 Northport Ave., Belfast. Free screening; walk-ins welcome. FMI: 338-3368.
 - ▶ **Wellness Focus Group and Forum**, 1 p.m., Senior Spectrum Coastal Community Center, Damariscotta. Public invited to comment and discuss the definition of wellness. FMI: 563-1363.
- THURSDAY, MAY 1:**
- ▶ **Chats with Champions**, 9:30 a.m., Skidompha Library. Artist John Whalley will present "From Still Life to Real Life." Free; public invited.
 - ▶ **Trek Across Maine Informational Meeting**, 7 p.m., Maine Sport Outfitters, Rockport. Gale Auclair, Trek manager, will speak. FMI: 236-7120.
 - ▶ **Ancestral Food Talk**, 6:30 p.m., Rockland Public Library. Nutritionist Holly Noonan will speak about changes to food during the past 30 years. Free. FMI: 594-0310.
 - ▶ **Orchids Slide Show**, 1:30 p.m., Penobscot Bay YMCA, Rockport. Leslie Galvin of G&S Farm in Union will speak about cultivating orchids. Hosted by the Rockport Garden Club. Free. FMI: 236-4813.
 - ▶ **Song Swap**, 6:30-8:30 p.m., Camden Library. Bring a couple of songs to share. FMI: 236-7319.
 - ▶ **Morris Farm Volunteer Information Session**, 1-4 p.m., Rte. 27 N., Wiscasset. Learn how to be a field trip host. FMI: 882-4080.
 - ▶ **TRIAD Meeting**, 8 a.m., Bartlett House, 20 Bartlett Dr., Rockland. Law enforcement, social agencies and seniors working to prevent fraud and abuse. Coffee and muffins served. FMI: 594-1159.
- COMING UP:**
- ▶ **Grilling Fish & Much More**, begins Fri., May 2, 6-9 p.m., for four weeks,

- Medomak Valley H.S., Manktown Rd., Waldoboro. Grilled seafood and other dishes taught by Pat Cloutier. \$35 class fee/materials fee of \$15 per class. FMI: 832-5205.
- ▶ **Bowl for Kids' Sake**, Sat. & Sun., May 3 & 4, 8 a.m.-2 p.m., Oakland Park Lanes, Rockland. Fund-raiser for Big Brothers Big Sisters of Midcoast Maine. To participate as a team captain, member or sponsor, call 563-5959.
- ▶ **Maine Society of Mayflower Descendants Annual Meeting**, Sat., May 3, 10 a.m., Captain Daniel Stone Inn, Brunswick. Guest speaker is Tom Desjardin, Maine Bureau of Parks and Lands historian. Lunch served at noon. \$16. FMI: 721-9528.
- ▶ **Pemaquid Watershed Association Trail Cleanup**, Sat., May 3, 8:30 a.m., Osborn Finch Wildlife Sanctuary, Waldoboro. Volunteers should bring trash bag, gloves, water and a trail snack. For directions to sanctuary, call 563-2196.
- ▶ **Maine Women's Network Event**, Wed., May 7, 5:30-7:30 p.m., Farnsworth Museum, Rockland. Speaker is John Geddis, general manager of the Maine Mall. \$26/\$19 members. Register by April 30 at www.maine-womens-network.com.
- ▶ **Ultimate Antiques Road Trip**, Sat., May 17. Full-day excursion to the Brimfield Antiques Show with dealer John Bottero as your guide. Bottero will also give two classes on antiques on May 12 and 19, from 6-8 p.m. at Great Salt Bay School, Bus. Rte. 1, Damariscotta. Trip is \$75/classes and trip are \$95/classes alone are \$20, plus \$5 non-resident fee. FMI: 563-2811.
- ▶ **Overnight Trip to the Gardens of Bar Harbor**, Sat., June 21. Pickups in Wiscasset, Damariscotta and Waldoboro. \$135 fee includes bus, guide, accommodations, buffet breakfast on Sunday and entrance fees. Register before May 1; after that the fee is \$150. FMI: 563-2811.

New Lowe's Store in Thomaston Opens Tuesday



Grand opening festivities set for May 1

The new Lowe's on Route 1 in Thomaston will open its doors to the public at 7 a.m. on Tuesday, April 29. Grand opening festivities will be held at 10 a.m. on Thursday, May 1.

The home improvement store has 117,000 square feet of retail sales space, with an adjacent garden center. For the past several weeks, employees have been at work preparing for the opening, stocking more than 40,000 items.

With fiscal year 2007 sales of \$48.3 billion, Lowe's Companies, Inc. is a FORTUNE® 50 company with more than 1,525 home improvement stores in the United States and Canada. Founded in 1946 and based in Mooresville, North Carolina, Lowe's is the second-largest home improvement retailer in the world.

Gift Cards to Benefit Habitat for Humanity

All Lowe's gift cards purchased at the grand opening of Lowe's of Thomaston on Thursday, May 1, will be matched dollar-for-dollar (up to \$5,000) with Lowe's in-store credit for Midcoast Habitat for Humanity's use on its next project. An affiliate of Habitat for Humanity International, Midcoast Habitat completed its 19th home in February, and a family of seven from Camden moved into the new raised ranch shortly thereafter. "We appreciate the opportunity that Gift Card Match Day provides us to raise funds toward our 20th home," said Harvey Rudisaile, board president for Midcoast Habitat. For more information on the Midcoast Habitat gift card match, call Rudisaile at 230-0817.

Ralph Chevrolet Winner Claims Keys -



Kevin Thompson, left, general sales manager of Harold C. Ralph Chevrolet of Waldoboro, presented the keys to a 50th anniversary 2008 Chevy Impala to Heidi Alley of Cushing. Alley had won a trip to the Daytona 500 and while there was one of ten people from 50 states to win an automobile. Thompson stated that he and the staff of Harold C. Ralph Chevrolet were honored to be able to present the vehicle to Alley, who is a longtime loyal Ralph customer. Also pictured are Alley's daughter Virginia and husband Paul. PHOTO BY MARK HASKELL

Michael Good Designs To Be on WCSH Apr. 26

A feature on jeweler Michael Good will be run as part of "Bill Green's Maine" on Saturday, April 26. Michael Good Designs creates gold and bronze jewelry at Good's studio in Rockport. "Bill Green's Maine" is an hour-long program on WCSH that airs on Saturday nights at 7 p.m.

Hand-crafted earrings, bracelets, necklaces, pins, pendants and rings are constructed with care by Michael Good and his team of craftsmen. Good, through the use of anti-clastic forming, has expanded the definition of jewelry and metalsmithing to create distinct sculptural forms.

SMARTY PANTS
Women's Resale Shop
New & Used Clothing
Sizes 0-4X • Petites • Maternity
Jackets - Jackets - Jackets
Denim, Corduroy, Linen, Leather, Tweed ...
Blazers, Peacoats, Jean-style, Dressy ...
Lime, Hot Pink, Navy, Neutrals, Pastels ...

153 Main Street at the traffic lights Thomaston 354-1199

Tues. - Sat. 10:00-5:30
Thurs. eves 'til 8 pm
CLOSED Sun. & Mon.

The Red Sox could use a good ground cover.

green thumb

ROUTE 17, ROCKPORT, MAINE

Our laurel is hardy.

green thumb

ROUTE 17, ROCKPORT, MAINE

FREE PRESS CLASSIFIEDS

YARD SALE
YARD SALE
 Saturday, April 26
 8 a.m. to 2 p.m.
Rain or Shine.
Cornerstone Drive, Belmont.
 4 miles west of Belfast on
 Route 3.
 Multi-family, good variety.
 (4/24)

INDOOR MOVING SALE
April 25, 26 & 27
 8 a.m. to 4 p.m.
Rain or Shine.
 Dinette, bookcase, king mattress,
 small tables, lamps, also collec-
 tion of red glass, knick knacks,
 record albums, Beatles and much,
 much more.
204 Long Cove Road
St. George, ME
 Off Route 131, follow signs.
No Early Birds.
 (4/24)

RVs
CAMPER — 1989 35 ft. Fleet-
 wood Bunkhouse, rear bunks,
 front bedroom, must see, great
 shape, ready to go, \$3,800 OBO.
 594-5126. (5/8)

VEHICLES
2002 DODGE ONE TON, with
 11-foot dry box, 40K, 5-speed,
 \$11,500. 446-3839. (kr)

2005 SILVERADO, LS 1500,
 4WD, ext. cab, w/cap & liner,
 5.3L V8, mint, orig. owner,
 \$19,500. 236-6529. (5/1)

2005 HONDA CIVIC LX, 5-
 speed, 44 mpg, excellent condi-
 tion, 40,000 easy miles, orig.
 owner, \$12,500 OBO. 236-6529.
 (5/1)

2003 STELLA SCOOTER,
 150 cc with expansion chamber,
 5,200 miles, runs great, \$2,750.
 Call Brandon, 701-6164. (4/24)

COMPOST
COMPOST, well aged, all natural
 ingredients, we make what we sell,
 \$40/c.y. loaded or \$50/c.y. deliv-
 ered. Call anytime, 832-4204. (kr)

COMPOSTED HORSE
MANURE, aged 5+ years,
 \$25/cubic yard loaded. Mulch
 hay, \$2/bale. 273-2198. (5/8)

FOR SALE
MAPLE TABLE with two
 leaves and four chairs, \$150
 OBO. 845-3102. (4/24)

FOR SALE
WATCHBANDS AND BAT-
TERIES, expertly installed, all
 major brands serviced. Watch
 Repair Center, Knox Mill,
 Mechanic St., Camden. 236-
 3933. (kr)

NOW IN STOCK AT UNION
FARM EQUIPMENT
 Firepower Welding Supplies,
 featured special:
 Oxyacetylene welding
 and cutting torch kit, \$299.95,
 reg. \$330.
1893 Heald Hwy., Union
785-4451 • 1-800-935-7999
 (5/8)

QUALITY USED BOOKS on
 transportation, history and archi-
 tecture. Ironcompassbooks.com
 or 622-7337. A Maine-based
 Internet bookseller. (5/1)

100+ LOBSTER TRAPS,
 repairable, \$5-\$10 each. Fish
 totes, \$4 each. Lobster crates,
 \$25 each. Lobster block, \$100.
 14' fiberglass boat, \$100. 542-
 2328. (4/24)

WANTED
CALLING ALL BASSES! Early
 music vocal ensemble, Ave
 Maris Stella, seeks basses to
 audition for 2008 openings. Must
 read music and be able to blend.
 Rehearse Wed. nights in Cam-
 den. FMI: visit www.avemaris-
 stella.org or call 236-9413. (kr)

SCRAP GOLD, PLATINUM
AND SILVER, immediate pay-
 ment for broken jewelry, sterling,
 dental gold. Northeast Gemlab,
 Inc., Knox Mill, Mechanic St.,
 Camden. 236-3933. (kr)

OLD BOOKS, Spring cleaning,
 downsizing or estate? Cash paid
 for quality books. joerun48@hot-
 mail.com or 594-2870. (5/1)

HELP WANTED
NOW HIRING, ALL POSI-
TIONS — Management, bar-
 tenders, waitstaff, hosts/hostess,
 cooks, dishwashers, bussers. Off
 the Boat Seafood Restaurant (for-
 merly Quarterdeck Bar & Grill,
 now under new management), 21
 Bayview Street, Camden. Taking
 applications for grand opening
 April, apply within. (kr)

FULL OR PART-TIME
BOOTH RENTAL — Potential
 for motivated stylist, busy salon
 in downtown Rockland. Call
 Cyndee, 593-9274. (4/24)

HELP WANTED
AMALFI ON THE WATER —
 Is looking for experienced
 kitchen staff, prep cooks, line
 cooks and sous chef. Call 596-
 0012. (4/24)

CUSTOMER SERVICE POSI-
TIONS — Now hiring in your
 area, no experience, paid training,
 please call us at (416) 857-3159
 or (204) 952-8556. (4/24)

EXPERIENCED PAINTER
 — willing to work with team in
 fast-growing company, three
 years' experience minimum. 594-
 1219. (5/8)

GENESIS HEALTHCARE
WINDWARD GARDENS
 seeks FT Activity Aide/Van Driv-
 er for its assisted living &
 healthcare community. Competi-
 tive wages, full benefits. Must
 have previous experience and
 clean driving record. If interest-
 ed, please contact Jane Mac-
 Connell at (207) 236-4197, (207)
 230-0563 (fax), or jane.mac-
 connell@genesishcc.com.
 www.genesiscareers.jobs. EOE.
 (4/24)

SERVICES
GREENS TREE SERVICE
 • Tree, brush removal
 • Pruning
 • Aerial truck or climber
 • Chipping, stump-grinding
 • Lots Cleared
 Free Estimates
 Licensed & Insured Arborist
Peter C. Green
763-4093.
 — Great Winter Rates —
 (kr)

PROPERTY MAINTENANCE
 Caretaking
 Spring Cleanups
 Lawn Care
 Pruning
 Tree, Brush & Junk Removal
 Other Misc. Jobs
 Free Estimates
John Duffell
763-4358
or 322-9095.
 (kr)

AVAILABLE
IMMEDIATELY
 Yard Work
 Mowing
 Odd Jobs
 Reasonable
 Call for estimates
975-4169 or 354-6868
 (5/1)

SERVING MAINE FAMILIES FOR OVER 50 YEARS!
When Making the Biggest Purchase of Your Life,
Ralph's Homes
YOUR COMFORT IS OUR COMMITMENT
EXPERIENCE DOES MATTER!



Over 30 Mobile & Modular Homes From 7 Manufacturers on Display! Discover the Ralph's Homes Difference!

Pennwest, Ritz-Craft, Oxford, Titan, Redman, Pleasant Valley, Pine Grove

"Top of the Hill"
Route One, Waldoboro
1-800-675-2036 • 832-2036
 www.ralphshomes.com
 e-mail: ralphhome@midcoast.com
Thousands of Satisfied Customers!

NOW HIRING
Produce/Meat Buyer, full-time,
weekdays. Applicants should be
self-motivated and organized, friendly,
and able to lift 50 lbs.
Previous experience and gardening or
farming experience a plus.
Pay commensurate with experience.
Generous benefits and discount.
Apply in person at:



Good Tern
Natural Foods
CO-OP & CAFÉ
 COOPERATIVELY OWNED SINCE 1980

750 Main St. Rockland ME 04841
207-594-8822
 GOODTERN.ORG
Monday-Saturday, 9-6



NOW HIRING
Sous Chefs & Line Cooks
OFF THE BOAT SEAFOOD RESTAURANT
New Management • Formerly the Quarterdeck
 21 Bayview Street, Camden, Maine 04843
 Taking Applications for Grand Opening-April
 Apply within



Employment Opportunities

If you have experience in a fast-paced industrial setting, Fisher Engineering in the Rockland Industrial Park has openings for

MIG WELDERS

Requirements are a high school education, a strong work ethic, positive attitude and ability to work as a team. Must be able to work 10 hour shifts. Welding positions are for the second shift.

Interested applicants may apply online at jobsin-me.com or send a letter or resume to:

Fisher Engineering
50 Gordon Drive
Rockland, ME 04841

Or apply in person at the Fisher Engineering facility located at 50 Gordon Drive to complete an application on the premises.

EOE M/F

WANTED:
CLASS B TRUCK DRIVER
You supply:

- CDL License • Clean Driving Record
- Pass a DOT Physical/Drug Test
- A Professional, Positive Attitude
- A Great Work Ethic

We supply:

- Excellent Equipment
- Structured-Independent work day
- Year round work • Incentives
- Home every night!

CALL MAINE COAST TOWING
1-877-869-6264

WANTED TO BUY
OLD MAGAZINES
PLAYING CARDS & BOOKS
5 9 6 - 0 0 7 7

Youth Activities Coordinator

The Jackson Memorial Library is seeking a youth activities coordinator to create innovative means to engage St. George youth in literary, artistic and historical activities through programs in the library and in collaboration with local organizations.

Applicants must have home office space, a computer with Internet access, valid Maine driver's license and a working vehicle. They must be self-directed and creative with enthusiasm for reading, literature and the arts, and have the ability to work with youth, ages toddler to teen. Moderate technology skills are required as well as excellent written and oral communications skills. The job will average 20 hours per week; individual medical plan coverage and job-related expenses reimbursed.

Send resume to: Jackson Memorial Library, P.O. Box 231, Tenants Harbor, Maine 04860, attn. Yvonne Gloede, Library Director.

CALLING ALL SENIOR CITIZENS
Applications now being taken for
 Spacious carpeted apartments with appliances and services at Rankin Center in Rockland & Knox Hotel in Thomaston
 Rent is 30% of income for Incomes at or below
 1 Person- \$30,450 2 Persons- \$34,800

Please call 594-2743
 TDD/TTY 1-800-545-1833 Ext. 702
 Professionally Managed by ElderServ, Inc.




Help Wanted
3Dogs Cafe
 and Sweet Sensations
 301 Commercial Street,
 Rockport
 Apply in person

Now accepting applications for kitchen, retail & dishwasher.

Run your ad **ONE WEEK** for only \$6/week for 20 words – 20¢ each additional word.
 Run your ad for **TWO WEEKS** for only \$5.50/WEEK for 20 words – 15¢ each additional word.
 Run your ad for **THREE** or more WEEKS for only \$5/WEEK for 20 words – 10¢ each additional word.
 (Please print clearly & include your phone number!) **DEADLINE IS MONDAY AT 4 p.m.!**

I would like my ad to read: _____

Please run my classified ad _____ times and list it under:
 ___ Vehicles ___ Boating ___ For Rent ___ For Sale
 ___ Help Wanted ___ Real Estate ___ Services ___ Wanted
 ___ Yard Sale ___ Other _____

Name _____
 Address _____
 Town _____ State _____ Zip _____
 Phone _____

Cost for 1st 20/words/week = \$ _____
 Additional words = \$ _____
 Subtotal = \$ _____
 Times # of weeks ad to run x _____
TOTAL Due = \$ _____

IF PAYING BY CREDIT CARD:
JUST CALL IN YOUR AD COPY — 596-6696
 Or, enclose payment and bring or mail to:
The Free Press Classifieds
 8 No. Main Street, Suite 101, Rockland ME 04841

MORE CLASSIFIEDS

ROCKLAND FORD LINCOLN MERCURY

Stock #A007

- Automatic Transmission
 - 100,000 Mile Powertrain Warranty
 - MP3/CD Player
 - 37 MPG
- MSRP \$15,870

2008 FORD FOCUS

37
MPG!



DRIVE FOR
\$159
per month

DRIVE FOR
\$163
per month
OR
\$15,495

2008 FORD F-150 Stock #1856

- 4.2 Litre V6 Engine
- Automatic Transmission
- Air Conditioning
- AM/FM Stereo Radio
- Limited Slip Rear End

SAVE \$5,700!



36 mo. lease, 10,500 miles per year. Excludes tax, title & \$595 Acq. fee, 10% Down, Rebate to Dealer. Lease End Value \$7,776

*Buy For price excludes tax and title. 96 mos. @ 8.69% APR all with approved credit. Payments based on 20% down.

WWW.ROCKLANDFORD.COM

U.S. Route 1, Rockland • 594-4466 • 1-800-888-5856

SERVICES

SOULE'S CARPENTRY
Siding, roofing, garages, window replacement, decks and more.
Free estimates.
Fully insured.
Call 354-7024 or 691-6758,
Ask for David.
(6/26)

JR'S PAINTING
Fine Interiors/Exteriors
Painting & Staining,
Sheet Rock Repairs.
Free estimates. References.
Fully Insured.
273-6116.
(k/r)

THE HANDY WOMAN SERVICE
Affordable:
• Interior/Exterior Painting
• Power Washing
• Gutter Cleaning and Installation
• Window Washing
• Residential Cleaning
• Lawn Care
• Light Carpentry
• Other Miscellaneous Jobs
References and insured.
Jamie Comita
(207) 323-4894 or 548-6231.
(5/8)

BOLAN'S CUSTOM CABINETS & REMODELING
Kitchens & Bathrooms,
Bookcases, Built-ins,
Cabinets of all kinds.
Built and installed by
Wayne Bolan, 542-5599
(5/15)

T.L. CONWAY BUILDERS
Carpentry, light backhoe work,
caretaking and more.
Fully insured.
Call 354-3622.
Free Estimates.
(4/24)

HANDYMAN SERVICES
Ready for that spring project?
Specializing in carpentry and
stonework.
Free estimates.
Call 594-4753.
(5/1)

LOOKING FOR HOUSES TO CLEAN
in the Searsport or Belfast area.
Please call 548-0252
or 469-2925.
(5/1)

CAREGIVER
Available to assist you or loved
one(s) with personal care, meal
preparation, housekeeping and
appointments.
15 years' experience,
with references.
Call me at 273-2949.
(5/8)

FOUR CAREGIVERS
Great references,
Years of experience.
Call 354-8761.
(5/8)

GOT GRASS? Call Just Mowin Landscaping
for all your lawn care needs
including brush hogging.
322-9505.
(5/15)

SPRING CLEANING SPECIAL
Three hours for the price of two.
I'm hardworking and I aim to
please.
Judy, 785-2514
or **860-301-4873**.
(5/1)

REAL ESTATE

CUSHING, ME — 9.2-acre
wooded parcel in neighborhood
of oceanfront homes near mouth
of St. George River and islands,
several building sites with
potential water views — can
divide, \$134,000. 785-4930 or
lothrop@usa.com. (5/1)

FOR RENT

ROCKLAND — One-bedroom
and studio apartments available at
the Thorndike Building Apart-
ments, 385 Main St., Rockland,
ranging from \$575 to \$625,
includes heat & utilities. Call Kin-
ney Rentals at 354-0100 for
appointment. (k/r)

EDGEComb — Year-round,
cozy cottage, quiet road, avail-
able July 1, 1-1/2 BR, good for
single or couple, no pets, no
smoking, \$700/month. Synergy
Yoga, 882-6637. (5/29)

THOMASTON — Very nice 1-
BR apt. with view of Saint
George River, W/D hook-up, sor-
ry, no pets or smoking.
\$650/month plus utilities. 593-
9091. (4/24)

ROCKLAND — Near Samoset
Resort, great 1-BR apartment,
SEASONAL or YEAR-
ROUND, first floor, quiet, sun-
ny, non-smoking house, pets con-
sidered, \$680/month, long term.
542-1101. (5/1)

OWLS HEAD — Beautiful,
modern 2-BR apt., quiet neigh-
borhood, no smoking, no dogs,
exc. references required, securi-
ty deposit, lease, \$750/month.
785-3698. (5/1)

STORAGE

INDIVIDUAL 8' X 12' UNITS
are secure, clean, dry and private.
Only \$40 monthly. Call anytime,
832-4204, Friendship. (k/r)

SELF HELP AND SUPPORT

CRISIS LINE
Maine's Statewide Toll Free
Crisis Hotline —
1-888-568-1112.
The Maine Department of
Mental Health, Mental Retar-
dation and Substance Abuse
Services' 24-hour crisis line
links to the center in Maine
nearest you.

NICOTINE ANONYMOUS MEETING
Every Tuesday evening
6:00 - 7:00 p.m.
Conf. Room A (by the cafeteria)
Pen Bay Hospital, Rockport.
For more info call 354-6339.
(k/r)

AA Hotline
1-800-737-6237
www.aamaine.org
Al-Anon Hotline
284-1844 / 1-800-498-1844
Hotline numbers are manned 24
hours a day, seven days a week.

AA Gull Group
Meets at the Bolduc Correctional
Center, Warren, Thursday, 7 p.m.

For information about
area NA meetings,
call 1-800-974-0062.

N.A. Y2K Group
7 p.m. Wednesday,
Meets at the Bolduc Correctional
Center, Warren.

AL-ANON MEETINGS in Knox County
Mondays, 7-8 p.m., St. John Epis-
copal Church, Thomaston.
Tuesday, 7-8 p.m., Our Lady of
Good Hope Catholic Church, Cam-
den.
Thursday, 6:30-7:30 p.m., Rock-
land Public Library, downstairs.
Saturday, 10-11 a.m., Pen Bay
Physicians Building, Rockport.

Common Journey Breast Cancer Support Group, 6 to 8 p.m. at Mer-
ryspring Park, Conway Rd., Cam-
den. First and third Monday. Info:
Linda Zeigler, 594-6889.

SELF HELP AND SUPPORT

WALDOBORO AL-ANON
United Methodist Church Parish
Office,
93 Friendship Street, Waldoboro
- Sunday 7-8 p.m.
For more information,
call Dee, 832-2062.

AL-ANON MEETINGS in Waldo County
- **MONDAY, Noon-1 p.m.** First
Baptist Church annex, 95 High
St., Belfast.
- **WEDNESDAY at 7 p.m.** Mon-
roe Community Church base-
ment, 26 West Main St., Monroe.
- **THURSDAY at 7 p.m.** St. Fran-
cis of Assisi Church basement,
47 Court St., Belfast.
- **SATURDAY at 10 a.m.** St.
Margaret's Episcopal Parish
House basement, 95 Court St.,
Belfast.

Hepatitis Support Group: A sup-
port group for those affected by hep-
atitis and their families and care-
givers meets to exchange ideas,
information and hope in a positive,
safe and confidential environment
the first Wednesday of each month
from 7-8:30 p.m. in Conference
Room D, Penobscot Bay Physicians'
Building. The group will be led by
someone with firsthand experience
living with hepatitis. For more infor-
mation, contact Paul, 236-4720, or
Dr. Neil Smith, 596-6599.

Ongoing Social and Support Group. Lesbians 40+, coupled or
single, living in Camden/
Rockland area. For more infor-
mation, call 631-0249 cell, or e-mail:
mwpbooks@midcoast.com.

Is Food a Problem for You? OVEREATERS ANONYMOUS MEETS:
On Wednesdays, noon,
Rockland Public Library, Base-
ment, Union St., ROCKLAND.
On Friday, noon,
Unitarian Universalist Church of
Belfast, 37 Miller Street,
BELFAST.
On Saturdays, 9:15-10:15 a.m.,
Rockland Public Library Base-
ment, Union St., ROCKLAND.

Care Net Pregnancy Center: Do
you think you might be pregnant?
Care Net provides 24-hour help line,
free pregnancy tests, information on
pregnancy, parenting, abortion
information, adoption and post-
abortive help. All service is confi-
dential. Care Net Pregnancy Center,
462 Old County Road, Rockland,
ME 04841, 594-1616, Mon.-Thurs.
12:30 to 5:00 p.m., Morning and
evening by appointment only.

**Sex and Love Addicts Anony-
mous:** for meeting information, e-
mail mmislaa@fairpoint.net, phone
211, www.211.maine.org (click on
211 directory then keyword: Augus-
tine Fellowship).

ALCOHOLICS ANONYMOUS MEETS Camden 12-step group
St. Thomas Episcopal Church
33 Chestnut St., Camden
- **Monday at 6:30 p.m.;** Begin-
ners meeting. All welcome.
- **Tuesday at 6:30 p.m.;** Open
discussion meeting. All wel-
come. "As Bill sees it."
- **Wednesday at 6:30 p.m.;** Step
Meeting. Open discussion meet-
ing. All welcome.
- **Thursday at 6:00 p.m.;** Closed
discussion meeting. (For alco-
holics only.)
- **Friday at 7:30 p.m.;** Speaker's
meeting. All welcome.
- **Saturday at 7 p.m.;** Big Book
meeting. All welcome.
For more information please
call 1-800-737-6237
24 hours day or night
www.aamaine.org

NARCOTICS ANONYMOUS:
for meeting updates and
other locations,
call 1-800-974-0062.

- **Women's NA Meeting,** Monday,
6:30-7:30 p.m., Aldersgate United
Methodist Church, Rte. 17,
Rockland (across from the lake).
- **Basic Text Meeting,** Tuesday,
6:30-7:30 p.m., St. Peter's Epis-
copal Church, Limerock Street,
Rockland.
- **Open Meeting,** Friday, 6:30-
7:30 p.m., St. Peter's Episcopal
Church, Limerock Street, Rock-
land.
- **Open Meeting,** Saturday, 6:30-
7:30 p.m., Peoples United
Methodist Church, at the Keag,
South Thomaston.
- **Living Free Group,** Methodist
Church, Church St., Damariscot-
ta, in basement. Fri. 7:30-9 p.m.
- **Spiritual Warriors Group,**
Methodist Church, Church St.,
Damariscotta, in basement. Wed.
7:30-8:30 p.m.

ALCOHOLICS ANONYMOUS MEETINGS District 16

- **SUNDAY at 10 a.m.;** Sunshine
Group, Waldo County General Hospi-
tal Education Building, Belfast.
- **at 8 p.m.;** Searsport Sunday Night
Group; First Congregational
Church, Searsport.

- **MONDAY at 7 a.m.;** Attitude
Adjustment, St. Margaret's Light-
house, Belfast.
- **at 6 p.m.;** Off the Wall Step Group,
First Baptist Church, Belfast.
- **at 8 p.m.;** Brooks Circle Group, Var-
ney Building, Brooks.
- **TUESDAY at 7 a.m.;** Attitude
Adjustment, St. Margaret's Light-
house, Belfast.
- **at 6 p.m.;** Tuesday Happy Hour Grp.,
St. Margaret's Lighthouse, Blfst.
- **at 7 p.m.;** Women's Big Book Step
Study Group, 2nd floor Opera House
(across from Post Office), Belfast.
- **WEDNESDAY at 7 a.m.;** Attitude
Adjustment, St. Margaret's Light-
house, Belfast.
- **Noon.;** Wednesday Noon Step
Group, St. Margaret's Lighthouse,
Belfast.
- **at 8 p.m.** Off the Wall Step Group,
First Baptist Church, Belfast.
- **THURSDAY at 7 a.m.;** Attitude
Adjustment, St. Margaret's Light-
house, Belfast.
- **FRIDAY at 7 a.m.;** Attitude Adjust-
ment, St. Margaret's Lighthouse, Blfst.
- **Noon.;** Friday Noon Step Group, St.
Margaret's Light-house, Belfast.
- **at 6:30 p.m.;** Big Book Step Read-
ing Meeting, St. Francis of Assisi
Church, Belfast.

Domestic Abuse Helpline for Men and Women Support Group. FMI:
1-866-786-0758.

Come For A Visit And See Why Our Residents Love It Here!

At

The Methodist Conference Home
If you are 62+ or disabled, you could move to an
elevated apartment building with a caring, friendly
and supportive atmosphere.

Efficiency apartments currently available. Rent
includes all utilities, appliances, laundry area, parking
and a service coordinator on site. Housekeeping &
meals are available on site.

A varied activity program for everyone

Rent is 30% of your income if you receive
\$30,450 or less a year.

39 Summer Street, Rockland, ME or
Call Sherry Reimer at 594-2743

TDD/TTY

1-800-545-1833, Ext. 702



HASKELL'S HANDYMAN SERVICE INC. General Contractor

Carpentry, Renovations,
Yard Work, Caretaking,
and much, much more

Call Richard at 354-9561
Insured and Experienced

Broad Bay Electric, Inc. is seeking experienced Electricians and Electrician Helpers

Hiring experienced, licensed electricians and expe-
rienced helpers with residential work history.

Excellent wage based on experience. Benefits
include paid vacation & holidays, sick pay, medical,
disability and birthday.

Interested electricians can telephone the office at
594-0042 or drop by 893 West Street (Rt. 90) to dis-
cuss the positions.

Methodist Conference Home

Accessible Efficiency Apartment
with "Enhanced Living" services

Services include — meals, housekeeping,
Lifeline, preventative care, case
management and activities.

Rent includes all utilities,
elevator and parking

Rent is 30% of income —

Services are 20% of Adjusted Income

Income limits for rental subsidy
are \$30,450 annually

For information call Sherry Reimer 594-2743



The Lincoln Home

Choose to Work Where You Can Make a Difference

Lincoln Home
is seeking

Assistant Administrator/Director of Nursing

This is a full time multifaceted position for the person who
enjoys working with elders in a residential care setting.

Requirements: Candidate must hold a current Maine
Registered Nursing License. Minimum of Associates Degree
in Nursing. Experience in administration and supervision
of staff. Computer skills. Experience in eldercare, Long
Term care or Assisted Living helpful. Knowledge of DHHS
regulations and or Human Resource experience is a plus.

Benefits: This full time position offers Health Insurance
plans, generous Paid Days Off, Continuing Education
yearly.
Salary commensurate with experience.

To Inquire: Please Contact, Lynn Norgang, RN
Lincoln Home
22 River Road
Newcastle, ME 04553
207-563-3350

NEW POSITIONS!

CDL Truck Driver Boston runs two times a
week — pay per run. Clean driving record &
drug screen required.

Afternoon/Evening Data Entry must have fast
numeric data entry skills.

Receptionist/Scheduler excellent customer
service & multi-tasking skills.

Plan Coordinator work w/clients determin-
ing plan & financial contracts

Walk-ins, phone calls, or emails welcome!

**We offer free on-line training, health &
dental ins, holiday and vacation pay.**

Manpower
91 Camden St, Suite 310
800-436-9115, or 594-7910
rockland.me@manpower.com
Visit us online at www.manpowerjobs.com

That Takes the Cake!

Judy Grossman of Golden Hand Decorating receives a carrot cake as she steps down as president of the Route 90 Business Association. The cake was presented at the group's monthly meeting this past Tuesday at New England Motorworks on Route 90. New association president Dawn LaFlemme of Swift Storage conducted the meeting. For more information, call 596-6401.



Lily Bistro Opens in Rockland

When chef Lynette Mosher shattered her leg in 58 places three years ago, she thought her dream of owning a French bistro on Maine's midcoast was dead. After a series of operations and years of physical therapy, that dream will come to fruition this weekend, when Mosher and her chef husband Robert Krajewski open the doors to Lily Bistro at 421 Main Street in Rockland.

Mosher and Krajewski have extensive backgrounds in the culinary arts and have been a couple since they met at Johnson & Wales University in the late 1990s. Both have also been instructors at the New England Culinary Institute in Vermont and have worked in almost 20 restaurant kitchens, most notably in Boston at Olives, Clio, Radius, Biba, Pignoli, Truc, The Blue Room, Chez Henri and Pigalle.

Krajewski excels in the savory realm, while Mosher shifts between savory and sweet. At Lily, the two plan to trade places nightly from front of the house to the galley.

Lily will feature sophisticated dishes in a casual Parisian atmosphere, with moderate prices. The bistro's Right Bank-style interior will have tables topped with French porcelain tiles, hanging prism lamps made by a local glassblower, a wine cellar entered through antique iron gates, and walls of white and lily green with oversized mirrors for spatial illusion. Rockland artists will be represented on the walls. A lower-level private dining room is available for parties of up to 20. The bistro has a full liquor license and will serve coffee from Rock City Roasters. For more information, call 594-4141.



Lily Bistro's chef/owners Lynette Mosher and Robert Krajewski

BUSINESS SERVICE DIRECTORY

Legal Services

PEACE OF MIND

With A Basic WILL: Just \$175.00

Holistic, Empathetic, Caring Counsel

A Lawyer Who LISTENS!!!

Rob Patterson
Now at former MBNA Building
On Rockland Harbor

594-1888
robpatterson@gmail.com

Elderly Services

Ask... for Home Care's **NEWEST SERVICE**

Includes foot soak, massage, nail care and general assessment..... \$60⁰⁰

In-Home FOOT CARE

Contact us:
(207) 354-7077
www.askforhomecare.com A Registered Nurse

Ask... for Home Care

Providing licensed home health care, 24 hour care, respite & care management for the elderly.

Employment Inquiries Welcome.

Contact us:
641 St. George Road, S. Thomaston, ME
(207) 354-7077 or (800) 876-8418
www.askforhomecare.com

ADVERTISE IN THE BSD

Call Steve 596-0055

Counseling

FUTURE VISION COUNSELING

Improving Life Skills * Relationships
Communications * Self Wellness

Call 236-4736 Debbie Miller

Masters of Professional Studies in Human Relations

Elderly Housing

Homeshare, Inc.

The Homesteads at Cushing and Owls Head offer a wonderful alternative to traditional boarding & nursing home care.

Contact us:
641 St. George Road, S. Thomaston, ME
(207) 354-7077 or
(800) 876-8418

Miscellaneous

ART RUBBER STAMPS & ACCESSORIES

Variety of Inks, Papers, Beads, Pens & Charms

Pen Ventures

Rt. 17, W. Rockport, South-east of 17-90 intersection
230-0894

MARKET BASKET

PLEASE READ: As long as the TOTAL price of ALL your items is \$100 or less, it's FREE (ads must include prices for all items or we cannot run the ad).
Market Basket ads run for two weeks. Only one ad per household per week will be printed. We can only accept ads that are 20 words or less. We cannot accept ads over the phone - we do accept faxes (596-6698). Market Basket ads must be received by 4 p.m. Mon. for inclusion in that week's issue. **NO BUSINESS, SERVICE OR YARD SALE ADS qualify for the Market Basket. Ads which do not follow these guidelines cannot be printed.**

FOR SALE

Entertainment Center, fits 32" TV, five shelves for components, three drawers for storage, 58"L x 60"H x 20"D, excellent cond., \$75. 594-6320.

Four-Panel Folding Screen, heavy plywood, never used, white, approx. 6 ft. x 6 ft., paid \$100, asking \$25. 832-7359.

Aluminum Storm Door, 35 x 80 with removable screen and glass, good condition, \$25. 691-6679.

Games, slightly used, Flinch, Rook, Yahtze, Monopoly, Ouija board, Ringmagics Sticks, \$1 each. Erector set, \$3. 594-4185.

Antique Walnut Nautical Mirror, 32" diameter, \$50. Atlas stamp book, over 50 years old w/stamps, \$50. Cash only. 845-2490.

Baby Bjorn Active Carrier with lumbar support, navy with grey lining, excellent used condition, \$50. 354-9539.

Solid Wood Front Door, half round window, some hardware, 34 x 81, \$75. 722-6033.

Sears Coldspot Chest Freezer, 10 cubic feet, heavy-duty, \$90. 596-0093, evenings.

Colonial Style Couch and chair, \$100. 596-6223.

Recliner Couch, beige, good condition, \$75. 594-8915.

Heater, electric, fluid filled, radiator style, programmable, like new, \$20. 512-2675.

Set of Four Chevy Chrome Wheels, "American Racing Wheels," 15" x 8", came off '80 Chevy 2WD, \$100. 529-2201.

Kolcraft Baby Playpen, never used, still in box, \$25 OBO. Beautiful, life-size, wicker deer, mother and baby, \$30 OBO. Can deliver. 563-8781.

Oak Wood Shaving Bench Seat, 5 feet long, 20 inches high, seat, four-legged, \$100. 236-7092.

Factory Bucket Seats, as used '69-'72 Chevy pickup, rare, complete, need refurbishing, \$100 for the pair. 785-4517.

New VW Beetle Wheelcover, fits 1998-01, \$25. New Ford F250 wheelcover, fits 1995-97, \$25. Original equipment. 785-2370.

Chevy 14-inch Factory Aluminum Sport Wheels, fit RW drive only, very unique, must see, 4/\$100. 785-3216.

8.75 Yards Green/Pink Upholstery Material, \$9. 1925 Ouija board, \$35. Printer's drawer, good for displaying knick-knacks, \$7. 785-2228.

RDHS Wool Jacket, with zipper, logo, perfect condition, size large, \$30. 596-6183.

Washer, Dryer, matched set, both work, \$100 for the pair. 542-2328.

Baby Crib with mattress, bumper and sheets, good condition, granddaughters have out-grown, \$50. 596-6711. ■

2005 Camden Hills High School Yearbook, \$25. Bureau, \$35. Small TV, \$35. 338-3227.

Vasque Gortex Sundowner Ladies Hiking Boots, size 7, toes are slightly scuffed, otherwise excellent condition, no sole wear, clean, \$35. 845-2991.

Golf Season is Here, I have golf balls galore, and they are cheap, just want them gone, new, \$50-\$100. 890-1056.

Metal Kitchen Cabinets, with sink, draws, countertop, \$90. 542-6835.

Two Pair Women's Western Boots, both size 6-1/2, one grey with black design, \$50; other brown with beige design, \$25. 594-8262.

Box of Bedding, includes queen duvet cover, king thermal blanket, mattress pad, two pillow protectors, three sheets, \$25 for all. 236-3192.

Lamp, 1970, 3-way, 2' high with two globes, \$25. 563-8997.

Carnival Glass Candy Dish, \$50. 236-3883.

Imaginarium Train Table, \$35 OBO. Little Tykes small climbing cube with slide, \$35 OBO, excellent condition. 722-3019.

Guitar, a nice one, all in excellent condition, the case for guitar is included. \$75. 338-3751.

Wheels for Chevy Truck, 15" x 8", "American Racing Wheels," will fit '73-'87 Chevy, 2 WD pickup, \$100/all four. 542-7807.

Fishtank, 20-gal. high, complete set up with filter, pump, hoses, hood with light, heater, gravel, food, cost \$320, asking \$95. 594-1885.

Vintage Tole Lamps, electric, red, gold on black, \$20 each. 596-6183.

Color TV, \$30. VCR, \$20. Microwave, \$20. 542-2328.

Cash Register, Royal Alpha 580, current model in fine condition, with keys, manual, tapes, \$50. Joe@interhuman.org, or 596-0731.

MARKET BASKET ADS FREE

MARKET BASKET RULES:

- #1. Maximum # of Words per Ad = 20
- #2. TOTAL of all items added together MUST BE \$100 or less!
- #3. Ads MUST be priced or we cannot run them.
- #4. We cannot run Wanted ads seeking items costing over \$100.
- #5. ONLY ONE AD PER WEEK per person/phone number.
- #6. NO BUSINESS, SERVICE OR YARD SALE ADS accepted.

Please use the regular classified ad form for these and all other ads which don't fit the above guidelines - sorry, ads that don't follow these guidelines cannot be printed!

!Market Basket Ads Automatically Run For Two Weeks!

Mail To: **The Free Press MB**, 8 No. Main St., Suite 101, Rockland, ME 04841

Sorry, we CANNOT take Market Basket ads by phone or e-mail, but you can fax your ad to 596-6698. However, we ask that you NOT copy this form and then fax it - copies from newsprint don't fax well, and we can't read them - just write your ad on a white sheet of paper and fax that - do not forget your phone #.

And about the handwriting: If we can't read it, we can't run it.

MARKET BASKET AD DEADLINE IS 4 PM ON MONDAYS

Free: Dehumidifier, 15-quart size. 236-3134.

Free: Firewood, as much you can cut and haul, 2-1/2 acres, Northport, just off Rt. 1, cut at your convenience. 338-4858. ■

Free: In Britain, British Heritage and Realm Magazines, from the '90s and early 2000's, lots of pictures. 832-4721.

Free: Sliding Glass Door with frame and screen, not Thermopane but great for a camp. 236-3104.

Free: Kittens, three calico (tri-color) kittens, tame and cute, 6 weeks old on April 23, double paws. 845-2217.

BUSINESS SERVICE DIRECTORY

Home Improvements & Renovations

Your Full Service Contractor



ALL SEASON HOME IMPROVEMENT CO.

Garages • Vinyl Siding • Decks • Metal Roofing
 Windows • Doors • Gutters • Home Additions
 Interior Renovations • Shingle Roofing
 Garage Doors • Porches • Sun Rooms

1-800-464-3039
www.all-season.com
 Built • Installed • Guaranteed
 Free Estimates • References



Coastal Home Improvement



Ron Hayes

Office: 763-4325
 Emergency: 322-2196
 Fax: 763-4395

E-mail: coastalhomeimprovement@tidewater.net
 Web: www.coastalhomeimp.com

HANDYMAN

Carpentry • Decks • Painting
 Dump Runs • Moving Help

CALL JIM: 338-4353

JOSEPH BUENO HOME IMPROVEMENT

594-5082

PAINTING CARPENTRY
 WALLPAPER WINDOW REPAIR
 TILE WORK REMODELING



SPECIALIZING IN ALL HOME REPAIRS

ORECK SALES & SERVICE AUTHORIZED DEALER

PRINCE'S

We Make Homes Beautiful
 Rte. 90, Rockland • 594-3000 • 1-800-281-3796
 Open Mon.-Sat. • 9 a.m.-5 p.m.

Brookstone Masonry



Russian Stoves Outdoor Fireplaces
 Indoor/Outdoor Outdoor Grills
 Bake Ovens Stone & Brick
 Fireplaces Veneer
 Chimneys Walkways
 Patios Walls

Portfolio & References Available
 For More Information
207-713-0789
 www.brookstonemasonry.com

Ken Spear, Jr. 207-354-7139

MCCARTHY POINT BUILDERS

New Construction, Roofing, Siding, Garages,
 Decks, Remodeling, Gold Seal Steel Buildings

mccarthypointbuilders@yahoo.com

Rototilling

Rototilling Service

Ouch! How about the price of those veggies?

Fight back with a victory garden.
 Rototilling Service in the Greater Rockland Area

EARTH SERVICES 207-691-4463
 Bernie Shaw, proprietor

Flooring

Schofield's DISCOUNTS ON

•We Custom Cut & Bind Area Rugs
 •Braided Rugs •Oriental Rugs
 Residential & Commercial Carpet Remnants
 First Quality Linoleum Remnants

Benjamin Moore® Paints
 "We Offer Expert Advice"

One Of The Largest Inventories In The State • Free Estimates • Installation
 594-2000 • 25% Off All Special-Order Wallpaper
 • 20% off on Borders

104 Park St., Rockland • M-F 8-5 pm • Sat. 9-2 pm

Auto Repair & Restoration

CUSHING DIESEL

Medium & Heavy Duty Truck & Trailer Repair
 Serving Local & Long Distance Customers

Call Dave Sternberg 207-354-0600

Open: Mon.-Fri. 8-5 • Sat. by Appointment

26 Spear Mill Road Cushing, ME 04563

Wood Floors

Manufacturers of Plank & Strip Wood Flooring

A.E. SAMPSON

171 Camden St. 273-4000
 (Rt. 90) Warren www.aesampsonandson.com

Floor Magic & Tile




Selling & Installing Carpet, Vinyl, Hardwood, Tile, Cork, Laminate

Biscay Rd., Damariscotta • 563-8841
 Rt. 90, Rockport • 236-0100
 www.floormagic.net

You Drive Our Reputation

ROUTE 90 WARREN (4 miles from Route 90 & 17 lights)



273-3550
 Mon. - Fri. 8 a.m. - 5 p.m.
 Saturday by Appointment

AUTO REPAIR • CLASSIC RESTORATION • AUTO BODY • DETAIL SERVICES
 www.nemotorworks.com • PRE-OWNED AUTO SALES

Computer Services

TOM FORD COMPUTER SERVICES

One-On-One Computer Training
 On-Site Computer Service
 Help with purchase and setup
 Backup & Maintenance Solutions
 Virus & Spam management

236-3215 or 542-9120

Lawn & Garden

THE HARLEY COMPANY INC.

PROPERTY MAINTENANCE

* LAWN MOWING
 * MISCELLANEOUS JOBS * CARETAKING

WHAT CAN WE DO FOR YOU? 594-2471

A-1 WATERMAN'S TREE SERVICE

Free Estimates Reasonable Prices

Licensed Arborist Fully Insured Friendly, Reliable Service

Landscaping Brush Removal

Home 763-2988 Cell 592-5504
 Sterling Waterman

PRO-MOWING

Total Lawn Care & Maintenance

LAWN MOWING - CARETAKING
 SPRING & FALL CLEAN-UP
 MISCELLANEOUS JOBS

INSURED

Tel: (207) 832-6110

Depot Street Lawn Care

- Spring & Fall Cleanups
- Lawn Mowing & Trimming
- Snow Plowing
- Snowblowing
- Walkway & Stair Shoveling
- Sanding

Reasonable Rates - Free Estimates

Certified Preventative Maintenance Inspector
 (207) 975-3832 goldrup8@verizon.net

Small Engine Repair

WOOSTER'S SMALL ENGINE REPAIR

CERTIFIED IN 2 AND 4 STROKE ENGINES

REASONABLE RATES
 PICK UP AND DELIVERY POSSIBLE

594-1934

Chair Repair & Supplies

Anne's Old Chairs to Mend

25 Warrenton St.
 Glen Cove, ME 04846
 594-2015

Fabric & Foam Rubber Sales & Upholstery
 Boat Cushions, Slipcovers & Chair Repairs

Detailing

Total Image Detailing

Auto • Truck • RV • Boat

PICKUP & DROP-OFF AVAILABLE
 OVERNIGHT SERVICE AVAILABLE

Lowest Prices Around
 Serving the Midcoast from Washington, Maine
 207-998-2818

Road Maintenance

Private Dirt Road Maintenance

Sick of those pot holes and ruts in your road?
 Let us smooth up your life or at least your road

EARTH SERVICES 207-691-4463
 Bernie Shaw, proprietor

Heating Services

PROFESSIONAL HEATING SERVICES

DAVID AGNOR
 MASTER OIL BURNER TECHNICIAN
 Fully Insured
 24-Hour Emergency Service

Business# 785-3219 Cell# 975-3611

Moving

MOVING

Residential & Commercial • Large & Small Jobs
 Insured • Call for a Quote!

ARVIDSON'S/ THE GAS WORKS
 & Electric too!
 67 Water St., Thomaston • 593-9236

Electric

KURRZ ELECTRIC

COMMERCIAL/RESIDENTIAL
 AARON KURR MASTER ELECTRICIAN

1677 EASTERN RD.
 WARREN, ME 04864

(207) 273-2580
 KURRZELECTRIC@TDS.NET

Cruise Planners

CRUISE PLANNERS SM

Cruise & Vacation Specialists!

Why settle for less? Just Pay Less!

- Exceptional Value
- Exceptional Service

Call Us Today to Plan Your Vacation of a Lifetime!

207-832-5582
877-473-2386
 www.FunTimesAtSea.com

Rentals

PRO-RENTAL OF ROCKPORT



EQUIPMENT & TOOL RENTALS FOR CONTRACTORS & HOME OWNERS

440 WEST STREET 236-8803 RTE. 90, ROCKPORT

Rugs

ORIENTAL RUGS

Contemporary & Traditional Floor Coverings for Home, Cottage & Office

Salt Bay Trading Co.
 584 US Rt. 1, Newcastle
 563-6611
 saltbay@midcoast.com

Sewing Alterations & Repairs

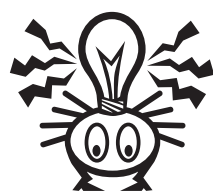
VICKY ROSS
 SEWING & ALTERATIONS

502 No. Shore Drive
 Owls Head, ME 04854
 (207) 596-6341



Not all channels available in all parts of The Free Press circulation area.

TV Listings



CHANNEL LINE-UP Knox County

- 2 CKSH - French
3 UPN - WPME
4 FOX - WFPO
5 CBS - WABI
6 NBC - WCSH
7 PEG - Public
8 ABC - WMTW
9 Adelphia 9
10 MPBS - WCBB
11 PEG - Education
12 WB - WPXT
13 CBS - WGME
14 QVC
15 HSN
16 CHLT
17 Shop NBC

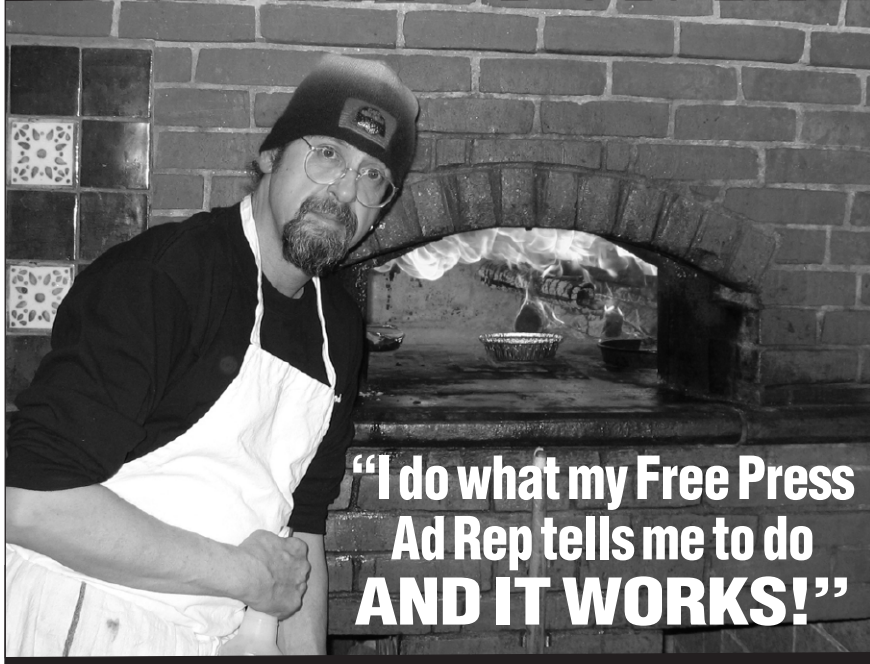
- 18 TV Guide
19 C-SPAN
20 C-SPAN2
21 PAX TV
22 PEG - Government
23 NESN
24 FOX Sports Net
25 ESPN
26 ESPN2
27 MTV
28 GAC
29 VH-1
30 Lifetime
31 Spike TV
32 CMT
33 Weather Channel
34 NECN
35 FOX News
36 CNN
37 Headline News
38 Knox TV
39 CNBC
40 MSNBC
41 Court TV
42 TCM
43 Movieplex
44 TNT
45 Comedy
46 FX
47 USA
48 TBS
49 Oxygen
50 A&E
51 AMC
52 Ovation
53 Bravo
54 E!
55 HGTV

- 56 Food Network
57 Travel Channel
58 EWTN
59 Hallmark Channel
60 TBN
61 History Channel
62 TLC
63 Discovery
64 TV Land
65 BET
66 ABC Family
67 Nickelodeon
68 Disney Channel
69 Animal Planet
70 SCI-FI
71 TV5
72 PIN
73 INSP
74 Cartoon Network

FRIDAY EVENING APRIL 25, 2008

Table with 13 columns (7:00-12:30) and 69 rows of TV listings for Friday evening, including programs like Simpsons, Friends, and various movies.

IT WORKS FOR ME



"I do what my Free Press Ad Rep tells me to do AND IT WORKS!"

Kerry Altiero, Chef & Co-Owner of CAFE MIRANDA
15 Oak St., Rockland www.miranda.com

Put THE FREE PRESS to work for you!

SATURDAY EVENING APRIL 26, 2008

Table with 13 columns (7:00-12:30) and 69 rows of TV listings for Saturday evening, including programs like Star Trek, Friends, and various movies.

SUNDAY EVENING APRIL 27, 2008

Table with 13 columns (7:00-12:30) and 69 rows of TV listings for Sunday evening, including programs like Star Trek, Friends, and various movies.

MONDAY EVENING APRIL 28, 2008. TV schedule grid with columns for time slots (7:00-12:30) and rows for program numbers (3-69). Includes programs like Simpsons, Two and a Half Men, and various movies.

TUESDAY EVENING APRIL 29, 2008. TV schedule grid with columns for time slots (7:00-12:30) and rows for program numbers (3-69). Includes programs like Simpsons, American Idol, and various movies.

Keep America's birds clean. Buy a bird bath. green thumb logo. ROUTE 17, ROCKPORT, MAINE

Asymmetrick Arts Custom Picture Framing. Monday-Saturday 9:30-5:30. 594.2020. 499 Main Street, Rockland

Voted the most popular garden center. green thumb logo. ROUTE 17, ROCKPORT, MAINE

WEDNESDAY EVENING APRIL 30, 2008. TV schedule grid with columns for time slots (7:00-12:30) and rows for program numbers (3-69). Includes programs like Simpsons, American Idol, and various movies.

THURSDAY EVENING MAY 1, 2008. TV schedule grid with columns for time slots (7:00-12:30) and rows for program numbers (3-69). Includes programs like Simpsons, American Idol, and various movies.

CLICK & CLACK *talk cars*

Cars and the Weather; Pedal Away Oil-Light Problem

DEAR TOM AND RAY: We own a 2005 PT Cruiser and a 2005 Pacifica, and in the next year or so we are moving to Puerto Rico from northern Illinois. We are thinking of taking the cars with us since they are not very old. I have heard different people say that cars are made for only one type of weather. Is this true or false? Would the drastic change of temperature affect the cars? Is there anything special that I need to do to them so they can adapt to the very hot weather? — *Ricardo*

RAY: Congratulations, Ricardo. Puerto Rico is a wonderful place, with great weather, nice people and excellent arepas.

TOM: And it's thoughtful of you to consider the cars' feelings. But the cars really couldn't care less.

RAY: The island's hot weather would put a heavier burden on the cars' cooling and air-conditioning systems. But if those systems are working properly, the cars will handle it without any problem. After all, Chrysler dealerships in Puerto Rico sell these same exact cars.

TOM: But before you ship your cars, you should know that Puerto Rico levies significant import taxes on vehicles brought to the island from the United States. The tax is based on the value of the car. So, if your Pacifica is loaded up, the tax could be as much as \$3,000 to \$4,000! Even for the less-expensive PT Cruiser, you could pay a couple grand just in import taxes. And that's not counting the cost of shipping, which will probably run in the neighborhood of a thousand bucks per car — more, if it falls into the ocean.

RAY: If you go to the Web site of the Puerto Rican government (<http://www.hacienda.gobierno.pr/>), there's a link in English to "Vehicles Excise Taxes." That allows you to enter your vehicle's details and get an estimate of the taxes you'll owe.

TOM: Then there are a few other things to consider. Your cars have spent the first few years of their lives in the snowy and road-salty winters of northern Illinois. That salt is laying the groundwork for future rust. You might want a car that hasn't been pre-salted.

RAY: And there are features we want up North that are much less desirable in the Caribbean. I mean, your seat heaters won't be of much use down there. Neither will all-wheel drive, if your Pacifica has it.

TOM: But more importantly, you don't want a car with leather

seats in the Caribbean. Leather gets extremely hot when the sun beats down on it. And when it's extremely hot, you wear what? Shorts! Then, when you get in your car and the uncovered portion of the back of your thigh makes contact with the hot leather, you're going to end up with a brand, like a beef cow.

RAY: So, look at the whole picture before you decide. See what similar cars are selling for down there — or some other car you may want. After weighing all of the information, you may find that you'd be better off selling your cars privately before you move and then buying replacement cars when you get there.

DEAR TOM AND RAY: I have an '07 Chevy Cobalt. I like the car, especially because it's red and has a spoiler. But it has an annoying feature. It has a computer that tells you various things, like your gas mileage, temperature, coolant level, etc. It also tells you your "oil life." But it never seems to catch on that I've already changed the oil! I change the oil, and the light still tells me I need an oil change. I've changed the oil a dozen times or so already, and yet the computer keeps saying "change oil soon." OK, there are bigger problems in the world, like war, disease and pestilence, but this little beeping oil thing is driving me crazy. — *Barbara*

TOM: Isn't it interesting how you can get obsessed with something so trivial? You have a little, tiny, insignificant problem with an otherwise perfectly good car. But once you notice it, you start to focus on it. And then war, disease and too-tight underwear all take a distant back seat.

RAY: Fortunately, this is an easy one, Barbara. There's a reset procedure. Whoever is changing your oil doesn't know how to perform the reset. If you're going to a Pokey Lube-type place, those guys change the oil on 1,000 different types of cars a week, and they might not even know your oil-life light NEEDS to be reset — not to mention knowing how to do it on your Cobalt.

TOM: This is going to sound like I'm pulling your leg, but I'm not. On this car, you turn your key to the "on" position (without starting the engine), and then press the gas pedal all the way down three times within seven seconds. Next, turn the key off, then start the engine. The light should go off after a few seconds. You might have to try it a few times to get it right. But that's all you have to do.

RAY: And then, next time you go to the Pokey Lube, when the guy's finished changing your oil, walk over and say, "Hey, lemme show you something interesting."

©2008 by Tom and Ray Magliozzi and Doug Berman

su | do | ku

© Puzzles by Pappocom

4		8	7						1
6			8		4	2			
					2				4
									2
	4	3				5	6		
1									
5			4						
		7	3		8				9
9					5	1			7

MEDIUM

24

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1 through 9 with no repeats. That means that no number is repeated in any row, column or box.

Solution, tips and computer program at www.sudoku.com

Sudoku solution on page 31.



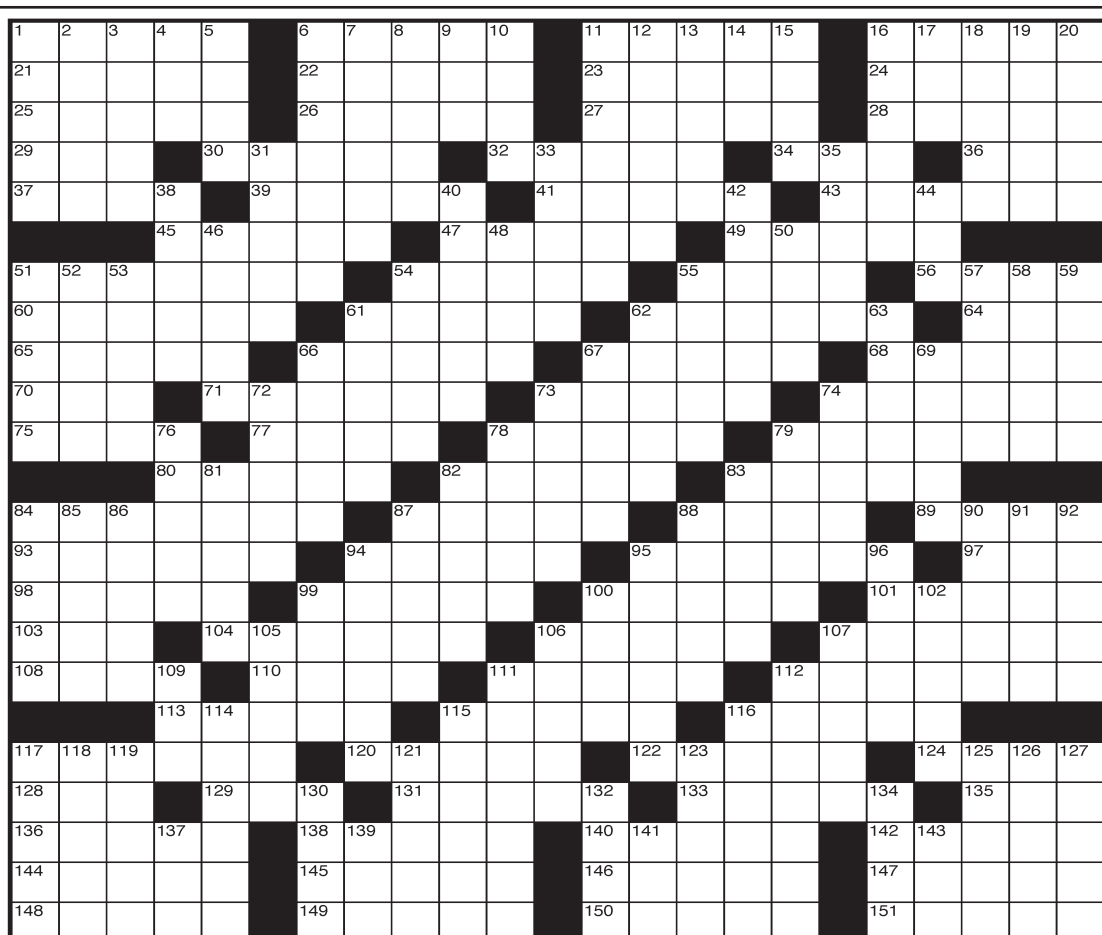
Got Sudoku?
Bring in Your Completed Puzzle and Receive
1/2 OFF a Cappuccino or Latte
Mon.-Fri. 8:30-5:30 • Sat. 9-3 • Sun. 10-3
904 Main St. • Waldoboro • 832-7786

ACROSS

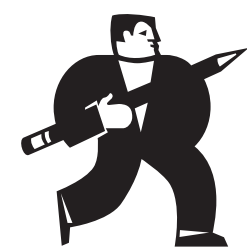
- 1 Bid
- 6 Improvise (hyph.)
- 11 Elf cousin
- 16 Domain
- 21 Dull green
- 22 Blues street
- 23 "The Kiss" sculptor
- 24 Golfer Lorena —
- 25 Surfer wannabe
- 26 Rockies resort
- 27 Telecast component
- 28 Women on campus
- 29 Previously
- 30 Mirage sights
- 32 Avoid
- 34 Stir-fry pan
- 36 Historian's word
- 37 Cartoon chipmunk
- 39 Green-tinted ogre
- 41 Bicycle parts
- 43 Heavy
- 45 Like most libraries
- 47 Turn inside out
- 49 Rice field
- 51 Swarms with
- 54 Ohio Indians
- 55 Intuition
- 56 Frog cousin
- 60 Appetizer
- 61 Movies
- 62 Healthy snack
- 64 Tolstoy title word
- 65 Serviceable
- 66 Takes the bus
- 67 Airline employee
- 68 Della or Pee Wee
- 70 Muscle spasm
- 71 Grimm maiden
- 73 Piece of plywood
- 74 Milk purchases
- 75 Really skimps
- 77 Walkie-talkie word
- 78 Cool places
- 79 Ballpark figures
- 80 Bucket defects
- 82 Not at all spicy
- 83 Riverbank
- 84 Clothing
- 87 Inquire about
- 88 Tootsy
- 89 Applies makeup
- 93 Stage productions
- 94 Globe substitute
- 95 Advantages
- 97 Actor — Kilmer
- 98 Like a good cake
- 99 Admirals' jails
- 100 Palm off
- 101 Blazing up
- 103 Bed-and-breakfast
- 104 A continent
- 106 — Fe Trail
- 107 Bamboozled
- 108 Promontory
- 110 Runs smoothly
- 111 Cancels
- 112 Eager to hear (2 wds.)
- 113 Lariat
- 115 Honeymoon follower
- 116 Talk pointlessly
- 117 Beach near Los Angeles
- 120 Relieve
- 122 Tree anchors
- 124 Self-satisfied
- 128 "Thrilla in Manila" boxer
- 129 Trains on trestles
- 131 Champing at the bit
- 133 Rainbow maker
- 135 Compilation
- 136 Reddish tint
- 138 Swami or fakir
- 140 Textbook divisions
- 142 Archeology finds
- 144 Varsity (hyph.)
- 145 Buy by mail
- 146 "Haystacks" painter
- 147 Marie or Pierre
- 148 Fills the hull
- 149 "The Wreck of the Mary —"
- 150 States firmly
- 151 Does socks

DOWN

- 1 Exclaimed in delight
- 2 Fauna and —
- 3 Che's colleague
- 4 Longoria of "Desperate Housewives"
- 5 Give a fresh look
- 6 Embarrasses
- 7 Cactus habitat
- 8 Backslide
- 9 Seine vista
- 10 Make crooked
- 11 Road machines
- 12 Chewy candy
- 13 More unusual
- 14 1002, for Caesar
- 15 Plenty, to a poet
- 16 Swayed gently
- 17 Italian writer
- 18 Down the road
- 19 Beaver's home
- 20 Stoneworker
- 31 In reserve
- 33 Ess moldings
- 35 Less modern
- 38 Same
- 40 Bit of corn
- 42 Faucet
- 44 Rand of fiction
- 46 Dismantle a tent
- 48 Strives to win
- 50 Be next to
- 51 Intense
- 52 Hand-dye with wax
- 53 Chilled (2 wds.)
- 54 Pillow filler
- 55 Field mice
- 57 Washstand items
- 58 Squander
- 59 Curly lock
- 61 Makes a footnote
- 62 Bond statistic
- 63 Straighter
- 66 Luxuriate
- 67 Not genuine
- 69 Maneuvered slowly
- 72 Functions
- 73 Goes sky-high
- 74 Repeat verbatim
- 76 Phonies
- 78 Urgent appeals
- 79 Phantom
- 81 Hold the floor
- 82 Stick out
- 83 Band composer
- 84 Mgmt.
- 85 Likely to
- 86 Causes distress
- 87 Swab brand
- 88 Moves like a butterfly
- 90 Saint Teresa's town
- 91 Less cluttered
- 92 Downhill racers
- 94 Oven emanations
- 95 Weigh carefully
- 96 Waterfall
- 99 Dry, as champagne
- 100 — accompli
- 102 Hightails it
- 105 Orange-and-white rental (hyph.)
- 106 Growing mediums
- 107 Crystal
- 109 Delhi honorific
- 111 Condor
- 112 Studio renters
- 114 Girders (hyph.)
- 115 Dispatcher
- 116 Baggage carrier
- 117 Taj —
- 118 Comic-strip queen
- 119 Like most vests
- 121 Bearlike animal
- 123 Express one's views
- 125 New Zealand language
- 126 Pitch-black
- 127 Vapors
- 130 Wearing boots
- 132 Arizona city
- 134 Jagger of the Stones
- 137 Glasgow turndown
- 139 Rage
- 141 Calendar abbr.
- 143 Hassle a debtor



Crossword solution on page 31.



The Red Sox could use a good ground cover.
green thumb
ROUTE 17, ROCKPORT, MAINE

Don't miss another moment!

Springtime is a great time to spend with family, friends, and nature. Joyful sounds are all around us, as warm weather fills the air. Singing birds, grandchildren laughing, leaves rustling in the warm breeze and soft ocean waves at the beach - don't miss these wonderful springtime sounds!



Come in for a FREE Hearing Evaluation!
(a \$275 value)

FREE

Video Ear Scan

See if your hearing problem is simply caused by excessive earwax.

FREE

Hearing Test

Find out what you are hearing and what you are not.

If you experience any of the warning signs listed below, let us evaluate you further.

- People seem to mumble more frequently.
- You experience ringing in your ears.
- You have been told that you speak too loudly.
- You have trouble understanding all of the words in a conversation.



FREE Hearing Evaluations!

April 28 • April 29 • April 30

Beltone™ New England



Not satisfied with your current hearing aid provider?

Call today for a free clean and check of your current instruments, regardless of make or model, and see why Beltone has been the most trusted name in hearing healthcare for over 68 years! We honor all manufacturers' warranties.

Call today for an appointment!

Evening, Saturday, and in home visits also available by appointment.



Gayle Robertson
Licensed Hearing
Instrument Specialist

BANGOR

849 Stillwater Avenue

(207) 262-4233

West Rockport

625 Rockland Street
Route 17

(207) 230-1113



Bobbi Barrows
Licensed Hearing
Instrument Specialist

www.BeltoneNE.com

Hearing Tests are given for the purpose of selection and adjustment of hearing instrumentation. Results may vary related to duration and severity of impairment. Early detection is important. We will match competitors' offers.