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Lifeless Sanity

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## Lifeless Sanity Michelle Langone

Leaning, falling, landing Into the fire that does not burn. A fire that had been once ignited so ardently That its flames could have consumed mountains. Now, the fire has subsided into a modest source of warmth, Emanating from the chipped, charred wood. The flames that for a time enveloped, engulfed, Every thought, every word, every phrase. These flames illuminate, then diminish. Some days, the light flickers on its last breath. On others, the flames are revitalized. I relapse into startling frigidity, Shaking away the fire that never burned me. I hang onto every wrong, When the light of the fire is not there, To show me what is right. Remembering, forgetting. Remembering times where the light, Illuminated spaces as vast as the earth. Forgetting times where the light, For a period of brevity, Ceased to exist. To recall is to relive. To relive is to be guided By the fire's luminance,

Once again. Always, again. Reaching, running, racing Forward into the radiance of that fire's neverending flame. Now, that fire still provides the comforting warmth, Like that of a tender caress of the cheek. Without the flame. Darkness would curtain the world that I know. No light, only shadows. Faces unrecognizable. An omnipresent gloom. Present at every occasion, An uninvited guest. So with my flame, I silently fall Into the security of a mundane existence. Yes, uneventful, however the constant in my life, That yields my interminable happiness. Without it, A lifeless lethargy Overtakes my sanity. This is the state of mind I would face Were I to lose The light The mellifluous tone The harmony of my being My utmost desired and yearned for treasure.