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## To cite this version:

J. Frederic Bonnans. Optimization of running strategies based on anaerobic energy and variations of velocity. NETCO 2014, Jun 2014, Tours, France. hal-01024231

## HAL Id: hal-01024231 <br> https://hal.inria.fr/hal-01024231

Submitted on 15 Jul 2014

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ÉCOLE

# Optimization of running strategies based on anaerobic energy and variations of velocity 

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## Outline

1 Keller's model

2 Variable energy recreation

3 Bounding the derivative of $f$

## Sources

- Talk based on the joint work [1] with Amandine Aftalion, Lab. Math. Versailles, UVSQ.

■ Pioneering reference: J.B. Keller [2].
[1] A. Aftalion and J.F. Bonnans, Optimization of running strategies based on anaerobic energy and variations of velocity. SIAM J. Applied Math., to appear (HAL preprint).
[2] Keller, J.B., Optimal velocity in a race, Amer. Math. Monthly 81 (1974), 474-480.

## 1 Keller's model

## 2 Variable energy recreation

## 3 Bounding the derivative of $f$

## Keller's model: dynamics

Consider the following state equation:
(1.1) $\quad \dot{v}(t)=f(t)-\phi(v(t)) ; \quad \dot{e}(t)=\bar{\sigma}-f(t) v(t)$,

- Cost function: $-\int_{0}^{T} v(t) \mathrm{d} t$.

■ energy recreation: $\bar{\sigma}>0$
■ drag function $\phi(v)=v / \tau$, with $\tau>0$.
■ Generalized drag function: $\phi C^{2}$ on $(0, \infty) ; \phi(0)=0$; $\phi^{\prime}$ positive; $v \phi^{\prime}(v)$ increasing
Example: $\phi(v)=a v^{\beta}, a>0, \beta \geq 1$.

## Keller's model: constraints

- Control constraint: $0 \leq f(t) \leq f_{M}$.

■ Energy constraint: $e(t) \geq 0$.
■ Maximal force strategy: optimal for short horizons $T \leq T_{c}$.
■ In the sequel $T>T_{c}$.

## Keller's model: discussion

■ Maximal speed (never reached): $0=f_{M}-v_{M} / \tau$, i.e.

$$
v_{M}=\tau f_{M}
$$

■ Constant energy speed: $f=v / \tau, \sigma=f v$, and so:

$$
v_{E}=\sqrt{\tau \sigma} .
$$

■ Energy variation when constant speed:

$$
e(t) \downarrow \text { if } v>v_{E} \text {, and } e(t) \uparrow \text { otherwise. }
$$

## Keller's model: Keller's conjecture

■ Optimal strategy has three arcs
■ First arc: maximal force $f=f_{M}$.
$■$ Second arc: constant speed $v>v_{E}$.

- Last arc: zero energy $e=0$.

■ Negative jump of force at junction times
■ Unclear proofs in the literature for $\phi(v)=v / \tau$.

## Keller's model: numerical resultsl

■ Mechanical parameters: $f_{\max }=9.6 \mathrm{~m} \mathrm{~s}^{-2}, \tau=0.67 \mathrm{~s}$
■ Energy parameters: $e_{a n}^{0}=1400 m^{2} s^{-3}, \bar{\sigma}=49 m^{2} s^{-3}$.
■ $d=1500$ m.
■ 2000 discretization steps, i.e. time step close to 0.12s.
■ Free software www.bocop.org.
■ Optimal time is 248.21 s

## Keller's model: numerical results with bocop.org



Velocity


Force


Reverse energy

## Zoom on end of race: zero energy arc



Final force


Final reverse energy

## Keller's model: main result

So the numerical results agree with Keller's conjecture, and indeed:

## Theorem

Keller's conjecture holds, even with the generalized drag function.

We next present the proof of this result.

## Keller's model: Hamiltonian and costate

Hamiltonian function:

$$
H:=-v+p_{v}(f-\phi(v))+p_{e}(\bar{\sigma}-f v)
$$

Costate equation:

$$
\begin{cases}-\dot{p}_{v} & =-1-p_{v} \phi^{\prime}(v)-p_{e} f \\ -\mathrm{d} p_{e} & =-\mathrm{d} \mu,\end{cases}
$$

Final conditions $p_{v}(T)=p_{e}(T)=0$, and so: $p_{e}=\mu$. Multiplier to the state constraint: say $\mu(T)=0$ and

$$
\mathrm{d} \mu \geq 0 ; \quad \operatorname{supp}(\mathrm{d} \mu) \subset\{t ; e(t)=0\} .
$$

Therefore $p_{e}=\mu \leq 0$.

## Switching function

The switching function is

$$
\Psi:=H_{u}=p_{v}-p_{e} v .
$$

By Pontryagin's principle, we have:

$$
f(t)= \begin{cases}f_{M} & \text { if } \Psi(t)>0 \\ 0 & \text { if } \Psi(t)<0\end{cases}
$$

## $p_{e}$ has negative values

## Lemma

$p_{e}$ has negative values.

## Proof.

If $p_{e}(\tau)=0$ then over $(\tau, T)$ :
$p_{e}=0$, since it is nondecreasing and $p_{e}(T)=0$.
$\dot{p}_{v}=1+p_{v} \phi^{\prime}(v)$ (is $>0$ if $p_{v} \geq 0$ ) and $p_{v}(T)=0$
So $p_{v}<0 \Rightarrow \Psi=p_{v}<0 \Rightarrow f=f_{M}$
Contradiction by lemma 3.7 of paper.

## $p_{v}$ has negative values

## Lemma

$p_{v}$ has negative values.

## Proof.

$p_{v} \geq 0 \Rightarrow \Psi>0 \Rightarrow f=0 \Rightarrow \dot{p}_{v}>0 ; \quad$ but $p_{v}(T)=0$.

## Corollary

An optimal trajectory starts with a maximal force arc.

## Derivative of switching function

When the state constraint is not active, $p_{e}$ is constant and so:

$$
\begin{gathered}
\psi:=H_{u}=p_{v}-p_{e} v . \\
\dot{\psi}=\left(1+p_{v} \phi^{\prime}(v)+p_{e} f\right)-p_{e}(f-\phi(v)) \\
=1+p_{v} \phi^{\prime}(v)+p_{e} \phi(v)
\end{gathered}
$$

and so,

$$
\dot{\psi}-\Psi \phi^{\prime}(v)=1+p_{e}\left(\phi(v)+v \phi^{\prime}(v)\right) .
$$

## Lemma

On a singular arc, v is constant.

## No zero force arc

$$
\Delta:=\dot{\psi}-\Psi \phi^{\prime}(v)=1+p_{e}\left(\phi(v)+v \phi^{\prime}(v)\right) .
$$

## Lemma

No zero force arc occurs.

- Let $\left(t_{a}, t_{b}\right)$ be such an arc; then $t_{a}>0$.
- If $t_{b}=T$ then $e(T)>0$ : impossible.

■ $\Psi \geq 0$ over the arc; $\Psi\left(t_{a}\right)=\Psi\left(t_{b}\right)=0$.
■ We have therefore $\Delta\left(t_{a}\right) \geq 0 \geq \Delta\left(t_{b}\right)$.

- On this arc $p_{e}$ is constant and $v$ decreases, and so $\Delta(t)$ increases: contradiction.


## No second maximal force arc

$$
\Delta:=\dot{\psi}-\Psi \phi^{\prime}(v)=1+p_{e}\left(\phi(v)+v \phi^{\prime}(v)\right) .
$$

## Lemma

No second maximal force arc occurs.

- Let $\left(t_{a}, t_{b}\right)$ be such an arc; then $t_{a}>0$.

■ If $t_{b}<T$, "symmetric argument": $v$ increases, $\Delta$ decreases, but $\Delta\left(t_{a}\right) \leq 0 \leq \Delta\left(t_{b}\right)$.
■ If $t_{b}=T, \mu$ should have a jump at time $T$, but then

$$
\lim _{t \uparrow T} \Psi(t)=-p_{e}\left(T_{-}\right) v(T)>0
$$

implying that $f=0$ at the end of the trajectory.

## Keller's model: proof of main result

■ Let $t_{a} \in(0, T)$ be the exit point of the maximal force arc.

- We know that $\Psi=0$ over $\left(t_{a}, T\right)$.
$■$ Let $t_{b} \in(0, T)$ be the first time at which the energy vanishes ( $\mu$ has no final jump).
$\square\left(t_{a}, t_{b}\right)$ is a singular arc.
- If the energy is not zero on $\left(t_{b}, T\right)$ : there would exist $t_{c}, t_{d}$ with $t_{b} \leq t_{c}<t_{d} \leq T$ such that $e\left(t_{c}\right)=e\left(t_{d}\right)=0$, and $e(t)>0$, for all $t \in\left(t_{c}, t_{d}\right)$.
- Then $\left(t_{c}, t_{d}\right)$ is a singular arc, over which $\dot{e}=\sigma-f_{v}$ is constant: contradiction.


## 1 Keller's model

2 Variable energy recreation

## 3 Bounding the derivative of $f$

## Variable energy recreation

■ Less recreation when energy close to its extreme values, and additional recreation when deceleration:

$$
\dot{e}=\sigma(e)+\eta(a)-f v
$$

where $a$ is the acceleration: $a=\dot{v}=f-\phi(v)$, and $\eta$ convex:

$$
\eta(a) \geq 0, \quad \eta(a)=0 \text { iff } a \geq 0 .
$$

- Function $\sigma(e)$ regularization of a piecewise affine and continuous function, value 0 at extreme values, otherwise constant.


## Numerical results with variable $\sigma(e)$ and $\eta(a)=0$



Velocity


Force

$\sigma(e)$

## Hamiltonian and costate with variable $\sigma(e)$

## Hamiltonian function:

$$
H:=-v+p_{v}(f-\phi(v))+p_{e}(\sigma(e)+\eta(f-\phi(v))-f v) .
$$

Costate equation:

$$
\begin{cases}-\dot{p}_{v} & =-1-p_{v} \phi^{\prime}(v)-p_{e} f-p_{e} \eta^{\prime}(a) \phi^{\prime}(v) \\ -\mathrm{d} p_{e} & =p_{e} \sigma^{\prime}(e)-\mathrm{d} \mu,\end{cases}
$$

Final conditions $p_{v}(T)=p_{e}(T)=0$. $\mu(T)=0, \mathrm{~d} \mu \geq 0, \operatorname{supp}(\mathrm{~d} \mu) \subset\{t ; e(t)=0\}$.

## Minimization of Hamiltonian with variable $\sigma(e)$

■ Hamiltonian function:

$$
H:=\left(p_{v}-p_{e} v\right) f+p_{e} \eta(f-\phi(v))+\text { indep. of } f
$$

■ Concave function of the control $f$
■ Minimum attained at extreme values 0 or $f_{M}$.
■ Need of relaxed formulation; expectation of force:

$$
f=0 \times(1-\theta)+\theta f_{M}
$$

- We may as well take $f$ as parameter and then $\theta=f / f_{M}$.


## Relaxed formulation

■ Recreation due to deceleration at zero speed:

$$
R(v):=\eta(-\phi(v)
$$

- State equation

$$
\begin{aligned}
\dot{v} & =f-\phi(v) \\
\dot{e} & =\sigma(e)-f v+\left(1-f / f_{M}\right) R(v)
\end{aligned}
$$

- Hamiltonian

$$
H=p_{v}(f-\phi(v))+p_{e}\left(\sigma(e)-f v+\left(1-f / f_{M}\right) R(v)\right) .
$$

## Relaxed formulation: theoretical analysis

- Assume $\sigma(e)=\bar{\sigma}$ and $\eta(a)=\varepsilon \eta^{\prime}(a)$
- For $\varepsilon>0$ small enough

■ Same optimal structure as for Keller'model: maximal force, constant speed, zero energy.

## 1 Keller's model

## 2 Variable energy recreation

3 Bounding the derivative of $f$

## Numerical results when bounding $\dot{f}$



Velocity


Force

## Numerical results: zoom with variable $\sigma(e)$ and $\eta(a) \neq 0$



Zoom on velocity


Zoom on force

## Periodic problem

- Maximize average speed: $(1 / T) \int_{0}^{T} v(t) \mathrm{d} t$.

■ Periodic speed and force, loss of energy $e(0)=e(T)+T e_{d}$.

- State equation and constraints

$$
\left\{\begin{array}{l}
v(0)=v(T) ; \quad f(0)=f(T) . \\
e(0)=e(T)+T e_{d} ; \\
\dot{v}=f-v \tau ; \\
\dot{e}=\sigma+\eta(a)-f v ; \\
0 \leq f \leq f_{M} ;|\dot{f}| \leq 1, \quad \text { for a.e. } t \in(0, T) .
\end{array}\right.
$$

## Zoom vs periodic: velocity




Periodic velocity

## Zoom vs periodic: force



Zoom on force


Periodic force

## Related work

[1] S. Aronna, J.F. Bonnans and B.S. Goh, Second order necessary conditions for control-affine problems with state constraints. Research report, to appear (HAL preprint).

## Open questions

- Asymptotic analysis $\eta(a)=\varepsilon \eta^{\prime}(a)$.

■ Shape of oscillations ?

- Expansion of cost function


## THE END!

