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## The Congress in U.S. Government Choice Board

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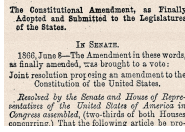
### The Constitution

Rewrite [Article I of the Constitution](#) in kid-friendly language



### Amendments to the Constitution

Propose a [new amendment](#) for Congress to consider



### A Day in the Life

Record a video or podcast about what your day would be like if you were elected to Congress



### Campaign for a Change

Create a social media campaign for the [John R. Lewis Voting Rights Advancement Act of 2020](#)



### Checks and Balances

Design a game to educate others about the role of [Congress in the Checks and Balances](#) of the U.S. government



# The Congress in U.S. Government

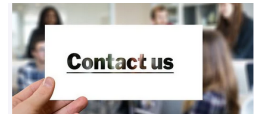


## Digital Choice Board Activities for Students and Teachers

[Building Democracy for All](#), a free eBook by Robert Maloy & Torrey Trust explores all these topics and more

### Contacting Congress

[Write an email to your Senator or Representative](#) to PRAISE or PROTEST their stance on an issue you care about



### Congressional Website

Review the [websites of at least 5 members of Congress](#) and then design your own congressional website



### Title IX (1972)

Review academic experiences and extracurricular options at your school and propose new legislation that will expand learning for students of all genders

### The Social Security Act

Propose legislation to protect the health and welfare of everyone in America



### Americans with Disability Act of 1990

Propose legislation to improve learning and school experiences for every student



### The Environment

Propose legislation to address an environmental or climate issue in your community



### You Choose

Investigate a topic you that care about and then propose legislation for congressional action

