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Leading trait dimensions in flood-tolerant plants

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- **Background and Aims** While trait-based approaches have provided critical insights into general plant functioning, we lack a comprehensive quantitative view on plant strategies in flooded conditions. Plants adapted to flooded conditions have specific traits (e.g. root porosity, low root/shoot ratio and shoot elongation) to cope with the environmental stressors including anoxic sediments, and the subsequent presence of phytotoxic compounds. In flooded habitats, plants also respond to potential nutrient and light limitations, e.g. through the expression of leaf economics traits and size-related traits, respectively. However, we do not know whether and how these trait dimensions are connected.
- **Methods** Based on a trait dataset compiled on 131 plant species from 141 studies in flooded habitats, we quantitatively analysed how flooding-induced traits are positioned in relation to the other two dominant trait dimensions: leaf economics traits and size-related traits. We evaluated how these key trait components are expressed along wetness gradients, across habitat types and among plant life forms.
- **Key Results** We found that flooding-induced traits constitute a trait dimension independent from leaf economics traits and size-related traits, indicating that there is no generic trade-off associated with flooding adaptations. Moreover, individual flooding-induced traits themselves are to a large extent decoupled from each other. These results suggest that adaptation to stressful environments, such as flooding, can be stressor specific without generic adverse effects on plant functioning (e.g. causing trade-offs on leaf economics traits).
- **Conclusions** The trait expression across multiple dimensions promotes plant adaptations and coexistence across multifaceted flooded environments. The decoupled trait dimensions, as related to different environmental drivers, also explain why ecosystem functioning (including, for example, methane emissions) are species and habitat specific. Thus, our results provide a backbone for applying trait-based approaches in wetland ecology by considering flooding-induced traits as an independent trait dimension.

Key words: Adaptations to stressful environments, flooding-induced traits, key trait dimensions, leaf economics traits, plant strategies and functioning, trait-based approaches.

INTRODUCTION

By definition, flooding encompasses the hydrological conditions of waterlogging, partial or complete submergence (Sasidharan *et al.*, 2017). Freshwater flooding induces physical stress in plants, but additionally induces anoxic soil conditions. The distinct biogeochemical processes and their phytotoxic products associated with anaerobic metabolic pathways can also have adverse impacts on plant survival in flooded habitats (Greenway *et al.*, 2006; Voesenek *et al.*, 2006; Pezeshki and DeLaune, 2012). In response, some plant species have specific traits to cope with flooding-induced conditions, not only via facilitating oxygen transport to the anoxic rhizosphere, but also via ameliorating the phytotoxic compounds produced during and after flooding periods (Armstrong *et al.*, 1994; Visser

et al., 2000; Colmer and Voesenek, 2009; Voesenek and Bailey-Serres, 2013). Under the influence of the gaseous phytohormone ethylene, produced shortly after exposure to anoxic conditions, fast shoot elongation and adventitious root development are stimulated, which are costly for long-term adaptation (Blanch *et al.*, 1999; Voesenek *et al.*, 2004). These more permanent flooding-induced traits, including root porosity, changed root/shoot ratios and shoot elongation, have been intensively examined in eco-physiological studies (Voesenek and Bailey-Serres, 2015; Winkel *et al.*, 2016; Moor *et al.*, 2017). Root porosity reflects the proportion of longitudinally interconnected gas-filled spaces in root tissues enhancing gas diffusion, which improves plants' performance in flooded conditions (Armstrong, 1980; Justin and Armstrong, 1987; Colmer, 2003b; Garssen *et al.*, 2015). Amongst others, the root/shoot ratio is shaped

by environmental drivers such as light, nutrients and different types of ecosystems (Valladares *et al.*, 2000; Cakmak *et al.*, 2007). Plants tolerant to flooding tend to have a reduced root/shoot ratio to increase oxygen access (have more shoot biomass) and reduce oxygen sinks (have less root biomass) to tolerate flooding (Idestam-Almquist and Kautsky, 1995; Lopez and Kursar, 2003; Jung *et al.*, 2009). Therefore, the root/shoot ratio also reflects the oxygen balance between different plant organs in flooding-induced conditions (Mommer *et al.*, 2004; van Bodegom *et al.*, 2005; Stromberg and Merritt, 2016). Once submerged, shoot elongation is a trait helping flooding-tolerant plant shoot tips to quickly reach above the water surface to restore contact with the atmosphere (Voeselek *et al.*, 2003; Nagai *et al.*, 2010). While previous studies have assessed flooding-induced trait expression for a single or few species, the lack of integrative analyses forms a major barrier to the application of such elaborate observations at a broader scale (Moor *et al.*, 2017; Pan *et al.*, 2019).

In addition to dealing with flooding-induced stressors, plants may have to adapt to habitat resources mainly including nutrients and light. The leaf economics spectrum (Wright *et al.*, 2004) expresses traits [such as specific leaf area (SLA) and leaf nitrogen content] that allow us to distinguish plant strategies based on investment and turnover of resources to leaves, providing a spectrum from conservative to acquisitive strategies (Reich *et al.*, 1997; Wright *et al.*, 2004; Reich, 2014). Size-related traits (such as plant height and seed mass) are considered as another important but independent trait dimension expressing responses to competition for light and water (Diaz *et al.*, 2016). The quantitative analysis of these two trait dimensions helps us to understand the fundamental strategies for plant growth, survival and reproduction (e.g. van Bodegom *et al.*, 2012). Applications of these two trait dimensions have led to increased insights into critical ecosystem processes, such as the feedbacks between litter decomposition and fire regimes (Cornelissen *et al.*, 2017). However, the pattern of dominant trait dimensions in plants adapted to flooding stress is unknown.

As flooding-induced traits play important but distinct roles compared with leaf economics traits and size-related traits in plant functioning, understanding whether and how these different groups of traits position relative to each other will improve our knowledge of plant strategies that cope with flooding stresses, in combination with differences in nutrient and light availability. If flooding-induced traits are decoupled from leaf economics traits, this suggests that flooding-induced traits are cheap to develop without trade-offs in nutrient acquisition or allocation (Fig. 1A). Plants would therefore not be constrained by habitat fertility when responding to flooding stress. On the other hand, if flooding-induced traits are positively co-ordinated to leaf economics traits, it indicates that adaptation to flooding stress facilitates the functioning of the leaf economics spectrum (Fig. 1B). Alternatively, if flooding-induced traits and leaf economics traits are negatively co-ordinated, it suggests that plants have to sacrifice part of their leaf resources as a cost of responding to flooded conditions (Fig. 1C). If flooding-induced traits are tightly co-ordinated with size-related traits, it suggests that either larger plants can easily out-grow the water column and profit more from aerenchyma tissues (Fig. 1D) or that plants that are more tolerant to flooding stress need less shoot elongation in order to reach out of the water surface for light and gases (Fig. 1E).

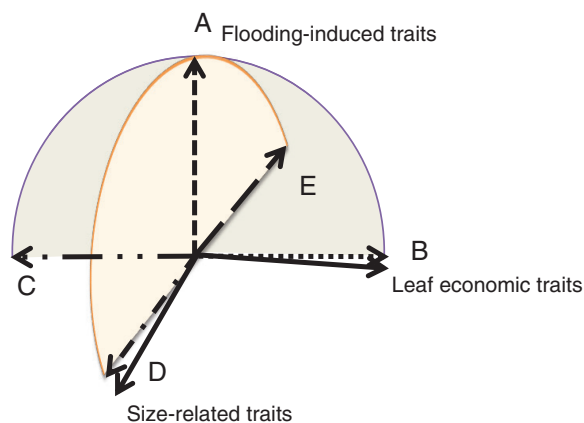


FIG. 1. Possible positions of flooding-induced traits (dashed lines) relative to the leaf economics trait and size-related trait axes (solid lines). If adaptation to wetlands does not intrinsically hinder plant functions of resource acquisition or allocation, then flooding-induced traits should be decoupled from the leaf economics trait axis (A). If adaptation to wetlands facilitates plant functioning in terms of nutrient acquisition and allocation, then flooding-induced traits should be positively correlated to the leaf economics trait axis (B). If adaptation to wetlands is costly and causes trade-offs on leaf nutrient functioning, then flooding-induced traits should be negatively correlated to the leaf economics trait axis (C). If the choices of varied wetland-specific strategies are dependent on the plant size, then flooding-induced traits should be correlated to the size-related trait axis (D and E).

So far, some arguments are available that support the case of decoupled relationships (as shown in Fig. 1A). One line of reasoning is that the environmental drivers of the different trait groups are different. With nutrient and water availability driving leaf economics traits, and light availability steering size-related traits (Reich, 2014; Diaz *et al.*, 2016), while water regimes and the subsequent oxygen availability modify flooding-induced traits (Colmer and Voeselek, 2009), we expect to see each trait group varying independently in response to its specific drivers. The second line of reasoning is that flooded habitats across the globe cover a wide fertility range (e.g. from oligotrophic bogs to eutrophic floodplains), which suggests a prevalence of trait decoupling: if there were to be significant trade-offs between flooding-induced traits and leaf economics traits, we should find plants to be constrained only to fertile flooded habitats in order to acquire sufficient nutrient resources in compensation for the costs on flooding-specific adaptations (Pan *et al.*, 2019). Despite these coincidental lines of evidence, a quantification of these trait dimensions and the relationships among them currently does not yet exist.

In this study, we hypothesize that flooding-induced traits are decoupled from leaf economics traits and size-related traits, and thus constitute a separate trait dimension independent from the other dominant trait dimensions (as shown in Fig. 1A). We expect such decoupled trait dimension to occur consistently across environmental gradients of nutrient and water in the various wetland habitat types analysed (i.e. from infertile bog to fertile marsh). We also expect to observe the general existence of the leaf economics spectrum in flood-tolerant species, considering the widespread ecological principles for budgeting of plant resources in varied ecosystems. In addition, we hypothesize that flooding-induced traits should contribute to plant habitat affinities across a wetness gradient.

To test these hypotheses, we analysed the dominant trait dimensions of seven key plant traits that are ecologically important and of which quantitative records were available. We used root porosity, root/shoot ratio and shoot elongation as representative of more permanent trait responses to flooding (Colmer and Voesenek, 2009; Voesenek and Bailey-Serres, 2015); leaf nitrogen (leaf N), leaf phosphorus (leaf P) and SLA to represent leaf economics traits (Wright et al., 2004; Pan et al., 2020a); and plant height as representative of size-related traits (Diaz et al., 2016). Furthermore, we tested individual trait–trait relationships between the seven key plant traits in flood-tolerant plants and the role of individual flooding-induced traits in contributing to habitat affinities across a wetness gradient. We envisage that this study will inspire research on adaptation to environmental stresses in other ecosystems.

MATERIALS AND METHODS

Data compilation

We compiled functional traits on plants recorded in flooded habitats, following the definition of the international Ramsar Convention (Ramsar Convention Secretariat, 2013) and the terminology guidance on the definition of ‘flooding’ (Sasidharan et al., 2017), for both field and laboratory measurements based on a combination of expert knowledge of the existing literature and systematic searches in the Web of Science and Google Scholar. The literature search included, but was not limited to, the following key words: wetland, marsh, bog, floodplain, macrophytes, aquatic plants, hydrophyte, submerged, floating-leaved, emergent, isoetid, mangrove, root porosity, root/shoot ratio, shoot elongation, leaf N, leaf P, SLA, leaf dry matter per unit area (LMA) and plant height. We also checked the references of several important reviews of eco-physiological traits for wetlands and flooding events in the last 15 years (e.g. Voesenek et al., 2006; Bailey-Serres and Voesenek, 2008; Voesenek and Bailey-Serres, 2015). Moreover, we circulated enquiries around our network of wetland/aquatic plant experts for recommendations for literature that we had possibly overlooked. We used The Plant List to eliminate synonyms in species names from our database (<http://www.theplantlist.org>).

Root porosity was quantified mainly as either the percentage of the hollow area in the root cross-section or the ratio of hollow volume to the whole root volume. These two methods generally show agreement in air-filled root porosity (Van Noordwijk and Brouwer, 1988). Root/shoot ratio was defined as the root dry mass divided by the shoot dry mass. Shoot elongation was calculated as the percentage of the maximum shoot length increase after submergence/flooding. We are aware that there are various other flooding-induced traits (e.g. radial oxygen loss and leaf gas films) that have been emphasized in eco-physiological studies. However, they are either qualitative or are represented in our database by too few consistently measured observations to be included in our statistical analysis.

To evaluate potential drivers of trait–trait relationships, we included habitat wetness, habitat type and growth form in our analysis.

The Ellenberg moisture indicator values provide insights into the extent to which species are known to occur at different extents of habitat wetness (Ellenberg, 1988). These

indicator values are based on expert knowledge of the generic distribution of plant species along a gradient of habitat wetness, categorized into 12 levels from very dry habitats (level 1) to strictly aquatic (level 12). To make the Ellenberg moisture indicator applicable for a global analysis, we related the Ellenberg moisture indicator values to the USDA wetland plant classification to derive Ellenberg values for the flora of the USA (see details in Supplementary data Appendix A).

To obtain more comprehensive insights into the relationships between the traits of the species and the ecological backgrounds relevant to wetland conditions, we also recorded the habitat type for each trait observation according to a modified Ramsar classification as presented in Pan et al. (2020b) and we added life form to each plant species based on the descriptions in the original literature.

For this study, we took species mean trait values to allow analysis of trait–trait relationships, as individual studies did not provide all traits for the same situation (the distribution map of the sampling sites across the globe is shown in Fig. 2). Our analysis covered a total of 131 species of six life form categories (grass, sedge, emergent, submerged, floating-leaved and shrub/tree), with 113 species for root porosity, 60 species for root/shoot ratio and 32 species for shoot elongation (a list of the data sources and plant species can be found in Supplementary data Appendix B).

Data analysis

To evaluate how flooding-induced traits relate to the other two trait dimensions at the interspecific level, we conducted a principal component analysis (PCA) in R (R Core Team, 2018). Due to gaps in the dataset, we could not run a PCA on all traits. Instead, we ran a PCA on each of the three flooding-induced traits separately with all leaf economics and size-related traits. Ellenberg moisture indicator values, habitat types and growth forms were used to label data points in the PCA to evaluate underlying patterns.

Then, we analysed individual trait–trait relationships between flooding-induced traits, leaf economics and size-related traits by standardized major axis (SMA) analysis (Warton et al., 2006) to estimate how one trait scales against another (Warton et al., 2012). The standardized axis slopes and coefficients of determination (R^2) were calculated using the `sma()` function in the SMATR package (Warton et al., 2012) in R (version 3.6.0) software (R Core Team, 2018). This analysis provides additional insights into the individual co-ordination, and also allows evaluation of the trait–trait relationships among flooding-induced traits and thus whether their relationship to leaf economics and size-related traits is consistent.

Finally, we ran an ordinary linear regression to examine how each flooding-induced trait relates to habitat wetness affinities (as represented by Ellenberg moisture indicator values). Data of the root/shoot ratio and shoot elongation were \log_{10} transformed before analysis to comply with a normal distribution and homogeneity of variance. An alternative analysis, using a one-way analysis of variance (ANOVA) on groups of Ellenberg moisture indicator values, is presented in Supplementary data Appendix C, Table S1, and shows highly similar results.

RESULTS

The PCA on each of the flooding-induced traits with the other two trait dimensions showed largely decoupled patterns. Leaf economics traits mainly occupied PCA axis 1, with size-related and flooding-induced traits on the other axes. The PCA loading scores on the first three PCA axes are shown in Table 1. The pattern suggests that adaptation to flooded conditions in general does not hinder plant functions in resource acquisition or allocation (the data points labelled with habitat type are provided

in Supplementary data Appendix C, Fig. S1, and 3-D PCA plots can be found in Supplementary data Appendix C, Fig. S2).

Root porosity was to a large extent decoupled from the leaf economics trait axis (as represented by leaf N, leaf P and SLA), but partly covaries with leaf N. The size-related trait (as represented by plant height) was positioned on a third trait axis. The first two PCA axes accounted for 42.0 and 22.8 % of the total variation, respectively (Fig. 3A). Also, the root/shoot ratio was to a large extent decoupled from the leaf economics trait axis and plant height as a size-related trait. The first two PCA axes

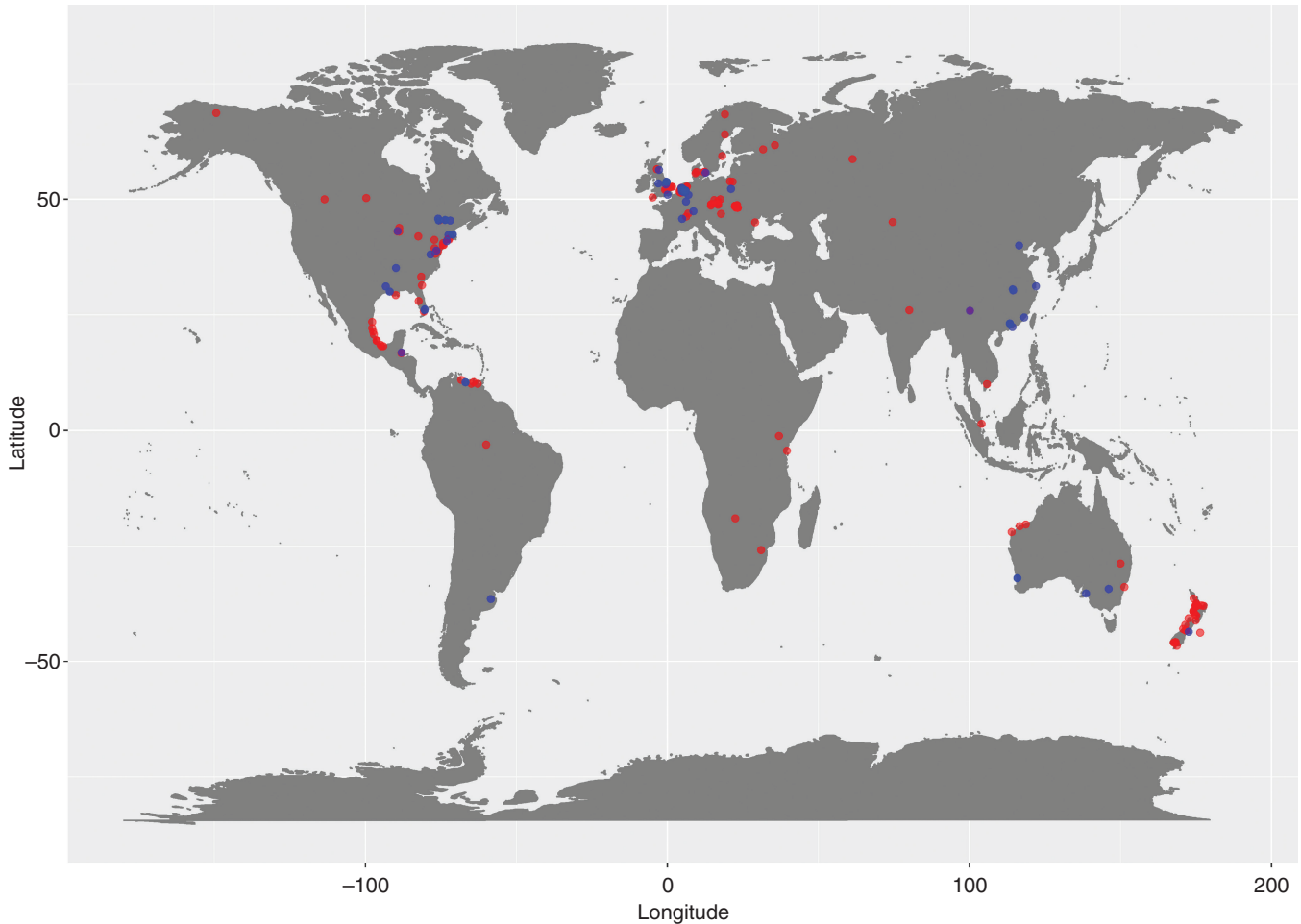


FIG. 2. The location of the sampling sites. The field measurement data and laboratory measurement data are presented as red and blue dots, respectively. Note that the symbols are translucent and that brighter symbols indicate observations/studies at locations in close proximity to one another.

TABLE 1. The loading scores of flooding-induced traits, leaf economics traits and size-related traits on the first three principal component analysis (PCA) axes

Root porosity	Root/shoot ratio			Shoot elongation							
	Axis 1	Axis 2	Axis 3	Axis 1	Axis 2	Axis 3	Axis 1	Axis 2	Axis 3		
Root porosity	0.40	-0.42	-0.71	Root/shoot ratio	0.03	-0.80	-0.52	Shoot elongation	0.06	-0.87	0.14
Leaf N	-0.61	0.14	-0.09	Leaf N	0.58	0.26	-0.28	Leaf N	0.63	0.13	-0.16
Leaf P	-0.51	-0.21	-0.52	Leaf P	0.44	0.15	-0.50	Leaf P	0.50	-0.14	-0.67
SLA	-0.46	-0.31	0.07	SLA	0.57	0.00	0.35	SLA	0.40	0.38	0.47
Plant height	0.00	0.81	-0.46	Plant height	-0.37	0.52	-0.53	Plant height	-0.44	0.24	-0.54
Variation explained(%)	42.0	22.8	15.9	Variation explained (%)	33.4	20.6	19.6	Variation explained (%)	39.2	21.8	17.5

accounted for 33.3 and 20.6 % of the total variation, respectively (Fig. 3B). A similar decoupled pattern applies to shoot elongation, except for some relationships with SLA. The first two PCA axes accounted for 39.2 and 21.8 % of the total variation, respectively (Fig. 3C). Root porosity tended to be lower in shrubs/trees than in grasses and sedges, while neither root/shoot ratio nor shoot elongation seemed strongly affected by life form (Figs. 3D–F) or environmental conditions as summarized by habitat type (Supplementary data Appendix C, Fig. S1).

The trait–trait relationships between flooding-induced traits, leaf economics traits and the size-related trait were further examined by the SMA analysis. The SMA analysis confirmed the largely decoupled nature of the three trait groups. Some exceptions included the significant relationships among three trait–trait pairs: root porosity–leaf N ($R^2 = 0.22$, $P < 0.05$), root porosity–SLA ($R^2 = 0.09$, $P < 0.05$) and SLA–plant height ($R^2 = 0.07$, $P < 0.05$) (Table 2). In the case of root porosity–SLA and SLA–plant height, the explained variance was low.

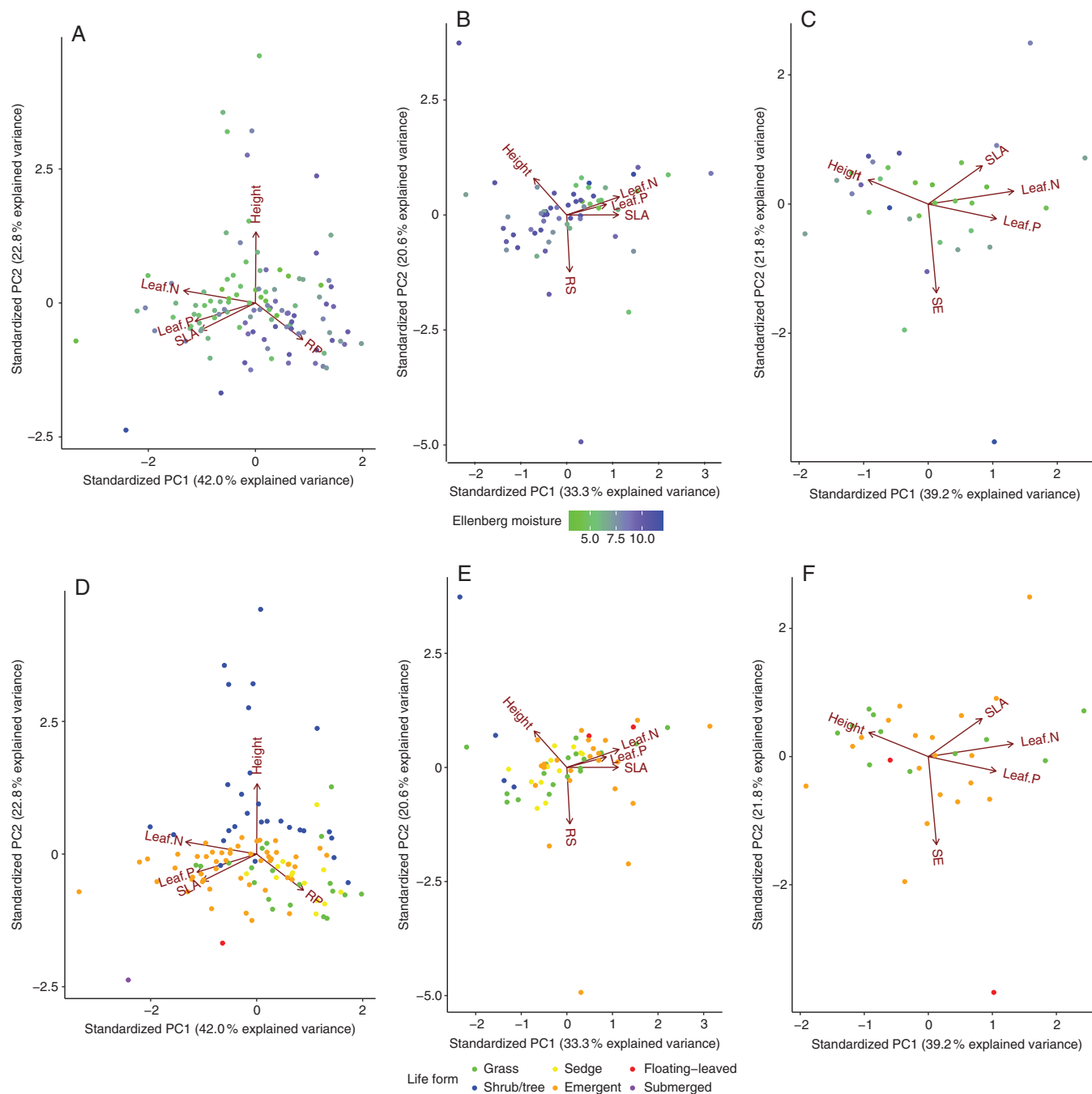


FIG. 3. Principal component analysis (PCA) of leaf nitrogen (leaf N), leaf phosphorus (leaf P), specific leaf area (SLA), plant height (Height) and (A, D) root porosity (RP), (B, E) root/shoot ratio (RS) and (C, F) shoot elongation (SE). Each point represents one species, which is coloured according to its affinity for habitat wetness indicated by its Ellenberg moisture value (A–C) and life form (D–F), respectively. Supplementary data Appendix C, Fig. S1 presents figures with colours according to habitat type.

The other flooding-induced traits (root/shoot ratio and shoot elongation) did not relate significantly to any leaf economics or size-related trait.

The SMA analysis confirmed the significant and strong relationships between the leaf economics traits (leaf N, leaf P and SLA) (Table 2). This suggests that the leaf economics spectrum is also maintained in flooding-tolerant plants.

In contrast, there was no significant relationship among any trait–trait pair of the flooding-induced traits tested (i.e. among root porosity, root/shoot ratio and shoot elongation; $P > 0.05$), and the R^2 values of effect sizes were only 0.00–0.02 (Table 2).

To understand how an individual flooding-induced trait contributes to the generic habitat affinities for wetness of plant species, we further tested the relationships between the Ellenberg moisture indicator and individual flooding-induced traits (Fig. 4). Among the three flooding-induced traits, root porosity showed a significant linear relationship with the Ellenberg moisture indicator with a reasonably high effect size ($R^2 = 0.30$, $P < 0.001$). However, there was no relationship between the Ellenberg moisture indicator and root/shoot ratio ($R^2 = 0.00$, $P = 0.98$), or between the Ellenberg moisture indicator and shoot elongation ($R^2 = 0.00$, $P = 0.53$). Hence, among the three flooding-induced traits, variation in root porosity significantly contributed to habitat affinities of plant species along a wetness gradient. Even though the root/shoot ratio and shoot elongation are considered important flooding-induced traits, they were not directly related to the distribution of plants along a wetness gradient.

DISCUSSION

Flooding-induced traits as a key strategy component in flooding-tolerant plant species

Our research reveals that the three important flooding-induced traits are in independent trait dimensions decoupled from the leaf economics and size-related trait dimensions (Fig. 3). Moreover, similar to the pattern in terrestrial systems (Diaz *et al.*, 2016), we found that leaf economics traits and size-related traits also remain largely decoupled from each other in flooded ecosystems. This pattern suggests that in addition to other dominant trait dimensions, flooding-induced traits play an important but different ecological role in adaptation to flooded conditions. As leaf economics traits are indicative of habitat fertility and corresponding nutrient resources, and size-related traits confer a competitive power for light (and water), flooding-induced traits mainly contribute to coping with flooded environments. Concurrently, this decoupling of flooding-induced traits from leaf economics traits may suggest that adaptations to flooded conditions are either inexpensive, or sufficiently beneficial to offset the costs of such adaptations on the plant overall resource budget. For example, the extra access to light, CO₂ and O₂ gained by shoot elongation may compensate the costs thereof (Colmer and Voesenek, 2009). The generally decoupled relationships between flooding-induced traits and leaf economics traits provide an explanation for the broad distribution of aquatic plants (Santamaría, 2002; Chambers *et al.*, 2008) as they allow plant species to occur across a range of flooding stressors and habitat nutrient limitations (e.g. from oligotrophic bogs to eutrophic floodplains). Moreover, considering the tight

TABLE 2. Trait–trait relationships

	Root porosity	Root/shoot ratio	Shoot elongation	SLA	Leaf N	Leaf P	Plant height
Root porosity	0.00 ($n = 44$)	0.50 (0.37, 0.68)	1.15 (0.74, 1.80)	-1.65 (-1.97, -1.38)	-2.74 (-3.23, -2.32)	-1.86 (-2.23, -1.54)	-0.77 (-0.92, -0.63)
Root/shoot ratio	0.02 ($n = 22$)	0.02 ($n = 23$)	-1.56 (-2.41, -1.01)	-1.68 (-2.17, -1.30)	-2.93 (-3.79, -2.27)	-1.94 (-2.51, -1.50)	-1.05 (-1.36, -0.81)
Shoot elongation	0.09 ($n = 113$)	0.03 ($n = 60$)	0.07 ($n = 32$)	-2.04 (-2.90, -1.43)	-3.21 (-4.62, -2.23)	1.81 (1.26, 2.60)	-0.99 (-1.42, -0.69)
SLA	0.22 ($n = 113$)	0.03 ($n = 60$)	0.01 ($n = 32$)	0.28 ($n = 131$)	1.66 (1.43, 1.93)	1.07 (0.92, 1.26)	-0.47 (-0.56, -0.40)
Leaf N	0.02 ($n = 113$)	0.02 ($n = 60$)	0.01 ($n = 32$)	0.17 ($n = 131$)	0.25 ($n = 131$)	0.65 (0.56, 0.75)	-0.28 (-0.34, -0.24)
Leaf P	0.00 ($n = 113$)	0.02 ($n = 60$)	0.02 ($n = 32$)	0.07 ($n = 131$)	0.00 ($n = 131$)	0.00 ($n = 131$)	0.44 (0.37, 0.52)
Plant height							

Trait–trait relationships are shown between leaf economics traits: specific leaf area (SLA), leaf nitrogen (leaf N), leaf phosphorus (leaf P); flooding-induced traits: root porosity, root/shoot ratio, shoot elongation; and size-related trait: plant height. Traits were log₁₀ transformed before analysis. The upper right section shows standardized major axis slopes with 95 % confidence intervals (referring to the y variable in the column and the x variable in the row). Coefficients of determination (R^2) and sample sizes are given in the lower left section. Significant relationships ($P < 0.01$) are highlighted in bold.

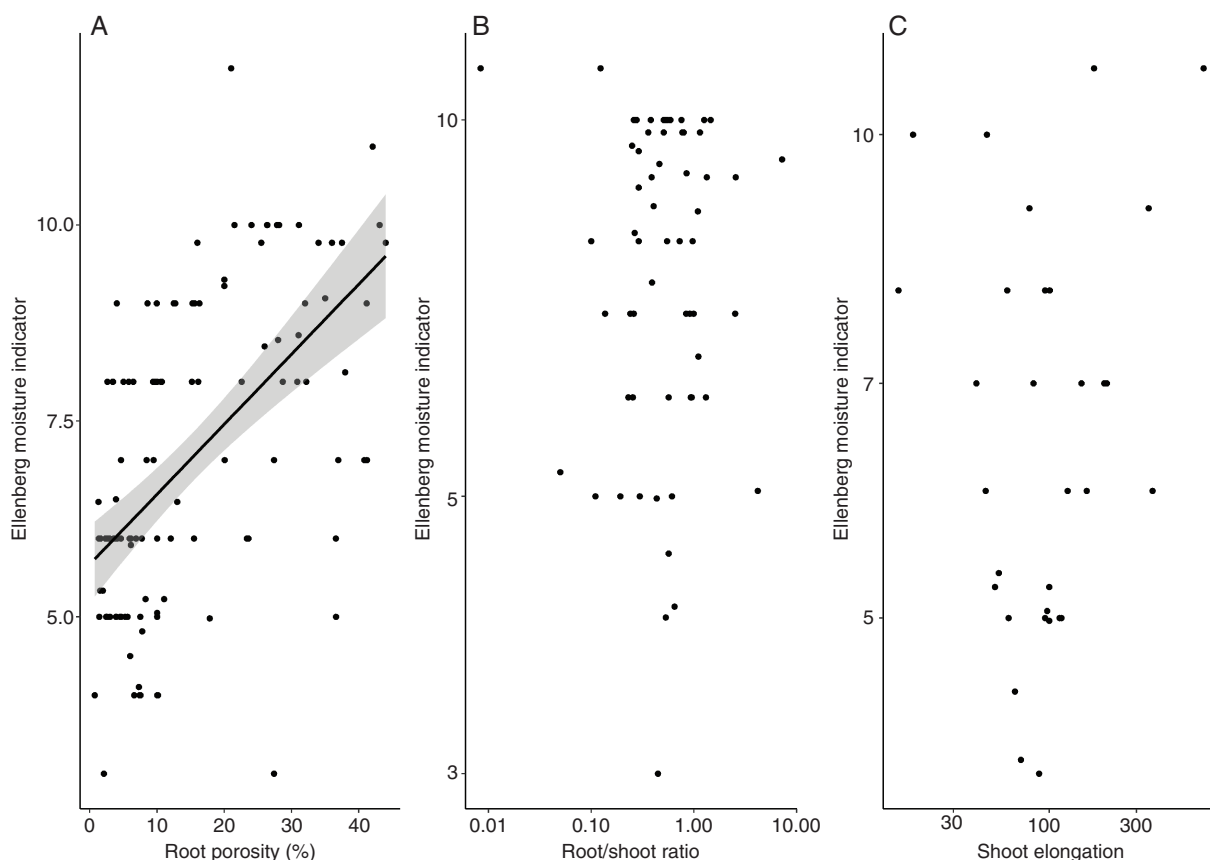


FIG. 4. The linear relationships between habitat wetness affinities (represented by Ellenberg moisture indicator) and the three flooding-induced traits. For root porosity ($R^2 = 0.30$, $P < 0.001$, $n = 113$), root/shoot ratio ($R^2 = 0.00$, $P = 0.98$, $n = 60$) and shoot elongation ($R^2 = 0.00$, $P = 0.53$, $n = 32$). The root/shoot ratio and shoot elongation are log-transformed before analysis to comply with a normal distribution and homogeneity of variance.

associations between leaf economics traits and the whole-plant economics spectra including root and stem traits (Freschet *et al.*, 2010), we speculate that flooding-induced traits may also be decoupled from these whole-plant traits if such spectra also exist in flooding-tolerant plants. Together, these results indicate that the flooding-tolerant strategies are a key dimension independent of other plant strategy components.

In nature, multiple environmental stressors, including drought, heat, freezing, shading, infertility and soil salinity, impose pronounced challenges to the adaptation and survival of plants (Bohnert *et al.*, 1995; Wolfe and Tonsor, 2014). While various adaptive mechanisms have been carefully examined from genetic, to morphological, to community points of view (Wolfe and Tonsor, 2014; Bechtold, 2018; Liu *et al.*, 2018), an integral perspective on a plant's strategies as a whole is missing. From a trait-based perspective, the decoupled flooding-tolerant strategy in relation to other plant strategy components may have implications for traits specific to other stressful ecosystems, such as waxy leaves in deserts or dauciform roots under extreme phosphate deficiencies (e.g. Bakker *et al.*, 2005), as our research provides evidence that certain adaptive strategies to stressful habitats can be cheap without causing any trade-offs in plant general functioning. We hypothesize that such decoupled trait dimensions allow plants to adapt to multifarious niche dimensions and facilitate species coexistence in stressful habitats (Westoby *et al.*, 2002; Li *et al.*, 2015).

Diverse plant strategies enable adaptations to a multifaceted stressful environment

Despite their similar functional roles in adapting to flooded conditions, the inter-relationships within the three flooding-induced traits were all non-significant and weak (Table 2, $P > 0.05$ with R^2 ranges from 0.00 to 0.02). Moreover, while root porosity significantly contributes to the preference of plant species along a wetness gradient, root/shoot ratio and shoot elongation are not directly linked to the Ellenberg moisture indicator, life form or habitat type (Figs 3 and 4; Supplementary data Appendix C, Fig. S1). We provide three non-mutually exclusive explanations for the lack of correspondence between the root/shoot ratio and shoot elongation vs. habitat wetness: (1) the root/shoot ratio is known to be influenced by other stressors as well, such as light, nutrient and different types of ecosystems (Jackson *et al.*, 1996; Valladares *et al.*, 2000; Cakmak *et al.*, 2007); (2) all investigated traits are plastic, and mean species responses may not fully capture species responses to flooding-induced conditions; and (3) other (potentially less permanent) flooding-induced traits may be more strongly related to habitat wetness (but not yet available in global databases). However, even though flooding-induced traits are not all tightly aligned along a wetness gradient, these traits may still contribute in conjunction or accumulatively to adapting to the different stresses in a flooded environment.

While mostly decoupled, some links were observed between flooding-induced traits and specific leaf economics traits. For example, we detected a trade-off between root porosity and leaf N at the interspecific level ($R^2 = 0.22$, $P < 0.01$; Table 2). The ecological causal links between root porosity and leaf N are complicated, and experimental evidence has often been contradictory. On the one hand, the formation of root porosity impedes the nutrient acquisition efficiency and will lead to trade-offs (Kirk, 2003; Hu *et al.*, 2014). On the other hand, the production of large numbers of laterals in response to flooded conditions may increase the root surface area for nutrient acquisition (Lissner *et al.*, 2003), which cause an indirect correlation between root porosity and leaf N. In addition, increased root porosity may enhance oxygen released from the root to oxidize NH_4^+ to NO_3^- . The produced nitrate is the main source of stable and storable N for plants (Kirk, 2003), and consequently improves leaf N levels. The balance between these pros and cons may differ depending on habitat, with different implications for the investment in root porosity formation and leaf N acquisition. Considering the even stronger correlations among leaf economics traits, i.e. leaf N–SLA ($R^2 = 0.28$, $P < 0.01$) and leaf N–leaf P ($R^2 = 0.25$, $P < 0.01$), and the extremely weak correlations of root porosity–leaf P ($R^2 = 0.02$, $P > 0.05$) and root porosity–plant height ($R^2 = 0.00$, $P > 0.05$), the trade-off between root porosity and leaf N does not fundamentally change our interpretation that root porosity is in a trait dimension decoupled from leaf economics traits (Fig. 3).

We also observed two significant but weak relationships between SLA and other trait groups, i.e. SLA–root porosity ($R^2 = 0.09$, $P < 0.01$; Table 2) and SLA–plant height ($R^2 = 0.07$, $P < 0.01$; Table 2). Even though the effect sizes are small (9 and 7 %, respectively), this highlights SLA as a trait inter-related with all three trait dimensions simultaneously. Previous studies indicate that the relationships between SLA and plant flooding tolerance can be either positive or negative depending on life form, season and community-weighted SLA (Huber *et al.*, 2009; Violle *et al.*, 2011; Douma *et al.*, 2012; Wright *et al.*, 2017). Even so, amphibious/aquatic plants in general have a higher SLA than terrestrial plants (Mommer and Visser, 2005; Pierce *et al.*, 2012; Purcell *et al.*, 2019). However, the relatively low effect size of the three trait–trait pairs does not fundamentally impair the overall decoupled pattern of the three trait dimensions.

In combination, the specific connections between different trait dimensions indicate that the adaptations to flooded conditions involve rather complex and multifarious strategies as expressed in different plant trait dimensions. Multiple trait dimensions contribute to ramified but accumulative functions to prosper in a flooded environment. We propose dedicated multitrait experiments to further examine these trait–trait relationships. Moreover, we advocate global initiatives to acquire a more comprehensive understanding of wetland/freshwater plant traits to investigate the complex processes of how environmental variables regulate plant trait expression under flooded conditions (Iversen *et al.*, 2021).

Implications for ecosystem functioning

Clarifying the relationships between wetland-specific traits and leaf economics traits is also important for upscaling plant

functional traits to wetland ecosystem processes, such as methane emissions (Pan *et al.*, 2019). For instance, the transport of oxygen to the rhizosphere by root porosity (Colmer, 2003a; Lai *et al.*, 2011) can suppress methane production processes that require strictly anoxic conditions. In contrast, leaf N and leaf P are indicative of organic matter quality to support decomposition processes (Hobbie, 2015) and may hence stimulate methane production by supplying nutrients to methane-producing archaea (van Bodegom and Scholten, 2001; Bhullar *et al.*, 2013a). In addition, methane emissions may be further enhanced by the ‘chimney effect’ of wetland plants in facilitating methane transport to the atmosphere through formation of root and stem porosity (Bhullar *et al.*, 2013a). These complex and contrasting driving factors make it difficult to quantitatively understand the facilitation vs. suppression effects of wetland plants on methane emissions (Bhullar *et al.*, 2013a). The decoupled relationships between leaf economics traits and wetland-specific traits found in this study further add to the variation in the impacts of wetland plants on methane emissions. Our results thus highlight that both flooding-induced traits and other key traits need to be considered to adequately predict methane emissions (Sutton-Grier and Megonigal, 2011; Bhullar *et al.*, 2013b).

CONCLUSIONS

Our results reveal that flooding-induced traits are largely decoupled from leaf economics and size-related trait dimensions, which suggests that flooding-induced traits constitute a different plant trait dimension. This trait decoupling allows plant species to cope with the multifaceted stressful flooded environment (in terms of flooding, resources and competition). Our study indicates that no integral general strategy exists that perfectly explains the adaptation of plants to complex flooded environments. Instead, the multiple facets of flood tolerance plant strategies, as shown by the combination of functional traits including flooding-induced traits, leaf economics traits and size-related traits, together contribute to the survival of plants in complex flooded environments and help them prosper globally across a wide range of habitat fertilities. These insights provide a trait-based foundation towards understanding the general flood tolerance plant strategies and the functioning of flooded ecosystems, as well as adaptations to habitat stress in different ecosystems.

SUPPLEMENTARY DATA

Supplementary data are available online at <https://academic.oup.com/aob> and consist of the following. Appendix A: deriving Ellenberg moisture indicator values for plant species in the analysis. Appendix B: a list of plant species name and traits analysed in this study. Appendix C: principal component analysis (PCA) of leading trait dimension and ANOVA.

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DATA AVAILABILITY

The data can be accessed freely at Dryad data repository; <https://doi.org/10.5061/dryad.51c59zw9v>.

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