

## Elevated MicroRNA-33 in Sarcoidosis and a Carbon Nanotube Model of Chronic Granulomatous Disease

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### Abstract

We established a murine model of multiwall carbon nanotube (MWCNT)-induced chronic granulomatous disease, which resembles human sarcoidosis pathology. At 60 days after oropharyngeal MWCNT instillation, bronchoalveolar lavage (BAL) cells from wild-type mice exhibit an M1 phenotype with elevated proinflammatory cytokines and reduced peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ )—characteristics also present in human sarcoidosis. Based upon MWCNT-associated PPAR $\gamma$  deficiency, we hypothesized that the PPAR $\gamma$  target gene, ATP-binding cassette (ABC) G1, a lipid transporter with antiinflammatory properties, might also be repressed. Results after MWCNT instillation indicated significantly repressed ABCG1, but, surprisingly, lipid transporter ABCA1 was also repressed, suggesting a possible second pathway. Exploration of potential regulators revealed that microRNA (miR)-33, a lipid transporter regulator, was strikingly elevated (13.9 fold) in BAL cells from MWCNT-instilled mice but not sham control mice. Elevated

miR-33 was also detected in murine granulomatous lung tissue. *In vitro* studies confirmed that lentivirus-miR-33 overexpression repressed both ABCA1 and ABCG1 (but not PPAR $\gamma$ ) in cultured murine alveolar macrophages. BAL cells of patients with sarcoidosis also displayed elevated miR-33 together with reduced ABCA1 and ABCG1 messenger RNA and protein compared with healthy control subjects. Moreover, miR-33 was elevated within sarcoidosis granulomatous tissue. The findings suggest that alveolar macrophage miR-33 is up-regulated by proinflammatory cytokines and may perpetuate chronic inflammatory granulomatous disease by repressing antiinflammatory functions of ABCA1 and ABCG1 lipid transporters. The results also suggest two possible pathways for transporter dysregulation in granulomatous disease—one associated with intrinsic PPAR $\gamma$  status and the other with miR-33 up-regulation triggered by environmental challenges, such as MWCNT.

**Keywords:** carbon nanotube; murine model; sarcoidosis; microRNA; lipid transporters

Sarcoidosis is a debilitating, inflammatory, multiorgan, granulomatous disease of unknown cause, commonly affecting the lung (1). Granulomas themselves are macrophage-driven, multicellular structures, thought to be initiated by poorly soluble environmental materials, such as intracellular pathogens, organic antigens, or

chemically inert substances, including beryllium or silica (reviewed in Ref. 2). The low solubility and clearance of initiating materials renders granulomatous diseases chronic in nature.

To investigate sarcoidosis disease mechanisms, we developed a murine model of chronic granulomatous disease using

multiwall carbon nanotubes (MWCNT) (3). Oropharyngeal instillation of MWCNT elicited a chronic inflammatory pulmonary granulomatous disease persisting for over 60 days (3). The rationale for MWCNT usage was based upon several studies citing granuloma formation in animal carbon nanotube models (4, 5), as well as the

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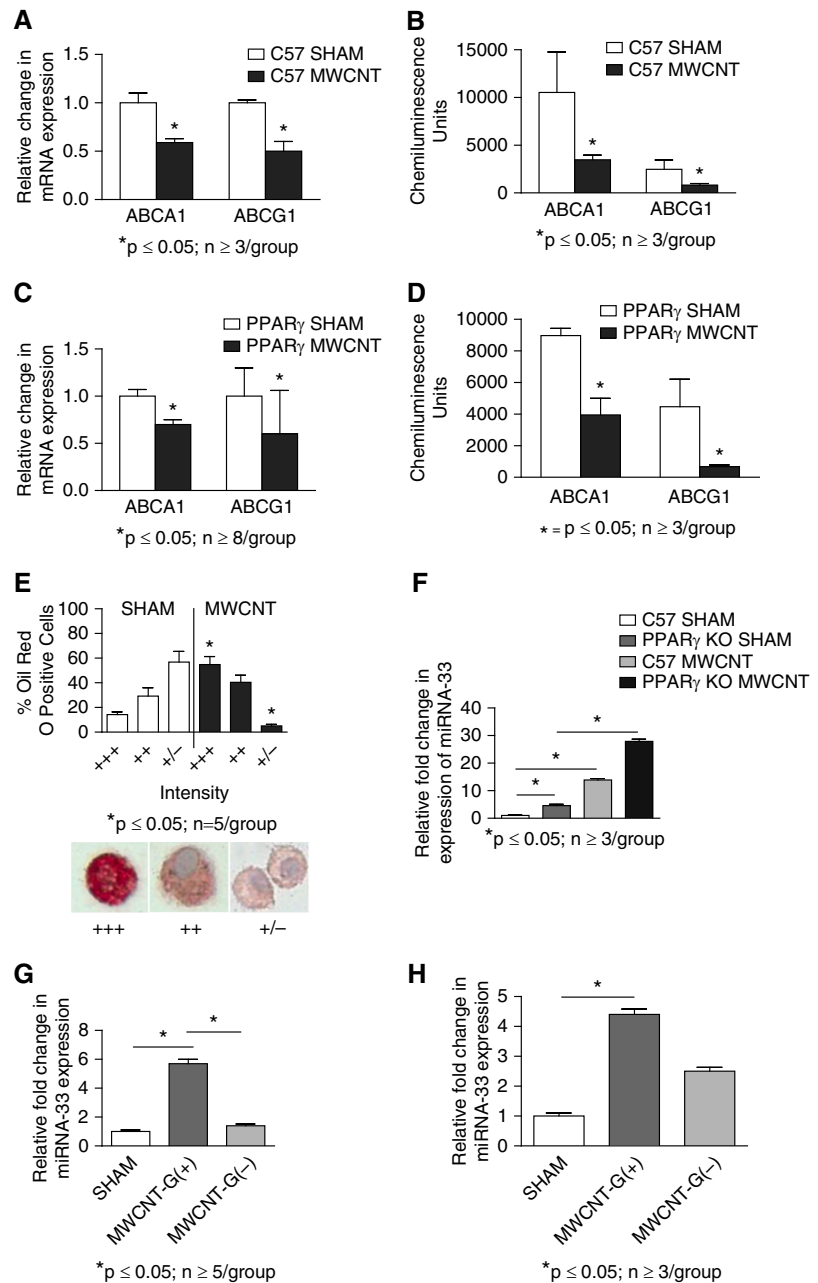
## Clinical Relevance

As microRNA (miR)-33 antagonists are under preclinical investigation for cardiovascular disorders, we speculate that our findings may possibly establish the foundations of future studies for miR-33 intervention in sarcoidosis and perhaps additional granulomatous disorders.

ubiquitous presence of MWCNT within the environment (6). Nanomaterials are frequently used in consumer products, but combustion-generated MWCNT and other carbon nanoparticles are detectable in exhausts from diesel fuel, methane, propane, and natural gas. Thus, the importance of environmental carbon nanotubes might be underestimated as causative agents and/or factors involved in the development of respiratory illnesses, such as sarcoidosis.

In the lung, healthy alveolar macrophages contain high levels of peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ), a multifunctional, antiinflammatory transcription factor that regulates lipid metabolism (reviewed Ref. 7). In contrast, sarcoidosis alveolar macrophages are deficient in PPAR $\gamma$  activity and expression (8). Alveolar macrophages represent an essential component of surfactant clearance and lipid regulation within the lung (9). Surfactant contains phospholipids and neutral lipids, the bulk of which is cholesterol (10). Alveolar macrophage ATP-binding cassette (ABC) lipid transporters, ABCA1 and ABCG1, participate in clearance of cholesterol (11, 12), a necessary step in pulmonary lipid homeostasis. Interestingly, surfactant lipid abnormalities have been reported in many inflammatory lung diseases, including sarcoidosis (13). Deficiencies of lipid transporters result in increased intracellular cholesterol together with overproduction of proinflammatory cytokines and chemokines (14, 15). Overloading macrophages with cholesterol has been shown to induce inflammatory changes (reviewed in Ref. 16).

Using the MWCNT model, we have found that, similar to sarcoidosis, PPAR $\gamma$  expression is deficient in alveolar macrophages from MWCNT-instilled wild-type mice (17). Further investigation



**Figure 1.** Multiwall carbon nanotube (MWCNT) instillation dysregulates lipid metabolism and elevates microRNA (miR or miRNA)-33 expression in alveolar macrophages and granuloma tissues. (A). Quantitative PCR (qPCR) analysis of lipid transporter ATP-binding cassette (ABC) A1 and ABCG1 mRNA indicates repression in bronchoalveolar lavage (BAL) cells from wild-type mice after MWCNT instillation compared with sham-treated (PBS/surfactant) mice. (B) ABCA1 and ABCG1 proteins are reduced in MWCNT-treated wild-type mice compared with sham controls, as detected by capillary Western method. (C) Macrophage-specific peroxisome proliferator-activated receptor  $\gamma$  (PPAR $\gamma$ ) knockout (KO) mice display repressed ABCA1 and ABCG1 mRNA at 60 days after MWCNT instillation, as assayed by qPCR. (D) Capillary Western analysis demonstrates decreased ABCA1/ABCG1 proteins in PPAR $\gamma$  KO mice. (E) Oil red O staining indicative of intracellular neutral lipid accumulation is increased in alveolar macrophages of wild-type mice after MWCNT instillation. (F) miR-33 is elevated in BAL cells from MWCNT-instilled mice and is also intrinsically elevated in BAL cells from untreated PPAR $\gamma$  KO (control) mice compared with untreated wild-type C57 controls. Laser capture microdissection was used to dissect granuloma [G(+)] from nongranuloma [G(-)] tissues for qPCR analysis. Significant elevation of miR-33 compared with sham controls was only found in granulomatous tissues from wild-type (G) or macrophage-specific PPAR $\gamma$  KO mice (H). Data presented are means  $\pm$  SEM; \* denotes *P* value and number of samples per group.

suggested that PPAR $\gamma$  is protective against MWCNT-mediated granulomatous disease, as evidenced by increased granuloma size and incidence in macrophage-specific PPAR $\gamma$  knockout (KO) mice (17). Interestingly, untreated, macrophage-specific PPAR $\gamma$  KO mice exhibit lipid dysregulation and are intrinsically deficient in the ABC transporter, ABCG1, although the ABCA1 transporter is elevated (18). Taken together, the above findings led us to hypothesize that the lipid transporter, ABCG1, might be repressed in the MWCNT model. Results described here indicate that alveolar macrophage ABCG1 and, surprisingly, ABCA1 are significantly repressed in MWCNT-instilled wild-type and macrophage-specific PPAR $\gamma$  KO mice. Furthermore, microRNA (miR)-33, a recognized regulator of ABCG1 and ABCA1 lipid transporter expression (19), is elevated in MWCNT-exposed animals and in patients with sarcoidosis, and may play a role in alveolar macrophage lipid transporter dysregulation, as well as granuloma formation.

## Materials and Methods

### MWCNT Model

All studies were conducted in conformity with Public Health Service policy on humane care and use of laboratory animals, and were approved by the Institutional Animal Care Committee. C57Bl/6J wild-type and macrophage-specific PPAR $\gamma$  KO mice received oropharyngeal instillation of MWCNT (*see* the online supplement for details). After 60 days, mice were killed and bronchoalveolar lavage (BAL) was performed or lungs harvested for analyses, as described previously (3) and in the online supplement. A Zeiss PALM IV Laser Capture Microdissection (LCM) instrument (Zeiss, Gottingen, Germany) was used for dissection of murine granuloma and nongranuloma tissues from lung sections, as previously described (3).

### Lentivirus-miR-33 Overexpression

Alveolar macrophages from control wild-type mice were cultured *in vitro* with lentivirus control or lentivirus-miR-33 (lenti-miR-33; 25 ng; provided by M.B.F.)

for 48 hours. Cells were frozen for quantitative PCR (qPCR) evaluation of miR-33 and mRNA.

### Human Study Samples

The protocol was approved by the East Carolina University Institutional Review Board (Greenville, NC), and written informed consent was obtained from all patient and control subjects. Healthy control subjects and patients with sarcoidosis are described in Table E1 in the online supplement. Lymph node tissue samples were obtained by routine diagnostic mediastinoscopy of patients with sarcoidosis and from noncancer surgical patients undergoing elective carotid endarterectomy. Control lymph nodes were remnant tissue normally discarded, and unlinked to patient identity, as previously described (20).

### Statistical Analyses

qPCR data were analyzed by ANOVA and Tukey's *post hoc* test using Prism software (GraphPad Software, Inc., San Diego, CA.). Data from *in vitro* studies were evaluated by Student's *t* test.

## Results

### Oropharyngeal Instillation of MWCNT Represses Lipid Transporters

In light of our past findings indicating depressed PPAR $\gamma$  expression in MWCNT-induced granulomatous lung pathology, we sought to define whether PPAR $\gamma$ -inducible lipid transporters were dysregulated in the MWCNT-exposed mouse lung. As noted previously, BAL cell counts were not altered by MWCNT exposure, but BAL lymphocyte counts from macrophage-specific PPAR $\gamma$  KO mice were consistently ( $P \leq 0.05$ ) higher than those of wild-type mice (17).

At 60 days after MWCNT instillation, BAL cells from wild-type C57BL/6 mice exhibited significant ( $P \leq 0.05$ ) down-regulation of ABCA1 and ABCG1 mRNA compared with sham controls (Figure 1A). Diminished ABCA1 and ABCG1 protein expression ( $P \leq 0.05$ ) was also noted (Figure 1B). Significant ( $P < 0.05$ ) lipid transporter mRNA (Figure 1C) and protein (Figure 1D) repression compared with sham controls also occurred in MWCNT-instilled, macrophage-specific PPAR $\gamma$  KO BAL cells, confirming that PPAR $\gamma$  is not required for the effect of MWCNT on ABC transporters. Oil red O staining of BAL cells

from wild-type animals revealed increased intracellular lipid (3+) within MWCNT-exposed alveolar macrophages compared with sham controls, consistent with deficient transporter-mediated lipid mobilization (Figure 1E).

### Elevated miR-33 Is Present in BAL Cells from MWCNT-Treated Mice

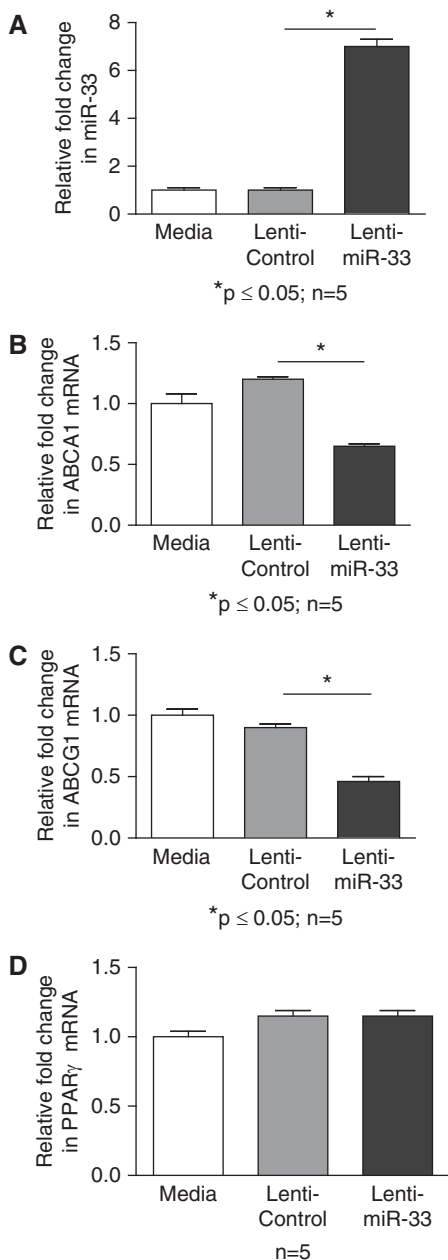
miR-33 has been established as a regulator of ABCA1 and ABCG1 lipid transporters (19, 21), but there are no reports examining miR-33 activity in environmental lung disease. Given the coordinate reduction in ABCA1 and ABCG1 in MWCNT-treated mice, we tested whether miR-33 expression was altered in these animals. MWCNT instillation elicited significant ( $P \leq 0.05$ ) up-regulation of miR-33 in BAL cells from both wild-type and PPAR $\gamma$  KO mice. In wild-type BAL cells, miR-33 dramatically increased (13.9-fold) at 60 days after MWCNT instillation (Figure 1F). Interestingly, untreated macrophage-specific PPAR $\gamma$  KO animals displayed intrinsic elevation of miR-33 compared with wild-type (4.6-fold, but 60-d MWCNT exposure further increased miR-33 in PPAR $\gamma$  KO mice to 27.9-fold; Figure 1F).

### MWCNT-Elicited Granulomas Exhibit Elevated miR-33

To determine whether miR-33 was associated with granulomatous changes, LCM was employed. LCM of 60-day murine granulomas in wild-type C57 mice demonstrated significantly elevated miR-33 (5.7-fold,  $P \leq 0.05$ ) in granuloma, but not nongranuloma, areas versus sham control lung tissue (Figure 1G). Similarly, in macrophage-specific PPAR $\gamma$  KO mice, elevated miR-33 compared with sham controls was also present in 60-day granuloma (4.4-fold,  $P \leq 0.05$ ), but not nongranuloma tissue (Figure 1H). Because macrophages constitute the majority of BAL cells and a large portion of granulomas, our findings suggested that miR-33-positive macrophages may participate in granuloma formation.

### miR-33 Overexpression Represses Alveolar Macrophage ABCA1 and ABCG1

Alveolar macrophages differ functionally in many respects from other tissue macrophages (22). To our knowledge, miR-33 regulation in alveolar macrophages has not been studied.



**Figure 2.** miR-33 overexpression *in vitro* represses alveolar macrophage lipid transporters. Alveolar macrophages from wild-type mice were adhered and cultured *in vitro* for 48 hours with medium, lentivirus control (Lenti-control), or lentivirus-miR-33 (Lenti-miR-33; 25 ng) before qPCR analysis. Lenti-miR-33 elevated miR-33 expression (A) and repressed lipid transporter ABCA1 (B) and ABCG1 (C) expression compared with Lenti-controls. (D) PPAR $\gamma$  mRNA expression was unaffected by lenti-miR-33 overexpression. Data presented are means  $\pm$  SEM; \* denotes  $P$  value and number of samples per group.

Therefore *in vitro* studies were performed using primary, untreated, wild-type alveolar macrophages exposed to lentivirus control or lenti-miR-33 reagents. Compared with lentivirus control, 48-hour exposure to lenti-miR-33 significantly ( $P \leq 0.05$ ) elevated miR-33 (Figure 2A) and repressed both ABCA1 (Figure 2B) and ABCG1 (Figure 2C) in alveolar macrophages. PPAR $\gamma$ , however, was unchanged by miR-33 overexpression, as anticipated (Figure 2D). Control lentivirus had no effects on miR-33, lipid transporters, or PPAR $\gamma$  compared with medium control (Figures 2A–2D). These results confirmed that alveolar macrophage lipid transporters are sensitive to miR-33 repression.

#### Lipid Transporters, ABCA1 and ABCG1, Are Repressed and miR-33 Is Elevated in Sarcoidosis BAL Cells

Because MWCNT-induced granulomatous changes in mouse lung were reminiscent of those present in human sarcoidosis, we wondered if a similar miR33–lipid transporter pathway might occur in patients with sarcoidosis. Examination of BAL cells from patients with sarcoidosis revealed significant ( $P \leq 0.05$ ) repression of both ABCA1 and ABCG1 mRNA expression compared with healthy control BAL cells (Figure 3A). ABCA1/ABCG1 protein expression was similarly repressed ( $P \leq 0.05$ ) in patients with sarcoidosis compared with control subjects (Figure 3B). Exploration of miR-33 in sarcoidosis revealed significantly ( $P \leq 0.05$ ) elevated miR-33 (specifically, miR-33b) in sarcoidosis BAL cells (5.0-fold) compared with healthy control subjects (Figure 3C). Thus, our results mirrored the inverse association of elevated miR-33 and depressed lipid transporters observed in murine BAL cells after MWCNT exposure.

#### Elevated miR-33 Is Present in Sarcoidosis Granuloma Tissue

To evaluate possible miR-33 elevation in human granulomatous tissue, tissue slices for qPCR were prepared from cardiac surgery control (Figure 3D) and sarcoidosis (Figure 3E) lymph nodes. Because of the extensive granulomatous changes in sarcoidosis lymph nodes, it was not possible to obtain sufficient nongranulomatous areas for internal comparison. Results, however, demonstrated significant miR-33 up-regulation (17.2-fold,  $P \leq 0.05$ ) in sarcoidosis granulomatous lymph nodes

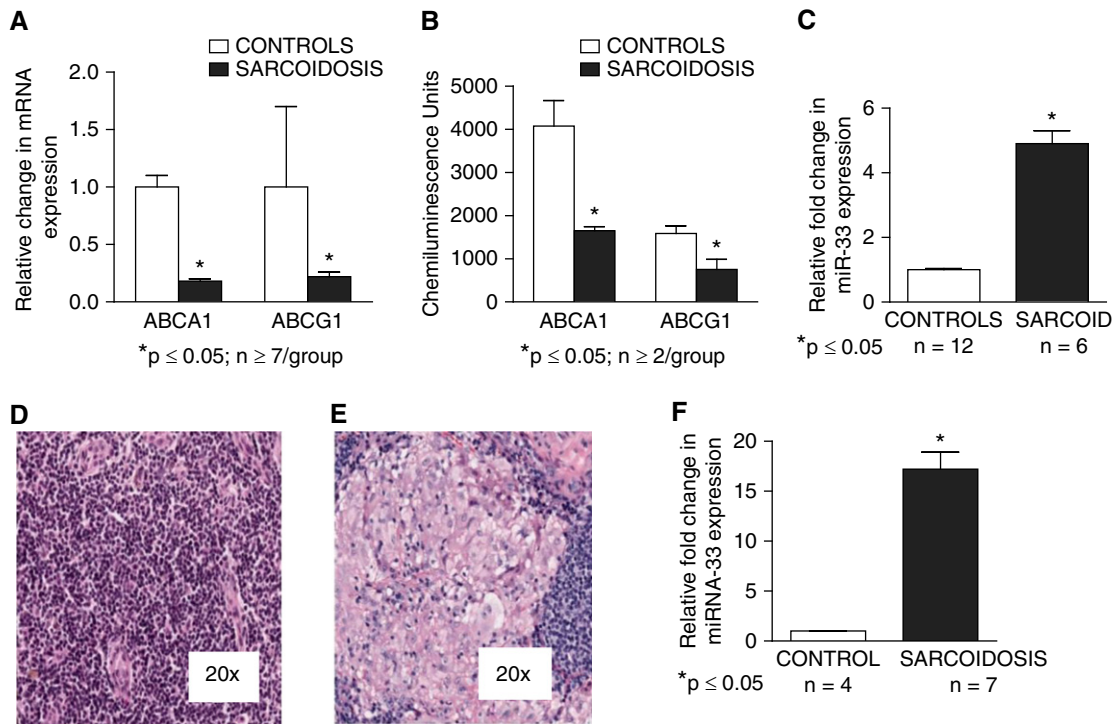
compared with cardiac surgery control subjects (Figure 3F). Examination of sarcoidosis epithelial cells provided no evidence of miR-33 alteration (mean fold change = 1.1;  $n = 5$ ;  $P > 0.05$ ) compared with healthy control epithelial cells ( $n = 5$ ), suggesting that miR-33 dysregulation may be cell type-specific and/or restricted to macrophage-rich granulomatous tissue.

## Discussion

These findings demonstrate, for the first time, that miR-33 may play a role in chronic pulmonary granulomatous disease via repression of alveolar macrophage lipid transporters, ABCA1 and ABCG1. Furthermore, studies document the retention of elevated miR-33 within granulomatous tissues, suggesting a possible contribution of miR-33 to granuloma pathophysiology. Our previous report revealed significant PPAR $\gamma$  repression in MWCNT-treated mice and established the importance of intact alveolar macrophage PPAR $\gamma$  in ameliorating inflammatory granulomatous changes (17). The current data extend these findings by uncovering PPAR $\gamma$ -regulated lipid pathways, which are also adversely affected in granulomatous disease. Finally, these studies illustrate the dysregulation of alveolar macrophage lipid transporters and miR-33 changes in human patients with sarcoidosis, as well as within the MWCNT chronic granuloma model.

miR involvement in lung cancer has been well studied, but miRs have only recently been recognized in other respiratory diseases (reviewed in Ref. 23). miRs are small, noncoding RNA forms that function as post-transcriptional negative regulators by inducing mRNA degradation or inhibiting translation (reviewed in Ref. 24). Crouser and colleagues (25) were the first to carry out genome-wide microarray analysis of miR in lung tissues and peripheral blood of patients with active sarcoidosis compared with disease-free control subjects. Results revealed a pattern of differentially expressed miRs that were predicted to target transforming growth factor  $\beta$ -regulated pathways (25).

To our knowledge, miR-33 has not been identified previously in the lung, but earlier miR studies did not focus on alveolar macrophages. Moreover, to directly examine granulomatous tissue, we used



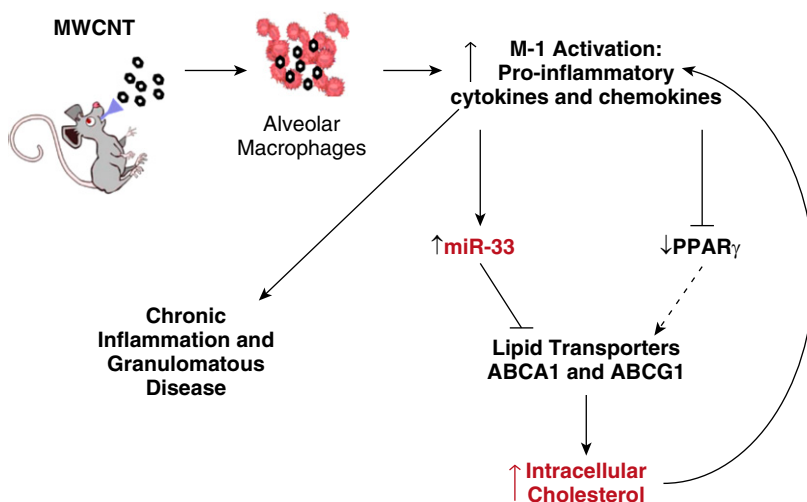
**Figure 3.** Lipid transporters ABCA1 and ABCG1 were repressed and miR-33 was elevated in patients with sarcoidosis. (A) Expression of both ABCA1 and ABCG1 mRNA was repressed in sarcoidosis BAL cells compared with healthy control cells, as analyzed by qPCR. (B) Capillary Western analysis demonstrates reduced ABCA1 and ABCG1 proteins in sarcoidosis BAL cells. (C) qPCR analysis showed elevated miR-33 in sarcoidosis BAL cells compared with healthy control cells. (D) Histopathology of control (cardiac patient) lymph node. (E) Histopathology of sarcoidosis lymph nodes showed extensive granulomatous changes. (F) qPCR analysis illustrates elevated miR-33 expression in sarcoidosis lymph nodes ( $n = 7$ ) compared with control nodes ( $n = 4$ ). Data presented are means  $\pm$  SEM; \* denotes  $P$  value and number of samples per group.

microdissection, which allowed us to separate granuloma and nongranuloma areas. Results clearly highlighted significant association of miR-33 only with

granulomatous tissue. Use of whole lung tissues in previous miR array studies may have masked detection of miR-33 in granulomas. Although our current data

suggest that macrophages, and not epithelial cells, are the source of elevated miR-33 in granulomas, additional microdissection studies of granuloma cellular components are needed to verify these results.

miR-33 has been identified as a critical component of cholesterol homeostasis (21). Because the lung is a major site of lipid synthesis and catabolism, due to the need for pulmonary surfactant (26), it is not surprising to find miR-33 expressed within the lung. As mentioned previously here, alveolar macrophages play a vital role in pulmonary cholesterol regulation via intracellular lipid transporters, ABCA1 and ABCG1. Deficiency of either transporter elevates pulmonary lipid content, which has dramatic pathophysiological consequences, as in Tangier disease (ABCA1 deficiency) (12) or in pulmonary alveolar proteinosis (ABCG1 deficiency) (27). Both ABCA1 and ABCG1 genes have miR-33-responsive elements (28) in mice, and our current data confirm miR-33 sensitivity in murine alveolar macrophages. In humans, only the ABCA1 gene has an miR-33-responsive element (28), and we find



**Figure 4.** Proposed mechanism of ABCA1 and ABCG1 involvement in chronic granulomatous disease. MWCNT uptake activates alveolar macrophages and elicits an inflammatory response of cytokines and chemokines. As a result, miR-33 is elevated and PPAR $\gamma$  is repressed, leading to decreased ABCA1 and ABCG1 lipid transporter expression, respectively, thus increasing intracellular cholesterol, which further exacerbates the inflammatory response.

elevated miR-33 and repressed ABCA1 in sarcoidosis. Previously, we reported depressed PPAR $\gamma$  in active sarcoidosis (8), and the current studies demonstrate that ABCG1, an liver X receptor (LXR)-independent (29) target gene of PPAR $\gamma$  is also repressed. Interestingly, macrophage-specific PPAR $\gamma$  KO mice intrinsically exhibit deficient ABCG1, together with elevated ABCA1 (30) and elevated miR-33—a conundrum that must be addressed in future studies. Notably, however, MWCNT treatment of PPAR $\gamma$  KO mice further elevates miR-33 levels, resulting in decreased ABCA1.

Dysfunction of pulmonary cholesterol transporters is now recognized as a cause of elevated intracellular cholesterol, which promotes inflammatory mediator responses (summarized Ref. 16). In addition to cholesterol regulation in the lung, lipid transporters are key elements of innate immunity, and deficiencies may lead to impaired immune cell homeostasis, further aggravating pulmonary

inflammation (15). Further studies are needed to pinpoint the nature of dysregulated lipid pathways in sarcoidosis lung, and possibly blood, in relationship to miR-33 elevation.

In summary, data from the current study are the first to describe miR-33 elevation within granulomas and alveolar macrophages from patients with sarcoidosis and MWCNT-instilled mice. Furthermore, our data are the first to show that miR-33 overexpression in alveolar macrophages dysregulates ABCA1 and ABCG1. These results lead us to hypothesize that there may be two pathways for lipid transporter dysregulation in chronic granulomatous disease—one associated with PPAR $\gamma$  deficiency and the other with miR-33 up-regulation triggered by an environmental challenge, such as MWCNT (Figure 4). Importantly, given that cellular cholesterol overload, such as occurs with PPAR $\gamma$  deficiency, is reported

to repress miR-33 expression (21), we speculate that inflammation-associated miR-33 up-regulation is a primary event in granulomatous disease macrophages, and not induced as a consequence of lipid dysregulation. Repression of lipid transporters then allows intracellular cholesterol to accumulate, thus providing a stimulus for maintaining a chronic inflammatory state analogous to atherosclerosis, in which feed-forward miR-33 up-regulation is sustained. Future studies will continue to explore these issues in the MWCNT granuloma model. As miR-33 antagonists are under preclinical investigation for cardiovascular disorders, we speculate that our findings may possibly establish the foundations of future studies for miR-33 intervention in sarcoidosis, and perhaps additional granulomatous disorders. ■

**Author disclosures** are available with the text of this article at [www.atsjournals.org](http://www.atsjournals.org).

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