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Systems-thinking approach to identify and assess feasibility of potential interventions to reduce antibiotic use in tilapia farming in Egypt

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Aquaculture

Systems-thinking approach to identify and assess feasibility of potential interventions to reduce antibiotic use in tilapia farming in Egypt --Manuscript Draft--

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| Abstract: | Antibiotics are used in aquaculture to maintain the health and welfare of stocks; however, the emergence and selection of antibiotic resistance in bacteria poses threats to humans, animals and the environment. Mitigation of antibiotic resistance relies on understanding the flow of antibiotics, residues, resistant bacteria and resistance geness through interconnecting systems, so that potential solutions can be identified and issues around their implementation evaluated. Participatory systems-thinking can capture the deep complexity of a system while integrating stakeholder perspectives. In this present study, such an approach was applied to Nile tilapia (Oreochromis niloticus) production in the Nile Delta of Egypt, where disease events caused by antibiotic-resistant pathogens have been reported. A system map was co-produced with aquaculture stakeholders at a workshop in May 2018 and used to identify hotspots of antibiotic use, exposure and fate and to describe approaches that would promote fish health and thus reduce antibiotic use. Antibiotics are introduced into the aquaculture system via direct application for example in medicated feed, but residues may also be introduced into the system through agricultural drainage water, which is the primary source of water for most fish farms in Egypt. A follow-up survey of stakeholders assessed the perceived feasibility, advantages and disadvantages of potential interventions. Interventions that respondents felt could be implemented in the short-term to reduce antibiotic usage effectively included: more frequent water exchanges , regular monitoring of culture water quality parameters , improved storage conditions for feed , use of probiotics and greater access to farmer and service providers training programmes . Other potential interventions included greater access to suitable and rapid diagnostics , high quality feeds , improved biosecurity measures and genetically-improved fish , but these solutions were expected to be achieved as long-term goals, with cost being of |

| | antibiotics. This is vital to ensuring the productivity of the tilapia sector in Egypt. The approach taken in the present study provides a means to identify points in the system where the effectiveness of interventions can be evaluated and thus it may be applied to other food production systems to combat the problem of antibiotic resistance. |
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| Opposed Reviewers: | |
| Response to Reviewers: | |

Subject: SUBMISSION OF A NEW MANUSCRIPT FOR EVALUATION

I am enclosing herewith a manuscript entitled "Systems-thinking approach to identify and assess feasibility of potential interventions to reduce antibiotic use in tilapia farming in Egypt" submitted to AQUACULTURE for possible evaluation.

With the submission of this manuscript, I would like to confirm that the above-mentioned manuscript has not been published elsewhere, accepted for publication elsewhere or under editorial review for publication elsewhere; and that my Institute's **[Royal Veterinary College]** representative is fully aware of this submission.

Select Type of Submitted manuscript:

• Original Article

For the Editorial Committee, I would like to disclose the following information about the project leading to this manuscript:

The research project was conducted under the supervision of:

[Professor Javier Guitian]

and the project was run as a collaborative research project.

| This research project was conducted from | 01/10/17 to | 31/05/2018 |
|--|---------------|-------------|
| | Starting date | Ending date |

My Research Project was partially(or fully) sponsored by the UK Medical Research Council with grant number MR/R015104/1.

Details of each author with their contribution in this paper:

| Name of the author and e-mail ID | Types of contribution | | | | | |
|----------------------------------|---|--|--|--|--|--|
| Andrew P. Desbois | Conceptualization; Formal analysis; | | | | | |
| andrew.desbois@stir.ac.uk | Funding acquisition; Investigation; | | | | | |
| | Methodology; Visualization; Roles/Writing | | | | | |
| | - original draft; Writing - review & editing. | | | | | |
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| | review & editing. | | | | | |

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| | Investigation; Methodology; Project |
| | administration; Visualization; |
| | Roles/Writing - original draft; Writing - |
| | review & editing. |

I would also like to share the following information with the Editor-in-Chief:

I have the following similar manuscripts already published from this project:

Brunton, L.A., Desbois, A.P., Garza, M., Wieland, B., Mohan, C.V., Häsler, B., Tam, C.C., Le, P.N.T., Phuong, N.T., Van, P.T., Nguyen-Viet, H., Eltholth, M.M., Pham, D.K., Duc, P.P., Linh, N.T., Rich, K.M., Mateus, A.L.P., Hoque, M.A., Ahad, A., Khan, M.N.A., Adams, A., Guitian, J., 2019. Identifying hotspots for antibiotic resistance emergence and selection, and elucidating pathways to human exposure: Application of a systems-thinking approach to aquaculture systems. Science of The Total Environment 687, 1344-1356. For a quick understanding of the importance of the project, the following are the significant findings of my submitted article?

We have identified the possible hotspots of antibiotic (mis)use, exposure and fate in the tilapia sector in Egypt through co-production of a system map with stakeholders. This map highlights key hotspots for antibiotic resistance emergence as direct application for example in medicated feeds, and through introduction of residues into the system from agricultural canal waste water. Through the workshop we identified possible interventions to reduce antibiotic use and have assessed the feasibility and acceptability of these interventions by a post-workshop survey. Interventions that respondents felt could be implemented in the short-term to reduce antibiotic usage effectively included: more frequent water exchanges, regular monitoring of culture water quality parameters, improved storage conditions for feed, use of probiotics and greater access to farmer and service providers training programmes.

How the findings of this research work are unique?

Our manuscript presents the first application of a 'systems-thinking' approach to the problem of antimicrobial resistance (AMR) in tilapia farming in Egypt and emphasises the need for full consideration of the multifaceted components of the production system when tackling an issue as complex as AMR. This approach has allowed us to identify targeted interventions to address antibiotic misuse and antibiotic resistance in tilapia farming, and assess the feasibility and acceptability of these interventions.

A paragraph explaining why your manuscript is appropriate for this journal

We feel your journal is placed perfectly to publish this interdisciplinary research from our multidisciplinary consortium, given the threat that AMR poses to safe and sustainable aquaculture, and the socio-ecological complexities of the AMR problem in aquaculture.

Response to reviewers

We wish to thank the reviewers for their positive comments, and additional feedback.

Reviewer 1

In line 740, Shen at al., 2018, was not the reference that was asked to be included and needs to be corrected before publication. The correct, most current and relevant reference that needs to be cited is:

Shen, et al. Integrated aquaculture contributes to the transfer of mcr-1 between animals and humans via the aquaculture supply chain, Environment International, 130, 2019, 104708, ISSN 0160-4120,

https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdoi.org%2F10.1016%2Fj.envi nt.2019.03.056&data=04%7C01%7Clbrunton%40rvc.ac.uk%7C86032bfe1bcf4910afa608d8f223 5233%7C45a3be7c94024fbead438d1faebfb42d%7C0%7C1%7C637525580811273622%7CUnknown %7CTWFpbGZsb3d8eyJWljoiMC4wLjAwMDAiLCJQljoiV2luMzliLCJBTil6lk1haWwiLCJXVCl6Mn0%3D% 7C3000&sdata=ilHCZdmpcY2gy40T6Uz60vBs2Dzl%2BaoEoaanUauawDM%3D&reserved=0

Thank you for highlighting this error. We have now corrected the reference to Shen et al. 2019.

Reviewer 2

Thanks for addressing my comments, I have no more comments, although please make texts in Figure 2 and Figure 4 more recognizable, currently they are not very easy to read.

Thank you for this suggestion. We have looked at how we can improve the text in these figures. It has not been possible to increase the text further in Figure 2 without negatively affecting the structure of the diagram. However, we believe that since the resolution is of high quality, readers should have no difficulty reading the text when the image is opened in full. For figures 4a and 4b we have enlarged the text as much as possible and have changed the orientation of the section labels to allow this, which we hope has improved readability.

Highlights

- A map of the tilapia sector in Egypt was co-produced with stakeholders at a workshop
- The possible hotspots of antibiotic (mis)use, exposure and fate were identified
- Possible interventions to reduce antibiotic use were proposed
- Feasibility and acceptability of interventions were assessed by a post-workshop survey
- A systems-thinking approach is important to identify targeted interventions to address antibiotic misuse and antibiotic resistance

1 Systems-thinking approach to identify and assess feasibility of potential interventions to reduce

2 antibiotic use in tilapia farming in Egypt

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17 Abstract

18 Antibiotics are used in aquaculture to maintain the health and welfare of stocks; however, the emergence 19 and selection of antibiotic resistance in bacteria poses threats to humans, animals and the environment. 20 Mitigation of antibiotic resistance relies on understanding the flow of antibiotics, residues, resistant 21 bacteria and resistance genes through interconnecting systems, so that potential solutions can be identified 22 and issues around their implementation evaluated. Participatory systems-thinking can capture the deep 23 complexity of a system while integrating stakeholder perspectives. In this present study, such an approach 24 was applied to Nile tilapia (Oreochromis niloticus) production in the Nile Delta of Egypt, where disease 25 events caused by antibiotic-resistant pathogens have been reported. A system map was co-produced with 26 aquaculture stakeholders at a workshop in May 2018 and used to identify hotspots of antibiotic use, 27 exposure and fate and to describe approaches that would promote fish health and thus reduce antibiotic 28 use. Antibiotics are introduced into the aquaculture system via direct application for example in medicated 29 feed, but residues may also be introduced into the system through agricultural drainage water, which is the 30 primary source of water for most fish farms in Egypt. A follow-up survey of stakeholders assessed the 31 perceived feasibility, advantages and disadvantages of potential interventions. Interventions that 32 respondents felt could be implemented in the short-term to reduce antibiotic usage effectively included: 33 more frequent water exchanges, regular monitoring of culture water quality parameters, improved storage 34 conditions for feed, use of probiotics and greater access to farmer and service providers training 35 programmes. Other potential interventions included greater access to suitable and rapid diagnostics, high 36 quality feeds, improved biosecurity measures and genetically-improved fish, but these solutions were 37 expected to be achieved as long-term goals, with cost being of one of the noted barriers to 38 implementation. Identifying feasible and sustainable interventions that can be taken to reduce antibiotic 39 use, and understanding implementation barriers, are important for addressing antibiotic resistance and 40 ensuring the continued efficacy of antibiotics. This is vital to ensuring the productivity of the tilapia sector 41 in Egypt. The approach taken in the present study provides a means to identify points in the system where

- 42 the effectiveness of interventions can be evaluated and thus it may be applied to other food production
- 43 systems to combat the problem of antibiotic resistance.

44 Keywords

45 Antibiotic resistance; antimicrobial resistance; One Health; aquaculture; tilapia; Egypt

46

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48 **1. Introduction**

Antibiotic resistance (ABR) is one of the greatest challenges we face in the 21st century and it is a classical
One Health problem with human, animal and environmental components (Robinson et al., 2016).
Antibiotic-resistant bacteria and antibiotic-resistance genes (ARG) transfer between these components,
which complicates the tracking of their flow and adds complexity when developing solutions (Robinson et al., 2016). The problem of ABR must be addressed to maintain the effectiveness of antibiotics in food
production and for patients in healthcare settings.

The global aquaculture sector is a major user of antibiotics, where these agents are applied to maintain the health and welfare of stocks, though usage and practices vary widely across the world (Henriksson et al., 2018; Lulijwa et al., 2020). Accordingly, the problems posed by ABR vary, though much of the burden of the issues encountered falls on low- and middle-income countries (LMICs), where controls on antibiotics may not be as strict or as strongly enforced as in wealthier counterparts (Robinson et al., 2016; Henriksson et al., 2018).

61 ABR in aquaculture poses a threat to human health and to the contamination of the environment with 62 antibiotic residues and resistant organisms. Many of the classes of antibiotics used in aquaculture are 63 identical to those used to treat terrestrial farm animals and human patients (Rico et al., 2013; Done et al., 64 2015; Lulijwa et al., 2020). In LMICs, aquaculture systems are highly complex and often integrated with other food production systems (Cantas et al., 2013; Chuah et al., 2016; Watts et al., 2017; Shen et al., 65 66 2019), such as through sharing of common water sources, making them highly vulnerable to the 67 introduction and widespread dissemination of ABR (Cabello et al., 2016; Brunton et al., 2019). The 68 complexity of these systems creates multiple points for human exposure to antibiotic residues, ARGs and 69 resistant organisms; our earlier study identified three key pathways for human exposure to these to occur 70 through occupational duties, consumption of contaminated food and environmental exposure (Brunton et 71 al., 2019).

72 Egypt produces more fish from aquaculture than the rest of Africa combined, with production trebling since 73 2005 to 1.56 million tonnes in 2018 (FAO, 2020). Aquaculture in Egypt is dominated by the production of 74 Nile tilapia (Oreochromis niloticus) in earthen ponds, with production concentrated in the northern regions 75 of the Nile Delta. The sector has undergone considerable expansion in recent decades, driven by the 76 development of privately-owned hatcheries and feed mills (El-Sayed, 2017), and Egypt produced 1,051,444 77 tonnes of tilapia in 2018 (FAO, 2021b). The sector is composed mainly of small-scale producers and the 78 value chain, including production constraints and consumer behaviour and preferences, has been described 79 in detail recently (Eltholth et al., 2015). Like tilapia producers elsewhere, fish farmers in Egypt experience 80 disease challenges (Ali et al., 2020), including infectious diseases caused by bacteria such as Aeromonas 81 hydrophila, enterococci species, Pseudomonas fluorescens and Streptococcus iniae (Aly, 2013; Osman et al., 82 2016; Osman et al., 2017). Antibiotics are used by farmers to treat infections in their stocks but antibiotic-83 resistant pathogens have been reported to cause infections in farmed tilapia in Egypt (Eltholth et al., 2015; 84 Ishida et al., 2010; Osman et al., 2016; Osman et al., 2017). It is essential that this problem is addressed to 85 ensure the sustainability and continued productivity of the sector, which supports livelihoods, particularly 86 in rural communities, and is a major source of affordable animal protein for the country's population. 87 Indeed, almost all tilapia production in Egypt is for domestic consumption and only 2,059 tonnes of product 88 were exported in 2018 (FAO, 2021a).

89 Many approaches can help to mitigate against the problems posed by ABR and this includes interventions 90 that decrease overall use of antibiotics, such as by reducing need and dependency on them. When 91 identifying mitigation measures for ABR, including ways to reduce the need for their application, it is vital to 92 include all relevant stakeholders in the process and the decision-making. Such participatory approaches 93 capture the range of views, lead to a sense of collective responsibility towards the problem, and ensure a 94 feeling of shared ownership towards solutions (Evans and Terrey, 2016; Blomkamp, 2018). Systems thinking 95 attempts to integrate the multi-level aspects of a system, including actors, processes, and governance 96 structures. The approach can be used to generate a map that can then be used to understand how an 97 intervention in one part of the system to address a problem will impact on the functioning of the entire

98 system, thus permitting the recognition of consequences in an attempt to avoid unintended negative 99 outcomes elsewhere in the system (Peters, 2014). Brunton et al. (2019) used a participatory system-100 thinking approach to consider points in aquaculture systems in Vietnam where ABR could emerge, or be 101 enriched through selection, by exposure to antibiotics and other selectors of ARGs. 102 In this present study, we aimed to identify potential interventions that may reduce antibiotic use (ABU) in 103 tilapia production systems in Egypt through a participatory systems-thinking approach with key 104 stakeholders. To meet this aim, it was necessary to (1) map the tilapia production system in Egypt; (2) 105 identify hotspots of ABU, exposure and fate within the system; (3) describe approaches that would 106 promote fish health, including the use of alternatives to antibiotics, and (4) conduct a follow-up survey of 107 key stakeholders to assess the perceived feasibility, advantages and disadvantages of potential 108 interventions to reduce or prevent ABU, including actual or perceived barriers to implementation.

109

110 **2. Methods**

111 2.1. Stakeholder workshop

112 A one-day participatory workshop was organised with aquaculture stakeholders in Kafrelsheikh, Egypt, on 113 10 May 2018. The workshop involved 44 participants from a range of disciplines and stakeholder groups, 114 including professionals from the aquaculture, livestock and veterinary sectors working in the private sector 115 (e.g., tilapia producers, input producers, agrovets, feed producers, and pharmaceuticals), academics, and 116 employees of international development and public sector institutions (Table 1). The expertise among 117 participants included aquaculture and aquatic health management, veterinary epidemiology and public 118 health, food safety, microbiology, marine biotechnology and medical anthropology. This range of 119 participants was invited to capture a diversity of perspectives, expertise and experiences, and to maximise 120 engagement and collaboration amongst distinct stakeholder groups. Participants were allocated to three 121 groups, each containing a mix of expertise. Outputs were compared between the groups, so to permit

cross-checking and discussion of the outputs as a method of validation. Each group contained two
 members of the research team, one of whom facilitated the activity (the facilitator) and another who took
 notes of discussions throughout the process (the recorder). All workshop activities were facilitated in
 English and simultaneously translated into Arabic by members of the research team and participants,
 where required.

127 The workshop activities consisted of introductory presentations, the main mapping exercise, and a final 128 plenary activity. During the introduction, participants were provided with a contextual overview of tilapia 129 production and value chain in Egypt, including post-harvest operations, the workshop aim and objectives 130 and planned activities, as well as an introduction to systems thinking and its application to food production 131 systems. To familiarise participants with the systems concept and the mapping process, an exercise was 132 conducted whereby each group was asked to draw a simple system on large whiteboards or paper sheets 133 affixed to the wall, exemplifying 'making a cup of tea'. Groups had to identify elements of the system such 134 as tangible and intangible components, including actors, infrastructure, governance systems and 135 relationships, and economic and environmental factors. The exercise introduced participants to the 136 mapping process and the importance of establishing boundaries (i.e., 'edges') with other systems. This 137 approach is based on the methodological framework proposed by the Network for the Evaluation of One 138 Health (NEOH) (Rüegg et al., 2018).

139 2.2. Mapping of the tilapia system

Each group was guided through the mapping activity to accomplish a series of objectives, and theseobjectives were framed to consider four dimensions of the system (Figure 1). The groups were asked to:

- *Map* the components of the system (e.g. production stages, inputs, outputs, actors and
 relationships);
- *Identify* any factors in the system that impact production and fish health;
- *Identify* where ABU and antibiotic residues occur in the system;
- Explore drivers of ABU in the system and decision making processes of stakeholders;

- Discuss possible interventions and alternatives to antibiotics, and
- *Identify* knowledge and data gaps.

The four dimensions within which these objectives were considered were the *human dimension*, related to stakeholder behaviour; *the pathogen and host factors*, including information on common pathogens and diseases in tilapia; *the environment*, considering information on related systems such as the agricultural and drainage systems; and *governance*, considering the influence and power of different stakeholders on decision-making or practices. A protocol was developed by the research team members to facilitate the mapping process, which included the key elements to be captured, such as suggestions for alternatives to antibiotics, and prompting questions to promote discussion and participation.

156 Participants were asked to identify hotspots on the maps where antibiotic residues or ARGs may be 157 present. Hotspots were defined in three ways, concerning system *nodes*, system *inputs* and *outputs*, and 158 system management. Nodes in the system represent junctions, where there is active use of antibiotics, or 159 where there is a potential presence of antibiotic residues or ARGs due to the flow of products through the 160 system (e.g., hatchery, nursery ponds, grow-out ponds, poultry farms, etc.). Products, inputs or outputs of 161 the system could contain antibiotic residues or select and/or enrich for ARGs (e.g., antibiotics, feed, manure 162 from poultry farms, drainage water, etc.). Management practices may involve the active use of antibiotics 163 or use of products containing antibiotic residues or ARGs (e.g., during the fertilisation stage of pond 164 preparation using poultry manure, the crop production using drainage water from aquaculture farms, etc.).

165

166 2.3. Plenary activity and follow up survey

167 The main findings from each group were summarised and presented back to all participants in a plenary 168 session, highlighting the key components of the system, major factors impeding production and good 169 management, drivers of ABU, the flow of antibiotics and residues in the system, and areas of disagreement 170 or inconsistency between the groups. Following this, a concluding exercise was conducted to compile information on alternatives to antibiotics that had emerged during the mapping process in each group. In
 addition, participants were asked to suggest any additional alternatives to antibiotics and interventions that
 may reduce ABU by improving fish health and to rank these based on perceived feasibility and
 effectiveness.

175 These discussions provided the foundation for a post-workshop survey to investigate the perceptions and 176 attitudes of the workshop participants, and additional stakeholders not in attendance, towards alternatives 177 to antibiotics and interventions aiming to improve fish health management practices and thus reduce ABU 178 (Supplementary file 1). The survey was structured and developed by the research team using information 179 gathered at the workshop, a review of existing literature, and expertise within the team. This resulted in a 180 list of 31 alternatives to antibiotics, or potential interventions, which were divided into eight groups. The 181 groups were: farm management practices; new breeds and genetic improvement; disease diagnostics; 182 monitoring and control; biosecurity; rewards and incentives; education and training; and alternative 183 therapies and products, e.g. vaccines, immunostimulants and others. Survey respondents were asked about 184 the perceived *feasibility* (short term, long term, or not possible to achieve), and advantages and 185 disadvantages (affordability, availability, ease and speed of application or implementation, and 186 effectiveness), and then to rank the interventions in terms of overall perceived importance to reduce ABU. 187 The survey was translated into Arabic and purposefully distributed by email to workshop participants via 188 SurveyMonkey, and in-person through the networks of the research team in the Kafrelsheikh Governorate 189 (completed either by email or face-to-face), aiming to reach aquaculture professionals, particularly farmers.

190 2.4. Analysis of maps, consensus map and validation

At the end of the workshop, each map developed by the three groups was photographed and translated by the research team into a single, consensus digital diagram using the web-based Lucidchart software (https://www.lucidchart.com/). The components of the consensus map were classified broadly into: (1) *pre-harvest activities and production*; (2) *inputs*, such as feed and chemicals; (3) *waste products*; (4) *post-*

- 195 *harvest activities* and (5) *governance, roles and responsibilities of actors* taking decisions in the systems
- 196 particularly in regard to fish and public health.

3. Results

198

199 3.1 Mapping tilapia production systems

200 3.1.1 Description of the system

201 Three workshop groups each constructed a map of the tilapia production system in the Nile Delta and it 202 was apparent that each group had focused to varying degrees on distinct parts of the system, which 203 probably reflected the different experiences of the participants in the groups. A consensus system map was 204 constructed from these original hand-drawn maps (Figure 2), and this was relatively simple given the near 205 complete absence of contradictory information. Tilapia is cultured almost exclusively in earthen grow-out 206 ponds that are prepared initially by draining and removing sediment. The pond is then sun-dried and 207 disinfected with lime, before filling with water. Thereafter, a bloom of microorganisms, most likely 208 phytoplankton, zooplankton and bacteria, is initiated in the pond water through fertilisation with organic 209 fertilisers such as poultry manure. This microbial community formed in the pond improves the water 210 quality, provides additional nourishment to the fish, and may confer some protection against pathogens 211 through niche closure and stimulation of the host immune system (Ahmad et al., 2017). 212 Grow-out earthen ponds (mean area ca. 1.3 ha) are usually located in the northern regions of the Nile 213 Delta, with a main water supply of agricultural drainage water. Grow-out ponds are stocked either with 214 mono-sex fry obtained directly from the local hatcheries, or by fingerlings that have been over-wintered in 215 on-farm nursery ponds. The stocking of grow-out ponds usually starts in March. Almost all tilapia farmers cultivate tilapia in polycultures with two species of mullet, the flathead grey mullet (Mugil cephalus) and 216 217 thin lip mullet (*Liza ramada*). Over the last 10 years, there has been a shift from mostly extensive 218 production to semi-intensive and intensive systems due to the increased availability of hatcheries and 219 commercial feed. Very few farmers have access to electricity and a limited number of farms use some type 220 of aeration; most farmers use diesel pumps to pump water in and out of ponds. Feed mills provide feed 221 formulated to contain a variety of raw ingredients, including soy bean meal (and oil extracted from the

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222 beans), corn, and blood and fish meal. More than 90% of fish farms are using formulated commercial feed 223 and almost all farmers add feed to the pond manually. Some feeds are supplemented with additives, such 224 as probiotics, prebiotics, minerals, enzymes and antimycotoxins, which aim to prolong the shelf life, 225 increase digestibility and enhance the fish health status. These supplements may be added during 226 manufacture at the mill, but often are incorporated into the feed by farmers themselves. Supplements are 227 sourced from specialist retailers called 'aqua shops' marketing products exclusively for fish producers, 228 although these outlets may also sell products intended for use in other livestock. 229 The water entering the system is derived mainly from agricultural drainage from terrestrial crop production 230 (ca. 70% of farms), with a small proportion of farms deriving water from the Nile (ca. 20%) and 231 groundwater (ca. 10%). A small number of ponds have access to irrigation water, but this is illegal to use for 232 fish production, while some others have access to lake water. The water is channelled via a network of 233 interconnecting canals that link the fish farms. Few farms have access to groundwater to fill or top up 234 ponds during water exchange meaning most farms rely on the canals, but this water may contain 235 chemicals, sediment and microorganisms. All farms release wastewater into the canal network, which 236 exacerbates potential cross-contamination and means water of poor quality, containing potentially 237 pathogenic microorganisms and drug residues, may be introduced back into the tilapia ponds. 238 Fish exhibiting suspect clinical signs of infectious disease (e.g., bacterium or parasite) may be treated by 239 adding disinfectants to the pond water, such as formalin, copper sulphate or potassium permanganate. 240 During episodes of increased morbidity and mortality in the grow-out ponds, farmers often reduce the 241 water level in the pond before adding medications to the water. However, low diagnostic capacity, 242 stemming from a lack of trained veterinarians with expertise in aquatic animal health, and reliance on a 243 range of providers of varying quality for diagnostic support, means that diseases are likely to be commonly 244 misdiagnosed. In addition, antibiotics are available over the counter (i.e. without the need of a veterinary 245 prescription), from aqua shops and similar retailers, where they may be incorporated into feed, either by 246 the feed mill upon request or at the farms by the farmers. Opinions of whether feed mills add antibiotics to 247 feed or not were inconsistent across workshop groups. One group suggested this to be a common practice,

while another group maintained that feed mills do not add antibiotics to feed. However, further discussions
with a feed mill owner confirmed that feed mills did add medications to feeds upon request, but this was
rare and costly. Furthermore, antibiotics may be added to the culture water to treat diseased fish at
hatcheries and nurseries.

At harvest, fish are netted and transported to the markets without refrigeration or via a rudimentary cold storage system (i.e. ice), which means the fish must be sold within a few hours (Figure 2, blue section). A limited network of wholesalers supplies a range of sales outlets, including supermarkets, restaurants, fry shops, and street side vendors.

256 The workshop maps showed that various government ministries are involved in governing the tilapia 257 production system. Ministerial involvement aims to promote and expand the industry. The Ministry of 258 Agriculture and Land Reclamation governs three main authorities: The General Authority for Fish Resources 259 Development (GAFRD), The General Organization for Veterinary Services (GOVS) and The Agriculture 260 Research Centre (ARC). The GAFRD drafts the legislation and regulations for fisheries and manages farm 261 licensing, aquaculture land use regulations, as well as extension and research services. The GOVS controls 262 the import/export of fish and conducts aquatic health surveillance, though this is not yet in place. The ARC 263 includes The Animal Health Research Institute (AHRI), which contains a department focused on the 264 management of fish diseases, and the Central Laboratory for Aquaculture Research (CLAR). The Ministry of 265 Water Resources and Irrigation controls water use and authorises the issuing of licences by The Ministry of 266 Agriculture and Land Reclamation to farmers to permit them to take water from the agricultural drainage 267 canals, though farmers rarely obtain such permits. It is illegal to take water from the Nile for aquaculture 268 use, although this may occur to a small degree. 269 The Ministry of Environment oversees the use of land for aquaculture purposes through the Egyptian

Environment Affairs Agency (EEAA). The establishment of new fish ponds must be subject to an
Environmental Impact Assessment (EIA), which is reviewed by the EEAA. The scope and depth of the EIA is

determined by the EEAA on the basis of the information provided in the application, and will vary

depending on factors such as whether the farm is situated in an urban setting, or an ecologically sensitiveor protected area.

The National Food Safety Authority (NFSA) carries out inspections and performs laboratory analysis of fish
 samples for the domestic market and to meet export conditions as required. The Ministry of Higher
 Education and Scientific Research includes educational and research institutes that support the tilapia
 sector with qualified aquaculture specialists and research outputs to improve the industry.

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Boundaries to the tilapia production system map include: the sources of ingredients for feed, including feed
additives; international and overseas agencies of governance; crop production; poultry (and other
livestock) production; production of chemical inputs (e.g., disinfectants, antibiotics); feed supplements; ice,
energy, and brood stock; domestic wastes that may contaminate water sources; production of equipment

such as nets and tanks; sales and marketing outlets; and service providers (e.g. veterinarians etc.).

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286 <u>3.1.2 Factors that impact production and fish health</u>

287 Different stakeholders participating in the workshop emphasised factors that impact production and fish

health. Producers mentioned several factors that often appeared to be interconnected, including the high

289 prices of the inputs and dependency on value chain stakeholders, fluctuation of market prices of the

290 products, access to clean water and irrigation systems, losses due to diseases, and regulations such as the

291 restrictions in the irrigation systems and the marketisation of products.

292 Fish health and management stakeholders mentioned occasional moderate mortality rates and outbreaks,

293 but disease was often described to be linked to management deficiencies. In particular, poor water quality

294 was described to be a key factor impacting fish health by different stakeholders. Further, workshop

295 participants observed that pressure to produce a timely harvest favoured short-term solutions and

296 prophylactic use of veterinary products, instead of investing or focusing on improved disease prevention

and control, management and biosecurity.

Stakeholders mentioned the generalised lack of monitoring for water quality parameters at the farm level, and many producers rely solely on organoleptic characteristics to determine water quality. Similarly, there is no widespread use of disease diagnostic tests and antibiotic susceptibility testing, which often results in recurrence of infectious diseases and ineffectual empirical treatments.

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303 <u>3.1.3 Antibiotics in the system</u>

304 Fish mortality was the main driver directly leading to ABU, generally described to be applied to treat stocks 305 with evidence of clinical signs, but participants also mentioned occasional prophylaxis when neighbouring 306 farmers were experiencing an outbreak suspected to be due to an infectious disease. The most common 307 product referenced was oxytetracycline (a tetracycline), though sulphonamides and other antibiotic 308 substances were also mentioned in discussions. During a visit to two aqua shops in the locality of the 309 workshop by the research team, products containing dihydrostreptomycin (an aminoglycoside), 310 oxytetracycline, ciprofloxacin (a fluoroquinolone), erythromycin (a macrolide), and sulphadimidine (a 311 sulphonamide) were observed for sale.

312 One direct way antibiotics enter the system is from the aqua shops and similar retailers. Antibiotics are 313 used to treat diseases and these may be added to feed or to the pond water particularly where water-body 314 volumes are smaller such as at hatcheries and nurseries, though grow-out pond water levels can be 315 reduced for treatment in this way by releasing water into the agricultural drainage canals. Antibiotics may 316 also be introduced into the tilapia production system as residues in wastewater derived from other 317 systems, including domestic waste, which enters into the agricultural drainage canals used subsequently by 318 fish farmers to replenish the ponds. Thus, these canals represent a potential source and reservoir of 319 antibiotic residues, which allows them to be transported widely across the system. A further possible 320 source of antibiotic residues and resistant bacteria entering the tilapia production system may be the use of 321 organic wastes, such as untreated poultry manure, to fertilise the ponds prior to stocking.

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323 Having plotted the movements of antibiotics within the system, the workshop groups proceeded to identify 324 hotspots where the presence of antibiotics or residues, or other conditions or compounds, may select for 325 resistant organisms containing ARGs. Hotspots identified included: hatcheries and nurseries, where 326 antibiotics may be applied to prevent or treat disease events; the drainage canals and the water contained 327 within, where residues from various systems are transported and may accumulate; and the grow-out ponds 328 at the farms, where antibiotics may be introduced during fertilisation with poultry manure, during 329 application of medicated feeds, from the introduction of contaminated canal water, or where the 330 application of co-selectors of ARGs such as disinfectants are applied. Further hotspots included the feed 331 mills, where antibiotics may be incorporated into fish feed, and in crop and poultry production, where antibiotics may be applied to prevent or mitigate infectious diseases or as growth promotors. 332

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334 <u>3.2. Attitudes and perceptions of survey respondents</u>

A total of 69 responses to the survey were received within six weeks of the workshop. Respondents represented a variety of stakeholders as described in Figure 3, but primarily fish farmers (n=51). Of the 69 respondents to the survey, 74% were not present at the workshop. Response rate for individual questions ranged from 84% to 100%, with 84% of respondents completing the survey in full. All 51 farmers were surveyed face-to-face and completed the survey in full. A summary of the responses from the entire survey is presented in Figures 4a and 4b.

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Improving water exchange practices and storing feed in more suitable conditions were perceived to be most achievable in the short-term to improve fish health, mainly because these actions were felt to be effective and relatively easy and inexpensive to implement. Using pond fertilisers most appropriately was perceived to be a possible solution to be implemented in the short-term, but only 10% of respondents thought that this approach would actually be effective in improving fish production and reducing ABU. There was an agreement that pond modifications allowing fish to select thermal preference (Cerqueira et al., 2016; Tabin et al., 2018) could be achieved and such changes were felt strongly to be effective, but 349 there was a split in opinion on the possible timescale required for this intervention, which was also 350 perceived to be expensive. More than 40% did not know whether better quality, nutritious feed than what 351 is currently available could be achieved (e.g., by sourcing higher quality ingredients and improved 352 manufacturing practices) and this likely reflects the lack of knowledge among respondents regarding the 353 potential impact on productivity and fish health, or what is needed for this to be accomplished. 354 Furthermore, it was clear that alternative sources to the agricultural drainage water were not thought to be possible due to the current restrictions on water use imposed by existing legislation, despite being 355 356 identified to be an effective way to improve fish production and reduce ABU. 357 358 There was strong support for the development of genetically improved fish for disease resistance as a long-359 term goal and an effective strategy to reduce disease and ABU, but disease-resistant strains were

360 recognised to be unavailable and costly to develop. There was strong support for the introduction of rapid 361 diagnostics and a role for the routine application of antibiotic sensitivity testing as effective ways to reduce 362 disease and ABU, although there was a split in opinion on whether this was achievable. The majority of 363 respondents indicated that such tests were unavailable, with others saying the prohibiting factor in their 364 implementation was high cost.

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Respondents perceived short-term benefits to be delivered by monitoring water quality parameters, such as dissolved oxygen levels and water 'transparency', and making an inventory of fish clinical signs and behaviour to inform diagnosis, which largely stemmed from being relatively easy to implement, although there were concerns around the cost of tests. Improved biosecurity was perceived to be achievable by most respondents as a way to reduce disease outbreaks and ABU, with most thinking this would be effective. Although almost a third of respondents felt this would not be possible due to the cost, and the difficulty and time needed to achieve improvements.

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374 There was support for developing export markets, certification and quality assurance schemes as long-375 term, effective strategies to reduce disease outbreaks and ABU. However, many respondents were unsure 376 of the benefits and barriers to developing export markets. Producer associations and cooperatives were 377 thought by many respondents to be easy to establish, though many respondents were unsure whether this 378 could be realised. The questions pertaining to education and training showed an appetite amongst 379 respondents for learning and acquiring new skills, and this was seen as achievable in the short term, easy 380 and effective for reducing ABU and disease outbreaks, although concerns were raised about cost (mostly) 381 and a lack of availability.

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383 Various alternatives to antibiotics for preventing and treating disease had been proposed during the 384 workshop discussions. Amongst these, the use of vitamin C, probiotics and immunostimulants all received 385 strong support and were perceived to be capable of delivering benefits in the short-term due to their 386 effectiveness, low cost, ease of availability and ease of use. Application of natural plant extracts was 387 perceived to offer benefits for similar reasons; however, their use was envisaged further in the future. Few 388 respondents viewed vaccination positively in its potential effectiveness to reduce disease and ABU, possibly 389 due to lack of availability, and there was little knowledge of the potential of bacteriophage therapy in 390 disease control.

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Finally, in a ranking exercise, improved farm management practices and biosecurity were ranked highest in terms of importance to reduce ABU and improve aquaculture, with (presumably overt) rewards and incentives perceived to be least important by a considerable margin (Figure 5).

395

396 **4. Discussion**

The aim of this study was to identify potential interventions that may reduce ABU in farmed tilapia production in Egypt using a participatory systems-thinking approach with key stakeholders from this industry. A consensus map of the farmed tilapia production system was created and used to identify possible hotspots of ABU and emergence of ABR, routes of antibiotic flow through the system, and interactions with other systems. Thereafter, approaches that would promote fish health and reduce or prevent ABU were proposed, discussed and their perceived feasibility assessed by key stakeholders through a survey that followed the workshop.

404 Previous assessments of the tilapia sector in Egypt using value-chain analysis have provided information 405 concerning structure and performance, and identified key constraints within the sector (Macfadyen et al., 406 2012; Eltholth et al., 2015). Here, a systems-thinking approach was taken to integrate the multi-level 407 aspects of the system, such as governance and the environment, and to provide a framework for exploring 408 how a proposed intervention to mitigate ABR at one point in the system might affect the functioning of the 409 entire system. Such an approach is needed due to the complexity of the system, and the participatory nature of the approach is beneficial because it can capture a range of views, leads to a sense of collective 410 411 responsibility towards a problem, and provides a feeling of shared ownership towards solutions (Evans and 412 Terrey, 2016; Blomkamp, 2018). Mapping the system provided the means to visualise ABU in the sector, 413 which allowed for identification of how and where in the system antibiotics are introduced, how and where 414 they are transmitted, and the points in the system that represent potential hotspots for the emergence and 415 selection of ABR.

In a previous study, a similar approach was used to identify hotspots for the emergence of ABR in striped
catfish and shrimp farming in Vietnam (Brunton et al., 2019). Similarities between the aquaculture
production systems in Egypt and Vietnam emerged with respect to the locations of hotspots for the
emergence of ABR, with culture ponds, feed mills and markets identified in both exercises (Brunton et al.,
2019). Moreover, these hotspots hold the potential for human exposure to antibiotic residues, ARGs and

antibiotic-resistant bacteria. Other studies have reported similar findings, with a variety of antibiotic
residues being detected in aquaculture ponds in Vietnam (Le et al., 2005; Andrieu et al., 2015; Giang et al.,
2015; Nakayama et al., 2017), and antibiotic-resistant bacteria detected in aquaculture ponds in Egypt
(Ishida et al., 2010; El-Gohary et al., 2020).

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426 Mapping the farmed tilapia production system highlighted the interaction between aquaculture and 427 agricultural systems, with water contaminated with antibiotic residues able to permeate the whole delta 428 and move between other systems, including crop and terrestrial animal production systems. For example, 429 poultry manure and litter are commonly used as fertiliser for fish farming due to its nutritional value 430 (Mahmoud and Abdel-Mohsein, 2019), but it is rarely treated (e.g. pasteurised) before use (Eltholth et al., 431 2015). This can represent a possible source of antibiotic residues (Petersen et al., 2002), in particular 432 tetracyclines, which are used extensively in poultry production in Egypt (Mahmoud and Abdel-Mohsein, 433 2019). Tetracycline concentrations exceeding European Union maximum residue limits (100 μ g/kg) have 434 been detected in wild and farmed tilapia in the Nile delta region, with greater concentrations in farmed 435 versus wild samples suggested to be due to the use of contaminated poultry manure as pond fertiliser 436 (Mahmoud and Abdel-Mohsein, 2019). Indeed, high concentrations of tetracycline residues were detected 437 even on fish farms with no recent history of using this antibiotic (Mahmoud and Abdel-Mohsein, 2019), 438 indicating soil and groundwater may act as reservoirs for antibiotic residues (Boxall et al., 2003). In 439 addition, high levels of ARGs have been detected in poultry manure and litter, and these genes may be 440 carried by pathogens (Abu-Elala et al., 2015; Mahmoud and Abdel-Mohsein, 2019) and commensal bacteria alike. 441

442

Availability of and accessibility to irrigation canal water was a key challenge that emerged during both the workshop discussions and from the survey data. Agricultural drainage water is the main water supply for most fish farms in this region of Egypt, but it represents a major biosecurity risk and is a key potential 446 source of antibiotic residues, ARGs and antibiotic-resistant bacteria that may contaminate the culture 447 ponds (Eltholth et al., 2015). The use of irrigation water in fish ponds is not allowed because it is prioritised 448 for agricultural use (GAFRD Law No 124/1983). Since agricultural drainage water can be detrimental to fish 449 health and growth, it has been suggested instead to use irrigation water primarily in aquaculture and then 450 use the aquaculture effluent in agriculture as a source of water and organic fertiliser (Henriksson et al., 451 2017). While this would not stop chemical and biological hazards from fish ponds being disseminated to the wider environment, it might lead to an overall reduction in the transmission of such hazards, if water 452 453 quality improvements, including lower levels of pathogens, lead to reduced application of antibiotics in 454 aquaculture. This is worthy of consideration but may not be possible in Egypt, as the land set aside for 455 aquaculture is mostly downstream of agricultural crops. According to workshop participants, about 20 to 30% of water is exchanged every day under normal circumstances; however, the frequency and volume of 456 457 water exchanged depend on the stage of production, size of fish and the season (Eltholth et al., 2015). The 458 main purpose of pumping water is to increase the dissolved oxygen level in pond water. During outbreaks, 459 some farmers reduce the level of pond water to the minimum to administer a treatment to the fish 460 (Eltholth et al., 2015). Many respondents to the survey reported that more frequent water exchanges 461 would be feasible in the short term, and felt that this would be effective in improving fish health. This may 462 not be the case where the quality of incoming water is inadequate, and thus may be counter-productive, 463 which could indicate some misunderstanding among respondents of the water quality problems and how 464 best to solve them.

465

Demand for fish is increasing in Egypt due to a growing population and increased per capita consumption in
the last two decades, likely due to economically incentivised changes in consumer preferences and
increased accessibility (i.e., low-cost domestic fish production, improvements in distribution networks, etc.)
(Murphy et al., 2020). Indirect price controls on tilapia have been imposed by the government through the
introduction of an export tax for tilapia, and this policy has created tension between a government aiming

471 to ensure a reliable, low cost and secure supply of animal protein for the population in the country and 472 tilapia producers keen to maximise profits. Survey respondents expressed a strong desire to explore and 473 expand exporting opportunities, and it was suggested that this could act as a driver to reduce ABU by 474 raising production standards and allowing farmers to sell fish at higher prices, as observed elsewhere 475 (Nguyen and Jolly, 2020). Currently, a notable barrier to exporting tilapia from Egypt is the need for a 476 comprehensive residue monitoring system and disease testing framework, both of which are required for 477 export to the European Union and the United States (Fitzsimmons, 2008; Eltholth et al., 2015). In addition, 478 the costs associated with higher standards of production, limited processing facilities and ability to add 479 value, and lack of by-product industries represent important barriers to export (Fitzsimmons, 2008; Eltholth 480 et al., 2015). Previous research has shown the importance of the local market, where tilapia consumption is 481 greater amongst the communities in high production areas than in non-production areas where fish may be 482 available only once per week on market day (Eltholth et al., 2015). Currently the tilapia market is 483 dominated by a few large wholesalers who control the price (Soliman and Yacout, 2016), and the national 484 government seeks to ensure the tilapia industry offers food security for the population, meaning 485 production for the domestic market is prioritised. Indeed, the building of government aquaculture farms, 486 such as the Birkat Ghalioun fish pond project (Feidi, 2018), illustrates the government's plans to meet the 487 increased demand for fish for the population (El-Gohary et al., 2020). However, it is conceivable that 488 greater revenues resulting from exporting tilapia could provide the income necessary to secure the supply 489 of alternative high-protein foodstuffs.

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Improvements to diagnostic capacity and a need for alternatives to antibiotics were frequently mentioned at the workshop and these deficiencies are often highlighted by aquaculture farmers in LMICs (Ninawe et al., 2017; Stentiford et al., 2017; Garza et al., 2019). While improved diagnostics were considered favourably by respondents, the consensus was that cost was a barrier and it is difficult to envisage how this situation will improve to meet the needs of farmers in the near future, given the significant investment that 496 would be necessary. The use of probiotics and immunostimulants may offer a feasible and relatively 497 inexpensive option to reduce the need for antibiotics by improving the health and welfare of stocks 498 (Chauhan and Singh, 2019). There have been numerous trials with these products in tilapia, for example 499 dietary supplementation of Nile tilapia with Bacillus subtilis and Saccharomyces cerevisiae was associated 500 with improvements in selected measures of immunity and an enhancement of fish flesh quality (Elsabagh 501 et al., 2018; Opiyo et al., 2019). In addition, probiotics can be used to modify the microbial composition of 502 pond water to improve water quality (De Schryver et al., 2014). Still, much more needs to be done to 503 ensure probiotics are tested appropriately and confirmed to be effective under farm conditions (Partridge, 504 2016; Knipe et al., 2020).

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506 Meanwhile, few survey respondents viewed vaccination positively for its potential effectiveness to reduce 507 disease and ABU, even though vaccination programmes can lead to massive reductions in ABU, such as has 508 been seen in Atlantic salmon farming around Scotland and Norway (Sommerset et al., 2005; Adams, 2019). 509 It was discussed at the workshop that there are few vaccines available for tilapia, and that these are currently injection vaccines, whereas immersion vaccination would be more appropriate. Although there 510 511 was little knowledge of the potential of bacteriophage in disease control, this is less surprising given it is not 512 an established technology like vaccination (Gon Choudhury et al., 2017). The lack of appreciation for the 513 potential of vaccination programmes to improve fish health may be due, in part, to a lack of awareness and 514 lack of availability of vaccines for tilapia diseases. However, it is encouraging that there was an appreciation 515 by survey respondents for the importance of education and training to improve the ABR situation in tilapia 516 farming, indicating a possible avenue to raising attention to the success of vaccination programmes in 517 improving fish health and reducing ABU. More broadly, this appetite for learning provides a platform that 518 can be used to improve many aspects of tilapia production in the country. Indeed, the impact of training 519 farmers in best management practices (BMP) has been assessed in the aquaculture sector in Egypt (Dickson 520 et al., 2016; Henriksson et al., 2017). Providing farmers with BMP training improves farm profitability

though not necessarily productivity, and the considerable economic, social and environmental gains from
investment in training of fish farmers in Egypt is well recognised (Dickson et al., 2016). Indeed, Henriksson
et al. (2017) used lifecycle assessment to show that BMP training of tilapia farmers in Egypt reduced
lifecycle environmental impacts by 22%.

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526 A limitation of this present study was the absence of policy makers from government agencies, as this 527 would have provided broader context and a better understanding of the decision-making processes at 528 national level. However, the presence of government representatives could have altered the dynamic of 529 the workshop, and influenced the responses of the ground-level stakeholders identified for inclusion in this 530 present study. It was important to capture the views of these stakeholders on the acceptability and 531 feasibility of the interventions, given that the proposed interventions will have greatest impact upon them 532 and will most likely need to be implemented by them. Having captured these views, engagement with 533 government is a priority and is essential to understand how best to influence policy, particularly on water 534 use and the constraints to exporting tilapia to different territories, and how any barriers may be surmounted. In addition, this engagement would be useful for identifying potential resources and means to 535 536 deliver the desired increase in diagnostic capacity. Therefore, a smaller, focused follow-up workshop is 537 proposed to include a broader range of stakeholders, including those representing relevant government 538 agencies and other systems like poultry production, while also ensuring the key opinions from attendees at 539 our initial workshop are represented through inclusion of a subset of delegates from the fish farming 540 stakeholder community. It is by this approach that acceptable, sustainable interventions to reduce ABU, 541 and thus the problem of bacterial ABR, can be introduced to deliver beneficial change in the aquaculture 542 sector.

543

544 A further limitation of this study is that participants and respondents lack of knowledge or experience with 545 specific interventions may have influenced their responses to the survey. Though some information was 546 provided in the descriptions of each intervention in the questionnaire, this may still have been insufficient 547 for responders to make an informed judgement. This could potentially skew responses both ways, 548 depending on how optimistic or pessimistic the responder may be towards a new intervention. This could 549 be mitigated in future studies by providing more opportunities for training and discussion to achieve a 550 shared understanding of the interventions prior to collecting participants' views. Language may represent a 551 further barrier to understanding and, though reasonable steps were taken to mitigate this risk, it is not inconceivable that misunderstanding could have happened. The workshop was led in English by the 552 553 research team, with concurrent translation into Arabic by a member of the research team fluent in both 554 languages. Each workshop group was facilitated in English with a translator present. The survey was written 555 in English and translated into Arabic before dissemination, whilst responses provided in Arabic were 556 translated back into English by a member of our research team.

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The range of suggested interventions above can be enacted by various stakeholders in the tilapia production system in Egypt. The benefit of the systems-thinking approach is that it allows for consequences of actions to be assessed and predicted, while also providing a means to select points in the system where the effectiveness of interventions could be evaluated through the collection of empirical data, thus helping to focus limited resources most effectively (Adam and de Savigny, 2012; Peters, 2014). These data can be used to confirm or quantify risks and could consist of measures such as concentration levels of antibiotic residues or presence of ARGs in the bacterial populations in the system.

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In conclusion, this present study provides a foundation for the perceived acceptability and feasibility of possible interventions that can reduce ABU in tilapia production in Egypt and other countries with similar production systems and thus mitigate against the broader problems posed by ABR. This will help the sector to remain productive and increase its resilience to ABR but also to infectious diseases, while securing livelihoods and ensuring farmed tilapia is a safe and nutritious source of food. Systems-thinking and 571 participatory approaches to create systems maps are important when determining the points within 572 systems where interventions can be implemented, with feasibility and stakeholder acceptance being crucial 573 considerations for the success of any intervention (Siokou et al., 2014). These same system maps can be 574 used to assist in selecting points to monitor and assess the effectiveness of proposed interventions, a 575 better understanding of which is crucial if we are to be successful in reducing overall ABU and tackling the 576 global problem of ABR (Wernli et al., 2020). 577 578 Acknowledgements 579 We would like to acknowledge the workshop and survey participants, and members of the wider AMFORA

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583

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587

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764 Tables

Table 1: Professions of workshop participants. Some participants represented more than one organisation.

| Organisation | n |
|--|----|
| UK-based academics (from 3 institutions) (research team) | 8 |
| Egypt-based academics (from 4 institutions) | 13 |
| WorldFish Egypt | 5 |
| National Research Institute (ICLAR) | 1 |
| Feed factory owner | 1 |
| Farmers/fish farm owners | 15 |
| Pharmaceutical company representative/trader | 1 |
| General Organisation of Veterinary Services | 2 |

766 Figures

- Figure 1: Workshop objectives of the mapping activity, framed within four dimensions. Participants wereasked to consider each of the dimensions when working through each objective
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Figure 2: Consensus map of the farmed tilapia production system in Egypt

- Figure 3: Occupations of respondents to the post-workshop survey.
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Figure 4a: Summary of responses to the post-workshop survey on the feasibility of various interventions toreduce ABU and improve fish health.

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Figure 4b: Summary of responses to the post-workshop survey on the advantages and disadvantages ofvarious interventions to reduce ABU and improve fish health.

780 Figure 5: Mean score of importance for each group of interventions (8 = highest score available and 1 =

781 lowest score available)







| | Regular water changes | | | | | | | | |
|--------------------|--|-----|----------|------|------|-------|-------|-------|-----|
| | Improved feed storage | | | | | | | | |
| | Appropriate use and application of fertilisers | | | | | ł | | | |
| Management | Pond construction | | | | | | - 11 | | |
| | Good and hygienic feed manufacturing practices | | | | | | | | |
| | Use high quality feed ingredients | | | | 18 | | 1 | | |
| Alter | mative water sources to agricultural drainage water | | | | | | 1 | | |
| Breeds / geneti | c Selective breeding of disease resistant fish | | | | | | | 1 C - | |
| improvement | Use genetically modified fish | | | | | | | | |
| | Use of probiotics | | | | | | | | ¥. |
| | Use of vitamin C to improve immunity | | | | 18 | - | | | |
| 111000000000000000 | Use of immunostimulants | | | | | | | | 4 |
| Alternatives to | Use of natural plant extracts | | | | | | | | |
| antibiotics | Use of Nanomaterials with antibacterial properties | | | | | | 1 | | |
| | Use of bacteriophage to treat bacterial diseases | | | | | | | | |
| | Vaccination | | | | | | | | |
| Discostics | Rapid diagnostic tests for use on farm | | | | | | | | |
| Diagnostics | Routine antibiotic sensitivity testing | | | | | | | | |
| M | lonitor water standards (transparency, oxygen, etc.) | | | | 1 | | | | |
| Monitoring | Monitor fish behaviour | | | | | | | | |
| and control | Monitor the number of microorganisms in water | | | | | | | | |
| | Monitor the number of microorganisms in fish | | | - | | | | | |
| Piececurity | Biosecurity of the farm | | | | | - | | | |
| biosecurity | Biosecurity of neighboring farms | | 0 | i. | | | | | |
| | Certificates and quality assurance system | | | | | | 100 | | |
| Rewards and | Expanding the export trade market | | | | | - | | | |
| incentives | Producer associations and cooperatives | | | | | | 1 | | |
| Education | Training workshops | | | | Ì | | | | |
| and training | Awareness raising of risks of AMR | | | | 1 | | | | |
| | -100 | -75 | -50 | -25 | 0 | 25 | 50 | 75 | 100 |
| | | | Not post | able | Long | -term | Short | -term | |

| | | | _ | | | _ | _ | - | | - |
|-----------------|---|---|--|------|-----|---|---------------------|------------|------------|-----|
| | Regular water changes | | | | | | | _ | _ | |
| | Improved feed storage | | | | | | | _ | | |
| Managanan | Appropriate use and application of fertilisers | | | | | | _ | | _ | _ |
| Management | Pond construction | | | | | | | | | |
| | Good and hygienic feed manufacturing practices | | | _ | 100 | | | | | |
| | Use high quality feed ingredients | | | | | | | - 2 | | - |
| Alter | native water sources to agricultural drainage water | | | _ | _ | | | | | |
| Breeds / gene | tic Selective breeding of disease resistant fish | | | - | - | | | | | |
| improvement | Use genetically modified fish | | 8 8 | | | | | | - | |
| | Use of probiotics | | | | | | | 1 | | |
| | Use of vitamin C to improve immunity 📘 | | | | | | | | | |
| Alternatives | Use of immunostimulants | | | | | | | | | |
| Anternatives t | Use of natural plant extracts | | | | | | | 1 | | |
| antibiotics | Use of Nanomaterials with antibacterial properties | | | | | | | | | |
| | Use of bacteriophage to treat bacterial diseases | | | | | | - | | | |
| | Vaccination | | 10 | | | | | | | |
| | Rapid diagnostic tests for use on farm | | | | | - | | _ | - | |
| Diagnostics | Routine antibiotic sensitivity testing | | 11 | | | | in the second | | | |
| M | onitor water standards (transparency, oxygen, etc.) | | - | | | - | | | - | |
| Monitoring | Monitor fish behaviour | | _ | | | - | | - | - | |
| and control | Monitor the number of microorganisms in water | | 10 | | | | _ | _ | | - |
| | Monitor the number of microorganisms in fish | H | | | | | | | | |
| Diococurity | Biosecurity of the farm | | - | - | - | - 15 | | | | |
| biosecurity | Biosecurity of neighboring farms | | 1 | | | | | | | |
| | Certificates and quality assurance system | | | - | | | | | | |
| Rewards and | Expanding the export trade market | | | - | | 8 85 | | - | | |
| incentives | Producer associations and cooperatives | | | | | | | | | |
| Education | Training workshops | | - | | | | | | | |
| and training | Awareness raising of risks of AMR | | | | _ | | 1 | | | |
| 800000000000000 | -100 | • | -75 | -50 | -35 | 0 | 25 | 50 | 75 | 300 |
| | | | Expension | ive: | | | Costs | reasonable | affordable | |
| | | | Hard to apply or use Lack of evidence on effectiveness Not available | | | | Easy to apply / use | | | |
| | | | | | | Likely to be effective Available in the market. | | | | |
| | | | | | | | | | | |
| | | | Time consuming | | | Not time consuming | | | | |
| | | | Don't know | | | Den't know | | | | |
| | | | | | | | | | | |





Declaration of interests

 \boxtimes The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

□The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

CRediT author statement

Andrew P. Desbois: Conceptualization; Formal analysis; Funding acquisition; Investigation; Methodology; Visualization; Roles/Writing - original draft; Writing - review & editing.

Maria Garza: Data curation; Investigation; Methodology; Project administration; Visualization; Roles/Writing - original draft; Writing - review & editing.

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Lucy A. Brunton: Conceptualization; Data curation; Formal analysis; Funding acquisition; Investigation; Methodology; Project administration; Visualization; Roles/Writing - original draft; Writing - review & editing. Supplementary Material

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