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6
7 **The association of Human Leukocyte Antigens Complex with Type 1 Diabetes**
8 **in Omanis**

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16
17 **Abstract**

18 **Background:** Identifying the human leukocyte antigens (HLA) high risk alleles, genotypes and
19 haplotypes in different populations is beneficial for understanding their roles in type 1 diabetes
20 (T1D) pathogenesis and intervention practices. **Objective:** The aim of this study was to identify
21 T1D associated HLA gene alleles in the Omani population. **Methods:** Our case-control study
22 included 73 diabetic seropositive children (mean age 9.08±3.27 years) and 110 healthy controls.
23 *HLA-A, -B, -C, -DRB1, and -DQB1* genes were genotyped using sequence specific primer
24 polymerase chain reaction (SSP-PCR). **Results:** Two HLA class I alleles (*B*08, B*58*) and three
25 class II alleles (*DQB1*02, DRB1*03* and *DRB1*04*) were associated with T1D susceptibility,
26 while one class I (*B*51*) and three class II (*DQB1*05, DQB1*06, and DRB1*16*) alleles were
27 associated with T1D protection. *HLA- DRB1*03* and *DQB1*02* alleles showed the strongest risk
28 association among all alleles. Six DRB1 residues (E⁹, S¹¹, S¹³, Y³⁰, V⁷⁰ and K⁷¹) were significantly
29 associated with T1D susceptibility. Heterozygous genotypes, *HLA-DRB1*03/*04* and
30 *DQB1*02/*03* were significantly associated with T1D susceptibility ($P=4.29E-07$, OR=63.2 and

31 $P=0.02$, $OR=3.6$, respectively). Furthermore, we detected a significant combined action of
32 *DRB1*03-DQB1*02* haplotype in T1D risk ($P=1.76E-05$, $OR=15$), and *DRB1*16-DQB1*05*
33 haplotype in protection ($P=3.12E-2$, $OR=0.48$). **Conclusion:** Known HLA class II gene alleles are
34 associated with T1D in Omani children.

35 **Keywords:** Type 1 diabetes; human leukocytes antigens; zygosity; alleles; residues; haplotypes,
36 case-control study; Oman

37

38 **Advances in Knowledge**

- 39 • HLA class II alleles (*DQB1*02*, *DRB1*03* and *DRB1*04*) are the major genetic risk
40 factors for T1D in Omanis.
- 41 • Combined action in *DRB1*16-DQB1*05* haplotype is associated with T1D protection.
- 42 • Combined action in *DRB1*03-DQB1*02* haplotype is associated with T1D risk.

43 **Application to Patient Care**

- 44 • The associated gene alleles can be used for disease prediction and intervention.

45

46 **Introduction**

47 Type 1 diabetes (T1D) is a common incurable chronic autoimmune disease of childhood, with an
48 estimated incidence increase of 9.5% globally.¹ It is a complex disease that develops from
49 collective contribution from genetic, epigenetic, and environmental factors.²

50

51 Both the cellular and humoral adaptive immune mechanisms are implicated in T1D. The destruction
52 of β -cells driven by self-reactive CD8⁺ and CD4⁺ T cells leads to total insulin deficiency.³
53 Autoantibodies to pancreatic islet β -cell autoantigens are detected prior to disease development
54 and are used as biomarkers for β -cells dysfunction and T1D progression.⁴

55

56 Determining the associated environmental triggers, autoimmune-mechanisms and predisposing
57 genetic background hold potentials for interventions through prediction, prevention or slowing
58 down the rate of disease progression.

59

60 T1D estimated heritability is high (0.53 to 0.92) and familial and population based genetic studies
61 identified more than 60 genes, responsible for about 80% of the disease heritability.⁵ Most of the

62 T1D genetic predisposition (60%) is attributed to the human leukocytes antigen (HLA) class I and
63 class II genes, in the major histocompatibility complex (MHC) region, which encode for proteins
64 that present antigenic peptides for CD8+ and CD4+ T cells, respectively.⁶

65
66 Markedly, 45% of the genetic predisposition is attributed to HLA class II genes⁷, thus, it is
67 considered as a major genetic risk determinant for T1D. The strongest T1D risk is associated with
68 the *DRB1*, *DQA1*, *DQB1* gene alleles and there is a cumulative supporting evidence for the role of
69 *DRB1* and *DQB1* genes in combination as a haplotype.⁸ In European, more than 95% of T1D
70 cases have DR3 (*HLA-DRB1*0301-DQB1*0201*) or DR4 (*HLA-DRB1*04-DQB1*0302*).⁷ The
71 same HLA susceptibility and protection gene alleles and haplotypes were reported in Arabs.⁹

72
73 With the current knowledge about autoantigens, genetic risk alleles and biomarkers, disease
74 interventions are more informed and can be considered at three stages: prior to the development
75 of autoimmunity (primary prevention), after autoimmunity is recognized (secondary prevention)
76 or after diagnosis, if significant numbers of β -cells are left (tertiary prevention).⁴

77
78 In a study conducted over two years on Omani children with T1D (9 months -14 years), reported
79 incidence rates of 2.45 and 2.62 per 100, 1000 P-Y in 1993 and 1994, respectively.¹⁰ The reported
80 gender-specific incidence rates among boys and girls were 3.23 and 1.99 per 100,000 P-Y in 1993
81 and 2.91 and 1.95 per 100,000 P-Y in 1994, respectively. During the two years, they found higher
82 age-specific incidence rates in the 10–14year old group children compared to the younger age
83 group. Furthermore, a retrospective (June 2006 to May 2013) analysis of 144 T1D Omani children
84 reported that the disease is highly prevalent in the family history of these patients (22%).¹¹

85
86 In Oman, the incidence of T1D is comparatively less than other Arabs, and also, ketoacidosis
87 reported to be less in the Omani cases¹¹. Although the Omani population is genetically related to
88 Mediterranean and West-Asian populations^{12,13}, the high frequency of *HLA-DR2* and *-DQ1* alleles
89 (*DRB1*15* and *DRB1*16*, and *DQB1*05* and *DQB1*06*, respectively) were suggested as genetic
90 protection factor against T1D in the Omani population.¹⁴ However, it remains to be elucidated
91 whether this is true or attributed to low frequency of risk alleles.

92 To identify the potential HLA gene alleles associated with T1D risk and/or protection in Omanis,
93 we genotyped T1D patients, attending the pediatric clinic at Sultan Qaboos University Hospital
94 (SQUH) in Muscat for HLA class I (*A*, *B* and *C*) and class II (*DRB1* and *DQB1*) alleles and
95 compared them to healthy Omani controls.

96

97 **Materials and methods**

98 **Statement on Ethics**

99 The study was approved by the Ethics Research Committee in the College of Medicine and Health
100 Science. A written informed consent was obtained from all participants guardians enrolled in the
101 study to use their blood sample for research purpose.

102

103 **Cases and Controls**

104 One hundred Omani diabetic patients attending the pediatric clinic at SQUH were included based
105 on their medical records (mean age 9.31 ± 3.27 years, 47% male and 53% female). All patients did
106 not have another autoimmune disease or syndrome and the diagnosis of T1D was confirmed by
107 the presence of diabetes autoantibodies to islet cell (*ICA*) and glutamic acid decarboxylase
108 (*GADA*). Family history of T1D and T2D in cases was recorded.

109

110 Peripheral venous blood samples (5 ml) were collected in EDTA – anticoagulated vacutainer tubes
111 and stored at $-20\text{ }^{\circ}\text{C}$. HLA data for 110 healthy potential bone marrow stem cell donors (mean age
112 10.77 ± 3.36 years, 51% male and 49% female) from the national HLA database was used as the
113 healthy population control.

114

115 DNA was extracted from whole blood samples using QIAamp® DNA Medi Kit according to the
116 manufacturer's instructions (Qiagen, Hilden, Germany). DNA concentration and purity was
117 measured using Nano Drop spectrophotometer (ND 2000; Thermo Scientific, Germany). The
118 extracted DNA ($20\text{-}35\text{ ng}/\mu\text{l}$) was HLA genotyped for *HLA-A*, *-B*, *-C*, *-DRB1*, and *-DQB1* loci
119 using a commercial sequence specific primer polymerase chain reaction (SSP-PCR) following the
120 manufacturer's protocol (Olerup SSP). The generated genotypes data are at low resolution.

121

122 Agarose gel (1.3 %) electrophoresis was used to detect the amplified PCR product. The gel was
123 visualized using the gel documentation system INGENIUS 3 (Syngene) with GeneSys software.
124 The appearance of the internal control bands in all lanes indicated successful amplification of the
125 studied DNA. Negative control wells were checked for contamination. HLA genotypes for each
126 locus were identified using the Olerup SSP score software (version 5.00.72.5T).

127

128 **Statistical analysis**

129 Hardy-Weinberg equilibrium tests were conducted for each locus using the Basic statistics tool
130 (One locus summary) available at HLA-net (<https://hla-net.eu/tools/basic-statistics>). Alleles at
131 each locus were considered in Hardy-Weinberg equilibrium if the observed and expected
132 (estimated) frequencies did not differ significantly ($P > 0.05$).

133

134 Tests for allele associations, zygosity, as well as tests for, independence, difference in association,
135 combined action, interaction, and linkage disequilibrium were conducted using PyHLA.¹⁵

136

137 The comparison of allele frequencies was performed using Fisher's exact test. The P value for each
138 test was corrected for multiple comparisons by FDR. Adjusted P values less than 0.05 was
139 considered statistically significant. The strength of the association between HLA antigens and T1D
140 was determined by odds ratio (OR). An $OR \geq 1.5$ was associated with susceptibility or ≤ 0.5 with
141 resistance.

142

143 In addition, tests for pockets with significant residues association were conducted using SKDM
144 human leukocyte antigen tool.¹⁶

145

146 **Results**

147 Out of the initially screened 100 T1D patients, 73 (73%, mean age 9.08 ± 3.27 years, 41.1% male
148 and 58.9% female) were included in the study because they were seropositive for GADA and/or
149 ICA autoantibodies. Twenty-six patients (26%) were seronegative (mean age 9.77 ± 3.25 years,
150 61.5% male and 38.5% female), out of which three patients (two males and one female) were
151 heterozygous for mutations in different genes (*KLF11*, *WFS1* and *HNF1A*). About 23% of the
152 seropositive cases have family history of T1D and 59% of T2D. About 19% of the seronegative

153 cases have family history of T1D and 54% of T2D. One patient was excluded as no antibodies test
154 results were reported.

155
156 All tested loci were in Hardy-Weinberg equilibrium in cases but not in controls (Supplementary
157 data). However, as our single center project is considered as a preliminary study, we did conduct
158 the association tests to detect any potential associations.

159
160 **HLA Class I and II Loci are Associated with Risk and Protection of T1D**
161 Association test results indicated that the risk and protection of T1D in seropositive cases are
162 associated with alleles belonging to the HLA class I (*HLA-B*) and class II, (*HLA-DRB1* and *HLA-*
163 *DQB1*) genes [Table 1].

164
165 The strongest significant susceptibility alleles are the *HLA-DRB1*03* ($P=9.19E-11$, OR= 5) and
166 *DQB1*02* ($P=9.76E-08$, OR=3.5). We also observed that the seropositive cases for GADA
167 (98.6%), ICAs (23.3%) or both autoantibodies (21.9%) have more *DRB1*03* or *DRB1*04* alleles
168 (95.8%), than the seronegative cases (65.2%) and healthy controls (39%). However, the presence
169 of risk alleles did not correlate with higher GADA autoantibody levels and the presence of
170 protection alleles did not correlate with lower levels.

171
172 Seronegative cases also, showed significant risk association with *HLA-DRB1*03* and *-DQB1*02*
173 alleles but to a lesser extent ($P=1.74E-3$, OR= 5.6 and $P=1.20E-2$, OR= 4.4).

174
175 The most significant resistance alleles are *HLA-DQB1*06* ($P=6.40E-05$, OR=0.05) and *HLA-*
176 *DQB1*05* ($P=9.59E-05$, OR=0.4).

177
178 **Zygoty at HLA Class II Loci is Associated with Risk and Protection of T1D**
179 The zygoty tests were performed to investigate homozygous, heterozygous, and zygoty
180 associations based on the genotype frequency differences in cases and controls. The results
181 indicated that *HLA-DRB1*03* and *DQB1*02* zygoty is associated with disease susceptibility
182 ($P=2.3E-05$, OR=8.2 and $P=6.6E-07$, OR=9.4, respectively), i.e., significantly higher frequency

183 of risk allele homozygous genotypes than risk allele absent genotypes in cases compared to in
184 controls [Table 2].

185
186 Notably, heterozygous genotypes, *DRB1*03/04* and *DQB1*02/03* are associated with significant
187 T1D risk ($P=4.294e-07$, OR= 63.2; $P=0.02$, OR =3.6, respectively).

188
189 However, heterozygosity, i.e., higher frequency of risk alleles (*B*08*, *B*58*, *DRB1*03 DQB1*02*
190 and *DRB1*04*) heterozygous genotypes than risk allele absent genotypes in cases compared to in
191 controls, is associated with disease protection ($P=0.03$, OR=0.46; $P=1.0E-12$, OR=0.08; $P=3.5E-$
192 06, OR=0.17; and $P=0.01$, OR=0.33, respectively).

193
194 T1D protection is associated with zygosity of protective alleles, *DRB1*16* ($P=1.3E-3$, OR=0.10)
195 and *DQB1*05* ($P=4.5E-05$, OR= 0.11) and susceptibility is associated with *DQB1*06*
196 heterozygosity ($P=4.14E-04$, OR=10.77).

197 198 **Pocket residues of HLA Class II DRB1 chain are Associated with increased risk of T1D**

199 As the HLA genotypes dictate the affinity to the presented peptides, the T1D associated HLA
200 alleles are implicated in the selective presentation of self-peptides. Therefore, we investigated the
201 potentially associated residues in the HLA chains using the pocket test. The results showed that
202 six residues (Glu-9, E⁹; Ser-11, S¹¹; Ser-13, S¹³; Tyr-30, Y³⁰; Val-70, V⁷⁰; and Lys-71, K⁷¹) in
203 pockets 4, 6, 7 and 9 of HLA class II DRB1 chain are significantly associated with T1D
204 susceptibility [Table 3] [Figure 1].

205
206 The zygosity analysis for five associated residues showed that only the heterozygotes are
207 associated with T1D susceptibility (E⁹ $P=1.547E-7$, 6.04; S¹¹ $P=3.13E-12$, 10.43, S¹³ $P=3.13E-12$,
208 10.43, V⁷⁰ $P=7.357E-13$, 11.68, and K⁷¹ $P=3.13E-12$, 10.43). In contrast, residue Y³⁰ homozygotes
209 ($P=1.199E-7$, 33.65), heterozygotes ($P=0.02305$, 6.7) and zygosity ($P=8.753E-6$, 5.02) are all
210 associated with T1D susceptibility.

211

212 **Interactions between T1D associated alleles**

213 Since T1D association with HLA alleles reported at the haplotypic context as well as the genotypic
214 context, we also analyzed the associated allele interactions. Two haplotypes found to be associated
215 with risk (*HLA-B*08-DRB1*03*, $P8=1.57E-08$, $OR=12.71$ and *HLA-DRB1*03-DQ*02*,
216 $P8=1.66E-12$, $OR=14.99$) [Table 4] [Figure 2]. However, the interaction analysis indicated that
217 *DRB1*03* association with T1D is independent of B*08 ($P5=8.23E-04$, $P6=1.95E-09$), while B*08
218 association is dependent ($P3=0.64$, $P4=1$) and that both alleles have a combined effect in disease
219 ($P8=1.57E-08$) [Table 4]. Also, our data indicated that a combined -dependent effect of the *HLA-*
220 *DRB1*03-DQ*02* haplotype results in T1D susceptibility, while a combined -dependent effect of
221 the *DRB1*16-DQB1*05* haplotype results in protection [Table 4] [Figure 2].

222

223 **Discussion**

224 The risk and protection to T1D in Omani are associated with alleles belonging to the *HLA-B*, *HLA-*
225 *DRB1* and *HLA-DQB1* genes [Table 1], which were reported in other populations.⁸ This was
226 expected as the Omani population is genetically related to Arab, Mediterranean and West-Asian
227 populations.^{12,13,17}

228

229 The HLA class I alleles associated with T1D susceptibility are *B*08* ($P=1.82E-02$, $OR= 2.51$),
230 *B*58*, $P=2.86E-02$, $OR=2.47$) and with protection is *B*51* ($P=1.82E-02$, $OR=0.41$). These
231 associated were reported in previous studies.¹⁸ *B*08* association with autoimmune diseases was
232 attributed to its presence in linkage disequilibrium (LD) with *DRB1*03*,¹⁸ which we observed in
233 both cases and controls [Table 4]. Furthermore, results indicated that *B*08* association is
234 dependent on *DRB1*03*. Also, *B*58* is part of a significantly associated haplotype in North Indians
235 and Han Chinese and results from both populations suggested that the association is not attributed
236 to the allele itself.^{19,20}

237

238 As predicted by a past study, T1D protection in Omanis was found to be associated with HLA-
239 DR2 (*DRB1*16*) and DQ1 (*DQB1*05* and *DQB1*06*) alleles.¹⁴ The highest significant resistance
240 alleles are *HLA-DQB1*06* ($P=6.40E-05$, $OR=0.05$) and *HLA-DQB1*05* ($P=9.59E-05$, $OR=0.4$).
241 However, despite the high frequency of the *DRB1*16* allele in the Omanis compared to other
242 populations²¹, its significant association with protection is relatively weaker ($P= 0.02$, $OR=0.5$).

243 This is likely due to the presence of different alleles (*DRB1*16:01:01*, *16:02:01* and *16*64*,
244 personal communication) in the Omani population and not all are not protective.

245
246 Notably, about 96% of the seropositive cases have either *DRB1*03* or *DRB1*04* allele but the
247 presence of these alleles did not associate with higher GADA autoantibody levels. Also, no
248 association was detected between GADA autoantibody levels and risk or protection genotypes.

249
250 The zygosity test showed that the *HLA-DRB1*03* and *DQB1*02* zygosity are associated with risk,
251 while heterozygosity is associated with protection ($P=1.0E-12$, $OR=0.08$ and $P=3.5E-06$,
252 $OR=0.17$, respectively), indicating that the risk associated with both alleles is recessive, as
253 suggested by others.⁷ Also, we detected that heterozygous genotypes, *DRB1*03/04* ($P=4.294e-07$,
254 $OR= 63.2$) and *DQB1*02/03* ($P=0.02$, $OR =3.6$), are associated with significant T1D risk.

255
256 In contrast, the protection associated with heterozygosity of the same risk associated alleles may
257 be attributed to the presence of protection alleles in the genotypes. Twenty-seven of the *HLA-*
258 *DRB1*03* heterozygous cases (44) have one of the HLA-DR2 protection associated alleles (five
259 cases with *DRB1*15* and 22 with *DRB1*16*) and thirty of the *HLA-DQB1*02* heterozygous cases
260 (39) have one of the HLA-DQ1 protection associated alleles (29 cases with *DQB1*05* and one
261 with *DQB1*06*).

262
263 Also, the zygosity test showed that the protection associated with *DQB1*05* and *DRB1*16* are
264 significant in homozygosity, suggesting that the protection associated with both alleles is
265 recessive.

266
267 The side chains of self-peptide residues interaction with the binding groove pockets, stabilize the
268 peptide–HLA-class II complex and therefore they are known as the anchor residues. The binding
269 grooves of HLA class II chains are characterized by the properties of the P1, P4, P6 and P9 pockets
270 that specificity the anchor residues.²²T1D associated residues 9, 11, 13 and 30 are located in the
271 β -sheet floor and their side chains are in the peptide-binding groove, while residues 70 and 71 are
272 in the α -helix but their side chains are close to residue 13 [Figure 1]. *DRB1 S*¹³ is in pocket 4, *K*⁷¹
273 in pockets 4 and 7, *V*⁷⁰ in pocket 4, *S*¹¹ in pocket 6, *E*⁹ in pockets 6 and 9 and *Y*³⁰ in pocket 6. As

274 S¹³, V⁷⁰ and K⁷¹ were associated with the strongest disease risk based on the *P* values and OR
275 values, they might be the major contributors from pocket 4.

276
277 S¹³ and K⁷¹ association with T1D susceptibility was reported by others^{23,24} and they were
278 implicated in joint susceptibility to both T1D and autoimmune thyroid disease.²⁵ S¹¹, S¹³ and K⁷¹
279 residues were also associated with risk to rheumatoid arthritis.²⁶ This suggests common disease
280 mechanisms that operate irrespective of the presented self-peptides.

281
282 Transgenic mice expressing T1D human class II susceptibility alleles, showed that MHC class II
283 molecules present specific autoantigenic peptides, such as GAD65 peptides²⁷, which can
284 potentially activate autoreactive CD4+ T cells that is known to assist in targeting β cells by
285 cytotoxic CD8+ and autoantibody producing B cells.

286
287 Interaction tests suggested that the association of *HLA-DRB1*03* and *-DQB1*02* haplotype with
288 T1D risk is resulting from a combined -dependent effect [Table 4]. Notably, 78% of cases with
289 this haplotype were GADA positive, as reported by others.²⁸ This suggested that both susceptibility
290 HLA alleles and anti GAD are risk factors for T1DM. However, we did not detect an association
291 between risk alleles and higher GADA levels. This may indicate that GADA autoantibody level,
292 which is implicated in the destructive process in the islets, is not genetically driven.

293
294 Also, the analysis indicated that the association with T1D is resulting from a combined -dependent
295 effect of the *DRB1*16-DQB1*05* haplotype [Table 4]. This haplotype thought to have a protective
296 role, but its rare occurrence in Caucasians and east -Asians, could not prove its effect in T1D
297 resistance. Furthermore, we also believe that *DRB1*16-DQB1*05* haplotype in Omanis could
298 potentially protect autoantibody seropositive first-degree relatives from T1D, like the *HLA-*
299 *DRB1*15:01-DQB1*06:02* haplotype in other populations.⁶

300
301 Although other T1D associated haplotypes were reported in the Omani population, such as
302 *DRB1*04-DQB1*03* (7.7%), *DRB1*07-DQB1*02* (6.4%) and *DRB1*15-DQB1*06* (1%)¹², we
303 did not detect significant LD in the investigated group of cases and controls, which is likely due
304 to small sample size.

305 Notably, the frequency of seronegative cases (26%) is higher than what was reported from other
306 ethnic groups (20%).²⁹ However, a relatively weaker association of T1D with *HLA-DRB1* and -
307 *DQB1* alleles in seronegative cases, may reflect the fact that some of the cases may be positive for
308 other autoantibodies associated with T1D that were not tested for in this study or they may show
309 positive on repeat testing, as reported by Hameed et al. .³⁰

310
311 A major limitation of the study was the sample size, because it was based on a single center.
312 Therefore, we recommend conducting a larger size multi-center study to at least double the cases
313 sample sizes and increase the controls to cases ratio (at least 3:1) to reach acceptable power ($\geq 80\%$)
314 for verifying our preliminary study results. In addition, sequencing of the associated risk and
315 protection allele should be considered.

316

317 **Conclusion**

318 The majority of the seropositive T1D cases (71%) have family history of T1D and/or T2D. Despite
319 the study small sample size, we identified *DQB1*02*, *DRB1*03* and *DRB1*04* as potential risk
320 alleles in GADA and/or ICA seropositive T1D in Omani children. In addition, we detected an
321 association of the *DRB1*16-DQB1*05* haplotype with T1D protection in a combined -dependent
322 manner.

323

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328 Abdesselam for their assistance in utilizing pyHLA.

329

330 **Conflict of interest**

331 The authors declare that they have no conflict of interest.

332

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335

336 **Authors' contributions**

337 MA-B, AA-J, SH and ES developed the proposal. MA-B, SA-B, AA-S, SA-H and AA collected
338 the data. MA-B and HA-R ordered the required materials. MA-B and SA-B conducted the
339 laboratory work. SA-Y reviewed the clinical and family histories. SA-B and AA-A analysed the
340 data. AA-A drafted the manuscript. MA-B and SA-Y revised the manuscript. All authors
341 approved the final version of the manuscript.

342

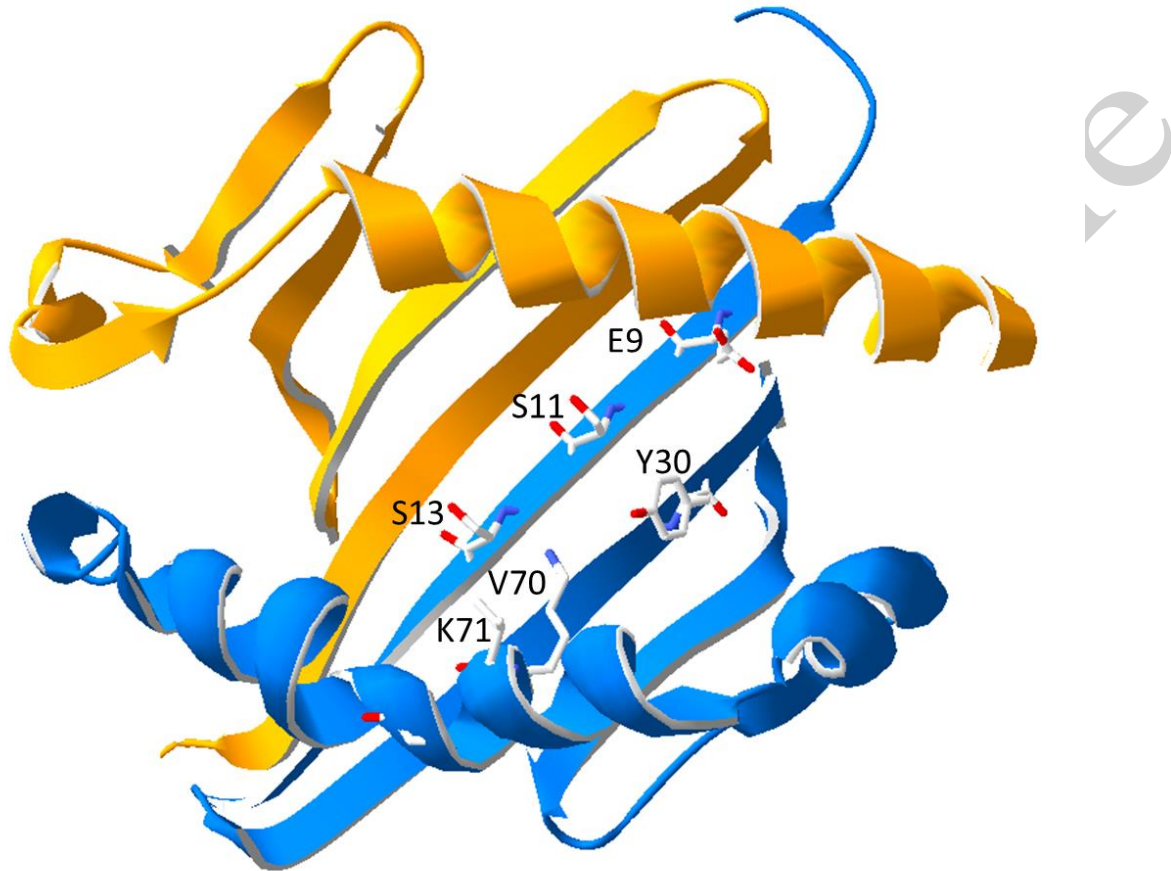
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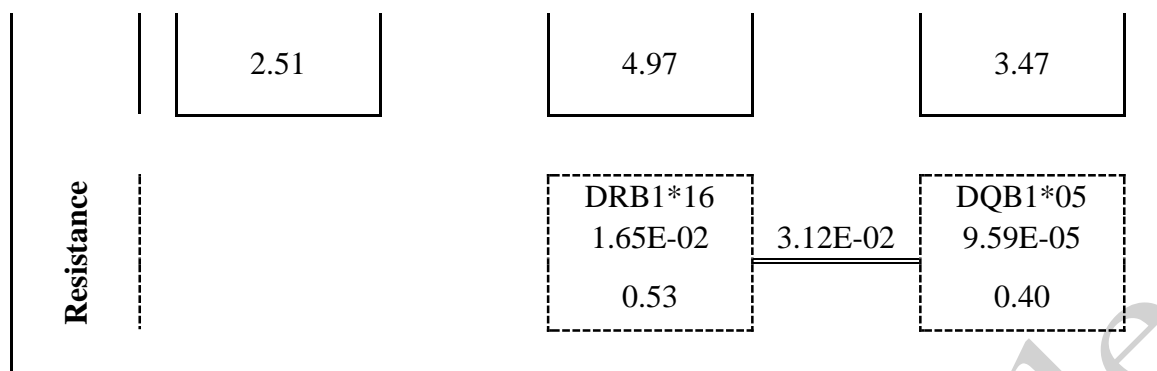
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 431



432
 433 **Figure 1.** Ribbon model of an HLA-DR molecule peptide-binding groove, showing the position
 434 and the side-chain of significantly associated residues. The model was based on 3pdo entry from
 435 Protein Data Bank and the figure was prepared using Swiss-PdbViewer (<http://spdbv.vital-it.ch/>).
 436
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 438

	<u>HLA-B</u>		<u>HLA-DRB1</u>		<u>HLA-DQB1</u>	
Susceptibility	B*08		DRB1*03		DQB1*02	
	1.82E-02	1.57E-08	9.19E-11	1.66E-12	9.76E-08	



439 **Figure 2.** A representation of detected combined actions between T1D susceptibility and
 440 resistance alleles of HLA genes.
 441 *Top corrected P values and bottom odds ratios. The lines connecting gene alleles represent*
 442 *combined actions with P values on top.*

443
 444 **Table 1.** Distribution of significantly associated HLA alleles in T1D cases and controls

Allele	Cases %	Ctrl %	P value	OR	L95	U95	Adjusted P
Susceptibility							
DRB1*03	49.32	16.36	2.30E-11	4.97	3.07	8.06	9.19E-11
DQB1*02	59.59	29.82	2.44E-08	3.47	2.24	5.39	9.76E-08
DRB1*04	19.86	8.18	1.40E-03	2.78	1.48	5.23	2.70E-03
B*08	19.18	8.64	4.00E-03	2.51	1.34	4.69	1.82E-02
B*58	14.38	6.36	1.72E-02	2.47	1.21	5.04	2.86E-02
Resistance							
DQB1*06	0.68	11.47	3.20E-05	0.05	0.01	0.40	6.40E-05
DQB1*05	26.03	46.79	7.19E-05	0.40	0.25	0.63	9.59E-05
DRB1*16	20.55	32.73	1.24E-02	0.53	0.33	0.87	1.65E-02
B*51	8.90	19.09	7.30E-03	0.41	0.21	0.80	1.82E-02
DRB1*15	3.42	8.64	5.38E-02	0.38	0.14	1.03	5.38E-02

445 Association test was performed using PyHLA program

446

447 **Table 2.** Zygosity test results for the associated HLA alleles

Allele	Hom_P	Hom_OR	Het_P	Het_OR	Zyg_P	Zyg_OR
DRB1*03	0.43	0.63	1.05E-12	0.07	2.27E-05	8.22
DQB1*02	0.32	1.60	3.51E-06	0.17	6.59E-07	9.41

DRB1*04	1.00	1.21	0.01	0.35	0.18	3.50
B*08	0.37	2.56	0.04	0.46	0.06	5.61
B*58	0.63	0.6	0.01	0.33	0.62	1.81
DQB1*06	1.00	1.86	4.14E-04	10.77	0.25	0.17
DQB1*05	0.00	0.19	0.14	1.66	4.51E-05	0.11
DRB1*16	0.00	0.10	1.00	1.01	0.00	0.10
B*51	0.45	0.47	0.22	1.67	0.07	0.27

448 Abbreviations: Hom, homozygous test (homozygous compared to absent); Het, heterozygous test (heterozygous
449 compared to absent); Zyg, zygosity test (homozygous compared to heterozygous); OR, odds ratio. Zygosity test was
450 performed using PyHLA program.
451

452 **Table 3.** Significant residue associations in the HLA-DRB1 pockets

Position	Amino acid	Association	P value	Corrected P	Odds Ratio
Pocket 4 [13,71,78,70,74,26]					
13	S	+	2.19E-13	1.69E-11	11.46
71	K	+	2.19E-13	1.69E-11	11.46
70	V	+	3.41E-13	2.63E-11	11.31
Pocket 6 [9,11,30]					
9	E	+	1.98E-7	1.37E-5	5.43
11	S	+	1.04E-12	7.20E-11	10.43
30	Y	+	6.92E-05	4.77E-03	12.29
Pocket 7 [28,61,71,47,67]					
71	K	+	2.19E-13	1.51E-11	11.46
Pocket 9 [9,60,57,37,38]					
9	E	+	1.98E-7	1.37E-5	5.43

453 Residue association test was performed using SKDM program

454

455 **Table 4.** Significant interaction tests including independent association, Difference, action, and linkage disequilibrium (LD)

Alleles		A independent of B				B independent of A				Difference		Combined action		LD in cases		LD in controls	
Allele A	Allele B	P3	OR3	P4	OR4	P5	OR5	P6	OR6	P7	OR7	P8	OR8	P9	OR9	P10	OR10
Susceptibility																	
B*08	DRB1*03	0.64	1.29	1	0.81	8.23E-04	15.67	1.95E-09	9.86	0.00	0.08	1.57E-08	12.71	0.02	6.4	0.01	4.03
DQB1*02	DRB1*03	0.59	2.22	0.25	1.91	3.43E-06	7.83	0.10	6.76	0.24	0.28	1.66E-12	14.99	1.76E-05	25.61	1.32E-08	22.13
Resistance																	
DQB1*05	DRB1*16	0.61	0.52	0.02	0.33	0.50	1.45	1	0.92	0.56	0.36	0.03	0.48	1.76E-10	47.24	8.83E-11	29.94

456 If both *P3* and *P4* are significant, then A is associated with T1D independently of B.457 If *P5* and *P6* are significant, then B is associated with T1D independently of A.458 If both *P3* and *P5* are significant, then A and B show interaction in T1D.459 If *P7* is significant, then Difference between A and B is associated with T1D.460 If *P8* is significant, then A and B have combined action.461 If *P9* is significant, then A and B are in LD in cases.462 If *P10* is significant, then A and B are in LD in controls.

463 Interaction tests was performed using PyHLA program