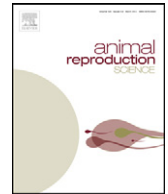




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Reduced glutathione and Trolox (vitamin E) as extender supplements in cryopreservation of red deer epididymal spermatozoa

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ABSTRACT

The use of assisted reproductive techniques in cervids is increasing as the commercial use of these species increase. We have tested the suitability of the antioxidants Trolox and reduced glutathione (GSH) for freezing red deer epididymal spermatozoa, aiming at improving post-thawing quality. Samples from 19 stags were frozen in a TES-Tris-fructose extender (20% egg yolk, 8% glycerol), with 1 or 5 mM of antioxidant. Motility (CASA), lipoperoxidation (malondialdehyde –MDA– production), membrane status, mitochondrial activity, acrosomal status (flow cytometry) and chromatin status (SCSA: %DFI and %HDS; flow cytometry) were assessed after thawing and after 6 h at 39 °C. There were few differences between treatments after thawing, with Trolox reducing MDA production in a dose–response manner. After the incubation, sperm quality decreased and %DFI increased moderately, with no change for MDA. GSH improved motility, kinematic parameters and mitochondrial status, with a slight increase in %HDS. GSH 5 mM also increased moderately MDA production and %DFI, possibly due to enhanced metabolic activity and reducing power. Trolox maintained MDA low, but was detrimental to sperm quality. Trolox might not be appropriate for the cryopreservation of red deer epididymal spermatozoa, at least at the millimolar range. GSH results are promising, especially regarding motility improvement after the post-thawing incubation, and should be selected for future fertility trials.

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1. Introduction

The use of artificial reproductive techniques on cervids has become of great interest both for the breeding of farmed species (Asher et al., 1999) and for conservationist purposes (Jabbour et al., 1997; Pukazhenthil and Wildt, 2004). Focusing on spermatozoa collection,

electroejaculation is the obvious choice in farms (Asher et al., 2000). Nevertheless, post-mortem collection has arisen as a convenient source of germplasm, taking advantage of hunting activities (Garde et al., 2006). Spermatozoa collected from harvested males might be applied in deer farms to obtain high quality males for repopulating the hunting reserves. Moreover, since antler size and shape are highly heritable (Kruuk et al., 2002), sperm doses from males with a high-score trophy could become valuable assets for farms.

Most protocols for cryopreserving and using red deer spermatozoa are optimized for semen obtained by electroejaculation (Asher et al., 2000). Consequently, there

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has been an effort to study the differences among electroejaculated and epididymal spermatozoa in this species, which have resulted in extenders adapted to these samples (Fernández-Santos et al., 2006; Fernandez-Santos et al., 2007; Martínez-Pastor et al., 2006; Martínez et al., 2008). As a further step to improve the cryopreservation of red deer epididymal spermatozoa, we have attempted supplementing the extenders with antioxidants, following promising results in other species (Peña et al., 2004; Roca et al., 2005). The mammal spermatozoon might be especially susceptible to oxidative stress (Baker and Aitken, 2004), cryopreservation likely to increase this susceptibility (stressed cells generating free radicals, depletion of antioxidants naturally present in the sample, free radicals from dead spermatozoa). We have shown that the use of some antioxidants could benefit red deer epididymal spermatozoa, both in refrigerated storage (Fernandez-Santos et al., 2009a), cryopreservation (Fernández-Santos et al., 2007) and post-thawing incubation (Domínguez-Rebolledo et al., 2010a; Mata-Campuzano et al., in press-b). However, some antioxidant treatments have been unable to improve sperm quality respect to the untreated samples, and some of them have yielded suboptimal or clearly detrimental results. The effect of antioxidants may vary not only depending on concentration (Domínguez-Rebolledo et al., 2010a), but also depending on the species, medium or temperature. For instance, Mara et al. (2005) suggested that refrigerating ram semen in presence of the antioxidant TEMPOL would improve sperm quality and fertility. However, TEMPOL reduced the motility of deer spermatozoa after incubating at 39 °C, although it was able to protect DNA against oxidative stress (Mata-Campuzano et al., in press-b).

In the present study, we have tried to shed some light on the contrasting results ensuing from the application of the antioxidant Trolox on red deer spermatozoa. Trolox is a water-soluble vitamin E analogue with a high capacity to capture free radicals (Mickle and Weisel, 1993), and it is used as standard to check the antioxidant capacity of others molecules (Gavella and Lipovac, 2000). The supplementation of extender with Trolox improved the quality of boar spermatozoa during cooling (Peña et al., 2003) and cryopreservation (Peña et al., 2004), and the quality of stallion semen during refrigerated storage (Ball et al., 2001). Furthermore, we have demonstrated that Trolox at the low millimolar range (0.1–1 mM) is very efficient protecting thawed red deer spermatozoa in presence of oxidative stress, considerably reducing intracellular reactive oxygen species (ROS) and lipid peroxidation, and protecting sperm DNA (Domínguez-Rebolledo et al., 2009, 2010a; Martínez-Pastor et al., 2008, 2009). However, when this antioxidant was used as a extender supplement in a similar range (3.2 and 6.4 mM), it was unable to improve sperm quality after thawing (Fernández-Santos et al., 2007). The differences between the application of Trolox to cryopreservation and to post-thaw incubation highlights the need for further investigation, in order to define the real usefulness of this effective antioxidant in deer sperm cryopreservation.

In this study, reduced glutathione (GSH) was examined as an alternative non-enzymatic antioxidant. Glutathione is a major component of the cellular antioxidant system, as

a substrate for GSH-transferases and peroxidases (Atmaca, 2004). In addition to its detoxifying function, GSH is able to form disulfide bonds with cysteine residues, regulating the functions of proteins. GSH is depleted during freezing/thawing, possibly due to oxidative stress and cell death (Bilodeau et al., 2000; Gadea et al., 2004), but the outcomes of adding GSH to the freezing extender have been variable. Boar spermatozoa seems to benefit from the supplementation with this antioxidant at 1 and 5 mM (Gadea et al., 2005). In ram semen, Câmara et al. (2011) found no improvement adding GSH (0.5–2 mM) to the cryopreservation extender. Neither did Silva et al. (2011), obtaining even lower motility at 7 mM, although GSH improved the ultrastructure of the acrosome at 2 and 5 mM. The effects of this antioxidant on deer spermatozoa are still unknown.

In this study, we tested if the supplementation of the freezing extender with Trolox or GSH in the millimolar range (1 and 5 mM) would improve the cryopreservation of red deer epididymal spermatozoa. Our aims were to clarify the results obtained in this species with Trolox, and, for the first time, to test the use of GSH. Ultimately, the objective of this study is the improvement of freezing extenders for red deer, especially those formulated for the cryopreservation of epididymal spermatozoa.

2. Materials and methods

2.1. Reagents and media

Fluorescence probes YO-PRO-1 and Mitotracker Deep Red were purchased from Invitrogen (Barcelona, Spain), propidium iodide (PI) and PNA-FITC were acquired from Sigma (Madrid, Spain) and acridine orange (chromatographically purified) was purchased from Polysciences (Warrington, PA, USA). Stock solutions of the fluorescence probes were: PI: 7.5 mM; PNA-FITC: 0.2 mg/mL; YO-PRO-1: 50 μM; Mitotracker Deep Red: 1 mM. All fluorescent stocks were prepared in DMSO – except for PI and PNA-FITC, which were prepared in water – and kept at –20 °C and in the dark until needed. The stock solution of acridine orange was prepared in water at 1 mg/mL and kept in the dark at 5 °C. Flow cytometry equipment, software and consumables were purchased from Beckman Coulter (Fullerton, CA, USA) or Becton Dickinson (San Jose, CA, USA). The spectrophotometric assay for malondialdehyde (BIOXYTECH® MDA-586) was purchased from Oxis International (Beverly Hills, CA, USA). The stock solutions of the antioxidants were prepared at 500 mM in DMSO (Trolox) or in water (reduced glutathione, GSH) and stored at –20 °C. The work medium (TTF380) was composed by 253 mM of TES, 67 mM of Tris and 15 mM of fructose (380 mOsm/kg, pH 7.1). The cryopreservation extender was made up by supplementing TTF380 with 20% of egg yolk, centrifuging (2500 × g for 30 min) for removing egg yolk particles, and adding glycerol up to 8%. Solutions for SCSA (Sperm Chromatin Structure Assay) were prepared following Evenson and Jost (2000): TNE buffer (0.01 M Tris-HCl, 0.15 M NaCl, 1 mM EDTA, pH 7.4), acid-detergent solution (0.17% Triton X-100, 0.15 M NaCl, 0.08 N HCl, pH 1.4) and acridine orange solution (0.1 M citric acid, 0.2 M Na₂HPO₄, 1 mM EDTA, 0.15 M NaCl, pH 6.0; acridine orange was added from

the stock up to 6 µg/mL). These solutions were kept at 5 °C in the dark.

2.2. Animals and spermatozoa collection

Samples were obtained from 19 mature stags (*Cervus elaphus hispanicus*) that were legally hunted in their natural habitat (laws 4/96 from Castilla y León, Spanish Harvest Regulation RD 1201/2005, European Union Regulation 2003/65), in September (during the rut). Game keepers harvested the testes (which were maintained within the scrotum), placed them into plastic bags and kept them at five degrees. Immediately upon arrival at the laboratory, the samples were dissected, collecting spermatozoa from the cauda epididymes by cuts. Before starting sperm collection, the cauda epididymes were cleaned, piercing the superficial blood vessels and wiping out the blood. The concentration of each sample was calculated using a Bürker counting chamber, after diluting the sample in a 2% glutaraldehyde solution (146 mM glucose, 34 mM sodium citrate tribasic and 24 mM sodium bicarbonate). Just after extraction, an aliquot of each sample was diluted in TTF380, warmed to 37 °C for 15 min and evaluated for motility. Only those samples with more than 60% of motile spermatozoa were used in this experiment. Motility was assessed by CASA (Computer Assisted Sperm Analysis), as described below.

2.3. Sperm cryopreservation and antioxidant treatments

Samples from 19 stags were used in the experiment. The cryopreservation extender was divided between 5 tubes. Four of them were supplemented with 1 mM Trolox (T1), 5 mM Trolox (T5), 1 mM GSH (G1) or 5 mM GSH (G5), respectively, leaving one as the Control extender (C). Each sperm sample was then split between 5 tubes and was slowly diluted with each of the five extenders up to 100×10^6 mL⁻¹. After one hour of equilibration, the samples were loaded in 0.25-mL French straws. Freezing was carried out using a programmable biofreezer (Kryo 10 Series III; Planer plc., Sunbury-On-Thames, UK) at $-20^\circ\text{C}/\text{min}$ down to -100°C and then transferred to liquid nitrogen containers.

Thawing was carried out by dropping the straws in a water bath at 65 °C for 6 s, and the samples were left 10 min at ambient temperature (20–22 °C). Samples were analyzed 10 min post-thawing (post-thawing assessment) and after incubation at 39 °C for 6 h in the freezing extender (post-incubation assessment). This incubation temperature was chosen to mimic the internal temperature of a small ruminant female. Sperm samples were assessed for motility (CASA), acrosomal status, membrane integrity, mitochondrial activity, chromatin status and lipoperoxidation, as described below.

2.4. CASA analysis

Samples were diluted down to 25×10^6 spermatozoa/mL in warm TTF380 and loaded into a Makler counting chamber (10 µm depth) at 37 °C. The CASA system consisted of a triocular optical phase contrast microscope

(Eclipse E400; Nikon, Tokyo, Japan), equipped with a warming stage at 38 °C and a Basler A312fc digital camera (Basler Vision Technologies, Ahrensburg, Germany). The camera was connected to a computer by an IEEE 1394 interface. Images were captured and analyzed using the ISAS software v. 1.2 (Proiser, Valencia, Spain). Sampling was carried out using a $\times 10$ negative phase contrast objective (no intermediate magnification). Image sequences were saved and analyzed afterwards. The standard parameter settings were: 50 frames/s; 20–90 µm² for head area; VCL > 10 µm/s to classify a spermatozoon as motile. For each spermatozoa, the software rendered the percentage of motile spermatozoa, three velocity parameters (VCL: velocity according to the actual path; VSL: velocity according to the straight path; VAP: velocity according to the smoothed path), three track linearity parameters (LIN: linearity; STR: straightness; WOB: wobble), the ALH (amplitude of the lateral displacement of the sperm head), the BCF (head beat-cross frequency), total motility, defined as the proportion of spermatozoa with VCL > 10 µm/s, and progressive motility as the proportion of spermatozoa with VCL > 25 µm/s and STR > 80%.

2.5. Evaluation of sperm viability, acrosomal status, mitochondrial activity and apoptotic markers

Several physiological traits were assessed by using fluorescent probes and flow cytometry, which have been previously described for red deer (Martínez-Pastor et al., 2006, 2008). Samples were diluted down to 10^6 mL⁻¹ in TTF380, and stained using the fluorophore combinations PI/PNA-FITC for studying viability and acrosomal status, and YO-PRO-1/PI/Mitotracker deep red for studying membrane permeability and mitochondrial status. PNA-FITC was used at 100 µg/mL, PI at 6 µM, YO-PRO-1 at 0.1 µM and Mitotracker Deep Red at 0.1 µM. In all cases, Hoechst 33342 was added at 5 mM, in order to discriminate debris. Spermatozoa stained in these two solutions were incubated for 15 min in the dark before being analyzed by flow cytometry.

The sperm populations showed in this paper were: YO-PRO-1 negative (considered viable spermatozoa), YO-PRO-1+/PI- (spermatozoa with increased plasma membrane permeability, considered compromised membranes), Mitotracker deep red positive (viable spermatozoa with active mitochondria) and PNA positive (spermatozoa with damaged acrosomes).

2.6. Sperm chromatin structure assay

Chromatin stability was assessed following the SCSA, as performed previously with epididymal red deer samples (Martínez-Pastor et al., 2009). Acridine orange (AO) fluorescence shifts from green (dsDNA) to red (ssDNA) depending on the degree of DNA denaturation. Samples were diluted in TNE buffer to a final sperm concentration of 2×10^6 cells/mL, and stored at -80°C . For analysis, the samples were thawed on crushed ice and submitted to acid-induced denaturation of DNA in situ and staining with acridine orange. A volume of 200 µL of sample was pipetted in a flow cytometry tube, and it was immediately

272 mixed with 0.4 mL of the acid-detergent solution. After
273 30 s, 1.2 mL of the acridine orange solution was added to the
274 tube. The tube was kept on ice 3 min before flow cytometry
275 analysis.

276 2.7. Flow cytometry analyses

277 Flow cytometry analyses were carried out with a CyAn
278 ADP flow cytometer (Beckman Coulter, Brea, CA, USA),
279 with semiconductor lasers emitting at 405 nm (violet;
280 Hoechst 33342), 488 nm (blue; YO-PRO-1, FITC, PI, acridine
281 orange), and 635 nm (red; Mitotracker Deep Red).
282 Filters used for each fluorochrome were 450/50 (blue) for
283 Hoechst 33342, 530/40 (green) for YO-PRO-1 and FITC,
284 613/20 (red) for PI, and 665/20 for Mitotracker deep red.
285 The system and event analyses were controlled using
286 the Summit software provided with the cytometer. All
287 the parameters were read using logarithmic amplifica-
288 tion. For each sample, 5000 spermatozoa were recorded,
289 saving the data in flow cytometry standard (FCS) v. 3
290 files. The analysis of the flow cytometry data was carried
291 out using WEASEL v. 3 (WEHI, Melbourne, Australia). The
292 PI/PNA-FITC and YO-PRO-1/PI/Mitotracker deep red com-
293 binations were analyzed as previously described for red
294 deer (Martínez-Pastor et al., 2006, 2008).

295 For the analysis of SCSA samples Evenson and Jost
296 (2000), we used a FACScalibur flow cytometer (Becton
297 Dickinson) and the acquisition software CellQuest v. 3.
298 We analyzed 5000 events per sample, exciting the acridine
299 orange with the Ar-ion 488 nm laser and using a
300 530/30 filter for the green fluorescence of DNAds-bound
301 AO, and a 650 long pass filter for the red fluorescence of
302 DNAss-bound AO. Data was saved in saving the data in flow
303 cytometry standard (FCS) v. 2 files, which were processed
304 using the R statistical environment. We calculated the
305 DNA Fragmentation Index (DFI) for each spermatozoa as
306 the ratio of red fluorescence respect to total fluorescence
307 (red + green). From the DFI values we obtained the percent-
308 age of spermatozoa with high fragmentation index (%DFI,
309 DFI > 25%), and the percentage of spermatozoa with high
310 DNA sustainability (HDS), defined as those events with
311 green fluorescence above channel 600.

312 2.8. Assessment of lipid peroxidation

313 The susceptibility of the spermatozoa to lipoperoxida-
314 tion was assessed using the Bioxitech® MDA-586 kit (Oxis
315 International, Foster, CA, USA) to detect malondialdehyde
316 (MDA) concentration (Domínguez-Rebolledo et al., 2010a).
317 To induce MDA release, samples were previously diluted
318 with PBS to 10^7 mL^{-1} and incubated for 30 min at 37°C with
319 $40 \mu\text{M}$ of FeSO_4 and $200 \mu\text{M}$ sodium ascorbate. The sam-
320 ple was then mixed with the reactive provided in the kit
321 and incubated at 45°C for 1 h. The tubes were centrifuged
322 and the supernatant was transferred to wells ($200 \mu\text{L}/\text{well}$)
323 in a 96-well flat bottom transparent plate (Nunc, Roskilde,
324 Denmark). The plate absorbance at 586 nm was read on
325 a multipurpose microplate reader (Synergy HT, BIO-TEK,
326 Winooski, Vermont, USA). The MDA production (nmol of

MDA per 10^6 spermatozoa) was calculated from a standard
curve generated from known quantities of MDA.

2.9. Statistical analysis

330 Data were analyzed in the R statistical environ-
331 ment (R Development Core Team, 2011). The effects of
332 the antioxidant supplements were analyzed using linear
333 mixed-effects models, with incubation time, antioxidant
334 and antioxidant concentration in the fixed part of the
335 models, and including the male as the grouping factor in
336 the random part of the models. Results are presented as
337 mean \pm SEM, or effect sizes (mean \pm SEM of the respective
338 coefficients) respect to the control (that is, the variation of
339 the variable submitted to a given treatment, relative to the
340 control).

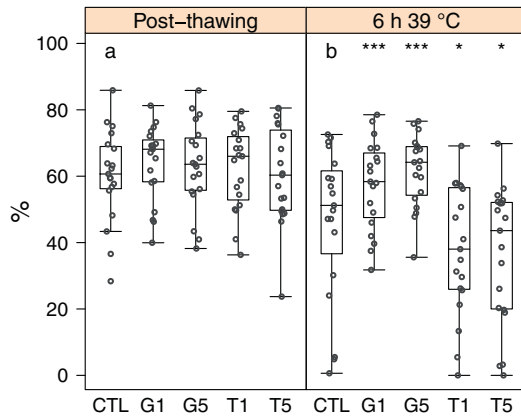
3. Results

342 The results were clearly affected by the sampling end-
343 point, with treatment effects being significant after the
344 incubation. Just after thawing, the motility of sperm sam-
345 ples was similar across treatments, not showing many
346 differences between the Control and the antioxidant treat-
347 ments (Fig. 1). Despite obtaining a good total motility after
348 thawing ($60.2\% \pm 3.2$; sub Fig. 1a), the progressive motil-
349 ity of the samples was very low (sub Fig. 1b), with only
350 $4.4\% \pm 0.3$ of the spermatozoa being identified as progres-
351 sive (post-thawing overall average).

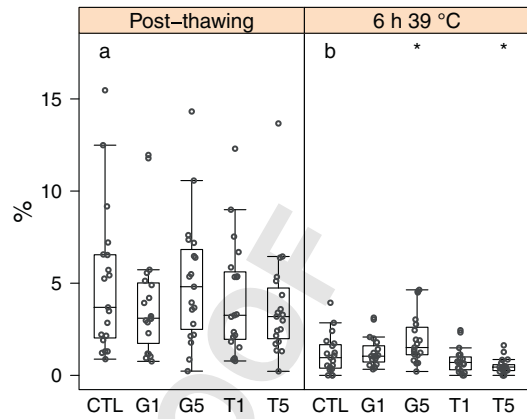
352 After incubating the samples for 6 h, the motility
353 was still acceptable, decreasing significantly (Control:
354 $46.4\% \pm 5.3$). Velocity did not change significantly, and vari-
355 ables defining track shape (LIN and WOB, sub Fig. 1d and
356 e) only decreased slightly. Both GSH concentrations kept
357 MOT similar to the post-thawing Control ($P > 0.05$), while
358 increasing VCL (increase respect to the post-thawing Con-
359 trol of 12.7 ± 3.7 for 1 mM, $P = 0.002$, and 22.1 ± 3.7 for
360 5 mM, $P < 0.001$; sub Fig. 1c); VAP and VSL were also higher
361 for both GSH-treated samples after the incubation (VAP:
362 increase of 9.8 ± 2.2 for 1 mM and 17.5 ± 2.2 for 5 mM,
363 $P < 0.001$; VSL: increase of 3.5 ± 0.8 for 5 mM, $P < 0.001$).
364 WOB was also significantly increased by GSH (sub Fig. 1e).
365 WOB is the ratio between VAP (velocity according to
366 the smoothed path) and VCL (curvilinear velocity), and
367 its increase indicates a less sinuous trajectory. ALH also
368 increased with GSH (sub Fig. 1f), indicating a more “ener-
369 getic” movement. Contrarily, Trolox depressed motility,
370 both in quantity (total motility) and in quality (lower veloc-
371 ity, WOB and ALH). Although this effect was slightly more
372 pronounced at 5 mM, both concentrations produced the
373 same effect.

374 Similarly to motility, the status of sperm organelles
375 was little affected by the antioxidants in the post-thawing
376 assessment, but several differences arose during the incu-
377 bation (Fig. 2). Sperm viability (intact plasma membrane
378 capable to keep both YO-PRO-1 and PI out of the cell;
379 sub Fig. 2a) did not vary significantly between treatments
380 either after thawing or after the incubation. However,
381 the proportion of the subpopulation with altered plasma
382 membrane permeability (PI- but not being able to prevent
383 YO-PRO-1 inflow; sub Fig. 2b) was significantly lower for

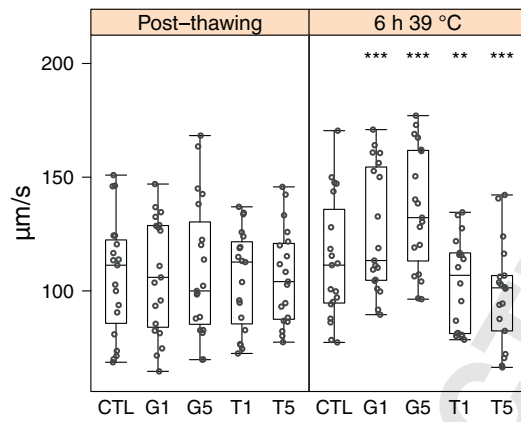
(a) Total motility



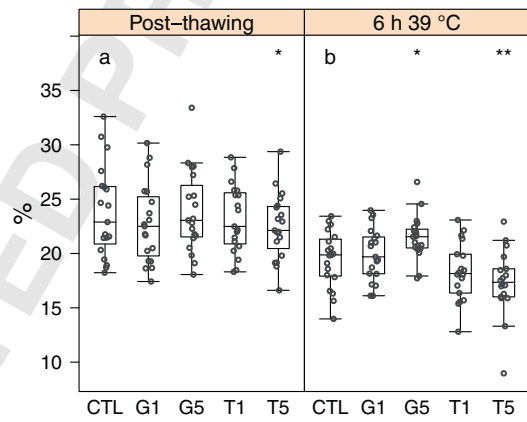
(b) Progressive motility



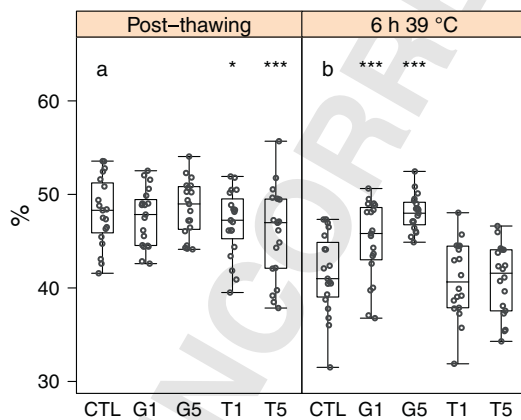
(c) VCL (curvilinear velocity)



(d) LIN (linearity)



(e) WOB (wobble)



(f) ALH (lateral head displacement)

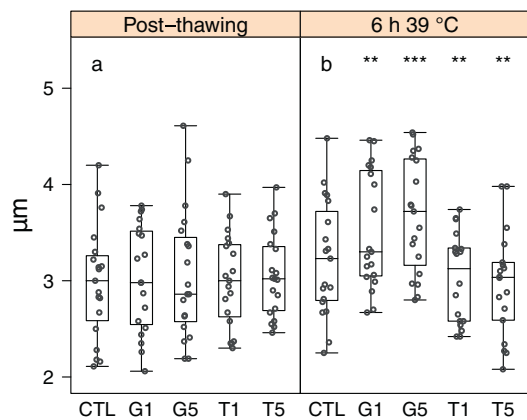
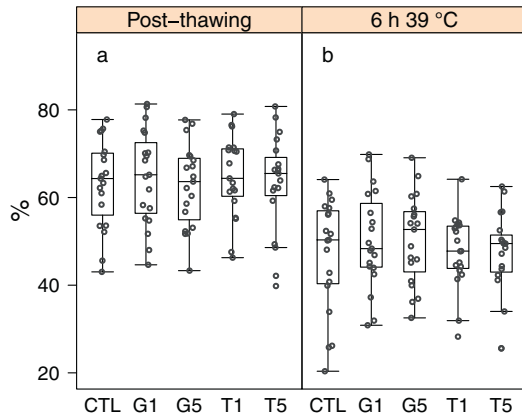
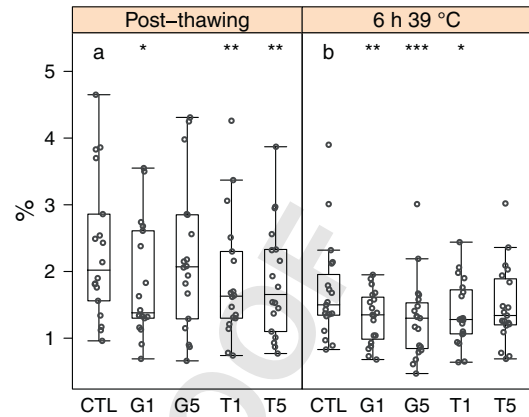


Fig. 1. Effects of antioxidant treatments on red deer sperm motility at post-thawing or after 6 h of incubation at 39 °C. Dots show the actual values for each treatment (CTL: Control; G1: GSH 1 mM; G5: GSH 5 mM; T1: Trolox 1 mM; T5: Trolox 5 mM). The superimposed boxes span from the 1st to the 3rd quartile, with the inner line showing the median, and whiskers span up to the extreme observations within 1.5 times the interquartile range. Letters on the top show significant differences between the control samples of both endpoints (different letters indicate $P < 0.05$), whereas asterisks indicate a significant effect of the antioxidant treatments respect to the control value within each endpoint (* $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$).

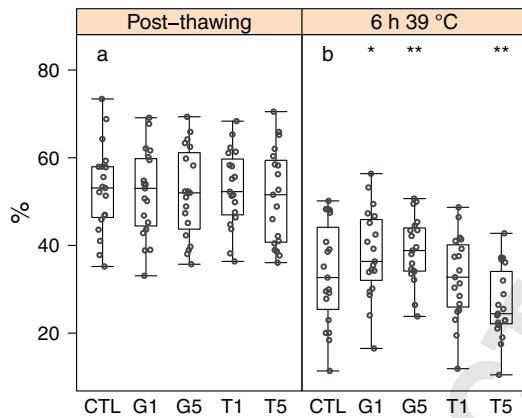
(a) Viability (YO-PRO-1-)



(b) Compromised membrane (YO-PRO-1+/PI-)



(c) Active mitochondria (Mitotracker+)



(d) Damaged acrosomes (PNA+)

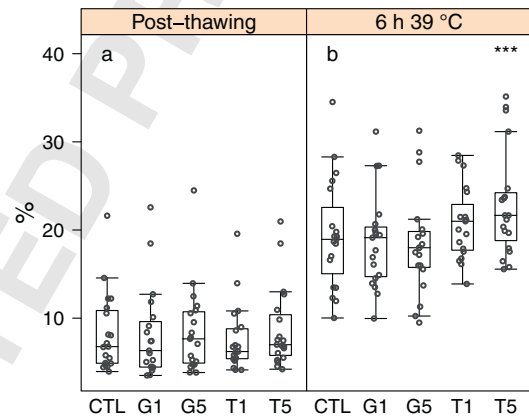


Fig. 2. Effects of antioxidant treatments on red deer sperm physiology at post-thawing or after 6 h of incubation at 39 °C, assessed by using fluorescent probes and flow cytometry. Figure elements are described in the caption of Fig. 1.

GSH 1 mM and both Trolox treatments just after thawing (nevertheless, the proportion of this subpopulation was very small). The proportion of this population was even lower after the incubation (below 2% for most samples; $P < 0.01$ comparing with the post-thawing endpoint), possibly due to cell death. Both GSH concentrations and Trolox 1 mM significantly decreased this population compared to the Control.

The incubation caused an overall decrease of 18.1 ± 1.2 percent points in the proportion of spermatozoa with active mitochondria (sub Fig. 2c). Both GSH concentrations moderated this decrease to 14.2 ± 2.1 percent points ($P < 0.05$), while it was more pronounced for Trolox 5 mM (25.9 ± 2.4 percent points; $P < 0.01$). This negative effect of Trolox 5 mM was also observed in the proportion of spermatozoa with damaged acrosomes according to PNA stain (sub Fig. 2d). Acrosomal damage increased 11.1 ± 1.1 percent points after the incubation (Control samples, $P < 0.001$), with this increase being significantly larger in the samples treated with Trolox 5 mM (14.7 ± 1.1 percent points, $P < 0.001$).

However, Trolox prevented lipid peroxidation in a dose-dependent manner (sub Fig. 3a). No differences were detected between the post-thawing and post-incubation analyses regarding malondialdehyde production, but Trolox 1 mM reduced it by 3.8 ± 0.4 nmol per 10^8 cells and Trolox 5 mM by 7.9 ± 0.4 nmol per 10^8 cells (overall for both endpoints, $P < 0.001$). GSH had no effect on this parameter, except for GSH 5 mM after the incubation, which induced a small increase of 1.8 ± 0.7 nmol per 10^8 cells ($P = 0.007$).

The analysis of DNA status by SCSA showed that only a small proportion of spermatozoa presented altered chromatin (%DFI, sub Fig. 3b). This proportion significantly increased after the incubation, although remaining within acceptable %DFI levels (overall median of 11.7%), with only a few samples above 20% of %DFI. At this endpoint, samples frozen with GSH 5 mM showed a higher sensitivity to chromatin alterations (increase of 5.8 ± 2.2 percent points respect to the Control, $P = 0.011$). This effect was also noted in the %HDS parameter (sub Fig. 3c), which was higher after the incubation in samples frozen with GSH (increasing 4.2 ± 0.7 for 1 mM and 7.3 ± 0.7 for 5 mM, comparing to

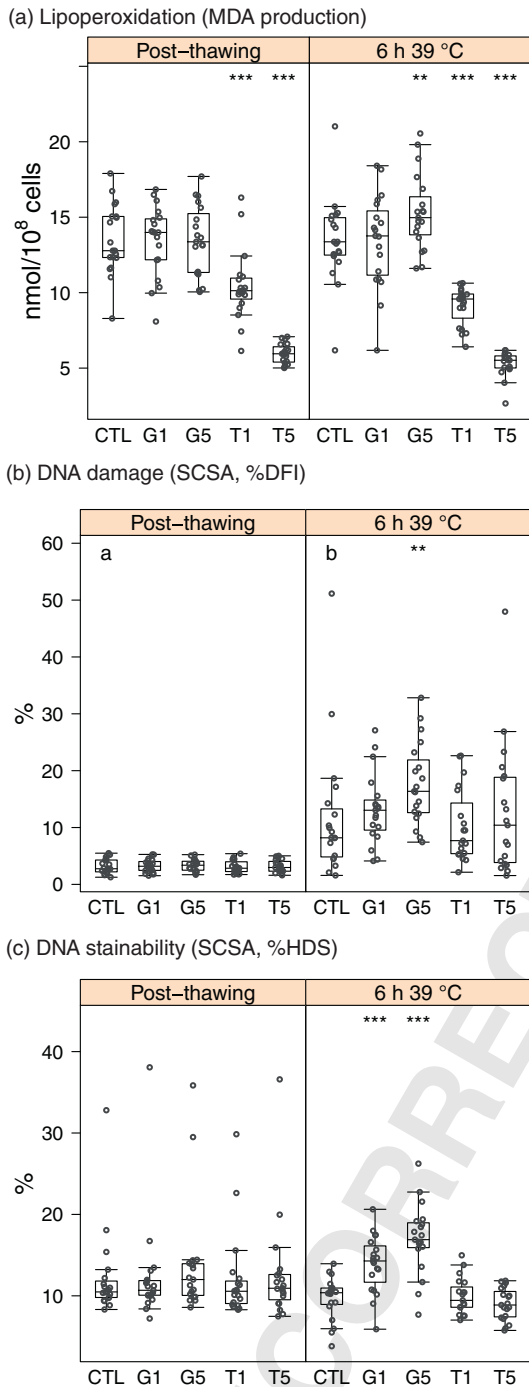


Fig. 3. Effects of antioxidant treatments on the lipoperoxidation and chromatin status of red deer sperm at post-thawing or after 6 h of incubation at 39 °C. Figure elements are described in the caption.

the Control; $P < 0.001$). Neither incubation nor Trolox had a significant effect in %HDS.

4. Discussion

This study has produced two important results, the first that the antioxidants GSH and Trolox affected the outcome

of red deer epididymal spermatozoa cryopreservation and the second, that these effects were masked in the post-thawing analysis, but clearly seen after several hours at physiological temperature. These results give some indication of the effects of antioxidants in sperm physiology during the cryopreservation process.

Submitting spermatozoa to cooling and freezing/thawing may induce the production of free radicals, which might add to or worsen the effects of cold shock and cryopreservation (Chatterjee and Gagnon, 2001). Spermatozoa are highly sensitive to lipid peroxidation, but this process can be prevented or reverted by many antioxidant mechanisms present in the cell or in the seminal plasma (Storey, 1997). In this study, we have worked with epididymal spermatozoa from red deer, as a valuable and convenient source of germplasm from hunting reserves (Garde et al., 2006). Epididymal spermatozoa are protected by a range of antioxidant enzymes (Vernet et al., 2004), but the samples are highly diluted upon collection, reducing protection to that provided by the sperm extender. Moreover, we have observed that part of the spermatozoa lose the cytoplasmic droplet during the cryopreservation process (unpublished data), which is likely to reduce its resistance to the oxidative stress (Nichi et al., 2007).

In order to improve the quality of deer epididymal spermatozoa, Trolox appears as an attractive option. We have reported that the application of Trolox to thawed deer epididymal spermatozoa at 100 μM slightly benefited sperm quality (Martínez-Pastor et al., 2008), where it showed a high free radical scavenging activity, even at only 10 μM (Martínez-Pastor et al., 2009). Trolox at 1 mM greatly diminished the susceptibility of deer spermatozoa to oxidative stress after thawing and washing (Domínguez-Rebolledo et al., 2009). Similar experiments with thawed spermatozoa compared several antioxidants, and Trolox (at 0.1 and 1 mM) was one of the most efficient preventing intracellular ROS rise, lipid peroxidation and DNA damage (Domínguez-Rebolledo et al., 2010a). Interestingly no inhibitory effect of Trolox on sperm motility was identified.

The present study shows that Trolox, at least at the low millimolar range, might not be appropriate for freezing epididymal deer spermatozoa, which agrees with a previous study (Fernández-Santos et al., 2007), using higher concentrations (3.2 and 6.4 mM) and a different methodology for freezing and analyzing the samples. Other authors have found positive results cryopreserving boar semen with Trolox at 100 and 200 μM , finding a protective effect in sperm membranes that depended on the semen fraction frozen (Peña et al., 2004). These same authors found a dose-dependent protective effect of Trolox on sperm motility and mitochondrial activity (Peña et al., 2003), both at 30 and 120 min after thawing. These results contrast with those obtained in deer, since we found a decrease in motility and mitochondrial activity. It is possible that Trolox could exert a negative effect through an excessive scavenging activity, since ROS have a physiological function, participating in intracellular signaling, and being associated with many important events in the spermatozoa (Aitken, 1995; O'Flaherty et al., 2006).

However, the ROS scavenging activity alone do not explain Trolox effects. The antioxidants TEMPOL or rutin,

which are excellent ROS scavengers too, produced motility inhibition when incubating ram and red deer spermatozoa post-thawing (Mata-Campuzano et al., in press-a; in press-b), but this did not occur when using Trolox (Dominguez-Rebolledo et al., 2010a). It is possible that Trolox could interfere with intracellular pathways during critical steps of the freezing/thawing procedure, an effect that could be uncovered during the post-thawing incubation (when Trolox might exert little negative effects by itself).

In contrast, GSH improved the quality of red deer spermatozoa after cryopreservation and incubation. The protection of mitochondrial activity during the incubation is specially important, given the role of this organelle not only in maintaining the energetic status of the spermatozoa, but also in pathways regulating motility, capacitation and apoptosis (Peña et al., 2009). Although the presence of a high proportion of spermatozoa with active mitochondria might not be essential for higher fertility (Al Naib et al., 2011), the GSH-treated samples showed a concomitant increase not only in the proportion of motile spermatozoa, but also in velocity and ALH. This increase in motility might represent a difference in fertility if these samples were used for artificial insemination, given the importance of sperm velocity in deer fertility (Malo et al., 2005). However, results in other ruminants have not been so encouraging. Foote et al. (2002) cryopreserved bull semen with 0.5 mM GSH, reporting some improvement in motility only after 12 h of incubation, which was significant only when adding 100 U/mL of superoxide dismutase together with the GSH. These authors conducted a field trial using GSH at 0.5 and 1 mM in extended semen (not cryopreserved), not observing an improvement on fertility. Tuncer et al. (2010), cryopreserving bull semen with 0.5 and 2 mM GSH, did not obtain any improvement in sperm motility or other quality parameters just after thawing. Only DNA damage was significantly lower with 0.5 mM, but it was not accompanied by higher fertility. Similarly, studies on ram semen have shown few positive results when supplementing the cryopreservation extender with GSH. For example, Bucak et al. (2008) (using GSH 5 mM) reported an improvement in the antioxidant status in the thawed samples, but similar results for sperm quality and lipid peroxidation. Cámara et al. (2011) reported that the total antioxidant activity and sperm quality post-thawing was similar among treatments (GSH at 0.5, 1 and 2 mM), while Silva et al. (2011) found that GSH at 7 mM had negative effects on ram semen motility and mitochondrial and acrosomal ultrastructure. Nevertheless, 2 and 5 mM GSH improved acrosomal ultrastructure, but with no improvements in motility, viability, acrosomal integrity or mitochondrial status.

When studying lipid peroxidation, we have found that the supplementation with GSH increased the production of MDA after the incubation. We must point out that lipid peroxidation did not increase during the incubation in the control samples, suggesting that deer epididymal spermatozoa are able to cope with oxidative stress after thawing in an acceptable manner (although we cannot discard a protective effect of the freezing extender). This is an interesting observation, since the antioxidant capacity of frozen/thawed spermatozoa seems to decrease

considerably (Bilodeau et al., 2000). Indeed, other studies have suggested that deer spermatozoa might be little prone to lipoperoxidation during post-thawing incubation, unless external oxidants are added (Dominguez-Rebolledo et al., 2010a,b). The increase of MDA in samples supplemented with GSH at 5 mM may be related to the increased metabolic activity, given the higher motility and mitochondrial activity of GSH-treated samples after the incubation. Similarly, Tuncer et al. (2010) observed an increase of MDA production after cryopreservation of bull semen with GSH at 0.5 and 2 mM. Nevertheless, it is important to keep in mind that the increasing MDA levels in our samples frozen with GSH 5 mM was not linked with a negative effect on motility or sperm physiology, and they could be well below dangerous levels. On the contrary, Trolox decreased MDA production efficiently (agreeing to previous studies (Dominguez-Rebolledo et al., 2010a)). The lower values after thawing indicate that the effect of Trolox on MDA production was exerted during the freezing/thawing process, and not during the incubation. These results support our hypothesis that the effects of Trolox (positive and negative) that we have observed in this study are due to its activity during the freezing/thawing process, rather than during the post-thawing incubation.

DNA damage was very low after thawing, similar to results in fresh deer epididymal spermatozoa (García-Macias et al., 2006). The chromatin of red deer spermatozoa, as assessed by SCSA, seems to be very resilient to damage even after long periods of storage without antioxidants (Fernandez-Santos et al., 2009a,b). After the incubation, most samples remained with low levels of chromatin alterations, agreeing with previous studies on cervids (Fernandez-Santos et al., 2009b; Gosálvez et al., 2011). Trolox had no effect after the incubation, but it might be due to the already low levels of chromatin alterations. We have reported in other studies a protective effect of Trolox on sperm DNA, but this effect was only noticeable in samples treated with oxidants and other stressing situations (Dominguez-Rebolledo et al., 2009, 2010a).

Regarding GSH, we observed an increase in %DFI and %HDS, especially when using it at 5 mM. García-Macias et al. (2006) demonstrated in samples from several species that spermatozoa obtained from the caput epididymis presented a higher %DFI and %HDS than those obtained from the cauda. These results were compatible with a lower chromatin condensation in the caput, rather than with DNA damage, as confirmed by other authors studying the condensation of sperm chromatin during epididymal transit (Golan et al., 1996). We believe that this is the case in our study, and that the reducing power provided by GSH might be used by nuclear peroxidases to break the disulfide bonds, especially in non-viable spermatozoa, with broken membranes. Nevertheless, these results must be taken into account if fertility trials are undertaken using spermatozoa frozen in the presence of GSH.

5. Conclusions

This study presents GSH as a possible supplement for the cryopreservation of red deer epididymal spermatozoa. However, it is necessary to perform fertility trials (in vitro

and in vivo), in order to test if the post-incubation results reflect improved fertility, although the post-incubation results are promising. Trolox is a powerful antioxidant that has performed well when added to deer spermatozoa after thawing and washing, but it does not seem suitable as a supplement for the cryopreservation extender. Nevertheless, future studies could consider the use of Trolox at lower concentrations, and testing possible synergistic effects with other antioxidants.

It is important to highlight that this is the first study testing the effect of GSH as an extender supplement for freezing red deer spermatozoa. If our findings result in improved fertility, GSH supplementation might represent a feasible option for improving the results of AI using frozen epididymal spermatozoa in this species.

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