# Original article

# Proteins isolated from *Ganxet* common bean (*Phaseolus vulgaris* L.) landrace: techno-functional and antioxidant properties

Ingrid Aguiló-Aguayo,<sup>1</sup>\* D Carlos Álvarez,<sup>2</sup> Montse Saperas,<sup>3</sup> Ana Rivera,<sup>4,5</sup> Maribel Abadias<sup>1</sup> & Tomás Lafarga<sup>1,6</sup>\*

1 IRTA, Postharvest Programme, Edifici Fruitcentre, Parc Científic i Tecnològic Agroalimentari de Lleida, Parc de Gardeny, Lleida Catalonia, 25003, Spain

2 Department of Food Quality and Sensory Analysis, Teagasc Food Research Centre, Dublin 15, Ireland

3 Grup de Recerca en Cuina i Gastronomia, CETT-UB, Campus Turisme, Hoteleria i Gastronomia, Av. Can Marcet 36-38, Barcelone 08035, Spain

4 Miquel Agustí Foundation, Campus Baix Llobregat, Esteve Terrades 8, Castelldefels 08860, Spain

5 Department of Agri-Food Engineering and Biotechnology, Universitat Politècnica de Catalunya, BarcelonaTech, Campus Baix Llobregat,

Esteve Terrades 8, Castelldefels 08860, Spain

6 Department of chemical Engineering, University of Almeria, Almeria, Spain

(Received 22 March 2021; Accepted in revised form 4 June 2021)

**Summary** Ganxet protein isolates (GPI) were assessed for antioxidant and functional properties including emulsifying and foaming capacity. The protein content and water activity  $(a_w)$  value of GPI were 91.08 ± 4.15% and 0.248 ± 0.008%, respectively. The oil- and water-holding capacities of GPI were calculated as 2.76 ± 0.33 and 1.25 ± 0.11 g g<sup>-1</sup> of GPI, respectively (P < 0.05). Foaming and emulsifying properties were found to be pH-dependent (P < 0.05). The highest foaming capacity values were observed at pH 8.0 and 10.0 and were calculated as 86.25 ± 5.30% and 78.75 ± 1.77%, respectively. In addition, the generated emulsions were found to be stable, especially at pH 8.0 and 10.0 with emulsion stability values of 94.1 ± 0.0 and 93.9 ± 0.1, respectively (P < 0.05). Results obtained in the current study demonstrate the potential applications of *Ganxet*-derived proteins as techno-functional ingredients for the development of novel foods.

Keywords Antioxidant activity, common beans, functional properties, Ganxet beans, vegetable proteins.

#### Introduction

Proteins are used in the food industry not only for their nutritional importance but also for their excellent techno-functional properties, which include emulsifying and foaming properties. There is an increasing demand for plant-derived proteins as a technofunctional ingredient and extensive research is devoted to consider legumes as alternative sources of protein. According to Cheng et al. (2019), lesser-known legumes with similar nutritional properties to soybean are still under exploration opening opportunities to different species from the Mediterranean-climate areas. Common beans (Phaseolus vulgaris L.) are excellent protein sources, which have between two and three times as much protein as cereals (Rivera et al., 2015). Particularly, Ganxet bean is a landrace grown in Catalonia (in the northeastern area of Spain). Its seeds are easily identified by their white colour and the markedly hooked shape, from which its name derives. Ganxet bean is characterised by a high content of protein and a large amount of uronic acids in the seed coat (Casañas et al., 1999, 2006). Proteins derived from Ganxet beans showed good foaming and emulsifying properties previously, especially at acidic and alkaline conditions (Lafarga et al., 2018). However, Ganxet-derived proteins obtained in that study showed lower functionality at neutral pH values, probably because of the extraction methodology. Thus, the aim of the present study was to investigate whether a different extraction procedure could affect the functional properties of proteins extracted from Ganxet bean proteins. Colour, pH, water activity  $(a_w)$ , water-holding and oil-holding capacity (WHC and OHC), emulsifying and foaming properties of the extracted proteins were assessed. In addition, the antioxidant capacity and the molecular weight (MW) of the extracted proteins were also evaluated to assess the potential of proteins derived from this valuable bean for use in the food industry.

<sup>\*</sup>Correspondent: E-mails: Ingrid.Aguilo@irta.cat; lpt365@ual.es

#### **Materials and methods**

#### Protein extraction and determination

Dried seeds of *Ganxet* beans were obtained from the Fundació Miquel Agustí (Barcelona, Spain). The beans were milled with a MINIMOKA GR-020 grinder (Taurus Group, Barcelona, Spain) and passed through a sieve of 1 mm. Flours were suspended in distilled water at a sample:solvent ratio of 1:10 (w/v). The initial pH of the water used as solvent was 6.2  $\pm$ 0.1. The suspended samples were sonicated for 1 h using a JP Selecta ultrasonic bath (JP Selecta S.A., Barcelona, Spain) operating at 40 kHz and 250 W. The samples were left to stir overnight on a magnetic stirrer plate at 4 °C and 350 r.p.m. After 24 h, the solution was centrifuged at  $10,000 \times g$  for 20 min and the supernatant decanted. The pellet was re-suspended in half the initial volume of distilled water and subjected to a second extraction as described above. Supernatants from both days were pooled together and saturated to 80% (w/v) with ammonium sulphate for 1 h at 4 °C followed by centrifugation at 10 000 g for 30 min using a Sigma 3-18 KS centrifuge (Sigma Laborzentrifugen GmbH. Osterode am Harz. Germany) to precipitate the protein. Protein precipitates were re-suspended in a minimum volume of water and were dialysed using Thermo Scientific<sup>™</sup> SnakeSkin<sup>™</sup> 3.5 kDa MWCO tubing against ultrapure water at 4 °C overnight. Dialysed protein extracts were frozen and freeze-dried using a Crydos-50 freeze-dryer (Telstar, Barcelona, Spain). Drying temperature was kept under 25  $\pm$  1 °C. Freeze-dried samples, labelled as GPI (Ganxet protein isolate), were vacuum-sealed and stored at -20 °C until further analysis.

The protein content of *Ganxet* beans was determined using a Leco FP 628 Protein Analyser (Leco Corporation, MI, USA). The protein content of the GPI was determined using the Quick Start<sup>TM</sup> Bradford Protein assay kit (Bio-Rad Laboratories Inc., CA, USA) following the manufacturers' instructions. The protein yield of the process was calculated as g of GPI per 100 g of *Ganxet* bean on a dry weight (DW) basis.

#### In vitro and in silico enzymatic hydrolysis

Enzymatic hydrolysates of the isolated proteins were prepared in triplicate using pepsin and a CelliGen<sup>®</sup> 115 fermenter (New Brunswick Scientific Co., Cambridge, England) with agitation, temperature and pH control. A substrate solution was prepared by resuspending the freeze-dried *Ganxet* isolated proteins in distilled water at a concentration of 20 g L<sup>-1</sup> at a total volume of 500 mL. Agitation, temperature and pH conditions were adjusted to 350 r.p.m., 37 °C and 2.0, respectively. The enzyme was added once the optimum

temperature and pH conditions were achieved in a substrate to enzyme ratio of 100:1 (w/w). After 60 min, the enzyme was heat-deactivated at 90 °C for 5 min in a water bath. The generated hydrolysate was centrifuged at 10 000 g for 10 min, and the supernatant was frozen, freeze-dried and stored at -20 °C until further use. The Ganxet protein hydrolysate was labelled as GPH. The amino acid sequences of proteins previously reported from P. vulgaris L. were accessed from the UniProtKB database available at http:// www.uniprot.org/. These proteins were hydrolysed in silico using pepsin, and BIOPEP-UWM database was used (Minkiewicz et al., 2019) (http://www.uwm.edu, pl/biochemia/index.php/pl/biopep). Peptides obtained after in silico hydrolysis were compared with bioactive peptides obtained in their database.

# High performance liquid size exclusion chromatography analysis

Size exclusion chromatographic analyses were carried out to determine the molecular size of the hydrolysates. Phosphate buffer (pH 7.5, 0.1 M) was used as carrier with a flow of  $0.85 \text{ mL min}^{-1}$  in a Waters HPLC (2795 Separation Module) coupled to two serial-connected columns (Zorbax GF-250 and Zorbax GF-450). The result was monitored at 254 nm in a photodiode array detector (Waters 2996, USA), and the area of each peak was evaluated using the Empower Pro 2 software (Waters Corporation, USA). A calibration curve was made using albumin (66 kDa), carbonic anhydrase (29 kDa), cytochrome C (12.4 kDa), aprotinin (6.5 kDa), angiotensin II acetate (Asp-Arg-Val-Tyr-Ile-His-Pro-Phe; 1046 Da) and leucine enkephalin (Tyr-Gly-Gly-Phe-Leu; 555 Da). Blue dextran (MW of 2000 kDa) was employed to determine the void volume of the system (Ojha et al., 2016).

#### Colour evaluation, pH and water activity determination

Colour recordings were taken in triplicate using a Minolta CR-200 chroma meter (Minolta Inc., Tokyo, Japan). Chroma ( $C^*_{ab}$ ) and difference from the control ( $\delta E$ ) were calculated as described by Wibowo *et al.*, (2015). Freeze-dried *Ganxet* bean proteins were resuspended in distilled water at 1% (w/v), and the pH was measured using a Basic 20 pH meter (Crison Instruments S.A., Barcelona, Spain). The  $a_w$  was measured using an AquaLab meter (Decagon Devices Inc., Pullman, WA, USA) at 22.0  $\pm$  0.9 °C.

#### Techno-functional properties

The water-holding (WHC) and oil-holding (OHC) capacities and foaming capacity (FC) of the *Ganxet* protein extracts were determined following the

methodology previously described by Garcia-Vaquero *et al.* (2017). WHC and OHC were expressed as gram of water or sunflower oil per gram of protein, respectively. FC was measured as the volume of foam generated as a percentage of the initial volume, and foaming stability (FS) was expressed as the percentage of decrease in foam volume over time as described by Lafarga *et al.* (2018). Emulsifying activity (EA) and emulsion stability (ES) of the freeze-dried *Ganxet* proteins were determined as described by Lafarga *et al.* (2018). ES was determined immediately after the emulsion was created and refers to the percentage of emulsion that resists to a thermal treatment (85 °C, 15 min).

#### 2,2-Diphenyl-1-picrylhydrazyl radical-scavenging activity

Antioxidant capacity of the isolated proteins and of the pepsin hydrolysates was determined the 2,2diphenyl-1-picrylhydrazyl (DPPH) radical-scavenging activity following the methodology described by Bougatef *et al.* (2010) using a GENESYS<sup>™</sup> 10S UV-Vis spectrophotometer (Thermo Fisher Scientific, Massachusetts, USA).

#### Statistical analysis

Determinations were carried out in triplicate for each sample. Results were expressed as mean  $\pm$  SD. Differences between samples were analysed using ANOVA with JMP 13 (SAS Institute Inc., Cary, NC, USA). Where significant differences were present, a Tukey's pairwise comparison of the means was conducted to identify where the sample differences occurred. The criterion for statistical significance was P < 0.05. To identify relationships between physicochemical parameters, bivariate Pearson's correlation analysis was carried out.

#### **Results and discussion**

Crude protein content of raw Ganxet beans was calculated as 22.7  $\pm$  0.2%, which is comparable to that reported in previous studies (Rivera et al., 2015; Lafarga et al., 2018) or in line to other legumes such as pea and lupine, calculated as 21.9% and 35.1%, respectively (Pelgrom et al., 2015). In addition, the protein content and protein yield of GPI were calculated as  $91.08 \pm 4.15\%$  and  $9.12 \pm 0.85\%$ , respectively, which was similar to other protein isolates from white or red cowpea (87.7%–85.9%), several kidney bean (83.3-89.8%) or field pea varieties (90.8-94.7%) (Shevkani et al., 2015a, 2015b). The protein content and yield obtained in the current study compared well with those obtained by Garcia-Vaquero et al. (2017) seaweed-derived proteins, obtained using the same methodology and calculated as 63.3% and 6.5%, respectively. In a previous study, ultrasound-assisted isoelectric solubilisation-precipitation methodology was used to achieve high Ganxet protein recoveries ranging between 45.6% and 78.7%, but lower purities in the protein isolates (Lafarga et al., 2018).

#### Molecular weight distribution

Figure 1 represents the size exclusion chromatography (SEC) chromatogram of the protein profile obtained for GPI. A first peak can be observed at a retention time of 5.40 min. Such peak might be composed by proteins larger than 150 kDa, which is the upper limit of resolution for the column employed. Vioque *et al.* (2012) reported a peak of 226 kDa when analysing *Vicia faba*, which was attributed to trimmers of legumin, which has an isoelectric point close to the pH employed for extraction in this paper. Although the most common form of legumin is in the form of hexamer, the presence of salts and extreme pH conditions

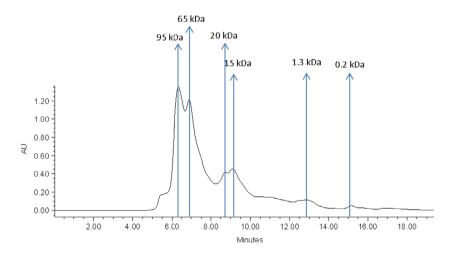


Figure 1 Chromatogram of proteins extracted from *Ganxet* common beans. The molecular weight of the main peaks is pointed with an arrow.

can lead to a further dissociation in trimers (Chambers et al., 1990). Minor amounts were expected to be extracted following the protocol employed in this study, and this explains the relative low abundance of this large protein in the extract here studied. Two main peaks can be observed in Fig. 1 corresponding to molecular weights of 95 and 65 kDa, respectively, and represent 29.48% and 34.03% of the total protein detected. Those peaks can correspond to convicilin, as reported in a previous study where such proteins were extracted using alkaline and acid solubilisation (Lafarga et al., 2018). However, due to the enormous variation on the SEC profile observed for the different varieties of V. faba, it is very hard to identify which protein corresponds to each one of the peaks observed in the present study (Mirali et al., 2007; Nikolić et al., 2012). Next peaks in relevance are those that correspond to molecular weights of 20 and 15 kDa, which could correspond to  $\alpha$ - and  $\beta$ -legumin. Their areas represent 7.11% and 13.99% of total proteins detected, respectively. Finally, two peaks corresponding to very low molecular weight compounds were also detected. These correspond to 1.3 and 0.2 kDa and represent 4.04% and 1.57% of the total protein identified, respectively, which can be either peptides or free amino acids extracted along the main proteins. As highlighted by Warsame et al. (2020), the molecular weight distribution of these two proteins can be very variable. These authors reported that convicilin from V. faba was found to have an apparent molecular weight of 107, 89, 83, 73, 65, 55 or 40 kDa after a proteomic analysis. Those same authors reported that vicilin could be found with a molecular weight of 83, 50, 40 or even 30 kDa. Electrophoresis or SEC can be used as tools to predict which proteins are present in the extract, but results reported herein should be further validated using mass spectrometry.

#### Colour, pH and water activity

CIELAB colour space referred to  $L^*$  (lightness),  $a^*$ (positive  $a^*$  red, negative  $a^*$  green) and  $b^*$  (positive  $b^*$ yellow, negative  $b^*$  blue).  $L^*$ ,  $a^*$  and  $b^*$  values of GPI were 76.72  $\pm$  0.70, 0.72  $\pm$  0.11 and 17.17  $\pm$  0.97, respectively. The  $L^*$  parameter was significantly lower than that of *Ganxet* proteins obtained by isoelectric solubilisation-precipitation, which was  $91.40 \pm 1.63$ (Lafarga et al., 2018). However, similar L\* values were reported for kidney bean and amaranth protein isolates, which were reported as 79.6  $\pm$  0.1 and 78.0  $\pm$ 0.8, respectively (Shevkani et al., 2015b). No major differences were observed between the  $a^*$  value reported herein and those reported for other proteins derived from pulses (Lafarga et al., 2018). The b\* value of GPI was higher when compared to that of proteins derived from soybean, pigeon pea or cowpea

(Garcia-Vaquero et al., 2017). C\*ab represents the degree of departure from grey towards pure chromatic colour and is a quantitative indicator of colourfulness. The  $C^*_{ab}$  of the GPI obtained in the current study was calculated as 17.19  $\pm$  0.57. The  $\delta E$  combines the change in  $L^*$ ,  $a^*$  and  $b^*$  values to quantify the colour deviation from a standard reference sample. The  $\delta E$ was higher than 3, meaning that colour deviations were visible to the human eye (Wibowo et al., 2015), when compared GPI with proteins derived from soybean, pigeon pea, cowpea, kidney bean and field pea (Shevkani et al., 2015a; Garcia-Vaquero et al., 2017). Therefore, the colour of GPI was perceptually different to that of other vegetables-derived proteins, including a Ganxet protein concentrate obtained by isoelectric precipitation (Lafarga et al., 2018).

The pH and  $a_w$  values of GPI were  $4.65 \pm 0.11$  and  $0.248 \pm 0.008$ , respectively. The  $a_w$  value was higher than that of the  $a_w$  *Ganxet* protein concentrate obtained by isoelectric precipitation, which was reported as  $0.180 \pm 0.002$  (Lafarga *et al.*, 2018), and than those previously reported for proteins isolated from different food sources (Lafarga *et al.*, 2016a; Garcia-Vaquero *et al.*, 2017; Tontul *et al.*, 2018). The low  $a_w$  value suggested a stable product during storage as  $a_w$  values in the range 0.1-0.3 usually do not enable microbial growth.

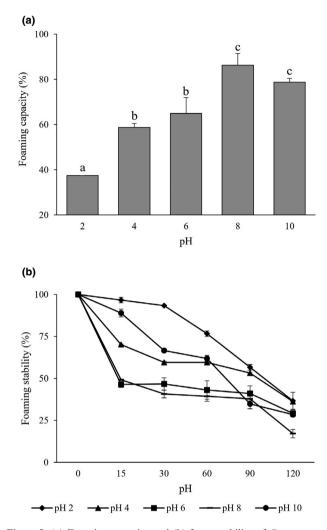
#### **Techno-functional properties**

The WHC and OHC of GPI were 1.25  $\pm$  0.11 and  $2.76 \pm 0.24$  g g<sup>-1</sup> of GPI, respectively. Similar WHC values were obtained for Ganxet bean (Lafarga et al., 2018) and cowpea (Ragab et al., 2004) proteins. WHC represents the ability of a protein matrix to absorb and retain bound, hydrodynamic, capillary and physically entrapped water against gravity (Damodaran & Paraf, 1997). The ability of proteins to hold water without dissolving is desirable mainly in viscous foods such as sausages or custards. High WHC values help to maintain freshness and moist mouth feel of foods. However, WHC values observed in the current study were low when compared to those reported for other plant-derived proteins such as for kidney bean proteins  $(5.34-5.85 \text{ g g}^{-1})$  (Wani *et al.*, 2015). Differences can be attributed mainly to the different extraction methods used, as proteins studied herein are water soluble and were extracted at neutral pH values and those studied by Wani et al. (2015) were obtained by isoelectric solubilisation/precipitation.

Proteins with high OHC can be used in oily foods such as sausages or salad dressings (Tontul *et al.*, 2018) and providing flavour retention and palatability. The OHC of the GPI was also low when compared to that obtained previously for kidney beans, which ranged from 5.8 to 6.9 g g<sup>-1</sup> (Wani *et al.*, 2015), but were comparable to those reported for proteins chickpea-(Tontul *et al.*, 2018), mung bean- (Li *et al.*, 2010) and *Ganxet* bean- (Lafarga *et al.*, 2018) derived proteins. The OHC is attributed to the physical entrapment of fat by the protein (Zayas, 1997).

Foaming properties are also of key importance for the development of certain foods such as meringues or mousses, which are generally made using egg white proteins. However, the increased demand for vegan proteins and foods has led to an increased interest in plant-derived proteins with the ability to form foams. FC and FS values are shown in Fig. 2. A positive correlation was revealed between pH and FC ( $r^2 = 0.900$ ). which is consistent with previous reports that demonstrated that FC is influenced mainly by pH (Sadahira et al., 2015). Higher FC values were observed at pH 8.0 and 10.0 and were calculated as 86.25  $\pm$  5.30% and 78.75  $\pm$  1.77%, respectively. At high pH values, there is an electrostatic repulsion of closely spaced like-charged protein groups leading to an overall increase in the hydrophobicity of the protein surface. High hydrophobicity has been associated with optimum FC and is also an important factor in FS (Townsend & Nakai, 1983). Results were in line with those obtained for other proteins derived from Kappaphycus alvarezii (Kumar et al., 2014) and cowpea (Ragab et al., 2004). FC values obtained herein were higher to those obtained by isoelectric precipitation of proteins from Ganxet beans, which were higher at pH 2.0 - FC was approximately 65% at this pH (Lafarga et al., 2018). These results demonstrated the importance of selecting a suitable extraction protocol depending on the desired functionality. FS was significantly affected by time (P < 0.001), pH (P < 0.001) and the interaction between both factors (P < 0.001). Both FC and FS were higher than those obtained previously for chickpea proteins, which ranged between 3.7%-37.0%and 0.0%-11.7%, respectively (Tontul et al., 2018). The different extraction protocols and the different proteins found in both matrices could be the causes for the observed differences. GPI showed lower FS at pH 6.0 and pH 8.0, being statistically different to the rest of the groups during the first 90 min – except for the FS assessed at pH 10.0 after 90 min. Similar results were reported previously (Khalid et al., 2003; Ragab et al., 2004; Garcia-Vaquero et al., 2017).

Figure 3 shows the EA and ES of GPI. EA was found to be pH dependent (P < 0.05). The highest EA was observed at pH 6.0 and was calculated as 71.0  $\pm$ 1.4% (P < 0.05). No significant differences were observed between the EA when assessed at pH 2.0, 4.0, 8.0 and 10.0. The EA of GPI was similar to that obtained for seaweed-derived proteins, which showed EA values ranging from 70% to 95% when assessed using sunflower oil (Garcia-Vaquero *et al.*, 2017). Similar EA values were reported previously for *Ganxet* 



**Figure 2** (a) Foaming capacity and (b) foam stability of *Ganxet* bean proteins. Values represent the mean of three independent experiments  $\pm$  SD. Different letters indicate significant differences. The criterion for statistical significance was P < 0.05. Foam stability was significantly affected by time (P < 0.001), pH (P < 0.001) and the interaction between both factors time  $\times$  pH (P < 0.001).

proteins (Lafarga *et al.*, 2018). However, because of the differences in the extraction protocols, the optimum EA values in that study were observed at higher pH values (pH 8.0). In the study by Lafarga *et al.* (2018), proteins were solubilised at high pH values, and therefore, their solubility at pH 8.0 was higher when compared to those studied herein, isolated at pH 6–7. Moreover, different proteins have different functionalities and the different proteins present in both suited could partially cause for the observed differences. In the present work, ES was found to be pH dependent (P < 0.05). The generated emulsions were found to be stable, especially at pH 6.0, 8.0 and 10.0

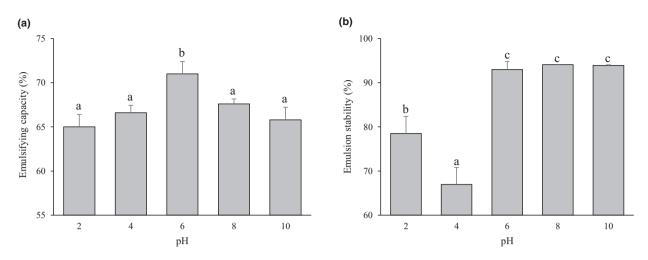


Figure 3 (a) Emulsifying activity and (b) stability of *Ganxet* bean proteins. Values represent the mean of three independent experiments  $\pm$  SD. Different letters indicate significant differences. The criterion for statistical significance was P < 0.05.

(P < 0.05). A significant decrease in ES was observed at pH 4.0 in comparison with pH 2.0 (P < 0.05). Dependence of EA and ES on pH was observed previously, and it was suggested to be caused because the emulsifying capacity of proteins depend on the hydrophilic–lipophilic balance, which is affected by the pH (Ragab *et al.*, 2004). Higher ES at higher pH values can also be caused by a greater amount of electrostatic repulsive forces between droplets present at higher pH values (Lam & Nickelsin, 2015).

#### Antioxidant activity

Common beans are rich sources of antioxidant compounds including polyphenols, ascorbic acid, phytic acid, tocopherols, carotenoids and saponins that contribute to their antioxidant capacity (Lee *et al.*, 2011). More recently, peptides released during digestion were suggested to contribute to the total antioxidant capacity of common beans and other protein-rich foods (Jakubczyk et al., 2013). Figure S1 shows the antioxidant capacity of GPI and the enzymatic hydrolysate generated thereof. Overall, the antioxidant capacity was higher after enzymatic hydrolysis (P < 0.05), which was expected because of the release of antioxidant peptides. The health implications of legumederived antioxidant peptides are linked to their potent action against oxidation (Matemu et al., 2021). Results obtained in this study were comparable to those obtained for cod-derived proteins and hydrolysates (Sabeena Farvin *et al.*, 2014). In addition, the  $EC_{50}$ value, which is defined as the concentration of sample needed to inhibit DPPH activity by 50%, was calculated as 1.21  $\pm$  0.06 and 1.04  $\pm$  0.02 mg mL<sup>-1</sup> for GPI and GPH, respectively, showing significant differences (P < 0.05). The EC<sub>50</sub> value of GPH was comparable to that of egg protein (Chalamaiah et al., 2013) and sardine or mackerel (García-Moreno et al., 2014) hydrolysates. Reported peptide fractions obtained from chickpea proteins hydrolysates showed DPPH radical-scavenging activities of 57% at concentrations of 1 mg mL<sup> $-1^\circ$ </sup> (Kou *et al.*, 2013). Segura Campos *et al.* (2010) reported  $IC_{50}$  values ranging 44.7–112 µg mL<sup>-1</sup> of cowpea hydrolysates with pepsin-pancreatin. Xie et al. (2019) reported DPPH values of 74.23% at concentrations of protein hydrolysates from mung bean of 2.6 mg mL<sup>-1</sup> at low molecular fractions of <3 kDa. The antioxidant capacity of peptides depends largely on their amino acid sequence and molecular weight. Different studies in peptides obtained from legume protein hydrolysates indicated that enzymatic hydrolysates with a molecular weight under 1 kDa contained high proportion of antioxidant peptides (Li et al., 2008; Zhang et al., 2011; Kou et al., 2013; Segura Campos et al., 2010; Sonklin et al., 2020). Therefore, further fractionation and purification of the hydrolysate produced herein would potentially lead to higher antioxidant capacity, although this needs to be assessed in vitro.

In silico analysis was carried out to predict antioxidant peptides formed after hydrolysis of proteins found in common beans using pepsin. This strategy can also be used to predict which protease could be used to obtain hydrolysates with optimal bioactivity or to predict properties such as potential allergenicity and toxicity (Lafarga et al., 2016b). Proteins from P. vulgaris L. were obtained from Luna-Vital et al. (2015) and included  $\alpha$ - and  $\beta$ -phaseolin which belong to the 7S seed storage protein family. Antioxidant peptides identified included di-peptide VY de which

corresponded to f(435-436) and f(420-421) of  $\alpha$ - and β-phaseolin, respectively. The peptide VY was characterised by Cheng et al. (2010) and was reported to inhibit lipid oxidation in soybean oil-in-water emulsions. In addition, the dipeptide EL, which corresponded to f(159-160) of RNA polymerase subunit beta, was previously obtained from casein using pepsin and reported to possess antioxidant properties. Not only antioxidant peptides were obtained after in silico hydrolysis of common bean proteins. Several renin (EC3.4.23.15), angiotensin-I-converting enzyme (EC3. 4.15.1) and dipeptidyl peptidase-IV (EC3.4.14.5) inhibitory peptides were also predicted to be released. Inhibition of these enzymes is one of the strategies followed to treat and prevent diseases related with metabolic syndrome such as hypertension and type-2 diabetes.

# Conclusions

The functional properties of proteins isolated from Ganxet beans depend largely on the extraction method used. Water-soluble proteins extracted from Ganxet beans showed low WHC and OHC values when compared to other plant-derived proteins. However, high FC and EA values were observed, especially at alkaline conditions (high pH values). Enzymatic hydrolysis of the isolated proteins using pepsin resulted in increased radical-scavenging activity when compared to the unhydrolysed protein. In silico analysis results suggested that the observed increase in the antioxidant activity could be caused by the release of peptides with antioxidant activity. Although further studies would be needed, the enzymatic hydrolysates of Ganxet bean proteins showed potential for being used as novel sources for peptides with varied health-promoting bioactivities. The concession of Protected Designation of Origin led to an increased commercial interest in Ganxet beans. However, those seeds that do not comply with the appearance standards (colour, size and hooked shape) are used for low-value purposes. Thus, the extraction of proteins from *Ganxet* beans and their utilisation for the development of novel foods opens novel commercial opportunities for this valuable landrace.

### Acknowledgments

This work was supported by the CERCA Programme of *Generalitat de Catalunya*. Tomás Lafarga and Ingrid Aguiló-Aguayo thank the Spanish Ministry of Economy, Industry and Competitiveness and the European Social Fund for the *Juan de la Cierva* (IJC2018-035287-I) and Postdoctoral Senior Grant *Ramon y Cajal* (RYC-2016-19949), respectively. This research has received the support of the Argal Alimentació S.A. through the *Programa de desenvolupament rural de Catalunya* 2014–2020 (Operació 16.01.01 (Cooperació per a la innovació).

## Author contributions

Ingrid Aguiló-Aguayo: Conceptualization (equal); Project administration (equal); Writing-review & editing (equal). Carlos Álvarez: Formal analysis (equal). Montse Saperas: Investigation (equal). Ana Rivera: Investigation (equal). Maribel Abadias: Conceptualization (equal). Tomás Lafarga: Supervision (lead); Writing-original draft (equal); Writing-review & editing (equal).

# Ethical guidelines

Ethics approval was not required for this research.

# Peer review

The peer review history for this article is available at https://publons.com/publon/10.1111/ijfs.15201.

#### References

- Bougatef, A., Nedjar-Arroume, N., Manni, L. et al. (2010). Purification and identification of novel antioxidant peptides from enzymatic hydrolysates of sardinelle (*Sardinella aurita*) by-products proteins. Food Chemistry, **118**, 559–565.
- Casañas, F., Bosch, L., Pujolà, M. *et al.* (1999). Characteristics of a common bean landrace (*Phaseolus vulgaris* L.) of great culinary value and selection of a commercial inbred line. *Journal of the Science of Food and Agriculture*, **79**, 693–698.

The manuscript also explores the Ganxet bean and reference the importance of this cultivar in Spain not only because it has a PDO quality trait but also for the high amount of protein indicating a promising cultivar to explore.

- Casañas, F., Pujolà, M., Romero del Castillo, R.R., Almirall, A., Sánchez, E. & Nuez, F. (2006). Variability in some texture characteristics and chemical composition of common beans (*Phaseolus vulgaris* L.). Journal of the Science of Food and Agriculture, **86**, 2445–2449.
- Chalamaiah, M., Jyothirmayi, T., Bhaskarachary, K., Vajreswari, A., Hemalatha, R. & Kumar, B.D. (2013). Chemical composition, molecular mass distribution and antioxidant capacity of rohu (*Labeo rohita*) roe (egg) protein hydrolysates prepared by gastrointestinal proteases. *Food Research International*, **52**, 221–229.
- Chambers, S.J., Carr, H.J. & Lambert, N. (1990). An investigation of the dissociation and denaturation of legumin by salts using laser light scattering and circular dichroism spectroscopy. *Biochimica et Biophysica Acta (BBA)*, **1037**, 66–72.
- Cheng, Y., Chen, J. & Xiong, Y.L. (2010). Chromatographic separation and tandem MS identification of active peptides in potato protein hydrolysate that inhibit autoxidation of soybean oil-in-water emulsions. *Journal of Agricultural and Food Chemistry*, **58**, 8825– 8832.
- Cheng, A., Raai, M.N., Zain, N.A.M. *et al.* (2019). In search of alternative proteins: unlocking the potential of underutilized tropical legumes. *Food Security*, **11**, 1205–1215.
- Damodaran, S. & Paraf, A. (1997). Food Proteins and Their Applications. P. 696. New York: Marcel Dekker.

- García-Moreno, P.J., Batista, I., Pires, C. *et al.* (2014). Antioxidant activity of protein hydrolysates obtained from discarded Mediterranean fish species. *Food Research International*, **65**, 469–476.
- Garcia-Vaquero, M., Lopez-Alonso, M. & Hayes, M. (2017). Assessment of the functional properties of protein extracted from the brown seaweed *Himanthalia elongata* (Linnaeus) SF Gray. *Food Research International*, **99**, 971–978.

Methodology from this study has been used in the present paper, especially on the technofunctional properties evaluation. The results have been compared considering legumes and seaweeds as potential protein sources.

- Jakubczyk, A., Karas, M., Baraniak, B. & Pietrzak, M. (2013). The impact of fermentation and in vitro digestion on formation angiotensin converting enzyme (ACE) inhibitory peptides from pea proteins. *Food Chemistry*, **141**, 3774–3780.
- Khalid, E., Babiker, E. & Tinay, A.E. (2003). Solubility and functional properties of sesame seed proteins as influenced by pH and/ or salt concentration. *Food chemistry*, 82, 361–366.
- Kou, X., Gao, J., Xue, Z., Zhang, Z., Wang, H. & Wang, X. (2013). Purification and identification of antioxidant peptides from chickpea (*Cicer arietinum* L.) albumin hydrolysates. *LWT – Food Science and Technology*, **50**, 591–598.
- Kumar, K.S., Ganesan, K., Selvaraj, K. & Rao, P.S. (2014). Studies on the functional properties of protein concentrate of *Kappaphycus alvarezii* (Doty) Doty – an edible seaweed. *Food chemistry*, **153**, 353–360.
- Lafarga, T., Álvarez, C., Bobo, G. & Aguiló-Aguayo, I. (2018). Characterization of functional properties of proteins from Ganxet beans (*Phaseolus vulgaris* L. var. Ganxet) isolated using an ultrasound-assisted methodology. *LWT – Food Science and Technology*, **98**, 106–112.
- Lafarga, T., Rai, D.K., O'connor, P. & Hayes, M. (2016a). Generation of bioactive hydrolysates and peptides from bovine hemoglobin with in vitro renin, angiotensin-I-converting enzyme and dipeptidyl peptidase-IV inhibitory activities. *Journal of Food Biochemistry*, 40, 673–685.
- Lafarga, T., Wilm, M., Wynne, K. & Hayes, M. (2016b). Bioactive hydrolysates from bovine blood globulins: generation, characterisation, and in silico prediction of toxicity and allergenicity. *Journal* of Functional Foods, 24, 142–155.
- Lam, R.S.H. & Nickelsin, M.T. (2015). The effect of pH and temperature pre-treatments on the structure, surface characteristics and emulsifying properties of alpha-lactalbumin. *Food Chemistry*, **173**, 163–170.
- Lee, J.H., Jeong, J.K., Kim, S.G., Kim, S.H., Chun, T. & Imm, J.Y. (2011). Comparative analyses of total phenols, flavonoids, saponins, and antioxidant activity in yellow soy beans and mung beans. *International Journal of Food Science and Technology*, **46**, 2513– 2519.
- Li, Y., Jiang, B., Zhang, T., Mu, W. & Liu, J. (2008). Antioxidant and free radical-scavenging activities of chickpea protein hydrolysate (CPH). *Food Chemistry*, **106**, 444–450.
- Li, W., Shu, C., Yan, S. & Shen, Q. (2010). Characteristics of sixteen mung bean cultivars and their protein isolates. *International Journal of Food Science & Technology*, **45**, 1205–1211.
- Luna-Vital, D., de Mejía, E.G., Mendoza, S. & Loarca-Piña, G. (2015). Peptides present in the non-digestible fraction of common beans (*Phaseolus vulgaris* L.) inhibit the angiotensin-I converting enzyme by interacting with its catalytic cavity independent of their antioxidant capacity. *Food & Function*, **6**, 1470–1479.
- Matemu, A., Nakamura, S. & Katayama, S. (2021). Health benefits of antioxidant peptides derived from legume proteins with a high amino acid score. *Antioxidants*, **10**, 316.

The manuscript describes the health benefits of antioxidant peptides derived from legume proteins with a high amino acid score. This recently published review supports the importance of the antioxidant properties evaluated in the present study.

- Minkiewicz, P., Iwaniak, A. & Darewicz, M. (2019). BIOPEP-UWM database of bioactive peptides: current opportunities. *International Journal of Molecular Sciences*, 20, 5978.
- Mirali, N., El-Khouri, S. & Rizq, F. (2007). Genetic diversity and relationships in some *Vicia* species as determined by SDS-PAGE of seed proteins. *Biologia Plantarum*, **51**, 660–666.
- Nikolić, Ż., Đorđević, V., Torbica, A. & Mikić, A. (2012). Legumes seed storage proteins characterization by SDS-PAGE and Lab-ona-Chip electrophoresis. *Journal of Food Composition and Analysis*, 28, 75–80.
- Ojha, K.S., Alvarez, C., Kumar, P., O'Donnell, C.P. & Tiwari, B.K. (2016). Effect of enzymatic hydrolysis on the production of free amino acids from boarfish (*Capros aper*) using second order polynomial regression models. *LWT – Food Science and Technology*, 68, 470–476.
- Pelgrom, P.J.M., Wang, J., Boom, R.M. & Schutyser, M.A.I. (2015). Pre- and post-treatment enhance the protein enrichment from milling and air classification of legumes. *Journal of Food Engineering*, **155**, 53–61.
- Ragab, D.M., Babiker, E.E. & Eltinay, A.H. (2004). Fractionation, solubility and functional properties of cowpea (*Vigna unguiculata*) proteins as affected by pH and/or salt concentration. *Food chemistry*, 84, 207–212.
- Rivera, A., Roselló, S. & Casañas, F. (2015). Seed curvature as a useful marker to transfer morphologic, agronomic, chemical and sensory traits from Ganxet common bean (*Phaseolus vulgaris* L.). *Scientia Horticulturae*, **197**, 476–482.
- Sabeena Farvin, K.H., Andersen, L.L., Nielsen, H.H. et al. (2014). Antioxidant activity of Cod (*Gadus morhua*) protein hydrolysates: in vitro assays and evaluation in 5% fish oil-in-water emulsion. *Food Chemistry*, **149**, 326–334.
- Sadahira, M.S., Rezende Lopes, F.C., Rodrigues, M.I., Yamada, A.T., Cunha, R.L. & Netto, F.M. (2015). Effect of pH and interaction between egg white protein and hydroxypropymethylcellulose in bulk aqueous medium on foaming properties. *Carbohydrate Polymers*, **125**, 26–34.
- Segura Campos, M.R., Chel Guerrero, L.A. & Betancur Ancona, D.A. (2010). Angiotensin-I converting enzyme inhibitory and antioxidant activities of peptide fractions extracted by ultrafiltration of cowpea Vigna unguiculata hydrolysates. Journal of the Science of Food and Agriculture, 90, 2512–2518.
- Shevkani, K., Kaur, A., Kumar, S. & Singh, N. (2015a). Cowpea protein isolates: functional properties and application in gluten-free rice muffins. *LWT – Food Science and Technology*, **63**, 927–933.
- Shevkani, K., Singh, N., Kaur, A. & Rana, J.C. (2015b). Structural and functional characterization of kidney bean and field pea protein isolates: a comparative study. *Food Hydrocolloids*, **43**, 679–689.
- Sonklin, C., Alashi, M.A., Laohakunjit, N., Kerdchoechuen, O. & Aluko, R.E. (2020). Identification of antihypertensive peptides from mung bean protein hydrolysate and their effects in spontaneously hypertensive rats. *Journal of Functional Foods*, 64, 103635.
- Tontul, İ., Kasimoglu, Z., Asik, S., Atbakan, T. & Topuz, A. (2018). Functional properties of chickpea protein isolates dried by refractance window drying. *International Journal of Biological Macromolecules*, **109**, 1253–1259.
- Townsend, A.A. & Nakai, S. (1983). Relationship between hydrophobicity and foaming characteristics of food proteins. *Journal of Food Science*, **48**, 588–594.
- Vioque, J., Alaiz, M. & Girón-Calle, J. (2012). Nutritional and functional properties of *Vicia faba* protein isolates and related fractions. *Food chemistry*, **132**, 67–72.

Most common form of legumin is in form of an hexamer but the present cited manuscript has been cited as reported that this hexamer can be further dissociated in trimmers when higher amounts of salt are present.

Wani, I.A., Sogi, D.S., Shivhare, U.S. & Gill, B.S. (2015). Physicochemical and functional properties of native and hydrolyzed kidney bean (Phaseolus vulgaris L.) protein isolates. Food Research International, 76, 11-18.

Warsame, A.O., Michael, N., O'Sullivan, D.M. & Tosi, P. (2020). Identification and quantification of major faba bean seed proteins. *Journal of agricultural and food chemistry*, 68, 8535–8544.

This manuscript is reported in the present manuscript to support that peaks obtained in our study could correspond to convicilin and vicilin.

- Wibowo, S., Grauwet, T., Santiago, J.S. *et al.* (2015). Quality changes of pasteurised orange juice during storage: a kinetic study of specific parameters and their relation to colour instability. *Food chemistry*, **187**, 140–151.
- Xie, J., Du, M., Shen, M., Wu, T. & Lin, L. (2019). Physicochemical properties, antioxidant activities and angiotensin-I converting enzyme inhibitory of protein hydrolysates from Mung bean (*Vigna radiate*). Food Chemistry, **270**, 243–250.

- Zayas, J.F. (1997). Functionality of Proteins in Foods. P. 392. New York: Springer.
- Zhang, T., Li, Y., Miao, M. & Jiang, B. (2011). Purification and characterisation of a new antioxidant peptide from chickpea (*Cicer arietium L.*) protein hydrolysates. *Food Chemistry*, **128**, 28–33.

#### **Supporting Information**

Additional Supporting Information may be found in the online version of this article:

**Figure S1**. Antioxidant activity of native and hydrolysed *Ganxet* bean proteins assessed using the DPPH scavenging activity assay.