

In memoriam

/ Obituary

Ljubomir Hotujac

14. rujna 1943. – 7. rujna 2021.

/ September 14, 1943 - September 7, 2021



Prof. dr. sc. Ljubomir Hotujac preminuo je iznenađeno, 7. rujna 2021. godine u Zagrebu.

Otišao je nestor hrvatske psihijatrije i jedan od njezinih utemeljitelja. Prof. Hotujac je bio u maloj skupini ljudi koja je početkom devedesetih godina prošlog stoljeća reformirala hrvatsku psihijatrijsku službu i oblikovala hrvatsku psihijatriju i uspostavila odnose u njoj koji postoje i danas.

Ljubomir Hotujac rođen je u Zagrebu 14. rujna 1943. godine, gdje se školovao i 1967. godine završio Medicinski fakultet. Do 1980. godine radio je u Istraživačkom institutu tvrtke „Pliva“ u području pretkliničke i kliničke farmakologije. U tom je razdoblju proveo godinu dana na edukaciji iz pretkliničke farmakologije kod profesora Pavla Sterna na Institutu za farmakologiju Medicinskog fakulteta u Sarajevu, gdje se uvodi u istraživački rad i usmjerava u područje psihofarmakologije.

God. 1977. obranio je magistarski rad „Utjecaj blokatora beta-adrenergičkih receptora na promjene aktivnosti renina izazvane fizičkim

Professor Ljubomir Hotujac, PhD, suddenly passed away on September 7, 2021 in Zagreb.

One of the founders and leaders in the field of Croatian psychiatry departed this life. Professor Hotujac belonged to a small group of people who in the early 1990s reformed the Croatian psychiatric profession and shaped the Croatian psychiatry by establishing professional relations that still exist today.

Ljubomir Hotujac was born on September 14, 1943 in Zagreb where he studied and graduated from the Faculty of Medicine in 1967. Until 1980, he worked at the Pliva Research Institute in the field of pre-clinical and clinical pharmacology. During that period, he spent a year studying preclinical pharmacology with Professor Pavel Stern at the Institute of Pharmacology of the Faculty of Medicine in Sarajevo where he was introduced to research and directed in the field of psychopharmacology.

In 1977, Professor Hotujac completed a master's thesis in “The Effect of Beta-Adrenergic Receptor Blockers on Changes in Renin Activity Caused by Physical Exertion” at the Faculty of Medicine of the University of Sarajevo. In 1979, he earned a PhD from the Faculty of Medicine of the Uni-

naporom“ na Medicinskom fakultetu Sveučilišta u Sarajevu. God. 1979. stekao je doktorat znanosti na Medicinskom fakultetu Sveučilišta u Ljubljani, s disertacijom pod naslovom „Interakcija simpatičkog živčanog sustava i reninangiotezin sustava u regulaciji krvnog tlaka“.

Od 1980. do 1986. godine radio je kao klinički farmakolog u Klinici za neurologiju, psihijatriju, alkoholizam i druge ovisnosti, gdje je i završio specijalizaciju iz psihijatrije, a 1987. godine prelazi u KBC Zagreb, u Kliniku za psihijatriju.

Tijekom 1987. god. boravi mjesec dana na studentskom putovanju u SAD, posvećenom problemu ovisnosti o drogama. God. 1993. postaje vršitelj dužnosti predstojnika Klinike, a od 1995. do 2007. je predstojnik Klinike na kojoj je radio do umirovljenja 2010. godine.

Na Medicinskom fakultetu Sveučilišta u Zagrebu vanjski suradnik postao je 1981. godine. U zvanje docenta izabran je 1990. god., izvanrednog profesora 1995., a redovitog profesora 1998. godine. Pročelnik Katedre za psihijatriju i psihološku medicinu bio je od 2002. do 2006. godine.

Sudjelovao je u svim oblicima nastave (diplomske, poslijediplomske, doktorske, izbornih predmeta, tečajeva trajne edukacije). Bio je nositelj predmeta „Psihijatrija“ koji je u potpunosti inovirao. Bio je mentor u više magistarskih i doktorskih radova. Objavio je preko 150 radova, imao preko 120 izlaganja na stručnim i znanstvenim skupovima. Autor i koautor je više desetaka poglavlja u temeljnim udžbenicima, monografijama, priručnicima. Urednik je udžbenika „Psihijatrija“ koji je objavljen 2006. god. Bio je član uredničkog odbora više časopisa („Anali KB Sestre milosrdnice“, „Alcoholism“, „Medicus“). Član uredničkog odbora časopisa „Socijalna psihijatrija“ bio je od 1986., a njegov urednik od 1997. do 2011. U tom je razdoblju omogućio da časopis redovito izlazi i povećao njegovu kvalitetu i prepoznatljivost.

versity of Ljubljana with a dissertation entitled “Interaction between the Sympathetic Nervous System and Renin-Angiotensin System in the Regulation of Blood Pressure.”

From 1980 to 1986, Hotujac worked as a clinical pharmacologist at the Clinic of Neurology, Psychiatry, Alcoholism and Other Addictions, where he completed a specialization in psychiatry, and in 1987 he transferred to the Clinic of Psychiatry at the University Hospital Centre Zagreb.

In 1987 he spent a month on a study trip to the USA where he studied drug addiction. In 1993 Hotujac became the acting head of the Clinic, and from 1995 to 2007 the head of the Clinic where he worked until his retirement in 2010.

He started working as an external associate at the Faculty of Medicine of the University of Zagreb in 1981. He was elected assistant professor in 1990, associate professor in 1995, and full professor in 1998. Hotujac was the head of the Department of Psychiatry and Psychological Medicine from 2002 to 2006.

He took part in all forms of teaching programmes (graduate, postgraduate, doctoral, elective courses, and continuing education courses). He was director of “Psychiatry” course, to which he introduced countless innovations. He was also a mentor to several master’s and doctoral theses. Hotujac published over 150 papers and gave more than 120 lectures at professional and scientific conferences. He was the author and co-author of dozens of chapters in basic textbooks, monographs and manuals. He was also the editor of the textbook entitled “Psychiatry” published in 2006 and a member of the editorial board of several journals (“Annals of the University Hospital Sestre milosrdnice”, “Alcoholism”, “Medicus”). He was also a member of the editorial board of the “Social Psychiatry” journal since 1986, and its editor from 1997 to 2011. During this period, Hotujac achieved regular publication of the magazine and increased its quality and visibility.

He organized the first five Croatian psychiatric congresses and seven Croatian Psychiatric Days as well as many other conferences, courses and lectures.

Organizirao je prvih 5 hrvatskih psihijatrijskih kongresa i 7 skupova Hrvatski psihijatrijski dani te niz drugih skupova, tečajeva, predavanja.

God. 1993. postao je predsjednik Hrvatskog psihijatrijskog društva i tu je dužnost obnašao do 2010. Bio je član mnogih odbora i povjerenstava Ministarstva zdravstva, hrvatskih branitelja i znanosti i obrazovanja. Između ostalog bio je predsjednik Povjerenstva za psihijatriju.

Redoviti član Akademije medicinskih znanosti Hrvatske postao je 1994. Prof. Hotujac zalagao se za uvođenje hrvatskih imena u psihijatrijsku publicistiku i periodiku, ali i u standardnu jezičnu praksu. Dobio je brojna priznanja i nagrade, a 2006. Nagradu Grada Zagreba.

Ljubomir Hotujac bio je liječnik, farmakolog, psihijatar, bio je redoviti profesor psihijatrije, znanstveni savjetnik, bio je predstojnik Klinike i pročelnik Katedre, bio je urednik časopisa, autor knjiga, organizator kongresa, ali prije svega bio je dobar čovjek. Bio je iskren, blizak, ulijevao je povjerenje i empatiju. Bio je očinska figura. Prof. Vlado Jukić jednom je rekao za prof. Hotujca da on svojom ličnošću liječi ljude.

Prof. Hotujac bio je inovator, na svakom poslu i funkciji unosio je nešto novo. U Vinogradskoj je osnovao Bilten o lijekovima, na Rebru je analizirao potrošnju lijekova, uveo je program edukacije za specijalizante koji je rezultirao promjenama u programu specijalizacije iz psihijatrije, među prvima je radio na destigmatizaciji psihičkih smetnji, osoba s psihičkim smetnjama, ali i psihijatrijske struke.

Bio je kršćanskog svjetonazora, uvjerenja da je svaki čovjek dobar, da ima potencijal. Govorio je kako taj potencijal treba otkriti i razvijati. Znao je reći kako je netko vizionar, a netko vodonosa. U svom timu našao je ulogu i mjesto za svakoga. Zato je bio omiljen kao šef. Volio je svoj posao, želio da sve štima. Znao se naljutiti i naglo reagirati, kad je nešto pošlo krivo.

In 1993 he became the president of the Croatian Psychiatric Society and held that position until 2010. He was also a member of many committees and commissions of the Ministry of Health, Croatian Veterans and Science and Education. Among other things, he was chairman of the Psychiatric Commission.

He became a full member of the Croatian Academy of Medical Sciences in 1994.

Professor Hotujac advocated the introduction of Croatian terminology in psychiatric literature and periodicals as well as in standard language practice. During his life, Professor Hotujac received numerous recognitions and awards, including the Award of the City of Zagreb in 2006.

Ljubomir Hotujac was a doctor, pharmacologist, psychiatrist, full professor of psychiatry, scientific advisor, head of the Clinic and head of the Department, editor of the scientific journal, author of many books, organizer of congresses, but above all, he was a good person. He was honest and devoted, and he instilled confidence and empathy. He was a father figure. Professor Vlado Jukić once said that Professor Hotujac healed people with his personality.

Professor Hotujac was an innovator as he knew how to bring something new to every post or function. In Vinogradska teaching hospital, he founded the periodical named "Bilten o lijekovima (Bulletin on Medicines) and in the University Hospital Centre Zagreb ("Rebro") he analysed the consumption of medicines and introduced a training programme which resulted in changes in the psychiatry specialization programme. Professor Hotujac was among the first to work on the destigmatization of mental illnesses, people with mental disorders and the psychiatric profession as such.

He held a Christian worldview believing that every person is good and has potential. He used to say that the potential should be discovered and further developed and that some people were visionaries while other people were "water carriers". He found a role and a place for every member of his team. Because of that, he was beloved as a boss. He loved his job and he wanted everything to work out in the

Oni koji nisu prepoznavali njegovu srčanost i energičnost tu ljutnju su doživljavali kao prijateljstvu. Međutim, uvijek je na kraju slijedio osmijeh, prijateljski zagrljaj i zajedničko rješavanje problema. On je bio autoritativan, ali ne i autoritaran. Radio je puno sa specijalizantima i znanstvenim novacima. Sve nas je poticao na učenje, istraživanje, pisanje.

Volio je svoju obitelj, bio ponosan na svoje kćeri, obožavao unuke. Kad god bi se sreli nakon njegovog umirovljenja govorio je o unucima i pokazivao njihove fotografije, sretan i razdragan.

Profesor Hotujac bio je otvoren prema različitim idejama i pogledima, bez primisli, tolerantan, nikada isključiv. Bio je široke kulture, volio je umjetnost, često je citirao književna djela. Volio je i sport. Tenis je igrao kad god je mogao. Organizirao je turnire za vrijeme psihijatrijskih simpozija. Znao je birati mjesto nekoga skupa po tome ima li hotel u blizini teniski teren. Bio je ležeran, neposredan, s naznakama blage ironije čovjeka sigurnog u sebe, imao je smisao za humor, pa i na svoj račun. Imao je izraženu socijalnu komponentu, okupljao je ljude oko sebe. U tim neformalnim druženjima vidjelo se koliko uživa u životu. U pauzi kongresa često bi ga se zateklo kako okružen kolegama govori o nekom povijesnom događaju u gradu koji je posjetio ili nekom vinu koje je kušao. Bio je ugodan u društvu. Blizak prijatelj bio je s mnogim kolegama iz drugih ustanova.

Sada kada nas je sudbina naglo razdvojila uočavamo koliko je prof. Hotujac bio velik u struci, predan, iskusan, častan. Sve to ga čini osobom koju oni koji su ga poznavali nikada neće zaboraviti. Prof. Hotujac zadužio je mnoge. Zadužio je svoje bolesnike, svoje suradnike, zadužio je studente, specijalizante, znanstvene novake, psihijatre. Zadužio je hrvatsku psihijatriju.

I zato, dragi profesore, hvala za sve što ste učinili i počivajte u miru!

Dražen Begić

best possible way. When something went wrong, he would get angry and react abruptly. Those who were unable to recognize his zeal and great energy perceived this anger as a threat. However, a smile, a friendly hug and a joint approach to problem-solving would always follow in the end. He was an authoritative but not authoritarian figure. He worked a lot with trainees and research novices. He encouraged us all to learn, research and write.

He also loved his family dearly - he was very proud of his daughters and adored his grandchildren. Whenever we would meet after his retirement, he would talk about his grandchildren and show photos of them with a lot of happiness and excitement.

Professor Hotujac was open to different ideas and views without any pretensions. He was tolerant and never narrow-minded. He was also a person of broad knowledge, a polymath, he loved art and often quoted literary works. He also loved sports. He played tennis whenever he was able to and organized tournaments during psychiatric symposia. He would pick a place for a gathering depending on whether the hotel had a tennis court nearby. In communication, he was casual, straightforward, with hints of the mild irony of a confident individual with a sense of humour, even at his own expense. He had a pronounced social component and knew how to gather people around him. Such informal gatherings showed how much he enjoyed life. During breaks between conference sessions, he would often be surrounded by colleagues talking about some historical event in the city he had visited or some wine he had tasted. People felt comfortable around him and he was a close friend to many colleagues from other institutions.

Now that fate has suddenly separated us, we are able to see how great, professional, dedicated, experienced, and honourable Professor Hotujac was. All these qualities made him a person that those who knew him will never be able to forget. Many are indebted to Professor Hotujac - his patients, his associates, his students, trainees, novices and psychiatrists. Croatian psychiatry also.

And so, dear professor, thank you for everything you did and rest in peace!

Dražen Begić