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Effects of grazing on C : N:P stoichiometry attenuate from soils to plants and insect herbivores in a semi-arid grassland

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1 **Effects of grazing on C:N:P stoichiometry attenuate from soils to plants and insect**
2 **herbivores in a semi-arid grassland**

3

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19

20 **Author contribution statement** NH and XFL contributed equally to this work. ZWZ, XFL, and
21 DLW designed experiments; NH, JYW, and HZ performed the experiments and analyzed the
22 data; ZWZ, XFL, DF, PN, DLW, and NH drafted the manuscript; all the authors contributed to
23 the interpretation of results and the critical revision of the manuscript.

24 **Abstract**

25 Understanding the processing of limiting nutrients among organisms is an important goal of
26 community ecology. Less known is how human disturbances may alter the stoichiometric
27 patterns among organisms from different trophic levels within communities. Here, we
28 investigated how livestock grazing affects the C:N:P ecological stoichiometry of soils, plants
29 (*Leymus chinensis*), and grasshoppers (*Euchorthippus* spp.) in a semi-arid grassland in
30 northeastern China. We found that grazing significantly enhanced soil available N and leaf N
31 content of the dominant *L. chinensis* grass by 15% and 20%, respectively. Grazing also reduced
32 (soluble) C:N of *L. chinensis* leaves by 22%. However, grazing did not affect total C, N, or P
33 contents nor their ratios in *Euchorthippus* grasshoppers. Our results reveal that the effects of
34 grazing disturbances on elemental composition attenuated from lower to higher trophic levels.
35 These findings support the theory that organisms from higher trophic levels have relatively
36 stronger stoichiometric homeostasis compared to those from the lower trophic levels. Moreover,
37 grasshopper abundance dropped by 66% in the grazed areas, and they reduced the feeding time
38 on their host *L. chinensis* grass by 43%, presumably to limit the intake of excess nitrogen from
39 host plants. The energetic costs associated with the maintenance of elemental homeostasis likely
40 reduced grasshopper individual performance and population abundance in the grazed areas. A
41 comprehensive investigation of stoichiometric properties of organisms across trophic levels may
42 enable a better understanding of the nature of species interactions, and facilitate predictions of
43 the consequences of future environmental changes for community organization.

44

45 **Key words:** Stoichiometric homeostasis, population dynamics, C:N:P, plant-insect interactions.

46

47 **Introduction**

48 Ecological stoichiometry is a body of theory concerning the balance of energy and chemical
49 elements in living systems (Sturner and Elser 2002). It has been widely applied as a framework
50 for ecological questions ranging from organism nutrition, food web structure, population and
51 community organization to eco-evolutionary dynamics (Schade et al. 2003; Sturner et al. 2008;
52 Sperfeld et al. 2017; Branco et al. 2018; Riggi and Bommarco 2019). Until recently, most studies
53 have focused on the elemental composition of individual abiotic or biotic components, such as
54 soils (Cleveland and Liptzin 2007; Tian et al. 2010; Hume et al. 2016), plants (Gusewell 2004;
55 Elser et al. 2007, 2010), and herbivorous insects (Elser et al. 2000; Fagan et al. 2002), as well as
56 their pairwise (e.g. plant-soil, plant-herbivore, or prey-predator) stoichiometric relationships
57 (Daufresne and Loreau 2001; Fagan and Denno 2004; Yu et al. 2011; Boersma et al. 2016). The
58 overall stoichiometric patterns and linkages within an ecological community, such as from soils
59 to plants and insect herbivores, which are often closely interconnected in biogeochemical
60 cycling, remain poorly understood (but see Schade et al. 2003; Mulder and Elser 2009).

61 Coincidental with the appreciation of the importance of ecological stoichiometry, there has
62 also been a wide realization that many ecosystems experience dramatic shifts in structure and
63 functioning driven primarily by human disturbances. For example, human disturbances such as
64 livestock grazing, mowing, and fire are known to exert profound impacts on pools and cycling
65 rates of soil C, N and P by altering the abundance and activities of soil microorganisms like
66 bacteria and fungi (Patra et al. 2005). Such alterations in soil nutrient availability may scale up
67 across trophic levels from soils to plants and animals, altering the stoichiometric properties of
68 whole food webs (Schade et al. 2003; Delgado-Baquerizo et al. 2018). Given that most of our
69 knowledge about ecological stoichiometry is gained from the study of unmanaged ecosystems

70 (Schade et al. 2003; Vanni and McIntyre 2016), it is critical to explore how human activities can
71 influence stoichiometric properties of key components of an ecosystem and thereby provide
72 guidelines for improving management practices.

73 Livestock grazing is one of the most pervasive management strategies in grassland
74 ecosystems across the globe. Grazing has the potential to exert impacts on elemental composition
75 of co-occurring organisms (Bai et al. 2012; Cease et al. 2015; Zhou et al. 2017). Grazers can
76 directly regulate soil nutrient pools via the deposition of feces and urine (Stout et al. 1997; Wang
77 et al. 2018). Furthermore, they can indirectly change soil nutrients via foraging activities that
78 alter the quantity and quality of plant litter that returns to the soil and their trampling effects (Olf
79 and Ritchie 1998; Schrama et al. 2013; Liu et al. 2015a-c; Wang et al. 2019). Compared to plant
80 litter, nitrogen and phosphorous in feces and urine are more soluble and can be transferred into
81 plants more rapidly. Thus, in grazing grasslands the cycling of soil nutrients from animal
82 excretion is referred to as “the rapid cycle pathway”, whereas plant litter is considered to be “the
83 slow cycle pathway” (McNaughton et al. 1988; Hobbs 1996; Frank and Evans 1997). In the past
84 decades, many studies have examined the effects of large herbivore grazing on the elemental
85 content of soils (Shan et al. 2011; McSherry and Ritchie 2013; Risch et al. 2015). It has been
86 found that the impact of grazing varies and is often related to a number of biotic and abiotic
87 factors, such as grazing intensity, grazing history and precipitation (Zhou et al. 2017). There are
88 also a small number of studies that have investigated the bottom-up regulation of C:N:P
89 stoichiometric linkages between soils and plants in response to livestock grazing (Bai et al. 2012;
90 Mipam et al. 2019).

91 Natural grassland ecosystems harbor not only soils and plants, but also numerous
92 heterotrophic animals from multiple trophic levels that interact to shape the food webs (Elser et

93 al. 2007). Heterotrophic animals, especially insect herbivores, feed directly on their host plants
94 and thus their body elemental composition is highly dependent on the plants they consume.
95 Indeed, specialist insect herbivores are reported to track the composition of soils and their host
96 food plants in nutrient-limited habitats, such as desert ecosystems (Schade et al. 2003). Given
97 that many arid or semi-arid grassland ecosystems are poor in nutrients such as nitrogen and
98 phosphorus (Elser et al. 2007), a similar stoichiometric linkage among soils, plants, and insect
99 herbivores may exist in these ecosystems as well. Moreover, organisms from higher trophic
100 levels (e.g. insect herbivores) often regulate nutrient intake and utilization to meet nutritional
101 demands (Behmer 2009) and demonstrate a stronger stoichiometric homeostasis compared to
102 organisms from lower trophic levels (e.g. plants) in the face of disturbances (Sturner and Elser
103 2002). Insect herbivores could regulate their nutrient intake and body element balance by several
104 mechanisms, including preingestive regulation, postingestive regulation, and learning (Behmer
105 and Joern 2008; Behmer 2009). Nevertheless, the regulation of such nutrient balance and
106 stoichiometric homeostasis is energetically expensive and often at the cost of individual
107 performance (Behmer and Joern 2008; Behmer 2009; Zhu et al. 2019), with potential
108 consequences for the population dynamics of organisms. Until recently, very few studies have
109 simultaneously investigated how body element balance, feeding behaviors, and population
110 dynamics of insect herbivores respond to human disturbances, limiting our understanding of the
111 mechanisms driving insect abundance and distribution in ecosystems.

112 Here, we examined the effects of short-term (3 years) livestock grazing on a grassland food
113 chain using the framework of ecological stoichiometry. The system studied was comprised of a
114 widespread livestock species, domestic cattle (*Bos taurus*), the grass-specialist grasshoppers
115 (*Euchorthippus* spp.), and their grass host plants (*Leymus chinensis*). The goal of this study was

116 to examine how livestock grazing affects the stoichiometric properties of the soil, *L. chinensis*
117 grass, and *Euchorthippus* grasshoppers by evaluating the total and relative contents of C, N, and
118 P. We also investigated how grazing affected the quantity of host *L. chinensis* grass and the
119 feeding behaviors and population abundance of *Euchorthippus* spp. grasshoppers. We test the
120 general hypothesis that the effects of livestock grazing will increase the available and total N and
121 P contents and decrease C:N and C:P ratios of the soil, plants, and insect herbivores. We predict
122 that such effects on the elemental contents and composition of organisms will attenuate from
123 soils to plants to insect herbivores, because organisms at higher trophic levels have relatively
124 stronger stoichiometric homeostasis (Sterner and Elser 2002). Finally, we explored the potential
125 mechanisms by which grasshoppers maintain stoichiometric homeostasis, and how such
126 homeostasis may affect the population abundance of insect herbivores in grassland ecosystems.

127

128 **Materials and methods**

129 **Study area**

130 The study was conducted in a semi-arid meadow steppe at Grassland Ecological Research
131 Station of Northeast Normal University, Jilin Province, China (44°45' N, 123°47' E). The climate
132 is semi-arid, continental with annual mean temperature ranging from 4.6°C to 6.5°C and annual
133 precipitation ranges from 280 to 400 mm. The soil is a mixed salt-alkali meadow steppe (Salid
134 Aridisol, US Soil Taxonomy) of 29% sand, 40% silt and 31% clay (top 10 cm) and is nutrient
135 poor with total N content ranging from 2.2 to 2.5 mg g⁻¹, and total P content ranging from 0.23 to
136 0.27 mg g⁻¹ (Li et al. 2015). The perennial grass *L. chinensis* is the dominant plant species,
137 accounting for ≥ 60% of the annual total aboveground biomass in the area. Other plant species
138 include grasses such as *Phragmites australis* and *Calamagrostis epigejos*, and forbs such as

139 *Artemisia scoparia* and *Lespedeza davurica*. The dominant invertebrate herbivores are
140 grasshoppers (*Euchorthippus* spp.). These grasshoppers are grass specialists and feed mainly on
141 the *L. chinensis* grass (Zhong et al. 2014, 2017). *Euchorthippus* grasshoppers are weak fliers,
142 spending most of their time resting and feeding on leaves of *L. chinensis* and only walking or
143 jumping short distances (0.3-0.5 m) when disturbances (e.g. livestock trampling) occur. Hence,
144 these insects have a relatively small spatial range (≤ 10 m radius per month, Nazim Hassan et al.,
145 unpublished data) and tend to persist within a vegetation patch. Therefore, while grasshoppers
146 are mobile and move freely from plant to plant, they are unlikely to move from one patch to
147 another, which makes them susceptible to the influence of the stoichiometric properties of their
148 host *L. chinensis* grass at the patch scale. *Euchorthippus* grasshopper density ranges from 10 to
149 35 individuals per m² during the peak of the growing season (mid-August). The study area has a
150 long history (over 30 years) of mowing, but it was fenced in 2005 to protect against uncontrolled
151 human disturbances.

152

153 **Experimental design**

154 In June 2009, we randomly established six 100 × 200 m blocks, each block contained a pair
155 of 50 × 50 m enclosure plots. Within each block, one plot was assigned to the “grazing”
156 treatment, while the other served as the “ungrazed” control treatment. Distance between
157 experimental blocks was 150–300m, and the distance between plots in a block was
158 approximately 30 m (see Li et al. 2018). From 2010 to 2013, the plots were grazed by cattle
159 (mean weight 300 ± 8 kg, mean ± S.E.) at an equal light to moderate intensity (0.1-0.3 animal
160 units per ha), a recommended grazing intensity by local governments. Grazing occurred each
161 year from June to September during the first two weeks of each month, creating grazing

162 activities similar with local grazing habit.

163 **Soil, plant, and grasshopper sampling**

164 From late-July to early-August (peak of the growing season) 2012, we collected soil, plant,
165 and grasshopper samples in the grasslands. We kept a 10 m buffer zone along the perimeter of
166 each control and grazed plot and randomly sampled five 1 × 1 m quadrats within the inner 30 ×
167 30 m areas of the plots. For *L. chinensis* grass, we clipped all the plants to ground surface within
168 the five quadrats in the plots. For soils, we used a 4 cm diameter soil auger to collect two 0–30
169 cm soil samples within the same five quadrats, the soils from the five quadrats were pooled to
170 homogenize the samples. For *Euchorthippus* grasshoppers, we used the standard sweep net
171 survey method (40 cm diameter) to collect samples (Haddad et al. 2001). We conducted 20
172 sweeps per sample and one sample in each plot. We identified *Euchorthippus* grasshoppers (Ren
173 2004) and recorded their abundance by counting the total number of individuals in 20 sweeps for
174 use in the statistical analyses.

175 **C, N, and P content analyses for soils, plants, and grasshoppers**

176 We measured total C, available N, and available P contents in the soils. Total organic C in
177 soil samples was analyzed by the Walkley-Black modified acid-dichromate FeSO₄ titration
178 method (Sparks et al. 1996). For total available N, a 10 g subsample soil was extracted with 70
179 mL 2 mol L⁻¹ KCl. Extracts were frozen at 20 °C for analysis of NH₄⁺ and NO₃⁻ content by
180 continuous flow analyzer (Futura; AMS-Alliance Instruments, Frépillon, France). Total available
181 N was the sum of NH₄⁺ and NO₃⁻ concentrations. For total available P, another 10 g subsample
182 soil was extracted using acidified NH₄OAc-EDTA and analyzed by the inductively coupled
183 plasma-atomic emission spectrometer (ICP-AES; Spectroflame, Spectro Analytical Instruments,
184 Kleve, Germany).

185 We measured soluble C (sugars), total N, and total P contents in the leaves of *L. chinensis*
186 grasses. Soluble C were extracted from leaf samples by hot ethanol extraction. Approximately 50
187 mg ground leaf material from each sample was boiled in 70% ethanol (v/v) for 1 h at 80 °C. The
188 samples were then centrifuged at $12\,000 \times g$ for 10 min and the supernatant collected. This
189 procedure was repeated three times for each sample and the supernatants combined. Samples
190 were then treated with activated charcoal, dried in a vacuum evaporator, and redissolved in
191 distilled water prior to soluble sugar analysis using the anthrone-sulfuric acid method (Ebell
192 1965; Chen and Wang 2009). Total N content of the leaf samples was determined with an
193 automatic Kjeldahl nitrogen analyzer (Kjeltecw 2300 Analyzer Unit, Foss Analytical AB,
194 Hoganas, Sweden), and total P content was measured through persulphate and sulphuric acid
195 digestion followed by colorimetric analysis.

196 We measured total C, N, and P contents in the bodies of *Euchorthippus* grasshoppers.
197 Grasshopper samples were dried in an oven for 72 h at 65 °C and then analyzed for total C, N,
198 and P contents as described above.

199 All results are expressed on a dry weight basis as g kg^{-1} or mg kg^{-1} (e.g. soil available N and
200 P), and elemental ratios were converted to atomic ratios by correcting for the atomic mass of
201 each element (Schade et al. 2003).

202 **Grasshopper feeding behaviors**

203 In late-July 2012, when the grazing was temporarily halted, we conducted field observation
204 experiments to investigate how livestock grazing affects the feeding behaviors of grasshoppers in
205 the grasslands. We measured the frequency and duration of time feeding on different vegetation
206 groups (*L. chinensis*, other grasses, and forbs) by *Euchorthippus* grasshoppers. On a sunny day,
207 one cylindrical cage (diameter of 2.0 m and 1.5 m in height) wrapped with aluminum mesh was

208 randomly installed in each of the control and grazed plots. We then stocked *Euchorthippus*
209 grasshoppers into each cage based on the density of grasshoppers in the plot in which the cage
210 was installed. We randomly chose one grasshopper and put an identifying red paint mark on its
211 thorax and abdomen to help observers see and relocate it. Twelve observers simultaneously
212 monitored the feeding activities of the marked grasshoppers in the six control and the six grazed
213 plots. We recorded the frequency (number of times) and duration (in seconds) of feeding by
214 grasshoppers on different plant groups using a voice recorder (Lenovo B316p; Lenovo Group,
215 Beijing, China) and an electronic timer (PS-306, Pursun, Shenzhen, China). All individual
216 grasshoppers were observed for six hours continuously from 10:00 to 16:00 h, during the peak of
217 their activities. The grasshopper feeding behavior data from the cage in each plot were used
218 directly in the statistical analyses.

219

220 **Statistical analyses**

221 All statistical analyses were performed in the open source software R 3.1.0 (R Development
222 Core Team. 2014). To assess the effects of cattle grazing on the elemental composition of soil,
223 plants, and insects, we used linear mixed effect models with “treatment” included as a fixed
224 effect (two levels: “grazed” and “control”) and “replicate block” included as a random effect.
225 The specific response variables assessed were: total/soluble C, total/available N, and
226 total/available P contents, as well as C:N, C:P, and N:P of soils, *L. chinensis* grass, and
227 *Euchorthippus* grasshoppers. We also used the same method to assess the effects of grazing on
228 *L. chinensis* biomass, grasshopper feeding frequency, feeding time, and population abundance.
229 Models were fitted using the function lmer from the package lme4 and the package lmer-Test
230 was used to calculate *P*-values. Treatment effect sizes for each variable were calculated as

231 Cohen's d and the magnitude of the effects were compared across trophic levels. All response
232 variables were tested for homogeneity of residual variances using the Levene's test. If needed,
233 data were normalized by log, square root, or arcsine square root transformations.

234

235 **Results**

236 **Effects of grazing on C, N, P contents and C:N:P stoichiometry of soils, plants, and** 237 **grasshoppers**

238 Soil available N was 15% higher in the grazed plots than the control plots ($F_{1,5} = 9.65$, $P =$
239 0.027 ; $d = 1.32$; Fig. 1c). However, we did not detect a significant effect of grazing on soil total
240 C and available P contents ($d = 0.39$ and 0.40 , respectively; Fig. 1a, e). There were also no
241 detectable differences in soil C:(available)N, C:(available)P, and N:P in the control and grazed
242 plots ($d = -0.67$, 0.03 , and 0.95 , respectively; Fig. 1b, d, f).

243 For *L. chinensis* grass, grazing significantly increased total N concentration by 20% ($F_{1,5} =$
244 8.96 , $P = 0.030$; $d = 1.84$; Fig. 2c), but had no detectable effect on soluble C and P contents ($d =$
245 -0.63 and 0.45 , respectively; Fig. 2a, e). Grazing significantly decreased (soluble)C:N by 22%
246 ($F_{1,5} = 8.16$, $P = 0.036$; Fig. 2b), but did not have a detectable effect on (soluble)C:P and N:P of
247 *L. chinensis* grass ($d = -1.59$, -0.86 , and 0.79 , respectively; Fig. 2d, f).

248 Grazing had no detectable effects on total C, N, and P of male or female *Euchorthippus*
249 grasshoppers (male $d = -1.00$, 0.40 , and 0.09 , respectively; female $d = -0.58$, 0.23 , and 0.29 ,
250 respectively; Fig. 3a, c, e). Grazing also did not have a significant effects on C:N, C:P, and N:P
251 of both male and female of *Euchorthippus* grasshoppers (male $d = -0.61$, -0.37 , and 0.16 ,
252 respectively; female $d = -0.35$, -0.41 , and 0.10 , respectively; Fig. 3b, d, f).

253

254 **Effects of grazing on feeding behaviors of grasshoppers**

255 Grazing did not significantly affect the diet selections of *Euchorthippus* grasshoppers: for
256 both control and grazed plots, the average feeding frequency of grasshoppers on *L. chinensis*,
257 other grasses, and forbs was 10%, 1.5%, and 0%, respectively (Fig. 4a). However, grazing
258 significantly reduced the time that grasshoppers spent feeding on *L. chinensis* grass by 43% ($F_{1,5}$
259 = 8.43, $P = 0.034$, Fig. 4b). The time that grasshoppers spent feeding on other grasses was low
260 overall and unaffected by grazing (Fig. 4b).

261 **Effects of grazing on plant biomass and grasshopper abundance**

262 *L. chinensis* biomass was not different between the control and grazed treatments ($d = -0.63$;
263 Fig. 5a). However, grazing reduced the abundance of *Euchorthippus* grasshoppers by 66% ($d = -$
264 3.20; $F_{1,5} = 23.82$, $P = 0.005$; Fig. 5b).

265

266 **Discussion**

267 Very few studies have investigated the C:N:P stoichiometric patterns and linkages of organisms
268 across trophic levels, especially under human disturbances. This study simultaneously explored
269 how grazing, a pervasive and important grassland management strategy, affects the stoichiometry
270 of organisms in a grassland food chain, including soil, plants, and insect herbivores. We found
271 that grazing significantly enhanced soil available N and the total N content of leaves of *L.*
272 *chinensis* grasses, which in turn reduced C:N in leaves of these plants. However, we did not
273 detect an effect of grazing on total C, N, and P contents nor the elemental ratios of female or
274 male *Euchorthippus* grasshoppers. Furthermore, the effect size of cattle grazing on grasshopper
275 stoichiometry was on average 2-3 times less than that documented for soils or plants. Our results
276 reveal that the effects of grazing disturbance on the elemental composition of organisms

277 attenuated from lower to higher trophic levels (e.g. from soil to plants to insect herbivores) in a
278 grassland ecosystem (Fig. 6). These results are in line with our hypotheses and with previous
279 studies, which found that animals often have a stronger homeostasis in the elemental
280 composition of their body compared to plants (Sterner and Elser 2002; Sitters et al. 2017;
281 Metcalfe et al. 2019). However, while previous studies are mostly conducted in the laboratory
282 with artificial diets, we document that such stoichiometric patterns across trophic levels also
283 exist in natural communities.

284 Livestock grazing is generally reported to increase N and P nutrient availability but have
285 limited effects on C concentrations of soils in a variety of ecosystems (Chaneton et al. 1996; Liu
286 et al. 2015b,c; Sato et al. 2019), and our results add to these findings. Soil C responses to short-
287 term grazing disturbance are difficult to detect because soil C pools are relatively large (Jobbágy
288 and Jackson 2000). However, grazing can rapidly alter soil N and P cycling via multiple
289 mechanisms. First, selective grazing can change the abundance and species composition of the
290 plant community, which in turn alters the quantity and quality of litter that enters soil systems
291 (Augustine and McNaughton 1998; Young et al. 2013; Liu et al. 2015a-c). Second, trampling
292 activities of large herbivores can accelerate the physical decomposition processes of plant litter
293 (Schrama et al. 2013; Liu et al. 2015c). Third, feces and urine deposition of livestock can be
294 important sources of soil available nutrients (Wang et al. 2018). In our ecosystem, cattle grazing
295 tends to increase the relative abundance of N-rich forb species (Liu et al. 2015a, b), and dung and
296 urine deposition from cattle serve as an important source of soil nutrient availability (Wang et al.
297 2018). The increase in soil available N in the grazed areas (Fig. 1c) appears mainly driven by the
298 activities of cattle, including changes in litter quantity and quality, trampling, and feces and urine
299 deposition, the relative contributions of which are difficult to distinguish in the field. The higher

300 soil nutrients in turn increase total N content and reduce (soluble)C:N in leaves of *L. chinensis*
301 grass (Fig. 2b,c) in the grazed areas. In addition to cattle, grasshoppers may also contribute to
302 soil nutrient availability by their effects on the quantity and quality (e.g. C:N) of plant litter and
303 the inputs of their frass and carcasses, especially at high densities (Belovsky and Slade 2000;
304 Schmitz 2008; Hawlena and Schmitz 2010). Nevertheless, given that cattle grazing tended to
305 suppress grasshopper density (about 5 individual/m² in the grazed areas, see Zhu et al. 2019) and
306 the relative short duration of our study, it is unlikely that these insect herbivores played a large
307 role in influencing soil nutrient availability in our system.

308 *Euchorthippus* grasshoppers in our semi-arid grassland system are grass-specialists, and
309 they appear to have evolved to feed on these low-N host plants (Zhu et al. 2019). Several
310 grasshopper species such as *Phoetaliotes nebrascensis* in North America (Joern and Behmer
311 1998) and *Chortoicetes terminifera* in Australia (Clissold et al. 2006) also prefer low-N grasses
312 instead of other more nutrient-rich forbs and legumes, which might be a consequence of their
313 adaptation to N-limited environments. The presence of grazing, however, increased the N
314 concentration of grasshoppers' host *L. chinensis* by 22% (Fig. 2), causing a nutritional imbalance
315 in the food of grasshoppers, with an excess of N relative to C. Surprisingly, despite such
316 alterations in the nutrient concentrations of their food plants, the elemental composition of
317 grasshoppers showed no response to such changes (Fig. 3). These results support the view that
318 terrestrial heterotrophs, including insect herbivores, commonly show an ability to maintain
319 elemental homeostasis despite changes in the chemical composition of their resources (Sternern
320 and Elser 2002).

321 In the face of environmental changes, there are at least three non-mutually exclusive
322 mechanisms by which insect herbivores could regulate their nutrient intake and body element

323 balance (Behmer 2009). First, preingestive regulation. Insect herbivores can use chemoreceptors
324 on their mouthparts to detect the nutrient concentrations on the leaf surface and mix their low
325 C:N diet with a high C:N diet to reach specific dietary intake targets (Joern and Behmer 1998;
326 Boersma and Elser 2006). However, we found no evidence that grasshoppers changed their diet
327 preference for *L. chinensis* grass in the grazed areas (Fig. 4a). In fact, a shift in diet selection was
328 unlikely to be a feasible option for grasshoppers to deal with excess N in our study system, as the
329 alternative forb plants are even higher in N content and lower C:N than the grasshoppers'
330 preferred grasses (Hassan et al., unpublished data). Instead, it appears that grasshoppers deal
331 with excess N by reducing the amount of food they intake: they reduced their feeding time on *L.*
332 *chinensis* by 43% in the grazed areas (Fig. 4b). Our field behavioral observations were
333 performed during the period when cattle grazing was temporarily halted (late-July) and there
334 were no direct influences of cattle on grasshoppers. One reasonable inference is that the
335 differences in grasshopper feeding time may be driven by the differences in grasshopper
336 densities in the grazed and ungrazed sites (see *Grasshopper feeding behaviors* in the *Materials*
337 *and methods* section). Another potential but more cryptic mechanism is that the reduction in
338 grasshopper feeding time may be a response to the nutritional imbalance of the grass and that the
339 change in food intake is an adaptive behavior for homeostasis maintenance by these insects.
340 Further study is needed to distinguish the relative contribution of grasshopper density and food
341 plant quality in affecting grasshopper feeding behaviors in our ecosystem. Second, postingestive
342 regulation. When insect herbivores consume nutrients in amounts that exceed demand, they may
343 eliminate excess nutrients as waste. For example, excess N may be eliminated as uric acid or in
344 volatile form (e.g. ammonium) (Simpson and Raubenheimer 2001). We did not measure the
345 elemental composition of grasshopper frass or their body volatile compounds. Nevertheless,

346 studies with *Oedaleus asiaticus* grasshoppers, which also mainly feed on *L. chinensis* grass in
347 Inner Mongolia grasslands, have shown postingestive regulation in the form of P in frass (Zhang
348 et al. 2014), indicating this mechanism may potentially operate in our system as well. Finally,
349 insect herbivores can regulate nutrient intake by learning (Behmer 2009), and further studies are
350 needed to explore the potential of such mechanism in regulating grasshopper elemental
351 homeostasis in our system.

352 The maintenance of stoichiometric homeostasis is commonly energetically expensive
353 (Boersma and Elser 2006) and thus may affect individual performance and population size (Joern
354 and Behmer 1998). We found that grasshopper abundance dropped by more than 60% in the
355 grazed areas (Fig. 5b). It is unlikely that the quantity of food available to grasshoppers played a
356 role in this response, because grazing by cattle did not significantly alter the biomass of the
357 grasshopper's host plant *L. chinensis* (Fig. 5a). Rather, our results suggest that a mismatch
358 between the intake target of the grasshoppers and the nutrient composition of their host
359 negatively affected their performance, contributing to the population reduction in the grazed
360 areas. Indeed, Zhu et al. (2019) found that higher N content in *L. chinensis* leaves decreased the
361 growth and survival of *Euchorthippus* grasshoppers. Similar effects of changing food quality on
362 *O. asiaticus* grasshoppers were found in temperate grasslands (Cease et al. 2012). Diet soluble C
363 level is also critical in affecting grasshopper performance (Joern and Behmer 1997), yet we did
364 not detect an effect of cattle grazing on this variable in our system (Fig. 2a). The overall impacts
365 of large herbivore grazing on insect abundance are complex and can occur through several
366 mechanisms, including changing insect thermoregulation activities, microclimates, and the
367 abundance and diversity of predators (e.g. spiders and birds) for insect herbivores (Belovsky et
368 al. 1990; van Klink et al. 2015). Nevertheless, our results along with a previous study (Zhu et al.

369 2019), suggest that grazing-induced changes in N content and C:N ratio of *L. chinensis* grass
370 may potentially play a role in grasshopper population dynamics in this system (see Fig. 6). In
371 addition, other limiting nutrients in food plants (Liebig's law of the minimum) (Odum 1959) or
372 changes in anti-herbivore defenses may also explain the observed responses of grasshoppers in
373 the grazed areas. A comprehensive investigation of the mechanisms why grasshopper abundance
374 declines in the presence of cattle is beyond the scope of our study, but further exploration of the
375 underlying mechanisms behind these responses will give us a clearer understanding of the
376 assembly of herbivore communities.

377 Taken together, our study finds that livestock grazing can cause significant changes in the
378 chemical elemental composition of soil and plants, but had limited effects on insect herbivores.
379 These results indicate that body stoichiometry of organisms from higher trophic levels may be
380 more resistant to disturbances compared to those of organisms from lower trophic levels in a
381 community (Sterner and Elser 2002). However, the present study investigated the effects of cattle
382 grazing on nutrient dynamics over a relatively short 3-year timescale. Whether soil and plant
383 nutrients gradually build up to result in a significant effect on the nutrient dynamics of insect
384 herbivores over a longer time period remains to be seen. Many human-mediated environmental
385 changes, including fire, N deposition, and altered precipitation, influence the availability of soil
386 nutrients, and thus the results of our study likely apply to a broad range of ecosystems
387 experiencing human disturbances. Though having a stronger stoichiometric homeostasis,
388 organisms from higher levels (e.g. predators) are commonly more vulnerable to environmental
389 changes as compared to organisms from lower trophic levels (e.g. plants) (Pereira et al. 2010).
390 Whether and how the physiological and performance costs to maintain elemental homeostasis
391 can partially explain the asymmetric biodiversity decline patterns across trophic levels deserves

392 further attention. A comprehensive investigation of the stoichiometric properties of organisms in
393 food webs will enable a better understanding of the nature of species interactions and may lead to
394 better predictions of the consequences of environmental change for community organization and
395 assembly in the future.

396

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403

404 **Data availability**

405 Data are available from the Dryad Digital Repository: <https://doi.org/10.5061/dryad.7d7wm37rq>

406

407 **Compliance with ethical standards:** All experimental procedures were carried out in
408 accordance with the Law of the People's Republic of China on the Protection of Wildlife (1988).

409

410 **Conflict of interest:** The authors declare no conflicts of interest.

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579 **FIGURE LEGENDS**

580

581 Figure 1. Effects of grazing on soil total C, available N, and available P contents (a, c, e), and
582 soil C:(available)N, C:(available)P, and available N:P (b, d, f) in the control and grazed plots.

583 Asterisks indicate a significant difference between treatments ($P < 0.05$). Error bars represent ± 1
584 SE.

585

586 Figure 2. Effects of grazing on contents of soluble C, total N, and total P (a, c, e), and
587 (soluble)C:N, (soluble)C:P, and N:P (b, d, f) in *L. chinensis* leaves in the control and grazed

588 plots. Asterisks indicate a significant difference between treatments ($P < 0.05$). Error bars
589 represent ± 1 SE.

590

591 Figure 3. Effects of grazing on the body contents of total C, total N, and total P (a, c, e), and C:N,
592 C:P, and N:P (b, d, f) of male and female *Euchorthippus* grasshoppers in the control and grazed

593 plots. There were no significant differences ($P < 0.05$) between treatments for all the variables.
594 Error bars represent ± 1 SE.

595

596 Figure 4. Effects of grazing on the (a) feeding frequency and (b) feeding time of *Euchorthippus*
597 grasshoppers on *L. chinensis*, other grasses, and forbs in the control and grazed plots. Asterisks

598 indicate a significant difference between treatments ($P < 0.05$). Error bars represent ± 1 SE.

599

600 Figure 5. Effects of grazing on the (a) biomass of *L. chinensis*, and (b) abundance of
601 *Euchorthippus* grasshoppers in the control and grazed plots. Asterisks indicate a significant
602 difference between treatments ($P < 0.05$). Error bars represent ± 1 SE.

603

604 Figure 6. A conceptual framework showing how livestock (cattle) grazing affects stoichiometric
605 properties across trophic levels from soil to plants (*L. chinensis*) to insect herbivores
606 (*Euchorthippus* spp.) in a meadow steppe at northeastern China. Red solid and dashed lines
607 indicate the various mechanisms by which livestock grazing has direct and indirect effects on
608 plants and soils. Dark solid arrows indicate the propagated effects of grazing on elemental
609 composition from soil to plants to insect herbivores. The width of the arrows indicates the
610 strengths of the effects. Dark “+” and green “↑” indicate positive effects. The green triangle
611 indicates that the variation in C:N:P ratios decreases from lower to higher trophic levels (e.g.
612 from soil to insect herbivores), whereas the blue triangle indicates that homeostasis increases
613 from lower to higher trophic levels (e.g. from soil to insect herbivores). The two boxes and
614 arrows among them at the upper right corner indicate the potential linkages among variations in
615 host nutrient conditions, insect stoichiometric homeostasis, insect individual performance, and
616 insect population dynamics under environmental changes. It should be noted that, like cattle,
617 insect herbivores may also affect soil nutrient availability by their impacts on litter quantity and
618 quality (e.g. C:N), and the inputs of their frass and carcasses, especially at high density. In our
619 system, cattle grazing tends to suppress grasshopper density to a relatively low level (about 5
620 individuals/m² in the grazed areas, see Zhu et al. 2019), and thus it is unlikely that these insects
621 play a large role in influencing soil nutrient dynamics in this short-term study.

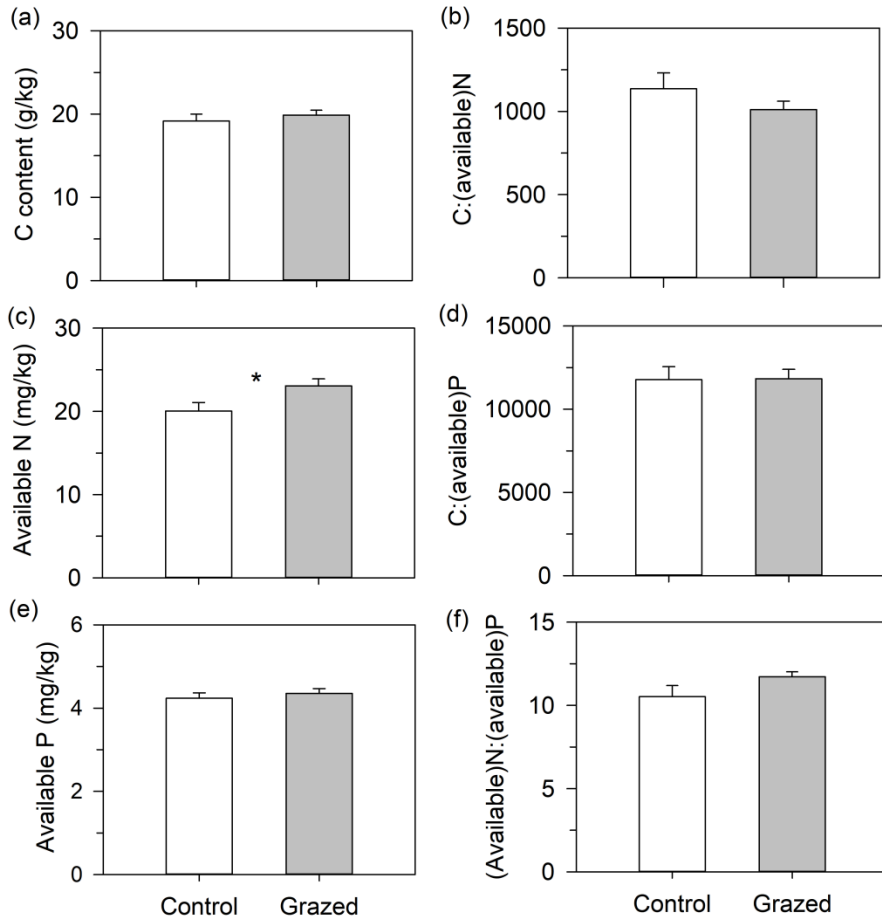
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625 Fig. 1

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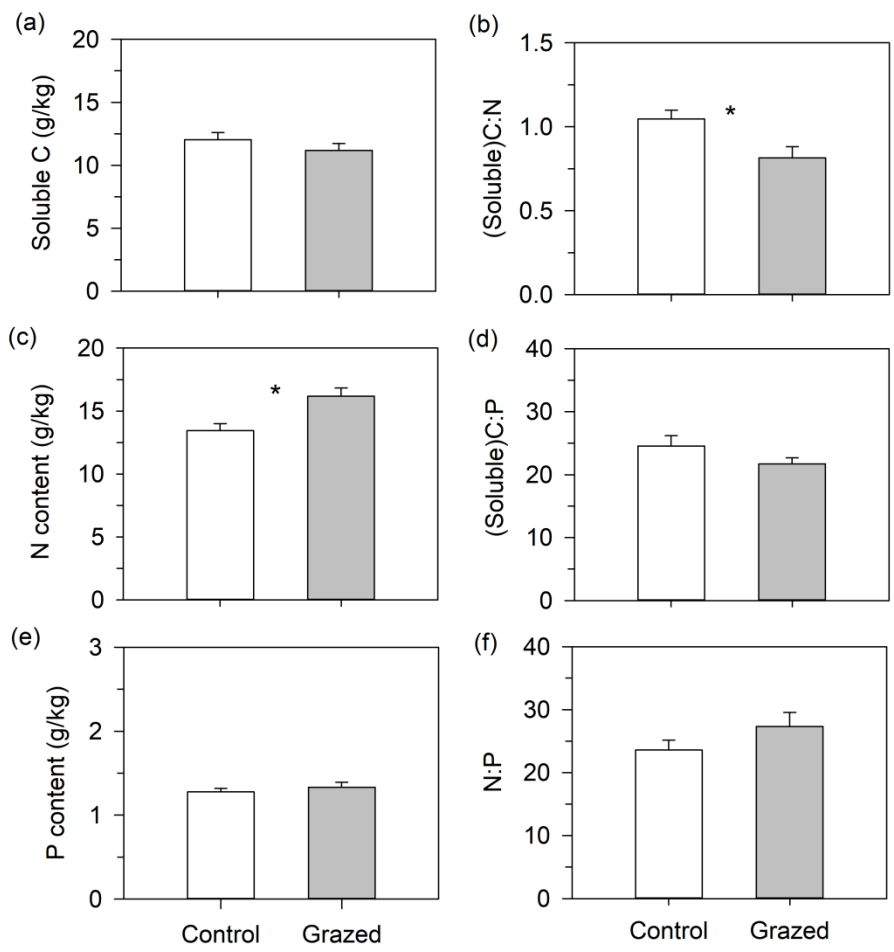
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636 Fig. 2

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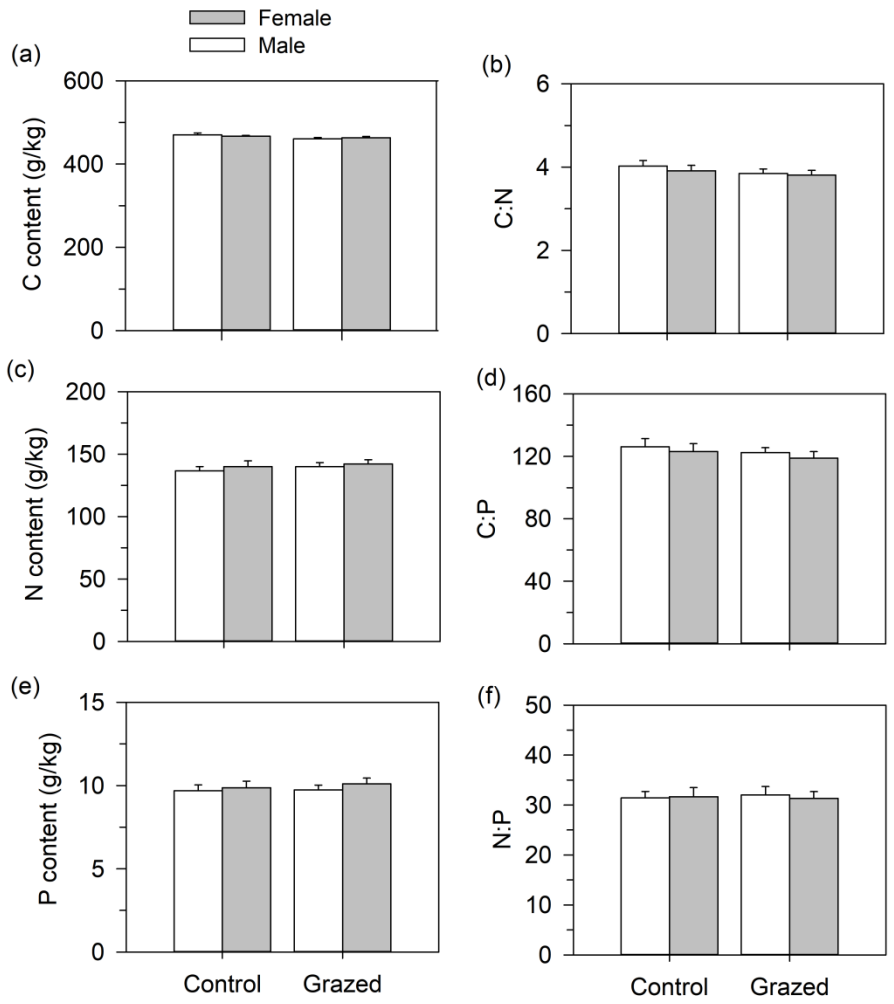
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647 Fig. 3



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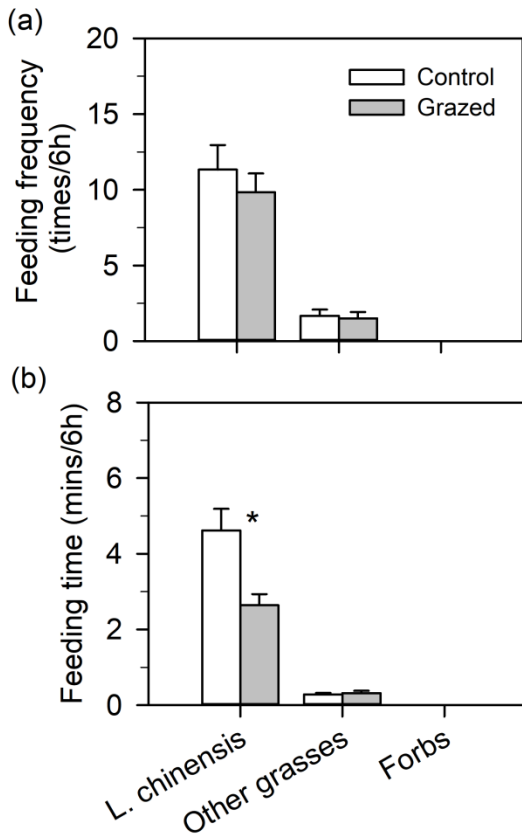
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657 Fig. 4



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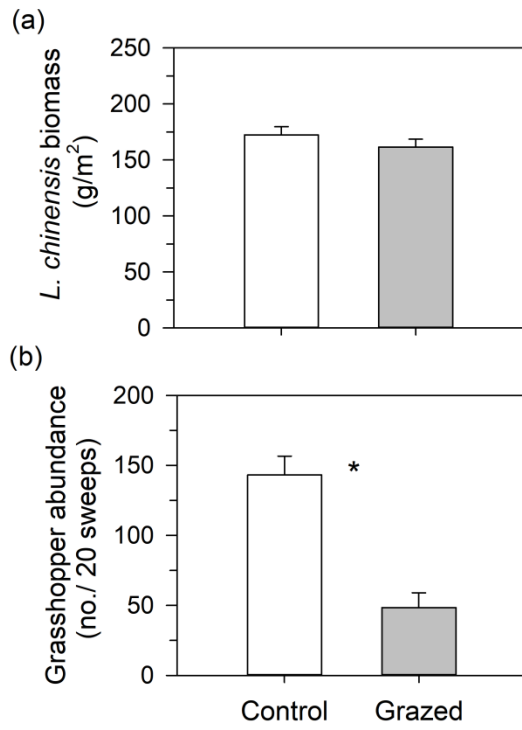
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669 Fig. 5



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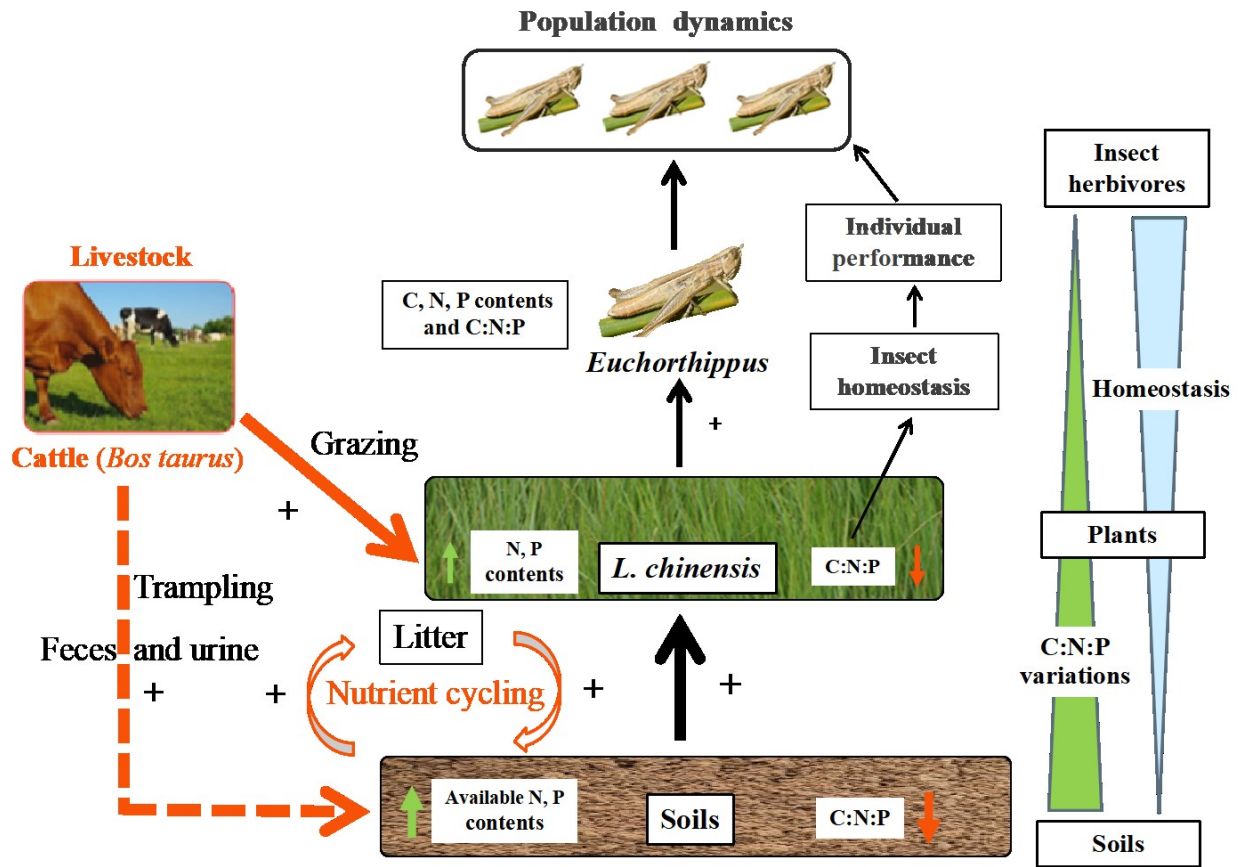
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683 Fig.6



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