# $A M$-modulus and Hausdorff measure of codimension one in metric measure spaces 

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#### Abstract

Let $\Gamma(E)$ be the family of all paths which meet a set $E$ in the metric measure space $X$. The set function $E \mapsto A M(\Gamma(E))$ defines the $A M$-modulus measure in $X$ where $A M$ refers to the approximation modulus [22]. We compare $A M(\Gamma(E))$ to the Hausdorff measure $\operatorname{co} \mathcal{H}^{1}(E)$ of codimension one in $X$ and show that


$$
\operatorname{coH}^{1}(E) \approx A M(\Gamma(E))
$$

for Suslin sets $E$ in $X$. This leads to a new characterization of sets of finite perimeter in $X$ in terms of the $A M$-modulus. We also study the level sets of $B V$ functions and show that for a.e. $t$ these sets have finite $\operatorname{coH} \mathcal{H}^{1}$-measure. Most of the results are new also in $\mathbb{R}^{n}$.

## KEYWORDS

$A M$-modulus, level sets of $B V$-functions, metric measure spaces, perimeter, sets of co-dimension one

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## 1 | INTRODUCTION

In a metric measure space $X$ the modulus of a curve family offers a substitute for the Fubini theorem and provides an important tool for analysis in $X$, see e.g. [26] and [5]. The $M_{p}$-modulus, $p \geq 1$, is used to create a space in $X$ similar to the Sobolev space $W^{1, p}\left(\mathbb{R}^{n}\right)$ and the $A M$-modulus was introduced as a weaker version than the $M_{1}$-modulus to study functions of bounded variation in $X$ and in $\mathbb{R}^{n}$, see [22], [15] and [16].

Let $\Gamma(E)$ be the family of all paths in $X$ which meet the set $E \subset X$. The set function $\phi(E)=A M(\Gamma(E))$ defines a metric outer measure, the $A M$-modulus measure, in $X$ and satisfies

$$
\begin{equation*}
\phi(E) \leq \operatorname{Cco}^{1}(E) \tag{1.1}
\end{equation*}
$$

provided that the measure $\mu$ is doubling, see Theorem 2.1 below. Here $\operatorname{coH}^{1}$ refers to the Hausdorff measure of codimen-


[^0]In this paper we are interested in the inequalities opposite to (1.1). Such an inequality was obtained in [16] for sets $E$ contained in $(n-1)$-rectifiable sets in $\mathbb{R}^{n}$. Here we show that this inequality holds for Borel sets in $X$, and more generally for Suslin sets and for arbitrary sets with $\sigma$-finite $\operatorname{coH}^{1}$-measure, provided that $X$ satisfies standard regularity assumptions, i.e. the measure $\mu$ in $X$ is doubling, $X$ is complete and supports the Poincaré inequality. Thus in $\mathbb{R}^{n}$ the standard ( $n-1$ )-Hausdorff measure $\mathcal{H}^{n-1}$ satisfies

$$
\begin{equation*}
\mathcal{H}^{n-1}(E) \approx \phi(E) \tag{1.2}
\end{equation*}
$$

for all Suslin sets and arbitrary sets of $\sigma$-finite $\mathcal{H}^{n-1}$-measure. Note that the ordinary $M_{p}$-modulus is more adapted to measure the family $\Gamma(E, \Omega)$ of all curves which join $E$ to the complement of a fixed open set $\Omega$ and then the result corresponds to the $p$-capacity of $E$. Thus the relation to the $(n-p)$-dimensional Hausdorff measure is mediated through the capacity and does not provide as close a connection as (1.2), see also Remark 2.2.

We apply the above results to study the $A M$-modulus of path families which are closely associated with sets of finite perimeter in $X$. Although there is extensive literature on sets of finite perimeter in metric measure spaces, see [1], [2], [19], [20], [21] and [24], the $A M$-modulus has not yet been used to characterize sets of finite perimeter in $X$ and our results extend the characterizations obtained in $[16]$ in $\mathbb{R}^{n}$ to $X$.

We study the level sets of a $B V$ function $u$ in the final section and show that these sets have finite $c o \mathcal{H}^{1}$-measure for a.e. $t$. In particular, it follows that the ordinary level set $u^{-1}(t)$ of a continuous $B V$ function $u$ has finite $c o \mathcal{H}^{1}$-measure for a.e.t.

## 2 | PRELIMINARIES

Let $(X, d)$ be a metric space and $\mu$ a Borel regular measure in $X$. The measure $\mu$ is doubling if there is a constant $C_{\mu}$ such that $\mu(B(x, 2 r)) \leq C_{\mu} \mu(B(x, r))$ and $0<\mu(B(x, r))<\infty$ for all open balls $B(x, r)$ in $X$.

A continuous mapping $\gamma:[a, b] \rightarrow X$ is called a curve. We say that a curve $\gamma$ is a path if it has a finite and non-zero total length; in this case we parametrize $\gamma$ by its arclength. The locus of $\gamma$ is defined as $\gamma([0, \ell])$ and denoted by $\langle\gamma\rangle$.

We refer to [22] and [15] for the properties of the $A M_{p}$-modulus and to [5] and [11] for those of the $M_{p}$-modulus. For completeness we recall the definitions.

Let $\Gamma$ be a family of paths in $X$. A nonnegative Borel function $\rho$ is $M$-admissible, or simply admissible, for $\Gamma$ if

$$
\int_{\gamma} \rho d s \geq 1
$$

for every $\gamma \in \Gamma$. For $p \geq 1$ the $M_{p}$-modulus of $\Gamma$ is defined as

$$
M_{p}(\Gamma)=\inf \int_{X} \rho^{p} d \mu
$$

where the infimum is taken over all admissible functions $\rho$.
A sequence of nonnegative Borel functions $\rho_{i}, i=1,2, \ldots$, is $A M$ - $a d m i s s i b l e$, or simply admissible, for $\Gamma$ if

$$
\begin{equation*}
\liminf _{i \rightarrow \infty} \int_{\gamma} \rho_{i} d s \geq 1 \tag{2.1}
\end{equation*}
$$

for every $\gamma \in \Gamma$. The approximation modulus, $A M_{p}$-modulus for short, of $\Gamma$ is defined as

$$
\begin{equation*}
A M_{p}(\Gamma)=\inf _{\left(\rho_{i}\right)}\left\{\liminf _{i \rightarrow \infty} \int_{X} \rho_{i}^{p} d \mu\right\} \tag{2.2}
\end{equation*}
$$

where the infimum is taken over all $A M$-admissible sequences ( $\rho_{i}$ ) for $\Gamma$. We mostly consider the $A M_{1}$-modulus and use the abbreviation $A M=A M_{1}$. Note that for $p>1, A M_{p}(\Gamma)=M_{p}(\Gamma)$ for every path family $\Gamma$ in $X$, see [15, Theorem 1], however, sometimes it is easier to use the $A M_{p}$-modulus than the $M_{p}$-modulus. Note also that $A M(\Gamma) \leq M_{1}(\Gamma)$ for all path families $\Gamma$ in $X$ and it could happen that $A M(\Gamma)=0$ but $M_{1}(\Gamma)=\infty$ for some family $\Gamma$.

We define the $A M_{c}$-modulus of $\Gamma$ with respect to the $A M$-modulus with the difference that the admissible sequence are now required to consist of continuous functions.

The $A M$ modulus or the $A M_{c}$ modulus can be also assigned to a family $\mathcal{E}$ of measures, $\int_{\gamma} \rho_{i} d s, \gamma \in \Gamma$, is then replaced by $\int_{X} \rho_{i} d \nu, \nu \in \mathcal{E}$. For a more precise definition we refer to [14].

For $E \subset X, \Gamma(E)$ denotes the family of all paths which meet $E$. From [16, Theorem 1] it follows that the set function $\phi: E \mapsto A M(\Gamma(E))$ is a metric outer measure in $X$ and hence all Borel sets are $\phi$ measurable. Almost the same proof shows that for $p \geq 1$ the set functions $E \mapsto A M_{p}(\Gamma(E))$ and $E \mapsto M_{p}(\Gamma(E))$ also define metric outer measures in $X$.

We denote by $\mathcal{H}^{n-p}$ the ordinary Hausdorff measure of codimension $p$ in $\mathbb{R}^{n}$. In metric spaces, the dimension $n$ is not always clearly determined. The right replacement of $\mathcal{H}^{n-p}$ is then the Hausdorff measure co $\mathcal{H}^{p}(E)$ of codimension $p$ defined as

$$
\operatorname{coH}^{p}(E)=\sup _{\delta>0} \operatorname{coH}_{\delta}^{p}(E)
$$

where for $\delta>0$

$$
\operatorname{coH}_{\delta}^{p}(E)=\inf \left\{\sum_{j=1}^{\infty} \frac{\mu\left(B\left(x_{j}, r_{j}\right)\right)}{r_{j}^{p}}: E \subset \bigcup_{j=1}^{\infty} B\left(x_{j}, r_{j}\right), \sup _{j} r_{j}<\delta\right\}
$$

denotes the $\delta$-content associated with $\operatorname{coH}^{p}(E)$. It is easily checked that in $\mathbb{R}^{n}, \cos ^{p}$ agrees with the $\mathcal{H}^{n-p}$-measure up to a multiplicative constant.

In the following, we are chiefly interested in $\operatorname{coH}^{1}(E)$ and its dependence on $A M(\Gamma(E))$ and we first consider upper bounds for $A M(\Gamma(E))$ in terms of $c o \mathcal{H}^{1}(E)$. Such a result was presented in [22, Theorem 3.17] and for completeness we include a proof. For $p>1$ we present a stronger version in $X$ and extend the implication, see [12, Theorem 2.27] and references therein, that in $\mathbb{R}^{n}, \mathcal{H}^{n-p}(E)<\infty$ implies that the $p$-capacity of $E \subset \mathbb{R}^{n}$ is zero.

Theorem 2.1. Suppose that $\mu$ is a doubling measure in $X$ and $E \subset X$. Then

$$
\begin{equation*}
A M(\Gamma(E)) \leq C_{\mu} \operatorname{co} \mathcal{H}^{1}(E) \tag{2.3}
\end{equation*}
$$

and for $p>1, \operatorname{coH}^{p}(E)<\infty$ implies $M_{p}(\Gamma(E))=0$.

Proof. First, we prove

$$
\begin{equation*}
A M_{p}(\Gamma(E)) \leq C_{\mu} \operatorname{co} \mathcal{H}^{p}(E) \tag{2.4}
\end{equation*}
$$

for any $1 \leq p<\infty$. We may assume that $\operatorname{coH}^{p}(E)<\infty$. For $j=1,2$, choose a covering $B\left(x_{i}^{j}, r_{i}^{j}\right), i=1,2, \ldots$, of $E$ such that $r_{i}^{j}<1 / j$ and

$$
\sum_{i} \frac{\mu\left(B\left(x_{i}^{j}, r_{i}^{j}\right)\right)}{\left(r_{i}^{j}\right)^{p}} \leq \operatorname{co} \mathcal{H}_{1 / j}^{p}(E)+\frac{1}{j}
$$

Set

$$
\rho_{j}(x)=\left\{\sum_{i} \frac{1}{\left(r_{i}^{j}\right)^{p}} \chi_{B_{i}^{j}}(x)\right\}^{1 / p}
$$

where $B_{i}^{j}=B\left(x_{i}^{j}, 2 r_{i}^{j}\right)$. Then $\rho_{j}$ is a Borel function and we show that the sequence $\left(\rho_{j}\right)$ is admissible for $\Gamma(E)$. Indeed, if $\gamma \in \Gamma(E)$, then $\gamma$ meets $E$ and since $\gamma$ is not a constant path, diam $\langle\gamma\rangle>4 / j$ for large $j$ and hence there is $j_{0}$ such that for
$j \geq j_{0}$ we find $i=i(j)$ such that $\gamma$ meets $B\left(x_{i}^{j}, r_{i}^{j}\right)$ and $X \backslash B_{i}^{j}$. Thus $\gamma$ travels in $B_{i}^{j}$ at least distance $r_{i}^{j}$. Consequently for $j \geq j_{0}$

$$
\int_{\gamma} \rho_{j} d s \geq \int_{\gamma}^{\chi_{B_{i(j)}^{j}}} d s \geq 1
$$

and hence

$$
\liminf _{j \rightarrow \infty} \int_{\gamma} \rho_{j} d s \geq 1
$$

We obtain

$$
\begin{aligned}
A M_{p}(\Gamma(E)) & \leq \liminf _{j \rightarrow \infty} \int_{X} \rho_{j}^{p} d \mu=\liminf _{j \rightarrow \infty} \sum_{i} \frac{\mu\left(B_{i}^{j}\right)}{\left(r_{i}^{j}\right)^{p}} \\
& \leq C_{\mu} \liminf _{j \rightarrow \infty} \sum_{i} \frac{\mu\left(B\left(x_{i}^{j}, r_{i}^{j}\right)\right)}{\left(r_{i}^{j}\right)^{p}} \leq C_{\mu} \liminf _{j \rightarrow \infty}\left(\operatorname{coH}_{1 / j}^{p}(E)+\frac{1}{j}\right) \\
& =C_{\mu} \operatorname{coH}^{p}(E),
\end{aligned}
$$

which proves (2.4)
Now, for $p=1$ we are done. If $p>1$, we know by $\left[15\right.$, Theorem 1] that $M_{p}=A M_{p}$, therefore we have

$$
\begin{equation*}
M_{p}(\Gamma(E)) \leq C_{\mu} \operatorname{coH}^{p}(E) . \tag{2.5}
\end{equation*}
$$

To prove that $M_{p}(\Gamma(E))=0$, we first use (2.5) to construct a sequence $\left(\rho_{j}\right)$ of $M$-admissible functions for $\Gamma(E)$ such that

$$
\begin{equation*}
\int_{X} \rho_{j}^{p} d \mu \leq C \text { with } C=1+C_{\mu} \operatorname{co} \mathcal{H}^{p}(E) \tag{2.6}
\end{equation*}
$$

and $\mu\left(\left\{\rho_{j}>0\right\}\right) \rightarrow 0$. Note that $\mu\left(\left\{\rho_{j}>0\right\}\right)$ can be made arbitrary small. To see this let $\varepsilon>0$ and since $\mu(E)=0$ we can choose an open set $G \supset E$ with $\mu(G)<\varepsilon$. If $\rho$ is admissible for $\Gamma(E)$, we set

$$
\tilde{\rho}= \begin{cases}\rho & \text { in } G \\ 0 & \text { in } X \backslash G\end{cases}
$$

Each path $\gamma \in \Gamma(E)$ has a subpath $\tilde{\gamma} \in \Gamma(E)$ with locus in $G$. Then

$$
\int_{\gamma} \tilde{\rho} d s \geq \int_{\tilde{\gamma}} \rho d s \geq 1,
$$

and thus $\tilde{\rho}$ is admissible for $\Gamma(E)$ as well. Moreover, $\mu(\{\tilde{\rho}>0\})<\varepsilon$ and

$$
\int_{X} \tilde{\rho}^{p} d \mu \leq \int_{X} \rho^{p} d \mu .
$$

Now, we select a special subsequence. We proceed by induction. Set $m_{1}=1$. If $m_{1}, \ldots, m_{j-1}$ are determined, we find $m_{j}$ such that

$$
\begin{equation*}
\int_{E_{j}}\left(\rho_{m_{1}}+\cdots+\rho_{m_{j-1}}\right)^{p} d \mu<2^{-j} \tag{2.7}
\end{equation*}
$$

holds with $E_{j}=\left\{\rho_{m_{j}}>0\right\}$. We claim that

$$
\begin{equation*}
\int_{X}\left(\rho_{m_{1}}+\cdots+\rho_{m_{j}}\right)^{p} d \mu \leq 2^{p-1}(C j+1) . \tag{2.8}
\end{equation*}
$$

Indeed, this follows from (2.6) as we prove

$$
\begin{equation*}
\int_{X}\left(\rho_{m_{1}}+\cdots+\rho_{m_{j}}\right)^{p} d \mu \leq 2^{p-1}\left(\int_{X}\left(\rho_{m_{1}}^{p}+\cdots+\rho_{m_{j}}^{p}\right) d \mu+\sum_{i=1}^{j} 2^{-i}\right) \tag{2.9}
\end{equation*}
$$

by induction. The inequality is trivial for $j=1$. If it holds for $j-1$, using (2.7) we obtain

$$
\begin{aligned}
\int_{X}\left(\rho_{m_{1}}+\cdots+\rho_{m_{j}}\right)^{p} d \mu \leq & \int_{X \backslash E_{j}}\left(\rho_{m_{1}}+\cdots+\rho_{m_{j-1}}\right)^{p} d \mu+\int_{E_{j}}\left(\rho_{m_{1}}+\cdots+\rho_{m_{j}}\right)^{p} d \mu \\
\leq & 2^{p-1}\left(\int_{X}\left(\rho_{m_{1}}^{p}+\cdots+\rho_{m_{j-1}}^{p}\right) d \mu+\sum_{i=1}^{j-1} 2^{-i}\right) \\
& +2^{p-1}\left(\int_{X} \rho_{m_{j}}^{p} d \mu+\int_{E_{j}}\left(\rho_{m_{1}}+\cdots+\rho_{m_{j-1}}\right)^{p} d \mu\right) \\
\leq & 2^{p-1}\left(\int_{X}\left(\rho_{m_{1}}^{p}+\cdots+\rho_{m_{j}}^{p}\right) d \mu+\sum_{i=1}^{j} 2^{-i}\right)
\end{aligned}
$$

which proves (2.9) for $j$.
Finally, we test the $M_{p}$-modulus of $\Gamma(E)$ by the admissible functions

$$
g_{k}=\frac{1}{k} \sum_{j=1}^{k} \rho_{m_{j}}
$$

Then it is evident that each $g_{k}$ is admissible for $\Gamma(E)$ and by (2.8)

$$
M_{p}(\Gamma(E)) \leq \int_{X} g_{k}^{p} d \mu \leq 2^{p-1} k^{-p}(C k+1) .
$$

Remark 2.2. Consider the inverse implication in Theorem 2.1 for $p>1$ in $\mathbb{R}^{n}$. Let $E \subset \mathbb{R}^{n}$ be a Borel set with $M_{p}(\Gamma(E))<\infty, 1<p \leq n$. If $K \subset E$ is compact, then

$$
M_{p}(\Gamma(K)) \leq M_{p}(\Gamma(E))<\infty
$$

and it easily follows that for all open sets $\Omega \supset K$

$$
\operatorname{cap}_{p}(K, \Omega) \leq M_{p}(\Gamma(K))
$$

where $\operatorname{cap}_{p}(K, \Omega)$ stands for the ordinary variational $p$-capacity of the condenser $(K, \Omega)$, see Section 3 and [12, Chapter 2]. From [12, Lemma 2.34] it follows that $K$ has $p$-capacity zero and hence by the Choquet capacitability theorem $E$ has also capacity zero. This implies, see e.g. [12, Theorem 2.27], that the Hausdorff dimension of $E$ is at most $n-p$ but not that $\mathcal{H}^{n-p}(E)<\infty$.

We also need some properties of functions of bounded variation ( $B V$ ) in $X$, see [24] (in metric measure spaces) and [2] (in the Euclidean spaces). Let $\Omega \subset X$ be open and denote by $\operatorname{Lip}_{\text {loc }}(\Omega)$ the set of locally Lipschitz functions in $\Omega$. Given
$u \in L_{\mathrm{loc}}^{1}(\Omega)$ and an open set $G \subset \Omega$ we define

$$
V(u, G)=\inf \left\{\liminf _{i} \int_{G}\left|\nabla u_{i}\right| d \mu: u_{i} \rightarrow u \text { in } L_{\mathrm{loc}}^{1}(G)\right\}
$$

Here $|\nabla u(x)|$ stands for the local Lipschitz constant for $u$ at $x$, i.e.

$$
|\nabla u(x)|=\liminf _{r \rightarrow 0} \sup _{y \in B(x, r)} \frac{|u(y)-u(x)|}{r},
$$

see [5, Section 1.3]. A function has bounded variation in $\Omega, u \in B V(\Omega)$, if $V(u, \Omega)<\infty$.
Let $\Omega \subset X$ be open and let $E \subset X$ be measurable. The perimeter of $E$ in $\Omega$ is $P(E, \Omega)=V\left(\chi_{E}, \Omega\right)$ and we write $P(E)=P(E, X)$.

The space $X$ supports the (weak) $B V$-Poincaré inequality, see [24, Remark 3.5], if

$$
\begin{equation*}
\int_{B(x, r)}\left|u-u_{B(x, r)}\right| d \mu \leq C_{P} r V\left(u, B\left(x, \lambda_{P} r\right)\right) \tag{2.10}
\end{equation*}
$$

in each ball $B(x, r)$ and for each $u \in B V(X)$. Here $u_{B(x, r)}$ stands for the mean value of $u$ in $B(x, r)$. The constants $C_{P} \geq 1$ and $\lambda_{P} \geq 1$ are independent of $B(x, r)$ and $u$ and called the Poincaré constants of $X$. Note that (2.10) is a consequence of the standard weak Poincaré inequality for integrable functions with upper gradients, see [5, Chapter 4] and [24].

We use the standard assumptions (A) on the space $X$ :

- $X$ is complete,
- the measure $\mu$ is doubling,
- $X$ supports the $B V$-Poincaré inequality (2.10).

Note that if $\mu$ is doubling and $X$ is complete, then $X$ is proper, i.e. closed and bounded subsets of $X$ are compact, see [5, Section 3.1]. Moreover, $X$ is connected [5, Proposition 4.2].

## 3 | NEWTONIAN AND PERIMETER CAPACITIES IN $\boldsymbol{X}$

Throughout this and the next section we assume that ( $X, d$ ) and $\mu$ satisfy the assumptions (A).
Let $G$ be a bounded open set in $X$, let $K$ be a compact subset of $G$ and let $\operatorname{Lip}_{0}(K, G)$ be the set of all Lipschitz functions $u$ with compact support in $G$ satisfying $u \geq 1$ on $K$. We define

$$
\begin{equation*}
\operatorname{cap}_{1}(K, G)=\inf \left\{\int_{G}|\nabla u| d \mu: u \in \operatorname{Lip}_{0}(K, G)\right\} . \tag{3.1}
\end{equation*}
$$

Obviously the infimum does not change if restricted to test functions satisfying $0 \leq u \leq 1$.
It is easy to see that $\operatorname{Lip}_{0}(K, G) \neq \emptyset$ if $G \neq \emptyset$ and thus $\operatorname{cap}_{1}(K, G)<\infty$. Note that if $G$ is compact, then the constant function 1 is a competitor and thus $\operatorname{cap}_{1}(K, G)=0$.

If $U \subset G$ is open, then we set

$$
\operatorname{cap}_{1}(U, G)=\sup \left\{\operatorname{cap}_{1}(K, G): K \subset U \operatorname{compact}\right\}
$$

and for an arbitrary set $E \subset G$

$$
\operatorname{cap}_{1}(E, G)=\inf \left\{\operatorname{cap}_{1}(U, G): U \text { open }, E \subset U \subset G\right\} .
$$

Now there are two definitions for $\operatorname{cap}_{1}(E, G)$ when $E$ is compact but since the competitors are continuous the next lemma is immediate.

Lemma 3.1. If $K \subset G$ is compact, then

$$
\begin{equation*}
\operatorname{cap}_{1}(K, G)=\inf \left\{\operatorname{cap}_{1}(U, G): U \text { open, } K \subset U \subset G\right\}, \tag{3.2}
\end{equation*}
$$

where the capacity on the left is according to (3.1).
Next we summarize the main properties of the capacity. In particular, we show that cap ${ }_{1}(\cdot, G)$ defines a Choquet capacity and thus, by the Choquet capacitability theorem, each Suslin (in particular, a Borel) set $E \subset G$ is capacitable.

We also compare the widely used Newtonian type $p$-capacity

$$
\begin{equation*}
{\widetilde{\operatorname{cap}_{p}}}_{p}(E, G)=\inf _{u} \int_{G}\left(g_{u}\right)^{p} d \mu \tag{3.3}
\end{equation*}
$$

for $p=1$ to $\operatorname{cap}_{1}(E, G)$. In (3.3) the infimum is taken over all (precisely defined) $u \in N_{0}^{1, p}(G)$ such that $u \geq 1$ on $E$ and $g_{u}$ is the minimal upper gradient of $u$, see [5, Section 6.3]. This is a Choquet capacity if $p>1$ but not in the case $p=1$ because $\widetilde{\mathrm{cap}_{1}}$ does not satisfy (e) below. For an example see [5, Example 6.18] where it also becomes evident how $\operatorname{cap}_{1}(E, G)$ differs from $\widetilde{\mathrm{cap}}_{1}(E, G)$.

## Proposition 3.2.

(a) The set function $E \mapsto \operatorname{cap}_{1}(E, G)$ is monotone, i.e.

$$
E_{1} \subset E_{2} \subset G \Rightarrow \operatorname{cap}_{1}\left(E_{1}, G\right) \leq \operatorname{cap}_{1}\left(E_{2}, G\right) .
$$

(b) If $K_{1}, K_{2}, \ldots \subset G$ are compact and $K_{1} \supset K_{2} \supset \ldots$, then

$$
\operatorname{cap}_{1}\left(\bigcap_{j=1}^{\infty} K_{j}, G\right)=\lim _{j \rightarrow \infty} \operatorname{cap}_{1}\left(K_{j}, G\right) .
$$

(c) $\operatorname{cap}_{1}(E, G) \leq \widetilde{\mathrm{cap}}_{1}(E, G)$ and $\operatorname{cap}_{1}(K, G)=\widetilde{\mathrm{cap}_{1}}(K, G)$ if $K$ is compact.
(d) If $K_{1}, K_{2}$ are compact, then

$$
\operatorname{cap}_{1}\left(K_{1} \cup K_{1}, G\right)+\operatorname{cap}_{1}\left(K_{1} \cap K_{2}, G\right) \leq \operatorname{cap}_{1}\left(K_{1}, G\right)+\operatorname{cap}_{1}\left(K_{2}, G\right) .
$$

(e) $E_{1} \subset E_{2} \subset \cdots \subset G \Rightarrow \operatorname{cap}_{1}\left(\bigcup_{j=1}^{\infty} E_{j}, G\right)=\lim _{j \rightarrow \infty} \operatorname{cap}_{1}\left(E_{j}, G\right)$.
(f) If $E \subset G$ is Suslin, then

$$
\operatorname{cap}_{1}(E, G)=\sup \left\{\operatorname{cap}_{1}(K, G): K \subset E \text { compact }\right\} .
$$

Proof. The properties (a) and (b) are obvious. The inequality in (c) is obvious if $E$ is open; for the case of $E$ arbitrary we use [5, Theorem 6.19 (vii)] (note that the symbol cap ${ }_{1}$ stands for $\widetilde{c a p}_{1}$ in [5]). The equality for $K$ compact follows from [5, Theorem 6.19 (x)]. The property (d) follows from [5, Theorem 6.17 (iii)] taking into account the equality in (c). Now, the properties (e) and (f) are obtained using the general theory of capacities developed by Choquet in [7], see also [6], [17].

If $G$ is a bounded open set in $X$ and $K \subset G$ compact, then we denote by $\Gamma(K, G)$ the family of all paths in $X$ which connect $X \backslash G$ to $K$.

Lemma 3.3. If $G$ is a bounded open set in $X$ and $K \subset G$ compact, then

$$
\operatorname{cap}_{1}(K, G)=M_{1}(\Gamma(K, G))=A M(\Gamma(K, G)) .
$$

Proof. Since for each function $u \in \operatorname{Lip}_{0}(K, G),|\nabla u|$ is $M$-admissible for the family $\Gamma(K, G)$, we have $M_{1}(\Gamma(K, G)) \leq$ $\operatorname{cap}_{1}(K, G)$. For the converse inequality we use the method in [5, Section 5.2]. Let $\rho$ be $M$-admissible for $\Gamma(K, G)$ and $\varepsilon>0$. We may assume that $\rho$ is lower semi-continuous. From Lemmata 5.25 and 5.26 in [5] it follows that the function $\rho+\varepsilon$ is an upper gradient of the lower semi-continuous function

$$
u(x)=\min \left(1, \inf _{\gamma} \int_{\gamma}(\rho+\varepsilon) d s\right)
$$

in $G$. Here the infimum is taken over all paths connecting $X \backslash G$ to $x \in G$. Moreover, $u=0$ in $X \backslash G$ and $u=1$ in $K$. Using Proposition 3.2(c) we obtain

$$
\operatorname{cap}_{1}(K, G)=\widetilde{\operatorname{cap}_{1}}(K, G) \leq \int_{G}(\rho+\varepsilon) d \mu \leq \int_{G} \rho d \mu+\varepsilon \mu(G)
$$

and letting $\varepsilon \rightarrow 0$ we obtain the desired inequality.
For the second equality it suffices to show that $M_{1}(\Gamma(K, G)) \leq A M(\Gamma(K, G))$ because $M_{1}(\Gamma) \geq A M(\Gamma)$ for every path family $\Gamma$ in $X$. Let $\Gamma(K, G, L)$ denote the family of all the paths $\gamma$ in $\Gamma(K, G)$ whose length $\ell$ satisfies $\ell \leq L$. Note that

$$
\begin{equation*}
M_{1}(\Gamma(K, G))=\sup _{L} M_{1}(\Gamma(K, G, L)) \tag{3.4}
\end{equation*}
$$

Indeed, if $\rho$ is admissible for $\Gamma(K, G, L)$, then $\rho+\frac{1}{L} \chi_{G}$ is admissible for $\Gamma(K, G)$.
Fix $L$. Each $\gamma \in \Gamma(K, G, L)$ has a reparametrization $\xi:[0, L] \rightarrow X$ which is a curve with Lip $\xi \leq 1$; we denote the set of all such reparametrizations by $\Xi(K, G, L)$. For a Borel set $E \subset X$ set

$$
\nu_{\xi}(E)=\int_{\xi} \chi_{E} d s
$$

Set $\mathcal{E}=\left\{\nu_{\xi}: \xi \in \Xi(K, G, L)\right\}$. Let $\mathcal{K}$ be the weak* closure of $\mathcal{E}$. Then

$$
\begin{equation*}
A M_{c}(\Gamma(K, G, L))=A M_{c}(\Xi(K, G, L))=A M_{c}(\mathcal{E})=A M_{c}(\mathcal{K}) \tag{3.5}
\end{equation*}
$$

Only the last equality is not obvious. Let $\left(\xi_{j}\right)$ be a sequence of curves from $\Xi(K, G, L)$ such that $\nu_{\xi_{j}}$ converge weak* to $\nu \in \mathcal{K}$. By the Arzelà-Ascoli theorem (see [25, p. 169]) there exists a subsequence (not relabelled) which converges uniformly to a limit curve $\xi$, and, by compactness of $K$ and openness of $G$, we have $\xi \in \Xi(K, G, L)$. For each non-negative continuous function $\rho$ on $X$ we have

$$
\int_{\xi} \rho d s \leq \liminf _{j} \int_{\xi_{j}} \rho d s=\lim _{j} \int_{X} \rho d \nu_{\xi_{j}}=\int_{X} \rho d \nu
$$

It follows that each admissible sequence for $A M_{c}(\mathcal{E})$ is also admissible for $A M_{c}(\mathcal{K})$ and thus $A M_{c}(\mathcal{K}) \leq A M_{c}(\mathcal{E})$, whereas the converse inequality is obvious. This proves (3.5). By [14, Theorem 5.5], $A M(\mathcal{K})=M_{1}(\mathcal{K})($ as $\mathcal{K}$ is compact) and by [14, Theorem 3.4], $A M=A M_{c}$. Hence

$$
\begin{aligned}
M_{1}(\Gamma(K, G, L)) & \leq M_{1}(\mathcal{K})=A M_{c}(\mathcal{K})=A M_{c}(\Gamma(K, G, L)) \\
& =A M(\Gamma(K, G, L)) \leq A M(\Gamma(K, G))
\end{aligned}
$$

Passing to the supremum over $L$ we obtain the conclusion.

Lemma 3.4. If $E \subset G$ is a Suslin set, then $\operatorname{cap}_{1}(E, G) \leq A M(\Gamma(E))$.

Proof. Since $E$ is a Suslin set, Proposition 3.2(f) implies that there are compact sets $K_{1} \subset K_{2} \subset \ldots \subset E$ such that $\operatorname{cap}_{1}(E, G)=\lim _{i} \operatorname{cap}_{1}\left(K_{i}, G\right)$. Now by Lemma 3.3

$$
\operatorname{cap}_{1}\left(K_{i}, G\right)=A M\left(\Gamma\left(K_{i}, G\right)\right) \leq A M(\Gamma(E))
$$

because $\Gamma\left(K_{i}, G\right) \subset \Gamma(E)$.
Lemma 3.5. Let $K_{1} \subset K_{2} \subset$..., be compact sets in $G$ with

$$
\begin{equation*}
\lim _{i \rightarrow \infty} \operatorname{cap}_{1}\left(K_{i}, G\right)<\infty \tag{3.6}
\end{equation*}
$$

Then there is a $B V$ function $w$ in $X$ such that $w=0$ in $X \backslash G, w=1$ on $\bigcup_{i} K_{i}, 0 \leq w \leq 1$ and

$$
\begin{equation*}
V(w, X) \leq \lim _{i \rightarrow \infty} \operatorname{cap}_{1}\left(K_{i}, G\right) \tag{3.7}
\end{equation*}
$$

Proof. For each $i$ pick $u_{i} \in \operatorname{Lip}_{0}\left(K_{i}, G\right)$ such that $0 \leq u_{i} \leq 1$ and

$$
\int_{G}\left|\nabla u_{i}\right| d \mu \leq \operatorname{cap}_{1}\left(K_{i}, G\right)+1 / i
$$

By the compact embedding of $B V$ into $L_{\text {loc }}^{1}$, see [24, Theorem 3.7], there is a limit function $w$ and a subsequence $\left(v_{i}\right)_{i}$ of $\left(u_{i}\right)_{i}$ such that $v_{i} \rightarrow w$ in $L_{\text {loc }}^{1}(X)$ and $\mu$-a.e. In particular, we can assume that $w=1$ on $\bigcup_{i} K_{i}$ and (3.7) holds.

We recall some measure theoretic notation. Let $E \subset X$ be a $(\mu-)$ measurable set. The measure theoretic boundary $\partial_{*} E$ of $E$ consists of points $x \in X$ such that $\Theta(x, E)>0$ and $\Theta(x, X \backslash E)>0$ where

$$
\Theta(x, A)=\limsup _{r \rightarrow 0} \frac{\mu(B(x, r) \cap A)}{\mu(B(x, r))}
$$

is the upper $\mu$-density of $A$ at $x$. The measure theoretic interior $\operatorname{int}_{*} E$ and the measure theoretic exterior $\operatorname{ext}_{*} E$ of $E$ are the sets of points $x \in X$ where $\Theta(x, X \backslash E)=0$ and $\Theta(x, E)=0$, respectively. The sets $\partial_{*} E$, int ${ }_{*} E$ and ext ${ }_{*} E$ are Borel sets.

For an open bounded set $G \neq X$ and $E \subset G$ we define the perimeter capacity of $E$ in $G$ as

$$
\operatorname{Cap}(E, G)=\inf \left\{P(F, X): E \subset \operatorname{int}_{*} F, F \subset G \text { measurable }\right\}
$$

Note that the perimeter of $F$ is relative to $X$ and not relative to $G$.
Lemma 3.6. If $E$ is a Suslin set in $G \subset X$ and $A M(\Gamma(E))<\infty$, then

$$
\begin{equation*}
\operatorname{Cap}(E, G) \leq \operatorname{cap}_{1}(E, G) \tag{3.8}
\end{equation*}
$$

Proof. Let $U$ be an open set such that $E \subset U \subset G$. By Lemma 3.4 we have $\operatorname{cap}_{1}(E, G)<\infty$. Next choose compact sets $K_{1} \subset K_{2} \subset \cdots \subset U$ such that $\bigcup_{i} K_{i}=U$; now

$$
\operatorname{cap}_{1}\left(K_{i}, G\right) \leq \operatorname{cap}_{1}(U, G)
$$

for all $i$.
Let $w$ be the $B V$ function in Lemma 3.5. Note that $w=1$ in $U=\bigcup_{i} K_{i}$. By the co-area formula [24, Proposition 4.2] and Lemma 3.5

$$
\int_{0}^{1} P(\{x: w(x)>t\}, X) d t \leq V(w, X) \leq \lim _{i} \operatorname{cap}_{1}\left(K_{i}, G\right) \leq \operatorname{cap}_{1}(U, G)
$$

Thus there is some $t \in(0,1)$ such that the set $A=\{x: w(x)>t\}$ has finite perimeter, $\operatorname{int}_{*} A \supset E$ and $P(A, X) \leq$ $\operatorname{cap}_{1}(U, G)$. Note that it is possible that $A=G$. Since

$$
\operatorname{Cap}(E, G) \leq P(A, X) \leq \operatorname{cap}_{1}(U, G)
$$

and this holds for all open sets $U$ with $E \subset U \subset G$ we obtain (3.8).

## 4 | $\mathrm{AM}(\Gamma(E)) \leq \operatorname{CcoH}^{1}(E)$

Throughout this section we assume that ( $X, d$ ) and $\mu$ satisfy the assumptions (A).
We need the following auxiliary lemma for the main result. Note that the set $E$ below is an arbitrary subset of $X$.

Lemma 4.1. If $E \subset X$ and $A M(\Gamma(E))<\infty$, then $\mu(E)=0$.
Proof. By [16, Theorem 2] there is a co-Suslin set $E^{\prime} \supset E$ such that $A M\left(\Gamma\left(E^{\prime}\right)\right)=A M(\Gamma(E)$. Since co-Suslin sets are $\mu$-measurable we may assume that $E$ is $\mu$ measurable and since we can also assume that $E$ is bounded, it suffices to prove the lemma in the case $\mu(E)<\infty$.

Let $\varepsilon>0$. Since $\mu(\bar{B}(x, r) \backslash B(x, r))=0$ except for a countable set of $r>0$ we find by the Vitali covering theorem disjoint balls $\bar{B}\left(x_{i}, r_{i}\right)$ such that $r_{i}<\varepsilon$ and $\bigcup_{i} B\left(x_{i}, r_{i}\right) \supset E \backslash E_{0}$ where $\mu\left(E_{0}\right)=0$. Now we can replace $E$ by $E \backslash E_{0}$ which we continue to denote by $E$.

Fix $B_{i}=B\left(x_{i}, r_{i}\right)$ and let $K \subset E \cap B_{i}$ be compact. For $\delta>0$ pick $u \in N_{0}^{1,1}\left(B_{i}\right)$ such that $u=1$ on $K, 0 \leq u \leq 1$ and

$$
\int_{B_{i}} g_{u} d \mu<\operatorname{cap}_{1}\left(K, B_{i}\right)+\delta
$$

By the Poincaré inequality [5, Theorem 5.51] for $N_{0}^{1,1}\left(B_{i}\right)$-functions there is a constant $C$ depending only on $C_{P}$ and $C_{\mu}$ so that

$$
\mu(K) \leq \int_{B_{i}} u d \mu \leq C r_{i} \int_{B_{i}} g_{u} d \mu<C r_{i}\left(\operatorname{cap}_{1}\left(K, B_{i}\right)+\delta\right)
$$

and letting $\delta \rightarrow 0$ we obtain from Lemma 3.3

$$
\mu(K) \leq C r_{i} A M\left(\Gamma\left(K, B_{i}\right)\right) \leq C r_{i} A M\left(\Gamma\left(E \cap B_{i}, B_{i}\right)\right)
$$

Since this holds for all compact sets $K \subset E \cap B_{i}$

$$
\mu\left(E \cap B_{i}\right) \leq C r_{i} A M\left(\Gamma\left(E \cap B_{i}, B_{i}\right)\right)
$$

The path families $\Gamma\left(E \cap B_{i}, B_{i}\right)$ lie in the disjoint sets $\bar{B}_{i}$ and are subfamilies of $\Gamma(E)$. Summing over $i$ we obtain

$$
\mu(E)=\sum_{i} \mu\left(E \cap B_{i}\right) \leq C \sum_{i} r_{i} A M\left(\Gamma\left(E \cap B_{i}, B_{i}\right)\right) \leq C \varepsilon A M(\Gamma(E))
$$

and $\varepsilon \rightarrow 0$ completes the proof.

The comparison of the $B V$ capacity with the ( $n-1$ )-dimensional Hausdorff content is due to Fleming [10]. It has been generalized to the framework of metric measure spaces by Kinnunen, Korte, Shanmugalingam and Tuominen [18]. Here we need a version for the $\delta$-Hausdorff content related to the $\operatorname{co\mathcal {H}^{1}}$-measure.

Lemma 4.2. Let $M$ be a bounded open set in $X$. For $\delta>0$ there exists $\alpha>0$ such that for each open set $G$ with $\mu(G)<\alpha$ and $E \subset G \subset M$ we have

$$
\begin{equation*}
\operatorname{coH}_{\delta}^{1}(E) \leq C \operatorname{Cap}(E, G), \tag{4.1}
\end{equation*}
$$

where $C$ depends only on $C_{P}, \lambda_{P}$ and $C_{\mu}$.
Proof. We write for $C$ a generic constant which depends only on $C_{P}, \lambda_{P}$ and $C_{\mu}$.
Set $\delta^{\prime}=\delta /\left(5 \lambda_{P}\right)$ and $\kappa=4 C_{P}$. Let $G$ be a bounded open set such that $E \subset G \subset M$. We find $\alpha>0$ such that for each $x \in G$

$$
\begin{equation*}
\mu\left(B\left(x, \delta^{\prime}\right) \cap G\right) \leq \frac{1}{\kappa} \mu\left(B\left(x, \delta^{\prime}\right)\right) \tag{4.2}
\end{equation*}
$$

provided that $\mu(G)<\alpha$. Suppose that no such $\alpha$ exists. Then there are open sets $G_{i}$ and $x_{i} \in G_{i}$ such that $E \subset G_{i} \subset M$ and

$$
\frac{1}{i}>\mu\left(G_{i}\right) \geq \mu\left(B\left(x_{i}, \delta^{\prime}\right) \cap G_{i}\right)>\frac{1}{\kappa} \mu\left(B\left(x_{i}, \delta^{\prime}\right)\right)
$$

but because each $x_{i}$ belongs to a fixed bounded set $M, \mu\left(B\left(x_{i}, \delta^{\prime}\right)\right)>c>0$ which leads to contradiction.
Fix $G$ as above. To prove (4.1) we may assume that $\operatorname{Cap}(E, G)<\infty$ and for $\varepsilon>0$ we choose a competitor $F \subset G$ for $\operatorname{Cap}(E, G)$ with $P(F, X) \leq \operatorname{Cap}(E, G)+\varepsilon$. Let $x \in E, B(r)=B(x, r)$ and define

$$
r_{x}=\inf \left\{r>0: \mu(F \cap B(r)) \leq \frac{1}{2 C_{P}} \mu(B(r)\} .\right.
$$

Now $0<r_{x}<\delta^{\prime}$ because

$$
\lim _{r \rightarrow 0} \frac{\mu(F \cap B(r))}{\mu(B(r))}=1
$$

and by (4.2)

$$
\mu\left(F \cap B\left(\delta^{\prime}\right)\right) \leq \mu\left(G \cap B\left(\delta^{\prime}\right)\right) \leq \frac{1}{4 C_{P}} \mu\left(B\left(\delta^{\prime}\right)\right)<\frac{1}{2 C_{P}} \mu\left(B\left(\delta^{\prime}\right)\right) .
$$

Let $r<r_{x}$. Then

$$
\mu\left(F \cap B\left(r_{x}\right)\right) \geq \mu(F \cap B(r))>\frac{1}{2 C_{P}} \mu(B(r))
$$

and letting $r \rightarrow r_{x}$ we obtain

$$
\begin{equation*}
\mu\left(F \cap B\left(r_{x}\right)\right) \geq \frac{1}{2 C_{P}} \mu\left(B\left(r_{x}\right)\right) . \tag{4.3}
\end{equation*}
$$

On the other hand we show that

$$
\begin{equation*}
\mu\left(F \cap B\left(r_{x}\right)\right) \leq \frac{1}{2} \mu\left(B\left(r_{x}\right)\right) . \tag{4.4}
\end{equation*}
$$

If $\mu\left(F \cap B\left(r_{x}\right)\right) \leq \mu\left(B\left(r_{x}\right)\right) /\left(2 C_{P}\right)$, then equality holds in (4.3) and (4.4) is immediate. If

$$
\mu\left(F \cap B\left(r_{x}\right)\right)>\frac{1}{2 C_{P}} \mu\left(B\left(r_{x}\right)\right)
$$

then by the definition of $r_{x}$ there is $r \in\left(r_{x}, 2 r_{x}\right)$ such that

$$
\mu\left(F \cap B\left(r_{x}\right)\right) \leq \mu(F \cap B(r)) \leq \frac{1}{2 C_{P}} \mu(B(r)) \leq \frac{1}{2} \mu\left(B\left(r_{x}\right)\right) .
$$

Next we use the $B V$-Poincaré inequality (2.10) for the $B V$ function $\chi_{F}$ in $B\left(r_{x}\right)$. By (4.3) and (4.4)

$$
\frac{1}{2 C_{\mu}} \leq\left(\chi_{F}\right)_{B\left(r_{x}\right)}=\frac{\mu\left(F \cap B\left(r_{x}\right)\right)}{\mu\left(B\left(r_{x}\right)\right)} \leq \frac{1}{2}
$$

and we obtain

$$
\begin{aligned}
\frac{\mu\left(B\left(r_{x}\right)\right)}{4 C_{\mu}} & \leq \frac{\mu\left(F \cap B\left(r_{x}\right)\right)}{2} \leq \int_{F \cap B\left(r_{x}\right)}\left(1-\left(\chi_{F}\right)_{B\left(r_{x}\right)}\right) d \mu \\
& \leq \int_{B\left(r_{x}\right)} \mid\left(\chi_{F}-\left(\chi_{F}\right)_{B\left(r_{x}\right)} \mid d \mu \leq C_{P} r_{x} P\left(F, B\left(\lambda_{P} r_{x}\right)\right)\right.
\end{aligned}
$$

and so

$$
\begin{equation*}
\frac{\mu\left(B\left(r_{x}\right)\right)}{r_{x}} \leq C P\left(F, B\left(\lambda_{P} r_{x}\right)\right) . \tag{4.5}
\end{equation*}
$$

By the 5 -covering lemma we find balls $B_{j}=B\left(x_{j}, \lambda_{P} r_{x_{j}}\right)$ from the collection $\left\{B\left(x, \lambda_{P} r_{x}\right)\right\}$ so that the balls $B_{j}$ are disjoint and the balls $5 B_{j}=B\left(x_{j}, 5 \lambda_{P} r_{x_{j}}\right)$ cover $E$. Set $D=\bigcup_{j} 5 B_{j}$. Since $5 \lambda_{P} r_{x_{j}}<5 \lambda_{P} \delta^{\prime}=\delta$ we obtain from (4.5)

$$
\begin{aligned}
\operatorname{coH}_{\delta}^{1}(E) & \leq \sum_{j} \frac{\mu\left(5 B_{j}\right)}{5 r_{x_{j}}} \leq C \sum_{j} \frac{\mu\left(B\left(x_{j}, r_{x_{j}}\right)\right)}{r_{x_{j}}} \\
& \leq C \sum_{j} P\left(F, B_{j}\right) \leq C P(F, X) \leq C(\operatorname{Cap}(E, G)+\varepsilon)
\end{aligned}
$$

where the doubling property of $\mu$ and the fact that the balls $B_{j}$ are disjoint have also been used. Letting $\varepsilon \rightarrow 0$ we complete the proof.

The following lemma combines the achieved results.
Lemma 4.3. Suppose that $E \subset X$ is a bounded Suslin set such that $A M(\Gamma(E))<\infty$. Then

$$
\begin{equation*}
\operatorname{coH}^{1}(E) \leq C A M(\Gamma(E)) \tag{4.6}
\end{equation*}
$$

where the constant $C$ depends only on $C_{P}, \lambda_{P}$ and $C_{\mu}$.
Proof. Lemma 4.1 yields $\mu(E)=0$. Fix $\delta>0$ and then, by Lemma 4.2, we find a bounded open set $G \neq X$ containing $E$ with

$$
\operatorname{coH}_{\delta}^{1}(E) \leq C \operatorname{Cap}(E, G) .
$$

Now Lemmata 3.6 and 3.4 imply

$$
\operatorname{Cap}(E, G) \leq \operatorname{cap}_{1}(E, G) \leq A M(\Gamma(E))
$$

and hence $\operatorname{coH}_{\delta}^{1}(E) \leq C A M(\Gamma(E))$. Passing to the supremum w.r.t. $\delta>0$ we obtain (4.6).

Theorem 4.4. Let $E \subset X$ be a Suslin set. Then

$$
\begin{equation*}
C_{1} \operatorname{coH}^{1}(E) \leq A M(\Gamma(E)) \leq C_{2} \operatorname{coH}^{1}(E) \tag{4.7}
\end{equation*}
$$

where the constant $C_{1}>0$ depends only on $C_{P}, \lambda_{P}$ and $C_{\mu}$ and the constant $C_{2}$ only on $C_{\mu}$.
Proof. The second inequality in (4.7) follows from Theorem 2.1. For the first inequality fix $x_{0} \in X$ and observe that

$$
C_{1} \operatorname{coH}^{1}\left(E \cap B\left(x_{0}, j\right)\right) \leq A M\left(\Gamma\left(E \cap B\left(x_{0}, j\right)\right)\right) \leq A M(\Gamma(E)), \quad j=1,2, \ldots
$$

by Lemma 4.3. Letting $j \rightarrow \infty$ we conclude the proof.
If $E \subset X$ has $\sigma$-finite $\operatorname{co} \mathcal{H}^{1}$-measure, then Theorem 4.4 holds without the assumption that $E$ is a Suslin set.

Theorem 4.5. Suppose that $E \subset X$ has $\sigma$-finite $\operatorname{co} \mathcal{H}^{1}$-measure. Then

$$
\begin{equation*}
C_{1} \operatorname{coH}^{1}(E) \leq A M(\Gamma(E)) \leq C_{2} \operatorname{coH}^{1}(E) \tag{4.8}
\end{equation*}
$$

where the constants $C_{1}$ and $C_{2}$ are as in Theorem 4.4.

Proof. The right inequality of (4.8) again follows from Theorem 2.1. For the left inequality suppose first that $\operatorname{co} \mathcal{H}^{1}(E)<\infty$. Then there is a Borel set $F \supset E$ such that $\operatorname{co} \mathcal{H}^{1}(F)=\operatorname{co} \mathcal{H}^{1}(E)$ and a co-Suslin set $E^{\prime} \supset E$ such that $A M\left(\Gamma\left(E^{\prime}\right)\right)=A M(\Gamma(E))$, see $\left[16\right.$, Theorem 2]. We may assume that $E^{\prime} \subset F$. Then the set function

$$
\nu: A \mapsto \operatorname{coH}^{1}(A \cap F), \quad A \text { Borel, }
$$

is a finite Borel measure. We extend $\nu$ to the class of all $\nu$-measurable sets by completion. Then the set $E^{\prime}$ is $\nu$-measurable as it is co-Suslin [17, Theorem 21.10]. It follows that there is a Borel set $A \subset E^{\prime}$ such that $\nu(A)=\nu\left(E^{\prime}\right)$ [17, Theorem 17.10]. Now,

$$
\cos ^{1}(E) \leq \operatorname{coH}^{1}\left(E^{\prime}\right)=\nu\left(E^{\prime}\right)=\nu(A)=\operatorname{co}^{1}(A)
$$

and

$$
A M(\Gamma(A)) \leq A M\left(\Gamma\left(E^{\prime}\right)\right)=A M(\Gamma(E))
$$

Since $C_{1} \operatorname{coH}^{1}(A) \leq A M(\Gamma(A))$, we conclude that

$$
C_{1} \operatorname{co\mathcal {H}^{1}}(E) \leq A M(\Gamma(E))
$$

In the general case we find $E_{1} \subset E_{2} \subset \ldots$ such that $\operatorname{coH}^{1}\left(E_{i}\right)<\infty$ and $E=\bigcup_{i} E_{i}$. Let $F_{i}$ be Borel set such that $F_{i} \supset E_{i}$
 $\operatorname{coH}^{1}\left(F_{1} \cup F_{2}\right) \leq \operatorname{co\mathcal {H}^{1}}\left(E_{2}\right)$. Continuing by induction we may assume that $F_{1} \subset F_{2} \subset \ldots$. Therefore

$$
\operatorname{co} \mathcal{H}^{1}(E) \leq \operatorname{co} \mathcal{H}^{1}\left(\bigcup_{i} F_{i}\right)=\lim _{i} \operatorname{co} \mathcal{H}^{1}\left(F_{i}\right)=\lim _{i} \operatorname{co} \mathcal{H}^{1}\left(E_{i}\right) \leq C_{1}^{-1} A M(\Gamma(E))
$$

In the Euclidean setting, the $\boldsymbol{c o} \mathcal{H}^{1}$ measure satisfies

$$
\alpha_{n-1} \operatorname{co} \mathcal{H}^{1}(E)=\alpha_{n} \mathcal{H}^{n-1}(E)
$$

where

$$
\mathcal{H}^{n-1}(E)=\sup _{\delta>0} \mathcal{H}_{\delta}^{n-1}(E)
$$

is the spherical Hausdorff measure defined through the spherical Hausdorff $\delta$-content

$$
\mathcal{H}_{\delta}^{n-1}(E)=\inf \left\{\sum_{i=1}^{\infty} \alpha_{n-1} r_{i}^{n-1}: E \subset \bigcup_{i=1}^{\infty} B\left(x_{i}, r_{i}\right), r_{i}<\delta\right\}
$$

and $\alpha_{m}$ denotes the volume of the $m$-dimensional unit ball. It is easily seen that the spherical Hausdorff measure is equivalent to the standard Hausdorff measure $\widetilde{\mathcal{H}}^{n-1}$ defined in terms of diameters, namely

$$
\widetilde{\mathcal{H}}^{n-1}(E) \leq \mathcal{H}^{n-1}(E) \leq 2^{n} \widetilde{\mathcal{H}}^{n-1}(E), \quad E \subset \mathbb{R}^{n}
$$

see [9, 2.10.2]. Now, Theorems 4.4 and 4.5 yield (with properly modified constants):
Corollary 4.6. If $E$ is a Suslin set in $\mathbb{R}^{n}$ or has $\sigma$-finite $\widetilde{\mathcal{H}}^{n-1}$-measure, then

$$
C_{1} \widetilde{\mathcal{M}}^{n-1}(E) \leq A M(\Gamma(E)) \leq C_{2} \widetilde{\mathcal{M}}^{n-1}(E)
$$

where the positive constants $C_{1}$ and $C_{2}$ depend only on $n$.

## 5 | PERIMETER AND $\boldsymbol{A M}$-MODULUS IN $\boldsymbol{X}$

We characterize sets $E$ of finite perimeter in $X$ using the $A M$-modulus of the path family $\Gamma\left(\partial_{*} E\right)$. Such a characterization was presented for $X=\mathbb{R}^{n}$ in [16].

We also study the connection of the perimeter of $E$ in an open set $\Omega \subset X$ to the family $\Gamma_{\text {cross }}(E, \Omega)$ whose paths lie in an open set $\Omega$ and meet both the measure theoretic exterior and interior of $E$ and present a measure theoretic version of the elementary topological fact. Namely, if $X$ is a topological space, $E \subset X$ and int $E$, ext $E$ and $\partial E$ are the (topological) interior, exterior and boundary of $E$, respectively, then every curve $\gamma:[a, b] \rightarrow X$ which meets int $E$ and ext $E$ also meets $\partial E$. We show that $A M$ a.e. path $\gamma \in \Gamma_{\text {cross }}(E, \Omega)$ meets the measure theoretic boundary $\partial_{*} E$ of $E$ provided that $E$ has finite perimeter in $\Omega$. In [20, Theorem 5.3] a closely related result is proved under more restrictive assumptions on $E$ for the $M_{1}$-modulus.

We assume that $X$ satisfies (A) and, as before, $C$ is a constant which depends only on $C_{\mu}, C_{\lambda}$ and $C_{P}$ and can change inside a line.

Lemma 5.1. If $\Omega$ be an open set in $X$ and $E \subset X$ measurable, then

$$
A M\left(\Gamma_{\text {cross }}(E, \Omega)\right) \leq C P(E, \Omega) .
$$

Proof. Let $u$ be the Lebesgue representative of $\chi_{E}$, i.e.

$$
u(x)=\lim _{r \rightarrow 0} \frac{\mu(E \cap B(x, r))}{\mu(B(x, r))}
$$

whenever the limit exists, then $u(x)=1, x \in \operatorname{int}_{*} E, u(x)=0, x \in \operatorname{ext}_{*} E$ and $u=\chi_{E}$ a.e. in $\Omega$.
For the proof we may assume that $P(E, \Omega)<\infty$ and then we can use the special sequence of locally Lipschitz functions constructed in [19, Proposition 4.1]; i.e. there is a sequence $u_{k} \in \operatorname{Lip}_{\text {loc }}(\Omega)$ such that $u_{k} \rightarrow u$ pointwise $\operatorname{co\mathcal {H}^{1}}$ a.e. in $\Omega \backslash \partial_{*} E$, $u_{k} \rightarrow u$ in $L^{1}(\Omega)$ and

$$
\begin{equation*}
\liminf _{k \rightarrow \infty} \int_{\Omega}\left|\nabla u_{k}\right| d \mu \leq C P(E, \Omega) \tag{5.1}
\end{equation*}
$$

Let $A \subset \Omega \backslash \partial_{*} E$ be the set where $\lim _{k} u_{k}(x) \neq u(x)$. Now $\operatorname{coH}^{1}(A)=0$ and by Theorem 2.1, $A M(\Gamma(A))=0$. The sequence of functions $\left|\nabla u_{k}\right|$ is $A M$-admissible for $\Gamma_{\text {cross }}(E, \Omega) \backslash \Gamma(A)$ since if $\gamma \in \Gamma_{\text {cross }}(E, \Omega) \backslash \Gamma(A)$ then there are points $t_{1}, t_{2} \in[0, \ell]$ such that $\gamma\left(t_{1}\right) \in \operatorname{int}_{*} E, \gamma\left(t_{2}\right) \in \operatorname{ext}_{*} E$ and

$$
1=\lim _{k \rightarrow \infty}\left|u_{k}\left(\gamma\left(t_{1}\right)\right)-u_{k}\left(\gamma\left(t_{2}\right)\right)\right| \leq \liminf _{k \rightarrow \infty} \int_{\gamma}\left|\nabla u_{k}\right| d s .
$$

By (5.1)

$$
A M\left(\Gamma_{\text {cross }}(E, \Omega) \backslash \Gamma(A)\right) \leq \liminf _{k \rightarrow \infty} \int_{\Omega}\left|\nabla u_{k}\right| d \mu \leq C P(E, \Omega)
$$

and since $A M(\Gamma(A))=0$ we have

$$
A M\left(\Gamma_{\text {cross }}(E, \Omega)\right) \leq C P(E, \Omega)
$$

Theorem 5.2. If $P(E, \Omega)<\infty$ then $A M$ a.e. path $\gamma \in \Gamma_{\text {cross }}(E, \Omega)$ meets $\partial_{*} E$.
Proof. Let $\Gamma$ be the family of paths in $\Gamma_{\text {cross }}(E, \Omega)$ which do not meet $\partial_{*} E$. By the subadditivity of the $A M$-modulus we may assume that $\Omega$ is bounded. By [4, Theorem 4.4 and Theorem 4.6] for every open set $G \subset \Omega$

$$
P(E, G)=\int_{\partial_{*} E \cap G} \theta d c o \mathcal{H}^{1}
$$

where $\theta=\theta_{E}$ is a Borel function with $1 / C \leq \theta \leq C$ in $\Omega$ and, moreover, $\operatorname{coH}^{1}\left(\partial_{*} E \cap \Omega\right)<\infty$. Let $\varepsilon>0$. Now we find a compact set $K \subset \partial_{*} E \cap \Omega$ such that $P(E, G)<\varepsilon$ for $G=\Omega \backslash K$.

Next observe that $\Gamma \subset \Gamma_{\text {cross }}(E, G)$ because each $\gamma \in \Gamma$ does not meet $K$. By Lemma 5.1

$$
A M(\Gamma) \leq A M\left(\Gamma_{\text {cross }}(E, G)\right) \leq C P(E, G) \leq C \varepsilon
$$

and letting $\varepsilon \rightarrow 0$ we complete the proof.
Theorem 5.3. Suppose that $E \subset X$ is a ( $\mu$-) measurable set. Then for each open set $\Omega \subset X$

$$
\begin{equation*}
C_{1} P(E, \Omega) \leq A M\left(\Gamma\left(\partial_{*} E \cap \Omega\right)\right) \leq C_{2} P(E, \Omega) \tag{5.2}
\end{equation*}
$$

where the constants $C_{1}$ and $C_{2}$ depend only on $C_{P}, C_{\lambda}$ and $C_{\mu}$.
Proof. For the right inequality in (5.2) we may assume that $P(E, \Omega)<\infty$ and then by [4, Theorem 4.4],

$$
\operatorname{coH}^{1}\left(\partial_{*} E \cap \Omega\right) \leq C P(E, \Omega)
$$

and now Theorem 2.1 gives the required inequality.
For the left side of (5.2) we note that $\partial_{*} E \cap \Omega$ is a Borel set and thus Theorem 4.4 yields

$$
\left.\operatorname{co}^{1}\left(\partial_{*} E \cap \Omega\right)\right) \leq C A M\left(\Gamma\left(\partial_{*} E \cap \Omega\right)\right)<\infty .
$$

By the recent result of Lahti [21, Theorem 1.1] this implies that $P(E, \Omega)<\infty$ and we can apply again [4, Theorem 4.4] to conclude

$$
\left.P(E, \Omega) \leq C c o \mathcal{H}^{1}\left(\partial_{*} E \cap \Omega\right)\right)
$$

and complete the proof.

## 6 | GEOMETRY OF LEVEL SETS IN $\boldsymbol{X}$

The results in the previous sections can be used to study the structure of level sets of $B V$ and continuous functions in $X$ and the latter case together with the results in Section 4 produces a plenitude of open sets in $X$ with $c o \mathcal{H}^{1}$ finite boundaries.

We assume that $X$ satisfies the hypotheses $(A)$ and recall some measure theoretic concepts asociated with $B V$-functions.
For a measurable set $E$ and $x \in X$ we let

$$
\bar{D}(E, x)=\limsup _{r \rightarrow 0} \frac{\mu(E \cap B(x, r))}{\mu(B(x, r))}, \underline{D}(E, x)=\liminf _{r \rightarrow 0} \frac{\mu(E \cap B(x, r))}{\mu(B(x, r))},
$$

and $D(E, x)=\bar{D}(E, x)$ if $\bar{D}(E, x)=\underline{D}(E, x)$.
Let $\Omega$ be an open set in $X$ and $u \in B V(\Omega)$. The upper and lower approximate limits of $u$ at $x \in \Omega$ are

$$
u^{+}(x)=\inf \{s: D(\{u>s\}, x)=0\} \text { and } u^{-}(x)=\sup \{t: D(\{u<t\}, x)=0\} .
$$

Then it is immediate that $u^{-}(x) \leq u^{+}(x)$. The function $u$ is approximately continuous at $x$ if $u^{+}(x)=u^{-}(x)=u(x)$. This holds a.e. in $\Omega$ by the Lebesgue differentiation theorem. The set $J_{u}=\left\{u^{-}<u^{+}\right\}$is called the jump set of $u$ and it has zero $\mu$-measure, see [19].

For $-\infty \leq s, t, \leq \infty$ we consider the measure theoretic level sets of $u \in B V(\Omega)$

$$
\begin{aligned}
& E^{t}=\left\{x \in \Omega: u^{-}(x) \leq t\right\} \\
& E_{s}=\left\{x \in \Omega: u^{+}(x) \geq s\right\} \\
& E_{s}^{t}=E_{s} \cap E^{t}, \\
& \Lambda_{t}=E_{t}^{t}
\end{aligned}
$$

Lemma 6.1. If $u \in B V(\Omega)$, then

$$
\begin{equation*}
\mu\left(\Lambda_{t}\right)=0 \tag{6.1}
\end{equation*}
$$

and consequently $P\left(E_{t}, \Omega\right)=P\left(E^{t}, \Omega\right)$, for a.e. $t \in \mathbb{R}$.
If $u$ is (approximately) continuous at $x$, then $x \in \Lambda_{u(x)}$.
Proof. To prove (6.1) note that $\Lambda_{t} \subset A_{t} \cup J_{u}$, where

$$
A_{t}=\left\{x \in \Omega: t=u^{-}(x)=u^{+}(x)\right\} .
$$

Since $A_{t} \cap A_{t^{\prime}}=\emptyset$ for $t \neq t^{\prime}$ and $\mu\left(J_{u}\right)=0$, (6.1) follows. If $\mu\left(\Lambda_{t}\right)=0$, then $E_{t}$ differs from $\Omega \backslash E^{t}$ by a $\mu$-null set and thus $P\left(E_{t}, \Omega\right)=P\left(E^{t}, \Omega\right)$.

If $u$ is approximately continuous at $x$ and $t=u(x)$, then $t=u^{+}(x)=u^{-}(x)$ and thus $x \in \Lambda_{t}$.

Theorem 6.2. Let $u \in B V(\Omega)$. Then for a.e. $t \in \mathbb{R}$ we have

$$
\begin{equation*}
\operatorname{coH}^{1}\left(\Lambda_{t}\right) \leq C P\left(E^{t}, \Omega\right) \tag{6.2}
\end{equation*}
$$

where $C$ depends only on $C_{P}, C_{\lambda}$ and $C_{\mu}$.
Proof. We first assume that $\Omega$ is bounded. Let $T$ be the essential infimum of $u$. Then (6.2) obviously holds for $t<T$. If $t>T$, then $\mu\left(E^{t}\right)>0$ and then also $P\left(E^{t}, \Omega\right)>0$ by the isoperimetric inequality (see e.g. [20]). Denote $\psi(t)=P\left(E^{t}, \Omega\right)$ and note that $\psi$ is integrable, see [1] and [24]. Let $\tau>T$ be a Lebesgue point for $\psi$ such that $\mu\left(\Lambda_{\tau}\right)=0$. By Lemma 6.1 and the Lebesgue differentiation theorem, a.e. $\tau>T$ has these properties. We show that $t=\tau$ has the required property.

Choose $\delta>0$. Lemma 4.2 gives $\alpha>0$ such that for each bounded open set $G$ with $\mu(G)<\alpha$ and $E \subset G$ we have

$$
\operatorname{coH}_{\delta}^{1}(E) \leq C \operatorname{Cap}(E, G) .
$$

Now, using Lemma 6.1 we find $a, b \in \mathbb{R}$ such that $a<\tau<b, \psi(a) \leq 2 \psi(\tau), \psi(b) \leq 2 \psi(\tau), \mu\left(\Lambda_{a}\right)=\mu\left(\Lambda_{b}\right)=0$ and $\mu\left(E_{a}^{b}\right)<\alpha$. We find an open set $G \supset E_{a}^{b}$ such that still $\mu(G)<\alpha$. Choose $x \in \Lambda_{\tau}$. Then $a<u^{+}(x), u^{-}(x)<b$, and thus $x \in \partial_{*} E_{a}$ (if $\bar{D}\left(E^{a}, x\right)>0$ ), or $x \in \partial_{*} E^{b}$ (if $\bar{D}\left(E_{b}, x\right)>0$ ), or $x \in \operatorname{int}_{*} E_{a}^{b}$ (if $D\left(E^{a}, x\right)=D\left(E_{b}, x\right)=0$ ). Summarizing,

$$
\Lambda_{\tau} \subset \partial_{*} E_{a} \cup \partial_{*} E^{b} \cup \operatorname{int}_{*} E_{a}^{b}
$$

We have

$$
\begin{aligned}
& \operatorname{coH}_{\delta}^{1}\left(\partial_{*} E_{a}\right) \leq C P\left(E_{a}, \Omega\right)=C P\left(E^{a}, \Omega\right) \leq 2 C P\left(E^{\tau}, \Omega\right), \\
& \operatorname{coH}_{\delta}^{1}\left(\partial_{*} E^{b}\right) \leq C P\left(E^{b}, \Omega\right) \leq 2 C P\left(E^{\tau}, \Omega\right)
\end{aligned}
$$

and then

$$
\begin{aligned}
\operatorname{coH}_{\delta}^{1}\left(\mathrm{int}_{*} E_{a}^{b}\right) & \leq C \operatorname{Cap}\left(\mathrm{int}_{*} E_{a}^{b}, G\right) \leq C P\left(E_{a}^{b}, G\right) \\
& \leq C\left(P\left(E^{a}, \Omega\right)+P\left(E^{b}, \Omega\right)\right) \leq 4 C P\left(E^{\tau}, \Omega\right) .
\end{aligned}
$$

Letting $\delta \rightarrow 0$ we obtain (6.2).
Suppose that $\Omega$ is unbounded. Fix a point $x_{0} \in X$ and for each $i=1,2, \ldots$ let $\Omega_{i}=\Omega \cap B\left(x_{0}, i\right)$ and $u_{i}=u \mid \Omega_{i}$. Denote by $E^{t}\left(u_{i}\right)$ the set $E^{t}$ associated with $u_{i}$ and other sets, like $\Lambda_{\tau}\left(u_{i}\right)$, similarly. Now for a.e. $t \in \mathbb{R}, \mu\left(\Lambda_{t}\left(u_{i}\right)\right)=0$ for every $i$ and so for a.e. $t \in \mathbb{R}$

$$
\operatorname{co~}^{1}\left(\Lambda_{t}\left(u_{i}\right)\right) \leq C P\left(E^{t}\left(u_{i}\right), \Omega_{i}\right) \leq C P\left(E^{t}\left(u_{i}\right), \Omega\right) \leq C P\left(E^{t}, \Omega\right)
$$

for every $i$ and this easily implies (6.2) for $u$.
If $u \in B V(\Omega)$ then by the co-area formula [24, Proposition 4.2] for the perimeter $P\left(E^{t}, \Omega\right)<\infty$ for a.e. $t \in \mathbb{R}$. Hence Theorem 6.2 and Lemma 6.1 yield

Corollary 6.3. If $u \in B V(\Omega)$, then

$$
\operatorname{coH}^{1}\left(\Lambda_{t}\right)<\infty \text { for a.e. } t \in \mathbb{R} .
$$

If, in addition, $u$ is (approximately) continuous, then $\operatorname{co~}^{1}\left(u^{-1}(t)\right)<\infty$ for a.e. $t \in \mathbb{R}$.
Remark 6.4. The above corollary can be used to construct sets in $X$ whose boundaries have finite $c o \mathcal{H}^{1}$-measure. For example, let $u \in B V(\Omega) \cap C(\Omega)$. Then for a.e. $t \in \mathbb{R}$ the boundary of the open set $\{u>t\}$ has finite $c o \mathcal{H}^{1}$-measure. For a more specific example let $x_{0} \in X$ and take $u(x)=d\left(x, x_{0}\right)$. It follows that the topological boundary $\partial B\left(x_{0}, r\right)$ of the ball $B\left(x_{0}, r\right)$ has finite $\operatorname{coH}^{1}$-measure for a.e. $r>0$. This is an improvement of the earlier results since it has been only known that $\mu\left(\partial B\left(x_{0}, r\right)\right)=0$ except for a countable number of $r$ and that the reduced boundary $\partial_{*} B\left(x_{0}, r\right)$ satisfies $\operatorname{coH}^{1}\left(\partial_{*} B\left(x_{0}, r\right)\right)<\infty$ for a.e. $r>0$. Note that the reduced boundary can be strictly smaller than the topological boundary. More generally, if $K \subset X$ is a bounded set, then $u(x)=\operatorname{dist}(x, K)$ is a Lipschitz function and thus the boundary of the $t$-inflation $\{x: \operatorname{dist}(x, K)<t\}$ of $K$ has finite $c o \mathcal{H}^{1}$-measure for a.e. $t>0$. In $\mathbb{R}^{n}$ this result follows from [ 9 , Lemma 3.2.34].

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