

1 How fast is a snail's pace? The influences of size and substrate on gastropod speed of locomotion

2 *Running Title: How size and substrate affect gastropod speed*

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## 6 ABSTRACT

7 Terrestrial gastropods display monotaxic direct crawling. During locomotion smooth muscle  
8 contraction stimulates a series of pedal waves that move along the ventral surface of the foot. These  
9 waves interact with a thin layer of mucus produced by the foot, propelling the animal forward. Although  
10 the mechanism by which this process occurs has been well studied, less is known about how  
11 morphological or environmental factors affect this process, and ultimately how they may alter the speed  
12 of propulsion. In this study we tested the influences of body size, substrate type, and substrate  
13 orientation on crawling speed in the terrestrial snail *Cornu aspersum*. We found that substrate texture  
14 and orientation had a strong effect on speed, whereas snail body size and the presence of a conspecific  
15 trail did not. Crawling speed across rough sandpaper was the most striking, showing a clear inversely  
16 proportional relationship between the size of abrasive particle and speed. We suggest that this may be  
17 the result of substrate attributes interfering with mucus adhesion or mucus production, subsequently  
18 affecting locomotion, although gait choice or the frequency and length of wave contraction may also  
19 play a role.

20 **KEYWORDS:** *Gastropod, propulsion, adhesive locomotion, substrate, size*

## 21 INTRODUCTION

22 When investigating the diversity of locomotion within the animal kingdom, gastropods have fascinated  
23 biologists and biophysicists for centuries (Iwamoto, Ueyama & Kobayashi, 2014). Gastropods lack  
24 extremities, making movement highly variable and unusual (Miller, 1974; Hemmert & Baltzley, 2016).  
25 Terrestrial snails display monotaxic propulsion as they crawl using “monotaxic direct” waves. Within  
26 the foot, smooth muscle periodically contracts and relaxes, producing a series of pedal waves, separated  
27 by interwaves (Denny, 1980a; Lai *et al.*, 2010), surrounded by a rim. The interwaves are stationary with  
28 respect to the ground whereas the waves have a faster velocity than the rim, the speed of which equates  
29 to the animal’s speed across the substrate (Denny, 1981). During movement, mucus is secreted from a  
30 ventral pedal gland, cells on the foot’s surface and the mantle collar (Campion, 1961; Buysens, 2004).  
31 Pedal mucus is a non-Newtonian substance and has a finite yield stress (Chan *et al.*, 2005; Lai *et al.*,

2010; Lee *et al.*, 2018). Under small stress it remains highly viscous as an adhesive solid, allowing the snail to remain attached to a substrate. Under periods of high stress (above its yield point), it has a low viscosity and flows like a liquid (Denny, 1980b; Lauga & Hosoi, 2006). When smooth muscle contracts at the beginning of a wave, the mucus layer under this area of the foot is stressed to yielding. Subsequently, most of the wave area moves over mucus in its liquid form, allowing this portion of the foot to move forward (Denny 1980a; Denny, 1980b; Denny, 1984). As sections of the foot relax, yield stress decreases. This means that mucus beneath the interwave quickly solidifies, allowing this part of the foot to remain stationary on the mucus layer in its solid form (Denny & Gosline, 1980). This prevents the snail from slipping backwards (Iwamoto *et al.*, 2014). Each pedal wave will propagate from the tail and travel across the central portion of the foot's surface, extending across the width to the head (Lai *et al.*, 2010; Kuroda *et al.*, 2014). Although propulsion is slow, gastropod movement has interested engineers for a number of years, leading to the production of many biomimetic robots which can move across layers of fluid via this method of locomotion (e.g., Chan *et al.*, 2005, 2007; Lauga & Hosoi, 2006; Ewoldt *et al.*, 2007), as it provides information on the feasibility of applying natural mechanisms to manmade applications (Chan *et al.*, 2007).

Monotaxic propulsion is observed in the common terrestrial snail, *Cornu aspersum*. There are many aspects of snail physiology that have been shown to affect crawling speed, such as wave length (Lai *et al.*, 2010), wave frequency (Crozier & Pilz, 1924; Crozier & Federighi, 1925; Donovan & Carefoot, 1997; Pavlova, 2001; Lai *et al.*, 2010) and body size (Pavlova, 2001, 2013). Recent work by Hemmert & Baltzley (2016) investigating the relationship between body size and speed across individuals within a species found that this relationship was orientation dependent. Consistent with findings by McKee *et al.* (2013) they found no correlation between speed and body size when individuals moved horizontally but a negative correlation when individuals moved vertically. This is particularly relevant when observing locomotion in *C. aspersum* as this species feeds in trees as well as on the ground (Iglesias & Castillejo, 1999; Alvarez *et al.*, 2009).

57 As well as adhesive crawling facilitating both horizontal and vertical movement, the garden snail *C.*  
58 *aspersum* is a synanthropic species, which are geographically widespread, residing in a diverse range  
59 of habitats (Balbi *et al.*, 2018). This makes the ability to move over many kinds of surfaces which vary  
60 in texture, angle and moisture essential for survival. Although it is accepted that *C. aspersum* is sensitive  
61 to the type of substrate they are moving across (Baur & Baur, 1990; Arnaud, 2003; Balbi *et al.*, 2018)  
62 no study has directly investigated the effect of substrate on crawling speed, with most existing research  
63 producing contradictory results and observing trends indirectly when investigating gait choice (McKee  
64 *et al.*, 2013; Munn & Treloar, 2016). For example, McKee *et al.* (2013) when investigating substrate  
65 driven gait choice found that routine speed did not appear to differ based on gait, but overall speed was  
66 quicker when individuals were adhesive crawling on glass than when loping (See McKee *et al.*, 2013  
67 for more information and a video outlining this behaviour) on concrete. In contrast, Munn & Treloar  
68 (2016) found that snails also adopted a loping gait and produced less mucus when moving across a  
69 rough surface (sandpaper), as opposed to PVC plastic (on which adhesive crawling was adopted), but  
70 average speed did not significantly vary across the two surfaces. Although both mucus conservation  
71 (McKee *et al.*, 2013) and foot “irritation” (Pearce, 1989) have been considered as factors which likely  
72 affect gait choice and speed, neither have been directly tested.

73 Although the benefits of mucus trail-following have been extensively investigated, facilitating prey  
74 (Pearce & Gaertner, 1996; Shaheen *et al.*, 2005; Clifford *et al.*, 2003; Davis-Berg, 2012; Holland *et*  
75 *al.*, 2012) and mate (Reise, 2007; Ng *et al.*, 2011) location, homing (Cool, 1992) and energy  
76 conservation (Davies & Blackwell, 2007), little research has been conducted on this behaviour in *C.*  
77 *aspersum* specifically, and how it may affect crawling speed. Recent research on *C. aspersum* has found  
78 that individuals which tend to disperse from a given habitat are more likely to follow a mucus trail than  
79 expected by chance and this trail-following behaviour is not observed in non-dispersers (Vong, Ansart  
80 & Sahirel, 2019). Vong *et al.* (2019) suggest that trail-following may minimise movement and mucus  
81 production costs and could facilitate habitat or resource location. As *C. aspersum* exist predominantly  
82 in aggregated colonies, they are likely to encounter conspecific trails regularly. This would make the  
83 presence of a trail a common component of the substrate that they move across. Subsequently, the

84 presence or absence of a trail may alter speed by lowering energetic costs or as a result of its association  
85 with a potential mate or habitat, however, this is yet to be investigated.

86 Our study has two aims. First, to re-examine the relationship between foot length, shell size and speed  
87 in snails moving across both horizontal and vertical surfaces. Despite their interesting results, Hemmert  
88 & Baltzley (2016) measured vertical and horizontal speed at different times of year. As seasonal  
89 differences could affect foot physiology and mucus production, it seems sensible to replicate this work  
90 across a shorter time scale. Second, to determine how speed is affected by surface type and texture. The  
91 lack of conclusive information on substrate-driven speed and locomotion is likely due to the types of  
92 materials used in previous studies not being consistent or as diverse as those experienced by *C.*  
93 *aspersum* under natural conditions. We analysed the speed of each individual across five different  
94 substrates: smooth nonporous PVC, wet PVC, sandpaper with a “P120” Grit designation and PVC in  
95 the presence of conspecific trail, using a repeated measures design. We also measured the relationship  
96 between speed and the size of abrasive particles ( $\mu\text{m}$ ) and conducted a choice trial between two types  
97 of sandpaper which contrasted in average particle diameter (Apd) to identify if surface driven substrate  
98 preference is selected for in this species. Although we acknowledge that the substrates used in our  
99 experiment study may not be encountered regularly by *C. aspersum* in their natural habitat, as this  
100 species has a large geographical range, residing in many rural and urban environments, by selecting a  
101 wide range of substrates we hope to mirror the diversity experienced by this species.

## 102 **MATERIALS and METHODS**

### 103 *Experimental Procedure*

104 The experiment was conducted between 11/05/2020 and 15/06/2020 using the common land snail  
105 *Cornu aspersum*. Individuals were collected from local gardens in London, United Kingdom, within 48  
106 hours of conducting the experiment, and released immediately afterwards. Individuals varied in size,  
107 ranging from 12mm to 58mm in foot length, 10mm to 65.5mm in shell length, 7mm to 56mm in shell  
108 width and 20mm to 84mm in shell circumference. Shell circumference was measured around the entire  
109 based of the shell, length was measured as total shell length from the apex to the lower apertural lip and

110 width was measured as the maximum width. All shell measurements were taken when the foot of the  
111 snail was not protruding out of the shell using a thin wire. The length of each wire was then measured  
112 using a ruler. Foot length measurements were taken using a using a Canon 600D (18-megapixel CMOS  
113 sensor, 18mm lens, f/5.6). Each individual was placed on a section of clear PVC next to a ruler and a  
114 series of digital photographs were taken of the ventral side of the foot as the individual moved. The  
115 photograph which showed maximum foot length was identified and the measurement taken.

116 To measure speed, a ruler was placed beside the crawling snail for scale. Snails were recorded for 1–10  
117 minutes in order to collect 30 seconds of video showing snails crawling at what subjectively (with  
118 reference to the ruler) appeared a steady rate (following to protocol of Pavlova, 2001). All video footage  
119 was recorded using the camera described above. The videos produced had a recording rate of 25 frames  
120 per second (FPS) and a recording size of 640:25. The camera was positioned 30 cm away from the ruler  
121 which was positioned parallel to the snail. The video footage recorded was then reviewed on a computer  
122 monitor to identify distance travelled during the 30-second segment. To determine distance, we  
123 recorded the position of the anterior margin of the foot (following methodology by Hemmert &  
124 Baltzley, 2016) the position of the snail at the beginning and the end of the measurement period was  
125 noted and the total distance was derived from the ruler in the video.

126 We collected data on 87 snails. For each snail, speed was measured (in a random order) on five different  
127 surfaces: a horizontally-orientated PVC sheet, a vertically-orientated PVC sheet, a horizontally-  
128 orientated wet PVC sheet, horizontally-orientated sandpaper with a P120 FEPA (Federation of  
129 European Producers of Abrasives) “P grade” grit designation (125  $\mu\text{m}$  Apd), and a horizontally-  
130 orientated PVC sheet with the presence of a trail left by another snail. When testing snail speed in the  
131 presence of another snail trail, the same trail-leaving snail was used for each experiment. To produce a  
132 wet surface, 18 mL of water was placed onto a horizontal PVC sheet and spread over the surface with  
133 a cloth to evenly distribute the water. The PVC sheet was cleaned after each experiment.

134 We also conducted a further two experiments to investigate the relationship between snail behaviour  
135 and surface roughness. First, we measured snail speed at different sandpaper grit sizes to identify if  
136 speed changes depending on the average particle diameter ( $\mu\text{m}$ ). For this experiment we recorded data

137 for 44 snails. Snail speed was obtained using the same method above across horizontally orientated dry  
138 sandpaper with 4 different FEPA Grit designations (in random order): P40 (coarse: 425  $\mu\text{m}$  Apd), P60  
139 (medium: 269  $\mu\text{m}$  Apd), P80 (medium: 201  $\mu\text{m}$  Apd) and P120 (fine: 125  $\mu\text{m}$  Apd). As the FEPA Grit  
140 designation increases, the average particle diameter decreases. Like the former experiment, a foot length  
141 measurement data was also taken. A piece of sandpaper was used only once.

142 Second, we conducted a series of choice trials in order to identify if there was preference for surface  
143 texture. Individual snails were introduced into the centre of a test arena which was divided into two  
144 types of sandpaper with different FEPA Grit designations: P40 (425  $\mu\text{m}$  Apd) and P120 (125  $\mu\text{m}$  Apd).  
145 Both sections of sandpaper were 90x90mm squares, making the total arena floor 180x180mm. A plastic  
146 circular tube (height 52mm, diameter 165mm) was placed on top of this surface to construct the arena.  
147 The circular tube was uniform in colour and texture so that only the floor surface varied within the arena  
148 itself. Introduction in the middle of the arena so that the foot was in contact with both types of sandpaper  
149 eliminated preference derived from the individuals initial position. Both types of sandpaper were the  
150 same colour to further eliminate colour preference. Once in the arena, surface preference was identified  
151 for each snail by recording the initial positive movement direction. This was defined as the surface  
152 which was in contact with over 50% of the snail's foot after 30 seconds. To avoid bias linked to compass  
153 direction, the arena was rotated by a random number (uniformly drawn from [0-360] degrees before  
154 every trial). All test arenas were equal distance away from an artificial light source. Individuals were  
155 used only once. All background options had the same area in each experiment and all individuals had a  
156 new test arena in order to avoid potential bias from the previous presence of a snail trail.

157 During all experiments, temperature was monitored and predominantly maintained at 22 °C but ranged  
158 from 20 to 24°C.

### 159 *Statistical Analysis*

160 All data analysis was performed using R (VERSION 3.4.1; R Core Team, 2018).

161 We performed a series of regression analyses in order to identify if there was a consistent relationship  
162 between our morphometric measurements: foot length, shell length, shell circumference and shell  
163 width. To determine whether the morphometric measurements affected crawling speed, and whether  
164 the relationship between each pair of variables was significantly different for snails crawling on a  
165 horizontal or a vertical surface, we performed a series of ANCOVAs. All ANCOVA models contained  
166 “individual” as a random effect and were performed using the package *lme4* (Bates *et al.*, 2015) via the  
167 *lmer()* function. For each ANCOVA, we determined whether the relationship between speed and the  
168 morphometric variable was dependent on snail orientation. This was identified based on the *P* value of  
169 the interaction term (morphometric variable x orientation) in the model. If the slopes were not  
170 significantly different the interaction term was removed to derive the slope and intercept of the  
171 regression. All regression analyses were performed on log<sub>10</sub> transformed data.

172 We also performed a linear mixed effects model via the *lmer()* function to determine if there was a  
173 significant difference between snail speed when moving on a horizontal surface in comparison to the  
174 other surface mediums. Speed was treated as a continuous dependent response variable and medium  
175 (horizontal PVC, vertical PVC, wet PVC, P120 sandpaper and PVC in the presence of a conspecific  
176 trail) was treated as a fixed categorical effect. Individual was treated as a random effect to avoid  
177 pseudoreplication. As each snail was measured on each substrate, the substrate measured first (to ensure  
178 that substrate order would not affect the results), foot length and the interaction between medium and  
179 foot length were included as fixed effects in the original model, however these were not present in the  
180 final model, likely because of the inclusion of individual in the model. Horizontal PVC was treated as  
181 the baseline of the model.

182 To identify if there was a significant preference for abrasive particle size between P40 sandpaper and  
183 P120 sandpaper we conducted Pearson’s chi-Squared test (*chisq.test*) on frequency data obtained from  
184 50 choice trials using the null hypothesis that snails would not chose one surface over the other more  
185 or less often than expected by chance.



186 Another linear mixed effects model was conducted to determine if there was a significant difference in  
187 speed between the four sizes of abrasive particle. In this model, speed was treated as a continuous  
188 dependent response variable and FEPA Grit designation (P40, P60, P80, P120) was treated as a fixed  
189 categorical effect. Individual was treated as a random effect. As each snail was measured on each type  
190 of sandpaper, the sandpaper Grit designation measured first, foot length and the interaction between  
191 Grit designation and foot length were included as fixed effects in the original model, however these  
192 were not present in the final model, again likely because of the inclusion of individual in the model.

193 For the linear mixed effect analyses, models were ranked by their Akaike's information criterion with  
194 sample size adjustment (AICc; Burnham and Anderson 2002). P values were subsequently derived from  
195 the minimum adequate models (Supplementary File Table S1).

## 196 **RESULTS**

197 When investigating snail speed across different surface mediums we found that there was a significant  
198 difference in crawling speed and substrate medium (Table 1). Mean crawling speed was significantly  
199 faster when snails were travelling across a horizontal PVC in comparison to vertical PVC, sandpaper  
200 (P120), or wet PVC (Fig. 1; Table 1). There was no significant difference in speed across either clean  
201 horizontal PVC or horizontal PVC in the presence of a conspecific trail (Fig. 1; Table 1).

202 When investigating snail speed across different grit sizes we found that there was a significant  
203 difference in speed between the four sizes of abrasive particle (Table 2). Snails were significantly slower  
204 when travelling across sandpaper with a grit designation of P40 in comparison to P80 and P120 (Fig. 2;  
205 Table 2). Despite grit size significantly altering speed, the results from the chi-squared analysis showed  
206 no significant preference for abrasive particle size between P40 and P120 sandpaper ( $X^2 = 1.28$ ,  $P =$   
207  $0.258$ ).

208 Similar to previous results, there was a significant positive correlation between foot length and shell  
209 circumference, shell length and shell width (Supplementary File Table S2). Surprisingly, we found no  
210 relationship between foot length or shell length and snail speed, and this did not significantly differ  
211 when snails were crawling horizontally or vertically (Supplementary File Table S3).

## 212 DISCUSSION

213 We examined the relationship between size, substrate texture and speed in the common land snail *C.*  
214 *aspersum*. Analogous with previously reported results, snails were significantly slower when moving  
215 over a vertical surface, in comparison to a horizontal surface. In all of our vertical speed tests the snail  
216 moved upwards. It has been proposed by Denny (1981) and later by Hemmert & Baltzley (2016) that  
217 the weight of the snail, along with gravity, acts over the interwaves during upward vertical movement,  
218 increasing the amount of stress put on the moving gastropod, meaning that each muscular wave  
219 translates to less forward movement (See " $V_s$ " in Fig. 3). Denny (1981) also proposed that gastropods  
220 decrease the thickness of the mucus layer when crawling on a vertical surface. In fact, Zhong *et al.*  
221 (2018) found that nanoparticle assembly during mucus production was altered to improve viscosity  
222 when moving across an inclined plate in order to overcome the influence of gravity. Although this does  
223 reduce slippage, it increases the force needed to move the individual forward, likely reducing speed.

224 Although both wet and rough surface textures significantly slowed crawling speed, the latter result was  
225 the most striking as this decrease in speed was considerably greater than the other surfaces tested.  
226 Course substrates may interfere with stationary interwave adhesion. In order to move forward, the force  
227 beneath the interwave must be greater than the frictional force (shear force) produced by the waves and  
228 the rim (Chan *et al.*, 2010) (Fig. 3). If certain substrates reduce mucus-foot adhesion at each interwave,  
229 this could reduce speed. Similarly, if certain substrates alter the stress required to yield the mucus into  
230 a liquid state during muscle contraction (Fig. 3), this could also affect propulsion. This interference  
231 could occur in two ways: by minimising the surface area available for adhesion or by increasing mucus  
232 production. Data produced by Kim, Kim & Kim (2010) support the former hypothesis as they calculated  
233 that the total area that could adhere to a rough surface was less than half of what could adhere to a  
234 smooth surface meaning that as the size of abrasive particles increases, the available surface to adhere  
235 to decreases. Previous literature also supports the latter hypothesis as effective movement over rough  
236 substrates has been shown to stimulate the production of a larger volume of mucus to minimise the  
237 effect of friction (Kobayashi, Yamamoto & Aoyama, 2003; Shirtcliffe, McHale & Newton, 2012). As  
238 indicated previously, increasing mucus production reduces viscosity, which is likely to weaken

239 adhesion at each interwave, making overall net movement lower in comparison to movement over a  
240 smooth substrate. This is supported by Kobayashi *et al.* (2003) who recorded a negative correlation  
241 between mucus thickness and shear strength (the pulling adhesive force of the snail). In a similar vein,  
242 a wet surface may slow crawling speed as the mucus produced by the snail and the surface liquid likely  
243 interact at the interwave-mucus layer, reducing the ability of a snail to adhere to a substrate (Kim *et al.*,  
244 2010), affecting speed.

245 Substrate texture may also affect speed by altering gait. Data by McKee *et al.* (2013) showed that  
246 substrate attributes determine crawling gait in *C. aspersum*. Rough substrates initiate loping as a means  
247 to conserve mucus production across rough surfaces (which require a higher volume of mucus to  
248 minimise friction). Although we did not make note of gait choice in our experiment, gait variation  
249 across rough and smooth substrates may have affected speed. This idea is supported by the fact that  
250 McKee *et al.* (2013) did not find a significant difference in speed when crawling was adopted across  
251 both smooth and rough surfaces, but speed decreased when a loping gait was adopted across the latter.  
252 The higher levels of mucus required to move across a rough surface may also affect speed by increasing  
253 energy expenditure as mucus production is metabolically expensive (Denny, 1980a). Whether we would  
254 observe this affect during the short time scale over which the experiment was conducted seems unlikely,  
255 however, the effect of costly mucus production on snails which move over rough substrates for extended  
256 periods of time warrants further investigation.

257 The time it takes for the mucus at each interwave to re-solidify should also be considered. After wave  
258 contraction has propelled a portion of the foot forward, the individual will have to wait for the mucus  
259 under that portion of the foot to yield before the next portion of the foot can move forward. As such,  
260 restructuring time and post-yield viscosity have been shown to be inversely proportional to speed,  
261 limiting the maximum crawling velocity which can be achieved by an individual (Ewoldt *et al.*, 2007).  
262 Substrate-driven variation in mucus production may alter properties of the mucus itself, increasing or  
263 decreasing restricting time and/or post-yield viscosity.

264 Despite observing a significant negative correlation between speed and the size of abrasive particles on  
265 a rough surface, our snails did not display a significant tendency to select substrates based on grit size.

266 This does not support the theory that abrasive surfaces cause foot “irritation” and suggests that speed  
267 reduction is either not important or the effect of abrasive particle size experienced by the snails in this  
268 study is negligible. Although reduced speed has been shown to increase predation risk in a variety of  
269 taxa (Webb, 1984; Lima & Dill, 1990), its effect on this species may be minimised as they already have  
270 low mobility.

271 Interestingly, we found no significant difference in crawling speed in the presence or absence of a trail.  
272 Trail following has previously been shown to act as an energy-conserving mechanism, as it minimises  
273 the volume of mucus required to produce an individual’s own trail (Tankersley, 1989; Davis &  
274 Blackwell, 2007). Conspecific trail following is also adopted to locate potential mates. It subsequently  
275 appears logical to theorise that movement in the presence of a trail might increase snail speed. However,  
276 previous investigations have shown that trail-following behaviour is plastic, only being observed when  
277 individuals were seeking to disperse (Vong *et al.*, 2019). Our experimental apparatus did not allow  
278 snails to perform sustained movement on a scale of metres, so may have hindered snail’s plastic  
279 expression of dispersal-related behaviours. Further, even if the presence of a trail conserves energy, or  
280 provides a mating advantage, this need not equate to a change in speed over the short period of time  
281 that we carried out the investigation.

282 Interestingly, unlikely previous studies (Hemmert & Baltzley, 2016), we did not observe a significant  
283 difference between speed and foot length or speed and shell length when moving across a horizontal or  
284 vertical surface. One possible explanation is that, as the foot length measurements taken in our  
285 experiment were predominantly larger than those studied previously, the relationship between foot  
286 length and speed is stronger at smaller sizes. Indeed, smaller organisms with relatively larger foot sizes  
287 are likely to produce a stronger propulsive force in relation to their body size due to their body-mass to  
288 body-surface relationship (Shvydka, Kovalev & Gorb, 2020).

289 In conclusion, there is little doubt that substrate attributes affect snail locomotion, altering the speed at  
290 which an individual moves. The consistent reduction in speed shown by *C. aspersum* across tested  
291 substrate types indicates that surface texture and angle clearly impact the process of adhesive crawling  
292 in this species. Although the size of abrasive particle had the strongest negative effect on crawling

293 speed, we found no evidence that snails select surfaces to minimise this effect, weakening theories  
294 proposed by a number of studies which suggest that snails avoid certain substrates to minimise foot  
295 irritation. Similarly, although trail-following has been documented countlessly across gastropod  
296 research, we found no evidence to suggest that this affects speed. This does not mean that the presence  
297 of a conspecific trail is not important in this species, rather that the benefits of trail following under  
298 these conditions were not significant or that any benefits which trail following provide do not warrant  
299 an increase in speed. Finally, we accept that there are a number of factors which affect speed which  
300 interact under natural conditions. The importance of pedal waves and interwave frequency and length  
301 (Crozier & Pilz, 1924; Denny, 1981; Donovan & Carefoot, 1997; Pavlova, 2001; Lai *et al.*, 2010), the  
302 physiological state of the snail (Pavlova, 2001, 2019), or the presence of absence of a predator warrant  
303 further investigation in order to get an even better understanding on what affects the process of  
304 locomotion in terrestrial gastropods under natural conditions.

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## 410 **FIGURE AND TABLE LEGENDS**

### 411 **Figure 1.**

412 The difference in mean snail speed (cm/30s) across horizontal PVC (“Horizontal”) compared to  
413 different surface mediums: P120 sandpaper, horizontal PVC in the presence of a trail (“Trail”), vertical  
414 PVC and horizontal wet PVC (“Wet”). Snails were significantly slower when travelling across a rough  
415 surface ( $P < 0.001$ ), a wet surface ( $P < 0.001$ ), and a vertical surface ( $P = 0.016$ ) in comparison to a  
416 horizontal surface. The dots indicate individual data points.

### 417 **Figure 2.**

418 The difference in mean snail speed across P40 sandpaper in comparison to other sandpaper designations  
419 which decrease in average particle size. Snails were significantly slower when travelling across  
420 sandpaper with a grit designation of P40 in comparison to P80 ( $P = 0.037$ ) and P120 ( $P = 0.001$ ),  
421 suggesting that as grit diameter increased snail crawling speed decreased. The dots indicate individual  
422 data points.

### 423 **Figure 3.**

424 Sketch of the ventral foot (left) and side view (right) of a terrestrial gastropod. The ventral foot displays  
425 a series of waves and interwaves surrounded by a rim. The velocity of the gastropod ( $V_s$ ) is determined  
426 by the velocity of the waves ( $V$ ) in relation to the stationary interwaves. The side view of the gastropod  
427 illustrates the effect of each wave on the non-Newtonian mucus layer which separates the foot from the  
428 substrate. Waves exert high stress, causing the mucus to become a liquid. The mucus under each  
429 interwave experiences low stress and remains in a more solid state (highly viscous), allowing the snail  
430 to adhere to the substrate. The gastropod is moving left to right.

431 **Table 1.**

432 Results of the linear mixed effects model showing the difference in speed across a horizontal plastic  
433 surface and an alternative medium. The top line outlines the results from an ANOVA. Estimate  $\pm$  SE  
434 presents the difference in the mean speed when moving across the medium tested in comparison to  
435 horizontal PVC. Proportion of variance explained by the individual was 39%. SE is the standard error  
436 of the mean value. Bold type face indicates a significant result.

437 **Table 2.**

438 Results of the linear mixed effects model showing mean crawling speed difference across sandpaper  
439 FEPA grit designations: P40, P60, P80 and P120. The top line outlines the results from an ANOVA.  
440 Estimate  $\pm$  SE presents the difference in mean speed when moving across sandpaper with a P40  
441 designation in comparison to P60, P80 and P120. Proportion of variance explained by the individual  
442 was 53%. SE is the standard error of the mean value. Bold type face indicates a significant result.

## 443 TABLES

444 Table 1

	<i>Estimate ± SE</i>	<i>df</i>	<i>F/t value</i>	<i>p</i>
Medium		4	82.262	< <b>0.001</b>
<i>Horizontal PVC (Intercept)</i>	4.47±0.12	267.527	36.207	< <b>0.001</b>
<i>Vertical PVC</i>	-0.41±0.13	344	-3.084	<b>0.002</b>
<i>Sandpaper "P120"</i>	-2.01±0.13	344	-15.131	< <b>0.001</b>
<i>Wet PVC</i>	-0.65±0.13	344	-4.930	< <b>0.001</b>
<i>PVC in presence of a trail</i>	0.12±0.13	344	0.892	0.373

446 **Table 2**

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	<i>Estimate ± SE</i>	<i>df</i>	<i>F/t value</i>	<i>p</i>
Grade		3	3.845	<b>0.011</b>
<i>P40 (Intercept)</i>	2.240 ± 0.112	114.943	19.961	<b>&lt;0.001</b>
<i>P60</i>	0.140 ± 0.109	159	1.286	0.200
<i>P80</i>	0.229 ± 0.109	159	2.103	<b>0.037</b>
<i>P120</i>	0.358 ± 0.109	159	3.296	<b>0.001</b>