

**Additional File 1. Physical activity levels and indices of multiple deprivation (IMD) for participating local authorities**

**Table A1. Physical activity levels and IMD scores in local authorities recruited for Fitter for Walking**

<b>Region</b>	<b>Local Authority Area</b>	<b>% participating in physical activity<sup>ab</sup></b>	<b>Summary IMD score across LA<sup>c</sup></b>	<b>Rank based on average score<sup>d</sup></b>
London	Barking & Dagenham	14.6	34.5	22
	Redbridge	15.1	20.4	143
North East England	Gateshead	16.2	29.5	52
	Newcastle	22.1	31.4	37
	Sunderland	20.7	31.8	35
North West England	Blackburn with Darwen	14.9	35.8	17
	Bolton	15.2	29.7	51
West Midlands	Dudley	15.1	23.7	100
	Sandwell	14.8	37.0	14
	Wolverhampton	13.2	33.0	28
Yorkshire	Doncaster	14.5	30.8	41
	Rotherham	19.9	26.7	68

<sup>a</sup> Data source: Active People Survey (Oct 2005-April 2006)

<sup>b</sup> Participating in physical activity is defined as participation in at least 30 minutes moderate intensity sport and active recreation (including recreational walking) on 3 or more days a week

<sup>c</sup> Summary IMD (index of multiple deprivation) score for LA (local authority) is the average across the Lower Super Output Area level for that LA area.

<sup>d</sup> The rank is based on the summary IMD score: 1=highest area of deprivation; 354 =least deprived (data source:

<http://webarchive.nationalarchives.gov.uk/+http://communities.gov.uk/communities/neighbourhoodrenewal/deprivation/deprivation07/>)