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Stress-resistance associated with multi-host transmission and enhanced biofilm formation at 42[°]C among hyper-aerotolerant generalist *ampylobacter jejuni*

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37 Abstract

One of the emerging conundrums of *Campylobacter* food-borne illness is the bacterial ability to survive stressful environmental conditions. We evaluated the heterogeneity among 90 C. jejuni and 21 C. coli isolates from different sources in Egypt with respect to biofilm formation capabilities (under microaerobic and aerobic atmosphere) and resistance to a range of stressors encountered along the food chain (aerobic stress, refrigeration, freeze-thaw, heat, peracetic acid, and osmotic stress). High prevalence (63%) of hyper-aerotolerant (HAT) isolates was observed, exhibiting also a significantly high tolerance to heat, osmotic stress, refrigeration, and freeze-thaw stress, coupled with high biofilm formation ability which was clearly enhanced under aerobic conditions, suggesting a potential link between stress adaptation and biofilm formation. Most HAT multi-stress resistant and strong biofilm producing C. jejuni isolates belonged to host generalist clonal complexes (ST-21, ST-45, ST-48 and ST-206). These findings highlight the potential role of oxidative stress response systems in providing cross-protection (resistance to other multiple stress conditions) and enhancing biofilm formation in Campylobacter and suggest that selective pressures encoun-tered in hostile environments have shaped the epidemiology of C. jejuni in Egypt by select-ing the transmission of highly adapted isolates, thus promoting the colonization of multiple host species by important disease \Box causing lineages.

Keywords: *Campylobacter*, aerotolerance, multi-stress tolerance, generalist lineages, bio-film formation.

71 1. Introduction

72 Campylobacter is the most common causative agent of bacterial gastroenteritis world-73 wide, with particularly high incidence in low- and middle-income countries (Ruiz-Palacios, 74 2007; Kaakoush et al., 2015). Campylobacter is a microaerophilic, fastidious bacterium 75 with an optimal growth temperature range between 37 degrees and 42 degrees Celsius (Ga-76 rénaux, 2008). Campylobacter is part of the intestinal microbiota of a wide range of ani-77 mals, which can act as reservoirs for zoonotic transmission to humans. Typically, human 78 infection is primarily associated with the consumption of contaminated poultry and meat 79 products, or unpasteurized milk although environmental sources also serve as a transmission 80 route (El-Zamkan and Abdel Hameed, 2016; Newell et al., 2017). Furthermore, transmis-81 sion of Campylobacter can be a result of poor hygiene and/or inadequate food preparation 82 methods in both developed and developing countries (Kennedy et al., 2011; El-Tras et al., 83 2015). In Egypt, campylobacteriosis is a significant public health burden, causing occasional 84 infection in adults, but more frequently in children under the age of 2 years with an inci-85 dence rate of 1.5 episodes per child-year (Rao et al., 2001; ElGendy et al., 2018).

86 Specific phenotypes appear to be more able to survive and persist under harsh environ-87 mental conditions, which favor zoonotic transmission and help combat intervention methods 88 employed in poultry processing plants to decrease Campylobacter contamination 89 (Bronowski et al., 2014; Yahara et al., 2017). These include the ability to withstand high 90 oxygen tensions, temperature shifts, high osmolarity and physical treatments with hot water, 91 chilling and freezing, and peracetic acid (PAA) (Chen et al., 2014; Umaraw et al., 2017). 92 Convergent evolution of different survival strategies predates our determination to decon-93 taminate food products, facilitating mechanisms to cope with different stress conditions 94 (Jackson et al., 2009). The ubiquity of Campylobacter in the environment challenges our 95 efforts to eliminate this bacterium from the food chain (Omara et al., 2015; Oh et al., 2019), 96 and it is not clear how *Campylobacter* is able to survive the multiple stresses imposed dur-97 ing food preservation, transportation and cooking (Jong et al., 2012). The ability of this bac-98 terium to persist and cause gastroenteritis is in contrast to the difficulty of handling it in the 99 laboratory due to its fastidious nature (Garénaux, 2008; Pascoe et al., 2019).

Nevertheless, the formation of biofilms and the capability to withstand oxidative stress are among the major strategies used by *Campylobacter* to survive under stressful conditions (Pascoe *et al.*, 2015; Karki *et al.*, 2018). Generally, biofilms are defined as multicellular layers of bacteria embedded within a matrix of extracellular polymeric substances that consisted of proteins including enzymes, DNA, RNA, polysaccharides, and water. Bacterial bio-

105 film is considered as a key player in the bacterial survival in diverse ecological niches 106 (Steenackers et al., 2016). Biofilm formation protects bacteria from diverse environmental 107 stressors (Chang et al., 2007). Moreover, bacteria encased in biofilms have been reported to 108 be 1,000-fold more resistant to antimicrobial agents than their planktonic counterparts (Fux 109 et al., 2005), whereas, in human infection, bacteria that produce biofilms are better protected 110 against host defense mechanisms (Ciofu et al., 2015). In food production environments, the 111 presence of Campylobacter encased in biofilms formed on food processing surfaces protects it from cleaning and sanitation measures, and facilitates dissemination leading to further 112 113 contamination of various food products, thus increase its potential to cause disease (Nguyen 114 et al., 2012; Yahara et al., 2017).

Characterization of C. jejuni genotypes based on multi-locus sequence typing (MLST) 115 from the large, curated online pubMLST database¹ provides evidence of host restricted line-116 117 ages, or host specialists, that are predominantly found in only one particular host species 118 (Dingle et al., 2001; Jolley et al., 2018). On the contrary, host-generalist lineages are more 119 promiscuous and can regularly be isolated from multiple host sources, including the globally 120 disseminated clonal complexes (CCs) ST-21, ST-48, ST-206 and ST-45 (Sheppard et al., 121 2010, 2014, 2018). Lineages with broad host ranges are frequently isolated from multiple 122 animal species and are a major cause of human disease (Sheppard et al., 2009a, b; Cody et 123 al., 2013). Presumably, host generalist lineages may be better equipped to withstand hostile 124 environmental conditions, but this remains uncharacterized.

To fill this important knowledge gap, the survival rates of 111 *Campylobacter* isolates from different sources in Egypt were screened under different stress conditions which mimic ecological niches encountered in farms and food processing industries and which must be overcome for zoonotic transmission to humans.

129

130 2. Materials and Methods

131 2.1. Bacterial isolates and culture conditions

A total of 111 *Campylobacter* isolates were collected in Cairo, Egypt, from September 2017 to December 2018, including 57 clinical isolates, 24 from dairy products and 30 from broiler carcasses (Supplementary Table S1). Clinical isolates were isolated from stool samples of patients having gastroenteritis admitted to two different hospitals in downtown Cairo. A stratified randomized sampling approach was conducted to include *Campylobacter* isolated from food samples from different retail stores located around the study region. The

138 isolation and enumeration of *Campylobacter* isolates from different food matrices was per-139 formed according to the ISO 10272-1 (Enrichment Method; Detection of Campylobacter 140 spp. after Selective Enrichment). All isolates were subcultured from -80° C frozen stocks 141 onto Mueller-Hinton (MH) agar (Oxoid, United Kingdom). Plates were incubated at 42 142 ±1°C under microaerophilic conditions using AnaeroGenTM 2.5L sachets (Oxoid, United 143 Kingdom). Genomic DNA was extracted from cultures using the QIAamp DNA Mini Kit 144 (QIAGEN, UK), according to the manufacturer's instructions. DNA was quantified using a 145 Nanodrop spectrophotometer before subsequent genome sequencing.

146 2.2. Genome sequencing

147 Campylobacter isolates (n=111) were sequenced using an Illumina MiSeq benchtop se-148 quencer (Supplementary Table S2 for genome assembly quality features). Libraries were 149 prepared using the Nextera XT Library Preparation Kit according to standard protocols and 150 sequenced using a 2×300 bp paired end v3 reagent kit (Illumina), following the manufac-151 turer's protocol (Kirk et al., 2018). Raw sequence reads are available on the NCBI and the 152 SRA.under.BioProject.PRJNA576513(https://www.ncbi.nlm.nih.gov/bioproject/PRJNA576 153 513). De novo assembly of genomes were done using SPAdes (version 3.8.0) (Bankevich et 154 al., 2012) and archived on the BIGSdb web-based database platform (Jolley and Maiden, 155 2010), enabling species identification and MLST. Campylobacter MLST genotypes (sequence types (STs) were assigned based on allele definitions from pubMLST¹ and CCs were 156 157 defined by the most common sequence type sharing at least five out of seven alleles (Dingle 158 et al., 2001).

159 Phylogenetic trees were reconstructed for the 90 C. jejuni and 21 C. coli. Core genome 160 MLST (cgMLST) analysis was performed using Genome Profiler software (GeP v1.0.1) 161 (Zhang et al., 2015), using C_jejuni_NCTC11168 as reference genome for both C. jejuni 162 and C. coli analysis (Parkhill et al., 2000). Core genome polymorphic genes (*i.e.* those genes 163 with at least one nucleotide difference among all 90 C. jejuni or 21 C. coli isolates) were 164 selected for cgMLST phylogenetic tree construction and concatenated in a new fasta file us-165 ing the extract concat cgMLST genes.rb ruby script (https://github.com/JoseCoboDiaz/concat_cgMLST_genes). The concatenated gene-by-gene 166 167 alignments and phylogenetic tree were obtained with MAFFT version 7 (Katoh et al., 2019) 168 using default parameters for alignment and the Neighbor-Joining method, the Jukes-Cantor 169 substitution model and 1000 bootstrap resampling for the construction of the phylogenetic 170 tree. Plots were plotted in using the R-package ape to read Newick files.

171 2.3. Stress tolerance of *Campylobacter* isolates.

172 For all the stress tolerance tests, Campylobacter isolates were grown on MH agar over-173 night at 42°C under microaerobic conditions generated using the CampyGen system 174 (CN0035, Oxoid). Afterwards, isolates were harvested and resuspended in fresh MH broth to an optical density at 600 nm (OD₆₀₀) of 0.1 ($\approx 10^8$ colony forming units (CFU) prior to 175 176 testing their survival to different stressors as described below. Absence of Campylobacter in 177 the artificially inoculated chicken skin and milk was assayed by suspension of one gram 178 chicken skin pieces or one ml of milk in 9 ml Bolton selective enrichment broth (Oxoid, 179 United Kingdom), followed by incubation under microaerobic conditions at 41. 5 $^{\circ}$ C for 48 180 hours. Afterwards, 100 µL culture was spread on modified charcoal-cefoperazone-181 deoxycholate agar (mCCDA; Oxoid, United Kingdom) and incubated at 41. 5°C for 48 182 hours. All assays included negative control. For all stress tolerance assays, each experiment 183 was performed using three biological replicates with the difference in viable cell counts be-184 tween replicates was less than 0.5 log₁₀ CFU/mL, all stress tolerance assays results are elu-185 cidated in Supplementary Table S1.

186

187 2.3.1. Aerotolerance assay

188 The aerotolerance assay was performed as previously described (Oh et al., 2015). Bacterial suspensions adjusted at OD₆₀₀ of 0.1 were incubated aerobically with shak-189 190 ing at 200 rpm and 42°C. Aliquots from all bacterial suspensions were taken at 0, 12, and 24 h for serial dilution followed by plating onto Preston Campylobacter selec-191 192 tive agar (Oxoid, United Kingdom) for bacterial enumeration. Campylobacter iso-193 lates that were not able to survive under aerobic shaking at 200 rpm for 12 h were 194 classified as aero-sensitive (AS), while those that did survive under aerobic shaking 195 at 200 rpm for 12 h were classified as aero-tolerant (AT), and those that survived for 196 more than 24 h under aerobic shaking at 200 rpm were classified as hyperaerotolerant (HAT). For comparison purposes, a similar experimental design was 197 198 performed under microaerophilic conditions.

199

200 2.3.2. Survival under refrigerated temperature stress

201 Survival under refrigeration temperature at 4°C was evaluated as previously de-202 scribed (Oh *et al.*, 2017). In brief, small pieces of raw chicken skin (0.2 gram/piece) 203 that were previously prepared by cutting from chicken thighs using a sterile blade, 204 were placed in 96-well microtiter plate. A total of 100 μ L of bacterial suspensions

205previously adjusted to OD_{600} of 0.1 were used to contaminate the chicken skin sam-206ples, followed by incubation of 96-well plates at 4°C. Chicken skin samples were207then taken at 0, 1, 3 and 7 days of incubation and transferred to 15 mL falcon tubes208containing 1 mL of fresh MH broth, followed by vortexing for 2 minutes and plating209of serial dilutions onto Preston *Campylobacter* selective agar for bacterial enumera-210tion.

211

212 2.3.3. Survival under chemical decontamination stress

213 Peracetic acid was used to study the survival rates of Campylobacter following a 214 chemical decontamination process, as described (Oh et al., 2018). Raw chicken skin 215 pieces prepared as described earlier were spiked with 100 μ L of bacterial suspen-216 sions adjusted to an OD_{600} of 0.1 followed by incubation at 4°C for 1 h under microaerobic conditions. Each chicken skin sample was immersed in 750 ppm PAA (Sig-217 218 ma Aldrich, St. Louis, MO, USA) for 15 seconds, washed in ultra-pure water and 219 transferred to 15 mL falcon tubes containing 1 mL of fresh MH broth followed by 220 vortexing for 2 minutes and plating of serial dilutions onto Preston Campylobacter 221 selective agar for bacterial enumeration.

222

223 2.3.4. Survival following freeze-thaw stress

Following the contamination of each chicken skin piece placed into the wells of 96well microtiter plates with 100 μ L of bacterial suspensions adjusted to an OD₆₀₀ of 0.1, samples were subjected to freezing at -20°C for 1, 3 and 7 days followed by thawing at 4°C for 2 h. The treated chicken samples were subsequently transferred to 15 mL falcon tubes containing 1 mL of fresh MH broth followed by vortexing for 2 minutes and plating of serial dilutions onto Preston *Campylobacter* selective agar for bacterial enumeration.

- 231
- 232 2.3.5. Survival to heat stress

Briefly, 195 μ L of whole milk were inoculated with 5 μ L aliquots of an overnight culture of *Campylobacter* isolates (OD₆₀₀ =0.1) in 96-well plates. The inoculated plates were then subjected to heat treatment using a thermocycler (Applied Biosystems, 2720) at 72°C for 15 and 30 seconds. Aliquots from each bacterial suspension were taken at each time interval for serial dilution and bacterial enumeration on Preston *Campylobacter* selective agar. 239

240 2.3.6. Survival to osmotic stress

241 MH broth supplemented with 0%, 2%, and 4% NaCl (wt/vol) was inoculated with 5 242 μ L aliquots of an overnight culture (OD₆₀₀ =0.1) of the *Campylobacter* isolates in 243 96-well plates. Following overnight incubation at 42°C under microaerobic condi-244 tions, aliquots from each bacterial suspension were taken for serial dilution and bac-

245 terial enumeration on Preston *Campylobacter* selective agar.

246 2.4. Biofilm formation

247 Crystal violet staining technique was used for the quantification of biofilm formation of 248 Campylobacter isolates as previously described (Pascoe et al., 2015). Campylobacter iso-249 lates were inoculated into MH broth with OD_{600} adjusted to 1. Then, 5 µL aliquots of the 250 bacterial suspensions were used to inoculate 195 µL of liquid MH media in 96-well plates 251 (Thermo Fisher Scientific, Hudson, NH, USA). Following incubation of the plates under 252 microaerobic conditions with shaking at 42°C for 48 h in a sealed container (to prevent 253 sample evaporation), the culture media was gently removed, and the wells were washed 254 with phosphate-buffered saline. Fixation of the bacteria adhered to the wells was performed 255 by adding 200 µL of Bouin's solution (7.5 mL picric acid; 2.5 mL 40% formaldehyde; 0.5 256 mL acetic acid), incubating for 15 minutes followed by washing 3x with PBS. Plates were 257 left to air dry in an inverted position and the adhered bacteria were stained using 200 μ L of a 258 0.1% (w/v) crystal violet solution for 5 minutes. Extraction of crystal violet from the ad-259 hered bacteria was performed by adding 200 µL of an 80:20 (vol/vol) ethanol/acetone solu-260 tion, followed by incubation for 10 minutes. The OD_{600} value of the extracted crystal violet 261 was measured using a microplate ELISA reader. These OD_{600} readings were used to quanti-262 fy the bacterial adherence to the surface and the ability of the isolates to form biofilms. The 263 whole procedure was also repeated under aerobiosis. The isolates were classified according 264 to their OD_{600} score into strong biofilm producers (SBPs) with OD_{600} values above 0.272, moderate biofilm producers (MBPs) with OD₆₀₀ values between 0.201 and 0.272, and weak 265 266 biofilm producers (WBPs) with OD₆₀₀ values below 0.201. Broth cultures with no bacterial inoculation and stained using the same method were used as a negative control and the val-267 268 ues obtained were subtracted for background correction. To assure the reproducibility of the 269 results, each isolate was tested for its biofilm formation in triplicate.

270

271 2.5. Statistical analysis

Statistical analysis included the comparison of different isolate groups based on their biofilm formation ability and stress resistance profile at the various time points (for aerophilic and microaerophilic growth and survival under refrigeration, freeze-thaw and heat stress) or stressors concentrations (PAA and NaCl stress) tested. Log₁₀ CFU/mL values from the stress tolerance assays were compared using Wilcoxon test with the R-package *stats* v3.6.2. Plots were performed using the R-packages *ggplot2* and *ggpubr*, and statistical results were added with the *stat_compare_means* command within the ggplot function.

279

280 3. Results

281 3.1. High occurrence of hyper-aerotolerance among *Campylobacter* isolates

In total, 111 *Campylobacter* isolates from three different sources were screened for their aerotolerance (Figure 1A; Supplementary Figure S1A). All *Campylobacter* isolates grew well under microaerobic conditions with a steady increase in viable counts of up to 2 log₁₀ CFU/mL regardless of the species or source of isolation (Figure 1B).

A high prevalence of HAT isolates was observed (63%, 70/111). Under aerobic incubation, HAT strains remained viable after a 24 h with a final mean concentration of 3.25 ± 2.7 log₁₀ CFU/mL, whereas 22.5% (25/111) of the isolates were AT and maintained their viability for 12 h with a final mean concentration of 2.6 ±1.4 log₁₀ CFU/mL, and 14.5% (16/111) of the tested isolates were AS and lost viability before 12 h (Figure 1A).

When analyzing the aerotolerance of the isolates by their isolation source, it was observed that HAT isolates were equally recovered from the three different isolation sources, the prevalence of HAT isolates being 66.6% (38/57) of clinical samples, 62.5% (15/24) of dairy products and 56.6% (17/30) of broiler carcasses isolates (Supplementary Figure S1).

295

3.2. Association of high aerobic tolerance with survival under multiple stress conditions in *Campylobacter* isolates

Storage at refrigeration temperature (4°C) for 7 days instigated a significant decrease in CFU/mL in AS and AT isolates compared to HAT isolates ($p \le 0.01$) (Figure 1D). Half of HAT isolates (50%, 35/70) exhibited an enhanced tolerance to refrigeration temperature, reaching a final concentration of $1.5 \pm 1 \log_{10}$ CFU/mL after 7 days, while only two AT isolates and none of the AS strains survived at this sampling point. Similarly, both AT and AS isolates were significantly more sensitive to freeze-thaw stress than HAT isolates ($p \le 0.001$) (Figure 1E). Thus, while 60% of HAT isolates (42/70) survived at -20 °C on day 7, reaching a final mean concentration of 2.6 $\pm 2 \log_{10}$ CFU/mL, only three AT isolates (12%; 3/25)

306 survived with a final mean concentration of $1.3 \pm 0.3 \log_{10}$ CFU/mL, and no survivors were 307 obtained for AS isolates.

308 Consistent with the data of refrigeration and freeze-thaw tolerance tests, the aerotoler-309 ance status was significantly associated with tolerance to heat stress ($p \leq 0.01$) (Figure 1F). 310 While the 60% of HAT isolates (42/70) survived upon exposure to 70°C for 30 sec, reaching 311 a final mean concentration of $3.2 \pm 2 \log_{10}$ CFU/mL, only four AT isolates (16%; 4/25) and 312 two AS isolates (15.5%; 2/16) survived to such a stress, reaching a final mean concentration 313 of 2.9 \pm 1.7 and 1.8 \pm 1.5 log₁₀ CFU/mL, respectively. 314 Finally, HAT isolates also had a significantly higher tolerance to hyperosmotic stress at 315 4% NaCl than AT and AS isolates ($p \leq 0.0001$) (Figure 1H). In fact, 58% (41/70) of HAT 316 isolates survived hyperosmolarity, with a final mean concentration of 2.7 $\pm 1.8 \log_{10}$ 317 CFU/mL, while only two AT isolates (8%; 2/25) were able to survive reaching a final mean

318 concentration of 2.2 \pm 0.3 log₁₀ CFU/mL and none of the AS isolates survived 2% or 4%

319 NaCl exposure.

320

321 3.3. Higher tolerance of HAT and AT *Campylobacter* isolates to peracetic acid

Exposure to PAA equally reduced the viability of HAT and AT isolates by ~4.5 log_{10} CFU/mL. The initial mean concentrations of HAT and AT isolates, 7.3 ±1.1 and 7.4 ±1.2 log_{10} CFU/mL, declined after treatment to a final viable count of 2.9 ±1.8 and 2.6 ±1.5 log_{10} CFU/mL, respectively. Based on these observations, no significant difference was revealed between HAT and AT isolates, while none of the AS isolates survived upon exposure to PAA (Figure 1G).

328

329 3.4. Differences in stress tolerance between C. jejuni and C. coli

C. jejuni was significantly more tolerant to aerobic stress than *C. coli*, showing a higher survival potential at 12 h and 24 h (p < 0.01) (Figure 1A), despite the fact that 52% (11/21) of *C. coli* isolates were HAT, with a final mean concentration of 2.2 ±1.7 log₁₀ CFU/mL after a 24 h of aerobic incubation. Yet, HAT *C. jejuni* isolates were more abundant among the collection (65.5%, 59/90) (Figure 3C), reaching a final mean concentration 3.3 ±2.6 log₁₀ CFU/mL after a 24 h of aerobic incubation.

Likewise, despite the clear reduction in CFU/mL observed for both species following exposure to PAA, the majority of *C. jejuni* isolates (80%, 72/90) exhibited a significantly

higher resistance to PAA than *C. coli* ($p \le 0.05$) (Figure 1G), reaching a final mean concentration of 2.9 ±1.8 log₁₀ CFU/mL. Remarkably, none of the *C. coli* isolates survived upon exposure to 4% NaCl, while half of *C. jejuni* isolates survived with final mean concentration of 2.75 ±1.8 log₁₀ CFU/mL, and such a difference between species was significant ($p \le$ 0.001) (Figure 1H).

On the contrary, no significant differences (p > 0.05) were detected between the two species in their tolerance to refrigeration, freeze-thaw or heat stresses (Figure 1D, E, F), with isolates from both species displaying nearly the same final mean concentrations upon exposure to 7 days of refrigeration or freezing, and 30 sec at 70°C, *i.e.* 1.5 ±1, 2.6 ±2.1, and 3.2 ±2.15 log₁₀ CFU/mL for *C. jejuni* and 1.4 ±0.45, 1.8 ±1.15, 3.2 ±1.7 log₁₀ CFU/mL for *C. coli*, respectively.

349

350 3.5. Clonal population structure and its association with stress-resistance among *C. jejuni*351 isolates

To evaluate whether *C. jejuni* host generalist lineages might exhibit a higher potential to survive under various stressful conditions, providing them a beneficial advantage, at least in part, for transmission between multiple hosts during bacterial transmission, the population structure of *C. jejuni* was characterized using MLST and a phylogenetic tree was constructed using concatenated gene-by-gene alignments of polymorphic core genes, isolates were grouped into two distinct clusters according to their species with *C. jejuni* being more diverse than *C. coli* in regards to their CCs distributions (Figure 3A, B).

359 The MLST analyses revealed that the 90 C. jejuni isolates were classified into 15 differ-360 ent CCs, while 9 were not assigned to known CCs (Supplementary Table S1). C. 361 *jejuni* isolates were classified as ``host specialist`` isolates, belonging to $ST \square 257$ (n = 4), 362 ST 464 (n = 7), ST 353 (n = 3), ST 354 (n = 3), ST 460 (n = 2), ST 1034 (n = 2), 363 ST 1287 (n=2), ST 42 (n=1), ST 573 (n=1), ST 574 (n=1) and ST 658 (n=1)CCs, and ``host generalist`` isolates, belonging to $ST \square 21$ (n = 36), ST-48 (n = 7), ST-45364 365 (n = 1) and ST-206 (n = 10) CCs (Sheppard *et al.*, 2014). Among the isolated C. *jejuni*, host 366 generalist isolates were more dominant (60%, 54/90) (Figure 3B).

367

368 3.5.1. Host generalist *C. jejuni* lineages showed an enhanced capability to respond to 369 oxidative stress

The majority of host generalist isolates were found to be HAT (94.5%, 51/54) and

371 survived significantly better ($p \le 0.0001$) after 24 h of incubation under aerobic atmosphere,

372 with a final mean concentration of $3.8 \pm 2.1 \log_{10} \text{CFU/mL}$, than isolates from other lineages,

373 which barely survived the aerobic stress and showed a drastic decline in their population,

reaching final mean viable counts of $1.6 \pm 1 \log_{10} \text{CFU/mL}$ (Figure 2A).

375

376 3.5.2. Multi-stress tolerance among host generalist *C. jejuni* lineages

Isolates assigned to generalist lineages showed a significantly higher tolerance to all five stress conditions (*i.e.* refrigeration, freeze-thaw, heat, PAA and NaCl) than isolates of host specialist lineages, which experienced a drastic reduction in survival under the stress conditions tested (Figure 2D, E, F, G, H).

With regards to refrigeration and freeze-thaw stresses, the greatest decline was observed among the isolates assigned to host specialist lineages on day 7, with the survival of only two isolates (final mean concentration of 1.4 ±0.3 log₁₀ CFU/mL) and three isolates (final mean concentration of 1.13 ±0.2 log₁₀ CFU/mL), respectively; whereas 59% (32/54) and 70% (38/54) of generalist isolates survived for 7 days under refrigeration or freeze-thaw stresses, with a final mean concentration of 1.08 ±1.5 log₁₀ CFU/mL and 2.1 ±2.6 log₁₀ CFU/mL, respectively ($p \le 0.0001$) (Figure 2D, E).

Similarly, the majority of isolates assigned to host generalist lineages (68.5%, 37/54) 388 389 survived heating for 30 sec to reach a final mean concentration of $3.2 \pm 2 \log_{10}$ CFU/mL, 390 while a low percentage (16.6%, 6/36) of other lineages survived this heat stress, with a final 391 mean concentration of 2.9 \pm 1.7 log₁₀ CFU/mL (Figure 2F). Likewise, host generalist isolates 392 efficiently survived upon exposure to PAA and NaCl, with survival rates being significantly 393 higher than those of host specialist C. jejuni lineages isolates ($p \le 0.001$ and $p \le 0.0001$, re-394 spectively) (Figure 2G, H). All isolates assigned to host generalist CCs survived upon expo-395 sure to 750 ppm PAA with mean viable count of 2.9 \pm 1.8 log₁₀ CFU/mL, while 52% 396 (19/36) of the host specialist isolates were able to survive, with a mean final concentration 397 of $2.9 \pm 1.8 \log_{10}$ CFU/mL (Figure 2G). Regarding NaCl stress, 74% (40/54) of the host gen-398 eralist isolates survived the 4% NaCl exposure, with a final mean concentration of 2.7 \pm 1.8 399 log₁₀ CFU/mL, while only two host specialist isolates (5.5%, 2/36) survived similar NaCl 400 concentration, with mean viable cell counts of $2.6 \pm 0.6 \log_{10} \text{CFU/mL}$ (Figure 2H).

401

402

403 3.6. Exposure to aerobic stress enhances biofilm formation in *Campylobacter*

404 Initially, when evaluating the differences between biofilm formation potential of C. jejuni 405 and C. coli isolates under microaerobic conditions, both species showed similar capability of 406 biofilm formation with a mean OD_{600} of 0.4 \pm 0.3 and 0.24 \pm 0.13, respectively, whereas un-407 der aerobic conditions the biofilm formation potential was enhanced with no significance 408 differences being observed either between C. *jejuni* and C. *coli*, with mean OD_{600} of 0.5 409 ± 0.36 and 0.4 ± 0.25 , respectively (p > 0.05) (Figure 1C). Interestingly, under microaerobic 410 conditions 38.8% (35/90) of C. jejuni isolates were classified as SBPs, while under aerobic 411 conditions this percentage increased to reach 78.8% (71/90). On the other hand, the preva-412 lence of SBP isolates for C. coli increased from a 19% (4/21) under microaerobic conditions 413 to 71.4% (15/21) under aerobic stress (Figure 3).

In relation to the association between aerotolerance and biofilm formation potential, it was observed that *Campylobacter* displayed variable biofilm formation capabilities depending on aerotolerance status, with HAT isolates exhibiting a significantly higher adhesion capability and biofilm formation potential compared to AT and AS isolates ($p \le 0.0001$) (Figure 1C).

419 Under microaerobic conditions, more than half (52.8%, 37/70) of the HAT isolates were SBPs, with a mean OD_{600} of 0.49 ±0.2, while 34.2% (24/70) were MBPs, with a mean 420 421 OD_{600} of 0.23 ±0.02. Remarkably, a significant change in biofilm formation ability was ob-422 served among the majority of HAT isolates under aerobic stress, where 95.7% (67/70) of 423 HAT isolates were SBPs, with a mean OD_{600} of 0.58 ±0.3 (Figure 3). Also, 76% (19/25) of 424 AT isolates were found to be SBPs under aerobic stress, with a mean OD_{600} of 0.53 ± 0.2 425 compared to a percentage of 8% (2/25) under microaerobic conditions. Interestingly, while 426 AS isolates were all classified as WBPs under microaerobic conditions, with a mean OD_{600} 427 of 0.14 ± 0.05 , an enhancement in biofilm formation potential was also observed under aero-428 bic stress, with 56.2% (9/16) isolates being classified as MBPs (Figure 3).

429

430 3.6.1. Clonal lineages differ in terms of their biofilm forming capabilities

Biofilm formation ability was not equally distributed among *C. jejuni* lineages. When exposed to microaerophilic conditions, host generalist isolates displayed a significantly higher potential for biofilm formation (mean OD_{600} of 0.4 ±0.28) compared to isolates of other lineages (mean OD_{600} of 0.18 ±0.09) ($p \le 0.0001$) (Figure 2C). Under favorable microaerobic conditions, 61% of the generalist isolates were SBPs, compared to only 5.5% for isolates of other lineages. Upon exposure to oxygen, *in vitro* biofilm production abilities of

437 both generalist and specialist lineages increased (Figure 2C). Still, the potential of host gen-438 eralist isolates to form biofilms was significantly higher (mean OD_{600} of 0.54 ±0.3) than that 439 of isolates from other lineages (mean OD₆₀₀ of 0.3 \pm 0.16) ($p \leq 0.0001$) (Figure 2C), with 440 98% of the generalists being classified as SBPs and none of them as WBPs, while 50% of 441 isolates from other lineages were classified as SBPs, 27.8% as MBPs, and 22.2% as WBPs. 442 Based on these results, HAT isolates that were assigned to host generalist CCs had the 443 strongest biofilm formation potential under microaerobic "favorable" conditions, which was 444 enhanced under aerobic conditions (Figure 3B, C).

445

446 4. Discussion

447 During transmission, bacteria must tolerate suboptimal conditions to successfully 448 establish an infection in the new host (Begley and Hill, 2015). *Campylobacter* are fastidious 449 organisms that are particularly sensitive to environmental stresses and that require 450 microaerophilic (5% O_2), capnophilic (10% CO_2), and thermophilic (40-42°C) settings 451 under laboratory conditions (Garénaux, 2008). It is likely that their routes of transmission to 452 humans through the environment, farm, and wild animals may interact in very complex 453 ways (Bronowski *et al.*, 2014).

454 Despite the absence of many classic stress response strategies in Campylobacter com-455 pared to other enteric bacteria, such as the RpoS-mediated stress resistance system, the os-456 motic shock regulatory system BetAB and some oxidative stress response regulatory ele-457 ments such as oxyR and soxR, and soxS (Murphy et al., 2006), Campylobacter has been iso-458 lated from environmental sources where neither the atmosphere nor the temperature were 459 optimal for its survival (Chan et al., 2001; Trigui et al., 2015). Campylobacter has devel-460 oped several strategies to survive in a wide range of environmental stressors outside the host 461 and/or during food processing, which likely involve the entry into a viable but non cultura-462 ble state (Jackson et al., 2009), biofilm formation and lineage specific variations in stress 463 tolerance (Pascoe et al., 2015; Yahara et al., 2017). The stress response of C. jejuni has been 464 previously studied and several regulatory systems have been described, including those me-465 diating the global "SpoT-dependent stringent response", which adjusts gene expression 466 pathways to permit survival under a wide range of hostile conditions (Gaynor *et al.*, 2005), 467 and the sigma factor RpoN, which plays a significant role in the resistance of C. jejuni 468 against osmotic stress (0.8% NaCl) and acidic pH (Hwang et al., 2011).

469 These resistance strategies can provide the means for survival and transmission of *Cam*-470 pylobacter between different animal reservoirs and hosts. To maintain food quality and en-471 sure food safety by reducing spoilage and pathogenic bacteria on food products, various in-472 tervention methods are employed, e.g. heating, modified atmosphere packaging, low storage 473 temperatures, or use of antimicrobials and disinfectants. Nonetheless, whether the interme-474 diate habitat (particularly from farm to fork) of *Campylobacter* plays an important role in 475 shaping the epidemiology of this food-borne pathogen through selecting well-adapted iso-476 lates remains unclear. Therefore, this study highlights the role of cross-protection and bio-477 film formation on *Campylobacter* survival and considers the potential of stress-associated 478 resistance mechanisms for selecting highly adapted *Campylobacter* isolates that can infect 479 multiple hosts.

480 Despite the common perception that *Campylobacter* is sensitive to oxygen, this study re-481 vealed that large number of isolates were capable of surviving for up to 24 h even under the 482 most hostile atmospheric conditions. With 63% of Campylobacter isolates, recovered from 483 the three different isolation sources, were found to be HAT reaching final viable count of 484 $3.25 \pm 2.7 \log_{10}$ CFU/mL after 24 h of aerobic incubation. The greater prevalence of HAT 485 isolates was observed among C. jejuni compared to C. coli isolates suggests a high capabil-486 ity of Campylobacter isolates, particularly C. jejuni, to tolerate oxidative stress. In agree-487 ment with this finding, several studies have reported the isolation of aerotolerant Campylo-488 bacter (Oh et al., 2015; O'Kane and Connerton, 2017). However, in the study conducted by 489 Oh et al. (Oh et al., 2015) aerotolerance was evaluated among 70 C. jejuni isolates among 490 which only 35.7% were classified as HAT, while another study reported a higher prevalence 491 of hyper-aerotolerance among C. coli than among C. jejuni isolates (Karki et al., 2018), 492 which is opposing to the results of the present study. Yet, in these previous studies no iso-493 lates from human stool and dairy products were included. Thus, to the best of our 494 knowledge, this is the first study documenting such a prevalence of HAT Campylobacter 495 isolates from three different sources.

Despite being thermophilic and ceasing its growth abruptly at temperatures below 30°C (Hazeleger *et al.*, 1998), more than half of the tested HAT *Campylobacter* isolates showed physiological activity and survived for seven days under refrigeration or freeze-thaw stress. Although *Campylobacter* does not possess genes encoding cold shock proteins (Hazeleger *et al.*, 1998), unlike other foodborne pathogens (Horton *et al.*, 2000), this observation suggests that some of the *Campylobacter* isolates or lineages tested may harbor other tolerance mechanisms to respond to cold shocks. This observation is in agreement with previous stud-

503 ies (Oh et al., 2018, 2019). However, these previous investigations were focused on C. je-504 juni only, unlike the current study which embraces both C. jejuni and C. coli. From another 505 standpoint, previous studies with C. coli have reported its high sensitivity to freeze-thaw 506 stress (Stead and Park, 2000), unlike the present study, where both C. jejuni and C. coli 507 showed similar tolerance to such a stress. HAT isolates were also significantly more tolerant 508 to heat stress than AT and AS isolates, which disagrees with a recent study (Oh et al., 2019) 509 reporting that HAT isolates displayed sensitivity to heat stress and no significant association 510 of aerotolerance with heat resistance.

Since PAA is an effective biocide used for reducing *Campylobacter* populations (Chen *et al.*, 2014) and thus on examining its effect on the survival rates of the tested isolates, it was observed that both HAT and AT isolates exhibited an enhanced tolerance to PAA. A proposed explanation for such an association is that since PAA is known to decompose to H_2O_2 and acetic acid (Yuan *et al.*, 1997), therefore the high tolerance of HAT and AT isolates might be attributed to the increased oxidative stress defense, as previously elucidated (Oh *et al.*, 2019).

Campylobacter is known to be sensitive to hyperosmotic stress (Park, 2002). Indeed, this 518 519 bacterial pathogen can be inhibited at >2% NaCl (Doyle and Roman, 1982), a food pre-520 servative commonly used to prevent the growth of foodborne pathogens (Doyle and Glass, 521 2010). The tolerance to hyperosmotic stress was also related to hyperaerotolerance in the 522 present study, with HAT isolates, entirely consisting of C. jejuni, showed a significant high 523 tolerance to 4% NaCl exposure. This observation suggests that oxidative stress defense sys-524 tems may provide cross-protection against osmotic stress, and vice versa, which agrees with 525 a previous study reporting that exposure to 1% NaCl moderately upregulates genes associat-526 ed with oxidative stress response in *Campylobacter* (Cameron et al., 2012). However, no 527 association was documented in a similar recent study, in which the level of hyper-528 osmotolerance was variable depending on the isolate itself rather than the aerotolerance po-529 tential (Oh et al., 2019).

The high prevalence of HAT *Campylobacter* isolates in the current study might be a contributing factor, at least in part, to the abundance of *Campylobacter* in diverse animal, human, and environmental reservoirs in Egypt (Omara *et al.*, 2015; ElGendy *et al.*, 2018). Moreover, it is apparent that the increased aerotolerance is coupled with a tolerance to temperature shifts and high osmolarity, and a possible augmented action of oxidative stress defense enzymes decomposing PAA, which will give raise to increase transmission of multistress tolerant phenotypes.

537 It has been reported that microenvironments created within biofilms permit *Campylobac*-538 ter survival for long period of time under aerobic atmosphere conditions, providing physical 539 protection of cells from oxygen inactivation (Joshua, 2006). Indeed, in this study, biofilm 540 formation by Campylobacter significantly increased under aerobic conditions, with no sig-541 nificant differences in biofilm formation potential between C. jejuni and C. coli, contradict-542 ing previous reports stating that C. coli forms less biofilms on inert surfaces than C. jejuni 543 (Sulaeman et al., 2010). In addition, 95.7% of HAT Campylobacter isolates were found to 544 be SBPs under aerobic conditions and developed biofilms more efficiently than AT and AS 545 isolates. Thus, signifying that *Campylobacter* can thrive in hostile environments in biofilms 546 and highlights the role of oxidative stress as one of the signals that induce biofilm formation 547 in *Campylobacter*, therefore contributing to its dissemination and persistence in poultry houses and slaughter facilities. 548

549 In accordance with the current study that revealed isolates from generalist lineages (CC-550 21, CC-45, CC- 48, CC-206) showing a substantial tolerance to temperature variation, 551 disinfectant and high osmotic pressure, a recent genome wide association study demonstrat-552 ed that some major C. jejuni lineages (CC-21, CC-45) possess certain genetic determinants 553 of fitness, associated with tolerance to various pressures encountered through the poultry 554 processing chain (Yahara et al., 2017). Furthermore, isolates of generalist lineages exhibited 555 hyper-aerotolerance potential compared to isolates from other lineages. These findings are 556 in agreement with a previous study (Oh et al., 2015) highlighting the enhanced aerotoler-557 ance potential of CC-21 and CC-45, which are known to be the major CCs implicated in 558 human gastroenteritis (Nielsen et al., 2010; Colles and Maiden, 2012), while recently CC-48 559 isolates showing hyper-aerotolerance have been reported (Kiatsomphob et al., 2019). None-560 theless, and to the best of our knowledge, the aerotolerance potential of isolates from ST-561 206 CC has not been reported before.

562 The enhanced aerotolerance exhibited by generalist C. *jejuni* lineages in the current study might impact their potential for multi-host and foodborne transmission, which is further 563 564 augmented by the high ability to form biofilms, enabling their survival outside the host and 565 promoting their spread, as previously hypothesized (Woolhouse et al., 2001). Indeed, in the 566 present study, host generalist C. jejuni isolates had a higher biofilm formation potential and 567 produced more dense biofilms in oxygen-rich conditions than in oxygen-limited conditions, 568 with 61% and 98% of generalist C. jejuni isolates were SBPs under microaerobic and aero-569 bic conditions, respectively. Such an observation is consistent with a previous study show-

570 ing that production of biofilm increases the protection from aerobic stress in host general-

571 ist *C. jejuni* more than in other host specialist lineages (Pascoe *et al.*, 2015).

572 In conclusion, the results of this study provide an evidence that stress-adapted Campylobacter lineages can thrive better under various environmental stresses than other non-573 574 adapted lineages, whereas oxidative-stress defense responses were shown to be associated 575 with enhanced biofilm formation capabilities and with tolerance to various other stress conditions, likely due to "cross- protection" mechanisms. Our results show dominance of multi-576 577 stress resistant generalist isolates, which, together with the low biosecurity and presence of 578 backyard farming and small-scale livestock production in Egypt (El-Tras et al., 2015), can 579 provide opportunities for the multi-host spread of robust Campylobacter lineages. More im-580 portantly, they suggest that selective pressures encountered in hostile environments prevail-581 ing throughout food processing have shaped the epidemiology of C. jejuni in Egypt by selecting the transmission of highly adapted isolates, thus promoting the colonization of mul-582 583 tiple host species by important disease causing lineages and their transmission to humans 584 (Sheppard et al., 2009b; Yahara et al., 2017). Further studies will be crucial to elucidate the molecular determinants and assessing the transcriptome involved in stress or osmoregulation 585 586 among HAT, AT, and AS isolates which can subsequently lead to establishing efficient 587 measures to control the risk of *Campylobacter* in the food chain.

- 588
- 589 Abbreviation
- 590 Aero-Sensitive (AS)
- 591 Aero-Tolerant (AT)
- 592 Clonal Complexes (CCs)
- 593 Core genome Multilocus Sequence Typing (cgMLST)
- 594 Hyper-Aerotolerant (HAT)
- 595 Moderate Biofilm Producers (MBPs)
- 596 Mueller-Hinton (MH)
- 597 Multi-Locus Sequence Typing (MLST)
- 598 Optical Density at 600 nm (OD600)
- 599 Peracetic Acid (PAA)
- 600 Sequence Types (STs)
- 601 Strong Biofilm Producers (SBPs)
- 602 Weak Biofilm Producers (WBPs)
- 603
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- 608 Author Contributions
- 609 M.E., A.A.O. and S.K.S. designed the study and performed the phenotypic studies
- 610 S.F.M. wrote the paper with some additional edits from M.E and A.A.O.

- 611 J.K.C. and B.P. sequenced and assembled the genomes
- 612 S.F.M. and J.F.C. performed genomic data analysis.
- 613 J.F.C performed statistical analysis and phylogenetic tree construction with some additional
- 614 contribution from A.M.
- 615 M.E. contributed to the acquisition of samples.
- 616 All authors contributed and approved the final manuscript.
- 617
- 618 Conflict of Interest
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- 620
- 621 Footnotes
- 622 1. https://pubmlst.org/organisms/campylobacter-jejunicoli/
- 623
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858 Figure and Table legends

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Figure 1. Survival under stress conditions and biofilm formation ability of 70 HAT, 25 AT and 16 AS *Campylobacter* isolates. (A) Behavior under aerobic stress; (B) Growth in microaerobic conditions; (C) Biofilm formation under aerobic and microaerobic conditions; Tolerance to (D) refrigeration, (E) freeze-thaw, (F) heat, (G) PAA, and (H) NaCl stresses. Statistical significance was determined using the Wilcoxon test (ns: p > 0.05, $*p \le 0.05$, $**p \le 0.001$, $****p \le 0.001$, $****p \le 0.0001$).

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Figure 1. Survival under stress conditions and biofilm formation ability of 90 *C. jejuni* and 21 *C. coli* isolates. (A) Behavior under aerobic stress; (B) Growth in microaerobic conditions; (C) Biofilm formation under aerobic and microaerobic conditions; Tolerance to (D) refrigeration, (E) freeze-thaw, (F) heat, (G) PAA, and (H) NaCl stresses. Statistical significance was determined using the Wilcoxon test (ns: p > 0.05, $*p \le 0.05$, $**p \le 0.01$, $***p \le$ 0.001, $****p \le 0.0001$).

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Figure 2. Survival under stress conditions and biofilm formation ability of host generalist lineages (n=54) and other lineages (n=36) of *C. jejuni*. (A) Behavior under aerobic stress; (B) Growth in microaerobic conditions; (C) Biofilm formation under aerobic and microaerobic conditions; Tolerance to (D) refrigeration, (E) freeze-thaw, (F) heat, (G) PAA, and (H) NaCl stresses. Statistical significance was determined using the Wilcoxon test (ns: p > 0.05, *p \leq 0.01, ***p \leq 0.001, ****p \leq 0.0001).

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881 Figure 3. Phylogenetic trees for (A) 21 C. coli isolates and (B) 90 C. jejuni isolates, using 882 concatenated gene-by-gene alignments of polymorphic core genes (from cgMLST analysis) by the Neighbor-Joining method, the Jukes-Cantor substitution model and 1000 883 884 bootstrapping. A total of 525 and 320 core genome polymorphic genes were obtained for C. coli and C. jejuni, respectively. Bootstrapping values are indicated for each branch in blue 885 886 text. Isolate names were substituted by their Sequence Type (ST) whenever they are known 887 and kept for those isolates with unknown CC according to MLST analysis. Only ST-828 888 was found for C. coli isolates (indicated in the middle of the tree). (C) Summary of the available information on the isolates of C. coli, "C. jejuni generalist lineages" and "C. jejuni 889 890 specialist lineages" (columns): aerotolerance phenotypes are shown in rows and biofilm 891 formation ability under aerobic conditions is shown through the color code within the pie 892 charts. The size of the piecharts is proportional to the number of isolates belonging to each 893 category.

Figure S1: Comparison of survival rate under stress conditions and biofilm formation ability of 111 *Campylobacter* isolates based on the source of isolation. (A) Behavior under aerobic stress; (B) Growth in microaerobic conditions; (C) Biofilm formation under aerobic and microaerobic conditions; Tolerance to (D) refrigeration, (E) freeze-thaw, (F) heat, (G) PAA, and (H) NaCl stresses. Statistical significance was determined using the Wilcoxon test. (ns: $p > 0.05, *p \le 0.05, **p \le 0.01, ***p \le 0.001, ****p \le 0.0001$).

900

901 Table S1: Bacterial isolates characteristics of 111 *Campylobacter* isolates and their survival

902 rates under six stress conditions (aerobic stress, refrigeration, peracetic acid, freeze-thaw,

903 heat, and NaCl) and biofilm formation potential under aerobic and microaerobic conditions.

904

- 905 Table S2: Whole genome sequence assembly quality features of 111 Egyptian Campylobac-
- *ter* isolates.

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- Oxidative stress defense responses in *Campylobacter* are associated with enhanced biofilm formation capabilities
- Host generalist lineages are better equipped to withstand hostile environmental conditions favoring zoonotic transmission
- Multi-stress adapted *Campylobacter* isolates challenges efforts made to eliminate this foodborne pathogen from the food chain

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Declaration of interests

 \boxtimes The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: