

Eastern Illinois University

## The Keep

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Program Catalogs

Academy of Lifelong Learning

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Spring 2022

## Spring 2022 Program Guide

Academy of Lifelong Learning

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SPRING 2022  
**PROGRAM  
GUIDE**

**ACADEMY OF  
LIFELONG  
LEARNING**



EASTERN ILLINOIS UNIVERSITY™

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## SUPPORTING STAFF

Employees of the School of Extended Learning who are lifelong learners and work for the benefit of the Academy and our community:

- Melissa Meiners, Director, School of Extended Learning
- Marita Metzke, Program Director
- Debbie Meadows, Registration Coordinator
- Denise Harris, Office Manager
- Amanda Solis, Graphic Designer

## ACADEMY ADVISORY COUNCIL

The advisory council is composed of area community member volunteers who meet quarterly to provide guidance, direction, and support. We are most grateful for their service and promotion of adult learning in central Illinois.

**BONNIE BUCKLEY**

**DAN COUGILL**

**LOIS DICKENSON**

**DIANA GLOSSER**

**CHRIS HOUCHENS, CHAIR**

**AL JOYNER**

**JANET MESSENGER**

**MICHAEL MURPHY, CHAIR ELECT**

**DEANNA SMITH**

**TERRY SMITH**

**CAROLYN STEPHENS, PAST CHAIR**

**ANDREW WHITE**

**LUZ WHITTENBARGER**

**IF YOU ARE NOT WILLING TO LEARN, NO ONE CAN HELP YOU.**

## WELCOME TO 2022

New Year's Resolutions? Staying engaged and connected is at the top of my list for 2022. I hope you'll join our group of learners by trying some different programs as a gift to yourself. Perhaps this is the year you will take a class on campus through the EIU Academy Pass?

Good news! The Gallery Talks at the Tarble Arts Center are back and promise to awaken our ideas about art and how these artists interpret the world. Carole Collins-Ayanlaja also returns with a dynamic class on social justice – the series will definitely hone your ideas about our enormous cultural challenge.

Let's make this a year of investment in our learning and personal growth – we deserve this.



Program Director

## EIU ACADEMY PASS

The Academy of Lifelong Learning offers members the opportunity to take a traditional undergraduate course at EIU without tuition through EIU Academy Pass.

This is your opportunity to study most any subject you choose over a semester. Academy members may register for one audited college course per semester without tuition or campus fees. Our ability to place members in each course depends upon open seats, and EIU degree seeking students naturally come first.

## KEY POINTS

Registration is managed by Academy staff during the two weeks prior to each new semester and is based on seat availability.

- Individual instructors determine the level of involvement expected from students who are auditing a course.
- Your insights and observations are generally welcome, understanding there is a diverse group of students in each course.
- As an Academy Pass student, you will have the benefit of an EIU email account, and may be required to use the D2L platform.
- Your requests for specific courses will be accepted throughout the year by emailing us at: [academy@eiu.edu](mailto:academy@eiu.edu) and we will make every effort to accommodate your wishes.

**IF YOU ARE DETERMINED TO LEARN, NO ONE CAN STOP YOU.**  
- ZIG ZIGLAR

## BECOME A MEMBER

The Academy is a learning community sponsored by the School of Extended Learning at Eastern Illinois University. Learning with The Academy is open to any adult student.

### ACADEMY MEMBERSHIP PRICES

1 YEAR MEMBERSHIP	\$45
2 YEAR MEMBERSHIP	\$80
3 YEAR MEMBERSHIP	\$105



THERE IS NO POWER FOR CHANGE GREATER THAN A  
COMMUNITY DISCOVERING WHAT IT CARES ABOUT.

-MARGARET J. WHEATLEY

## MEMBERSHIP BENEFITS

- Academy Pass Admission
- Doudna Fine Arts Center discount for Premier Events
- EIU Bookstore 10% discount (non-technology)
- Campus Parking pass (on request) for on-campus Academy Events
- Many free educational programs
- Reduced Price for programs with a fee

For more information, visit us online at [eiu.edu/adulted/all.php](http://eiu.edu/adulted/all.php). Contact the School of Extended Learning at 217-581-5114 or email us at [academy@eiu.edu](mailto:academy@eiu.edu).

# DONATIONS

In the past, your donations have funded programs with authors and other speakers, marketed new opportunities, and provided needed equipment for presentations. We are grateful for those who have invested in the Academy in the past – you help sustain lifelong learning in east central Illinois.

The pandemic has shown us that lifelong learning has many benefits, as we saw the need for online courses and programs explode. The Academy was able to respond quickly, with training for staff and by offering a basic video conferencing class for learners new to the technology. Personal satisfaction, accomplishment and reducing loneliness are proven benefits for adults who choose to engage online or in person.

Donations to the EIU Foundation are tax deductible.

## ACADEMY OF LIFELONG LEARNING EIU FOUNDATION DONATION

I wish to make a donation in support of the EIU Academy of Lifelong Learning.

Name \_\_\_\_\_

Home Mailing Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

ZIP \_\_\_\_\_

Home Phone \_\_\_\_\_

Email Address \_\_\_\_\_

I WISH TO MAKE A DONATION IN THE AMOUNT OF

\$25    \$50    \$100    Other \$ \_\_\_\_\_

PLEASE APPLY MY DONATION TOWARD

Designated purpose \_\_\_\_\_

General fund in support of Academy programming

MY PAYMENT IS ENCLOSED

Check (payable to EIU Foundation) \_\_\_\_\_ CK# \_\_\_\_\_

M/C    Discover   Card# \_\_\_\_\_ CVV# \_\_\_\_\_

Visa    AMEX   Exp. Date \_\_\_\_\_ Total Charges \_\_\_\_\_

I authorize Eastern Illinois University to charge my credit card:

\_\_\_\_\_  
Cardholder Signature

# LEARNING

TUESDAY  
**JANUARY 11<sup>TH</sup>, 2022**

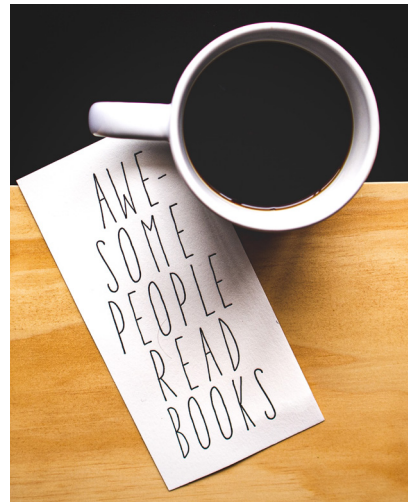
3:30–5 PM

*INSTRUCTOR MARITA METZKE*  
**EIU BUZZARD HALL  
ROOM 1103**

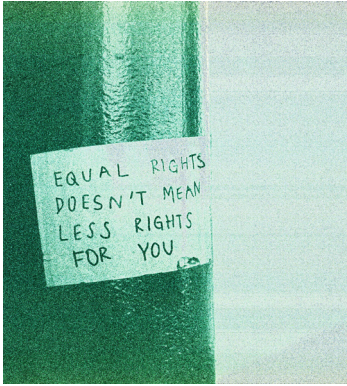
MAX OCCUPANCY 12  
**FREE AND OPEN TO THE PUBLIC**

## LITERARY DIVAS

What do you wish for from a book club? Fresh book recommendations? Conversations, questions and analysis of the books read? Discussions on cultures, characters, themes or history? This group **LOVES** to read a variety of genres and members contribute book title recommendations for each semester. We meet on alternate Tuesdays, discussing one book each meeting. We are limited to 12 participants - please call if you are interested in joining us.



# OPPORTUNITIES



## INQUIRING, IDENTIFYING, INTEGRATING, & INFLUENCING: SITUATING OURSELVES IN SOCIAL JUSTICE

Social Justice, what is it all about? Is it about rights? About opportunity? Treatment? We have heard it a lot lately as our nation continues to face issues of inequity that shake our consciousness as an American community and beyond.

The term evokes many understandings. The United Nations states “Social justice may be broadly understood as the fair and compassionate distribution of the fruits of economic growth”. Other leading organizations use terms like equal economic, political, social rights, and opportunities. Still others focus on personal responsibility and advocate for members of society to improve organizations and institutions by ensuring that fairness is established.

This class offers reflective thought, self-exploration, and interactive dialogue to explore ways in which we can live through our everyday lens to “get in where we fit in” as positive community members concerned about others. By looking at our belief systems, acknowledging how our ideas confer and differ, seeking to incorporate our understandings of justice, and activating our efforts, we can make changes that improve our society for all. We will discuss the Social Justice Standards and establish a personal paradigm for what it means to situate ourselves in social justice.

TUESDAYS

**JANUARY 18<sup>TH</sup>, 2022**  
**JANUARY 25<sup>TH</sup>, 2022**  
**FEBRUARY 1<sup>ST</sup>, 2022**

1:30–3 PM

INSTRUCTOR CAROLE COLLINS-AYANLAJA  
VIRTUAL

REGISTER BY **JANUARY 17<sup>TH</sup>, 2022**  
FREE AND OPEN TO THE PUBLIC

Please join us! Join Zoom Meeting  
<https://eiu.zoom.us/j/97946977071>



# BEHIND THE BEAUTIFUL DRESS

THURSDAY  
**JANUARY 20<sup>TH</sup>, 2022**  
2–3:30PM

INSTRUCTOR ERIKA HOLST  
**VIRTUAL**

REGISTER BY **JANUARY 19<sup>TH</sup>, 2022**  
FREE AND OPEN TO THE PUBLIC

Join Zoom Meeting  
<https://eiu.zoom.us/j/96120654580>

It is hard to overstate the role of textiles in early American life. For families, the making of textiles and clothing required countless hours of labor, and the purchase of textiles could consume a large portion of the household budget. For the nation, textiles drove the American pre-Civil War economy. They provided a money-making opportunity for a few and exploited the labor of countless others. This presentation will explore cloth and clothing production in the 19th century and textiles' impact on pre-Civil War life in Illinois.

The audience will learn the following:

- How the cotton economy impacted the home production of textiles
- How the cotton economy involved the entire United States
- How the ready-made clothing industry grew out of the American textile industry
- The labor involved in making and caring for 19th-century clothing

The presentation will highlight examples of garments and artifacts from the Illinois State Museum's collections. After the presentation, the audience will have the opportunity to ask questions and draw parallels between the 19th-century garment industry and today.



## CRYSTAL BOWL SOUND BATH

**JANUARY 18<sup>TH</sup>, 2022**  
**FEBRUARY 16<sup>TH</sup>, 2022**  
**MARCH 18<sup>TH</sup>, 2022**  
**APRIL 1<sup>ST</sup>, 2022**

5–6:30PM

*INSTRUCTOR TYNA LOAFMAN*  
**TARBLE ARTS CENTER**  
**2010 9<sup>TH</sup> ST.**  
**CHARLESTON, IL**

REGISTER BY  
**JANUARY 18<sup>TH</sup>, 2022**

FREE AND OPEN TO THE PUBLIC

Join us to experience a crystal bowl sound bath led by Tyna Loafman, scheduled to coincide with the cycles of the moon and support stillness, gratitude, and reflection. The Tarble will provide a few meditation cushions and chairs on a first-come, first-served basis. You may bring your own yoga mat or cushion to sit on and a sweater for warmth. You are invited to arrive between 5–5:15pm to get settled. Doors will be locked and the sound bath will begin promptly at 5:30pm and last for approximately 45 minutes. No prior experience is necessary, and all are welcome.

Registration required at  
The Tarble Programs webpage:  
<https://www.eiu.edu/tarble/programs.php>



## COMMUNITY LEADERS FOR SAFETY

**THURSDAY**  
**FEBRUARY 10<sup>TH</sup>, 2022**  
2:00–3:00PM

*INSTRUCTOR LT. JORDAN PHILPOTT*  
**FIRE STATION #2**  
**1510 A ST.**  
**CHARLESTON, IL**

REGISTER BY  
**FEBRUARY 9<sup>TH</sup>, 2022**

FREE AND OPEN TO THE PUBLIC

The Charleston Fire Department is proud to welcome the Academy of Lifelong Learning to Charleston Fire Station 2. The goal is to provide a more in-depth conversation about what exactly firefighters and paramedics do for our community. Topics covered will include Firefighting, EMS, Rescue, Hazardous Material and Technical Rescue roles, as well as other roles they hold in the community. They will also be providing further education on prevention, and how to properly handle emergencies before help arrives.

## MANAGING SUGAR IN YOUR DIET

TUESDAY  
FEBRUARY 15TH, 2022

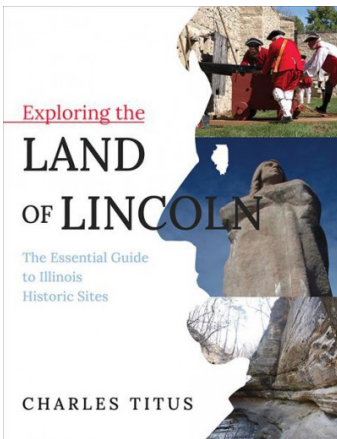
1-2:30 PM

INSTRUCTOR MELANIE BURNS  
EIU KLEHM HALL  
ROOM 2309

REGISTER BY  
FEBRUARY 10TH, 2022

MAX OCCUPANCY 24  
FREE AND OPEN TO THE PUBLIC

Did the holiday sugar rush weigh you down? Is it time to re-set your sugar levels with a few low-calorie sweeteners? In this interactive session, you will learn about the different types of low-calorie sweeteners, their differences and similarities, and how to incorporate them into a healthy diet. You will have the opportunity to taste a variety of foods made with varying low-calorie sweeteners. This educational program is funded by a grant provided by PepsiCo Health & Nutrition Sciences.



WEDNESDAY  
FEBRUARY 16TH, 2022

1-2:30 PM

INSTRUCTOR CHARLIE TITUS  
CHARLESTON CARNEGIE  
PUBLIC LIBRARY  
6TH & VAN BUREN AVE.  
CHARLESTON, IL

REGISTER BY  
FEBRUARY 15TH, 2022

FREE AND OPEN TO THE PUBLIC

## EXPLORING THE LAND OF LINCOLN

Published by the University of Illinois Press, Exploring the Land of Lincoln is a unique Illinois history-Illinois travel guide combination. The book invites readers to journey through the state's history by means of the Prairie State's most extraordinary historic sites. It includes chapters on Cahokia Mounds, Starved Rock, Lincoln's New Salem, Vandalia State House, Nauvoo, Old State Capitol, Lincoln Log Cabin, Bishop Hill, Reuben Moore Home, Thomas Lincoln Cemetery, Lincoln Tomb, Eternal Indian Statue, and Chicago's South Side Community Art Center. Charles Titus is an emeritus member of the History Department at Eastern Illinois University where he taught, among other courses, Illinois history. He will be happy to answer questions following the event.



## CHILDPROOFING IS NOT JUST FOR KIDS!: SAFE STORAGE OF MEDICATIONS AND FIREARMS TO PROTECT SENIORS

WEDNESDAY  
**FEBRUARY 23<sup>RD</sup>, 2022**  
1–2:30PM

*INSTRUCTORS AMANDA FEDER  
AND BONNIE LAUGHLIN-SCHULTZ*

### LIFESPAN

11021 E CO RD 800 N,  
CHARLESTON, IL

REGISTER BY  
**FEBRUARY 22<sup>ND</sup>, 2022**

FREE AND OPEN TO THE PUBLIC

Parents of babies and toddlers often talk about “childproofing” a home, but statistics tell us that home safety is not just a matter for parents of small children and instead is something we all should consider -- perhaps especially those in the senior population. This presentation will focus on the particular dangers that unsecured firearms and prescription medications pose in the homes of seniors, with dementia or other issues. The importance of safe storage of medication and firearms for seniors will be highlighted with practical tips on how both can be secured. This presentation draws on material from Veterans’ Affairs, Doctors for America, and the public education Be SMART campaign (focusing on the importance of safe storage of firearms in homes with children).



## FRAUD, BANKING AND YOUR SAFETY

FRIDAY  
**FEBRUARY 25<sup>TH</sup>, 2022**  
10–11AM

*INSTRUCTOR KACIE RANKIN*

### VILLAS OF HOLLY BROOK

738 18<sup>TH</sup> ST,  
CHARLESTON, IL

REGISTER BY  
**FEBRUARY 24<sup>TH</sup>, 2022**

FREE AND OPEN TO THE PUBLIC

Kacie Rankin, branch manager for Peoples Bank & Trust, will present on Identity Theft and Consumer Fraud Schemes. Kacie will share details about how to protect yourself and what to do if you have been a victim of identity theft. She will also inform you about the current fraudulent schemes that scammers are using today. Join us for coffee & treats.

FRIDAY  
**FEBRUARY 25<sup>TH</sup>, 2022**  
2–3:30PM

*INSTRUCTORS RAFAEL E. VERA  
AND VICTOR MARQUEZ-BARRIOS*

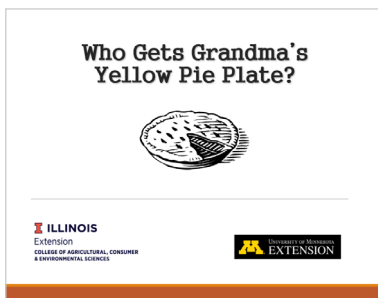
**TARBLE ARTS CENTER**  
2010 9<sup>TH</sup> ST.  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

## ART SPEAKS!

Artists-in-residence Rafael E. Vera and Victor Marquez-Barrios will give an afternoon lecture on their interdisciplinary collaborations as visual artist and composer, respectively.

Registration required  
at The Tarble Programs webpage:  
<https://www.eiu.edu/tarble/programs.php>



THURSDAY  
**MARCH 10<sup>TH</sup>, 2022**  
2–3:30PM

*INSTRUCTOR CHERI BURCHAM*  
**LIFESPAN**  
11021 E CO RD 800 N,  
CHARLESTON, IL

REGISTER BY  
**MARCH 9<sup>TH</sup>, 2022**

FREE AND OPEN TO THE PUBLIC

## WHO GETS GRANDMA'S YELLOW PIE PLATE?

Grandma's Yellow Pie Plate is a strategy that focuses on helping people to consider their non-titled property, and the best ways to start sharing those with family or friends. It will help family members understand and address common decision making obstacles when passing on personal possessions, while recognizing the sensitivity of these choices. Different options and consequences will be shared. This program was developed in 2019 by Marlene S. Stum, specialist in family social issues.



## CALMED: A VETERAN'S MISSION

Author and army veteran, Jennifer Hobbs, has built a rich life after difficult childhood circumstances, consuming military service, and a personal medical crisis. She became determined to change her feelings of being unhappy and hopeless through writing. Her prose resulted in the book, "Calmed", which contributed to her own healing. She soon identified others who needed help with their own recovery from life circumstances. Her new journey is a mission to help veterans and their families, and others who have struggled with trauma. You will hear about her journey, her writing, and what she learned about surviving and thriving with compassion and humor.

WEDNESDAY  
**MARCH 23<sup>RD</sup>, 2022**  
12-1:30PM

INSTRUCTOR *JENNIFER HOBBS*  
**CHARLESTON  
PUBLIC LIBRARY**  
6<sup>TH</sup> ST & VAN BUREN AVE,  
CHARLESTON, IL

REGISTER BY  
**MARCH 22<sup>ND</sup>, 2022**

FREE AND OPEN TO THE PUBLIC



## FACE IT: FABRIC PORTRAITS

Draw, cut, collage, stitch and sew to create a whimsical portrait, self-portrait, or maybe your alter ego. In this workshop we will walk through basic facial proportions and features, sketch a whimsical portrait, cut pieces from fabric, fuse, then stitch using raw edge appliqué on the sewing machine.

SATURDAY  
**MARCH 26<sup>TH</sup>, 2022**  
9AM-3PM

INSTRUCTOR *JAMIE WILLIS*  
**MATTOON  
TRAIN STATION**  
LONE ELM ROOM  
MAXIMUM 12

COST PER PERSON: **\$25**

REGISTER BY  
**MARCH 11<sup>TH</sup>, 2022**

The finished piece can wrap a canvas, hang as an art quilt, or become a pillow. The \$25 fee will be collected by check, cash, or electronic payment card on 3/26/2022. Registration is required by 3/11/2022. Basic supply list will be sent upon registration. We'll break briefly for lunch; please plan to bring a sack lunch or pop out for a snack. Event sponsored by Coles County Arts Council.

## TAI CHI

MONDAY AND WEDNESDAY  
**MARCH 28<sup>TH</sup>, 2022**  
**THROUGH**  
**APRIL 13<sup>TH</sup>, 2022**  
4:30–5:30 PM

*INSTRUCTOR SUSAN COFFMAN*  
KIWANIS PARK DIVISION & JACKSON ST.  
CHARLESTON, IL

REGISTER BY  
MARCH 22<sup>ND</sup>, 2022

MEMBERS: \$22  
NON-MEMBERS: \$25

Tai Chi is a Chinese martial art whose smooth, elegant movements are reminiscent of dance. Slow, repetitive movements enhance mind-body focus, balance and coordination. Breath and harmony are significant concepts in effective tai chi. Healthcare providers continue to recommend this gentle exercise for increased joint flexibility, muscle strength, balance and heart health. A mix of basic and intermediate movements will be practiced. Mondays and Wednesdays March 28th, 2022 - April 13th, 2022.



## BRAIN HEALTH: LIVING BETTER AS WE AGE

This 90-minute session including question and answers will explore what makes up the brain - the complex center of the human being (i.e., what makes us who we are). We will briefly survey basic anatomy, physiology and brain function. We will discuss common changes involved in the aging brain as well as diseases that cause deterioration of the brain. These diseases may cause loss of physical and mental health. Topics include dementia (memory loss), stroke, traumatic brain injury, anxiety and depression, and scientifically proven ways to prevent and treat them.

THURSDAY  
**MARCH 31<sup>ST</sup>, 2022**  
1:30–3 PM

*INSTRUCTOR DR. GARY MIKEL*  
**CHARLESTON**  
**PUBLIC LIBRARY**  
6TH ST & VAN BUREN AVE,  
CHARLESTON, IL

REGISTER BY  
MARCH 30<sup>TH</sup>, 2022

FREE AND OPEN TO THE PUBLIC

## FIELD TRIP: LOVELL SHOE REPAIR

THURSDAY  
**APRIL 14<sup>TH</sup>, 2022**  
9–10 AM

*INSTRUCTOR JANE LOVELL  
& WES DAVIS*  
610 7<sup>TH</sup> ST.  
CHARLESTON, IL

REGISTER BY  
**APRIL 13<sup>TH</sup>, 2022**

FREE AND OPEN TO THE PUBLIC

This traditional shoe repair shop opened in 1979 and has saved untold pairs of shoes, boots, and purses from the bottom of closets. Lovell's work extends beyond shoes to include jeep doors, tarps, and camera bags. You will learn what equipment they use and some tricks of the leathersmithing trade, while you enjoy the smells of a working leather business.



## GALLERY TALKS: 2022 EIU MASTER OF ARTS IN STUDIO ART EXHIBITION

FRIDAY  
**APRIL 15<sup>TH</sup>, 2022**  
**APRIL 22<sup>ND</sup>, 2022**  
**APRIL 29<sup>TH</sup>, 2022**  
**MAY 6<sup>TH</sup>, 2022**  
12–1 PM

*EIU MA STUDENTS*  
**TARBLE ARTS CENTER**  
2010 9<sup>TH</sup> ST.  
CHARLESTON, IL

FREE AND OPEN TO THE PUBLIC

The Tarble will once again host Gallery Talks every Friday from 12-1 pm during the run of the 2022 EIU Master of Arts in Studio Art Exhibition—April 15, April 22, April 29, and May 6, 2022. In each session, exhibiting MA candidates will present and discuss their work on view. This event is free and open to the public. Registration will be required through the Tarble Programs page: <https://www.eiu.edu/tarble/programs.php>



FRIDAY  
**APRIL 22<sup>ND</sup>, 2022**  
9–10:30AM

INSTRUCTOR *KEEGAN PAYNE*  
**DOUGLAS-HART  
NATURE CENTER**  
2204 DEWITT AVE E,  
MATTOON, IL

REGISTER BY  
**APRIL 21<sup>ST</sup>, 2022**

FREE AND OPEN TO THE PUBLIC



WEDNESDAY  
**APRIL 27<sup>TH</sup>, 2022**  
1:30–3PM

INSTRUCTOR *KATHRYN BULVER*  
**DOUGLAS-HART  
NATURE CENTER**  
2204 DEWITT AVE E,  
MATTOON, IL

REGISTER BY  
**APRIL 26<sup>TH</sup>, 2022**

FREE AND OPEN TO THE PUBLIC

## BIRDING BY EAR

Spring is here and the birds are singing! But just which birds are they? Come along on a crash-course in birding by ear with a Douglas-Hart Nature Center naturalist. Tips, tricks, and resources will be shared for identifying the calls of common backyard birds, as well as some migrating songbirds. Additionally, the class will include an easy-going bird hike through the nature center property for hands-on practice.



## WILD ABOUT WILDFLOWERS: NATIVE SPRING EPHEMERALS

Early-blooming perennial woodland wildflowers are one of the first signs of spring and provide critical support to early-emerging pollinators. They can also be an attractive addition to the home landscape.

Join Prairie's Edge Master Naturalist, Kathryn Bulver, to learn what is and what isn't a spring ephemeral, where to look for them, and what is unique about them. We'll start things off with a short introductory presentation, then take a walk through the woods for an in-person look at a variety of species that may include bloodroot, spring beauties, trout lilies, trilliums, native violets, Virginia bluebells, and more!

# ART EXPRESS @ THE DEPOT

THURSDAY, FRIDAY, SATURDAY  
**APRIL 28<sup>TH</sup>, 2022**  
**THROUGH**  
**APRIL 30<sup>TH</sup>, 2022**

*INSTRUCTORS REBECCA MARCUSSEN,  
JAN VONBOKEL, AND JAMIE WILLIS*

**COST PER PERSON: \$175**

**REGISTER BY  
APRIL 1<sup>ST</sup>, 2022**



Registration is through SIAW the form on Facebook or available by email: [sillartwkshop@gmail.com](mailto:sillartwkshop@gmail.com). Cost \$175 per person. Payment is by check only to SIAW, due by April 1. Examples of the work of all instructors are on the web and Facebook. The minimum age for participants is 16. More detailed information, instructor contacts, and supply lists will be provided upon registration.

The Southern Illinois Art Workshop, with the Mattoon Arts Council, is coming to Mattoon with 3 workshops for area artists. SIAW has been offering quality art retreats for almost 50 years!

Art Express includes Thursday evening to meet instructors & peers, two days of instruction (with catered lunches) and a guaranteed seat at the Friday night lecture "Marketing Your Art" with artist Kirby Pringle. Pringle will talk about how to use social media like Facebook, Twitter, and YouTube, as well as ways to sell your artwork using an online presence like Etsy, eBay and Square.

## **WORKSHOP 1:** *SOFT PASTELS WITH REBECCA MARCUSSEN*

Day one will concentrate on Illinois landscapes/townscapes on sanded paper with alcohol underpaintings. Day two, students will work on a Clairfontaine Pastel Mat as a substrate to produce still life works with fine detail. Class size limited to 12.

## **WORKSHOP 2:** *PRINTMAKING WITHOUT A PRESS: FOLK ANIMALS WITH JAMIE WILLIS*

Students will cut relief blocks from linoleum and Soft Cut material to print one-color prints suitable for artists' books, art quilts, art prints, etc. A brief history of printmaking, techniques for image transfers, and a discussion of non-toxic supplies are included. Class size limited to 12.

## **WORKSHOP 3:** *NO FEAR PAINTING BY JAN VONBOKEL*

This mixed media/collage painting class will explore intuitive methods to paint. Application of hand painted/inked papers to both large (24 x 36) and smaller acrylic paintings will produce stunning abstract works of art. Class size limited to 10.

## ORPHAN TRAIN MOVEMENT



Imagine, an estimated 250,000 children finding new homes, leaving urban New York for the Midwest countryside. For nearly 75 years, orphaned, abandoned and homeless children were brought to homes in rural U.S. communities for a better life and future, riding the Orphan Train. The Orphan Train was a component of social reform movements that grew from Charles Loring Brace's passion for children, and his desire to aid families. The train was part of the evolution of documented foster care in the U.S. Learn more about the movement and the Orphan Train Museum in Concordia, Kansas. Did you have an ancestor who rode the train?

WEDNESDAY  
**MAY 11<sup>TH</sup>, 2022**  
1:30–3 PM

INSTRUCTOR DIANA GLOSSER  
**CHARLESTON CARNEGIE  
PUBLIC LIBRARY**  
6<sup>TH</sup> ST & VAN BUREN AVE,  
CHARLESTON, IL

REGISTER BY  
**MAY 10<sup>TH</sup>, 2021**

FREE AND OPEN TO THE PUBLIC

doudna  
FINE ARTS CENTER



## BOB SHEPPARD

For more than four decades, the multi-instrumentalist, Bob Sheppard, has played on countless sessions with an astounding crop of A-list-jazz giants - among them Chick Corea, Freddie Hubbard, Michael and Randy Brecker, Mike Stern, Herbie Hancock, Kurt Elling, Dianne Reeves, Lyle Mays, John Beasley, and Steps Ahead - and artists within several other genres. He's also recorded and toured as a leader, contributed to hundreds of movie and TV soundtracks, and served as an educator.

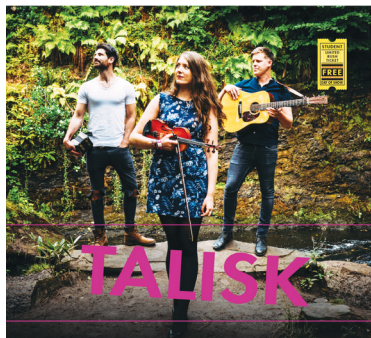
FRIDAY  
**FEBRUARY 4<sup>TH</sup>, 2022**  
7:30 PM

THE DOUDNA DVORAK  
CONCERT HALL

1860 S. NINTH ST.  
CHARLESTON, IL

MEMBERS: \$12.00  
SENIORS: \$15.00  
NON-MEMBERS: \$20.00

REGISTER BY  
JANUARY 28<sup>TH</sup>, 2022



## TALISK

One of Scotland's most popular folk-based groups to emerge in the last decade, Talisk has toured the world stacking up major awards for their energetic, yet artfully woven sound, including Folk Band of the Year at the BBC Alba Scots Trad Music Awards, a BBC Radio 2 Folk Award, and the Belhaven Bursary for Innovation. Mohsen Amini (BBC Radio 2 Folk Awards' Musician of the Year 2018), Hayley Keenan and Graeme Armstrong fuse concertina, fiddle and guitar to produce a groundbreaking, multi-layered and instantly enthralling signature sound that has captivated audiences around the globe.

THURSDAY  
**FEBRUARY 17<sup>TH</sup>, 2022**  
 7:30PM

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REGISTER BY  
**FEBRUARY 10<sup>TH</sup>, 2022**



## THE VISITOR

This collaborative performance by a composer and a visual artist is a reactive dialogue between body, sound, and space. Aleatory music composed for the bass clarinet and marimba creates sound that is unique to the present moment and dependent on chance and spontaneity. Inspired by the Japanese Butoh dance tradition, a performer's body becomes a vessel for motion and form. The slow and unsettling unfolding - which is informed as much by empty space and silence as Marquez-Barrios' and Vera's identities as immigrants in a lineage of immigrants - positions the human condition as one of futility, impermanence, and beauty. No charge - tickets required.

SATURDAY  
**FEBRUARY 26<sup>TH</sup>, 2022**  
 7:30PM

### THE DOUDNA BLACK BOX THEATER

1860 S. NINTH ST.  
 CHARLESTON, IL

REGISTER BY  
**FEBRUARY 18<sup>TH</sup>, 2022**

FREE AND OPEN TO THE PUBLIC



## LITTLE WOMEN: THE BROADWAY MUSICAL

Based on Louisa May Alcott's life, Little Women follows the adventures of sisters Jo, Meg, Beth and Amy March. Jo is trying to sell her stories for publication, but the publishers are not interested – her friend, Professor Bhaer, tells her that she has to do better and write more from herself. Begrudgingly taking this advice, Jo weaves the story of herself and her sisters and their experience growing up in Civil War America.

THURSDAY  
**MARCH 3<sup>RD</sup>, 2022**

FRIDAY  
**MARCH 4<sup>TH</sup>, 2022**

SATURDAY  
**MARCH 5<sup>TH</sup>, 2022**

7:30 PM

SUNDAY  
**MARCH 6<sup>TH</sup>, 2022**

2:00 PM

### THE DOUDNA THEATER

1860 S. NINTH ST.  
CHARLESTON, IL

MEMBERS: \$12.00  
SENIORS: \$15.00  
NON-MEMBERS: \$20.00

REGISTER BY  
FEBRUARY 22<sup>ND</sup>, 2022

## THE REMINDERS

THURSDAY  
**MARCH 10<sup>TH</sup>, 2022**  
7:30PM

### THE DOUDNA DVORAK CONCERT HALL

1860 S. NINTH ST.  
CHARLESTON, IL

MEMBERS: **\$12.00**  
SENIORS: **\$15.00**  
NON-MEMBERS: **\$20.00**

REGISTER BY  
**MARCH 3<sup>RD</sup>, 2022**

The Reminders are a rare musical duo seamlessly blending soulful sounds and roots music with insightful messages and thoughtful lyrics. The group consists of Brussels-born emcee Big Samir and Queens-born emcee/vocalist Aja Black, a collective creative force that's hard to beat. Big Samir weaves intricate rhythmic patterns with a bilingual French/English flow, displaying his street-smart credibility in both his lyrics and cool demeanor. This is beautifully complimented by Aja Black's confident delivery, diverse cadences and unique vocal stylings. The two have an undeniable magical chemistry; the couple shares a partnership in both music and life as Samir and Aja have been married for almost a decade.



**LAS CAFETERAS**

THURSDAY  
**APRIL 7<sup>TH</sup>, 2022**  
7:30PM

### THE DOUDNA DVORAK CONCERT HALL

1860 S. NINTH ST.  
CHARLESTON, IL

MEMBERS: **\$12.00**  
SENIORS: **\$15.00**  
NON-MEMBERS: **\$20.00**

REGISTER BY  
**MARCH 31<sup>ST</sup>, 2022**



**THE REMINDERS**

## LAS CAFETERAS

Born and raised east of the Los Angeles River, Las Cafeteras are remixing roots music and telling modern day stories of Latino and immigrant lives. Using traditional Son Jarocho instruments like the jarana, requinto, quijada (donkey jawbone), and tarima (a wooden platform), Las Cafeteras sing in English, Spanish, and Spanglish, melding styles from rock to hip-hop to rancheras. Las Cafeteras use music as a vehicle to build bridges among different cultures and communities and create "a world where many worlds fit."

# MEMBERSHIP/COURSE REGISTRATION

Please complete both sides of this form if printed.

Name \_\_\_\_\_

Home Mailing Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_

ZIP \_\_\_\_\_

Home Phone \_\_\_\_\_

Email Address \_\_\_\_\_

**MEMBERSHIP DUES** (NON-REFUNDABLE) Memberships run from Sept. 1 through Aug. 31.

**Member 1**    1 Year - \$45    2 Year - \$80    3 Year - \$105

**Member 2**    1 Year - \$45    2 Year - \$80    3 Year - \$105

Please make your workshop selections using the checklist on the reverse of this form. When registering multiple persons, add the number of attendees for each event you've selected and list their names below:

## ADDITIONAL ATTENDEES

Guest #1 Name: \_\_\_\_\_

Guest #2 Name: \_\_\_\_\_

Guest #3 Name: \_\_\_\_\_

**PAYMENT INFORMATION:** Total Cost for My Workshop Choices:

Cash                       M/C                       Visa                       Discover

Check (payable to EIU)                      Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ Sec. Code \_\_\_\_\_

I authorize Eastern Illinois University to charge my credit card:

\_\_\_\_\_ Total Charges:

Cardholder Signature

**Please mail your completed registration form with payment to the return address on the back.**





# SPRING 2022 OPPORTUNITIES & PRICES

(X)	# ATTENDING	DATE	EVENT NAME	MEMBER	NON-MEMBER
		2/4/22 (F)	* Bob Sheppard	\$12	\$20 (\$15 SR)
		2/17/22 (TH)	* Talisk	\$12	\$20 (\$15 SR)
		2/26/22 (S)	* The Visitor		
		3/3/22 +	* Little Women: The Broadway Musical	\$12	\$20 (\$15 SR)
		3/10/22 (TH)	* The Reminders	\$12	\$20 (\$15 SR)
		4/7/22 (TH)	* Las Cafeteras	\$12	\$20 (\$15 SR)
		1/11/22 (T) +	Literary Divas		
		1/18/22 (T) +	Inquiring, Identifying, Integrating, and Influencing: Situating Ourselves in Social Justice		
		1/18/22 (T) +	Crystal Bowl Sound Bath		
		1/20/22 (TH)	Behind the Beautiful Dress		
		2/10/22 (TH)	Community Leaders for Safety		
		2/15/22 (T)	Managing Sugar in Your Diet		
		2/16/22 (W)	Exploring the Land of Lincoln		
		2/23/22 (W)	Childproofing is Not Just for Kids!: Safe Storage of Medications and Firearms to Protect Seniors		
		2/25/22 (F)	Fraud, Banking and Your Safety		
		2/25/22 (F)	Art Speaks!		
		3/10/22 (TH)	Who Gets Grandma's Yellow Pie Plate?		
		3/23/22 (W)	CALMED: A Veteran's Mission		
		3/26/22 (S)	# Face It: Fabric Portraits	\$25	\$25 (\$25 SR)
		3/28/22 (M/W) +	Tai Chi	\$22	\$25
		3/31/22 (TH)	Brain Health: Living Better As We Age		
		4/14/22 (TH)	Field Trip: Lovell Shoe Repair		
		4/15/22 (F) +	Gallery Talks: 2022 EIU Masters of Arts in Studio Art Exhibition		
		4/22/22 (F)	Birding by Ear		
		4/27/22 (W)	Wild About Wildflowers: Native Spring Ephemerals		
		4/28/22 +	# Art Express @ the Depot	\$175	\$175
		5/11/22 (W)	Orphan Train Movement		

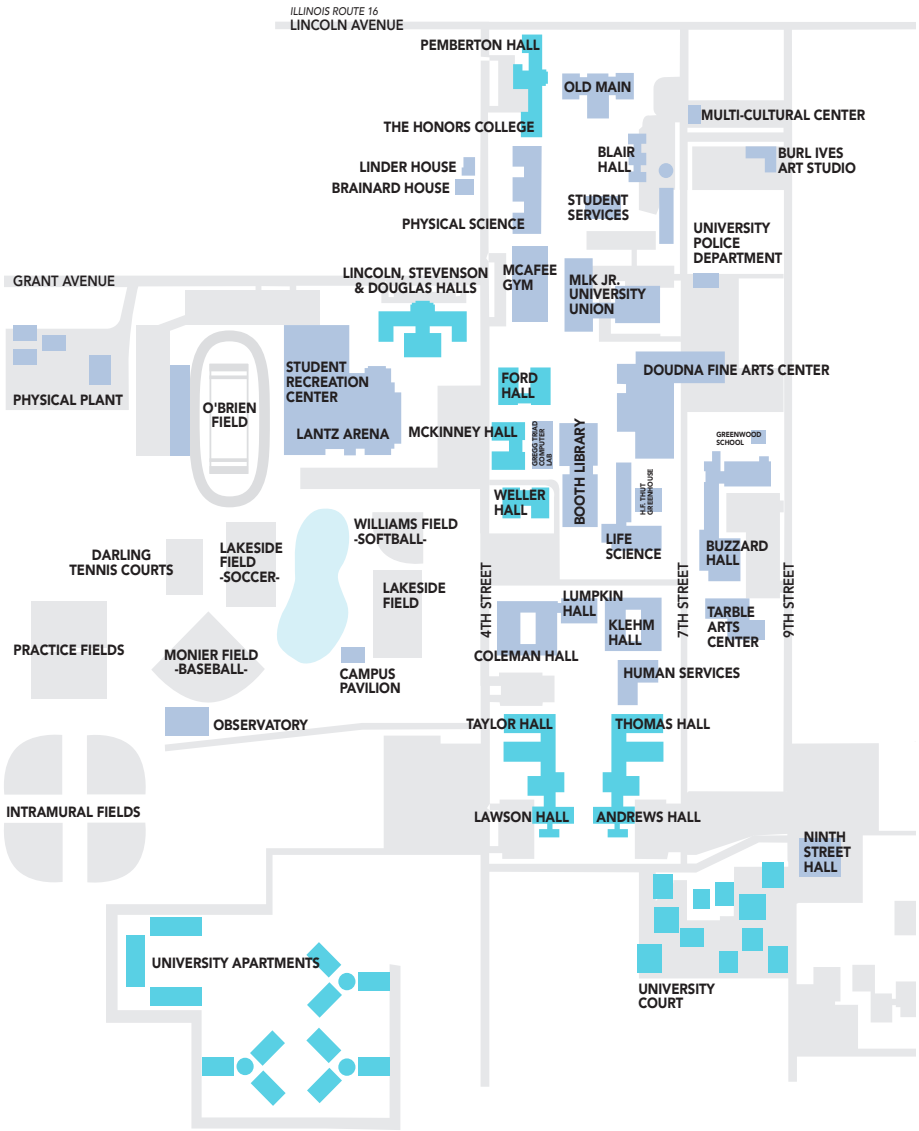
\* Doudna Events + Multiple Dates (See event description for details.) # Payable to Outside Business

Workshop Choices \$ \_\_\_\_\_

Tax Deductible Donation \$ \_\_\_\_\_

Grand Total \$ \_\_\_\_\_

# EIU CAMPUS MAP



- Parking/Streets
- Residential
- Academic/Instructional

Detailed campus maps are available for print or web viewing at [EIU.EDU/MAP](http://EIU.EDU/MAP).



**ACADEMY OF  
LIFELONG LEARNING**

**MARITA METZKE**  
PROGRAM DIRECTOR

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**(217)581-5114**



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UNIVERSITY**



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LIFELONG LEARNING**