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### The frontotemporal syndrome of ALS

*Profile, screening and progression*

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# The frontotemporal syndrome of

# ALS

## Profile, screening and progression



Emma Beeldman

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## Profile, screening and progression

### ACADEMISCH PROEFSCHRIFT

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aan de Universiteit van Amsterdam  
op gezag van de Rector Magnificus  
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# 1

**Introduction**

Motor neuron disease (MND), consisting of amyotrophic lateral sclerosis (ALS), progressive muscular atrophy (PMA) and primary lateral sclerosis (PLS), is a relentlessly progressive disease in which central and/or peripheral motor neuron degeneration leads to atrophy and muscle weakness, including respiratory and bulbar dysfunction. Death follows within 3 to 5 years from symptom onset in ALS, mostly as a result of respiratory insufficiency.<sup>1</sup> The disease course of PMA and especially PLS is less progressive.<sup>2</sup> In the Netherlands, approximately 1,500 people are suffering from ALS.<sup>3</sup> To date there is no cure and the only available drug in the Netherlands ( Riluzole) extends life with 3 months.<sup>4</sup> Current treatment strategies are therefore based on physical and mental support and advance care planning.<sup>5</sup> In the Netherlands, multidisciplinary care for MND patients is coordinated by the Rehabilitation Medicine departments in specialized MND centers. Patients with severe respiratory insufficiency are offered non-invasive ventilation and patients with swallowing problems can opt for percutaneous endoscopic gastrostomy. The research presented in this thesis will focus on ALS, as this is the most frequent variant of MND.

### **ALS and frontotemporal dementia**

In the past, ALS was considered to be a pure motor neuron disease in which other brain structures, such as those associated with cognition and behaviour, are not affected. However, the last decades it has become clear that a disease continuum exists with ALS and frontotemporal dementia (FTD) on both ends.<sup>6</sup> <sup>7</sup> Approximately 10 percent of ALS patients have or develop the behavioural variant of FTD (bvFTD).<sup>8</sup> BvFTD is characterized by progressive character changes: patients become disinhibited or apathetic and show a lack of empathy and disease insight.<sup>9</sup> Cognitive impairment can occur in bvFTD but is not an essential feature for the diagnosis.<sup>9</sup> When present, cognitive deficits are mostly seen in the domains social cognition, executive functions and language.<sup>9</sup> The overlap between ALS and FTD has been established clinically, but is also supported by genetic findings. In 2011, a hexanucleotide repeat expansion was discovered on the chromosome 9 open reading frame 72 (C9orf72) gene which is responsible for up to 40% of familial ALS and bvFTD cases.<sup>10, 11</sup> Other mutations (TAR DNA-binding protein (TDP43), superoxide dismutase 1 (SOD1) and RNA binding protein Fused in Sarcoma (FUS)) account for an extra 30% of familial ALS and FTD cases.<sup>1</sup> Brain imaging abnormalities and pathological changes in the frontotemporal lobes in a proportion of patients with ALS further support the existence of an ALS-FTD disease continuum.<sup>12, 13</sup>

### **Cognitive and behavioural impairment in ALS**

Although only a small proportion (~10%) of ALS patients develops frontotemporal dementia, a larger group, approximately 30-60% has mild cognitive or behavioural impairment.<sup>14-16</sup> Examining cognitive and behavioural

impairment in ALS patients poses multiple problems. Due to motor impairment and speech disturbances, cognitive tests might be difficult to complete and the interpretation of results can be hampered. This could lead to an overestimation of cognitive impairment.<sup>17, 18</sup> Also, examining cognition requires a lengthy neuropsychological examination administered by a neuropsychologist, which is not available in every clinic. Behavioural impairment can be overestimated as immobility might be mistaken for apathy, and grief might lead to more withdrawn behaviour. Behaviour is typically explored in an in-depth interview with a proxy, which can be emotionally confronting. Therefore, adapted screening instruments for both cognitive and behavioural impairment, which are concise and possibly less confronting, are necessary.

Even though mild cognitive and behavioural impairment is harder to detect than frank bvFTD, it could have significant consequences. First, ALS-FTD patients are less compliant with therapy and therefore experience more difficulties with adherence to life-prolonging therapies, such as non-invasive ventilation.<sup>19</sup> However, it is not yet known whether this also applies to patients with mild cognitive or behavioural impairment. If so, this could negatively affect survival in this subpopulation. Second, cognitive and behavioural impairment negatively influences caregiver burden and quality of life of the caregiver. However, the influence on quality of life of the patient it not yet clarified.<sup>19</sup>

Hence, the consequences of mild cognitive and behavioural impairment in ALS are not yet clear. Another complex and unresolved issue is the course of mild cognitive and behavioural impairment. It is assumed to be a precursor of full-blown FTD, but this has not been consistently found.<sup>14, 20-25</sup> It is important to obtain a better understanding of the course of cognitive and behavioural impairment, not only for information supply to the patient and caregiver, but also to adjust supportive treatment strategies and advance care planning. It could also contribute to unravelling the pathophysiology of ALS.

The diverse estimates of the frequency and the scarcity of information on the course of cognitive and behavioural impairment in ALS, in combination with the lack of valid screening methods has led to the research presented in this thesis.

### **Aims of this thesis**

The main aim of this thesis was to develop tools for the detection of cognitive and behavioural impairment in ALS. The secondary aim was to investigate the



frequency, profile and course of cognitive and behavioural impairment in ALS patients.

These aims resulted in the following research questions:

1. What is the cognitive profile of ALS and is this similar to the cognitive profile of bvFTD?
2. Which behavioural changes most frequently occur in ALS?
3. How can we screen for cognitive and behavioural impairment in ALS patients, avoiding bias from motor and speech disturbances?
4. Are cognitive and behavioural impairment progressive in ALS and what is the impact on survival?

## Outline and hypotheses

### Part 1. Cognitive and behavioural impairment in ALS and behavioural variant FTD

The frequency of cognitive impairment in ALS as described in the literature ranges from approximately 30 to 60%.<sup>16, 26-28</sup> This range may partly be related to the examination of different cognitive domains across studies. In 2010, we performed a meta-analysis of the cognitive profile of ALS, including 16 studies describing 554 ALS patients and found wide confidence intervals for most cognitive domains. Since 2010, many studies examining cognition in ALS have been published, including studies on social cognition, which is a relatively new cognitive domain. We hypothesized that the inclusion of a larger number of studies in the meta-analysis would result in a better-defined and comprehensive cognitive profile. In **chapter 2** we therefore present an update of the meta-analysis. As described above, there is clinical, genetic, imaging and pathological support for an overlap of ALS and behavioural variant frontotemporal dementia. However, a diagnosis of bvFTD does not require cognitive impairment and is mostly based on decline in behaviour. This is reflected by little knowledge about the cognitive profile of bvFTD. In **chapter 3** we present a meta-analysis on the cognitive profile of bvFTD and compare this profile to that of ALS. We expected to find a significant overlap between the two cognitive profiles.

There are multiple subtypes of bvFTD, including the apathetic and disinhibited type, which are characterized by different behavioural symptoms. It is not completely known which behavioural symptoms occur most often in ALS and whether the behavioural profile of ALS truly resembles that of bvFTD. Therefore, in **chapter 4** we provide a systematic overview of the literature on behavioural symptoms in patients with motor neuron disease and concomitant bvFTD.

### Part 2. Screening for cognitive and behavioural impairment

The gold standard for cognitive impairment is a complete neuropsychological examination, which covers all cognitive domains and enables to determine the exact profile of cognitive impairment. However, this is a lengthy examination (about 2-3 hours) that is not available in every clinic and the performance on cognitive tests should be corrected for physical and speech disturbances, if present. Therefore, in ALS clinics, but also in clinical studies, cognitive screening tools are frequently used. However, many of these tools, such as the Mini Mental State Examination (MMSE) and the Frontal Assessment Battery (FAB) are not specifically developed for ALS patients and do not correct for physical impairment. Correction for physical impairment can prevent overestimation of cognitive deficits. An example of a cognitive test that is prone to bias due to slurred speech or impaired dexterity is the verbal fluency test (spoken or written, task consists of naming as many words starting with the same letter in one minute), which is frequently used in ALS patients. To correct for physical impairment, the verbal fluency index was developed, which reflects the thinking time per word of the fluency test. In **chapter 5** we provide normative data of the Dutch verbal fluency index.

In **chapter 6** we present a new cognitive screening tool for ALS patients, including a comparison with the Edinburgh Cognitive and Behavioural ALS Screen. We expected to find a high sensitivity of our new screen, because the cognitive tests included in the screen cover the cognitive profile of ALS.

In **chapter 7** we show the clinimetric properties of the ALS-FTD-Questionnaire, a questionnaire designed for the detection of behavioural impairment in ALS patients. The selection of items included in the questionnaire is based on the systematic review presented in **chapter 4** and we therefore expected to show good clinimetric properties.

### Part 3. Course and implications of cognitive and behavioural impairment

The course of cognitive and behavioural impairment in ALS patients has not been completely elucidated. Some studies show evidence of progression of deficits over time, but other studies show stable impairment or even improvement at follow-up.<sup>14, 20-25</sup> Most of these studies investigated a cohort of so-called prevalent ALS patients, that is patients with diverging disease duration and disease stages, and some studies did not perform a complete neuropsychological examination.<sup>23-25, 29-31</sup> We hypothesized that, given the fast neurodegeneration in both ALS and bvFTD, cognitive and behavioural impairment in ALS would progress over time, especially when it is investigated in a cohort of ALS patients with a short disease duration. In **chapter 8** we

describe the results of neuropsychological examinations in a cohort of 'early' ALS patients, with a disease duration of less than 12 months, with follow-up measurements after 6 months, in order to examine the course of cognitive and behavioural impairment.

As described above, patients with ALS-FTD have difficulties with therapy compliance, including the use of non-invasive ventilation, which could result in a shorter survival.<sup>19</sup> It is conceivable that this also applies to ALS patients with mild cognitive and behavioural impairment. In **chapter 9** we therefore investigate the use of non-invasive ventilation in a cohort of prevalent MND patients with and without cognitive and behavioural impairment and its influence on survival.

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# PART 1

**Cognitive and behavioural  
impairment in ALS and  
behavioural variant FTD**



# 2

## **The cognitive profile of ALS: a systematic review and meta-analysis update**

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Journal of Neurology, Neurosurgery and Psychiatry 2016;87:611-9

## ABSTRACT

Cognitive impairment is present in approximately 30% of patients with amyotrophic lateral sclerosis (ALS) and, especially when severe, has a negative impact on survival and caregiver burden. Our 2010 meta-analysis of the cognitive profile of ALS showed impairment of fluency, executive function, language and memory. However, the limited number of studies resulted in large confidence intervals. To obtain a more valid assessment we updated the meta-analysis and included methodological improvements (controlled data extraction, risk of bias analysis and effect size calculation of individual neuropsychological tests). Embase, Medline and PsycInfo were searched for neuropsychological studies of non-demented patients with ALS and age-matched and education-matched healthy controls. Neuropsychological tests were categorised in 13 cognitive domains and effect sizes (Hedges' *g*) were calculated for each domain and for individual tests administered in  $\geq 5$  studies. Subgroup analyses were performed to assess the influence of clinical and demographic variables. Forty-four studies were included comprising 1287 patients and 1130 healthy controls. All cognitive domains, except visuoperceptive functions, showed significant effect sizes, compared to controls. Cognitive domains without bias due to motor impairment showed medium effect sizes (95% CI): fluency (0.56 (0.43 to 0.70)), language (0.56 (0.40 to 0.72)), social cognition (0.55 (0.34 to 0.76)), or small effect sizes: delayed verbal memory 0.47 (0.27 to 0.68)) and executive functions (0.41 (0.27 to 0.55)). Individual neuropsychological tests showed diverging effect sizes, which could be explained by bias due to motor impairment. Subgroup analyses showed no influence of bulbar disease onset and depression and anxiety on the cognitive outcomes. The cognitive profile of ALS consists of deficits in fluency, language, social cognition, executive functions and verbal memory. Social cognition is a new cognitive domain with a relatively large effect size, highlighting the overlap between ALS and frontotemporal dementia. The diverging effect sizes for individual neuropsychological tests show the importance of correction for motor impairment in patients with ALS. These findings have implications for bedside testing, the design of cognitive screening measures and full neuropsychological examinations.

## INTRODUCTION

Cognitive impairment occurs in approximately 30% of patients with amyotrophic lateral sclerosis patients (ALS) and a small proportion of patients ( $\pm 10\%$ ) has frontotemporal dementia, mostly the behavioural variant.<sup>1,2</sup> Cognitive impairment, especially when severe, bears significant implications for patients with ALS and their families: it increases caregiver burden and reduces survival which may be related to restricted use of non-invasive ventilation.<sup>3,4</sup> More insight in the cognitive profile of ALS could lead to better bedside testing and more adequate information to the patient and their caregiver.

Across studies, deficits have been shown in different cognitive domains. Most consistently, executive dysfunction and fluency deficits are found.<sup>5</sup> There is increasing evidence of language impairment and memory dysfunction in patients with ALS and recently, impairment of social cognition has been shown.<sup>6,7</sup> In 2008, we performed a meta-analysis of the cognitive profile of patients with ALS without dementia ( $n=16$  studies, 554 patients, published in 2010) showing impairment of fluency, executive functions, language and memory.<sup>8</sup> For other cognitive domains, we were unable to draw firm conclusions due to limited data. Since 2008, many neuropsychological ALS studies have been published. With an update of the meta-analysis, we aimed to generate a more precise assessment of the cognitive profile of ALS.

## METHODS

### Search strategy

We searched Embase (1970-2014), Medline (1966-2014) and PsycInfo (1970-2014) up to 28 November 2014 for articles written in English, German, French or Dutch. References of articles were also considered for inclusion. Key words included ALS and its synonyms, cognition and frontotemporal dementia (supplementary table S1). Two authors (EB, MKT) performed title/abstract screening and subsequently full text evaluation. Consensus meetings led to the inclusion or exclusion of articles.

### Study selection

Eligible articles were controlled studies. In case of longitudinal studies, only data from the first visit were used for analysis. All studies had to meet the following criteria:

- Patients had to be diagnosed with ALS according to the validated El Escorial criteria<sup>9</sup>, that is, presence of a combination of upper and lower motor neuron signs. When patients with progressive muscular atrophy or primary lateral sclerosis were also studied, data of patients with ALS had to be reported separately.
- Patients and controls had to be matched for age and education, or age-corrected and education-corrected standard scores had to be used.
- Patients and controls had to be free of frontotemporal dementia and Alzheimer's disease, according to standard clinical criteria<sup>10,11</sup> or according to the authors' statement. If demented participants were included in the study, the results of non-demented participants had to be reported separately.
- Data of at least one validated neuropsychological test had to be reported for both patients and controls as the mean and SD of raw or standardised test scores.
- Studies had to report unique cohorts. If studies reported data of the same cohort, the study with the largest sample was included.
- Studies had to correct for the presence of dysarthria or motor disabilities, or both, for example, use of adjusted neuropsychological tests or excluding patients with severe motor disabilities.

There were no exclusion criteria.

### Data extraction

We extracted demographic and clinical variables from the articles: age (years), educational level (years of formal education), disease duration (months), site of onset (% bulbar onset), disease severity (ALS functional rating scale revised (ALSFRS-R))<sup>12</sup>, respiratory function (forced vital capacity (FVC, percentage predicted (%pred.)) or pCO<sub>2</sub>, capillary/arterial blood gas), use of psychoactive medication and depression/anxiety. In order to facilitate the interpretation of data, we categorised neuropsychological tests in 13 cognitive domains, as described before, that is, language, executive functions, fluency, immediate verbal memory, delayed verbal memory, visual memory, visuoperceptive functions, visuoconstructive functions, verbal IQ, psychomotor speed and attention. Owing to the widespread use of the Mini Mental State Examination (MMSE) in ALS studies, we included this test as a global measure of cognitive impairment. Social cognition was a new cognitive domain and was not included in the 2010 meta-analysis. Two of the authors (EB, MKT) performed the data extraction in order to reduce extraction errors.<sup>13</sup>

### Heterogeneity

Subgroup analyses were performed to find explanations for moderate or substantial heterogeneity in the cognitive domains. The following demographic and clinical variables were assessed in the subgroup analyses: age (years), educational level (years of formal education), disease duration (months), site of onset (% bulbar onset), disease severity (ALSFRS-R), respiratory function, psychoactive medication use and depression/anxiety. For each variable, the studies were divided in two groups, based on a median split, except for respiratory function, use of psychoactive medication and depression/anxiety. Respiratory dysfunction and psychoactive medication use were not part of the exclusion criteria in all studies. For respiratory dysfunction, studies were divided in a group of "studies which excluded patients with severe respiratory dysfunction" and a second group of "studies which did not exclude patients with severe respiratory dysfunction or did not present data on respiratory function". For psychoactive medication use, studies were divided in a group of "studies which excluded patients with psychoactive medication use" and a second group of "studies which did not exclude patients with psychoactive medication use or did not present data on psychoactive medication use". For depression/anxiety, the studies were divided in a group with "depression/anxiety level comparable to healthy controls" and a group with "depression/anxiety level higher than healthy controls".

### Statistical analysis

We calculated effect sizes, expressed as Hedges' *g*, per cognitive domain for each study, using Review Manager.<sup>14</sup> Hedges' *g* represents the mean difference between patients with ALS and healthy controls, divided by the pooled SD. When studies used multiple neuropsychological tests in one cognitive domain, an averaged effect size was computed in order to ascertain that each study only added one effect size to the final analysis.

We chose a random effects model to obtain an average weighted effect size across the studies. Effect sizes are considered small, medium and large when they are 0.2, 0.5 and 0.8, respectively.<sup>15</sup> A positive effect size, that is, an effect size of more than 0, indicates impaired performance of patients with ALS compared with healthy controls. An effect size was considered 'significant' when the CI did not contain 0. Effect sizes of individual cognitive tests were also calculated, when administered in  $\geq 5$  studies.

Statistical heterogeneity among studies was assessed with the Cochran's *Q* test (significance set at  $p < 0.10$ ) and the *I*<sup>2</sup> statistic. *I*<sup>2</sup> describes the percentage of total variation across studies that is due to heterogeneity rather than chance. Cut-off points for low, moderate and substantial heterogeneity are

25%, 50% and 75%, respectively.<sup>16</sup> Outliers within the domains with substantial heterogeneity were identified and effect sizes were recalculated after exclusion of the outlier.

### Risk of bias

One of the authors (EB) assessed the quality of included articles with the Newcastle – Ottawa quality assessment scale (NOS, maximum score 9 points).<sup>17</sup> The NOS evaluated the following aspects: selection of participants, comparability of the participants and data collection. Owing to the design of the included studies, that is, not blinded to the status of the participant, studies could not be awarded a point on the item ‘ascertainment of exposure’, and the maximum score was therefore eight points. The risk of selection bias was evaluated with a subgroup analysis, comparing studies with consecutively recruited patients to studies with a potential selection bias.

The risk of bias due to motor impairment and/or speech difficulties was assessed. Effect sizes were recalculated after exclusion of cognitive tests that require fine motor skills or normal speech; these recalculated (non-motor dependent) effect sizes were compared with the original effect sizes.

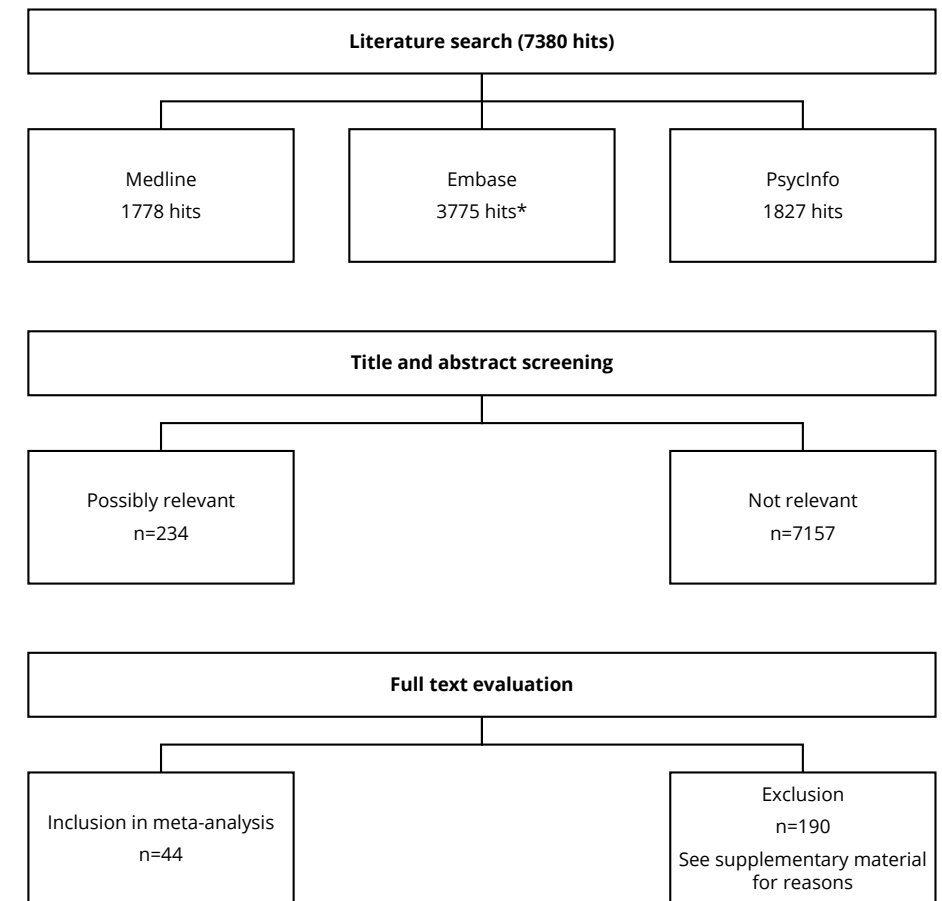
The presence of publication bias can result in a (more) significant mean effect size, because non-significant studies are less likely to be published. To investigate the probability of a relevant publication bias, we calculated the fail-safe N for all cognitive domains, that is, the number of studies without an effect which should be added to the meta-analysis to obtain a non-significant effect size, i.e.  $p=0.05$ .<sup>18</sup> A more conservative estimate of existing unpublished or unretrieved studies is the tolerance level ( $(5 \times \text{number of studies examining the domain}) + 10$ ). If the fail-safe N is large in comparison to the tolerance level, the observed result is considered to be a reliable estimate of the real effect.

We used IBM Statistics SPSS, V.20 and Review Manager, V.5.2 for statistical analysis.

## RESULTS

The literature search yielded 7380 hits and 44 studies were included in this meta-analysis. Thirty studies were new compared to our previous meta-analysis (table 1 and figure 1). For an overview of the excluded articles and reasons for exclusion, see supplementary table S2.

**Figure 1.** Flow chart of literature search and study selection



Embase, Medline and PsycInfo were searched simultaneously with the same key words. \*The flow chart shows the results after deduplication.



Table 1. Study characteristics of included articles

ID	Author, year	NOS	Participants (patients/controls)	Age, years (SD or range)	Education (years)	Diagnostic category	Onset (bulbar/spinal)	Duration (months)	Disease severity	Depression / anxiety
1	David, 1986	6	14/9	53.7 (8.0)	-	-	7/7	17.8	-	-
2	Gallassi, 1989	6	18/36	55.7 (10.9)	7.4	-	-	17.2	-	-
3	Ludolph, 1992	6	17/17	58.5 (11.6)	-	-	13/8	-	-	7.6 (5.7) <sup>f</sup>
4	Kew, 1993	7	16/16	59.1 (37-71)	-	Prob/def	8/8	21.4	-	-
5	Abrahams, 1997	6	52/28	57.2 (11.8)	13.3	Poss/prob	24/28	22.3	31.8 (4.8) <sup>b</sup>	9.8 (4.4) <sup>e</sup>
6	Rakowicz, 1998	7	15/24	68.3 (11.2)	9.9	Prob/def	12/3	12.9	-	-
7	Viergege, 1999	6	8/8	54.2 (9.6)	9.6	Prob/def	7/1	26.0	29.0 (12.0) <sup>a</sup>	60.4 (5.3) <sup>j</sup>
8	McCullagh, 1999	7	18/10	62.3 (8.3)	12.1	Def	-	-	-	6.3 (3.5) <sup>e</sup>
9	Abrahams, 2000	6	22/25	58.4 (10.6)	14.1	Poss	-	25.9	32.2 (4.4) <sup>b</sup>	6.8 (3.3) <sup>e</sup>
10	Hanagasi, 2002	5	20/13	55.8 (10.2)	8.7	Prob/def	0/20	18.3	33.0 (2.5) <sup>a</sup>	3.3 (2.3) <sup>g</sup>
11	Evdokimidis, 2002	6	51/28	58.8 (10.2)	9.4	-	11/40	25.5	69.2 (25.0) <sup>c</sup>	-
12	Abrahams, 2004	6	28/18	53.0 (11.0)	12.7	Prob/def	-	21.0	-	6.4 (3.5) <sup>e</sup>
13	Kilani, 2004	7	19/19	57.3 (11.1)	12	Prob/def	2/17	24.0	-	-
14	Papps, 2005	6	19/20	55.7 (11.7)	-	Prob/def	-	-	-	8.5 (4.1) <sup>e</sup>
15	Ringholz, 2005	7	226/129	-	13.8	Prob/def	-	16.5	68.4 (20.5) <sup>c</sup>	7.8 (6.0) <sup>h</sup>
16	Lulé, 2005	5	12/18	59.0 (9.0)	12.6	Prob/def	0/12	40.0	75.5 (12.6) <sup>d</sup>	8.9 (4.1) <sup>f</sup>
17	Rottig, 2006	7	15/15	58.8 (14.4)	-	-	0/15	30.3	-	-
18	Gibbons, 2007	6	16/16	60.8 (8)	13	-	3/13	24.0	-	-
19	Mezzipesa, 2007	5	16/9	62.0 (10.0)	8.7	Prob/def	-	38.1	27.4 (8.6) <sup>a</sup>	-
20	Lulé, 2007	5	13/15	57.5 (10.5)	-	Prob/def	0/14	23.0	36.8 (8) <sup>a</sup>	12.7 (5.1) <sup>f</sup>

Table 1. Continued.

ID	Author, year	NOS	Participants (patients/controls)	Age, years (SD or range)	Education (years)	Diagnostic category	Onset (bulbar/spinal)	Duration (months)	Disease severity	Depression / anxiety
21	Raggi, 2008	5	10/10	64.7 (8.07)	8.2	Def	-	42.9	28.4 (4.0) <sup>b</sup>	1.1 (1.3) <sup>g</sup>
22	Lakerveid, 2008	7	11/11	52.3 (10.4)	15	-	-	80.0	11.9 (8.2) <sup>a</sup>	21 (5.1) <sup>i</sup>
23	Ogawa, 2009	5	19/19	67.7 (7.4)	10.3	Def	11/8	8.1	-	10.7 (6.5) <sup>f</sup>
24	Meier, 2010	8	18/18	64.5 (11.5)	13.2	Prob/def	-	34.6	35.8 (5.2) <sup>a</sup>	7.8 (3.6) <sup>e</sup>
25	Tsuji-Akimoto, 2010	6	18/16	65.4 (11.5)	10.8	Poss/prob/def	-	19.4	34.7 (7.5) <sup>a</sup>	-
26	Volpato, 2010	5	24/17	54.8 (13.4)	10.4	Prob/def	3/21	37.4	34.3 (6.9) <sup>a</sup>	11.8 (3.8) <sup>f</sup>
27	Palmieri, 2010	5	9/10	51.7 (11.5)	8.9	Prob/def	-	24.0	-	10.4 (2.1) <sup>f</sup>
28	Raaphorst, 2011	6	30/24	61.2 (11.8)	13.8	Prob/def	10/20	21.5	40.3 (4.6) <sup>a</sup>	8.6 (5.8) <sup>e</sup>
29	Cavallo, 2011	6	15/21	61.0 (10.0)	14.9	Prob/def	1/14	32.2	31.3 (7.3) <sup>a</sup>	5.7 (3.2) <sup>e</sup>
30.1	Girardi, 2011, part 1	6	19/20	56.1 (8.3)	13.1	Prob/def	-	33.2	29.4 (10.5) <sup>a</sup>	9.7 (3.6) <sup>e</sup>
30.2	Girardi, 2011, part 2	6	14/20	57.4 (16)	14.4	Prob/def	-	38.1	29.8 (10.6) <sup>a</sup>	-
31	Sarro, 2011	5	16/15	61.0 (10.0)	9	Prob/def	1/13	29.0	33.0 (7.0) <sup>a</sup>	-
32	Christidi, 2012	5	22/22	59.1 (17.6)	9	-	8/14	19.2	37.5 (7.1) <sup>a</sup>	-
33	Cuddy, 2012	7	19/19	63.3 (9.1)	-	Prob/def	-	-	37.7 (6.4) <sup>a</sup>	3.4 (2.9) <sup>e</sup>
34	Palmieri, 2012	6	24/27	61.6 (9.5)	9.4	Prob/def	8/16	13.0	40.4 (5.1) <sup>a</sup>	13.9 (8.5) <sup>f</sup>
35	Phukan, 2012	7	132/110	62.7 (9.5)	12.2	Poss/prob/def	-	-	-	8.0 (4.9) <sup>e</sup>
36	Roberts-South, 2012	6	16/12	52.8 (9.2)	14.9	-	5/11	-	-	-
37	Zalonis, 2012	6	48/47	60.3 (11.2)	9.7	-	18/30	21.0	27.7 (4.1) <sup>a</sup>	-

Table 1. Continued.

ID	Author, year	NOS	Participants (patients/controls)	Age, years (SD or range)	Education (years)	Diagnosis category	Onset (bulbar/spinal)	Duration (months)	Disease severity	Depression / anxiety
38	Christidi, 2013	5	26/26	61.4 (10.4)	11.4	-	8/18	21.9	28.9 (4.1) <sup>a</sup>	-
39	Taylor, 2013	6	51/35	59.8 (9.1)	13.8	Prob/def	13/38	-	33.2 (9.1) <sup>a</sup>	8.3 (5.8) <sup>e</sup>
40	Fiori, 2013	5	23/23	56.6 (12.4)	14.5	Prob/def	19/4	19.8	22.8 (10.9) <sup>a</sup>	-
41	Hu, 2013	5	27/43	57.7 (10.4)	15.2	Poss/prob/def	-	-	-	-
42	Savage, 2013	5	13/30	58.0 (8.4)	14.1	Prob/def	2/11	-	37.3 (3.1) <sup>a</sup>	-
43	Staios, 2013	7	35/30	63.5 (9.7)	-	Prob/def	-	32.1	36.4 (9.0) <sup>a</sup>	9.5 (4.3) <sup>e</sup>
44	Mannerelli, 2014	7	33/32	63.3 (10.3)	9.7	Prob/def	11/22	21.0	35.8 (8.8) <sup>a</sup>	-

Legend. ID: study number; NOS: Newcastle – Ottawa quality assessment scale for case-control studies; N: number of participants; diagnostic category: according to El Escorial criteria; poss: possible ALS; prob: probable ALS; def: definite ALS. Disease severity is measured with <sup>a</sup>ALSFRS-R, <sup>b</sup>ALSSS, <sup>c</sup>Appel scale and <sup>d</sup>Norris scale. The scores of the ALSFRS-R, ALSSS and Norris score range from 0 to 48, 40 and 100, respectively, which indicate no disability. The scores of the Appel score range between 30 and 164 and lower scores indicate less disability. Depression/anxiety is measured with <sup>e</sup>HADS, <sup>f</sup>BDI, <sup>g</sup>Hamilton, <sup>h</sup>GDS, <sup>i</sup>ALS depression inventory and <sup>j</sup>the Von Zerssen depression scale. For a list of the included articles, see supplementary table S4.

### Study characteristics

A total of 1287 patients (62.8% males) and 1130 healthy controls (55.5% males) were included in the meta-analysis (table 1). In three studies only patients with definite ALS were analysed and in 26 studies patients had either probable or definite ALS. The mean age (SD) of the patients was 59.2 years (3.9) and the disease duration ranged from 8.1 to 80.0 months (median 23.5). The site of onset was reported in 28 studies (63.6%, bulbar onset in 33% of patients), of which five included a higher proportion of bulbar onset than patients with limb onset. Disease severity was measured with different scales across studies, that is, the Amyotrophic Lateral Sclerosis Functional Rating Scale - Revised (ALSFRS-R, maximum score 48 = no disability), the ALS severity scale (ALSSS, maximum score 40 = no disability), the Appel score (scores between 30 and 164, lower scores = less disability) and the Norris score (maximum score 100 = no disability).<sup>12, 19-21</sup> The ALSFRS-R was used most frequently (n=23 studies, 52.3%), with a median score (range) of 33.2 (11.9 – 40.4). The median scores (range) of the ALSSS, Appel score and Norris score were 31.8 (28.4-32.2), 68.8 (30-123) and 75.5 (50-92), respectively. In most studies, the disability scores indicated a mild to moderate disease severity. One study examined patients with an advanced disease state, with a mean (SD) ALSFRS-R of 11.9 (8.2).

Studies corrected for the presence of dysarthria and/or motor disabilities by using an adjusted neuropsychological test battery (time-dependent tests were excluded or tests were corrected for slowing of speech), by excluding patients with severe motor impairment or dysarthria, or some patients did not perform all tests due to motor impairment or dysarthria (supplementary table S3).

Twenty-one studies (47.7%) reported data on the presence of respiratory failure. Eight studies excluded patients with a FVC (%pred) below 70%, while two studies performed blood gas analysis to investigate the presence of hypercapnia. In 11 studies, patients had no severe respiratory dysfunction, as stated by the authors. Depression and anxiety were measured in 26 studies (59.1%), most frequently with the Hospital Anxiety and Depression Scale (HADS, 53.8%). Other depression and anxiety scales were the Beck Depression Inventory (BDI, n=7, max score 63)<sup>22</sup>, the Hamilton Rating Scale for Depression (n=2, max score 52)<sup>23</sup>, the ALS depression inventory (n=1, max score 48), the Geriatric Depression scale (n=1, max score 30)<sup>24</sup> and the Von Zerssen depression scale (n=1, max score 48)<sup>25</sup>. In the majority of the studies (72.7%), the scores did not differ between the patients with ALS and healthy volunteers. Six studies showed significantly more depressive and/or anxiety symptoms in patients with ALS compared to controls.

Twenty-one studies excluded patients if they used psychoactive medication, one study did not exclude patients, and the remaining 22 studies did not report medication use. References related to the abovementioned study characteristics can be found in supplementary table S4.

### Effect sizes of cognitive domains

All cognitive domains, except visuoconstructive functions, showed significant effect sizes, that is, impairment in patients with ALS, compared with controls (figure 2). In the domains with little or no bias due to motor impairment, medium effect sizes were found, that is, between 0.5 and 0.8 for the domains fluency, language and social cognition (table 2). Small effect sizes, that is, below 0.5, were found for the domains delayed verbal memory, immediate verbal memory, attention, executive functions, verbal IQ and visual memory. The domains in which bias due to motor impairment could not be ruled out, i.e. visuoconstructive functions, psychomotor speed and MMSE, showed large or medium effect sizes. These domains were exclusively examined with time-dependent and motor-dependent tests and an adjusted effect size without motor bias could not be calculated.

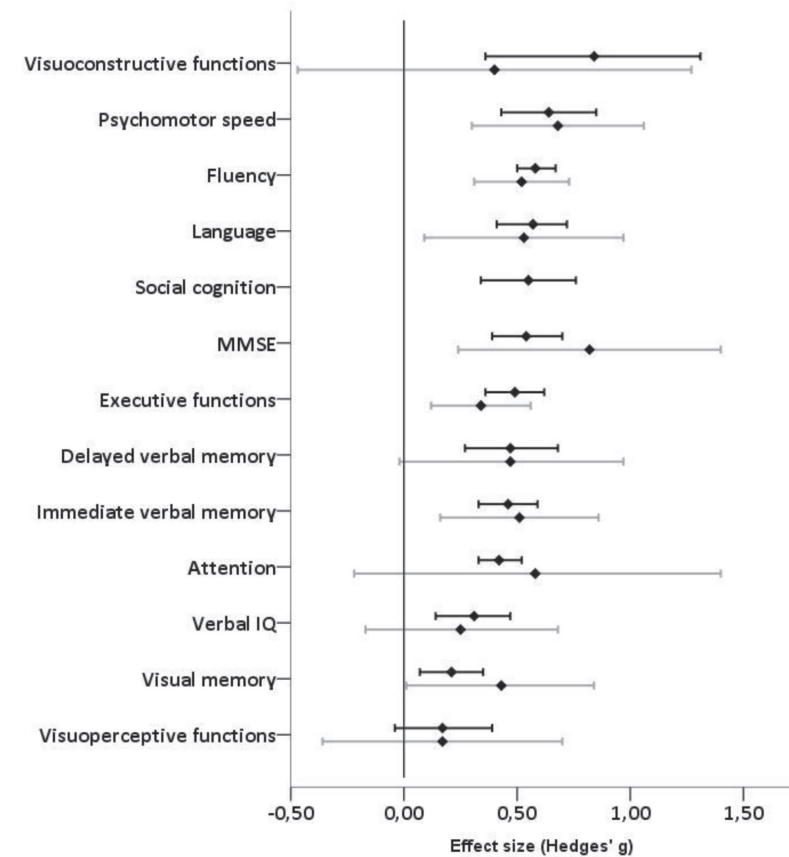
The main differences with the results of our 2010 meta-analysis are the inclusion of social cognition as a new cognitive domain, the significant effect size of delayed verbal memory and narrow CIs (figure 2), due to the inclusion of more studies.

To reduce bias due to motor impairment, the effect sizes of the domains fluency, language, executive functions and visual memory were recalculated after exclusion of the time-dependent and motor-dependent tests, which did not considerably change the effect sizes of fluency, language and visual memory. The effect size of executive functions decreased after exclusion of the time-dependent and motor-dependent tests from 0.49 to 0.41 (table 2).

### Effect sizes of neuropsychological tests

The neuropsychological tests used in each cognitive domain are listed in supplementary table S5. The largest effect sizes were found for the trail making test part B, colour word interference of the Stroop test, symbol digit modalities test, letter fluency, word-reading and colour-naming of the Stroop test and naming tests (table 2).

**Figure 2.** Effect size per cognitive domain



Effect size is expressed as Hedges'  $g$ , larger values indicate more impairment in patients with ALS compared to healthy volunteers. Black line: meta-analysis update; grey line: meta-analysis 2010. For a description of the neuropsychological tests included in each domain, see supplementary table S5. ALS, amyotrophic lateral sclerosis.

### Heterogeneity

Heterogeneity was low in the domains MMSE, fluency, immediate verbal memory, attention, verbal IQ and visual memory (range  $I^2$  values: 0-20%). Moderate heterogeneity ( $I^2$ : 43-50%) was found in the domains language, social cognition and visuoconstructive functions. The domains visuoconstructive functions, psychomotor speed, executive functions and delayed verbal memory showed substantial heterogeneity ( $I^2$ : 56-74%). In the domains visuoconstructive functions, psychomotor speed and delayed verbal memory, a main outlier could be identified, and effect sizes were recalculated after exclusion of the outlier (table 2).

**Table 2.** Pooled weighted effect sizes and heterogeneity statistics of all cognitive domains and frequently used neuropsychological tests

Cognitive domain	Hedges' g	95% CI	K	N	Q	p (Q)	I <sup>2</sup>	Fail-safe N	Tolerance level
<b>Visuoconstructive functions</b>	<b>0.84</b>	<b>0.36-1.31</b>	<b>6</b>	<b>202</b>	<b>15.42</b>	<b>0.009</b>	<b>68%</b>	<b>154</b>	<b>40</b>
Recalculation w/o outlier	0.63	0.36-0.90	5	183	4.43	0.35	10%	n/a	n/a
<b>Psychomotor speed</b>	<b>0.64</b>	<b>0.43-0.85</b>	<b>16</b>	<b>613</b>	<b>34.90</b>	<b>0.003</b>	<b>57%</b>	<b>3493</b>	<b>90</b>
Recalculation w/o outlier	0.69	0.49-0.89	15	561	25.69	0.03	46%	n/a	n/a
Neuropsychological tests									
TMT, part A	0.50	0.23-0.76	8	332	9.34	0.23	25%	n/a	n/a
Stroop, part 1 and 2	0.62	0.24-1.00	6	234	19.44	0.002	74%	n/a	n/a
SDMT	0.73	0.45-1.01	6	236	4.67	0.46	0%	n/a	n/a
<b>Fluency</b>	<b>0.58</b>	<b>0.50-0.67</b>	<b>25</b>	<b>1217</b>	<b>21.24</b>	<b>0.62</b>	<b>0%</b>	<b>39612</b>	<b>135</b>
Recalculation w/o motor bias	0.56	0.43-0.70	12	761	12.97	0.30	15%	n/a	n/a
Neuropsychological tests									
Letter fluency	0.68	0.55-0.82	23	1120	28.11	0.17	22%	n/a	n/a
Category fluency	0.55	0.41-0.68	15	849	6.41	0.96	0%	n/a	n/a
<b>Language</b>	<b>0.57</b>	<b>0.41-0.72</b>	<b>19</b>	<b>810</b>	<b>31.46</b>	<b>0.03</b>	<b>43%</b>	<b>6897</b>	<b>105</b>
Recalculation w/o motor bias	0.56	0.40-0.72	18	776	31.25	0.02	46%	n/a	n/a
Neuropsychological tests									
Naming test	0.60	0.42-0.78	16	694	19.21	0.20	22%	n/a	n/a
<b>Social cognition</b>	<b>0.55</b>	<b>0.34-0.76</b>	<b>6</b>	<b>252</b>	<b>9.24</b>	<b>0.10</b>	<b>46%</b>	<b>358</b>	<b>40</b>
<b>MMSE</b>	<b>0.52</b>	<b>0.37-0.68</b>	<b>17</b>	<b>956</b>	<b>18.87</b>	<b>0.28</b>	<b>15%</b>	<b>4537</b>	<b>95</b>
<b>Executive functions</b>	<b>0.49</b>	<b>0.36-0.62</b>	<b>31</b>	<b>1587</b>	<b>117.16</b>	<b>&lt;0.001</b>	<b>74%</b>	<b>18687</b>	<b>165</b>
Recalculation w/o motor bias	0.41	0.27-0.55	22	1201	70.90	<0.001	69%	n/a	n/a
Neuropsychological tests									
WCST	0.50	0.28-0.72	17	698	90.25	<0.001	82%	n/a	n/a
Stroop, part 3	0.75	0.30-1.20	14	813	117.44	<0.001	89%	n/a	n/a
TMT, part B	0.89	0.36-1.42	10	457	99.37	<0.001	91%	n/a	n/a
Brixton	0.18	-0.27-0.63	5	463	18.37	0.001	78%	n/a	n/a
<b>Delayed verbal memory</b>	<b>0.47</b>	<b>0.27-0.68</b>	<b>16</b>	<b>640</b>	<b>33.81</b>	<b>0.004</b>	<b>56%</b>	<b>1900</b>	<b>90</b>

**Table 2.** Continued.

Cognitive domain	Hedges' g	95% CI	K	N	Q	p (Q)	I <sup>2</sup>	Fail-safe N	Tolerance level
Recalculation w/o outlier	0.52	0.32-0.72	15	586	25.14	0.03	44%	n/a	n/a
Neuropsychological tests									
AVLT	0.47	0.21-0.74	11	460	23.05	0.01	57%	n/a	n/a
<b>Immediate verbal memory</b>	<b>0.46</b>	<b>0.33-0.59</b>	<b>19</b>	<b>755</b>	<b>22.39</b>	<b>0.21</b>	<b>20%</b>	<b>6916</b>	<b>110</b>
Neuropsychological tests									
AVLT	0.58	0.33-0.82	9	358	12.16	0.14	34%	n/a	n/a
<b>Attention</b>	<b>0.42</b>	<b>0.33-0.52</b>	<b>14</b>	<b>1086</b>	<b>14.50</b>	<b>0.34</b>	<b>10%</b>	<b>5582</b>	<b>80</b>
Neuropsychological tests									
Digit span	0.33	0.20-0.46	11	653	9.07	0.53	0%	n/a	n/a
<b>Verbal IQ</b>	<b>0.28</b>	<b>0.11-0.46</b>	<b>10</b>	<b>485</b>	<b>5.69</b>	<b>0.77</b>	<b>0%</b>	<b>470</b>	<b>60</b>
<b>Visual memory</b>	<b>0.21</b>	<b>0.07-0.35</b>	<b>17</b>	<b>593</b>	<b>14.79</b>	<b>0.54</b>	<b>0%</b>	<b>881</b>	<b>95</b>
Recalculation w/o motor bias	0.23	0.08-0.38	14	463	12.63	0.48	0%	n/a	n/a
<b>Visuoperceptive functions</b>	<b>0.17</b>	<b>-0.04-0.39</b>	<b>9</b>	<b>404</b>	<b>15.96</b>	<b>0.04</b>	<b>50%</b>	<b>n/a</b>	<b>n/a</b>

Legend. Hedges' g: effect size; 95% CI: 95% confidence interval of effect size; K: number of studies; N: number of participants; Q: heterogeneity between studies within cognitive domain; p (Q): p-value for heterogeneity; I<sup>2</sup>: percentage of heterogeneity caused by study differences (Q - degrees of freedom / Q x 100%); Fail-safe N: number of non-significant studies needed to obtain a non-significant effect size (p=0.05), not calculated for visuoperceptive functions, because this domain showed no significant effect size; Tolerance level: estimated number of existing unpublished studies (5k+10); Recalculation w/o motor bias: effect size after exclusion of tests with possible bias due to motor impairment; w/o: without; Recalculation w/o outlier: effect size after exclusion of the main outlier in domains with substantial heterogeneity, w/o: without. For executive functions, no outlier could be identified. n/a: not applicable. Effect sizes of neuropsychological tests that were administered in ≥5 studies were also calculated. TMT: trail making test; Stroop, part 1 and 2: Word-reading and color-naming of the Stroop test; SDMT: symbol digit modalities test; WCST: Wisconsin card sorting test; Stroop, part 3: Color word interference of the Stroop test; Brixton: Brixton spatial anticipation test; AVLT: auditory verbal learning test.

### Subgroup analyses

There was no influence of site of onset on any of the cognitive domains (table 3). Disease severity or the presence of depressive and anxiety symptoms did not significantly contribute to the effect sizes on any of the cognitive domains (data not shown, but available on request). Studies with younger patients had more impairment of psychomotor speed. Studies with a lower educational level had more impairment of executive functions. A shorter disease duration resulted in more impairment of visual memory and immediate verbal memory. Studies that excluded patients with respiratory dysfunction showed less impairment of psychomotor speed, delayed verbal memory and MMSE. Studies that excluded patients with psychoactive medication showed less impairment of attention and visual memory.

**Table 3.** Subgroup analysis of the percentage of bulbar disease onset in the included studies

Cognitive domain	Bulbar onset	Hedges' g	95% CI	K	N	Q	p (Q)	I <sup>2</sup>
Visuoconstructive functions	< 32.3	0.83	-0.04-1.70	2	85	0.62	0.43	0%
	> 32.3	0.44	-0.02-0.89	2	76			
Psychomotor speed	< 32.3	0.40	0.05-0.75	7	244	0.01	0.93	0%
	> 32.3	0.38	0.11-0.65	5	187			
Fluency	< 32.3	0.65	0.49-0.82	8	313	0.06	0.80	0%
	> 32.3	0.69	0.48-0.89	7	291			
Language	< 32.3	0.66	0.37-0.96	7	290	1.45	0.23	31.3%
	> 32.3	0.35	-0.07-0.77	4	176			
Social cognition	< 32.3	0.36	-0.02-0.74	2	79	n/a	n/a	n/a
	> 32.3	n/a	n/a	0	0			
MMSE	< 32.3	0.53	0.20-0.86	7	230	0.00	0.99	0%
	> 32.3	0.53	0.32-0.74	5	563			
Executive functions	< 32.3	0.56	0.39-0.73	10	447	0.00	0.97	0%
	> 32.3	0.57	0.19-0.95	9	429			
Delayed verbal memory	< 32.3	0.51	0.16-0.86	6	222	0.23	0.63	0%
	> 32.3	0.38	-0.03-0.78	6	268			
Immediate verbal memory	< 32.3	0.43	0.21-0.65	6	222	0.65	0.42	0%
	> 32.3	0.57	0.31-0.82	5	224			
Attention	< 32.3	0.36	0.16-0.56	4	160	1.40	0.24	28.5%
	> 32.3	0.50	0.38-0.63	9	531			
Verbal IQ	< 32.3	0.21	-0.01-0.44	3	161	0.42	0.52	0%
	> 32.3	0.33	0.05-0.62	6	290			
Visual memory	< 32.3	0.11	-0.12-0.34	7	269	2.01	0.16	50.3%
	> 32.3	0.35	0.12-0.58	4	179			
Visuoperceptive functions	< 32.3	0.36	-0.04-0.77	3	101	2.72	0.10	63.2%
	> 32.3	0.07	-0.39-0.25	2	86			

Legend. Bulbar onset: percentage of patients with bulbar disease onset; Hedges' g: effect size; 95% CI: 95% confidence interval of effect size; K: number of studies; N: number of participants; Q: heterogeneity between studies within cognitive domain; p (Q): p-value for heterogeneity; I<sup>2</sup>: percentage of heterogeneity caused by study differences (Q – degrees of freedom / Q x 100%); n/a: not applicable.

### Risk of bias

The representativeness of the patient cohort was infrequently stated (n=18). The subgroup analysis for selection bias showed no differences in effect sizes for any of the cognitive domains. The recruitment method of healthy volunteers was described in 26 studies. The non-response rate was also infrequently recorded (n=5). The fail-safe N exceeded the tolerance level at least five times in all cognitive domains, indicating that the mean effect sizes are a reliable estimate of the true value when publication bias is considered.

## DISCUSSION

We updated our meta-analysis of cognitive impairment of non-demented patients with ALS, compared with healthy volunteers. The cognitive profile of ALS consists of deficits in fluency, language, social cognition, executive functions and verbal memory.

### Social cognition and the overlap with FTD

Social cognition is a new cognitive domain compared to our previous meta-analysis and its effect size is comparable to the domains language and fluency. It includes recognition of the emotional states of others and insight into social situations and social protocol.<sup>26, 27</sup> This finding corroborates the overlap between ALS and FTD, as studies in FTD have shown extensive impairment of social cognition which is correlated to cortical atrophy of the right orbitofrontal, superior temporal, occipital and posterior cingulate regions.<sup>26-28</sup>

However, in order to investigate the existence of a cognitive continuum, neuropsychological studies are needed that directly compare patients with ALS, ALS-FTD and FTD. To the best of our knowledge, there are only three such studies. Two studies only administered the Addenbrooke's cognitive examination and therefore do not allow for a comparison of the cognitive profiles.<sup>29,30</sup> Another study administered tests of social cognition, which showed similar scores of patients with ALS and healthy volunteers and comparable deficits in the ALS-FTD and FTD groups.<sup>7</sup> In the current meta-analysis, we excluded studies which examined patients with ALS-FTD, in order to assess the cognitive profile of patients with ALS without dementia and reduce the heterogeneity in the data. Subtle effects of mild cognitive impairment in a large ALS cohort might be overshadowed by large effects in a small ALS-FTD subgroup in the cohort. Also, the inclusion of patients with severe behavioural changes may lead to seemingly impaired performance on cognitive tests, due to a lack of attention and interest. Despite the challenges of examining

patients with ALS-FTD, neuropsychological studies are needed to elucidate the similarities and differences between ALS and FTD.

Associations between behavioural changes and cognitive impairment on the one hand and reduced survival and caregiver burden on the other hand have been found previously.<sup>4,31</sup> Considering the prominent role of social cognition in this meta-analysis, social cognition deficits may also be associated with shorter survival and increased caregiver burden. This warrants more thorough investigation in future studies.

### Memory

Our previous meta-analysis showed significant effect sizes for immediate verbal memory and visual memory, and a large CI for delayed verbal memory which did not reach significance. The current update shows significant effect sizes for all memory domains, with the largest effect size for delayed verbal memory. Although both the medial temporal lobe (MTL) and the prefrontal cortex are involved in delayed and immediate memory, delayed memory relies primarily on intact functioning of the MTL, whereas immediate memory is thought to be a function of the mid-dorsolateral frontal cortex.<sup>32,33</sup> The finding of memory changes in our meta-analysis, therefore, could reflect changes in the MTL, which have been described as TDP-43 positive neuronal inclusions in the dentate gyrus, hippocampus and transentorhinal cortex, found in post mortem studies of patients with ALS, in particular when concomitant dementia was present.<sup>34</sup> Recent MRI studies underlined the involvement of the MTL in non-demented patients with ALS, by correlating hippocampal volume with impairment of verbal memory.<sup>35,36</sup>

### Executive functions

Although executive dysfunction is often found in patients with ALS, the effect size for this domain was smaller than for the domains language and social cognition.<sup>6</sup> This is probably related to our decision to examine fluency as a separate cognitive domain, for which we found a larger effect size, that is, 0.58 compared to 0.49. Furthermore, the neuropsychological tests of the executive domain showed diverging effect sizes, that is, the trail making test and the Stroop test showed large effect sizes, whereas the Brixton spatial anticipation test had a non-significant effect size. This could be explained by deficits in motor function and speech in patients with ALS. The tests with large effect sizes are time-dependent and require fine motor skills or normal speech and, when excluded from the analysis, executive functions had one of the smallest effect sizes. When examining patients with ALS, it is therefore key to administer tests that correct for physical impairment, in order to avoid overestimation of cognitive deficits.<sup>37</sup>

### Respiratory function

Impairment of executive functions and memory (list and object learning) is known to be partially related to respiratory dysfunction in ALS and is thus partially reversible after initiation of night-time non-invasive ventilation.<sup>38</sup> In the current meta-analysis, only 10 out of 44 studies (22.7%) reported measurements of respiratory function which may have led to an overestimation of the effect sizes of the executive and memory domains. An exploratory subgroup analysis showed no effect of respiratory function on the majority of the cognitive domains, except for psychomotor speed, delayed verbal memory and MMSE. For a valid statement on the influence of respiratory dysfunction on cognitive function in ALS, more studies need to report detailed data about the presence or absence of respiratory dysfunction.

### Bulbar disease onset

The relation between bulbar disease onset and cognitive impairment in ALS has been debated. The proportion of bulbar disease onset in incident ALS cohorts is approximately 33%, but ranges from 33% to 60% in cognitively impaired cohorts.<sup>1,39-41</sup> With a subgroup analysis, we found no evidence of more severe cognitive deficits in patients with bulbar disease onset. The varying rates of bulbar disease onset in cognitively impaired cohorts may be related to the presence of dysarthria in combination with the use of time-dependent tests. A correction for slowing of speech is therefore essential.<sup>37</sup>

### Limitations

In addition to its strengths, that is, a large number of patients, careful selection of articles, extraction of data by two individuals and a systematic analysis, this study has some limitations.

Bias due to motor impairment could not be ruled out in the domains visuoconstructive functions, MMSE and psychomotor speed, because these were exclusively examined with tests that require fine motor skills and/or normal speech. All studies corrected for severe motor impairment, but adjustments for mild motor impairment were often not performed. This might explain why the effect sizes of these domains were among the largest effect sizes, indicating that patients with ALS have more difficulty performing the motor part of these tests than healthy volunteers. However, the effect size of language, fluency and visual memory, which were partly examined with time-dependent or motor-dependent tests, did not change after exclusion of these tests. This implies that bias due to motor impairment was small in these three domains.

We included the MMSE in our analyses as a global measure of cognitive impairment. However, there are some limitations in the use of MMSE. First of

all, there is a large ceiling effect in the normal population, implying that healthy controls are likely to obtain (near) maximum scores.<sup>42</sup> Second, three items of MMSE require normal hand function, and could lead to an underestimation of the abilities of patients with ALS. The combination of the ceiling effect and the motor-dependent items in MMSE could have resulted in an artificially large difference between patients with ALS and healthy controls.

There was substantial heterogeneity in the domains visuoconstructive functions, psychomotor speed, executive functions and delayed verbal memory, hindering the interpretation of the results. The most likely explanation for the heterogeneity is the presence of outliers within these domains. For the domains visuoconstructive functions, psychomotor speed, and delayed verbal memory, a single outlier could be identified, and after exclusion, heterogeneity was reduced to 10%, 46% and 44%, respectively. For the domain executive functions, a single outlier could not be identified, but all individual studies, except one, showed impairment of patients with ALS, compared to healthy volunteers. Our results therefore indicate impairment of patients with ALS on executive function tasks, but the results of our study emphasize the importance of tests that correct for physical impairment and slowing of speech to avoid false positive results.

In conclusion, the cognitive profile of patients with ALS consists of deficits in fluency, language, social cognition, executive functions and verbal memory with sparing of visuoperception. These findings provide further support for the observation that the cognitive deficits of ALS are more than “just frontal”, which has implications for bedside testing, the design of cognitive screening measures and full neuropsychological examinations.

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**SUPPLEMENTAL MATERIAL**

**Table S1.** Key words used in the literature search

amyotrophic lateral sclerosis, ALS, motor neuron(e) disease, MND, Gehrig	<b>OR</b>	FTD, frontotemporal dementia, FTLD, pick's disease, frontal variant FTD, frontal variant dementia, bv-FTD, f-FTD, frontotemporal (lobar) degeneration, presenile dementia
<b>AND</b>		
cognition, mild cognitive impairment, cognition disorders, language disorders, (neuro) psychological tests, language (tests), memory, MMSE, Mini Mental State Examination, theory of mind, Frontal Assessment Battery, Boston Naming, Wisconsin Card Sorting Test, Stroop test, trail making test, aptitude tests		

**Table S2.** Excluded studies

Author	Journal	Year	Reason for exclusion
Ash	Neurology	2014	ALS-FTD patients included in patient group
Grossman	JAMA Neurology	2014	ALS-FTD patients included in patient group
Hammer	Brain Research	2011	ALS-FTD patients included in patient group
Lepow	Journal of Clinical and Experimental Neuropsychology	2010	ALS-FTD patients included in patient group
Machts	BMC Neurology	2014	ALS-FTD patients included in patient group
Miochi	Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration	2014	ALS-FTD patients included in patient group
Pettit	Brain Imaging and Behaviour	2013	ALS-FTD patients included in patient group
Schmolck	Neurology	2007	ALS-FTD patients included in patient group
Usman	American Journal of Neuroradiology	2011	ALS-FTD patients included in patient group
Vass	Acta Neuropathologica	2011	ALS-FTD patients included in patient group
Zimmerman	Cognitive Behavioral Neurology	2007	ALS-FTD patients included in patient group
Abdulla	Neurobiology of Aging	2014	Control group not matched for age/education
Abe	Neuroradiology	2001	Control group not matched for age/education
Ahmed	Journal of Neurology	2014	Control group not matched for age/education
Ayaz	Journal of Neuroscience and Neuroengineering	2014	Control group not matched for age/education
Blain-Moraes	Neuroscience Letters	2013	Control group not matched for age/education
Brown	Psychosomatic Medicine	1970	Control group not matched for age/education
Burrill	Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration	2013	Control group not matched for age/education
Donaghy	Journal of Neurology	2009	Control group not matched for age/education
Jelsone-Swain	Frontiers in Psychology	2012	Control group not matched for age/education
Kollind	Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration	2013	Control group not matched for age/education

Table S2. Continued.

Author	Journal	Year	Reason for exclusion
Kuruvilla	Cognitive Neuroscience	2013	Control group not matched for age/education
Lulé	Journal of Neurology, Neurosurgery & Psychiatry	2010	Control group not matched for age/education
Menke	Brain Imaging and Behaviour	2014	Control group not matched for age/education
Morimoto	Journal of the Neurological sciences	2012	Control group not matched for age/education
Pinkhardt	Journal of Neurology	2008	Control group not matched for age/education
Piquard	Psychologie et Neuropsychiatrie du Vieillessement	2010	Control group not matched for age/education
Poujois	Human Brain Mapping	2013	Control group not matched for age/education
Real	Clinical Neurophysiology	2014	Control group not matched for age/education
Shaunak	Annals of Neurology	1995	Control group not matched for age/education
Silvoni	Frontiers in Neuroscience	2009	Control group not matched for age/education
Tsujimoto	Journal of the Neurological Sciences	2011	Control group not matched for age/education
York	Journal of Neurology	2014	Control group not matched for age/education
Cobble	Journal of the Neurological Sciences	1998	Did not meet WFN El Escorial criteria
Frank	Clinical Neurology & Neurosurgery	1997	Did not meet WFN El Escorial criteria
Hartikainen	Journal of Neural Transmission	1993	Did not meet WFN El Escorial criteria
Iwasaki	International Journal of Neuroscience	1990	Did not meet WFN El Escorial criteria
Iwasaki	Acta Neurologica Scandinavica	1990	Did not meet WFN El Escorial criteria
Poloni	Acta Neurologica Scandinavica	1986	Did not meet WFN El Escorial criteria
Abrahams	Journal of the Neurological Sciences	1995	Effect size calculation not possible
Amato	Frontiers in Aging Neuroscience	2013	Effect size calculation not possible
Cerami	Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration	2014	Effect size calculation not possible

Table S2. Continued.

Author	Journal	Year	Reason for exclusion
Chari	Neuropsychologia	1996	Effect size calculation not possible
Consonni	Behavioural Neurology	2013	Effect size calculation not possible
Crespi	Cortex	2014	Effect size calculation not possible
Elamin	Neurology	2013	Effect size calculation not possible
Flaherty-Craig	Neurology	2006	Effect size calculation not possible
Flaherty-Craig	Cognitive & Behavioral Neurology	2011	Effect size calculation not possible
Ji	BMC Neurology	2012	Effect size calculation not possible
Lillo	Amyotrophic Lateral Sclerosis	2012	Effect size calculation not possible
Moretti	Dementia & Geriatric Cognitive Disorders	2002	Effect size calculation not possible
Moretti	Archives of Gerontology and Geriatrics	2001	Effect size calculation not possible
Murphy	Amyotrophic Lateral Sclerosis	2012	Effect size calculation not possible
Papeo	Cortex	2015	Effect size calculation not possible
Pekkonen	Clinical Neurophysiology	2004	Effect size calculation not possible
Pinkhardt	BMC Neurology	2006	Effect size calculation not possible
Reverberi	Cortex	2014	Effect size calculation not possible
Rippon	Archives of Neurology	2006	Effect size calculation not possible
Robinson	Journal of Neurology	2006	Effect size calculation not possible
Steenland	Neuroepidemiology	2010	Effect size calculation not possible
Strong	Neurology	1999	Effect size calculation not possible
Stukovnik	Journal of Clinical & Experimental Neuropsychology	2010	Effect size calculation not possible
Wicks	Journal of Neurology	2009	Effect size calculation not possible

Table S2. Continued.

Author	Journal	Year	Reason for exclusion
Yuan	International Journal of Neuroscience	2010	Effect size calculation not possible
Zaehle	PLoS ONE	2013	Effect size calculation not possible
Agosta	Neurobiology of Aging	2014	MND patients included in patient group
Ahiskog	Neurology	1998	MND patients included in patient group
Canu	PLoS ONE	2013	MND patients included in patient group
Capitani	Schweizer Archiv fur Neurologie und Psychiatrie	1994	MND patients included in patient group
Dary-Auriol	Revue Neurologique	1997	MND patients included in patient group
Palmieri	Journal of the Neurological Sciences	2009	MND patients included in patient group
Talbot	Journal of Neurology	1995	MND patients included in patient group
Wicks	Neurology	2006	MND patients included in patient group
Abe	Journal of Neuroimaging	1997	No (standardised) neuropsychological tests
Abrahams	Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration	2014	No (standardised) neuropsychological tests
Achi	Neurology Research International	2012	No (standardised) neuropsychological tests
Agosta	PLoS ONE	2012	No (standardised) neuropsychological tests
Andersen	The Lancet Neurology	2012	No (standardised) neuropsychological tests
Anderson	Journal of the Neurological Sciences	1995	No (standardised) neuropsychological tests
Aronson	Journal of Speech & Hearing Disorders	1968	No (standardised) neuropsychological tests
Bak	Rinsho Shinkeigaku - Clinical Neurology	2010	No (standardised) neuropsychological tests
Bak	Brain and Language	2004	No (standardised) neuropsychological tests
Bede	Journal of Neurology, Neurosurgery and Psychiatry	2013	No (standardised) neuropsychological tests
Belzil	European Journal of Human Genetics	2013	No (standardised) neuropsychological tests

Table S2. Continued.

Author	Journal	Year	Reason for exclusion
Ben Bashat	Amyotrophic Lateral Sclerosis	2011	No (standardised) neuropsychological tests
Bizovicar	Clinical Neurology and Neurosurgery	2012	No (standardised) neuropsychological tests
Campbell	Journal of the Neurological Sciences	1984	No (standardised) neuropsychological tests
Cardenas-Blanco	Journal of Neurology	2014	No (standardised) neuropsychological tests
Caruso	Journal of Speech & Hearing Research	1987	No (standardised) neuropsychological tests
Cistaro	European Journal of Nuclear Medicine and Molecular Imaging	2014	No (standardised) neuropsychological tests
Conforti	Journal of Neurology, Neurosurgery and Psychiatry	2011	No (standardised) neuropsychological tests
Czell	Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration	2013	No (standardised) neuropsychological tests
Filippini	Neurology	2010	No (standardised) neuropsychological tests
Flaherty-Craig	Neurodegenerative Disease Management	2011	No (standardised) neuropsychological tests
Floris	Amyotrophic Lateral Sclerosis	2012	No (standardised) neuropsychological tests
Goldstein	The Lancet Neurology	2013	No (standardised) neuropsychological tests
Goldstein	Journal of Neurology	2011	No (standardised) neuropsychological tests
Guo	European Journal of Neurology	2014	No (standardised) neuropsychological tests
Josephs	Neurology	2007	No (standardised) neuropsychological tests
Kawahara	BMC Neuroscience	2012	No (standardised) neuropsychological tests
Kent	Journal of Speech & Hearing Research	1992	No (standardised) neuropsychological tests
Kew	Brain	1993	No (standardised) neuropsychological tests
Khedr	Neurophysiologie Clinique	2011	No (standardised) neuropsychological tests
Kiernan	Brain	1994	No (standardised) neuropsychological tests
Konrad	Experimental Brain Research	2006	No (standardised) neuropsychological tests

Table S2. Continued.

Author	Journal	Year	Reason for exclusion
Kwan	PLoS ONE	2012	No (standardised) neuropsychological tests
Lillo	PLoS ONE	2012	No (standardised) neuropsychological tests
Lomen-Hoerth	Dementia & Geriatric Cognitive Disorders	2004	No (standardised) neuropsychological tests
Lulé	Neurorehabilitation and Neural Repair	2007	No (standardised) neuropsychological tests
Lulé	Journal of Neurology	2013	No (standardised) neuropsychological tests
Ma	Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration	2014	No (standardised) neuropsychological tests
Maekawa	Brain	2004	No (standardised) neuropsychological tests
Munte	Acta Neurologica Scandinavica	1998	No (standardised) neuropsychological tests
Munte	Amyotrophic Lateral Sclerosis & Other Motor Neuron Disorders	1999	No (standardised) neuropsychological tests
Neary	Journal of Neurology, Neurosurgery and Psychiatry	2013	No (standardised) neuropsychological tests
Oketa	Acta Neurologica Scandinavica	2013	No (standardised) neuropsychological tests
Patacchioli	Journal of Endocrinological Investigation	2003	No (standardised) neuropsychological tests
Pohl	Archives of Neurology	2001	No (standardised) neuropsychological tests
Poloni	Italian Journal of Neurological Sciences	1986	No (standardised) neuropsychological tests
Ratti	Neurobiology of Aging	2012	No (standardised) neuropsychological tests
Sage	Human Brain Mapping	2009	No (standardised) neuropsychological tests
Santhosh	Cognitive Brain Research	2004	No (standardised) neuropsychological tests
Sato	Neuroradiology	2010	No (standardised) neuropsychological tests
Semenza	Frontiers in Aging Neuroscience	2014	No (standardised) neuropsychological tests
Stanton	Journal of Neurology	2007	No (standardised) neuropsychological tests
Tan	PLoS ONE	2014	No (standardised) neuropsychological tests

Table S2. Continued.

Author	Journal	Year	Reason for exclusion
Tanaka	Neurological Research	2003	No (standardised) neuropsychological tests
Tessitore	Brain Research Bulletin	2006	No (standardised) neuropsychological tests
Turner	Brain	2005	No (standardised) neuropsychological tests
Woolley	Amyotrophic Lateral Sclerosis	2010	No (standardised) neuropsychological tests
Abe	Journal of the Neurological Sciences	1996	No statement about exclusion of demented patients
Barbagallo	Neurological Sciences	2014	No statement about exclusion of demented patients
Gil	Archives of Neurology	1995	No statement about exclusion of demented patients
Abrahams	Journal of Neurology	2005	Patient selection based on performance
Abrahams	Brain	1996	Patient selection based on performance
Passamonti	Neurobiology of Aging	2013	Patient selection based on performance
Dombroski	JAMA Neurology	2013	Patients with ALS plus syndromes were included
Abrahams	Journal of the Neurological Sciences	1995	Same patient group as Abrahams 1997
Abrahams	Neurology	2005	Same patient group as Abrahams 2004
Agosta	Neurobiology of Aging	2013	Same patient group as Sarro 2011
Gallassi	Acta Neurologica Scandinavica	1985	Same patient group as Gallassi 1989
Raaphorst	Neurology	2014	Same patient group as Raaphorst 2011
Abe	Neurology	1993	Uncontrolled study
Ahn	Canadian Journal of Neurological Sciences	2011	Uncontrolled study
Barson	Journal of the Neurological Sciences	2000	Uncontrolled study
Bartels	Neuromuscular Disorders	2008	Uncontrolled study
Bede	Neurology	2013	Uncontrolled study

Table S2. Continued.

Author	Journal	Year	Reason for exclusion
Bede	Neurology	2013	Uncontrolled study
Bensch	Journal of Neural Engineering	2014	Uncontrolled study
Burrell	Brain	2011	Uncontrolled study
Byrne	The Lancet Neurology	2012	Uncontrolled study
Chang	Neurology	2005	Uncontrolled study
Chio	Archives of Neurology	2010	Uncontrolled study
Christidi	Brain Imaging and Behaviour	2013	Uncontrolled study
Cistaro	European Journal of Nuclear Medicine and Molecular Imaging	2012	Uncontrolled study
Di Paolo	Revista Portuguesa de Pneumologia	2013	Uncontrolled study
Duning	PLoS ONE	2011	Uncontrolled study
Elamin	Neurology	2011	Uncontrolled study
Flaherty-Craig	Amyotrophic Lateral Sclerosis	2009	Uncontrolled study
Gordon	Amyotrophic Lateral Sclerosis	2011	Uncontrolled study
Gordon	Amyotrophic Lateral Sclerosis	2010	Uncontrolled study
Gordon	Amyotrophic Lateral Sclerosis	2007	Uncontrolled study
Grace	Canadian Journal of Neurological Sciences	2011	Uncontrolled study
Hicks	PLoS ONE	2013	Uncontrolled study
Ichikawa	European Neurology	2013	Uncontrolled study
Keil	BMC Neuroscience	2012	Uncontrolled study
Korner	BMC Neurology	2013	Uncontrolled study
Kwan	NeuroImage: Clinical	2013	Uncontrolled study
Mantovan	European Journal of Neurology	2003	Uncontrolled study

Table S2. Continued.

Author	Journal	Year	Reason for exclusion
Martin	Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration	2014	Uncontrolled study
Meoded	Dementia and Geriatric Cognitive Disorders	2013	Uncontrolled study
Mioishi	Neurology	2014	Uncontrolled study
Mioishi	Neurology	2013	Uncontrolled study
Muller	Journal of Neuroimaging	2011	Uncontrolled study
Oh	PLoS ONE	2014	Uncontrolled study
Ohnishi	Journal of Nuclear Medicine	1995	Uncontrolled study
Raaphorst	Neurology	2012	Uncontrolled study
Rajeswaran	Neuropsychological Trends	2013	Uncontrolled study
Schreiber	Journal of Neurology	2005	Uncontrolled study
Schuster	Neurobiology of Aging	2014	Uncontrolled study
Smith	Amyotrophic Lateral Sclerosis & Other Motor Neuron Disorders	2004	Uncontrolled study
Snowden	Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration	2013	Uncontrolled study
Stoppel	NeuroImage Clinical	2014	Uncontrolled study
Tremolizzo	Journal of Neurology	2014	Uncontrolled study
Trojsi	Amyotrophic Lateral Sclerosis and Frontotemporal Degeneration	2013	Uncontrolled study
Waldemar	Journal of the Neurological Sciences	1992	Uncontrolled study
Wilson	Neurology	2001	Uncontrolled study
Wei	Journal of Neurology	2014	Uncontrolled study
Witiuk	Journal of Neuroscience	2014	Uncontrolled study
Yamauchi	Journal of the Neurological Sciences	1995	Uncontrolled study

Legend. See the inclusion criteria for details on reasons for exclusion. WNF/EI Escorial criteria: World Federation of Neurology/Escorial criteria

**Table S3.** Adjustments for motor disabilities and/or dysarthria

		Study ID
Correction for dysarthria and motor disabilities	Adjusted neuropsychological battery	1, 8, 12, 13, 19, 20, 21, 22, 31, 35, 36, 39, 40, 43, 44
	Exclusion of patients with severe dysarthria or motor disabilities	2, 3, 4, 9, 10, 14, 15, 16, 17, 18, 19, 23, 24, 27, 28, 29, 30.1, 30.2, 32, 33, 34, 38, 39, 41, 42
	Not all patients performed all tests	5, 6, 7, 11, 25, 26, 39
Correction for respiratory dysfunction	Inclusion criteria FVC >70%	12, 14, 25, 28, 31, 33, 39, 43
	Blood gas analysis	3, 35
	Statement of authors: no severe respiratory dysfunction	8, 17, 18, 20, 23, 24, 27, 29, 30.1, 30.2, 38
	No information	1, 2, 4, 5, 6, 7, 9, 10, 11, 13, 15, 16, 19, 21, 22, 26, 32, 34, 36, 37, 40, 41, 42, 44
Depression and anxiety	More depressive/anxiety symptoms than healthy volunteers	7, 10, 16, 20, 27, 39
	Depressive/anxiety symptoms comparable to healthy volunteers	3, 5, 8, 9, 12, 14, 21, 23, 24, 26, 28, 29, 30.2, 33, 34, 35
	No information	1, 2, 4, 6, 11, 13, 15, 17, 18, 19, 22, 25, 30.1, 31, 32, 36, 37, 38, 40, 41, 42, 43, 44
Psychoactive medication use	Exclusion criterion	2, 4, 5, 7, 10, 12, 14, 16, 20, 21, 23, 26, 28, 31, 32, 33, 35, 37, 38, 39, 44
	No exclusion criterion	13
	No information	1, 3, 6, 8, 9, 11, 15, 17, 18, 19, 22, 24, 25, 27, 29, 30.1, 30.2, 34, 36, 40, 41, 42, 43

Legend. Study ID corresponds to the study ID in Table 1.

**Table S4.** References of included studies

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**Table S5.** Neuropsychological tests used for the assessment of the cognitive domains

Cognitive domain	Neuropsychological tests	K	
Visuoconstructive functions	WAIS block design	3	
	Rey complex figure, copy	1	
	Copy design	1	
MMSE	Mini Mental State Examination	17	
Fluency	Letter fluency	23	
	Category fluency	15	
	Design fluency	4	
	Alternating fluency	1	
Language	Boston naming test	9	
	McKenna Graded naming test	6	
	Simple and complex analogies	2	
	Peabody picture vocabulary test	1	
	Phrase construction	1	
	Picture naming	1	
	Action naming test	1	
	Arizona battery for communication disorders	1	
	Western Aphasia Battery	1	
	Cookie Theft picture	1	
	British Picture Vocabulary scale	1	
	Test for Reception of Grammar	1	
	Category Specific Names test	1	
	Oral and written naming of nouns	1	
	Judgements of synonyms	1	
	Assessment of language processing in aphasia	1	
	Graded difficulty spelling test	1	
	Pyramids and Palm Trees test	1	
	Kissing and Dancing test	1	
	Spot the Word test	1	
	Token test	1	
	Social cognition	The awareness of social interference test	2
		Ekman faces test	1
		Reading the mind in the eyes	1
		Faux pas Task	1
		Aprosodia Battery	1
Judgement of preference task		1	
Ekman caricatures test		1	
Delayed verbal memory	Auditory verbal learning test	8	
	California verbal learning test	3	
	Prose memory test	3	
	Delayed recognition task	1	
	Wechsler memory scale	1	
	Hopkins verbal learning task	1	
	Brierly-Medford sentences	1	
	Phelps words task	1	
	Rivermead Behavioral Memory Test	1	
	Logical memory	1	

**Table S5.** Continued.

Cognitive domain	Neuropsychological tests	K
Psychomotor speed	Trail making test, part A	8
	Stroop test, part A and B	6
	Symbol digit modalities test	6
	Barrage test (time to complete)	1
	Kendrick Digit Copying Test	1
	Simple reaction time (Test for Attentional Performance)	1
Immediate verbal memory	Auditory verbal learning test	5
	Recognition memory test	3
	California verbal learning test	3
	Prose memory test	2
	Serial digit learning test	1
	Paired associate learning	1
	Conditional associative learning task	1
	Hopkins verbal learning task	1
	Verbal learning test	1
	Wechsler memory scale	1
	Brow-Peterson Interference Test	1
	Rivermead Behavioral memory test	1
	Logical memory	1
Words recognition memory test	1	
Executive function	Wisconsin Card Sorting test	16
	Stroop test	14
	Trail making test (part B-A)	10
	Brixton Spatial Anticipation Test	5
	Hayling Sentence Completion Test	3
	Go/NoGo (test of attentional performance)	1
	Weigl block task	1
	Holiday Apartment test	1
	Probabilistic reversal learning test	1
	One-touch Stockings of Cambridge	1
	Card Sorting test (Delis-Kaplan Executive Function System)	1
	Iowa gambling test	1
	Tower of Hanoi	1
	Attention	Digit span
Corsi Block tapping test		3
Paced Auditory Serial Addition test		2
Counting task		1
Continuous performance test		1
Letter Span		1
Visual Search and Attention Test		1
Letter number sequencing		1
WAIS arithmetic		1
Number processing and calculation battery		1



Table S5. Continued.

Cognitive domain	Neuropsychological tests	K
Verbal IQ	WAIS	8
	Mill Hill Vocabulary scale	1
	Mehrfachwahl-Wortenschatz-Intelligenztest	1
Visual memory	Kendrick Object Learning Test	4
	Rey complex figure, delayed recall	3
	Doors test	3
	Recognition Memory Test	2
	Benton facial recognition test	2
	Non-verbal Learning Test	1
	Immediate visual memory test	1
	Picture recall and recognition test	1
	Conditional associative learning test	1
Visuoperceptive functions	Judgement of Line Orientation test	4
	Visual Object and Space Perception Battery	3
	Barrage Test	1
	Little Men Test	1
	Money Road map	1
	Fragmented figures	1
	Differential Aptitude Test	1
	Hand laterality task	1
	Mirror letter discrimination task	1
Mental rotation test	1	

Legend. k: number of studies that administered the neuropsychological test.



# 3

## **The cognitive profile of behavioural variant FTD and its similarities with ALS: a systematic review and meta-analysis**

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## ABSTRACT

Approximately 30% of patients with amyotrophic lateral sclerosis (ALS) have cognitive impairment and 8-14% fulfil the criteria for behavioural variant frontotemporal dementia (bvFTD). The cognitive profiles of ALS and bvFTD have been reported to be comparable, but this has never been systematically investigated. We aimed to determine the cognitive profile of bvFTD and examine its similarities with that of ALS, to provide evidence for the existence of a cognitive disease continuum encompassing bvFTD and ALS. We therefore systematically reviewed neuropsychological studies on patients with bvFTD and healthy volunteers. Neuropsychological tests were divided in 10 cognitive domains and effect sizes were calculated for all domains and compared with the cognitive profile of ALS by means of a visual comparison and a Pearson's *r* correlation coefficient. We included 120 studies, totalling 2425 patients with bvFTD and 2798 healthy controls. All cognitive domains showed substantial effect sizes, indicating cognitive impairment in bvFTD patients compared to healthy controls. The cognitive domains with the largest effect sizes were social cognition, verbal memory and fluency (1.77 – 1.53). The cognitive profiles of bvFTD and ALS (10 cognitive domains, 1287 patients) showed similarities on visual comparison and a moderate correlation 0.58 ( $p=0.13$ ). When social cognition, verbal memory, fluency, executive functions, language and visuospatial perception were considered, i.e. the cognitive profile of ALS, Pearson's *r* was 0.73 ( $p=0.09$ ), which raised to 0.92 ( $p=0.03$ ), when language was excluded in this systematic analysis of patients with a non-language subtype of FTD. The cognitive profile of bvFTD consists of deficits in social cognition, verbal memory, fluency and executive functions and shows similarities with the cognitive profile of ALS. These findings support a cognitive continuum encompassing ALS and bvFTD.

## INTRODUCTION

Eight to 14 per cent of patients with amyotrophic lateral sclerosis (ALS) have concurrent behavioural variant frontotemporal dementia (bvFTD) and up to 30 per cent of patients with ALS are reported to have mild to moderate cognitive impairment.<sup>1-3</sup> The mild cognitive deficits of ALS are attributed to frontotemporal dysfunction, because they include executive, memory and language deficits and impairment of social cognition.<sup>1,4-6</sup> These findings, in combination with brain imaging abnormalities and pathological changes in the frontotemporal lobes of patients with ALS and pathogenic mutations associated with both diseases, have contributed to the hypothesis that ALS and (bv)FTD are part of a disease continuum.<sup>6,7</sup>

The existence of this disease continuum would be strengthened by observations that mild cognitive deficits progress to bvFTD in a proportion of patients with ALS. Although progressive paralysis complicates the performance of longitudinal studies in ALS, existing neuropsychological data, albeit sparse and including a limited number of patients with ALS, have failed to show progression of cognitive deficits.<sup>8,9</sup> Another observation that questions the presence of a disease continuum between ALS and bvFTD on the basis of cognition, is a discrepancy between the cognitive criterion of the international consensus criteria of bvFTD, and the cognitive profile of ALS. The bvFTD diagnostic criteria include relative sparing of memory and visuospatial functions, while these two cognitive domains, in particular memory, are not spared in patients with ALS, according to recent studies.<sup>10-15</sup>

Many neuropsychological studies have been performed in patients with bvFTD, suggesting a cognitive profile including executive and social cognition deficits, with relative sparing of memory and visuospatial skills.<sup>10</sup> A meta-analysis of these neuropsychological studies in bvFTD could reveal new insights in the cognitive profile of bvFTD, similar to our finding that the cognitive deficits of ALS are more extensive than previously thought.<sup>13</sup> Secondly, such a meta-analysis in bvFTD enables a comparison with the cognitive profile of ALS, which may increase our understanding of the nature and extent of brain involvement in these disorders.

Therefore, the aim of the current study was to define the cognitive profile of bvFTD and to examine similarities with ALS. We performed a systematic review and meta-analysis of neuropsychological studies in patients with bvFTD and healthy volunteers, and compared the results to our previous meta-analysis of the cognitive profile of patients with ALS.<sup>13</sup>

## METHODS

### Literature search

Medline (1966-2017), Embase (1970-2017) and PsycInfo (1970-2017) were searched on November 29th 2017 for neuropsychological studies of patients with bvFTD, written in English, German, French or Dutch. Two authors screened all abstracts and evaluated full-text articles (EB and MKT for the original search in 2014, EB and RG for the updated search). References of articles were also screened and considered for inclusion. Keywords included frontotemporal dementia (FTD) and its synonyms, cognition and a selection of neuropsychological tests (supplementary table e-1). Amyotrophic lateral sclerosis (ALS) and its synonyms were also included as key words, due to its association with FTD.

### Study selection

All studies had to meet the following criteria:

- Inclusion of a control group of healthy subjects.
- Patients had to be diagnosed with bvFTD according to validated clinical criteria (Neary or Rascovsky criteria).<sup>10, 16</sup> Patients with other forms of frontotemporal lobar degeneration (FTLD) were excluded (i.e. patients with semantic dementia or progressive non-fluent aphasia). When these patients were also studied, data of patients with bvFTD had to be reported separately, in order to allow extraction of their data. When patients with ALS or ALS-FTD were included, their data had to be reported separately.
- Age and education matched controls had to be included or, when controls were not matched, norm scores corrected for age and education had to be used (i.e. T-score, z-score).
- Data of at least one validated neuropsychological test had to be reported. When studies had only performed the mini mental state examination (MMSE), dementia screening tests and/or IQ tests, they were not included. In order to allow conversion to effect sizes, the mean and SD of raw test scores, T-scores or z-scores for patients and controls had to be reported.
- Studies had to report unique cohorts. If papers had reported data of the same cohort, the study with the largest sample was included.

With the exception of patients with other forms of FTLD, there were no other exclusion criteria.

### Data extraction

We extracted the following demographic and clinical variables from the articles: age (years), disease duration (months), educational level (years of formal

education), disease severity (measured with validated dementia rating scales or, when these were not available, with results of dementia screening tests), use of psychoactive medication and depressive/anxiety symptoms.

We categorized all neuropsychological tests in 10 cognitive domains: social cognition, verbal memory, fluency, executive functions, visual memory, language, attention, visuoperception, psychomotor speed and visuoconstruction. A description of each cognitive domain and the included neuropsychological tests can be found in supplementary table e-2. We extracted all the neuropsychological test scores, i.e. the mean, standard deviation and number of participants of both the patient and control group. To reduce extraction errors, data extraction was performed by two authors and differences were resolved by consensus (EB, MKT).<sup>17</sup>

### Subgroup analyses

Subgroup analyses were performed to find explanations for moderate or substantial heterogeneity in the cognitive domains. The following demographic and clinical variables were assessed in the subgroup analyses, based on a median split: age (years), educational level (years of formal education), disease duration (years) and disease severity (dementia rating scale; i.e. Clinical Dementia Rating scale (CDR and CDR sum of boxes), Addenbrooke's Cognitive Evaluation – revised (ACE-R) and the Mattis Dementia Rating Scale (MDRS)).

### Statistical analysis

Demographic and clinical variables of the bvFTD meta-analysis and ALS meta-analysis were summarized using simple descriptive statistics. When a study had presented longitudinal data, only data from the first visit was used for analysis. Effect sizes were expressed as Hedges' *g*, i.e. mean difference between patients with FTD and healthy controls, divided by the pooled SD and calculated in Review Manager.<sup>18</sup> First, we divided all cognitive tests per study in the before-mentioned cognitive domains. Then, we calculated the effect sizes for all cognitive domains per study. When studies had reported data of more than one test within a specific cognitive domain, an averaged effect size was calculated, resulting in only one effect size per study in each cognitive domain. A random effects model was used to pool all effect sizes in each cognitive domain. A positive effect size indicated impairment of patients with FTD, compared to healthy controls. Effect sizes were considered small when  $< 0.5$ , moderate when between 0.5 and 0.8 and large when  $> 0.8$ .<sup>19</sup> Statistical heterogeneity among studies was assessed with the Cochran's Q test ( $c^2$ ) and the  $I^2$  statistic. The  $c^2$  test measures if differences in the results are compatible with chance alone. The  $I^2$  statistic is an estimate of the percentage of the variation across studies that

is due to heterogeneity rather than chance.  $I^2$  cut-off points for low, moderate and substantial heterogeneity were 25%, 50% and 75%, respectively.<sup>20</sup>

To assess the impairment of patients with bvFTD on specific neuropsychological tests and to explore heterogeneity, effect sizes of individual tests were calculated. This was performed for all tests that were administered in 3 or more studies. Statistical uncertainty was expressed in a 95% CI. We used IBM Statistics SPSS (V.20) and Review Manager (V.5.3) for the statistical analyses.<sup>18</sup>

### Comparison of the cognitive profiles of bvFTD and ALS

The effect sizes of the bvFTD meta-analysis were compared with the effect sizes of our updated meta-analysis of the cognitive profile of ALS, encompassing 1287 patients and 10 cognitive domains.<sup>13</sup> We expected to find some differences between the effect sizes of the bvFTD and ALS meta-analyses. Due to exclusion of patients with dementia in the ALS meta-analysis, we expected the effect sizes of the bvFTD meta-analysis to be systematically larger. However, we assumed that the effect size of language would be relatively larger in the ALS meta-analysis, because in the current meta-analysis on bvFTD, patients with language variants of FTLD were excluded.

We compared the bvFTD and ALS effect sizes in two different manners: a visual comparison and a comparison using correlation coefficients.

First, we depicted the effect sizes for each cognitive domain of both disorders into a graph and visually compared the sizes and directions of the effect sizes between bvFTD and ALS. If the cognitive profiles would be similar, a comparable pattern would emerge: for example a higher effect size for the executive domain compared to the verbal memory domain in both disorders.

Second, we used correlation coefficients to assess the association between the effect sizes of bvFTD and ALS. We calculated three Pearson's *rs*; the first included all cognitive domains except the domains with bias due to motor impairment (i.e. psychomotor speed and visuoconstruction); the second included all, so-called ALS-specific cognitive domains, and the third included all ALS-specific cognitive domains except language. The latter was done because we expected a difference between the bvFTD and ALS effect size of this domain, given our exclusion criterion (patients with other forms of FTLD, i.e. semantic dementia and progressive non-fluent aphasia were excluded). The ALS-specific domains were chosen based on recent literature of neuropsychological deficits in patients with ALS.<sup>13, 21</sup> Accordingly, the domains social cognition, verbal memory, fluency, executive functions, language and visuoception were

considered ALS-specific. The latter domain is included in the ALS-specific domains because it is typically spared in ALS.<sup>13</sup>

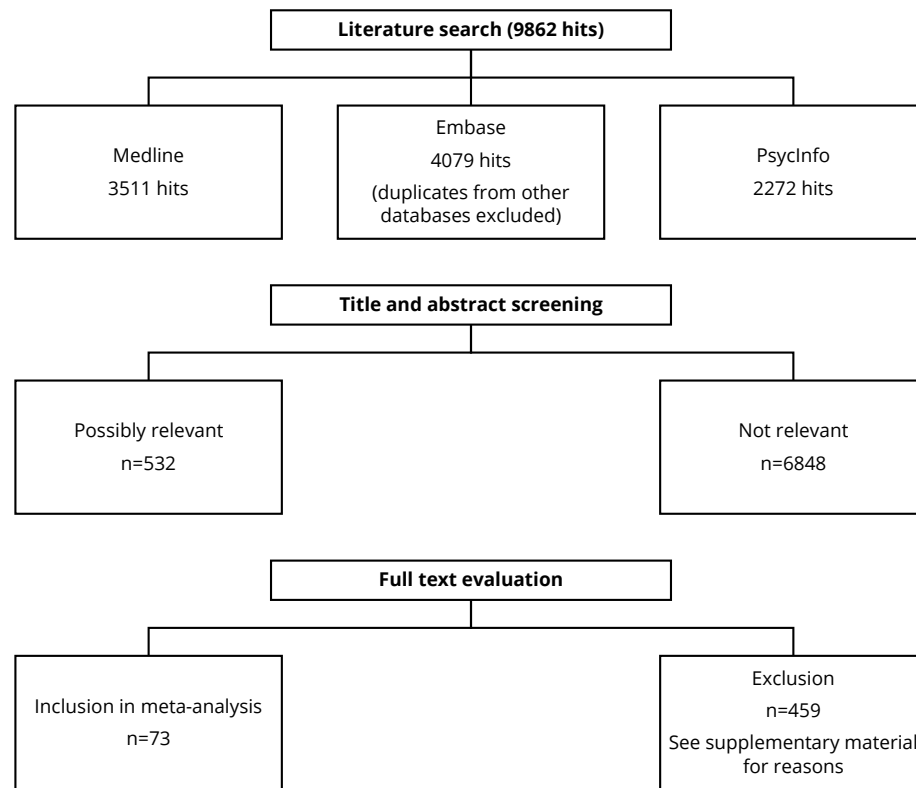
### Risk of bias

We assessed the quality of included articles with the Newcastle - Ottawa quality assessment scale (maximum score 8 points, higher scores indicating better quality).<sup>13, 22</sup>

We investigated the probability of a relevant publication bias in all cognitive domains with the fail-safe N, which was calculated with Rosenberg's fail-safe number calculator.<sup>23, 24</sup> This represents the number of studies without an effect that would need to be added to the meta-analysis to obtain a non-significant pooled effect size, i.e.  $p > 0.05$ . We also calculated the tolerance level, as a benchmark to assess the observed fail-safe N ( $5 \times$  number of studies + 10). If the fail-safe N is large in comparison to the tolerance level, the observed result is considered to be a reliable estimate of the real effect.

## RESULTS

The literature search resulted in 9862 hits, of which 848 articles underwent full-text evaluation (figure 1). One hundred and twenty articles were included in the meta-analysis and their characteristics are shown in supplementary table e-3. The reasons for exclusion of the remaining 728 articles can be found in the supplementary material (supplementary table e-4).

**Figure 1.** Flowchart of literature search and study selection

### Study characteristics

A total of 2425 patients with bvFTD (64.6% male) and 2798 healthy volunteers were included in the meta-analysis. The mean (SD) age and educational level of the patients was 64.1 (3.4) years and 12.8 (2.7) years, respectively. Disease duration was reported in a limited number of studies ( $n=62$ , 51.2%), with a median (range) of 4.2 (1.0 – 9.2) years. Disease severity, measured with the CDR and CDR sum of boxes, ACE-R and MDRS, was reported in 65 studies (54.2%) and was moderate in most patients (supplementary table e-3).<sup>25-27</sup> The patients included in the bvFTD and ALS meta-analyses had approximately the same mean age, educational level and sex distribution (table 1). The median MMSE was lower in the bvFTD meta-analysis (25.3, range 19.6-28.3) compared to the ALS meta-analysis (28.0, range 25.7-29.0).

**Table 1.** Demographic, disease and study variables of bvFTD and ALS meta-analyses

	<b>bvFTD meta-analysis</b>	<b>ALS meta-analysis<sup>9</sup></b>
Studies (N)	120	44
Patients (N)	2425	1287
Sex (male %)	64.6%	62.8%
Age (years)	64.1 (3.4)	59.2 (3.9)
Educational level (years)	12.7 (2.7)	11.7 (2.3)
Disease duration (years)	4.2 (1 – 9.2)	2.0 (0.7 – 6.7)
MMSE score	25.3 (19.6 – 28.3)	28.0 (25.7 – 29.0)
Neuropsychological tests per study	6 (1 – 30)	8 (1 – 30)

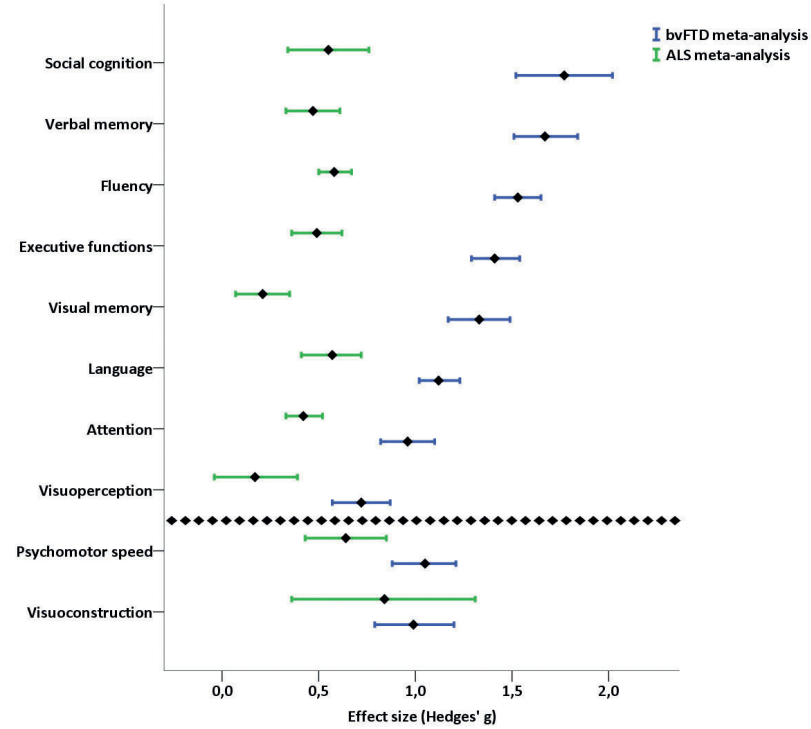
Legend. Numbers are presented as mean (standard deviation) or median (range) when appropriate.

### Effect sizes of cognitive domains

All cognitive domains showed substantial pooled effect sizes, i.e. impairment of patients with bvFTD compared to healthy volunteers. The three largest effect sizes were found for the domains social cognition (1.77), verbal memory (1.67) and fluency (1.53) (figure 2 and table 2).

For all cognitive domains pooled effect sizes of individual tests within the domains were calculated (table 2). The three largest effect sizes were found for the recognition memory test – words (2.31; verbal memory), Hayling test (2.19; executive function), the awareness of social inference test (1.96; social cognition) and Faux pas test (1.96; social cognition).

**Figure 2.** Comparison of the pooled effect sizes of the cognitive domains in bvFTD and ALS



Legend. Effect sizes are expressed as Hedges' g, calculated with a random effects model. Positive values indicate impairment in ALS (green) patients and patients with bvFTD (blue), compared to healthy volunteers. The domains below the dotted line are affected by bias do to motor impairment in the ALS patient group, and are therefore artificially high.

**Table 2.** Pooled effect sizes\* and heterogeneity statistics of all cognitive domains and a selection of neuropsychological tests

Cognitive domain	Hedges' g	95% CI	K	N	Q	p (Q)	I <sup>2</sup>	Fail-safe N	Tolerance level
<b>Social cognition</b>	<b>1.77</b>	<b>1.52-2.02</b>	<b>40</b>	<b>1636</b>	<b>258.92</b>	<b>&lt; 10<sup>-5</sup></b>	<b>85%</b>	<b>5514</b>	<b>210</b>
Ekman test	1.89	1.46-2.31	16	671	89.18	< 10 <sup>-5</sup>	83%		
RME	1.39	0.90-1.88	11	429	46.44	< 10 <sup>-5</sup>	78%		
TASIT	1.96	1.72-2.20	10	426	11.53	0.24	2.2%		
FPT	1.96	1.26-2.67	9	402	66.45	< 10 <sup>-5</sup>	88%		
ToM	0.85	0.41-1.29	4	150	6.20	0.10	5.2%		
<b>Verbal memory</b>	<b>1.67</b>	<b>1.51-1.84</b>	<b>55</b>	<b>2022</b>	<b>219.60</b>	<b>&lt; 10<sup>-5</sup></b>	<b>75%</b>	<b>9455</b>	<b>285</b>
AVLT	1.76	1.56-1.95	31	1130	68.02	< 10 <sup>-4</sup>	56%		
Logical memory	0.84	0.55-1.13	8	250	18.26	0.01	6.2%		
RMT words	2.31	2.00-2.62	7	276	3.32	0.77	0%		
FCSRT	1.59	1.09-2.09	5	298	22.20	0.0002	8.2%		
<b>Fluency</b>	<b>1.53</b>	<b>1.41-1.65</b>	<b>67</b>	<b>2743</b>	<b>125.49</b>	<b>&lt; 10<sup>-4</sup></b>	<b>47%</b>	<b>11378</b>	<b>345</b>
Letter fluency	1.68	1.51-1.84	58	2287	147.56	< 10 <sup>-5</sup>	61%		
Category fluency	1.60	1.38-1.81	35	1400	97.71	< 10 <sup>-5</sup>	65%		
Design fluency	1.48	1.16-1.79	6	306	3.19	0.67	0%		
<b>Executive function</b>	<b>1.41</b>	<b>1.29-1.54</b>	<b>81</b>	<b>3238</b>	<b>260.52</b>	<b>&lt; 10<sup>-5</sup></b>	<b>69%</b>	<b>14515</b>	<b>415</b>
TMT	1.60	1.43-1.76	52	1959	133.19	< 10 <sup>-5</sup>	6.2%		
Stroop test	1.18	0.92-1.43	23	827	76.97	< 10 <sup>-5</sup>	7.1%		
Hayling test	2.19	1.87-2.51	23	1004	75.73	< 10 <sup>-5</sup>	7.1%		
WCST	1.42	1.04-1.81	16	596	82.90	< 10 <sup>-5</sup>	8.2%		
IGT	1.09	0.52-1.65	5	268	14.86	0.005	7.3%		
Brixton test	1.86	0.48-3.24	4	183	42.57	< 10 <sup>-5</sup>	9.3%		
<b>Visual memory</b>	<b>1.33</b>	<b>1.17-1.49</b>	<b>52</b>	<b>1823</b>	<b>155.47</b>	<b>&lt; 10<sup>-5</sup></b>	<b>67%</b>	<b>5163</b>	<b>270</b>
RCF	1.30	1.10-1.50	32	1168	80.19	< 10 <sup>-5</sup>	6.1%		
RMT faces	1.53	1.13-1.94	11	379	27.26	0.002	6.3%		
Doors test	1.33	0.99-1.66	6	174	2.36	0.80	0%		

Table 2. Continued.

Cognitive domain	Hedges' g	95% CI	K	N	Q	p (Q)	I <sup>2</sup>	Fail-safe N	Tolerance level
<b>Language</b>	<b>1.12</b>	<b>1.02-1.23</b>	<b>57</b>	<b>2028</b>	<b>92.96</b>	<b>0.001</b>	<b>40%</b>	<b>4848</b>	<b>295</b>
BNT	1.29	1.09-1.50	36	1344	97.91	< 10 <sup>-5</sup>	64%		
SYDBAT	1.43	1.25-1.62	10	292	9.47	0.40	5%		
BPVS	1.33	1.06-1.60	7	274	3.37	0.76	0%		
Token test	1.01	0.48-1.54	5	196	8.92	0.06	55%		
PPTT	0.81	0.43-1.19	4	132	1.14	0.77	0%		
WAB	0.89	0.34-1.29	4	77	1.64	0.65	0%		
PPVT	1.09	0.68-1.51	4	138	0.93	0.82	0%		
<b>Psychomotor speed</b>	<b>1.05</b>	<b>0.88-1.21</b>	<b>39</b>	<b>1422</b>	<b>84.21</b>	<b>&lt; 10<sup>-4</sup></b>	<b>55%</b>	<b>1663</b>	<b>205</b>
TMT A	0.95	0.79-1.12	30	1075	44.50	0.03	35%		
Stroop	1.15	0.71-1.58	11	441	43.05	< 10 <sup>-5</sup>	77%		
SDST	1.53	0.87-2.19	3	112	3.97	0.14	50%		
<b>Visuoconstruction</b>	<b>0.99</b>	<b>0.79-1.20</b>	<b>24</b>	<b>1004</b>	<b>46.56</b>	<b>0.003</b>	<b>51%</b>	<b>585</b>	<b>130</b>
RCF	0.98	0.76-1.21	21	781	39.41	0.006	49%		
<b>Attention</b>	<b>0.96</b>	<b>0.82-1.10</b>	<b>61</b>	<b>2454</b>	<b>243.84</b>	<b>&lt; 10<sup>-5</sup></b>	<b>75%</b>	<b>4362</b>	<b>315</b>
Backward digit span	0.99	0.82-1.15	54	2213	154.52	< 10 <sup>-5</sup>	66%		
Forward digit span	0.72	0.55-0.88	38	1459	80.91	< 10 <sup>-4</sup>	54%		
Visual span	0.72	0.32-1.12	7	279	19.44	0.003	69%		
LNS	1.66	1.21-2.11	3	115	2.01	0.37	0%		
<b>Visuoperception</b>	<b>0.72</b>	<b>0.57-0.87</b>	<b>19</b>	<b>663</b>	<b>19.91</b>	<b>0.34</b>	<b>10%</b>	<b>232</b>	<b>105</b>
VOSP	0.70	0.53-0.88	14	559	16.52	0.022	21%		
JOLO	0.94	0.53-1.36	5	104	1.97	0.74	0%		

Legend. Hedges' g: effect size, calculated with a random effects model; 95% CI: 95% confidence interval of effect size; K: number of studies; N: number of participants; Q: heterogeneity between studies within cognitive domain; p (Q): p-value for heterogeneity; I<sup>2</sup>: percentage of heterogeneity caused by study differences (Q - degrees of freedom / Q x 100%); Fail-safe N: number of needed non-significant studies to obtain a non-significant effect size (p=0.05); Tolerance level: benchmark for the observed fail-safe N (estimated number of existing unpublished studies, 5k+10). Fail-safe N and tolerance level are not calculated for the effect sizes of the individual cognitive tests. RME: reading the mind in the eyes test; TASIT: the awareness of social inference test; FPT: faux pas test; ToM: theory of mind test; AVLT: auditory verbal learning test; RMT: recognition memory test; FCSRT: free and cued selective reminding test; TMT: trail making test; WCST: Wisconsin card sorting test; IGT: Iowa gambling test; RCF: Rey complex figure test; BNT: Boston naming test; SYDBAT: Sydney language battery; BPVS: British picture vocabulary scale; PPTT: pyramid and palm trees test; WAB: western aphasia battery; PPVT: Peabody picture vocabulary test; SDST: symbol digit substitution test; LNS: letter number sequencing; VOSP: visual object and space perception battery; JOLO: judgement of line orientation.

## Heterogeneity

There was moderate to substantial heterogeneity in the domains visuoconstruction, psychomotor speed, visual memory, executive functions, attention, verbal memory and social cognition (I<sup>2</sup> = 51-83%). Low to moderate heterogeneity was found for the domains language and fluency (I<sup>2</sup> = 40-47%). Relatively low heterogeneity was found in the domain visuoperception (I<sup>2</sup> = 10%).

## Subgroup analyses

Subgroup analyses were performed for age, disease duration, educational level and disease severity (according to two validated dementia ratings scales, or, when these were not available, with results of dementia screening tests) and are shown in supplementary tables e-5 - e-8. There was little influence of age, disease duration and education on any of the cognitive domains. Four analyses showed significant differences; more language deficits in younger patients, more attention deficits and less visuospatial deficits in patients with a lower educational level and more visuoconstruction deficits in patients with a shorter disease duration. As expected, the subgroup analysis for disease severity showed that patients with a more advanced disease had more cognitive deficits, although the only statistically significant difference was found in the verbal memory domain.

## Comparison of the cognitive profiles of bvFTD and ALS

First, we visually compared the effect sizes of the bvFTD and ALS meta-analyses, as shown in figure 2. As expected, the effect sizes of most cognitive domains and relevant neuropsychological tests were smaller in patients with ALS than in patients with bvFTD. In both disorders social cognition and fluency showed high effect sizes and visuoperception showed the lowest effect size. The confidence interval of the effect sizes of visuoconstruction in bvFTD overlapped with that of ALS, indicating that the patients with ALS were as impaired on these domains as the patients with bvFTD. The confidence intervals of psychomotor speed in bvFTD and ALS almost overlapped, indicating that both patient groups are similarly impaired in this domain. When the differences between the remaining effect sizes for each domain are considered (upper eight effect sizes in figure 2), the difference between the effect sizes of language between bvFTD and ALS is smaller, compared to that of other domains.

Second, Pearson's *r* correlation coefficient was calculated for all cognitive domains without bias due to motor impairment was 0.58 (p=0.13). We also calculated Pearson's *r* correlation coefficient for ALS-specific cognitive domains (social cognition, verbal memory, fluency, executive functions, language and



visuoperception), which was 0.73 ( $p=0.09$ ). Pearson's  $r$  of the ALS-specific domains without language was 0.92 ( $p=0.03$ ).

### Risk of bias

The quality assessment with the Newcastle - Ottawa scale showed scores between 4 and 7 points (maximum score 9). In all but one study, patients and healthy volunteers were matched for age and education. The study without matching of patients and healthy volunteers used standardized scores. In all cognitive domains, the risk of a publication bias was low, i.e. the fail-safe  $N$  was at least two times higher than the tolerance level, which indicates that the presence of a publication bias is unlikely to have influenced the results.

## DISCUSSION

The current meta-analysis was performed to define the cognitive profile of bvFTD and to examine similarities with that of ALS. We chose to exclude language variants of FTLTD to reduce heterogeneity and because they less often occur in combination with ALS.<sup>6</sup> The cognitive profile of bvFTD consists of deficits in social cognition, fluency and other executive functions and also includes verbal memory impairment, together with a relatively spared visuoperception. A comparison of the cognitive profiles of bvFTD and ALS shows similarities, notwithstanding cognitive deficits are more severe in patients with bvFTD in most domains. In both disorders, considerable impairment in social cognition, fluency and verbal memory was found, whereas impairment of visual memory and attention was less prominent with visuoperception showing the lowest level of impairment. The domains psychomotor speed and visuoconstructive functions behave in a different manner in bvFTD and ALS, which can be partly explained by physical impairment resulting in overestimation of psychomotor speed and visuoconstructive function deficits in patients with ALS.

### Social cognition in bvFTD

The domain social cognition showed a large effect size in bvFTD and is thus an important component of the cognitive profile of bvFTD. Social cognition is a complex entity including theory of mind, which is the ability to infer mental states of others, such as their thoughts, beliefs and intentions.<sup>28</sup> Social cognition has a complex anatomical basis, including the frontostriatal network, temporo-occipital tracts, ventromedial prefrontal cortex and the amygdala, and therefore tests within this domain are highly mentally demanding.<sup>29</sup> The faux pas test, for example, consists of stories of approximately six to eight sentences and requires adequate attention and working memory (closely related to executive functioning).<sup>30</sup> In ALS, the presence of an association between deficits in

social cognition and executive dysfunction is unclear: a negative study (which specifically addressed this issue) is refuted by a recent meta-analysis of social cognition in ALS that showed an association between deficits in social cognition and executive functions.<sup>5,31</sup>

In conclusion, social cognition involves high-level cognitive functioning and can be easily disrupted in bvFTD and ALS. One could argue that social cognition deficits are therefore likely to occur in early stages of bvFTD and ALS and may show progression over time.<sup>32</sup> This should be investigated in a longitudinal study including only early-stage bvFTD and patients with ALS. If confirmed, this could attribute to the early detection of cognitive impairment in patients with ALS.<sup>29</sup>

### Memory in bvFTD

According to the consensus criteria for bvFTD, episodic memory is relatively spared in bvFTD.<sup>10</sup> Our findings of a large effect size for the domain verbal memory suggests that memory, in particular verbal memory, is less spared in bvFTD than previously thought. Previous findings of a similar degree of episodic memory deficits in patients with bvFTD and patients with Alzheimer's disease, and of severe memory deficits in amnesic variants of FTD, in combination with the findings of the current review, corroborate the thought that memory deficits are part of the cognitive profile of bvFTD.<sup>33-36</sup> Our data do not allow for a discussion of brain correlates of memory deficits in bvFTD and ALS – that is, whether memory deficits are predominantly associated with executive deficits related to frontal lobe dysfunction, or based on encoding difficulties related to hippocampal dysfunction. Nevertheless, the assumption that memory changes in bvFTD (and ALS) are primarily based on executive deficits is challenged by MRI studies in patients with early-stage bvFTD and ALS showing atrophy of the hippocampus, and pathological findings of inclusions in the dentate gyrus of the hippocampus in patients with ALS and bvFTD.<sup>11, 37-40</sup>

### Exploring heterogeneity

There was considerable statistical heterogeneity in most cognitive domains. This can be partly explained by differences in study populations as a result of clinical variability – reflected, for example, by the results of the subgroup analysis 'disease severity.'

The clinical diagnosis bvFTD, according to consensus criteria, is based on the presence of abnormalities in three out of six domains of behavioural/cognitive symptoms. The presence of cognitive symptoms constitutes one of these six domains. Consequently, cognitive symptoms do not have to be present in order to diagnose bvFTD, which has probably contributed to statistical heterogeneity

in our study.<sup>10</sup> This is further exemplified by wide confidence intervals of some cognitive domains of patients with bvFTD (e.g. social cognition, verbal memory and visual memory).

Besides clinical variability, other explanations for statistical heterogeneity in our study include the grouping of various neuropsychological tests into one domain. The classification of neuropsychological tests in different domains can be argued, as tests are never process-pure. We aimed for a functional classification, by using a-priori theory and convention to group the neuropsychological tests.<sup>41</sup> Furthermore, we grouped neuropsychological tests in agreement with other meta-analyses on cognitive impairment, and our own previous ALS meta-analysis, in order to enable a comparison between the bvFTD and ALS meta-analyses.<sup>42-44</sup>

Nevertheless, different sensitivities to pathology across tests can lead to diverging effect sizes of tests within a domain, and accordingly, a higher level of statistical heterogeneity. See for example different effect sizes in the social cognition domain of the Ekman test (Hedges'  $g = 1.89$ ; CI 1.46 to 2.51) and theory of mind (Hedges'  $g = 0.85$ ; CI 0.41 to 1.29).

### Comparison of the cognitive profiles of bvFTD and ALS

Our study shows similarities between the cognitive profiles of bvFTD and ALS. The domains social cognition, verbal memory and fluency are most impaired in both diseases, with relative sparing of visuoperception. We also showed less severe language deficits in patients with bvFTD, compared to for example impairments in social cognition and verbal memory. In the ALS meta-analysis, we have shown that language impairment occurred frequently with one of the largest effect sizes. This difference between bvFTD and ALS can be explained by exclusion of language variants of FTD in the current meta-analysis. Although it is well known that a minority of patients with ALS develops semantic dementia or progressive non-fluent aphasia without behavioural changes, in this study we have chosen to include patients with the behavioural subtype of FTLT only.<sup>45-47</sup> We felt that inclusion of the language subtypes of FTLT would have led to a high level of heterogeneity (in particular regarding the language domain) and difficulties in interpreting the results. Furthermore the incidence of bvFTD in combination with ALS is higher than that of the language subtypes of FTLT.<sup>48</sup> The presence of a cognitive disease continuum between bvFTD and ALS could be corroborated when trajectories of cognitive deterioration are similar between the disorders. A relatively low number of longitudinal studies, however, prevented a meta-analysis of the courses of cognitive decline in ALS. A limited number of longitudinal neuropsychological studies in ALS so far, failed to show a consistent pattern of progression of cognitive deficits – longitudinal studies

on behavioural changes in ALS are even more scarce. These kinds of studies in patients with ALS are hampered by loss to follow-up due to progression of motor symptoms, including nocturnal hypoventilation or daytime hypercapnia due to respiratory insufficiency.<sup>49-51</sup> The latter complicates the interpretation of the nature of cognitive and behavioural changes in end-stage ALS. A future study in early-onset patients with ALS (i.e. disease duration < 1 year) with longitudinal (e.g. home-based) assessment of cognitive, behavioural and respiratory functions in late-stage ALS, may add relevant new information to the ongoing debate on the progression of cognitive deficits in ALS and the cognitive disease continuum between ALS and bvFTD.

### Limitations

In addition to its strengths, i.e. a systematic analysis of a large number of studies, data extraction by two authors and a well-defined patient group, the current meta-analysis has some limitations, of which considerable heterogeneity in most cognitive domains has been described above.

The data does not allow for meta-analysing subgroups based on biomarker, genetic or pathological findings: in 8 (out of 120) included studies, the authors included and/or excluded (a proportion) of participants based on CSF findings ( $A\beta_{42}$ ,  $\tau$  and  $p-t$ ,  $n=7$ ) or amyloid PET ( $n=3$ ) results. Pathogenic mutations (MAPT, C9orf72 and PGRN) were reported in 5 articles. Therefore, it is not possible to draw conclusions about the cognitive profile of bvFTD and ALS subtypes based on these criteria.

Furthermore, some of the included studies were performed by the same research group. In order to prevent including the same patient group twice, we carefully checked the method sections of different papers by the same research group, in particular when longitudinal data were presented. Also, demographic characteristics and results of neuropsychological tests batteries performed by the same research group were compared, to exclude entirely similar cohorts. Although we cannot completely rule out the possibility that the same patient cohort was included twice, we are fairly confident that this is not the case. Also, because of the large number of participants and the robust results of the effect sizes and CIs, the inclusion of the same patient cohort would probably not significantly influence our results.

Finally, our findings do not exclude the possibility that the shared cognitive profile of ALS and bvFTD is a reflection of a common cognitive profile of neurodegenerative diseases in general, because we did not include other neurodegenerative disorders. To further investigate this we recommend comparisons of cognitive profiles of bvFTD and ALS with those of other

neurodegenerative diseases, such as Parkinson's disease and Huntington's disease.

In conclusion, we have determined the cognitive profile of bvFTD and have indicated that the cognitive profiles of bvFTD and ALS show similarities. The findings support the existence of a cognitive continuum between bvFTD and ALS and may direct cognitive testing of ALS and patients with bvFTD. Based on our meta-analytic results of individual tests, a combination of neuropsychological tests could be proposed to be used in patient care and scientific studies of bvFTD and patients with ALS. The following tests show relatively large effects sizes and low measures of heterogeneity within domains and, together, cover most of the cognitive changes in bvFTD and ALS: Ekman test (social cognition), auditory verbal learning test (verbal memory), letter fluency (fluency), Hayling test (executive functions), doors test (visual memory) and Boston naming test (language).

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**SUPPLEMENTAL MATERIAL**

**Table e-1.** Key words used in the literature search

FTD, frontotemporal dementia, FTLD, pick's disease, frontal variant FTD, frontal variant dementia, bvFTD, f-FTD, frontotemporal (lobar) degeneration, presenile dementia	<b>OR</b>	amyotrophic lateral sclerosis, ALS, motor neuron(e) disease, MND, Gehrig
<b>AND</b>		
cognition, mild cognitive impairment, cognition disorders, language disorders, (neuro) psychological tests, language (tests), memory, MMSE, Mini Mental State Examination, theory of mind, Frontal Assessment Battery, Boston Naming, Wisconsin Card Sorting Test, Stroop test, trail making test, aptitude tests		

**Table e-2.** Overview of tests used in the cognitive domains

<b>Cognitive domain</b>	<b>Cognitive skills tested within the cognitive domain</b>	<b>Frequently used neuropsychological tests within the cognitive domain</b>
Social cognition	Social perception, recognition of expressed emotions; understanding social causality and theory of mind	Ekman 60 faces test, faux pas test, reading the mind in the eyes test, theory of mind, The Awareness of Social Inference Test
Verbal memory	Recall of unassociated words and short stories	Auditory verbal learning test, logical memory test, recognition memory test – words, free and cued selective reminding test
Fluency	Mental lexicon and executive control	Letter fluency, category fluency, design fluency
Executive functions	Mental flexibility, task-switching, strategic planning and suppression ability	Trail making test part B, stroop test part B, Iowa gambling test, Wisconsin card sorting test, hayling sentence completion test, brixton test
Visual memory	Visuospatial memory and visual recognition of objects and faces	Rey complex figure test part B, face recognition task, doors test, recognition memory test – faces
Visuoconstruction	Ability to copy complex figures	Rey complex figure test part A
Language	Naming and picture and word comprehension	Boston naming test, peabody picture vocabulary test, piramids and palm trees test, token test, western aphasia battery, Sydney language battery, British picture vocabulary scale
Attention	Verbal and visual working memory and associability	Digit span forward, digit span backward, visual span, letter number sequencing test
Psychomotor speed	Processing speed and mental flexibility	Trail making test part A, stroop test part A, symbol digit substitution test
Visuoperception	Object and space perception	Judgement of line orientation test, visual object and space perception battery

Legend. Only frequently used tests are included in this table, i.e. tests used in three or more studies

Table e-3. Characteristics of the included articles

Author, year	Newcastle Ottawa scale		Participants (p/c)	Age of patients	Disease duration	Years of education	Disease severity
	Selection	Comparability					
Irish 2013 <sup>1</sup>	4	2	10/10	62.8	4.8	11.8	81.1 <sup>#</sup>
Cruz de Souza 2010 <sup>2</sup>	3	2	17/17	71.1	-	5.2	-
Chiong 2013 <sup>3</sup>	2	2	10/16	61.2	-	16.6	1.1* 6.1 <sup>\$</sup>
Kumfor 2013 <sup>4</sup>	3	2	11/15	66.7	6.1	11.2	77.7 <sup>#</sup>
Diehl-Schmid 2007 <sup>5</sup>	3	2	25/33	63.2	-	12.8	-
Fine 2009 <sup>6</sup>	2	2	25/9	58.6	-	16.5	-
O'Callaghan 2013 <sup>7</sup>	3	2	11/15	63.1	1.0	12.2	-
Carey 2008 <sup>8</sup>	2	2	44/27	61.5	-	15.3	-
Banks 2008 <sup>9</sup>	2	2	11/15	63.8	5.6	15.9	-
Irish 2013 <sup>10</sup>	1	2	15/15	63.9	3.0	12.3	78.5 <sup>#</sup>
Ash 2009 <sup>11</sup>	2	2	12/10	64.8	4.1	16.0	-
Couto 2013 <sup>12</sup>	3	2	12/18	69.8	-	16.0	-
Cosentino 2006 <sup>13</sup>	2	2	12/15	67.4	6.0	15.8	-
Bertoux 2013 <sup>14</sup>	3	2	20/30	69.2	3.3	9.9	-
Bertoux 2012 <sup>15</sup>	2	2	37/30	65.0	-	10.6	126.5 <sup>\$</sup>
Collette 2007 <sup>16</sup>	2	2	13/28	65.7	-	-	127.3 <sup>\$</sup>
Collette 2010 <sup>17</sup>	4	2	12/20	67.5	-	11.6	118.7 <sup>\$</sup>
Fernandez-Duque 2005 <sup>18</sup>	2	2	6/10	63.7	-	16.5	125.7 <sup>\$</sup>
Fernandez-Duque 2007 <sup>19</sup>	2	2	10/14	61.0	-	16.3	-

Table e-3. Continued.

Author, year	Newcastle Ottawa scale		Participants (p/c)	Age of patients	Disease duration	Years of education	Disease severity
	Selection	Comparability					
Fernandez-Duque 2009 <sup>20</sup>	2	2	11/12	60.6	3.4	16.1	126.4 <sup>\$</sup>
Fernandez-Duque 2010 <sup>21</sup>	2	2	9/10	62.3	-	16.2	126.0 <sup>\$</sup>
Filippi 2013 <sup>22</sup>	4	2	12/30	59.0	2.7	11.0	4.8 <sup>\$</sup>
Downey 2013 <sup>23</sup>	3	2	20/20	64.0	5.5	13.0	-
Funkiewiez 2012 <sup>24</sup>	3	2	22/30	65.5	-	5.3	131.4 <sup>\$</sup>
Gleichgerrcht 2011 <sup>25</sup>	2	2	25/26	70.0	-	15.9	0.8* 80.1 <sup>#</sup>
Gleichgerrcht 2012 <sup>26</sup>	4	2	35/14	68.5	-	13.6	81.9 <sup>#</sup>
Gregory 2002 <sup>27</sup>	4	2	19/16	58.6	-	11.6	81.4 <sup>#</sup>
Hodges 1999 <sup>28</sup>	3	2	9/9	57.0	-	10.0	-
Hornberger 2011 <sup>29</sup>	3	2	14/18	59.3	3.7	11.8	75.6 <sup>#</sup>
Hsieh 2012 <sup>30</sup>	3	2	8/15	62.9	-	12.3	1.4* 79.6 <sup>#</sup>
Irish 2011 <sup>31</sup>	3	2	15/19	61.6	3.2	12.3	78.1 <sup>#</sup>
Isella 2008 <sup>32</sup>	3	2	18/40	65.1	-	7.5	1.1*
Johns 2009 <sup>33</sup>	4	2	17/20	66.6	-	11.5	-
Johnson 2011 <sup>34</sup>	3	2	11/17	59.8	-	16.2	6.1 <sup>\$</sup>
Kloeters 2013 <sup>35</sup>	3	2	18/28	60.8	-	11.6	80.1 <sup>#</sup>
Kugo 2007 <sup>36</sup>	3	2	23/25	64.7	5.0	11.2	1.3*
Kumfor 2011 <sup>37</sup>	3	2	16/37	61.5	3.5	12.1	82.8 <sup>#</sup>

Author, year	Newcastle Ottawa scale	Selection	Comparability	Exposure	Participants (p/c)	Age of patients	Disease duration	Years of education	Disease severity
Laisney 2009 <sup>38</sup>	2	2	1	1	18/18	67.2	2.7	11.2	-
Le Bouc 2012 <sup>39</sup>	2	2	1	1	11/20	58.7	-	11.5	-
Lough 2006 <sup>40</sup>	2	2	1	1	31/13	61.1	-	-	86.5 <sup>#</sup>
Manes 2011 <sup>41</sup>	2	2	1	1	43/14	68.8	-	13.6	0.7* 78.9 <sup>#</sup>
Matuszewski 2006 <sup>42</sup>	2	2	1	1	20/21	67.9	-	-	-
McKinnon 2008 <sup>43</sup>	2	2	1	1	8/16	59.0	3.0	15.5	-
Mendez 1998 <sup>44</sup>	3	2	1	1	31/31	65.6	2.7	14.1	1.4*
Miller 2012 <sup>45</sup>	3	2	1	1	17/36	61.0	3.7	12.0	86.0 <sup>#</sup> 0.7*
Omar 2011 <sup>46</sup>	2	2	1	1	16/21	64.7	6.9	14.1	-
Omar 2013 <sup>47</sup>	3	2	1	1	12/17	66.1	-	-	-
Pachana 1996 <sup>48</sup>	2	2	1	1	15/16	63.9	-	15.2	-
Peelle 2007 <sup>49</sup>	2	2	1	1	7/20	60.0	-	14.6	-
Pennington 2011 <sup>50</sup>	2	2	1	1	14/15	59.7	3.4	10.5	-
Possin 2012 <sup>51</sup>	3	2	1	1	32/37	59.4	-	16.6	-
Possin 2011 <sup>52</sup>	4	2	1	1	48/94	61.8	-	16.6	-
Rahman 1999 <sup>53</sup>	3	2	1	1	8/8	57.9	3.4	-	-
Rankin 2009 <sup>54</sup>	3	2	1	1	20/13	60.0	-	16.7	1.1* 6.6 <sup>§</sup>

Table e-3. Continued.

Author, year	Newcastle Ottawa scale	Selection	Comparability	Exposure	Participants (p/c)	Age of patients	Disease duration	Years of education	Disease severity
Ricci 2012 <sup>55</sup>	3	2	1	1	15/28	65.7	-	10.3	-
Ricci 2012 <sup>55</sup>	3	2	1	1	11/15	59.8	-	12.6	-
Savage 2014 <sup>56</sup>	2	2	1	1	25/30	62.5	-	11.8	77.5 <sup>#</sup>
Silveri 2003 <sup>57</sup>	2	2	1	1	17/34	72.1	-	8.9	-
Souchay 2003 <sup>58</sup>	3	2	1	1	6/16	57.7	-	9.8	-
Stopford 2012 <sup>59</sup>	4	2	1	1	26/26	64.0	6.0	-	1.0*
Torralva 2007 <sup>60</sup>	3	2	1	1	20/10	67.2	-	12.8	85.6 <sup>#</sup>
Torralva 2009 <sup>61</sup>	3	2	1	1	35/14	67.2	-	13.6	81.9 <sup>#</sup>
Viskontas 2011 <sup>62</sup>	2	2	1	1	12/21	61.2	-	15.3	0.9* 5.5 <sup>§</sup>
Wicklund 2004 <sup>63</sup>	3	2	1	1	16/20	65.1	4.4	15.7	-
Baez 2014 <sup>64</sup>	2	2	1	1	37/30	66.0	-	13.7	-
Bertoux 2014 <sup>65</sup>	3	2	1	1	44/22	67.0	-	11.0	-
Hsieh 2013 <sup>66</sup>	3	2	1	1	9/15	62.5	-	10.9	4.9 <sup>§</sup>
Irish 2014 <sup>67</sup>	2	2	1	1	19/19	63.6	3.9	12.6	77.5 <sup>#</sup>
Irish 2014 <sup>68</sup>	3	2	1	1	10/14	63.6	5.0	10.9	77.2 <sup>#</sup>
Kamminga 2014 <sup>69</sup>	2	2	1	1	8/11	64.1	5.1	11.6	83.5 <sup>#</sup>
Kumfor 2014 <sup>70</sup>	2	2	1	1	20/24	66.6	5.2	12.2	79.7 <sup>#</sup>
Lagarde 2013 <sup>71</sup>	2	2	1	1	16/18	69.3	5.3	11.8	124.7 <sup>§</sup>
Lemos 2014 <sup>72</sup>	4	2	1	1	32/32	68.6	-	7.0	1.0*

Author, year	Newcastle Ottawa scale			Participants (p/c)	Age of patients	Disease duration	Years of education	Disease severity
	Selection	Comparability	Exposure					
Russo 2014 <sup>73</sup>	3	2	1	27/40	66.5	3.3	13.6	6.2 <sup>s</sup>
Ash 2016 <sup>74</sup>	3	2	1	54/27	63.7	4.2	15.7	-
Baez 2016 <sup>75</sup>	2	2	1	26/23	66.1	-	15.2	-
Baez 2017 <sup>76</sup>	2	2	1	16/22	65.8	-	14.8	-
Balconi 2015 <sup>77</sup>	2	2	1	16/20	65.6	-	7.0	-
Bertoux 2016 <sup>78</sup>	2	2	1	71/60	65.9	3.3	11.4	-
Bertoux 2015 <sup>79</sup>	2	2	1	60/30	66.1	3.2	10.3	-
Brioschi 2015 <sup>80</sup>	2	2	1	28/18	59.2	-	15.9	-
Cavedo 2014 <sup>81</sup>	3	2	1	16/22	69.0	-	12.0	-
Cerciello 2017 <sup>82</sup>	2	2	1	9/20	72.3	-	9.5	-
Chiong 2016 <sup>83</sup>	2	2	1	25/58	64.0	-	16.9	7.0 <sup>s</sup>
Clark 2015 <sup>84</sup>	3	2	1	22/21	67.0	9	13.9	-
Clark 2015 <sup>85</sup>	2	2	1	15/21	65.0	6.3	17.0	-
Cohen 2016 <sup>86</sup>	2	2	1	11/39	68.0	8.5	10.2	-
Consonni 2017 <sup>87</sup>	2	2	1	15/48	64.4	3.5	-	-
Cook 2014 <sup>88</sup>	2	2	1	33/15	62.0	5	16.0	-
Custodio 2016 <sup>89</sup>	3	2	1	34/25	67.1	-	11.7	0.8* 76.6 <sup>#</sup>
Dermody 2016 <sup>90</sup>	3	2	1	24/22	63.0	3.5	12.4	74.2 <sup>#</sup>
Dermody 2015 <sup>91</sup>	4	2	1	12/12	63.2	5.1	11.6	78.8 <sup>#</sup>

Table e-3. Continued.

Author, year	Newcastle Ottawa scale			Participants (p/c)	Age of patients	Disease duration	Years of education	Disease severity
	Selection	Comparability	Exposure					
Fernandez 2017 <sup>92</sup>	3	2	1	26/24	71.3	3.9	8.0	70.4 <sup>#</sup>
Flanagan 2016 <sup>93</sup>	3	2	1	39/61	60.6	3.5	12.3	-
Fletcher 2015 <sup>94</sup>	2	2	1	16/26	66.0	8.3	14.6	-
Hafkemeijer 2017 <sup>95</sup>	2	2	1	12/22	64.7	5.0	-	1.3*
Hardy 2016 <sup>96</sup>	2	2	1	24/24	64.4	7.8	14.8	-
Hutchings 2015 <sup>97</sup>	2	2	1	16/17	64.1	5.1	11.8	-
Irish 2016 <sup>98</sup>	3	2	1	15/20	63.5	3.8	11.6	79.4 <sup>#</sup>
Johnen 2016 <sup>99</sup>	4	2	1	24/35	64.9	2.7	11.2	-
Kamminga 2015 <sup>100</sup>	3	2	1	19/20	60.5	4.3	11.3	79.0 <sup>#</sup>
Keri 2014 <sup>101</sup>	4	2	1	16/20	58.9	-	11.7	-
Kumfor 2015 <sup>102</sup>	4	2	1	13/11	62.5	5.5	12.0	77.0 <sup>#</sup>
Kumfor 2016 <sup>103</sup>	3	2	1	13/16	60.2	4.3	11.8	77.5 <sup>#</sup>
Lagarde 2015 <sup>104</sup>	3	2	1	18/18	69.7	5.4	12.0	126.3 <sup>s</sup>
Leslie 2016 <sup>105</sup>	4	2	1	14/33	62.7	4.8	12.2	68.2 <sup>#</sup>
Lin 2016 <sup>106</sup>	2	2	1	15/15	62.1	5.1	11.4	-
Mahoney 2015 <sup>107</sup>	3	2	1	23/18	63.8	-	15.5	-
Mandelli 2016 <sup>108</sup>	3	2	1	23/34	62.9	-	16.1	-
Metzger 2016 <sup>109</sup>	3	2	1	8/8	67.6	-	-	-
O'Callaghan 2016 <sup>110</sup>	3	2	1	22/22	64.8	2.3	12.0	-
Primitivo 2017 <sup>111</sup>	2	2	1	12/38	67.7	9.2	14.0	-



Table e-3. Continued.

Author, year	Newcastle Ottawa scale		Participants (p/c)	Age of patients	Disease duration	Years of education	Disease severity
	Selection	Comparability					
Ramanan 2015 <sup>12</sup>	4	2	17/35	67.0	3.0	15.8	1.37* 62.3 <sup>#</sup>
Santamaria-Garcia 2017 <sup>13</sup>	2	2	20/20	58.9	3.1	14.8	-
Scherling 2017 <sup>14</sup>	3	2	17/35	62.1	-	16.5	6.4 <sup>§</sup>
Sedeno 2016 <sup>15</sup>	2	2	14/12	66.4	-	14.7	-
Tan 2015 <sup>16</sup>	3	2	23/15	62.0	4.0	12.0	74.0 <sup>#</sup>
Torraiva 2015 <sup>17</sup>	4	2	40/18	67.2	-	15.0	70.4 <sup>#</sup>
Tu 2015 <sup>18</sup>	3	2	24/23	64.7	6.6	11.8	82.1 <sup>#</sup>
Wong 2014 <sup>19</sup>	3	2	22/35	61.2	3.8	11.3	7.1 <sup>§</sup> 76.0 <sup>#</sup>
Wong 2016 <sup>20</sup>	3	2	22/38	61.0	3.6	11.8	5.6 <sup>§</sup> 76.3 <sup>#</sup>

Legend. NOS: Newcastle Ottawa scale (maximum score 8); p: patients; c: controls. Age and disease durations are expressed in years. Disease severity is expressed as scores on the Clinical Dementia Rating scale (CDR\*); scores from 0 to 3, higher scores indicate more impairment, mean score was 1.1, indicating mild dementia<sup>21</sup>). Addenbrooke's Cognitive Examination – Revised (ACE-R\*); scores from 0 to 100, higher scores indicate better performance, mean score was 78.1, indicating moderate dementia<sup>22</sup>), CDR sum of boxes<sup>§</sup> (scores from 0 to 18, higher scores indicate more impairment, mean score was 6.0, indicating mild dementia<sup>23</sup>) and the Mattis Dementia Rating Scale (MDRS\*); scores from 0 to 144, higher score indicate better performance, mean score was 125.9, indicating no dementia<sup>24</sup>).

### Supplemental references of all included articles

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**Table e-4.** Articles excluded from the meta-analysis

Blair	2007	Dementia & Geriatric Cognitive Disorders	ALS-FTD patients included in patient group
Cantoni	2010	Journal of Alzheimer's Disease	ALS-FTD patients included in patient group
Cardenas	2007	Archives of Neurology	ALS-FTD patients included in patient group
Chow	2008	Alzheimer Disease & Associated Disorders	ALS-FTD patients included in patient group
Hartikainen	2012	Journal of Alzheimer's Disease	ALS-FTD patients included in patient group
Ishii	1998	Journal of Nuclear Medicine	ALS-FTD patients included in patient group
Munoz-Ruiz	2013	Journal of Alzheimer's Disease	ALS-FTD patients included in patient group
Munoz-Ruiz	2012	PLoS ONE	ALS-FTD patients included in patient group
Seeley	2008	Archives of Neurology	ALS-FTD patients included in patient group
Zhang	2009	Brain	ALS-FTD patients included in patient group
Zhou	2010	Brain	ALS-FTD patients included in patient group
Bruno	2017	Neurologia	ALS-FTD patients included in patient group
Cossini	2016	Neurologia Argentina	Article in Spanish
Martinez	2015	Revista Colombiana De Psiquiatria	Article in Spanish
Pollitis	2016	Vertex	Article in Spanish
Turro-Garriga	2017	Neurologia	Article in Spanish
Agosta	2015	Human Brain Mapping	Control group not matched for age or education
Agosta	2013	Neurology	Control group not matched for age or education
Agosta	2009	Proceedings of the National Academy of Sciences	Control group not matched for age or education
Ahmed	2016	Journal of Neurology, Neurosurgery and Psychiatry	Control group not matched for age or education
Allali	2010	Movement Disorders	Control group not matched for age or education
Anderson	2009	European Journal of Neurology	Control group not matched for age or education
Bak	2003	Journal of Neurolinguistics	Control group not matched for age or education

Table e-4. Continued.

Baldeiras	2015	Journal of the Neurological Sciences	Control group not matched for age or education
Basely	2013	European Journal of Nuclear Medicine & Molecular Imaging	Control group not matched for age or education
Bastin	2012	Human Brain Mapping	Control group not matched for age or education
Bernardi	2006	Neurobiology of Aging	Control group not matched for age or education
Bertoux	2012	Journal of the International Neuropsychological Society	Control group not matched for age or education
Bertoux	2015	Neuropsychology	Control group not matched for age or education
Bird	2010	Hippocampus	Control group not matched for age or education
Boccardi	2005	Neurobiology of Aging	Control group not matched for age or education
Buerger	2002	Archives of Neurology	Control group not matched for age or education
Cappa	1998	Neurology	Control group not matched for age or education
Chan	2015	Psychiatry Research	Control group not matched for age or education
Chiu	2012	Journal of Neurology	Control group not matched for age or education
De Souza	2013	Journal of Alzheimer's Disease	Control group not matched for age or education
De winter	2016	NeuroImage: clinical	Control group not matched for age or education
Derouesne	2012	Geriatric Et Psychologie Neuropsychiatrie Du Vieillessement	Control group not matched for age or education
Donaghy	2010	Journal of Neurology	Control group not matched for age or education
Downey	2015	NeuroImage: clinical	Control group not matched for age or education
Du	2007	Brain	Control group not matched for age or education
Du	2006	Neurology	Control group not matched for age or education
Eckart	2012	Neuropsychologia	Control group not matched for age or education
Eslinger	2007	Journal of Neurology	Control group not matched for age or education
Filippi	2017	Neurology	Control group not matched for age or education
Foley	2008	Acta Neuropsychiatrica	Control group not matched for age or education

Table e-4. Continued.

Freedman	2013	Alzheimer Disease & Associated Disorders	Control group not matched for age or education
Freedman	2013	Alzheimer Disease & Associated Disorders	Control group not matched for age or education
Frings	2012	Human Brain Mapping	Control group not matched for age or education
Frisoni	1996	Journal of Neurology	Control group not matched for age or education
Gennatas	2012	Neurology	Control group not matched for age or education
Giovagnoli	2008	Neuropsychologia	Control group not matched for age or education
Gola	2017	NeuroImage: clinical	Control group not matched for age or education
Gordon	2010	Neurology	Control group not matched for age or education
Grossman	2005	Annals of Neurology	Control group not matched for age or education
Grossman	2010	Neuropsychologia	Control group not matched for age or education
Hansson	2009	Journal of Alzheimer's Disease	Control group not matched for age or education
Hazif-Thomas	2005	Annales medico-psychologiques	Control group not matched for age or education
Henley	2014	Neuropsychologia	Control group not matched for age or education
Hoefler	2008	Brain	Control group not matched for age or education
Hornberger	2010	Neurology	Control group not matched for age or education
Hughes	2013	Journal of Cognitive Neuroscience	Control group not matched for age or education
Irish	2017	Neuropsychologia	Control group not matched for age or education
Irish	2014	PLoS ONE	Control group not matched for age or education
Irish	2014	PLoS ONE	Control group not matched for age or education
Jastorff	2016	Human Brain Mapping	Control group not matched for age or education
Khan	2012	Journal of Neurology	Control group not matched for age or education
Kipps	2009	Brain	Control group not matched for age or education
Kipps	2009	Brain	Control group not matched for age or education

Table e-4. Continued.

Kramer	2007	Journal of the International Neuropsychological Society	Control group not matched for age or education
Krueger	2010	Alzheimer Disease & Associated Disorders	Control group not matched for age or education
Kumfor	2017	Cortex	Control group not matched for age or education
Kumfor	2014	Frontiers in Behavioral Neuroscience	Control group not matched for age or education
Kumfor	2014	Frontiers in Behavioral Neuroscience	Control group not matched for age or education
Lansdall	2017	Brain	Control group not matched for age or education
Lee	2003	European Journal of Neuroscience	Control group not matched for age or education
Lehmann	2011	Handbook of Imaging the Alzheimer Brain	Control group not matched for age or education
Looi	2008	American Journal of Neuroradiology	Control group not matched for age or education
Lorenzi	2008	International Psychogeriatrics	Control group not matched for age or education
Luks	2010	Neuropsychologia	Control group not matched for age or education
Macfarlane	2015	PLoS ONE	Control group not matched for age or education
Magerova	2014	American Journal of Alzheimer's Disease & Other Dementias	Control group not matched for age or education
Magerova	2014	American Journal of Alzheimer's Disease & Other Dementias	Control group not matched for age or education
Mahoney	2014	Human Brain Mapping	Control group not matched for age or education
Mahoney	2014	Human Brain Mapping	Control group not matched for age or education
Marshall	2017	Frontiers in Neurology	Control group not matched for age or education
Meijboom	2017	European Radiology	Control group not matched for age or education
Munoz-Ruiz	2016	Dementia & Geriatric Cognitive Disorders	Control group not matched for age or education
Murtha	2002	Journal of the International Neuropsychological Society	Control group not matched for age or education
Perneckzy	2013	Translational Psychiatry	Control group not matched for age or education
Perry	2015	Alzheimer Disease & Associated Disorders	Control group not matched for age or education
Perry	2012	European Journal of Neurology	Control group not matched for age or education

Table e-4. Continued.

Perry	2000	Neurology	Control group not matched for age or education
Piguet	2011	Annals of Neurology	Control group not matched for age or education
Piquard	2009	Brain and Cognition	Control group not matched for age or education
Piquard	2004	Psychologie & Neuropsychiatrie du Vieillessement	Control group not matched for age or education
Porter	2003	Journal of Neuropsychiatry & Clinical Neurosciences	Control group not matched for age or education
Possin	2013	Neurology	Control group not matched for age or education
Ramanan	2017	Journal of the International Neuropsychological Society	Control group not matched for age or education
Ranjith	2010	Annals of Indian Academy of Neurology	Control group not matched for age or education
Rankin	2007	Cognitive & Behavioral Neurology	Control group not matched for age or education
Rankin	2005	Cognitive & Behavioral Neurology	Control group not matched for age or education
Richards	2009	Neurobiology of Aging	Control group not matched for age or education
Rosen	2004	Dementia and Geriatric Cognitive Disorders	Control group not matched for age or education
Rosen	2002	Neurology	Control group not matched for age or education
Rosen	2014	Neuropsychology	Control group not matched for age or education
Rosen	2014	Neuropsychology	Control group not matched for age or education
Rytty	2013	Frontiers in Human Neuroscience	Control group not matched for age or education
Santillo	2013	PLoS ONE	Control group not matched for age or education
Schubert	2016	Journal of Alzheimer's Disease	Control group not matched for age or education
Sebastian	2010	Psicothema	Control group not matched for age or education
Sebastian	2012	Psicothema	Control group not matched for age or education
Serrano	2014	Current Psychopharmacology	Control group not matched for age or education
Shany-Ur	2014	Brain	Control group not matched for age or education
Shany-Ur	2012	Cortex	Control group not matched for age or education

Table e-4. Continued.

Shimizu	2010	Brain Imaging & Behavior	Control group not matched for age or education
Silajdzic	2012	PLoS ONE	Control group not matched for age or education
Simonsen	2007	Dementia and Geriatric Cognitive Disorders	Control group not matched for age or education
Snowden	2008	Neuropsychologia	Control group not matched for age or education
Sollberger	2014	Brain and Behavior	Control group not matched for age or education
Sturm	2017	Brain and Behavior	Control group not matched for age or education
Thomas	2009	Encephale	Control group not matched for age or education
Thomas-Anterion	1998	Revue de Neuropsychologie	Control group not matched for age or education
Tosun	2016	Annals of Clinical and Translational Neurology	Control group not matched for age or education
Tu	2017	Journal of Alzheimer's Disease	Control group not matched for age or education
Valverde	2009	Clinical Neurology and Neurosurgery	Control group not matched for age or education
van den Stock	2015	Neuropsychologia	Control group not matched for age or education
Virani	2013	Journal of Psychiatry & Neuroscience	Control group not matched for age or education
Vogel	2017	Neurology	Control group not matched for age or education
Walker	2005	International Psychogeriatrics	Control group not matched for age or education
Walterfang	2014	Journal of Alzheimer's Disease	Control group not matched for age or education
Wang	2016	Frontiers in Aging Neuroscience	Control group not matched for age or education
Waragai	2008	Dementia & Geriatric Cognitive Disorders	Control group not matched for age or education
Weiner	2011	International Psychogeriatrics	Control group not matched for age or education
Whitwell	2005	Dementia & Geriatric Cognitive Disorders	Control group not matched for age or education
Wicklund	2006	Alzheimer Disease & Associated Disorders	Control group not matched for age or education
Wong	2017	Cortex	Control group not matched for age or education
Wong	2017	Neuropsychologia	Control group not matched for age or education

Table e-4. Continued.

Woolley	2015	Biological Psychiatry	Control group not matched for age or education
Woolley	2012	Current Alzheimer Research	Control group not matched for age or education
Yew	2013	Journal of Alzheimer's Disease	Control group not matched for age or education
Yoshida	2009	Dementia & Geriatric Cognitive Disorders	Control group not matched for age or education
Yoshida	2011	Psychiatry Research	Control group not matched for age or education
Koikkalainen	2016	NeuroImage: clinical	Controls with subjective cognitive complaints
Smits	2015	Psychological Medicine	Controls with subjective cognitive complaints
Teichmann	2017	Alzheimer's & Dementia	Controls with subjective cognitive complaints
Vijverberg	2017	Neurobiology of Aging	Controls with subjective cognitive complaints
Arslan	2015	Turkish Journal of Medical sciences	Did not meet validated clinical criteria
Hampel	2004	Archives of General Psychiatry	Did not meet validated clinical criteria
Serrano	2014	Current Psychopharmacology	Did not meet validated clinical criteria
Starkstein	1994	Journal of Neurology	Did not meet validated clinical criteria
Strenziok	2011	Cognitive & Behavioral Neurology	Did not meet validated clinical criteria
Bertoux	2015	Journal of Neurology, Neurosurgery and Psychiatry	Editorial
Bocchetta	2016	Journal of Neurology, Neurosurgery and Psychiatry	Editorial
Ahmed	2016	JAMA Neurology	Effect size calculation not possible
Alberici	2014	Neurological Sciences	Effect size calculation not possible
Andersen	1997	Archives of Neurology	Effect size calculation not possible
Appels	2016	Tijdschrift voor Gerontologie en Geriatrie	Effect size calculation not possible
Avants	2014	NeuroImage	Effect size calculation not possible
Baez	2014	JAMA Neurology	Effect size calculation not possible
Barrows	2015	Journal of Geriatric Psychiatry & Neurology	Effect size calculation not possible



Table e-4. Continued.

Barsuglia	2014	Archives of Clinical Neuropsychology	Effect size calculation not possible
Beck	2014	International Journal of Geriatric Psychiatry	Effect size calculation not possible
Bediou	2012	Frontiers in Psychology	Effect size calculation not possible
Bertoux	2014	Biological Psychiatry	Effect size calculation not possible
Bertoux	2013	Brain Imaging & Behavior	Effect size calculation not possible
Bertoux	2014	Brain Imaging & Behavior	Effect size calculation not possible
Bertoux	2015	Journal of Alzheimer's Disease	Effect size calculation not possible
Binney	2017	Brain and Behavior	Effect size calculation not possible
Bladock	2016	Dementia and Geriatric Cognitive Disorders	Effect size calculation not possible
Borroni	2015	Neurobiology of Aging	Effect size calculation not possible
Brenowitz	2014	Journal of Alzheimer's Disease	Effect size calculation not possible
Caminiti	2015	NeuroImage: clinical	Effect size calculation not possible
Carnaghi	2015	Cognitive & Behavioral Neurology	Effect size calculation not possible
Carr	2015	Neuropsychologia	Effect size calculation not possible
Casaletto	2017	Neuropsychologia	Effect size calculation not possible
Cerami	2014	Alzheimer's & Dementia	Effect size calculation not possible
Cerami	2015	PLoS ONE	Effect size calculation not possible
Cismaru	1999	Brain and Cognition	Effect size calculation not possible
Croisile	2010	Revue Neurologique	Effect size calculation not possible
Devenny	2015	JAMA Neurology	Effect size calculation not possible
Dodich	2016	Journal of Alzheimer's Disease	Effect size calculation not possible
Dodich	2014	Neurological Sciences	Effect size calculation not possible
Eslinger	2005	Journal of Neurology	Effect size calculation not possible

Table e-4. Continued.

Eslinger	2011	Journal of Neuropsychiatry & Clinical Neurosciences	Effect size calculation not possible
Fletcher	2016	Cortex	Effect size calculation not possible
Freitas	2015	Archives of Clinical Neuropsychology	Effect size calculation not possible
Freitas	2014	Clinical Neuropsychologist	Effect size calculation not possible
Freitas	2014	Clinical Neuropsychologist	Effect size calculation not possible
Galimberti	2012	Neurodegenerative Disease Management	Effect size calculation not possible
Gola	2015	Neuropsychologia	Effect size calculation not possible
Hafkemeijer	2015	Frontiers in Human Neuroscience	Effect size calculation not possible
Hou	2005	International Journal of Geriatric Psychiatry	Effect size calculation not possible
Hsieh	2013	Dementia and Geriatric Cognitive Disorders	Effect size calculation not possible
Jahn	2011	PLoS ONE	Effect size calculation not possible
Jiskoot	2016	Neurology	Effect size calculation not possible
Josephs	2009	Neurology	Effect size calculation not possible
Kanda	2008	European Journal of Nuclear Medicine & Molecular Imaging	Effect size calculation not possible
Kimura	1999	Neuroscience Letters	Effect size calculation not possible
Kipps	2009	Neurocase	Effect size calculation not possible
Krawczyk	2008	Neuropsychologia	Effect size calculation not possible
Lagarde	2013	Journal of Neurology	Effect size calculation not possible
Lima-Silva	2015	Journal of Geriatric Psychiatry & Neurology	Effect size calculation not possible
Lindberg	2009	American Journal of Neuroradiology	Effect size calculation not possible
Looi	2009	American Journal of Neuroradiology	Effect size calculation not possible
Looi	2010	NeuroImage	Effect size calculation not possible
Looi	2011	Psychiatry Research	Effect size calculation not possible

Table e-4. Continued.

McCawley	2005	Brain and Language	Effect size calculation not possible
McMillan	2004	Dementia and Geriatric Cognitive Disorders	Effect size calculation not possible
Meijboom	2017	Journal of Alzheimer's Disease	Effect size calculation not possible
Moller	2016	Neurobiology of Aging	Effect size calculation not possible
Moller	2015	NeuroImage: clinical	Effect size calculation not possible
Moller	2016	Radiology	Effect size calculation not possible
Munoz-Neira	2014	International Journal of Geriatric Psychiatry	Effect size calculation not possible
Novellino	2010	Neurobiology of Aging	Effect size calculation not possible
Peelle	2008	Journal of Neurolinguistics	Effect size calculation not possible
Piolino	2003	Brain	Effect size calculation not possible
Ranasinghe	2016	Neurology	Effect size calculation not possible
Rankin	2011	Journal of Molecular Neuroscience	Effect size calculation not possible
Reul	2017	Alzheimer's Research & Therapy	Effect size calculation not possible
Reverberi	2014	Cortex	Effect size calculation not possible
Rodell	2016	Frontiers in Aging Neuroscience	Effect size calculation not possible
Rogers	2006	Neuropsychology	Effect size calculation not possible
Rohrer	2016	Neurology	Effect size calculation not possible
Rousseaux	2010	Neuropsychologia	Effect size calculation not possible
Rowe	2007	Neurology	Effect size calculation not possible
Schmidtke	2007	International Psychogeriatrics	Effect size calculation not possible
Seelaar	2011	Neurology	Effect size calculation not possible
Serpente	2015	International Journal of Molecular Science	Effect size calculation not possible
Sharma	2011	Indian Journal of Nuclear Medicine	Effect size calculation not possible

Table e-4. Continued.

Silveri	2003	Dementia and Geriatric Cognitive Disorders	Effect size calculation not possible
Sjogren	2000	Neurology	Effect size calculation not possible
Stekete	2016	NeuroImage: clinical	Effect size calculation not possible
Stopford	2010	Behavioural Neurology	Effect size calculation not possible
Tan	2013	Dementia & Geriatric Cognitive Disorders	Effect size calculation not possible
Vijverberg	2017	Journal of Clinical Psychiatry	Effect size calculation not possible
Watanabe	2016	Journal of the Neurological Sciences	Effect size calculation not possible
Whitwell	2011	Journal of Molecular Neuroscience	Effect size calculation not possible
Whitwell	2009	Neurodegenerative Disease	Effect size calculation not possible
Wong	2014	PLoS ONE	Effect size calculation not possible
Alberici	2007	Neurological Sciences	FTLD patients included in patient group
Alexopoulos	2010	Dementia & Geriatric Cognitive Disorders	FTLD patients included in patient group
Anauate	2014	Dementia & Neuropsychologia	FTLD patients included in patient group
Anauate	2014	Dementia & Neuropsychologia	FTLD patients included in patient group
Ash	2005	Brain and Language	FTLD patients included in patient group
Avants	2010	NeuroImage	FTLD patients included in patient group
Barnes	2006	Archives of Neurology	FTLD patients included in patient group
Beber	2013	Dementia & Neuropsychologia	FTLD patients included in patient group
Bediou	2009	Journal of Geriatric Psychiatry & Neurology	FTLD patients included in patient group
Bellassen	2012	Journal of Neuroscience	FTLD patients included in patient group
Benussi	2017	Neurology	FTLD patients included in patient group
Binetti	2000	Archives of Neurology	FTLD patients included in patient group
Blair	2006	Journal of the International Neuropsychological Society	FTLD patients included in patient group

**Table e-4.** Continued.

Boban	2012	Journal of Geriatric Psychiatry & Neurology	FTLD patients included in patient group
Bocti	2006	Dementia & Geriatric Cognitive Disorders	FTLD patients included in patient group
Bourbouli	2017	Dementia and Geriatric Cognitive Disorders	FTLD patients included in patient group
Boxer	2012	Archives of Neurology	FTLD patients included in patient group
Bozzali	2013	Journal of Alzheimer's Disease	FTLD patients included in patient group
Burrell	2012	Neurology	FTLD patients included in patient group
Busse	2014	Neuroscience Research	FTLD patients included in patient group
Carlino	2014	NeuroReport	FTLD patients included in patient group
Chan	2009	Brain	FTLD patients included in patient group
Chow	2008	Dementia and Geriatric Cognitive Disorders	FTLD patients included in patient group
Comi	2010	Journal of Alzheimer's Disease	FTLD patients included in patient group
Cooke	2003	Brain and Language	FTLD patients included in patient group
Craig-Schapiro	2010	Biological Psychiatry	FTLD patients included in patient group
Dalton	2013	NeuroImage: clinical	FTLD patients included in patient group
Darvesh	2005	Canadian Journal of Neurological Sciences	FTLD patients included in patient group
Davatzikos	2008	NeuroImage	FTLD patients included in patient group
Davis	2010	Neurocase	FTLD patients included in patient group
de Boysson	2011	Brain and Cognition	FTLD patients included in patient group
de Simone	2007	Dementia and Geriatric Cognitive Disorders	FTLD patients included in patient group
Desphande	2004	Brain and Cognition	FTLD patients included in patient group
Diehl	2005	Aktuelle Neurologie	FTLD patients included in patient group
Dubois	2000	Neurology	FTLD patients included in patient group
Dudas	2005	American Journal of Geriatric Psychiatry	FTLD patients included in patient group

**Table e-4.** Continued.

Dukarts	2010	NeuroImage	FTLD patients included in patient group
Economou	2016	Alzheimer Disease & Associated Disorders	FTLD patients included in patient group
Frings	2011	Current Alzheimer Research	FTLD patients included in patient group
Frisch	2013	PLoS ONE	FTLD patients included in patient group
Galimberti	2008	Journal of Neurology	FTLD patients included in patient group
Ghidoni	2008	Neurology	FTLD patients included in patient group
Goodkind	2010	Psychology & Aging	FTLD patients included in patient group
Grieder	2013	Journal of Alzheimer's Disease	FTLD patients included in patient group
Grossman	1996	Neurology	FTLD patients included in patient group
Gyurak	2012	Cognition and Emotion	FTLD patients included in patient group
Gyurak	2009	Cognitive, Affective, & Behavioral Neuroscience	FTLD patients included in patient group
Hallstone	2010	Behavioural Neurology	FTLD patients included in patient group
Halpern	2007	Brain and Cognition	FTLD patients included in patient group
Halpern	2003	Journal of the Neurological Sciences	FTLD patients included in patient group
Hoffmann	2013	American Journal of Alzheimer's Disease & Other Dementias	FTLD patients included in patient group
Honda	2013	International Psychogeriatrics	FTLD patients included in patient group
Huey	2015	Cortex	FTLD patients included in patient group
Jagust	1989	American Journal of Physiologic Imaging	FTLD patients included in patient group
Jimenez-Escrig	2002	Dementia and Geriatric Cognitive Disorders	FTLD patients included in patient group
Johanson	1990	Dementia	FTLD patients included in patient group
Kantarci	2004	Neurology	FTLD patients included in patient group
Karjalainen	2005	Logopedics	FTLD patients included in patient group
Kessels	2007	Behavioural Neurology	FTLD patients included in patient group

Table e-4. Continued.

Kim	2007	Journal of Neurology	FTLD patients included in patient group
Kortvelyessy	2015	Journal of Alzheimer's Disease	FTLD patients included in patient group
Lehmann	2010	Journal of Alzheimer's Disease	FTLD patients included in patient group
Lipton	2001	Archives of Neurology	FTLD patients included in patient group
Mathuranath	2000	Neurology	FTLD patients included in patient group
McLaughlin	2008	Archives of Clinical Neuropsychology	FTLD patients included in patient group
Mioshi	2013	Journal of Geriatric Psychiatry & Neurology	FTLD patients included in patient group
Moon	2008	American Journal of Neuroradiology	FTLD patients included in patient group
Murray	2005	Brain and Language	FTLD patients included in patient group
Narne	2013	Journal of Clinical & Experimental Neuropsychology	FTLD patients included in patient group
O'Keefe	2007	Brain	FTLD patients included in patient group
Oliver	2014	Neuropsychologia	FTLD patients included in patient group
Oliver	2014	Neuropsychologia	FTLD patients included in patient group
Oliver	2015	Neuropsychologia	FTLD patients included in patient group
Pakhomov	2011	Journal of Neurolinguistics	FTLD patients included in patient group
Pal	2016	Annals of Indian Academy of Neurology	FTLD patients included in patient group
Parnetti	2011	Movement Disorders	FTLD patients included in patient group
Pereira	2009	Neurology	FTLD patients included in patient group
Porto	2008	Dementia & Neuropsychologia	FTLD patients included in patient group
Rabinovici	2008	American Journal of Alzheimer's Disease & Other Dementias	FTLD patients included in patient group
Rabinovici	2007	Neurology	FTLD patients included in patient group
Rami	2007	Journal of Neurology	FTLD patients included in patient group
Rami	2008	Dementia & Geriatric Cognitive Disorders	FTLD patients included in patient group

Table e-4. Continued.

Repetto	2008	Studies in Health Technology & Informatics	FTLD patients included in patient group
Santos	2014	Progress in Neuro-psychopharmacology & Biological Psychiatry	FTLD patients included in patient group
Schoonenboom	2005	Clinical Chemistry	FTLD patients included in patient group
Seripa	2011	Archives of Neurology	FTLD patients included in patient group
Seripa	2012	Journal of Alzheimer's Disease	FTLD patients included in patient group
Serrani	2013	Neurologia	FTLD patients included in patient group
Shigenobu	2002	Psychiatry Research	FTLD patients included in patient group
Soderlund	2008	Neuropsychologia	FTLD patients included in patient group
Sturm	2006	Brain	FTLD patients included in patient group
Sturm	2015	Cortex	FTLD patients included in patient group
Sturm	2008	Emotion	FTLD patients included in patient group
Suarez-Calvet	2014	Journal of Neurology, Neurosurgery and Psychiatry	FTLD patients included in patient group
Tallberg	2002	Brain and Language	FTLD patients included in patient group
Tarawneh	2011	Annals of Neurology	FTLD patients included in patient group
Troiani	2011	Neuropsychology	FTLD patients included in patient group
Vignini	2013	Experimental Gerontology	FTLD patients included in patient group
Villemagne	2011	Journal of Nuclear Medicine	FTLD patients included in patient group
Warkentin	1993	Dementia	FTLD patients included in patient group
Weickert	2013	Cortex	FTLD patients included in patient group
Werner	2007	Neurology	FTLD patients included in patient group
Whitwell	2007	NeuroImage	FTLD patients included in patient group
Wolf	2009	Nervenarzt	FTLD patients included in patient group
Downey	2014	Journal of Neurology, Neurosurgery and Psychiatry	MND patients included in the FTD cohort

Table e-4. Continued.

Lee	2014	Brain	MND patients included in the FTD cohort
Mansoor	2015	Alzheimer Disease & Associated Disorders	MND patients included in the FTD cohort
Adenzato	2010	Neuropsychologia	No (standardised) neuropsychological tests
Ahmed	2017	Brain	No (standardised) neuropsychological tests
Ahmed	2016	Journal of Neurology	No (standardised) neuropsychological tests
Ahmed	2015	Neurology	No (standardised) neuropsychological tests
Alberici	2008	Acta Neurol Scand	No (standardised) neuropsychological tests
Alcolea	2017	Neurology	No (standardised) neuropsychological tests
Ambikairajah	2014	Amyotrophic Lateral sclerosis & Frontotemporal Degeneration	No (standardised) neuropsychological tests
Antoine	2005	Revue de Geriatrie	No (standardised) neuropsychological tests
Arroyo-Anillo	2015	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Arroyo-Anillo	2017	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Avants	2014	NeuroImage	No (standardised) neuropsychological tests
Baez	2014	JAMA Neurology	No (standardised) neuropsychological tests
Baez	2016	Neurodegenerative Disease	No (standardised) neuropsychological tests
Bak	2007	Practical Neurology	No (standardised) neuropsychological tests
Balasa	2015	Neuropathology & Applied Neurobiology	No (standardised) neuropsychological tests
Baldock	2014	Archives of Clinical Neuropsychology	No (standardised) neuropsychological tests
Behrouzi	2016	Acta Neuropathologica	No (standardised) neuropsychological tests
Bertoux	2015	Frontiers in Neurology	No (standardised) neuropsychological tests
Bertoux	2016	Neurology	No (standardised) neuropsychological tests
Bibl	2012	Journal of Neural Transmission	No (standardised) neuropsychological tests
Bickart	2014	Journal of Neurology, Neurosurgery and Psychiatry	No (standardised) neuropsychological tests

Table e-4. Continued.

Bickart	2014	Journal of Neurology, Neurosurgery and Psychiatry	No (standardised) neuropsychological tests
Bisbing	2015	Frontiers in Human Neuroscience	No (standardised) neuropsychological tests
Blair	2016	Canadian Journal of Neurological Sciences	No (standardised) neuropsychological tests
Bochetta	2016	NeuroImage	No (standardised) neuropsychological tests
Bonakis	2014	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Borrioni	2008	Neurogenetics	No (standardised) neuropsychological tests
Borrioni	2010	Rejuvenation Research	No (standardised) neuropsychological tests
Boxer	2006	Journal of Neuroscience	No (standardised) neuropsychological tests
Brodaty	2015	Journal of the American Medical Directors Association	No (standardised) neuropsychological tests
Bron	2017	European Radiology	No (standardised) neuropsychological tests
Brun	1994	Journal of Neurology, Neurosurgery and Psychiatry	No (standardised) neuropsychological tests
Busse	2017	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Caixeta	2015	Clinical Practice & Epidemiology in Mental Health	No (standardised) neuropsychological tests
Carecchio	2011	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Cecchini	2017	Journal of Neurology	No (standardised) neuropsychological tests
Chao	2007	Archives of Neurology	No (standardised) neuropsychological tests
Chen	2015	Journal of the Neurological Sciences	No (standardised) neuropsychological tests
Chen	2016	Psychiatric Genetics	No (standardised) neuropsychological tests
Chen	2009	Psychiatry Research	No (standardised) neuropsychological tests
Chiu	2016	American Journal of Geriatric Psychiatry	No (standardised) neuropsychological tests
Coleman	2017	Dementia & Geriatric Cognitive Disorders	No (standardised) neuropsychological tests
Cotelli	2007	Neuropsychologia	No (standardised) neuropsychological tests
Cotelli	2006	Neuropsychology	No (standardised) neuropsychological tests

Table e-4. Continued.

Cova	2012	Consciousness and Cognition	No (standardised) neuropsychological tests
Cui	2016	Chinese Medical Journal	No (standardised) neuropsychological tests
Daiyanu	2016	Brain Imaging & Behavior	No (standardised) neuropsychological tests
Daiyanu	2016	Human Brain Mapping	No (standardised) neuropsychological tests
Dakson	2011	Acta Neuropathologica	No (standardised) neuropsychological tests
de Lopez	2008	Biological Psychiatry	No (standardised) neuropsychological tests
Della Rosa	2014	Neuroinformatics	No (standardised) neuropsychological tests
Deutsch	2016	International Psychogeriatrics	No (standardised) neuropsychological tests
Devenney	2014	JAMA Neurology	No (standardised) neuropsychological tests
Devenny	2014	JAMA Neurology	No (standardised) neuropsychological tests
Dietz	2017	Zeitschrift für Gerontologie und Geriatrie	No (standardised) neuropsychological tests
Dimitrov	2003	Brain and Cognition	No (standardised) neuropsychological tests
Ehrlé	2011	Geriatric Et Psychologie Neuropsychiatrie Du Vieillessement	No (standardised) neuropsychological tests
Elahi	2017	NeuroImage: clinical	No (standardised) neuropsychological tests
Elamin	2016	Dementia & Geriatric Cognitive Disorders	No (standardised) neuropsychological tests
Farag	2010	Cerebral Cortex	No (standardised) neuropsychological tests
Farb	2013	Cortex	No (standardised) neuropsychological tests
Fernandez Matarrubia	2017	International Journal of Geriatric Psychiatry	No (standardised) neuropsychological tests
Ferrari	2016	European Radiology	No (standardised) neuropsychological tests
Ferrari	2017	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Flandaca	2015	Alzheimer's & Dementia	No (standardised) neuropsychological tests
Filippi	2013	The Lancet Neurology	No (standardised) neuropsychological tests
Fiorentino	2013	Dementia & Neuropsychologia	No (standardised) neuropsychological tests

Table e-4. Continued.

Fong	2017	Cortex	No (standardised) neuropsychological tests
Fong	2017	Social Neuroscience	No (standardised) neuropsychological tests
Forstl	1996	Dementia	No (standardised) neuropsychological tests
Freitas	2012	Journal of Geriatric Psychiatry	No (standardised) neuropsychological tests
Frings	2014	PLoS ONE	No (standardised) neuropsychological tests
Frings	2014	PLoS ONE	No (standardised) neuropsychological tests
Galimberti	2013	Biological Psychiatry	No (standardised) neuropsychological tests
Garraux	1998	NeuroImage	No (standardised) neuropsychological tests
Golimstok	2014	Translational Neurodegeneration	No (standardised) neuropsychological tests
Goodkind	2015	Emotion	No (standardised) neuropsychological tests
Goossens	2017	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Grafman	1999	Lancet	No (standardised) neuropsychological tests
Gunawardena	2010	Neurology	No (standardised) neuropsychological tests
Halabi	2013	Alzheimer Disease & Associated Disorders	No (standardised) neuropsychological tests
Halpern	2013	Psychology of Aesthetics, Creativity, and the Arts	No (standardised) neuropsychological tests
Henry	2014	Neuropsychologia	No (standardised) neuropsychological tests
Hsieh	2015	Dementia & Geriatric Cognitive Disorders	No (standardised) neuropsychological tests
Iavarone	2004	Functional Neurology	No (standardised) neuropsychological tests
Ibanez	2013	Cognitive Neuroscience	No (standardised) neuropsychological tests
Johnen	2015	Journal of Neurology, Neurosurgery and Psychiatry	No (standardised) neuropsychological tests
Jonker	1991	Nederlands Tijdschrift voor Geneeskunde	No (standardised) neuropsychological tests
Josephs	2015	Lancet Neurology	No (standardised) neuropsychological tests
Josephs	2008	Neurobiology of Aging	No (standardised) neuropsychological tests

Table e-4. Continued.

Joshi	2014	The Journal of Neuropsychiatry and Clinical Neurosciences	No (standardised) neuropsychological tests
Joshi	2017	The Journal of Neuropsychiatry and Clinical Neurosciences	No (standardised) neuropsychological tests
Joshi	2014	The Journal of neuropsychiatry and clinical neurosciences	No (standardised) neuropsychological tests
Kim	2002	Neuroscience Letters	No (standardised) neuropsychological tests
Kipps	2008	Neurology	No (standardised) neuropsychological tests
Laisney	2011	Revue de Neuropsychologie, Neurosciences Cognitives et Cliniques	No (standardised) neuropsychological tests
Lam	2014	Human Brain Mapping	No (standardised) neuropsychological tests
Larner	2016	The Journal of the Royal College of Physicians of Edinburgh	No (standardised) neuropsychological tests
Leuzy	2016	Brain Structure and Function	No (standardised) neuropsychological tests
Libon	2011	The Clinical Neuropsychologist	No (standardised) neuropsychological tests
Lima-Silva	2013	Dementia & Neuropsychologia	No (standardised) neuropsychological tests
Lista	2017	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Lista	2017	Neurochemistry International	No (standardised) neuropsychological tests
Looi	2012	Australian & New Zealand Journal of Psychiatry	No (standardised) neuropsychological tests
Lopez-Gonzalez	2016	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Lu	2014	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Luis	2016	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Magdalinou	2015	Journal of Neurology, Neurosurgery and Psychiatry	No (standardised) neuropsychological tests
Maserati	2015	Behavioural Neurology	No (standardised) neuropsychological tests
Massimo	2015	Frontiers in Human Neuroscience	No (standardised) neuropsychological tests
McMillan	2013	Frontiers in Psychology	No (standardised) neuropsychological tests
Meeter	2016	Annals of Clinical and Translational Neurology	No (standardised) neuropsychological tests
Mendez	2009	American Journal of Alzheimer's Disease & Other Dementias	No (standardised) neuropsychological tests

Table e-4. Continued.

Mendez	2005	Cognitive & Behavioral Neurology	No (standardised) neuropsychological tests
Millenaar	2017	Aging & Mental Health	No (standardised) neuropsychological tests
Morenas-Rodriguez	2015	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Mosconi	2008	The Journal of Nuclear Medicine	No (standardised) neuropsychological tests
Nishida	2011	Clinical Neurophysiology	No (standardised) neuropsychological tests
Ohta	2017	Journal of the Neurological Sciences	No (standardised) neuropsychological tests
Omer	2017	Amyotrophic Lateral sclerosis & Frontotemporal Degeneration	No (standardised) neuropsychological tests
Palumbo	2014	Open Nuclear Medicine Journal	No (standardised) neuropsychological tests
Pasquier	2001	Neurocase	No (standardised) neuropsychological tests
Perani	2014	NeuroImage: clinical	No (standardised) neuropsychological tests
Perneckzy	2007	The European Journal of Nuclear Medicine and Molecular Imaging	No (standardised) neuropsychological tests
Perri	2013	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Pijnenburg	2015	Alzheimer's & Dementia: diagnosis, assessment & disease monitoring	No (standardised) neuropsychological tests
Pressman	2017	Journal of Neurology, Neurosurgery and Psychiatry	No (standardised) neuropsychological tests
Rankin	2008	Journal of Clinical Psychiatry	No (standardised) neuropsychological tests
Rogalski	2008	Archives of Neurology	No (standardised) neuropsychological tests
Rosenberg	2002	Journal of the American Medical Association	No (standardised) neuropsychological tests
Rubinsztein	2016	Nature Medicine	No (standardised) neuropsychological tests
Sawrie	1999	The Journals of Gerontology	No (standardised) neuropsychological tests
Schanz	2016	Muscle Nerve	No (standardised) neuropsychological tests
Schirinzi	2017	Journal of Neural Transmission	No (standardised) neuropsychological tests
Schroeter	2014	Cortex	No (standardised) neuropsychological tests
Schroeter	2014	Cortex	No (standardised) neuropsychological tests

Table e-4. Continued.

Shams	2017	American Journal of Neuroradiology	No (standardised) neuropsychological tests
Shany-Ur	2014	Brain	No (standardised) neuropsychological tests
Shdo	2017	Neuropsychologia	No (standardised) neuropsychological tests
Sheelakumari	2017	American Journal of Neuroradiology	No (standardised) neuropsychological tests
Skillback	2014	Neurology	No (standardised) neuropsychological tests
Sollberger	2014	Brain and Behavior	No (standardised) neuropsychological tests
Souliez	1996	Cortex	No (standardised) neuropsychological tests
Spotorno	2015	Neuropsychologia	No (standardised) neuropsychological tests
St. Jacques	2015	Neurocase	No (standardised) neuropsychological tests
Stefani	2015	Frontiers in Aging Neuroscience	No (standardised) neuropsychological tests
Stekete	2016	Neurobiology of Aging	No (standardised) neuropsychological tests
Strenziok	2011	Cognitive & Behavioral Neurology	No (standardised) neuropsychological tests
Strohming	2015	Psychological Science	No (standardised) neuropsychological tests
Struhal	2014	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Struyfs	2015	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Sturm	2011	Scan	No (standardised) neuropsychological tests
Tan	2014	Brain	No (standardised) neuropsychological tests
Tan	2014	Brain	No (standardised) neuropsychological tests
Tan	2014	PLoS ONE	No (standardised) neuropsychological tests
Teunissen	2016	Alzheimer's & Dementia: diagnosis, assessment & disease monitoring	No (standardised) neuropsychological tests
Toledo	2013	Brain	No (standardised) neuropsychological tests
Torralva	2009	Journal of the International Neuropsychological Society	No (standardised) neuropsychological tests
Torrente	2014	Alzheimer Disease & Associated Disorders	No (standardised) neuropsychological tests

Table e-4. Continued.

Tosun	2012	NeuroImage	No (standardised) neuropsychological tests
Tovar-Moll	2014	PLoS ONE	No (standardised) neuropsychological tests
Tuovinen	2017	Frontiers in Human Neuroscience	No (standardised) neuropsychological tests
van den Stock	2017	Cortex	No (standardised) neuropsychological tests
van Kooten	2015	BMC Geriatrics	No (standardised) neuropsychological tests
Verfaillie	2015	European Radiology	No (standardised) neuropsychological tests
Walterfang	2014	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Wellington	2016	Neurology	No (standardised) neuropsychological tests
Whitwell	2016	JAMA Neurology	No (standardised) neuropsychological tests
Whitwell	2010	Neurology	No (standardised) neuropsychological tests
Williamson	2010	Journal of Neurology, Neurosurgery and Psychiatry	No (standardised) neuropsychological tests
Woolley	2014	Neurology	No (standardised) neuropsychological tests
Yang	2017	Nature Scientific Reports	No (standardised) neuropsychological tests
Yunusova	2016	PLoS ONE	No (standardised) neuropsychological tests
Zakzanis	1998	Neuropsychiatry, Neuropsychology and Behavioral Neurology	No (standardised) neuropsychological tests
Zhang	2012	Journal of Alzheimer's Disease	No (standardised) neuropsychological tests
Zintl	2009	American Journal of Alzheimer's Disease & Other Dementias	No (standardised) neuropsychological tests
Zintl	2010	Nervenarzt	No (standardised) neuropsychological tests
Beiderbos	2003	International Journal of Geriatric Psychiatry	No FTD patients included
Dopper	2013	Neurology	No FTD patients included
Falquez	2015	Neurorehabilitation	No FTD patients included
Klimkowicz	2016	Journal of the American Geriatrics Society	No FTD patients included
Lamm	2005	Cognitive Brain Research	No FTD patients included



Table e-4. Continued.

Lavoie	2005	Experimental Aging Research	No FTD patients included
MacPherson	2014	PLoS ONE	No FTD patients included
Morbelli	2016	European Journal of Nuclear Medicine & Molecular Imaging	No FTD patients included
Moreno	2013	Neurobiology of Aging	No FTD patients included
Amanzio	2016	Experimental Gerontology	No neuropsychological tests administered to control group
Aswathy	2013	Neurobiology of Aging	No neuropsychological tests administered to control group
Bertoux	2016	Journal of Neurology, Neurosurgery and Psychiatry	No neuropsychological tests administered to control group
Bonvicini	2014	Neurobiology of Aging	No neuropsychological tests administered to control group
Boone	1999	Journal of the International Neuropsychological Society	No neuropsychological tests administered to control group
Borrioni	2007	Archives of Neurology	No neuropsychological tests administered to control group
Borrioni	2007	BMC Neurology	No neuropsychological tests administered to control group
Boutoleau	2016	Neuropsychologia	No neuropsychological tests administered to control group
Cappelletti	2012	Neuropsychology	No neuropsychological tests administered to control group
Carlino	2010	Pain	No neuropsychological tests administered to control group
Clement	2003	Psychologie & Neuropsychiatrie du Vieillissement	No neuropsychological tests administered to control group
Coulthard	2006	Journal of Neurology	No neuropsychological tests administered to control group
Cousins	2016	Neuropsychologia	No neuropsychological tests administered to control group
Della Sala	2012	Neuropsychologia	No neuropsychological tests administered to control group
Di Lazzaro	2006	Neurology	No neuropsychological tests administered to control group
Diehl	2004	Neurobiology of Aging	No neuropsychological tests administered to control group
Dimitrov	1996	Cortex	No neuropsychological tests administered to control group
Engelborghs	2006	Neurochemistry International	No neuropsychological tests administered to control group
Frings	2010	Dementia & Geriatric Cognitive Disorders	No neuropsychological tests administered to control group

Table e-4. Continued.

Garibotto	2011	Neurobiology of Aging	No neuropsychological tests administered to control group
Green	1999	Neuroscience Letters	No neuropsychological tests administered to control group
Grimmer	2004	Dementia & Geriatric Cognitive Disorders	No neuropsychological tests administered to control group
Guedj	2007	Neurology	No neuropsychological tests administered to control group
Healey	2015	Neuropsychologia	No neuropsychological tests administered to control group
Hensel	2004	Dementia & Geriatric Cognitive Disorders	No neuropsychological tests administered to control group
Hu	2010	Neurology	No neuropsychological tests administered to control group
Hughes	2011	Brain	No neuropsychological tests administered to control group
Kaufer	1997	Neurology	No neuropsychological tests administered to control group
Kipps	2007	Dementia and Geriatric Cognitive Disorders	No neuropsychological tests administered to control group
Krueger	2007	Neurocase	No neuropsychological tests administered to control group
Lindau	2003	Dementia & Geriatric Cognitive Disorders	No neuropsychological tests administered to control group
Liu	2004	Neurology	No neuropsychological tests administered to control group
Luzzi	2011	Journal of Neurology	No neuropsychological tests administered to control group
Mahoney	2012	Alzheimer's Research & Therapy	No neuropsychological tests administered to control group
McMillan	2012	Neurology	No neuropsychological tests administered to control group
Mecocci	1998	Alzheimer Disease & Associated Disorders	No neuropsychological tests administered to control group
Mendez	2014	American Journal of Alzheimer's Disease & Other Dementias	No neuropsychological tests administered to control group
Meyniel	2005	Journal of Neurology	No neuropsychological tests administered to control group
Nakano	2006	NeuroImage	No neuropsychological tests administered to control group
Nevler	2017	Neurology	No neuropsychological tests administered to control group
Padovani	2010	Journal of Alzheimer's Disease	No neuropsychological tests administered to control group
Paholpak	2016	Journal of Alzheimer's Disease	No neuropsychological tests administered to control group

Table e-4. Continued.

Pakhomov	2010	Journal of Neurolinguistics	No neuropsychological tests administered to control group
Pardini	2009	Archives of Neurology	No neuropsychological tests administered to control group
Pasquier	1995	Journal of Neurology	No neuropsychological tests administered to control group
Pawlowski	2017	Neurobiology of Aging	No neuropsychological tests administered to control group
Perry	2006	Dementia and Geriatric Cognitive Disorders	No neuropsychological tests administered to control group
Peters	2006	Dementia & Geriatric Cognitive Disorders	No neuropsychological tests administered to control group
Pierantozzi	2004	Clinical Neurophysiology	No neuropsychological tests administered to control group
Placek	2016	Neurology	No neuropsychological tests administered to control group
Raczka	2010	Psychiatry Research	No neuropsychological tests administered to control group
Rucco	2017	Gait & Posture	No neuropsychological tests administered to control group
Santamaria-Garcia	2016	Journal of Alzheimer's Disease	No neuropsychological tests administered to control group
Spotorno	2015	Frontiers in Human Neuroscience	No neuropsychological tests administered to control group
Tovar-Moll	2014	PLoS ONE	No neuropsychological tests administered to control group
Trojsi	2015	Neurobiology of Aging	No neuropsychological tests administered to control group
Vartanian	2009	Neuropsychology	No neuropsychological tests administered to control group
Zamboni	2008	Neurology	No neuropsychological tests administered to control group
Barekattain	2010	Dementia & Geriatric Cognitive Disorders	Other types of dementia included in patient group
Beversdorf	1998	Neurology	Other types of dementia included in patient group
Cavallo	2011	Acta Neuropsychologica	Other types of dementia included in patient group
Chase	1987	Archives of Gerontology & Geriatrics	Other types of dementia included in patient group
Choi	2000	Journal of Korean Medical Science	Other types of dementia included in patient group
Crookes	1972	British Journal of Social & Clinical Psychology	Other types of dementia included in patient group
Diesfeldt	2009	Tijdschrift voor Gerontologie en Geriatrie	Other types of dementia included in patient group

Table e-4. Continued.

Eslinger	1983	Journal of Clinical Neuropsychology	Other types of dementia included in patient group
Foster	1989	Progress in Neuro-Psychopharmacology & Biological Psychiatry	Other types of dementia included in patient group
García-Caballero	2006	International Journal of Geriatric Psychiatry	Other types of dementia included in patient group
Gee	2003	Academic Radiology	Other types of dementia included in patient group
Guaíta	2009	Archives of Gerontology & Geriatrics	Other types of dementia included in patient group
Hagberg	1976	British Journal of Psychiatry	Other types of dementia included in patient group
Hanyu	2002	American Journal of Neuroradiology	Other types of dementia included in patient group
Hart	2006	Aging, Neuropsychology, and Cognition	Other types of dementia included in patient group
Ideno	2012	Geriatrics & Gerontology International	Other types of dementia included in patient group
Iype	2006	Journal of Neurology, Neurosurgery and Psychiatry	Other types of dementia included in patient group
Miller	1971	Neuropsychologia	Other types of dementia included in patient group
Mioshi	2006	International Journal of Geriatric Psychiatry	Other types of dementia included in patient group
Pasquier	1997	Journal of Neurology	Other types of dementia included in patient group
Persson	2017	Acta Radiologica	Other types of dementia included in patient group
Sells	2011	Progress in Neurology and Psychiatry	Other types of dementia included in patient group
Torrissi	2017	PsychoGeriatrics	Other types of dementia included in patient group
Uhlhaas	2008	Dementia & Geriatric Cognitive Disorders	Other types of dementia included in patient group
Vogel	2014	Dementia & Geriatric Cognitive Disorders	Other types of dementia included in patient group
Wahlund	2000	Journal of Neurology	Other types of dementia included in patient group
Whitwell	2009	Neurology	Other types of dementia included in patient group
Woolley	2007	Neurology	Other types of dementia included in patient group
Xu	2017	International Journal of Neuroscience	Other types of dementia included in patient group
Krueger	2009	Neurology	Other types of dementia included in patient group
			Patient selection based on performance

**Table e-4.** Continued.

Arealorodriguez	2015	Advances in Psychiatric Treatment	Review
Arealorodriguez	2015	The British Journal of Psychiatry Advances	Review
Hafkemeijer	2016	Human Brain Mapping	Same patient group as Hafkemeijer 2015
Nishida	2013	Clinical Neurophysiology	Same patient group as Nishidi 2011
Gleichgerrcht	2010	Journal of the International Neuropsychological Society	Same patient group as Torralva 2009
Adler	2003	International Journal of Geriatric Psychiatry	Uncontrolled study
Anterion	2002	Neurology	Uncontrolled study
Arzy	2008	Neurology	Uncontrolled study
Avants	2005	Alzheimer Disease & Associated Disorders	Uncontrolled study
Banks	2009	Journal of Neuropsychiatry & Clinical Neurosciences	Uncontrolled study
Beck	2014	International Journal of Geriatric Psychiatry	Uncontrolled study
Bibl	2011	Dementia & Geriatric Cognitive Disorders	Uncontrolled study
Blair	2007	Journal of the International Neuropsychological Society	Uncontrolled study
Borroni	2010	American Journal of Geriatric Psychiatry	Uncontrolled study
Borroni	2010	European Journal of Neurology	Uncontrolled study
Boutoleau-Bretonniere	2012	Dementia & Geriatric Cognitive Disorders	Uncontrolled study
Braaten	2006	International Journal of Neuroscience	Uncontrolled study
Buhl	2013	Dementia and Geriatric Cognitive Disorders	Uncontrolled study
Caso	2012	Neurobiology of Aging	Uncontrolled study
Chan	2014	Australian & New Zealand Journal of Psychiatry	Uncontrolled study
Charpentier	2000	Journal of Neurology	Uncontrolled study
Chiu	2006	Journal of the Formosan Medical Association	Uncontrolled study
Chow	2006	Dementia & Geriatric Cognitive Disorders	Uncontrolled study

**Table e-4.** Continued.

Das	2009	NeuroImage	Uncontrolled study
Degerman Gunnarsson	2013	Dementia and Geriatric Cognitive Disorders	Uncontrolled study
Diehl	2011	International Psychogeriatrics	Uncontrolled study
Diehl	2005	Journal of Geriatric Psychiatry & Neurology	Uncontrolled study
Downey	2012	Alzheimer's Research & Therapy	Uncontrolled study
Elfgrén	1993	Dementia	Uncontrolled study
Engelborghs	2005	International Journal of Geriatric Psychiatry	Uncontrolled study
Engelborghs	2008	Neurochemistry International	Uncontrolled study
Engelborghs	2004	International Journal of Geriatric Psychiatry	Uncontrolled study
Franceschi	2011	Behavioural Neurology	Uncontrolled study
Fukui	2000	Journal of the Neurological Sciences	Uncontrolled study
Gabelle	2011	Journal of Alzheimer's Disease	Uncontrolled study
Gansler	2017	Journal of Neurology, Neurosurgery and Psychiatry	Uncontrolled study
Garn	2017	Journal of Neural Transmission	Uncontrolled study
Garraux	1999	Journal of the Neurological Sciences	Uncontrolled study
Gasparini	2008	European Journal of Neurology	Uncontrolled study
Gleichgerrcht	2011	Social Neuroscience	Uncontrolled study
Glosser	2002	Neuropsychology	Uncontrolled study
Grossman	2004	Brain and Language	Uncontrolled study
Grossman	1998	Neurology	Uncontrolled study
Gustafson	1978	Brain and Language	Uncontrolled study
Haanpää	2015	Dementia & Geriatric Cognitive Disorders	Uncontrolled study

**Table e-4.** Continued.

Hornberger	2014	Human Brain Mapping	Uncontrolled study
Hornberger	2014	Human Brain Mapping	Uncontrolled study
Hsieh	2016	Journal of Alzheimer's Disease	Uncontrolled study
Irwin	2013	Journal of Neurology, Neurosurgery and Psychiatry	Uncontrolled study
Kaiser	2013	Neuropsychologia	Uncontrolled study
Kim	2014	Dementia and Geriatric Cognitive Disorders	Uncontrolled study
Kurisu	2016	International Psychogeriatrics	Uncontrolled study
Larner	2010	Age & Ageing	Uncontrolled study
Lavenu	2005	Dementia & Geriatric Cognitive Disorders	Uncontrolled study
Le Ber	2006	Brain	Uncontrolled study
Le Ber	2013	JAMA Neurology	Uncontrolled study
Lima-Silva	2013	Dementia & Neuropsychologia	Uncontrolled study
Lindberg	2012	Frontiers in Aging Neuroscience	Uncontrolled study
Liu	2017	Aging & Mental Health	Uncontrolled study
Lu	2014	Journal of Alzheimer's Disease	Uncontrolled study
Maeshima	2004	Brain Injury	Uncontrolled study
Maiovis	2017	The Journal of Neuropsychiatry and Clinical Neurosciences	Uncontrolled study
Matsuzono	2015	Journal of Alzheimer's Disease	Uncontrolled study
Mendez	2008	International Journal of Geriatric Psychiatry	Uncontrolled study
Mendez	1996	Neurology	Uncontrolled study
Mendez	2015	PLOS ONE	Uncontrolled study
Miller	2013	Dementia & Geriatric Cognitive Disorders	Uncontrolled study
Moheb	2017	Dementia & Geriatric Cognitive Disorders	Uncontrolled study

**Table e-4.** Continued.

Narme	2017	Aging, Neuropsychology, and Cognition	Uncontrolled study
Padovani	2013	Journal of Alzheimer's Disease	Uncontrolled study
Palumbo	2014	The Open Nuclear Medicine Journal	Uncontrolled study
Park	2017	Australasian Journal of Ageing	Uncontrolled study
Paternico	2016	Nature Scientific Reports	Uncontrolled study
Paternico	2015	Neurology	Uncontrolled study
Perini	2016	Alzheimer Disease & Associated Disorders	Uncontrolled study
Perri	2014	Journal of Alzheimer's Disease	Uncontrolled study
Perri	2014	Journal of Alzheimer's Disease	Uncontrolled study
Pickut	1997	Journal of Nuclear Medicine	Uncontrolled study
Poletti	2013	Neurological Sciences	Uncontrolled study
Powers	2014	Cognitive & Behavioral Neurology	Uncontrolled study
Premi	2016	Journal of Alzheimer's Disease	Uncontrolled study
Premi	2015	Neurobiology of Aging	Uncontrolled study
Ramanan	2017	Cortex	Uncontrolled study
Rentzos	2006	Journal of the Neurological Sciences	Uncontrolled study
Ritter	2017	Alzheimer Disease & Associated Disorders	Uncontrolled study
Roncero	2017	Alzheimer's & Dementia: translational research & clinical interventions	Uncontrolled study
Saxon	2017	Journal of Neurology, Neurosurgery and Psychiatry	Uncontrolled study
Shea	2015	Psychogeriatrics	Uncontrolled study
Shimomura	1998	Lancet	Uncontrolled study
Simonsen	2014	Dementia and Geriatric Cognitive Disorders	Uncontrolled study
Suhonen	2017	Journal of Alzheimer's Disease	Uncontrolled study

**Table e-4.** Continued.

Suhonen	2017	Journal of Alzheimer's Disease	Uncontrolled study
Tan	2013	Alzheimer Disease & Associated Disorders	Uncontrolled study
Torraiva	2015	Neurobiology of Aging	Uncontrolled study
Uflacker	2016	International Psychogeriatrics	Uncontrolled study
Valotassiou	2014	Current Alzheimer Research	Uncontrolled study
van den Berg	2017	Dementia & Geriatric Cognitive Disorders	Uncontrolled study
Van Langenhove	2016	Journal of Alzheimer's Disease	Uncontrolled study
Vergallo	2017	Neurological Sciences	Uncontrolled study
Vieira	2008	Dementia & Neuropsychologia	Uncontrolled study
Wang	2016	Translational Neuroscience	Uncontrolled study
Wetherell	1997	International Journal of Rehabilitation and Health	Uncontrolled study
Whitwell	2015	European Journal of Neurology	Uncontrolled study
Ye	2015	Journal of Alzheimer's Disease	Uncontrolled study
Yoshizawa	2013	Dementia & Geriatric Cognitive Disorders	Uncontrolled study
Yu	2016	Neurobiology of Aging	Uncontrolled study
Larner	2005	International Journal of Geriatric Psychiatry	Uncontrolled study

**Table e-5.** Subgroup analysis for age

Cognitive domain	Age (years)	Hedges' g	95% CI	K	N	Q	p (Q)	I <sup>2</sup> (%)
Social cognition	≤ 64.0	1.87	1.49-2.24	24	941	0.76	0.38	0
	> 64.0	1.66	1.41-1.92	16	695			
Fluency	≤ 64.0	1.65	1.52-1.78	34	1279	3.14	0.08	68.1
	> 64.0	1.44	1.26-1.63	34	1464			
Executive functions	≤ 64.0	1.45	1.30-1.60	40	1502	0.26	0.61	0
	> 64.0	1.39	1.20-1.57	41	1736			
Verbal memory	≤ 64.0	1.67	1.42-1.93	30	1038	0.00	0.97	0
	> 64.0	1.68	1.46-1.90	26	984			
Visual memory	≤ 64.0	1.35	1.15-1.55	30	1052	0.07	0.80	0
	> 64.0	1.31	1.04-1.57	21	771			
Visuoconstruction	≤ 64.0	0.90	0.65-1.15	16	633	1.52	0.22	34.1
	> 64.0	1.16	0.83-1.50	8	371			
Language	≤ 64.0	1.22	1.08-1.36	35	1202	4.48	0.03	77.7
	> 64.0	0.99	0.83-1.15	22	826			
Psychomotor speed	≤ 64.0	0.95	0.72-1.18	18	557	1.05	0.30	5.2
	> 64.0	1.12	0.88-1.36	21	865			
Attention	≤ 64.0	1.06	0.91-1.22	32	1161	2.50	0.11	60.0
	> 64.0	0.85	0.64-1.07	29	1293			
Visuoperception	≤ 64.0	0.68	0.47-0.89	11	348	0.39	0.53	0
	> 64.0	0.78	0.53-1.04	8	315			

Legend. Subgroups are based on a median split of age across the included studies. Hedges' g: effect size, calculated with a random effects model; 95% CI: 95% confidence interval of effect size; K: number of studies; N: number of participants; Q: heterogeneity between studies within cognitive domain; p (Q): p value for heterogeneity; I<sup>2</sup>: percentage of heterogeneity caused by study differences (Q—degrees of freedom/Q×100%).

**Table e-6.** Subgroup analysis for disease duration

Cognitive domain	Disease duration (years)	Hedges' g	95% CI	K	N	Q	p (Q)	I <sup>2</sup> (%)
Social cognition	≤ 4.2	2.04	1.33-2.75	9	430	0.63	0.43	0
	> 4.2	1.66	1.05-2.27	9	282			
Fluency	≤ 4.2	1.63	1.42-1.87	17	781	0.02	0.90	0
	> 4.2	1.64	1.45-1.80	18	666			
Executive functions	≤ 4.2	1.49	1.19-1.79	20	843	0.28	0.60	0
	> 4.2	1.39	1.14-1.63	23	775			
Verbal memory	≤ 4.2	1.70	1.39-2.01	15	771	2.82	0.09	64.5
	> 4.2	2.08	1.77-2.38	17	554			
Visual memory	≤ 4.2	1.36	0.90-1.83	12	476	0.20	0.66	0
	> 4.2	1.48	1.30-1.65	22	746			
Visuoconstruction	≤ 4.2	1.48	1.06-1.90	5	192	7.76	0.005	87.1
	> 4.2	0.75	0.45-1.05	8	257			

**Table e-6.** Continued.

Cognitive domain	Disease duration (years)	Hedges' g	95% CI	K	N	Q	p (Q)	I <sup>2</sup> (%)
Language	≤ 4.2	1.25	0.97-1.53	13	521	0.08	0.77	0
	> 4.2	1.20	1.02-1.38	24	802			
Psychomotor speed	≤ 4.2	0.86	0.64-1.09	9	330	1.74	0.19	42.5
	> 4.2	1.17	0.77-1.56	12	396			
Attention	≤ 4.2	1.11	0.82-1.40	16	687	1.47	0.23	31.8
	> 4.2	0.89	0.67-1.11	21	784			
Visuoperception	≤ 4.2	0.57	0.31-0.83	2	50	1.33	0.25	0
	> 4.2	0.78	0.54-1.01	8	312			

Legend. Subgroups are based on a median split of disease duration (years) across the included studies. Hedges' g: effect size, calculated with a random effects model; 95% CI: 95% confidence interval of effect size; K: number of studies; N: number of participants; Q: heterogeneity between studies within cognitive domain; p (Q): p value for heterogeneity; I<sup>2</sup>: percentage of heterogeneity caused by study differences (Q—degrees of freedom/Q×100%).

**Table e-7.** Subgroup analysis for education

Cognitive domain	Education (years)	Hedges' g	95% CI	K	N	Q	p (Q)	I <sup>2</sup> (%)
Social cognition	≤ 12.2	1.67	1.32-2.02	18	751	0.55	0.46	0
	> 12.2	1.86	1.50-2.21	22	830			
Fluency	≤ 12.2	1.65	1.44-1.87	30	1188	1.77	0.18	43.4
	> 12.2	1.48	1.35-1.61	33	1412			
Executive functions	≤ 12.2	1.49	1.26-1.71	34	1302	0.32	0.57	0
	> 12.2	1.41	1.27-1.55	42	1717			
Verbal memory	≤ 12.2	1.78	1.52-2.05	25	981	0.74	0.39	0
	> 12.2	1.62	1.37-1.87	23	862			
Visual memory	≤ 12.2	1.30	1.08-1.51	26	874	0.37	0.54	0
	> 12.2	1.40	1.15-1.65	22	847			
Visuoconstruction	≤ 12.2	1.02	0.73-1.30	14	485	0.67	0.41	0
	> 12.2	0.84	0.54-1.14	8	386			
Language	≤ 12.2	1.13	0.92-1.35	21	696	0.01	0.92	0
	> 12.2	1.15	1.02-1.28	32	1222			
Psychomotor speed	≤ 12.2	1.11	0.89-1.33	17	607	0.35	0.55	0
	> 12.2	1.00	0.73-1.27	19	711			
Attention	≤ 12.2	1.21	0.97-1.44	28	1140	6.72	0.01	85.1
	> 12.2	0.83	0.66-0.99	28	1142			
Visuoperception	≤ 12.2	0.50	0.31-0.69	6	212	8.27	0.004	87.9
	> 12.2	0.92	0.70-1.14	11	370			

Legend. Subgroups are based on a median split of years of education across the included studies. Hedges' g: effect size, calculated with a random effects model; 95% CI: 95% confidence interval of effect size; K: number of studies; N: number of participants; Q: heterogeneity between studies within cognitive domain; p (Q): p value for heterogeneity; I<sup>2</sup>: percentage of heterogeneity caused by study differences (Q—degrees of freedom/Q×100%).

**Table e-8.** Subgroup analysis for disease severity

Cognitive domain	Disease severity	Hedges' g	95% CI	K	N	Q	p (Q)	I <sup>2</sup> (%)
Social cognition	Mild	1.49	1.09-1.88	11	403	2.77	0.10	63.9
	Severe	2.12	1.48-2.76	10	457			
Fluency	Mild	1.35	1.13-1.57	19	737	3.13	0.08	68.1
	Severe	1.60	1.43-1.78	20	814			
Executive functions	Mild	1.29	1.11-1.48	21	796	0.00	0.97	0
	Severe	1.29	1.04-1.53	23	958			
Verbal memory	Mild	1.40	1.05-1.75	14	491	5.12	0.02	80.5
	Severe	1.97	1.62-2.33	11	379			
Visual memory	Mild	1.24	0.96-1.52	14	515	0.88	0.35	0
	Severe	1.47	1.09-1.85	15	544			
Visuoconstruction	Mild	0.89	0.59-1.19	10	379	0.05	0.82	0
	Severe	1.00	0.14-1.85	4	121			
Language	Mild	1.03	0.87-1.18	18	661	2.77	0.10	63.9
	Severe	1.27	1.03-1.52	13	479			
Psychomotor speed	Mild	1.01	0.76-1.26	13	503	0.11	0.74	0
	Severe	0.94	0.62-1.26	8	245			
Attention	Mild	1.00	0.81-1.19	18	719	0.28	0.60	0
	Severe	1.10	0.80-1.40	15	587			
Visuoperception	Mild	0.66	0.44-0.87	4	136	0.33	0.56	0
	Severe	0.82	0.31-1.33	3	79			

Legend. Disease severity was measured with four scales and a median split was made across the included studies: Clinical Dementia Rating scale (CDR, split 1.1), CDR sum of boxes (split 6.1), Addenbrooke's Cognitive Examination – Revised (split 78.5) or the Mattis Dementia Rating Scale (split 126.0); Hedges' g: effect size, calculated with a random effects model; 95% CI: 95% confidence interval of effect size; K: number of studies; N: number of participants; Q: heterogeneity between studies within cognitive domain; p (Q): p value for heterogeneity; I<sup>2</sup>: percentage of heterogeneity caused by study differences (Q—degrees of freedom/Q×100%).



# 4

**A systematic review of behavioural  
changes in motor neuron disease**

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## ABSTRACT

### Objective

Motor neuron disease (MND) and the behavioural variant of frontotemporal dementia (bvFTD) are thought to be part of a disease spectrum. There is uncertainty about the frequency and characteristics of behavioural changes in MND, and similarly, about a relation between bvFTD and the site of onset of MND. Our aim was to perform a systematic review of the publications on behavioural changes in MND.

### Methods

An extensive search for articles on behavioural changes in MND patients was performed. First, cohort studies of MND patients were reviewed to summarize the prevalence of bvFTD and mild behavioural changes. Secondly, data on bvFTD symptoms (mostly from case reports) of individual MND-bvFTD patients were used to analyse characteristics and pooled prevalences of bvFTD symptoms. In addition, site of onset, survival and demographic variables of MND-bvFTD patients were analysed.

### Results

Results showed that in cohorts, 8.1% (95% CI 5.6 – 11.5%) of MND patients had bvFTD. In 170 individual patients with MND-bvFTD, perseveration (40%), apathy (29%) and disinhibition (26%) were the most frequently reported behavioural changes; 43% had memory disturbances and bulbar onset was found in 48%.

### Conclusion

In conclusion, 8% of MND patients have bvFTD, with perseveration being reported most frequently. MND-bvFTD is often accompanied by memory disturbances and is related to bulbar onset.

## INTRODUCTION

Neuropathological and genetic studies have suggested a disease spectrum with motor neuron disease (MND) and frontotemporal lobar degeneration (FTLD) on the extreme ends.<sup>1,2</sup> This spectrum includes a variety of cognitive disturbances and behavioural symptoms in amyotrophic lateral sclerosis (ALS), the major form of MND. When these behavioural symptoms are severe, criteria for the behavioural variant of frontotemporal dementia (bvFTD) may be fulfilled.<sup>3</sup>

Neuropsychological studies have shown that cognitive deficits can be observed in 27 – 45% of ALS patients including impairments of executive, memory and language functions.<sup>4-6</sup> These findings, and the absence of visuospatial dysfunction<sup>7</sup>, suggest a 'frontotemporal cognitive profile'.<sup>8</sup> Similar findings have been shown in patients with progressive muscular atrophy (PMA) and primary lateral sclerosis (PLS), the lower and upper motor neuron variants of MND, respectively.<sup>7,9</sup>

The frequency and characteristics of behavioural symptoms however, which are the hallmark of bvFTD, have not been firmly determined in MND. There is ongoing debate about the prevalence of behavioural changes (both bvFTD and mild behavioural changes) and the association of bvFTD with clinical variables of MND, i.e. bulbar onset and survival.<sup>10-13</sup> Our aim was to systematically review the literature on MND and behaviour in order to 1) estimate the prevalence of bvFTD and of mild behavioural changes in MND; 2) calculate prevalence rates of bvFTD symptoms (behavioural, cognitive and psychiatric symptoms) in MND-bvFTD patients; and 3) determine the site of MND onset, survival and age of onset in MND-bvFTD patients.

## METHODS

### Literature search

A comprehensive literature search was conducted in October 2011 in PubMed (1954 – ), Web of Science (1975 – ) and PsycInfo (1860 – ) for articles in English, French, German, Italian and Dutch with the search terms in Box 1. The nomenclature of the entity now known as bvFTD has changed over time, and therefore patients with the diagnoses 'MND-Pick's disease, MND-dementia' were included in our search. Full-length articles, reviews and abstracts were considered. Articles were retrieved on MND patients with bvFTD on the one hand, and patients with dementia and MND symptoms on the other. Articles were screened by their title and, if judged possibly relevant, the abstract was



read. Relevant articles were evaluated in detail. Reference lists were checked for additional articles (Figure 1).

#### Box 1 List of keywords

MND related keywords:

Amyotrophic Lateral Sclerosis; ALS; Gehrig Disease; Gehrings Disease; Gehrigr's Disease; Lou Gehrig Disease; Lou Gehrings Disease; Lou Gehrigr's Disease; MND; Motor Neuron Disease; Motor Neurone Disease; amyotrophe Lateralsklerose; amyotrophischen Lateralsklerose; amyotrophische Lateralsklerose; amyotrophischer Lateralsklerose; sclerose laterale amiotrofica; sclerose laterale amyotrophique; sclerosi laterale amiotrofica; SLA; Progressive muscular atrophy; Progressive Spinal Muscular Atrophy; PMA; PSMA, atrophie musculaire progressive, lower motor neuron disease, lower motoneuron disease, lower motor neurone disease, Primary Lateral Sclerosis; PLS, upper motor neuron disease, upper motoneuron disease, upper motor neurone disease (the search was repeated with 'disease' replaced by 'disorder' and 'syndrome').

FTD related keywords:

Behavior; Behavioral changes; Behaviour; Behavioural changes; Mild behavioural changes; Dementia; Frontal lobe dementia; Frontotemporal dementia; Frontotemporal Lobar Degeneration; Frontotemporal Lobar Degenerations; Frontotemporal lobe degeneration; FTD; FTLD; Pick Disease; Pick's disease; Picks Disease; Presenile dementia; Demence; Demence presenile; Demence progressive; disturbi mentali; disturbi psichici; les troubles mentaux; maladie de Pick; Pickse Krankheit; Psychiatrische Storungen; Psychiatrischen Storungen; Psychische Störung; Psychischen Symptomen.

#### Inclusion and exclusion criteria

Articles judged to be relevant were divided into cohort studies (part A) and case-studies/series (part B, Figure 1).

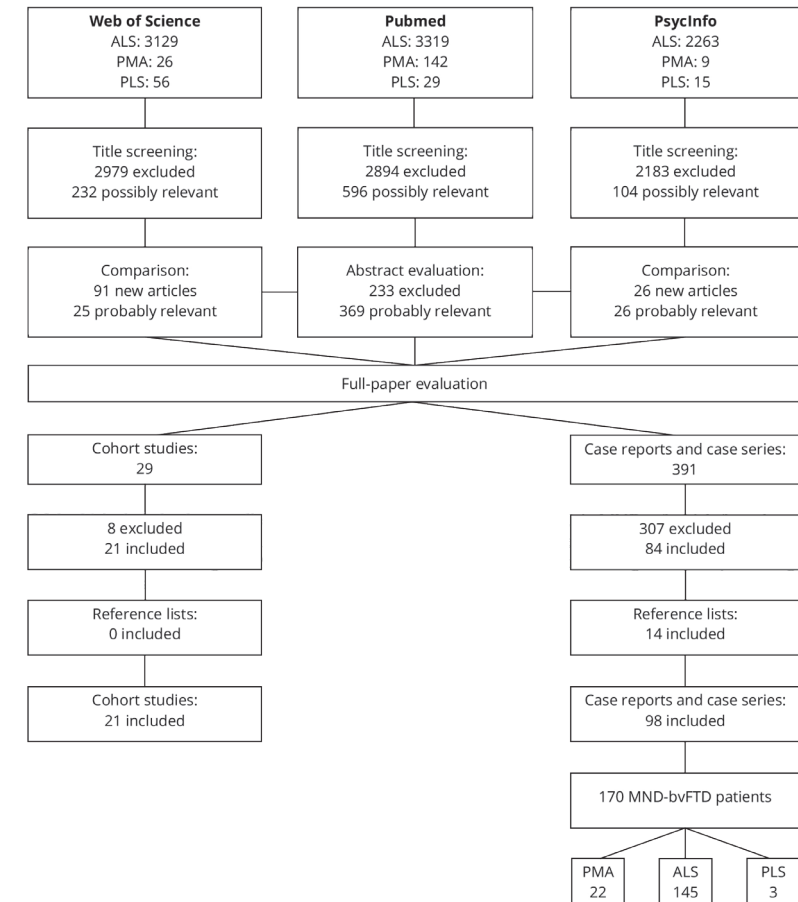
In part A of the study, the cohort studies were used to examine the prevalence of bvFTD and mild behavioural changes in MND.

For part A of the study we included all prospective studies with an inception cohort if they reported:

- a description of the patient sample;
- a validated method to assess either FTD or mild behavioural changes;
- prevalence rates, or data enabling calculation of prevalence rates, of the behavioural subtype of frontotemporal dementia/frontotemporal lobar degeneration (FTLD) or mild behavioural changes.

For part B of the study, case reports and case series were used to calculate prevalence rates of bvFTD symptoms (behavioural, cognitive and psychiatric symptoms) in MND-bvFTD patients. In addition, within the group of MND-bvFTD patients we compared the site of onset, survival and age of onset between the MND onset and bvFTD-onset patients.

Figure 1. Search strategy and results



Of the 21 included cohort studies, nine calculated the prevalence of bvFTD in MND, of which four also determined the prevalence of mild behavioural changes in MND; four other studies calculated the prevalence of mild behavioural changes in MND and eight studies described behavioural changes without presenting prevalence rates.

For part B, single case studies, case series and reviews including one or more case studies of MND-bvFTD patients with either MND or bvFTD onset were included if they reported:

- bvFTD symptoms in one (single case study) or more (case series) individual patients;
- information allowing the extraction of
  - the diagnosis ALS, PMA or PLS;
  - one of the following diagnoses: FTD, Pick's disease, FTLD or ALS-dementia.

Studies were excluded for part B of the study if they reported:

- patients with pure language variants of FTLD (i.e. without behavioural changes) or Alzheimer's disease (i.e. a clinical and pathological diagnosis);
- patients with MND variants (e.g. Mills' syndrome or Kennedy's disease);
- less than two behavioural symptoms or only cognitive or only psychiatric symptoms.

### Assessment of studies

A significant proportion of the included studies in part B was published before the diagnostic El Escorial criteria for ALS and the Neary criteria for a diagnosis of FTD were established.<sup>14, 15</sup> One of the authors (JR) assessed the diagnoses of these patients. This assessment was based on the clinical description in combination with the results of a pathological examination, which was available in 81 cases (48%). Based on descriptions of definite upper motor neuron signs and symptoms (forced yawning, crying and laughing, clonus of masseter reflex, (sub)clonic myotatic reflexes, Hoffmann-Trömner sign, extensor plantar response and spasticity) and, when available, results of a pathological examination, all patients could be classified as either PMA, ALS or PLS. Accordingly, based on clinical descriptions and pathological examination when available, patients could be labelled as FTD (including Pick's disease).

### Data extraction

For part A: prevalence of bvFTD and mild behavioural changes in MND, the following data were extracted from the cohort studies: number of patients; percentage of ALS patients with bulbar onset; description of the patient sample; method used to assess bvFTD or mild behavioural changes; (point) prevalence of bvFTD or mild behavioural changes; description of the diagnosis, i.e. the definition of bvFTD.

For part B: bvFTD symptoms in MND patients, the following data were extracted from the case studies/case series: gender, age at onset, age at diagnosis, MND diagnosis (ALS, PMA or PLS), duration of disease, whether the patient was first diagnosed as MND or bvFTD, bulbar- or limb-onset MND, bvFTD symptoms (i.e. behavioural, cognitive and psychiatric symptoms).

### Data analysis

Study, demographic and clinical characteristics were summarized with simple descriptive statistics.

- Part A: prevalence of bvFTD and mild behavioural changes in MND; point prevalence rates presented in the cohort studies were pooled, accounting

for inter-study variation and analysed using a non-linear random effects model.

- Part B: bvFTD symptoms in MND patients; differences regarding gender, age, survival and site of onset (of ALS) between patients with ALS onset and patients with bvFTD onset were analysed using a two-group *t*-test or Mann-Whitney *U*-test, when appropriate. Data analyses were performed in SPSS version 17.0 and SAS 9.1 (module proc. nlmixed).
- Additional data analysis for part B: the descriptions of behavioural, cognitive and psychiatric disturbances, respectively, were categorized into bvFTD symptoms (see Table E-3). When memory problems were mentioned in the patient description, all of the following descriptions – 'disturbances', 'changes', 'impairment', and 'deficits' – were interpreted as 'memory disturbance', in the absence of a formal neuropsychological examination. A small number of studies reported neuropsychological test results; these were not analysed in this study. Percentages of the categorized bvFTD symptoms were calculated from patients in case studies or case series (numerator = number of patients with the disturbance; denominator = total number of patients). Using these percentages, pooled prevalence rates accounting for inter-study variation were analysed using a non-linear random effects model.

## RESULTS

### Part A: prevalence of bvFTD in MND patients

The search retrieved nine studies with prevalence rates of bvFTD in cohorts of MND patients (Table 1). ALS patients were studied in eight studies<sup>10, 12, 16-21</sup>; ALS and PMA patients in one study.<sup>22</sup>

**Table 1.** Prevalence of the behavioural variant FTD in MND: results from cohort studies

Behavioural variant of frontotemporal dementia in MND						
Author (ref.)	(n) Patients	Bulbar %	Patient sample	Assessment	Prevalence	Description
Ringholz (10)	279	34	consecutive patients, two hospitals (USA)	NPE, (family) interviews	5%	Behavioural variant FTD
Murphy (16)	23	27	volunteer cohort, multidisciplinary clinic (USA)	NPE, NPI, MRI	9%	Behavioural variant FTLD
Lillo (12)	92	22	respondents to postal survey sent to members of patient association (Australia)	Clinical questionnaire for bvFTD symptoms and CBI-R	11%	(estimated to) fulfil criteria for behavioural variant FTD

**Table 1.** Continued.

Behavioural variant of frontotemporal dementia in MND						
Author (ref.)	(n) Patients	Bulbar %	Patient sample	Assessment	Prevalence	Description
Phukan (17)	160	34	population based (Ireland)	Direct evaluation, semi-structured interviews	11%	behavioural variant FTD
Gibbons (22)	16	13	consecutive patients in MND clinic (UK)	Informant based semi-structured interview	13%	Behavioural symptoms in the range seen in FTD
Portet (18)	23	100	bulbar ALS patients in a neurology clinic (France)	NPE, clinical examination during hospital admission	18%	Severe behavioural changes consistent with FTD
Woolley (19)	31	34	subset of group of patients visiting two ALS clinics (USA); validation cohort for a new screening instrument	NPE, FrSBe	19%	FTD
Lepow (20)	37	n.g.	subset of patients visiting an ALS clinic who underwent further testing after screening (USA)	NPE, FrSBe	19%	FTD
Lomen-Hoerth (21)	44	43	subset of patients: out of 100 consecutive patients of ALS clinic who either underwent further testing after screening, or were referred to a memory clinic (USA)	NPE, NPI, CDR	27%	Research criteria for probable and definite behavioural variant FTLD

*n* = number of patients; bulbar % percentage of ALS patients with bulbar-onset; n.g. not given; NPE neuropsychological examination; NPI Neuropsychiatric Inventory; CBI-R Cambridge Behavioural Inventory-Revised; FrSBe Frontal Systems Behavior Scale; CDR Clinical Dementia Rating Scale; FTD frontotemporal dementia; FTLD frontotemporal lobar degeneration.

**Table 2.** Prevalence of mild and moderate behavioural impairment in MND without dementia: results from cohort studies

Mild and moderate behavioural impairment in MND						
Author (ref.)	(n) Patients	Bulbar %	Patient sample	Assessment	Prevalence	Description
Murphy (16)	23	27	volunteer cohort, multidisciplinary clinic (USA)	NPE, NPI, MRI	17%	Score of 3 or more (max = 12) on 2 or more behaviors (NPI)
Woolley (19)	31	34	subset of group of patients visiting two ALS clinics comprising a validation cohort for a new screening instrument (USA)	NPE, FrSBe	19%	Mild behavioural impairment with or without mild cognitive impairment
Lillo (12)	92	22	respondents to postal survey sent to members of MND patient association (Australia)	Clinical questionnaire for bvFTD symptoms and CBI-R	20%	Moderate behavioural change not fulfilling bvFTD
Witgert (23)	225	24	Consecutive sporadic ALS patients from ALS clinic (USA)	FrSBe	24%	>1.5 SD on total FrSBe score
Woolley (24)	16	6	Recruited from ALS clinic (USA)	FrSBe	25%	>1.5 SD on total FrSBe score
Chio (25)	70	23	Consecutive patients from ALS clinic (Italy)	FrSBe	49%	>1.5 SD on total FrSBe score
Meier (26)	18	n.g.	Recruited from MND clinic (New Zealand)	NPI	50%	Score of 3 or more (max = 12) on 2 or more behaviors (NPI)
Gibbons (22)	16	13	consecutive patients in MND clinic (UK)	Informant based semi-structured interview sensitive to bvFTD	88%	Some sort of change in affect and/or social conduct

*n* number of patients; bulbar % percentage of ALS patients with bulbar-onset; n.g. not given; NPE: neuropsychological examination; NPI Neuropsychiatric Inventory; CBI-R Cambridge Behavioural Inventory-Revised; FrSBe Frontal Systems Behavior Scale; CDR Clinical Dementia Rating Scale; FTD frontotemporal dementia; FTLD frontotemporal lobar degeneration.

In four studies selection bias was evident from the patient sample description: only bulbar-onset MND patients were included<sup>18</sup>; or cohorts consisted of subsets of MND patients who underwent further neuropsychological investigation after an initial screening.<sup>19-21</sup> In the remaining five studies, which either included consecutive MND patients visiting a clinic, or members of a MND patient association responding to a postal survey, or a population based cohort, the prevalence of bvFTD according to Neary's criteria ranged from 5.3% to 12.5% (Table 1).<sup>10, 12, 16, 17, 22</sup> The pooled prevalence rate of bvFTD in MND taken from these five studies is 8.1% ( $n = 570$ ; 95% CI 5.6 – 11.5%).

### Prevalence of mild behavioural changes in MND patients

The search retrieved eight studies with prevalence rates of mild ( $n = 7$ ) or moderate ( $n = 1$ ) behavioural changes in cohorts of MND patients without dementia (Table 2).<sup>12, 16, 19, 22-26</sup>

ALS patients were studied in seven studies; ALS and PMA patients in one study.<sup>22</sup> Mild to moderate behavioural changes (according to diverging definitions) were shown in 17 – 88% of MND patients (Table 2). The search retrieved another six studies that examined mild behavioural changes in MND patients without presenting prevalence rates. These data are summarized in a supplementary table (Table E-1). Please find this material with the following direct link to the article: <http://informahealthcare.com/doi/abs/10.3109/17482968.2012.656652>.

### Part B: clinical characteristics of MND-bvFTD patients

In this part of the review, data from individual patients from case studies or case series were analysed. From the literature search 20 reports were excluded that reported patients with MND variants, Alzheimer's disease, less than two behavioural symptoms, or only cognitive symptoms. Ninety-eight articles met the inclusion criteria for part B (Figure 1, and supplementary table E-2 for the articles included). Please find this material with the following direct link to the article: <http://informahealthcare.com/doi/abs/10.3109/17482968.2012.656652>.

In these 98 studies, 170 patients were described: 135 ALS patients, 21 PMA patients and three PLS patients; one patient had progressive bulbar palsy without central motor neuron signs and was included in the PMA group; no information on reflexes or pyramidal tract involvement was available from 10 other patients, and these were included in the ALS group. Of the 170 patients, 142 could also be classified as suffering from bvFTD or Pick's disease, and 28 as probable bvFTD. In the following sections the Pick's disease and probable bvFTD cases are included in the 'bvFTD' group. Clinical and demographic data are summarized in Table 3.

**Table 3.** Clinical and demographic data of 170 patients with MND-bvFTD

	<b>bvFTD onset</b>	<b>MND onset</b>	<b>Simultan. onset</b>	<b>Unknown onset</b>	<b>Total (N) ¶</b>
<b>Total</b>	93	36	32	9	170
Male	49	21	21	4	95
Female	42	15	11	3	71
Missing	2	0	0	2	4
<b>Age at onset, y</b>	53 (16 – 73) §	64 (25 – 80)	53 (32 – 66)	43 (38 – 70)	54 (16 – 80)
Missing	19	5	4	4	32
<b>Survival* months</b>	36 (9 – 156) §	29 (12 – 108)	23 (12 – 99)	36 (15 – 84)	33 (9 – 156)
Missing	38	12	17	4	71
<b>Onset MND</b>					
Limb	34	16	16	4	70
Bulbar	41	16	13	1	71
Limb and bulbar	10	2	3	1	16
Missing	8	2	0	3	13

Values are totals, or median (range). Simultan.: simultaneous onset of ALS and bvFTD; Y: years. ¶: ALS ( $n = 145$ ); PMA ( $n = 22$ ); PLS ( $n = 3$ ); \*: duration between the first symptom as reported by the patient or a relative, and death. §:  $p < 0.01$  compared to patients with MND onset.

The male to female ratio of the 170 MND-FTD patients was 1.3:1. BvFTD developed after a median time of 16 months in MND patients (range 2 – 40;  $n = 21$ , missing data 42%); MND developed after a median time of 18 months in bvFTD patients (range 2 – 168;  $n = 60$ ; missing data 35%, difference not significant between MND or bvFTD onset). Forty-two percent of the MND-bvFTD patients had bulbar-onset MND and 41% had limb onset. Site of onset was not significantly different between patients with MND and bvFTD onset (missing data 3%). When ALS-bvFTD patients were analysed separately, the proportion of bulbar, limb, and simultaneous limb and bulbar onset was 48%, 39% and 10%, respectively (missing data 3%).

### BvFTD symptoms: characteristics, relative frequencies and pooled prevalences

From the descriptions of 170 MND-bvFTD patients, 59 different bvFTD symptoms were listed in a supplementary table (Table E-3). Please find this material with the following direct link to the article: <http://informahealthcare.com/doi/abs/10.3109/17482968.2012.656652>.

The number of bvFTD symptoms reported per patient, and their frequencies, are shown in Table 4.

**Table 4.** Number of bvFTD symptoms reported per patient

Number of bvFTD symptoms	Number of patients	Cumulative percentage
2	23	13.5
3	28	30.0
4	23	43.5
5	27	59.4
6	16	68.8
7	12	75.9
8	12	82.9
9	10	88.8
10	8	93.5
> 10	11	100.0
Total	170	

In total 960 bvFTD symptoms were described in 170 patients (mean 5.6 bvFTD symptoms per patient). Pooled prevalence rates showed that perseveration was the most frequently described behavioural disturbance (40%). Apathy and disinhibition showed pooled prevalence rates of 29 and 26%, respectively (Figure 2). Three cognitive symptoms were listed: memory disturbances, attention deficits and disorientation. Memory disturbances, ranging from mild to severe showed a pooled prevalence of 43%. Memory disturbance was the first bvFTD symptom in 20% of the patients. Of the psychiatric symptoms, delusions, paranoia and hallucinations showed a pooled prevalence rate of 9, 8 and 12%, respectively.

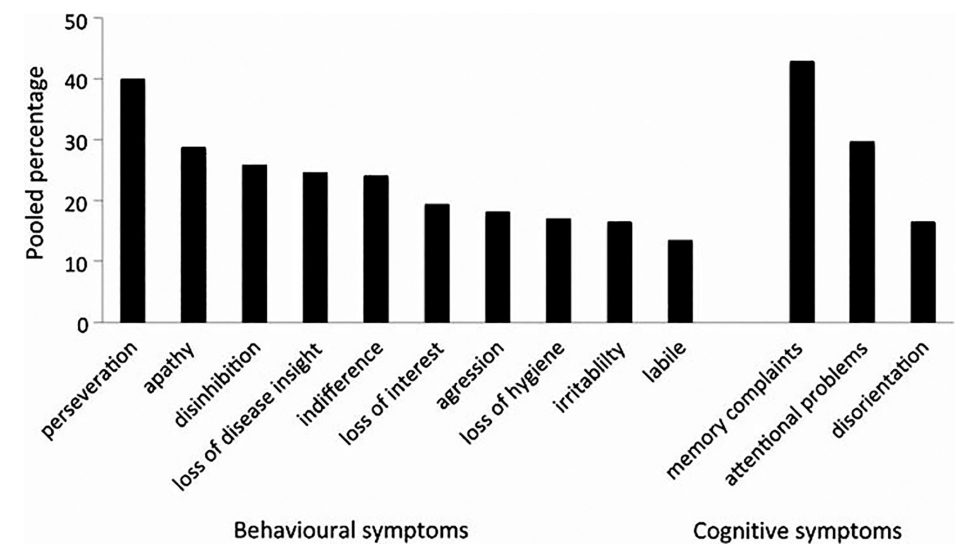
## DISCUSSION

This systematic review shows that 8% of MND patients have bvFTD and that perseveration, apathy and disinhibition are the most frequently described behavioural symptoms of patients with MND-bvFTD. We also found that bvFTD occurs relatively more often in bulbar-onset MND. A noticeable finding is the high frequency of memory disturbance in MND-bvFTD patients.

### Prevalence of FTD

The prevalence of bvFTD in MND in this review varied between 5% and 27%, which is related to diverging definitions (i.e. research criteria for probable FTD vs. Neary criteria) and different patient samples (e.g. a subset of patients investigated after an initial screening test vs. population based samples). The study with the largest cohort, including 279 ALS patients shortly after diagnosis had been established, showed a lower prevalence of bvFTD (5%) compared to the population or 'patient-association based' studies (11%), which encompassed MND patients with a longer disease duration.<sup>10, 12, 17</sup> This higher prevalence of

bvFTD in the latter studies may reflect the development of bvFTD in the course of MND.

**Figure 2.** Most frequently described bvFTD symptoms in MND patients

Percentages denote the estimated prevalence of MNDbvFTD patients with the particular bvFTD symptom reported in case reports or series. Percentages presented in 98 studies were pooled using a non-linear random effect analysis. Here, the 10 most frequently reported behavioural symptoms and three cognitive symptoms are shown. Supplementary Table 3 shows a complete list of the estimated prevalences of bvFTD symptoms.

### Clinical variables - MND or bvFTD: which disease comes first?

There has been debate in the literature on whether the occurrence of bvFTD precedes that of MND in nearly all patients with MND-bvFTD<sup>27</sup>, or whether bvFTD develops in the course of MND. Taking into consideration the differences in disease duration between FTD (6 – 8 years) and MND (three years), and presuming that the chance of developing one disease when the other is present, is equal, then FTD patients have at least twice as much time to develop MND, compared to MND patients to develop FTD.<sup>28, 29</sup>

In agreement with this assumption, in 161 MND-bvFTD patients in this systematic review 55% presented with bvFTD, 21% with ALS and in 19% there was a simultaneous onset. In comparison, a recent study in 31 behavioural predominant MND-FTD patients showed 68% patients presenting with bvFTD, 10% with MND and 22% with a simultaneous onset.<sup>30</sup> Differences in disease onsets in MND-bvFTD cohorts may be related to the site where patients are recruited (i.e. dementia clinic vs. MND clinic).

**Clinical variables: bulbar-onset ALS**

There have been conflicting data about a relationship between FTD and bulbar-onset MND/ALS.<sup>10, 17, 21</sup> Depending on whether a cohort with prevalent or incident MND/ALS patients (without dementia) is studied, 19 – 30% of MND/ALS patients have bulbar onset.<sup>28, 31</sup> In this systematic review we found bulbar onset in 42% of MND-bvFTD (48% of ALS-bvFTD patients), which is within the range found by two other studies (39 – 61%) in patients with MND-bvFTD.<sup>29, 30</sup> This supports an association of bulbar onset and extramotor cortex involvement in MND.

**Clinical variables: survival**

In this study, MND-bvFTD patients with MND onset had a shorter survival compared to MND-bvFTD patients with bvFTD onset (Table 3). Compared to the survival of bvFTD patients without MND, the development of MND in bvFTD patients reduces survival by at least 50%.<sup>29</sup> The survival of all MND-bvFTD patients in this review with complete data is 13 months shorter compared to findings of a retrospective study, which may be related to the higher proportion of MND-onset patients (22% vs. 10%) in our study.<sup>30</sup> When only bvFTD-onset MND-bvFTD patients were analysed, the survival in the present study (36 months) was similar, respectively seven months longer compared to two smaller studies in MND-bvFTD patients<sup>29, 32</sup>; the difference may be ascribed to a higher proportion of bulbar-onset ALS patients in one of the latter studies.<sup>29</sup> Thus, our review corroborates earlier findings that the occurrence of MND in bvFTD leads to a shorter survival. Interestingly, the survival of MND patients who developed bvFTD is similar to a population based prospective survey in MND patients with a comparable age at onset and a lower proportion bulbar-onset MND.<sup>28</sup> Thus, our data do not support the observations made by others that bvFTD leads to a shorter survival in MND<sup>11, 13, 32</sup>, although missing data in 33% made this finding less reliable.

A negative effect of bvFTD on survival in MND has been shown by others to be related to a higher non-compliance with non-invasive ventilation and feeding tube insertion, and to a higher proportion of bulbar-onset MND in MND-bvFTD.<sup>13</sup> Therefore, the impact of FTD on the survival of MND patients, irrespective of these confounders, needs to be studied further.<sup>11</sup>

**Cognitive variable: memory disturbance**

This review shows that 43% of MND-bvFTD patients had early or severe memory disturbances, ranking memory as the most frequent bvFTD symptoms in MND-bvFTD. Although early or severe memory problems are traditionally considered to be rare in bvFTD, initial memory complaints have been reported in 16 – 60% of bvFTD patients, and in one study memory problems were the fourth most frequent of 12 bvFTD symptoms.<sup>29, 33, 34</sup> In 20% of the MND-bvFTD patients in

the present study, memory disturbance was among the first symptoms, which is in agreement with a recent study in 18 MND-FTD patients.<sup>29</sup> Of note, in our and other studies, memory disturbances were based on history taking, which may have overestimated the frequency, because other cognitive deficits may have been misinterpreted as memory disturbances.

**Mild behavioural symptoms in MND**

The presence of mild behavioural changes in MND would support the concept of a continuum between MND and bvFTD. In 13 of the 14 retrieved studies concerning mild behavioural changes, these were assessed with the Frontal Systems Behaviour Scale, Neuropsychiatric Inventory or Cambridge Behavioural Inventory. These instruments, widely used in patients with dementia, have not been validated in MND patients and are not adapted for motor impairment, which probably results in overestimation of 'motor-free' mild behavioural changes in MND. In addition, in only three studies a control group was examined.<sup>35, 36</sup> A prospective controlled study with a clear description of the inception cohort with a valid scale is needed to assess the presence of mild behavioural changes in MND. The behavioural characteristics of MND in this review may help to develop such a scale.

**Strengths and limitations**

In addition to its strengths (large number of patients, systematic analysis) this review has some limitations. The methodological quality of case reports and case series is poor. We found, however, that most patient descriptions were sufficient to extract useful information, which is underlined by the description of at least four bvFTD symptoms in nearly three-quarters of the patients (Table 3).

The pooled prevalences of the bvFTD symptoms from the random effect analysis should be interpreted with caution. In single case studies or case series, authors may tend to describe symptoms that are prominent, interesting and in line with the diagnosis.

In conclusion, bvFTD is present in 8% of MND patients and perseveration, apathy and disinhibition are frequently described in MND-bvFTD. Memory disturbances are another important symptom for the clinician who evaluates a patient with MND, as it may be heralding the onset of bvFTD.

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## SUPPLEMENTAL MATERIAL

Fourteen studies were found which examined mild behavioural changes in MND patients. The Frontal Systems Behaviour Scale (FrSBe) was used in 10 studies (table).<sup>1-9</sup> The Neuropsychiatric Inventory, Cambridge Behavioural Inventory-Revised, a clinical questionnaire or semi-structured interview were used in four other studies which are not discussed here.<sup>10-13</sup> The FrSBe is a behavioural scale with three subscales (apathy, disinhibition and executive dysfunction). Half of the 14 items measuring apathy are directly related to motor disabilities (limb or bulbar palsy) and the two other subscales (disinhibition and executive dysfunction) also contain some items related to motor disabilities. In all studies the apathy subscale showed higher scores compared to the other subscales (see table). In two of the three controlled studies a significantly higher score for apathy was shown compared to the control group.

**Table 1.**

Author (ref)	(n) Patients	Bulbar %	Control group	FrSBe subscales (T-scores)			
				FrSBe total score (T-score)	Apathy	Disinhibition	Dys-executive
Woolley <sup>1</sup>	17	n.g.*	no	56	59	52	55
Wicks <sup>2</sup>	41	12		55	58**	54	54
			<i>n</i> = 35	50	50	49	48
Woolley <sup>3</sup>	16	6	no	57	60	55	56
Chiò <sup>4</sup>	70	23	no	n.g.	67	57	63
Witgert <sup>5</sup>	225	24	no	55	59	52	53
Terada <sup>6</sup>	24	n.g.	no	54	62	49	50
Tsujimoto <sup>7</sup>	21	33	no	n.g.	54	46	46
Grossman <sup>8</sup>	45	38	no		56	29	47
Girardi - 1 <sup>9</sup>	17	n.g.		56	57**	55	55
			<i>n</i> = 20	51	46	53	47
Girardi - 2 <sup>9</sup>	14	7^^		67	n.g.	n.g.	n.g.
			<i>n</i> = 20	75	n.g.	n.g.	n.g.

From all studies 'Post-Illness' scores rated by a carer were taken, except where stated otherwise. n.g.: not given; \*: mean bulbar score ALSFRS-R 9; \*\*:  $p < 0.05$ ; ^: self-rated scores were presented (no difference was found between carer-rated and self-rated scores); ^^: bulbar symptoms.



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**Table 2.** Reports of individual patients included in the review (adapted from original publication)

Author	Title (truncated)	Journal, year of publication
Androp, S.	Amyotrophic lateral sclerosis with psychosis	Psychiatr Q, 1940
Anneser, J.	Inappropriate sexual behaviour in a case of ALS and FTD	Amyotroph Lateral Scler, 2007
Bak, T.	Selective impairment of verb processing associated with pathological changes in Brodmann areas 44 and 45	Brain, 2001
Benajiba, L.	TARDBP mutations in motoneuron disease with frontotemporal lobar degeneration	Ann Neurol, 2009
Bonaretti, T.	Su due casi di sclerosi laterale amiotrofi ca ad inizio pseudobulbare preceduta da decadimento psichico	G Psichiatr Neuropatol, 1959
Boudouresques, J.	État démentiel, sclérose latérale amyotrophique, syndrome extrapyramidal	Rev Neurol, 1967
Boxer, A.	Clinical, neuroimaging and neuropathological features of a new chromosome 9p-linked FTD-ALS family	J Neurol Neurosur Ps, 2011
Brandmeir, N.	Severe subcortical TDP-43 pathology in sporadic frontotemporal lobar degeneration with motor neuron disease	Acta Neuropathol, 2008
Braunmühl, Von A.	Picksche Krankheit und amyotrophische laterale sklerose	Allgemeine Psychiatrisch Psychol Med, 1932
Brion, S.	L'association maladie de Pick et sclérose latérale amyotrophique	L'Encéphale, 1980
Broustal, O.	FUS mutations in frontotemporal lobar degeneration with amyotrophic lateral sclerosis	J. Alzheimers Dis, 2010
Burnstein, M.	Familial amyotrophic lateral sclerosis, dementia, and psychosis	Psychosomatics, 1981
Campanella, G.	Su di un caso di sclerosi laterale amiotrofi ca a caraterre familiare	G Psichiatr Neuropatol, 1959
Cavalleri, F.	Amyotrophic lateral sclerosis with dementia	Acta Neurologica Scandinavica, 1994
Chio, A.	Amyotrophic lateral sclerosis-frontotemporal lobar dementia in 3 families with p.Ala3882Thr TARDBP mutations	Arch Neurol, 2010

Table 2. Continued.

Author	Title (truncated)	Journal, year of publication
Constantinidis, J.	Syndrome familial: association de maladie de Pick et sclérose latérale amyotrophique	L'Encéphale, 1987
Dazzi, P.	Sulla sclerosi laterale amiotrofi ca familiare contributo clinico	G Psichiar Neuropatol, 1969
De Brito-Marques, P.	Amyotrophic lateral sclerosis with dementia	Arq Neuropsiquiatr, 1999
De Morsier, G.	Un cas de maladie de Pick avec sclérose latérale amyotrophique terminale	Rev Neurol, 1967
Deng, H.	Mutations in UBQLN2 cause dominant X-linked juvenile and adult-onset ALS and ALS-dementia	Nature, 2011
Deymeer, F.	Thalamic dementia and motor neuron disease	Neurology, 1989
Dickson, D.	Klüver-Bucy syndrome and amyotrophic lateral sclerosis	Neurology, 1986
Duffy, J.	Progressive apraxia of speech as a sign of motor neuron disease	Am J Speech Lang Pathol, 2007
Dwornik, A.	Frontotemporal dementia with lower motor neuron disease and extrapyramidal signs: case description	J Neurol, 2007
Enns, M.	Amyotrophic lateral sclerosis presenting with psychosis	Psychosomatics, 1993
Finlayson, M.	Cerebral lesions in familial amyotrophic lateral sclerosis and dementia	Acta Neuropathol, 1973
Friedlander, J.	Role of psychosis in amyotrophic lateral sclerosis	Arch Neurol Psychiatr, 1948
Gentileschi, V.	Fronto-temporal dementia and motor neuron disease	Acta Neurol Scand, 1999
Gibbons, Z.	Behaviour in amyotrophic lateral sclerosis	Amyotroph Lateral Scler, 2008
Girardi, A.	Deficits in emotional and social cognition in amyotrophic lateral sclerosis	Neuropsychology, 2011
Gunnarsson, L.	Motor neuron disease and dementia reported among 13 members of a single family	Acta Neurol Scand, 1991
Horopian, D.	Dementia and motor neuron disease: morphometric, biochemical, and golgi study	Ann Neurol, 1984

Table 2. Continued.

Author	Title (truncated)	Journal, year of publication
Ichikawa, H.	Writing errors and anosognosia in amyotrophic lateral sclerosis with dementia	Behav Neurol, 2008
Ishihara, K.	An autopsy case of frontotemporal dementia with severe dysarthria and motor neuron disease	Neuropathology, 2006
Josephs, K.	Clinically undetected motor neuron disease in pathologically proven frontotemporal lobar degeneration	Arch Neurol, 2006
Kato, S.	Participation of the limbic system and its associated areas in the dementia of amyotrophic lateral sclerosis	J Neurol Sci, 1994
Katz, J.	An I113T mutation in the SOD-1 gene associated with severe frontotemporal dementia in a patient with familial ALS	Amyotroph Lateral Scler, 2008 (abstract)
Kellner, M.	Letter to the Editor: Familial presenile dementia with motor neuron disease	J Clin Psychiatry, 1994
Kim, S.	Semantic dementia combined with motor neuron disease	J Clin Neurosci, 2009
Komachi, H.	Motor neuron disease with dementia and ophthalmoplegia	J Neurol, 1994
Kurachi, M.	Amyotrophic lateral sclerosis with temporal lobe atrophy	Folia Psychiatr Neurol Jpn, 1979
Kawahara, H.	Frontotemporal lobar degeneration with motor neuron disease showing severe and circumscribed atrophy	J Neurol Sci, 2010
Larner, A.	Delusion of pregnancy in frontotemporal lobar degeneration with motor neuron disease	Behav Neurol, 2008
Léchelle, P.	Maladie de Pick. Sclérose latérale amyotrophique terminale	Ann Méd Interne, 1954
Lillo, P.	Neurobehavioral features in frontotemporal dementia with amyotrophic lateral sclerosis	Arch Neurol, 2010
Litterio, D.	Sclerosi laterale amiotrofi ca e demenza: una rara associazione.	Riv Neurol, 1985
Liu, A.	A case study of an emerging visual artist with frontotemporal lobar degeneration	Neurocase, 2009

Table 2. Continued.

Author	Title (truncated)	Journal, year of publication
Lopate, G.	Familial ALS with extreme phenotypic variability due to the I113T SOD1 mutation	Amyotroph Lateral Scler, 2010
Lopez, O.	Dementia accompanying motor neuron disease	Dementia, 1994
Luty, A.	Pedigree with frontotemporal lobar degeneration - motor neuron disease and Tar DNA binding protein-43 positive neuropathology	Neurology, 2008
Marquard, R.	Dementia accompanying motor neuron disease	Dement Geriatr Cogn Disord, 2003
Martinaud, O.	Frontotemporal dementia, motor neuron disease and tauopathy	Acta Neuropathol, 2005
McCluskey, L.	Amyotrophic lateral sclerosis-plus syndrome with TAR DNAbinding protein-43 pathology	Arch Neurol, 2009
Meyer, A.	Über eine der amyotrophischen Lateralsklerose nahestehende Erkrankung mit psychischen Störungen	Ztschr ges Neurol u Psychiat, 1929
Mitsuyama, Y.	Progressive dementia with motor neuron disease	Eur Arch Psychiatry Neurol Sci, 1985
Mitsuyama, Y.	Presenile dementia with motor neuron disease in Japan	Arch Neurol, 1979
Mitsuyama, Y.	Presenile dementia with motor neuron disease: an additional casereport	Folia Psychiatr Neurol Jpn, 1981
Mitsuyama, Y.	Presenile dementia with motor neuron disease in Japan: clinicopathological review of 26 cases	J Neurol Neurosurg Ps, 1984
Mochizuki, A.	Frontotemporal dementia with ubiquitinated neuronal inclusions presenting with primary lateral sclerosis and parkinsonism	Acta Neuropathol, 2004
Momeni, P.	Analysis of IFT74 as a candidate gene for chromosome 9p-linked ALS-FTD	BMC Neurol, 2006
Moretti, R.	Complex cognitive disruption in frontal dementia related to motor neuron disease	Percept Mot Skills, 2001

Table 2. Continued.

Author	Title (truncated)	Journal, year of publication
Morita, K.	Presenile dementia combined with amyotrophy: a review of 34 Japanese cases	Arch Gerontol Geriatr, 1987
Muller, M.	Amyotrophic lateral sclerosis and frontal lobe dementia in Alzheimer's disease	Eur Neurol, 1993
Neary, D.	Frontal lobe dementia and motor neuron disease	J Neurol Neurosurg Ps, 1990
Niizato, K.	Pick's disease with amyotrophic lateral sclerosis (ALS)	J Neurol Sci, 1997
Nitrini, R.	Psychotic symptoms in dementia associated with motor neuron disease	J Neuropsychiatry Clin Neurosci, 1998
Ojeda, V.	Familial motor neuron disease associated with non-specific organic dementia	Med J Aust, 1984
Olojugba, C.	De Clerambault's syndrome (erotomania) as a presenting feature of frontotemporal dementia and motor neuron disease	Behav Neurol, 2007
Omar, R.	Delusions in frontotemporal lobar degeneration	J Neurol, 2009
Pearson, J.	Familial frontotemporal dementia with amyotrophic lateral sclerosis and a shared haplotype on chromosome 9p	J Neurol, 2011
Peavy, G.	Neuropsychological aspects of dementia of motor neuron disease	Neurology, 1992
Poppe, Von W.	Klinisch- und pathologisch-anatomische Untersuchungen über Kombinationsformen praeseniler Hirnatrophien	Psychiat Neurol, 1963
Portera-Cailliau, C.	A familial form of pallidolysionigral degeneration and amyotrophic lateral sclerosis with divergent clinical presentations	J Neuropathol Exp Neurol, 2007
Prudlo, J.	Chromosomal translocation t(18;21)(q23;q22.1) indicates novel susceptibility loci for frontotemporal dementia with ALS	Ann Neurol, 2004
Raaphorst, J.	Amyotrophische laterale sklerose en frontotemporale demencie	Ned Tijdschr Geneesk, 2010

Table 2. Continued.

Author	Title (truncated)	Journal, year of publication
Rakowicz, W.	Dementia and aphasia in motor neuron disease	J Neurol Neurosurg Ps, 1998
Reda, G.	Su una particolare forma morbosa del presenium di difficile classificazione nosografica	Riv Neurol, 1953
Robertson, E.	Progressive bulbar paralysis showing heredofamilial incidence and intellectual	Arch Neurol Psychiatr, 1953
Rusina, R.	FTLD-TDP with motor neuron disease, visuospatial impairment and a progressive supranuclear palsy-like syndrome	Neurology, 2011
Šarac, H.	Magnetic Resonance Imaging and Magnetic Resonance spectroscopy in a patient with amyotrophic lateral sclerosis	Coll Antropol, 2008
Sathasivam, S.	Frontotemporal lobar degeneration with motor neurone disease	Int J Psychiatry Clin Pract, 2008
Shirabe, T.	An autopsy case of amyotrophic lateral sclerosis with dementia	Kyushu N-Psych, 1970
Souza de, L	Démence sémantique associée à une sclérose latérale amyotrophique	Rev Neurol, 2009
Sudo, S.	Motor neuron disease with dementia combined with degeneration of striatonigral and pallidulysian systems	Acta Neuropathol, 2002
Takeda, T	Letter to the editor: Preferential involvement of the basolaterallimbic circuit in an amyotrophic lateral sclerosis patient	Eur J Neurol, 2007
Tanaka, M.	Cerebral blood flow and oxygen metabolism in progressive dementia associated with amyotrophic lateral sclerosis	Neurol Res, 2003
Thiel, A.	Demenz und psychotische Symptome bei der amyotrophenLateralsklerose	Nervenarzt, 1993
Toyoshima, Y.	Is motor neuron disease-inclusion dementia a forme fruste of als with dementia?	Neuropathology, 2005

Table 2. Continued.

Author	Title (truncated)	Journal, year of publication
Tsuchiya, K.	Constant involvement of the Betz cells and pyramidal tract in amyotrophic lateral sclerosis with dementia	Acta Neuropathol, 2002
Tsuchiya, K.	Atypical amyotrophic lateral sclerosis with dementia mimicking frontal Pick's disease	Acta Neuropathol, 2001
van Es, M.	A case of ALS-FTD in a large FALS pedigree with a K171 ANG mutation	Neurology, 2009
Van Reeth, P.	Démence de Pick associée à une sclérose latérale amyotrophique atypique	Acta Neurol Psychiatrica Belgica, 1961
Vance, C.	Familial amyotrophic lateral sclerosis with frontotemporal dementia is linked to a locus on chromosome 9p13.2-21.3	Brain, 2006
Vercelletto, M.	Aspects neuropsychologiques et scintigraphiques des démences fronto-temporales précédant l'atteinte du motoneurone	Rev Neurol, 2003
Vercelletto, M.	Démence de type frontal et sclérose latérale amyotrophique	Rev Neurol, 1995
Wilhelmsen, K.	17q-linked frontotemporal dementia-amyotrophic lateral sclerosis without tau mutations with tau and alpha-synuclein inclusions	Arch Neurol, 2004
Yokota, O.	Amyotrophic lateral sclerosis with dementia	Acta Neuropathol, 2006
Yvonneau, M.	Syndrome familial de sclérose latérale amyotrophique avec démence	L'Encéphale, 1971

From patients in case studies or case series, percentages of the categorized bvFTD symptoms were calculated (numerator = number of patients with the disturbance; denominator = total number of patients). Using these percentages, pooled prevalence rates accounting for inter-study variation were analysed using a nonlinear random effects model. These pooled prevalence rates are listed in this table.

**Table 3.**

<b>bvFTD symptom</b>	<b>Prevalence rate</b>	<b>bvFTD symptom</b>	<b>Prevalence rate</b>
memory complaints	42.9	anxious	5.3
perseveration	40.0	loss of initiative	4.7
attention deficit	29.8	wasting money	4.7
apathy	28.8	poverty of speech	4.7
disinhibition	25.9	loss of emotions	4.7
loss of disease insight	24.7	obsession with food	4.1
indifference	24.1	spontaneous	4.1
loss of interest	19.4	loss of will	4.1
aggression	18.2	suspicious	3.6
loss of hygiene	17.1	selfishness	3.5
disorientation	16.5	imitation	3.5
irritability	16.5	alcohol addiction	2.9
labile	13.5	going away	2.9
mental rigidity	12.9	stubborn	2.9
restlessness	12.9	uncritically	2.4
hallucinations	11.8	insomnia	2.4
withdrawal behaviour	11.2	counteracting	2.4
wandering	10.6	desperate	2.4
hoarding	10.6	antisocial	1.8
loss of judgement	10.6	obsession with money	1.8
loss of decorum	10.0	inactive	1.8
impulsive	10.0	superficial	1.8
loss of empathy	9.4	loss of emotions	1.2
delusion	9.4	kleptomania	1.2
childish	8.8	narcissism	1.2
euphoria	8.2	attentiveness	1.2
paranoia	7.6	sad	1.2
obsessive	7.1	changes of activity level	0.6
sexually disinhibited	7.1	extravagance	0.6
excessive social behaviour	6.5		



# PART 2

**Screening for cognitive and  
behavioural impairment**



# 5

## The verbal fluency index: Dutch normative data for cognitive testing in ALS

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## ABSTRACT

### Objective

Executive dysfunction occurs in 30-50% of amyotrophic lateral sclerosis (ALS) patients and is most frequently assessed with the verbal fluency test. The verbal fluency index (VFI) has been developed to correct for slowness of speech in ALS, and reflects the average thinking time per word. However, its use as a marker of cognitive impairment is hindered by the absence of valid norm scores. Therefore, we provide normative data for the VFI.

### Methods

Dutch volunteers were demographically matched to the Dutch ALS population and completed the verbal fluency index (one-minute and three-minute spoken letter fluency). Multiple stepwise linear regression was performed to assess the influence of demographic variables, past medical history and medication use.

### Results

273 volunteers participated in this study. Educational level was negatively correlated to one-minute and three-minute VFI performance ( $r=-0.3$  and  $r=-0.4$ ,  $p<0.001$ , respectively). No correlations for age, gender, medication and past medical history were found. A formula for standardized z-scores, corrected for educational level, for the one-minute and three-minute VFI was calculated.

### Conclusions

We provide Dutch normative data for the spoken verbal fluency index, which can be used internationally, but validation in other languages is recommended. The findings illustrate the importance of valid disease-specific norm scores for time-dependent cognitive tests in ALS.

## INTRODUCTION

In 30-50% of amyotrophic lateral sclerosis (ALS) patients cognitive changes have been demonstrated, in particular executive dysfunction.<sup>1</sup> Verbal fluency is a sensitive and reliable test of executive functioning and is used as a marker of cognitive performance in ALS.<sup>2-5</sup> Verbal fluency performance is related to educational level and age.<sup>6</sup> Because verbal fluency is a time-dependent task, it is important to correct for slowing of speech in ALS patients. For this reason, the verbal fluency index (VFI) has been developed, which represents the average thinking time per word.<sup>7</sup> Most frequently, one-minute and three-minute versions of the spoken version of the VFI (letter fluency) are used.<sup>8-10</sup> Preliminary English normative VFI data did not include correction for educational level or age and were based on 20 healthy controls who had a slightly higher educational level than the ALS patients, possibly overestimating dysfunction in patients.<sup>8</sup> The interpretation of fluency deficits in ALS patients can be further improved with normative VFI data based on a larger sample of controls. This cohort should be carefully matched with ALS patients on demographic variables that may exert an effect on letter fluency performance, i.e. education and age.<sup>11</sup> Our aim was to provide normative data for the one- and three-minute letter fluency index.

## METHODS

### Study population

Two hundred and ninety-five native Dutch speaking volunteers participated in a population-based epidemiological ALS-study in the Netherlands (PAN) and were selected by general practitioners who look after patients with ALS.<sup>12</sup> The volunteers were matched for age, gender and education to 1009 ALS patients of the PAN study, included between June 2006 and May 2012. No VFI data of ALS patients are presented in this study; the demographic data of the ALS patients were only used to analyse whether the cohort matched with a representative ALS population. This study was approved by the Ethics Committee of the University Medical Centre Utrecht, and procedures were according to the Helsinki Declaration of 1975, revised in 1983.

### Demographic variables

The past medical history and use of alcohol and sedative medication were recorded and dichotomized with 0 indicating no supposed effect on VFI performance and 1 indicating a possible effect on VFI performance (e.g. epilepsy in past medical history, use of sedative medication or three or more alcohol units per day).<sup>13</sup> The level of education was classified into seven categories,



ranging from primary school to university degree, which closely resembles the International Standard Classification of Education (ISCED, 2011).<sup>14</sup>

### Procedures

Research assistants of the Dutch epidemiological study were trained twice by two authors (EB and JR) and administered the VFI to the volunteers during a home visit.<sup>12</sup> Participants were asked to name as many words beginning with the letter “D” in three minutes. The letter “D” was chosen following a strategy comparable to that used for the COWAT fluency test by Benton and Hamsher. This strategy is based on the frequency of words starting with a certain letter in a language.<sup>15</sup> The letter “D” in Dutch resembles the letters “F” and “S” in English, in terms of difficulty.<sup>16</sup> Names, variations of the same word (e.g. “door” followed by “doors”), same words with a different suffix (e.g. “doorknob” followed by “doorpost”), repetitions and non-existing words were not permitted. The number of words after one and three minutes was recorded. The VFI (letter version) consists of two conditions: in the generation condition participants name as many words beginning with a certain letter in three minutes. In the control condition, participants have to read aloud these produced items as quickly as possible. The fluency index is calculated as follows:

$$\text{VFI} = (\text{time needed for generation} - \text{time needed for reading}) / \text{total number of items generated.}^7$$

The VFI reflects the average thinking time needed to generate a word. We used the spoken version of the VFI in this study. To screen for executive dysfunction, the frontal assessment battery (FAB) was administered to all participants (maximum score is 18; scores <14 indicate frontal/executive dysfunction).<sup>17</sup>

### Statistical analysis

The volunteers were matched to 1009 ALS patients for age (independent t-test), gender (chi-square test) and level of education (Mann-Whitney U test). To examine the effects of age, gender, education, medication, past medical history and alcohol use on VFI scores in the volunteer group, multiple stepwise linear regression was used. Mean (SD) or median (interquartile range) was calculated, when appropriate, for the number of words generated after 1 and 3 minutes and the one-minute and three-minute VFI.

## RESULTS

### Study population

Twenty-two participants with more than 5 errors (mainly rule-breaks) were excluded. Data of 273 participants were analysed (165 males, 60.4%). The mean (SD) age was 64.0 years (9.2, range 29-84). The median (interquartile range) educational level was 4 (3-6) and ranged from ‘primary school’ (n= 13) to ‘university degree’ (n= 18, table 1). The median (interquartile range) FAB score was 17 (16-18), indicating no frontal/executive dysfunction.

**Table 1.** Levels of education of the volunteers

Level of education	Number of volunteers (%)
1 Primary school	13 (4.8)
2 Lower secondary education	49 (17.9)
3 Upper secondary education	67 (24.5)
4 Post-secondary education	46 (16.8)
5 First stage of tertiary education	28 (10.3)
6 College degree	52 (19.0)
7 University degree	18 (6.6)

Levels of education are categorized according to the International Standard Classification of Education 2011, excluding the levels 0 (less than primary), 8 (doctoral) and 9 (not elsewhere classified).

The volunteers were matched for age ( $p = 0.1$ ) and gender ( $p = 0.8$ ) to the ALS patients in the PAN study: mean age 63.0 (10.9); 603 males (59.8%), 406 females. The distribution of education levels of the volunteer cohort and the PAN study cohort was comparable ( $p = 0.08$ ).

### Verbal fluency index

The mean (SD) number of words (raw score) of the one-minute and three-minute versions was 11.0 (3.9) and 22.8 (7.6), respectively. The median (interquartile range) VFI of the one-minute and three-minute versions was 4.7 (3.5-6.4) and 7.0 (5.6-9.5), respectively. Educational level was negatively correlated to one-minute and three minutes VFI performances ( $r = -0.3$  and  $r = -0.4$ ;  $p < 0.001$ , respectively). There was no effect of age, gender, medication, past medical history and use of alcohol on VFI scores. The regression formula for the transformation of raw scores into a standardized z-score for the VFI one-minute version was  $z = (7.39 - (0.50 * \text{education}) - \text{VFI}) / 2.72$ ; and for the three-minute version this was  $z = (11.23 - (0.81 * \text{education}) - \text{VFI}) / 3.46$ . For “education” we used the classification ranging from 1 to 7, as shown in table 1.

## DISCUSSION

In this study we provide normative data for a spoken fluency test for Dutch ALS patients based on a large dataset. Verbal fluency index (VFI) scores in the present study correlated to the level of education, with better performance in higher educated subjects, which is similar to conventional fluency tests, that are not corrected for motor slowness. Fluency performance on conventional tests increases until 30-39 years of age with only a mild decline after the age of 70.<sup>6</sup> We did not find age-related differences on VFI performance in our volunteer cohort. The majority of the volunteers were between 40 and 70 years of age, which might explain the absence of an age effect in this cohort.

Data collection for the *written* version of the VFI is in progress and a preliminary analysis of 34 participants showed an effect of education on VFI, comparable to the spoken version (data not shown).

A possible drawback of our study is that the test was administered in the home setting, where subjects may be easily distracted (e.g. by telephone). However, this setting could also be an advantage, as cognitive testing in ALS patients is frequently performed at home to spare them the fatigue of travelling.<sup>1</sup>

Twenty-two participants were excluded due to a high number of errors on the VFI. The errors consisted mainly of rule-breaks, i.e. 'door' followed by 'doors'. These participants did not show evidence of frontal lobe dysfunction on the FAB and did not differ from the included participants on demographic variables. Therefore, we assume that for these participants the instructions of the VFI have not been sufficiently clear. An exploratory regression analysis including these 22 participants did not change the regression coefficients.

Currently available English norm scores of the VFI for ALS patients are not corrected for education or age. They are based on a cut-off of 2 standard deviations below the mean of the scores of 20 healthy controls, who had a relatively high level of education, compared to the ALS patients.<sup>8</sup> Importantly, the present study is based on 273 subjects with a wide range of age and educational levels, comparable to a Dutch ALS population. Therefore, our normative data and z-score transformation formula can be used to further improve the assessment of letter fluency deficits in ALS patients.<sup>3,5</sup> According to the consensus criteria for cognitive impairment in ALS, a score below the 5<sup>th</sup> percentile is considered abnormal, which corresponds to a z-score below -1.64.<sup>18</sup>

These normative data might be used internationally as the letter "D" in Dutch was chosen following a strategy similar to that used for the COWAT test and the classification of educational levels is comparable to the ISCED 2011.<sup>11,14</sup> We recommend validation of our findings in other countries.

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# 6

**Screening for cognition  
in amyotrophic lateral sclerosis:  
test characteristics of a new screen**

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## ABSTRACT

Cognitive and behavioural impairment in amyotrophic lateral sclerosis (ALS) negatively influence quality of life and survival, and therefore screening for these impairments is recommended. We developed a cognitive screening tool, the amyotrophic lateral sclerosis – frontotemporal dementia – cognitive screen (ALS-FTD-Cog) and aimed to validate it in patients with ALS. During the current study the Edinburgh cognitive and behavioural ALS screen (ECAS) was published and we therefore decided to compare these two cognitive screening methods.

The ALS-FTD-Cog was administered to 72 patients with ALS, 21 patients with behavioural variant FTD (bvFTD) and 34 healthy controls. Twenty-nine patients with ALS underwent the ECAS. ROC curve analyses were performed and sensitivity and specificity of the ALS-FTD-Cog and ECAS were calculated, with a neuropsychological examination (NPE) as gold standard.

Cognitive impairment was present in 28% of patients with ALS. ROC curve analyses of the ALS-FTD-Cog and ECAS showed an area under the curve (AUC) of 0.72 (95% CI 0.58-0.86) and 0.95 (95% CI 0.86-1.03), respectively. Compared to a full NPE sensitivity and specificity of the ALS-FTD-Cog were 65.0% and 63.5% and of the ECAS 83.3% and 91.3%, respectively. The sensitivity and specificity of the ALS-FTD-Cog in patients with bvFTD were 94.4% and 100%, respectively.

Test characteristics of the ALS-FTD-Cog were moderate, suggesting restricted practical value, as compared to a comprehensive NPE. The ECAS had an excellent AUC and high sensitivity and specificity, indicating that it is a valid screening instrument for cognitive impairment in ALS.

## INTRODUCTION

Cognitive impairment is present in 30-50% of patients with amyotrophic lateral sclerosis (ALS) and negatively influences survival and quality of life.<sup>1-4</sup> Investigation of cognition, in addition to behaviour, is therefore recommended in patients diagnosed with ALS.<sup>5,6</sup>

The gold standard for measuring cognitive impairment is a full neuropsychological examination (NPE), which should be adapted to avoid bias due to impaired dexterity and speech.<sup>5</sup> An NPE is often a time consuming procedure, which might be a burden for the patient and not readily available in every neuromuscular clinic. Therefore, a concise screening tool could be useful. Currently, there are multiple cognitive screening tools available, but at the start of our study, only the ALS cognitive behavioral screen (ALS-CBS) and the Penn State Screening examination of Frontal and Temporal dysfunction Syndromes (PSSFTS) were published.<sup>7-11</sup> These screens are concise, with an administration time of 5 to 10 minutes.<sup>12</sup> However, not all cognitive domains known to be affected in ALS are included in these screens, i.e. tests of social cognition are lacking.<sup>13</sup>

The aim of the current study was to investigate the clinical validity of a new cognitive screening tool, the ALS - frontotemporal dementia - cognitive screen (ALS-FTD-Cog), which aims to cover the complete cognitive profile of ALS.<sup>13</sup> It consists of four frequently used cognitive tests. We hypothesized that the sensitivity of the screen would be high, as these tests have previously been demonstrated to show impairment in ALS patients. Furthermore, we expected the screen to be feasible in patients with ALS and widely applicable as the individual tests of the screen are not hampered by physical or speech impairment and normative data are available.<sup>13-16</sup>

During our study, the Edinburgh cognitive and behavioural ALS screen (ECAS) was published, which has become a widely used screening tool for cognitive impairment in ALS.<sup>9</sup> We therefore compared test characteristics of the ALS-FTD-Cog and ECAS in a subset of our study sample.

## METHODS

### Participants

Patients with ALS were recruited from our tertiary referral centres (Amsterdam University Medical Centers and University Medical Center Utrecht) in the Netherlands. All patients (sporadic or familial) had a diagnosis of probable

or definite ALS<sup>17</sup>, a symptom duration of less than 12 months and an upright forced vital capacity of >70%, as described previously.<sup>18</sup> We also included a positive control group of (sporadic or familial) patients with behavioural variant FTD (bvFTD)<sup>19</sup> with or without ALS from our tertiary referral centre (Alzheimer Centre, Amsterdam University Medical Centers). A negative control group consisted of healthy controls without a history of neurological or psychiatric disease, who were approached through social media. All participants had to be older than 18 years, had to have a reliable informant and had to be fluent in Dutch.

The local medical ethical committees of the participating hospitals approved the study. Written informed consent was obtained from all participants. This study was performed in agreement with the Declaration of Helsinki.

## Procedures

### **The ALS-FTD-Cog**

The ALS-FTD-Cog is a screening tool which consists of the Faux pas test (FPT, social cognition), Rivermead behavioural memory test – story recall (RBMT, verbal memory), letter fluency index (LFI, executive function) and the Boston naming test (BNT, language).<sup>13</sup> All tests have validated norm scores, adjusted for age and education. The RBMT, LFI and BNT have previously shown to be impaired in ALS patients.<sup>14-16</sup> Social cognition deficits have more recently been recognized in ALS.<sup>20,21</sup> A recent meta-analysis showed comparable effect sizes for tests of theory of mind and facial emotion recognition, suggesting that both concepts of social cognition are impaired in patients with ALS.<sup>22</sup> The ALS-FTD-Cog was administered during a home visit by a trained member of the research team, in a quiet room without distractions.

### **Neuropsychological examination**

A full neuropsychological examination was performed in the outpatient clinic in all participants, as described previously, within 4 weeks from the administration of the screen.<sup>18</sup> Cognitive tests were chosen that were not hampered by motor or speech disabilities, or adaptations were made (see supplemental material). Alternate forms of the BNT, LFI and RBMT were used in the neuropsychological examination and the ALS-FTD-Cog. Test scores were considered abnormal when below the 5<sup>th</sup> percentile, demographically corrected. Cognitive impairment was defined according to the Strong criteria.<sup>5</sup> Therefore, only tests of fluency, language, executive functions and social cognition were taken into consideration. Participants were considered to be cognitively impaired when they had impaired letter fluency, or impairment on at least two non-overlapping executive functions tests or two non-overlapping language tests.<sup>5</sup>

### **ECAS**

A subset of patients with ALS, diagnosed at the outpatient neurology clinic of the University Medical Center Utrecht, underwent the ECAS within three months of the administration of the ALS-FTD-Cog. The ECAS was administered by a trained member of the research team. The ECAS (13 items) consists of an ALS specific and ALS non-specific part. The ALS specific part consists of tests of language, fluency and executive functions. The ALS non-specific part consists of tests of memory and visuospatial functions. The two parts combined produce an ECAS total score. The ECAS was considered abnormal when below predefined cut-off values (ECAS total score  $\leq 105$  points and ECAS ALS specific score  $\leq 77$  points).<sup>9</sup>

### **Other measures**

Behavioural impairment was assessed in all participants with the ALS-FTD-Questionnaire (ALS-FTD-Q) and the Motor Neuron Disease Behaviour scale (MiND-B).<sup>23,24</sup> Disease severity and respiratory function were measured in ALS patients with the ALS functional rating scale – revised (ALSFRS-R) and forced vital capacity (FVC), respectively.<sup>25</sup> Affective symptoms were measured with the Hospital Anxiety and Depression Scale (HADS) in all participants.<sup>26</sup> For a detailed description of all measures, see supplemental material.

### **Clinimetric evaluation of the ALS-FTD-Cog**

The gold standard for cognitive impairment was the neuropsychological examination. Cognitive impairment was defined as impaired letter fluency and/or impairment on at least two non-overlapping executive functions tests and/or two non-overlapping language tests, according to the Strong criteria.<sup>5</sup>

Tentative cut-off scores of the ALS-FTD-Cog were investigated by two means in patients with ALS:

1. The ALS-FTD-Cog was considered abnormal when  $\geq 1$  test was below the 5<sup>th</sup> percentile, demographically corrected. The sensitivity and specificity were calculated, as compared to the neuropsychological examination.
2. A ROC curve analysis was performed for the ALS-FTD-Cog mean T-score (mean of T-scores of all four items). Youden's J statistic was used to determine the optimal cut-off value.

For comparison, the sensitivity and specificity of the ECAS were calculated in a subset of patients with ALS, using cut-off scores as described above.<sup>9</sup>

Sensitivity and specificity of the ALS-FTD-Cog were also calculated in the bvFTD and healthy control group. We expected to find a high percentage of cognitive

impairment in the patients with bvFTD and a low percentage in the healthy control group.

We also assessed associations of the ALS-FTD-Cog with other measures. We therefore calculated correlations of the ALS-FTD-Cog with measures of cognition (NPE total score; i.e. the sum of T-scores of all items, the ECAS total score and the ECAS ALS specific score), behaviour (ALS-FTD-Q and MiND-B), physical impairment (ALSFRS-R and FVC) and affective symptoms (HADS).

### Statistical analysis

The sensitivity and specificity of the ALS-FTD-Cog, ECAS total score and ECAS ALS specific score were calculated by means of contingency tables. Furthermore, ROC curve analyses were performed of the ALS-FTD-Cog mean T-score, the ECAS total score and ECAS ALS specific score, and Youden's J statistic was calculated. The correlations between cognitive (ALS-FTD-Cog (mean T-score), NPE (total T-score), ECAS total score and ECAS ALS specific score), behavioural (ALS-FTD-Q and MiND-B) and other measures (ALSFRS-R, FVC, HADS anxiety and HADS depression) were expressed as Spearman rank correlation coefficients ( $r_s$ ). Multiple imputation was performed with iterative Markov chain Monte Carlo method for missing neuropsychological test results (30/1524 data points (2.0%). Statistical significance level was set at  $p=0.05$ . Analyses were performed in PASW statistics, version 26 (SPSS).

## RESULTS

### Participants

We included 72 ALS patients, 21 bvFTD patients (of whom 5 had concurrent ALS) and 34 healthy controls (table 1 and supplemental material). A subset of 29 ALS patients (40.3%) had been administered the ECAS.

### Cognitive test results

Twenty ALS patients (27.8%) had cognitive impairment, based on the NPE and the Strong criteria, mostly in the social cognition ( $n=20$ ) and executive functions ( $n=12$ ) domains (supplemental material).

Thirty-two ALS patients (44.4%) were impaired on one ( $n=23$ ) or more ( $n=9$ ) tests of the ALS-FTD-Cog (supplemental material). The faux-pas test (social cognition) was most frequently impaired ( $n=28$ ).

**Table 1.** Participant characteristics

	ALS		bvFTD	HC
	Total (n=72)	ECAS sample (n=29/72)	(n=21)	(n=34)
Age	62.6 (10.0)*	62.0 (8.7)	64.6 (10.0)*	58.4 (10.1)
Sex (m/f)	50/22*	20/9*	17/4*	14/20
Education (years)	14.0 (3.0)	14.2 (2.6)	14.5 (2.2)	14.9 (1.9)
Disease duration (mo)	9.0 (4-16)	9.0 (5-13)	29.0 (9-166)	n/a
Site of onset (l/b/lb)	48/22/2	21/6/2	n/a	n/a
ALSFRS-R	40.0 (28-47)	40.0 (30-47)	n/a	n/a
FVC (%pred)	92.5 (15.8)	93.8 (15.3)	n/a	n/a
HADS anxiety	4.0 (0-13)*	4.0 (0-12)	5.0 (0-12)	3.0 (0-7)
HADS depression	2.0 (0-11)*	2.0 (0-10)	3.0 (0-8)*	0.5 (0-8)
C9orf72 mutation	4 <sup>^</sup>	2 <sup>^</sup>	3 <sup>^</sup>	n/a
Survival (mo)	25.5 (7-67) <sup>^^</sup>	27.0 (15-67)	n/a	n/a
ALS-FTD-Q	13.3 (10.3)**	9.3 (7.4)	43.8 (12.7)**	6.4 (6.8)
MiND-B <sup>#</sup>	34.3 (3.0)*	35.0 (1.5)*	26.4 (6.3)**	35.7 (0.8)

Legend. Data are presented as mean (SD) or median (range), when appropriate. Mo: months; l: limb onset; b: bulbar onset; lb: both limb and bulbar onset; ALSFRS-R: ALS functional rating scale – revised; FVC (%pred): forced vital capacity, percentage of predicted value; n/a: not applicable. Statistical differences were examined between each of the patient groups and HC. \* $p<0.05$ ; \*\* $p<0.001$ ; <sup>^</sup>C9orf72 mutation status was missing in 11 patients (total cohort), 2 patients (ECAS cohort) and 8 bvFTD patients. <sup>^^</sup>To date (checked on 22 November 2020) 66 ALS patients are deceased. <sup>#</sup>ALS N=57, HC N=26, FTD N=19. The participants who were administered the ECAS were patients who visited the outpatient clinic of the University Medical Center Utrecht, and therefore can be considered a random (geographic) sample. The mean interval between the administration of the ALS-FTD-Cog and ECAS was 41 days (SD 25). A part of the current cohort has been published previously.<sup>18</sup>

Respectively nine and seven patients with ALS (out of 29, 31.0% and 24.1%) had an abnormal ECAS total score and ECAS ALS specific score. Five of these patients had cognitive impairment on the neuropsychological examination.

Eighteen patients with (ALS-)bvFTD (86%) had cognitive impairment based on the neuropsychological examination, mostly in the domains social cognition ( $n=18$ ), executive functions ( $n=18$ ) and verbal memory ( $n=15$ ). Seventeen of these patients had an abnormal ALS-FTD-Cog. One healthy control (2.9%) had cognitive impairment based on the neuropsychological examination, in the domains social cognition and executive functions.

According to the ALS-FTD-Q, ten patients with ALS (13.9%) had mild behavioural impairment and six patients (8.3%) fulfilled criteria for bvFTD.<sup>19</sup> Twelve patients (out of 57, 21.1%) had behavioural impairment according to the MIND-B.<sup>24</sup>

### Test characteristics of the ALS-FTD-Cog

The median administration time in ALS patients was 40 minutes (range 28-61). The scores on the subtests of the ALS-FTD-Cog are shown in the supplemental material for all participant groups.

### Sensitivity and specificity

When  $\geq 1$  impaired test of the ALS-FTD-Cog was considered abnormal, the sensitivity and specificity in ALS patients using the NPE as gold standard were 65.0% and 63.5%, respectively (supplemental material). The sensitivity and specificity in (ALS-)bvFTD patients were 94.4% and 100%, respectively.

The ROC curve analysis of the ALS-FTD-Cog mean T-score showed an AUC of 0.72 (95% CI 0.58-0.86), with a Youden's J statistic of 0.4. The optimal cut-off value was 46.9, with a corresponding sensitivity of 65% and specificity of 75% (table 2).

The sensitivity of both the ECAS total score and ECAS ALS specific score was 83.3% in ALS patients, using the NPE as gold standard. The specificity of the ECAS total and ALS specific score in ALS patients was 82.6% and 91.3%, respectively (supplemental material). The ROC curve analyses of the ECAS total score and ECAS ALS specific score showed an AUC of 0.90 (95% CI 0.78-1.01) and 0.95 (95% CI 0.86-1.03), respectively, with a Youden's J statistic of 0.83 and 0.78, respectively (table 2).

**Table 2.** ROC curve analysis and Youden's J statistic of the ALS-FTD-Cog and ECAS

		ALS (n=74)	ALS (n=29)	bvFTD (n=21)	HC (n=34)
ALS-FTD-Cog	AUC	0.72 (0.58-0.86)	0.60 (0.30-0.90)	0.78 (0.56-0.99)	0.61 (0.44-0.77)
	mean T-score				
ECAS total	AUC	n/a	0.90 (0.78-1.01)	n/a	n/a
	Youden's J	n/a	0.83	n/a	n/a
ECAS ALS specific	AUC	n/a	0.95 (0.86-1.03)	n/a	n/a
	Youden's J	n/a	0.78	n/a	n/a

Legend. ALS-FTD-Cog: amyotrophic lateral sclerosis – frontotemporal dementia – cognitive screen; ECAS: Edinburgh cognitive and behavioural ALS screen; ALS: amyotrophic lateral sclerosis; bvFTD: behavioural variant frontotemporal dementia; HC: healthy controls; AUC: area under the curve. Youden's J statistic is calculated with the formula sensitivity + specificity – 1.

### Associations of ALS-FTD-Cog with measures of cognition, behaviour, physical impairment and affective symptoms

The correlation of the ALS-FTD-Cog scores with the NPE was moderate ( $r_s$  0.54,  $p < 0.001$ ) and weak with the ECAS total score and ECAS ALS specific score ( $r_s$  0.34,  $p = 0.08$  and  $r_s$  0.25,  $p = 0.2$ , respectively). The correlation of the NPE with the ECAS total score and ALS specific score was moderate ( $r_s$  0.51 and  $r_s$  0.49, respectively,  $p < 0.01$ ). Correlations of the ALS-FTD-Cog scores with the ALS-FTD-Q, ALSFRS-R, FVC, HADS anxiety and HADS depression were weak (supplementary material).

## DISCUSSION

We investigated the clinical validity of a new cognitive screening tool, the ALS-FTD-Cog in a cohort of ALS patients with a short disease duration (symptom onset  $< 12$  months) with a prevalence of cognitive impairment of nearly 30%, which is comparable to large population based cohort studies.<sup>27, 28</sup> The sensitivity and specificity of the ALS-FTD-Cog in ALS patients were moderate and do not justify its use in clinical practice. The sensitivity and specificity of the ALS-FTD-Cog in bvFTD patients were high, indicating that the screen detects cognitive impairment as seen in bvFTD. In a subset of 29 patients, a high sensitivity and specificity of another, widely used cognitive screening instrument, the ECAS, was found.

### Screening for cognitive impairment

A screening test should be easy to administer and score, widely applicable, time-efficient with a high sensitivity to select patients who may need further testing, and a high specificity to preclude unnecessary further testing. The ALS-FTD-Cog is easy to administer although basic training in administering and scoring of cognitive tests is needed. The ALS-FTD-Cog is widely applicable as it is composed of internationally validated tests with available normative data. The administration time is quite long (40 minutes) which is similar to the ECAS.<sup>12</sup>

However, the moderate sensitivity of the ALS-FTD-Cog (65%) indicates that it is less suitable as a screening tool. This could be caused by multiple factors. First, we might have included the wrong tests in the screen. The faux pas test, a measure of theory of mind, proved difficult to interpret for both the participant and the administrator. In our study most participants, including healthy controls, had problems attributing only one emotion to the situation at hand. This led to a high number of abnormal empathy scores. When we would have excluded the empathy score from the screen and only consider the faux pas total score, this would have resulted in a decrease of the sensitivity. A recent



study of social cognition in bvFTD and other neurodegenerative and psychiatric disorders found that the faux pas test does not differentiate bvFTD patients from the other participant groups. However, the Ekman 60 faces test, which was included in our NPE, but not in the screen, showed a high discriminating rate in a previous study.<sup>29</sup> The discriminating rate of the Ekman 60 faces test was also shown in a meta-analysis, comparing patients with bvFTD to patients with Alzheimer's disease and healthy controls.<sup>30</sup> In ALS, especially the recognition of disgust and surprise seems impaired.<sup>22</sup>

Another test that may have caused a limited sensitivity of our screen is the Rivermead behavioural memory test (RBMT). The current consensus criteria for cognitive impairment in ALS do not include memory impairment.<sup>5</sup> Our selection of tests was based on our meta-analysis of the cognitive profile of ALS that showed a large effect size for verbal memory impairment and evidence from multiple imaging and pathological studies showing hippocampal involvement in ALS.<sup>13, 31-34</sup> In the current study, the RBMT was abnormal in 8 patients (11.1%), of whom 7 also had abnormal tests in the executive domain, which reflects the low prevalence of isolated memory impairment in ALS.<sup>28</sup> Thus, the RBMT had limited added value for the detection of cognitive impairment in ALS, although it increases the internal consistency of the screen.

Second, the moderate clinimetric properties of the ALS-FTD-Cog might be related to the inclusion of a limited number of tests. We included four complete neuropsychological tests in the ALS-FTD-Cog, instead of a higher number of separate items of (sub)tests, hypothesizing that the availability of demographically corrected normative data would result in feasibility (no need to generate new normative scores) and a high sensitivity. In comparison, the ECAS includes separate items of 13 neuropsychological tests.<sup>9</sup> This approach leads to the investigation of different facets of multiple cognitive domains, of which the potential benefit, i.e. a higher sensitivity, has been suggested previously.<sup>12</sup> However, the scoring of such a screening tool is not based on established normative data and the weight of the scores of the different tests is seemingly random. The reported sensitivity and specificity of the ECAS range between 50-100% and 80-95%, respectively.<sup>12, 35-37</sup> In our small study population, the previously reported high sensitivity of the ECAS was confirmed when using the original cut-off values. In combination with previous studies which have shown good clinimetric properties of the ECAS our results indicate that the ECAS is a valid screening instrument for cognitive impairment in ALS.

### Limitations

Less than half of the ALS patients were administered the ECAS (40.3%), because it was not yet published at the beginning of our study. Also, a small minority

of participants had missing data on the neuropsychological examination for which multiple imputation was used.

### CONCLUSION

The ALS-FTD-Cog had a moderate sensitivity and specificity in our cohort of patients with ALS, when compared to the gold standard and we do not recommend its clinical use in patients with ALS, although the clinimetric properties in bvFTD patients are excellent. Regarding the ECAS, we were able to corroborate a previously reported high sensitivity and specificity in a small subset of patients, indicating that it is a valid screening tool for cognitive impairment in ALS.

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## SUPPLEMENTAL MATERIAL

**Table 1.** Neuropsychological examination

Order	Cognitive test	Cognitive domain	Items (N)	Parallel version
1	Dutch adult reading test (DART)	Verbal IQ	50	No
2	Benton temporal orientation test (BTOT)	Global cognition	5	No
3	Anti-saccade test	Executive functions	20	No
4	Similarities (subtest of WAIS-IV)	Language	19	No
5	Boston naming test (BNT)	Language	20	Yes
6	Judgment of line orientation (JOLO)	Visuospatial functions	30	No
7	Letter fluency index	Executive functions	n/a	Yes
8	Category fluency (animals, occupation, supermarket)	Executive functions	n/a	No
9	Visual association test	Visual memory	12 or 24	No
10	Rey auditory verbal learning test (RAVLT)	Verbal memory	7	Yes
11	Letter Number sequencing	Attention	10	No
12	Rivermead behavioral memory test (RBMT)	Verbal memory	2	Yes
13	Ekman 60 faces test	Social cognition	60	No
14	Wisconsin card sorting test (WCST)	Executive functions	n/a	No

Legend. The neuropsychological test protocol was always performed in this order. Breaks were given when needed. For the determination of cognitive impairment, the following tests were used: anti-saccade test, similarities, Boston naming test, letter fluency index, category fluency, letter number sequencing, Ekman 60 faces test and the Wisconsin card sorting test.

### Other measures

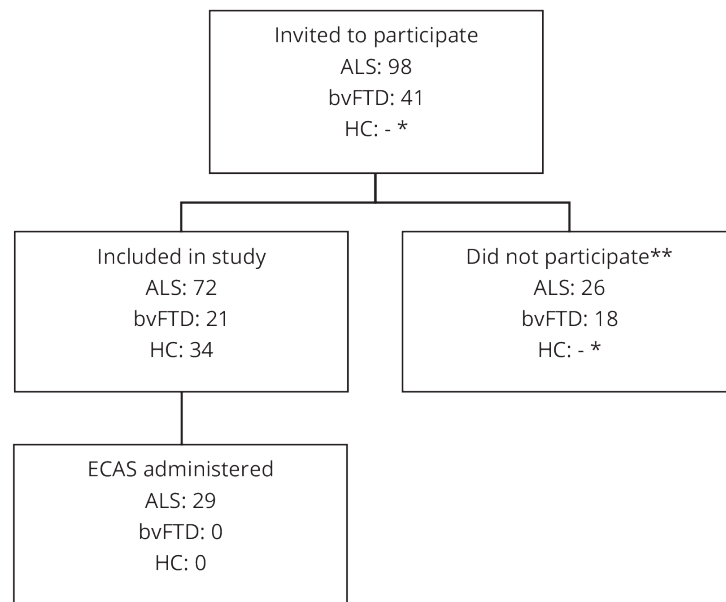
For all participants the proxy filled out the ALS-FTD-Questionnaire (ALS-FTD-Q) and the Motor neuron disease behaviour scale (MiND-B), two disease specific and validated questionnaires for behavioural changes in ALS.<sup>1,2</sup> A score between 22 and 28 on the ALS-FTD-Q (maximum score 100) indicates mild behavioural impairment, a score of  $\geq 29$  indicates severe behavioural impairment, consistent with bvFTD. A score below 34 on the MiND-B (maximum score 36) indicates behavioural impairment (without a distinction of mild and severe impairment). Disease severity was measured in ALS patients with the ALS functional rating scale – revised (ALSFRS-R, score ranges from 0 to 48; a higher score indicates less impairment).<sup>3</sup> Respiratory function was assessed with the upright forced vital capacity (FVC) in ALS patients. Symptoms of anxiety and depression were measured with the Hospital Anxiety and Depression Scale (HADS) in

all participants. One item ('I feel slowed down') was excluded, as described previously (score ranges from 0 to 39; a higher score indicates more anxiety/depression).<sup>1,4</sup>

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**Figure 1.** Flowchart of participant selection



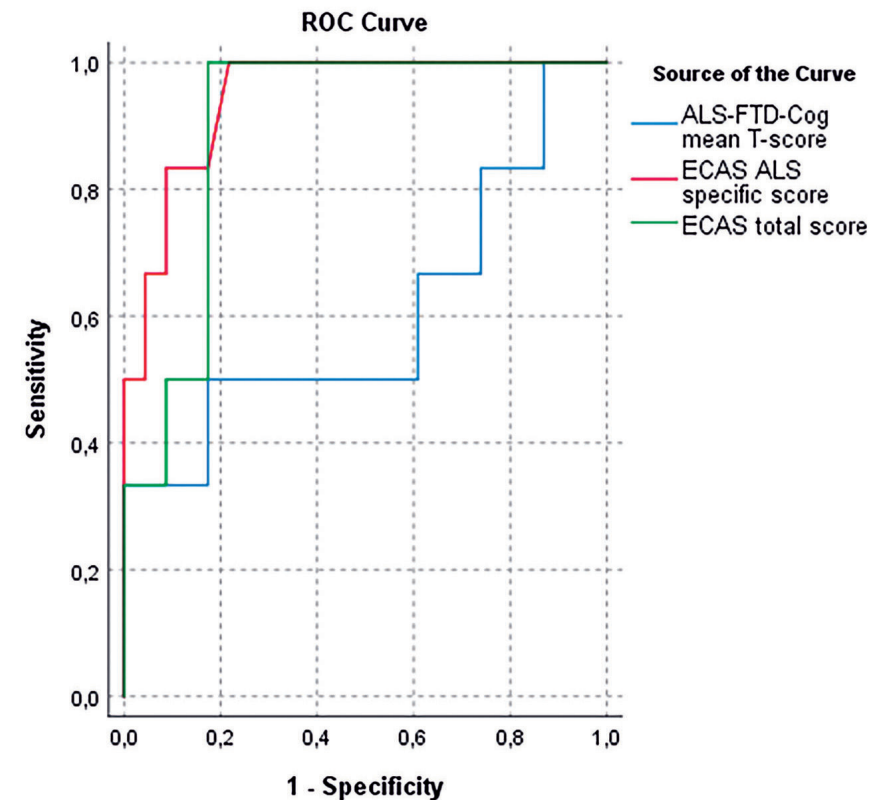
Legend. ALS: amyotrophic lateral sclerosis patients; bvFTD: behavioural variant frontotemporal dementia patients. This group also included 5 ALS-bvFTD patients; HC: healthy controls; ECAS: Edinburgh cognitive and behavioral ALS screen. \*Healthy controls were approached through social media platforms. \*\*Reasons to decline participation were fatigue (n=11), lack of interest (n=10) and fast progression of motor impairment (n=5).

**Table 2.** Demographically corrected scores on the ALS-FTD-Cog per participant category

	ALS (N=72)	bvFTD (N=21)	HC (N=34)
<b>Faux pas test</b>	48.5 (15.3)	26.0 (20.8)**	46.5 (8.4)
Total score	34.2 (15.5)*	12.3 (12.5)**	41.6 (13.2)
Empathy score			
<b>RBMT</b>	46.5 (8.4)	28.1 (11.6)**	49.0 (9.8)
Immediate	47.2 (11.2)	26.3 (26.8)**	49.2 (9.3)
Delayed - corrected			
<b>LFI</b>	43.7 (6.4)*	14.9 (60.7)**	40.4 (3.2)
<b>BNT</b>	48.6 (9.5)	35.8 (12.8)**	49.6 (7.8)

Legend. Scores of the neuropsychological tests are T-scores, shown as mean (SD). RBMT: Rivermead behavioural memory test – story recall; immediate: immediate recall; delayed – corrected: delayed recall, corrected for immediate recall score; LFI: letter fluency index; BNT: Boston naming test. Differences were examined between ALS and HC, bvFTD and HC and ALS and bvFTD. \*p<0.05; \*\*p<0.001. All test scores differed significantly between ALS and bvFTD and bvFTD and HC.

**Figure 2.** ROC curve analysis of the ALS-FTD-Cog and ECAS in 29 patients with ALS



**Table 3a.** Contingency table of ALS-FTD-Cog in ALS patients, compared to the neuropsychological examination

	NPE +	NPE -	N
ALS-FTD-Cog +	13	19	32
ALS-FTD-Cog -	7	33	40
N	20	52	72

Legend. ALS-FTD-Cog: ALS – FTD cognitive screen; NPE: neuropsychological examination; -: normal test results; +: abnormal test results. When only the total score of the faux pas test (instead of the empathy score) was taken into consideration, the number of patients with a normal ALS-FTD-Cog increased to 55, with a sensitivity and specificity of 50% and 86.5%, respectively, compared to the neuropsychological examination. Youden's J statistic = 0.29.

**Table 3b.** Contingency table of ECAS total score in ALS patients, compared to the neuropsychological examination

	NPE +	NPE -	N
ECAS total +	5	4	9
ECAS total -	1	19	20
N	6	23	29

Legend. ECAS: Edinburgh cognitive and behavioural ALS screen; NPE: neuropsychological examination; -: normal test results; +: abnormal test results. Youden's J statistic = 0.66.

**Table 3c.** Contingency table of ECAS ALS specific score in ALS patients, compared to the neuropsychological examination

	NPE +	NPE -	N
ECAS ALS specific +	5	2	7
ECAS ALS specific -	1	21	22
N	6	23	29

Legend. ECAS: Edinburgh cognitive and behavioural ALS screen; NPE: neuropsychological examination; -: normal test results; +: abnormal test results. Youden's J statistic = 0.75.

**Table 4.** Spearman rank correlation coefficients of all cognitive measures in ALS patients

	ALS-FTD-Cog	ECAS Total	ECAS ALS specific	ECAS not specific
NPE	0.55**	0.51**	0.49**	0.49**
ALS-FTD-Cog	-	0.34	0.25	0.46*

Legend. Correlations are expressed as Spearman rank correlation coefficients ( $r_s$ ). NPE: neuropsychological examination (sum of T-scores); ALS-FTD-Cog: ALS-FTD cognitive screen (mean T-score); ECAS: Edinburgh cognitive and behavioural ALS screen. \* $p < 0.05$ , \*\* $p < 0.01$

**Table 5.** Spearman rank correlation coefficients of ALS-FTD-Cog with other measures in ALS patients


	ALS-FTD-Q	MiND-B	ALSFRS-R	FVC	HADS anxiety	HADS depression
ALS-FTD-Cog	-0.32*	0.18	0.02	0.11	-0.15	-0.19

Legend. Correlations are expressed as Spearman rank correlation coefficients ( $r_s$ ). ALS-FTD-Cog: ALS-FTD cognitive screen (mean T-score); ALS-FTD-Q: amyotrophic lateral sclerosis – frontotemporal dementia – questionnaire; MiND-B: Motor neuron disease – behavioural questionnaire; ALSFRS-R: ALS functional rating scale – revised; FVC: forced vital capacity; HADS: hospital anxiety and depression scale. \* $p < 0.01$

**Table 6.** ALS patients (n=29) impaired on subtests of the ECAS and ALS-FTD-Cog

Cognitive domain	Impaired on ECAS (%)	Impaired on ALS-FTD-Cog (%)
Language	14 (48.3%)	1 (3.4%)
Fluency	2 (6.9%)	1 (3.4%)
Executive functions	9 (31.0%)	11 (37.9%)*
Memory	4 (13.8%)	5 (17.2%)
Visuospatial	4 (13.8%)	n/a
ALS specific score	7 (24.1%)	n/a
Total score	9 (31.0%)	n/a

Legend. ECAS: Edinburgh cognitive and behavioural ALS screen; ALS-FTD-Cog: ALS-FTD-cognitive screen. \*The faux pas test is a measure of social cognition, which is a part of the executive functions domain in the ECAS.



# 7

## **The ALS-FTD-Q: A new screening tool for behavioural disturbances in ALS**

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## ABSTRACT

### Objective

The assessment of behavioural disturbances in amyotrophic lateral sclerosis (ALS) is important because of the overlap with the behavioural variant of frontotemporal dementia (ALS-bvFTD). Motor symptoms and dysarthria are not taken into account in currently used behavioural questionnaires. We examined the clinimetric properties of a new behavioural questionnaire for patients with ALS (Amyotrophic Lateral Sclerosis-Frontotemporal Dementia-Questionnaire [ALS-FTD-Q]).

### Methods

In addition to other clinimetric properties, we examined reliability, clinical validity, and construct validity of the ALS-FTD-Q, using data from patients with ALS ( $n = 103$ ), ALS-bvFTD ( $n = 10$ ), bvFTD ( $n = 25$ ), muscle disease control subjects ( $n = 39$ ), and control subjects ( $n = 31$ ). Construct validity of the ALS-FTD-Q was assessed using the Frontal Systems Behavior scale (FrSBe), Frontal Behavioral Inventory (FBI), Hospital Anxiety and Depression Scale, ALS Functional Rating Scale - Revised, Frontal Assessment Battery, Mini-Mental State Examination, and a fluency index. In addition, the point prevalence of behavioural disturbances according to the ALS-FTD-Q was compared with those obtained with the FrSBe and FBI.

### Results

The internal consistency of the ALS-FTD-Q was good (Cronbach  $\alpha = 0.92$ ). The ALS-FTD-Q showed construct validity because it correlated highly with other behavioural measures ( $r = 0.80$  and  $0.79$ ), moderately with measures of frontal functions and global cognitive functioning ( $r = 0.37$ ;  $r = 0.32$ ), and poorly with anxiety/depression and motor impairment ( $r = 0.18$  for both). The ALS-FTD-Q discriminated between patients with ALS-bvFTD, patients with ALS, and control subjects. The point prevalence of behavioural disturbances in patients with ALS measured with the ALS-FTD-Q was lower than that for the FrSBe and FBI.

### Conclusion

The ALS-FTD-Q is a feasible and clinimetrically validated instrument for the screening of behavioural disturbances in ALS.

## INTRODUCTION

The frontotemporal brain regions are affected in a proportion of patients with amyotrophic lateral sclerosis (ALS).<sup>1-3</sup> Clinically, this may lead to the behavioural variant of frontotemporal dementia (bvFTD) (in 5%–10% of patients with ALS), mild frontotemporal cognitive deficits (in 32%–45% of patients with ALS), or mild behavioural disturbances in patients with ALS.<sup>4-8</sup> These nonmotor changes in patients with ALS may negatively influence survival and hinder adherence to therapeutic interventions and relations with caregivers.<sup>9-11</sup>

The gold standard for behavioural disturbances is a detailed family interview. When this is not feasible, a neuropsychiatric screening instrument is an alternative. Importantly, the scoring of items should not be influenced by muscle weakness, dysarthria, or pseudobulbar affect, as these may overestimate behavioural disturbances in patients with ALS.<sup>12</sup>

The neuropsychiatric instruments currently available for assessing behaviour have not been validated in patients with ALS and contain several items that rely on the ability to speak, eat, and move without problems.<sup>13-15</sup> To overcome these issues, we investigated the clinimetric properties of a new screening tool, the Amyotrophic Lateral Sclerosis-Frontotemporal Dementia-Questionnaire (ALS-FTD-Q), for the detection of bvFTD and mild behavioural disturbances in ALS.

## METHODS

### Subjects

Five groups of patients were recruited from tertiary referral centres for ALS and dementia, all in the Netherlands: 103 patients with ALS (possible, probable, or definite ALS according to the El Escorial criteria)<sup>16</sup>; 10 patients with ALS-bvFTD who had the diagnosis of ALS-bvFTD by the treating clinician before this study, according to the El Escorial<sup>16</sup> and Neary criteria<sup>17</sup>; 25 patients with bvFTD without ALS that had been diagnosed before the study, according to the Neary criteria<sup>17</sup>; 39 patients with muscle diseases (muscle controls) (inclusion body myositis [ $n = 10$ ], limb girdle dystrophy 2A [ $n = 8$ ], oculopharyngeal muscular dystrophy [ $n = 6$ ], Miyoshi myopathy [ $n = 9$ ], and ALS mimics [ $n = 6$ ]); and 31 subjects evaluated at the outpatient neurology clinic for diverging symptoms (e.g. sensory symptoms, tremor, and headache) (other controls). These subjects had no medical history of muscle disease, CNS disorder, or psychiatric disorder. The patients with ALS-bvFTD and bvFTD served as positive controls ( $n = 35$ );

the patients with muscle diseases and the other controls served as negative controls (n = 70).

Only patients with a proxy were included. A proxy can be a partner, parent, sibling, adult child, or other caregiver who is able to assess the patient's behaviour. In 1.6% of the patients contacted, absence of a proxy was the reason not to participate. Patients and control subjects were excluded if they did not speak Dutch fluently or if they had (a history of) a psychiatric disorder or a neurologic disease with CNS involvement.

### Standard protocol approvals, registrations and patient consents

The local ethics committees of the participating hospitals approved the study. Written informed consent was obtained from all subjects.

### ALS-FTD-Q

The ALS-FTD-Q (appendix e-1 on the *Neurology*® website at www.neurology.org and on www.alsftdq.nl) is an observer report scale aimed at the proxy of a patient with ALS. Items for the ALS-FTD-Q were taken from a systematic review of neurobehavioural symptoms (i.e. behavioural, cognitive, and psychiatric disturbances) in 170 published patients with motor neuron disease and bvFTD<sup>18</sup>, and the item selection was mainly based on the pooled prevalence rates of neurobehavioural symptoms in the review. The phrasing of the items was adjusted for motor and speech dysfunction. Face validity of the ALS-FTD-Q is described in appendix e-2. The ALS-FTD-Q has 25 items (including 3 cognitive items: memory, concentration, and orientation in time), with a 4-point rating scale; the maximum score of the ALS-FTD-Q is 100. A higher score indicates more behavioural disturbances. The time required to complete the questionnaire was estimated to be between 5 and 10 minutes.

### Procedure

Most patients with ALS were visited at home (n = 97, including 9 patients with ALS-bvFTD). The proxy was requested to fill in the ALS-FTD-Q and 2 other behavioural scales (for instruments, see below) in a separate room while the patient underwent a short battery of tests that assessed cognitive and affective functions and functional motor status. Proxies of 16 consecutive patients with ALS (including 1 patient with ALS-bvFTD) filled in the ALS-FTD-Q during an outpatient clinic visit, separate from the home-visit study.

Proxies of the other patients and control subjects filled in the ALS-FTD-Q at the outpatient clinics during a regular visit, in a room separated from the patient.

### Instruments used in the home-visit study

The proxy assessed the behaviour of the patient with the ALS-FTD-Q and the Frontal Systems Behavior Scale (FrSBe), a 46-item behaviour scale with carer ratings of premorbid and postmorbid behaviour in the domains of apathy, executive dysfunction, and disinhibition<sup>14</sup>, and the Frontal Behavioral Inventory (FBI), a 24-item scale measuring frontal lobe-mediated behaviour.<sup>15</sup>

The patient was administered the Mini-Mental State Examination (MMSE)<sup>19</sup>; the Frontal Assessment Battery (FAB), a 6-item instrument measuring frontal lobe functions, e.g. conceptualization and perseveration<sup>20</sup>; letter (D, A, T) and category (animals and occupations) fluency, measures of executive function with correction for speech/motor dysfunction by calculating a mean thinking time per word in seconds (fluency index)<sup>12, 21</sup> (written or spoken versions were used, depending on disability); the Hospital Anxiety and Depression Scale (HADS), a 14-item scale<sup>22</sup>; and the ALS Functional Rating Scale-Revised (ALSFRS-R), a 12-item questionnaire for motor dysfunction in ALS.<sup>23</sup>

Patients in whom impaired manual dexterity precluded performance of the "writing a sentence" item of the MMSE were allowed to say the sentence, provided their speech was intelligible. For other items that require manual dexterity, e.g. "intersecting pentagons" of the MMSE and 5 of the 6 items of the FAB, a note was made when these tasks could not be performed. We recorded the score obtained and the highest obtainable score. The highest obtainable score is the score if all items are done perfectly, leaving out the items missed due to motor impairment. Extrapolated scores of the MMSE and FAB were used for analyses, according to the formula: *extrapolated score = score obtained x maximum scale score/highest obtainable score for this patient*. A higher extrapolated score means a better performance. Disease onset was defined as the month when the first sign of muscle weakness (ALS) or behavioural changes (bvFTD) was noted. Bulbar involvement was defined as a score  $\leq 11$  on the 3 bulbar items of the ALSFRS-R.

### Clinimetric evaluation of ALS-FTD-Q

The following clinimetric properties of the ALS-FTD-Q were studied: reliability (both internal consistency and test-retest reliability), construct validity, clinical validity, and the presence of a floor and ceiling effect.

Internal consistency refers to the statistical coherence of the scale items and can be measured by the Cronbach  $\alpha$  coefficient, which is based on the weighted average correlation of items within a scale. Internal consistency is considered to be good if  $\alpha \geq 0.80$ . We calculated item-total correlations, which represent the correlation of a single item with the sum of all other scale items. Correlations  $\geq$



0.30 were considered to be sufficient. Test-retest reliability was investigated in a pilot study on the proxies of 17 patients with ALS, including 4 patients with ALS-bvFTD (appendix e-2).

**Table 1.** Demographic and clinical characteristics of the patients with ALS and positive and negative control subjects assessed with the ALS-FTD-Q

	Positive control subjects		Negative control subjects		
	<b>ALS (n = 103)</b>	<b>ALS- bvFTD (n=10)</b>	<b>bvFTD (n=25)</b>	<b>Muscle disease (n = 39)</b>	<b>Other controls (n = 31)</b>
Age, y, mean (SD)	61.4 (11.9)	60.2 (10.4)	63.4 (6.4)	58.7 (13.3)	58.3 (11.7)
Sex, M/F	73/30	7/3	17/8	22/17	15/16
Limb/bulbar onset, n	89/14	4/6			
Bulbar involvement, % <sup>a</sup>	60.2	100		38.5	
Disease duration, mo, median (range)	33.5 (4-328)	35.5 (0-80)	48 (13-355)	153 (12-519)	
ALSFRS-R <sup>b</sup>	31.5 (9.2)	32.9 (6.1)			

Abbreviations: ALS = amyotrophic lateral sclerosis; ALSFRS-R = ALS Functional Rating Scale – Revised; ALS-FTD-Q = Amyotrophic Lateral Sclerosis-Frontotemporal Dementia-Questionnaire; bvFTD = behavioural variant of frontotemporal dementia.

<sup>a</sup> Bulbar involvement was defined as a score  $\leq 11$  on the 3 bulbar items of the ALSFRS-R.

<sup>b</sup> The maximum score of the ALSFRS-R is 48 and indicates no motor dysfunction.

Construct validity was assessed in the group of 97 patients with ALS (including 9 patients with ALS-bvFTD) who underwent multiple tests at home. We measured the extent to which the ALS-FTD-Q correlates with measures that address the same concept (i.e. frontal behaviour) and measures that address different concepts. We assumed that for the ALS-FTD-Q to be valid, the ALS-FTD-Q scores had to show high correlations with the other frontal behaviour scale scores (FrSBe and FBI), moderate correlations with frontal lobe functions (FAB and fluency) and global cognitive functions (MMSE), and low correlations with affective functions (HADS) and motor functions (ALSFRS-R).

A scale demonstrates clinical validity if it discriminates between groups of patients with known differences in clinical status (i.e. ALS without bvFTD vs bvFTD with or without ALS). Floor and ceiling effects of the ALS-FTD-Q were analysed (percentage of patients with a minimum and maximum score).

### ALS-FTD-Q vs comparable scales

To explore whether the results of the ALS-FTD-Q differ from scales that are currently used in patients with ALS, we compared point prevalences of abnormal behaviour assessed with the ALS-FTD-Q (using tentative cut-off

scores derived from our negative and positive control groups) with those from the FrSBe and the FBI (using published cut-off scores). We aimed to compare the ALS-FTD-Q scores with scores of the other scales for both mildly and severely abnormal behaviour, because a spectrum of behavioural disturbances in ALS has been suggested in earlier studies.<sup>24, 25</sup> The cut-off of the ALS-FTD-Q indicating mild disturbances (below which behaviour is normal) was based on the 95th percentile of the 70 negative controls. The cut-off indicating severe disturbances (in the bvFTD range) was based on the lowest ALS-FTD-Q score in the group of 35 positive control subjects (patients with bvFTD and ALS-bvFTD). For the comparison with other scales, for mild disturbances we used the cut-off score of the FrSBe (*t* score  $>65$ ;  $>1.5$  SD above the mean)<sup>14</sup>, and for severe disturbances we used the published cut-off score of the FBI.<sup>15</sup> We assessed performance on the ALS-FTD-Q in patients with incident and prevalent disease. Patients with incident disease were defined as being assessed within 1 year from the diagnosis.<sup>9</sup>

### Statistical analysis

Internal consistency of the ALS-FTD-Q scores was expressed as Cronbach  $\alpha$  coefficient. Item-total correlations and test-retest correlations were expressed as Pearson correlation coefficients (*r*) and intraclass correlation coefficients, respectively. Associations between the ALS-FTD-Q scores and the other measures were expressed as Spearman rank correlation coefficients (*r<sub>s</sub>*). Differences between ALS-FTD-Q scores and patient characteristics in relation to the various subgroups were analysed using the Mann-Whitney *U* test, Kruskal-Wallis test, or  $\chi^2$  test. Statistical significance level was set at  $p = 0.05$ . Analyses were performed in PASW statistics, version 18 (SPSS).

## RESULTS

We included 113 patients with ALS (80 male [70.8%]), 10 of whom were diagnosed with ALS-bvFTD before the study. The mean age at examination was 61.3 years (SD 11.7), and the median disease duration was 2.8 years (34 months, range 4–328 months) (table 1). Ninety-three patients (82.3%) had limb-onset ALS. Bulbar involvement was present in 72 patients (63.7%). Gender and age were not different among any of the groups.

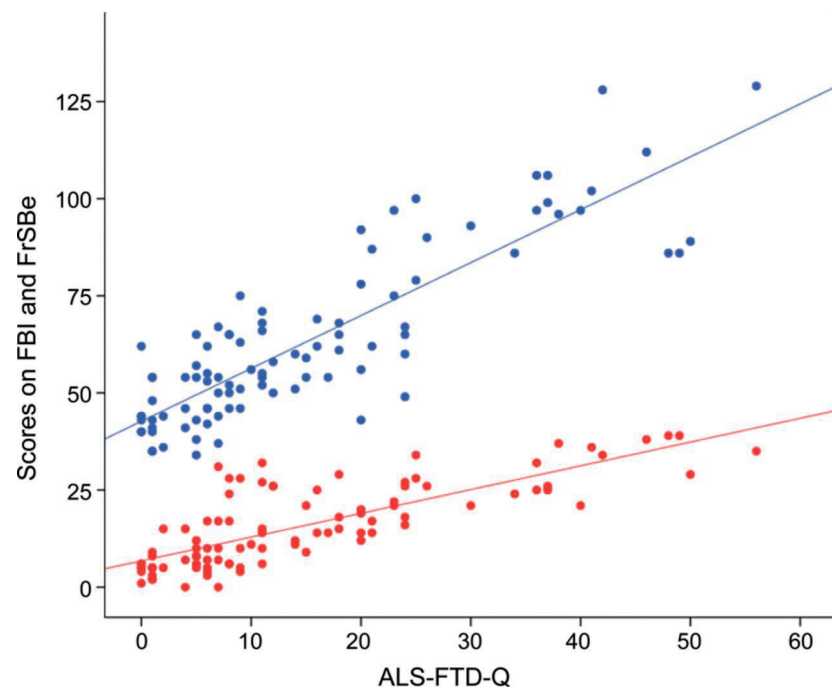
### Clinimetrics

The ALS-FTD-Q scores showed substantial internal consistency (Cronbach  $\alpha = 0.92$ ), and 23 of the 25 items showed an item-total score correlation ranging between 0.31 and 0.78. Two items (hypersexuality and euphoria) had an item-total score correlation of 0.20 and 0.26. The test-retest intraclass correlation of

the ALS-FTD-Q total score was 0.89 ( $n = 17$ ; mean time between 2 assessments 65 days [SD 26.7]) (additional data for the test-retest group are given in appendix e-2). Construct validity was shown by high correlations between the ALS-FTD-Q and the FrSBe and FBI, moderate correlations with the FAB, fluency, and MMSE, and low correlations with the HADS and ALSFRS-R (table 2, figure 1). There was a floor effect (16 of 208 patients [7.7%] had a minimum score of 0); no ceiling effect was observed.

With regard to clinical validity, the median ALS-FTD-Q score of patients with ALS without bvFTD (9, range 0–46) was lower than those for either patients with ALS-bvFTD (42, range 30–56) or patients with bvFTD (50, range 29–68) and higher than those for the muscle disease control group (6, range 0–24) and the other control subjects (5, range 0–20) (figure 2).

**Figure 1.** Correlations between the ALS-FTD-Q, the Frontal Behavioral Inventory (FBI) ( $r = 0.79$ ; red), and the Frontal Systems Behavior scale (FrSBe) ( $r = 0.80$ ; blue)



**Table 2.** Test scores and correlations of the ALS-FTD-Q with other measures of behavioural, cognitive, affective, and motor functions in patients with ALS

	No.	Test score, median (range)	Correlation with ALS-FTD-Q <sup>a</sup>
<b>ALS-FTD-Q</b>	97	11 (0-56)	
<b>Frontal behavioural symptoms</b>			
FrSBe	95	56 (34-129)	0.80
FBI	92	14 (0-39)	0.79
<b>Frontal/executive functions</b>			
FAB	92	16 (3-18)	-0.37 <sup>b,c</sup>
Fluency <sup>d</sup>	92	5.6 (1.9-24.3)	0.30
<b>Cognitive functions</b>			
MMSE	97	26.8 (9-30)	-0.32 <sup>b,c</sup>
<b>Affective functions</b>			
HADS	85	6 (0-24)	0.18
<b>Motor functions</b>			
ALSFRS-R	97	33.0 (8-47)	-0.18 <sup>b</sup>

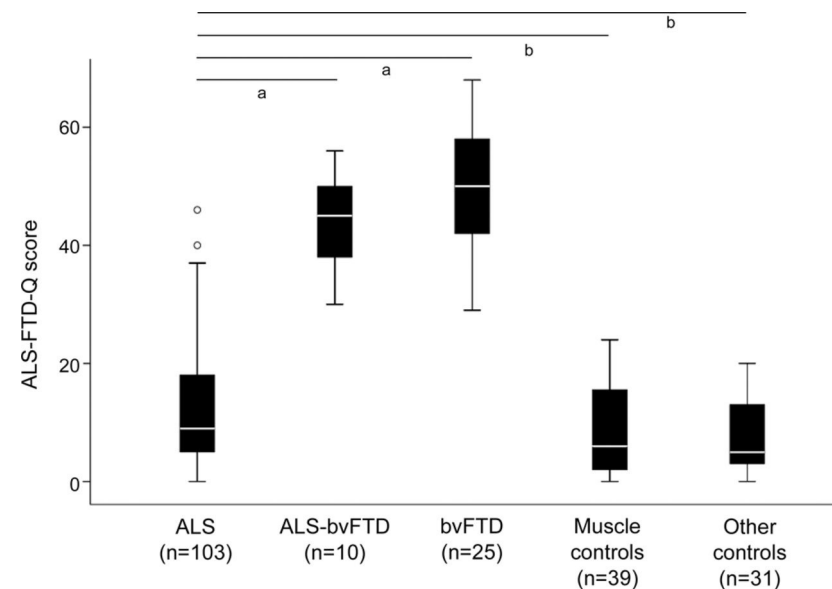
Abbreviations: ALS = amyotrophic lateral sclerosis; ALSFRS-R = ALS Functional Rating Scale-Revised; ALS-FTD-Q = Amyotrophic Lateral Sclerosis-Frontotemporal Dementia-Questionnaire; FAB = Frontal Assessment Battery; FBI = Frontal Behavioral Inventory; FrSBe = Frontal Systems Behavior scale; HADS = Hospital Anxiety and Depression Scale; MMSE = Mini-Mental State Examination.

<sup>a</sup> Correlation values are expressed as Spearman correlation coefficients.

<sup>b</sup> Negative as higher scores on the FAB, MMSE, and ALSFRS-R indicate better performance.

<sup>c</sup> Extrapolated scores of the MMSE and FAB were used, corrected for missed items due to motor impairment.

<sup>d</sup> Fluency represents the letter fluency index (correlation coefficient for category fluency index = 0.30).

**Figure 2.** Boxplot with ALS-FTD-Q scores by diagnosis

<sup>a</sup> $p < 0.0001$ ; <sup>b</sup> $p < 0.05$ , Mann-Whitney  $U$  Test. ALS = amyotrophic lateral sclerosis; ALS-FTD-Q = Amyotrophic Lateral Sclerosis-Frontotemporal Dementia-Questionnaire; bv-FTD = behavioural variant of frontotemporal dementia.

### ALS-FTD-Q and comparable scales

Based on our scoring algorithm (Methods section), the ALS-FTD-Q cut-off indicating mild disturbances was set at  $\geq 22$ ; the cut-off indicating severe disturbances (in the bvFTD range) was set at  $\geq 29$ . In patients without a prior diagnosis of bvFTD who had complete data for the 3 behavioural scales ( $n = 86$ ), mild and severe behavioural disturbances were shown in 11 (10.7%) and 7 patients (6.8%), respectively, with the ALS-FTD-Q. In comparison, according to the FrSBe and FBI, 16 patients (18.6%) had mild behavioural disturbances and 12 patients (14%) had severe behavioural changes. Of the 103 patients who were assessed with the ALS-FTD-Q, 27 (26.2%) were assessed within 1 year of the diagnosis (patients with incident disease), of whom 4 (14.8%) scored in the mild range and 1 in the severe range on the ALS-FTD-Q. The proportion of those with mild behavioural disturbances of the patients with incident disease was not significantly different from that of patients with prevalent disease ( $\chi^2$  test; not analysed for severe behavioural disturbances).

## DISCUSSION

This study shows the clinimetric properties of a new screening instrument for behavioural disturbances, which was constructed to avoid bias due to motor and speech impairment in patients with ALS. The ALS-FTD-Q showed substantial internal consistency and test-retest reliability and both construct and clinical validity. Construct validity was shown by high correlations of the ALS-FTD-Q with frontal behavioural scales (same construct), intermediate correlations with frontal cognitive functions (related construct), and low correlations with anxiety/depression and motor function (not related constructs). The intermediate correlation between fluency and the ALS-FTD-Q in our study is comparable to findings by others and shows that the questionnaire measures a construct (frontal-mediated behaviour) that is related to fluency, supporting the construct validity of the ALS-FTD-Q.<sup>26</sup> In addition, clinical validity was shown because the ALS-FTD-Q discriminated between patients with a known difference in the presence of frontal behavioural disturbances. These good clinimetric properties and the easy way of administering the ALS-FTD-Q make it a feasible screening instrument in clinical practice as well as for research projects.

The assessment of behavioural changes and especially bvFTD in patients with ALS is important in clinical practice because bvFTD hinders adherence to therapeutic interventions and may negatively influence survival. In addition, bvFTD has a great impact on the relation of patients with ALS with their caregivers.<sup>9-11</sup>

To our knowledge, 3 screening instruments for nonmotor involvement (focusing on cognitive functions) have been investigated in patients with ALS.<sup>27-29</sup> One screen contains 15 questions about behaviour<sup>27</sup>; 2 other screens included the FBI.<sup>28, 29</sup> Compared with these screening instruments, the ALS-FTD-Q has 4 unique advantages. First, behavioural items were selected from a systematic review of case descriptions of 170 patients with ALS-bvFTD. Second, the phrasing of items was adjusted to take motor and speech dysfunction into account. This was done to minimize overestimation of behavioural disturbances due to motor impairment. Third, the ALS-FTD-Q has good clinimetric properties including internal consistency, construct validity, and clinical validity. Fourth, test scores were compared with both negative and positive control groups. The point prevalence of severe and mild behavioural disturbances according to the ALS-FTD-Q in our patients with ALS without a prior diagnosis of bvFTD is lower compared with the FBI (severe) and the FrSBe (mild behavioural changes). Our data may suggest that the FrSBe and FBI could overestimate behavioural disturbances in patients with ALS (because of bias due to motor symptoms and dysarthria). The alternative explanation, i.e. a low sensitivity of the ALS-

FTD-Q, is less likely for 3 reasons. First, we carefully selected items based on a systematic review to capture the full range of neurobehavioural changes known to occur in ALS, including delusions (paranoia), hallucinations, apathy, and eating disturbances, which were recently found to be prominent in patients with bvFTD with ALS.<sup>18, 30, 31</sup> Second, our cut-off included all the patients with a prior diagnosis of bvFTD and ALS-bvFTD, which implies high sensitivity of the ALS-FTD-Q. Third, the point prevalence of 7% severe behavioural disturbances in patients with ALS (without a prior diagnosis of bvFTD) in our cohort is in agreement with a pooled prevalence of 8% bvFTD in 570 patients with ALS in a systematic review of population-based or outpatient clinic based studies using family interviews or clinical questionnaires.<sup>5, 6, 18</sup>

The proportion of patients with mild behavioural changes as assessed with the ALS-FTD-Q (11%) is lower than that in other studies (17%–50%).<sup>8, 27, 32, 33</sup> Earlier studies used instruments that have not been validated for the assessment of behavioural changes in ALS and contain items that have not been corrected for motor impairment.<sup>8, 11</sup> In particular, apathy has been shown to be present in up to 50% of patients with ALS.<sup>11, 26, 34</sup> However, apathy was studied with the 14-item FrSBe apathy subscale, of which 7 items are directly related to speaking and moving, which may have led to overestimating motor-related mild behavioural changes, e.g. apathy.<sup>11, 26, 34</sup>

The mild and severe behavioural changes in ALS in the present study have to be interpreted in relation to the cut-offs, which have to be further validated, and in relation to the study population. We did not perform a receiver operating characteristic analysis to define the cut-offs of the ALS-FTD-Q because, for mild behavioural disturbances, a gold standard in ALS does not exist (the FrSBe could not be used for this purpose as it contains motor and speech-related items). For severe behavioural disturbances, we could not use the clinical diagnosis of bvFTD as a gold standard because the bvFTD diagnoses were made before the study (time between bvFTD diagnosis and assessment ranged from 3 to 18 months).

Our study population was largely a prevalence cohort with a relatively long disease duration, and 18% of patients had bulbar-onset ALS (compared with 30% in incidence cohorts).<sup>35</sup> The design of this study with more patients with prevalent than with incident disease was chosen to examine our questionnaire in patients with different disease durations, because previous studies described the development of bvFTD in the course of ALS.<sup>36, 37</sup>

In terms of further validation of the ALS-FTD-Q, the high test-retest correlation should be replicated, and the responsiveness (detection of changes over time)

of the ALSFTD-Q should be explored in depth in a larger sample of patients with incident disease. When sufficient data are collected, a factor analysis may generate insight into subscales and a subset of items that would suffice, which would make the scale even more usable. Compared with a self-report instrument, a potential drawback of the ALS-FTD-Q is that it is limited to patients with a proxy. However, less than 2% of the patients we contacted did not participate because of the absence of a proxy. An important reason to choose an observer-report scale in this study is that frontal lobe dysfunction may interfere with the patient's ability to assess his or her own behaviour. The ALSFTD-Q is a unique and novel instrument to be used in the clinic for the screening of behavioural disturbances in patients with ALS. It is a user-friendly tool with validated clinimetric characteristics.

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**SUPPLEMENTAL MATERIAL**

**Amyotrophic Lateral Sclerosis - Frontotemporal Dementia - Questionnaire (ALS-FTD-Q)**

The behaviour of your partner, family member or friend will be evaluated in the following questionnaire. Wherever, "him" or "his" is stated, it can be replaced by "her". Completing the questionnaire should take approximately 10 minutes and ideally should be done in a room separated from the patient. To answer a question, check the box with the most appropriate answer. The questionnaire consists of two parts; A and B.

Date . . . - . . . - . . . . Filled out by (e.g. partner, sibling, child) . . . . .
Name of the patient . . . . .
Date of birth of the patient . . . - . . . - . . . . Gender of the patient M / F
Highest level of education completed by the patient . . . . .

**Part A** The following 13 statements compare the **present** behaviour of your partner to his behaviour **three years ago**.

Possible answers are the following:

- completely disagree
- largely disagree
- largely agree
- completely agree

	completely disagree	largely disagree	largely agree	completely agree
1. Your partner is less interested in his surroundings	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Your partner pays less attention to his personal hygiene	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Your partner puts himself first more often	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Your partner becomes irritated or angry more easily	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Your partner's ability to concentrate has decreased	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Your partner's behaviour is more restless	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Your partner displays more withdrawn behaviour	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. Your partner seems to undertake more aimless activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. Your partner has more problems with memory	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Your partner contacts strangers more frequently	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Your partner has an increased urge for sex	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

(If not applicable; leave unanswered)

Some ALS patients experience compulsive laughter or crying: laughing or crying without a logical reason. The following two statements DO NOT describe this phenomenon; they describe changes in your partner's emotions in general.

	completely disagree	largely disagree	largely agree	completely agree
12. Your partner is emotionally less stable	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13. Your partner is more often extremely cheerful	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Part B** The following 12 statements are about the behaviour of your partner during the **past month**. Please note: some statements describe normal behaviour, while others describe abnormal behaviour. Therefore, please read the statement carefully prior to answering.

Possible answers are the following:

- Never
- Sometimes
- Often
- Always

	Never	Sometimes	Often	Always
14. Your partner is suspicious	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
15. Your partner repeatedly uses the same gestures or sentences	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16. Your partner is shameless	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17. Your partner is aware of his whereabouts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18. Your partner displays offensive behaviour	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. Your partner is able to assess situations well	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20. Your partner hoards food or is preoccupied by food	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
21. Your partner understands what his disease is about	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
22. Your partner sees or hears things that are not there	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
23. Your partner displays childish behaviour	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
24. Your partner knows which part of the day it is	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
25. Your partner imitates you or others	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Scoring of the ALS-FTD-Q**

Items 1-13:

	completely disagree	largely disagree	largely agree	completely agree
Value	1	2	3	4

Items 14, 15, 16, 18, 20, 22, 23 and 25:

	Never	Sometimes	Often	Always
Value	1	2	3	4

Items 17, 19, 21 and 24:

	Never	Sometimes	Often	Always
Value	1	2	3	4

**ALS-FTD-Q score:**

item scores are summed to calculate the ALS-FTD-Q score.

**Cut-off values:**mild behavioural disturbances  $\geq 22$ severe behavioural disturbances (in the bvFTD range)  $\geq 29$ 

These are tentative cut-off values, pending future validation.

**Appendix e-2:** Face-validity and clinical and demographic characteristics of the test-retest group

Face-validity was examined in a pilot study on 17 ALS patients and their proxies, using a semi-structured interview. The interviewee was asked whether the scale was user-friendly, comprehensible and not too lengthy, if all behavioral problems were covered and if items or their phrasing were felt to be too intimate or offensive. According to these interviews no items were missed or inappropriate.

Test-retest reliability was investigated in the same group of 17 ALS patients including 4 ALS-bvFTD patients: this group consisted of 11 males and 6 females; 14 had limb-onset ALS and three had bulbar-onset ALS. The mean age was 61.7 years (SD 12.1) and the median disease duration was 36 months (range 14-179). The mean ALSFRS-R score was 27.8 (SD 10.4). The mean time between the two assessments was 65 days (SD 26.7). The median ALS-FTD-Q score for these patients at t=0 and t=1 was 8 (range 0-56) and 10 (range 1-68), respectively. The test-retest intraclass correlation of the ALS-FTD-Q total score was 0.89.



# PART 3

**Course and implications of  
cognitive and behavioural  
impairment**





**Progression of cognitive and  
behavioural impairment in  
early amyotrophic lateral sclerosis**

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## INTRODUCTION

Whether cognitive and behavioural impairment in ALS is progressive is unknown. The majority of longitudinal studies (summarised in supplementary material) are characterised by stable test results, high attrition and underrepresentation of patients with a short disease duration.<sup>1,2</sup> The aim of this study was to determine progression of cognitive and behavioural impairment in patients with early symptomatic ALS.

## METHODS

At our tertiary ALS clinics, we consecutively recruited patients with ALS with a short disease duration (<12 months). Comprehensive neuropsychological examination and behavioural assessment were conducted at baseline and at 6 months. Patients with behavioural variant frontotemporal dementia (bvFTD) and healthy controls (HC) served as control groups. We used validated tests to correct for motor and speech impairment, for example the verbal fluency index. Inclusion and exclusion criteria and neuropsychological tests, including parallel versions are listed in supplementary material. Test scores were considered abnormal below the 5<sup>th</sup> percentile, corrected for age and education.<sup>3</sup>

Patient with ALS were classified according to consensus criteria, as having “no”, “mild” or “severe” cognitive impairment. “No” is determined by  $\leq 1$  abnormal neuropsychological test (letter fluency excluded), “mild” by impaired letter fluency or impairment on either two (non-overlapping) executive tests or two (non-overlapping) language tests (maximum of 3 abnormal tests); “severe” by  $> 3$  abnormal tests (including letter fluency and either two executive or two language tests, as described above).<sup>3</sup>

We used the ALS-FTD-Questionnaire (ALS-FTD-Q) to subdivide patients into groups with “no” (< 22 points), “mild” ( $\geq 22$  and < 29 points) or “severe” ( $\geq 29$ ) behavioural impairment based on validated cut-off scores.

We further assessed *C9orf72* status, motor function (ALS functional rating scale – revised (ALSFRS-R)), respiratory function (forced vital capacity (FVC)) and anxiety and depression (hospital anxiety and depression scale (HADS)); for detailed descriptions, see supplementary material.

### Statistical analysis

Change scores (follow up minus baseline, raw scores) of neuropsychological tests and the ALS-FTD-Q were examined within groups (Wilcoxon signed rank

test) and between groups (Kruskal-Wallis test; or Mann-Whitney U test, where appropriate). Shifts between categories (“no”, “mild”, “severe”) of cognitive and behavioural impairment at baseline and follow-up were recorded for each patient. We compared change scores of the ALSFRS-R, FVC and HADS between patients with ALS with and without category shifts using Kruskal-Wallis test. The occurrence of new impairment on cognitive tests at follow-up was evaluated for individual participants.

## RESULTS

We included 35 patients with ALS with a median disease duration of 8 months (range 4-15) and a mean age of 63.8 years (SD 8.4). Twenty-one patients with bvFTD (including 5 patients with ALS-bvFTD) and 18 HC were included. Groups were matched on age, education and sex ( $p = 0.4$ ,  $p = 0.2$  and  $p = 0.3$ , respectively, supplementary material). At baseline 9 patients with ALS (26%) had mild cognitive and/or behavioural impairment and another 7 (20%) were severely affected. The proportion of patients with bulbar onset or the presence of anxiety or depression symptoms did not differ between these groups (supplementary material).

Follow-up data were obtained at a mean of 6.1 months (SD 0.1) in 28 patients with ALS (80%), 19 patients with bvFTD (91%), and 18 HC (100%). Main reasons for loss-to-follow-up were death, fast disease progression and fatigue.

### Group level

Change scores for letter and category fluency, verbal memory, executive function and social cognition differed between groups, with lower scores in patients with ALS and patients with bvFTD compared to HC (supplementary material). Change scores did not differ between patients with ALS and patients with ALS-bvFTD.

Change scores within groups showed a decline for category fluency in patients with ALS, and for category fluency, social cognition and executive function in patients with bvFTD. HC had higher scores on letter fluency and verbal memory at follow-up.

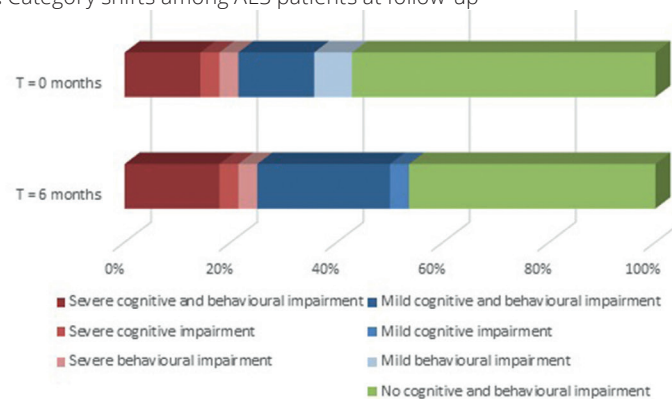
ALS-FTD-Q change scores differed between patients with ALS and HC, but not between bvFTD and HC (supplementary material).

### Individual level - shifts between categories

Ten out of 28 patients with ALS (36%) shifted towards a more severe category (from “no” to “mild” or “severe” cognitive and/or behavioural impairment), of whom one had a *C9orf72* mutation (figure 1). Fifteen patients with ALS (54%) fell into the same category at baseline and follow-up. Three patients with ALS (11%) shifted from “mild” to “no” cognitive and/or behavioural impairment. Change scores of ALSFRS-R, FVC and HADS did not differ between patients with and without category shifts (supplementary material).

Cognitive impairment at the individual level was also examined by occurrence of new impairment on cognitive tests. Twelve patients with ALS (43%) without cognitive impairment at baseline, had one (n=7) or two (n=5) new abnormal tests at follow-up, mostly category fluency (n=7), anti-saccade test (n=4) and Ekman 60 faces test (n=3). Four patients with ALS with executive dysfunction at baseline showed new impairment at follow-up on tests of executive, memory, language and visuoperceptive functions. The remaining 12 patients, i.e. 7 without and 5 with cognitive impairment at baseline, had no new abnormal tests at follow-up.

**Figure 1.** Category shifts among ALS patients at follow-up



Legend. Proportions of patients with ALS (N=28) with no (green), mild (blue) or severe (red and pink) cognitive and/or behavioural impairment at baseline (upper bar) and follow-up (lower bar). Severe behavioural impairment is compatible with the behavioural variant of frontotemporal dementia. Ten patients shifted towards a more severe category: 6 from “no” to “mild” cognitive impairment, 1 from “no” to “mild” behavioural impairment, 2 from “no” to “severe” behavioural impairment and 1 from “no” to “mild” cognitive impairment and “severe” behavioural impairment.

## DISCUSSION

The findings of a decline of social cognition of patients with ALS and declines of executive and verbal memory functions confirm that cognitive dysfunction

is a widespread feature in ALS, even in early disease.<sup>1</sup> It cannot be ascribed to physical, respiratory or affective deterioration, since these were comparable between cognitively stable and progressive patients. Improvement, probably a practice effect, was found in HC on most tests. A lack of practice effects in ALS may be an early sign of frontotemporal dysfunction.

Our study adds to existing literature by showing that in patients with early ALS behavioural decline may occur, compatible with the development of bvFTD.<sup>2</sup> Consequently, our study shows that the frontotemporal syndrome of ALS is not only relevant in the later stages of the disease.

In addition to its strengths (unique cohort, longitudinal design, low attrition), our study has some limitations: groups of patients were relatively small and no disease specific cognitive screening measure was used.

In conclusion, we found progression of cognitive and/or behavioural impairment in more than one third of patients with early ALS. This study may fuel ongoing discussions about the inclusion of cognitive and behavioural symptoms in the diagnostic criteria of ALS.<sup>4,5</sup>

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## SUPPLEMENTAL MATERIAL

### 1. Overview of longitudinal studies investigating cognitive and/or behavioural impairment in ALS

Studies examining cognition and behaviour							
Author, year	N	Follow-up interval (N)	Attrition rate	Disease duration baseline	Type of neuropsychological examination (full or screen) and behavioural screening	Cognition at BL Cognition at FU	Behaviour at BL Behaviour at FU
Burkhardt, 2017 <sup>1</sup>	40	6 mo. (n=24) 12-18 mo. (n=10)	40.0% 75.0%	44.4 mo.	Screen: ECAS, FAB Behaviour: ECAS	BL: 20.8% impaired letter fluency FU: no decline	BL: n/a FU: no decline
Floeter, 2017 <sup>2</sup>	15	6 mo. (n= n/a) 12 mo. (n= n/a) 18 mo. (n= n/a)	n/a	24.4 mo.	Full; domains: executive, language* Behaviour: FBI	BL: n/a FU: decline in letter fluency	BL: n/a FU: no decline
Poletti, 2018 <sup>3</sup>	168	6 mo. (n=48) 12 mo. (n=18) 24 mo. (n=5)	71.4% 89.3% 97.0%	19.0 mo.	Screen: ECAS, FAB, MOCA Behaviour: ECAS	BL: ECAS 37% impaired FU: improvement	BL: ECAS 41% impaired FU: no decline
Woolley, 2018 <sup>4</sup>	294	12 mo. (n=134)	54.4%	14.2 mo.	Full; domain executive Screen: ALS-CBS Behaviour: ALS-CBS, FBI-ALS	BL: ALS-CBS 60.7% impaired FU: no decline	BL: ALS-CBS 30.6% impaired FU: ALS-CBS 26.1% impaired. Decline on group level on ALS-CBS and FBI-ALS
Xu, 2017 <sup>5</sup>	108	6 mo. intervals (n= n/a)	n/a	n/a	Screen: ACE-III, FAB, ECAS Behaviour: MIND-B, ALS-FTD-Q	BL: ACE 30% impaired, FAB 14% impaired. ECAS 22% impaired FU: no decline	BL: ALS-FTD-Q 32.1% impaired, MIND-B 39.4% impaired FU: n/a



Table. Continued.

Studies examining cognition						
Author, year	N	Follow-up interval (N)	Attrition rate	Disease duration baseline	Type of neuropsychological examination (full or screen) and behavioural screening	Cognition at BL Cognition at FU
Abrahams, 2005 <sup>6</sup>	20	6 mo. (n=20)	0%	20.6 mo.	Full; domains: executive, language, visuoception	BL: impairment on fluency FU: decline on 1 language test, improvement on 1 language test and visuoception
Elamin, 2013 <sup>7</sup>	186	6 mo. (n=98) 12 mo. (n=46) 18 mo. (n=11)	47.3% 75.3% 94.1%	n/a	Full; domains: executive, memory, language, visuoconstruction	BL: 49.4% impaired FU: decline on visuoconstruction Impaired patients at BL: decline on language, memory and visuoconstruction Non-impaired patients at BL: no decline
Gillingham, 2017 <sup>8</sup>	20	9 mo. (n=11)	45.0%	44.4 mo.	Full; domains executive, visuoception, language Screen: ALS-Computerized frontal battery; domains social, executive	BL: impairment on executive functions FU: no decline
Kasper, 2016 <sup>9</sup>	93	3-6 mo. intervals (n = n/a)	n/a	± 30 mo.	Full; domain: executive*	BL: impairment in 23.7% FU: no decline
Kilani, 2004 <sup>10</sup>	18	6 mo. (n=14) 12 mo. (n=13)	22.2% 27.8%	n/a	Full; domains: executive, language, memory	BL: impairment in executive functions and language FU: no decline
Proudfoot, 2015 <sup>11</sup>	61	6, 12, 18, 24 mo. (n=29)	50.8%	38.6 mo.	Full; domain: executive	BL: impairment on all tests FU: no decline
Robinson, 2006 <sup>12</sup>	19	6 mo. (n= n/a)	n/a	< 12 mo.	Full; domains: executive, memory, visuoception	BL: no impairment FU: decline in 36.8% on verbal memory, working memory, visual organization and visuoception
Schreiber, 2005 <sup>13</sup>	52	4 mo. (n=32) 8 mo. (n=24) 12 mo. (n=19)	38.5% 53.8% 63.5%	27.2 mo.	Full; domains: executive, memory, attention	BL: impairment in executive and memory FU: decline in 1 executive test, 1 memory test, 1 attention test Improvement in 1 executive test and 1 memory test
Strong, 1999 <sup>14</sup>	13	6 mo. (n=8)	38.5%	21.1 mo.	Full; domains: executive, memory, visuospatial, language	BL: impairment on visuospatial FU: No decline

Table. Continued.

Studies examining behaviour						
Author, year	N	Follow-up interval (N)	Attrition rate	Disease duration baseline	Type of behavioural screening	Behaviour at BL Behaviour at FU
De Silva, 2016 <sup>15</sup>	21	9-17 mo. (n=5)	76.2%	33.4 mo.	Behaviour: FTD-FRS	BL: 47.6% FU: trend of decline

Legend. Overview of longitudinal studies investigating cognitive and/or behavioural impairment in ALS, arranged by type of examination (respectively cognition and behaviour, cognition only, behaviour only) and first author. BL: baseline measurement; FU: follow-up measurement; mo.: months; y: years; n/a: not available; ECAS: Edinburgh cognitive and behavioural amyotrophic lateral sclerosis (ALS) screen; FAB: frontal assessment battery; MOCA: Montreal cognitive assessment; ALS-CBS: ALS cognitive and behavioural screen; FBI-ALS: frontal behavioural inventory – ALS; FBI: frontal behavioural inventory; ACE-III: Addenbrooke's cognitive examination – III; MIND-B: motor neuron disease behaviour scale; ALS-FTD-Q: ALS – frontotemporal dementia – questionnaire; FTD-FRS: FTD – functional rating scale. \*Parallel versions of the neuropsychological tests were used at follow-up.

## 2. Selection procedure and inclusion and exclusion criteria

We prospectively recruited patients with amyotrophic lateral sclerosis (ALS) between September 2013 and December 2016 at tertiary referral centres for ALS in The Netherlands (Amsterdam University Medical Centers and University Medical Centre Utrecht). For comparison, we recruited a group of disease controls, i.e. patients with behavioural variant frontotemporal dementia (bvFTD) or ALS-bvFTD, at a tertiary referral centre for dementia (Amsterdam University Medical Centers). Healthy controls (HC) were recruited through the ALS Foundation Netherlands and participating patients (spouses, family members, friends).

This study was performed in agreement with the Declaration of Helsinki. The local medical ethical committee approved the study. Written informed consent was obtained from all participants at inclusion.

### Inclusion and exclusion criteria

Diagnosis in patients with ALS was probable, probable-laboratory supported or definite ALS, according to the revised El Escorial criteria.<sup>16</sup> Cases could be sporadic or familial (with or without a known mutation). Disease duration had to be less than 12 months in order to fulfil the criterion “early symptomatic ALS” as described previously.<sup>17</sup> Disease onset was defined as the time of the first ALS-related symptom (bulbar dysfunction or limb muscle weakness). All patients had to have an upright forced vital capacity (FVC) > 70%, to avoid overestimation of cognitive deficits due to respiratory muscle impairment.<sup>18</sup> Patients with ALS-bvFTD and bvFTD had possible or probable bvFTD, according to current criteria.<sup>19</sup> They could be sporadic or familial cases and were included irrespective of disease duration. Healthy controls had to have no history of neurological or psychiatric disease. All participants had to be older than 18 years, be fluent in Dutch and have a reliable proxy (partner, relative or close friend), also fluent in Dutch and willing to fill out questionnaires. We excluded participants with other neurological or psychiatric conditions associated with cognitive or behavioural impairment, and participants who used high dose of psychotropic medication or more than 5 alcohol units per day.

## 3. Neuropsychological test battery

Order	Cognitive test	Cognitive domain	Items (N)	Parallel version
1	Dutch adult reading test (DART)	Verbal IQ	50	No
2	Benton temporal orientation test (BTOT)	Temporal orientation	5	No
3	Anti-saccade test	Executive functions	20	No
4	Similarities (subtest of WAIS-IV)	Language	19	No
5	Boston naming test (BNT)	Language	20	Yes
6	Judgment of line orientation (JOLO)	Visuospatial functions	30	No
7	Letter fluency index	Executive functions	n/a	Yes
8	Category fluency (animals, occupation, supermarket)	Executive functions	n/a	No
9	Visual association test	Visual memory	12 or 24	No
10	Rey auditory verbal learning test (RAVLT)	Verbal memory	7	Yes
11	Letter Number sequencing	Attention	10	No
12	Rivermead behavioral memory test (RBMT)	Verbal memory	2	Yes
13	Ekman 60 faces test	Social cognition	60	No
14	Wisconsin card sorting test (WCST)	Executive functions	n/a	No

Legend. The neuropsychological test protocol was always performed in this order. Responses to all tests, except the DART, Ekman 60 faces test and WCST, could be performed in writing, when dysarthria was severe. The Ekman 60 faces test and WCST were computerized, but responses could be given orally, when hand function was severely impaired. The letter fluency index was used to correct for speech impairment; it consists of two conditions, the generation condition (the participant is asked to name as many words beginning with a certain letter in one minute, the produced words are written down by the examiner) and the control condition (the participant is asked to read aloud these produced words as quickly as possible). The fluency index is calculated as follows: (time needed for generation - time needed for reading) / total number of items generated. The verbal fluency index reflects the average thinking time per word. For the visual association test, the neuropsychologist chose the appropriate version (short or long version), based on age.

## 4. Measures of motor function, respiratory function, anxiety and depression

The ALS functional rating scale-revised (ALSFRRS-R) was administered to patients with ALS (score ranges from 0 to 48; a higher score indicates less impairment).<sup>20</sup> FVC in upright position was assessed in ALS, as a measure of respiratory muscle weakness (percentage of predicted value, corrected for age, sex and height). All participants filled out the hospital anxiety and depression scale (HADS; a higher score indicates more anxiety/depression, with a clinical threshold of 7

on subscales for anxiety and depression. Item 8 “I feel as if I’m slowed down” was removed, to avoid bias due to motor impairment.).<sup>21</sup>

### 5. Participant and disease characteristics at baseline

	ALS N = 35	BvFTD N = 21	HC N = 18	p-value
Age (years)	63.8 (8.4)	64.6 (10.2)	60.9 (10.0)	0.4
Male (No.,%)	24 (68.6)	16 (76.2)	9 (50.0)	0.2
Education (years)	14 (6-18)	14 (10-18)	14.5 (10-18)	0.3
Disease duration (months) <sup>1</sup>	8 (4-15)	29 (10-168)	n/a	<0.001
Site of onset (l/b/lb)	18/15/2	n/a	n/a	n/a
ALSFRS-R score	42 (31-46)	n/a	n/a	n/a
FVC	94.0 (16.6)	n/a	n/a	n/a
Survival (months from symptom onset to death) <sup>2</sup>	32 (11-73)	n/a	n/a	n/a
C9orf72 mutation (No.,%) <sup>3</sup>	3 (10.3)	3 (23.1)	n/a	0.3
HADS anxiety	4 (0-13)	5 (0-9)	3 (0-7)	<0.01
HADS depression	1 (0-10)	3 (0-8)	0 (0-3)	0.4

Legend. Data are expressed as mean (SD) or median (range), where appropriate. ALS: amyotrophic lateral sclerosis; bvFTD: behavioural variant frontotemporal dementia; HC: healthy control; N: number; Site of onset (l/b/lb): limb onset/bulbar onset/limb and bulbar onset; ALSFRS-R: ALS functional rating scale-revised (range 0 to 48, higher score indicates less impairment); FVC: forced vital capacity, percentage of predicted value; n/a: not available; HADS: hospital anxiety and depression scale score, higher scores indicate more symptoms.<sup>1</sup> Disease duration was checked after inclusion and was longer than 12 months in 3 patients (8.6%). <sup>2</sup> By September 26, 2019 (censoring date) 32 patients with ALS (91.4%) and 4 patients with bvFTD (19.1%) had died. <sup>3</sup> C9orf72 mutation status was missing in 6 patients with ALS and 8 patients with bvFTD.

### 6. Comparison of relevant participant and disease characteristics at baseline between patients with ALS with and without cognitive and/or behavioural impairment at baseline

	No CI/BI N = 19	Mild CI/BI N = 9	Severe CI/BI N = 7	p-value
Site of onset (l/b/lb)	11/7/1	4/4/1	3/4/0	0.8
C9orf72 mutation (No.,%) <sup>1</sup>	1 17	0 6	2 6	0.1
HADS anxiety	4 (0-12)	3 (1-13)	5 (2-11)	0.1
HADS depression	1 (0-10)	3 (0-6)	5 (0-7)	0.5

Legend. Data are expressed as mean (SD) or median (range), when appropriate. CI/BI: cognitive and or behavioural impairment; N: number; Site of onset (l/b/lb): limb onset/bulbar onset/limb and bulbar onset; HADS: hospital anxiety and depression scale score, higher scores indicate more symptoms.<sup>1</sup> C9orf72 mutation status was missing in 6 patients with ALS.

### 7. Change scores for neuropsychological tests and behavioural assessments at follow-up

Cognitive test	ALS N=28	BvFTD N=19	HC N=18	p-value	
Anti-saccade test	-0.7 (2.9)	-1.1 (2.8)	-0.8 (2.1)	0.9	
WAIS similarities	0.8 (3.1)	-0.6 (3.8)	0.9 (2.6)	0.4	
Boston naming test	-0.9 (4.9)	-2.2 (5.5)	0.2 (1.7)	0.2	
Judgement of line orientation	-0.5 (3.0)	0.0 (2.5)	-0.5 (2.2)	0.4	
Letter fluency	-1.8 (5.7)*	0.9 (6.0)**	9.3 (6.4)	<0.001	
Category fluency	Animals	-3.0 (5.5)	-1.5 (2.4)	-1.1 (3.7)	0.4
	Occupation	-2.6 (3.9)*	-0.5 (2.2)	-0.2 (3.2)	0.04
	Supermarket	-3.2 (5.4)*	-1.0 (4.0)	1.4 (5.3)	0.02
Visual association test	-0.9 (4.1)	0.0 (3.6)	-0.5 (5.7)	0.5	
RAVLT	Immediate	-0.1 (7.4)	-1.8 (8.6)	4.5 (8.0)	0.2
	Delayed	-0.1 (2.1)*	-0.1 (3.1)**	2.1 (2.65)	0.02
Letter number sequencing	0.2 (1.9)	-1.4 (3.3)	0.7 (2.4)	0.1	
RBMT	Immediate	0.8 (5.0)	-1.0 (4.3)	1.9 (4.6)	0.1
	Delayed	0.4 (5.1)	-1.1 (4.0)	1.4 (4.2)	0.3
Ekman 60 faces test	-0.9 (3.6)*	-4.4 (6.7)**	2.3 (4.3)	<0.01	
WCST	Total errors	3.0 (15.4)	15.3 (25.6)	2.4 (6.9)	0.1
	Perseverative responses	0.9 (15.3)	13.8 (23.6)**	1.2 (4.2)	0.04
	Perseverative errors	1.4 (12.1)	11.5 (18.7)	1.0 (2.6)	0.1
ALS-FTD-Q <sup>#</sup>	-2.7 (10.3)	-1.4 (7.9)	2.5 (3.6)	0.1	

Legend. ALS: amyotrophic lateral sclerosis; bvFTD: behavioural variant frontotemporal dementia; HC: healthy controls; RAVLT: Rey auditory verbal learning test; RBMT: Rivermead behavioural memory test; WCST: Wisconsin card sorting test; ALS-FTD-Q: ALS-FTD questionnaire. Change scores for all participants with follow up (ALS 28/35, HC 18/18, bvFTD 19/21). Differences between all groups are calculated with the Kruskal-Wallis test, and when significant, with the Mann-Whitney U test for ALS vs. HC (\*p < 0.05, \*\*p < 0.001) and FTD vs. HC (\*\*p < 0.05, \*\*\*p < 0.001). <sup>#</sup>Change scores of the ALS-FTD-Q did not differ between all groups (ALS, bvFTD and HC); however, when ALS and HC were compared, a p-value of p = 0.04 was found.

### 8. Comparison of change scores of motor function, respiratory functions and anxiety and depression between patients with ALS with and without category shifts

Between patients with (n=10) and without (n=18) a shift towards a more severe category of cognitive or behavioural impairment, change scores of ALSFRS-R (-4.0 (range -18.0 – 1.0) vs. -6.5 (range -23.0 – 0.0)), FVC (-11.2 (range -50.2 – 24.7) vs. -16.9 (range -45.8 – 10.0)) and HADS (-2.0 (range -6.0 – 1.0) vs. -0.5 (range -6.0 – 4.0)) did not differ significantly (p = 0.2, 0.4 and 0.4, respectively).

## 9. References

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**The frontotemporal syndrome of  
ALS is associated with poor survival**

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## ABSTRACT

### Objective

Thirty percent of ALS patients have a frontotemporal syndrome (FS), defined as behavioural changes or cognitive impairment. Despite previous studies, there are no firm conclusions on the effect of the FS on survival and the use of non-invasive ventilation (NIV) in ALS.

### Methods

We examined the effect of the FS on survival and the start and duration of NIV in ALS. Behavioural changes were defined as >22 points on the ALS-Frontotemporal-Dementia-Questionnaire or  $\geq 3$  points on  $\geq 2$  items of the Neuropsychiatric Inventory. Cognitive impairment was defined as below the fifth percentile on  $\geq 2$  tests of executive function, memory or language. Classic ALS was defined as ALS without the frontotemporal syndrome. We performed survival analyses from symptom onset and time from NIV initiation, respectively, to death. The impact of the explanatory variables on survival and NIV initiation were examined using Cox proportional hazards models.

### Results

We included 110 ALS patients (76 men) with a mean age of 62 years. Median survival time was 4.3 years (95% CI 3.53–5.13). Forty-seven patients (43%) had an FS. Factors associated with shorter survival were FS, bulbar onset, older age at onset, short time to diagnosis and a C9orf72 repeat expansion. The adjusted hazard ratio (HR) for the FS was 2.29 (95% CI 1.44–3.65,  $p < 0.001$ ) in a multivariate model. Patients with an FS had a shorter survival after NIV initiation (adjusted HR 2.70, 95% CI 1.04–4.67,  $p = 0.04$ ).

### Conclusion

In conclusion, there is an association between the frontotemporal syndrome and poor survival in ALS, which remains present after initiation of NIV.

## INTRODUCTION

Thirty to 50 percent of amyotrophic lateral sclerosis (ALS) patients have a frontotemporal syndrome, encompassing behavioural changes and cognitive impairment.<sup>1-5</sup> In 8–10% of ALS patients these changes are more severe and fulfil the criteria for frontotemporal dementia (FTD).<sup>3, 6</sup> The most frequent encountered subtype of FTD is the behavioural variant (bvFTD) albeit language variants of FTD may be found in a minority of ALS patients. Median survival of ALS patients is 3 years after symptom onset and the main cause of death is respiratory failure. The disease course is negatively influenced by older age at onset, early respiratory dysfunction, bulbar onset, a short time to diagnosis and the presence of a C9orf72 repeat expansion.<sup>7-11</sup> Previous studies suggested a negative effect of executive dysfunction or neurobehavioural changes on survival of ALS patients, although the use of general assessment measures for behavioural changes precluded firm conclusions in some of them.<sup>10, 12-15</sup> Indeed, the importance of a valid assessment of the frontotemporal syndrome in ALS, including the use of disease specific measures has been stressed.<sup>1</sup> This would allow for substantiating the presumed association between the frontotemporal syndrome and survival in ALS.<sup>10, 12, 15</sup> The frontotemporal syndrome, in particular the presence of behavioural changes, was found to interfere with the initiation of life-prolonging therapies, i.e. non-invasive ventilation (NIV). An analysis of both cognitive and behavioural changes in patients who used NIV might corroborate this association.<sup>12, 15, 16</sup>

The first aim of this study was to investigate whether a frontotemporal syndrome is an independent risk factor for poor survival in ALS. Secondly, we aimed to gain insight into the effect of the frontotemporal syndrome on NIV initiation and duration in ALS patients.

## METHODS

### Participants

In two of our previous studies, behavioural changes and cognitive impairment were assessed in a total of 110 ALS patients ( $n=21$  and  $n=89$ , respectively).<sup>17, 18</sup> ALS patients in both studies were diagnosed with possible, probable or definite ALS according to the El Escorial criteria.<sup>19</sup> Concomitant FTD was diagnosed by the treating neurologist, according to the Neary criteria.<sup>20</sup> Both patient cohorts were recruited from the two tertiary referral clinics for ALS in the Netherlands. Demographic and clinical data were extracted from the databases, i.e. age, years of education, site of onset (bulbar or limb), age at onset, time to diagnosis, disease duration (time between first symptom and study visit), vital capacity

at inclusion (percentage of the predicted value, as measured by handheld spirometry in the upright position), and score on the Hospital Anxiety and Depression scale (HADS; a maximum score of 42 indicates severe anxiety and depression).<sup>21</sup> Physical disability was measured with the amyotrophic lateral sclerosis functioning rating scale - revised (ALSFRS-R; maximum score of 48 indicates no physical disability).<sup>22</sup>

Data on the presence of the C9orf72 repeat expansion was derived from the prospective population based study on motor neuron disease in the Netherlands.<sup>23</sup> DNA was extracted from venous blood using standard protocols.<sup>24</sup> To detect large expanded repeats a repeat primed PCR for the C9orf72 GGGGCC repeat was performed on genomic DNA, as described previously.<sup>24</sup> The C9orf72 repeat expansion was known in 89 (81%) patients in the current study. Time of death was checked in the Municipal Personal Records Database.<sup>25</sup>

### Standard protocol approvals and patient consents

The medical ethical committees of the hospitals approved the studies. Written informed consent was obtained from all participants at inclusion.

### Assessment of behaviour and cognition

In the first cohort (n=21), behavioural changes were assessed with the Neuropsychiatric Inventory (NPI).<sup>18, 26</sup> A score of  $\geq 3$  points on  $\geq 2$  items on the NPI has been used by others as a cut-off for mild behavioural changes in ALS.<sup>17, 27</sup> As described previously by others, we carefully excluded behavioural changes that are more likely due to physical disability (i.e. motor impairment mistaken for apathy) or an appropriate reaction to their diagnosis (e.g. comments about death). Cognitive functions were assessed with a comprehensive neuropsychological examination. Neuropsychological tests were corrected for age, education and dysarthria, as described previously.<sup>18, 28</sup> Cognitive impairment was defined as a score below the fifth percentile on  $\geq 2$  tests of executive function, memory or language, according to consensus criteria for cognitive impairment in ALS.<sup>27</sup>

In the second cohort (n=89) behavioural changes were assessed with the ALS-FTD-Questionnaire (ALS-FTD-Q). The ALS-FTD-Q is a proxy-rated, disease-specific, validated instrument to detect behavioural changes in ALS.<sup>17</sup> The items of the questionnaire are based on a systematic review of behavioural changes in motor neuron disease patients with the behavioural variant of FTD. A score of  $>22$  on the ALS-FTD-Q indicates mild behavioural changes. Cognitive functions in the second cohort were assessed with the category fluency test, letter fluency test and the Mini Mental State Examination (MMSE). Cognitive

impairment was defined as  $\geq 2$  impaired tests.<sup>27</sup> For the fluency tests we used a cut-off below the fifth percentile of normative scores.<sup>29</sup> For the MMSE, an age and education normative score was used which was adjusted for the highest achievable score of individual patients; some patients could not complete all items due to motor impairment.<sup>30</sup>

### Classification of patients

Based on consensus criteria for the frontotemporal syndrome in ALS, we defined the following groups: classic ALS, which is not associated with cognitive impairment or behavioural changes, and ALS patients with a frontotemporal syndrome.<sup>27</sup> The frontotemporal syndrome was defined as cognitive impairment, behavioural changes or both. Patients with severe cognitive and behavioural changes who fulfilled the criteria for the behavioural variant of FTD were included in the group "ALS patients with a frontotemporal syndrome".<sup>31</sup>

### Non-invasive ventilation

There are four Home Mechanical Ventilation centres in the Netherlands from which data were derived on whether the patient started NIV, and the dates on which the NIV was initiated and ended. We also noted whether and when tracheostomal ventilation was initiated.

### Statistical analyses

Survival was calculated as time from symptom onset to time of death or censoring date (February 24, 2015). As no patients had tracheostomal ventilation, survival following onset of NIV was calculated as time from onset of NIV to time of death or censoring date (July 2014). We used Kaplan-Meier survival analyses and compared the data using the log-rank test. To examine which explanatory variables should be included in the multivariate Cox proportional hazards model, we performed univariate analyses for the following factors: frontotemporal syndrome, bulbar onset, age at onset, time to diagnosis, vital capacity, gender and the presence of the C9orf72 repeat expansion. Explanatory variables with a  $p$  value  $<0.25$  in the univariate analyses were included into a multivariate Cox proportional hazards model (using the enter method). Effect sizes were expressed in hazard ratios, statistical uncertainty was expressed in 95% confidence intervals. The defined groups, classic ALS and ALS patients with a frontotemporal syndrome, were compared using independent  $t$  test, Pearson Chi-squared test and Fisher's exact test. All tests were two-tailed and statistical significance was set at  $p <0.05$ . Statistical analyses were carried out using SPSS version 21 (SPSS Inc., Chicago, IL).

## RESULTS

In total 110 ALS patients were included; 76 men and 34 women; 22 (20%) ALS patients had bulbar onset. The mean age was 62.0 years (SD 11.3; range 34-84). Median time from symptom onset to diagnosis was 10 months (range 2-90). Forty-seven (43%) ALS patients had a frontotemporal syndrome, of whom 8 fulfilled criteria for ALS-bvFTD. Sixteen (15%) patients had only behavioural changes, 18 (16%) had cognitive impairment and 13 (12%) had both. None of the patients had a language variant of FTD. There was no difference in occurrence of the frontotemporal syndrome between the two cohorts ( $\chi^2, p=0.99$ ).<sup>17,18</sup> Demographic and clinical variables for the patient groups are shown in table 1.

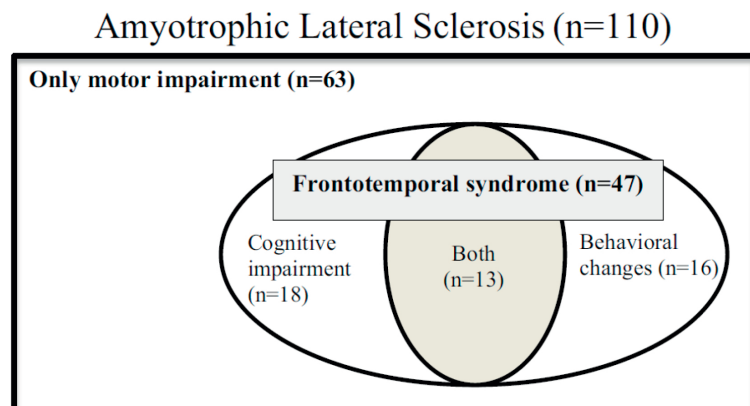
### Survival analyses

At the time of analyses, 87 (79.1%) patients had died. The overall median survival time from symptom onset to death was 4.3 years [95% confidence interval (CI) 3.53-5.13]. Table 2 shows univariate analyses of risk factors for survival in all ALS patients. Frontotemporal syndrome, bulbar onset, age at onset, time to diagnosis and the presence of the C9orf72 repeat expansion had *p* values below 0.25 and were included in the multivariate model.

### Survival of ALS patients with a frontotemporal syndrome

Median survival time was shorter in 47 patients with a frontotemporal syndrome compared to 63 classic ALS patients (3.8 years, 95% CI 2.94-4.73 vs. 5.6 years, 95% CI 3.76-7.41, *p*=0.001). The Kaplan-Meier curve is shown in figure 2A. The impact effect of a frontotemporal syndrome on survival was also observed in a multivariate regression model adjusting for bulbar onset, age at onset, time to diagnosis and the presence of the C9orf72 repeat expansion (adjusted hazard ratio 2.29, 95% CI 1.44-3.65, *p*<0.001; Table 3).

**Figure 1.** Venn diagram of the classification of amyotrophic lateral sclerosis patients (n = 110)



**Table 1.** Demographic and clinical characteristics of ALS patients

	ALS-classic (n = 63)	ALS- frontotemporal syndrome (n=47)	ALS-frontotemporal syndrome (n=47)		
			ALS – cognitive impairment (n = 18)	ALS – behavioural changes (n = 16)	ALS – both (n=13)
Age at onset, y	56.5 (12.8)	61.6 (9.5)*	60.4 (9.1)	62.2 (8.9)	62.4 (11.2)
Male sex, n (%)	39 (61.9)	37 (78.7)	13 (72.2)	14 (87.5)	10 (76.9)
Bulbar onset, n (%)	6 (9.5)	16 (34.0)*	6 (33.3)*	4 (25.0)	6 (46.2)*
Time to diagnosis, months (range)	13.6 (1-71)	14.4 (1-76)	14.2 (1-36)	10.9 (1-47)	19.1 (1-76)
ALSFRS-R	34.2 (8.8)	31.5 (8.3)	28.4 (9.4)*	33.4 (7.1)	33.4 (7.3)
Vital capacity (%)	84.9 (22.4)	77.9 (17.1)	75.8 (21.3)	82.6 (12.9)	74.9 (14.8)
C9orf72 repeat expansion, n (%)	2 (3.2)	4 (8.5)	1 (5.6)	2 (12.5)	1 (7.7)
HADS-Anxiety	10.2 (5.2)	10.5 (4.7)	10.9 (4.0)	9.1 (4.6)	11.8 (5.5)
HADS-Depression	7.2 (3.7)	8.2 (3.7)	7.4 (2.4)	8.3 (4.1)	9.4 (4.6)
Education, y	13.9 (2.6)	14.1 (2.4)	14.6 (2.2)	13.3 (2.9)	14.4 (1.9)
NIV initiation, n (%)	29 (46.0)	14 (29.8)	8 (44.4)	2 (12.5)*	4 (30.8)

Legend. Values are mean (SD), unless stated otherwise. All groups are compared to the classic ALS group using an independent *t* test.

ALS: amyotrophic lateral sclerosis; ALSFRS-R: ALS Functional Rating Scale – Revised (maximum score 48, indicates no disability); HADS: Hospital anxiety and Depression Scale; NIV: non-invasive ventilation; y: years. \* *p* < 0.05

**Table 2.** Univariate analysis of possible risk factors in all ALS patients

Risk factor	Hazard ratio	95% CI	p value
Bulbar onset	2.70	1.63-4.49	<0.001*
Age at onset	1.05	1.02-1.07	<0.001*
Time to diagnosis	0.97	0.95-0.99	0.001*
Vital capacity	1.00	0.99-1.01	0.544
Familial/sporadic ALS	1.25	0.64-2.42	0.515
Gender	1.23	0.77-1.96	0.385
C9orf72 repeat expansion	1.31	1.01-1.07	0.040*
<b>Frontotemporal syndrome</b>	2.09	1.36-3.21	0.001*
Behavioural changes	1.95	1.08-3.55	0.028*
Cognitive impairment	2.01	1.15-3.53	0.014*
Both	2.28	1.19-4.36	0.013*

ALS: amyotrophic lateral sclerosis; CI: confidence interval. \*  $p$  value <0.25; these variables were included into a multivariate Cox proportional hazards model.

### Survival of ALS patients with behavioural changes and/or cognitive impairment

ALS patients with both behavioural changes and cognitive impairment had a median survival time of 3.4 years ( $n=13$ ; 95% CI 2.14-4.69,  $p=0.01$ ; Figure 2b), compared to 5.6 years in classic ALS. ALS patients with cognitive impairment had a median survival time of 4.3 years ( $n=18$ ; 4.3 years, 95% CI 2.69-5.81,  $p=0.012$ ; Figure 2b). ALS patients with behavioural changes had a median survival time of 3.8 years ( $n=16$ ; 95% CI 2.94-4.81,  $p=0.024$ ; Figure 2b). Multivariate analysis for these subgroups was not performed, due to a small size.

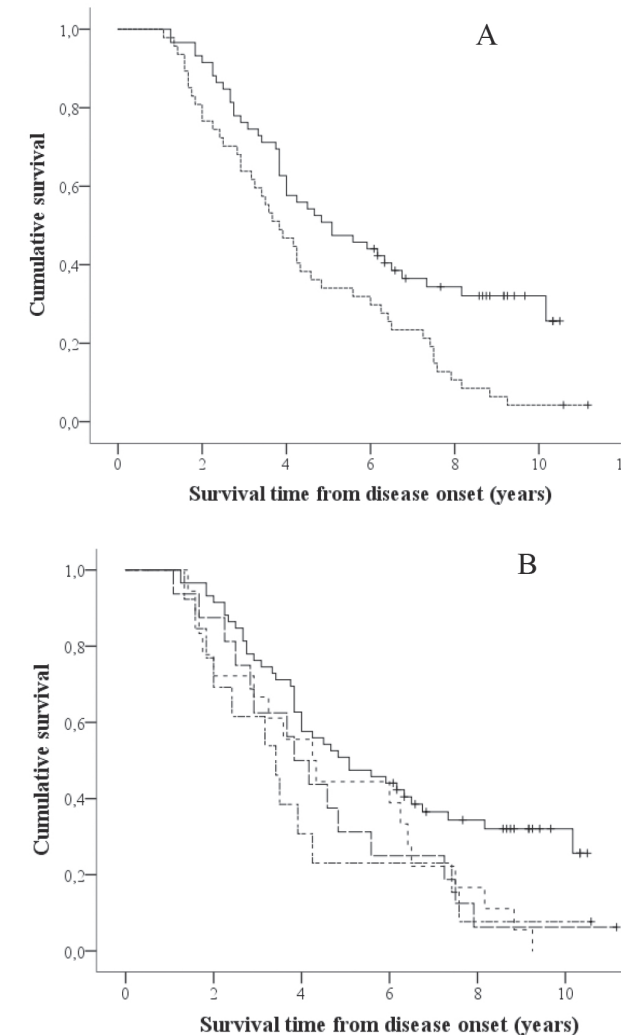
### Non-invasive ventilation

Forty-three patients (39%) had used NIV of whom 29 (67%) had classic ALS and 14 (33%) had ALS with a frontotemporal syndrome ( $\chi^2$ ,  $p=0.08$ ). Out of the 43 patients who had used ventilation 8 (19%) had bulbar onset. All except two patients had used NIV until death. Two patients used NIV 2 and 5 days and lived 11 and 18 days, respectively, following the termination of NIV. None of the patients had tracheostomal ventilation.

### Initiation of non-invasive ventilation

The median disease duration at NIV initiation was 3.9 years (range 0.5-8.2) for classic ALS and 3.1 years (range 1.0-7.0) for ALS patients with a frontotemporal syndrome ( $p>0.05$ ). Patients with behavioural changes initiated NIV less often compared to classic ALS patients (2 out of 16; 12.5% vs. 29 out of 63; 46%, Fisher exact  $p=0.02$ ). The proportion of ALS patients with cognitive changes

(with or without behavioural changes) that initiated NIV did not differ from those with classic ALS.

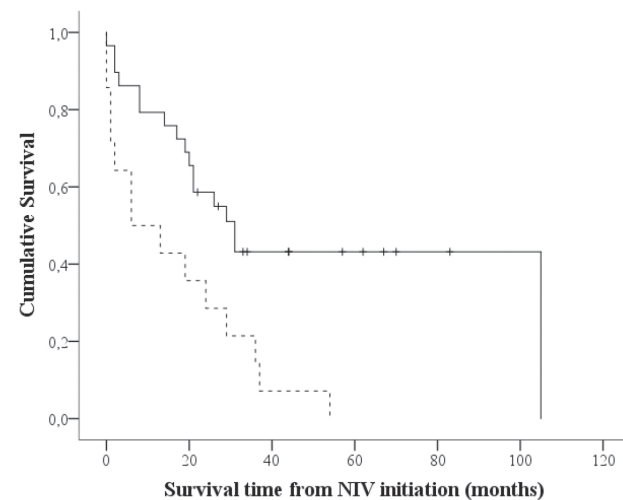
**Figure 2.** Kaplan-Meier analysis of the effect frontotemporal syndrome on ALS survival

A. Log-rank test for equality of survival functions,  $p=0.005$ . *Black line* ALS patients without frontotemporal syndrome ( $n=63$ ); *dotted line* ALS with frontotemporal syndrome ( $n=47$ ); +: censored cases ( $n=23$ ). B. Kaplan-Meier analysis of the effect of cognitive impairment and/or behavioural changes on ALS survival. *Black line* classic ALS patients, without frontotemporal syndrome ( $n=63$ ); *dotted line* ALS with cognitive impairment ( $n=18$ ,  $p=0.012$ ); *dashed line* ALS with behavioural changes ( $n=16$ ,  $p=0.02$ ); *dotted/dashed line* ALS with both cognitive impairment and behavioural changes ( $n=13$ ,  $p=0.10$ ); +: censored cases ( $n=23$ ); four patients (two censored) who had a survival time of 15.6-29 years are not displayed in this figure.

**Table 3.** Multivariate analysis for ALS patients with frontotemporal syndrome on survival

Risk factor	Hazard ratio	95% CI	p value
Age of onset	1.04	1.02-1.06	0.001
Bulbar onset	1.93	1.15-3.24	0.013
Extended C9orf72 repeat	1.54	1.17-2.03	0.002
Time to diagnosis	0.96	0.93-0.98	<0.001
Frontotemporal syndrome	2.29	1.44-3.65	<0.001

CI: confidence interval

**Figure 3.** Kaplan-Meier analysis of the effect of the frontotemporal syndrome on ALS survival following initiation of NIV

Log-rank test for equality of survival functions,  $p=0.003$ . *Black line* ALS patients without frontotemporal syndrome (n=29); *dotted line* ALS with frontotemporal syndrome (n=14); +: censored cases (n=12).

### Survival after non-invasive ventilation

ALS patients who had used NIV had a longer survival than patients without NIV (median 6.0 years, 95% CI 4.4-7.6 vs. 3.8 years 95% CI 3.2-4.3,  $p=0.03$ ). ALS patients with a frontotemporal syndrome had a shorter survival after NIV initiation compared to those with classic ALS (median 6 months, 95% CI 0.0-18.9 vs. 31 months 95% CI 19.9-43.0,  $p=0.009$ ; Figure 3). The impact effect of a frontotemporal syndrome on survival (following NIV) was also observed in a multivariate regression model adjusting for site of onset, age at onset, time to diagnosis and the presence of the C9orf72 repeat expansion (HR 2.7, 95% CI 1.2-6.0,  $p=0.02$ ).

In an exploratory analysis, we analysed the effect of the frontotemporal syndrome on survival in the non-ventilated group. Non-ventilated ALS patients with a frontotemporal syndrome showed a trend to a shorter survival compared to classic ALS patients without NIV (median 4.00 years, 95% CI 3.43-3.82 vs. 3.59 years 95% CI 2.55-4.62,  $p=0.06$ )

## DISCUSSION

In 110 patients with ALS we examined the effect of the presence of the frontotemporal syndrome on survival and NIV initiation and duration. We showed that the concomitant presence of the frontotemporal syndrome (behavioural changes, cognitive impairment or both) in patients with ALS is associated with a significantly shorter survival independent of other prognostic factors. We also found that the survival after NIV initiation was significantly shorter in ALS patients with a frontotemporal syndrome compared to classic ALS. Thus, our findings suggest an association between the frontotemporal syndrome and poor survival in ALS patients, which remains present following the initiation of NIV.

Known factors for a poor prognosis are older age at onset, early respiratory dysfunction, bulbar onset, short time to diagnosis and the presence of the C9orf72 repeat expansion.<sup>7-11</sup> Early respiratory dysfunction was not a relevant prognostic factor in our study, possibly because the median vital capacity (percentage of predicted value) of our patients was 84% at inclusion.<sup>18</sup>

Our study strengthens and extends findings from previous studies as our data robustly showed that not only cognitive changes, but also behavioural changes negatively affect survival in ALS.<sup>10, 12, 13, 15</sup> Importantly, for the assessment of behavioural changes we used a disease specific instrument which has shown to prevent overestimation of behavioural changes in ALS.<sup>17</sup>

NIV is a life-prolonging therapy in ALS and, therefore, an important variable to consider in survival studies in ALS.<sup>32</sup> Reports on analyses on NIV use provide clues on possible causes of reduced survival in ALS patients with a frontotemporal syndrome.<sup>10, 15</sup> We showed that in particular ALS patients with behavioural changes (and not cognitive changes) less often initiated NIV, and that ALS patients with a frontotemporal syndrome had a shorter survival after NIV initiation compared to classic ALS patients. Our data, due to relatively low numbers, do not enable us to differentiate whether apathy, disinhibition or dysexecutive behaviour mediates this difference. An association between frontotemporal dysfunction and either the initiation of NIV, or survival following

NIV, has been shown by others.<sup>12, 15</sup> Our study extends these findings and suggests that a shorter survival due to a frontotemporal syndrome can be explained by both a lower proportion of ALS patients (with a frontotemporal syndrome) initiating NIV, and a shorter survival of ALS patients with a frontotemporal syndrome, following NIV.<sup>12, 15</sup> Larger cohorts are needed to confirm this association and other issues. In particular, more data should be obtained on compliance with NIV, the role of patients, proxies and physicians in the decision-making process, and on end of life practices in ALS patients with the frontotemporal syndrome.<sup>33-35</sup> In addition, a study in a larger cohort may elucidate the impact of different aspects of behavioural changes in ALS (i.e., apathetic vs disinhibited type).<sup>36</sup>

In addition to the strengths of our study, some limitations need to be addressed. The assessment of behavioural changes and cognitive impairment differed slightly between the two cohorts. However, no differences in outcomes were shown between the cohorts. We included more prevalent than incident patients, i.e. the disease duration was more than one year in most patients. This is reflected by a relatively long survival of the cohort, probably due to a lower proportion of patients with a rapid disease course. The cognitive testing in one cohort focused on executive functions, which may have resulted in an underestimation of cognitive deficits, because other cognitive domains can be affected in ALS, even in the absence of executive deficits. As fluency is an important aspect of executive functioning, the association of cognitive dysfunction with survival in our study may have in part been driven by executive dysfunction, thus corroborating previous findings from Elamin et al.<sup>10, 37-39</sup> Due to small numbers we were not able to perform multivariate analysis in the subgroups (i.e. patients with only cognitive impairment, patient with only behavioural changes, and patients with both). Finally, we were unable to retrieve sufficient data on the initiation and duration of feeding by gastrostomy.

In conclusion, we have shown an effect of the frontotemporal syndrome on survival in ALS, which is in part related to a shorter NIV use as compared to classic ALS patients. These findings underline the importance of the assessment of cognitive impairment and behavioural changes in ALS patients and contribute to a better understanding of prognostic factors in ALS.

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# 10

General discussion

In this thesis we aimed to investigate the profile and course of (mild) cognitive and behavioural impairment in amyotrophic lateral sclerosis (ALS). Furthermore, we developed easy-to-use tools for the detection of cognitive and behavioural impairment in ALS patients in daily clinical practice.

### **Part 1. Cognitive and behavioural impairment in ALS and behavioural variant FTD**

In 2010 we investigated the cognitive profile of ALS by means of a meta-analysis.<sup>1</sup> At that time, sixteen neuropsychological studies in ALS patients were eligible for inclusion, which resulted in effect sizes with wide confidence intervals for multiple cognitive domains. Since 2010, the interest in cognitive impairment in ALS has grown, which led to the publication of many neuropsychological studies in ALS. We therefore updated the meta-analysis (**chapter 2**) in order to more precisely determine the cognitive profile of ALS. The main finding of our meta-analysis was the extent of impairment of social cognition in ALS patients, compared to healthy controls. Social cognition is a complex cognitive domain which encompasses both theory of mind (ToM) and emotion recognition. Studies in bvFTD have shown important deficits of social cognition, which may be the hallmark of frontal degeneration.<sup>2,3</sup> Decline in social cognition has even been shown in presymptomatic FTD mutation carriers, approximately 6 years before symptom onset.<sup>4</sup> In ALS, social cognition has only recently been recognized and our meta-analysis included 6 studies that investigated social cognition, of which 5 investigated either ToM or emotion recognition. Only recently, it is considered a key element of the cognitive profile and is as such included in the criteria for cognitive impairment in ALS.<sup>5</sup> The impact of social cognition deficits in ALS patients may not be fully elucidated; the literature on bvFTD reveals that the loss of empathy in bvFTD patients does not only result in an increased caregiver burden, but can also lead to marital problems.<sup>6,7</sup> Therefore, in bvFTD, studies are currently focussing on therapies to improve social cognition, both pharmacologically and with psychosocial interventions.<sup>8-10</sup> In light of these findings studies on the impact of social cognition deficits both in the ALS patient and their caregiver are needed. When deficits in social cognition are suspected it can be advised to offer more psychological support to the caregiver.

Another important finding of our meta-analysis was the important role of verbal memory in the cognitive profile of ALS. Over the years there has been much debate about the presence of memory deficits in ALS. The main issue with the assessment of (verbal) memory is that it also requires other cognitive functions, such as executive functions.<sup>11,12</sup> It has been suggested previously that memory impairment in ALS cannot be fully explained by the presence of executive dysfunction.<sup>13</sup> In the current criteria for cognitive impairment in ALS the

presence of isolated memory deficits is not sufficient for a diagnosis of cognitive impairment in ALS (ALS-CI).<sup>5</sup> In the Edinburgh Cognitive and Behavioural ALS Screen (ECAS), memory tests are included in the ALS non-specific part of the screen.<sup>14</sup> However, imaging studies performed by our research group and others have shown evidence of hippocampal volume loss in ALS patients with verbal memory deficits (immediate and delayed story recall).<sup>15,16</sup> Evidence of functional connectivity changes and degeneration in the hippocampus and Papez circuit in ALS has also been found by others.<sup>17-19</sup>

It remains unclear whether this evidence should give memory impairment a more important role in the ALS clinic, i.e. should we specifically ask about memory deficits when we suspect cognitive impairment? When we examined the literature on behavioural changes in MND-FTD patients (**chapter 4**) we found that the most frequently reported symptom was memory impairment, albeit not a behavioural symptom. The lay term 'memory impairment' might be used to describe cognitive decline in general. In our study examining the validity of the ALS-FTD-Q (**chapter 7**) we found that the item 'your partner has more problems with memory' had a good item – total score correlation, indicating that it attributes equally to the scale as the behavioural items. The same applies to three other items investigating attention and orientation. It might therefore be wise to ask the proxy about memory impairment in the outpatient clinic, as it might provide an easy insight in the presence of cognitive impairment, the precise nature of which could be examined in more detail, if needed.

### **Cognitive impairment in bvFTD**

Cognitive impairment in bvFTD is often overshadowed by the presence of severe behavioural impairment and is not a prerequisite for a diagnosis of bvFTD.<sup>20</sup> The bvFTD criteria specify the existence of impairment in executive functioning, with relative sparing of episodic memory and visuospatial functions. Other cognitive domains, such as social cognition, language and attention are not mentioned. The complete cognitive profile of bvFTD has never been systematically examined and the "cognitive" overlap with ALS is not known. In **chapter 3** we therefore performed a systematic review and meta-analysis of the literature on cognitive impairment in bvFTD and compared this with our meta-analysis of the cognitive profile of ALS. We showed that the cognitive profile of bvFTD consists of deficits in social cognition, verbal memory, fluency and other executive functions. There was a considerable overlap between the cognitive profiles of bvFTD and ALS, indicated by a high correlation coefficient of the ALS-specific cognitive domains. We excluded the domain language from this analysis, because language showed a relatively higher effect size in ALS patients than in bvFTD patients. This difference is probably related to the exclusion of

patients with language variants of FTD in the bvFTD meta-analysis, as opposed to the ALS meta-analysis.

The important role of verbal memory impairment in bvFTD was somewhat surprising, as the current diagnostic criteria report a relative sparing of episodic memory.<sup>20</sup> In our study we were not able to examine the complex interplay between executive functions and memory deficits. Even though the effect size of executive functions was smaller than the effect size of verbal memory, this does not rule out an interaction between the two domains. As described previously, evidence of hippocampal involvement in ALS has been shown.<sup>15, 17, 18</sup> Imaging studies in bvFTD have also shown a lower metabolism in the anterior parahippocampal and inferior temporal gyri in bvFTD patients, as well as atrophy of multiple brain regions including the right anterior hippocampus, anterior cingulate cortex and left paracingulate gyrus.<sup>21-23</sup> Therefore, it has been proposed that both an amnesic variant and non-amnesic variant of bvFTD exist.<sup>24</sup>

### **Behavioural impairment in ALS**

Behavioural impairment, which is the hallmark of bvFTD, also plays a significant role in ALS, as it negatively influences caregiver burden and caregiver's quality of life.<sup>25-27</sup> It has been assumed that the behavioural changes in ALS patients are consistent with those found in bvFTD, although this has never been systematically examined. It is clinically relevant to gather evidence of the overlap of behavioural symptoms between both diseases, as behavioural questionnaires developed for FTD are also being used in the ALS population. The application of FTD questionnaires in the ALS population poses another problem, namely the bias that occurs due to motor and speech impairment. For example, a question such as 'the patient moves around less' which aims to examine the presence of apathy might be falsely positive in an ALS patient who has lost the ability to walk. In **chapter 4**, we therefore aimed to determine the most frequent behavioural changes in ALS, in order to develop a new behavioural questionnaire for ALS patients (**chapter 7**). We systematically reviewed the literature on behavioural changes in motor neuron disease - FTD patients (MND-FTD), which consisted mostly of small case series and case reports. We also included patients with progressive muscular atrophy and primary lateral sclerosis in the study, because cognitive and behavioural impairment has also been found in these disease variants.<sup>28, 29</sup> The inclusion of patients with other MND variants may have increased the heterogeneity in our study, although the vast majority of included patients was diagnosed with ALS.

When looking specifically at ALS, we found nine cohort studies reporting on the frequency of ALS-FTD, which was approximately 8%. The frequency of mild to moderate behavioural impairment had a wide range from 17% to 88% due to the variation in methodology. In these studies, behavioural changes were evaluated in an interview with the proxy or with a behavioural questionnaire. These questionnaires were not specifically designed to measure behavioural impairment in ALS patients. Since 2011, multiple behavioural questionnaires, specifically designed for ALS patients, have been developed and many studies have used these screening tools. This has allowed for a better estimate of the frequency of behavioural changes, i.e. 13% to 48%.<sup>14, 30-36</sup> However, the frequency estimate still has a broad range, which is probably, at least partially related to heterogeneity among studies, i.e. diverging disease duration and physical impairment.

Our systematic review on behavioural changes in MND-FTD patients showed that the most frequently reported behavioural changes include perseveration, apathy, disinhibition, loss of disease insight and indifference. Memory complaints were also frequently reported, but are not considered a behavioural symptom. One of the limitations of this study is that the results cannot be directly compared to bvFTD patients, and therefore, it is not clear whether the behavioural profiles of these two diseases are similar. To the best of our knowledge, there have only been two studies comparing the behavioural symptoms of ALS-bvFTD patients and bvFTD patients. Both studies found a different behavioural profile in bvFTD as compared to ALS-bvFTD patients, with more social disinhibition, dietary changes (binge eating and altered food preferences), inertia and complex repetitive behaviours in bvFTD patients.<sup>37, 38</sup> However, the largest study (56 ALS-FTD patients and 185 bvFTD patients) had a retrospective study design which relied on information from clinical records, which might have resulted in reporting bias.<sup>37</sup> The other study included small groups of 23 bvFTD patients and 20 ALS-FTD patients.<sup>38</sup> When comparing the most frequently reported symptoms in our systematic review to the current diagnostic criteria for bvFTD they show great resemblance.<sup>20</sup> The only exception being the prominent role of hyperorality and dietary changes in the criteria, which occurred only in 4.1% of the patients in our review. Future studies should prospectively investigate behavioural symptoms in a large group of ALS, ALS-bvFTD and bvFTD patients in order to determine the behavioural profile of all three diseases. It is not only important to determine the overlap, but also to investigate the differences between ALS and FTD. Specific behavioural symptomatology could provide insight into the involvement of different brain regions in these three diseases. Together with imaging and pathological studies in these patient groups, this could contribute to a clearer understanding of the pathophysiology underlying both diseases.

## Part 2. Screening for cognitive and behavioural impairment

Given the above, it is crucial to define the complete clinical picture in every ALS patient. The gold standard to diagnose cognitive impairment is an extensive neuropsychological examination (NPE), but tests need to be adjusted for motor and speech impairment when used in ALS patients. An NPE might not be available in every ALS clinic and is also time-consuming. Behavioural changes are typically examined with a thorough interview with the patients' caregiver, but such an interview is quite long and there might not be enough time during a full consultation schedule at the outpatient clinic. Therefore, short screening tools, which exclude bias due to motor or speech impairment and are easy to administer and widely applicable, could be beneficial to obtain a quick insight into the presence of cognitive and behavioural impairment.<sup>39</sup>

There are some issues as regards assessment of cognitive impairment in ALS patients. An NPE requires intact dexterity and speech, as many neuropsychological tests are time-dependent, which is clearly an issue in ALS patients. We showed that a frequently used screening tool for frontal dysfunction, the Frontal Assessment Battery (FAB), cannot be completed by approximately 20% of ALS patients. Also, a correlation between the FAB and the ALS functional rating scale – revised, i.e. a measure of physical and respiratory disability, was found, indicating that at least part of the FAB score is related to physical impairment.<sup>40</sup> These results indicate the need for adapted neuropsychological tests for ALS patients that do not require intact dexterity or speech.

One of the most frequently used, and frequently impaired tests in ALS is the verbal fluency test. The patient is asked to name as many words starting with the same letter in one minute. One can imagine that slurred speech results in a reduced number of words per minute. An alternative is the written verbal fluency, however normative data of this test is not available. Therefore, the verbal fluency index was developed, in which the thinking time per word is calculated  $((60 \text{ seconds} - \text{time to read the words aloud}) / \text{number of produced words})$ . In **chapter 5** we provided normative data for the Dutch verbal fluency index based on a cohort of 273 healthy volunteers. In this study the fluency index was calculated for verbal fluency with the letter 'D'. This letter is comparable in terms of difficulty to the letters 'F' and 'S' in English. One of the limitations of this study is that it does not provide normative data for other fluency tests, such as category fluency, which is also a frequently used test in ALS. Both tests rely on frontal and temporal lobe functions, but the letter fluency test depends more on frontal lobe function, whereas retrieval in the category fluency test is more associated with the temporal lobe.<sup>41, 42</sup> It has also been suggested that letter fluency is associated with educational level, whereas

category fluency is associated with age.<sup>43</sup> Therefore, our normative data for the letter fluency test cannot be directly translated to the category fluency test and normative data for the category fluency index should be investigated separately.

### Screening for cognitive impairment in ALS

The development of normative data for adjusted neuropsychological tests facilitates the examination of cognitive impairment in ALS patients. This is needed as the current consensus criteria for frontotemporal dysfunction in ALS recommend screening for cognitive impairment in every ALS patient.<sup>5</sup> When cognitive impairment is suspected based on the screening results, a complete neuropsychological examination is advised.

At the start of this thesis screening instruments specifically designed for cognitive impairment in ALS were lacking. The available screening instruments were either too general (e.g. Mini Mental State Examination, Montreal Cognitive Assessment) or did not adjust for impaired dexterity and speech (FAB, Addenbrooke's cognitive examination revised). Therefore, in **chapter 6** we described the development and clinimetric properties of a new screening tool, the ALS-FTD-Cognitive screen. The cognitive domains covered in our new screen, i.e. social cognition, letter fluency, verbal memory and language were chosen based on the cognitive profile of ALS, described in **chapter 2**. We included neuropsychological tests that did not rely on dexterity and speech, with available normative data. The ECAS was published during our study and is currently the most frequently used screen in ALS.<sup>14</sup> We therefore compared both screening tools with a complete neuropsychological examination in a subset of our study population. We found moderate clinimetric properties of the ALS-FTD-Cog, i.e. a sensitivity and specificity of 65% and 63.5%, respectively. The sensitivity and specificity of the ECAS, measured in a smaller group of patients, were good (83.3% and 91.3%, respectively).

One of the possible explanations for the disappointing clinimetric properties of the ALS-FTD-Cog might be the inclusion of the 'faux pas test' as a measure of social cognition. The task consists of multiple short stories, half of which contain a faux pas. The examinee is asked whether a faux pas was present and if so, how the person who was offended would feel. When administering the screen, we noticed difficulties, both in patients and healthy controls to understand the instructions. Especially attributing an emotion to the situation at hand proved cumbersome and many test subjects named multiple emotions. Unfortunately, there is no literature about this type of difficulties of the faux pas test and the observation in our cohort is therefore not supported by evidence. In addition, there are other studies that suggest the faux pas test might have less

discriminative potential between FTD and other neurodegenerative diseases, although this is contradicted by others.<sup>2, 44, 45</sup>

Due to moderate clinimetric properties of the ALS-FTD-Cog, we do not recommend its use in ALS patients. The sensitivity and specificity of the ALS-FTD-Cog in our group of bvFTD patients were very high (94.4% and 100%, respectively), which could indicate that it can be used in this patient category to identify cognitive impairment. However, cognitive screens are most informative at the moment of diagnosis, whereas our bvFTD patients were mostly prevalent cases, reflected by a disease duration ranging from 9 to 166 months. Consequently, most patients had an advanced disease stage and severe cognitive impairment, which was corroborated by the NPE. We do not expect preserved clinimetric properties in bvFTD patients with less advanced disease, as we have shown only moderate sensitivity and specificity in our cognitively less impaired ALS patients.

#### **Other cognitive screening tools for ALS patients**

Currently there are other cognitive screening tools available for use in ALS patients, namely the ALS-Brief Cognitive Assessment (ALS-BCA), the ALS Cognitive Behavioral Screen (ALS-CBS), the Penn State Screening examination of Frontal and Temporal dysfunction Syndromes (PSSFTS) and the University of California San Francisco – Screening Battery (UCSF-SB).<sup>46</sup> We recommend to compare these screening tools in a large cohort study, in order to select the screen with the best clinimetric properties.

#### **Screening for behavioural impairment in ALS**

In **chapter 7** we described the development and validation of the amyotrophic lateral sclerosis – frontotemporal dementia – questionnaire (ALS-FTD-Q). The selection of items for the questionnaire was based on our systematic review of behavioural changes presented in **chapter 4**. We included the most frequently reported behavioural symptoms in the questionnaire and examined the questionnaire in two ways. First, a pilot study was conducted to examine face-validity, in which 17 proxies of ALS patients filled out the ALS-FTD-Q. Afterwards a semi-structured interview was performed to determine whether the scale was user-friendly and to investigate if any behavioural symptoms were missing. The interviews revealed no difficulties with filling out the questionnaire and no missing behavioural changes. Second, a validation study was performed in a cohort of patients with ALS (n=103), patients with ALS-bvFTD (n=10), patients with bvFTD (n=25), patients with other neuromuscular diseases (n=39, without a known association with behavioural impairment) and disease controls (n=31) who were evaluated at the neurology outpatient clinic for other complaints (for example tremor or headache). The inclusion of patients with other

neuromuscular diseases allowed to account for the possible effect of chronic illness and motor disabilities on behaviour.

The clinimetric evaluation of the ALS-FTD-Q showed substantial internal consistency and a good item-total score correlation for most items. The items hypersexuality and euphoria had a lower correlation. These behavioural changes occur less frequently than most other items in the questionnaire (8.2% and 7.1%, respectively). The item hypersexuality was not always filled out, primarily because in some cases the proxy was a child or close friend of the patient. There also might be a taboo against talking about sexuality, especially in the older population. The second item, euphoria, might have been difficult to distinguish from compulsive laughter, which occurs as a pseudobulbar symptom in ALS. The construct validity, examined by correlating the ALS-FTD-Q with measures that investigate similar and different constructs was good. The inclusion of a healthy control group allowed us to establish a lower limit cut-off. A cut-off for severe behavioural changes was chosen based on the available data of ALS-bvFTD and bvFTD patients. The distinction between mild and severe behavioural changes is clinically important and allows to assess significant progression over time. This distinction is lacking in another frequently used ALS behavioural questionnaire, the Motor Neuron Disease Behaviour Scale (MiND-B), but is included in the Beaumont behavioural inventory (BBI) and the ALS cognitive behavioral screen (ALS-CBS).<sup>30-32</sup>

A recent review of all available cognitive and behavioural screens for ALS showed comparable results for the ALS-FTD-Q, BBI and ALS-CBS, all three of which cover all relevant behavioural domains.<sup>46</sup> One study directly compared the BBI to the ALS-FTD-Q showing an overall high correlation. However, the authors concluded that some behavioural aspects are not extensively measured by the ALS-FTD-Q, i.e. apathy, increased sensitivity to sensory stimuli and grammatical mistakes, and that the BBI might be more sensitive to detect these changes.<sup>47</sup> The BBI consists of 41 items compared to 25 items of the ALS-FTD-Q, and it is therefore not surprising that this allows for detection of more (subtle) changes. The aim of the development of the ALS-FTD-Q was to provide a quick screening tool for the most frequent behavioural changes, which could never replace a thorough interview with the patient's caregiver. It should be used in the outpatient clinic to screen for mild behavioural changes, as these often go undetected during the consultation.

Since the publication of the ALS-FTD-Q it has been translated in seven languages, including French, German and Japanese. A cross-cultural validation study of the Japanese version has been performed, which showed similar clinimetric properties.<sup>48</sup>

### Part 3. Course and implications of cognitive and behavioural impairment

The clinical overlap between ALS and FTD supports the existence of a disease spectrum with pure ALS and pure FTD on both ends. It is therefore logical to assume that mild cognitive and behavioural impairment in ALS is a precursor of full-blown FTD. However, there are only a few longitudinal cognitive and behavioural studies in ALS which show diverging results. Some studies found stable or even improved cognitive and/or behavioural test results at follow-up, whereas other studies did find some progression.<sup>33, 36, 49-52</sup> Most of these studies included 'prevalent' ALS patients, i.e. patients with diverging disease duration.<sup>50, 53-55</sup> ALS with a protracted disease course may well be a different variant in the MND spectrum than rapidly progressive ALS. When examining mostly patients with a protracted course this could introduce bias. To avoid bias, 'incident' ALS patients, i.e. patients with a disease duration of less than 12 months should be included. Confusingly, the term 'incident' is sometimes defined as less than twelve months from diagnosis. We consider the latter definition to be less accurate, as it is well known that a short diagnostic delay is associated with reduced survival.<sup>56</sup>

In **chapter 8** we described the results of a longitudinal cohort study of 'incident' ALS patients. We included 35 ALS patients with a median disease duration of eight months, 21 bvFTD patients and 18 healthy controls. At baseline 26% of ALS patients had mild cognitive and/or behavioural impairment and 20% had severe impairment. At follow-up six months later ten patients (36%) showed progression of cognitive and/or behavioural impairment. Even though our study sample was small, most of the 'progressors' (n=6, 60%) had developed mild impairment after 6 months. Three patients were impaired in one of the two categories (cognitive or behavioural impairment) at baseline and had developed impairment in the other category at follow-up. With this study we have shown that cognitive and behavioural impairment can not only develop, but also progress during the disease course. Even though we achieved a low attrition rate (20%), longitudinal studies in incident ALS patients can be challenging due to the fast progression of motor symptoms. When examining progression in a cohort of prevalent patients it should be noted that the follow-up period needs to be extended significantly. With a follow-up period of 6 to 12 months it is not surprising that most studies have failed to show progression of cognitive and behavioural symptoms over time. However, extending the follow-up period is complicated as performance on neuropsychological tests can be influenced by hypercapnia (caused by respiratory dysfunction) and the examination of patients in more advanced disease stages is burdensome.

### Non-invasive ventilation and survival in ALS patients with cognitive and behavioural impairment

The presence of cognitive and behavioural impairment will likely influence decisions about life-prolonging therapies and advance care planning. Especially in the case of progression of cognitive and behavioural impairment and the development of bvFTD it might no longer be possible to make shared medical or legal decisions.<sup>57-59</sup> Furthermore, it has been shown that life-prolonging therapies, such as non-invasive ventilation (NIV) are less often initiated in ALS patients with cognitive and behavioural impairment.<sup>60</sup> Whether this contributes to a reduced survival in this patient group was as yet unknown. Therefore, in **chapter 9** we examined the use of NIV in a cohort of prevalent ALS patients with and without cognitive and behavioural impairment and investigated the effect on survival. We found that survival is reduced in patients with cognitive and/or behavioural impairment (3.4 years vs. 5.6 years). However, the survival of patients without cognitive and behavioural impairment was longer than the median survival reported in the literature, which is most likely a reflection of the inclusion of prevalent patients. We also found that patients with behavioural impairment less often initiated NIV. Surprisingly, this was not seen in patients with cognitive or both cognitive and behavioural impairment. Our retrospective study design did not allow to evaluate whether the reduced initiation of NIV was the result of a decision made by the patient, caregiver, physician or any combination of the three.

It has been previously suggested that patients with cognitive and behavioural impairment have more difficulty with compliance to therapy, i.e. the correct use of the machine and use during the prescribed hours.<sup>61-63</sup> In our study we showed that patients with cognitive and behavioural impairment had a reduced survival after the initiation of NIV compared to patients without cognitive and behavioural impairment (6 months vs. 31 months). Only two patients discontinued NIV within one week after initiation and all other patients used NIV until death. However, data on the compliance with NIV were not available. The significantly shorter survival after the start of NIV does suggest that ALS with cognitive and behavioural impairment has a more aggressive course. When looking at the ALS-FTD disease spectrum, it is known that survival in ALS is much shorter than in FTD (3 vs. 8 years).<sup>64, 65</sup> It has also been shown that patients with ALS-FTD who present with signs of FTD have a longer survival than those who present with motor impairment.<sup>65</sup> This suggests that the involvement of motor neurons primarily determines the course of the disease. However, it has not yet been clarified why the development of cognitive and behavioural impairment during the course of ALS shortens survival. As we have shown in our study, it can only be partially explained by refusal of NIV. There is evidence of increased cortical and subcortical atrophy in patients with ALS

and cognitive and/or behavioural impairment.<sup>65-68</sup> One of the hypotheses for explaining the different patterns of atrophy among patients with pure motor signs and patients with concomitant cognitive and behavioural impairment includes differences in functional connectivity. There is evidence supporting a circuit-wise degeneration, leading to network failure.<sup>66, 69</sup> The involvement of different networks in ALS patients with cognitive and behavioural impairment compared to ALS patients with pure motor symptoms might therefore result in a faster disease progression. We therefore recommend future studies to focus on network analysis in cohorts of ALS, ALS-FTD and FTD patients in order to elucidate the degeneration of networks along the ALS-FTD disease continuum.

### **Future directions**

In this thesis we have shown that the cognitive profiles of ALS and bvFTD show considerable overlap and consist of deficits in social cognition, fluency, executive functions and verbal memory. The most prominent behavioural changes in ALS are perseveration, apathy and disinhibition. However, as discussed before, there also seem to be differences between the cognitive and behavioural profiles of ALS and bvFTD, i.e. language impairment is part of the cognitive profile of ALS and disinhibition, dietary changes and inertia are reported to occur more frequently in bvFTD. In our studies we included groups of ALS-bvFTD and bvFTD patients, not only to serve as positive controls, but also to investigate the overlap between ALS and FTD. The sample size of these patients included in these groups, in particular ALS-bvFTD was quite small. Future studies should include larger groups of ALS, ALS-bvFTD and bvFTD patients in order to further elucidate the cognitive and behavioural overlap, but also clarify the differences between the two disease entities. As circuit-wise degeneration has been proposed as the underlying mechanism of symptomatology in ALS and FTD, brain networks in clinically well characterized ALS, ALS-bvFTD and FTD patients should be investigated. A comparison with pathological findings could help unravel the pathogenesis of these neurodegenerative diseases. We have taken the first step in this direction by performing a longitudinal network analysis study in ALS patients (pure motor ALS, ALS with mild cognitive and/or behavioural impairment and ALS-bvFTD), bvFTD patients and healthy controls. All participants underwent structural and functional MRI (diffusion tensor imaging and resting state functional MRI) and magnetoencephalography. The aim was to correlate degeneration of specific tracts with abnormalities in resting state networks across the ALS-FTD disease spectrum. The results of this study are currently being analysed.

### ***Survival in ALS patients with cognitive and behavioural impairment***

It has been suggested that motor neuron degeneration in ALS and ALS-FTD primarily determines disease progression. Therefore, one might argue that concurrent cognitive or behavioural impairment does not negatively influence survival. However, in one of our studies (**chapter 9**) we have shown reduced survival in prevalent patients with cognitive and behavioural impairment, including ALS-bvFTD, as compared to ALS patients with a pure motor variant. This finding could not be reproduced in an exploratory survival analysis in our larger cohort study of incident patients (cohort described in **chapter 6**, analysis not included in this thesis). This could be related to the fact that the median survival in the latter cohort was quite short (23 months) and there was not enough power to detect smaller differences. Also, ALS-bvFTD patients were excluded from this analysis. The influence of mild cognitive and behavioural impairment and their underlying specific network changes on survival therefore remains unclarified. We recommend future studies to include a larger group of both incident and prevalent ALS patients and examine survival not only related to cognitive and behavioural impairment, but also in association with network analysis.

### ***Quality of life in ALS patients with cognitive and behavioural impairment***

In this thesis we focused on the course of mild cognitive and behavioural impairment and the impact on survival. However, we did not investigate the influence on quality of life. There is ample literature about quality of life in ALS patients and their caregivers.<sup>70-73</sup> It has also been extensively shown that quality of life of FTD patients and their proxies is reduced.<sup>74-76</sup> However, there is a lack of studies investigating the impact of cognitive and behavioural impairment on quality of life in ALS patients and their caregivers.<sup>77</sup> One study did show reduced quality of life of the caregiver in the presence of behavioural changes.<sup>27</sup> Future studies should focus on the effects of cognitive and behavioural impairment on both the patient and their caregiver. Especially since a cure for ALS is probably not available in the near future, there should be a focus on symptomatic treatment and support in the ALS clinic, in order to maintain the highest possible quality of life. Psychological interventions are often used in ALS clinics, but there is a paucity of literature on the effect on quality of life.<sup>78</sup> Another method to improve cognitive and behavioural impairment might be found in pharmacology. The safety and effect of intranasal oxytocin on social impairment in FTD patients has been investigated and a positive effect on apathy and the expression of empathy was found, in combination with augmented activity in brain regions associated with social cognition.<sup>9, 79</sup> Investigations of other drugs for the improvement of behavioural symptoms in FTD, such as selective serotonin reuptake inhibitors and dopaminergic drugs have shown diverging or even negative results.<sup>80, 81</sup> The possible role of



psychological and pharmacological interventions in ALS patients with cognitive and behavioural impairment remains to be investigated.

## CONCLUSION

In this thesis we have established the cognitive profile of ALS and bvFTD and have provided further evidence for the existence of an ALS-FTD disease continuum. We developed the ALS-FTD-Q which has excellent clinimetric properties and is currently being used worldwide to screen for behavioural impairment in ALS patients. We also constructed a cognitive screening tool, but unfortunately the clinimetric properties were less convincing than expected and therefore, we do not recommend its use in ALS patients. Furthermore, we have shown that 30% of ALS patients has progression of cognitive and behavioural impairment during the course of their disease, and we also provided evidence for a reduced survival in these patients.

### Practical considerations for healthcare professionals in ALS clinics

1. Screening tools for cognitive and behavioural impairment in ALS patients are feasible and can be incorporated in the ALS clinic.
2. Neuropsychological tests should be adapted for use in ALS patients, to prevent overestimation of cognitive impairment.
3. When diagnosing a patient with ALS it can be informative to ask the proxy about memory impairment, to gain insight into the possible presence of cognitive impairment.
4. Cognitive and behavioural impairment can develop during the disease course and we therefore recommend repeated screening of every ALS patient.
5. When deficits in social cognition are suspected it can be advised to offer more psychological support to the caregiver.

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# APPENDICES

**Summary**  
**Nederlandse samenvatting (Dutch summary)**  
**Abbreviations**  
**Contributing authors**  
**Research portfolio**  
**Publications**  
**About the author**  
**Dankwoord (acknowledgments)**

## SUMMARY

Cognitive and behavioural impairment are a key element of amyotrophic lateral sclerosis (ALS). There is evidence for the existence of a disease continuum with ALS and the behavioural variant of frontotemporal dementia (bvFTD) on both ends. In this thesis we aimed to develop screening instruments for cognitive and behavioural impairment in ALS that are free of bias due to motor and speech disturbances. In addition, we wanted to determine the profile and course of cognitive and behavioural impairment in early ALS patients.

### Part 1. Cognitive and behavioural impairment in ALS and behavioural variant FTD

In the first part of this thesis we provided a systematic analysis and comparison of the cognitive profile of ALS and bvFTD. In **chapter 2** we updated a meta-analysis of the cognitive profile of ALS including 44 articles and 1287 non-demented ALS patients. Due to the large number of patients we were able to further establish the cognitive profile of ALS, which consists of deficits in fluency, language, social cognition, executive functions and verbal memory with sparing of visuoperception. In comparison to the previous meta-analysis from 2010 the confidence intervals of the effect sizes were much smaller and we discovered an important new cognitive domain, i.e. social cognition. Currently, social cognition is included in the criteria for cognitive impairment in ALS, which is at least partly due to our meta-analysis.

In **chapter 3** we performed a similar systematic review of the literature on cognition in bvFTD. The hallmark of bvFTD is progressive behavioural change, but cognitive impairment can also occur. We hypothesized that the cognitive profiles of ALS and bvFTD would show a significant overlap. We found that the cognitive profile of bvFTD consists of impairment in the domains social cognition, verbal memory, fluency and executive functions. Language had a relatively smaller effect size in bvFTD than in ALS and is therefore not part of the cognitive profile. This is probably caused by the exclusion of language variants of FTD (semantic dementia and primary progressive aphasia) from the meta-analysis. We found a high correlation coefficient of the cognitive profiles of ALS and bvFTD, which was even higher when the cognitive domain language was excluded. With these two meta-analyses we have provided further evidence for the existence of an ALS-FTD disease continuum.

Because behavioural changes are the key feature of bvFTD we wanted to investigate the frequency of behavioural impairment in ALS and explore the most commonly reported behavioural symptoms. In **chapter 4** we therefore presented a systematic review of the literature regarding behavioural changes

in ALS. We found that the most common behavioural changes include perseveration, apathy and disinhibition. The frequency of mild behavioural impairment in ALS was examined in eight studies and had a wide range from 17% to 88%. This is probably related to the use of different questionnaires to detect behavioural change, none of which were validated for use in ALS patients.

### Part 2. Screening for cognitive and behavioural impairment

In the second part of this thesis we therefore aimed to develop screening instruments for cognitive and behavioural impairment in ALS patients. These screening instruments should not only account for impaired dexterity or slurred speech, but also for behavioural changes that are related to the process of grief and suffering from a chronic illness, in order to prevent overestimation of cognitive and behavioural impairment. One of the most frequently used cognitive tests in ALS patients is the verbal fluency task, as a measure of executive functions, in which the patient is asked to name as many words starting with the same letter in one minute. This test had previously been adapted to account for speech impairment in ALS patients. The adapted version, the verbal fluency index, calculates the thinking time per word. In **chapter 5** we provided normative data for the Dutch version of the verbal fluency index, corrected for age and educational level. Unfortunately, in our study we did not include the category fluency test (semantic fluency) and therefore normative data of this task are still lacking.

In **chapter 6** we presented the clinimetric properties of the ALS-FTD-Cognitive screen (ALS-FTD-Cog), a new screening instrument for cognitive impairment in ALS. Based on the meta-analysis presented in **chapter 2** we chose to include four tests, examining the domains social cognition, fluency, verbal memory and language. The clinimetric properties of our new screen were less than expected and also fell short of the Edinburgh Cognitive and Behavioural ALS Screen, which is currently a frequently used instrument worldwide. We therefore do not recommend the use of the ALS-FTD-Cog in ALS patients.

Based on our systematic review of behavioural changes in ALS we developed a behavioural questionnaire for ALS patients, the ALS-FTD-Questionnaire, which is described in **chapter 7**. The questionnaire consists of 25 items which need to be filled out by the proxy of the patient and requires about five to ten minutes. We not only included a large group of ALS patients and a healthy control group in the validation study, but also a group of ALS-bvFTD and bvFTD patients in order to determine the optimal cut-off value for severe behavioural changes. To account for behavioural changes related to chronic illness we also included patients with other neuromuscular diseases, such as inclusion body myositis,

which allowed us to determine the cut-off value for mild behavioural changes. Currently, the ALS-FTD-Q is a frequently used behavioural questionnaire in ALS clinics and research projects worldwide.

### **Part 3. Course and implications of cognitive and behavioural impairment**

In the third part of this thesis we focused on the course of cognitive and behavioural impairment in a cohort of early ALS patients with a disease duration of less than twelve months. In **chapter 8** we presented the results of a cohort of 35 ALS patients who underwent a neuropsychological examination at baseline and at six months. With a loss-to-follow-up of only 20% we found evidence of progression of cognitive and behavioural impairment in ten patients (36%). In this study we have convincingly shown that cognitive and behavioural impairment can not only develop during the course of the disease but also progress in one-third of the patients. This finding indicates that screening for cognitive and behavioural change should be performed in all patients.

At the start of this thesis there was no compelling evidence of reduced survival in ALS patients with cognitive and behavioural impairment. In **chapter 9** we investigated the influence of cognitive and behavioural impairment, including FTD on survival in two cohorts of prevalent ALS patients (i.e. with diverging disease duration). We found robust evidence of reduced survival in ALS patients with cognitive and behavioural impairment, even in patients who initiated non-invasive ventilation. This finding emphasizes that cognitive and behavioural impairment in ALS have important consequences and should not be overlooked. In accordance with the current criteria for cognitive and behavioural impairment in ALS, we therefore recommend screening for cognitive and behavioural impairment in every ALS patient throughout the course of the disease.

## **NEDERLANDSE SAMENVATTING (DUTCH SUMMARY)**

Cognitieve stoornissen en gedragsveranderingen maken een belangrijk onderdeel uit van amyotrofische laterale sclerose (ALS). Er is bewijs voor het bestaan van een ziekte continuüm met ALS en frontotemporale demantie (FTD) aan beide uiteinden. In dit proefschrift hebben wij ons gericht op de ontwikkeling van screeningsinstrumenten die niet gehinderd worden door lichamelijke beperkingen of spraakstoornissen, voor het vaststellen van cognitieve stoornissen en gedragsveranderingen bij ALS patiënten.

### **Deel 1. Cognitieve stoornissen en gedragsveranderingen bij ALS en gedragsvariant FTD**

In het eerste deel van dit proefschrift beschrijven wij een systematische analyse en vergelijking van het cognitieve profiel van ALS en gedragsvariant FTD. In **hoofdstuk 2** hebben wij een eerdere meta-analyse van het cognitieve profiel van ALS geactualiseerd, waarin 44 artikelen en 1287 niet-dementerende ALS patiënten zijn geïnccludeerd. Door deze grote groep patiënten waren wij in staat om het cognitieve profiel van ALS nog genuanceerder te bepalen; het bestaat uit afwijkingen in fluency, taal, sociale cognitie, executieve functies en verbaal geheugen, waarbij visuoperceptie gespaard is. In vergelijking met de meta-analyse uit 2010 waren de betrouwbaarheidsintervallen rondom de effectgroottes een stuk kleiner en hebben wij een belangrijk nieuw cognitief domein toegevoegd, namelijk sociale cognitie. Dit domein is, mede door onze meta-analyse, sinds kort ook opgenomen in de criteria voor cognitieve stoornissen bij ALS.

In **hoofdstuk 3** hebben wij een vergelijkbare systematische analyse uitgevoerd van de literatuur over cognitie in gedragsvariant FTD. Het belangrijkste kenmerk van gedragsvariant FTD is een progressieve verandering van het gedrag, echter kunnen cognitieve stoornissen ook optreden. Wij veronderstelden dat de cognitieve profielen van ALS en gedragsvariant FTD een grote overlap zouden tonen. Wij stelden vast dat het cognitieve profiel van gedragsvariant FTD afwijkingen in sociale cognitie, verbaal geheugen, fluency en executieve functies omvat. Het domein taal had een relatief kleinere effectgrootte bij gedragsvariant FTD dan bij ALS en maakt daarom geen deel uit van het cognitieve profiel. Dit is waarschijnlijk veroorzaakt doordat wij patiënten met een taalvariant van FTD (semantische demantie en primair progressieve afasie) uit de meta-analyse hebben geëxcludeerd. Wij vonden een hoge mate van correlatie tussen de cognitieve profielen van ALS en gedragsvariant FTD, wat zelfs toenam na de exclusie van het taaldomein. Met deze twee meta-analyses hebben we aanvullend bewijs geleverd voor het bestaan van een ALS-FTD ziekte continuüm.

Aangezien veranderingen in gedrag het belangrijkste kenmerk zijn van gedragsvariant FTD wilden wij niet alleen de frequentie van deze gedragsveranderingen bij ALS onderzoeken, maar ook nagaan welke specifieke gedragsveranderingen het vaakst voorkomen. Daarom presenteren wij in **hoofdstuk 4** een systematisch overzicht van de literatuur over gedragsveranderingen bij ALS. De meest voorkomende gedragsveranderingen waren perseveratie, apathie en disinhibitie. De frequentie van lichte gedragsveranderingen bij ALS was onderzocht in acht studies en had een grote spreiding van 17% tot 88%. Dit is waarschijnlijk gerelateerd aan het gebruik van verschillende vragenlijsten om gedragsveranderingen vast te stellen, die geen van allen gevalideerd waren voor gebruik bij ALS patiënten.

### Deel 2. Screenen op cognitieve stoornissen en gedragsveranderingen

In het tweede deel van dit proefschrift hebben wij ons gericht op de ontwikkeling van screeningsinstrumenten voor cognitieve stoornissen en gedragsveranderingen bij ALS patiënten. Deze screeningsinstrumenten moeten niet alleen rekening houden met verminderde behendigheid of onduidelijke spraak, maar ook met gedragsveranderingen die gerelateerd zijn aan het rouwproces en het lijden aan een chronische ziekte, om overschatting van cognitieve stoornissen en gedragsveranderingen te voorkomen. Een van de meest gebruikte cognitieve testen bij ALS patiënten is de verbale fluency test, als maat voor executieve functies, waarbij de patiënt gevraagd wordt zo veel mogelijk woorden met dezelfde beginletter op te noemen binnen een minuut. Deze test is al eerder aangepast zodat rekening wordt gehouden met spraakstoornissen van ALS patiënten. Deze aangepaste versie, de verbale fluency index, berekent de denktijd per woord. In **hoofdstuk 5** verschaffen wij normscores voor de Nederlandse versie van de verbale fluency index, gecorrigeerd voor leeftijd en opleidingsniveau. Helaas was de categorie fluency test (semantische fluency) niet in onze studie opgenomen, waardoor normscores voor deze test nog steeds ontbreken.

In **hoofdstuk 6** beschrijven wij de klinimetrische eigenschappen van de ALS-FTD-Cognitieve screen (ALS-FTD-Cog), een nieuw screeningsinstrument voor cognitieve stoornissen bij ALS. Gebaseerd op onze meta-analyse beschreven in **hoofdstuk 2** hebben wij ervoor gekozen om vier testen in de screen op te nemen, waarmee sociale cognitie, fluency, verbaal geheugen en taal worden onderzocht. De klinimetrische eigenschappen van ons nieuwe screeningsinstrument waren minder dan verwacht en waren daarnaast ook minder goed dan die van de Edinburgh Cognitive and Behavioural ALS Screen. Dit screeningsinstrument wordt tegenwoordig wereldwijd veel gebruikt. Wij bevelen het gebruik van de ALS-FTD-Cog daarom niet aan bij ALS patiënten.

Gebaseerd op onze systematische analyse van gedragsveranderingen bij ALS hebben we een gedragsvragenlijst ontwikkeld voor ALS patiënten, de ALS-FTD-Questionnaire, die wordt beschreven in **hoofdstuk 7**. De vragenlijst bestaat uit 25 items die door de naaste van de patiënt ingevuld worden en neemt ongeveer vijf tot tien minuten in beslag. We hebben niet alleen een grote groep ALS patiënten en gezonde controles geïncludeerd in de validatiestudie, maar ook een groep van ALS-FTD patiënten en gedragsvariant FTD patiënten zodat de optimale afkapwaarde voor ernstige gedragsveranderingen vastgesteld kon worden. Om rekening te kunnen houden met gedragsveranderingen gerelateerd aan het lijden aan een chronische ziekte hebben wij ook patiënten met andere spierziekten geïncludeerd, zoals inclusion body myositis. Hierdoor konden wij de optimale afkapwaarde voor lichte gedragsveranderingen bepalen. Momenteel is de ALS-FTD-Q wereldwijd een veel gebruikte gedragsvragenlijst in ALS klinieken en onderzoekprojecten.

### Deel 3. Beloop en gevolgen van cognitieve stoornissen en gedragsveranderingen

In het derde deel van dit proefschrift hebben wij ons gefocust op het beloop van cognitieve stoornissen en gedragsveranderingen in een cohort van 'vroeg' ALS patiënten met een ziekte duur van minder dan twaalf maanden. In **hoofdstuk 8** bespreken wij de resultaten van een cohort van 35 ALS patiënten die zowel bij inclusie als na zes maanden een neuropsychologisch onderzoek hebben ondergaan. Met een uitval van slechts 20% na zes maanden hebben wij bewijs gevonden van progressie van cognitieve stoornissen en gedragsveranderingen in tien patiënten (36%). In deze studie tonen wij overtuigend aan dat cognitieve stoornissen en gedragsveranderingen niet alleen kunnen ontstaan tijdens het ziektebeloop, maar ook kunnen verergeren bij een derde van de patiënten. Deze bevinding duidt aan dat alle ALS patiënten gescreend moeten worden op cognitieve stoornissen en gedragsveranderingen.

Aan het begin van het onderzoek dat wordt beschreven in dit proefschrift was er geen overtuigend bewijs voor kortere overleving van ALS patiënten met cognitieve stoornissen en gedragsveranderingen. In **hoofdstuk 9** hebben wij daarom de invloed van cognitieve stoornissen en gedragsveranderingen, waaronder ook FTD, onderzocht in twee cohorten van prevalentie ALS patiënten (dat wil zeggen patiënten met een variërende ziekte duur). Wij vonden robuust bewijs voor een kortere overleving van patiënten met cognitieve stoornissen en gedragsveranderingen, zelfs bij patiënten die waren gestart met non-invasieve beademing. Deze bevinding benadrukt dat cognitieve stoornissen en gedragsveranderingen belangrijke gevolgen hebben en daarom niet over het hoofd gezien moeten worden. In overeenstemming met de geldende criteria voor cognitieve stoornissen en gedragsveranderingen bij ALS adviseren wij

daarom om alle ALS patiënten gedurende hun ziektebeloop te screenen op cognitieve stoornissen en gedragsveranderingen.

## ABBREVIATIONS

ACE-R:	Addenbrooke's cognitive evaluation – revised
ALS:	amyotrophic lateral sclerosis
ALSbi:	ALS with behavioural impairment
ALS-CBS:	ALS cognitive behavioral screen
ALSci:	ALS with cognitive impairment
ALSFRS-R:	ALS functional rating scale – revised
ALS-FTD:	amyotrophic lateral sclerosis – frontotemporal dementia
ALS-FTD-Cog:	amyotrophic lateral sclerosis – frontotemporal dementia – cognitive screen
ALS-FTD-Q:	amyotrophic lateral sclerosis – frontotemporal dementia – questionnaire
ALSSS:	ALS severity scale
AMC:	academic medical center
ANOVA:	analysis of variance
AUC:	area under the curve
AVLT:	auditory verbal learning test
A $\beta$ 42:	amyloid beta 42
b:	bulbar onset
BDI:	Beck depression inventory
BI:	behavioural impairment
BNT:	Boston naming test
BPVS:	British picture vocabulary scale
BTO(T):	Benton temporal orientation test
Bv-FTD:	behavioural variant – frontotemporal dementia
C9orf72:	chromosome 9 open reading frame 72
CBI-R:	Cambridge behavioural inventory – revised
CDR:	clinical dementia rating scale
CI:	confidence interval <i>or</i> cognitive impairment
CSF:	cerebrospinal fluid
DART:	Dutch adult reading test
ECAS:	Edinburgh Cognitive and Behavioural ALS Screen
FAB:	frontal assessment battery
FBI(-ALS):	frontal behavioural inventory (– ALS)
FCSRT:	free and cued selective reminding test
f-FTD:	frontal variant frontotemporal dementia
FPT:	faux pas test
FrSBe:	frontal systems behavior scale
FS:	frontotemporal syndrome
FTD:	frontotemporal dementia
FTD-FRS:	FTD – functional rating scale



FTLD:	frontotemporal lobar degeneration	RME:	reading the mind in the eyes test
FUS:	RNA binding protein Fused in Sarcoma	RMT:	recognition memory test
FVC:	forced vital capacity	SD:	standard deviation
HADS:	hospital anxiety and depression scale	SDMT:	symbol digit modalities test
HC:	healthy controls	SDST:	symbol digit substitution test
HR:	hazard ratio	SOD1:	superoxide dismutase 1
IGT:	Iowa gambling test	SYDBAT:	Sydney language battery
ISCED:	international standard classification of education	TASIT:	the awareness of social inference test
JOLO:	judgment of line orientation	TDP43:	TAR DNA-binding protein
l:	limb onset	TMT:	trail making test
lb:	limb and bulbar onset	ToM:	theory of mind
LNS:	letter number sequencing	UCSF-SB:	University of California San Francisco – screening battery
MAPT:	microtubule-associated protein tau	VFI:	verbal fluency index
MDRS:	Mattis dementia rating scale	VOSP:	visual object and space perception battery
MIND-B:	motor neuron disease behaviour scale	w/o:	without
MMSE:	mini mental state examination	WAB:	Western aphasia battery
MND:	motor neuron disease	WCST:	Wisconsin card sorting test
MND-(bv)FTD:	motor neuron disease – (behavioural variant) frontotemporal dementia	$\tau$ :	tau
MOCA:	Montreal cognitive assessment	%pred:	percentage of predicted
MTL:	medial temporal lobe	%predVC:	percentage of predicted forced vital capacity
N:	number	VAT:	visual association test
NA:	not applicable	WAIS:	Wechsler adult intelligence scale
ng:	not given		
NIV:	non-invasive ventilation		
NOS:	Newcastle—Ottawa quality assessment scale		
NPE:	neuropsychological examination		
NPI:	neuropsychiatric inventory		
PAN:	population-based epidemiological ALS-study in the Netherlands		
PET:	positron emission tomography scan		
PGRN:	progranulin		
PLS:	primary lateral sclerosis		
PMA:	progressive muscular atrophy		
PPTT:	pyramid and palm trees test		
PPVT:	Peabody picture vocabulary test		
PSSFTS:	Penn state screening examination of frontal and temporal dysfunction syndromes		
p- $\tau$ :	phosphorylated tau		
RAVLT:	Rey auditory verbal learning test		
RBMT:	Rivermead behavioral memory test		
RCF:	Rey complex figure test		

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Scientific Writing in English for Publication	2014	1.5
Re-registration BROK	2016	0.2
(INTER)NATIONAL CONFERENCES	Year	ECTS
European ALS congress <i>Poster presentation</i>	2009	1.0
International MND symposium <i>Poster presentation</i>	2009	1.0
Scientific meeting NVN <i>Poster presentation</i>	2013	0.6
International MND symposium <i>Poster presentation</i>	2013	1.0
Dutch ALS symposium <i>Oral presentation</i>	2014	0.3
ALS Stakeholder symposium <i>Oral presentation</i>	2014	0.3
International MND symposium <i>Two poster presentations</i>	2014	1.0
International Research Meeting on FTD in ALS <i>Poster presentation and pitch</i>	2015	1.0
Patient information day Spierziekten Nederland <i>Oral presentation</i>	2015	1.0
Clinical meeting Amsterdamsche Neurologen Vereeniging <i>Oral presentation</i>	2018	0.5
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Supervising home visits J. Warendorf	2013-2014	0.5
Lecture on ALS-FTD, De Vogellanden Zwolle	2014	0.1
Supervising master thesis R.A.A.M. Govaarts	2014	2.0
Supervising master thesis V. Westendorp	2014-2015	2.0
PARAMETERS OF ESTEEM	Year	
Grant from Stichting ALS Nederland	2013	
2 <sup>nd</sup> price poster pitch International Research Meeting	2015	

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*Submitted*

Progression of cognitive and behavioural impairment in early amyotrophic lateral sclerosis

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De overige commissieleden: prof. dr. J.M. Spikman, prof. dr. E.H.F. de Haan, prof. dr. P.M.M. Bossuyt, prof. dr. P. Scheltens, prof. dr. R.M.A. de Bie en prof. dr. J.H. Veldink.

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Mijn kamergenoten op H2-235.

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