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A bright, high rotation-measure FRB that skewers the M33 halo

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ABSTRACT

We report the detection of a bright fast radio burst, FRB 191108, with Apertif on the Westerbork Synthesis Radio Telescope. The interferometer allows us to localize the FRB to a narrow $5 \text{ arcsec} \times 7 \text{ arcmin}$ ellipse by employing both multibeam information within the Apertif phased-array feed beam pattern, and across different tied-array beams. The resulting sightline passes close to Local Group galaxy M33, with an impact parameter of only 18 kpc with respect to the core. It also traverses the much larger circumgalactic medium (CGM) of M31, the Andromeda Galaxy. We find that the shared plasma of the Local Group galaxies could contribute ~ 10 per cent of its dispersion measure of 588 pc cm^{-3} . FRB 191108 has a Faraday rotation measure (RM) of $+474 \pm 3 \text{ rad m}^{-2}$, which is too large to be explained by either the Milky Way or the intergalactic medium. Based on the more moderate RMs of other extragalactic sources that traverse the halo of M33, we conclude that the dense magnetized plasma resides in the host galaxy. The FRB exhibits frequency structure on two scales, one that is consistent with quenched Galactic scintillation and broader spectral structure with $\Delta\nu \approx 40 \text{ MHz}$. If the latter is due to scattering in the shared M33/M31 CGM, our results constrain the Local Group plasma environment. We found no accompanying persistent radio sources in the Apertif imaging survey data.

Key words: fast radio bursts.

1 INTRODUCTION

Fast radio bursts (FRBs) are extragalactic radio pulses, of which approximately 110 have been discovered to date (Lorimer et al. 2007; Petroff et al. 2016). They are short duration (μs – ms), bright (0.01–100 Jy peak flux density), highly dispersed, and relatively common

($\sim 10^3 \text{ sky}^{-1} \text{ d}^{-1}$ above 1 Jy, Cordes & Chatterjee 2019; Petroff, Hessels & Lorimer 2019). The most pressing questions in FRB science fall into two broad categories: What causes these mysterious bursts? And, how can they be put to use?

In the former class of questions, significant progress has been made in the past several years. A subset of FRBs has been found to repeat, the first of which was the Arecibo-discovered FRB 121102 (Spitler et al. 2014, 2016). Eighteen repeaters have been detected with the Canadian Hydrogen Intensity Mapping Experiment (CHIME) (CHIME/FRB Collaboration et al. 2019b, c; Fonseca et al. 2020) as

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well as one from the Australian SKA Pathfinder Telescope (ASKAP; Kumar et al. 2019). It is still unclear if the sources that have not been seen to repeat are of a distinct class of once-off events, or if their repetition statistics (rate, temporal clustering, luminosity function, etc.) are such that they are difficult to detect more than once with most telescopes (e.g. Kumar et al. 2019). Real-time arcsecond localization has allowed for host galaxy identifications, shedding light on the variety of galaxies in which FRBs reside (Bannister et al. 2019; Ravi et al. 2019). Very long baseline interferometry (VLBI) follow up of repeating FRBs has provided milliarcsecond localization, which has been essential in understanding the nearby progenitor environment (Marcote et al. 2017; Chatterjee et al. 2017; Tendulkar et al. 2017; Bassa et al. 2017; Michilli et al. 2018; Marcote et al. 2020).

In the FRB applications category, the theoretical proposals that have been put forward range from intergalactic medium (IGM) and circumgalactic medium (CGM) studies (McQuinn 2014; Prochaska & Zheng 2019; Vedantham & Phinney 2019), to gravitational lensing (Muñoz et al. 2016; Eichler 2017) and cosmology (Walters et al. 2018). Recently, progress has been made in putting such proposals into practice (Ravi et al. 2016; Prochaska et al. 2019).

In this paper, we report the detection of FRB 191108 with the Apertif Radio Transient System (ARTS) on the Westerbork Synthesis Radio Telescope (WSRT). This source has a Faraday rotation measure (RM) = $+474 \pm 3 \text{ rad m}^{-2}$, which is an order of magnitude larger than the expected Galactic and IGM contributions. It also passes through the halo of Local Group galaxy M33 (The Triangulum Galaxy) with a best-fitting impact parameter of just 18 kpc. The M33 halo is embedded in the much-larger galactic halo of M31 (The Andromeda Galaxy), which we expect to also impact the propagation of the pulse. In Section 2, we briefly describe the discovery pipeline. We present the burst discovery and localization efforts in Section 3, and discuss RM and repetition constraints in Section 4 and conclude in Section 5.

2 ARTS PIPELINE

The ARTS searches for radio pulses using ten 25-m dishes of the WSRT equipped with the new Apertif phased-array feeds (PAFs, Oosterloo, Verheijen & van Cappellen 2010; Adams & van Leeuwen 2019). While a full description of ARTS is provided in van Leeuwen et al. (2020), we highlight a number of relevant features below.

For the real-time FRB search, we beamform the dipoles in each of the PAFs to produce 40 voltage ‘compound beams’ (CBs) with 300 MHz of bandwidth centred on a radio frequency of 1370 MHz. This is done at each dish. The CBs are next further beamformed in firmware across the East–West array to create 12 tied-array beams (TABs) per CB, out of which we generate Stokes I , Q , U , and V data streams at 81.92 μs and 195 kHz time and frequency resolution. As the fractional bandwidth of Apertif is high, ~ 0.2 , the TABs must be recombined in frequency to produce ‘synthesized beams’ (SBs). An SB point in the same direction across the 300 MHz band, which is not true of a TAB. An overview of this hierarchical beamforming is provided in van Leeuwen et al. (2020). In total, 71 SBs are formed per CB, which span the full primary beam field of view (FoV) of $\sim 0.23 \text{ deg}^2$. The full 40-compound-beam PAF has an FoV of roughly 9 deg^2 . The total 2840 Stokes I SBs are then searched in real time by our single-pulse search software AMBER¹ (Sclocco et al. 2016; Sclocco, Heldens & van Werkhoven 2020), which runs on a dedicated 40-node graphics processing unit (GPU) computing

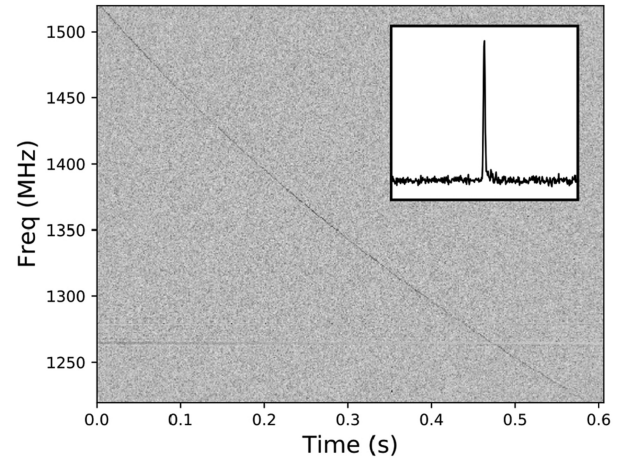


Figure 1. The dispersed dynamic spectrum of FRB 191108 across the ARTS observing bandwidth, and the dedispersed and frequency-averaged pulse profile for 30 ms of data (inset). The dynamic spectrum has been bandpass corrected and median subtracted, but not radio frequency interference (RFI) cleaned. It has been binned down to 0.82 ms time resolution with 0.78 MHz frequency channels.

cluster at the WSRT site. Data post-processing is handled by the Data Analysis of Real-time Candidates from the Apertif Radio Transient System (DARC ARTS²; Oostrum 2020a) pipeline. Raw candidates are clustered in dispersion measure (DM), time, pulse width, and beam number; and then sent to a machine-learning classifier which assigns a probability of the candidate being a true FRB (Connor & van Leeuwen 2018). While Stokes I data are always written to filter bank files on disk, the buffered Stokes Q , U , and V data are only saved if AMBER identifies a candidate with a total duration < 10 ms, a signal-to-noise ratio (S/N hereafter) greater than 10, and a DM more than 20 per cent larger than the predicted value along the line of sight from the YMW16 electron density model (Yao, Manchester & Wang 2017).

3 RESULTS

FRB 191108 was detected in three CBs, at Solar system barycentric UTC 19:48:50.240. The discovery DM was 588 pc cm^{-3} . Fig. 1 shows the dynamic spectrum of the dispersed pulse as well as the dedispersed pulse profile and Fig. 2 show the full polarisation data. The maximum S/N from the real-time detection was 60 in CB 21 (see Fig. 3) and our machine-learning classifier assigned a probability of > 99.9 per cent of it being a real transient (Connor & van Leeuwen 2018). The AMBER detection triggered a dump of the full-Stokes data, allowing us to analyse the polarization properties of the burst. Its best-fit parameters are listed in Table 1.

3.1 Polarization properties

FRB 191108 was measured to be roughly 70 per cent linearly polarized and ≤ 10 per cent circularly polarized. It was found to have an RM of $+474 \pm 3 \text{ rad m}^{-2}$. The best-fitting RM was obtained by applying a linear least-squares fit to position angle (PA) as a function of wavelength squared. The sign was determined by verifying that the Crab pulsar had an RM of -43 rad m^{-2} during an observation the same day.

¹<https://github.com/AA-ALERT/AMBER>

²<https://github.com/loostrum/darc>

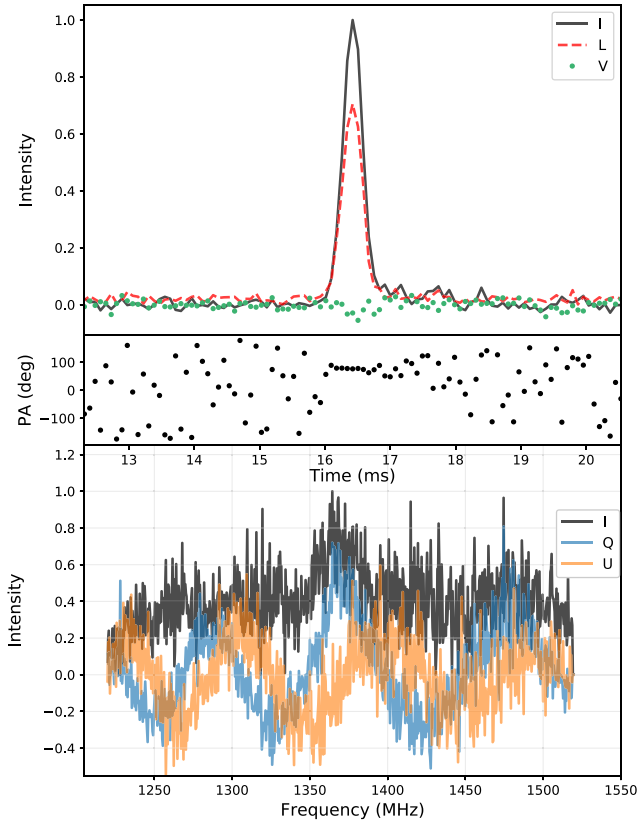


Figure 2. The measured polarization properties of FRB 191108. The top panel shows the frequency-averaged pulse profiles after correcting for Faraday rotation in total intensity, I , linear polarization, $L \equiv \sqrt{Q^2 + U^2}$, and circular polarization, V . The middle panel shows a flat PA across the pulse, which could be intrinsic or due to depolarization, as the true FRB width is temporally unresolved. The bottom panel shows the bandpass corrected frequency spectrum, as well as the Faraday-rotated Stokes Q and U . The best-fitting RM is $+474 \pm 3 \text{ rad m}^{-2}$.

Both bandpass calibration and polarization calibration were done using 3C 286, a standard calibrator source, which is known to have very little circular polarization. We treat the Stokes V value as an upper limit because of uncertainty in the polarization calibration procedure. 3C 286 was observed in the same CB as the FRB, but it was observed in the central TAB, where leakage is expected to be minimized. FRB 191108 was found in SB number 37, which is a linear combination of non-central TABs. That SB may have slightly different leakage properties than the central TAB, which will be better quantified as the system is further calibrated. From the 3C 286 on/off observation, we solved for a single phase in each down-channelized frequency channel, knowing that the complex XY correlation ought to be purely real if Stokes V is zero. We verified that the polarization calibration solution agreed with a different method that used the FRB itself, which separated the component of $\ell m \{XY\}$ that varies with λ^2 from that which does not, since Stokes V should not exhibit Faraday rotation under most circumstances. Fortunately, the polarization rotation does not vary with parallactic angle on Westerbork data, as the dishes are on equatorial mounts. Thus, differences in hour angle between the two observations have no influence. Still, it is possible that the calibration solution is sufficiently different between TABs and SBs that the observed 13 per cent circular polarization is spurious. Fortunately, Faraday rotation is robust against uncertainty in the polarization calibration solution, because it is difficult to mimic

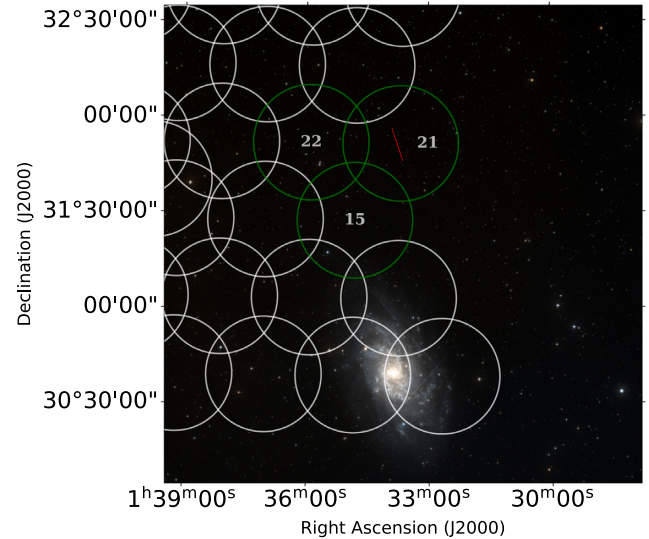


Figure 3. The localization region of FRB 191108. The CBs at 1370 MHz are shown in white (non-detection) and green (detection, with circle opacity in proportion to S/N). The best-fitting location is shown with a blue cross. The 90 per cent confidence localization area is an elongated ellipse, but it is represented in this figure by a red line due to the ellipse's large aspect ratio. The galaxy near the bottom of the figure is M33, which is $1.20 \pm 0.05^\circ$ from the location of the FRB. Background image from the Sloan Digital Sky Survey (SDSS; York et al. 2000).

a rotation in the Q/U plane that is sinusoidal in λ^2 . We are confident in the reported value of the RM.

Cho et al. (2020) found that FRB 181112 exhibited changes in its polarization PA both within and between sub-bursts. We see no evidence of a swing in the PA across the pulse. FRB 121102 was also found to have a flat polarization PA (Michilli et al. 2018; Gajjar et al. 2018; Hessels et al. 2019), as was FRB 180916.J0158+65 (known as R3, CHIME/FRB Collaboration et al. 2019c). This is in contrast to many pulsars and it may have interesting implications for FRB emission mechanisms. In our case, however, the flat PA may be instrumental. While the true PA could be flat across the pulse like previous FRBs, the intrinsic width of FRB 191108 is temporally unresolved, meaning any swing in the polarization PA is unobservable; the apparent flat PA across the pulse is the time-averaged angle of the true pulse. This can lead to depolarization, because coarse temporal sampling and intrachannel dispersion effectively add linear-polarization vectors across the pulse that may point in different directions. The depolarization fraction is

$$f_{\text{depol}}(\Delta\theta) = 1 - \cos(\Delta\theta/2). \quad (1)$$

Here, $\Delta\theta$ is the PA change across the pulse in radians. Since we observe ~ 70 per cent of the FRB emission to be linearly polarized, the true pulse must be at least as polarized and its $\Delta\theta$ cannot be greater than $\sim 90^\circ$. It is possible that FRB 191108 and other temporally smeared FRBs with moderate polarization fractions have higher intrinsic polarizations than inferred.

3.2 Localization

By combining multibeam information from the 40 overlapping CBs in a PAF, with the interferometric information contained in the TABs

Table 1. FRB 191108 parameters. † are values that have been optimized post-real-time detection, chosen to maximize S/N in the case of width and DM. Our localization region is an ellipse whose semimajor and semiminor axes do not correspond to RA and Dec., so we do not quote uncertainty on those values. For the true sky localization parametrization, see Section 3.2. The width listed here is dominated by intrachannel dispersion smearing, but we set an upper limit on its intrinsic width at 80 μ s.

Date	2019 November 8
UTC ^a	19:48:50.471
MJD ^b	58795.830818389
RA (J2000)	01h33m47s
Dec. (J2000)	+31d51m30s
DM [†]	588.1 \pm 0.1 pc cm ⁻³
RM	+474 \pm 3 rad m ⁻²
Width [†] (1370 MHz)	340 \pm 20 μ s
Flux density	27 Jy
Fluence	11 Jy ms
S/N _{det}	60
S/N _{opt} [†]	103
DM _{MW} (YMW16/NE2001)	43 / 52 pc cm ⁻³
RM _{MW}	-50 rad m ⁻²
z _{max}	0.52

Notes: ^a At 1370 MHz.

^b At the Solar system barycentre after removal of the DM delay.

and SBs, Apertif can achieve a theoretical localization region of

$$\Omega \approx \frac{30 \text{ arcsec}}{S/N} \times \frac{30 \text{ arcmin}}{S/N} \quad (2)$$

although in practice this will depend on the accuracy of our beam-shape models. In order to localize FRB 191108, we first need to obtain the S/N of the burst in each SB. The FRB was initially detected in two neighbouring CBs, with the highest S/N in CB 21 (see Fig. 3). Using the post-detection optimized DM and timestamp, we measure the S/N of the burst in all SBs of CB 21 and the ones surrounding it. Using an S/N threshold of 8, the FRB was detected in CBs 15, 21, and 22, across a total of 48 SBs. The highest S/N was 103 in SB 37 of CB 21 (hereafter the reference beam).

We create a model of the Apertif beam pattern assuming a Gaussian primary beam pattern for each CB, with a half-power width of 36.3 arcmin at 1370 MHz. Each CB is then scaled using the system-equivalent flux density measured for each CB determined from a drift scan of calibrator source 3C 48. Defining a grid of 40 arcmin \times 40 arcmin with a resolution of 1 arcsec centred on CB 21, we generate the TAB response of the 8 equidistant WSRT dishes across this grid and recombine these across frequency into 71 SBs per CB. The SBs are integrated across frequency, assuming a flat spectral index. The model is then scaled to the model of the reference beam, resulting in a prediction of the S/N ratio between each SB and the reference beam.

Next, we calculate the χ^2 statistic at each grid point. For SBs without a detection, we only include points where the modelled S/N is above the detection threshold and use the S/N threshold in place of the observed S/N. A 90 per cent confidence region is derived from $\Delta\chi^2$ values using the theoretical conversion between confidence level and $\Delta\chi^2$. The localization method has been verified using multibeam detections of giant pulses from the Crab pulsar and single pulses from PSR J0528+2200, also in CB 21.

Our method is similar to that employed by CHIME (CHIME/FRB Collaboration et al. 2019b). The Bayesian approach taken by Bannister et al. (2017) for ASKAP is more elaborate, allowing for errors in beam size, sensitivity, and position. However, we note that ASKAP was operating in fly’s eye mode. This limits the resolution of a single beam. In contrast, the Apertif data are coherently beamformed across the array, leading to many narrower, higher resolution beams. This limits the impact of uncertainty in the CB positions, as the direction of peak sensitivity of the resulting TABs is dominated by the phase offsets between the dishes. Further improvements to the determination of Apertif confidence regions, based on several pulsar observations, are in progress (Oostrum 2020b). The localization code is available online.³

The final derived 90 per cent confidence region is shown in Fig. 3. The best-fitting position (J2000) corresponds to RA = 01:33:47, Dec. = +31:51:30. The error ellipse has a semimajor axis of 3.5 arcmin and a semiminor axis of 2.5 arcsec, with a PA of 19.5° East of North. The FRB is localized to a region 1.20 \pm 0.05° from the core of Local Group galaxy M33. The localization solid angle of approximately 2100 arcsec² (90 per cent confidence) is too large to unambiguously identify a host galaxy associated with the FRB, even if the DM/z relation is to be trusted and utilized (Eftekhari & Berger 2017). However, as we discuss in Section 4.2, if FRB 191108 is found to repeat and is detected at a different parallactic angle, we will achieve \sim arcsecond localization in both directions because the TABs will be at a different PA on the sky.

3.2.1 Apertif continuum survey and radio counterpart

We have searched for a persistent radio source associated with FRB 191108 in continuum images from the Apertif imaging surveys. The mosaic in Fig. 4 is a combination of 31 CBs from two survey pointings (191010042 and 191209026) which overlap around the localization region. The continuum images for the mosaic were made using the top 150 MHz of the Apertif imaging band (1280–1430 MHz). The mosaic covers \sim 9 deg² and M33 can be seen in the bottom half of the map. We did not find anything within the localization error region above 5 σ at 71 μ Jy root mean square noise.

Radio point sources have a lower on-sky density than faint optical galaxies, which decreases the probability of chance spatial coincidence and relaxes the localization requirements for radio counterparts (Eftekhari et al. 2018). The persistent radio source associated with FRB 121102 was roughly 200 μ Jy at $z \approx$ 0.2 at 1 GHz (Chatterjee et al. 2017), meaning we could have detected an equivalent nebula above 3 σ if FRB 191108 were at the same distance as FRB 121102. This is more nearby than the maximum redshift implied by the extragalactic DM of FRB 191108, which is $z \approx$ 0.52 (see Section 3.4.1). Therefore, the host-galaxy ISM or the dense magnetized plasma contributing to the RM of the FRB would need to contribute significant DM in order for us to detect a persistent source similar to the one associated with FRB 121102. This is not implausible: using the same Galactic halo modelling and DM/z relation employed in this paper, the extragalactic DM of FRB 121102 implies a redshift that is 60 per cent larger than the known value of its host galaxy. The Galactic centre magnetar, PSR J1745–2900, is both strongly Faraday rotated (RM \approx 7 \times 10⁴ rad m⁻²) and dispersed (DM \approx 1780 pc cm⁻³) near to the source, which would make it seem very distant if it were bright enough to be seen by an extragalactic observer (Eatough et al. 2013). None the less, we note that of the

³https://github.com/loostrum/arts_localisation

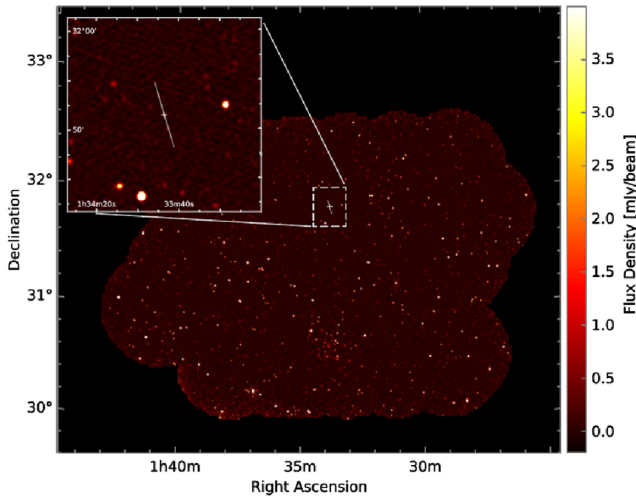


Figure 4. A mosaic from the Apertif imaging surveys combining 30 CBs from two adjacent pointings around the localization region. The mosaic has an SB of $25 \text{ arcsec} \times 25 \text{ arcsec}$. In the FRB localization region, marked by the white ellipse, no persistent radio counterpart brighter than $\sim 350 \mu\text{Jy}$ (5σ limit) was found.

five unambiguously localized FRBs, no source has a host-galaxy DM that is known to be significantly more than half its extragalactic DM (Tendulkar et al. 2017; Bannister et al. 2019; Prochaska et al. 2019; Ravi et al. 2019; Marcote et al. 2020). More host-galaxy localizations will be needed to determine how common it is for FRBs to be strongly dispersed locally.

If there were a radio source associated with M33 at 840 kpc, we can set an upper limit on its luminosity of $\nu L_\nu < 8.5 \times 10^{31} \text{ erg s}^{-1}$. At 1400 MHz, many supernova remnants (Chomiuk & Wilcots 2009) and H II regions (Paladini et al. 2009) would have been detectable if they were at the same distance as M33. M33 is known to have red giant branch stars stretching $\sim 2^\circ$ north of the core, nearly three times the radius of the classical disc (McConnachie et al. 2009, 2010), due to past interactions with M31. The northern part of M33 also has many H II regions (Relano et al. 2013), but most are within 10 kpc of the core (30 arcmin below FRB 191108). Therefore, even though it is plausible that there would be stellar structure or star formation at the location of FRB 191108, we do not find evidence for a strong Faraday rotating plasma associated with M33. These facts, along with the arguments presented in Section 4.1, suggest the FRB RM arises in its host galaxy.

3.3 Time and frequency structure

We do not find evidence of temporal scattering in FRB 191108 above $\sim 80 \mu\text{s}$. Even though visually there appears to be slightly more power after the main peak of the FRB pulse profile than before it, the detected pulse width is consistent with intrachannel dispersion smearing and the sampling time of our instrument. We have also fit pulse width as a function of frequency and found the data to prefer dispersion smearing over scattering. The latter would result in a $\tau \propto \nu^{-4}$ relationship for a single-screen, whereas instrumental smearing between channels causes the width to scale as ν^{-3} , assuming dispersion smearing is larger than sampling time. We find the best-fitting $\tau(\nu)$ power law to be -2.9 , implying that the pulse is temporally unresolved even at $275 \mu\text{s}$. We also compared our pulse

with simulation codes SIMPULSE⁴ and INJECTFRB⁵ which generate realistically smeared FRBs and account for finite channelization and temporal sampling. We simulated bursts with the same DM but varying intrinsic widths, assuming the same time and frequency resolution as ARTS, and fit their ‘observed’ widths with the same pipeline that was used for the FRB. We found that the intrinsic width of FRB 191108, and any scatter broadening, must be $\lesssim 80 \mu\text{s}$.

In the top panel of Fig. 2, there is excess power after the primary pulse, and between 17 and 19 ms the PA appears non-random and consistent with the PA of the main pulse. Indeed, when the primary pulse is masked out, we find a 7.5σ pulse whose best-fitting width is 1 ms. This broader, weaker subpulse after the bright, narrow main pulse has been seen in other FRBs, for example the repeating FRB 180916.J0158+65 (see pulse *d* in fig. 1 from Marcote et al. 2020) as well as the first repeater, FRB 121102 (see pulse *a* in fig. 1 from Michilli et al. 2018).

As argued by Connor (2019), the observed widths of many FRBs are close to the instrumental smearing time-scale, that is, $\sim \sqrt{\tau_{\text{DM}}^2 + \tau_{\text{samp}}^2}$, indicating that there may exist large numbers of narrow bursts that are missed by current search backends. When FRBs are coherently dedispersed or observed with high time/frequency resolution, structure is often revealed on tens of microseconds time-scales (Ravi et al. 2016; Farah et al. 2018; Hessels et al. 2019). FRB 191108 may therefore be an example of this population of narrow FRBs that are often missed without high time and frequency resolution backends – something Apertif is fortunate to have.

A least-squares power-law fit was applied to the Stokes *I* frequency spectrum of the FRB, yielding a power-law index of -1.6 ± 0.5 . But like other FRBs, FRB 191108 is not well described by a power law. In the centre and top of the band, there is a factor of ~ 2 of excess power (see the bottom panel of Fig. 2). Our constraint on the scatter-broadening implies a lower limit on the Galactic scintillation originated decorrelation bandwidth to be a few kHz. However, as argued in Section 3.4.2, the observed frequency modulation, with characteristic bandwidth of the order of 40 MHz, is unlikely to be due to scintillation. Such bandedness has been seen in more extreme cases by ASKAP (Shannon et al. 2018) and CHIME (CHIME/FRB Collaboration et al. 2019a), as well as in FRB 121102 (Hessels et al. 2019; Gourdjji et al. 2019). It may prove to be a generic property of FRB spectra. On the other hand, narrow burst emission only from a few Galactic neutron stars has been observed to show such bandedness that cannot be explained by scintillation (Hankins, Eilek & Jones 2016; Pearlman et al. 2018; Maan et al. 2019).

3.4 M33 and M31 haloes

The sky location of FRB 191108 is spatially separated by $1.20 \pm 0.05^\circ$ and $13.90 \pm 0.04^\circ$ from Local Group galaxies M33 and M31, respectively. As M33 is located at a distance of 840 kpc from the Milky Way, this translates to an impact parameter of 18 kpc to the M33 core. M31 is approximately 770 kpc away, meaning FRB 191108 came within roughly 185 kpc of Andromeda. Since they are relatively nearby, the CGM around the two galaxies, as well as the baryonic bridge between them, subtend a large angular size. We therefore expect the FRB to have travelled through both galaxies’ CGM. Below we consider how these media might have contributed detectable propagation effects to the pulse signature of FRB 191108.

⁴<https://github.com/kmsmith137/simpulse>

⁵<https://github.com/liamconnor/injectfrb>

3.4.1 Local Group DM contribution

Prochaska & Zheng (2019) model the CGM of M31, which is large enough to engulf the CGM of M33, as it extends $\sim 30^\circ$. They use a modified Navarro–Frenk–Whiteprofile and assume $M_{\text{halo}}^{\text{M31}} \approx 1.5 \times 10^{12} M_\odot$ and $M_{\text{halo}}^{\text{M33}} \approx 5 \times 10^{11} M_\odot$. The authors also consider a ‘Local Group Medium (LGM)’, which models the total intragroup plasma. Using fig. 9 in that paper, FRB 191108 would have an additional $\sim 40\text{--}60 \text{ pc cm}^{-3}$ imparted by the haloes of M33 and M31.

The hot gas in the Milky Way halo is also expected to contribute to the DMs of extragalactic objects. Prochaska & Zheng (2019) estimate a typical contribution of $50\text{--}80 \text{ pc cm}^{-3}$. Yamasaki & Totani (2020) use recent diffuse X-ray observations to model the halo DM, and account for the apparent directional dependence of emission measure (EM). The authors include a hot disc-like halo component as well as the standard spherically symmetric halo to calculate DM_{halo} as a function of Galactic longitude and latitude. Using their analytic prescription, we estimate the Milky Way halo contribution to be $30 \pm 20 \text{ pc cm}^{-3}$ in the direction of FRB 191108. Keating & Pen (2020) find a broader range of allowed values for the Galactic halo DM contribution than previous studies, but also favour smaller values. Combining the estimates of DM from the Milky Way ISM and halo, along with the plasma surrounding M33 and M31, the DM of FRB 191108 *beyond* the Local Group could be $380\text{--}480 \text{ pc cm}^{-3}$.

We use the modelled DM/redshift relation from Petroff et al. (2019), which is consistent with the empirical ‘Macquart relation’ (Macquart et al. 2020),

$$\text{DM}_{\text{IGM}} \approx 930 z \text{ pc cm}^{-3} \quad (3)$$

and subtracting off the expected Milky Way and Local Group DM contribution, the implied redshift upper limit on the source is 0.52. If the DM_{IGM}/z relation is reliable, this is a conservative upper limit because it assumes there is zero host-galaxy DM contribution. In the case of FRB 191108, if the Faraday rotation is caused by plasma in the host galaxy, there could be non-negligible dispersion in the same medium and the true host-galaxy redshift would be considerably lower than 0.52.

ASKAP has also found an FRB that appears to pass through an intervening halo, coming within $\sim 30 \text{ kpc}$ of a massive foreground galaxy (Prochaska et al. 2019). This allowed the authors to place constraints on the net magnetization and turbulence in the foreground galaxy halo, due to the relatively low RM and dearth of scattering in FRB 181112.

In our case, the high RM of FRB 191108 does not set a strong upper limit on the halo magnetic field along the line of sight. Instead we suggest using the large number of polarized extragalactic objects behind M31 and M33 to constrain their CGM (see Fig. 6).

3.4.2 CGM scattering and scintillation

We searched for evidence of scattering in both the pulse profile and the frequency spectrum of FRB 191108. As shown in Section 3.3, no temporal scattering was found $\gtrsim 80 \mu\text{s}$. In the frequency spectrum, we find structure on two scales: ~ 25 per cent modulations at 40 MHz and ~ 5 per cent modulations with a decorrelation bandwidth of 1–2 MHz. For comparison, the NE2001 predicts Galactic diffractive scintillation with a correlation bandwidth of $\approx 1.8 \text{ MHz}$ in the FRB direction (Cordes & Lazio 2002). The 40 MHz structure could either be intrinsic to the source or due to scintillation beyond the Galaxy.

Our data are sensitive to frequency-domain scintillations with corresponding timescale in the range $1 \text{ ns} \lesssim \tau \lesssim 500 \text{ ns}$, set by our 300 MHz band and 0.19 kHz channel width ($\tau \approx 1/2\pi \Delta\nu$).

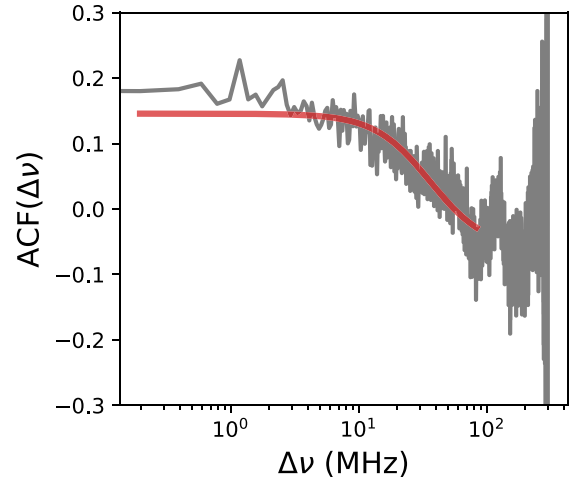


Figure 5. The ACF of the FRB spectrum, with a best-fitting Lorentzian overplotted in red whose decorrelation bandwidth is 40 MHz.

To determine the spectral scale and intensity of scintillations, we compute the autocorrelation function (ACF) of the FRB frequency spectrum and fit it with a Lorentzian function (Lorimer & Kramer 2004), finding a decorrelation bandwidth of $\Delta\nu \sim 40 \text{ MHz}$, shown in Fig. 5. This appears to be dominated by the patches of increased brightness around 1370 and 1500 MHz, which are approximately as wide as the best-fitting decorrelation bandwidth. This is more than an order of magnitude larger than the expected Galactic scintillation bandwidth in the FRB direction. To search for Galactic scintillation, we removed the frequency modulation on scales above 20 MHz by subtracting a tenth-order polynomial fit from the data, allowing us to look for correlations at smaller $\Delta\nu$. We found significant structure with a correlation scale of a few MHz at the level of 5 per cent intensity modulation.

For a point-like source, diffractive scintillation leads to 100 per cent modulations of the signal, which we do not see in the 1–2 MHz structure. The level of modulation would be attenuated if an earlier screen has scattered the FRB, leading to angular broadening. For a source with size θ_{sc} , a scattering screen with a diffractive scale θ_{d} leads to a decrease in the modulation rms of roughly $\theta_{\text{d}}/\theta_{\text{sc}}$. As the intrinsic angular size of the FRB is very small, the most natural place for this angular broadening is the CGM of M33 and/or M31. For a characteristic Galactic diffractive scale of $\theta_{\text{d}} \approx 0.1 \mu\text{as}$ (Walker 1998), we should expect a $\sim 2 \mu\text{as}$ source size for diffractive scintillation to be attenuated to the ~ 5 per cent levels.

A $2 \mu\text{as}$ angular broadening at M33 also naturally explains the 40-MHz scale structure. A decorrelation bandwidth of 40 MHz corresponds to $\tau \approx 4 \text{ ns}$. For a scattering screen at $d_{\text{M33}} = 840 \text{ kpc}$, the corresponding angular broadening scale is $\theta_{\text{sc}} \sim 2 \mu\text{as}$ – the required value. Therefore, scattering in the halo of M33 parsimoniously accounts for both the suppression of Galactic scintillation as well as the broader 40 MHz-scale features. It however raises a fresh question as to why the 40 MHz spectral structure itself, being diffractive in nature, is not observed to be fully modulated. We supply two plausible explanations: (i) we may not be observing a sufficient number of scintels within our bandwidth to measure the total level of modulation. (ii) Alternatively, the M33 scintillation could itself be quenched by a scattering in the IGM or CGM of an intervening galaxy. The diffractive scale for the M33 screen in our model is $\theta_{\text{d}} \sim 0.03 \mu\text{as}$. Quenching of fully modulated variations by scattering in intervening CGM (unrelated to M31 and M33) and/or

IGM scintillation to the 25 per cent level requires angular broadening at the $0.1 \mu\text{s}$ scale which is within theoretical expectations (Koay & Macquart 2015; Vedantham & Phinney 2019).

We can derive preliminary constraints on the halo-gas parameters by recognizing that the diffractive scale $r_d = \lambda/(2\pi\theta_{\text{sc}}) \sim 10^{11.5} \text{ cm}$, denotes the transverse extent over which the rms phase variation is unity. Using Coles et al. (1987, their equation 4), for Kolmogorov turbulence, this corresponds to a scattering measure of $\sim 10^{1.3} \text{ cm}^{-17/3}$. If the total length through the turbulence is $L \text{ cm}$ and the outer scale of turbulence is $L_0 \text{ cm}$, then using Macquart & Koay (2013, their equation 18), the dispersion in the electron density is $\langle \delta n_e^2 \rangle \sim 10^2 L_0^{2/3}/L$. If we further assume that the rms variation in density is equal to the mean density, then we get

$$n_e = \langle \delta n_e^2 \rangle^{1/2} \sim 10^{-2} \left(\frac{L_0}{\text{pc}} \right)^{1/3} \left(\frac{L}{\text{pc}} \right)^{-1/2} \text{ cm}^{-3}. \quad (4)$$

The density implied by equation (4) is too large to be attributed to the virialized 10^6 K circumgalactic gas associated with M33. For example, if we assume that the turbulence is driven by galactic outflows on the scale of $L_0 \sim 10 \text{ kpc}$, then the implied density is $n_e \sim 7 \times 10^{-4} (L/100 \text{ kpc})^{-1/2}$, which is 2–3 orders of magnitude larger than the expected circumgalactic density of M31 and M33, respectively.

Contrary to simple physical models of virialization in massive dark matter haloes, absorption studies have found that most quasars that pass within $\sim 150 \text{ kpc}$ of a foreground galaxy indicate the existence of cool (10^4 K) gas embedded in a hot (10^6 K) CGM (Prochaska, Lau & Hennawi 2014). It has been argued that gas in these environments is prone to fragmentation, leading to a ‘cloudlet’ model of the CGM in which subparsec cold gas clumps are distributed throughout the hot background medium (McCourt et al. 2018). Following the suggestion of Vedantham & Phinney (2019), we next consider scattering in such cool clumps in the CGM of M31. If the clumps form from cooling instabilities as suggested by McCourt et al. (2018), they will have a density of $\sim 10^{-3} \text{ cm}^{-3}$, and a length-scale of about 20 pc which we take to be the outer scale of turbulence. The path length through the cool clumps is given by the virial radius (200 kpc for M31) times the volume fraction, f_V . The density constrain from equation (4) for this scenario is $n_e \sim 10^{-2.5} (f_V/10^{-3})^{-1/2} \text{ cm}^{-3}$, which is comparable to the anticipated value.

In summary, the scattering constrain is roughly consistent with expectations from tiny 10^4 K clumps formed via cooling instabilities in the CGM of M31. We note two caveats here, however. The sightline to the FRB passes close to a neutral gas bridge connecting M31 and M33 (McConnachie et al. 2010). As such, it is unclear if the scattering constraint is probing the specific conditions in neutral bridges or in the general CGM. Secondly, with such few scintels we cannot know with certainty if the $\sim 40 \text{ MHz}$ decorrelation bandwidth corresponds to scattering or if it is intrinsic to the burst. Future observations of FRBs intersecting the LGM will help answer these questions, including from CHIME where the decorrelation bandwidth would be a ~ 30 times narrower.

4 DISCUSSION

4.1 Rotation measure origin

The observed RM of an FRB can be broken down into several components between the observer and source,

$$\text{RM}_{\text{obs}} = \text{RM}_{\text{MW}} + \text{RM}_{\text{IGM}} + \text{RM}_{\text{host}}, \quad (5)$$

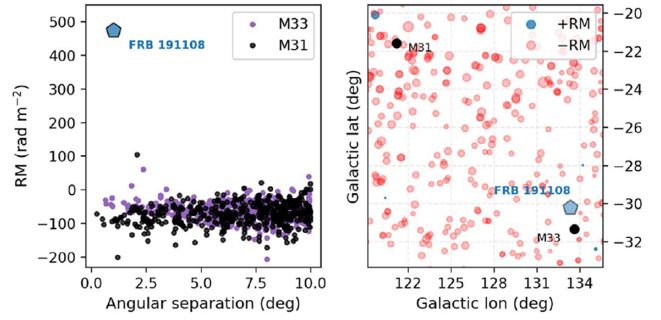


Figure 6. The RMs of extragalactic sources in the direction of the Local Group galaxies M33 and M31. The left-hand panel shows RM versus angular separation for both M33 (purple) and M31 (black), as well as the FRB which is an outlier both in amplitude and sign. The right-hand panel shows extragalactic sources, where the area of the marker is proportional to $|\text{RM}|$ and the colour encodes its sign. For size reference, the FRB $|\text{RM}| = +474 \text{ rad m}^{-2}$.

where RM_{MW} is the foreground RM from the Galaxy, RM_{IGM} is from the IGM, and RM_{host} comes from the host galaxy ISM and the region near the FRB progenitor. In the case of FRB 191108, we might also include RM_{LG} , the contribution from the Local Group. This is the contribution of the galactic haloes of M33 (Triangulum) and M31 (Andromeda), and the broader shared plasma linking the two nearby galaxies with the Milky Way. The expected Milky Way foreground is $\text{RM}_{\text{MW}} \approx -50 \text{ rad m}^{-2}$ (Oppermann et al. 2015). Fig. 6 provides an idea of the spatial scatter of this value. Our observed $\text{RM}_{\text{obs}} = +474 \pm 3 \text{ rad m}^{-2}$ thus translates to an estimated extragalactic contribution of approximately 525 rad m^{-2} , which could be up to a couple of times larger in the host-galaxy frame due to cosmological redshift.

Such a large extragalactic RM is not expected from the IGM, as it would require ordered μG magnetic fields over gigaparsec scales to achieve $10^{2-3} \text{ rad m}^{-2}$ for typical FRB redshifts. No intergalactic magnetic fields have been detected, but they are expected to be roughly nG in strength (Michilli et al. 2018).

We consider the possibility that the ionized material surrounding M33/M31 could contribute all the required magnetized plasma to account for the RM of the FRB, but do not find this compelling for the following reason. By taking the catalogue of 41632 extragalactic RMs from Oppermann et al. (2012), we identify 93 objects that pass within 5° of M33, roughly the angular radius of the expected 75 kpc halo. 93 per cent of these sources have RMs between -15 and -90 rad m^{-2} – probably dominated by the Milky Way foreground like most polarized extragalactic sources – and none is larger in magnitude than 100 rad m^{-2} . In Fig. 6, we plot the distribution of extragalactic RMs near the Local Group on the sky to demonstrate the extent to which FRB 191108 is an outlier.

We have also looked at polarized extragalactic sources closer to the FRB sightline in the Apertif imaging data, which has more sources per solid angle than the NVSS RM catalogue (Hess, Apertif Contributors & Apertif Builders 2021). We find a picture consistent with the Oppermann map (Oppermann et al. 2015), in that the distribution of RMs clusters around -50 rad m^{-2} and no point source has an RM as large as FRB 191108. One source is within ~ 30 arcmin of the FRB’s best-fitting position and likely also intersects the material bridge connecting M33 and M31. Its RM is -72 rad m^{-2} , consistent with the values of extragalactic RMs in the surrounding $\sim 10^\circ \times 10^\circ$.

Therefore, unless the FRB has a very unusual sightline and travels through a dense magnetoionic region in the M33/M31 halo with the

opposite magnetic field sign, the absence of strong Faraday rotation in other extragalactic polarized sources behind M33 suggests the FRB RM is imparted elsewhere. The data set plotted in Fig. 6 and the polarized Apertif imaging data could still be a useful probe of CGM magnetic fields in its own right: the black points in the left-hand panel that have a low impact parameter with M31 show a small gradient such that their amplitude increases towards smaller angular separations. Whether this is due to structure in the Galactic foreground Faraday field or in the M31 halo could be teased out with a Galactic DM map and we leave it to future work to disentangle these effects.

Given we do not expect the large RM of the FRB to be dominated by the Milky Way, M33, or the IGM, it is likely that the magnetized plasma is in the host galaxy. Using the estimated maximum redshift implied by the extragalactic DM, of $z \approx 0.52$, and noting that the local RM will be a factor of $(1+z)^2$ larger than the observed RM due to cosmological redshift, RM_{host} could be of order 10^3 rad m^{-2} . Even if the host galaxy contributes significantly to the extragalactic DM and the FRB is much closer than the redshift implied by equation (3), the RM would still be much larger than that expected from the ISM of a Milky Way-like galaxy, unless observed very close to edge-on.

FRBs are now known to be located in a range of environments spanning different galaxy types. While there exist examples of polarized FRBs without significant Faraday rotation (Ravi et al. 2016; Petroff et al. 2017), now including a repeater (Fonseca et al. 2020), several sources appear to pass through regions of highly magnetized plasma, which may be directly linked to the FRB progenitor itself (e.g. young supernova remnant). Alternatively, FRBs may just be preferentially born in environments that have an abundance of sightlines that intersect, say, H II regions. The first was FRB 110523, which was detected with the Green Bank Telescope. It had an RM of -186 rad m^{-2} . Like the Apertif-discovered FRB 191108, this is larger than expected from the Milky Way and the IGM (Masui et al. 2015). The authors argued that its high RM and scattering properties suggested a dense magnetized environment local to the source. The FRB with the highest published DM, FRB 160102, had an RM of -220 rad m^{-2} (Caleb et al. 2018); its local RM could be as large as -2400 rad m^{-2} if a significant portion of the DM comes from the IGM. During Breakthrough Listen observations on the Parkes telescope, FRB 180301 was detected and full-polarization data were preserved (Price et al. 2019). They report an RM of $-3163 \pm 20 \text{ rad m}^{-2}$, although the patchiness of their frequency spectrum causes the authors to question their Faraday rotation fit. CHIME has found a repeating FRB whose RM exceeds the Galactic foreground by two orders of magnitude, with $RM = -499.8 \pm 0.7 \text{ rad m}^{-2}$ (Fonseca et al. 2020). Finally, FRB 121102 has an RM of $\sim 10^5 \text{ rad m}^{-2}$ and is spatially coincident with a bright, compact radio source (Michilli et al. 2018). This is larger than even the Galactic centre magnetar, PSR J1745–2900, with $RM \sim 7 \times 10^4 \text{ rad m}^{-2}$ (Eatough et al. 2013). Both FRB 121102 and PSR J1745–2900 have been seen to exhibit significant RM variation over month to year time-scales (Desvignes et al. 2018).

The analogy between FRB 121102 and the Galactic centre magnetar may extend beyond just phenomenological similarities. If the persistent radio source coincident with FRB 121102 is similar to a low-luminosity active galactic nucleus, then that system may be another example of a circumnuclear magnetar, a scenario that has been proposed as a progenitor theory of FRBs (Pen & Connor 2015). Alternatively, the radio nebula could correspond to a supernova remnant, magnetar wind nebula, or H II region. Such local environments have been invoked as a way to provide local RM, DM, and scattering (Connor, Sievers & Pen 2016a; Piro 2016; Murase, Kashiyama &

Mészáros 2016; Piro & Gaensler 2018; Margalit & Metzger 2018; Straal, Connor & van Leeuwen 2020). In each of these cases, it is difficult to predict the distribution of observed RMs, but it is likely that the distribution would be broad. For example, in the circumnuclear magnetar model, the FRB RM is a strong function of its distance from the massive black hole. In young magnetar or supernova remnant models, the RM is expected to change with time, and the value depends on when in the progenitor life cycle the FRB was observed. Thus, moderately large RMs like those of FRB 191108, FRB 110523 (Masui et al. 2015), and FRB 160102 (Caleb et al. 2018) may come from a similar environment to FRB 121102.

4.2 Repetition constraints

Given the extreme local environment of FRB 121102 and its anomalously high repetition rate, it may be asked if frequent repeaters are more likely to live near dense magnetized plasma. CHIME recently discovered a repeating FRB whose RM is $-499.8 \pm 0.7 \text{ rad m}^{-2}$, which is roughly two orders of magnitude larger than the expected Milky Way contribution in that direction (Fonseca et al. 2020). But Fonseca et al. (2020) also report a repeater with $RM = -20 \pm 1 \text{ rad m}^{-2}$, and most of the $RM = -114.6 \pm 0.6 \text{ rad m}^{-2}$ from another CHIME repeating source, FRB 180916.J0158+65, is thought to be from the Milky Way (CHIME/FRB Collaboration et al. 2019c).

We observed the field of FRB 191108 for 120 h between 2019 July and December with Apertif, but had no repeat detections. Apertif has detected and studied other repeating FRBs (Oostrum et al. 2020). Assuming repetition statistics described by a homogeneous Poisson process, our non-detection provides a 3σ upper limit on the repeat rate of $3 \times 10^{-2} \text{ h}^{-1}$. We caution, however, that the assumption of stationarity is known to not be valid for some FRBs, which show time variability in their repetition rate (Spitler et al. 2016; Oppermann, Yu & Pen 2018; Gourdji et al. 2019) thereby increasing the probability of seeing zero repeat bursts during follow up (Connor, Pen & Oppermann 2016b).

We plan to continue follow-up efforts on the same field, which we can do commensally with our full-FoV blind FRB search. The source is currently localized to an ellipse with semiminor and semimajor axes of 2.5 arcsec and 3.5 arcmin, respectively, as described in Section 3.2. If we detect FRB 191108 again at a different hour angle than the initial detection, we will have several arcsecond localization in both directions, because the TABs rotate as a function of parallactic angle.

5 CONCLUSIONS

We have reported the detection of a bright, highly Faraday rotated FRB in the direction of Local Group galaxy M33 using Apertif. By combining multibeam and interferometric information we were able to localize FRB 191108 to a narrow ellipse with radii of 2.5 arcsec and 3.5 arcmin. The impact parameter with M33 is just 18 kpc, roughly the diameter of that galaxy’s disc. The shared plasma in the haloes of M33 and M31 likely contributed to the DM of the FRB, but not to its scattering, Faraday rotation, or scintillation. Still, the RM of $+474 \pm 3 \text{ rad m}^{-2}$ is one of the largest of any published value and is an order of magnitude larger than the expected contribution from the Milky Way, the IGM, and these haloes. The most plausible location of the magnetized plasma is therefore a dense region near the FRB-emitting source itself.

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DATA AVAILABILITY

A data release from ARTS will coincide with the publication of an upcoming review paper on the survey (van Leeuwen et al. 2020), including the first five FRB detections. We will also host the full polarization data for FRB 191108 at <http://www.alert.eu/>.

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